

KATEGORIA: OPEN

Lp	Nr	Imię	Nazwisko	Płeć	Rok	Kraj	Klub	Miasto	1 Okr.	2 Okr.	3 Okr.	Wynik	inf	KAT./MC.
1	70	ANDRZEJ	LACHOWSKI	M	1982	PL	AZS-AWF KRAKÓW MASTERS	KRAKÓW	00:03:40,602	00:07:31,332	00:11:23,408	00:15:05		
2	180	SERGEY	KROWLAJDIS	M	1978	UA	AHILLES LESZNO	WINNICA	00:03:40,735	00:07:31,439	00:11:23,455	00:15:10		
3	159	TOMASZ	KAWIK	M	1991	PL	RUNSPIRATION	KRAKÓW	00:03:43,423	00:07:41,930	00:11:45,436	00:15:44		
4	162	JAKUB	WOŹNIAK	M	1990	PL	AZS AGH KRAKÓW	KRAKÓW	00:03:54,356	00:07:54,695	00:11:54,635	00:15:50		
5	20	MATEUSZ	CHYLIŃSKI	M	1995	PL	AZS UMCS LUBLIN	STRZYŻEWICE	00:03:44,199	00:07:44,913	00:11:53,969	00:15:57		
6	14	MICHAŁ	BUJAŁA	M	1987	PL	IZZIRUNNING	JAWOR	00:03:54,483	00:07:54,961	00:11:54,031	00:16:04		
7	28	ŁUKASZ	DULIŃSKI	M	1983	PL		KRAKÓW	00:04:03,780	00:08:15,180	00:12:33,999	00:16:35		
8	161	BARTOSZ	ŚWIERCZYŃSKI	M	1993	PL		CHORZÓW	00:04:05,717	00:08:24,792	00:12:50,760	00:16:56		
9	32	MICHAŁ	GARBACIK	M	1995	PL	WKS WAWEL	KRAKÓW	00:03:54,955	00:08:11,792	00:12:35,299	00:17:01		
10	138	KONRAD	ZDUN	M	1995	PL	UKS 9 KALISZ	KALISZ	00:04:07,339	00:08:24,386	00:12:50,716	00:17:12		
11	69	KACPER	KWIECIEŃ	M	1994	PL	AZS UEK KRAKÓW	OSTROWIEC ŚWIĘTOKRZYSKI	00:04:07,005	00:08:24,606	00:12:50,520	00:17:15		
12	2	RAFAŁ	AUGUSTYN	M	1984	PL	OTG SOKÓŁ MIELEC	MIELEC	00:04:22,037	00:08:41,716	00:13:05,251	00:17:23		
13	16	AGNIESZKA	CADER	K	1983	PL	ZABIERZÓW BIEGA	ZABIERZÓW	00:04:17,805	00:08:39,457	00:13:05,371	00:17:23		
14	132	OLAF	WOŹNIAK	M	1990	PL	T.G. SOKÓŁ ZAKOPANE	ZAKOPANE	00:04:13,025	00:08:40,276	00:13:09,253	00:17:35		
15	151	KRZYSZTOF	TROJANOWSKI	M	1990	PL	LIMANOWA FORREST TEAM	LIMANOWA	00:04:13,480	00:08:39,724	00:13:06,246	00:17:35		
16	4	ŁUKASZ	AUGUSTYN	M	0	PL	OTG SOKÓŁ MIELEC	MIELEC	00:04:14,438	00:08:42,664	00:13:17,854	00:17:45		
17	43	KAMILIA	HAYDER	K	1988	PL	KS AZS AWF KRAKÓW	WIELICZKA	00:04:18,145	00:08:39,543	00:13:06,325	00:17:49		
18	183	TOMASZ	JASKIER	M	1978	PL	6 BPD KRAKÓW	KRAKOW	00:04:33,097	00:09:03,784	00:13:40,636	00:18:12		
19	34	TOMASZ	GÓRA	M	1982	PL	KS SACERDOS	TRZCIANA	00:04:29,478	00:09:06,163	00:13:45,136	00:18:14		
20	181	JAKUB	SIEPRAWSKI	M	1996	PL	KS AZS AWF KRAKÓW	WOLA RADZISZOWSKA	00:04:09,977	00:08:49,613	00:13:40,962	00:18:19		
21	54	DARIUSZ	KELLER	M	1989	PL	NIGHT RUNNERS KRAKÓW	KRAKÓW	00:04:28,637	00:09:05,466	00:13:44,332	00:18:21		
22	160	STASIU	ORLICKI	M	1959	PL		TYCHY	00:04:40,317	00:09:27,441	00:14:17,066	00:19:01		
23	121	KAMIL	TEKIELA	M	1988	PL	IZZIRUNNING	KRAKÓW	00:04:15,905	00:09:07,375	00:14:11,308	00:19:07		
24	179	NATALIA	NAGIRNIAK	K	1991	UA	AHILLES LESZNO	WINNICA	00:04:23,276	00:09:13,259	00:14:11,036	00:19:09		
25	39	MIROSLAW	GRYCZ	M	1970	PL		KRAKÓW	00:04:24,525	00:09:13,061	00:14:20,151	00:19:16		
26	26	MACIEJ	DROZD	M	1989	PL		KRAKÓW	00:04:25,307	00:09:14,497	00:14:20,976	00:19:17		
27	165	TOMASZ	MERCIK	M	1991	PL		KRAKÓW	00:04:35,451	00:09:32,679	00:14:42,417	00:19:33		
28	106	PAWEŁ	SITKO	M	1998	PL	SKAWINA BIEGA	SKAWINA	00:04:40,097	00:09:45,258	00:14:50,967	00:19:36		
29	51	JAKUB	KABATA	M	1992	PL	FALSTART RUDNIKI	JAWORZNO	00:04:48,807	00:09:46,668	00:14:51,151	00:19:40		
30	103	PRZEMYSŁAW	RYMARCZYK	M	1978	PL	AZS AWF KRAKÓW MASTERS	KRAKÓW	00:04:39,883	00:09:47,879	00:14:54,942	00:19:40		
31	55	FILIP	KISIAŁA	M	1979	PL	BIAŁI KENIJCZYCY	SKOCZÓW	00:04:41,653	00:09:42,427	00:14:51,327	00:19:48		
32	147	RYSZARD	MACHLOWSKI	M	1963	PL		KRAKÓW	00:04:46,308	00:09:47,249	00:14:56,010	00:19:50		
33	137	MICHAŁ	ZAMBROWSKI	M	1993	PL		BOCHNIA	00:04:25,306	00:09:54,190	00:15:01,819	00:19:51		
34	11	TOMASZ	BATKO	M	1990	PL		KRAKÓW	00:04:28,840	00:09:32,496	00:14:50,641	00:19:57		
35	7	SYLWESTER	AUGUSTYŃSKI	M	1981	PL	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	KAZIMIERZA WIELKA	00:04:54,020	00:09:53,628	00:15:02,999	00:20:03		
36	139	MICHAŁ	ŻELAŚKIEWICZ	M	1980	PL		MIECHÓW	00:04:43,387	00:09:46,299	00:14:56,642	00:20:04		
37	92	ZBIGNIEW	OKRAJEK	M	1980	PL		KONIUSZA	00:04:47,307	00:09:48,810	00:14:59,342	00:20:08		
38	131	BARTOSZ	WĘGIELEWSKI	M	1981	PL		KRAKÓW	00:04:51,970	00:09:51,347	00:15:00,818	00:20:10		

39	3	ANGELIKA	AUGUSTYN	K	1996	PL	OTG SOKÓŁ MIELEC	MIELEC	00:04:52,529	00:09:54,124	00:15:02,199	00:20:14
40	9	MIROSŁAW	BARANOWSKI	M	1969	PL		KATOWICE	00:05:03,410	00:10:15,402	00:15:25,125	00:20:23
41	83	PRZEMYSŁAW	MIERNICZEK	M	1978	PL		KRAKÓW	00:04:40,049	00:09:51,448	00:15:12,583	00:20:25
42	1	IRENEUSZ	RAŚ	M	1972	PL		KRAKÓW	00:04:49,922	00:09:52,753	00:15:11,630	00:20:35
43	38	SZYMON	GRYCZ	M	1997	PL		KRAKÓW	00:04:57,609	00:10:05,599	00:15:26,421	00:20:38
44	154	ANDRZEJ	PORĘBSKI	M	1997	PL	BIEGAM BO LUBIĘ KRAKÓW	KRAKÓW	00:05:08,269	00:10:23,290	00:15:43,072	00:20:39
45	10	MAREK	BARTOSZ	M	1979	PL		KRAKÓW	00:05:07,409	00:10:18,284	00:15:32,641	00:20:40
46	19	WOJTEK	CHOMICZ	M	1980	PL	KIRIBATI CLUB SPORT TEAM	KRAKÓW	00:04:51,099	00:09:58,919	00:15:23,901	00:20:43
47	114	PAWEŁ	SOPEL	M	1997	PL	RUN-LOG.COM	KOZIERÓW	00:05:01,382	00:10:18,189	00:15:42,832	00:20:46
48	127	ALBERT	WAJDA	M	1990	PL		NOWY SĄCZ	00:04:52,218	00:10:06,373	00:15:34,130	00:20:48
49	166	DAWID	BOJCZUK	M	1976	PL		KRAKÓW	00:05:00,671	00:10:01,408	00:15:27,763	00:20:51
50	148	DARIUSZ	DONIEC	M	1972	PL		MICHAŁOWICE	00:05:08,664	00:10:21,021	00:15:43,823	00:20:51
51	24	FILIP	DESPET	M	1999	PL		BOCHNIA	00:05:02,759	00:10:13,920	00:15:34,490	00:20:55
52	143	JACEK	WENSIERSKI	M	1967	PL		KRAKÓW	00:04:51,789	00:10:04,838	00:15:33,510	00:20:55
53	82	RAFAL	MICHALIK	M	1996	PL		KRAKÓW	00:05:01,699	00:10:12,162	00:15:37,382	00:20:55
54	145	EWELINA	KAPUSTA	K	1987	PL		JEZI ORZANY	00:04:55,928	00:10:08,709	00:15:36,034	00:21:03
55	101	DANIEL	ROSIEK	M	1985	PL		KRAKÓW	00:04:53,809	00:10:09,609	00:15:41,973	00:21:09
56	5	ARKADIUSZ	MÍSKIEWICZ	M	1995	PL	UKS OLIMP KOZIENICE	KOZIENICE	00:04:33,698	00:10:21,610	00:16:11,924	00:21:28
57	144	ROBERT	GOSIEWSKI	M	1977	PL		JEZIORZANY	00:05:01,536	00:10:20,299	00:15:52,622	00:21:31
58	126	JAKUB	URYGA	M	1981	PL		KRAKÓW	00:05:15,321	00:10:40,371	00:16:13,893	00:21:34
59	142	PAWEŁ	PROKOP	M	1971	PL		KRAKÓW	00:05:22,600	00:10:46,092	00:16:15,413	00:21:39
60	94	GRZEGORZ	OLESIK	M	1975	PL		KRAKÓW	00:05:23,053	00:10:43,962	00:16:13,345	00:21:39
61	46	JACEK	JĘDRZEJCZYK	M	1977	PL		KRAKÓW	00:04:51,097	00:10:22,303	00:16:14,087	00:21:45
62	136	TOMASZ	ZAŁUSIŃSKI	M	1995	PL		KAMIEŃ	00:05:20,011	00:10:52,763	00:16:36,047	00:21:53
63	13	RAFAL	BOLEK	M	1997	PL	BRAK	WYŻYCE	00:04:48,748	00:10:17,929	00:16:11,645	00:21:53
64	85	BARTŁOMIEJ	MIKUŚ	M	1990	PL		KRAKÓW	00:05:17,082	00:10:40,003	00:16:15,233	00:21:54
65	163	JUSTYNA	KOWALSKA	K	1990	PL	AZS AWF KRAKÓW	PILA	00:05:22,090	00:10:53,343	00:16:36,926	00:21:55
66	41	MATEUSZ	GRZYB	M	1999	PL		BOCHNIA	00:05:02,898	00:10:20,155	00:16:11,722	00:21:55
67	21	KONRAD	CICHON	M	1997	PL		SKAWINA	00:05:04,761	00:10:32,765	00:16:16,046	00:21:56
68	8	DAMIAN	BAJAK	M	1986	PL		KRAKÓW	00:05:01,257	00:10:37,222	00:16:27,246	00:21:58
69	78	JAROSŁAW	MATURA	M	1995	PL		WESOŁÓW	00:05:00,418	00:10:23,582	00:16:21,357	00:21:59
70	107	KRZYSZTOF	SKIBICKI	M	1970	PL	DAMYRADE	OŚWIĘCIM	00:05:35,924	00:11:07,747	00:16:41,976	00:22:03
71	171	KRZYSZTOF	BODZIOCH	M	0	PL		KRAKÓW	00:05:10,189	00:10:39,484	00:16:23,610	00:22:06
72	146	SABINA	BISZTYGA	K	1979	PL		KRAKÓW	00:05:40,646	00:11:14,787	00:16:47,228	00:22:09
73	33	KRZYSZTOF	GONDEK	M	1978	PL		KRAKÓW	00:05:25,242	00:10:53,161	00:16:36,825	00:22:15
74	135	PIOTR	WRÓBEL	M	1974	PL		KRAKÓW	00:05:37,151	00:11:16,285	00:16:52,107	00:22:21
75	108	DAWID	SKÓRA	M	1984	PL		KRAKÓW	00:05:25,684	00:10:58,723	00:16:42,869	00:22:23
76	87	GRZEGORZ	MOSUREK	M	1972	PL		KRAKÓW	00:05:46,711	00:11:23,595	00:17:01,677	00:22:28
77	98	PRZEMYSŁAW	PAZERA	M	1988	PL		KRAKÓW	00:05:17,575	00:11:04,505	00:17:00,770	00:22:29
78	95	EDWARD	OLIWA	M	1961	PL		KRAKÓW	00:05:14,800	00:11:03,332	00:16:59,217	00:22:33
79	15	DOMINIKA	CABAN	K	1987	PL		SZCZĘKOCINY	00:05:17,558	00:10:46,424	00:16:41,648	00:22:37
80	169	ARTUR	ŁAPIAK	M	1984	PL		KRAKÓW	00:05:09,940	00:11:18,773	00:17:11,617	00:22:40
81	111	IWONA	SOLAK	K	1985	PL	NIEZRZESZONY	KRAKÓW	00:05:47,424	00:11:23,336	00:17:01,877	00:22:40
82	6	LESZEK	ADAMCZYK	M	1978	PL	JW 4686	SŁOMNIKI	00:05:20,164	00:11:08,425	00:17:06,648	00:22:43



83	40	TADEUSZ	GRZYB	M	1967	PL		BOCHNIA	00:05:37,286	00:11:20,824	00:17:12,271	00:22:47
84	90	MONIKA	NOWAK	K	1979	PL	KRAKÓW AIRPORT RUNNING TEAM MAT	KRAKÓW	00:05:29,950	00:11:17,385	00:17:07,869	00:22:53
85	120	RYSZARD	ŚWIERCZEK	M	1965	PL	AMATOR	TARNÓW	00:05:35,564	00:11:26,401	00:17:29,039	00:23:06
86	158	PIOTR	WOJCIESZEK	M	1999	PL	KS PROMIEŃ MIKLUSZOWICE	MIKLUSZOWICE	00:05:34,110	00:11:40,166	00:17:43,621	00:23:18
87	167	DAWID	ANTONOWICZ	M	1985	PL		KRAKÓW	00:05:19,481	00:11:15,710	00:17:18,729	00:23:18
88	105	ŁUKASZ	RYŚ	M	1979	PL		KRAKÓW	00:05:33,200	00:11:24,576	00:17:25,668	00:23:19
89	58	PIOTR	KORDOWSKI	M	1971	PL		KRAKÓW	00:05:24,430	00:11:18,167	00:17:27,200	00:23:21
90	109	JAROSŁAW	SKUTNIK	M	1979	PL		KRAKÓW	00:05:48,803	00:11:39,330	00:17:40,631	00:23:25
91	170	JAKUB	PLUDOWSKI	M	1988	PL		KRAKÓW	00:05:16,250	00:11:15,206	00:17:31,400	00:23:30
92	141	JAN	KORDOS	M	1949	PL	DYSTANS KRAKÓW	KRAKÓW	00:05:40,646	00:11:36,295	00:17:34,350	00:23:30
93	173	ANDRZEJ	BIDA	M	1987	PL		CHORZÓW	00:05:45,502	00:11:46,395	00:17:52,086	00:23:42
94	155	MACIEJ	GALAS	M	1997	PL		ZIELONKI	00:05:30,542	00:11:37,682	00:17:46,534	00:23:42
95	174	PAWEŁ	FRĄCZYK	M	1982	PL		KRAKÓW	00:06:26,639	00:12:23,007	00:18:13,796	00:23:51
96	168	ŁUKASZ	FRANKOWICZ	M	1983	PL		KRAKÓW	00:06:26,326	00:12:22,928	00:18:14,081	00:23:52
97	104	WACŁAW	RYS	M	1957	PL		MYSLENICE	00:05:42,712	00:11:47,338	00:18:01,081	00:23:54
98	156	KATARZYNA	KUGLIN	K	1988	PL	KB ŁAPKA	KAMIEŃ	00:05:34,770	00:11:27,798	00:17:44,259	00:23:57
99	117	KRZYSZTOF	SROKA	M	1962	PL	-	KRAKÓW	00:05:36,264	00:11:28,326	00:17:43,993	00:23:57
100	172	ŁUKASZ	KUCHTA	M	0	PL		KRAKÓW	00:06:26,982	00:12:23,975	00:18:16,597	00:24:09
101	175	DAMIAN	MALINOWSKI	M	0	PL		KRAKÓW	00:05:16,350	00:11:24,506	00:17:49,179	00:24:12
102	128	PIOTR	WAWRZYNÓW	M	1998	PL		KRAKÓW	00:05:39,465	00:12:11,029	00:18:39,055	00:24:26
103	47	TOMASZ	JĘDRZEJCZYK	M	1978	PL		KRAKÓW	00:05:50,185	00:11:45,316	00:18:13,351	00:24:27
104	48	ROBERT	JĘDRZEJCZYK	M	1979	PL	PHS GALILEO	WARSZAWA	00:05:48,331	00:11:36,788	00:18:03,533	00:24:36
105	52	TOMASZ	KACZMARSKI	M	1980	PL		KRAKÓW	00:05:48,646	00:12:03,547	00:18:30,382	00:24:55
106	63	PAWEŁ	KRUPKA	M	1984	PL		KAMIENICA POLSKA	00:05:49,286	00:11:54,558	00:18:26,802	00:25:00
107	67	TOMASZ	KULIG	M	1982	PL		KRAKÓW	00:05:42,071	00:12:13,227	00:18:59,495	00:25:07
108	76	ALBERT	MARCINKOWSKI	M	1987	PL	AMATOR	JĘDRZEJÓW	00:06:05,022	00:12:25,958	00:19:00,376	00:25:10
109	57	MARIUSZ	KONIECZNY	M	1971	PL		KRAKÓW	00:05:44,013	00:12:12,179	00:19:01,837	00:25:22
110	68	JAKUB	KWIATKOWSKI	M	1983	PL	AZS AWF KRAKÓW MASTERS	KRAKÓW	00:06:17,115	00:12:33,359	00:19:06,834	00:25:30
111	130	MARCIN	WĄS	M	1992	PL		KRAKÓW	00:06:28,347	00:12:55,493	00:19:30,199	00:25:35
112	184	KRZYSZTOF	KWIATKOWSKI	M	1981	PL		KRAKÓW	00:06:18,143	00:12:30,808	00:19:07,707	00:25:38
113	177	MARCIN	ARMATYS	M	1980	PL		KRAKÓW	00:06:31,674	00:12:54,372	00:19:32,358	00:25:39
114	112	KAMIL	SOLARCZYK	M	1991	PL		NIEPOŁOMICE	00:06:18,994	00:12:46,644	00:19:31,286	00:25:50
115	73	TOMASZ	LIPCZYŃSKI	M	1984	PL	NIGHT RUNNERS	PŁOCK	00:06:25,248	00:13:06,394	00:19:51,027	00:25:59
116	12	KATARZYNA	BĄDEL	K	1978	PL		KRAKÓW	00:06:57,879	00:13:34,688	00:20:00,519	00:26:08
117	140	LESZEK	SZRENIAWSKI	M	1959	PL		KRAKÓW	00:06:39,371	00:13:19,814	00:19:59,975	00:26:09
118	56	MAGDALENA	KOŁODZIEJ	K	1979	PL	BRAK	CZCHÓW	00:06:21,784	00:13:05,741	00:19:52,998	00:26:11
119	133	PAWEŁ	WŁODEK	M	1981	PL		NIEPOŁOMICE	00:06:39,688	00:13:24,015	00:20:00,581	00:26:13
120	18	ULA	CHOMICZ	K	1983	PL	KIRIBATI CLUB SPORT TEAM	KRAKÓW	00:06:25,251	00:12:56,782	00:19:40,177	00:26:17
121	25	KATARZYNA	DOMINIK	K	1979	PL		KRAKÓW	00:06:28,951	00:13:11,562	00:19:56,021	00:26:31
122	59	MAGDALENA	KOT	K	0	PL		KRAKÓW	00:06:52,220	00:13:41,484	00:20:24,472	00:26:34
123	149	BARTOSZ	NOSEK	M	1982	PL		NIEPOŁOMICE	00:06:39,369	00:13:25,915	00:20:02,750	00:26:35
124	35	KINGA	GÓRKA	K	1989	PL		KRAKÓW	00:06:31,207	00:13:10,342	00:19:59,240	00:26:45
125	74	MAREK	LOREK	M	1975	PL		DĘBICA	00:06:12,364	00:12:39,739	00:19:41,292	00:26:50
126	110	WIOLETTA	SOBOŃ	K	1974	PL		KRAKÓW	00:06:58,677	00:13:34,873	00:20:10,969	00:27:02



127	113	MARIUSZ	SOLARZ	M	1979	PL		NIEPOŁOMICE	00:06:37,546	00:13:33,477	00:20:25,854	00:27:05
128	100	WIOLETA	RELIGA	K	1985	PL		KRAKÓW	00:06:56,969	00:14:00,127	00:20:55,965	00:27:32
129	81	JERZY	MICHALIK	M	1968	PL		KRAKÓW	00:06:57,237	00:14:00,654	00:20:56,793	00:27:33
130	49	PAWEŁ	JURKIEWICZ	M	1975	PL	NOWA HUTA TEAM	KRAKÓW	00:06:43,691	00:13:41,683	00:20:56,333	00:28:03
131	37	ADRIANA	GRĘDA	K	1992	PL		OLKUSZ	00:06:30,428	00:13:23,353	00:20:57,893	00:28:05
132	125	VOLHA	TUZAVA	K	1982	BY		MOGILEV	00:07:00,557	00:14:07,739	00:21:18,178	00:28:18
133	31	KRZYSZTOF	GANCARCZYK	M	1963	PL		KRAKÓW	00:06:59,770	00:13:55,285	00:21:18,135	00:28:21
134	80	OLEKSIY	MELNYK	M	1992	UA		KRAKÓW	00:06:06,783	00:12:34,119	00:21:33,334	00:28:30
135	79	ANNA	MELNYK	K	1991	PL		KRAKÓW	00:06:06,855	00:12:34,599	00:21:33,576	00:28:30
136	182	PAWEŁ	WORYTKO	M	0	PL		.	00:06:20,823	00:13:45,203	00:21:19,078	00:28:33
137	124	AGNIESZKA	TRZAJNA	K	1984	PL		KRAKÓW	00:06:29,394	00:13:40,635	00:21:19,265	00:28:39
138	119	MARIAN	STEFAŃCZYK	M	1962	PL		KRAKÓW	00:06:27,385	00:13:56,474	00:21:33,068	00:28:41
139	102	RENATA	ROZCIECHA	K	1987	PL		USZEW	00:06:47,409	00:13:59,294	00:21:34,298	00:28:41
140	23	PAWEŁ	ĆWIEKOWSKI	M	1977	PL		KRAKÓW	00:06:58,291	00:14:03,174	00:21:32,052	00:28:52
141	50	SŁAWOMIR	JUSZCZYŃKA	M	1972	PL	NOWA HUTA TEAM	KRAKÓW	00:07:27,679	00:14:56,283	00:22:38,282	00:28:56
142	66	KAROLINA	KULA	K	1991	PL	KKB DYSTANS KRAKÓW	KRAKÓW	00:07:02,936	00:14:29,569	00:22:16,470	00:28:57
143	93	EWA	OLECH	K	1972	PL		KRAKÓW	00:06:57,957	00:14:15,197	00:21:42,408	00:29:00
144	150	IWONA	KOT	K	1980	PL		WIELICZKA	00:07:27,162	00:14:45,567	00:22:13,619	00:29:23
145	176	CINDI	ELLISON	K	1993	PL		KRAKÓW	00:06:47,367	00:14:18,527	00:22:01,359	00:29:31
146	122	JOANNA	TOR-GAZDA	K	1981	PL		KRAKOW	00:06:54,608	00:14:20,151	00:22:08,983	00:29:36
147	77	MARCIN	MARCZAK	M	1984	PL		ŁÓDŹ	00:06:29,364	00:14:00,450	00:21:58,709	00:29:37
148	164	GRZEGORZ	GUCWA	M	1981	PL		BOBOWA	00:06:47,112	00:14:30,946	00:22:36,502	00:30:18
149	152	JÓZEF	MISIARZ	M	1957	PL	---	KRAKÓW	00:07:10,927	00:15:02,151	00:22:44,340	00:30:22
150	75	ZDZISŁAW	MAMRO	M	1946	PL	NIEZRZESZONY	KRAKÓW	00:07:14,149	00:15:03,378	00:23:02,480	00:30:25
151	134	JERZY	WÓJCIK	M	1959	PL		KRAKÓW	00:06:42,015	00:14:18,385	00:22:17,857	00:30:31
152	64	ŁUKASZ	KSIĄŻEK	M	1981	PL		KRAKÓW	00:05:37,922	00:13:40,019	00:22:49,960	00:30:46
153	53	ANNA	KAPUSTA	K	1990	PL		KRAKÓW	00:07:02,858	00:15:33,631	00:24:02,477	00:31:58
154	129	JULITA	WAWRZYNÓW	K	1970	PL		KRAKÓW	00:08:23,622	00:16:35,435	00:24:36,148	00:32:02
155	62	DOROTA	KRÓL	K	1977	PL		KRAKÓW	00:06:47,037	00:14:33,139	00:23:18,012	00:32:03
156	91	DAMIAN	NOWAK	M	1987	PL		KRAKÓW	00:07:29,091	00:16:04,072	00:24:36,033	00:33:17
157	115	DOROTA	SOSNOWSKA	K	1981	PL		KRAKÓW	00:07:52,770	00:16:42,376	00:25:06,249	00:33:24
158	153	ANDRZEJ	SICIARZ	M	1936	PL	SKI	KRAKÓW	00:07:37,439	00:17:01,236	00:25:56,995	00:34:38
159	30	MONIKA	GANCARCZYK	K	1971	PL		KRAKÓW	00:08:03,971	00:17:07,607	00:26:35,824	00:35:18
160	72	BARBARA	LEŚNA	K	1966	PL		RAWICZ	00:08:29,096	00:18:32,822	00:29:27,186	00:39:12
161	71	MONIKA	LEŚNA	K	1991	PL		RAWICZ	00:08:29,095	00:18:32,983	00:29:26,668	00:39:12
162	96	MICHAŁ	PAPARELLA	M	1991	PL		ZABIERZÓW	00:12:50,131	00:24:50,209	00:36:23,408	00:46:33
163	178	WIKTOR	NAGIRNIAK	M	1987	UA	AHILLES LESZNO	WINNICA	00:03:41,203	00:07:37,000	DNF	DNF
164	17	MAGDALENA KINGA	CHOJDACKA	K	1988	PL		BIELSK PODLASKI	00:07:33,251	DNF	DNF	DNF
165	65	JAKUB	KUKLINSKI	M	1982	PL		KRAKÓW	00:07:33,319	DNF	DNF	DNF
166	118	PAWEŁ	STANEK	M	1992	PL		ŚWIERCHOWA	DNS	DNS	dns	DNS
167	157	MARCIN	PROCHWICZ	M	1985	PL		KRAKÓW	DNS	DNS	DNS	DNS

KATEGORIA: K

Lp	Nr	Imię	Nazwisko	Płeć	Rok	Kraj	Klub	Miasto	1 Okr.	2 Okr.	3 Okr.	Wynik	inf	KAT./MC.
1	16	AGNIESZKA	CADER	K	1983	PL	ZABIERZÓW BIEGA	ZABIERZÓW	00:04:17,805	00:08:39,457	00:13:05,371	00:17:23		
2	43	KAMILIA	HAYDER	K	1988	PL	KS AZS AWF KRAKÓW	WIELICZKA	00:04:18,145	00:08:39,543	00:13:06,325	00:17:49		
3	179	NATALIA	NAGIRNJAK	K	1991	UA	AHILLES LESZNO	WINNICA	00:04:23,276	00:09:13,259	00:14:11,036	00:19:09		
4	3	ANGELIKA	AUGUSTYN	K	1996	PL	OTG SOKÓŁ MIELEC	MIELEC	00:04:52,529	00:09:54,124	00:15:02,199	00:20:14		
5	145	EWELINA	KAPUSTA	K	1987	PL		JEZI ORZANY	00:04:55,928	00:10:08,709	00:15:36,034	00:21:03		
6	163	JUSTYNA	KOWALSKA	K	1990	PL	AZS AWF KRAKÓW	PILA	00:05:22,090	00:10:53,343	00:16:36,926	00:21:55		
7	146	SABINA	BISZTYGA	K	1979	PL		KRAKÓW	00:05:40,646	00:11:14,787	00:16:47,228	00:22:09		
8	15	DOMINIKA	CABAN	K	1987	PL		SZCZĘKOCINY	00:05:17,558	00:10:46,424	00:16:41,648	00:22:37		
9	111	IWONA	SOLAK	K	1985	PL	NIEZRZESZONY	KRAKÓW	00:05:47,424	00:11:23,336	00:17:01,877	00:22:40		
10	90	MONIKA	NOWAK	K	1979	PL	KRAKÓW AIRPORT RUNNING TEAM MAT	KRAKÓW	00:05:29,950	00:11:17,385	00:17:07,869	00:22:53		
11	156	KATARZYNA	KUGLIN	K	1988	PL	KB ŁAPKA	KAMIEŃ	00:05:34,770	00:11:27,798	00:17:44,259	00:23:57		
12	12	KATARZYNA	BADEL	K	1978	PL		KRAKÓW	00:06:57,879	00:13:34,688	00:20:00,519	00:26:08		
13	56	MAGDALENA	KOŁODZIEJ	K	1979	PL	BRAK	CZCHÓW	00:06:21,784	00:13:05,741	00:19:52,998	00:26:11		
14	18	ULA	CHOMICZ	K	1983	PL	KIRIBATI CLUB SPORT TEAM	KRAKÓW	00:06:25,251	00:12:56,782	00:19:40,177	00:26:17		
15	25	KATARZYNA	DOMINIK	K	1979	PL		KRAKÓW	00:06:28,951	00:13:11,562	00:19:56,021	00:26:31		
16	59	MAGDALENA	KOT	K	0	PL		KRAKÓW	00:06:52,220	00:13:41,484	00:20:24,472	00:26:34		
17	35	KINGA	GÓRKA	K	1989	PL		KRAKÓW	00:06:31,207	00:13:10,342	00:19:59,240	00:26:45		
18	110	WIOLETTA	SOBOŃ	K	1974	PL		KRAKÓW	00:06:58,677	00:13:34,873	00:20:10,969	00:27:02		
19	100	WIOLETA	RELIGA	K	1985	PL		KRAKÓW	00:06:56,969	00:14:00,127	00:20:55,965	00:27:32		
20	37	ADRIANA	GRĘDA	K	1992	PL		OLKUSZ	00:06:30,428	00:13:23,353	00:20:57,893	00:28:05		
21	125	VOLHA	TUZAVA	K	1982	BY		MOGILEV	00:07:00,557	00:14:07,739	00:21:18,178	00:28:18		
22	79	ANNA	MELNYK	K	1991	PL		KRAKÓW	00:06:06,855	00:12:34,599	00:21:33,576	00:28:30		
23	124	AGNIESZKA	TRZAJNA	K	1984	PL		KRAKÓW	00:06:29,394	00:13:40,635	00:21:19,265	00:28:39		
24	102	RENATA	ROZCIECHA	K	1987	PL		USZEW	00:06:47,409	00:13:59,294	00:21:34,298	00:28:41		
25	66	KAROLINA	KULA	K	1991	PL	KKB DYSTANS KRAKÓW	KRAKÓW	00:07:02,936	00:14:29,569	00:22:16,470	00:28:57		
26	93	EWA	OLECH	K	1972	PL		KRAKÓW	00:06:57,957	00:14:15,197	00:21:42,408	00:29:00		
27	150	IWONA	KOT	K	1980	PL		WIELICZKA	00:07:27,162	00:14:45,567	00:22:13,619	00:29:23		
28	176	CINDI	ELLISON	K	1993	PL		KRAKÓW	00:06:47,367	00:14:18,527	00:22:01,359	00:29:31		
29	122	JOANNA	TOR-GAZDA	K	1981	PL		KRAKÓW	00:06:54,608	00:14:20,151	00:22:08,983	00:29:36		
30	53	ANNA	KAPUSTA	K	1990	PL		KRAKÓW	00:07:02,858	00:15:33,631	00:24:02,477	00:31:58		
31	129	JULITA	WAWRZYNÓW	K	1970	PL		KRAKÓW	00:08:23,622	00:16:35,435	00:24:36,148	00:32:02		
32	62	DOROTA	KRÓL	K	1977	PL		KRAKÓW	00:06:47,037	00:14:33,139	00:23:18,012	00:32:03		
33	115	DOROTA	SOSNOWSKA	K	1981	PL		KRAKÓW	00:07:52,770	00:16:42,376	00:25:06,249	00:33:24		
34	30	MONIKA	GANCARCZYK	K	1971	PL		KRAKÓW	00:08:03,971	00:17:07,607	00:26:35,824	00:35:18		
35	72	BARBARA	LEŚNA	K	1966	PL		RAWICZ	00:08:29,096	00:18:32,822	00:29:27,186	00:39:12		
36	71	MONIKA	LEŚNA	K	1991	PL		RAWICZ	00:08:29,095	00:18:32,983	00:29:26,668	00:39:12		
37	17	MAGDALENA KINGA	CHOJDACKA	K	1988	PL		BIELSK PODLASKI	00:07:33,251	DNF	DNF	DNF		

KATEGORIA: M

Lp	Nr	Imie	Nazwisko	Płeć	Rok	Kraj	Klub	Miasto	1 Okr.	2 Okr.	3 Okr.	Wynik	inf	KAT./MC.
1	70	ANDRZEJ	LACHOWSKI	M	1982	PL	AZS-AWF KRAKÓW MASTERS	KRAKÓW	00:03:40,602	00:07:31,332	00:11:23,408	00:15:05		
2	180	SERGEY	KROWLAJDIS	M	1978	UA	AHILLES LESZNO	WINNICA	00:03:40,735	00:07:31,439	00:11:23,455	00:15:10		
3	159	TOMASZ	KAWIK	M	1991	PL	RUNSPIRATION	KRAKÓW	00:03:43,423	00:07:41,930	00:11:45,436	00:15:44		
4	162	JAKUB	WOŹNIAK	M	1990	PL	AZS AGH KRAKÓW	KRAKÓW	00:03:54,356	00:07:54,695	00:11:54,635	00:15:50		
5	20	MATEUSZ	CHYLIŃSKI	M	1995	PL	AZS UMCS LUBLIN	STRZYŻEWICE	00:03:44,199	00:07:44,913	00:11:53,969	00:15:57		
6	14	MICHAŁ	BUJAŁA	M	1987	PL	IZZIRUNNING	JAWOR	00:03:54,483	00:07:54,961	00:11:54,031	00:16:04		
7	28	ŁUKASZ	DULIŃSKI	M	1983	PL		KRAKÓW	00:04:03,780	00:08:15,180	00:12:33,999	00:16:35		
8	161	BARTOSZ	ŚWIERCZYŃSKI	M	1993	PL		CHORZÓW	00:04:05,717	00:08:24,792	00:12:50,760	00:16:56		
9	32	MICHAŁ	GARBACIK	M	1995	PL	WKS WAWEL	KRAKÓW	00:03:54,955	00:08:11,792	00:12:35,299	00:17:01		
10	138	KONRAD	ZDUN	M	1995	PL	UKS 9 KALISZ	KALISZ	00:04:07,339	00:08:24,386	00:12:50,716	00:17:12		
11	69	KACPER	KWIECIEŃ	M	1994	PL	AZS UEK KRAKÓW	OSTROWIEC ŚWIĘTOKRZYSKI	00:04:07,005	00:08:24,606	00:12:50,520	00:17:15		
12	2	RAFAŁ	AUGUSTYN	M	1984	PL	OTG SOKÓŁ MIELEC	MIELEC	00:04:22,037	00:08:41,716	00:13:05,251	00:17:23		
13	132	OLAF	WOŹNIAK	M	1990	PL	T.G. SOKÓŁ ZAKOPANE	ZAKOPANE	00:04:13,025	00:08:40,276	00:13:09,253	00:17:35		
14	151	KRZYSZTOF	TROJANOWSKI	M	1990	PL	LIMANOWA FORREST TEAM	LIMANOWA	00:04:13,480	00:08:39,724	00:13:06,246	00:17:35		
15	4	ŁUKASZ	AUGUSTYN	M	0	PL	OTG SOKÓŁ MIELEC	MIELEC	00:04:14,438	00:08:42,664	00:13:17,854	00:17:45		
16	183	TOMASZ	JASKIER	M	1978	PL	6 BPD KRAKÓW	KRAKOW	00:04:33,097	00:09:03,784	00:13:40,636	00:18:12		
17	34	TOMASZ	GÓRA	M	1982	PL	KS SACERDOS	TRZCIANA	00:04:29,478	00:09:06,163	00:13:45,136	00:18:14		
18	181	JAKUB	SIEPRAWSKI	M	1996	PL	KS AZS AWF KRAKÓW	WOLA RADZISZOWSKA	00:04:09,977	00:08:49,613	00:13:40,962	00:18:19		
19	54	DARIUSZ	KELLER	M	1989	PL	NIGHT RUNNERS KRAKÓW	KRAKÓW	00:04:28,637	00:09:05,466	00:13:44,332	00:18:21		
20	160	STASIU	ORLICKI	M	1959	PL		TYCHY	00:04:40,317	00:09:27,441	00:14:17,066	00:19:01		
21	121	KAMIL	TEKIELA	M	1988	PL	IZZIRUNNING	KRAKÓW	00:04:15,905	00:09:07,375	00:14:11,308	00:19:07		
22	39	MIROSŁAW	GRYCZ	M	1970	PL		KRAKÓW	00:04:24,525	00:09:13,061	00:14:20,151	00:19:16		
23	26	MACIEJ	DROZD	M	1989	PL		KRAKÓW	00:04:25,307	00:09:14,497	00:14:20,976	00:19:17		
24	165	TOMASZ	MERCIK	M	1991	PL		KRAKÓW	00:04:35,451	00:09:32,679	00:14:42,417	00:19:33		
25	106	PAWEŁ	SITKO	M	1998	PL	SKAWINA BIEGA	SKAWINA	00:04:40,097	00:09:45,258	00:14:50,967	00:19:36		
26	51	JAKUB	KABATA	M	1992	PL	FALSTART RUDNIKI	JAWORZNO	00:04:48,807	00:09:46,668	00:14:51,151	00:19:40		
27	103	PRZEMYSŁAW	RYMARCZYK	M	1978	PL	AZS AWF KRAKÓW MASTERS	KRAKÓW	00:04:39,883	00:09:47,879	00:14:54,942	00:19:40		
28	55	FILIP	KISIAŁA	M	1979	PL	BIALI KENIJCZYCY	SKOCZÓW	00:04:41,653	00:09:42,427	00:14:51,327	00:19:48		
29	147	RYSZARD	MACHLOWSKI	M	1963	PL		KRAKÓW	00:04:46,308	00:09:47,249	00:14:56,010	00:19:50		
30	137	MICHAŁ	ZAMBROWSKI	M	1993	PL		BOCHNIA	00:04:25,306	00:09:54,190	00:15:01,819	00:19:51		
31	11	TOMASZ	BATKO	M	1990	PL		KRAKÓW	00:04:28,840	00:09:32,496	00:14:50,641	00:19:57		
32	7	SYLWESTER	AUGUSTYŃSKI	M	1981	PL	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	KAZIMIERZA WIELKA	00:04:54,020	00:09:53,628	00:15:02,999	00:20:03		
33	139	MICHAŁ	ŻELAŚKIEWICZ	M	1980	PL		MIECHÓW	00:04:43,387	00:09:46,299	00:14:56,642	00:20:04		
34	92	ZBIGNIEW	OKRAJEK	M	1980	PL		KONIUŚA	00:04:47,307	00:09:48,810	00:14:59,342	00:20:08		
35	131	BARTOSZ	WĘGIELEWSKI	M	1981	PL		KRAKÓW	00:04:51,970	00:09:51,347	00:15:00,818	00:20:10		
36	9	MIROSŁAW	BARANOWSKI	M	1969	PL		KATOWICE	00:05:03,410	00:10:15,402	00:15:25,125	00:20:23		
37	83	PRZEMYSŁAW	MIERNICZEK	M	1978	PL		KRAKÓW	00:04:40,049	00:09:51,448	00:15:12,583	00:20:25		
38	1	IRENEUSZ	RAŚ	M	1972	PL		KRAKÓW	00:04:49,922	00:09:52,753	00:15:11,630	00:20:35		

39	38	SZYMON	GRYCZ	M	1997	PL		KRAKÓW	00:04:57,609	00:10:05,599	00:15:26,421	00:20:38
40	154	ANDRZEJ	PORĘBSKI	M	1997	PL	BIEGAM BO LUBIĘ KRAKÓW	KRAKÓW	00:05:08,269	00:10:23,290	00:15:43,072	00:20:39
41	10	MAREK	BARTOSZ	M	1979	PL		KRAKÓW	00:05:07,409	00:10:18,284	00:15:32,641	00:20:40
42	19	WOJTEK	CHOMICZ	M	1980	PL	KIRIBATI CLUB SPORT TEAM	KRAKÓW	00:04:51,099	00:09:58,919	00:15:23,901	00:20:43
43	114	PAWEŁ	SOPEL	M	1997	PL	RUN-LOG.COM	KOZIERÓW	00:05:01,382	00:10:18,189	00:15:42,832	00:20:46
44	127	ALBERT	WAJDA	M	1990	PL		NOWY SĄCZ	00:04:52,218	00:10:06,373	00:15:34,130	00:20:48
45	166	DAWID	BOJCZUK	M	1976	PL		KRAKÓW	00:05:00,671	00:10:01,408	00:15:27,763	00:20:51
46	148	DARIUSZ	DONIEC	M	1972	PL		MICHAŁOWICE	00:05:08,664	00:10:21,021	00:15:43,823	00:20:51
47	24	FILIP	DESPET	M	1999	PL		BOCHNIA	00:05:02,759	00:10:13,920	00:15:34,490	00:20:55
48	143	JACEK	WENSIERSKI	M	1967	PL		KRAKÓW	00:04:51,789	00:10:04,838	00:15:33,510	00:20:55
49	82	RAFAŁ	MICHALIK	M	1996	PL		KRAKÓW	00:05:01,699	00:10:12,162	00:15:37,382	00:20:55
50	101	DANIEL	ROSIEK	M	1985	PL		KRAKÓW	00:04:53,809	00:10:09,609	00:15:41,973	00:21:09
51	5	ARKADIUSZ	MISKIEWICZ	M	1995	PL	UKS OLIMP KOZIENICE	KOZIENICE	00:04:33,698	00:10:21,610	00:16:11,924	00:21:28
52	144	ROBERT	GOSIEWSKI	M	1977	PL		JEZIORZANY	00:05:01,536	00:10:20,299	00:15:52,622	00:21:31
53	126	JAKUB	URYGA	M	1981	PL		KRAKÓW	00:05:15,321	00:10:40,371	00:16:13,893	00:21:34
54	142	PAWEŁ	PROKOP	M	1971	PL		KRAKÓW	00:05:22,600	00:10:46,092	00:16:15,413	00:21:39
55	94	GRZEGORZ	OLESIK	M	1975	PL		KRAKÓW	00:05:23,053	00:10:43,962	00:16:13,345	00:21:39
56	46	JACEK	JĘDRZEJCZYK	M	1977	PL		KRAKÓW	00:04:51,097	00:10:22,303	00:16:14,087	00:21:45
57	136	TOMASZ	ZALUSIŃSKI	M	1995	PL		KAMIEŃ	00:05:20,011	00:10:52,763	00:16:36,047	00:21:53
58	13	RAFAŁ	BOLEK	M	1997	PL	BRAK	WYŻYCE	00:04:48,748	00:10:17,929	00:16:11,645	00:21:53
59	85	BARTŁOMIEJ	MIKUŚ	M	1990	PL		KRAKÓW	00:05:17,082	00:10:40,003	00:16:15,233	00:21:54
60	41	MATEUSZ	GRZYB	M	1999	PL		BOCHNIA	00:05:02,898	00:10:20,155	00:16:11,722	00:21:55
61	21	KONRAD	CICHON	M	1997	PL		SKAWINA	00:05:04,761	00:10:32,765	00:16:16,046	00:21:56
62	8	DAMIAN	BAJAK	M	1986	PL		KRAKÓW	00:05:01,257	00:10:37,222	00:16:27,246	00:21:58
63	78	JAROSŁAW	MATURA	M	1995	PL		WESOŁÓW	00:05:00,418	00:10:23,582	00:16:21,357	00:21:59
64	107	KRZYSZTOF	SKIBICKI	M	1970	PL	DAMYRADE	OŚWIĘCIM	00:05:35,924	00:11:07,747	00:16:41,976	00:22:03
65	171	KRZYSZTOF	BODZIOCH	M	0	PL		KRAKÓW	00:05:10,189	00:10:39,484	00:16:23,610	00:22:06
66	33	KRZYSZTOF	GONDEK	M	1978	PL		KRAKÓW	00:05:25,242	00:10:53,161	00:16:36,825	00:22:15
67	135	PIOTR	WRÓBEL	M	1974	PL		KRAKÓW	00:05:37,151	00:11:16,285	00:16:52,107	00:22:21
68	108	DAWID	SKÓRA	M	1984	PL		KRAKÓW	00:05:25,684	00:10:58,723	00:16:42,869	00:22:23
69	87	GRZEGORZ	MOSUREK	M	1972	PL		KRAKÓW	00:05:46,711	00:11:23,595	00:17:01,677	00:22:28
70	98	PRZEMYSŁAW	PAZERA	M	1988	PL		KRAKÓW	00:05:17,575	00:11:04,505	00:17:00,770	00:22:29
71	95	EDWARD	OLIWA	M	1961	PL		KRAKÓW	00:05:14,800	00:11:03,332	00:16:59,217	00:22:33
72	169	ARTUR	ŁAPIAK	M	1984	PL		KRAKÓW	00:05:09,940	00:11:18,773	00:17:11,617	00:22:40
73	6	LESZEK	ADAMCZYK	M	1978	PL	JW 4686	SŁOMNIKI	00:05:20,164	00:11:08,425	00:17:06,648	00:22:43
74	40	TADEUSZ	GRZYB	M	1967	PL		BOCHNIA	00:05:37,286	00:11:20,824	00:17:12,271	00:22:47
75	120	RYSZARD	ŚWIERCZEK	M	1965	PL	AMATOR	TARNÓW	00:05:35,564	00:11:26,401	00:17:29,039	00:23:06
76	158	PIOTR	WOJCIESZEK	M	1999	PL	KS PROMIEŃ MIKLUSZOWICE	MIKLUSZOWICE	00:05:34,110	00:11:40,166	00:17:43,621	00:23:18
77	167	DAWID	ANTONOWICZ	M	1985	PL		KRAKÓW	00:05:19,481	00:11:15,710	00:17:18,729	00:23:18
78	105	ŁUKASZ	RYŚ	M	1979	PL		KRAKÓW	00:05:33,200	00:11:24,576	00:17:25,668	00:23:19
79	58	PIOTR	KORDOWSKI	M	1971	PL		KRAKÓW	00:05:24,430	00:11:18,167	00:17:27,200	00:23:21
80	109	JAROSŁAW	SKUTNIK	M	1979	PL		KRAKÓW	00:05:48,803	00:11:39,330	00:17:40,631	00:23:25
81	170	JAKUB	PLUDOWSKI	M	1988	PL		KRAKÓW	00:05:16,250	00:11:15,206	00:17:31,400	00:23:30
82	141	JAN	KORDOS	M	1949	PL	DYSTANS KRAKÓW	KRAKÓW	00:05:40,646	00:11:36,295	00:17:34,350	00:23:30



83	173	ANDRZEJ	BIDA	M	1987	PL		CHORZÓW	00:05:45,502	00:11:46,395	00:17:52,086	00:23:42
84	155	MACIEJ	GALAS	M	1997	PL		ZIELONKI	00:05:30,542	00:11:37,682	00:17:46,534	00:23:42
85	174	PAWEŁ	FRĄCZYK	M	1982	PL		KRAKÓW	00:06:26,639	00:12:23,007	00:18:13,796	00:23:51
86	168	ŁUKASZ	FRANKOWICZ	M	1983	PL		KRAKÓW	00:06:26,326	00:12:22,928	00:18:14,081	00:23:52
87	104	WACŁAW	RYS	M	1957	PL		MYSLENICE	00:05:42,712	00:11:47,338	00:18:01,081	00:23:54
88	117	KRZYSZTOF	SROKA	M	1962	PL	-	KRAKÓW	00:05:36,264	00:11:28,326	00:17:43,993	00:23:57
89	172	ŁUKASZ	KUCHTA	M	0	PL		KRAKÓW	00:06:26,982	00:12:23,975	00:18:16,597	00:24:09
90	175	DAMIAN	MALINOWSKI	M	0	PL		KRAKÓW	00:05:16,350	00:11:24,506	00:17:49,179	00:24:12
91	128	PIOTR	WAWRZYNÓW	M	1998	PL		KRAKÓW	00:05:39,465	00:12:11,029	00:18:39,055	00:24:26
92	47	TOMASZ	JĘDRZEJCZYK	M	1978	PL		KRAKÓW	00:05:50,185	00:11:45,316	00:18:13,351	00:24:27
93	48	ROBERT	JĘDRZEJCZYK	M	1979	PL	PHS GALILEO	WARSZAWA	00:05:48,331	00:11:36,788	00:18:03,533	00:24:36
94	52	TOMASZ	KACZMARSKI	M	1980	PL		KRAKÓW	00:05:48,646	00:12:03,547	00:18:30,382	00:24:55
95	63	PAWEŁ	KRUPKA	M	1984	PL		KAMIENICA POLSKA	00:05:49,286	00:11:54,558	00:18:26,802	00:25:00
96	67	TOMASZ	KULIG	M	1982	PL		KRAKÓW	00:05:42,071	00:12:13,227	00:18:59,495	00:25:07
97	76	ALBERT	MARCINKOWSKI	M	1987	PL	AMATOR	JĘDRZEJÓW	00:06:05,022	00:12:25,958	00:19:00,376	00:25:10
98	57	MARIUSZ	KONIECZNY	M	1971	PL		KRAKÓW	00:05:44,013	00:12:12,179	00:19:01,837	00:25:22
99	68	JAKUB	KWIATKOWSKI	M	1983	PL	AZS AWF KRAKÓW MASTERS	KRAKÓW	00:06:17,115	00:12:33,359	00:19:06,834	00:25:30
100	130	MARCIN	WĄS	M	1992	PL		KRAKÓW	00:06:28,347	00:12:55,493	00:19:30,199	00:25:35
101	184	KRZYSZTOF	KWIATKOWSKI	M	1981	PL		KRAKÓW	00:06:18,143	00:12:30,808	00:19:07,707	00:25:38
102	177	MARCIN	ARMATYS	M	1980	PL		KRAKÓW	00:06:31,674	00:12:54,372	00:19:32,358	00:25:39
103	112	KAMIL	SOLARCZYK	M	1991	PL		NIEPOŁOMICE	00:06:18,994	00:12:46,644	00:19:31,286	00:25:50
104	73	TOMASZ	LIPCZYŃSKI	M	1984	PL	NIGHT RUNNERS	PŁOCK	00:06:25,248	00:13:06,394	00:19:51,027	00:25:59
105	140	LESZEK	SZRENIAWSKI	M	1959	PL		KRAKÓW	00:06:39,371	00:13:19,814	00:19:59,975	00:26:09
106	133	PAWEŁ	WŁODEK	M	1981	PL		NIEPOŁOMICE	00:06:39,688	00:13:24,015	00:20:00,581	00:26:13
107	149	BARTOSZ	NOSEK	M	1982	PL		NIEPOŁOMICE	00:06:39,369	00:13:25,915	00:20:02,750	00:26:35
108	74	MAREK	LOREK	M	1975	PL		DĘBICA	00:06:12,364	00:12:39,739	00:19:41,292	00:26:50
109	113	MARIUSZ	SOLARZ	M	1979	PL		NIEPOŁOMICE	00:06:37,546	00:13:33,477	00:20:25,854	00:27:05
110	81	JERZY	MICHALIK	M	1968	PL		KRAKÓW	00:06:57,237	00:14:00,654	00:20:56,793	00:27:33
111	49	PAWEŁ	JURKIEWICZ	M	1975	PL	NOWA HUTA TEAM	KRAKÓW	00:06:43,691	00:13:41,683	00:20:56,333	00:28:03
112	31	KRZYSZTOF	GANCARCZYK	M	1963	PL		KRAKÓW	00:06:59,770	00:13:55,285	00:21:18,135	00:28:21
113	80	OLEKSIY	MELNYK	M	1992	UA		KRAKÓW	00:06:06,783	00:12:34,119	00:21:33,334	00:28:30
114	182	PAWEŁ	WORZYTKO	M	0	PL		.	00:06:20,823	00:13:45,203	00:21:19,078	00:28:33
115	119	MARIAN	STEFĄNCZYK	M	1962	PL		KRAKÓW	00:06:27,385	00:13:56,474	00:21:33,068	00:28:41
116	23	PAWEŁ	ĆWIEKOWSKI	M	1977	PL		KRAKÓW	00:06:58,291	00:14:03,174	00:21:32,052	00:28:52
117	50	SŁAWOMIR	JUSZCZYŃKA	M	1972	PL	NOWA HUTA TEAM	KRAKÓW	00:07:27,679	00:14:56,283	00:22:38,282	00:28:56
118	77	MARCIN	MARCZAK	M	1984	PL		ŁÓDŹ	00:06:29,364	00:14:00,450	00:21:58,709	00:29:37
119	164	GRZEGORZ	GUCWA	M	1981	PL		BOBOWA	00:06:47,112	00:14:30,946	00:22:36,502	00:30:18
120	152	JÓZEF	MISIARZ	M	1957	PL	---	KRAKÓW	00:07:10,927	00:15:02,151	00:22:44,340	00:30:22
121	75	ZDZISŁAW	MAMRO	M	1946	PL	NIEZRZESZONY	KRAKÓW	00:07:14,149	00:15:03,378	00:23:02,480	00:30:25
122	134	JERZY	WÓJCIK	M	1959	PL		KRAKÓW	00:06:42,015	00:14:18,385	00:22:17,857	00:30:31
123	64	ŁUKASZ	KSIĄŻEK	M	1981	PL		KRAKÓW	00:05:37,922	00:13:40,019	00:22:49,960	00:30:46
124	91	DAMIAN	NOWAK	M	1987	PL		KRAKÓW	00:07:29,091	00:16:04,072	00:24:36,033	00:33:17
125	153	ANDRZEJ	SICIARZ	M	1936	PL	SKI	KRAKÓW	00:07:37,439	00:17:01,236	00:25:56,995	00:34:38
126	96	MICHAŁ	PAPARELLA	M	1991	PL		ZABIERZÓW	00:12:50,131	00:24:50,209	00:36:23,408	00:46:33





			NAGIRNJAK	M	1987	UA	AHILLES LESZNO	WINNICA	00:03:41,203	00:07:37,000	DNF	DNF
			KUKLINSKI	M	1982	PL		KRAKÓW	00:07:33,319	DNF	DNF	DNF
129	157	MARCIN	PROCHWICZ	M	1985	PL		KRAKÓW	DNS	DNS	DNS	DNS
130	118	PAWEŁ	STANEK	M	1992	PL		ŚWIERCHOWA	DNS	DNS	dns	DNS

MIEJSCOWOŚĆ: Kraków

DATA:18.10.2014 .r

DYSTANS:5km

KATEGORIA: K->29

Lp	Nr	Imie	Nazwisko	Płeć	Rok	Kraj	Klub	Miasto	1 Okr.	2 Okr.	3 Okr.	Wynik	inf	KAT./MC.
1	43	KAMILIA	HAYDER	K	1988	PL	KS AZS AWF KRAKÓW	WIELICZKA	00:04:18,145	00:08:39,543	00:13:06,325	00:17:49		
2	179	NATALIA	NAGIRNJAK	K	1991	UA	AHILLES LESZNO	WINNICA	00:04:23,276	00:09:13,259	00:14:11,036	00:19:09		
3	3	ANGELIKA	AUGUSTYN	K	1996	PL	OTG SOKÓŁ MIELEC	MIELEC	00:04:52,529	00:09:54,124	00:15:02,199	00:20:14		
4	145	EWELINA	KAPUSTA	K	1987	PL		JEZI ORZANY	00:04:55,928	00:10:08,709	00:15:36,034	00:21:03		
5	163	JUSTYNA	KOWALSKA	K	1990	PL	AZS AWF KRAKÓW	PILA	00:05:22,090	00:10:53,343	00:16:36,926	00:21:55		
6	15	DOMINIKA	CABAN	K	1987	PL		SZCZOKOCINY	00:05:17,558	00:10:46,424	00:16:41,648	00:22:37		
7	111	IWONA	SOLAK	K	1985	PL	NIEZRZESZONY	KRAKÓW	00:05:47,424	00:11:23,336	00:17:01,877	00:22:40		
8	156	KATARZYNA	KUGLIN	K	1988	PL	KB ŁAPKA	KAMIEŃ	00:05:34,770	00:11:27,798	00:17:44,259	00:23:57		
9	35	KINGA	GÓRKA	K	1989	PL		KRAKÓW	00:06:31,207	00:13:10,342	00:19:59,240	00:26:45		
10	100	WIOLETA	RELIGA	K	1985	PL		KRAKÓW	00:06:56,969	00:14:00,127	00:20:55,965	00:27:32		
11	37	ADRIANA	GRĘDA	K	1992	PL		OLKUSZ	00:06:30,428	00:13:23,353	00:20:57,893	00:28:05		
12	79	ANNA	MELNYK	K	1991	PL		KRAKÓW	00:06:06,855	00:12:34,599	00:21:33,576	00:28:30		
13	102	RENATA	ROZCIECHA	K	1987	PL		USZEW	00:06:47,409	00:13:59,294	00:21:34,298	00:28:41		
14	66	KAROLINA	KULA	K	1991	PL	KKB DYSTANS KRAKÓW	KRAKÓW	00:07:02,936	00:14:29,569	00:22:16,470	00:28:57		
15	176	CINDI	ELLISON	K	1993	PL		KRAKÓW	00:06:47,367	00:14:18,527	00:22:01,359	00:29:31		
16	53	ANNA	KAPUSTA	K	1990	PL		KRAKÓW	00:07:02,858	00:15:33,631	00:24:02,477	00:31:58		
17	71	MONIKA	LEŚNA	K	1991	PL		RAWICZ	00:08:29,095	00:18:32,983	00:29:26,668	00:39:12		
18	17	MAGDALENA KINGA	CHOJDACKA	K	1988	PL		BIELSK PODLASKI	00:07:33,251	DNF	DNF	DNF		

MIEJSCOWOŚĆ: Kraków

DATA:18.10.2014 .r

DYSTANS:5km

KATEGORIA: M->29

Lp	Nr	Imie	Nazwisko	Płeć	Rok	Kraj	Klub	Miasto	1 Okr.	2 Okr.	3 Okr.	Wynik	inf	KAT./MC.
1	159	TOMASZ	KAWIK	M	1991	PL	RUNSPIRATION	KRAKÓW	00:03:43,423	00:07:41,930	00:11:45,436	00:15:44		
2	162	JAKUB	WOŹNIAK	M	1990	PL	AZS AGH KRAKÓW	KRAKÓW	00:03:54,356	00:07:54,695	00:11:54,635	00:15:50		
3	20	MATEUSZ	CHYLIŃSKI	M	1995	PL	AZS UMCS LUBLIN	STRZYŻEWICE	00:03:44,199	00:07:44,913	00:11:53,969	00:15:57		
4	14	MICHAŁ	BUJAŁA	M	1987	PL	IZZIRUNNING	JAWOR	00:03:54,483	00:07:54,961	00:11:54,031	00:16:04		
5	161	BARTOSZ	ŚWIERCZYŃSKI	M	1993	PL		CHORZÓW	00:04:05,717	00:08:24,792	00:12:50,760	00:16:56		
6	32	MICHAŁ	GARBACIK	M	1995	PL	WKS WAWEL	KRAKÓW	00:03:54,955	00:08:11,792	00:12:35,299	00:17:01		
7	138	KONRAD	ZDUN	M	1995	PL	UKS 9 KALISZ	KALISZ	00:04:07,339	00:08:24,386	00:12:50,716	00:17:12		
8	69	KACPER	KWIECIEŃ	M	1994	PL	AZS UEK KRAKÓW	OSTROWIEC ŚWIĘTOKRZYSKI	00:04:07,005	00:08:24,606	00:12:50,520	00:17:15		
9	132	OLAF	WOŹNIAK	M	1990	PL	T.G. SOKÓŁ ZAKOPANE	ZAKOPANE	00:04:13,025	00:08:40,276	00:13:09,253	00:17:35		



Przygotowane przez JKR OSTROWSKI www.pomiar-czasu.pl
nr.tel: 792-544-024, Pomiarczasu@gmail.com

		TROJANOWSKI	M	1990	PL	LIMANOWA FORREST TEAM	LIMANOWA	00:04:13,480	00:08:39,724	00:13:06,246	00:17:35
		SIEPRAWSKI	M	1996	PL	KS AZS AWF KRAKÓW	WOLA RADZISZOWSKA	00:04:09,977	00:08:49,613	00:13:40,962	00:18:19
12	54	DARIUSZ	M	1989	PL	NIGHT RUNNERS KRAKÓW	KRAKÓW	00:04:28,637	00:09:05,466	00:13:44,332	00:18:21
13	121	KAMIL	M	1988	PL	IZZIRUNNING	KRAKÓW	00:04:15,905	00:09:07,375	00:14:11,308	00:19:07
14	26	MACIEJ	M	1989	PL		KRAKÓW	00:04:25,307	00:09:14,497	00:14:20,976	00:19:17
15	165	TOMASZ	M	1991	PL		KRAKÓW	00:04:35,451	00:09:32,679	00:14:42,417	00:19:33
16	106	PAWEŁ	M	1998	PL	SKAWINA BIEGA	SKAWINA	00:04:40,097	00:09:45,258	00:14:50,967	00:19:36
17	51	JAKUB	M	1992	PL	FALSTART RUDNIKI	JAWORZNO	00:04:48,807	00:09:46,668	00:14:51,151	00:19:40
18	137	MICHAŁ	M	1993	PL		BOCHNIA	00:04:25,306	00:09:54,190	00:15:01,819	00:19:51
19	11	TOMASZ	M	1990	PL		KRAKÓW	00:04:28,840	00:09:32,496	00:14:50,641	00:19:57
20	38	SZYMON	M	1997	PL		KRAKÓW	00:04:57,609	00:10:05,599	00:15:26,421	00:20:38
21	154	ANDRZEJ	M	1997	PL	BIEGAM BO LUBIEŃ KRAKÓW	KRAKÓW	00:05:08,269	00:10:23,290	00:15:43,072	00:20:39
22	114	PAWEŁ	M	1997	PL	RUN-LOG.COM	KOZIERÓW	00:05:01,382	00:10:18,189	00:15:42,832	00:20:46
23	127	ALBERT	M	1990	PL		NOWY SĄCZ	00:04:52,218	00:10:06,373	00:15:34,130	00:20:48
24	24	FILIP	M	1999	PL		BOCHNIA	00:05:02,759	00:10:13,920	00:15:34,490	00:20:55
25	82	RAFAL	M	1996	PL		KRAKÓW	00:05:01,699	00:10:12,162	00:15:37,382	00:20:55
26	101	DANIEL	M	1985	PL		KRAKÓW	00:04:53,809	00:10:09,609	00:15:41,973	00:21:09
27	5	ARKADIUSZ	M	1995	PL	UKS OLIMP KOZIENICE	KOZIENICE	00:04:33,698	00:10:21,610	00:16:11,924	00:21:28
28	136	TOMASZ	M	1995	PL		KAMIEŃ	00:05:20,011	00:10:52,763	00:16:36,047	00:21:53
29	13	RAFAL	M	1997	PL	BRAC	WYŻYCE	00:04:48,748	00:10:17,929	00:16:11,645	00:21:53
30	85	BARTŁOMIEJ	M	1990	PL		KRAKÓW	00:05:17,082	00:10:40,003	00:16:15,233	00:21:54
31	41	MATEUSZ	M	1999	PL		BOCHNIA	00:05:02,898	00:10:20,155	00:16:11,722	00:21:55
32	21	KONRAD	M	1997	PL		SKAWINA	00:05:04,761	00:10:32,765	00:16:16,046	00:21:56
33	8	DAMIAN	M	1986	PL		KRAKÓW	00:05:01,257	00:10:37,222	00:16:27,246	00:21:58
34	78	JAROSŁAW	M	1995	PL		WESOŁÓW	00:05:00,418	00:10:23,582	00:16:21,357	00:21:59
35	98	PRZEMYSŁAW	M	1988	PL		KRAKÓW	00:05:17,575	00:11:04,505	00:17:00,770	00:22:29
36	158	PIOTR	M	1999	PL	KS PROMIEŃ MIKLUSZOWICE	MIKLUSZOWICE	00:05:34,110	00:11:40,166	00:17:43,621	00:23:18
37	167	DAWID	M	1985	PL		KRAKÓW	00:05:19,481	00:11:15,710	00:17:18,729	00:23:18
38	170	JAKUB	M	1988	PL		KRAKÓW	00:05:16,250	00:11:15,206	00:17:31,400	00:23:30
39	173	ANDRZEJ	M	1987	PL		CHORZÓW	00:05:45,502	00:11:46,395	00:17:52,086	00:23:42
40	155	MACIEJ	M	1997	PL		ZIELONKI	00:05:30,542	00:11:37,682	00:17:46,534	00:23:42
41	128	PIOTR	M	1998	PL		KRAKÓW	00:05:39,465	00:12:11,029	00:18:39,055	00:24:26
42	76	ALBERT	M	1987	PL	AMATOR	JĘDRZEJÓW	00:06:05,022	00:12:25,958	00:19:00,376	00:25:10
43	130	MARCIN	M	1992	PL		KRAKÓW	00:06:28,347	00:12:55,493	00:19:30,199	00:25:35
44	112	KAMIL	M	1991	PL		NIEPOŁOMICE	00:06:18,994	00:12:46,644	00:19:31,286	00:25:50
45	80	OLEKSIY	M	1992	UA		KRAKÓW	00:06:06,783	00:12:34,119	00:21:33,334	00:28:30
46	91	DAMIAN	M	1987	PL		KRAKÓW	00:07:29,091	00:16:04,072	00:24:36,033	00:33:17
47	96	MICHAŁ	M	1991	PL		ZABIERZÓW	00:12:50,131	00:24:50,209	00:36:23,408	00:46:33
48	178	WIKTOR	M	1987	UA	AHILLES LESZNO	WINNICA	00:03:41,203	00:07:37,000	DNF	DNF
49	157	MARCIN	M	1985	PL		KRAKÓW	DNS	DNS	DNS	DNS
50	118	PAWEŁ	M	1992	PL		ŚWIERCHOWA	DNS	DNS	dns	DNS

MIEJSCOWOŚĆ: Kraków

DATA:18.10.2014 .r

DYSTANS:5km

KATEGORIA: K30-39

Lp	Nr	Imię	Nazwisko	Płeć	Rok	Kraj	Klub	Miasto	1 Okr.	2 Okr.	3 Okr.	Wynik	inf	KAT./MC.
1	16	AGNIESZKA	CADER	K	1983	PL	ZABIERZÓW BIEGA	ZABIERZÓW	00:04:17,805	00:08:39,457	00:13:05,371	00:17:23		
2	146	SABINA	BISZTYGA	K	1979	PL		KRAKÓW	00:05:40,646	00:11:14,787	00:16:47,228	00:22:09		
3	90	MONIKA	NOWAK	K	1979	PL	KRAKÓW AIRPORT RUNNING TEAM MAT	KRAKÓW	00:05:29,950	00:11:17,385	00:17:07,869	00:22:53		
4	12	KATARZYNA	BADEL	K	1978	PL		KRAKÓW	00:06:57,879	00:13:34,688	00:20:00,519	00:26:08		
5	56	MAGDALENA	KOŁODZIEJ	K	1979	PL	BRAK	CZCHÓW	00:06:21,784	00:13:05,741	00:19:52,998	00:26:11		
6	18	ULA	CHOMICZ	K	1983	PL	KIRIBATI CLUB SPORT TEAM	KRAKÓW	00:06:25,251	00:12:56,782	00:19:40,177	00:26:17		
7	25	KATARZYNA	DOMINIK	K	1979	PL		KRAKÓW	00:06:28,951	00:13:11,562	00:19:56,021	00:26:31		
8	125	VOLHA	TUZAVA	K	1982	BY		MOGILEV	00:07:00,557	00:14:07,739	00:21:18,178	00:28:18		
9	124	AGNIESZKA	TRZAJNA	K	1984	PL		KRAKÓW	00:06:29,394	00:13:40,635	00:21:19,265	00:28:39		
10	150	IWONA	KOT	K	1980	PL		WIELICZKA	00:07:27,162	00:14:45,567	00:22:13,619	00:29:23		
11	122	JOANNA	TOR-GAZDA	K	1981	PL		KRAKOW	00:06:54,608	00:14:20,151	00:22:08,983	00:29:36		
12	62	DOROTA	KRÓL	K	1977	PL		KRAKÓW	00:06:47,037	00:14:33,139	00:23:18,012	00:32:03		
13	115	DOROTA	SOSNOWSKA	K	1981	PL		KRAKÓW	00:07:52,770	00:16:42,376	00:25:06,249	00:33:24		

MIEJSCOWOŚĆ: Kraków

DATA:18.10.2014 .r

DYSTANS:5km

KATEGORIA: M30-39

Lp	Nr	Imię	Nazwisko	Płeć	Rok	Kraj	Klub	Miasto	1 Okr.	2 Okr.	3 Okr.	Wynik	inf	KAT./MC.
1	70	ANDRZEJ	LACHOWSKI	M	1982	PL	AZS-AWF KRAKÓW MASTERS	KRAKÓW	00:03:40,602	00:07:31,332	00:11:23,408	00:15:05		
2	180	SERGEY	KROWLAJDIS	M	1978	UA	AHILLES LESZNO	WINNICA	00:03:40,735	00:07:31,439	00:11:23,455	00:15:10		
3	28	ŁUKASZ	DULIŃSKI	M	1983	PL		KRAKÓW	00:04:03,780	00:08:15,180	00:12:33,999	00:16:35		
4	2	RAFAL	AUGUSTYN	M	1984	PL	OTG SOKÓŁ MIELEC	MIELEC	00:04:22,037	00:08:41,716	00:13:05,251	00:17:23		
5	183	TOMASZ	JASKIER	M	1978	PL	6 BPD KRAKÓW	KRAKOW	00:04:33,097	00:09:03,784	00:13:40,636	00:18:12		
6	34	TOMASZ	GÓRA	M	1982	PL	KS SACERDOS	TRZCIANA	00:04:29,478	00:09:06,163	00:13:45,136	00:18:14		
7	103	PRZEMYSŁAW	RYMARCZYK	M	1978	PL	AZS AWF KRAKÓW MASTERS	KRAKÓW	00:04:39,883	00:09:47,879	00:14:54,942	00:19:40		
8	55	FILIP	KISIAŁA	M	1979	PL	BIALI KENIJCZYCY	SKOCZÓW	00:04:41,653	00:09:42,427	00:14:51,327	00:19:48		
9	7	SYLWESTER	AUGUSTYŃSKI	M	1981	PL	BIEGNE, ŻEBY BARTEK MÓGL BIEGAĆ	KAZIMIERZA WIELKA	00:04:54,020	00:09:53,628	00:15:02,999	00:20:03		
10	139	MICHAŁ	ŻELAŚKIEWICZ	M	1980	PL		MIECHÓW	00:04:43,387	00:09:46,299	00:14:56,642	00:20:04		
11	92	ZBIGNIEW	OKRAJEK	M	1980	PL		KONIUŚA	00:04:47,307	00:09:48,810	00:14:59,342	00:20:08		
12	131	BARTOSZ	WĘGIELEWSKI	M	1981	PL		KRAKÓW	00:04:51,970	00:09:51,347	00:15:00,818	00:20:10		
13	83	PRZEMYSŁAW	MIERNICZEK	M	1978	PL		KRAKÓW	00:04:40,049	00:09:51,448	00:15:12,583	00:20:25		
14	10	MAREK	BARTOSZ	M	1979	PL		KRAKÓW	00:05:07,409	00:10:18,284	00:15:32,641	00:20:40		
15	19	WOJTEK	CHOMICZ	M	1980	PL	KIRIBATI CLUB SPORT TEAM	KRAKÓW	00:04:51,099	00:09:58,919	00:15:23,901	00:20:43		
16	166	DAWID	BOJCZUK	M	1976	PL		KRAKÓW	00:05:00,671	00:10:01,408	00:15:27,763	00:20:51		
17	144	ROBERT	GOSIEWSKI	M	1977	PL		JEZIORZANY	00:05:01,536	00:10:20,299	00:15:52,622	00:21:31		
18	126	JAKUB	URYGA	M	1981	PL		KRAKÓW	00:05:15,321	00:10:40,371	00:16:13,893	00:21:34		
19	94	GRZEGORZ	OLESIK	M	1975	PL		KRAKÓW	00:05:23,053	00:10:43,962	00:16:13,345	00:21:39		
20	46	JACEK	JĘDRZEJCZYK	M	1977	PL		KRAKÓW	00:04:51,097	00:10:22,303	00:16:14,087	00:21:45		
21	33	KRZYSZTOF	GONDEK	M	1978	PL		KRAKÓW	00:05:25,242	00:10:53,161	00:16:36,825	00:22:15		
22	108	DAWID	SKÓRA	M	1984	PL		KRAKÓW	00:05:25,684	00:10:58,723	00:16:42,869	00:22:23		



			ŁAPIAK	M	1984	PL		KRAKÓW	00:05:09,940	00:11:18,773	00:17:11,617	00:22:40
			ADAMCZYK	M	1978	PL	JW 4686	SŁOMNIKI	00:05:20,164	00:11:08,425	00:17:06,648	00:22:43
25	105	ŁUKASZ	RYŚ	M	1979	PL		KRAKÓW	00:05:33,200	00:11:24,576	00:17:25,668	00:23:19
26	109	JAROSŁAW	SKUTNIK	M	1979	PL		KRAKÓW	00:05:48,803	00:11:39,330	00:17:40,631	00:23:25
27	174	PAWEŁ	FRĄCZYK	M	1982	PL		KRAKÓW	00:06:26,639	00:12:23,007	00:18:13,796	00:23:51
28	168	ŁUKASZ	FRANKOWICZ	M	1983	PL		KRAKÓW	00:06:26,326	00:12:22,928	00:18:14,081	00:23:52
29	47	TOMASZ	JĘDRZEJCZYK	M	1978	PL		KRAKÓW	00:05:50,185	00:11:45,316	00:18:13,351	00:24:27
30	48	ROBERT	JĘDRZEJCZYK	M	1979	PL	PHS GALILEO	WARSZAWA	00:05:48,331	00:11:36,788	00:18:03,533	00:24:36
31	52	TOMASZ	KACZMARSKI	M	1980	PL		KRAKÓW	00:05:48,646	00:12:03,547	00:18:30,382	00:24:55
32	63	PAWEŁ	KRUPKA	M	1984	PL		KAMIENICA POLSKA	00:05:49,286	00:11:54,558	00:18:26,802	00:25:00
33	67	TOMASZ	KULIG	M	1982	PL		KRAKÓW	00:05:42,071	00:12:13,227	00:18:59,495	00:25:07
34	68	JAKUB	KWIATKOWSKI	M	1983	PL	AZS AWF KRAKÓW MASTERS	KRAKÓW	00:06:17,115	00:12:33,359	00:19:06,834	00:25:30
35	184	KRZYSZTOF	KWIATKOWSKI	M	1981	PL		KRAKÓW	00:06:18,143	00:12:30,808	00:19:07,707	00:25:38
36	177	MARCIN	ARMATYS	M	1980	PL		KRAKÓW	00:06:31,674	00:12:54,372	00:19:32,358	00:25:39
37	73	TOMASZ	LIPCZYŃSKI	M	1984	PL	NIGHT RUNNERS	PŁOCK	00:06:25,248	00:13:06,394	00:19:51,027	00:25:59
38	133	PAWEŁ	WŁODEK	M	1981	PL		NIEPOŁOMICE	00:06:39,688	00:13:24,015	00:20:00,581	00:26:13
39	149	BARTOSZ	NOSEK	M	1982	PL		NIEPOŁOMICE	00:06:39,369	00:13:25,915	00:20:02,750	00:26:35
40	74	MAREK	LOREK	M	1975	PL		DĘBICA	00:06:12,364	00:12:39,739	00:19:41,292	00:26:50
41	113	MARIUSZ	SOLARZ	M	1979	PL		NIEPOŁOMICE	00:06:37,546	00:13:33,477	00:20:25,854	00:27:05
42	49	PAWEŁ	JURKIEWICZ	M	1975	PL	NOWA HUTA TEAM	KRAKÓW	00:06:43,691	00:13:41,683	00:20:56,333	00:28:03
43	23	PAWEŁ	ĆWIEKOWSKI	M	1977	PL		KRAKÓW	00:06:58,291	00:14:03,174	00:21:32,052	00:28:52
44	77	MARCIN	MARCZAK	M	1984	PL		ŁÓDŹ	00:06:29,364	00:14:00,450	00:21:58,709	00:29:37
45	164	GRZEGORZ	GUCWA	M	1981	PL		BOBOWA	00:06:47,112	00:14:30,946	00:22:36,502	00:30:18
46	64	ŁUKASZ	KSIĄŻEK	M	1981	PL		KRAKÓW	00:05:37,922	00:13:40,019	00:22:49,960	00:30:46
47	65	JAKUB	KUKLIŃSKI	M	1982	PL		KRAKÓW	00:07:33,319	DNF	DNF	DNF

MIEJSCOWOŚĆ: Kraków

DATA:18.10.2014 .r

DYSTANS:5km

KATEGORIA: K40-49

Lp	Nr	Imie	Nazwisko	Płeć	Rok	Kraj	Klub	Miasto	1 Okr.	2 Okr.	3 Okr.	Wynik	inf	KAT./MC.
1	110	WIOLETTA	SOBOŃ	K	1974	PL		KRAKÓW	00:06:58,677	00:13:34,873	00:20:10,969	00:27:02		
2	93	EWA	OLECH	K	1972	PL		KRAKÓW	00:06:57,957	00:14:15,197	00:21:42,408	00:29:00		
3	129	JULITA	WAWRZYNÓW	K	1970	PL		KRAKÓW	00:08:23,622	00:16:35,435	00:24:36,148	00:32:02		
4	30	MONIKA	GANCARCZYK	K	1971	PL		KRAKÓW	00:08:03,971	00:17:07,607	00:26:35,824	00:35:18		
5	72	BARBARA	LEŚNA	K	1966	PL		RAWICZ	00:08:29,096	00:18:32,822	00:29:27,186	00:39:12		

MIEJSCOWOŚĆ: Kraków

DATA:18.10.2014 .r

DYSTANS:5km

KATEGORIA: M40-49

Lp	Nr	Imie	Nazwisko	Płeć	Rok	Kraj	Klub	Miasto	1 Okr.	2 Okr.	3 Okr.	Wynik	inf	KAT./MC.
1	39	MIROSŁAW	GRYCZ	M	1970	PL		KRAKÓW	00:04:24,525	00:09:13,061	00:14:20,151	00:19:16		



Przygotowane przez JKR OSTROWSKI www.pomiar-czasu.pl
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			BARANOWSKI	M	1969	PL		KATOWICE	00:05:03,410	00:10:15,402	00:15:25,125	00:20:23
			RAŚ	M	1972	PL		KRAKÓW	00:04:49,922	00:09:52,753	00:15:11,630	00:20:35
4	148	DARIUSZ	DONIEC	M	1972	PL		MICHAŁOWICE	00:05:08,664	00:10:21,021	00:15:43,823	00:20:51
5	143	JACEK	WENSIERSKI	M	1967	PL		KRAKÓW	00:04:51,789	00:10:04,838	00:15:33,510	00:20:55
6	142	PAWEŁ	PROKOP	M	1971	PL		KRAKÓW	00:05:22,600	00:10:46,092	00:16:15,413	00:21:39
7	107	KRZYSZTOF	SKIBICKI	M	1970	PL	DAMYRADE	OŚWIĘCIM	00:05:35,924	00:11:07,747	00:16:41,976	00:22:03
8	135	PIOTR	WRÓBEL	M	1974	PL		KRAKÓW	00:05:37,151	00:11:16,285	00:16:52,107	00:22:21
9	87	GRZEGORZ	MOSUREK	M	1972	PL		KRAKÓW	00:05:46,711	00:11:23,595	00:17:01,677	00:22:28
10	40	TADEUSZ	GRZYP	M	1967	PL		BOCHNIA	00:05:37,286	00:11:20,824	00:17:12,271	00:22:47
11	120	RYSZARD	ŚWIERCZEK	M	1965	PL	AMATOR	TARNÓW	00:05:35,564	00:11:26,401	00:17:29,039	00:23:06
12	58	PIOTR	KORDOWSKI	M	1971	PL		KRAKÓW	00:05:24,430	00:11:18,167	00:17:27,200	00:23:21
13	57	MARIUSZ	KONIECZNY	M	1971	PL		KRAKÓW	00:05:44,013	00:12:12,179	00:19:01,837	00:25:22
14	81	JERZY	MICHALIK	M	1968	PL		KRAKÓW	00:06:57,237	00:14:00,654	00:20:56,793	00:27:33
15	50	SŁAWOMIR	JUSZCZYŃKA	M	1972	PL	NOWA HUTA TEAM	KRAKÓW	00:07:27,679	00:14:56,283	00:22:38,282	00:28:56

MIEJSCOWOŚĆ: Kraków

DATA:18.10.2014 .r

DYSTANS:5km

KATEGORIA: K50-59

Lp	Nr	Imie	Nazwisko	Płeć	Rok	Kraj	Klub	Miasto	1 Okr.	2 Okr.	3 Okr.	Wynik	inf	KAT./MC.
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MIEJSCOWOŚĆ: Kraków

DATA:18.10.2014 .r

DYSTANS:5km

KATEGORIA: M50-59

Lp	Nr	Imie	Nazwisko	Płeć	Rok	Kraj	Klub	Miasto	1 Okr.	2 Okr.	3 Okr.	Wynik	inf	KAT./MC.
1	160	STASIU	ORLICKI	M	1959	PL		TYCHY	00:04:40,317	00:09:27,441	00:14:17,066	00:19:01		
2	147	RYSZARD	MACHLOWSKI	M	1963	PL		KRAKÓW	00:04:46,308	00:09:47,249	00:14:56,010	00:19:50		
3	95	EDWARD	OLIWA	M	1961	PL		KRAKÓW	00:05:14,800	00:11:03,332	00:16:59,217	00:22:33		
4	104	WACŁAW	RYS	M	1957	PL		MYSLENICE	00:05:42,712	00:11:47,338	00:18:01,081	00:23:54		
5	117	KRZYSZTOF	SROKA	M	1962	PL	-	KRAKÓW	00:05:36,264	00:11:28,326	00:17:43,993	00:23:57		
6	140	LESZEK	SZREŃIAWSKI	M	1959	PL		KRAKÓW	00:06:39,371	00:13:19,814	00:19:59,975	00:26:09		
7	31	KRZYSZTOF	GANCARCZYK	M	1963	PL		KRAKÓW	00:06:59,770	00:13:55,285	00:21:18,135	00:28:21		
8	119	MARIAN	STEFANCZYK	M	1962	PL		KRAKÓW	00:06:27,385	00:13:56,474	00:21:33,068	00:28:41		
9	152	JÓZEF	MISIARZ	M	1957	PL	---	KRAKÓW	00:07:10,927	00:15:02,151	00:22:44,340	00:30:22		
10	134	JERZY	WÓJCIK	M	1959	PL		KRAKÓW	00:06:42,015	00:14:18,385	00:22:17,857	00:30:31		

MIEJSCOWOŚĆ: Kraków

DATA:18.10.2014 .r

DYSTANS:5km

KATEGORIA: K60+

Lp	Nr	Imie	Nazwisko	Płeć	Rok	Kraj	Klub	Miasto	1 Okr.	2 Okr.	3 Okr.	Wynik	inf	KAT./MC.
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MIEJSCOWOŚĆ: Kraków

DATA:18.10.2014 .r

DYSTANS:5km

KATEGORIA: M60-69

Lp	Nr	Imie	Nazwisko	Płeć	Rok	Kraj	Klub	Miasto	1 Okr.	2 Okr.	3 Okr.	Wynik	inf	KAT./MC.
1	141	JAN	KORDOS	M	1949	PL	DYSTANS KRAKÓW	KRAKÓW	00:05:40,646	00:11:36,295	00:17:34,350	00:23:30		
2	75	ZDZISŁAW	MAMRO	M	1946	PL	NIEZRZESZONY	KRAKÓW	00:07:14,149	00:15:03,378	00:23:02,480	00:30:25		

MIEJSCOWOŚĆ: Kraków

DATA:18.10.2014 .r

DYSTANS:5km

KATEGORIA: M70+

Lp	Nr	Imie	Nazwisko	Płeć	Rok	Kraj	Klub	Miasto	1 Okr.	2 Okr.	3 Okr.	Wynik	inf	KAT./MC.
1	4	ŁUKASZ	AUGUSTYN	M	0	PL	OTG SOKÓŁ MIELEC	MIELEC	00:04:14,438	00:08:42,664	00:13:17,854	00:17:45		
2	171	KRZYSZTOF	BODZIOCH	M	0	PL		KRAKÓW	00:05:10,189	00:10:39,484	00:16:23,610	00:22:06		
3	172	ŁUKASZ	KUCHTA	M	0	PL		KRAKÓW	00:06:26,982	00:12:23,975	00:18:16,597	00:24:09		
4	175	DAMIAN	MALINOWSKI	M	0	PL		KRAKÓW	00:05:16,350	00:11:24,506	00:17:49,179	00:24:12		
5	182	PAWEŁ	WORYTKO	M	0	PL		.	00:06:20,823	00:13:45,203	00:21:19,078	00:28:33		
6	153	ANDRZEJ	SICIARZ	M	1936	PL	SKI	KRAKÓW	00:07:37,439	00:17:01,236	00:25:56,995	00:34:38		