

# 12. Bieg Górski & Nordic Walking

## pamięci Wojtka Pazdura w Makowie Podhalańskim



### Wyniki OPEN

27.07.2024, Maków Podhalański

| M-ce                    | Nr | Nazwisko i imię          | Miasto | Klub              | min/<br>km          | Netto | Wynik<br>(Brutto) | Strata       | K      | M  |
|-------------------------|----|--------------------------|--------|-------------------|---------------------|-------|-------------------|--------------|--------|----|
| <b>Bieg główny 5 km</b> |    |                          |        |                   |                     |       |                   |              |        |    |
| 1.                      | 14 | <b>Guzik Mateusz</b>     | POL    | Osielec           | SKL Sucha Beskidzka | 4:33  | 22:46             | <b>22:46</b> | --     | 1  |
| 2.                      | 18 | <b>Wolczko Grzegorz</b>  | POL    | Maków Podhalański |                     | 4:54  | 24:32             | <b>24:32</b> | +1:46  | 2  |
| 3.                      | 46 | <b>Nosal Karol</b>       | POL    | Tarnawa Dolna     | SKL Sucha Beskidzka | 5:09  | 25:46             | <b>25:46</b> | +3:00  | 3  |
| 4.                      | 43 | <b>Morawski Robert</b>   | POL    | Grzechynia        |                     | 5:12  | 26:00             | <b>26:02</b> | +3:16  | 4  |
| 5.                      | 62 | <b>Sala Adam</b>         | POL    | Jaroszowice       |                     | 5:26  | 27:14             | <b>27:14</b> | +4:28  | 5  |
| 6.                      | 15 | <b>Jeleń Remi</b>        | POL    | Maków Podhalański | Gypsy Tigers        | 5:28  | 27:23             | <b>27:24</b> | +4:38  | 6  |
| 7.                      | 51 | <b>Pęczek Bartłomiej</b> | POL    | Maków Podhalański |                     | 5:35  | 27:56             | <b>27:56</b> | +5:10  | 7  |
| 8.                      | 41 | <b>Moniak Andrzej</b>    | POL    | Tarnawa Górna     |                     | 5:37  | 28:08             | <b>28:08</b> | +5:22  | 8  |
| 9.                      | 6  | <b>Gawel Bogdan</b>      | POL    | Zaborze           | Synthos             | 6:01  | 30:10             | <b>30:10</b> | +7:24  | 9  |
| 10.                     | 82 | <b>Żwirecki Łukasz</b>   | POL    | Kraków            | Kokoszka            | 6:03  | 30:16             | <b>30:18</b> | +7:32  | 10 |
| 11.                     | 45 | <b>Nocoń Tomasz</b>      | POL    | Nowy Targ         |                     | 6:05  | 30:26             | <b>30:26</b> | +7:40  | 11 |
| 12.                     | 76 | <b>Wróbel Kasper</b>     | POL    | Gilowice          |                     | 6:07  | 30:37             | <b>30:39</b> | +7:53  | 12 |
| 13.                     | 11 | <b>Górniewicz Roland</b> | POL    | Gdów              | Team Liver          | 6:10  | 30:50             | <b>30:51</b> | +8:05  | 13 |
| 14.                     | 65 | <b>Ceremga Marcin</b>    | POL    | Maków Podhalański | Sierszanie          | 6:10  | 30:54             | <b>30:54</b> | +8:08  | 14 |
| 15.                     | 63 | <b>Sala Mirosław</b>     | POL    | Grzechynia        | Saldrew             | 6:11  | 30:54             | <b>30:57</b> | +8:11  | 15 |
| 16.                     | 42 | <b>Moniak Zofia</b>      | POL    | Tarnawa Górna     |                     | 6:13  | 31:08             | <b>31:10</b> | +8:24  | 1  |
| 17.                     | 22 | <b>Kleszcz Mateusz</b>   | POL    | Klecza Dolna      |                     | 6:15  | 31:16             | <b>31:17</b> | +8:31  | 16 |
| 18.                     | 89 | <b>Guzik Marek</b>       | POL    | Maków Podhalański |                     | 6:23  | 31:53             | <b>32:00</b> | +9:14  | 17 |
| 19.                     | 40 | <b>Mogiła Anna</b>       | POL    | Brody             |                     | 6:25  | 32:06             | <b>32:06</b> | +9:20  | 2  |
| 20.                     | 5  | <b>Dziubiński Leszek</b> | POL    | Libiąż            |                     | 6:25  | 32:07             | <b>32:08</b> | +9:22  | 18 |
| 21.                     | 68 | <b>Stachowski Damian</b> | POL    | Stryszawa         | Czwartunio Team     | 6:27  | 32:16             | <b>32:20</b> | +9:34  | 19 |
| 22.                     | 87 | <b>Wilczewski Tomasz</b> | POL    |                   |                     | 6:32  | 32:42             | <b>32:44</b> | +9:58  | 20 |
| 23.                     | 84 | <b>Proena Arkadiusz</b>  | POL    |                   |                     | 6:36  | 33:01             | <b>33:02</b> | +10:16 | 21 |
| 24.                     | 16 | <b>Jeleń Janusz</b>      | POL    | Maków Podhalański |                     | 6:38  | 33:08             | <b>33:13</b> | +10:27 | 22 |



| M-ce | Nr | Nazwisko i imię          | Miasto                | Klub                      | min/<br>km | Netto   | Wynik<br>(Brutto) | Strata | K | M  |
|------|----|--------------------------|-----------------------|---------------------------|------------|---------|-------------------|--------|---|----|
| 25.  | 56 | Porebski Mateusz         | POL Marcówka          |                           | 6:39       | 33:15   | <b>33:18</b>      | +10:32 |   | 23 |
| 26.  | 7  | Głuc Gabriel             | POL Kraków            |                           | 6:39       | 33:17   | <b>33:20</b>      | +10:34 |   | 24 |
| 27.  | 30 | Krawczyk Łukasz          | POL Lachowice         | TSW                       | 6:58       | 34:53   | <b>34:55</b>      | +12:09 |   | 25 |
| 28.  | 85 | Sikora Jakub             | POL                   |                           | 7:13       | 36:03   | <b>36:06</b>      | +13:20 |   | 26 |
| 29.  | 66 | Skawiński Paweł          | POL Trzebinia         | Sierszanie                | 7:24       | 37:00   | <b>37:03</b>      | +14:17 |   | 27 |
| 30.  | 23 | Kłaput-Glanowska Klaudia | POL Łękawica          | Bociek Wadowice           | 7:31       | 37:36   | <b>37:37</b>      | +14:51 | 3 |    |
| 31.  | 77 | Wróbel-Adamek Kamila     | POL Lachowice         |                           | 7:58       | 39:52   | <b>39:54</b>      | +17:08 | 4 |    |
| 32.  | 80 | Dyrcz Szymon             | POL Sucha Beskidzka   |                           | 8:11       | 40:52   | <b>40:56</b>      | +18:10 |   | 28 |
| 33.  | 50 | Pawłowski Piotr          | POL Będzin            | I am Hardstyle            | 8:47       | 43:59   | <b>44:00</b>      | +21:14 |   | 29 |
| 34.  | 83 | Przybylski Sobiesław     | POL                   |                           | 8:54       | 44:21   | <b>44:33</b>      | +21:47 |   | 30 |
| 35.  | 90 | Listwan-Wdowiak Ewelina  | POL Maków Podhalański | Tatrzzańskie Kozice       | 9:15       | 46:15   | <b>46:17</b>      | +23:31 | 5 |    |
| 36.  | 33 | Listwan-Wdowiak Marek    | POL Maków Podhalański | Tatrzzańskie Kozice       | 9:15       | 46:15   | <b>46:17</b>      | +23:31 |   | 31 |
| 37.  | 86 | Plotek Olaf              | POL                   |                           | 9:27       | 47:13   | <b>47:16</b>      | +24:30 |   | 32 |
| 38.  | 64 | Skawińska Magdalena      | POL Trzebinia         | Sierszanie                | 12:45      | 1:03:45 | <b>1:03:48</b>    | +41:02 | 6 |    |
| 39.  | 70 | Szczyпка Agnieszka       | POL Kraków            | BMW Biegamy Mimo Wszystko | 12:45      | 1:03:42 | <b>1:03:48</b>    | +41:02 | 7 |    |
| 40.  | 2  | Chowaniec Józef          | POL Las               |                           | 13:06      | 1:05:25 | <b>1:05:33</b>    | +42:47 |   | 33 |

| M-ce                             | Nr | Nazwisko i imię                | Miasto | Klub      | min/<br>km                      | Netto | Wynik<br>(Brutto) | Strata         | K      | M  |
|----------------------------------|----|--------------------------------|--------|-----------|---------------------------------|-------|-------------------|----------------|--------|----|
| <b>Marsz Nordic Walking 5 km</b> |    |                                |        |           |                                 |       |                   |                |        |    |
| 1.                               | 47 | <b>Ordzowiały Piotr</b>        | POL    | Osielec   | 6:49                            | 34:08 | <b>34:10</b>      | --             |        | 1  |
| 2.                               | 13 | <b>Gratka Mirosław</b>         | POL    | Kojszówka | 7:37                            | 38:04 | <b>38:07</b>      | +3:57          |        | 2  |
| 3.                               | 25 | <b>Knapczyk-Kania Gabriela</b> | POL    | Bieńkówka | Włóczykijki Beskidu Makowskiego | 7:41  | 38:26             | <b>38:30</b>   | +4:20  | 1  |
| 4.                               | 59 | <b>Radwan Adam</b>             | POL    | Juszczyn  |                                 | 7:48  | 39:00             | <b>39:05</b>   | +4:55  | 3  |
| 5.                               | 91 | <b>Suski Daniel</b>            | POL    | Wadowice  | Luxtorpeda Małopolska           | 7:52  | 39:13             | <b>39:21</b>   | +5:11  | 4  |
| 6.                               | 24 | <b>Kłyś Ryszard</b>            | POL    | Gliwice   |                                 | 7:58  | 39:49             | <b>39:54</b>   | +5:44  | 5  |
| 7.                               | 27 | <b>Szczurek Paweł</b>          | POL    | Kraków    |                                 | 8:37  | 43:01             | <b>43:08</b>   | +8:58  | 6  |
| 8.                               | 44 | <b>Niederlińska Gabriela</b>   | POL    | Chybie    |                                 | 8:40  | 43:20             | <b>43:25</b>   | +9:15  | 2  |
| 9.                               | 81 | <b>Wilk Tadeusz</b>            | POL    | Sosnowiec | TKKF - MOSIR Czeladź            | 9:18  | 46:30             | <b>46:34</b>   | +12:24 | 7  |
| 10.                              | 49 | <b>Papiernik Janusz</b>        | POL    | Trzebinia | Manhattan Trzebinia             | 9:22  | 46:48             | <b>46:53</b>   | +12:43 | 8  |
| 11.                              | 32 | <b>Libardi-Kłyś Sylwia</b>     | POL    | Gliwice   |                                 | 9:56  | 49:34             | <b>49:41</b>   | +15:31 | 3  |
| 12.                              | 28 | <b>Kowalczyk Tadeusz</b>       | POL    | Kraków    | Nordic Sport 2021               | 9:56  | 49:37             | <b>49:42</b>   | +15:32 | 9  |
| 13.                              | 8  | <b>Głuc Dominika</b>           | POL    | Kraków    |                                 | 10:15 | 51:16             | <b>51:20</b>   | +17:10 | 4  |
| 14.                              | 61 | <b>Radwan Natalia</b>          | POL    | Juszczyn  |                                 | 10:40 | 53:16             | <b>53:21</b>   | +19:11 | 5  |
| 15.                              | 60 | <b>Radwan Małgorzata</b>       | POL    | Juszczyn  |                                 | 10:43 | 53:30             | <b>53:36</b>   | +19:26 | 6  |
| 16.                              | 29 | <b>Kowalczyk Joanna</b>        | POL    | Kraków    | Nordic Sport 2021               | 10:46 | 53:48             | <b>53:53</b>   | +19:43 | 7  |
| 17.                              | 48 | <b>Oszczypała Małgorzata</b>   | POL    | Knurów    |                                 | 10:49 | 54:02             | <b>54:08</b>   | +19:58 | 8  |
| 18.                              | 12 | <b>Górniewicz Emilia</b>       | POL    | Gdów      | Team Liver                      | 11:31 | 57:30             | <b>57:36</b>   | +23:26 | 9  |
| 19.                              | 10 | <b>Gorgosz Iwona</b>           | POL    | Gliwice   |                                 | 14:01 | 1:10:00           | <b>1:10:06</b> | +35:56 | 10 |
| 20.                              | 1  | <b>Bomba Dorota</b>            | POL    | Trzebinia | Nord Walkers Jaworzno           | 17:28 | 1:27:14           | <b>1:27:23</b> | +53:13 | 11 |
| 21.                              | 9  | <b>Gomulczyńska Maria</b>      | POL    | Jaworzno  | Nord Walkers Jaworzno           | 17:28 | 1:27:16           | <b>1:27:24</b> | +53:14 | 12 |

Liczba uczestników: 61