

Grand Prix CITY TRAIL 2024/2025  
Wrocław, Bieg 2, 2024-11-16



| MSC | NR   | NAZWISKO    | IMIĘ       | MIJSCOWOŚĆ          | KLUB                                | ROK  | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|-------------|------------|---------------------|-------------------------------------|------|-----|----------|------------|-------------|---|---|
| 1   | 1082 | POGORZELSKI | KONRAD     | KOZUCHÓW            |                                     | 2003 | M16 |          | 00:14:16   | 00:14:16    |   |   |
| 2   | 1    | BORATYŃSKI  | DARIUSZ    | WROCLAW             | WOSIEK TEAM                         | 1997 | M23 |          | 00:14:23   | 00:14:23    |   |   |
| 3   | 1088 | BOROWSKI    | DAWID      | FABIANÓW            | KS STAL LA                          | 1999 | M23 |          | 00:14:32   | 00:14:33    |   |   |
| 4   | 1083 | TULEJA      | JAKUB      | BYDGOSZCZ           | CWZS ZAWISZA BYDGOSZCZ SL           | 2001 | M23 |          | 00:14:37   | 00:14:38    |   |   |
| 5   | 8    | CZERONEK    | MIKOŁAJ    | WROCLAW             | WOSIEK TEAM                         | 2000 | M23 |          | 00:14:39   | 00:14:39    |   |   |
| 6   | 1097 | WOLSKI      | JĘDRZEJ    | MOGILNO             | BIEGOŻERY / AZS POZNAŃ              | 2004 | M16 |          | 00:14:40   | 00:14:40    |   |   |
| 7   | 1102 | MAČKOWIAK   | WIKTOR     | POZNAŃ              | BIEGOŻERY / AZS POZNAŃ              | 1999 | M23 |          | 00:14:45   | 00:14:45    |   |   |
| 8   | 17   | MUTWIL      | OLIWIER    | WODZISŁAW ŚLĄSKI    | SAUCONY                             | 1999 | M23 |          | 00:15:07   | 00:15:08    |   |   |
| 9   | 1117 | KULESZA     | ROBERT     | ODOLANÓW            | KS STAL LA OSTRÓW WIELKOPOLSKI      | 1999 | M23 |          | 00:15:08   | 00:15:09    |   |   |
| 10  | 5    | WIECZOREK   | MIKOŁAJ    | WIERUSZÓW           | WOSIEK TEAM                         | 2001 | M23 |          | 00:15:17   | 00:15:17    |   |   |
| 11  | 2    | ADAMCZAK    | KACPER     | TARCHAŁY WIELKIE    | WOSIEK TEAM                         | 2003 | M16 |          | 00:15:30   | 00:15:31    |   |   |
| 12  | 1161 | LESIECKI    | JACEK      | WROCLAW             | LESIECKI SPORTS ACADEMY/WOSIEK TEAM | 1991 | M23 |          | 00:15:39   | 00:15:39    |   |   |
| 13  | 1129 | MARUSZEWSKI | ARKADIUSZ  | BURZENIN            | WOSIEK TEAM                         | 1998 | M23 |          | 00:15:44   | 00:15:45    |   |   |
| 14  | 1133 | MURKOWSKI   | WIKTOR     | STĘSZEW             | OŚ AZS POZNAŃ / BIEGOŻERY           | 2002 | M16 |          | 00:16:02   | 00:16:02    |   |   |
| 15  | 7    | PUTYRA      | ADAM       | WROCLAW             |                                     | 1983 | M40 |          | 00:16:11   | 00:16:11    |   |   |
| 16  | 78   | BUJAŁA      | MICHAŁ     | WILKSZYN            | SUB30MIN.COM                        | 1987 | M35 |          | 00:16:19   | 00:16:19    |   |   |
| 17  | 1143 | SZYMCZAK    | ŁUKASZ     | PLESZEW             | KS STAL PLESZEW                     | 2005 | M16 |          | 00:16:33   | 00:16:35    |   |   |
| 18  | 166  | ŻUREK       | PATRYK     | TRZEBNICA           |                                     | 1993 | M23 |          | 00:16:45   | 00:16:47    |   |   |
| 19  | 207  | DEMUCHA     | MACIEJ     | BIŁGORAJ            | KB VAMOS AMIGOS WROCLAW             | 2001 | M23 |          | 00:16:55   | 00:16:56    |   |   |
| 20  | 454  | MICHAŁKÓW   | BEATA      | JELEŃ GÓRA          | WOSIEK TEAM                         | 1990 | K23 |          | 00:16:59   | 00:16:59    |   |   |
| 21  | 333  | FEDOROWICZ  | JACEK      | WROCLAW             | KB VAMOS AMIGOS WROCLAW             | 1970 | M50 |          | 00:17:22   | 00:17:23    |   |   |
| 22  | 1170 | PACHUT      | PAWEŁ      | BRZEG               |                                     | 1989 | M35 |          | 00:17:27   | 00:17:27    |   |   |
| 23  | 278  | KUSAL       | TOMASZ     | WROCLAW             | SKLEP BIEGACZA                      | 1995 | M23 |          | 00:17:28   | 00:17:28    |   |   |
| 24  | 268  | TOMASIAK    | ADAM       | JELCZ-LASKOWICE     | AW - SZYBCIEJ - TEAM                | 1995 | M23 |          | 00:17:27   | 00:17:29    |   |   |
| 25  | 409  | KASPRZAK    | IRENEUSZ   | WROCLAW             | KB VAMOS AMIGOS WROCLAW             | 1962 | M60 |          | 00:17:30   | 00:17:31    |   |   |
| 26  | 470  | MIROSZKA    | KRZYSZTOF  | WROCLAW             |                                     | 1998 | M23 |          | 00:17:40   | 00:17:40    |   |   |
| 27  | 301  | CZARNOTA    | DARIUSZ    | WYSOKA WSCHOWA      |                                     | 1989 | M35 |          | 00:17:48   | 00:17:49    |   |   |
| 28  | 1142 | KOS         | ADRIAN     | SMOLEC              | DOTI MANUFATURA                     | 1992 | M23 |          | 00:17:51   | 00:17:53    |   |   |
| 29  | 16   | PAWLUS      | KLAUDIA    | WSCHOWA             | WOSIEK TEAM                         | 2000 | K23 |          | 00:17:53   | 00:17:54    |   |   |
| 30  | 11   | PIETRAS     | KINGA      | RADOMSKO            | WOSIEK TEAM                         | 2001 | K23 |          | 00:18:00   | 00:18:01    |   |   |
| 31  | 38   | NOWICKI     | MATEUSZ    | WROCLAW             |                                     | 1995 | M23 |          | 00:18:09   | 00:18:12    |   |   |
| 32  | 257  | PISARSKI    | BARTOSZ    | WROCLAW             | WITKOWSKI RUNNING TEAM              | 1988 | M35 |          | 00:18:09   | 00:18:13    |   |   |
| 33  | 359  | SAWIEŁAJC   | JAKUB      | BYDGOSZCZ           | TM IRON TEAM                        | 1999 | M23 |          | 00:17:57   | 00:18:15    |   |   |
| 34  | 181  | GLÓD        | MATEUSZ    | WROCLAW             |                                     | 1979 | M45 |          | 00:18:16   | 00:18:18    |   |   |
| 35  | 1146 | SZYMCZAK    | TOMASZ     | SMOLEC              |                                     | 1987 | M35 |          | 00:18:19   | 00:18:22    |   |   |
| 36  | 474  | ZAWADZKI    | ANDRZEJ    | SIECHNICE           | AW - SZYBCIEJ - TEAM                | 1983 | M40 |          | 00:18:27   | 00:18:29    |   |   |
| 37  | 1159 | GRZESIAK    | JAN        | OSTRÓW WIELKOPOLSKI | KS STAL LA                          | 2007 | M16 |          | 00:18:29   | 00:18:30    |   |   |
| 38  | 413  | KINAL       | KAROL      | ŚRODA ŚLĄSKA        | ŚRODA ŚLĄSKA                        | 1994 | M23 |          | 00:18:35   | 00:18:36    |   |   |
| 39  | 13   | KWIECIEŃ    | MAGDA      | WROCLAW             | PASSION FIRST                       | 1990 | K23 |          | 00:18:43   | 00:18:44    |   |   |
| 40  | 473  | STUDNICKI   | PAWEŁ      | WROCLAW             | AW - SZYBCIEJ - TEAM                | 1979 | M45 |          | 00:18:40   | 00:18:44    |   |   |
| 41  | 12   | BEREŻNICKA  | MONIKA     | ORLY                | WOSIEK TEAM                         | 2000 | K23 |          | 00:18:44   | 00:18:45    |   |   |
| 42  | 1156 | DUL         | KAROLINA   | JELEŃ GÓRA          | SBG SALCO                           | 1995 | K23 |          | 00:18:46   | 00:18:47    |   |   |
| 43  | 485  | SMARDZ      | MATEUSZ    | WROCLAW             | MATNER RUNNING TEAM                 | 1984 | M40 |          | 00:18:43   | 00:18:49    |   |   |
| 44  | 15   | BUDZIEWSKA  | KATARZYNA  | ŁAGIEWNIKI          | TEAM AKTYWNI                        | 1985 | K35 |          | 00:18:49   | 00:18:51    |   |   |
| 45  | 1134 | WOJTKOWIAK  | WIKTORIA   | POZNAŃ              | OŚ AZS POZNAŃ / BIEGOŻERY           | 2003 | K16 |          | 00:18:51   | 00:18:52    |   |   |
| 46  | 243  | BIAŁECKI    | JAKUB      | WROCLAW             | 1986                                | 1986 | M35 |          | 00:18:52   | 00:18:54    |   |   |
| 47  | 346  | CHROMIK     | JULIA      | SKOCZÓW             | WOSIEK TEAM                         | 2002 | K16 |          | 00:18:52   | 00:18:54    |   |   |
| 48  | 310  | STRZELECKI  | GRZEGORZ   | WROCLAW             | ALOHA HAKUNA                        | 1981 | M40 |          | 00:18:53   | 00:18:55    |   |   |
| 49  | 128  | WALKOSZ     | MATEUSZ    | WROCLAW             | SOBASTEAM                           | 1989 | M35 |          | 00:18:55   | 00:18:56    |   |   |
| 50  | 361  | ZYCH        | MARCIN     | WROCLAW             | MOVEMENT69FLOW                      | 1981 | M40 |          | 00:18:52   | 00:18:57    |   |   |
| 51  | 176  | GAŃKO       | BARTŁOMIEJ | WROCLAW             |                                     | 1981 | M40 |          | 00:18:55   | 00:18:58    |   |   |

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|-----|------|----------------|------------|------------------|--------------------------------------|------|-----|----------|------------|-------------|---|---|
| 52  | 1053 | WIKTORSKI      | MIESZKO    | WROCLAW          | TRENUJZNA.MI.PL / SMKS PARASOL WR... | 1981 | M40 |          | 00:18:57   | 00:19:01    |   |   |
| 53  | 14   | GRYGIEL        | ILONA      | WROCLAW          | MKS SIECHNICE                        | 1999 | K23 |          | 00:18:57   | 00:18:59    |   |   |
| 54  | 380  | SAWICKI        | MACIEJ     | RADWANICE        | ELEKTROTECHNICY                      | 1992 | M23 |          | 00:18:58   | 00:19:06    |   |   |
| 55  | 293  | BURSZTA-RYPEL  | MATYLDA    | WROCLAW          | WOSIEK TEAM                          | 1992 | K23 |          | 00:19:02   | 00:19:04    |   |   |
| 56  | 439  | RÓŻAŃSKI       | PRZEMYSŁAW | SMOLEC           | SMOLECKA ZADYSZKA                    | 1989 | M35 |          | 00:19:06   | 00:19:11    |   |   |
| 57  | 1119 | SOBCZYK        | TOMASZ     | WROCLAW          | MKS SIECHNICE                        | 1977 | M45 |          | 00:19:07   | 00:19:08    |   |   |
| 58  | 299  | MĘKAL          | RADEK      | WAŁBRZYCH        | ZOFFEE RUN CLUB                      | 1979 | M45 |          | 00:19:08   | 00:19:13    |   |   |
| 59  | 1154 | GRZEGOREK      | GRZEGORZ   | KĄTY WROCLAWSKIE | KLUB BIEGACZA KĄTY WROCLAWSKIE       | 1971 | M50 |          | 00:19:11   | 00:19:16    |   |   |
| 60  | 1200 | GRZYWACZEWSKA  | JUSTYNA    | SOPOTNIA WIELKA  | CITY TRAIL TEAM / SOPOTRAIL TEAM     | 1988 | K35 |          | 00:19:12   | 00:19:14    |   |   |
| 61  | 381  | SARNICKI       | ŁUKASZ     | WROCLAW          | WROBLESKYTEAM                        | 1991 | M23 |          | 00:19:13   | 00:19:19    |   |   |
| 62  | 347  | DUDZIAK        | MARCIN     | RADWANICE        | MKS SIECHNICE                        | 1988 | M35 |          | 00:19:15   | 00:19:18    |   |   |
| 63  | 1136 | CHMIELARZ      | SANDRA     | POZNAŃ           | BIEGOŻERY                            | 2005 | K16 |          | 00:19:16   | 00:19:18    |   |   |
| 64  | 300  | SZCZERBAKOWICZ | KAMIL      | NADOLICE WIELKIE |                                      | 1989 | M35 |          | 00:19:17   | 00:19:20    |   |   |
| 65  | 405  | KRZYŚKÓW       | PIOTR      | WROCLAW          | VELICANTE SPORT TEAM                 | 1983 | M40 |          | 00:19:23   | 00:19:26    |   |   |
| 66  | 73   | MORAS          | DARIA      | WROCLAW          |                                      | 1988 | K35 |          | 00:19:24   | 00:19:28    |   |   |
| 67  | 209  | PELIŃSKI       | ANDRZEJ    | ŚWIDNICA         | BORZYGNIW                            | 1969 | M55 |          | 00:19:26   | 00:19:32    |   |   |
| 68  | 1150 | LATUS          | ŁUKASZ     | WROCLAW          | DDU                                  | 1985 | M35 |          | 00:19:28   | 00:19:31    |   |   |
| 69  | 402  | SIELICKI       | MARIUSZ    | WROCLAW          | MATNER RUNNING TEAM                  | 1985 | M35 |          | 00:19:29   | 00:19:35    |   |   |
| 70  | 351  | ZACHURA        | GRZEGORZ   | WROCLAW          |                                      | 1989 | M35 |          | 00:19:30   | 00:19:33    |   |   |
| 71  | 303  | ALTEWĘGIER     | JAROSŁAW   | WROCLAW          | AW SZYBCIEJTEAM                      | 1978 | M45 |          | 00:19:31   | 00:19:34    |   |   |
| 72  | 148  | DUDEK          | KAMIL      | WROCLAW          | SII RUNNING TEAM                     | 1997 | M23 |          | 00:19:32   | 00:19:38    |   |   |
| 73  | 1094 | GORCZYŃSKI     | BARTŁOMIEJ | WROCLAW          |                                      | 1989 | M35 |          | 00:19:33   | 00:19:43    |   |   |
| 74  | 290  | OLAŃSKI        | KRZYSZTOF  | WROCLAW          | RONDO KLECINA                        | 1973 | M50 |          | 00:19:35   | 00:19:39    |   |   |
| 75  | 129  | GRONOWSKI      | PAWEŁ      | PRZEMIŁÓW        |                                      | 1966 | M55 |          | 00:19:39   | 00:19:43    |   |   |
| 76  | 412  | LIPUTA         | EMILIA     | WROCLAW          | ALOHA HAKUNA                         | 1995 | K23 |          | 00:19:40   | 00:19:45    |   |   |
| 77  | 170  | KULCZEWSKI     | ŁUKASZ     | WROCLAW          | KB VAMOS AMIGOS WROCLAW              | 1980 | M40 |          | 00:19:42   | 00:21:46    |   |   |
| 78  | 378  | KOSSOWSKI      | SEBASTIAN  | WROCLAW          |                                      | 1990 | M23 |          | 00:19:45   | 00:19:48    |   |   |
| 79  | 1180 | ROMAN          | ŁUKASZ     | WROCLAW          | MATNER RUNNING TEAM                  | 1996 | M23 |          | 00:19:51   | 00:19:56    |   |   |
| 80  | 80   | GNIADK         | JAROSŁAW   | WROCLAW          |                                      | 1975 | M45 |          | 00:19:55   | 00:20:02    |   |   |
| 81  | 363  | BOGACZ         | PATRYCJA   | WOŁÓW            | MKS SIECHNICE                        | 2001 | K23 |          | 00:19:57   | 00:20:02    |   |   |
| 82  | 395  | ŁUKASZEWSKI    | ANDRZEJ    | WROCLAW          | KB VAMOS AMIGOS WROCLAW              | 1967 | M55 |          | 00:19:57   | 00:20:00    |   |   |
| 83  | 306  | PRUSEK         | PIOTR      | ŚRODA ŚLASKA     |                                      | 1974 | M50 |          | 00:19:58   | 00:20:01    |   |   |
| 84  | 273  | JADACH         | GRZEGORZ   | WROCLAW          | BIEGACZE STU MOSTÓW                  | 1982 | M40 |          | 00:19:58   | 00:20:06    |   |   |
| 85  | 1160 | KIELCZEWSKI    | GRZEGORZ   | WROCLAW          |                                      | 1960 | M60 |          | 00:19:59   | 00:20:04    |   |   |
| 86  | 482  | JĄSLAR         | SZYMON     | POLKOWICE        | GRUBIKO                              | 2003 | M16 |          | 00:20:02   | 00:20:05    |   |   |
| 87  | 437  | BANACHOWSKI    | WALDEMAR   | BRZEG            | BRZEG WALVET TEAM                    | 1976 | M45 |          | 00:20:03   | 00:20:08    |   |   |
| 88  | 136  | MADERA         | MICHAŁ     | WROCLAW          | LECIMY TUTAJ                         | 1986 | M35 |          | 00:20:05   | 00:20:14    |   |   |
| 89  | 1048 | ŻELEŻNIAK      | KAMIL      | WROCLAW          |                                      | 1997 | M23 |          | 00:20:08   | 00:20:14    |   |   |
| 90  | 55   | MIŁEK          | JAKUB      | SMOLEC           |                                      | 1971 | M50 |          | 00:20:11   | 00:20:15    |   |   |
| 91  | 410  | BŁAUCIAK       | EWA        | WROCLAW          | MKS SIECHNICE                        | 1998 | K23 |          | 00:20:14   | 00:20:18    |   |   |
| 92  | 1158 | ROSKOWSKI      | TOMASZ     | WARSZAWA         | JA0908 BIEGA KU REALIZACJI CELÓW     | 1986 | M35 |          | 00:20:17   | 00:20:27    |   |   |
| 93  | 282  | KUBIAK         | KRZYSZTOF  | WROCLAW          |                                      | 1974 | M50 |          | 00:20:18   | 00:20:22    |   |   |
| 94  | 450  | ROGOZA         | PAWEŁ      | WROCLAW          | ALOHA TEAM                           | 1981 | M40 |          | 00:20:18   | 00:20:25    |   |   |
| 95  | 1169 | KONIECZNA      | JOANNA     | WROCLAW          |                                      | 2004 | K16 |          | 00:20:19   | 00:20:24    |   |   |
| 96  | 1177 | KOZUBEK        | WIKTORIA   | GŁOGÓWEK         | AW - SZYBCIEJ - TEAM                 | 1997 | K23 |          | 00:20:23   | 00:20:27    |   |   |
| 97  | 327  | PIETRZAK       | ADAM       | WROCLAW          |                                      | 1983 | M40 |          | 00:20:24   | 00:20:26    |   |   |
| 98  | 460  | PIĘKOŚ         | BŁĄŻEJ     | RACZYCE          | GÓRYLASY                             | 1991 | M23 |          | 00:20:24   | 00:20:28    |   |   |
| 99  | 459  | DUDEK          | MONIKA     | ZIĘBICE          | GÓRYLASY                             | 1983 | K40 |          | 00:20:25   | 00:20:27    |   |   |
| 100 | 283  | MIELCZAREK     | TOMASZ     | WROCLAW          |                                      | 1975 | M45 |          | 00:20:27   | 00:20:34    |   |   |
| 101 | 1194 | KURIATA        | PAWEŁ      | BRZEG DOLNY      | SENTE RUNNING TEAM                   | 1992 | M23 |          | 00:20:30   | 00:20:37    |   |   |
| 102 | 424  | POCIEJOWSKI    | FRYDERYK   | WROCLAW          |                                      | 1982 | M40 |          | 00:20:32   | 00:20:39    |   |   |

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|-----|------|----------------|------------|---------------------|------------------------------------|------|-----|----------|------------|-------------|---|---|
| 103 | 232  | NOWAKOWSKI     | MARCIN     | WROCLAW             |                                    | 1983 | M40 |          | 00:20:36   | 00:20:58    |   |   |
| 104 | 112  | RADECKI        | JAKUB      | WROCLAW             | KUBUTEK RUNNING TEAM WROCLAW       | 1975 | M45 |          | 00:20:37   | 00:20:40    |   |   |
| 105 | 1033 | PASZKOWIAK     | DOMINIK    | WROCLAW             | WITKOWSKI I WINIARSKI RUNNING TEAM | 1996 | M23 |          | 00:20:39   | 00:20:49    |   |   |
| 106 | 287  | SZCZERBAKOWSKI | BARTOSZ    | WROCLAW             | CHMURA TEAM                        | 1979 | M45 |          | 00:20:39   | 00:20:46    |   |   |
| 107 | 61   | RODAK          | SZYMON     | WROCLAW             | ELEKTROTECHNICZY                   | 1992 | M23 |          | 00:20:41   | 00:20:50    |   |   |
| 108 | 286  | TRZECIAK       | JACEK      | IWINY               | MKS SIECHNICE                      | 1978 | M45 |          | 00:20:42   | 00:20:49    |   |   |
| 109 | 1105 | KALINOWSKI     | SZYMON     | PEŁCZNICA           | KLUB BIEGACZA KĄTY WROCLAWSKIE     | 1985 | M35 |          | 00:20:42   | 00:21:45    |   |   |
| 110 | 180  | MURMYŁO        | WOJCIECH   | WROCLAW             | ALOHA HAKUNA                       | 1975 | M45 |          | 00:20:42   | 00:20:48    |   |   |
| 111 | 69   | ROKSELA        | PAWEŁ      | WROCLAW             | PEAKY RUNNERS                      | 1986 | M35 |          | 00:20:43   | 00:20:51    |   |   |
| 112 | 1111 | JAKLEWICZ      | NATHALIE   | WYSOKA              |                                    | 1989 | K35 |          | 00:20:46   | 00:20:54    |   |   |
| 113 | 1198 | DUL            | BARTŁOMIEJ | WROCLAW             |                                    | 1998 | M23 |          | 00:20:47   | 00:21:01    |   |   |
| 114 | 453  | KONIECZNY      | MIKOŁAJ    | WROCLAW             |                                    | 1998 | M23 |          | 00:20:48   | 00:21:01    |   |   |
| 115 | 375  | CZARCIŃSKI     | MICHAŁ     | ZAWONIA             |                                    | 1974 | M50 |          | 00:20:48   | 00:20:54    |   |   |
| 116 | 75   | WAŻNY          | DARIUSZ    | WROCLAW             | WAŻNY TEAM                         | 1979 | M45 |          | 00:20:51   | 00:20:59    |   |   |
| 117 | 65   | POMIANOWSKI    | SZYMEK     | WROCLAW             | KURACJUSZE                         | 1984 | M40 |          | 00:20:55   | 00:21:03    |   |   |
| 118 | 391  | CISŁO          | KRZYSZTOF  | WYSOKA              | ARDENTCODE                         | 1981 | M40 |          | 00:20:55   | 00:21:00    |   |   |
| 119 | 321  | LAZAREK        | KRZYSZTOF  | CIEPLOWODY          | HARTANIN                           | 1992 | M23 |          | 00:20:57   | 00:21:07    |   |   |
| 120 | 364  | PROSZAK        | SEBASTIAN  | KŁODZKO             | GÓRYLASY                           | 1972 | M50 |          | 00:20:59   | 00:22:02    |   |   |
| 121 | 451  | WASZKIS        | JAKUB      | WROCLAW             | JAWAX RUNNING CLUB                 | 1977 | M45 |          | 00:20:59   | 00:21:08    |   |   |
| 122 | 156  | AUGUSTYNIAK    | ADRIAN     | WROCLAW             | SII RUNNING TEAM                   | 1993 | M23 |          | 00:20:59   | 00:22:04    |   |   |
| 123 | 1172 | KWIECIEŃ       | MARCIN     | WROCLAW             | HRW                                | 1979 | M45 |          | 00:21:05   | 00:21:11    |   |   |
| 124 | 285  | ZYCH           | ADAM       | WROCLAW             | ZYCHU TEAM                         | 1956 | M65 |          | 00:21:07   | 00:21:13    |   |   |
| 125 | 1171 | PAWŁAK         | TOMASZ     | RYCHWAŁ             | KANCELARIA MALEC-PAWŁAK            | 1988 | M35 |          | 00:21:09   | 00:21:15    |   |   |
| 126 | 172  | WANAT          | MATEUSZ    | WROCLAW             | PRZEDWOJEWSKI TEAM                 | 1989 | M35 |          | 00:21:09   | 00:21:14    |   |   |
| 127 | 426  | MARCZUK        | JAKUB      | WROCLAW             | MATNER RUNNING TEAM                | 1993 | M23 |          | 00:21:10   | 00:22:19    |   |   |
| 128 | 1019 | RYBARCZYK      | TYMOTEUSZ  | WROCLAW             |                                    | 1997 | M23 |          | 00:21:11   | 00:21:17    |   |   |
| 129 | 1151 | DUDZIŃSKA      | WERONIKA   | OSTRÓW WIELKOPOLSKI | KS STAL LA                         | 2008 | K16 |          | 00:21:11   | 00:21:14    |   |   |
| 130 | 1098 | KOWALSKI       | BENEDYKT   | WROCLAW             | MATNER RUNNING TEAM                | 1996 | M23 |          | 00:21:12   | 00:23:18    |   |   |
| 131 | 104  | KUBICA         | PAWEŁ      | SIECHNICE           | GÓRYLASY                           | 1985 | M35 |          | 00:21:13   | 00:21:18    |   |   |
| 132 | 116  | ZIÓŁKOWSKI     | MAREK      | PANOWICE            | OBORYGENI OBORNIKI ŚLĄSKIE         | 1972 | M50 |          | 00:21:13   | 00:21:23    |   |   |
| 133 | 401  | JAMROZIK       | MATEUSZ    | WROCLAW             | MATNER RUNNING TEAM                | 1984 | M40 |          | 00:21:17   | 00:22:21    |   |   |
| 134 | 1074 | SAJEWICZ       | GRZEGORZ   | WROCLAW             |                                    | 1983 | M40 |          | 00:21:18   | 00:21:27    |   |   |
| 135 | 241  | ŁOMNICKA       | BARBARA    | WROCLAW             | SOBCZYK TEAM-MKS SIECHNICE         | 1979 | K45 |          | 00:21:19   | 00:21:24    |   |   |
| 136 | 390  | GORCZYCA       | KRZYSZTOF  | IWINY               | MATNER RUNNING TEAM                | 1982 | M40 |          | 00:21:21   | 00:22:26    |   |   |
| 137 | 204  | WIECZOREK      | JACEK      | WROCLAW             | VELICANTE SPORT TEAM               | 1972 | M50 |          | 00:21:21   | 00:22:12    |   |   |
| 138 | 53   | NOWAK          | PAWEŁ      | WROCLAW             |                                    | 1982 | M40 |          | 00:21:21   | 00:22:26    |   |   |
| 139 | 132  | PĘCAK          | MARCIN     | WROCLAW             |                                    | 1986 | M35 |          | 00:21:23   | 00:21:34    |   |   |
| 140 | 288  | KOZŁOWSKI      | ANDRZEJ    | WROCLAW             |                                    | 1979 | M45 |          | 00:21:23   | 00:21:30    |   |   |
| 141 | 1125 | PIOTROWICZ     | MICHAŁ     | IWINY               | SLOW SPRINT                        | 1985 | M35 |          | 00:21:29   | 00:22:33    |   |   |
| 142 | 1176 | SYPNIEWSKI     | ARTUR      | LUBAŃ               | MOW WROCLAW                        | 2007 | M16 |          | 00:21:35   | 00:21:39    |   |   |
| 143 | 421  | MILANOWICZ     | ALEKSANDRA | WROCLAW             |                                    | 1989 | K35 |          | 00:21:38   | 00:21:47    |   |   |
| 144 | 198  | BUJAŁA         | IZABELA    | WILKSZYN            | FOTOBOKIK.PL                       | 1992 | K23 |          | 00:21:38   | 00:21:44    |   |   |
| 145 | 479  | STANIÓW        | AGATA      | WROCLAW             |                                    | 1987 | K35 |          | 00:21:38   | 00:21:43    |   |   |
| 146 | 465  | MORYS          | ROBERT     | KĄTY WROCLAWSKIE    | KLUB BIEGACZA KĄTY WROCLAWSKIE     | 1976 | M45 |          | 00:21:39   | 00:22:42    |   |   |
| 147 | 480  | CHOJNICKI      | PRZEMYSŁAW | WROCLAW             | MATNER RUNNING TEAM                | 1983 | M40 |          | 00:21:40   | 00:21:46    |   |   |
| 148 | 68   | RUPINSKI       | JACEK      | DOBRYZKOWICE        | PEAKY RUNNERS                      | 1979 | M45 |          | 00:21:42   | 00:21:52    |   |   |
| 149 | 168  | WRÓBEL         | JAROSŁAW   | OLEŚNICA            | CEZAR                              | 1978 | M45 |          | 00:21:43   | 00:21:57    |   |   |
| 150 | 160  | GODLEWSKI      | HUBERT     | WROCLAW             |                                    | 1979 | M45 |          | 00:21:46   | 00:21:54    |   |   |
| 151 | 89   | MEJER          | TOMASZ     | WROCLAW             |                                    | 1984 | M40 |          | 00:21:48   | 00:21:53    |   |   |
| 152 | 483  | PALUCHNIAK     | TOMASZ     | WROCLAW             |                                    | 2002 | M16 |          | 00:21:49   | 00:21:53    |   |   |
| 153 | 1030 | POPADYCZ       | DAMIAN     | CHRZĄSTAWA WIELKA   | MATNER RUNNING TEAM WROCLAW        | 1990 | M23 |          | 00:21:52   | 00:22:03    |   |   |

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| MSC | NR   | NAZWISKO           | IMIĘ       | MIEJSCOWOŚĆ         | KLUB                        | ROK  | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|--------------------|------------|---------------------|-----------------------------|------|-----|----------|------------|-------------|---|---|
| 154 | 248  | SERAFIN- GORSZK... | PAULINA    | WROCLAW             | AW-SZYBCIEJ- TEAM           | 1981 | K40 |          | 00:21:52   | 00:22:01    |   |   |
| 155 | 167  | BARA               | BARTŁOMIEJ | WROCLAW             |                             | 1984 | M40 |          | 00:21:55   | 00:22:58    |   |   |
| 156 | 46   | SZKUDLARSKI        | TOMASZ     | WROCLAW             | KILOMETRY POMOCY            | 1972 | M50 |          | 00:21:56   | 00:23:01    |   |   |
| 157 | 48   | BUDZIEWSKI         | TOMASZ     | ŁAGIEWNIKI          | TEAM AKTYWNI                | 1978 | M45 |          | 00:21:57   | 00:22:00    |   |   |
| 158 | 1149 | PRUSZCZYŃSKI       | PIOTR      | WROCLAW             |                             | 1982 | M40 |          | 00:22:00   | 00:23:07    |   |   |
| 159 | 177  | CZERKAWSKI         | PIOTR      | WROCLAW             |                             | 1989 | M35 |          | 00:22:01   | 00:22:10    |   |   |
| 160 | 174  | FILIPOWSKI         | MICHAŁ     | ŻARÓW               |                             | 1987 | M35 |          | 00:22:01   | 00:22:16    |   |   |
| 161 | 468  | MARZEC             | DOMINIK    | WROCLAW             |                             | 1988 | M35 |          | 00:22:02   | 00:24:13    |   |   |
| 162 | 406  | BRUDŁO             | HUBERT     | OSTRÓW WIELKOPOLSKI | KS STAL OSTRÓW WIELKOPOLSKI | 2006 | M16 |          | 00:22:02   | 00:22:03    |   |   |
| 163 | 1167 | ZDANOWSKI          | MATEUSZ    | PIASECZNO           | TEAM AKTYWNI                | 2005 | M16 |          | 00:22:02   | 00:22:19    |   |   |
| 164 | 277  | KUŚMIEREK          | ŁUKASZ     | WROCLAW             |                             | 1981 | M40 |          | 00:22:03   | 00:23:11    |   |   |
| 165 | 1049 | BRODZIAK           | PATRYK     | WROCLAW             |                             | 1997 | M23 |          | 00:22:08   | 00:23:11    |   |   |
| 166 | 250  | HOTŁOŚ             | RAFAŁ      | WROCLAW             |                             | 1978 | M45 |          | 00:22:14   | 00:23:27    |   |   |
| 167 | 101  | ADAMSKI            | MARIUSZ    | WROCLAW             | DREAM TEAM                  | 1984 | M40 |          | 00:22:17   | 00:23:24    |   |   |
| 168 | 320  | WOŹNIAK            | RAFAŁ      | WYSOKA              | PCC ULTRA RUNNERS           | 1976 | M45 |          | 00:22:20   | 00:23:35    |   |   |
| 169 | 357  | KOWALEWSKI         | DAWID      | ŚLĘZA               | MMS BIEGA                   | 2007 | M16 |          | 00:22:22   | 00:23:27    |   |   |
| 170 | 377  | SKOŁUCKI           | SZYMON     | WROCLAW             | MMS BIEGA                   | 2007 | M16 |          | 00:22:22   | 00:22:32    |   |   |
| 171 | 269  | IDSARDI            | JASMINE    | WROCLAW             |                             | 2003 | K16 |          | 00:22:24   | 00:23:30    |   |   |
| 172 | 127  | KOLEBUK            | ROBERT     | WROCLAW             | DZIKIE ŻYCIE RUN TEAM       | 1972 | M50 |          | 00:22:26   | 00:23:31    |   |   |
| 173 | 1041 | OSTROMECKI         | ADRIAN     | ŻMIGRÓD             |                             | 1995 | M23 |          | 00:22:26   | 00:22:40    |   |   |
| 174 | 365  | KORNAŚ             | FRANCISZEK | LASKÓWKA            | GÓRYLASY                    | 2008 | M16 |          | 00:22:26   | 00:22:30    |   |   |
| 175 | 140  | WILK               | KRZYSZTOF  | IWINY               |                             | 1976 | M45 |          | 00:22:30   | 00:23:39    |   |   |
| 176 | 123  | LIPNICKI           | MICHAŁ     | WROCLAW             |                             | 2004 | M16 |          | 00:22:31   | 00:23:41    |   |   |
| 177 | 131  | FIJARCZYK          | TOMASZ     | WROCLAW             |                             | 1981 | M40 |          | 00:22:33   | 00:23:40    |   |   |
| 178 | 464  | MŁYNIEC-KULECZKA   | BARBARA    | OLEŚNICA            |                             | 1978 | K45 |          | 00:22:33   | 00:22:36    |   |   |
| 179 | 256  | KORNAŚ             | MARCIN     | LASKÓWKA            | GÓRYLASY                    | 1978 | M45 |          | 00:22:35   | 00:22:39    |   |   |
| 180 | 26   | ŁOWICKI            | MICHAŁ     | WROCLAW             |                             | 1995 | M23 |          | 00:22:38   | 00:22:46    |   |   |
| 181 | 77   | GROCHOWSKI         | OSKAR      | WROCLAW             |                             | 1996 | M23 |          | 00:22:38   | 00:24:45    |   |   |
| 182 | 466  | KOZIOLEK           | JULIA      | WROCLAW             | WKS ŚLĄSK BNO               | 1984 | K40 |          | 00:22:40   | 00:23:45    |   |   |
| 183 | 418  | KOKOT              | JOANNA     | WROCLAW             | WEBCO.DESIGN                | 1997 | K23 |          | 00:22:41   | 00:26:54    |   |   |
| 184 | 253  | CĘDROWSKI          | MARCIN     | WROCLAW             |                             | 1987 | M35 |          | 00:22:42   | 00:25:45    |   |   |
| 185 | 1138 | STROKA             | MICHAŁ     | WROCLAW             |                             | 1993 | M23 |          | 00:22:42   | 00:23:50    |   |   |
| 186 | 1078 | BASA               | DAWID      | WROCLAW             |                             | 1987 | M35 |          | 00:22:49   | 00:23:57    |   |   |
| 187 | 368  | ŁUKASIŃSKA         | MONIKA     | KRZYKÓW             |                             | 1980 | K40 |          | 00:22:52   | 00:24:01    |   |   |
| 188 | 326  | SZKUTNIK           | WERONIKA   | WROCLAW             | BIEGACZE STU MOSTÓW         | 1988 | K35 |          | 00:22:53   | 00:23:57    |   |   |
| 189 | 1121 | GRZYWA             | ADAM       | SZCZECIN            | FIZJOBIEGACZE               | 1976 | M45 |          | 00:22:54   | 00:23:01    |   |   |
| 190 | 408  | JANIAK             | SZYMON     | WROCLAW             | PIASTRUN                    | 2002 | M16 |          | 00:23:00   | 00:23:14    |   |   |
| 191 | 244  | SZCZEPAŃSKI        | JACEK      | WROCLAW             | PRO-RUN WROCLAW             | 1968 | M55 |          | 00:23:05   | 00:25:11    |   |   |
| 192 | 233  | ŚWIĄTEK            | EWELINA    | WROCLAW             | OIRP WROCLAW                | 1980 | K40 |          | 00:23:06   | 00:24:11    |   |   |
| 193 | 1066 | STEFANISZYN        | MARCIN     | BRZEG               | SZTUKA RUCHU                | 1986 | M35 |          | 00:23:08   | 00:24:16    |   |   |
| 194 | 105  | LEWIŃSKI           | JAN        | WROCLAW             | PODATKI TO KRADZIEŻ         | 1981 | M40 |          | 00:23:09   | 00:26:14    |   |   |
| 195 | 99   | JANKOWSKI          | WALDEMAR   | WROCLAW             | BLIŹNIACY                   | 1989 | M35 |          | 00:23:09   | 00:24:16    |   |   |
| 196 | 1163 | TYL                | RADOSŁAW   | BIERZYCE            |                             | 1979 | M45 |          | 00:23:11   | 00:26:15    |   |   |
| 197 | 1076 | KOBIERZYCKA        | AGATA      | WROCLAW             |                             | 1986 | K35 |          | 00:23:15   | 00:24:19    |   |   |
| 198 | 345  | DUDZIAK            | ANNA       | RADWANICE           |                             | 1987 | K35 |          | 00:23:16   | 00:23:26    |   |   |
| 199 | 353  | RYCOMBEL           | MICHAŁ     | JELCZ-LASKOWICE     | MMS BIEGA                   | 2007 | M16 |          | 00:23:17   | 00:24:22    |   |   |
| 200 | 1008 | ROSZYK             | JAROSŁAW   | WROCLAW             |                             | 2001 | M23 |          | 00:23:19   | 00:23:24    |   |   |
| 201 | 242  | CUCH               | ADAM       | WROCLAW             |                             | 1973 | M50 |          | 00:23:20   | 00:24:24    |   |   |
| 202 | 1166 | KIELT              | JACEK      | ŁAŃCUT              |                             | 1987 | M35 |          | 00:23:20   | 00:24:26    |   |   |
| 203 | 79   | FRINDO             | PAWEL      | WROCLAW             | PRO-RUN                     | 1973 | M50 |          | 00:23:21   | 00:23:34    |   |   |
| 204 | 329  | DUDKA              | FRANKA     | WROCLAW             | MKS SIECHNICE               | 2003 | K16 |          | 00:23:23   | 00:23:33    |   |   |

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| MSC | NR   | NAZWISKO      | IMIĘ       | MIEJSCOWOŚĆ         | KLUB                     | ROK  | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|---------------|------------|---------------------|--------------------------|------|-----|----------|------------|-------------|---|---|
| 205 | 1144 | BĄCZYŃSKI     | KONRAD     | WROCLAW             |                          | 1994 | M23 |          | 00:23:23   | 00:24:31    |   |   |
| 206 | 271  | OLEKSA        | ROBERT     | KARWIANY            |                          | 1972 | M50 |          | 00:23:25   | 00:24:36    |   |   |
| 207 | 161  | MILEK         | AGNIESZKA  | SMOLEC              |                          | 1977 | K45 |          | 00:23:27   | 00:24:35    |   |   |
| 208 | 20   | ROGALA        | KLAUDIUSZ  | WROCLAW             | DRUZYNA SZPIKU           | 1973 | M50 |          | 00:23:29   | 00:25:41    |   |   |
| 209 | 420  | KOZLEWSKA     | BEATA      | ZABKOWICE ŚL        | GORYLASY                 | 1972 | K50 |          | 00:23:32   | 00:24:47    |   |   |
| 210 | 157  | KOMOROWSKI    | LUKASZ     | WROCLAW             | SII RUNNING TEAM         | 1979 | M45 |          | 00:23:33   | 00:24:47    |   |   |
| 211 | 126  | KOZIOLEK      | ROMAN      | WROCLAW             |                          | 1983 | M40 |          | 00:23:34   | 00:24:42    |   |   |
| 212 | 184  | WAŚIK         | JACEK      | WROCLAW             |                          | 1978 | M45 |          | 00:23:34   | 00:24:42    |   |   |
| 213 | 1196 | PIROZEK       | ANETA      | WROCLAW             |                          | 1992 | K23 |          | 00:23:35   | 00:25:46    |   |   |
| 214 | 44   | TAŃSKI        | MAREK      | WROCLAW             |                          | 1968 | M55 |          | 00:23:36   | 00:24:43    |   |   |
| 215 | 1195 | LUPPI         | STEFANO    | VARESE              |                          | 1985 | M35 |          | 00:23:37   | 00:25:49    |   |   |
| 216 | 188  | POSŁUSZNY     | PAWEŁ      | WROCLAW             | AWF WROCLAW              | 1979 | M45 |          | 00:23:40   | 00:26:43    |   |   |
| 217 | 434  | MOMOT         | PIOTR      | WROCLAW             | TRIATHLON CLUB WROCLAW   | 1986 | M35 |          | 00:23:40   | 00:24:50    |   |   |
| 218 | 31   | TERKA         | DOMINIK    | OLEŚNICA            |                          | 1981 | M40 |          | 00:23:40   | 00:24:48    |   |   |
| 219 | 452  | SKORUPSKI     | JAKUB      | PEGÓW               | MMS BIEGA                | 2007 | M16 |          | 00:23:41   | 00:24:46    |   |   |
| 220 | 249  | NOWAK         | MAŁGORZATA | WROCLAW             |                          | 1993 | K23 |          | 00:23:42   | 00:25:48    |   |   |
| 221 | 367  | ŁUKASIŃSKI    | JACEK      | KRZYKÓW             | MPK SP.Z.O.O.            | 1978 | M45 |          | 00:23:44   | 00:24:53    |   |   |
| 222 | 60   | WANIEK        | KAROL      | WROCLAW             |                          | 1983 | M40 |          | 00:23:46   | 00:24:52    |   |   |
| 223 | 462  | MILA          | BARTOSZ    | PRUSZOWICE          |                          | 1999 | M23 |          | 00:23:49   | 00:24:59    |   |   |
| 224 | 45   | TYMEJCZYK     | JAKUB      | WROCLAW             |                          | 1991 | M23 |          | 00:23:50   | 00:24:59    |   |   |
| 225 | 292  | HAWRON        | AGNIESZKA  | WROCLAW             | PARKRUN WROCLAW          | 1972 | K50 |          | 00:23:54   | 00:25:08    |   |   |
| 226 | 118  | MALESZKA      | KINGA      | WROCLAW             |                          | 1985 | K35 |          | 00:23:55   | 00:25:07    |   |   |
| 227 | 210  | TOBOROWICZ    | DZESIKA    | JASTRZĘBIE-ZDRÓJ    |                          | 1996 | K23 |          | 00:23:56   | 00:25:03    |   |   |
| 228 | 165  | KAIM          | ADAM       | GDAŃSK              | SII RUNNING TEAM         | 1998 | M23 |          | 00:23:57   | 00:25:16    |   |   |
| 229 | 456  | ANTONISZYN    | PIOTR      | WROCLAW             | MATNER RUNNING TEAM      | 1997 | M23 |          | 00:23:58   | 00:26:05    |   |   |
| 230 | 190  | KRYSTOSEK     | GRZEGORZ   | WROCLAW             |                          | 1983 | M40 |          | 00:23:58   | 00:26:07    |   |   |
| 231 | 200  | DUDEK         | SZYMON     | WROCLAW             |                          | 2002 | M16 |          | 00:24:01   | 00:25:14    |   |   |
| 232 | 484  | GAŁĄZKA       | MATEUSZ    | KRAKÓW              | ITMBW KRAKÓW             | 1989 | M35 |          | 00:24:03   | 00:25:14    |   |   |
| 233 | 298  | OLACZEK       | LUKASZ     | MROZÓW              | TATA STARTUJE // TRI AMO | 1979 | M45 |          | 00:24:03   | 00:25:22    |   |   |
| 234 | 397  | HANGIEL       | BOLESŁAW   | WROCLAW             |                          | 1990 | M23 |          | 00:24:03   | 00:25:23    |   |   |
| 235 | 383  | KOLANY        | KRZYSZTOF  | WROCLAW             | PARKRUN WROCLAW          | 1983 | M40 |          | 00:24:04   | 00:26:08    |   |   |
| 236 | 422  | ROSIŃSKI      | RAFAŁ      | WROCLAW             | KOMANDO FOKI             | 1980 | M40 |          | 00:24:05   | 00:25:18    |   |   |
| 237 | 407  | JANIK         | JERZY      | WROCLAW             | VELICANTE SPORT TEAM     | 2006 | M16 |          | 00:24:07   | 00:25:16    |   |   |
| 238 | 444  | LAMPERSKI     | WOJCIECH   | WROCLAW             | LITWIN SPORTS            | 1968 | M55 |          | 00:24:08   | 00:25:20    |   |   |
| 239 | 240  | RÓŻAŃSKI      | MATEUSZ    | WROCLAW             | SPORT GENERATION         | 1990 | M23 |          | 00:24:10   | 00:26:17    |   |   |
| 240 | 1050 | SOBUCKI       | JAKUB      | WROCLAW             |                          | 1994 | M23 |          | 00:24:12   | 00:24:27    |   |   |
| 241 | 1108 | PULKA         | MARTA      | WROCLAW             |                          | 1990 | K23 |          | 00:24:12   | 00:24:37    |   |   |
| 242 | 262  | RÓŻAŃSKA      | AGNIESZKA  | ZIĘBICE             | GORYLASY                 | 1977 | K45 |          | 00:24:13   | 00:25:23    |   |   |
| 243 | 63   | WOJCIECHOWSKI | BARTOSZ    | WROCLAW             |                          | 1973 | M50 |          | 00:24:15   | 00:25:27    |   |   |
| 244 | 1197 | DRAB          | PAWEŁ      | JESZKOWICE          |                          | 1978 | M45 |          | 00:24:16   | 00:25:31    |   |   |
| 245 | 90   | WASULA        | TOMASZ     | BIELANY WROCLAWSKIE |                          | 1975 | M45 |          | 00:24:20   | 00:25:31    |   |   |
| 246 | 115  | PACZKA        | TOMASZ     | OLEŚNICA            |                          | 1989 | M35 |          | 00:24:20   | 00:26:24    |   |   |
| 247 | 373  | WNUK          | GRZEGORZ   | KŁODZKO             | GORYLASY                 | 1973 | M50 |          | 00:24:22   | 00:24:27    |   |   |
| 248 | 234  | BIALKOWSKI    | MATEUSZ    | WYSOKA              |                          | 1989 | M35 |          | 00:24:23   | 00:26:26    |   |   |
| 249 | 1023 | KALETA        | KAMIL      | WIERUSZÓW           |                          | 1994 | M23 |          | 00:24:23   | 00:25:30    |   |   |
| 250 | 1152 | CZECH         | DOROTA     | WROCLAW             | ASICS FRONTRUNNER POLAND | 1976 | K45 |          | 00:24:26   | 00:26:45    |   |   |
| 251 | 83   | CICHOŃ        | MICHAŁ     | ŁAGIEWNIKI          | TEAM AKTYWNI             | 1981 | M40 |          | 00:24:27   | 00:25:36    |   |   |
| 252 | 1039 | ZIĘTEK        | KRZYSZTOF  | OSTRÓW WLKP.        | ADIDAS RUNNERS           | 1973 | M50 |          | 00:24:28   | 00:25:41    |   |   |
| 253 | 1089 | CHOJNACKI     | TOMASZ     | OZIMEK              | TEAMOZIMEK               | 1982 | M40 |          | 00:24:28   | 00:26:36    |   |   |
| 254 | 1063 | STUDENNY      | MICHAŁ     | WROCLAW             |                          | 1978 | M45 |          | 00:24:29   | 00:25:42    |   |   |
| 255 | 121  | KASPERCZYK    | MARTA      | WROCLAW             |                          | 1990 | K23 |          | 00:24:29   | 00:25:35    |   |   |

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|-----|------|-----------------|------------|---------------------|-------------------------------------|------|-----|----------|------------|-------------|---|---|
| 256 | 212  | GADASZEWSKA     | ANNA       | TRZEBNICA           | AKS BUKOWE TRZEBNICA                | 1977 | K45 |          | 00:24:31   | 00:25:35    |   |   |
| 257 | 124  | LIPNICKI        | TOMASZ     | WROCLAW             | PRO-RUN WROCLAW                     | 1970 | M50 |          | 00:24:33   | 00:26:44    |   |   |
| 258 | 360  | MICHELSON       | ROMAN      | WROCLAW             |                                     | 1972 | M50 |          | 00:24:35   | 00:26:41    |   |   |
| 259 | 247  | RACZYŃSKI       | ANDRZEJ    | WROCLAW             |                                     | 1971 | M50 |          | 00:24:36   | 00:26:50    |   |   |
| 260 | 49   | OSMENDA         | JAKUB      | WROCLAW             |                                     | 1985 | M35 |          | 00:24:38   | 00:25:49    |   |   |
| 261 | 235  | WRÓBEL          | TOMASZ     | WROCLAW             | EPAM SYSTEMS POLAND                 | 1981 | M40 |          | 00:24:41   | 00:26:43    |   |   |
| 262 | 1181 | PLISAK          | NORBERT    | LIGOTA POLSKA       |                                     | 2004 | M16 |          | 00:24:51   | 00:25:58    |   |   |
| 263 | 267  | WOŹNIAK         | MICHELLE   | SMOLEC              |                                     | 1993 | K23 |          | 00:24:52   | 00:26:56    |   |   |
| 264 | 66   | PIEKARCZYK      | MONIKA     | WROCLAW             | GÓRYLASY                            | 1997 | K23 |          | 00:24:53   | 00:26:05    |   |   |
| 265 | 1153 | WÓJCIK          | WOJCIECH   | WROCLAW             |                                     | 1973 | M50 |          | 00:24:54   | 00:26:02    |   |   |
| 266 | 388  | BRENICKI        | ADAM       | WROCLAW             |                                     | 1990 | M23 |          | 00:24:55   | 00:26:15    |   |   |
| 267 | 1137 | ŁOJEK           | ANDRZEJ    | WROCLAW             |                                     | 1992 | M23 |          | 00:24:57   | 00:27:18    |   |   |
| 268 | 117  | SIKORA          | BARBARA    | WROCLAW             | MATNER RUNNING TEAM                 | 1991 | K23 |          | 00:25:08   | 00:26:26    |   |   |
| 269 | 328  | ZAWADZKI        | PIOTR      | PIECOWICE           |                                     | 1976 | M45 |          | 00:25:09   | 00:26:29    |   |   |
| 270 | 1139 | KUCIERA         | PAWEL      | OLEŚNICA            |                                     | 1991 | M23 |          | 00:25:10   | 00:27:31    |   |   |
| 271 | 193  | BRATUŚ          | ARTUR      | WROCLAW             |                                     | 1983 | M40 |          | 00:25:13   | 00:27:18    |   |   |
| 272 | 1128 | ALEKSIEWCZ      | FILIP      | POZNAŃ              | BERSERKERS TEAM                     | 2002 | M16 |          | 00:25:18   | 00:26:24    |   |   |
| 273 | 30   | KRZYŻKÓW        | PIOTR      | WROCLAW             |                                     | 1989 | M35 |          | 00:25:19   | 00:27:31    |   |   |
| 274 | 1057 | WĘGŁOWSKA       | ANNA       | WROCLAW             | MKS SIECHNICE/ SP 17                | 1981 | K40 |          | 00:25:20   | 00:27:37    |   |   |
| 275 | 236  | KALISKI         | PIOTR      | WROCLAW             |                                     | 1974 | M50 |          | 00:25:21   | 00:27:25    |   |   |
| 276 | 431  | JURKIEWICZ      | DOMINIK    | WROCLAW             | MATNER RUNNING TEAM                 | 1985 | M35 |          | 00:25:23   | 00:26:31    |   |   |
| 277 | 221  | KOPACKA         | EDYTA      | WROCLAW             |                                     | 1985 | K35 |          | 00:25:26   | 00:26:33    |   |   |
| 278 | 1056 | PODYMA          | ŁUKASZ     | WROCLAW             |                                     | 1986 | M35 |          | 00:25:32   | 00:27:35    |   |   |
| 279 | 67   | SZCZUREK        | MICHAŁ     | JANUSZKOWICE        | PEAKY RUNNERS                       | 1991 | M23 |          | 00:25:35   | 00:26:47    |   |   |
| 280 | 311  | SKRZYPCZAK      | ŁUKASZ     | KRZYKOW             |                                     | 1981 | M40 |          | 00:25:36   | 00:26:52    |   |   |
| 281 | 119  | KRÓLIKOWSKI     | KRZYSZTOF  | WROCLAW-PSIE POLE   | BERGSON TEAM                        | 1981 | M40 |          | 00:25:36   | 00:27:47    |   |   |
| 282 | 266  | GLEŃ            | BATROSZ    | WROCLAW             |                                     | 2008 | M16 |          | 00:25:37   | 00:27:43    |   |   |
| 283 | 331  | MADEJA          | MARCIN     | WROCLAW             |                                     | 1983 | M40 |          | 00:25:38   | 00:28:42    |   |   |
| 284 | 113  | KOZIMOR         | KATARZYNA  | WROCLAW             | KUBUTEK RUNNING TEAM                | 1980 | K40 |          | 00:25:39   | 00:26:45    |   |   |
| 285 | 169  | KIEŻA           | MAREK      | WROCLAW             |                                     | 1988 | M35 |          | 00:25:42   | 00:26:56    |   |   |
| 286 | 23   | ŚWIĄTEK         | ŁUKASZ     | WROCLAW             |                                     | 1981 | M40 |          | 00:25:42   | 00:26:58    |   |   |
| 287 | 106  | STRZYŻEWSKI     | MACIEK     | WROCLAW             | BNW BO NIE WYPADA                   | 1993 | M23 |          | 00:25:48   | 00:28:03    |   |   |
| 288 | 137  | NIEDUZIAK       | AGNIESZKA  | WROCLAW             |                                     | 1971 | K50 |          | 00:25:48   | 00:27:05    |   |   |
| 289 | 179  | BANASZAK        | BARBARA    | WROCLAW             |                                     | 1997 | K23 |          | 00:25:50   | 00:28:00    |   |   |
| 290 | 27   | MAJCHER         | PIOTR      | WROCLAW             | BRUK-TEAM1                          | 1994 | M23 |          | 00:25:53   | 00:27:03    |   |   |
| 291 | 354  | LEWICKA         | JOANNA     | WROCLAW             |                                     | 1992 | K23 |          | 00:25:56   | 00:28:04    |   |   |
| 292 | 419  | BARNAŚ          | BARBARA    | BARDO               |                                     | 1994 | K23 |          | 00:26:04   | 00:28:10    |   |   |
| 293 | 1140 | PAWLUS          | MAREK      | WROCLAW             |                                     | 1986 | M35 |          | 00:26:05   | 00:27:18    |   |   |
| 294 | 114  | STANKIEWICZ     | IZABELA    | WROCLAW             |                                     | 1977 | K45 |          | 00:26:07   | 00:27:24    |   |   |
| 295 | 1168 | STANKIEWICZ     | FILIP      | WROCLAW             |                                     | 2006 | M16 |          | 00:26:07   | 00:27:25    |   |   |
| 296 | 1132 | GÓRSKI          | DANIEL     | DOMANIÓW            | MIODODAJNI                          | 1981 | M40 |          | 00:26:12   | 00:27:31    |   |   |
| 297 | 441  | BRYŁKA-NADOLSKA | MARTA      | WROCLAW             | PRO-RUN WROCLAW                     | 1979 | K45 |          | 00:26:13   | 00:27:34    |   |   |
| 298 | 455  | OSTAPCZUK       | LIDIA      | KĄTY WROCLAWSKIE    | KLUB BIEGACZA KĄTY WROCLAWSKIE      | 1985 | K35 |          | 00:26:14   | 00:27:27    |   |   |
| 299 | 71   | URBANSKA        | KLAUDIA    | WROCLAW             |                                     | 1987 | K35 |          | 00:26:18   | 00:28:27    |   |   |
| 300 | 265  | KOZIMOR         | WERONIKA   | BIELANY WROCLAWSKIE |                                     | 1993 | K23 |          | 00:26:19   | 00:29:23    |   |   |
| 301 | 1065 | LOREK           | PIOTR      | WROCLAW             | BETONY NADODRZE                     | 1994 | M23 |          | 00:26:21   | 00:28:26    |   |   |
| 302 | 1148 | GÓRSKA          | EWA        | WROCLAW             |                                     | 1988 | K35 |          | 00:26:21   | 00:29:29    |   |   |
| 303 | 215  | GRELA           | MALGORZATA | WROCLAW             |                                     | 1993 | K23 |          | 00:26:22   | 00:29:27    |   |   |
| 304 | 260  | TURNAU          | KATARZYNA  | WROCLAW             |                                     | 1993 | K23 |          | 00:26:27   | 00:28:31    |   |   |
| 305 | 387  | KULA            | LESŁAW     | WROCLAW             | STS EXTREME STRZELIN GROM-BIKE TEAM | 1978 | M45 |          | 00:26:28   | 00:28:45    |   |   |
| 306 | 34   | SOBKOWICZ       | MAGDALENA  | WROCLAW             |                                     | 1977 | K45 |          | 00:26:32   | 00:28:44    |   |   |

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| MSC | NR   | NAZWISKO        | IMIĘ       | MIEJSCOWOŚĆ  | KLUB                  | ROK  | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|-----------------|------------|--------------|-----------------------|------|-----|----------|------------|-------------|---|---|
| 307 | 295  | MARCANO GALDOS  | JESSICA    | WROCLAW      |                       | 1986 | K35 |          | 00:26:33   | 00:28:41    |   |   |
| 308 | 191  | WALECKI         | ARTUR      | WROCLAW      |                       | 1978 | M45 |          | 00:26:34   | 00:29:38    |   |   |
| 309 | 442  | STRÓŻNA         | OLIWIA     | WROCLAW      |                       | 1998 | K23 |          | 00:26:36   | 00:27:46    |   |   |
| 310 | 72   | PARADYŻ         | JAROSŁAW   | WROCLAW      | ALKO-TREKKING KOMANDO | 1982 | M40 |          | 00:26:37   | 00:28:40    |   |   |
| 311 | 1145 | KIEŻYŃSKI       | TOMASZ     | WROCLAW      | PRO-RUN               | 1974 | M50 |          | 00:26:47   | 00:28:54    |   |   |
| 312 | 146  | SIPURZYŃSKA     | EWA        | BAŁDOWICE    |                       | 1979 | K45 |          | 00:26:50   | 00:28:57    |   |   |
| 313 | 304  | SIKORA          | ARKADIUSZ  | WROCLAW      |                       | 1974 | M50 |          | 00:26:50   | 00:29:00    |   |   |
| 314 | 263  | GRABKA          | KATARZYNA  | WROCLAW      |                       | 1994 | K23 |          | 00:26:52   | 00:29:58    |   |   |
| 315 | 1127 | BARNAŚ          | MACIEJ     | BARDO        | LKS ISKRA JASZKOWA    | 1966 | M55 |          | 00:26:59   | 00:29:05    |   |   |
| 316 | 149  | SIWEK           | JAROSŁAW   | PRZYGÓRZE    |                       | 2000 | M23 |          | 00:26:59   | 00:28:10    |   |   |
| 317 | 1126 | WASILEWSKI      | ARTUR      | ŁÓDŹ         | ŁÓDŻRUNCREW/JAKOTEAM  | 1977 | M45 |          | 00:27:00   | 00:28:05    |   |   |
| 318 | 428  | OCHOTNY         | RAFAEL     | WROCLAW      | BIEGACZE STU MOSTÓW   | 1973 | M50 |          | 00:27:02   | 00:29:11    |   |   |
| 319 | 74   | MALIK-CAHILL    | KAROLINA   | ŁAGIEWNIKI   | TEAM AKTYWNI          | 1982 | K40 |          | 00:27:02   | 00:28:11    |   |   |
| 320 | 22   | WOŹNIAK         | KAROLINA   | WROCLAW      |                       | 1995 | K23 |          | 00:27:02   | 00:30:07    |   |   |
| 321 | 1042 | LACH            | AGNIESZKA  | WROCLAW      | MOCNA GRUPA CEZARA    | 1974 | K50 |          | 00:27:03   | 00:29:07    |   |   |
| 322 | 40   | ŚWIGUT          | PIOTR      | KRAPKOWICE   |                       | 1961 | M60 |          | 00:27:04   | 00:27:16    |   |   |
| 323 | 1045 | CHORAŻEWSKI     | TOMASZ     | SIECHNICE    |                       | 1980 | M40 |          | 00:27:05   | 00:29:19    |   |   |
| 324 | 70   | KOŚLACZ         | ANNA       | ŁAGIEWNIKI   | TEAM AKTYWNI          | 1974 | K50 |          | 00:27:07   | 00:28:16    |   |   |
| 325 | 1110 | KUBACKA         | KATARZYNA  | SREBRNA GÓRA | MKS SIECHNICE         | 2002 | K16 |          | 00:27:09   | 00:29:13    |   |   |
| 326 | 404  | NIEDUZIAK       | PAWEŁ      | WROCLAW      |                       | 1970 | M50 |          | 00:27:12   | 00:28:29    |   |   |
| 327 | 400  | KOWALSKI        | ARTUR      | WROCLAW      | KDPAK-TAX             | 1969 | M55 |          | 00:27:15   | 00:30:18    |   |   |
| 328 | 352  | OLESZCZYK       | PIOTR      | WROCLAW      |                       | 1992 | M23 |          | 00:27:18   | 00:29:29    |   |   |
| 329 | 1182 | WOŁOWACZ        | ANNA       | WROCLAW      |                       | 1989 | K35 |          | 00:27:21   | 00:30:35    |   |   |
| 330 | 171  | GRABELUS        | IZABELA    | ZABRODZIE    |                       | 1990 | K23 |          | 00:27:21   | 00:28:37    |   |   |
| 331 | 264  | MICHALEWICZ     | ŁUKASZ     | WROCLAW      |                       | 1989 | M35 |          | 00:27:23   | 00:28:32    |   |   |
| 332 | 461  | KLAUS           | JOANNA     | WROCLAW      |                       | 1986 | K35 |          | 00:27:25   | 00:29:37    |   |   |
| 333 | 384  | KOLANY          | OLGA       | WROCLAW      | PARKRUN WROCLAW       | 1986 | K35 |          | 00:27:26   | 00:29:35    |   |   |
| 334 | 28   | SIKORA          | BARBARA    | WROCLAW      |                       | 1979 | K45 |          | 00:27:27   | 00:29:38    |   |   |
| 335 | 252  | BOREK           | MATEUSZ    | WROCLAW      |                       | 1991 | M23 |          | 00:27:28   | 00:29:40    |   |   |
| 336 | 414  | ŁAMBUCKA        | BEATA      | OLEŚNICA     |                       | 1985 | K35 |          | 00:27:31   | 00:27:35    |   |   |
| 337 | 150  | MULTAŃSKI       | TOMASZ     | WROCLAW      |                       | 1971 | M50 |          | 00:27:32   | 00:29:51    |   |   |
| 338 | 1199 | WRÓBLEWSKI      | MICHAŁ     | WROCLAW      |                       | 1991 | M23 |          | 00:27:33   | 00:30:41    |   |   |
| 339 | 1131 | CHOJNACKA       | MAJA       | WROCLAW      |                       | 2007 | K16 |          | 00:27:34   | 00:27:40    |   |   |
| 340 | 109  | BONA            | ANNA       | WROCLAW      |                       | 1990 | K23 |          | 00:27:35   | 00:30:38    |   |   |
| 341 | 476  | BRZÓSKA         | ANNA       | WROCLAW      |                       | 1993 | K23 |          | 00:27:35   | 00:29:48    |   |   |
| 342 | 186  | SZUKAŁA         | JOANNA     | OLEŚNICA     |                       | 1978 | K45 |          | 00:27:50   | 00:28:55    |   |   |
| 343 | 189  | DYMKOWSKA       | MAŁGORZATA | WROCLAW      | VELICANTE SPORT TEAM  | 1976 | K45 |          | 00:27:56   | 00:30:12    |   |   |
| 344 | 1178 | GORAJ           | ANNA       | WROCLAW      |                       | 1977 | K45 |          | 00:27:57   | 00:27:58    |   |   |
| 345 | 1100 | RABCZEWSKA      | AGATA      | PERZYCE      | MATNER RUNNING TEAM   | 2000 | K23 |          | 00:28:00   | 00:30:06    |   |   |
| 346 | 371  | MADEJSKA        | KAROLINA   | WROCLAW      |                       | 1982 | K40 |          | 00:28:05   | 00:30:17    |   |   |
| 347 | 50   | GRAŚ            | WERONIKA   | SMOLEC       |                       | 1995 | K23 |          | 00:28:08   | 00:31:13    |   |   |
| 348 | 481  | SPIŚACKA        | MARTYNA    | WROCLAW      | PRO-RUN WROCLAW       | 1992 | K23 |          | 00:28:10   | 00:30:19    |   |   |
| 349 | 25   | RÓŻAŃSKA        | MAŁGORZATA | WROCLAW      | PRO-RUN WROCLAW       | 1973 | K50 |          | 00:28:10   | 00:30:19    |   |   |
| 350 | 182  | SYTNIOWSKI      | ARTUR      | KIEŁCZÓWEK   | WMT ANIMALS           | 1985 | M35 |          | 00:28:14   | 00:30:25    |   |   |
| 351 | 447  | ZYMLIŃSKI       | ROBERT     | WROCLAW      | HEART ATTACK          | 1970 | M50 |          | 00:28:14   | 00:31:36    |   |   |
| 352 | 1028 | MAKOWSKI        | BARTOSZ    | BRZEG        |                       | 1973 | M50 |          | 00:28:16   | 00:31:25    |   |   |
| 353 | 1026 | RUTKOWSKA       | AGATA      | OLAWA        |                       | 1978 | K45 |          | 00:28:16   | 00:31:25    |   |   |
| 354 | 1120 | DUSZYŃSKA       | OLGA       | WROCLAW      |                       | 1991 | K23 |          | 00:28:16   | 00:30:26    |   |   |
| 355 | 185  | SZUKAŁA         | RADOSŁAW   | OLEŚNICA     |                       | 1978 | M45 |          | 00:28:23   | 00:28:40    |   |   |
| 356 | 133  | KONICKI         | MATEUSZ    | WROCLAW      | JAMNIKI ZAGŁADY       | 1994 | M23 |          | 00:28:25   | 00:30:35    |   |   |
| 357 | 1090 | GÓRECKA-HANULAK | LUCYNA     | RADWANICE    | MATNER RUNNING TEAM   | 1981 | K40 |          | 00:28:28   | 00:31:34    |   |   |



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| MSC | NR   | NAZWISKO           | IMIĘ       | MIEJSCOWOŚĆ       | KLUB                | ROK  | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|--------------------|------------|-------------------|---------------------|------|-----|----------|------------|-------------|---|---|
| 358 | 238  | LELO               | IZA        | WROCLAW           | MATNER RUNNING TEAM | 1993 | K23 |          | 00:28:31   | 00:31:37    |   |   |
| 359 | 1157 | STELMACH           | BARBARA    | WROCLAW           | STELMACH TEAM       | 1969 | K55 |          | 00:28:33   | 00:30:37    |   |   |
| 360 | 246  | CZARNY             | PIOTR      | WROCLAW           |                     | 1986 | M35 |          | 00:28:37   | 00:31:44    |   |   |
| 361 | 1095 | LACHOWSKA          | MALGORZATA | WROCLAW           |                     | 1990 | K23 |          | 00:28:38   | 00:30:45    |   |   |
| 362 | 315  | LESZCZYŃSKI        | KAROL      | WROCLAW           |                     | 1984 | M40 |          | 00:28:38   | 00:31:50    |   |   |
| 363 | 1072 | SZAREK             | BARTOSZ    | WROCLAW           |                     | 1978 | M45 |          | 00:28:38   | 00:30:44    |   |   |
| 364 | 35   | HANKIEWICZ-BOMI... | OLGA       | WROCLAW           |                     | 1979 | K45 |          | 00:28:40   | 00:31:48    |   |   |
| 365 | 436  | GRELA              | LUKASZ     | WROCLAW           |                     | 1992 | M23 |          | 00:28:45   | 00:30:57    |   |   |
| 366 | 52   | PUKALSKA           | URSZULA    | WROCLAW           | TRIATHLOLOLO        | 1985 | K35 |          | 00:28:57   | 00:32:02    |   |   |
| 367 | 472  | BIENIARZ           | ILONA      | WROCLAW           |                     | 1988 | K35 |          | 00:28:59   | 00:31:08    |   |   |
| 368 | 205  | PIOTROWSKA         | KATARZYNA  | WROCLAW           | MATNER RUNNING TEAM | 1989 | K35 |          | 00:29:01   | 00:32:07    |   |   |
| 369 | 255  | DYNIA              | BARBARA    | WROCLAW           |                     | 1994 | K23 |          | 00:29:02   | 00:32:08    |   |   |
| 370 | 24   | NOWAK-KASPRZAK     | ANNA       | WROCLAW           |                     | 1985 | K35 |          | 00:29:04   | 00:32:09    |   |   |
| 371 | 403  | SZOPIŃSKI          | GRZEGORZ   | WROCLAW           |                     | 1980 | M40 |          | 00:29:08   | 00:32:16    |   |   |
| 372 | 423  | WOLIKOWSKA         | JOANNA     | WROCLAW           | KOMANDO FOKI        | 1993 | K23 |          | 00:29:09   | 00:32:19    |   |   |
| 373 | 57   | PAŁGAN             | ANNA       | WROCLAW           |                     | 1986 | K35 |          | 00:29:12   | 00:31:17    |   |   |
| 374 | 173  | ŻEBRANOWICZ        | MARIUSZ    | WROCLAW-PSIE POLE | CBRE-RDQ            | 1969 | M55 |          | 00:29:13   | 00:31:23    |   |   |
| 375 | 386  | KULASA             | KAMIL      | WROCLAW           |                     | 1990 | M23 |          | 00:29:14   | 00:31:26    |   |   |
| 376 | 1093 | BARTCZAK           | KAROLINA   | POZNAŃ            | ING RUNNING         | 1992 | K23 |          | 00:29:16   | 00:32:21    |   |   |
| 377 | 1107 | PRZYBYLSKI         | MARCIN     | POZNAŃ            |                     | 1994 | M23 |          | 00:29:17   | 00:32:23    |   |   |
| 378 | 155  | WOLNY              | STANISŁAW  | WROCLAW           | SII RUNNING TEAM    | 1992 | M23 |          | 00:29:19   | 00:31:30    |   |   |
| 379 | 178  | OLEJNIK            | BEATA      | ZABRODZIE         |                     | 1989 | K35 |          | 00:29:22   | 00:30:37    |   |   |
| 380 | 274  | JEZIOROWSKI        | RYSZARD    | WROCLAW           | LSB-WE-FEEL-IT      | 1963 | M60 |          | 00:29:24   | 00:31:48    |   |   |
| 381 | 224  | ZIELIŃSKA          | DAGNA      | WROCLAW           |                     | 1988 | K35 |          | 00:29:26   | 00:32:35    |   |   |
| 382 | 342  | ŁABUZ              | EWA        | WROCLAW           |                     | 1955 | K65 |          | 00:29:27   | 00:31:38    |   |   |
| 383 | 392  | WOŹNIAK            | KONRAD     | WROCLAW           |                     | 1984 | M40 |          | 00:29:32   | 00:32:53    |   |   |
| 384 | 393  | BARWICKA           | SONIA      | WROCLAW           |                     | 1985 | K35 |          | 00:29:33   | 00:32:53    |   |   |
| 385 | 87   | KURASZ             | KRZYSZTOF  | WILCZYCE          |                     | 1990 | M23 |          | 00:29:34   | 00:32:50    |   |   |
| 386 | 467  | GRADYS             | ANNA       | SYCÓW             |                     | 1981 | K40 |          | 00:29:34   | 00:30:38    |   |   |
| 387 | 1087 | GALA               | EWELINA    | JUGOWIEC          |                     | 1995 | K23 |          | 00:29:43   | 00:31:51    |   |   |
| 388 | 183  | SKORACKA           | ANNA       | WROCLAW           | BAKEMANIA           | 1992 | K23 |          | 00:29:43   | 00:31:53    |   |   |
| 389 | 103  | BARTOSIK           | KAMILA     | SMOLEC            | SMOLECKA ZADYSZKA   | 1977 | K45 |          | 00:29:45   | 00:32:49    |   |   |
| 390 | 348  | LIS                | VICTORIA   | WROCLAW           | MMS BIEGA           | 2007 | K16 |          | 00:29:47   | 00:32:00    |   |   |
| 391 | 196  | SROKOWSKA          | JOANNA     | WROCLAW           | POTEM WINO          | 1981 | K40 |          | 00:29:51   | 00:33:03    |   |   |
| 392 | 1193 | OSTROWSKA          | AGNIESZKA  | WROCLAW           |                     | 1982 | K40 |          | 00:29:55   | 00:33:02    |   |   |
| 393 | 1006 | PARDA              | AGNIESZKA  | WROCLAW           |                     | 1985 | K35 |          | 00:30:00   | 00:32:09    |   |   |
| 394 | 85   | PIEKARSKA          | KRYSTYNA   | WROCLAW           |                     | 1979 | K45 |          | 00:30:14   | 00:32:20    |   |   |
| 395 | 486  | NOWAKOWSKI         | KRYSTIAN   | WROCLAW           |                     | 1982 | M40 |          | 00:30:19   | 00:32:25    |   |   |
| 396 | 142  | SPYCHAJ            | MARCIN     | WROCLAW           |                     | 1980 | M40 |          | 00:30:20   | 00:32:38    |   |   |
| 397 | 1124 | SZAPIŃSKI          | TOMASZ     | LUBAŃ             |                     | 1985 | M35 |          | 00:30:25   | 00:30:34    |   |   |
| 398 | 120  | SZWED              | ANNA       | WROCLAW           | EVIDEN              | 1989 | K35 |          | 00:30:25   | 00:32:39    |   |   |
| 399 | 1115 | RUTKA              | MARLENA    | LUBAŃ             |                     | 1981 | K40 |          | 00:30:26   | 00:30:34    |   |   |
| 400 | 330  | SZPIK              | MACIEJ     | WROCLAW           |                     | 1975 | M45 |          | 00:30:26   | 00:32:41    |   |   |
| 401 | 341  | WOJTYŁŁO           | KRZYSZTOF  | WROCLAW           |                     | 1949 | M65 |          | 00:30:28   | 00:33:34    |   |   |
| 402 | 291  | HAWRON             | TOMASZ     | WROCLAW           | PARKRUN WROCLAW     | 1972 | M50 |          | 00:30:28   | 00:33:35    |   |   |
| 403 | 1165 | NOWICKA            | AGNIESZKA  | WROCLAW           | SŁODKIE BUŁKI       | 1987 | K35 |          | 00:30:31   | 00:33:44    |   |   |
| 404 | 334  | SZPIK              | MAJA       | WROCLAW           |                     | 2006 | K16 |          | 00:30:33   | 00:32:41    |   |   |
| 405 | 1099 | ZAWISZA - KOWALSKA | KLAUDIA    | ŻARÓW             | MATNER RUNNING      | 1995 | K23 |          | 00:30:40   | 00:30:49    |   |   |
| 406 | 227  | MALINOWSKA         | MAGDALENA  | WROCLAW           |                     | 1967 | K55 |          | 00:30:41   | 00:33:50    |   |   |
| 407 | 110  | KWIATKOWSKA        | MARTA      | WROCLAW           |                     | 1992 | K23 |          | 00:30:43   | 00:33:55    |   |   |
| 408 | 135  | KNUTH              | MALWINA    | WROCLAW           | LECIMY TUTAJ        | 1987 | K35 |          | 00:30:45   | 00:33:54    |   |   |



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| MSC | NR   | NAZWISKO         | IMIĘ       | MIEJSCOWOŚĆ         | KLUB                           | ROK  | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|------------------|------------|---------------------|--------------------------------|------|-----|----------|------------|-------------|---|---|
| 409 | 95   | KLIMOWICZ        | MAJA       | KĄTY WROCŁAWSKIE    |                                | 1972 | K50 |          | 00:30:52   | 00:34:02    |   |   |
| 410 | 1079 | GRUDOWSKA        | MAGDALENA  | WROCŁAW             |                                | 1996 | K23 |          | 00:30:52   | 00:34:03    |   |   |
| 411 | 62   | KARMOWSKA        | MAGDALENA  | WROCŁAW             |                                | 1979 | K45 |          | 00:30:53   | 00:32:58    |   |   |
| 412 | 1080 | TWOHIG           | JOHN       | WROCŁAW             |                                | 1998 | M23 |          | 00:30:53   | 00:34:03    |   |   |
| 413 | 332  | SZPIK            | AGNIESZKA  | WROCŁAW             |                                | 1977 | K45 |          | 00:31:17   | 00:33:26    |   |   |
| 414 | 469  | MOJKA            | MAGDALENA  | WROCŁAW             |                                | 1977 | K45 |          | 00:31:32   | 00:34:38    |   |   |
| 415 | 162  | KOZŁOWSKA        | IZABELA    | WROCŁAW             |                                | 1986 | K35 |          | 00:31:36   | 00:34:42    |   |   |
| 416 | 1173 | ODLEWAŃSKI       | MATEUSZ    | WROCŁAW             | BETONY NADODRZE                | 1994 | M23 |          | 00:31:42   | 00:33:48    |   |   |
| 417 | 366  | DULLAK           | MARIUSZ    | DOBRYKOWICE         |                                | 1981 | M40 |          | 00:31:51   | 00:35:13    |   |   |
| 418 | 58   | LEWANDOWSKI      | ŁUKASZ     | WROCŁAW             | LSB-WE-FEEL-IT                 | 1989 | M35 |          | 00:31:55   | 00:34:20    |   |   |
| 419 | 449  | LITKA            | KRZYSZTOF  | WROCŁAW             | PZU SPORT TEAM                 | 1977 | M45 |          | 00:32:01   | 00:35:09    |   |   |
| 420 | 1012 | GRZELCZYK        | MICHAŁ     | WROCŁAW             |                                | 2001 | M23 |          | 00:32:06   | 00:34:17    |   |   |
| 421 | 21   | KLESZCZEWSKA     | ALEKSANDRA | WROCŁAW             |                                | 2001 | K23 |          | 00:32:07   | 00:34:17    |   |   |
| 422 | 1162 | TYL              | ANNA       | WROCŁAW             | ZAKOCHAJ SIE W BIEGANIU        | 1983 | K40 |          | 00:32:13   | 00:35:18    |   |   |
| 423 | 335  | TELEŃCZUK        | HANIA      | WROCŁAW             | SZYBKE STOPY                   | 2004 | K16 |          | 00:32:15   | 00:35:25    |   |   |
| 424 | 1175 | CIURA            | KRZYSZTOF  | SIEDLEC             |                                | 1966 | M55 |          | 00:32:16   | 00:35:26    |   |   |
| 425 | 229  | JERZYK           | MARCIN     | WROCŁAW             |                                | 1985 | M35 |          | 00:32:19   | 00:35:26    |   |   |
| 426 | 151  | MULTAŃSKA        | DOROTA     | WROCŁAW             |                                | 1972 | K50 |          | 00:32:25   | 00:34:34    |   |   |
| 427 | 143  | SPYCHAJ          | AGNIESZKA  | WROCŁAW             |                                | 1982 | K40 |          | 00:32:30   | 00:34:39    |   |   |
| 428 | 43   | SZNAJDER         | JOANNA     | WROCŁAW             |                                | 1983 | K40 |          | 00:32:33   | 00:35:42    |   |   |
| 429 | 1174 | BAŃKOWSKI        | MAREK      | KĄTY WROCŁAWSKIE    | KLUB BIEGACZA KĄTY WROCŁAWSKIE | 1978 | M45 |          | 00:32:45   | 00:36:07    |   |   |
| 430 | 339  | SYDORUK          | NINA       | WROCŁAW             | MACOPHARMA                     | 1972 | K50 |          | 00:32:53   | 00:36:00    |   |   |
| 431 | 203  | KURPAS           | EWELINA    | JANKOWICE           |                                | 1979 | K45 |          | 00:32:55   | 00:36:03    |   |   |
| 432 | 91   | WASULA           | KATARZYNA  | BIELANY WROCŁAWSKIE |                                | 1978 | K45 |          | 00:33:03   | 00:35:10    |   |   |
| 433 | 219  | SZCZECHOWIAK     | ALEKSANDRA | WROCŁAW             |                                | 1981 | K40 |          | 00:33:19   | 00:36:27    |   |   |
| 434 | 223  | SZCZECHOWIAK     | JULIA      | WROCŁAW             |                                | 2005 | K16 |          | 00:33:19   | 00:36:27    |   |   |
| 435 | 258  | KOSIBA-ROGAŁA    | WIOLETTA   | WROCŁAW             | DRUŻYNA SZPIKU                 | 1974 | K50 |          | 00:33:22   | 00:36:38    |   |   |
| 436 | 416  | TOBOLA           | BEATA      | SIECHNICE           |                                | 1973 | K50 |          | 00:33:30   | 00:36:39    |   |   |
| 437 | 1179 | GINTER           | BARBARA    | WROCŁAW             |                                | 1974 | K50 |          | 00:33:34   | 00:35:48    |   |   |
| 438 | 220  | CIURA            | MARZENA    | SIEDLEC             |                                | 1971 | K50 |          | 00:33:48   | 00:37:15    |   |   |
| 439 | 1155 | MAZUREK          | ALICJA     | MIRKÓW              |                                | 1995 | K23 |          | 00:33:55   | 00:37:05    |   |   |
| 440 | 336  | CHASZCZEWSKI     | MARCIN     | WROCŁAW             |                                | 1981 | M40 |          | 00:33:55   | 00:37:07    |   |   |
| 441 | 153  | KUBAS            | ALICJA     | WROCŁAW             |                                | 2000 | K23 |          | 00:34:14   | 00:37:33    |   |   |
| 442 | 141  | KUSTOSZ          | MAGDA      | WROCŁAW             |                                | 1993 | K23 |          | 00:34:38   | 00:37:47    |   |   |
| 443 | 81   | WAŻNA            | NINA       | WROCŁAW             | WAŻNY TEAM                     | 1985 | K35 |          | 00:35:23   | 00:38:35    |   |   |
| 444 | 39   | KASINSKI         | PATRYK     | LEGNICA             | HIPOGRYFY Z TENERYFY           | 1992 | M23 |          | 00:35:31   | 00:38:50    |   |   |
| 445 | 305  | PUCHALSKA        | KATARZYNA  | WILCZYCE            | VELICANTE SPORT TEAM           | 1981 | K40 |          | 00:35:40   | 00:38:56    |   |   |
| 446 | 88   | JANUSZ           | TOMASZ     | WROCŁAW             | DBTP                           | 1984 | M40 |          | 00:35:51   | 00:39:14    |   |   |
| 447 | 337  | CHASZCZEWSKA     | MONIKA     | WROCŁAW             |                                | 1981 | K40 |          | 00:35:59   | 00:39:11    |   |   |
| 448 | 97   | LIPNICKA         | ALICJA     | WROCŁAW             |                                | 2002 | K16 |          | 00:36:10   | 00:39:26    |   |   |
| 449 | 316  | POKAROWSKA       | HANIA      | WROCŁAW             |                                | 1983 | K40 |          | 00:36:19   | 00:39:29    |   |   |
| 450 | 51   | RUSZCZAK         | MAŁGORZATA | OLESZNA             | TEAM AKTYWNI                   | 1985 | K35 |          | 00:36:29   | 00:39:51    |   |   |
| 451 | 216  | KENIO            | ANNA       | WROCŁAW             | MATNER RUNNING TEAM            | 1982 | K40 |          | 00:36:32   | 00:39:40    |   |   |
| 452 | 96   | ROBAK            | MANUELA    | WROCŁAW             |                                | 1989 | K35 |          | 00:36:41   | 00:40:00    |   |   |
| 453 | 245  | SALWA            | ANNA       | WROCŁAW             | MATNER RUNNING TEAM            | 1976 | K45 |          | 00:36:51   | 00:40:02    |   |   |
| 454 | 343  | WIRTH-CZARCIŃSKA | MAGDALENA  | ZAWONIA             |                                | 1975 | K45 |          | 00:37:03   | 00:40:17    |   |   |
| 455 | 259  | PODLEŚNY         | KATARZYNA  | PĘGÓW               |                                | 1975 | K45 |          | 00:37:06   | 00:40:30    |   |   |
| 456 | 425  | GREGORCZYK       | JOANNA     | WROCŁAW             | GREGORY                        | 1986 | K35 |          | 00:37:22   | 00:40:46    |   |   |
| 457 | 284  | MADEJ            | MAGDALENA  | WROCŁAW             |                                | 1974 | K50 |          | 00:37:29   | 00:40:50    |   |   |
| 458 | 350  | GLEŃ             | ALICJA     | WROCŁAW             |                                | 1976 | K45 |          | 00:37:30   | 00:40:50    |   |   |
| 459 | 1164 | PŁOCHOCKA        | KAMILA     | WROCŁAW             | SŁODKIE BULKI                  | 1988 | K35 |          | 00:37:33   | 00:40:46    |   |   |

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| MSC | NR   | NAZWISKO           | IMIĘ      | MIEJSCOWOŚĆ | KLUB                   | ROK  | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|--------------------|-----------|-------------|------------------------|------|-----|----------|------------|-------------|---|---|
| 460 | 1091 | ZASOWSKA           | AGNIESZKA | BRZEZINA    |                        | 1986 | K35 |          | 00:38:41   | 00:41:46    |   |   |
| 461 | 457  | DRELICH            | KAMILA    | WROCLAW     |                        | 1984 | K40 |          | 00:40:53   | 00:44:13    |   |   |
| 462 | 458  | UCHEREK            | ANNA      | WROCLAW     |                        | 1988 | K35 |          | 00:40:53   | 00:44:13    |   |   |
| 463 | 226  | PIEKARZ            | OLEK      | WROCLAW     |                        | 1983 | M40 |          | 00:41:36   | 00:45:04    |   |   |
| 464 | 463  | CIESIÓŁKA          | MAGDALENA | WROCLAW     | ENERGOTERM SPORTS TEAM | 1977 | K45 |          | 00:47:12   | 00:50:36    |   |   |
| 465 | 1183 | CIESZKOWSKA - K... | MAGDALENA | BRZEZINA    |                        | 1972 | K50 |          | 00:47:12   | 00:50:36    |   |   |
| 466 | 275  | SZULC              | MONIKA    | BIELAWA     | CENTROWNICA            | 1983 | K40 |          | 00:52:26   | 00:54:39    |   |   |
| 467 | 276  | DŁUGOPOLSKI        | MARCIN    | BIELAWA     | CENTROWNICA            | 1985 | M35 |          | 00:54:31   | 00:54:40    |   |   |
| 468 | 313  | SZULC              | ROBERT    | WĄGROWIEC   | CITY TRAIL TEAM        | 1987 | M35 |          | 00:55:03   | 00:55:19    |   |   |