

Hałda Run Extreme - Ściana Płaczu - 15 km

Wydarzenie: **IV Hałda Run Extreme**

Organizator: **Stowarzyszenie Skyrunning Polska**

Data: **31.08.2024**

Miejsce: **Suszec**

Dystans: **15.000km**

Klasyfikacja wg czasów brutto

| Poz | Nr | Nazwisko i imię | Płeć | Rok | Kategoria | G | Kraj | Miasto | Klub | Wynik | Strata | Tempo |
|-----|-----|---------------------|--------|------|-----------|-----------|------|------------------------|-------------------------------------|-----------|---------|-------|
| 1 | 210 | Kaczor Jan | M (1) | 2002 | | | POL | Wałbrzych | Salomon Team | 1:00:58,9 | | 04:03 |
| 2 | 105 | Gruceł Sławomir | M (2) | 1981 | | | POL | Sosnowiec | AW Szybciej Team | 1:02:55,7 | 01:56,8 | 04:11 |
| 3 | 125 | Gabryś Łukasz | M (3) | 1979 | | | POL | Bielsko-Biała | | 1:02:56,3 | 01:57,4 | 04:11 |
| 4 | 119 | Stachowski Damian | M (4) | 1985 | M-30 (1) | | POL | Imielin | Zabiegani Imielin | 1:08:03,6 | 07:04,7 | 04:32 |
| 5 | 123 | Paprocka Urszula | K (1) | 1990 | | | POL | Kraków | Salomon | 1:09:15,6 | 08:16,7 | 04:37 |
| 6 | 172 | Kuczek Przemysław | M (5) | 1986 | M-30 (2) | | POL | Nowa Sarzyna | | 1:10:24,1 | 09:25,2 | 04:41 |
| 7 | 217 | Osetek Paweł | M (6) | 1988 | M-30 (3) | Grnik (1) | POL | Pszów | Radlinioki w biegu | 1:11:21,3 | 10:22,4 | 04:45 |
| 8 | 138 | Kaźmierczak Mateusz | M (7) | 1985 | M-30 (4) | Grnik (2) | POL | Orzesze | | 1:11:34,0 | 10:35,1 | 04:46 |
| 9 | 203 | Sokołowski Marek | M (8) | 1969 | M-50 (1) | Grnik (3) | POL | Mysłowice-Wesoła | Alpin Sport Team | 1:12:02,2 | 11:03,3 | 04:48 |
| 10 | 159 | Szewczyk Damian | M (9) | 1976 | M-40 (1) | | POL | Jejkowice | jejkowice biegają | 1:12:15,9 | 11:17,0 | 04:49 |
| 11 | 108 | Oziębło Rafał | M (10) | 1983 | M-40 (2) | | POL | Chorzów | 42k.com.pl / KS Kandahar | 1:12:31,2 | 11:32,3 | 04:50 |
| 12 | 160 | Urban Wiktor | M (11) | 1988 | M-30 (5) | | POL | Zabrze | #TeamDKMS | 1:12:38,9 | 11:40,0 | 04:50 |
| 13 | 228 | Heller Adam | M (12) | 1989 | M-30 (6) | | POL | Opole | | 1:14:42,8 | 13:43,9 | 04:58 |
| 14 | 226 | Zwadło Piotr | M (13) | 2002 | M-20 (1) | | POL | Polska Cerekiew | TM IronTeam | 1:15:47,6 | 14:48,7 | 05:03 |
| 15 | 164 | Spendel Łukasz | M (14) | 1990 | M-30 (7) | | POL | Woszczycze | | 1:16:25,3 | 15:26,4 | 05:05 |
| 16 | 219 | Szymczyk Tomasz | M (15) | 1982 | M-40 (3) | | POL | Częstochowa | Team Szymczyki | 1:17:01,1 | 16:02,2 | 05:08 |
| 17 | 161 | Wysocki Marcin | M (16) | 1971 | M-50 (2) | | POL | Dobczyce | Polplast biega | 1:17:28,7 | 16:29,8 | 05:09 |
| 18 | 117 | Mendrela Adrian | M (17) | 1994 | M-30 (8) | Grnik (4) | POL | Żory | | 1:17:41,3 | 16:42,4 | 05:10 |
| 19 | 211 | Włodarczyk Dawid | M (18) | 1985 | M-30 (9) | Grnik (5) | POL | Tychy | STASZIC KG4 | 1:18:13,2 | 17:14,3 | 05:12 |
| 20 | 127 | Podeszwa Marek | M (19) | 1968 | M-50 (3) | | POL | Rybnik | Rybnicka Grupa Biegowa Pędzimy Raze | 1:19:06,8 | 18:07,9 | 05:16 |
| 21 | 157 | Tyman Dorota | K (2) | 1982 | | | POL | Rybnik | | 1:19:19,5 | 18:20,6 | 05:17 |
| 22 | 109 | Wyspiański Tomasz | M (20) | 1981 | M-40 (4) | | POL | Radostowice | Kostera | 1:19:34,1 | 18:35,2 | 05:18 |
| 23 | 107 | Bodziony Marek | M (21) | 1967 | M-50 (4) | | POL | Swiniarsko | Apollona ATENY | 1:20:46,0 | 19:47,1 | 05:23 |
| 24 | 214 | Szwed Renata | K (3) | 1974 | | | POL | Czechowice-DziedziceZF | | 1:22:23,2 | 21:24,3 | 05:29 |
| 25 | 150 | Łącki Wojciech | M (22) | 1989 | M-30 (10) | Grnik (6) | POL | Ruda Śląska | KWK Ruda | 1:22:37,0 | 21:38,1 | 05:30 |
| 26 | 204 | Fojt Krzysztof | M (23) | 1979 | M-40 (5) | | POL | Łaziska Górne | K.I.R.A. | 1:23:47,9 | 22:49,0 | 05:35 |

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Strona 1 / 4

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| Poz | Nr | Nazwisko i imię | Płeć | Rok | Kategoria | G | Kraj | Miasto | Klub | Wynik | Strata | Tempo |
|-----|-----|----------------------|--------|------|-----------|------------|------|----------------------|---------------------------|-----------|---------|-------|
| 27 | 163 | Wantulok Natalia | K (4) | 1988 | K-30 (1) | | POL | Wisła | | 1:23:57,7 | 22:58,8 | 05:35 |
| 28 | 151 | Rędzi Ewa | K (5) | 1992 | K-30 (2) | | POL | Jeleśnia | | 1:24:23,1 | 23:24,2 | 05:37 |
| 29 | 144 | Marek Tomasz | M (24) | 1989 | M-30 (11) | | POL | Cieszyn | Elektrometal | 1:25:22,4 | 24:23,5 | 05:41 |
| 30 | 202 | Banasik Krzysztof | M (25) | 1981 | M-40 (6) | | POL | Pruchnik | KB Athletic Zręcin | 1:25:35,0 | 24:36,1 | 05:42 |
| 31 | 170 | Kitala Piotr | M (26) | 1987 | M-30 (12) | | POL | Wojkowice Kościelne | Covid Lungs on Fire | 1:25:40,2 | 24:41,3 | 05:42 |
| 32 | 114 | Tochowicz Bartosz | M (27) | 1969 | M-50 (5) | | POL | Goleszów | | 1:25:43,7 | 24:44,8 | 05:42 |
| 33 | 229 | Przygoda Marcin | M (28) | 1981 | M-40 (7) | Grnik (7) | POL | Jastrzębie-Zdrój | Szare Morsy | 1:25:47,2 | 24:48,3 | 05:43 |
| 34 | 236 | Smoroń Krzysztof | M (29) | 1977 | M-40 (8) | | POL | Rybnik | RUN-MTB-RALLY | 1:26:11,4 | 25:12,5 | 05:44 |
| 35 | 104 | Gruszka Tomasz | M (30) | 1973 | M-50 (6) | | POL | Suszec | | 1:26:33,3 | 25:34,4 | 05:46 |
| 36 | 162 | Tarnawski Andrzej | M (31) | 1976 | M-40 (9) | Grnik (8) | POL | Jaworzno | KB MCKIS JAWORZNO | 1:26:38,1 | 25:39,2 | 05:46 |
| 37 | 199 | Kotas Szymon | M (32) | 1989 | M-30 (13) | Grnik (9) | POL | Pszczyna | GPS TEAM | 1:26:57,0 | 25:58,1 | 05:47 |
| 38 | 116 | Czardybon Michał | M (33) | 1980 | M-40 (10) | | POL | Wyry | Czarne Stopy | 1:27:40,2 | 26:41,3 | 05:50 |
| 39 | 201 | Banasik Monika | K (6) | 1984 | K-40 (1) | | POL | Pruchnik | KB Athletic Zręcin | 1:27:52,7 | 26:53,8 | 05:51 |
| 40 | 147 | Balcarek Henryk | M (34) | 1976 | M-40 (11) | | POL | Rybnik | | 1:27:56,6 | 26:57,7 | 05:51 |
| 41 | 128 | Lipiecki Przemysław | M (35) | 1982 | M-40 (12) | | POL | Świętochłowice | ABB | 1:27:59,8 | 27:00,9 | 05:51 |
| 42 | 136 | Baron Krzysztof | M (36) | 1993 | M-30 (14) | | POL | Rybnik | | 1:28:00,2 | 27:01,3 | 05:52 |
| 43 | 137 | Kleczka Damian | M (37) | 1977 | M-40 (13) | | POL | Świętochłowice | | 1:28:15,8 | 27:16,9 | 05:53 |
| 44 | 225 | Redzimska Wiktoria | K (7) | 2001 | K-20 (1) | | POL | Siemianowice Śląskie | | 1:28:38,1 | 27:39,2 | 05:54 |
| 45 | 230 | Kaczmarek Jarosław | M (38) | 1974 | M-50 (7) | | POL | Tomaszów Mazowiecki | W pogoni za duchem | 1:29:13,3 | 28:14,4 | 05:56 |
| 46 | 121 | Sapa Grzegorz | M (39) | 1979 | M-40 (14) | | POL | Tychy | 40-latek TYCHY | 1:29:21,6 | 28:22,7 | 05:57 |
| 47 | 101 | Paślawska Katarzyna | K (8) | 1978 | K-40 (2) | | POL | Jastrzębie-Zdrój | Kobiety na 5+ | 1:29:29,3 | 28:30,4 | 05:57 |
| 48 | 207 | Szczuka Adrian | M (40) | 1976 | M-40 (15) | | POL | Bytom | Miechowicka Grupa Biegowa | 1:29:34,3 | 28:35,4 | 05:58 |
| 49 | 209 | Rybarz Michał | M (41) | 1986 | M-30 (15) | Grnik (10) | POL | Bluszczów | Run Rydułtowy | 1:29:53,3 | 28:54,4 | 05:59 |
| 50 | 112 | Kamrowski Marcin | M (42) | 1986 | M-30 (16) | Grnik (11) | POL | Brzeszcze | | 1:30:03,5 | 29:04,6 | 06:00 |
| 51 | 113 | Ratka-Matejko Marcin | M (43) | 1987 | M-30 (17) | | POL | Jastrzębie-Zdrój | | 1:30:07,7 | 29:08,8 | 06:00 |
| 52 | 149 | Antosz Wojciech | M (44) | 1986 | M-30 (18) | Grnik (12) | POL | Mizerów | | 1:30:15,9 | 29:17,0 | 06:01 |
| 53 | 220 | Śmigiel Hubert | M (45) | 1981 | M-40 (16) | Grnik (13) | POL | Radlin | Radlinioki w Biegu | 1:30:26,3 | 29:27,4 | 06:01 |
| 54 | 135 | Krawiec Piotr | M (46) | 1964 | M-60 (1) | | POL | Czerwionka-Leszczyn | Wartki i Wrzawo | 1:30:42,7 | 29:43,8 | 06:02 |
| 55 | 223 | Kubiak Marcin | M (47) | 1979 | M-40 (17) | | POL | Czechowice-Dziedzice | KUBIAKI BIEGAJĄ | 1:30:51,2 | 29:52,3 | 06:03 |
| 56 | 146 | Belica Daniel | M (48) | 1984 | M-40 (18) | | POL | Zabrze | AŚ Tarnowskie Góry | 1:31:24,9 | 30:26,0 | 06:05 |
| 57 | 216 | Dubas Arkadiusz | M (49) | 1962 | M-60 (2) | Grnik (14) | POL | Tarnowskie Góry | Osada | 1:31:39,1 | 30:40,2 | 06:06 |

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|-----|-----|-----------------------|--------|------|-----------|------------|------|----------------------|-------------------------------------|-----------|---------|-------|
| 58 | 115 | Ucherek Kazimierz | M (50) | 1970 | M-50 (8) | | POL | Zory | | 1:32:08,4 | 31:09,5 | 06:08 |
| 59 | 212 | Wilkosz Wojciech | M (51) | 1969 | M-50 (9) | Grnik (15) | POL | Jaworzno | | 1:32:57,3 | 31:58,4 | 06:11 |
| 60 | 171 | Galuszka Mateusz | M (52) | 1980 | M-40 (19) | Grnik (16) | POL | Pawłowice | RUNTEAM PAWŁOWICE | 1:33:19,8 | 32:20,9 | 06:13 |
| 61 | 233 | Pikulski Łukasz | M (53) | 1984 | M-40 (20) | Grnik (17) | POL | Knurów | Klub Leniwych Biegaczy | 1:33:35,9 | 32:37,0 | 06:14 |
| 62 | 141 | Denysenko Lech | M (54) | 1957 | M-60 (3) | | POL | Katowice | BDB Team | 1:34:14,4 | 33:15,5 | 06:16 |
| 63 | 152 | Jasiński Jacek | M (55) | 1994 | M-30 (19) | Grnik (18) | POL | Tychy | Łowcy pierożków | 1:34:19,7 | 33:20,8 | 06:17 |
| 64 | 232 | Sternal Grzegorz | M (56) | 1986 | M-30 (20) | Grnik (19) | POL | Mysłowice | | 1:34:34,5 | 33:35,6 | 06:18 |
| 65 | 142 | Fojcik Joanna | K (9) | 1977 | K-40 (3) | | POL | Rybnik | | 1:34:47,9 | 33:49,0 | 06:19 |
| 66 | 131 | Tarnówka Dana | K (10) | 1981 | K-40 (4) | | POL | Chechło | SAINT GOBAIN SQUAD | 1:35:09,0 | 34:10,1 | 06:20 |
| 67 | 218 | Skupiński Patryk | M (57) | 1985 | M-30 (21) | Grnik (20) | POL | Katowice | | 1:35:28,6 | 34:29,7 | 06:21 |
| 68 | 213 | Wiśniewski Tomasz | M (58) | 1978 | M-40 (21) | | POL | Bielsko-Biała | | 1:35:49,2 | 34:50,3 | 06:23 |
| 69 | 133 | Nowak Karolina | K (11) | 1991 | K-30 (3) | | POL | Katowice | | 1:35:50,7 | 34:51,8 | 06:23 |
| 70 | 166 | Gorzawski Marcin | M (59) | 1989 | M-30 (22) | Grnik (21) | POL | Żory | LKS Jedność Rogoźna | 1:36:50,1 | 35:51,2 | 06:27 |
| 71 | 139 | Zimny Ireneusz | M (60) | 1976 | M-40 (22) | | POL | Rybnik | Eko-okna Runners | 1:36:51,3 | 35:52,4 | 06:27 |
| 72 | 140 | Sowiński Krzysztof | M (61) | 1985 | M-30 (23) | | POL | Katowice | BDB Team | 1:36:59,7 | 36:00,8 | 06:27 |
| 73 | 118 | Frysztacki Łukasz | M (62) | 1981 | M-40 (23) | Grnik (22) | POL | Czerwionka-Leszczyny | | 1:37:03,7 | 36:04,8 | 06:28 |
| 74 | 169 | Raszka Bartłomiej | M (63) | 1986 | M-30 (24) | | POL | Cieszyn | | 1:37:39,6 | 36:40,7 | 06:30 |
| 75 | 122 | Karwacki Damian | M (64) | 1984 | M-40 (24) | | POL | Żory | MEPHDESIGN STRONY WWW | 1:37:53,7 | 36:54,8 | 06:31 |
| 76 | 224 | Wiśniewski Przemysław | M (65) | 1981 | M-40 (25) | | POL | Orzesze | Woszczyckie Dziki | 1:39:17,3 | 38:18,4 | 06:37 |
| 77 | 167 | Widera Marcin | M (66) | 1995 | M-20 (2) | | POL | Katowice | | 1:39:35,1 | 38:36,2 | 06:38 |
| 78 | 238 | Jaworski Krzysztof | M (67) | 1992 | M-30 (25) | Grnik (23) | POL | Knurów | | 1:40:18,6 | 39:19,7 | 06:41 |
| 79 | 130 | Pogorzelska Alina | K (12) | 1968 | K-50 (1) | | POL | Czerwionka-Leszczyny | DB Leszczyny | 1:41:09,5 | 40:10,6 | 06:44 |
| 80 | 111 | Fornal Paweł | M (68) | 1977 | M-40 (26) | Grnik (24) | POL | Rybnik | Zabiegany team | 1:41:41,8 | 40:42,9 | 06:46 |
| 81 | 100 | Bajcar Beata | K (13) | 1972 | K-50 (2) | | POL | Chybie | Kobiety na 5+ | 1:43:31,8 | 42:32,9 | 06:54 |
| 82 | 129 | Gąsczyk Grzegorz | M (69) | 1974 | M-50 (10) | | POL | Kraków | Nowa Huta Team | 1:43:59,3 | 43:00,4 | 06:55 |
| 83 | 132 | Lukoszek Katarzyna | K (14) | 1970 | K-50 (3) | | POL | Ruda Śląska | Open Sport Team | 1:44:18,1 | 43:19,2 | 06:57 |
| 84 | 155 | Budziaszek Agnieszka | K (15) | 1996 | K-20 (2) | | POL | Kraków | | 1:44:33,7 | 43:34,8 | 06:58 |
| 85 | 110 | Musiół Sonja | K (16) | 1995 | K-20 (3) | | POL | Kraków | Koniu Squad | 1:44:34,4 | 43:35,5 | 06:58 |
| 86 | 156 | Olcoń Iga | K (17) | 1996 | K-20 (4) | | POL | Kraków | | 1:44:34,6 | 43:35,7 | 06:58 |
| 87 | 270 | Mertas Dominik | M (70) | 1977 | M-40 (27) | Grnik (25) | POL | Babice | Rybnicka Grupa Biegowa Pędzimy Raze | 1:45:15,8 | 44:16,9 | 07:01 |
| 88 | 165 | Zysk Dariusz | M (71) | 1980 | M-40 (28) | | POL | Katowice | | 1:45:16,3 | 44:17,4 | 07:01 |

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|-----|-----|----------------------------|--------|------|-----------|------------|------|----------------------|---------------------------------|-----------|-----------|-------|
| 89 | 198 | Podbiół Łukasz | M (72) | 1985 | M-30 (26) | Grnik (26) | POL | Suszec | | 1:45:53,0 | 44:54,1 | 07:03 |
| 90 | 222 | Suchanek Radosław | M (73) | 1964 | M-60 (4) | | POL | Kłobuck | | 1:46:00,7 | 45:01,8 | 07:04 |
| 91 | 148 | Wagner Jolanta | K (18) | 1966 | K-50 (4) | | POL | Warszawa | | 1:47:49,0 | 46:50,1 | 07:11 |
| 92 | 120 | Kamiński Krzysztof | M (74) | 1990 | M-30 (27) | | POL | Jeleśnia | | 1:47:52,2 | 46:53,3 | 07:11 |
| 93 | 158 | Cebula Beata | K (19) | 1982 | K-40 (5) | | POL | Ruda Śląska | | 1:47:52,8 | 46:53,9 | 07:11 |
| 94 | 145 | Waligóra Patryk | M (75) | 1994 | M-30 (28) | | POL | Żory | ZMIERZLOK | 1:48:10,8 | 47:11,9 | 07:12 |
| 95 | 205 | Cieplińska Katarzyna | K (20) | 1986 | K-30 (4) | | POL | Orzesze | | 1:48:13,6 | 47:14,7 | 07:12 |
| 96 | 126 | Leżak Kamila | K (21) | 1991 | K-30 (5) | | POL | Gliwice | Weber Active Team | 1:48:40,0 | 47:41,1 | 07:14 |
| 97 | 153 | Patoń Iwona | K (22) | 1982 | K-40 (6) | | POL | Bytom | Winko Skład | 1:49:01,9 | 48:03,0 | 07:16 |
| 98 | 102 | Łakota Mirosław | M (76) | 1988 | M-30 (29) | | POL | Suszec | Suszeckie Iten | 1:49:36,0 | 48:37,1 | 07:18 |
| 99 | 168 | Zamarło Natalia | K (23) | 1987 | K-30 (6) | | POL | Cieszyn | | 1:49:46,9 | 48:48,0 | 07:19 |
| 100 | 106 | Suchocka Dorota | K (24) | 1973 | K-50 (5) | | POL | Milewo | Apollona ATENY | 1:50:29,2 | 49:30,3 | 07:21 |
| 101 | 134 | Buchholz-Krawieczech Majka | K (25) | 1972 | K-50 (6) | | POL | Czerwionka-Leszczyny | Wartki i Wrzawo | 1:53:05,8 | 52:06,9 | 07:32 |
| 102 | 235 | Barteczko Daniel | M (77) | 1995 | M-20 (3) | Grnik (27) | POL | Radlin | | 1:53:32,7 | 52:33,8 | 07:34 |
| 103 | 227 | Bartoszek Izabela | K (26) | 1984 | K-40 (7) | | POL | Warszowie | | 1:54:11,5 | 53:12,6 | 07:36 |
| 104 | 221 | Cedor Katarzyna | K (27) | 1988 | K-30 (7) | | POL | Ujazd | | 1:54:23,6 | 53:24,7 | 07:37 |
| 105 | 154 | Kamrad Żaneta | K (28) | 1977 | K-40 (8) | | POL | Piekary Śląskie | Winko Skład | 1:54:47,7 | 53:48,8 | 07:39 |
| 106 | 206 | Ciepliński Arkadiusz | M (78) | 1977 | M-40 (29) | | POL | Orzesze | | 1:55:40,7 | 54:41,8 | 07:42 |
| 107 | 174 | Kopeć Kasia | K (29) | 1977 | K-40 (9) | | POL | Bestwina | | 1:56:05,6 | 55:06,7 | 07:44 |
| 108 | 103 | Szymczyk Teresa | K (30) | 1962 | K-60 (1) | | POL | Częstochowa | TEAM SZYMCZYKI/ZABIEGANA BABCIA | 1:56:12,7 | 55:13,8 | 07:44 |
| 109 | 143 | Suwałd Andrzej | M (79) | 1961 | M-60 (5) | | POL | Warszawa | Jacek Biega Running Team | 1:59:23,2 | 58:24,3 | 07:57 |
| 110 | 215 | Szczepanik Grzegorz | M (80) | 1980 | M-40 (30) | | POL | Kraków | GRZESZ | 1:59:41,5 | 58:42,6 | 07:58 |
| 111 | 231 | Jagoda Adam | M (81) | 1966 | M-50 (11) | | POL | Chorzów | FUCHS OIL TEAM | 2:02:31,2 | 1:01:32,3 | 08:10 |
| 112 | 173 | Kubik Wanda | K (31) | 1983 | K-40 (10) | | POL | Jasienica | | 2:06:29,9 | 1:05:31,0 | 08:25 |
| 113 | 175 | Kalinowska Joanna | K (32) | 1983 | K-40 (11) | | POL | Jasienica | Ultra Beskid Sport | 2:06:30,6 | 1:05:31,7 | 08:26 |
| DNS | 124 | Chrobot Sebastian | M | 1980 | M-40 | | POL | Dąbrowa Górnicza | Szare Morsy | | | |
| DNF | 208 | Malinowski Przemysław | M | 1986 | M-30 | | POL | Suszec | Oshee Iga Team | | | |
| DNS | 234 | Nowak Michał | M | 1997 | M-20 | | POL | Bielsko-Biała | | | | |