

# Półmaraton Wielicki

## WYNIKI ZAWODÓW

### Bieg 21km

Organizator: Powiat Wielicki, Agencja Sportu i Reklamy Andrzej Filipiak

Termin: 27.09.2014

Miejsce: Wieliczka

Dystans: 21,097 km

| Miejsce<br>Rank                        | Nr<br>Bib | Nazwisko i imię<br>Name  | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team | R-k<br>YoB | W kategorii<br>in Age | Sex   | Czas<br>Time | [km/h] | [min/km] |
|--|-----------|--------------------------|---------------------|-------------|-----------------|------------|-----------------------|-------|--------------|--------|----------|
| <b>Bieg 21km Kobiety KATEGORIA:K60</b> |           |                          |                     |             |                 |            |                       |       |              |        |          |
| 1                                      | 560       | PRYMAKOWSKA Barbara      | TARNOW              |             | POL             | 43         | K60/1                 | (K)43 | 01:57:33     | 10.77  | 05.34    |
| <b>Bieg 21km Kobiety KATEGORIA:K50</b> |           |                          |                     |             |                 |            |                       |       |              |        |          |
| 1                                      | 346       | PACZOS Barbara           | MIELEC              |             | POL             | 60         | K50/1                 | (K)22 | 01:45:24     | 12.01  | 04.59    |
| 2                                      | 188       | SIWA-ZYCH Bogusława      | KRAKÓW              |             | POL             | 59         | K50/2                 | (K)28 | 01:51:28     | 11.36  | 05.17    |
| 3                                      | 564       | RAJTAR Renata            | KRAKÓW              |             | POL             | 61         | K50/3                 | (K)32 | 01:53:56     | 11.11  | 05.24    |
| 4                                      | 515       | WIATR Irena              | DĄBROWA TARNOWSKA   |             | POL             | 55         | K50/4                 | (K)67 | 02:10:02     | 9.73   | 06.09    |
| 5                                      | 580       | PILCH Ewa                | ADELAJDA            |             | AUS             | 63         | K50/5                 | (K)74 | 02:16:06     | 9.30   | 06.27    |
| 6                                      | 413       | BRONOWSKA Małgorzata     | WIELICZKA           |             | POL             | 56         | K50/6                 | (K)79 | 02:20:03     | 9.04   | 06.38    |
| 7                                      | 367       | WICIAK Margareta         | KRAKÓW              |             | POL             | 64         | K50/7                 | (K)80 | 02:20:30     | 9.01   | 06.39    |
| 8                                      | 264       | SITARZ Magdalena         | KRAKÓW              |             | POL             | 64         | K50/8                 | (K)89 | 02:29:32     | 8.47   | 07.05    |
| <b>Bieg 21km Kobiety KATEGORIA:K40</b> |           |                          |                     |             |                 |            |                       |       |              |        |          |
| 1                                      | 251       | FOGEL Ewa                | TARNÓW              |             | POL             | 72         | K40/1                 | (K)11 | 01:31:10     | 13.88  | 04.19    |
| 2                                      | 430       | SZCZECHOWICZ Magdalena   | KRAKÓW              |             | POL             | 74         | K40/2                 | (K)24 | 01:48:40     | 11.65  | 05.09    |
| 3                                      | 403       | BRZOSZOWSKA Teresa       | JAWORZNO            |             | POL             | 69         | K40/3                 | (K)30 | 01:51:53     | 11.31  | 05.18    |
| 4                                      | 33        | HALVERSCHEID Anna        | WIELICZKA           |             | POL             | 74         | K40/4                 | (K)34 | 01:55:34     | 10.95  | 05.28    |
| 5                                      | 483       | LEPIARZ Beata            | KRAKÓW              |             | POL             | 71         | K40/5                 | (K)40 | 01:56:57     | 10.82  | 05.32    |
| 6                                      | 308       | SYGUŁA Katarzyna         | JAWORZNO            |             | POL             | 73         | K40/6                 | (K)49 | 02:00:21     | 10.52  | 05.42    |
| 7                                      | 423       | KACZÓWKA Teresa          | KRAKÓW              |             | POL             | 72         | K40/7                 | (K)65 | 02:08:57     | 9.82   | 06.06    |
| 8                                      | 419       | GAWŁOWSKA Alina          | ZABIERZÓW BOCHEŃSKI |             | POL             | 68         | K40/8                 | (K)66 | 02:09:20     | 9.79   | 06.07    |
| 9                                      | 454       | DUDEK Marta              | ZABIERZÓW           |             | POL             | 71         | K40/9                 | (K)68 | 02:10:23     | 9.71   | 06.10    |
| 10                                     | 414       | FRENKIEL Monika          | KRAKÓW              |             | POL             | 74         | K40/10                | (K)72 | 02:12:07     | 9.58   | 06.15    |
| 11                                     | 437       | JAREMA Beata             | RUDAWA              |             | POL             | 73         | K40/11                | (K)76 | 02:17:37     | 9.20   | 06.31    |
| 12                                     | 477       | ŻIŻKA-SALAMON Danuta     | MICHAŁOWICE         |             | POL             | 66         | K40/12                | (K)85 | 02:22:59     | 8.85   | 06.46    |
| 13                                     | 224       | RÓŻYCKA Agnieszka        | KRAKÓW              |             | POL             | 72         | K40/13                | (K)92 | 02:32:59     | 8.27   | 07.15    |
| 14                                     | 39        | DEC Edyta                | KRAKÓW              |             | POL             | 69         | K40/14                | (K)95 | 02:51:19     | 7.39   | 08.07    |
| <b>Bieg 21km Kobiety KATEGORIA:K30</b> |           |                          |                     |             |                 |            |                       |       |              |        |          |
| 1                                      | 544       | HOLOVCENKO Tatyana       | SUMY                |             | UKR             | 80         | K30/1                 | (K)3  | 01:17:53     | 16.26  | 03.41    |
| 2                                      | 452       | WŁODARCZYK Patrycja      | JAWORZNO            |             | POL             | 80         | K30/2                 | (K)7  | 01:22:35     | 15.33  | 03.54    |
| 3                                      | 108       | GOLEC Paulina            | KRAKÓW              |             | POL             | 81         | K30/3                 | (K)8  | 01:22:47     | 15.29  | 03.55    |
| 4                                      | 205       | FLAGA Iwona              | KRAKÓW              |             | POL             | 77         | K30/4                 | (K)16 | 01:39:22     | 12.74  | 04.42    |
| 5                                      | 408       | ROGÓŻ Katarzyna          | ŁĄKTA GÓRNA         |             | POL             | 84         | K30/5                 | (K)17 | 01:40:36     | 12.58  | 04.46    |
| 6                                      | 229       | ZABOROWSKA Małgorzata    | LISZKI              |             | POL             | 77         | K30/6                 | (K)19 | 01:43:41     | 12.21  | 04.54    |
| 7                                      | 93        | KŁOPOTOWSKA Jadwiga      | KRAKÓW              |             | POL             | 81         | K30/7                 | (K)21 | 01:45:03     | 12.05  | 04.58    |
| 8                                      | 377       | NOGA Agnieszka           | KRAKÓW              |             | POL             | 76         | K30/8                 | (K)25 | 01:49:00     | 11.61  | 05.10    |
| 9                                      | 458       | ZYGADŁO Barbara          | NOWY SĄCZ           |             | POL             | 84         | K30/9                 | (K)29 | 01:51:36     | 11.34  | 05.17    |
| 10                                     | 567       | LEWANDOWSKA Angelika     | WIELICZKA           |             | POL             | 84         | K30/10                | (K)33 | 01:55:12     | 10.99  | 05.27    |
| 11                                     | 509       | GRABOWSKA - GRABIEC Anna | LIBERTOW            |             | POL             | 76         | K30/11                | (K)35 | 01:55:37     | 10.95  | 05.28    |
| 12                                     | 524       | SOBAŃSKA Ranita          | WIELICZKA           |             | POL             | 78         | K30/12                | (K)37 | 01:56:00     | 10.91  | 05.29    |
| 13                                     | 291       | BABRAL Jadwiga           | ŁĄKTA DOLNA         |             | POL             | 80         | K30/13                | (K)38 | 01:56:02     | 10.91  | 05.30    |
| 14                                     | 195       | SZUMNY Joanna            | KRAKÓW              |             | POL             | 80         | K30/14                | (K)41 | 01:56:58     | 10.82  | 05.32    |
| 15                                     | 63        | BYDOŃ Agnieszka          | WĘGRZCE WIELKIE     |             | POL             | 77         | K30/15                | (K)44 | 01:57:47     | 10.75  | 05.34    |
| 16                                     | 136       | DOMBROWSKA Marzena       | KRAKÓW              |             | POL             | 83         | K30/16                | (K)46 | 01:58:04     | 10.72  | 05.35    |
| 17                                     | 24        | PASEK Natalia            | WIELICZKA           |             | POL             | 81         | K30/17                | (K)47 | 01:58:11     | 10.71  | 05.36    |
| 18                                     | 338       | LEŚNIAK Anna             | BOCHNIA             |             | POL             | 84         | K30/18                | (K)50 | 02:00:41     | 10.49  | 05.43    |
| 19                                     | 146       | SROKA Małgorzata         | WĘGRZCE WIELKIE     |             | POL             | 81         | K30/19                | (K)51 | 02:00:46     | 10.48  | 05.43    |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name            | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [km/h] | [min/km] |
|--------------|--------|---------------------------------|------------------|----------|--------------|---------|------------------------|-----------|--------|----------|
| 20           | 566    | SOWA-LEWANDOWSKA Katarzyna      | WIELICZKA        | POL      |              | 83      | K30/20 (K)55           | 02:02:09  | 10.36  | 05.47    |
| 21           | 577    | MAJ Agnieszka                   | BOCHNIA          | POL      |              | 84      | K30/21 (K)56           | 02:02:14  | 10.36  | 05.47    |
| 22           | 128    | COVE Paulina                    | GDÓW             | POL      |              | 82      | K30/22 (K)58           | 02:02:35  | 10.33  | 05.48    |
| 23           | 203    | DZIEPAK Dorota                  | RZESZÓW          | POL      |              | 80      | K30/23 (K)60           | 02:05:08  | 10.12  | 05.55    |
| 24           | 222    | PARTYKA Bożena                  | JAWORZNO         | POL      |              | 81      | K30/24 (K)61           | 02:05:11  | 10.11  | 05.56    |
| 25           | 174    | KLIMEK Jagoda                   | KRAKÓW           | POL      |              | 81      | K30/25 (K)62           | 02:05:22  | 10.10  | 05.56    |
| 26           | 116    | MICZYŃSKA-KAPKA Zofia           | KRAKÓW           | POL      |              | 83      | K30/26 (K)63           | 02:07:49  | 9.90   | 06.03    |
| 27           | 193    | IDZI Anna                       | KRAKÓW           | POL      |              | 83      | K30/27 (K)64           | 02:08:19  | 9.86   | 06.04    |
| 28           | 449    | KORZENIOWSKA-DĘBOWSKA Magdalena | KRAKÓW           | POL      |              | 79      | K30/28 (K)69           | 02:11:12  | 9.65   | 06.13    |
| 29           | 88     | SZTUREMSKA-PRZYBYŁ Agata        | KRAKÓW           | POL      |              | 75      | K30/29 (K)70           | 02:11:12  | 9.65   | 06.13    |
| 30           | 94     | BOGUTA Beata                    | KRAKÓW           | POL      |              | 75      | K30/30 (K)73           | 02:12:42  | 9.54   | 06.17    |
| 31           | 123    | LITWIC Maria                    | KRAKÓW           | POL      |              | 81      | K30/31 (K)75           | 02:16:55  | 9.25   | 06.29    |
| 32           | 209    | MARTOWICZ Maria                 | KRAKÓW           | POL      |              | 84      | K30/32 (K)78           | 02:18:20  | 9.15   | 06.33    |
| 33           | 165    | ZOBEK-HARPULA Aleksandra        | SOSNOWIEC        | POL      |              | 83      | K30/33 (K)82           | 02:21:18  | 8.96   | 06.41    |
| 34           | 457    | REGUŁA Izabela                  | WIELICZKA        | POL      |              | 81      | K30/34 (K)83           | 02:22:35  | 8.88   | 06.45    |
| 35           | 440    | PALKIEWICZ Małgorzata           | WIELICZKA        | POL      |              | 84      | K30/35 (K)84           | 02:22:48  | 8.86   | 06.46    |
| 36           | 178    | GALĄZKA Małgorzata              | LUBLIN           | POL      |              | 75      | K30/36 (K)86           | 02:25:18  | 8.71   | 06.53    |
| 37           | 470    | MOTYL Mirosława                 | KRAKÓW           | POL      |              | 80      | K30/37 (K)90           | 02:30:43  | 8.40   | 07.08    |
| 38           | 167    | LAMPART Marta                   | RYBNIK           | POL      |              | 83      | K30/38 (K)91           | 02:32:05  | 8.32   | 07.12    |
| 39           | 129    | JERZYKOWSKA Ewa                 | KRAKÓW           | POL      |              | 78      | K30/39 (K)93           | 02:33:23  | 8.25   | 07.16    |
| 40           | 287    | SURUS Karolina                  | KRAKÓW           | POL      |              | 83      | K30/40 (K)94           | 02:49:27  | 7.47   | 08.01    |

### Bieg 21km Kobiety KATEGORIA:K20















|    |     |                     |                 |     |   |    |              |          |       |       |
|----|-----|---------------------|-----------------|-----|---|----|--------------|----------|-------|-------|
| 1  | 8   | KOSGEI Everline     | ELDORET         | KEN |   | 85 | K20/1 (K)1   | 01:17:11 | 16.40 | 03.39 |
| 2  | 545 | SKRYPAK Olga        | KIJEV           | UKR |   | 90 | K20/2 (K)2   | 01:17:22 | 16.36 | 03.40 |
| 3  | 6   | KIPRONO Maureen     | ITEN            | KEN |   | 91 | K20/3 (K)4   | 01:19:31 | 15.92 | 03.46 |
| 4  | 5   | CHEBET Agnes        | ELDORET         | KEN |   | 92 | K20/4 (K)5   | 01:21:07 | 15.60 | 03.50 |
| 5  | 9   | JAREMCHUK Sofiya    | LWIW            | UKR |   | 94 | K20/5 (K)6   | 01:22:02 | 15.44 | 03.53 |
| 6  | 503 | GOLBA Katarzyna     | MIELEC          | POL | KS AZS AWF KATOWICE   | 89 | K20/6 (K)9   | 01:23:54 | 15.09 | 03.58 |
| 7  | 10  | HUDAK Mariya        | LWOW            | UKR |   | 93 | K20/7 (K)10  | 01:28:51 | 14.25 | 04.12 |
| 8  | 428 | POGAN Eliza         | KRAKÓW          | POL | KU AZS COLLEGIUM MEDICUM UJ                                     | 90 | K20/8 (K)12  | 01:33:57 | 13.47 | 04.27 |
| 9  | 384 | KALINOWSKA Paulina  | KARCZEW         | POL | KU AZS AKADEMII PEDAGOGIKI SPECJALNEJ IM. MARII GRZEGORZEWSKIEJ | 81 | K20/9 (K)13  | 01:35:14 | 13.29 | 04.30 |
| 10 | 315 | ŁACH Agnieszka      | ŁYSOKANIE       | POL |   | 92 | K20/10 (K)14 | 01:35:42 | 13.23 | 04.32 |
| 11 | 241 | MADRA Lidia         | KAMIENIEC       | POL | KU AZS UTP BYDGOSZCZ  | 91 | K20/11 (K)15 | 01:38:11 | 12.89 | 04.39 |
| 12 | 357 | FIJAŁKOWSKA Zuzanna | MIELEC          | POL | KU AZS AKADEMII-GÓRNICZO HUTNICZEJ W03 KRAKOWIE                 | 83 | K20/12 (K)18 | 01:42:03 | 12.40 | 04.50 |
| 13 | 444 | PRYZYSTASZ Magda    | NIEPOŁOMICE     | POL | AZS UP KRAKÓW   | 91 | K20/13 (K)20 | 01:44:13 | 12.15 | 04.56 |
| 14 | 294 | LEŚNIAK Karolina    | WIELICZKA       | POL |   | 93 | K20/14 (K)23 | 01:45:27 | 12.00 | 04.59 |
| 15 | 372 | KAWECKA Marcelina   | RADZANOWO       | POL | KU AZS WARSZAWSKIEGO UNIWERSYTETU W03 MEDYCZNEGO                | 83 | K20/15 (K)26 | 01:49:17 | 11.58 | 05.10 |
| 16 | 143 | BLITEK Joanna       | WAŁBRZYCH       | POL | KU PWSZ W WAŁBRZYCHU  | 90 | K20/16 (K)27 | 01:51:24 | 11.36 | 05.16 |
| 17 | 124 | CABAN Dominika      | SZCZOKOCINY     | POL |   | 87 | K20/17 (K)31 | 01:53:14 | 11.18 | 05.22 |
| 18 | 361 | NIKOWAL Sabina      | KRAKÓW          | POL |   | 89 | K20/18 (K)36 | 01:55:59 | 10.91 | 05.29 |
| 19 | 505 | WITKOWSKA Daria     | KRAKÓW          | POL |   | 85 | K20/19 (K)42 | 01:57:23 | 10.78 | 05.33 |
| 20 | 316 | SADOWSKA Jagoda     | KRAKÓW          | POL | KU AZS AWF UNIWERSYTETU PEDAGOGICZNEGO W KRAKOWIE               | 91 | K20/20 (K)45 | 01:57:50 | 10.74 | 05.35 |
| 21 | 154 | SIKORA Marta        | KATOWICE        | POL |   | 87 | K20/21 (K)48 | 01:59:01 | 10.64 | 05.38 |
| 22 | 504 | FLOREK Joanna       | WIELICZKA       | POL | AZS ŹŁŹŹSKI UNIWERSYTET MEDYCZNY W03 KATOWICACH                 | 88 | K20/22 (K)52 | 02:00:55 | 10.47 | 05.43 |
| 23 | 491 | NOWAK Małgorzata    | ZGŁOBICE        | POL |   | 89 | K20/23 (K)53 | 02:01:20 | 10.43 | 05.45 |
| 24 | 396 | ROJEK-KIELBASA Anna | KRAKÓW          | POL |   | 89 | K20/24 (K)54 | 02:01:24 | 10.43 | 05.45 |
| 25 | 382 | MISIUDA Ewelina     | NIEPOŁOMICE     | POL |   | 89 | K20/25 (K)57 | 02:02:34 | 10.33 | 05.48 |
| 26 | 214 | DAŃDA Ania          | DOBCZYCE        | POL |   | 95 | K20/26 (K)59 | 02:04:41 | 10.15 | 05.54 |
| 27 | 400 | BARTYZEL Beata      | KRAKÓW          | POL |   | 88 | K20/27 (K)71 | 02:11:16 | 9.64  | 06.13 |
| 28 | 331 | ŚMIECH Joanna       | PIEKOSZÓW       | POL |   | 95 | K20/28 (K)77 | 02:18:14 | 9.16  | 06.33 |
| 29 | 519 | PAWLIK Ilona        | JADOWNIKI MOKRE | POL |   | 92 | K20/29 (K)81 | 02:21:13 | 8.96  | 06.41 |
| 30 | 472 | SEPIÓŁO Katarzyna   | KRAKÓW          | POL |   | 87 | K20/30 (K)87 | 02:25:50 | 8.68  | 06.54 |
| 31 | 50  | GRABOWSKA Gabriela  | KRAKÓW          | POL |   | 88 | K20/31 (K)88 | 02:27:04 | 8.61  | 06.58 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [km/h] | [min/km] |
|--------------|--------|----------------------|------------------|----------|--------------|---------|------------------------|-----------|--------|----------|
|--------------|--------|----------------------|------------------|----------|--------------|---------|------------------------|-----------|--------|----------|





































### Bieg 21km Mężczyźni KATEGORIA:M70

|   |     |                    |           |   |     |    |              |          |       |       |
|---|-----|--------------------|-----------|---|-----|----|--------------|----------|-------|-------|
| 1 | 309 | ESNAULT Jean louis | MAUREPAS  |  | FRA | 40 | M70/1 (M)118 | 01:40:16 | 12.62 | 04.45 |
| 2 | 198 | GRABKA Stanisław   | KRAKÓW    |  | POL | 43 | M70/2 (M)244 | 01:53:02 | 11.20 | 05.21 |
| 3 | 271 | KITA Stanisław     | JADOWNIKI |  | POL | 39 | M70/3 (M)332 | 02:02:02 | 10.37 | 05.47 |
| 4 | 332 | JAMRO Leopold      | GORLICE   |  | POL | 42 | M70/4 (M)365 | 02:08:56 | 9.82  | 06.06 |

### Bieg 21km Mężczyźni KATEGORIA:M60

|    |     |                      |                   |   |     |                           |    |               |          |       |       |
|----|-----|----------------------|-------------------|---|-----|---------------------------|----|---------------|----------|-------|-------|
| 1  | 550 | MACIOL Andrzej       | KRAKÓW            |  | POL | KS AZS AWF KRAKÓW MASTERS | 54 | M60/1 (M)58   | 01:33:15 | 13.57 | 04.25 |
| 2  | 497 | PILCH Marek          | KRAKÓW            |  | POL |                           | 54 | M60/2 (M)130  | 01:42:18 | 12.37 | 04.50 |
| 3  | 570 | GOŚCIEJ Andrzej      | WIELICZKA         |  | POL |                           | 47 | M60/3 (M)145  | 01:44:19 | 12.13 | 04.56 |
| 4  | 122 | WALIGÓRA Andrzej     | LIBIAŻ            |  | POL |                           | 50 | M60/4 (M)173  | 01:46:20 | 11.90 | 05.02 |
| 5  | 247 | KOZIOL Wiesław       | KROSNO            |  | POL |                           | 52 | M60/5 (M)214  | 01:50:10 | 11.49 | 05.13 |
| 6  | 445 | MROŻEK Andrzej       | KRAKÓW            |  | POL |                           | 54 | M60/6 (M)220  | 01:50:32 | 11.45 | 05.14 |
| 7  | 569 | KORDOS Jan           | KRAKÓW            |  | POL |                           | 49 | M60/7 (M)237  | 01:51:59 | 11.30 | 05.18 |
| 8  | 176 | DZIELIŃSKI Stanisław | BYTOM             |  | POL |                           | 54 | M60/8 (M)239  | 01:52:02 | 11.30 | 05.18 |
| 9  | 206 | MOSKAL Andrzej       | BIECZ             |  | POL |                           | 54 | M60/9 (M)243  | 01:52:57 | 11.21 | 05.21 |
| 10 | 234 | GADZINOWSKI Ignacy   | RADOM             |  | POL |                           | 50 | M60/10 (M)343 | 02:03:52 | 10.22 | 05.52 |
| 11 | 399 | BYKOWSKI Bogdan      | STARY KISIELIN    |  | POL |                           | 49 | M60/11 (M)351 | 02:05:10 | 10.11 | 05.56 |
| 12 | 516 | WIATR Stanisław      | DĄBROWA TARNOWSKA |  | POL |                           | 52 | M60/12 (M)356 | 02:06:02 | 10.04 | 05.58 |
| 13 | 474 | STARONIEWICZ Janusz  | RABKA             |  | POL |                           | 54 | M60/13 (M)372 | 02:09:56 | 9.74  | 06.09 |
| 14 | 573 | KOWALCZYK Tadeusz    | KRAKÓW            |  | POL |                           | 54 | M60/14 (M)374 | 02:10:06 | 9.73  | 06.10 |

### Bieg 21km Mężczyźni KATEGORIA:M50

|    |     |                      |                 |   |     |                           |    |               |          |       |       |
|----|-----|----------------------|-----------------|---|-----|---------------------------|----|---------------|----------|-------|-------|
| 1  | 571 | MAJ Tadeusz          | KRAKÓW          |    | POL | KS AZS AWF KRAKÓW MASTERS | 63 | M50/1 (M)27   | 01:24:59 | 14.90 | 04.01 |
| 2  | 175 | ŁABUZIŃSKI Sławomir  | KRAKÓW          |    | POL |                           | 64 | M50/2 (M)28   | 01:25:04 | 14.90 | 04.01 |
| 3  | 11  | JAWOROWSKI Witold    | BYTOM           |   | POL |                           | 63 | M50/3 (M)61   | 01:33:25 | 13.55 | 04.25 |
| 4  | 380 | MACHLOWSKI Ryszard   | KRAKÓW          |  | POL |                           | 63 | M50/4 (M)63   | 01:33:37 | 13.52 | 04.26 |
| 5  | 397 | DYRLAGA Stanisław    | WĘGIERSKA GÓRKA |  | POL |                           | 58 | M50/5 (M)64   | 01:33:40 | 13.51 | 04.26 |
| 6  | 572 | GORZKOWSKI Witold    | WIELICZKA       |  | POL |                           | 64 | M50/6 (M)66   | 01:34:02 | 13.46 | 04.27 |
| 7  | 538 | WESTENHOLZ Piotr     | BALIN           |  | POL |                           | 64 | M50/7 (M)82   | 01:36:30 | 13.12 | 04.34 |
| 8  | 281 | PACEWICZ Marek       | ZIELONKI        |  | POL |                           | 56 | M50/8 (M)101  | 01:38:20 | 12.87 | 04.39 |
| 9  | 131 | KOST Mirosław        | WIELICZKA       |  | POL |                           | 63 | M50/9 (M)104  | 01:39:00 | 12.79 | 04.41 |
| 10 | 102 | BIJOTA Janusz        | KRAKOW          |  | POL |                           | 64 | M50/10 (M)140 | 01:44:06 | 12.16 | 04.56 |
| 11 | 170 | GOTTMAN Bogusław     | OŚWIĘCIM        |  | POL |                           | 64 | M50/11 (M)166 | 01:45:40 | 11.98 | 05.00 |
| 12 | 171 | SMOTER Tadeusz       | KRAKOW          |  | POL | KS AZS AWF KRAKÓW MASTERS | 56 | M50/12 (M)177 | 01:46:45 | 11.86 | 05.03 |
| 13 | 539 | DUDZIK Krzysztof     | KRAKÓW          |  | POL |                           | 58 | M50/13 (M)193 | 01:48:20 | 11.68 | 05.08 |
| 14 | 257 | BOROWIECKI Piotr     | KRAKÓW          |  | POL |                           | 64 | M50/14 (M)197 | 01:48:53 | 11.63 | 05.09 |
| 15 | 259 | KIEŁKOWICZ Kazimierz | KRAKÓW          |  | POL |                           | 58 | M50/15 (M)198 | 01:49:02 | 11.61 | 05.10 |
| 16 | 289 | FORYŚ Włodzimierz    | JASŁO           |  | POL |                           | 62 | M50/16 (M)200 | 01:49:12 | 11.59 | 05.10 |
| 17 | 110 | JASZCZYŃSKI Dariusz  | KRAKÓW          |  | POL |                           | 63 | M50/17 (M)208 | 01:49:41 | 11.54 | 05.11 |
| 18 | 320 | FLEJTERSKI Adam      | WROCLAW         |  | POL |                           | 56 | M50/18 (M)213 | 01:50:02 | 11.50 | 05.12 |
| 19 | 479 | SIERANT Mirosław     | WIELICZKA       |  | POL |                           | 63 | M50/19 (M)217 | 01:50:28 | 11.46 | 05.14 |
| 20 | 386 | KUŻMA Przemysław     | JANOWICE        |  | POL |                           | 60 | M50/20 (M)231 | 01:51:16 | 11.38 | 05.16 |
| 21 | 149 | RYBARZ Artur         | BRZESZCZE       |  | POL |                           | 64 | M50/21 (M)232 | 01:51:22 | 11.37 | 05.16 |
| 22 | 406 | BUGAJSKI Zbigniew    | NOWY WIŚNICZ    |  | POL |                           | 61 | M50/22 (M)240 | 01:52:04 | 11.30 | 05.18 |
| 23 | 563 | JAGLARZ Jarosław     | BOBROWNIKI      |  | POL |                           | 64 | M50/23 (M)245 | 01:53:04 | 11.20 | 05.21 |
| 24 | 265 | PAWELEC Andrzej      | PODLĘŻE         |  | POL |                           | 64 | M50/24 (M)256 | 01:54:25 | 11.06 | 05.25 |
| 25 | 256 | WOŹNIAK Janusz       | SKOŁYSZYN       |  | POL |                           | 63 | M50/25 (M)258 | 01:54:27 | 11.06 | 05.25 |
| 26 | 238 | PIOTROWSKI Jan       | KRAKÓW          |  | POL |                           | 63 | M50/26 (M)264 | 01:55:06 | 11.00 | 05.27 |
| 27 | 441 | SENDER Andrzej       | WIELICZKA       |  | POL |                           | 58 | M50/27 (M)320 | 02:00:43 | 10.49 | 05.43 |
| 28 | 107 | CYGANIEWICZ Leszek   | KRAKÓW          |  | POL |                           | 57 | M50/28 (M)322 | 02:01:03 | 10.46 | 05.44 |
| 29 | 378 | RYŚ Wacław           | MYSLENICE       |  | POL |                           | 57 | M50/29 (M)328 | 02:01:36 | 10.41 | 05.45 |
| 30 | 568 | GROCHAL Jan          | WIELICZKA       |  | POL |                           | 64 | M50/30 (M)329 | 02:01:37 | 10.41 | 05.45 |
| 31 | 588 | PILCH Leszek         | ADELAJDA        |  | AUS |                           | 63 | M50/31 (M)335 | 02:02:10 | 10.36 | 05.47 |
| 32 | 89  | CHAJA Andrzej        | SUCHA BESKIDZKA |  | POL |                           | 58 | M50/32 (M)347 | 02:04:56 | 10.13 | 05.55 |
| 33 | 365 | JURASZEK Antoni      | WĘGIERSKA GÓRKA |  | POL |                           | 56 | M50/33 (M)348 | 02:04:59 | 10.13 | 05.55 |
| 34 | 488 | TEKIELA Tadeusz      | KRAKÓW          |  | POL |                           | 57 | M50/34 (M)352 | 02:05:11 | 10.11 | 05.56 |
| 35 | 391 | SROKA Krzysztof      | KRAKÓW          |  | POL |                           | 62 | M50/35 (M)354 | 02:05:21 | 10.10 | 05.56 |
| 36 | 353 | MORDARSKI Jerzy      | NOWY SĄCZ       |  | POL |                           | 57 | M50/36 (M)362 | 02:08:16 | 9.87  | 06.04 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team              | R-k YoB | W kategorii in Age Sex | Czas Time | [km/h] | [min/km] |
|--------------|--------|----------------------|------------------|----------|---------------------------|---------|------------------------|-----------|--------|----------|
| 37           | 223    | JABŁOŃSKI Bogusław   | KRAKÓW           |          |                           | 64      | M50/37 (M)368          | 02:09:12  | 9.80   | 06.07    |
| 38           | 189    | CHUDY Jacek          | BOLECHOWICE      |          |                           | 62      | M50/38 (M)375          | 02:10:20  | 9.71   | 06.10    |
| 39           | 562    | MISIARZ Józef        | KRAKÓW           |          |                           | 57      | M50/39 (M)399          | 02:14:23  | 9.42   | 06.22    |
| 40           | 485    | NOWAK Marek          | WIELICZKA        |          | KS AZS AWF KRAKÓW MASTERS | 57      | M50/40 (M)402          | 02:17:06  | 9.23   | 06.29    |
| 41           | 66     | BRONOWSKI Janusz     | WIELICZKA        |          |                           | 57      | M50/41 (M)404          | 02:20:04  | 9.04   | 06.38    |
| 42           | 254    | KRUSZEC Jacek        | KRAKÓW           |          |                           | 63      | M50/42 (M)407          | 02:22:48  | 8.86   | 06.46    |
| 43           | 267    | PIĘTA Leszek         | TRZCINICA        |          |                           | 63      | M50/43 (M)415          | 02:48:42  | 7.50   | 07.59    |

## Bieg 21km Mężczyźni KATEGORIA:M40

|    |     |                        |                     |  |                           |    |               |          |       |       |
|----|-----|------------------------|---------------------|--|---------------------------|----|---------------|----------|-------|-------|
| 1  | 323 | CZYŻ Grzegorz          | BOGUMIŁOWICE        |  |                           | 67 | M40/1 (M)15   | 01:15:37 | 16.75 | 03.34 |
| 2  | 575 | EASTWOOD James         | BURNLEY             |  |                           | 71 | M40/2 (M)25   | 01:23:46 | 15.14 | 03.57 |
| 3  | 182 | MIELEC Andrzej         | MAŁA WIEŚ           |  |                           | 69 | M40/3 (M)29   | 01:25:32 | 14.82 | 04.02 |
| 4  | 462 | KRZEMIEŃ Rafał         | WIELICZKA           |  |                           | 70 | M40/4 (M)33   | 01:27:06 | 14.54 | 04.07 |
| 5  | 390 | PISZCZATOWSKI Wojciech | WARSZAWA            |  |                           | 71 | M40/5 (M)35   | 01:27:14 | 14.53 | 04.07 |
| 6  | 431 | MÜLDNER Rafał          | KRAKÓW              |  |                           | 74 | M40/6 (M)36   | 01:28:06 | 14.39 | 04.10 |
| 7  | 127 | STANISZEWSKI Artur     | KRAKÓW              |  |                           | 70 | M40/7 (M)37   | 01:29:05 | 14.24 | 04.12 |
| 8  | 201 | PAJEWSKI Jerzy         | KRAKÓW              |  |                           | 68 | M40/8 (M)44   | 01:30:32 | 13.98 | 04.17 |
| 9  | 381 | JANIK Mariusz          | KRAKÓW              |  |                           | 72 | M40/9 (M)51   | 01:31:55 | 13.77 | 04.21 |
| 10 | 120 | TUDRUJ Andrzej         | JAWORZNO            |  |                           | 68 | M40/10 (M)53  | 01:32:24 | 13.70 | 04.22 |
| 11 | 307 | KAWELCZYK Robert       | CZĘSTOCHOWA         |  |                           | 67 | M40/11 (M)54  | 01:32:33 | 13.68 | 04.23 |
| 12 | 447 | ŁUCZYŃSKI Michał       | KRAKÓW              |  |                           | 74 | M40/12 (M)57  | 01:33:04 | 13.60 | 04.24 |
| 13 | 434 | ŻARSKI Krzysztof       | KRAKÓW              |  |                           | 72 | M40/13 (M)59  | 01:33:18 | 13.57 | 04.25 |
| 14 | 104 | KOSTRZEWA Paweł        | KRAKÓW              |  |                           | 70 | M40/14 (M)71  | 01:34:58 | 13.33 | 04.30 |
| 15 | 144 | ROGASCH Stanisław      | KRAKÓW              |  |                           | 65 | M40/15 (M)73  | 01:35:26 | 13.26 | 04.31 |
| 16 | 73  | PARZONKA Paweł         | KĘPNO               |  |                           | 73 | M40/16 (M)77  | 01:35:44 | 13.22 | 04.32 |
| 17 | 183 | SZPAK Sławomir         | KRAKÓW              |  |                           | 69 | M40/17 (M)78  | 01:35:56 | 13.19 | 04.32 |
| 18 | 279 | GOTFRYD Adam           | JASŁO               |  |                           | 74 | M40/18 (M)81  | 01:36:27 | 13.12 | 04.34 |
| 19 | 118 | DYRGA Sebastian        | ŁÓDŹ                |  |                           | 74 | M40/19 (M)92  | 01:37:47 | 12.95 | 04.38 |
| 20 | 302 | GOSTYŃSKI Krzysztof    | KRAKÓW              |  |                           | 74 | M40/20 (M)93  | 01:37:58 | 12.92 | 04.38 |
| 21 | 510 | KOLBOWICZ Marek        | SZCZECIN            |  | AZS SZCZECIN              | 71 | M40/21 (M)96  | 01:38:01 | 12.91 | 04.38 |
| 22 | 435 | WYSOWSKI Grzegorz      | PTASZKOWA           |  |                           | 72 | M40/22 (M)103 | 01:38:44 | 12.82 | 04.40 |
| 23 | 511 | BADYLAK Adam           | KRAKÓW              |  |                           | 73 | M40/23 (M)108 | 01:39:14 | 12.76 | 04.42 |
| 24 | 221 | GRZYB Kazimierz        | KRAKÓW              |  |                           | 72 | M40/24 (M)109 | 01:39:22 | 12.74 | 04.42 |
| 25 | 427 | RADZIK Jerzy           | KRAKÓW              |  |                           | 67 | M40/25 (M)111 | 01:39:29 | 12.72 | 04.42 |
| 26 | 461 | GUZOWSKI Jacek         | KRAKÓW              |  |                           | 72 | M40/26 (M)112 | 01:39:33 | 12.72 | 04.43 |
| 27 | 333 | KOPEĆ Artur            | JAWORZNO            |  |                           | 70 | M40/27 (M)121 | 01:40:48 | 12.56 | 04.46 |
| 28 | 48  | STARZYŃSKI Tomasz      | KRAKÓW              |  |                           | 68 | M40/28 (M)135 | 01:43:08 | 12.27 | 04.53 |
| 29 | 480 | MICHAŁEK Jarosław      | WRZAŚOWICE          |  |                           | 65 | M40/29 (M)141 | 01:44:07 | 12.16 | 04.56 |
| 30 | 275 | GAWŁOWSKI Krzysztof    | ZABIERZÓW BOCHEŃSKI |  |                           | 65 | M40/30 (M)143 | 01:44:14 | 12.14 | 04.56 |
| 31 | 304 | PAW Marek              | BELCHATÓW           |  |                           | 70 | M40/31 (M)144 | 01:44:15 | 12.14 | 04.56 |
| 32 | 213 | KUĆ Jarosław           | KRAKÓW              |  |                           | 66 | M40/32 (M)148 | 01:44:21 | 12.13 | 04.56 |
| 33 | 415 | PODSIADŁO Jarosław     | SOSNOWIEC           |  |                           | 66 | M40/33 (M)151 | 01:44:31 | 12.11 | 04.57 |
| 34 | 366 | MRÓZ Jacek             | KRAKÓW              |  |                           | 69 | M40/34 (M)152 | 01:44:43 | 12.09 | 04.57 |
| 35 | 493 | GRZYB Tadeusz          | BOCHNIA             |  |                           | 67 | M40/35 (M)154 | 01:44:52 | 12.07 | 04.58 |
| 36 | 292 | MISZTAŁ Rafał          | CHRZANÓW            |  |                           | 71 | M40/36 (M)157 | 01:45:06 | 12.04 | 04.58 |
| 37 | 388 | LISZKA Krystian        | WIELICZKA           |  |                           | 73 | M40/37 (M)160 | 01:45:19 | 12.02 | 04.59 |
| 38 | 402 | BRZOZOWSKI Piotr       | JAWORZNO            |  |                           | 69 | M40/38 (M)163 | 01:45:32 | 11.99 | 05.00 |
| 39 | 517 | MORAWSKI Mariusz       | KRAKÓW              |  | KS AZS AWF KRAKÓW MASTERS | 66 | M40/39 (M)167 | 01:45:46 | 11.97 | 05.00 |
| 40 | 20  | GRUDNIK Zbigniew       | WIELICZKA           |  |                           | 71 | M40/40 (M)181 | 01:47:11 | 11.81 | 05.04 |
| 41 | 354 | KRUK Piotr             | GŁOGOCZÓW           |  |                           | 71 | M40/41 (M)184 | 01:47:24 | 11.79 | 05.05 |
| 42 | 318 | SAPA Lucjan            | KRAKÓW              |  |                           | 69 | M40/42 (M)188 | 01:47:43 | 11.75 | 05.06 |
| 43 | 383 | PIOTROWSKI Przemysław  | WIELICZKA           |  |                           | 74 | M40/43 (M)199 | 01:49:02 | 11.61 | 05.10 |
| 44 | 138 | ADAMCZYK Tomasz        | CZĘSTOCHOWA         |  |                           | 67 | M40/44 (M)202 | 01:49:17 | 11.58 | 05.10 |
| 45 | 199 | TOMCZYK Marcin         | KRAKÓW              |  |                           | 73 | M40/45 (M)204 | 01:49:24 | 11.57 | 05.11 |
| 46 | 348 | ŚWIĘTEK Grzegorz       | PODLĘŻE             |  |                           | 73 | M40/46 (M)205 | 01:49:27 | 11.57 | 05.11 |
| 47 | 225 | KRĘCINA Mateusz        | WIELICZKA           |  |                           | 72 | M40/47 (M)207 | 01:49:41 | 11.54 | 05.11 |
| 48 | 266 | ANDRUKOWICZ Marcin     | OLKUSZ              |  |                           | 70 | M40/48 (M)234 | 01:51:46 | 11.33 | 05.17 |
| 49 | 311 | NOWAK Krzysztof        | ZABIERZÓW BOCHEŃSKI |  |                           | 66 | M40/49 (M)241 | 01:52:24 | 11.26 | 05.19 |
| 50 | 34  | NIEWIELSKI Janusz      | WIELICZKA           |  |                           | 65 | M40/50 (M)247 | 01:53:32 | 11.15 | 05.22 |



| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team                               | R-k YoB | W kategorii in Age Sex | Czas Time | [km/h] | [min/km] |
|--------------|--------|----------------------|------------------|----------|--|---------|------------------------|-----------|--------|----------|
| 51           | 482    | LEPIARZ Szymon       | KRAKÓW           |          | POL  | 70      | M40/51 (M)251          | 01:54:10  | 11.09  | 05.24    |
| 52           | 558    | DYK Mariusz          | MORAWICA         |          | POL  | 72      | M40/52 (M)254          | 01:54:19  | 11.07  | 05.25    |
| 53           | 200    | PAWLOWSKI Radosław   | ZIELONKA         |          | POL  | 67      | M40/53 (M)261          | 01:54:55  | 11.02  | 05.26    |
| 54           | 375    | ZOLADZ Jurek         | KRAKÓW           |          | POL  | 72      | M40/54 (M)262          | 01:55:02  | 11.00  | 05.27    |
| 55           | 317    | WÓJCIK Grzegorz      | KRAKÓW           |          | POL  | 74      | M40/55 (M)266          | 01:55:17  | 10.98  | 05.27    |
| 56           | 207    | PIPER Krzysztof      | SKAWINA          |          | POL  | 72      | M40/56 (M)273          | 01:56:05  | 10.90  | 05.30    |
| 57           | 518    | MICHALSKI Piotr      | KRAKÓW           |          | POL  | 74      | M40/57 (M)278          | 01:56:28  | 10.87  | 05.31    |
| 58           | 42     | NOWAK Jacek          | WIELICZKA        |          | POL  | 68      | M40/58 (M)280          | 01:56:37  | 10.85  | 05.31    |
| 59           | 476    | POLAK Grzegorz       | WADOWICE         |          | POL  | 72      | M40/59 (M)289          | 01:57:11  | 10.80  | 05.33    |
| 60           | 541    | ZAREMBA Tomasz       | LIMANOWA         |          | POL  | 72      | M40/60 (M)296          | 01:57:46  | 10.75  | 05.34    |
| 61           | 13     | FRITZ Sławomir       | KRAKÓW           |          | POL  | 69      | M40/61 (M)300          | 01:58:23  | 10.69  | 05.36    |
| 62           | 258    | KUDŁA Grzegorz       | WIELICZKA        |          | POL  | 74      | M40/62 (M)301          | 01:58:23  | 10.69  | 05.36    |
| 63           | 306    | MORAWIEC Andrzej     | CIOCHOWICE       |          | POL  | 74      | M40/63 (M)307          | 01:59:28  | 10.60  | 05.39    |
| 64           | 481    | GAWLIK Lukasz        | KRAKÓW           |          | POL  | 74      | M40/64 (M)308          | 01:59:35  | 10.59  | 05.40    |
| 65           | 236    | MADEJ Marcin         | SKAWINA          |          | POL  | 73      | M40/65 (M)312          | 01:59:50  | 10.56  | 05.40    |
| 66           | 113    | WALCZYK Roman        | KRAKÓW           |          | POL  | 68      | M40/66 (M)314          | 02:00:18  | 10.52  | 05.42    |
| 67           | 31     | MIKA Tomasz          | NIEPOŁOMICE      |          | POL  | 74      | M40/67 (M)315          | 02:00:22  | 10.52  | 05.42    |
| 68           | 263    | MAJKUT Leszek        | KRAKÓW           |          | POL  | 70      | M40/68 (M)316          | 02:00:26  | 10.51  | 05.42    |
| 69           | 227    | ŻAK Paweł            | PODŁĘŻE          |          | POL  | 73      | M40/69 (M)325          | 02:01:18  | 10.44  | 05.45    |
| 70           | 218    | ROGOZIŃSKI Dariusz   | ZAKRZOWIEC       |          | POL  | 67      | M40/70 (M)326          | 02:01:30  | 10.42  | 05.45    |
| 71           | 99     | BOGUTA Paweł         | KRAKÓW           |          | POL  | 73      | M40/71 (M)330          | 02:01:49  | 10.39  | 05.46    |
| 72           | 26     | KORDAS Grzegorz      | WĘGRZCE WIELKIE  |          | POL  | 70      | M40/72 (M)331          | 02:01:58  | 10.38  | 05.46    |
| 73           | 426    | DUBAS Arkadiusz      | SOSNOWIEC        |          | POL  | 72      | M40/73 (M)333          | 02:02:03  | 10.37  | 05.47    |
| 74           | 82     | STAROSTA Sławomir    | OSTRORÓG         |          | POL  | 73      | M40/74 (M)338          | 02:03:11  | 10.28  | 05.50    |
| 75           | 180    | SURMACKI Robert      | CZĘSTOCHOWA      |          | POL  | 68      | M40/75 (M)339          | 02:03:24  | 10.26  | 05.50    |
| 76           | 555    | BURDA Marek          | NIEPOŁOMICE      |          | POL  | 68      | M40/76 (M)340          | 02:03:39  | 10.24  | 05.51    |
| 77           | 448    | TRYSTUŁA Dariusz     | KRAKÓW           |          | POL  | 69      | M40/77 (M)341          | 02:03:42  | 10.23  | 05.51    |
| 78           | 370    | KANIA Robert         | WIELICZKA        |          | POL  | 74      | M40/78 (M)344          | 02:03:55  | 10.22  | 05.52    |
| 79           | 111    | TYNIEC Grzegorz      | KRAKÓW           |          | POL  | 70      | M40/79 (M)345          | 02:04:15  | 10.19  | 05.53    |
| 80           | 471    | KONIECZNY Mariusz    | KRAKÓW           |          | POL  | 71      | M40/80 (M)359          | 02:07:04  | 9.96   | 06.01    |
| 81           | 574    | JĘDRYCHOWSKI Maciej  | KRAKÓW           |          | POL  | 74      | M40/81 (M)363          | 02:08:37  | 9.84   | 06.05    |
| 82           | 526    | JANUSZKIEWICZ Maciej | WIELICZKA        |          | POL  | 73      | M40/82 (M)364          | 02:08:51  | 9.82   | 06.06    |
| 83           | 424    | KACZÓWKA Dariusz     | KRAKÓW           |          | POL  | 71      | M40/83 (M)366          | 02:08:57  | 9.82   | 06.06    |
| 84           | 453    | DUDEK Darek          | ZABIERZÓW        |          | POL  | 70      | M40/84 (M)377          | 02:10:22  | 9.71   | 06.10    |
| 85           | 169    | MICHALSKI Henryk     | TARNÓW           |          | POL HONOROWI DAWCY KRWI-GRUPA AZOTY TARNÓW | 74      | M40/85 (M)384          | 02:11:10  | 9.65   | 06.13    |
| 86           | 77     | STROMCZYŃSKI Maciej  | ZABRZE           |          | POL  | 68      | M40/86 (M)389          | 02:12:14  | 9.57   | 06.16    |
| 87           | 446    | JĘDRZEJEK Zdzisław   | NIEPOŁOMICE      |          | POL  | 73      | M40/87 (M)391          | 02:12:26  | 9.56   | 06.16    |
| 88           | 514    | STANULA Piotr        | KRAKÓW           |          | POL  | 73      | M40/88 (M)392          | 02:12:29  | 9.55   | 06.16    |
| 89           | 92     | BANASIK Marcin       | KRAKÓW           |          | POL  | 74      | M40/89 (M)394          | 02:12:46  | 9.53   | 06.17    |
| 90           | 153    | GAJOS Marek          | JAWORZNO         |          | POL  | 70      | M40/90 (M)401          | 02:16:19  | 9.29   | 06.27    |
| 91           | 374    | PIĘTA Artur          | KRAKÓW           |          | POL  | 70      | M40/91 (M)406          | 02:21:24  | 8.95   | 06.42    |
| 92           | 495    | SZCZEPOCKI Andrzej   | NIEPOŁOMICE      |          | POL  | 70      | M40/92 (M)412          | 02:30:44  | 8.40   | 07.08    |
| 93           | 41     | MIERZWA Maciej       | ŁAKTA DOLNA      |          | POL  | 67      | M40/93 (M)416          | 02:51:18  | 7.39   | 08.07    |

### Bieg 21km Mężczyźni KATEGORIA:M30

|    |     |                      |              |  |                       |    |              |          |       |       |
|----|-----|----------------------|--------------|--|-----------------------|----|--------------|----------|-------|-------|
| 1  | 552 | KIBIRE Moses kipruto | ELDORET      |  | KEN                   | 81 | M30/1 (M)2   | 01:05:06 | 19.44 | 03.05 |
| 2  | 502 | LACHOWSKI Andrzej    | KRAKÓW       |  | POL KS AZS AWF KRAKÓW | 82 | M30/2 (M)10  | 01:11:10 | 17.79 | 03.22 |
| 3  | 602 | IVERUK Mykhaylo      | RIVNE        |  | UKR                   | 75 | M30/3 (M)11  | 01:11:22 | 17.74 | 03.22 |
| 4  | 7   | LESHCHYSHYN Oleh     | LVIV         |  | UKR                   | 84 | M30/4 (M)13  | 01:14:06 | 17.08 | 03.30 |
| 5  | 344 | DULIŃSKI Łukasz      | KRAKÓW       |  | POL                   | 83 | M30/5 (M)18  | 01:18:39 | 16.11 | 03.43 |
| 6  | 64  | PAJAŁ Łukasz         | WIELICZKA    |  | POL                   | 79 | M30/6 (M)20  | 01:20:57 | 15.67 | 03.49 |
| 7  | 288 | RAKOCZY Grzegorz     | STARACHOWICE |  | POL                   | 84 | M30/7 (M)22  | 01:22:03 | 15.43 | 03.53 |
| 8  | 561 | BAJDA Jacek          | LUBLINIEC    |  | POL                   | 77 | M30/8 (M)30  | 01:26:01 | 14.73 | 04.04 |
| 9  | 194 | IDZI Piotr           | KRAKÓW       |  | POL                   | 83 | M30/9 (M)38  | 01:29:44 | 14.15 | 04.14 |
| 10 | 148 | GRONOSTAJ Paweł      | KRAKÓW       |  | POL                   | 75 | M30/10 (M)39 | 01:30:00 | 14.09 | 04.15 |
| 11 | 439 | PASEK Tomasz         | WIELICZKA    |  | POL                   | 82 | M30/11 (M)41 | 01:30:05 | 14.05 | 04.16 |
| 12 | 208 | KUCHARSKI Piotr      | NIEPOŁOMICE  |  | POL                   | 77 | M30/12 (M)42 | 01:30:07 | 14.05 | 04.16 |
| 13 | 232 | GÓRA Tomasz          | TRZCIANA     |  | POL                   | 82 | M30/13 (M)43 | 01:30:07 | 14.05 | 04.16 |

| <b>Miejsce Rank</b> | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b> | <b>Drużyna Team</b> | <b>R-k YoB</b> | <b>W kategorii in Age Sex</b> | <b>Czas Time</b> | <b>[km/h]</b> | <b>[min/km]</b> |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|---------------------|----------------|-------------------------------|------------------|---------------|-----------------|
| 14                  | 141           | PIĄSTKA Tomasz              | WIELICZKA               | POL             |                     | 76             | M30/14 (M)45                  | 01:30:55         | 13.92         | 04.18           |
| 15                  | 249           | ŁUKASIK Łukasz              | MARCÓWKA                | POL             |                     | 83             | M30/15 (M)46                  | 01:31:07         | 13.89         | 04.19           |
| 16                  | 246           | PIETRUSZKA Maciej           | KRAKÓW                  | POL             |                     | 82             | M30/16 (M)49                  | 01:31:38         | 13.81         | 04.20           |
| 17                  | 438           | MULARZ Jarosław             | BOCHNIA                 | POL             |                     | 79             | M30/17 (M)50                  | 01:31:52         | 13.78         | 04.21           |
| 18                  | 14            | MARCINIEC Damian            | WIELICZKA               | POL             |                     | 82             | M30/18 (M)56                  | 01:32:53         | 13.63         | 04.24           |
| 19                  | 295           | CEBULA Jakub                | WIELICZKA               | POL             |                     | 80             | M30/19 (M)60                  | 01:33:20         | 13.56         | 04.25           |
| 20                  | 74            | SMURZYŃSKI Piotr            | KRAKÓW                  | POL             |                     | 80             | M30/20 (M)67                  | 01:34:25         | 13.41         | 04.28           |
| 21                  | 432           | FORYŚ Paweł                 | KRAKÓW                  | POL             |                     | 76             | M30/21 (M)68                  | 01:34:29         | 13.40         | 04.28           |
| 22                  | 484           | BARTOSZ Marek               | KRAKÓW                  | POL             |                     | 79             | M30/22 (M)69                  | 01:34:36         | 13.38         | 04.29           |
| 23                  | 269           | SMOLKOWICZ Łukasz           | TARNÓW                  | POL             |                     | 84             | M30/23 (M)70                  | 01:34:48         | 13.35         | 04.29           |
| 24                  | 533           | GRABOWSKI Arti              | KRZESZOWICE             | POL             |                     | 77             | M30/24 (M)72                  | 01:35:06         | 13.31         | 04.30           |
| 25                  | 179           | WRONA Daniel                | GOLKOWICE               | POL             |                     | 82             | M30/25 (M)74                  | 01:35:34         | 13.25         | 04.31           |
| 26                  | 260           | SZEWczyk Mariusz            | KRAKÓW                  | POL             |                     | 80             | M30/26 (M)75                  | 01:35:38         | 13.24         | 04.32           |
| 27                  | 130           | SABATOWSKI Maciej           | SUCHA BESKIDZKA         | POL             |                     | 81             | M30/27 (M)76                  | 01:35:42         | 13.23         | 04.32           |
| 28                  | 557           | JASKIER Tomasz              | KARKOW                  | POL             |                     | 78             | M30/28 (M)87                  | 01:37:25         | 12.99         | 04.37           |
| 29                  | 147           | STACHURA Krzysztof          | WIELICZKA               | POL             |                     | 78             | M30/29 (M)88                  | 01:37:30         | 12.98         | 04.37           |
| 30                  | 392           | KOWALCZYK Roman             | KRAKÓW                  | POL             |                     | 82             | M30/30 (M)90                  | 01:37:41         | 12.96         | 04.37           |
| 31                  | 157           | KOCOŁ Marcin                | TARNÓW                  | POL             |                     | 76             | M30/31 (M)91                  | 01:37:45         | 12.95         | 04.38           |
| 32                  | 76            | OLESZKO Robert              | KRAKÓW                  | POL             |                     | 81             | M30/32 (M)94                  | 01:37:59         | 12.92         | 04.38           |
| 33                  | 91            | SOLTOWSKI Sebastian         | KRAKÓW                  | POL             |                     | 84             | M30/33 (M)95                  | 01:37:59         | 12.92         | 04.38           |
| 34                  | 369           | DAVI Paolo                  | KRAKOW                  | POL             |                     | 81             | M30/34 (M)97                  | 01:38:05         | 12.91         | 04.38           |
| 35                  | 101           | BONCZAR Bogodar             | WIELICZKA               | POL             |                     | 79             | M30/35 (M)98                  | 01:38:12         | 12.89         | 04.39           |
| 36                  | 359           | BIEL Sebastian              | TARNÓW                  | POL             |                     | 84             | M30/36 (M)100                 | 01:38:17         | 12.88         | 04.39           |
| 37                  | 394           | RUBIN Andrzej               | JAWORZNO                | POL             |                     | 75             | M30/37 (M)102                 | 01:38:29         | 12.85         | 04.40           |
| 38                  | 98            | PORĘBSKI Rafał              | ZAWADA                  | POL             |                     | 76             | M30/38 (M)105                 | 01:39:02         | 12.78         | 04.41           |
| 39                  | 184           | PALMI Piotr                 | WIELICZKA               | POL             |                     | 76             | M30/39 (M)106                 | 01:39:05         | 12.78         | 04.41           |
| 40                  | 59            | ŻELAŚKIEWICZ Michał         | MIECHÓW                 | POL             |                     | 80             | M30/40 (M)107                 | 01:39:07         | 12.77         | 04.41           |
| 41                  | 513           | BĘTKOWSKI Tomasz            | KOZMCE WIELKIE          | POL             |                     | 82             | M30/41 (M)110                 | 01:39:26         | 12.73         | 04.42           |
| 42                  | 277           | CZERWIŃSKI Marek            | WIELICZKA               | POL             |                     | 75             | M30/42 (M)113                 | 01:39:38         | 12.70         | 04.43           |
| 43                  | 67            | KULMA Daniel                | GDÓW                    | POL             |                     | 78             | M30/43 (M)119                 | 01:40:24         | 12.61         | 04.45           |
| 44                  | 451           | ŻUJŁA Wojciech              | PRASZKA                 | POL             |                     | 82             | M30/44 (M)120                 | 01:40:25         | 12.61         | 04.45           |
| 45                  | 280           | ORNATOWSKI Marcin           | KRAKÓW                  | POL             |                     | 84             | M30/45 (M)122                 | 01:40:50         | 12.55         | 04.46           |
| 46                  | 262           | OLEŚIAK Grzegorz            | KRAKÓW                  | POL             |                     | 75             | M30/46 (M)124                 | 01:41:25         | 12.48         | 04.48           |
| 47                  | 355           | KOSMOWSKI Michał            | KRAKÓW                  | POL             |                     | 80             | M30/47 (M)125                 | 01:41:27         | 12.48         | 04.48           |
| 48                  | 351           | WOŹNIAK Łukasz              | WIELICZKA               | POL             |                     | 78             | M30/48 (M)126                 | 01:41:30         | 12.47         | 04.48           |
| 49                  | 106           | AUGUSTYŃSKI Sylwester       | KRAKÓW                  | POL             |                     | 81             | M30/49 (M)128                 | 01:41:50         | 12.43         | 04.49           |
| 50                  | 387           | SACHARZEC Krzysztof         | KRAKÓW                  | POL             |                     | 76             | M30/50 (M)129                 | 01:41:55         | 12.42         | 04.49           |
| 51                  | 217           | WIECZOREK Piotr             | KIELCE                  | POL             |                     | 76             | M30/51 (M)132                 | 01:42:48         | 12.31         | 04.52           |
| 52                  | 168           | GAŚIOREK Przemysław         | WIELICZKA               | POL             |                     | 79             | M30/52 (M)136                 | 01:43:09         | 12.27         | 04.53           |
| 53                  | 401           | KRUPA Andrzej               | JAWORZNO                | POL             |                     | 75             | M30/53 (M)142                 | 01:44:11         | 12.15         | 04.56           |
| 54                  | 103           | NIECHAJ Dominik             | RADZISZÓW               | POL             |                     | 81             | M30/54 (M)146                 | 01:44:19         | 12.13         | 04.56           |
| 55                  | 417           | MICHALIK Grzegorz           | WIELICZKA               | POL             |                     | 84             | M30/55 (M)147                 | 01:44:20         | 12.13         | 04.56           |
| 56                  | 489           | MIĘDZIK Tomasz              | KRAKÓW                  | POL             |                     | 78             | M30/56 (M)150                 | 01:44:24         | 12.12         | 04.56           |
| 57                  | 80            | PERYKASZA Paweł             | KRAKÓW                  | POL             |                     | 81             | M30/57 (M)153                 | 01:44:43         | 12.09         | 04.57           |
| 58                  | 204           | KOWALSKI Piotr              | KRAKÓW                  | POL             |                     | 78             | M30/58 (M)155                 | 01:44:57         | 12.06         | 04.58           |
| 59                  | 30            | RADOMSKI Marcin             | KRAKÓW                  | POL             |                     | 77             | M30/59 (M)156                 | 01:44:57         | 12.06         | 04.58           |
| 60                  | 261           | POLAK Tadeusz               | KRAKÓW                  | POL             |                     | 82             | M30/60 (M)158                 | 01:45:09         | 12.04         | 04.59           |
| 61                  | 202           | CHUDY Piotr                 | WIELICZKA               | POL             |                     | 76             | M30/61 (M)161                 | 01:45:20         | 12.02         | 04.59           |
| 62                  | 65            | BIEDROŃ Wojciech            | CHABÓWKA                | POL             |                     | 81             | M30/62 (M)162                 | 01:45:31         | 12.00         | 05.00           |
| 63                  | 496           | SALAMON Arkadiusz           | KRAKÓW                  | POL             |                     | 75             | M30/63 (M)164                 | 01:45:34         | 11.99         | 05.00           |
| 64                  | 268           | GNAT Sławomir               | KRAKÓW                  | POL             |                     | 76             | M30/64 (M)165                 | 01:45:39         | 11.98         | 05.00           |
| 65                  | 363           | GNAT Marcin                 | KRAKÓW                  | POL             |                     | 84             | M30/65 (M)169                 | 01:46:01         | 11.94         | 05.01           |
| 66                  | 255           | GÓRKA Marcin                | KRAKÓW                  | POL             |                     | 80             | M30/66 (M)171                 | 01:46:13         | 11.92         | 05.02           |
| 67                  | 475           | WOŹNIAK Janek               | ŻYWIEC                  | POL             |                     | 77             | M30/67 (M)174                 | 01:46:23         | 11.90         | 05.02           |
| 68                  | 29            | GLIWIŃSKI Marcin            | KRAKÓW                  | POL             |                     | 83             | M30/68 (M)175                 | 01:46:37         | 11.87         | 05.03           |
| 69                  | 252           | KUCHARSKI Tomasz            | KRAKÓW                  | POL             |                     | 80             | M30/69 (M)178                 | 01:46:49         | 11.85         | 05.03           |
| 70                  | 40            | ICIAK Krystian              | KRAKÓW                  | POL             |                     | 75             | M30/70 (M)179                 | 01:46:49         | 11.85         | 05.03           |
| 71                  | 15            | KISIEL Mateusz              | KOSZYCE                 | POL             |                     | 81             | M30/71 (M)182                 | 01:47:12         | 11.81         | 05.04           |

| <b>Miejsce Rank</b> | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b> | <b>Drużyna Team</b> | <b>R-k YoB</b> | <b>W kategorii in Age Sex</b> | <b>Czas Time</b> | <b>[km/h]</b> | <b>[min/km]</b> |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|---------------------|----------------|-------------------------------|------------------|---------------|-----------------|
| 72                  | 1             | KLAJA Igor                  | WIELICZKA               | POL             |                     | 76             | M30/72 (M)183                 | 01:47:23         | 11.79         | 05.05           |
| 73                  | 443           | JURCZENKO Marcin            | KRAKÓW                  | POL             |                     | 76             | M30/73 (M)185                 | 01:47:29         | 11.78         | 05.05           |
| 74                  | 43            | GRĄDZIEL Bartłomiej         | KRAKÓW                  | POL             |                     | 83             | M30/74 (M)186                 | 01:47:33         | 11.77         | 05.05           |
| 75                  | 576           | SYNOWIEC Stanisław          | BOCHNIA/SŁOMKA          | POL             |                     | 75             | M30/75 (M)187                 | 01:47:37         | 11.76         | 05.06           |
| 76                  | 340           | GAWLIK Sławek               | KRAKÓW                  | POL             |                     | 84             | M30/76 (M)189                 | 01:47:46         | 11.75         | 05.06           |
| 77                  | 16            | BIEGUN Grzegorz             | WIELICZKA               | POL             |                     | 81             | M30/77 (M)192                 | 01:48:18         | 11.69         | 05.08           |
| 78                  | 192           | URBAŃCZYK Marcin            | DĄBROWA GÓRNICZA        | POL             |                     | 81             | M30/78 (M)194                 | 01:48:29         | 11.67         | 05.08           |
| 79                  | 429           | SZCZECHOWICZ Jakub          | KRAKÓW                  | POL             |                     | 75             | M30/79 (M)195                 | 01:48:45         | 11.64         | 05.09           |
| 80                  | 70            | MALACZ Maciej               | KRAKÓW                  | POL             |                     | 83             | M30/80 (M)201                 | 01:49:14         | 11.59         | 05.10           |
| 81                  | 556           | POTERA Marcin               | GARKI                   | POL             |                     | 80             | M30/81 (M)203                 | 01:49:24         | 11.57         | 05.11           |
| 82                  | 151           | SOSIN Tomasz                | KRAKÓW                  | POL             |                     | 75             | M30/82 (M)206                 | 01:49:40         | 11.54         | 05.11           |
| 83                  | 215           | PYTEL Krzysztof             | KRAKÓW                  | POL             |                     | 77             | M30/83 (M)209                 | 01:49:45         | 11.53         | 05.12           |
| 84                  | 162           | LINZENBARTH Maciej          | KRAKÓW                  | POL             |                     | 76             | M30/84 (M)210                 | 01:49:53         | 11.52         | 05.12           |
| 85                  | 190           | BINISZEWSKI Łukasz          | KRAKÓW                  | POL             |                     | 84             | M30/85 (M)211                 | 01:49:58         | 11.51         | 05.12           |
| 86                  | 536           | MAŚLANKA Piotr              | WIELICZKA               | POL             |                     | 81             | M30/86 (M)212                 | 01:50:01         | 11.51         | 05.12           |
| 87                  | 543           | PILCH Michał                | GŁUBCZYCE               | POL             |                     | 84             | M30/87 (M)215                 | 01:50:14         | 11.48         | 05.13           |
| 88                  | 86            | DZIOB Grzegorz              | WĘGRZCE WIELKIE         | POL             |                     | 83             | M30/88 (M)216                 | 01:50:17         | 11.48         | 05.13           |
| 89                  | 530           | WESOŁOWSKI Bartosz          | WIELICZKA               | POL             |                     | 84             | M30/89 (M)218                 | 01:50:31         | 11.45         | 05.14           |
| 90                  | 528           | BOSOWSKI Łukasz             | WIELICZKA               | POL             |                     | 79             | M30/90 (M)219                 | 01:50:32         | 11.45         | 05.14           |
| 91                  | 404           | MICHALSKI Rafał             | JAWORZNO                | POL             |                     | 75             | M30/91 (M)221                 | 01:50:37         | 11.44         | 05.14           |
| 92                  | 140           | RYŃCA Paweł                 | KRAKÓW                  | POL             |                     | 80             | M30/92 (M)223                 | 01:50:49         | 11.42         | 05.15           |
| 93                  | 425           | KORZEŃ Łukasz               | BIECZ                   | POL             |                     | 84             | M30/93 (M)224                 | 01:50:50         | 11.42         | 05.15           |
| 94                  | 95            | GALON Maksymilian           | KRAKÓW                  | POL             |                     | 84             | M30/94 (M)226                 | 01:50:56         | 11.41         | 05.15           |
| 95                  | 270           | OLEŃSKI Przemysław          | RADOM                   | POL             |                     | 77             | M30/95 (M)227                 | 01:50:58         | 11.41         | 05.15           |
| 96                  | 145           | BOŹEK Łukasz                | KRAKÓW                  | POL             |                     | 84             | M30/96 (M)228                 | 01:50:59         | 11.41         | 05.15           |
| 97                  | 243           | MALYSA Bartosz              | KRZESZOWICE             | POL             |                     | 82             | M30/97 (M)229                 | 01:51:07         | 11.39         | 05.16           |
| 98                  | 360           | CIOCH Tomasz                | TARNÓW                  | POL             |                     | 82             | M30/98 (M)230                 | 01:51:15         | 11.38         | 05.16           |
| 99                  | 53            | ZIMOCZ Przemysław           | KĘPNO                   | POL             |                     | 79             | M30/99 (M)236                 | 01:51:59         | 11.30         | 05.18           |
| 100                 | 181           | ZIELONKA Jacek              | WIELICZKA               | POL             |                     | 79             | M30/100 (M)238                | 01:52:00         | 11.30         | 05.18           |
| 101                 | 334           | LEŚNIAK Marcin              | BOCHNIA                 | POL             |                     | 77             | M30/101 (M)242                | 01:52:37         | 11.24         | 05.20           |
| 102                 | 362           | MAJDAŃSKI Paweł             | NOWA DĘBA               | POL             |                     | 79             | M30/102 (M)246                | 01:53:14         | 11.18         | 05.22           |
| 103                 | 527           | MIKULSKI Wojciech           | WIELICZKA               | POL             |                     | 76             | M30/103 (M)249                | 01:53:51         | 11.12         | 05.23           |
| 104                 | 395           | MALINA Tomasz               | KRAKÓW                  | POL             |                     | 75             | M30/104 (M)252                | 01:54:10         | 11.09         | 05.24           |
| 105                 | 298           | KOCOŃ Piotr                 | ZIELONKI                | POL             |                     | 77             | M30/105 (M)259                | 01:54:43         | 11.03         | 05.26           |
| 106                 | 216           | BANAŚ Tomasz                | KRAKÓW                  | POL             |                     | 77             | M30/106 (M)260                | 01:54:47         | 11.03         | 05.26           |
| 107                 | 12            | BARNAT Dariusz              | WIELICZKA               | POL             |                     | 82             | M30/107 (M)263                | 01:55:05         | 11.00         | 05.27           |
| 108                 | 321           | ZALEWSKI Kamil              | KRAKÓW                  | POL             |                     | 83             | M30/108 (M)268                | 01:55:34         | 10.95         | 05.28           |
| 109                 | 436           | JAREMA Grzegorz             | RUDAWA                  | POL             |                     | 75             | M30/109 (M)269                | 01:55:46         | 10.93         | 05.29           |
| 110                 | 100           | KUŚ Marek                   | SKAWINA                 | POL             |                     | 82             | M30/110 (M)270                | 01:55:57         | 10.92         | 05.29           |
| 111                 | 25            | GRZEGORCZYK Paweł           | KRAKÓW                  | POL             |                     | 77             | M30/111 (M)271                | 01:55:59         | 10.91         | 05.29           |
| 112                 | 463           | BŁACHNO Marcin              | KRAKÓW                  | POL             |                     | 78             | M30/112 (M)275                | 01:56:20         | 10.88         | 05.30           |
| 113                 | 534           | DZIADKOWIEC Marcin          | KRAKÓW                  | POL             |                     | 79             | M30/113 (M)276                | 01:56:20         | 10.88         | 05.30           |
| 114                 | 282           | LECH Wojciech               | WIELICZKA               | POL             |                     | 76             | M30/114 (M)277                | 01:56:28         | 10.87         | 05.31           |
| 115                 | 601           | CZYŻ Rafał                  | KOKOTÓW                 | POL             |                     | 76             | M30/115 (M)281                | 01:56:38         | 10.85         | 05.31           |
| 116                 | 54            | MOREK Krzysztof             | KĘPNO                   | POL             |                     | 78             | M30/116 (M)282                | 01:56:38         | 10.85         | 05.31           |
| 117                 | 500           | MIŚKIEWICZ Bartosz          | WIELICZKA               | POL             |                     | 76             | M30/117 (M)283                | 01:56:43         | 10.85         | 05.31           |
| 118                 | 22            | ŚCIGALSKI Paweł             | KRAKÓW                  | POL             |                     | 77             | M30/118 (M)284                | 01:56:51         | 10.83         | 05.32           |
| 119                 | 486           | GONDEK Krzysztof            | PRZECLAW                | POL             |                     | 78             | M30/119 (M)287                | 01:56:59         | 10.82         | 05.32           |
| 120                 | 460           | NAWROCKI Paweł              | WIELICZKA               | POL             |                     | 81             | M30/120 (M)288                | 01:57:04         | 10.81         | 05.32           |
| 121                 | 242           | LEWINSKI Maciej             | WIELICZKA               | POL             |                     | 81             | M30/121 (M)290                | 01:57:16         | 10.79         | 05.33           |
| 122                 | 87            | PRZYBYŁ Sławomir            | KRAKÓW                  | POL             |                     | 76             | M30/122 (M)291                | 01:57:17         | 10.79         | 05.33           |
| 123                 | 501           | ŁABNO Paweł                 | KRAKÓW                  | POL             |                     | 80             | M30/123 (M)292                | 01:57:26         | 10.78         | 05.34           |
| 124                 | 297           | CWAJNA Tomasz               | GDÓW                    | POL             |                     | 81             | M30/124 (M)293                | 01:57:42         | 10.75         | 05.34           |
| 125                 | 117           | OLEŚ Marcin                 | KRAKÓW                  | POL             |                     | 81             | M30/125 (M)294                | 01:57:44         | 10.75         | 05.34           |
| 126                 | 349           | BORODZIEJ Dariusz           | NIEPOLOMICE             | POL             |                     | 76             | M30/126 (M)295                | 01:57:45         | 10.75         | 05.34           |
| 127                 | 17            | LABEŃ Maciej                | KRAKÓW                  | POL             |                     | 81             | M30/127 (M)297                | 01:57:50         | 10.74         | 05.35           |
| 128                 | 293           | JANUS Marek                 | KOŹMICE MAŁE            | POL             |                     | 78             | M30/128 (M)298                | 01:58:07         | 10.72         | 05.35           |
| 129                 | 248           | SOSIN Dariusz               | CZARNA                  | POL             |                     | 82             | M30/129 (M)299                | 01:58:12         | 10.71         | 05.36           |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name    | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [km/h] | [min/km] |
|--------------|--------|-------------------------|------------------|----------|--------------|---------|------------------------|-----------|--------|----------|
| 130          | 322    | PALUCH Paweł            | KRAKÓW           |          | POL          | 79      | M30/130 (M)302         | 01:58:34  | 10.68  | 05.37    |
| 131          | 166    | HARPULA Wojciech        | KROSNO           |          | POL          | 83      | M30/131 (M)304         | 01:58:53  | 10.65  | 05.38    |
| 132          | 173    | REICHERT Piotr          | WIELICZKA        |          | POL          | 79      | M30/132 (M)305         | 01:59:18  | 10.61  | 05.39    |
| 133          | 27     | ZARYCHTA Paweł          | WIELICZKA        |          | POL          | 76      | M30/133 (M)306         | 01:59:20  | 10.61  | 05.39    |
| 134          | 337    | GAWRON Piotr            | JAWORZNO         |          | POL          | 82      | M30/134 (M)309         | 01:59:40  | 10.58  | 05.40    |
| 135          | 407    | NOWOTNY Jarosław        | BOCHNIA          |          | POL          | 78      | M30/135 (M)310         | 01:59:49  | 10.56  | 05.40    |
| 136          | 185    | PIEKARSKI Mateusz       | KRAKÓW           |          | POL          | 78      | M30/136 (M)317         | 02:00:32  | 10.50  | 05.42    |
| 137          | 422    | DUDEK Krzysztof         | KRAKÓW           |          | POL          | 76      | M30/137 (M)318         | 02:00:41  | 10.49  | 05.43    |
| 138          | 467    | PILARSKI Bartłomiej     | LIBIAŻ           |          | POL          | 81      | M30/138 (M)323         | 02:01:08  | 10.45  | 05.44    |
| 139          | 55     | GORKA Andrzej           | KRAKÓW           |          | POL          | 83      | M30/139 (M)324         | 02:01:09  | 10.45  | 05.44    |
| 140          | 97     | GUMULSKI Wojciech       | KRAKÓW           |          | POL          | 80      | M30/140 (M)327         | 02:01:36  | 10.41  | 05.45    |
| 141          | 286    | MRÓZ Grzegorz           | WIELICZKA        |          | POL          | 81      | M30/141 (M)336         | 02:02:13  | 10.36  | 05.47    |
| 142          | 409    | SIEROTOWICZ Łukasz      | NOWY SĄCZ        |          | POL          | 80      | M30/142 (M)337         | 02:02:55  | 10.30  | 05.49    |
| 143          | 283    | WOJSA Piotr             | WĘGRZCE WIELKIE  |          | POL          | 80      | M30/143 (M)346         | 02:04:35  | 10.16  | 05.54    |
| 144          | 508    | KANIA Krzysztof         | RADYMNO          |          | POL          | 75      | M30/144 (M)349         | 02:05:04  | 10.12  | 05.55    |
| 145          | 325    | TULEJA Łukasz           | KRAKÓW           |          | POL          | 77      | M30/145 (M)353         | 02:05:13  | 10.11  | 05.56    |
| 146          | 582    | PIĄTÓN Piotr            | WIELICZKA        |          | POL          | 78      | M30/146 (M)358         | 02:06:42  | 9.99   | 06.00    |
| 147          | 231    | URBAN Tomasz            | KRAKÓW           |          | POL          | 80      | M30/147 (M)360         | 02:07:09  | 9.96   | 06.01    |
| 148          | 278    | ONYSZKO Maciej          | KRAKÓW           |          | POL          | 78      | M30/148 (M)367         | 02:09:11  | 9.80   | 06.07    |
| 149          | 326    | WAROT Tomasz            | SKAWINA          |          | POL          | 81      | M30/149 (M)369         | 02:09:15  | 9.79   | 06.07    |
| 150          | 507    | GARLEWICZ Grzegorz      | KRAKÓW           |          | POL          | 75      | M30/150 (M)370         | 02:09:30  | 9.77   | 06.08    |
| 151          | 521    | GIL Konrad              | KRAKÓW           |          | POL          | 80      | M30/151 (M)376         | 02:10:22  | 9.71   | 06.10    |
| 152          | 90     | KLATKA Mateusz          | GLIWICE          |          | POL          | 82      | M30/152 (M)378         | 02:10:27  | 9.70   | 06.11    |
| 153          | 537    | KLIMCZYK Piotr          | WIELICZKA        |          | POL          | 83      | M30/153 (M)379         | 02:10:29  | 9.70   | 06.11    |
| 154          | 522    | KRZYSZTOFOWICZ Karol    | NIEPRZEŚNIA      |          | POL          | 83      | M30/154 (M)381         | 02:11:07  | 9.65   | 06.12    |
| 155          | 523    | KRZYSZTOFOWICZ Sławomir | KŁAJ             |          | POL          | 78      | M30/155 (M)383         | 02:11:08  | 9.65   | 06.12    |
| 156          | 600    | RZEPECKI Krzysztof      | KRAKÓW           |          | POL          | 75      | M30/156 (M)385         | 02:11:14  | 9.65   | 06.13    |
| 157          | 301    | PRZYBYTEK Piotr         | WIELICZKA        |          | POL          | 75      | M30/157 (M)386         | 02:11:50  | 9.60   | 06.14    |
| 158          | 85     | PIASECKI Paweł          | KRAKÓW           |          | POL          | 84      | M30/158 (M)387         | 02:12:05  | 9.58   | 06.15    |
| 159          | 324    | KRAWCZYK Jan            | KRAKÓW           |          | POL          | 84      | M30/159 (M)388         | 02:12:13  | 9.57   | 06.16    |
| 160          | 398    | MASLOWSKI Paweł         | WIELICZKA        |          | POL          | 82      | M30/160 (M)393         | 02:12:31  | 9.55   | 06.16    |
| 161          | 327    | KOJAT Bartosz           | KRAKÓW           |          | POL          | 84      | M30/161 (M)395         | 02:12:50  | 9.53   | 06.17    |
| 162          | 239    | HUSZNO Mariusz          | KRAKÓW           |          | POL          | 77      | M30/162 (M)396         | 02:13:01  | 9.52   | 06.18    |
| 163          | 235    | POCIEGIEL Michał        | RADZISZÓW        |          | POL          | 82      | M30/163 (M)398         | 02:13:55  | 9.45   | 06.20    |
| 164          | 376    | ANDRZEJCZAK Maciej      | WIELICZKA        |          | POL          | 78      | M30/164 (M)403         | 02:17:34  | 9.20   | 06.31    |
| 165          | 75     | BOROWY Łukasz           | KRAKÓW           |          | POL          | 83      | M30/165 (M)409         | 02:27:14  | 8.60   | 06.58    |
| 166          | 328    | MATUSIK Mirosław        | WADOWICE         |          | POL          | 80      | M30/166 (M)410         | 02:29:42  | 8.46   | 07.05    |
| 167          | 197    | MUSIAŁ Witold           | KRAKÓW           |          | POL          | 76      | M30/167 (M)411         | 02:30:25  | 8.42   | 07.07    |
| 168          | 559    | WOLSKI Maciej           | ŚWIĄTNIKI GÓRNE  |          | POL          | 80      | M30/168 (M)413         | 02:32:05  | 8.32   | 07.12    |
| 169          | 464    | POTOCKI Piotr           | PRZEMYŚL         |          | POL          | 81      | M30/169 (M)414         | 02:46:25  | 7.61   | 07.53    |






















### Bieg 21km Mężczyźni KATEGORIA:M20

|    |     |                            |                 |  |     |    |              |          |       |       |
|----|-----|----------------------------|-----------------|--|-----|----|--------------|----------|-------|-------|
| 1  | 553 | CHERUTICH Nelson kipkoge   | ELDORET         |  | KEN | 93 | M20/1 (M)1   | 01:05:04 | 19.45 | 03.05 |
| 2  | 2   | KWALIA Launen              | ELDORET         |  | KEN | 91 | M20/2 (M)3   | 01:05:09 | 19.43 | 03.05 |
| 3  | 554 | TOO Silas kiprono          | ELDORET         |  | KEN | 87 | M20/3 (M)4   | 01:06:04 | 19.16 | 03.07 |
| 4  | 4   | KIPRONO Justus kipchirchir | ELDORET         |  | KEN | 87 | M20/4 (M)5   | 01:06:11 | 19.13 | 03.08 |
| 5  | 565 | BŁAZIŃSKI Marcin           | LUBLINIEC       |  | POL | 88 | M20/5 (M)6   | 01:06:21 | 19.08 | 03.08 |
| 6  | 3   | TANUI John kibichiy        | KAPSABET        |  | KEN | 88 | M20/6 (M)7   | 01:08:25 | 18.50 | 03.14 |
| 7  | 421 | NOWAK Jakub                | WARSZAWA        |  | POL | 89 | M20/7 (M)8   | 01:08:49 | 18.39 | 03.15 |
| 8  | 330 | KOPEĆ Wojciech             | OLSZTYNEK       |  | POL | 86 | M20/8 (M)9   | 01:09:19 | 18.28 | 03.16 |
| 9  | 542 | VERECKIY Pavel             | DONETSK         |  | UKR | 85 | M20/9 (M)12  | 01:11:36 | 17.68 | 03.23 |
| 10 | 465 | SZOSTAK Paweł              | HRUBIESZÓW      |  | POL | 93 | M20/10 (M)14 | 01:14:37 | 16.99 | 03.31 |
| 11 | 393 | PSZCZÓŁKOWSKI Paweł        | OLSZTYN         |  | POL | 88 | M20/11 (M)16 | 01:15:47 | 16.73 | 03.35 |
| 12 | 112 | PEREZ Arnold               | STAŁOWA WOLA    |  | POL | 93 | M20/12 (M)17 | 01:16:52 | 16.47 | 03.38 |
| 13 | 456 | RZEPA Krzysztof            | WĘGRZCE WIELKIE |  | POL | 95 | M20/13 (M)19 | 01:19:40 | 15.91 | 03.46 |
| 14 | 150 | LIPIŃSKI Szymon            | OLSZTYN         |  | POL | 94 | M20/14 (M)21 | 01:21:58 | 15.46 | 03.52 |
| 15 | 341 | MACHLOWSKI Łukasz          | KRAKÓW          |  | POL | 86 | M20/15 (M)23 | 01:22:05 | 15.44 | 03.53 |
| 16 | 62  | PIWOWARCZYK Dominik        | DOBZYCE         |  | POL | 88 | M20/16 (M)24 | 01:22:56 | 15.28 | 03.55 |

KRAKOWIE



| Miejsce Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat | Drużyna Team                                      | R-k | W kategorii YoB in Age Sex | Czas Time | [km/h] | [min/km] |
|--------------|--------|-----------------------|------------------|----------|---|-----|----------------------------|-----------|--------|----------|
| 17           | 28     | LITEWKA Arkadiusz     | CZARNOCHOWICE    | POL      |   | 86  | M20/17 (M)26               | 01:24:07  | 15.07  | 03.58    |
| 18           | 549    | SĄSIĄDEK Maciej       | ROPCZYCE         | POL      | KU AZS POLITECHNIKI RZESZOWSKIEJ                  | 89  | M20/18 (M)31               | 01:26:21  | 14.67  | 04.05    |
| 19           | 373    | LIPKA Krzysztof       | JAWORZNO         | POL      |   | 91  | M20/19 (M)32               | 01:27:02  | 14.55  | 04.07    |
| 20           | 161    | KALETA Arkadiusz      | GDÓW             | POL      |   | 89  | M20/20 (M)34               | 01:27:09  | 14.55  | 04.07    |
| 21           | 139    | COMBIK Marcin         | KRAKÓW           | POL      | KU AZS POLITECHNIKI KRAKOWSKIEJ                   | 94  | M20/21 (M)40               | 01:30:04  | 14.05  | 04.16    |
| 22           | 499    | MATOGA Tomasz         | MYŚLENICE        | POL      |   | 91  | M20/22 (M)47               | 01:31:15  | 13.87  | 04.19    |
| 23           | 336    | DRABIŃSKI Mariusz     | JAWORZNO         | POL      |   | 89  | M20/23 (M)48               | 01:31:30  | 13.83  | 04.20    |
| 24           | 487    | RĘBILAS Adam          | NOWY WIŚNICZ     | POL      |   | 94  | M20/24 (M)52               | 01:32:24  | 13.70  | 04.22    |
| 25           | 23     | MARZEC Krystian       | NOWE BRZESKO     | POL      |   | 89  | M20/25 (M)55               | 01:32:39  | 13.66  | 04.23    |
| 26           | 546    | KOZIŃSKI Marcin       | ROPCZYCE         | POL      | KU AZS POLITECHNIKI RZESZOWSKIEJ                  | 90  | M20/26 (M)62               | 01:33:32  | 13.53  | 04.26    |
| 27           | 60     | MAREK Paweł           | WADOWICE         | POL      |   | 89  | M20/27 (M)65               | 01:34:00  | 13.47  | 04.27    |
| 28           | 244    | HRYSZKO Paweł         | BIALYSTOK        | POL      | KU AZS UNIwersYTETU MEDYCZNEGO W BIAŁYMSTOKU      | 94  | M20/28 (M)79               | 01:36:12  | 13.16  | 04.33    |
| 29           | 512    | BELON Hubert          | BUSKO-ZDRÓJ      | POL      |   | 90  | M20/29 (M)80               | 01:36:26  | 13.13  | 04.34    |
| 30           | 109    | BIEL Michał           | KRAKÓW           | POL      |   | 94  | M20/30 (M)83               | 01:36:57  | 13.06  | 04.35    |
| 31           | 299    | KANIA Tomasz          | KRAKÓW           | POL      | KU AZS UNIwersYTETU ROLNICZEGO W KRAKOWIE         | 88  | M20/31 (M)84               | 01:36:57  | 13.06  | 04.35    |
| 32           | 371    | MADEJ Mateusz         | TARNÓW           | POL      |   | 89  | M20/32 (M)85               | 01:36:59  | 13.05  | 04.35    |
| 33           | 469    | KOT Bartłomiej        | WIELICZKA        | POL      |   | 94  | M20/33 (M)86               | 01:37:13  | 13.02  | 04.36    |
| 34           | 547    | BEREŚ Łukasz          | ROPCZYCE         | POL      | KU AZS POLITECHNIKI RZESZOWSKIEJ                  | 90  | M20/34 (M)89               | 01:37:37  | 12.97  | 04.37    |
| 35           | 314    | NOWAK Łukasz          | KRZESZOWICE      | POL      |   | 86  | M20/35 (M)99               | 01:38:15  | 12.88  | 04.39    |
| 36           | 478    | KULETA Dawid          | CHRZANÓW         | POL      |   | 91  | M20/36 (M)114              | 01:39:44  | 12.69  | 04.43    |
| 37           | 339    | MOTYKA Jacek          | ROPCZYCE         | POL      |   | 90  | M20/37 (M)115              | 01:39:47  | 12.69  | 04.43    |
| 38           | 163    | BEREŻNICKI Piotr      | RZESZÓW          | POL      | KU AZS POLITECHNIKI RZESZOWSKIEJ                  | 86  | M20/38 (M)116              | 01:39:59  | 12.66  | 04.44    |
| 39           | 233    | SERWAN Piotr          | JADOWNIKI        | POL      |   | 88  | M20/39 (M)117              | 01:40:06  | 12.65  | 04.44    |
| 40           | 305    | IGNACYK Marcin        | KRAKÓW           | POL      |   | 89  | M20/40 (M)123              | 01:40:54  | 12.55  | 04.47    |
| 41           | 196    | WOLAK Paweł           | WĘGRZCE WIELKIE  | POL      |   | 94  | M20/41 (M)127              | 01:41:47  | 12.44  | 04.49    |
| 42           | 548    | TRETER Sebastian      | OKSA             | POL      | KU AZS POLITECHNIKI RZESZOWSKIEJ                  | 92  | M20/42 (M)131              | 01:42:30  | 12.35  | 04.51    |
| 43           | 466    | KULETA Piotr          | CHRZANÓW         | POL      | AZS POLITECHNIKA OPOLSKA                          | 89  | M20/43 (M)133              | 01:42:50  | 12.31  | 04.52    |
| 44           | 379    | GROCHOT Bartłomiej    | NIEPOŁOMICE      | POL      |   | 93  | M20/44 (M)134              | 01:42:54  | 12.30  | 04.52    |
| 45           | 312    | DYLAWERSKI Mateusz    | WIELICZKA        | POL      |   | 91  | M20/45 (M)137              | 01:43:10  | 12.27  | 04.53    |
| 46           | 276    | ZYGMUNT Jakub         | NOWY SĄCZ        | POL      |   | 91  | M20/46 (M)138              | 01:43:11  | 12.27  | 04.53    |
| 47           | 186    | ŁACNY Sebastian       | BRZESZCZE        | POL      |   | 85  | M20/47 (M)139              | 01:43:22  | 12.25  | 04.54    |
| 48           | 284    | ORACZ Tomasz          | NIEPOŁOMICE      | POL      |   | 91  | M20/48 (M)149              | 01:44:21  | 12.13  | 04.56    |
| 49           | 228    | BARTOSIK Mateusz      | ZAGÓRZE          | POL      |   | 95  | M20/49 (M)159              | 01:45:15  | 12.03  | 04.59    |
| 50           | 352    | KUGIEL Kamil          | KRAKÓW           | POL      |   | 86  | M20/50 (M)168              | 01:45:52  | 11.96  | 05.01    |
| 51           | 579    | KUCHARSKI Remigiusz   | JELENIA GÓRA     | POL      |   | 85  | M20/51 (M)170              | 01:46:12  | 11.92  | 05.02    |
| 52           | 37     | JAJEŚNICA Dawid       | NOWY TARG        | POL      |   | 90  | M20/52 (M)172              | 01:46:18  | 11.91  | 05.02    |
| 53           | 535    | ŁACH Ernest           | ŁAGÓW            | POL      |   | 93  | M20/53 (M)176              | 01:46:43  | 11.86  | 05.03    |
| 54           | 490    | TEKIELA Kamil         | KRAKÓW           | POL      | KU AZS AWF UNIwersYTETU PEDAGOGICZNEGO W KRAKOWIE | 88  | M20/54 (M)180              | 01:47:08  | 11.82  | 05.04    |
| 55           | 506    | JUSZCZYK Łukasz       | MAŁA WIEŚ        | POL      |   | 85  | M20/55 (M)190              | 01:47:59  | 11.72  | 05.07    |
| 56           | 285    | WÓJCICKI Adam         | KRAKÓW           | POL      |   | 85  | M20/56 (M)191              | 01:48:13  | 11.70  | 05.07    |
| 57           | 433    | SENNIK Tomasz         | TARNÓW           | POL      |   | 89  | M20/57 (M)196              | 01:48:51  | 11.63  | 05.09    |
| 58           | 368    | KRUPA Grzegorz        | WIELICZKA        | POL      |   | 85  | M20/58 (M)222              | 01:50:38  | 11.44  | 05.14    |
| 59           | 44     | NOWOSIELSKI Dariusz   | WIELICZKA        | POL      |   | 87  | M20/59 (M)225              | 01:50:52  | 11.42  | 05.15    |
| 60           | 468    | BUŁAKOWSKI Kamil      | LIBIAŻ           | POL      |   | 86  | M20/60 (M)233              | 01:51:25  | 11.36  | 05.16    |
| 61           | 250    | RUMIŃSKI Piotr        | SUCHEDNIÓW       | POL      |   | 88  | M20/61 (M)235              | 01:51:48  | 11.32  | 05.17    |
| 62           | 303    | NIESZKOWIECKI Dominik | WIELICZKA        | POL      |   | 95  | M20/62 (M)248              | 01:53:38  | 11.14  | 05.23    |
| 63           | 581    | EDIOFOR Michael       | LUBLIN           | POL      |   | 91  | M20/63 (M)250              | 01:53:52  | 11.12  | 05.23    |
| 64           | 405    | SIWEK Wojciech        | NIEPOŁOMICE      | POL      |   | 94  | M20/64 (M)253              | 01:54:13  | 11.08  | 05.24    |
| 65           | 347    | KUBIAK Adam           | BŁASZKI          | POL      |   | 93  | M20/65 (M)255              | 01:54:24  | 11.06  | 05.25    |
| 66           | 578    | KRAWCZYK Sebastian    | WIELICZKA        | POL      |   | 89  | M20/66 (M)257              | 01:54:25  | 11.06  | 05.25    |
| 67           | 350    | SIATKOWSKI Marek      | KRAKÓW           | POL      |   | 88  | M20/67 (M)265              | 01:55:09  | 10.99  | 05.27    |
| 68           | 411    | MARSZALIK Adrian      | GDÓW             | POL      |   | 89  | M20/68 (M)267              | 01:55:18  | 10.98  | 05.27    |
| 69           | 364    | LEWCZAK Mateusz       | KRAKÓW           | POL      |   | 87  | M20/69 (M)272              | 01:55:59  | 10.91  | 05.29    |
| 70           | 385    | SOLL Dawid            | OPOLE            | POL      |   | 92  | M20/70 (M)274              | 01:56:08  | 10.90  | 05.30    |
| 71           | 226    | TRZOP Maksymilian     | KRAKÓW           | POL      |   | 88  | M20/71 (M)279              | 01:56:35  | 10.86  | 05.31    |
| 72           | 420    | BUDZOWSKI Jacek       | DOBCZYCE         | POL      |   | 89  | M20/72 (M)285              | 01:56:54  | 10.83  | 05.32    |

| <b>Miejsce Rank</b> | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b>   | <b>Drużyna Team</b> | <b>R-k YoB</b> | <b>W kategorii in Age</b> | <b>(M) Sex</b> | <b>Czas Time</b> | <b>[km/h]</b> | <b>[min/km]</b> |
|---------------------|---------------|-----------------------------|-------------------------|---|---------------------|----------------|---------------------------|----------------|------------------|---------------|-----------------|
| 73                  | 313           | BUCZEK Kacper               | KRAKÓW                  |  POL |                     | 85             | M20/73                    | (M)286         | 01:56:59         | 10.82         | 05.32           |
| 74                  | 494           | CIBA Natan                  | BILCZA                  |  POL |                     | 95             | M20/74                    | (M)303         | 01:58:52         | 10.65         | 05.38           |
| 75                  | 529           | CHWIST Artur                | WIELICZKA               |  POL |                     | 86             | M20/75                    | (M)311         | 01:59:49         | 10.56         | 05.40           |
| 76                  | 492           | KOZIÓŁ Piotr                | KRAKÓW                  |  POL |                     | 85             | M20/76                    | (M)313         | 02:00:12         | 10.53         | 05.41           |
| 77                  | 532           | GARDELA Tomasz              | WOLBROM                 |  POL |                     | 87             | M20/77                    | (M)319         | 02:00:41         | 10.49         | 05.43           |
| 78                  | 52            | MULTANA Hubert              | WĘGRZCE WIELKIE         |  POL |                     | 90             | M20/78                    | (M)321         | 02:01:03         | 10.46         | 05.44           |
| 79                  | 38            | SZYBOWSKI Paweł             | WIELICZKA               |  POL |                     | 89             | M20/79                    | (M)334         | 02:02:06         | 10.37         | 05.47           |
| 80                  | 412           | MARDEUSZ Bartłomiej         | BOGUCICE                |  POL |                     | 89             | M20/80                    | (M)342         | 02:03:51         | 10.22         | 05.52           |
| 81                  | 455           | KĘDZIOR Michał              | RZESZÓW                 |  POL |                     | 87             | M20/81                    | (M)350         | 02:05:09         | 10.11         | 05.55           |
| 82                  | 459           | DITTMAR Bartosz             | KRAKÓW                  |  POL |                     | 89             | M20/82                    | (M)355         | 02:05:36         | 10.08         | 05.57           |
| 83                  | 345           | LIS Marcin                  | NOWA DĘBA               |  POL |                     | 88             | M20/83                    | (M)357         | 02:06:19         | 10.02         | 05.59           |
| 84                  | 191           | WICIAK Piotr                | KRAKÓW                  |  POL |                     | 89             | M20/84                    | (M)361         | 02:08:04         | 9.88          | 06.04           |
| 85                  | 473           | KOCZUR Bartłomiej           | KOBIERNICE              |  POL |                     | 88             | M20/85                    | (M)371         | 02:09:42         | 9.76          | 06.08           |
| 86                  | 358           | HŁADZYŃSKI Łukasz           | KĘPNO                   |  POL |                     | 85             | M20/86                    | (M)373         | 02:10:03         | 9.73          | 06.09           |
| 87                  | 300           | WOJTYCA Rafał               | POLANKA                 |  POL |                     | 89             | M20/87                    | (M)380         | 02:11:04         | 9.66          | 06.12           |
| 88                  | 115           | GAWRIŁOW Jakub              | KRAKÓW                  |  POL |                     | 86             | M20/88                    | (M)382         | 02:11:07         | 9.65          | 06.12           |
| 89                  | 356           | CHRYCZYK Jarosław           | KRAKÓW                  |  POL |                     | 85             | M20/89                    | (M)390         | 02:12:21         | 9.56          | 06.16           |
| 90                  | 389           | LIS Wojciech                | KRAKÓW                  |  POL |                     | 85             | M20/90                    | (M)397         | 02:13:21         | 9.49          | 06.19           |
| 91                  | 212           | MASŁOWSKI Jacek             | WIELICZKA               |  POL |                     | 91             | M20/91                    | (M)400         | 02:15:02         | 9.37          | 06.24           |
| 92                  | 319           | PUKŁO Jacek                 | BOCHNIA                 |  POL |                     | 86             | M20/92                    | (M)405         | 02:21:02         | 8.98          | 06.41           |
| 93                  | 310           | WDANIEC Paweł               | NIEPOŁOMICE             |  POL |                     | 89             | M20/93                    | (M)408         | 02:22:54         | 8.86          | 06.46           |