

## ŁEMKO MARATON 48

Organizator: Fundacja Ultra  
Data: 2024-10-19  
Miejsce: Komańcza  
Dystans: 48 km  
Klasyfikacja wg czasów brutto.



### ŁEMKO MARATON 48, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
1	KOBOS TOMASZ	2299	METODA FELDENKRAISA	KRAKÓW	POL	OPEN M	1	M 1	01:20:49	02:29:29	03:33:09.15	03:33:09.15	4:28	13.4
2	SIOŁA KAROL	2296	DIADORA TEAM	GRYWAŁD	POL	OPEN M	2	M 2	01:24:01	02:37:16	03:45:03.15	03:45:03.15	4:43	12.7
3	KĄŻMIERCZYK ADAM	2114	MARCIN ŚWIERC TEAM	KATOWICE	POL	OPEN M	3	M 3	01:34:52	02:56:19	04:15:10.05	04:15:10.05	5:20	11.2
4	GAWLIK SŁAWEK	2008	DYNAFIT TEAM POLAND	KRAKÓW	POL	OPEN M	4	M 4	01:34:52	02:59:28	04:20:45.55	04:20:45.55	5:27	11
5	BANIAK MARCIN	2006	G.O.A.T. TEAM MICHAŁOWICE	ZERWANA	POL	OPEN M	5	M 5	01:34:02	03:01:18	04:26:53.00	04:26:53.00	5:35	10.7
6	ZYGMUNT TOMASZ	2004	BORGWARNER RUNNING TEAM	RZESZÓW	POL	OPEN M	6	M 6	01:28:36	02:54:26	04:27:50.65	04:27:50.65	5:36	10.7
7	PTAK MATEUSZ	2216	TRAIL IS OUR WAY	NIENASZÓW	POL	OPEN M	7	M 7	01:38:27	03:06:28	04:29:36.10	04:29:36.10	5:39	10.6
8	RAFA DOMINIK	2220	ANIA I CHŁOPAKI	KRAKÓW	POL	OPEN M	8	M 8	01:38:23	03:08:06	04:30:14.80	04:30:14.80	5:39	10.6
9	ŁUSZCZAK KAMIL	2151	STAY INSANE/PERFECT RUNNER	LUBLIN	POL	OPEN M	9	M 9	01:41:09	03:10:09	04:30:54.55	04:30:54.55	5:40	10.6
10	POTASIEWICZ GRZEGORZ	2212		KRAKÓW	POL	OPEN M	10	M 10	01:37:04	03:08:41	04:32:15.25	04:32:15.25	5:42	10.5
11	BYRSKA SYLWIA	2001	WM TRISELF	FRYDRYCHOWICE	POL	OPEN K	1	K 1	01:41:08	03:08:24	04:33:17.30	04:33:17.30	5:43	10.5
12	KUCHTA MARIA	2005	STAJNIAK TEAM	BUKOWINA TATRZAŃSKA	POL	OPEN K	2	K 2	01:41:07	03:11:45	04:35:16.60	04:35:16.60	5:46	10.4
13	FIEDOROWICZ ASIA	2063	SKLEP BIEGACZA RUNNING TEAM	OLSZTYN	POL	OPEN K	3	K 3	01:42:06	03:13:41	04:37:08.80	04:37:08.80	5:48	10.3
14	WÓJCİK ŁUKASZ	2279	NIEMCE TEAM/SZYBCIEJ NIE DAM RADY	LUBLIN	POL	OPEN M	11	M 11	01:40:55	03:13:36	04:40:34.15	04:40:34.15	5:52	10.2
15	ZIĘBA SABINA	2007	#SZLACHTABIEGA	ŚWILCZA	POL	OPEN K	4	K 4	01:46:56	03:19:34	04:45:35.35	04:45:35.35	5:59	10
16	DZIADZIO MAŁGORZATA	2009		KRAKÓW	POL	OPEN K	5	K 5	01:46:06	03:20:34	04:47:05.65	04:47:05.65	6:01	10
17	GÓRSKI TOMASZ	2084		KROSNO	POL	OPEN M	12	M 12	01:42:08	03:16:26	04:48:17.35	04:48:17.35	6:02	9.9
18	MIŁKOWSKI PAWEŁ	2168	JASZCZOMP	SOSNOWIEC	POL	OPEN M	13	M 13	01:41:35	03:18:35	04:49:49.40	04:49:49.40	6:04	9.9
19	STANISŁAWSKI MICHAŁ	2243	UKS FREE SPORTS BIELSKO-BIAŁA	BIELSKO-BIAŁA	POL	OPEN M	14	M 14	01:48:17	03:23:01	04:52:31.35	04:52:31.35	6:07	9.8
20	MAKOWSKI JAROSŁAW	2156		LUBLIN	POL	OPEN M	15	M 15	01:45:04	03:19:09	04:53:26.05	04:53:26.05	6:09	9.8
21	TRYBUS SYLWESTER	2260	NOWY STYL RUNNING TEAM	JEDLICZE	POL	OPEN M	16	M 16	01:52:46	03:29:31	04:54:37.35	04:54:37.35	6:10	9.7
22	CHODOROWICZ MARIUSZ	2037	BIEGING TEAM ZELÓW	ŁÓDŹ	POL	OPEN M	17	M 17	01:40:15	03:14:58	04:55:05.80	04:55:05.80	6:11	9.7
23	JAŃCZYK EWA	2096		KRAKÓW	POL	OPEN K	6	K 6	01:50:23	03:28:30	04:55:59.80	04:55:59.80	6:12	9.7
24	CZECH AGATA	2003		BASZKÓWKA	POL	OPEN K	7	K 7	01:48:52	03:28:28	04:56:37.45	04:56:37.45	6:13	9.6
25	GOŁĄBEK RAFAŁ	2081	MTB MOSIR DUKLA	DUKLA	POL	OPEN M	18	M 18	01:42:06	03:24:21	04:57:44.40	04:57:44.40	6:14	9.6
26	JASIONOWICZ GRZEGORZ	2100	PODBIEG.PL	OSIEK JASIELSKI	POL	OPEN M	19	M 19	01:49:37	03:27:48	04:58:13.45	04:58:13.45	6:15	9.6
27	PODOLAK KUBA	2209	A TAK SOBIE BIEGAM	JAROSŁAW	POL	OPEN M	20	M 20	01:48:45	03:25:47	04:58:48.15	04:58:48.15	6:15	9.6
28	RADEK WOJCIECH	2219	ŚPOT	NOWA DĘBA	POL	OPEN M	21	M 21	01:48:53	03:28:18	04:59:15.85	04:59:15.85	6:16	9.6
29	KUTAJ GRZEGORZ	2137		WIELICZKA	POL	OPEN M	22	M 22	01:55:08	03:31:19	05:00:13.35	05:00:13.35	6:17	9.5
30	PODRAZA KLAUDIA	2210	PĘDZĄCE ŚLIMAKI	GRABINY	POL	OPEN K	8	K 8	01:48:32	03:32:11	05:00:56.15	05:00:56.15	6:18	9.5
31	DĘBSKA MARTA	2011	ZIELONEBIEGANIE.PL	POLANY	POL	OPEN K	9	K 9	01:52:31	03:32:44	05:00:58.50	05:00:58.50	6:18	9.5
32	MENTEL MARCIN	2165		WARSZAWA	POL	OPEN M	23	M 23	01:53:38	03:35:44	05:01:10.90	05:01:10.90	6:18	9.5
33	SZUKAŁA MICHAŁ	2302		KRAKÓW	POL	OPEN M	24	M 24	01:35:10	03:24:40	05:02:36.20	05:02:36.20	6:20	9.5
34	PROTAS KRZYSZTOF	2214		WARSZAWA	POL	OPEN M	25	M 25	01:49:16	03:35:56	05:07:24.95	05:07:24.95	6:26	9.3
35	KISIECKI DAMIAN	2116	HURAGAN LIGOTA	TYCHY	POL	OPEN M	26	M 26	01:54:59	03:36:24	05:11:36.05	05:11:36.05	6:31	9.2
36	WOJDANOWSKI JAN	2273		JELCZ-LASKOWICE	POL	OPEN M	27	M 27	01:54:56	03:41:58	05:11:44.10	05:11:44.10	6:32	9.2
37	GALEWSKI ADRIAN	2070	AW - SZYBCIEJ - TEAM	WARSZAWA	POL	OPEN M	28	M 28	01:47:00	03:28:44	05:14:22.65	05:14:22.65	6:35	9.1
38	JAROMI ŁUKASZ	2304		WARSZAWA	POL	OPEN M	29	M 29	01:58:13	03:43:24	05:14:39.00	05:14:39.00	6:35	9.1
39	WOSKOWICZ MATEUSZ	2277		DĘBICA	POL	OPEN M	30	M 30	01:54:52	03:40:33	05:14:43.60	05:14:43.60	6:35	9.1
40	BŁASZCZAK MAREK	2027	AW - SZYBCIEJ - TEAM	WROCŁAW	POL	OPEN M	31	M 31	01:52:21	03:37:27	05:15:00.55	05:15:00.55	6:36	9.1
41	GIŁOWSKI KAMIL	2078	UKS FREE SPORTS BIELSKO-BIAŁA	BIELSKO-BIAŁA	POL	OPEN M	32	M 32	01:47:27	03:32:48	05:16:32.75	05:16:32.75	6:38	9
42	ŁOŚ KAMIL	2150	DZIK KOMANDO	DŁUTÓW	POL	OPEN M	33	M 33	01:48:28	03:37:00	05:16:35.05	05:16:35.05	6:38	9
43	ZWOLIŃSKI MARIUSZ	2292		WARSZAWA	POL	OPEN M	34	M 34	01:50:59	03:37:51	05:18:48.80	05:18:48.80	6:41	9
44	SALAMON JAROSŁAW	2231		GMINA TRZEBOWNISKO	POL	OPEN M	35	M 35	01:49:22	03:35:23	05:19:13.70	05:19:13.70	6:41	9
45	ORYSIK RAFAŁ	2188		RACIBÓRZ	POL	OPEN M	36	M 36	01:55:06	03:38:44	05:19:20.90	05:19:20.90	6:41	9

**ŁEMKO MARATON 48, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
46	JASKÓLSKI KRZYSZTOF	2102	MYNIUTEAM	KRAKÓW	POL	OPEN M	37	M 37	01:59:17	03:44:51	05:20:47.15	05:20:47.15	6:43	8.9
47	BIERNAT MATEUSZ	2025		TYCHY	POL	OPEN M	38	M 38	01:57:45	03:46:31	05:21:41.30	05:21:41.30	6:44	8.9
48	RECZKO JAKUB	2223		ZABRZE	POL	OPEN M	39	M 39	01:59:35	03:46:53	05:22:33.35	05:22:33.35	6:45	8.9
49	JEGER PIOTR	2103	SKLEP BIEGACZA RUNNING TEAM	OLSZTYN	POL	OPEN M	40	M 40	01:52:40	03:39:19	05:22:43.90	05:22:43.90	6:45	8.9
50	KUBIAK MARCIN	2131		CZECHOWICE-DZIEDZICE	POL	OPEN M	41	M 41	01:54:15	03:44:35	05:23:03.90	05:23:03.90	6:46	8.9
51	KUZINOWICZ PAWEŁ	2138	MAMYTO	GDYNIA	POL	OPEN M	42	M 42	01:54:20	03:43:37	05:24:21.60	05:24:21.60	6:47	8.8
52	WIECZOREK AGATA	2268	BIEGOWE CZWARTKI	TARNOBRZEG	POL	OPEN K	10	K 10	01:58:35	03:47:19	05:24:46.50	05:24:46.50	6:48	8.8
53	PAŁCZYŃSKI PAWEŁ	2195	LG.)	GRZĘDZICE	POL	OPEN M	43	M 43	01:55:37	03:43:32	05:25:55.30	05:25:55.30	6:49	8.8
54	TUCKI KONRAD	2261		WARSZAWA	POL	OPEN M	44	M 44	02:00:53	03:50:29	05:26:19.95	05:26:19.95	6:50	8.8
55	SOCHACKI GRZEGORZ	2242	NOGAMI DO PRZODU	KRAKÓW	POL	OPEN M	45	M 45	01:54:31	03:44:25	05:28:50.05	05:28:50.05	6:53	8.7
56	MARZEC JUSTYNA	2162	#SZLACHTABIEGA	ŁANCUT	POL	OPEN K	11	K 11	01:58:35	03:50:15	05:29:43.25	05:29:43.25	6:54	8.7
57	KOCYŁOWSKI PIOTR	2118	LITWIN SPORTS	WROCLAW	POL	OPEN M	46	M 46	01:57:41	03:50:32	05:30:31.70	05:30:31.70	6:55	8.7
58	KŁÓDKIEWICZ MARCIN	2117		LESZNO	POL	OPEN M	47	M 47	01:53:05	03:44:57	05:30:43.95	05:30:43.95	6:55	8.7
59	GARBIEN GRZEGORZ	2073		MOKRZYSKA	POL	OPEN M	48	M 48	01:55:01	03:49:36	05:31:05.55	05:31:05.55	6:56	8.6
60	FREIHOEFER KLAUDIA	2067	TRAIL IS OUR WAY	SOSNOWIEC	POL	OPEN K	12	K 12	02:00:55	03:55:05	05:31:55.75	05:31:55.75	6:57	8.6
61	STANOK PIOTR	2244		RZESZÓW	POL	OPEN M	49	M 49	01:57:41	03:56:01	05:32:42.35	05:32:42.35	6:58	8.6
62	GAŁEK ALEKSANDER	2072	PRAGMATIQ.PL	POZNAŃ	POL	OPEN M	50	M 50	02:03:14	03:49:34	05:32:57.95	05:32:57.95	6:58	8.6
63	GĘBORYS PATRYK	2075	JTCNW	KROSNO	POL	OPEN M	51	M 51	02:04:17	03:57:41	05:36:24.45	05:36:24.45	7:03	8.5
64	SOBCZAK GRZEGORZ	2238		ŁOMIANKI	POL	OPEN M	52	M 52	01:52:50	03:44:38	05:38:27.95	05:38:27.95	7:05	8.5
65	SZELEZYŃSKI BARTOSZ	2251	MAJA TEAM	RUMIA	POL	OPEN M	53	M 53	02:12:54	04:05:35	05:38:44.15	05:38:44.15	7:06	8.4
66	BIARDA DOMINIK	2020	WROCLAWSKI KLUB WYSOKOGÓRSKI	WROCLAW	POL	OPEN M	54	M 54	02:09:00	04:05:57	05:40:56.85	05:40:56.85	7:08	8.4
67	LIPSKI DAWID	2146		KRAKÓW	POL	OPEN M	55	M 55	02:08:45	04:05:31	05:41:11.50	05:41:11.50	7:09	8.4
68	BARZYK KAROL	2016		MOGILANY	POL	OPEN M	56	M 56	02:05:28	03:56:56	05:41:46.35	05:41:46.35	7:09	8.4
69	FITT KONRAD	2065	KRAKÓW AIRPORT RUNNING TEAM	KRAKÓW	POL	OPEN M	57	M 57	02:00:50	03:56:48	05:41:57.05	05:41:57.05	7:10	8.4
70	SIDOR RADOŚLAW	2233	POSMAKUJ RUN TEAM	WIDACZ	POL	OPEN M	58	M 58	02:00:45	03:57:19	05:42:15.25	05:42:15.25	7:10	8.4
71	HILLER ARTUR	2091		WIELICZKA	POL	OPEN M	59	M 59	01:59:10	03:56:06	05:42:40.00	05:42:40.00	7:11	8.4
72	JARUZEL ROBERT	2099	SKL STARGARD	STARGAD	POL	OPEN M	60	M 60	02:05:26	04:04:33	05:43:57.30	05:43:57.30	7:12	8.3
73	DADOS RAFAŁ	2054		MŁODZIEJOWICE	POL	OPEN M	61	M 61	01:54:36	03:49:39	05:44:07.10	05:44:07.10	7:12	8.3
74	GUZANEK ARKADIUSZ	2088		KRAKÓW	POL	OPEN M	62	M 62	02:09:33	04:03:51	05:44:49.50	05:44:49.50	7:13	8.3
75	FILIPEK WOJCIECH	2064	OPTIM TRAVEL ULTRA	RZESZÓW	POL	OPEN M	63	M 63	01:58:29	03:53:57	05:45:38.40	05:45:38.40	7:14	8.3
76	KURASZKIEWICZ ROBERT	2136		ROPCZYCE	POL	OPEN M	64	M 64	02:01:42	03:54:02	05:45:38.50	05:45:38.50	7:14	8.3
77	PUDEKO RAFAŁ	2217	MAMYTO	GDYNIA	POL	OPEN M	65	M 65	02:00:17	04:01:56	05:46:21.20	05:46:21.20	7:15	8.3
78	JĘDRZEJCZYK ADAM	2106	SANOK BIEGA	SANOK	POL	OPEN M	66	M 66	01:59:47	03:55:09	05:46:54.75	05:46:54.75	7:16	8.3
79	KOSIŃSKA ANNA	2120	MOUNTAIN RUNNING GUIDES	WARSZAWA	POL	OPEN K	13	K 13	02:12:52	04:06:40	05:47:02.60	05:47:02.60	7:16	8.2
80	ANTOLAK ADAM	2308		WARSZAWA	POL	OPEN M	67	M 67	01:59:17	03:58:17	05:48:03.95	05:48:03.95	7:17	8.2
81	BŁĄŻEJOWSKI DARIUSZ	2028	NOWY STYL RUNNING TEAM	ŚWIERZOWA POLSKA	POL	OPEN M	68	M 68	02:00:41	03:57:59	05:48:18.45	05:48:18.45	7:18	8.2
82	PESZT MAREK	2298		KRAKÓW	POL	OPEN M	69	M 69	01:51:13	05:48:37.65	05:48:37.65	05:48:37.65	7:18	8.2
83	OCHAŁA PRZEMYSŁAW	2185		RZESZÓW	POL	OPEN M	70	M 70	01:59:35	03:57:53	05:48:44.60	05:48:44.60	7:18	8.2
84	SZNAJDER JOANNA	2253	G.O.A.T. TEAM MICHAŁOWICE	MICHAŁOWICE	POL	OPEN K	14	K 14	01:54:59	03:52:17	05:48:46.20	05:48:46.20	7:18	8.2
85	ŻÓŁTOWSKI MICHAŁ	2294	MIRAZ RACE TEAM	GLIWICE	POL	OPEN M	71	M 71	01:56:51	04:00:44	05:49:10.75	05:49:10.75	7:19	8.2
86	CIURYK ROMAN	2046	RUSYN-LEM	WIRCHNIA	POL	OPEN M	72	M 72	02:00:46	02:32:19	05:49:20.70	05:49:20.70	7:19	8.2
87	PAJAŁ ANDRZEJ	2194	BIEGAM Z ABS	GARBÓW	POL	OPEN M	73	M 73	01:57:34	03:52:13	05:49:37.30	05:49:37.30	7:19	8.2
88	JARUZEL EWA	2098	SKL STARGARD	STARGARD	POL	OPEN K	15	K 15	02:05:44	04:03:21	05:49:44.90	05:49:44.90	7:19	8.2
89	CZAJKOWSKI KRZYSZTOF	2049		BIAŁYSTOK	POL	OPEN M	74	M 74	02:02:40	04:00:51	05:49:53.10	05:49:53.10	7:20	8.2
90	BRYLIŃSKI PRZEMYSŁAW	2034	BRYLANT FOTO	RZESZÓW	POL	OPEN M	75	M 75	02:06:09	04:01:17	05:50:13.15	05:50:13.15	7:20	8.2
91	ZAJDER PAWEŁ	2284	PRZEDWOJEWSKI TEAM	SANDOMIERZ	POL	OPEN M	76	M 76	01:54:27	03:59:41	05:51:05.00	05:51:05.00	7:21	8.2
92	KAZALSKI GRZEGORZ	2113		STRZYŻÓW	POL	OPEN M	77	M 77	02:05:17	04:05:07	05:51:30.00	05:51:30.00	7:22	8.1
93	KOWALSKI GRZEGORZ	2123	PMCG PIASECZNO	PIASECZNO	POL	OPEN M	78	M 78	02:04:36	04:06:25	05:51:52.45	05:51:52.45	7:22	8.1
94	MRÓZ TOMASZ	2174		POZNAŃ	POL	OPEN M	79	M 79	02:04:41	04:02:49	05:52:55.90	05:52:55.90	7:23	8.1
95	RZEPNIEWSKI ŁUKASZ	2225		WARSZAWA	POL	OPEN M	80	M 80	02:01:06	04:02:34	05:53:27.10	05:53:27.10	7:24	8.1
96	ZUGAJ ROBERT	2291		RUDA ŚLĄSKA	POL	OPEN M	81	M 81	01:59:32	04:03:56	05:53:46.75	05:53:46.75	7:24	8.1
97	JADZIEWICZ JAKUB	2093		WARSZAWA	POL	OPEN M	82	M 82	01:57:40	04:01:04	05:54:40.00	05:54:40.00	7:26	8.1
98	STOMPÓR PIOTR	2247		WARSZAWA	POL	OPEN M	83	M 83	01:59:39	04:03:48	05:54:40.45	05:54:40.45	7:26	8.1
99	SZOTA MAGDALENA	2254	DCWRP	MIKOŁÓW	POL	OPEN K	16	K 16	02:14:15	04:12:17	05:55:39.25	05:55:39.25	7:27	8
100	NAWROCKI SZYMON	2180		MIKOŁÓW	POL	OPEN M	84	M 84	02:13:29	04:12:14	05:55:39.85	05:55:39.85	7:27	8
101	KOLECKI JAKUB	2119		KRAKÓW	POL	OPEN M	85	M 85	02:04:16	04:05:24	05:56:08.80	05:56:08.80	7:27	8
102	HOLUBOWSKI SZYMON	2092		ROGALINEK	POL	OPEN M	86	M 86	02:11:46	04:09:43	05:56:10.75	05:56:10.75	7:28	8

**ŁEMKO MARATON 48, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
103	PIWOWARCYK MAGDALENA	2207		LUBLIN	POL	OPEN K	17	K 17	02:15:03	04:13:34	05:56:19.50	05:56:19.50	7:28	8
104	URBANEK JOANNA	2266		KROSNO	POL	OPEN K	18	K 18	02:12:47	04:13:52	05:56:42.75	05:56:42.75	7:28	8
105	MAJ MICHAŁ	2154		KRAKÓW	POL	OPEN M	87	M 87	02:05:30	04:06:28	05:56:54.65	05:56:54.65	7:28	8
106	SALACHNA - NOWAK MAGDALENA	2230	STAY INSANE/BIEGAM Z ABS	LUBLIN	POL	OPEN K	19	K 19	02:08:00	04:08:18	05:57:08.40	05:57:08.40	7:29	8
107	LISOWSKI JACEK	2147	STAY INSANE	DĄBROWICA	POL	OPEN M	88	M 88	02:08:00	04:08:14	05:57:08.50	05:57:08.50	7:29	8
108	KIBART ROBERT	2115		WARSZAWA	POL	OPEN M	89	M 89	01:57:16	04:03:37	05:57:56.60	05:57:56.60	7:30	8
109	JĘDRZEJCZYK MAJA	2105	SANOK BIEGA	SANOK	POL	OPEN K	20	K 20	02:09:39		05:58:27.60	05:58:27.60	7:30	8
110	CZARNIECKI MICHAŁ	2051	WOLSKI KOLEKTYW BIEGOWY	PIEKARY	POL	OPEN M	90	M 90	02:08:35	04:10:31	05:58:42.15	05:58:42.15	7:31	8
111	OWCZAREK IZABELA	2191	SLEZAKTEAM	GŁOGÓW	POL	OPEN K	21	K 21	02:10:14	04:11:10	05:59:02.50	05:59:02.50	7:31	8
112	MAZGAJ TOMASZ	2163	ŚPOT	NOWA DĘBA	POL	OPEN M	91	M 91	02:13:28	04:08:46	05:59:05.50	05:59:05.50	7:31	8
113	SADAJ ANNA	2228	ANIA I CHŁOPAKI	KRAKÓW	POL	OPEN K	22	K 22	02:08:37	04:16:47	05:59:44.15	05:59:44.15	7:32	8
114	OWOC TOMASZ	2192	PKO BANK POLSKI / ADIDAS RUNNERS WARSZAW	WARSZAWA	POL	OPEN M	92	M 92	02:09:28	04:12:27	06:03:25.40	06:03:25.40	7:37	7.9
115	BOŻĘTKA WALDEMAR	2032	NOWY STYL RUNNING TEAM	KROSNO	POL	OPEN M	93	M 93	02:06:06	04:09:08	06:03:25.85	06:03:25.85	7:37	7.9
116	STAWIŃSKI MICHAŁ	2245		MNICHOWICE	POL	OPEN M	94	M 94	01:57:55	03:57:12	06:04:20.75	06:04:20.75	7:38	7.9
117	HOŁÓWKA SŁAWOMIR	2295		KRAKÓW	POL	OPEN M	95	M 95	02:12:34	04:11:55	06:04:33.10	06:04:33.10	7:38	7.9
118	ULIKOWSKA MARTYNA	2265	TEAM DFBG	KRAKÓW	POL	OPEN K	23	K 23	02:09:38	04:16:55	06:04:42.50	06:04:42.50	7:38	7.8
119	GUZIK ŁUKASZ	2089	GO APTIV!	ŁYSOKANIE	POL	OPEN M	96	M 96	02:05:42	04:09:13	06:05:39.00	06:05:39.00	7:39	7.8
120	PIECUCH KAROLINA	2202		KRAKÓW	POL	OPEN K	24	K 24	02:07:29	04:11:59	06:06:48.65	06:06:48.65	7:41	7.8
121	WYPPIEWSKI JAKUB	2281		POZNAŃ	POL	OPEN M	97	M 97	02:05:06	04:07:37	06:08:11.55	06:08:11.55	7:43	7.8
122	DOMERACKI MARIUSZ	2058		JANOWICE	POL	OPEN M	98	M 98	02:05:33	04:09:03	06:08:46.60	06:08:46.60	7:43	7.8
123	TOŚ PIOTR	2259		TARNOBRZEG	POL	OPEN M	99	M 99	02:10:21	04:13:29	06:09:47.20	06:09:47.20	7:45	7.7
124	KARASIŃSKI RADEK	2111	18 PUŁK ARTYLERII NOWA DĘBA	TARNOBRZEG	POL	OPEN M	100	M 100	02:10:21	04:13:24	06:09:47.35	06:09:47.35	7:45	7.7
125	AWRUK AGATA	2014	KOMOSA CREW	OGRODNICZKI	POL	OPEN K	25	K 25	02:17:30		06:10:11.00	06:10:11.00	7:45	7.7
126	GROMEK EDYTA	2086	SZYBCIEJ NIE DAM RADY/NIEMCE TEAM	LUBLIN	POL	OPEN K	26	K 26	02:14:43	04:18:28	06:10:34.05	06:10:34.05	7:46	7.7
127	DORCZUK AGATA	2059		WARSZAWA	POL	OPEN K	27	K 27	02:14:41	04:19:56	06:10:52.85	06:10:52.85	7:46	7.7
128	KIJANSKI KAMIL	2305		OSTROWIEC ŚWIĘTOKRZYSKI	POL	OPEN M	101	M 101	02:17:26	04:21:21	06:10:56.25	06:10:56.25	7:46	7.7
129	PAULOVICZ MARIANNA	2198		BUDAPEST	HUN	OPEN K	28	K 28	02:18:44	04:25:32	06:11:13.25	06:11:13.25	7:46	7.7
130	ZIĘTARA-NOSEK BOŻENA	2290	KKM KALORYFER	WIELICZKA	POL	OPEN K	29	K 29	02:17:40	04:22:23	06:11:49.80	06:11:49.80	7:47	7.7
131	CZABAN EWA	2048		KRAKÓW	POL	OPEN K	30	K 30	02:08:49	04:13:48	06:12:19.15	06:12:19.15	7:48	7.7
132	STOPA TOMASZ	2248	BASAJAUN	WARSZAWA	POL	OPEN M	102	M 102	02:10:53	04:17:37	06:12:40.05	06:12:40.05	7:48	7.7
133	MARCZAK SEBASTIAN	2158		FRYDEK	POL	OPEN M	103	M 103	02:11:05	04:20:01	06:14:38.15	06:14:38.15	7:51	7.6
134	KRZYSZTOF KAMIL	2129		KŁODNE	POL	OPEN M	104	M 104	02:05:55		06:15:28.05	06:15:28.05	7:52	7.6
135	ŁUKASZYK RADEK	2300	KS WYTAPIANIE SADŁA	ROPA	POL	OPEN M	105	M 105	02:11:05	04:18:14	06:15:38.10	06:15:38.10	7:52	7.6
136	TURNIAK MIŁOSZ	2263		GLIWICE	POL	OPEN M	106	M 106	02:04:49	04:14:53	06:15:43.35	06:15:43.35	7:52	7.6
137	BĄKOWSKI ADAM	2017		GLIWICE	POL	OPEN M	106	M 106	02:04:46	04:12:55	06:15:43.35	06:15:43.35	7:52	7.6
138	DAWIDOWSKA JOANNA	2056	HARPAGAN SOSNOWIEC	SOSNOWIEC	POL	OPEN K	31	K 31	02:15:23	04:23:46	06:16:18.50	06:16:18.50	7:53	7.6
139	KRYSZKIEWICZ TOMASZ	2128		DZIAŁDOWO	POL	OPEN M	108	M 108	02:10:11	04:20:14	06:17:36.70	06:17:36.70	7:54	7.6
140	RZYMOWSKA KRYSZYNA	2226		WARSZAWA	POL	OPEN K	32	K 32	02:16:29	04:29:17	06:17:39.95	06:17:39.95	7:55	7.6
141	DOROSZ ROBERT	2060	TEAM ZABIEGANEDNI	LIPOWO	POL	OPEN M	109	M 109	02:12:37	04:19:43	06:18:28.35	06:18:28.35	7:56	7.6
142	LEJMAN ADAM	2141		WARSZAWA	POL	OPEN M	110	M 110	02:14:06	04:23:25	06:19:11.45	06:19:11.45	7:56	7.5
143	SOBCZAK MAGDALENA	2239		ŁOMIANKI	POL	OPEN K	33	K 33	02:17:53	04:27:18	06:19:29.95	06:19:29.95	7:57	7.5
144	TULA RENATA	2262		WARSZAWA	POL	OPEN K	34	K 34	02:15:19	04:27:03	06:20:09.65	06:20:09.65	7:58	7.5
145	RZĘDZIAN MARCIN	2297	ŁĘCZNA BIEGA	ŁĘCZNA	POL	OPEN M	111	M 111	02:10:47	04:22:36	06:21:24.85	06:21:24.85	7:59	7.5
146	RAPACZ ANDRZEJ	2222		KRAKÓW	POL	OPEN M	112	M 112	02:07:49	04:15:01	06:21:42.50	06:21:42.50	8:00	7.5
147	DOBRUT KRZYSZTOF	2057	JD ŚLIMAKI	KRAKÓW	POL	OPEN M	113	M 113	02:08:58	04:23:31	06:22:37.35	06:22:37.35	8:01	7.5
148	BELICA DANIEL	2018		ZABRZE	POL	OPEN M	114	M 114	02:13:18	04:22:19	06:23:17.70	06:23:17.70	8:02	7.5
149	KABZIŃSKI MARCIN	2110	ANIA I CHŁOPAKI	KRAKÓW	POL	OPEN M	115	M 115	02:13:47	04:23:35	06:23:49.35	06:23:49.35	8:02	7.5
150	PINDEL PIOTR	2203		BIELSKO-BIAŁA	POL	OPEN M	116	M 116	02:15:20	04:32:49	06:24:53.85	06:24:53.85	8:04	7.4
151	BŁASZCZAK JAROSŁAW	2026	IMPERIAL RUNNING TEAM	JANUSZOWICE	POL	OPEN M	117	M 117	02:05:04	04:16:15	06:24:57.05	06:24:57.05	8:04	7.4
152	SZEWczyk MONIKA	2252	KKM KALORYFER	KRAKÓW	POL	OPEN K	35	K 35	02:19:41	04:29:29	06:25:05.80	06:25:05.80	8:04	7.4
153	PERLAK MAGDALENA	2201	TRAIL IS OUR WAY	TYCHY	POL	OPEN K	36	K 36	02:17:30	04:26:28	06:26:40.00	06:26:40.00	8:06	7.4
154	WILK GRZEGORZ	2271	RUN LOVING ANIMALS	RZESZÓW	POL	OPEN M	118	M 118	02:17:50	04:33:35	06:26:57.45	06:26:57.45	8:06	7.4
155	KOTARSKI MAREK	2122	KRS TKKF RELAKS WODZISŁAW ŚLĄSKI	WODZISŁAW ŚLĄSKI	POL	OPEN M	119	M 119	02:17:47	04:28:57	06:27:07.05	06:27:07.05	8:06	7.4
156	CHODZIŃSKI PIOTR	2038		RZESZÓW	POL	OPEN M	120	M 120	02:14:03	04:20:35	06:27:19.75	06:27:19.75	8:07	7.4

**ŁEMKO MARATON 48, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
157	NIEDZIELA MICHAŁ	2181		JAROSŁAW	POL	OPEN M	121	M 121	02:14:00	04:29:47	06:27:34.80	06:27:34.80	8:07	7.4
158	JARON MAGDA	2097		WIĘCKOWICE	POL	OPEN K	37	K 37	02:19:37	04:36:55	06:28:08.95	06:28:08.95	8:08	7.4
159	ANDRZEJEWSKI MICHAŁ	2012		ŁÓDŹ	POL	OPEN M	122	M 122	02:25:05	04:31:02	06:29:09.60	06:29:09.60	8:09	7.4
160	JEMIOŁA PAULINA	2104	POGÓRZE ULTRA TRAIL	CZUDEC	POL	OPEN K	38	K 38	02:17:49	04:32:00	06:30:44.55	06:30:44.55	8:11	7.3
161	CIUPIŃSKA MAGDA	2045	#SZLACHTABIEGA	OSTRÓW	POL	OPEN K	39	K 39	02:18:15	04:34:13	06:31:09.95	06:31:09.95	8:12	7.3
162	BARTELA EDYTA	2015	DZIK KOMANDO	ŁÓDŹ	POL	OPEN K	40	K 40	02:13:56	04:32:03	06:31:34.45	06:31:34.45	8:12	7.3
163	MALEWSKI ROBERT	2157	KB ORŁY Z KNUROWA	KNURÓW	POL	OPEN M	123	M 123	02:19:50	04:32:23	06:32:58.90	06:32:58.90	8:14	7.3
164	KUBIAK RAFAŁ	2132		KRAKÓW	POL	OPEN M	124	M 124	02:19:01	04:33:31	06:34:05.20	06:34:05.20	8:15	7.3
165	NABORCZYK SŁAWOMIR	2177		MYSŁOWICE	POL	OPEN M	125	M 125	02:20:09	04:32:57	06:34:41.30	06:34:41.30	8:16	7.3
166	HENECZKOWSKI ŁUKASZ	2090	BORN TO RUN	POZNAŃ	POL	OPEN M	126	M 126	02:11:52	04:28:14	06:34:49.75	06:34:49.75	8:16	7.2
167	GOLDYN KATARZYNA	2082	INFINITY GYM	POSAZDA	POL	OPEN K	41	K 41	02:26:32	04:40:44	06:35:56.50	06:35:56.50	8:18	7.2
168	NAWROCKA-MUSZYŃSKA PAULINA	2179		VANLØSE	DEN	OPEN K	42	K 42	02:30:56	04:41:41	06:37:23.95	06:37:23.95	8:19	7.2
169	STYRNA BARTOSZ	2249		KRAKÓW	POL	OPEN M	127	M 127	02:13:43	04:32:13	06:38:03.55	06:38:03.55	8:20	7.2
170	GAŁECKI PIOTR	2071	KULAWIE KONIE	WARSZAWA	POL	OPEN M	128	M 128	02:19:06	04:43:53	06:38:12.55	06:38:12.55	8:20	7.2
171	PIWKO MACIEJ	2205		BABICA	POL	OPEN M	129	M 129	02:25:44	04:42:26	06:38:46.05	06:38:46.05	8:21	7.2
172	BONDAR KRZYSZTOF	2030	MOUNTAIN RUNNING GUIDES	WARSZAWA	POL	OPEN M	130	M 130	02:26:17	04:35:54	06:39:29.85	06:39:29.85	8:22	7.2
173	KABALA JOANNA	2109	ZDANOWSKI TRAIL TEAM	OTWOCK	POL	OPEN K	43	K 43	02:26:44	04:37:36	06:39:53.00	06:39:53.00	8:22	7.2
174	BENASIEWICZ RAFAŁ	2019		BIELSKO-BIAŁA	POL	OPEN M	131	M 131	02:17:34		06:39:56.65	06:39:56.65	8:23	7.2
175	LINNAMAGI OTT	2145		JÖEÄÄRE	EST	OPEN M	132	M 132	02:09:25	04:24:47	06:40:38.75	06:40:38.75	8:23	7.1
176	ŚLUSARCZYK EDYTA	2255		JASŁO	POL	OPEN K	44	K 44	02:19:28	04:42:31	06:41:45.05	06:41:45.05	8:25	7.1
177	DANEL ROMAN	2055		LIGOTA	POL	OPEN M	133	M 133	02:17:33	04:40:55	06:42:45.65	06:42:45.65	8:26	7.1
178	JASKÓLSKI MARCIN	2101	GRUPA BIEGOWA CHTMO	JABŁONNA	POL	OPEN M	134	M 134	02:17:55	04:42:43	06:43:41.75	06:43:41.75	8:27	7.1
179	GRZESIK MARCIN	2087	GRUPA BIEGOWA CHTMO	CHOTOMÓW	POL	OPEN M	135	M 135	02:17:58	04:42:49	06:43:42.00	06:43:42.00	8:27	7.1
180	PLUCIŚ MAŁGORZATA	2208	GRUPA BIEGOWA CHTMO	JABŁONNA	POL	OPEN K	45	K 45	02:17:57	04:40:59	06:43:42.05	06:43:42.05	8:27	7.1
181	ŁATKOWSKI ŁUKASZ	2149	GRUPA BIEGOWA CHTMO	CHOTOMÓW	POL	OPEN M	136	M 136	02:17:58	04:41:03	06:43:42.20	06:43:42.20	8:27	7.1
182	ĆMIELIŃSKI TOMASZ	2053		WARSZAWA	POL	OPEN M	137	M 137	02:18:27	04:32:10	06:44:09.50	06:44:09.50	8:28	7.1
183	SZELAĞIEWICZ PATRYCJA	2250		SZCZECIN	POL	OPEN K	46	K 46	02:22:28	04:40:28	06:44:17.30	06:44:17.30	8:28	7.1
184	PIWKO WOJCIECH	2206		BABICA	POL	OPEN M	138	M 138	02:25:05	04:44:05	06:44:22.85	06:44:22.85	8:28	7.1
185	WYSZYŃSKI MARCIN	2282	RELENTNES	DOB CZYN	POL	OPEN M	139	M 139	02:19:31	04:34:58	06:44:30.10	06:44:30.10	8:28	7.1
186	KAWA WIOLETTA	2112		ZALASOWA	POL	OPEN K	47	K 47	02:25:53	04:44:49	06:44:53.95	06:44:53.95	8:29	7.1
187	PSZENNY ŁUKASZ	2215	ULTRINO AMATEUR	LUBLIN	POL	OPEN M	140	M 140	02:20:54	04:45:06	06:46:34.85	06:46:34.85	8:31	7
188	KOZA JOANNA	2124	LUBONIUWKA TEAM	WARSZAWA	POL	OPEN K	48	K 48	02:30:51	04:44:55	06:49:28.45	06:49:28.45	8:35	7
189	BIENIAS-OWCZARCZYK PAULINA	2024		OZORKÓW	POL	OPEN K	49	K 49	02:17:09	04:41:28	06:49:31.35	06:49:31.35	8:35	7
190	SADOWSKI PRZEMYSŁAW	2229		GLIWICE	POL	OPEN M	141	M 141	02:26:46	04:47:45	06:51:54.80	06:51:54.80	8:38	6.9
191	ZAJĄC ANNA	2283		GLIWICE	POL	OPEN K	50	K 50	02:28:00	04:50:48	06:52:05.70	06:52:05.70	8:38	6.9
192	CZABAN KATARZYNA	2047	KULAM SIĘ JAK GUMIKLYJZY	KATOWICE	POL	OPEN K	51	K 51	02:33:16	04:52:50	06:52:21.55	06:52:21.55	8:38	6.9
193	ŚWIAŃEK PRZEMYSŁAW	2256		DĄBROWA GÓRNICZA	POL	OPEN M	142	M 142	02:17:35	04:46:22	06:52:31.95	06:52:31.95	8:38	6.9
194	TYLUTKI AGNIESZKA	2264		TARNOBRZEG	POL	OPEN K	52	K 52	02:28:25	04:52:35	06:53:02.35	06:53:02.35	8:39	6.9
195	KOT TOMASZ	2121		KRAKÓW	POL	OPEN M	143	M 143	02:14:22	04:45:31	06:53:54.95	06:53:54.95	8:40	6.9
196	POL MATEUSZ	2211		CHORZÓW	POL	OPEN M	144	M 144	02:35:35	04:51:13	06:54:11.55	06:54:11.55	8:40	6.9
197	FRYC MONIKA	2068		KRAKÓW	POL	OPEN K	53	K 53	02:27:39	04:47:14	06:54:15.65	06:54:15.65	8:41	6.9
198	KROWIŃSKI MICHAŁ	2127		WARSZAWA	POL	OPEN M	145	M 145	02:26:25	04:45:20	06:54:47.55	06:54:47.55	8:41	6.9
199	BOROWSKI ANDRZEJ	2031		RUDA ŚLĄSKA	POL	OPEN M	146	M 146	02:15:42	04:42:19	06:55:39.50	06:55:39.50	8:42	6.9
200	LENKIEWICZ ALEKSANDER	2143	WKURWTEAM	WARSZAWA	POL	OPEN M	147	M 147	02:29:45	04:49:13	06:56:55.65	06:56:55.65	8:44	6.9
201	WÓJCICKI MARCIN	2278	NOWYSTYL RUNNING TEAM	ŁĘCZNA	POL	OPEN M	148	M 148	02:14:27	04:55:03	06:57:08.05	06:57:08.05	8:44	6.9
202	SOBCZYK-SPYT AGATA	2240		ZABRZE	POL	OPEN K	54	K 54	02:22:08	04:53:44	06:57:36.95	06:57:36.95	8:45	6.9
203	CISKOWSKA WERONIKA	2044		KRAKÓW	POL	OPEN K	55	K 55	02:30:48	04:49:16	06:57:55.55	06:57:55.55	8:45	6.8
204	MAGOCSY HELENA	2152		KRAKÓW	POL	OPEN K	56	K 56	02:32:50	04:55:23	06:57:58.60	06:57:58.60	8:45	6.8
205	MAJERSKI MICHAŁ	2155		KRAKÓW	POL	OPEN M	149	M 149	02:31:43	04:54:42	06:57:59.05	06:57:59.05	8:45	6.8
206	PAPROCKI BARTŁOMIEJ	2196		RABKA-ZDRÓJ	POL	OPEN M	150	M 150	02:21:29	04:49:30	06:58:40.80	06:58:40.80	8:46	6.8
207	KUNIKOWSKA ALEKSANDRA	2135		WARSZAWA	POL	OPEN K	57	K 57	02:28:24	04:53:40	06:58:45.40	06:58:45.40	8:46	6.8
208	SAMBORSKA KINGA	2232		ADAMÓW	POL	OPEN K	58	K 58	02:35:27	04:55:31	07:00:14.45	07:00:14.45	8:48	6.8
209	ZASADNI PAWEŁ	2286	TEAM ENVOL SWIMRUN	DĄBROWA GÓRNICZA	POL	OPEN M	151	M 151	02:22:54	04:49:34	07:01:25.95	07:01:25.95	8:50	6.8
210	PYKA TOMASZ	2218		MIKOŁÓW	POL	OPEN M	152	M 152	02:19:50	04:52:31	07:03:24.80	07:03:24.80	8:52	6.8
211	OBERC ŁUKASZ	2303	FINISZ RYMANÓW	RYMANÓW	POL	OPEN M	153	M 153	02:19:28	04:46:07	07:03:45.60	07:03:45.60	8:53	6.8
212	BRZOZOWSKA TERESA	2035	KB MCKIS JAWORZNO	JAWORZNO	POL	OPEN K	59	K 59	02:29:22	04:52:40	07:03:49.90	07:03:49.90	8:53	6.8
213	FUDAŁA PIOTR	2069		BALIN	POL	OPEN M	154	M 154	02:27:36	04:53:33	07:03:50.20	07:03:50.20	8:53	6.8

**ŁEMKO MARATON 48, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
214	JÓZWIAK MIKOŁAJ	2108	STG WARSZAWA	WARSZAWA	POL	OPEN M	155	M 155	02:26:15	05:01:17	07:06:20.80	07:06:20.80	8:56	6.7
215	MOKRZYCKI PATRYK	2172	SAINT-GOBAIN SQUAD	KNURÓW	POL	OPEN M	156	M 156	02:39:33	05:08:17	07:06:46.35	07:06:46.35	8:56	6.7
216	KARASIŃSKI DAMIAN	2301		KRAKÓW	POL	OPEN M	157	M 157	02:23:19	04:48:36	07:07:02.80	07:07:02.80	8:57	6.7
217	KULAS KATARZYNA	2134		POZNAŃ	POL	OPEN K	60	K 60	02:33:52	04:51:45	07:07:16.25	07:07:16.25	8:57	6.7
218	BIELIŃSKI TOMASZ	2023		NIWY	POL	OPEN M	158	M 158	02:32:35	04:58:23	07:08:33.05	07:08:33.05	8:59	6.7
219	CIMOSZKO KATARZYNA	2042	BR - W STRONĘ ULTRA	WĄGROWIEC	POL	OPEN K	61	K 61	02:31:10	04:56:22	07:08:39.90	07:08:39.90	8:59	6.7
220	ZAWITKOWSKI BARTOSZ	2288		RZESZÓW	POL	OPEN M	159	M 159	02:19:52	04:47:34	07:09:42.45	07:09:42.45	9:00	6.7
221	RYSZKO GRZEGORZ	2224	NEW BALANCE RUN CLUB	WARSZAWA	POL	OPEN M	160	M 160	02:17:15	04:51:06	07:10:24.05	07:10:24.05	9:01	6.6
222	LEŃCZUK ANDRZEJ	2144		JASŁO	POL	OPEN M	161	M 161	02:25:23	04:55:08	07:12:52.60	07:12:52.60	9:04	6.6
223	TATRZANSKI TOMASZ	2258	DZIKIE ŻYCIE RUN TEAM & KKB MOSIR KROSNO	KROSNO	POL	OPEN M	162	M 162	02:21:56	04:57:51	07:15:20.65	07:15:20.65	9:07	6.6
224	GOLA KAROLINA	2080		ZABIERZÓW	POL	OPEN K	62	K 62	02:41:14	05:07:23	07:19:00.90	07:19:00.90	9:12	6.5
225	LARA NATALIA	2140	WARRIORS ŁÓDŹ	SANOK	POL	OPEN K	63	K 63	02:41:32	05:13:08	07:19:09.60	07:19:09.60	9:12	6.5
226	CERAN ARTUR	2036	BRAVOSRUNTEAM	WARSZAWA	POL	OPEN M	163	M 163	02:21:23	05:07:41	07:20:01.95	07:20:01.95	9:13	6.5
227	LEMIEC AGNIESZKA	2306		PŁOCK	POL	OPEN K	64	K 64	02:33:46	05:02:28	07:20:09.10	07:20:09.10	9:13	6.5
228	NAGORSKI JACEK	2178		LODZ	POL	OPEN M	164	M 164	02:27:45	04:51:25	07:22:00.70	07:22:00.70	9:15	6.5
229	GĘBSKI SŁAWOMIR	2076	KKM KALORYFER	KRAKÓW	POL	OPEN M	165	M 165	02:34:46	05:07:47	07:25:11.85	07:25:11.85	9:19	6.4
230	PIOTROWSKA ANNA	2204	KULawe KONIE	WARSZAWA	POL	OPEN K	65	K 65	02:19:05	04:59:34	07:25:31.00	07:25:31.00	9:20	6.4
231	KOZIOŁ EWA	2126	RUNPROGRESS.PL TEAM	KRAKÓW	POL	OPEN K	66	K 66	02:47:47	05:17:39	07:27:20.15	07:27:20.15	9:22	6.4
232	ŁAPIŃSKI KAMIL	2148	CROSSBOX KASZUBY	RUMIA	POL	OPEN M	166	M 166	02:35:25	05:12:01	07:28:06.75	07:28:06.75	9:23	6.4
233	MARKOWSKI MAREK	2161		TOKYO		OPEN M	167	M 167	02:28:21	04:50:06	07:30:02.35	07:30:02.35	9:26	6.4
234	ANDRZEJEWSKI KRZYSZTOF	2013		SWARZĘDZ	POL	OPEN M	168	M 168	02:28:20	04:51:49	07:30:02.50	07:30:02.50	9:26	6.4
235	ZARZECKA JUSTYNA	2285		WARSZAWA	POL	OPEN K	67	K 67	02:40:00	05:15:49	07:31:00.05	07:31:00.05	9:27	6.3
236	GILEWSKI BARTŁOMIEJ	2077	#NIEZESRAJSIE	TARNOBRZEG	POL	OPEN M	169	M 169	02:39:55	05:15:30	07:31:00.10	07:31:00.10	9:27	6.3
237	MITEK ANDRZEJ	2170		ŻMIGRÓD	POL	OPEN M	170	M 170	02:39:32	05:12:16	07:32:21.05	07:32:21.05	9:28	6.3
238	MITEK DOROTA	2169		ŻMIGRÓD	POL	OPEN K	68	K 68	02:39:31	05:12:13	07:32:21.10	07:32:21.10	9:28	6.3
239	BIELIŃSKI MICHAŁ	2022	WERAARMY	BOCHNIA	POL	OPEN M	171	M 171	02:35:19	05:10:20	07:36:11.90	07:36:11.90	9:33	6.3
240	SKALA SABINA	2235		LONDON	GBR	OPEN K	69	K 69	02:29:49	05:02:13	07:36:27.05	07:36:27.05	9:34	6.3
241	MARKIEWICZ JAREK	2160	TRIWAWA	WARSZAWA	POL	OPEN M	172	M 172	02:43:34	05:20:38	07:40:15.55	07:40:15.55	9:38	6.2
242	DZIAMSKI MARCIN	2061	TRIWAWA	NOWA WOLA	POL	OPEN M	173	M 173	02:43:32	05:21:49	07:40:15.85	07:40:15.85	9:38	6.2
243	WILCZEK ŁUKASZ	2270		CIESZYN	POL	OPEN M	174	M 174	02:37:08	05:14:09	07:40:18.95	07:40:18.95	9:38	6.2
244	WÓJTOWICZ PAWEŁ	2280		KURÓW	POL	OPEN M	175	M 175	02:53:24	05:31:27	07:41:34.90	07:41:34.90	9:40	6.2
245	GLINKOWSKA MONIKA	2079		KRAKÓW	POL	OPEN K	70	K 70	02:40:27	05:18:38	07:41:48.75	07:41:48.75	9:40	6.2
246	WIĘSIK MICHAŁ	2269		OTWOCK	POL	OPEN M	176	M 176	02:30:31	05:06:58	07:42:12.85	07:42:12.85	9:41	6.2
247	NOWAK KAROL	2184		KIELCE	POL	OPEN M	177	M 177	02:40:45	05:24:33	07:42:33.60	07:42:33.60	9:41	6.2
248	OLIMSKI FABIAN	2187	ŁYDKATEAM	KNURÓW	POL	OPEN M	178	M 178	02:39:26	05:18:21	07:43:03.05	07:43:03.05	9:42	6.2
249	KUBAT MALGORZATA	2130		MISSISSAUGA	CAN	OPEN K	71	K 71	02:44:54	05:24:29	07:43:39.90	07:43:39.90	9:43	6.2
250	OCHREMIAK ALEKSANDRA	2186		WARSZAWA	POL	OPEN K	72	K 72	02:48:17	05:28:01	07:45:10.25	07:45:10.25	9:45	6.2
251	JANKOWY WALDEMAR	2095		ŁÓDŹ	POL	OPEN M	179	M 179	02:44:51	05:31:30	07:46:29.35	07:46:29.35	9:46	6.1
252	WOŁOWIEC KRZYSZTOF	2276	LABORATORYJNIE.PL	KIELCE	POL	OPEN M	180	M 180	02:34:31	05:24:25	07:49:01.85	07:49:01.85	9:49	6.1
253	JĘDRZEJEWSKA BEATA	2107		BYTOM	POL	OPEN K	73	K 73	02:52:32	06:02:41	08:19:13.65	08:19:13.65	10:27	5.7
254	MIKOŁAJCZYK MAŁGORZATA	2167	MIRAZ RACE TEAM	ZABRZE	POL	OPEN K	74	K 74	02:52:35	06:02:50	08:19:13.70	08:19:13.70	10:27	5.7
255	MZYK FABIAN	2176	STS BIEGATON	ORZESZE	POL	OPEN M	181	M 181	02:52:02	05:57:22	08:32:07.95	08:32:07.95	10:44	5.6
256	MAGOCZY JUSTYNA	2153		KRAKÓW	POL	OPEN K	75	K 75	03:11:19	06:06:28	08:38:37.90	08:38:37.90	10:52	5.5
257	KARPIŃSKA NINA	2307	TEAM ZABIEGANEDNI	WARSZAWA	POL	OPEN K	76	K 76	03:25:55	06:49:58	09:53:32.40	09:53:32.40	12:26	4.8
	CHOMA MAREK	2040	PĘDZĄCE LENIWCE	REPKI	POL	OPEN M			DNF	04:24:07	DNF	DNF	-	-
	LENART WIOLETA	2142		GRÓJEC	POL	OPEN K			02:46:57	05:50:07	DNF	DNF	-	-
	RAKOWSKI EDWARD	2221		GDYNIA	POL	OPEN M			02:14:51	DNF	DNF	DNF	-	-
	CZAPIEWSKI JACEK	2050	MKS KLOPS	GDAŃSK	POL	OPEN M			02:39:31	DNF	DNF	DNF	-	-
	GAWRON JAKUB	2074	AW - SZYBCIEJ - TEAM	RZESZÓW	POL	OPEN M			DNF	DNF	DNF	DNF	-	-

**ŁEMKO MARATON 48, Open K**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
1	BYRSKA SYLWIA	2001	WM TRISELF	FRYDRYCHOWICE	POL	OPEN K	1	K 1	01:41:08	03:08:24	04:33:17.30	04:33:17.30	5:43	10.5
2	KUCHTA MARIA	2005	STAJNIAK TEAM	BUKOWINA TATRZAŃSKA	POL	OPEN K	2	K 2	01:41:07	03:11:45	04:35:16.60	04:35:16.60	5:46	10.4
3	FIEDOROWICZ ASIA	2063	SKLEP BIEGACZA RUNNING TEAM	OLSZTYN	POL	OPEN K	3	K 3	01:42:06	03:13:41	04:37:08.80	04:37:08.80	5:48	10.3
4	ZIĘBA SABINA	2007	#SZLACHTABIEGA	ŚWILCZA	POL	OPEN K	4	K 4	01:46:56	03:19:34	04:45:35.35	04:45:35.35	5:59	10
5	DZIADZIO MAŁGORZATA	2009		KRAKÓW	POL	OPEN K	5	K 5	01:46:06	03:20:34	04:47:05.65	04:47:05.65	6:01	10
6	JAŃCZYK EWA	2096		KRAKÓW	POL	OPEN K	6	K 6	01:50:23	03:28:30	04:55:59.80	04:55:59.80	6:12	9.7
7	CZECH AGATA	2003		BASZKÓWKA	POL	OPEN K	7	K 7	01:48:52	03:28:28	04:56:37.45	04:56:37.45	6:13	9.6
8	PODRAZA KLAUDIA	2210	PĘDZĄCE ŚLIMAKI	GRABINY	POL	OPEN K	8	K 8	01:48:32	03:32:11	05:00:56.15	05:00:56.15	6:18	9.5
9	DĘBSKA MARTA	2011	ZIELONEBIEGANIE.PL	POLANY	POL	OPEN K	9	K 9	01:52:31	03:32:44	05:00:58.50	05:00:58.50	6:18	9.5
10	WIECZOREK AGATA	2268	BIEGOWE CZWARTKI	TARNOBRZEG	POL	OPEN K	10	K 10	01:58:35	03:47:19	05:24:46.50	05:24:46.50	6:48	8.8
11	MARZEC JUSTYNA	2162	#SZLACHTABIEGA	ŁANCUT	POL	OPEN K	11	K 11	01:58:35	03:50:15	05:29:43.25	05:29:43.25	6:54	8.7
12	FREIHOEFFER KLAUDIA	2067	TRAIL IS OUR WAY	SOSNOWIEC	POL	OPEN K	12	K 12	02:00:55	03:55:05	05:31:55.75	05:31:55.75	6:57	8.6
13	KOSIŃSKA ANNA	2120	MOUNTAIN RUNNING GUIDES	WARSZAWA	POL	OPEN K	13	K 13	02:12:52	04:06:40	05:47:02.60	05:47:02.60	7:16	8.2
14	SZNAJDER JOANNA	2253	G.O.A.T. TEAM MICHAŁOWICE	MICHAŁOWICE	POL	OPEN K	14	K 14	01:54:59	03:52:17	05:48:46.20	05:48:46.20	7:18	8.2
15	JARUZEL EWA	2098	SKL STARGARD	STARGARD	POL	OPEN K	15	K 15	02:05:44	04:03:21	05:49:44.90	05:49:44.90	7:19	8.2
16	SZOTA MAGDALENA	2254	DCWRP	MIKOŁÓW	POL	OPEN K	16	K 16	02:14:15	04:12:17	05:55:39.25	05:55:39.25	7:27	8
17	PIWOWARCZYK MAGDALENA	2207		LUBLIN	POL	OPEN K	17	K 17	02:15:03	04:13:34	05:56:19.50	05:56:19.50	7:28	8
18	URBANEK JOANNA	2266		KROSNO	POL	OPEN K	18	K 18	02:12:47	04:13:52	05:56:42.75	05:56:42.75	7:28	8
19	SALACHNA - NOWAK MAGDALENA	2230	STAY INSANE/BIEGAM Z ABS	LUBLIN	POL	OPEN K	19	K 19	02:08:00	04:08:18	05:57:08.40	05:57:08.40	7:29	8
20	JĘDRZEJCZYK MAJA	2105	SANOK BIEGA	SANOK	POL	OPEN K	20	K 20	02:09:39	04:12:17	05:58:27.60	05:58:27.60	7:30	8
21	OWCZAREK IZABELA	2191	SLEZAKTEAM	GŁOGÓW	POL	OPEN K	21	K 21	02:10:14	04:11:10	05:59:02.50	05:59:02.50	7:31	8
22	SADAJ ANNA	2228	ANIA I CHŁOPAKI	KRAKÓW	POL	OPEN K	22	K 22	02:08:37	04:16:47	05:59:44.15	05:59:44.15	7:32	8
23	ULIKOWSKA MARTYNA	2265	TEAM DFBG	KRAKÓW	POL	OPEN K	23	K 23	02:09:38	04:16:55	06:04:42.50	06:04:42.50	7:38	7.8
24	PIECUCH KAROLINA	2202		KRAKÓW	POL	OPEN K	24	K 24	02:07:29	04:11:59	06:06:48.65	06:06:48.65	7:41	7.8
25	AWRUK AGATA	2014	KOMOSA CREW	OGRODNICZKI	POL	OPEN K	25	K 25	02:17:30		06:10:11.00	06:10:11.00	7:45	7.7
26	GROMEK EDYTA	2086	SZYBCIEJ NIE DAM RADY/NIEMCE TEAM	LUBLIN	POL	OPEN K	26	K 26	02:14:43	04:18:28	06:10:34.05	06:10:34.05	7:46	7.7
27	DORCZUK AGATA	2059		WARSZAWA	POL	OPEN K	27	K 27	02:14:41	04:19:56	06:10:52.85	06:10:52.85	7:46	7.7
28	PAULOVICZ MARIANNA	2198		BUDAPEST	HUN	OPEN K	28	K 28	02:18:44	04:25:32	06:11:13.25	06:11:13.25	7:46	7.7
29	ZIĘTARA-NOSEK BOŻENA	2290	KKM KALORYFER	WIELICZKA	POL	OPEN K	29	K 29	02:17:40	04:22:23	06:11:49.80	06:11:49.80	7:47	7.7
30	CZABAN EWA	2048		KRAKÓW	POL	OPEN K	30	K 30	02:08:49	04:13:48	06:12:19.15	06:12:19.15	7:48	7.7
31	DAWIDOWSKA JOANNA	2056	HARPAGAN SOSNOWIEC	SOSNOWIEC	POL	OPEN K	31	K 31	02:15:23	04:23:46	06:16:18.50	06:16:18.50	7:53	7.6
32	RZYMOWSKA KRYSZYNA	2226		WARSZAWA	POL	OPEN K	32	K 32	02:16:29	04:29:17	06:17:39.95	06:17:39.95	7:55	7.6
33	SOBCZAK MAGDALENA	2239		ŁOMIANKI	POL	OPEN K	33	K 33	02:17:53	04:27:18	06:19:29.95	06:19:29.95	7:57	7.5
34	TULA RENATA	2262		WARSZAWA	POL	OPEN K	34	K 34	02:15:19	04:27:03	06:20:09.65	06:20:09.65	7:58	7.5
35	SZEWCZYK MONIKA	2252	KKM KALORYFER	KRAKÓW	POL	OPEN K	35	K 35	02:19:41	04:29:29	06:25:05.80	06:25:05.80	8:04	7.4
36	PERLAK MAGDALENA	2201	TRAIL IS OUR WAY	TYCHY	POL	OPEN K	36	K 36	02:17:30	04:26:58	06:26:40.00	06:26:40.00	8:06	7.4
37	JAROŃ MAGDA	2097		WIĘCKOWICE	POL	OPEN K	37	K 37	02:19:37	04:36:55	06:28:08.95	06:28:08.95	8:08	7.4
38	JEMIOŁA PAULINA	2104	POGÓRZE ULTRA TRAIL	CZUDEC	POL	OPEN K	38	K 38	02:17:49	04:32:00	06:30:44.55	06:30:44.55	8:11	7.3
39	CIUPIŃSKA MAGDA	2045	#SZLACHTABIEGA	OSTRÓW	POL	OPEN K	39	K 39	02:18:15	04:34:13	06:31:09.95	06:31:09.95	8:12	7.3
40	BARTELA EDYTA	2015	DZIK KOMANDO	ŁÓDŹ	POL	OPEN K	40	K 40	02:13:56	04:32:03	06:31:34.45	06:31:34.45	8:12	7.3
41	GOŁDYN KATARZYNA	2082	INFINITY GYM	POŚADZA	POL	OPEN K	41	K 41	02:26:32	04:40:44	06:35:56.50	06:35:56.50	8:18	7.2
42	NAWROCKA-MUSZYŃSKA PAULINA	2179		VANLØSE	DEN	OPEN K	42	K 42	02:30:56	04:41:41	06:37:23.95	06:37:23.95	8:19	7.2
43	KABALA JOANNA	2109	ZDANOWSKI TRAIL TEAM	OTWOCK	POL	OPEN K	43	K 43	02:26:44	04:37:36	06:39:53.00	06:39:53.00	8:22	7.2
44	ŚLUSARCZYK EDYTA	2255		JASŁO	POL	OPEN K	44	K 44	02:19:28	04:42:31	06:41:45.05	06:41:45.05	8:25	7.1
45	PLUCIŚ MAŁGORZATA	2208	GRUPA BIEGOWA CHTMO	JABŁONNA	POL	OPEN K	45	K 45	02:17:57	04:40:59	06:43:42.05	06:43:42.05	8:27	7.1
46	SZELAĞIEWICZ PATRYCJA	2250		SZCZECIN	POL	OPEN K	46	K 46	02:22:28	04:40:28	06:44:17.30	06:44:17.30	8:28	7.1
47	KAWA WIOLETTA	2112		ZALASOWA	POL	OPEN K	47	K 47	02:25:53	04:44:49	06:44:53.95	06:44:53.95	8:29	7.1
48	KOZA JOANNA	2124	LUBONIEWKA TEAM	WARSZAWA	POL	OPEN K	48	K 48	02:30:51	04:44:55	06:49:28.45	06:49:28.45	8:35	7
49	BIENIAS-OWCZARCZYK PAULINA	2024		OZORKÓW	POL	OPEN K	49	K 49	02:17:09	04:41:28	06:49:31.35	06:49:31.35	8:35	7
50	ZAJĄC ANNA	2283		GLIWICE	POL	OPEN K	50	K 50	02:28:00	04:50:48	06:52:05.70	06:52:05.70	8:38	6.9
51	CZABAN KATARZYNA	2047	KULAM SIĘ JAK GUMIKLIJZY	KATOWICE	POL	OPEN K	51	K 51	02:33:16	04:52:50	06:52:21.55	06:52:21.55	8:38	6.9
52	TYLUTKI AGNIESZKA	2264		TARNOBRZEG	POL	OPEN K	52	K 52	02:28:25	04:52:35	06:53:02.35	06:53:02.35	8:39	6.9
53	FRYC MONIKA	2068		KRAKÓW	POL	OPEN K	53	K 53	02:27:39	04:47:14	06:54:15.65	06:54:15.65	8:41	6.9
54	SOBCZYK-SPYT AGATA	2240		ZABRZE	POL	OPEN K	54	K 54	02:22:08	04:53:44	06:57:36.95	06:57:36.95	8:45	6.9
55	CISKOWSKA WERONIKA	2044		KRAKOW	POL	OPEN K	55	K 55	02:30:48	04:49:16	06:57:55.55	06:57:55.55	8:45	6.8
56	MAGOCZY HELENA	2152		KRAKÓW	POL	OPEN K	56	K 56	02:32:50	04:55:23	06:57:58.60	06:57:58.60	8:45	6.8

**ŁEMKO MARATON 48, Open K c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
57	KUNIKOWSKA ALEKSANDRA	2135		WARSZAWA	POL	OPEN K	57	K 57	02:28:24	04:53:40	06:58:45.40	06:58:45.40	8:46	6.8
58	SAMBORSKA KINGA	2232		ADAMÓW	POL	OPEN K	58	K 58	02:35:27	04:55:31	07:00:14.45	07:00:14.45	8:48	6.8
59	BRZOZOWSKA TERESA	2035	KB MCKIS JAWORZNO	JAWORZNO	POL	OPEN K	59	K 59	02:29:22	04:52:40	07:03:49.90	07:03:49.90	8:53	6.8
60	KULAS KATARZYNA	2134		POZNAŃ	POL	OPEN K	60	K 60	02:33:52	04:51:45	07:07:16.25	07:07:16.25	8:57	6.7
61	CIMOSZKO KATARZYNA	2042	BR - W STRONĘ ULTRA	WĄGROWIEC	POL	OPEN K	61	K 61	02:31:10	04:56:22	07:08:39.90	07:08:39.90	8:59	6.7
62	GOLA KAROLINA	2080		ZABIERZÓW	POL	OPEN K	62	K 62	02:41:14	05:07:23	07:19:00.90	07:19:00.90	9:12	6.5
63	LARA NATALIA	2140	WARRIORS ŁÓDŹ	SANOK	POL	OPEN K	63	K 63	02:41:32	05:13:08	07:19:09.60	07:19:09.60	9:12	6.5
64	LEMIEC AGNIESZKA	2306		PŁOCK	POL	OPEN K	64	K 64	02:33:46	05:02:28	07:20:09.10	07:20:09.10	9:13	6.5
65	PIOTROWSKA ANNA	2204	KULAWIE KONIE	WARSZAWA	POL	OPEN K	65	K 65	02:19:05	04:59:34	07:25:31.00	07:25:31.00	9:20	6.4
66	KOZIOŁ EWA	2126	RUNPROGRESS.PL TEAM	KRAKÓW	POL	OPEN K	66	K 66	02:47:47	05:17:39	07:27:20.15	07:27:20.15	9:22	6.4
67	ZARZEKA JUSTYNA	2285		WARSZAWA	POL	OPEN K	67	K 67	02:40:00	05:15:49	07:31:00.05	07:31:00.05	9:27	6.3
68	MITEK DOROTA	2169		ŻMIGRÓD	POL	OPEN K	68	K 68	02:39:31	05:12:13	07:32:21.10	07:32:21.10	9:28	6.3
69	SKALA SABINA	2235		LONDON	GBR	OPEN K	69	K 69	02:29:49	05:02:13	07:36:27.05	07:36:27.05	9:34	6.3
70	GLINKOWSKA MONIKA	2079		KRAKÓW	POL	OPEN K	70	K 70	02:40:27	05:18:38	07:41:48.75	07:41:48.75	9:40	6.2
71	KUBAT MALGORZATA	2130		MISSISSAUGA	CAN	OPEN K	71	K 71	02:44:54	05:24:29	07:43:39.90	07:43:39.90	9:43	6.2
72	OCHREMIAK ALEKSANDRA	2186		WARSZAWA	POL	OPEN K	72	K 72	02:48:17	05:28:01	07:45:10.25	07:45:10.25	9:45	6.2
73	JĘDRZEJEWSKA BEATA	2107		BYTOM	POL	OPEN K	73	K 73	02:52:32	06:02:41	08:19:13.65	08:19:13.65	10:27	5.7
74	MIKOŁAJCZYK MAŁGORZATA	2167	MIRAZ RACE TEAM	ZABRZE	POL	OPEN K	74	K 74	02:52:35	06:02:50	08:19:13.70	08:19:13.70	10:27	5.7
75	MAGOCZY JUSTYNA	2153		KRAKÓW	POL	OPEN K	75	K 75	03:11:19	06:06:28	08:38:37.90	08:38:37.90	10:52	5.5
76	KARPIŃSKA NINA	2307	TEAM ZABIEGANEDNI	WARSZAWA	POL	OPEN K	76	K 76	03:25:55	06:49:58	09:53:32.40	09:53:32.40	12:26	4.8
	LENART WIOLETA	2142		GRÓJEC	POL	OPEN K			02:46:57	05:50:07	DNF	DNF	-	-
									DNF	DNF				

**ŁEMKO MARATON 48, Open M**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
1	KOBOS TOMASZ	2299	METODA FELDENKRAISA	KRAKÓW	POL	OPEN M	1	M 1	01:20:49	02:29:29	03:33:09.15	03:33:09.15	4:28	13.4
2	SIOŁA KAROL	2296	DIADORA TEAM	GRYWAŁD	POL	OPEN M	2	M 2	01:24:01	02:37:16	03:45:03.15	03:45:03.15	4:43	12.7
3	KĄŻMIERCZYK ADAM	2114	MARCIN ŚWIERC TEAM	KATOWICE	POL	OPEN M	3	M 3	01:34:52	02:56:19	04:15:10.05	04:15:10.05	5:20	11.2
4	GAWLIK SŁAWEK	2008	DYNAFIT TEAM POLAND	KRAKÓW	POL	OPEN M	4	M 4	01:34:52	02:59:28	04:20:45.55	04:20:45.55	5:27	11
5	BANIAK MARCIN	2006	G.O.A.T. TEAM MICHAŁOWICE	ZERWANA	POL	OPEN M	5	M 5	01:34:02	03:01:18	04:26:53.00	04:26:53.00	5:35	10.7
6	ZYGMUNT TOMASZ	2004	BORGWARNER RUNNING TEAM	RZESZÓW	POL	OPEN M	6	M 6	01:28:36	02:54:26	04:27:50.65	04:27:50.65	5:36	10.7
7	PTAK MATEUSZ	2216	TRAIL IS OUR WAY	NIENASZÓW	POL	OPEN M	7	M 7	01:38:27	03:06:28	04:29:36.10	04:29:36.10	5:39	10.6
8	RAFA DOMINIK	2220	ANIA I CHŁOPAKI	KRAKÓW	POL	OPEN M	8	M 8	01:38:23	03:08:06	04:30:14.80	04:30:14.80	5:39	10.6
9	ŁUSZCZAK KAMIL	2151	STAY INSANE/PERFECT RUNNER	LUBLIN	POL	OPEN M	9	M 9	01:41:09	03:10:09	04:30:54.55	04:30:54.55	5:40	10.6
10	POTASIEWICZ GRZEGORZ	2212		KRAKÓW	POL	OPEN M	10	M 10	01:37:04	03:08:41	04:32:15.25	04:32:15.25	5:42	10.5
11	WÓJCIK ŁUKASZ	2279	NIEMCE TEAM/SZYBCIEJ NIE DAM RADY	LUBLIN	POL	OPEN M	11	M 11	01:40:55	03:13:36	04:40:34.15	04:40:34.15	5:52	10.2
12	GÓRSKI TOMASZ	2084		KROSNO	POL	OPEN M	12	M 12	01:42:08	03:16:26	04:48:17.35	04:48:17.35	6:02	9.9
13	MIŁKOWSKI PAWEŁ	2168	JASZCZOMP	SOSNOWIEC	POL	OPEN M	13	M 13	01:41:35	03:18:35	04:49:49.40	04:49:49.40	6:04	9.9
14	STANIŚŁAWSKI MICHAŁ	2243	UKS FREE SPORTS BIELSKO-BIAŁA	BIELSKO-BIAŁA	POL	OPEN M	14	M 14	01:48:17	03:23:01	04:52:31.35	04:52:31.35	6:07	9.8
15	MAKOWSKI JAROSŁAW	2156		LUBLIN	POL	OPEN M	15	M 15	01:45:04	03:19:09	04:53:26.05	04:53:26.05	6:09	9.8
16	TRYBUS SYLWESTER	2260	NOWY STYL RUNNING TEAM	JEDLICZE	POL	OPEN M	16	M 16	01:52:46	03:29:31	04:54:37.35	04:54:37.35	6:10	9.7
17	CHODOROWICZ MARIUSZ	2037	BIEGING TEAM ZELÓW	ŁÓDŹ	POL	OPEN M	17	M 17	01:40:15	03:14:58	04:55:05.80	04:55:05.80	6:11	9.7
18	GOŁĄBEK RAFAŁ	2081	MTB MOSIR DUKLA	DUKLA	POL	OPEN M	18	M 18	01:42:06	03:24:21	04:57:44.40	04:57:44.40	6:14	9.6
19	JASIONOWICZ GRZEGORZ	2100	PODBIEG.PL	OSIEK JASIELSKI	POL	OPEN M	19	M 19	01:49:37	03:27:48	04:58:13.45	04:58:13.45	6:15	9.6
20	PODOLAK KUBA	2209	A TAK SOBIE BIEGAM	JAROSŁAW	POL	OPEN M	20	M 20	01:48:45	03:25:47	04:58:48.15	04:58:48.15	6:15	9.6
21	RADEK WOJCIECH	2219	ŚPOT	NOWA DĘBA	POL	OPEN M	21	M 21	01:48:53	03:28:18	04:59:15.85	04:59:15.85	6:16	9.6
22	KUTAJ GRZEGORZ	2137		WIELICZKA	POL	OPEN M	22	M 22	01:55:08	03:31:19	05:00:13.35	05:00:13.35	6:17	9.5
23	MENTEL MARCIN	2165		WARSZAWA	POL	OPEN M	23	M 23	01:53:38	03:35:44	05:01:10.90	05:01:10.90	6:18	9.5
24	SZUKAŁA MICHAŁ	2302		KRAKÓW	POL	OPEN M	24	M 24	01:35:10	03:24:40	05:02:36.20	05:02:36.20	6:20	9.5
25	PROTAS KRZYSZTOF	2214		WARSZAWA	POL	OPEN M	25	M 25	01:49:16	03:35:56	05:07:24.95	05:07:24.95	6:26	9.3
26	KISIECKI DAMIAN	2116	HURAGAN LIGOTA	TYCHY	POL	OPEN M	26	M 26	01:54:59	03:36:24	05:11:36.05	05:11:36.05	6:31	9.2
27	WOJDANOWSKI JAN	2273		JELCZ-LASKOWICE	POL	OPEN M	27	M 27	01:54:56	03:41:58	05:11:44.10	05:11:44.10	6:32	9.2
28	GALEWSKI ADRIAN	2070	AW - SZYBCIEJ - TEAM	WARSZAWA	POL	OPEN M	28	M 28	01:47:00	03:28:44	05:14:22.65	05:14:22.65	6:35	9.1
29	JAROMI ŁUKASZ	2304		WARSZAWA	POL	OPEN M	29	M 29	01:58:13	03:43:24	05:14:39.00	05:14:39.00	6:35	9.1

**ŁEMKO MARATON 48, Open M c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
30	WOSKOWICZ MATEUSZ	2277		DĘBICA	POL	OPEN M	30	M 30	01:54:52	03:40:33	05:14:43.60	05:14:43.60	6:35	9.1
31	BŁASZCZAK MAREK	2027	AW - SZYBICIEJ - TEAM	WROCŁAW	POL	OPEN M	31	M 31	01:52:21	03:37:27	05:15:00.55	05:15:00.55	6:36	9.1
32	GIŁOWSKI KAMIL	2078	UKS FREE SPORTS BIELSKO-BIAŁA	BIELSKO-BIAŁA	POL	OPEN M	32	M 32	01:47:27	03:32:48	05:16:32.75	05:16:32.75	6:38	9
33	ŁOŚ KAMIL	2150	DZIK KOMANDO	DŁUTÓW	POL	OPEN M	33	M 33	01:48:28	03:37:00	05:16:35.05	05:16:35.05	6:38	9
34	ZWOLIŃSKI MARIUSZ	2292		WARSZAWA	POL	OPEN M	34	M 34	01:50:59	03:37:51	05:18:48.80	05:18:48.80	6:41	9
35	SALAMON JAROSŁAW	2231		GMINA TRZEBOWNISKO	POL	OPEN M	35	M 35	01:49:22	03:35:23	05:19:13.70	05:19:13.70	6:41	9
36	ORYSIK RAFAŁ	2188		RACIBÓRZ	POL	OPEN M	36	M 36	01:55:06	03:38:44	05:19:20.90	05:19:20.90	6:41	9
37	JASKÓLSKI KRZYSZTOF	2102	MYNIUTEAM	KRAKÓW	POL	OPEN M	37	M 37	01:59:17	03:44:51	05:20:47.15	05:20:47.15	6:43	8.9
38	BIERNAT MATEUSZ	2025		TYCHY	POL	OPEN M	38	M 38	01:57:45	03:46:31	05:21:41.30	05:21:41.30	6:44	8.9
39	RECZKO JAKUB	2223		ZABRZE	POL	OPEN M	39	M 39	01:59:35	03:46:53	05:22:33.35	05:22:33.35	6:45	8.9
40	JEGER PIOTR	2103	SKLEP BIEGACZA RUNNING TEAM	OLSZTYN	POL	OPEN M	40	M 40	01:52:40	03:39:19	05:22:43.90	05:22:43.90	6:45	8.9
41	KUBIAK MARCIN	2131		CZECHOWICE-DZIEDZICE	POL	OPEN M	41	M 41	01:54:15	03:44:35	05:23:03.90	05:23:03.90	6:46	8.9
42	KUZINOWICZ PAWEŁ	2138	MAMYTO	GDYNIA	POL	OPEN M	42	M 42	01:54:20	03:43:37	05:24:21.60	05:24:21.60	6:47	8.8
43	PAŁCZYŃSKI PAWEŁ	2195	LG:)	GRZĘDZICE	POL	OPEN M	43	M 43	01:55:37	03:43:32	05:25:55.30	05:25:55.30	6:49	8.8
44	TUCKI KONRAD	2261		WARSZAWA	POL	OPEN M	44	M 44	02:00:53	03:50:29	05:26:19.95	05:26:19.95	6:50	8.8
45	SOCHACKI GRZEGORZ	2242	NOGAMI DO PRZODU	KRAKÓW	POL	OPEN M	45	M 45	01:54:31	03:44:25	05:28:50.05	05:28:50.05	6:53	8.7
46	KOCYŁOWSKI PIOTR	2118	LITWIN SPORTS	WROCŁAW	POL	OPEN M	46	M 46	01:57:41	03:50:32	05:30:31.70	05:30:31.70	6:55	8.7
47	KŁÓDKIEWICZ MARCIN	2117		LESZNO	POL	OPEN M	47	M 47	01:53:05	03:44:57	05:30:43.95	05:30:43.95	6:55	8.7
48	GARBIEN GRZEGORZ	2073		MOKRZYSKA	POL	OPEN M	48	M 48	01:55:01	03:49:36	05:31:05.55	05:31:05.55	6:56	8.6
49	STANOK PIOTR	2244		RZESZÓW	POL	OPEN M	49	M 49	01:57:41	03:56:01	05:32:42.35	05:32:42.35	6:58	8.6
50	GAŁEK ALEKSANDER	2072	PRAGMATIQ.PL	POZNAŃ	POL	OPEN M	50	M 50	02:03:14	03:49:34	05:32:57.95	05:32:57.95	6:58	8.6
51	GĘBORYS PATRYK	2075	JTCNW	KROSNO	POL	OPEN M	51	M 51	02:04:17	03:57:41	05:36:24.45	05:36:24.45	7:03	8.5
52	SOBCZAK GRZEGORZ	2238		ŁOMIAŃKI	POL	OPEN M	52	M 52	01:52:50	03:44:38	05:38:27.95	05:38:27.95	7:05	8.5
53	SZELEŻYŃSKI BARTOSZ	2251	MAJA TEAM	RUMIA	POL	OPEN M	53	M 53	02:12:54	04:05:35	05:38:44.15	05:38:44.15	7:06	8.4
54	BIARDA DOMINIK	2020	WROCŁAWSKI KLUB WYSOKOGÓRSKI	WROCŁAW	POL	OPEN M	54	M 54	02:09:00	04:05:57	05:40:56.85	05:40:56.85	7:08	8.4
55	LIPSKI DAWID	2146		KRAKÓW	POL	OPEN M	55	M 55	02:08:45	04:05:31	05:41:11.50	05:41:11.50	7:09	8.4
56	BARZYK KAROL	2016		MOGILANY	POL	OPEN M	56	M 56	02:05:28	03:56:56	05:41:46.35	05:41:46.35	7:09	8.4
57	FITT KONRAD	2065	KRAKÓW AIRPORT RUNNING TEAM	KRAKÓW	POL	OPEN M	57	M 57	02:00:50	03:56:48	05:41:57.05	05:41:57.05	7:10	8.4
58	SIDOR RADOŚLAW	2233	POSMAKUJ RUN TEAM	WIDACZ	POL	OPEN M	58	M 58	02:00:45	03:57:19	05:42:15.25	05:42:15.25	7:10	8.4
59	HILLER ARTUR	2091		WIELICZKA	POL	OPEN M	59	M 59	01:59:10	03:56:06	05:42:40.00	05:42:40.00	7:11	8.4
60	JARUZEL ROBERT	2099	SKL STARGARD	STARGAD	POL	OPEN M	60	M 60	02:05:26	04:04:33	05:43:57.30	05:43:57.30	7:12	8.3
61	DADOS RAFAŁ	2054		MŁODZIEJOWICE	POL	OPEN M	61	M 61	01:54:36	03:49:39	05:44:07.10	05:44:07.10	7:12	8.3
62	GUZANEK ARKADIUSZ	2088		KRAKÓW	POL	OPEN M	62	M 62	02:09:33	04:03:51	05:44:49.50	05:44:49.50	7:13	8.3
63	FILIPEK WOJCIECH	2064	OPTIM TRAVEL ULTRA	RZESZÓW	POL	OPEN M	63	M 63	01:58:29	03:53:57	05:45:38.40	05:45:38.40	7:14	8.3
64	KURASZKIEWICZ ROBERT	2136		ROPCZYCE	POL	OPEN M	64	M 64	02:01:42	03:54:02	05:45:38.50	05:45:38.50	7:14	8.3
65	PUDEŁKO RAFAŁ	2217	MAMYTO	GDYNIA	POL	OPEN M	65	M 65	02:00:17	04:01:56	05:46:21.20	05:46:21.20	7:15	8.3
66	JĘDRZEJCZYK ADAM	2106	SANOK BIEGA	SANOK	POL	OPEN M	66	M 66	01:59:47	03:55:09	05:46:54.75	05:46:54.75	7:16	8.3
67	ANTOLAK ADAM	2308		WARSZAWA	POL	OPEN M	67	M 67	01:59:17	03:58:17	05:48:03.95	05:48:03.95	7:17	8.2
68	BŁĄŻEJOWSKI DARIUSZ	2028	NOWY STYL RUNNING TEAM	ŚWIERZOWA POLSKA	POL	OPEN M	68	M 68	02:00:41	03:57:59	05:48:18.45	05:48:18.45	7:18	8.2
69	PESZT MAREK	2298		KRAKÓW	POL	OPEN M	69	M 69	01:51:13	03:58:17	05:48:37.65	05:48:37.65	7:18	8.2
70	OCHAŁA PRZEMYSŁAW	2185		RZESZÓW	POL	OPEN M	70	M 70	01:59:35	03:57:53	05:48:44.60	05:48:44.60	7:18	8.2
71	ŻÓŁTOWSKI MICHAŁ	2294	MIRAZ RACE TEAM	GLIWICE	POL	OPEN M	71	M 71	01:56:51	04:00:44	05:49:10.75	05:49:10.75	7:19	8.2
72	CIURYK ROMAN	2046	RUSYN-LEM	WIRCHNIA	POL	OPEN M	72	M 72	02:00:46	02:32:19	05:49:20.70	05:49:20.70	7:19	8.2
73	PAJĄK ANDRZEJ	2194	BIEGAM Z ABS	GARBÓW	POL	OPEN M	73	M 73	01:57:34	03:52:13	05:49:37.30	05:49:37.30	7:19	8.2
74	CZAJKOWSKI KRZYSZTOF	2049		BIAŁYSTOK	POL	OPEN M	74	M 74	02:02:40	04:00:51	05:49:53.10	05:49:53.10	7:20	8.2
75	BRYLIŃSKI PRZEMYSŁAW	2034	BRYLANT FOTO	RZESZÓW	POL	OPEN M	75	M 75	02:06:09	04:01:17	05:50:13.15	05:50:13.15	7:20	8.2
76	ZAJDER PAWEŁ	2284	PRZEDWOJEWSKI TEAM	SANDOMIERZ	POL	OPEN M	76	M 76	01:54:27	03:59:41	05:51:05.00	05:51:05.00	7:21	8.2
77	KAZAŁSKI GRZEGORZ	2113		STRZYŻÓW	POL	OPEN M	77	M 77	02:05:17	04:05:07	05:51:30.00	05:51:30.00	7:22	8.1
78	KOWAŁSKI GRZEGORZ	2123	PMCG PIASECZNO	PIASECZNO	POL	OPEN M	78	M 78	02:04:36	04:06:25	05:51:52.45	05:51:52.45	7:22	8.1
79	MRÓZ TOMASZ	2174		POZNAŃ	POL	OPEN M	79	M 79	02:04:41	04:02:49	05:52:55.90	05:52:55.90	7:23	8.1
80	RZEPNIEWSKI ŁUKASZ	2225		WARSZAWA	POL	OPEN M	80	M 80	02:01:06	04:02:34	05:53:27.10	05:53:27.10	7:24	8.1
81	ZUGAJ ROBERT	2291		RUDA ŚLĄSKA	POL	OPEN M	81	M 81	01:59:32	04:03:56	05:53:46.75	05:53:46.75	7:24	8.1
82	JADZIEWICZ JAKUB	2093		WARSZAWA	POL	OPEN M	82	M 82	01:57:40	04:01:04	05:54:40.00	05:54:40.00	7:26	8.1
83	STOMPÓR PIOTR	2247		WARSZAWA	POL	OPEN M	83	M 83	01:59:39	04:03:48	05:54:40.45	05:54:40.45	7:26	8.1
84	NAWROCKI SZYMON	2180		MIKOŁÓW	POL	OPEN M	84	M 84	02:13:29	04:12:14	05:55:39.85	05:55:39.85	7:27	8
85	KOLECKI JAKUB	2119		KRAKÓW	POL	OPEN M	85	M 85	02:04:16	04:05:24	05:56:08.80	05:56:08.80	7:27	8
86	HOLUBOWSKI SZYMON	2092		ROGALINEK	POL	OPEN M	86	M 86	02:11:46	04:09:43	05:56:10.75	05:56:10.75	7:28	8



**ŁEMKO MARATON 48, Open M c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
87	MAJ MICHAŁ	2154		KRAKÓW	POL	OPEN M	87	M 87	02:05:30	04:06:28	05:56:54.65	05:56:54.65	7:28	8
88	LISOWSKI JACEK	2147	STAY INSANE	DĄBROWICA	POL	OPEN M	88	M 88	02:08:00	04:08:14	05:57:08.50	05:57:08.50	7:29	8
89	KIBART ROBERT	2115		WARSZAWA	POL	OPEN M	89	M 89	01:57:16	04:03:37	05:57:56.60	05:57:56.60	7:30	8
90	CZARNIECKI MICHAŁ	2051	WOLSKI KOLEKTYW BIEGOWY	PIEKARY	POL	OPEN M	90	M 90	02:08:35	04:10:31	05:58:42.15	05:58:42.15	7:31	8
91	MAZGAJ TOMASZ	2163	ŚPOT	NOWA DĘBA	POL	OPEN M	91	M 91	02:13:28	04:08:46	05:59:05.50	05:59:05.50	7:31	8
92	OWOC TOMASZ	2192	PKO BANK POLSKI / ADIDAS RUNNERS WARSAW	WARSZAWA	POL	OPEN M	92	M 92	02:09:28	04:12:27	06:03:25.40	06:03:25.40	7:37	7.9
93	BOŻĘTKA WALDEMAR	2032	NOWY STYL RUNNING TEAM	KROSNO	POL	OPEN M	93	M 93	02:06:06	04:09:08	06:03:25.85	06:03:25.85	7:37	7.9
94	STAWIŃSKI MICHAŁ	2245		MNICHOWICE	POL	OPEN M	94	M 94	01:57:55	03:57:12	06:04:20.75	06:04:20.75	7:38	7.9
95	HOŁÓWKA SŁAWOMIR	2295		KRAKÓW	POL	OPEN M	95	M 95	02:12:34	04:11:55	06:04:33.10	06:04:33.10	7:38	7.9
96	GUZIK ŁUKASZ	2089	GO APTIV!	ŁYSOKANIE	POL	OPEN M	96	M 96	02:05:42	04:09:13	06:05:39.00	06:05:39.00	7:39	7.8
97	WYPIJEWSKI JAKUB	2281		POZNAŃ	POL	OPEN M	97	M 97	02:05:06	04:07:37	06:08:11.55	06:08:11.55	7:43	7.8
98	DOMERACKI MARIUSZ	2058		JANOWICE	POL	OPEN M	98	M 98	02:05:33	04:09:03	06:08:46.60	06:08:46.60	7:43	7.8
99	TOŚ PIOTR	2259		TARNOBRZEG	POL	OPEN M	99	M 99	02:10:21	04:13:29	06:09:47.20	06:09:47.20	7:45	7.7
100	KARASIŃSKI RADEK	2111	18 PUŁK ARTYLERII NOWA DĘBA	TARNOBRZEG	POL	OPEN M	100	M 100	02:10:21	04:13:24	06:09:47.35	06:09:47.35	7:45	7.7
101	KIJANSKI KAMIL	2305		OSTROWIEC ŚWIĘTOKRZYSKI	POL	OPEN M	101	M 101	02:17:26	04:21:21	06:10:56.25	06:10:56.25	7:46	7.7
102	STOPA TOMASZ	2248	BASAJAUN	WARSZAWA	POL	OPEN M	102	M 102	02:10:53	04:17:37	06:12:40.05	06:12:40.05	7:48	7.7
103	MARCZAK SEBASTIAN	2158		FRYDEK	POL	OPEN M	103	M 103	02:11:05	04:20:01	06:14:38.15	06:14:38.15	7:51	7.6
104	KRZYSZTOF KAMIL	2129		KŁODNE	POL	OPEN M	104	M 104	02:05:55	06:15:28.05	06:15:28.05	06:15:28.05	7:52	7.6
105	ŁUKASZYK RADEK	2300	KS WYTAPIANIE SADŁA	ROPA	POL	OPEN M	105	M 105	02:11:05	04:18:14	06:15:38.10	06:15:38.10	7:52	7.6
106	BAKOWSKI ADAM	2017		GLIWICE	POL	OPEN M	106	M 106	02:04:46	04:12:55	06:15:43.35	06:15:43.35	7:52	7.6
107	TURNIAK MIŁOSZ	2263		GLIWICE	POL	OPEN M	106	M 106	02:04:49	04:14:53	06:15:43.35	06:15:43.35	7:52	7.6
108	KRYSZKIEWICZ TOMASZ	2128		DZIAŁDOWO	POL	OPEN M	108	M 108	02:10:11	04:20:14	06:17:36.70	06:17:36.70	7:54	7.6
109	DOROSZ ROBERT	2060	TEAM ZABIEGANEDNI	LIPOWO	POL	OPEN M	109	M 109	02:12:37	04:19:43	06:18:28.35	06:18:28.35	7:56	7.6
110	LEJMAN ADAM	2141		WARSZAWA	POL	OPEN M	110	M 110	02:14:06	04:23:25	06:19:11.45	06:19:11.45	7:56	7.5
111	RZĘDZIAN MARCIN	2297	ŁĘCZNA BIEGA	ŁĘCZNA	POL	OPEN M	111	M 111	02:10:47	04:22:36	06:21:24.85	06:21:24.85	7:59	7.5
112	RAPACZ ANDRZEJ	2222		KRAKÓW	POL	OPEN M	112	M 112	02:07:49	04:15:01	06:21:42.50	06:21:42.50	8:00	7.5
113	DOBRUT KRZYSZTOF	2057	JD ŚLIMAKI	KRAKÓW	POL	OPEN M	113	M 113	02:08:58	04:23:31	06:22:37.35	06:22:37.35	8:01	7.5
114	BELICA DANIEL	2018		ZABRZE	POL	OPEN M	114	M 114	02:13:18	04:22:19	06:23:17.70	06:23:17.70	8:02	7.5
115	KABZIŃSKI MARCIN	2110	ANIA I CHŁOPAKI	KRAKÓW	POL	OPEN M	115	M 115	02:13:47	04:23:35	06:23:49.35	06:23:49.35	8:02	7.5
116	PINDEL PIOTR	2203		BIELSKO-BIAŁA	POL	OPEN M	116	M 116	02:15:20	04:32:49	06:24:53.85	06:24:53.85	8:04	7.4
117	BŁASZCZAK JAROSŁAW	2026	IMPERIAL RUNNING TEAM	JANUSZOWICE	POL	OPEN M	117	M 117	02:05:04	04:16:15	06:24:57.05	06:24:57.05	8:04	7.4
118	WILK GRZEGORZ	2271	RUN LOVING ANIMALS	RZESZÓW	POL	OPEN M	118	M 118	02:17:50	04:33:35	06:26:57.45	06:26:57.45	8:06	7.4
119	KOTARSKI MAREK	2122	KRS TKKF RELAKS WODZISŁAW ŚLĄSKI	WODZISŁAW ŚLĄSKI	POL	OPEN M	119	M 119	02:17:47	04:28:57	06:27:07.05	06:27:07.05	8:06	7.4
120	CHODZIŃSKI PIOTR	2038		RZESZÓW	POL	OPEN M	120	M 120	02:14:03	04:20:35	06:27:19.75	06:27:19.75	8:07	7.4
121	NIEDZIELA MICHAŁ	2181		JAROSŁAW	POL	OPEN M	121	M 121	02:14:00	04:29:47	06:27:34.80	06:27:34.80	8:07	7.4
122	ANDRZEJEWSKI MICHAŁ	2012		ŁÓDŹ	POL	OPEN M	122	M 122	02:25:05	04:31:02	06:29:09.60	06:29:09.60	8:09	7.4
123	MALEWSKI ROBERT	2157	KB ORŁY Z KNUROWA	KNURÓW	POL	OPEN M	123	M 123	02:19:50	04:32:23	06:32:58.90	06:32:58.90	8:14	7.3
124	KUBIAK RAFAŁ	2132		KRAKÓW	POL	OPEN M	124	M 124	02:19:01	04:33:31	06:34:05.20	06:34:05.20	8:15	7.3
125	NABORCZYK SŁAWOMIR	2177		MYSŁOWICE	POL	OPEN M	125	M 125	02:20:09	04:32:57	06:34:41.30	06:34:41.30	8:16	7.3
126	HENECZKOWSKI ŁUKASZ	2090	BORN TO RUN	POZNAŃ	POL	OPEN M	126	M 126	02:11:52	04:28:14	06:34:49.75	06:34:49.75	8:16	7.2
127	STYRNA BARTOSZ	2249		KRAKÓW	POL	OPEN M	127	M 127	02:13:43	04:32:13	06:38:03.55	06:38:03.55	8:20	7.2
128	GAŁECKI PIOTR	2071	KULAWIE KONIE	WARSZAWA	POL	OPEN M	128	M 128	02:19:06	04:43:53	06:38:12.55	06:38:12.55	8:20	7.2
129	PIWKO MACIEJ	2205		BABICA	POL	OPEN M	129	M 129	02:25:44	04:42:26	06:38:46.05	06:38:46.05	8:21	7.2
130	BONDAR KRZYSZTOF	2030	MOUNTAIN RUNNING GUIDES	WARSZAWA	POL	OPEN M	130	M 130	02:26:17	04:35:54	06:39:29.85	06:39:29.85	8:22	7.2
131	BENASIEWICZ RAFAŁ	2019		BIELSKO-BIAŁA	POL	OPEN M	131	M 131	02:17:34	06:39:56.65	06:39:56.65	06:39:56.65	8:23	7.2
132	LINNAMAGI OTT	2145		JÕEÄÄRE	EST	OPEN M	132	M 132	02:09:25	04:24:47	06:40:38.75	06:40:38.75	8:23	7.1
133	DANEL ROMAN	2055		LIGOTA	POL	OPEN M	133	M 133	02:17:33	04:40:55	06:42:45.65	06:42:45.65	8:26	7.1
134	JASKÓLSKI MARCIN	2101	GRUPA BIEGOWA CHTMO	JABŁONNA	POL	OPEN M	134	M 134	02:17:55	04:42:43	06:43:41.75	06:43:41.75	8:27	7.1
135	GRZESIK MARCIN	2087	GRUPA BIEGOWA CHTMO	CHOTOMÓW	POL	OPEN M	135	M 135	02:17:58	04:42:49	06:43:42.00	06:43:42.00	8:27	7.1
136	ŁATKOWSKI ŁUKASZ	2149	GRUPA BIEGOWA CHTMO	CHOTOMÓW	POL	OPEN M	136	M 136	02:17:58	04:41:03	06:43:42.20	06:43:42.20	8:27	7.1
137	ĆMIELIŃSKI TOMASZ	2053		WARSZAWA	POL	OPEN M	137	M 137	02:18:27	04:32:10	06:44:09.50	06:44:09.50	8:28	7.1
138	PIWKO WOJCIECH	2206		BABICA	POL	OPEN M	138	M 138	02:25:05	04:44:05	06:44:22.85	06:44:22.85	8:28	7.1
139	WYSZYŃSKI MARCIN	2282	RELENTNES	DOB CZYŃ	POL	OPEN M	139	M 139	02:19:31	04:34:58	06:44:30.10	06:44:30.10	8:28	7.1
140	PSZENNY ŁUKASZ	2215	ULTRINO AMATEUR	LUBLIN	POL	OPEN M	140	M 140	02:20:54	04:45:06	06:46:34.85	06:46:34.85	8:31	7
141	SADOWSKI PRZEMYSŁAW	2229		GLIWICE	POL	OPEN M	141	M 141	02:26:46	04:47:45	06:51:54.80	06:51:54.80	8:38	6.9

**ŁEMKO MARATON 48, Open M c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
142	ŚWIĄTEK PRZEMYSŁAW	2256		DĄBROWA GÓRNICZA	POL	OPEN M	142	M 142	02:17:35	04:46:22	06:52:31.95	06:52:31.95	8:38	6.9
143	KOT TOMASZ	2121		KRAKÓW	POL	OPEN M	143	M 143	02:14:22	04:45:31	06:53:54.95	06:53:54.95	8:40	6.9
144	POL MATEUSZ	2211		CHORZÓW	POL	OPEN M	144	M 144	02:35:35	04:51:13	06:54:11.55	06:54:11.55	8:40	6.9
145	KROWINSKI MICHAŁ	2127		WARSZAWA	POL	OPEN M	145	M 145	02:26:25	04:45:20	06:54:47.55	06:54:47.55	8:41	6.9
146	BOROWSKI ANDRZEJ	2031		RUDA ŚLĄSKA	POL	OPEN M	146	M 146	02:15:42	04:42:19	06:55:39.50	06:55:39.50	8:42	6.9
147	LENKIEWICZ ALEKSANDER	2143	WKURWTEAM	WARSZAWA	POL	OPEN M	147	M 147	02:29:45	04:49:13	06:56:55.65	06:56:55.65	8:44	6.9
148	WÓJCICKI MARCIN	2278	NOWYSTYL RUNNING TEAM	ŁĘCZNA	POL	OPEN M	148	M 148	02:14:27	04:55:03	06:57:08.05	06:57:08.05	8:44	6.9
149	MAJERSKI MICHAŁ	2155		KRAKÓW	POL	OPEN M	149	M 149	02:31:43	04:54:42	06:57:59.05	06:57:59.05	8:45	6.8
150	PAPROCKI BARTŁOMIEJ	2196		RABKA-ZDRÓJ	POL	OPEN M	150	M 150	02:21:29	04:49:30	06:58:40.80	06:58:40.80	8:46	6.8
151	ZASADNI PAWEŁ	2286	TEAM ENVOL SWIMRUN	DĄBROWA GÓRNICZA	POL	OPEN M	151	M 151	02:22:54	04:49:34	07:01:25.95	07:01:25.95	8:50	6.8
152	PYKA TOMASZ	2218		MIKOŁÓW	POL	OPEN M	152	M 152	02:19:50	04:52:31	07:03:24.80	07:03:24.80	8:52	6.8
153	OBERC ŁUKASZ	2303	FINISZ RYMANÓW	RYMANÓW	POL	OPEN M	153	M 153	02:19:28	04:46:07	07:03:45.60	07:03:45.60	8:53	6.8
154	FUDAŁA PIOTR	2069		BALIN	POL	OPEN M	154	M 154	02:27:36	04:53:33	07:03:50.20	07:03:50.20	8:53	6.8
155	JÓZWIĄK MIKOŁAJ	2108	STG WARSZAWA	WARSZAWA	POL	OPEN M	155	M 155	02:26:15	05:01:17	07:06:20.80	07:06:20.80	8:56	6.7
156	MOKRZYCKI PATRYK	2172	SAINT-GOBAIN SQUAD	KNURÓW	POL	OPEN M	156	M 156	02:39:33	05:08:17	07:06:46.35	07:06:46.35	8:56	6.7
157	KARASIŃSKI DAMIAN	2301		KRAKÓW	POL	OPEN M	157	M 157	02:23:19	04:48:36	07:07:02.80	07:07:02.80	8:57	6.7
158	BIELIŃSKI TOMASZ	2023		NIWY	POL	OPEN M	158	M 158	02:32:35	04:58:23	07:08:33.05	07:08:33.05	8:59	6.7
159	ZAWITKOWSKI BARTOSZ	2288		RZESZÓW	POL	OPEN M	159	M 159	02:19:52	04:47:34	07:09:42.45	07:09:42.45	9:00	6.7
160	RYSZKO GRZEGORZ	2224	NEW BALANCE RUN CLUB	WARSZAWA	POL	OPEN M	160	M 160	02:17:15	04:51:06	07:10:24.05	07:10:24.05	9:01	6.6
161	LEŃCZUK ANDRZEJ	2144		JASŁO	POL	OPEN M	161	M 161	02:25:23	04:55:08	07:12:52.60	07:12:52.60	9:04	6.6
162	TATRZAŃSKI TOMASZ	2258	DZIKIE ŻYCIE RUN TEAM & KKB MOSIR KROSNO	KROSNO	POL	OPEN M	162	M 162	02:21:56	04:57:51	07:15:20.65	07:15:20.65	9:07	6.6
163	CERAN ARTUR	2036	BRAVOSRUNTEAM	WARSZAWA	POL	OPEN M	163	M 163	02:21:23	05:07:41	07:20:01.95	07:20:01.95	9:13	6.5
164	NAGORSKI JACEK	2178		LODZ	POL	OPEN M	164	M 164	02:27:45	04:51:25	07:22:00.70	07:22:00.70	9:15	6.5
165	GĘBSKI SŁAWOMIR	2076	KKM KALORYFER	KRAKÓW	POL	OPEN M	165	M 165	02:34:46	05:07:47	07:25:11.85	07:25:11.85	9:19	6.4
166	ŁAPIŃSKI KAMIL	2148	CROSSBOX KASZUBY	RUMIA	POL	OPEN M	166	M 166	02:35:25	05:12:01	07:28:06.75	07:28:06.75	9:23	6.4
167	MARKOWSKI MAREK	2161		TOKYO		OPEN M	167	M 167	02:28:21	04:50:06	07:30:02.35	07:30:02.35	9:26	6.4
168	ANDRZEJEWSKI KRZYSZTOF	2013		SWARZĘDZ	POL	OPEN M	168	M 168	02:28:20	04:51:49	07:30:02.50	07:30:02.50	9:26	6.4
169	GILEWSKI BARTŁOMIEJ	2077	#NIEZESRAJSIE	TARNOBRZEG	POL	OPEN M	169	M 169	02:39:55	05:15:30	07:31:00.10	07:31:00.10	9:27	6.3
170	MITEK ANDRZEJ	2170		ŻMIGRÓD	POL	OPEN M	170	M 170	02:39:32	05:12:16	07:32:21.05	07:32:21.05	9:28	6.3
171	BIELIŃSKI MICHAŁ	2022	WERAARMY	BOCHNIA	POL	OPEN M	171	M 171	02:35:19	05:10:20	07:36:11.90	07:36:11.90	9:33	6.3
172	MARKIEWICZ JAREK	2160	TRIWAWA	WARSZAWA	POL	OPEN M	172	M 172	02:43:34	05:20:38	07:40:15.55	07:40:15.55	9:38	6.2
173	DZIAMSKI MARCIN	2061	TRIWAWA	NOWA WOLA	POL	OPEN M	173	M 173	02:43:32	05:21:49	07:40:15.85	07:40:15.85	9:38	6.2
174	WILCZEK ŁUKASZ	2270		CIESZYN	POL	OPEN M	174	M 174	02:37:08	05:14:09	07:40:18.95	07:40:18.95	9:38	6.2
175	WÓJTOWICZ PAWEŁ	2280		KURÓW	POL	OPEN M	175	M 175	02:53:24	05:31:27	07:41:34.90	07:41:34.90	9:40	6.2
176	WIĘSIK MICHAŁ	2269		OTWOCK	POL	OPEN M	176	M 176	02:30:31	05:06:58	07:42:12.85	07:42:12.85	9:41	6.2
177	NOWAK KAROL	2184		KIELCE	POL	OPEN M	177	M 177	02:40:45	05:24:33	07:42:33.60	07:42:33.60	9:41	6.2
178	OLIMSKI FABIAN	2187	ŁYDKATEAM	KNURÓW	POL	OPEN M	178	M 178	02:39:26	05:18:21	07:43:03.05	07:43:03.05	9:42	6.2
179	JANKOWY WALDEMAR	2095		ŁÓDŹ	POL	OPEN M	179	M 179	02:44:51	05:31:30	07:46:29.35	07:46:29.35	9:46	6.1
180	WOŁOWIEC KRZYSZTOF	2276	LABORATORYJNIE.PL	KIELCE	POL	OPEN M	180	M 180	02:34:31	05:24:25	07:49:01.85	07:49:01.85	9:49	6.1
181	MZYK FABIAN	2176	STS BIEGATON	ORZESZE	POL	OPEN M	181	M 181	02:52:02	05:57:22	08:32:07.95	08:32:07.95	10:44	5.6
	CHOMA MAREK	2040	PĘDZĄCE LENIWCE	REPKI	POL	OPEN M			DNF	04:24:07	DNF	DNF	-	-
	RAKOWSKI EDWARD	2221		GDYNIA	POL	OPEN M			02:14:51	DNF	DNF	DNF	-	-
	CZAPIEWSKI JACEK	2050	MKS KLOPS	GDAŃSK	POL	OPEN M			02:39:31	DNF	DNF	DNF	-	-
	GAWRON JAKUB	2074	AW - SZYBCIEJ - TEAM	RZESZÓW	POL	OPEN M			DNF	DNF	DNF	DNF	-	-