

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI

Organizator: Miejski Ośrodek Sportu i Rekreacji
Data: 2024-11-11
Miejsce: Słupsk
Dystans: 10 km
Klasyfikacja wg czasów netto.



XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|-----------------------|-----|---|----------------------|------|------|--------|------|----------|-------------|--------|------|
| 1 | PYTLAK MICHAŁ | 293 | AML SŁUPSK | SIEMIANICE | POL | M3 | 1 | M 1 | 00:16:04 | 00:32:33.90 | 3:15 | 18.4 |
| 2 | GARSKI DAWID | 409 | AML SŁUPSK | SŁUPSK | POL | M2 | 1 | M 2 | 00:16:13 | 00:32:46.45 | 3:16 | 18.3 |
| 3 | CZERNIEWSKI MARCIN | 60 | AML SŁUPSK | SŁUPSK | POL | M3 | 2 | M 3 | 00:16:31 | 00:33:44.35 | 3:22 | 17.8 |
| 4 | BURZYŃSKI ALEKSANDER | 35 | STOPA SŁUPSK | BOLESŁAWICE | POL | M4 | 1 | M 4 | 00:17:22 | 00:35:02.35 | 3:30 | 17.1 |
| 5 | BARAN RADOSŁAW | 10 | | DAMNICA | POL | M2 | 2 | M 5 | 00:18:13 | 00:37:12.45 | 3:43 | 16.1 |
| 6 | KAMIENIECKI RAFAŁ | 127 | TUPOT USTKA | USTKA | POL | M4 | 2 | M 6 | 00:18:35 | 00:37:47.65 | 3:46 | 15.9 |
| 7 | WILMONT KRZYSZTOF | 381 | GRAND LUBICZ 5* UZDROWISKO USTKA | SŁUPSK | POL | M3 | 3 | M 7 | 00:19:02 | 00:38:08.15 | 3:48 | 15.7 |
| 8 | DOMARUS KAMILA | 69 | | SŁUPSK | POL | K2 | 1 | K 1 | 00:18:36 | 00:38:12.00 | 3:49 | 15.7 |
| 9 | CERAPIŃSKI MACIEK | 38 | SŁUPSK | SŁUPSK | POL | M4 | 3 | M 8 | 00:19:14 | 00:38:28.85 | 3:50 | 15.6 |
| 10 | GOSTKOWSKI ŁUKASZ | 89 | KB GOCH BYTÓW | BYTÓW | POL | M3 | 4 | M 9 | 00:18:57 | 00:38:54.70 | 3:53 | 15.4 |
| 11 | MAZUREK MARCIN | 227 | XXX | BARCINO | POL | M4 | 4 | M 10 | 00:19:31 | 00:39:03.05 | 3:54 | 15.4 |
| 12 | BULCZAK RAFAŁ | 33 | 7BOW | SŁUPSK | POL | M4 | 5 | M 11 | 00:19:21 | 00:39:11.30 | 3:55 | 15.3 |
| 13 | CASTRO ROI | 36 | NSF REDZIKOWO (MWR) | REDZIKOWO | USA | M3 | 5 | M 12 | 00:19:20 | 00:39:14.00 | 3:55 | 15.3 |
| 14 | KULCZYK JERZY | 186 | | BIAŁOGARD | POL | M60+ | 1 | M 13 | 00:19:40 | 00:39:34.50 | 3:57 | 15.2 |
| 15 | KRAWIEC KAMIL | 176 | | SŁUPSK | POL | M3 | 6 | M 14 | 00:19:51 | 00:39:34.90 | 3:57 | 15.2 |
| 16 | SMOŁUCH MARCIN | 404 | | MASŁOWICE | POL | M3 | 7 | M 15 | 00:20:21 | 00:39:45.40 | 3:58 | 15.1 |
| 17 | MOTACKI ROBERT | 235 | | SŁUPSK | POL | M3 | 8 | M 16 | 00:20:02 | 00:39:47.00 | 3:58 | 15.1 |
| 18 | SKĘPIEC ADAM | 312 | | SŁUPSK | POL | M4 | 6 | M 17 | 00:19:54 | 00:39:47.95 | 3:58 | 15.1 |
| 19 | PICK TOMASZ | 268 | KORONA / BIEGOLAS KOSZALIN | KOSZALIN | POL | M5 | 1 | M 18 | 00:20:04 | 00:39:51.95 | 3:59 | 15.1 |
| 20 | PIŁCZYŃSKI PAWEŁ | 277 | TOCZĄCA SIĘ PIŁKA | WIDZINO | POL | M3 | 9 | M 19 | 00:20:08 | 00:39:54.35 | 3:59 | 15 |
| 21 | KALETA SEBASTIAN | 122 | | KOSZALIN | POL | M4 | 7 | M 20 | 00:20:13 | 00:40:10.65 | 4:01 | 14.9 |
| 22 | STANIOCH KRZYSZTOF | 324 | | USTKA | POL | M3 | 10 | M 21 | 00:19:36 | 00:40:11.45 | 4:01 | 14.9 |
| 23 | BŁENCKI PIOTR | 25 | AKTYWNA FABRYKA | SŁUPSK | POL | M4 | 8 | M 22 | 00:20:05 | 00:40:15.25 | 4:01 | 14.9 |
| 24 | WIŚNIEWSKI KACPER | 377 | PAWKO RUNNER TEAM | SŁUPSK | POL | M2 | 3 | M 23 | 00:19:10 | 00:40:16.30 | 4:01 | 14.9 |
| 25 | KOWALSKI DAMIAN | 403 | | STARY KRAKÓW | POL | M3 | 11 | M 24 | 00:20:22 | 00:40:17.60 | 4:01 | 14.9 |
| 26 | CIESIULSKI MAREK | 53 | TEAM ZWAE KĘBŁOWO | KĘBŁOWO NOWOWIEJSKIE | POL | M3 | 12 | M 25 | 00:20:33 | 00:40:23.90 | 4:02 | 14.9 |
| 27 | CZYŻYKOWSKI MATEUSZ | 64 | | SŁUPSK | POL | M3 | 13 | M 26 | 00:20:05 | 00:40:36.55 | 4:03 | 14.8 |
| 28 | CHOLEWIŃSKI ARTUR | 43 | AML SŁUPSK | SŁUPSK | POL | M3 | 14 | M 27 | 00:20:01 | 00:40:44.45 | 4:04 | 14.7 |
| 29 | KURKUL JANEK | 189 | KB BRYZA POSTOMINO | PAŁÓWKO | POL | M2 | 4 | M 28 | 00:20:19 | 00:40:56.45 | 4:05 | 14.7 |
| 30 | KALISZ WOJTEK | 124 | | KOBYLNICZA | POL | M2 | 5 | M 29 | 00:20:14 | 00:40:57.65 | 4:05 | 14.7 |
| 31 | DEREŃ JUSTYNA | 65 | NIEPUBLICZNA SZKOŁA PODSTAWOWA NR 7 W SŁUPSKU | SŁUPSK | POL | K3 | 1 | K 2 | 00:20:26 | 00:40:59.60 | 4:05 | 14.6 |
| 32 | GAJEWSKI ANDRZEJ | 77 | STOPA SŁUPSK | DAMNICA | POL | M4 | 9 | M 30 | 00:20:24 | 00:41:04.90 | 4:06 | 14.6 |
| 33 | MARCZUK MAKSYMILIAN | 223 | | BARWINO | POL | M2 | 6 | M 31 | 00:20:45 | 00:41:14.20 | 4:07 | 14.6 |
| 34 | BRZEZIŃSKI PAWEŁ | 32 | | SŁUPSK | POL | M3 | 15 | M 32 | 00:19:56 | 00:41:16.20 | 4:07 | 14.5 |
| 35 | KARCZEWSKI DAMIAN | 133 | TEAM ZWAE KĘBŁOWO | KĘBŁOWO NOWOWIEJSKIE | POL | M3 | 16 | M 33 | 00:20:35 | 00:41:17.70 | 4:07 | 14.5 |
| 36 | ŻYLICZ PAWEŁ | 400 | STOPA SŁUPSK | SŁUPSK | POL | M3 | 17 | M 34 | 00:20:42 | 00:41:30.40 | 4:09 | 14.5 |
| 37 | DYŚKO WOJCIECH | 71 | | SŁUPSK | POL | M4 | 10 | M 35 | 00:20:32 | 00:41:39.05 | 4:09 | 14.4 |
| 38 | CHMIELEWSKI FILIP | 41 | SAMOLEJ | SŁUPSK | POL | M1 | 1 | M 36 | 00:22:55 | 00:42:03.00 | 4:12 | 14.3 |
| 39 | NAGÓREK KAMIL | 243 | STOPA SŁUPSK | SŁUPSK | POL | M4 | 11 | M 37 | 00:21:20 | 00:42:09.75 | 4:12 | 14.2 |
| 40 | CZARNOWSKI ŁUKASZ | 367 | TRIPAKA PRZECHLEWO | SŁUPSK | POL | M3 | 18 | M 38 | 00:21:26 | 00:42:16.20 | 4:13 | 14.2 |
| 41 | ANTOSIAK GRZEGORZ | 5 | | SŁUPSK | POL | M3 | 19 | M 39 | 00:21:16 | 00:42:19.45 | 4:13 | 14.2 |
| 42 | CZYŻYKOWSKI KRZYSZTOF | 63 | | SŁUPSK | POL | M4 | 12 | M 40 | 00:20:37 | 00:42:22.20 | 4:14 | 14.2 |
| 43 | WIERZEJSKI SŁAWOMIR | 368 | K.B.GOCH BYTÓW | BYTÓW | POL | M5 | 2 | M 41 | 00:20:56 | 00:42:23.25 | 4:14 | 14.2 |
| 44 | CIESIULSKI PRZEMEK | 54 | TEAM ZWAE | WARCIMINO | POL | M3 | 20 | M 42 | 00:21:22 | 00:42:24.00 | 4:14 | 14.2 |
| 45 | SERAFIN MICHAŁ | 309 | | BOLESŁAWICE | POL | M3 | 21 | M 43 | 00:20:54 | 00:42:27.35 | 4:14 | 14.1 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|------------------------------|-----|------------------------------|------------|------|------|--------|------|----------|-------------|--------|------|
| 46 | WILCZEWSKI MARIUSZ | 372 | SPOKO SŁAWNNO | SŁAWSKO | POL | M3 | 22 | M 44 | 00:21:10 | 00:42:29.25 | 4:14 | 14.1 |
| 47 | PIELACH MAREK | 270 | | BIERKOWO | POL | M3 | 23 | M 45 | 00:21:29 | 00:42:30.60 | 4:15 | 14.1 |
| 48 | DOLEPA MAREK | 68 | | SŁUPSK | POL | M3 | 24 | M 46 | 00:20:54 | 00:42:33.25 | 4:15 | 14.1 |
| 49 | PIOTRKOWSKI TOMASZ | 401 | STOPA SŁUPSK | SŁUPSK | POL | M4 | 13 | M 47 | 00:21:34 | 00:42:43.30 | 4:16 | 14 |
| 50 | NAGÓREK KRZYSZTOF | 242 | TUPOT USTKA | SŁUPSK | POL | M60+ | 2 | M 48 | 00:21:22 | 00:43:05.90 | 4:18 | 13.9 |
| 51 | KURKUL KAROL | 190 | PAŁOWKO | PAŁOWKO | POL | M3 | 25 | M 49 | 00:21:39 | 00:43:15.55 | 4:19 | 13.9 |
| 52 | ANDRYSKOWSKI ZDZISŁAW | 3 | KOLARZ-POL | ŁĘBORK | POL | M5 | 3 | M 50 | 00:21:22 | 00:43:16.70 | 4:19 | 13.9 |
| 53 | ŁAKOMSKI WOJCIECH | 407 | PRO DYSTANS SŁUPSK | STRZELINKO | POL | M3 | 26 | M 51 | 00:21:48 | 00:43:18.45 | 4:19 | 13.9 |
| 54 | CIOSEK ŁUKASZ | 56 | | USTKA | POL | M2 | 7 | M 52 | 00:21:42 | 00:43:19.90 | 4:19 | 13.9 |
| 55 | SALAMONIK PIOTR | 305 | | SŁUPSK | POL | M5 | 4 | M 53 | 00:21:39 | 00:43:21.45 | 4:20 | 13.8 |
| 56 | BIERZANOWSKI RAFAŁ | 21 | | SŁUPSK | POL | M4 | 14 | M 54 | 00:21:52 | 00:43:37.30 | 4:21 | 13.8 |
| 57 | KARPOWICZ TOMEK | 138 | | SŁUPSK | POL | M3 | 27 | M 55 | 00:22:07 | 00:43:39.80 | 4:21 | 13.7 |
| 58 | KLINKUSZ ADRIAN | 143 | | SŁUPSK | POL | M4 | 15 | M 56 | 00:21:53 | 00:43:49.75 | 4:22 | 13.7 |
| 59 | KOWALCZYK MARCIN | 164 | SKSK PIEKŁO PÓŁNOCY | SŁUPSK | POL | M4 | 16 | M 57 | 00:21:48 | 00:43:51.00 | 4:23 | 13.7 |
| 60 | DYBEK DAMIAN | 70 | | SŁUPSK | POL | M3 | 28 | M 58 | 00:21:00 | 00:44:02.10 | 4:24 | 13.6 |
| 61 | GRYGOROWICZ MARTA | 96 | BIEGAM BO LUBIĘ SŁUPSK | BIERKOWO | POL | K4 | 1 | K 3 | 00:22:08 | 00:44:02.80 | 4:24 | 13.6 |
| 62 | SKOMOROWSKI MICHAŁ | 313 | MOWI RUNNING TEAM | USTKA | POL | M3 | 29 | M 59 | 00:22:01 | 00:44:03.05 | 4:24 | 13.6 |
| 63 | WAŃCHICKI MARCIN | 103 | | SŁUPSK | POL | M4 | 17 | M 60 | 00:21:39 | 00:44:13.50 | 4:25 | 13.6 |
| 64 | KIEŁCZYŃSKI DAWID | 141 | TEAM DAVE BUKÓWKA | BUKÓWKA | POL | M3 | 30 | M 61 | 00:22:19 | 00:44:17.15 | 4:25 | 13.5 |
| 65 | ŻYTKO MONIKA | 224 | | SŁUPSK | POL | K3 | 2 | K 4 | 00:21:50 | 00:44:19.60 | 4:25 | 13.5 |
| 66 | PIOCH NADIA | 281 | | SŁUPSK | POL | K2 | 2 | K 5 | 00:22:20 | 00:44:20.35 | 4:26 | 13.5 |
| 67 | WIESIOŁEK MARCIN | 369 | | SŁUPSK | POL | M3 | 31 | M 62 | 00:21:51 | 00:44:27.50 | 4:26 | 13.5 |
| 68 | UPTASS MACIEJ | 357 | | WROCŁAW | POL | M3 | 32 | M 63 | 00:21:54 | 00:44:30.90 | 4:27 | 13.5 |
| 69 | PIŁAT PAWEŁ | 276 | BEST BEASTS | WŁYŃKOWO | POL | M4 | 18 | M 64 | 00:21:49 | 00:44:35.45 | 4:27 | 13.5 |
| 70 | SADOWSKI PAWEŁ | 113 | STOPA SŁUPSK | SŁUPSK | POL | M4 | 19 | M 65 | 00:22:44 | 00:44:41.90 | 4:28 | 13.4 |
| 71 | KWIETNIEWSKI DANIEL | 202 | | KOSZALIN | POL | M4 | 20 | M 66 | 00:22:19 | 00:44:50.30 | 4:29 | 13.4 |
| 72 | WIŚNIEWSKI PATRYK | 378 | RYBICKI TRIATHLON COACH | SŁUPSK | POL | M3 | 33 | M 67 | 00:22:21 | 00:44:51.20 | 4:29 | 13.4 |
| 73 | WENCŁAWSKI MICHAŁ | 363 | ANANASY Z 3 FAL | SŁUPSK | POL | M3 | 34 | M 68 | 00:22:04 | 00:44:53.30 | 4:29 | 13.4 |
| 74 | CHMIELEWSKI JACEK | 40 | SAMOLEJ | TORUŃ | POL | M2 | 8 | M 69 | 00:13:06 | 00:44:59.00 | 4:29 | 13.3 |
| 75 | MAJKOWSKI KRZYSZTOF | 220 | KALIOP POLAND | SŁUPSK | POL | M3 | 35 | M 70 | 00:22:54 | 00:45:01.10 | 4:30 | 13.3 |
| 76 | MIECHÓWKA MICHAŁ | 229 | | SŁUPSK | POL | M4 | 21 | M 71 | 00:22:12 | 00:45:02.15 | 4:30 | 13.3 |
| 77 | STEC JAKUB | 379 | BEST BEASTS | SŁUPSK | POL | M4 | 22 | M 72 | 00:22:35 | 00:45:02.50 | 4:30 | 13.3 |
| 78 | SKORUPSKI ROBERT | 315 | STOPA SŁUPSK | SŁUPSK | POL | M4 | 23 | M 73 | 00:22:44 | 00:45:05.25 | 4:30 | 13.3 |
| 79 | KRAWCZYK MICHAŁ | 174 | | SIEMIANICE | POL | M3 | 36 | M 74 | 00:22:29 | 00:45:05.55 | 4:30 | 13.3 |
| 80 | CHYLEWSKA ALEKSANDRA | 50 | | SŁUPSK | POL | K3 | 3 | K 6 | 00:22:31 | 00:45:07.75 | 4:30 | 13.3 |
| 81 | KUROWSKI MARCIN | 193 | | SŁUPSK | POL | M5 | 5 | M 75 | 00:22:43 | 00:45:17.30 | 4:31 | 13.2 |
| 82 | LESZCZEŁOWSKI PIOTR GRZEGORZ | 206 | NOWA MARCHIA | ZŁOCINIEC | POL | M5 | 6 | M 76 | 00:22:41 | 00:45:23.35 | 4:32 | 13.2 |
| 83 | STĘPNIEWSKI MARCIN | 329 | ULTRAS GRYF SŁUPSK | SIEMIANICE | POL | M5 | 7 | M 77 | 00:22:33 | 00:45:24.95 | 4:32 | 13.2 |
| 84 | PIETRZYK PAWEŁ | 275 | | SŁUPSK | POL | M4 | 24 | M 78 | 00:22:46 | 00:45:25.35 | 4:32 | 13.2 |
| 85 | KĄZMIERCZAK BARTOSZ | 139 | | SŁUPSK | POL | M3 | 37 | M 79 | 00:22:44 | 00:45:32.55 | 4:33 | 13.2 |
| 86 | SMOLIŃSKI KRZYSZTOF | 318 | | GLOBINO | POL | M4 | 25 | M 80 | 00:22:49 | 00:45:32.90 | 4:33 | 13.2 |
| 87 | OBERT PAWEŁ | 253 | STOPA SŁUPSK | DAMNICA | POL | M4 | 26 | M 81 | 00:22:33 | 00:45:37.00 | 4:33 | 13.2 |
| 88 | KOS KRZYSIEK | 152 | WYBIEGANI KRZYCHU | POTEGOWO | POL | M4 | 27 | M 82 | 00:22:44 | 00:45:41.25 | 4:34 | 13.1 |
| 89 | KĄŁUŻNY MARIUSZ | 126 | NADMORSKY BIEGACZE KOŁOBRZEG | KOŁOBRZEG | POL | M4 | 28 | M 83 | 00:23:18 | 00:45:43.50 | 4:34 | 13.1 |
| 90 | SZCZEPANIK KONRAD | 334 | | MALECHÓWKO | POL | M3 | 38 | M 84 | 00:23:01 | 00:45:53.10 | 4:35 | 13.1 |
| 91 | KOZIOŁ DOMINIKA | 157 | #SIŁADLAPOLI | SŁUPSK | POL | K2 | 3 | K 7 | 00:22:52 | 00:45:58.00 | 4:35 | 13.1 |
| 92 | PĄGOWSKI ŁUKASZ | 267 | | BARCINO | POL | M3 | 39 | M 85 | 00:23:16 | 00:45:58.20 | 4:35 | 13.1 |
| 93 | CHUDY HENRYK | 47 | K SOLSZEWSKI I SYNOWIE | SŁAWSKO | POL | M60+ | 3 | M 86 | 00:22:25 | 00:46:04.05 | 4:36 | 13 |
| 94 | OLESEK JERZY | 261 | SZKOŁA PODOFICERSKA MW | GRABNO | POL | M5 | 8 | M 87 | 00:22:59 | 00:46:24.80 | 4:38 | 12.9 |
| 95 | MIELCZAREK ANDRZEJ | 405 | WODOCIĄGI SŁUPSK | SŁUPSK | POL | M4 | 29 | M 88 | 00:23:16 | 00:46:36.70 | 4:39 | 12.9 |
| 96 | PIEKARSKI TOMASZ | 269 | | SŁUPSK | POL | M3 | 40 | M 89 | 00:23:11 | 00:46:42.70 | 4:40 | 12.8 |
| 97 | SZPITER TOMASZ | 344 | OLAWS ZŁOTORYJA | ZŁOTORYJA | POL | M5 | 9 | M 90 | 00:23:12 | 00:46:43.95 | 4:40 | 12.8 |
| 98 | KOWALCZUK JAKUB | 162 | | NIEMICA | POL | M4 | 30 | M 91 | 00:23:29 | 00:46:47.60 | 4:40 | 12.8 |
| 99 | SZCZUPAKOWSKI ARKADIUSZ | 335 | | SŁUPSK | POL | M3 | 41 | M 92 | 00:23:22 | 00:46:51.05 | 4:41 | 12.8 |
| 100 | SZMAJDA RYSZARD | 112 | | SŁUPSK | POL | M5 | 10 | M 93 | 00:23:02 | 00:46:59.90 | 4:41 | 12.8 |
| 101 | KRAMEK JANUSZ | 171 | | SIEMIANICE | POL | M60+ | 4 | M 94 | 00:22:52 | 00:47:00.05 | 4:42 | 12.8 |
| 102 | KAROLAK JOANNA | 137 | | SŁUPSK | POL | K3 | 4 | K 8 | 00:23:32 | 00:47:01.85 | 4:42 | 12.8 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|-------------------------|-----|---|-------------------|------|------|--------|-------|----------|-------------|--------|------|
| 103 | KAROLAK ANNA | 136 | | SŁUPSK | POL | K3 | 5 | K 9 | 00:23:30 | 00:47:02.45 | 4:42 | 12.8 |
| 104 | PRZYDACZ KAMILA | 179 | | SŁUPSK | POL | K1 | 1 | K 10 | 00:23:39 | 00:47:08.80 | 4:42 | 12.7 |
| 105 | BALEWSKI DAMIAN | 8 | 7BOW | SŁUPSK | POL | M2 | 9 | M 95 | 00:23:17 | 00:47:12.35 | 4:43 | 12.7 |
| 106 | KWIATEK WIKTOR | 200 | | SIEMIANICE | POL | M2 | 10 | M 96 | 00:22:48 | 00:47:16.30 | 4:43 | 12.7 |
| 107 | KOZIOŁ ADRIAN | 168 | | KWAKOWO | POL | M2 | 11 | M 97 | 00:23:09 | 00:47:19.60 | 4:43 | 12.7 |
| 108 | KOSICKI RAFAL | 154 | DYNIA | KOBYLNICIA | POL | M5 | 11 | M 98 | 00:23:24 | 00:47:21.25 | 4:44 | 12.7 |
| 109 | STAWICKI MAREK | 328 | OSP SMOŁDZINO | SMOŁDZINO | POL | M5 | 12 | M 99 | 00:23:21 | 00:47:22.00 | 4:44 | 12.7 |
| 110 | GAWRYS MATEUSZ | 81 | | GDAŃSK | POL | M3 | 42 | M 100 | 00:23:19 | 00:47:22.55 | 4:44 | 12.7 |
| 111 | KUROWSKA OLGA | 192 | IUSTITIA POLSKA | SŁUPSK | POL | K4 | 2 | K 11 | 00:23:52 | 00:47:28.80 | 4:44 | 12.6 |
| 112 | ROLBIECKI ŁUKASZ | 297 | | KOBYLNICIA | POL | M4 | 31 | M 101 | 00:24:24 | 00:47:32.10 | 4:45 | 12.6 |
| 113 | KAMIŃSKI KACPER | 131 | SMIECHUTEAM | SŁUPSK | POL | M3 | 43 | M 102 | 00:24:06 | 00:47:34.20 | 4:45 | 12.6 |
| 114 | MINKO TOMASZ | 232 | | SŁUPSK | POL | M3 | 44 | M 103 | 00:24:10 | 00:47:47.00 | 4:46 | 12.6 |
| 115 | TOMCZAK DOMINIK | 350 | W.P.K SŁOŃ TEAM | SŁUPSK | POL | M5 | 13 | M 104 | 00:23:28 | 00:47:50.90 | 4:47 | 12.5 |
| 116 | TREDER MARIAN | 352 | | ŁOSINO | POL | M5 | 14 | M 105 | 00:24:03 | 00:47:52.85 | 4:47 | 12.5 |
| 117 | SŁOMKA ŁUKASZ | 317 | APATOR TELEMETRIA AKTYWNE | USTKA | POL | M3 | 45 | M 106 | 00:24:24 | 00:47:54.50 | 4:47 | 12.5 |
| 118 | STASZCZUK ANDRZEJ | 327 | | SŁUPSK | POL | M3 | 46 | M 107 | 00:23:19 | 00:47:57.00 | 4:47 | 12.5 |
| 119 | GŁASZCZ MARIUSZ | 86 | WWW.ART-DONICE.PL | KOBYLNICIA | POL | M4 | 32 | M 108 | 00:23:54 | 00:47:57.65 | 4:47 | 12.5 |
| 120 | ZDUNEK KATARZYNA | 393 | W.P.K SŁOŃ TEAM USTKA | SŁUPSK | POL | K4 | 3 | K 12 | 00:23:52 | 00:48:02.25 | 4:48 | 12.5 |
| 121 | RZEPECKA-GONTAR ANNA | 303 | | PRUSZKÓW | POL | K4 | 4 | K 13 | 00:23:55 | 00:48:02.30 | 4:48 | 12.5 |
| 122 | NARBUT SZYMON | 244 | TOWARZYSTWO PIŁKI SIATKOWEJ CZARNI SŁUPSK | SŁUPSK | POL | M3 | 47 | M 109 | 00:24:20 | 00:48:05.30 | 4:48 | 12.5 |
| 123 | KONSTANCZAK BARTOSZ | 150 | NSF REDZIKOWO (PWD) | SŁUPSK | GBR | M4 | 33 | M 110 | 00:24:10 | 00:48:08.20 | 4:48 | 12.5 |
| 124 | GAWEŁ IZA | 78 | ANANASY Z 3 FAL | SŁUPSK | POL | K3 | 6 | K 14 | 00:23:59 | 00:48:11.05 | 4:49 | 12.5 |
| 125 | POKŁĘKOWSKI MATEUSZ | 287 | | ŁĘBORK | POL | M2 | 12 | M 111 | 00:23:41 | 00:48:12.70 | 4:49 | 12.4 |
| 126 | KRUKOWSKI TADEUSZ | 180 | | DĘBNICA KASZUBSKA | POL | M60+ | 5 | M 112 | 00:24:00 | 00:48:23.15 | 4:50 | 12.4 |
| 127 | KARGUL JACEK | 410 | | KOBYLNICIA | POL | M4 | 34 | M 113 | 00:24:41 | 00:48:25.25 | 4:50 | 12.4 |
| 128 | PIOTROWSKI PAWEŁ | 284 | | SŁUPSK | POL | M3 | 48 | M 114 | 00:23:43 | 00:48:29.90 | 4:50 | 12.4 |
| 129 | MIELNICZUK KSAWERY | 230 | MOTION CONTROL | SŁUPSK | POL | M2 | 13 | M 115 | 00:24:00 | 00:48:30.00 | 4:51 | 12.4 |
| 130 | BONDARENKO JAN | 27 | POLSKA | SŁUPSK | POL | M60+ | 6 | M 116 | 00:24:42 | 00:48:38.65 | 4:51 | 12.3 |
| 131 | ŻMIJAN ARTUR | 398 | | KAMIENNA GÓRA | POL | M5 | 15 | M 117 | 00:24:28 | 00:48:44.40 | 4:52 | 12.3 |
| 132 | BEDNARCZYK ARKADIUSZ | 13 | STOPA SŁUPSK | KOBYLNICIA | POL | M5 | 16 | M 118 | 00:24:54 | 00:48:45.40 | 4:52 | 12.3 |
| 133 | IWANOWSKI MICHAŁ | 108 | BIEGAM BO LUBIĘ | USTKA | POL | M3 | 49 | M 119 | 00:24:00 | 00:48:50.25 | 4:53 | 12.3 |
| 134 | NOWOCIEN MATEUSZ | 252 | | SŁUPSK | POL | M3 | 50 | M 120 | 00:23:45 | 00:48:50.85 | 4:53 | 12.3 |
| 135 | SZYBUT WIOLETA | 345 | | SŁUPSK | POL | K4 | 5 | K 15 | 00:24:24 | 00:48:51.85 | 4:53 | 12.3 |
| 136 | SOBOŃ WOJCIECH | 320 | | SŁUPSK | POL | M60+ | 7 | M 121 | 00:24:49 | 00:48:54.15 | 4:53 | 12.3 |
| 137 | NACHYŁA PIOTR | 240 | STOPA | SŁUPSK | POL | M5 | 17 | M 122 | 00:24:20 | 00:48:59.70 | 4:53 | 12.2 |
| 138 | GROTA MARIUSZ | 94 | AKTYWNA FABRYKA | SŁUPSK | POL | M4 | 35 | M 123 | 00:24:29 | 00:49:03.15 | 4:54 | 12.2 |
| 139 | GRABOWSKA KINGA | 91 | ANANASY Z 3 FAL | SŁUPSK | POL | K4 | 6 | K 16 | 00:24:30 | 00:49:03.35 | 4:54 | 12.2 |
| 140 | WOLSKA SYLWIA | 382 | | SŁUPSK | POL | K3 | 7 | K 17 | 00:24:58 | 00:49:05.45 | 4:54 | 12.2 |
| 141 | BECK TOMASZ | 12 | | SIEMIANICE | POL | M3 | 51 | M 124 | 00:24:12 | 00:49:09.90 | 4:54 | 12.2 |
| 142 | GIERLACH JACEK | 85 | STOPA SŁUPSK | SŁUPSK | POL | M3 | 52 | M 125 | 00:25:02 | 00:49:10.95 | 4:55 | 12.2 |
| 143 | GIEDROJĆ TOMASZ | 83 | TG12.PL | SŁUPSK | POL | M4 | 36 | M 126 | 00:24:39 | 00:49:12.85 | 4:55 | 12.2 |
| 144 | SZARAFIN DOMINIK | 332 | | SŁUPSK | POL | M3 | 53 | M 127 | 00:24:40 | 00:49:21.30 | 4:56 | 12.2 |
| 145 | ROSENKRANZ RAVEN PASCAL | 298 | WYŻSZA SZKOŁA POLICJI W ORANIENBURGU | ORANIENBURG | GER | M2 | 14 | M 128 | 00:21:51 | 00:49:25.05 | 4:56 | 12.1 |
| 146 | FLORKIEWICZ WIOLA | 73 | KOBIETA RAKIETA | SIEMIANICE | POL | K3 | 8 | K 18 | 00:25:01 | 00:49:25.35 | 4:56 | 12.1 |
| 147 | GOSŁAWSKI STANISŁAW | 88 | NIE | KĘPICE | POL | M60+ | 8 | M 129 | 00:24:35 | 00:49:29.65 | 4:56 | 12.1 |
| 148 | ZIELONKA PAWEŁ | 396 | | KOBYLNICIA | POL | M3 | 54 | M 130 | 00:25:25 | 00:49:32.90 | 4:57 | 12.1 |
| 149 | TRUSIAK MIŁOSZ | 354 | | SŁUPSK | POL | M4 | 37 | M 131 | 00:24:21 | 00:49:33.80 | 4:57 | 12.1 |
| 150 | GRYGOROWICZ TOMASZ | 97 | BIEGAM BO LUBIĘ SŁUPSK | BIERKOWO | POL | M4 | 38 | M 132 | 00:25:01 | 00:49:37.45 | 4:57 | 12.1 |
| 151 | MAZGIS MARCIN | 226 | | SŁUPSK | POL | M4 | 39 | M 133 | 00:25:16 | 00:49:37.80 | 4:57 | 12.1 |
| 152 | ROSIĄK JACEK | 299 | | SŁUPSK | POL | M5 | 18 | M 134 | 00:26:02 | 00:49:45.65 | 4:58 | 12.1 |
| 153 | PRZEWORSKI MIESZKO | 289 | | SŁUPSK | POL | M3 | 55 | M 135 | 00:25:23 | 00:49:49.60 | 4:58 | 12 |
| 154 | GORCZYCKI GRZEGORZ | 87 | ILONKA TEAM | GDAŃSK | POL | M4 | 40 | M 136 | 00:24:43 | 00:49:51.35 | 4:59 | 12 |
| 155 | KOSTRZEWA KAROL | 1 | #SIŁADLAPOLI | SŁUPSK | POL | M3 | 56 | M 137 | 00:24:06 | 00:49:51.85 | 4:59 | 12 |
| 156 | CELMER ILONA | 37 | | BOLSZEWO | POL | K3 | 9 | K 19 | 00:24:46 | 00:49:51.90 | 4:59 | 12 |
| 157 | SZMIGIERO ARKADIUSZ | 341 | SPORT GENERATION/ WPK SŁOŃ TEAM | SŁUPSK | POL | M5 | 19 | M 138 | 00:24:50 | 00:49:52.85 | 4:59 | 12 |
| 158 | CHĄBOWSKA AGNIESZKA | 39 | | SŁUPSK | POL | K4 | 7 | K 20 | 00:26:01 | 00:49:57.00 | 4:59 | 12 |
| 159 | KUPIW WOJCIECH | 188 | | SŁUPSK | POL | M4 | 41 | M 139 | 00:24:11 | 00:50:06.70 | 5:00 | 12 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|----------------------------|-----|--------------------------------------|-----------------|------|------|--------|-------|----------|-------------|--------|------|
| 160 | WĘSIERSKA-MUŁYK MARZENA | 365 | | KOBYLNICIA | POL | K3 | 10 | K 21 | 00:24:49 | 00:50:14.35 | 5:01 | 11.9 |
| 161 | OKOŁOTOWICZ SEBASTIAN | 256 | | SŁUPSK | POL | M4 | 42 | M 140 | 00:24:04 | 00:50:15.65 | 5:01 | 11.9 |
| 162 | JAŚKIEWICZ DAGMARA | 117 | | SŁUPSK | POL | K3 | 11 | K 22 | 00:24:43 | 00:50:16.95 | 5:01 | 11.9 |
| 163 | HEJNA ARTUR | 102 | | SŁUPSK | POL | M3 | 57 | M 141 | 00:24:44 | 00:50:17.55 | 5:01 | 11.9 |
| 164 | MYSZKOWSKA ANNA | 330 | AKTYWNA FABRYKA | SŁUPSK | POL | K3 | 12 | K 23 | 00:25:06 | 00:50:18.00 | 5:01 | 11.9 |
| 165 | KURKUL ALICJA | 191 | | KOSZALIN | POL | K3 | 13 | K 24 | 00:24:38 | 00:50:24.65 | 5:02 | 11.9 |
| 166 | WYSIECKI JAROSŁAW | 386 | | KOŚCIERZYNA | POL | M5 | 20 | M 142 | 00:25:12 | 00:50:27.10 | 5:02 | 11.9 |
| 167 | ZIELIŃSKA MARZENA | 395 | | SŁUPSK | POL | K5 | 1 | K 25 | 00:25:12 | 00:50:27.20 | 5:02 | 11.9 |
| 168 | KWIECIEŃ NATALIA | 201 | | SŁUPSK | POL | K2 | 4 | K 26 | 00:25:02 | 00:50:45.45 | 5:04 | 11.8 |
| 169 | KLOC DARIUSZ | 144 | BEST BEASTS | BUKÓWKA | POL | M4 | 43 | M 143 | 00:25:31 | 00:50:45.80 | 5:04 | 11.8 |
| 170 | MACHTYL ZYGMUNT | 217 | BEST BEASTS | BIERKOWO | POL | M5 | 21 | M 144 | 00:26:25 | 00:50:57.80 | 5:05 | 11.8 |
| 171 | WOLSKI MARCIN | 383 | | SŁUPSK | POL | M5 | 22 | M 145 | 00:17:00 | 00:51:01.00 | 5:06 | 11.8 |
| 172 | CONDON CLAYTON | 58 | NSF REDZIKOWO - PWD | REDZIKOWO | | M3 | 58 | M 146 | 00:25:07 | 00:51:03.00 | 5:06 | 11.8 |
| 173 | TRAPP SEBASTIAN | 351 | LION STRONG TEAM | SIEMIANICE | | M4 | 44 | M 147 | 00:25:23 | 00:51:05.25 | 5:06 | 11.7 |
| 174 | KARGUL RAFAŁ | 134 | | USTKA | POL | M4 | 45 | M 148 | 00:25:43 | 00:51:08.85 | 5:06 | 11.7 |
| 175 | ŁĘGOWSKI SZYMON | 214 | | SŁUPSK | POL | M3 | 59 | M 149 | 00:26:21 | 00:51:09.55 | 5:06 | 11.7 |
| 176 | KOŁODZIEJCZYK DANUTA | 148 | | BIESOWICE | POL | K60+ | 1 | K 27 | 00:25:27 | 00:51:16.85 | 5:07 | 11.7 |
| 177 | TROCKI ŁUKASZ | 353 | | SŁUPSK | POL | M4 | 46 | M 150 | 00:25:31 | 00:51:19.80 | 5:07 | 11.7 |
| 178 | LISIECKA JULIA | 210 | | SŁUPSK | POL | K2 | 5 | K 28 | 00:25:19 | 00:51:21.55 | 5:08 | 11.7 |
| 179 | WILKOWSKA BARBARA | 373 | SZYBCYWILCY | SŁUPSK | POL | K3 | 14 | K 29 | 00:25:56 | 00:51:25.00 | 5:08 | 11.7 |
| 180 | WASYLEW JAKUB | 362 | | STARY KRAKÓW | POL | M2 | 15 | M 151 | 00:25:50 | 00:51:34.60 | 5:09 | 11.6 |
| 181 | KAŁUŻA MARTA | 125 | NADMORSKY BIEGACZE KOŁOBRZEG | KOŁOBRZEG | POL | K4 | 8 | K 30 | 00:25:39 | 00:51:36.55 | 5:09 | 11.6 |
| 182 | SZEWICZ JULIA | 339 | FIT SAUSAGES | SŁUPSK | GBR | K2 | 6 | K 31 | 00:25:50 | 00:51:38.10 | 5:09 | 11.6 |
| 183 | KONOPKA LUKASZ | 149 | KOLEGIUM SĘDZIÓW ZZPN | DARŁOWO | POL | M3 | 60 | M 152 | 00:26:03 | 00:51:41.00 | 5:10 | 11.6 |
| 184 | BODO RAFAŁ | 26 | ZOZKOSZ KOSZALIN | KOSZALIN | POL | M4 | 47 | M 153 | 00:26:28 | 00:51:41.95 | 5:10 | 11.6 |
| 185 | FURMAN TOMASZ | 75 | STOPA SŁUPSK | SŁUPSK | POL | M4 | 48 | M 154 | 00:25:39 | 00:51:45.45 | 5:10 | 11.6 |
| 186 | GÓRNIOWICZ PIOTR | 90 | GRYF SŁUPSK | SŁUPSK | POL | M3 | 61 | M 155 | 00:26:26 | 00:51:48.85 | 5:10 | 11.6 |
| 187 | KOLREP TONI | 146 | WYŻSZA SZKOŁA POLICJI W ORANIENBURGU | ORANIENBURG | GER | M2 | 16 | M 156 | 00:26:10 | 00:51:52.45 | 5:11 | 11.6 |
| 188 | ŁASZCZYK KASIA | 203 | AKTYWNA FABRYKA | SIEMIANICE | POL | K4 | 9 | K 32 | 00:26:06 | 00:51:52.80 | 5:11 | 11.6 |
| 189 | KWAPIS WOJCIECH | 196 | TP SKALAR SŁUPSK | STRZELINO | POL | M4 | 49 | M 157 | 00:25:47 | 00:51:56.90 | 5:11 | 11.6 |
| 190 | KOSIEDOWSKI SEBASTIAN | 156 | USB USTKA | USTKA | POL | M4 | 50 | M 158 | 00:26:35 | 00:51:57.40 | 5:11 | 11.5 |
| 191 | NADOLNY PIOTR | 241 | | GRABNO | POL | M5 | 23 | M 159 | 00:26:35 | 00:51:57.80 | 5:11 | 11.5 |
| 192 | KWAPIS OLGA | 195 | TP SKALAR SŁUPSK | STRZELINO | POL | K3 | 15 | K 33 | 00:25:48 | 00:51:58.50 | 5:11 | 11.5 |
| 193 | ODIJA LESZEK | 255 | KAWOSZE BIEGAJĄ | WIRY | POL | M4 | 51 | M 160 | 00:26:43 | 00:51:58.90 | 5:11 | 11.5 |
| 194 | ZIELIŃSKA DANUTA | 394 | USB USTKA | USTKA | POL | K4 | 10 | K 34 | 00:26:35 | 00:51:59.10 | 5:11 | 11.5 |
| 195 | BOSIACKA ANETA | 31 | | SŁUPSK | POL | K4 | 11 | K 35 | 00:25:49 | 00:51:59.80 | 5:11 | 11.5 |
| 196 | MAJNA BARTŁOMIEJ | 221 | | KOBYLNICIA | POL | M2 | 17 | M 161 | 00:25:54 | 00:52:07.95 | 5:12 | 11.5 |
| 197 | MŁYNARCZYK SZYMON | 233 | | SŁUPSK | POL | M2 | 18 | M 162 | 00:25:55 | 00:52:08.00 | 5:12 | 11.5 |
| 198 | NOREK RYSZARD | 250 | | SŁAWNO | POL | M60+ | 9 | M 163 | 00:26:25 | 00:52:13.25 | 5:13 | 11.5 |
| 199 | OLESIŃSKA PATRYCJA | 259 | | KOŁOBRZEG | POL | K3 | 16 | K 36 | 00:26:08 | 00:52:20.20 | 5:14 | 11.5 |
| 200 | JAROS ADAM | 115 | | KRĘPA SŁUPSKA | POL | M4 | 52 | M 164 | 00:26:36 | 00:52:28.90 | 5:14 | 11.4 |
| 201 | OSTROWSKI PAWEŁ | 264 | NSJ SZALONE KIJE | SŁUPSK | POL | M4 | 53 | M 165 | 00:25:44 | 00:52:33.85 | 5:15 | 11.4 |
| 202 | GWIAZDA JAROSŁAW | 99 | 7BOW | SŁUPSK | POL | M4 | 54 | M 166 | 00:26:35 | 00:52:34.25 | 5:15 | 11.4 |
| 203 | KOZAK KRZYSZTOF | 167 | | POTĘGOWO | POL | M3 | 62 | M 167 | 00:26:48 | 00:52:37.25 | 5:15 | 11.4 |
| 204 | OLECHNOWICZ MACIEJ | 258 | | SŁUPSK | POL | M2 | 19 | M 168 | 00:27:04 | 00:52:39.05 | 5:15 | 11.4 |
| 205 | ŁAKOMY KRYSZTIAN | 408 | | SŁUPSK | POL | M2 | 20 | M 169 | 00:26:31 | 00:52:41.35 | 5:16 | 11.4 |
| 206 | PINKASEWICZ MAREK | 280 | | SŁUPSK | POL | M3 | 63 | M 170 | 00:25:47 | 00:52:47.75 | 5:16 | 11.4 |
| 207 | WIECZOREK SŁAWOMIR | 366 | | SŁUPSK | POL | M4 | 55 | M 171 | 00:25:56 | 00:52:50.20 | 5:17 | 11.4 |
| 208 | KOŚCIESZA MICHAŁ | 158 | TEAMMISIEK | USTKA | POL | M3 | 64 | M 172 | 00:27:05 | 00:52:50.35 | 5:17 | 11.4 |
| 209 | STASZKIEWICZ MARIUSZ | 326 | | USTKA | POL | M4 | 56 | M 173 | 00:27:05 | 00:52:50.80 | 5:17 | 11.4 |
| 210 | SAMSONOWICZ KRZYSZTOF | 306 | CEDRUS TEAM | SIEMIANICE | POL | M4 | 57 | M 174 | 00:27:00 | 00:52:52.30 | 5:17 | 11.3 |
| 211 | MICHALIK ANGELIKA | 228 | | SŁUPSK | POL | K3 | 17 | K 37 | 00:26:22 | 00:52:53.60 | 5:17 | 11.3 |
| 212 | PAŁUCKA-STASZCZUK PATRYCJA | 265 | | GLÓWCZYCE | POL | K3 | 18 | K 38 | 00:27:02 | 00:53:01.50 | 5:18 | 11.3 |
| 213 | FRUBA KARINA | 74 | STOPA SŁUPSK / KORONA SZCZECIN | REDZIKOWO | POL | K4 | 12 | K 39 | 00:25:58 | 00:53:02.90 | 5:18 | 11.3 |
| 214 | KOZŁOWSKI MATEUSZ | 170 | | BOLESŁAWICE | POL | M3 | 65 | M 175 | 00:26:44 | 00:53:04.00 | 5:18 | 11.3 |
| 215 | CHOWANIEC SŁAWOMIR | 45 | | SŁUPSK | POL | M5 | 24 | M 176 | 00:26:21 | 00:53:06.05 | 5:18 | 11.3 |
| 216 | ZDUNEK JUSTYNA | 392 | ANANASY Z 3 FAL | OSIEKI SŁUPSKIE | POL | K3 | 19 | K 40 | 00:26:07 | 00:53:06.35 | 5:18 | 11.3 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|----------------------|-----|---|---------------------|------|------|--------|-------|----------|-------------|--------|------|
| 217 | OLECHNOWICZ SŁAWOMIR | 257 | STOPA SŁUPSK | SŁUPSK | POL | M4 | 58 | M 177 | 00:27:04 | 00:53:10.65 | 5:19 | 11.3 |
| 218 | ADAMIUK MAREK | 2 | | SŁUPSK | POL | M5 | 25 | M 178 | 00:25:26 | 00:53:15.40 | 5:19 | 11.3 |
| 219 | PIOTROWSKA ANNA | 283 | | SŁUPSK | POL | K2 | 7 | K 41 | 00:26:31 | 00:53:16.80 | 5:19 | 11.3 |
| 220 | CHYLEWSKA WERONIKA | 49 | | SŁUPSK | POL | K3 | 20 | K 42 | 00:26:28 | 00:53:17.05 | 5:19 | 11.3 |
| 221 | BIELIŃSKA KATARZYNA | 20 | | SŁUPSK | POL | K3 | 21 | K 43 | 00:26:53 | 00:53:18.25 | 5:19 | 11.3 |
| 222 | MUCHA JERZY | 238 | TEAM OLA | KRĘPA SŁUPSKA | POL | M60+ | 10 | M 179 | 00:26:47 | 00:53:22.35 | 5:20 | 11.2 |
| 223 | WALKIEWICZ EMIL | 360 | | USTKA | POL | M2 | 21 | M 180 | 00:27:04 | 00:53:22.45 | 5:20 | 11.2 |
| 224 | RYDZIŃSKI PIOTR | 302 | | SŁUPSK | POL | M2 | 22 | M 181 | 00:26:48 | 00:53:40.05 | 5:22 | 11.2 |
| 225 | WYSZOMIRSKI MAREK | 388 | KLUB BIEGOWY 'ZAPIERDALAJ' | SŁUPSK | POL | M3 | 66 | M 182 | 00:26:42 | 00:53:51.60 | 5:23 | 11.1 |
| 226 | SKUZA GRZEGORZ | 316 | | SŁUPSK | POL | M2 | 23 | M 183 | 00:27:28 | 00:53:56.10 | 5:23 | 11.1 |
| 227 | GUBERNAT MIROSLAW | 98 | NIEPUBLICZNA SZKOŁA PODSTAWOWA NR 7 W SŁUPSKU | SŁUPSK | POL | M4 | 59 | M 184 | 00:27:18 | 00:53:56.45 | 5:23 | 11.1 |
| 228 | BANACH MARTA | 9 | | SŁUPSK | POL | K3 | 22 | K 44 | 00:27:04 | 00:53:57.65 | 5:23 | 11.1 |
| 229 | CICHOŃSKI ROBERT | 52 | | JEZIERZYCE SŁUPSKIE | POL | M3 | 67 | M 185 | 00:26:01 | 00:54:01.30 | 5:24 | 11.1 |
| 230 | PODSKOCZYJ WIKTOR | 286 | AKTYWNA FABRYKA | USTKA | POL | M5 | 26 | M 186 | 00:26:42 | 00:54:04.30 | 5:24 | 11.1 |
| 231 | JAŹDŻEWSKA ELŻBIETA | 118 | BEST BEASTS | SŁUPSK | POL | K3 | 23 | K 45 | 00:27:04 | 00:54:13.20 | 5:25 | 11.1 |
| 232 | CISZEWSKA ALEKSANDRA | 57 | | SŁUPSK | POL | K3 | 24 | K 46 | 00:26:15 | 00:54:15.85 | 5:25 | 11.1 |
| 233 | CYMEK ŁUKASZ | 59 | | REDZIKOWO | POL | M2 | 24 | M 187 | 00:26:50 | 00:54:21.85 | 5:26 | 11 |
| 234 | SZYBUT RAFAŁ | 346 | NIE LUBIĘ BIEGAĆ | SŁUPSK | POL | M4 | 60 | M 188 | 00:26:56 | 00:54:23.85 | 5:26 | 11 |
| 235 | KOLUCH SYLWIA | 147 | | KOBYLNICZA | POL | K4 | 13 | K 47 | 00:27:30 | 00:54:26.95 | 5:26 | 11 |
| 236 | ŻULIŃSKA MONIKA | 399 | | SŁUPSK | POL | K4 | 14 | K 48 | 00:26:07 | 00:54:27.00 | 5:26 | 11 |
| 237 | RĘKAS MATEUSZ | 296 | | POSTOMINO | POL | M3 | 68 | M 189 | 00:27:21 | 00:54:27.65 | 5:26 | 11 |
| 238 | KUBICA AGNIESZKA | 181 | | SŁUPSK | POL | K3 | 25 | K 49 | 00:26:29 | 00:54:31.75 | 5:27 | 11 |
| 239 | ZABOROWSKA KINGA | 389 | | KRĘPA SŁUPSKA | POL | K4 | 15 | K 50 | 00:26:36 | 00:54:38.50 | 5:27 | 11 |
| 240 | GIERESZ AGNIESZKA | 84 | | BUKOWA | POL | K4 | 15 | K 50 | 00:27:21 | 00:54:38.50 | 5:27 | 11 |
| 241 | WALUŚ SZCZEPAN | 361 | | SŁUPSK | POL | M2 | 25 | M 190 | 00:27:41 | 00:54:43.95 | 5:28 | 11 |
| 242 | LISIECKA KAROLINA | 209 | 73BLP | SŁUPSK | POL | K4 | 17 | K 52 | 00:27:09 | 00:54:48.25 | 5:28 | 10.9 |
| 243 | BIAŁY MICHAŁ | 17 | ... | SŁUPSK | POL | M4 | 61 | M 191 | 00:27:08 | 00:54:48.30 | 5:28 | 10.9 |
| 244 | FURSEWICZ EWA | 76 | | KOBYLNICZA | POL | K4 | 18 | K 53 | 00:26:59 | 00:54:50.05 | 5:29 | 10.9 |
| 245 | SAWYER MARTYNA | 308 | AKTYWNA FABRYKA | DĘBNICA KASZUBSKA | POL | K4 | 19 | K 54 | 00:26:39 | 00:54:57.85 | 5:29 | 10.9 |
| 246 | HODUREK ADAM | 104 | | SŁUPSK | POL | M3 | 69 | M 192 | 00:27:10 | 00:55:13.70 | 5:31 | 10.9 |
| 247 | SMUTEK DOMINIKA | 319 | | BOLESŁAWICE | POL | K3 | 26 | K 55 | 00:27:38 | 00:55:13.80 | 5:31 | 10.9 |
| 248 | SAGAŁA PATRYCJA | 304 | | SŁUPSK | POL | K4 | 20 | K 56 | 00:27:26 | 00:55:15.50 | 5:31 | 10.9 |
| 249 | KROPIŃSKI ADAM | 177 | ŻÓŁWIK # NIE LUBIĘ BIEGAĆ | SŁUPSK | POL | M4 | 62 | M 193 | 00:26:58 | 00:55:17.55 | 5:31 | 10.9 |
| 250 | KOWALSKI KRZYSZTOF | 166 | STOPA | SŁUPSK | POL | M60+ | 11 | M 194 | 00:27:31 | 00:55:18.45 | 5:31 | 10.8 |
| 251 | TEŚNA MAGDALENA | 349 | | SIEMIANICE | POL | K4 | 21 | K 57 | 00:27:35 | 00:55:20.70 | 5:32 | 10.8 |
| 252 | MACIEJEWSKI MICHAŁ | 218 | | SŁUPSK | POL | M2 | 26 | M 195 | 00:27:11 | 00:55:23.15 | 5:32 | 10.8 |
| 253 | RAWSKI JAROSŁAW | 254 | | GRABNO | POL | M5 | 27 | M 196 | 00:28:10 | 00:55:26.85 | 5:32 | 10.8 |
| 254 | BORODZIUK WIKTOR | 30 | | SŁUPSK | POL | M1 | 2 | M 197 | 00:30:15 | 00:55:43.80 | 5:34 | 10.8 |
| 255 | KOSICKA IWONA | 153 | STOPA SŁUPSK | SŁUPSK | POL | K4 | 22 | K 58 | 00:28:30 | 00:55:44.05 | 5:34 | 10.8 |
| 256 | BEDNARCZYK DAMIAN | 14 | | SIEMIANICE | POL | M3 | 70 | M 198 | 00:28:18 | 00:55:51.90 | 5:35 | 10.7 |
| 257 | KUCHARSKI TOMASZ | 185 | | SŁUPSK | POL | M5 | 28 | M 199 | 00:27:40 | 00:55:52.50 | 5:35 | 10.7 |
| 258 | PRZYCHODA ANNA | 290 | | SIEMIANICE | POL | K3 | 27 | K 59 | 00:28:19 | 00:55:52.60 | 5:35 | 10.7 |
| 259 | WILKOWSKA MARTA | 374 | | SŁUPSK | POL | K4 | 23 | K 60 | 00:27:54 | 00:56:02.40 | 5:36 | 10.7 |
| 260 | NAZARKO MAŁGORZATA | 245 | | SŁUPSK | POL | K4 | 24 | K 61 | 00:27:53 | 00:56:04.15 | 5:36 | 10.7 |
| 261 | WIESIOŁEK URSZULA | 370 | | SŁUPSK | POL | K3 | 28 | K 62 | 00:27:43 | 00:56:04.80 | 5:36 | 10.7 |
| 262 | ORZECHOWSKI MICHAŁ | 263 | KALIOP POLAND | SŁUPSK | POL | M3 | 71 | M 200 | 00:27:44 | 00:56:21.40 | 5:38 | 10.6 |
| 263 | KALETA NIKOŁA | 123 | | KOSZALIN | POL | K2 | 8 | K 63 | 00:28:31 | 00:56:24.90 | 5:38 | 10.6 |
| 264 | MATUSZYN MICHAŁ | 225 | | SŁUPSK | POL | M60+ | 12 | M 201 | 00:28:55 | 00:56:29.45 | 5:38 | 10.6 |
| 265 | IWAŃSKI MICHAŁ | 109 | CHILI SERKI | SŁUPSK | POL | M2 | 27 | M 202 | 00:28:55 | 00:56:32.10 | 5:39 | 10.6 |
| 266 | PIŁCZYŃSKI ZBIGNIEW | 278 | | SŁUPSK | POL | M60+ | 13 | M 203 | 00:28:24 | 00:56:32.15 | 5:39 | 10.6 |
| 267 | OLESIŃSKI MARCIN | 260 | | KOŁOBRZEG | POL | M3 | 72 | M 204 | 00:27:15 | 00:56:32.80 | 5:39 | 10.6 |
| 268 | SZAREK MARTA | 333 | FIT SAUSAGES | SŁUPSK | POL | K4 | 25 | K 64 | 00:27:35 | 00:56:34.65 | 5:39 | 10.6 |
| 269 | TUROWSKA AGATA | 356 | | SŁUPSK | POL | K2 | 9 | K 65 | 00:27:50 | 00:56:36.10 | 5:39 | 10.6 |
| 270 | CHYBA BARTŁOMIEJ | 48 | WOJSKO POLSKIE | SŁUPSK | POL | M4 | 63 | M 205 | 00:27:11 | 00:56:39.75 | 5:39 | 10.6 |
| 271 | PATYNA MARTA | 266 | | SŁUPSK | POL | K4 | 26 | K 66 | 00:29:02 | 00:56:51.35 | 5:41 | 10.6 |
| 272 | ŻAKIETA TADEUSZ | 397 | | SŁUPSK | POL | M5 | 29 | M 206 | 00:27:06 | 00:56:52.50 | 5:41 | 10.6 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|-----------------------------|-----|--------------------------------------|-------------|------|------|--------|-------|----------|-------------|--------|------|
| 273 | KOZŁOWIECKI WALDEMAR | 169 | TKKF KOSZALIN | KOSZALIN | POL | M60+ | 14 | M 207 | 00:28:35 | 00:56:54.20 | 5:41 | 10.5 |
| 274 | JĘDRASZCZYK KAMIL | 119 | ARAL SŁAWNO | SŁAWNO | POL | M2 | 28 | M 208 | 00:28:20 | 00:57:01.25 | 5:42 | 10.5 |
| 275 | ŁUKASZCZYK BARTOSZ | 216 | | SŁUPSK | POL | M3 | 73 | M 209 | 00:28:14 | 00:57:03.35 | 5:42 | 10.5 |
| 276 | KRASUCKA-GIERSZ IZABELA | 172 | | SŁUPSK | POL | K3 | 29 | K 67 | 00:28:11 | 00:57:03.40 | 5:42 | 10.5 |
| 277 | CHRISTYNIUK PIOTR | 46 | | ŁOSINO | POL | M5 | 30 | M 210 | 00:27:52 | 00:57:03.80 | 5:42 | 10.5 |
| 278 | TUDRUJ ANDRZEJ | 355 | #SIŁADLAPOLI | SŁUPSK | POL | M5 | 31 | M 211 | 00:28:50 | 00:57:07.60 | 5:42 | 10.5 |
| 279 | MUCHOCKA PAULINA | 375 | GRAND LUBICZ 5* UZDROWISKO USTKA | SŁUPSK | POL | K4 | 27 | K 68 | 00:28:16 | 00:57:14.80 | 5:43 | 10.5 |
| 280 | ORZECZOWSKI TOBIASZ | 262 | | SŁUPSK | POL | M3 | 74 | M 212 | 00:28:53 | 00:57:25.60 | 5:44 | 10.4 |
| 281 | KŁUSEK MAREK | 145 | FREE PALESTINE | SŁUPSK | POL | M4 | 64 | M 213 | 00:28:54 | 00:57:25.90 | 5:44 | 10.4 |
| 282 | BARAŃSKA KAMILA | 11 | | OBJAZDA | POL | K4 | 28 | K 69 | 00:28:09 | 00:57:29.00 | 5:44 | 10.4 |
| 283 | BLUMA TOMASZ | 23 | KRZYSIO TEAM | SŁUPSK | POL | M4 | 65 | M 214 | 00:28:00 | 00:57:29.50 | 5:44 | 10.4 |
| 284 | KĘPKA KAROLINA | 140 | STOPA SŁUPSK | SŁUPSK | POL | K4 | 29 | K 70 | 00:29:25 | 00:57:30.45 | 5:45 | 10.4 |
| 285 | BLUMA MARTA | 24 | KRZYSIO TEAM | SŁUPSK | POL | K4 | 30 | K 71 | 00:28:02 | 00:57:31.35 | 5:45 | 10.4 |
| 286 | JAKRZEWSKA BEATA | 111 | #SIŁADLAPOLI | SŁUPSK | POL | K3 | 30 | K 72 | 00:28:49 | 00:57:31.80 | 5:45 | 10.4 |
| 287 | WOŹNIAKOWSKI ANDRZEJ | 385 | | ŁĘBORK | POL | M60+ | 15 | M 215 | 00:29:23 | 00:57:34.10 | 5:45 | 10.4 |
| 288 | KLEJDYSZ BEATA | 142 | | SŁUPSK | POL | K5 | 2 | K 73 | 00:28:08 | 00:57:34.90 | 5:45 | 10.4 |
| 289 | KWIATEK ALEKSANDER | 199 | | SIEMIANICE | POL | M3 | 75 | M 216 | 00:27:28 | 00:57:36.90 | 5:45 | 10.4 |
| 290 | NITA JOANNA | 246 | NITA TEAM | MIASTKO | POL | K3 | 31 | K 74 | 00:29:11 | 00:57:38.75 | 5:45 | 10.4 |
| 291 | ZARZYCKA IZABELA | 391 | W.P.K.SŁOŃ TEAM USTKA | USTKA | POL | K4 | 31 | K 75 | 00:28:40 | 00:57:45.65 | 5:46 | 10.4 |
| 292 | RUBAJ- KRILIKOWSKA MONILA | 300 | | SŁUPSK | POL | K5 | 3 | K 76 | 00:28:46 | 00:57:58.80 | 5:47 | 10.4 |
| 293 | JABŁOŃSKA ALEKSANDRA | 110 | | SZCZECIN | POL | K3 | 32 | K 77 | 00:28:14 | 00:57:59.90 | 5:47 | 10.3 |
| 294 | BURDZIŃSKI HUBERT | 34 | | SŁUPSK | POL | M2 | 29 | M 217 | 00:25:54 | 00:58:01.00 | 5:48 | 10.3 |
| 295 | SUJKA ADAM | 331 | | SŁUPSK | POL | M5 | 32 | M 218 | 00:29:26 | 00:58:22.65 | 5:50 | 10.3 |
| 296 | JAWORSKI ROBERT | 6 | | PIESZCZ | POL | M4 | 66 | M 219 | 00:28:34 | 00:58:25.20 | 5:50 | 10.3 |
| 297 | MOLIS JOANNA | 234 | | BIERKOWO | POL | K4 | 32 | K 78 | 00:29:43 | 00:58:33.75 | 5:51 | 10.2 |
| 298 | RUTKOWSKI MAREK | 301 | | ZĘBOWO | POL | M4 | 67 | M 220 | 00:28:52 | 00:58:36.10 | 5:51 | 10.2 |
| 299 | AWTUCH KAMILA | 406 | | SZCZECINEK | POL | K2 | 10 | K 79 | 00:29:05 | 00:58:41.90 | 5:52 | 10.2 |
| 300 | BIŁOUS ADRIAN | 22 | | BIERKOWO | POL | M2 | 30 | M 221 | 00:27:26 | 00:58:44.70 | 5:52 | 10.2 |
| 301 | IWANOWSKA-KRÓLIK JOWITA | 106 | KRÓLICZENKO | SŁUPSK | POL | K3 | 33 | K 80 | 00:29:19 | 00:59:03.80 | 5:54 | 10.2 |
| 302 | KRÓLIK MARIUSZ | 178 | KRÓLICZENKO | SŁUPSK | POL | M3 | 76 | M 222 | 00:29:20 | 00:59:04.45 | 5:54 | 10.2 |
| 303 | LEŃSKA AGNIESZKA | 204 | | SŁUPSK | POL | K4 | 33 | K 81 | 00:29:42 | 00:59:04.55 | 5:54 | 10.2 |
| 304 | KOT DANIEL | 159 | KOT TEAM | BOLESŁAWICE | POL | M4 | 68 | M 223 | 00:29:42 | 00:59:11.60 | 5:55 | 10.1 |
| 305 | KWIATEK JACEK | 198 | | SIEMIANICE | POL | M60+ | 16 | M 224 | 00:29:45 | 00:59:14.10 | 5:55 | 10.1 |
| 306 | DESZCZ RADOŚLAW | 66 | SKSK PIEKŁO PÓŁNOCY | BOLESŁAWICE | POL | M3 | 77 | M 225 | 00:28:17 | 00:59:21.35 | 5:56 | 10.1 |
| 307 | GAWĘŁ ANDRZEJ | 80 | POMERIDERS | SŁUPSK | POL | M60+ | 17 | M 226 | 00:29:26 | 00:59:24.10 | 5:56 | 10.1 |
| 308 | DOBOSZ ROMUALD | 67 | KB 'TUPOT' USTKA | USTKA | POL | M60+ | 18 | M 227 | 00:29:34 | 00:59:32.45 | 5:57 | 10.1 |
| 309 | KOSICKI ADAM | 155 | DYNIA | KOBYLNICIA | POL | M2 | 31 | M 228 | 00:27:08 | 00:59:32.80 | 5:57 | 10.1 |
| 310 | ANTONIAK MONIKA | 4 | | SŁUPSK | POL | K3 | 34 | K 82 | 00:29:24 | 00:59:33.40 | 5:57 | 10.1 |
| 311 | MROZECZ BARTOSZ | 237 | | POTĘGOWO | POL | M2 | 32 | M 229 | 00:29:23 | 00:59:36.45 | 5:57 | 10.1 |
| 312 | CZUCZAK TOMASZ | 62 | | KOSZALIN | POL | M4 | 69 | M 230 | 00:28:34 | 00:59:42.25 | 5:58 | 10.1 |
| 313 | JANUSZEWSKI SERGIUSZ | 114 | | SŁUPSK | POL | M2 | 33 | M 231 | 00:30:41 | 00:59:55.65 | 5:59 | 10 |
| 314 | STANIUK BARTOSZ | 325 | | SŁUPSK | POL | M3 | 78 | M 232 | 00:28:57 | 01:00:06.50 | 6:00 | 10 |
| 315 | WŁAŚNIAK MONIKA | 380 | | LUBUCZEWO | POL | K3 | 35 | K 83 | 00:30:05 | 01:00:14.75 | 6:01 | 10 |
| 316 | JARZĄB SEBASTIAN | 116 | | WITKOWO | POL | M4 | 70 | M 233 | 00:30:57 | 01:00:29.85 | 6:02 | 9.9 |
| 317 | SZEWCUK PIOTR | 336 | | SŁUPSK | POL | M3 | 79 | M 234 | 00:32:06 | 01:00:30.80 | 6:03 | 9.9 |
| 318 | GAŚECKA-SZEWCUK ALEKSANDRA | 82 | | SŁUPSK | POL | K3 | 36 | K 84 | 00:32:07 | 01:00:32.15 | 6:03 | 9.9 |
| 319 | NITA KRZYSZTOF | 247 | NITA TEAM | MIASTKO | POL | M3 | 80 | M 235 | 00:30:44 | 01:00:34.10 | 6:03 | 9.9 |
| 320 | NIZIOŁ PATRYK | 249 | 7BOW | SŁUPSK | POL | M2 | 34 | M 236 | 00:29:04 | 01:00:41.70 | 6:04 | 9.9 |
| 321 | GAWĘŁ ZBIGNIEW | 79 | ANANASY Z 3 FAL | SŁUPSK | POL | M60+ | 19 | M 237 | 00:29:50 | 01:00:55.25 | 6:05 | 9.8 |
| 322 | SROKA SŁAWOMIR | 321 | | SŁUPSK | POL | M4 | 71 | M 238 | 00:29:20 | 01:01:04.65 | 6:06 | 9.8 |
| 323 | MOTOWIDŁO-ZAWADZKA IZABELLA | 236 | | SŁUPSK | POL | K4 | 34 | K 85 | 00:30:01 | 01:01:14.35 | 6:07 | 9.8 |
| 324 | STAHL ANNA | 322 | WYŻSZA SZKOŁA POLICJI W ORANIENBURGU | ORANIENBURG | GER | K4 | 35 | K 86 | 00:27:57 | 01:01:18.00 | 6:07 | 9.8 |
| 325 | CZERWIŃSKI RAFAŁ | 61 | | SŁUPSK | POL | M4 | 72 | M 239 | 00:30:21 | 01:01:18.60 | 6:07 | 9.8 |
| 326 | BORODZIUK ANETA | 29 | | SŁUPSK | POL | K4 | 36 | K 87 | 00:30:35 | 01:01:20.85 | 6:08 | 9.8 |
| 327 | WIŚNIEWSKA DOROTA | 376 | | KOBYLNICIA | POL | K4 | 37 | K 88 | 00:30:24 | 01:01:21.65 | 6:08 | 9.8 |
| 328 | LEŃSKA ZUZANNA | 205 | | SŁUPSK | POL | K2 | 11 | K 89 | 00:29:43 | 01:01:21.85 | 6:08 | 9.8 |
| 329 | KOWAL MARIA | 161 | | SŁUPSK | POL | K4 | 38 | K 90 | 00:30:25 | 01:01:22.00 | 6:08 | 9.8 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|------------------------------|-----|--|---------------|------|------|--------|-------|----------|-------------|--------|------|
| 330 | SZYCKO RADOSŁAW | 347 | | KOBYLNICIA | POL | M4 | 73 | M 240 | 00:30:22 | 01:01:41.55 | 6:10 | 9.7 |
| 331 | KACZYŃSKI DAMIAN | 342 | | | POL | M3 | 81 | M 241 | 00:30:19 | 01:01:48.45 | 6:10 | 9.7 |
| 332 | SŁUPCZEWSKI MICHAŁ | 402 | | SŁUPSK | POL | M4 | 74 | M 242 | 00:31:12 | 01:02:01.50 | 6:12 | 9.7 |
| 333 | NIWIŃSKI GRZEGORZ | 248 | K.B. TUPOT USTKA | USTKA | POL | M60+ | 20 | M 243 | 00:30:32 | 01:02:12.60 | 6:13 | 9.6 |
| 334 | LIPCZYŃSKA JOANNA | 208 | | ŻELKOWO | POL | K5 | 4 | K 91 | 00:30:26 | 01:02:18.40 | 6:13 | 9.6 |
| 335 | KAMIŃSKI WITOLD | 132 | STOPA SŁUPSK | KRĘPA SŁUPSKA | POL | M5 | 33 | M 244 | 00:30:21 | 01:02:19.90 | 6:13 | 9.6 |
| 336 | PRZYGÓCKI SYLWESTER | 292 | LION STRONG TEAM | SIEMIANICE | POL | M3 | 82 | M 245 | 00:30:21 | 01:02:27.40 | 6:14 | 9.6 |
| 337 | RAHOZA SZYMON | 294 | LION STRONG TEAM | SIEMIANICE | POL | M4 | 75 | M 246 | 00:30:22 | 01:02:27.65 | 6:14 | 9.6 |
| 338 | PRZYGÓCKA AGNIESZKA | 291 | LION STRONG TEAM | SIEMIANICE | POL | K3 | 37 | K 92 | 00:30:22 | 01:02:27.90 | 6:14 | 9.6 |
| 339 | GRODZKA KINGA | 93 | | SŁUPSK | POL | K4 | 39 | K 93 | 00:30:47 | 01:02:39.85 | 6:15 | 9.6 |
| 340 | MACIEJEWSKI TOMASZ | 219 | | USTKA | POL | M4 | 76 | M 247 | 00:29:57 | 01:02:42.75 | 6:16 | 9.6 |
| 341 | LIS-WRÓBLEWSKA IWONA | 211 | KUŹNIA SPORTU SŁUPSK | SŁUPSK | POL | K4 | 40 | K 94 | 00:29:58 | 01:02:57.45 | 6:17 | 9.5 |
| 342 | CHMIELOWIEC SEBASTIAN | 42 | KUŹNIA SPORTU SŁUPSK | SŁUPSK | POL | M3 | 83 | M 248 | 00:29:58 | 01:02:57.65 | 6:17 | 9.5 |
| 343 | SZÓSTAKIEWICZ-LITYCH ANETA | 343 | | POTĘGOWO | POL | K5 | 5 | K 95 | 00:30:29 | 01:03:43.70 | 6:22 | 9.4 |
| 344 | WERBIŃSKI WALDEMAR | 364 | | SŁUPSK | POL | M60+ | 21 | M 249 | 00:31:01 | 01:03:45.00 | 6:22 | 9.4 |
| 345 | SAWICKA MILENA | 307 | | SŁUPSK | POL | K3 | 38 | K 96 | 00:31:46 | 01:03:48.30 | 6:22 | 9.4 |
| 346 | SIEWIERSKA EMILIA | 310 | | SŁUPSK | POL | K3 | 39 | K 97 | 00:31:47 | 01:03:48.75 | 6:22 | 9.4 |
| 347 | ZABORSKA MAGDALENA | 390 | | KOBYLNICIA | POL | K3 | 40 | K 98 | 00:30:25 | 01:03:55.60 | 6:23 | 9.4 |
| 348 | STANIASZEK BOGUSŁAW | 323 | TUPOTUSTKA | GŁOBINO | POL | M60+ | 22 | M 250 | 00:31:50 | 01:04:01.35 | 6:24 | 9.4 |
| 349 | MURAWSKA KATARZYNA | 239 | | SŁUPSK | POL | K4 | 41 | K 99 | 00:31:06 | 01:04:16.50 | 6:25 | 9.3 |
| 350 | PIETRZAK KATARZYNA | 271 | | SŁUPSK | POL | K3 | 41 | K 100 | 00:31:43 | 01:04:17.35 | 6:25 | 9.3 |
| 351 | SITKIEWICZ AGNIESZKA | 311 | #SŁADLAPOLI | SŁUPSK | POL | K4 | 42 | K 101 | 00:31:14 | 01:04:21.10 | 6:26 | 9.3 |
| 352 | PIETRZYCKI ANDRZEJ | 274 | | SŁUPSK | POL | M60+ | 23 | M 251 | 00:30:36 | 01:04:59.20 | 6:29 | 9.2 |
| 353 | PIETRZYCKI DARIUSZ | 273 | | SŁUPSK | POL | M4 | 77 | M 252 | 00:30:35 | 01:04:59.85 | 6:29 | 9.2 |
| 354 | WYSOTA PAWEŁ | 387 | | SŁUPSK | POL | M2 | 35 | M 253 | 00:30:36 | 01:04:59.90 | 6:29 | 9.2 |
| 355 | PIETRZYCKA ANDRONIKA | 272 | | SŁUPSK | POL | K2 | 12 | K 102 | 00:30:37 | 01:05:00.55 | 6:30 | 9.2 |
| 356 | KUCHARSKA NATALIA | 182 | | KOBYLNICIA | POL | K1 | 2 | K 103 | 00:34:02 | 01:05:03.95 | 6:30 | 9.2 |
| 357 | KUCHARSKI RADEK | 184 | | KOBYLNICIA | POL | M4 | 78 | M 254 | 00:34:01 | 01:05:05.35 | 6:30 | 9.2 |
| 358 | KOTECKI KAMIL | 215 | | SŁUPSK | POL | M3 | 84 | M 255 | 00:32:17 | 01:05:05.80 | 6:30 | 9.2 |
| 359 | IWANOWSKI WOJCIECH | 107 | | USTKA | POL | M60+ | 24 | M 256 | 00:30:43 | 01:05:22.25 | 6:32 | 9.2 |
| 360 | GRAJCAK-MIKŁASZEWICZ DAGMARA | 92 | PARAFIA EWANGELICKO-AUGSBURSKA W SŁUPSKU | SŁUPSK | POL | K4 | 43 | K 104 | 00:31:35 | 01:05:31.65 | 6:33 | 9.2 |
| 361 | HALIUS MARIANA | 100 | NIE DOTYCZY | SŁUPSK | POL | K3 | 42 | K 105 | 00:32:30 | 01:05:41.60 | 6:34 | 9.1 |
| 362 | LYPOVETSKYI STEPAN | 213 | - | SŁUPSK | POL | M3 | 85 | M 257 | 00:32:29 | 01:05:42.10 | 6:34 | 9.1 |
| 363 | WOZNIAK DARIUSZ | 384 | ARAL SŁAWNO | SŁAWNO | POL | M5 | 34 | M 258 | 00:30:30 | 01:05:48.05 | 6:34 | 9.1 |
| 364 | MARCZAK MAŁGORZATA | 222 | AKTYWNI ŻELKOWO | ŻELKOWO | POL | K60+ | 2 | K 106 | 00:31:15 | 01:05:54.95 | 6:35 | 9.1 |
| 365 | SKORUPSKA ANNA | 314 | STOPA SŁUPSK | BOLESŁAWICE | POL | K4 | 44 | K 107 | 00:32:43 | 01:06:15.35 | 6:37 | 9.1 |
| 366 | KOWALCZYK BARTOSZ | 163 | CHILI SERKI | SŁUPSK | POL | M2 | 36 | M 259 | 00:33:40 | 01:07:26.50 | 6:44 | 8.9 |
| 367 | WACHHOLZ BEATA | 359 | | SŁAWNO | POL | K5 | 6 | K 108 | 00:33:12 | 01:08:07.85 | 6:48 | 8.8 |
| 368 | KAMIŃSKA DOMINIKA | 129 | | KRĘPA SŁUPSKA | POL | K2 | 13 | K 109 | 00:32:51 | 01:08:39.10 | 6:51 | 8.7 |
| 369 | CHOLEWIŃSKA LAURA | 44 | BBL SŁUPSK | SŁUPSK | POL | K1 | 3 | K 110 | 00:33:00 | 01:09:36.25 | 6:57 | 8.6 |
| 370 | POKORNY EDWARD | 288 | | USTKA | POL | M60+ | 25 | M 260 | 00:34:13 | 01:10:25.15 | 7:02 | 8.5 |
| 371 | PODLECKA AGNIESZKA | 285 | | SŁUPSK | POL | K4 | 45 | K 111 | 00:33:42 | 01:11:36.35 | 7:09 | 8.4 |
| 372 | BELASIK ALENA | 16 | S | SŁUPSK | POL | K2 | 14 | K 112 | 00:35:14 | 01:12:02.85 | 7:12 | 8.3 |
| 373 | WIĘCŁAW KINGA | 371 | | SŁUPSK | POL | K3 | 43 | K 113 | 00:38:33 | 01:15:51.55 | 7:35 | 7.9 |
| 374 | KOT KRYSZTIAN | 160 | SKSK PIEKŁO PÓŁNOCY | SŁUPSK | POL | M2 | 37 | M 261 | 00:35:59 | 01:16:24.30 | 7:38 | 7.9 |
| 375 | LUBIŃSKA LILIANA | 212 | | SŁUPSK | POL | K5 | 7 | K 114 | 00:36:47 | 01:17:58.35 | 7:47 | 7.7 |
| 376 | BIELECKI MATEUSZ | 19 | | SŁUPSK | POL | M3 | 86 | M 262 | 00:46:13 | 01:38:18.85 | 9:49 | 6.1 |
| 377 | BIELECKA DARIA | 18 | | SŁUPSK | POL | K3 | 44 | K 115 | 00:46:12 | 01:38:19.65 | 9:49 | 6.1 |
| 378 | KUPIS RENATA | 187 | | SŁUPSK | POL | K5 | 8 | K 116 | 00:38:09 | | 7:37 | 7.9 |
| 379 | PINEDA CESAR | 279 | | BOGOTA | COL | M2 | 38 | M 263 | | | | |
| 380 | KALETA CEZARY | 121 | STREET ATHLETIC | KOSZALIN | POL | M1 | 3 | M 264 | | | | |
| 381 | WRÓBEL MARTYNA | 340 | CHATA MACOCHY | SŁUPSK | POL | K1 | 4 | K 117 | | | | |
| 382 | SZEWCIK ZUZANNA | 337 | | SŁUPSK | POL | K1 | 5 | K 118 | | | | |
| DNC | MINCEWICZ ADAM | 231 | AKTYWNA FABRYKA | SŁUPSK | POL | M4 | | DNC | 00:24:32 | | | |
| | ŚLEFARSKI ANDRZEJ | 348 | STOPA SŁUPSK | SŁUPSK | POL | M5 | | | 00:26:28 | DNF | - | - |
| | | | | | | | | | DNF | | | |
| | PIOTRASCHKE PAWEŁ | 282 | AML SŁUPSK | SŁUPSK | POL | M4 | | | DNF | DNF | - | - |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, OPEN -K

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|----------------------------|-----|---|-------------------|------|------|--------|------|----------|-------------|--------|------|
| 1 | DOMARUS KAMILA | 69 | | SŁUPSK | POL | K2 | 1 | K 1 | 00:18:36 | 00:38:12.00 | 3:49 | 15.7 |
| 2 | DEREŃ JUSTYNA | 65 | NIEPUBLICZNA SZKOŁA PODSTAWOWA NR 7 W SŁUPSKU | SŁUPSK | POL | K3 | 1 | K 2 | 00:20:26 | 00:40:59.60 | 4:05 | 14.6 |
| 3 | GRYGOROWICZ MARTA | 96 | BIEGAM BO LUBIĘ SŁUPSK | BIERKOWO | POL | K4 | 1 | K 3 | 00:22:08 | 00:44:02.80 | 4:24 | 13.6 |
| 4 | ŻYTKO MONIKA | 224 | | SŁUPSK | POL | K3 | 2 | K 4 | 00:21:50 | 00:44:19.60 | 4:25 | 13.5 |
| 5 | PIOCH NADIA | 281 | | SŁUPSK | POL | K2 | 2 | K 5 | 00:22:20 | 00:44:20.35 | 4:26 | 13.5 |
| 6 | CHYLEWSKA ALEKSANDRA | 50 | | SŁUPSK | POL | K3 | 3 | K 6 | 00:22:31 | 00:45:07.75 | 4:30 | 13.3 |
| 7 | KOZIOŁ DOMINIKA | 157 | #SIŁADLAPOLI | SŁUPSK | POL | K2 | 3 | K 7 | 00:22:52 | 00:45:58.00 | 4:35 | 13.1 |
| 8 | KAROLAK JOANNA | 137 | | SŁUPSK | POL | K3 | 4 | K 8 | 00:23:32 | 00:47:01.85 | 4:42 | 12.8 |
| 9 | KAROLAK ANNA | 136 | | SŁUPSK | POL | K3 | 5 | K 9 | 00:23:30 | 00:47:02.45 | 4:42 | 12.8 |
| 10 | PRZYDACZ KAMILA | 179 | | SŁUPSK | POL | K1 | 1 | K 10 | 00:23:39 | 00:47:08.80 | 4:42 | 12.7 |
| 11 | KUROWSKA OLGA | 192 | IUSTITIA POLSKA | SŁUPSK | POL | K4 | 2 | K 11 | 00:23:52 | 00:47:28.80 | 4:44 | 12.6 |
| 12 | ZDUNEK KATARZYNA | 393 | W.P.K SŁOŃ TEAM USTKA | SŁUPSK | POL | K4 | 3 | K 12 | 00:23:52 | 00:48:02.25 | 4:48 | 12.5 |
| 13 | RZEPECKA-GONTAR ANNA | 303 | | PRUSZKÓW | POL | K4 | 4 | K 13 | 00:23:55 | 00:48:02.30 | 4:48 | 12.5 |
| 14 | GAWEŁ IZA | 78 | ANANASY Z 3 FAL | SŁUPSK | POL | K3 | 6 | K 14 | 00:23:59 | 00:48:11.05 | 4:49 | 12.5 |
| 15 | SZYBUT WIOLETA | 345 | | SŁUPSK | POL | K4 | 5 | K 15 | 00:24:24 | 00:48:51.85 | 4:53 | 12.3 |
| 16 | GRABOWSKA KINGA | 91 | ANANASY Z 3 FAL | SŁUPSK | POL | K4 | 6 | K 16 | 00:24:30 | 00:49:03.35 | 4:54 | 12.2 |
| 17 | WOLSKA SYLWIA | 382 | | SŁUPSK | POL | K3 | 7 | K 17 | 00:24:58 | 00:49:05.45 | 4:54 | 12.2 |
| 18 | FLORKIEWICZ WIOLA | 73 | KOBIETA RAKIETA | SIEMIANICE | POL | K3 | 8 | K 18 | 00:25:01 | 00:49:25.35 | 4:56 | 12.1 |
| 19 | CELMER ILONA | 37 | | BOLSZEWO | POL | K3 | 9 | K 19 | 00:24:46 | 00:49:51.90 | 4:59 | 12 |
| 20 | CHABOWSKA AGNIESZKA | 39 | | SŁUPSK | POL | K4 | 7 | K 20 | 00:26:01 | 00:49:57.00 | 4:59 | 12 |
| 21 | WĘSIERSKA-MUŁY MARZENA | 365 | | KOBYLNICA | POL | K3 | 10 | K 21 | 00:24:49 | 00:50:14.35 | 5:01 | 11.9 |
| 22 | JAŚKIEWICZ DAGMARA | 117 | | SŁUPSK | POL | K3 | 11 | K 22 | 00:24:43 | 00:50:16.95 | 5:01 | 11.9 |
| 23 | MYSZKOWSKA ANNA | 330 | AKTYWNA FABRYKA | SŁUPSK | POL | K3 | 12 | K 23 | 00:25:06 | 00:50:18.00 | 5:01 | 11.9 |
| 24 | KURKUL ALICJA | 191 | | KOSZALIN | POL | K3 | 13 | K 24 | 00:24:38 | 00:50:24.65 | 5:02 | 11.9 |
| 25 | ZIELIŃSKA MARZENA | 395 | | SŁUPSK | POL | K5 | 1 | K 25 | 00:25:12 | 00:50:27.20 | 5:02 | 11.9 |
| 26 | KWIECIEN NATALIA | 201 | | SŁUPSK | POL | K2 | 4 | K 26 | 00:25:02 | 00:50:45.45 | 5:04 | 11.8 |
| 27 | KOŁODZIEJCZYK DANUTA | 148 | | BIESOWICE | POL | K60+ | 1 | K 27 | 00:25:27 | 00:51:16.85 | 5:07 | 11.7 |
| 28 | LISIECKA JULIA | 210 | | SŁUPSK | POL | K2 | 5 | K 28 | 00:25:19 | 00:51:21.55 | 5:08 | 11.7 |
| 29 | WILKOWSKA BARBARA | 373 | SZYBYCZYLCY | SŁUPSK | POL | K3 | 14 | K 29 | 00:25:56 | 00:51:25.00 | 5:08 | 11.7 |
| 30 | KAŁUŻA MARTA | 125 | NADMORSZY BIEGACZE KOŁOBRZEG | KOŁOBRZEG | POL | K4 | 8 | K 30 | 00:25:39 | 00:51:36.55 | 5:09 | 11.6 |
| 31 | SZEWczyk JULIA | 339 | FIT SAUSAGES | SŁUPSK | GBR | K2 | 6 | K 31 | 00:25:50 | 00:51:38.10 | 5:09 | 11.6 |
| 32 | LASZCZYK KASIA | 203 | AKTYWNA FABRYKA | SIEMIANICE | POL | K4 | 9 | K 32 | 00:26:06 | 00:51:52.80 | 5:11 | 11.6 |
| 33 | KWAPIS OLGA | 195 | TP SKALAR SŁUPSK | STRZELINO | POL | K3 | 15 | K 33 | 00:25:48 | 00:51:58.50 | 5:11 | 11.5 |
| 34 | ZIELIŃSKA DANUTA | 394 | USB USTKA | USTKA | POL | K4 | 10 | K 34 | 00:26:35 | 00:51:59.10 | 5:11 | 11.5 |
| 35 | BOSIACKA ANETA | 31 | | SŁUPSK | POL | K4 | 11 | K 35 | 00:25:49 | 00:51:59.80 | 5:11 | 11.5 |
| 36 | OLESIŃSKA PATRYCJA | 259 | | KOŁOBRZEG | POL | K3 | 16 | K 36 | 00:26:08 | 00:52:20.20 | 5:14 | 11.5 |
| 37 | MICHALIK ANGELIKA | 228 | | SŁUPSK | POL | K3 | 17 | K 37 | 00:26:22 | 00:52:53.60 | 5:17 | 11.3 |
| 38 | PAŁUCKA-STASZCZUK PATRYCJA | 265 | | GŁÓWCZYCE | POL | K3 | 18 | K 38 | 00:27:02 | 00:53:01.50 | 5:18 | 11.3 |
| 39 | FRUBA KARINA | 74 | STOPA SŁUPSK / KORONA SZCZECIN | REDZIKOWO | POL | K4 | 12 | K 39 | 00:25:58 | 00:53:02.90 | 5:18 | 11.3 |
| 40 | ZDUNEK JUSTYNA | 392 | ANANASY Z 3 FAL | OSIEKI SŁUPSKIE | POL | K3 | 19 | K 40 | 00:26:07 | 00:53:06.35 | 5:18 | 11.3 |
| 41 | PIOTROWSKA ANNA | 283 | | SŁUPSK | POL | K2 | 7 | K 41 | 00:26:31 | 00:53:16.80 | 5:19 | 11.3 |
| 42 | CHYLEWSKA WERONIKA | 49 | | SŁUPSK | POL | K3 | 20 | K 42 | 00:26:28 | 00:53:17.05 | 5:19 | 11.3 |
| 43 | BIELIŃSKA KATARZYNA | 20 | | SŁUPSK | POL | K3 | 21 | K 43 | 00:26:53 | 00:53:18.25 | 5:19 | 11.3 |
| 44 | BANACH MARTA | 9 | | SŁUPSK | POL | K3 | 22 | K 44 | 00:27:04 | 00:53:57.65 | 5:23 | 11.1 |
| 45 | JAŹDŻEWSKA ELŻBIETA | 118 | BEST BEASTS | SŁUPSK | POL | K3 | 23 | K 45 | 00:27:04 | 00:54:13.20 | 5:25 | 11.1 |
| 46 | CISZEWSKA ALEKSANDRA | 57 | | SŁUPSK | POL | K3 | 24 | K 46 | 00:26:15 | 00:54:15.85 | 5:25 | 11.1 |
| 47 | KOLUCH SYLWIA | 147 | | KOBYLNICA | POL | K4 | 13 | K 47 | 00:27:30 | 00:54:26.95 | 5:26 | 11 |
| 48 | ŻULIŃSKA MONIKA | 399 | | SŁUPSK | POL | K4 | 14 | K 48 | 00:26:07 | 00:54:27.00 | 5:26 | 11 |
| 49 | KUBICA AGNIESZKA | 181 | | SŁUPSK | POL | K3 | 25 | K 49 | 00:26:29 | 00:54:31.75 | 5:27 | 11 |
| 50 | GIERESZ AGNIESZKA | 84 | | BUKOWA | POL | K4 | 15 | K 50 | 00:27:21 | 00:54:38.50 | 5:27 | 11 |
| 51 | ZABOROWSKA KINGA | 389 | | KRĘPA SŁUPSKA | POL | K4 | 15 | K 50 | 00:26:36 | 00:54:38.50 | 5:27 | 11 |
| 52 | LISIECKA KAROLINA | 209 | 73BLP | SŁUPSK | POL | K4 | 17 | K 52 | 00:27:09 | 00:54:48.25 | 5:28 | 10.9 |
| 53 | FURSEWICZ EWA | 76 | | KOBYLNICA | POL | K4 | 18 | K 53 | 00:26:59 | 00:54:50.05 | 5:29 | 10.9 |
| 54 | SAWYER MARTYNA | 308 | AKTYWNA FABRYKA | DĘBNICA KASZUBSKA | POL | K4 | 19 | K 54 | 00:26:39 | 00:54:57.85 | 5:29 | 10.9 |
| 55 | SMUTEK DOMINIKA | 319 | | BOLESŁAWICE | POL | K3 | 26 | K 55 | 00:27:38 | 00:55:13.80 | 5:31 | 10.9 |
| 56 | SAGAŁA PATRYCJA | 304 | | SŁUPSK | POL | K4 | 20 | K 56 | 00:27:26 | 00:55:15.50 | 5:31 | 10.9 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, OPEN -K c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|------------------------------|-----|--|---------------|------|------|--------|-------|----------|-------------|--------|------|
| 57 | TEŚNA MAGDALENA | 349 | | SIEMIANICE | POL | K4 | 21 | K 57 | 00:27:35 | 00:55:20.70 | 5:32 | 10.8 |
| 58 | KOSICKA IWONA | 153 | STOPA SŁUPSK | SŁUPSK | POL | K4 | 22 | K 58 | 00:28:30 | 00:55:44.05 | 5:34 | 10.8 |
| 59 | PRZYCHODA ANNA | 290 | | SIEMIANICE | POL | K3 | 27 | K 59 | 00:28:19 | 00:55:52.60 | 5:35 | 10.7 |
| 60 | WILKOWSKA MARTA | 374 | | SŁUPSK | POL | K4 | 23 | K 60 | 00:27:54 | 00:56:02.40 | 5:36 | 10.7 |
| 61 | NAZARKO MAŁGORZATA | 245 | | SŁUPSK | POL | K4 | 24 | K 61 | 00:27:53 | 00:56:04.15 | 5:36 | 10.7 |
| 62 | WIESIOŁEK URSZULA | 370 | | SŁUPSK | POL | K3 | 28 | K 62 | 00:27:43 | 00:56:04.80 | 5:36 | 10.7 |
| 63 | KALETA NIKOŁA | 123 | | KOSZALIN | POL | K2 | 8 | K 63 | 00:28:31 | 00:56:24.90 | 5:38 | 10.6 |
| 64 | SZAREK MARTA | 333 | FIT SAUSAGES | SŁUPSK | POL | K4 | 25 | K 64 | 00:27:35 | 00:56:34.65 | 5:39 | 10.6 |
| 65 | TUROWSKA AGATA | 356 | | SŁUPSK | POL | K2 | 9 | K 65 | 00:27:50 | 00:56:36.10 | 5:39 | 10.6 |
| 66 | PATYNA MARTA | 266 | | SŁUPSK | POL | K4 | 26 | K 66 | 00:29:02 | 00:56:51.35 | 5:41 | 10.6 |
| 67 | KRASUCKA-GIERSZ IZABELA | 172 | | SŁUPSK | POL | K3 | 29 | K 67 | 00:28:11 | 00:57:03.40 | 5:42 | 10.5 |
| 68 | MUCHOCKA PAULINA | 375 | GRAND LUBICZ 5* UZDROWISKO USTKA | SŁUPSK | POL | K4 | 27 | K 68 | 00:28:16 | 00:57:14.80 | 5:43 | 10.5 |
| 69 | BARAŃSKA KAMILA | 11 | | OBJAZDA | POL | K4 | 28 | K 69 | 00:28:09 | 00:57:29.00 | 5:44 | 10.4 |
| 70 | KEPKA KAROLINA | 140 | STOPA SŁUPSK | SŁUPSK | POL | K4 | 29 | K 70 | 00:29:25 | 00:57:30.45 | 5:45 | 10.4 |
| 71 | BLUMA MARTA | 24 | KRZYSIO TEAM | SŁUPSK | POL | K4 | 30 | K 71 | 00:28:02 | 00:57:31.35 | 5:45 | 10.4 |
| 72 | JAKRZEWSKA BEATA | 111 | #SIŁADLAPOLI | SŁUPSK | POL | K3 | 30 | K 72 | 00:28:49 | 00:57:31.80 | 5:45 | 10.4 |
| 73 | KLEJDYSZ BEATA | 142 | | SŁUPSK | POL | K5 | 2 | K 73 | 00:28:08 | 00:57:34.90 | 5:45 | 10.4 |
| 74 | NITA JOANNA | 246 | NITA TEAM | MIASTKO | POL | K3 | 31 | K 74 | 00:29:11 | 00:57:38.75 | 5:45 | 10.4 |
| 75 | ZARZYCKA IZABELA | 391 | W.P.K.SŁOŃ TEAM USTKA | USTKA | POL | K4 | 31 | K 75 | 00:28:40 | 00:57:45.65 | 5:46 | 10.4 |
| 76 | RUBAJ- KRILIKOWSKA MONILA | 300 | | SŁUPSK | POL | K5 | 3 | K 76 | 00:28:46 | 00:57:58.80 | 5:47 | 10.4 |
| 77 | JABŁOŃSKA ALEKSANDRA | 110 | | SZCZECIN | POL | K3 | 32 | K 77 | 00:28:14 | 00:57:59.90 | 5:47 | 10.3 |
| 78 | MOLIS JOANNA | 234 | | BIERKOWO | POL | K4 | 32 | K 78 | 00:29:43 | 00:58:33.75 | 5:51 | 10.2 |
| 79 | AWTUCH KAMILA | 406 | | SZCZECINEK | POL | K2 | 10 | K 79 | 00:29:05 | 00:58:41.90 | 5:52 | 10.2 |
| 80 | IWANOWSKA-KRÓLIK JOWITA | 106 | KRÓLICZENKO | SŁUPSK | POL | K3 | 33 | K 80 | 00:29:19 | 00:59:03.80 | 5:54 | 10.2 |
| 81 | LEŃSKA AGNIESZKA | 204 | | SŁUPSK | POL | K4 | 33 | K 81 | 00:29:42 | 00:59:04.55 | 5:54 | 10.2 |
| 82 | ANTONIAK MONIKA | 4 | | SŁUPSK | POL | K3 | 34 | K 82 | 00:29:24 | 00:59:33.40 | 5:57 | 10.1 |
| 83 | WŁAŚNIAK MONIKA | 380 | | LUBUCZEWO | POL | K3 | 35 | K 83 | 00:30:05 | 01:00:14.75 | 6:01 | 10 |
| 84 | GAŚECKA-SZEWCUK ALEKSANDRA | 82 | | SŁUPSK | POL | K3 | 36 | K 84 | 00:32:07 | 01:00:32.15 | 6:03 | 9.9 |
| 85 | MOTOWIDŁO-ZAWADZKA IZABELLA | 236 | | SŁUPSK | POL | K4 | 34 | K 85 | 00:30:01 | 01:01:14.35 | 6:07 | 9.8 |
| 86 | STAHL ANNA | 322 | WYŻSZA SZKOŁA POLICJI W ORANIENBURGU | ORANIENBURG | GER | K4 | 35 | K 86 | 00:27:57 | 01:01:18.00 | 6:07 | 9.8 |
| 87 | BORODZIUK ANETA | 29 | | SŁUPSK | POL | K4 | 36 | K 87 | 00:30:35 | 01:01:20.85 | 6:08 | 9.8 |
| 88 | WIŚNIEWSKA DOROTA | 376 | | KOBYLNICIA | POL | K4 | 37 | K 88 | 00:30:24 | 01:01:21.65 | 6:08 | 9.8 |
| 89 | LEŃSKA ZUZANNA | 205 | | SŁUPSK | POL | K2 | 11 | K 89 | 00:29:43 | 01:01:21.85 | 6:08 | 9.8 |
| 90 | KOWAL MARIA | 161 | | SŁUPSK | POL | K4 | 38 | K 90 | 00:30:25 | 01:01:22.00 | 6:08 | 9.8 |
| 91 | LIPCZYŃSKA JOANNA | 208 | | ŻELKOWO | POL | K5 | 4 | K 91 | 00:30:26 | 01:02:18.40 | 6:13 | 9.6 |
| 92 | PRZYGÓCKA AGNIESZKA | 291 | LION STRONG TEAM | SIEMIANICE | POL | K3 | 37 | K 92 | 00:30:22 | 01:02:27.90 | 6:14 | 9.6 |
| 93 | GRODZKA KINGA | 93 | | SŁUPSK | POL | K4 | 39 | K 93 | 00:30:47 | 01:02:39.85 | 6:15 | 9.6 |
| 94 | LIS-WRÓBLEWSKA IWONA | 211 | KUŹNIA SPORTU SŁUPSK | SŁUPSK | POL | K4 | 40 | K 94 | 00:29:58 | 01:02:57.45 | 6:17 | 9.5 |
| 95 | SZÓSTAKIEWICZ-LITYCH ANETA | 343 | | POTĘGOWO | POL | K5 | 5 | K 95 | 00:30:29 | 01:03:43.70 | 6:22 | 9.4 |
| 96 | SAWICKA MILENA | 307 | | SŁUPSK | POL | K3 | 38 | K 96 | 00:31:46 | 01:03:48.30 | 6:22 | 9.4 |
| 97 | SIEWIERSKA EMILIA | 310 | | SŁUPSK | POL | K3 | 39 | K 97 | 00:31:47 | 01:03:48.75 | 6:22 | 9.4 |
| 98 | ZABORSKA MAGDALENA | 390 | | KOBYLNICIA | POL | K3 | 40 | K 98 | 00:30:25 | 01:03:55.60 | 6:23 | 9.4 |
| 99 | MURAWSKA KATARZYNA | 239 | | SŁUPSK | POL | K4 | 41 | K 99 | 00:31:06 | 01:04:16.50 | 6:25 | 9.3 |
| 100 | PIETRZAK KATARZYNA | 271 | | SŁUPSK | POL | K3 | 41 | K 100 | 00:31:43 | 01:04:17.35 | 6:25 | 9.3 |
| 101 | SITKIEWICZ AGNIESZKA | 311 | #SIŁADLAPOLI | SŁUPSK | POL | K4 | 42 | K 101 | 00:31:14 | 01:04:21.10 | 6:26 | 9.3 |
| 102 | PIETRZYCKA ANDRONIKA | 272 | | SŁUPSK | POL | K2 | 12 | K 102 | 00:30:37 | 01:05:00.55 | 6:30 | 9.2 |
| 103 | KUCHARSKA NATALIA | 182 | | KOBYLNICIA | POL | K1 | 2 | K 103 | 00:34:02 | 01:05:03.95 | 6:30 | 9.2 |
| 104 | GRAJCAK-MIKŁASZEWICZ DAGMARA | 92 | PARAFIA EWANGELICKO-AUGSBURSKA W SŁUPSKU | SŁUPSK | POL | K4 | 43 | K 104 | 00:31:35 | 01:05:31.65 | 6:33 | 9.2 |
| 105 | HALIUS MARIANA | 100 | NIE DOTYCZY | SŁUPSK | POL | K3 | 42 | K 105 | 00:32:30 | 01:05:41.60 | 6:34 | 9.1 |
| 106 | MARCZAK MAŁGORZATA | 222 | AKTYWNI ŻELKOWO | ŻELKOWO | POL | K60+ | 2 | K 106 | 00:31:15 | 01:05:54.95 | 6:35 | 9.1 |
| 107 | SKORUPSKA ANNA | 314 | STOPA SŁUPSK | BOLESŁAWICE | POL | K4 | 44 | K 107 | 00:32:43 | 01:06:15.35 | 6:37 | 9.1 |
| 108 | WACHHOLZ BEATA | 359 | | SŁAWNO | POL | K5 | 6 | K 108 | 00:33:12 | 01:08:07.85 | 6:48 | 8.8 |
| 109 | KAMIŃSKA DOMINIKA | 129 | | KRĘPA SŁUPSKA | POL | K2 | 13 | K 109 | 00:32:51 | 01:08:39.10 | 6:51 | 8.7 |
| 110 | CHOLEWIŃSKA LAURA | 44 | BBL SŁUPSK | SŁUPSK | POL | K1 | 3 | K 110 | 00:33:00 | 01:09:36.25 | 6:57 | 8.6 |
| 111 | PODLECKA AGNIESZKA | 285 | | SŁUPSK | POL | K4 | 45 | K 111 | 00:33:42 | 01:11:36.35 | 7:09 | 8.4 |
| 112 | BELASIK ALENA | 16 | S | SŁUPSK | POL | K2 | 14 | K 112 | 00:35:14 | 01:12:02.85 | 7:12 | 8.3 |
| 113 | WIĘCŁAW KINGA | 371 | | SŁUPSK | POL | K3 | 43 | K 113 | 00:38:33 | 01:15:51.55 | 7:35 | 7.9 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, OPEN -K c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|------------------|-----|---------------|-----------|------|------|--------|-------|----------|-------------|--------|------|
| 114 | LUBIŃSKA LILIANA | 212 | | SŁUPSK | POL | K5 | 7 | K 114 | 00:36:47 | 01:17:58.35 | 7:47 | 7.7 |
| 115 | BIELECKA DARIA | 18 | | SŁUPSK | POL | K3 | 44 | K 115 | 00:46:12 | 01:38:19.65 | 9:49 | 6.1 |
| 116 | KUPIS RENATA | 187 | | SŁUPSK | POL | K5 | 8 | K 116 | 00:38:09 | | 7:37 | 7.9 |
| 117 | WRÓBEL MARTYNA | 340 | CHATA MACOCHY | SŁUPSK | POL | K1 | 4 | K 117 | | | | |
| 118 | SZEWCZUK ZUZANNA | 337 | | SŁUPSK | POL | K1 | 5 | K 118 | | | | |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, OPEN -M

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|-----------------------|-----|----------------------------------|----------------------|------|------|--------|------|----------|-------------|--------|------|
| 1 | PYTLAK MICHAŁ | 293 | AML SŁUPSK | SIEMIANICE | POL | M3 | 1 | M 1 | 00:16:04 | 00:32:33.90 | 3:15 | 18.4 |
| 2 | GARSKI DAWID | 409 | AML SŁUPSK | SŁUPSK | POL | M2 | 1 | M 2 | 00:16:13 | 00:32:46.45 | 3:16 | 18.3 |
| 3 | CZERNIEWSKI MARCIN | 60 | AML SŁUPSK | SŁUPSK | POL | M3 | 2 | M 3 | 00:16:31 | 00:33:44.35 | 3:22 | 17.8 |
| 4 | BURZYŃSKI ALEKSANDER | 35 | STOPA SŁUPSK | BOLESŁAWICE | POL | M4 | 1 | M 4 | 00:17:22 | 00:35:02.35 | 3:30 | 17.1 |
| 5 | BARAN RADOSŁAW | 10 | | DAMNICA | POL | M2 | 2 | M 5 | 00:18:13 | 00:37:12.45 | 3:43 | 16.1 |
| 6 | KAMIENIECKI RAFAŁ | 127 | TUPOT USTKA | USTKA | POL | M4 | 2 | M 6 | 00:18:35 | 00:37:47.65 | 3:46 | 15.9 |
| 7 | WILMONT KRZYSZTOF | 381 | GRAND LUBICZ 5* UZDROWISKO USTKA | SŁUPSK | POL | M3 | 3 | M 7 | 00:19:02 | 00:38:08.15 | 3:48 | 15.7 |
| 8 | CERAPIŃSKI MACIEK | 38 | SŁUPSK | SŁUPSK | POL | M4 | 3 | M 8 | 00:19:14 | 00:38:28.85 | 3:50 | 15.6 |
| 9 | GOSTKOWSKI ŁUKASZ | 89 | KB GOCH BYTÓW | BYTÓW | POL | M3 | 4 | M 9 | 00:18:57 | 00:38:54.70 | 3:53 | 15.4 |
| 10 | MAZUREK MARCIN | 227 | XXX | BARCINO | POL | M4 | 4 | M 10 | 00:19:31 | 00:39:03.05 | 3:54 | 15.4 |
| 11 | BULCZAK RAFAŁ | 33 | 7BOW | SŁUPSK | POL | M4 | 5 | M 11 | 00:19:21 | 00:39:11.30 | 3:55 | 15.3 |
| 12 | CASTRO ROI | 36 | NSF REDZIKOWO (MWR) | REDZIKOWO | USA | M3 | 5 | M 12 | 00:19:20 | 00:39:14.00 | 3:55 | 15.3 |
| 13 | KULCZYK JERZY | 186 | | BIAŁOGARD | POL | M60+ | 1 | M 13 | 00:19:40 | 00:39:34.50 | 3:57 | 15.2 |
| 14 | KRAWIEC KAMIL | 176 | | SŁUPSK | POL | M3 | 6 | M 14 | 00:19:51 | 00:39:34.90 | 3:57 | 15.2 |
| 15 | SMOŁUCH MARCIN | 404 | | MASŁOWICE | POL | M3 | 7 | M 15 | 00:20:21 | 00:39:45.40 | 3:58 | 15.1 |
| 16 | MOTACKI ROBERT | 235 | | SŁUPSK | POL | M3 | 8 | M 16 | 00:20:02 | 00:39:47.00 | 3:58 | 15.1 |
| 17 | SKĘPIEC ADAM | 312 | | SŁUPSK | POL | M4 | 6 | M 17 | 00:19:54 | 00:39:47.95 | 3:58 | 15.1 |
| 18 | PICK TOMASZ | 268 | KORONA / BIEGOLAS KOSZALIN | KOSZALIN | POL | M5 | 1 | M 18 | 00:20:04 | 00:39:51.95 | 3:59 | 15.1 |
| 19 | PILCZYŃSKI PAWEŁ | 277 | TOCZAĆ SIĘ PIŁKA | WIDZINO | POL | M3 | 9 | M 19 | 00:20:08 | 00:39:54.35 | 3:59 | 15 |
| 20 | KALETA SEBASTIAN | 122 | | KOSZALIN | POL | M4 | 7 | M 20 | 00:20:13 | 00:40:10.65 | 4:01 | 14.9 |
| 21 | STANIOCH KRZYSZTOF | 324 | | USTKA | POL | M3 | 10 | M 21 | 00:19:36 | 00:40:11.45 | 4:01 | 14.9 |
| 22 | BŁENCKI PIOTR | 25 | AKTYWNA FABRYKA | SŁUPSK | POL | M4 | 8 | M 22 | 00:20:05 | 00:40:15.25 | 4:01 | 14.9 |
| 23 | WIŚNIEWSKI KACPER | 377 | PAWKO RUNNER TEAM | SŁUPSK | POL | M2 | 3 | M 23 | 00:19:10 | 00:40:16.30 | 4:01 | 14.9 |
| 24 | KOWALSKI DAMIAN | 403 | | STARY KRAKÓW | POL | M3 | 11 | M 24 | 00:20:22 | 00:40:17.60 | 4:01 | 14.9 |
| 25 | CIESIULSKI MAREK | 53 | TEAM ZWAE KĘBŁOWO | KĘBŁOWO NOWOWIEJSKIE | POL | M3 | 12 | M 25 | 00:20:33 | 00:40:23.90 | 4:02 | 14.9 |
| 26 | CZYŻYKOWSKI MATEUSZ | 64 | | SŁUPSK | POL | M3 | 13 | M 26 | 00:20:05 | 00:40:36.55 | 4:03 | 14.8 |
| 27 | CHOLEWIŃSKI ARTUR | 43 | AML SŁUPSK | SŁUPSK | POL | M3 | 14 | M 27 | 00:20:01 | 00:40:44.45 | 4:04 | 14.7 |
| 28 | KURKUL JANEK | 189 | KB BRYZA POSTOMINO | PAŁÓWKO | POL | M2 | 4 | M 28 | 00:20:19 | 00:40:56.45 | 4:05 | 14.7 |
| 29 | KALISZ WOJTEK | 124 | | KOBYLNICZA | POL | M2 | 5 | M 29 | 00:20:14 | 00:40:57.65 | 4:05 | 14.7 |
| 30 | GAJEWSKI ANDRZEJ | 77 | STOPA SŁUPSK | DAMNICA | POL | M4 | 9 | M 30 | 00:20:24 | 00:41:04.90 | 4:06 | 14.6 |
| 31 | MARCZUK MAKSYMILIAN | 223 | | BARWINO | POL | M2 | 6 | M 31 | 00:20:45 | 00:41:14.20 | 4:07 | 14.6 |
| 32 | BRZEZIŃSKI PAWEŁ | 32 | | SŁUPSK | POL | M3 | 15 | M 32 | 00:19:56 | 00:41:16.20 | 4:07 | 14.5 |
| 33 | KARCZEWSKI DAMIAN | 133 | TEAM ZWAE KĘBŁOWO | KĘBŁOWO NOWOWIEJSKIE | POL | M3 | 16 | M 33 | 00:20:35 | 00:41:17.70 | 4:07 | 14.5 |
| 34 | ŻYLICZ PAWEŁ | 400 | STOPA SŁUPSK | SŁUPSK | POL | M3 | 17 | M 34 | 00:20:42 | 00:41:30.40 | 4:09 | 14.5 |
| 35 | DYŚKO WOJCIECH | 71 | | SŁUPSK | POL | M4 | 10 | M 35 | 00:20:32 | 00:41:39.05 | 4:09 | 14.4 |
| 36 | CHMIELEWSKI FILIP | 41 | SAMOLEJ | SŁUPSK | POL | M1 | 1 | M 36 | 00:22:55 | 00:42:03.00 | 4:12 | 14.3 |
| 37 | NAGÓREK KAMIL | 243 | STOPA SŁUPSK | SŁUPSK | POL | M4 | 11 | M 37 | 00:21:20 | 00:42:09.75 | 4:12 | 14.2 |
| 38 | CZARNOWSKI ŁUKASZ | 367 | TRIPAKA PRZECHLEWO | SŁUPSK | POL | M3 | 18 | M 38 | 00:21:26 | 00:42:16.20 | 4:13 | 14.2 |
| 39 | ANTOSIAK GRZEGORZ | 5 | | SŁUPSK | POL | M3 | 19 | M 39 | 00:21:16 | 00:42:19.45 | 4:13 | 14.2 |
| 40 | CZYŻYKOWSKI KRZYSZTOF | 63 | | SŁUPSK | POL | M4 | 12 | M 40 | 00:20:37 | 00:42:22.20 | 4:14 | 14.2 |
| 41 | WIERZEJSKI SŁAWOMIR | 368 | K.B.GOCH BYTÓW | BYTÓW | POL | M5 | 2 | M 41 | 00:20:56 | 00:42:23.25 | 4:14 | 14.2 |
| 42 | CIESIULSKI PRZEMEK | 54 | TEAM ZWAE | WARCIMINO | POL | M3 | 20 | M 42 | 00:21:22 | 00:42:24.00 | 4:14 | 14.2 |
| 43 | SERAFIN MICHAŁ | 309 | | BOLESŁAWICE | POL | M3 | 21 | M 43 | 00:20:54 | 00:42:27.35 | 4:14 | 14.1 |
| 44 | WILCZEWSKI MARIUSZ | 372 | SPOKO SŁAWNO | SŁAWSKO | POL | M3 | 22 | M 44 | 00:21:10 | 00:42:29.25 | 4:14 | 14.1 |
| 45 | PIELACH MAREK | 270 | | BIERKOWO | POL | M3 | 23 | M 45 | 00:21:29 | 00:42:30.60 | 4:15 | 14.1 |
| 46 | DOLEPA MAREK | 68 | | SŁUPSK | POL | M3 | 24 | M 46 | 00:20:54 | 00:42:33.25 | 4:15 | 14.1 |
| 47 | PIOTRKOWSKI TOMASZ | 401 | STOPA SŁUPSK | SŁUPSK | POL | M4 | 13 | M 47 | 00:21:34 | 00:42:43.30 | 4:16 | 14 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, OPEN -M c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|------------------------------|-----|------------------------------|------------|------|------|--------|-------|----------|-------------|--------|------|
| 48 | NAGÓREK KRZYSZTOF | 242 | TUPOT USTKA | SŁUPSK | POL | M60+ | 2 | M 48 | 00:21:22 | 00:43:05.90 | 4:18 | 13.9 |
| 49 | KURKUL KAROL | 190 | PAŁOWKO | PAŁOWKO | POL | M3 | 25 | M 49 | 00:21:39 | 00:43:15.55 | 4:19 | 13.9 |
| 50 | ANDRYSKOWSKI ZDZISŁAW | 3 | KOLARZ-POL | ŁĘBORK | POL | M5 | 3 | M 50 | 00:21:22 | 00:43:16.70 | 4:19 | 13.9 |
| 51 | ŁAKOMSKI WOJCIECH | 407 | PRO DYSTANS SŁUPSK | STRZELINKO | POL | M3 | 26 | M 51 | 00:21:48 | 00:43:18.45 | 4:19 | 13.9 |
| 52 | CIOSEK ŁUKASZ | 56 | | USTKA | POL | M2 | 7 | M 52 | 00:21:42 | 00:43:19.90 | 4:19 | 13.9 |
| 53 | SALAMONIK PIOTR | 305 | | SŁUPSK | POL | M5 | 4 | M 53 | 00:21:39 | 00:43:21.45 | 4:20 | 13.8 |
| 54 | BIERZANOWSKI RAFAŁ | 21 | | SŁUPSK | POL | M4 | 14 | M 54 | 00:21:52 | 00:43:37.30 | 4:21 | 13.8 |
| 55 | KARPOWICZ TOMEK | 138 | | SŁUPSK | POL | M3 | 27 | M 55 | 00:22:07 | 00:43:39.80 | 4:21 | 13.7 |
| 56 | KLINKUSZ ADRIAN | 143 | | SŁUPSK | POL | M4 | 15 | M 56 | 00:21:53 | 00:43:49.75 | 4:22 | 13.7 |
| 57 | KOWALCZYK MARCIN | 164 | SKSK PIEKŁO PÓLNOCY | SŁUPSK | POL | M4 | 16 | M 57 | 00:21:48 | 00:43:51.00 | 4:23 | 13.7 |
| 58 | DYBEK DAMIAN | 70 | | SŁUPSK | POL | M3 | 28 | M 58 | 00:21:00 | 00:44:02.10 | 4:24 | 13.6 |
| 59 | SKOMOROWSKI MICHAŁ | 313 | MOWI RUNNING TEAM | USTKA | POL | M3 | 29 | M 59 | 00:22:01 | 00:44:03.05 | 4:24 | 13.6 |
| 60 | WĄCHNICKI MARCIN | 103 | | SŁUPSK | POL | M4 | 17 | M 60 | 00:21:39 | 00:44:13.50 | 4:25 | 13.6 |
| 61 | KIEŁCZYŃSKI DAWID | 141 | TEAM DAVE BUKÓWKA | BUKÓWKA | POL | M3 | 30 | M 61 | 00:22:19 | 00:44:17.15 | 4:25 | 13.5 |
| 62 | WIESIOŁEK MARCIN | 369 | | SŁUPSK | POL | M3 | 31 | M 62 | 00:21:51 | 00:44:27.50 | 4:26 | 13.5 |
| 63 | UPTASS MACIEJ | 357 | | WROCLAW | POL | M3 | 32 | M 63 | 00:21:54 | 00:44:30.90 | 4:27 | 13.5 |
| 64 | PIŁAT PAWEŁ | 276 | BEST BEASTS | WŁYŃKOWO | POL | M4 | 18 | M 64 | 00:21:49 | 00:44:35.45 | 4:27 | 13.5 |
| 65 | SADOWSKI PAWEŁ | 113 | STOPA SŁUPSK | SŁUPSK | POL | M4 | 19 | M 65 | 00:22:44 | 00:44:41.90 | 4:28 | 13.4 |
| 66 | KWIETNIEWSKI DANIEL | 202 | | KOSZALIN | POL | M4 | 20 | M 66 | 00:22:19 | 00:44:50.30 | 4:29 | 13.4 |
| 67 | WIŚNIEWSKI PATRYK | 378 | RYBICKI TRIATHLON COACH | SŁUPSK | POL | M3 | 33 | M 67 | 00:22:21 | 00:44:51.20 | 4:29 | 13.4 |
| 68 | WENCLAWSKI MICHAŁ | 363 | ANANASY Z 3 FAL | SŁUPSK | POL | M3 | 34 | M 68 | 00:22:04 | 00:44:53.30 | 4:29 | 13.4 |
| 69 | CHMIELEWSKI JACEK | 40 | SAMOLEJ | TORUŃ | POL | M2 | 8 | M 69 | 00:13:06 | 00:44:59.00 | 4:29 | 13.3 |
| 70 | MAJKOWSKI KRZYSZTOF | 220 | KALIOP POLAND | SŁUPSK | POL | M3 | 35 | M 70 | 00:22:54 | 00:45:01.10 | 4:30 | 13.3 |
| 71 | MIECHÓWKA MICHAŁ | 229 | | SŁUPSK | POL | M4 | 21 | M 71 | 00:22:12 | 00:45:02.15 | 4:30 | 13.3 |
| 72 | STEC JAKUB | 379 | BEST BEASTS | SŁUPSK | POL | M4 | 22 | M 72 | 00:22:35 | 00:45:02.50 | 4:30 | 13.3 |
| 73 | SKORUPSKI ROBERT | 315 | STOPA SŁUPSK | SŁUPSK | POL | M4 | 23 | M 73 | 00:22:44 | 00:45:05.25 | 4:30 | 13.3 |
| 74 | KRAWCZYK MICHAŁ | 174 | | SIEMIANICE | POL | M3 | 36 | M 74 | 00:22:29 | 00:45:05.55 | 4:30 | 13.3 |
| 75 | KUROWSKI MARCIN | 193 | | SŁUPSK | POL | M5 | 5 | M 75 | 00:22:43 | 00:45:17.30 | 4:31 | 13.2 |
| 76 | LESZCZEŁOWSKI PIOTR GRZEGORZ | 206 | NOWA MARCHIA | ZŁOCIENIEC | POL | M5 | 6 | M 76 | 00:22:41 | 00:45:23.35 | 4:32 | 13.2 |
| 77 | STĘPNIEWSKI MARCIN | 329 | ULTRAS GRYP SŁUPSK | SIEMIANICE | POL | M5 | 7 | M 77 | 00:22:33 | 00:45:24.95 | 4:32 | 13.2 |
| 78 | PIETRZYK PAWEŁ | 275 | | SŁUPSK | POL | M4 | 24 | M 78 | 00:22:46 | 00:45:25.35 | 4:32 | 13.2 |
| 79 | KĄZMIERCZAK BARTOSZ | 139 | | SŁUPSK | POL | M3 | 37 | M 79 | 00:22:44 | 00:45:32.55 | 4:33 | 13.2 |
| 80 | SMOLIŃSKI KRZYSZTOF | 318 | | GŁOBINO | POL | M4 | 25 | M 80 | 00:22:49 | 00:45:32.90 | 4:33 | 13.2 |
| 81 | OBERT PAWEŁ | 253 | STOPA SŁUPSK | DAMNICA | POL | M4 | 26 | M 81 | 00:22:33 | 00:45:37.00 | 4:33 | 13.2 |
| 82 | KOS KRZYSIEK | 152 | WYBIEGANI KRZYCHU | POTEGOWO | POL | M4 | 27 | M 82 | 00:22:44 | 00:45:41.25 | 4:34 | 13.1 |
| 83 | KALUŻNY MARIUSZ | 126 | NADMORSKY BIEGACZE KOŁOBRZEG | KOŁOBRZEG | POL | M4 | 28 | M 83 | 00:23:18 | 00:45:43.50 | 4:34 | 13.1 |
| 84 | SZCZEPANIK KONRAD | 334 | | MALECHÓWKO | POL | M3 | 38 | M 84 | 00:23:01 | 00:45:53.10 | 4:35 | 13.1 |
| 85 | PAĞOWSKI ŁUKASZ | 267 | | BARCINO | POL | M3 | 39 | M 85 | 00:23:16 | 00:45:58.20 | 4:35 | 13.1 |
| 86 | CHUDY HENRYK | 47 | K SOLSZEWSKI I SYNOWIE | SŁAWSKO | POL | M60+ | 3 | M 86 | 00:22:25 | 00:46:04.05 | 4:36 | 13 |
| 87 | OLESEK JERZY | 261 | SZKOŁA PODOFICERSKA MW | GRABNO | POL | M5 | 8 | M 87 | 00:22:59 | 00:46:24.80 | 4:38 | 12.9 |
| 88 | MIELCZAREK ANDRZEJ | 405 | WODOCIĄGI SŁUPSK | SŁUPSK | POL | M4 | 29 | M 88 | 00:23:16 | 00:46:36.70 | 4:39 | 12.9 |
| 89 | PIEKARSKI TOMASZ | 269 | | SŁUPSK | POL | M3 | 40 | M 89 | 00:23:11 | 00:46:42.70 | 4:40 | 12.8 |
| 90 | SZPITER TOMASZ | 344 | OLAWS ZŁOTORYJA | ZŁOTORYJA | POL | M5 | 9 | M 90 | 00:23:12 | 00:46:43.95 | 4:40 | 12.8 |
| 91 | KOWALCZUK JAKUB | 162 | | NIEMICA | POL | M4 | 30 | M 91 | 00:23:29 | 00:46:47.60 | 4:40 | 12.8 |
| 92 | SZCZUPAKOWSKI ARKADIUSZ | 335 | | SŁUPSK | POL | M3 | 41 | M 92 | 00:23:22 | 00:46:51.05 | 4:41 | 12.8 |
| 93 | SZMAJDA RYSZARD | 112 | | SŁUPSK | POL | M5 | 10 | M 93 | 00:23:02 | 00:46:59.90 | 4:41 | 12.8 |
| 94 | KRAMEK JANUSZ | 171 | | SIEMIANICE | POL | M60+ | 4 | M 94 | 00:22:52 | 00:47:00.05 | 4:42 | 12.8 |
| 95 | BALEWSKI DAMIAN | 8 | 7BOW | SŁUPSK | POL | M2 | 9 | M 95 | 00:23:17 | 00:47:12.35 | 4:43 | 12.7 |
| 96 | KWIATEK WIKTOR | 200 | | SIEMIANICE | POL | M2 | 10 | M 96 | 00:22:48 | 00:47:16.30 | 4:43 | 12.7 |
| 97 | KOZIOŁ ADRIAN | 168 | | KWAKOWO | POL | M2 | 11 | M 97 | 00:23:09 | 00:47:19.60 | 4:43 | 12.7 |
| 98 | KOSICKI RAFAL | 154 | DYNIA | KOBYLNICIA | POL | M5 | 11 | M 98 | 00:23:24 | 00:47:21.25 | 4:44 | 12.7 |
| 99 | STAWICKI MAREK | 328 | OSP SMOŁDZINO | SMOŁDZINO | POL | M5 | 12 | M 99 | 00:23:21 | 00:47:22.00 | 4:44 | 12.7 |
| 100 | GAWRYS MATEUSZ | 81 | | GDAŃSK | POL | M3 | 42 | M 100 | 00:23:19 | 00:47:22.55 | 4:44 | 12.7 |
| 101 | ROLBIECKI ŁUKASZ | 297 | | KOBYLNICIA | POL | M4 | 31 | M 101 | 00:24:24 | 00:47:32.10 | 4:45 | 12.6 |
| 102 | KAMIŃSKI KACPER | 131 | SMIECHUTEAM | SŁUPSK | POL | M3 | 43 | M 102 | 00:24:06 | 00:47:34.20 | 4:45 | 12.6 |
| 103 | MINKO TOMASZ | 232 | | SŁUPSK | POL | M3 | 44 | M 103 | 00:24:10 | 00:47:47.00 | 4:46 | 12.6 |
| 104 | TOMCZAK DOMINIK | 350 | W.P.K SŁOŃ TEAM | SŁUPSK | POL | M5 | 13 | M 104 | 00:23:28 | 00:47:50.90 | 4:47 | 12.5 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, OPEN -M c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|-------------------------|-----|---|-------------------|------|------|--------|-------|----------|-------------|--------|------|
| 105 | TREDER MARIAN | 352 | | ŁOSINO | POL | M5 | 14 | M 105 | 00:24:03 | 00:47:52.85 | 4:47 | 12.5 |
| 106 | SŁOMKA ŁUKASZ | 317 | APATOR TELEMETRIA AKTYWNI | USTKA | POL | M3 | 45 | M 106 | 00:24:24 | 00:47:54.50 | 4:47 | 12.5 |
| 107 | STASZZUK ANDRZEJ | 327 | | SŁUPSK | POL | M3 | 46 | M 107 | 00:23:19 | 00:47:57.00 | 4:47 | 12.5 |
| 108 | GŁASZCZ MARIUSZ | 86 | WWW.ART-DONICE.PL | KOBYLNICIA | POL | M4 | 32 | M 108 | 00:23:54 | 00:47:57.65 | 4:47 | 12.5 |
| 109 | NARBUT SZYMON | 244 | TOWARZYSTWO PIŁKI SIATKOWEJ CZARNI SŁUPSK | SŁUPSK | POL | M3 | 47 | M 109 | 00:24:20 | 00:48:05.30 | 4:48 | 12.5 |
| 110 | KONSTANCZAK BARTOSZ | 150 | NSF REDZIKOWO (PWD) | SŁUPSK | GBR | M4 | 33 | M 110 | 00:24:10 | 00:48:08.20 | 4:48 | 12.5 |
| 111 | POKŁĘKOWSKI MATEUSZ | 287 | | ŁĘBORK | POL | M2 | 12 | M 111 | 00:23:41 | 00:48:12.70 | 4:49 | 12.4 |
| 112 | KRUKOWSKI TADEUSZ | 180 | | DĘBNICA KASZUBSKA | POL | M60+ | 5 | M 112 | 00:24:00 | 00:48:23.15 | 4:50 | 12.4 |
| 113 | KARGUL JACEK | 410 | | KOBYLNICIA | POL | M4 | 34 | M 113 | 00:24:41 | 00:48:25.25 | 4:50 | 12.4 |
| 114 | PIOTROWSKI PAWEŁ | 284 | | SŁUPSK | POL | M3 | 48 | M 114 | 00:23:43 | 00:48:29.90 | 4:50 | 12.4 |
| 115 | MIELNICZUK KSAWERY | 230 | MOTION CONTROL | SŁUPSK | POL | M2 | 13 | M 115 | 00:24:00 | 00:48:30.00 | 4:51 | 12.4 |
| 116 | BONDARENKO JAN | 27 | POLSKA | SŁUPSK | POL | M60+ | 6 | M 116 | 00:24:42 | 00:48:38.65 | 4:51 | 12.3 |
| 117 | ŻMIJAN ARTUR | 398 | | KAMIENNA GÓRA | POL | M5 | 15 | M 117 | 00:24:28 | 00:48:44.40 | 4:52 | 12.3 |
| 118 | BEDNARCZYK ARKADIUSZ | 13 | STOPA SŁUPSK | KOBYLNICIA | POL | M5 | 16 | M 118 | 00:24:54 | 00:48:45.40 | 4:52 | 12.3 |
| 119 | IWANOWSKI MICHAŁ | 108 | BIEGAM BO LUBIĘ | USTKA | POL | M3 | 49 | M 119 | 00:24:00 | 00:48:50.25 | 4:53 | 12.3 |
| 120 | NOWOCIEŃ MATEUSZ | 252 | | SŁUPSK | POL | M3 | 50 | M 120 | 00:23:45 | 00:48:50.85 | 4:53 | 12.3 |
| 121 | SOBOŃ WOJCIECH | 320 | | SŁUPSK | POL | M60+ | 7 | M 121 | 00:24:49 | 00:48:54.15 | 4:53 | 12.3 |
| 122 | NACHYŁA PIOTR | 240 | STOPA | SŁUPSK | POL | M5 | 17 | M 122 | 00:24:20 | 00:48:59.70 | 4:53 | 12.2 |
| 123 | GROTA MARIUSZ | 94 | AKTYWNA FABRYKA | SŁUPSK | POL | M4 | 35 | M 123 | 00:24:29 | 00:49:03.15 | 4:54 | 12.2 |
| 124 | BECK TOMASZ | 12 | | SIEMIANICE | POL | M3 | 51 | M 124 | 00:24:12 | 00:49:09.90 | 4:54 | 12.2 |
| 125 | GIERLACH JACEK | 85 | STOPA SŁUPSK | SŁUPSK | POL | M3 | 52 | M 125 | 00:25:02 | 00:49:10.95 | 4:55 | 12.2 |
| 126 | GIĘDROJĆ TOMASZ | 83 | TG12.PL | SŁUPSK | POL | M4 | 36 | M 126 | 00:24:39 | 00:49:12.85 | 4:55 | 12.2 |
| 127 | SZARAFIN DOMINIK | 332 | | SŁUPSK | POL | M3 | 53 | M 127 | 00:24:40 | 00:49:21.30 | 4:56 | 12.2 |
| 128 | ROSENKRANZ RAVEN PASCAL | 298 | WYŻSZA SZKOŁA POLICJI W ORANIENBURGU | ORANIENBURG | GER | M2 | 14 | M 128 | 00:21:51 | 00:49:25.05 | 4:56 | 12.1 |
| 129 | GOSŁAWSKI STANISŁAW | 88 | NIE | KEPICE | POL | M60+ | 8 | M 129 | 00:24:35 | 00:49:29.65 | 4:56 | 12.1 |
| 130 | ZIELONKA PAWEŁ | 396 | | KOBYLNICIA | POL | M3 | 54 | M 130 | 00:25:25 | 00:49:32.90 | 4:57 | 12.1 |
| 131 | TRUSIAK MIŁOSZ | 354 | | SŁUPSK | POL | M4 | 37 | M 131 | 00:24:21 | 00:49:33.80 | 4:57 | 12.1 |
| 132 | GRYGOROWICZ TOMASZ | 97 | BIEGAM BO LUBIĘ SŁUPSK | BIERKOWO | POL | M4 | 38 | M 132 | 00:25:01 | 00:49:37.45 | 4:57 | 12.1 |
| 133 | MAZGIS MARCIN | 226 | | SŁUPSK | POL | M4 | 39 | M 133 | 00:25:16 | 00:49:37.80 | 4:57 | 12.1 |
| 134 | ROSIĄK JACEK | 299 | | SŁUPSK | POL | M5 | 18 | M 134 | 00:26:02 | 00:49:45.65 | 4:58 | 12.1 |
| 135 | PRZEWORSKI MIESZKO | 289 | | SŁUPSK | POL | M3 | 55 | M 135 | 00:25:23 | 00:49:49.60 | 4:58 | 12 |
| 136 | GORCZYCKI GRZEGORZ | 87 | ILONKA TEAM | GDAŃSK | POL | M4 | 40 | M 136 | 00:24:43 | 00:49:51.35 | 4:59 | 12 |
| 137 | KOSTRZEWA KAROL | 1 | #SIŁADLAPOLI | SŁUPSK | POL | M3 | 56 | M 137 | 00:24:06 | 00:49:51.85 | 4:59 | 12 |
| 138 | SZMIGIERO ARKADIUSZ | 341 | SPORT GENERATION/ WPK SŁOŃ TEAM | SŁUPSK | POL | M5 | 19 | M 138 | 00:24:50 | 00:49:52.85 | 4:59 | 12 |
| 139 | KUPIS WOJCIECH | 188 | | SŁUPSK | POL | M4 | 41 | M 139 | 00:24:11 | 00:50:06.70 | 5:00 | 12 |
| 140 | OKOŁOTOWICZ SEBASTIAN | 256 | | SŁUPSK | POL | M4 | 42 | M 140 | 00:24:04 | 00:50:15.65 | 5:01 | 11.9 |
| 141 | HEJNA ARTUR | 102 | | SŁUPSK | POL | M3 | 57 | M 141 | 00:24:44 | 00:50:17.55 | 5:01 | 11.9 |
| 142 | WYSIECKI JAROSŁAW | 386 | | KOŚCIERZYNA | POL | M5 | 20 | M 142 | 00:25:12 | 00:50:27.10 | 5:02 | 11.9 |
| 143 | KLOC DARIUSZ | 144 | BEST BEASTS | BUKÓWKA | POL | M4 | 43 | M 143 | 00:25:31 | 00:50:45.80 | 5:04 | 11.8 |
| 144 | MACHTYL ZYGMUNT | 217 | BEST BEASTS | BIERKOWO | POL | M5 | 21 | M 144 | 00:26:25 | 00:50:57.80 | 5:05 | 11.8 |
| 145 | WOLSKI MARCIN | 383 | | SŁUPSK | POL | M5 | 22 | M 145 | 00:17:00 | 00:51:01.00 | 5:06 | 11.8 |
| 146 | CONDON CLAYTON | 58 | NSF REDZIKOWO - PWD | REDZIKOWO | | M3 | 58 | M 146 | 00:25:07 | 00:51:03.00 | 5:06 | 11.8 |
| 147 | TRAPP SEBASTIAN | 351 | LION STRONG TEAM | SIEMIANICE | POL | M4 | 44 | M 147 | 00:25:23 | 00:51:05.25 | 5:06 | 11.7 |
| 148 | KARGUL RAFAŁ | 134 | | USTKA | POL | M4 | 45 | M 148 | 00:25:43 | 00:51:08.85 | 5:06 | 11.7 |
| 149 | ŁĘGOWSKI SZYMON | 214 | | SŁUPSK | POL | M3 | 59 | M 149 | 00:26:21 | 00:51:09.55 | 5:06 | 11.7 |
| 150 | TROCKI ŁUKASZ | 353 | | SŁUPSK | POL | M4 | 46 | M 150 | 00:25:31 | 00:51:19.80 | 5:07 | 11.7 |
| 151 | WASYLEW JAKUB | 362 | | STARY KRAKÓW | POL | M2 | 15 | M 151 | 00:25:50 | 00:51:34.60 | 5:09 | 11.6 |
| 152 | KONOPKA ŁUKASZ | 149 | KOLEGIUM SĘDZIÓW ZZPN | DARŁOWO | POL | M3 | 60 | M 152 | 00:26:03 | 00:51:41.00 | 5:10 | 11.6 |
| 153 | BODO RAFAŁ | 26 | ZOZKOSZ KOSZALIN | KOSZALIN | POL | M4 | 47 | M 153 | 00:26:28 | 00:51:41.95 | 5:10 | 11.6 |
| 154 | FURMAN TOMASZ | 75 | STOPA SŁUPSK | SŁUPSK | POL | M4 | 48 | M 154 | 00:25:39 | 00:51:45.45 | 5:10 | 11.6 |
| 155 | GÓRNIEWICZ PIOTR | 90 | GRYF SŁUPSK | SŁUPSK | POL | M3 | 61 | M 155 | 00:26:26 | 00:51:48.85 | 5:10 | 11.6 |
| 156 | KOLREP TONI | 146 | WYŻSZA SZKOŁA POLICJI W ORANIENBURGU | ORANIENBURG | GER | M2 | 16 | M 156 | 00:26:10 | 00:51:52.45 | 5:11 | 11.6 |
| 157 | KWAPIS WOJCIECH | 196 | TP SKALAR SŁUPSK | STRZELINO | POL | M4 | 49 | M 157 | 00:25:47 | 00:51:56.90 | 5:11 | 11.6 |
| 158 | KOSIEDOWSKI SEBASTIAN | 156 | USB USTKA | USTKA | POL | M4 | 50 | M 158 | 00:26:35 | 00:51:57.40 | 5:11 | 11.5 |
| 159 | NADOLNY PIOTR | 241 | | GRABNO | POL | M5 | 23 | M 159 | 00:26:35 | 00:51:57.80 | 5:11 | 11.5 |
| 160 | ODIJA LESZEK | 255 | KAWOSZE BIEGAJĄ | WIRY | POL | M4 | 51 | M 160 | 00:26:43 | 00:51:58.90 | 5:11 | 11.5 |
| 161 | MAJNA BARTŁOŃMIJ | 221 | | KOBYLNICIA | POL | M2 | 17 | M 161 | 00:25:54 | 00:52:07.95 | 5:12 | 11.5 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, OPEN -M c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|-----------------------|-----|---|---------------------|------|------|--------|-------|----------|-------------|--------|------|
| 162 | MŁYNARCZYK SZYMON | 233 | | SŁUPSK | POL | M2 | 18 | M 162 | 00:25:55 | 00:52:08.00 | 5:12 | 11.5 |
| 163 | NOREK RYSZARD | 250 | | SŁAWNO | POL | M60+ | 9 | M 163 | 00:26:25 | 00:52:13.25 | 5:13 | 11.5 |
| 164 | JAROS ADAM | 115 | | KRĘPA SŁUPSKA | POL | M4 | 52 | M 164 | 00:26:36 | 00:52:28.90 | 5:14 | 11.4 |
| 165 | OSTROWSKI PAWEŁ | 264 | NSJ SZALONE KIJE | SŁUPSK | POL | M4 | 53 | M 165 | 00:25:44 | 00:52:33.85 | 5:15 | 11.4 |
| 166 | GWIAZDA JAROSŁAW | 99 | 7BOW | SŁUPSK | POL | M4 | 54 | M 166 | 00:26:35 | 00:52:34.25 | 5:15 | 11.4 |
| 167 | KOZAK KRZYSZTOF | 167 | | POTĘGOWO | POL | M3 | 62 | M 167 | 00:26:48 | 00:52:37.25 | 5:15 | 11.4 |
| 168 | OLECHNOWICZ MACIEJ | 258 | | SŁUPSK | POL | M2 | 19 | M 168 | 00:27:04 | 00:52:39.05 | 5:15 | 11.4 |
| 169 | ŁAKOMY KRYSZTIAN | 408 | | SŁUPSK | POL | M2 | 20 | M 169 | 00:26:31 | 00:52:41.35 | 5:16 | 11.4 |
| 170 | PINKASEWICZ MAREK | 280 | | SŁUPSK | POL | M3 | 63 | M 170 | 00:25:47 | 00:52:47.75 | 5:16 | 11.4 |
| 171 | WIECZOREK SŁAWOMIR | 366 | | SŁUPSK | POL | M4 | 55 | M 171 | 00:25:56 | 00:52:50.20 | 5:17 | 11.4 |
| 172 | KOŚCIESZA MICHAŁ | 158 | TEAMMISIEK | USTKA | POL | M3 | 64 | M 172 | 00:27:05 | 00:52:50.35 | 5:17 | 11.4 |
| 173 | STASZKIEWICZ MARIUSZ | 326 | | USTKA | POL | M4 | 56 | M 173 | 00:27:05 | 00:52:50.80 | 5:17 | 11.4 |
| 174 | SAMSONOWICZ KRZYSZTOF | 306 | CEDRUS TEAM | SIEMIANICE | POL | M4 | 57 | M 174 | 00:27:00 | 00:52:52.30 | 5:17 | 11.3 |
| 175 | KOZŁOWSKI MATEUSZ | 170 | | BOLESŁAWICE | POL | M3 | 65 | M 175 | 00:26:44 | 00:53:04.00 | 5:18 | 11.3 |
| 176 | CHOWANIEC SŁAWOMIR | 45 | | SŁUPSK | POL | M5 | 24 | M 176 | 00:26:21 | 00:53:06.05 | 5:18 | 11.3 |
| 177 | OLECHNOWICZ SŁAWOMIR | 257 | STOPA SŁUPSK | SŁUPSK | POL | M4 | 58 | M 177 | 00:27:04 | 00:53:10.65 | 5:19 | 11.3 |
| 178 | ADAMIUK MAREK | 2 | | SŁUPSK | POL | M5 | 25 | M 178 | 00:25:26 | 00:53:15.40 | 5:19 | 11.3 |
| 179 | MUCHA JERZY | 238 | TEAM OLA | KRĘPA SŁUPSKA | POL | M60+ | 10 | M 179 | 00:26:47 | 00:53:22.35 | 5:20 | 11.2 |
| 180 | WALKIEWICZ EMIL | 360 | | USTKA | POL | M2 | 21 | M 180 | 00:27:04 | 00:53:22.45 | 5:20 | 11.2 |
| 181 | RYDZIŃSKI PIOTR | 302 | | SŁUPSK | POL | M2 | 22 | M 181 | 00:26:48 | 00:53:40.05 | 5:22 | 11.2 |
| 182 | WYSZOMIRSKI MAREK | 388 | KLUB BIEGOWY 'ZAPIERDALAJ' | SŁUPSK | POL | M3 | 66 | M 182 | 00:26:42 | 00:53:51.60 | 5:23 | 11.1 |
| 183 | SKUZA GRZEGORZ | 316 | | SŁUPSK | POL | M2 | 23 | M 183 | 00:27:28 | 00:53:56.10 | 5:23 | 11.1 |
| 184 | GUBERNAT MIROSLAW | 98 | NIEPUBLICZNA SZKOŁA PODSTAWOWA NR 7 W SŁUPSKU | SŁUPSK | POL | M4 | 59 | M 184 | 00:27:18 | 00:53:56.45 | 5:23 | 11.1 |
| 185 | CICHOŃSKI ROBERT | 52 | | JEZIERZYCE SŁUPSKIE | POL | M3 | 67 | M 185 | 00:26:01 | 00:54:01.30 | 5:24 | 11.1 |
| 186 | PODSKOCZYJ WIKTOR | 286 | AKTYWNA FABRYKA | USTKA | POL | M5 | 26 | M 186 | 00:26:42 | 00:54:04.30 | 5:24 | 11.1 |
| 187 | CYMEK ŁUKASZ | 59 | | REDZIKOWO | POL | M2 | 24 | M 187 | 00:26:50 | 00:54:21.85 | 5:26 | 11 |
| 188 | SZYBUT RAFAŁ | 346 | NIE LUBIĘ BIEGAĆ | SŁUPSK | POL | M4 | 60 | M 188 | 00:26:56 | 00:54:23.85 | 5:26 | 11 |
| 189 | RĘKAS MATEUSZ | 296 | | POSTOMINO | POL | M3 | 68 | M 189 | 00:27:21 | 00:54:27.65 | 5:26 | 11 |
| 190 | WALUŚ SZCZEPAN | 361 | | SŁUPSK | POL | M2 | 25 | M 190 | 00:27:41 | 00:54:43.95 | 5:28 | 11 |
| 191 | BIAŁY MICHAŁ | 17 | ... | SŁUPSK | POL | M4 | 61 | M 191 | 00:27:08 | 00:54:48.30 | 5:28 | 10.9 |
| 192 | HODUREK ADAM | 104 | | SŁUPSK | POL | M3 | 69 | M 192 | 00:27:10 | 00:55:13.70 | 5:31 | 10.9 |
| 193 | KROPIŃSKI ADAM | 177 | ŻÓŁWIK # NIE LUBIĘ BIEGAĆ | SŁUPSK | POL | M4 | 62 | M 193 | 00:26:58 | 00:55:17.55 | 5:31 | 10.9 |
| 194 | KOWALSKI KRZYSZTOF | 166 | STOPA | SŁUPSK | POL | M60+ | 11 | M 194 | 00:27:31 | 00:55:18.45 | 5:31 | 10.8 |
| 195 | MACIEJEWSKI MICHAŁ | 218 | | SŁUPSK | POL | M2 | 26 | M 195 | 00:27:11 | 00:55:23.15 | 5:32 | 10.8 |
| 196 | RAWSKI JAROSŁAW | 254 | | GRABNO | POL | M5 | 27 | M 196 | 00:28:10 | 00:55:26.85 | 5:32 | 10.8 |
| 197 | BORODZIUK WIKTOR | 30 | | SŁUPSK | POL | M1 | 2 | M 197 | 00:30:15 | 00:55:43.80 | 5:34 | 10.8 |
| 198 | BEDNARCZYK DAMIAN | 14 | | SIEMIANICE | POL | M3 | 70 | M 198 | 00:28:18 | 00:55:51.90 | 5:35 | 10.7 |
| 199 | KUCHARSKI TOMASZ | 185 | | SŁUPSK | POL | M5 | 28 | M 199 | 00:27:40 | 00:55:52.50 | 5:35 | 10.7 |
| 200 | ORZECHOWSKI MICHAŁ | 263 | KALIOP POLAND | SŁUPSK | POL | M3 | 71 | M 200 | 00:27:44 | 00:56:21.40 | 5:38 | 10.6 |
| 201 | MATUSZYN MICHAŁ | 225 | | SŁUPSK | POL | M60+ | 12 | M 201 | 00:28:55 | 00:56:29.45 | 5:38 | 10.6 |
| 202 | IWAŃSKI MICHAŁ | 109 | CHILI SERKI | SŁUPSK | POL | M2 | 27 | M 202 | 00:28:55 | 00:56:32.10 | 5:39 | 10.6 |
| 203 | PIŁCZYŃSKI ZBIGNIEW | 278 | | SŁUPSK | POL | M60+ | 13 | M 203 | 00:28:24 | 00:56:32.15 | 5:39 | 10.6 |
| 204 | OLESIŃSKI MARCIN | 260 | | KOŁOBRZEG | POL | M3 | 72 | M 204 | 00:27:15 | 00:56:32.80 | 5:39 | 10.6 |
| 205 | CHYBA BARTŁOMIEJ | 48 | WOJSKO POLSKIE | SŁUPSK | POL | M4 | 63 | M 205 | 00:27:11 | 00:56:39.75 | 5:39 | 10.6 |
| 206 | ŻAKIETA TADEUSZ | 397 | | SŁUPSK | POL | M5 | 29 | M 206 | 00:27:06 | 00:56:52.50 | 5:41 | 10.6 |
| 207 | KOZŁOWIECKI WALDEMAR | 169 | TKKF KOSZALIN | KOSZALIN | POL | M60+ | 14 | M 207 | 00:28:35 | 00:56:54.20 | 5:41 | 10.5 |
| 208 | JĘDRASZCZYK KAMIL | 119 | ARAL SŁAWNO | SŁAWNO | POL | M2 | 28 | M 208 | 00:28:20 | 00:57:01.25 | 5:42 | 10.5 |
| 209 | ŁUKASZCZYK BARTOSZ | 216 | | SŁUPSK | POL | M3 | 73 | M 209 | 00:28:14 | 00:57:03.35 | 5:42 | 10.5 |
| 210 | CHRISTYNIUK PIOTR | 46 | | ŁOSINO | POL | M5 | 30 | M 210 | 00:27:52 | 00:57:03.80 | 5:42 | 10.5 |
| 211 | TUDRUJ ANDRZEJ | 355 | #SIŁADLAPOLI | SŁUPSK | POL | M5 | 31 | M 211 | 00:28:50 | 00:57:07.60 | 5:42 | 10.5 |
| 212 | ORZECHOWSKI TOBIASZ | 262 | | SŁUPSK | POL | M3 | 74 | M 212 | 00:28:53 | 00:57:25.60 | 5:44 | 10.4 |
| 213 | KŁUSEK MAREK | 145 | FREE PALESTINE | SŁUPSK | POL | M4 | 64 | M 213 | 00:28:54 | 00:57:25.90 | 5:44 | 10.4 |
| 214 | BLUMA TOMASZ | 23 | KRZYSIO TEAM | SŁUPSK | POL | M4 | 65 | M 214 | 00:28:00 | 00:57:29.50 | 5:44 | 10.4 |
| 215 | WOŹNIAKOWSKI ANDRZEJ | 385 | | LĘBORK | POL | M60+ | 15 | M 215 | 00:29:23 | 00:57:34.10 | 5:45 | 10.4 |
| 216 | KWIATEK ALEKSANDER | 199 | | SIEMIANICE | POL | M3 | 75 | M 216 | 00:27:28 | 00:57:36.90 | 5:45 | 10.4 |
| 217 | BURDZIŃSKI HUBERT | 34 | | SŁUPSK | POL | M2 | 29 | M 217 | 00:25:54 | 00:58:01.00 | 5:48 | 10.3 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, OPEN -M c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|-----------------------|-----|----------------------|---------------|------|------|--------|-------|----------|-------------|--------|------|
| 218 | SUJKA ADAM | 331 | | SŁUPSK | POL | M5 | 32 | M 218 | 00:29:26 | 00:58:22.65 | 5:50 | 10.3 |
| 219 | JAWORSKI ROBERT | 6 | | PIESZCZ | POL | M4 | 66 | M 219 | 00:28:34 | 00:58:25.20 | 5:50 | 10.3 |
| 220 | RUTKOWSKI MAREK | 301 | | ZĘBOWO | POL | M4 | 67 | M 220 | 00:28:52 | 00:58:36.10 | 5:51 | 10.2 |
| 221 | BIŁOUS ADRIAN | 22 | | BIERKOWO | POL | M2 | 30 | M 221 | 00:27:26 | 00:58:44.70 | 5:52 | 10.2 |
| 222 | KRÓLIK MARIUSZ | 178 | KRÓLICZENKO | SŁUPSK | POL | M3 | 76 | M 222 | 00:29:20 | 00:59:04.45 | 5:54 | 10.2 |
| 223 | KOT DANIEL | 159 | KOT TEAM | BOLESŁAWICE | POL | M4 | 68 | M 223 | 00:29:42 | 00:59:11.60 | 5:55 | 10.1 |
| 224 | KWIATEK JACEK | 198 | | SIEMIANICE | POL | M60+ | 16 | M 224 | 00:29:45 | 00:59:14.10 | 5:55 | 10.1 |
| 225 | DESZCZ RADOSŁAW | 66 | SKSK PIEKŁO PÓŁNOCY | BOLESŁAWICE | POL | M3 | 77 | M 225 | 00:28:17 | 00:59:21.35 | 5:56 | 10.1 |
| 226 | GAWĘŁ ANDRZEJ | 80 | POMERIDERS | SŁUPSK | POL | M60+ | 17 | M 226 | 00:29:26 | 00:59:24.10 | 5:56 | 10.1 |
| 227 | DOBOSZ ROMUALD | 67 | KB 'TUPOT' USTKA | USTKA | POL | M60+ | 18 | M 227 | 00:29:34 | 00:59:32.45 | 5:57 | 10.1 |
| 228 | KOSICKI ADAM | 155 | DYNIA | KOBYLNICIA | POL | M2 | 31 | M 228 | 00:27:08 | 00:59:32.80 | 5:57 | 10.1 |
| 229 | MROCCZEK BARTOSZ | 237 | | POTĘGOWO | POL | M2 | 32 | M 229 | 00:29:23 | 00:59:36.45 | 5:57 | 10.1 |
| 230 | CZUCZAK TOMASZ | 62 | | KOSZALIN | POL | M4 | 69 | M 230 | 00:28:34 | 00:59:42.25 | 5:58 | 10.1 |
| 231 | JANUSZEWSKI SERGIUSZ | 114 | | SŁUPSK | POL | M2 | 33 | M 231 | 00:30:41 | 00:59:55.65 | 5:59 | 10 |
| 232 | STANIUK BARTOSZ | 325 | | SŁUPSK | POL | M3 | 78 | M 232 | 00:28:57 | 01:00:06.50 | 6:00 | 10 |
| 233 | JARZĄB SEBASTIAN | 116 | | WITKOWO | POL | M4 | 70 | M 233 | 00:30:57 | 01:00:29.85 | 6:02 | 9.9 |
| 234 | SZEWCUK PIOTR | 336 | | SŁUPSK | POL | M3 | 79 | M 234 | 00:32:06 | 01:00:30.80 | 6:03 | 9.9 |
| 235 | NITA KRZYSZTOF | 247 | NITA TEAM | MIASTKO | POL | M3 | 80 | M 235 | 00:30:44 | 01:00:34.10 | 6:03 | 9.9 |
| 236 | NIZIOŁ PATRYK | 249 | 7BOW | SŁUPSK | POL | M2 | 34 | M 236 | 00:29:04 | 01:00:41.70 | 6:04 | 9.9 |
| 237 | GAWĘŁ ZBIGNIEW | 79 | ANANASY Z 3 FAL | SŁUPSK | POL | M60+ | 19 | M 237 | 00:29:50 | 01:00:55.25 | 6:05 | 9.8 |
| 238 | SROKA SŁAWOMIR | 321 | | SŁUPSK | POL | M4 | 71 | M 238 | 00:29:20 | 01:01:04.65 | 6:06 | 9.8 |
| 239 | CZERWIŃSKI RAFAŁ | 61 | | SŁUPSK | POL | M4 | 72 | M 239 | 00:30:21 | 01:01:18.60 | 6:07 | 9.8 |
| 240 | SZYCKO RADOSŁAW | 347 | | KOBYLNICIA | POL | M4 | 73 | M 240 | 00:30:22 | 01:01:41.55 | 6:10 | 9.7 |
| 241 | KACZYŃSKI DAMIAN | 342 | | SŁUPSK | POL | M3 | 81 | M 241 | 00:30:19 | 01:01:48.45 | 6:10 | 9.7 |
| 242 | SŁUPCZEWSKI MICHAŁ | 402 | | SŁUPSK | POL | M4 | 74 | M 242 | 00:31:12 | 01:02:01.50 | 6:12 | 9.7 |
| 243 | NIWIŃSKI GRZEGORZ | 248 | K.B. TUPOT USTKA | USTKA | POL | M60+ | 20 | M 243 | 00:30:32 | 01:02:12.60 | 6:13 | 9.6 |
| 244 | KAMIŃSKI WITOLD | 132 | STOPA SŁUPSK | KRĘPA SŁUPSKA | POL | M5 | 33 | M 244 | 00:30:21 | 01:02:19.90 | 6:13 | 9.6 |
| 245 | PRZYGÓCKI SYLWESTER | 292 | LION STRONG TEAM | SIEMIANICE | POL | M3 | 82 | M 245 | 00:30:21 | 01:02:27.40 | 6:14 | 9.6 |
| 246 | RAHOZA SZYMON | 294 | LION STRONG TEAM | SIEMIANICE | POL | M4 | 75 | M 246 | 00:30:22 | 01:02:27.65 | 6:14 | 9.6 |
| 247 | MACIEJEWSKI TOMASZ | 219 | | USTKA | POL | M4 | 76 | M 247 | 00:29:57 | 01:02:42.75 | 6:16 | 9.6 |
| 248 | CHMIELOWIEC SEBASTIAN | 42 | KUŹNIA SPORTU SŁUPSK | SŁUPSK | POL | M3 | 83 | M 248 | 00:29:58 | 01:02:57.65 | 6:17 | 9.5 |
| 249 | WERBIŃSKI WALDEMAR | 364 | | SŁUPSK | POL | M60+ | 21 | M 249 | 00:31:01 | 01:03:45.00 | 6:22 | 9.4 |
| 250 | STANIASZEK BOGUSŁAW | 323 | TUPOTUSTKA | GŁOBINO | POL | M60+ | 22 | M 250 | 00:31:50 | 01:04:01.35 | 6:24 | 9.4 |
| 251 | PIETRZYCKI ANDRZEJ | 274 | | SŁUPSK | POL | M60+ | 23 | M 251 | 00:30:36 | 01:04:59.20 | 6:29 | 9.2 |
| 252 | PIETRZYCKI DARIUSZ | 273 | | SŁUPSK | POL | M4 | 77 | M 252 | 00:30:35 | 01:04:59.85 | 6:29 | 9.2 |
| 253 | WYSOTA PAWEŁ | 387 | | SŁUPSK | POL | M2 | 35 | M 253 | 00:30:36 | 01:04:59.90 | 6:29 | 9.2 |
| 254 | KUCHARSKI RADEK | 184 | | KOBYLNICIA | POL | M4 | 78 | M 254 | 00:34:01 | 01:05:05.35 | 6:30 | 9.2 |
| 255 | KOTECKI KAMIL | 215 | | SŁUPSK | POL | M3 | 84 | M 255 | 00:32:17 | 01:05:05.80 | 6:30 | 9.2 |
| 256 | IWANOWSKI WOJCIECH | 107 | | USTKA | POL | M60+ | 24 | M 256 | 00:30:43 | 01:05:22.25 | 6:32 | 9.2 |
| 257 | LYPOVETSKYI STEPAN | 213 | - | SŁUPSK | POL | M3 | 85 | M 257 | 00:32:29 | 01:05:42.10 | 6:34 | 9.1 |
| 258 | WOZNIAK DARIUSZ | 384 | ARAL SŁAWNO | SŁAWNO | POL | M5 | 34 | M 258 | 00:30:30 | 01:05:48.05 | 6:34 | 9.1 |
| 259 | KOWALCZYK BARTOSZ | 163 | CHILI SERKI | SŁUPSK | POL | M2 | 36 | M 259 | 00:33:40 | 01:07:26.50 | 6:44 | 8.9 |
| 260 | POKORNY EDWARD | 288 | | USTKA | POL | M60+ | 25 | M 260 | 00:34:13 | 01:10:25.15 | 7:02 | 8.5 |
| 261 | KOT KRYSZTIAN | 160 | SKSK PIEKŁO PÓŁNOCY | SŁUPSK | POL | M2 | 37 | M 261 | 00:35:59 | 01:16:24.30 | 7:38 | 7.9 |
| 262 | BIELECKI MATEUSZ | 19 | | SŁUPSK | POL | M3 | 86 | M 262 | 00:46:13 | 01:38:18.85 | 9:49 | 6.1 |
| 263 | PINEDA CESAR | 279 | | BOGOTA | COL | M2 | 38 | M 263 | | | | |
| 264 | KALETA CEZARY | 121 | STREET ATHLETIC | KOSZALIN | POL | M1 | 3 | M 264 | | | | |
| DNC | MINCEWICZ ADAM | 231 | AKTYWNA FABRYKA | SŁUPSK | POL | M4 | | DNC | | | | |
| | ŚLEFARSKI ANDRZEJ | 348 | STOPA SŁUPSK | SŁUPSK | POL | M5 | | | 00:24:32 | | | |
| | | | | | | | | | DNF | DNF | - | - |
| | | | | | | | | | DNF | DNF | - | - |
| | PIOTRASCHKE PAWEŁ | 282 | AML SŁUPSK | SŁUPSK | POL | M4 | | | DNF | DNF | - | - |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, K1

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|-------------------|-----|---------------|-----------|------|------|--------|-------|----------|-------------|--------|------|
| 1 | PRZYDACZ KAMILA | 179 | | SŁUPSK | POL | K1 | 1 | K 10 | 00:23:39 | 00:47:08.80 | 4:42 | 12.7 |
| 2 | KUCHARSKA NATALIA | 182 | | KOBYLNICA | POL | K1 | 2 | K 103 | 00:34:02 | 01:05:03.95 | 6:30 | 9.2 |
| 3 | CHOLEWIŃSKA LAURA | 44 | BBL SŁUPSK | SŁUPSK | POL | K1 | 3 | K 110 | 00:33:00 | 01:09:36.25 | 6:57 | 8.6 |
| 4 | WRÓBEL MARTYNA | 340 | CHATA MACOCHY | SŁUPSK | POL | K1 | 4 | K 117 | | | | |
| 5 | SZEWCUK ZUZANNA | 337 | | SŁUPSK | POL | K1 | 5 | K 118 | | | | |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, M1

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|-------------------|-----|-----------------|-----------|------|------|--------|-------|----------|-------------|--------|------|
| 1 | CHMIELEWSKI FILIP | 41 | SAMOLEJ | SŁUPSK | POL | M1 | 1 | M 36 | 00:22:55 | 00:42:03.00 | 4:12 | 14.3 |
| 2 | BORODZIUK WIKTOR | 30 | | SŁUPSK | POL | M1 | 2 | M 197 | 00:30:15 | 00:55:43.80 | 5:34 | 10.8 |
| 3 | KALETA CEZARY | 121 | STREET ATHLETIC | KOSZALIN | POL | M1 | 3 | M 264 | | | | |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, K2

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|----------------------|-----|--------------|---------------|------|------|--------|-------|----------|-------------|--------|------|
| 1 | DOMARUS KAMILA | 69 | | SŁUPSK | POL | K2 | 1 | K 1 | 00:18:36 | 00:38:12.00 | 3:49 | 15.7 |
| 2 | PIOCH NADIA | 281 | | SŁUPSK | POL | K2 | 2 | K 5 | 00:22:20 | 00:44:20.35 | 4:26 | 13.5 |
| 3 | KOZIOŁ DOMINIKA | 157 | #SILADLAPOLI | SŁUPSK | POL | K2 | 3 | K 7 | 00:22:52 | 00:45:58.00 | 4:35 | 13.1 |
| 4 | KWIECIEŃ NATALIA | 201 | | SŁUPSK | POL | K2 | 4 | K 26 | 00:25:02 | 00:50:45.45 | 5:04 | 11.8 |
| 5 | LISIECKA JULIA | 210 | | SŁUPSK | POL | K2 | 5 | K 28 | 00:25:19 | 00:51:21.55 | 5:08 | 11.7 |
| 6 | SZEWCUK JULIA | 339 | FIT SAUSAGES | SŁUPSK | GBR | K2 | 6 | K 31 | 00:25:50 | 00:51:38.10 | 5:09 | 11.6 |
| 7 | PIOTROWSKA ANNA | 283 | | SŁUPSK | POL | K2 | 7 | K 41 | 00:26:31 | 00:53:16.80 | 5:19 | 11.3 |
| 8 | KALETA NIKOŁA | 123 | | KOSZALIN | POL | K2 | 8 | K 63 | 00:28:31 | 00:56:24.90 | 5:38 | 10.6 |
| 9 | TUROWSKA AGATA | 356 | | SŁUPSK | POL | K2 | 9 | K 65 | 00:27:50 | 00:56:36.10 | 5:39 | 10.6 |
| 10 | AWTUCH KAMILA | 406 | | SZCZECINEK | POL | K2 | 10 | K 79 | 00:29:05 | 00:58:41.90 | 5:52 | 10.2 |
| 11 | LEŃSKA ZUZANNA | 205 | | SŁUPSK | POL | K2 | 11 | K 89 | 00:29:43 | 01:01:21.85 | 6:08 | 9.8 |
| 12 | PIETRZYCKA ANDRONIKA | 272 | | SŁUPSK | POL | K2 | 12 | K 102 | 00:30:37 | 01:05:00.55 | 6:30 | 9.2 |
| 13 | KAMIŃSKA DOMINIKA | 129 | | KRĘPA SŁUPSKA | POL | K2 | 13 | K 109 | 00:32:51 | 01:08:39.10 | 6:51 | 8.7 |
| 14 | BELASIK ALENA | 16 | S | SŁUPSK | POL | K2 | 14 | K 112 | 00:35:14 | 01:12:02.85 | 7:12 | 8.3 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, M2

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|-------------------------|-----|--------------------------------------|--------------|------|------|--------|-------|----------|-------------|--------|------|
| 1 | GARSKI DAWID | 409 | AML SŁUPSK | SŁUPSK | POL | M2 | 1 | M 2 | 00:16:13 | 00:32:46.45 | 3:16 | 18.3 |
| 2 | BARAN RADOŚLAW | 10 | | DAMNICA | POL | M2 | 2 | M 5 | 00:18:13 | 00:37:12.45 | 3:43 | 16.1 |
| 3 | WIŚNIEWSKI KACPER | 377 | PAWKO RUNNER TEAM | SŁUPSK | POL | M2 | 3 | M 23 | 00:19:10 | 00:40:16.30 | 4:01 | 14.9 |
| 4 | KURKUL JANEK | 189 | KB BRYZA POSTOMINO | PAŁÓWKO | POL | M2 | 4 | M 28 | 00:20:19 | 00:40:56.45 | 4:05 | 14.7 |
| 5 | KALISZ WOJTEK | 124 | | KOBYLNICA | POL | M2 | 5 | M 29 | 00:20:14 | 00:40:57.65 | 4:05 | 14.7 |
| 6 | MARCZUK MAKSYMILIAN | 223 | | BARWINO | POL | M2 | 6 | M 31 | 00:20:45 | 00:41:14.20 | 4:07 | 14.6 |
| 7 | CIOSEK ŁUKASZ | 56 | | USTKA | POL | M2 | 7 | M 52 | 00:21:42 | 00:43:19.90 | 4:19 | 13.9 |
| 8 | CHMIELEWSKI JACEK | 40 | SAMOLEJ | TORUŃ | POL | M2 | 8 | M 69 | 00:13:06 | 00:44:59.00 | 4:29 | 13.3 |
| 9 | BALEWSKI DAMIAN | 8 | 7BOW | SŁUPSK | POL | M2 | 9 | M 95 | 00:23:17 | 00:47:12.35 | 4:43 | 12.7 |
| 10 | KWIATEK WIKTOR | 200 | | SIEMIANICE | POL | M2 | 10 | M 96 | 00:22:48 | 00:47:16.30 | 4:43 | 12.7 |
| 11 | KOZIOŁ ADRIAN | 168 | | KWAKOWO | POL | M2 | 11 | M 97 | 00:23:09 | 00:47:19.60 | 4:43 | 12.7 |
| 12 | POKŁĘKOWSKI MATEUSZ | 287 | | LĘBORK | POL | M2 | 12 | M 111 | 00:23:41 | 00:48:12.70 | 4:49 | 12.4 |
| 13 | MIELNICZUK KSAWERY | 230 | MOTION CONTROL | SŁUPSK | POL | M2 | 13 | M 115 | 00:24:00 | 00:48:30.00 | 4:51 | 12.4 |
| 14 | ROSENKRANZ RAVEN PASCAL | 298 | WYŻSZA SZKOŁA POLICJI W ORANIENBURGU | ORANIENBURG | GER | M2 | 14 | M 128 | 00:21:51 | 00:49:25.05 | 4:56 | 12.1 |
| 15 | WASYLEW JAKUB | 362 | | STARY KRAKÓW | POL | M2 | 15 | M 151 | 00:25:50 | 00:51:34.60 | 5:09 | 11.6 |
| 16 | KOLREP TONI | 146 | WYŻSZA SZKOŁA POLICJI W ORANIENBURGU | ORANIENBURG | GER | M2 | 16 | M 156 | 00:26:10 | 00:51:52.45 | 5:11 | 11.6 |
| 17 | MAJNA BARTŁOMIEJ | 221 | | KOBYLNICA | POL | M2 | 17 | M 161 | 00:25:54 | 00:52:07.95 | 5:12 | 11.5 |
| 18 | MŁYNARCZYK SZYMON | 233 | | SŁUPSK | POL | M2 | 18 | M 162 | 00:25:55 | 00:52:08.00 | 5:12 | 11.5 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, M2 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|----------------------|-----|---------------------|------------|------|------|--------|-------|----------|-------------|--------|------|
| 19 | OLECHNOWICZ MACIEJ | 258 | | SŁUPSK | POL | M2 | 19 | M 168 | 00:27:04 | 00:52:39.05 | 5:15 | 11.4 |
| 20 | ŁAKOMY KRYSZTIAN | 408 | | SŁUPSK | POL | M2 | 20 | M 169 | 00:26:31 | 00:52:41.35 | 5:16 | 11.4 |
| 21 | WALKIEWICZ EMIL | 360 | | USTKA | POL | M2 | 21 | M 180 | 00:27:04 | 00:53:22.45 | 5:20 | 11.2 |
| 22 | RYDZIŃSKI PIOTR | 302 | | SŁUPSK | POL | M2 | 22 | M 181 | 00:26:48 | 00:53:40.05 | 5:22 | 11.2 |
| 23 | SKUZA GRZEGORZ | 316 | | SŁUPSK | POL | M2 | 23 | M 183 | 00:27:28 | 00:53:56.10 | 5:23 | 11.1 |
| 24 | CYMEK ŁUKASZ | 59 | | REDZIKOWO | POL | M2 | 24 | M 187 | 00:26:50 | 00:54:21.85 | 5:26 | 11 |
| 25 | WALUŚ SZCZEPAN | 361 | | SŁUPSK | POL | M2 | 25 | M 190 | 00:27:41 | 00:54:43.95 | 5:28 | 11 |
| 26 | MACIEJEWSKI MICHAŁ | 218 | | SŁUPSK | POL | M2 | 26 | M 195 | 00:27:11 | 00:55:23.15 | 5:32 | 10.8 |
| 27 | IWAŃSKI MICHAŁ | 109 | CHILI SERKI | SŁUPSK | POL | M2 | 27 | M 202 | 00:28:55 | 00:56:32.10 | 5:39 | 10.6 |
| 28 | JĘDRASZCZYK KAMIL | 119 | ARAL SŁAWNO | SŁAWNO | POL | M2 | 28 | M 208 | 00:28:20 | 00:57:01.25 | 5:42 | 10.5 |
| 29 | BURDZIŃSKI HUBERT | 34 | | SŁUPSK | POL | M2 | 29 | M 217 | 00:25:54 | 00:58:01.00 | 5:48 | 10.3 |
| 30 | BIŁOUS ADRIAN | 22 | | BIERKOWO | POL | M2 | 30 | M 221 | 00:27:26 | 00:58:44.70 | 5:52 | 10.2 |
| 31 | KOSICKI ADAM | 155 | DYNIA | KOBYLNICZA | POL | M2 | 31 | M 228 | 00:27:08 | 00:59:32.80 | 5:57 | 10.1 |
| 32 | MROCZEK BARTOSZ | 237 | | POTĘGOWO | POL | M2 | 32 | M 229 | 00:29:23 | 00:59:36.45 | 5:57 | 10.1 |
| 33 | JANUSZEWSKI SERGIUSZ | 114 | | SŁUPSK | POL | M2 | 33 | M 231 | 00:30:41 | 00:59:55.65 | 5:59 | 10 |
| 34 | NIZIOŁ PATRYK | 249 | 7BOW | SŁUPSK | POL | M2 | 34 | M 236 | 00:29:04 | 01:00:41.70 | 6:04 | 9.9 |
| 35 | WYSOTA PAWEŁ | 387 | | SŁUPSK | POL | M2 | 35 | M 253 | 00:30:36 | 01:04:59.90 | 6:29 | 9.2 |
| 36 | KOWALCZYK BARTOSZ | 163 | CHILI SERKI | SŁUPSK | POL | M2 | 36 | M 259 | 00:33:40 | 01:07:26.50 | 6:44 | 8.9 |
| 37 | KOT KRYSZTIAN | 160 | SKSK PIEKŁO PÓŁNOCY | SŁUPSK | POL | M2 | 37 | M 261 | 00:35:59 | 01:16:24.30 | 7:38 | 7.9 |
| 38 | PINEDA CESAR | 279 | | BOGOTA | COL | M2 | 38 | M 263 | | | | |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, K3

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|----------------------------|-----|---|-----------------|------|------|--------|------|----------|-------------|--------|------|
| 1 | DEREŃ JUSTYNA | 65 | NIEPUBLICZNA SZKOŁA PODSTAWOWA NR 7 W SŁUPSKU | SŁUPSK | POL | K3 | 1 | K 2 | 00:20:26 | 00:40:59.60 | 4:05 | 14.6 |
| 2 | ŻYTKO MONIKA | 224 | | SŁUPSK | POL | K3 | 2 | K 4 | 00:21:50 | 00:44:19.60 | 4:25 | 13.5 |
| 3 | CHYLEWSKA ALEKSANDRA | 50 | | SŁUPSK | POL | K3 | 3 | K 6 | 00:22:31 | 00:45:07.75 | 4:30 | 13.3 |
| 4 | KAROLAK JOANNA | 137 | | SŁUPSK | POL | K3 | 4 | K 8 | 00:23:32 | 00:47:01.85 | 4:42 | 12.8 |
| 5 | KAROLAK ANNA | 136 | | SŁUPSK | POL | K3 | 5 | K 9 | 00:23:30 | 00:47:02.45 | 4:42 | 12.8 |
| 6 | GAWEŁ IZA | 78 | ANANASY Z 3 FAL | SŁUPSK | POL | K3 | 6 | K 14 | 00:23:59 | 00:48:11.05 | 4:49 | 12.5 |
| 7 | WOLSKA SYLWIA | 382 | | SŁUPSK | POL | K3 | 7 | K 17 | 00:24:58 | 00:49:05.45 | 4:54 | 12.2 |
| 8 | FLORKIEWICZ WIOLA | 73 | KOBIETA RAKIETA | SIEMIANICE | POL | K3 | 8 | K 18 | 00:25:01 | 00:49:25.35 | 4:56 | 12.1 |
| 9 | CELMER ILONA | 37 | | BOLSZEWO | POL | K3 | 9 | K 19 | 00:24:46 | 00:49:51.90 | 4:59 | 12 |
| 10 | WĘSIERSKA-MUŁYK MARZENA | 365 | | KOBYLNICZA | POL | K3 | 10 | K 21 | 00:24:49 | 00:50:14.35 | 5:01 | 11.9 |
| 11 | JAŚKIEWICZ DAGMARA | 117 | | SŁUPSK | POL | K3 | 11 | K 22 | 00:24:43 | 00:50:16.95 | 5:01 | 11.9 |
| 12 | MYSZKOWSKA ANNA | 330 | AKTYWNA FABRYKA | SŁUPSK | POL | K3 | 12 | K 23 | 00:25:06 | 00:50:18.00 | 5:01 | 11.9 |
| 13 | KURKUL ALICJA | 191 | | KOSZALIN | POL | K3 | 13 | K 24 | 00:24:38 | 00:50:24.65 | 5:02 | 11.9 |
| 14 | WILKOWSKA BARBARA | 373 | SZYBCYWILCY | SŁUPSK | POL | K3 | 14 | K 29 | 00:25:56 | 00:51:25.00 | 5:08 | 11.7 |
| 15 | KWAPIS OLGA | 195 | TP SKALAR SŁUPSK | STRZELINO | POL | K3 | 15 | K 33 | 00:25:48 | 00:51:58.50 | 5:11 | 11.5 |
| 16 | OLESIŃSKA PATRYCJA | 259 | | KOŁOBRZEG | POL | K3 | 16 | K 36 | 00:26:08 | 00:52:20.20 | 5:14 | 11.5 |
| 17 | MICHALIK ANGELIKA | 228 | | SŁUPSK | POL | K3 | 17 | K 37 | 00:26:22 | 00:52:53.60 | 5:17 | 11.3 |
| 18 | PAŁUCKA-STASZCZUK PATRYCJA | 265 | | GŁÓWCZYCE | POL | K3 | 18 | K 38 | 00:27:02 | 00:53:01.50 | 5:18 | 11.3 |
| 19 | ZDUNEK JUSTYNA | 392 | ANANASY Z 3 FAL | OSIEKI SŁUPSKIE | POL | K3 | 19 | K 40 | 00:26:07 | 00:53:06.35 | 5:18 | 11.3 |
| 20 | CHYLEWSKA WERONIKA | 49 | | SŁUPSK | POL | K3 | 20 | K 42 | 00:26:28 | 00:53:17.05 | 5:19 | 11.3 |
| 21 | BIELIŃSKA KATARZYNA | 20 | | SŁUPSK | POL | K3 | 21 | K 43 | 00:26:53 | 00:53:18.25 | 5:19 | 11.3 |
| 22 | BANACH MARTA | 9 | | SŁUPSK | POL | K3 | 22 | K 44 | 00:27:04 | 00:53:57.65 | 5:23 | 11.1 |
| 23 | JAŹDŻEWSKA ELŻBIETA | 118 | BEST BEASTS | SŁUPSK | POL | K3 | 23 | K 45 | 00:27:04 | 00:54:13.20 | 5:25 | 11.1 |
| 24 | CISZEWSKA ALEKSANDRA | 57 | | SŁUPSK | POL | K3 | 24 | K 46 | 00:26:15 | 00:54:15.85 | 5:25 | 11.1 |
| 25 | KUBICA AGNIESZKA | 181 | | SŁUPSK | POL | K3 | 25 | K 49 | 00:26:29 | 00:54:31.75 | 5:27 | 11 |
| 26 | SMUTEK DOMINIKA | 319 | | BOLESŁAWICE | POL | K3 | 26 | K 55 | 00:27:38 | 00:55:13.80 | 5:31 | 10.9 |
| 27 | PRZYCHODA ANNA | 290 | | SIEMIANICE | POL | K3 | 27 | K 59 | 00:28:19 | 00:55:52.60 | 5:35 | 10.7 |
| 28 | WIESIOŁEK URSZULA | 370 | | SŁUPSK | POL | K3 | 28 | K 62 | 00:27:43 | 00:56:04.80 | 5:36 | 10.7 |
| 29 | KRASUCCA-GIERSZ IZABELA | 172 | | SŁUPSK | POL | K3 | 29 | K 67 | 00:28:11 | 00:57:03.40 | 5:42 | 10.5 |
| 30 | JAKRZEWSKA BEATA | 111 | #SIŁADLAPOLI | SŁUPSK | POL | K3 | 30 | K 72 | 00:28:49 | 00:57:31.80 | 5:45 | 10.4 |
| 31 | NITA JOANNA | 246 | NITA TEAM | MIASTKO | POL | K3 | 31 | K 74 | 00:29:11 | 00:57:38.75 | 5:45 | 10.4 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, K3 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|-----------------------------|-----|------------------|------------|------|------|--------|-------|----------|-------------|--------|------|
| 32 | JABŁOŃSKA ALEKSANDRA | 110 | | SZCZECIN | POL | K3 | 32 | K 77 | 00:28:14 | 00:57:59.90 | 5:47 | 10.3 |
| 33 | IWANOWSKA-KRÓLIK JOWITA | 106 | KRÓLICZENKO | SŁUPSK | POL | K3 | 33 | K 80 | 00:29:19 | 00:59:03.80 | 5:54 | 10.2 |
| 34 | ANTONIAK MONIKA | 4 | | SŁUPSK | POL | K3 | 34 | K 82 | 00:29:24 | 00:59:33.40 | 5:57 | 10.1 |
| 35 | WŁAŚNIAK MONIKA | 380 | | LUBUCZEWO | POL | K3 | 35 | K 83 | 00:30:05 | 01:00:14.75 | 6:01 | 10 |
| 36 | GAŚECKA-SZEWCZUK ALEKSANDRA | 82 | | SŁUPSK | POL | K3 | 36 | K 84 | 00:32:07 | 01:00:32.15 | 6:03 | 9.9 |
| 37 | PRZYGÓCKA AGNIESZKA | 291 | LION STRONG TEAM | SIEMIANICE | POL | K3 | 37 | K 92 | 00:30:22 | 01:02:27.90 | 6:14 | 9.6 |
| 38 | SAWICKA MILENA | 307 | | SŁUPSK | POL | K3 | 38 | K 96 | 00:31:46 | 01:03:48.30 | 6:22 | 9.4 |
| 39 | SIEWIERSKA EMILIA | 310 | | SŁUPSK | POL | K3 | 39 | K 97 | 00:31:47 | 01:03:48.75 | 6:22 | 9.4 |
| 40 | ZABORSKA MAGDALENA | 390 | | KOBYLNICZA | POL | K3 | 40 | K 98 | 00:30:25 | 01:03:55.60 | 6:23 | 9.4 |
| 41 | PIETRZAK KATARZYNA | 271 | | SŁUPSK | POL | K3 | 41 | K 100 | 00:31:43 | 01:04:17.35 | 6:25 | 9.3 |
| 42 | HALIUS MARIANA | 100 | NIE DOTYCZY | SŁUPSK | POL | K3 | 42 | K 105 | 00:32:30 | 01:05:41.60 | 6:34 | 9.1 |
| 43 | WIĘCŁAW KINGA | 371 | | SŁUPSK | POL | K3 | 43 | K 113 | 00:38:33 | 01:15:51.55 | 7:35 | 7.9 |
| 44 | BIELECKA DARIA | 18 | | SŁUPSK | POL | K3 | 44 | K 115 | 00:46:12 | 01:38:19.65 | 9:49 | 6.1 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, M3

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|---------------------|-----|----------------------------------|----------------------|------|------|--------|------|----------|-------------|--------|------|
| 1 | PYTLAK MICHAŁ | 293 | AML SŁUPSK | SIEMIANICE | POL | M3 | 1 | M 1 | 00:16:04 | 00:32:33.90 | 3:15 | 18.4 |
| 2 | CZERNIEWSKI MARCIN | 60 | AML SŁUPSK | SŁUPSK | POL | M3 | 2 | M 3 | 00:16:31 | 00:33:44.35 | 3:22 | 17.8 |
| 3 | WILMONT KRZYSZTOF | 381 | GRAND LUBICZ 5* UZDROWISKO USTKA | SŁUPSK | POL | M3 | 3 | M 7 | 00:19:02 | 00:38:08.15 | 3:48 | 15.7 |
| 4 | GOSTKOWSKI ŁUKASZ | 89 | KB GOCH BYTÓW | BYTÓW | POL | M3 | 4 | M 9 | 00:18:57 | 00:38:54.70 | 3:53 | 15.4 |
| 5 | CASTRO ROI | 36 | NSF REDZIKOWO (MWR) | REDZIKOWO | USA | M3 | 5 | M 12 | 00:19:20 | 00:39:14.00 | 3:55 | 15.3 |
| 6 | KRAWIEC KAMIL | 176 | | SŁUPSK | POL | M3 | 6 | M 14 | 00:19:51 | 00:39:34.90 | 3:57 | 15.2 |
| 7 | SMOŁUCH MARCIN | 404 | | MASŁOWICE | POL | M3 | 7 | M 15 | 00:20:21 | 00:39:45.40 | 3:58 | 15.1 |
| 8 | MOTACKI ROBERT | 235 | | SŁUPSK | POL | M3 | 8 | M 16 | 00:20:02 | 00:39:47.00 | 3:58 | 15.1 |
| 9 | PIŁCZYŃSKI PAWEŁ | 277 | TOCZĄCA SIĘ PIŁKA | WIDZINO | POL | M3 | 9 | M 19 | 00:20:08 | 00:39:54.35 | 3:59 | 15 |
| 10 | STANIOCH KRZYSZTOF | 324 | | USTKA | POL | M3 | 10 | M 21 | 00:19:36 | 00:40:11.45 | 4:01 | 14.9 |
| 11 | KOWALSKI DAMIAN | 403 | | STARY KRAKÓW | POL | M3 | 11 | M 24 | 00:20:22 | 00:40:17.60 | 4:01 | 14.9 |
| 12 | CIESIULSKI MAREK | 53 | TEAM ZWAE KĘBŁOWO | KĘBŁOWO NOWOWIEJSKIE | POL | M3 | 12 | M 25 | 00:20:33 | 00:40:23.90 | 4:02 | 14.9 |
| 13 | CZYŻYKOWSKI MATEUSZ | 64 | | SŁUPSK | POL | M3 | 13 | M 26 | 00:20:05 | 00:40:36.55 | 4:03 | 14.8 |
| 14 | CHOLEWIŃSKI ARTUR | 43 | AML SŁUPSK | SŁUPSK | POL | M3 | 14 | M 27 | 00:20:01 | 00:40:44.45 | 4:04 | 14.7 |
| 15 | BRZEZICKI PAWEŁ | 32 | | SŁUPSK | POL | M3 | 15 | M 32 | 00:19:56 | 00:41:16.20 | 4:07 | 14.5 |
| 16 | KARCZEWSKI DAMIAN | 133 | TEAM ZWAE KĘBŁOWO | KĘBŁOWO NOWOWIEJSKIE | POL | M3 | 16 | M 33 | 00:20:35 | 00:41:17.70 | 4:07 | 14.5 |
| 17 | ŻYLICZ PAWEŁ | 400 | STOPA SŁUPSK | SŁUPSK | POL | M3 | 17 | M 34 | 00:20:42 | 00:41:30.40 | 4:09 | 14.5 |
| 18 | CZARNOWSKI ŁUKASZ | 367 | TRIPAKA PRZECHLEWO | SŁUPSK | POL | M3 | 18 | M 38 | 00:21:26 | 00:42:16.20 | 4:13 | 14.2 |
| 19 | ANTOSIAK GRZEGORZ | 5 | | SŁUPSK | POL | M3 | 19 | M 39 | 00:21:16 | 00:42:19.45 | 4:13 | 14.2 |
| 20 | CIESIULSKI PRZEMEK | 54 | TEAM ZWAE | WARCIMINO | POL | M3 | 20 | M 42 | 00:21:22 | 00:42:24.00 | 4:14 | 14.2 |
| 21 | SERAFIN MICHAŁ | 309 | | BOLESŁAWICE | POL | M3 | 21 | M 43 | 00:20:54 | 00:42:27.35 | 4:14 | 14.1 |
| 22 | WILCZEWSKI MARIUSZ | 372 | SPOKO SŁAWNO | SŁAWSKO | POL | M3 | 22 | M 44 | 00:21:10 | 00:42:29.25 | 4:14 | 14.1 |
| 23 | PIELACH MAREK | 270 | | BIERKOWO | POL | M3 | 23 | M 45 | 00:21:29 | 00:42:30.60 | 4:15 | 14.1 |
| 24 | DOLEPA MAREK | 68 | | SŁUPSK | POL | M3 | 24 | M 46 | 00:20:54 | 00:42:33.25 | 4:15 | 14.1 |
| 25 | KURKUL KAROL | 190 | PAŁOWKO | PAŁOWKO | POL | M3 | 25 | M 49 | 00:21:39 | 00:43:15.55 | 4:19 | 13.9 |
| 26 | ŁAKOMSKI WOJCIECH | 407 | PRO DYSTANS SŁUPSK | STRZELINKO | POL | M3 | 26 | M 51 | 00:21:48 | 00:43:18.45 | 4:19 | 13.9 |
| 27 | KARPOWICZ TOMEK | 138 | | SŁUPSK | POL | M3 | 27 | M 55 | 00:22:07 | 00:43:39.80 | 4:21 | 13.7 |
| 28 | DYBEK DAMIAN | 70 | | SŁUPSK | POL | M3 | 28 | M 58 | 00:21:00 | 00:44:02.10 | 4:24 | 13.6 |
| 29 | SKOMOROWSKI MICHAŁ | 313 | MOWI RUNNING TEAM | USTKA | POL | M3 | 29 | M 59 | 00:22:01 | 00:44:03.05 | 4:24 | 13.6 |
| 30 | KIEŁCZYŃSKI DAWID | 141 | TEAM DAVE BUKÓWKA | BUKÓWKA | POL | M3 | 30 | M 61 | 00:22:19 | 00:44:17.15 | 4:25 | 13.5 |
| 31 | WIESIOŁEK MARCIN | 369 | | SŁUPSK | POL | M3 | 31 | M 62 | 00:21:51 | 00:44:27.50 | 4:26 | 13.5 |
| 32 | UPTASS MACIEJ | 357 | | WROCŁAW | POL | M3 | 32 | M 63 | 00:21:54 | 00:44:30.90 | 4:27 | 13.5 |
| 33 | WIŚNIEWSKI PATRYK | 378 | RYBICKI TRIATHLON COACH | SŁUPSK | POL | M3 | 33 | M 67 | 00:22:21 | 00:44:51.20 | 4:29 | 13.4 |
| 34 | WENCLAWSKI MICHAŁ | 363 | ANANASY Z 3 FAL | SŁUPSK | POL | M3 | 34 | M 68 | 00:22:04 | 00:44:53.30 | 4:29 | 13.4 |
| 35 | MAJKOWSKI KRZYSZTOF | 220 | KALIOP POLAND | SŁUPSK | POL | M3 | 35 | M 70 | 00:22:54 | 00:45:01.10 | 4:30 | 13.3 |
| 36 | KRAWCZYK MICHAŁ | 174 | | SIEMIANICE | POL | M3 | 36 | M 74 | 00:22:29 | 00:45:05.55 | 4:30 | 13.3 |
| 37 | KĄZMIERCZAK BARTOSZ | 139 | | SŁUPSK | POL | M3 | 37 | M 79 | 00:22:44 | 00:45:32.55 | 4:33 | 13.2 |
| 38 | SZCZEPANIK KONRAD | 334 | | MALECHÓWKO | POL | M3 | 38 | M 84 | 00:23:01 | 00:45:53.10 | 4:35 | 13.1 |
| 39 | PAŁOWSKI ŁUKASZ | 267 | | BARCINO | POL | M3 | 39 | M 85 | 00:23:16 | 00:45:58.20 | 4:35 | 13.1 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, M3 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|-------------------------|-----|---|---------------------|------|------|--------|-------|----------|-------------|--------|------|
| 40 | PIEKARSKI TOMASZ | 269 | | SŁUPSK | POL | M3 | 40 | M 89 | 00:23:11 | 00:46:42.70 | 4:40 | 12.8 |
| 41 | SZCZUPAKOWSKI ARKADIUSZ | 335 | | SŁUPSK | POL | M3 | 41 | M 92 | 00:23:22 | 00:46:51.05 | 4:41 | 12.8 |
| 42 | GAWRYS MATEUSZ | 81 | | GDAŃSK | POL | M3 | 42 | M 100 | 00:23:19 | 00:47:22.55 | 4:44 | 12.7 |
| 43 | KAMIŃSKI KACPER | 131 | SMIECHUTEAM | SŁUPSK | POL | M3 | 43 | M 102 | 00:24:06 | 00:47:34.20 | 4:45 | 12.6 |
| 44 | MINKO TOMASZ | 232 | | SŁUPSK | POL | M3 | 44 | M 103 | 00:24:10 | 00:47:47.00 | 4:46 | 12.6 |
| 45 | SŁOMKA ŁUKASZ | 317 | APATOR TELEMETRIA AKTYWNI | USTKA | POL | M3 | 45 | M 106 | 00:24:24 | 00:47:54.50 | 4:47 | 12.5 |
| 46 | STASZCZUK ANDRZEJ | 327 | | SŁUPSK | POL | M3 | 46 | M 107 | 00:23:19 | 00:47:57.00 | 4:47 | 12.5 |
| 47 | NARBUT SZYMON | 244 | TOWARZYSTWO PIŁKI SIATKOWEJ CZARNI SŁUPSK | SŁUPSK | POL | M3 | 47 | M 109 | 00:24:20 | 00:48:05.30 | 4:48 | 12.5 |
| 48 | PIOTROWSKI PAWEŁ | 284 | | SŁUPSK | POL | M3 | 48 | M 114 | 00:23:43 | 00:48:29.90 | 4:50 | 12.4 |
| 49 | IWANOWSKI MICHAŁ | 108 | BIEGAM BO LUBIĘ | USTKA | POL | M3 | 49 | M 119 | 00:24:00 | 00:48:50.25 | 4:53 | 12.3 |
| 50 | NOWOCIEŃ MATEUSZ | 252 | | SŁUPSK | POL | M3 | 50 | M 120 | 00:23:45 | 00:48:50.85 | 4:53 | 12.3 |
| 51 | BECK TOMASZ | 12 | | SIEMIANICE | POL | M3 | 51 | M 124 | 00:24:12 | 00:49:09.90 | 4:54 | 12.2 |
| 52 | GIERLACH JACEK | 85 | STOPA SŁUPSK | SŁUPSK | POL | M3 | 52 | M 125 | 00:25:02 | 00:49:10.95 | 4:55 | 12.2 |
| 53 | SZARAFIN DOMINIK | 332 | | SŁUPSK | POL | M3 | 53 | M 127 | 00:24:40 | 00:49:21.30 | 4:56 | 12.2 |
| 54 | ZIELONKA PAWEŁ | 396 | | KOBYLNICA | POL | M3 | 54 | M 130 | 00:25:25 | 00:49:32.90 | 4:57 | 12.1 |
| 55 | PRZEWORSKI MIESZKO | 289 | | SŁUPSK | POL | M3 | 55 | M 135 | 00:25:23 | 00:49:49.60 | 4:58 | 12 |
| 56 | KOSTRZEWA KAROL | 1 | #SIŁADLAPOLI | SŁUPSK | POL | M3 | 56 | M 137 | 00:24:06 | 00:49:51.85 | 4:59 | 12 |
| 57 | HEJNA ARTUR | 102 | | SŁUPSK | POL | M3 | 57 | M 141 | 00:24:44 | 00:50:17.55 | 5:01 | 11.9 |
| 58 | CONDON CLAYTON | 58 | NSF REDZIKOWO - PWD | REDZIKOWO | | M3 | 58 | M 146 | 00:25:07 | 00:51:03.00 | 5:06 | 11.8 |
| 59 | ŁĘGOWSKI SZYMON | 214 | | SŁUPSK | POL | M3 | 59 | M 149 | 00:26:21 | 00:51:09.55 | 5:06 | 11.7 |
| 60 | KONOPKA LUKASZ | 149 | KOLEGIUM SĘDZIÓW ZZPN | DARŁOWO | POL | M3 | 60 | M 152 | 00:26:03 | 00:51:41.00 | 5:10 | 11.6 |
| 61 | GÓRNIEWICZ PIOTR | 90 | GRYF SŁUPSK | SŁUPSK | POL | M3 | 61 | M 155 | 00:26:26 | 00:51:48.85 | 5:10 | 11.6 |
| 62 | KOZAK KRZYSZTOF | 167 | | POTĘGOWO | POL | M3 | 62 | M 167 | 00:26:48 | 00:52:37.25 | 5:15 | 11.4 |
| 63 | PINKASEWICZ MAREK | 280 | | SŁUPSK | POL | M3 | 63 | M 170 | 00:25:47 | 00:52:47.75 | 5:16 | 11.4 |
| 64 | KOŚCIESZA MICHAŁ | 158 | TEAMMISIEK | USTKA | POL | M3 | 64 | M 172 | 00:27:05 | 00:52:50.35 | 5:17 | 11.4 |
| 65 | KOZŁOWSKI MATEUSZ | 170 | | BOLESŁAWICE | POL | M3 | 65 | M 175 | 00:26:44 | 00:53:04.00 | 5:18 | 11.3 |
| 66 | WYSZOMIRSKI MAREK | 388 | KLUB BIEGOWY 'ZAPIERDALAJ' | SŁUPSK | POL | M3 | 66 | M 182 | 00:26:42 | 00:53:51.60 | 5:23 | 11.1 |
| 67 | CICHOŃSKI ROBERT | 52 | | JEZIERZYCE SŁUPSKIE | POL | M3 | 67 | M 185 | 00:26:01 | 00:54:01.30 | 5:24 | 11.1 |
| 68 | RĘKAS MATEUSZ | 296 | | POSTOMINO | POL | M3 | 68 | M 189 | 00:27:21 | 00:54:27.65 | 5:26 | 11 |
| 69 | HODUREK ADAM | 104 | | SŁUPSK | POL | M3 | 69 | M 192 | 00:27:10 | 00:55:13.70 | 5:31 | 10.9 |
| 70 | BEDNARCZYK DAMIAN | 14 | | SIEMIANICE | POL | M3 | 70 | M 198 | 00:28:18 | 00:55:51.90 | 5:35 | 10.7 |
| 71 | ORZECHOWSKI MICHAŁ | 263 | KALIOP POLAND | SŁUPSK | POL | M3 | 71 | M 200 | 00:27:44 | 00:56:21.40 | 5:38 | 10.6 |
| 72 | OLESIŃSKI MARCIN | 260 | | KŁOBRZEG | POL | M3 | 72 | M 204 | 00:27:15 | 00:56:32.80 | 5:39 | 10.6 |
| 73 | ŁUKASZCZYK BARTOSZ | 216 | | SŁUPSK | POL | M3 | 73 | M 209 | 00:28:14 | 00:57:03.35 | 5:42 | 10.5 |
| 74 | ORZECHOWSKI TOBIASZ | 262 | | SŁUPSK | POL | M3 | 74 | M 212 | 00:28:53 | 00:57:25.60 | 5:44 | 10.4 |
| 75 | KWIATEK ALEKSANDER | 199 | | SIEMIANICE | POL | M3 | 75 | M 216 | 00:27:28 | 00:57:36.90 | 5:45 | 10.4 |
| 76 | KRÓLIK MARIUSZ | 178 | KRÓLICZENKO | SŁUPSK | POL | M3 | 76 | M 222 | 00:29:20 | 00:59:04.45 | 5:54 | 10.2 |
| 77 | DESZCZ RADOŚLAW | 66 | SKSK PIEKŁO PÓŁNOCY | BOLESŁAWICE | POL | M3 | 77 | M 225 | 00:28:17 | 00:59:21.35 | 5:56 | 10.1 |
| 78 | STANIUK BARTOSZ | 325 | | SŁUPSK | POL | M3 | 78 | M 232 | 00:28:57 | 01:00:06.50 | 6:00 | 10 |
| 79 | SZEWCUK PIOTR | 336 | | SŁUPSK | POL | M3 | 79 | M 234 | 00:32:06 | 01:00:30.80 | 6:03 | 9.9 |
| 80 | NITA KRZYSZTOF | 247 | NITA TEAM | MIASTKO | POL | M3 | 80 | M 235 | 00:30:44 | 01:00:34.10 | 6:03 | 9.9 |
| 81 | KACZYŃSKI DAMIAN | 342 | | SŁUPSK | POL | M3 | 81 | M 241 | 00:30:19 | 01:01:48.45 | 6:10 | 9.7 |
| 82 | PRZYGÓCKI SYLWESTER | 292 | LION STRONG TEAM | SIEMIANICE | POL | M3 | 82 | M 245 | 00:30:21 | 01:02:27.40 | 6:14 | 9.6 |
| 83 | CHMIEŁOWIEC SEBASTIAN | 42 | KUŹNIA SPORTU SŁUPSK | SŁUPSK | POL | M3 | 83 | M 248 | 00:29:58 | 01:02:57.65 | 6:17 | 9.5 |
| 84 | KOTECKI KAMIL | 215 | | SŁUPSK | POL | M3 | 84 | M 255 | 00:32:17 | 01:05:05.80 | 6:30 | 9.2 |
| 85 | LYPOVETSKYI STEPAN | 213 | - | SŁUPSK | POL | M3 | 85 | M 257 | 00:32:29 | 01:05:42.10 | 6:34 | 9.1 |
| 86 | BIELECKI MATEUSZ | 19 | | SŁUPSK | POL | M3 | 86 | M 262 | 00:46:13 | 01:38:18.85 | 9:49 | 6.1 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, K4

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|----------------------|-----|------------------------|-----------|------|------|--------|------|----------|-------------|--------|------|
| 1 | GRYGOROWICZ MARTA | 96 | BIEGAM BO LUBIĘ SŁUPSK | BIERKOWO | POL | K4 | 1 | K 3 | 00:22:08 | 00:44:02.80 | 4:24 | 13.6 |
| 2 | KUROWSKA OLGA | 192 | IUSTITIA POLSKA | SŁUPSK | POL | K4 | 2 | K 11 | 00:23:52 | 00:47:28.80 | 4:44 | 12.6 |
| 3 | ZDUNEK KATARZYNA | 393 | W.P.K SŁOŃ TEAM USTKA | SŁUPSK | POL | K4 | 3 | K 12 | 00:23:52 | 00:48:02.25 | 4:48 | 12.5 |
| 4 | RZEPECKA-GONTAR ANNA | 303 | | PRUSZKÓW | POL | K4 | 4 | K 13 | 00:23:55 | 00:48:02.30 | 4:48 | 12.5 |
| 5 | SZYBUT WIOLETA | 345 | | SŁUPSK | POL | K4 | 5 | K 15 | 00:24:24 | 00:48:51.85 | 4:53 | 12.3 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, K4 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|-------------------------------|-----|--|-------------------|------|------|--------|-------|----------|-------------|--------|------|
| 6 | GRABOWSKA KINGA | 91 | ANANASY Z 3 FAL | SŁUPSK | POL | K4 | 6 | K 16 | 00:24:30 | 00:49:03.35 | 4:54 | 12.2 |
| 7 | CHABOWSKA AGNIESZKA | 39 | | SŁUPSK | POL | K4 | 7 | K 20 | 00:26:01 | 00:49:57.00 | 4:59 | 12 |
| 8 | KALUŻA MARTA | 125 | NADMORSKY BIEGACZE KOŁOBRZEG | KOŁOBRZEG | POL | K4 | 8 | K 30 | 00:25:39 | 00:51:36.55 | 5:09 | 11.6 |
| 9 | LASZCZYK KASIA | 203 | AKTYWNA FABRYKA | SIEMIANICE | POL | K4 | 9 | K 32 | 00:26:06 | 00:51:52.80 | 5:11 | 11.6 |
| 10 | ZIELIŃSKA DANUTA | 394 | USB USTKA | USTKA | POL | K4 | 10 | K 34 | 00:26:35 | 00:51:59.10 | 5:11 | 11.5 |
| 11 | BOSIACKA ANETA | 31 | | SŁUPSK | POL | K4 | 11 | K 35 | 00:25:49 | 00:51:59.80 | 5:11 | 11.5 |
| 12 | FRUBA KARINA | 74 | STOPA SŁUPSK / KORONA SZCZECIN | REDZIKOWO | POL | K4 | 12 | K 39 | 00:25:58 | 00:53:02.90 | 5:18 | 11.3 |
| 13 | KOLUCH SYLWIA | 147 | | KOBYLNICIA | POL | K4 | 13 | K 47 | 00:27:30 | 00:54:26.95 | 5:26 | 11 |
| 14 | ŻULIŃSKA MONIKA | 399 | | SŁUPSK | POL | K4 | 14 | K 48 | 00:26:07 | 00:54:27.00 | 5:26 | 11 |
| 15 | GIERESZ AGNIESZKA | 84 | | BUKOWA | POL | K4 | 15 | K 50 | 00:27:21 | 00:54:38.50 | 5:27 | 11 |
| 16 | ZABOROWSKA KINGA | 389 | | KRĘPA SŁUPSKA | POL | K4 | 15 | K 50 | 00:26:36 | 00:54:38.50 | 5:27 | 11 |
| 17 | LISIECKA KAROLINA | 209 | 73BLP | SŁUPSK | POL | K4 | 17 | K 52 | 00:27:09 | 00:54:48.25 | 5:28 | 10.9 |
| 18 | FURSEWICZ EWA | 76 | | KOBYLNICIA | POL | K4 | 18 | K 53 | 00:26:59 | 00:54:50.05 | 5:29 | 10.9 |
| 19 | SAWYER MARTYNA | 308 | AKTYWNA FABRYKA | DĘBNICA KASZUBSKA | POL | K4 | 19 | K 54 | 00:26:39 | 00:54:57.85 | 5:29 | 10.9 |
| 20 | SAGAŁA PATRYCJA | 304 | | SŁUPSK | POL | K4 | 20 | K 56 | 00:27:26 | 00:55:15.50 | 5:31 | 10.9 |
| 21 | TEŚNA MAGDALENA | 349 | | SIEMIANICE | POL | K4 | 21 | K 57 | 00:27:35 | 00:55:20.70 | 5:32 | 10.8 |
| 22 | KOSICKA IWONA | 153 | STOPA SŁUPSK | SŁUPSK | POL | K4 | 22 | K 58 | 00:28:30 | 00:55:44.05 | 5:34 | 10.8 |
| 23 | WILKOWSKA MARTA | 374 | | SŁUPSK | POL | K4 | 23 | K 60 | 00:27:54 | 00:56:02.40 | 5:36 | 10.7 |
| 24 | NAZARKO MAŁGORZATA | 245 | | SŁUPSK | POL | K4 | 24 | K 61 | 00:27:53 | 00:56:04.15 | 5:36 | 10.7 |
| 25 | SZAREK MARTA | 333 | FIT SAUSAGES | SŁUPSK | POL | K4 | 25 | K 64 | 00:27:35 | 00:56:34.65 | 5:39 | 10.6 |
| 26 | PATYNA MARTA | 266 | | SŁUPSK | POL | K4 | 26 | K 66 | 00:29:02 | 00:56:51.35 | 5:41 | 10.6 |
| 27 | MUCHOCKA PAULINA | 375 | GRAND LUBICZ 5* UZDROWISKO USTKA | SŁUPSK | POL | K4 | 27 | K 68 | 00:28:16 | 00:57:14.80 | 5:43 | 10.5 |
| 28 | BARAŃSKA KAMILA | 11 | | OBJAZDA | POL | K4 | 28 | K 69 | 00:28:09 | 00:57:29.00 | 5:44 | 10.4 |
| 29 | KĘPKA KAROLINA | 140 | STOPA SŁUPSK | SŁUPSK | POL | K4 | 29 | K 70 | 00:29:25 | 00:57:30.45 | 5:45 | 10.4 |
| 30 | BLUMA MARTA | 24 | KRZYSIO TEAM | SŁUPSK | POL | K4 | 30 | K 71 | 00:28:02 | 00:57:31.35 | 5:45 | 10.4 |
| 31 | ZARZYCKA IZABELA | 391 | W.P.K.SŁOŃ TEAM USTKA | USTKA | POL | K4 | 31 | K 75 | 00:28:40 | 00:57:45.65 | 5:46 | 10.4 |
| 32 | MOLIS JOANNA | 234 | | BIERKOWO | POL | K4 | 32 | K 78 | 00:29:43 | 00:58:33.75 | 5:51 | 10.2 |
| 33 | LEŃSKA AGNIESZKA | 204 | | SŁUPSK | POL | K4 | 33 | K 81 | 00:29:42 | 00:59:04.55 | 5:54 | 10.2 |
| 34 | MOTOWIDŁO-ZAWADZKA IZABELLA | 236 | | SŁUPSK | POL | K4 | 34 | K 85 | 00:30:01 | 01:01:14.35 | 6:07 | 9.8 |
| 35 | STAHL ANNA | 322 | WYŻSZA SZKOŁA POLICJI W ORANIENBURGU | ORANIENBURG | GER | K4 | 35 | K 86 | 00:27:57 | 01:01:18.00 | 6:07 | 9.8 |
| 36 | BORODZIUK ANETA | 29 | | SŁUPSK | POL | K4 | 36 | K 87 | 00:30:35 | 01:01:20.85 | 6:08 | 9.8 |
| 37 | WIŚNIEWSKA DOROTA | 376 | | KOBYLNICIA | POL | K4 | 37 | K 88 | 00:30:24 | 01:01:21.65 | 6:08 | 9.8 |
| 38 | KOWAL MARIA | 161 | | SŁUPSK | POL | K4 | 38 | K 90 | 00:30:25 | 01:01:22.00 | 6:08 | 9.8 |
| 39 | GRODZKA KINGA | 93 | | SŁUPSK | POL | K4 | 39 | K 93 | 00:30:47 | 01:02:39.85 | 6:15 | 9.6 |
| 40 | LIS-WRÓBLEWSKA IWONA | 211 | KUŹNIA SPORTU SŁUPSK | SŁUPSK | POL | K4 | 40 | K 94 | 00:29:58 | 01:02:57.45 | 6:17 | 9.5 |
| 41 | MURAWSKA KATARZYNA | 239 | | SŁUPSK | POL | K4 | 41 | K 99 | 00:31:06 | 01:04:16.50 | 6:25 | 9.3 |
| 42 | SITKIEWICZ AGNIESZKA | 311 | #SIŁADLAPOLI | SŁUPSK | POL | K4 | 42 | K 101 | 00:31:14 | 01:04:21.10 | 6:26 | 9.3 |
| 43 | GRAJCZAK-MIKŁASZEWICZ DAGMARA | 92 | PARAFIA EWANGELICKO-AUGSBURSKA W SŁUPSKU | SŁUPSK | POL | K4 | 43 | K 104 | 00:31:35 | 01:05:31.65 | 6:33 | 9.2 |
| 44 | SKORUPSKA ANNA | 314 | STOPA SŁUPSK | BOLESŁAWICE | POL | K4 | 44 | K 107 | 00:32:43 | 01:06:15.35 | 6:37 | 9.1 |
| 45 | PODLECKA AGNIESZKA | 285 | | SŁUPSK | POL | K4 | 45 | K 111 | 00:33:42 | 01:11:36.35 | 7:09 | 8.4 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, M4

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|-----------------------|-----|-----------------|-------------|------|------|--------|------|----------|-------------|--------|------|
| 1 | BURZYŃSKI ALEKSANDER | 35 | STOPA SŁUPSK | BOLESŁAWICE | POL | M4 | 1 | M 4 | 00:17:22 | 00:35:02.35 | 3:30 | 17.1 |
| 2 | KAMIENIECKI RAFAŁ | 127 | TUPOŃ USTKA | USTKA | POL | M4 | 2 | M 6 | 00:18:35 | 00:37:47.65 | 3:46 | 15.9 |
| 3 | CERAPIŃSKI MACIEK | 38 | SŁUPSK | SŁUPSK | POL | M4 | 3 | M 8 | 00:19:14 | 00:38:28.85 | 3:50 | 15.6 |
| 4 | MAZUREK MARCIN | 227 | XXX | BARCINO | POL | M4 | 4 | M 10 | 00:19:31 | 00:39:03.05 | 3:54 | 15.4 |
| 5 | BULCZAK RAFAŁ | 33 | 7BOW | SŁUPSK | POL | M4 | 5 | M 11 | 00:19:21 | 00:39:11.30 | 3:55 | 15.3 |
| 6 | SKĘPIEC ADAM | 312 | | SŁUPSK | POL | M4 | 6 | M 17 | 00:19:54 | 00:39:47.95 | 3:58 | 15.1 |
| 7 | KALETA SEBASTIAN | 122 | | KOSZALIN | POL | M4 | 7 | M 20 | 00:20:13 | 00:40:10.65 | 4:01 | 14.9 |
| 8 | BŁENCKI PIOTR | 25 | AKTYWNA FABRYKA | SŁUPSK | POL | M4 | 8 | M 22 | 00:20:05 | 00:40:15.25 | 4:01 | 14.9 |
| 9 | GAJEWSKI ANDRZEJ | 77 | STOPA SŁUPSK | DAMNICA | POL | M4 | 9 | M 30 | 00:20:24 | 00:41:04.90 | 4:06 | 14.6 |
| 10 | DYŚKO WOJCIECH | 71 | | SŁUPSK | POL | M4 | 10 | M 35 | 00:20:32 | 00:41:39.05 | 4:09 | 14.4 |
| 11 | NAGÓREK KAMIL | 243 | STOPA SŁUPSK | SŁUPSK | POL | M4 | 11 | M 37 | 00:21:20 | 00:42:09.75 | 4:12 | 14.2 |
| 12 | CZYŻYKOWSKI KRZYSZTOF | 63 | | SŁUPSK | POL | M4 | 12 | M 40 | 00:20:37 | 00:42:22.20 | 4:14 | 14.2 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, M4 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|-----------------------|-----|---|---------------|------|------|--------|-------|----------|-------------|--------|------|
| 13 | PIOTRKOWSKI TOMASZ | 401 | STOPA SŁUPSK | SŁUPSK | POL | M4 | 13 | M 47 | 00:21:34 | 00:42:43.30 | 4:16 | 14 |
| 14 | BIERZANOWSKI RAFAŁ | 21 | | SŁUPSK | POL | M4 | 14 | M 54 | 00:21:52 | 00:43:37.30 | 4:21 | 13.8 |
| 15 | KLINKUSZ ADRIAN | 143 | | SŁUPSK | POL | M4 | 15 | M 56 | 00:21:53 | 00:43:49.75 | 4:22 | 13.7 |
| 16 | KOWALCZYK MARCIN | 164 | SKSK PIEKŁO PÓŁNOCY | SŁUPSK | POL | M4 | 16 | M 57 | 00:21:48 | 00:43:51.00 | 4:23 | 13.7 |
| 17 | WAŃCHNICKI MARCIN | 103 | | SŁUPSK | POL | M4 | 17 | M 60 | 00:21:39 | 00:44:13.50 | 4:25 | 13.6 |
| 18 | PIŁAT PAWEŁ | 276 | BEST BEASTS | WŁYNKOWO | POL | M4 | 18 | M 64 | 00:21:49 | 00:44:35.45 | 4:27 | 13.5 |
| 19 | SADOWSKI PAWEŁ | 113 | STOPA SŁUPSK | SŁUPSK | POL | M4 | 19 | M 65 | 00:22:44 | 00:44:41.90 | 4:28 | 13.4 |
| 20 | KWIETNIEWSKI DANIEL | 202 | | KOSZALIN | POL | M4 | 20 | M 66 | 00:22:19 | 00:44:50.30 | 4:29 | 13.4 |
| 21 | MIECHÓWKA MICHAŁ | 229 | | SŁUPSK | POL | M4 | 21 | M 71 | 00:22:12 | 00:45:02.15 | 4:30 | 13.3 |
| 22 | STEC JAKUB | 379 | BEST BEASTS | SŁUPSK | POL | M4 | 22 | M 72 | 00:22:35 | 00:45:02.50 | 4:30 | 13.3 |
| 23 | SKORUPSKI ROBERT | 315 | STOPA SŁUPSK | SŁUPSK | POL | M4 | 23 | M 73 | 00:22:44 | 00:45:05.25 | 4:30 | 13.3 |
| 24 | PIETRZYK PAWEŁ | 275 | | SŁUPSK | POL | M4 | 24 | M 78 | 00:22:46 | 00:45:25.35 | 4:32 | 13.2 |
| 25 | SMOLIŃSKI KRZYSZTOF | 318 | | GLOBINO | POL | M4 | 25 | M 80 | 00:22:49 | 00:45:32.90 | 4:33 | 13.2 |
| 26 | OBERT PAWEŁ | 253 | STOPA SŁUPSK | DAMNICA | POL | M4 | 26 | M 81 | 00:22:33 | 00:45:37.00 | 4:33 | 13.2 |
| 27 | KOS KRZYSIEK | 152 | WYBIEGANI KRZYCHU | POTEGOWO | POL | M4 | 27 | M 82 | 00:22:44 | 00:45:41.25 | 4:34 | 13.1 |
| 28 | KAŁUŻNY MARIUSZ | 126 | NADMORSZY BIEGACZE KOŁOBRZEG | KOŁOBRZEG | POL | M4 | 28 | M 83 | 00:23:18 | 00:45:43.50 | 4:34 | 13.1 |
| 29 | MIELCZAREK ANDRZEJ | 405 | WODOCIĄGI SŁUPSK | SŁUPSK | POL | M4 | 29 | M 88 | 00:23:16 | 00:46:36.70 | 4:39 | 12.9 |
| 30 | KOWALCZUK JAKUB | 162 | | NIEMICA | POL | M4 | 30 | M 91 | 00:23:29 | 00:46:47.60 | 4:40 | 12.8 |
| 31 | ROLBIECKI ŁUKASZ | 297 | | KOBYLNICIA | POL | M4 | 31 | M 101 | 00:24:24 | 00:47:32.10 | 4:45 | 12.6 |
| 32 | GŁASZCZ MARIUSZ | 86 | WWW.ART-DONICE.PL | KOBYLNICIA | POL | M4 | 32 | M 108 | 00:23:54 | 00:47:57.65 | 4:47 | 12.5 |
| 33 | KONSTANCZAK BARTOSZ | 150 | NSF REDZIKOWO (PWD) | SŁUPSK | GBR | M4 | 33 | M 110 | 00:24:10 | 00:48:08.20 | 4:48 | 12.5 |
| 34 | KARGUL JACEK | 410 | | KOBYLNICIA | POL | M4 | 34 | M 113 | 00:24:41 | 00:48:25.25 | 4:50 | 12.4 |
| 35 | GROTA MARIUSZ | 94 | AKTYWNA FABRYKA | SŁUPSK | POL | M4 | 35 | M 123 | 00:24:29 | 00:49:03.15 | 4:54 | 12.2 |
| 36 | GIEDROJĆ TOMASZ | 83 | TG12.PL | SŁUPSK | POL | M4 | 36 | M 126 | 00:24:39 | 00:49:12.85 | 4:55 | 12.2 |
| 37 | TRUSIAK MIŁOSZ | 354 | | SŁUPSK | POL | M4 | 37 | M 131 | 00:24:21 | 00:49:33.80 | 4:57 | 12.1 |
| 38 | GRYGOROWICZ TOMASZ | 97 | BIEGAM BO LUBIĘ SŁUPSK | BIERKOWO | POL | M4 | 38 | M 132 | 00:25:01 | 00:49:37.45 | 4:57 | 12.1 |
| 39 | MAZGIS MARCIN | 226 | | SŁUPSK | POL | M4 | 39 | M 133 | 00:25:16 | 00:49:37.80 | 4:57 | 12.1 |
| 40 | GORCZYCKI GRZEGORZ | 87 | ILONKA TEAM | GDAŃSK | POL | M4 | 40 | M 136 | 00:24:43 | 00:49:51.35 | 4:59 | 12 |
| 41 | KUPIŚ WOJCIECH | 188 | | SŁUPSK | POL | M4 | 41 | M 139 | 00:24:11 | 00:50:06.70 | 5:00 | 12 |
| 42 | OKOŁOTOWICZ SEBASTIAN | 256 | | SŁUPSK | POL | M4 | 42 | M 140 | 00:24:04 | 00:50:15.65 | 5:01 | 11.9 |
| 43 | KLOC DARIUSZ | 144 | BEST BEASTS | BUKÓWKA | POL | M4 | 43 | M 143 | 00:25:31 | 00:50:45.80 | 5:04 | 11.8 |
| 44 | TRAPP SEBASTIAN | 351 | LION STRONG TEAM | SIEMIANICE | POL | M4 | 44 | M 147 | 00:25:23 | 00:51:05.25 | 5:06 | 11.7 |
| 45 | KARGUL RAFAŁ | 134 | | USTKA | POL | M4 | 45 | M 148 | 00:25:43 | 00:51:08.85 | 5:06 | 11.7 |
| 46 | TROCKI ŁUKASZ | 353 | | SŁUPSK | POL | M4 | 46 | M 150 | 00:25:31 | 00:51:19.80 | 5:07 | 11.7 |
| 47 | BODO RAFAŁ | 26 | ZOZKOSZ KOSZALIN | KOSZALIN | POL | M4 | 47 | M 153 | 00:26:28 | 00:51:41.95 | 5:10 | 11.6 |
| 48 | FURMAN TOMASZ | 75 | STOPA SŁUPSK | SŁUPSK | POL | M4 | 48 | M 154 | 00:25:39 | 00:51:45.45 | 5:10 | 11.6 |
| 49 | KWAPIS WOJCIECH | 196 | TP SKALAR SŁUPSK | STRZELINO | POL | M4 | 49 | M 157 | 00:25:47 | 00:51:56.90 | 5:11 | 11.6 |
| 50 | KOSIEDOWSKI SEBASTIAN | 156 | USB USTKA | USTKA | POL | M4 | 50 | M 158 | 00:26:35 | 00:51:57.40 | 5:11 | 11.5 |
| 51 | ODIJA LESZEK | 255 | KAWOSZE BIEGAJĄ | WIRY | POL | M4 | 51 | M 160 | 00:26:43 | 00:51:58.90 | 5:11 | 11.5 |
| 52 | JAROS ADAM | 115 | | KRĘPA SŁUPSKA | POL | M4 | 52 | M 164 | 00:26:36 | 00:52:28.90 | 5:14 | 11.4 |
| 53 | OSTROWSKI PAWEŁ | 264 | NSJ SZALONE KIJE | SŁUPSK | POL | M4 | 53 | M 165 | 00:25:44 | 00:52:33.85 | 5:15 | 11.4 |
| 54 | GWIAZDA JAROSŁAW | 99 | 7BOW | SŁUPSK | POL | M4 | 54 | M 166 | 00:26:35 | 00:52:34.25 | 5:15 | 11.4 |
| 55 | WIECZOREK SŁAWOMIR | 366 | | SŁUPSK | POL | M4 | 55 | M 171 | 00:25:56 | 00:52:50.20 | 5:17 | 11.4 |
| 56 | STASZKIEWICZ MARIUSZ | 326 | | USTKA | POL | M4 | 56 | M 173 | 00:27:05 | 00:52:50.80 | 5:17 | 11.4 |
| 57 | SAMSONOWICZ KRZYSZTOF | 306 | CEDRUS TEAM | SIEMIANICE | POL | M4 | 57 | M 174 | 00:27:00 | 00:52:52.30 | 5:17 | 11.3 |
| 58 | OLECHNOWICZ SŁAWOMIR | 257 | STOPA SŁUPSK | SŁUPSK | POL | M4 | 58 | M 177 | 00:27:04 | 00:53:10.65 | 5:19 | 11.3 |
| 59 | GUBERNAT MIROSLAW | 98 | NIEPUBLICZNA SZKOŁA PODSTAWOWA NR 7 W SŁUPSKU | SŁUPSK | POL | M4 | 59 | M 184 | 00:27:18 | 00:53:56.45 | 5:23 | 11.1 |
| 60 | SZYBUT RAFAŁ | 346 | NIE LUBIĘ BIEGAĆ | SŁUPSK | POL | M4 | 60 | M 188 | 00:26:56 | 00:54:23.85 | 5:26 | 11 |
| 61 | BIAŁY MICHAŁ | 17 | ... | SŁUPSK | POL | M4 | 61 | M 191 | 00:27:08 | 00:54:48.30 | 5:28 | 10.9 |
| 62 | KROPIŃSKI ADAM | 177 | ŻÓŁWIK # NIE LUBIĘ BIEGAĆ | SŁUPSK | POL | M4 | 62 | M 193 | 00:26:58 | 00:55:17.55 | 5:31 | 10.9 |
| 63 | CHYBA BARTŁOMIEJ | 48 | WOJSKO POLSKIE | SŁUPSK | POL | M4 | 63 | M 205 | 00:27:11 | 00:56:39.75 | 5:39 | 10.6 |
| 64 | KŁUSEK MAREK | 145 | FREE PALESTINE | SŁUPSK | POL | M4 | 64 | M 213 | 00:28:54 | 00:57:25.90 | 5:44 | 10.4 |
| 65 | BLUMA TOMASZ | 23 | KRZYSIO TEAM | SŁUPSK | POL | M4 | 65 | M 214 | 00:28:00 | 00:57:29.50 | 5:44 | 10.4 |
| 66 | JAWORSKI ROBERT | 6 | | PIESZCZ | POL | M4 | 66 | M 219 | 00:28:34 | 00:58:25.20 | 5:50 | 10.3 |
| 67 | RUTKOWSKI MAREK | 301 | | ZĘBOWO | POL | M4 | 67 | M 220 | 00:28:52 | 00:58:36.10 | 5:51 | 10.2 |
| 68 | KOT DANIEL | 159 | KOT TEAM | BOLESŁAWICE | POL | M4 | 68 | M 223 | 00:29:42 | 00:59:11.60 | 5:55 | 10.1 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, M4 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|--------------------|-----|------------------|------------|------|------|--------|-------|----------|-------------|--------|------|
| 69 | CZUCZAK TOMASZ | 62 | | KOSZALIN | POL | M4 | 69 | M 230 | 00:28:34 | 00:59:42.25 | 5:58 | 10.1 |
| 70 | JARZĄB SEBASTIAN | 116 | | WITKOWO | POL | M4 | 70 | M 233 | 00:30:57 | 01:00:29.85 | 6:02 | 9.9 |
| 71 | SROKA SŁAWOMIR | 321 | | SŁUPSK | POL | M4 | 71 | M 238 | 00:29:20 | 01:01:04.65 | 6:06 | 9.8 |
| 72 | CZERWIŃSKI RAFAŁ | 61 | | SŁUPSK | POL | M4 | 72 | M 239 | 00:30:21 | 01:01:18.60 | 6:07 | 9.8 |
| 73 | SZYCKO RADOŚLAW | 347 | | KOBYLNICA | POL | M4 | 73 | M 240 | 00:30:22 | 01:01:41.55 | 6:10 | 9.7 |
| 74 | SŁUPCZEWSKI MICHAŁ | 402 | | SŁUPSK | POL | M4 | 74 | M 242 | 00:31:12 | 01:02:01.50 | 6:12 | 9.7 |
| 75 | RAHOZA SZYMON | 294 | LION STRONG TEAM | SIEMIANICE | POL | M4 | 75 | M 246 | 00:30:22 | 01:02:27.65 | 6:14 | 9.6 |
| 76 | MACIEJEWSKI TOMASZ | 219 | | USTKA | POL | M4 | 76 | M 247 | 00:29:57 | 01:02:42.75 | 6:16 | 9.6 |
| 77 | PIETRZYCKI DARIUSZ | 273 | | SŁUPSK | POL | M4 | 77 | M 252 | 00:30:35 | 01:04:59.85 | 6:29 | 9.2 |
| 78 | KUCHARSKI RADEK | 184 | | KOBYLNICA | POL | M4 | 78 | M 254 | 00:34:01 | 01:05:05.35 | 6:30 | 9.2 |
| DNC | MINCEWICZ ADAM | 231 | AKTYWNA FABRYKA | SŁUPSK | POL | M4 | DNC | DNC | 00:24:32 | | | |
| | PIOTRASCHKE PAWEŁ | 282 | AML SŁUPSK | SŁUPSK | POL | M4 | | | DNF | DNF | - | - |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, K5

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|----------------------------|-----|------|-----------|------|------|--------|-------|----------|-------------|--------|------|
| 1 | ZIELIŃSKA MARZENA | 395 | | SŁUPSK | POL | K5 | 1 | K 25 | 00:25:12 | 00:50:27.20 | 5:02 | 11.9 |
| 2 | KLEJDYSZ BEATA | 142 | | SŁUPSK | POL | K5 | 2 | K 73 | 00:28:08 | 00:57:34.90 | 5:45 | 10.4 |
| 3 | RUBAJ- KRILIKOWSKA MONILA | 300 | | SŁUPSK | POL | K5 | 3 | K 76 | 00:28:46 | 00:57:58.80 | 5:47 | 10.4 |
| 4 | LIPCZYŃSKA JOANNA | 208 | | ŻELKOWO | POL | K5 | 4 | K 91 | 00:30:26 | 01:02:18.40 | 6:13 | 9.6 |
| 5 | SZÓSTAKIEWICZ-LITYCH ANETA | 343 | | POTĘGOWO | POL | K5 | 5 | K 95 | 00:30:29 | 01:03:43.70 | 6:22 | 9.4 |
| 6 | WACHHOLZ BEATA | 359 | | SŁAWNO | POL | K5 | 6 | K 108 | 00:33:12 | 01:08:07.85 | 6:48 | 8.8 |
| 7 | LUBIŃSKA LILIANA | 212 | | SŁUPSK | POL | K5 | 7 | K 114 | 00:36:47 | 01:17:58.35 | 7:47 | 7.7 |
| 8 | KUPIS RENATA | 187 | | SŁUPSK | POL | K5 | 8 | K 116 | 00:38:09 | | 7:37 | 7.9 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, M5

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|------------------------------|-----|---------------------------------|---------------|------|------|--------|-------|----------|-------------|--------|------|
| 1 | PICK TOMASZ | 268 | KORONA / BIEGOLAS KOSZALIN | KOSZALIN | POL | M5 | 1 | M 18 | 00:20:04 | 00:39:51.95 | 3:59 | 15.1 |
| 2 | WIERZEJSKI SŁAWOMIR | 368 | K.B.GOCH BYTÓW | BYTÓW | POL | M5 | 2 | M 41 | 00:20:56 | 00:42:23.25 | 4:14 | 14.2 |
| 3 | ANDRYSKOWSKI ZDZISŁAW | 3 | KOLARZ-POL | ŁĘBORK | POL | M5 | 3 | M 50 | 00:21:22 | 00:43:16.70 | 4:19 | 13.9 |
| 4 | SALAMONIK PIOTR | 305 | | SŁUPSK | POL | M5 | 4 | M 53 | 00:21:39 | 00:43:21.45 | 4:20 | 13.8 |
| 5 | KUROWSKI MARCIN | 193 | | SŁUPSK | POL | M5 | 5 | M 75 | 00:22:43 | 00:45:17.30 | 4:31 | 13.2 |
| 6 | LESZCZEŁOWSKI PIOTR GRZEGORZ | 206 | NOWA MARCHIA | ZŁOCIENIEC | POL | M5 | 6 | M 76 | 00:22:41 | 00:45:23.35 | 4:32 | 13.2 |
| 7 | STĘPNIEWSKI MARCIN | 329 | ULTRAS GRYF SŁUPSK | SIEMIANICE | POL | M5 | 7 | M 77 | 00:22:33 | 00:45:24.95 | 4:32 | 13.2 |
| 8 | OLESZEK JERZY | 261 | SZKOŁA PODOFICERSKA MW | GRABNO | POL | M5 | 8 | M 87 | 00:22:59 | 00:46:24.80 | 4:38 | 12.9 |
| 9 | SZPITER TOMASZ | 344 | OLAWS ZŁOTORYJA | ZŁOTORYJA | POL | M5 | 9 | M 90 | 00:23:12 | 00:46:43.95 | 4:40 | 12.8 |
| 10 | SZMAJDA RYSZARD | 112 | | SŁUPSK | POL | M5 | 10 | M 93 | 00:23:02 | 00:46:59.90 | 4:41 | 12.8 |
| 11 | KOSICKI RAFAŁ | 154 | DYNIA | KOBYLNICA | POL | M5 | 11 | M 98 | 00:23:24 | 00:47:21.25 | 4:44 | 12.7 |
| 12 | STAWICKI MAREK | 328 | OSP SMOŁDZINO | SMOŁDZINO | POL | M5 | 12 | M 99 | 00:23:21 | 00:47:22.00 | 4:44 | 12.7 |
| 13 | TOMCZAK DOMINIK | 350 | W.P.K SŁOŃ TEAM | SŁUPSK | POL | M5 | 13 | M 104 | 00:23:28 | 00:47:50.90 | 4:47 | 12.5 |
| 14 | TREDER MARIAN | 352 | | ŁOSINO | POL | M5 | 14 | M 105 | 00:24:03 | 00:47:52.85 | 4:47 | 12.5 |
| 15 | ŻMIJAN ARTUR | 398 | | KAMIENNA GÓRA | POL | M5 | 15 | M 117 | 00:24:28 | 00:48:44.40 | 4:52 | 12.3 |
| 16 | BEDNARCZYK ARKADIUSZ | 13 | STOPA SŁUPSK | KOBYLNICA | POL | M5 | 16 | M 118 | 00:24:54 | 00:48:45.40 | 4:52 | 12.3 |
| 17 | NACHYŁA PIOTR | 240 | STOPA | SŁUPSK | POL | M5 | 17 | M 122 | 00:24:20 | 00:48:59.70 | 4:53 | 12.2 |
| 18 | ROSIĄK JACEK | 299 | | SŁUPSK | POL | M5 | 18 | M 134 | 00:26:02 | 00:49:45.65 | 4:58 | 12.1 |
| 19 | SZMIGIERO ARKADIUSZ | 341 | SPORT GENERATION/ WPK SŁOŃ TEAM | SŁUPSK | POL | M5 | 19 | M 138 | 00:24:50 | 00:49:52.85 | 4:59 | 12 |
| 20 | WYSIECKI JAROSŁAW | 386 | | KOŚCIERZYNA | POL | M5 | 20 | M 142 | 00:25:12 | 00:50:27.10 | 5:02 | 11.9 |
| 21 | MACHTYL ZYGMUNT | 217 | BEST BEASTS | BIERKOWO | POL | M5 | 21 | M 144 | 00:26:25 | 00:50:57.80 | 5:05 | 11.8 |
| 22 | WOLSKI MARCIN | 383 | | SŁUPSK | POL | M5 | 22 | M 145 | 00:17:00 | 00:51:01.00 | 5:06 | 11.8 |
| 23 | NADOLNY PIOTR | 241 | | GRABNO | POL | M5 | 23 | M 159 | 00:26:35 | 00:51:57.80 | 5:11 | 11.5 |
| 24 | CHOWANIEC SŁAWOMIR | 45 | | SŁUPSK | POL | M5 | 24 | M 176 | 00:26:21 | 00:53:06.05 | 5:18 | 11.3 |
| 25 | ADAMIUK MAREK | 2 | | SŁUPSK | POL | M5 | 25 | M 178 | 00:25:26 | 00:53:15.40 | 5:19 | 11.3 |
| 26 | PODSKOCZYJ WIKTOR | 286 | AKTYWNA FABRYKA | USTKA | POL | M5 | 26 | M 186 | 00:26:42 | 00:54:04.30 | 5:24 | 11.1 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, M5 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|-------------------|-----|--------------|---------------|------|------|--------|-------|----------|-------------|--------|------|
| 27 | RAWSKI JAROSŁAW | 254 | | GRABNO | POL | M5 | 27 | M 196 | 00:28:10 | 00:55:26.85 | 5:32 | 10.8 |
| 28 | KUCHARSKI TOMASZ | 185 | | SŁUPSK | POL | M5 | 28 | M 199 | 00:27:40 | 00:55:52.50 | 5:35 | 10.7 |
| 29 | ŻAKIETA TADEUSZ | 397 | | SŁUPSK | POL | M5 | 29 | M 206 | 00:27:06 | 00:56:52.50 | 5:41 | 10.6 |
| 30 | CHRISTYNIUK PIOTR | 46 | | ŁOSINO | POL | M5 | 30 | M 210 | 00:27:52 | 00:57:03.80 | 5:42 | 10.5 |
| 31 | TUDRUJ ANDRZEJ | 355 | #SIŁADLAPOLI | SŁUPSK | POL | M5 | 31 | M 211 | 00:28:50 | 00:57:07.60 | 5:42 | 10.5 |
| 32 | SUJKA ADAM | 331 | | SŁUPSK | POL | M5 | 32 | M 218 | 00:29:26 | 00:58:22.65 | 5:50 | 10.3 |
| 33 | KAMIŃSKI WITOLD | 132 | STOPA SŁUPSK | KRĘPA SŁUPSKA | POL | M5 | 33 | M 244 | 00:30:21 | 01:02:19.90 | 6:13 | 9.6 |
| 34 | WOZNIAK DARIUSZ | 384 | ARAL SŁAWNO | SŁAWNO | POL | M5 | 34 | M 258 | 00:30:30 | 01:05:48.05 | 6:34 | 9.1 |
| | SŁEFARSKI ANDRZEJ | 348 | STOPA SŁUPSK | SŁUPSK | POL | M5 | | | 00:26:28 | DNF | - | - |
| | | | | | | | | | DNF | | | |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, K60+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|----------------------|-----|-----------------|-----------|------|------|--------|-------|----------|-------------|--------|------|
| 1 | KOŁODZIEJCZYK DANUTA | 148 | | BIESOWICE | POL | K60+ | 1 | K 27 | 00:25:27 | 00:51:16.85 | 5:07 | 11.7 |
| 2 | MARCZAK MAŁGORZATA | 222 | AKTYWNI ŻELKOWO | ŻELKOWO | POL | K60+ | 2 | K 106 | 00:31:15 | 01:05:54.95 | 6:35 | 9.1 |

XII SŁUPSKI BIEG NIEPODLEGŁOŚCI, M60+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5km | Netto | min/km | km/h |
|------|----------------------|-----|------------------------|-------------------|------|------|--------|-------|----------|-------------|--------|------|
| 1 | KULCZYK JERZY | 186 | | BIĄŁOGARD | POL | M60+ | 1 | M 13 | 00:19:40 | 00:39:34.50 | 3:57 | 15.2 |
| 2 | NAGÓREK KRZYSZTOF | 242 | TUPOT USTKA | SŁUPSK | POL | M60+ | 2 | M 48 | 00:21:22 | 00:43:05.90 | 4:18 | 13.9 |
| 3 | CHUDY HENRYK | 47 | K SOLSZEWSKI I SYNOWIE | SŁAWSKO | POL | M60+ | 3 | M 86 | 00:22:25 | 00:46:04.05 | 4:36 | 13 |
| 4 | KRAMEK JANUSZ | 171 | | SIEMIANICE | POL | M60+ | 4 | M 94 | 00:22:52 | 00:47:00.05 | 4:42 | 12.8 |
| 5 | KRUKOWSKI TADEUSZ | 180 | | DĘBNICA KASZUBSKA | POL | M60+ | 5 | M 112 | 00:24:00 | 00:48:23.15 | 4:50 | 12.4 |
| 6 | BONDARENKO JAN | 27 | POLSKA | SŁUPSK | POL | M60+ | 6 | M 116 | 00:24:42 | 00:48:38.65 | 4:51 | 12.3 |
| 7 | SOBOŃ WOJCIECH | 320 | | SŁUPSK | POL | M60+ | 7 | M 121 | 00:24:49 | 00:48:54.15 | 4:53 | 12.3 |
| 8 | GOSŁAWSKI STANISŁAW | 88 | NIE | KĘPICE | POL | M60+ | 8 | M 129 | 00:24:35 | 00:49:29.65 | 4:56 | 12.1 |
| 9 | NOREK RYSZARD | 250 | | SŁAWNO | POL | M60+ | 9 | M 163 | 00:26:25 | 00:52:13.25 | 5:13 | 11.5 |
| 10 | MUCHA JERZY | 238 | TEAM OLA | KRĘPA SŁUPSKA | POL | M60+ | 10 | M 179 | 00:26:47 | 00:53:22.35 | 5:20 | 11.2 |
| 11 | KOWALSKI KRZYSZTOF | 166 | STOPA | SŁUPSK | POL | M60+ | 11 | M 194 | 00:27:31 | 00:55:18.45 | 5:31 | 10.8 |
| 12 | MATUSZYN MICHAŁ | 225 | | SŁUPSK | POL | M60+ | 12 | M 201 | 00:28:55 | 00:56:29.45 | 5:38 | 10.6 |
| 13 | PIŁCZYŃSKI ZBIGNIEW | 278 | | SŁUPSK | POL | M60+ | 13 | M 203 | 00:28:24 | 00:56:32.15 | 5:39 | 10.6 |
| 14 | KOZŁOWIECKI WALDEMAR | 169 | TKKF KOSZALIN | KOSZALIN | POL | M60+ | 14 | M 207 | 00:28:35 | 00:56:54.20 | 5:41 | 10.5 |
| 15 | WOŹNIAKOWSKI ANDRZEJ | 385 | | LĘBORK | POL | M60+ | 15 | M 215 | 00:29:23 | 00:57:34.10 | 5:45 | 10.4 |
| 16 | KWIATEK JACEK | 198 | | SIEMIANICE | POL | M60+ | 16 | M 224 | 00:29:45 | 00:59:14.10 | 5:55 | 10.1 |
| 17 | GAWĘŁ ANDRZEJ | 80 | POMERIDERS | SŁUPSK | POL | M60+ | 17 | M 226 | 00:29:26 | 00:59:24.10 | 5:56 | 10.1 |
| 18 | DOBOSZ ROMUALD | 67 | KB 'TUPOT' USTKA | USTKA | POL | M60+ | 18 | M 227 | 00:29:34 | 00:59:32.45 | 5:57 | 10.1 |
| 19 | GAWĘŁ ZBIGNIEW | 79 | ANANASY Z 3 FAL | SŁUPSK | POL | M60+ | 19 | M 237 | 00:29:50 | 01:00:55.25 | 6:05 | 9.8 |
| 20 | NIWIŃSKI GRZEGORZ | 248 | K.B. TUPOT USTKA | USTKA | POL | M60+ | 20 | M 243 | 00:30:32 | 01:02:12.60 | 6:13 | 9.6 |
| 21 | WERBIŃSKI WALDEMAR | 364 | | SŁUPSK | POL | M60+ | 21 | M 249 | 00:31:01 | 01:03:45.00 | 6:22 | 9.4 |
| 22 | STANIASZEK BOGUSŁAW | 323 | TUPOTUSTKA | GŁOBINO | POL | M60+ | 22 | M 250 | 00:31:50 | 01:04:01.35 | 6:24 | 9.4 |
| 23 | PIETRZYCKI ANDRZEJ | 274 | | SŁUPSK | POL | M60+ | 23 | M 251 | 00:30:36 | 01:04:59.20 | 6:29 | 9.2 |
| 24 | IWANOWSKI WOJCIECH | 107 | | USTKA | POL | M60+ | 24 | M 256 | 00:30:43 | 01:05:22.25 | 6:32 | 9.2 |
| 25 | POKORNY EDWARD | 288 | | USTKA | POL | M60+ | 25 | M 260 | 00:34:13 | 01:10:25.15 | 7:02 | 8.5 |