

VI Kotowski Bieg I Marsz NW

Organizator: Klub Sportowy „Orzeł” Koty
 Miejsowość i data: Koty k. Tworoga, 03.08.2024
 Klasyfikacja: Bieg ok. 6 km



| Miejsce | Numer startowy | Kraj | Nazwisko i imię | Rok ur. | Klub / Miejscowość | Czas brutto | Czas netto | Tempo | K | M |
|---------|----------------|------|-----------------------|---------|---|-------------|------------|-------|---|----|
| 1 | 82 | POL | Rogowski Maciek | 1973 | Srebrni Biegacze Tarnowskie Góry/F4/SBOT, Tarnowskie Góry | 00:22:11 | 00:22:10 | 03:41 | | 1 |
| 2 | 52 | POL | Kurek Mateusz | 1992 | Tworóg | 00:22:14 | 00:22:13 | 03:42 | | 2 |
| 3 | 26 | POL | Grund Marek | 1989 | Mafia Team Lubliniec, Strzebiń | 00:22:19 | 00:22:18 | 03:43 | | 3 |
| 4 | 83 | POL | Sajdok Kamil | 1987 | Srebrni Biegacze Tarnowskie Góry/F4/SBOT, Tarnowskie Góry | 00:22:39 | 00:22:37 | 03:46 | | 4 |
| 5 | 92 | POL | Socki Paweł | 1985 | Koty | 00:22:39 | 00:22:38 | 03:46 | | 5 |
| 6 | 64 | UKR | Nadtoka Andrii | 1991 | Socios silesia, Tarnowskie Góry | 00:22:59 | 00:22:57 | 03:49 | | 6 |
| 7 | 102 | POL | Szuffa Daniel | 2012 | SP TWORÓG, Tworóg | 00:23:06 | 00:23:05 | 03:50 | | 7 |
| 8 | 1 | POL | Adamski Mateusz | 1983 | SLAYER K####, Krupski Młyn | 00:23:18 | 00:23:17 | 03:53 | | 8 |
| 9 | 77 | POL | Potempa Wojciech | 2002 | Boronów | 00:23:47 | 00:23:46 | 03:57 | | 9 |
| 10 | 75 | POL | Poloczek Jakub | 2012 | SP TWORÓG, Tworóg | 00:23:57 | 00:23:57 | 03:59 | | 10 |
| 11 | 71 | POL | Pawlik Krystyna | 1976 | Mafia Team Lubliniec, Olesno | 00:23:59 | 00:23:58 | 03:59 | 1 | |
| 12 | 176 | POL | Hausner Tomasz | 2005 | Mafia Team Lubliniec, Lubliniec | 00:24:04 | 00:24:03 | 04:00 | | 11 |
| 13 | 16 | POL | Jaroń Zuzanna | 2008 | Bytom | 00:24:19 | 00:24:19 | 04:03 | 2 | |
| 14 | 60 | POL | Michalski Jarosław | 1984 | Srebrne Miasto Tarnowskie Góry, Tarnowskie Góry | 00:24:35 | 00:24:33 | 04:05 | | 12 |
| 15 | 4 | POL | Bonk Antoni | 1978 | Kochcice | 00:24:37 | 00:24:36 | 04:06 | | 13 |
| 16 | 63 | POL | Musialik Łukasz | 1994 | LKS Orzeł Koty, Tarnowskie Góry | 00:24:42 | 00:24:28 | 04:06 | | 14 |
| 17 | 95 | POL | Susek Robert | 1989 | Bytom | 00:25:00 | 00:24:58 | 04:09 | | 15 |
| 18 | 105 | POL | Szymański Andrzej | 2002 | LKS Orzeł Koty, Tarnowskie Góry | 00:25:15 | 00:25:02 | 04:12 | | 16 |
| 19 | 53 | POL | Kutka Krzysztof | 1992 | Tarnowskie Góry | 00:25:19 | 00:25:16 | 04:13 | | 17 |
| 20 | 96 | POL | Swoboda Leszek | 1973 | Mafia Team Lubliniec, Solarnia | 00:25:21 | 00:25:19 | 04:13 | | 18 |
| 21 | 55 | POL | Lewicka Elżbieta | 1975 | Knurów | 00:25:26 | 00:25:24 | 04:14 | 3 | |
| 22 | 6 | POL | Bukowski Marek | 1975 | Boronów | 00:25:28 | 00:25:25 | 04:14 | | 19 |
| 23 | 86 | POL | Skolik Michał | 1982 | Olszyna | 00:25:46 | 00:25:43 | 04:17 | | 20 |
| 24 | 179 | POL | Kaczmarczyk Sebastian | 1983 | Mafia Team Lubliniec, Lubliniec | 00:26:07 | 00:26:05 | 04:21 | | 21 |
| 25 | 12 | POL | Dawczak Paulina | 1991 | Koty | 00:26:27 | 00:26:22 | 04:24 | 4 | |
| 26 | 36 | POL | Kazuba Kamil | 1998 | LKS Orzeł Koty, Koty | 00:26:59 | 00:26:43 | 04:29 | | 22 |
| 27 | 73 | POL | Podolski Bartłomiej | 1978 | Tarnowskie Góry | 00:27:13 | 00:27:10 | 04:32 | | 23 |
| 28 | 177 | POL | Pańczyk Alan | 1986 | Nadleśnictwo Brynek, Brynek | 00:27:15 | 00:27:13 | 04:32 | | 24 |
| 29 | 180 | POL | Kuc Mariusz | 1991 | Nowa Wieś Tworoska | 00:27:15 | 00:27:10 | 04:32 | 5 | |
| 30 | 94 | POL | Stotko Krzysztof | 1979 | Biegam Bo Lubie, Piekary Śląskie | 00:27:16 | 00:27:13 | 04:32 | | 25 |
| 31 | 72 | POL | Piaścik Oliwer | 2006 | LKS Orzeł Koty, Połomia | 00:27:22 | 00:27:08 | 04:33 | | 26 |
| 32 | 27 | POL | Gwóźdź Piotr | 1978 | Tworogowska dycha po trowie, Tworóg | 00:27:29 | 00:27:25 | 04:34 | | 27 |
| 33 | 47 | POL | Kryński Grzegorz | 1986 | Tarnowskie Góry | 00:27:41 | 00:27:38 | 04:36 | | 28 |
| 34 | 76 | POL | Pordzik Tomasz | 1979 | Stowarzyszenie Sportowe "BJJ IKIZAMA CLUB", Boruszowice | 00:27:46 | 00:27:43 | 04:37 | | 29 |
| 35 | 107 | POL | Wojciechowska Agata | 2007 | Stowarzyszenie Sportowe "BJJ IKIZAMA CLUB", Zbroslawice | 00:27:49 | 00:27:46 | 04:38 | 6 | |
| 36 | 43 | POL | Kordziński Kazimierz | 1958 | Mafia Team Lubliniec, Lubliniec | 00:27:53 | 00:27:51 | 04:38 | | 30 |
| 37 | 100 | POL | Sznappa Marcin | 1980 | 3 kawały o...na YouTube, Świętochłowice | 00:27:57 | 00:27:55 | 04:39 | | 31 |
| 38 | 99 | POL | Sznappa Magdalena | 1987 | Świętochłowice | 00:27:58 | 00:27:56 | 04:39 | 7 | |
| 39 | 48 | POL | Kubiczek Robert | 1983 | LKS Orzeł Koty, Strzybnica | 00:28:01 | 00:27:44 | 04:40 | | 32 |
| 40 | 81 | POL | Rachwański Paweł | 1984 | Run Against Rett, Koty | 00:28:09 | 00:27:56 | 04:41 | | 33 |
| 41 | 74 | POL | Polczyk Adam | 1978 | Srebrne Miasto Tarnowskie Góry, Tarnowskie Góry | 00:28:37 | 00:28:21 | 04:46 | | 34 |
| 42 | 61 | POL | Michalski Robert | 1979 | Srebrne Miasto Tarnowskie Góry, Tarnowskie Góry | 00:28:42 | 00:28:38 | 04:47 | | 35 |
| 43 | 59 | POL | Michalik Daniel | 2000 | Stowarzyszenie Sportowe "BJJ IKIZAMA CLUB", Pniowiec | 00:28:48 | 00:28:34 | 04:47 | | 36 |
| 44 | 88 | POL | Słowiak Kewin | 1997 | Stowarzyszenie Sportowe "BJJ IKIZAMA CLUB", Zabrze | 00:29:02 | 00:28:54 | 04:50 | | 37 |
| 45 | 91 | POL | Sobczyk Dawid | 1992 | David's Camstudio, Brynek | 00:29:08 | 00:29:03 | 04:51 | | 38 |
| 46 | 65 | POL | Olszewski Robert | 1985 | Srebrne Miasto Tarnowskie Góry, Bytom | 00:29:27 | 00:29:20 | 04:54 | | 39 |
| 47 | 2 | POL | Bąbka Tomasz | 1981 | Tarnowskie Góry | 00:29:33 | 00:29:27 | 04:55 | | 40 |
| 48 | 66 | POL | Openchowski Rafał | 1976 | Stowarzyszenie Sportowe "BJJ IKIZAMA CLUB", Boruszowice | 00:29:34 | 00:29:31 | 04:55 | | 41 |
| 49 | 28 | POL | Halder Paweł | 1988 | Legion Wojska, Wojska | 00:29:39 | 00:29:34 | 04:56 | | 42 |
| 50 | 42 | POL | Kontny Denis | 2003 | LKS Orzeł Koty, Koty | 00:29:48 | 00:29:32 | 04:57 | | 43 |
| 51 | 25 | POL | Grund Justyna | 1994 | Mafia Team Lubliniec, Strzebiń | 00:29:52 | 00:29:49 | 04:58 | 8 | |
| 52 | 30 | POL | Janus Gabriel | 2001 | Ziętek | 00:30:39 | 00:30:33 | 05:06 | | 44 |
| 53 | 17 | POL | Drózdź Marcin | 1983 | Ziomki, Lubliniec | 00:30:51 | 00:30:50 | 05:08 | | 45 |
| 54 | 51 | POL | Kurasz Tomasz | 1981 | Ruda Śląska | 00:31:02 | 00:30:47 | 05:10 | | 46 |
| 55 | 178 | POL | Czaska Edward | 1969 | Srebrni Biegacze Tarnowskie Góry, Tarnowskie Góry | 00:31:06 | 00:30:57 | 05:10 | | 47 |
| 56 | 184 | POL | Morcinek Magdalena | 1983 | Koszęcin | 00:31:10 | 00:31:04 | 05:11 | 9 | |
| 57 | 15 | POL | Dragon Mirosław | 1965 | Srebrne Miasto Tarnowskie Góry, Tarnowskie Góry | 00:31:21 | 00:31:07 | 05:13 | | 48 |
| 58 | 67 | POL | Opiela Krzysztof | 1964 | Dolina Łatki, Ruda Śląska | 00:31:24 | 00:31:20 | 05:13 | | 49 |
| 59 | 87 | POL | Słowiak Kamil | 1994 | Stowarzyszenie Sportowe "BJJ IKIZAMA CLUB", Zabrze | 00:31:24 | 00:31:16 | 05:13 | | 50 |
| 60 | 90 | POL | Sobania Rafał | 1979 | Tworóg | 00:31:31 | 00:31:26 | 05:15 | | 51 |
| 61 | 84 | POL | Salasowicz Jerzy | 1959 | Biegam z endo, Hanusek | 00:31:34 | 00:31:31 | 05:15 | | 52 |
| 62 | 56 | POL | Lichorad Mateusz | 2004 | Stowarzyszenie Sportowe "BJJ IKIZAMA CLUB", Tarnowskie Góry | 00:31:44 | 00:31:33 | 05:17 | | 53 |



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|---------|----------------|------|--------------------------|---------|--|-------------|------------|-------|----|----|
| 63 | 10 | POL | Ciongwa Michał | 2004 | LKS Orzeł Koty / OSP Koty, Świnowice | 00:31:44 | 00:31:30 | 05:17 | | 54 |
| 64 | 85 | POL | Skadtubowicz Maciej | 1982 | Stowarzyszenie Sportowe "BJJ IKIZAMA CLUB", Strzyżowice | 00:31:44 | 00:31:31 | 05:17 | | 55 |
| 65 | 49 | POL | Kucharczyk Paweł | 2003 | Stowarzyszenie Sportowe "BJJ IKIZAMA CLUB", Tarnowskie Góry | 00:32:00 | 00:31:50 | 05:19 | | 56 |
| 66 | 169 | POL | Wyrwich Katarzyna | 1990 | Twaróg | 00:32:03 | 00:31:59 | 05:20 | 10 | |
| 67 | 172 | POL | Soporowski Marek | 1987 | OSP Połępa, Połępa | 00:32:14 | 00:32:07 | 05:22 | | 57 |
| 68 | 186 | POL | Kulesza Kinga | 2007 | Tarnowskie Góry | 00:32:17 | 00:32:08 | 05:22 | 11 | |
| 69 | 14 | POL | Dragon Adam | 1978 | Zabrze | 00:32:23 | 00:32:19 | 05:23 | | 58 |
| 70 | 44 | POL | Krawczyk Marta | 1970 | Zawadzkie Biegnie, Zawadzkie | 00:32:33 | 00:32:19 | 05:25 | 12 | |
| 71 | 21 | POL | Głanc Jan | 1967 | Strzebiń | 00:32:44 | 00:32:35 | 05:27 | | 59 |
| 72 | 45 | POL | Krawczyk Mateusz | 1985 | Stowarzyszenie Sportowe "BJJ IKIZAMA CLUB", Koszęcin | 00:32:44 | 00:32:32 | 05:27 | | 60 |
| 73 | 89 | POL | Smoczyński Artur | 1986 | Stowarzyszenie Sportowe "BJJ IKIZAMA CLUB", Tarnowskie Góry | 00:32:46 | 00:32:41 | 05:27 | | 61 |
| 74 | 68 | POL | Ostrowska-Popielska Pat | 1980 | Wielowieś | 00:33:02 | 00:32:55 | 05:30 | 13 | |
| 75 | 57 | POL | Mazur Adam | 1982 | Nowa Wieś Tworoska | 00:33:06 | 00:32:50 | 05:31 | | 62 |
| 76 | 20 | POL | Franczuk Martyna | 1986 | Boronów | 00:33:06 | 00:32:58 | 05:31 | 14 | |
| 77 | 78 | POL | Pracka Danuta | 1984 | Miasteczko Śląskie | 00:33:10 | 00:33:03 | 05:31 | 15 | |
| 78 | 80 | POL | Pyrek Karol | 1992 | KONŚLIWE PSZCZOŁY, Tarnowskie Góry | 00:33:33 | 00:33:27 | 05:35 | | 63 |
| 79 | 109 | POL | Wolnik Ryszard | 1966 | Boruszowice Krotofil Team, Boruszowice | 00:33:37 | 00:33:29 | 05:36 | | 64 |
| 80 | 5 | POL | Broll Krzysztof | 1980 | Tarnowskie Góry | 00:33:50 | 00:33:46 | 05:38 | | 65 |
| 81 | 97 | POL | Sznapka Eugeniusz | 1955 | 3 kawały o...na YouTube, Świętochłowice | 00:33:55 | 00:33:50 | 05:39 | | 66 |
| 82 | 35 | POL | Kaszuba Grzegorz | 1978 | Akademia Sportu "Deshi", Koty | 00:34:01 | 00:33:48 | 05:40 | | 67 |
| 83 | 31 | POL | Jaroń Katarzyna | 1979 | Bytom | 00:34:07 | 00:34:05 | 05:41 | 16 | |
| 84 | 22 | POL | Głąbik Marek | 1996 | Helenka Biega, Zabrze | 00:34:10 | 00:34:04 | 05:41 | | 68 |
| 85 | 69 | POL | Patyk Ilona | 1989 | Twaróg | 00:34:11 | 00:34:06 | 05:41 | 17 | |
| 86 | 40 | POL | Kobędza Monika | 1998 | Stowarzyszenie Sportowe "BJJ IKIZAMA CLUB", Twaróg | 00:34:15 | 00:34:07 | 05:42 | 18 | |
| 87 | 34 | POL | Kandzia Mateusz | 2001 | Stowarzyszenie Sportowe "BJJ IKIZAMA CLUB", Nowa Wieś Tworoska | 00:34:18 | 00:34:08 | 05:43 | | 69 |
| 88 | 103 | POL | Szumiał Ksawery | 2006 | Stowarzyszenie Sportowe "BJJ IKIZAMA CLUB", Hanusek | 00:34:23 | 00:34:14 | 05:43 | | 70 |
| 89 | 23 | POL | Goj Magdalena | 2006 | Stowarzyszenie Sportowe "BJJ IKIZAMA CLUB", Boruszowice | 00:34:24 | 00:34:15 | 05:44 | 19 | |
| 90 | 32 | POL | Kabata Roman | 1960 | Falstart Rudniki, Jaworzno Bankowe | 00:34:39 | 00:34:33 | 05:46 | | 71 |
| 91 | 54 | POL | Lasok - Chwiedoruk Sabir | 1974 | Tarnowskie Góry | 00:35:18 | 00:35:11 | 05:53 | 20 | |
| 92 | 38 | POL | Kluszczyk Grzegorz | 1998 | Tarnowskie Góry | 00:36:47 | 00:36:32 | 06:07 | | 72 |
| 93 | 39 | POL | Kluszczyk Piotr | 1972 | Bytom | 00:36:48 | 00:36:33 | 06:07 | | 73 |
| 94 | 70 | POL | Pawlik Daniel | 1984 | Stowarzyszenie Sportowe "BJJ IKIZAMA CLUB", Tarnowskie Góry | 00:37:22 | 00:37:10 | 06:13 | | 74 |
| 95 | 106 | POL | Świerc Krzysztof | 1977 | Tarnowskie Góry | 00:37:27 | 00:37:22 | 06:14 | | 75 |
| 96 | 9 | POL | Chwiedoruk Sebastian | 1974 | No Power, Tarnowskie Góry | 00:37:56 | 00:37:49 | 06:19 | | 76 |
| 97 | 62 | POL | Mika Stanisław | 1980 | Twaróg | 00:38:13 | 00:38:02 | 06:22 | | 77 |
| 98 | 93 | POL | Sowa Sylwia | 1973 | Zawadzkie Biegnie, Zawadzkie | 00:38:36 | 00:38:16 | 06:26 | 21 | |
| 99 | 50 | POL | Kuminek Magdalena | 1974 | Siemianowice i Przyjaciele Biegają, Siemianowice Śląskie | 00:38:59 | 00:38:47 | 06:29 | 22 | |
| 100 | 13 | POL | Dobek Agata | 1984 | Siemianowice i Przyjaciele Biegają, Siemianowice Śląskie | 00:39:00 | 00:38:49 | 06:29 | 23 | |
| 101 | 110 | POL | Woźnicka Wioletta | 1973 | Helenka Biega, Koty | 00:39:01 | 00:38:54 | 06:30 | 24 | |
| 102 | 101 | POL | Szramka Natalia | 1991 | Legion Wojska, Wojska | 00:39:27 | 00:39:18 | 06:34 | 25 | |
| 103 | 182 | POL | Rucińska Anastazja | 2004 | Twaróg | 00:39:28 | 00:39:17 | 06:34 | 26 | |
| 104 | 33 | POL | Ochman Marta | 2010 | Stowarzyszenie Sportowe "BJJ IKIZAMA CLUB", Nowa Wieś Tworoska | 00:39:35 | 00:39:25 | 06:35 | 27 | |
| 105 | 98 | POL | Sznapka Halina | 1958 | 3 kawały o...na YouTube, Świętochłowice | 00:39:43 | 00:39:31 | 06:37 | 28 | |
| 106 | 46 | POL | Krawczyk Piotr | 2010 | Stowarzyszenie Sportowe "BJJ IKIZAMA CLUB", Koszęcin | 00:40:14 | 00:40:02 | 06:42 | | 78 |
| 107 | 175 | POL | Mleczek Jacek | 1969 | Zawadzkie Biegnie, Kośmidry | 00:40:19 | 00:39:52 | 06:43 | | 79 |
| 108 | 11 | POL | Czanguleit Marcin | 1994 | KONŚLIWE PSZCZOŁY, Tarnowskie Góry | 00:40:24 | 00:40:18 | 06:43 | | 80 |
| 109 | 183 | POL | Rucińska Laura | 2005 | Twaróg | 00:42:28 | 00:42:17 | 07:04 | 29 | |
| 110 | 41 | POL | Kocyan Małgorzata | 1959 | AKMB Pędziwiatr Gliwice, Gliwice | 00:43:06 | 00:42:56 | 07:10 | 30 | |
| 111 | 181 | POL | Wiśniewska Małgorzata | 1983 | Boronów | 00:43:31 | 00:43:22 | 07:15 | 31 | |
| 112 | 185 | POL | Brol Marzena | 1986 | Twaróg | 00:43:31 | 00:43:22 | 07:15 | 32 | |
| 113 | 18 | POL | Dunal Małgorzata | 1970 | Siemianowice i Przyjaciele Biegają, Siemianowice Śląskie | 00:45:05 | 00:44:50 | 07:30 | 33 | |
| 114 | 3 | POL | Błażejewska Ewa | 1968 | Siemianowice i Przyjaciele Biegają, Siemianowice Śląskie | 00:45:05 | 00:44:50 | 07:30 | 34 | |
| 115 | 19 | POL | Fiuk Iwona | 1966 | Siemianowice i Przyjaciele Biegają, Siemianowice Śląskie | 00:46:23 | 00:46:06 | 07:43 | 35 | |
| 116 | 104 | POL | Szwarc Kasia | 1967 | SIPB, Siemianowice Śląskie | 00:46:23 | 00:46:10 | 07:43 | 36 | |
| 117 | 111 | POL | Zabawa Roman | 1951 | Siemianowice i Przyjaciele Biegają, Siemianowice Śląskie | 00:46:23 | 00:46:11 | 07:43 | | 81 |
| 118 | 7 | POL | Caus Anna | 1980 | Stowarzyszenie Sportowe "BJJ IKIZAMA CLUB", Tarnowskie Góry | 00:49:40 | 00:49:38 | 08:16 | 37 | |
| DNS | 24 | POL | Goj Michał | 1978 | Stowarzyszenie Sportowe "BJJ IKIZAMA CLUB", Boruszowice | | | | | |
| DNS | 79 | POL | Pradelok Jerzy | 1968 | Gibke Gizdy, Twaróg | | | | | |