

Wrocławska 30-tka

WYNIKI ZAWODÓW / RESULTS LIST

OPEN

Organizator: Stowarzyszenie Pro-Run Wrocław

Data: 13.07.2014

Miejsce: Wrocław

Dystans: 30 km

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Pkt Open	Pkt Wiek	5 km		10 km	15 km	20 km	
												25 km	30 km	30 km			
1	101	SOBAS JACEK	KĘDZIERZYN-KOŹLEPOL		'NIE WSTYDZĘ SIĘ JEZUSA'	85	M20/1	M / 1	01:53:50	01:53:50	.	.	15.81	00:19:30 / 1 01:35:14 / 1	00:38:54 / 1 01:53:50 / 1	00:58:01 / 1	01:16:30 / 1
2	134	TOMASZEWSKI ZDZISŁAW	WAŁBRZYCH	POL		65	M40/1	M / 2	01:58:55	01:58:55	.	.	15.14	00:19:31 / 3 01:38:07 / 2	00:38:54 / 3 01:58:55 / 2	00:58:20 / 3	01:17:55 / 2
3	147	KONONOWICZ LESZEK	ŻMIGRÓD	POL	KB SUKCES ŻMIGRÓD	84	M30/1	M / 3	02:00:38	02:00:38	.	.	14.92	00:19:30 / 2 01:39:00 / 3	00:38:54 / 2 02:00:38 / 3	00:58:16 / 2	01:18:07 / 3
4	14	MAZUR MAREK	WROCLAW	POL		84	M30/2	M / 4	02:04:27	02:04:27	.	.	14.46	00:19:49 / 5 01:42:43 / 4	00:39:55 / 4 02:04:27 / 4	01:00:31 / 4	01:21:13 / 4
5	148	KURIATA ROBERT	ZŁOTORYJA	POL	OLAWS ZŁOTORYJA	66	M40/2	M / 5	02:04:36	02:04:36	.	.	14.45	00:19:49 / 4 01:43:38 / 5	00:40:12 / 5 02:04:36 / 5	01:01:07 / 5	01:22:13 / 5
6	27	KORZEŃ ARTUR	OLAWA	POL	ATMA	76	M30/3	M / 6	02:13:42	02:13:42	.	.	13.46	00:23:46 / 11 01:52:18 / 6	00:47:08 / 10 02:13:42 / 6	01:09:14 / 7	01:30:46 / 6
7	32	LESZCZYŃSKI TOMASZ	WROCLAW	POL		69	M40/3	M / 7	02:17:33	02:17:31	.	.	13.09	00:23:29 / 9 01:54:31 / 7	00:46:38 / 9 02:17:33 / 7	01:09:17 / 8	01:31:58 / 7
8	121	KANIA TOMASZ	WROCLAW	POL	TEAM ASA - BIEGIEM PO ZDROWIE	79	M30/4	M / 8	02:21:21	02:21:18	.	.	12.74	00:23:19 / 8 01:57:24 / 9	00:46:34 / 8 02:21:21 / 8	01:09:59 / 10	01:33:30 / 9
9	69	STAWIARZ PAWEŁ	WROCLAW	POL		86	M20/2	M / 9	02:22:14	02:22:10	.	.	12.66	00:23:46 / 10 01:57:51 / 10	00:47:13 / 11 02:22:14 / 9	01:10:44 / 11	01:34:07 / 11
10	92	KOZIÓŁ ŁUKASZ	SOBÓTKA	POL		94	M20/3	M / 10	02:22:16	02:22:16	.	.	12.65	00:22:41 / 7 01:57:18 / 8	00:45:51 / 7 02:22:16 / 10	01:09:12 / 6	01:32:37 / 8

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Pkt Open	Pkt Wiek	[km/h]	5 km	10 km	15 km	20 km	
													25 km	30 km			
11	195	INDZIEROWSKI MARCIN		POL		82	M30/5	M / 11	02:25:09	02:24:57	.	.	12.42	00:25:27 / 27 02:02:19 / 19	00:49:40 / 25 02:25:09 / 11	01:13:57 / 24	01:38:14 / 20
12	198	ŁOKIETKO KAZIMIERZ		POL	PRO-RUN WROCLAW	62	M50/1	M / 12	02:25:16	02:25:16	.	.	12.39	00:22:34 / 6 01:59:51 / 11	00:45:36 / 6 02:25:16 / 12	01:09:17 / 9	01:34:06 / 10
13	19	SKUDLARSKI KAMIL	WROCLAW	POL	WKW	61	M50/2	M / 13	02:25:24	02:25:23	.	.	12.38	00:23:47 / 12 02:01:32 / 13	00:48:04 / 12 02:25:24 / 13	01:12:28 / 12	01:37:15 / 15
14	172	LIPNICKI TOMASZ	WROCLAW	POL	PRO-RUN WROCLAW	70	M40/4	M / 14	02:25:33	02:25:30	.	.	12.37	00:25:03 / 22 02:02:19 / 18	00:49:39 / 21 02:25:33 / 14	01:13:55 / 20	01:38:14 / 18
15	170	KĘDZIA ANDRZEJ	SYCÓW	POL		61	M50/3	M / 15	02:26:01	02:26:01	.	.	12.33	00:24:33 / 16 02:01:45 / 16	00:49:05 / 16 02:26:01 / 15	01:13:18 / 16	01:37:18 / 17
16	152	KOŁAKOWSKI ALBERT	ŚWIDNICA	POL		90	M20/4	M / 16	02:26:11	02:26:08	.	.	12.32	00:25:03 / 24 02:02:29 / 21	00:49:39 / 24 02:26:11 / 16	01:13:56 / 23	01:38:29 / 21
17	136	LUBCZYNSKI KRZYSIEK	SYCÓW	POL		75	M30/6	M / 17	02:26:15	02:26:06	.	.	12.32	00:24:36 / 17 02:01:40 / 14	00:48:36 / 14 02:26:15 / 17	01:12:40 / 14	01:36:47 / 13
18	73	WAWRZYNIAK HUBERT	WROCLAW	POL	SEKCJA WODNA	71	M40/5	M / 18	02:26:18	02:26:08	.	.	12.32	00:25:33 / 31 02:01:40 / 15	00:49:40 / 27 02:26:18 / 18	01:13:22 / 17	01:37:17 / 16
19	182	DĄBROWSKI ANDRZEJ	WROCLAW	POL	PRO-RUN WROCLAW	85	M20/5	M / 19	02:27:21	02:27:18	.	.	12.22	00:24:25 / 14 02:01:19 / 12	00:48:26 / 13 02:27:21 / 19	01:12:28 / 13	01:36:38 / 12
20	43	KUBIAK PRZEMYSŁAW	WILCZYCE	POL	PRO-RUN WROCLAW	72	M40/6	M / 20	02:27:38	02:27:32	.	.	12.20	00:26:03 / 39 02:04:26 / 23	00:51:48 / 37 02:27:38 / 20	01:17:08 / 36	01:41:00 / 31
21	114	KRAUZE TOMASZ ADAM	WROCLAW	POL	PRO-RUN WROCLAW	67	M40/7	M / 21	02:27:44	02:27:41	.	.	12.19	00:25:19 / 26 02:01:45 / 17	00:49:39 / 23 02:27:44 / 21	01:12:45 / 15	01:36:47 / 14
22	8	GIEMZA MICHAŁ	JAWOR	POL	PRO-RUN WROCLAW	89	M20/6	M / 22	02:28:14	02:28:07	.	.	12.15	00:25:41 / 36 02:03:49 / 22	00:50:40 / 32 02:28:14 / 22	01:15:02 / 30	01:39:15 / 24
23	67	KOCOŁ TOMASZ	WROCLAW	POL		82	M30/7	M / 23	02:28:35	02:28:29	.	.	12.12	00:25:32 / 30 02:02:20 / 20	00:49:44 / 29 02:28:35 / 23	01:13:56 / 22	01:38:14 / 19
24	23	ŁUKASIK LESZEK	OLAWA	POL		59	M50/4	M / 24	02:29:06	02:29:05	.	.	12.07	00:25:01 / 21 02:04:31 / 24	00:49:42 / 28 02:29:06 / 24	01:14:49 / 29	01:39:29 / 27

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Drużyna Nat. Team	R-k YoB	W kategorii in Age	K /	Wynik Time	Wynik Netto	Pkt Open	Pkt Wiek	[km/h]	5 km	10 km	15 km	20 km
													25 km	30 km		
25	13	MAZUR-MANDELA MAGDALENA	WROCLAW	POL PRO-RUN WROCLAW	81	K30/1	K / 1	02:30:14	02:30:10	.	.	11.99	00:24:59 / 19 02:04:50 / 27	00:49:40 / 26 02:30:14 / 25	01:14:25 / 27	01:39:22 / 25
26	151	OBSTÓJ KAROLINA	KIEŁCZÓW	POL PRO-RUN WROCLAW	90	K20/1	K / 2	02:30:37	02:30:30	.	.	11.96	00:25:41 / 35 02:05:13 / 28	00:50:40 / 33 02:30:37 / 26	01:15:25 / 31	01:40:17 / 30
27	155	HEŁMECKI DARIUSZ	WILCZYCE	POL PRO-RUN WROCLAW	71	M40/8	M / 25	02:30:39	02:30:28	.	.	11.96	00:26:04 / 40 02:05:14 / 29	00:51:48 / 38 02:30:39 / 27	01:17:08 / 37	01:41:01 / 32
28	18	BOHDANKIEWICZ LESZEK	WROCLAW	POL	67	M40/9	M / 26	02:30:43	02:30:38	.	.	11.95	00:25:10 / 25 02:04:35 / 25	00:49:38 / 20 02:30:43 / 28	01:14:04 / 25	01:38:59 / 23
29	86	CYBULSKI PIOTR	BRZEZINA /	POL PRO-RUN WROCLAW	59	M50/5	M / 27	02:30:52	02:30:47	.	.	11.94	00:25:40 / 34 02:06:42 / 32	00:51:05 / 35 02:30:52 / 29	01:16:22 / 33	01:41:41 / 34
30	201	GERUS WIESŁAW		POL	65	M40/10	M / 28	02:32:26	02:32:22	.	.	11.81	00:25:03 / 23 02:04:50 / 26	00:49:39 / 22 02:32:26 / 30	01:13:56 / 21	01:38:36 / 22
31	25	DĄBROWSKI ARTUR	WROCLAW	POL	78	M30/8	M / 29	02:32:33	02:32:27	.	.	11.81	00:25:00 / 20 02:06:05 / 31	00:49:33 / 18 02:32:33 / 31	01:14:20 / 26	01:39:31 / 28
32	46	TOLŁOCZKO ARKADIUSZ	CHWAŁOWICE	POL KB HARCOWNIK JELCZ-LASKOWICE	77	M30/9	M / 30	02:33:25	02:33:24	.	.	11.73	00:24:36 / 18 02:07:41 / 34	00:49:37 / 19 02:33:25 / 32	01:14:49 / 28	01:41:26 / 33
33	122	ORŁOWSKI WOJCIECH	ŚWIDNICA	POL KOLOSEUM ŚWIDNICA	75	M30/10	M / 31	02:33:54	02:33:50	.	.	11.70	00:24:06 / 13 02:05:44 / 30	00:49:12 / 17 02:33:54 / 33	01:13:53 / 19	01:39:23 / 26
34	70	RADACZYŃSKI KRZYSZTOF	SMOLEC	POL	70	M40/11	M / 32	02:34:53	02:34:44	.	.	11.63	00:25:34 / 32 02:09:43 / 37	00:51:29 / 36 02:34:53 / 34	01:17:55 / 40	01:43:37 / 38
35	99	KASPRZAK TOMASZ	WROCLAW	POL	63	M50/6	M / 33	02:34:59	02:34:51	.	.	11.62	00:26:04 / 41 02:09:25 / 36	00:51:56 / 39 02:34:59 / 35	01:17:39 / 38	01:43:26 / 36
36	6	JAKOBSZE WOJCIECH	MARCINKOWICE	POL	74	M40/12	M / 34	02:35:08	02:35:07	.	.	11.60	00:25:31 / 28 02:08:48 / 35	00:50:36 / 31 02:35:08 / 36	01:16:28 / 34	01:42:17 / 35
37	207	BOCHEŃSKA ALEKSANDRA		POL PRO-RUN WROCLAW	75			02:36:42	02:36:39	.	.	11.49	00:26:48 / 62 02:12:04 / 40	00:53:18 / 50 02:36:42 / 37	01:19:49 / 50	01:46:18 / 49

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Pkt Open	Pkt Wiek	[km/h]	5 km	10 km	15 km	20 km	
													25 km	30 km			
38	71	WIERZBICKI WITOLD	WROCLAW	POL	PRO-RUN WROCLAW	81	M30/11	M / 35	02:36:43	02:36:40	.	.	11.49	00:26:49 / 63 02:12:05 / 41	00:53:18 / 49 02:36:43 / 38	01:19:49 / 51	01:46:18 / 48
39	133	KWINTA MACIEJ	WROCLAW	POL	WKB PIAST	72	M40/13	M / 36	02:37:31	02:37:31	.	.	11.43	00:26:21 / 43 02:11:36 / 39	00:52:39 / 44 02:37:31 / 39	01:19:20 / 46	01:45:25 / 41
40	82	MARCINIAK KAMIL	WROCLAW	POL		85	M20/7	M / 37	02:37:56	02:37:54	.	.	11.40	00:26:45 / 56 02:12:22 / 45	00:53:30 / 58 02:37:56 / 40	01:20:03 / 55	01:46:24 / 51
41	111	JURECKI ZYGFRYD	WROCLAW	POL	PRO-RUN WROCLAW	65	M40/14	M / 38	02:37:57	02:37:48	.	.	11.41	00:26:02 / 38 02:12:38 / 47	00:52:21 / 41 02:37:57 / 41	01:19:00 / 42	01:45:46 / 43
42	1	TRYK SEBASTIAN	WROCLAW	POL	PRO-RUN WROCLAW	71	M40/15	M / 39	02:38:24	02:38:20	.	.	11.37	00:24:31 / 15 02:07:40 / 33	00:48:54 / 15 02:38:24 / 42	01:13:35 / 18	01:39:37 / 29
43	175	DUL MICHAŁ	WROCLAW	POL	PRO-RUN WROCLAW	85	M20/8	M / 40	02:38:43	02:38:31	.	.	11.36	00:27:15 / 69 02:13:47 / 52	00:54:04 / 65 02:38:43 / 43	01:21:40 / 64	01:48:24 / 61
44	200	PALCZAK JÓZEF		POL	WKB PIAST WROCLAW	41	M70/1	M / 41	02:38:50	02:38:45	.	.	11.34	00:26:45 / 57 02:12:40 / 48	00:53:19 / 51 02:38:50 / 44	01:19:50 / 52	01:46:25 / 54
45	102	WOJTYCZKA JÓZEF	MILICZ	POL		56	M50/7	M / 42	02:39:11	02:39:01	.	.	11.32	00:26:45 / 58 02:12:06 / 42	00:53:31 / 60 02:39:11 / 45	01:20:04 / 57	01:46:19 / 50
46	211	SKRZYNIARZ JAREK		POL		65	M40/16	M / 43	02:39:14	02:39:09	.	.	11.31	00:25:32 / 29 02:11:02 / 38	00:50:51 / 34 02:39:14 / 46	01:16:52 / 35	01:43:28 / 37
47	168	MAJCHRZAK MAREK	WROCLAW	POL	PRO-RUN WROCLAW	79	M30/12	M / 44	02:39:18	02:39:10	.	.	11.31	00:26:49 / 64 02:12:15 / 43	00:53:21 / 53 02:39:18 / 47	01:19:35 / 48	01:45:44 / 42
48	185	FOJTAR DOROTA	KRZEPTÓW	POL		75	K30/2	K / 3	02:39:42	02:39:41	.	.	11.27	00:26:31 / 49 02:14:17 / 54	00:53:26 / 55 02:39:42 / 48	01:20:17 / 59	01:47:11 / 57
49	56	SZYDŁOWSKI ANDRZEJ	WROCLAW	POL		59	M50/8	M / 45	02:40:51	02:40:50	.	.	11.19	00:26:45 / 54 02:13:06 / 50	00:53:30 / 57 02:40:51 / 49	01:20:04 / 56	01:46:25 / 53
50	57	SZYDŁOWSKI ROBERT	WROCLAW	POL		84	M30/13	M / 46	02:40:51	02:40:49	.	.	11.19	00:26:45 / 55 02:13:06 / 49	00:53:31 / 59 02:40:51 / 50	01:20:03 / 54	01:46:24 / 52
51	176	BARAŃSKI ANDRZEJ	WROCLAW	POL	PRO-RUN WROCLAW	60	M50/9	M / 47	02:40:58	02:40:52	.	.	11.19	00:27:18 / 72 02:14:34 / 59	00:54:08 / 68 02:40:58 / 51	01:21:57 / 68	01:47:59 / 60

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Pkt Open	Pkt Wiek	5 km		10 km	15 km	20 km	
												25 km	30 km				
52	204	ROT MAGDALENA		POL	PRO-RUN WROCLAW	69	K40/1	K / 4	02:40:58	02:40:47	.	.	11.20	00:26:35 / 51 02:12:20 / 44	00:53:10 / 48 02:40:58 / 52	01:19:30 / 47	01:46:06 / 45
53	112	SZEWSKI MAREK	CIESZYN	POL	ITMZM 2014	87	M20/9	M / 48	02:41:29	02:41:22	.	.	11.15	00:26:41 / 53 02:14:28 / 57	00:53:22 / 54 02:41:29 / 53	01:20:09 / 58	01:47:02 / 56
54	106	KUBIAK MARCIN	WROCLAW	POL	BIEGAMY WE WROCLAWIU	76	M30/14	M / 49	02:41:31	02:41:25	.	.	11.15	00:28:51 / 96 02:14:44 / 60	00:55:46 / 81 02:41:31 / 54	01:22:27 / 71	01:48:27 / 62
55	184	PIOTR GWARDZIK	WROCLAW	POL		79	M30/15	M / 50	02:41:48	02:41:34	.	.	11.14	00:27:44 / 78 02:15:30 / 62	00:54:49 / 71 02:41:48 / 55	01:21:54 / 67	01:48:29 / 63
56	197	TUREK MARIUSZ		POL	OLEŚNICA BIEGA 2014 KM W 2014	89	M20/10	M / 51	02:42:10	02:41:58	.	.	11.11	00:26:21 / 44 02:12:23 / 46	00:51:59 / 40 02:42:10 / 56	01:17:41 / 39	01:44:07 / 40
57	115	KOZŁOWICZ JAROSŁAW	SIECHNICE	POL		79	M30/16	M / 52	02:42:20	02:42:16	.	.	11.09	00:27:29 / 73 02:16:46 / 63	00:55:09 / 73 02:42:20 / 57	01:22:41 / 73	01:50:05 / 70
58	113	PIK KRZYSZTOF	WROCLAW	POL		81	M30/17	M / 53	02:42:58	02:42:57	.	.	11.05	00:26:30 / 48 02:13:27 / 51	00:52:32 / 43 02:42:58 / 58	01:18:54 / 41	01:45:48 / 44
59	72	ZĄBEK LUKASZ	WROCLAW	POL	PRO-RUN WROCLAW	78	M30/18	M / 54	02:43:15	02:43:08	.	.	11.03	00:26:27 / 45 02:14:21 / 56	00:52:58 / 46 02:43:15 / 59	01:19:08 / 44	01:46:08 / 47
60	74	TATYS LUKASZ	WROCLAW	POL	IBM	83	M30/19	M / 55	02:43:17	02:43:09	.	.	11.03	00:26:27 / 46 02:14:21 / 55	00:52:58 / 47 02:43:17 / 60	01:19:08 / 45	01:46:07 / 46
61	22	KALECIŃSKI PIOTR	WROCLAW	POL		71	M40/17	M / 56	02:43:22	02:43:21	.	.	11.02	00:26:32 / 50 02:14:32 / 58	00:53:27 / 56 02:43:22 / 61	01:20:18 / 60	01:47:12 / 58
62	68	SZAŁAJKO DAMIAN	WROCLAW	POL		74	M40/18	M / 57	02:43:51	02:43:37	.	.	11.00	00:26:20 / 42 02:15:16 / 61	00:52:50 / 45 02:43:51 / 62	01:19:47 / 49	01:47:00 / 55
63	206	STAŃCZAK MARCIN		POL		88	M20/11	M / 58	02:44:32	02:44:19	.	.	10.95	00:28:10 / 88 02:17:29 / 65	00:55:25 / 76 02:44:32 / 63	01:22:20 / 70	01:49:44 / 68
64	180	BOROWIEC BARTOSZ	WROCLAW	POL	PRO-RUN WROCLAW	83	M30/20	M / 59	02:44:35	02:44:31	.	.	10.94	00:26:37 / 52 02:17:28 / 64	00:53:33 / 62 02:44:35 / 64	01:21:38 / 63	01:49:19 / 64
65	190	ZIMOŃ ADAM	WROCLAW	POL	RKB	75	M30/21	M / 60	02:45:12	02:45:03	.	.	10.91	00:28:18 / 90 02:18:16 / 69	00:56:13 / 88 02:45:12 / 65	01:23:40 / 82	01:51:16 / 79

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Pkt Open	Pkt Wiek	[km/h]	5 km	10 km	15 km	20 km	
													25 km	30 km			
66	42	PIEKARSKI FILIP	WROCLAW	POL		89	M20/12	M / 61	02:46:01	02:45:47	.	.	10.86	00:25:39 / 33 02:14:11 / 53	00:50:33 / 30 02:46:01 / 66	01:16:20 / 32	01:44:05 / 39
67	83	DUDZIK LESZEK	WROCLAW	POL	HELLFIRE INTERNATIONAL RUNNING CLUB MALMÖ	81	M30/22	M / 62	02:46:21	02:46:04	.	.	10.84	00:28:12 / 89 02:17:57 / 66	00:55:42 / 80 02:46:21 / 67	01:23:04 / 77	01:50:21 / 71
68	205	ROMANEK DARIUSZ		POL	PRO-RUN WROCLAW	71	M40/19	M / 63	02:47:01	02:46:55	.	.	10.78	00:26:51 / 66 02:18:03 / 67	00:54:06 / 66 02:47:01 / 68	01:21:47 / 66	01:49:43 / 67
69	130	KACZMARCZYK URSZULA	WROCLAW	POL	PRO-RUN WROCLAW	79	K30/3	K / 5	02:47:02	02:46:50	.	.	10.79	00:28:24 / 91 02:18:43 / 71	00:57:18 / 92 02:47:02 / 69	01:24:49 / 88	01:51:31 / 80
70	45	MIERZEJEWSKI RYSZARD	KROTOSZYN	POL	TEAM TABAKIERA KROTOSZYN	67	M40/20	M / 64	02:47:07	02:46:54	.	.	10.78	00:27:44 / 77 02:18:16 / 68	00:54:46 / 70 02:47:07 / 70	01:22:16 / 69	01:49:36 / 66
71	64	BODZIONA ANGELIKA	KORZEŃSKO	POL		72	K40/2	K / 6	02:47:16	02:47:06	.	.	10.77	00:26:29 / 47 02:18:29 / 70	00:53:34 / 63 02:47:16 / 71	01:21:29 / 62	01:49:46 / 69
72	169	CEBULSKI LESZEK	WROCLAW	POL		63	M50/10	M / 65	02:47:37	02:47:28	.	.	10.75	00:27:38 / 74 02:19:04 / 74	00:55:25 / 75 02:47:37 / 72	01:23:08 / 79	01:51:00 / 77
73	153	SKOCZEŃ MARTA	SOSNOWIEC	POL	HARPAGAN SOSNOWIEC	87	K20/2	K / 7	02:47:54	02:47:44	.	.	10.73	00:28:59 / 100 02:21:36 / 87	00:58:19 / 104 02:47:54 / 73	01:25:50 / 95	01:53:49 / 94
74	78	CIEMNY KAMIL	WROCLAW	POL		82	M30/23	M / 66	02:48:46	02:48:33	.	.	10.68	00:27:52 / 85 02:20:12 / 77	00:55:32 / 77 02:48:46 / 74	01:22:55 / 76	01:50:32 / 72
75	208	BOCHENSKA EWA		POL		72	K40/3	K / 8	02:49:08	02:49:06	.	.	10.64	00:26:58 / 67 02:19:29 / 76	00:54:07 / 67 02:49:08 / 75	01:22:33 / 72	01:50:33 / 74
76	196	BUKOWICKA SYLWIA		POL		78	K30/4	K / 9	02:49:13	02:49:11	.	.	10.64	00:27:15 / 68 02:20:52 / 84	00:55:33 / 78 02:49:13 / 76	01:23:43 / 83	01:51:46 / 84
77	186	ŁADOŃSKA KATARZYNA	WROCLAW	POL	PRO-RUN WROCLAW	82	K30/5	K / 10	02:49:25	02:49:20	.	.	10.63	00:27:42 / 75 02:20:38 / 80	00:55:48 / 84 02:49:25 / 77	01:23:53 / 84	01:52:07 / 87
78	44	KUBIAK JOANNA	WILCZYCE	POL	PRO-RUN WROCLAW	74	K40/4	K / 11	02:49:25	02:49:21	.	.	10.63	00:27:43 / 76 02:20:38 / 81	00:55:49 / 85 02:49:25 / 78	01:23:54 / 85	01:52:07 / 88

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Pkt Open	Pkt Wiek	[km/h]	5 km	10 km	15 km	20 km	
													25 km	30 km			
79	96	LISS RAFAŁ	WROCLAW	POL		76	M30/24	M / 67	02:49:39	02:49:27	.	.	10.62	00:27:52 / 84 02:18:46 / 72	00:56:35 / 91 02:49:39 / 79	01:23:36 / 81	01:50:34 / 75
80	3	JEDNORÓG JOANNA	DLUGOLEKA	POL	PRO-RUN WROCLAW	78	K30/6	K / 12	02:50:11	02:50:01	.	.	10.59	00:27:53 / 86 02:20:17 / 78	00:55:36 / 79 02:50:11 / 80	01:23:21 / 80	01:51:15 / 78
81	164	GARNCAREK MICHAŁ	OLEŚNICA	POL		82	M30/25	M / 68	02:50:30	02:50:22	.	.	10.57	00:28:28 / 94 02:19:14 / 75	00:57:20 / 94 02:50:30 / 81	01:24:51 / 89	01:51:31 / 81
82	187	OLAS TOMASZ	WROCLAW	POL	PRO-RUN WROCLAW	79	M30/26	M / 69	02:50:52	02:50:43	.	.	10.54	00:27:18 / 71 02:20:21 / 79	00:54:50 / 72 02:50:52 / 82	01:22:47 / 74	01:50:38 / 76
83	191	BOBRUK MARTA	WAŁBRZYCH	POL	ITMZM 2014	92	K20/3	K / 13	02:51:01	02:50:55	.	.	10.53	00:25:46 / 37 02:19:01 / 73	00:52:32 / 42 02:51:01 / 83	01:19:05 / 43	01:49:29 / 65
84	60	SOWA ALINA	WROCLAW	POL	PRO-RUN/WKB PIAST/KTN PSIE POLE	76	K30/7	K / 14	02:51:49	02:51:42	.	.	10.48	00:28:26 / 93 02:23:15 / 94	00:57:21 / 95 02:51:49 / 84	01:25:40 / 94	01:54:59 / 98
85	5	LEŚNIAK ADAM	OLEŚNICA	POL	PRO-RUN WROCLAW	70	M40/21	M / 70	02:52:00	02:51:49	.	.	10.48	00:27:50 / 81 02:21:13 / 86	00:55:54 / 87 02:52:00 / 85	01:24:24 / 87	01:52:58 / 91
86	103	ADAMSKI RAFAŁ	WROCLAW	POL	PRO-RUN WROCLAW	68	M40/22	M / 71	02:52:18	02:52:05	.	.	10.46	00:28:52 / 97 02:23:09 / 91	00:57:38 / 99 02:52:18 / 86	01:25:59 / 97	01:54:03 / 95
87	110	LANGNER KRZYSZTOF	WROCLAW	POL	WOLNA GRUPA BIEGOWA	62	M50/11	M / 72	02:52:35	02:52:28	.	.	10.44	00:29:03 / 106 02:21:50 / 89	00:58:19 / 103 02:52:35 / 87	01:26:18 / 103	01:53:28 / 93
88	62	RADLAK ADAM	WROCLAW	POL	PRO-RUN WROCLAW	61	M50/12	M / 73	02:52:39	02:52:25	.	.	10.44	00:28:56 / 99 02:24:13 / 95	00:57:36 / 98 02:52:39 / 88	01:26:00 / 98	01:54:48 / 96
89	141	JAROSZEWSKI BARTŁOMIEJ	WROCLAW	POL		75	M30/27	M / 74	02:53:02	02:52:55	.	.	10.41	00:28:26 / 92 02:20:50 / 83	00:57:20 / 93 02:53:02 / 89	01:24:52 / 90	01:51:50 / 85
90	178	BIELIŃSKI MARCIN	WROCLAW	POL	PRO-RUN	81	M30/28	M / 75	02:53:26	02:53:08	.	.	10.40	00:29:49 / 114 02:24:13 / 96	00:57:52 / 102 02:53:26 / 90	01:26:16 / 102	01:54:50 / 97
91	203	KROWICKI MARCIN		POL		90	M20/13	M / 76	02:54:08	02:54:07	.	.	10.34	00:26:49 / 65 02:21:36 / 88	00:53:59 / 64 02:54:08 / 91	01:21:45 / 65	01:50:33 / 73

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Pkt Open	Pkt Wiek	[km/h]	5 km	10 km	15 km	20 km	
													25 km	30 km			
92	202	ANTONISZYN JOANNA		POL		79	K30/8	K / 15	02:54:27	02:54:20	.	.	10.33	00:26:47 / 60 02:21:58 / 90	00:54:09 / 69 02:54:27 / 92	01:23:08 / 78	01:51:55 / 86
93	117	CHYBICKI RADOSŁAW	WROCLAW	POL		85	M20/14	M / 77	02:55:01	02:54:47	.	.	10.30	00:30:10 / 115 02:25:37 / 97	00:59:09 / 114 02:55:01 / 93	01:27:27 / 105	01:56:42 / 103
94	54	CHODAKOWSKI LUKASZ	WROCLAW	POL		81	M30/29	M / 78	02:55:15	02:54:58	.	.	10.29	00:29:19 / 110 02:23:11 / 93	00:57:27 / 97 02:55:15 / 94	01:24:53 / 91	01:53:01 / 92
95	145	FILIPEK URSZULA	WROCLAW	POL	KOSYNIERZY	94	K20/4	K / 16	02:55:55	02:55:52	.	.	10.24	00:26:48 / 61 02:21:11 / 85	00:53:19 / 52 02:55:55 / 95	01:19:51 / 53	01:47:13 / 59
96	158	ANTCZAK JACEK	WROCLAW	POL	PRO-RUN WROCLAW	69	M40/23	M / 79	02:56:25	02:56:05	.	.	10.22	00:31:25 / 125 02:28:53 / 107	01:01:40 / 123 02:56:25 / 96	01:30:50 / 119	01:59:45 / 111
97	36	PRZEPIÓRA ADAM	KIELCE	POL		74	M40/24	M / 80	02:56:31	02:56:15	.	.	10.21	00:30:40 / 118 02:26:07 / 100	00:59:51 / 116 02:56:31 / 97	01:28:23 / 109	01:57:00 / 104
98	146	PONIECKI JAN	SYCÓW	POL	KB LUPUS SYCÓW	46	M60/1	M / 81	02:56:40	02:56:36	.	.	10.19	00:29:04 / 107 02:26:37 / 102	00:58:50 / 110 02:56:40 / 98	01:29:07 / 111	01:59:05 / 110
99	94	NOWAK KRZYSZTOF	WROCLAW	POL	PRO-RUN/WKB PIAST/KTN PSIE POLE	69	M40/25	M / 82	02:56:48	02:56:37	.	.	10.19	00:27:48 / 80 02:23:11 / 92	00:55:53 / 86 02:56:48 / 99	01:24:24 / 86	01:52:58 / 90
100	65	WRÓBEL JACEK	BRZEG	POL	GRABISZYŃSKI	77	M30/30	M / 83	02:56:56	02:56:40	.	.	10.19	00:29:01 / 102 02:20:40 / 82	00:57:40 / 101 02:56:56 / 100	01:24:54 / 92	01:51:34 / 82
101	97	LISS MAGDALENA	WROCLAW	POL		75	K30/9	K / 17	02:57:32	02:57:20	.	.	10.15	00:27:48 / 79 02:26:31 / 101	00:56:35 / 90 02:57:32 / 101	01:26:01 / 99	01:55:58 / 100
102	159	ANTCZAK RIWANA	WROCLAW	POL	PRO-RUN WROCLAW	68	K40/5	K / 18	02:57:34	02:57:18	.	.	10.15	00:31:00 / 123 02:28:41 / 105	01:00:46 / 119 02:57:34 / 102	01:30:40 / 116	02:00:13 / 112
103	24	CHŁOŃ AGNIESZKA	STRZELIN	POL	PRO-RUN WROCLAW	88	K20/5	K / 19	03:00:00	02:59:47	.	.	10.01	00:29:03 / 105 02:28:40 / 104	00:58:31 / 106 03:00:00 / 103	01:27:56 / 106	01:57:49 / 109
104	123	KLINCEWICZ-SERDA URSZULA	WROCLAW	POL	PRO-RUN WROCLAW	78	K30/10	K / 20	03:00:06	02:59:53	.	.	10.01	00:29:02 / 104 02:28:40 / 103	00:58:30 / 105 03:00:06 / 104	01:27:56 / 107	01:57:49 / 108

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Pkt Open	Pkt Wiek	5 km		10 km	15 km	20 km	
												25 km	30 km				
105	93	KOWALEWSKI GRZEGORZ	KRZEPTÓW	POL		69	M40/26	M / 84	03:01:56	03:01:41	.	.	9.91	00:27:56 / 87 02:28:50 / 106	00:56:20 / 89 03:01:56 / 105	01:26:02 / 100	01:56:23 / 101
106	157	MACUDZIŃSKA KAMILA	WROCLAW	POL	TEAM ASA - BIEGIEM PO ZDROWIE	89	K20/6	K / 21	03:02:22	03:02:10	.	.	9.88	00:27:51 / 83 02:30:50 / 112	00:55:47 / 82 03:02:22 / 106	01:26:11 / 101	01:57:47 / 107
107	50	SOBCZAK WOJCIECH	ŚWIĘTA KATARZYNA	POL	SOBCZAK & SYN	80	M30/31	M / 85	03:02:22	03:02:10	.	.	9.88	00:27:51 / 82 02:25:58 / 99	00:55:22 / 74 03:02:22 / 107	01:22:54 / 75	01:52:27 / 89
108	84	KALINKIEWICZ MARTA	WROCLAW	POL		75	K30/11	K / 22	03:02:42	03:02:31	.	.	9.86	00:29:46 / 113 02:32:26 / 113	00:59:07 / 113 03:02:42 / 108	01:29:45 / 112	02:01:46 / 114
109	16	BANACH JOANNA	WROCLAW	POL		82	K30/12	K / 23	03:03:03	03:02:56	.	.	9.84	00:27:15 / 70 02:29:32 / 108	00:55:48 / 83 03:03:03 / 109	01:25:20 / 93	01:56:27 / 102
110	63	STASIAK WŁODZIMIERZ	WROCLAW	POL	ITMZM2013	83	M30/32	M / 86	03:04:10	03:03:59	.	.	9.78	00:26:46 / 59 02:25:42 / 98	00:53:32 / 61 03:04:10 / 110	01:21:15 / 61	01:51:34 / 83
111	105	BERDOWSKA IZABELA	WROCLAW	POL		66	K40/6	K / 24	03:05:21	03:05:10	.	.	9.72	00:29:13 / 108 02:30:34 / 110	00:57:26 / 96 03:05:21 / 111	01:26:50 / 104	01:57:45 / 106
112	192	KRZYŻOSIAK MARCIN	KIELCZÓW	POL	KIELCZÓW	74	M40/27	M / 87	03:05:26	03:05:09	.	.	9.72	00:29:22 / 111 02:30:06 / 109	00:58:36 / 107 03:05:26 / 112	01:27:57 / 108	01:57:17 / 105
113	98	WOJTUKIEWICZ JERZY	WROCLAW	POL	ITMZM 2014	63	M50/13	M / 88	03:07:51	03:07:38	.	.	9.59	00:28:53 / 98 02:30:43 / 111	00:57:38 / 100 03:07:51 / 113	01:25:59 / 96	01:55:01 / 99
114	85	NIEDZIELA ARTUR	WROCLAW	POL		80	M30/33	M / 89	03:09:59	03:09:46	.	.	9.49	00:29:31 / 112 02:34:23 / 114	00:59:04 / 112 03:09:59 / 114	01:29:06 / 110	02:00:42 / 113
115	210	ZAWODNIK DO UZUP						M / 90	03:13:03	03:12:56	.	.	9.33	00:29:02 / 103 02:39:25 / 116	00:58:38 / 108 03:13:03 / 115	01:30:43 / 117	02:03:28 / 117
116	139	KLIMOWICZ-BODYS MAŁGORZATA	WROCLAW	POL	FAST FOOT OPOLE	76	K30/13	K / 25	03:13:07	03:12:47	.	.	9.34	00:30:54 / 120 02:39:37 / 117	01:01:37 / 121 03:13:07 / 116	01:33:43 / 122	02:05:26 / 119
117	119	OGORZELEC MARIUSZ	OPOLE	POL	FAST FOOT OPOLE	76	M30/34	M / 91	03:13:08	03:12:48	.	.	9.34	00:30:54 / 121 02:39:37 / 118	01:01:37 / 122 03:13:08 / 117	01:33:43 / 123	02:05:26 / 120

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Pkt Open	Pkt Wiek	[km/h]	5 km	10 km	15 km	20 km	
													25 km	30 km			
118	167	MACHALSKI DARIUSZ	DOBRZYKOWICE	POL	PRO-RUN WROCLAW	58	M50/14	M / 92	03:13:21	03:13:07	.	.	9.32	00:31:00 / 122 02:37:33 / 115	01:00:46 / 120 03:13:21 / 118	01:30:40 / 115	02:03:34 / 118
119	21	PAWŁOWSKI ŁUKASZ	WROCLAW	POL		78	M30/35	M / 93	03:13:21	03:13:05	.	.	9.32	00:32:43 / 134 02:40:46 / 120	01:05:20 / 133 03:13:21 / 119	01:37:25 / 131	02:09:49 / 128
120	41	POPIELARCZYK ADRIANNA	KIEŁCZÓW	POL		74	K40/7	K / 26	03:14:12	03:14:01	.	.	9.28	00:32:16 / 130 02:43:52 / 127	01:05:22 / 134 03:14:12 / 120	01:38:42 / 132	02:12:00 / 132
121	126	ŻELAZNA KAROLINA	KRZECZYN WIELKI	POL		89	K20/7	K / 27	03:14:39	03:14:24	.	.	9.26	00:32:10 / 129 02:41:48 / 121	01:03:56 / 127 03:14:39 / 121	01:35:58 / 126	02:08:15 / 125
122	149	NOGANOWICZ AGATA	DOMASZCZYN	POL	ITM2013	70	K40/8	K / 28	03:15:20	03:15:14	.	.	9.22	00:32:29 / 132 02:41:51 / 123	01:05:04 / 130 03:15:20 / 122	01:37:25 / 130	02:08:59 / 127
123	66	JOPPE JAROSŁAW	WROCLAW	POL	BRAK	68	M40/28	M / 94	03:16:59	03:16:45	.	.	9.15	00:31:39 / 128 02:42:41 / 125	01:02:57 / 124 03:16:59 / 123	01:35:19 / 125	02:08:09 / 124
124	81	RYŻY MARIUSZ	SIECHNICE	POL	ZATRZYMAJ SIĘ W BIEGU	76	M30/36	M / 95	03:17:01	03:16:48	.	.	9.15	00:30:27 / 117 02:42:54 / 126	01:03:23 / 125 03:17:01 / 124	01:34:49 / 124	02:07:47 / 122
125	213	ŁADOŃSKI RYSZARD		POL		57	M50/15	M / 96	03:19:42	03:19:31	.	.	9.02	00:30:43 / 119 02:40:36 / 119	01:00:07 / 117 03:19:42 / 125	01:30:31 / 114	02:02:26 / 115
126	154	MATELSKA JUDYTA	SOBÓTKA	POL	PRO-RUN WROCLAW	85	K20/8	K / 29	03:20:08	03:20:02	.	.	9.00	00:29:01 / 101 02:41:51 / 122	00:58:50 / 109 03:20:08 / 126	01:30:45 / 118	02:05:44 / 121
127	29	BIELEC RYSZARD	WROCLAW	POL	PRO-RUN WROCLAW	63	M50/16	M / 97	03:20:23	03:20:08	.	.	8.99	00:30:25 / 116 02:42:37 / 124	00:59:44 / 115 03:20:23 / 127	01:30:03 / 113	02:03:04 / 116
128	47	KRUCZKIEWICZ MATEUSZ	WROCLAW	POL	KRUKI	79	M30/37	M / 98	03:21:01	03:20:43	.	.	8.97	00:29:18 / 109 02:46:16 / 131	00:59:03 / 111 03:21:01 / 128	01:32:27 / 120	02:08:58 / 126
129	49	JURECKI HENRYK	MOKRONOS GÓRNY	POL		59	M50/17	M / 99	03:22:26	03:22:11	.	.	8.90	00:32:59 / 135 02:47:01 / 132	01:06:03 / 135 03:22:26 / 129	01:39:17 / 133	02:12:40 / 133
130	177	DUDKOWSKI TADEUSZ	WROCLAW	POL		69	M40/29	M / 100	03:25:46	03:25:44	.	.	8.75	00:28:42 / 95 02:45:12 / 128	01:00:38 / 118 03:25:46 / 130	01:32:53 / 121	02:07:57 / 123
131	137	NOWAK JOLANTA	WROCLAW	POL	PRO-RUN WROCLAW	69	K40/9	K / 30	03:26:03	03:25:59	.	.	8.74	00:32:18 / 131 02:51:10 / 135	01:05:08 / 132 03:26:03 / 131	01:40:30 / 134	02:15:21 / 135

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Pkt Open	Pkt Wiek	[km/h]	5 km	10 km	15 km	20 km	
													25 km	30 km			
132	7	MAKOSCH PAULINA	BRALIN	POL	PRO-RUN WROCLAW	88	K20/9	K / 31	03:26:14	03:26:02	.	.	8.74	00:31:21 / 124 02:47:50 / 133	01:03:46 / 126 03:26:14 / 132	01:37:02 / 129	02:10:54 / 131
133	189	JANICKI RAFAŁ	WROCLAW	POL		77	M30/38	M / 101	03:26:55	03:26:38	.	.	8.71	00:31:35 / 127 02:46:01 / 130	01:04:02 / 129 03:26:55 / 133	01:36:16 / 128	02:09:54 / 130
134	59	JANICKI JANUSZ	WROCLAW	POL		71	M40/30	M / 102	03:26:56	03:26:39	.	.	8.71	00:31:35 / 126 02:46:01 / 129	01:04:02 / 128 03:26:56 / 134	01:36:16 / 127	02:09:53 / 129
135	162	ZAGROBELNA MAGDALENA	WROCLAW	POL	DRUZYNA SZPIKU	78	K30/14	K / 32	03:28:50	03:28:41	.	.	8.63	00:32:30 / 133 02:50:53 / 134	01:05:05 / 131 03:28:50 / 135	01:40:58 / 135	02:14:50 / 134
136	38	KOWALSKI MAREK	OPOLE	POL	BRAK	70	M40/31	M / 103	03:31:51	03:31:41	.	.	8.50	00:33:00 / 136 02:52:40 / 136	01:06:57 / 136 03:31:51 / 136	01:41:12 / 136	02:15:58 / 136
137	35	SKRODZKA ANNA	KLUCZEWSKO	POL		76	K30/15	K / 33	03:39:31	03:39:14	.	.	8.21	00:36:14 / 138 03:02:52 / 137	01:12:04 / 138 03:39:31 / 137	01:48:31 / 138	02:25:23 / 137
138	40	DUSZCZAK ALEKSANDRA	WROCLAW	POL		85	K20/10	K / 34	03:48:44	03:48:25	.	.	7.88	00:37:22 / 139 03:10:36 / 139	01:14:44 / 139 03:48:44 / 138	01:52:15 / 139	02:31:30 / 139
139	138	TOMSKA MARTA	WROCLAW	POL	PRO-RUN WROCLAW	56	K50/1	K / 35	03:55:05	03:54:50	.	.	7.67	00:33:38 / 137 03:09:32 / 138	01:09:14 / 137 03:55:05 / 139	01:46:15 / 137	02:26:12 / 138