

II Opolski Bieg Niepodległości

Organizator: Stowarzyszenie „Klub Biegowy Odra Opole”

Miejscowość i data: Opole, 11.11.2024

Klasyfikacja: Bieg na 10 km

| Miejsce | Numer startowy | Kraj | Nazwisko i imię | Rok ur. | Klub / Miejscowość | Czas brutto | Czas netto | Tempo | K | M | Kat. wiekowa |
|---------|----------------|------|----------------------|---------|--|-------------|------------|-------|---|----|--------------|
| 1 | 127 | POL | Piotrowski Piotr | 1993 | MGOKSIR Korfantów, Opole | 00:34:44 | 00:34:43 | 03:28 | | 1 | 1/M30 |
| 2 | 11 | POL | Berlik Piotr | 1992 | KB Odra Opole, Suchy Bór | 00:35:29 | 00:35:29 | 03:32 | | 2 | 2/M30 |
| 3 | 88 | POL | Luzar Rafał | 1979 | Stajniak Team, Opole | 00:36:44 | 00:36:42 | 03:40 | | 3 | 1/M40 |
| 4 | 125 | POL | Pawłowski Marek | 2000 | Polaris Running Team, Opole | 00:37:39 | 00:37:36 | 03:45 | | 4 | 1/M20 |
| 5 | 614 | POL | Janik Krzysztof | 1990 | Opole | 00:39:26 | 00:39:24 | 03:56 | | 5 | 3/M30 |
| 6 | 105 | POL | Michniewicz Maciej | 1977 | Opole | 00:39:28 | 00:39:26 | 03:56 | | 6 | 2/M40 |
| 7 | 117 | POL | Oliwa Piotr | 1984 | Opole | 00:40:39 | 00:40:37 | 04:03 | | 7 | 3/M40 |
| 8 | 123 | POL | Pawlak Zbigniew | 1980 | KB Odra Opole, Opole | 00:40:46 | 00:40:44 | 04:04 | | 8 | 4/M40 |
| 9 | 156 | POL | Szkretka Mariusz | 1987 | Niewodniki | 00:41:09 | 00:41:02 | 04:06 | | 9 | 4/M30 |
| 10 | 74 | POL | Koziarski Przemysław | 1984 | Domecko | 00:41:20 | 00:41:11 | 04:07 | | 10 | 5/M40 |
| 11 | 130 | POL | Poniży Krzysztof | 1980 | Opole | 00:41:30 | 00:41:25 | 04:09 | | 11 | 6/M40 |
| 12 | 124 | POL | Pawlik Krystyna | 1976 | Mafia Team Lubliniec, Olesno | 00:42:20 | 00:42:18 | 04:13 | 1 | | 1/K40 |
| 13 | 167 | POL | Teleguj Michał | 1983 | KB Odra Opole, Opole | 00:42:20 | 00:42:18 | 04:14 | | 12 | 7/M40 |
| 14 | 64 | POL | Kochanek Adam | 1979 | KB Odra Opole, Opole | 00:42:36 | 00:42:35 | 04:15 | | 13 | 8/M40 |
| 15 | 33 | POL | Frey Radosław | 1982 | Chróścina | 00:42:46 | 00:42:43 | 04:16 | | 14 | 9/M40 |
| 16 | 90 | POL | Maciuszek Łukasz | 1986 | Opole | 00:43:20 | 00:43:17 | 04:20 | | 15 | 5/M30 |
| 17 | 71 | POL | Kowalczyk Dariusz | 1988 | Opole | 00:43:23 | 00:43:21 | 04:20 | | 16 | 6/M30 |
| 18 | 152 | POL | Swoboda Leszek | 1973 | Mafia Team Lubliniec, Solarnia | 00:43:29 | 00:43:25 | 04:20 | | 17 | 1/M50 |
| 19 | 54 | POL | Jankowski Marek | 1985 | Starsky Cycling Club Dublin, Opole | 00:43:37 | 00:43:32 | 04:21 | | 18 | 7/M30 |
| 20 | 45 | POL | Grabowski Dominik | 1983 | Opole | 00:43:45 | 00:43:39 | 04:22 | | 19 | 10/M40 |
| 21 | 1 | POL | Walkowiak Artur | 1972 | Dyrektor Biega po Windę dla Swoich Dzieciaków, | 00:43:48 | 00:43:46 | 04:22 | | 20 | 2/M50 |
| 22 | 157 | POL | Sznajdrzyk Denis | 1995 | Izbicko w biegu, Otmice | 00:43:50 | 00:43:46 | 04:22 | | 21 | 2/M20 |
| 23 | 159 | POL | Sznajdrzyk Mariusz | 1983 | Suchodaniec | 00:43:56 | 00:43:52 | 04:23 | | 22 | 11/M40 |
| 24 | 187 | POL | Olejnik Rafał | 1973 | Mafia Team Lubliniec, Tanina | 00:44:11 | 00:44:07 | 04:25 | | 23 | 3/M50 |
| 25 | 81 | POL | Laskowski Igor | 1991 | Opole | 00:44:35 | 00:44:23 | 04:27 | | 24 | 8/M30 |
| 26 | 113 | POL | Oborski Paweł | 1989 | Martes Sport, Opole | 00:44:40 | 00:44:33 | 04:28 | | 25 | 9/M30 |
| 27 | 114 | POL | Ogonowski Jarosław | 1988 | Opole | 00:44:59 | 00:44:34 | 04:29 | | 26 | 10/M30 |
| 28 | 55 | POL | Jankowski Tobiasz | 1985 | Event Hostel Opole, Opole | 00:45:10 | 00:45:01 | 04:31 | | 27 | 11/M30 |
| 29 | 613 | POL | Bil Aleksander | 1999 | Opole | 00:45:35 | 00:45:27 | 04:33 | | 28 | 3/M20 |
| 30 | 170 | POL | Jacheć Jacek | 1982 | KB Odra Opole, Ozimek | 00:45:36 | 00:45:35 | 04:33 | | 29 | 12/M40 |
| 31 | 84 | POL | Libuda Radosław | 1981 | KB Odra Opole, Mechnice | 00:45:37 | 00:45:35 | 04:33 | | 30 | 13/M40 |
| 32 | 62 | POL | Klimas Marcin | 1981 | Grodków | 00:45:37 | 00:45:29 | 04:33 | | 31 | 14/M40 |
| 33 | 153 | POL | Syrowiszka Adam | 1988 | STRUXI DEWELOPER, Opole | 00:45:45 | 00:45:32 | 04:34 | | 32 | 12/M30 |
| 34 | 25 | POL | Czypek Dominik | 1995 | Opole | 00:45:49 | 00:45:19 | 04:34 | | 33 | 4/M20 |
| 35 | 160 | POL | Szydłowski Grzegorz | 1985 | GRENAS, Opole | 00:45:57 | 00:45:50 | 04:35 | | 34 | 13/M30 |
| 36 | 29 | POL | Dura Dawid | 1993 | PejtaTeam, Głogówek | 00:46:02 | 00:45:52 | 04:36 | | 35 | 14/M30 |
| 37 | 179 | POL | Wrona Jacek | 1981 | Polaris Running Team /Stajniak Team, Opole | 00:46:02 | 00:45:51 | 04:36 | | 36 | 15/M40 |
| 38 | 612 | POL | Łupiński Przemysław | 1984 | Opole | 00:46:09 | 00:46:05 | 04:36 | | 37 | 16/M40 |
| 39 | 34 | POL | Gajek Marta | 1988 | KB Odra Opole, Jelowa | 00:46:11 | 00:46:08 | 04:37 | 2 | | 1/K30 |
| 40 | 121 | POL | Panek Piotr | 1985 | Opole | 00:46:13 | 00:45:58 | 04:37 | | 38 | 15/M30 |
| 41 | 131 | POL | Poniży Łukasz | 1982 | Opole | 00:46:22 | 00:46:07 | 04:38 | | 39 | 17/M40 |
| 42 | 16 | POL | Tomaszewicz Marcin | 1988 | KB Odra Opole, Opole | 00:46:28 | 00:46:23 | 04:38 | | 40 | 16/M30 |
| 43 | 168 | POL | Tkaczyk Justyna | 1995 | Opole | 00:46:29 | 00:46:27 | 04:38 | 3 | | 1/K20 |
| 44 | 60 | POL | Karwat Andrzej | 1980 | Stare Budkowice | 00:46:46 | 00:46:40 | 04:40 | | 41 | 18/M40 |
| 45 | 79 | POL | Kwiątek Tomasz | 1979 | #SportDlaDziedzictwa, Opole | 00:46:56 | 00:46:40 | 04:41 | | 42 | 19/M40 |
| 46 | 72 | POL | Kowalczyk Rafał | 1994 | Opole | 00:46:57 | 00:46:53 | 04:41 | | 43 | 17/M30 |
| 47 | 99 | POL | Marczak Piotr | 1977 | KB Odra Opole, Opole | 00:47:06 | 00:47:02 | 04:42 | | 44 | 20/M40 |
| 48 | 83 | POL | Liba Sebastian | 1975 | Polaris Running Team, Opole | 00:47:08 | 00:46:58 | 04:42 | | 45 | 21/M40 |
| 49 | 102 | POL | Mazurek Małgorzata | 1986 | Opole | 00:47:22 | 00:47:09 | 04:44 | 4 | | 2/K30 |
| 50 | 92 | POL | Magura Daniel | 2003 | Jägermeister Team, Ucieszków | 00:47:30 | 00:47:10 | 04:44 | | 46 | 5/M20 |
| 51 | 154 | POL | Szatny Hubert | 1974 | Opole | 00:47:40 | 00:47:31 | 04:45 | | 47 | 4/M50 |
| 52 | 150 | POL | Stupak Ada | 1990 | KB Odra Opole, Tarnów Opolski | 00:47:43 | 00:47:41 | 04:46 | 5 | | 3/K30 |
| 53 | 133 | POL | Posturzyński Michał | 1982 | Strzelce Opolskie | 00:48:04 | 00:47:56 | 04:48 | | 48 | 22/M40 |
| 54 | 96 | POL | Malinowski Artur | 1978 | Smocze łodzie Groszmal Opole, Opole | 00:48:09 | 00:47:50 | 04:48 | | 49 | 23/M40 |
| 55 | 51 | POL | Ibrom Grzegorz | 1999 | Strzelce Opolskie | 00:48:09 | 00:48:00 | 04:48 | | 50 | 6/M20 |
| 56 | 68 | POL | Kordziński Kazimierz | 1958 | Mafia Team Lubliniec, Lubliniec | 00:48:10 | 00:48:07 | 04:49 | | 51 | 1/M60+ |
| 57 | 144 | POL | Słowikowski Rafał | 1984 | Opole | 00:48:14 | 00:48:05 | 04:49 | | 52 | 24/M40 |
| 58 | 140 | POL | Sapok Daniel | 1987 | #TeamOpolgraf, Opole | 00:48:18 | 00:48:02 | 04:49 | | 53 | 18/M30 |
| 59 | 129 | POL | Policirńska Justyna | 1990 | Polaris Running Team, Opole | 00:48:30 | 00:48:20 | 04:51 | 6 | | 4/K30 |
| 60 | 66 | POL | Komada Mateusz | 1991 | Opole | 00:48:55 | 00:48:35 | 04:53 | | 54 | 19/M30 |
| 61 | 143 | POL | Sikora Marek | 1979 | Sikor Team Opole, Opole | 00:48:55 | 00:48:53 | 04:53 | | 55 | 25/M40 |
| 62 | 520 | POL | Czerepicki Grzegorz | 1985 | KB Odra Opole, Opole | 00:49:01 | 00:48:50 | 04:54 | | 56 | 20/M30 |

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|---------|----------------|------|---------------------------|---------|--|-------------|------------|-------|----|-----|--------------|
| 63 | 82 | POL | Laskowski Piotr | 1961 | KB Odra Opole, Opole | 00:49:03 | 00:48:50 | 04:54 | | 57 | 2/M60+ |
| 64 | 118 | POL | Orlik Łukasz | 1995 | Opole | 00:49:07 | 00:48:45 | 04:54 | | 58 | 7/M20 |
| 65 | 98 | POL | Marcinów Tomasz | 1986 | Opole | 00:49:10 | 00:49:05 | 04:54 | | 59 | 21/M30 |
| 66 | 39 | POL | Głowski Florian | 1988 | KB Odra Opole, Nakło | 00:49:10 | 00:48:45 | 04:54 | | 60 | 22/M30 |
| 67 | 142 | POL | Sędkowski Wiktor | 1984 | ZP'03, Opole | 00:49:26 | 00:49:19 | 04:56 | | 61 | 26/M40 |
| 68 | 31 | POL | Fabianowska Katarzyna | 1991 | Opole | 00:49:26 | 00:49:16 | 04:56 | 7 | | 5/K30 |
| 69 | 174 | POL | Wiśniewski Mariusz | 1998 | PejtaTeam, Głogówek | 00:49:32 | 00:49:22 | 04:57 | | 62 | 8/M20 |
| 70 | 136 | POL | Przybył Jacek | 1976 | Opole | 00:49:43 | 00:49:28 | 04:58 | | 63 | 27/M40 |
| 71 | 75 | POL | Krul Radosław | 1986 | Opole | 00:49:50 | 00:49:41 | 04:59 | | 64 | 23/M30 |
| 72 | 70 | POL | Kotala Krzysztof | 1971 | PZU Sport Team, Opole | 00:49:52 | 00:49:45 | 04:59 | | 65 | 5/M50 |
| 73 | 27 | POL | Domagała Przemysław | 1986 | Niedźwiedz | 00:49:58 | 00:49:53 | 04:59 | | 66 | 24/M30 |
| 74 | 109 | POL | Natoński Piotr | 1979 | Opole | 00:50:01 | 00:49:38 | 05:00 | | 67 | 28/M40 |
| 75 | 63 | POL | Kłodzińska Marta | 1997 | Opole | 00:50:19 | 00:50:12 | 05:01 | 8 | | 2/K20 |
| 76 | 122 | POL | Pankratów Fabian | 2002 | Opole | 00:50:22 | 00:50:15 | 05:02 | | 68 | 9/M20 |
| 77 | 111 | POL | Łach Jacek | 1978 | | 00:50:40 | 00:50:08 | 05:04 | | 69 | 29/M40 |
| 78 | 38 | POL | Garus Łukasz | 1976 | KB Odra Opole, Opole | 00:50:48 | 00:50:40 | 05:04 | | 70 | 30/M40 |
| 79 | 147 | POL | Gucman Bartłomiej | 1976 | Od Jeziora Do Jeziora, Dobrzeń Wielki | 00:50:54 | 00:50:39 | 05:05 | | 71 | 31/M40 |
| 80 | 182 | POL | Wyrwich Grzegorz | 1982 | NWK OPOLE, Opole | 00:50:55 | 00:50:41 | 05:05 | | 72 | 32/M40 |
| 81 | 65 | POL | Kokott Grzegorz | 1984 | Polaris Running Team, Opole | 00:51:13 | 00:51:03 | 05:07 | | 73 | 33/M40 |
| 82 | 155 | POL | Szejner Jarosław | 1975 | Opole | 00:51:22 | 00:51:08 | 05:08 | | 74 | 34/M40 |
| 83 | 95 | POL | Malec Anna | 1991 | Opole | 00:51:24 | 00:51:06 | 05:08 | 9 | | 6/K30 |
| 84 | 77 | POL | Kubas Jarosław | 1984 | Opole | 00:51:26 | 00:51:01 | 05:08 | | 75 | 35/M40 |
| 85 | 115 | POL | Ogonowski Paweł | 1978 | Opole | 00:51:35 | 00:51:17 | 05:09 | | 76 | 36/M40 |
| 86 | 17 | POL | Bolek Adam | 1995 | Opole | 00:51:39 | 00:51:26 | 05:09 | | 77 | 10/M20 |
| 87 | 164 | POL | Świerc Roman | 1976 | Opole | 00:51:56 | 00:51:49 | 05:11 | | 78 | 37/M40 |
| 88 | 76 | POL | Gawenda Krzysztof | 1978 | Mafia Team Lubliniec, Lubliniec | 00:52:04 | 00:51:51 | 05:12 | | 79 | 38/M40 |
| 89 | 502 | POL | Ruksza Mieczysław | 1996 | | 00:52:13 | 00:51:47 | 05:13 | | 80 | 11/M20 |
| 90 | 165 | POL | Taul Dawid | 1990 | Kędzierzyn-Koźle | 00:52:31 | 00:52:09 | 05:15 | | 81 | 25/M30 |
| 91 | 183 | POL | Zdrzałka Kajetan | 1999 | Opole | 00:52:46 | 00:52:42 | 05:16 | | 82 | 12/M20 |
| 92 | 44 | POL | Komór Rafał | 1968 | Toruński Klub Triathlonowy, Toruń | 00:52:50 | 00:52:27 | 05:16 | | 83 | 6/M50 |
| 93 | 97 | POL | Mamczyński Marcin | 1977 | 36Minut, Opole | 00:53:09 | 00:53:00 | 05:18 | | 84 | 39/M40 |
| 94 | 184 | POL | Żółkiewicz Marta | 1990 | KB Odra Opole, Opole | 00:53:21 | 00:53:18 | 05:20 | 10 | | 7/K30 |
| 95 | 20 | POL | Brzuska Grzegorz | 1989 | Opole | 00:53:50 | 00:53:35 | 05:22 | | 85 | 26/M30 |
| 96 | 166 | POL | Teleguj Ewa | 1988 | KB Odra Opole, Opole | 00:53:58 | 00:53:57 | 05:23 | 11 | | 8/K30 |
| 97 | 61 | POL | Kierat Kaja | 1989 | SFD, Opole | 00:54:07 | 00:54:02 | 05:24 | 12 | | 9/K30 |
| 98 | 73 | POL | Kowzan Adam | 1971 | Opole | 00:54:13 | 00:53:52 | 05:25 | | 86 | 7/M50 |
| 99 | 85 | POL | Lorek Kamil | 1996 | Opole | 00:54:21 | 00:54:03 | 05:26 | | 87 | 13/M20 |
| 100 | 163 | POL | Szymczyna Marcin | 1975 | Oława | 00:54:33 | 00:54:16 | 05:27 | | 88 | 40/M40 |
| 101 | 8 | POL | Cichoński Tomasz | 1976 | Dobrzeń Wielki | 00:54:46 | 00:54:29 | 05:28 | | 89 | 41/M40 |
| 102 | 104 | POL | Mąkolska-Frankowska Iwona | 1978 | Opole | 00:54:49 | 00:54:39 | 05:28 | 13 | | 2/K40 |
| 103 | 169 | POL | Ugłis Barbara | 1981 | Bielice | 00:55:26 | 00:55:20 | 05:32 | 14 | | 3/K40 |
| 104 | 32 | POL | Frey Magda | 1985 | Chróścina | 00:55:26 | 00:55:20 | 05:32 | 15 | | 10/K30 |
| 105 | 12 | POL | Białek Kajetan | 1998 | Kluczbork | 00:55:26 | 00:55:09 | 05:32 | | 90 | 14/M20 |
| 106 | 43 | POL | Górowski Cezary | 2004 | Opole | 00:55:49 | 00:55:46 | 05:34 | | 91 | 15/M20 |
| 107 | 3 | POL | Andruszko Kamila | 1993 | Opole | 00:55:56 | 00:55:44 | 05:35 | 16 | | 11/K30 |
| 108 | 145 | POL | Sobonkiewicz Leszek | 1984 | Opole | 00:56:04 | 00:55:52 | 05:36 | | 92 | 42/M40 |
| 109 | 47 | POL | Grzywa Anna | 1987 | Gostomia | 00:56:16 | 00:56:10 | 05:37 | 17 | | 12/K30 |
| 110 | 93 | POL | Magura Jan | 1999 | Krapkowice | 00:56:26 | 00:56:07 | 05:38 | | 93 | 16/M20 |
| 111 | 180 | POL | Wymysłowska Julia | 2000 | Krapkowice | 00:56:26 | 00:56:07 | 05:38 | 18 | | 3/K20 |
| 112 | 149 | POL | Stefanowski Mariusz | 1970 | Opole | 00:56:26 | 00:56:14 | 05:38 | | 94 | 8/M50 |
| 113 | 107 | POL | Mikulla Anna | 1997 | Opole | 00:56:33 | 00:56:26 | 05:39 | 19 | | 4/K20 |
| 114 | 49 | POL | Hoffman Ewa | 1975 | KB Odra Opole, Opole | 00:56:42 | 00:56:25 | 05:40 | 20 | | 4/K40 |
| 115 | 172 | POL | Walas Teresa | 1999 | Domaradzka Kuźnia | 00:56:50 | 00:56:31 | 05:40 | 21 | | 5/K20 |
| 116 | 171 | POL | Wajgel Tomasz | 1979 | Polaris Running Team, Ozimek | 00:56:53 | 00:56:42 | 05:41 | | 95 | 43/M40 |
| 117 | 138 | POL | Rogala Agnieszka | 1979 | Czarny Skład, Opole | 00:57:01 | 00:56:50 | 05:42 | 22 | | 5/K40 |
| 118 | 26 | POL | Danieliszyn Dominika | 1981 | Opole | 00:57:02 | 00:56:50 | 05:42 | 23 | | 6/K40 |
| 119 | 101 | POL | Matusiak Tadeusz | 1985 | Gmina Strzelce Opolskie, Strzelce Opolskie | 00:57:05 | 00:56:54 | 05:42 | | 96 | 27/M30 |
| 120 | 100 | POL | Matusiak Justyna | 1992 | Gmina Strzelce Opolskie, Strzelce Opolskie | 00:57:06 | 00:56:55 | 05:42 | 24 | | 13/K30 |
| 121 | 108 | POL | Milejska Joanna | 1977 | #R, Opole | 00:57:22 | 00:57:07 | 05:44 | 25 | | 7/K40 |
| 122 | 46 | POL | Grygiel Andrea | 1987 | Biała | 00:57:24 | 00:57:18 | 05:44 | 26 | | 14/K30 |
| 123 | 9 | POL | Baturina Kateryna | 1984 | Opole | 00:57:27 | 00:57:09 | 05:44 | 27 | | 8/K40 |
| 124 | 176 | POL | Włodarski Karol | 1988 | KTS Wczorajsi, Opole | 00:57:37 | 00:57:18 | 05:45 | | 97 | 28/M30 |
| 125 | 56 | POL | Jarocki Jacek | 1987 | KTS Wczorajsi, Ozimek | 00:57:37 | 00:57:19 | 05:45 | | 98 | 29/M30 |
| 126 | 178 | POL | Wosiński Dawid | 1993 | KTS Wczorajsi, Szymiszów | 00:57:38 | 00:57:20 | 05:45 | | 99 | 30/M30 |
| 127 | 110 | POL | Noga Kasia | 1977 | Opolska Grupa Biegowa, Opole | 00:57:43 | 00:57:28 | 05:46 | 28 | | 9/K40 |
| 128 | 36 | POL | Gajewski Bartłomiej | 1995 | Opole | 00:57:48 | 00:57:23 | 05:46 | | 100 | 17/M20 |

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|---------|----------------|------|--------------------------|---------|-----------------------------------|-------------|------------|-------|----|-----|--------------|
| 129 | 112 | POL | Nowanski Rafal | 1986 | Zawada | 00:57:59 | 00:57:37 | 05:47 | | 101 | 31/M30 |
| 130 | 87 | POL | Luzar Kamila | 1982 | Opole | 00:58:12 | 00:57:59 | 05:49 | 29 | | 10/K40 |
| 131 | 135 | POL | Primke Beata | 1970 | Opolska Grupa Biegowa, Opole | 00:58:19 | 00:58:06 | 05:49 | 30 | | 1/K50+ |
| 132 | 58 | POL | Jendrzek Alina | 1999 | Otmice | 00:58:32 | 00:58:28 | 05:51 | 31 | | 6/K20 |
| 133 | 103 | POL | Mazurkiewicz Sonia | 2000 | Kluczbork | 00:58:33 | 00:58:16 | 05:51 | 32 | | 7/K20 |
| 134 | 52 | POL | Jakimowicz Fabian | 1976 | KB Odra Opole, Opole | 00:58:34 | 00:58:16 | 05:51 | | 102 | 44/M40 |
| 135 | 57 | POL | Biela Krzysztof | 1970 | Opole | 00:58:41 | 00:58:20 | 05:52 | | 103 | 9/M50 |
| 136 | 615 | POL | Urbaniak Jacek | 1960 | JD TEAM, Opole | 00:59:07 | 00:58:53 | 05:54 | | 104 | 3/M60+ |
| 137 | 141 | POL | Schneider Michał | 1989 | Dąbrówka-Górna | 00:59:11 | 00:58:57 | 05:55 | | 105 | 32/M30 |
| 138 | 48 | POL | Hałajko Jarek | 1982 | Wieczorne Bieganie w Opolu, Opole | 00:59:24 | 00:59:01 | 05:56 | | 106 | 45/M40 |
| 139 | 13 | POL | Błaszczak Michał | 1992 | Los Caracoles, Opole | 00:59:43 | 00:59:23 | 05:58 | | 107 | 33/M30 |
| 140 | 128 | POL | Płonkiewicz Adam | 1992 | Opole | 00:59:48 | 00:59:36 | 05:58 | | 108 | 34/M30 |
| 141 | 126 | POL | Piotrowski Grześ | 1984 | Weekendowi biegacze, Opole | 00:59:50 | 00:59:29 | 05:58 | | 109 | 46/M40 |
| 142 | 4 | POL | Andrzejewska Monika | 1991 | KB Odra Opole, Tarnów Opolski | 00:59:57 | 00:59:41 | 05:59 | 33 | | 15/K30 |
| 143 | 86 | POL | Lorek Nicole | 2000 | Opole | 01:00:16 | 00:59:59 | 06:01 | 34 | | 8/K20 |
| 144 | 173 | POL | Leśniak Tomasz | 1987 | Kędzierzyn-Koźle, Dąbrowice | 01:00:51 | 01:00:28 | 06:05 | | 110 | 35/M30 |
| 145 | 6 | POL | Ardelli Piotr | 1997 | PejtaTeam, Głogówek | 01:01:00 | 01:00:58 | 06:05 | | 111 | 18/M20 |
| 146 | 10 | POL | Bereżański Mariusz | 1985 | PZU Sport Team, Opole | 01:01:04 | 01:00:53 | 06:06 | | 112 | 36/M30 |
| 147 | 15 | POL | Błażut Daniel | 1971 | Opole | 01:01:09 | 01:01:02 | 06:06 | | 113 | 10/M50 |
| 148 | 59 | POL | Juda Filip | 1999 | Opole | 01:01:11 | 01:00:50 | 06:07 | | 114 | 19/M20 |
| 149 | 134 | POL | Poszwa Anna | 1985 | Opole | 01:01:13 | 01:00:53 | 06:07 | 35 | | 16/K30 |
| 150 | 148 | POL | Staniaszek Katarzyna | 1984 | Truchty Prudnik, Prudnik | 01:01:37 | 01:01:27 | 06:09 | 36 | | 11/K40 |
| 151 | 22 | POL | Czerna Joanna | 1979 | Prószków | 01:01:56 | 01:01:48 | 06:11 | 37 | | 12/K40 |
| 152 | 2 | POL | Adamaszek Karolina | 1983 | Złotniki | 01:01:56 | 01:01:48 | 06:11 | 38 | | 13/K40 |
| 153 | 116 | POL | Olajosy Katarzyna | 1981 | AP biała, Biała | 01:01:56 | 01:01:51 | 06:11 | 39 | | 14/K40 |
| 154 | 19 | POL | Bryksa Iwona | 1963 | Opole | 01:02:06 | 01:01:53 | 06:12 | 40 | | 2/K50+ |
| 155 | 50 | POL | Hoinka Aleksandra | 1982 | Truchty Prudnik, Prudnik | 01:02:19 | 01:02:09 | 06:13 | 41 | | 15/K40 |
| 156 | 30 | POL | Smolińska Kasia | 1975 | ZmianyZmiany.pl TEAM, Opole | 01:02:29 | 01:02:14 | 06:14 | 42 | | 16/K40 |
| 157 | 106 | POL | Mikluszka Dorota | 1976 | KB Odra Opole, Opole | 01:02:29 | 01:02:22 | 06:14 | 43 | | 17/K40 |
| 158 | 53 | POL | Jakimowicz Izabela | 1974 | KB Odra Opole, Opole | 01:02:58 | 01:02:40 | 06:17 | 44 | | 3/K50+ |
| 159 | 185 | POL | Kurdej-Biniak Magda | 1979 | Kotórz Mały | 01:03:11 | 01:02:51 | 06:19 | 45 | | 18/K40 |
| 160 | 69 | POL | Konciała Monika | 1981 | KB Odra Opole, Kotórz Mały | 01:03:42 | 01:03:36 | 06:22 | 46 | | 19/K40 |
| 161 | 67 | POL | Konciała Sebastian | 1980 | KB Odra Opole, Kotórz Mały | 01:03:43 | 01:03:35 | 06:22 | | 115 | 47/M40 |
| 162 | 162 | POL | Szymczyk Natalia | 1997 | Opole | 01:03:48 | 01:03:28 | 06:22 | 47 | | 9/K20 |
| 163 | 177 | POL | Wojcik Monika | 1989 | Opole | 01:04:06 | 01:04:03 | 06:24 | 48 | | 17/K30 |
| 164 | 120 | POL | Pancerz Joanna | 1979 | KB Odra Opole, Tarnów Opolski | 01:04:48 | 01:04:32 | 06:28 | 49 | | 20/K40 |
| 165 | 18 | POL | Broy Katarzyna | 1983 | KB Odra Opole, Tarnów Opolski | 01:04:49 | 01:04:32 | 06:28 | 50 | | 21/K40 |
| 166 | 161 | POL | Szymański Patryk | 1985 | Opole | 01:05:31 | 01:05:11 | 06:33 | | 116 | 37/M30 |
| 167 | 41 | POL | Gołębiowski Dariusz | 1976 | KB Odra Opole, Opole | 01:06:00 | 01:05:44 | 06:36 | | 117 | 48/M40 |
| 168 | 40 | POL | Gołębiowska Hanna | 2012 | KB Odra Opole, Opole | 01:06:00 | 01:05:44 | 06:36 | 51 | | 1/K15 |
| 169 | 28 | POL | Dudzińska Katarzyna | 1981 | Opole | 01:06:01 | 01:05:45 | 06:36 | 52 | | 22/K40 |
| 170 | 23 | POL | Czochara Marta | 1975 | Amator, Opole | 01:07:00 | 01:06:36 | 06:41 | 53 | | 23/K40 |
| 171 | 24 | POL | Czochara Robert | 1976 | Starsi Panowie w biegu., Opole | 01:07:24 | 01:06:59 | 06:44 | | 118 | 49/M40 |
| 172 | 139 | POL | Ryba Agnieszka | 1996 | Głucholazy | 01:08:28 | 01:08:17 | 06:50 | 54 | | 10/K20 |
| 173 | 175 | POL | Witek Tomasz | 1994 | FIGUR-BRUK, Polska Nowa Wieś | 01:08:56 | 01:08:31 | 06:53 | | 119 | 38/M30 |
| 174 | 21 | POL | Cytera Barbara | 1978 | Biała | 01:11:21 | 01:11:16 | 07:08 | 55 | | 24/K40 |
| 175 | 5 | POL | Anonim#410655 Odrunner | 1992 | KB Odra Opole, Skorogoszcz | 01:13:47 | 01:13:17 | 07:22 | | 120 | 39/M30 |
| 176 | 181 | POL | Wypyszewska Irena | 1975 | Opole | 01:13:53 | 01:13:36 | 07:23 | 56 | | 25/K40 |
| DNF | 158 | POL | Sznajdrzyk Magdalena | 1984 | Suchodaniec | | | | | | DNF/K40 |
| DNS | 7 | POL | Banachowski Bartosz | 1987 | Opole | | | | | | DNS/M30 |
| DNS | 14 | POL | Błaszczak Patryk | 2001 | Opole | | | | | | DNS/M20 |
| DNS | 37 | POL | Galikowski Łukasz | 1991 | Opole | | | | | | DNS/M30 |
| DNS | 78 | POL | Kuziak Aleksandra | 1989 | Opole | | | | | | DNS/K30 |
| DNS | 89 | POL | Łubniewski Łukasz | 1988 | MASAJ Prudnik, Prudnik | | | | | | DNS/M30 |
| DNS | 91 | POL | Maćków Piotr | 1983 | Tułowice | | | | | | DNS/M40 |
| DNS | 94 | POL | Maj Maciej | 1982 | Opole | | | | | | DNS/M40 |
| DNS | 119 | POL | Ożóg Kamil | 1988 | Nysa | | | | | | DNS/M30 |
| DNS | 132 | POL | Pospieszynski Przemysław | 1991 | Opole | | | | | | DNS/M30 |
| DNS | 146 | POL | Sowa Nadine | 1998 | Dobrzeń Wielki | | | | | | DNS/K20 |
| DNS | 151 | POL | Stupak Jakub | 1994 | Biegam dla zdrowia, Opole | | | | | | DNS/M30 |
| DNS | 186 | POL | Wąsiak Tomasz | 1978 | Opole | | | | | | DNS/M40 |