

## SIEDEMDZIESIĄT Z HAKIEM

Organizator: Fundacja Szczyt za szczytem  
Data: 2024-09-07  
Miejsce: Sobieszów  
Dystans: 72 km  
Klasyfikacja wg czasów brutto.



### SIEDEMDZIESIĄT Z HAKIEM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h
1	OTRĘBA MACIEJ	1112		WROCŁAW	POL	M40	1	M 1	00:32:14	00:57:06	02:33:28	03:56:03	05:33:32	07:04:30	07:45:55.15	07:45:55.15	6:28	9.3
2	JAKIMIUK DANIEL	1023	AURORA RUNNING TEAM	SZKŁARSKA PORĘBA	POL	M30	1	M 2	00:31:41	00:55:35	02:30:00	03:55:39	05:32:14	07:06:33	07:47:56.20	07:47:56.20	6:29	9.2
3	GÓRAK PRZEMYSŁAW	1018	BLACK HAT PRO	SOBÓTKA	POL	M40	2	M 3	00:31:41	00:56:15	02:33:43	03:55:44	05:39:51	07:15:45	08:00:13.70	08:00:13.70	6:40	9
4	KOPCEWICZ TOMASZ	1033		STAWIGUDA	POL	M40	3	M 4	00:33:24	00:59:24	02:39:31	04:03:51	05:59:39	07:50:04	08:39:54.80	08:39:54.80	7:13	8.3
5	MIKEŠOVÁ JANA	1053	SALMING CZ	NOVÁ PAKA	CZE	K30	1	K 1	00:34:04	01:01:04	02:44:13	04:13:42	06:06:21	07:55:42	08:41:11.60	08:41:11.60	7:14	8.3
6	KOSAL MACIEJ	1034	KTS JELENIA GÓRA	JELENIA GÓRA	POL	M40	4	M 5	00:35:28	01:03:10	02:44:34	04:11:54	06:07:17	07:57:46	08:51:43.00	08:51:43.00	7:23	8.1
7	MUCHACZOW JACEK	1056	TS REGLE SZKŁARSKA POREBA	JEZÓW SUDECKI	POL	M40	4	M 5	00:35:29	01:03:10	02:44:39	04:12:02	06:07:23	07:57:55	08:51:43.00	08:51:43.00	7:23	8.1
8	WIŚNIEWSKI PAWEŁ	1092	ULTRAKOTLINA TEAM	JELENIA GÓRA	POL	M40	6	M 7	00:38:00	01:06:08	02:55:14	04:33:43	06:39:44	08:40:31	09:35:09.00	09:35:09.00	7:59	7.5
9	BIEGAŃSKI MARCIN	1005	TRIMP	WROCŁAW	POL	M30	2	M 8	00:36:31	01:04:24	02:49:05	04:19:35	06:24:53	08:28:54	09:35:12.85	09:35:12.85	7:59	7.5
10	PIETRZAK KONRAD	1063	AURORA RUNNING TEAM	SZKŁARSKA POREBA	POL	M30	3	M 9	00:36:12	01:04:19	02:46:14	04:18:43	06:26:56	08:41:48	09:40:23.30	09:40:23.30	8:03	7.4
11	FISZER SEBASTIAN	1014	LESZ NO LIMITS RUNNERS	KRZEMIENIE WO	POL	M40	7	M 10	00:34:17	01:00:59	02:53:42	04:33:38	06:45:36	08:51:20	09:40:58.60	09:40:58.60	8:04	7.4
12	RINK JAN	1070		BOLKÓW	POL	M40	8	M 11	00:36:19	01:03:49	02:53:35	04:25:34	06:39:52	08:48:43	09:43:23.90	09:43:23.90	8:06	7.4
13	DAJEK ŁUKASZ	1010		ŻYRARDÓW	POL	M40	9	M 12	00:37:41	01:06:09	02:59:07	04:37:13	06:56:00	08:53:22	09:47:24.70	09:47:24.70	8:09	7.4
14	WOJNAROWICZ PAWEŁ	1094		WILKSZYŃ	POL	M30	4	M 13	00:37:25	01:05:52	02:59:12	04:41:02	06:56:29	08:56:04	09:48:15.15	09:48:15.15	8:10	7.3
15	MIKRUT REMIGIUSZ	1054	9TE WZGÓRZE CHELMNO	CHELMNO	POL	M40	10	M 14	00:38:53	01:11:48	03:05:45	04:49:42	06:58:39	09:00:09	09:58:09.55	09:58:09.55	8:18	7.2
16	LISIECKI TOMASZ	1111		LUBOŃ	POL	M40	11	M 15	00:39:52	01:08:55				09:08:04	10:06:40.45	10:06:40.45	8:25	7.1
17	KOZŁOWSKI WOJCIECH	1106		LISOWICE	POL	M50	1	M 16	00:44:37	01:21:04	03:58:59				10:11:33.20	10:11:33.20	8:29	7.1
18	CARUK DAMIAN	1009	PGN NIERUCHOMOŚCI	KAMIEN POMORSKI	POL	M40	12	M 17	00:37:12	01:05:52	03:06:39	04:52:24	07:11:06	09:16:25	10:14:52.50	10:14:52.50	8:32	7
19	KASZKOWIAK BOGUMIL	1031	WRONKI	WRONKI	POL	M40	13	M 18	00:43:42	01:17:59	03:25:20	05:12:37	07:35:25	09:38:50	10:26:12.55	10:26:12.55	8:41	6.9
20	PALIWODA SŁAWEK	1062	ITPROJEKT BYDGOSZCZ	BYDGOSZCZ	POL	M30	5	M 19	00:36:22	01:04:46	03:04:32	04:45:27	07:00:04	09:21:32	10:30:03.00	10:30:03.00	8:45	6.9
21	BUKOWIŃSKI DAMIAN	1008	TRAIL IS OUR WAY	WROCŁAW	POL	M40	14	M 20	00:40:25	01:16:39	03:21:48	05:13:34	07:32:50	09:43:58	10:37:29.25	10:37:29.25	8:51	6.8
22	KANIA MARCIN	1030	#TEAMKOSTERA	GLIWICE	POL	M18	1	M 21	00:40:52	01:12:56	03:12:51	04:59:42	07:20:44	09:43:21	10:44:45.10	10:44:45.10	8:57	6.7
23	ZBOROWSKI MARCIN	1098	ULTRA DIABŁY TEAM LUBRZA	ŁĄGÓW	POL	M30	6	M 22	00:43:31	01:15:12	03:24:23	05:13:40	07:34:20	09:50:30	10:47:29.40	10:47:29.40	8:59	6.7
24	WĘGLEWICZ MACIEJ	1089	BIEGOLAS KOSZALIN	KOSZALIN	POL	M30	7	M 23	00:39:37	01:11:14	03:12:01	04:59:51	07:23:10	09:49:15	10:48:21.40	10:48:21.40	9:00	6.7
25	STERNIK TOMASZ	1079	PASJA TEAM	BIAŁOGARD	POL	M40	15	M 24	00:39:38	01:11:15	03:11:54	04:59:39	07:23:06	09:49:15	10:48:21.70	10:48:21.70	9:00	6.7
26	PYZIK EWA	1069	MATNER RUNNING TEAM	BIELANY WROCŁAWSK IE	POL	K40	1	K 2	00:41:57	01:14:43	03:25:57	05:20:06	07:42:48	09:56:45	10:56:32.30	10:56:32.30	9:07	6.6
27	MAJEWSKI MICHAŁ	1048	SPIN FORCE RUNNERS	SWARZĘDZ	POL	M40	16	M 25	00:37:47	01:06:10	03:07:32	04:58:14	07:26:18	09:53:07	11:02:40.15	11:02:40.15	9:12	6.5
28	KACZMARCZYK PIOTR	1029	SOLPARK KLESZCZÓW	ŁĘKIŃSKO	POL	M40	17	M 26	00:41:55	01:14:50	03:24:01	05:12:41	07:49:18	10:04:15	11:03:37.70	11:03:37.70	9:13	6.5

## SIEDEMDZIESIĄT Z HAKIEM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h
29	DRAGANEK EWELINA	1013		WROCŁAW	POL	K40	2	K 3	00:42:03	01:14:45	03:27:01	05:25:30	07:56:01	10:07:41	11:06:35.95	11:06:35.95	9:15	6.5
30	WICZKOWSKI KONRAD	1090		GORZÓW WIELKOPOLSKI	POL	M30	8	M 27	00:37:36	01:07:55	03:12:30	05:24:11	07:40:34	10:12:53	11:07:42.80	11:07:42.80	9:16	6.5
31	LEWANDOWSKI BARTŁOMIEJ	1044	MMUU	SZCZECIN	POL	M40	18	M 28	00:41:17	01:11:05	03:16:12	05:09:57	07:40:44	10:07:53	11:12:26.55	11:12:26.55	9:20	6.4
32	KOPACZ KATARZYNA	1102		KATOWICE	GBR	K40	3	K 4	00:41:02	01:14:46	03:23:54	05:20:09	07:52:26	10:06:41	11:17:36.90	11:17:36.90	9:24	6.4
33	JĘDZURA DANIEL	1027		GLIWICE	POL	M40	19	M 29	00:39:16	01:09:45	03:13:13	05:10:05	07:41:05	10:06:56	11:17:42.15	11:17:42.15	9:24	6.4
34	MAZUR ANNA	1051	ULTRANQA	GORZÓW WIELKOPOLSKI	POL	K40	4	K 5	00:41:57	01:14:57	03:29:01	05:26:57	08:03:41	10:19:17	11:18:39.85	11:18:39.85	9:25	6.4
35	SADOWSKI KRZYSZTOF	1074		JANOWICE WIELKIE	POL	M18	2	M 30	00:39:15	01:07:45	03:06:26	04:53:40	07:45:26	10:18:49	11:28:15.60	11:28:15.60	9:33	6.3
36	LIPOWICZ ŁUKASZ	1045		SZCZYTNIKI	POL	M40	20	M 31	00:41:46	01:11:33	03:21:56	05:20:50	07:53:05	10:24:36	11:33:09.65	11:33:09.65	9:37	6.2
37	POCHROŃ MARCIN	1067		WROCŁAW	POL	M30	9	M 32	00:47:00	01:19:00	03:35:01	05:43:31	08:16:15	10:48:50	11:42:02.35	11:42:02.35	9:45	6.2
38	GAŚCZAK MARIUSZ	1016		KĘPNO	POL	M40	21	M 33	00:41:18	01:14:53	03:26:47	05:29:05	08:06:53	10:37:53	11:44:06.10	11:44:06.10	9:46	6.1
39	TOPA MATEUSZ	1108		SIEDLCE	POL	M30	10	M 34	00:37:46	01:06:24	03:15:17	05:13:07	07:52:20	10:48:32	11:46:47.85	11:46:47.85	9:48	6.1
40	GILEWICZ-RACHOWSKA JAGODA	1017	MAKSFLY	POZNAŃ	POL	K30	2	K 6	00:43:05	01:17:48	03:35:05	05:41:50	08:15:29	10:48:38	11:47:29.35	11:47:29.35	9:49	6.1
41	BEDNARZ KRZYSZTOF	1104	TS REGLE	JELENIA GÓRA	POL	M40	22	M 35	00:37:41	01:06:32	03:19:36	05:16:10	08:06:05	10:47:09	11:50:06.10	11:50:06.10	9:51	6.1
42	JANKOWSKI KRZYSZTOF	1024		WROCŁAW	POL	M30	11	M 36	00:41:31	01:14:49	03:20:24	05:23:20	08:03:16	10:45:55	11:51:36.15	11:51:36.15	9:53	6.1
43	WALUŚKIEWICZ ARTUR	1087	SOLA FIDE	WROCŁAW	POL	M50	2	M 37	00:43:57	01:19:18	03:37:25	05:39:15	08:16:41	10:55:12	11:57:26.15	11:57:26.15	9:57	6
44	KOWALSKI ANDRZEJ	1035		WROCŁAW	POL	M60	1	M 38	00:45:53	01:21:27	03:39:11	05:45:06	08:29:34	10:58:13	12:02:43.75	12:02:43.75	10:02	6
45	ANTKIEWICZ KAMIL	1103		KOZIEGŁOWY	POL	M30	12	M 39	00:43:41	01:19:31	03:30:16	05:34:17	08:18:46	10:57:04	12:05:56.75	12:05:56.75	10:04	6
46	WAWRZUSIAK DAWID	1088		BRZĄCZOWI CE	POL	M40	23	M 40	00:46:47	01:23:44	03:37:53	05:41:24	08:19:31	11:07:15	12:05:58.35	12:05:58.35	10:04	6
47	ABRAMOWICZ AGATA	1001		KRZEPTÓW	POL	K30	3	K 7	00:44:29	01:19:53	03:40:07	05:45:21	08:31:10	11:07:09	12:10:33.60	12:10:33.60	10:08	5.9
48	BIAŁEK MIROSLAW	1004	WRONIECKI KLUB BIEGACZA	WRONKI	POL	M40	24	M 41	00:44:42	01:18:43	03:34:53	05:40:16	08:27:28	11:06:31	12:13:20.90	12:13:20.90	10:11	5.9
49	NOWICKI ZBIGNIEW	1059		GAŁKÓW MAŁY	POL	M50	3	M 42	00:47:00	01:22:26	03:48:35	06:06:47	08:50:23	11:17:53	12:14:35.50	12:14:35.50	10:12	5.9
50	SZERMENT ERYK	1081	BBL GORZÓW WIELKOPOLSKI	GORZÓW WIELKOPOLSKI	POL	M40	25	M 43	00:47:39	01:23:53	03:51:10	05:57:16	08:50:21	11:15:38	12:18:55.95	12:18:55.95	10:15	5.8
51	MARCINIAK RAFAŁ	1050	8A.PL	GLIWICE	POL	M30	13	M 44	00:46:39	01:25:20	03:54:39	05:57:11	08:31:12	11:17:08	12:20:29.20	12:20:29.20	10:17	5.8
52	BRONOWSKA JUSTYNA	1006		BYSTRA	POL	K40	5	K 8	00:44:47	01:21:34	03:39:07	05:40:39	08:29:38	11:11:23	12:23:46.00	12:23:46.00	10:19	5.8
53	GRODZKI TOMASZ	1019	ULTRASSCYZOR	DARŁOWO	POL	M50	4	M 45	00:47:42	01:24:35	03:37:56	05:41:20	08:27:32	11:16:12	12:23:55.30	12:23:55.30	10:19	5.8
54	PRUSIEWICZ BARTOSZ	1068	SPACEPRINT.PL	ŚWIDNICA	POL	M30	14	M 46	00:44:48	01:19:23	03:38:09	05:44:24	08:31:17	11:15:21	12:25:49.10	12:25:49.10	10:21	5.8
55	HANISZEWSKI MATEUSZ	1021		WROCŁAW	POL	M30	15	M 47	00:41:17	01:11:57	03:25:13	05:31:24	08:34:39	11:26:35	12:28:49.20	12:28:49.20	10:24	5.8
56	KOZIOŁ KRZYSZTOF	1037		SZCZECIN	POL	M40	26	M 48	00:44:09	01:19:57	03:41:59	05:49:40	08:32:44	11:18:00	12:29:29.90	12:29:29.90	10:24	5.8
57	JUROSZEK JÓZEF	1028		PAWŁOWICE	POL	M40	27	M 49	00:47:37	01:28:34	03:44:12	05:50:20	08:43:06	11:24:27	12:38:00.80	12:38:00.80	10:31	5.7
58	PIOTROWICZ MICHAŁ	1064	ORTHOS TEAM	IWINY	POL	M30	16	M 50	00:45:04	01:21:07	03:32:48	05:34:14	08:29:41	11:32:38	12:50:35.75	12:50:35.75	10:42	5.6
59	ZMELONEK PIOTR	1101	TOWARZYSTWO WISŁA DLA WARSZAWY	WARSZAWA	POL	M50	5	M 51	00:48:53	01:28:28	03:42:33	05:50:24	08:48:09	11:40:02	12:50:40.30	12:50:40.30	10:42	5.6
60	ZIELIŃSKA JUSTYNA	1099	KS.POSNANIA TRIATHLON	LUBOŃ	POL	K40	6	K 9	00:47:03	01:23:57	03:51:43	06:01:27	08:58:18	11:45:39	12:54:59.40	12:54:59.40	10:45	5.6
61	IWASZCZYSHYN TOMASZ	1022	RMT TEAM & PRZYJACIELE / RATEMYTRAIL.CO M	WROCŁAW	POL	M30	17	M 52	00:42:56	01:19:57	03:35:19	05:39:28	08:29:44	11:37:39	12:56:36.10	12:56:36.10	10:47	5.6
62	KWIECIŃSKA MAŁGORZATA	1041	BRAVEHEARTS LEGIONOWO	LEGIONOWO	POL	K30	4	K 10	00:50:34	01:35:03	04:04:15	06:13:47	09:07:36	11:55:15	13:01:56.55	13:01:56.55	10:51	5.5
63	MUCHA ARTUR	1107	ENERGY MARKETS	STARE OBORZYSKA	POL	M30	18	M 53	00:44:39	01:22:04	03:48:30	05:59:44	08:53:05	11:55:35	13:03:10.10	13:03:10.10	10:52	5.5
64	LEBODA KATARZYNA	1042	WILD DOGS TEAM	KATOWICE	POL	K30	5	K 11	00:41:56	01:17:19	03:25:09	05:26:54	08:06:14	11:25:02	13:04:20.40	13:04:20.40	10:53	5.5

**SIEDEMDZIESIĄT Z HAKIEM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h
65	WALCZAK ŁUKASZ	1086	BYLE DO PRZODUQ	KONIN	POL	M30	19	M 54	00:48:46	01:25:18	03:57:27		09:24:07	12:01:46	13:13:19.80	13:13:19.80	11:01	5.4
66	PINCZEWSKI PATRIK	1109		ŁUSZCZANO W	POL	M50	6	M 55	00:50:57	01:33:15	04:04:11	06:32:02	09:21:26	12:17:08	13:19:07.85	13:19:07.85	11:05	5.4
67	SIKORSKI DARIUSZ	1076	INSERT TEAM	DZIERŻONIÓ W	POL	M40	28	M 56	00:44:44	01:19:55	03:35:32	05:45:17	08:41:29	11:59:05	13:24:47.35	13:24:47.35	11:10	5.4
68	MANEL MARIUSZ	1049	DRUŻYNA SZPIKU	ŚREM	POL	M50	7	M 57	00:46:15	01:23:39	03:48:38	06:06:50	09:11:52	12:15:02	13:30:31.50	13:30:31.50	11:15	5.3
69	RYCERSKI RAFAŁ	1071	GRZĄDZIEL TEAM	CZAPLINEK	POL	M40	29	M 58	00:41:34	01:15:43	03:35:11	05:54:37	09:12:38	12:27:26	13:38:18.60	13:38:18.60	11:21	5.3
70	LEWANDOWSKI RAFAŁ	1043	SPC	TORUŃ	POL	M40	30	M 59	00:44:45	01:18:08	03:41:40	06:01:38	09:00:00	12:11:07	13:40:22.00	13:40:22.00	11:23	5.3
71	MICHALAK VIOLETTA	1052	LEŚNE SZEPTUCHY	WRONKI	POL	K50	1	K 12	00:45:47	01:21:04	03:54:29	06:18:19	09:32:48	12:35:13	13:44:03.25	13:44:03.25	11:26	5.2
72	GARSTKA ZBIGNIEW	1015	LEŚNE DZIADY TEAM	WRONKI	POL	M40	31	M 60	00:45:47	01:21:04	03:54:35	06:18:15	09:32:45	12:35:13	13:44:03.25	13:44:03.25	11:26	5.2
73	BUDYCH-GÓRZNA MAGDALENA	1007		GOWARZEWO	POL	K40	7	K 13	00:44:42	01:20:40	03:50:55	06:11:42	09:28:38	12:35:41	13:47:54.65	13:47:54.65	11:29	5.2
74	KRUZEL RAFAŁ	1039	BIEGOWE MISIE	LEGNICA	POL	M50	8	M 61	00:49:40	01:30:59	04:15:00	06:40:38	09:41:06	12:34:08	13:47:54.80	13:47:54.80	11:29	5.2
75	PIWOWARSKI PAWEŁ	1066	VULCAN JAWOR	JAWOR	POL	M50	9	M 62	00:47:38	01:28:35	04:09:28	06:25:10	09:24:01	12:35:40	13:47:54.90	13:47:54.90	11:29	5.2
76	PIWOŃSKA AGNIESZKA	1065		ŁÓDŹ	POL	K50	2	K 14	00:50:36	01:35:03	04:17:22		09:45:50	12:43:46	13:53:49.30	13:53:49.30	11:34	5.2
77	JASKÓLSKI JAN	1026		TARNOWO PODGÓRNE	POL	M40	32	M 63	00:49:41	01:37:23	04:00:20	06:35:04	09:52:44	12:55:47	13:58:21.20	13:58:21.20	11:38	5.2
78	ORŁOWSKA BEATA	1061	BIEGOLAS KOSZALIN-KOŁOBRZEG	KOŁOBRZEG	POL	K50	3	K 15	00:45:46	01:24:53	04:00:14	06:27:04	09:49:50	12:44:11	13:59:53.60	13:59:53.60	11:39	5.1
79	KROCZYŃSKI SŁAWOMIR	1038	BIEGOLAS KOSZALIN-KOŁOBRZEG	KOŁOBRZEG	POL	M60	2	M 64	00:45:45	01:24:57	04:00:18	06:26:35	09:49:46	12:44:11	13:59:53.75	13:59:53.75	11:39	5.1
80	SZARANIEC SEBASTIAN	1080	AW - SZYBCIEJ - TEAM / MCBIEGACZE	WARSZAWA	POL	M40	33	M 65	00:44:42	01:20:06	03:40:13	05:59:54	09:16:56	12:38:49	14:01:03.60	14:01:03.60	11:40	5.1
81	ZIÓŁEK RAFAŁ	1100		POZNAŃ	POL	M30	20	M 66	00:42:18	01:15:53	03:32:54	05:50:30	09:28:43	12:38:51	14:01:04.95	14:01:04.95	11:40	5.1
82	WAJDA MACIEJ	1110	SPELEOCLUB WROCLAW	WROCLAW	POL	M40	34	M 67	00:53:16	01:31:51	04:02:55	06:30:47	09:44:49	12:51:11	14:15:57.20	14:15:57.20	11:53	5
83	WÓJCİK ŁUKASZ	1096		WARSZAWA	POL	M40	35	M 68	00:48:54	01:28:31	03:52:21	06:11:17	09:35:51	12:53:55	14:17:03.15	14:17:03.15	11:54	5
84	ŁATWIŃSKI MATEUSZ	1046	KAMIL LEŚNIAK TEAM	PIETRZYKOWICE	POL	M18	3	M 69	00:44:38	01:19:38	03:44:22	06:03:06	09:24:04	12:59:23	14:33:18.15	14:33:18.15	12:07	4.9
85	JANKOWSKI ADAM	1025	ULTRAWAY.PL RUNNING TEAM	ZALASEWO	POL	M30	21	M 70	00:47:34	01:27:29	04:04:01	06:41:22	10:19:05	13:21:38	14:36:16.00	14:36:16.00	12:10	4.9
86	WREMBEL PRZEMYSŁAW	1097		NOWA WIEŚ	POL	M40	36	M 71	00:46:31	01:25:24	04:09:35	06:40:40	10:09:48	13:34:48	15:01:44.20	15:01:44.20	12:31	4.8
87	NOWAKOWSKI MIROSŁAW	1058		WIELEŃ	POL	M50	10	M 72	00:49:58	01:29:11	04:09:23	06:44:58	10:11:14	13:34:53	15:02:15.95	15:02:15.95	12:31	4.8
88	MITASZEWSKI PRZEMYSŁAW	1055	VULCAN JAWOR	MĘCINKA	POL	M40	37	M 73	00:47:38	01:28:35	04:09:32	06:44:47	10:11:53	13:35:17	15:02:16.00	15:02:16.00	12:31	4.8
89	STEFANIAK EMILIA	1078		GORZÓW WLKP	POL	K40	8	K 16	00:50:48	01:35:48	04:21:17	07:03:22		13:45:07	15:10:05.30	15:10:05.30	12:38	4.7
90	ŚLUSAREK GRZEGORZ	1083	PONADWSZYSTKO	GOŁUSKI	POL	M40	38	M 74	00:50:02	01:30:38	04:04:57	06:41:12	10:19:33	13:45:12	15:10:05.80	15:10:05.80	12:38	4.7
91	KOZIEŁ TADEUSZ	1036	SZCZĘŚCIARZ BIEGA	RZESZÓW	POL	M30	22	M 75	00:50:35	01:35:04	04:17:19	06:44:21	09:55:26	13:24:02	15:17:15.75	15:17:15.75	12:44	4.7
92	SKRZYPCZAK RAFAŁ	1077		TARNOWO PODGÓRNE	POL	M40	39	M 76	00:49:41	01:37:22		06:55:49		13:54:40	15:27:10.40	15:27:10.40	12:52	4.7
93	KŁÓSKA KATARZYNA	1032		PIECHOWICE	POL	K40	9	K 17	00:51:27	01:34:58	04:46:23	07:44:20	11:08:01	14:13:52	15:39:56.35	15:39:56.35	13:03	4.6
94	SZYMANKIEWICZ EDYTA	1082	CROSS STRACEŃCÓW TEAM	GŁOGÓW	POL	K50	4	K 18	00:50:37	01:35:05	04:21:36	07:08:23	10:45:41	14:14:40	15:49:48.60	15:49:48.60	13:11	4.5
95	WOLNIEWICZ MARCIN	1095		ROKIETNICA	POL	M40	40	M 77	00:47:15	01:25:25	04:04:21	06:40:05	10:15:23	14:15:04	15:50:36.70	15:50:36.70	13:12	4.5
96	GWOŹDZIEWICZ TOMASZ	1113		BYTOM	POL	M40	41	M 78	00:49:38	01:33:50	04:34:52	07:34:35	11:06:39	14:19:55	15:51:33.05	15:51:33.05	13:12	4.5
97	WACHOWSKA KATARZYNA	1085	SMOK TRÓJGŁOWY	POZNAŃ	POL	K30	6	K 19	00:50:12	01:30:35	04:15:27	07:20:04	11:05:57	14:42:15	16:13:03.10	16:13:03.10	13:30	4.4

**SIEDEMDZIESIĄT Z HAKIEM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h
	ANKIEWICZ STEFAN	1002	BRACTWO BIEGOWE BGK	WARSZAWA	POL	M40			00:42:23 DNF	01:17:20 DNF	03:25:01 DNF	05:39:31 DNF	09:07:42 DNF	DNF	DNF	DNF	-	-
	WIKLIŃSKA IGA	1091		GRUDZIĄDZ	POL	K18			00:43:21 DNF	01:17:22 DNF	03:36:30 DNF	05:44:39 DNF	DNF	DNF	DNF	DNF	-	-
	HALINIAK MAREK	1020	NKB CHYŻY NOWY TOMYŚL	NOWY TOMYŚL	POL	M40			00:45:12 DNF	01:20:52 DNF	04:09:39 DNF	07:08:14 DNF	DNF	DNF	DNF	DNF	-	-
	ŁUCZKÓW ANDRZEJ	1047		DARŁOWO	POL	M50			00:51:41 DNF	01:33:35 DNF	04:23:11 DNF	07:20:12 DNF	DNF	DNF	DNF	DNF	-	-
	DOMINIAK MARCIN	1012		TARNAWA KROŚNIEŃSKA	POL	M50			00:44:43 DNF	01:22:11 DNF	03:52:02 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SADKOWSKI ARKADIUSZ	1073	ŁYSE PAŁY	ZIELONA GÓRA	POL	M30			00:47:37 DNF	01:26:34 DNF	03:58:05 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WOJCIECHOWICZ JACEK	1093	PASJA TEAM	KOSZALIN	POL	M40			00:39:41 DNF	01:11:14 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**SIEDEMDZIESIĄT Z HAKIEM, K-Open**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h
1	MIKEŠOVÁ JANA	1053	SALMING CZ	NOVÁ PAKA	CZE	K30	1	K 1	00:34:04	01:01:04	02:44:13	04:13:42	06:06:21	07:55:42	08:41:11.60	08:41:11.60	7:14	8.3
2	PYZIK EWA	1069	MATNER RUNNING TEAM	BIELANY WROCŁAWSKIE	POL	K40	1	K 2	00:41:57	01:14:43	03:25:57	05:20:06	07:42:48	09:56:45	10:56:32.30	10:56:32.30	9:07	6.6
3	DRAGANEK EWELINA	1013		WROCŁAW	POL	K40	2	K 3	00:42:03	01:14:45	03:27:01	05:25:30	07:56:01	10:07:41	11:06:35.95	11:06:35.95	9:15	6.5
4	KOPACZ KATARZYNA	1102		KATOWICE	GBR	K40	3	K 4	00:41:02	01:14:46	03:23:54	05:20:09	07:52:26	10:06:41	11:17:36.90	11:17:36.90	9:24	6.4
5	MAZUR ANNA	1051	ULTRANQA	GORZÓW WIELKOPOLSKI	POL	K40	4	K 5	00:41:57	01:14:57	03:29:01	05:26:57	08:03:41	10:19:17	11:18:39.85	11:18:39.85	9:25	6.4
6	GILEWICZ-RACHOWSKA JAGODA	1017	MAKSFLY	POZNAŃ	POL	K30	2	K 6	00:43:05	01:17:48	03:35:05	05:41:50	08:15:29	10:48:38	11:47:29.35	11:47:29.35	9:49	6.1
7	ABRAMOWICZ AGATA	1001		KRZEPTÓW	POL	K30	3	K 7	00:44:29	01:19:53	03:40:07	05:45:21	08:31:10	11:07:09	12:10:33.60	12:10:33.60	10:08	5.9
8	BRONOWSKA JUSTYNA	1006		BYSTRA	POL	K40	5	K 8	00:44:47	01:21:34	03:39:07	05:40:39	08:29:38	11:11:23	12:23:46.00	12:23:46.00	10:19	5.8
9	ZIELIŃSKA JUSTYNA	1099	KS.POSNANIA TRIATHLON	LUBOŃ	POL	K40	6	K 9	00:47:03	01:23:57	03:51:43	06:01:27	08:58:18	11:45:39	12:54:59.40	12:54:59.40	10:45	5.6
10	KWIECIŃSKA MAŁGORZATA	1041	BRAVEHEARTS LEGIONOWO	LEGIONOWO	POL	K30	4	K 10	00:50:34	01:35:03	04:04:15	06:13:47	09:07:36	11:55:15	13:01:56.55	13:01:56.55	10:51	5.5
11	LEBODA KATARZYNA	1042	WILD DOGS TEAM	KATOWICE	POL	K30	5	K 11	00:41:56	01:17:19	03:25:09	05:26:54	08:06:14	11:25:02	13:04:20.40	13:04:20.40	10:53	5.5
12	MICHALAK VIOLETTA	1052	LEŚNE SZEPTUCHY	WRONKI	POL	K50	1	K 12	00:45:47	01:21:04	03:54:29	06:18:19	09:32:48	12:35:13	13:44:03.25	13:44:03.25	11:26	5.2
13	BUDYCH-GÓRZNA MAGDALENA	1007		GOWARZEWO	POL	K40	7	K 13	00:44:42	01:20:40	03:50:55	06:11:42	09:28:38	12:35:41	13:47:54.65	13:47:54.65	11:29	5.2
14	PIWOŃSKA AGNIESZKA	1065		ŁÓDŹ	POL	K50	2	K 14	00:50:36	01:35:03	04:17:22		09:45:50	12:43:46	13:53:49.30	13:53:49.30	11:34	5.2
15	ORŁOWSKA BEATA	1061	BIEGOLAS KOSZALIN-KOŁOBRZEG	KOŁOBRZEG	POL	K50	3	K 15	00:45:46	01:24:53	04:00:14	06:27:04	09:49:50	12:44:11	13:59:53.60	13:59:53.60	11:39	5.1
16	STEFANIAK EMILIA	1078		GORZÓW WLKP	POL	K40	8	K 16	00:50:48	01:35:48	04:21:17	07:03:22		13:45:07	15:10:05.30	15:10:05.30	12:38	4.7
17	KŁÓSKA KATARZYNA	1032		PIECHOWICE	POL	K40	9	K 17	00:51:27	01:34:58	04:46:23	07:44:20	11:08:01	14:13:52	15:39:56.35	15:39:56.35	13:03	4.6
18	SZYMANKIEWICZ EDYTA	1082	CROSS STRACENÓW TEAM	GŁOGÓW	POL	K50	4	K 18	00:50:37	01:35:05	04:21:36	07:08:23	10:45:41	14:14:40	15:49:48.60	15:49:48.60	13:11	4.5
19	WACHOWSKA KATARZYNA	1085	SMOK TRÓJGŁOWY	POZNAŃ	POL	K30	6	K 19	00:50:12	01:30:35	04:15:27	07:20:04	11:05:57	14:42:15	16:13:03.10	16:13:03.10	13:30	4.4

**SIEDEMDZIESIĄT Z HAKIEM, K-Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h
	WIKLIŃSKA IGA	1091		GRUDZIĄDZ	POL	K18			00:43:21 DNF	01:17:22 DNF	03:36:30 DNF	05:44:39 DNF	DNF	DNF	DNF	DNF	-	-

**SIEDEMDZIESIĄT Z HAKIEM, M-Open**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h
1	OTRĘBA MACIEJ	1112		WROCŁAW	POL	M40	1	M 1	00:32:14	00:57:06	02:33:28	03:56:03	05:33:32	07:04:30	07:45:55.15	07:45:55.15	6:28	9.3
2	JAKIMIUK DANIEL	1023	AURORA RUNNING TEAM	SZKLARSKA PORĘBA	POL	M30	1	M 2	00:31:41	00:55:35	02:30:00	03:55:39	05:32:14	07:06:33	07:47:56.20	07:47:56.20	6:29	9.2
3	GÓRAK PRZEMYSŁAW	1018	BLACK HAT PRO	SOBÓTKA	POL	M40	2	M 3	00:31:41	00:56:15	02:33:43	03:55:44	05:39:51	07:15:45	08:00:13.70	08:00:13.70	6:40	9
4	KOPCEWICZ TOMASZ	1033		STAWIGUDA	POL	M40	3	M 4	00:33:24	00:59:24	02:39:31	04:03:51	05:59:39	07:50:04	08:39:54.80	08:39:54.80	7:13	8.3
5	MUCHACZOW JACEK	1056	TS REGLE SZKLARSKA POREBA	JEZÓW SUDECKI	POL	M40	4	M 5	00:35:29	01:03:10	02:44:39	04:12:02	06:07:23	07:57:55	08:51:43.00	08:51:43.00	7:23	8.1
6	KOSAL MACIEJ	1034	KTS JELENIA GÓRA	JELENIA GÓRA	POL	M40	4	M 5	00:35:28	01:03:10	02:44:34	04:11:54	06:07:17	07:57:46	08:51:43.00	08:51:43.00	7:23	8.1
7	WIŚNIEWSKI PAWEŁ	1092	ULTRAKOTLINA TEAM	JELENIA GÓRA	POL	M40	6	M 7	00:38:00	01:06:08	02:55:14	04:33:43	06:39:44	08:40:31	09:35:09.00	09:35:09.00	7:59	7.5
8	BIEGAŃSKI MARCIN	1005	TRIMP	WROCŁAW	POL	M30	2	M 8	00:36:31	01:04:24	02:49:05	04:19:35	06:24:53	08:28:54	09:35:12.85	09:35:12.85	7:59	7.5
9	PIETRZAK KONRAD	1063	AURORA RUNNING TEAM	SZKLARSKA POREBA	POL	M30	3	M 9	00:36:12	01:04:19	02:46:14	04:18:43	06:26:56	08:41:48	09:40:23.30	09:40:23.30	8:03	7.4
10	FISZER SEBASTIAN	1014	LESZ NO LIMITS RUNNERS	KRZEMIENIE WO	POL	M40	7	M 10	00:34:17	01:00:59	02:53:42	04:33:38	06:45:36	08:51:20	09:40:58.60	09:40:58.60	8:04	7.4
11	RINK JAN	1070		BOLKÓW	POL	M40	8	M 11	00:36:19	01:03:49	02:53:35	04:25:34	06:39:52	08:48:43	09:43:23.90	09:43:23.90	8:06	7.4
12	DAJEK ŁUKASZ	1010		ŻYRARDÓW	POL	M40	9	M 12	00:37:41	01:06:09	02:59:07	04:37:13	06:56:00	08:53:22	09:47:24.70	09:47:24.70	8:09	7.4
13	WOJNAROWICZ PAWEŁ	1094		WILKSZYŃ	POL	M30	4	M 13	00:37:25	01:05:52	02:59:12	04:41:02	06:56:29	08:56:04	09:48:15.15	09:48:15.15	8:10	7.3
14	MIKRUT REMIGIUSZ	1054	9TE WZGÓRZE CHEŁMNO	CHEŁMNO	POL	M40	10	M 14	00:38:53	01:11:48	03:05:45	04:49:42	06:58:39	09:00:09	09:58:09.55	09:58:09.55	8:18	7.2
15	LISIECKI TOMASZ	1111		LUBOŃ	POL	M40	11	M 15	00:39:52	01:08:55				09:08:04	10:06:40.45	10:06:40.45	8:25	7.1
16	KOZŁOWSKI WOJCIECH	1106		LISOWICE	POL	M50	1	M 16	00:44:37	01:21:04	03:58:59				10:11:33.20	10:11:33.20	8:29	7.1
17	CARUK DAMIAN	1009	PGN NIERUCHOMOŚCI	KAMIEN POMORSKI	POL	M40	12	M 17	00:37:12	01:05:52	03:06:39	04:52:24	07:11:06	09:16:25	10:14:52.50	10:14:52.50	8:32	7
18	KASZKOWIAK BOGUMIL	1031	WRONKI	WRONKI	POL	M40	13	M 18	00:43:42	01:17:59	03:25:20	05:12:37	07:35:25	09:38:50	10:26:12.55	10:26:12.55	8:41	6.9
19	PALIWODA SŁAWEK	1062	ITPROJEKT BYDGOSZCZ	BYDGOSZCZ	POL	M30	5	M 19	00:36:22	01:04:46	03:04:32	04:45:27	07:00:04	09:21:32	10:30:03.00	10:30:03.00	8:45	6.9
20	BUKOWIŃSKI DAMIAN	1008	TRAIL IS OUR WAY	WROCŁAW	POL	M40	14	M 20	00:40:25	01:16:39	03:21:48	05:13:34	07:32:50	09:43:58	10:37:29.25	10:37:29.25	8:51	6.8
21	KANIA MARCIN	1030	#TEAMKOSTERA	GLIWICE	POL	M18	1	M 21	00:40:52	01:12:56	03:12:51	04:59:42	07:20:44	09:43:21	10:44:45.10	10:44:45.10	8:57	6.7
22	ZBOROWSKI MARCIN	1098	ULTRA DIABŁY TEAM LUBRZA	ŁĄGÓW	POL	M30	6	M 22	00:43:31	01:15:12	03:24:23	05:13:40	07:34:20	09:50:30	10:47:29.40	10:47:29.40	8:59	6.7
23	WĘGLEWICZ MACIEJ	1089	BIEGOLAS KOSZALIN	KOSZALIN	POL	M30	7	M 23	00:39:37	01:11:14	03:12:01	04:59:51	07:23:10	09:49:15	10:48:21.40	10:48:21.40	9:00	6.7
24	STERNIK TOMASZ	1079	PASJA TEAM	BIAŁOGARD	POL	M40	15	M 24	00:39:38	01:11:15	03:11:54	04:59:39	07:23:06	09:49:15	10:48:21.70	10:48:21.70	9:00	6.7
25	MAJEWSKI MICHAŁ	1048	SPIN FORCE RUNNERS	SWARZĘDZ	POL	M40	16	M 25	00:37:47	01:06:10	03:07:32	04:58:14	07:26:18	09:53:07	11:02:40.15	11:02:40.15	9:12	6.5
26	KACZMARCZYK PIOTR	1029	SOLPARK KLESZCZÓW	ŁĘKIŃSKO	POL	M40	17	M 26	00:41:55	01:14:50	03:24:01	05:12:41	07:49:18	10:04:15	11:03:37.70	11:03:37.70	9:13	6.5
27	WICZKOWSKI KONRAD	1090		GORZÓW WIELKOPOLS KI	POL	M30	8	M 27	00:37:36	01:07:55	03:12:30	05:24:11	07:40:34	10:12:53	11:07:42.80	11:07:42.80	9:16	6.5
28	LEWANDOWSKI BARTŁOMIEJ	1044	MMUU	SZCZECIN	POL	M40	18	M 28	00:41:17	01:11:05	03:16:12	05:09:57	07:40:44	10:07:53	11:12:26.55	11:12:26.55	9:20	6.4
29	JĘDZURA DANIEL	1027		GLIWICE	POL	M40	19	M 29	00:39:16	01:09:45	03:13:13	05:10:05	07:41:05	10:06:56	11:17:42.15	11:17:42.15	9:24	6.4
30	SADOWSKI KRZYSZTOF	1074		JANOWICE WIELKIE	POL	M18	2	M 30	00:39:15	01:07:45	03:06:26	04:53:40	07:45:26	10:18:49	11:28:15.60	11:28:15.60	9:33	6.3
31	LIPOWICZ ŁUKASZ	1045		SZCZYTNIKI	POL	M40	20	M 31	00:41:46	01:11:33	03:21:56	05:20:50	07:53:05	10:24:36	11:33:09.65	11:33:09.65	9:37	6.2
32	POCHROŃ MARCIN	1067		WROCŁAW	POL	M30	9	M 32	00:47:00	01:19:00	03:35:01	05:43:31	08:16:15	10:48:50	11:42:02.35	11:42:02.35	9:45	6.2

## SIEDEMDZIESIĄT Z HAKIEM, M-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h
33	GAŚZCZAK MARIUSZ	1016		KĘPNO	POL	M40	21	M 33	00:41:18	01:14:53	03:26:47	05:29:05	08:06:53	10:37:53	11:44:06.10	11:44:06.10	9:46	6.1
34	TOPA MATEUSZ	1108		SIEDLCE	POL	M30	10	M 34	00:37:46	01:06:24	03:15:17	05:13:07	07:52:20	10:48:32	11:46:47.85	11:46:47.85	9:48	6.1
35	BEDNARZ KRZYSZTOF	1104	TS REGLE	JELEŃ GÓRA	POL	M40	22	M 35	00:37:41	01:06:32	03:19:36	05:16:10	08:06:05	10:47:09	11:50:06.10	11:50:06.10	9:51	6.1
36	JANKOWSKI KRZYSZTOF	1024		WROCŁAW	POL	M30	11	M 36	00:41:31	01:14:49	03:20:24	05:23:20	08:03:16	10:45:55	11:51:36.15	11:51:36.15	9:53	6.1
37	WALUŚKIEWICZ ARTUR	1087	SOLA FIDE	WROCŁAW	POL	M50	2	M 37	00:43:57	01:19:18	03:37:25	05:39:15	08:16:41	10:55:12	11:57:26.15	11:57:26.15	9:57	6
38	KOWALSKI ANDRZEJ	1035		WROCŁAW	POL	M60	1	M 38	00:45:53	01:21:27	03:39:11	05:45:06	08:29:34	10:58:13	12:02:43.75	12:02:43.75	10:02	6
39	ANTKIEWICZ KAMIL	1103		KOZIEGŁOWY	POL	M30	12	M 39	00:43:41	01:19:31	03:30:16	05:34:17	08:18:46	10:57:04	12:05:56.75	12:05:56.75	10:04	6
40	WAWRZUSIAK DAWID	1088		BRZĄCZOWI CE	POL	M40	23	M 40	00:46:47	01:23:44	03:37:53	05:41:24	08:19:31	11:07:15	12:05:58.35	12:05:58.35	10:04	6
41	BIAŁEK MIROSLAW	1004	WRONIECKI KLUB BIEGACZA	WRONKI	POL	M40	24	M 41	00:44:42	01:18:43	03:34:53	05:40:16	08:27:28	11:06:31	12:13:20.90	12:13:20.90	10:11	5.9
42	NOWICKI ZBIGNIEW	1059		GAŁKÓW MAŁY	POL	M50	3	M 42	00:47:00	01:22:26	03:48:35	06:06:47	08:50:23	11:17:53	12:14:35.50	12:14:35.50	10:12	5.9
43	SZERMENT ERYK	1081	BBL GORZÓW WIELKOPOLSKI	GORZÓW WIELKOPOLSKI	POL	M40	25	M 43	00:47:39	01:23:53	03:51:10	05:57:16	08:50:21	11:15:38	12:18:55.95	12:18:55.95	10:15	5.8
44	MARCINIAK RAFAŁ	1050	8A.PL	GLIWICE	POL	M30	13	M 44	00:46:39	01:25:20	03:54:39	05:57:11	08:31:12	11:17:08	12:20:29.20	12:20:29.20	10:17	5.8
45	GRODZKI TOMASZ	1019	ULTRASSCYZOR	DARŁOWO	POL	M50	4	M 45	00:47:42	01:24:35	03:37:56	05:41:20	08:27:32	11:16:12	12:23:55.30	12:23:55.30	10:19	5.8
46	PRUSIEWICZ BARTOSZ	1068	SPACEPRINT.PL	ŚWIDNICA	POL	M30	14	M 46	00:44:48	01:19:23	03:38:09	05:44:24	08:31:17	11:15:21	12:25:49.10	12:25:49.10	10:21	5.8
47	HANISZEWSKI MATEUSZ	1021		WROCŁAW	POL	M30	15	M 47	00:41:17	01:11:57	03:25:13	05:31:24	08:34:39	11:26:35	12:28:49.20	12:28:49.20	10:24	5.8
48	KOZIOŁ KRZYSZTOF	1037		SZCZECIN	POL	M40	26	M 48	00:44:09	01:19:57	03:41:59	05:49:40	08:32:44	11:18:00	12:29:29.90	12:29:29.90	10:24	5.8
49	JUROSZEK JÓZEF	1028		PAWŁOWICE	POL	M40	27	M 49	00:47:37	01:28:34	03:44:12	05:50:20	08:43:06	11:24:27	12:38:00.80	12:38:00.80	10:31	5.7
50	PIOTROWICZ MICHAŁ	1064	ORTHOS TEAM	IWINY	POL	M30	16	M 50	00:45:04	01:21:07	03:32:48	05:34:14	08:29:41	11:32:38	12:50:35.75	12:50:35.75	10:42	5.6
51	ZMELONEK PIOTR	1101	TOWARZYSTWO WISŁA DLA WARSZAWY	WARSZAWA	POL	M50	5	M 51	00:48:53	01:28:28	03:42:33	05:50:24	08:48:09	11:40:02	12:50:40.30	12:50:40.30	10:42	5.6
52	IWASZCZYSZYN TOMASZ	1022	RMT TEAM & PRZYJACIELE / RATEMYTRAIL.CO M	WROCŁAW	POL	M30	17	M 52	00:42:56	01:19:57	03:35:19	05:39:28	08:29:44	11:37:39	12:56:36.10	12:56:36.10	10:47	5.6
53	MUCHA ARTUR	1107	ENERGY MARKETS	STARE OBORZYSKA	POL	M30	18	M 53	00:44:39	01:22:04	03:48:30	05:59:44	08:53:05	11:55:35	13:03:10.10	13:03:10.10	10:52	5.5
54	WALCZAK ŁUKASZ	1086	BYLE DO PRZODUQ	KONIN	POL	M30	19	M 54	00:48:46	01:25:18	03:57:27		09:24:07	12:01:46	13:13:19.80	13:13:19.80	11:01	5.4
55	PINCZEWSKI PATRIK	1109		ŁUSZCZANÓ W	POL	M50	6	M 55	00:50:57	01:33:15	04:04:11	06:32:02	09:21:26	12:17:08	13:19:07.85	13:19:07.85	11:05	5.4
56	SIKORSKI DARIUSZ	1076	INSERT TEAM	DZIERŻONIÓ W	POL	M40	28	M 56	00:44:44	01:19:55	03:35:32	05:45:17	08:41:29	11:59:05	13:24:47.35	13:24:47.35	11:10	5.4
57	MANEL MARIUSZ	1049	DRUŻYNA SZPIKU	ŚREM	POL	M50	7	M 57	00:46:15	01:23:39	03:48:38	06:06:50	09:11:52	12:15:02	13:30:31.50	13:30:31.50	11:15	5.3
58	RYCERSKI RAFAŁ	1071	GRZĄDZIEL TEAM	CZAPLINEK	POL	M40	29	M 58	00:41:34	01:15:43	03:35:11	05:54:37	09:12:38	12:27:26	13:38:18.60	13:38:18.60	11:21	5.3
59	LEWANDOWSKI RAFAŁ	1043	SPC	TORUŃ	POL	M40	30	M 59	00:44:45	01:18:08	03:41:40	06:01:38	09:00:00	12:11:07	13:40:22.00	13:40:22.00	11:23	5.3
60	GARSTKA ZBIGNIEW	1015	LEŚNE DZIADY TEAM	WRONKI	POL	M40	31	M 60	00:45:47	01:21:04	03:54:35	06:18:15	09:32:45	12:35:13	13:44:03.25	13:44:03.25	11:26	5.2
61	KRUZEL RAFAŁ	1039	BIEGOWE MISIE	LEGNICA	POL	M50	8	M 61	00:49:40	01:30:59	04:15:00	06:40:38	09:41:06	12:34:08	13:47:54.80	13:47:54.80	11:29	5.2
62	PIWOWARSKI PAWEŁ	1066	VULCAN JAWOR	JAWOR	POL	M50	9	M 62	00:47:38	01:28:35	04:09:28	06:25:10	09:24:01	12:35:40	13:47:54.90	13:47:54.90	11:29	5.2
63	JASKÓLSKI JAN	1026		TARNOWO PODGÓRNE	POL	M40	32	M 63	00:49:41	01:37:23	04:00:20	06:35:04	09:52:44	12:55:47	13:58:21.20	13:58:21.20	11:38	5.2
64	KROCZYŃSKI SŁAWOMIR	1038	BIEGOLAS KOSZALIN-KOŁOB RZEG	KOŁOBRZEG	POL	M60	2	M 64	00:45:45	01:24:57	04:00:18	06:26:35	09:49:46	12:44:11	13:59:53.75	13:59:53.75	11:39	5.1
65	SZARANIEC SEBASTIAN	1080	AW - SZYBCIEJ - TEAM / MCBIEGACZE	WARSZAWA	POL	M40	33	M 65	00:44:42	01:20:06	03:40:13	05:59:54	09:16:56	12:38:49	14:01:03.60	14:01:03.60	11:40	5.1
66	ZIÓŁEK RAFAŁ	1100		POZNAŃ	POL	M30	20	M 66	00:42:18	01:15:53	03:32:54	05:50:30	09:28:43	12:38:51	14:01:04.95	14:01:04.95	11:40	5.1
67	WAJDA MACIEJ	1110	SPELEOCLUB WROCŁAW	WROCŁAW	POL	M40	34	M 67	00:53:16	01:31:51	04:02:55	06:30:47	09:44:49	12:51:11	14:15:57.20	14:15:57.20	11:53	5

**SIEDEMDZIESIĄT Z HAKIEM, M-Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h
68	WÓJCIK ŁUKASZ	1096		WARSZAWA	POL	M40	35	M 68	00:48:54	01:28:31	03:52:21	06:11:17	09:35:51	12:53:55	14:17:03.15	14:17:03.15	11:54	5
69	ŁATWIŃSKI MATEUSZ	1046	KAMIL LEŚNIAK TEAM	PIETRZYKOW ICE	POL	M18	3	M 69	00:44:38	01:19:38	03:44:22	06:03:06	09:24:04	12:59:23	14:33:18.15	14:33:18.15	12:07	4.9
70	JANKOWSKI ADAM	1025	ULTRAWAY.PL RUNNING TEAM	ZALASEWO	POL	M30	21	M 70	00:47:34	01:27:29	04:04:01	06:41:22	10:19:05	13:21:38	14:36:16.00	14:36:16.00	12:10	4.9
71	WREMBEL PRZEMYSŁAW	1097		NOWA WIEŚ	POL	M40	36	M 71	00:46:31	01:25:24	04:09:35	06:40:40	10:09:48	13:34:48	15:01:44.20	15:01:44.20	12:31	4.8
72	NOWAKOWSKI MIROŚLAW	1058		WIELEŃ	POL	M50	10	M 72	00:49:58	01:29:11	04:09:23	06:44:58	10:11:14	13:34:53	15:02:15.95	15:02:15.95	12:31	4.8
73	MITASZEWSKI PRZEMYSŁAW	1055	VULCAN JAWOR	MĘCINKA	POL	M40	37	M 73	00:47:38	01:28:35	04:09:32	06:44:47	10:11:53	13:35:17	15:02:16.00	15:02:16.00	12:31	4.8
74	ŚLUSAREK GRZEGORZ	1083	PONADWSZYTKO	GOŁUSKI	POL	M40	38	M 74	00:50:02	01:30:38	04:04:57	06:41:12	10:19:33	13:45:12	15:10:05.80	15:10:05.80	12:38	4.7
75	KOZIEŁ TADEUSZ	1036	SZCZĘŚCIARZ BIEGA	RZESZÓW	POL	M30	22	M 75	00:50:35	01:35:04	04:17:19	06:44:21	09:55:26	13:24:02	15:17:15.75	15:17:15.75	12:44	4.7
76	SKRZYPCZAK RAFAL	1077		TARNOWO PODGÓRNE	POL	M40	39	M 76	00:49:41	01:37:22		06:55:49		13:54:40	15:27:10.40	15:27:10.40	12:52	4.7
77	WOLNIEWICZ MARCIN	1095		ROKIETNICA	POL	M40	40	M 77	00:47:15	01:25:25	04:04:21	06:40:05	10:15:23	14:15:04	15:50:36.70	15:50:36.70	13:12	4.5
78	GWOŹDZIEWICZ TOMASZ	1113		BYTOM	POL	M40	41	M 78	00:49:38	01:33:50	04:34:52	07:34:35	11:06:39	14:19:55	15:51:33.05	15:51:33.05	13:12	4.5
	ANKIEWICZ STEFAN	1002	BRACHTWO BIEGOWE BGK	WARSZAWA	POL	M40			00:42:23	01:17:20	03:25:01	05:39:31	09:07:42	DNF	DNF	DNF	-	-
	HALINIAK MAREK	1020	NKB CHYŻY NOWY TOMYŚL	NOWY TOMYŚL	POL	M40			00:45:12	01:20:52	04:09:39	07:08:14	DNF	DNF	DNF	DNF	-	-
	ŁUCZKÓW ANDRZEJ	1047		DARŁOWO	POL	M50			00:51:41	01:33:35	04:23:11	07:20:12	DNF	DNF	DNF	DNF	-	-
	DOMINIAK MARCIN	1012		TARNAWA KROŚNIEŃSKA	POL	M50			00:44:43	01:22:11	03:52:02	DNF	DNF	DNF	DNF	DNF	-	-
	SADKOWSKI ARKADIUSZ	1073	ŁYSE PAŁY	ZIELONA GORA	POL	M30			00:47:37	01:26:34	03:58:05	DNF	DNF	DNF	DNF	DNF	-	-
	WOJCIECHOWICZ JACEK	1093	PASJA TEAM	KOSZALIN	POL	M40			00:39:41	01:11:14	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**SIEDEMDZIESIĄT Z HAKIEM, K18**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h
	WIKLIŃSKA IGA	1091		GRUDZIĄDZ	POL	K18			00:43:21	01:17:22	03:36:30	05:44:39	DNF	DNF	DNF	DNF	-	-

**SIEDEMDZIESIĄT Z HAKIEM, M18**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h
1	KANIA MARCIN	1030	#TEAMKOSTERA	GLIWICE	POL	M18	1	M 21	00:40:52	01:12:56	03:12:51	04:59:42	07:20:44	09:43:21	10:44:45.10	10:44:45.10	8:57	6.7
2	SADOWSKI KRZYSZTOF	1074		JANOWICE WIELKIE	POL	M18	2	M 30	00:39:15	01:07:45	03:06:26	04:53:40	07:45:26	10:18:49	11:28:15.60	11:28:15.60	9:33	6.3
3	ŁATWIŃSKI MATEUSZ	1046	KAMIL LEŚNIAK TEAM	PIETRZYKOW ICE	POL	M18	3	M 69	00:44:38	01:19:38	03:44:22	06:03:06	09:24:04	12:59:23	14:33:18.15	14:33:18.15	12:07	4.9

**SIEDEMDZIESIĄT Z HAKIEM, K30**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h
1	MIKEŠOVÁ JANA	1053	SALMING CZ	NOVÁ PAKA	CZE	K30	1	K 1	00:34:04	01:01:04	02:44:13	04:13:42	06:06:21	07:55:42	08:41:11.60	08:41:11.60	7:14	8.3
2	GILEWICZ-RACHOWSKA JAGODA	1017	MAKSFLY	POZNAŃ	POL	K30	2	K 6	00:43:05	01:17:48	03:35:05	05:41:50	08:15:29	10:48:38	11:47:29.35	11:47:29.35	9:49	6.1
3	ABRAMOWICZ AGATA	1001		KRZEPTÓW	POL	K30	3	K 7	00:44:29	01:19:53	03:40:07	05:45:21	08:31:10	11:07:09	12:10:33.60	12:10:33.60	10:08	5.9

**SIEDEMDZIESIĄT Z HAKIEM, K30 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h
4	KWIECIŃSKA MAŁGORZATA	1041	BRAVEHEARTS LEGIONOWO	LEGIONOWO	POL	K30	4	K 10	00:50:34	01:35:03	04:04:15	06:13:47	09:07:36	11:55:15	13:01:56.55	13:01:56.55	10:51	5.5
5	LEBODA KATARZYNA	1042	WILD DOGS TEAM	KATOWICE	POL	K30	5	K 11	00:41:56	01:17:19	03:25:09	05:26:54	08:06:14	11:25:02	13:04:20.40	13:04:20.40	10:53	5.5
6	WACHOWSKA KATARZYNA	1085	SMOK TRÓJGŁOWY	POZNAŃ	POL	K30	6	K 19	00:50:12	01:30:35	04:15:27	07:20:04	11:05:57	14:42:15	16:13:03.10	16:13:03.10	13:30	4.4

**SIEDEMDZIESIĄT Z HAKIEM, M30**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h
1	JAKIMIUK DANIEL	1023	AURORA RUNNING TEAM	SZKLARSKA POREBA	POL	M30	1	M 2	00:31:41	00:55:35	02:30:00	03:55:39	05:32:14	07:06:33	07:47:56.20	07:47:56.20	6:29	9.2
2	BIEGAŃSKI MARCIN	1005	TRIMP	WROCŁAW	POL	M30	2	M 8	00:36:31	01:04:24	02:49:05	04:19:35	06:24:53	08:28:54	09:35:12.85	09:35:12.85	7:59	7.5
3	PIETRZAK KONRAD	1063	AURORA RUNNING TEAM	SZKLARSKA POREBA	POL	M30	3	M 9	00:36:12	01:04:19	02:46:14	04:18:43	06:26:56	08:41:48	09:40:23.30	09:40:23.30	8:03	7.4
4	WOJNAROWICZ PAWEŁ	1094		WILKSZYCN	POL	M30	4	M 13	00:37:25	01:05:52	02:59:12	04:41:02	06:56:29	08:56:04	09:48:15.15	09:48:15.15	8:10	7.3
5	PALIWODA SŁAWEK	1062	ITPROJEKT BYDGOSZCZ	BYDGOSZCZ	POL	M30	5	M 19	00:36:22	01:04:46	03:04:32	04:45:27	07:00:04	09:21:32	10:30:03.00	10:30:03.00	8:45	6.9
6	ZBOROWSKI MARCIN	1098	ULTRA DIABŁY TEAM LUBRZA	ŁAGÓW	POL	M30	6	M 22	00:43:31	01:15:12	03:24:23	05:13:40	07:34:20	09:50:30	10:47:29.40	10:47:29.40	8:59	6.7
7	WĘGLEWICZ MACIEJ	1089	BIEGOLAS KOSZALIN	KOSZALIN	POL	M30	7	M 23	00:39:37	01:11:14	03:12:01	04:59:51	07:23:10	09:49:15	10:48:21.40	10:48:21.40	9:00	6.7
8	WICKOWSKI KONRAD	1090		GORZÓW WIELKOPOLS KI	POL	M30	8	M 27	00:37:36	01:07:55	03:12:30	05:24:11	07:40:34	10:12:53	11:07:42.80	11:07:42.80	9:16	6.5
9	POCHROŃ MARCIN	1067		WROCŁAW	POL	M30	9	M 32	00:47:00	01:19:00	03:35:01	05:43:31	08:16:15	10:48:50	11:42:02.35	11:42:02.35	9:45	6.2
10	TOPA MATEUSZ	1108		SIEDLCE	POL	M30	10	M 34	00:37:46	01:06:24	03:15:17	05:13:07	07:52:20	10:48:32	11:46:47.85	11:46:47.85	9:48	6.1
11	JANKOWSKI KRZYSZTOF	1024		WROCŁAW	POL	M30	11	M 36	00:41:31	01:14:49	03:20:24	05:23:20	08:03:16	10:45:55	11:51:36.15	11:51:36.15	9:53	6.1
12	ANTKIEWICZ KAMIL	1103		KOZIEGŁOWY	POL	M30	12	M 39	00:43:41	01:19:31	03:30:16	05:34:17	08:18:46	10:57:04	12:05:56.75	12:05:56.75	10:04	6
13	MARCINIAK RAFAŁ	1050	8A.PL	GLIWICE	POL	M30	13	M 44	00:46:39	01:25:20	03:54:39	05:57:11	08:31:12	11:17:08	12:20:29.20	12:20:29.20	10:17	5.8
14	PRUSIEWICZ BARTOSZ	1068	SPACEPRINT.PL	ŚWIDNICA	POL	M30	14	M 46	00:44:48	01:19:23	03:38:09	05:44:24	08:31:17	11:15:21	12:25:49.10	12:25:49.10	10:21	5.8
15	HANISZEWSKI MATEUSZ	1021		WROCŁAW	POL	M30	15	M 47	00:41:17	01:11:57	03:25:13	05:31:24	08:34:39	11:26:35	12:28:49.20	12:28:49.20	10:24	5.8
16	PIOTROWICZ MICHAŁ	1064	ORTHOS TEAM	IWINY	POL	M30	16	M 50	00:45:04	01:21:07	03:32:48	05:34:14	08:29:41	11:32:38	12:50:35.75	12:50:35.75	10:42	5.6
17	IWASZCZYŹYŹN TOMASZ	1022	RMT TEAM & PRZYJACIELE / RATEMYTRAIL.CO M	WROCŁAW	POL	M30	17	M 52	00:42:56	01:19:57	03:35:19	05:39:28	08:29:44	11:37:39	12:56:36.10	12:56:36.10	10:47	5.6
18	MUCHA ARTUR	1107	ENERGY MARKETS	STARE OBORZYSKA	POL	M30	18	M 53	00:44:39	01:22:04	03:48:30	05:59:44	08:53:05	11:55:35	13:03:10.10	13:03:10.10	10:52	5.5
19	WALCZAK ŁUKASZ	1086	BYLE DO PRZODUQ	KONIN	POL	M30	19	M 54	00:48:46	01:25:18	03:57:27		09:24:07	12:01:46	13:13:19.80	13:13:19.80	11:01	5.4
20	ZIÓLEK RAFAŁ	1100		POZNAŃ	POL	M30	20	M 66	00:42:18	01:15:53	03:32:54	05:50:30	09:28:43	12:38:51	14:01:04.95	14:01:04.95	11:40	5.1
21	JANKOWSKI ADAM	1025	ULTRAWAY.PL RUNNING TEAM	ZALASEWO	POL	M30	21	M 70	00:47:34	01:27:29	04:04:01	06:41:22	10:19:05	13:21:38	14:36:16.00	14:36:16.00	12:10	4.9
22	KOZIEŁ TADEUSZ	1036	SZCZĘŚCIARZ BIEGA	RZESZÓW	POL	M30	22	M 75	00:50:35	01:35:04	04:17:19	06:44:21	09:55:26	13:24:02	15:17:15.75	15:17:15.75	12:44	4.7
	SADKOWSKI ARKADIUSZ	1073	ŁYSE PAŁY	ZIELONA GORA	POL	M30			00:47:37 DNF	01:26:34 DNF	03:58:05 DNF	DNF	DNF	DNF	DNF	DNF	-	-

**SIEDEMDZIESIĄT Z HAKIEM, K40**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h
1	PYZIK EWA	1069	MATNER RUNNING TEAM	BIELANY WROCŁAWSK IE	POL	K40	1	K 2	00:41:57	01:14:43	03:25:57	05:20:06	07:42:48	09:56:45	10:56:32.30	10:56:32.30	9:07	6.6



**SIEDEMDZIESIĄT Z HAKIEM, K40 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h
2	DRAGANEK EWELINA	1013		WROCŁAW	POL	K40	2	K 3	00:42:03	01:14:45	03:27:01	05:25:30	07:56:01	10:07:41	11:06:35.95	11:06:35.95	9:15	6.5
3	KOPACZ KATARZYNA	1102		KATOWICE	GBR	K40	3	K 4	00:41:02	01:14:46	03:23:54	05:20:09	07:52:26	10:06:41	11:17:36.90	11:17:36.90	9:24	6.4
4	MAZUR ANNA	1051	ULTRANQA	GORZÓW WIELKOPOLS KI	POL	K40	4	K 5	00:41:57	01:14:57	03:29:01	05:26:57	08:03:41	10:19:17	11:18:39.85	11:18:39.85	9:25	6.4
5	BRONOWSKA JUSTYNA	1006		BYSTRA	POL	K40	5	K 8	00:44:47	01:21:34	03:39:07	05:40:39	08:29:38	11:11:23	12:23:46.00	12:23:46.00	10:19	5.8
6	ZIELIŃSKA JUSTYNA	1099	KS.POSNANIA TRIATHLON	LUBOŃ	POL	K40	6	K 9	00:47:03	01:23:57	03:51:43	06:01:27	08:58:18	11:45:39	12:54:59.40	12:54:59.40	10:45	5.6
7	BUDYCH-GÓRZNA MAGDALENA	1007		GOWARZEWO	POL	K40	7	K 13	00:44:42	01:20:40	03:50:55	06:11:42	09:28:38	12:35:41	13:47:54.65	13:47:54.65	11:29	5.2
8	STEFANIAK EMILIA	1078		GORZÓW WLKP	POL	K40	8	K 16	00:50:48	01:35:48	04:21:17	07:03:22		13:45:07	15:10:05.30	15:10:05.30	12:38	4.7
9	KLÓSKA KATARZYNA	1032		PIECHOWICE	POL	K40	9	K 17	00:51:27	01:34:58	04:46:23	07:44:20	11:08:01	14:13:52	15:39:56.35	15:39:56.35	13:03	4.6

**SIEDEMDZIESIĄT Z HAKIEM, M40**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h
1	OTRĘBA MACIEJ	1112		WROCŁAW	POL	M40	1	M 1	00:32:14	00:57:06	02:33:28	03:56:03	05:33:32	07:04:30	07:45:55.15	07:45:55.15	6:28	9.3
2	GÓRAK PRZEMYSŁAW	1018	BLACK HAT PRO	SOBÓTKA	POL	M40	2	M 3	00:31:41	00:56:15	02:33:43	03:55:44	05:39:51	07:15:45	08:00:13.70	08:00:13.70	6:40	9
3	KOPCEWICZ TOMASZ	1033		STAWIGUDA	POL	M40	3	M 4	00:33:24	00:59:24	02:39:31	04:03:51	05:59:39	07:50:04	08:39:54.80	08:39:54.80	7:13	8.3
4	MUCHACZOW JACEK	1056	TS REGLE SZKLARSKA POREBA	JEZÓW SUDECKI	POL	M40	4	M 5	00:35:29	01:03:10	02:44:39	04:12:02	06:07:23	07:57:55	08:51:43.00	08:51:43.00	7:23	8.1
5	KOSAL MACIEJ	1034	KTS JELENIA GÓRA	JELENIA GÓRA	POL	M40	4	M 5	00:35:28	01:03:10	02:44:34	04:11:54	06:07:17	07:57:46	08:51:43.00	08:51:43.00	7:23	8.1
6	WIŚNIEWSKI PAWEŁ	1092	ULTRAKOTLINA TEAM	JELENIA GÓRA	POL	M40	6	M 7	00:38:00	01:06:08	02:55:14	04:33:43	06:39:44	08:40:31	09:35:09.00	09:35:09.00	7:59	7.5
7	FISZER SEBASTIAN	1014	LESZ NO LIMITS RUNNERS	KRZEMIEŃ WO	POL	M40	7	M 10	00:34:17	01:00:59	02:53:42	04:33:38	06:45:36	08:51:20	09:40:58.60	09:40:58.60	8:04	7.4
8	RINK JAN	1070		BOLKÓW	POL	M40	8	M 11	00:36:19	01:03:49	02:53:35	04:25:34	06:39:52	08:48:43	09:43:23.90	09:43:23.90	8:06	7.4
9	DAJEK ŁUKASZ	1010		ŻYRARDÓW	POL	M40	9	M 12	00:37:41	01:06:09	02:59:07	04:37:13	06:56:00	08:53:22	09:47:24.70	09:47:24.70	8:09	7.4
10	MIKRUT REMIGIUSZ	1054	9TE WZGÓRZE CHEŁMNO	CHEŁMNO	POL	M40	10	M 14	00:38:53	01:11:48	03:05:45	04:49:42	06:58:39	09:00:09	09:58:09.55	09:58:09.55	8:18	7.2
11	LISIECKI TOMASZ	1111		LUBOŃ	POL	M40	11	M 15	00:39:52	01:08:55				09:08:04	10:06:40.45	10:06:40.45	8:25	7.1
12	CARUK DAMIAN	1009	PGN NIERUCHOMOŚCI	KAMIEŃ POMORSKI	POL	M40	12	M 17	00:37:12	01:05:52	03:06:39	04:52:24	07:11:06	09:16:25	10:14:52.50	10:14:52.50	8:32	7
13	KASZKOWIAK BOGUMIL	1031	WRONKI	WRONKI	POL	M40	13	M 18	00:43:42	01:17:59	03:25:20	05:12:37	07:35:25	09:38:50	10:26:12.55	10:26:12.55	8:41	6.9
14	BUKOWIŃSKI DAMIAN	1008	TRAIL IS OUR WAY	WROCŁAW	POL	M40	14	M 20	00:40:25	01:16:39	03:21:48	05:13:34	07:32:50	09:43:58	10:37:29.25	10:37:29.25	8:51	6.8
15	STERNIK TOMASZ	1079	PASJA TEAM	BIAŁOGARD	POL	M40	15	M 24	00:39:38	01:11:15	03:11:54	04:59:39	07:23:06	09:49:15	10:48:21.70	10:48:21.70	9:00	6.7
16	MAJEWSKI MICHAŁ	1048	SPIN FORCE RUNNERS	SWARZĘDZ	POL	M40	16	M 25	00:37:47	01:06:10	03:07:32	04:58:14	07:26:18	09:53:07	11:02:40.15	11:02:40.15	9:12	6.5
17	KACZMARCZYK PIOTR	1029	SOLPARK KLESZCZÓW	ŁĘKIŃSKO	POL	M40	17	M 26	00:41:55	01:14:50	03:24:01	05:12:41	07:49:18	10:04:15	11:03:37.70	11:03:37.70	9:13	6.5
18	LEWANDOWSKI BARTŁOMIEJ	1044	MMUU	SZCZECIN	POL	M40	18	M 28	00:41:17	01:11:05	03:16:12	05:09:57	07:40:44	10:07:53	11:12:26.55	11:12:26.55	9:20	6.4
19	JĘDZURA DANIEL	1027		GLIWICE	POL	M40	19	M 29	00:39:16	01:09:45	03:13:13	05:10:05	07:41:05	10:06:56	11:17:42.15	11:17:42.15	9:24	6.4
20	LIPOWICZ ŁUKASZ	1045		SZCZYTNIKI	POL	M40	20	M 31	00:41:46	01:11:33	03:21:56	05:20:50	07:53:05	10:24:36	11:33:09.65	11:33:09.65	9:37	6.2
21	GAŚCZCZAK MARIUSZ	1016		KĘPNO	POL	M40	21	M 33	00:41:18	01:14:53	03:26:47	05:29:05	08:06:53	10:37:53	11:44:06.10	11:44:06.10	9:46	6.1
22	BEDNARZ KRZYSZTOF	1104	TS REGLE	JELENIA GÓRA	POL	M40	22	M 35	00:37:41	01:06:32	03:19:36	05:16:10	08:06:05	10:47:09	11:50:06.10	11:50:06.10	9:51	6.1
23	WAWRZUSIAK DAWID	1088		BRZĄCZOWICE	POL	M40	23	M 40	00:46:47	01:23:44	03:37:53	05:41:24	08:19:31	11:07:15	12:05:58.35	12:05:58.35	10:04	6
24	BIAŁEK MIROSLAW	1004	WRONIECKI KLUB BIEGACZA	WRONKI	POL	M40	24	M 41	00:44:42	01:18:43	03:34:53	05:40:16	08:27:28	11:06:31	12:13:20.90	12:13:20.90	10:11	5.9
25	SZERMENT ERYK	1081	BBL GORZÓW WIELKOPOLSKI	GORZÓW WIELKOPOLS KI	POL	M40	25	M 43	00:47:39	01:23:53	03:51:10	05:57:16	08:50:21	11:15:38	12:18:55.95	12:18:55.95	10:15	5.8

## SIEDEMDZIESIĄT Z HAKIEM, M40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h	
26	KOZIOŁ KRZYSZTOF	1037		SZCZECIN	POL	M40	26	M 48	00:44:09	01:19:57	03:41:59	05:49:40	08:32:44	11:18:00	12:29:29.90	12:29:29.90	10:24	5.8	
27	JUROSZEK JÓZEF	1028		PAWŁOWICE	POL	M40	27	M 49	00:47:37	01:28:34	03:44:12	05:50:20	08:43:06	11:24:27	12:38:00.80	12:38:00.80	10:31	5.7	
28	SIKORSKI DARIUSZ	1076	INSERT TEAM	DZIERŻONIÓW	POL	M40	28	M 56	00:44:44	01:19:55	03:35:32	05:45:17	08:41:29	11:59:05	13:24:47.35	13:24:47.35	11:10	5.4	
29	RYCERSKI RAFAŁ	1071	GRZĄDZIEL TEAM	CZAPLINEK	POL	M40	29	M 58	00:41:34	01:15:43	03:35:11	05:54:37	09:12:38	12:27:26	13:38:18.60	13:38:18.60	11:21	5.3	
30	LEWANDOWSKI RAFAŁ	1043	SPC	TORUŃ	POL	M40	30	M 59	00:44:45	01:18:08	03:41:40	06:01:38	09:00:00	12:11:07	13:40:22.00	13:40:22.00	11:23	5.3	
31	GARSTKA ZBIGNIEW	1015	LEŚNE DZIADY TEAM	WRONKI	POL	M40	31	M 60	00:45:47	01:21:04	03:54:35	06:18:15	09:32:45	12:35:13	13:44:03.25	13:44:03.25	11:26	5.2	
32	JASKÓLSKI JAN	1026		TARNOWO PODGÓRNE	POL	M40	32	M 63	00:49:41	01:37:23	04:00:20	06:35:04	09:52:44	12:55:47	13:58:21.20	13:58:21.20	11:38	5.2	
33	SZARANIEC SEBASTIAN	1080	AW - SZYBCIEJ - TEAM / MCBIEGACZE	WARSZAWA	POL	M40	33	M 65	00:44:42	01:20:06	03:40:13	05:59:54	09:16:56	12:38:49	14:01:03.60	14:01:03.60	11:40	5.1	
34	WAJDA MACIEJ	1110	SPELEOCLUB WROCŁAW	WROCŁAW	POL	M40	34	M 67	00:53:16	01:31:51	04:02:55	06:30:47	09:44:49	12:51:11	14:15:57.20	14:15:57.20	11:53	5	
35	WÓJCIK ŁUKASZ	1096		WARSZAWA	POL	M40	35	M 68	00:48:54	01:28:31	03:52:21	06:11:17	09:35:51	12:53:55	14:17:03.15	14:17:03.15	11:54	5	
36	WREMBEL PRZEMYSŁAW	1097		NOWA WIEŚ	POL	M40	36	M 71	00:46:31	01:25:24	04:09:35	06:40:40	10:09:48	13:34:48	15:01:44.20	15:01:44.20	12:31	4.8	
37	MITASZEWSKI PRZEMYSŁAW	1055	VULCAN JAWOR	MĘCINKA	POL	M40	37	M 73	00:47:38	01:28:35	04:09:32	06:44:47	10:11:53	13:35:17	15:02:16.00	15:02:16.00	12:31	4.8	
38	ŚLUSAREK GRZEGORZ	1083	PONADWSZYSTKO	GOŁUSKI	POL	M40	38	M 74	00:50:02	01:30:38	04:04:57	06:41:12	10:19:33	13:45:12	15:10:05.80	15:10:05.80	12:38	4.7	
39	SKRZYPCZAK RAFAŁ	1077		TARNOWO PODGÓRNE	POL	M40	39	M 76	00:49:41	01:37:22		06:55:49		13:54:40	15:27:10.40	15:27:10.40	12:52	4.7	
40	WOLNIEWICZ MARCIN	1095		ROKIETNICA	POL	M40	40	M 77	00:47:15	01:25:25	04:04:21	06:40:05	10:15:23	14:15:04	15:50:36.70	15:50:36.70	13:12	4.5	
41	GWOŹDZIEWICZ TOMASZ	1113		BYTOM	POL	M40	41	M 78	00:49:38	01:33:50	04:34:52	07:34:35	11:06:39	14:19:55	15:51:33.05	15:51:33.05	13:12	4.5	
	ANKIEWICZ STEFAN	1002	BRACHTWO BIEGOWE BGK	WARSZAWA	POL	M40			00:42:23	01:17:20	03:25:01	05:39:31	09:07:42	DNF	DNF	DNF	DNF	-	-
	HALINIAK MAREK	1020	NKB CHYŻY	NOWY TOMYŚL	POL	M40			00:45:12	01:20:52	04:09:39	07:08:14	DNF	DNF	DNF	DNF	DNF	-	-
	WOJCIECHOWICZ JACEK	1093	PASJA TEAM	KOSZALIN	POL	M40			00:39:41	01:11:14	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

## SIEDEMDZIESIĄT Z HAKIEM, K50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h
1	MICHALAK VIOLETTA	1052	LEŚNE SZEPTUCHY	WRONKI	POL	K50	1	K 12	00:45:47	01:21:04	03:54:29	06:18:19	09:32:48	12:35:13	13:44:03.25	13:44:03.25	11:26	5.2
2	PIWOŃSKA AGNIESZKA	1065		ŁÓDŹ	POL	K50	2	K 14	00:50:36	01:35:03	04:17:22		09:45:50	12:43:46	13:53:49.30	13:53:49.30	11:34	5.2
3	ORŁOWSKA BEATA	1061	BIEGOLAS KOSZALIN-KOŁOBRZEG	KOŁOBRZEG	POL	K50	3	K 15	00:45:46	01:24:53	04:00:14	06:27:04	09:49:50	12:44:11	13:59:53.60	13:59:53.60	11:39	5.1
4	SZYMANKIEWICZ EDYTA	1082	CROSS STRACIŃCÓW TEAM	GŁOGÓW	POL	K50	4	K 18	00:50:37	01:35:05	04:21:36	07:08:23	10:45:41	14:14:40	15:49:48.60	15:49:48.60	13:11	4.5

## SIEDEMDZIESIĄT Z HAKIEM, M50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h
1	KOZŁOWSKI WOJCIECH	1106		LISOWICE	POL	M50	1	M 16	00:44:37	01:21:04	03:58:59				10:11:33.20	10:11:33.20	8:29	7.1
2	WALUŚKIEWICZ ARTUR	1087	SOLA FIDE	WROCŁAW	POL	M50	2	M 37	00:43:57	01:19:18	03:37:25	05:39:15	08:16:41	10:55:12	11:57:26.15	11:57:26.15	9:57	6
3	NOWICKI ZBIGNIEW	1059		GAŁKÓW MAŁY	POL	M50	3	M 42	00:47:00	01:22:26	03:48:35	06:06:47	08:50:23	11:17:53	12:14:35.50	12:14:35.50	10:12	5.9
4	GRODZKI TOMASZ	1019	ULTRASSCYZOR	DARŁOWO	POL	M50	4	M 45	00:47:42	01:24:35	03:37:56	05:41:20	08:27:32	11:16:12	12:23:55.30	12:23:55.30	10:19	5.8
5	ZMELONEK PIOTR	1101	TOWARZYSTWO WISŁA DLA WARSZAWY	WARSZAWA	POL	M50	5	M 51	00:48:53	01:28:28	03:42:33	05:50:24	08:48:09	11:40:02	12:50:40.30	12:50:40.30	10:42	5.6

**SIEDEMDZIESIĄT Z HAKIEM, M50 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h
6	PINCZEWSKI PATRIK	1109		ŁUSZCZANÓ W	POL	M50	6	M 55	00:50:57	01:33:15	04:04:11	06:32:02	09:21:26	12:17:08	13:19:07.85	13:19:07.85	11:05	5.4
7	MANEL MARIUSZ	1049	DRUŻYNA SZPIKU	ŚREM	POL	M50	7	M 57	00:46:15	01:23:39	03:48:38	06:06:50	09:11:52	12:15:02	13:30:31.50	13:30:31.50	11:15	5.3
8	KRUZEL RAFAŁ	1039	BIEGOWE MISIE	LEGNICA	POL	M50	8	M 61	00:49:40	01:30:59	04:15:00	06:40:38	09:41:06	12:34:08	13:47:54.80	13:47:54.80	11:29	5.2
9	PIWOWARSKI PAWEŁ	1066	VULCAN JAWOR	JAWOR	POL	M50	9	M 62	00:47:38	01:28:35	04:09:28	06:25:10	09:24:01	12:35:40	13:47:54.90	13:47:54.90	11:29	5.2
10	NOWAKOWSKI MIROSŁAW	1058		WIELEŃ	POL	M50	10	M 72	00:49:58	01:29:11	04:09:23	06:44:58	10:11:14	13:34:53	15:02:15.95	15:02:15.95	12:31	4.8
	ŁUCZKÓW ANDRZEJ	1047		DARŁOWO	POL	M50			00:51:41	01:33:35	04:23:11	07:20:12	DNF	DNF	DNF	DNF	-	-
	DOMINIAK MARCIN	1012		TARNAWA KROŚNIENSK A	POL	M50			DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**SIEDEMDZIESIĄT Z HAKIEM, M60**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	38km	51km	64km	Netto	Brutto	min/km	km/h
1	KOWALSKI ANDRZEJ	1035		WROCLAW	POL	M60	1	M 38	00:45:53	01:21:27	03:39:11	05:45:06	08:29:34	10:58:13	12:02:43.75	12:02:43.75	10:02	6
2	KROCZYŃSKI SŁAWOMIR	1038	BIEGOLAS KOSZALIN-KOŁOB RZEG	KOŁOBRZEG	POL	M60	2	M 64	00:45:45	01:24:57	04:00:18	06:26:35	09:49:46	12:44:11	13:59:53.75	13:59:53.75	11:39	5.1