


Organizator: Gmina Miejska Kraków, Zarząd Infrastruktury Sportowej w Krakowie

Termin: 22.04.2012

Miejsce: Kraków

Dystans: 41,195km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]							
Check pts:	5km	10km	15km	21km	27km	32km	37km	40km							
1	14	KARIUKI WANJIRU Peter		 KEN		80M30/1	(M)1	02:12:11	02:12:11	03.07					
								0:16:06 / 2	0:31:12 / 1	0:46:50 / 1	1:05:46 / 2	1:23:02 / 1	1:38:43 / 1	1:53:06 / 1	2:05:00 / 1
2	6	KIRUI Edwin		 KEN		84M20/1	(M)2	02:12:37	02:12:34	03.08					
								0:16:07 / 5	0:31:23 / 3	0:47:01 / 3	1:05:47 / 3	1:23:21 / 3	1:39:05 / 3	1:53:29 / 2	2:05:40 / 2
3	3	MUSSA STAREHE Faustin		 TAN		85M20/2	(M)3	02:13:02	02:12:58	03.09					
								0:16:07 / 3	0:31:24 / 4	0:47:01 / 4	1:05:48 / 4	1:23:21 / 2	1:39:05 / 2	1:53:31 / 3	2:05:43 / 3
4	3264	SERGEEV Andrei	ROSLOVL	 RUS		87M20/3	(M)4	02:17:46	02:17:46	03.15					
								0:16:23 / 9	0:32:21 / 6	0:48:29 / 6	1:07:57 / 5	1:26:20 / 5	1:42:56 / 5	1:58:17 / 5	2:10:44 / 4
5	5	KIPKORIR KIBET Sammy		 KEN		85M20/4	(M)5	02:20:54	02:20:51	03.20					
								0:16:07 / 4	0:31:12 / 2	0:46:50 / 2	1:05:46 / 1	1:24:02 / 4	1:40:58 / 4	1:57:13 / 4	2:12:13 / 5
6	1	MWANZIA MUSSAU Denis		 KEN		83M20/5	(M)6	02:20:54	02:20:52	03.20					
								0:16:07 / 7	0:31:31 / 5	0:47:57 / 5	1:07:57 / 6	1:26:23 / 6	1:43:43 / 6	2:00:13 / 6	2:13:36 / 6
7	28	RYBACZENKO Oksyj		 UKR		76M30/2	(M)7	02:26:06	02:26:05	03.27					
								0:16:07 / 8	0:32:31 / 8	0:49:30 / 8	1:10:26 / 7	1:30:23 / 7	1:48:07 / 7	2:04:50 / 7	2:18:20 / 7
8	10	ZMAZNEV Illya		 RUS		86M20/6	(M)8	02:27:31	02:27:29	03.29					
								0:16:50 / 10	0:33:41 / 9	0:51:08 / 9	1:12:09 / 9	1:31:24 / 8	1:48:55 / 8	2:05:29 / 8	2:19:17 / 8
9	15	ROGOVOI Victor		 UKR		65M40/1	(M)9	02:31:28	02:31:26	03.35					
								0:17:29 / 11	0:34:44 / 10	0:52:17 / 11	1:13:57 / 10	1:34:13 / 10	1:52:36 / 10	2:09:28 / 9	2:23:29 / 9
10	3265	HEDUEDEN Vasilij	SMOLENSK	 RUS		70M40/2	(M)10	02:32:41	02:32:39	03.37					
								0:17:29 / 12	0:34:45 / 12	0:52:27 / 12	1:14:21 / 12	1:34:45 / 13	1:52:56 / 11	2:10:13 / 10	2:24:19 / 10
11	48	GUZYKIN Wladimir		 RUS		69M40/3	(M)11	02:33:06	02:33:04	03.37					
								0:18:17 / 15	0:35:36 / 14	0:52:55 / 13	1:14:21 / 13	1:34:45 / 12	1:53:12 / 12	2:10:37 / 11	2:24:51 / 11
12	20	BONDARENKO Wladimir		 RUS		88M20/7	(M)12	02:35:29	02:35:27	03.41					
								0:17:30 / 13	0:34:45 / 11	0:52:17 / 10	1:13:57 / 11	1:34:16 / 11	1:53:25 / 13	2:11:47 / 13	2:27:04 / 13
13	4	KIPKEMBOI SEREM Francis		 KEN		77M30/3	(M)13	02:36:39	02:36:39	03.42					
								0:16:07 / 6	0:32:31 / 7	0:49:29 / 7	1:11:06 / 8	1:32:17 / 9	1:52:02 / 9	2:11:06 / 12	2:26:56 / 12
14	242	CZYŻ Grzegorz	BOGUMIŁOWICE	 POL	AUTOMATYKA-TARNÓW	67M40/4	(M)14	02:36:53	02:36:51	03.43					
								0:18:46 / 20	0:36:48 / 19	0:55:02 / 18	1:17:12 / 19	1:38:00 / 17	1:56:33 / 14	2:14:09 / 14	2:28:38 / 15
15	32	KIMANI Lucia		 BIH		80K30/1	(K)1	02:36:54	02:36:50	03.43					
								0:18:46 / 19	0:36:48 / 20	0:55:02 / 19	1:17:12 / 18	1:38:01 / 18	1:56:33 / 15	2:14:09 / 15	2:28:38 / 14
16	143	MRÓZ Arkadiusz	KRAKÓW	 POL	MRÓZ RUNNING TEAM	91M20/8	(M)15	02:37:31	02:37:28	03.43					
								0:18:02 / 14	0:36:35 / 18	0:55:11 / 20	1:17:43 / 20	1:38:40 / 19	1:57:34 / 18	2:15:14 / 17	2:29:26 / 16
17	2017	DZIĘGIELEWSKI Marek	DLUŻNIEWO	 POL	KB IM.PIOTRA SĘKOWSKIEGO	62M50/1	(M)16	02:40:26	02:40:24	03.48					
								0:18:27 / 17	0:36:23 / 15	0:54:14 / 17	1:16:19 / 15	1:37:37 / 14	1:56:34 / 16	2:15:01 / 16	2:31:04 / 17
18	3266	TRENER Dariusz	KRAKÓW	 POL		70M40/5	(M)17	02:40:29	02:40:11	03.47					
								0:19:06 / 26	0:37:58 / 25	0:56:55 / 24	1:19:52 / 21	1:41:21 / 21	2:00:23 / 20	2:18:07 / 19	2:32:32 / 20
19	34	ZUYEVA Anastasiya		 RUS		92K20/1	(K)2	02:40:41	02:40:41	03.48					
								0:19:06 / 25	0:37:58 / 23	0:56:55 / 25	1:19:53 / 22	1:41:18 / 20	2:00:23 / 21	2:18:08 / 20	2:32:32 / 19
20	30	CIOLEK Agnieszka		 POL		85K20/2	(K)3	02:41:32	02:41:31	03.49					
								0:18:26 / 16	0:36:23 / 16	0:54:14 / 16	1:16:19 / 16	1:37:37 / 15	1:57:18 / 17	2:16:18 / 18	2:32:28 / 18
21	2077	FERLAK Marcin	CHRZANÓW	 POL	FALSTART CHRZANÓW	75M30/4	(M)18	02:42:31	02:42:26	03.50					
								0:19:35 / 40	0:38:40 / 31	0:57:33 / 27	1:20:42 / 27	1:42:09 / 24	2:01:19 / 22	2:19:18 / 22	2:34:02 / 21
22	2810	GLAJCAR Jakub	WISLA	 POL	WISLA	84M20/9	(M)19	02:42:55	02:42:55	03.51					
								0:19:35 / 41	0:34:52 / 13	0:53:07 / 14	1:15:54 / 14	1:37:50 / 16	1:58:36 / 19	2:18:23 / 21	2:34:16 / 22
23	504	LAITINEN Otto	HELSINKI	 FIN	SALAI-EVENTS OY	84M20/10	(M)20	02:45:07	02:45:02	03.54					
								0:18:49 / 22	0:37:34 / 22	0:56:39 / 22	1:20:16 / 25	1:42:16 / 25	2:02:20 / 25	2:21:17 / 24	2:36:30 / 23

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
24	3319	KULMATICIY Marat	ST. PETERSBURG	RUS		86M20/11		(M)21	02:45:09	02:45:08 03.54
		0:19:34 / 36	0:38:41 / 36	0:58:12 / 35	1:22:23 / 35	1:44:15 / 31	2:03:20 / 27	2:21:26 / 25	2:36:31 / 24	
25	41	REZKAYA Volha		BLR		85K20/3		(K)4	02:46:05	02:46:05 03.56
		0:19:34 / 38	0:38:39 / 28	0:57:33 / 28	1:20:40 / 26	1:42:28 / 26	2:02:06 / 23	2:21:13 / 23	2:36:54 / 25	
26	1513	GÓRNIK Ireneusz	RYDUŁTOWY	POL	/ KS AZS AWF KRAKÓW	89M20/12		(M)22	02:46:34	02:46:23 03.56
		0:19:34 / 33	0:38:40 / 33	0:58:12 / 33	1:22:22 / 31	1:44:15 / 30	2:03:13 / 26	2:21:55 / 26	2:37:41 / 26	
27	1576	ŁUBKOWSKI Artur	WOLSZTYN	POL	/ BIEGANIE.PL	84M20/13		(M)23	02:49:24	02:49:20 04.00
		0:20:25 / 79	0:40:35 / 73	1:00:54 / 73	1:25:36 / 65	1:48:12 / 60	2:08:25 / 55	2:26:51 / 43	2:41:22 / 32	
28	239	MACIÓŁ Andrzej	KRAKÓW	POL	/ AZS-AWF MASTERS KRAKOW	54M50/2		(M)24	02:49:34	02:49:33 04.01
		0:19:33 / 32	0:38:40 / 34	0:58:10 / 30	1:21:46 / 30	1:44:29 / 32	2:05:13 / 31	2:24:37 / 29	2:40:34 / 27	
29	866	WOJCIK Janusz	RABA WYŻNA	POL	/ MOK MSZANA DOLNA	64M40/6		(M)25	02:49:48	02:49:47 04.01
		0:20:10 / 63	0:40:20 / 67	1:00:37 / 66	1:25:10 / 57	1:47:43 / 54	2:07:59 / 48	2:26:25 / 40	2:41:20 / 31	
30	2798	STUDNIAREK Adam	JEZOW SUDECKI	POL		88M20/14		(M)26	02:49:58	02:49:37 04.01
		0:19:47 / 47	0:39:17 / 47	0:59:02 / 45	1:23:16 / 44	1:46:00 / 40	2:06:33 / 37	2:25:32 / 33	2:41:17 / 30	
31	357	KĘSY Marcin	POZNAŃ	POL	/ KB MANIAC POZNAŃ	85M20/15		(M)27	02:50:00	02:49:58 04.01
		0:20:24 / 73	0:40:35 / 75	1:00:54 / 70	1:25:34 / 64	1:48:13 / 61	2:08:25 / 53	2:26:51 / 42	2:41:34 / 34	
32	855	KANA Frantisek	KEZMAROK	SVK	/ KEZMAROK HROM DO PIECKY	75M30/5		(M)28	02:50:00	02:49:58 04.01
		0:20:24 / 74	0:38:53 / 41	0:58:25 / 43	2:05:39 / 2102	1:48:13 / 62	2:08:25 / 54	2:24:50 / 30	2:40:55 / 29	
33	36	SOLOVEYEVA Natalia		RUS		82K30/2		(K)5	02:50:37	02:50:34 04.02
		0:19:34 / 37	0:38:41 / 35	0:58:12 / 32	1:22:24 / 36	1:45:20 / 37	2:06:02 / 36	2:25:20 / 32	2:41:28 / 33	
34	475	ŚWIĘTEK Andrzej	LESZNO	POL	/ DRUŻYNA SZPIKU	59M50/3		(M)29	02:50:56	02:50:54 04.03
		0:19:20 / 31	0:38:39 / 30	0:58:13 / 38	1:22:37 / 37	1:46:01 / 41	2:06:41 / 38	2:25:57 / 36	2:41:45 / 35	
35	3313	KAFEL Jacek		POL		76M30/6		(M)30	02:51:03	02:50:58 04.03
		0:19:09 / 27	0:37:58 / 26	0:56:51 / 23	1:19:53 / 23	1:41:54 / 22	2:02:16 / 24	2:23:15 / 27	2:40:38 / 28	
36	1580	POLANSKI Tomasz	BYDGOSZCZ	POL	/ CIEPLOBUD	75M30/7		(M)31	02:51:15	02:51:08 04.03
		0:19:59 / 55	0:39:30 / 48	0:59:12 / 46	1:23:10 / 43	1:45:55 / 39	2:06:48 / 39	2:26:36 / 41	2:42:33 / 37	
37	1741	TOPA Jerzy	CHRZANÓW	POL	/ FALSTART CHRZANÓW	65M40/7		(M)32	02:52:07	02:52:00 04.04
		0:19:59 / 56	0:40:05 / 60	0:59:53 / 57	1:23:55 / 49	1:46:29 / 46	2:06:49 / 41	2:26:25 / 39	2:42:36 / 38	
38	2115	DUCHINSKI Wojciech	OSIELSKO	POL	/ IWSP SZ BYDGOSZCZ	69M40/8		(M)33	02:52:46	02:52:23 04.05
		0:19:44 / 44	0:38:57 / 43	0:58:15 / 39	1:22:23 / 33	1:44:54 / 33	2:05:45 / 34	2:25:51 / 34	2:42:45 / 39	
39	288	PREISNER Robert	PRZEMYSŁ	POL	/ PRZEMYSKI KS NIEWIDOMYCH "PODKARPACIE"	68M40/9		(M)34	02:52:48	02:52:44 04.05
		0:20:17 / 65	0:40:04 / 58	0:59:51 / 54	1:23:53 / 47	1:46:28 / 45	2:06:49 / 40	2:26:24 / 38	2:43:00 / 42	
40	8	KĘDZIERSKI Kamil		POL	/ NYSA BIEGA	89M20/16		(M)35	02:52:58	02:52:56 04.05
		0:18:30 / 18	0:36:24 / 17	0:54:14 / 15	1:16:22 / 17	1:42:09 / 23	2:04:00 / 28	2:23:54 / 28	2:41:51 / 36	
41	3339	PRÓSZYŃSKI Romuald	PULAWY	POL	/ CHEMIK PULAWY	69M40/10		(M)36	02:53:04	02:52:59 04.05
		0:19:34 / 35	0:38:39 / 29	0:58:05 / 29	1:21:46 / 29	1:45:06 / 36	2:05:53 / 35	2:25:59 / 37	2:42:50 / 40	
42	1695	KOBAJLO Ryszard	GRÓDEK N/DUNAJCEM	POL	/ TTKF-CZARNI KATOWICE	62M50/4		(M)37	02:53:09	02:53:05 04.06
		0:19:05 / 24	0:37:58 / 24	0:57:04 / 26	1:20:44 / 28	1:43:18 / 28	2:04:57 / 29	2:25:15 / 31	2:42:54 / 41	
43	1710	SEWERYN Andrzej	CHELM ŚLĄSKI	POL	/ WAMPOL MYSLOWICE	78M30/8		(M)38	02:53:15	02:52:56 04.05
		0:20:44 / 83	0:40:29 / 69	1:00:37 / 65	1:25:21 / 59	1:48:05 / 59	2:08:29 / 56	2:27:49 / 47	2:43:57 / 44	
44	771	JASEK Tadeusz	RADZIECHOWY	POL		51M60/1		(M)39	02:53:52	02:53:49 04.07
		0:19:11 / 28	0:38:40 / 32	0:58:13 / 36	1:22:38 / 38	1:46:02 / 42	2:07:15 / 44	2:27:24 / 45	2:43:57 / 45	
45	177	CZECH Robert	KRAKÓW	POL	/ AZS-AWF MASTERS KRAKÓW	78M30/9		(M)40	02:53:54	02:53:51 04.07
		0:20:18 / 69	0:40:19 / 63	1:00:37 / 67	1:25:33 / 62	1:48:27 / 63	2:09:20 / 59	2:28:47 / 53	2:45:00 / 49	
46	448	TÖLLI Tuomas	NURMIJÄRVI	FIN	/ LEPPÄVAARAN SISU	82M30/10		(M)41	02:54:20	02:54:18 04.07
		0:19:39 / 43	0:38:53 / 40	0:58:12 / 34	1:22:23 / 34	1:44:54 / 35	2:05:40 / 32	2:25:51 / 35	2:43:33 / 43	
47	1727	MAKOWIEC Robert	TUCHÓW	POL	/ FESTIWAL BIEGOWY W KRYNICY	75M30/11		(M)42	02:54:24	02:54:23 04.07
		0:20:18 / 70	0:40:03 / 57	0:59:53 / 56	2:07:44 / 2209	1:46:51 / 50	2:05:40 / 33	2:27:53 / 49	2:44:55 / 48	
48	945	ŽUK Marek	PRZEMYSŁ	POL		80M30/12		(M)43	02:54:42	02:54:40 04.08
		0:20:17 / 68	0:40:04 / 59	0:59:52 / 55	1:23:54 / 48	1:46:51 / 49	2:07:43 / 45	2:27:53 / 48	2:44:54 / 47	
49	637	TOMASIAK Robert	RYTRO	POL	/ VISEGRAD MARATON RYTRO	70M40/11		(M)44	02:54:52	02:54:42 04.08
		0:20:17 / 67	0:41:51 / 100	1:02:16 / 89	1:27:30 / 80	1:50:52 / 76	2:11:35 / 69	2:30:38 / 59	2:46:10 / 50	
50	124	MARYANSKI Krzysztof	RYBNIK	POL		83M20/17		(M)45	02:55:06	02:55:00 04.08
		0:19:56 / 53	0:39:33 / 51	0:59:20 / 48	1:23:30 / 45	1:46:39 / 48	2:08:11 / 52	2:28:00 / 50	2:44:46 / 46	
51	1884	CHOJNACKI Jakub	BIELSKO-BIAŁA	POL	/ MARATONYPOLSKIE.PL TEAM	74M30/13		(M)46	02:55:22	02:55:19 04.09
		0:20:49 / 91	0:41:26 / 87	1:02:08 / 84	1:27:13 / 77	1:50:24 / 70	2:10:56 / 62	2:30:14 / 57	2:46:13 / 52	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
52	1149	ROCZKOWSKI Artur	RYBNIK		POL / SBD ENERGETYK RYBNIK	65M40/12			(M)47	02:55:48	02:55:30 04.09
		0:20:09 / 61	0:39:39 / 52	0:59:38 / 50	1:23:50 / 46	1:47:00 / 51	2:08:37 / 57	2:29:01 / 54	2:46:13 / 51		
53	961	PRZEWOŹNIK Marek	BRZESZCZE		POL / ZADYSZKA OŚWIĘCIM	63M40/13			(M)48	02:55:53	02:55:48 04.10
		0:20:44 / 84	0:41:02 / 80	1:01:30 / 78	1:26:46 / 73	1:50:20 / 69	2:11:17 / 65	2:30:42 / 60	2:46:43 / 55		
54	559	WASZKIEWICZ Tomasz	SZCZECIN		POL / TT SZCZECIN	82M30/14			(M)49	02:56:16	02:56:10 04.10
		0:21:04 / 99	0:41:34 / 90	1:02:34 / 90	1:27:51 / 82	1:51:16 / 79	2:12:05 / 71	2:31:12 / 62	2:47:06 / 57		
55	819	MUDZIEJEWSKI Jarosław	BYDGOSZCZ		POL / NIEZRZESZONY	75M30/15			(M)50	02:56:38	02:56:31 04.11
		0:21:13 / 127	0:42:08 / 109	1:02:55 / 104	1:28:18 / 91	1:51:59 / 89	2:13:00 / 78	2:32:09 / 67	2:47:33 / 58		
56	1105	PANTSEVICH Andrei	GRODNO		BLR	66M40/14			(M)51	02:56:42	02:56:34 04.11
		0:19:36 / 42	0:38:52 / 38	0:58:25 / 42	1:22:46 / 40	1:46:33 / 47	2:08:44 / 58	2:30:13 / 56	2:47:05 / 56		
57	1686	GODEK Paweł	WARSZAWA		POL / DELOITTE ADVENTURE TEAM/SGH	87M20/18			(M)52	02:56:44	02:56:30 04.10
		0:20:17 / 66	0:40:19 / 65	1:00:23 / 60	1:25:04 / 55	1:47:44 / 56	2:08:04 / 50	2:28:06 / 51	2:46:16 / 53		
58	2555	MORAWCZYŃSKI Konrad	DĘBICA		POL / KB MARATOŃCZYK DĘBICA	75M30/16			(M)53	02:56:58	02:56:49 04.11
		0:21:10 / 105	0:42:22 / 125	1:03:57 / 138	1:29:37 / 120	1:53:26 / 114	2:14:22 / 91	2:33:10 / 75	2:48:17 / 60		
59	2497	NAGY György	BUDAPEST		HUN	73M30/17			(M)54	02:57:27	02:57:18 04.12
		0:20:05 / 59	0:39:47 / 53	0:59:39 / 52	1:24:12 / 51	1:47:09 / 52	2:08:02 / 49	2:28:41 / 52	2:46:40 / 54		
60	1965	OCHOCIŃSKI Mariusz	WŁOCŁAWEK		POL	73M30/18			(M)55	02:57:53	02:57:48 04.12
		0:19:51 / 49	0:39:33 / 50	0:59:29 / 49	1:24:08 / 50	1:47:10 / 53	2:10:05 / 60	2:31:13 / 63	2:48:31 / 62		
61	16	CHERKES Sergey			UKR	81M30/19			(M)56	02:58:06	02:58:05 04.13
		0:18:49 / 21	0:37:29 / 21	0:56:34 / 21	1:20:09 / 24	1:43:29 / 29	2:05:08 / 30	2:27:28 / 46	2:47:48 / 59		
62	40	MALYSHEVA Maryia			RUS	90K20/4			(K)6	02:58:19	02:58:17 04.13
		0:20:10 / 62	0:40:20 / 66	1:00:54 / 72	1:26:23 / 70	1:50:33 / 73	2:12:10 / 73	2:32:34 / 69	2:49:13 / 64		
63	3318	VINOGRADOV Yury	ST. PETERSBURG		RUS	79M30/20			(M)57	02:58:19	02:58:18 04.13
		0:20:50 / 93	0:41:49 / 93	1:02:40 / 93	1:28:16 / 88	1:52:13 / 94	2:12:10 / 72	2:32:34 / 70	2:49:13 / 65		
64	1828	NIC Jakub	INOWROCLAW		POL / TRI - SPORT NIEMCZ	77M30/21			(M)58	02:58:20	02:58:07 04.13
		0:21:09 / 101	0:41:50 / 97	1:02:41 / 96	1:28:16 / 87	1:52:00 / 90	2:13:06 / 79	2:33:08 / 74	2:49:15 / 66		
65	2047	LEMANSKI Jakub	WEJHEROWO		POL / KS WEJHER	92M20/19			(M)59	02:58:26	02:58:18 04.13
		0:21:09 / 103	0:42:12 / 115	1:03:13 / 113	1:29:14 / 113	1:52:00 / 91	2:14:25 / 97	2:33:53 / 82	2:49:32 / 69		
66	1554	KUTRYŃ Łukasz	BISZCZA		POL	85M20/20			(M)60	02:58:39	02:58:33 04.13
		0:19:46 / 46	0:38:53 / 39	0:58:24 / 40	1:22:46 / 41	1:46:06 / 43	2:07:54 / 46	2:29:22 / 55	2:48:27 / 61		
67	2430	PORĘBA Jacek	NOWY SĄCZ		POL / VISEGRAD MARATON RYTRO	71M40/15			(M)61	02:59:01	02:58:51 04.14
		0:21:11 / 117	0:41:49 / 94	1:02:15 / 88	1:27:29 / 79	1:51:21 / 80	2:12:39 / 76	2:32:30 / 68	2:49:26 / 68		
68	792	CHWISTEK Damian	DĄBROWA GÓRNICZA		POL / POGORIA BIEGA	86M20/21			(M)62	02:59:01	02:58:46 04.14
		0:20:24 / 75	0:40:35 / 76	1:00:31 / 62	2:08:44 / 2317	1:47:45 / 57	2:12:39 / 75	2:30:21 / 58	2:48:48 / 63		
69	1335	GRUCA Zdzisław	RĄCZNA		POL	69M40/16			(M)63	02:59:10	02:59:06 04.14
		0:21:27 / 158	0:42:41 / 144	1:03:59 / 145	1:29:37 / 119	1:53:27 / 118	2:14:43 / 103	2:34:17 / 90	2:50:08 / 74		
70	2237	BRACHMAN Tomasz	KRAKÓW		POL	80M30/22			(M)64	02:59:14	02:58:58 04.14
		0:20:06 / 60	0:39:04 / 45	0:58:11 / 31	1:22:23 / 32	1:44:54 / 34	2:06:55 / 43	2:31:02 / 61	2:49:54 / 71		
71	2129	CADER Agnieszka	ZABIERZÓW		POL	83K20/5			(K)7	02:59:16	02:59:02 04.14
		0:21:37 / 193	0:42:42 / 152	1:03:57 / 135	2:14:27 / 2498	1:53:27 / 117	2:06:55 / 42	2:34:04 / 84	2:50:17 / 76		
72	2387	DYRLAGA Marcin	WĘGIERSKA GÓRKA		POL / KS HALNY WĘGIERSKA GÓRKA	84M20/22			(M)65	02:59:23	02:59:16 04.14
		0:21:13 / 130	0:42:08 / 108	1:02:56 / 106	1:28:18 / 92	1:51:59 / 87	2:13:00 / 77	2:32:38 / 72	2:49:35 / 70		
73	2303	LUBOMSKI Krzysztof	ZAGÓRZ		POL / SGMM SANOK	88M20/23			(M)66	02:59:29	02:59:22 04.15
		0:21:13 / 129	0:42:23 / 133	1:03:27 / 124	1:29:14 / 112	1:51:59 / 86	2:14:14 / 88	2:33:50 / 80	2:50:17 / 77		
74	2151	LISIECKI Bartosz	POZNAŃ		POL	78M30/23			(M)67	02:59:33	02:59:25 04.15
		0:21:31 / 174	0:42:42 / 149	1:03:55 / 132	1:29:37 / 121	1:53:26 / 113	2:14:23 / 92	2:33:46 / 79	2:50:13 / 75		
75	2705	BŁASZCZAK Andrzej	KOŚCIELISKO		POL / TG "SOKÓŁ" ZAKOPANE	61M50/5			(M)68	02:59:36	02:59:34 04.15
		0:20:50 / 92	0:41:26 / 88	1:02:02 / 82	1:27:04 / 76	1:50:32 / 72	2:11:24 / 66	2:31:31 / 64	2:49:17 / 67		
76	1164	KJANKA Artur	ZIELONKI		POL	68M40/17			(M)69	02:59:37	02:59:32 04.15
		0:21:10 / 112	0:42:18 / 120	1:03:26 / 121	1:29:13 / 105	1:53:00 / 103	2:14:23 / 94	2:33:53 / 83	2:50:05 / 72		
77	1016	ŁUKASZEWICZ Józef	RUMIA		POL / NIEZRZESZONY	58M50/6			(M)70	02:59:47	02:59:42 04.15
		0:20:47 / 85	0:41:23 / 81	1:02:08 / 85	2:12:41 / 2444	1:51:24 / 82	2:14:23 / 93	2:33:20 / 77	2:50:06 / 73		
78	117	MACHLOWSKI Łukasz	KRAKÓW		POL	86M20/24			(M)71	02:59:47	02:59:44 04.15
		0:21:05 / 100	0:42:09 / 110	1:02:57 / 108	1:28:46 / 100	1:52:39 / 100	2:14:15 / 89	2:34:08 / 87	2:50:18 / 78		
79	1735	KORAB Robert	RZESZÓW		POL / RZESZOWSKIE GAZELE I GEPARDY	70M40/18			(M)72	02:59:56	02:59:48 04.15
		0:21:28 / 162	0:42:42 / 154	1:03:57 / 133	1:29:38 / 126	1:53:26 / 115	2:14:27 / 100	2:34:04 / 86	2:50:25 / 80		
80	508	FILUŚ Stanisław	MYSŁOWICE		POL / KRS TRIATHLON DG	65M40/19			(M)73	03:00:14	03:00:09 04.16
		0:21:12 / 119	0:42:19 / 123	1:03:26 / 122	1:29:13 / 107	1:53:01 / 105	2:14:25 / 98	2:34:13 / 89	2:50:46 / 83		

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
81	931	CZAPKA Norbert	BRZEG	POL		71M40/20		(M)74		03:00:33	02:59:23 04.15
		0:23:05 / 282 0:44:04 / 222	1:05:02 / 190 1:30:57 / 155		1:54:58 / 152 2:16:21 / 118					2:36:02 / 102 2:51:37 / 88	
82	431	FLIDR Jan	KRALUPY N.V.	CZE	/ MK Kladno	57M50/7		(M)75		03:00:34	03:00:31 04.16
		0:20:51 / 94 0:41:51 / 99	1:02:42 / 99 1:28:42 / 98		1:53:01 / 106 2:14:26 / 99					2:34:09 / 88 2:50:47 / 84	
83	1076	DUDA Bronisław	LASEK	POL		63M40/21		(M)76		03:00:45	02:59:55 04.15
		0:21:20 / 141 0:41:24 / 84	1:01:48 / 79 1:26:53 / 74		1:50:36 / 75 2:12:24 / 74					2:33:30 / 78 2:51:22 / 87	
84	2452	KĄCKI Paweł	WARSZAWA	POL	/ KB ACTIVESPORTS WARSZAWA	75M30/24		(M)77		03:00:53	03:00:39 04.16
		0:21:10 / 109 0:41:58 / 105	1:02:44 / 103 1:28:06 / 84		1:51:59 / 88 2:13:57 / 86					2:33:52 / 81 2:50:51 / 85	
85	2032	RAWSKI Mateusz	LUBACZÓW	POL	/ "LEONIDAS" LUKAWIEC	82M30/25		(M)78		03:01:02	03:00:59 04.17
		0:21:32 / 179 0:43:04 / 186	1:04:52 / 183 1:30:23 / 143		1:53:02 / 108 2:13:15 / 81					2:33:12 / 76 2:50:39 / 81	
86	2397	GRZELAK Adrian	TUREK	POL		88M20/25		(M)79		03:01:22	03:01:04 04.17
		0:21:29 / 164 0:42:43 / 159	1:03:59 / 143 1:29:38 / 127		1:53:26 / 112 2:14:27 / 101					2:34:04 / 85 2:50:21 / 79	
87	2794	KAMUSIŃSKI Paweł	RADOM	POL	/ NIEZRZESZONY	80M30/26		(M)80		03:01:37	03:01:29 04.18
		0:21:12 / 118 0:42:22 / 127	1:04:00 / 148 1:30:03 / 138		1:54:38 / 140 2:16:00 / 116					2:35:34 / 95 2:52:20 / 92	
88	2421	KALICIŃSKI Bogusław	KRAKÓW	POL	/ AZS AWF MASTERS KRAKÓW	61M50/8		(M)81		03:01:48	03:01:44 04.18
		0:21:15 / 135 0:42:16 / 117	1:03:23 / 119 1:29:19 / 115		1:53:36 / 123 2:15:23 / 110					2:35:50 / 98 2:52:23 / 93	
89	1781	WAŻNY Stanisław	LUBACZÓW	POL	/ KLUB BIEGACZA LUBACZÓW	79M30/27		(M)82		03:01:55	03:01:49 04.18
		0:21:31 / 176 0:43:04 / 185	1:04:53 / 184 1:30:45 / 151		1:54:44 / 142 2:15:52 / 115					2:35:46 / 97 2:52:18 / 91	
90	3334	BARCHENKOV Michail	ST. PETERSBURG	RUS		72M40/22		(M)83		03:02:11	03:02:07 04.18
		0:20:48 / 87 0:41:49 / 95	1:02:41 / 94 1:28:16 / 86		1:52:16 / 97 2:13:54 / 85					2:34:38 / 91 2:52:16 / 90	
91	3000	MAJ Tadeusz	KRAKÓW	POL	/ AZS AWF MASTERS KRAKÓW	63M40/23		(M)84		03:02:16	03:02:14 04.19
		0:19:34 / 34 0:38:51 / 37	0:58:25 / 41 1:22:44 / 39		1:46:24 / 44 2:08:10 / 51					2:31:56 / 66 2:51:13 / 86	
92	1467	WYSZYŃSKI Bernard	WARSZAWA	POL	/ KB ACTIVESPORTS WARSZAWA	78M30/28		(M)85		03:02:40	03:02:35 04.19
		0:21:20 / 140 0:42:43 / 156	1:03:46 / 126 1:29:33 / 117		1:53:31 / 121 2:14:56 / 107					2:35:15 / 93 2:52:27 / 94	
93	3496	WILK Dariusz	BEDZIN	POL	/ NIEZRZESZONY	77M30/29		(M)86		03:02:50	03:02:40 04.19
		0:20:39 / 82 0:40:35 / 72	1:00:53 / 69 1:25:34 / 63		1:48:50 / 66 2:10:43 / 61					2:31:43 / 65 2:50:45 / 82	
94	108	ZYCH Dariusz	PIŁA	POL	/ KB 4RUN TEAM PIŁA	70M40/24		(M)87		03:03:14	03:03:12 04.20
		0:19:35 / 39 0:39:05 / 46	0:59:12 / 47 1:24:15 / 52		1:48:36 / 65 2:11:01 / 63					2:32:35 / 71 2:52:05 / 89	
95	3002	BIAŁONSKI Michał	KRAKÓW	POL	/ INTERIA.PL RUNNERS TEAM	71M40/25		(M)88		03:03:17	03:03:13 04.20
		0:21:10 / 106 0:42:17 / 118	1:03:48 / 129 1:29:37 / 123		1:53:50 / 129 2:16:30 / 123					2:37:35 / 114 2:54:03 / 99	
96	3491	STĘPIEN Zenon	KIELCE	POL		63M40/26		(M)89		03:03:29	03:03:05 04.20
		0:23:14 / 290 0:44:27 / 238	1:05:51 / 215 1:31:47 / 177		1:56:01 / 159 2:17:21 / 135					2:37:35 / 115 2:54:01 / 98	
97	3363	LATAŁA Krzysztof	KRAKÓW	POL	/ VEGE RUNNERS	81M30/30		(M)90		03:03:38	03:03:31 04.20
		0:21:24 / 149 0:42:41 / 142	1:04:00 / 147 1:29:37 / 122		1:53:27 / 119 2:14:46 / 104					2:35:57 / 100 2:54:22 / 101	
98	2711	SOSNA Bartłomiej	KRAKÓW	POL	/ VEGE RUNNERS	81M30/31		(M)91		03:03:59	03:03:52 04.21
		0:21:24 / 150 0:42:42 / 146	1:04:00 / 150 1:29:37 / 124		1:53:27 / 116 2:14:28 / 102					2:34:49 / 92 2:53:13 / 95	
99	2434	TERMAN Dariusz	LUBOWIDZ	POL	/ 1 ŁĘBORSKI BATALION ZMECHANIZOWANY	79M30/32		(M)92		03:04:19	03:04:13 04.21
		0:23:03 / 281 0:44:39 / 249	1:06:17 / 223 1:32:22 / 186		1:56:26 / 171 2:17:42 / 141					2:37:57 / 117 2:54:38 / 103	
100	1058	DE FAZIO Riccardo	ROMA	ITA	/ UISP ROMA	64M40/27		(M)93		03:04:26	03:04:19 04.22
		0:21:58 / 209 0:43:25 / 198	1:05:14 / 197 1:31:41 / 173		1:56:10 / 166 2:18:08 / 148					2:38:37 / 123 2:55:08 / 106	
101	2178	MOKRZYCKI Rafał	INOWROCŁAW	POL		75M30/33		(M)94		03:04:35	03:04:26 04.22
		0:21:13 / 123 0:41:34 / 89	1:02:34 / 91 2:15:32 / 2550		1:52:33 / 98 2:18:08 / 149					2:36:09 / 104 2:53:53 / 96	
102	762	BORKOWSKI Aleksander	SWINOUJSCIE	POL	/ MARYNARKA WOJENNA SWINOUJSCIE	56M50/9		(M)95		03:04:41	03:04:36 04.22
		0:20:47 / 86 0:41:23 / 83	1:02:12 / 86 1:27:52 / 83		1:52:00 / 92 2:14:20 / 90					2:36:11 / 106 2:54:22 / 102	
103	3129	ŁYDEK Paweł	GRABOWA	POL		88M20/26		(M)96		03:04:42	03:04:34 04.22
		0:22:58 / 272 0:44:51 / 255	1:06:44 / 236 1:33:52 / 210		1:57:55 / 187 2:19:10 / 164					2:38:47 / 125 2:55:06 / 105	
104	75	SZPAK Damian	TYCHY	POL	/ BIEGAJZNA.MI.PL	61M50/10		(M)97		03:04:43	03:04:35 04.22
		0:21:28 / 161 0:42:42 / 153	1:03:59 / 144 1:29:57 / 131		1:54:04 / 135 2:15:33 / 113					2:36:02 / 101 2:53:53 / 97	
105	3208	LUKIEWICZ Mariusz	STARY WĘGLINIEC	POL	/ EDI TEAM ZGORZELEC	71M40/28		(M)98		03:05:23	03:05:18 04.23
		0:20:23 / 72 0:40:35 / 74	1:01:05 / 76 1:26:22 / 69		1:50:36 / 74 2:13:20 / 82					2:36:11 / 105 2:54:52 / 104	
106	408	PACH Tomasz	WOLÓW	POL	/ AZS UAM POZNAŃ	90M20/27		(M)99		03:05:27	03:05:21 04.23
		0:21:11 / 116 0:41:51 / 103	1:02:55 / 105 1:28:15 / 85		1:52:44 / 101 2:16:07 / 117					2:38:11 / 119 2:56:03 / 113	
107	1726	TOKARCZYK Marek	NOWY SĄCZ	POL	/ VISEGRAD MARATON RYTRO	74M30/34		(M)100		03:05:34	03:05:24 04.23
		0:21:26 / 155 0:42:41 / 143	1:04:00 / 151 1:29:57 / 134		1:54:09 / 136 2:16:37 / 127					2:38:12 / 120 2:55:44 / 111	
108	1713	MAZUR Marek	WROCLAW	POL		84M20/28		(M)101		03:06:10	03:05:59 04.24
		0:21:14 / 131 0:42:24 / 135	1:04:00 / 146 2:16:51 / 2629		1:54:41 / 141 2:16:37 / 126					2:38:13 / 121 2:56:07 / 114	
109	1654	TYLEK Rafał	KRAKÓW	POL		71M40/29		(M)102		03:06:24	03:05:25 04.23
		0:23:01 / 277 0:44:05 / 223	1:04:58 / 188 1:30:46 / 153		1:54:46 / 144 2:16:28 / 122					2:37:30 / 111 2:55:42 / 110	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
110	145	WACHULEC Władysław	KRAKÓW		POL	79M30/35			(M)103	03:06:30	03:06:04 04.24
		0:23:01 / 276	0:42:20 / 124	1:03:02 / 110	1:28:49 / 102	1:53:11 / 109	2:15:28 / 111	2:37:00 / 108	2:55:16 / 108		
111	723	ZAKRZEWSKI Rafał	KALISZ		POL / SUPERMARATON KALISZ	77M30/36			(M)104	03:06:30	03:06:16 04.24
		0:22:21 / 244	0:43:52 / 215	1:05:32 / 203	1:32:18 / 182	1:57:13 / 179	2:19:22 / 165	2:40:03 / 138	2:56:57 / 117		
112	381	CHMURZYŃSKI Tomasz	BYDGOSZCZ		POL / KSN ŁUCZNICZKA BYDGOSZCZ	69M40/30	B2/1		(M)105	03:06:47	03:06:45 04.25
		0:20:25 / 76	0:40:34 / 70	1:00:52 / 68	1:26:13 / 68	1:51:22 / 81	2:14:24 / 95	2:37:12 / 109	2:55:54 / 112		
113	2505	PIOTROWSKI Marcin	GDYNIA		POL	75M30/37			(M)106	03:06:50	03:06:43 04.25
		0:22:46 / 261	0:44:48 / 252	1:06:49 / 240	1:33:57 / 214	1:58:52 / 204	2:20:49 / 176	2:40:59 / 147	2:57:24 / 125		
114	1169	ROŻNOWSKI Dariusz	WARSZAWA		POL	70M40/31			(M)107	03:06:56	03:06:53 04.25
		0:21:30 / 170	0:42:44 / 163	1:04:12 / 160	1:30:21 / 142	1:54:58 / 151	2:17:27 / 139	2:39:13 / 128	2:57:08 / 121		
115	503	LAITINEN Lassi	HELSINKI		FIN / SALAI-EVENTS OY	85M20/29			(M)108	03:06:58	03:06:50 04.25
		0:21:13 / 128	0:41:55 / 104	1:02:42 / 101	1:28:17 / 89	1:52:16 / 96	2:14:03 / 87	2:35:51 / 99	2:55:24 / 109		
116	518	BURGESS Jon	BICESTER		GBR / ALCHESTER RUNNING CLUB	54M50/11			(M)109	03:07:07	03:06:59 04.25
		0:21:41 / 195	0:43:02 / 184	1:04:28 / 171	1:30:42 / 150	1:55:06 / 155	2:17:22 / 136	2:38:06 / 118	2:56:50 / 115		
117	2696	PAJĄK Łukasz	WIELICZKA		POL	79M30/38			(M)110	03:07:16	03:06:53 04.25
		0:22:18 / 234	0:43:44 / 211	1:05:10 / 196	1:31:18 / 165	1:55:39 / 158	2:18:13 / 151	2:39:29 / 129	2:57:08 / 120		
118	3488	HUDÁKOVÁ Jitka	TRENČÍN		SVK / TRENČÍN	71K40/1			(K)8	03:07:30	03:07:25 04.26
		0:21:35 / 186	0:42:52 / 175	1:04:20 / 167	1:31:03 / 158	1:56:02 / 163	2:18:30 / 160	2:39:45 / 134	2:57:21 / 123		
119	3489	HUDÁK Juraj	TRENČÍN		SVK / TRENČÍN	73M30/39			(M)111	03:07:31	03:07:26 04.26
		0:21:35 / 187	0:42:51 / 173	1:04:20 / 166	1:31:02 / 157	1:56:01 / 160	2:18:30 / 159	2:39:44 / 133	2:57:20 / 122		
120	2269	AGIEJCZYK Wojciech	KRAKÓW		POL / AGH KRAKÓW	85M20/30			(M)112	03:07:33	03:07:09 04.26
		0:21:30 / 167	0:42:42 / 147	1:03:57 / 134	1:29:57 / 133	1:54:04 / 134	2:15:33 / 112	2:37:34 / 112	2:57:05 / 119		
121	2313	MAJCHER Piotr	KRAKÓW		POL	72M40/32			(M)113	03:07:33	03:07:30 04.26
		0:20:03 / 58	0:40:16 / 61	1:00:55 / 74	1:26:25 / 71	1:51:00 / 77	2:13:53 / 84	2:36:06 / 103	2:57:05 / 118		
122	31	CHEBET SERONEI Beatrice			KEN	86K20/6			(K)9	03:08:04	03:08:04 04.27
		0:19:03 / 23	0:38:24 / 27	0:58:35 / 44	1:25:16 / 58	1:50:27 / 71	2:13:37 / 83	2:35:29 / 94	2:55:10 / 107		
123	1326	ZAWALSKI Maciej	ZABIERZÓW		POL / JW4658	74M30/40			(M)114	03:08:22	03:08:17 04.27
		0:21:33 / 181	0:42:48 / 167	1:03:57 / 137	1:29:43 / 128	1:54:17 / 138	2:16:40 / 129	2:38:49 / 126	2:57:28 / 127		
124	2347	PISZCZATOWSKI Wojciech	WARSZAWA		POL	71M40/33			(M)115	03:08:25	03:08:19 04.27
		0:20:28 / 80	0:40:36 / 77	1:00:55 / 75	1:26:33 / 72	1:52:04 / 93	2:16:24 / 121	2:38:50 / 127	2:57:28 / 126		
125	1897	KLUŻNIAK Jacek	KIELCE		POL / KKL KIELCE	75M30/41			(M)116	03:08:30	03:08:23 04.27
		0:21:11 / 115	0:42:04 / 106	1:03:15 / 116	1:29:14 / 110	1:53:52 / 130	2:16:37 / 125	2:39:37 / 131	2:57:54 / 128		
126	857	CHRISTOFFERSEN Stian	KRAKOW		NOR / TEAM MASKIN	89M20/31			(M)117	03:08:32	03:08:22 04.27
		0:21:11 / 114	0:42:09 / 111	1:02:56 / 107	1:24:50 / 2524	1:51:56 / 85	2:16:37 / 124	2:37:28 / 110	2:56:54 / 116		
127	3312	KARBOWIAK Hubert	WROCLAW		POL	69M40/34			(M)118	03:08:34	03:08:25 04.27
		0:21:55 / 208	0:43:24 / 197	1:04:59 / 189	1:31:22 / 166	1:56:01 / 161	2:18:20 / 153	2:40:02 / 137	2:58:14 / 132		
128	2356	BODANKA Piotr	NIEZSANICE		POL	79M30/42			(M)119	03:08:39	03:08:17 04.27
		0:21:31 / 175	0:42:49 / 170	1:04:30 / 175	1:31:36 / 171	1:57:11 / 177	2:18:20 / 152	2:41:43 / 152	2:59:16 / 142		
129	1260	RYŻAK Marian	RYTRO		POL / NEWAG NOWY SĄCZ	62M50/12			(M)120	03:08:39	03:08:14 04.27
		0:21:58 / 210	0:42:49 / 169	1:03:48 / 130	1:29:32 / 116	1:54:54 / 148	2:18:23 / 156	2:40:37 / 143	2:58:17 / 134		
130	1411	BŁASZCZYK Artur	DĄBROWA GÓRNICZA		POL / KB.PIMAR LEGIONOWO	79M30/43			(M)121	03:08:42	03:08:25 04.27
		0:21:17 / 137	0:41:51 / 101	1:02:41 / 97	1:28:18 / 93	1:53:14 / 110	2:17:01 / 132	2:39:54 / 135	2:59:02 / 139		
131	1480	GAWLAK Paweł	WARSZAWA		POL / WARSZAWA	69M40/35			(M)122	03:08:44	03:08:10 04.27
		0:23:03 / 280	0:44:52 / 258	1:06:49 / 239	1:33:18 / 203	1:58:18 / 198	2:20:54 / 179	2:42:15 / 161	2:59:23 / 145		
132	1445	STARZEC Adam	KRAKÓW		POL	74M30/44			(M)123	03:08:46	03:08:40 04.28
		0:21:14 / 132	0:42:23 / 132	1:03:22 / 118	1:29:15 / 114	1:53:55 / 131	2:17:08 / 133	2:39:34 / 130	2:57:59 / 129		
133	3039	PIOTROWSKI Tomasz	KONSTANCIN JEZIORNA		POL	71M40/36			(M)124	03:08:56	03:08:53 04.28
		0:19:13 / 30	0:39:01 / 44	0:59:38 / 51	1:25:30 / 61	1:51:03 / 78	2:14:46 / 105	2:37:49 / 116	2:57:24 / 124		
134	269	DVORSKY Ladislav	OSTRAVA		CZE / MK SEITL OSTRAVA	65M40/37			(M)125	03:08:58	03:08:24 04.27
		0:19:13 / 29	0:44:01 / 220	1:05:44 / 209	1:32:40 / 192	1:58:16 / 195	2:20:34 / 172	2:42:12 / 158	2:59:09 / 140		
135	2987	KUBIK Józef	ROPCZYCE		POL / RUCH DLA ZDROWIA RZESZÓW	61M50/13			(M)126	03:08:58	03:08:55 04.28
		0:21:25 / 152	0:42:42 / 151	1:04:09 / 157	1:30:45 / 152	1:56:10 / 165	2:19:07 / 162	2:40:55 / 146	2:58:50 / 138		
136	3228	STOLARZ Piotr	DĄBROWA GÓRNICZA		POL	77M30/45			(M)127	03:08:59	03:08:32 04.28
		0:21:25 / 153	0:43:18 / 193	1:04:17 / 164	1:30:02 / 137	1:54:03 / 133	2:15:34 / 114	2:37:34 / 113	2:58:12 / 130		
137	24	CICHONCZUK Antoni			POL	49M60/2			(M)128	03:09:00	03:08:57 04.28
		0:21:12 / 121	0:42:18 / 119	1:03:47 / 127	1:30:00 / 135	1:54:57 / 150	2:17:59 / 145	2:40:01 / 136	2:58:17 / 133		
138	423	MICKIEWICZ Wojciech	MIĘDZYDZROJE		POL / HOTEL AMBER BALTIC	61M50/14			(M)129	03:09:11	03:09:07 04.28
		0:22:17 / 229	0:44:18 / 232	1:06:19 / 225	1:33:17 / 202	1:58:14 / 194	2:20:51 / 178	2:42:07 / 157	2:59:20 / 144		

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
139	2275	BORUCKI Dariusz	GOLDAP	POL	/ ŁOWCY PRZYGÓD - GOLDAP	65M40/38	(M)130	03:09:12	03:09:04	04.28
		0:21:21 / 142	0:42:44 / 164	1:04:17 / 163	1:31:09 / 162	1:56:51 / 175	2:19:54 / 169	2:41:46 / 153	2:59:41 / 147	
140	3012	KLATKA Mariusz	KATOWICE	POL	/ WWW.YANG.PL	79M30/46	(M)131	03:09:20	03:08:58	04.28
		0:21:21 / 143	0:43:17 / 192	1:04:16 / 162	1:30:05 / 139	1:54:23 / 139	2:16:44 / 130	2:38:28 / 122	2:58:12 / 131	
141	1113	KŁODNICKI Tomasz	DOBRA	POL	/ MOK MSZANA DOLNA	76M30/47	(M)132	03:09:20	03:09:13	04.29
		0:21:10 / 104	0:42:24 / 134	1:03:48 / 128	1:29:36 / 118	1:54:54 / 149	2:17:56 / 144	2:39:42 / 132	2:58:26 / 136	
142	1215	MAJCHRZAK Jakub	KRAKÓW	POL	/ 6BPD	87M20/32	(M)133	03:09:24	03:09:14	04.29
		0:21:34 / 184	0:42:43 / 160	1:03:58 / 141	1:29:57 / 130	1:54:52 / 146	2:18:22 / 155	2:40:49 / 145	2:59:15 / 141	
143	453	TOPOLSKI Marcin	JADOWNIKI	POL	/ BKB VICTORIA BRZESKO	76M30/48	(M)134	03:09:35	03:09:29	04.29
		0:19:49 / 48	0:40:03 / 56	1:00:37 / 64	1:26:10 / 67	1:50:17 / 68	2:11:46 / 70	2:32:45 / 73	2:54:07 / 100	
144	680	ZARZEKA Marcin	BIALA PODLASKA	POL	/ VEGE RUNNERS	74M30/49	(M)135	03:09:43	03:09:32	04.29
		0:21:33 / 182	0:43:01 / 183	1:05:08 / 194	1:32:02 / 180	1:57:31 / 184	2:20:19 / 170	2:42:06 / 156	2:59:51 / 148	
145	1104	BARANOUSKI Viachaslau	GRODNO	BLR	/ GRODNO RUN	61M50/15	(M)136	03:09:50	03:09:42	04.29
		0:20:52 / 96	0:41:46 / 92	1:02:42 / 102	1:28:43 / 99	1:53:43 / 126	2:16:22 / 119	2:38:38 / 124	2:58:20 / 135	
146	2698	ZUGAJ Robert	RUDA ŚLĄSKA	POL	/ KRS TKKF JASTRZĄB RUDA ŚLĄSKA	78M30/50	(M)137	03:09:54	03:09:46	04.29
		0:21:41 / 197	0:43:07 / 188	1:04:39 / 178	1:30:52 / 154	1:55:03 / 153	2:17:47 / 142	2:40:19 / 140	2:58:50 / 137	
147	2744	GARMUS Mindaugas	KAUNO RAJ.	LTU		81M30/51	(M)138	03:10:03	03:09:54	04.30
		0:21:10 / 108	0:42:22 / 126	1:05:15 / 199	1:32:40 / 193	1:58:50 / 203	2:21:23 / 189	2:42:22 / 162	2:59:40 / 146	
148	1830	KOTARSKI Mariusz	RUMIA	POL	/ BIEGAMYRAZEM.PL	80M30/52	(M)139	03:10:11	03:10:00	04.30
		0:21:10 / 107	0:44:17 / 226	1:06:10 / 220	1:33:01 / 195	1:58:09 / 192	2:20:28 / 171	2:42:26 / 163	3:00:36 / 154	
149	150	KRZEMIEN Paweł	MYŚLENICE	POL		85M20/33	(M)140	03:10:24	03:10:16	04.30
		0:21:59 / 213	0:43:46 / 213	1:05:36 / 206	1:32:19 / 183	1:57:44 / 186	2:20:47 / 175	2:42:48 / 167	3:00:28 / 153	
150	956	PIETRASIAK Daniel	SOSNOWIEC	POL		90M20/34	(M)141	03:10:47	03:10:37	04.31
		0:23:32 / 354	0:46:23 / 348	1:09:19 / 354	1:37:11 / 310	2:02:43 / 277	2:25:36 / 255	2:46:22 / 208	3:02:00 / 162	
151	3487	SADLON Michal	TRENCIANSKA TEPLA	SVK		78M30/53	(M)142	03:11:09	03:10:57	04.31
		0:21:35 / 185	0:42:51 / 174	1:04:20 / 168	1:31:03 / 159	1:56:02 / 162	2:19:08 / 163	2:41:56 / 155	3:00:22 / 151	
152	3320	BELOUSOV Aleksaim	ST. PETERSBURG	RUS		73M30/54	(M)143	03:11:26	03:11:22	04.32
		0:21:04 / 98	0:42:22 / 128	1:04:09 / 158	1:30:29 / 146	1:55:12 / 156	2:18:26 / 157	2:41:15 / 149	3:00:40 / 155	
153	2785	NOWOSIELSKI Lukasz	JÓZEFÓW	POL	/ NIEZRZESZONY	82M30/55	(M)144	03:11:29	03:11:08	04.31
		0:23:31 / 351	0:45:39 / 288	1:07:42 / 258	1:34:42 / 229	1:59:50 / 219	2:22:31 / 199	2:44:06 / 179	3:01:42 / 161	
154	3204	KULASA Jakub	KRAKÓW	POL		86M20/35	(M)145	03:11:40	03:11:31	04.32
		0:23:28 / 326	0:46:22 / 333	1:09:17 / 340	1:36:31 / 269	2:01:08 / 246	2:23:36 / 216	2:44:52 / 193	3:02:02 / 163	
155	2110	PIEPZYCKI Adam	TARNÓW	POL		75M30/56	(M)146	03:11:42	03:11:36	04.32
		0:21:30 / 173	0:42:45 / 165	1:04:01 / 152	1:30:19 / 141	1:54:51 / 145	2:18:04 / 146	2:41:00 / 148	3:00:06 / 150	
156	1013	SZYMCZAK Piotr	OSTROŁĘKA	POL		77M30/57	(M)147	03:11:51	03:11:47	04.32
		0:20:48 / 88	0:41:23 / 82	1:02:12 / 87	1:28:17 / 90	1:53:49 / 127	2:17:49 / 143	2:42:12 / 159	3:01:10 / 158	
157	3099	BAK Mariusz	KRASNYSTAW	POL	/ UKS ORLETA KRASNYSTAW	76M30/58	(M)148	03:12:08	03:11:25	04.32
		0:25:00 / 601	0:48:00 / 497	1:11:03 / 467	1:38:47 / 400	2:03:56 / 346	2:25:46 / 257	2:45:59 / 202	3:02:19 / 166	
158	1749	SKIBA Włodzimierz	POZNAŃ	POL	/ AZS POZNAŃ	64M40/39	(M)149	03:12:10	03:11:51	04.32
		0:22:58 / 273	0:45:03 / 262	1:07:14 / 250	1:34:43 / 230	2:00:13 / 227	2:23:14 / 207	2:44:51 / 191	3:02:05 / 164	
159	1320	SIKORA Stefan	BIELSKO BIALA	POL	/ BESKIDEK BIELSKO BIALA	49M60/3	(M)150	03:12:13	03:12:08	04.33
		0:21:17 / 138	0:42:25 / 137	1:04:14 / 161	1:31:03 / 160	1:56:08 / 164	2:18:41 / 161	2:42:13 / 160	3:01:33 / 160	
160	3185	KLUS Cezary	SUWALKI	POL		83M20/36	(M)151	03:12:14	03:11:48	04.32
		0:23:29 / 333	0:46:23 / 353	1:09:18 / 346	1:37:11 / 312	2:02:57 / 299	2:25:54 / 258	2:46:37 / 212	3:03:00 / 176	
161	2481	PASZKIEWICZ Piotr	TARNÓW	POL		81M30/59	(M)152	03:12:15	03:12:05	04.33
		0:21:22 / 144	0:42:18 / 121	1:03:20 / 117	1:29:14 / 111	1:53:58 / 132	2:17:23 / 137	2:41:17 / 150	3:01:02 / 156	
162	1471	BUCZYŃSKI Arkadiusz	BOLESŁAW	POL		74M30/60	(M)153	03:12:20	03:12:16	04.33
		0:21:11 / 113	0:42:23 / 130	1:03:27 / 123	1:29:13 / 106	1:53:01 / 107	2:15:23 / 109	2:40:24 / 141	2:59:54 / 149	
163	3050	KOZDROWICKI Robert	JAROSŁAW	POL	/ PSK PRZEWORSK	66M40/40	(M)154	03:12:28	03:10:34	04.30
		0:25:12 / 693	0:46:56 / 420	1:08:55 / 302	1:35:48 / 253	2:00:56 / 242	2:23:41 / 220	2:45:06 / 195	3:02:32 / 167	
164	2799	LOSIK Piotr	GŁOGÓW	POL	/ JW 3444	87M20/37	(M)155	03:12:29	03:12:26	04.33
		0:20:00 / 57	0:39:48 / 55	0:59:48 / 53	1:24:25 / 54	1:48:05 / 58	2:11:01 / 64	2:40:04 / 139	3:03:11 / 178	
165	1690	KWIATEK Tomasz	PRUSZKÓW	POL	/ A.K.B. MORT!	82M30/61	(M)156	03:12:45	03:12:21	04.33
		0:21:59 / 212	0:44:23 / 235	1:06:03 / 219	1:33:14 / 199	1:58:38 / 200	2:22:04 / 192	2:44:14 / 182	3:02:33 / 169	
166	2363	RYNKIEWICZ Tomasz	WARSZAWA	POL		75M30/62	(M)157	03:12:52	03:11:54	04.32
		0:24:28 / 511	0:47:01 / 424	1:09:26 / 394	1:37:11 / 308	2:02:21 / 270	2:24:54 / 245	2:45:53 / 201	3:03:09 / 177	
167	2099	MIELEC Andrzej	MAŁA WIEŚ	POL		69M40/41	(M)158	03:12:55	03:12:47	04.34
		0:21:36 / 191	0:42:42 / 145	1:03:58 / 140	1:29:38 / 125	1:53:41 / 125	2:16:38 / 128	2:40:41 / 144	3:01:09 / 157	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupa Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
168	1379	ŚCISŁO Mariusz	KRAKÓW		POL / KKB DYSTANS	78M30/63		(M)159	03:13:00	03:12:44 04.34
		0:23:36 / 379 0:46:26 / 376	1:09:16 / 329 1:36:48 / 274		2:01:57 / 264 2:24:48 / 243	2:46:13 / 206	3:03:16 / 179			
169	2601	CIEŚLIK Zbigniew	KIELCE		POL / KKL KIELCE	56M50/16		(M)160	03:13:00	03:12:53 04.34
		0:22:11 / 224 0:43:43 / 210	1:05:04 / 191 1:31:18 / 164		1:55:38 / 157 2:18:21 / 154	2:40:33 / 142	3:00:24 / 152			
170	590	OCHNIO Ryszard	JASTROWIE		POL / POLONIA WTZ JASTROWIE	75M30/64	B2/2	(M)161	03:13:03	03:12:59 04.34
		0:22:05 / 219 0:43:42 / 208	1:05:17 / 201 1:31:44 / 174		1:57:11 / 178 2:20:51 / 177	2:43:54 / 176	3:02:32 / 168			
171	2514	ŚWIDZIŃSKI Tomasz	KRAKÓW		POL / VEGE RUNNERS	76M30/65		(M)162	03:13:05	03:13:02 04.34
		0:21:32 / 178 0:43:01 / 182	1:05:09 / 195 1:32:26 / 187		1:58:34 / 199 2:22:28 / 196	2:44:46 / 188	3:02:47 / 173			
172	1651	ZAWADA Mariusz	PUSTKÓW ŻURAWSKI		POL / KB KĄTY WROCŁAWSKIE	78M30/66		(M)163	03:13:16	03:13:04 04.34
		0:21:32 / 177 0:44:39 / 248	1:07:04 / 244 1:34:07 / 218		1:58:47 / 202 2:21:14 / 187	2:42:51 / 169	3:02:17 / 165			
173	679	HADAM Jacek	CIESZANÓW		POL / KLUB BIEGACZA LUBACZÓW	68M40/42		(M)164	03:13:17	03:13:11 04.34
		0:22:01 / 217 0:43:19 / 194	1:04:54 / 185 1:31:30 / 167		1:57:14 / 181 2:20:57 / 180	2:43:25 / 174	3:02:34 / 170			
174	999	ŻELICHOWSKI Artur	KĘTY		POL / ZADYSZKA OŚWIĘCIM	73M30/67		(M)165	03:13:27	03:13:12 04.34
		0:21:36 / 189 0:42:42 / 148	1:03:57 / 136 1:29:56 / 129		1:54:10 / 137 2:17:15 / 134	2:42:50 / 168	3:02:52 / 175			
175	1323	SZCZOTKA Łukasz	CISIEC		POL	82M30/68		(M)166	03:13:34	03:13:23 04.35
		0:21:36 / 190 0:46:23 / 356	1:09:19 / 360 1:37:13 / 322		2:02:59 / 313 2:26:28 / 278	2:47:35 / 239	3:04:25 / 196			
176	1790	WILCZYŃSKI Dariusz	KRAKÓW		POL / AZS AWF KRAKÓW MASTERS	74M30/69		(M)167	03:13:42	03:13:25 04.35
		0:22:20 / 239 0:43:45 / 212	1:05:36 / 207 1:32:26 / 188		1:58:03 / 190 2:21:08 / 186	2:43:55 / 177	3:03:32 / 185			
177	1867	HACZYK Jarosław	OPOLE		POL / BIEG OPOLSKI	68M40/43		(M)168	03:13:42	03:13:23 04.35
		0:23:33 / 364 0:46:14 / 319	1:08:22 / 286 1:35:04 / 237		1:59:49 / 218 2:22:35 / 201	2:44:28 / 186	3:03:17 / 180			
178	314	GODLEWSKI Łukasz	MALBORK		POL / GRUPA MALBORK	82M30/70		(M)169	03:13:46	03:13:22 04.34
		0:24:12 / 468 0:47:23 / 460	1:10:33 / 442 1:38:29 / 380		2:03:55 / 344 2:26:13 / 261	2:47:28 / 231	3:04:17 / 193			
179	1854	KOWALEWSKI Andrzej	SZYDŁOWO		POL / KB 4RUN TEAM PIŁA	74M30/71		(M)170	03:13:49	03:13:30 04.35
		0:23:33 / 363 0:46:15 / 321	1:08:22 / 284 1:35:04 / 238		1:59:49 / 216 2:22:30 / 197	2:44:06 / 178	3:02:50 / 174			
180	2945	BANAŚ Sebastian	WADOWICE		POL	85M20/38		(M)171	03:13:56	03:13:44 04.35
		0:24:11 / 459 0:47:19 / 453	1:09:53 / 414 1:37:48 / 354		2:03:23 / 329 2:26:21 / 267	2:47:27 / 230	3:04:19 / 194			
181	1850	MASON Jacek	MIKOŁÓW		POL	73M30/72		(M)172	03:13:56	03:13:50 04.35
		0:20:25 / 77 0:40:35 / 71	1:00:01 / 58 1:24:19 / 53		1:48:30 / 64 2:11:28 / 67	2:36:25 / 107	3:01:11 / 159			
182	3169	MAZURKIEWICZ Wojciech	KRAKÓW		POL / SPARTAN'S KRAKÓW	87M20/39		(M)173	03:13:57	03:13:44 04.35
		0:20:25 / 78 0:46:23 / 355	1:09:19 / 361 2:25:45 / 2848		2:02:34 / 274 2:11:28 / 68	2:47:18 / 227	3:04:27 / 200			
183	2155	KRÓL Adam	OPOLE		POL / FENIKS PGE EEKTROWNIA OPOLE	60M50/17		(M)174	03:13:58	03:13:37 04.35
		0:23:44 / 409 0:46:25 / 373	1:09:20 / 369 1:37:10 / 295		2:02:57 / 300 2:25:30 / 252	2:46:58 / 218	3:04:00 / 190			
184	2474	KAŃSKI Maciek	WARSZAWA		POL / SII RUNNERS	78M30/73		(M)175	03:13:59	03:13:40 04.35
		0:23:35 / 372 0:46:26 / 378	1:08:47 / 298 1:36:28 / 268		2:02:13 / 267 2:25:20 / 250	2:46:52 / 217	3:04:15 / 192			
185	3122	DZIWOKI Marek	RYBNIK		POL	72M40/44		(M)176	03:14:01	03:13:51 04.35
		0:22:42 / 260 0:44:40 / 251	1:06:49 / 238 1:33:57 / 213		1:59:01 / 209 2:22:31 / 198	2:44:49 / 189	3:03:19 / 182			
186	818	KUCZOK Mirosław	WODZISŁAW ŚLĄSKI		POL / FORMA WODZISŁAW ŚLĄSKI	72M40/45		(M)177	03:14:02	03:13:53 04.35
		0:21:28 / 160 0:42:48 / 168	1:04:29 / 173 1:31:35 / 169		1:57:23 / 182 2:21:29 / 190	2:44:23 / 184	3:03:18 / 181			
187	1785	LEWCZUK Łukasz	BIAŁYSTOK		POL / PODLSAKI ODDZIAŁ STRAŻY GRANICZNEJ	79M30/74		(M)178	03:14:02	03:13:53 04.35
		0:23:31 / 345 0:46:23 / 367	1:09:16 / 327 1:37:11 / 311		2:02:53 / 285 2:26:14 / 264	2:47:30 / 233	3:04:27 / 201			
188	2138	SAS Gracjan	PRZEMYŚL		POL / TWIERDZA PRZEMYŚL	87M20/40		(M)179	03:14:04	03:13:44 04.35
		0:23:30 / 344 0:46:22 / 344	1:09:17 / 337 1:37:10 / 300		2:02:56 / 289 2:26:28 / 276	2:47:34 / 238	3:04:26 / 197			
189	1186	MICHNOL Kamil	SIEMIANOWICE ŚLĄSKIE		POL	78M30/75		(M)180	03:14:06	03:13:56 04.35
		0:23:30 / 337 0:46:23 / 365	1:09:19 / 365 1:37:13 / 325		2:02:59 / 314 2:26:29 / 285	2:47:35 / 240	3:04:27 / 202			
190	1138	WYROBEK Łukasz	KRAKÓW		POL	70M40/46		(M)181	03:14:07	03:13:57 04.35
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191	2966	SZCZEPANIUK Marek	SKAŁA		POL / PACEMAKER 3:15	70M40/47		(M)182	03:14:13	03:14:04 04.35
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192	3324	GLUSHAK Roman	IVANO-FRANKIVSKA OBL.		UKR	64M40/48		(M)183	03:14:14	03:14:11 04.36
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193	3462	SALAK Michał	WARSZAWA		POL / PKO BP MARATON TEAM	80M30/76		(M)184	03:14:19	03:13:58 04.35
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194	341	DAROWSKI Dariusz	TRZEBNICA		POL / DP-SPORT	72M40/49		(M)185	03:14:21	03:14:06 04.36
		0:23:35 / 373 0:46:21 / 328	1:09:18 / 348 1:37:04 / 282		2:02:58 / 305 2:26:14 / 262	2:47:29 / 232	3:04:43 / 205			
195	1834	MENICHELLI Dario	CECINA		ITA / ATLETICA COSTA ETRUSCA	75M30/77		(M)186	03:14:25	03:14:13 04.36
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196	1364	ZAPART Bartosz	ŚWIĘTOCHŁOWICE		POL	90M20/41		(M)187	03:14:28	03:14:15 04.36
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197	1842	KOŁATAJ Michał	KRAKÓW	POL	/ CH2M HILL	89M20/42			(M)188	03:14:29	03:14:05 04.35
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198	2805	SVOBODA Tomas	VSECHOVICE	CZE	/ VSECHOVICE	70M40/50			(M)189	03:14:30	03:14:27 04.36
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199	1172	JĘDRUSIK Mateusz	BRZESZCZE	POL		79M30/78			(M)190	03:14:31	03:14:24 04.36
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202	3275	SAMEM KMALIL Ahmed	ALEXANDRIA	EGY	/ ACHILLES INTERNATIONAL EGIPT	66M40/51	Niep/1		(M)193	03:14:49	03:14:44 04.36
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		0:23:20 / 303	0:46:22 / 340	1:09:15 / 321	1:37:08 / 285	2:02:52 / 283	2:26:18 / 265	2:47:35 / 241	3:04:54 / 206		
204	1905	NIEMIROWSKI Gabriel	RZESZÓW	POL	/ KRAK INVEST RUNNING TEAM	82M30/80			(M)195	03:14:53	03:13:39 04.35
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205	1720	PACHLINSKI Ireneusz	POZNAŃ	POL		74M30/81			(M)196	03:14:57	03:14:20 04.36
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206	735	ZIÓLKOWSKI Jacek	WARSZAWA	POL	/ SYRENKA WARSZAWA	66M40/52	B2/3		(M)197	03:15:12	03:15:09 04.37
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207	390	GOSMANN Norbert	BRAUNSCHWEIG	GER	/ LT BRAUNSCHWEIG	56M50/18			(M)198	03:15:28	03:15:21 04.37
		0:21:27 / 156	0:44:50 / 254	1:07:36 / 254	1:35:33 / 247	2:01:49 / 257	2:25:31 / 253	2:47:38 / 245	3:05:08 / 213		
208	3149	NAREL Sławomir	LODZ	POL		63M40/53			(M)199	03:15:32	03:15:25 04.37
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209	2480	KOSOWSKI Janusz	OLSZTYN	POL	/ AKM OLIMP-OLSZTYN	52M60/4			(M)200	03:15:33	03:15:31 04.38
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210	2533	OSIŃSKI Marcin	KOWALA	POL	/ UKS TECHNIK RADOM	86M20/45			(M)201	03:15:44	03:15:35 04.38
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211	2741	LEŚNIAK Tymoteusz	POZNAŃ	POL	/ WKTJ	86M20/46			(M)202	03:15:46	03:15:22 04.37
		0:23:20 / 305	0:45:41 / 289	1:08:00 / 270	1:35:11 / 240	2:00:27 / 234	2:24:19 / 228	2:47:00 / 220	3:05:45 / 225		
212	963	STANKO Piotrek	NOWY ŻMIGRÓD	POL		80M30/82			(M)203	03:15:49	03:15:31 04.38
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213	2035	WYRĘBEK Maciej	KRAKÓW	POL		82M30/83			(M)204	03:15:54	03:15:42 04.38
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214	3486	RIŠIAN František	DOLNÝ KUBÍN	SVK	/ ZRNO	64M40/54			(M)205	03:16:01	03:15:48 04.38
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215	2479	GAJDA Jakub	BIELSKO-BIAŁA	POL		81M30/84			(M)206	03:16:04	03:15:27 04.37
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216	2239	STACH Paweł	WOLA FILIPOWSKA	POL		76M30/85			(M)207	03:16:13	03:16:00 04.38
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217	2098	SROMOVSKY Jozef	VELKA LESNA	SVK	/ BEŽECKÝ KLUB STARA LUBOVNA	63M40/55			(M)208	03:16:17	03:16:07 04.38
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218	921	ŠELIGA Jozef	SPIŠSKÁ TEPLICA	SVK	/ SPIŠSKÁ TEPLICA	72M40/56			(M)209	03:16:27	03:16:19 04.39
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219	1422	BUREK Andrzej	SZCZECIN	POL	/ MARATOŃCZYK TEAM SZCZECIN	52M60/5			(M)210	03:16:30	03:16:12 04.39
		0:23:23 / 315	0:46:02 / 297	1:08:47 / 297	2:26:17 / 2857	2:02:48 / 281	2:23:30 / 214	2:48:02 / 253	3:06:05 / 233		
220	949	DYRLAGA Stanisław	WĘGIERSKA GÓRKA	POL	/ KS HALNY WĘGIERSKA GÓRKA	58M50/19			(M)211	03:16:31	03:16:18 04.39
		0:23:23 / 314	0:46:22 / 339	1:09:18 / 343	1:37:09 / 290	2:03:00 / 317	2:26:34 / 293	2:48:26 / 264	3:06:12 / 235		
221	1956	SKRZYNIARZ Marek	KIELCE	POL		74M30/86			(M)212	03:16:33	03:16:24 04.39
		0:23:23 / 316	0:46:23 / 350	1:09:16 / 330	1:37:11 / 304	2:02:58 / 309	2:26:29 / 287	2:47:50 / 248	3:05:39 / 223		
222	1478	GRZELAK Marcin	ŁÓDŹ	POL	/ TRUCHT MARATON SKIERNIEWICE	76M30/87			(M)213	03:16:38	03:16:28 04.39
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223	501	ŁUKASZEWSKI Witold	RADZIWIŁÓW MAZ.	POL		67M40/57			(M)214	03:16:46	03:16:32 04.39
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224	3187	JOPEK Przemysław	BIELSKO-BIAŁA	POL		81M30/88			(M)215	03:16:52	03:16:14 04.39
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225	852	PĘDZICH Waldemar	LELIS	POL	/ STAROSTWO POWIATOWE OSTROLEKA	61M50/20			(M)216	03:16:52	03:16:43 04.39
		0:22:16 / 228	0:44:27 / 237	1:06:55 / 242	1:34:19 / 223	2:00:42 / 236	2:24:39 / 240	2:47:27 / 229	3:06:20 / 237		

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]	
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226	2353	HERUDZINSKI Jacek	KRAKÓW	POL		73M30/89 (M)217	03:16:56	03:16:43 04.39	
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227	2695	RUSZNICA Rafał	OPOLE	POL	BIEG OPOLSKI	92M20/47 (M)218	03:16:58	03:16:39 04.39	
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228	2198	GRUCA Barbara	GRYBÓW	POL	WISIEGRAD MARATON RYTRO	80K30/3 (K)10	03:17:01	03:16:52 04.39	
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229	2737	PIWOWAREK Paweł	LIBIAŻ	POL		67M40/58 (M)219	03:17:14	03:16:10 04.38	
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230	3349	SKAANSAR Simen	KRAKOW	NOR	COPERNICA RUNNING	90M20/48 (M)220	03:17:17	03:16:46 04.39	
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231	730	HORNY Vlastimil	SPIŠSKÝ HRHOV	SVK		71M40/59 (M)221	03:17:19	03:17:07 04.40	
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232	1417	WOŹNICKI Piotr	OŚWIECIM	POL	UNIA OŚWIECIM	75M30/90 (M)222	03:17:20	03:17:15 04.40	
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234	3108	RYSIUKIEWICZ Stanisław	POZNAŃ	POL	ZADYSZKA.ORG	75M30/91 (M)224	03:17:25	03:17:01 04.40	
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238	1253	KUZYMIN Adam	PROSZKOWICE	POL		74M30/92 (M)228	03:17:41	03:17:08 04.40	
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239	2259	KUBIAK Łukasz	LUBOŃ	POL	LUBOŃSKI KLUB BIEGACZA	77M30/93 (M)229	03:17:45	03:17:32 04.40	
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240	2971	BYCZEK Stanisław	KRAKOW	POL	KKB DYSTANS	61M50/21 (M)230	03:17:48	03:17:35 04.40	
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243	3459	ŁUKOMSKI Janusz	WARSZAWA	POL	PKO BP SA	78M30/95 (M)233	03:18:03	03:17:47 04.41	
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244	1464	BUCZYŃSKI Mariusz	BOLESŁAW	POL		82M30/96 (M)234	03:18:06	03:18:00 04.41	
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245	2758	Ouahid Nouredine	CASABLANCA	MAR	CMCF	60M50/22 (M)235	03:18:07	03:17:50 04.41	
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246	2830	GRZĘDZIELSKI Jacek	KRAKÓW	POL	DYM - TEAM	77M30/97 (M)236	03:18:11	03:18:02 04.41	
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247	2604	DZIEDZIC Piotr	INOWROCLAW	POL	NIEZRZESZONY	75M30/98 (M)237	03:18:18	03:18:10 04.41	
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248	1051	BUTRYN Adam	WARSZAWA	POL		68M40/63 (M)238	03:18:25	03:18:19 04.42	
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249	420	PODBIELSKI Andrzej	BYDGOSZCZ	POL	BRZOZA BIEGA	67M40/64 (M)239	03:18:26	03:18:20 04.42	
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250	1768	STROJNY Andrzej	CHELM ŚLĄSKI	POL		65M40/65 (M)240	03:18:27	03:18:20 04.42	
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252	1603	BAĆMAGA Grzegorz	RADOM	POL	ALFASTAR RADOM	68M40/67 (M)242	03:18:33	03:18:25 04.42	
		0:22:53 / 267	0:45:12 / 267	1:07:47 / 259	1:35:43 / 251	2:02:30 / 272	2:26:27 / 271	2:48:47 / 271	3:07:28 / 254
253	569	MICHALSKI Janusz	ŚWINOUEJŚCIE	POL	MARYNARKA WOJENNA ŚWINOUEJŚCIE	66M40/68 (M)243	03:18:36	03:18:28 04.42	
		0:23:17 / 300	0:46:05 / 307	1:09:25 / 392	1:38:07 / 365	2:04:36 / 364	2:28:21 / 327	2:50:13 / 290	3:08:18 / 268
254	3482	KUREK Jarosław	WOŁOMIN	POL	AZS WAT	88M20/51 (M)244	03:18:43	03:18:23 04.42	
		0:25:06 / 634	0:49:37 / 664	1:13:58 / 675	1:43:25 / 597	2:10:45 / 581	2:34:00 / 469	2:54:20 / 365	3:09:58 / 291

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
255	2391	ZADROŻNY Zbigniew	AUGUSTÓW		POL / ATP AUGUSTÓW	71M40/69		(M)245	03:18:54	03:18:43 04.42
		0:21:48 / 202	0:43:35 / 203	1:05:35 / 205	1:32:20 / 184	1:58:16 / 196	2:21:47 / 191	2:45:36 / 198	3:07:32 / 255	
256	1645	CAŁY Sławomir	OPOLE		POL / BIEG OPOLSKI	76M30/99		(M)246	03:18:56	03:18:26 04.42
		0:22:59 / 275	0:45:28 / 279	1:07:50 / 265	1:36:16 / 264	2:01:47 / 255	2:26:23 / 269	2:48:37 / 267	3:08:15 / 267	
257	1171	KLICH Robert	WROCLAW		POL	77M30/100		(M)247	03:18:58	03:18:39 04.42
		0:23:44 / 408	0:46:23 / 357	1:09:18 / 345	1:37:14 / 326	2:03:03 / 323	2:26:29 / 284	2:48:27 / 265	3:07:36 / 256	
258	604	DUBBERSTEIN Rainer	MÜNSTER		GER	61M50/23		(M)248	03:19:02	03:18:53 04.42
		0:22:55 / 268	0:45:32 / 283	1:08:36 / 290	1:36:53 / 277	2:02:57 / 293	2:26:59 / 308	2:50:25 / 294	3:08:33 / 271	
259	2887	GRZYB Kazimierz	KRAKÓW		POL / AZS AWF KRAKÓW MASTERS	72M40/70		(M)249	03:19:03	03:18:46 04.42
		0:24:00 / 438	0:47:13 / 440	1:10:22 / 432	1:38:42 / 393	2:04:17 / 354	2:27:54 / 319	2:50:31 / 297	3:09:01 / 276	
260	1409	OLBRYŚ Stanisław-adam	NASIELSK		POL	67M40/71		(M)250	03:19:05	03:18:30 04.42
		0:25:24 / 777	0:49:33 / 645	1:11:46 / 497	1:38:40 / 389	2:04:52 / 374	2:27:54 / 320	2:50:16 / 291	3:08:56 / 274	
261	2557	WOJTAS Janusz	WARSZAWA		POL	67M40/72		(M)251	03:19:08	03:18:57 04.42
		0:23:38 / 387	0:46:28 / 388	1:09:20 / 370	1:37:13 / 323	2:03:04 / 326	2:27:00 / 310	2:49:44 / 284	3:08:22 / 269	
262	2261	ZIELINSKI Rafał	KRAKÓW		POL / AZS AWF MASTERS KRAKÓW	66M40/73		(M)252	03:19:12	03:18:52 04.42
		0:24:01 / 439	0:47:11 / 436	1:10:12 / 425	1:38:06 / 364	2:04:23 / 357	2:28:58 / 338	2:51:37 / 314	3:09:36 / 286	
263	1350	HABER Marcin	BARDO		POL / TIETO	87M20/52		(M)253	03:19:17	03:19:03 04.43
		0:23:43 / 402	0:46:38 / 409	1:09:29 / 400	1:37:40 / 350	2:04:00 / 348	2:27:38 / 317	2:50:03 / 288	3:08:52 / 273	
264	507	KULESZA Adam	GUBIN		POL	83M20/53		(M)254	03:19:19	03:18:56 04.42
		0:21:39 / 194	0:43:05 / 187	1:05:14 / 198	1:33:04 / 197	2:01:12 / 248	2:26:20 / 266	2:50:16 / 292	3:09:00 / 275	
265	3033	CHRISTOFFERSEN Frank	BOD?		NOR / BOD? CK	67M40/74		(M)255	03:19:20	03:18:59 04.42
		0:23:37 / 385	0:46:23 / 349	1:09:19 / 363	1:37:15 / 328	2:02:59 / 312	2:26:28 / 279	2:47:36 / 242	3:06:52 / 245	
266	1517	MALINA Piotr	KRAKÓW		POL	78M30/101		(M)256	03:19:21	03:19:06 04.43
		0:22:34 / 253	0:44:39 / 246	1:07:04 / 246	1:34:24 / 224	2:00:14 / 230	2:24:23 / 231	2:48:11 / 261	3:08:02 / 261	
267	887	JESIONEK Jarosław	SANDOMIERZ		POL / VEGE RUNNERS	84M20/54		(M)257	03:19:24	03:19:13 04.43
		0:22:34 / 252	0:47:14 / 445	1:10:23 / 434	1:38:44 / 397	2:04:18 / 355	2:27:30 / 316	2:49:23 / 279	3:08:09 / 265	
268	1599	KITA Michał	WROCLAW		POL / PĘDZĄCY W MIEJSCU	75M30/102		(M)258	03:19:25	03:19:14 04.43
		0:22:00 / 216	0:43:22 / 196	1:05:05 / 193	1:31:54 / 179	1:58:18 / 197	2:25:13 / 248	2:50:29 / 296	3:09:15 / 281	
269	1551	JONCZYK Jakub	NOWE BRZESKO		POL / PĘDZĄCE PSZCZÓLKI	89M20/55		(M)259	03:19:26	03:19:09 04.43
		0:22:00 / 215	0:49:16 / 611	1:13:24 / 607	1:42:13 / 536	2:08:16 / 482	2:31:13 / 394	2:52:36 / 329	3:09:40 / 287	
270	1931	KROWIAK Jacek	PAWŁOWICE		POL / JACEK I AGATKA	77M30/103		(M)260	03:19:29	03:19:25 04.43
		0:21:10 / 111	0:41:50 / 98	1:02:41 / 95	1:28:23 / 96	1:53:39 / 124	2:17:25 / 138	2:41:47 / 154	3:06:38 / 241	
271	1508	POSMYSZ Anna	KRAKÓW		POL / UNIWERSYTET JAGIELLOŃSKI	84K20/7		(K)11	03:19:38	03:19:31 04.43
		0:22:20 / 237	0:44:39 / 247	1:07:04 / 245	1:34:07 / 217	2:00:05 / 225	2:24:34 / 238	2:48:50 / 273	3:08:30 / 270	
272	1057	ZIELIŃSKI Marcin	KRAKÓW		POL / SMP BIEGA	87M20/56		(M)261	03:19:42	03:18:40 04.42
		0:24:02 / 441	0:46:27 / 383	1:09:21 / 373	1:37:10 / 301	2:03:00 / 318	2:27:02 / 313	2:51:07 / 307	3:09:26 / 283	
273	2779	MICHALAK Maciej	KATOWICE		POL / KW KRAKÓW	90M20/57		(M)262	03:19:45	03:19:27 04.43
		0:24:02 / 442	0:41:26 / 85	1:01:54 / 80	1:27:16 / 78	1:52:39 / 99	2:20:35 / 173	2:51:03 / 306	3:09:32 / 285	
274	1222	GARA Jacek	KRAKÓW		POL / AZS AWF MASTERS KRAKÓW	64M40/75		(M)263	03:19:46	03:19:33 04.43
		0:23:31 / 350	0:46:06 / 309	1:08:39 / 292	1:36:37 / 271	2:02:57 / 297	2:26:28 / 280	2:49:03 / 275	3:09:11 / 278	
275	1636	BORKOWSKI Waldemar	CZĘSTOCHOWA		POL / KLA ZABIEGANI CZĘSTOCHOWA	72M40/76		(M)264	03:19:47	03:19:14 04.43
		0:24:18 / 476	0:47:27 / 466	1:10:52 / 453	1:39:47 / 427	2:06:08 / 404	2:29:49 / 363	2:52:08 / 324	3:10:02 / 292	
276	1441	CHMIELARSKI Krzysztof	OLEŚNICA		POL	87M20/58		(M)265	03:19:49	03:19:32 04.43
		0:24:46 / 555	0:48:25 / 539	1:12:06 / 514	1:41:01 / 472	2:06:59 / 434	2:30:19 / 373	2:52:57 / 342	3:10:27 / 302	
277	2145	JURKOWSKI Jan	WARSZAWA		POL / BEMOVIA	83M20/59		(M)266	03:19:52	03:19:48 04.44
		0:21:26 / 154	0:42:42 / 150	1:04:02 / 154	1:30:35 / 148	1:56:20 / 170	2:20:37 / 174	2:44:51 / 190	3:06:46 / 244	
278	1038	ZĄBECKI Przemysław	TOMASZÓW		POL / PO CO TYLE LATAC	82M30/104		(M)267	03:19:58	03:19:37 04.43
		0:24:03 / 445	0:47:27 / 464	1:10:52 / 455	1:39:32 / 421	2:06:04 / 402	2:29:47 / 361	2:51:59 / 322	3:10:06 / 293	
279	1860	ORMAN Tomasz	SZYDLÓWIEC		POL	66M40/77		(M)268	03:20:05	03:19:41 04.43
		0:24:03 / 446	0:44:18 / 231	1:05:35 / 204	1:31:47 / 176	1:57:13 / 180	2:22:35 / 202	2:48:37 / 268	3:09:14 / 280	
280	154	DUPLA Konrad	WROCLAW		POL	79M30/105		(M)269	03:20:17	03:20:06 04.44
		0:23:35 / 377	0:47:10 / 434	1:10:58 / 463	1:40:04 / 435	2:06:59 / 433	2:31:12 / 393	2:53:28 / 349	3:10:43 / 305	
281	116	BLACHOWIAK Mariusz	LESZNO		POL / MARATON LESZNO	72M40/78		(M)270	03:20:21	03:20:05 04.44
		0:23:35 / 376	0:44:52 / 259	1:07:10 / 247	1:34:32 / 227	2:00:56 / 241	2:25:15 / 249	2:48:09 / 259	3:08:05 / 264	
282	2841	JABLONSKI Kamil	LÜNEN		GER	86M20/60		(M)271	03:20:22	03:19:15 04.43
		0:26:02 / 929	0:50:03 / 846	1:14:06 / 725	1:43:04 / 573	2:09:25 / 524	2:32:39 / 437	2:54:06 / 358	3:11:03 / 311	
283	111	BETTI Alessio	SAN GAVINO MONREALE		ITA / ATLETICA PODISTICA SAN GAVINO MONREALE	62M50/24		(M)272	03:20:22	03:20:14 04.44
		0:26:02 / 928	0:46:41 / 411	1:10:18 / 427	1:39:15 / 412	2:06:10 / 405	2:30:11 / 371	2:52:38 / 331	3:10:30 / 303	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
284	773	SOMODI László	BUDAPEST	HUN	VASEMBEREK KLUBJA	69M40/79	(M)273	03:20:23	03:19:43	04.44	
		0:24:50 / 572	0:48:15 / 513	1:11:23 / 478	1:39:29 / 418	2:05:42 / 393	2:29:30 / 347	2:51:59 / 323	3:10:15 / 300		
285	3419	MULLEN Jim	DROGHEDA	IRL		66M40/80	(M)274	03:20:26	03:20:00	04.44	
		0:23:09 / 284	0:45:15 / 273	1:07:49 / 263	1:35:21 / 246	2:01:01 / 245	2:24:35 / 239	2:48:07 / 255	3:08:38 / 272		
286	344	ŁUŻYŃSKI Piotr	ZIELONA GÓRA	POL	BRACTWO BIEGACZY ZIELONA GÓRA	77M30/106	(M)275	03:20:30	03:20:21	04.44	
		0:21:33 / 180	0:42:43 / 161	1:04:00 / 149	1:29:57 / 132	1:58:04 / 191	2:25:04 / 247	2:49:27 / 281	3:09:30 / 284		
287	1572	NARUSZEWICZ Arkadiusz	JASTRZĘBIE ZDRÓJ	POL		75M30/107	(M)276	03:20:35	03:19:58	04.44	
		0:23:37 / 384	0:45:33 / 285	1:07:49 / 262	1:35:55 / 258	2:02:48 / 280	2:26:46 / 304	2:50:27 / 295	3:09:20 / 282		
288	2853	PIOTROWSKI Michał	SULEJÓWEK	POL		71M40/81	(M)277	03:20:48	03:20:37	04.45	
		0:22:23 / 245	0:44:19 / 234	1:06:37 / 233	1:34:16 / 222	2:00:23 / 232	2:24:22 / 230	2:47:40 / 246	3:08:11 / 266		
289	2154	STYRYLSKI Aleksander	SKAWINA	POL		73M30/108	(M)278	03:20:54	03:20:05	04.44	
		0:23:02 / 279	0:44:48 / 253	1:06:23 / 229	1:33:33 / 206	1:59:14 / 212	2:23:20 / 211	2:46:58 / 219	3:09:05 / 277		
290	840	SAMBAK Tadeusz	BRZESZCZE	POL		69M40/82	(M)279	03:21:04	03:20:05	04.44	
		0:23:02 / 278	0:42:42 / 155	1:03:58 / 139	2:17:26 / 2664	1:54:45 / 143	2:23:20 / 210	2:44:11 / 181	3:07:46 / 257		
291	3387	VEREMICHENKO Volodymyr		UKR		58M50/25	(M)280	03:21:05	03:20:50	04.45	
		0:23:16 / 293	0:45:25 / 278	1:09:09 / 310	1:36:52 / 276	2:01:41 / 253	2:23:41 / 219	2:45:10 / 196	3:06:22 / 238		
292	661	MAŁOWIECKI Grzegorz	PRZECLAW	POL	ACHILLES POLSKA, KLUB PRZYJACIÓŁ GMINY K72M40/83	B2/4	(M)281	03:21:26	03:21:13	04.46	
		0:23:45 / 410	0:47:07 / 427	1:10:34 / 443	1:38:57 / 404	2:05:41 / 391	2:29:27 / 346	2:51:59 / 321	3:10:31 / 304		
293	3063	KUKLA Marcin	WARSZAWA	POL		69M40/84	(M)282	03:21:31	03:21:07	04.45	
		0:23:30 / 342	0:46:24 / 370	1:09:18 / 347	1:37:13 / 324	2:02:59 / 311	2:27:03 / 314	2:50:34 / 299	3:10:10 / 296		
294	1861	HAPUNIK Jan	OLSZTYN	POL	AKM OLIMP OLSZTYN	58M50/26	(M)283	03:21:31	03:21:13	04.46	
		0:23:30 / 341	0:49:24 / 626	1:13:25 / 610	1:42:13 / 538	2:08:16 / 480	2:31:13 / 396	2:52:36 / 330	3:10:10 / 295		
295	2442	BRZEZINA Michał	KRAKÓW	POL		82M30/109	(M)284	03:21:31	03:21:17	04.46	
		0:24:35 / 526	0:48:52 / 589	1:12:42 / 559	1:41:59 / 522	2:08:23 / 486	2:32:29 / 431	2:53:52 / 352	3:11:42 / 322		
296	2084	RAČKOWSKI Tomasz	KRAKÓW	POL	TOMGUIDE	74M30/110	(M)285	03:21:32	03:21:27	04.46	
		0:21:30 / 168	0:43:10 / 189	1:05:59 / 216	1:34:45 / 232	2:02:56 / 290	2:26:24 / 270	2:49:55 / 286	3:10:49 / 307		
297	3038	JACKOWIEC Wojciech	ZAWADA	POL	KING OF PAIN	90M20/61	(M)286	03:21:41	03:21:34	04.46	
		0:21:30 / 169	0:42:28 / 140	1:04:01 / 153	1:30:30 / 147	1:58:14 / 193	2:22:56 / 204	2:48:48 / 272	3:10:11 / 297		
298	2298	POWIDEŁ Marcin	LIDZBARK WARMIŃSKI	POL	AKM OLSZTYN	76M30/111	(M)287	03:21:47	03:21:31	04.46	
		0:24:18 / 480	0:48:08 / 504	1:12:07 / 516	1:41:17 / 484	2:08:54 / 507	2:33:13 / 453	2:55:23 / 392	3:12:30 / 331		
299	1995	ROKOSZ Bogdan	MIELEC	POL		72M40/85	(M)288	03:21:47	03:21:34	04.46	
		0:21:44 / 199	0:42:54 / 178	1:04:21 / 170	1:31:04 / 161	1:57:44 / 185	2:23:07 / 206	2:49:24 / 280	3:10:13 / 298		
300	2631	PTAK Dariusz	MICHAŁOWICE	POL		67M40/86	(M)289	03:21:49	03:21:37	04.46	
		0:23:28 / 329	0:46:23 / 359	1:09:18 / 352	1:37:39 / 349	2:04:32 / 362	2:29:38 / 355	2:52:48 / 338	3:11:42 / 321		
301	3177	KWOCZYŃSKI Jerzy	KRAKÓW	POL	KW KRAKÓW	93M20/62	(M)290	03:21:49	03:21:26	04.46	
		0:24:34 / 520	0:47:35 / 471	1:10:33 / 441	1:38:35 / 385	2:05:17 / 384	2:29:36 / 351	2:52:46 / 335	3:11:46 / 323		
302	711	PAPUGA Dariusz	JAWISZOWICE	POL	ZADYSZKA OŚWIĘCIM	65M40/87	(M)291	03:21:50	03:21:30	04.46	
		0:23:26 / 320	0:46:12 / 316	1:08:58 / 303	1:36:52 / 275	2:02:47 / 279	2:26:40 / 299	2:50:35 / 300	3:11:01 / 308		
303	2712	BARTYZEL Marek	ZAWOJA	POL		76M30/112	(M)292	03:21:51	03:21:38	04.46	
		0:23:34 / 371	0:46:23 / 366	1:09:20 / 366	1:37:16 / 330	2:03:41 / 335	2:28:06 / 321	2:51:39 / 315	3:10:48 / 306		
304	720	ROSZKOWSKI Tomasz	WARSZAWA	POL	WARSZAWA NATOLIN ZACHODNI	86M20/63	(M)293	03:21:55	03:21:50	04.47	
		0:20:19 / 71	0:40:36 / 78	1:02:01 / 81	1:33:32 / 205	2:00:03 / 224	2:24:30 / 235	2:50:37 / 301	3:11:35 / 320		
305	858	KLICH Kamil	OLKUSZ	POL		78M30/113	(M)294	03:21:56	03:21:36	04.46	
		0:23:10 / 286	0:45:31 / 282	1:08:09 / 275	1:35:51 / 256	2:02:06 / 266	2:26:29 / 288	2:49:51 / 285	3:10:15 / 299		
306	2925	CZECHOROWSKI Piotr	SZKLARSKA PORĘBA	POL		72M40/88	(M)295	03:21:58	03:21:55	04.47	
		0:20:30 / 81	0:40:54 / 79	1:02:08 / 83	1:28:39 / 97	1:53:50 / 128	2:18:05 / 147	2:44:10 / 180	3:07:59 / 260		
307	1883	BAK Adam	KIELCE	POL		60M50/27	(M)296	03:21:59	03:21:32	04.46	
		0:24:46 / 556	0:48:44 / 573	1:12:35 / 551	1:41:37 / 502	2:08:21 / 485	2:32:20 / 426	2:54:15 / 363	3:12:07 / 328		
308	1730	WIDŁA Grzegorz	BRZESKO	POL	BKB VICTORIA BRZESKO	86M20/64	(M)297	03:22:00	03:21:34	04.46	
		0:24:23 / 495	0:47:15 / 447	1:10:16 / 426	1:38:12 / 369	2:04:46 / 372	2:28:52 / 335	2:51:39 / 316	3:11:03 / 309		
309	388	WIŚNIEWSKI Zbigniew	BRZOZA	POL	BRZOZA BIEGA	66M40/89	(M)298	03:22:01	03:21:56	04.47	
		0:24:23 / 494	0:47:39 / 478	1:11:39 / 487	1:40:25 / 445	2:06:59 / 435	2:30:40 / 377	2:53:01 / 343	3:11:33 / 317		
310	2023	ŁABUDA Sławomir	BRANIEWO	POL	FRANIO&JUSIA TEAM	75M30/114	(M)299	03:22:08	03:21:45	04.46	
		0:25:17 / 737	0:49:41 / 710	1:14:01 / 701	1:43:40 / 640	2:10:54 / 588	2:34:33 / 493	2:55:14 / 389	3:12:09 / 329		
311	42	FLAGA Iwona		POL		77K30/4	(K)12	03:22:14	03:21:56	04.47	
		0:24:01 / 440	0:47:12 / 439	1:10:22 / 431	1:38:42 / 394	2:05:16 / 383	2:29:36 / 352	2:52:51 / 339	3:11:57 / 327		
312	2422	BRZEZIŃSKI Maciej	ŚLESIN	POL	LOKALNA GRUPA LEKKOATLETYCZNA IM. HANNIB	85M20/65	(M)300	03:22:16	03:21:32	04.46	
		0:24:24 / 498	0:46:05 / 308	1:08:02 / 272	1:35:04 / 235	2:00:13 / 229	2:24:01 / 224	2:47:16 / 224	3:10:08 / 294		

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
313	902	SUŁKO Grzegorz	WARSZAWA	POL		89M20/66		(M)301	03:22:23	03:21:43 04.46
		0:25:17 / 735	0:49:12 / 604	1:12:30 / 544	1:40:50 / 466	2:07:16 / 446	2:31:39 / 407	2:54:14 / 361	3:12:31 / 332	
314	3340	JEZERSKI Tomasz	TCZEW	POL	/ WWW.MEGATHERM.EU	75M30/115		(M)302	03:22:24	03:22:16 04.47
		0:21:43 / 198	0:43:12 / 191	1:04:46 / 182	1:31:36 / 170	1:58:03 / 189	2:23:23 / 212	2:49:15 / 278	3:11:03 / 310	
315	2832	MUCHA Jacek	PRUSZKÓW	POL	/ RUN FOREST RUN!	72M40/90		(M)303	03:22:26	03:22:03 04.47
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316	2103	PIEKARZ Waldemar	KĄTY	POL		56M50/28		(M)304	03:22:27	03:22:17 04.47
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317	214	ŁOMIAK Piotr	WARSZAWA	POL		71M40/91		(M)305	03:22:28	03:22:02 04.47
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318	1760	SZATANIK Zbigniew	UJSOŁY	POL		68M40/92		(M)306	03:22:30	03:22:20 04.47
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319	1770	PODZOBA Krzysztof	KRAKÓW	POL		80M30/116		(M)307	03:22:32	03:22:28 04.47
		0:21:34 / 183	0:43:37 / 204	1:05:48 / 214	1:33:43 / 208	2:01:17 / 250	2:26:34 / 295	2:51:07 / 308	3:11:04 / 312	
320	1185	ŚMIECHOWSKI Krzysztof	RZESZÓW	POL		66M40/93		(M)308	03:22:35	03:22:06 04.47
		0:24:17 / 474	0:46:58 / 423	1:10:30 / 438	2:31:21 / 2900	2:06:20 / 413	2:26:34 / 294	2:54:27 / 371	3:12:44 / 338	
321	1451	ŁASKARZEWSKI Jarosław	OLSZTYN	POL		67M40/94		(M)309	03:22:37	03:22:18 04.47
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322	3214	SZEWCZYK Marek	TRZEBNICA	POL		84M20/67		(M)310	03:22:41	03:21:58 04.47
		0:24:04 / 450	0:46:31 / 397	1:09:21 / 375	1:37:12 / 321	2:03:01 / 320	2:26:45 / 302	2:50:55 / 303	3:11:10 / 314	
323	240	MOCZEK Andrzej	ŻYWIEC	POL	/ PRZEWODNIK BESKIDZKI	60M50/29		(M)311	03:22:44	03:22:40 04.48
		0:22:11 / 225	0:45:06 / 263	1:09:19 / 359	1:37:11 / 309	2:03:03 / 324	2:26:49 / 305	2:52:44 / 334	3:12:16 / 330	
324	2406	KARASOWSKI Łukasz	BRZEG	POL	/ JEDNOSTKA WOJSKOWA 2697 BRZEG	83M20/68		(M)312	03:22:55	03:22:41 04.48
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325	1911	KRAWCZYK Marcin	KRAKÓW	POL	/ AZS AWF MASTERS KRAKÓW	78M30/117		(M)313	03:22:57	03:22:12 04.47
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326	2019	KILANOWICZ Kacper	NOWY TARG	POL	/ SKYFUN	85M20/69		(M)314	03:23:01	03:21:12 04.46
		0:27:43 / 1246	0:50:54 / 917	1:13:50 / 638	1:41:14 / 478	2:06:13 / 406	2:28:52 / 336	2:50:32 / 298	3:09:53 / 290	
327	343	KŁOSIŃSKI Tomasz	KRAKÓW	POL		58M50/30		(M)315	03:23:08	03:23:05 04.48
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328	152	PAŁETKO Marek	JASZENICA DOLNA	POL	/ NYSA BIEGA	82M30/118		(M)316	03:23:12	03:23:12 04.48
		0:20:49 / 89	0:41:50 / 96	1:02:41 / 98	1:28:18 / 95	1:52:14 / 95	2:15:06 / 108	2:43:35 / 175	3:09:14 / 279	
329	1317	GÓRSKI Sławomir	LUBAŃ	POL		68M40/95		(M)317	03:23:15	03:22:11 04.47
		0:25:03 / 614	0:47:36 / 472	1:09:54 / 416	1:37:15 / 327	2:03:03 / 325	2:27:10 / 315	2:51:18 / 312	3:11:06 / 313	
330	1233	PRÜFER Christian	KRAKOW	GER	/ 1. SUHLER SV 06	77M30/119		(M)318	03:23:19	03:22:14 04.47
		0:25:03 / 613	0:49:14 / 608	1:12:41 / 557	1:41:27 / 496	2:07:54 / 467	2:32:12 / 422	2:54:44 / 378	3:12:59 / 343	
331	2112	LEWIŃSKI Bartosz	ĆMIŃSK RZĄDOWY	POL		88M20/70		(M)319	03:23:25	03:23:08 04.48
		0:25:25 / 787	0:48:50 / 587	1:12:34 / 549	1:41:14 / 479	2:07:53 / 465	2:32:04 / 417	2:54:44 / 376	3:13:17 / 351	
332	1705	CHŁOPEK Kazimierz	KRAKÓW	POL	/ NOWA HUTA TEAM	79M30/120		(M)320	03:23:29	03:23:08 04.48
		0:25:07 / 643	0:49:32 / 642	1:13:49 / 635	1:43:08 / 579	2:10:33 / 572	2:34:46 / 499	2:56:53 / 435	3:13:17 / 350	
333	3342	VERESS Béla	BUDAPEST	HUN		77M30/121		(M)321	03:23:32	03:22:34 04.48
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334	3211	MÜLDNER Rafał	KRAKÓW	POL		74M30/122		(M)322	03:23:32	03:22:12 04.47
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335	2770	VEIKSA Albertas	KAUNO RAJ.	LTU		62M50/31		(M)323	03:23:32	03:23:24 04.49
		0:22:37 / 255	0:45:16 / 275	1:08:11 / 277	1:36:27 / 267	2:03:55 / 345	2:29:34 / 349	2:53:53 / 353	3:12:53 / 340	
336	2126	BIELECKI Jacek	KRAKÓW	POL	/ FRANCISZKANIE KRAKÓW	76M30/123		(M)324	03:23:34	03:23:23 04.49
		0:23:40 / 392	0:47:07 / 428	1:10:32 / 439	1:39:16 / 414	2:06:17 / 410	2:30:11 / 370	2:52:42 / 333	3:12:33 / 333	
337	3309	PAZDAN Marek	SZCZYRZYC	POL		81M30/124		(M)325	03:23:37	03:22:54 04.48
		0:24:02 / 444	0:46:27 / 384	1:09:21 / 374	1:37:11 / 307	2:03:01 / 319	2:27:02 / 312	2:51:11 / 310	3:11:34 / 318	
338	484	ŚLAZAK Andrzej	PIOTRKÓW TRYB	POL	/ FAN CLUB DZEM	60M50/32		(M)326	03:23:37	03:23:21 04.49
		0:23:49 / 418	0:46:29 / 391	1:09:20 / 371	1:37:16 / 331	2:04:06 / 351	2:28:32 / 330	2:52:24 / 326	3:11:54 / 325	
339	2899	PRZEBIERACZ Tomasz	TARNOWSKIE GÓRY	POL		75M30/125		(M)327	03:23:39	03:23:31 04.49
		0:24:36 / 527	0:48:21 / 523	1:12:09 / 517	1:40:54 / 470	2:07:57 / 469	2:32:15 / 425	2:54:41 / 374	3:13:05 / 345	
340	1818	KOSMAŁA Przemysław	KRAKÓW	POL		79M30/126		(M)328	03:23:44	03:23:30 04.49
		0:23:30 / 339	0:46:23 / 361	2:53:47 / 2993	1:37:16 / 329	2:03:36 / 333	2:29:00 / 339	2:54:41 / 373	3:13:22 / 352	
341	1091	FIDO Marek	WARSZAWA	POL	/ LECHICI ZIELONKA	66M40/96		(M)329	03:23:51	03:23:45 04.49
		0:23:32 / 358	0:46:28 / 390	1:09:22 / 381	1:37:37 / 347	2:04:40 / 367	2:29:26 / 345	2:53:23 / 347	3:13:01 / 344	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
342	1392	CHOMIK Rafał	GLIWICE	POL	FACCIAMO JOGGING	77M30/127	(M)330	03:24:00	03:23:08	04.48
		0:23:51 / 424	0:46:30 / 394	1:09:33 / 402	1:37:32 / 344	2:03:15 / 327	2:26:28 / 274	2:48:44 / 269	3:11:49 / 324	
343	1709	MAŃKA Krzysztof	CHELM ŚLĄSKI	POL		88M20/71	(M)331	03:24:01	03:23:55	04.49
		0:23:49 / 421	0:47:03 / 426	1:09:55 / 418	1:37:58 / 362	2:04:39 / 366	2:29:37 / 353	2:52:42 / 332	3:12:53 / 339	
344	3341	TROCHANOWSKI	PARCZÓW	POL	ACTIVE LIFE POLKOWICE	76M30/128	(M)332	03:24:05	03:23:08	04.48
		0:24:53 / 584	0:47:56 / 495	1:11:03 / 469	1:39:29 / 419	2:05:41 / 390	2:30:01 / 367	2:52:52 / 340	3:13:05 / 346	
345	2130	CADER Jacek	ZABIERZÓW	POL		82M30/129	(M)333	03:24:07	03:23:45	04.49
		0:24:30 / 516	0:48:23 / 532	1:12:05 / 513	1:41:17 / 486	2:08:07 / 475	2:31:40 / 408	2:53:22 / 346	3:12:42 / 336	
346	2234	HARASIMOWICZ Łukasz	KRAKÓW	POL		75M30/130	(M)334	03:24:10	03:23:56	04.49
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347	1556	DREWNICKA-OGRODNIK	WROCLAW/PRZEMILÓW	POL		67K40/2	(K)13	03:24:12	03:24:06	04.50
		0:22:58 / 274	0:45:59 / 295	1:09:15 / 320	1:38:18 / 375	2:05:46 / 397	2:30:43 / 378	2:54:04 / 357	3:13:16 / 349	
348	976	ERTEL Radosław	MROCZEŃ	POL	MARATONYPOLSKIEPL TEAM	68M40/97	(M)335	03:24:12	03:23:36	04.49
		0:25:26 / 792	0:48:56 / 591	1:12:28 / 542	1:41:30 / 498	2:08:02 / 473	2:31:17 / 400	2:53:07 / 344	3:12:58 / 342	
349	1162	ZAREMBA Marcin	GDYNIA	POL	BIEGAMYRAZEM.PL	79M30/131	(M)336	03:24:16	03:23:58	04.50
		0:24:30 / 514	0:48:29 / 546	1:12:19 / 531	1:41:35 / 501	2:08:35 / 491	2:32:53 / 444	2:55:43 / 406	3:14:01 / 366	
350	2700	GAZDA Mariusz	KROSNO	POL	KROSNO	71M40/98	(M)337	03:24:25	03:24:18	04.50
		0:24:30 / 515	0:46:22 / 345	1:09:23 / 385	1:37:11 / 315	2:02:57 / 292	2:26:28 / 283	2:51:02 / 305	3:12:38 / 335	
351	977	KAMINSKI Krzysztof	KRAKÓW	POL		58M50/33	(M)338	03:24:25	03:23:54	04.49
		0:24:39 / 535	0:47:42 / 484	1:11:03 / 468	1:40:12 / 439	2:07:54 / 466	2:32:50 / 439	2:55:45 / 410	3:14:07 / 372	
352	2826	PLETI Marcin	KRAKOW	POL		74M30/132	(M)339	03:24:26	03:24:18	04.50
		0:23:16 / 295	0:46:10 / 311	1:09:16 / 332	1:37:52 / 357	2:05:00 / 377	2:30:44 / 380	2:54:23 / 367	3:13:45 / 358	
353	403	NOWICKI Andrzej	BIELAWA	POL	BIELAWIANKA	61M50/34	(M)340	03:24:29	03:24:24	04.50
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354	1231	OLENICZ Artur	NOWY SĄCZ	POL	WISIEGRAD MARATON RYTRO	68M40/99	(M)341	03:24:33	03:24:03	04.50
		0:24:05 / 453	0:47:09 / 432	1:10:21 / 428	1:39:01 / 407	2:06:20 / 414	2:32:27 / 428	2:55:39 / 400	3:14:18 / 377	
355	1646	STANCZAK Marcin	ŁĄCK	POL	TKKF PŁOCK	79M30/133	(M)342	03:24:34	03:24:09	04.50
		0:25:25 / 783	0:49:52 / 801	1:13:58 / 679	2:35:18 / 2922	2:10:52 / 584	2:32:27 / 429	2:57:00 / 438	3:14:16 / 376	
356	2448	KOMISARZ Tomasz	KRASNE	POL		83M20/72	(M)343	03:24:35	03:23:26	04.49
		0:26:00 / 923	0:49:41 / 713	1:13:06 / 590	1:42:00 / 523	2:08:42 / 496	2:32:53 / 443	2:55:43 / 407	3:14:15 / 375	
357	2579	ODO Robert	SUKÓW	POL	KKL-KIELCE	65M40/100	(M)344	03:24:35	03:24:10	04.50
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358	1029	DEJNAROWICZ Piotr	GDYNIA	POL	BIEGAMYRAZEM.PL	79M30/134	(M)345	03:24:37	03:24:17	04.50
		0:24:43 / 545	0:49:20 / 620	1:14:03 / 713	1:43:25 / 594	2:10:22 / 560	2:34:17 / 476	2:56:00 / 412	3:14:06 / 371	
359	898	MIKA Józef	POZNAŃ	POL	BRYLANT KÓRNIK	60M50/35	(M)346	03:24:39	03:24:22	04.50
		0:22:47 / 263	0:45:18 / 276	1:08:20 / 282	1:36:54 / 278	2:03:46 / 336	2:29:34 / 350	2:54:08 / 360	3:13:35 / 354	
360	1708	ŁODEJ Paweł	JASIEINICA	POL	NORDKAPP JASIEINICA	77M30/135	(M)347	03:24:41	03:24:11	04.50
		0:24:30 / 513	0:47:45 / 486	1:11:20 / 477	1:40:33 / 454	2:07:51 / 461	2:32:13 / 423	2:55:03 / 384	3:14:05 / 370	
361	625	KĘPSKI Robert	WROCLAW	POL		74M30/136	(M)348	03:24:47	03:24:29	04.50
		0:24:08 / 456	0:48:02 / 499	1:11:45 / 496	1:40:31 / 451	2:07:49 / 460	2:32:35 / 433	2:55:30 / 397	3:14:27 / 381	
362	2688	GIL Jacek	KRAKÓW	POL		78M30/137	(M)349	03:24:54	03:24:29	04.50
		0:25:09 / 657	0:48:27 / 541	1:11:39 / 486	1:39:29 / 420	2:05:44 / 396	2:30:38 / 376	2:54:01 / 354	3:13:46 / 359	
363	677	KUSKOWSKI Marek	GOŁDAP	POL	ŁOWCY PRZYGÓD - GOŁDAP	78M30/138	(M)350	03:24:56	03:24:50	04.51
		0:23:28 / 323	0:46:22 / 338	1:09:17 / 334	1:37:10 / 298	2:02:58 / 306	2:28:44 / 332	2:52:32 / 328	3:12:56 / 341	
364	1239	BOCHM Szymon	KOBYLA GÓRA	POL	BON ŻYWNOŚCIOWY	90M20/73	(M)351	03:25:07	03:24:48	04.51
		0:25:08 / 652	0:49:33 / 644	1:13:45 / 631	1:43:04 / 571	2:10:14 / 552	2:34:20 / 479	2:56:27 / 424	3:14:50 / 386	
365	670	SUTKOWY Damian	JAROSŁAW	POL		82M30/139	(M)352	03:25:08	03:25:00	04.51
		0:23:31 / 349	0:45:45 / 291	1:08:18 / 280	1:36:33 / 270	2:03:51 / 340	2:29:52 / 366	2:54:19 / 364	3:14:03 / 368	
366	1100	RAZIK Jacek	HERBY	POL	WKB META LUBLINIEC	68M40/101	(M)353	03:25:08	03:24:51	04.51
		0:25:10 / 667	0:49:43 / 736	1:14:08 / 737	1:44:01 / 692	2:11:38 / 675	2:35:56 / 556	2:57:47 / 457	3:15:25 / 396	
367	2411	KMIECIK Łukasz	ZALOM	POL	NIEZRZESZONY	76M30/140	(M)354	03:25:10	03:24:49	04.51
		0:24:34 / 524	0:47:50 / 490	1:11:04 / 470	1:40:01 / 432	2:07:02 / 438	2:31:14 / 398	2:54:23 / 368	3:13:54 / 362	
368	1562	SIWCZYK Andrzej	RYBNIK	POL	CHEMIKA RYBNIK	57M50/36	(M)355	03:25:11	03:24:22	04.50
		0:24:34 / 523	0:46:27 / 382	1:08:42 / 293	2:25:59 / 2854	2:02:15 / 268	2:31:14 / 397	2:49:27 / 282	3:11:34 / 319	
369	633	SZCZĘSNY Piotr	ŁĘBA	POL	LKBBP	68M40/102	(M)356	03:25:14	03:24:59	04.51
		0:23:32 / 359	0:46:14 / 318	1:09:06 / 307	1:37:01 / 279	2:04:36 / 363	2:30:58 / 391	2:54:43 / 375	3:14:07 / 373	
370	1906	KLESZCZ Piotr	KRAKÓW	POL		89M20/74	(M)357	03:25:14	03:24:50	04.51
		0:23:31 / 352	0:46:23 / 364	1:09:16 / 325	1:37:10 / 293	2:02:58 / 308	2:26:45 / 303	2:51:50 / 319	3:13:09 / 347	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
371	2373	GRABOWSKI Stanisław	KRAKÓW	POL	AZS AWF MASTERS KRAKÓW W	51M60/6		(M)358	03:25:19	03:24:55 04.51
		0:24:02 / 443	0:47:13 / 441	1:10:22 / 430	1:38:45 / 398	2:05:28 / 389	2:29:22 / 342	2:52:48 / 336	3:13:45 / 357	
372	1629	PALICHBLEB Adam	SOBÓTKA	POL	WKBP PIAST WROCLAW	64M40/103		(M)359	03:25:19	03:25:11 04.51
		0:21:13 / 124	0:42:04 / 107	1:03:15 / 115	1:29:13 / 108	1:53:28 / 120	2:16:23 / 120	2:51:45 / 317	3:14:20 / 380	
373	68	KŁOPOTOWSKI Grzegorz	LWÓWEK ŚLĄSKI	POL	VOLVO POLSKA	75M30/141		(M)360	03:25:21	03:24:55 04.51
		0:24:53 / 586	0:48:46 / 581	1:12:48 / 566	1:41:42 / 509	2:08:16 / 481	2:32:28 / 430	2:55:40 / 401	3:14:36 / 385	
374	1862	OLENIAK Jarosław	NOWA SÓL	POL	GEDIA NOWA SÓL	74M30/142		(M)361	03:25:26	03:25:08 04.51
		0:22:58 / 271	0:45:08 / 265	1:07:17 / 251	1:34:32 / 226	2:00:08 / 226	2:24:21 / 229	2:51:09 / 309	3:13:56 / 363	
375	237	GRANAT Mariusz	KRAKÓW	POL	M&M TEAM KRAKÓW	73M30/143		(M)362	03:25:28	03:25:21 04.52
		0:23:29 / 336	0:45:38 / 287	1:07:49 / 261	1:35:43 / 249	2:02:39 / 276	2:29:32 / 348	2:55:25 / 395	3:15:08 / 394	
376	2012	POPIEL Grażyna	TRZEBNICA	POL	TIETO	62K50/1		(K)14	03:25:29	03:25:20 04.51
		0:22:52 / 265	0:45:43 / 290	1:09:17 / 339	1:38:49 / 401	2:06:34 / 424	2:31:26 / 401	2:54:57 / 383	3:14:19 / 379	
377	3077	GRZESZCZUK Wojciech	WARSZAWA	POL		61M50/37		(M)363	03:25:30	03:24:56 04.51
		0:25:03 / 615	0:48:49 / 584	1:12:45 / 563	1:42:08 / 529	2:09:22 / 521	2:33:48 / 463	2:56:23 / 423	3:15:00 / 390	
378	2157	MATUSZCZYK Paweł	GRYFICE	POL		73M30/144		(M)364	03:25:32	03:24:47 04.51
		0:26:26 / 984	0:50:56 / 922	1:15:40 / 902	1:45:31 / 790	2:12:45 / 724	2:37:02 / 611	2:58:26 / 475	3:15:46 / 402	
379	211	GAWEŁ Bogdan	OŚWIĘCIM-ZABORZE	POL	FESTIWAL BIEGOWY W KRYNICY	56M50/38		(M)365	03:25:37	03:25:34 04.52
		0:22:01 / 218	0:44:10 / 224	1:07:51 / 266	1:29:44 / 2892	2:04:07 / 352	2:37:02 / 610	2:54:04 / 355	3:14:03 / 369	
380	2691	KOWALCZYK Paweł	WROCLAW	POL		81M30/145		(M)366	03:25:43	03:25:25 04.52
		0:24:12 / 463	0:47:15 / 449	1:11:06 / 471	1:40:23 / 443	2:07:52 / 464	2:32:52 / 442	2:56:01 / 413	3:15:45 / 401	
381	2529	SZEMET Jarosław	WROCLAW	POL	SZEMET RUNNING CLUB	74M30/146		(M)367	03:25:51	03:25:41 04.52
		0:22:18 / 235	0:44:18 / 230	1:06:39 / 234	1:34:12 / 221	2:00:01 / 223	2:24:10 / 225	2:51:00 / 304	3:14:32 / 383	
382	2848	CHAMERA Wiesław	LIPA	POL	SOLIDARNOŚĆ HSW	57M50/39		(M)368	03:25:58	03:25:34 04.52
		0:24:44 / 551	0:48:21 / 524	1:11:51 / 499	1:40:33 / 455	2:07:40 / 455	2:32:09 / 420	2:56:05 / 414	3:15:01 / 391	
383	2640	SZUBA Eryk	WARSZAWA	POL		72M40/104		(M)369	03:26:04	03:25:54 04.52
		0:23:34 / 367	0:46:20 / 327	1:09:19 / 355	1:37:08 / 287	2:03:18 / 328	2:28:40 / 331	2:53:29 / 350	3:14:00 / 365	
384	95	PIETRUSZYŃSKI Adam	MIĘDZYCHÓD	POL		91M20/75		(M)370	03:26:07	03:25:56 04.52
		0:21:13 / 126	0:42:11 / 114	1:03:14 / 114	1:30:27 / 144	2:00:33 / 235	2:29:25 / 344	2:56:38 / 426	3:16:18 / 421	
385	1653	CZEKAJ Maciej	KIELCE	POL		81M30/147		(M)371	03:26:13	03:25:42 04.52
		0:25:33 / 834	0:50:07 / 851	1:14:38 / 804	1:44:14 / 707	2:11:30 / 662	2:35:57 / 558	2:58:28 / 479	3:16:17 / 419	
386	1540	WIKTOROWICZ Tomasz	WROCLAW	POL	KPMG MARATHON TEAM	81M30/148		(M)372	03:26:18	03:25:34 04.52
		0:26:44 / 1027	0:51:17 / 951	1:15:24 / 881	1:45:02 / 752	2:12:32 / 710	2:36:46 / 599	2:58:25 / 474	3:16:15 / 417	
387	2940	WYBRANIEC Andrzej	KIETRZ	POL	KS GRYP	50M60/7		(M)373	03:26:23	03:26:11 04.53
		0:23:54 / 430	0:47:41 / 482	1:11:44 / 493	1:41:01 / 473	2:08:13 / 478	2:32:50 / 438	2:55:41 / 403	3:14:54 / 388	
388	1310	NOWAK Piotr	MYSŁOWICE	POL	TRUCHTACZ MYSLOWICE	71M40/105		(M)374	03:26:25	03:25:58 04.52
		0:23:42 / 400	0:46:28 / 386	1:09:24 / 388	1:37:38 / 348	2:04:31 / 361	2:29:10 / 341	2:53:21 / 345	3:14:14 / 374	
389	2517	PROCAJŁO Tomasz	KRAKÓW	POL	KTM EXTASY TEAM POLSKA	78M30/149		(M)375	03:26:26	03:25:56 04.52
		0:24:53 / 583	0:48:44 / 571	1:12:56 / 574	1:42:46 / 556	2:10:15 / 553	2:34:33 / 492	2:57:17 / 446	3:15:51 / 404	
390	2127	RYBA Jan	WROCLAW	POL		62M50/40		(M)376	03:26:31	03:26:16 04.53
		0:22:35 / 254	0:44:56 / 261	1:07:32 / 252	1:35:16 / 242	2:01:44 / 254	2:26:53 / 306	2:52:22 / 325	3:14:19 / 378	
391	1641	STAWARZ Krzysztof	ŻYWIEC	POL		80M30/150		(M)377	03:26:33	03:25:51 04.52
		0:23:41 / 397	0:46:22 / 343	1:08:58 / 304	1:37:01 / 281	2:03:29 / 332	2:28:48 / 334	2:54:14 / 362	3:15:25 / 397	
392	286	WĘCLEWSKI Andrzej	BIELAWA	POL	BIELAWA	55M50/41		(M)378	03:26:34	03:26:14 04.53
		0:25:12 / 691	0:49:40 / 692	1:13:57 / 665	1:42:18 / 2921	2:10:42 / 578	2:28:48 / 333	2:57:58 / 463	3:16:06 / 415	
393	793	MACHLÓWSKI Ryszard	KRAKÓW	POL	KKB DYSTANS KRAKÓW/FESTIWAL BIEGOWY KRYN	63M40/106		(M)379	03:26:37	03:26:29 04.53
		0:22:23 / 246	0:44:32 / 241	1:07:58 / 268	1:37:12 / 319	2:06:16 / 408	2:32:35 / 435	2:56:43 / 430	3:15:58 / 409	
394	1618	FIJALKOWSKI Andrzej	WARSZAWA	POL	SATURN WARSZAWA	66M40/107		(M)380	03:26:37	03:25:32 04.52
		0:24:23 / 497	0:48:11 / 508	1:12:01 / 507	1:41:16 / 481	2:08:40 / 494	2:33:17 / 455	2:55:41 / 402	3:15:07 / 393	
395	285	FIEGA Ryszard	GORLICE	POL	MARATON GORLICE	58M50/42		(M)381	03:26:43	03:26:27 04.53
		0:24:25 / 499	0:48:03 / 500	1:12:09 / 518	1:41:40 / 505	2:09:23 / 522	2:34:02 / 471	2:57:19 / 448	3:16:06 / 414	
396	1322	PĄGOWSKI Andrzej	WROCLAW	POL	MARATONY24.PL TEAM	73M30/151		(M)382	03:26:46	03:26:40 04.53
		0:21:29 / 163	0:42:43 / 157	1:04:38 / 177	1:33:17 / 201	2:02:30 / 273	2:28:08 / 322	2:52:29 / 327	3:13:50 / 361	
397	2868	RAJCZYBA Adam	WROCLAW	POL	603030703	65M40/108	B2/5	(M)383	03:26:46	03:26:18 04.53
		0:25:12 / 696	0:49:43 / 740	1:13:22 / 603	1:42:12 / 533	2:09:41 / 537	2:34:33 / 491	2:57:16 / 445	3:15:59 / 410	
398	2135	RAJCZYBA Adam	WROCLAW	POL	CROSS WROCLAW	65M40/109	B2/6	(M)384	03:26:46	03:26:23 04.53
		0:25:12 / 695	0:49:43 / 738	1:13:22 / 604	1:42:13 / 537	2:09:40 / 536	2:34:33 / 490	2:57:17 / 447	3:16:00 / 411	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]	
Check pts:												
399	1635	ZMITROWICZ Bogdan	NOWA DĘBA	POL	/ ZMITEK TEAM	77M30/152			(M)385	03:26:48	03:26:28	04.53
		0:23:53 / 429	0:47:08 / 431	1:10:29 / 437	1:39:17 / 415	2:06:17 / 409	2:31:36 / 405	2:55:44 / 408	3:15:24 / 395			
400	3493	BARGIEL Marek	KLIMONTÓW	POL	/ TOPÓR KLIMONTÓW	67M40/110			(M)386	03:26:49	03:26:29	04.53
		0:24:31 / 517	0:47:39 / 477	1:11:17 / 475	1:39:16 / 413	2:06:33 / 421	2:31:41 / 409	2:56:07 / 415	3:15:47 / 403			
401	279	SMUS Krzysztof	ZIELONKI	POL		67M40/111			(M)387	03:26:49	03:26:22	04.53
		0:24:47 / 562	0:48:29 / 548	1:12:14 / 523	1:41:17 / 485	2:08:49 / 502	2:33:48 / 464	2:57:19 / 450	3:16:34 / 428			
402	545	KURANT Tomasz	INOWROCŁAW	POL	/ BRAK	80M30/153			(M)388	03:26:56	03:26:26	04.53
		0:24:13 / 470	0:46:50 / 415	1:09:40 / 404	1:38:18 / 374	2:06:29 / 419	2:31:33 / 404	2:56:17 / 421	3:16:16 / 418			
403	996	SIERACKI Leszek	INOWROCŁAW	POL		63M40/112			(M)389	03:26:58	03:26:54	04.54
		0:19:53 / 51	0:39:33 / 49	1:00:12 / 59	1:26:01 / 66	1:51:27 / 83	2:14:49 / 106	2:44:52 / 194	3:13:47 / 360			
404	170	BLACHEWICZ Marcin	BYDGOSZCZ	POL		75M30/154			(M)390	03:27:00	03:26:39	04.53
		0:19:53 / 50	0:49:38 / 667	1:13:56 / 653	1:43:37 / 608	2:10:55 / 591	2:35:32 / 535	2:58:29 / 480	3:16:57 / 441			
405	2168	MASTALERZ Tomasz	KIELCE	POL	/ T-MOBILE RUNNING TEAM	76M30/155			(M)391	03:27:01	03:26:36	04.53
		0:25:07 / 644	0:49:33 / 649	1:13:26 / 611	1:42:35 / 551	2:09:27 / 525	2:33:14 / 454	2:56:42 / 428	3:16:03 / 413			
406	1532	KOSZYK Rafał	OPOLE	POL		79M30/156			(M)392	03:27:02	03:26:53	04.54
		0:23:33 / 361	0:46:25 / 374	1:09:22 / 383	1:37:54 / 358	2:04:42 / 369	2:29:38 / 356	2:55:09 / 387	3:15:55 / 406			
407	2563	KONIECZNY Marcin	PLAWCE	POL		76M30/157			(M)393	03:27:03	03:26:45	04.54
		0:24:12 / 466	0:46:57 / 422	1:09:55 / 419	1:37:58 / 361	2:04:41 / 368	2:29:42 / 358	2:54:25 / 369	3:14:52 / 387			
408	1564	KAMINSKI Marek-maciej	SZCZERCÓW	POL	/ GMINA SZCZERCÓW - KB SPARTAKUS BELCHATÓW	64M40/113			(M)394	03:27:04	03:26:21	04.53
		0:24:12 / 465	0:49:50 / 792	1:14:11 / 750	1:43:52 / 676	2:11:03 / 628	2:35:43 / 547	2:58:28 / 478	3:16:43 / 436			
409	1203	HOROWSKI Hieronim	WOLSZTYN	POL		74M30/158			(M)395	03:27:09	03:26:38	04.53
		0:25:07 / 639	0:49:03 / 599	1:12:56 / 576	1:42:16 / 540	2:09:55 / 545	2:34:47 / 503	2:57:36 / 455	3:16:19 / 422			
410	1184	JĘDRZKIEWICZ Andrzej	ŻYWIEC	POL		64M40/114			(M)396	03:27:11	03:26:46	04.54
		0:24:12 / 467	0:46:54 / 418	1:09:42 / 405	1:37:51 / 356	2:04:29 / 360	2:29:08 / 340	2:53:51 / 351	3:14:57 / 389			
411	2061	PODSIADŁO Adam	KRAKÓW	POL		81M30/159			(M)397	03:27:18	03:26:58	04.54
		0:23:27 / 322	0:46:13 / 317	1:08:54 / 300	1:37:06 / 283	2:04:55 / 376	2:30:51 / 384	2:56:13 / 418	3:16:22 / 423			
412	1043	CIEŚLAK Robert	POZNAŃ	POL	/ DRUŻYNA SZPIKU	69M40/115			(M)398	03:27:18	03:26:54	04.54
		0:23:27 / 321	0:49:39 / 680	1:14:00 / 692	1:43:43 / 647	2:11:00 / 624	2:35:44 / 548	2:58:34 / 481	3:16:49 / 439			
413	3470	KOTLARZ Paweł	WARSZAWA	POL		77M30/160			(M)399	03:27:21	03:24:47	04.51
		0:26:23 / 976	0:49:24 / 628	1:12:34 / 548	1:41:26 / 495	2:08:42 / 495	2:33:53 / 466	2:57:19 / 449	3:16:23 / 424			
414	727	PÓK János	AGÁRD	HUN	/ AXIÁL	63M40/116			(M)400	03:27:21	03:26:59	04.54
		0:23:40 / 395	0:46:24 / 368	1:09:20 / 368	1:37:20 / 334	2:04:27 / 358	2:29:50 / 365	2:55:26 / 396	3:15:53 / 405			
415	571	LUBNAU Marek	SOSNOWIEC	POL	/ TRKKF CZELADŹ	62M50/43			(M)401	03:27:23	03:27:00	04.54
		0:25:44 / 880	0:50:20 / 873	1:15:04 / 853	1:44:57 / 748	2:12:01 / 694	2:36:13 / 576	2:58:59 / 499	3:17:11 / 444			
416	3236	RUBISZ Wojław	WARSZAWA	POL	/ LECHICI ZIELONKA	79M30/161			(M)402	03:27:23	03:27:05	04.54
		0:25:09 / 661	0:49:37 / 663	1:13:56 / 658	1:43:37 / 612	2:10:55 / 595	2:35:36 / 541	2:58:28 / 476	3:16:44 / 437			
417	2813	RÓŻYCKI Edward	SZCZECIN	POL	/ MUKS TORNADO	53M50/44			(M)403	03:27:23	03:27:03	04.54
		0:25:15 / 715	0:49:34 / 651	1:13:55 / 648	1:43:37 / 613	2:10:55 / 590	2:35:36 / 540	2:58:28 / 477	3:16:43 / 435			
418	3433	KOSYK Alexander	VELYKA MOTOVYLOVKA	UKR		71M40/117			(M)404	03:27:27	03:26:10	04.53
		0:23:53 / 427	0:45:35 / 286	1:07:42 / 257	1:36:14 / 262	2:04:48 / 373	2:30:44 / 379	2:54:04 / 356	3:15:34 / 398			
419	617	BIAŁOGRODZKI Tadeusz	ZALESIE GÓRNE	POL		58M50/45			(M)405	03:27:27	03:26:38	04.53
		0:24:38 / 531	0:48:17 / 516	1:12:36 / 553	1:43:50 / 666	2:10:56 / 604	2:35:16 / 525	2:57:50 / 460	3:16:27 / 427			
420	2984	GORZKOWSKI Witold	WIELICZKA	POL	/ IM 2010 POLSKA	64M40/118			(M)406	03:27:34	03:27:08	04.54
		0:24:57 / 597	0:49:15 / 609	1:13:10 / 593	1:42:16 / 541	2:09:54 / 542	2:34:47 / 502	2:57:36 / 456	3:16:26 / 426			
421	669	PAJEWSKI Jerzy j.	KRAKÓW	POL	/ AJ PLUS	68M40/119			(M)407	03:27:35	03:27:10	04.54
		0:24:38 / 533	0:48:39 / 563	1:13:02 / 586	1:42:37 / 552	2:10:19 / 556	2:34:47 / 501	2:57:36 / 454	3:16:25 / 425			
422	3456	LISAK Grzegorz	CZCHÓW	POL		71M40/120			(M)408	03:27:37	03:27:14	04.54
		0:23:43 / 405	0:46:32 / 401	1:09:23 / 386	1:37:31 / 343	2:03:54 / 343	2:29:46 / 360	2:55:19 / 390	3:16:12 / 416			
423	1879	POGROSZEWSKI Krzysztof	KRAKÓW	POL	/ AZS AWF MASTERS KRAKÓW	56M50/46			(M)409	03:27:39	03:27:32	04.55
		0:23:43 / 404	0:46:36 / 408	1:09:50 / 412	1:38:15 / 372	2:05:26 / 387	2:30:52 / 385	2:55:20 / 391	3:15:39 / 400			
424	1225	GADZINA Krzysztof	KALNA	POL	/ NIEZRZESZONY	73M30/162			(M)410	03:27:40	03:27:28	04.55
		0:23:59 / 436	0:47:38 / 474	1:11:58 / 503	1:41:54 / 516	2:09:40 / 535	2:34:47 / 500	2:58:21 / 468	3:17:14 / 447			
425	1265	GÓRECKI Roman	GDYNIA	POL	/ MORSY GDYŃSKIE/BIEGAMYRAZEM.PL	72M40/121			(M)411	03:27:50	03:27:29	04.55
		0:23:59 / 437	0:49:35 / 653	1:13:56 / 656	1:43:25 / 595	2:10:22 / 559	2:34:18 / 477	2:56:59 / 437	3:17:31 / 455			
426	2177	BRZYSKI Maciej	RZESZÓW	POL	/ GAZELA Z RZESZOWA	85M20/76			(M)412	03:27:53	03:27:13	04.54
		0:24:41 / 541	0:48:19 / 519	1:12:04 / 512	1:41:03 / 475	2:08:47 / 499	2:33:41 / 462	2:56:57 / 436	3:16:41 / 434			

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupa Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
427	2454	UDZIĘLA Tomasz	NOWY TARG		POL / VISEGRAD MARATON	78M30/163		(M)413	03:27:57	03:26:42 04.53
		0:28:30 / 1494	0:51:58 / 1011	1:14:50 / 821	1:43:43 / 650	2:11:00 / 623	2:36:02 / 568	2:59:29 / 519	3:17:48 / 462	
428	2360	TRZECIAKOWSKI Tomasz	JAWORZNO		POL	88M20/77		(M)414	03:28:03	03:27:09 04.54
		0:25:38 / 850	0:49:45 / 762	1:14:01 / 703	1:43:39 / 627	2:10:57 / 605	2:35:37 / 544	2:59:07 / 506	3:17:58 / 468	
429	2943	MÁLEK Václav	DOLANY U OLOMOUCE		CZE	75M30/164		(M)415	03:28:03	03:27:45 04.55
		0:22:57 / 270	0:46:22 / 336	1:10:07 / 422	1:38:44 / 396	2:06:01 / 400	2:31:13 / 395	2:56:07 / 416	3:16:40 / 433	
430	1460	ŠMÁRIK Milan	ŽILINA		SVK / ŽILINA	62M50/47		(M)416	03:28:04	03:27:49 04.55
		0:23:06 / 283	0:45:54 / 293	1:09:02 / 306	1:37:48 / 355	2:05:43 / 395	2:31:03 / 392	2:55:31 / 398	3:16:01 / 412	
431	221	WIDLAK Janusz	WARSZAWA		POL	73M30/165		(M)417	03:28:05	03:27:56 04.55
		0:23:31 / 353	0:46:21 / 331	1:09:15 / 324	1:37:10 / 297	2:02:58 / 303	2:26:35 / 296	2:55:42 / 404	3:16:40 / 431	
432	2205	KRÓL Elżbieta	KRAKÓW		POL / AZS AWF MASTERS KRAKÓW	71K40/3		(K)15	03:28:06	03:27:58 04.55
		0:24:46 / 560	0:48:22 / 525	1:12:13 / 521	2:35:31 / 2924	2:02:58 / 304	2:26:35 / 297	2:55:42 / 405	3:16:40 / 432	
433	1073	MARSZAŁKOWSKI Zbigniew	WODZISŁAW ŚLĄSKI		POL / FORMA WODZISŁAW ŚLĄSKI	57M50/48		(M)418	03:28:07	03:27:42 04.55
		0:24:28 / 509	0:47:34 / 469	1:10:55 / 459	1:39:40 / 425	2:07:05 / 441	2:32:26 / 427	2:56:16 / 419	3:16:35 / 429	
434	2229	LASKOWSKI Szymon	WARSZAWA		POL	73M30/166		(M)419	03:28:08	03:27:53 04.55
		0:23:42 / 399	0:47:08 / 430	1:10:52 / 454	1:40:09 / 437	2:07:05 / 442	2:32:53 / 445	2:56:43 / 431	3:16:35 / 430	
435	3004	BOKOR Endre	KECSKEMÉT		HUN / TRIA-TÚRA SZSE.	72M40/122		(M)420	03:28:08	03:27:30 04.55
		0:24:27 / 508	0:47:18 / 452	1:10:08 / 424	1:37:54 / 359	2:04:44 / 371	2:29:38 / 354	2:53:27 / 348	3:15:04 / 392	
436	2386	PANASIUK Adrian	GDYNIA		POL / AKADEMIA MARYNARKI WOJENNEJ	91M20/78		(M)421	03:28:11	03:27:21 04.54
		0:25:23 / 765	0:49:24 / 625	1:12:15 / 528	1:41:18 / 488	2:08:28 / 487	2:33:33 / 459	2:57:15 / 443	3:16:55 / 440	
437	1140	KUĆ Jarosław	KRAKÓW		POL	66M40/123		(M)422	03:28:13	03:27:56 04.55
		0:25:05 / 620	0:49:35 / 654	1:13:59 / 684	1:43:53 / 679	2:11:24 / 646	2:35:49 / 552	2:58:39 / 486	3:17:17 / 448	
438	217	ZIMNY Emanuel	SOCHACZEW		POL / KM AKTYWNI SOCHACZEW	81M30/167		(M)423	03:28:17	03:28:13 04.56
		0:20:10 / 64	0:40:19 / 64	1:00:54 / 71	1:27:04 / 75	1:56:17 / 167	2:24:29 / 234	2:51:18 / 311	3:13:35 / 355	
439	2390	GAJEWSKI Marek	WARSZAWA		POL / INDYWIDUALNIE	65M40/124		(M)424	03:28:17	03:28:08 04.55
		0:23:20 / 302	0:46:10 / 312	1:09:12 / 312	1:38:20 / 378	2:04:38 / 365	2:29:47 / 362	2:55:04 / 385	3:15:55 / 407	
440	3328	SKJELLAND Didrik	KRAKÓW		NOR	90M20/79		(M)425	03:28:24	03:27:48 04.55
		0:24:55 / 592	0:48:58 / 593	1:12:53 / 571	1:41:59 / 521	2:08:55 / 508	2:33:50 / 465	2:57:49 / 459	3:17:34 / 457	
441	2977	PATER Kamil	KRAKÓW		POL	87M20/80		(M)426	03:28:28	03:28:12 04.56
		0:21:15 / 134	0:42:29 / 141	1:04:18 / 165	1:33:22 / 204	2:01:56 / 263	2:28:21 / 326	2:54:57 / 381	3:16:17 / 420	
442	392	WOLBACH Dawid	MUROWANA GOŚLINA		POL	89M20/81		(M)427	03:28:39	03:28:08 04.55
		0:24:34 / 525	0:47:38 / 475	1:10:39 / 447	1:38:52 / 402	2:01:56 / 262	2:32:32 / 432	2:56:44 / 432	3:16:49 / 438	
443	808	FUKER Miroslav	SPIŠSKÁ NOVÁ VES		SVK	59M50/49		(M)428	03:28:42	03:28:14 04.56
		0:25:17 / 729	0:48:47 / 582	1:12:41 / 558	1:41:43 / 510	2:09:33 / 529	2:34:26 / 484	2:58:24 / 472	3:17:50 / 463	
444	3422	MIKOŁAJCZYK Marta	WARKA		POL / PUŁASKI WARKA	48K60/1		(K)16	03:28:44	03:28:41 04.56
		0:24:20 / 485	0:48:09 / 505	1:12:01 / 508	1:41:17 / 483	2:09:02 / 511	2:34:28 / 486	2:58:24 / 473	3:17:58 / 469	
445	1427	LEŚNIAK Maciej	KRAKÓW		POL	85M20/82		(M)429	03:28:44	03:28:38 04.56
		0:24:20 / 484	0:41:26 / 86	1:02:35 / 92	1:29:02 / 103	1:56:34 / 173	2:23:43 / 221	2:51:19 / 313	3:14:31 / 382	
446	468	CZUCHWICKI Wacław	ZBĄSZYŃ		POL	58M50/50		(M)430	03:28:45	03:25:54 04.52
		0:29:21 / 1696	0:52:33 / 1053	1:15:53 / 914	1:44:24 / 720	2:11:29 / 661	2:35:46 / 549	2:58:40 / 490	3:17:37 / 459	
447	2461	CZAPCZYŃSKI Cezary	KRAKÓW		POL	77M30/168		(M)431	03:28:45	03:28:10 04.56
		0:25:40 / 863	0:49:30 / 639	1:13:32 / 622	1:43:04 / 574	2:10:29 / 567	2:35:14 / 523	2:58:40 / 491	3:17:57 / 467	
448	1459	UHLÁRIK Pavol	RAJEC		SVK / MARATON KLUB RAJEC	59M50/51		(M)432	03:28:45	03:28:18 04.56
		0:24:45 / 552	0:48:44 / 572	1:13:05 / 589	1:42:30 / 547	2:09:48 / 538	2:34:19 / 478	2:57:36 / 453	3:17:22 / 452	
449	1888	SROKA Wojciech	RZESZÓW		POL / SROKAFRUWASZYBKO RZESZÓW	78M30/169		(M)433	03:28:45	03:28:09 04.56
		0:25:25 / 784	0:49:30 / 638	1:13:32 / 620	1:43:01 / 567	2:10:29 / 566	2:35:14 / 522	2:58:40 / 489	3:17:56 / 466	
450	1475	TELEŻYŃSKI Jan	GDYNIA		POL / UKSRW WEJHEROWO	87M20/83		(M)434	03:28:47	03:28:28 04.56
		0:25:10 / 669	0:49:31 / 640	1:13:49 / 636	1:43:11 / 584	2:10:45 / 580	2:35:29 / 533	2:58:39 / 487	3:17:54 / 465	
451	807	CHABADA Ondrej	SPIŠSKÁ NOVÁ VES		SVK / MK TATRAN SP.NOVÁ VES	63M40/125		(M)435	03:28:49	03:28:36 04.56
		0:22:21 / 242	0:44:18 / 229	1:06:19 / 226	1:33:55 / 212	1:59:47 / 215	2:24:30 / 236	2:48:54 / 274	3:13:57 / 364	
452	1634	GERC Jarosław	ŚWIEBODZIN		POL / WULKANY MIŁOŚCI	82M30/170		(M)436	03:28:52	03:28:32 04.56
		0:22:21 / 243	0:49:40 / 696	1:13:45 / 630	1:43:15 / 589	2:10:23 / 562	2:35:00 / 511	2:58:19 / 467	3:17:18 / 449	
453	1712	GRYGIELSKI Artur	LUBIN		POL / ZG LUBIN	74M30/171		(M)437	03:28:53	03:28:14 04.56
		0:24:04 / 451	0:46:23 / 354	1:09:18 / 350	1:37:11 / 316	2:03:00 / 315	2:26:32 / 291	2:51:46 / 318	3:14:02 / 367	
454	2226	BARTOSZEK Piotr	KRASNYSTAW		POL	73M30/172		(M)438	03:28:54	03:28:25 04.56
		0:24:43 / 544	0:48:22 / 526	1:11:56 / 501	1:40:57 / 471	2:08:45 / 497	2:34:46 / 498	2:58:38 / 484	3:18:15 / 481	
455	1128	KICIŃSKI Grzegorz	SZCZECIN		POL / PANTOFLARZ SZCZECIN	63M40/126		(M)439	03:28:54	03:28:43 04.56
		0:24:28 / 510	0:48:31 / 550	1:12:57 / 577	1:42:50 / 561	2:10:44 / 579	2:35:36 / 539	2:58:54 / 496	3:18:11 / 479	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupa Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
456	2549	PETKOWICZ Paweł	LUBLIN		POL	88M20/84		(M)440	03:28:56	03:28:52 04.57
		0:20:51 / 95	0:43:58 / 219	1:08:08 / 274	1:37:10 / 294	2:05:13 / 380	2:30:57 / 390	2:55:24 / 394	3:15:55 / 408	
457	104	JASTRZĄB Piotr	LESKO		POL / DEKAN LESKO	68M40/127		(M)441	03:28:57	03:28:41 04.56
		0:24:45 / 554	0:48:53 / 590	1:13:02 / 585	1:42:38 / 553	2:10:10 / 550	2:35:13 / 518	2:59:29 / 518	3:19:00 / 499	
458	3302	MAKSYMOWICZ Bartosz	KRAKÓW		POL	83M20/85		(M)442	03:29:03	03:28:44 04.56
		0:25:12 / 697	0:49:46 / 769	1:14:16 / 768	1:44:08 / 698	2:11:55 / 688	2:36:36 / 593	2:59:28 / 517	3:18:12 / 480	
459	1232	BRODACKI Wiesław	TYCHY		POL / 40-LATEK TYCHY	61M50/52		(M)443	03:29:04	03:28:48 04.56
		0:25:09 / 662	0:49:40 / 698	2:58:41 / 2994	1:43:33 / 602	2:10:55 / 592	2:35:35 / 538	2:59:28 / 516	3:18:01 / 471	
460	675	SKRĘTKOWSKI Krzysztof	OLAWA		POL	81M30/173		(M)444	03:29:08	03:29:02 04.57
		0:24:55 / 591	0:49:35 / 652	1:14:09 / 741	1:44:09 / 700	2:12:19 / 699	2:37:31 / 634	2:59:59 / 529	3:18:26 / 484	
461	864	CZACHOR Marek	ŚWIEBODZIN		POL / WULKANY MIŁOŚCI	82M30/174		(M)445	03:29:13	03:28:56 04.57
		0:25:10 / 677	0:49:40 / 705	1:13:46 / 632	1:43:15 / 587	2:10:25 / 565	2:35:01 / 513	2:58:22 / 469	3:18:02 / 472	
462	728	ERGA Tor	SANDNES		NOR / UNIVERSITY OF STAVANGER	67M40/128		(M)446	03:29:14	03:29:05 04.57
		0:22:00 / 214	0:43:26 / 199	1:05:25 / 202	1:33:16 / 200	2:00:52 / 239	2:26:57 / 307	2:55:07 / 386	3:17:07 / 443	
463	2255	ZIĘBA Wojciech	NOWY SĄCZ		POL / VISEGRAD MARATON RYTRO	82M30/175		(M)447	03:29:14	03:28:44 04.56
		0:24:21 / 487	0:47:42 / 483	1:11:45 / 494	1:40:31 / 452	2:07:30 / 452	2:31:57 / 415	2:55:51 / 411	3:18:35 / 488	
464	1892	PODWYSOCKI Marcin	AUGUSTÓW		POL / ATP AUGUSTÓW	88M20/86		(M)448	03:29:14	03:28:52 04.57
		0:24:29 / 512	0:48:23 / 531	1:12:19 / 530	1:41:41 / 507	2:09:31 / 527	2:34:58 / 508	2:59:07 / 507	3:18:17 / 482	
465	3344	ADAMCZYK Mariusz	RUDA ŚLĄSKA		POL / TKKF JASTRZĄB RUDA ŚLĄSKA	76M30/176		(M)449	03:29:15	03:29:04 04.57
		0:23:36 / 380	0:46:24 / 372	1:09:20 / 367	1:37:28 / 338	2:04:29 / 359	2:31:28 / 402	2:57:50 / 461	3:18:53 / 498	
466	683	WITKOWSKI Dominik	POZNAŃ		POL / INGA TEAM	72M40/129		(M)450	03:29:16	03:25:11 04.51
		0:25:47 / 888	0:47:26 / 463	1:09:22 / 382	1:36:42 / 272	2:02:16 / 269	2:28:56 / 337	2:54:55 / 380	3:17:22 / 451	
467	2494	STACHOWSKI Krzysztof	KRAKÓW		POL / CFS TEAM	72M40/130		(M)451	03:29:18	03:28:51 04.56
		0:25:01 / 604	0:49:16 / 610	1:13:37 / 625	1:43:24 / 593	2:10:56 / 602	2:35:25 / 529	2:58:38 / 483	3:17:47 / 461	
468	2949	KASPEROWICZ Radek	BIAŁYSTOK		POL	89M20/87		(M)452	03:29:19	03:28:47 04.56
		0:24:36 / 528	0:47:40 / 480	1:10:58 / 462	1:40:01 / 434	2:07:02 / 439	2:31:16 / 399	2:55:33 / 399	3:17:11 / 446	
469	2749	BENZAKOUR Khalid	CASABLANCA		MAR / CMCF	59M50/53		(M)453	03:29:20	03:28:45 04.56
		0:23:58 / 434	0:46:28 / 387	1:09:18 / 353	1:37:30 / 341	2:04:54 / 375	2:29:41 / 357	2:55:24 / 393	3:17:29 / 454	
470	1205	KRUCZYNSKI Marian	ZYWIEC		POL	53M50/54		(M)454	03:29:25	03:28:59 04.57
		0:25:12 / 689	0:49:42 / 724	1:13:59 / 685	1:43:37 / 609	2:11:34 / 665	2:36:22 / 582	2:59:28 / 514	3:18:06 / 475	
471	267	MRAJCA Tomáš	OSTRAVA		POL / MK SEITL OSTRAVA	72M40/131		(M)455	03:29:29	03:28:45 04.56
		0:26:32 / 997	0:51:28 / 969	1:16:30 / 943	1:46:58 / 873	2:14:34 / 803	2:39:09 / 698	3:01:29 / 566	3:19:17 / 509	
472	752	KUCHNIEWSKI Marcin	GRACZE		POL / BIEGACZE MONARU GRACZE	91M20/88		(M)456	03:29:30	03:26:56 04.54
		0:27:29 / 1147	0:51:30 / 980	1:15:02 / 844	1:43:57 / 687	2:11:41 / 680	2:36:40 / 594	2:59:07 / 505	3:17:58 / 470	
473	904	MACKŮ Jaroslav	OSTRAVA		CZE / MK SEITL OSTRAVA	63M40/132		(M)457	03:29:31	03:29:16 04.57
		0:25:10 / 672	0:49:41 / 717	1:14:02 / 711	1:43:54 / 682	2:11:35 / 667	2:36:53 / 608	3:00:19 / 540	3:18:52 / 495	
474	149	PLUCIENNIK Artur	WARSZAWA		POL	71M40/133		(M)458	03:29:32	03:29:10 04.57
		0:24:41 / 540	0:48:36 / 557	1:13:01 / 584	1:42:45 / 554	2:10:24 / 563	2:35:12 / 517	2:58:42 / 492	3:18:19 / 483	
475	882	SZIJ Tamás	BUDAPEST		HUN / VASEMBEREK KLUBJA	69M40/134		(M)459	03:29:34	03:28:53 04.57
		0:24:50 / 570	0:48:14 / 512	1:12:00 / 505	1:41:56 / 519	2:09:54 / 543	2:35:00 / 509	2:58:58 / 498	3:18:42 / 493	
476	2378	JABŁOŃSKI Mateusz	BIELSKO-BIALA		POL	90M20/89		(M)460	03:29:36	03:29:30 04.57
		0:24:50 / 571	0:42:23 / 131	1:04:21 / 169	1:32:18 / 181	2:00:25 / 233	2:26:44 / 301	2:54:27 / 370	3:17:11 / 445	
477	2207	JANUSZ Sebastian	WARSZAWA		POL / POLBANK	76M30/177		(M)461	03:29:37	03:29:21 04.57
		0:23:44 / 407	0:46:47 / 413	1:10:07 / 423	1:38:54 / 403	2:06:33 / 422	2:32:09 / 421	2:56:36 / 425	3:17:25 / 453	
478	3499	DOMINICZAK Sebastian	WROCLAW		POL	75M30/178		(M)462	03:29:44	03:28:10 04.56
		0:25:01 / 603	0:48:11 / 507	1:11:24 / 479	1:39:50 / 428	2:06:05 / 403	2:30:44 / 381	2:57:02 / 439	3:17:32 / 456	
479	1263	WINCENIAK Krzysztof	KOCMYRZÓW		POL	80M30/179		(M)463	03:29:45	03:29:24 04.57
		0:24:54 / 588	0:48:42 / 567	1:12:30 / 543	1:41:24 / 494	2:08:36 / 492	2:33:01 / 449	2:56:16 / 420	3:17:20 / 450	
480	1242	BEBAK Roman	ZEMBRZYCE		POL / ZEMBRZYCE. EU TEAM	60M50/55		(M)464	03:29:46	03:28:32 04.56
		0:26:37 / 1004	0:50:32 / 893	1:14:41 / 808	1:44:17 / 712	2:12:10 / 698	2:37:09 / 617	3:00:13 / 535	3:19:06 / 503	
481	1637	CEBO Paweł	ZAWIERCIE		POL	74M30/180		(M)465	03:29:46	03:29:29 04.57
		0:24:38 / 534	0:48:25 / 538	1:12:25 / 537	1:41:54 / 515	2:09:20 / 519	2:34:01 / 470	2:56:49 / 433	3:16:59 / 442	
482	1778	MATOSZ Tomasz	KRAKÓW		POL / FATHER AT HOME	77M30/181		(M)466	03:29:53	03:29:22 04.57
		0:25:16 / 726	0:49:44 / 753	1:14:07 / 731	1:43:39 / 629	2:10:59 / 622	2:35:36 / 543	2:59:15 / 511	3:18:41 / 492	
483	3029	KRASKA Włodzimierz	KRAKOW		POL / NIEZRZESZONY	46M60/8		(M)467	03:29:56	03:29:43 04.58
		0:23:47 / 412	0:46:50 / 414	1:09:54 / 417	1:38:19 / 376	2:05:28 / 388	2:30:53 / 386	2:55:44 / 409	3:17:36 / 458	
484	1431	MOŻEJKO Zbigniew	WROCLAW		POL	69M40/135		(M)468	03:29:58	03:29:44 04.58
		0:25:00 / 600	0:49:29 / 637	1:13:58 / 680	1:43:44 / 654	2:11:21 / 644	2:36:24 / 583	2:59:32 / 521	3:18:38 / 491	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
485	2715	KRAWCZYK Marek	KRAKOW	POL			71M40/136	(M)469	03:29:59	03:29:45 04.58
		0:25:03 / 616	0:49:35 / 655	1:13:46 / 633	1:43:09 / 582	2:10:17 / 554	2:35:13 / 521	2:59:13 / 509	3:18:53 / 497	
486	2016	MAŁECKI Janusz	OJRZEŃ	POL			65M40/137	(M)470	03:30:07	03:30:00 04.58
		0:21:29 / 165	0:43:11 / 190	1:05:59 / 217	1:34:45 / 231	2:02:56 / 287	2:30:04 / 369	2:56:10 / 417	3:17:44 / 460	
487	3481	CZARNECKI Cezary	SZREŃSK	POL	/ AZS WAT		89M20/90	(M)471	03:30:08	03:29:48 04.58
		0:25:07 / 641	0:49:39 / 683	1:13:56 / 654	1:43:25 / 596	2:10:55 / 596	2:35:54 / 555	2:59:54 / 525	3:19:05 / 501	
488	363	PIOTROWSKI Paweł	TOMASZÓW MAZ	POL			66M40/138	(M)472	03:30:13	03:30:11 04.58
		0:22:40 / 258	0:45:56 / 294	1:09:18 / 351	1:38:30 / 381	2:06:48 / 430	2:32:36 / 436	2:57:31 / 452	3:18:10 / 478	
489	2114	LUBOWICKI Łukasz	TYCHY	POL	/ 40-LATEK TYCHY		78M30/182	(M)473	03:30:14	03:29:36 04.58
		0:25:30 / 820	0:50:27 / 890	1:15:03 / 849	1:45:08 / 764	2:12:47 / 725	2:37:23 / 628	3:00:17 / 539	3:19:17 / 508	
490	967	KNUDSEN Jes	BALLERUP	DEN			55M50/56	(M)474	03:30:15	03:29:36 04.58
		0:25:30 / 818	0:49:53 / 807	2:59:10 / 2995	1:43:15 / 588	2:10:33 / 571	2:35:25 / 530	3:00:17 / 538	3:19:07 / 504	
491	1201	MAKARCZYK Daniel	CHOBIAENIA	POL	/ KGHM POLSKA MIEDZ ZG RUDNA		75M30/183	(M)475	03:30:16	03:29:15 04.57
		0:25:30 / 819	0:50:00 / 832	1:14:14 / 760	1:43:13 / 585	2:10:30 / 568	2:35:37 / 545	2:59:15 / 510	3:18:51 / 494	
492	1795	KALANDYK Marek	RZESZÓW	POL	/ RZESZOWSKIE GAZELE I GEPARDY		66M40/139	(M)476	03:30:22	03:30:00 04.58
		0:25:07 / 645	0:49:40 / 700	1:13:58 / 673	1:45:06 / 761	2:11:35 / 670	2:36:13 / 574	3:00:34 / 541	3:19:42 / 514	
493	87	SIEMINSKI Radosław	KRAKÓW	POL			81M30/184	(M)477	03:30:26	03:30:12 04.58
		0:22:20 / 238	0:44:32 / 240	1:07:13 / 248	1:35:57 / 259	2:04:43 / 370	2:31:54 / 414	2:57:48 / 458	3:18:38 / 490	
494	1889	BAJOREK Michał	TOMASZOWICE	POL			69M40/140	(M)478	03:30:27	03:30:06 04.58
		0:25:15 / 717	0:49:46 / 771	1:14:27 / 784	1:44:43 / 736	2:12:41 / 716	2:37:31 / 633	3:00:34 / 543	3:19:28 / 510	
495	193	MICHAŁEK Dariusz	KRAKÓW	POL			67M40/141	(M)479	03:30:29	03:30:17 04.59
		0:25:15 / 716	0:43:47 / 214	1:06:23 / 231	1:35:11 / 241	2:03:52 / 341	2:30:53 / 387	2:56:51 / 434	3:18:05 / 473	
496	3076	GRADEK Dariusz	KRAKÓW	POL			71M40/142	(M)480	03:30:30	03:30:10 04.58
		0:25:07 / 637	0:49:39 / 687	1:13:57 / 669	2:35:35 / 2925	2:10:55 / 593	2:30:53 / 388	2:59:05 / 502	3:19:12 / 505	
497	2653	POLAK Bartosz	SKIERDY	POL			79M30/185	(M)481	03:30:32	03:29:57 04.58
		0:25:40 / 860	0:50:20 / 872	1:15:31 / 888	1:46:01 / 817	2:14:05 / 786	2:39:10 / 701	3:02:06 / 593	3:20:39 / 525	
498	2568	MLECZKO Marian	ZABRZE	POL			62M50/57	(M)482	03:30:35	03:30:10 04.58
		0:24:52 / 580	0:48:33 / 553	1:12:07 / 515	1:40:34 / 456	2:07:13 / 443	2:32:14 / 424	2:56:40 / 427	3:17:51 / 464	
499	1198	PYRZAK Paweł	PRZEMYŚL	POL	/ FORT JAKSMANICE		85M20/91	(M)483	03:30:39	03:30:19 04.59
		0:24:52 / 579	0:48:34 / 554	1:12:19 / 532	1:40:51 / 468	2:07:35 / 454	2:32:35 / 434	2:57:16 / 444	3:18:06 / 474	
500	365	BRZOZOWSKI Leszek	GORLICE	POL	/ MARATON GORLICE		55M50/58	(M)484	03:30:41	03:30:30 04.59
		0:23:20 / 304	0:46:22 / 342	1:09:17 / 338	1:38:13 / 370	2:05:15 / 381	2:30:20 / 374	2:56:21 / 422	3:18:32 / 485	
501	2436	ZAKRZEWSKI Patryk	SZCZECIN	POL	/ DOMINIKANIE		78M30/186	(M)485	03:30:41	03:30:09 04.58
		0:24:48 / 566	0:48:26 / 540	1:12:09 / 519	1:41:17 / 482	2:08:46 / 498	2:34:04 / 474	2:58:48 / 495	3:19:14 / 506	
502	3010	BRYZEK Łukasz	BIELANY	POL			83M20/92	(M)486	03:30:45	03:29:33 04.57
		0:25:20 / 751	0:48:41 / 566	1:11:43 / 491	1:39:39 / 424	2:07:01 / 436	2:33:09 / 452	2:58:39 / 488	3:18:52 / 496	
503	1299	RUDKOWSKI Michał	PULAWY	POL	/ POLITECHNIKA WARSZAWSKA		88M20/93	(M)487	03:30:47	03:30:07 04.58
		0:25:17 / 738	0:49:12 / 605	1:12:35 / 552	1:40:51 / 469	2:07:54 / 468	2:32:53 / 446	2:57:21 / 451	3:18:10 / 477	
504	1724	ŚWIERCZEK Grzegorz	ZAWIERCIE	POL			70M40/143	(M)488	03:30:48	03:30:07 04.58
		0:24:38 / 532	0:48:22 / 528	1:12:25 / 538	1:42:07 / 528	2:10:35 / 574	2:35:33 / 536	2:59:00 / 500	3:19:33 / 512	
505	200	MIRONCZUK Roman	KRAKÓW	POL	/ DRUŻYNA SZPIKU		76M30/187	(M)489	03:30:49	03:30:37 04.59
		0:23:37 / 381	0:46:26 / 380	1:09:29 / 398	1:38:08 / 366	2:05:02 / 378	2:30:02 / 368	2:57:06 / 440	3:19:33 / 511	
506	826	MACH Kornel	KIELCE	POL			88M20/94	(M)490	03:30:57	03:30:48 04.59
		0:21:12 / 122	0:42:11 / 112	1:03:13 / 112	1:29:13 / 104	1:53:01 / 104	2:14:25 / 96	2:42:46 / 165	3:14:33 / 384	
507	1388	SZEWczyk Mariusz	KRAKÓW	POL			80M30/188	(M)491	03:30:58	03:30:44 04.59
		0:23:34 / 369	0:46:24 / 369	1:09:22 / 380	1:37:12 / 318	2:03:27 / 331	2:28:14 / 323	2:54:08 / 359	3:18:08 / 476	
508	2484	MORAJKA Kornel	BOCHNIA	POL			88M20/95	(M)492	03:30:58	03:30:05 04.58
		0:26:31 / 992	0:49:45 / 758	1:13:03 / 588	1:41:35 / 500	2:08:54 / 506	2:34:21 / 480	2:58:42 / 493	3:19:05 / 502	
509	2791	BOCHNAK Maciej	RABA WYŻNA	POL			84M20/96	(M)493	03:30:58	03:30:28 04.59
		0:25:10 / 675	0:49:40 / 707	1:14:02 / 708	1:43:49 / 662	2:10:57 / 611	2:35:18 / 526	2:58:22 / 470	3:18:34 / 487	
510	565	SÓJKA Krzysztof	BELCHATÓW	POL			77M30/189	(M)494	03:31:14	03:30:19 04.59
		0:25:59 / 915	0:50:24 / 885	1:15:01 / 842	1:45:12 / 771	2:13:14 / 742	2:38:22 / 661	3:01:47 / 575	3:20:40 / 526	
511	1139	KASIŃSKI Wojciech	PSZCZYNA	POL			63M40/144	(M)495	03:31:17	03:30:35 04.59
		0:26:13 / 950	0:51:21 / 960	1:16:05 / 923	1:46:20 / 840	2:14:18 / 795	2:39:13 / 704	3:02:20 / 595	3:20:55 / 534	
512	2624	SUDOL Wojciech	KRAKÓW	POL			79M30/190	(M)496	03:31:29	03:30:42 04.59
		0:27:35 / 1176	0:52:48 / 1087	1:17:32 / 985	1:47:10 / 886	2:14:04 / 782	2:39:50 / 728	3:03:35 / 644	3:21:38 / 547	
513	2982	KOWAL Przemysław	BORZECZÓW	POL	/ JW NIL		88M20/97	(M)497	03:31:31	03:30:43 04.59
		0:27:35 / 1177	0:52:49 / 1090	1:17:33 / 987	1:47:10 / 884	2:14:03 / 781	2:39:49 / 727	3:03:35 / 643	3:21:38 / 548	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupa Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
514	515	PERNAK Piotr	WARSZAWA		POL / ASICS POLSKA	70M40/145		(M)498	03:31:42	03:31:24 05.00
		0:27:35 / 1175 0:48:24 / 536	1:12:21 / 534 1:41:46 / 513		2:09:53 / 541 2:35:01 / 512	3:00:00 / 532	3:20:33 / 524			
515	2885	MAKOWSKI Jerzy	SUSZNO		POL / POLSKA BIEGA	65M40/146		(M)499	03:31:43	03:31:28 05.00
		0:24:44 / 549 0:48:45 / 576	1:12:52 / 568 1:42:09 / 530		2:09:51 / 540 2:35:59 / 559	2:59:56 / 527	3:19:59 / 517			
516	1961	RZĄSA Paweł	KRAKÓW		POL	67M40/147		(M)500	03:31:45	03:30:37 04.59
		0:26:37 / 1005 0:50:17 / 864	1:15:38 / 899 1:45:51 / 809		2:13:32 / 760 2:38:58 / 690	3:02:34 / 611	3:21:18 / 543			
517	1396	KÁROLY Lovász	BUDAKALÁSZ		HUN	65K40/4		(K)17	03:31:45	03:31:30 05.00
		0:24:19 / 481 0:48:40 / 565	1:13:16 / 598 1:43:26 / 598		2:11:25 / 650 2:37:04 / 612	3:01:10 / 554	3:20:41 / 527			
518	1097	IDZIAK Ireneusz	MYSŁOWICE		POL	73M30/191		(M)501	03:31:48	03:30:59 05.00
		0:26:43 / 1024 0:52:27 / 1041	1:17:49 / 1011 1:48:23 / 926		2:16:26 / 880 2:41:15 / 771	3:03:52 / 651	3:21:56 / 549			
519	2277	MARCZUK Marek	RZEPIN		POL / NSZZ SOLIDARNOŚĆ REGION ZIELONA GÓRA	68M40/148		(M)502	03:31:50	03:31:42 05.01
		0:23:29 / 335 0:46:19 / 324	1:09:16 / 328 1:37:59 / 363		2:06:03 / 401 2:31:48 / 411	2:57:10 / 442	3:19:02 / 500			
520	591	TRZCINSKI Kazimierz	PLETTENBERG		GER	59M50/59		(M)503	03:31:51	03:31:09 05.00
		0:23:56 / 432 0:46:55 / 419	1:10:38 / 445 1:40:16 / 441		2:08:33 / 490 2:34:36 / 494	2:59:28 / 515	3:20:01 / 518			
521	2638	SZPAK Sławomir	KRAKÓW		POL	69M40/149		(M)504	03:31:52	03:31:25 05.00
		0:25:25 / 785 0:49:48 / 781	1:14:06 / 730 1:43:59 / 688		2:11:36 / 672 2:36:29 / 585	3:00:01 / 533	3:19:54 / 515			
522	662	STRYCHALSKI Dariusz	ŁAPY		POL	75M30/192	Niep/2	(M)505	03:31:57	03:31:43 05.01
		0:24:03 / 447 0:47:54 / 494	1:12:01 / 506 1:41:21 / 492		2:09:55 / 546 2:34:41 / 496	2:58:08 / 465	3:21:13 / 541			
523	1079	PRABUCKI Jarosław	POLICE		POL / UKL ÓSEMKA POLICE	77M30/193		(M)506	03:31:57	03:31:29 05.00
		0:25:29 / 812 0:49:58 / 827	1:14:31 / 790 1:44:19 / 714		2:12:05 / 695 2:37:06 / 613	3:01:23 / 562	3:20:27 / 522			
524	2007	CUPRYŚ Dariusz	RZESZÓW		POL	73M30/194		(M)507	03:31:59	03:31:32 05.00
		0:25:11 / 685 0:49:42 / 728	1:14:06 / 729 1:43:41 / 643		2:11:04 / 633 2:36:17 / 578	3:00:50 / 549	3:20:56 / 535			
525	1700	KOHUT Dariusz	PRZEMYŚL		POL / TAŚ TAŚ	72M40/150		(M)508	03:32:06	03:31:46 05.01
		0:24:23 / 493 0:48:28 / 544	1:13:17 / 599 2:38:35 / 2936		2:12:45 / 722 2:36:17 / 577	3:02:04 / 588	3:21:03 / 538			
526	2050	KASPRZAK Dariusz	WARKA		POL / KS START PUŁAWSKI WARKA	68M40/151		(M)509	03:32:08	03:31:37 05.00
		0:25:12 / 694 0:49:41 / 712	1:14:02 / 707 1:43:43 / 648		2:11:24 / 647 2:36:36 / 592	3:00:42 / 546	3:20:44 / 529			
527	3065	RACHWAŁ Jacek	TRZYCIAŻ		POL	66M40/152		(M)510	03:32:13	03:32:04 05.01
		0:23:28 / 325 0:46:04 / 305	1:09:10 / 311 1:40:25 / 446		2:11:24 / 648 2:34:26 / 485	2:58:24 / 471	3:18:33 / 486			
528	1547	RADCZAK Andrzej	KRAKÓW		POL	61M50/60		(M)511	03:32:15	03:31:51 05.01
		0:25:26 / 791 0:49:57 / 819	1:15:00 / 839 1:45:51 / 810		2:14:12 / 792 2:39:15 / 709	3:02:25 / 603	3:21:13 / 540			
529	2196	BAJOR Janusz	WOJKOWICE		POL 501265082 / NIEZRZESZONY	65M40/153		(M)512	03:32:17	03:32:12 05.01
		0:22:06 / 220 0:44:10 / 225	1:06:23 / 230 1:34:47 / 233		2:02:36 / 275 2:29:43 / 359	2:56:43 / 429	3:19:41 / 513			
530	3180	FIALKOWSKI Łukasz	KRAKÓW		POL	79M30/195		(M)513	03:32:19	03:30:19 04.59
		0:27:39 / 1209 0:50:36 / 898	1:14:21 / 775 1:43:11 / 583		2:09:31 / 528 2:34:23 / 482	3:01:43 / 571	3:21:12 / 539			
531	804	TRZEMŻAŁSKI Maciej	KORCZYNA		POL / MAGAZYN GÓRSKI	68M40/154		(M)514	03:32:29	03:32:07 05.01
		0:23:34 / 370 0:46:28 / 385	1:09:24 / 389 1:37:27 / 337		2:06:41 / 429 2:34:03 / 473	2:59:34 / 522	3:20:29 / 523			
532	91	ZIELIŃSKI Marcin	DOBRZEŃ WIELKI		POL / BIEG OPOLSKI / RISER	72M40/155		(M)515	03:32:36	03:31:12 05.00
		0:27:11 / 1095 0:52:46 / 1079	1:18:10 / 1043 1:49:21 / 972		2:17:38 / 925 2:42:34 / 818	3:04:18 / 659	3:22:18 / 561			
533	1868	HACZYK Natalia	OPOLE		POL / BIEG OPOLSKI	73K30/5		(K)18	03:32:37	03:32:05 05.01
		0:26:54 / 1046 0:52:45 / 1075	1:18:15 / 1050 1:49:21 / 971		2:17:38 / 924 2:42:33 / 816	3:04:19 / 660	3:22:18 / 560			
534	3332	TISSOT Christian	VAUX EN BUGEY		FRA	56M50/61		(M)516	03:32:38	03:32:24 05.02
		0:24:12 / 464 0:48:37 / 560	1:13:08 / 592 1:43:09 / 580		2:10:57 / 606 2:36:01 / 567	3:00:34 / 542	3:20:54 / 533			
535	1102	SIERKA Artur	WROCLAW		POL / WKB PIAST WROCLAW	81M30/196		(M)517	03:32:39	03:32:36 05.02
		0:21:13 / 125 0:42:11 / 113	1:03:38 / 125 2:32:31 / 2906		2:01:55 / 261 2:36:01 / 566	3:02:23 / 597	3:23:04 / 587			
536	789	TRZEPIZUR Dominik	WRĘCZYCA WIELKA		POL / NGB KŁOBUCK	87M20/98		(M)518	03:32:40	03:32:32 05.02
		0:23:39 / 389 0:46:28 / 389	1:09:43 / 407 1:38:40 / 390		2:06:30 / 420 2:32:07 / 418	2:57:06 / 441	3:20:15 / 519			
537	1575	SZWEDZIK Krzysztof	ŁOMIANKI		POL / WINIEC ROAD RUNNERS	61M50/62		(M)519	03:32:41	03:32:31 05.02
		0:23:51 / 423 0:47:50 / 489	1:12:26 / 540 1:42:57 / 563		2:11:27 / 654 2:37:39 / 640	3:01:48 / 576	3:21:24 / 544			
538	1481	REDA Sławomir	WARSZAWA		POL / WARSZAWA URSYŃÓW	58M50/63		(M)520	03:32:51	03:32:15 05.01
		0:25:20 / 753 0:49:32 / 641	1:13:32 / 621 1:43:08 / 578		2:10:59 / 619 2:36:18 / 579	2:59:59 / 530	3:19:56 / 516			
539	1922	MEJSNER Bartosz	LUBLIN		POL / OSTERM	74M30/197		(M)521	03:32:53	03:32:44 05.02
		0:24:46 / 558 0:48:45 / 575	1:12:47 / 565 1:42:18 / 542		2:09:36 / 534 2:34:51 / 505	2:59:55 / 526	3:20:46 / 530			
540	2496	MATIKAINEN Tomi	PIRKKALA		FIN / KORSON KENGURUT	64M40/156		(M)522	03:33:03	03:32:50 05.02
		0:24:33 / 518 0:48:23 / 534	1:12:40 / 555 1:42:35 / 549		2:11:07 / 636 2:36:59 / 609	3:01:02 / 551	3:21:17 / 542			
541	527	KONRAD Artur	ZAWIERCIE		POL / NIEZRZESZONY	77M30/198		(M)523	03:33:04	03:32:11 05.01
		0:27:15 / 1112 0:52:32 / 1051	1:17:33 / 988 1:47:31 / 900		2:15:07 / 822 2:39:55 / 730	3:03:23 / 636	3:22:31 / 564			
542	1238	KRÓLIKOWSKI Edward	PLEWISKA		POL / KB MANIAC	70M40/157		(M)524	03:33:07	03:32:31 05.02
		0:25:48 / 893 0:49:54 / 810	1:14:56 / 831 1:44:56 / 747		2:13:13 / 741 2:38:15 / 658	3:02:25 / 601	3:20:24 / 520			

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupa Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
543	3385	KIERZEK Michał	BOCHNIA		POL	78M30/199		(M)525	03:33:12	03:32:33 05.02
		0:25:02 / 608	0:48:15 / 514	1:11:27 / 482	1:40:01 / 433	2:07:34 / 453	2:33:07 / 450	2:58:10 / 466	3:20:44 / 528	
544	2055	KRAUZE Tomasz	WROCLAW		POL / WROCLAWSKIE MORSY	67M40/158		(M)526	03:33:14	03:32:49 05.02
		0:24:49 / 568	0:48:48 / 583	1:13:00 / 582	1:43:00 / 565	2:11:08 / 638	2:36:47 / 600	3:01:33 / 568	3:21:58 / 550	
545	878	SZYSZKO Janusz	KOLOBRZEG		POL	59M50/64		(M)527	03:33:15	03:32:58 05.02
		0:24:07 / 454	0:47:31 / 467	1:11:10 / 474	1:40:17 / 442	2:07:16 / 448	2:31:52 / 413	2:54:52 / 379	3:15:34 / 399	
546	2068	LESZCZYNSKI Mateusz	KRAKOW		POL	89M20/99		(M)528	03:33:17	03:32:59 05.02
		0:25:07 / 640	0:49:38 / 674	1:13:57 / 666	1:43:37 / 610	2:10:56 / 600	2:35:26 / 531	2:59:11 / 508	3:20:26 / 521	
547	2844	PELLE Laszlo	DABROWA GORNICZA		HUN / KS HUNCUT	71M40/159		(M)529	03:33:19	03:33:03 05.02
		0:25:32 / 832	0:50:20 / 875	1:15:20 / 870	1:45:23 / 781	2:13:45 / 772	2:39:16 / 710	3:03:14 / 633	3:22:32 / 566	
548	3437	WIDYNA Przemek	KRAKOW		POL	81M30/200		(M)530	03:33:21	03:31:56 05.01
		0:26:15 / 956	0:49:22 / 623	1:12:21 / 535	1:40:41 / 459	2:07:49 / 459	2:33:37 / 461	2:59:06 / 503	3:21:01 / 537	
549	49	BONDARENKO Wiktor			UKR	87K20/8		(K)19	03:33:24	03:33:22 05.03
		0:21:30 / 171	0:43:55 / 216	1:07:13 / 249	1:40:42 / 460	2:12:36 / 712	2:40:55 / 762	3:04:39 / 672	3:23:05 / 590	
550	2018	ZAK Robert	MARKI		POL	77M30/201		(M)531	03:33:25	03:33:06 05.03
		0:21:30 / 172	0:48:23 / 533	1:11:58 / 502	1:40:38 / 458	2:07:52 / 462	2:32:53 / 447	2:59:02 / 501	3:20:47 / 531	
551	1109	TLALKA Mariusz	WARSZAWA		POL	70M40/160		(M)532	03:33:30	03:33:12 05.03
		0:23:49 / 416	0:47:11 / 435	1:10:39 / 448	1:39:52 / 429	2:08:32 / 489	2:36:03 / 569	3:01:55 / 582	3:22:02 / 552	
552	1608	SOBCZAK Jaroslaw	GLIWICE		POL	73M30/202		(M)533	03:33:32	03:33:16 05.03
		0:23:49 / 417	0:45:13 / 270	1:07:50 / 264	1:36:11 / 261	2:03:52 / 342	2:29:23 / 343	2:55:10 / 388	3:18:35 / 489	
553	1935	JĘDRZEJCZYK Tomasz	MIĘDZYRZECZ		POL	83M20/100		(M)534	03:33:32	03:33:05 05.03
		0:25:07 / 638	0:49:39 / 684	1:14:00 / 693	1:43:37 / 614	2:10:56 / 599	2:35:36 / 542	2:59:07 / 504	3:20:51 / 532	
554	3054	PASEK Tomasz	KRAKOW		POL	79M30/203		(M)535	03:33:33	03:33:16 05.03
		0:25:41 / 868	0:50:47 / 911	1:16:31 / 946	1:47:51 / 912	2:16:55 / 894	2:42:37 / 822	3:05:16 / 690	3:23:35 / 603	
555	2132	SKALSKI Radoslaw	KONIN		POL / KB AKTYWNI KONIN	72M40/161		(M)536	03:33:34	03:33:15 05.03
		0:24:36 / 529	0:48:32 / 551	1:12:39 / 554	1:41:55 / 518	2:09:20 / 518	2:34:29 / 487	2:59:48 / 524	3:21:00 / 536	
556	621	VONDRAČEK Tomáš	OSTRAVA		CZE / OSTRAVA	85M20/101		(M)537	03:33:40	03:32:52 05.02
		0:26:42 / 1023	0:51:26 / 967	1:16:01 / 916	1:46:12 / 833	2:14:24 / 798	2:39:14 / 706	3:02:28 / 606	3:22:08 / 556	
557	324	GÓRKA Jan-witold	KRAKOW		POL	61M50/65		(M)538	03:33:44	03:33:38 05.03
		0:24:27 / 506	0:47:34 / 470	1:11:40 / 489	1:40:26 / 447	2:08:53 / 505	2:35:48 / 551	3:01:26 / 564	3:22:04 / 553	
558	2929	DRÓŹDŹ Paweł	SKARŻYSKO-KAMIENNA		POL	67M40/162		(M)539	03:33:49	03:32:46 05.02
		0:24:27 / 507	0:52:56 / 1100	1:17:27 / 983	1:46:57 / 872	2:13:48 / 774	2:38:15 / 659	3:01:54 / 579	3:22:48 / 579	
559	1413	KOMÓR Wiesław	WROCLAW		POL / WROCLAWSKIE MORSY	62M50/66		(M)540	03:33:50	03:33:25 05.03
		0:25:34 / 840	0:50:57 / 925	1:15:36 / 898	1:46:06 / 823	2:14:09 / 790	2:39:21 / 714	3:03:12 / 631	3:22:39 / 571	
560	110	SIEROSŁAWSKI Wawrzyniec	KRAKOW		POL	68M40/163		(M)541	03:33:53	03:33:09 05.03
		0:25:37 / 848	0:49:46 / 768	1:14:11 / 749	1:44:09 / 701	2:12:22 / 703	2:37:59 / 648	3:02:03 / 585	3:22:01 / 551	
561	313	MYŚLIŃSKI Marcin	WARSZAWA		POL	86M20/102		(M)542	03:33:57	03:33:32 05.03
		0:25:33 / 837	0:49:51 / 795	1:14:17 / 772	1:43:53 / 681	2:11:45 / 684	2:38:29 / 664	3:03:29 / 638	3:23:05 / 591	
562	3497	KOSTRZEWSKI Krzysztof	SIEMIANOWICE ŚLĄSKIE		POL	80M30/204		(M)543	03:34:01	03:33:03 05.02
		0:26:14 / 951	0:50:57 / 924	1:16:24 / 931	1:47:10 / 885	2:14:16 / 794	2:38:48 / 677	3:02:06 / 592	3:22:06 / 554	
563	1078	ŚMIETANA Andrzej	KATOWICE		POL / FESTIWAL BIEGÓW KRYNICA	63M40/164		(M)544	03:34:02	03:33:55 05.04
		0:21:55 / 207	0:44:25 / 236	1:08:21 / 283	1:38:31 / 382	2:07:15 / 445	2:34:07 / 475	3:00:42 / 545	3:22:25 / 562	
564	2211	PADUCHOWICZ Zofia	DĘBICA		POL / KB MARATOŃCZYK DĘBICA	81K30/6		(K)20	03:34:02	03:33:30 05.03
		0:25:39 / 857	0:50:22 / 880	1:15:35 / 893	1:46:37 / 855	2:15:31 / 843	2:40:52 / 761	3:03:35 / 641	3:23:05 / 589	
565	141	PIEKARZ Mariusz	PRZĘDZEL		POL / NIEZRZESZONY	75M30/205		(M)545	03:34:03	03:33:37 05.03
		0:25:08 / 649	0:49:39 / 681	1:14:00 / 694	1:43:46 / 657	2:11:28 / 657	2:38:43 / 672	3:02:37 / 616	3:22:33 / 567	
566	1328	PAGANO Piero pasquale	SAN SALVO		ITA / PODISTICA SAN SALVO	62M50/67		(M)546	03:34:04	03:33:47 05.04
		0:24:46 / 559	0:49:02 / 598	1:13:55 / 652	1:44:53 / 742	2:13:23 / 749	2:39:02 / 692	3:02:59 / 626	3:22:41 / 575	
567	1329	GABRIELE Tommaso	SAN SALVO		ITA / PODISTICA SAN SALVO	56M50/68		(M)547	03:34:04	03:33:48 05.04
		0:24:46 / 557	0:49:01 / 597	1:13:55 / 650	1:44:54 / 744	2:13:22 / 748	2:39:02 / 691	3:02:58 / 625	3:22:40 / 572	
568	2183	SZAMBURSKI Maksymilian	WARSZAWA		POL	72M40/165		(M)548	03:34:12	03:33:43 05.03
		0:25:22 / 760	0:49:44 / 754	1:13:50 / 637	1:43:09 / 581	2:10:53 / 587	2:36:49 / 606	3:00:39 / 544	3:21:32 / 546	
569	1045	DĄBROWSKI Marcin	MIĘDZYRZECZ		POL / KMB MIĘDZYRZECZ	84M20/103		(M)549	03:34:17	03:32:46 05.02
		0:29:57 / 1821	0:56:18 / 1631	1:21:20 / 1390	1:52:26 / 1155	2:19:41 / 1021	2:43:59 / 860	3:06:22 / 721	3:24:11 / 613	
570	2564	MASTALERZ Krzysztof	KRAKOW		POL	75M30/206		(M)550	03:34:23	03:34:07 05.04
		0:25:27 / 800	0:50:06 / 850	1:14:53 / 824	1:45:18 / 774	2:13:33 / 761	2:38:49 / 678	3:02:04 / 589	3:22:15 / 559	
571	409	SZCZYGIEL Jan	LUBACZÓW		POL / KLUB BIEGACZA LUBACZÓW	52M60/9		(M)551	03:34:24	03:34:14 05.04
		0:24:51 / 576	0:49:14 / 607	1:13:39 / 626	1:43:38 / 621	2:10:59 / 620	2:36:32 / 590	3:01:06 / 553	3:22:41 / 576	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
572	2408	ŚWIERCZ Andrzej	ŁOŃSK	POL	/-	68M40/166	(M)552	03:34:25	03:34:16	05.04
		0:24:26 / 500	0:49:29 / 635	1:14:01 / 696	1:44:31 / 727	2:13:39 / 764	2:39:50 / 729	3:03:27 / 637	3:23:06 / 592	
573	2509	LUBOMSKI Krzysztof	ZAGÓRZ	POL	/ SGM SANOK	59M50/69	(M)553	03:34:26	03:34:03	05.04
		0:25:11 / 684	0:49:20 / 619	1:13:25 / 609	1:42:45 / 555	2:10:38 / 576	2:35:39 / 546	3:01:13 / 559	3:22:07 / 555	
574	1815	RATAJCZYK Marcin	SWARZĘDZ	POL	/ RKS SWARZĘDZ	76M30/207	(M)554	03:34:27	03:33:58	05.04
		0:24:18 / 478	0:47:51 / 492	1:12:02 / 509	1:42:09 / 531	2:10:32 / 570	2:36:48 / 603	3:02:22 / 596	3:22:59 / 584	
575	1227	MUCHA Tomasz	KRAKÓW	POL		77M30/208	(M)555	03:34:30	03:34:18	05.04
		0:23:21 / 306	0:46:20 / 326	1:09:30 / 401	1:38:19 / 377	2:06:41 / 428	2:34:48 / 504	3:01:17 / 560	3:22:35 / 569	
576	3241	URBAŃSKI Grzegorz	NIEDŹWIEDZICA	POL	/ NIEDŹWIEDZIE TEAM	72M40/167	(M)556	03:34:35	03:33:39	05.03
		0:25:26 / 798	0:49:42 / 729	1:14:05 / 720	1:43:49 / 661	2:12:40 / 714	2:38:50 / 683	3:03:39 / 646	3:23:40 / 606	
577	320	GOCHA Monika	WROCLAW	POL		76K30/7	(K)21	03:34:36	03:33:55	05.04
		0:26:27 / 985	0:51:06 / 940	1:15:42 / 905	2:39:36 / 2946	2:14:18 / 796	2:38:50 / 682	3:03:48 / 650	3:23:33 / 601	
578	1740	ŚWIATOWIEC Łukasz	KRAKÓW	POL		85M20/104	(M)557	03:34:37	03:34:15	05.04
		0:25:19 / 749	0:49:41 / 711	1:13:58 / 677	1:43:39 / 635	2:10:58 / 617	2:36:21 / 581	3:01:41 / 570	3:22:51 / 580	
579	709	GUTOWSKI Dariusz	KŁOBUCK	POL	/ NGB KŁOBUCK	68M40/168	(M)558	03:34:43	03:34:35	05.05
		0:23:39 / 388	0:46:34 / 405	1:09:52 / 413	1:38:41 / 391	2:06:57 / 432	2:33:35 / 460	3:01:49 / 577	3:22:41 / 574	
580	1221	WRONA Kazimierz	MIELEC	POL	/ NIEZRZESZONY	58M50/70	(M)559	03:34:47	03:33:36	05.03
		0:26:42 / 1019	0:51:26 / 966	1:16:26 / 935	1:46:56 / 869	2:15:13 / 831	2:40:48 / 758	3:04:51 / 674	3:24:14 / 616	
581	191	ROŻNAWSKI Sławomir	ALWERNIA	POL	/ POLSKA BIEGA	70M40/169	(M)560	03:34:50	03:33:48	05.04
		0:26:42 / 1018	0:49:41 / 714	1:13:58 / 674	1:43:39 / 628	2:10:59 / 618	2:36:01 / 563	3:01:26 / 563	3:22:40 / 573	
582	3373	CILULKO Adam	AUGUSTÓW	POL	/ ATP AUGUSTÓW	70M40/170	(M)561	03:34:55	03:34:31	05.05
		0:26:42 / 1021	0:49:40 / 693	1:14:00 / 691	1:43:35 / 606	2:11:08 / 639	2:36:05 / 571	3:01:11 / 556	3:22:09 / 558	
583	3101	SAWICKI Paweł	ZAMOŚĆ	POL		77M30/209	(M)562	03:35:04	03:35:00	05.05
		0:26:42 / 1020	0:51:06 / 938	1:16:30 / 941	1:46:55 / 866	2:15:13 / 830	2:39:44 / 725	3:03:47 / 649	3:24:13 / 615	
584	2295	WOJTYCZEK Krzysztof	KRAKÓW	POL	/---	68M40/171	(M)563	03:35:05	03:34:47	05.05
		0:24:04 / 448	0:47:14 / 446	1:10:50 / 451	1:40:50 / 467	2:09:13 / 515	2:35:03 / 515	2:59:56 / 528	3:22:09 / 557	
585	2527	MIKOŁAJCZUK Grzegorz	SIEDLCE	POL		84M20/105	(M)564	03:35:12	03:34:50	05.05
		0:25:22 / 758	0:49:49 / 788	1:14:15 / 764	1:44:26 / 721	2:12:42 / 717	2:38:20 / 660	3:02:36 / 613	3:23:25 / 598	
586	2532	REMONDO Diego	KRAKÓW	ESP		77M30/210	(M)565	03:35:27	03:34:43	05.05
		0:26:09 / 943	0:50:25 / 887	1:14:25 / 782	1:44:13 / 706	2:12:22 / 701	2:38:08 / 653	3:03:35 / 642	3:24:11 / 614	
587	407	ŚWIĘTON Grzegorz	URLE	POL		79M30/211	(M)566	03:35:30	03:34:44	05.05
		0:24:51 / 574	0:48:20 / 520	1:11:26 / 481	1:39:55 / 430	2:07:48 / 458	2:34:54 / 507	3:00:00 / 531	3:22:34 / 568	
588	1158	ZIELONKA Wiesław	KATOWICE	POL	/ PACCOR-POLSKA	60M50/71	(M)567	03:35:31	03:34:22	05.04
		0:24:51 / 575	0:48:23 / 530	1:12:14 / 524	1:41:44 / 511	2:09:36 / 533	2:37:06 / 614	3:02:53 / 621	3:23:18 / 595	
589	2754	LAKHLOUFI Ali	CASABLANCA	MAR	/ CMCF	54M50/72	(M)568	03:35:32	03:34:15	05.04
		0:26:54 / 1049	0:50:56 / 920	1:15:05 / 856	1:44:21 / 716	2:12:37 / 713	2:38:04 / 651	3:02:45 / 618	3:23:25 / 597	
590	213	SŁOMCZYŃSKI Marcin	KRAKÓW	POL		86M20/106	(M)569	03:35:33	03:34:57	05.05
		0:25:10 / 674	0:49:48 / 782	1:14:09 / 743	1:43:48 / 660	2:11:37 / 673	2:37:17 / 621	3:01:46 / 573	3:22:46 / 578	
591	477	GORGONI Massimiliano	FIRENZE	ITA	/ FIRENZE MARATHON	69M40/172	(M)570	03:35:37	03:35:28	05.06
		0:23:35 / 374	0:47:15 / 448	1:11:27 / 483	1:41:45 / 512	2:10:14 / 551	2:36:41 / 595	3:02:05 / 591	3:24:00 / 611	
592	2274	MATUSZAK Przemysław	PRUDIK	POL		81M30/212	(M)571	03:35:40	03:35:06	05.05
		0:25:41 / 865	0:49:55 / 814	1:14:00 / 695	1:43:46 / 656	2:11:03 / 629	2:35:49 / 553	3:00:02 / 534	3:21:27 / 545	
593	1920	LITWIN Jarosław	RUMIA	POL		63M40/173	(M)572	03:35:43	03:34:33	05.05
		0:25:57 / 907	0:49:58 / 826	1:14:34 / 797	1:44:44 / 737	2:12:43 / 718	2:37:36 / 637	3:03:31 / 640	3:23:59 / 610	
594	2022	KISIELAK Jacek	NAWOJOWA GÓRA	POL		89M20/107	(M)573	03:35:46	03:35:18	05.06
		0:24:13 / 471	0:47:16 / 451	1:10:28 / 436	1:40:28 / 449	2:08:40 / 493	2:36:04 / 570	3:02:51 / 620	3:23:04 / 588	
595	1005	KINCER Rafał	ZABRZE	POL		74M30/213	(M)574	03:35:47	03:35:22	05.06
		0:25:20 / 750	0:49:43 / 734	1:14:16 / 767	1:43:57 / 685	2:11:59 / 693	2:37:41 / 641	3:01:50 / 578	3:22:30 / 563	
596	1964	MAKSYMIOUK Mirosław	RZESZÓW	POL	/ RZGIG KOPNIAK	65M40/174	(M)575	03:35:48	03:35:33	05.06
		0:23:54 / 431	0:47:20 / 455	1:11:02 / 466	1:40:48 / 464	2:09:29 / 526	2:36:01 / 564	3:01:13 / 558	3:22:58 / 583	
597	1742	TOPA Sławomir	LIBIĄŻ	POL		66M40/175	(M)576	03:35:53	03:35:30	05.06
		0:24:44 / 550	0:48:38 / 561	1:12:45 / 562	1:41:54 / 517	2:09:12 / 513	2:34:32 / 489	3:01:00 / 550	3:23:35 / 602	
598	3288	STEFANIAK Mieczysław	RYBNIK	POL	/ SBD ENERGETYK RYBNIK	62M50/73	(M)577	03:35:55	03:34:45	05.05
		0:27:30 / 1150	0:53:01 / 1112	1:18:16 / 1054	1:48:27 / 928	2:16:15 / 872	2:41:22 / 775	3:05:06 / 681	3:24:46 / 626	
599	1691	WALAWENDER Patryk	KRAKOW	POL		78M30/214	(M)578	03:35:57	03:34:59	05.05
		0:27:59 / 1346	0:54:19 / 1369	1:20:32 / 1304	1:50:53 / 1059	2:18:21 / 961	2:43:08 / 840	3:06:17 / 719	3:25:11 / 640	
600	1587	MAJEWSKI Arkadiusz	DĘBICA	POL		61M50/74	(M)579	03:35:58	03:35:26	05.06
		0:25:28 / 807	0:49:50 / 793	1:14:05 / 722	1:43:56 / 684	2:11:57 / 692	2:37:39 / 639	3:02:24 / 599	3:23:18 / 594	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
601	1332	BATKO Grzegorz	KRAKÓW	POL			76M30/215	(M)580	03:36:00	03:35:48 05.06
		0:23:36 / 378	0:46:26 / 379	1:09:29 / 399	2:30:51 / 2897	2:05:04 / 379	2:37:39 / 638	3:02:33 / 610	3:24:26 / 620	
602	2961	KAŁOL Łukasz	KRAKÓW	POL	/ UBS RUNNING TEAM		80M30/216	(M)581	03:36:00	03:35:53 05.06
		0:21:14 / 133	0:42:25 / 136	1:05:04 / 192	1:35:47 / 252	2:06:18 / 411	2:37:06 / 615	3:04:00 / 652	3:24:25 / 619	
603	918	KAMMER Krzysztof	ZAWIERCIE	POL	/ -		78M30/217	(M)582	03:36:01	03:35:18 05.06
		0:25:23 / 771	0:49:48 / 783	1:13:44 / 628	1:42:35 / 550	2:09:33 / 530	2:33:56 / 468	2:57:53 / 462	3:19:16 / 507	
604	3449	KOWALSKI Krzysztof	KRAKÓW	POL			75M30/218	(M)583	03:36:02	03:35:33 05.06
		0:25:09 / 666	0:49:16 / 613	1:13:18 / 601	1:43:04 / 572	2:10:55 / 594	2:36:11 / 573	3:01:11 / 557	3:23:29 / 599	
605	2029	ZMUDA Frederic	CLICHY	FRA	/ CS CLICHY ATHLETISME		70M40/176	(M)584	03:36:08	03:35:56 05.07
		0:21:46 / 201	0:44:51 / 256	1:08:34 / 288	1:39:06 / 409	2:10:21 / 557	2:37:29 / 631	3:02:44 / 617	3:23:44 / 607	
606	1462	DUDEK Joanna	KRAKÓW	POL			64K40/5	(K)22	03:36:09	03:35:36 05.06
		0:25:42 / 870	0:50:22 / 881	1:15:04 / 855	1:45:25 / 783	2:14:16 / 793	2:40:34 / 752	3:04:47 / 673	3:24:34 / 624	
607	3484	JASKIER Tomasz	KRAKOW	POL	/ 6 BPD		78M30/219	(M)585	03:36:10	03:34:58 05.05
		0:27:40 / 1224	0:53:24 / 1150	1:18:58 / 1105	1:49:30 / 983	2:17:31 / 920	2:42:53 / 830	3:06:30 / 727	3:25:29 / 651	
608	481	KOZAK Katarzyna	JASTRZĘBIE ZDRÓJ	POL			75K30/8	(K)23	03:36:14	03:35:23 05.06
		0:27:32 / 1166	0:52:49 / 1088	1:18:16 / 1053	1:49:20 / 970	2:17:38 / 926	2:42:34 / 819	3:05:40 / 703	3:25:19 / 645	
609	2570	KLIMAS Karol	KRAKÓW	POL	/ AZS AWF MASTERS		82M30/220	(M)586	03:36:16	03:35:46 05.06
		0:25:18 / 741	0:49:47 / 777	1:14:53 / 826	1:45:17 / 772	2:13:35 / 762	2:39:02 / 694	3:03:13 / 632	3:23:58 / 609	
610	433	JACKIEWICZ Mirosław	JASTRZĘBIE-ZDRÓJ	POL			69M40/177	(M)587	03:36:17	03:35:53 05.06
		0:25:08 / 653	0:49:40 / 695	1:13:59 / 687	1:43:38 / 622	2:10:58 / 613	2:36:01 / 565	3:00:47 / 547	3:22:35 / 570	
611	2622	KUCHARSKI Piotr	KRAKÓW	POL			77M30/221	(M)588	03:36:28	03:35:56 05.07
		0:25:26 / 797	0:49:51 / 797	1:14:19 / 774	1:44:27 / 723	2:13:08 / 738	2:39:32 / 719	3:04:51 / 676	3:25:31 / 652	
612	979	BARSTAD John olav	SANDNES	NOR	/ SOLA BETANS		68M40/178	(M)589	03:36:29	03:35:35 05.06
		0:28:45 / 1555	0:54:52 / 1435	1:20:35 / 1320	1:52:13 / 1140	2:20:15 / 1047	2:45:16 / 900	3:07:43 / 760	3:26:05 / 665	
613	681	JAWORSKI Jarosław	WADOWICE	POL	/ AWF KRAKÓW		88M20/108	(M)590	03:36:32	03:35:05 05.05
		0:28:07 / 1393	0:53:28 / 1161	1:17:58 / 1024	1:47:30 / 898	2:14:48 / 813	2:38:57 / 689	3:01:56 / 584	3:23:03 / 585	
614	2965	GARBIEN Tomasz	LEŃCZE	POL			85M20/109	(M)591	03:36:37	03:36:18 05.07
		0:28:07 / 1395	0:49:38 / 673	1:13:56 / 661	1:43:37 / 615	2:10:56 / 601	2:36:00 / 562	3:02:23 / 598	3:23:33 / 600	
615	650	VALENTI GONZALEZ Jordi	GRANOLLERS	ESP	/ L' AIRE		71M40/179	(M)592	03:36:38	03:35:38 05.06
		0:26:41 / 1015	0:51:25 / 964	1:16:11 / 924	1:46:16 / 837	2:14:38 / 805	2:40:21 / 745	3:05:20 / 693	3:25:16 / 642	
616	642	DEC Maciej	GDYNIA	POL			74M30/222	(M)593	03:36:39	03:35:47 05.06
		0:26:07 / 940	0:50:09 / 855	1:14:27 / 785	1:44:00 / 691	2:11:46 / 685	2:37:25 / 630	3:01:29 / 565	3:22:46 / 577	
617	414	PIECHOTA Krzysztof	STARGARD SZCZECIŃSKI	POL	/ NAUKA JAZDY RONDO STARGARD		75M30/223	(M)594	03:36:40	03:36:18 05.07
		0:25:16 / 721	0:49:43 / 735	1:13:57 / 662	1:43:40 / 637	2:11:04 / 631	2:36:26 / 584	3:02:17 / 594	3:23:39 / 604	
618	1412	NEUMANN Adam	WARSZAWA	POL	/ PIMAR LEGIONOWO		74M30/224	(M)595	03:36:42	03:36:21 05.07
		0:25:13 / 699	0:49:48 / 779	1:14:12 / 752	1:43:44 / 652	2:11:20 / 642	2:36:49 / 605	3:04:29 / 667	3:24:47 / 627	
619	339	SYDOR Rafał	KRAKÓW	POL			76M30/225	(M)596	03:36:42	03:36:02 05.07
		0:24:48 / 567	0:48:32 / 552	1:12:33 / 545	1:42:01 / 525	2:10:19 / 555	2:35:53 / 554	3:01:47 / 574	3:23:03 / 586	
620	3021	BOROWIK Tomasz	KRAKÓW	POL			80M30/226	(M)597	03:36:43	03:36:18 05.07
		0:25:42 / 871	0:50:39 / 903	1:15:45 / 907	1:46:45 / 861	2:15:32 / 844	2:41:39 / 783	3:05:51 / 706	3:25:21 / 646	
621	1075	KOST Mirosław	WIELICZKA	POL	/ UKS GIMNAZJON WIELICZKA		63M40/180	(M)598	03:36:43	03:36:18 05.07
		0:25:44 / 879	0:50:02 / 839	1:14:29 / 786	1:44:19 / 713	2:12:28 / 709	2:38:31 / 665	3:04:04 / 653	3:25:26 / 648	
622	2970	ÓŚWIECIMKA Rafał	KRAKÓW	POL			92M20/110	(M)599	03:36:45	03:35:57 05.07
		0:26:12 / 946	0:50:32 / 895	1:15:00 / 838	1:45:01 / 751	2:13:23 / 753	2:38:52 / 684	3:03:47 / 648	3:24:14 / 617	
623	1638	KARWICKI Tomasz	WROCLAW	POL	/ WKB PIAST WROCLAW		79M30/227	(M)600	03:36:45	03:36:27 05.07
		0:21:50 / 204	0:42:59 / 179	1:04:41 / 179	1:31:47 / 178	2:05:16 / 382	2:35:02 / 514	3:04:19 / 661	3:25:36 / 654	
624	131	TALAGA Paweł	GDYNIA	POL	/ BIEGAMYRAZEM.PL		83M20/111	(M)601	03:36:46	03:36:07 05.07
		0:26:38 / 1007	0:52:31 / 1049	1:18:13 / 1048	1:49:21 / 974	2:17:42 / 931	2:43:03 / 836	3:06:54 / 734	3:26:34 / 672	
625	1718	GMITEREK Tomasz	LUBLIN	POL			72M40/181	(M)602	03:36:48	03:36:21 05.07
		0:26:08 / 941	0:51:11 / 945	1:16:30 / 942	1:47:18 / 893	2:16:16 / 873	2:41:46 / 787	3:05:33 / 699	3:25:17 / 643	
626	175	LITWA Szymon	MYSLOWICE	POL	/ TRUCHTACZ MYSLOWICE		73M30/228	(M)603	03:36:50	03:36:30 05.07
		0:24:56 / 595	0:49:18 / 616	1:13:33 / 623	1:43:06 / 575	2:10:30 / 569	2:35:15 / 524	2:59:29 / 520	3:22:56 / 582	
627	3451	BOBROWSKI Dariusz	WARKA	POL	/ PUŁASKI WARKA		64M40/182	(M)604	03:36:51	03:36:15 05.07
		0:24:56 / 596	0:49:42 / 732	1:14:01 / 702	1:43:43 / 649	2:11:24 / 649	2:37:09 / 618	3:01:34 / 569	3:22:53 / 581	
628	2333	POLASIK Jakub	KRAKÓW	POL	/ TKN WAGABUNDA		88M20/112	(M)605	03:36:57	03:36:28 05.07
		0:25:48 / 894	0:51:14 / 948	1:17:15 / 976	1:49:04 / 950	2:18:51 / 984	2:44:06 / 861	3:07:24 / 745	3:26:39 / 676	
629	2667	BRZEZIECKI Robert	BELCHATÓW	POL	/ NIEZRZESZONY		80M30/229	(M)606	03:36:57	03:36:14 05.07
		0:25:29 / 813	0:49:54 / 811	1:14:13 / 758	1:43:53 / 680	2:11:27 / 655	2:37:24 / 629	3:03:10 / 630	3:24:57 / 631	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupa Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
630	2550	MAREK Jan	CHELM	POL	FREEMAN	69M40/183	(M)607	03:37:06	03:35:59	05.07
		0:26:20 / 968	0:50:05 / 848	1:14:09 / 744	1:43:34 / 604	2:10:36 / 575	2:38:12 / 656	3:02:37 / 614	3:24:36 / 625	
631	2577	MATWIEJCZYK Krzysztof	WYSZKÓW	POL		78M30/230	(M)608	03:37:07	03:36:33	05.07
		0:25:21 / 755	0:49:41 / 718	3:03:49 / 2998	1:43:44 / 653	2:11:26 / 652	2:37:58 / 647	3:02:37 / 615	3:24:47 / 628	
632	1405	GÓRKA Michał	MYŚLENICE	POL		92M20/113	(M)609	03:37:10	03:36:17	05.07
		0:25:28 / 805	0:47:24 / 461	1:09:26 / 396	1:37:36 / 346	2:04:17 / 353	2:32:07 / 419	3:00:17 / 537	3:24:00 / 612	
633	1382	CZUBA Karol	ŚWIDNIK	POL	WAT WARSZAWA	88M20/114	(M)610	03:37:12	03:36:41	05.08
		0:24:53 / 587	0:48:57 / 592	1:12:56 / 575	1:41:41 / 508	2:08:50 / 503	2:34:03 / 472	3:00:17 / 536	3:23:40 / 605	
634	182	ZAGÓRSKI Dariusz	KRAKÓW	POL	BIEGAMBOLUBIĘ	76M30/231	(M)611	03:37:16	03:36:07	05.07
		0:25:41 / 869	0:49:34 / 650	1:12:43 / 561	1:41:29 / 497	2:08:51 / 504	2:35:59 / 560	3:02:24 / 600	3:24:17 / 618	
635	383	HALAGARDA Krzysztof	KRAKÓW	POL		88M20/115	(M)612	03:37:19	03:36:50	05.08
		0:25:26 / 794	0:50:01 / 835	1:14:24 / 781	1:44:45 / 738	2:13:06 / 737	2:38:23 / 662	3:03:19 / 635	3:25:24 / 647	
636	2628	MICHALAK Wojciech	KATOWICE	POL		85M20/116	(M)613	03:37:21	03:36:40	05.08
		0:25:25 / 786	0:49:43 / 745	1:14:01 / 697	1:43:44 / 655	2:11:35 / 668	2:37:20 / 625	3:02:54 / 623	3:25:06 / 637	
637	912	TURLEJ Dariusz	WARSZAWA	POL	KONDYCJA	57M50/75	(M)614	03:37:24	03:36:56	05.08
		0:25:19 / 747	0:49:59 / 828	1:14:44 / 814	1:45:44 / 805	2:14:42 / 807	2:41:04 / 765	3:05:11 / 685	3:25:39 / 655	
638	586	SIEPIETOWSKI Piotr	WARSZAWA	POL	ART PROF1	69M40/184	(M)615	03:37:31	03:37:19	05.09
		0:23:37 / 382	0:46:34 / 404	1:09:25 / 393	1:46:32 / 848	2:15:25 / 839	2:39:10 / 699	3:01:55 / 583	3:25:04 / 636	
639	2385	OPIOLA Mariusz	BRZESKO	POL	RÓWNIA POCHYLA	82M30/232	(M)616	03:37:32	03:36:52	05.08
		0:23:37 / 383	0:50:00 / 831	1:14:42 / 811	2:39:03 / 2939	2:13:26 / 755	2:39:10 / 700	3:03:36 / 645	3:25:10 / 639	
640	914	JUSZCZYK Dominik	BOCHNIA	POL		80M30/233	(M)617	03:37:35	03:36:53	05.08
		0:26:32 / 996	0:52:22 / 1039	1:18:11 / 1045	1:49:35 / 989	2:18:11 / 953	2:43:53 / 857	3:08:03 / 767	3:26:56 / 686	
641	446	SZYMKÓW Henryk	RZESZÓW	POL	RESOVIA RZESZÓW	50M60/10	(M)618	03:37:38	03:37:19	05.09
		0:25:26 / 796	0:49:52 / 803	1:14:58 / 833	1:46:09 / 828	2:15:23 / 836	2:41:12 / 769	3:06:15 / 718	3:26:34 / 673	
642	2428	JELEŃ Marcin	WARSZAWA	POL		73M30/234	(M)619	03:37:41	03:37:08	05.08
		0:25:47 / 890	0:49:42 / 725	1:13:30 / 619	1:43:03 / 570	2:10:42 / 577	2:38:06 / 652	3:05:04 / 680	3:26:22 / 670	
643	89	HYLE Dariusz	DABROWA GÓRNICZA	POL	NIEZRZESZONY	69M40/185	(M)620	03:37:41	03:37:31	05.09
		0:23:22 / 311	0:46:24 / 371	1:09:24 / 391	1:38:10 / 367	2:07:18 / 449	2:35:34 / 537	3:02:25 / 604	3:25:17 / 644	
644	3091	BAŽANOWSKI Rostislav	OSTRAVA	CZE	MK SEITL OSTRAVA	65M40/186	(M)621	03:37:41	03:37:18	05.08
		0:26:00 / 919	0:51:20 / 959	1:17:08 / 971	1:48:31 / 933	2:17:44 / 932	2:43:24 / 846	3:07:17 / 743	3:27:04 / 688	
645	1085	BARTKOWIAK Beniamin	LUBIN	POL	AGH	90M20/117	(M)622	03:37:43	03:36:46	05.08
		0:27:17 / 1118	0:52:53 / 1097	1:18:20 / 1059	1:49:09 / 960	2:17:49 / 939	2:43:55 / 858	3:07:42 / 759	3:27:51 / 705	
646	1252	GAJDA Sławomir	ŁASK	POL	JASTRZĄB - 32.BLT ŁASK	74M30/235	(M)623	03:37:44	03:37:27	05.09
		0:24:51 / 577	0:48:45 / 579	1:13:00 / 583	1:43:00 / 564	2:10:57 / 610	2:36:42 / 596	3:03:30 / 639	3:25:12 / 641	
647	2761	ZAHED Mostapha	CASABLANCA	MAR	CMCF	56M50/76	(M)624	03:37:44	03:36:32	05.07
		0:24:51 / 578	0:53:28 / 1164	1:18:53 / 1096	1:49:47 / 1003	2:18:05 / 949	2:43:24 / 847	3:07:41 / 758	3:27:14 / 690	
648	2088	ŻURAWSKI Patryk	GDYNIA	POL	AKADEMIA MARYNARKI WOJENNEJ	91M20/118	(M)625	03:37:46	03:36:56	05.08
		0:25:22 / 762	0:49:25 / 629	1:12:15 / 527	1:41:19 / 490	2:09:16 / 517	2:37:08 / 616	3:03:17 / 634	3:25:04 / 635	
649	919	PLEWNIAK Jerzy	TYCHY	POL	FIAT AUTO POLAND	53M50/77	(M)626	03:37:54	03:35:29	05.06
		0:28:01 / 1351	0:52:28 / 1042	1:16:58 / 966	1:46:50 / 863	2:14:40 / 806	2:40:33 / 751	3:05:12 / 686	3:25:33 / 653	
650	3343	CWYNAR Piotr	TARGOWISKA	POL	NIEZRZESZONY	73M30/236	(M)627	03:37:55	03:37:53	05.09
		0:19:55 / 52	0:40:17 / 62	1:01:16 / 77	1:27:43 / 81	1:56:20 / 169	2:28:21 / 325	3:01:54 / 580	3:25:42 / 656	
651	1601	PRĘTNIK Dawid	RUMIA	POL	GONGO TEAM/OSNIP WP	83M20/119	(M)628	03:37:56	03:37:17	05.08
		0:25:06 / 633	0:48:39 / 564	1:12:33 / 546	1:42:13 / 535	2:11:07 / 637	2:40:20 / 744	3:05:28 / 696	3:25:58 / 661	
652	589	BANACH Marcin	RADOM	POL	KS START PUŁASKI WARKA	76M30/237	(M)629	03:38:03	03:37:33	05.09
		0:25:28 / 806	0:49:42 / 726	1:14:02 / 706	1:43:43 / 646	2:11:25 / 651	2:36:47 / 601	3:01:44 / 572	3:24:29 / 623	
653	2167	PÓLZIĘC Jan	STRZYŻÓW	POL	STRZYŻÓW	56M50/78	(M)630	03:38:08	03:37:32	05.09
		0:25:38 / 855	0:50:01 / 834	1:14:59 / 835	1:45:30 / 788	2:14:04 / 783	2:39:58 / 733	3:04:55 / 678	3:26:00 / 663	
654	962	LACROIX Konrad	LEGNICA	POL	PRO-RUN	88M20/120	(M)631	03:38:11	03:37:37	05.09
		0:25:38 / 854	0:50:22 / 877	1:14:50 / 822	1:45:10 / 769	2:13:23 / 751	2:38:53 / 686	3:04:23 / 664	3:26:15 / 668	
655	908	SKARBOWSKA Adrianna	SOSNOWIEC	POL	VAN PUR	88K20/9	(K)24	03:38:12	03:38:00	05.09
		0:25:01 / 605	0:49:41 / 719	1:14:32 / 792	2:40:30 / 2953	2:14:05 / 785	2:38:53 / 685	3:06:00 / 711	3:26:35 / 675	
656	781	MACIEJEWSKI Tomasz	ZAWIERCIE	POL		73M30/238	(M)632	03:38:16	03:37:43	05.09
		0:25:25 / 789	0:50:07 / 852	1:14:45 / 815	1:45:02 / 753	2:13:02 / 735	2:39:35 / 722	3:04:36 / 670	3:25:29 / 650	
657	2670	WYBRANIEC Marek	CZĘSTOCHOWA	POL	INTERSPORT	85M20/121	(M)633	03:38:16	03:37:11	05.08
		0:25:32 / 831	0:49:44 / 755	1:13:59 / 683	1:43:38 / 624	2:11:36 / 671	2:38:01 / 649	3:05:08 / 682	3:26:35 / 674	
658	1148	SIEKIERKA Janusz	SŁUPSKO	POL	ZRYW SŁUPSKO	79M30/239	(M)634	03:38:21	03:36:59	05.08
		0:24:12 / 469	0:46:34 / 403	1:09:24 / 390	1:37:10 / 296	2:03:40 / 334	2:30:18 / 372	2:58:36 / 482	3:23:22 / 596	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
659	2491	PIOTRAK Marcin	WARSZAWA		POL		75M30/240	(M)635	03:38:27	03:38:09 05.10
		0:24:26 / 504	0:48:11 / 506	1:12:15 / 526	1:41:08 / 476	2:08:32 / 488	2:34:31 / 488	3:02:35 / 612	3:25:43 / 658	
660	153	KONARSKI Piotr	KRASKÓW		POL		89M20/122	(M)636	03:38:28	03:37:20 05.09
		0:28:04 / 1371	0:54:05 / 1264	1:19:38 / 1163	1:50:28 / 1037	2:19:24 / 1007	2:45:03 / 891	3:08:27 / 775	3:27:45 / 702	
661	2836	TANSKANEN Matti	HELSINKI		FIN / KORSONKENGURUT		48M60/11	(M)637	03:38:34	03:38:21 05.10
		0:24:34 / 521	0:48:24 / 535	1:12:41 / 556	1:42:47 / 557	2:11:27 / 653	2:38:41 / 670	3:04:22 / 662	3:25:58 / 662	
662	756	HILLA Maciej	GRACZE		POL / BIEGACZE MONARU GRACZE		84M20/123	(M)638	03:38:38	03:36:04 05.07
		0:27:29 / 1146	0:51:31 / 982	1:15:02 / 846	1:44:00 / 690	2:11:41 / 678	2:36:49 / 604	3:00:50 / 548	3:22:31 / 565	
663	842	WCISŁO Stanisław	KRAKÓW		POL / DYSTANS KRAKÓW AZS AWF MASTERS STASIU-SK		58M50/79	(M)639	03:38:38	03:38:06 05.10
		0:25:23 / 770	0:50:04 / 847	1:14:55 / 827	1:45:23 / 780	2:13:54 / 778	2:40:22 / 746	3:06:04 / 714	3:26:22 / 669	
664	1541	KWAŚNIK Andrzej	WARSZAWA		POL		48M60/12	(M)640	03:38:41	03:38:26 05.10
		0:25:23 / 772	0:48:59 / 595	1:13:44 / 629	1:43:40 / 638	2:12:23 / 704	2:39:25 / 717	3:05:20 / 694	3:26:13 / 666	
665	820	BEDNAREK Krzysztof	GDYNIA		POL / TRICITY		68M40/187	(M)641	03:38:42	03:38:30 05.10
		0:24:09 / 458	0:48:44 / 574	1:13:11 / 594	1:43:01 / 566	2:11:34 / 666	2:38:14 / 657	3:04:14 / 657	3:25:48 / 660	
666	2981	POLISZCZUK Peter	KRAKOW		POL		84M20/124	(M)642	03:38:43	03:37:41 05.09
		0:27:48 / 1286	0:53:30 / 1174	1:18:25 / 1064	1:48:59 / 946	2:17:09 / 900	2:44:27 / 873	3:08:46 / 791	3:28:02 / 710	
667	891	CHRZAŚTKOWSKI Lucjan	ELBLĄG		POL / ELBAZANT		50M60/13	(M)643	03:38:43	03:37:47 05.09
		0:26:16 / 960	0:51:13 / 947	1:16:34 / 947	1:47:06 / 880	2:16:26 / 879	2:42:29 / 813	3:06:56 / 737	3:26:53 / 683	
668	171	SELKE Radosław	WARSZAWA		POL / A.K.B. MORT!		85M20/125	(M)644	03:38:45	03:38:21 05.10
		0:21:59 / 211	0:43:27 / 200	1:06:02 / 218	1:35:16 / 244	2:06:28 / 416	2:36:29 / 586	3:04:35 / 669	3:26:44 / 677	
669	1385	KLINIK Paweł	RACIBÓRZ		POL		82M30/241	(M)645	03:38:46	03:37:51 05.09
		0:27:51 / 1306	0:53:31 / 1179	1:18:39 / 1081	1:49:24 / 979	2:17:10 / 902	2:42:26 / 810	3:06:29 / 724	3:27:02 / 687	
670	2612	KUCZYŃSKI Rafał	LUBIN		POL / LUBIŃSKIE CHARAKTERY		79M30/242	(M)646	03:38:47	03:38:20 05.10
		0:25:45 / 885	0:50:48 / 913	1:16:02 / 918	1:47:02 / 878	2:15:49 / 855	2:42:12 / 801	3:06:30 / 726	3:26:52 / 681	
671	1748	GÓRNY Marek	ŚWIECIECHOWA		POL / DRUŻYNA SZPIKU		55M50/80	(M)647	03:38:48	03:38:18 05.10
		0:24:21 / 490	0:48:04 / 501	1:12:58 / 580	1:42:49 / 559	2:11:41 / 679	2:38:32 / 666	3:04:33 / 668	3:26:32 / 671	
672	794	KRUPA Andrzej	JAWORZNO		POL		75M30/243	(M)648	03:38:51	03:38:32 05.10
		0:25:16 / 725	0:49:38 / 676	1:14:05 / 723	1:44:54 / 746	2:13:41 / 769	2:39:34 / 720	3:05:20 / 691	3:26:53 / 684	
673	164	DOMINÓW Łukasz	LUBIN		POL / LUBIŃSKIE CHARAKTERY		79M30/244	(M)649	03:38:51	03:38:24 05.10
		0:25:47 / 892	0:50:48 / 915	1:16:02 / 917	1:47:01 / 877	2:15:49 / 856	2:42:12 / 802	3:06:31 / 728	3:26:53 / 685	
674	944	KAZMIERCZAK Łukasz	POZNAŃ		POL		80M30/245	(M)650	03:38:58	03:38:02 05.10
		0:25:31 / 823	0:48:27 / 542	1:12:14 / 525	1:42:49 / 558	2:11:39 / 677	2:38:42 / 671	3:05:12 / 687	3:26:53 / 682	
675	2268	GRZESIAK Tadeusz	CZERNICHÓW		POL		88M20/126	(M)651	03:38:58	03:38:46 05.11
		0:22:24 / 247	0:45:15 / 274	1:08:35 / 289	1:37:16 / 332	2:05:54 / 398	2:35:56 / 557	3:02:04 / 587	3:25:02 / 632	
676	96	LITWINOWICZ Kamil	LEŚNA		POL		93M20/127	(M)652	03:39:06	03:38:51 05.11
		0:25:06 / 635	0:49:37 / 665	3:01:02 / 2996	1:43:39 / 626	2:10:55 / 597	2:36:45 / 598	3:02:04 / 586	3:25:02 / 633	
677	436	MŁYNEK Michał	KRAKÓW		POL		81M30/246	(M)653	03:39:08	03:37:56 05.09
		0:25:29 / 814	0:49:47 / 772	1:14:11 / 747	1:44:16 / 710	2:11:29 / 659	2:37:11 / 620	3:02:30 / 608	3:25:42 / 657	
678	2679	DĄBROWSKI Grzegorz	HERBY		POL		82M30/247	(M)654	03:39:09	03:38:51 05.11
		0:25:41 / 867	0:50:47 / 912	1:16:31 / 944	1:47:51 / 913	2:11:29 / 660	2:42:45 / 827	3:07:36 / 756	3:27:38 / 696	
679	877	BIGOSZEWSKI Tomasz	NOWY TARG		POL		73M30/248	(M)655	03:39:13	03:38:59 05.11
		0:23:43 / 403	0:46:39 / 410	1:09:46 / 410	1:38:33 / 383	2:05:42 / 392	2:30:55 / 389	2:58:55 / 497	3:23:58 / 608	
680	1315	BANASIAK Alicja	BIELSKO BIALA		POL / SPRINT BIELSKO BIALA		52K60/2	(K)25	03:39:15	03:39:01 05.11
		0:24:26 / 503	0:48:25 / 537	1:13:12 / 595	1:44:33 / 729	2:14:12 / 791	2:41:24 / 776	3:07:21 / 744	3:27:48 / 704	
681	1756	NYZNAK Rafał	DĄBROWA GÓRNICZA		POL		84M20/128	(M)656	03:39:19	03:38:49 05.11
		0:25:30 / 821	0:49:57 / 820	1:14:41 / 809	1:45:04 / 758	2:13:09 / 740	2:39:08 / 697	3:05:13 / 688	3:27:05 / 689	
682	176	GUZEK Tadeusz	ŁUKÓW		POL / ORLETA ŁUKÓW		62M50/81	(M)657	03:39:20	03:38:54 05.11
		0:25:16 / 724	0:49:47 / 776	1:14:08 / 738	1:44:14 / 709	2:13:38 / 763	2:40:48 / 757	3:06:21 / 720	3:27:36 / 695	
683	2423	WODKA Bartłomiej	BRZESKO		POL / BKB VICTORIA BRZESKO		85M20/129	(M)658	03:39:21	03:38:50 05.11
		0:24:34 / 522	0:48:51 / 588	1:12:42 / 560	1:41:58 / 520	2:09:13 / 514	2:35:11 / 516	3:01:29 / 567	3:25:02 / 634	
684	3285	MACGREGOR Graeme	WETHERBY		GBR		62M50/82	(M)659	03:39:25	03:38:36 05.10
		0:26:30 / 990	0:51:31 / 983	1:16:52 / 958	1:47:56 / 916	2:16:56 / 895	2:43:06 / 838	3:07:54 / 764	3:27:56 / 707	
685	722	GOSIEWSKI Robert	KRAKÓW		POL		77M30/249	(M)660	03:39:30	03:37:03 05.08
		0:30:48 / 2154	0:55:35 / 1534	1:19:54 / 1191	1:50:11 / 1024	2:18:47 / 981	2:44:44 / 884	3:08:34 / 779	3:28:13 / 718	
686	2193	KALICKI Bogdan	BRZEZIE		POL		64M40/188	(M)661	03:39:32	03:38:54 05.11
		0:25:23 / 767	0:48:42 / 568	1:11:44 / 492	1:40:46 / 462	2:08:49 / 501	2:35:26 / 532	3:02:05 / 590	3:25:27 / 649	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupa Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
687	1903	DURAJ Marek	ZAWIERCIE	POL		73M30/250		(M)662	03:39:35	03:38:44 05.11
		0:25:23 / 766	0:54:04 / 1250	1:20:23 / 1238	1:52:56 / 1205	2:08:49 / 500	2:32:51 / 440	3:07:34 / 755	3:33:49 / 902	
688	905	JORNICEK Petr	OSTRAVA	CZE	/ MK SEITL OSTRAVA	65M40/189		(M)663	03:39:37	03:39:21 05.11
		0:24:15 / 473	0:48:18 / 517	1:12:23 / 536	1:43:02 / 569	2:10:57 / 607	2:37:19 / 622	3:04:11 / 654	3:26:45 / 678	
689	2685	BOGUCKI Rafał	KRAKÓW	POL	/ AZS AWF MASTERS KRAKÓW	75M30/251		(M)664	03:39:40	03:38:10 05.10
		0:26:01 / 924	0:49:57 / 823	1:13:58 / 678	1:43:08 / 577	2:10:47 / 582	2:38:41 / 669	3:06:10 / 716	3:27:54 / 706	
690	1150	SZEWczyk Marek	POZNAŃ	POL	/ BRYLANT KÓRNIK	55M50/83		(M)665	03:39:41	03:39:38 05.12
		0:24:54 / 590	0:49:48 / 784	1:14:58 / 834	1:45:34 / 798	2:14:30 / 799	2:41:14 / 770	3:06:33 / 729	3:27:39 / 697	
691	438	FLORCZAK Krzysztof	OSTRÓW WLKP.	POL	/ KS MARATON OSTRÓW WLKP.	72M40/190		(M)666	03:39:42	03:38:59 05.11
		0:25:17 / 732	0:49:38 / 669	1:13:57 / 668	1:43:39 / 632	2:11:28 / 658	2:37:48 / 644	3:04:14 / 658	3:26:14 / 667	
692	564	BAJEROVÁ Ilona	TUPESY	CZE		58K50/2		(K)26	03:39:47	03:39:32 05.12
		0:24:18 / 479	0:48:50 / 586	1:13:51 / 639	1:44:10 / 703	2:13:27 / 756	2:40:18 / 743	3:06:01 / 712	3:27:17 / 691	
693	2453	KACZMAREK Grzegorz	WARSZAWA	POL	/ EDC RUNNERS	80M30/252		(M)667	03:39:49	03:39:08 05.11
		0:25:57 / 910	0:51:03 / 929	1:16:04 / 921	1:46:18 / 839	2:15:30 / 842	2:41:47 / 788	3:06:28 / 722	3:27:47 / 703	
694	1994	STEMPNIAK Andrzej	CZYŻOWICE	POL	/ FORMA WODZISLAW ŚLĄSKI	65M40/191		(M)668	03:39:55	03:38:23 05.10
		0:27:17 / 1128	0:52:45 / 1074	1:18:06 / 1037	1:48:55 / 944	2:17:08 / 899	2:42:39 / 824	3:07:28 / 750	3:28:16 / 720	
695	2864	JANCAK Marek	RADOM	POL		73M30/253		(M)669	03:39:58	03:39:48 05.12
		0:23:53 / 428	0:46:34 / 406	1:09:42 / 406	1:38:40 / 388	2:07:02 / 437	2:34:23 / 481	3:01:54 / 581	3:26:00 / 664	
696	3331	LACOMBE Olivier	BOURGOIN JALLIEU	FRA		71M40/192		(M)670	03:40:00	03:39:49 05.12
		0:23:32 / 356	0:46:30 / 393	1:10:06 / 421	1:40:47 / 463	2:10:54 / 589	2:39:13 / 703	3:05:59 / 710	3:28:23 / 725	
697	2531	PIASECKI Juliusz	RACIBÓRZ	POL	/ BRAK	84M20/130		(M)671	03:40:00	03:39:12 05.11
		0:27:47 / 1283	0:53:39 / 1192	1:19:51 / 1185	1:51:26 / 1087	2:20:09 / 1039	2:45:47 / 927	3:09:40 / 806	3:29:08 / 735	
698	2405	PIOTRKOWSKI Jerzy	WROCLAW	POL	/ WKB PIAST	58M50/84		(M)672	03:40:01	03:39:32 05.12
		0:25:43 / 875	0:51:05 / 936	1:16:29 / 937	1:46:55 / 868	2:15:13 / 829	2:39:57 / 732	3:04:57 / 679	3:26:50 / 679	
699	2651	STRAZ Michał	DĄBROWA GÓRNICZA	POL	/ ARCELOR MITTAL	51M60/14		(M)673	03:40:02	03:39:03 05.11
		0:25:29 / 811	0:49:55 / 813	1:14:16 / 769	1:44:22 / 719	2:12:40 / 715	2:38:57 / 687	3:05:27 / 695	3:27:28 / 693	
700	2953	WYŁUPEK Tomasz	SOSNOWIEC	POL	/ JSW	76M30/254		(M)674	03:40:11	03:39:59 05.12
		0:23:58 / 433	0:47:14 / 442	1:10:35 / 444	1:40:10 / 438	2:07:52 / 463	2:38:57 / 688	2:58:39 / 485	3:23:12 / 593	
701	955	PIETRASIĄK Mariusz	SOSNOWIEC	POL		64M40/193		(M)675	03:40:12	03:39:51 05.12
		0:25:08 / 651	0:49:38 / 671	1:13:58 / 676	1:43:47 / 658	2:13:22 / 747	2:40:40 / 754	3:06:55 / 736	3:28:21 / 721	
702	2062	CYRAN Wojciech	KRZESZOWICE	POL	/ NIEZRZESZONY	76M30/255		(M)676	03:40:15	03:39:41 05.12
		0:25:33 / 838	0:49:56 / 816	1:14:22 / 777	1:44:54 / 743	2:12:51 / 727	2:39:14 / 707	3:05:31 / 698	3:27:42 / 699	
703	3159	KLIMASZ Józef	RZESZÓW	POL	/ SZAROTKI RZESZÓW	62M50/85		(M)677	03:40:21	03:39:27 05.12
		0:27:06 / 1084	0:51:45 / 997	1:16:31 / 945	1:47:06 / 881	2:15:55 / 863	2:42:33 / 815	3:07:29 / 752	3:28:30 / 726	
704	665	CHUDY Jacek	BLACHOWNIA	POL	/ PRZELAJOWA OSEMKA BLACHOWNIA	75M30/256	Niep/3	(M)678	03:40:23	03:39:28 05.12
		0:27:41 / 1225	0:53:21 / 1140	1:18:03 / 1033	1:49:08 / 959	2:18:41 / 975	2:45:17 / 902	3:09:33 / 803	3:29:04 / 733	
705	1788	LATUSZEK Jarosław	GARWOLIN	POL	/ TRUCHTACZ.PL	70M40/194		(M)679	03:40:26	03:40:09 05.13
		0:24:17 / 475	0:47:39 / 476	1:11:40 / 488	1:41:18 / 487	2:10:49 / 583	2:38:38 / 667	3:06:02 / 713	3:28:10 / 715	
706	1626	KROCZAK Wojciech	PIESZYCE	POL	/ POLSKA BIEGA	69M40/195		(M)680	03:40:29	03:39:54 05.12
		0:26:21 / 971	0:51:50 / 1005	1:17:43 / 998	1:48:13 / 922	2:16:25 / 876	2:41:50 / 790	3:06:36 / 730	3:28:12 / 717	
707	158	STYCZEŃ Grzegorz	BĘDZIN	POL		71M40/196		(M)681	03:40:37	03:39:55 05.12
		0:26:48 / 1033	0:52:09 / 1028	1:17:48 / 1008	1:49:13 / 961	2:18:53 / 985	2:45:46 / 925	3:10:09 / 819	3:30:06 / 765	
708	3078	MAZANEK Monika	KRAKÓW	POL		84K20/10		(K)27	03:40:38	03:39:48 05.12
		0:25:38 / 851	0:49:50 / 794	1:14:13 / 759	1:44:35 / 731	2:13:29 / 757	2:40:12 / 739	3:06:09 / 715	3:27:59 / 708	
709	3018	ŁYJAK Błażej	WROCLAW	POL	/ BIKESTATS.PL	79M30/257		(M)682	03:40:38	03:40:10 05.13
		0:25:16 / 719	0:49:42 / 733	1:14:05 / 721	1:44:08 / 699	2:13:16 / 743	2:40:09 / 738	3:06:28 / 723	3:28:30 / 727	
710	1472	UWE Jäger	KRIFTEL	GER	/ LG BSN	61M50/86		(M)683	03:40:40	03:40:10 05.13
		0:25:16 / 718	0:49:43 / 741	1:14:04 / 717	1:44:06 / 694	2:13:17 / 745	2:39:35 / 721	3:04:28 / 666	3:26:51 / 680	
711	208	ŚLIWA Tomasz	KRAKÓW	POL	/ NA ZDROWIE KOZIENICE	80M30/258		(M)684	03:40:41	03:40:07 05.13
		0:25:08 / 648	0:49:39 / 689	3:03:47 / 2997	1:43:37 / 616	2:13:17 / 744	2:35:31 / 534	3:04:28 / 665	3:27:44 / 700	
712	907	SITKO Adam	RYBNIK	POL	/ SBD ENERGETYK RYBNIK	73M30/259		(M)685	03:40:42	03:39:31 05.12
		0:27:06 / 1085	0:51:27 / 968	1:15:49 / 909	1:46:08 / 826	2:15:02 / 819	2:41:15 / 772	3:06:50 / 733	3:28:11 / 716	
713	1262	ŁABĘDZKI Jerzy	MICHAŁOWICE	POL		73M30/260		(M)686	03:40:50	03:39:14 05.11
		0:26:56 / 1053	0:51:59 / 1013	1:17:21 / 980	1:48:08 / 921	2:17:06 / 897	2:43:26 / 848	3:08:26 / 773	3:28:58 / 731	
714	2620	ZAWADZKI Maciej	WARSZAWA	POL	/ BIEGAMY Z OCHOTA	78M30/261		(M)687	03:40:53	03:40:24 05.13
		0:25:16 / 723	0:49:48 / 780	1:14:14 / 762	1:44:54 / 745	2:13:23 / 752	2:39:56 / 731	3:07:30 / 753	3:29:21 / 741	
715	442	RUSNARCZYK Adam	TARNÓW	POL		86M20/131		(M)688	03:40:58	03:39:19 05.11
		0:29:48 / 1791	0:54:42 / 1415	1:20:24 / 1243	1:51:04 / 1071	2:19:37 / 1016	2:46:24 / 946	3:11:29 / 871	3:30:16 / 769	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]	
Check pts:											
716	2980	ROSA Józef	BRZESKO	POL		75M30/262	(M)689	03:40:59	03:39:53	05.12	
0:27:51 / 1305 0:53:51 / 1215 1:18:59 / 1107 1:49:53 / 1012 2:19:00 / 989 2:44:54 / 886 3:09:38 / 805 3:29:48 / 755											
717	2416	PIĄTKOWSKI Andrzej	ZŁOTOKŁOS	POL	/ KB-REBUS	67M40/197	(M)690	03:41:02	03:40:40	05.13	
0:26:36 / 1003 0:52:34 / 1057 1:18:27 / 1067 1:49:51 / 1011 2:19:12 / 999 2:45:22 / 904 3:09:54 / 811 3:29:43 / 752											
718	1095	BLADOSZEWSKI Cezary	WŁOCŁAWEK	POL	/ DREPTACZ WŁOCŁAWEK	77M30/263	(M)691	03:41:04	03:40:17	05.13	
0:26:34 / 1001 0:52:03 / 1018 1:16:49 / 957 1:46:54 / 864 2:15:33 / 845 2:41:20 / 773 3:06:37 / 732 3:28:05 / 711											
719	1141	POKORNY Maciej	TARNÓW	POL	/ ZSEO TARNÓW	66M40/198	(M)692	03:41:07	03:40:34	05.13	
0:25:36 / 844 0:50:21 / 876 1:15:04 / 852 1:45:28 / 787 2:13:50 / 777 2:40:07 / 737 3:07:52 / 763 3:29:16 / 740											
720	173	BARNÁŠ Dariusz	JAŻWINY	POL	/ JAŻWINY	77M30/264	(M)693	03:41:09	03:40:46	05.13	
0:24:33 / 519 0:48:20 / 521 1:12:12 / 520 1:41:39 / 503 2:11:02 / 627 2:39:05 / 696 3:05:53 / 708 3:28:10 / 714											
721	2591	WOLNY Sebastian	PSZÓW	POL	/ FORMA WODZISŁAW ŚL	75M30/265	(M)694	03:41:10	03:40:45	05.13	
0:23:38 / 386 0:46:32 / 400 1:09:37 / 403 1:38:33 / 384 2:06:14 / 407 2:32:03 / 416 2:58:46 / 494 3:24:28 / 622											
722	482	GEBHARDT Jakub	GDYNIA	POL	/ PRACA W SKANDYNAWII	79M30/266	(M)695	03:41:11	03:40:58	05.14	
0:25:17 / 728 0:49:44 / 749 1:14:34 / 798 1:45:28 / 785 2:15:02 / 818 2:42:15 / 804 3:07:56 / 765 3:29:13 / 738											
723	1779	ROGÓRZ Piotr	WROCŁAW	POL	/ WWW.FERRATY.PL	74M30/267	(M)696	03:41:13	03:40:36	05.13	
0:25:17 / 730 0:48:43 / 569 1:12:52 / 569 1:42:26 / 544 2:10:22 / 558 2:37:30 / 632 3:04:38 / 671 3:28:02 / 709											
724	3172	CZUBA Adam	KRZKÓW	POL		69M40/199	(M)697	03:41:15	03:40:28	05.13	
0:25:17 / 731 0:54:07 / 1284 1:20:27 / 1269 1:52:57 / 1213 2:22:57 / 1206 2:49:31 / 1104 3:13:13 / 931 3:31:43 / 805											
725	716	MICHALSKI Rafał	JAWORZNO	POL	/ KB MCKIS JAWORZNO	75M30/268	(M)698	03:41:19	03:41:10	05.14	
0:22:20 / 240 0:44:33 / 242 1:06:55 / 241 1:34:42 / 228 2:01:11 / 247 2:29:49 / 364 2:57:58 / 464 3:24:26 / 621											
726	695	ZACZEK Wojciech	ZAWADA	POL		92M20/132	(M)699	03:41:20	03:40:27	05.13	
0:24:45 / 553 0:47:47 / 487 1:10:48 / 450 1:39:26 / 416 2:08:17 / 483 2:33:56 / 467 3:02:29 / 607 3:27:24 / 692											
727	3022	FAURE Alain	KRAKOW	FRA	/ FULHAM RUNNING CLUB	69M40/200	(M)700	03:41:30	03:40:52	05.14	
0:26:10 / 945 0:51:45 / 999 1:17:28 / 984 1:48:53 / 943 2:18:08 / 951 2:44:33 / 875 3:08:55 / 793 3:29:30 / 747											
728	2111	NOWAK Kamil	ŁĄCKO	POL	/ WISEGRAD MARATON RYTRO	84M20/133	(M)701	03:41:31	03:40:22	05.13	
0:27:42 / 1241 0:53:36 / 1185 1:19:35 / 1159 1:50:22 / 1030 2:19:01 / 990 2:45:04 / 893 3:09:56 / 812 3:30:30 / 774											
729	644	ADAMCZYK Piotr	WROCŁAW	POL		70M40/201	(M)702	03:41:32	03:41:13	05.14	
0:25:44 / 878 0:50:42 / 904 1:15:50 / 910 1:46:16 / 835 2:14:49 / 814 2:40:38 / 753 3:06:15 / 717 3:29:23 / 742											
730	2537	HRYNIÓW Łukasz	CHRZAŚCZYCE	POL		79M30/269	(M)703	03:41:35	03:41:11	05.14	
0:25:57 / 909 0:51:29 / 974 1:16:53 / 960 1:47:30 / 899 2:15:50 / 857 2:41:57 / 792 3:08:40 / 786 3:30:38 / 778											
731	2131	MISZOGRAJ Tomasz	KLUCZBORK	POL		89M20/134	(M)704	03:41:37	03:41:10	05.14	
0:25:57 / 908 0:49:36 / 657 3:07:40 / 2999 1:43:43 / 651 2:11:56 / 691 2:39:15 / 708 3:08:40 / 785 3:30:01 / 760											
732	1339	KUŚNIERZ Jacek	ŚWIĘTE	POL	/ BRAK	90M20/135	(M)705	03:41:38	03:41:11	05.14	
0:25:22 / 759 0:49:52 / 802 1:14:24 / 780 1:45:10 / 768 2:13:40 / 766 2:39:19 / 712 3:05:54 / 709 3:28:23 / 724											
733	79	RYZNER Krzysztof	JAROSŁAW	POL	/ JAROSŁAW	60M50/87	(M)706	03:41:41	03:41:11	05.14	
0:25:15 / 712 0:49:51 / 796 1:14:44 / 813 1:45:26 / 784 2:15:04 / 821 2:42:07 / 799 3:07:39 / 757 3:29:10 / 736											
734	2686	MAŁECKI Sebastian	CIECHANÓW	POL		80M30/270	(M)707	03:41:45	03:40:29	05.13	
0:27:04 / 1080 0:53:02 / 1117 1:19:39 / 1165 1:51:37 / 1099 2:21:43 / 1116 2:48:16 / 1016 3:12:30 / 904 3:31:42 / 802											
735	844	KUBIK Arkadiusz	LUBOMIA	POL	/ FORMA WODZISŁAW SL.	70M40/202	(M)708	03:41:46	03:41:40	05.15	
0:21:27 / 159 0:42:48 / 166 1:04:29 / 174 1:32:21 / 185 2:01:36 / 252 2:31:41 / 410 3:01:03 / 552 3:27:45 / 701											
736	1757	SIKORA Krzysztof	ZAMOŚĆ	POL	/ T-MOBILE RUNNING TEAM	80M30/271	(M)709	03:41:47	03:40:48	05.13	
0:27:41 / 1235 0:54:11 / 1322 1:20:28 / 1276 1:52:57 / 1216 2:22:57 / 1207 2:49:24 / 1074 3:13:13 / 929 3:31:42 / 803											
737	1387	LISZKA Henryk	KRAKÓW	POL	/ LISZKA RUNNING TEAM	82M30/272	(M)710	03:41:48	03:40:55	05.14	
0:27:37 / 1191 0:53:29 / 1172 1:19:32 / 1148 1:51:26 / 1088 2:20:14 / 1044 2:46:08 / 941 3:10:26 / 830 3:30:30 / 773											
738	2346	BURY Mateusz	ZAWOJA	POL		90M20/136	(M)711	03:41:48	03:40:54	05.14	
0:25:06 / 631 0:49:16 / 612 1:12:58 / 581 1:42:05 / 527 2:09:15 / 516 2:35:00 / 510 3:01:22 / 561 3:28:45 / 730											
739	1269	NIZIOŁ Marian	PIASECZNO	POL		57M50/88	(M)712	03:41:49	03:41:31	05.14	
0:24:39 / 537 0:49:04 / 601 1:13:54 / 646 1:44:22 / 718 2:14:08 / 788 2:41:36 / 780 3:07:49 / 762 3:29:23 / 743											
740	1093	SOBIK Andrzej	CZYŻOWICE	POL		78M30/273	(M)713	03:41:50	03:40:43	05.13	
0:27:49 / 1294 0:53:44 / 1201 1:19:33 / 1149 2:46:09 / 2963 2:20:15 / 1046 2:41:36 / 779 3:10:29 / 833 3:30:34 / 775											
741	1313	WALERIANCZYK Roman	GRZYBOWO	POL	/ GMINA KOŁOBRZEG	68M40/203	(M)714	03:41:53	03:41:11	05.14	
0:25:32 / 830 0:49:49 / 785 1:14:43 / 812 1:45:06 / 763 2:14:57 / 816 2:42:00 / 794 3:08:03 / 766 3:29:24 / 745											
742	2635	MULARZ Jarosław	BOCHNIA	POL		79M30/274	(M)715	03:41:53	03:40:38	05.13	
0:28:06 / 1384 0:53:47 / 1205 1:18:47 / 1086 1:49:20 / 969 2:17:40 / 927 2:43:17 / 844 3:08:31 / 778 3:29:25 / 746											
743	1509	PRZYBYŁA Marcin	TYCHY	POL	/ UNIWERSYTET JAGIELLOŃSKI	78M30/275	(M)716	03:41:53	03:41:26	05.14	
0:25:26 / 790 0:49:39 / 688 1:13:59 / 690 1:43:42 / 645 2:13:04 / 736 2:40:15 / 742 3:06:55 / 735 3:28:23 / 723											
744	1418	PASTUCHA Marek	KRAPKOWICE	POL	/ CROSS KRAPKOWICE	60M50/89	Niep/4	(M)717	03:41:55	03:41:28	05.14
0:25:19 / 748 0:49:39 / 679 1:13:55 / 647 1:43:35 / 605 2:10:59 / 621 2:36:00 / 561 3:04:12 / 655 3:28:07 / 712											

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
745	2495	OLESZCZUK Zbigniew	KRASNYSTAW	POL		73M30/276		(M)718	03:41:56	03:40:16	05.13
		0:28:14 / 1431	0:53:21 / 1141	1:17:54 / 1018	1:48:25 / 927	2:16:31 / 883	2:42:47 / 828	3:08:27 / 776	3:30:01 / 759		
746	936	MIKA Mateusz	ORZESZE	POL		90M20/137		(M)719	03:42:00	03:41:24	05.14
		0:28:14 / 1430	0:46:21 / 330	1:09:16 / 326	1:37:18 / 333	2:09:36 / 532	2:39:45 / 726	3:08:36 / 781	3:29:42 / 749		
747	329	KOMENDA Janusz	ZIELONKI	POL		71M40/204		(M)720	03:42:03	03:41:01	05.14
		0:28:02 / 1360	0:54:13 / 1341	1:20:53 / 1359	1:53:30 / 1295	2:23:23 / 1246	2:49:52 / 1125	3:13:51 / 988	3:32:35 / 826		
748	204	BEDNORZ Marek	ŚWIERKLE	POL	KLUB AKTYWNOŚCI WSZELAKIEJ TECHA	81M30/277		(M)721	03:42:04	03:41:25	05.14
		0:25:57 / 911	0:51:30 / 979	1:16:58 / 965	2:41:31 / 2957	2:15:50 / 858	2:49:52 / 1124	3:08:40 / 787	3:30:02 / 761		
749	1456	MARCINIAK Maciej	POZNAŃ	POL		82M30/278		(M)722	03:42:10	03:41:15	05.14
		0:27:39 / 1215	0:54:07 / 1286	1:20:24 / 1246	1:52:38 / 1166	2:21:32 / 1099	2:46:57 / 966	3:10:50 / 848	3:30:36 / 777		
750	3087	ZDĄBLARZ Marcin	JAWORZNO	POL		83M20/138		(M)723	03:42:12	03:41:13	05.14
		0:27:39 / 1216	0:54:09 / 1309	1:19:37 / 1162	1:51:08 / 1076	2:21:32 / 1100	2:46:35 / 957	3:10:47 / 847	3:30:39 / 779		
751	582	GÓRECKI Mateusz	BIELSKO-BIAŁA	POL		88M20/139		(M)724	03:42:13	03:42:02	05.15
		0:27:39 / 1214	0:47:49 / 488	1:12:25 / 539	1:42:31 / 548	2:11:44 / 683	2:40:04 / 735	3:07:24 / 746	3:29:56 / 757		
752	1633	SZTUCKI Jarosław	WROCLAW	POL		60M50/90		(M)725	03:42:15	03:41:34	05.15
		0:27:01 / 1066	0:52:50 / 1094	1:19:00 / 1108	1:50:52 / 1058	2:20:19 / 1048	2:46:54 / 965	3:11:23 / 869	3:31:04 / 785		
753	3226	IWANICKI Jerzy	PILA	POL		56M50/91		(M)726	03:42:16	03:41:15	05.14
		0:27:14 / 1108	0:53:55 / 1218	1:19:41 / 1170	1:51:46 / 1109	2:20:45 / 1070	2:47:18 / 980	3:11:43 / 879	3:31:32 / 795		
754	326	CHŁON Jarosław	KRAKÓW	POL		65M40/205		(M)727	03:42:16	03:41:03	05.14
		0:27:37 / 1193	0:52:13 / 1033	1:16:29 / 938	1:45:58 / 814	2:13:31 / 758	2:38:49 / 679	3:03:45 / 647	3:28:22 / 722		
755	1942	LITKE Marek	KRAKÓW	POL	JW 4228 KRAKÓW/DRUŻYNA SZPIKU	68M40/206		(M)728	03:42:23	03:41:00	05.14
		0:27:37 / 1194	0:57:13 / 1754	1:25:48 / 1820	1:45:58 / 815	2:13:31 / 759	2:38:49 / 680	3:02:25 / 602	3:28:09 / 713		
756	2960	BAZARNIK Mateusz	WADOWICE	POL	ENDORFINY WADOWICE	87M20/140		(M)729	03:42:24	03:41:14	05.14
		0:23:21 / 308	0:44:31 / 239	1:06:18 / 224	1:35:55 / 257	2:07:04 / 440	2:39:12 / 702	3:07:25 / 749	3:29:56 / 758		
757	1453	KACZOR Jarosław	WARSZAWA	POL	T-MOBILE RUNNING TEAM	73M30/279		(M)730	03:42:27	03:42:02	05.15
		0:23:21 / 307	0:47:16 / 450	1:10:54 / 458	1:40:49 / 465	2:09:59 / 547	2:41:09 / 767	3:07:10 / 739	3:30:02 / 762		
758	2231	ŁATA Piotr	ZABRZE	POL	BRAK	74M30/280		(M)731	03:42:32	03:41:33	05.15
		0:25:11 / 679	0:48:35 / 556	1:11:59 / 504	1:40:42 / 461	2:10:23 / 561	2:38:49 / 681	3:09:18 / 799	3:30:15 / 768		
759	456	DRONCZYK Piotr	WIELICZKA	POL	APPLY CAPNOR POLAND	82M30/281		(M)732	03:42:37	03:41:42	05.15
		0:29:03 / 1626	0:55:35 / 1533	1:21:28 / 1402	1:51:40 / 1103	2:20:57 / 1076	2:47:45 / 994	3:12:25 / 899	3:32:01 / 815		
760	832	PIWONSKI Michał	ŁAZISKA GÓRNE	POL		77M30/282		(M)733	03:42:38	03:41:46	05.15
		0:29:03 / 1628	0:50:46 / 909	1:15:21 / 873	1:45:35 / 801	2:13:09 / 739	2:39:02 / 693	3:05:37 / 701	3:29:16 / 739		
761	682	PĘDZIWIATR Robert	BLACHOWNIA	POL	STRUŚ EMU	71M40/207		(M)734	03:42:39	03:41:42	05.15
		0:29:03 / 1627	0:53:22 / 1142	1:18:03 / 1031	1:49:08 / 957	2:18:38 / 973	2:45:04 / 895	3:09:02 / 797	3:29:42 / 750		
762	1065	ZIELIŃSKI Artur	WROCLAW	POL	PRO-RUN WROCLAW	78M30/283		(M)735	03:42:40	03:41:53	05.15
		0:29:03 / 1629	0:54:04 / 1253	1:20:22 / 1234	1:52:55 / 1190	2:22:54 / 1185	2:49:29 / 1083	3:13:41 / 950	3:32:40 / 829		
763	2924	BANAK Jacek	KIELCE	POL		72M40/208		(M)736	03:42:42	03:40:47	05.13
		0:30:39 / 2107	0:57:55 / 1825	1:24:23 / 1667	1:55:41 / 1435	2:24:38 / 1314	2:50:14 / 1145	3:13:51 / 983	3:32:56 / 845		
764	1752	KOCZUR Michał	BOCHNIA	POL	RADOŚĆ	87M20/141		(M)737	03:42:43	03:42:04	05.15
		0:26:04 / 933	0:50:19 / 870	1:15:21 / 872	1:46:17 / 838	2:15:38 / 851	2:42:28 / 812	3:08:43 / 790	3:30:20 / 770		
765	3031	GUŁA Przemysław	KRAKOW	POL		69M40/209		(M)738	03:42:44	03:41:45	05.15
		0:27:46 / 1271	0:53:48 / 1207	1:19:24 / 1128	1:51:03 / 1069	2:20:48 / 1071	2:47:43 / 992	3:12:05 / 887	3:31:45 / 808		
766	1521	ŠITKA Josef	DRNOVICE	CZE	MK SEITL OSTRAVA	86M20/142		(M)739	03:42:44	03:42:06	05.15
		0:25:08 / 646	0:48:29 / 547	1:11:24 / 480	1:40:05 / 436	2:08:16 / 479	2:37:22 / 627	3:05:20 / 692	3:27:41 / 698		
767	567	KOSTIW Konstanty	TYCHY	POL		80M30/284		(M)740	03:42:44	03:42:16	05.16
		0:25:17 / 734	0:49:40 / 701	1:13:51 / 641	1:43:39 / 631	2:11:38 / 676	2:39:21 / 713	3:08:18 / 770	3:31:37 / 798		
768	310	KRAWCZYK Michał	ZABŁOCIE	POL	ZABŁOCIE RYJEK TEAM	81M30/285		(M)741	03:42:48	03:42:29	05.16
		0:25:17 / 733	0:49:40 / 699	1:14:02 / 709	1:43:41 / 644	2:11:09 / 640	2:37:10 / 619	3:04:53 / 677	3:29:23 / 744		
769	1285	THIALLIER Jean-pierre	MORIÈRES	FRA	1000 PATTES LE PONTET	59M50/92		(M)742	03:42:49	03:41:36	05.15
		0:26:15 / 955	0:50:22 / 878	1:14:45 / 817	1:44:29 / 725	2:12:44 / 720	2:38:44 / 673	3:05:10 / 684	3:29:04 / 732		
770	3397	GASPERSICH Mark	WARSZAWA	POL		74M30/286		(M)743	03:42:49	03:41:53	05.15
		0:26:20 / 970	0:50:02 / 840	1:14:13 / 756	1:44:30 / 726	2:13:01 / 734	2:40:24 / 748	3:08:27 / 774	3:30:41 / 781		
771	1286	BOUVIER Jean-paul	LE PONTET	FRA		54M50/93		(M)744	03:42:50	03:41:38	05.15
		0:26:20 / 969	0:50:22 / 882	1:14:45 / 816	1:44:29 / 724	2:12:44 / 721	2:38:44 / 674	3:05:10 / 683	3:29:05 / 734		
772	1988	WYSOCKI Paweł	WROCLAW	POL		82M30/287		(M)745	03:42:58	03:42:02	05.15
		0:27:58 / 1341	0:53:35 / 1181	1:19:56 / 1193	1:52:13 / 1144	2:20:40 / 1063	2:46:25 / 947	3:11:20 / 867	3:31:23 / 791		
773	655	NIENADOWSKA Beata	ELBLĄG	POL	ELBLĄG	68K40/6		(K)28	03:42:58	03:42:54	05.16
		0:26:01 / 926	0:51:42 / 992	1:17:35 / 993	1:49:18 / 967	2:19:24 / 1005	2:46:43 / 959	3:11:31 / 873	3:31:24 / 793		

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
774	1455	DANIK Piotr	ZAWIERCIE	POL			70M40/210		(M)746	03:42:59	03:42:37 05.16
		0:25:02 / 607	0:49:28 / 634	1:13:59 / 682	1:44:14 / 708	2:14:05 / 784	2:42:00 / 795	3:08:29 / 777	3:30:28 / 772		
775	869	KRASKI Stanisław	SKRZYSZÓW	POL	FORMA WODZISLAW ŚL.		74M30/288		(M)747	03:43:04	03:42:29 05.16
		0:26:00 / 920	0:50:45 / 907	1:15:39 / 901	1:46:10 / 830	2:15:07 / 823	2:41:25 / 778	3:07:46 / 761	3:31:01 / 783		
776	2786	WOJCIECHOWSKI Piotr	GARWOLIN	POL			72M40/211		(M)748	03:43:06	03:42:07 05.15
		0:26:00 / 921	0:54:12 / 1331	1:20:32 / 1303	1:52:58 / 1219	2:22:56 / 1201	2:49:12 / 1058	3:13:01 / 925	3:32:19 / 818		
777	1282	DZIADURA Zenon	TARNOBRZEG	POL	WITAR TARNOBRZEG		55M50/94		(M)749	03:43:11	03:42:37 05.16
		0:25:53 / 901	0:49:59 / 829	1:14:30 / 787	1:48:22 / 925	2:19:07 / 993	2:45:40 / 920	3:11:17 / 866	3:31:05 / 786		
778	393	CELAK Dariusz	SUCHA BESKIDZKA	POL			63M40/212		(M)750	03:43:13	03:42:36 05.16
		0:24:26 / 501	0:46:52 / 417	1:09:45 / 409	1:39:12 / 411	2:08:06 / 474	2:34:42 / 497	3:10:58 / 853	3:31:41 / 801		
779	3401	MIJAŁ Piotr	OLAWA	POL	KB DOMBUD OLAWA		75M30/289		(M)751	03:43:14	03:42:43 05.16
		0:24:59 / 598	0:49:21 / 621	1:13:53 / 643	1:45:05 / 760	2:15:24 / 837	2:43:08 / 841	3:09:48 / 810	3:31:23 / 790		
780	613	SZOTA Wojciech	WARSZAWA	POL	ART PROFI TEAM		74M30/290		(M)752	03:43:15	03:42:44 05.16
		0:24:11 / 460	0:47:14 / 444	1:10:42 / 449	1:40:24 / 444	2:09:00 / 510	2:35:23 / 528	3:05:42 / 704	3:30:42 / 782		
781	1993	NIEMCZYK Bogdan	MYSŁOWICE	POL			57M50/95		(M)753	03:43:19	03:43:12 05.17
		0:25:43 / 876	0:51:31 / 981	1:17:56 / 1022	1:50:35 / 1042	2:20:58 / 1077	2:48:05 / 1010	3:12:43 / 914	3:32:28 / 821		
782	3015	BANAŚ Krzysztof	KRAKÓW	POL			69M40/213		(M)754	03:43:22	03:42:50 05.16
		0:25:29 / 815	0:49:49 / 789	1:14:09 / 742	1:43:50 / 671	2:20:58 / 1078	2:36:42 / 597	3:02:46 / 619	3:27:31 / 694		
783	1885	RACHTAN Anna	KRAKÓW	POL			82K30/9		(K)29	03:43:22	03:42:47 05.16
		0:25:24 / 776	0:50:09 / 854	1:15:24 / 879	1:46:36 / 853	2:16:39 / 886	2:44:08 / 863	3:10:25 / 828	3:31:44 / 807		
784	3134	WARDZAŁA Michał	MINOGA	POL	HORNS UP		74M30/291		(M)755	03:43:23	03:42:41 05.16
		0:26:52 / 1041	0:52:48 / 1085	1:18:48 / 1088	1:50:28 / 1038	2:19:50 / 1024	2:46:30 / 952	3:11:09 / 862	3:31:55 / 812		
785	69	OSKIERKO Roman	LUBSKO	POL	NIEZRZESZONY		61M50/96		(M)756	03:43:26	03:43:00 05.17
		0:26:44 / 1025	0:53:06 / 1124	1:19:24 / 1127	1:51:34 / 1095	2:21:23 / 1090	2:47:48 / 997	3:12:12 / 891	3:32:07 / 816		
786	2413	BILSKI Radosław	MILCZA	POL			92M20/143		(M)757	03:43:29	03:43:10 05.17
		0:23:30 / 338	0:46:23 / 352	1:09:19 / 362	1:37:29 / 339	2:06:37 / 425	2:36:10 / 572	3:07:32 / 754	3:30:03 / 763		
787	1192	MAJOR Stefan	INOWROCLAW	POL			56M50/97		(M)758	03:43:30	03:43:05 05.17
		0:25:22 / 764	0:50:20 / 874	1:16:05 / 922	1:47:54 / 914	2:17:56 / 941	2:45:25 / 908	3:10:54 / 849	3:31:56 / 813		
788	2846	LISIUS Tomasz	GDAŃSK	POL			64M40/214		(M)759	03:43:32	03:43:09 05.17
		0:26:00 / 922	0:51:05 / 933	1:16:23 / 928	1:47:25 / 895	2:17:12 / 905	2:43:33 / 851	3:09:47 / 808	3:31:03 / 784		
789	220	MALINOWSKI Michał	NOWY SĄCZ	POL	SHELL SBSC KRAKÓW		87M20/144		(M)760	03:43:36	03:43:18 05.17
		0:25:55 / 905	0:51:09 / 942	1:16:29 / 939	1:47:45 / 909	2:17:12 / 903	2:44:43 / 881	3:10:39 / 840	3:31:47 / 810		
790	958	KOPACZEWSKI Michał	LONDYN	POL			78M30/292		(M)761	03:43:41	03:42:31 05.16
		0:26:52 / 1043	0:52:01 / 1015	1:16:46 / 953	1:46:57 / 871	2:17:12 / 904	2:43:47 / 853	3:10:10 / 820	3:31:35 / 797		
791	1274	BIENKOWSKI Łukasz	KRAKÓW	POL			68M40/215		(M)762	03:43:42	03:43:20 05.17
		0:26:52 / 1044	0:49:42 / 723	1:14:07 / 734	1:43:52 / 677	2:11:35 / 669	2:37:21 / 626	3:06:29 / 725	3:30:05 / 764		
792	1585	FABIAN Ewa	BIAŁA PODLASKA	POL	NIEZRZESZONA		61K50/3		(K)30	03:43:44	03:42:46 05.16
		0:27:13 / 1101	0:52:52 / 1095	1:18:18 / 1056	1:49:21 / 973	2:18:18 / 957	2:45:05 / 896	3:10:40 / 842	3:31:41 / 800		
793	1977	GRYGO Krzysztof	ŁÓŻA	POL			60M50/98		(M)763	03:43:47	03:43:13 05.17
		0:25:17 / 736	0:49:46 / 770	1:13:51 / 642	1:43:27 / 600	2:10:56 / 603	2:37:42 / 642	3:04:12 / 656	3:29:11 / 737		
794	1864	WYRZYKOWSKI Andrzej	GDAŃSK	POL			67M40/216		(M)764	03:43:50	03:43:28 05.17
		0:25:46 / 887	0:49:40 / 704	1:14:01 / 698	1:43:39 / 633	2:10:57 / 609	2:36:29 / 587	3:03:00 / 627	3:28:40 / 728		
795	3034	KUBICA Krzysztof	BIERUŃ	POL			59M50/99		(M)765	03:43:50	03:42:17 05.16
		0:25:28 / 804	0:49:43 / 742	1:14:17 / 771	1:45:04 / 757	2:14:45 / 809	2:42:58 / 835	3:09:32 / 802	3:31:25 / 794		
796	454	LISEK Jozef	STRZELCE OPOLSKIE	POL	OSIR STRZELCE OPOLSKIE		51M60/15		(M)766	03:43:52	03:43:25 05.17
		0:25:23 / 774	0:49:49 / 790	1:14:18 / 773	1:44:38 / 733	2:13:57 / 780	2:41:21 / 774	3:10:02 / 815	3:31:34 / 796		
797	2091	PRUŚ Przemysław	PIETRZYKOWICE	POL	SZOSA ŻYWIEC		78M30/293		(M)767	03:43:52	03:43:32 05.17
		0:25:30 / 822	0:50:13 / 858	1:14:59 / 836	1:45:12 / 770	2:13:23 / 750	2:39:40 / 723	3:10:17 / 824	3:33:02 / 847		
798	873	TOBOLA Zbigniew	KRAKÓW	POL			74M30/294		(M)768	03:43:54	03:43:30 05.17
		0:25:24 / 779	0:50:02 / 842	1:15:03 / 848	1:45:45 / 806	2:15:14 / 833	2:42:55 / 831	3:11:05 / 859	3:32:46 / 835		
799	1833	GURAK Artur	KRAKÓW	POL	UNIWERSYTET ROLNICZY		87M20/145		(M)769	03:43:56	03:43:19 05.17
		0:25:33 / 835	0:50:17 / 866	1:14:12 / 751	1:43:50 / 667	2:11:56 / 689	2:38:45 / 675	3:07:13 / 741	3:31:20 / 787		
800	3430	WOJCIECHOWSKI	KRAKÓW	POL			76M30/295		(M)770	03:44:01	03:43:13 05.17
		0:25:33 / 836	0:51:55 / 1010	1:17:45 / 1006	1:49:38 / 993	2:20:00 / 1030	2:46:51 / 963	3:13:12 / 928	3:33:17 / 858		
801	185	BIAŁEK Olaf	KRAKÓW	POL	MEGATEL.COM.PL		65M40/217		(M)771	03:44:04	03:42:46 05.16
		0:27:06 / 1083	0:51:50 / 1004	1:17:14 / 975	1:47:44 / 908	2:16:13 / 871	2:42:24 / 809	3:06:36 / 731	3:29:46 / 753		
802	134	HYŻY Piotr	TARNOWIEC	POL	FESTIWAL BIEGÓW W KRYNICY		80M30/296		(M)772	03:44:05	03:43:08 05.17
		0:27:56 / 1329	0:54:33 / 1401	1:21:18 / 1381	1:53:43 / 1307	2:23:39 / 1265	2:49:16 / 1064	3:13:00 / 923	3:32:41 / 830		

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]	
Check pts:									
803	109	LURANC Paweł	JASTRZĘBIE-ZDRÓJ	POL		77M30/297	(M)773 03:44:07	03:43:25 05.17	
0:27:41 / 1234 0:54:06 / 1271 1:20:26 / 1261 1:52:56 / 1199 2:22:54 / 1189 2:49:29 / 1089 3:13:49 / 965 3:33:24 / 873									
804	1212	PAŁYS Barbara	KRAKOW	POL	HAMERNA	75K30/10	(K)31 03:44:07	03:43:24 05.17	
0:27:29 / 1148 0:53:58 / 1226 1:20:14 / 1209 1:52:34 / 1164 2:22:23 / 1148 2:49:00 / 1046 3:13:28 / 940 3:33:14 / 854									
805	2825	OLSZANOWSKI Andrzej	CHLUDOWO	POL		79M30/298	(M)774 03:44:08	03:43:54 05.18	
0:25:30 / 817 0:50:22 / 879 1:15:13 / 864 1:45:30 / 789 2:13:44 / 771 2:40:13 / 741 3:08:39 / 783 3:31:24 / 792									
806	466	KOWALSKI Marcin	INGATESTONE	POL	BRENTWOOD BEARS	64M40/218	(M)775 03:44:08	03:43:32 05.17	
0:27:14 / 1106 0:53:02 / 1116 1:19:36 / 1160 1:51:55 / 1122 2:21:51 / 1124 2:48:37 / 1029 3:13:37 / 947 3:33:10 / 852									
807	1449	SKUDLARSKI Jakub	WROCLAW	POL	PRO-RUN WROCLAW	91M20/146	(M)776 03:44:09	03:42:54 05.16	
0:27:14 / 1107 0:54:01 / 1239 1:19:34 / 1153 1:51:25 / 1086 2:20:34 / 1058 2:47:11 / 977 3:12:27 / 901 3:32:39 / 828									
808	462	JUSZCZAK Grzegorz	KRAKÓW	POL	KLUB MIŁOŚNIKÓW KOKO	79M30/299	(M)777 03:44:10	03:43:17 05.17	
0:27:38 / 1207 0:54:01 / 1238 1:20:23 / 1242 1:52:55 / 1191 2:22:53 / 1178 2:49:29 / 1085 3:13:49 / 963 3:33:23 / 870									
809	1037	MISIORNY Radosław	POZNAŃ	POL		73M30/300	(M)778 03:44:11	03:42:51 05.16	
0:26:56 / 1054 0:51:16 / 950 1:15:24 / 880 1:45:32 / 791 2:15:08 / 824 2:42:57 / 832 3:09:47 / 809 3:31:51 / 811									
810	3056	ZIELINSKI Bartłomiej	BELCHATÓW	POL	KB SPARTAKUS BELCHATÓW	81M30/301	(M)779 03:44:12	03:43:32 05.17	
0:27:26 / 1141 0:53:28 / 1160 1:19:28 / 1136 1:51:41 / 1107 2:21:39 / 1110 2:42:57 / 833 3:13:46 / 956 3:33:22 / 867									
811	2804	ROM Rafał	PEWEL MAŁA	POL		92M20/147	(M)780 03:44:14	03:43:22 05.17	
0:22:56 / 269 0:45:06 / 264 1:07:41 / 256 1:36:14 / 263 2:06:29 / 418 2:36:20 / 580 3:05:15 / 689 3:30:22 / 771									
812	3503	CELENDER Gordon	DUBLIN	USA		60M50/100	(M)781 03:44:15	03:43:45 05.18	
0:25:28 / 808 0:49:25 / 631 1:13:26 / 612 1:43:50 / 668 2:13:00 / 732 2:39:04 / 695 3:04:22 / 663 3:28:15 / 719									
813	1249	SEIDLOVA Eva	TLMACE	SVK	AK TLMACE	48K60/3	(K)32 03:44:16	03:43:34 05.17	
0:26:52 / 1040 0:53:01 / 1114 1:19:09 / 1112 1:50:50 / 1054 2:20:13 / 1043 2:46:53 / 964 3:11:37 / 878 3:32:09 / 817									
814	619	DUJKA Dariusz	JEDLIŃSK	POL		73M30/302	(M)782 03:44:16	03:43:28 05.17	
0:27:47 / 1276 0:54:11 / 1326 1:20:34 / 1316 1:52:59 / 1225 2:23:00 / 1220 2:49:30 / 1100 3:13:52 / 991 3:33:16 / 855									
815	1529	SZYDA Wojciech	BODZENTYN	POL		66M40/219	(M)783 03:44:18	03:43:09 05.17	
0:28:08 / 1399 0:54:06 / 1272 1:20:25 / 1251 1:52:58 / 1221 2:22:56 / 1205 2:49:28 / 1079 3:13:38 / 948 3:33:18 / 859									
816	2988	TOMAN Janusz	CIESZYN	POL	NIEZRZESZONY	60M50/101	(M)784 03:44:19	03:42:50 05.16	
0:28:31 / 1500 0:54:21 / 1379 1:19:56 / 1194 1:51:11 / 1079 2:20:49 / 1072 2:47:42 / 989 3:12:43 / 912 3:32:46 / 833									
817	1924	BUCZEK Adam	BILGORAJ	POL		75M30/303	(M)785 03:44:20	03:43:24 05.17	
0:28:31 / 1499 0:52:57 / 1105 1:19:32 / 1147 1:50:57 / 1061 2:20:06 / 1034 2:47:33 / 986 3:12:43 / 913 3:32:47 / 836									
818	1144	LEGOMSKI Piotr	KRAKÓW	POL	CAŁA RYBA BIEGA Z POLSKĄ	77M30/304	(M)786 03:44:23	03:43:57 05.18	
0:27:38 / 1203 0:54:09 / 1304 1:20:28 / 1278 1:53:02 / 1238 2:23:00 / 1219 2:49:30 / 1098 3:13:51 / 980 3:33:23 / 871									
819	353	ROKOSZ Wojciech	KRAKÓW	POL		77M30/305	(M)787 03:44:24	03:43:33 05.17	
0:27:27 / 1142 0:52:50 / 1093 1:18:38 / 1079 1:49:58 / 1017 2:19:38 / 1018 2:47:08 / 974 3:13:25 / 936 3:33:18 / 860									
820	479	KOWALCZYK Marcin	WROCLAW	POL		82M30/306	(M)788 03:44:24	03:43:48 05.18	
0:26:12 / 948 0:51:51 / 1006 1:17:13 / 973 1:47:32 / 902 2:15:55 / 864 2:41:52 / 791 3:10:32 / 835 3:33:18 / 863									
821	1363	ZAPART Marcei	ŚWIĘTOCHŁOWICE	POL		59M50/102	(M)789 03:44:25	03:43:39 05.18	
0:27:35 / 1170 0:54:04 / 1260 1:20:20 / 1224 1:52:28 / 1156 2:22:41 / 1158 2:49:18 / 1065 3:13:45 / 954 3:33:22 / 866									
822	2492	BLACHUT Piotr	KRAKOW	POL		75M30/307	(M)790 03:44:26	03:42:36 05.16	
0:29:15 / 1680 0:55:22 / 1506 1:20:51 / 1354 1:52:49 / 1176 2:22:31 / 1151 2:49:20 / 1068 3:13:44 / 953 3:33:18 / 861									
823	1484	MEDEJSZO Mariusz	NOWA SÓL	POL		75M30/308	(M)791 03:44:27	03:44:04 05.18	
0:26:39 / 1010 0:52:30 / 1048 1:18:13 / 1047 1:49:30 / 984 2:18:48 / 983 2:45:27 / 910 3:11:27 / 870 3:32:35 / 827									
824	183	TOMAN Andrzej	STANOWICE	POL	CO JA TUTAJ ROBIĘ	62M50/103	(M)792 03:44:27	03:43:40 05.18	
0:27:36 / 1179 0:54:07 / 1287 1:20:28 / 1280 1:52:58 / 1222 2:22:54 / 1186 2:49:30 / 1097 3:13:50 / 974 3:33:25 / 880									
825	911	BUDA Marek	NOWY SĄCZ	POL	VISEGRAD MARATON RYTRO	61M50/104	(M)793 03:44:29	03:43:41 05.18	
0:27:12 / 1097 0:52:05 / 1021 1:17:44 / 1001 1:49:04 / 951 2:18:38 / 974 2:45:25 / 907 3:11:15 / 864 3:32:00 / 814									
826	2252	WAWRZYCZEK Grzegorz	ZABRZE	POL	RUNNING TEAM ZABRZE	68M40/220	(M)794 03:44:29	03:43:49 05.18	
0:26:58 / 1058 0:52:48 / 1086 1:19:02 / 1110 1:51:38 / 1101 2:21:18 / 1087 2:48:04 / 1009 3:13:48 / 960 3:33:20 / 864									
827	595	KRAWCZYK Tomasz	WARSZAWA	POL		77M30/309	(M)795 03:44:30	03:44:01 05.18	
0:24:54 / 589 0:49:06 / 602 1:13:29 / 616 1:44:21 / 715 2:15:21 / 835 2:45:38 / 915 3:11:56 / 884 3:32:49 / 839									
828	1891	WENTYKIER Piotr	PŁOŃSK	POL	KB IM P. SĘKOWSKIEGO	79M30/310	(M)796 03:44:30	03:44:21 05.19	
0:24:27 / 505 0:49:29 / 636 1:14:01 / 700 1:44:31 / 728 2:13:39 / 765 2:43:03 / 837 3:10:40 / 841 3:32:30 / 825									
829	2969	LINDGREN Bengt	STOCKHOLM	SWE	VALLENTUNA IK	47M60/16	(M)797 03:44:30	03:43:44 05.18	
0:26:23 / 975 0:51:48 / 1002 1:17:55 / 1019 1:49:41 / 997 2:19:38 / 1019 2:47:07 / 972 3:13:00 / 924 3:33:24 / 877									
830	915	BERULA Andreas	LÜDENSCHIED	GER		59M50/105	(M)798 03:44:31	03:44:21 05.19	
0:22:26 / 249 0:44:52 / 257 1:08:02 / 273 1:37:30 / 340 2:06:34 / 423 2:32:52 / 441 3:11:15 / 863 3:33:02 / 848									
831	71	KUPCZYK Tomasz	KALISZ	POL	SUPERMARATON KALISZ	80M30/311	(M)799 03:44:32	03:44:16 05.18	
0:23:17 / 297 0:46:02 / 301 1:09:14 / 315 1:37:08 / 286 2:07:28 / 451 2:35:13 / 519 3:05:38 / 702 3:29:34 / 748									

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupa Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
832	1526	JURA Rafał	KOZY	POL		87M20/148	(M)800	03:44:32	03:44:25	05.19
		0:23:40 / 393	0:46:32 / 398	1:09:26 / 395	2:34:46 / 2916	2:06:19 / 412	2:35:13 / 520	3:02:55 / 624	3:29:43 / 751	
833	1341	RZEPECKI Robert	KALISZ	POL	/ SUPERMARATON KALISZ	63M40/221	(M)801	03:44:32	03:44:01	05.18
		0:24:21 / 491	0:47:20 / 457	1:11:01 / 465	1:40:27 / 448	2:08:01 / 472	2:33:19 / 456	2:59:24 / 512	3:24:49 / 629	
834	2069	SZCZYPIORSKI Szymon	BYDGOSZCZ	POL	/ BYDGOSKA GRUPA SPORTÓW	85M20/149	(M)802	03:44:32	03:44:13	05.18
		0:23:46 / 411	0:46:31 / 395	1:09:21 / 376	1:37:43 / 353	2:06:39 / 427	2:35:22 / 527	3:05:31 / 697	3:30:35 / 776	
										WYTRZYMAŁOŚCIOWYC
835	2502	KURZAJCZYK Mariusz	KALISZ	POL	/ SUPERMARATON KALISZ	65M40/222	(M)803	03:44:33	03:44:05	05.18
		0:24:21 / 489	0:47:20 / 456	1:11:01 / 464	1:40:28 / 450	2:08:00 / 470	2:33:19 / 458	2:59:25 / 513	3:24:51 / 630	
836	1357	SUTKOWY Paweł	BYDGOSZCZ	POL		86M20/150	(M)804	03:44:33	03:44:24	05.19
		0:24:21 / 488	0:47:10 / 433	1:10:39 / 446	2:35:26 / 2923	2:08:18 / 484	2:33:19 / 457	3:03:08 / 629	3:28:41 / 729	
837	1450	SKUDLARSKI Kamil	WROCLAW	POL	/ PRO-RUN	61M50/106	(M)805	03:44:33	03:43:19	05.17
		0:28:03 / 1369	0:54:00 / 1236	1:19:34 / 1154	1:51:25 / 1084	2:20:34 / 1059	2:47:11 / 976	3:12:26 / 900	3:32:45 / 832	
838	1841	DUELL Jacek	WRÓBLIK SZLACHECKI	POL		83M20/151	(M)806	03:44:34	03:43:26	05.17
		0:28:09 / 1401	0:54:35 / 1404	1:20:33 / 1312	1:52:30 / 1160	2:22:17 / 1139	2:49:10 / 1057	3:13:34 / 946	3:33:22 / 869	
839	1640	SŁOMCZYŃSKI Bartosz	OPOLE	POL		78M30/312	(M)807	03:44:35	03:43:59	05.18
		0:26:17 / 962	0:52:12 / 1031	1:18:04 / 1035	1:49:46 / 1001	2:18:25 / 963	2:44:40 / 878	3:09:37 / 804	3:31:20 / 788	
840	360	CZWÓRNÓG Marcin	KRAKÓW	POL		68M40/223	(M)808	03:44:39	03:44:04	05.18
		0:25:14 / 704	0:49:45 / 757	1:14:34 / 799	1:45:34 / 796	2:15:29 / 841	2:43:14 / 842	3:11:00 / 855	3:32:54 / 842	
841	1050	MAK Hubert	KALISZ	POL	/ NIEZRZESZONY	75M30/313	(M)809	03:44:40	03:44:18	05.18
		0:25:14 / 705	0:49:44 / 747	1:14:03 / 712	1:45:03 / 755	2:15:46 / 854	2:44:09 / 864	3:11:03 / 858	3:32:28 / 823	
842	94	MARGAS Grzegorz	PROSZOWICE	POL		70M40/224	(M)810	03:44:41	03:44:20	05.19
		0:25:12 / 690	0:49:58 / 824	1:14:34 / 801	1:45:18 / 773	2:15:54 / 862	2:44:42 / 880	3:11:01 / 856	3:32:43 / 831	
843	3151	BANAŚ Kazimierz	MICHAŁOWICE	POL		63M40/225	(M)811	03:44:43	03:43:49	05.18
		0:26:38 / 1006	0:52:36 / 1062	1:18:02 / 1029	1:49:13 / 962	2:18:21 / 959	2:44:56 / 887	3:10:42 / 843	3:32:54 / 843	
844	2359	GŁOSEK Robert	OSTROLEKA	POL	/ AG BEZ LIMITU OSTROLEKA I OK	70M40/226	(M)812	03:44:44	03:43:23	05.17
		0:28:12 / 1419	0:53:59 / 1231	1:19:34 / 1152	1:51:05 / 1072	2:20:15 / 1045	2:46:28 / 951	3:12:23 / 897	3:33:25 / 879	
845	3399	KUŹMIŃSKA Maryla	BRZOZA	POL	/ BRZOZA BIEGA	82K30/11	(K)33	03:44:44	03:44:38	05.19
		0:26:50 / 1038	0:53:55 / 1217	1:20:08 / 1200	1:51:47 / 1114	2:21:18 / 1086	2:48:24 / 1020	3:13:26 / 937	3:33:18 / 862	
846	667	WOJCIECHOWSKI Jacek	MILANÓWEK	POL		65M40/227	(M)813	03:44:45	03:43:49	05.18
		0:26:45 / 1029	0:52:18 / 1034	1:18:04 / 1036	1:49:34 / 988	2:19:09 / 996	2:46:07 / 940	3:11:48 / 880	3:33:06 / 849	
847	1259	ABRAMCZYK Jacek	RYTRO	POL	/ SOLIDARNOSC N SACZ	67M40/228	(M)814	03:44:48	03:44:01	05.18
		0:27:28 / 1145	0:52:55 / 1098	1:18:22 / 1061	1:49:31 / 986	2:18:27 / 965	2:45:14 / 899	3:11:30 / 872	3:33:07 / 850	
848	1950	KRUZEL Tomasz	ZAWIERCIE	POL		77M30/314	(M)815	03:44:50	03:44:26	05.19
		0:24:48 / 565	0:49:07 / 603	1:13:29 / 615	1:43:14 / 586	2:12:52 / 728	2:44:44 / 883	3:13:19 / 933	3:33:22 / 868	
849	1600	PRZYSTAŁ Mateusz	KRAKÓW	POL		83M20/152	(M)816	03:44:51	03:44:40	05.19
		0:21:01 / 97	0:41:51 / 102	1:03:13 / 111	1:32:32 / 189	2:03:46 / 338	2:30:51 / 383	3:03:02 / 628	3:30:07 / 766	
850	547	STRYKOWSKI Janusz	KIELCE	POL		67M40/229	(M)817	03:44:51	03:43:49	05.18
		0:27:36 / 1187	0:54:04 / 1256	1:20:22 / 1235	1:52:55 / 1188	2:03:46 / 337	2:30:51 / 382	3:13:50 / 973	3:33:26 / 882	
851	2662	KUCHARSKI Łukasz	WARSZAWA	POL		85M20/153	(M)818	03:44:52	03:43:57	05.18
		0:27:38 / 1200	0:54:06 / 1273	1:20:25 / 1259	1:52:56 / 1198	2:03:46 / 339	2:49:31 / 1105	3:13:50 / 967	3:33:25 / 878	
852	514	DULNIK Marcin	WARSZAWA	POL	/ ASICS POLSKA	80M30/315	(M)819	03:44:53	03:43:45	05.18
		0:25:05 / 621	0:49:32 / 643	1:13:53 / 644	1:44:47 / 741	2:14:48 / 812	2:42:43 / 826	3:09:57 / 813	3:32:29 / 824	
853	1053	RUDY Jacek	WROCLAW	POL	/ PACEMAKER	80M30/316	(M)820	03:44:53	03:44:08	05.18
		0:25:05 / 622	0:54:03 / 1248	1:20:23 / 1239	1:52:55 / 1189	2:22:53 / 1181	2:49:29 / 1082	3:13:49 / 961	3:33:23 / 872	
854	1454	CZUCZAK Tomasz	KOSZALIN	POL		77M30/317	(M)821	03:44:54	03:44:07	05.18
		0:25:05 / 623	0:54:08 / 1298	1:20:23 / 1241	1:52:55 / 1194	2:22:55 / 1193	2:49:29 / 1090	3:13:50 / 969	3:33:24 / 874	
855	3070	DUBIECKI Jarema	ŁÓDŹ	POL	/ ŁKB NA ZDROWIE	69M40/230	(M)822	03:44:54	03:44:09	05.18
		0:27:35 / 1173	0:54:04 / 1258	1:20:22 / 1233	1:52:54 / 1183	2:22:53 / 1180	2:49:29 / 1084	3:13:49 / 962	3:33:24 / 875	
856	3137	ANUSZEWSKI Tomasz	WARSZAWA	POL	/ GRODZISK MAZOWIECKI	69M40/231	(M)823	03:44:55	03:44:13	05.18
		0:25:15 / 711	0:49:45 / 761	1:14:15 / 766	1:44:08 / 696	2:12:43 / 719	2:39:25 / 716	3:07:12 / 740	3:31:37 / 799	
857	195	KLIMCZAK Adam	WROCLAW	POL	/ WKB PIAST WROCLAW	88M20/154	(M)824	03:44:57	03:44:10	05.18
		0:25:15 / 710	0:54:03 / 1247	1:20:24 / 1245	2:49:30 / 2973	2:22:54 / 1183	2:39:25 / 715	3:13:50 / 970	3:33:26 / 883	
858	894	KIECÓN Michał	USTROŃ	POL	/ USTROŃ MOUNTAIN TEAM	88M20/155	(M)825	03:44:58	03:43:53	05.18
		0:27:46 / 1273	0:53:06 / 1123	1:18:37 / 1077	1:49:48 / 1006	2:19:11 / 998	2:46:45 / 961	3:12:08 / 888	3:33:09 / 851	
859	1549	PINKOSZ Jan	ZABRZE	POL	/ POGORIA BIEGA	56M50/107	(M)826	03:45:00	03:44:22	05.19
		0:27:03 / 1077	0:53:13 / 1129	1:19:21 / 1122	1:50:50 / 1055	2:19:58 / 1029	2:46:06 / 938	3:10:13 / 823	3:30:40 / 780	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupa Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
860	1593	ZYCH Lesław	SAMBORZEC		POL / WITAR TARNOBRZEG	53M50/108		(M)827	03:45:08	03:43:52 05.18
		0:28:10 / 1410	0:53:37 / 1190	1:18:28 / 1068	2:44:17 / 2960	2:17:17 / 909	2:46:06 / 939	3:10:44 / 844	3:32:55 / 844	
861	1032	EJSMONT Piotr	SUPRAŚL		POL / DRUŻYNA GANDALFA	88M20/156		(M)828	03:45:14	03:43:30 05.17
		0:28:40 / 1534	0:54:48 / 1428	1:20:47 / 1344	1:53:05 / 1250	2:22:51 / 1170	2:49:27 / 1077	3:13:50 / 971	3:33:27 / 884	
862	1226	KUŻMA Przemysław	JANOWICE		POL	60M50/109		(M)829	03:45:19	03:44:29 05.19
		0:28:13 / 1426	0:55:04 / 1459	1:21:23 / 1393	1:53:31 / 1296	2:23:37 / 1261	2:50:18 / 1148	3:15:08 / 1035	3:34:38 / 924	
863	2829	WAWRO Grzegorz	KRAKÓW		POL / KROSS LAJKONIK	73M30/318	B2/7	(M)830	03:45:20	03:44:43 05.19
		0:25:44 / 884	0:50:24 / 886	1:15:07 / 859	1:45:38 / 803	2:15:10 / 826	2:42:33 / 817	3:08:43 / 789	3:31:45 / 809	
864	2506	JUREK Zbigniew	ZWOLEŃ		POL	60M50/110		(M)831	03:45:21	03:44:01 05.18
		0:26:55 / 1051	0:52:20 / 1037	1:18:10 / 1044	1:49:22 / 977	2:18:33 / 969	2:45:39 / 919	3:12:13 / 892	3:33:29 / 886	
865	1574	STANEK Piotr	GDYNIA		POL / BIEGAMYRAZEM.PL	85M20/157		(M)832	03:45:23	03:43:44 05.18
		0:28:40 / 1535	0:54:11 / 1321	1:19:36 / 1161	1:50:27 / 1036	2:19:41 / 1022	2:46:27 / 949	3:12:02 / 886	3:33:34 / 893	
866	3079	GWÓDŹ Andrzej	WOLA		POL	63M40/232		(M)833	03:45:26	03:44:15 05.18
		0:26:15 / 954	0:50:32 / 894	1:15:01 / 840	1:45:24 / 782	2:14:32 / 801	2:42:02 / 797	3:09:22 / 801	3:32:48 / 837	
867	798	WYPYCH Tomasz	BRZEG		POL / DRUŻYNA SZPIKU-UGKS ODRA BRZEG	70M40/233		(M)834	03:45:28	03:44:49 05.19
		0:26:15 / 953	0:51:05 / 935	1:16:27 / 936	1:47:55 / 915	2:17:26 / 916	2:45:03 / 892	3:10:59 / 854	3:33:11 / 853	
868	2439	PIEKARSKI Aleksander	KRAKÓW		POL	74M30/319		(M)835	03:45:30	03:44:57 05.19
		0:26:17 / 963	0:50:59 / 927	1:15:33 / 890	1:45:22 / 779	2:12:45 / 723	2:40:50 / 759	3:08:51 / 792	3:31:20 / 789	
869	1130	GRYCZ Mirosław	KRAKÓW		POL / NIEZRZESZONY	70M40/234		(M)836	03:45:30	03:45:20 05.20
		0:22:19 / 236	0:44:17 / 227	1:06:16 / 222	1:34:09 / 220	2:02:28 / 271	2:34:25 / 483	3:01:11 / 555	3:25:08 / 638	
870	1927	TILLIEUX Sueli	LIMAL		BEL	75K30/12		(K)34	03:45:36	03:44:31 05.19
		0:26:48 / 1034	0:52:01 / 1016	1:16:46 / 955	1:46:54 / 865	2:15:46 / 853	2:42:30 / 814	3:09:20 / 800	3:32:28 / 822	
871	1958	GOŚCIŃSKI Bartłomiej	PRZYSIETNICA		POL / VISEGRAD MARATON RYTRO	92M20/158		(M)837	03:45:40	03:45:00 05.19
		0:25:31 / 827	0:49:57 / 822	1:14:40 / 807	1:46:00 / 816	2:18:12 / 954	2:47:26 / 981	3:14:29 / 1012	3:34:56 / 931	
872	3494	LOBER Ralf	DUSSELDORF		GER	77M30/320		(M)838	03:45:40	03:44:51 05.19
		0:26:20 / 967	0:51:24 / 963	1:17:42 / 997	1:49:07 / 954	2:18:24 / 962	2:45:45 / 922	3:11:51 / 881	3:33:20 / 865	
873	2049	WARDZAŁA Michał	WIELICZKA		POL	80M30/321		(M)839	03:45:41	03:44:56 05.19
		0:27:35 / 1172	0:54:05 / 1261	1:20:25 / 1255	1:52:55 / 1197	2:22:52 / 1176	2:49:31 / 1102	3:13:51 / 978	3:33:45 / 899	
874	161	MISZUK Sebastian	SZCZECIN		POL / SAINT-GOBAIN SQUAD	82M30/322		(M)840	03:45:41	03:44:40 05.19
		0:27:55 / 1319	0:53:00 / 1111	1:18:28 / 1069	2:46:45 / 2964	2:19:39 / 1020	2:49:31 / 1101	3:12:36 / 909	3:33:16 / 857	
875	3428	ROSIER Jean			FRA	59M50/111		(M)841	03:45:42	03:44:23 05.19
		0:28:01 / 1357	0:53:49 / 1211	1:19:45 / 1175	1:51:50 / 1119	2:21:50 / 1123	2:48:44 / 1039	3:13:53 / 994	3:33:31 / 888	
876	1398	AUGUSTYN Janusz	KĘDZIERZYN-KOŹLE		POL	66M40/235		(M)842	03:45:44	03:45:24 05.20
		0:26:54 / 1047	0:53:04 / 1121	1:19:23 / 1126	1:51:33 / 1094	2:21:23 / 1091	2:47:48 / 996	3:13:28 / 941	3:34:49 / 928	
877	2706	WÓJCIK Marcin	DĘBICA		POL / NIEZRZESZONY	74M30/323		(M)843	03:45:46	03:44:26 05.19
		0:27:42 / 1244	0:53:03 / 1119	1:19:10 / 1114	1:50:40 / 1046	2:20:08 / 1036	2:47:42 / 990	3:13:51 / 977	3:33:54 / 907	
878	3289	PODESZWA Marek	RYBNIK		POL / SBD ENERGETYK RYBNIK	68M40/236		(M)844	03:45:47	03:44:38 05.19
		0:27:50 / 1295	0:53:30 / 1173	1:18:50 / 1090	1:49:31 / 985	2:18:44 / 977	2:45:37 / 913	3:12:13 / 893	3:33:53 / 906	
879	2087	JURASZ Zygmunt	ZGORZELEC		POL	45M60/17		(M)845	03:45:47	03:45:19 05.20
		0:25:48 / 895	0:50:27 / 891	1:15:08 / 860	1:46:35 / 852	2:16:00 / 865	2:44:18 / 869	3:11:06 / 860	3:32:50 / 841	
880	1284	BIGEON Philippe	LE PONTET		FRA / 1000 PATTES	58M50/112		(M)846	03:45:51	03:44:41 05.19
		0:27:22 / 1134	0:52:33 / 1052	1:17:52 / 1016	1:49:14 / 963	2:19:06 / 992	2:46:33 / 955	3:12:30 / 905	3:33:46 / 901	
881	2788	VARTIAINEN Tatu	KUOPIO		FIN	77M30/324		(M)847	03:45:54	03:45:08 05.20
		0:27:39 / 1208	0:54:08 / 1300	3:14:00 / 3000	1:49:14 / 964	2:22:47 / 1164	2:46:33 / 956	3:12:30 / 906	3:34:08 / 911	
882	946	PAŁYSA Grzegorz	GARWOLIN		POL / AVON	81M30/325		(M)848	03:46:01	03:45:27 05.20
		0:22:40 / 259	0:45:10 / 266	1:08:39 / 291	1:39:00 / 406	2:11:03 / 630	2:41:03 / 764	3:07:25 / 747	3:31:42 / 804	
883	1983	BIEL Sylwester	CHRZANÓW		POL / FALSTART CHRZANÓW	80M30/326		(M)849	03:46:01	03:45:40 05.20
		0:24:19 / 483	0:47:56 / 496	1:11:45 / 495	1:41:19 / 489	2:09:08 / 512	2:39:14 / 705	3:08:22 / 771	3:32:26 / 820	
884	951	CHMIELEWSKI Sławomir	SILNO		POL	75M30/327		(M)850	03:46:04	03:45:43 05.20
		0:26:49 / 1035	0:52:50 / 1092	1:18:58 / 1104	1:50:53 / 1060	2:20:44 / 1068	2:47:29 / 985	3:12:46 / 917	3:33:35 / 894	
885	2004	STANKIEWICZ Antoni	SOBÓTKA		POL / WKB PIAST WROCLAW	58M50/113		(M)851	03:46:04	03:45:52 05.21
		0:23:49 / 419	0:47:44 / 485	1:12:17 / 529	1:42:29 / 546	2:11:10 / 641	2:37:31 / 635	3:05:44 / 705	3:33:25 / 881	
886	1561	ZAPŁATA Wojciech	GORLICE		POL	78M30/328		(M)852	03:46:05	03:44:54 05.19
		0:28:38 / 1522	0:55:17 / 1494	1:21:20 / 1389	1:53:00 / 1233	2:23:32 / 1257	2:51:16 / 1195	3:15:10 / 1040	3:33:59 / 908	
887	249	PAŁYGIEWICZ Jacek	KATOWICE		POL	83M20/159		(M)853	03:46:07	03:45:37 05.20
		0:28:07 / 1389	0:54:32 / 1399	1:21:08 / 1374	1:54:25 / 1352	2:24:42 / 1315	2:51:26 / 1202	3:15:59 / 1061	3:35:41 / 952	
888	2642	PILZ Dominika	SULECHÓW		POL	85K20/11		(K)35	03:46:08	03:44:44 05.19
		0:28:13 / 1425	0:54:19 / 1370	1:20:15 / 1212	1:51:25 / 1083	2:20:38 / 1062	2:47:36 / 987	3:13:28 / 942	3:33:45 / 900	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
889	2719	STOLECKI Piotr	BELCHATÓW	POL	/ KB SPARTAKUS/DRUŻYNA SZPIKU	79M30/329	(M)854 03:46:08	03:45:27 05.20
0:27:24 / 1137 0:53:27 / 1158 1:19:28 / 1135 1:51:41 / 1106 2:21:40 / 1112 2:48:28 / 1024 3:13:39 / 949 3:35:13 / 942								
890	1980	BŁASZCZYK Rafał	RADOM	POL		84M20/160	(M)855 03:46:10	03:45:58 05.21
0:23:48 / 414 0:47:14 / 443 1:11:42 / 490 2:38:49 / 2937 2:11:28 / 656 2:48:28 / 1023 3:07:17 / 742 3:32:23 / 819								
891	128	SOBOL Kamil	KRAKÓW	POL		86M20/161	(M)856 03:46:20	03:45:41 05.20
0:26:56 / 1052 0:53:28 / 1159 1:19:52 / 1189 1:52:09 / 1135 2:22:13 / 1135 2:49:08 / 1052 3:14:05 / 1005 3:34:33 / 922								
892	702	ŻELAZOWSKA Karolina	KRAKÓW	POL	/ BIEGAM BO LUBIĘ	78K30/13	(K)36 03:46:23	03:45:37 05.20
0:27:44 / 1257 0:54:06 / 1268 1:20:26 / 1266 1:52:56 / 1200 2:22:56 / 1199 2:49:30 / 1095 3:13:13 / 932 3:31:44 / 806								
893	3248	KAMINSKI Michał	WARSZAWA	POL	/ ART PROFI TEAM RATUJMYROJA.PL	86M20/162	(M)857 03:46:23	03:45:40 05.20
0:24:23 / 492 0:47:32 / 468 1:11:18 / 476 2:40:16 / 2950 2:11:56 / 690 2:49:30 / 1096 3:10:27 / 832 3:34:05 / 909								
894	3042	GANDOR Michał	KRAKÓW	POL	/ ORKA GRĘBYNICE	72M40/237	(M)858 03:46:26	03:45:59 05.21
0:25:13 / 698 0:49:47 / 773 1:14:12 / 754 1:44:17 / 711 2:14:48 / 811 2:47:01 / 971 3:13:50 / 972 3:34:51 / 930								
895	2792	BOCHNAK Hubert	RABA WYŻNA	POL		86M20/163	(M)859 03:46:28	03:45:57 05.21
0:25:09 / 659 0:49:40 / 708 1:14:02 / 710 1:43:50 / 669 2:11:33 / 664 2:38:39 / 668 3:08:23 / 772 3:32:49 / 838								
896	917	ZIELONKA Marian	OSTRÓW WLKP	POL	/ KS MARATON OSTRÓW WLKP	55M50/114	(M)860 03:46:32	03:45:49 05.21
0:25:44 / 883 0:49:44 / 752 1:14:08 / 740 1:44:39 / 734 2:14:47 / 810 2:42:50 / 829 3:10:55 / 850 3:33:41 / 896								
897	434	BEREZA Kamil	WÓLKA ORŁOWSKA	POL		89M20/164	(M)861 03:46:33	03:45:06 05.20
0:26:19 / 966 0:50:25 / 888 1:15:02 / 845 1:45:04 / 756 2:13:50 / 776 2:41:12 / 768 3:10:11 / 821 3:33:41 / 898								
898	897	KRZAK Andrzej	PRUSZKÓW	POL		66M40/238	(M)862 03:46:33	03:45:17 05.20
0:28:47 / 1566 0:55:35 / 1536 1:22:11 / 1458 1:54:57 / 1378 2:25:21 / 1351 2:51:54 / 1212 3:15:48 / 1057 3:35:36 / 950								
899	986	GAŁUSZKA Rafał	GUBIN	POL	/ NIEZRZESZONY	73M30/330	(M)863 03:46:38	03:46:18 05.21
0:28:47 / 1567 0:49:39 / 690 1:13:58 / 672 1:43:37 / 611 2:10:58 / 616 2:37:47 / 643 3:07:29 / 751 3:33:33 / 892								
900	2290	WALTER Sławomir	NOWY SĄCZ	POL	/ WB	64M40/239	(M)864 03:46:41	03:45:33 05.20
0:27:07 / 1087 0:53:22 / 1144 1:19:28 / 1134 1:51:04 / 1070 2:20:55 / 1075 2:47:58 / 1003 3:13:13 / 930 3:34:09 / 912								
901	2146	BAHLAY Mykola	RZESZÓW	UKR	/ "START" NOVYI ROZDIL`	85M20/165	(M)865 03:46:41	03:45:48 05.21
0:27:07 / 1086 0:53:35 / 1182 1:19:48 / 1178 1:52:14 / 1146 2:22:56 / 1203 2:49:55 / 1128 3:15:10 / 1039 3:35:22 / 944								
902	1052	MADLEWSKI Dariusz	KRAKÓW	POL		71M40/240	(M)866 03:46:49	03:45:03 05.20
0:29:21 / 1697 0:55:33 / 1524 1:21:23 / 1394 1:53:13 / 1269 2:22:56 / 1202 2:49:36 / 1108 3:14:53 / 1021 3:35:22 / 945								
903	1275	WIOREK Edward	KRAKÓW	POL		62M50/115	(M)867 03:46:51	03:46:16 05.21
0:25:36 / 843 0:50:19 / 869 1:15:48 / 908 1:47:38 / 904 2:17:34 / 922 2:45:38 / 914 3:12:45 / 915 3:34:46 / 926								
904	2344	LICZNER Joanna	WROCLAW	POL	/ IM-MOTION.PL	69K40/7	(K)37 03:46:54	03:45:45 05.21
0:27:49 / 1290 0:54:09 / 1311 1:20:20 / 1225 1:52:31 / 1162 2:22:09 / 1134 2:49:00 / 1047 3:13:51 / 979 3:33:51 / 904								
905	2162	WOŹNIAK Sebastian	WARSZAWA			84M20/166	(M)868 03:46:56	03:46:01 05.21
0:28:29 / 1490 0:54:41 / 1414 1:20:51 / 1351 1:52:49 / 1177 2:22:30 / 1150 2:49:25 / 1075 3:13:51 / 985 3:33:52 / 905								
906	2343	BELTRAN Joaquin	CRACOW	ESP		85M20/167	(M)869 03:46:56	03:45:32 05.20
0:28:20 / 1459 0:54:07 / 1280 1:19:21 / 1124 1:49:45 / 1000 2:17:59 / 943 2:44:19 / 870 3:10:36 / 838 3:33:16 / 856								
907	839	JANIK Michał	WARSZAWA	POL	/ LUXURY RUNNER'S TEAM	81M30/331	(M)870 03:46:57	03:46:22 05.21
0:26:05 / 935 0:51:18 / 953 1:16:12 / 926 1:47:17 / 891 2:17:13 / 908 2:45:23 / 906 3:12:27 / 902 3:34:43 / 925								
908	2772	ILJINAS Borisas	KAUNO RAJ.	LTU	/ KAUNO BMK	49M60/18	(M)871 03:46:58	03:46:43 05.22
0:23:53 / 426 0:47:24 / 462 1:11:08 / 473 1:40:36 / 457 2:09:22 / 520 2:36:51 / 607 3:10:25 / 829 3:35:03 / 933								
909	1347	SUSUŁ Bogdan	KRAKÓW	POL		74M30/332	(M)872 03:46:59	03:45:50 05.21
0:28:02 / 1363 0:54:11 / 1323 1:19:53 / 1190 1:52:13 / 1142 2:22:22 / 1145 2:49:18 / 1067 3:14:45 / 1019 3:35:08 / 938								
910	928	SURTEES Jonathan	ALTON	GBR	/ WIMBLEDON WINDMILERS	65M40/241	(M)873 03:47:02	03:46:48 05.22
0:22:12 / 227 0:44:36 / 244 1:08:45 / 295 1:38:41 / 392 2:10:08 / 549 2:37:55 / 645 3:09:12 / 798 3:33:32 / 889								
911	626	LISZKA Piotr	BYTOM	POL		53M50/116	(M)874 03:47:04	03:45:36 05.20
0:28:16 / 1443 0:53:37 / 1186 1:18:47 / 1085 1:49:38 / 992 2:19:00 / 988 2:45:55 / 930 3:11:55 / 883 3:33:50 / 903								
912	391	MOSUREK Grzegorz	KRAKÓW	POL	/ STRAŻ ZAMKOWA ZAMEK KRÓLEWSKI NA WAWELU	72M40/242	(M)875 03:47:05	03:46:24 05.21
0:26:52 / 1042 0:52:49 / 1091 1:18:48 / 1087 1:50:28 / 1039 2:19:50 / 1025 2:46:30 / 953 3:12:34 / 907 3:34:09 / 914								
913	3044	SKARBEK Krzysztof	WIEWIÓRKA	POL		87M20/168	(M)876 03:47:06	03:46:36 05.22
0:25:39 / 858 0:50:14 / 861 1:15:12 / 862 1:46:11 / 831 2:16:43 / 890 2:44:10 / 868 3:13:31 / 945 3:34:20 / 918								
914	2285	WOJCIECHOWSKI Paweł	WARSZAWA	POL		71M40/243	(M)877 03:47:06	03:45:07 05.20
0:29:09 / 1657 0:55:11 / 1482 1:20:41 / 1336 2:51:36 / 2978 2:22:47 / 1166 2:44:10 / 866 3:16:18 / 1076 3:36:11 / 971								
915	775	OLEKSY Jarosław	TYMBARK	POL	/ KS LIMANOWA FORREST	59M50/117	(M)878 03:47:12	03:46:01 05.21
0:29:09 / 1656 0:53:48 / 1208 1:19:22 / 1125 2:47:46 / 2968 2:20:02 / 1031 2:44:10 / 865 3:13:46 / 957 3:35:07 / 937								
916	2809	CIEŚLA Wojciech	WARSZAWA	POL		72M40/244	(M)879 03:47:16	03:46:42 05.22
0:27:10 / 1094 0:53:13 / 1130 1:19:21 / 1123 1:51:09 / 1077 2:20:21 / 1049 2:44:10 / 867 3:10:21 / 827 3:34:12 / 915								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
917	2071	ZAKRZEWSKI Wojciech	OSTRÓDA	POL		71M40/245	(M)880	03:47:17	03:46:35	05.22
		0:26:10 / 944	0:51:29 / 976	1:17:41 / 996	1:50:17 / 1028	2:21:01 / 1079	2:48:30 / 1027	3:14:26 / 1011	3:35:23 / 946	
918	938	MEISLAND Oddvar	SANDNES	NOR / NONE		67M40/246	(M)881	03:47:22	03:46:28	05.22
		0:28:15 / 1438	0:54:42 / 1416	1:21:18 / 1384	1:53:43 / 1308	2:23:41 / 1271	2:50:20 / 1154	3:15:20 / 1046	3:35:55 / 963	
919	1813	WACNIK Janusz	RZESZÓW	POL / RZESZOWSKIE GAZELE I GEPARDY		67M40/247	(M)882	03:47:22	03:46:52	05.22
		0:25:33 / 833	0:50:55 / 919	1:17:24 / 982	1:50:04 / 1020	2:20:23 / 1051	2:47:56 / 1000	3:13:50 / 976	3:35:10 / 939	
920	2094	POCIASK Konrad	DĘBICA	POL / KB MARATOŃCZYK DĘBICA		85M20/169	(M)883	03:47:24	03:47:12	05.23
		0:23:59 / 435	0:48:13 / 509	1:12:55 / 572	1:43:33 / 601	2:12:22 / 702	2:40:52 / 760	3:07:25 / 748	3:33:32 / 891	
921	88	CHLEBDA Andrzej	KRAKÓW	POL		64M40/248	(M)884	03:47:27	03:47:07	05.22
		0:25:14 / 702	0:49:43 / 739	1:14:02 / 704	1:43:40 / 639	2:11:22 / 645	2:39:19 / 711	3:08:06 / 768	3:33:00 / 846	
922	813	KORKUŚ Jarosław	WROCLAW	POL / JOHN WESTON GROUP		86M20/170	(M)885	03:47:28	03:46:08	05.21
		0:28:05 / 1379	0:54:24 / 1388	1:20:52 / 1357	1:53:19 / 1283	2:23:03 / 1226	2:49:38 / 1114	3:13:52 / 993	3:34:18 / 917	
923	1466	PRZYBYLSKI Jacek szymon	WRÓBLIK SZLACHECKI	POL / WRÓBLIK SZLACHECKI		68M40/249	(M)886	03:47:32	03:47:00	05.22
		0:25:26 / 793	0:49:44 / 750	1:14:41 / 810	1:45:53 / 811	2:15:25 / 838	2:43:29 / 849	3:10:57 / 852	3:33:37 / 895	
924	2699	BYSTRZYCKI Piotr	KROSNO	POL / KROSNO		75M30/333	(M)887	03:47:32	03:46:19	05.21
		0:28:01 / 1354	0:54:16 / 1355	1:20:46 / 1341	1:53:23 / 1290	2:23:24 / 1249	2:49:51 / 1122	3:14:32 / 1014	3:35:12 / 941	
925	1157	KANAFKA Łukasz	GIDLE	POL / AWF KRAKÓW		86M20/171	(M)888	03:47:34	03:46:10	05.21
		0:26:41 / 1016	0:53:09 / 1126	1:19:07 / 1111	1:53:12 / 1267	2:23:24 / 1248	2:49:49 / 1119	3:15:09 / 1038	3:35:54 / 960	
926	1515	JĘDRZEJEWSKI Rafał	WARSZAWA	POL / RUN DARKINS		70M40/250	(M)889	03:47:34	03:47:01	05.22
		0:26:38 / 1008	0:52:44 / 1072	1:18:55 / 1099	1:50:10 / 1023	2:20:09 / 1037	2:47:43 / 993	3:13:51 / 982	3:34:51 / 929	
927	83	STĘPNIAK Janusz	KATOWICE	POL / AMATOR KATOWICE		68M40/251	(M)890	03:47:37	03:47:32	05.23
		0:25:42 / 872	0:51:06 / 939	1:16:30 / 940	1:46:55 / 867	2:15:14 / 832	2:42:23 / 808	3:10:04 / 816	3:33:32 / 890	
928	1125	KOŁACZ Wojciech	WARSZAWA	POL		72M40/252	(M)891	03:47:38	03:46:11	05.21
		0:27:50 / 1296	0:53:18 / 1136	1:19:14 / 1116	1:50:43 / 1048	2:20:24 / 1052	2:47:46 / 995	3:13:31 / 944	3:34:27 / 920	
929	1438	KUSTRA Piotr	MOGILANY	POL / MOGILANY MARATON TEAM		71M40/253	(M)892	03:47:41	03:47:26	05.23
		0:23:16 / 296	0:46:02 / 298	1:09:14 / 314	1:37:24 / 335	2:05:21 / 385	2:34:39 / 495	3:02:53 / 622	3:30:09 / 767	
930	1437	KOWAL Zbigniew	ŚLUPSK	POL / PIJALNIA PIWA PIWNICA		77M30/334	(M)893	03:47:44	03:47:10	05.23
		0:25:12 / 692	0:49:42 / 731	1:13:59 / 686	1:43:38 / 620	2:11:02 / 626	2:36:31 / 589	3:02:30 / 609	3:25:45 / 659	
931	57	PANEK Wojciech	NIEPOLOMICE	POL		83M20/172	(M)894	03:47:46	03:47:30	05.23
		0:25:01 / 606	0:49:26 / 632	1:13:48 / 634	1:43:36 / 607	2:13:40 / 768	2:42:58 / 834	3:11:16 / 865	3:34:30 / 921	
932	3446	OLEKSY Karol	KRAKÓW	POL / MAŁOPOLSKIE TOWARZYSTWO KRZEWIENIA KULTU		47M60/19	(M)895	03:47:47	03:47:18	05.23
		0:25:08 / 647	0:49:39 / 682	1:14:56 / 830	1:47:14 / 890	2:18:04 / 947	2:46:03 / 936	3:12:58 / 920	3:35:51 / 959	
933	312	NAJDER Ewa	KONSTANCIN JEZIORNA	POL		57K50/4	(K)38	03:47:50	03:47:01	05.22
		0:26:05 / 936	0:51:42 / 991	1:17:34 / 991	1:49:18 / 966	2:19:24 / 1006	2:46:43 / 960	3:12:35 / 908	3:34:47 / 927	
934	1421	GOEBEL Adam	KRAKÓW	POL / ----		65M40/254	(M)896	03:47:57	03:47:45	05.23
		0:24:47 / 563	0:49:33 / 647	1:14:06 / 728	1:44:36 / 732	2:13:20 / 746	2:40:31 / 750	3:08:39 / 784	3:32:46 / 834	
935	768	MICHALSKI Robert	WOŁOMIN	POL		82M30/335	(M)897	03:47:57	03:46:24	05.21
		0:28:51 / 1578	0:54:49 / 1431	1:20:41 / 1337	1:52:47 / 1173	2:22:23 / 1147	2:49:04 / 1050	3:15:03 / 1029	3:36:18 / 975	
936	1321	JAROSZ Marek	RZESZÓW	POL / RZESZOWSKIE GAZELE I GEPARDY		63M40/255	(M)898	03:47:58	03:46:57	05.22
		0:25:34 / 841	0:49:48 / 778	1:14:03 / 716	1:43:59 / 689	2:14:07 / 787	2:43:48 / 854	3:11:23 / 868	3:34:06 / 910	
937	1829	PAPROCKI Wiesław	JAWORZNO	POL		63M40/256	(M)899	03:48:01	03:47:40	05.23
		0:24:40 / 539	0:49:21 / 622	1:14:22 / 778	1:45:03 / 754	2:14:31 / 800	2:41:58 / 793	3:10:01 / 814	3:34:09 / 913	
938	2163	ANTON Robert	MIELEC	POL		66M40/257	(M)900	03:48:03	03:47:52	05.24
		0:23:22 / 310	0:46:11 / 313	1:09:19 / 358	1:38:44 / 395	2:07:47 / 457	2:39:25 / 718	3:13:51 / 981	3:35:24 / 947	
939	1658	ŚWIĘTUCH Krzysztof	WROCLAW	POL		79M30/336	(M)901	03:48:03	03:47:15	05.23
		0:28:10 / 1412	0:55:19 / 1497	1:22:19 / 1471	1:55:02 / 1386	2:25:39 / 1367	2:52:46 / 1237	3:17:35 / 1112	3:37:27 / 1005	
940	994	ZIOLA Tadeusz	BOGATYNIA	POL / EDI TEAM ZGORZELEC		63M40/258	(M)902	03:48:05	03:47:51	05.24
		0:23:39 / 390	0:46:31 / 396	1:09:23 / 387	1:38:16 / 373	2:08:57 / 509	2:39:41 / 724	3:15:29 / 1049	3:36:58 / 987	
941	1838	SURA Paweł	DĄBKI	POL / WAT		91M20/173	(M)903	03:48:06	03:47:03	05.22
		0:25:11 / 687	0:49:41 / 720	1:14:11 / 748	1:47:07 / 882	2:16:19 / 874	2:45:29 / 912	3:13:26 / 938	3:35:59 / 966	
942	2225	SKOLIMOWSKI Mateusz	MORDY	POL / W DOBREJ FORMIE		87M20/174	(M)904	03:48:10	03:47:18	05.23
		0:25:38 / 856	0:50:03 / 845	1:15:25 / 882	1:46:20 / 841	2:16:05 / 867	2:44:07 / 862	3:12:24 / 898	3:35:48 / 955	
943	1894	STAWARZ Andrzej	ŻYWIEC	POL		83M20/175	(M)905	03:48:15	03:47:32	05.23
		0:25:25 / 788	0:50:01 / 838	1:15:02 / 843	1:46:27 / 843	2:17:10 / 901	2:45:45 / 923	3:13:26 / 939	3:36:14 / 973	
944	2149	CZAJA Adam	KRAKÓW	POL		84M20/176	(M)906	03:48:23	03:47:02	05.22
		0:27:44 / 1256	0:54:09 / 1313	1:20:35 / 1318	1:53:01 / 1237	2:22:57 / 1208	2:49:31 / 1106	3:13:51 / 987	3:33:30 / 887	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
945	889	HYROŠŠ Pavol	TURANY		SVK / BS TATRAN TURANY	52M60/20	(M)907 03:48:25	03:47:39 05.23
0:28:08 / 1398 0:54:08 / 1291 1:20:07 / 1199 1:51:47 / 1111 2:21:43 / 1117 2:49:08 / 1054 3:14:15 / 1007 3:36:04 / 969								
946	535	REPONEN Anssi	VANTAA		FIN / KORSON KENGURUT	61M50/118	(M)908 03:48:26	03:48:14 05.24
0:23:51 / 422 0:47:27 / 465 1:11:35 / 485 1:41:40 / 506 2:11:05 / 634 2:42:22 / 807 3:10:36 / 837 3:34:21 / 919								
947	1673	KŁONOWSKI Tomasz	OLAWA		POL / AMATOR	77M30/337	(M)909 03:48:29	03:47:32 05.23
0:30:48 / 2156 1:02:58 / 2531 1:24:56 / 1713 1:52:19 / 1150 2:22:52 / 1172 2:51:01 / 1184 3:16:48 / 1089 3:37:00 / 988								
948	3069	NAPIERAŁA Andrzej	GOSTYŃ		POL / DRUŻYNA SZPIKU KGHM	58M50/119	(M)910 03:48:29	03:44:32 05.19
0:29:46 / 1787 0:55:44 / 1556 1:21:52 / 1434 1:54:01 / 1339 2:24:33 / 1310 2:51:57 / 1215 3:17:55 / 1121 3:37:43 / 1010								
949	528	GRABANIA Rafał	TORUŃ		POL	86M20/177	(M)911 03:48:29	03:47:45 05.23
0:26:06 / 937 0:50:03 / 844 1:14:07 / 732 1:44:27 / 722 2:17:28 / 917 2:49:30 / 1093 3:13:51 / 984 3:34:34 / 923								
950	1552	SZARAWARA Stanisław	RABKA-ZDRÓJ		POL / NIEZRZESZONY	50M60/21	(M)912 03:48:30	03:47:04 05.22
0:28:42 / 1541 0:54:22 / 1382 1:20:29 / 1287 1:53:00 / 1231 2:23:16 / 1235 2:49:51 / 1120 3:14:45 / 1018 3:36:13 / 972								
951	1570	JASTRZĘBSKI Jarosław	KRAKÓW		POL	74M30/338	(M)913 03:48:33	03:48:11 05.24
0:25:04 / 618 0:49:41 / 716 1:13:55 / 651 1:43:40 / 642 2:12:58 / 730 2:40:27 / 749 3:08:11 / 769 3:33:27 / 885								
952	2716	PAROBCZY Piotr	WROCLAW		POL / IM2010	76M30/339	(M)914 03:48:34	03:47:47 05.23
0:27:38 / 1202 0:53:45 / 1203 1:20:19 / 1220 1:52:54 / 1185 2:22:55 / 1194 2:49:29 / 1080 3:13:49 / 964 3:35:04 / 935								
953	1495	MUSZYŃSKI Maciej	KRAKÓW		POL	66M40/259	(M)915 03:48:36	03:47:29 05.23
0:27:38 / 1201 0:48:06 / 503 1:11:55 / 500 1:41:34 / 499 2:09:51 / 539 2:36:30 / 588 3:04:51 / 675 3:33:24 / 876								
954	1663	HONKANEN Reijo	KUOPIO		FIN / KORSON KENGURU	55M50/120	(M)916 03:48:37	03:48:24 05.24
0:22:48 / 264 0:45:14 / 272 1:08:18 / 281 1:38:47 / 399 2:08:09 / 476 2:38:47 / 676 3:10:37 / 839 3:35:39 / 951								
955	2341	KARPIERZ Antoni	KRAKÓW		POL	60M50/121	(M)917 03:48:39	03:48:04 05.24
0:25:55 / 906 0:50:59 / 928 1:16:39 / 950 1:47:59 / 918 2:17:41 / 929 2:45:46 / 926 3:13:54 / 995 3:35:55 / 962								
956	676	GEHR Sebastian	KRAKOW		POL	80M30/340	(M)918 03:48:41	03:48:04 05.24
0:26:15 / 958 0:51:23 / 961 1:17:00 / 967 1:48:35 / 935 2:18:20 / 958 2:45:38 / 916 3:12:56 / 919 3:36:03 / 968								
957	3412	SAWICKI Piotr	BIAŁYSTOK		POL / DELECTA PODLASKI KLUB BIEGOWY	85M20/178	(M)919 03:48:42	03:48:23 05.24
0:25:08 / 654 0:49:38 / 672 1:13:59 / 689 1:43:49 / 664 2:14:44 / 808 2:43:48 / 856 3:12:10 / 889 3:35:48 / 956								
958	1624	POGONOWSKI Marcin	ORZESZE		POL / -	76M30/341	(M)920 03:48:42	03:47:49 05.23
0:26:18 / 964 0:50:46 / 910 1:15:21 / 875 1:46:05 / 822 2:15:12 / 827 2:43:48 / 855 3:10:18 / 825 3:35:05 / 936								
959	1499	TUDEK Mariusz	GÓRA KALWARIA		POL	72M40/260	(M)921 03:48:47	03:47:54 05.24
0:27:27 / 1143 0:53:40 / 1195 1:20:49 / 1347 1:53:08 / 1261 2:22:52 / 1173 2:49:33 / 1107 3:14:32 / 1015 3:35:54 / 961								
960	1543	HUBCZAK Rafał	ŻYWIEC		POL / ARTECH FORKLIFT	76M30/342	(M)922 03:48:55	03:48:10 05.24
0:27:10 / 1093 0:53:14 / 1132 1:19:39 / 1164 1:52:01 / 1130 2:21:44 / 1118 2:48:43 / 1034 3:14:56 / 1024 3:36:44 / 983								
961	2351	BIEL Przemysław	KRAKÓW		POL	75M30/343	(M)923 03:48:57	03:47:25 05.23
0:26:03 / 931 0:49:46 / 767 1:14:01 / 699 1:43:50 / 670 2:12:25 / 707 2:41:44 / 786 3:10:45 / 845 3:34:15 / 916								
962	44	PNIAK Katarzyna			POL	70K40/8	(K)39 03:49:02	03:48:57 05.25
0:26:07 / 939 0:52:29 / 1045 1:18:53 / 1094 1:51:37 / 1100 2:22:40 / 1157 2:50:20 / 1153 3:16:08 / 1070 3:37:11 / 999								
963	58	WIADERNY Janusz	JASTRZĘBIE-ZDRÓJ		POL	74M30/344	(M)924 03:49:10	03:48:32 05.24
0:27:32 / 1165 0:53:43 / 1199 1:19:51 / 1186 1:52:16 / 1147 2:22:48 / 1167 2:49:23 / 1070 3:13:51 / 986 3:35:10 / 940								
964	1031	LACH Sebastian	GRODKÓW		POL	76M30/345	(M)925 03:49:13	03:48:38 05.25
0:26:25 / 981 0:52:08 / 1026 1:17:48 / 1009 1:49:06 / 952 2:18:45 / 978 2:45:58 / 932 3:12:59 / 922 3:35:04 / 934								
965	2572	KULIKOWSKI Jakub	JAROSŁAW		POL / PSK PRZEWORSK	92M20/179	(M)926 03:49:15	03:47:49 05.23
0:29:54 / 1816 0:57:11 / 1751 1:24:15 / 1657 1:57:22 / 1524 2:26:54 / 1420 2:54:22 / 1315 3:19:09 / 1161 3:39:32 / 1055								
966	2978	PODWIKA Marcin	LUSOWO		POL / LOSBIGANEROS	76M30/346	(M)927 03:49:20	03:48:39 05.25
0:27:42 / 1245 0:54:07 / 1281 1:20:25 / 1253 2:49:30 / 2974 2:22:55 / 1197 2:54:22 / 1316 3:13:58 / 1002 3:35:59 / 965								
967	995	ŻYCZYŃSKI Jarosław	KOBYŁKA		POL / CEVA RUNNERS TEAM	82M30/347	(M)928 03:49:23	03:48:54 05.25
0:23:34 / 366 0:47:02 / 425 1:09:26 / 397 1:38:58 / 405 2:08:12 / 477 2:32:53 / 448 2:59:41 / 523 3:29:51 / 756								
968	3041	MARCINEK Jan	KRAKÓW		POL	88M20/180	(M)929 03:49:25	03:49:12 05.25
0:23:33 / 362 0:46:51 / 416 1:10:52 / 452 1:41:21 / 491 2:13:00 / 731 2:43:31 / 850 3:12:22 / 895 3:36:54 / 966								
969	55	NUSCIS Florioano	VILLACIDRO VS		ITA / ATLETICA PODISTICA SAN GAVINO MONREALE	50M60/22	(M)930 03:49:29	03:49:25 05.26
0:24:21 / 486 0:48:05 / 502 1:12:48 / 567 1:43:49 / 665 2:13:56 / 779 2:41:37 / 781 3:09:45 / 807 3:35:21 / 943								
970	2747	BENNANI Amal	CASABLANCA		MAR / CMCF	65M40/261	(M)931 03:49:33	03:48:17 05.24
0:28:05 / 1378 0:53:29 / 1169 1:18:56 / 1103 1:50:58 / 1062 2:21:12 / 1085 2:48:37 / 1030 3:15:03 / 1028 3:37:31 / 1006								
971	421	JEDLIŃSKI Janusz	OSIELSKO		POL / BRZOZA BIEGA	68M40/262	(M)932 03:49:33	03:49:09 05.25
0:25:24 / 780 0:49:55 / 815 1:14:34 / 795 1:45:09 / 766 2:15:09 / 825 2:43:16 / 843 3:11:59 / 885 3:37:01 / 990								
972	3173	BOJKOWSKI Maciej	KRAKÓW		POL	72M40/263	(M)933 03:49:35	03:48:39 05.25
0:26:24 / 978 0:51:06 / 937 1:15:50 / 911 1:46:36 / 854 2:16:43 / 889 2:45:08 / 897 3:13:07 / 927 3:37:04 / 993								
973	2256	PORĘBSKI Jan	KRAKOW		POL	90M20/181	(M)934 03:49:36	03:48:17 05.24
0:28:18 / 1449 0:54:12 / 1327 1:20:30 / 1288 1:53:05 / 1253 2:23:16 / 1234 2:51:40 / 1206 3:17:49 / 1118 3:38:14 / 1023								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
974	2660	NOWOSIELSKI Marek	SANOK	POL	/ S G M M - SANOK	55M50/122	(M)935	03:49:37	03:48:15	05.24
0:28:10 / 1407 0:55:46 / 1560 1:22:56 / 1545 1:55:16 / 1399 2:25:39 / 1369 2:53:32 / 1283 3:18:10 / 1128 3:37:55 / 1013										
975	694	KLOCEK Joanna	KRZYŻ WLKP	POL	/ MANIAC POZNAŃ	88K20/12	(K)40	03:49:42	03:48:25	05.24
0:29:37 / 1759 0:57:15 / 1761 1:24:42 / 1705 1:58:39 / 1602 2:29:02 / 1526 2:56:02 / 1377 3:20:15 / 1213 3:39:36 / 1059										
976	2306	ZŁONKIEWICZ Marek	RZESZÓW	POL		70M40/264	(M)936	03:49:43	03:48:58	05.25
0:25:05 / 630 0:49:40 / 702 1:14:03 / 715 1:44:21 / 717 2:14:34 / 802 2:43:47 / 852 3:12:51 / 918 3:36:02 / 967										
977	1107	ZIENIEWICZ Wojciech	WROCLAW	POL	/ PRO-RUN WROCLAW	75M30/348	(M)937	03:49:44	03:49:27	05.26
0:25:05 / 629 0:46:45 / 412 1:09:43 / 408 1:38:39 / 386 2:07:24 / 450 2:36:13 / 575 3:08:37 / 782 3:35:32 / 948										
978	133	BARTOSZ Marek	KRAKÓW	POL		79M30/349	(M)938	03:49:44	03:48:43	05.25
0:27:56 / 1327 0:54:33 / 1402 1:21:18 / 1383 1:53:43 / 1310 2:23:40 / 1270 2:50:29 / 1163 3:15:14 / 1043 3:36:39 / 981										
979	3374	KUEHN Daniela	BERLIN	GER	/ VFL TEGEL	71K40/9	(K)41	03:49:45	03:49:39	05.26
0:23:21 / 309 0:47:12 / 437 1:11:31 / 484 1:41:48 / 514 2:11:04 / 632 2:40:23 / 747 3:11:02 / 857 3:36:09 / 970										
980	2472	SACHARCZUK Kacper	ŁUKÓW	POL		87M20/182	(M)939	03:49:46	03:48:45	05.25
0:27:05 / 1081 0:52:33 / 1054 1:18:13 / 1046 1:49:37 / 991 2:19:58 / 1028 2:48:44 / 1038 3:15:46 / 1055 3:38:03 / 1016										
981	3308	CHYLA Michal	KOŠICE	SVK	/ TDM KROMPACHY	60M50/123	(M)940	03:49:46	03:48:41	05.25
0:27:56 / 1330 0:54:19 / 1371 1:20:31 / 1294 1:51:58 / 1126 2:21:51 / 1125 2:49:12 / 1059 3:15:16 / 1045 3:37:44 / 1011										
982	1245	ZYGMANSKA Joanna	POZNAŃ	POL		77K30/14	(K)42	03:49:50	03:48:38	05.25
0:27:51 / 1301 0:54:06 / 1275 1:20:32 / 1301 1:53:02 / 1239 2:23:52 / 1278 2:51:07 / 1190 3:16:53 / 1094 3:38:02 / 1015										
983	1506	MISZCZYNSKI Damian	KRAKÓW	POL	/ UNIWERSYTET JAGIELLOŃSKI	91M20/183	(M)941	03:49:51	03:48:49	05.25
0:27:39 / 1212 0:54:03 / 1249 1:20:24 / 1249 1:52:55 / 1196 2:22:55 / 1195 2:49:28 / 1078 3:14:26 / 1010 3:37:08 / 998										
984	2299	BIELECKI Sławomir	KRAKOW	POL		63M40/265	(M)942	03:49:51	03:49:13	05.25
0:27:39 / 1213 0:54:25 / 1390 1:20:51 / 1353 1:53:12 / 1268 2:23:41 / 1273 2:51:10 / 1191 3:16:12 / 1071 3:38:17 / 1025										
985	1436	JACIUBEK Jacek	KRAKÓW	POL	/ BIEGAM BO LUBIĘ	66M40/266	(M)943	03:49:51	03:48:21	05.24
0:28:26 / 1482 0:54:49 / 1429 1:20:55 / 1364 1:52:56 / 1202 2:22:54 / 1182 2:49:29 / 1091 3:14:49 / 1020 3:37:01 / 991										
986	2702	RZECZKOWSKI Maciej	OTWOCK	POL		68M40/267	(M)944	03:49:51	03:49:17	05.26
0:27:15 / 1111 0:53:10 / 1128 1:19:21 / 1121 1:51:33 / 1093 2:21:46 / 1120 2:49:21 / 1069 3:15:12 / 1042 3:37:17 / 1000										
987	2464	KOZIEŁ Sławomir	BIELSKO-BIAŁA	POL		81M30/350	(M)945	03:49:54	03:48:54	05.25
0:27:43 / 1247 0:54:05 / 1266 1:20:21 / 1227 1:52:57 / 1209 2:22:53 / 1177 2:49:31 / 1103 3:14:02 / 1004 3:37:07 / 996										
988	455	RYŚ Dariusz	WARSZAWA	POL	/ 12TRI.PL	80M30/351	(M)946	03:49:56	03:49:43	05.26
0:23:14 / 291 0:46:01 / 296 1:09:46 / 411 1:40:16 / 440 2:11:51 / 687 2:45:29 / 911 3:16:20 / 1079 3:38:35 / 1034										
989	923	ZAJUSZ Marek	ANDRYCHÓW	POL	/ YMCA KRAKÓW	87M20/184	(M)947	03:50:00	03:48:56	05.25
0:27:50 / 1298 0:54:04 / 1255 1:20:22 / 1237 1:52:57 / 1215 2:22:59 / 1215 2:49:30 / 1092 3:14:54 / 1023 3:37:06 / 995										
990	2128	SMOTER Tadeusz	KRAKOW	POL	/ AZS AWF MASTERS KRAKÓW	56M50/124	(M)948	03:50:00	03:49:32	05.26
0:25:30 / 816 0:50:05 / 849 1:14:53 / 825 1:45:28 / 786 2:15:51 / 859 2:45:16 / 901 3:12:38 / 910 3:37:03 / 992										
991	1926	STOŁOWSKA Aurelia	ELBLĄG	POL	/ EKO GRYF	62K50/5	(K)43	03:50:03	03:49:29	05.26
0:26:33 / 999 0:51:59 / 1014 1:18:16 / 1051 1:50:59 / 1063 2:22:20 / 1143 2:50:10 / 1141 3:16:25 / 1082 3:37:56 / 1014										
992	2289	BERKOWICZ Krzysztof	NOWY SĄCZ	POL	/ WB	82M30/352	(M)949	03:50:05	03:48:58	05.25
0:27:39 / 1211 0:53:37 / 1188 1:19:27 / 1133 1:51:03 / 1068 2:20:54 / 1074 2:47:58 / 1002 3:13:47 / 958 3:37:01 / 989										
993	2820	JĄSKIEWICZ Piotr	KRAKÓW	POL	/ RUNNING RETMANS	77M30/353	(M)950	03:50:06	03:48:36	05.25
0:30:07 / 1874 0:57:52 / 1821 1:25:08 / 1726 1:58:11 / 1578 2:27:49 / 1458 2:53:27 / 1275 3:13:47 / 959 3:38:09 / 1021										
994	1947	HALIŃSKI Henryk	KIELCE	POL	/ NIEZRZESZONY	66M40/268	(M)951	03:50:09	03:49:42	05.26
0:25:10 / 673 0:49:41 / 715 1:14:31 / 788 1:45:34 / 795 2:16:38 / 884 2:45:58 / 933 3:13:49 / 966 3:36:36 / 980										
995	2641	POREMBSKI Leszek	WARSZAWA	POL		64M40/269	(M)952	03:50:10	03:49:39	05.26
0:27:38 / 1206 0:53:32 / 1180 1:19:31 / 1145 1:51:52 / 1120 2:22:18 / 1140 2:49:37 / 1110 3:15:04 / 1032 3:37:05 / 994										
996	520	RUTA Tadeusz	DOBRA-NOWINY	POL	/ WKB META LUBLINIEC	50M60/23	(M)953	03:50:12	03:49:41	05.26
0:27:38 / 1205 0:49:39 / 678 1:13:54 / 645 1:43:51 / 674 2:14:58 / 817 2:43:59 / 859 3:12:46 / 916 3:36:35 / 979										
997	1921	POLAK Andrzej	KAJETANY-NADARZYN	POL		69M40/270	(M)954	03:50:17	03:49:45	05.26
0:25:57 / 912 0:50:35 / 897 1:15:19 / 869 1:45:45 / 807 2:16:42 / 887 2:45:04 / 894 3:13:42 / 951 3:37:37 / 1008										
998	1389	WOLANIN Tomasz	WARSZAWA	POL	/ MARATONYPOLSKIE.PL TEAM	74M30/354	(M)955	03:50:17	03:49:48	05.26
0:25:47 / 889 0:51:44 / 995 1:18:02 / 1028 1:50:39 / 1044 2:20:51 / 1073 2:48:46 / 1040 3:15:08 / 1036 3:37:40 / 1009										
999	1612	STAWARZ Tadeusz	ŻYWIEC	POL		53M50/125	(M)956	03:50:20	03:49:36	05.26
0:26:58 / 1059 0:52:05 / 1020 1:17:34 / 990 1:49:22 / 975 2:19:20 / 1002 2:47:28 / 983 3:13:54 / 996 3:36:44 / 982										
1000	90	BIAŁOGRODZKI Sylwester	ZALESIE GÓRNE	POL	/ ZALESIE GÓRNE	61M50/126	(M)957	03:50:22	03:50:11	05.27
0:23:52 / 425 0:48:14 / 510 1:12:34 / 547 1:42:14 / 539 2:11:06 / 635 2:40:06 / 736 3:11:34 / 876 3:37:36 / 1007										
1001	2238	RÓŻANEK Michał	WARSZAWA	POL		85M20/185	(M)958	03:50:22	03:49:16	05.26
0:28:43 / 1548 0:55:44 / 1557 1:22:40 / 1517 1:55:23 / 1411 2:25:55 / 1389 2:53:01 / 1254 3:18:09 / 1126 3:39:04 / 1046										
1002	1566	RAJKOWSKI Przemysław	PIOTRKÓW	POL		71M40/271	(M)959	03:50:23	03:49:37	05.26
0:27:37 / 1192 0:54:06 / 1269 1:20:26 / 1264 1:53:11 / 1266 2:23:18 / 1238 2:50:27 / 1161 3:16:34 / 1085 3:39:03 / 1045										

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]	
Check pts:									
1003	953	SZAFRAN Bartłomiej	KRAKÓW	POL		72M40/272	(M)960 03:50:25	03:48:59 05.25	
0:29:11 / 1664 0:55:27 / 1514 1:21:57 / 1438 1:54:56 / 1377 2:24:47 / 1318 2:51:45 / 1209 3:17:13 / 1104 3:38:08 / 1020									
1004	1447	KRYZIA Grzegorz	DĄBROWA GÓRNICZA	POL		73M30/355	(M)961 03:50:28	03:48:45 05.25	
0:29:11 / 1665 0:56:23 / 1641 1:22:31 / 1494 1:54:03 / 1341 2:23:52 / 1279 2:52:37 / 1232 3:18:15 / 1135 3:38:59 / 1044									
1005	838	CHMIELEWSKI Tomasz	BIAŁYSTOK	POL		85M20/186	(M)962 03:50:31	03:48:46 05.25	
0:28:40 / 1530 0:54:47 / 1427 1:20:47 / 1342 1:53:04 / 1246 2:22:52 / 1174 2:52:37 / 1231 3:16:52 / 1092 3:38:34 / 1033									
1006	1836	KANKA Mirosław	BALICE	POL		79M30/356	(M)963 03:50:31	03:49:42 05.26	
0:25:15 / 707 0:48:59 / 594 1:13:02 / 587 1:42:55 / 562 2:12:09 / 697 2:41:44 / 785 3:11:34 / 877 3:36:27 / 978									
1007	2013	DALASIŃSKI Jan	WARSZAWA	POL		62M50/127	(M)964 03:50:32	03:50:26 05.27	
0:23:29 / 330 0:46:23 / 347 1:09:18 / 342 1:37:11 / 305 2:07:16 / 447 2:37:56 / 646 3:08:35 / 780 3:35:02 / 932									
1008	1333	STYPUŁA Marian	ŚWIDNICA	POL		61M50/128	(M)965 03:50:33	03:49:33 05.26	
0:28:24 / 1473 0:55:33 / 1523 1:22:45 / 1526 1:55:31 / 1420 2:25:52 / 1386 2:52:54 / 1248 3:17:41 / 1114 3:38:31 / 1030									
1009	2392	KWIECIEŃ Arek	KRAKÓW	POL / TERENOWO.PL		76M30/357	(M)966 03:50:40	03:50:00 05.27	
0:25:32 / 829 0:50:17 / 865 1:15:25 / 883 1:46:27 / 845 2:16:48 / 893 2:46:22 / 944 3:13:51 / 990 3:37:25 / 1001									
1010	2282	WIERUSZEWSKA Agata	WARSZAWA	POL / KLUBBIEGACZA.PL		79K30/15	(K)44 03:50:44	03:50:17 05.27	
0:27:56 / 1324 0:54:12 / 1328 1:20:53 / 1358 1:53:58 / 1333 2:25:04 / 1336 2:53:05 / 1258 3:13:51 / 989 3:38:44 / 1037									
1011	1111	STENCEL Piotr	WODZISŁAW ŚLĄSKI	POL		70M40/273	(M)967 03:50:46	03:48:58 05.25	
0:30:10 / 1901 0:56:46 / 1717 1:22:54 / 1543 1:54:41 / 1367 2:24:23 / 1302 2:51:14 / 1193 3:16:48 / 1090 3:38:15 / 1024									
1012	673	GŁOWACKI Paweł	NOWY SĄCZ	POL		67M40/274	(M)968 03:50:47	03:50:28 05.27	
0:25:22 / 763 0:50:13 / 859 1:15:35 / 894 1:46:33 / 851 2:16:25 / 878 2:45:22 / 905 3:12:58 / 921 3:36:48 / 984									
1013	2318	KRAWCZYK Andrzej	SIERADZ	POL / MULKS MOS		71M40/275	(M)969 03:50:47	03:50:31 05.27	
0:24:26 / 502 0:48:38 / 562 1:13:07 / 591 1:43:19 / 591 2:17:47 / 935 2:48:13 / 1014 3:17:48 / 1117 3:39:44 / 1063									
1014	1358	MAŁEK Marek	STANIĄTKI	POL		69M40/276	(M)970 03:50:49	03:50:02 05.27	
0:28:15 / 1437 0:54:37 / 1405 1:21:46 / 1427 1:54:20 / 1346 2:25:00 / 1334 2:52:48 / 1240 3:18:42 / 1152 3:39:24 / 1053									
1015	1251	SZCZEREK Paweł	WARSZAWA	POL / NIEZRZESZONY		66M40/277	(M)971 03:50:53	03:50:18 05.27	
0:25:28 / 810 0:50:11 / 857 1:15:29 / 887 1:46:07 / 824 2:15:12 / 828 2:42:34 / 820 3:10:56 / 851 3:36:49 / 985									
1016	281	KOŁODZIEJ Józef	LUBACZÓW	POL / KLUB BIEGACZA LUBACZÓW		53M50/129	(M)972 03:51:03	03:50:28 05.27	
0:25:51 / 897 0:50:44 / 906 1:15:50 / 912 1:48:46 / 939 2:18:59 / 987 2:48:43 / 1036 3:15:04 / 1031 3:37:26 / 1002									
1017	982	SZALAŃSKI Adam	LUBACZÓW	POL / KLUB BIEGACZA LUBACZÓW		53M50/130	(M)973 03:51:03	03:50:27 05.27	
0:25:51 / 898 0:51:42 / 993 1:17:56 / 1021 1:50:13 / 1025 2:20:42 / 1065 2:48:43 / 1037 3:15:04 / 1030 3:37:26 / 1003									
1018	318	NOWICKI Łukasz	WARSZAWA	POL		71M40/278	(M)974 03:51:05	03:50:28 05.27	
0:27:31 / 1156 0:53:28 / 1165 1:19:30 / 1140 1:51:48 / 1116 2:21:42 / 1114 2:48:24 / 1021 3:13:55 / 1001 3:36:19 / 976									
1019	2116	REGUŁA Piotr	KRAKÓW	POL		65M40/279	(M)975 03:51:06	03:49:46 05.26	
0:28:15 / 1439 0:54:27 / 1394 1:20:55 / 1363 1:53:23 / 1291 2:23:25 / 1250 2:50:39 / 1169 3:16:21 / 1081 3:38:50 / 1042									
1020	729	HORNY Jaroslav	KOSICE	SVK / BK STEEL KOSICE		47M60/24	(M)976 03:51:12	03:50:56 05.28	
0:27:17 / 1117 0:54:01 / 1237 1:20:32 / 1302 1:53:21 / 1286 2:23:28 / 1253 2:51:05 / 1187 3:17:09 / 1102 3:38:55 / 1043									
1021	2027	BOCZKOWSKI Jerzy	WARSZAWA	POL		83M20/187	(M)977 03:51:12	03:50:15 05.27	
0:27:59 / 1348 0:53:36 / 1183 1:19:56 / 1192 1:52:14 / 1145 2:22:46 / 1163 2:50:08 / 1136 3:16:29 / 1084 3:38:33 / 1032									
1022	2458	ŁAWRYNOWICZ Jakub	WROCLAW	POL / NIEZRZESZONY		80M30/358	(M)978 03:51:12	03:50:48 05.28	
0:27:02 / 1068 0:53:26 / 1154 1:19:48 / 1179 2:49:24 / 2972 2:22:22 / 1146 2:50:08 / 1137 3:15:48 / 1056 3:38:18 / 1026									
1023	271	ČAP Jindřich	OSTRAVA	CZE / MK SEITL		66M40/280	(M)979 03:51:21	03:50:19 05.27	
0:27:01 / 1065 0:52:36 / 1061 1:18:23 / 1062 1:50:40 / 1045 2:21:29 / 1095 2:49:08 / 1053 3:16:20 / 1078 3:38:43 / 1036									
1024	1209	PONIKWIA Aleksandra	KRAKÓW	POL / 6BPD		85K20/13	(K)45 03:51:23	03:50:33 05.27	
0:27:47 / 1278 0:54:12 / 1333 1:20:33 / 1308 1:53:04 / 1245 2:23:36 / 1260 2:50:51 / 1175 3:16:15 / 1074 3:38:26 / 1028									
1025	2777	PAATTAKAINEN Juha	NOKIA	FIN		60M50/131	(M)980 03:51:24	03:50:16 05.27	
0:26:59 / 1061 0:51:30 / 978 1:16:54 / 961 1:47:39 / 905 2:18:46 / 979 2:46:58 / 967 3:14:07 / 1006 3:37:08 / 997									
1026	3088	DYMEK Grzegorz	WARSZAWA	POL / MARATON WOJSKOWY		74M30/359	(M)981 03:51:25	03:50:26 05.27	
0:25:27 / 801 0:49:45 / 764 1:14:08 / 736 1:45:10 / 767 2:16:09 / 870 2:46:03 / 935 3:15:02 / 1027 3:38:09 / 1022									
1027	691	GINJAUME Joan	GRANOLLERS	ESP / L' AIRE		66M40/281	(M)982 03:51:27	03:50:26 05.27	
0:26:45 / 1028 0:51:26 / 965 1:16:11 / 925 2:40:21 / 2952 2:14:38 / 804 2:46:03 / 934 3:06:57 / 738 3:36:17 / 974									
1028	2782	KWIECIEŃ Marcin	KRAKÓW	POL		68M40/282	(M)983 03:51:27	03:50:08 05.27	
0:27:48 / 1285 0:54:07 / 1277 1:20:12 / 1206 1:51:47 / 1113 2:20:38 / 1061 2:46:47 / 962 3:13:30 / 943 3:37:50 / 1012									
1029	186	GRZYBAŁA Andrzej	ŁÓMŻA	POL / 'KR-B 'EKO' ŁÓMŻA		53M50/132	(M)984 03:51:30	03:50:35 05.27	
0:25:18 / 742 0:49:49 / 787 1:15:21 / 876 1:47:36 / 903 2:19:25 / 1008 2:48:49 / 1042 3:16:59 / 1098 3:39:44 / 1064									
1030	2648	WALDON Krzysztof	ŻORY	POL		73M30/360	(M)985 03:51:34	03:51:08 05.28	
0:24:44 / 548 0:48:46 / 580 1:12:58 / 579 1:42:12 / 534 2:09:54 / 544 2:41:39 / 782 3:08:58 / 796 3:35:49 / 958									
1031	2538	FILIP Paweł	CHELMSKO ŚLĄSKIE	POL		86M20/188	(M)986 03:51:35	03:50:30 05.27	
0:27:51 / 1300 0:54:16 / 1351 1:20:38 / 1329 1:53:21 / 1287 2:23:57 / 1285 2:51:53 / 1210 3:18:12 / 1131 3:39:51 / 1067									

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:									
1032	73	STĄNCZAK Edmund	PŁOCK		POL / TKKF PŁOCK	53M50/133	(M)987	03:51:41	03:51:15 05:28
		0:25:21 / 757	0:49:52 / 800	1:13:59 / 688	1:43:34 / 603	2:10:52 / 585	2:36:34 / 591	3:05:51 / 707	3:33:41 / 897
1033	2358	KIREJCZYK Wojciech	WARSZAWA		POL / WYCZÓLKI	88M20/189	(M)988	03:51:46	03:51:17 05:28
		0:26:25 / 980	0:51:28 / 970	1:16:45 / 952	1:47:05 / 879	2:10:52 / 586	2:41:48 / 789	3:10:46 / 846	3:35:45 / 953
1034	2446	PODWIKA Doman	WROCLAW		POL / LOS BIEGANEROS	75M30/361	(M)989	03:51:50	03:51:08 05:28
		0:28:09 / 1404	0:55:06 / 1468	1:21:51 / 1432	1:54:32 / 1357	2:25:23 / 1355	2:53:06 / 1263	3:18:42 / 1151	3:40:06 / 1074
1035	2560	WILK Damian	CZARNA		POL	77M30/362	(M)990	03:51:50	03:50:30 05:27
		0:27:46 / 1275	0:53:03 / 1118	1:19:10 / 1115	1:51:29 / 1091	2:22:59 / 1217	2:50:19 / 1150	3:16:53 / 1093	3:39:05 / 1048
1036	1827	PUSZCZEWICZ Zenon	PISARZOWICE		POL / KBLUPUS OLESNICA-BRZEG	41M70/1	(M)991	03:51:51	03:51:35 05:29
		0:27:46 / 1274	0:51:41 / 989	1:17:56 / 1020	1:50:14 / 1026	2:20:43 / 1066	2:48:43 / 1035	3:16:15 / 1073	3:38:43 / 1035
1037	2897	BURDA Maciej	POZNAŃ		POL	76M30/363	(M)992	03:51:51	03:51:07 05:28
		0:27:23 / 1136	0:53:29 / 1171	1:19:34 / 1156	1:51:48 / 1115	2:21:38 / 1109	2:48:25 / 1022	3:14:00 / 1003	3:38:28 / 1029
1038	2095	ROMAŃSKI Mateusz	BIELSKO-BIALA		POL	90M20/190	(M)993	03:51:58	03:50:02 05:27
		0:30:12 / 1912	0:56:14 / 1617	1:22:02 / 1445	1:53:07 / 1258	2:22:59 / 1216	2:49:30 / 1094	3:15:12 / 1041	3:39:41 / 1061
1039	950	LUBOWICKI Piotr	KRAKÓW		POL / AZS AWF MASTERS KRAKÓW	75M30/364	(M)994	03:52:02	03:51:42 05:29
		0:24:43 / 547	0:48:23 / 529	1:12:13 / 522	1:43:23 / 592	2:13:41 / 770	2:43:06 / 839	3:11:51 / 882	3:38:06 / 1018
1040	1989	SZWAJA Marek	PRASZKA		POL / WE RUN	84M20/191	(M)995	03:52:07	03:50:37 05:27
		0:28:53 / 1586	0:55:38 / 1548	1:22:13 / 1464	1:55:06 / 1390	2:25:44 / 1375	2:53:10 / 1266	3:19:46 / 1191	3:40:55 / 1100
1041	1613	STĘPIEN Leszek	WOŁOMIN		POL / KB POŚWIĘTNE	78M30/365	(M)996	03:52:08	03:51:23 05:29
		0:26:29 / 989	0:51:33 / 984	1:16:56 / 964	1:47:56 / 917	2:17:21 / 912	2:44:35 / 876	3:12:12 / 890	3:37:26 / 1004
1042	1273	BANACH Łukasz	KRAKÓW		POL	77M30/366	(M)997	03:52:08	03:50:50 05:28
		0:28:30 / 1492	0:55:22 / 1507	1:22:39 / 1515	1:55:23 / 1409	2:17:21 / 911	2:53:25 / 1272	3:19:15 / 1166	3:40:16 / 1078
1043	2789	KOZYRSKA Agnieszka	SOBÓTKA		POL / WKB PIAST WROCLAW	72K40/10	(K)46	03:52:10	03:51:13 05:28
		0:28:24 / 1468	0:55:33 / 1522	1:22:46 / 1529	1:55:32 / 1422	2:25:52 / 1387	2:52:54 / 1250	3:18:10 / 1129	3:39:45 / 1065
1044	525	ROMAŃCZUK Monika	JELENIA GÓRA		POL	83K20/14	(K)47	03:52:11	03:50:49 05:28
		0:27:45 / 1267	0:54:18 / 1366	1:21:17 / 1379	1:54:21 / 1347	2:25:26 / 1360	2:52:54 / 1249	3:18:38 / 1148	3:40:05 / 1072
1045	2664	ŚWIERZ Sławomir	GÓRLICE		POL	73M30/367	(M)998	03:52:15	03:51:50 05:29
		0:25:19 / 746	0:49:40 / 709	1:13:13 / 596	1:42:26 / 545	2:10:58 / 615	2:45:26 / 909	3:15:25 / 1047	3:39:06 / 1049
1046	2525	AKUTKO Sebastian	WROCLAW		POL / PRO RUN WROCLAW	77M30/368	(M)999	03:52:17	03:51:45 05:29
		0:25:53 / 903	0:51:28 / 972	1:17:44 / 1000	1:50:48 / 1051	2:22:32 / 1155	2:51:21 / 1199	3:19:25 / 1171	3:41:04 / 1102
1047	759	KOWALCZYK Wojciech	BELCHATÓW		POL / KB SPARTAKUS BELCHATÓW	61M50/134	(M)1000	03:52:25	03:51:42 05:29
		0:26:46 / 1030	0:51:47 / 1001	1:17:56 / 1023	1:50:34 / 1040	2:21:07 / 1082	2:50:27 / 1160	3:16:56 / 1095	3:39:05 / 1047
1048	2936	KACZMAREK Katarzyna	RACULA		POL / DRUŻYNA GAZETY ZIELONA GÓRA	80K30/16	(K)48	03:52:27	03:51:35 05:29
		0:26:46 / 1031	0:53:59 / 1234	1:20:19 / 1221	1:52:57 / 1206	2:23:38 / 1262	2:51:54 / 1211	3:18:42 / 1153	3:40:25 / 1085
1049	692	GRIVÉ Silvia	GRANOLLERS		ESP / L' AIRE	68K40/11	(K)49	03:52:31	03:51:31 05:29
		0:28:02 / 1361	0:54:04 / 1259	1:19:39 / 1166	1:51:02 / 1066	2:22:00 / 1130	2:50:09 / 1139	3:17:24 / 1107	3:39:41 / 1062
1050	1680	KRZYŻAK Edward	WROCLAW		POL / LOS BIEGANEROS	69M40/283	(M)1001	03:52:33	03:51:51 05:29
		0:28:02 / 1362	0:55:06 / 1469	1:21:51 / 1433	1:54:32 / 1356	2:25:23 / 1356	2:53:06 / 1261	3:18:41 / 1150	3:40:06 / 1073
1051	1090	BÖGI Alexander	DUNAJSKÁ STREDA		SVK / DUNAJSKÁ STREDA	52M60/25	(M)1002	03:52:35	03:51:22 05:29
		0:29:07 / 1643	0:56:09 / 1605	1:23:57 / 1635	1:56:04 / 1454	2:26:35 / 1408	2:54:11 / 1309	3:19:52 / 1199	3:40:47 / 1093
1052	3223	BANACH Gerard	KRAKÓW		POL / AZS AWF MASTERS KRAKÓW	78M30/369	(M)1003	03:52:39	03:52:10 05:30
		0:26:33 / 998	0:52:28 / 1043	1:18:52 / 1092	1:51:35 / 1097	2:21:37 / 1108	2:48:38 / 1031	3:14:53 / 1022	3:38:47 / 1039
1053	1394	NÉMETH Sándor	BUDAPEST		HUN	73M30/370	(M)1004	03:52:39	03:51:28 05:29
		0:28:40 / 1531	0:55:19 / 1498	1:22:37 / 1510	1:57:18 / 1518	2:29:23 / 1544	2:55:59 / 1373	3:20:28 / 1220	3:40:57 / 1101
1054	371	WOŁOWSKI Lech	WARSZAWA		POL	75M30/371	(M)1005	03:52:42	03:51:44 05:29
		0:27:44 / 1263	0:54:08 / 1288	1:20:25 / 1256	1:52:56 / 1201	2:22:56 / 1198	2:51:00 / 1182	3:18:15 / 1134	3:40:36 / 1088
1055	1306	EKIERT Mariusz	GARWOLIN		POL / POWERADE, TRUCHTACZ.PL	73M30/372	(M)1006	03:52:45	03:51:45 05:29
		0:27:44 / 1264	0:54:12 / 1332	1:20:33 / 1309	2:50:16 / 2976	2:23:05 / 1228	2:51:00 / 1183	3:16:27 / 1083	3:39:19 / 1052
1056	1271	PANASIUK Adam	KRAKÓW		POL	65M40/284	(M)1007	03:52:49	03:51:53 05:29
		0:28:01 / 1358	0:54:40 / 1411	1:21:31 / 1409	1:54:28 / 1353	2:24:59 / 1333	2:53:04 / 1256	3:18:43 / 1154	3:40:09 / 1076
1057	2172	NALEPKA Jerzy	SANOK		POL / S G M M - SANOK	50M60/26	(M)1008	03:52:54	03:52:17 05:30
		0:28:09 / 1405	0:55:45 / 1559	1:22:56 / 1544	1:55:16 / 1400	2:25:39 / 1368	2:53:32 / 1282	3:18:26 / 1145	3:39:54 / 1068
1058	2931	WAWRZYŃIAK Sebastian	SOSNOWIEC		POL	76M30/373	(M)1009	03:52:57	03:51:49 05:29
		0:29:30 / 1731	0:56:27 / 1652	1:23:56 / 1632	1:57:29 / 1531	2:28:14 / 1472	2:55:48 / 1369	3:21:03 / 1246	3:41:42 / 1126
1059	1979	KOPACZ Marcin	PLAZA		POL	91M20/192	(M)1010	03:52:58	03:51:53 05:29
		0:25:31 / 825	0:49:40 / 706	1:14:31 / 791	1:48:27 / 929	2:21:33 / 1101	2:52:47 / 1239	3:20:08 / 1207	3:41:48 / 1128
1060	1960	ZATON Piotr	TOMASZÓW		POL	82M30/374	(M)1011	03:53:00	03:51:50 05:29
		0:25:31 / 824	0:53:21 / 1139	1:18:03 / 1034	1:49:08 / 958	2:18:00 / 944	2:44:25 / 871	3:11:08 / 861	3:38:03 / 1017

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
1061	3182	ADAMCZYK Michał	POLKOWICE		POL	93M20/193		(M)101203:53:11	03:51:56	05.29
		0:27:12 / 1099	0:51:23 / 962	1:15:36 / 896	1:45:35 / 800	2:14:09 / 789	2:40:41 / 755	3:12:21 / 894	3:39:37 / 1060	
1062	1699	ŻYGALA Paweł	PRZEMYŚL		POL / TAŚ TAŚ	76M30/375		(M)101303:53:11	03:52:50	05.31
		0:27:12 / 1098	0:48:28 / 545	1:13:17 / 600	1:43:40 / 636	2:13:01 / 733	2:41:42 / 784	3:12:29 / 903	3:38:46 / 1038	
1063	1433	MIKOŁAJCZYK Henryk	RZESZÓW		POL	68M40/285		(M)101403:53:12	03:51:50	05.29
		0:29:07 / 1644	0:56:16 / 1624	1:23:52 / 1614	1:56:12 / 1462	2:26:16 / 1395	2:52:49 / 1242	3:18:14 / 1132	3:40:07 / 1075	
1064	2861	LANGE Zbigniew	KRAKÓW		POL	70M40/286		(M)101503:53:20	03:52:00	05.29
		0:28:27 / 1485	0:55:06 / 1466	1:21:43 / 1424	1:53:58 / 1332	2:23:56 / 1284	2:50:56 / 1181	3:16:36 / 1086	3:40:32 / 1087	
1065	1632	JASKOWSKA Bożena	RZESZOW		POL / RZESZOWSKIE GAZELE I GEPARDY	78K30/17		(K)50 03:53:21	03:51:56	05.29
		0:28:27 / 1484	0:56:04 / 1594	1:22:47 / 1532	1:55:34 / 1427	2:26:11 / 1393	2:53:52 / 1294	3:20:16 / 1214	3:41:20 / 1110	
1066	2100	GAŚIOROWSKI Hubert	KRAKÓW		POL 694259394 /	80M30/376		(M)101603:53:22	03:51:34	05.29
		0:29:29 / 1729	0:56:18 / 1630	1:23:17 / 1571	1:56:17 / 1467	2:27:08 / 1429	2:54:30 / 1319	3:20:36 / 1226	3:41:10 / 1104	
1067	2266	DOROSZUK Cezary	BIALA PODLASKA		POL	83M20/194		(M)101703:53:23	03:52:55	05.31
		0:25:05 / 625	0:49:37 / 666	1:13:56 / 655	1:43:38 / 617	2:27:08 / 1430	2:46:59 / 969	3:18:18 / 1139	3:41:13 / 1106	
1068	1573	PTAK Grzegorz	NOWY SĄCZ		POL	74M30/377		(M)101803:53:27	03:51:30	05.29
		0:25:05 / 624	0:56:29 / 1663	1:22:36 / 1507	1:54:24 / 1351	2:23:27 / 1251	2:46:59 / 968	3:16:52 / 1091	3:39:58 / 1069	
1069	2312	GIEMZA Stanisław	BIELSKO-BIALA		POL / AZS AWF KATOWICE	51M60/27		(M)101903:53:32	03:52:20	05.30
		0:28:55 / 1595	0:55:34 / 1527	1:22:19 / 1472	1:55:10 / 1395	2:23:27 / 1252	2:53:38 / 1287	3:20:26 / 1219	3:41:33 / 1117	
1070	1415	KAJETANIAK Mariusz	RYBNIK		POL / POLITECHNIKA ŚLĄSKA	90M20/195		(M)102003:53:32	03:52:59	05.31
		0:23:39 / 391	0:46:32 / 399	1:10:21 / 429	1:42:01 / 524	2:16:28 / 882	2:47:55 / 999	3:15:36 / 1051	3:40:20 / 1082	
1071	2919	STANČZYK Dawid	RUMIA		POL	82M30/378		(M)102103:53:33	03:53:01	05.31
		0:23:12 / 287	0:45:49 / 292	1:09:08 / 309	1:38:22 / 379	2:08:01 / 471	2:36:48 / 602	3:05:36 / 700	3:32:50 / 840	
1072	2907	RYBARZ Witold	BRZESZCZE		POL	71M40/287		(M)102203:53:36	03:52:23	05.30
		0:27:32 / 1164	0:52:56 / 1101	1:18:55 / 1101	1:51:00 / 1064	2:22:18 / 1141	2:49:29 / 1087	3:16:00 / 1064	3:39:10 / 1051	
1073	2944	WOŹNIAK Łukasz	WIELICZKA		POL / MCT	78M30/379		(M)102303:53:40	03:52:24	05.30
		0:27:51 / 1303	0:54:12 / 1335	1:20:32 / 1305	1:53:05 / 1254	2:23:01 / 1221	2:50:20 / 1151	3:17:00 / 1099	3:39:48 / 1066	
1074	3239	KRAWCZYK Michał	WARSZAWA		POL	78M30/380		(M)102403:53:40	03:53:14	05.31
		0:25:08 / 656	0:50:02 / 841	1:15:03 / 850	1:47:14 / 889	2:15:46 / 852	2:42:11 / 800	3:11:32 / 874	3:35:46 / 954	
1075	2273	WYLEGALSKI Piotr	WROCLAW		POL / YETITEAM	71M40/288		(M)102503:53:42	03:52:08	05.30
		0:29:39 / 1763	0:56:43 / 1702	1:22:47 / 1535	1:54:37 / 1362	2:24:54 / 1325	2:52:44 / 1235	3:18:24 / 1143	3:40:25 / 1084	
1076	714	MIKUŚ Marcin	WROCLAW		POL	81M30/381		(M)102603:53:45	03:52:51	05.31
		0:27:56 / 1322	0:54:16 / 1356	1:20:39 / 1335	1:53:05 / 1249	2:23:21 / 1244	2:51:17 / 1196	3:18:24 / 1142	3:41:13 / 1105	
1077	3368	FARRINGTON Lee	LONDON		GBR / SERPENTINE	79M30/382		(M)102703:53:45	03:52:03	05.29
		0:28:11 / 1415	0:53:56 / 1220	1:19:50 / 1180	1:51:59 / 1128	2:22:16 / 1138	2:49:47 / 1118	3:15:52 / 1058	3:40:18 / 1081	
1078	1402	BRZOZA Michał	WARSZAWA		POL	73M30/383		(M)102803:53:47	03:51:59	05.29
		0:30:34 / 2070	0:56:52 / 1726	1:23:06 / 1558	1:55:10 / 1393	2:25:42 / 1371	2:53:04 / 1257	3:19:17 / 1169	3:41:49 / 1130	
1079	1194	OREMUS Ryszard	KRAKÓW		POL / AZS AWF MASTERS KRAKÓW	48M60/28		(M)102903:53:52	03:52:42	05.30
		0:28:57 / 1604	0:56:10 / 1610	1:23:40 / 1598	1:57:22 / 1525	2:28:43 / 1511	2:56:40 / 1403	3:21:49 / 1262	3:42:06 / 1143	
1080	3256	PUSKARCZYK Wojciech	KRAKÓW		POL / "UKS "POGÓRZE"	79M30/384		(M)103003:53:55	03:52:37	05.30
		0:29:31 / 1732	0:56:04 / 1595	1:22:36 / 1505	1:55:30 / 1419	2:25:43 / 1373	2:53:30 / 1278	3:19:40 / 1186	3:40:52 / 1096	
1081	2485	BRÓZKA Norbert	DĄBROWA GÓRNICZA		POL / POGORIA BIEGA	74M30/385		(M)103103:53:57	03:52:55	05.31
		0:28:41 / 1538	0:55:59 / 1587	1:22:41 / 1519	1:55:23 / 1410	2:25:49 / 1380	2:53:41 / 1288	3:20:57 / 1242	3:41:50 / 1132	
1082	2802	LIPKA Bogusław	GLIWICE		POL	54M50/135		(M)103203:54:00	03:52:13	05.30
		0:28:41 / 1539	0:55:50 / 1564	1:21:48 / 1431	1:53:45 / 1315	2:23:55 / 1282	2:50:31 / 1165	3:16:03 / 1066	3:38:20 / 1027	
1083	1544	PIEKARCZYK Grzegorz	TARNÓW		POL	87M20/196		(M)103303:54:04	03:53:02	05.31
		0:27:52 / 1309	0:54:07 / 1283	1:20:09 / 1202	1:52:04 / 1131	2:22:02 / 1132	2:49:52 / 1126	3:16:20 / 1080	3:41:36 / 1122	
1084	2463	PIETRZYK Wojciech	KRAKÓW		POL	77M30/386		(M)103403:54:05	03:53:59	05.32
		0:21:35 / 188	0:42:43 / 158	1:03:59 / 142	1:30:28 / 145	2:02:59 / 310	2:37:34 / 636	3:08:55 / 794	3:38:47 / 1040	
1085	2523	MAŁKINSKI Józef	BYDGOSZCZ		POL / NIEZRZESZONY	57M50/136		(M)103503:54:08	03:53:38	05.32
		0:24:47 / 561	0:48:37 / 558	1:13:13 / 597	1:43:53 / 678	2:15:53 / 861	2:44:58 / 889	3:12:41 / 911	3:38:07 / 1019	
1086	3115	VRÁGA Zdeněk	ROŽNOV POD		CZE	58M50/137		(M)103603:54:10	03:54:01	05.32
		0:23:30 / 343	0:46:22 / 346	1:09:22 / 378	1:37:41 / 351	2:06:27 / 415	2:38:10 / 654	3:10:32 / 834	3:29:46 / 754	
1087	3116	VRÁGA Filip	ROŽNOV POD		CZE / AK ASICS KROMĚŘIŽ	88M20/197		(M)103703:54:10	03:53:57	05.32
		0:23:31 / 346	0:46:22 / 335	1:09:22 / 379	1:37:41 / 352	2:06:28 / 417	2:38:11 / 655	3:10:32 / 836	3:35:49 / 957	
1088	1932	GRUSZECKI Czesław	GDAŃSK		POL / GRUPA TRÓJMIASTO	54M50/138		(M)103803:54:12	03:53:53	05.32
		0:25:19 / 744	0:49:46 / 766	1:14:06 / 726	1:44:08 / 697	2:13:23 / 754	2:41:05 / 766	3:10:04 / 817	3:38:32 / 1031	
1089	1876	BRYKSY Mirosław	KRAKÓW		POL	78M30/387		(M)103903:54:14	03:53:36	05.32
		0:25:59 / 916	0:50:25 / 889	1:15:26 / 886	1:46:44 / 859	2:18:48 / 982	2:49:24 / 1073	3:18:23 / 1141	3:41:14 / 1108	

22.04.2012 17:04:00

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupa Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
1090	3198	RADZIO Bartek	GRÓJEC	POL	/ AKTYWNI GRÓJEC	75M30/388	(M)104	03:54:15	03:53:38	05.32
		0:25:09 / 658	0:49:54 / 809	1:15:19 / 868	1:48:03 / 919	2:19:08 / 995	2:48:30 / 1028	3:16:20 / 1077	3:40:21 / 1083	
1091	2617	MAJCHRZAK Katarzyna	KRAKÓW	POL	/ AZS AWF KRAKÓW MASTERS	85K20/15	(K)51	03:54:16	03:52:55	05.31
		0:29:45 / 1785	0:58:00 / 1838	1:26:00 / 1918	2:00:16 / 1743	2:31:49 / 1679	2:59:59 / 1566	3:24:56 / 1376	3:43:59 / 1201	
1092	2217	UCHWAT Mariusz	KRAKÓW	POL	/ AZS AWF KRAKÓW MASTERS	65M40/289	(M)104	03:54:16	03:52:24	05.30
		0:29:02 / 1623	0:55:53 / 1572	1:23:40 / 1597	1:55:55 / 1448	2:25:51 / 1384	2:53:53 / 1296	3:20:15 / 1212	3:42:01 / 1140	
1093	2465	RADON Michał	ILKOWICE	POL		89M20/198	(M)104	03:54:18	03:53:13	05.31
		0:28:10 / 1411	0:54:13 / 1343	1:20:16 / 1215	1:51:41 / 1108	2:21:34 / 1102	2:49:54 / 1127	3:17:29 / 1108	3:41:33 / 1118	
1094	1041	LORTHIOS Cathy	HARNES	FRA	/ RACING CLUB DE LENS ATHLETISME	64K40/12	(K)52	03:54:19	03:54:01	05.32
		0:26:14 / 952	0:51:40 / 988	1:17:24 / 981	1:49:22 / 976	2:20:04 / 1033	2:48:09 / 1011	3:17:13 / 1103	3:41:38 / 1123	
1095	1769	SZYMAŃSKI Tomasz	ZĄBKOWICE ŚLĄSKIE	POL	/ NIEZRZESZONY	75M30/389	(M)104	03:54:25	03:53:29	05.32
		0:27:43 / 1248	0:54:08 / 1296	1:20:28 / 1277	1:53:03 / 1241	2:22:58 / 1214	2:49:39 / 1116	3:16:18 / 1075	3:41:50 / 1133	
1096	2021	LASKOSKI Konrad	KRAKÓW	POL	/ RADOŚĆ	87M20/199	(M)104	03:54:25	03:53:47	05.32
		0:26:03 / 930	0:50:18 / 867	1:15:21 / 874	1:46:16 / 836	2:15:38 / 850	2:42:27 / 811	3:10:12 / 822	3:40:40 / 1091	
1097	2540	ZIÓLKO Jan	KRAKÓW	POL	/ KKB.DYSTANS	52M60/29	(M)104	03:54:26	03:52:36	05.30
		0:29:26 / 1721	0:55:49 / 1563	1:22:39 / 1516	1:55:34 / 1426	2:26:37 / 1410	2:54:22 / 1313	3:20:29 / 1222	3:42:16 / 1149	
1098	1098	LIPCZYŃSKI Rafał	PABIANICE	POL		89M20/200	(M)104	03:54:27	03:53:19	05.31
		0:26:50 / 1039	0:52:19 / 1035	1:18:10 / 1042	1:49:56 / 1015	2:21:37 / 1106	2:50:07 / 1134	3:18:17 / 1137	3:41:20 / 1111	
1099	1523	CISZKIEWICZ Bogusław	PRZEMYŚL	POL		80M30/390	(M)104	03:54:27	03:54:07	05.32
		0:25:11 / 686	0:50:38 / 901	1:16:54 / 962	1:49:07 / 953	2:21:42 / 1115	2:49:29 / 1081	3:17:30 / 1109	3:41:35 / 1120	
1100	2828	JEWUŁA Mariusz	KRAKÓW	POL	/ HOSTEL JUVENIA-KRAKÓW	71M40/290	(M)104	03:54:27	03:53:48	05.32
		0:25:14 / 706	0:49:17 / 615	1:13:21 / 602	1:43:02 / 568	2:10:58 / 614	2:42:13 / 803	3:13:04 / 926	3:39:33 / 1056	
1101	1737	BATKO Tomasz	KRAKÓW	POL		90M20/201	(M)104	03:54:31	03:53:17	05.31
		0:28:42 / 1542	0:54:54 / 1439	1:21:18 / 1386	1:53:43 / 1311	2:23:39 / 1267	2:50:51 / 1174	3:17:52 / 1120	3:41:14 / 1107	
1102	345	ŚRODA Andrzej	STRZELCE OPOLSKIE	POL	/ BELLA ITALIA STRZELCE OPOLSKIE	65M40/291	(M)105	03:54:31	03:53:08	05.31
		0:29:01 / 1615	0:55:53 / 1571	1:22:56 / 1546	1:54:47 / 1371	2:24:35 / 1311	2:53:13 / 1268	3:19:43 / 1187	3:41:50 / 1134	
1103	3105	WEŁNICKI Waldemar	ZAMOŚĆ	POL		72M40/292	(M)105	03:54:32	03:53:30	05.32
		0:28:22 / 1465	0:54:31 / 1397	1:20:30 / 1291	1:53:00 / 1230	2:23:18 / 1237	2:50:14 / 1146	3:17:51 / 1119	3:41:49 / 1131	
1104	2156	WEREMIEJCZUK Marcin	WARSZAWA	POL		65M40/293	(M)105	03:54:33	03:53:31	05.32
		0:28:13 / 1423	0:54:57 / 1444	1:21:28 / 1404	1:54:10 / 1343	2:24:11 / 1299	2:51:56 / 1214	3:19:10 / 1162	3:41:24 / 1113	
1105	3066	WITEK Łukasz	JAWORZE	POL		78M30/391	(M)105	03:54:37	03:54:09	05.32
		0:25:11 / 683	0:49:39 / 677	1:13:57 / 671	1:43:38 / 618	2:10:57 / 612	2:42:16 / 806	3:15:25 / 1048	3:41:20 / 1112	
1106	1353	SZEWczyk Mariusz	BIAŁA RAWSKA	POL	/ BIAŁA RAWSKA	86M20/202	(M)105	03:54:39	03:54:03	05.32
		0:26:41 / 1013	0:52:34 / 1055	1:18:02 / 1030	1:49:39 / 994	2:20:27 / 1053	2:49:15 / 1061	3:16:57 / 1096	3:40:18 / 1080	
1107	3043	SKARBEK Paweł	WIEWIÓRKA	POL		82M30/392	(M)105	03:54:41	03:54:10	05.32
		0:26:41 / 1014	0:50:14 / 862	1:15:12 / 863	1:46:12 / 832	2:16:43 / 891	2:46:05 / 937	3:14:42 / 1017	3:39:08 / 1050	
1108	2335	MAĆZKOWIAK Dariusz	POZNAŃ	POL	/ UNILEVER TEAM	65M40/294	(M)105	03:54:44	03:53:48	05.32
		0:27:42 / 1242	0:54:11 / 1324	1:20:29 / 1284	1:53:00 / 1232	2:22:57 / 1210	2:49:38 / 1113	3:15:41 / 1052	3:40:17 / 1079	
1109	2005	TRZASKACZ Krystian	DĘBICA	POL	/ SODASTUDIO.PL	81M30/393	(M)105	03:54:44	03:52:52	05.31
		0:31:17 / 2218	0:57:24 / 1774	1:21:59 / 1441	1:52:17 / 1148	2:21:31 / 1097	2:48:14 / 1015	3:16:44 / 1088	3:41:51 / 1135	
1110	463	GZEL Dariusz	PIEKARY ŚLĄSKIE	POL	/ BRAK	67M40/295	(M)105	03:54:45	03:54:07	05.32
		0:27:08 / 1088	0:53:44 / 1202	1:20:22 / 1232	1:52:45 / 1171	2:22:44 / 1161	2:49:23 / 1071	3:15:16 / 1044	3:40:25 / 1086	
1111	3096	STUDNICKI Krzysztof	KALWARIA	POL		92M20/203	(M)105	03:54:45	03:53:02	05.31
		0:27:08 / 1089	0:54:20 / 1376	1:19:51 / 1183	2:49:19 / 2970	2:21:48 / 1121	2:49:23 / 1072	3:16:07 / 1069	3:40:53 / 1099	
1112	1039	KOMPANOWSKI Mariusz	LUBISZYN	POL		70M40/296	(M)106	03:54:46	03:53:38	05.32
		0:28:40 / 1537	0:55:34 / 1528	1:22:12 / 1462	1:55:02 / 1385	2:25:48 / 1377	2:53:31 / 1279	3:19:57 / 1200	3:42:26 / 1151	
1113	2912	HAJOK Dawid	KRAKÓW	POL	/ POLSKA BIEGA	82M30/394	(M)106	03:54:48	03:52:31	05.30
		0:32:53 / 2480	1:02:34 / 2404	1:31:35 / 2318	2:05:39 / 2101	2:35:05 / 1912	3:00:44 / 1640	3:24:50 / 1370	3:43:58 / 1200	
1114	135	KUŚ Agnieszka	KRAKÓW	POL		76K30/18	(K)53	03:54:48	03:53:28	05.31
		0:29:11 / 1661	0:56:27 / 1651	1:23:53 / 1616	1:57:37 / 1544	2:29:13 / 1536	2:57:19 / 1429	3:22:46 / 1294	3:43:15 / 1171	
1115	2720	BIERLET Marcin	KWAŚNIÓW	POL	/ TECHNIKA GRZEWCZA WWW.HANGAT.PL	82M30/395	(M)106	03:54:48	03:54:42	05.33
		0:23:13 / 288	0:47:52 / 493	1:14:40 / 806	1:47:50 / 911	2:18:00 / 945	2:47:28 / 984	3:16:00 / 1065	3:39:35 / 1057	
1116	1425	PERUCKA Kamila	RABKA-ZDRÓJ	POL		90K20/16	(K)54	03:54:48	03:54:35	05.33
		0:24:08 / 457	0:48:22 / 527	1:13:25 / 608	1:44:59 / 750	2:17:46 / 934	2:49:03 / 1049	3:18:09 / 1127	3:42:33 / 1152	
1117	174	GLÓD Tomasz	BOCHNIA	POL	/ KB LOK / IM2010 BOCHNIA	78M30/396	(M)106	03:54:49	03:53:28	05.32
		0:29:10 / 1660	0:56:26 / 1650	1:23:53 / 1618	1:57:37 / 1545	2:29:13 / 1535	2:57:19 / 1430	3:22:46 / 1295	3:43:14 / 1169	
1118	2037	PRAŻMOWSKI Marcin	KRAKÓW	POL		76M30/397	(M)106	03:54:49	03:53:28	05.31
		0:29:09 / 1654	0:56:26 / 1648	1:23:53 / 1617	2:57:20 / 2983	2:29:13 / 1537	2:57:19 / 1431	3:22:46 / 1293	3:43:15 / 1170	

22.04.2012 17:04:00

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
1119	1010	KOSMALA Paweł	SOSNOWIEC		POL / VAJRA TEAM	69M40/297	(M)1065	03:54:49	03:53:36	05.32
0:27:37 / 1197 0:53:59 / 1232 1:20:12 / 1205 1:52:52 / 1179 2:23:10 / 1230 2:50:11 / 1143 3:15:57 / 1059 3:39:35 / 1058										
1120	700	NOWAK Grzegorz	CZELADZ		POL / TTKF SATURN CZELADZ	75M30/398	(M)1066	03:54:49	03:54:22	05.33
0:25:44 / 881 0:50:19 / 871 1:15:04 / 854 1:44:57 / 749 2:15:37 / 849 2:45:54 / 929 3:13:55 / 997 3:38:48 / 1041										
1121	2636	DENIS Berger	PARIS		FRA	79M30/399	(M)1067	03:54:51	03:54:19	05.33
0:25:44 / 882 0:52:08 / 1025 1:17:59 / 1025 1:50:24 / 1033 2:21:35 / 1103 2:50:11 / 1144 3:13:55 / 998 3:41:38 / 1124										
1122	2637	BETTING Laurent	KRAKOW		FRA	69M40/298	(M)1068	03:54:51	03:54:19	05.33
0:26:24 / 979 0:52:07 / 1022 1:18:06 / 1039 1:50:26 / 1035 2:21:36 / 1105 2:50:19 / 1149 3:13:55 / 999 3:41:45 / 1127										
1123	2946	CHARLOPIN Bertrand	PARIS		FRA	70M40/299	(M)1069	03:54:52	03:54:19	05.33
0:26:21 / 972 0:52:08 / 1023 1:17:59 / 1026 1:50:23 / 1031 2:21:36 / 1104 2:50:11 / 1142 3:13:55 / 1000 3:41:39 / 1125										
1124	3329	PIOTROWSKI Paweł	GOSTYŃ		POL / NIEZRZESZONY	75M30/400	(M)1070	03:54:53	03:54:15	05.33
0:27:10 / 1091 0:52:29 / 1044 1:17:52 / 1015 1:48:31 / 932 2:18:08 / 950 2:46:30 / 954 3:15:05 / 1033 3:40:50 / 1095										
1125	444	BARTULA Piotr	KARKÓW		POL	74M30/401	(M)1071	03:54:54	03:54:39	05.33
0:23:16 / 294 0:46:02 / 299 1:09:14 / 313 1:39:05 / 408 2:11:47 / 686 2:45:43 / 921 3:19:11 / 1163 3:42:41 / 1157										
1126	2174	ADAMCZYK Krzysztof	GORLICE		POL / GORLICE	87M20/204	(M)1072	03:54:55	03:54:38	05.33
0:25:15 / 713 0:50:37 / 900 1:16:23 / 930 1:48:33 / 934 2:19:51 / 1026 2:48:29 / 1026 3:16:06 / 1068 3:41:35 / 1119										
1127	1491	BIAŁEK Tomasz	WROCLAW		POL / PRO-RUN WROCLAW	84M20/205	(M)1073	03:54:57	03:53:25	05.31
0:30:14 / 1933 0:56:09 / 1606 1:22:48 / 1536 1:56:16 / 1466 2:28:07 / 1466 2:56:27 / 1394 3:23:06 / 1304 3:43:39 / 1190										
1128	2319	SOCZYŃSKI Piotr	KRAKÓW		POL	73M30/402	(M)1074	03:54:57	03:54:07	05.32
0:27:43 / 1252 0:54:07 / 1278 1:20:27 / 1272 1:53:08 / 1260 2:24:32 / 1309 2:53:56 / 1299 3:20:40 / 1228 3:42:41 / 1156										
1129	2950	KAPUSTA Ewelina	JEZIORZANY		POL	87K20/17	(K)55	03:54:59	03:54:12	05.33
0:27:43 / 1253 0:53:57 / 1223 1:20:22 / 1230 1:53:04 / 1247 2:25:09 / 1340 2:53:51 / 1292 3:20:41 / 1231 3:42:45 / 1158										
1130	3123	GOLONKA Mateusz	GORLICE		POL / FESTIWAL BIEGOWY KRYNICA / DRUŻYNA SZPIK	89M20/206	(M)1075	03:55:00	03:53:35	05.32
2:25:09 / 1339 2:53:51 / 1293 3:20:41 / 1229 3:42:45 / 1159										
1131	190	TORŁOP Przemysław	GDAŃSK		POL / GRUPA TRÓJMIASTO/PORT GDANSK "EKSPLOAT	66M40/300	(M)1076	03:55:01	03:54:15	05.33
2:25:48 / 1378 2:57:48 / 1462 3:23:20 / 1309 3:43:20 / 1176										
1132	1193	ADAMCZEWSKI Marek	PIASECZNO		POL	70M40/301	(M)1077	03:55:02	03:53:46	05.32
0:28:47 / 1560 0:55:37 / 1545 1:22:11 / 1456 1:54:58 / 1379 2:25:21 / 1352 2:52:02 / 1216 3:18:15 / 1136 3:41:57 / 1138										
1133	3357	KADZIELA Marcin			POL	81M30/403	(M)1078	03:55:04	03:54:17	05.33
0:28:47 / 1561 0:53:37 / 1187 1:19:31 / 1143 1:50:34 / 1041 2:20:09 / 1040 2:48:03 / 1008 3:14:35 / 1016 3:40:10 / 1077										
1134	1086	BOGDANOWICZ Maria	WROCLAW		POL	66K40/13	(K)56	03:55:10	03:54:39	05.33
0:25:51 / 896 0:51:28 / 973 1:17:44 / 1004 1:50:47 / 1050 2:22:31 / 1152 2:51:21 / 1197 3:19:25 / 1172 3:42:39 / 1155										
1135	2137	GONCERZ Grzegorz	KRAKÓW		POL	66M40/302	(M)1079	03:55:11	03:54:54	05.34
0:25:18 / 743 0:50:09 / 853 1:15:36 / 897 1:48:29 / 930 2:21:06 / 1081 2:49:57 / 1131 3:18:27 / 1146 3:41:55 / 1137										
1136	2286	ŻMUDA Michał	RASZYN		POL / KS RASZYN	77M30/404	(M)1080	03:55:12	03:54:43	05.33
0:26:08 / 942 0:51:39 / 986 1:17:20 / 979 1:49:00 / 947 2:19:46 / 1023 2:49:10 / 1055 3:18:09 / 1124 3:42:10 / 1145										
1137	1869	ARASZKIEWICZ Anna	KRAKÓW		POL / HR MAX	79K30/19	(K)57	03:55:12	03:54:26	05.33
0:27:24 / 1138 0:53:29 / 1170 1:19:34 / 1157 1:51:47 / 1112 2:22:53 / 1179 2:51:31 / 1203 3:19:34 / 1185 3:42:48 / 1160										
1138	3290	DE SAS TOPOLNICKI Michał	RYBNIK		POL / SBD ENERGETYK RYBNIK	85M20/207	(M)1081	03:55:14	03:54:09	05.32
0:27:24 / 1139 0:53:38 / 1191 1:19:41 / 1171 1:51:38 / 1102 2:21:53 / 1128 2:49:16 / 1062 3:16:06 / 1067 3:40:53 / 1098										
1139	2701	KAMIŃSKA Karolina	KRAKÓW		POL / SHELL SBSC KRAKÓW	82K30/20	(K)58	03:55:15	03:54:14	05.33
0:28:14 / 1433 0:55:05 / 1463 1:22:25 / 1484 1:55:29 / 1417 2:26:30 / 1405 2:54:46 / 1329 3:21:14 / 1249 3:40:53 / 1097										
1140	800	SZPARAGA Dorota	PIASTÓW		POL	73K30/21	(K)59	03:55:15	03:53:54	05.32
0:29:00 / 1612 0:56:25 / 1646 1:23:46 / 1603 1:57:14 / 1510 2:28:22 / 1487 2:56:22 / 1385 3:22:14 / 1279 3:43:30 / 1179										
1141	1896	CIEŚLAK Adam	CZĘSTOCHOWA		POL	74M30/405	(M)1082	03:55:16	03:54:38	05.33
0:25:38 / 852 0:49:51 / 799 1:14:13 / 757 1:43:57 / 686 2:12:27 / 708 2:44:41 / 879 3:14:16 / 1008 3:40:01 / 1070										
1142	1397	MÉSZÁROS Zoltán	KECSKEMÉT		HUN / HÍRÓS FUTÓKLUB KECSKEMÉT	55M50/139	(M)1083	03:55:20	03:54:08	05.32
0:27:41 / 1231 0:53:51 / 1212 1:20:03 / 1197 1:52:30 / 1161 2:22:52 / 1175 2:50:38 / 1168 3:19:11 / 1165 3:42:35 / 1154										
1143	1716	ANASZEWSKI Andrzej	WROCLAW		POL	68M40/303	(M)1084	03:55:24	03:54:57	05.34
0:25:24 / 775 0:49:56 / 817 1:14:55 / 829 1:45:33 / 793 2:17:22 / 913 2:47:01 / 970 3:18:35 / 1147 3:41:15 / 1109										
1144	303	KRZYSZTOFIK Mariusz	GLUPCZÓW		POL	81M30/406	(M)1085	03:55:26	03:54:33	05.33
0:27:37 / 1195 0:54:07 / 1285 1:20:25 / 1257 1:52:55 / 1193 2:22:54 / 1187 2:50:10 / 1140 3:17:22 / 1105 3:40:43 / 1092										
1145	1468	NIEMIR Aleksander	POZNAŃ		POL / KB MANIAC POZNAŃ	65M40/304	(M)1086	03:55:31	03:54:48	05.33
0:25:37 / 849 0:50:14 / 860 1:14:48 / 819 1:45:21 / 776 2:17:13 / 906 2:48:12 / 1012 3:17:43 / 1115 3:42:00 / 1139										
1146	1511	SACHA Krzysztof	KRAKÓW		POL / UNIWERSYTET JAGIELLOŃSKI	70M40/305	(M)1087	03:55:34	03:54:55	05.34
0:27:02 / 1072 0:53:27 / 1157 1:19:50 / 1182 1:52:13 / 1143 2:23:42 / 1274 2:52:28 / 1228 3:20:12 / 1210 3:42:58 / 1164										

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupa Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
1147	1775	ŁUDZIŃSKI Mirosław	WROCLAW	POL	/ WCT SPARTAN	60M50/140	(M)	108803:55:36	03:54:57	05.34
		0:26:23 / 977	0:51:05 / 931	1:15:41 / 903	1:46:07 / 825	2:17:24 / 914	2:49:56 / 1130	3:19:46 / 1189	3:43:00 / 1165	
1148	2515	WOŁOSZYN Ryszard	BIELSKO-BIALA	POL	/ KLINGSPOR	66M40/306	(M)	108903:55:38	03:54:11	05.33
		0:28:46 / 1559	0:55:11 / 1481	1:21:58 / 1440	1:55:11 / 1396	2:17:24 / 915	2:54:01 / 1301	3:21:18 / 1250	3:43:37 / 1187	
1149	3476	ROMAN Adam	WARSZAWA	POL	/ 12TRI.PL / PKO BP	85M20/208	(M)	109003:55:39	03:54:11	05.33
		0:29:09 / 1655	0:56:18 / 1632	1:23:55 / 1624	1:58:12 / 1581	2:31:14 / 1632	2:59:29 / 1541	3:24:34 / 1360	3:44:24 / 1213	
1150	690	SONDEJ Wiesław	SOKOŁÓW MAŁOPOLSKI	POL		62M50/141	(M)	109103:55:39	03:54:54	05.34
		0:26:40 / 1012	0:52:47 / 1082	1:19:30 / 1139	1:52:20 / 1151	2:23:24 / 1247	2:51:21 / 1198	3:19:34 / 1184	3:42:16 / 1148	
1151	785	RYBAK Wawrzyniec	GDAŃSK	POL		79M30/407	(M)	109203:55:39	03:55:16	05.34
		0:25:58 / 913	0:51:05 / 932	1:16:23 / 929	1:47:26 / 896	2:17:13 / 907	2:44:39 / 877	3:13:24 / 935	3:41:36 / 1121	
1152	2248	MENDEL Jacek	TRUSKAW	POL		72M40/307	(M)	109303:55:40	03:54:25	05.33
		0:29:12 / 1668	0:56:44 / 1707	1:24:30 / 1674	1:58:10 / 1575	2:29:16 / 1539	2:57:06 / 1423	3:22:29 / 1286	3:43:16 / 1173	
1153	649	NIEMIRA Michał	WARSZAWA	POL		84M20/209	(M)	109403:55:43	03:55:16	05.34
		0:23:49 / 420	0:46:33 / 402	1:09:54 / 415	1:41:21 / 493	2:16:42 / 888	2:49:12 / 1060	3:21:06 / 1248	3:44:38 / 1220	
1154	2962	ŚCISŁOWSKI Artur	BIELSKO-BIALA	POL		75M30/408	(M)	109503:55:44	03:54:00	05.32
		0:30:13 / 1919	0:58:09 / 1940	1:26:00 / 1914	2:00:02 / 1717	2:30:34 / 1595	2:57:16 / 1428	3:22:09 / 1275	3:43:07 / 1167	
1155	305	KISIELEWSKI Piotr	KRAKÓW	POL	/ BIKEBOARD	69M40/308	(M)	109603:55:44	03:54:57	05.34
		0:27:16 / 1116	0:53:23 / 1148	1:20:15 / 1213	1:52:54 / 1181	2:23:21 / 1243	2:52:20 / 1222	3:20:41 / 1230	3:42:57 / 1163	
1156	1476	PASTERCZYK Grzegorz	WOJASZÓWKA	POL		89M20/210	(M)	109703:55:47	03:54:33	05.33
		0:27:48 / 1287	0:51:09 / 943	1:15:23 / 877	1:46:31 / 846	2:18:36 / 970	2:48:55 / 1044	3:17:44 / 1116	3:41:48 / 1129	
1157	2212	PADUCHOWICZ Paweł	WIERZBNO	POL	/ KB MARATOŃCZYK DĘBICA	81M30/409	(M)	109803:55:48	03:55:16	05.34
		0:25:40 / 861	0:50:22 / 883	1:15:34 / 892	1:46:38 / 856	2:16:09 / 869	2:47:07 / 973	3:14:19 / 1009	3:40:40 / 1090	
1158	2771	JURGELEVICIUS Arvydas	KAUNO RAJ.	LTU		73M30/410	(M)	109903:55:48	03:55:22	05.34
		0:27:38 / 1199	0:54:08 / 1292	1:20:24 / 1244	1:53:01 / 1236	2:23:59 / 1287	2:54:36 / 1322	3:21:28 / 1252	3:43:37 / 1188	
1159	3167	GRZANECKI Rafał	WARSZAWA	POL	/ NIEDAMRADY	75M30/411	(M)	110003:55:56	03:54:52	05.33
		0:29:03 / 1631	0:56:27 / 1654	1:23:47 / 1605	1:57:16 / 1517	2:28:23 / 1489	2:56:25 / 1391	3:22:15 / 1280	3:43:31 / 1180	
1160	2775	ELING Artur	RAWICZ	POL	/ SUREM RAWICZ	71M40/309	(M)	110103:55:57	03:54:25	05.33
		0:29:39 / 1764	0:56:17 / 1628	1:23:00 / 1551	1:55:33 / 1424	2:27:14 / 1436	2:55:43 / 1365	3:22:12 / 1278	3:43:51 / 1195	
1161	2774	ELING Lidia	RAWICZ	POL	/ SUREM RAWICZ	73K30/22	(K)	60 03:55:57	03:54:25	05.33
		0:29:37 / 1758	0:56:16 / 1626	1:23:00 / 1552	1:55:32 / 1421	2:27:14 / 1437	2:55:43 / 1364	3:22:12 / 1277	3:43:51 / 1196	
1162	1754	TOME CZEK Michał	CHORZÓW	POL		72M40/310	(M)	110203:55:57	03:55:31	05.34
		0:25:26 / 795	0:50:02 / 843	1:15:06 / 857	1:47:11 / 888	2:18:04 / 948	2:47:54 / 998	3:15:44 / 1054	3:41:27 / 1114	
1163	1910	LISZKA Wojciech	KRAKOW	POL	/ RADISSON BLU HOTEL, KRAKOW	80M30/412	(M)	110303:56:05	03:55:05	05.34
		0:28:20 / 1457	0:54:46 / 1424	1:21:00 / 1369	1:52:57 / 1210	2:22:57 / 1209	2:50:52 / 1179	3:18:26 / 1144	3:43:16 / 1172	
1164	2232	RUSEK Jarosław	KRAKÓW	POL	/ AZS AWF KRAKÓW MASTERS	69M40/311	(M)	110403:56:06	03:55:00	05.34
		0:26:54 / 1048	0:52:19 / 1036	1:17:52 / 1013	1:49:20 / 968	2:19:35 / 1012	2:49:06 / 1051	3:19:16 / 1168	3:43:24 / 1177	
1165	505	MRKLOVSKY Petr	NOVY JICIN	CZE	/ REV58 NOVY JICIN	66M40/312	(M)	110503:56:07	03:55:30	05.34
		0:25:24 / 778	0:49:46 / 765	1:14:33 / 794	1:45:41 / 804	2:15:51 / 860	2:45:45 / 924	3:15:09 / 1037	3:41:32 / 1116	
1166	2039	ANTONELLI Giampaolo	VICENZA	ITA		51M60/30	(M)	110603:56:10	03:55:08	05.34
		0:27:03 / 1074	0:52:13 / 1032	1:17:32 / 986	1:49:03 / 948	2:19:06 / 991	2:48:41 / 1033	3:18:10 / 1130	3:42:48 / 1161	
1167	1811	SIMON Joël	SANTE MARIE DES	FRA	/ CA CAUCHOIS	69M40/313	(M)	110703:56:13	03:55:39	05.35
		0:25:25 / 781	0:49:43 / 743	1:13:55 / 649	1:43:51 / 673	2:15:16 / 834	2:48:02 / 1006	3:18:14 / 1133	3:44:17 / 1207	
1168	2630	SNOPKOWSKI Piotr	KRAKÓW	POL		76M30/413	(M)	110803:56:16	03:54:36	05.33
		0:30:21 / 1982	0:58:16 / 1983	1:25:53 / 1865	2:00:14 / 1741	2:31:29 / 1648	2:59:09 / 1522	3:24:59 / 1378	3:45:32 / 1247	
1169	593	GRUDE Kjell enok	KLEPPE	NOR	/ APPLY POLAND	50M60/31	(M)	110903:56:16	03:55:32	05.34
		0:26:32 / 995	0:52:12 / 1029	1:18:20 / 1060	1:51:03 / 1067	2:22:43 / 1160	2:51:41 / 1207	3:19:28 / 1175	3:42:33 / 1153	
1170	1448	WOŹNIAK Mikołaj	WARSZAWA	POL		80M30/414	(M)	111003:56:18	03:55:45	05.35
		0:25:04 / 617	0:49:33 / 646	1:13:58 / 681	1:43:08 / 576	2:10:34 / 573	2:38:01 / 650	3:08:42 / 788	3:35:33 / 949	
1171	2526	OSTRYKIEWICZ Henryk	TOMASZÓW LUBELSKI	POL		49M60/32	(M)	111103:56:19	03:55:25	05.34
		0:27:54 / 1316	0:54:12 / 1334	1:20:34 / 1315	1:53:15 / 1276	2:25:27 / 1362	2:54:14 / 1310	3:21:24 / 1251	3:43:17 / 1174	
1172	224	WILK Krzysztof	KRAKÓW	POL	/ -	68M40/314	(M)	111203:56:21	03:55:01	05.34
		0:28:36 / 1516	0:55:13 / 1485	1:22:08 / 1453	1:54:46 / 1369	2:25:23 / 1358	2:53:37 / 1286	3:21:33 / 1257	3:43:29 / 1178	
1173	987	FICEK Krzysztof	RUDA ŚLĄSKA	POL		71M40/315	(M)	111303:56:26	03:55:33	05.34
		0:27:33 / 1167	0:54:02 / 1245	1:20:25 / 1258	1:52:57 / 1217	2:23:22 / 1245	2:52:47 / 1238	3:20:56 / 1241	3:43:34 / 1183	
1174	231	DYRAGA Marcin	GLIWICE	POL		75M30/415	(M)	111403:56:29	03:55:54	05.35
		0:28:37 / 1517	0:56:13 / 1615	1:24:30 / 1675	1:59:06 / 1631	2:31:18 / 1639	2:59:32 / 1544	3:25:57 / 1420	3:45:59 / 1270	
1175	1944	NOSAL Sławomir	TARNÓW	POL	/ SOKÓŁ TARNÓW	70M40/316	(M)	111503:56:31	03:55:13	05.34
		0:28:24 / 1467	0:55:10 / 1479	1:21:28 / 1401	1:53:41 / 1303	2:24:58 / 1329	2:56:09 / 1381	3:23:30 / 1315	3:44:47 / 1227	

22.04.2012 17:04:00

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
1176	358	KEPIŃSKI Henryk	BELCHATÓW	POL	KB SPARTAKUS BELCHATÓW	53M50/142	(M)111603:56:32	03:55:49 05.35
0:26:42 / 1022 0:51:19 / 954 1:16:03 / 920 1:48:44 / 937 2:18:36 / 971 2:47:27 / 982 3:19:25 / 1173 3:41:27 / 1115								
1177	2190	PARADOWSKI Paweł	TARNOBRZEG	POL		72M40/317	(M)111703:56:33	03:56:01 05.35
0:24:50 / 569 0:48:17 / 515 1:12:47 / 564 1:43:26 / 599 2:12:24 / 706 2:41:00 / 763 3:15:05 / 1034 3:42:08 / 1144								
1178	1359	MACUGA Paweł	ZŁOTORYJA	POL	OLAWS	72M40/318	(M)111803:56:35	03:55:23 05.34
0:28:47 / 1562 0:55:33 / 1525 1:22:50 / 1538 1:56:15 / 1465 2:28:24 / 1493 2:57:25 / 1437 3:24:07 / 1344 3:45:27 / 1244								
1179	2216	RADECKI Wojciech	KRAKÓW	POL		71M40/319	(M)111903:56:38	03:55:45 05.35
0:27:58 / 1343 0:54:16 / 1354 1:20:39 / 1333 1:53:16 / 1278 2:23:40 / 1268 2:50:50 / 1173 3:18:09 / 1123 3:43:38 / 1189								
1180	261	MYŚLIWIEC Mariusz	RADZYMIN	POL		85M20/211	(M)112003:56:39	03:55:46 05.35
0:26:46 / 1032 0:51:44 / 996 1:16:26 / 934 1:48:49 / 941 2:20:09 / 1038 2:49:37 / 1109 3:18:21 / 1140 3:43:50 / 1194								
1181	2241	MATYSZCZAK Sławomir	REBIELICE KRÓLEWSKIE	POL		60M50/143	(M)112103:56:40	03:55:58 05.35
0:26:00 / 917 0:51:19 / 955 1:17:44 / 1003 1:51:14 / 1081 2:21:51 / 1126 2:50:52 / 1178 3:20:08 / 1208 3:43:53 / 1197								
1182	2814	POPLAWSKI Paweł	KRAKÓW	POL	ZIS	72M40/320	(M)112203:56:42	03:55:31 05.34
0:27:22 / 1133 0:52:45 / 1077 1:17:48 / 1007 1:48:58 / 945 2:19:27 / 1009 2:48:23 / 1018 3:16:39 / 1087 3:42:04 / 1142								
1183	3444	KRAJEWSKI Sławomir	KATOWICE	POL	DOLINIARZE KATOWICE	55M50/144	(M)112303:56:43	03:55:32 05.34
0:29:24 / 1712 0:56:45 / 1709 1:23:58 / 1642 1:57:25 / 1527 2:28:10 / 1470 2:55:29 / 1356 3:21:03 / 1245 3:42:13 / 1147								
1184	1647	ZIMNIAK Łukasz	OLEŚNICA	POL	KERRY POLSKA OLEŚNICA	81M30/416	(M)112403:56:44	03:56:16 05.35
0:29:24 / 1710 0:49:23 / 624 1:15:23 / 878 1:48:47 / 940 2:21:11 / 1084 2:51:11 / 1192 3:20:56 / 1240 3:44:33 / 1218								
1185	1847	ŁOJEWSKI Krzysztof	SZCZECIN	POL		69M40/321	(M)112503:56:45	03:55:42 05.35
0:28:47 / 1568 0:55:40 / 1551 1:22:25 / 1487 1:55:00 / 1382 2:25:49 / 1381 2:54:04 / 1304 3:20:55 / 1238 3:43:36 / 1184								
1186	854	KISIEL Bogusław	TARNOBRZEG	POL	WITAR TARNOBRZEG	58M50/145	Niep/5 (M)112603:56:46	03:56:08 05.35
0:27:18 / 1129 0:53:16 / 1134 1:19:29 / 1138 1:52:06 / 1132 2:23:04 / 1227 2:52:23 / 1226 3:20:03 / 1203 3:43:37 / 1185								
1187	1662	CIEŚLAK Zdzisław	ŚWIDNICA	POL	TEMPO WAŁBRZYCH	70M40/322	(M)112703:56:51	03:56:03 05.35
0:28:16 / 1442 0:55:05 / 1462 1:21:25 / 1396 1:54:58 / 1380 2:27:07 / 1427 2:57:49 / 1465 3:24:36 / 1361 3:45:22 / 1239								
1188	2304	RÓG Leszek	KRZESZOWICE	POL		73M30/417	(M)112803:56:54	03:56:43 05.36
0:22:09 / 222 0:44:01 / 221 1:06:43 / 235 1:36:00 / 260 2:05:43 / 394 2:34:52 / 506 3:02:27 / 605 3:40:05 / 1071								
1189	603	DOLE Frantz	ROCBARON	FRA	CA PUGET VILLE	65M40/323	(M)112903:56:55	03:55:24 05.34
0:28:14 / 1434 0:53:43 / 1200 1:19:26 / 1130 1:51:58 / 1125 2:22:20 / 1144 2:50:09 / 1138 3:19:11 / 1164 3:43:37 / 1186								
1190	601	GUIOL Christine	PIGNANS	FRA	CAPUGET-VILLE	65K40/14	(K)61 03:56:56	03:55:25 05.34
0:29:29 / 1726 0:56:39 / 1682 1:23:54 / 1621 1:56:36 / 1478 2:28:28 / 1499 2:57:10 / 1426 3:22:45 / 1292 3:44:37 / 1219								
1191	1134	SKUPIEN Artur	WILCZA GORA	POL		73M30/418	(M)113003:56:57	03:56:02 05.35
0:28:26 / 1478 0:55:21 / 1504 1:22:00 / 1444 1:54:40 / 1366 2:28:28 / 1500 2:54:47 / 1332 3:21:33 / 1258 3:43:58 / 1199								
1192	1719	JUREK Stanisław	RUDA SLASKA	POL	TKKF JASTRZAB RUDA SLASKA	56M50/146	(M)113103:56:57	03:55:38 05.35
0:28:31 / 1501 0:55:09 / 1472 1:21:53 / 1436 1:54:18 / 1345 2:24:44 / 1316 2:52:23 / 1224 3:19:32 / 1182 3:43:12 / 1168								
1193	1355	LESZCZYŃSKI Łukasz	KRAKOW	POL		85M20/212	(M)113203:56:59	03:55:53 05.35
0:27:53 / 1313 0:52:57 / 1106 1:18:15 / 1049 1:50:24 / 1032 2:21:45 / 1119 2:50:41 / 1170 3:19:31 / 1181 3:43:49 / 1193								
1194	937	PIERSON Patrice	WANZE	BEL	GSKBIO	69M40/324	(M)113303:57:00	03:55:53 05.35
0:28:51 / 1581 0:56:15 / 1623 1:23:57 / 1638 1:58:01 / 1566 2:29:44 / 1557 2:58:47 / 1504 3:24:58 / 1377 3:45:47 / 1261								
1195	1101	MIZERA Agnieszka	WROCLAW	POL		69K40/15	(K)62 03:57:01	03:56:02 05.35
0:28:51 / 1582 0:57:05 / 1740 1:25:14 / 1743 1:59:28 / 1665 2:30:56 / 1615 2:58:12 / 1484 3:23:40 / 1327 3:44:23 / 1212								
1196	2036	BORKOWSKI Jerzy	RADOM	POL	BRAK	51M60/33	(M)113403:57:01	03:55:38 05.35
0:29:16 / 1682 0:55:46 / 1561 1:22:32 / 1498 1:55:13 / 1398 2:25:41 / 1370 2:53:25 / 1273 3:20:02 / 1202 3:42:50 / 1162								
1197	428	PIEKARSKI Zdzisław	OPOCZNO	POL	LTs OPOCZNO SPORT TEAM	56M50/147	(M)113503:57:02	03:55:34 05.34
0:29:17 / 1683 0:55:17 / 1493 1:20:56 / 1365 1:52:58 / 1220 2:22:56 / 1200 2:51:05 / 1188 3:21:52 / 1266 3:44:26 / 1215								
1198	3395	BOCHENEK Krzysztof	WIELICZKA	POL		79M30/419	(M)113603:57:04	03:56:11 05.35
0:35:10 / 2824 1:01:11 / 2282 1:26:50 / 2020 1:58:44 / 1611 2:28:22 / 1486 2:56:03 / 1380 3:21:58 / 1267 3:45:02 / 1231								
1199	913	ONYSHCHUK Vitalii	RZESZOW	POL		92M20/213	(M)113703:57:08	03:56:15 05.35
0:35:10 / 2823 0:53:36 / 1184 1:19:47 / 1176 2:49:30 / 2975 2:22:55 / 1191 2:56:03 / 1379 3:19:15 / 1167 3:44:57 / 1228								
1200	1161	DYZEWSKI Michał	WARSZAWA	POL	BRACtwo BIEGOWE BGK	74M30/420	(M)113803:57:09	03:55:28 05.34
0:30:25 / 2014 0:58:02 / 1849 1:24:57 / 1714 1:57:58 / 1560 2:28:42 / 1509 2:56:52 / 1410 3:23:16 / 1306 3:44:43 / 1226								
1201	2860	KOPIEC Piotr	BIELSKO-BIALA	POL		75M30/421	(M)113903:57:10	03:56:02 05.35
0:27:54 / 1318 0:54:15 / 1347 1:20:59 / 1367 1:53:49 / 1321 2:24:36 / 1312 2:53:31 / 1281 3:21:45 / 1261 3:45:04 / 1233								
1202	2672	PACIOREK Artur	ŻYWIEC	POL	KLUB ALPINISTYCZNY GB GOPR	88M20/214	(M)114003:57:16	03:55:42 05.35
0:30:23 / 1997 0:58:19 / 2000 1:25:54 / 1880 2:57:21 / 2984 2:31:16 / 1638 2:53:31 / 1280 3:22:36 / 1288 3:45:28 / 1245								
1203	2765	SUROVIK Michal	DOLNY KUBIN	SVK	ŠKK DOLNÝ KUBÍN	65M40/325	(M)114103:57:18	03:56:45 05.36
0:25:21 / 756 0:49:45 / 763 1:14:34 / 800 1:45:34 / 799 2:17:19 / 910 2:48:03 / 1007 3:16:00 / 1063 3:40:49 / 1094								
1204	568	KOSICKI Tomasz	ŚLUPSK	POL		79M30/422	(M)114203:57:19	03:56:45 05.36
0:26:02 / 927 0:51:43 / 994 1:17:34 / 989 1:49:45 / 999 2:20:29 / 1055 2:48:57 / 1045 3:16:00 / 1062 3:43:00 / 1166								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupa Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
1205	1006	KARPIŃSKI Robert	MARKI	POL	/ SPARTANIE DZIECIOM	71M40/326		(M)	114303:57:20	03:55:47 05.35
0:30:39 / 2105 0:58:54 / 2134 1:26:53 / 2024 2:00:37 / 1820 2:31:42 / 1667 2:59:14 / 1527 3:24:53 / 1372 3:45:44 / 1257										
1206	2576	LUDWA Rafał	TARNÓW	POL		91M20/215		(M)	114403:57:20	03:55:20 05.34
0:30:47 / 2146 0:58:05 / 1882 1:24:37 / 1695 1:57:22 / 1523 2:27:27 / 1443 2:55:08 / 1349 3:21:37 / 1259 3:44:03 / 1203										
1207	1843	WIEŻIK Sławomir	CZECHEWICE-	POL	/ NIEZRZESZONY	71M40/327		(M)	114503:57:21	03:55:28 05.34
0:30:47 / 2145 0:58:19 / 1999 1:26:01 / 1921 2:00:24 / 1760 2:32:01 / 1701 3:01:19 / 1661 3:26:20 / 1441 3:46:08 / 1272										
1208	1853	KRYSMALSKI Maciej	WOLSZTYN	POL		79M30/423		(M)	114603:57:23	03:56:25 05.36
0:27:36 / 1184 0:54:02 / 1243 1:20:25 / 1254 1:52:57 / 1208 2:32:01 / 1702 2:53:05 / 1260 3:19:52 / 1197 3:43:33 / 1182										
1209	522	SZYLLER Jerzy	BIELSKO-BIAŁA	POL	/ TKKF_BESKIDEK,BIELSKO-BIAŁA	49M60/34		(M)	114703:57:24	03:56:57 05.36
0:27:04 / 1079 0:53:52 / 1216 1:21:37 / 1418 1:55:54 / 1447 2:28:20 / 1482 2:56:27 / 1395 3:24:08 / 1345 3:45:30 / 1246										
1210	1386	MICHALSKI Dariusz	LIPOWA	POL		75M30/424		(M)	114803:57:25	03:55:44 05.35
0:29:45 / 1784 0:57:01 / 1730 1:23:54 / 1619 1:57:14 / 1511 2:28:23 / 1490 2:56:44 / 1406 3:23:31 / 1319 3:45:34 / 1249										
1211	782	NYTKO Arkadiusz	KRAKÓW	POL	/ KKB DYSTANS	76M30/425		(M)	114903:57:28	03:57:02 05.37
0:27:52 / 1310 0:54:58 / 1445 1:22:30 / 1491 1:56:18 / 1468 2:27:25 / 1440 2:55:07 / 1346 3:20:34 / 1224 3:42:01 / 1141										
1212	1258	BEBAK Konrad	ZEMBRZYCE	POL	/ ZEMBRZYCE.EU TEAM	89M20/216		(M)	115003:57:28	03:56:13 05.35
0:28:18 / 1450 0:54:59 / 1447 1:21:53 / 1437 1:56:18 / 1469 2:27:25 / 1441 2:55:07 / 1347 3:23:28 / 1312 3:45:43 / 1256										
1213	1631	MICHAŁEK Marcin	KRAKÓW	POL	/ KW KRAKÓW	72M40/328		(M)	115103:57:29	03:56:12 05.35
0:27:46 / 1270 0:54:12 / 1336 1:20:31 / 1297 1:53:06 / 1256 2:23:18 / 1239 2:51:33 / 1204 3:19:07 / 1160 3:43:32 / 1181										
1214	1655	MALYSZA Sławomir	KRAKÓW	POL		71M40/329		(M)	115203:57:29	03:55:20 05.34
0:30:04 / 1841 0:55:34 / 1530 1:21:21 / 1392 1:53:36 / 1299 2:24:00 / 1288 2:52:44 / 1236 3:20:45 / 1233 3:44:16 / 1206										
1215	1426	BUGAJNY Damian	KALISZ	POL	/ SUPERMARATON KALISZ	75M30/426		(M)	115303:57:32	03:57:18 05.37
0:23:17 / 299 0:46:02 / 300 1:09:14 / 318 1:46:32 / 849 2:18:26 / 964 2:48:29 / 1025 3:19:50 / 1193 3:44:23 / 1211										
1216	140	MUCHA Janusz	STALOWA WOLA	POL		60M50/148		(M)	115403:57:34	03:56:57 05.36
0:25:31 / 828 0:50:16 / 863 1:15:17 / 866 1:45:34 / 797 2:15:36 / 846 2:44:57 / 888 3:15:00 / 1026 3:42:12 / 1146										
1217	335	PISAŃSKI Tadeusz lukasz	SZCZECIN	POL	/ TT SZCZECIN	65M40/330		(M)	115503:57:35	03:56:47 05.36
0:28:57 / 1603 0:56:36 / 1673 1:23:57 / 1637 1:57:33 / 1536 2:29:00 / 1524 2:57:27 / 1443 3:23:52 / 1336 3:45:48 / 1263										
1218	77	DERDA Robert	SZCZECIN	POL	/ TT SZCZECIN	72M40/331		(M)	115603:57:36	03:56:48 05.36
0:28:57 / 1602 0:56:36 / 1672 1:23:57 / 1636 1:57:33 / 1537 2:29:00 / 1523 2:57:27 / 1444 3:23:51 / 1335 3:45:48 / 1262										
1219	2063	RÓŻAŃSKI Daniel	WROCLAW	POL		78M30/427		(M)	115703:57:37	03:56:57 05.36
0:29:22 / 1699 0:56:43 / 1700 1:24:35 / 1693 1:58:42 / 1606 2:30:09 / 1576 2:58:16 / 1486 3:24:24 / 1355 3:45:41 / 1252										
1220	2020	SMOLAREK Włodzimierz	KWIATKOWICE	POL		73M30/428		(M)	115803:57:39	03:56:44 05.36
0:27:53 / 1311 0:53:40 / 1194 1:19:52 / 1187 1:52:23 / 1153 2:22:50 / 1169 2:50:53 / 1180 3:19:30 / 1176 3:44:05 / 1204										
1221	3141	ŚLĘZAK Grzegorz	RZESZÓW	POL	/ RZESZOWSKIE GAZELE I GEPARDY	74M30/429		(M)	115903:57:39	03:56:13 05.35
0:27:53 / 1312 0:58:04 / 1860 3:26:05 / 3002 2:00:40 / 1827 2:32:13 / 1722 3:00:39 / 1618 3:19:30 / 1177 3:46:49 / 1297										
1222	3178	KARCZEWSKI Paweł	SZYDŁOWO	POL	/ BIEGAM DLA SIEBIE	82M30/430		(M)	116003:57:41	03:56:36 05.36
0:28:03 / 1365 0:54:22 / 1383 1:21:40 / 1419 1:56:05 / 1457 2:30:15 / 1582 2:57:50 / 1467 3:23:20 / 1307 3:44:21 / 1209										
1223	1500	PODBIELSKI Marek	WARSZAWA	POL	/ KB CASTELLANUS	74M30/431		(M)	116103:57:44	03:55:39 05.35
0:30:36 / 2089 0:58:53 / 2130 1:27:55 / 2107 2:04:27 / 2053 2:39:33 / 2097 3:04:05 / 1789 3:27:15 / 1507 3:46:57 / 1301										
1224	2739	ROSZKO Zbyszko	WROCLAW	POL	/ SEGESTA	78M30/432		(M)	116203:57:44	03:56:04 05.35
0:30:36 / 2090 0:59:53 / 2204 1:28:34 / 2160 2:03:26 / 2020 2:35:36 / 1938 3:04:08 / 1794 3:30:16 / 1617 3:48:04 / 1378										
1225	3327	GOLEBIEWSKI Monika	MOERS	GER		84K20/18		(K)	63 03:57:47	03:56:21 05.36
0:30:07 / 1877 0:58:05 / 1880 1:25:43 / 1803 2:00:01 / 1716 2:31:45 / 1675 2:59:52 / 1560 3:26:04 / 1429 3:46:49 / 1296										
1226	614	RADECKI Jakub	WROCLAW	POL	/ PRO-RUN WROCLAW	75M30/433		(M)	116303:57:49	03:56:18 05.36
0:30:14 / 1937 0:56:09 / 1604 1:22:43 / 1523 1:54:47 / 1370 2:24:24 / 1303 2:52:51 / 1247 3:20:51 / 1236 3:44:26 / 1216										
1227	3393	LIPIEC Sebastian	MINSK MAZOWIECKI	POL	/ BIEGUSIEM	84M20/217		(M)	116403:57:54	03:56:51 05.36
0:25:28 / 809 0:49:44 / 751 1:14:06 / 724 1:43:51 / 675 2:12:23 / 705 2:46:26 / 948 3:19:52 / 1198 3:45:00 / 1230										
1228	181	OCHAB Janusz	WARSZAWA	POL		71M40/332		(M)	116503:57:56	03:56:40 05.36
0:30:21 / 1980 0:58:29 / 2040 1:26:07 / 1950 2:00:30 / 1785 2:32:08 / 1709 2:59:56 / 1563 3:25:43 / 1415 3:46:57 / 1302										
1229	1304	ŻUŁAWIŃSKI Maciej	KRAKÓW	POL	/ LUMBAGO TEAM	62M50/149		(M)	116603:57:56	03:57:10 05.37
0:27:31 / 1157 0:53:29 / 1168 1:19:33 / 1150 1:51:54 / 1121 2:21:49 / 1122 2:49:38 / 1112 3:21:30 / 1253 3:45:03 / 1232										
1230	3111	MILLER Paweł	ŁĄGÓW	POL		84M20/218		(M)	116703:57:57	03:55:57 05.35
0:30:48 / 2155 0:58:22 / 2012 1:25:53 / 1872 1:59:38 / 1680 2:29:55 / 1567 2:58:16 / 1485 3:24:29 / 1357 3:45:51 / 1265										
1231	1571	ZDUN Dawid	GŁOGÓW	POL		77M30/434		(M)	116803:57:58	03:56:21 05.36
0:30:19 / 1973 0:58:09 / 1942 1:25:39 / 1794 1:58:30 / 1596 2:29:37 / 1553 2:59:36 / 1548 3:23:42 / 1328 3:45:23 / 1240										
1232	3207	STAWIARSKI Edward	STARY SACZ	POL		61M50/150		(M)	116903:57:59	03:56:52 05.36
0:27:03 / 1078 0:51:20 / 957 1:15:26 / 884 1:45:36 / 802 2:15:28 / 840 2:44:27 / 872 3:13:52 / 992 3:41:51 / 1136										
1233	1538	SUŁKOWSKI Paweł	LIMANOWA	POL	/ KS LIMANOWA FORREST	83M20/219		(M)	117003:58:00	03:56:58 05.36
0:28:34 / 1507 0:54:42 / 1417 1:20:39 / 1334 1:53:05 / 1252 2:22:58 / 1213 2:49:58 / 1132 3:17:31 / 1110 3:44:13 / 1205										

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Age	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
1234	1667	KROCZYK Lesław	KNURÓW		POL / GRUPA BIEGOWA KNURÓW	76M30/435		(M)117	103:58:02	03:57:43 05.38
		0:25:16 / 727	0:49:58 / 825	1:15:17 / 865	1:46:42 / 858	2:18:10 / 952	2:50:35 / 1166	3:20:54 / 1237	3:45:32 / 1248	
1235	843	FIBIC Adrian	LUBOMIA		POL / FORMA WODZISLAW ŚL.	75M30/436		(M)117	203:58:06	03:56:52 05.36
		0:30:15 / 1945	0:58:36 / 2081	1:26:42 / 2010	2:01:12 / 1878	2:31:50 / 1680	3:00:13 / 1586	3:26:22 / 1445	3:47:08 / 1314	
1236	1331	VAŠINA Jiří	KARVINA		CZE	74M30/437		(M)117	303:58:06	03:56:51 05.36
		0:28:39 / 1524	0:54:56 / 1441	1:21:40 / 1421	1:55:10 / 1392	2:25:46 / 1376	2:53:28 / 1277	3:20:04 / 1204	3:43:53 / 1198	
1237	883	NIEMINEN Pasi	TAMPERE		FIN / BENVIRON	62M50/151		(M)117	403:58:08	03:56:21 05.36
		0:31:08 / 2206	0:58:36 / 2084	1:26:22 / 1984	2:00:33 / 1811	2:31:55 / 1691	3:00:10 / 1584	3:25:31 / 1407	3:46:16 / 1279	
1238	348	NOWICKI Tomasz	STARGARD SZCZECIŃSKI		POL / SZWLA STARGARD SZCZEC.	65M40/333		(M)117	503:58:13	03:57:48 05.38
		0:26:32 / 993	0:52:35 / 1060	1:19:09 / 1113	1:52:08 / 1134	2:23:40 / 1269	2:53:48 / 1290	3:22:50 / 1296	3:45:15 / 1236	
1239	2046	PIECZYŃSKI Krzysztof	SZCZECIN		POL / MARATOŃCZYK TEAM SZCZECIN	56M50/152		(M)117	603:58:16	03:57:37 05.37
		0:26:32 / 994	0:51:05 / 934	1:15:39 / 900	1:46:01 / 818	2:14:50 / 815	2:42:38 / 823	3:14:31 / 1013	3:43:41 / 1191	
1240	2414	KROPORNICKI Tomasz	BIELSKO-BIAŁA		POL	82M30/438		(M)117	703:58:18	03:57:53 05.38
		0:23:29 / 332	0:46:23 / 363	1:09:18 / 349	1:37:12 / 320	2:03:02 / 322	2:27:00 / 309	3:19:04 / 1157	3:44:02 / 1202	
1241	1978	WŁODARCZYK Piotr	KRAKÓW		POL	80M30/439		(M)117	803:58:19	03:56:13 05.35
		0:30:37 / 2093	0:58:31 / 2049	1:26:07 / 1948	2:00:51 / 1853	2:31:57 / 1694	3:00:23 / 1595	3:26:19 / 1440	3:47:37 / 1330	
1242	3068	TROJANOWSKI Andrzej	ŚWIĄTKI GÓRNE		POL	56M50/153		(M)117	903:58:20	03:57:18 05.37
		0:27:14 / 1105	0:52:37 / 1064	1:18:09 / 1041	1:50:21 / 1029	2:21:04 / 1080	2:50:50 / 1172	3:20:39 / 1227	3:45:24 / 1242	
1243	3498	MRUGAŁA Andrew	KRAKOW		USA	89M20/220		(M)118	003:58:28	03:56:10 05.35
		0:27:31 / 1161	0:52:47 / 1084	1:18:44 / 1084	1:51:32 / 1092	2:24:54 / 1326	2:56:30 / 1397	3:24:55 / 1375	3:46:59 / 1305	
1244	654	ELMINOWSKI Wojciech	ELBLĄG		POL / ELBLĄG	62M50/154		(M)118	103:58:28	03:58:25 05.39
		0:27:31 / 1159	0:49:44 / 748	1:14:38 / 803	1:46:02 / 819	2:16:03 / 866	2:42:41 / 825	3:10:20 / 826	3:43:48 / 1192	
1245	1344	KULBACZYŃSKI Jan	KODEN		POL / ROMANIAK BUDOWLANI	62M50/155		(M)118	203:58:29	03:58:23 05.38
		0:27:31 / 1160	0:50:43 / 905	1:16:24 / 932	1:48:17 / 923	2:20:10 / 1041	2:50:30 / 1164	3:19:48 / 1192	3:44:40 / 1223	
1246	23	JACHYM			POL	83M20/221		(M)118	303:58:29	03:56:58 05.36
		0:30:31 / 2050	0:58:08 / 1918	1:25:58 / 1908	2:00:16 / 1744	2:31:50 / 1681	2:59:59 / 1568	3:25:30 / 1405	3:46:31 / 1283	
1247	1132	ALTANGEREL Tumen-ulzii	SZCZECIN		MGL / 2MEN	86M20/222		(M)118	403:58:29	03:56:41 05.36
		0:28:20 / 1460	0:53:29 / 1167	1:18:19 / 1057	1:49:14 / 965	2:17:48 / 937	2:45:09 / 898	3:11:33 / 875	3:39:31 / 1054	
1248	1074	TABAKA Grzegorz	WROCLAW		POL	75M30/440		(M)118	503:58:29	03:56:25 05.36
		0:30:43 / 2123	0:58:02 / 1850	1:25:11 / 1734	1:59:03 / 1625	2:30:31 / 1593	2:58:50 / 1508	3:25:09 / 1389	3:46:36 / 1290	
1249	2250	SANOCKI Bogdan	KRAKÓW		POL / 6BPD/DOWÓDZTWO	72M40/334		(M)118	603:58:31	03:57:04 05.37
		0:29:14 / 1677	0:55:54 / 1578	1:22:42 / 1521	1:55:41 / 1436	2:25:51 / 1383	2:54:32 / 1321	3:21:52 / 1265	3:44:40 / 1222	
1250	1609	PEĆZEK Dariusz	CZĘSTOCHOWA		POL / ZABIEGANI CZĘSTOCHOWA	70M40/335		(M)118	703:58:31	03:57:23 05.37
		0:28:07 / 1388	0:54:22 / 1380	1:20:50 / 1350	1:53:07 / 1259	2:23:05 / 1229	2:49:51 / 1121	3:17:23 / 1106	3:43:18 / 1175	
1251	991	PAJĄK Edward	ROPA		POL / HAŃCZOWA	71M40/336		(M)118	803:58:35	03:57:34 05.37
		0:27:51 / 1304	0:53:00 / 1110	1:18:37 / 1076	1:50:09 / 1021	2:20:43 / 1067	2:49:52 / 1123	3:19:30 / 1179	3:44:22 / 1210	
1252	1747	TRYNIECKI Krzysztof	LUBACZÓW		POL	71M40/337		(M)118	903:58:36	03:58:03 05.38
		0:25:35 / 842	0:49:40 / 691	1:13:42 / 627	1:43:39 / 625	2:14:23 / 797	2:46:28 / 950	3:19:30 / 1180	3:44:24 / 1214	
1253	257	SKRABA Michał	WROCLAW		POL	75M30/441		(M)119	003:58:37	03:57:13 05.37
		0:28:56 / 1598	0:55:57 / 1584	1:23:25 / 1578	1:56:44 / 1484	2:27:24 / 1439	2:56:36 / 1399	3:25:04 / 1383	3:46:49 / 1295	
1254	2727	ŁĘKAWA Mateusz	KRAKÓW		POL	92M20/223		(M)119	103:58:42	03:57:02 05.37
		0:29:59 / 1827	0:57:46 / 1815	1:25:25 / 1763	1:59:00 / 1620	2:29:45 / 1559	2:59:10 / 1524	3:26:01 / 1427	3:47:42 / 1336	
1255	1063	SAMUELSSON Christofer	HOLZKIRCHEN		SWE	72M40/338		(M)119	203:58:48	03:58:03 05.38
		0:26:15 / 957	0:50:51 / 916	1:15:51 / 913	1:46:42 / 857	2:17:46 / 933	2:48:13 / 1013	3:19:06 / 1159	3:45:20 / 1238	
1256	1424	PETRUS Ryszard	KATOWICE		POL / ODZIAŁ PREWENCJI POLICJI W KATOWICACH	67M40/339		(M)119	303:58:50	03:58:45 05.39
		0:28:14 / 1427	0:55:19 / 1496	1:22:37 / 1509	1:56:10 / 1461	2:27:06 / 1426	2:56:00 / 1375	3:23:38 / 1325	3:46:14 / 1277	
1257	3212	WITCZAK Paweł	MIĘDZYRZECZ		POL	87M20/224		(M)119	403:58:53	03:57:50 05.38
		0:28:14 / 1428	0:46:35 / 407	1:09:17 / 341	1:37:31 / 342	2:05:56 / 399	2:35:47 / 550	3:08:56 / 795	3:41:10 / 1103	
1258	2170	SIKORA Juliusz	KRAKÓW		POL	89M20/225		(M)119	503:58:57	03:57:41 05.37
		0:27:56 / 1326	0:54:10 / 1315	1:20:29 / 1286	1:53:06 / 1255	2:23:16 / 1233	2:51:35 / 1205	3:20:49 / 1235	3:45:41 / 1253	
1259	1202	PABIAN Karol	SKAWINA		POL	55M50/156		(M)119	603:58:57	03:58:04 05.38
		0:27:44 / 1261	0:53:49 / 1209	1:20:18 / 1218	1:52:45 / 1172	2:24:30 / 1308	2:54:46 / 1330	3:23:20 / 1308	3:46:15 / 1278	
1260	2056	SOLTYSEK Mieczysław	KUTNO		POL / 3 RBLOG KRAKÓW	71M40/340		(M)119	703:58:57	03:57:36 05.37
		0:29:23 / 1707	0:57:13 / 1753	1:25:46 / 1806	1:59:45 / 1688	2:30:54 / 1610	2:58:36 / 1496	3:25:19 / 1395	3:46:35 / 1288	
1261	786	BIL Janusz	PRASZKA		POL / NEAPCO PRASZKA	53M50/157		(M)119	803:58:58	03:57:54 05.38
		0:28:46 / 1558	0:55:09 / 1473	1:22:00 / 1443	1:54:55 / 1376	2:25:44 / 1374	2:53:55 / 1298	3:23:31 / 1317	3:45:55 / 1268	
1262	299	FRĄCZKIEWICZ-SAĞAJŁO	CZECHÓW		POL	63M40/341		(M)119	903:59:00	03:58:12 05.38
		0:25:09 / 664	0:49:44 / 746	1:14:32 / 793	2:47:45 / 2967	2:17:59 / 942	2:53:55 / 1297	3:17:38 / 1113	3:46:34 / 1286	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]	
Check pts:									
1263	2740	WEGRZYŃSKI Artur	SOSNOWIEC	POL		66M40/342	(M)120003:59:01	03:58:40	05.39
0:25:04 / 619 0:49:39 / 686 1:14:34 / 796 1:46:45 / 860 2:19:11 / 997 2:49:56 / 1129 3:20:36 / 1225 3:45:17 / 1237									
1264	616	FURMAŃSKI Jakub	KRAKÓW	POL		82M30/442	(M)120103:59:04	03:58:04	05.38
0:27:56 / 1323 0:54:32 / 1398 1:21:18 / 1380 1:53:43 / 1306 2:23:41 / 1272 2:53:27 / 1276 3:23:30 / 1314 3:47:19 / 1321									
1265	25	KWIATKOWSKI Zbyszek		POL		85M20/226	(M)120203:59:06	03:59:02	05.39
0:26:33 / 1000 0:52:57 / 1103 1:19:44 / 1174 1:52:56 / 1203 2:25:23 / 1357 2:56:31 / 1398 3:24:37 / 1363 3:46:20 / 1280									
1266	2643	COFUR Rafał	KRAKÓW	POL		75M30/443	(M)120303:59:07	03:57:45	05.38
0:28:36 / 1515 0:55:02 / 1454 1:22:23 / 1480 1:55:36 / 1428 2:26:19 / 1397 2:55:45 / 1366 3:24:55 / 1374 3:47:49 / 1350									
1267	696	RATAJCZAK Marek	SWARZEDZ	POL	/ KB MANIAC POZNAŃ	75M30/444	(M)120403:59:07	03:57:24	05.37
0:30:03 / 1836 0:58:01 / 1848 1:25:37 / 1788 1:59:52 / 1704 2:31:53 / 1687 2:59:59 / 1567 3:26:15 / 1439 3:46:45 / 1294									
1268	437	KOSOWSKI Łukasz	JĘDRZEJÓW	POL		86M20/227	(M)120503:59:11	03:58:45	05.39
0:24:56 / 593 0:49:33 / 648 1:14:10 / 746 1:45:22 / 778 2:16:56 / 896 2:47:39 / 988 3:19:51 / 1196 3:46:10 / 1273									
1269	2823	DLUGOSZ Jacek	BYDGOSZCZ	POL		63M40/343	(M)120603:59:13	03:57:56	05.38
0:29:19 / 1692 0:56:36 / 1674 1:24:02 / 1648 1:57:39 / 1547 2:29:17 / 1540 2:57:56 / 1473 3:24:49 / 1369 3:46:40 / 1291									
1270	2784	KAMIŃSKI Stanisław	NADARZYN	POL		58M50/158	(M)120703:59:15	03:58:43	05.39
0:25:59 / 914 0:50:36 / 899 1:15:20 / 871 1:45:46 / 808 2:16:25 / 877 2:48:01 / 1005 3:19:04 / 1158 3:44:59 / 1229									
1271	3460	ŻÓŁTY Grzegorz	ZABIERZÓW	POL		78M30/445	(M)120803:59:16	03:58:19	05.38
0:25:26 / 799 0:49:49 / 786 1:14:55 / 828 1:46:09 / 827 2:18:47 / 980 2:49:30 / 1099 3:20:11 / 1209 3:45:42 / 1255									
1272	3417	KAMIENIAK Miłosz	ZABRZE	POL	/ MARATONYPOLSKIE.PL TEAM	86M20/228	(M)120903:59:19	03:58:23	05.38
0:27:58 / 1345 0:53:58 / 1227 1:19:51 / 1184 1:52:30 / 1158 2:23:39 / 1266 2:54:47 / 1331 3:24:32 / 1358 3:47:02 / 1306									
1273	3009	BARTYZEL Sabina	KRAKOW	POL	/ NOVOTEL KRAKÓW CENTRUM	75K30/23	(K)64 03:59:21	03:58:14	05.38
0:29:14 / 1675 0:56:46 / 1715 1:24:01 / 1646 1:56:53 / 1496 2:28:31 / 1506 2:57:55 / 1472 3:25:19 / 1396 3:47:25 / 1323									
1274	2338	OSTROWSKI Jan	KORCZYNA	POL		49M60/35	(M)121003:59:22	03:58:09	05.38
0:28:00 / 1349 0:54:16 / 1357 1:20:46 / 1340 1:53:23 / 1292 2:24:50 / 1321 2:53:34 / 1284 3:22:02 / 1269 3:45:52 / 1266									
1275	2010	ŚWIDERSKI Sławomir	OKUNIEW	POL	/ BEMOVIA	72M40/344	(M)121103:59:23	03:58:47	05.39
0:25:07 / 636 0:49:17 / 614 1:13:29 / 617 1:43:16 / 590 2:11:42 / 681 2:44:48 / 885 3:19:17 / 1170 3:46:01 / 1271									
1276	787	BURNOS Piotr	KRAKÓW	POL	/ MUSUBI DOJO AIKIDO	80M30/446	(M)121203:59:23	03:58:46	05.39
0:26:57 / 1055 0:53:02 / 1115 1:19:00 / 1109 1:50:26 / 1034 2:20:06 / 1035 2:50:28 / 1162 3:20:05 / 1205 3:45:05 / 1234									
1277	2834	JANISZEWSKI Mateusz	KRAKÓW	POL		75M30/447	(M)121303:59:24	03:58:00	05.38
0:30:42 / 2121 0:57:30 / 1786 1:23:55 / 1627 1:56:34 / 1476 2:27:28 / 1444 2:55:48 / 1368 3:22:30 / 1287 3:45:36 / 1250									
1278	1213	WALEROWICZ Maciej	KATOWICE	POL	/ KATOWICE	82M30/448	(M)121403:59:24	03:58:46	05.39
0:26:44 / 1026 0:51:42 / 990 1:17:05 / 969 1:48:18 / 924 2:18:28 / 966 2:47:57 / 1001 3:18:54 / 1156 3:45:24 / 1243									
1279	2730	KOFIŃSKI Paweł	KRAKOW	POL	/ LUMBAGO TEAM	61M50/159	(M)121503:59:25	03:58:39	05.39
0:27:33 / 1168 0:53:27 / 1155 1:19:33 / 1151 1:51:59 / 1127 2:22:42 / 1159 2:52:23 / 1225 3:21:51 / 1264 3:46:12 / 1275									
1280	969	KALUŻA Tomasz	BYTOM	POL	/ WAT	91M20/229	(M)121603:59:25	03:58:23	05.38
0:25:23 / 769 0:48:50 / 585 1:12:52 / 570 1:44:12 / 705 2:19:29 / 1010 2:51:02 / 1185 3:23:53 / 1337 3:47:08 / 1312									
1281	142	KMIECIK Tomasz	KRAKÓW	POL		83M20/230	(M)121703:59:26	03:58:00	05.38
0:27:17 / 1123 0:52:34 / 1056 1:18:06 / 1038 1:49:42 / 998 2:21:28 / 1093 2:52:09 / 1219 3:20:43 / 1232 3:45:45 / 1259									
1282	3103	NOWAK Jakub	CZĘSTOCHOWA	POL		92M20/231	(M)121803:59:26	03:57:33	05.37
0:27:17 / 1124 0:57:17 / 1764 1:25:15 / 1745 1:59:03 / 1623 2:31:03 / 1623 3:00:04 / 1574 3:26:27 / 1448 3:47:40 / 1333									
1283	926	LENHART Vít	PREROV	SVK	/ LP/LIGA100	82M30/449	(M)121903:59:27	03:57:34	05.37
0:30:42 / 2122 0:58:07 / 1906 1:26:17 / 1977 1:59:31 / 1670 2:31:06 / 1626 2:58:54 / 1513 3:24:55 / 1373 3:47:12 / 1317									
1284	2800	DRWAŁ Marcin	DĘBLIN	POL	/ BIEGUSIEM.PL	79M30/450	(M)122003:59:29	03:58:03	05.38
0:30:11 / 1902 0:58:25 / 2023 1:26:00 / 1919 2:01:12 / 1879 2:33:07 / 1825 2:58:54 / 1514 3:25:33 / 1408 3:47:30 / 1326									
1285	689	WRÓBLEWSKI Tomasz	DZIERŻONIÓW	POL	/ BOXMET PISKORZÓW	83M20/232	(M)122103:59:29	03:57:48	05.38
0:30:22 / 1994 0:58:10 / 1948 1:25:53 / 1869 2:00:31 / 1799 2:32:18 / 1749 3:00:40 / 1630 3:26:44 / 1478 3:47:49 / 1352									
1286	1191	SMOLARZ Maciej	BIELAWA	POL	/ DRUŻYNA SZPIKU	72M40/345	(M)122203:59:30	03:58:58	05.39
0:29:07 / 1646 0:57:24 / 1775 1:25:37 / 1787 1:59:56 / 1711 2:31:41 / 1665 2:59:53 / 1561 3:26:06 / 1432 3:47:51 / 1360									
1287	302	MICHALIK Paweł	KRAKÓW	POL		79M30/451	(M)122303:59:32	03:58:06	05.38
0:28:26 / 1479 0:54:31 / 1396 1:20:33 / 1311 1:53:16 / 1277 2:25:09 / 1341 2:55:07 / 1348 3:23:54 / 1339 3:47:39 / 1331									
1288	1026	GRABOWSKI Jakub	KRAKÓW	POL		89M20/233	(M)122403:59:32	03:57:54	05.38
0:30:04 / 1842 0:58:01 / 1847 1:25:39 / 1796 1:59:52 / 1706 2:31:43 / 1670 2:59:57 / 1564 3:26:11 / 1437 3:47:40 / 1335									
1289	2674	HURKACZ Michał	ŚWIERZOWA	POL		85M20/234	(M)122503:59:34	03:58:10	05.38
0:30:04 / 1843 0:50:38 / 902 1:15:42 / 904 1:47:01 / 876 2:18:21 / 960 2:48:23 / 1017 3:18:09 / 1125 3:45:38 / 1251									
1290	516	WRONKA Michał	WARSZAWA	POL	/ ASICS POLSKA	81M30/452	(M)122603:59:35	03:58:11	05.38
0:29:12 / 1670 0:55:52 / 1570 1:22:20 / 1473 1:54:49 / 1372 2:25:34 / 1366 2:54:43 / 1326 3:23:57 / 1341 3:46:44 / 1293									
1291	2682	CEBULA Leszek	KRAKÓW	POL		75M30/453	(M)122703:59:36	03:57:18	05.37
0:29:54 / 1813 0:55:36 / 1542 1:21:15 / 1378 1:52:54 / 1180 2:22:49 / 1168 2:50:25 / 1159 3:20:15 / 1211 3:45:50 / 1264									

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
1292	1692	JAKUBIEC Radosław	DĄBROWA GÓRNICZA	POL	/---	77M30/454	(M)122803:59:36	03:59:02 05.39
0:28:38 / 1521 0:56:13 / 1613 1:24:31 / 1677 1:59:08 / 1636 2:31:18 / 1641 2:59:33 / 1547 3:25:59 / 1423 3:47:39 / 1332								
1293	3162	CZEKAJ Justyna	WARSZAWA	POL	/ ACCELERATE KLUB BIEGACZA	81K30/24	(K)65 03:59:36	03:58:26 05.39
0:29:13 / 1672 0:56:43 / 1701 1:24:18 / 1660 1:57:53 / 1555 2:28:24 / 1495 2:56:24 / 1389 3:23:14 / 1305 3:46:34 / 1287								
1294	1723	JANISZEWSKI Ireneusz	ŁÓDŹ	POL		82M30/455	(M)122903:59:37	03:58:42 05.39
0:28:18 / 1448 0:55:20 / 1500 1:22:47 / 1533 1:56:51 / 1494 2:28:49 / 1519 2:57:46 / 1461 3:25:00 / 1380 3:46:59 / 1304								
1295	3026	CZERWIŃSKI Marek	WIELICZKA	POL	/ GLOSATOR	75M30/456	(M)123003:59:37	03:58:30 05.39
0:27:41 / 1236 0:54:09 / 1303 1:20:31 / 1296 1:53:10 / 1264 2:24:02 / 1291 2:53:26 / 1274 3:22:22 / 1283 3:46:31 / 1282								
1296	1852	POTONIEC Piotr	NOWY SĄCZ	POL	/ AZS UP KRAKÓW	89M20/235	(M)123103:59:38	03:58:16 05.38
0:29:05 / 1637 0:56:09 / 1603 1:23:07 / 1560 1:56:51 / 1495 2:24:02 / 1290 2:57:46 / 1459 3:25:00 / 1381 3:46:58 / 1303								
1297	2690	WYKA Jarosław	ŚWIĄTNIKI GÓRNE	POL		79M30/457	(M)123203:59:39	03:58:38 05.39
0:28:52 / 1585 0:57:04 / 1738 1:25:41 / 1800 2:00:12 / 1735 2:32:12 / 1716 3:00:37 / 1610 3:26:42 / 1464 3:47:54 / 1372								
1298	1519	GANCARCZYK Marek	KRAKÓW	POL		80M30/458	(M)123303:59:39	03:58:45 05.39
0:28:52 / 1584 0:54:05 / 1267 1:20:22 / 1236 1:52:54 / 1184 2:22:54 / 1188 2:49:29 / 1086 3:18:17 / 1138 3:45:07 / 1235								
1299	1054	PUZIO Waldemar	DĘBICA	POL	/ MARATOŃCZYK DĘBICA	58M50/160	(M)123403:59:40	03:58:55 05.39
0:28:01 / 1350 0:54:25 / 1391 1:20:37 / 1327 1:53:46 / 1316 2:25:42 / 1372 2:55:04 / 1342 3:23:20 / 1310 3:46:52 / 1298								
1300	3102	OLENDER Grzegorz	WROCLAW	POL		78M30/459	(M)123503:59:40	03:58:06 05.38
0:30:47 / 2150 0:58:29 / 2037 1:27:07 / 2047 2:00:36 / 1818 2:31:53 / 1688 2:59:37 / 1549 3:25:37 / 1411 3:47:48 / 1344								
1301	2003	CHŁOPEK Artur	KRAKÓW	POL		75M30/460	(M)123603:59:41	03:58:50 05.39
0:30:47 / 2149 0:57:45 / 1813 1:25:43 / 1802 2:00:02 / 1718 2:32:13 / 1718 3:00:40 / 1629 3:26:45 / 1481 3:47:53 / 1370								
1302	1199	KLUS Dominik	KRAKÓW	POL	/ SABINKA TEAM	81M30/461	(M)123703:59:42	03:59:32 05.40
0:25:02 / 610 0:49:36 / 660 1:14:02 / 705 1:43:49 / 663 2:11:00 / 625 2:37:19 / 624 3:10:07 / 818 3:42:24 / 1150								
1303	906	RĘDZIA Tomasz	ŻORY	POL	/ ŻORY	74M30/462	(M)123803:59:45	03:58:09 05.38
0:25:02 / 609 0:58:07 / 1909 1:25:33 / 1776 2:56:55 / 2982 2:29:16 / 1538 2:37:19 / 623 3:23:05 / 1302 3:47:47 / 1342								
1304	2173	PŁONKA Marcin	KĘTY	POL		91M20/236	(M)123903:59:47	03:58:40 05.39
0:25:27 / 803 0:49:41 / 721 1:14:07 / 735 1:45:32 / 792 2:21:27 / 1092 2:50:20 / 1152 3:22:06 / 1273 3:46:34 / 1284								
1305	1243	MISZCZYK Arkadiusz	WARSZAWA	POL	/ STRAŻ MIEJSKA WARSZAWA	67M40/346	(M)124003:59:48	03:58:51 05.39
0:28:31 / 1495 0:55:36 / 1540 1:22:21 / 1475 1:54:38 / 1363 2:26:56 / 1421 2:55:47 / 1367 3:23:49 / 1334 3:47:04 / 1308								
1306	3394	TUMIEL Dariusz	NOWA SÓL	POL		61M50/161	(M)124103:59:48	03:59:27 05.40
0:25:16 / 720 0:49:50 / 791 1:14:53 / 823 1:46:04 / 821 2:17:07 / 898 2:46:18 / 943 3:17:32 / 1111 3:45:46 / 1260								
1307	2746	AIT OUTALEB Abdellah	CASABLANCA	MAR	/ CMCF	73M30/463	(M)124203:59:48	03:58:34 05.39
0:26:55 / 1050 0:50:55 / 918 1:15:01 / 841 1:45:22 / 777 2:17:34 / 921 2:48:00 / 1004 3:18:51 / 1155 3:45:23 / 1241								
1308	2026	CIEŚLA Bartosz	ŚWIEBODZICE	POL		93M20/237	(M)124303:59:49	03:59:25 05.40
0:24:40 / 538 0:48:20 / 522 1:12:21 / 533 1:42:02 / 526 2:10:55 / 598 2:44:43 / 882 3:13:45 / 955 3:49:38 / 1429								
1309	1482	PIKUL Michał	KRAKÓW	POL		81M30/464	(M)124403:59:49	03:58:28 05.39
0:27:40 / 1220 0:53:22 / 1145 1:19:15 / 1118 1:51:07 / 1075 2:21:29 / 1094 2:50:42 / 1171 3:21:51 / 1263 3:47:26 / 1324								
1310	575	BULIŃSKI Mateusz	SOSNOWIEC	POL		92M20/238	(M)124503:59:49	03:58:10 05.38
0:31:36 / 2269 1:00:54 / 2264 1:29:29 / 2202 2:04:30 / 2057 2:36:05 / 1967 3:03:36 / 1768 3:28:30 / 1558 3:48:25 / 1395								
1311	107	PUTON Roman	WARSZAWA	POL		59M50/162	(M)124603:59:50	03:59:16 05.40
0:26:18 / 965 0:51:28 / 971 1:17:38 / 994 1:50:03 / 1019 2:21:30 / 1096 2:50:52 / 1177 3:19:27 / 1174 3:47:08 / 1313								
1312	1362	CZAJA Dariusz	ŁOWICZ	POL		69M40/347	(M)124703:59:50	03:58:43 05.39
0:27:31 / 1158 0:53:18 / 1138 1:19:48 / 1177 1:52:42 / 1169 2:22:55 / 1192 2:50:21 / 1155 3:20:24 / 1217 3:45:58 / 1269								
1313	2592	SKROBISZ Sebastian	ŁÓDŹ	POL		78M30/465	(M)124803:59:50	03:58:15 05.38
0:30:05 / 1853 0:58:06 / 1895 1:25:53 / 1874 2:00:29 / 1781 2:32:17 / 1741 3:00:40 / 1628 3:26:44 / 1480 3:47:51 / 1363								
1314	3058	LADRA Ryszard	KRAKÓW	POL		76M30/466	(M)124903:59:50	03:58:49 05.39
0:27:47 / 1282 0:54:15 / 1349 1:20:48 / 1346 1:53:36 / 1301 2:24:10 / 1297 2:52:49 / 1243 3:20:05 / 1206 3:44:19 / 1208								
1315	2471	OBUCHOWSKI Krzysztof	GÓLDAP	POL	/ ŁOWCY PRZYGÓD GÓLDAP	85M20/239	(M)125003:59:51	03:57:13 05.37
0:34:44 / 2723 1:04:18 / 2616 1:33:04 / 2495 2:05:37 / 2100 2:35:30 / 1932 3:02:31 / 1704 3:27:22 / 1514 3:47:50 / 1354								
1316	2263	SZCZĘŚNY Maciej	SZCZECIN	POL		81M30/467	(M)125103:59:51	03:58:45 05.39
0:28:31 / 1496 0:55:05 / 1465 1:22:14 / 1468 1:55:27 / 1413 2:28:09 / 1467 2:56:28 / 1396 3:23:54 / 1338 3:47:16 / 1319								
1317	238	MOLAĞ Mateusz	BOLECHOWICE	POL	/ MOSUR RUDAWA	76M30/468	(M)125203:59:51	03:57:29 05.37
0:32:19 / 2359 0:58:29 / 2036 1:25:52 / 1858 2:00:17 / 1746 2:31:50 / 1682 2:59:59 / 1569 3:25:18 / 1393 3:47:10 / 1316								
1318	2475	MARZEC Maciej	ZABIERZÓW BOCHEŃSKI	POL		77M30/469	(M)125303:59:52	03:58:11 05.38
0:30:18 / 1964 0:58:15 / 1980 1:25:52 / 1849 2:00:30 / 1787 2:32:16 / 1739 3:00:41 / 1633 3:26:44 / 1476 3:47:50 / 1356								
1319	1904	MARASEK Dawid	KRAKÓW	POL	/ KKM KALORYFER	77M30/470	(M)125403:59:52	03:59:08 05.40
0:27:16 / 1115 0:52:35 / 1058 1:17:50 / 1012 1:48:42 / 936 2:18:01 / 946 2:45:21 / 903 3:13:43 / 952 3:40:38 / 1089								
1320	1941	JAKUBIEC Maciej	CZELADŹ	POL		75M30/471	(M)125503:59:52	03:59:18 05.40
0:28:37 / 1518 0:56:14 / 1616 1:24:31 / 1678 1:59:08 / 1635 2:31:18 / 1642 2:59:33 / 1545 3:25:59 / 1424 3:47:36 / 1328								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
1321	509	OSAKOWICZ Mateusz	WARSZAWA		POL	80M30/472	(M)125603:59:52	03:57:56	05:38	
0:30:24 / 2003 0:57:06 / 1744 1:23:50 / 1611 1:56:04 / 1456 2:25:51 / 1385 2:53:34 / 1285 3:20:31 / 1223 3:46:11 / 1274										
1322	1163	ORAWIEC Przemysław	POZNAN		POL	89M20/240	(M)125703:59:53	03:58:19	05:38	
0:30:24 / 2004 0:56:28 / 1659 1:23:37 / 1596 1:56:48 / 1488 2:28:45 / 1514 2:57:29 / 1445 3:24:45 / 1365 3:47:45 / 1339										
1323	901	DIAZ Montse	GRANOLLERS		ESP / L' AIRE	70K40/16	(K)66 03:59:53	03:58:51	05:39	
0:28:02 / 1359 0:54:08 / 1297 1:20:26 / 1265 1:53:21 / 1285 2:25:56 / 1390 2:55:20 / 1353 3:23:31 / 1318 3:46:40 / 1292										
1324	1746	WIECZOREK Jerzy	KRZESZOWICE		POL	70M40/348	(M)125803:59:56	03:58:52	05:39	
0:27:01 / 1064 0:52:40 / 1067 1:18:53 / 1095 1:51:36 / 1098 2:22:47 / 1165 2:52:25 / 1227 3:22:06 / 1274 3:46:54 / 1299										
1325	355	GONTARD Yann	WARSZAWA		POL	68M40/349	(M)125903:59:56	03:58:32	05:39	
0:28:22 / 1466 0:54:35 / 1403 1:22:24 / 1482 1:56:21 / 1471 2:28:39 / 1507 2:57:08 / 1425 3:26:24 / 1447 3:47:50 / 1355										
1326	3176	ŁAWRYNOWICZ Michał	KRAKÓW		POL	81M30/473	(M)126003:59:56	03:58:09	05:38	
0:30:29 / 2037 0:58:05 / 1878 1:25:17 / 1748 1:59:22 / 1656 2:28:39 / 1508 2:59:21 / 1534 3:25:35 / 1409 3:47:10 / 1315										
1327	2623	LICHON Tomasz	DOBCZYCE		POL	74M30/474	(M)126103:59:56	03:59:32	05:40	
0:25:10 / 671 0:49:40 / 703 1:14:08 / 739 1:44:47 / 740 2:15:37 / 847 2:45:52 / 928 3:17:06 / 1101 3:45:45 / 1258										
1328	1246	PIOCHACZ Józef	KACZORY		POL / FABRYKA PAPIERU KACZORY	70M40/350	(M)126203:59:57	03:58:28	05:39	
0:25:10 / 670 0:58:05 / 1873 3:26:32 / 3003 1:59:50 / 1698 2:31:52 / 1684 3:00:37 / 1611 3:17:06 / 1100 3:47:48 / 1347										
1329	2270	GRZESIAK Jan	DABROWA SZLACHECKA		POL	88M20/241	(M)126303:59:58	03:58:56	05:39	
0:27:42 / 1239 0:53:28 / 1163 1:18:54 / 1098 1:50:49 / 1052 2:20:41 / 1064 2:49:25 / 1076 3:13:50 / 975 3:35:58 / 964										
1330	292	KRZYŻAŃSKI Roman	KOŚCIAN		POL / KB KOŚCIAN	59M50/163	(M)126403:59:58	03:58:40	05:39	
0:27:42 / 1238 0:54:18 / 1364 1:20:45 / 1339 1:53:53 / 1327 2:28:16 / 1476 2:56:55 / 1414 3:24:24 / 1354 3:47:50 / 1358										
1331	2394	KRUKOWSKI Grzegorz	CZERMIN		POL / ZABIEGANI MIELEC	70M40/351	(M)126503:59:59	03:58:41	05:39	
0:28:48 / 1570 0:55:23 / 1511 1:22:13 / 1463 1:55:06 / 1389 2:28:16 / 1477 2:55:38 / 1362 3:23:46 / 1333 3:47:06 / 1311										
1332	2243	KORDECKI Łukasz	BRZESKO		POL	78M30/475	(M)126603:59:59	03:58:00	05:38	
0:31:38 / 2274 0:58:56 / 2138 1:25:53 / 1864 1:59:19 / 1651 2:31:09 / 1627 3:00:06 / 1576 3:26:43 / 1474 3:47:51 / 1362										
1333	1568	KLAMRA Tomasz	OLSZTYN		POL / AKM OLIMP OLSZTYN	68M40/352	(M)126704:00:00	03:59:43	05:40	
0:24:59 / 599 0:49:24 / 627 1:13:24 / 606 1:42:23 / 543 2:10:24 / 564 2:39:59 / 734 3:20:17 / 1215 3:47:32 / 1327										
1334	2192	PEZDA Grzegorz	WROCLAW		POL	82M30/476	(M)126804:00:00	03:58:35	05:39	
0:28:39 / 1529 0:56:20 / 1637 1:25:31 / 1774 1:59:52 / 1709 2:31:30 / 1649 3:00:35 / 1605 3:26:42 / 1462 3:47:52 / 1367										
1335	1555	KORNAGA Andrzej	KATOWICE		POL / SOLIDARNOŚĆ KWK WUJEK	59M50/164	(M)126904:00:00	03:58:39	05:39	
0:30:04 / 1839 0:58:04 / 1859 1:25:47 / 1808 2:00:29 / 1770 2:32:13 / 1725 3:00:39 / 1617 3:26:43 / 1470 3:47:49 / 1353										
1336	3466	DRUŻYŁOWSKI Marek	WROCLAW		POL / AKADEMIA MUZYCZNA WROCLAW	91M20/242	(M)127004:00:00	03:59:42	05:40	
0:25:05 / 627 0:49:36 / 658 1:13:56 / 660 1:43:40 / 641 2:12:49 / 726 2:43:20 / 845 3:13:50 / 968 3:44:42 / 1225										
1337	2967	SZWAJ Mariusz	WLODAWA		POL	68M40/353	(M)127104:00:01	03:58:34	05:39	
0:25:05 / 626 0:58:04 / 1865 1:25:58 / 1903 2:00:41 / 1831 2:32:19 / 1754 3:00:39 / 1622 3:26:42 / 1465 3:47:49 / 1349										
1338	2214	STAWSKI Dariusz	ŁÓDŹ		POL / KB ARTURÓWEK ŁÓDŹ	57M50/165	(M)127204:00:01	03:58:37	05:39	
0:30:04 / 1844 0:58:02 / 1851 1:25:50 / 1828 2:00:28 / 1767 2:32:13 / 1720 3:00:39 / 1621 3:26:43 / 1472 3:47:48 / 1346										
1339	2317	JANUSZEWSKI Wiesław	ŁOMZA		POL	61M50/166	(M)127304:00:01	03:58:49	05:39	
0:29:37 / 1760 0:57:36 / 1796 1:25:47 / 1816 2:00:18 / 1747 2:32:00 / 1700 3:00:23 / 1594 3:26:37 / 1453 3:47:55 / 1374										
1340	1731	CZERNECKI Marek	ŁUKÓW		POL	54M50/167	(M)127404:00:03	03:58:25	05:39	
0:30:25 / 2009 0:58:08 / 1923 1:25:32 / 1775 1:59:03 / 1624 2:30:21 / 1589 2:59:22 / 1536 3:25:38 / 1413 3:47:40 / 1334										
1341	3407	WILLICOTT Anne-marie	GLOUCESTER		GBR	68K40/17	(K)67 04:00:03	03:58:17	05:38	
0:29:33 / 1744 0:56:42 / 1690 1:23:58 / 1645 1:57:10 / 1505 2:28:29 / 1502 2:57:54 / 1470 3:25:08 / 1388 3:47:47 / 1343										
1342	3408	WILLICOTT Mark	GLOUCESTER		GBR / ALMOST ATHLETES	68M40/354	(M)127504:00:04	03:58:19	05:38	
0:29:33 / 1741 0:56:41 / 1689 1:23:58 / 1643 1:57:20 / 1520 2:28:29 / 1501 2:57:53 / 1469 3:25:08 / 1387 3:47:45 / 1340										
1343	2433	KROTOWSKI Grzegorz	USTKA		POL / "TUPOT" USTKA	66M40/355	(M)127604:00:09	03:59:55	05:41	
0:24:41 / 542 0:49:19 / 618 1:14:57 / 832 1:48:04 / 920 2:20:23 / 1050 2:51:06 / 1189 3:22:05 / 1271 3:46:34 / 1285										
1344	432	SZYMCZAK Maciej	GORZÓW WLKP.		POL	79M30/477	(M)127704:00:12	03:59:17	05:40	
0:29:14 / 1676 0:56:41 / 1685 1:24:14 / 1656 1:58:03 / 1570 2:30:06 / 1575 2:59:16 / 1528 3:25:57 / 1421 3:47:51 / 1361										
1345	372	KACZMARCZYK Łukasz	CHORZÓW		POL / TOROS DE ESPANA	78M30/478	(M)127804:00:13	03:59:53	05:41	
0:25:11 / 681 0:49:42 / 730 1:14:48 / 820 1:46:26 / 842 2:17:41 / 928 2:45:56 / 931 3:15:42 / 1053 3:45:52 / 1267										
1346	397	CHUDZICKI Piotr	BYDGOSZCZ		POL / NIEZRZESZONY	63M40/356	(M)127904:00:15	03:59:29	05:40	
0:27:40 / 1219 0:54:12 / 1329 1:20:35 / 1317 1:53:11 / 1265 2:23:30 / 1255 2:50:52 / 1176 3:16:57 / 1097 3:44:41 / 1224										
1347	1187	KRZESZOWSKI Kamil	NOWY SĄCZ		POL / NIEMALETKO	89M20/243	(M)128004:00:17	03:59:38	05:40	
0:25:45 / 886 0:51:10 / 944 1:17:19 / 978 1:49:53 / 1013 2:20:45 / 1069 2:49:46 / 1117 3:24:09 / 1346 3:47:59 / 1376										
1348	651	HRECZAŃSKI Paweł	BLACHOWNIA		POL	67M40/357	(M)128104:00:18	03:58:30	05:39	
0:33:43 / 2613 1:02:46 / 2483 1:30:51 / 2263 2:04:43 / 2067 2:35:41 / 1946 3:03:44 / 1777 3:28:08 / 1542 3:48:24 / 1394										
1349	3304	NOWAK Michał	KRAKÓW		POL	90M20/244	(M)128204:00:21	03:58:24	05:38	
0:25:43 / 877 0:49:52 / 805 1:15:07 / 858 1:47:11 / 887 2:17:29 / 918 2:48:39 / 1032 3:18:39 / 1149 3:44:39 / 1221										

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
1350	1745	REKAWEK Artur	GARWOLIN	POL		71M40/358	(M)1283	04:00:22	03:58:54	05:39	
0:29:23 / 1703 0:56:17 / 1629 1:22:45 / 1528 1:55:22 / 1407 2:26:31 / 1406 2:56:16 / 1382 3:25:19 / 1394 3:47:51 / 1359											
1351	939	MIGDAŁ Rafał	LUBOŃ	POL		73M30/479	(M)1284	04:00:26	03:59:20	05:40	
0:29:43 / 1780 0:57:19 / 1768 1:24:41 / 1703 1:57:57 / 1558 2:28:14 / 1473 2:57:41 / 1456 3:25:27 / 1403 3:48:42 / 1401											
1352	63	GAWRON Tomasz	KONSTANCIN-JEZIORNA	POL		58M50/168	(M)1285	04:00:27	03:59:28	05:40	
0:29:51 / 1807 0:57:59 / 1833 1:26:05 / 1944 2:00:32 / 1802 2:32:25 / 1779 3:00:37 / 1612 3:26:55 / 1486 3:48:15 / 1387											
1353	1267	KARDOL Hans	'S-GRAVENHAGE	NED		72M40/359	(M)1286	04:00:27	03:59:16	05:40	
0:25:36 / 846 0:50:00 / 830 1:14:14 / 761 1:44:02 / 693 2:13:40 / 767 2:42:35 / 821 3:13:22 / 934 3:44:28 / 1217											
1354	1792	ZAGÓRSKI Jerzy	JEDLICZE	POL	/ RADOŚĆ	87M20/245	(M)1287	04:00:28	03:59:59	05:41	
0:25:22 / 761 0:49:53 / 808 1:14:15 / 765 1:44:34 / 730 2:13:47 / 773 2:42:01 / 796 3:18:09 / 1122 3:49:19 / 1420											
1355	810	WOJEWÓDZKA Sylwia	PŁOCK	POL		75K30/25	(K)68	04:00:30	03:59:18	05:40	
0:27:57 / 1332 0:54:09 / 1306 1:20:29 / 1282 1:53:07 / 1257 2:25:27 / 1361 2:55:01 / 1341 3:23:57 / 1340 3:47:03 / 1307											
1356	3333	JANUSZEK Leon	BOURGOIN JALLIEU	FRA		62M50/169	(M)1288	04:00:31	04:00:19	05:41	
0:24:11 / 461 0:48:37 / 559 1:13:28 / 614 1:45:04 / 759 2:20:31 / 1056 2:56:02 / 1378 3:25:25 / 1400 3:48:24 / 1393											
1357	2545	KOLASSA Ryszard	SKÓRCZ	POL	/ NIEZRZESZONY	61M50/170	(M)1289	04:00:31	03:59:07	05:40	
0:29:55 / 1817 0:57:41 / 1808 1:25:29 / 1769 2:00:12 / 1733 2:31:31 / 1651 2:59:38 / 1552 3:26:39 / 1456 3:47:52 / 1366											
1358	2117	WOJTAN Robert	ZĄBKI	POL	/ PKO BP	71M40/360	(M)1290	04:00:32	03:58:55	05:39	
0:30:17 / 1960 0:58:11 / 1955 1:25:53 / 1875 2:00:20 / 1749 2:32:07 / 1708 3:00:37 / 1609 3:26:38 / 1454 3:48:05 / 1379											
1359	300	KASPRZAK Marek	GDYNIA	POL	/ OZMW W GDYNI	85M20/246	(M)1291	04:00:32	03:59:51	05:41	
0:27:38 / 1204 0:54:05 / 1263 1:20:20 / 1226 1:53:09 / 1262 2:32:07 / 1707 2:52:18 / 1220 3:22:39 / 1290 3:47:49 / 1351											
1360	3073	PAWLIKOWSKI Jacek	KRAKÓW	POL	/ PRZEWODNIK KRAKOWSKI KLUB KULTURY FIZYC	68M40/361	(M)1292	04:00:34	03:59:22	05:40	
0:28:30 / 1493 0:54:23 / 1387 1:21:36 / 1417 1:55:51 / 1443 2:27:40 / 1455 2:57:01 / 1419 3:24:33 / 1359 3:47:55 / 1373											
1361	3350	BARAN Beata	KRAKÓW	POL	/ FESTIWAL BIEGOWY KRYNICA	67K40/18	(K)69	04:00:34	03:59:25	05:40	
0:28:29 / 1489 0:54:24 / 1389 1:21:34 / 1412 1:55:51 / 1441 2:29:39 / 1555 2:58:45 / 1501 3:26:10 / 1434 3:47:53 / 1371											
1362	1648	SZCZERZEK Zbigniew	ZABRZE	POL		55M50/171	(M)1293	04:00:36	03:59:41	05:40	
0:27:37 / 1190 0:54:03 / 1246 1:20:28 / 1279 1:53:03 / 1242 2:24:27 / 1304 2:53:57 / 1300 3:23:22 / 1311 3:47:37 / 1329											
1363	1348	ŁUGOWSKI Igor	LUBIN	POL	/ KORZENIE-PIEŃSK	73M30/480	(M)1294	04:00:36	03:59:12	05:40	
0:29:58 / 1825 0:58:00 / 1841 1:25:47 / 1810 2:00:27 / 1763 2:32:16 / 1737 3:00:33 / 1603 3:26:45 / 1482 3:47:57 / 1375											
1364	767	SZYMCZYK Bartłomiej	LONDON, UK	POL		77M30/481	(M)1295	04:00:37	03:59:13	05:40	
0:29:58 / 1824 0:57:57 / 1830 1:25:26 / 1765 1:59:12 / 1641 2:30:01 / 1569 2:57:38 / 1451 3:24:23 / 1353 3:48:39 / 1400											
1365	2571	BRODZIAK Hanna	PUDLISZKI	POL		74K30/26	(K)70	04:00:38	03:59:15	05:40	
0:29:25 / 1714 0:57:05 / 1739 1:25:14 / 1741 1:59:27 / 1664 2:31:15 / 1635 3:00:07 / 1577 3:26:40 / 1459 3:48:09 / 1383											
1366	2076	JANAS Dariusz	DĄBROWA GÓRNICZA	POL		74M30/482	(M)1296	04:00:40	03:59:37	05:40	
0:28:37 / 1520 0:55:52 / 1567 1:22:41 / 1518 1:55:23 / 1408 2:25:50 / 1382 2:53:41 / 1289 3:20:56 / 1239 3:47:05 / 1309											
1367	1937	PAROBCZY Ryszard	SIECHNICE	POL		66M40/362	(M)1297	04:00:41	03:59:56	05:41	
0:27:37 / 1189 0:53:45 / 1204 1:20:20 / 1222 1:52:54 / 1182 2:22:55 / 1196 2:50:22 / 1156 3:21:32 / 1256 3:45:42 / 1254											
1368	2778	KANIA Zbigniew	KRAKÓW	POL		68M40/363	(M)1298	04:00:41	03:59:22	05:40	
0:28:42 / 1545 0:55:43 / 1553 1:23:31 / 1587 1:57:29 / 1530 2:29:27 / 1545 2:58:56 / 1515 3:27:02 / 1496 3:49:23 / 1423											
1369	2202	PETZA Maciej	POZNAŃ	POL		66M40/364	(M)1299	04:00:41	03:58:33	05:39	
0:30:16 / 1958 0:58:12 / 1961 1:25:34 / 1779 1:59:27 / 1663 2:30:57 / 1616 2:58:12 / 1483 3:23:40 / 1326 3:47:23 / 1322											
1370	929	WOJDAŁA Agnieszka	ZIELONKI	POL	/ SHELL SBSC KRAKÓW	81K30/27	(K)71	04:00:42	04:00:04	05:41	
0:28:12 / 1422 0:55:43 / 1554 1:23:31 / 1585 1:57:29 / 1532 2:29:28 / 1546 2:58:59 / 1517 3:27:01 / 1495 3:49:23 / 1424											
1371	2618	SZOCIŃSKI-KLEIN Marek	LUBLIN	POL		76M30/483	(M)1300	04:00:42	03:57:59	05:38	
0:36:22 / 2967 1:03:40 / 2572 1:31:15 / 2295 2:05:17 / 2088 2:36:36 / 1985 3:05:10 / 1832 3:29:52 / 1607 3:50:27 / 1446											
1372	1071	WLAZLOWSKI Radosław	GDAŃSK	POL		80M30/484	(M)1301	04:00:43	03:59:13	05:40	
0:30:17 / 1961 0:58:11 / 1956 1:26:02 / 1930 2:00:43 / 1838 2:32:22 / 1766 3:00:41 / 1636 3:26:51 / 1484 3:48:43 / 1403											
1373	3436	ZALISKO Oksana	LVIV	UKR	/ LVIVSKA POLITECHNIKA	56K50/6	(K)72	04:00:44	03:59:15	05:40	
0:29:54 / 1811 0:57:44 / 1812 1:25:30 / 1771 2:00:13 / 1739 2:32:38 / 1794 3:01:55 / 1683 3:28:06 / 1541 3:49:17 / 1417											
1374	1863	ODOLCZYK Roman	WARSZAWA	POL		61M50/172	(M)1302	04:00:47	03:59:02	05:39	
0:28:21 / 1464 0:53:56 / 1219 1:18:50 / 1091 1:49:28 / 981 2:19:37 / 1014 2:51:25 / 1201 3:23:43 / 1330 3:47:14 / 1318											
1375	3100	PIETRZYK Tomasz	KRAKÓW	POL		69M40/365	(M)1303	04:00:48	03:58:45	05:39	
0:30:52 / 2171 0:58:33 / 2062 1:26:03 / 1933 2:00:38 / 1823 2:32:24 / 1774 3:00:52 / 1646 3:27:01 / 1493 3:48:31 / 1396											
1376	2989	CIEPIELA Dariusz	CZELADŹ	POL		72M40/366	(M)1304	04:00:51	04:00:08	05:41	
0:27:57 / 1334 0:54:19 / 1368 1:21:26 / 1399 1:53:52 / 1325 2:26:58 / 1424 2:54:52 / 1337 3:23:45 / 1331 3:48:19 / 1390											
1377	812	WASILEWSKI Paweł	JAROTY	POL	/ WSOWL WROCLAW	72M40/367	(M)1305	04:00:54	03:59:13	05:40	
0:29:38 / 1761 0:57:14 / 1759 1:25:21 / 1755 1:59:19 / 1650 2:30:46 / 1599 2:59:27 / 1539 3:25:51 / 1418 3:47:44 / 1338											

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
1378	3440	SZYMAŃSKI Krzysztof	GDAŃSK	POL	/ EX SIEDLCE GDAŃSK	63M40/368	(M)1306 04:00:56	03:59:05 05.39
0:28:55 / 1593 0:55:36 / 1541 1:22:45 / 1525 1:55:37 / 1429 2:26:28 / 1402 2:55:34 / 1360 3:23:46 / 1332 3:48:16 / 1388								
1379	1542	HUBCZAK Wojciech	ŻYWIEC	POL	/ ARTECH FORKLIFT	72M40/369	(M)1307 04:00:57	04:00:13 05.41
0:27:11 / 1096 0:53:14 / 1131 1:19:40 / 1167 1:52:11 / 1138 2:23:01 / 1222 2:52:48 / 1241 3:23:33 / 1322 3:48:08 / 1382								
1380	886	SOBIERAJ Aleksander	OPOLE	POL	/ BIEG OPOLSKI	79M30/485	(M)1308 04:00:58	04:00:39 05.42
0:26:49 / 1036 0:52:46 / 1078 1:18:16 / 1052 1:49:23 / 978 2:21:39 / 1111 2:51:15 / 1194 3:22:02 / 1268 3:47:27 / 1325								
1381	2835	HOSZOWSKI Mariusz	WIERZBNA	POL	/ X-TRI MULTISPORT TEAM	72M40/370	(M)1309 04:01:00	04:00:02 05.41
0:26:49 / 1037 0:55:34 / 1529 1:22:44 / 1524 1:57:42 / 1548 2:28:19 / 1481 2:55:52 / 1371 3:24:17 / 1349 3:49:48 / 1435								
1382	3406	WOŹNIAK Marek	KRAKÓW	POL		77M30/486	(M)1310 04:01:01	03:59:37 05.40
0:28:21 / 1462 0:54:00 / 1235 1:19:40 / 1169 1:51:10 / 1078 2:21:21 / 1089 2:50:14 / 1147 3:22:24 / 1284 3:47:43 / 1337								
1383	2947	GAJEK Marcin	ŁÓDŹ	POL		81M30/487	(M)1311 04:01:08	04:00:42 05.42
0:25:41 / 866 0:50:18 / 868 1:15:43 / 906 1:47:40 / 906 2:19:07 / 994 2:51:04 / 1186 3:20:22 / 1216 3:47:06 / 1310								
1384	1715	BARAŃSKA Olga	CZĘSTOCHOWA	POL	/ ZABIEGANI CZĘSTOCHOWA	74K30/28	(K)73 04:01:11	04:00:04 05.41
0:28:14 / 1432 0:55:03 / 1455 1:22:23 / 1479 1:55:58 / 1450 2:27:52 / 1459 2:56:55 / 1413 3:25:28 / 1404 3:48:01 / 1377								
1385	2367	GAJOS Daniel	KRAKÓW	POL		78M30/488	(M)1312 04:01:12	03:59:13 05.40
0:30:51 / 2162 0:58:38 / 2090 1:26:38 / 2007 2:00:38 / 1821 2:32:26 / 1780 3:00:08 / 1578 3:26:42 / 1466 3:48:09 / 1384								
1386	2240	ANTKIEWICZ Janusz	KRAKÓW	POL	/ AZS AWF KRAKÓW MASTERS	64M40/371	(M)1313 04:01:13	04:01:06 05.42
0:27:53 / 1314 0:55:52 / 1566 1:23:54 / 1622 1:58:22 / 1586 2:30:22 / 1590 2:58:54 / 1512 3:25:21 / 1397 3:47:51 / 1364								
1387	2348	NOWICKI Tomasz	KRAKÓW	POL	/ ŁOŻA SZYDERCOOF	83M20/247	(M)1314 04:01:14	04:00:02 05.41
0:29:02 / 1619 0:56:28 / 1657 1:23:56 / 1631 1:57:21 / 1521 2:28:31 / 1505 2:56:39 / 1402 3:24:22 / 1351 3:47:53 / 1368								
1388	396	KUBSZ Arkadiusz	WROCLAW	POL		74M30/489	(M)1315 04:01:17	04:00:24 05.41
0:27:46 / 1269 0:54:09 / 1310 1:20:33 / 1313 1:53:09 / 1263 2:23:49 / 1276 2:52:40 / 1234 3:23:04 / 1300 3:48:12 / 1386								
1389	532	AUGUSTYN Krzysztof	KOLBUSZOWA	POL	/ NZ	71M40/372	(M)1316 04:01:18	03:59:31 05.40
0:30:06 / 1862 0:58:01 / 1842 1:25:04 / 1720 1:58:29 / 1592 2:29:21 / 1542 2:56:23 / 1387 3:22:37 / 1289 3:46:13 / 1276								
1390	295	DREKSLER Szymon	BRZEG	POL	/ UGKS ODRĄ BRZEG	53M50/173	(M)1317 04:01:20	04:00:25 05.41
0:27:46 / 1272 0:52:42 / 1069 1:17:48 / 1010 1:49:07 / 955 2:19:38 / 1017 2:49:00 / 1048 3:19:30 / 1178 3:46:23 / 1281								
1391	156	BOUGHERARI Valerie	CARNOULES	FRA	/ CA PUGET	67K40/19	(K)74 04:01:21	03:59:49 05.41
0:29:29 / 1728 0:56:39 / 1680 1:23:53 / 1615 1:56:38 / 1479 2:28:31 / 1504 2:58:17 / 1487 3:26:43 / 1475 3:48:36 / 1398								
1392	3086	BAK Jarosław	KRAKÓW	POL		76M30/490	(M)1318 04:01:32	04:00:40 05.42
0:27:57 / 1333 0:54:13 / 1340 1:20:49 / 1349 1:53:43 / 1309 2:25:49 / 1379 2:56:50 / 1409 3:25:05 / 1384 3:49:07 / 1409								
1393	3175	KRUK Bartosz	LIPKI	POL		88M20/248	(M)1319 04:01:32	03:59:40 05.40
0:30:56 / 2181 0:58:36 / 2083 1:25:49 / 1822 1:59:22 / 1655 2:30:58 / 1617 2:58:44 / 1500 3:27:51 / 1530 3:50:50 / 1460								
1394	389	KOŚCIAŃSKI Nestor	WROCLAW	POL	/ KB VAMOS AMIGOS WROCLAW	71M40/373	(M)1320 04:01:33	03:59:40 05.40
0:30:14 / 1931 0:58:06 / 1892 1:25:54 / 1881 2:00:22 / 1752 2:32:15 / 1730 3:00:39 / 1624 3:26:43 / 1468 3:49:13 / 1415								
1395	2692	KAREWICZ Katarzyna	WARSZAWA	POL		73K30/29	(K)75 04:01:34	04:00:26 05.41
0:28:46 / 1557 0:56:24 / 1643 1:24:34 / 1692 1:59:07 / 1632 2:31:57 / 1695 3:00:53 / 1647 3:27:21 / 1512 3:49:11 / 1410								
1396	1772	STĘPIEN Tomasz	KIELCE	POL		76M30/491	(M)1321 04:01:38	04:00:10 05.41
0:29:59 / 1829 0:58:03 / 1856 1:25:58 / 1905 2:00:41 / 1833 2:32:25 / 1776 3:00:47 / 1643 3:27:14 / 1506 3:49:46 / 1434								
1397	2342	FIDEREK Kamila	TOMASZÓW MAZ.	POL		79K30/30	(K)76 04:01:38	04:01:09 05.42
0:25:09 / 663 0:49:43 / 737 1:15:35 / 895 1:48:52 / 942 2:24:28 / 1305 2:54:49 / 1333 3:24:10 / 1348 3:49:12 / 1413								
1398	3166	KALISZEWSKI Tomasz	SZCZECIN	POL		62M50/174	(M)1322 04:01:39	04:00:07 05.41
0:30:12 / 1911 0:56:51 / 1725 1:23:23 / 1575 1:55:52 / 1444 2:26:50 / 1419 2:55:23 / 1354 3:24:22 / 1352 3:47:50 / 1357								
1399	1354	KORPACZ Wojciech	WARSZAWA	POL		65M40/374	(M)1323 04:01:49	03:59:46 05.40
0:30:42 / 2120 0:58:41 / 2101 1:27:39 / 2087 2:01:20 / 1899 2:34:58 / 1903 3:03:20 / 1752 3:30:05 / 1613 3:50:27 / 1445								
1400	210	ALEXANDER Simon	ŽILINA	SVK	/ DS ŽILINA	47M60/36	(M)1324 04:01:50	04:01:40 05.43
0:25:52 / 900 0:52:12 / 1030 1:20:15 / 1211 1:54:01 / 1338 2:26:39 / 1413 2:54:44 / 1327 3:24:03 / 1343 3:47:52 / 1365								
1401	2400	WIKTOROWICZ Paweł	OPOCZNO	POL	/ WKB META LUBLINIEC	71M40/375	(M)1325 04:01:54	04:01:39 05.43
0:23:40 / 394 0:47:12 / 438 1:10:56 / 460 1:40:32 / 453 2:10:00 / 548 2:40:13 / 740 3:15:58 / 1060 3:46:36 / 1289								
1402	2906	FARON Dawid	KRAKÓW	POL	/ SHOWDOWN	87M20/249	(M)1326 04:01:56	04:01:00 05.42
0:27:47 / 1281 0:54:09 / 1302 1:20:31 / 1298 1:53:19 / 1284 2:23:47 / 1275 2:51:42 / 1208 3:21:31 / 1255 3:49:18 / 1418								
1403	230	MLOST Tomasz	WADOWICE	POL	/ ENDORFINY WADOWICE	85M20/250	(M)1327 04:01:58	04:01:00 05.42
0:28:05 / 1380 0:54:23 / 1385 1:21:44 / 1425 1:55:40 / 1434 2:28:16 / 1475 2:58:33 / 1493 3:26:32 / 1450 3:48:45 / 1404								
1404	2751	HAMMOUCH Hassan	CASABLANCA	MAR	/ CMCF	60M50/175	(M)1328 04:01:58	04:01:19 05.43
0:27:48 / 1288 0:53:47 / 1206 1:20:31 / 1295 1:53:17 / 1280 2:26:34 / 1407 2:56:58 / 1415 3:25:41 / 1414 3:49:11 / 1411								
1405	2593	KADZIELA Rafał	LIDZBARK WARMIŃSKI	POL	/ JW 3411	75M30/492	(M)1329 04:02:01	04:01:45 05.43
0:24:18 / 477 0:48:43 / 570 1:14:07 / 733 1:46:59 / 874 2:20:03 / 1032 2:49:38 / 1115 3:22:10 / 1276 3:48:43 / 1402								
1406	1250	NEPKO Gabriel	KOŠICE	SVK	/ O5 BK FURČA KOŠICE	56M50/176	(M)1330 04:02:02	04:01:46 05.43
0:27:17 / 1126 0:54:15 / 1346 1:21:28 / 1406 1:55:05 / 1388 2:26:25 / 1399 2:55:13 / 1350 3:23:38 / 1324 3:47:19 / 1320								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
1407	3040	HABDAS Paweł	BIELSKO-BIAŁA	POL		75M30/493	(M)133104:02:04	04:00:20 05.41
0:27:17 / 1127 0:58:08 / 1929 1:25:59 / 1911 2:00:35 / 1815 2:32:15 / 1732 3:00:38 / 1615 3:26:58 / 1489 3:48:38 / 1399								
1408	2262	MRÓZ Maciej	WŁODAWA	POL		92M20/251	(M)133204:02:06	04:01:01 05.42
0:27:54 / 1315 0:54:21 / 1378 1:20:26 / 1267 1:52:37 / 1165 2:22:39 / 1156 2:54:50 / 1335 3:25:16 / 1392 3:48:19 / 1391								
1409	346	POLAK Maciej	SOPOT	POL		79M30/494	(M)133304:02:07	04:00:23 05.41
0:30:15 / 1938 0:57:06 / 1742 1:23:48 / 1607 1:57:32 / 1535 2:30:40 / 1597 2:59:02 / 1519 3:26:44 / 1477 3:49:00 / 1408								
1410	1577	CHOBOT Krzysztof	CZĘSTOCHOWA	POL	/ CKM WŁÓKNIARZ	78M30/495	(M)133404:02:12	04:00:39 05.42
0:30:30 / 2048 0:58:47 / 2116 1:26:48 / 2019 2:01:34 / 1910 2:33:04 / 1820 3:01:43 / 1674 3:27:51 / 1531 3:49:48 / 1436								
1411	920	HABIAK Piotr	TYCHY	POL	/ ATH	83M20/252	Niep/6 (M)133504:02:15	04:02:02 05.44
0:23:15 / 292 0:49:04 / 600 1:15:56 / 915 1:49:47 / 1004 2:24:01 / 1289 2:54:17 / 1312 3:22:44 / 1291 3:47:49 / 1348								
1412	2510	BOGUSZ Lilia	WARSZAWA	POL		76K30/31	(K)77 04:02:18	04:00:56 05.42
0:29:00 / 1614 0:56:25 / 1645 1:23:46 / 1604 1:57:13 / 1508 2:28:22 / 1484 2:56:24 / 1388 3:23:30 / 1316 3:47:46 / 1341								
1413	2377	KOZIK Rafał	KRAKÓW	POL		81M30/496	(M)133604:02:22	04:00:29 05.41
0:30:41 / 2116 0:58:22 / 2009 1:25:56 / 1890 2:01:00 / 1863 2:32:21 / 1760 3:00:40 / 1626 3:27:45 / 1527 3:50:45 / 1458								
1414	2655	MRUGAŁA Wojciech	WARSZAWA	POL		87M20/253	(M)133704:02:27	04:00:52 05.42
0:28:14 / 1435 0:54:39 / 1407 1:20:52 / 1355 1:53:44 / 1314 2:27:36 / 1451 2:56:52 / 1411 3:26:35 / 1452 3:51:05 / 1471								
1415	2633	LIPINSKI Paweł	KOZIEGŁOWY	POL		71M40/376	(M)133804:02:27	04:01:11 05.42
0:27:02 / 1069 0:52:45 / 1076 1:18:48 / 1089 1:51:11 / 1080 2:23:19 / 1240 2:53:19 / 1271 3:22:52 / 1297 3:48:50 / 1405								
1416	2340	RYBIŃSKI Andrzej	TOMASZÓW MAZ.	POL		70M40/377	(M)133904:02:29	04:02:00 05.44
0:25:09 / 665 0:49:40 / 697 1:14:22 / 779 1:48:30 / 931 2:24:28 / 1306 2:54:49 / 1334 3:24:10 / 1347 3:49:12 / 1412								
1417	2909	WOJNOWSKI Sebastian	KRAKOW	POL		75M30/497	(M)134004:02:29	04:00:54 05.42
0:30:12 / 1913 0:58:08 / 1922 1:25:52 / 1854 2:00:01 / 1715 2:31:58 / 1696 3:01:25 / 1667 3:28:51 / 1574 3:50:40 / 1455								
1418	3158	URBAN Wiktor	SZEBNIE	POL	/ KKB MOSIR KROSNO	73M30/498	(M)134104:02:31	04:00:36 05.42
0:30:45 / 2138 0:58:34 / 2070 1:26:37 / 2004 2:00:49 / 1851 2:31:34 / 1657 2:59:40 / 1555 3:26:56 / 1487 3:49:36 / 1428								
1419	215	MIZIOLEK Zygmunt	STRZEGOM	POL		69M40/378	(M)134204:02:46	04:02:26 05.44
0:25:08 / 655 0:49:42 / 727 1:14:13 / 755 1:46:47 / 862 2:18:32 / 968 2:48:23 / 1019 3:20:25 / 1218 3:46:57 / 1300								
1420	3127	PASTERCZYK Dariusz	JEDLICZE	POL	/ KKB MOSIR KROSNO	73M30/499	(M)134304:02:46	04:00:51 05.42
0:30:45 / 2136 0:58:35 / 2073 1:26:37 / 2003 2:00:49 / 1850 2:31:34 / 1656 2:59:40 / 1554 3:26:57 / 1488 3:49:36 / 1427								
1421	113	KUCZARA Robert	KRZESZOWICE	POL		79M30/500	(M)134404:02:54	04:02:19 05.44
0:25:54 / 904 0:51:18 / 952 1:17:15 / 977 1:49:40 / 995 2:22:15 / 1136 2:52:23 / 1223 3:22:06 / 1272 3:48:05 / 1380								
1422	2066	DĘBSKA Agnieszka	POZNAŃ	POL		84K20/19	(K)78 04:02:54	04:01:36 05.43
0:29:37 / 1756 0:57:31 / 1787 1:26:13 / 1965 2:01:17 / 1892 2:33:46 / 1851 3:02:45 / 1716 3:29:33 / 1596 3:51:06 / 1473								
1423	2992	WIDZ Stanisław	NISKO	POL	/ JW 3538	69M40/379	(M)134504:02:54	04:01:10 05.42
0:30:11 / 1910 0:58:08 / 1921 1:25:51 / 1835 2:00:30 / 1789 2:32:21 / 1761 3:00:29 / 1599 3:27:13 / 1504 3:50:04 / 1438								
1424	1990	OKTABSKI Wiesław	KRAKÓW	POL	/ AZS AWF KRAKÓW MASTERS	66M40/380	(M)134604:02:57	04:02:29 05.44
0:25:18 / 740 0:49:47 / 775 1:14:31 / 789 1:45:54 / 812 2:17:49 / 938 2:48:53 / 1043 3:20:46 / 1234 3:48:19 / 1392								
1425	2337	PRZYGODZKI Jakub	KRAKÓW	POL	/ AKADEMIA MARYNARKI WOJENNEJ	91M20/254	(M)134704:02:57	04:02:07 05.44
0:25:23 / 773 0:49:25 / 630 1:12:57 / 578 1:46:27 / 844 2:18:29 / 967 2:49:29 / 1088 3:22:28 / 1285 3:49:44 / 1433								
1426	1825	MATŁĄG Michał	POZNAŃ	POL		75M30/501	(M)134804:02:57	04:01:22 05.43
0:29:37 / 1757 0:57:31 / 1789 1:26:14 / 1968 2:01:18 / 1894 2:33:47 / 1854 3:02:45 / 1718 3:29:34 / 1597 3:51:07 / 1474								
1427	1761	BORTNOWSKI Marek	GDAŃSK	POL	/ VOLKSWAGEN PLICHTA	83M20/255	(M)134904:03:08	04:01:26 05.43
0:30:37 / 2094 0:58:15 / 1978 1:25:52 / 1850 2:00:23 / 1755 2:33:47 / 1853 3:02:49 / 1722 3:30:10 / 1615 3:51:42 / 1490								
1428	2646	DZIOBA Michał	SOPOT	POL	/ TRISOPOT	73M30/502	(M)135004:03:11	04:03:00 05.45
0:24:56 / 594 0:49:28 / 633 1:14:26 / 783 1:46:32 / 850 2:17:42 / 930 2:49:18 / 1066 3:23:31 / 1320 3:48:51 / 1406								
1429	624	RYDECKI Paweł	BLACHOWNIA	POL		64M40/381	(M)135104:03:11	04:01:23 05.43
0:33:43 / 2612 1:02:45 / 2481 1:31:13 / 2291 2:06:40 / 2153 2:39:47 / 2106 3:08:25 / 1919 3:33:03 / 1692 3:52:23 / 1517								
1430	2314	SZPILSKI Kamil	WARSZAWA	POL		78M30/503	(M)135204:03:19	04:02:30 05.44
0:27:42 / 1237 0:53:59 / 1233 1:20:29 / 1281 1:53:36 / 1300 2:25:17 / 1348 2:54:30 / 1318 3:25:07 / 1386 3:49:13 / 1414								
1431	1496	MAZUREK Mariusz	KALISZ	POL	/ SUPERMARATON KALISZ	80M30/504	(M)135304:03:21	04:01:55 05.44
0:30:06 / 1865 0:58:06 / 1896 1:25:51 / 1844 2:00:29 / 1777 2:32:20 / 1758 3:02:54 / 1727 3:28:48 / 1571 3:50:36 / 1451								
1432	2963	STĘPIEN Paweł	WIELICZKA	POL		79M30/505	(M)135404:03:22	04:01:50 05.43
0:30:03 / 1838 0:57:19 / 1770 1:25:06 / 1722 1:58:58 / 1618 2:30:56 / 1613 3:00:25 / 1596 3:27:27 / 1518 3:50:44 / 1457								
1433	876	WINKLER Szymon	RYBNIK	POL	/ SBD ENERGETYK RYBNIK	76M30/506	(M)135504:03:23	04:02:13 05.44
0:28:12 / 1418 0:54:09 / 1305 1:20:31 / 1293 1:53:44 / 1313 2:25:57 / 1391 2:57:33 / 1448 3:26:40 / 1458 3:49:15 / 1416								
1434	1908	WIĘCEK Grzegorz	CZECHOWICE-DZIEDZICE	POL		82M30/507	Niep/7 (M)135604:03:26	04:02:36 05.44
0:27:05 / 1082 0:51:46 / 1000 1:17:39 / 995 1:49:51 / 1010 2:22:58 / 1211 2:55:32 / 1359 3:25:30 / 1406 3:48:34 / 1397								
1435	2803	PIETRUSZKA Michał	RUDAWA	POL	/ RUDAWA TEAM	91M20/256	(M)135704:03:30	04:02:35 05.44
0:27:58 / 1338 0:55:31 / 1519 1:21:47 / 1428 1:54:23 / 1349 2:25:18 / 1350 2:54:40 / 1323 3:22:57 / 1298 3:49:23 / 1422								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupa Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
1436	1676	SZCZEPANIAK Paweł	SOSNOWIEC		POL	77M30/508		(M)135804:	04:03:30	04:02:13 05.44
0:28:58 / 1605 0:56:35 / 1671 1:23:57 / 1639 1:57:32 / 1534 2:29:22 / 1543 2:57:59 / 1475 3:26:05 / 1431 3:50:33 / 1449										
1437	1872	PLÓNSKA Anna	WROCLAW		POL / EKG WROCLAW	88K20/20		(K)79	04:03:32	04:01:59 05.44
0:30:26 / 2016 0:56:50 / 1722 1:24:40 / 1699 1:58:43 / 1608 2:31:00 / 1620 3:00:09 / 1581 3:27:34 / 1521 3:50:35 / 1450										
1438	3240	ŻYTKIEWICZ Joanna	WROCLAW		POL	78K30/32		(K)80	04:03:34	04:02:35 05.44
0:28:59 / 1608 0:56:40 / 1684 1:24:34 / 1689 1:58:43 / 1609 2:30:52 / 1607 2:59:38 / 1551 3:26:45 / 1483 3:50:52 / 1462										
1439	1702	DĄBCZYŃSKI Marcin	SUCHEDNIÓW		POL	82M30/509		(M)135904:	04:03:34	04:01:55 05.44
0:28:59 / 1607 0:53:00 / 1107 1:18:24 / 1063 1:49:47 / 1002 2:20:29 / 1054 2:53:07 / 1264 3:24:52 / 1371 3:47:53 / 1369										
1440	684	PIEKARSKI Wojciech	AUGUSTÓW		POL	70M40/382		(M)136004:	04:03:36	04:02:20 05.44
0:29:41 / 1775 0:57:20 / 1771 1:25:02 / 1718 1:57:59 / 1562 2:28:23 / 1491 2:54:59 / 1340 3:24:17 / 1350 3:50:08 / 1442										
1441	1028	ŁABNO Rafał	TARNÓW		POL	78M30/510		(M)136104:	04:03:37	04:02:27 05.44
0:28:39 / 1527 0:55:25 / 1513 1:22:25 / 1485 1:55:43 / 1438 2:28:48 / 1518 2:59:28 / 1540 3:28:38 / 1563 3:51:46 / 1496										
1442	2105	GAŚIEWSKI Paweł	WARSZAWA		POL / T-MOBILE RUNNING TEAM	77M30/511		(M)136204:	04:03:37	04:03:12 05.45
0:28:39 / 1528 0:50:01 / 837 1:15:03 / 851 1:49:28 / 980 2:25:09 / 1342 2:57:04 / 1422 3:27:11 / 1502 3:50:06 / 1440										
1443	1081	POZLEWICZ Dariusz	ZABRZE		POL / PGNIG GAZOWNIA ZABRZAŃSKA	71M40/383		(M)136304:	04:03:38	04:02:37 05.44
0:28:44 / 1553 0:56:03 / 1592 1:24:05 / 1650 1:58:22 / 1588 2:31:20 / 1643 3:00:21 / 1591 3:27:13 / 1505 3:51:22 / 1482										
1444	458	GRYGORUK Cezary	SZCZECIN		POL / DELEKTA - PODLASKI KLUB BIEGOWY	65M40/384		(M)136404:	04:03:40	04:03:15 05.45
0:25:20 / 752 0:49:57 / 821 1:14:35 / 802 1:46:32 / 847 2:22:25 / 1149 2:54:07 / 1308 3:25:27 / 1402 3:50:31 / 1448										
1445	1145	PODKOWSKI Wojciech	GDYNIA		POL / BIEGAMY RAZEM GDYNIA	68M40/385		(M)136504:	04:03:42	04:02:55 05.45
0:27:36 / 1185 0:54:08 / 1294 1:20:26 / 1263 1:53:00 / 1229 2:25:16 / 1346 2:56:44 / 1407 3:27:20 / 1510 3:51:48 / 1498										
1446	1264	SOKOŁOWSKI Piotr	GDYNIA		POL / MORSY GDYŃSKIE	76M30/512		(M)136604:	04:03:45	04:02:58 05.45
0:27:36 / 1186 0:54:08 / 1289 1:20:26 / 1262 1:52:59 / 1226 2:25:17 / 1347 2:56:45 / 1408 3:27:20 / 1508 3:51:49 / 1499										
1447	2083	KUBIĆ Waldemar	CIESZYN		POL / NORDKAPP JASIEŃSKA	79M30/513		(M)136704:	04:03:48	04:03:16 05.45
0:26:40 / 1011 0:52:36 / 1063 1:18:36 / 1074 1:50:00 / 1018 2:19:21 / 1003 2:50:22 / 1157 3:21:03 / 1247 3:48:07 / 1381										
1448	3128	ZAUCHA Wojciech	LUBIN		POL	77M30/514		(M)136804:	04:03:49	04:02:54 05.45
0:27:17 / 1125 0:52:21 / 1038 1:17:09 / 972 1:47:17 / 892 2:16:23 / 875 2:44:59 / 890 3:23:32 / 1321 3:50:39 / 1454										
1449	2654	POCHYLSKI Paweł	POZNAŃ		POL	85M20/257		(M)136904:	04:03:58	04:01:33 05.43
0:32:21 / 2364 1:00:43 / 2258 1:29:16 / 2194 2:03:50 / 2030 2:35:15 / 1918 3:03:12 / 1741 3:28:50 / 1573 3:51:39 / 1489										
1450	1217	TAKEDA Shinichi	WARSZAWA		JPN	86M20/258		(M)137004:	04:03:59	04:02:41 05.45
0:24:51 / 573 0:48:14 / 511 1:12:03 / 510 1:43:55 / 683 2:18:44 / 976 2:52:06 / 1217 3:23:37 / 1323 3:50:07 / 1441										
1451	1159	LISZKA Krystian	WIELICZKA		POL	73M30/515		(M)137104:	04:03:59	04:02:29 05.44
0:30:27 / 2025 0:58:16 / 1984 1:25:57 / 1895 2:00:43 / 1840 2:32:40 / 1797 3:01:12 / 1658 3:28:49 / 1572 3:51:20 / 1479										
1452	1824	NOWAK Andrzej	MLAWA		POL / TEMPO MLAWA	61M50/177		(M)137204:	04:04:00	04:03:25 05.46
0:26:42 / 1017 0:52:57 / 1102 1:19:31 / 1142 1:52:39 / 1168 2:24:17 / 1300 2:54:56 / 1339 3:25:00 / 1379 3:48:55 / 1407										
1453	1524	MATYSZCZAK Włodzimierz	BRZEG		POL	59M50/178		(M)137304:	04:04:01	04:03:18 05.45
0:26:00 / 918 0:51:20 / 956 1:17:44 / 1002 1:51:16 / 1082 2:24:06 / 1296 2:55:59 / 1374 3:27:44 / 1526 3:50:36 / 1452										
1454	119	TURKOWSKI Paweł	SZCZECIN		POL	70M40/386		(M)137404:	04:04:02	04:01:58 05.44
0:31:11 / 2210 0:59:14 / 2159 1:26:58 / 2033 2:01:01 / 1865 2:32:49 / 1811 3:01:22 / 1664 3:28:36 / 1562 3:52:00 / 1503										
1455	3202	ZĄBKOWSKI Piotr	KRAKÓW		POL / DRUŻYNA SZPIKU	87M20/259		(M)137504:	04:04:03	04:02:25 05.44
0:31:36 / 2266 1:01:23 / 2304 1:30:17 / 2242 2:04:36 / 2062 2:36:05 / 1964 3:04:16 / 1802 3:31:12 / 1645 3:52:04 / 1506										
1456	2668	KITALA Agnieszka	ZAWIERCIE		POL	83K20/21		(K)81	04:04:04	04:01:41 05.43
0:32:49 / 2447 1:00:40 / 2256 1:28:29 / 2146 2:02:54 / 1970 2:35:22 / 1925 3:04:17 / 1803 3:31:13 / 1646 3:52:04 / 1505										
1457	1996	DZIWIULSKI Grzegorz	KRAKÓW		POL	82M30/516		(M)137604:	04:04:23	04:03:45 05.46
0:25:11 / 682 0:48:28 / 543 1:11:46 / 498 1:41:16 / 480 2:12:21 / 700 2:42:04 / 798 3:19:46 / 1190 3:50:38 / 1453										
1458	1089	ZSÉLYI Zoltán	KOLÁROVO		SVK / KOLÁROVO	65M40/387		(M)137704:	04:04:23	04:03:19 05.45
0:28:25 / 1476 0:54:38 / 1406 1:20:47 / 1343 1:53:50 / 1322 2:27:31 / 1446 2:58:07 / 1479 3:26:41 / 1461 3:51:00 / 1467										
1459	2368	ŻACZEK Marcin	RZESZÓW		POL / RZESZOWSKIE GAZELE I GEPARDY	80M30/517		(M)137804:	04:04:24	04:03:32 05.46
0:29:23 / 1705 0:57:31 / 1790 1:25:57 / 1898 2:00:48 / 1849 2:33:43 / 1847 3:02:03 / 1686 3:28:40 / 1567 3:51:03 / 1469										
1460	972	FLEJTERSKI Adam	WROCLAW		POL / PRO-RUN WROCLAW	56M50/179		(M)137904:	04:04:30	04:03:40 05.46
0:28:35 / 1512 0:55:55 / 1582 1:23:16 / 1569 1:57:38 / 1546 2:29:00 / 1525 2:57:26 / 1441 3:25:59 / 1422 3:50:17 / 1443										
1461	1877	OLECH Sławomir	ŁĘCZNA		POL	69M40/388		(M)138004:	04:04:32	04:03:19 05.45
0:28:07 / 1394 0:54:16 / 1359 1:21:25 / 1397 1:55:09 / 1391 2:27:09 / 1432 2:56:38 / 1401 3:24:42 / 1364 3:49:20 / 1421										
1462	3310	REDONDO Alfonso	MADRID		ESP	69M40/389		(M)138104:	04:04:33	04:02:34 05.44
0:28:07 / 1396 0:56:44 / 1705 1:23:11 / 1564 1:55:42 / 1437 2:26:36 / 1409 2:55:36 / 1361 3:23:42 / 1329 3:49:41 / 1431										
1463	2879	KOWALSKI Aleksander	BIELSKO-BIALA		POL	76M30/518		(M)138204:	04:04:35	04:02:51 05.45
0:30:25 / 2011 0:58:08 / 1920 1:25:58 / 1904 2:00:30 / 1790 2:32:15 / 1729 3:00:44 / 1641 3:27:06 / 1500 3:50:58 / 1466										
1464	3218	WILKOSZEWSKI Jacek	MODLNICA		POL / ZIĘBICE	73M30/519		(M)138304:	04:04:37	04:01:30 05.43
0:30:53 / 2173 0:58:16 / 1989 1:25:47 / 1812 1:59:44 / 1687 2:32:17 / 1742 3:00:39 / 1619 3:29:10 / 1583 3:52:20 / 1515										

22.04.2012 17:04:00

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
1465	948	FRAJ Krzysztof	PIOTRKÓW TRYB.	POL		60M50/180	(M)138404:04:41	04:03:52 05.46
0:27:47 / 1277 0:54:09 / 1312 1:20:35 / 1323 1:53:48 / 1318 2:27:12 / 1433 2:57:57 / 1474 3:26:43 / 1471 3:51:17 / 1476								
1466	2776	VATKA Riitta	NOKIA	FIN		63K40/20	(K)82 04:04:42	04:03:28 05.46
0:28:43 / 1547 0:55:23 / 1510 1:22:30 / 1490 1:56:15 / 1464 2:28:48 / 1517 2:58:37 / 1497 3:27:23 / 1515 3:51:11 / 1475								
1467	658	KASIŃSKI Andrzej	RADZIONKÓW	POL		76M30/520	(M)138504:04:46	04:04:08 05.47
0:28:43 / 1546 0:48:45 / 578 1:12:27 / 541 1:42:10 / 532 2:15:03 / 820 2:56:43 / 1405 3:26:11 / 1435 3:50:03 / 1437								
1468	2607	MARKS Eliza	BIBICE	POL		74K30/33	(K)83 04:04:47	04:03:30 05.46
0:29:11 / 1666 0:56:43 / 1703 1:24:26 / 1669 1:58:36 / 1598 2:31:13 / 1630 3:00:17 / 1587 3:27:03 / 1497 3:50:53 / 1463								
1469	2645	LIWORA Piotr	RUDAWA	POL	RUDAWA TEAM	92M20/260	(M)138604:04:48	04:03:52 05.46
0:27:58 / 1340 0:55:31 / 1518 1:21:47 / 1430 1:54:22 / 1348 2:25:17 / 1349 2:54:40 / 1325 3:22:57 / 1299 3:49:24 / 1425								
1470	985	MACKIEWICZ Dariusz	KODEN	POL	AKTYWNI KODEN	75M30/521	(M)138704:04:49	04:02:42 05.45
0:27:58 / 1339 0:58:10 / 1951 1:26:01 / 1920 2:00:42 / 1836 2:32:39 / 1795 3:02:44 / 1714 3:29:54 / 1609 3:52:16 / 1513								
1471	2418	GIERULA Robert	KRAKÓW	POL	UBS RUNNING TEAM	64M40/390	(M)138804:04:50	04:03:03 05.45
0:30:05 / 1855 0:57:10 / 1750 1:24:19 / 1662 1:57:47 / 1551 2:28:54 / 1521 2:57:39 / 1452 3:25:50 / 1417 3:50:04 / 1439								
1472	72	WÓJCIK Piotr	WARSZAWA	POL	WARSZAWIAKY ATHLETICS CLUB	65M40/391	(M)138904:04:51	04:04:10 05.47
0:27:31 / 1162 0:53:57 / 1221 1:20:14 / 1210 1:52:34 / 1163 2:23:56 / 1283 2:53:11 / 1267 3:21:41 / 1260 3:47:48 / 1345								
1473	3083	WYPYCH Paweł	BOBROWIEC	POL		71M40/392	(M)139004:04:51	04:03:52 05.46
0:30:35 / 2081 0:59:31 / 2174 1:28:24 / 2144 2:03:22 / 2013 2:35:44 / 1950 3:04:11 / 1799 3:30:12 / 1616 3:52:15 / 1512								
1474	3084	NASKRĘT Arkadiusz	WARSZAWA	POL	IBM	72M40/393	(M)139104:04:53	04:03:04 05.45
0:30:33 / 2062 0:58:23 / 2015 1:26:03 / 1936 2:00:30 / 1788 2:31:54 / 1690 3:00:20 / 1590 3:27:12 / 1503 3:51:04 / 1470								
1475	155	FUNGHINI Thierry	PUGET- VILLE	FRA	CA-PUGET.TEAM RAIDLIGHT	64M40/394	(M)139204:04:54	04:03:21 05.46
0:28:11 / 1417 0:54:04 / 1257 1:20:27 / 1271 1:53:57 / 1330 2:25:30 / 1364 2:56:25 / 1392 3:26:43 / 1469 3:51:19 / 1477								
1476	1814	FILEWICZ Mariusz	POZNAŃ	POL		83M20/261	(M)139304:04:57	04:02:40 05.45
0:32:17 / 2354 0:59:33 / 2176 1:26:37 / 2002 2:00:27 / 1765 2:31:05 / 1624 3:01:50 / 1679 3:29:17 / 1587 3:52:51 / 1532								
1477	2176	GOŁĘBIOWSKI Ludwik	WARSZAWA	POL		83M20/262	(M)139404:05:02	04:04:06 05.47
0:32:17 / 2355 0:56:17 / 1627 1:23:16 / 1568 1:56:50 / 1491 2:28:15 / 1474 2:57:02 / 1421 3:25:26 / 1401 3:49:26 / 1426								
1478	738	MROZ Stanisław	ŁABOWA	POL	NOWOMAG NOWY SACZ	50M60/37	(M)139504:05:08	04:05:03 05.48
0:24:53 / 582 0:49:14 / 606 1:14:03 / 714 1:45:09 / 765 2:15:37 / 848 2:47:08 / 975 3:27:31 / 1520 3:51:33 / 1484								
1479	1619	LIS Piotr	TORUŃ	POL	KM TRUCHCIK LUBIANKA	78M30/522	(M)139604:05:08	04:04:46 05.48
0:25:05 / 628 0:49:36 / 661 1:13:56 / 659 1:44:46 / 739 2:16:45 / 892 2:47:12 / 978 3:19:59 / 1201 3:48:10 / 1385								
1480	2753	LAKHLOUFI Ahmed	CASABLANCA	MAR	CMCF	87M20/263	(M)139704:05:09	04:03:53 05.46
0:29:14 / 1674 0:55:13 / 1487 1:21:32 / 1411 1:53:05 / 1251 2:22:58 / 1212 2:50:22 / 1158 3:20:58 / 1243 3:51:49 / 1500								
1481	103	GRZYMAŁA Sebastian	GDAŃSK	POL	PADŁ NA RYJ TEAM	81M30/523	(M)139804:05:13	04:03:36 05.46
0:28:32 / 1502 0:54:28 / 1395 1:22:06 / 1452 1:55:52 / 1446 2:28:03 / 1463 2:57:38 / 1450 3:26:21 / 1442 3:50:58 / 1464								
1482	615	KUZIMSKI Aleksander	GDAŃSK	POL	PADŁ NA RYJ TEAM	82M30/524	(M)139904:05:13	04:03:52 05.46
0:28:17 / 1445 0:55:00 / 1450 1:21:57 / 1439 1:54:35 / 1360 2:25:26 / 1359 2:54:03 / 1302 3:26:10 / 1433 3:50:58 / 1465								
1483	3139	HANUS Michał	JAWORZE	POL		73M30/525	(M)140004:05:17	04:03:33 05.46
0:28:17 / 1446 0:58:09 / 1936 1:25:59 / 1912 3:00:44 / 2991 2:32:20 / 1759 2:54:03 / 1303 3:27:05 / 1498 3:50:43 / 1456								
1484	2364	PIECHOTA Roman	KRAKÓW	POL		75M30/526	(M)140104:05:21	04:03:21 05.46
0:31:13 / 2212 0:59:51 / 2200 1:27:55 / 2108 2:02:08 / 1940 2:33:46 / 1852 3:02:12 / 1691 3:29:34 / 1598 3:52:10 / 1508								
1485	1368	SŁUPIK Tomasz	BELK	POL	BELK	77M30/527	(M)140204:05:23	04:04:51 05.48
0:25:13 / 700 0:49:19 / 617 1:13:29 / 618 1:44:07 / 695 2:16:27 / 881 2:50:37 / 1167 3:23:58 / 1342 3:51:19 / 1478								
1486	2060	MALAWSKA-KŁUSEK Eliza	KRAKÓW	POL	LES FEMMES COURANT DANS LES FORETS	77K30/34	(K)84 04:05:26	04:03:45 05.46
0:25:13 / 701 0:58:09 / 1941 1:25:49 / 1823 2:00:08 / 1723 2:32:22 / 1765 3:00:58 / 1651 3:29:08 / 1579 3:52:18 / 1514								
1487	1408	KOSTECKI Wiesław	LEGIONOWO	POL	KB PIMAR LEGIONOWO	55M50/181	(M)140304:05:26	04:03:53 05.46
0:30:19 / 1969 0:58:16 / 1985 1:26:13 / 1966 2:01:04 / 1868 2:33:09 / 1827 3:01:36 / 1670 3:28:33 / 1560 3:51:45 / 1494								
1488	3098	JOSSE Tomasz	HRUBIESZÓW	POL		71M40/395	(M)140404:05:29	04:04:59 05.48
0:24:53 / 585 0:48:45 / 577 1:12:56 / 573 2:49:22 / 2971 2:16:09 / 868 3:01:36 / 1671 3:23:04 / 1301 3:51:33 / 1485								
1489	327	PIĄTEK Roman	KRAKÓW	POL	KKB DYSTANS KRAKÓW	68M40/396	(M)140504:05:32	04:04:26 05.47
0:28:48 / 1569 0:56:41 / 1687 1:24:18 / 1659 1:58:00 / 1563 2:28:25 / 1496 2:57:24 / 1436 3:26:01 / 1426 3:51:33 / 1487								
1490	1722	KOZŁOWSKI Rafał	ZAWIERCIE	POL		79M30/528	(M)140604:05:32	04:04:40 05.47
0:27:49 / 1292 0:54:10 / 1314 1:20:24 / 1248 1:53:00 / 1227 2:24:05 / 1294 2:54:51 / 1336 3:24:26 / 1356 3:51:33 / 1486								
1491	1774	KRZYWONOS Bartłomiej	KRAKÓW	POL	FC BARCELONA	86M20/264	(M)140704:05:33	04:04:28 05.47
0:27:49 / 1293 0:56:42 / 1692 1:24:19 / 1663 1:58:01 / 1568 2:24:05 / 1295 2:57:24 / 1435 3:26:02 / 1428 3:51:34 / 1488								
1492	317	MISZUK Artur	SZCZECIN	POL	HP RUN	72M40/397	(M)140804:05:34	04:04:33 05.47
0:27:41 / 1230 0:54:13 / 1339 1:20:30 / 1289 1:53:15 / 1275 2:23:34 / 1258 2:54:40 / 1324 3:26:40 / 1457 3:52:58 / 1534								
1493	2380	BUDZISZEWSKI Sławomir	LUBOŃ	POL	LUBOŃSKI KLUB BIEGACZA	72M40/398	(M)140904:05:38	04:04:06 05.47
0:28:56 / 1597 0:55:31 / 1517 1:22:22 / 1477 1:55:57 / 1449 2:28:28 / 1498 2:58:11 / 1481 3:26:39 / 1455 3:51:46 / 1495								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Age	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
1494	3126	DREJARZ-KACZMAREK Anna	WARSZAWA	POL		79K30/35		(K)85	04:05:40	04:04:57 05.48
0:26:28 / 988 0:52:08 / 1024 1:18:30 / 1071 1:51:57 / 1123 2:27:04 / 1425 2:57:26 / 1440 3:26:53 / 1485 3:52:28 / 1520										
1495	3396	OLĘDZKI Janusz	WARSZAWA	POL		56M50/182		(M)141004:	04:05:44	04:04:48 05.48
0:27:44 / 1260 0:53:51 / 1213 1:20:03 / 1196 1:52:38 / 1167 2:25:53 / 1388 2:59:13 / 1525 3:26:41 / 1460 3:50:51 / 1461										
1496	1750	SZPIŁA Maciej	RZESZÓW	POL	/ RZESZOWSKIE GAZELE I GEPARDY	65M40/399		(M)141104:	04:05:45	04:04:21 05.47
0:30:38 / 2095 0:58:44 / 2111 1:26:55 / 2029 2:01:35 / 1912 2:33:43 / 1848 3:02:24 / 1700 3:29:39 / 1601 3:52:24 / 1519										
1497	280	JAKUBOWICZ Mariusz	KRAKÓW	POL		75M30/529		(M)141204:	04:05:47	04:04:02 05.47
0:30:31 / 2056 0:58:27 / 2027 1:26:02 / 1929 3:00:33 / 2989 2:32:05 / 1706 3:02:24 / 1699 3:28:00 / 1537 3:53:33 / 1544										
1498	3431	CIEŚLAK Józef	WOJCIESZKÓW	POL	/ BRAK	61M50/183		(M)141304:	04:05:48	04:05:23 05.48
0:25:09 / 660 0:49:47 / 774 1:14:15 / 763 1:52:26 / 1154 2:25:12 / 1344 2:57:29 / 1446 3:27:59 / 1535 3:51:57 / 1502										
1499	2959	DĄBROWSKI Paweł	KRAKÓW	POL		81M30/530		(M)141404:	04:05:48	04:04:12 05.47
0:31:08 / 2205 0:58:39 / 2095 1:26:09 / 1957 2:00:16 / 1745 2:31:59 / 1697 3:00:43 / 1639 3:28:11 / 1546 3:52:14 / 1510										
1500	924	HOSTAŠA Karel	PŘEROV	SVK	/ KARLIK1971	71M40/400		(M)141504:	04:05:48	04:04:20 05.47
0:30:19 / 1971 0:58:07 / 1904 1:25:52 / 1847 2:00:40 / 1829 2:32:20 / 1757 3:00:48 / 1644 3:28:03 / 1538 3:51:42 / 1491										
1501	222	MALINOWSKI Witold	NOWY SĄCZ	POL		60M50/184		(M)141604:	04:05:49	04:05:33 05.49
0:25:40 / 862 0:51:50 / 1003 1:18:36 / 1075 1:51:49 / 1118 2:24:56 / 1327 2:57:10 / 1427 3:27:57 / 1534 3:52:23 / 1518										
1502	1444	APOSTOŁ Paweł	KRAKÓW	POL		86M20/265		(M)141704:	04:05:54	04:04:02 05.47
0:30:34 / 2074 0:58:35 / 2072 1:26:04 / 1941 2:00:33 / 1812 2:32:23 / 1768 3:00:43 / 1638 3:27:37 / 1524 3:52:14 / 1509										
1503	2280	MICHAŁOWSKI Daniel	GRODZISK MAZOWIECKI	POL		92M20/266		(M)141804:	04:05:56	04:05:03 05.48
0:28:09 / 1400 0:56:09 / 1608 1:24:39 / 1697 1:59:48 / 1694 2:32:46 / 1808 3:02:55 / 1730 3:31:07 / 1641 3:53:10 / 1538										
1504	772	MICUDA Jan	MYSŁOWICE	POL		50M60/38		(M)141904:	04:06:00	04:03:57 05.46
0:30:15 / 1939 0:58:12 / 1960 1:25:53 / 1866 1:59:20 / 1652 2:30:48 / 1601 2:59:58 / 1565 3:28:17 / 1549 3:52:34 / 1524										
1505	1899	SOCHACKI Andrzej	WARSZAWA	POL	/ WWW.FIKU-MIKU.COM.PL	71M40/401		(M)142004:	04:06:06	04:05:03 05.48
0:29:19 / 1691 0:56:57 / 1728 1:24:58 / 1715 1:58:50 / 1615 2:30:04 / 1571 2:58:36 / 1495 3:26:05 / 1430 3:52:33 / 1523										
1506	1887	KUSIAK Piotr	KIELCE	POL	/ KKL KIELCE-ŠSKF SPRAWNI-RAZEM	65M40/402		(M)142104:	04:06:11	04:05:13 05.48
0:27:13 / 1103 0:52:52 / 1096 1:18:20 / 1058 1:49:49 / 1009 2:21:41 / 1113 2:52:56 / 1251 3:25:15 / 1391 3:51:42 / 1492										
1507	1616	SOPEL Arkadiusz	PYSKOWICE	POL	/ AKMB PĘDZIWIATR GIWICE	72M40/403		(M)142204:	04:06:12	04:04:59 05.48
0:27:13 / 1102 0:53:10 / 1127 1:19:27 / 1132 1:52:29 / 1157 2:27:26 / 1442 2:57:25 / 1438 3:27:53 / 1532 3:52:35 / 1525										
1508	2990	MASSOT Joseph	SOSNOWIEC	FRA	/ WERUN CAPGEMINI	80M30/531		(M)142304:	04:06:13	04:04:38 05.47
0:29:24 / 1709 0:55:15 / 1490 1:20:38 / 1330 1:52:58 / 1218 2:24:29 / 1307 2:55:31 / 1357 3:25:35 / 1410 3:51:52 / 1501										
1509	1882	RAWICKI Jakub	KATOWICE	POL	/ MATURA 2012	93M20/267		(M)142404:	04:06:16	04:06:08 05.50
0:23:42 / 398 0:46:30 / 392 1:09:21 / 372 1:37:55 / 360 2:07:15 / 444 2:40:44 / 756 3:15:35 / 1050 3:51:45 / 1493										
1510	609	MASŁOCHA Kazimiera	KRAKÓW	POL	/ AZS AWF KRAKÓW MASTERS	61K50/7		(K)86	04:06:19	04:05:41 05.49
0:27:59 / 1347 0:55:52 / 1569 1:23:54 / 1620 1:58:37 / 1600 2:31:35 / 1659 3:00:40 / 1631 3:29:10 / 1582 3:52:44 / 1528										
1511	531	OLECH Zbigniew	SZCZECIN	POL	/ MARATOŃCZYK TEAM SZCZECIN	78M30/532		(M)142504:	04:06:20	04:05:33 05.49
0:21:16 / 136 0:48:34 / 555 1:16:03 / 919 1:49:41 / 996 2:21:51 / 1127 2:53:05 / 1259 3:23:30 / 1313 3:51:00 / 1468										
1512	2553	WSOLAK Tomek	NEKLA	POL		85M20/268		(M)142604:	04:06:20	04:04:03 05.47
0:32:20 / 2361 0:59:35 / 2181 1:26:38 / 2005 2:00:03 / 1719 2:31:11 / 1629 3:01:49 / 1677 3:31:00 / 1635 3:52:52 / 1533										
1513	2136	POGON Piotr	KRAKÓW	POL		67M40/404	Niep/8	(M)142704:	04:06:23	04:04:57 05.48
0:28:51 / 1579 0:55:54 / 1577 1:23:03 / 1555 1:56:47 / 1487 2:29:30 / 1548 2:59:04 / 1520 3:28:52 / 1575 3:52:44 / 1527										
1514	900	PAPALA Leszek	ŁAZISKA-GÓRNE	POL		62M50/185		(M)142804:	04:06:23	04:05:25 05.48
0:28:21 / 1461 0:55:10 / 1476 1:22:41 / 1520 1:55:49 / 1440 2:29:05 / 1530 2:57:50 / 1466 3:25:14 / 1390 3:49:42 / 1432										
1515	121	WAWRZYŃIAK Hubert	WROCLAW	POL	/ SEKCJA WODNA-WROCLAW	71M40/405		(M)142904:	04:06:28	04:04:48 05.48
0:30:27 / 2030 0:58:09 / 1939 1:25:38 / 1792 1:58:53 / 1616 2:30:33 / 1594 2:59:20 / 1533 3:26:59 / 1490 3:52:48 / 1529										
1516	3046	WAWRO Marcin	KRAKÓW	POL		84M20/269		(M)143004:	04:06:31	04:04:41 05.47
0:27:35 / 1174 0:49:51 / 798 1:12:34 / 550 1:41:14 / 477 2:11:43 / 682 2:46:17 / 942 3:19:51 / 1195 3:51:20 / 1480										
1517	672	KUYAWA Scott	KRAKOW	USA		58M50/186		(M)143104:	04:06:32	04:05:20 05.48
0:27:58 / 1342 0:54:17 / 1360 1:20:55 / 1362 1:53:35 / 1298 2:23:58 / 1286 2:52:51 / 1245 3:19:51 / 1194 3:50:46 / 1459										
1518	2768	KINDERIS Gediminas	KAUNO RAJ.	LTU	/ KAUNO BMK	63M40/406		(M)143204:	04:06:33	04:05:20 05.48
0:25:36 / 845 0:49:52 / 804 1:14:12 / 753 1:46:03 / 820 2:19:57 / 1027 2:51:25 / 1200 3:23:05 / 1303 3:50:28 / 1447										
1519	1458	JENKINS Ian	KRAKÓW	GBR		82M30/533		(M)143304:	04:06:36	04:05:43 05.49
0:26:28 / 986 0:51:53 / 1009 1:17:45 / 1005 1:50:16 / 1027 2:20:10 / 1042 2:49:10 / 1056 3:24:36 / 1362 3:51:29 / 1483										
1520	978	DUDEK Mariusz	RUDA ŚLĄSKA	POL		80M30/534		(M)143404:	04:06:38	04:05:42 05.49
0:27:51 / 1302 0:54:14 / 1344 1:20:38 / 1331 1:53:22 / 1289 2:27:35 / 1450 2:58:46 / 1502 3:28:06 / 1540 3:52:22 / 1516										
1521	1082	WYCZÓLKOWSKI Artur	KRAKÓW	POL		86M20/270		(M)143504:	04:06:46	04:05:14 05.48
0:30:30 / 2042 0:57:14 / 1758 1:22:20 / 1474 1:52:47 / 1174 2:22:19 / 1142 2:49:37 / 1111 3:21:30 / 1254 3:51:05 / 1472										
1522	733	RZĄDKOWSKI Krzysztof	LUBLIN	POL	/ KWW	74M30/535		(M)143604:	04:06:50	04:05:59 05.49
0:27:37 / 1188 0:54:06 / 1274 1:20:16 / 1216 1:52:55 / 1187 2:24:59 / 1331 2:56:53 / 1412 3:26:43 / 1467 3:52:30 / 1521										

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
1523	513	DYJECINSKI Tomasz	OLEŚNICA	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	73M30/536	(M)143704:06:51	04:05:35 05.49
0:29:01 / 1616 0:55:42 / 1552 1:22:04 / 1449 1:55:10 / 1394 2:28:06 / 1465 2:59:07 / 1521 3:27:36 / 1523 3:53:03 / 1536								
1524	663	ĆWIERTNIA Krzysztof	BUSKO-ZDRÓJ	POL		57M50/187	(M)143804:06:53	04:05:07 05.48
0:30:06 / 1859 0:58:02 / 1852 1:25:07 / 1723 1:58:29 / 1593 2:29:30 / 1549 2:57:52 / 1468 3:27:20 / 1509 3:52:48 / 1530								
1525	632	KOPIEC Szymon	MIKOŁÓW	POL		79M30/537	(M)143904:06:57	04:05:49 05.49
0:27:58 / 1344 0:54:15 / 1348 1:21:07 / 1373 1:53:51 / 1323 2:26:16 / 1394 2:56:25 / 1390 3:26:44 / 1479 3:52:08 / 1507								
1526	1656	SKRZYŃSKI Jan	WIELICZKA	POL		80M30/538	(M)144004:07:03	04:04:47 05.48
0:32:48 / 2442 1:02:42 / 2452 1:32:10 / 2405 2:08:22 / 2257 2:41:45 / 2199 3:11:35 / 2036 3:36:52 / 1813 3:56:15 / 1614								
1527	2816	STOŁOWSKI Piotr	ELBLĄG	POL	EKOGRYG ELBLĄG	61M50/188	Niep/9 (M)144104:07:07	04:05:55 05.49
0:28:51 / 1580 0:55:39 / 1550 1:22:52 / 1540 1:56:43 / 1482 2:29:03 / 1527 2:59:29 / 1542 3:29:29 / 1592 3:53:25 / 1540								
1528	282	PAUL Małgorzata	KRAKÓW	POL		80K30/36	(K)87 04:07:09	04:05:44 05.49
0:29:04 / 1634 0:54:46 / 1425 1:20:36 / 1324 1:52:55 / 1195 2:25:29 / 1363 2:56:21 / 1384 3:27:20 / 1511 3:53:36 / 1547								
1529	1189	REJUS Marek	GŁOGÓW MŁP.	POL	TKKF SOKÓŁ GŁOGÓW MŁP.	58M50/189	(M)144204:07:09	04:05:25 05.48
0:30:09 / 1887 0:57:52 / 1820 1:25:24 / 1761 1:59:11 / 1639 2:31:33 / 1653 3:00:30 / 1600 3:28:11 / 1545 3:53:41 / 1548								
1530	2371	NAPORA Mieczysław	PIŃCZÓW	POL	KL PONIDZIE PIŃCZÓW	48M60/39	(M)144304:07:14	04:05:18 05.48
0:31:34 / 2261 1:00:38 / 2250 1:30:55 / 2268 2:07:24 / 2192 2:38:53 / 2074 3:07:15 / 1884 3:34:04 / 1729 3:54:57 / 1572								
1531	296	ZDULSKI Bartosz	JÓZEFOSŁAW	POL		71M40/407	(M)144404:07:16	04:06:26 05.50
0:27:36 / 1180 0:54:05 / 1262 3:23:21 / 3001 1:52:57 / 1211 2:23:38 / 1263 2:54:14 / 1311 3:34:04 / 1728 3:52:32 / 1522								
1532	1771	PARKITNY Krzysztof	BLACHOWNIA	POL	KKTA BLACHOWNIA	54M50/190	(M)144504:07:17	04:06:20 05.50
0:27:36 / 1181 0:53:22 / 1143 1:18:02 / 1027 1:49:08 / 956 2:22:01 / 1131 2:57:54 / 1471 3:28:04 / 1539 3:53:06 / 1537								
1533	1340	DZIADKOWIEC Paweł	JAWISZOWICE	POL	ZADYSZKA OŚWIĘCIM	68M40/408	(M)144604:07:20	04:05:43 05.49
0:31:04 / 2196 0:59:52 / 2202 1:28:34 / 2158 2:03:25 / 2018 2:35:37 / 1939 3:04:08 / 1793 3:30:17 / 1620 3:53:33 / 1543								
1534	1586	BOGDEWICZ Leszek	POZNAŃ	POL		73M30/539	(M)144704:07:27	04:06:45 05.50
0:27:23 / 1135 0:53:51 / 1214 1:20:32 / 1300 1:53:03 / 1240 2:24:49 / 1319 2:57:01 / 1418 3:28:52 / 1576 3:53:50 / 1549								
1535	645	TYSZKA Dariusz	WARSZAWA	POL		75M30/540	(M)144804:07:29	04:06:21 05.50
0:28:04 / 1377 0:54:26 / 1392 1:21:05 / 1372 1:54:07 / 1342 2:24:58 / 1330 2:54:56 / 1338 3:25:45 / 1416 3:49:41 / 1430								
1536	833	PYSIEWICZ Krzysztof	KATOWICE	POL	NIERZESZONY	57M50/191	(M)144904:07:32	04:04:51 05.48
0:33:40 / 2602 1:02:15 / 2376 1:30:36 / 2253 2:04:39 / 2064 2:36:20 / 1975 3:06:02 / 1859 3:33:35 / 1718 3:55:16 / 1582								
1537	2228	PALIŚ Roman	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS	67M40/409	(M)145004:07:32	04:07:06 05.51
0:25:41 / 864 0:50:56 / 921 1:17:06 / 970 1:51:35 / 1096 2:27:19 / 1438 2:58:54 / 1511 3:29:18 / 1588 3:55:05 / 1575								
1538	3156	RONERT Wojciech	ŁÓDŹ	POL	KB STOPA ŁÓDŹ	56M50/192	(M)145104:07:37	04:05:58 05.49
0:29:51 / 1805 0:56:46 / 1716 1:24:31 / 1679 1:58:41 / 1605 2:30:47 / 1600 3:00:23 / 1593 3:29:16 / 1586 3:55:10 / 1577								
1539	2316	STACHOWSKI Przemysław	WROCLAW	POL		70M40/410	(M)145204:07:41	04:06:02 05.49
0:31:06 / 2200 0:59:52 / 2201 1:28:34 / 2157 2:03:24 / 2016 2:35:36 / 1936 3:04:08 / 1795 3:30:19 / 1621 3:54:38 / 1566								
1540	3295	MACH Marcin	KRAKÓW	POL		66M40/411	(M)145304:07:45	04:05:50 05.49
0:29:25 / 1717 0:55:48 / 1562 1:22:30 / 1493 1:54:49 / 1373 2:27:08 / 1428 2:59:23 / 1538 3:29:09 / 1581 3:53:56 / 1551								
1541	602	DOLE Christelle	ROCBARON	FRA	CA PUGET VILLE	61K50/8	(K)88 04:07:49	04:06:16 05.50
0:30:05 / 1854 0:58:07 / 1907 3:31:08 / 3005 2:00:29 / 1775 2:32:38 / 1793 3:02:11 / 1690 3:29:09 / 1580 3:55:14 / 1580								
1542	552	KOŹUSZEK Jacek	WROCLAW	POL		65M40/412	(M)145404:07:49	04:06:10 05.50
0:30:07 / 1868 0:58:05 / 1871 1:25:51 / 1836 2:00:29 / 1772 2:32:15 / 1735 3:00:40 / 1627 3:27:36 / 1522 3:53:34 / 1546								
1543	1694	DĘBOSZ Wojciech	KRAKÓW	POL		70M40/413	(M)145504:07:56	04:06:07 05.49
0:30:36 / 2083 0:58:31 / 2052 1:26:21 / 1982 2:01:17 / 1891 2:33:49 / 1858 3:03:05 / 1736 3:31:15 / 1647 3:54:44 / 1568								
1544	618	DĘBSKI Maciej	GDAŃSK	POL	AKADEMIA BIEGANIA.PL	77M30/541	(M)145604:07:59	04:06:15 05.50
0:30:14 / 1927 0:57:05 / 1741 1:23:47 / 1606 1:56:07 / 1458 2:26:57 / 1422 2:57:41 / 1454 3:26:21 / 1443 3:52:15 / 1511								
1545	1183	MYGA Sylwester	WŁODOWICE	POL		75M30/542	(M)145704:08:01	04:06:17 05.50
0:30:14 / 1928 0:58:04 / 1863 3:29:04 / 3004 3:00:40 / 2990 2:26:57 / 1423 2:57:41 / 1455 3:26:21 / 1444 3:53:56 / 1552								
1546	2626	KLIMEK Jagoda	KRAKÓW	POL	LES FEMMES COURANT DANS LES FORETS	81K30/37	(K)89 04:08:04	04:06:24 05.50
0:30:14 / 1929 0:58:42 / 2105 1:27:36 / 2082 2:02:32 / 1958 2:35:25 / 1928 3:04:23 / 1805 3:32:07 / 1665 3:55:18 / 1587								
1547	205	OLESIK Marcin	TARNÓW	POL	SOKÓŁ - TARNÓW	87M20/271	(M)145804:08:04	04:06:51 05.51
0:26:06 / 938 0:50:30 / 892 1:15:02 / 847 1:45:58 / 813 2:20:33 / 1057 2:53:03 / 1255 3:24:47 / 1367 3:53:31 / 1541								
1548	1234	WIELGOSZ Elżbieta	NOWY ŻMIGRÓD	POL	-	84K20/22	(K)90 04:08:04	04:05:47 05.49
0:32:52 / 2468 1:02:18 / 2378 1:30:54 / 2267 2:05:25 / 2094 2:37:33 / 2022 3:06:40 / 1872 3:34:08 / 1731 3:56:01 / 1607								
1549	502	WOJTECZEK Leszek	SKARŻYSKO-KAMIENNA	POL	WTÓRPOL MARATON TEAM	56M50/193	(M)145904:08:09	04:07:04 05.51
0:32:00 / 2314 1:01:41 / 2329 1:31:25 / 2310 2:06:46 / 2159 2:40:13 / 2126 3:10:20 / 1980 3:36:56 / 1815 3:56:39 / 1624								
1550	2608	STANISŁAWSKI Bartosz	KOŃSKIE	POL		84M20/272	(M)146004:08:10	04:06:53 05.51
0:29:12 / 1667 0:56:43 / 1704 1:24:28 / 1672 1:58:38 / 1601 2:30:56 / 1614 3:00:10 / 1583 3:28:45 / 1570 3:55:08 / 1576								
1551	3286	KŁOCEK Jerzy	ELBLĄG	POL		71M40/414	(M)146104:08:10	04:07:21 05.51
0:27:43 / 1250 0:53:39 / 1193 1:20:20 / 1223 1:52:57 / 1212 2:24:04 / 1293 2:55:06 / 1345 3:25:03 / 1382 3:51:47 / 1497								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
1552	416	RUDZKI Grzegorz	WROCLAW		POL	63M40/415	(M)	146204:08:13	04:06:48	05.50
0:27:43 / 1249 0:57:56 / 1829 1:25:38 / 1791 2:00:03 / 1720 2:32:20 / 1755 3:03:04 / 1735 3:33:19 / 1704 3:57:41 / 1651										
1553	2345	ŚWIĘCICKI Piotr	ŚWIDNICA		POL	80M30/543	(M)	146304:08:14	04:06:25	05.50
0:31:11 / 2208 0:59:46 / 2195 1:28:17 / 2134 2:02:58 / 1980 2:35:00 / 1905 3:03:12 / 1742 3:29:29 / 1593 3:54:57 / 1571										
1554	1971	ZIELIŃSKI Leszek	WROCLAW		POL	82M30/544	(M)	146404:08:15	04:07:10	05.51
0:31:11 / 2207 0:55:06 / 1467 1:22:14 / 1466 1:55:28 / 1416 2:28:10 / 1469 3:00:40 / 1625 3:31:46 / 1659 3:55:27 / 1593										
1555	3133	KAJDAS Adam	WIEDEN		AUT	50M60/40	(M)	146504:08:23	04:06:14	05.50
0:29:13 / 1673 0:56:32 / 1668 1:23:56 / 1629 1:57:28 / 1529 2:29:45 / 1560 2:59:51 / 1559 3:29:03 / 1578 3:54:00 / 1554										
1556	1108	NIEMCZYK Kazimierz	MILANÓWEK		POL	62M50/194	(M)	146604:08:23	04:07:05	05.51
0:29:15 / 1678 0:56:28 / 1658 1:23:35 / 1593 1:56:50 / 1492 2:28:24 / 1494 2:57:48 / 1463 3:26:13 / 1438 3:52:01 / 1504										
1557	260	TURSKI Bogdan	KRAKÓW		POL / KKB DYSTANS	53M50/195	(M)	146704:08:24	04:05:26	05.49
0:33:10 / 2549 1:00:21 / 2232 1:27:11 / 2054 1:59:40 / 1684 2:30:09 / 1578 2:58:34 / 1494 3:28:29 / 1557 3:54:00 / 1555										
1558	1080	BRZEZINSKI Waldemar	NOWE MIASTO NAD		POL	65M40/416	(M)	146804:08:27	04:07:13	05.51
0:29:15 / 1679 0:56:20 / 1636 1:24:08 / 1651 1:58:40 / 1604 2:31:32 / 1652 3:00:43 / 1637 3:30:29 / 1624 3:54:55 / 1569										
1559	3216	OLSZEWSKI Roman	ELBLĄG		POL / ELBAZANT ELBLĄG	73M30/545	(M)	146904:08:29	04:07:48	05.52
0:27:00 / 1062 0:52:39 / 1066 1:18:38 / 1078 1:51:47 / 1110 2:24:52 / 1323 2:58:53 / 1510 3:29:47 / 1604 3:55:17 / 1585										
1560	836	OPOKA Maciej	BERLIN		POL / ROLLS-ROYCE RUNNING TEAM	75M30/546	(M)	147004:08:29	04:08:20	05.53
0:24:07 / 455 0:48:02 / 498 1:13:26 / 613 1:47:01 / 875 2:21:32 / 1098 2:55:16 / 1351 3:25:25 / 1399 3:53:12 / 1539										
1561	790	ANDERSEN Jan	AALBORG		DEN / STEUB.DK	56M50/196	(M)	147104:08:31	04:07:41	05.52
0:27:36 / 1182 0:54:08 / 1299 1:20:35 / 1319 1:54:40 / 1365 2:30:10 / 1579 3:02:09 / 1687 3:32:09 / 1667 3:55:16 / 1583										
1562	2616	GÓRECKI Przemysław	KRAKÓW		POL / SKOWRONEK	75M30/547	(M)	147204:08:35	04:08:10	05.52
0:25:11 / 680 0:49:39 / 685 1:13:57 / 667 1:43:39 / 630 2:12:34 / 711 2:41:24 / 777 3:12:23 / 896 3:51:21 / 1481										
1563	1766	MATEUSZUK Robert	KRAKÓW		POL / METODY	85M20/273	(M)	147304:08:36	04:06:56	05.51
0:30:46 / 2141 0:59:33 / 2178 1:28:39 / 2166 2:03:37 / 2025 2:35:42 / 1947 3:04:12 / 1800 3:30:08 / 1614 3:54:44 / 1567										
1564	1027	KOŁODZIEJ Grzegorz	SPYTKOWICE		POL	75M30/548	(M)	147404:08:38	04:06:54	05.51
0:28:34 / 1509 0:54:20 / 1373 1:20:32 / 1306 1:53:14 / 1271 2:23:54 / 1280 2:52:56 / 1252 3:27:48 / 1528 3:53:57 / 1553										
1565	511	STRZELEC Wiesław	RADOM		POL / 42. BLSZ	73M30/549	(M)	147504:08:40	04:07:26	05.51
0:29:06 / 1639 0:56:26 / 1647 1:24:33 / 1684 1:59:49 / 1696 2:32:12 / 1717 3:01:23 / 1665 3:31:41 / 1657 3:55:18 / 1588										
1566	959	CHRÓSZCZ Marek	MARKLOWICE		POL	77M30/550	(M)	147604:08:45	04:08:20	05.53
0:25:12 / 688 0:49:38 / 668 1:13:51 / 640 1:43:39 / 634 2:11:38 / 674 2:56:25 / 1393 3:28:41 / 1569 3:54:10 / 1559										
1567	1034	JAWORSKI Paweł	BĘDZIN		POL	83M20/274	(M)	147704:08:45	04:07:10	05.51
0:30:29 / 2034 0:58:09 / 1934 1:25:52 / 1852 2:00:45 / 1844 2:32:18 / 1745 3:00:56 / 1648 3:27:37 / 1525 3:54:09 / 1558										
1568	3254	KURNIK Piotr	TARNÓW		POL	89M20/275	(M)	147804:08:55	04:08:04	05.52
0:30:29 / 2036 0:54:18 / 1367 1:21:53 / 1435 1:55:43 / 1439 2:31:24 / 1647 3:03:24 / 1759 3:32:39 / 1675 3:55:43 / 1602										
1569	3262	MARSZAŁEK Mateusz	TARNÓW		POL	90M20/276	(M)	147904:08:55	04:07:40	05.52
0:32:36 / 2396 1:01:42 / 2331 1:29:38 / 2210 2:03:22 / 2014 2:34:51 / 1902 3:04:02 / 1787 3:31:18 / 1650 3:53:53 / 1550										
1570	251	TOMICZAK Fabian	CZAPLINEK		POL	73M30/551	(M)	148004:08:56	04:06:44	05.50
0:32:33 / 2389 1:01:45 / 2337 1:30:51 / 2264 2:05:21 / 2090 2:37:54 / 2038 3:06:40 / 1871 3:33:30 / 1715 3:56:05 / 1611										
1571	2288	NADRATOWSKI Sławomir	NOWY SĄCZ		POL / WB	63M40/417	(M)	148104:08:56	04:07:48	05.52
0:27:41 / 1232 0:54:09 / 1307 1:20:37 / 1326 1:53:51 / 1324 2:26:29 / 1403 2:57:46 / 1460 3:27:54 / 1533 3:54:12 / 1560										
1572	3478	WAWRZYŃCZAK Łukasz	DĄBROWA GÓRNICZA		POL	76M30/552	(M)	148204:08:58	04:08:39	05.53
0:25:06 / 632 0:49:38 / 670 1:13:57 / 664 1:43:38 / 619 2:10:57 / 608 2:38:24 / 663 3:10:27 / 831 3:48:16 / 1389										
1573	3140	PUZON Bartosz	SZCZECIN		POL	83M20/277	(M)	148304:08:59	04:07:57	05.52
0:28:19 / 1455 0:54:56 / 1440 1:22:30 / 1492 1:56:19 / 1470 2:29:19 / 1541 2:59:39 / 1553 3:29:55 / 1610 3:54:24 / 1562										
1574	3369	TALBOT Catherine	LONDON		GBR / SERPENTINE	81K30/38	(K)	91 04:09:08	04:07:17	05.51
0:28:39 / 1526 0:55:37 / 1544 1:23:07 / 1562 1:58:00 / 1564 2:31:52 / 1685 3:03:33 / 1766 3:32:14 / 1671 3:56:17 / 1617										
1575	3152	PRASEK Artur	RADOM		POL / COSINUS RADOM	73M30/553	(M)	148404:09:12	04:07:35	05.52
0:30:06 / 1858 0:58:06 / 1893 1:25:55 / 1884 2:00:21 / 1751 2:32:15 / 1733 3:03:45 / 1778 3:33:17 / 1703 3:56:16 / 1615										
1576	990	NILSSON Lennart	VINTROSA		SWE	47M60/41	(M)	148504:09:14	04:07:31	05.51
0:30:33 / 2068 0:58:08 / 1924 1:25:55 / 1883 2:00:55 / 1858 2:33:32 / 1838 3:03:11 / 1740 3:32:17 / 1672 3:56:02 / 1609										
1577	1023	PERNET Jacek	WIELICZKA		POL	69M40/418	(M)	148604:09:16	04:07:22	05.51
0:29:05 / 1638 0:55:01 / 1451 1:21:00 / 1368 1:53:49 / 1319 2:26:26 / 1400 2:57:25 / 1439 3:26:42 / 1463 3:54:26 / 1563										
1578	330	SOKOLINSKI Tomasz	PRUSZKÓW		POL	83M20/278	(M)	148704:09:21	04:08:12	05.52
0:28:33 / 1505 0:55:10 / 1478 1:22:14 / 1467 1:55:32 / 1423 2:27:37 / 1453 2:57:45 / 1458 3:28:19 / 1550 3:55:14 / 1579										
1579	2085	MOSIAŁA Jan	PRASZKA		POL / NEAPCO-PRASZKA	62M50/197	(M)	148804:09:26	04:08:20	05.53
0:28:48 / 1572 0:57:04 / 1734 1:25:16 / 1747 1:59:30 / 1669 2:32:02 / 1703 3:01:39 / 1672 3:30:40 / 1627 3:55:27 / 1592										
1580	3203	DRABIK Dominika	KRAKÓW		POL / AZS AWF KRAKÓW	90K20/23	(K)	92 04:09:29	04:09:08	05.54
0:30:33 / 2067 0:59:37 / 2184 1:28:36 / 2163 2:04:05 / 2041 2:38:21 / 2053 3:10:01 / 1972 3:37:30 / 1827 3:58:19 / 1666										

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
1581	1878	SZUMIEC Andrzej	KRAKÓW	POL			61M50/198		(M)	148904:09:31	04:08:38 05.53
		0:30:47 / 2143	0:59:51 / 2199	1:28:20 / 2139	2:03:19 / 2010	2:36:26 / 1979	3:05:38 / 1843	3:33:00 / 1690	3:55:55 / 1606		
1582	2534	HANKUS Paweł	ŻYWIEC	POL			77M30/554		(M)	149004:09:31	04:08:38 05.53
		0:28:34 / 1511	0:55:38 / 1547	1:22:39 / 1514	1:55:33 / 1425	2:27:58 / 1461	2:58:01 / 1477	3:27:24 / 1517	3:53:32 / 1542		
1583	1807	SOBIERAJ Ewa	GLUSZYCA	POL			75K30/39		(K)	93 04:09:32	04:08:38 05.53
		0:27:45 / 1266	0:53:57 / 1224	1:20:18 / 1219	1:53:59 / 1337	2:29:07 / 1531	3:00:03 / 1573	3:30:16 / 1619	3:55:17 / 1586		
1584	1806	KOLISZ Andrzej	OPOLE	POL	GRUNWALD 1411		70M40/419		(M)	149104:09:33	04:08:37 05.53
		0:27:45 / 1265	0:53:57 / 1222	1:20:16 / 1217	1:53:58 / 1335	2:29:07 / 1532	3:00:03 / 1572	3:30:16 / 1618	3:55:17 / 1584		
1585	1393	ANTKOWSKI Michał	POZNAN	POL			71M40/420		(M)	149204:09:33	04:07:58 05.52
		0:29:47 / 1789	0:57:43 / 1811	1:25:22 / 1757	1:59:15 / 1645	2:31:23 / 1646	3:00:33 / 1602	3:28:08 / 1544	3:54:27 / 1564		
1586	3353	JANIK Radosław	KRAKÓW	POL			91M20/279		(M)	149304:09:34	04:07:20 05.51
		0:29:47 / 1790	0:58:11 / 1959	1:25:58 / 1907	2:00:46 / 1846	2:33:06 / 1821	3:04:44 / 1819	3:31:08 / 1642	3:55:28 / 1594		
1587	909	KUTA Piotr	KIELCE	POL	NIEZRZESZONY		66M40/421		(M)	149404:09:35	04:08:13 05.52
		0:28:19 / 1453	0:54:44 / 1420	1:20:51 / 1352	1:53:18 / 1281	2:23:38 / 1264	2:51:56 / 1213	3:26:43 / 1473	3:55:04 / 1574		
1588	769	WOŁOSIUK Krzysztof	KRAKÓW	POL			84M20/280		(M)	149504:09:42	04:08:12 05.52
		0:30:55 / 2179	0:59:30 / 2173	1:27:38 / 2086	2:01:31 / 1908	2:33:55 / 1865	3:03:41 / 1774	3:32:49 / 1682	3:56:33 / 1620		
1589	2185	STARZYŃSKI Piotr	WARSZAWA	POL			71M40/422		(M)	149604:09:44	04:08:55 05.53
		0:28:46 / 1556	0:56:34 / 1670	1:24:40 / 1698	1:58:59 / 1619	2:31:15 / 1637	3:00:10 / 1582	3:28:11 / 1547	3:54:35 / 1565		
1590	2482	PIWOWARCZYK Jan	DOBCZYCE	POL	NIEZRZESZONY-AMATOR		64M40/423		(M)	149704:09:45	04:08:26 05.53
		0:29:43 / 1778	0:57:20 / 1772	1:25:14 / 1740	1:59:25 / 1660	2:31:11 / 1628	3:00:01 / 1571	3:27:01 / 1492	3:54:03 / 1557		
1591	3415	HATALA Mariusz	RZYKI	POL			82M30/555		(M)	149804:09:53	04:08:45 05.53
		0:29:43 / 1779	0:58:31 / 2053	1:27:05 / 2043	2:01:41 / 1920	2:34:03 / 1873	3:03:44 / 1775	3:31:12 / 1644	3:55:14 / 1581		
1592	457	ROKICKI Piotr	POZNAŃ	POL			71M40/424		(M)	149904:09:57	04:09:14 05.54
		0:29:43 / 1777	0:54:07 / 1279	1:20:29 / 1285	1:52:57 / 1207	2:27:35 / 1449	3:01:03 / 1655	3:30:25 / 1623	3:55:35 / 1600		
1593	2898	MICHALSKI Mateusz	DĄBRÓWKA	POL			84M20/281		(M)	150004:09:58	04:08:11 05.52
		0:30:16 / 1950	0:58:11 / 1954	1:25:56 / 1889	2:00:41 / 1834	2:32:47 / 1809	3:02:19 / 1697	3:31:38 / 1656	3:56:31 / 1618		
1594	1168	BOGUCKI Andrzej	RADOM	POL			65M40/425		(M)	150104:09:59	04:09:13 05.54
		0:28:07 / 1387	0:55:10 / 1480	1:22:32 / 1496	1:57:12 / 1506	2:30:04 / 1570	3:00:19 / 1589	3:29:25 / 1590	3:55:26 / 1591		
1595	1816	PAZERA Piotr	SZYDLOWIEC	POL			84M20/282		(M)	150204:10:08	04:08:54 05.53
		0:26:28 / 987	0:51:53 / 1008	1:18:35 / 1072	1:50:52 / 1057	2:22:51 / 1171	2:55:39 / 1363	3:26:11 / 1436	3:55:33 / 1597		
1596	1729	WOJCIESZAK Robert	WARSZAWA	POL			69M40/426		(M)	150304:10:08	04:08:53 05.53
		0:28:28 / 1488	0:55:23 / 1509	1:22:17 / 1470	1:55:38 / 1431	2:27:33 / 1447	2:57:21 / 1432	3:27:09 / 1501	3:56:14 / 1613		
1597	3495	KUBISTA Zenon	RUDA ŚLĄSKA	POL			65M40/427		(M)	150404:10:08	04:08:52 05.53
		0:27:27 / 1144	0:52:38 / 1065	1:17:54 / 1017	1:49:49 / 1007	2:22:54 / 1190	2:54:22 / 1314	3:28:23 / 1552	3:55:33 / 1598		
1598	3483	PAJAŁ Andrzej	MIKOŁÓW	POL	MOSIR MIKOŁÓW		62M50/199		(M)	150504:10:09	04:09:55 05.55
		0:25:08 / 650	0:49:38 / 675	1:14:04 / 718	1:44:40 / 735	2:17:30 / 919	2:58:26 / 1490	3:31:31 / 1652	3:57:08 / 1641		
1599	3049	NOGA Andrzej	KRAKÓW	POL			79M30/556		(M)	150604:10:11	04:09:24 05.54
		0:28:19 / 1454	0:55:55 / 1583	1:23:31 / 1584	1:57:58 / 1561	2:31:18 / 1640	3:01:48 / 1676	3:31:06 / 1640	3:56:48 / 1628		
1600	1047	SZANIEWSKI Mirosław	JELENIA GÓRA	POL			73M30/557		(M)	150704:10:13	04:09:24 05.54
		0:27:03 / 1076	0:53:01 / 1113	1:19:19 / 1119	1:52:09 / 1136	2:23:02 / 1223	2:52:20 / 1221	3:22:05 / 1270	3:50:21 / 1444		
1601	2535	WIJAS Mariusz	KRAKÓW	POL			73M30/558		(M)	150804:10:13	04:08:51 05.53
		0:29:46 / 1786	0:58:00 / 1840	1:26:01 / 1926	2:01:05 / 1870	2:33:45 / 1850	3:03:23 / 1758	3:33:08 / 1697	3:56:35 / 1621		
1602	588	GUTIERREZ GUERRA Jose	LEON	ESP			85M20/283		(M)	150904:10:19	04:09:28 05.54
		0:27:40 / 1218	0:53:58 / 1229	1:20:15 / 1214	1:52:52 / 1178	2:23:34 / 1259	2:52:50 / 1244	3:21:01 / 1244	3:52:36 / 1526		
1603	1614	SZCZERBA Adam	OLEŚNICA	POL	KERRY POLSKA OLEŚNICA		87M20/284		(M)	151004:10:19	04:09:52 05.55
		0:25:18 / 739	0:51:45 / 998	1:18:08 / 1040	1:51:28 / 1089	2:24:10 / 1298	2:57:02 / 1420	3:28:23 / 1551	3:55:04 / 1573		
1604	1630	MÓL Wojciech	KRAKÓW	POL			76M30/559		(M)	151104:10:22	04:08:49 05.53
		0:30:38 / 2096	0:58:21 / 2005	1:26:15 / 1975	2:01:13 / 1884	2:34:00 / 1869	3:03:19 / 1751	3:31:54 / 1661	3:55:25 / 1590		
1605	629	MROZ Marcin	SWARZĘDZ	POL	WERKA		78M30/560		(M)	151204:10:24	04:08:41 05.53
		0:30:04 / 1845	0:58:01 / 1844	1:25:38 / 1790	1:59:52 / 1703	2:31:54 / 1689	3:00:39 / 1620	3:29:53 / 1608	3:55:34 / 1599		
1606	2366	WARCHOLIK Witold	KRAKÓW	POL			74M30/561		(M)	151304:10:26	04:08:42 05.53
		0:30:24 / 2002	0:58:17 / 1990	1:26:05 / 1943	2:00:42 / 1837	2:34:07 / 1877	3:04:36 / 1812	3:34:15 / 1734	3:57:54 / 1655		
1607	1693	JANCAK Waldemar	KIELCE	POL			80M30/562		(M)	151404:10:28	04:09:34 05.54
		0:27:48 / 1289	0:54:13 / 1342	1:20:38 / 1328	1:53:35 / 1297	2:24:59 / 1332	2:55:49 / 1370	3:28:39 / 1565	3:57:35 / 1649		
1608	2731	ZAJĄC Arkadiusz	SKÓRCZ	POL			74M30/563		(M)	151504:10:28	04:10:06 05.55
		0:25:02 / 611	0:49:36 / 659	1:14:10 / 745	1:45:06 / 762	2:17:55 / 940	2:48:48 / 1041	3:19:44 / 1188	3:55:19 / 1589		
1609	1036	BARC Iwona	LUBSKO	POL			76K30/40		(K)	94 04:10:33	04:07:46 05.52
		0:33:34 / 2590	1:01:46 / 2340	1:28:32 / 2152	2:01:01 / 1866	2:32:36 / 1790	3:02:27 / 1703	3:33:00 / 1689	3:56:53 / 1633		

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
1610	1497	RADOMSKI Marcin	KRAKÓW		POL	77M30/564	(M)151604:10:34	04:10:09 05.55
0:24:52 / 581 0:49:45 / 760 1:15:17 / 867 1:49:03 / 949 2:24:57 / 1328 2:58:00 / 1476 3:27:00 / 1491 3:54:14 / 1561								
1611	1596	BOCZKOWSKA Justyna	ZAKOPANE		POL	66K40/21	(K)95 04:10:36	04:08:47 05.53
0:30:11 / 1904 0:56:57 / 1727 1:23:55 / 1626 1:56:44 / 1485 2:28:46 / 1516 2:59:22 / 1535 3:29:33 / 1595 3:55:46 / 1605								
1612	3377	PODZORNY Erwin	CZESKI CIESZYN		CZE / NIEZRZESZONY	41M70/2	(M)151704:10:37	04:09:35 05.54
0:28:49 / 1574 0:55:55 / 1581 1:23:06 / 1559 1:56:50 / 1490 2:29:05 / 1529 2:58:28 / 1492 3:27:59 / 1536 3:55:30 / 1595								
1613	1707	BACKIEL Marek	GŁOGÓW		POL	77M30/565	(M)151804:10:40	04:09:03 05.54
0:30:20 / 1975 0:58:10 / 1945 1:25:39 / 1795 1:58:30 / 1597 2:29:38 / 1554 2:58:28 / 1491 3:29:39 / 1600 3:56:46 / 1627								
1614	1003	KNAPIK Jerzy	KRAKÓW		POL / KKB DYSTANS	46M60/42	(M)151904:10:42	04:08:13 05.52
0:34:18 / 2680 1:04:43 / 2638 1:33:48 / 2518 2:08:31 / 2298 2:41:47 / 2202 3:11:22 / 2030 3:38:06 / 1845 3:59:10 / 1691								
1615	347	RAJTAR Justyna	KRAKÓW		POL	82K30/41	(K)96 04:10:45	04:09:41 05.55
0:29:22 / 1700 0:57:09 / 1749 1:25:10 / 1732 2:00:23 / 1757 2:32:34 / 1787 3:03:15 / 1744 3:33:55 / 1722 3:57:21 / 1645								
1616	1483	FRANCZYK Tomasz	KRAKÓW		POL	78M30/566	(M)152004:10:47	04:09:19 05.54
0:30:09 / 1892 0:58:07 / 1902 1:26:00 / 1915 2:00:32 / 1801 2:32:21 / 1762 3:00:56 / 1650 3:32:10 / 1670 3:57:13 / 1642								
1617	932	STĘPIEN Magdalena	GRODZISK		POL / GRODZISKI KLUB BIEGACZA	87K20/24	(K)97 04:10:48	04:08:33 05.53
0:32:53 / 2475 1:02:41 / 2440 1:32:06 / 2376 2:08:06 / 2234 2:40:14 / 2128 3:09:19 / 1948 3:36:29 / 1802 3:59:01 / 1684								
1618	1907	SMACZYNSKI Dariusz	DABROWA GORNICZA		POL	64M40/428	(M)152104:10:49	04:10:29 05.56
0:23:48 / 415 0:47:51 / 491 1:13:22 / 605 1:46:56 / 870 2:40:14 / 2129 2:58:59 / 1516 3:29:28 / 1591 3:58:46 / 1678								
1619	1289	KELE Gejza	MOČA		SVK / 'DUNAMOCSI ' ABEBE BIKILA - PATRICK MAK	65M40/429	(M)152204:10:51	04:09:52 05.55
0:29:19 / 1690 0:56:42 / 1693 1:24:10 / 1653 1:58:19 / 1585 2:31:00 / 1619 3:01:01 / 1652 3:30:55 / 1632 3:55:44 / 1603								
1620	1112	POŁĘC Andrzej	SOCHACZEW		POL / KM AKTYWNI SOCHACZEW	65M40/430	(M)152304:10:52	04:10:01 05.55
0:29:19 / 1689 0:53:00 / 1108 1:18:39 / 1080 1:50:43 / 1047 2:21:09 / 1083 2:57:08 / 1424 3:28:26 / 1554 3:55:45 / 1604								
1621	1929	GARCIA RUEDA Hugo	WEMMEL		ESP	73M30/567	(M)152404:10:53	04:09:47 05.55
0:28:51 / 1577 0:56:14 / 1620 1:23:56 / 1633 1:58:01 / 1565 2:29:45 / 1558 2:58:47 / 1503 3:27:31 / 1519 3:56:33 / 1619								
1622	201	DWORSKI Marek	GLIWICE		POL / AKMB PĘDZIWIATR GLIWICE	55M50/200	(M)152504:10:55	04:09:27 05.54
0:29:33 / 1742 0:56:32 / 1667 1:22:29 / 1489 1:55:40 / 1433 2:28:02 / 1462 2:59:31 / 1543 3:29:47 / 1605 3:55:41 / 1601								
1623	1762	SKROK Jarosław	WARSZAWA		POL	74M30/568	(M)152604:10:57	04:10:20 05.55
0:28:24 / 1472 0:55:32 / 1520 1:24:22 / 1664 1:59:46 / 1691 2:32:43 / 1803 3:02:46 / 1720 3:32:54 / 1688 3:56:55 / 1636								
1624	459	ZABORSKI Paweł	KRAKÓW		POL / NIEZRZESZONY	75M30/569	(M)152704:10:57	04:09:09 05.54
0:28:24 / 1471 0:58:08 / 1916 1:25:59 / 1909 2:00:42 / 1835 2:32:43 / 1802 3:03:28 / 1760 3:33:38 / 1719 3:57:30 / 1646								
1625	846	SZYMCZAK Paweł	SWARZĘDZ		POL / KB MANIAC POZNAŃ	74M30/570	(M)152804:10:59	04:10:04 05.55
0:27:16 / 1114 0:53:22 / 1146 1:19:26 / 1131 1:52:08 / 1133 2:23:17 / 1236 2:55:18 / 1352 3:28:14 / 1548 3:56:36 / 1622								
1626	473	KŁĘK Stanisław	KRAKÓW		POL	72M40/431	(M)152904:11:02	04:10:37 05.56
0:25:15 / 714 0:50:00 / 833 1:16:44 / 951 1:50:51 / 1056 2:23:29 / 1254 2:54:45 / 1328 3:25:07 / 1385 3:52:51 / 1531								
1627	1755	SOBCZAK Tomasz	WARSZAWA		POL	75M30/571	(M)153004:11:03	04:09:15 05.54
0:32:00 / 2318 1:01:18 / 2296 1:30:19 / 2244 2:06:18 / 2136 2:39:40 / 2100 3:09:12 / 1945 3:36:31 / 1803 3:58:43 / 1675								
1628	2195	FIJOLEK Stanisław	SĄCZÓW		POL	57M50/201	(M)153104:11:04	04:10:52 05.56
0:25:00 / 602 0:49:42 / 722 1:15:33 / 891 1:49:53 / 1014 2:24:51 / 1322 2:56:38 / 1400 3:28:40 / 1566 3:55:13 / 1578								
1629	2235	LEWANDOWSKI Krzysztof	RACIAŻ		POL	79M30/572	(M)153204:11:04	04:09:17 05.54
0:30:19 / 1974 0:57:45 / 1814 1:25:02 / 1716 1:58:04 / 1571 2:29:28 / 1547 2:56:59 / 1416 3:25:38 / 1412 3:54:01 / 1556								
1630	1507	MAZUR Marcin	BOCHNIA		POL / UNIWERSYTET JAGIELLOŃSKI	73M30/573	(M)153304:11:06	04:10:58 05.56
0:26:36 / 1002 0:53:16 / 1135 1:21:30 / 1408 1:55:39 / 1432 2:28:46 / 1515 2:59:33 / 1546 3:30:58 / 1634 3:56:09 / 1612								
1631	2808	KAWKA Marcin	POZNAŃ		POL	79M30/574	(M)153404:11:07	04:09:51 05.55
0:29:00 / 1613 0:56:11 / 1612 1:23:52 / 1613 1:57:51 / 1553 2:30:52 / 1605 3:01:54 / 1682 3:31:52 / 1660 3:56:01 / 1608								
1632	3469	SUSZ Artur	KRAKÓW		POL	77M30/575	(M)153504:11:10	04:10:09 05.55
0:27:56 / 1325 0:54:32 / 1400 1:21:18 / 1382 1:53:43 / 1312 2:25:22 / 1354 2:59:17 / 1529 3:33:49 / 1720 3:58:05 / 1659								
1633	1022	BRONOWICKI Jarek	GÓRA		POL / DRUŻYNA SZPIKU	76M30/576	(M)153604:11:11	04:09:39 05.55
0:30:00 / 1832 0:57:58 / 1831 1:25:38 / 1793 2:00:23 / 1759 2:32:50 / 1813 3:04:16 / 1801 3:33:15 / 1702 3:57:18 / 1644								
1634	3201	ZICKENDRAHT David	SZCZECIN		GER / LIBERTINE I	82M30/577	(M)153704:11:12	04:10:59 05.56
0:24:05 / 452 0:48:30 / 549 1:13:57 / 663 1:47:43 / 907 2:25:16 / 1345 2:58:05 / 1478 3:30:35 / 1625 3:57:32 / 1647								
1635	1220	BOSY Jacek	OPOLE		POL / FAST FOOT OPOLE	79M30/578	(M)153804:11:14	04:09:58 05.55
0:29:20 / 1694 0:57:08 / 1748 1:25:10 / 1733 1:59:48 / 1693 2:32:17 / 1743 3:02:40 / 1709 3:32:17 / 1673 3:57:58 / 1656								
1636	2293	RURKA Grzegorz	WARSZAWA		POL / T-MOBILE RUNNING TEAM	63M40/432	(M)153904:11:17	04:10:42 05.56
0:26:31 / 991 0:51:30 / 977 1:16:55 / 963 1:48:45 / 938 2:19:36 / 1013 2:50:02 / 1133 3:22:16 / 1281 3:53:34 / 1545								
1637	218	TARNOWSKI Maciej	WARSZAWA		POL / TRUCHT TARCHOMIN TEAM	83M20/285	(M)154004:11:19	04:10:12 05.55
0:28:26 / 1483 0:55:35 / 1538 1:22:47 / 1534 1:55:37 / 1430 2:28:23 / 1492 2:59:19 / 1531 3:32:10 / 1669 3:57:34 / 1648								
1638	245	KRAIŃSKI Tadeusz	WŁOCŁAWEK		POL / WKB MARATOŃCZYK	53M50/202	(M)154104:11:21	04:10:30 05.56
0:27:34 / 1169 0:54:07 / 1282 1:20:30 / 1292 1:53:28 / 1294 2:26:39 / 1412 2:58:51 / 1509 3:29:11 / 1584 3:55:32 / 1596								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
1639	386	MAJKOWSKI Michał	WARSZAWA		POL / AFRICATWIN.COM.PL	74M30/579	(M)154204:11:23	04:10:28 05.56
0:28:14 / 1429 0:55:17 / 1492 1:22:43 / 1522 1:56:40 / 1480 2:29:10 / 1534 3:00:41 / 1634 3:29:42 / 1602 3:56:43 / 1625								
1640	823	SKUBIS Grzegorz	TYCHY		POL	80M30/580	(M)154304:11:23	04:10:56 05.56
0:27:19 / 1131 0:54:14 / 1345 1:21:11 / 1377 1:54:44 / 1368 2:28:22 / 1488 2:59:47 / 1557 3:29:33 / 1594 3:56:17 / 1616								
1641	558	SWATEK Michał	KRAKÓW		POL / AMELIA	79M30/581	(M)154404:11:26	04:09:50 05.55
0:31:49 / 2296 1:01:47 / 2343 1:31:19 / 2307 2:06:04 / 2119 2:38:15 / 2048 3:07:51 / 1906 3:35:02 / 1767 3:58:29 / 1669								
1642	1261	TRYBUŁA Marcin	KRAKÓW		POL	75M30/582	(M)154504:11:27	04:09:21 05.54
0:27:39 / 1210 0:53:03 / 1120 1:19:30 / 1141 1:53:59 / 1336 2:27:55 / 1460 2:59:55 / 1562 3:29:35 / 1599 3:57:05 / 1639								
1643	81	KORDZIŃSKI Kazimierz	LUBLINIEC		POL / MARATONYPOLSKIE.PL TEAM	58M50/203	(M)154604:11:31	04:10:34 05.56
0:27:46 / 1268 0:53:42 / 1198 1:19:41 / 1173 1:54:59 / 1381 2:29:36 / 1552 3:01:03 / 1654 3:34:34 / 1749 3:59:01 / 1685								
1644	2206	GATLIK Michał	MYSLENICE		POL	89M20/286	(M)154704:11:37	04:09:58 05.55
0:30:21 / 1981 0:58:14 / 1976 1:25:53 / 1868 2:00:13 / 1738 2:31:30 / 1650 2:59:09 / 1523 3:31:41 / 1658 3:56:54 / 1634								
1645	957	RATAJCZAK Rajmund	POZNAŃ		POL	62M50/204	(M)154804:11:40	04:10:56 05.56
0:27:29 / 1149 0:53:41 / 1197 1:20:10 / 1203 1:52:48 / 1175 2:23:03 / 1225 2:53:07 / 1265 3:22:17 / 1282 3:53:01 / 1535								
1646	1208	KOWALSKI Andrzej	POZNAŃ		POL	63M40/433	(M)154904:11:41	04:10:34 05.56
0:28:48 / 1571 0:56:22 / 1638 1:23:56 / 1628 1:57:55 / 1557 2:30:05 / 1572 3:00:04 / 1575 3:28:34 / 1561 3:56:36 / 1623								
1647	2707	KLIMEK Magdalena	KRAKÓW		POL / LES FEMMES COURANT DANS LES FORETS	75K30/42	(K)98 04:11:42	04:10:55 05.56
0:27:57 / 1331 0:54:45 / 1422 1:23:02 / 1554 1:59:05 / 1628 2:32:40 / 1798 3:04:37 / 1813 3:34:12 / 1733 3:58:21 / 1668								
1648	980	KAMIŃSKI Jerzy	SZYMBARK		POL / FESTIWAL BIEGOWY W KRYNICY	59M50/205	(M)155004:11:45	04:10:02 05.55
0:30:18 / 1965 0:57:55 / 1826 1:25:17 / 1750 1:59:06 / 1630 2:34:42 / 1897 3:07:45 / 1904 3:36:27 / 1801 3:59:02 / 1686								
1649	427	SZELIGA Wojciech	IMIELIN		POL	69M40/434	(M)155104:11:45	04:10:14 05.55
0:31:22 / 2232 1:00:43 / 2257 1:29:23 / 2199 2:04:03 / 2040 2:36:18 / 1974 3:05:51 / 1850 3:34:04 / 1730 3:58:09 / 1660								
1650	2603	HABELA Adam	NOWY SĄCZ		POL	92M20/287	(M)155204:11:46	04:09:49 05.55
0:32:06 / 2335 1:01:45 / 2338 1:31:02 / 2277 2:07:49 / 2217 2:39:52 / 2109 3:10:31 / 1991 3:37:42 / 1830 4:00:02 / 1708								
1651	3060	MARCINEK Wojciech	KRAKÓW		POL / PKB JAKOŚ IDZIE	60M50/206	(M)155304:11:48	04:10:11 05.55
0:32:06 / 2336 0:58:07 / 1911 1:25:57 / 1893 2:00:31 / 1798 2:34:10 / 1879 3:05:11 / 1833 3:34:34 / 1748 3:59:04 / 1687								
1652	1823	FRYC Marcin	KRAKÓW		POL	83M20/288	(M)155404:11:49	04:09:34 05.54
0:32:06 / 2334 1:02:40 / 2431 1:32:07 / 2377 2:08:25 / 2274 2:41:30 / 2188 3:11:11 / 2023 3:38:36 / 1860 4:00:00 / 1706								
1653	968	PLISZKA Mateusz	POLICE		POL / WAT	91M20/289	(M)155504:11:53	04:10:50 05.56
0:27:35 / 1171 0:52:47 / 1081 1:17:14 / 974 1:51:40 / 1104 2:22:32 / 1154 2:57:48 / 1464 3:36:35 / 1807 4:00:37 / 1723								
1654	2941	PARANIAK Jan	HUDDINGE		SWE / TEAM SKAVSARET IF	50M60/43	(M)155604:11:57	04:11:11 05.57
0:27:00 / 1063 0:53:15 / 1133 1:20:10 / 1204 1:55:20 / 1405 2:30:20 / 1588 3:03:10 / 1739 3:35:16 / 1775 3:59:31 / 1695								
1655	874	TOMLINSON Ian	PRESTON		GBR / MERE BROW TRIATHLON	60M50/207	(M)155704:12:01	04:09:43 05.55
0:31:04 / 2197 0:58:36 / 2082 1:26:15 / 1974 2:00:38 / 1822 2:32:14 / 1727 3:00:38 / 1616 3:31:33 / 1653 3:58:58 / 1683								
1656	1294	VALENTINE David	APO AE		USA	69M40/435	(M)155804:12:01	04:10:58 05.56
0:27:56 / 1328 0:55:21 / 1503 1:23:07 / 1561 1:58:01 / 1567 2:32:04 / 1704 3:03:03 / 1734 3:32:40 / 1677 3:58:14 / 1662								
1657	3210	NOWAK Michał	KRAKÓW		POL	82M30/583	(M)155904:12:01	04:10:57 05.56
0:28:17 / 1447 0:54:10 / 1317 1:20:30 / 1290 1:53:17 / 1279 2:23:51 / 1277 3:02:10 / 1688 3:35:46 / 1788 3:59:45 / 1701								
1658	764	CIUK Piotr	WARSZAWA		POL / YULO RUN TEAM SIEDLCE	74M30/584	(M)156004:12:03	04:09:52 05.55
0:32:55 / 2493 1:02:45 / 2478 1:32:15 / 2425 2:08:37 / 2311 2:41:44 / 2197 3:10:21 / 1981 3:36:56 / 1814 3:59:15 / 1693								
1659	2166	CHMURA Tomasz	GORLICE		POL / GKPS	70M40/436	(M)156104:12:04	04:10:55 05.56
0:28:39 / 1525 0:55:18 / 1495 1:21:20 / 1391 1:53:00 / 1234 2:23:32 / 1256 2:55:31 / 1358 3:27:22 / 1513 3:56:04 / 1610								
1660	849	CIEŚLA Radosław	CZĘSTOCHOWA		POL / MERITUM BANK	73M30/585	(M)156204:12:08	04:10:37 05.56
0:29:54 / 1814 0:57:48 / 1817 1:25:50 / 1832 2:00:10 / 1729 2:32:17 / 1740 3:01:35 / 1669 3:31:22 / 1651 3:57:15 / 1643								
1661	1376	CZAMARA Rafał	KRAKÓW		POL	71M40/437	(M)156304:12:08	04:10:03 05.55
0:30:08 / 1879 0:58:15 / 1977 1:25:50 / 1831 1:59:04 / 1627 2:30:46 / 1598 3:00:22 / 1592 3:30:57 / 1633 3:56:53 / 1632								
1662	1985	BRZOZA Marcin	KIELCE		POL	77M30/586	(M)156404:12:08	04:10:19 05.55
0:30:40 / 2109 0:58:43 / 2109 1:27:00 / 2036 2:01:42 / 1923 2:35:04 / 1910 3:05:49 / 1849 3:34:53 / 1759 3:58:51 / 1681								
1663	1218	ANTCZAK Grzegorz	POZNAŃ		POL / DRUŻYNA SZPIKU	60M50/208	(M)156504:12:10	04:10:34 05.56
0:30:33 / 2061 0:58:59 / 2144 1:27:34 / 2078 2:03:03 / 1991 2:37:01 / 1994 3:07:39 / 1901 3:36:18 / 1800 3:59:41 / 1698								
1664	3400	KRUPSKI Vasyl			UKR / FENIKS	40M70/3	(M)156604:12:15	04:10:45 05.56
0:30:25 / 2013 0:58:30 / 2046 1:25:52 / 1853 1:59:12 / 1640 2:31:39 / 1661 3:01:56 / 1684 3:31:16 / 1649 3:58:01 / 1657								
1665	1298	HOROSZKO Michał	WARSZAWA		POL	87M20/290	(M)156704:12:19	04:10:02 05.55
0:32:50 / 2453 1:02:39 / 2422 1:32:04 / 2363 2:08:27 / 2282 2:42:05 / 2243 3:11:43 / 2058 3:39:00 / 1888 4:00:47 / 1735								
1666	3375	DEPLUS Alain	HOUDENG GOEGNIES		BEL / TC BRACQUEGNIES	60M50/209	(M)156804:12:19	04:10:18 05.55
0:30:40 / 2111 0:58:39 / 2096 1:26:36 / 2000 2:01:28 / 1906 2:33:31 / 1836 3:02:12 / 1692 3:31:03 / 1638 3:56:43 / 1626								
1667	845	SAGAN Robert	KRAKÓW		POL / NIEZRZESZONY	73M30/587	(M)156904:12:22	04:11:50 05.58
0:28:08 / 1397 0:55:35 / 1535 1:23:58 / 1644 2:00:09 / 1724 2:35:08 / 1914 3:07:08 / 1883 3:37:02 / 1819 4:01:41 / 1776								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:									
1668	1918	ZIELIŃSKI Marek	KRAKÓW	POL		63M40/438	(M)157004:12:24	04:10:36	05.56
0:30:42 / 2117 0:58:35 / 2071 1:25:58 / 1900 2:00:47 / 1847 2:32:53 / 1815 3:02:40 / 1710 3:32:39 / 1676 3:57:36 / 1650									
1669	2920	KUSKA Marcin	ŻEGOCINA	POL		89M20/291	(M)157104:12:26	04:11:17	05.57
0:30:42 / 2118 0:56:44 / 1708 1:24:19 / 1661 1:58:01 / 1569 2:31:43 / 1671 3:03:23 / 1756 3:32:05 / 1664 3:56:52 / 1630									
1670	2862	ŻYKWIŃSKA Dorota	TYCHY	POL		83K20/25	(K)99 04:12:27	04:10:33	05.56
0:30:18 / 1966 0:58:28 / 2031 1:26:43 / 2011 2:01:27 / 1905 2:34:35 / 1890 3:05:20 / 1836 3:35:14 / 1773 3:59:45 / 1702									
1671	256	RATINEAU Celine	CADEROUSSE (FRANCE)	FRA		74K30/43	(K)100 04:12:29	04:10:54	05.56
0:29:32 / 1737 0:57:04 / 1737 1:25:10 / 1731 1:59:50 / 1700 2:33:38 / 1844 3:05:30 / 1839 3:35:32 / 1785 3:59:14 / 1692									
1672	2257	MARCOL Mateusz	RYBNIK	POL		89M20/292	(M)157204:12:31	04:10:13	05.55
0:32:45 / 2418 1:02:38 / 2413 1:32:08 / 2389 2:08:22 / 2255 2:42:00 / 2225 3:11:41 / 2047 3:38:48 / 1870 4:00:48 / 1740									
1673	1446	PARCZYK Jerzy	WROCLAW	POL		67M40/439	(M)157304:12:31	04:10:13	05.55
0:29:25 / 1718 0:56:45 / 1710 1:24:45 / 1710 1:59:15 / 1646 2:31:40 / 1663 3:02:45 / 1719 3:34:31 / 1741 4:00:22 / 1714									
1674	834	GULACZ Marek	WALBRZYCH	POL		60M50/210	(M)157404:12:33	04:12:18	05.58
0:22:52 / 266 0:45:13 / 269 1:08:01 / 271 1:39:43 / 426 2:12:52 / 729 2:45:39 / 917 3:26:23 / 1446 3:59:32 / 1696									
1675	3062	KMIECIK Janusz	WIELICZKA	POL		51M60/44	(M)157504:12:35	04:11:53	05.58
0:27:16 / 1113 0:53:18 / 1137 1:19:52 / 1188 2:54:55 / 2981 2:23:55 / 1281 2:45:39 / 918 3:28:08 / 1543 3:56:51 / 1629									
1676	1366	ŚCIECHOWICZ Adam	GDYNIA	POL / CENTRUM OPERACJI MORSKICH		72M40/440	(M)157604:12:36	04:10:05	05.55
0:32:16 / 2353 1:01:13 / 2287 1:29:54 / 2222 2:05:33 / 2099 2:38:18 / 2052 3:08:13 / 1916 3:36:18 / 1799 3:59:52 / 1704									
1677	1665	ZUBOWICZ Jakub	SEJNY	POL / ""ŻWAWĘ ŻUBRY""		82M30/588	(M)157704:12:37	04:11:22	05.57
0:30:09 / 1890 0:58:09 / 1935 1:25:58 / 1906 2:01:03 / 1867 2:33:36 / 1843 3:03:30 / 1761 3:32:48 / 1681 3:58:17 / 1664									
1678	731	BREZHEN Igor	PRAHA	SVK / BK STEEL KOŠICE		75M30/589	(M)157804:12:38	04:12:22	05.58
0:27:20 / 1132 0:54:01 / 1241 1:20:32 / 1299 1:53:56 / 1329 2:28:44 / 1512 3:00:26 / 1597 3:32:00 / 1663 3:58:38 / 1674									
1679	76	TOMAKA Wojciech	RZESZÓW	POL / IM2010 RZESZÓW		72M40/441	(M)157904:12:38	04:12:12	05.58
0:25:23 / 768 0:50:01 / 836 1:14:59 / 837 1:46:13 / 834 2:18:38 / 972 2:53:17 / 1270 3:28:53 / 1577 3:57:01 / 1638									
1680	3014	GRZYWACZ Ryszard	JELENIA GÓRA	POL		69M40/442	(M)158004:12:38	04:11:08	05.57
0:30:40 / 2110 0:58:35 / 2076 1:26:03 / 1938 2:00:29 / 1779 2:33:33 / 1839 3:03:39 / 1772 3:35:25 / 1778 3:59:43 / 1700									
1681	1068	ZASADA Tomasz	KRAKÓW	POL / AZS AWF MASTERS KRAKÓW		71M40/443	(M)158104:12:44	04:12:15	05.58
0:25:38 / 853 0:50:57 / 923 1:16:38 / 949 1:49:58 / 1016 2:24:02 / 1292 2:56:01 / 1376 3:28:28 / 1556 3:59:07 / 1690									
1682	332	JAMROZIŃSKI Michał	WROCLAW	POL / KB VAMOS AMIGOS WROCLAW		74M30/590	(M)158204:12:46	04:11:41	05.57
0:27:44 / 1258 0:53:37 / 1189 1:19:34 / 1155 1:51:25 / 1085 2:22:04 / 1133 2:52:31 / 1230 3:26:34 / 1451 3:56:52 / 1631									
1683	1044	SZATA Łukasz	ZAWIERCIE	POL		91M20/293	(M)158304:12:49	04:10:00	05.55
0:34:02 / 2653 1:01:30 / 2318 1:27:36 / 2081 2:00:54 / 1856 2:31:56 / 1693 3:00:56 / 1649 3:32:09 / 1666 4:00:43 / 1730									
1684	3355	KLIMASZEWSKI Kamil	SOSNOWIEC	POL		81M30/591	(M)158404:12:49	04:11:24	05.57
0:29:19 / 1686 0:56:41 / 1688 1:24:40 / 1700 1:59:26 / 1662 2:32:11 / 1712 3:00:27 / 1598 3:28:40 / 1568 3:58:11 / 1661									
1685	2733	GROCHOCKI Wojciech	POZNAŃ	POL / KB MALTA POZNAŃ		36M70/4	(M)158504:12:50	04:12:03	05.58
0:28:57 / 1601 0:56:36 / 1675 1:24:30 / 1676 1:59:33 / 1673 2:32:36 / 1791 3:03:31 / 1763 3:33:21 / 1705 3:58:33 / 1671									
1686	927	GEREC Jaroslav	PŘEROV	SVK / 05BK FURČA KOŠICE		74M30/592	(M)158604:12:54	04:11:49	05.58
0:29:13 / 1671 0:56:16 / 1625 1:23:34 / 1592 1:57:16 / 1516 2:29:08 / 1533 2:59:20 / 1532 3:28:32 / 1559 3:56:54 / 1635									
1687	2043	JAGODZIŃSKI Michał	ZBĄSZYNEK	POL / KGB ROGOZINIEC		76M30/593	(M)158704:12:55	04:10:38	05.56
0:32:50 / 2451 1:02:42 / 2451 1:32:11 / 2411 2:08:25 / 2270 2:41:54 / 2205 3:11:36 / 2039 3:38:36 / 1859 4:00:31 / 1720									
1688	3045	ZIARKO Piotr	KRAKÓW	POL		80M30/594	(M)158804:12:58	04:10:52	05.56
0:31:37 / 2272 1:00:15 / 2226 1:29:16 / 2195 2:05:47 / 2111 2:39:54 / 2110 3:10:07 / 1975 3:38:22 / 1849 4:00:57 / 1754									
1689	3027	ŻELAZNA Natalia	TORUŃ	POL		80K30/44	(K)101 04:12:59	04:10:56	05.56
0:32:07 / 2339 1:01:10 / 2281 1:30:03 / 2234 2:05:43 / 2107 2:39:42 / 2102 3:10:22 / 1983 3:38:34 / 1858 4:00:52 / 1750									
1690	2067	BIELAK Krzysztof	LUBLIN	POL / WWW.ROWEROWAPRZYGODA.EU		80M30/595	(M)158904:12:59	04:11:17	05.57
0:30:19 / 1972 0:58:07 / 1912 1:25:53 / 1873 2:00:30 / 1786 2:32:41 / 1799 3:02:51 / 1725 3:33:05 / 1693 3:58:51 / 1680									
1691	2031	BRZĘCZEK Roman	WARSZAWA	POL		60M50/211	(M)159004:13:01	04:12:19	05.58
0:27:18 / 1130 0:53:29 / 1166 1:20:00 / 1195 2:59:01 / 2987 2:25:21 / 1353 3:02:51 / 1724 3:30:38 / 1626 3:58:20 / 1667									
1692	1099	OLEJNIK Damian	OLSZTYN	POL / NIEZRZESZONY		89M20/294	(M)159104:13:02	04:11:22	05.57
0:31:15 / 2214 0:59:16 / 2160 1:27:33 / 2075 2:03:40 / 2028 2:37:31 / 2018 3:09:04 / 1940 3:38:48 / 1873 4:00:48 / 1741									
1693	860	SUDNIKOWICZ Paweł	ŻMIGRÓD	POL / ADIDAS POLAND		86M20/295	(M)159204:13:02	04:10:32	05.56
0:34:04 / 2656 1:03:03 / 2543 1:31:55 / 2347 2:06:36 / 2149 2:39:07 / 2081 3:09:39 / 1959 3:37:43 / 1831 4:00:11 / 1711									
1694	3435	BEREŚ Arkadiusz	RZESZÓW	POL / MARATONPARK RZESZÓW		87M20/296	(M)159304:13:07	04:11:05	05.57
0:30:36 / 2088 0:58:28 / 2034 1:26:01 / 1922 1:59:34 / 1678 2:31:02 / 1622 3:00:08 / 1580 3:30:48 / 1629 3:58:45 / 1676									
1695	1682	WRÓBLEWSKI Andrzej	OLSZTYN	POL / MARATONPARK RZESZÓW		66M40/444	(M)159404:13:07	04:11:07	05.57
0:30:35 / 2076 0:58:27 / 2028 1:26:01 / 1925 1:59:34 / 1677 2:31:01 / 1621 3:00:08 / 1579 3:30:48 / 1628 3:58:37 / 1672									
1696	984	HERMANOWICZ-ŚWIERCZEK	KWIDZYN	POL		76K30/45	(K)102 04:13:09	04:11:19	05.57
0:31:40 / 2281 1:00:30 / 2242 1:29:30 / 2204 2:03:56 / 2034 2:36:44 / 1987 3:07:20 / 1889 3:36:08 / 1797 4:00:38 / 1725									

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Age	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
1697	3155	BOLIGŁOWA Jerzy	KRAKÓW	POL		81M30/596		(M)159504:	04:13:12	04:12:39 05.59
0:27:12 / 1100 0:53:41 / 1196 1:20:33 / 1314 1:57:12 / 1507 2:32:10 / 1710 3:04:29 / 1808 3:36:10 / 1798 4:00:47 / 1733										
1698	940	FILA Antoni	SZTUM	POL	/ ZANTYR SZTUM	50M60/45		(M)159604:	04:13:13	04:12:51 05.59
0:27:02 / 1067 0:53:28 / 1162 1:20:14 / 1208 1:53:00 / 1228 2:25:00 / 1335 2:57:27 / 1442 3:31:01 / 1636 3:58:51 / 1679										
1699	3161	JAKUBÓW Rafał	NIEPOLOMICE	POL		73M30/597		(M)159704:	04:13:16	04:10:48 05.56
0:33:34 / 2592 1:02:51 / 2518 1:32:17 / 2434 2:08:32 / 2299 2:42:07 / 2251 3:11:47 / 2069 3:38:51 / 1881 4:00:57 / 1755										
1700	1987	GRZEGOLEC Michał	MASŁÓW	POL		93M20/297		(M)159804:	04:13:18	04:11:19 05.57
0:30:29 / 2039 0:58:12 / 1963 1:26:02 / 1928 2:00:47 / 1848 2:33:01 / 1819 3:04:29 / 1809 3:35:31 / 1784 4:00:36 / 1722										
1701	3423	LÓRÁNT Gábor	BUDAPEST	HUN	/ TÁVFUTÓMŰVEK	68M40/445		(M)159904:	04:13:21	04:11:40 05.57
0:30:22 / 1988 0:58:08 / 1925 1:25:53 / 1863 2:00:30 / 1792 2:35:43 / 1948 3:07:33 / 1898 3:37:15 / 1824 4:00:39 / 1726										
1702	3269	GABOR Junos	BUDAPEST	HUN		65M40/446		(M)160004:	04:13:21	04:11:08 05.57
0:31:47 / 2292 0:58:19 / 1997 1:25:17 / 1749 2:00:09 / 1725 2:33:07 / 1823 3:04:42 / 1817 3:34:32 / 1743 4:00:30 / 1719										
1703	1024	DOBROWOLSKI Bartłomiej	DĘBICA	POL		79M30/598		(M)160104:	04:13:22	04:12:04 05.58
0:29:32 / 1736 0:56:48 / 1721 1:23:44 / 1602 1:57:09 / 1504 2:29:49 / 1563 3:02:44 / 1713 3:33:05 / 1694 4:00:22 / 1712										
1704	557	ZBIJOWSKA-HATALA Ewelina	CZECHOWICE DZIEDZICE	POL		84K20/26		(K)103	04:13:25	04:12:18 05.58
0:29:48 / 1794 0:58:30 / 2043 1:27:05 / 2044 2:01:42 / 1921 2:34:04 / 1874 3:03:47 / 1780 3:33:29 / 1712 3:58:45 / 1677										
1705	2903	LUCIŃSKI Michał	WARSZAWA	POL		78M30/599		(M)160204:	04:13:26	04:12:05 05.58
0:29:48 / 1795 0:58:05 / 1874 1:25:54 / 1879 2:00:33 / 1807 2:33:12 / 1830 3:04:05 / 1790 3:33:30 / 1713 3:59:05 / 1688										
1706	3206	JĄSKIEWICZ Remigiusz	KRAKÓW	POL		91M20/298		(M)160304:	04:13:29	04:12:00 05.58
0:30:05 / 1846 0:58:05 / 1868 3:38:51 / 3007 2:00:31 / 1795 2:32:18 / 1750 3:00:45 / 1642 3:33:30 / 1714 4:00:48 / 1737										
1707	3199	BRZYSKI Artur	POZNAŃ	POL	/ ZULWIE TEMPO	84M20/299		(M)160404:	04:13:30	04:11:19 05.57
0:32:38 / 2397 1:02:23 / 2384 1:31:02 / 2276 2:05:05 / 2076 2:37:42 / 2029 3:08:25 / 1920 3:37:54 / 1836 4:00:45 / 1731										
1708	2437	KULON Arkadiusz	RADZYNY	POL		73M30/600		(M)160504:	04:13:34	04:11:20 05.57
0:32:47 / 2434 1:02:38 / 2411 1:32:06 / 2375 2:08:22 / 2256 2:41:59 / 2218 3:11:42 / 2050 3:38:38 / 1862 4:00:48 / 1739										
1709	896	SUPERSON Wojtek	KRAKÓW	POL		71M40/447		(M)160604:	04:13:36	04:11:15 05.57
0:33:06 / 2533 1:02:41 / 2443 1:32:07 / 2383 2:07:46 / 2213 2:40:58 / 2161 3:10:43 / 2000 3:37:53 / 1835 4:00:22 / 1713										
1710	167	PIĄTEK Małgorzata	ZYWIEC	POL	/ NZ	58K50/9		(K)104	04:13:37	04:13:14 06.00
0:26:57 / 1056 0:53:58 / 1228 1:22:11 / 1459 1:57:47 / 1552 2:32:15 / 1731 3:04:31 / 1810 3:34:46 / 1755 3:59:37 / 1697										
1711	865	STĘPSKA Małgosia	KRAKÓW	POL		72K40/22		(K)105	04:13:37	04:11:17 05.57
0:33:09 / 2545 1:02:41 / 2446 1:32:07 / 2381 2:07:47 / 2215 2:40:58 / 2162 3:10:46 / 2004 3:37:53 / 1834 4:00:23 / 1715										
1712	3121	PLUTO-PRADZYŃSKI Paweł	SZCZECIN	POL		86M20/300		(M)160704:	04:13:38	04:12:49 05.59
0:27:42 / 1243 0:54:04 / 1251 1:20:24 / 1250 1:52:59 / 1224 2:30:29 / 1591 3:03:36 / 1769 3:34:23 / 1736 4:00:42 / 1729										
1713	2956	WIĘSLAW Krzysztof	WARSZAWA	POL		71M40/448		(M)160804:	04:13:38	04:12:45 05.59
0:27:47 / 1279 0:54:15 / 1350 1:20:49 / 1348 1:53:38 / 1302 2:28:11 / 1471 3:00:00 / 1570 3:32:53 / 1686 4:00:41 / 1727										
1714	640	BABULA Mateusz	KRAKÓW	POL		80M30/601		(M)160904:	04:13:40	04:11:41 05.57
0:30:13 / 1922 0:56:43 / 1699 1:23:05 / 1557 1:55:19 / 1404 2:27:34 / 1448 2:59:14 / 1526 3:31:59 / 1662 4:00:37 / 1724										
1715	3335	MIHALENIA Aliaksandr	SOLIGORSK	BLR	/ KOLOBOK	72M40/449		(M)161004:	04:13:41	04:12:35 05.59
0:26:26 / 983 0:49:54 / 812 1:14:17 / 770 1:45:21 / 775 2:16:38 / 885 2:52:39 / 1233 3:27:01 / 1494 3:57:47 / 1652										
1716	422	MICKIEWICZ Alicja	MIĘDZYDZROJE	POL	/ HOTEL AMBER BALTIC	66K40/23		(K)106	04:13:43	04:12:40 05.59
0:26:26 / 982 0:54:17 / 1363 1:20:52 / 1356 1:53:53 / 1326 2:24:45 / 1317 2:53:06 / 1262 3:26:00 / 1425 3:54:56 / 1570										
1717	3455	KORDOWSKI Dominik	ŻABIA WOLA	POL		86M20/301		(M)161104:	04:13:49	04:12:56 05.59
0:27:39 / 1217 0:54:06 / 1270 1:20:33 / 1307 1:53:42 / 1304 2:26:42 / 1414 2:58:18 / 1489 3:31:16 / 1648 3:59:05 / 1689										
1718	687	BONAR Wiesław	ZĄBKI	POL		78M30/602		(M)161204:	04:13:54	04:11:44 05.57
0:32:46 / 2427 1:02:42 / 2456 1:32:08 / 2394 2:08:23 / 2263 2:41:45 / 2198 3:11:35 / 2035 3:38:56 / 1885 4:00:49 / 1742										
1719	480	ZAGUBIEN Dominik	SIEMIANOWICE ŚLĄSKIE	POL		81M30/603		(M)161304:	04:13:59	04:13:19 06.00
0:25:15 / 708 0:49:45 / 756 1:14:06 / 727 1:43:47 / 659 2:12:05 / 696 2:53:15 / 1269 3:29:43 / 1603 3:58:15 / 1663										
1720	783	LATZKE Krzysztof	POZNAN	POL	/ HURAGAN SZKLARKA POZNAŃ	81M30/604		(M)161404:	04:14:02	04:11:37 05.57
0:25:15 / 709 1:01:15 / 2290 1:30:17 / 2241 2:06:08 / 2125 2:39:26 / 2091 3:09:21 / 1949 3:38:26 / 1851 4:01:10 / 1762										
1721	1831	URBAŃSKI Artur	SZCZECIN	POL		69M40/450		(M)161504:	04:14:02	04:11:59 05.58
0:31:28 / 2243 0:59:49 / 2198 1:28:22 / 2141 2:03:10 / 1998 2:35:38 / 1941 3:07:03 / 1877 3:35:11 / 1771 4:00:00 / 1705										
1722	1677	GÓRSKI Sylwester	CZĘSTOCHOWA	POL		71M40/451		(M)161604:	04:14:07	04:12:54 05.59
0:29:02 / 1620 0:56:08 / 1602 1:23:16 / 1570 1:56:50 / 1493 2:28:30 / 1503 2:58:37 / 1498 3:32:44 / 1680 3:58:18 / 1665										
1723	1290	HODOSSY Péter	OHRADY	SVK	/ CUM DEO PRO PATRIA ET LIBERTATE	78M30/605		(M)161704:	04:14:12	04:13:58 06.01
0:25:40 / 859 0:50:46 / 908 1:16:49 / 956 1:49:36 / 990 2:19:23 / 1004 2:49:16 / 1063 3:24:46 / 1366 3:58:37 / 1673										
1724	2914	ŚWIECZKOWSKI Piotr	KRAKÓW	POL		78M30/606		(M)161804:	04:14:14	04:13:26 06.00
0:28:43 / 1549 0:56:38 / 1677 1:24:41 / 1704 1:59:52 / 1708 2:31:14 / 1633 3:00:36 / 1608 3:32:43 / 1679 3:59:48 / 1703										
1725	2539	MARCINCZYK - JAREK	BRZESZCZE	POL		70K40/24		(K)107	04:14:14	04:13:28 06.00
0:27:41 / 1228 0:54:05 / 1265 1:20:38 / 1332 1:57:26 / 1528 2:31:44 / 1673 3:04:29 / 1807 3:34:32 / 1744 4:00:02 / 1707										

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupa Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
1726	2180	MŁOT Daniel	OLSZTYN	POL		76M30/607	(M)161904:14:14	04:13:57	06.01	
0:25:21 / 754 0:50:35 / 896 1:17:03 / 968 1:51:29 / 1090 2:26:39 / 1411 2:59:18 / 1530 3:33:06 / 1695 4:00:24 / 1716										
1727	1092	PAWLAK Grzegorz	KRAKÓW	POL	/ BIEGAMBOLUBIĘ	79M30/608	(M)162004:14:16	04:12:06	05.58	
0:32:40 / 2405 1:02:29 / 2394 1:32:00 / 2355 2:08:05 / 2232 2:41:56 / 2210 3:11:38 / 2040 3:38:57 / 1886 4:01:28 / 1768										
1728	643	KĘSY Dariusz	SWARZĘDZ	POL	/ KB MANIAC POZNAŃ	83M20/302	(M)162104:14:19	04:12:47	05.59	
0:30:09 / 1885 0:58:13 / 1968 1:26:06 / 1945 2:00:44 / 1842 2:32:46 / 1807 3:02:45 / 1715 3:36:33 / 1806 4:02:03 / 1786										
1729	3467	KAWAMURA Nao	WARSZAWA	JPN	/ DRUNK SAMURAI	72M40/452	(M)162204:14:19	04:12:59	05.59	
0:29:29 / 1730 0:57:04 / 1735 1:24:43 / 1708 2:00:32 / 1804 2:34:13 / 1883 3:05:01 / 1826 3:34:54 / 1760 4:01:21 / 1764										
1730	2935	KRZYŻAŃSKI Remigiusz	KOŚCIAN	POL	/ KB KOŚCIAN	62M50/212	(M)162304:14:23	04:13:06	05.59	
0:28:10 / 1406 0:54:18 / 1365 1:20:45 / 1338 1:53:53 / 1328 2:28:16 / 1478 3:03:21 / 1753 3:35:01 / 1765 4:00:48 / 1738										
1731	1919	KLEPACZ-ZIELIŃSKA Ewa	KRAKÓW	POL		66K40/25	(K)108 04:14:27	04:12:39	05.59	
0:30:44 / 2129 0:58:58 / 2141 1:27:32 / 2072 2:01:59 / 1934 2:35:04 / 1911 3:05:42 / 1846 3:35:03 / 1768 4:00:42 / 1728										
1732	1545	TEKIELI Marek	KRAKÓW	POL		68M40/453	(M)162404:14:31	04:14:25	06.01	
0:24:41 / 543 0:49:00 / 596 1:13:35 / 624 1:44:11 / 704 2:19:19 / 1001 2:52:08 / 1218 3:24:47 / 1368 3:58:56 / 1682										
1733	2745	LISOWSKI Krzysztof	RACULA	POL	/ DRUŻYNA GAZETY ZIELONA GÓRA	63M40/454	(M)162504:14:37	04:13:00	05.59	
0:29:49 / 1799 0:57:28 / 1778 1:25:22 / 1756 1:59:32 / 1671 2:31:47 / 1677 3:02:51 / 1723 3:33:59 / 1727 3:59:41 / 1699										
1734	2629	WASILEWSKI Artur	WROCLAW	POL	/ I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	67M40/455	(M)162604:14:39	04:13:07	05.59	
0:30:06 / 1857 0:57:59 / 1837 1:25:47 / 1815 2:00:14 / 1742 2:32:14 / 1726 3:03:35 / 1767 3:34:32 / 1745 4:00:46 / 1732										
1735	806	SMOLÁR Július	SPIŠSKÁ NOVÁ VES	SVK	/ MK TATRAN SP.NOVÁ VES	46M60/46	(M)162704:14:42	04:14:11	06.01	
0:27:31 / 1163 0:55:00 / 1449 1:23:42 / 1600 2:00:11 / 1732 2:34:31 / 1889 3:06:46 / 1874 3:36:41 / 1810 4:00:50 / 1745										
1736	2040	ADAMSKI Donat	KRAKÓW	POL		63M40/456	(M)162804:14:46	04:14:39	06.02	
0:26:16 / 959 0:52:35 / 1059 1:20:13 / 1207 3:00:47 / 2992 2:28:20 / 1483 3:06:46 / 1875 3:33:24 / 1708 4:00:30 / 1718										
1737	1514	BŁASZCZYK Anna	RADOM	POL		74K30/46	(K)109 04:14:49	04:13:54	06.01	
0:29:52 / 1808 0:57:59 / 1832 1:25:36 / 1785 2:00:31 / 1797 2:36:14 / 1970 3:09:08 / 1942 3:39:03 / 1892 4:02:08 / 1790										
1738	2743	BUCIAK Michał	WARSZAWA	POL		72M40/457	(M)162904:14:50	04:12:44	05.59	
0:32:46 / 2419 1:02:39 / 2420 1:32:03 / 2362 2:08:21 / 2249 2:42:00 / 2222 3:11:42 / 2052 3:38:47 / 1868 4:00:47 / 1734										
1739	3196	ORDYŃSKI Janusz	SKARŻYSKO-KAMIENNA	POL		50M60/47	(M)163004:14:52	04:13:49	06.00	
0:32:46 / 2420 1:01:42 / 2330 1:31:25 / 2311 2:06:58 / 2171 2:40:13 / 2127 3:10:21 / 1982 3:38:32 / 1855 4:01:25 / 1767										
1740	1913	CZERWIONKA Lidia	KRAKÓW	POL	/ MARATONYPOLSKIE.PL TEAM	80K30/47	(K)110 04:14:53	04:12:44	05.59	
0:32:48 / 2436 1:02:42 / 2457 1:32:14 / 2422 2:08:23 / 2260 2:42:01 / 2227 3:11:43 / 2053 3:38:48 / 1869 4:00:48 / 1736										
1741	770	PIWOWARCZYK Magdalena	KRAKÓW	POL	/ SZKOŁA WSPINANIA KLAMA	77K30/48	(K)111 04:14:55	04:12:31	05.59	
0:32:57 / 2506 1:02:33 / 2403 1:31:58 / 2350 2:07:49 / 2220 2:41:31 / 2189 3:11:10 / 2021 3:39:02 / 1890 4:02:36 / 1805										
1742	2407	DURJASZ Paweł	WARSZAWA	POL	/ NIEZRZESZONY	61M50/213	(M)163104:14:56	04:13:16	06.00	
0:30:43 / 2126 0:58:52 / 2127 1:26:55 / 2027 2:03:02 / 1988 2:38:26 / 2056 3:10:22 / 1984 3:39:10 / 1899 4:01:46 / 1778										
1743	1399	BANAŚ Tomasz	KRAKÓW	POL		77M30/609	(M)163204:14:57	04:13:54	06.01	
0:30:43 / 2125 0:55:04 / 1458 1:22:24 / 1483 1:56:13 / 1463 2:31:05 / 1625 3:03:38 / 1771 3:34:27 / 1740 4:00:49 / 1743										
1744	3398	BOCIAN Mariusz	WARSZAWA	POL		72M40/458	(M)163304:14:59	04:13:10	06.00	
0:29:20 / 1695 0:56:22 / 1639 1:23:29 / 1583 1:57:01 / 1499 2:30:05 / 1573 3:02:21 / 1698 3:35:20 / 1777 4:00:51 / 1748										
1745	1270	CZERWIŃSKI Jakub	MICHAŁOWICE	POL		73M30/610	(M)163404:14:59	04:12:40	05.59	
0:31:40 / 2278 0:58:55 / 2136 1:26:08 / 1953 2:00:44 / 1841 2:33:55 / 1863 3:06:01 / 1858 3:36:32 / 1804 4:00:50 / 1746										
1746	3365	FRAJBERG Agnieszka	KRAKÓW	POL		77K30/49	(K)112 04:15:00	04:12:53	05.59	
0:31:40 / 2279 1:02:40 / 2435 1:32:13 / 2416 2:08:28 / 2289 2:42:06 / 2246 3:11:47 / 2068 3:39:01 / 1889 4:01:56 / 1782										
1747	574	KURZEJA Adam	OSTRÓW WIELKOPOLSKI	POL		75M30/611	(M)163504:15:02	04:14:12	06.01	
0:27:41 / 1229 0:54:08 / 1293 1:20:24 / 1247 1:52:57 / 1214 2:23:14 / 1232 2:57:40 / 1453 3:29:15 / 1585 3:58:33 / 1670										
1748	3003	KAŹMIERCZAK Konrad	MAŁDYTY	POL	/ INTERIA.PL RUNNERS TEAM	89M20/303	(M)163604:15:06	04:13:21	06.00	
0:30:36 / 2087 0:58:14 / 1974 1:25:52 / 1851 2:00:23 / 1756 2:32:27 / 1782 3:02:53 / 1726 3:34:41 / 1751 4:01:38 / 1773										
1749	701	BRÓDKA Paweł	RADOM	POL	/ KLUB MARATOŃCZYKA RADOM	74M30/612	(M)163704:15:07	04:13:47	06.00	
0:29:39 / 1765 0:57:19 / 1767 1:25:30 / 1772 1:59:57 / 1713 2:31:53 / 1686 3:00:51 / 1645 3:32:52 / 1684 4:01:38 / 1772										
1750	1216	SIWA Marcin	WARSZAWA	POL		76M30/613	(M)163804:15:13	04:12:50	05.59	
0:32:21 / 2365 1:00:17 / 2227 1:28:05 / 2117 2:03:00 / 1984 2:35:19 / 1924 3:04:19 / 1804 3:35:05 / 1769 4:01:48 / 1779										
1751	1300	KONDRACIUK Krzysztof	GOLDAP	POL	/ ŁOWCY PRZYGÓD-GOLDAP	65M40/459	(M)163904:15:27	04:14:20	06.01	
0:32:21 / 2366 0:56:01 / 1590 1:22:38 / 1511 1:55:27 / 1414 2:34:06 / 1875 3:04:57 / 1825 3:34:24 / 1737 4:00:10 / 1709										
1752	560	MIKINA Artur	WARSZAWA	POL	/ PWPW SA	59M50/214	(M)164004:15:34	04:13:35	06.00	
0:29:01 / 1617 0:55:52 / 1568 1:22:39 / 1513 1:55:30 / 1418 2:26:44 / 1418 2:57:22 / 1433 3:35:14 / 1774 4:00:50 / 1747										
1753	2059	STEFANCZYK Monika	KRAKÓW	POL	/ LES FEMMES COURANT DANS LES FORETS	80K30/50	(K)113 04:15:41	04:14:00	06.01	
0:30:09 / 1886 0:58:42 / 2104 1:27:29 / 2069 2:02:44 / 1966 2:36:25 / 1978 2:57:22 / 1434 3:38:02 / 1841 4:02:00 / 1784										
1754	1400	GUDMUNDSSON Kristjan	BALLERUP	DEN	/ HARETRI	63M40/460	(M)164104:15:43	04:15:10	06.02	
0:26:04 / 934 0:52:45 / 1073 1:20:03 / 1198 1:54:10 / 1344 2:27:09 / 1431 2:57:44 / 1457 3:31:35 / 1655 3:59:30 / 1694										

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
1755	376	SZARON Marek	KRAKÓW	POL		93M20/304	(M)164204:15:46	04:14:52 06.02
0:27:13 / 1104 0:52:42 / 1070 1:18:41 / 1083 1:52:09 / 1137 2:26:44 / 1417 3:03:40 / 1773 3:38:17 / 1847 4:03:12 / 1819								
1756	3427	CYRIL Jouannic	ANGLET	FRA		70M40/461	(M)164304:15:47	04:14:26 06.01
0:30:23 / 1999 0:58:05 / 1886 1:25:50 / 1824 2:00:57 / 1861 2:32:56 / 1816 3:03:53 / 1782 3:35:26 / 1780 4:00:59 / 1757								
1757	1623	NOWAK Kuba	WARSZAWA	POL		76M30/614	(M)164404:15:52	04:14:09 06.01
0:29:25 / 1716 0:57:15 / 1760 1:25:21 / 1753 1:59:23 / 1657 2:30:49 / 1602 3:01:10 / 1656 3:33:22 / 1707 4:01:42 / 1777								
1758	1504	SZNAJDER Marian	SIEDLISKO	POL		66M40/462	(M)164504:15:56	04:13:58 06.01
0:32:03 / 2323 1:01:29 / 2313 1:33:07 / 2499 2:09:10 / 2351 2:43:44 / 2303 3:13:38 / 2125 3:41:17 / 1968 4:03:33 / 1832								
1759	1502	SZNAJDER Zenon	NOWA SÓL	POL		59M50/215	(M)164604:15:56	04:14:00 06.01
0:32:03 / 2324 1:01:30 / 2319 1:33:08 / 2500 2:09:11 / 2352 2:43:45 / 2306 3:13:37 / 2123 3:41:17 / 1967 4:03:33 / 1831								
1760	553	GLADYSZ Dariusz	CZĘSTOCHOWA	POL		69M40/463	(M)164704:15:57	04:13:37 06.00
0:32:57 / 2505 1:02:31 / 2397 1:31:51 / 2346 2:07:28 / 2199 2:40:56 / 2158 3:11:18 / 2026 3:40:00 / 1922 4:03:07 / 1817								
1761	1687	JANCZUK Piotr	WARSZAWA	POL	KLUB WYSOKOGÓRSKI WARSZAWA	76M30/615	(M)164804:15:58	04:14:24 06.01
0:29:22 / 1702 0:56:23 / 1640 1:23:50 / 1610 1:57:52 / 1554 2:30:19 / 1586 3:02:45 / 1717 3:36:05 / 1795 4:03:31 / 1829								
1762	628	LISZKA Jacek	BIEŻDZIEDZA	POL	LISZKA RUNNING TEAM	74M30/616	(M)164904:15:58	04:14:27 06.01
0:30:26 / 2018 0:58:13 / 1970 1:25:57 / 1896 2:00:40 / 1828 2:32:32 / 1783 3:02:54 / 1728 3:33:53 / 1721 4:00:35 / 1721								
1763	2395	BONCZYK Zdzisław	RYBNIK	POL		63M40/464	(M)165004:16:00	04:14:13 06.01
0:30:07 / 1871 0:58:05 / 1879 1:25:41 / 1799 1:59:52 / 1710 2:32:19 / 1753 3:03:44 / 1776 3:34:41 / 1750 4:01:09 / 1761								
1764	126	MEŻYNSKI Piotr	ZIELONKA	POL		79M30/617	(M)165104:16:01	04:15:48 06.03
0:24:13 / 472 0:47:21 / 458 1:11:06 / 472 1:41:40 / 504 2:13:49 / 775 2:44:28 / 874 3:14:59 / 1025 3:49:18 / 1419								
1765	1210	BRAUM Michał	KRAKÓW	POL		79M30/618	(M)165204:16:02	04:14:34 06.02
0:30:13 / 1923 0:58:08 / 1930 1:25:56 / 1887 2:00:35 / 1816 2:32:32 / 1784 3:02:33 / 1705 3:34:34 / 1747 4:01:32 / 1771								
1766	3148	WOCH Krzysztof	JAWORZNO	POL		81M30/619	(M)165304:16:02	04:14:08 06.01
0:30:22 / 1985 0:58:12 / 1964 1:25:44 / 1805 2:00:39 / 1824 2:32:35 / 1788 3:02:12 / 1693 3:33:27 / 1709 4:00:54 / 1753								
1767	342	MAKSYMOWICZ Andrzej	KRAKÓW	POL		69M40/465	(M)165404:16:07	04:15:17 06.03
0:28:44 / 1552 0:56:48 / 1720 1:25:12 / 1736 2:00:12 / 1734 2:32:49 / 1812 3:06:28 / 1866 3:37:24 / 1825 4:02:02 / 1785								
1768	2307	MACH Tadeusz	RZESZÓW	POL	MEDIA REGIONALNE	62M50/216	(M)165504:16:08	04:14:53 06.02
0:30:16 / 1948 0:58:32 / 2059 1:26:59 / 2035 2:03:05 / 1993 2:36:36 / 1984 3:07:25 / 1890 3:36:38 / 1809 4:01:22 / 1765								
1769	512	ORLIK Sebastian	RADOM	POL	42. BAZA LOTNICTWA SZKOLNEGO	75M30/620	(M)165604:16:08	04:14:51 06.02
0:29:06 / 1640 0:56:26 / 1649 1:24:33 / 1683 1:59:48 / 1695 2:32:13 / 1723 3:04:10 / 1797 3:35:29 / 1782 4:03:41 / 1840								
1770	3351	MISZCZYK Wojciech	KRAKÓW	POL		91M20/305	(M)165704:16:09	04:13:55 06.01
0:29:06 / 1641 0:58:12 / 1966 1:25:58 / 1901 2:00:46 / 1845 2:33:06 / 1822 3:04:56 / 1824 3:38:49 / 1877 4:02:05 / 1787								
1771	2991	WLADYKA Jakub	KRAKÓW	POL		91M20/306	(M)165804:16:10	04:14:12 06.01
0:32:22 / 2368 1:02:28 / 2390 1:32:11 / 2407 2:05:53 / 2114 2:37:54 / 2037 3:08:30 / 1925 3:38:48 / 1872 4:03:20 / 1822								
1772	1661	BRZOZOWSKI Piotr	JAWORZNO	POL	KB MCKIS JAWORZNO	69M40/466	(M)165904:16:10	04:14:38 06.02
0:29:59 / 1828 0:57:56 / 1827 1:25:48 / 1819 2:00:23 / 1758 2:33:08 / 1826 3:04:29 / 1806 3:35:57 / 1792 4:01:32 / 1770								
1773	922	BARAN Rafał	KRZESZOWICE	POL		85M20/307	(M)166004:16:13	04:15:01 06.02
0:29:02 / 1618 0:56:27 / 1656 1:23:56 / 1630 1:57:37 / 1543 2:30:53 / 1608 3:03:08 / 1737 3:35:26 / 1781 4:02:26 / 1799								
1774	708	GÓRNICKI Radomir	KOŚCIELISKA	POL	KPP OLESNO	78M30/621	(M)166104:16:13	04:14:36 06.02
0:30:10 / 1898 0:58:05 / 1869 1:25:51 / 1842 2:00:30 / 1782 2:32:13 / 1724 3:00:34 / 1604 3:32:09 / 1668 4:04:12 / 1853								
1775	3035	KĘDZIOR Robert	JASŁO	POL		65M40/467	(M)166204:16:13	04:15:44 06.03
0:25:47 / 891 0:51:07 / 941 1:16:53 / 959 1:51:57 / 1124 2:29:33 / 1551 3:03:48 / 1781 3:37:13 / 1823 4:02:28 / 1800								
1776	892	GREEN Paul	WARWICK	GBR		61M50/217	(M)166304:16:16	04:14:08 06.01
0:29:16 / 1681 0:56:05 / 1598 1:23:52 / 1612 1:59:08 / 1634 2:33:12 / 1829 3:05:21 / 1837 3:37:01 / 1818 4:02:13 / 1791								
1777	1430	WOLSZCZAK Ewelina	WARSZAWA	POL	POLSKA BIEGA	83K20/27	(K)114 04:16:16	04:14:43 06.02
0:29:03 / 1624 0:56:24 / 1642 1:23:58 / 1641 1:58:12 / 1580 2:30:52 / 1606 3:03:17 / 1748 3:33:01 / 1691 4:00:28 / 1717								
1778	2002	FOLCIK Michał	SIEMIANOWICE ŚLĄSKIE	POL	F-TEAM	75M30/622	(M)166404:16:17	04:14:44 06.02
0:29:03 / 1625 0:58:03 / 1857 1:25:47 / 1809 3:07:19 / 2997 2:33:18 / 1832 3:03:17 / 1749 3:38:48 / 1871 4:02:58 / 1812								
1779	3048	WIŚNIEWSKI Paweł	KRAKOW	POL	16 BPD	74M30/623	(M)166504:16:23	04:15:17 06.03
0:27:02 / 1070 0:52:42 / 1068 1:19:32 / 1146 1:55:17 / 1401 2:30:30 / 1592 3:04:06 / 1792 3:35:01 / 1766 4:01:22 / 1766								
1780	2582	NALEPA Krzysiek	WĘGRZCE	POL		74M30/624	(M)166604:16:25	04:15:58 06.03
0:26:04 / 932 0:51:35 / 985 1:17:35 / 992 1:49:49 / 1008 2:22:45 / 1162 2:56:41 / 1404 3:37:55 / 1838 4:02:16 / 1793								
1781	328	GÓRSKI Łukasz	GORLICE	POL		86M20/308	(M)166704:16:28	04:16:04 06.04
0:25:10 / 676 0:51:04 / 930 1:18:03 / 1032 1:54:40 / 1364 2:32:15 / 1734 3:07:40 / 1902 3:38:33 / 1856 4:03:28 / 1826								
1782	1040	PARUSZEWSKA Joanna	OPOLE	POL	FAST FOOT	73K30/51	(K)115 04:16:29	04:15:14 06.02
0:30:47 / 2144 0:59:41 / 2189 1:29:15 / 2192 2:05:54 / 2117 2:39:56 / 2114 3:10:50 / 2008 3:39:41 / 1913 4:03:37 / 1836								
1783	1620	BIJOTA Janusz	KRAKÓW	POL		64M40/468	(M)166804:16:31	04:14:50 06.02
0:31:48 / 2295 0:58:05 / 1884 1:25:03 / 1719 1:59:00 / 1621 2:31:46 / 1676 3:03:18 / 1750 3:33:21 / 1706 4:00:10 / 1710								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:									
1784	1410	SKAKLUK Jan	LEGIONOWO	POL	KB.PIMAR LEGIONOWO	51M60/48	(M)166904:	16:31	04:16:08 06.04
0:22:38 / 256 0:45:22 / 277 1:09:00 / 305 1:39:34 / 422 2:11:33 / 663 2:46:39 / 958 3:32:53 / 1687 4:00:52 / 1751									
1785	127	GAWLIK Witold	KRAKÓW	POL	BBL	69M40/469	(M)167004:	16:33	04:14:34 06.01
0:30:53 / 2174 0:58:38 / 2094 1:26:35 / 1999 2:01:09 / 1876 2:33:35 / 1840 3:04:34 / 1811 3:35:00 / 1764 4:01:30 / 1769									
1786	2958	ŁOZIŃSKI Artur	IZDEBNIK	POL		75M30/625	(M)167104:	16:34	04:14:38 06.02
0:30:16 / 1957 0:57:56 / 1828 1:25:11 / 1735 1:59:03 / 1626 2:33:35 / 1841 3:02:03 / 1685 3:34:43 / 1752 4:03:00 / 1813									
1787	2179	MROCZKA Michał	GDAŃSK	POL	3PI	71M40/470	(M)167204:	16:34	04:14:56 06.02
0:30:44 / 2130 0:58:54 / 2133 1:28:30 / 2147 2:05:06 / 2077 2:38:44 / 2069 3:09:30 / 1954 3:38:46 / 1866 4:02:44 / 1809									
1788	1537	PIEPZYCA Michał	KRAKÓW	POL	KLUB PRZYJACIOL PIWA I WINA "TLUSTY MI	76M30/626	(M)167304:	16:35	04:14:44 06.02
0:30:09 / 1888 0:58:10 / 1944 1:25:53 / 1861 2:00:31 / 1794 2:32:37 / 1792 3:03:16 / 1746 3:33:58 / 1725 4:00:49 / 1744									
1789	1177	GŁOWACKI Ryszard	JEDLICZE	POL	JEDLICZE	71M40/471	(M)167404:	16:37	04:16:34 06.04
0:22:08 / 221 0:44:37 / 245 1:08:43 / 294 2:58:27 / 2986 2:24:36 / 1313 3:03:16 / 1745 3:32:17 / 1674 4:01:38 / 1774									
1790	1498	DĄBEK Waclaw	CHRZANÓW	POL		55M50/218	(M)167504:	16:39	04:15:46 06.03
0:28:15 / 1436 0:54:50 / 1433 1:22:12 / 1461 1:56:35 / 1477 2:29:04 / 1528 2:59:23 / 1537 3:33:12 / 1698 4:01:16 / 1763									
1791	3441	KUJAWSKI Jarosław	GDAŃSK	POL	KS EX SIEDLCE GDAŃSK	66M40/472	(M)167604:	16:41	04:14:49 06.02
0:28:44 / 1551 0:55:36 / 1543 1:22:33 / 1501 1:55:24 / 1412 2:26:28 / 1401 2:55:05 / 1344 3:27:06 / 1499 3:56:55 / 1637									
1792	1025	DYRCZ Damian	RADOCZA	POL		91M20/309	(M)167704:	16:47	04:15:18 06.03
0:28:44 / 1550 0:58:01 / 1843 1:25:48 / 1818 3:03:48 / 2993 2:32:20 / 1756 2:55:05 / 1343 3:36:05 / 1794 4:02:29 / 1801									
1793	3392	GRABOWSKA Krystyna	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS	62K50/10	(K)116	04:16:49	04:14:58 06.02
0:31:00 / 2191 0:59:28 / 2167 1:28:23 / 2142 2:04:23 / 2050 2:38:38 / 2061 3:10:01 / 1971 3:39:10 / 1901 4:03:20 / 1823									
1794	2355	CHODAK Marek	KRAKÓW	POL		67M40/473	(M)167804:	16:50	04:15:36 06.03
0:29:05 / 1636 0:55:53 / 1575 1:22:57 / 1547 1:56:31 / 1475 2:29:43 / 1556 3:13:56 / 2143 3:42:36 / 1994 4:04:38 / 1860									
1795	2381	GÓRAL Robert	BRZEG	POL	NIEZRZESZONY	71M40/474	(M)167904:	16:51	04:15:09 06.02
0:30:57 / 2187 0:59:05 / 2152 1:27:25 / 2064 2:02:59 / 1981 2:36:20 / 1976 3:07:28 / 1894 3:37:58 / 1839 4:03:27 / 1825									
1796	884	MAKOWSKI Marcin	POLICE	POL	UKL ÓSEMKA POLICE	79M30/627	(M)168004:	16:52	04:15:20 06.03
0:29:59 / 1831 0:58:04 / 1861 1:25:50 / 1825 2:00:29 / 1778 2:32:16 / 1736 3:02:34 / 1706 3:36:57 / 1816 4:04:15 / 1854									
1797	410	KUTYLA Grzegorz	KWIDZYN	POL	NZ	72M40/475	(M)168104:	16:53	04:15:04 06.02
0:31:39 / 2277 1:00:31 / 2243 1:29:30 / 2203 2:03:56 / 2036 2:36:49 / 1990 3:07:25 / 1892 3:37:03 / 1821 4:02:29 / 1802									
1798	3389	SANS Philippe	BIARRITZ	FRA		53M50/219	(M)168204:	16:57	04:15:35 06.03
0:31:32 / 2255 1:01:40 / 2326 1:31:33 / 2316 2:08:12 / 2240 2:42:06 / 2248 3:11:55 / 2073 3:39:09 / 1898 4:02:26 / 1798									
1799	2194	CICHY Michał	KRAKÓW	POL		73M30/628	(M)168304:	16:59	04:15:40 06.03
0:28:01 / 1352 0:54:16 / 1358 1:22:16 / 1469 1:57:34 / 1538 2:31:47 / 1678 3:04:09 / 1796 3:36:07 / 1796 4:01:57 / 1783									
1800	2350	HUTNY Ewa	WARSZAWA	POL	ŻOLOBORZ BIEGA	64K40/26	(K)117	04:16:59	04:14:50 06.02
0:30:15 / 1942 0:57:30 / 1785 1:25:07 / 1724 1:59:13 / 1642 2:32:13 / 1721 3:02:54 / 1729 3:33:13 / 1699 4:00:59 / 1756									
1801	2934	DZIEDZIC Paweł	KRAKÓW	POL	SHELL SBSC KRAKÓW	82M30/629	(M)168404:	16:59	04:15:07 06.02
0:31:07 / 2203 1:00:04 / 2212 1:29:06 / 2187 2:04:47 / 2071 2:38:46 / 2071 3:09:32 / 1956 3:38:49 / 1876 4:03:18 / 1821									
1802	2821	SANKOWSKI Jacek	WROCLAW	POL	PLACKI TEAM	88M20/310	(M)168504:	17:02	04:15:20 06.03
0:31:31 / 2253 0:59:26 / 2166 1:27:51 / 2097 2:02:28 / 1956 2:35:49 / 1952 3:05:41 / 1845 3:40:32 / 1941 4:04:10 / 1852									
1803	206	WOŹNICA Roman	BIERZYCE	POL		71M40/476	(M)168604:	17:04	04:15:02 06.02
0:31:30 / 2249 1:01:02 / 2271 1:30:39 / 2254 2:06:56 / 2169 2:40:34 / 2140 3:10:33 / 1992 3:40:17 / 1934 4:04:34 / 1859									
1804	890	JAGELKA Jozef	ZUBROHLAVA	SVK	ZUBROHLAVA	67M40/477	(M)168704:	17:08	04:16:32 06.04
0:27:30 / 1153 0:51:59 / 1012 1:16:46 / 954 1:47:32 / 901 2:19:15 / 1000 3:10:33 / 1993 3:28:38 / 1564 4:00:52 / 1752									
1805	954	BUCKI Marcin	SOSNOWIEC	POL		82M30/630	(M)168804:	17:09	04:14:57 06.02
0:32:56 / 2498 1:02:40 / 2433 1:32:07 / 2387 2:08:26 / 2279 2:42:03 / 2238 3:11:42 / 2049 3:38:50 / 1879 4:03:35 / 1833									
1806	765	PRUSZCZAK Remigiusz	MYSIADŁO	POL		76M30/631	(M)168904:	17:10	04:15:16 06.02
0:30:30 / 2047 0:58:35 / 2079 1:27:13 / 2057 2:03:12 / 1999 2:37:02 / 1995 3:08:13 / 1914 3:38:54 / 1884 4:04:40 / 1862									
1807	1423	KANIA Michał	RYBNIK	POL		75M30/632	(M)169004:	17:14	04:15:53 06.03
0:30:31 / 2054 0:58:34 / 2067 1:26:27 / 1993 2:01:19 / 1896 2:35:59 / 1957 3:08:13 / 1915 3:38:52 / 1882 4:03:53 / 1843									
1808	1881	WOREK Jarosław	GLUCHOŁAZY	POL		65M40/478	(M)169104:	17:16	04:15:50 06.03
0:35:10 / 2822 1:05:58 / 2710 1:39:06 / 2804 2:21:29 / 2760 2:35:59 / 1958 2:53:00 / 1253 3:27:49 / 1529 3:58:04 / 1658									
1809	2265	ARSZELEWSKI Bernard	PODKOWA LEŚNA	POL	DB MARATHON TEAM	82M30/633	(M)169204:	17:18	04:15:27 06.03
0:29:18 / 1685 0:56:00 / 1588 1:23:15 / 1567 1:56:56 / 1498 2:29:46 / 1562 3:01:11 / 1657 3:33:15 / 1701 4:00:51 / 1749									
1810	1337	KĄZMIERCZAK Jarosław	BEZRZECZE	POL	NIEZRZESZONY	62M50/220	(M)169304:	17:19	04:16:30 06.04
0:27:15 / 1110 0:53:30 / 1176 1:20:21 / 1228 1:53:03 / 1243 2:29:46 / 1561 3:00:35 / 1606 3:34:25 / 1738 4:02:07 / 1789									
1811	3358	ŁOPOT Tomasz	KRAKÓW	POL		79M30/634	(M)169404:	17:20	04:16:16 06.04
0:29:06 / 1642 0:55:20 / 1499 1:21:04 / 1371 1:51:49 / 1117 2:22:15 / 1137 2:52:51 / 1246 3:31:35 / 1654 4:03:06 / 1816									
1812	2073	PIEKOSZEWSKA Karina	SOSNOWIEC	POL		76K30/52	(K)118	04:17:22	04:15:27 06.03
0:30:47 / 2148 0:58:33 / 2061 1:27:22 / 2061 2:03:14 / 2000 2:37:42 / 2031 3:08:09 / 1912 3:39:07 / 1895 4:03:49 / 1841									

22.04.2012 17:04:01

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupa Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
1813	2427	LIPNICKI Grzegorz	KRAKÓW	POL		63M40/479		(M)169504:	04:15:27	06.03
0:31:20 / 2228 0:59:30 / 2172 1:28:10 / 2122 2:03:20 / 2011 2:36:11 / 1969 3:05:55 / 1854 3:36:43 / 1811 4:02:35 / 1803										
1814	2621	SZPUNAR Piotr	ŁAŃCUT	POL	UPJP2	87M20/311		(M)169604:	04:16:02	06.04
0:30:11 / 1909 0:58:08 / 1927 1:25:52 / 1857 2:00:33 / 1806 2:32:35 / 1789 3:02:44 / 1712 3:33:28 / 1711 4:01:54 / 1780										
1815	634	GOŁOS Jerzy	LUBIN	POL		57M50/221		(M)169704:	04:16:54	06.05
0:27:10 / 1092 0:53:09 / 1125 1:19:34 / 1158 1:52:30 / 1159 2:24:22 / 1301 2:56:18 / 1383 3:30:20 / 1622 4:02:06 / 1788										
1816	3439	DĄBROWSKI Dariusz	KATOWICE	POL		80M30/635		(M)169804:	04:15:23	06.03
0:32:50 / 2454 1:02:49 / 2506 1:32:10 / 2406 2:08:07 / 2235 2:41:17 / 2177 3:11:43 / 2057 3:40:07 / 1926 4:04:50 / 1869										
1817	530	KLIMCZYK Paweł	CZĘSTOCHOWA	POL		66M40/480		(M)169904:	04:15:20	06.03
0:31:53 / 2304 1:00:19 / 2228 1:29:03 / 2185 2:04:35 / 2060 2:39:00 / 2078 3:10:12 / 1978 3:38:58 / 1887 4:03:16 / 1820										
1818	693	FRUCZ Jacek	KATOWICE	POL		68M40/481		(M)170004:	04:15:37	06.03
0:31:15 / 2215 0:59:43 / 2194 1:28:21 / 2140 2:03:17 / 2003 2:36:16 / 1972 3:07:56 / 1908 3:38:01 / 1840 4:03:00 / 1814										
1819	3053	KARNAŚ Wojciech	ZDZIESZOWICE	POL	VERTICAL-LIMITS.PL	83M20/312		(M)170104:	04:15:45	06.03
0:30:34 / 2071 0:58:30 / 2047 1:27:03 / 2042 2:03:27 / 2021 2:38:01 / 2044 3:09:47 / 1966 3:39:56 / 1920 4:04:34 / 1858										
1820	718	LLAMAS FUENTES Rafael	LA VICTORIA (CÓRDOBA)	ESP		71M40/482		(M)170204:	04:17:01	06.05
0:29:34 / 1746 0:56:33 / 1669 1:23:36 / 1595 1:57:16 / 1515 2:29:51 / 1566 3:00:38 / 1613 3:33:58 / 1726 4:01:04 / 1760										
1821	975	RUDA-ERTEL Krystyna	LASKI-TARTAK	POL	MARATONY POLSKIE PL TEAM	69K40/27		(K)119 04:	04:16:14	06.04
0:30:16 / 1956 0:57:39 / 1802 1:25:38 / 1789 2:01:45 / 1926 2:36:39 / 1986 3:07:08 / 1882 3:39:08 / 1897 4:04:32 / 1857										
1822	719	ORTI GISBERT Rafael	CÓRDOBA	ESP		64M40/483		(M)170304:	04:17:03	06.05
0:30:16 / 1955 0:56:31 / 1666 1:23:36 / 1594 1:57:15 / 1513 2:29:50 / 1564 3:00:38 / 1614 3:33:57 / 1723 4:01:04 / 1759										
1823	146	BOCHENKO Edward	ŁOMŻA	POL		55M50/222		(M)170404:	04:16:34	06.04
0:30:16 / 1954 0:57:35 / 1795 1:25:47 / 1811 2:00:18 / 1748 2:32:32 / 1785 3:04:00 / 1784 3:34:46 / 1754 4:03:27 / 1824										
1824	2389	FARKAS Dariusz	WARSZAWA	POL		69M40/484		(M)170504:	04:16:09	06.04
0:30:40 / 2115 0:58:50 / 2122 1:26:54 / 2026 2:03:02 / 1989 2:38:26 / 2055 3:10:24 / 1987 3:39:37 / 1912 4:04:48 / 1868										
1825	1535	STANKIEWICZ Anna	MIĘKINIA	POL		71K40/28		(K)120 04:	04:15:14	06.02
0:33:54 / 2635 1:02:49 / 2507 1:32:16 / 2431 2:08:08 / 2236 2:41:56 / 2211 3:12:15 / 2086 3:41:18 / 1970 4:04:45 / 1867										
1826	622	KOLONKO Mirosław	CHORZÓW	POL	MARATHON CLUB CHORZÓW	70M40/485		(M)170604:	04:16:57	06.05
0:27:41 / 1226 0:53:59 / 1230 1:20:27 / 1270 1:55:28 / 1415 2:32:00 / 1699 3:04:50 / 1821 3:37:10 / 1822 4:02:57 / 1811										
1827	1503	WIELGOSZ Leszek	NOWA SÓL	POL		63M40/486		(M)170704:	04:16:07	06.04
0:32:04 / 2326 1:01:29 / 2315 1:31:45 / 2336 2:07:46 / 2212 2:41:15 / 2175 3:11:20 / 2027 3:39:35 / 1910 4:04:00 / 1845										
1828	2024	DAWGIERT Daniel	KIELCE	POL	BRAK	76M30/636		(M)170804:	04:16:40	06.04
0:29:59 / 1830 0:58:03 / 1855 1:25:59 / 1913 2:00:41 / 1832 2:32:25 / 1777 3:01:12 / 1659 3:33:14 / 1700 4:02:18 / 1796										
1829	380	SZYMCZAK Piotr	ŁÓDŹ	POL	BIEGAMPOLODZI.PL	79M30/637	B2/8	(M)170904:	04:17:24	06.06
0:27:41 / 1227 0:54:08 / 1290 1:21:28 / 1403 1:55:59 / 1452 2:30:06 / 1574 3:02:36 / 1708 3:35:51 / 1790 4:04:05 / 1848										
1830	2952	PAPROTNY Michał	WROCLAW	POL	ITMZM 2010	83M20/313		(M)171004:	04:16:27	06.04
0:30:55 / 2178 0:59:46 / 2196 1:28:59 / 2179 2:05:48 / 2112 2:41:09 / 2168 3:11:41 / 2044 3:39:43 / 1916 4:04:43 / 1863										
1831	2143	GAWROŃSKI Artur	KIELCE	POL		71M40/487		(M)171104:	04:16:11	06.04
0:31:44 / 2285 1:00:22 / 2235 1:29:17 / 2196 2:05:40 / 2105 2:39:57 / 2116 3:11:01 / 2017 3:40:21 / 1937 4:04:45 / 1865										
1832	3052	PODSADOWSKI Zbigniew	GORLICE	POL		72M40/488		(M)171204:	04:17:58	06.06
0:25:07 / 642 0:49:37 / 662 1:13:57 / 670 1:43:38 / 623 2:11:21 / 643 2:42:15 / 805 3:19:32 / 1183 3:57:51 / 1654										
1833	1404	MUREK Wojciech	MYSŁOWICE	POL		66M40/489		(M)171304:	04:16:48	06.05
0:30:14 / 1936 0:58:12 / 1967 1:26:15 / 1973 2:01:12 / 1880 2:34:41 / 1893 3:06:39 / 1870 3:37:26 / 1826 4:03:39 / 1837										
1834	1501	ZIELONKA Mariusz	POZNAŃ	POL	CSWLAD	70M40/490		(M)171404:	04:16:29	06.04
0:31:18 / 2223 0:59:06 / 2153 1:27:09 / 2052 2:05:22 / 2093 2:39:55 / 2111 3:13:44 / 2136 3:44:16 / 2041 4:06:03 / 1889										
1835	1845	NOWAK Ewa	KRAKÓW	POL		76K30/53		(K)121 04:	04:17:55	06.06
0:28:11 / 1416 0:55:14 / 1489 1:22:32 / 1500 1:56:43 / 1483 2:30:37 / 1596 3:02:11 / 1689 3:34:27 / 1739 4:03:31 / 1828										
1836	1966	ROPIAK Ryszard	MYSZYNIC	POL	KURPIE MYSZYNIC	44M60/49		(M)171504:	04:16:44	06.05
0:30:39 / 2104 0:58:27 / 2030 1:25:44 / 1804 2:01:19 / 1897 2:35:35 / 1934 3:06:58 / 1876 3:38:02 / 1842 4:04:09 / 1850										
1837	3414	STAROSTKA Jacek	KĘDZIERZYN-KOŹLE	POL	PKO RUNNING TEAM	74M30/638		(M)171604:	04:17:26	06.06
0:28:28 / 1487 0:56:40 / 1683 1:24:33 / 1688 1:58:55 / 1617 2:31:22 / 1645 3:03:22 / 1755 3:38:15 / 1846 4:03:57 / 1844										
1838	1801	GERLICH Mirosław	PSZÓW	POL	FORMA WODZISLAW SL	66M40/491		(M)171704:	04:17:19	06.05
0:27:55 / 1320 0:53:24 / 1149 1:18:56 / 1102 2:51:24 / 2977 2:21:37 / 1107 3:03:22 / 1754 3:29:21 / 1589 4:03:31 / 1827										
1839	350	RECLIK Jarosław	SKRZYSZÓW	POL	FORMA WODZISLAW ŚL.	66M40/492		(M)171804:	04:17:20	06.05
0:30:27 / 2024 0:58:25 / 2022 1:26:13 / 1967 2:00:55 / 1857 2:33:39 / 1846 3:04:51 / 1823 3:36:36 / 1808 4:03:32 / 1830										
1840	1179	WYDRA Józef	CYCHRY	POL	GB 42.195"NETTO" DĘBNO	53M50/223		(M)171904:	04:17:40	06.06
0:30:27 / 2026 0:53:31 / 1177 1:19:29 / 1137 1:53:14 / 1272 2:28:10 / 1468 3:00:40 / 1632 3:37:43 / 1832 4:03:36 / 1834										
1841	244	TARCZYŃSKI Grzegorz	PĘGÓW	POL	WKB PIAST WROCLAW	74M30/639		(M)172004:	04:17:54	06.06
0:30:27 / 2023 0:52:47 / 1083 1:18:59 / 1106 1:52:00 / 1129 2:25:10 / 1343 3:00:10 / 1585 3:34:08 / 1732 4:01:55 / 1781										

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
1842	192	ZAWADZINSKI Robert	GDYNIA	POL	ZAWATEAM	74M30/640	(M)172104:18:39	04:17:20 06.05
0:28:04 / 1375 0:54:41 / 1412 1:21:42 / 1423 1:55:20 / 1406 2:29:33 / 1550 3:03:23 / 1757 3:36:57 / 1817 4:04:22 / 1856								
1843	65	MICHALSKI Dariusz	WARSZAWA	POL		60M50/224	(M)172204:18:40	04:17:12 06.05
0:29:09 / 1652 0:56:19 / 1633 1:23:55 / 1623 1:58:10 / 1576 2:31:14 / 1634 3:01:21 / 1663 3:32:52 / 1685 4:02:37 / 1806								
1844	2444	WESOŁOWSKI Marcin	BIELSKO-BIALA	POL		70M40/493	(M)172304:18:42	04:16:56 06.05
0:30:12 / 1917 0:57:43 / 1810 1:24:43 / 1707 1:58:14 / 1583 2:30:17 / 1584 3:00:39 / 1623 3:32:50 / 1683 4:02:14 / 1792								
1845	1793	WITCZAK Jolanta	LUSOWO	POL		66K40/29	(K)122 04:18:48	04:17:39 06.06
0:27:47 / 1280 0:54:21 / 1377 1:22:10 / 1455 1:59:50 / 1699 2:37:11 / 2000 3:09:50 / 1967 3:41:00 / 1954 4:05:21 / 1879								
1846	2687	ZAJĄCZKOWSKI Cezary	RASZYN	POL	KS RASZYN DZIKIE DZIKI	84M20/314	(M)172404:18:56	04:17:25 06.06
0:30:04 / 1840 0:58:06 / 1890 1:25:48 / 1821 2:00:29 / 1774 2:32:18 / 1746 3:01:01 / 1653 3:33:06 / 1696 4:05:39 / 1883								
1847	424	MACYSZYN Wojciech	CZĘSTOCHOWA	POL	NGB KŁOBUCK	79M30/641	(M)172504:18:57	04:16:57 06.05
0:32:07 / 2341 1:00:31 / 2244 1:28:59 / 2181 2:02:55 / 1974 2:35:18 / 1921 3:04:39 / 1816 3:34:55 / 1761 4:04:02 / 1846								
1848	2222	GRUSZKA Darek	NIEPOLOMICE	POL	CENERIA.PL	76M30/642	(M)172604:18:58	04:18:01 06.06
0:28:04 / 1372 0:54:11 / 1325 1:20:27 / 1274 1:53:13 / 1270 2:24:49 / 1320 2:56:23 / 1386 3:31:01 / 1637 4:03:03 / 1815								
1849	219	DROZDOWSKI Paweł	PILICA	POL		72M40/494	(M)172704:18:59	04:17:01 06.05
0:30:09 / 1889 0:58:07 / 1908 1:25:53 / 1870 2:00:22 / 1754 2:32:27 / 1781 3:03:14 / 1743 3:33:57 / 1724 4:02:38 / 1808								
1850	2520	JANUSZ Tomasz	WROCLAW	POL		76M30/643	(M)172804:19:01	04:17:51 06.06
0:27:03 / 1075 0:51:39 / 987 1:16:38 / 948 1:47:28 / 897 2:17:47 / 936 2:47:43 / 991 3:20:28 / 1221 3:57:50 / 1653								
1851	1165	WALISZKA Wojciech	TRZEBIATÓW	POL		55M50/225	(M)172904:19:03	04:17:56 06.06
0:28:10 / 1409 0:55:02 / 1453 1:22:03 / 1448 1:55:51 / 1442 2:29:50 / 1565 3:01:40 / 1673 3:35:55 / 1791 4:03:51 / 1842								
1852	641	SKUTNIK Andrzej	GLIWICE	POL		66M40/495	(M)173004:19:04	04:17:09 06.05
0:30:10 / 1900 0:55:34 / 1532 1:21:26 / 1398 1:54:54 / 1375 2:26:17 / 1396 2:57:30 / 1447 3:30:02 / 1611 4:01:01 / 1758								
1853	1753	BOCHENSKI Rafał	KRAKOW	POL		80M30/644	(M)173104:19:10	04:16:56 06.05
0:32:55 / 2494 1:02:43 / 2461 1:32:09 / 2402 2:08:28 / 2290 2:43:53 / 2313 3:13:16 / 2112 3:41:29 / 1975 4:05:03 / 1874								
1854	413	KOTYNSKI Łukasz	WOŁOMIN	POL		84M20/315	(M)173204:19:15	04:18:17 06.07
0:26:23 / 973 0:50:48 / 914 1:15:26 / 885 1:49:29 / 982 2:27:37 / 1454 3:07:35 / 1899 3:44:47 / 2058 4:07:40 / 1932								
1855	1683	JURKIEWICZ Maciej	KRAKÓW	POL		82M30/645	(M)173304:19:15	04:18:17 06.07
0:26:23 / 974 0:54:20 / 1372 1:22:08 / 1454 1:57:36 / 1542 2:32:44 / 1804 3:06:18 / 1862 3:38:03 / 1843 4:05:15 / 1877								
1856	736	SIUDEK Kazimierz	CZULÓWEK	POL		60M50/226	(M)173404:19:17	04:17:56 06.06
0:25:42 / 873 0:51:13 / 946 1:18:25 / 1065 1:53:04 / 1244 2:28:51 / 1520 3:02:18 / 1696 3:34:51 / 1757 4:02:19 / 1797								
1857	2666	ŻAK Marcin	DĄBROWA GÓRNICZA	POL	POGORIABIEGA.PL	69M40/496	(M)173504:19:20	04:18:28 06.07
0:27:52 / 1308 0:56:03 / 1593 1:24:39 / 1696 1:59:56 / 1712 2:33:35 / 1842 3:05:54 / 1852 3:37:44 / 1833 4:03:37 / 1835								
1858	2500	STANISŁAWSKI Igor	KRAKÓW	POL		72M40/497	(M)173604:19:25	04:17:15 06.05
0:32:52 / 2467 1:02:31 / 2398 1:32:02 / 2358 2:08:27 / 2286 2:42:03 / 2236 3:11:41 / 2046 3:39:14 / 1902 4:04:05 / 1847								
1859	2647	WAJDA Marek	KRAKÓW	POL	ITI ADVENTURE TEAM	76M30/646	(M)173704:19:28	04:18:00 06.06
0:30:08 / 1880 0:58:09 / 1932 1:25:57 / 1892 2:01:24 / 1902 2:36:49 / 1989 3:09:29 / 1952 3:39:04 / 1893 4:04:45 / 1866								
1860	2182	ŚLIWA Mirosław	KOŹMICE WIELKIE	POL		75M30/647	(M)173804:19:28	04:17:53 06.06
0:30:40 / 2113 0:58:19 / 1998 1:26:20 / 1981 2:02:16 / 1947 2:37:28 / 2012 3:09:58 / 1969 3:41:02 / 1959 4:06:03 / 1888								
1861	2107	PAWŁOWSKA Katarzyna	WARSZAWA	POL	ALETEMPO	75K30/54	(K)123 04:19:29	04:18:01 06.06
0:30:06 / 1867 0:58:04 / 1866 1:25:50 / 1826 2:00:29 / 1773 2:32:48 / 1810 3:06:26 / 1865 3:39:43 / 1915 4:05:50 / 1885								
1862	1066	CHRISTOFFERSEN Per-arne	KRAKOW	NOR	HALDEN SKIKLUBB	65M40/498	(M)173904:19:32	04:18:01 06.06
0:29:54 / 1815 0:58:07 / 1910 1:26:03 / 1937 2:00:32 / 1805 2:32:42 / 1800 3:03:02 / 1733 3:34:57 / 1763 4:02:46 / 1810								
1863	2008	MACHAJ Tomasz	NOWY SĄCZ	POL		74M30/648	(M)174004:19:32	04:16:45 06.05
0:35:12 / 2832 1:04:42 / 2633 1:33:56 / 2522 2:09:39 / 2378 2:44:11 / 2327 3:14:41 / 2171 3:44:20 / 2045 4:07:57 / 1939								
1864	3197	OBRAŁ Jolanta	KRAKÓW	POL		84K20/28	(K)124 04:19:45	04:18:47 06.07
0:28:05 / 1382 0:54:44 / 1421 1:23:28 / 1580 1:58:44 / 1610 2:31:44 / 1674 3:02:55 / 1732 3:39:08 / 1896 4:07:20 / 1922								
1865	2383	WESOŁOWSKI Maciej	GRODZISK MAZOWIECKI	POL		78M30/649	(M)174104:19:47	04:18:01 06.06
0:30:13 / 1924 0:57:43 / 1809 1:24:42 / 1706 1:58:14 / 1582 2:30:17 / 1585 3:02:17 / 1695 3:35:17 / 1776 4:04:19 / 1855								
1866	539	WOJTUNIAK Jarosław	MAŁĘCZYN	POL	HALLS TEAM	75M30/650	(M)174204:19:47	04:18:31 06.07
0:29:07 / 1645 0:56:27 / 1655 1:24:33 / 1685 1:59:47 / 1692 2:32:13 / 1719 3:01:23 / 1666 3:35:30 / 1783 4:03:41 / 1839								
1867	1255	MRUGAŁA Monika	WĘGRY	POL	FAST FOOT OPOLE	74K30/55	(K)125 04:19:50	04:18:34 06.07
0:30:47 / 2147 0:59:41 / 2191 1:29:15 / 2193 2:05:55 / 2118 2:39:56 / 2113 3:10:50 / 2007 3:39:41 / 1914 4:04:45 / 1864								
1868	1866	ROT Magdalena	WROCLAW	POL	PRO RUN WROCLAW	69K40/30	(K)126 04:19:51	04:17:31 06.06
0:33:22 / 2568 1:02:53 / 2521 1:32:36 / 2471 2:09:13 / 2358 2:43:59 / 2320 3:15:34 / 2198 3:44:19 / 2044 4:07:25 / 1924								
1869	981	KORTA Michał	KRAKÓW	POL		75M30/651	(M)174304:19:52	04:18:42 06.07
0:29:21 / 1698 0:55:24 / 1512 1:21:47 / 1429 1:55:12 / 1397 2:27:37 / 1452 2:58:48 / 1507 3:34:33 / 1746 4:04:06 / 1849								
1870	118	SZEWczyk Artur	STARY CIEPIELÓW	POL	DOKĄD TAK CIĄGLE BIEGNĘ?	72M40/499	(M)174404:19:52	04:17:46 06.06
0:32:33 / 2388 1:02:30 / 2395 1:32:17 / 2435 3:14:25 / 3002 2:42:53 / 2279 2:58:48 / 1506 3:43:41 / 2027 4:07:28 / 1926								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
1871	2598	KRYŚ Artur	WAŁBRZYCH	POL	/ NIEZRZESZONY	69M40/500	(M)174504:	19:53	04:19:31	06.09
0:25:19 / 745 0:49:52 / 806 1:15:33 / 889 1:51:01 / 1065 2:30:56 / 1612 3:05:54 / 1851 3:39:26 / 1907 4:04:58 / 1870										
1872	713	SZYMAŃSKI Łukasz	POZNAŃ	POL	/ HURAGAN SZKLARKA POZNAŃ	80M30/652	(M)174604:	19:56	04:17:33	06.06
0:32:08 / 2342 1:01:15 / 2291 1:30:17 / 2240 2:06:08 / 2124 2:39:26 / 2090 3:09:22 / 1950 3:38:40 / 1864 4:05:27 / 1882										
1873	2164	ZAWADZKI Andrzej	KRAKÓW	POL		61M50/227	(M)174704:	19:59	04:19:20	06.08
0:32:08 / 2343 0:53:31 / 1178 1:21:35 / 1413 1:57:55 / 1556 2:39:26 / 2092 3:07:06 / 1881 3:40:09 / 1928 4:06:34 / 1901										
1874	352	KUCZEK Krzysztof	BRZEG	POL	/ ZK BRZEG	81M30/653	(M)174804:	20:05	04:18:50	06.08
0:29:19 / 1688 0:56:42 / 1695 1:23:32 / 1591 1:57:14 / 1509 2:39:26 / 2089 3:06:32 / 1869 3:38:49 / 1874 4:05:00 / 1873										
1875	3184	DOMAGALSKA-GRĘDYS	TARNÓW	POL	/ BEZKLUBOWO	71K40/31	(K)127	04:20:11	04:18:18	06.07
0:30:23 / 1998 0:58:50 / 2123 1:29:52 / 2221 2:09:08 / 2348 2:46:33 / 2398 3:15:49 / 2204 3:43:32 / 2019 4:06:48 / 1909										
1876	2713	JARZĄBSKI Roman	AUGUSTÓW	POL	/ ATP AUGUSTÓW	68M40/501	(M)174904:	20:15	04:18:09	06.07
0:31:13 / 2211 0:59:19 / 2162 1:27:24 / 2062 2:01:59 / 1935 2:35:39 / 1942 3:07:30 / 1895 3:38:30 / 1854 4:05:11 / 1876										
1877	1955	SIKORA Wojciech	BODZENTYN	POL		69M40/502	(M)175004:	20:19	04:19:00	06.08
0:29:55 / 1818 0:57:54 / 1823 1:25:35 / 1782 1:59:51 / 1702 2:31:55 / 1692 3:01:18 / 1660 3:36:33 / 1805 4:04:10 / 1851										
1878	2459	ŚWIC Rafał	WARSZAWA	POL		74M30/654	(M)175104:	20:21	04:18:30	06.07
0:30:21 / 1983 0:58:19 / 2001 1:26:25 / 1989 2:02:05 / 1939 2:36:33 / 1982 3:08:48 / 1933 3:39:10 / 1900 4:05:22 / 1881										
1879	594	LATOCHA Waldemar	KRAKÓW	POL	/ APPLY POLAND	81M30/655	(M)175204:	20:21	04:18:17	06.07
0:32:14 / 2352 1:02:22 / 2382 1:32:03 / 2360 2:07:49 / 2221 2:41:00 / 2163 3:11:06 / 2019 3:39:21 / 1905 4:04:38 / 1861										
1880	1311	CHOLEWA Konrad	ESSEN	GER		62M50/228	(M)175304:	20:23	04:19:03	06.08
0:30:16 / 1949 0:58:36 / 2086 1:27:54 / 2104 2:03:23 / 2015 2:38:41 / 2065 3:11:44 / 2059 3:43:19 / 2014 4:06:39 / 1905										
1881	1666	TOMASIK Andrzej	ZIELONA GÓRA	POL	/ DRUŻYNA GAZETY ZIELONA GÓRA	69M40/503	(M)175404:	20:26	04:18:51	06.08
0:29:51 / 1806 0:57:28 / 1779 1:25:24 / 1760 1:59:33 / 1672 2:35:24 / 1927 3:11:32 / 2032 3:42:37 / 1996 4:06:40 / 1906										
1882	1808	BOULLARD Jérôme	YVETOT	FRA	/ CA CAUCHOIS	63M40/504	(M)175504:	20:27	04:19:54	06.09
0:25:52 / 899 0:52:09 / 1027 1:19:20 / 1120 1:53:58 / 1334 2:31:43 / 1668 3:05:06 / 1828 3:39:57 / 1921 4:08:13 / 1944										
1883	2895	KUCZYŃSKA Magdalena	WARSZAWA	POL		82K30/56	(K)128	04:20:28	04:19:04	06.08
0:28:47 / 1565 0:55:37 / 1546 1:22:11 / 1457 1:55:18 / 1402 2:34:01 / 1872 3:05:08 / 1829 3:38:45 / 1865 4:06:30 / 1899										
1884	2801	JANKOWSKI Piotr	WARSZAWA	POL	/ NIEZRZESZONY	75M30/656	(M)175604:	20:28	04:19:29	06.08
0:28:47 / 1564 0:54:16 / 1352 1:22:02 / 1446 1:57:21 / 1522 2:32:16 / 1738 3:05:05 / 1827 3:37:30 / 1828 4:04:59 / 1872										
1885	549	KOŁODYŃSKI Arkadiusz	KRAKÓW	POL		74M30/657	(M)175704:	20:31	04:19:53	06.09
0:26:58 / 1060 0:52:49 / 1089 1:18:54 / 1097 1:51:06 / 1073 2:23:21 / 1242 2:54:31 / 1320 3:28:26 / 1555 4:01:40 / 1775										
1886	2443	ŁOMNICKI Jarosław	WARSZAWA	POL		60M50/229	(M)175804:	20:43	04:19:08	06.08
0:30:24 / 2000 0:58:21 / 2008 1:26:51 / 2023 2:01:39 / 1915 2:34:49 / 1900 3:05:54 / 1853 3:38:21 / 1848 4:05:44 / 1884										
1887	3037	MAZUR Łukasz	JASŁO	POL		85M20/316	(M)175904:	20:47	04:18:55	06.08
0:31:02 / 2194 0:59:29 / 2171 1:28:29 / 2145 2:04:30 / 2056 2:38:49 / 2072 3:10:46 / 2003 3:39:49 / 1918 4:06:29 / 1898										
1888	3132	KAJDAS Teresa	WIEDEN	AUT		56K50/11	(K)129	04:20:47	04:19:57	06.09
0:28:03 / 1367 0:55:53 / 1573 1:24:32 / 1681 2:00:21 / 1750 2:38:56 / 2076 3:12:10 / 2083 3:42:36 / 1993 4:07:19 / 1920										
1889	572	DABROWSKI Roman	WROCLAW	POL	/ PRO-RUN WROCLAW	70M40/505	(M)176004:	20:58	04:20:43	06.10
0:25:53 / 902 0:51:29 / 975 1:17:43 / 999 1:50:47 / 1049 2:22:32 / 1153 2:54:07 / 1307 3:37:02 / 1820 4:06:38 / 1904										
1890	426	SMOLIS Ivo	OPOLE	POL		88M20/317	(M)176104:	20:58	04:18:25	06.07
0:34:55 / 2751 1:04:59 / 2651 1:35:23 / 2562 2:11:07 / 2413 2:45:00 / 2350 3:16:10 / 2218 3:45:08 / 2063 4:07:47 / 1935										
1891	3168	BRUTKOWSKI Wojtek	WARSZAWA	POL		79M30/658	(M)176204:	20:59	04:18:23	06.07
0:35:01 / 2784 1:06:41 / 2773 1:38:07 / 2733 2:16:44 / 2599 2:51:45 / 2550 3:20:43 / 2341 3:47:58 / 2154 4:09:12 / 1969										
1892	2393	CYLKA Dariusz	OKOCIM	POL		66M40/506	(M)176304:	21:00	04:20:23	06.10
0:27:40 / 1223 0:54:20 / 1374 1:21:36 / 1415 3:00:15 / 2988 2:27:13 / 1434 3:20:43 / 2340 3:35:40 / 1786 4:05:11 / 1875										
1893	724	SOTEK Marek	WARSZAWA	POL		73M30/659	(M)176404:	21:00	04:18:23	06.07
0:35:07 / 2808 1:06:41 / 2768 1:38:04 / 2717 2:16:45 / 2610 2:51:45 / 2551 3:20:43 / 2339 3:47:57 / 2153 4:09:12 / 1970										
1894	1968	GARCZEWSKI Adam	PRUSZCZ GDANSKI	POL	/ EATON RUNNING TEAM / GONGO TEAM	81M30/660	(M)176504:	21:01	04:20:21	06.10
0:25:10 / 668 0:50:10 / 856 1:16:12 / 927 1:49:31 / 987 2:26:22 / 1398 3:05:09 / 1830 3:40:28 / 1940 4:06:35 / 1902										
1895	2766	DETLAFF Patrycja	WILCZA GÓRA	POL	/ NIEZRZESZONA	83K20/29	(K)130	04:21:02	04:19:35	06.09
0:29:41 / 1773 0:56:45 / 1711 1:24:33 / 1687 2:00:11 / 1731 2:35:55 / 1955 3:09:05 / 1941 3:40:34 / 1942 4:06:52 / 1913										
1896	1088	MAKOWSKI Łukasz	GORLICE	POL		78M30/661	(M)176604:	21:02	04:19:34	06.09
0:30:17 / 1962 0:58:34 / 2068 1:26:18 / 1979 2:01:21 / 1900 2:33:59 / 1868 3:03:32 / 1764 3:36:49 / 1812 4:06:02 / 1887										
1897	1880	KRUPA Grzegorz	STRZEGOMIANY	POL	/ NIEZRZESZONY	73M30/662	(M)176704:	21:11	04:19:27	06.08
0:30:18 / 1967 0:58:28 / 2035 1:26:22 / 1983 2:01:34 / 1911 2:35:12 / 1915 3:03:32 / 1765 3:40:40 / 1945 4:06:26 / 1897										
1898	1974	DZIOPA Adam	KRAKÓW	POL		68M40/507	(M)176804:	21:15	04:18:33	06.07
0:32:51 / 2460 1:02:11 / 2373 1:31:00 / 2275 2:06:15 / 2133 2:40:00 / 2117 3:11:36 / 2038 3:41:02 / 1958 4:06:12 / 1893										
1899	2301	PURCHLA Piotr	POLANOWICE-KR	POL		77M30/663	(M)176904:	21:19	04:19:35	06.09
0:30:15 / 1946 0:57:28 / 1780 1:25:09 / 1729 1:59:20 / 1653 2:31:37 / 1660 3:02:55 / 1731 3:39:32 / 1908 4:06:24 / 1896										

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
1900	3007	CHYBA Tomasz	GDÓW	POL		68M40/508	(M)177004:21:22	04:20:26	06.10	0:28:40 / 1533	0:56:13 / 1614
										1:23:48 / 1609	1:57:57 / 1559
										2:30:09 / 1577	2:59:50 / 1558
										3:29:49 / 1606	4:03:40 / 1838
1901	610	PIEKARSKI Bogdan	DRZEWICA	POL		46M60/50	(M)177104:21:23	04:20:02	06.09	0:31:31 / 2250	1:00:27 / 2239
										1:30:21 / 2246	2:08:30 / 2295
										2:43:07 / 2284	3:14:32 / 2165
										3:44:33 / 2050	4:07:59 / 1941
1902	1621	OPALA Wojciech	POZNAŃ	POL	/ WSPŁĄD POZNAŃ	74M30/664	(M)177204:21:26	04:19:47	06.09	0:30:46 / 2142	0:58:32 / 2056
										1:27:27 / 2066	2:03:18 / 2008
										2:35:44 / 1949	3:09:18 / 1947
										3:40:17 / 1935	4:06:37 / 1903
1903	799	DYMIŃSKI Marcin	ZĄBKI	POL	/ BÓBR TŁUSZCZ	79M30/665	(M)177304:21:27	04:19:04	06.08	0:32:58 / 2508	1:02:47 / 2496
										1:32:19 / 2440	2:08:49 / 2320
										2:44:35 / 2336	3:16:27 / 2231
										3:45:58 / 2094	4:09:18 / 1973
1904	1763	CANDER Piotr	POZNAŃ	POL		82M30/666	(M)177404:21:29	04:20:34	06.10	0:27:41 / 1233	0:54:08 / 1301
										1:20:25 / 1252	1:52:43 / 1170
										2:23:13 / 1231	2:52:30 / 1229
										3:25:21 / 1398	3:57:06 / 1640
1905	3438	BEDNAREK Jacek	KRAKÓW	POL		60M50/230	(M)177504:21:30	04:19:57	06.09	0:29:11 / 1662	0:55:54 / 1579
										1:23:19 / 1574	1:58:47 / 1612
										2:34:25 / 1886	3:08:30 / 1923
										3:40:45 / 1946	4:07:21 / 1923
1906	1505	WOJTYŁO Krzysztof	WROCLAW	POL	/ WKB PIAST WROCLAW	49M60/51	(M)177604:21:30	04:21:17	06.11	0:25:37 / 847	0:51:20 / 958
										1:18:39 / 1082	1:53:00 / 1235
										2:26:44 / 1416	3:00:18 / 1588
										3:35:45 / 1787	4:04:59 / 1871
1907	1434	BRZDAK Marcin	CZĘSTOCHOWA	POL		87M20/318	(M)177704:21:35	04:19:50	06.09	0:29:49 / 1797	0:55:04 / 1460
										1:21:28 / 1405	1:53:47 / 1317
										2:28:45 / 1513	3:03:17 / 1747
										3:38:27 / 1852	4:07:19 / 1921
1908	3501	PORĘBA Grzegorz	TARNÓW	POL		82M30/667	(M)177804:21:38	04:19:16	06.08	0:31:28 / 2242	0:59:26 / 2165
										1:27:30 / 2070	2:02:13 / 1945
										2:36:05 / 1965	3:10:42 / 1999
										3:42:01 / 1983	4:08:57 / 1965
1909	2833	DZIWISZ Jakub	KRAKOW	POL		82M30/668	(M)177904:21:40	04:20:36	06.10	0:27:44 / 1259	0:54:09 / 1308
										1:20:29 / 1283	1:53:14 / 1274
										2:26:10 / 1392	2:59:37 / 1550
										3:38:46 / 1867	4:07:46 / 1934
1910	1049	KACPURA Piotr	RADOM	POL	/ 42. BLSZ	76M30/669	(M)178004:21:41	04:20:25	06.10	0:29:08 / 1648	0:56:25 / 1644
										1:24:33 / 1686	2:00:26 / 1762
										2:33:51 / 1861	3:08:47 / 1932
										3:40:10 / 1930	4:07:35 / 1929
1911	1240	KOSMAŁA Grzegorz	RYKI	POL	/ BIEGUSIEM.PL	75M30/670	(M)178104:21:41	04:20:13	06.10	0:30:11 / 1903	0:58:24 / 2019
										1:26:02 / 1932	2:01:13 / 1882
										2:33:07 / 1824	2:59:45 / 1556
										3:40:04 / 1925	4:07:36 / 1930
1912	1008	PUDA Krzysztof	JELEŚNIA	POL		78M30/671	(M)178204:21:43	04:19:57	06.09	0:29:36 / 1751	0:56:19 / 1635
										1:23:41 / 1599	1:56:54 / 1497
										2:28:56 / 1522	2:58:48 / 1505
										3:41:29 / 1974	4:09:18 / 1974
1913	1999	GOLĄB Rafał	DĄBROWA GÓRNICZA	POL	/ NIE ZRZESZONY	76M30/672	(M)178304:21:44	04:18:51	06.08	0:35:35 / 2872	1:06:41 / 2772
										1:37:26 / 2678	2:14:47 / 2520
										2:48:39 / 2452	3:20:29 / 2334
										3:49:00 / 2182	4:10:18 / 2003
1914	1940	KOZŁOWICZ Robert	SLUPSK	POL	/ TEAM SPIRIT	77M30/673	(M)178404:21:47	04:20:41	06.10	0:28:36 / 1513	0:55:31 / 1516
										1:23:27 / 1579	1:58:05 / 1572
										2:32:18 / 1748	3:05:44 / 1847
										3:39:07 / 1894	4:07:02 / 1917
1915	3237	SMOLIŃSKI Sławomir	OPOLE	POL	/ WKB META LUBLINIEC	73M30/674	(M)178504:21:50	04:19:34	06.09	0:28:36 / 1514	0:57:40 / 1803
										1:25:37 / 1786	1:59:49 / 1697
										2:33:10 / 1828	3:11:45 / 2063
										3:44:13 / 2040	4:08:22 / 1946
1916	272	WOSZCZYK Mateusz	LEWIN BRZESKI	POL	/ TTKF BIEGIEM PO PIWO!	87M20/319	(M)178604:21:51	04:19:57	06.09	0:30:56 / 2182	0:58:36 / 2085
										1:25:53 / 1862	1:59:29 / 1668
										2:34:12 / 1882	3:07:36 / 1900
										3:42:02 / 1984	4:08:47 / 1957
1917	2996	WÓJCIKOWSKI Patryk	PIASECZNO	POL	/ RBS MARATHON TEAM	82M30/675	(M)178704:21:51	04:20:18	06.10	0:30:36 / 2091	0:58:21 / 2007
										1:26:50 / 2021	2:01:39 / 1916
										2:35:01 / 1906	3:07:05 / 1878
										3:38:51 / 1880	4:06:58 / 1915
1918	1346	SZYMACHA Marcin	WIELICZKA	POL		76M30/676	(M)178804:21:51	04:20:44	06.10	0:28:05 / 1381	0:54:10 / 1320
										1:21:41 / 1422	1:57:30 / 1533
										2:32:44 / 1805	3:07:33 / 1897
										3:40:07 / 1927	4:06:51 / 1912
1919	2493	TUROSZ Zbigniew	LEŻAJSK	POL		59M50/231	(M)178904:21:51	04:19:48	06.09	0:31:44 / 2288	1:00:20 / 2230
										1:28:19 / 2138	2:02:45 / 1967
										2:35:39 / 1943	3:08:05 / 1909
										3:39:32 / 1909	4:06:10 / 1892
1920	139	WŁODARCZYK Marcin	LONDON	POL		80M30/677	(M)179004:21:54	04:20:33	06.10	0:29:40 / 1767	0:57:39 / 1801
										1:25:57 / 1891	2:00:58 / 1862
										2:37:20 / 2005	3:10:44 / 2001
										3:41:56 / 1982	4:07:41 / 1933
1921	255	VILPINI Marianne	CADEROUSSE (FRANCE)	FRA		70K40/32	(K)131 04:21:55	04:20:20	06.10	0:29:33 / 1740	0:57:03 / 1731
										1:25:07 / 1725	1:59:24 / 1659
										2:32:11 / 1711	3:04:05 / 1791
										3:34:55 / 1762	4:02:38 / 1807
1922	1569	LISOWSKI Piotr	KALISZ	POL		69M40/509	(M)179104:21:56	04:20:13	06.10	0:30:11 / 1907	0:58:06 / 1888
										1:25:51 / 1843	2:01:15 / 1889
										2:35:31 / 1933	3:07:17 / 1885
										3:39:03 / 1891	4:06:42 / 1907
1923	2513	JACH Paweł i maciek	WROCLAW	POL	/ MACIEK BIEGA!	64M40/510	(M)179204:21:56	04:19:24	06.08	0:32:36 / 2394	1:01:06 / 2277
										1:29:55 / 2224	2:06:59 / 2173
										2:40:32 / 2139	3:10:35 / 1994
										3:43:03 / 2010	4:08:52 / 1959
1924	3421	GRUSZCZYŃSKI Marcin	BYDGOSZCZ	POL		72M40/511	(M)179304:21:58	04:20:57	06.11	0:29:03 / 1630	0:57:08 / 1746
										1:25:35 / 1781	2:00:09 / 1726
										2:32:18 / 1747	3:06:12 / 1860
										3:38:06 / 1844	4:05:51 / 1886
1925	1550	BOGACZ Zygmunt	MIEDZYRZECZ	POL	/ KLUB MIŁOSNIKÓW BIEGANIA	53M50/232	(M)179404:21:59	04:20:30	06.10	0:30:12 / 1916	0:58:05 / 1877
										1:25:51 / 1839	2:01:15 / 1887
										2:35:49 / 1953	3:08:06 / 1910
										3:39:17 / 1903	4:06:33 / 1900
1926	2000	DROŹDŹ Piotr	MIELEC	POL		86M20/320	(M)179504:22:00	04:20:21	06.10	0:30:07 / 1876	0:58:08 / 1917
										1:25:52 / 1856	2:00:30 / 1783
										2:32:17 / 1744	3:00:41 / 1635
										3:31:06 / 1639	4:02:16 / 1794
1927	784	KOTFIS Arkadiusz	GORLICE	POL		83M20/321	(M)179604:22:00				

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupa Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
1929	3452	CIOCH Katarzyna	KRAKÓW	POL		84K20/30		(K)132	04:22:05	04:20:28 06.10
0:30:07 / 1873 0:54:01 / 1240 1:20:54 / 1361 1:56:46 / 1486 2:30:50 / 1603 3:04:50 / 1822 3:37:54 / 1837 4:07:10 / 1918										
1930	2208	BALUK Marek	CHELM	POL	/ BOREK-CHELM	62M50/233		(M)1798	04:22:06	04:21:18 06.11
0:27:30 / 1155 0:54:39 / 1408 1:24:28 / 1671 2:04:30 / 2055 2:40:32 / 2138 3:14:19 / 2155 3:45:49 / 2091 4:09:29 / 1981										
1931	1059	BASTA Mariusz	KRAKÓW	POL		77M30/679		(M)1799	04:22:10	04:20:52 06.10
0:28:37 / 1519 0:55:59 / 1586 1:23:17 / 1573 1:58:17 / 1584 2:31:34 / 1655 3:03:57 / 1783 3:38:50 / 1878 4:06:08 / 1890										
1932	1548	OLEJNICZAK Witold	OSTROW WLKP	POL	/ KS MARATON OSTROWWLKP	49M60/52		(M)1800	04:22:12	04:21:30 06.11
0:27:57 / 1336 0:55:53 / 1574 1:24:32 / 1682 1:59:28 / 1666 2:35:26 / 1931 3:08:27 / 1922 3:40:17 / 1936 4:06:58 / 1916										
1933	3447	KRZYK Jarek	GDYNIA	POL	/ NIEZRZESZONY	61M50/234		(M)1801	04:22:15	04:20:30 06.10
0:30:05 / 1848 0:58:08 / 1913 1:25:56 / 1886 2:02:54 / 1971 2:39:23 / 2087 3:13:23 / 2116 3:44:51 / 2059 4:09:05 / 1967										
1934	934	GONZALEZ REYES Carlos	SALAMANCA	ESP		62M50/235		(M)1802	04:22:16	04:20:18 06.10
0:30:35 / 2082 0:56:59 / 1729 1:29:02 / 2183 2:02:32 / 1957 2:37:58 / 2040 3:08:57 / 1937 3:41:50 / 1980 4:06:55 / 1914										
1935	1048	TYLUTKI Łukasz	CHRZANÓW	POL		73M30/680		(M)1803	04:22:18	04:21:26 06.11
0:29:40 / 1768 0:57:40 / 1804 1:26:14 / 1969 2:01:22 / 1901 2:35:02 / 1908 3:07:19 / 1888 3:38:38 / 1863 4:06:24 / 1894										
1936	394	OLCHOWIK Ryszard	GNIEZNO	POL	/ ALTOM GNIEZNO	51M60/53		(M)1804	04:22:27	04:21:00 06.11
0:30:02 / 1834 0:58:04 / 1862 1:25:47 / 1817 3:06:42 / 2996 2:33:28 / 1834 3:07:19 / 1887 3:39:35 / 1911 4:07:57 / 1938										
1937	163	RADECKI Marcin	LUBIN	POL	/ LUBIŃSKIE CHARAKTERY	82M30/681		(M)1805	04:22:28	04:21:03 06.11
0:29:57 / 1822 0:57:59 / 1835 1:25:40 / 1798 1:58:49 / 1614 2:31:21 / 1644 3:00:36 / 1607 3:34:53 / 1758 4:05:18 / 1878										
1938	374	WOJTYCZOK Wojciech	ZABRZE	POL		73M30/682		(M)1806	04:22:28	04:19:48 06.09
0:29:57 / 1823 1:02:01 / 2362 1:31:13 / 2293 2:06:36 / 2150 2:41:44 / 2195 3:11:43 / 2054 3:43:43 / 2029 4:08:09 / 1943										
1939	2201	DRZYMAŁA Grzegorz	ŻARY	POL		81M30/683		(M)1807	04:22:30	04:21:40 06.12
0:28:38 / 1523 0:56:28 / 1660 1:25:09 / 1730 2:00:31 / 1796 2:36:55 / 1992 3:10:58 / 2016 3:42:56 / 2008 4:09:28 / 1980										
1940	2551	KRAMARZ Stanisław	SUCHA BESKIDZKA	POL	/ POLNI „	62M50/236		(M)1808	04:22:33	04:19:58 06.09
0:32:41 / 2406 1:01:58 / 2356 1:31:44 / 2334 2:09:08 / 2346 2:42:45 / 2274 3:13:27 / 2119 3:42:40 / 1999 4:07:58 / 1940										
1941	1943	OLSZEWSKI Jacek	CZEKANÓW	POL	/ AKMB PĘDZIWIATR GLIWICE	64M40/512		(M)1809	04:22:35	04:20:37 06.10
0:31:27 / 2241 1:01:21 / 2302 1:31:43 / 2331 2:08:43 / 2316 2:43:46 / 2307 3:16:01 / 2211 3:43:54 / 2032 4:08:01 / 1942										
1942	1064	PRACIAK Tomasz	BIELSKO-BIAŁA	POL	/ NIEZRZESZONY	72M40/513		(M)1810	04:22:38	04:20:59 06.11
0:31:27 / 2240 0:59:42 / 2192 1:28:03 / 2116 2:03:08 / 1997 2:37:30 / 2017 3:10:29 / 1990 3:42:42 / 2002 4:07:33 / 1928										
1943	3338	STĘPAK Marcin	KRAKÓW	POL		84M20/322		(M)1811	04:22:38	04:20:48 06.10
0:29:08 / 1647 0:55:09 / 1471 1:22:13 / 1465 1:57:36 / 1541 2:35:59 / 1959 3:10:38 / 1997 3:44:29 / 2049 4:09:53 / 1994										
1944	1558	JACH Paweł	KRAKOW	POL	/ SHAPE TARNOWSKIE GÓRY	79M30/684		(M)1812	04:22:46	04:20:41 06.10
0:30:12 / 1915 0:56:37 / 1676 1:22:59 / 1549 1:57:07 / 1503 2:30:20 / 1587 3:04:43 / 1818 3:39:46 / 1917 4:09:30 / 1982										
1945	2079	MACIEJEWSKI Paweł	WARKA	POL	/ START PUŁASKI WARKA	76M30/685		(M)1813	04:22:55	04:22:24 06.13
0:27:25 / 1140 0:54:17 / 1362 1:21:19 / 1387 1:54:28 / 1354 2:27:48 / 1457 3:02:35 / 1707 3:36:01 / 1793 4:06:50 / 1910										
1946	1826	BILSKA Lidia	ŁĘTOWICE	POL		82K30/57		(K)133	04:22:55	04:20:06 06.09
0:34:58 / 2769 1:05:01 / 2654 1:36:39 / 2633 2:11:49 / 2431 2:45:38 / 2370 3:16:21 / 2226 3:47:08 / 2133 4:10:28 / 2005										
1947	398	KRÓLAK Piotr	LUBIN	POL		75M30/686		(M)1814	04:22:55	04:22:15 06.12
0:34:58 / 2768 0:53:49 / 1210 1:20:25 / 1260 1:53:14 / 1273 2:25:33 / 1365 2:58:17 / 1488 3:32:41 / 1678 4:03:11 / 1818										
1948	2006	KORDAS Tomasz	WÓLCZKOWO	POL	/ TT SZCZECIN	71M40/514		(M)1815	04:22:55	04:21:13 06.11
0:31:29 / 2245 1:00:20 / 2229 1:29:19 / 2197 2:05:27 / 2095 2:39:19 / 2084 3:09:39 / 1962 3:40:57 / 1952 4:09:27 / 1979										
1949	225	JANTOS Katarzyna	KRAKÓW	POL		81K30/58		(K)134	04:22:56	04:20:38 06.10
0:32:54 / 2487 1:02:23 / 2383 1:31:44 / 2332 2:08:10 / 2239 2:42:18 / 2258 3:13:38 / 2126 3:45:13 / 2069 4:09:55 / 1995										
1950	1126	FIGURSKI Łukasz	OPOLE	POL	/ FAST FOOT OPOLE	82M30/687		(M)1816	04:22:58	04:20:38 06.10
0:32:24 / 2370 1:01:12 / 2286 1:29:54 / 2223 2:05:54 / 2116 2:41:08 / 2167 3:13:21 / 2114 3:45:34 / 2079 4:10:38 / 2010										
1951	86	SOBKOWIAK Ewa	POZNAŃ	POL	/ BRYLANT KÓRNIK	63K40/33		(K)135	04:22:58	04:20:51 06.10
0:31:15 / 2213 0:59:33 / 2177 1:28:49 / 2173 2:05:11 / 2084 2:40:31 / 2136 3:12:42 / 2104 3:44:42 / 2054 4:09:41 / 1988										
1952	85	BARANIECKI Zbigniew	POZNAŃ	POL	/ BRYLANT KÓRNIK	58M50/237		(M)1817	04:22:59	04:20:52 06.10
0:31:15 / 2217 0:59:34 / 2180 1:28:48 / 2171 2:05:11 / 2083 2:40:31 / 2137 3:12:41 / 2103 3:44:42 / 2055 4:09:41 / 1989										
1953	1804	STEFANIAK Andrzej	DĄBROWA GÓRNICZA	POL	/ POGORIA BIEGA	78M30/688		(M)1818	04:23:00	04:20:58 06.11
0:30:45 / 2132 0:58:29 / 2041 1:26:12 / 1963 2:01:07 / 1872 2:35:05 / 1913 3:07:26 / 1893 3:42:41 / 2000 4:08:40 / 1951										
1954	3117	ŻUK Paweł	WARSZAWA	POL	/ BBL WARSZAWA	75M30/689		(M)1819	04:23:02	04:21:21 06.11
0:28:03 / 1368 0:53:05 / 1122 1:18:29 / 1070 1:49:47 / 1005 2:21:19 / 1088 2:55:28 / 1355 3:33:35 / 1717 4:06:51 / 1911										
1955	1272	POMYKAŁA Michał	RADOM	POL	/ DOLEĆ RADOM	83M20/323		(M)1820	04:23:02	04:21:09 06.11
0:32:04 / 2329 1:01:57 / 2354 3:44:25 / 3009 2:09:03 / 2342 2:43:35 / 2298 3:14:45 / 2173 3:33:35 / 1716 4:08:56 / 1961										
1956	1797	MACIAS Waldemar	ZIELONA GÓRA	POL	/ DRUZYNA GAZETY ZIELONA GORA	58M50/238		(M)1821	04:23:03	04:22:12 06.12
0:27:44 / 1262 0:54:22 / 1381 1:22:12 / 1460 1:57:43 / 1550 2:33:31 / 1835 3:14:45 / 2174 3:40:10 / 1929 4:07:52 / 1936										
1957	2398	PRZYBYLSKI Marcin	BRZESKO	POL		81M30/690		(M)1822	04:23:03	04:21:04 06.11
0:31:39 / 2276 0:58:58 / 2142 1:26:18 / 1978 2:01:20 / 1898 2:35:02 / 1907 3:07:32 / 1896 3:40:14 / 1932 4:08:56 / 1962										

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
1958	1563	ALEKSANDROWICZ Marek	OLEŚNO	POL		65M40/515	(M)182304:	23:06	04:22:03	06.12
		0:29:50 / 1802	0:58:28 / 2033	1:27:50 / 2095	2:04:34 / 2059	2:39:52 / 2108	3:12:08 / 2080	3:42:45 / 2003	4:08:30 / 1949	
1959	1789	LIZAK Łukasz	TARNÓW	POL		73M30/691	(M)182404:	23:07	04:21:26	06.11
		0:30:25 / 2007	0:58:31 / 2055	1:26:39 / 2008	2:02:27 / 1952	2:37:45 / 2033	3:11:46 / 2066	3:42:48 / 2005	4:09:25 / 1978	
1960	2133	CICHOCKI Jacek	TORUŃ	POL		72M40/516	(M)182504:	23:09	04:20:56	06.11
		0:29:20 / 1693	0:56:02 / 1591	1:23:02 / 1553	1:58:09 / 1574	2:30:51 / 1604	3:04:01 / 1786	3:38:37 / 1861	4:08:55 / 1960	
1961	1796	WOJTYCZA Ewelina	SIEPRAW	POL		88K20/31	(K)136	04:23:13	04:22:11	06.12
		0:28:03 / 1364	0:55:12 / 1484	1:23:32 / 1589	2:01:14 / 1886	2:41:12 / 2172	3:17:02 / 2249	3:47:40 / 2145	4:11:05 / 2016	
1962	1835	FIRLA Łukasz	CIESZYN	POL / NIEZRZESZONY		85M20/324	(M)182604:	23:15	04:21:23	06.11
		0:32:03 / 2325	1:01:21 / 2303	1:31:12 / 2290	2:08:22 / 2258	2:42:02 / 2229	3:12:32 / 2094	3:43:30 / 2018	4:09:35 / 1985	
1963	2859	ADAMSKI Wojciech	WROCŁAW	POL		50M60/54	(M)182704:	23:16	04:21:19	06.11
		0:29:32 / 1739	0:56:43 / 1698	1:24:37 / 1694	1:59:14 / 1643	2:32:45 / 1806	3:06:00 / 1857	3:40:36 / 1943	4:09:31 / 1983	
1964	2150	BIERLET Tomasz	KWAŚNIÓW GÓRNY	POL / THYSSENKRUPP STAINLESS POLSKA		85M20/325	(M)182804:	23:21	04:22:23	06.13
		0:28:53 / 1589	0:56:28 / 1662	1:24:54 / 1712	2:00:39 / 1825	2:34:42 / 1895	3:05:39 / 1844	3:41:00 / 1955	4:08:36 / 1950	
1965	1174	KACZYŃSKI Artur	WARSZAWA	POL		74M30/692	(M)182904:	23:23	04:21:26	06.11
		0:28:31 / 1498	0:54:53 / 1436	1:22:23 / 1481	2:02:00 / 1936	2:38:58 / 2077	3:17:01 / 2248	3:48:23 / 2163	4:12:20 / 2065	
1966	1268	BIERSKI Jan	POGWIZDOW	POL / POGWIZDOW		62M50/239	(M)183004:	23:26	04:20:56	06.11
		0:33:54 / 2634	1:04:03 / 2593	1:34:33 / 2539	2:12:19 / 2437	2:47:08 / 2420	3:19:42 / 2315	3:48:25 / 2165	4:11:35 / 2039	
1967	989	MOSKAL Izabella	WARSZAWA	POL / BRYLANT KÓRNIK		73K30/59	(K)137	04:23:26	04:21:17	06.11
		0:32:45 / 2417	1:02:38 / 2414	1:32:05 / 2369	2:08:21 / 2250	2:41:59 / 2219	3:14:26 / 2159	3:45:48 / 2090	4:10:19 / 2004	
1968	1477	GRYGIER Andrzej	WROCŁAW	POL		75M30/693	(M)183104:	23:27	04:21:54	06.12
		0:30:16 / 1953	0:58:17 / 1991	1:26:11 / 1961	2:01:00 / 1864	2:33:39 / 1845	3:03:10 / 1738	3:34:31 / 1742	4:06:43 / 1908	
1969	2684	KĘDZIERSKI Zenon	STRZELCE OPOLSKIE	POL / RSIR STRZELCE OP.		51M60/55	(M)183204:	23:31	04:21:43	06.12
		0:30:46 / 2139	0:58:37 / 2089	1:27:09 / 2051	2:01:40 / 1917	2:34:41 / 1894	3:05:10 / 1831	3:37:37 / 1829	4:06:09 / 1891	
1970	243	SZYMCZYNA Zdzisław	KRAKÓW	POL / KKB DYSTANS KRAKÓW		58M50/240	(M)183304:	23:35	04:21:14	06.11
		0:29:54 / 1812	0:56:28 / 1661	1:23:24 / 1576	1:57:14 / 1512	2:33:55 / 1864	3:10:41 / 1998	3:44:11 / 2039	4:11:11 / 2020	
1971	1925	SZANIECKI Piotr	DALESZYCE	POL		73M30/694	(M)183404:	23:36	04:21:55	06.12
		0:30:34 / 2069	0:58:26 / 2024	1:26:05 / 1942	2:00:33 / 1808	2:32:51 / 1814	3:04:39 / 1815	3:38:49 / 1875	4:06:24 / 1895	
1972	1244	MŁOSZ Karolina	WARSZAWA	POL		83K20/32	(K)138	04:23:37	04:22:40	06.13
		0:28:26 / 1477	0:55:35 / 1537	1:23:31 / 1586	1:59:52 / 1707	2:37:27 / 2011	3:10:24 / 1988	3:43:02 / 2009	4:09:51 / 1993	
1973	3106	RYZKO Dominik	WARSZAWA	POL		77M30/695	(M)183504:	23:39	04:22:16	06.12
		0:29:56 / 1820	0:56:48 / 1719	1:23:48 / 1608	1:56:49 / 1489	2:34:39 / 1891	3:10:23 / 1985	3:43:14 / 2013	4:09:47 / 1991	
1974	2908	KARWOWSKI Jarosław	PRZYSZOWICE	POL / AKMB PĘDZIWIATR GLIWIECE		70M40/517	(M)183604:	23:42	04:22:26	06.13
		0:30:35 / 2078	0:58:56 / 2137	1:27:33 / 2076	2:02:25 / 1951	2:37:31 / 2020	3:10:02 / 1973	3:42:06 / 1985	4:08:23 / 1947	
1975	1330	GAVENDA Marek	HAVIROV	CZE / RPIC-VIP		67M40/518	(M)183704:	23:43	04:21:48	06.12
		0:30:35 / 2077	0:58:26 / 2026	1:27:02 / 2039	2:04:59 / 2075	2:39:36 / 2098	3:13:49 / 2140	3:45:00 / 2062	4:10:29 / 2007	
1976	3418	KALEŃCKI Konrad	GDAŃSK	POL		80M30/696	(M)183804:	23:45	04:21:25	06.11
		0:33:23 / 2573	1:04:06 / 2601	1:35:37 / 2576	2:12:02 / 2433	2:45:37 / 2368	3:16:21 / 2225	3:47:08 / 2132	4:10:29 / 2008	
1977	404	TROJAN Stanisław	WROCŁAW	POL / WKB PIAST		58M50/241	(M)183904:	23:52	04:21:57	06.12
		0:30:48 / 2152	0:59:24 / 2164	1:28:10 / 2121	2:03:25 / 2019	2:37:18 / 2002	3:09:31 / 1955	3:40:37 / 1944	4:08:42 / 1953	
1978	2402	MIGACZ Arkadiusz	KRAKÓW	POL / 16BPD		75M30/697	(M)184004:	23:54	04:22:55	06.13
		0:27:57 / 1335	0:54:13 / 1338	1:21:09 / 1375	1:55:01 / 1384	2:31:42 / 1666	3:06:29 / 1867	3:41:14 / 1965	4:07:52 / 1937	
1979	2838	STRYCHARSKA Magdalena	LONDON, WIELKA	POL		79K30/60	(K)139	04:23:54	04:22:55	06.13
		0:29:29 / 1725	0:57:33 / 1793	1:26:24 / 1987	2:01:50 / 1930	2:36:04 / 1962	3:09:29 / 1953	3:41:16 / 1966	4:09:46 / 1990	
1980	2650	DETKO Artur	LEGIONOWO	POL		47M60/56	(M)184104:	23:59	04:21:59	06.12
		0:32:11 / 2349	1:01:30 / 2317	1:30:44 / 2260	2:06:24 / 2139	2:41:22 / 2182	3:12:41 / 2102	3:43:11 / 2012	4:10:10 / 2001	
1981	802	KAROLAK Grzegorz	POZNAŃ	POL		68M40/519	(M)184204:	24:01	04:22:24	06.13
		0:30:07 / 1869	0:58:05 / 1883	1:25:52 / 1848	2:00:30 / 1784	2:34:42 / 1896	3:08:45 / 1930	3:40:51 / 1950	4:08:27 / 1948	
1982	3502	TOMECKI Jerzy	MYSŁOWICE	POL / CHROMIK MYSŁOWICE		41M70/5	(M)184304:	24:04	04:21:58	06.12
		0:31:25 / 2237	1:00:32 / 2246	1:30:02 / 2232	2:06:35 / 2147	2:42:38 / 2266	3:14:18 / 2153	3:46:54 / 2122	4:11:05 / 2015	
1983	2676	CNOTA Łukasz	IGOŁOMIA	POL		88M20/326	(M)184404:	24:10	04:22:37	06.13
		0:30:30 / 2044	0:58:23 / 2014	1:26:08 / 1954	2:00:52 / 1854	2:34:22 / 1884	3:07:43 / 1903	3:41:23 / 1971	4:09:59 / 1996	
1984	1343	ŚLUSARCZYK Jerzy	KRAKÓW	POL / AZS AWF MASTERS KRAKÓW		58M50/242	(M)184504:	24:12	04:23:36	06.14
		0:28:01 / 1356	0:55:53 / 1576	1:24:10 / 1652	1:59:01 / 1622	2:33:50 / 1859	3:08:39 / 1929	3:45:15 / 2070	4:10:34 / 2009	
1985	1137	KWIECIEŃ Robert	KIELCE	POL / GÓRAL ŚWIĘTOKRZYSKI		77M30/698	(M)184604:	24:15	04:22:12	06.12
		0:28:49 / 1573	0:55:11 / 1483	1:22:05 / 1450	1:55:19 / 1403	2:31:13 / 1631	3:08:12 / 1913	3:41:00 / 1956	4:09:22 / 1976	
1986	1060	WICIAK Ziemowit	STAROGARD GDAŃSKI	POL / NIEZRZESZONY		70M40/520	(M)184704:	24:18	04:22:54	06.13
		0:29:55 / 1819	0:57:41 / 1807	1:25:29 / 1770	2:00:13 / 1736	2:35:38 / 1940	3:08:46 / 1931	3:42:37 / 1995	4:09:17 / 1972	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
1987	209	ORLIK Jerzy	GLIWICE	POL	POL / GLIWICE	59M50/243	(M)184804:24:20	04:23:28 06.14
0:26:58 / 1057 0:52:55 / 1099 1:19:41 / 1172 1:52:56 / 1204 2:27:29 / 1445 3:02:14 / 1694 3:35:06 / 1770 4:07:14 / 1919								
1988	1214	CYBULSKI Piotr	WROCLAW	POL	POL / PRO-RUN WROCLAW	59M50/244	(M)184904:24:20	04:22:49 06.13
0:30:57 / 2185 0:59:17 / 2161 1:27:25 / 2063 2:01:43 / 1925 2:34:01 / 1871 3:03:31 / 1762 3:35:13 / 1772 4:08:57 / 1963								
1989	2188	BOCHENEK Maria	SKOCZÓW	POL		65K40/34	(K)140 04:24:21	04:22:55 06.13
0:30:07 / 1870 0:58:16 / 1987 1:28:38 / 2165 2:06:26 / 2140 2:43:17 / 2286 3:16:28 / 2234 3:46:35 / 2111 4:11:12 / 2021								
1990	2419	WILK Robert	KRAKÓW	POL	POL / KKB DYSTANS KRAKÓW	71M40/521	(M)185004:24:24	04:23:02 06.14
0:28:01 / 1355 0:54:10 / 1318 1:20:35 / 1321 1:53:18 / 1282 2:27:13 / 1435 3:03:47 / 1779 3:38:53 / 1883 4:07:38 / 1931								
1991	3403	BUSER-MOLATORE Tristan	WARSZAWA	USA		79M30/699	(M)185104:24:24	04:20:24 06.10
0:32:52 / 2466 1:00:39 / 2253 1:28:39 / 2167 2:04:02 / 2039 2:37:42 / 2030 3:10:49 / 2006 3:42:48 / 2006 4:09:16 / 1971								
1992	1759	WOJCIK Dariusz	KRAKÓW	POL	POL / NIEZRZESZONY	91M20/327	(M)185204:24:27	04:22:59 06.13
0:32:52 / 2465 0:57:59 / 1836 1:25:42 / 1801 1:59:51 / 1701 2:32:04 / 1705 3:04:02 / 1788 3:38:29 / 1853 4:09:37 / 1986								
1993	3277	BOBER Szymon	MOGILANY	POL		86M20/328	(M)185304:24:29	04:23:00 06.13
0:29:02 / 1622 0:54:42 / 1418 1:20:35 / 1322 1:52:18 / 1149 2:24:53 / 1324 2:55:55 / 1372 3:26:29 / 1449 4:07:29 / 1927								
1994	1236	GUZOWSKI Jacek	KRAKOW	POL	POL / MCT	72M40/522	(M)185404:24:34	04:22:24 06.13
0:29:02 / 1621 1:02:32 / 2401 1:32:03 / 2361 2:08:27 / 2283 2:42:00 / 2223 3:11:45 / 2062 3:40:22 / 1938 4:10:01 / 1997								
1995	2986	NOWAK Dobromir	KRAKÓW	POL		71M40/523	(M)185504:24:38	04:23:18 06.14
0:28:55 / 1594 0:56:06 / 1599 1:22:49 / 1537 1:57:35 / 1540 2:33:59 / 1867 3:09:13 / 1946 3:43:38 / 2025 4:10:07 / 1999								
1996	3113	MOGILSKI Szczepan	ŁABOWA	POL		78M30/700	(M)185604:24:39	04:22:33 06.13
0:31:01 / 2192 0:58:59 / 2145 1:27:03 / 2041 2:01:37 / 1914 2:35:36 / 1935 3:08:34 / 1926 3:42:16 / 1990 4:10:07 / 2000								
1997	229	PRZYBYSZ Michał	WROCLAW	POL		78M30/701	(M)185704:24:42	04:23:13 06.14
0:30:51 / 2165 0:59:32 / 2175 1:28:44 / 2170 2:05:45 / 2110 2:41:25 / 2185 3:14:41 / 2169 3:45:42 / 2085 4:10:29 / 2006								
1998	120	BRONIAREK Arkadiusz	TOMASZÓW	POL		66M40/524	(M)185804:24:44	04:24:40 06.16
0:25:27 / 802 0:51:15 / 949 1:17:52 / 1014 1:52:12 / 1139 2:28:22 / 1485 3:04:44 / 1820 3:42:06 / 1986 4:10:13 / 2002								
1999	766	RÓŻAK Stanisław	WOŁOWICE	POL		60M50/245	(M)185904:24:47	04:24:21 06.15
0:25:16 / 722 0:49:57 / 818 1:14:39 / 805 1:45:33 / 794 2:18:13 / 955 2:54:07 / 1306 3:30:03 / 1612 4:05:21 / 1880								
2000	3080	KWACZEK Rafal	WARSZAWA	POL		77M30/702	(M)186004:24:50	04:21:15 06.11
0:28:11 / 1414 0:54:10 / 1316 1:20:33 / 1310 1:53:42 / 1305 2:18:13 / 956 2:57:37 / 1449 3:28:24 / 1553 4:08:41 / 1952								
2001	1751	PALISZ Marcin	WARSZAWA	POL		82M30/703	(M)186104:24:50	04:23:51 06.15
0:27:38 / 1198 0:54:13 / 1337 1:21:36 / 1416 1:56:41 / 1481 2:31:33 / 1654 3:08:56 / 1936 3:38:23 / 1850 4:08:19 / 1945								
2002	1196	MATUSZAK Radek	LUBOŃ	POL	POL / LUBOŃSKI KLUB BIEGACZA	78M30/704	(M)186204:24:52	04:22:41 06.13
0:32:49 / 2445 1:02:29 / 2393 1:31:49 / 2341 2:08:17 / 2242 2:41:54 / 2206 3:13:40 / 2130 3:44:35 / 2051 4:11:22 / 2028								
2003	2573	BATKO Magdalena	KRAKÓW	POL		85K20/33	(K)141 04:24:53	04:23:38 06.14
0:29:40 / 1769 0:58:41 / 2103 1:28:32 / 2153 2:05:54 / 2115 2:41:41 / 2194 3:14:57 / 2182 3:46:10 / 2097 4:11:08 / 2017								
2004	1070	TANOUE Kiyoyuki	WARSZAWA	JPN	JPN / DRUNK SAMURAI	72M40/525	(M)186304:24:55	04:23:37 06.14
0:29:25 / 1715 0:56:42 / 1697 1:24:01 / 1647 1:58:12 / 1579 2:30:53 / 1609 3:05:35 / 1841 3:38:34 / 1857 4:08:43 / 1954								
2005	801	WOZNIAK Adrian	KRAKOW	POL		82M30/705	(M)186404:24:56	04:22:15 06.12
0:35:13 / 2839 1:05:43 / 2703 1:36:03 / 2593 2:15:00 / 2529 2:51:24 / 2539 3:19:38 / 2312 3:46:54 / 2121 4:11:30 / 2037								
2006	351	KOPYCZYNSKI Tomasz	WARE	POL		81M30/706	(M)186504:24:57	04:23:44 06.15
0:35:13 / 2838 0:56:42 / 1696 1:23:32 / 1590 1:57:15 / 1514 2:32:12 / 1715 3:02:42 / 1711 3:41:32 / 1976 4:09:48 / 1992								
2007	2567	ROGOWSKI Szczepan	BOCHNIA	POL		87M20/329	(M)186604:24:58	04:22:49 06.13
0:32:52 / 2464 1:02:45 / 2471 1:32:32 / 2464 2:09:42 / 2382 2:44:02 / 2323 3:16:24 / 2230 3:47:33 / 2142 4:11:51 / 2049								
2008	3150	CHRZANOWSKI Michał	KRAKÓW	POL	POL / BIEGAM BO LUBIĘ	83M20/330	(M)186704:25:02	04:22:41 06.13
0:33:18 / 2560 1:03:13 / 2556 1:32:39 / 2474 2:08:42 / 2314 2:42:40 / 2267 3:14:56 / 2181 3:44:22 / 2046 4:10:04 / 1998								
2009	308	DULIŃSKI Mateusz	KRAKÓW	POL		86M20/331	(M)186804:25:04	04:24:15 06.15
0:27:36 / 1178 0:54:04 / 1252 1:20:23 / 1240 1:52:54 / 1186 2:22:56 / 1204 2:53:53 / 1295 3:33:27 / 1710 4:09:23 / 1977								
2010	2426	LIPNICKA Bożena anna	KRAKÓW	POL		66K40/35	(K)142 04:25:09	04:22:47 06.13
0:33:01 / 2519 1:02:41 / 2442 1:32:09 / 2396 2:08:44 / 2318 2:43:17 / 2287 3:14:30 / 2162 3:45:47 / 2088 4:11:31 / 2038								
2011	3303	ZIAJA Marek	KRAKÓW	POL		66M40/526	(M)186904:25:10	04:23:18 06.14
0:30:08 / 1884 0:58:10 / 1952 1:26:25 / 1991 2:04:26 / 2052 2:41:11 / 2169 3:14:53 / 2179 3:46:21 / 2106 4:11:40 / 2042								
2012	3485	BORKOWSKI Piotr	MOGILANY	POL		79M30/707	(M)187004:25:14	04:23:52 06.15
0:27:49 / 1291 0:53:23 / 1147 1:18:52 / 1093 1:51:06 / 1074 2:21:55 / 1129 2:54:24 / 1317 3:27:23 / 1516 4:02:35 / 1804								
2013	1303	KMAK Jan	NOWY SACZ	POL		74M30/708	(M)187104:25:18	04:23:22 06.14
0:30:20 / 1977 0:56:29 / 1665 1:22:36 / 1506 1:54:24 / 1350 2:30:00 / 1568 3:06:21 / 1864 3:40:55 / 1951 4:09:10 / 1968								
2014	3047	WOJTOWICZ Adam	BYTOM	POL	POL / K.B. JÓZEFINKA	81M30/709	(M)187204:25:18	04:24:06 06.15
0:30:20 / 1978 0:56:41 / 1686 1:25:12 / 1737 2:01:49 / 1929 2:37:49 / 2035 3:14:32 / 2164 3:46:46 / 2119 4:11:25 / 2032								
2015	2264	JANKOSZ Marek	KRAKÓW	POL		79M30/710	(M)187304:25:20	04:23:23 06.14
0:30:16 / 1951 0:58:16 / 1986 1:26:02 / 1927 2:00:40 / 1826 2:35:24 / 1926 3:07:46 / 1905 3:40:49 / 1949 4:09:39 / 1987								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
2016	2728	VALCARCEL Carlos	SANTANDER	ESP		90M20/332	(M)187404:25:22	04:23:25 06.14
0:30:16 / 1952 1:02:51 / 2517 1:30:56 / 2273 2:07:59 / 2229 2:40:54 / 2154 3:16:32 / 2237 3:45:17 / 2071 4:11:04 / 2012								
2017	668	MROŻEK Andrzej	KRAKÓW	POL	/ KKB DYSTANS KRAKÓW	54M50/246	(M)187504:25:28	04:23:00 06.13
0:34:19 / 2687 1:04:43 / 2636 1:33:48 / 2519 2:08:53 / 2335 2:42:33 / 2265 3:13:38 / 2124 3:43:34 / 2020 4:09:20 / 1975								
2018	2300	ZAWARTKA Rafał	SOSNOWIEC	POL		70M40/527	(M)187604:25:29	04:23:18 06.14
0:31:59 / 2313 1:00:55 / 2268 1:30:02 / 2230 2:06:20 / 2137 2:40:46 / 2148 3:15:03 / 2186 3:45:37 / 2084 4:11:23 / 2031								
2019	2120	KRÓL Arkadiusz	SOSNOWIEC	POL		75M30/711	(M)187704:25:30	04:23:19 06.14
0:32:00 / 2315 1:00:53 / 2262 1:30:02 / 2231 2:06:21 / 2138 2:40:47 / 2149 3:15:03 / 2187 3:45:36 / 2082 4:11:22 / 2030								
2020	1945	WŁODARCZYK Jan	STAROGARD GDAŃSKI	POL	/ NIEZRZESZONY	58M50/247	(M)187804:25:34	04:23:53 06.15
0:32:10 / 2348 1:02:28 / 2392 1:32:56 / 2491 2:09:37 / 2376 2:44:40 / 2342 3:16:27 / 2232 3:47:59 / 2156 4:12:13 / 2061								
2021	2521	KOZŁOWSKA Alicja	LESZNO	POL	/ MARATON LESZNO	70K40/36	(K)143 04:25:34	04:24:11 06.15
0:30:52 / 2169 1:00:36 / 2249 1:31:17 / 2299 2:09:38 / 2377 2:45:22 / 2361 3:18:29 / 2283 3:47:58 / 2155 4:12:13 / 2062								
2022	1494	MEZZAPESA Giovanni	ULANÓW	ITA		56M50/248	(M)187904:25:34	04:24:25 06.16
0:28:06 / 1383 0:54:45 / 1423 1:22:39 / 1512 1:59:15 / 1644 2:37:59 / 2042 3:12:34 / 2096 3:44:41 / 2053 4:11:09 / 2018								
2023	993	GOŁĘBIEWSKI Jacek	ŚWIDNICA	POL	/ HERMES ŚWIDNICA	74M30/712	(M)188004:25:37	04:24:39 06.16
0:28:24 / 1469 0:55:34 / 1526 1:22:45 / 1527 1:57:42 / 1549 2:28:19 / 1480 3:01:29 / 1668 3:35:46 / 1789 4:11:10 / 2019								
2024	2425	BESSA Ricardo	GLIWICE	POR		81M30/713	(M)188104:25:37	04:24:00 06.15
0:28:24 / 1470 0:52:46 / 1080 1:18:27 / 1066 1:50:49 / 1053 2:25:09 / 1338 3:02:25 / 1702 3:41:46 / 1979 4:08:49 / 1958								
2025	2283	MICHALIK Wojciech	SZCZECIN	POL	/ SZCZECIN - PŁONIA	72M40/528	(M)188204:25:43	04:23:10 06.14
0:34:18 / 2685 1:05:08 / 2666 1:36:16 / 2609 2:14:28 / 2499 2:49:28 / 2472 3:21:25 / 2359 3:50:52 / 2229 4:13:57 / 2105								
2026	1923	HEGYI Peter	GYOR	HUN		74M30/714	(M)188304:25:51	04:24:00 06.15
0:34:18 / 2684 0:58:11 / 1958 1:25:57 / 1894 3:05:44 / 2994 2:32:22 / 1767 3:21:25 / 2358 3:39:20 / 1904 4:08:57 / 1964								
2027	639	MADEJSKI Radosław	SŁOMNIKI	POL	/ NIEZRZESZONY	71M40/529	(M)188404:25:53	04:23:42 06.14
0:32:13 / 2351 1:00:07 / 2217 1:28:33 / 2155 2:04:22 / 2048 2:40:16 / 2131 3:15:28 / 2194 3:50:01 / 2212 4:13:51 / 2099								
2028	1628	AKSAK Andrzej	RZAŚKA	POL		87M20/333	(M)188504:25:55	04:24:47 06.16
0:30:48 / 2153 1:00:02 / 2211 1:28:54 / 2177 2:04:45 / 2069 2:39:37 / 2099 3:12:15 / 2087 3:45:08 / 2064 4:13:16 / 2079								
2029	2827	MUSZYŃSKI Piotr	KRAKÓW	POL	/ LUMBAGO TEAM	62M50/249	(M)188604:25:57	04:23:58 06.15
0:30:44 / 2128 0:58:33 / 2066 1:26:17 / 1976 2:01:40 / 1918 2:36:18 / 1973 3:11:46 / 2064 3:45:09 / 2065 4:12:12 / 2060								
2030	3225	SROKA Zbigniew	SKRZYSZÓW	POL		69M40/530	(M)188704:25:57	04:24:19 06.15
0:29:41 / 1771 0:57:17 / 1765 1:25:40 / 1797 2:01:06 / 1871 2:35:55 / 1956 3:11:20 / 2028 3:44:29 / 2048 4:11:46 / 2044								
2031	563	MOSNA Teodoro	VENTIMIGLIA	ITA		58M50/250	(M)188804:25:59	04:23:34 06.14
0:32:53 / 2471 1:02:39 / 2423 1:31:48 / 2340 2:08:21 / 2251 2:41:59 / 2220 3:11:42 / 2051 3:43:45 / 2030 4:11:29 / 2036								
2032	2191	RDZANEK Michał	KRAKÓW	POL	/ "UNIwersytet Jagielloński"	80M30/715	(M)188904:26:01	04:24:17 06.15
0:30:10 / 1896 0:57:29 / 1784 1:25:29 / 1768 1:59:42 / 1685 2:32:34 / 1786 3:05:49 / 1848 3:39:52 / 1919 4:12:21 / 2066								
2033	1377	WÓJCIK Stanisław	DĄBROWA GÓRNICZA	POL	/ AGH KRAKÓW	43M60/57	(M)189004:26:04	04:25:59 06.18
0:28:55 / 1592 0:57:15 / 1762 1:25:36 / 1784 2:00:13 / 1737 2:35:12 / 1916 3:10:37 / 1996 3:44:52 / 2060 4:11:43 / 2043								
2034	2221	CZAJA Jarosław	OTMUCHÓW	POL		77M30/716	(M)189104:26:13	04:25:05 06.16
0:27:50 / 1297 0:54:20 / 1375 1:21:59 / 1442 1:57:35 / 1539 2:32:58 / 1818 3:08:26 / 1921 3:42:12 / 1989 4:11:22 / 2029								
2035	1849	ENGLERT Paweł	GDYNIA	POL	/ NIEZRZESZONY	76M30/717	(M)189204:26:17	04:24:33 06.16
0:30:40 / 2114 0:58:42 / 2106 1:26:47 / 2018 2:01:42 / 1924 2:37:35 / 2024 3:12:38 / 2099 3:45:24 / 2076 4:11:53 / 2051								
2036	61	SZCZĘSNOWICZ Piotr	KRAKÓW	POL		86M20/334	(M)189304:26:21	04:23:48 06.15
0:34:24 / 2694 1:03:59 / 2587 1:32:44 / 2479 2:08:53 / 2337 2:42:54 / 2280 3:15:27 / 2193 3:45:43 / 2086 4:11:18 / 2027								
2037	3025	WISZ Piotr	RZESZÓW	POL		90M20/335	(M)189404:26:24	04:25:42 06.17
0:26:17 / 961 0:51:53 / 1007 1:18:35 / 1073 1:55:58 / 1451 2:32:23 / 1772 3:07:19 / 1886 3:40:13 / 1931 4:09:33 / 1984								
2038	2311	KOZŁOWSKI Karol	STARE JUCHY	POL		80M30/718	(M)189504:26:25	04:25:32 06.17
0:27:43 / 1254 0:54:07 / 1276 1:20:27 / 1273 1:54:34 / 1359 2:32:23 / 1770 3:09:27 / 1951 3:45:12 / 2068 4:12:03 / 2055								
2039	803	ŚCIGAJ Dariusz	DĄBROWA GÓRNICZA	POL	/ POGORIA BIEGA	75M30/719	(M)189604:26:26	04:24:02 06.15
0:33:07 / 2538 1:02:49 / 2504 1:32:19 / 2439 2:08:33 / 2302 2:42:06 / 2249 3:12:07 / 2078 3:43:58 / 2034 4:11:37 / 2040								
2040	760	GLĄDYS Wojciech	KRAKÓW	POL	/ FIGHT TEAM KRAKÓW	82M30/720	(M)189704:26:27	04:25:09 06.17
0:28:06 / 1386 0:55:51 / 1565 1:24:22 / 1666 1:58:37 / 1599 2:31:52 / 1683 3:05:26 / 1838 3:42:17 / 1991 4:12:09 / 2058								
2041	2722	ŚLUSARCZYK Łukasz	KRAKÓW	POL	/ SHELL SBSC ZABIERZÓW	85M20/336	(M)189804:26:32	04:24:53 06.16
0:30:11 / 1908 0:58:07 / 1900 1:25:50 / 1830 2:00:03 / 1721 2:32:23 / 1773 3:06:14 / 1861 3:41:25 / 1972 4:15:11 / 2138								
2042	1832	KRYSIAK Dariusz	WROCLAW	POL	/ UNIwersytet Ekonomiczny we Wrocławiu	60M50/251	(M)189904:26:38	04:25:10 06.17
0:30:08 / 1881 0:58:23 / 2016 1:26:59 / 2034 2:02:36 / 1963 2:38:01 / 2043 3:11:59 / 2076 3:44:44 / 2057 4:11:39 / 2041								
2043	1902	BOCHEN Izabela	BEZRZECZE	POL		75K30/61	(K)144 04:26:41	04:24:08 06.15
0:34:18 / 2682 1:05:07 / 2661 1:36:16 / 2608 2:14:26 / 2496 2:49:28 / 2473 3:21:26 / 2360 3:50:52 / 2231 4:13:58 / 2106								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Age	Grupy Sex	Wynik Time	Wynik Netto [min/km]	
Check pts:											
2044	2957	WIĘCEK Krzysztof	KOMPRACHCICE	POL	/ JW 1907 OPOLE	66M40/531	(M)1900	04:26:42	04:25:55	06.18	
0:27:36 / 1183 0:54:02 / 1244 1:20:22 / 1231 1:52:55 / 1192 2:23:03 / 1224 2:54:04 / 1305 3:31:11 / 1643 4:08:45 / 1955											
2045	3017	CHŁOPAŚ Marcin	WARSZAWA	POL	/ CUE BAR KRAKÓW	80M30/721	(M)1901	04:26:45	04:25:17	06.17	
0:29:08 / 1650 0:56:29 / 1664 1:24:32 / 1680 1:59:08 / 1637 2:38:18 / 2051 3:10:15 / 1979 3:46:33 / 2110 4:14:27 / 2117											
2046	3257	PIEKARZ Maciej	BRZESKO	POL		90M20/337	(M)1902	04:26:45	04:24:49	06.16	
0:30:30 / 2043 0:58:45 / 2113 1:27:01 / 2038 2:03:01 / 1986 2:38:32 / 2058 3:12:12 / 2084 3:47:48 / 2147 4:14:13 / 2115											
2047	1669	GRABIEC Tomasz	NOWA SÓL	POL	/ SOS DLA AFRYKI	76M30/722	(M)1903	04:26:46	04:24:37	06.16	
0:32:51 / 2458 1:02:45 / 2479 1:32:24 / 2448 2:08:50 / 2322 2:43:53 / 2312 3:15:54 / 2208 3:49:25 / 2192 4:14:51 / 2128											
2048	966	DRAPAŁA Jarosław	BOGUMIŁOWICE	POL		69M40/532	(M)1904	04:26:50	04:25:05	06.16	
0:31:25 / 2236 1:00:56 / 2270 1:30:48 / 2261 2:07:01 / 2174 2:41:20 / 2181 3:15:40 / 2200 3:49:08 / 2185 4:13:38 / 2095											
2049	717	MALÉ Gérard	ECHIROLLES	FRA		58M50/252	(M)1905	04:26:51	04:25:21	06.17	
0:30:28 / 2033 0:58:12 / 1962 1:25:54 / 1878 2:01:37 / 1913 2:36:00 / 1960 3:09:58 / 1970 3:43:07 / 2011 4:11:15 / 2022											
2050	1782	MALINOWSKI Łukasz	BĘDZIN	POL	/ KW KATOWICE	82M30/723	(M)1906	04:26:52	04:25:40	06.17	
0:28:59 / 1609 0:55:09 / 1475 1:21:35 / 1414 1:53:49 / 1320 2:25:05 / 1337 2:53:51 / 1291 3:34:46 / 1753 4:10:58 / 2011											
2051	2404	PIETRYJA Łukasz	WISLA WIELKA	POL		79M30/724	(M)1907	04:27:05	04:24:53	06.16	
0:33:24 / 2575 1:03:38 / 2569 1:34:13 / 2532 2:11:33 / 2423 2:45:51 / 2382 3:17:44 / 2267 3:48:10 / 2160 4:12:56 / 2073											
2052	273	LONCA Paweł	JÓZEFOSŁAW	POL	/ HENKEL RUNNING TEAM	76M30/725	(M)1908	04:27:06	04:25:17	06.17	
0:30:39 / 2103 0:58:35 / 2075 1:26:44 / 2014 2:01:13 / 1883 2:33:44 / 1849 3:08:36 / 1928 3:42:49 / 2007 4:12:52 / 2071											
2053	1791	MAĆZKA Jerzy	KRAKÓW	POL		50M60/58	(M)1909	04:27:06	04:25:02	06.16	
0:32:39 / 2401 1:02:55 / 2527 1:33:29 / 2505 2:11:16 / 2417 2:46:40 / 2403 3:19:08 / 2302 3:49:29 / 2193 4:14:00 / 2107											
2054	2575	SYPEREK Marcin	WROCLAW	POL	/ PRO-RUN WROCLAW	74M30/726	(M)1910	04:27:06	04:24:46	06.16	
0:32:54 / 2485 1:01:46 / 2341 1:31:19 / 2306 2:06:28 / 2143 2:40:54 / 2155 3:12:33 / 2095 3:44:08 / 2037 4:11:48 / 2046											
2055	935	IGŁOWSKA Halina	TORUŃ	POL	/ KKS W KRAK ROLLERBLADE	52K60/4	(K)145	04:27:14	04:26:59	06.19	
0:29:00 / 1610 0:58:40 / 2098 1:29:20 / 2198 2:07:20 / 2188 2:43:25 / 2293 3:16:50 / 2246 3:48:35 / 2171 4:13:33 / 2091											
2056	2097	KIEDZIUCH Piotr	ŁĄSZCZE WYŻNE	POL	/ VEGE RUNNERS	85M20/338	(M)1911	04:27:17	04:25:43	06.17	
0:31:03 / 2195 0:58:44 / 2110 1:27:56 / 2109 2:02:55 / 1975 2:37:29 / 2015 3:13:13 / 2111 3:47:23 / 2138 4:12:01 / 2053											
2057	1316	MALINOWSKI Łukasz	31-916 KRAKÓW	POL		83M20/339	(M)1912	04:27:22	04:26:05	06.18	
0:28:44 / 1554 0:56:14 / 1619 1:25:08 / 1727 2:01:19 / 1895 2:37:29 / 2014 3:13:25 / 2118 3:46:15 / 2101 4:13:30 / 2089											
2058	1874	JAKUBOWSKI Mirosław	LEGNICA	POL	/ KB LEW LEGNICA	59M50/253	(M)1913	04:27:23	04:25:29	06.17	
0:30:45 / 2133 0:59:29 / 2170 1:29:04 / 2186 2:05:30 / 2096 2:40:43 / 2144 3:13:44 / 2135 3:45:57 / 2093 4:13:21 / 2083											
2059	1875	FURTAK Krzysztof	LUBIN	POL	/ LUBIN	62M50/254	(M)1914	04:27:24	04:25:30	06.17	
0:30:46 / 2140 0:59:28 / 2168 1:29:10 / 2189 2:06:43 / 2155 2:42:29 / 2263 3:14:37 / 2167 3:46:24 / 2108 4:13:23 / 2086											
2060	1898	GOLISZEWSKI Maciej	ŻABNICA	POL		76M30/727	(M)1915	04:27:25	04:25:05	06.16	
0:34:46 / 2728 1:05:41 / 2693 1:37:03 / 2650 2:15:06 / 2537 2:50:27 / 2512 3:22:26 / 2387 3:52:13 / 2266 4:14:56 / 2134											
2061	2048	BEDNARCZYK Paweł	WARSZAWA	POL		69M40/533	(M)1916	04:27:26	04:25:33	06.17	
0:34:46 / 2729 0:57:41 / 1806 1:25:26 / 1764 1:59:57 / 1714 2:34:51 / 1901 3:10:57 / 2015 3:43:39 / 2026 4:11:52 / 2050											
2062	1019	PAWELEC Andrzej	PODŁĘŻE	POL		64M40/534	(M)1917	04:27:26	04:24:29	06.16	
0:33:08 / 2543 1:01:51 / 2349 1:30:42 / 2258 2:06:32 / 2146 2:42:04 / 2239 3:14:36 / 2166 3:47:34 / 2143 4:13:29 / 2088											
2063	1733	BIL Marcin	KIELCE	POL	/ GÓRALŚWIĘTOKRZYSKI	69M40/535	(M)1918	04:27:27	04:25:23	06.17	
0:31:44 / 2287 1:00:22 / 2234 1:28:52 / 2175 2:03:17 / 2004 2:37:07 / 1998 3:11:04 / 2018 3:43:28 / 2017 4:11:17 / 2025											
2064	1133	MAŚLANKA Piotr	KONSTANCJAN-JEZIORNA	POL	/ OPEL RUNNING TEAM	72M40/536	(M)1919	04:27:28	04:25:14	06.17	
0:32:54 / 2484 1:02:32 / 2400 1:31:18 / 2302 2:06:48 / 2163 2:40:21 / 2134 3:12:13 / 2085 3:44:39 / 2052 4:11:49 / 2048											
2065	2883	OLENDER Tomasz	GÓRA	POL		92M20/340	(M)1920	04:27:28	04:25:04	06.16	
0:32:55 / 2491 1:02:42 / 2454 1:32:07 / 2382 2:08:26 / 2278 2:42:03 / 2235 3:16:00 / 2210 3:47:05 / 2130 4:13:22 / 2085											
2066	1160	TOKARSKA Natalia	KRAKÓW	POL		84K20/34	(K)146	04:27:31	04:25:18	06.17	
0:32:57 / 2503 1:02:42 / 2453 1:32:10 / 2404 2:08:33 / 2304 2:42:43 / 2272 3:15:23 / 2192 3:47:22 / 2137 4:13:23 / 2087											
2067	1703	MACUL Ryszard	GOLENIÓW	POL	/ NIEZRZESZONY	51M60/59	(M)1921	04:27:32	04:25:22	06.17	
0:32:57 / 2504 1:02:41 / 2445 1:32:07 / 2384 2:08:26 / 2277 2:41:58 / 2216 3:13:33 / 2121 3:45:36 / 2083 4:13:17 / 2081											
2068	550	MACHLOWSKA Grażyna	KRAKÓW	POL	/ KRAKÓW	63K40/37	(K)147	04:27:38	04:26:47	06.19	
0:28:34 / 1508 0:56:04 / 1596 1:24:11 / 1654 2:00:35 / 1814 2:38:33 / 2059 3:13:43 / 2134 3:48:02 / 2159 4:13:40 / 2096											
2069	1786	BUĆ Sławomir	MYSTKÓW	POL	/ GRUPA BIEGOWA SADECZANIN	67M40/537	(M)1922	04:27:39	04:25:30	06.17	
0:31:45 / 2291 1:01:06 / 2276 1:31:13 / 2294 2:07:01 / 2175 2:40:55 / 2157 3:11:57 / 2075 3:43:37 / 2023 4:11:48 / 2047											
2070	378	PIETRZYCKI Andrzej	SŁUPSK	POL	/ NIEZRZESZONY	54M50/255	(M)1923	04:27:40	04:26:02	06.18	
0:32:56 / 2501 1:03:50 / 2580 1:33:31 / 2508 2:08:40 / 2313 2:43:43 / 2301 3:16:47 / 2243 3:48:37 / 2172 4:14:40 / 2122											
2071	469	GAWRYSZCZAK Szymon	WARSZAWA	POL	/ RAIFFEISEN-LEASING RUNNERS	83M20/341	Niep/10	(M)1924	04:27:41	04:26:22	06.18
0:32:56 / 2502 0:55:57 / 1585 1:25:02 / 1717 2:03:00 / 1985 2:37:56 / 2039 3:10:08 / 1977 3:44:06 / 2036 4:13:17 / 2080											
2072	578	KACEJKO Piotr	LUBLIN	POL	/ POLSKA BIEGA	55M50/256	(M)1925	04:27:44	04:25:32	06.17	
0:32:49 / 2446 1:02:38 / 2412 1:32:04 / 2366 2:08:21 / 2252 2:42:01 / 2226 3:11:43 / 2056 3:44:43 / 2056 4:11:27 / 2034											

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2073	3209	SKWIERAWSKI Mikołaj	KRAKÓW	POL		68M40/538	(M)	1926	04:27:46	04:25:48	06.17
		0:31:47 / 2293	1:01:04 / 2274	1:30:30 / 2251	2:06:47 / 2161	2:41:05 / 2164	3:14:17 / 2151	3:46:45 / 2118	4:13:52 / 2101		
2074	1206	MOSKAL Arkadiusz	CEGIELNIA, RADZYMIN	POL		73M30/728	(M)	1927	04:27:48	04:26:11	06.18
		0:30:21 / 1984	0:58:14 / 1973	1:26:15 / 1972	2:02:19 / 1950	2:38:40 / 2064	3:11:38 / 2041	3:45:47 / 2089	4:13:52 / 2102		
2075	1490	PARCZEWSKI Rafał	ŁĘCZNA	POL		81M30/729	(M)	1928	04:27:52	04:26:35	06.19
		0:30:10 / 1897	0:58:08 / 1928	1:25:59 / 1910	2:01:08 / 1875	2:35:41 / 1945	3:11:10 / 2022	3:44:25 / 2047	4:12:35 / 2069		
2076	903	PAJDA Dariusz	DĄBROWA GÓRNICZA	POL		66M40/539	(M)	1929	04:27:54	04:26:21	06.18
		0:30:14 / 1925	0:58:08 / 1926	1:25:55 / 1882	2:00:30 / 1791	2:34:11 / 1880	3:08:24 / 1918	3:40:48 / 1948	4:11:04 / 2013		
2077	2057	KRÓLIKOWSKI Roman	KUTNO	POL	/ 3 RBLOG KRAKÓW	72M40/540	(M)	1930	04:27:57	04:26:34	06.19
		0:29:24 / 1713	0:57:13 / 1755	1:25:47 / 1813	2:00:36 / 1817	2:35:40 / 1944	3:09:11 / 1944	3:43:52 / 2031	4:12:49 / 2070		
2078	412	SOBÓL Paweł	WŁOSZCZOWA	POL		84M20/342	(M)	1931	04:27:57	04:25:36	06.17
		0:32:48 / 2441	1:02:49 / 2509	1:32:16 / 2433	2:07:44 / 2207	2:39:44 / 2104	3:12:39 / 2100	3:45:11 / 2067	4:13:32 / 2090		
2079	3191	GUSTAB Paweł	KRAKOW	POL		78M30/730	(M)	1932	04:28:01	04:25:47	06.17
		0:33:36 / 2596	1:04:06 / 2602	1:35:35 / 2575	2:14:37 / 2517	2:50:01 / 2494	3:22:31 / 2394	3:53:36 / 2311	4:16:23 / 2173		
2080	1798	SUBDA Robert	WOŁOMIN	POL		71M40/541	(M)	1933	04:28:03	04:26:49	06.19
		0:28:17 / 1444	0:55:08 / 1470	1:23:14 / 1565	1:59:40 / 1683	2:37:39 / 2027	3:15:03 / 2188	3:47:09 / 2134	4:13:21 / 2084		
2081	2518	BIGAJ Sebastian	KRAKÓW	POL		85M20/343	(M)	1934	04:28:03	04:26:47	06.19
		0:27:30 / 1154	0:53:30 / 1175	1:19:40 / 1168	1:53:28 / 1293	2:30:59 / 1618	3:06:44 / 1873	3:43:41 / 2028	4:13:01 / 2074		
2082	2376	GALCZYK Piotr	MODLNICA	POL		71M40/542	(M)	1935	04:28:05	04:27:02	06.19
		0:28:59 / 1606	0:56:14 / 1618	1:24:24 / 1668	1:59:25 / 1661	2:33:54 / 1862	3:08:50 / 1934	3:43:55 / 2033	4:12:06 / 2057		
2083	2399	DĘBSKI Radek	NOWY DWÓR	POL		93M20/344	(M)	1936	04:28:08	04:25:29	06.17
		0:34:38 / 2709	1:06:19 / 2724	1:37:18 / 2662	2:15:07 / 2539	2:50:16 / 2504	3:22:58 / 2414	3:52:54 / 2297	4:15:19 / 2140		
2084	1952	ZYCHOWSKI Marek	CZESTOCHOWA	POL		67M40/543	(M)	1937	04:28:08	04:27:35	06.20
		0:27:43 / 1251	0:55:05 / 1461	1:23:14 / 1566	2:03:34 / 2023	2:43:26 / 2294	3:16:50 / 2245	3:49:32 / 2195	4:14:49 / 2124		
2085	3143	SZUBSKI Sebastian	BYDGOSZCZ	POL	/ NIEZRZESZONY	81M30/731	(M)	1938	04:28:13	04:27:11	06.19
		0:29:04 / 1633	0:57:08 / 1747	1:25:35 / 1780	2:00:09 / 1727	2:32:19 / 1751	3:02:25 / 1701	3:41:33 / 1977	4:13:49 / 2098		
2086	1510	GACEK Dawid	KRAKÓW	POL	/ UNIWERSYTET JAGIELLOŃSKI	83M20/345	(M)	1939	04:28:15	04:27:37	06.20
		0:27:02 / 1071	0:52:27 / 1040	1:18:17 / 1055	1:50:38 / 1043	2:23:20 / 1241	2:58:09 / 1480	3:34:48 / 1756	4:09:04 / 1966		
2087	2272	GROCHAŁA Jacek	RZESZÓW	POL	/ RZESZOWSKIE GAZELE I GEPARDY	64M40/544	(M)	1940	04:28:16	04:26:52	06.19
		0:30:07 / 1875	0:58:05 / 1881	1:25:53 / 1867	2:00:29 / 1769	2:35:19 / 1923	3:10:52 / 2011	3:45:26 / 2078	4:13:37 / 2092		
2088	2249	RECLIK Jarosław	KATOWICE	POL		70M40/545	(M)	1941	04:28:16	04:26:13	06.18
		0:32:05 / 2330	1:01:49 / 2346	1:31:50 / 2344	2:08:21 / 2253	2:42:02 / 2233	3:14:27 / 2161	3:46:15 / 2102	4:13:38 / 2094		
2089	1951	PIEKOŚ Stanisław	CHELMIEC	POL	/ VISEGRAD MARATON RYTRO	63M40/546	(M)	1942	04:28:18	04:27:16	06.20
		0:28:33 / 1504	0:54:41 / 1413	1:20:57 / 1366	1:56:07 / 1459	2:32:11 / 1714	3:07:06 / 1880	3:40:48 / 1947	4:12:16 / 2063		
2090	1094	PIETRASZEK Piotr	WROCLAW	POL	/ RADIO WROCLAW	75M30/732	(M)	1943	04:28:18	04:25:45	06.17
		0:28:33 / 1503	1:06:40 / 2764	1:38:06 / 2726	2:16:44 / 2605	2:52:10 / 2574	3:23:45 / 2448	3:52:50 / 2290	4:15:53 / 2162		
2091	1970	MICHALISZYN Krzysztof	KRAKÓW	POL		74M30/733	(M)	1944	04:28:19	04:26:07	06.18
		0:32:48 / 2438	1:02:48 / 2498	1:32:14 / 2423	2:08:39 / 2312	2:42:14 / 2255	3:14:57 / 2183	3:48:18 / 2162	4:14:01 / 2109		
2092	2070	KRZYSZTOFEK Mariusz	BIBICE	POL		70M40/547	(M)	1945	04:28:20	04:26:03	06.18
		0:32:48 / 2440	1:03:52 / 2583	1:34:35 / 2540	3:19:43 / 3006	2:42:14 / 2256	3:14:57 / 2184	3:51:18 / 2245	4:15:40 / 2147		
2093	1984	PASTUSZKA Paweł	STARACHOWICE	POL		89M20/346	(M)	1946	04:28:21	04:25:48	06.17
		0:32:48 / 2439	1:06:39 / 2757	1:38:06 / 2730	2:16:45 / 2612	2:52:09 / 2571	3:23:45 / 2447	3:52:49 / 2286	4:16:25 / 2176		
2094	247	SZCZEPANIK Tomasz	CZĘSTOCHOWA	POL	/ ZABIEGANI CZĘSTOCHOWA	67M40/548	(M)	1947	04:28:21	04:27:15	06.20
		0:28:10 / 1408	0:55:10 / 1477	1:22:25 / 1486	1:56:29 / 1474	2:30:14 / 1581	3:06:30 / 1868	3:45:19 / 2072	4:14:23 / 2116		
2095	960	BIELIŃSKI Marcin	KRAKÓW	POL		88M20/347	(M)	1948	04:28:24	04:26:46	06.19
		0:30:29 / 2038	0:58:06 / 1889	1:25:30 / 1773	2:00:22 / 1753	2:37:05 / 1997	3:10:35 / 1995	3:43:36 / 2021	4:11:18 / 2026		
2096	101	KIEDACZ Zbyszek	KRAKÓW	POL	/ ZADYSZKA PROKOCIM	86M20/348	(M)	1949	04:28:25	04:26:20	06.18
		0:31:37 / 2273	1:00:38 / 2252	1:29:57 / 2226	2:06:45 / 2157	2:41:58 / 2215	3:16:08 / 2217	3:49:10 / 2186	4:14:52 / 2129		
2097	169	COLLINS Martin	BROXBOURNE,	GBR		69M40/549	(M)	1950	04:28:28	04:26:56	06.19
		0:28:25 / 1474	0:55:34 / 1531	1:23:24 / 1577	1:58:29 / 1591	2:34:26 / 1887	3:09:37 / 1957	3:45:22 / 2075	4:13:52 / 2100		
2098	646	OLSZEWSKI Tomasz	IZABELIN	POL		75M30/734	(M)	1951	04:28:29	04:27:03	06.19
		0:29:19 / 1687	0:56:44 / 1706	1:25:19 / 1751	2:00:28 / 1768	2:37:10 / 1999	3:12:34 / 2097	3:49:21 / 2188	4:16:10 / 2169		
2099	1642	PRON Elżbieta	SOSNOWIEC	POL		83K20/35	(K)	148	04:28:33	04:26:18	06.18
		0:32:45 / 2414	1:02:39 / 2421	1:32:07 / 2379	2:08:25 / 2276	2:43:10 / 2285	3:16:06 / 2214	3:47:04 / 2128	4:13:38 / 2093		
2100	3217	PROCHOWNIK Marcin	SKAWINA	POL		85M20/349	(M)	1952	04:28:34	04:26:37	06.19
		0:30:38 / 2101	0:58:35 / 2074	1:27:16 / 2060	2:02:36 / 1962	2:36:31 / 1981	3:11:48 / 2070	3:45:21 / 2074	4:13:53 / 2103		
2101	2230	PSZONCZAK Jarosław	WARSZAWA	POL		73M30/735	(M)	1953	04:28:35	04:26:38	06.19
		0:32:20 / 2362	1:01:52 / 2352	1:32:00 / 2354	2:08:25 / 2268	2:42:19 / 2259	3:14:26 / 2160	3:46:42 / 2117	4:13:42 / 2097		

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
2102	974	HALON Andrzej	OPOLE	POL	/ OPOLEBIEGA	54M50/257	(M)195404:28:35	04:26:33 06.19
0:30:26 / 2020 1:00:12 / 2221 1:30:00 / 2228 2:07:30 / 2200 2:42:58 / 2281 3:16:24 / 2228 3:48:00 / 2157 4:14:06 / 2113								
2103	2644	PIOTROWSKI Michał	KRAKÓW	POL		76M30/736	(M)195504:28:38	04:27:11 06.19
0:30:26 / 2021 0:59:59 / 2209 1:28:50 / 2174 2:06:12 / 2131 2:41:05 / 2165 3:14:55 / 2180 3:48:40 / 2173 4:14:31 / 2119								
2104	322	PONIKWIA Rafał	BIELSKO-BIALA	POL		88M20/350	(M)195604:28:39	04:27:12 06.19
0:30:26 / 2019 0:58:04 / 1864 1:25:51 / 1845 2:02:04 / 1938 2:41:16 / 2176 3:16:04 / 2213 3:51:30 / 2252 4:16:26 / 2180								
2105	3183	PAŃKO Grzegorz	BIELSKO-BIALA	POL	/ DZ 16,31	77M30/737	(M)195704:28:41	04:27:00 06.19
0:30:33 / 2065 0:58:41 / 2102 1:28:02 / 2114 2:05:40 / 2103 2:41:24 / 2184 3:14:59 / 2185 3:49:57 / 2208 4:14:55 / 2133								
2106	608	SCELINA Wojciech	KIELCE	POL	/ KU AZS UJ	89M20/351	(M)195804:28:41	04:27:20 06.20
0:29:26 / 1722 0:56:45 / 1713 1:24:41 / 1702 2:02:59 / 1983 2:42:32 / 2264 3:17:46 / 2268 3:50:45 / 2227 4:16:25 / 2178								
2107	1534	PUDLIK Mateusz	DOBCZYCE	POL		91M20/352	(M)195904:28:44	04:27:28 06.20
0:30:05 / 1847 0:58:05 / 1872 1:25:51 / 1841 2:00:36 / 1819 2:35:52 / 1954 3:10:54 / 2013 3:46:23 / 2107 4:14:51 / 2127								
2108	2101	ŻABKO Jarosław	POZNAŃ	POL		66M40/550	(M)196004:28:45	04:26:46 06.19
0:31:42 / 2283 1:01:03 / 2273 1:30:39 / 2255 2:06:57 / 2170 2:40:36 / 2141 3:13:52 / 2141 3:46:52 / 2120 4:13:16 / 2078								
2109	3465	WOŁODKO Michał	RUDA ŚLĄSKA	POL		74M30/738	(M)196104:28:45	04:26:06 06.18
0:35:07 / 2809 1:06:44 / 2807 1:38:08 / 2736 2:16:45 / 2608 2:52:09 / 2572 3:23:32 / 2435 3:53:21 / 2309 4:15:52 / 2160								
2110	253	DĄBSKI Grzegorz	WÓLKA ORŁOWSKA	POL		78M30/739	(M)196204:28:46	04:27:08 06.19
0:30:14 / 1930 0:56:09 / 1607 1:22:26 / 1488 1:55:05 / 1387 2:28:19 / 1479 3:03:37 / 1770 3:41:18 / 1969 4:13:55 / 2104								
2111	1061	KOSAŁKA Edward	ŻARY	POL	/ 11 LDKPANC ŻAGAŃ	65M40/551	(M)196304:28:49	04:27:15 06.20
0:30:15 / 1944 0:58:22 / 2013 1:26:07 / 1949 2:00:56 / 1859 2:36:56 / 1993 3:14:49 / 2176 3:48:59 / 2181 4:15:08 / 2137								
2112	1001	MORAWIEC Andrzej	CIOCHOWICE	POL	/ STRAŻ POŻARNA GMINA TOSZEK	74M30/740	(M)196404:28:50	04:27:31 06.20
0:30:31 / 2051 0:58:59 / 2146 1:27:54 / 2103 2:02:56 / 1978 2:37:31 / 2021 3:09:47 / 1965 3:41:05 / 1961 4:11:15 / 2024								
2113	3064	RYBA Wojciech	KROTOSZYN	POL		85M20/353	(M)196504:28:53	04:27:19 06.20
0:30:36 / 2084 0:58:50 / 2121 1:27:38 / 2085 2:03:56 / 2035 2:38:43 / 2068 3:11:35 / 2037 3:44:57 / 2061 4:13:07 / 2075								
2114	2602	WOROBIEC Józef	JĘDRZEJÓW	POL		57M50/258	(M)196604:28:54	04:28:25 06.21
0:25:03 / 612 0:49:36 / 656 1:14:05 / 719 1:47:49 / 910 2:28:06 / 1464 3:07:25 / 1891 3:41:10 / 1964 4:11:26 / 2033								
2115	1175	HOSAJA Krzysztof	KRAKÓW	POL		76M30/741	(M)196704:28:55	04:26:46 06.19
0:32:53 / 2481 1:02:41 / 2449 1:32:09 / 2400 2:08:24 / 2266 2:42:02 / 2230 3:11:45 / 2060 3:46:37 / 2113 4:14:03 / 2112								
2116	2508	ADAMCZYK Jan	GORLICE	POL	/ GORLICE	57M50/259	(M)196804:28:58	04:27:28 06.20
0:30:06 / 1863 0:58:08 / 1919 1:25:54 / 1876 2:01:57 / 1933 2:39:20 / 2085 3:14:46 / 2175 3:48:01 / 2158 4:14:01 / 2108								
2117	1338	HRYDCZUK Wiesław	WIĄZÓW	POL		64M40/552	(M)196904:28:58	04:28:02 06.21
0:29:08 / 1649 0:57:04 / 1736 1:25:16 / 1746 1:59:34 / 1676 2:34:40 / 1892 3:09:03 / 1939 3:44:17 / 2043 4:13:08 / 2076								
2118	1147	MATERLA Marek	ŚLĄSKO	POL	/ ZRYW ŚLĄSKO	84M20/354	(M)197004:28:59	04:27:37 06.20
0:30:33 / 2064 0:59:00 / 2147 1:27:54 / 2105 2:02:57 / 1979 2:37:31 / 2019 3:09:46 / 1963 3:41:05 / 1960 4:11:15 / 2023								
2119	3153	DZIEDZIC Kazimierz	ŁAPANÓW	POL		56M50/260	(M)197104:28:59	04:27:59 06.21
0:27:51 / 1299 0:54:52 / 1434 1:23:00 / 1550 1:59:10 / 1638 2:36:35 / 1983 3:13:22 / 2115 3:47:54 / 2152 4:14:02 / 2111								
2120	1011	KALISZ Bronisław	MIĘDZYRZECZ	POL	/ KLUB MIŁOŚNIKÓW BIEGANIA	50M60/60	(M)197204:29:00	04:27:30 06.20
0:30:05 / 1852 0:58:05 / 1870 1:25:51 / 1837 2:03:20 / 2012 2:42:50 / 2278 3:17:26 / 2260 3:49:04 / 2184 4:15:12 / 2139								
2121	385	WIATR Mirosław	WARSZAWA	POL	/ SOFTTUTOR	56M50/261	(M)197304:29:03	04:28:14 06.21
0:29:38 / 1762 0:58:10 / 1946 1:26:54 / 2025 2:01:46 / 1927 2:35:14 / 1917 3:08:14 / 1917 3:41:52 / 1981 4:12:02 / 2054								
2122	2186	ADAMOWICZ Łukasz	KRAKÓW	POL	/ AZS AWF MASTERS KRAKÓW	82M30/742	(M)197404:29:03	04:26:46 06.19
0:32:48 / 2435 1:02:41 / 2441 1:32:14 / 2421 2:08:52 / 2331 2:44:40 / 2341 3:17:53 / 2271 3:51:12 / 2244 4:16:37 / 2197								
2123	1136	KADZIELA Sławomir	KRAKÓW	POL		76M30/743	(M)197504:29:04	04:27:03 06.19
0:29:18 / 1684 0:55:54 / 1580 1:22:35 / 1503 1:58:40 / 1603 2:35:00 / 1904 3:09:09 / 1943 3:42:47 / 2004 4:12:18 / 2064								
2124	1520	KIKA Przemysław	DĄBROWA GÓRNICZA	POL	/ PGNIG GAZOWNIA ZABRZAŃSKA	81M30/744	(M)197604:29:04	04:28:03 06.21
0:29:33 / 1743 0:57:33 / 1792 1:25:52 / 1859 2:02:14 / 1946 2:38:17 / 2050 3:13:39 / 2128 3:47:29 / 2141 4:14:33 / 2120								
2125	3479	WIEWIÓRA Grzegorz	CHORZÓW	POL	/ OŚRODEK OSOBOM UZALEŻNIONYM I ICH RÓDZIN	71M40/553	(M)197704:29:05	04:26:45 06.19
0:34:48 / 2733 1:06:56 / 2845 1:37:39 / 2688 2:13:29 / 2467 2:47:00 / 2414 3:17:47 / 2269 3:50:57 / 2234 4:15:07 / 2136								
2126	2921	SOLECKI Tomasz	BIERUŃ	POL	/ AZS GWSH KATOWICE	79M30/745	(M)197804:29:06	04:27:24 06.20
0:34:48 / 2732 0:58:07 / 1899 1:25:51 / 1840 2:00:29 / 1780 2:32:14 / 1728 3:01:49 / 1678 3:34:17 / 1735 4:08:47 / 1956								
2127	1257	SKŁODOWSKI Dariusz	SOSNOWIEC	POL	/ NIEZRZESZONY	60M50/262	(M)197904:29:06	04:26:23 06.18
0:35:27 / 2864 1:07:23 / 2864 1:38:23 / 2782 2:16:03 / 2567 2:50:40 / 2517 3:21:39 / 2368 3:51:07 / 2241 4:15:44 / 2153								
2128	3006	KAZMIERCZUK Grzegorz	WROCLAW	POL		77M30/746	(M)198004:29:08	04:26:38 06.19
0:34:49 / 2735 1:06:33 / 2743 1:37:58 / 2705 2:16:32 / 2585 2:51:58 / 2560 3:23:28 / 2431 3:52:31 / 2268 4:16:05 / 2165								
2129	2742	ROMANOWSKI Roman	POZNAŃ	POL		68M40/554	(M)198104:29:11	04:26:46 06.19
0:33:03 / 2526 1:03:06 / 2548 1:33:27 / 2504 2:10:37 / 2403 2:46:43 / 2405 3:19:07 / 2301 3:50:03 / 2213 4:15:25 / 2142								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
2130	2284	KOWALSKI Tomasz	KOSZALIN	POL	/ KOSZALIN	86M20/355 (M)198204:29:12	04:28:26	06.21
0:27:30 / 1152 0:53:27 / 1156 1:19:31 / 1144 1:52:22 / 1152 2:26:43 / 1415 3:05:58 / 1856 3:40:25 / 1939 4:12:04 / 2056								
2131	964	KOZŁOWSKI Klaudiusz	KACZORY	POL	/ KB 4 RUN TEAM PIŁA	86M20/356 (M)198304:29:14	04:27:44	06.20
0:27:30 / 1151 0:58:06 / 1894 1:25:56 / 1888 3:12:30 / 3000 2:38:54 / 2075 3:05:58 / 1855 3:48:26 / 2166 4:15:48 / 2156								
2132	2470	KWIATKOWSKI Lukasz	SIECHNICE	POL		83M20/357 (M)198404:29:18	04:26:51	06.19
0:32:53 / 2473 1:02:40 / 2438 1:32:10 / 2403 2:08:24 / 2265 2:42:01 / 2228 3:13:47 / 2138 3:44:11 / 2038 4:14:09 / 2114								
2133	1046	STOPKA Wojciech	KATOWICE	POL		72M40/555 (M)198504:29:21	04:26:51	06.19
0:35:03 / 2795 1:06:41 / 2766 1:38:05 / 2724 2:16:28 / 2581 2:51:45 / 2552 3:23:30 / 2432 3:52:32 / 2269 4:16:13 / 2171								
2134	573	SZOPA Tomasz	PRUSZKÓW	POL	/ PAPIERNIA	84M20/358 (M)198604:29:22	04:27:14	06.20
0:32:38 / 2398 0:59:34 / 2179 1:25:51 / 1846 1:58:48 / 1613 2:31:40 / 1662 3:10:48 / 2005 3:44:01 / 2035 4:14:54 / 2132								
2135	3293	PLISZKA Rafał	KRAKÓW	POL		74M30/747 (M)198704:29:23	04:28:00	06.21
0:32:38 / 2399 0:59:11 / 2157 1:27:55 / 2106 2:02:54 / 1972 2:39:56 / 2112 3:15:05 / 2189 3:49:45 / 2200 4:14:29 / 2118								
2136	2308	GALDZINSKI - NOCULA	OŚWIĘCIM	POL		82M30/748 (M)198804:29:23	04:27:59	06.21
0:28:06 / 1385 0:54:53 / 1437 1:22:31 / 1495 1:58:23 / 1589 2:35:45 / 1951 3:11:39 / 2043 3:46:39 / 2115 4:14:02 / 2110								
2137	2597	ŻOLEK Artur	WIELISZEW	POL		75M30/749 (M)198904:29:24	04:27:22	06.20
0:32:18 / 2356 1:01:11 / 2283 1:30:21 / 2247 2:07:15 / 2181 2:42:12 / 2253 3:14:52 / 2178 3:46:10 / 2098 4:13:12 / 2077								
2138	2866	BARANSKI Andrzej	WROCLAW	POL	/ PRO-RUN WROCLAW	60M50/263 Niep/11 (M)199004:29:25	04:27:07	06.19
0:33:22 / 2571 1:02:54 / 2522 1:32:36 / 2472 2:09:13 / 2359 2:43:59 / 2321 3:15:33 / 2197 3:45:35 / 2081 4:14:44 / 2123								
2139	2082	BULACZ Romuald	WROCLAW	POL	/ NIEZRZESZONY	75M30/750 (M)199104:29:25	04:27:51	06.20
0:30:27 / 2031 0:58:30 / 2042 1:26:25 / 1990 2:01:12 / 1877 2:34:29 / 1888 3:07:06 / 1879 3:41:06 / 1963 4:11:47 / 2045								
2140	1247	LEBIODA Adam	KATOWICE	POL		70M40/556 (M)199204:29:26	04:28:51	06.22
0:25:14 / 703 0:49:40 / 694 3:38:49 / 3006 1:44:10 / 702 2:19:37 / 1015 3:00:32 / 1601 3:41:06 / 1962 4:11:05 / 2014								
2141	203	POTOCKI Andrzej	KRAKÓW	POL		82M30/751 (M)199304:29:26	04:27:10	06.19
0:32:50 / 2452 1:02:40 / 2432 1:32:09 / 2399 2:08:23 / 2261 2:42:03 / 2234 3:14:18 / 2154 3:46:42 / 2116 4:14:51 / 2126								
2142	1812	BILOS Rafał	RYKI	POL	/ BIEGUSIEM	73M30/752 (M)199404:29:28	04:28:04	06.21
0:31:15 / 2216 1:01:24 / 2307 1:31:56 / 2348 2:09:33 / 2374 2:45:44 / 2375 3:18:37 / 2289 3:50:38 / 2224 4:16:30 / 2191								
2143	607	ROSÓL Zbigniew	MIEDZYRZECZ	POL	/ MIEDZYRZECKI KLUB BIEGACZA	56M50/264 (M)199504:29:28	04:27:19	06.20
0:31:57 / 2308 1:01:28 / 2312 1:31:24 / 2309 2:10:31 / 2401 2:49:02 / 2464 3:24:06 / 2468 3:52:29 / 2267 4:16:08 / 2166								
2144	3190	ZIELINSKA Agnieszka	KRAKÓW	POL		69K40/38 (K)149 04:29:28	04:26:55	06.19
0:35:04 / 2799 1:06:41 / 2769 1:38:05 / 2725 2:15:41 / 2551 2:49:50 / 2482 3:20:34 / 2336 3:50:26 / 2219 4:15:51 / 2159								
2145	1668	MARSZAŁKOWSKI Grzegorz	NOWA SÓL	POL	/ SOS DLA AFRYKI	69M40/557 (M)199604:29:28	04:27:18	06.20
0:32:51 / 2459 1:02:47 / 2492 1:32:24 / 2447 2:08:51 / 2324 2:43:54 / 2314 3:15:54 / 2209 3:49:25 / 2191 4:16:26 / 2179								
2146	1848	FRĄCZKIEWICZ-WOŚ Monika	WROCLAW	POL		84K20/36 (K)150 04:29:32	04:26:48	06.19
0:34:23 / 2692 1:06:11 / 2713 1:37:02 / 2649 2:15:06 / 2538 2:50:46 / 2519 3:23:23 / 2424 3:52:56 / 2300 4:17:16 / 2219								
2147	2417	JAGIEŁA Wojciech	OZIMEK	POL	/ JKB OZIMEK	81M30/753 (M)199704:29:34	04:27:55	06.20
0:28:53 / 1587 0:54:16 / 1353 1:20:53 / 1360 1:55:00 / 1383 2:32:24 / 1775 3:23:23 / 2425 3:42:07 / 1987 4:12:29 / 2067								
2148	1531	DRYNDĄ Andrzej	LUBLINIEC	POL		68M40/558 (M)199804:29:34	04:27:56	06.20
0:30:34 / 2072 0:58:30 / 2044 1:26:12 / 1962 2:00:56 / 1860 2:32:56 / 1817 3:23:23 / 2423 3:42:08 / 1988 4:12:30 / 2068								
2149	2460	ŚWIĄC Michał	GLIWICE	POL	/ AKMB PĘDZIWIATR GLIWICE	78M30/754 (M)199904:29:35	04:27:53	06.20
0:31:27 / 2238 1:01:21 / 2301 1:31:43 / 2330 2:08:43 / 2315 2:44:39 / 2339 3:18:41 / 2291 3:51:54 / 2259 4:16:31 / 2192								
2150	1948	LATAŁA Dominik	PROSZOWICE	POL		76M30/755 (M)200004:29:37	04:27:13	06.19
0:33:01 / 2520 1:02:50 / 2513 1:32:32 / 2463 2:09:14 / 2360 2:44:56 / 2346 3:17:37 / 2265 3:51:33 / 2253 4:16:28 / 2186								
2151	2294	ZICH Marek	CZERWIONKA-LESZCZYN	POL		65M40/559 (M)200104:29:37	04:27:16	06.20
0:32:53 / 2478 1:02:54 / 2525 1:32:47 / 2482 2:11:14 / 2415 2:47:48 / 2431 3:20:38 / 2337 3:52:37 / 2274 4:16:35 / 2194								
2152	2610	DUDAŁA Damian	JĘDRZEJÓW	POL	/ BAFANA	84M20/359 (M)200204:29:38	04:27:06	06.19
0:34:20 / 2688 1:05:59 / 2711 1:37:20 / 2668 2:15:52 / 2557 2:52:44 / 2621 3:27:04 / 2559 3:56:19 / 2389 4:18:26 / 2235								
2153	1381	BAK Andrzej	GŁOGÓW MŁP.	POL	/ TTKF SOKÓŁ GŁOGÓW MŁP.	59M50/265 (M)200304:29:39	04:28:47	06.22
0:28:34 / 1506 0:56:09 / 1609 1:25:21 / 1752 2:03:02 / 1987 2:40:04 / 2121 3:15:28 / 2195 3:48:23 / 2164 4:16:25 / 2177								
2154	1765	BUCZYNSKI Tomasz	KRAKOW	POL		69M40/560 (M)200404:29:39	04:27:35	06.20
0:30:32 / 2058 0:58:26 / 2025 1:26:09 / 1956 2:00:43 / 1839 2:32:23 / 1769 3:06:20 / 1863 3:40:59 / 1953 4:11:28 / 2035								
2155	797	JANICKI Patryk	KOCMYRZÓW	POL	/ PĘDZAÇA BRYGADA JULIANA	82M30/756 (M)200504:29:42	04:28:28	06.21
0:29:32 / 1735 0:57:14 / 1757 1:25:21 / 1754 1:59:19 / 1649 2:34:12 / 1881 3:09:46 / 1964 3:42:37 / 1997 4:12:54 / 2072								
2156	3081	MARCZYK Adam	NOWY SĄCZ	POL		62M50/266 (M)200604:29:43	04:27:28	06.20
0:32:47 / 2429 1:02:42 / 2458 1:32:33 / 2467 2:11:46 / 2428 2:43:58 / 2318 3:16:32 / 2236 3:47:25 / 2139 4:14:37 / 2121								
2157	2964	SKOTNICKI Dariusz	PRZEMYŚL	POL	/ TWIERDZA PRZEMYŚL	65M40/561 (M)200704:29:47	04:28:13	06.21
0:30:16 / 1947 0:58:07 / 1897 1:25:53 / 1860 2:02:46 / 1969 2:41:34 / 2190 3:15:45 / 2201 3:49:59 / 2210 4:16:27 / 2181								
2158	1492	DUSZA Dominik	TRZCIANA	POL		78M30/757 (M)200804:29:49	04:27:40	06.20
0:32:00 / 2319 1:01:43 / 2333 1:31:17 / 2301 2:07:45 / 2210 2:41:57 / 2214 3:12:10 / 2081 3:47:48 / 2148 4:14:54 / 2131								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Wynik Time	Wynik Netto [min/km]
Check pts:									
2159	1685	HUDOWICZ Borys	POZNAŃ	POL			90M20/360	(M)200904:29:49	04:28:30 06.21
0:30:52 / 2172 0:58:53 / 2132 1:26:55 / 2028 2:04:44 / 2068 2:44:26 / 2332 3:17:47 / 2270 3:50:59 / 2237 4:16:28 / 2185									
2160	254	DOBOSZ Krzysztof	GLIWICE	POL	/ AKMB PĘDZIWIATR GLIWICE		70M40/562	(M)201004:29:49	04:28:34 06.21
0:30:32 / 2060 0:58:57 / 2139 1:27:33 / 2074 2:03:17 / 2002 2:38:05 / 2045 3:12:19 / 2089 3:47:47 / 2146 4:14:53 / 2130									
2161	290	KLIMCZAK Michał	WROCLAW	POL			81M30/758	(M)201104:29:50	04:27:26 06.20
0:32:53 / 2477 1:02:43 / 2464 1:32:12 / 2415 2:08:52 / 2329 2:43:52 / 2311 3:16:30 / 2235 3:49:41 / 2198 4:15:27 / 2144									
2162	464	TATUŠKO Tomasz	KRAKÓW	POL			68M40/563	(M)201204:29:52	04:28:02 06.21
0:30:15 / 1941 0:58:15 / 1979 1:25:58 / 1902 2:01:08 / 1874 2:37:15 / 2001 3:14:02 / 2146 3:47:07 / 2131 4:16:43 / 2203									
2163	1489	SZCZERBA Piotr	JAWORZNO	POL	/ NIE ZRZESZONY		77M30/759	(M)201304:29:52	04:28:58 06.22
0:28:13 / 1424 0:55:44 / 1555 1:24:04 / 1649 1:59:18 / 1648 2:34:01 / 1870 3:11:56 / 2074 3:47:54 / 2151 4:15:43 / 2150									
2164	2113	MAGDA Kazimierz	KRAKÓW	POL	/ KKB DYSTANS KRAKÓW		64M40/564	(M)201404:29:57	04:27:29 06.20
0:33:59 / 2647 1:05:05 / 2659 1:36:21 / 2613 2:14:31 / 2502 2:49:54 / 2486 3:23:28 / 2430 3:52:38 / 2276 4:16:29 / 2188									
2165	1773	MIĘDZIK Tomasz	KRAKÓW	POL			75M30/760	(M)201504:30:00	04:27:37 06.20
0:33:26 / 2577 1:03:34 / 2566 1:33:31 / 2507 2:10:10 / 2393 2:49:54 / 2485 3:20:22 / 2331 3:51:20 / 2248 4:16:28 / 2187									
2166	1644	WIĘZIK Leszek	RADZIONKÓW	POL	/ NIEZRZESZONY		55M50/267	(M)201604:30:01	04:29:02 06.22
0:29:26 / 1719 0:57:16 / 1763 1:25:15 / 1744 1:59:21 / 1654 2:37:19 / 2003 3:14:20 / 2157 3:46:37 / 2112 4:15:42 / 2149									
2167	2665	KLEPACKI Krzysztof	SZCZECIN	POL			78M30/761	(M)201704:30:07	04:28:31 06.21
0:30:38 / 2102 0:58:22 / 2010 1:25:53 / 1871 2:00:04 / 1722 2:33:57 / 1866 3:08:53 / 1935 3:43:36 / 2022 4:14:50 / 2125									
2168	3434	BACHEN Czesław	STRZELCE OPOLSKIE	POL	/ OSIR STRZELCE OPOLSKIE		79M30/762	(M)201804:30:07	04:29:00 06.22
0:27:47 / 1284 0:54:49 / 1430 1:23:17 / 1572 1:59:38 / 1679 2:34:24 / 1885 3:08:30 / 1924 3:43:27 / 2016 4:15:28 / 2145									
2169	3380	QUILLIEC Christophe	BREUILLET	FRA			61M50/268	(M)201904:30:09	04:28:40 06.22
0:30:14 / 1926 0:58:13 / 1972 1:27:03 / 2040 2:03:59 / 2037 2:41:47 / 2201 3:17:43 / 2266 3:50:06 / 2214 4:16:30 / 2189									
2170	652	WIGLUSZ Krzysztof	GAĆ	POL			80M30/763	(M)202004:30:11	04:28:12 06.21
0:30:25 / 2010 0:58:09 / 1943 1:25:50 / 1829 2:00:50 / 1852 2:37:34 / 2023 3:13:40 / 2129 3:49:20 / 2187 4:16:27 / 2182									
2171	2556	MORAWCZYŃSKA Jolanta	DĘBICA	POL	/ KB MARATOŃCZYK DEBICA		68K40/39	(K)151 04:30:13	04:28:46 06.22
0:30:02 / 1833 0:58:23 / 2017 1:27:53 / 2101 2:05:16 / 2087 2:42:00 / 2221 3:17:09 / 2251 3:50:26 / 2220 4:16:09 / 2167									
2172	3020	MROŻEK Tomasz	KRAKÓW	POL	/ BRAK		83M20/361	(M)202104:30:14	04:28:48 06.22
0:29:05 / 1635 0:56:50 / 1724 1:25:13 / 1738 2:01:18 / 1893 2:39:41 / 2101 3:17:01 / 2247 3:51:08 / 2243 4:17:25 / 2221									
2173	233	DUBANIEWSKI Marek	KOLONIA	GER			53M50/269	(M)202204:30:15	04:28:23 06.21
0:31:56 / 2306 1:01:41 / 2328 1:31:36 / 2319 2:08:22 / 2259 2:42:45 / 2276 3:15:30 / 2196 3:50:00 / 2211 4:16:30 / 2190									
2174	2332	LIS Magdalena	WŁOSZAKOWICE	POL	/ WŁOSZAKOWICE		90K20/37	(K)152 04:30:17	04:28:05 06.21
0:32:59 / 2516 1:02:48 / 2497 1:32:25 / 2449 2:10:13 / 2395 2:46:46 / 2407 3:20:53 / 2349 3:52:46 / 2284 4:16:58 / 2206									
2175	2329	LIS Patrycja	WŁOSZAKOWICE	POL	/ WŁOSZAKOWICE		88K20/38	(K)153 04:30:17	04:28:06 06.21
0:32:59 / 2511 1:02:48 / 2499 1:32:25 / 2452 2:10:12 / 2394 2:46:46 / 2408 3:20:52 / 2348 3:52:47 / 2285 4:16:58 / 2205									
2176	1378	KRZEMINSKI Marek	WROCLAW	POL	/ GB.WROCLAWSKIE MORSY		54M50/270	(M)202304:30:17	04:29:16 06.22
0:28:19 / 1451 0:54:53 / 1438 1:22:53 / 1542 1:59:39 / 1681 2:38:10 / 2047 3:12:57 / 2108 3:48:17 / 2161 4:15:48 / 2157									
2177	2558	FANSLAU Marek	STAROGARD GDAŃSKI	POL	/ NIEZRZESZONY		64M40/565	(M)202404:30:18	04:29:18 06.22
0:28:19 / 1452 0:54:49 / 1432 1:24:53 / 1711 2:03:24 / 2017 2:40:51 / 2150 3:16:20 / 2224 3:48:51 / 2178 4:15:24 / 2141									
2178	166	JĘDRZEJAK Krzysztof	NOWE SKALMIERZYCE	POL	/ COSSW KALISZ		61M50/271	(M)202504:30:18	04:28:29 06.21
0:31:29 / 2246 1:00:36 / 2248 1:30:50 / 2262 2:07:52 / 2227 2:43:17 / 2288 3:17:13 / 2253 3:49:50 / 2204 4:16:13 / 2172									
2179	2044	SZWED Bolesław	KIELCZ	POL			59M50/272	(M)202604:30:20	04:28:23 06.21
0:31:59 / 2310 1:01:29 / 2314 1:31:42 / 2328 2:08:24 / 2264 2:42:02 / 2232 3:14:31 / 2163 3:46:14 / 2099 4:12:09 / 2059									
2180	2769	SILKIN Piotr	KAUNO RAJ.	LTU	/ KAUNO BMK		41M70/6	(M)202704:30:26	04:29:12 06.22
0:29:44 / 1782 0:57:29 / 1783 1:25:35 / 1783 2:00:31 / 1800 2:34:46 / 1899 3:11:39 / 2042 3:43:22 / 2015 4:15:52 / 2161									
2181	1865	SZCZOT Andrzej	WROCLAW	POL	/ WKB PIAST WROCLAW		76M30/764	(M)202804:30:28	04:27:54 06.20
0:34:56 / 2757 1:06:39 / 2758 1:38:06 / 2727 2:16:44 / 2601 2:52:08 / 2567 3:23:44 / 2444 3:52:49 / 2287 4:16:25 / 2175									
2182	184	PILCH Marek	KRAKÓW	POL	/ UCIEC PRZED AUTOBUSEM KONIEC WYŚCIGU		54M50/273	(M)202904:30:29	04:28:24 06.21
0:32:03 / 2322 1:01:47 / 2342 1:31:42 / 2329 2:08:20 / 2245 2:42:25 / 2260 3:14:17 / 2152 3:46:58 / 2125 4:15:01 / 2135									
2183	674	SZYMCZYK Tomasz	CZĘSTOCHOWA	POL	/ RCC		82M30/765	(M)203004:30:49	04:29:33 06.23
0:27:54 / 1317 0:54:02 / 1242 1:20:09 / 1201 1:53:22 / 1288 2:28:42 / 1510 3:05:31 / 1840 3:46:17 / 2103 4:15:41 / 2148									
2184	1042	ŁUKASIK Zbigniew	KRAKÓW	POL			69M40/566	(M)203104:31:01	04:29:31 06.23
0:30:11 / 1905 0:58:07 / 1901 1:26:00 / 1916 2:00:31 / 1793 2:35:18 / 1922 3:11:46 / 2065 3:46:59 / 2126 4:16:02 / 2164									
2185	1822	BAKOWSKA-TOMAS Beata	WROCLAW	POL			76K30/62	(K)154 04:31:05	04:29:37 06.23
0:29:31 / 1734 0:57:13 / 1752 1:26:43 / 2012 2:05:31 / 2097 2:43:30 / 2296 3:18:15 / 2276 3:50:59 / 2236 4:17:04 / 2207									
2186	2104	STRZELECKI Paweł	ŚWIĄTNIKI GÓRNE	POL			76M30/766	(M)203204:31:07	04:28:35 06.21
0:33:22 / 2567 1:03:00 / 2535 1:33:05 / 2497 2:09:11 / 2355 2:43:56 / 2316 3:16:08 / 2216 3:48:52 / 2179 4:16:27 / 2184									
2187	688	CHMIEL Jacek	JASTRZĘBIE-ZDRÓJ	POL			58M50/274	(M)203304:31:08	04:29:49 06.23
0:32:35 / 2391 1:03:17 / 2559 1:34:12 / 2531 2:13:03 / 2456 2:48:59 / 2461 3:21:32 / 2365 3:52:36 / 2271 4:17:11 / 2213									

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupa Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
2188	1327	ROTARSKI Andrzej	JAROSZOWIEC	POL	LKS UNIA JAROSZOWIEC	65M40/567	(M)203404:31:09	04:28:36	06.21	
0:33:38 / 2598 1:03:17 / 2560 1:34:07 / 2530 2:12:32 / 2443 2:48:36 / 2449 3:20:44 / 2342 3:50:59 / 2238 4:16:13 / 2170										
2189	636	STOPA Szymon	WROCLAW	POL	ITM2M 2011	77M30/767	(M)203504:31:10	04:29:23	06.23	
0:32:09 / 2345 1:02:46 / 2487 1:33:33 / 2511 2:11:06 / 2412 2:46:36 / 2402 3:19:26 / 2311 3:51:55 / 2260 4:16:42 / 2202										
2190	1367	CHRZĘSZCZYK Karol	BODZENTYN	POL		90M20/362	(M)203604:31:24	04:29:53	06.23	
0:27:52 / 1307 0:54:08 / 1295 1:20:27 / 1268 1:52:59 / 1223 2:23:00 / 1218 2:50:08 / 1135 3:16:12 / 1072 3:36:21 / 977										
2191	2271	BIELAK Beata	KALISZ	POL	SUPERMARATON KALISZ	78K30/63	(K)155 04:31:25	04:28:59	06.22	
0:34:01 / 2651 1:05:32 / 2676 1:36:33 / 2625 2:14:34 / 2505 2:50:19 / 2507 3:23:09 / 2418 3:52:51 / 2294 4:17:31 / 2224										
2192	1678	KURZAJCZYK Hanna	KALISZ	POL	SUPERMARATON KALISZ	85K20/39	(K)156 04:31:25	04:29:00	06.22	
0:34:02 / 2652 1:05:32 / 2675 1:36:32 / 2620 2:14:35 / 2511 2:50:20 / 2508 3:23:08 / 2417 3:52:51 / 2293 4:17:32 / 2225										
2193	597	RELUGA Grzegorz	WARSZAWA	POL		71M40/568	(M)203704:31:26	04:29:26	06.23	
0:29:10 / 1658 0:55:39 / 1549 1:22:46 / 1530 1:57:22 / 1526 2:32:40 / 1796 3:09:38 / 1958 3:47:12 / 2136 4:17:16 / 2218										
2194	2714	ANTONIEWICZ Jacek	GRÓJEC	POL	BIEGIEM PRZEPOLSKĘ	70M40/569	(M)203804:31:31	04:30:05	06.24	
0:29:10 / 1659 0:58:21 / 2006 1:26:24 / 1988 2:02:09 / 1941 2:37:03 / 1996 3:11:47 / 2067 3:47:04 / 2129 4:15:43 / 2151										
2195	3120	RADWAN Przemysław	WADOWICE	POL	ENDORFINY WADOWICE	87M20/363	(M)203904:31:33	04:30:22	06.24	
0:28:56 / 1596 0:56:42 / 1694 1:24:22 / 1665 1:59:33 / 1674 2:35:18 / 1920 3:08:35 / 1927 3:45:55 / 2092 4:18:48 / 2251										
2196	3453	TYCZYŃSKI Arkadiusz	RADOM	POL		75M30/768	(M)204004:31:36	04:28:52	06.22	
0:33:53 / 2632 1:02:44 / 2469 1:32:06 / 2373 2:08:25 / 2269 2:43:19 / 2289 3:16:16 / 2222 3:49:53 / 2205 4:17:14 / 2215										
2197	577	PIOTROWSKA Barbara	WROCLAW	POL	PRO-RUN	53K50/12	(K)157 04:31:36	04:29:17	06.22	
0:34:18 / 2683 1:05:40 / 2689 1:37:19 / 2664 2:16:53 / 2635 2:52:51 / 2626 3:24:49 / 2491 3:55:28 / 2368 4:19:05 / 2260										
2198	1969	BORDIGNON Daniele luigi	VICENZA	ITA		57M50/275	(M)204104:31:42	04:30:39	06.24	
0:29:36 / 1755 0:57:55 / 1824 1:26:10 / 1959 2:02:34 / 1959 2:37:58 / 2041 3:12:23 / 2092 3:46:03 / 2096 4:16:01 / 2163										
2199	2546	BARAN Michał	WARMAŃOWICE	POL	OSIR STRZELCE OPOLSKIE	81M30/769	(M)204204:31:43	04:30:35	06.24	
0:29:45 / 1783 0:57:49 / 1818 1:26:01 / 1923 2:03:18 / 2009 2:39:03 / 2079 3:13:20 / 2113 3:50:33 / 2221 4:18:25 / 2234										
2200	983	SADURSKI Krzysztof	ŁASKARZEW	POL	AVON	74M30/770	(M)204304:31:44	04:29:17	06.22	
0:33:35 / 2593 1:02:45 / 2473 1:31:41 / 2326 2:07:14 / 2179 2:40:54 / 2152 3:11:32 / 2031 3:40:01 / 1923 4:15:44 / 2154										
2201	1180	KALIŃSKA Justyna	GARWOLIN	POL	AVON	81K30/64	(K)158 04:31:45	04:29:16	06.22	
0:33:35 / 2594 1:02:45 / 2475 1:31:41 / 2325 2:07:14 / 2180 2:40:54 / 2153 3:11:32 / 2033 3:40:01 / 1924 4:15:44 / 2152										
2202	2218	KRAMARCZYK Maciej	WĘGRZCE WIELKIE	POL		68M40/570	(M)204404:31:52	04:29:44	06.23	
0:31:20 / 2229 1:00:12 / 2222 1:30:00 / 2229 2:07:11 / 2177 2:42:44 / 2273 3:15:35 / 2199 3:49:41 / 2199 4:16:40 / 2200										
2203	1689	JURCZAK Maciej	KRAKÓW	POL		86M20/364	(M)204504:31:52	04:29:38	06.23	
0:33:03 / 2524 1:02:32 / 2402 1:32:05 / 2368 2:08:20 / 2246 2:42:06 / 2247 3:14:41 / 2168 3:48:53 / 2180 4:16:34 / 2193										
2204	2456	ŚMIETANA Danuta	KRAKÓW	POL	ITI ADVENTURE TEAM	73K30/65	(K)159 04:31:53	04:30:32	06.24	
0:30:38 / 2097 0:58:41 / 2100 1:27:30 / 2071 2:03:55 / 2033 2:41:55 / 2207 3:17:22 / 2258 3:51:21 / 2249 4:17:46 / 2226										
2205	2331	SZCZYPIORSKI Piotr	BYDGOSZCZ	POL	BYDGOSKA GRUPA SPORTÓW WYTRZYMAŁOŚCIOWYC	91M20/365	(M)204604:31:57	04:30:12	06.24	
2:39:29 / 2093 3:14:00 / 2144 3:48:45 / 2177 4:16:37 / 2196										
2206	2244	ZĄBKOWSKI Krzysztof	BYDGOSZCZ	POL	BYDGOSKA GRUPA SPORTÓW WYTRZYMAŁOŚCIOWYC	91M20/366	(M)204704:32:04	04:30:18	06.24	
0:30:51 / 2166 0:58:52 / 2126 1:27:57 / 2111 2:04:18 / 2045 2:39:29 / 2094 3:14:00 / 2145 3:48:44 / 2176 4:16:38 / 2198										
2207	1530	WIERZBICKI Łukasz	WARSZAWA	POL		80M30/771	(M)204804:32:05	04:30:52	06.25	
0:28:21 / 1463 0:55:00 / 1448 1:22:03 / 1447 1:56:08 / 1460 2:31:41 / 1664 3:07:52 / 1907 3:43:37 / 2024 4:15:30 / 2146										
2208	1787	LATUSZEK Agnieszka	GARWOLIN	POL	TRUCHTACZ.PL	70K40/40	(K)160 04:32:07	04:31:04	06.25	
0:28:19 / 1456 0:56:00 / 1589 1:26:13 / 1964 2:04:39 / 2065 2:42:26 / 2262 3:17:32 / 2263 3:51:48 / 2258 4:18:40 / 2244										
2209	1305	FRANCZYK Paweł	KRAKÓW	POL		79M30/772	(M)204904:32:08	04:29:45	06.23	
0:33:10 / 2547 1:02:45 / 2477 1:32:23 / 2445 2:09:15 / 2363 2:45:06 / 2354 3:19:06 / 2300 3:51:27 / 2251 4:17:27 / 2222										
2210	2123	ŚWIST Mariusz	BIELSKO-BIALA	POL	TIMTIRIM TEAM	69M40/571	(M)205004:32:09	04:29:43	06.23	
0:34:09 / 2668 1:05:40 / 2687 1:37:54 / 2699 2:16:49 / 2626 2:52:16 / 2596 3:24:37 / 2485 3:55:04 / 2355 4:18:41 / 2245										
2211	2435	KOZACZUK Krzysztof	JORDANÓW ŚLĄSKI	POL		58M50/276	(M)205104:32:14	04:30:06	06.24	
0:32:36 / 2395 1:02:00 / 2360 1:31:18 / 2304 2:06:42 / 2154 2:41:55 / 2208 3:15:50 / 2205 3:49:32 / 2194 4:17:04 / 2209										
2212	1166	PISARIK Marek	KRAKÓW	POL	POLISH SCHOOL OF MARATHON	69M40/572	(M)205204:32:21	04:30:58	06.25	
0:30:45 / 2135 0:59:11 / 2155 1:27:54 / 2102 2:02:55 / 1977 2:38:07 / 2046 3:13:24 / 2117 3:50:55 / 2232 4:17:15 / 2217										
2213	1998	ŚWIERK Damian	PODEGRODZIE	POL	BIEGAMBOLUBIĘ KRAKÓW	89M20/367	(M)205304:32:21	04:30:02	06.23	
0:36:01 / 2918 1:07:32 / 2870 1:38:36 / 2792 2:16:59 / 2647 2:52:32 / 2616 3:24:13 / 2473 3:54:30 / 2338 4:19:04 / 2257										
2214	1859	POHOSKI Artur	52-628	POL		90M20/368	(M)205404:32:22	04:29:43	06.23	
0:34:53 / 2749 1:05:17 / 2671 1:36:13 / 2601 2:14:15 / 2485 2:50:15 / 2503 3:24:12 / 2472 3:54:30 / 2339 4:19:06 / 2262										
2215	2159	SZAFRAN Zygmunt	GŁOGÓW MŁP	POL	RZESZOWSKIE GAZELE I GEPARDY	65M40/573	(M)205504:32:22	04:30:46	06.25	
0:30:32 / 2059 0:58:04 / 1867 1:28:15 / 2133 2:00:33 / 1810 2:36:01 / 1961 3:10:08 / 1976 3:54:30 / 2340 4:15:47 / 2155										

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
2216	868	URBAŃSKI Józef	KROSNO	POL	/ KKB MOSIR KROSNO	58M50/277	(M)205604:32:23	04:30:28 06.24
0:30:40 / 2108 0:58:35 / 2078 1:26:45 / 2015 2:02:45 / 1968 2:37:47 / 2034 3:10:45 / 2002 3:46:20 / 2105 4:15:49 / 2158								
2217	178	KRCMARIK Vladimir	ZILINA	SVK	/ HGM ZILINA	54M50/278	(M)205704:32:24	04:29:53 06.23
0:34:52 / 2745 1:06:44 / 2803 1:38:14 / 2766 2:17:08 / 2657 2:52:12 / 2584 3:23:45 / 2449 3:54:36 / 2343 4:18:37 / 2241								
2218	3287	WOLIŃSKI Marek	KRAKÓW	POL	/ NIEBIEGAMWLEGINSACH.PL	85M20/369	(M)205804:32:24	04:30:21 06.24
0:32:02 / 2320 1:01:16 / 2292 1:30:55 / 2270 2:07:28 / 2198 2:41:55 / 2209 3:13:42 / 2132 3:49:47 / 2201 4:20:22 / 2289								
2219	2165	GÓRSKI Maciej	WROCLAW	POL		74M30/773	(M)205904:32:25	04:30:00 06.23
0:32:58 / 2509 1:03:09 / 2551 1:34:03 / 2527 2:12:16 / 2436 2:49:16 / 2467 3:23:14 / 2419 3:53:43 / 2316 4:18:46 / 2249								
2220	2106	PIETRZYKOWSKI Tomasz	ŻMIGRÓD	POL	/ PRO-RUN WROCLAW	76M30/774	(M)206004:32:25	04:30:04 06.24
0:34:17 / 2679 1:05:41 / 2694 1:37:21 / 2669 2:17:23 / 2661 2:52:51 / 2627 3:24:49 / 2492 3:55:26 / 2367 4:19:05 / 2261								
2221	2033	PONIEWOZIK Irek	LUBLIN	POL		78M30/775	(M)206104:32:25	04:30:22 06.24
0:31:32 / 2254 1:00:34 / 2247 1:30:19 / 2243 2:04:36 / 2063 2:39:31 / 2096 3:12:22 / 2091 3:46:56 / 2124 4:16:36 / 2195								
2222	1803	SZLUFIK Krzysztof	NAMYSŁÓW	POL		77M30/776	(M)206204:32:41	04:30:18 06.24
0:34:01 / 2649 1:05:05 / 2658 1:36:51 / 2642 2:16:57 / 2642 2:52:01 / 2562 3:24:45 / 2489 3:54:13 / 2328 4:18:42 / 2246								
2223	162	MAZUREK Grzegorz	LUBIN	POL	/ LUBIŃSKIE CHARAKTERY	80M30/777	(M)206304:32:44	04:31:23 06.25
0:29:58 / 1826 0:58:00 / 1839 1:25:47 / 1814 2:00:27 / 1764 2:32:19 / 1752 3:04:00 / 1785 3:42:37 / 1998 4:16:24 / 2174								
2224	3359	SZEJBA Bartłomiej	SZCZECIN	POL		75M30/778	(M)206404:32:47	04:31:11 06.25
0:30:39 / 2106 0:58:30 / 2045 1:25:57 / 1897 2:00:29 / 1771 2:39:06 / 2080 3:12:36 / 2098 3:48:27 / 2167 4:16:49 / 2204								
2225	1473	LASKOWSKI Mirosław	KOMARÓWKA PODLASKA	POL	/ AGRO CORN MILANÓW	69M40/574	(M)206504:32:52	04:31:30 06.26
0:28:54 / 1591 0:56:07 / 1601 1:26:47 / 2017 2:04:29 / 2054 2:43:25 / 2292 3:18:29 / 2282 3:51:19 / 2247 4:17:57 / 2230								
2226	2652	STAWICKI Zdzisław	BLACHOWNIA	POL	/ PRZELAJOWA OSEMKA BLACHOWNIA	70M40/575	(M)206604:32:53	04:31:55 06.26
0:28:42 / 1544 0:57:59 / 1834 1:29:35 / 2209 2:10:53 / 2406 2:49:02 / 2465 3:22:46 / 2410 3:53:37 / 2313 4:19:05 / 2259								
2227	2409	SZPAK Łukasz	KRAKÓW	POL		80M30/779	(M)206704:32:54	04:30:31 06.24
0:33:34 / 2591 1:03:12 / 2554 1:33:06 / 2498 2:10:28 / 2400 2:45:43 / 2374 3:18:36 / 2288 3:51:19 / 2246 4:18:45 / 2248								
2228	460	DANIELAK Małgorzata	ZIELONKI	POL	/ DYSTANS	69K40/41	(K)161 04:32:57	04:30:29 06.24
0:34:06 / 2662 1:05:07 / 2662 1:36:32 / 2622 2:14:35 / 2512 2:50:54 / 2527 3:23:28 / 2428 3:52:38 / 2275 4:18:27 / 2236								
2229	461	DANIELAK Roman	ZIELONKI	POL	/ DYSTANS	67M40/576	(M)206804:32:58	04:30:31 06.24
0:34:05 / 2660 1:05:07 / 2663 1:36:33 / 2624 2:14:35 / 2506 2:50:54 / 2526 3:23:27 / 2427 3:52:40 / 2281 4:18:27 / 2237								
2230	1007	TROĆ-MALUNG Agnieszka	LUBAŃ	POL		73K30/66	(K)162 04:32:59	04:31:33 06.26
0:28:03 / 1366 0:54:23 / 1386 1:22:23 / 1478 1:59:33 / 1675 2:36:04 / 1963 3:12:45 / 2105 3:49:32 / 2196 4:19:16 / 2265								
2231	1021	VOS Manuela	MADRID	NED		68K40/42	(K)163 04:33:09	04:31:08 06.25
0:33:48 / 2619 1:04:32 / 2623 1:35:41 / 2583 2:14:21 / 2492 2:49:51 / 2483 3:21:42 / 2372 3:52:55 / 2299 4:19:05 / 2258								
2232	1020	PENEDO COBO Eduardo	MADRID	ESP		63M40/577	(M)206904:33:10	04:31:09 06.25
0:33:50 / 2622 1:04:31 / 2622 1:35:40 / 2580 2:14:26 / 2494 2:49:50 / 2481 3:21:42 / 2373 3:52:55 / 2298 4:19:03 / 2256								
2233	2671	ŚWIEŻY Rafał	GDÓW	POL	/ BRACIAS	89M20/370	(M)207004:33:15	04:31:00 06.25
0:33:50 / 2623 1:02:39 / 2425 1:32:07 / 2378 2:08:21 / 2248 2:41:53 / 2204 3:13:39 / 2127 3:46:55 / 2123 4:16:27 / 2183								
2234	2160	ŁOJEK Stanisław	KRAKÓW	POL		66M40/578	(M)207104:33:18	04:30:56 06.25
0:34:21 / 2689 1:05:42 / 2699 1:37:23 / 2675 2:16:27 / 2580 2:52:15 / 2594 3:23:53 / 2465 3:53:36 / 2312 4:18:45 / 2247								
2235	2384	HALAGARDA Małgorzata	KRAKOW	POL		87K20/40	(K)164 04:33:20	04:31:09 06.25
0:32:21 / 2363 1:02:27 / 2387 1:32:12 / 2414 2:09:12 / 2356 2:47:04 / 2418 3:22:39 / 2404 3:54:38 / 2345 4:19:53 / 2279								
2236	1146	SENGER Robert	WARSZAWA	POL	/ LTT LIPUSZ	82M30/780	(M)207204:33:22	04:31:21 06.25
0:33:01 / 2521 1:02:49 / 2505 1:32:51 / 2486 2:09:28 / 2371 2:44:03 / 2324 3:17:24 / 2259 3:52:49 / 2289 4:16:40 / 2201								
2237	880	BŁOCH Marek	GRODKÓW	POL	/ NIEZRZESZONY	59M50/279	(M)207304:33:25	04:31:11 06.25
0:32:53 / 2476 1:02:39 / 2424 1:32:09 / 2398 2:08:25 / 2267 2:42:05 / 2244 3:13:44 / 2137 3:48:34 / 2170 4:17:53 / 2229								
2238	2948	LIGNAR Andrzej	GWOŹDZICE	POL	/ NIEZRZESZONY	58M50/280	(M)207404:33:25	04:31:01 06.25
0:33:18 / 2561 1:02:37 / 2406 1:31:20 / 2308 2:06:48 / 2165 2:40:07 / 2122 3:11:42 / 2048 3:46:02 / 2095 4:20:20 / 2288								
2239	3179	ROSA Leszek	TLUSZCZ	POL	/ BÓBR TLUSZCZ	59M50/281	(M)207504:33:29	04:31:05 06.25
0:32:58 / 2510 1:02:48 / 2500 1:32:25 / 2451 2:09:11 / 2354 2:44:36 / 2337 3:16:27 / 2233 3:51:56 / 2261 4:17:24 / 2220								
2240	1062	KLIMASZ Zbigniew	RZESZÓW	POL	/ RZESZOWSKIE GAZELE I GEPARDY	65M40/579	(M)207604:33:30	04:32:21 06.27
0:29:00 / 1611 0:56:38 / 1678 1:24:34 / 1690 2:00:09 / 1728 2:34:06 / 1876 3:14:03 / 2147 3:50:45 / 2226 4:17:58 / 2231								
2241	1461	MICHALICKA Frantisek	ZILINA	SVK	/ SKP ZILINA	64M40/580	(M)207704:33:32	04:32:51 06.28
0:29:23 / 1704 0:58:01 / 1845 1:27:58 / 2112 2:04:19 / 2046 2:38:41 / 2066 3:13:34 / 2122 3:50:58 / 2235 4:19:13 / 2263								
2242	1302	BEHR Piotr	POZNAŃ	POL		71M40/581	(M)207804:33:33	04:31:39 06.26
0:31:59 / 2312 1:01:17 / 2295 1:32:04 / 2364 2:08:06 / 2233 2:42:25 / 2261 3:16:01 / 2212 3:49:55 / 2207 4:16:40 / 2199								
2243	3445	KAMINSKI Marcin	SKARŻYSKO-KAMIENNA	POL	/ PKO BP SA	80M30/781	(M)207904:33:35	04:32:02 06.26
0:30:33 / 2066 0:58:10 / 1947 1:26:04 / 1939 2:00:32 / 1803 2:32:42 / 1801 3:08:08 / 1911 3:46:38 / 2114 4:17:29 / 2223								
2244	1336	KOWALSKI Michał	KOŚCIERZYNA	POL		73M30/782	(M)208004:33:42	04:32:18 06.27
0:30:17 / 1959 0:58:18 / 1994 1:26:07 / 1951 2:01:07 / 1873 2:35:17 / 1919 3:09:55 / 1968 3:49:54 / 2206 4:18:06 / 2232								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
2245	1559	SZAŁKOWSKI Tomasz	LIBIAŻ	POL	POL / LIBIAŻ	74M30/783	(M)208104:33:43	04:32:17	06.27	
0:29:48 / 1796 0:57:47 / 1816 1:26:00 / 1917 2:01:17 / 1890 2:36:31 / 1980 3:11:21 / 2029 3:47:27 / 2140 4:16:09 / 2168										
2246	1739	URBACZKA Łukasz	NOWA DĘBA	POL		66M40/582	(M)208204:33:43	04:32:20	06.27	
0:30:53 / 2175 1:00:06 / 2216 1:28:31 / 2148 2:02:34 / 1960 2:36:07 / 1968 3:11:45 / 2061 3:45:20 / 2073 4:17:04 / 2208										
2247	1390	GRABOWSKI Mariusz	KRAKÓW	POL	POL / NIEZRZESZONY	70M40/583	(M)208304:33:46	04:31:58	06.26	
0:30:12 / 1914 0:58:09 / 1937 1:25:50 / 1827 2:01:29 / 1907 2:38:17 / 2049 3:11:41 / 2045 3:46:17 / 2104 4:17:14 / 2214										
2248	2916	DRABIK Grzegorz	KRZESZOWICE	POL		66M40/584	(M)208404:33:49	04:31:45	06.26	
0:31:42 / 2282 1:00:53 / 2263 1:31:05 / 2281 2:07:42 / 2205 2:42:46 / 2277 3:17:04 / 2250 3:52:33 / 2270 4:19:46 / 2277										
2249	3381	ZARYCHT Paweł	WIELICZKA	POL		76M30/784	(M)208504:33:50	04:31:02	06.25	
0:34:47 / 2731 1:02:45 / 2472 1:31:18 / 2303 2:07:51 / 2226 2:45:46 / 2377 3:19:44 / 2316 3:52:49 / 2288 4:19:15 / 2264										
2250	2375	KÓZKA Szymon	GLUCHOŁAZY	POL		91M20/371	(M)208604:33:55	04:31:39	06.26	
0:32:49 / 2448 1:02:43 / 2465 1:32:15 / 2426 2:09:00 / 2339 2:45:05 / 2353 3:18:53 / 2295 3:52:44 / 2282 4:19:17 / 2266										
2251	2856	STANGRET Adam	LUBIN	POL		60M50/282	(M)208704:34:03	04:31:44	06.26	
0:33:06 / 2535 1:02:46 / 2484 1:31:40 / 2324 2:07:16 / 2182 2:41:45 / 2200 3:15:46 / 2202 3:50:10 / 2216 4:19:00 / 2255										
2252	3030	KRUCZEK Monika	DĄBROWA GÓRNICZA	POL	POL / POGORIA BIEGA	73K30/67	(K)165 04:34:08	04:31:31	06.26	
0:35:02 / 2787 1:06:04 / 2712 1:38:11 / 2753 2:16:47 / 2621 2:52:12 / 2585 3:23:46 / 2456 3:53:41 / 2314 4:19:28 / 2272										
2253	1886	KAMINSKI Mariusz	OSÓWIEC	POL		71M40/585	(M)208804:34:10	04:33:38	06.29	
0:26:12 / 947 0:52:30 / 1046 1:21:27 / 1400 1:59:07 / 1633 2:36:21 / 1977 3:12:16 / 2088 3:47:36 / 2144 4:17:07 / 2212										
2254	2627	KAWELCZYK Robert	CZĘSTOCHOWA	POL		67M40/586	(M)208904:34:10	04:32:19	06.27	
0:30:31 / 2052 0:58:33 / 2065 1:27:37 / 2084 2:03:18 / 2007 2:37:28 / 2013 3:11:16 / 2024 3:47:10 / 2135 4:17:15 / 2216										
2255	1173	DYMEK Teresa	KRAKÓW	POL	POL / WWW.MYSLJAKZYJESZ.PL	71K40/43	(K)166 04:34:16	04:32:39	06.27	
0:31:17 / 2219 1:00:30 / 2241 1:30:04 / 2235 2:07:27 / 2197 2:43:47 / 2308 3:18:31 / 2286 3:52:09 / 2263 4:20:50 / 2301										
2256	2081	JURASZ Maciej	MIELEC	POL		80M30/785	(M)209004:34:19	04:31:41	06.26	
0:31:17 / 2220 1:06:30 / 2739 1:37:54 / 2700 2:16:26 / 2577 2:51:56 / 2559 3:23:40 / 2439 3:52:51 / 2295 4:18:57 / 2254										
2257	3251	WÓJCIK Michał	KRAKÓW	POL		88M20/372	(M)209104:34:20	04:33:09	06.28	
0:29:41 / 1772 0:57:41 / 1805 1:26:38 / 2006 2:02:18 / 1948 2:37:41 / 2028 3:12:20 / 2090 3:50:17 / 2217 4:18:53 / 2253										
2258	2134	RÓWNIĄK Tomasz	MIECHÓW	POL		82M30/786	(M)209204:34:23	04:31:57	06.26	
0:32:40 / 2403 1:01:44 / 2334 1:30:57 / 2274 2:07:17 / 2183 2:42:13 / 2254 3:16:41 / 2239 3:54:14 / 2329 4:20:03 / 2284										
2259	1522	MZYK Monika	CHRZANÓW	POL		77K30/68	(K)167 04:34:26	04:32:09	06.27	
0:32:40 / 2402 1:02:11 / 2372 1:31:57 / 2349 2:09:07 / 2345 2:45:08 / 2356 3:18:46 / 2293 3:53:02 / 2303 4:19:19 / 2268										
2260	1975	ANTOSZCZAK Radosław	SĘPÓLNO KRAJEŃSKIE	POL		78M30/787	(M)209304:34:27	04:32:47	06.27	
0:30:42 / 2119 0:58:33 / 2063 1:27:27 / 2067 2:03:08 / 1995 2:37:30 / 2016 3:11:34 / 2034 3:45:35 / 2080 4:18:09 / 2233										
2261	2203	TRZASKA Piotr	KATOWICE	POL		87M20/373	(M)209404:34:32	04:32:22	06.27	
0:32:36 / 2393 1:02:37 / 2408 1:32:08 / 2391 2:08:29 / 2293 2:42:04 / 2241 3:16:11 / 2219 3:51:57 / 2262 4:19:44 / 2275										
2262	3114	SOSNOWSKI Adam	LUBIN	POL	POL / NIEZRZESZONY	67M40/587	(M)209504:34:34	04:33:45	06.29	
0:28:16 / 1441 0:55:09 / 1474 1:23:28 / 1581 2:00:10 / 1730 2:37:38 / 2026 3:15:46 / 2203 3:52:10 / 2264 4:20:56 / 2302										
2263	1784	SAPA Lucjan	KRAKÓW	POL	POL / NIEZRZESZONY	69M40/588	(M)209604:34:35	04:33:04	06.28	
0:30:32 / 2057 0:58:18 / 1992 1:26:09 / 1958 2:01:27 / 1904 2:37:23 / 2006 3:12:07 / 2079 3:47:50 / 2150 4:18:36 / 2240										
2264	2905	KOZIARSKI Maciej	KATOWICE	POL		79M30/788	(M)209704:34:43	04:33:52	06.29	
0:26:52 / 1045 0:52:57 / 1104 1:19:14 / 1117 1:52:13 / 1141 2:32:00 / 1698 3:14:05 / 2148 3:50:38 / 2225 4:19:40 / 2274										
2265	3354	LINI Kazim	KUALA LUMPUR	MAS		69M40/589	(M)209804:34:50	04:32:36	06.27	
0:33:55 / 2639 1:04:02 / 2592 1:35:25 / 2566 2:15:05 / 2535 2:51:40 / 2547 3:24:53 / 2495 3:56:08 / 2386 4:21:08 / 2310										
2266	1170	WANDEL Dariusz	POZNAŃ	POL	POL / POLSKA BIEGA	71M40/590	(M)209904:34:52	04:32:14	06.27	
0:34:52 / 2746 1:06:32 / 2741 1:37:45 / 2696 2:15:54 / 2560 2:51:13 / 2534 3:23:24 / 2426 3:55:20 / 2362 4:20:27 / 2290										
2267	1295	SZELAĞ Klaudiusz	BIADOLINY	POL		84M20/374	(M)210004:34:57	04:32:34	06.27	
0:32:27 / 2371 1:00:10 / 2218 1:28:33 / 2156 2:05:07 / 2078 2:41:37 / 2192 3:18:31 / 2285 3:52:45 / 2283 4:19:45 / 2276										
2268	2158	RAJZER Mariusz	BOCHNIA	POL		62M50/283	(M)210104:35:00	04:33:39	06.29	
0:29:44 / 1781 0:57:37 / 1797 1:26:04 / 1940 2:01:42 / 1922 2:36:45 / 1988 3:13:31 / 2120 3:50:52 / 2230 4:18:29 / 2238										
2269	250	BUSZTA Anna	BRZOZA STADNICKA	POL		77K30/69	(K)168 04:35:10	04:33:12	06.28	
0:30:25 / 2008 0:58:13 / 1971 1:26:11 / 1960 2:01:57 / 1932 2:38:40 / 2063 3:13:41 / 2131 3:50:50 / 2228 4:19:18 / 2267										
2270	2122	BATELT Jerzy	BIELSKO-BIAŁA	POL	POL / TIMTIRIM TEAM	70M40/591	(M)210204:35:16	04:32:51	06.27	
0:34:08 / 2666 1:05:40 / 2690 1:37:56 / 2701 2:16:49 / 2625 2:52:16 / 2597 3:24:37 / 2483 3:55:16 / 2359 4:21:25 / 2313										
2271	3104	PROCHACZEK Adam	GLIWICE	POL		77M30/789	(M)210304:35:18	04:33:08	06.28	
0:34:08 / 2667 1:02:39 / 2428 1:32:06 / 2374 3:14:11 / 3001 2:42:02 / 2231 3:24:37 / 2484 3:49:48 / 2202 4:18:52 / 2252										
2272	1195	STĘPIEN Marek	BRZESKO	POL	POL / BKB VICTORIA BRZESKO	61M50/284	(M)210404:35:28	04:33:32	06.28	
0:30:30 / 2040 0:58:46 / 2114 1:28:17 / 2135 2:07:19 / 2185 2:46:49 / 2411 3:23:42 / 2440 3:55:48 / 2376 4:21:01 / 2307										
2273	1982	MAGRETA Natalia	WARSZAWA	POL		80K30/70	(K)169 04:35:35	04:33:30	06.28	
0:30:30 / 2041 0:58:53 / 2129 1:27:45 / 2091 3:17:12 / 3004 2:41:14 / 2173 3:23:42 / 2441 3:53:10 / 2305 4:20:32 / 2292										

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
2274	1928	JANSSENS Dominique	RIXENSART	BEL	/ GSK FUNCLUB	66M40/592	(M)210504:35:38	04:34:32 06.30
0:28:50 / 1576 0:56:14 / 1621 1:23:57 / 1634 1:58:22 / 1587 2:36:14 / 1971 3:11:49 / 2071 3:48:44 / 2174 4:19:26 / 2270								
2275	2213	OLEKSYK Wojciech	SZCZEPANÓW	POL	/ BKB VICTORIA	75M30/790	(M)210604:35:41	04:33:44 06.29
0:30:50 / 2161 0:59:39 / 2187 1:29:49 / 2220 2:06:12 / 2132 2:41:17 / 2178 3:14:24 / 2158 3:49:50 / 2203 4:19:20 / 2269								
2276	2236	BUKOWSKI Wojciech	KOŃSKIE	POL	/ PSUEK	88M20/375	(M)210704:35:45	04:34:09 06.29
0:30:10 / 1895 0:58:07 / 1898 1:25:51 / 1838 2:00:33 / 1809 2:32:23 / 1771 3:04:10 / 1798 3:41:26 / 1973 4:18:48 / 2250								
2277	1485	ŚWISTOWSKI Bartłomiej	OLKUSZ	POL		89M20/376	(M)210804:35:46	04:33:21 06.28
0:32:56 / 2500 1:02:02 / 2364 1:30:06 / 2238 2:04:19 / 2047 2:38:52 / 2073 3:10:52 / 2009 3:42:35 / 1992 4:20:41 / 2293								
2278	2915	MIELCAREK Przemysław	POZNAŃ	POL	/ MIELCAREK TEAM - AGENCJA ALLIANZ	66M40/593	(M)210904:35:46	04:33:58 06.29
0:30:59 / 2190 0:58:37 / 2087 1:27:06 / 2045 3:18:20 / 3005 GRAZYNA 2:41:36 / 2191 3:10:52 / 2010 3:53:42 / 2315 4:19:59 / 2283								
2279	2260	GRZESIŃSKA Marta	KRAKÓW	POL	/ AZS AWF MASTERS KRAKÓW	74K30/71	(K)170 04:35:47	04:33:49 06.29
0:30:59 / 2189 1:02:21 / 2379 1:32:06 / 2371 2:08:28 / 2288 2:44:03 / 2325 3:19:19 / 2308 3:53:11 / 2306 4:20:45 / 2295								
2280	3163	WARIT Ali	CASABLANCA	MAR	/ CMCF MAROC	66M40/594	(M)211004:35:47	04:33:41 06.29
0:34:55 / 2750 1:06:45 / 2817 1:38:09 / 2742 2:16:41 / 2594 2:53:24 / 2644 3:27:02 / 2557 3:58:09 / 2434 4:22:30 / 2353								
2281	2096	LEBDA Małgorzata	KRAKÓW	POL	/ BRAK	85K20/41	(K)171 04:35:49	04:34:02 06.29
0:30:05 / 1856 0:58:11 / 1957 1:28:34 / 2161 2:07:43 / 2206 2:47:04 / 2419 3:22:28 / 2388 3:56:57 / 2406 4:22:30 / 2352								
2282	2663	PERLEJEWSKI Sebastian	CIECHANOWIEC	POL		87M20/377	(M)211104:35:51	04:34:01 06.29
0:30:13 / 1921 0:58:08 / 1914 1:25:56 / 1885 2:00:54 / 1855 2:37:26 / 2010 3:10:24 / 1989 3:46:59 / 2127 4:20:45 / 2296								
2283	2569	KRZYSZTOFIAK Grażyna	KWIDZYN	POL		58K50/13	(K)172 04:35:52	04:33:17 06.28
0:34:58 / 2763 1:06:43 / 2790 1:38:10 / 2749 2:16:58 / 2643 2:52:42 / 2620 3:25:29 / 2512 3:57:12 / 2409 4:22:41 / 2361								
2284	1776	NOWAK Krzysztof	ZABIERZÓW BOCH.	POL		66M40/595	(M)211204:35:53	04:33:22 06.28
0:33:39 / 2601 1:04:41 / 2630 1:36:17 / 2610 2:14:52 / 2525 2:50:24 / 2511 3:23:28 / 2429 3:56:11 / 2387 4:21:28 / 2322								
2285	276	CIEĆWIERZ Dariusz	BŁONIE	POL	/ LKS OLYMP BŁONIE	77M30/791	(M)211304:35:56	04:34:42 06.30
0:28:12 / 1420 0:54:26 / 1393 1:23:05 / 1556 2:03:08 / 1996 2:45:00 / 2347 3:23:32 / 2434 3:53:48 / 2319 4:22:00 / 2337								
2286	2562	BALIŃSKA-SEWERYN	GLIWICE	POL		77K30/72	(K)173 04:35:57	04:33:23 06.28
0:28:12 / 1421 1:06:34 / 2746 1:36:59 / 2647 2:15:12 / 2545 2:50:42 / 2518 3:23:44 / 2445 3:54:28 / 2335 4:21:01 / 2306								
2287	2349	MŁODAWSKI Jacek	KOŃSKIE	POL	/ BRAK	77M30/792	(M)211404:35:57	04:35:12 06.31
0:27:15 / 1109 0:55:22 / 1505 1:25:28 / 1766 2:06:05 / 2121 2:47:01 / 2415 3:22:23 / 2386 3:55:56 / 2382 4:22:20 / 2347								
2288	366	GRZYWACZ Mariusz	WYSOKA	POL	/ SCA	70M40/596	(M)211504:36:04	04:34:26 06.30
0:30:45 / 2137 0:58:54 / 2135 1:28:31 / 2149 2:05:07 / 2079 2:41:19 / 2180 3:16:15 / 2221 3:51:43 / 2255 4:20:44 / 2294								
2289	862	NADOLSKI Tomasz	PRABUTY	POL	/ HELIOS	74M30/793	(M)211604:36:08	04:34:18 06.30
0:31:40 / 2280 1:01:13 / 2288 1:31:12 / 2289 2:07:21 / 2189 2:41:27 / 2186 3:14:10 / 2149 3:49:24 / 2189 4:20:57 / 2303								
2290	1590	BALYTA Vasyl	LVIV	UKR	/ LO AVS-FENIX	49M60/61	(M)211704:36:10	04:34:14 06.29
0:28:42 / 1543 0:55:05 / 1464 1:22:05 / 1451 1:56:23 / 1472 2:36:50 / 1991 3:18:45 / 2292 3:54:44 / 2348 4:22:28 / 2349								
2291	2476	SOWULA Dorota	WROCLAW	POL	/ PRO-RUN WROCLAW	73K30/73	(K)174 04:36:12	04:33:52 06.29
0:34:17 / 2677 1:05:41 / 2697 1:37:19 / 2665 2:16:52 / 2631 2:52:52 / 2629 3:26:00 / 2528 3:57:34 / 2421 4:22:28 / 2350								
2292	2762	ZAHED Soumaya	CASABLANCA	MAR	/ CMCF	63K40/44	(K)175 04:36:15	04:34:08 06.29
0:35:09 / 2817 1:06:49 / 2836 1:38:09 / 2743 2:16:41 / 2593 2:54:55 / 2680 3:27:04 / 2560 3:59:07 / 2467 4:22:28 / 2351								
2293	1115	NONAS Piotr	WROCLAW	POL		67M40/597	(M)211804:36:17	04:34:50 06.30
0:30:08 / 1883 0:58:04 / 1858 1:25:50 / 1833 2:01:54 / 1931 2:41:44 / 2196 3:20:03 / 2322 3:54:08 / 2326 4:22:01 / 2338								
2294	2901	SŁONINA Ireneusz	RZESZÓW	POL		83M20/378	(M)211904:36:21	04:34:51 06.30
0:30:22 / 1991 0:57:52 / 1819 1:25:06 / 1721 1:58:11 / 1577 2:28:27 / 1497 3:02:48 / 1721 3:39:21 / 1906 4:15:25 / 2143								
2295	660	DOMINIK Dawid	KWIDZYN	POL	/ HELIOS	80M30/794	(M)212004:36:24	04:34:34 06.30
0:30:22 / 1990 1:01:12 / 2285 1:31:13 / 2292 2:07:22 / 2191 2:41:28 / 2187 3:14:10 / 2150 3:49:24 / 2190 4:20:57 / 2304								
2296	1858	WOJTOWICZ Tomasz	JAWORZNO	POL		89M20/379	(M)212104:36:28	04:33:34 06.29
0:35:46 / 2896 1:06:47 / 2830 1:37:13 / 2657 2:14:19 / 2490 2:50:17 / 2505 3:23:33 / 2436 3:55:21 / 2363 4:20:57 / 2305								
2297	3352	KOCHANSKA Kaja	KRAKÓW	POL		91K20/42	(K)176 04:36:30	04:34:15 06.29
0:30:22 / 1993 0:58:10 / 1950 1:25:57 / 1899 2:05:44 / 2109 2:44:53 / 2345 3:22:30 / 2391 3:58:09 / 2435 4:23:46 / 2366								
2298	1767	WANCZYK Paweł	NOWY SĄCZ	POL	/ VISEGRAD MARATON RYTRO GRUPA BIEGOWA	60M50/285	(M)212204:36:31	04:34:56 06.30
0:30:22 / 1992 0:58:20 / 2003 1:26:57 / 2030 2:03:03 / 1990 2:38:42 / 2067 3:15:52 / 2207 3:53:21 / 2308 4:21:38 / 2324								
2299	258	TUZIMEK Dariusz	ZIELONA GÓRA	POL	/ BRAC'TWO BIEGACZY ZIELONA GÓRA	66M40/598	(M)212304:36:34	04:35:02 06.31
0:29:50 / 1801 0:57:29 / 1782 1:25:24 / 1759 3:05:58 / 2995 2:31:43 / 1669 3:15:52 / 2206 3:46:25 / 2109 4:17:51 / 2227								
2300	2548	TURECKI Jan	NIEPOLOMICE	POL		58M50/286	(M)212404:36:36	04:34:18 06.30
0:33:01 / 2518 1:02:41 / 2450 1:32:08 / 2395 2:08:27 / 2285 2:43:48 / 2310 3:18:09 / 2275 3:54:15 / 2331 4:21:41 / 2327								
2301	3346	LEWANDOWSKI Artur	WEGRZCE	POL		75M30/795	(M)212504:36:37	04:34:43 06.30
0:32:12 / 2350 1:02:05 / 2366 1:32:01 / 2356 2:08:51 / 2325 2:44:17 / 2328 3:17:21 / 2256 3:51:05 / 2240 4:21:18 / 2311								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupa Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
2302	2587	MILEK Arkadiusz	POZNAŃ	POL	NF TEAM	74M30/796	(M)212604:36:42	04:34:33	06.30	
0:32:45 / 2416 1:02:39 / 2418 1:32:06 / 2372 2:08:25 / 2273 2:46:13 / 2389 3:21:26 / 2361 3:54:15 / 2330 4:21:49 / 2329										
2303	2118	SZLACHETKA Artur	RUDA ŚLĄSKA	POL		76M30/797	(M)212704:36:44	04:34:36	06.30	
0:32:35 / 2392 1:02:13 / 2375 1:31:38 / 2321 2:07:39 / 2202 2:42:03 / 2237 3:16:42 / 2240 3:52:50 / 2292 4:18:37 / 2242										
2304	2254	STRZELECKI Lesław	KLESZCZÓW/GLIWICE	POL	CEGELEC GLIWICE	60M50/287	(M)212804:36:44	04:34:42	06.30	
0:31:50 / 2298 1:01:53 / 2353 1:32:18 / 2436 2:10:01 / 2391 2:46:51 / 2412 3:22:38 / 2402 3:57:34 / 2422 4:18:37 / 2243										
2305	2625	CZYŻ Artur	MYSZKÓW	POL		71M40/599	(M)212904:36:47	04:35:38	06.31	
0:28:04 / 1376 0:54:59 / 1446 1:22:53 / 1541 1:58:06 / 1573 2:33:49 / 1857 3:10:55 / 2014 3:50:34 / 2223 4:20:49 / 2300										
2306	1219	WINNICKI Łukasz	WARSZAWA	POL		87M20/380	(M)213004:36:47	04:34:01	06.29	
0:34:13 / 2671 1:03:36 / 2567 1:33:51 / 2520 2:11:58 / 2432 2:48:15 / 2441 3:23:42 / 2442 3:56:49 / 2397 4:20:49 / 2299										
2307	3244	FRONTCZAK Marek	KALISZ	POL	SUPERMARATON KALISZ	52M60/62	(M)213104:36:50	04:34:26	06.30	
0:34:13 / 2672 1:05:33 / 2677 3:53:08 / 3011 2:14:33 / 2504 2:50:19 / 2506 3:23:08 / 2415 3:56:49 / 2398 4:19:26 / 2271										
2308	2276	JURASZEK Antoni	KRAKÓW	POL	KS HALNY WĘGIERSKA GÓRKA	56M50/288	(M)213204:36:50	04:35:15	06.31	
0:30:15 / 1943 0:59:00 / 2148 1:28:43 / 2168 2:06:45 / 2158 2:45:31 / 2366 3:21:25 / 2357 3:54:47 / 2352 4:21:42 / 2328										
2309	2093	OLEK Artur	RYKI	POL	BIEGUSIEM.PL	75M30/798	(M)213304:36:53	04:35:24	06.31	
0:30:20 / 1976 0:58:24 / 2020 1:26:06 / 1946 2:01:13 / 1881 2:35:03 / 1909 3:21:25 / 2356 3:42:41 / 2001 4:17:52 / 2228										
2310	2954	JANCZAREK Jacek	LUBLIN	POL		65M40/600	(M)213404:36:58	04:34:30	06.30	
0:33:09 / 2544 1:02:49 / 2510 1:32:49 / 2485 2:11:05 / 2410 2:47:26 / 2424 3:22:31 / 2393 3:54:30 / 2337 4:21:27 / 2320										
2311	1182	CYGANKIEWICZ Wojciech	KRAKÓW	POL		56M50/289	(M)213504:36:58	04:34:32	06.30	
0:34:04 / 2655 1:04:05 / 2598 1:36:14 / 2604 2:16:01 / 2566 2:52:13 / 2588 3:23:47 / 2461 3:53:45 / 2318 4:21:26 / 2314										
2312	2124	SITKOWSKI Tomasz	KRAKÓW	POL		72M40/601	(M)213604:37:03	04:35:49	06.32	
0:29:34 / 1747 0:57:26 / 1777 1:26:26 / 1992 2:03:31 / 2022 2:42:05 / 2245 3:21:09 / 2353 3:55:17 / 2361 4:21:26 / 2315										
2313	1583	NUCKOWSKI Marcin	MEDYKA	POL		85M20/381	(M)213704:37:04	04:34:28	06.30	
0:34:45 / 2726 1:06:15 / 2716 1:38:04 / 2714 2:16:45 / 2611 2:52:10 / 2578 3:23:46 / 2458 3:55:15 / 2358 4:21:27 / 2319										
2314	895	KUCHARSKI Marcin	KRAKÓW	POL		76M30/799	(M)213804:37:05	04:35:14	06.31	
0:30:34 / 2073 0:58:35 / 2080 1:28:14 / 2129 2:06:29 / 2144 2:45:11 / 2358 3:21:06 / 2352 3:55:41 / 2373 4:21:28 / 2321										
2315	3119	WIKTOR Radosław	KĘTY	POL	ANC TEAM	82M30/800	(M)213904:37:05	04:35:15	06.31	
0:30:30 / 2046 0:56:39 / 1681 1:24:26 / 1670 2:02:12 / 1942 2:41:59 / 2217 3:19:54 / 2320 3:54:46 / 2351 4:21:53 / 2331										
2316	2486	TANKIELUN Grzegorz	OLSZTYN	POL		81M30/801	(M)214004:37:11	04:34:31	06.30	
0:36:00 / 2917 1:08:42 / 2908 1:41:49 / 2865 2:23:13 / 2782 2:59:51 / 2778 3:29:41 / 2612 3:59:07 / 2468 4:21:53 / 2330										
2317	526	OSADNIK Remigiusz	TYCHY	POL		78M30/802	(M)214104:37:12	04:34:37	06.30	
0:35:01 / 2782 1:06:42 / 2780 1:38:08 / 2737 2:16:48 / 2624 2:52:13 / 2586 3:24:55 / 2497 3:58:41 / 2451 4:24:10 / 2370										
2318	1525	OPACZYK Paweł	POZNAŃ	POL		57M50/290	(M)214204:37:12	04:34:31	06.30	
0:33:30 / 2582 1:02:50 / 2511 1:32:54 / 2489 2:09:25 / 2369 2:45:00 / 2349 3:18:19 / 2279 3:53:01 / 2302 4:19:56 / 2280										
2319	2614	WOLNIK Marta	WOLA DEBIŃSKA	POL		85K20/43	(K)177 04:37:14	04:35:05	06.31	
0:33:21 / 2566 1:04:09 / 2607 1:35:40 / 2582 2:14:14 / 2484 2:50:30 / 2514 3:24:24 / 2477 3:57:20 / 2410 4:19:56 / 2282										
2320	2187	BOCHENEK Jacek	SKOCZÓW	POL	FESTIWAL BIEGOWY W KRYNICY	68M40/602	(M)214304:37:23	04:34:50	06.30	
0:35:07 / 2814 1:06:29 / 2735 1:37:43 / 2693 2:16:11 / 2569 2:53:00 / 2635 3:26:17 / 2535 3:58:21 / 2439 4:19:56 / 2281										
2321	435	STĘPCZYŃSKI Jerzy	OSTRÓW MAZOWIECKA	POL		47M60/63	(M)214404:37:26	04:35:23	06.31	
0:32:31 / 2383 1:01:38 / 2322 1:32:07 / 2385 2:08:57 / 2338 2:46:35 / 2401 3:20:41 / 2338 3:54:28 / 2336 4:21:26 / 2318										
2322	863	KENTZER Aleksander	BĘDZIN	POL	KRS TRIATHLON DG	79M30/803	(M)214504:37:27	04:36:29	06.33	
0:26:13 / 949 0:50:58 / 926 1:16:25 / 933 1:47:23 / 894 2:17:36 / 923 2:46:23 / 945 3:30:52 / 1631 4:11:56 / 2052										
2323	1403	FLASIŃSKI Włodzimierz	KRAKÓW	POL		48M60/64	(M)214604:37:27	04:36:29	06.33	
0:30:06 / 1860 0:58:33 / 2060 1:27:16 / 2059 2:04:16 / 2043 2:39:13 / 2083 3:12:53 / 2107 3:49:37 / 2197 4:19:33 / 2273										
2324	92	ASAYEVICH Roman	MINSK	BLR	VICTORIA	64M40/603	(M)214704:37:28	04:36:27	06.33	
0:29:52 / 1809 0:58:09 / 1933 1:28:14 / 2130 2:07:51 / 2225 2:46:24 / 2394 3:25:26 / 2509 3:58:58 / 2460 4:24:11 / 2371										
2325	93	KLIMOVICH Tamara	MINSK	BLR	VICTORIA	62K50/14	(K)178 04:37:29	04:36:28	06.33	
0:29:53 / 1810 0:58:10 / 1949 1:28:12 / 2127 2:07:50 / 2224 2:46:24 / 2395 3:25:26 / 2510 3:58:58 / 2461 4:24:11 / 2372										
2326	2009	MURZYN Tomasz	TYCHY	POL		70M40/604	(M)214804:37:34	04:35:30	06.31	
0:32:33 / 2390 1:02:30 / 2396 1:32:09 / 2401 2:08:36 / 2309 2:45:09 / 2357 3:18:55 / 2296 3:53:09 / 2304 4:21:07 / 2309										
2327	1581	PODKOWIŃSKA Iwona	PIASECZNO	POL		75K30/74	(K)179 04:37:37	04:34:55	06.30	
0:35:00 / 2776 1:04:34 / 2626 1:34:00 / 2524 2:10:10 / 2392 2:45:54 / 2386 3:21:11 / 2354 3:55:30 / 2369 4:22:17 / 2344										
2328	467	GALEK Marek	SZCZUROWA	POL		69M40/605	(M)214904:37:50	04:35:31	06.31	
0:33:51 / 2627 1:04:15 / 2615 1:35:21 / 2559 2:12:57 / 2448 2:48:42 / 2454 3:22:31 / 2395 3:55:24 / 2365 4:22:17 / 2343										
2329	2708	GARBACZ Grzegorz	SOSNOWIEC	POL	NIEZRZESZONY	74M30/804	(M)215004:37:54	04:35:14	06.31	
0:33:46 / 2617 1:03:01 / 2536 1:33:26 / 2503 2:11:05 / 2411 2:47:35 / 2427 3:21:25 / 2355 3:54:18 / 2332 4:22:17 / 2345										
2330	3473	WAGNER Michał	KRAKÓW	POL		72M40/606	(M)215104:37:57	04:35:57	06.32	
0:30:48 / 2151 0:59:54 / 2206 1:29:09 / 2188 2:04:53 / 2072 2:39:21 / 2086 3:13:56 / 2142 3:50:08 / 2215 4:20:47 / 2298										

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]		
Check pts:													
2331	3316	ROWINSKA Magdalena	KRAKÓW	POL		79K30/75		(K)180	04:38:00	04:35:15	06.31		
						0:34:57 / 2760	1:04:56 / 2648	1:35:22 / 2561	2:12:50 / 2446	2:50:01 / 2493	3:23:16 / 2421	3:58:56 / 2456	4:20:47 / 2297
2332	2147	KONIECZNY Mariusz	JÉDRZEJÓW	POL		71M40/607		(M)21520	04:38:03	04:37:29	06.34		
						0:29:09 / 1651	0:58:41 / 2099	1:29:01 / 2182	2:06:46 / 2160	2:43:41 / 2299	3:19:40 / 2314	3:53:53 / 2321	4:22:16 / 2342
2333	2721	WASYLAK Krzysztof	KRAKÓW	POL		80M30/805		(M)21530	04:38:03	04:35:48	06.32		
						0:33:53 / 2631	1:02:59 / 2534	1:32:28 / 2456	2:09:27 / 2370	2:46:10 / 2388	3:22:30 / 2392	3:56:50 / 2401	4:22:08 / 2340
2334	1527	LATUSZEK Krzysztof	GARWOLIN	POL	TRUCHTACZ.PL	69M40/608		(M)21540	04:38:13	04:36:24	06.33		
						0:30:44 / 2127	0:58:49 / 2117	1:27:48 / 2093	2:04:39 / 2066	2:40:04 / 2120	3:13:12 / 2110	3:50:56 / 2233	4:22:36 / 2355
2335	1143	ŻEBERKIEWICZ Dawid	PŁOCK	POL	OPEUS	76M30/806		(M)21550	04:38:15	04:35:46	06.32		
						0:35:45 / 2891	1:08:46 / 2913	1:42:49 / 2917	2:23:36 / 2792	3:00:44 / 2795	3:34:51 / 2734	4:05:16 / 2593	4:27:41 / 2462
2336	910	SZALAŃSKI Sławomir	TCZEW	POL		75M30/807		(M)21560	04:38:17	04:36:05	06.32		
						0:32:47 / 2428	1:02:39 / 2426	1:32:07 / 2386	2:11:01 / 2409	2:51:18 / 2537	3:26:14 / 2533	3:58:41 / 2450	4:24:34 / 2383
2337	2175	CIEPŁUCHA Marcin	SZCZECIN	POL		76M30/808		(M)21570	04:38:18	04:35:50	06.32		
						0:33:45 / 2616	1:03:01 / 2538	1:32:48 / 2483	2:09:40 / 2379	2:45:30 / 2365	3:20:17 / 2328	3:56:21 / 2391	4:23:45 / 2365
2338	1810	BONNIEC Florence	SAINT AUBIN DE CRETOT	FRA	LES CAUX-RUNNERS	65K40/45		(K)181	04:38:18	04:36:03	06.32		
						0:33:53 / 2633	1:03:56 / 2586	1:34:21 / 2536	2:12:13 / 2434	2:47:49 / 2432	3:20:29 / 2333	3:52:36 / 2273	4:21:23 / 2312
2339	2894	KUCŁO Janusz	GLIWICE	POL		65M40/609		(M)21580	04:38:21	04:37:24	06.34		
						0:29:04 / 1632	0:57:06 / 1743	1:26:03 / 1934	2:01:15 / 1888	2:37:36 / 2025	3:12:01 / 2077	3:47:50 / 2149	4:19:52 / 2278
2340	1155	HAICH Mikołaj	KRAKÓW	POL		87M20/382		(M)21590	04:38:26	04:36:09	06.32		
						0:32:47 / 2433	1:01:49 / 2345	1:30:22 / 2248	2:05:16 / 2086	2:40:10 / 2124	3:16:19 / 2223	3:52:38 / 2277	4:21:59 / 2335
2341	336	LIPCZYŃSKI Jerzy	KRAKÓW	POL		84M20/383		(M)21600	04:38:28	04:37:24	06.34		
						0:28:53 / 1588	0:56:47 / 1718	1:25:09 / 1728	2:02:42 / 1965	2:41:08 / 2166	3:19:11 / 2305	3:54:24 / 2334	4:22:37 / 2357
2342	3475	OLIWA Zbigniew	WROCLAW	POL		67M40/610		(M)21610	04:38:30	04:36:34	06.33		
						0:33:39 / 2600	1:04:14 / 2611	1:35:45 / 2584	2:14:30 / 2501	2:51:48 / 2553	3:24:58 / 2498	3:57:32 / 2419	4:22:37 / 2360
2343	2467	BOROWIECKI Łukasz	KRAKÓW	POL		89M20/384		(M)21620	04:38:31	04:35:39	06.31		
						0:35:13 / 2834	1:06:46 / 2820	1:38:12 / 2757	2:17:02 / 2653	2:52:25 / 2609	3:24:52 / 2494	3:56:43 / 2396	4:22:37 / 2359
2344	1732	BOROWSKI Ryszard	BRZEG	POL	UGKS ODRA BRZEG/DRUŻYNA SZPIKU	59M50/291		(M)21630	04:38:31	04:36:17	06.32		
						0:32:51 / 2461	1:02:43 / 2462	1:32:16 / 2429	2:08:51 / 2327	2:45:24 / 2363	3:19:39 / 2313	3:55:17 / 2360	4:22:37 / 2358
2345	1256	KAMINSKI Bartosz	NYSA	POL		79M30/809		(M)21640	04:38:33	04:35:54	06.32		
						0:35:18 / 2852	1:06:45 / 2811	1:38:09 / 2747	2:17:06 / 2655	2:53:23 / 2642	3:27:11 / 2562	4:00:08 / 2493	4:25:35 / 2405
2346	102	KOCINIAK Sylwester	WARSZAWA	POL		67M40/611		(M)21650	04:38:33	04:36:31	06.33		
						0:33:52 / 2630	1:05:20 / 2674	1:36:48 / 2636	2:15:20 / 2548	2:50:58 / 2529	3:23:15 / 2420	3:55:09 / 2356	4:25:35 / 2404
2347	1728	KUBAK Krzysztof	RYKI	POL	BIEGUSIEM.PL	73M30/810		(M)21660	04:38:34	04:37:10	06.34		
						0:33:28 / 2580	1:05:14 / 2670	1:36:49 / 2638	2:15:58 / 2564	2:52:03 / 2564	3:23:38 / 2438	3:55:33 / 2371	4:23:47 / 2368
2348	778	BOUANANI Khalil	CASABLANCA	MAR	CMCF	64M40/612		(M)21670	04:38:35	04:36:29	06.33		
						0:37:07 / 2982	1:10:11 / 2975	1:42:28 / 2897	2:20:46 / 2747	2:56:20 / 2714	3:28:17 / 2581	3:58:44 / 2453	4:23:47 / 2367
2349	1962	BILON Bogdan	SULECHÓW	POL	ZBROJOWNIA SULECHÓW	51M60/65		(M)21680	04:38:36	04:36:20	06.32		
						0:33:03 / 2525	1:02:48 / 2503	1:32:25 / 2450	2:09:21 / 2367	2:45:16 / 2360	3:19:57 / 2321	3:52:50 / 2291	4:22:19 / 2346
2350	2600	URBANIAK Krzysztof	PFATTATT	POL	ASPTT MULHOUSE TRIATHLON	80M30/811		(M)21690	04:38:39	04:36:18	06.32		
						0:33:10 / 2548	1:02:46 / 2486	1:31:44 / 2333	2:07:13 / 2178	2:41:11 / 2170	3:12:40 / 2101	3:48:27 / 2168	4:17:06 / 2210
2351	3410	WOCHNIK Beata	KATOWICE	POL		81K30/76		(K)182	04:38:39	04:37:09	06.34		
						0:31:18 / 2222	1:00:56 / 2269	1:31:40 / 2323	2:10:19 / 2396	2:48:56 / 2459	3:24:05 / 2466	3:58:18 / 2437	4:17:06 / 2211
2352	1142	ŁAWNICKI Robert	PŁOCK	POL		83M20/385		(M)21700	04:38:41	04:36:12	06.32		
						0:35:44 / 2889	1:08:45 / 2912	1:42:49 / 2918	2:23:36 / 2793	3:00:44 / 2796	3:34:50 / 2733	4:05:16 / 2592	4:27:41 / 2461
2353	1851	GROCHOWSKI Grzegorz	WARSZAWA	POL	BIEGAMY Z OCHOTA	61M50/292		(M)21710	04:38:47	04:35:58	06.32		
						0:35:33 / 2870	1:07:46 / 2881	1:40:28 / 2835	2:19:48 / 2733	2:55:52 / 2702	3:29:32 / 2609	4:01:31 / 2523	4:25:57 / 2418
2354	2501	WITKOWSKI Wojciech	SIEDLCE	POL	PSZS SIEDLCE	59M50/293		(M)21720	04:38:48	04:37:46	06.34		
						0:30:20 / 1979	0:59:40 / 2188	1:29:35 / 2208	2:06:27 / 2141	2:42:43 / 2271	3:20:11 / 2326	3:54:47 / 2353	4:25:57 / 2419
2355	1846	SZYMONSKI Marek	ŻYWIEC	POL		75M30/812		(M)21730	04:38:49	04:36:48	06.33		
						0:30:15 / 1940	0:56:38 / 1679	1:23:29 / 1582	1:56:29 / 1473	2:30:11 / 1580	3:01:20 / 1662	3:41:01 / 1957	4:20:29 / 2291
2356	2169	BIDACHA Magdalena	LUBLIN	POL		78K30/77		(K)183	04:38:49	04:37:02	06.33		
						0:34:44 / 2719	1:06:44 / 2805	1:38:25 / 2787	2:17:58 / 2690	2:53:48 / 2656	3:28:57 / 2588	4:00:32 / 2502	4:25:51 / 2415
2357	2811	JEZERSKI Jakub	WARSZAWA	POL		71M40/613		(M)21740	04:38:50	04:35:55	06.32		
						0:35:03 / 2793	1:06:48 / 2834	1:38:15 / 2769	2:17:37 / 2669	2:53:06 / 2640	3:26:41 / 2550	3:58:41 / 2449	4:25:45 / 2410
2358	732	KOROTVIČKA Pavel	KOŠICE	SVK	BK STEEL KOŠICE	76M30/813		(M)21750	04:38:52	04:38:23	06.35		
						0:28:52 / 1583	0:57:03 / 1733	1:26:15 / 1971	2:03:17 / 2001	2:40:00 / 2118	3:18:28 / 2281	3:52:39 / 2278	4:21:29 / 2323
2359	1479	KĘSEK Michał	DĘBICA	POL		87M20/386		(M)21760	04:38:53	04:37:19	06.34		
						0:30:22 / 1989	0:58:18 / 1995	1:25:54 / 1877	2:00:40 / 1830	2:33:50 / 1860	3:10:54 / 2012	3:49:58 / 2209	4:22:21 / 2348

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
2360	1228	WALKIEWICZ Darek	KIELCE	POL		73M30/814	(M)217704:38:54	04:37:18 06.34
0:30:18 / 1968 0:58:43 / 2108 1:27:27 / 2068 2:02:55 / 1973 2:41:22 / 2183 3:16:39 / 2238 3:52:52 / 2296 4:21:55 / 2332								
2361	1325	ZAWALSKI Paweł	ZABIERZÓW	POL	/ DELPHI POLAND S.A.	76M30/815	(M)217804:38:54	04:37:16 06.34
0:30:34 / 2075 0:59:05 / 2150 1:28:43 / 2169 2:05:09 / 2081 2:40:11 / 2125 3:12:23 / 2093 3:50:17 / 2218 4:22:36 / 2356								
2362	3330	MARCINKOWSKI Przemysław	GOSTYŃ	POL		75M30/816	(M)217904:38:59	04:38:19 06.35
0:27:17 / 1122 0:53:25 / 1151 1:19:25 / 1129 1:51:41 / 1105 2:22:54 / 1184 2:58:12 / 1482 3:41:34 / 1978 4:20:19 / 2287								
2363	542	HAŁUPKA Leszek	POZNAŃ	POL		77M30/817	(M)218004:38:59	04:37:46 06.34
0:28:20 / 1458 0:55:04 / 1456 1:22:21 / 1476 1:59:18 / 1647 2:37:53 / 2036 3:17:30 / 2261 3:54:08 / 2324 4:20:19 / 2285								
2364	1116	MADEJ Andrzej	KRAKÓW	POL	/ DYSTANS KRAKÓW	55M50/294	(M)218104:39:04	04:36:45 06.33
0:31:57 / 2307 1:01:14 / 2289 1:30:05 / 2236 3:16:26 / 3003 2:40:57 / 2160 3:17:30 / 2262 3:53:19 / 2307 4:20:19 / 2286								
2365	451	ŻYŁA Paweł	MOGILANY	POL	/ KKB DYSTANS	63M40/614	(M)218204:39:04	04:37:14 06.34
0:32:06 / 2333 1:02:21 / 2380 1:32:15 / 2424 2:09:16 / 2364 2:46:43 / 2404 3:21:34 / 2366 3:56:00 / 2383 4:24:51 / 2391								
2366	2478	JEZIORSKA Eliza	ZWIERZYNEC	POL		90K20/44	(K)184 04:39:04	04:36:29 06.33
0:35:06 / 2807 1:06:41 / 2777 1:38:19 / 2776 2:16:46 / 2620 2:52:18 / 2600 3:26:40 / 2546 4:00:29 / 2499 4:26:10 / 2424								
2367	2030	ROSSI Lorenzo	VICENZA	ITA		57M50/295	(M)218304:39:08	04:38:04 06.35
0:29:36 / 1752 0:57:54 / 1822 1:26:08 / 1955 2:02:34 / 1961 2:42:41 / 2268 3:21:30 / 2364 3:57:10 / 2408 4:25:36 / 2406								
2368	1439	DRAPACZ Sławomir	DĄBROWA GÓRNICZA	POL		57M50/296	(M)218404:39:08	04:36:40 06.33
0:33:41 / 2604 1:03:01 / 2540 1:32:34 / 2468 2:09:22 / 2368 2:44:52 / 2344 3:18:40 / 2290 3:52:36 / 2272 4:21:38 / 2326								
2369	1435	WOJDYŁO Tomasz	WROCŁAW	POL		73M30/818	(M)218504:39:08	04:38:21 06.35
0:27:37 / 1196 0:54:04 / 1254 1:20:28 / 1275 1:54:32 / 1358 2:32:21 / 1763 3:11:43 / 2055 3:54:09 / 2327 4:21:38 / 2325								
2370	721	ISZCZAK Kazimierz	SZCZECIN	POL		74M30/819	(M)218604:39:11	04:36:40 06.33
0:33:57 / 2644 1:04:43 / 2635 1:36:16 / 2607 2:15:09 / 2544 2:51:12 / 2531 3:25:09 / 2503 3:58:25 / 2443 4:24:54 / 2392								
2371	2468	BOROWIECKI Piotr	KRAKÓW	POL		64M40/615	(M)218704:39:14	04:36:23 06.33
0:36:24 / 2970 1:06:46 / 2825 1:38:12 / 2759 2:17:02 / 2654 2:52:26 / 2611 3:25:26 / 2508 3:58:07 / 2433 4:24:57 / 2393								
2372	3249	SZLACHTA Grzegorz	MICHAŁOWICE	POL		76M30/820	(M)218804:39:15	04:38:05 06.35
0:28:49 / 1575 0:56:04 / 1597 1:24:17 / 1658 2:01:14 / 1885 2:42:00 / 2224 3:20:47 / 2345 3:57:32 / 2418 4:24:25 / 2379								
2373	2449	ANDRZEJEWSKI Dariusz	WODZISŁAW ŚLĄSKI	POL		74M30/821	(M)218904:39:18	04:38:21 06.35
0:29:26 / 1720 0:56:50 / 1723 1:25:33 / 1777 2:02:28 / 1953 2:38:32 / 2057 3:13:42 / 2133 3:51:22 / 2250 4:22:32 / 2354								
2374	3089	PODESZWIĄK Adam	SUCHEDNIÓW	POL	/ KRUK SUCHEDNIÓW	81M30/822	(M)219004:39:19	04:36:21 06.32
0:35:26 / 2863 1:06:19 / 2723 1:37:04 / 2651 2:14:26 / 2497 2:50:36 / 2515 3:24:32 / 2480 3:58:09 / 2436 4:24:12 / 2374								
2375	2837	JAREMA Marek	KRAKÓW	POL	/ NIE DOTYCZY	69M40/616	(M)219104:39:19	04:37:02 06.33
0:32:27 / 2373 1:01:20 / 2299 1:30:56 / 2272 2:06:35 / 2148 2:40:57 / 2159 3:15:08 / 2190 3:51:45 / 2257 4:23:39 / 2363								
2376	3402	TELEJKO Michał	WARSZAWA	POL		91M20/387	(M)219204:39:22	04:37:44 06.34
0:32:27 / 2374 0:58:31 / 2050 1:28:10 / 2123 2:06:38 / 2151 2:44:10 / 2326 3:22:04 / 2381 3:55:49 / 2377 4:24:06 / 2369								
2377	2594	JANKOWSKI Paweł	ŁĘBORK	POL	/ CWTD MW WEJHEROWO	84M20/388	(M)219304:39:22	04:36:40 06.33
0:34:43 / 2718 1:05:58 / 2709 1:37:44 / 2695 2:16:39 / 2591 2:52:13 / 2587 3:25:57 / 2525 4:00:07 / 2492 4:27:18 / 2451								
2378	814	ŁOJKO Michał	DRZONKÓW	POL	/ RAJTAROWIANKA DRZONKÓW	87M20/389	(M)219404:39:25	04:38:02 06.35
0:28:03 / 1370 0:54:17 / 1361 1:21:24 / 1395 1:55:59 / 1453 2:31:35 / 1658 3:05:14 / 1834 3:49:01 / 2183 4:23:44 / 2364								
2379	2584	WÓJCIK Agnieszka	WARSZAWA	POL		74K30/78	(K)185 04:39:26	04:37:40 06.34
0:34:44 / 2721 1:06:43 / 2794 1:38:25 / 2786 2:17:58 / 2689 2:53:48 / 2655 3:28:57 / 2589 4:00:33 / 2503 4:25:51 / 2414								
2380	715	SALAMI Eliza	KRAKÓW	POL		87K20/45	(K)186 04:39:27	04:37:31 06.34
0:31:51 / 2299 1:01:20 / 2300 1:31:18 / 2305 2:08:36 / 2308 2:46:18 / 2392 3:22:39 / 2403 3:56:54 / 2402 4:24:24 / 2377								
2381	2764	ZIZI Hind	CASABLANCA	MAR	/ CMCF	74K30/79	(K)187 04:39:30	04:37:22 06.34
0:35:05 / 2802 1:06:49 / 2835 1:38:09 / 2745 2:16:42 / 2596 2:53:25 / 2645 3:27:04 / 2558 3:58:48 / 2454 4:24:26 / 2380								
2382	2763	ZIZI Chakib	CASABLANCA	MAR	/ CMCF	60M50/297	(M)219504:39:30	04:37:24 06.34
0:35:11 / 2825 1:06:46 / 2822 1:38:09 / 2744 2:16:52 / 2633 2:53:44 / 2651 3:27:53 / 2576 3:59:46 / 2480 4:24:30 / 2382								
2383	941	LECHOWICZ Jerzy	KRAPKOWICE	POL	/ CEM-BUD GÓRAŻDŻE	50M60/66	(M)219604:39:30	04:37:01 06.33
0:34:51 / 2740 1:05:57 / 2708 1:37:15 / 2661 2:15:46 / 2553 2:52:11 / 2580 3:23:46 / 2451 3:54:06 / 2323 4:22:15 / 2341								
2384	80	TYBUSZEWSKI Janusz	TORUŃ	POL	/ TS OPATRUNKI TORUŃ	57M50/298	(M)219704:39:44	04:39:04 06.36
0:27:02 / 1073 0:55:13 / 1486 1:24:34 / 1691 2:04:16 / 2042 2:44:27 / 2333 3:22:33 / 2400 3:59:33 / 2475 4:27:32 / 2458								
2385	60	HANDZIAK Tomasz	LUBACZÓW	POL		82M30/823	(M)219804:39:45	04:37:30 06.34
0:33:58 / 2645 1:05:02 / 2656 1:37:21 / 2670 2:17:02 / 2652 2:52:52 / 2628 3:26:33 / 2543 3:58:50 / 2455 4:25:14 / 2398								
2386	1820	KANIEWSKA Agnieszka	POZNAŃ	POL	/ DRUŻYNA MOCARZY	79K30/80	(K)188 04:39:48	04:38:31 06.36
0:29:36 / 1753 0:57:31 / 1788 1:26:15 / 1970 2:03:18 / 2005 2:40:01 / 2119 3:16:43 / 2241 3:52:39 / 2279 4:21:55 / 2334								
2387	115	ZATAJ Igor	POZNAŃ	POL	/ KB MANIAC POZNAŃ	80M30/824	(M)219904:39:49	04:38:16 06.35
0:30:10 / 1894 0:58:13 / 1969 1:26:06 / 1947 2:00:44 / 1843 2:39:30 / 2095 3:16:44 / 2242 3:52:39 / 2280 4:21:55 / 2333								
2388	1131	ŁABĘDZKI Andrzej	ŻERNICA	POL	/ JW 4115 GLIWICE	81M30/825	(M)220004:39:54	04:37:37 06.34
0:31:33 / 2256 0:59:38 / 2185 1:27:44 / 2090 2:02:02 / 1937 2:35:25 / 1930 3:05:19 / 1835 3:44:16 / 2042 4:21:26 / 2316								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
2389	1981	LASKOWSKI Jerzy	GDAŃSK	POL		62M50/299	(M)220104:39:56	04:37:52 06.35
0:31:05 / 2199 0:58:51 / 2125 1:27:12 / 2055 2:04:00 / 2038 2:41:15 / 2174 3:18:34 / 2287 3:55:25 / 2366 4:25:34 / 2403								
2390	114	KORCZEK Tomasz	KRAKÓW	POL	/ ŁUCJA I WIKTOR KORCZEK	75M30/826	(M)220204:39:59	04:39:02 06.36
0:29:31 / 1733 0:58:29 / 2039 1:28:36 / 2162 2:08:09 / 2238 2:47:12 / 2421 3:22:12 / 2383 3:57:31 / 2417 4:26:39 / 2439								
2391	2615	RUTKOWSKI Marcin	WĘGRZCE WIELKIE	POL		66M40/617	(M)220304:39:59	04:37:44 06.34
0:31:19 / 2226 0:59:41 / 2190 1:29:31 / 2205 2:07:41 / 2204 2:45:40 / 2371 3:22:36 / 2401 3:57:01 / 2407 4:24:48 / 2389								
2392	2606	ROMAŃSKA Marta	WĘGRZCE	POL		70K40/46	(K)189 04:40:01	04:38:32 06.36
0:30:31 / 2053 0:58:08 / 1915 1:28:12 / 2126 2:05:43 / 2108 2:42:09 / 2252 3:21:46 / 2376 3:56:21 / 2392 4:24:42 / 2387								
2393	872	PIOTROWSKI Mirosław	KIETRZ	POL	/ KS GRYF KIETRZ	66M40/618	(M)220404:40:01	04:38:49 06.36
0:28:47 / 1563 0:56:10 / 1611 1:23:43 / 1601 1:59:45 / 1689 2:40:16 / 2132 3:17:14 / 2254 3:54:43 / 2347 4:24:42 / 2386								
2394	2780	STEPANIAK Marta	BYTOM	POL		90K20/46	(K)190 04:40:02	04:37:44 06.34
0:30:59 / 2188 0:59:49 / 2197 1:29:57 / 2227 2:07:59 / 2230 2:45:37 / 2369 3:25:33 / 2514 4:01:03 / 2511 4:26:35 / 2437								
2395	2058	KOPEĆ Waldemar	BELCHÓW	POL	/ 3 RBLOG KRAKÓW	70M40/619	(M)220504:40:03	04:38:39 06.36
0:29:24 / 1708 0:57:14 / 1756 1:25:46 / 1807 1:59:45 / 1690 2:30:54 / 1611 3:01:45 / 1675 3:45:47 / 2087 4:22:06 / 2339								
2396	1610	POGON Tomasz	BOCHNIA	POL		86M20/390	(M)220604:40:03	04:38:39 06.36
0:30:36 / 2085 0:58:57 / 2140 1:27:52 / 2100 2:05:21 / 2092 2:44:29 / 2335 3:19:53 / 2319 3:55:34 / 2372 4:24:19 / 2376								
2397	2822	DRWAL Tomasz	KRAKOW	POL	/ CHANGE GYM	82M30/827	(M)220704:40:09	04:37:40 06.34
0:30:36 / 2086 1:04:36 / 2628 1:36:02 / 2592 2:12:29 / 2441 2:50:49 / 2523 3:24:11 / 2471 3:57:30 / 2415 4:25:39 / 2407								
2398	1124	KURATA Hiroshi	WARSAW	POL		74M30/828	(M)220804:40:11	04:38:49 06.36
0:30:30 / 2045 0:58:47 / 2115 1:27:08 / 2050 2:02:13 / 1944 2:40:45 / 2147 3:21:03 / 2351 3:58:25 / 2442 4:26:08 / 2422								
2399	1536	MICHALAK Dawid	SOLINA	POL	/ STRAŻ GRANICZNA	78M30/829	(M)220904:40:12	04:38:06 06.35
0:32:28 / 2375 1:02:28 / 2388 1:31:50 / 2343 2:09:54 / 2385 2:44:39 / 2340 3:20:44 / 2343 3:58:56 / 2457 4:26:18 / 2427								
2400	537	JAWOR Maciej	NOWY SĄCZ	POL	/ NIEZRZESZONY	75M30/830	(M)221004:40:15	04:38:01 06.35
0:32:29 / 2381 1:01:27 / 2311 1:30:54 / 2266 2:06:52 / 2167 2:43:59 / 2322 3:19:46 / 2317 3:56:02 / 2384 4:24:25 / 2378								
2401	1429	DOBRYŃSKI Feliks	WARSZAWA	POL		67M40/620	(M)221104:40:15	04:37:55 06.35
0:33:01 / 2522 1:02:40 / 2434 1:31:50 / 2345 2:07:49 / 2218 2:45:51 / 2381 3:22:30 / 2390 3:57:27 / 2413 4:24:42 / 2385								
2402	867	DRABIK Marcin	WROCLAW	POL	/ WKB PIAST WROCLAW	71M40/621	(M)221204:40:18	04:38:51 06.36
0:28:54 / 1590 0:56:06 / 1600 1:24:45 / 1709 2:02:55 / 1976 2:40:41 / 2143 3:19:15 / 2307 3:55:11 / 2357 4:25:21 / 2401								
2403	187	MAKOWSKI Sławomir	LUBLIN	POL		61M50/300	(M)221304:40:21	04:38:09 06.35
0:33:06 / 2534 1:02:43 / 2467 1:32:16 / 2428 2:08:36 / 2307 2:44:41 / 2343 3:22:03 / 2380 3:58:21 / 2440 4:27:24 / 2453								
2404	2090	JASIEŃKÓW Paweł	KRAKÓW	POL		67M40/622	(M)221404:40:24	04:38:25 06.35
0:30:33 / 2063 0:58:29 / 2038 1:26:35 / 1998 2:01:41 / 1919 2:35:36 / 1937 3:10:23 / 1986 3:48:27 / 2169 4:21:06 / 2308								
2405	1293	FRYŻLEWICZ Barbara	LUDŹMERZ	POL		82K30/81	(K)191 04:40:25	04:39:05 06.36
0:29:35 / 1748 0:58:07 / 1903 1:28:14 / 2128 2:08:08 / 2237 2:44:38 / 2338 3:22:40 / 2405 3:57:59 / 2429 4:25:52 / 2416								
2406	3429	PIROLA Jean luc		FRA		60M50/301	(M)221504:40:32	04:39:10 06.36
0:29:35 / 1750 1:01:40 / 2325 1:31:31 / 2314 2:08:12 / 2241 2:42:07 / 2250 3:16:07 / 2215 3:52:13 / 2265 4:25:52 / 2417								
2407	2210	BALUK Iwona	CHELM	POL	/ BOREK-CHELM	63K40/47	(K)192 04:40:33	04:39:45 06.37
0:29:35 / 1749 0:55:21 / 1501 1:24:28 / 1673 2:01:26 / 1903 2:38:24 / 2054 3:15:13 / 2191 3:53:55 / 2322 4:25:39 / 2408								
2408	566	MICHALSKA Agnieszka	ŚWINOUJŚCIE	POL	/ SKEJT	62K50/15	(K)193 04:40:34	04:39:38 06.37
0:28:31 / 1497 0:57:03 / 1732 1:27:50 / 2094 2:08:01 / 2231 2:47:01 / 2416 3:22:12 / 2384 3:56:57 / 2404 4:25:15 / 2399								
2409	2362	ADAMCZYK Piotr	ŚWINOUJŚCIE	POL	/ ZHP ŚWINOUJŚCIE	77M30/831	(M)221604:40:35	04:38:21 06.35
0:32:54 / 2486 1:02:40 / 2436 1:32:11 / 2412 2:09:11 / 2353 2:45:41 / 2372 3:20:45 / 2344 3:56:57 / 2405 4:25:16 / 2400								
2410	1033	WAWRZYŃIAK Kazimierz	SIEMIANICE	POL	/ -	63M40/623	(M)221704:40:39	04:39:38 06.37
0:31:51 / 2303 1:02:02 / 2363 1:32:42 / 2477 2:11:17 / 2418 2:50:02 / 2495 3:26:12 / 2531 3:55:56 / 2381 4:24:58 / 2394								
2411	3245	ZARĘBA Jolanta	RZESZÓW	POL	/ RZESZOWSKIE GAZELE I GEPARDY	65K40/48	(K)194 04:40:39	04:37:58 06.35
0:34:53 / 2748 1:05:40 / 2688 1:37:09 / 2655 2:16:52 / 2632 2:52:59 / 2633 3:26:11 / 2530 3:59:33 / 2474 4:26:21 / 2429								
2412	2757	MAMMAD Omar	CASABLANCA	MAR	/ CMCF	73M30/832	(M)221804:40:42	04:39:25 06.37
0:28:07 / 1391 0:55:14 / 1488 1:21:32 / 1410 1:58:29 / 1594 2:34:08 / 1878 3:09:39 / 1960 3:48:44 / 2175 4:25:41 / 2409								
2413	3259	DWORAK Norbert	KRAKÓW	POL		80M30/833	(M)221904:40:43	04:38:10 06.35
0:28:07 / 1392 1:06:41 / 2767 1:38:05 / 2723 3:23:47 / 3007 2:52:11 / 2579 3:09:39 / 1961 3:54:44 / 2349 4:24:12 / 2373								
2414	506	PIETRZAK Kacper	SZWECJA	POL		93M20/391	(M)222004:40:44	04:38:07 06.35
0:32:59 / 2515 1:01:42 / 2332 1:31:16 / 2296 2:06:31 / 2145 2:40:15 / 2130 3:13:07 / 2109 3:54:40 / 2346 4:23:36 / 2362								
2415	2450	PLEWA Alicja	WROCLAW	POL		82K30/82	(K)195 04:40:45	04:38:09 06.35
0:34:49 / 2737 1:06:25 / 2729 1:37:57 / 2703 2:16:42 / 2598 2:52:24 / 2608 3:25:37 / 2516 3:58:59 / 2462 4:26:58 / 2444								
2416	1579	WINCZURA Piotr	WROCLAW	POL		74M30/834	(M)222104:40:48	04:38:53 06.36
0:30:51 / 2163 0:58:58 / 2143 1:27:51 / 2096 2:04:35 / 2061 2:41:18 / 2179 3:19:00 / 2297 3:55:32 / 2370 4:24:37 / 2384								
2417	1516	CICHON Tomasz	WARSZAWA	POL		63M40/624	(M)222204:40:51	04:38:38 06.36
0:32:27 / 2372 1:01:12 / 2284 1:30:33 / 2252 2:07:47 / 2214 2:46:18 / 2391 3:21:58 / 2378 3:57:31 / 2416 4:26:26 / 2433								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
2418	1743	NAPIERAŁSKI Jędrzej	POZNAŃ	POL		89M20/392	(M)222304:40:51	04:38:16 06.35
0:34:56 / 2754 1:06:33 / 2744 1:37:40 / 2690 2:15:52 / 2556 2:52:03 / 2565 3:26:20 / 2536 4:02:55 / 2538 4:27:48 / 2466								
2419	2477	KLISZKA Artur	KRAKÓW	POL		75M30/835	(M)222404:40:57	04:39:20 06.37
0:30:40 / 2112 0:58:18 / 1993 1:26:20 / 1980 2:04:54 / 2073 2:45:23 / 2362 3:22:46 / 2411 3:58:31 / 2445 4:26:11 / 2426								
2420	1933	LEGUTKO Piotr	KRAKÓW	POL		79M30/836	(M)222504:40:58	04:39:02 06.36
0:30:43 / 2124 0:58:21 / 2004 1:26:32 / 1995 2:02:28 / 1955 2:40:23 / 2135 3:19:09 / 2303 3:54:45 / 2350 4:24:27 / 2381								
2421	685	STASZEWSKI Łukasz	ORNONTOWICE	POL		76M30/837	(M)222604:41:00	04:38:46 06.36
0:32:53 / 2479 1:02:42 / 2455 1:32:21 / 2443 2:08:49 / 2321 2:44:27 / 2334 3:20:30 / 2335 3:56:49 / 2399 4:26:21 / 2430								
2422	1030	WALEWACZ Grzegorz	OSTROŁĘKA	POL		83M20/393	(M)222704:41:09	04:39:58 06.38
0:30:07 / 1878 0:58:43 / 2107 1:28:12 / 2125 2:08:48 / 2319 2:50:39 / 2516 3:27:20 / 2566 4:01:26 / 2518 4:27:26 / 2455								
2423	3229	BARYŁA Bartłomiej	ZABIERZÓW	POL / BRAK		81M30/838	(M)222804:41:11	04:39:39 06.37
0:29:39 / 1766 0:57:07 / 1745 1:25:34 / 1778 2:00:26 / 1761 2:37:25 / 2008 3:14:41 / 2170 3:52:58 / 2301 4:27:26 / 2456								
2424	3261	PEĆKIEWICZ ŚWIERCZEK	KRAKÓW	POL		75K30/83	(K)196 04:41:13	04:40:38 06.39
0:29:24 / 1711 0:58:34 / 2069 1:28:18 / 2136 2:06:48 / 2164 2:47:03 / 2417 3:22:13 / 2385 3:56:25 / 2393 4:25:21 / 2402								
2425	2223	GRUSZKA Kamila	NIEPOŁOMICE	POL		76K30/84	(K)197 04:41:17	04:38:34 06.36
0:35:14 / 2842 1:06:43 / 2795 1:38:03 / 2710 2:17:23 / 2662 2:52:48 / 2622 3:26:26 / 2542 3:58:33 / 2446 4:25:47 / 2413								
2426	1625	KROPIWNICKI Tomasz	KRAKÓW	POL / BRAK		75M30/839	(M)222904:41:21	04:38:53 06.36
0:33:52 / 2628 1:04:14 / 2612 1:35:22 / 2560 2:12:58 / 2449 2:48:41 / 2453 3:22:32 / 2398 3:56:21 / 2390 4:25:47 / 2412								
2427	66	TUSZNIO Grzegorz	KLUCZE	POL		90M20/394	(M)223004:41:30	04:39:42 06.37
0:31:51 / 2302 1:01:44 / 2335 1:32:03 / 2359 2:12:25 / 2438 2:52:22 / 2606 3:27:14 / 2564 4:00:31 / 2501 4:26:54 / 2442								
2428	1069	SZYMAŃSKI Paweł	WARSZAWA	POL / AZS AON WARSZAWA		85M20/395	(M)223104:41:32	04:40:58 06.39
0:26:39 / 1009 0:52:44 / 1071 1:18:55 / 1100 1:50:10 / 1022 2:19:31 / 1011 2:47:15 / 979 3:25:56 / 1419 4:13:20 / 2082								
2429	2812	FIECEK Paweł	KRAKÓW	POL		82M30/840	(M)223204:41:32	04:38:48 06.36
0:33:43 / 2611 1:04:06 / 2604 1:34:46 / 2546 2:13:05 / 2457 2:49:29 / 2474 3:23:35 / 2437 3:57:39 / 2423 4:26:42 / 2441								
2430	1934	RUCHLEWICZ Milan	MYŚLENICE	POL		66M40/625	(M)223304:41:36	04:39:03 06.36
0:33:50 / 2625 1:03:45 / 2576 1:34:40 / 2543 2:13:02 / 2454 2:49:39 / 2476 3:23:51 / 2464 3:56:15 / 2388 4:24:44 / 2388								
2431	3386	PILIPENKO Viktor	CZERNICHÓW	UKR / ATLAS V-2		59M50/302	(M)223404:41:44	04:40:53 06.39
0:27:56 / 1321 0:55:04 / 1457 1:23:32 / 1588 1:59:05 / 1629 2:32:11 / 1713 3:04:37 / 1814 3:45:09 / 2066 4:21:26 / 2317								
2432	2455	ZABOROWSKI Grzegorz	WARSZAWA	POL		83M20/396	(M)223504:41:46	04:40:16 06.38
0:27:42 / 1240 0:54:12 / 1330 1:21:45 / 1426 1:59:29 / 1667 2:39:44 / 2103 3:19:22 / 2310 3:56:49 / 2400 4:26:02 / 2420								
2433	1014	KOŁODZIEJ Tadeusz	WROCLAW	POL		78M30/841	(M)223604:42:01	04:40:40 06.39
0:25:42 / 874 0:52:30 / 1047 1:21:20 / 1388 1:58:26 / 1590 2:37:24 / 2007 3:14:41 / 2172 3:51:37 / 2254 4:24:17 / 2375								
2434	2438	BAK Piotr	WIELICZKA	POL		69M40/626	(M)223704:42:01	04:40:56 06.39
0:30:13 / 1918 0:58:37 / 2088 1:27:52 / 2099 2:06:11 / 2130 2:45:03 / 2351 3:21:40 / 2370 3:58:36 / 2447 4:26:28 / 2435								
2435	2994	SKARPETOWSKI Paweł	SADOWNE	POL		84M20/397	(M)223804:42:03	04:40:36 06.39
0:28:25 / 1475 0:54:47 / 1426 1:21:18 / 1385 1:54:02 / 1340 2:26:30 / 1404 2:59:01 / 1518 3:35:26 / 1779 4:18:34 / 2239								
2436	2199	BĘTKOWSKI Tomasz	KRAKÓW	POL / UKS GIMNAZJON WIELICZKA		82M30/842	(M)223904:42:12	04:40:28 06.38
0:32:04 / 2327 1:01:23 / 2306 1:30:43 / 2259 2:07:33 / 2201 2:43:24 / 2291 3:18:30 / 2284 3:54:32 / 2341 4:25:05 / 2397								
2437	555	DONIEC Gulssek	KRAKOW	POL		72K40/49	(K)198 04:42:14	04:39:54 06.38
0:33:20 / 2564 1:03:01 / 2537 1:32:33 / 2466 2:09:43 / 2383 2:46:48 / 2410 3:22:29 / 2389 3:57:59 / 2431 4:26:59 / 2445								
2438	334	KĘSEK Mateusz	DĘBICA	POL / MARATOŃCZYK DĘBICA		85M20/398	(M)224004:42:16	04:40:07 06.38
0:33:20 / 2563 1:02:40 / 2430 1:32:08 / 2392 2:08:26 / 2281 2:42:05 / 2242 3:17:12 / 2252 4:00:03 / 2487 4:27:12 / 2450								
2439	112	WŁODARCZYK Grzegorz	MALBORK	POL / BRAK		67M40/627	(M)224104:42:18	04:39:59 06.38
0:33:23 / 2574 1:04:09 / 2606 1:36:02 / 2591 2:15:14 / 2546 2:52:24 / 2607 3:26:39 / 2545 4:00:03 / 2488 4:27:11 / 2448								
2440	56	GALAŻKA Mateusz	KRAKÓW	POL		89M20/399	(M)224204:42:23	04:40:11 06.38
0:32:49 / 2444 1:02:37 / 2405 1:32:04 / 2367 2:08:25 / 2272 2:48:06 / 2439 3:26:45 / 2552 4:05:21 / 2595 4:30:07 / 2508								
2441	2673	DRAPICH Agnieszka	KRAKÓW	POL		82K30/85	(K)199 04:42:26	04:39:31 06.37
0:35:55 / 2907 1:08:41 / 2906 1:41:47 / 2858 2:23:38 / 2796 3:01:02 / 2806 3:34:08 / 2708 4:05:23 / 2596 4:30:15 / 2516								
2442	3463	OLCHAWA Joanna	KRAKÓW	POL / NIEZRZESZONY		75K30/86	(K)200 04:42:31	04:40:15 06.38
0:31:51 / 2301 0:59:11 / 2156 1:28:49 / 2172 2:07:19 / 2186 2:49:38 / 2475 3:25:46 / 2521 4:01:45 / 2524 4:28:32 / 2478								
2443	2410	KŁAPTOCZ Marek	CZECHOWICE-DZIEDZICE	POL		89M20/400	(M)224304:42:32	04:40:43 06.39
0:30:27 / 2022 0:58:01 / 1846 1:25:24 / 1762 1:59:23 / 1658 2:32:22 / 1764 3:13:48 / 2139 3:55:52 / 2378 4:28:19 / 2474								
2444	1127	KANIA Wiesław	KRAKÓW	POL		71M40/628	(M)224404:42:34	04:40:35 06.38
0:29:32 / 1738 0:57:38 / 1800 1:28:07 / 2119 2:05:42 / 2106 2:43:56 / 2317 3:22:03 / 2379 4:04:50 / 2578 4:29:49 / 2503								
2445	3271	ULRICH Gerhard	HAMBURG	GER / TV 05 WETTER		62M50/303	(M)224504:42:36	04:39:54 06.38
0:35:39 / 2881 1:07:08 / 2852 1:38:04 / 2715 2:16:58 / 2645 2:53:55 / 2660 3:27:38 / 2571 4:01:16 / 2516 4:27:33 / 2459								
2446	947	MADEJ Mirosław	KRAKÓW	POL / STREIF		64M40/629	(M)224604:42:41	04:41:14 06.39
0:35:39 / 2880 0:58:02 / 1854 1:27:34 / 2077 2:10:01 / 2389 2:49:46 / 2479 3:27:25 / 2568 4:03:08 / 2543 4:29:14 / 2487								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:									
2447	1659	ZUBER Marek	KRAKÓW	POL	/ NIEZRZESZONY	75M30/843	(M)224704:	04:42:42	04:40:13 06.38
		0:33:56 / 2640	1:02:47 / 2495	1:32:30 / 2459	2:08:19 / 2244	2:43:42 / 2300	3:21:57 / 2377	3:58:29 / 2444	4:26:11 / 2425
2448	3442	MASŁOWSKI Jarosław	WARSZAWA	POL		60M50/304	(M)224804:	04:42:45	04:41:08 06.39
		0:30:14 / 1935	0:58:16 / 1988	1:26:29 / 1994	2:03:37 / 2024	2:43:20 / 2290	3:19:20 / 2309	3:56:37 / 2395	4:26:39 / 2438
2449	151	ZIOMKO Marcin	WROCLAW	POL	/ SEKCJA WODNA WROCLAW	75M30/844	(M)224904:	04:42:45	04:41:05 06.39
		0:30:14 / 1934	1:03:15 / 2558	1:34:42 / 2545	2:13:11 / 2460	2:49:27 / 2470	3:24:29 / 2478	3:59:56 / 2485	4:27:51 / 2467
2450	1365	DRZEWIECKI Maciej	KRAKÓW	POL		79M30/845	(M)225004:	04:42:45	04:39:54 06.38
		0:36:28 / 2973	1:09:23 / 2960	1:42:45 / 2916	2:23:28 / 2788	3:01:01 / 2804	3:33:48 / 2694	4:04:52 / 2581	4:29:23 / 2491
2451	2092	PIĘTA Paweł	KRAKÓW	POL	/ -	60M50/305	(M)225104:	04:42:46	04:41:55 06.40
		0:27:57 / 1337	0:54:40 / 1409	1:21:29 / 1407	1:55:52 / 1445	2:34:44 / 1898	3:16:14 / 2220	3:57:48 / 2426	4:28:46 / 2482
2452	1470	WNUK Krzysztof	NOWA SÓL	POL	/ SOS DLA AFRYKI	63M40/630	(M)225204:	04:42:47	04:40:37 06.39
		0:32:50 / 2455	1:02:46 / 2488	1:32:26 / 2453	2:08:51 / 2326	2:43:54 / 2315	3:18:52 / 2294	3:56:06 / 2385	4:27:04 / 2447
2453	1696	SZPERKOWSKI Krzysztof	DOBRCZ	POL		72M40/631	(M)225304:	04:42:50	04:42:09 06.41
		0:27:43 / 1255	0:54:22 / 1384	1:22:36 / 1504	1:58:42 / 1607	2:38:46 / 2070	3:17:22 / 2257	3:57:21 / 2412	4:26:41 / 2440
2454	1319	GIDZINSKI Krzysztof	LIBERTÓW	POL		59M50/306	(M)225404:	04:42:52	04:41:16 06.39
		0:30:23 / 1995	0:58:09 / 1938	1:26:32 / 1996	2:03:18 / 2006	2:40:40 / 2142	3:21:44 / 2375	4:02:27 / 2531	4:27:37 / 2460
2455	3424	GÓRAL Damian	SOSNOWIEC	POL		76M30/846	(M)225504:	04:42:53	04:41:44 06.40
		0:29:12 / 1669	0:56:27 / 1653	1:23:58 / 1640	1:57:05 / 1502	2:30:15 / 1583	3:19:13 / 2306	3:59:08 / 2469	4:29:42 / 2499
2456	3383	WARZECHA Tomasz	KATOWICE	POL		86M20/401	(M)225604:	04:42:54	04:40:48 06.39
		0:31:08 / 2204	0:59:28 / 2169	1:28:32 / 2154	2:05:14 / 2085	2:41:12 / 2171	3:20:07 / 2324	3:55:47 / 2374	4:27:52 / 2468
2457	1670	PIASECKI Maciej	PIASECZNO	POL		76M30/847	(M)225704:	04:42:54	04:40:20 06.38
		0:34:06 / 2661	1:04:04 / 2596	1:35:34 / 2574	2:14:15 / 2486	2:52:06 / 2566	3:28:09 / 2580	4:03:23 / 2548	4:30:12 / 2513
2458	234	KARAMUCKI Jacek	POLKOWICE	POL	/ DRUŻYNA SZPIKU	76M30/848	(M)225804:	04:42:55	04:40:07 06.38
		0:32:55 / 2490	1:02:06 / 2368	1:31:07 / 2283	2:07:20 / 2187	2:46:46 / 2409	3:27:51 / 2574	4:03:09 / 2545	4:28:16 / 2473
2459	744	NOWICKI Krzysztof	GRACZE	POL	/ BIEGACZE MONARU GRACZE	85M20/402	(M)225904:	04:42:59	04:40:07 06.38
		0:35:21 / 2856	1:06:46 / 2821	1:38:15 / 2768	2:16:55 / 2639	2:52:49 / 2623	3:26:41 / 2549	3:59:43 / 2478	4:27:45 / 2463
2460	742	JOP Piotr	GRACZE	POL	/ BIEGACZE MONARU GRACZE	85M20/403	(M)226004:	04:42:59	04:40:09 06.38
		0:35:23 / 2859	1:06:46 / 2819	1:38:14 / 2764	2:16:54 / 2637	2:52:50 / 2624	3:26:41 / 2548	3:59:43 / 2479	4:27:46 / 2464
2461	1463	VAJDULIAK Juraj	TVRDOŠÍN	SVK	/ OB TVRDOŠÍN	61M50/307	(M)226104:	04:43:00	04:42:37 06.41
		0:25:33 / 839	0:52:01 / 1017	1:21:04 / 1370	1:59:39 / 1682	2:39:25 / 2088	3:17:33 / 2264	3:53:30 / 2310	4:25:00 / 2395
2462	1681	LUŚCINSKI Konrad	KIELCE	POL		64M40/632	(M)226204:	04:43:00	04:40:40 06.39
		0:31:45 / 2289	1:00:14 / 2224	1:29:32 / 2207	2:08:33 / 2303	2:49:18 / 2468	3:24:59 / 2499	3:59:48 / 2481	4:27:47 / 2465
2463	580	POPIOŁEK Maciej	KRAKÓW	POL	/ NIEZRZESZONY	89M20/404	(M)226304:	04:43:05	04:41:54 06.40
		0:32:53 / 2474	1:04:00 / 2590	1:36:11 / 2599	2:16:39 / 2592	2:54:53 / 2675	3:30:57 / 2631	4:04:41 / 2570	4:31:28 / 2548
2464	1204	RUSSO Giovanni	PALERMO	ITA		59M50/308	(M)226404:	04:43:06	04:42:37 06.41
		0:27:40 / 1221	0:58:05 / 1875	1:31:11 / 2285	2:20:11 / 2741	2:54:53 / 2676	3:28:43 / 1499	4:04:41 / 2571	4:31:28 / 2549
2465	2831	WEGNER Jacek	RYBNIK	POL	/ SBD ENERGETYK RYBNIK	75M30/849	Niep/12 (M)226504:	04:43:07	04:42:01 06.41
		0:27:40 / 1222	0:54:10 / 1319	1:20:36 / 1325	1:53:57 / 1331	2:32:25 / 1778	3:11:16 / 2025	3:51:44 / 2256	4:26:19 / 2428
2466	3008	SZCZEŚNIAK Artur	MIKOŁÓW	POL	/ FACCIAMO JOGGING	68M40/633	(M)226604:	04:43:07	04:41:36 06.40
		0:30:23 / 1996	0:59:05 / 2151	1:28:24 / 2143	2:05:40 / 2104	2:46:17 / 2390	3:26:25 / 2540	4:01:09 / 2514	4:30:09 / 2512
2467	2649	FIEDORCZYK Janusz	ELK	POL	/ MARATONKA GRAJEWO	57M50/309	(M)226704:	04:43:08	04:40:49 06.39
		0:33:33 / 2586	1:04:44 / 2639	1:38:15 / 2771	2:18:13 / 2695	2:54:55 / 2679	3:28:59 / 2590	4:02:11 / 2528	4:28:43 / 2480
2468	2365	GAJDA Urszula	OPOLE	POL	/ BIEG OPOLSKI	72K40/50	(K)201 (M)226804:	04:43:10	04:40:54 06.39
		0:34:23 / 2693	1:06:17 / 2719	1:38:10 / 2751	2:17:42 / 2675	2:55:56 / 2704	3:30:38 / 2622	4:04:08 / 2562	4:29:25 / 2493
2469	2065	TARANIEK Krzysztof	WARSZAWA	POL		79M30/850	(M)226804:	04:43:13	04:41:37 06.40
		0:29:51 / 1804	0:57:29 / 1781	1:25:23 / 1758	2:00:28 / 1766	2:40:44 / 2145	3:18:09 / 2273	3:56:37 / 2394	4:28:09 / 2470
2470	2204	CZYRNEK Robert	MYSLENICE	POL		89M20/405	(M)226904:	04:43:13	04:41:33 06.40
		0:30:22 / 1987	0:58:16 / 1982	1:26:03 / 1935	2:01:46 / 1928	2:38:39 / 2062	3:16:23 / 2227	3:55:47 / 2375	4:27:19 / 2452
2471	3409	KOZIK Leszek	KRAKÓW	POL		57M50/310	(M)227004:	04:43:16	04:41:23 06.40
		0:30:38 / 2100	0:58:53 / 2131	1:28:02 / 2115	2:05:32 / 2098	2:42:17 / 2257	3:19:03 / 2298	3:55:04 / 2354	4:26:08 / 2423
2472	1976	MALISZEWSKA Marta	WARSZAWA	POL	/ OBOZYBIEGOWE.PL	78K30/87	(K)202 (M)227104:	04:43:17	04:40:44 06.39
		0:30:38 / 2099	1:06:35 / 2747	1:38:03 / 2711	2:16:46 / 2617	2:53:26 / 2646	3:30:04 / 2617	4:03:17 / 2547	4:29:32 / 2496
2473	707	PSZONAK Damian	JANIK	POL		90M20/406	(M)227104:	04:43:18	04:40:42 06.39
		0:30:38 / 2098	1:05:42 / 2701	1:36:34 / 2628	2:14:35 / 2509	2:50:02 / 2497	3:23:46 / 2453	4:00:07 / 2491	4:29:17 / 2489
2474	533	VILPINI Richard	SAMOGNAT (FRANCE)	FRA		51M60/67	(M)227204:	04:43:20	04:41:43 06.40
		0:29:49 / 1798	0:58:02 / 1853	1:27:12 / 2056	2:03:47 / 2029	2:39:48 / 2107	3:18:06 / 2272	3:55:54 / 2379	4:27:31 / 2457
2475	2756	LYOUBI Abdellah	CASABLANCA	MAR	/ CMCF	51M60/68	(M)227304:	04:43:20	04:40:47 06.39
		0:34:55 / 2752	1:06:26 / 2730	1:36:19 / 2612	2:13:48 / 2473	2:48:24 / 2444	3:24:19 / 2476	3:58:43 / 2452	4:26:04 / 2421






























Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
2476	3384	CABALA Marcin	KRAKÓW	POL		72M40/634	(M)227404:43:23	04:41:46 06.40
0:31:19 / 2225 1:00:29 / 2240 1:30:02 / 2233 2:07:26 / 2195 2:40:55 / 2156 3:12:10 / 2082 3:46:15 / 2100 4:21:59 / 2336								
2477	1009	MALINOWSKI Krzysztof	TRZEMESZNA	POL		85M20/407	(M)227504:43:23	04:40:47 06.39
0:34:45 / 2724 1:06:15 / 2717 1:38:02 / 2709 2:16:45 / 2615 2:52:11 / 2581 3:25:01 / 2500 3:59:09 / 2470 4:28:13 / 2472								
2478	2795	LIEBRECHT Grzegorz	KIELCE	POL		60M50/311	(M)227604:43:25	04:40:50 06.39
0:34:45 / 2725 1:06:40 / 2765 1:38:06 / 2728 2:16:44 / 2604 2:52:08 / 2568 3:23:44 / 2446 3:58:39 / 2448 4:28:11 / 2471								
2479	2487	KUCHARCZYK Mariusz	KRAKÓW	POL		72M40/635	(M)227704:43:31	04:41:06 06.39
0:35:25 / 2862 1:04:12 / 2609 1:32:32 / 2465 2:08:32 / 2300 2:48:53 / 2457 3:27:16 / 2565 4:02:10 / 2527 4:29:40 / 2498								
2480	2536	PAJOR Piotr	WIELICZKA	POL		70M40/636	(M)227804:43:34	04:41:22 06.40
0:30:03 / 1837 0:55:16 / 1491 1:21:11 / 1376 1:57:05 / 1501 2:35:25 / 1929 3:12:46 / 2106 3:57:59 / 2430 4:29:16 / 2488								
2481	2369	OCYTKO Edyta	DĘBICA	POL		77K30/88	(K)203 04:43:36	04:40:42 06.39
0:35:54 / 2906 1:08:41 / 2907 1:41:47 / 2860 2:23:37 / 2794 3:01:02 / 2807 3:34:05 / 2704 4:05:15 / 2588 4:30:08 / 2510								
2482	605	WIŚNIOWSKI Tadeusz	NOWY SĄCZ	POL / SENIOR & JUNIOR		67M40/637	(M)227904:43:38	04:41:52 06.40
0:30:44 / 2131 1:00:05 / 2213 1:30:30 / 2250 2:09:13 / 2357 2:48:38 / 2451 3:25:37 / 2517 4:01:31 / 2521 4:30:22 / 2528								
2483	2401	KURPIS Marek	RACIBÓRZ	POL		69M40/638	(M)228004:43:39	04:41:17 06.39
0:35:04 / 2797 1:06:47 / 2828 1:38:27 / 2788 2:17:46 / 2681 2:54:45 / 2670 3:29:09 / 2600 4:03:09 / 2546 4:30:30 / 2537								
2484	1342	NIESLER Marian	BYTOM	POL / NIEZRZESZONY		62M50/312	(M)228104:43:43	04:43:03 06.42
0:31:05 / 2198 1:02:54 / 2523 1:35:40 / 2579 2:15:00 / 2528 2:51:50 / 2554 3:26:22 / 2537 3:59:39 / 2476 4:26:23 / 2431								
2485	1992	BLASZCZYK Kamil	SIENNICA RÓŻANA	POL		90M20/408	(M)228204:43:50	04:43:23 06.42
0:30:24 / 2005 1:05:43 / 2702 1:48:32 / 2965 2:52:33 / 2979 2:51:50 / 2555 4:09:08 / 2989 3:59:39 / 2477 4:26:23 / 2432								
2486	2379	GROCH Marek	KRAKÓW	POL		57M50/313	(M)228304:43:54	04:41:38 06.40
0:30:24 / 2006 1:02:40 / 2439 1:32:12 / 2413 2:08:34 / 2305 2:45:08 / 2355 3:20:49 / 2346 3:57:46 / 2425 4:27:12 / 2449								
2487	3154	ZEGARTOWSKI Bogusław	KRAKÓW	POL		59M50/314	(M)228404:43:54	04:41:07 06.39
0:36:12 / 2946 1:09:01 / 2934 1:42:23 / 2879 2:24:11 / 2819 3:01:08 / 2820 3:34:08 / 2707 4:05:25 / 2605 4:30:05 / 2507								
2488	1909	ROSENLUND Nino	KRAKÓW	DEN / RADISSON BLU HOTEL KRAKOW		72M40/639	(M)228504:43:55	04:42:53 06.42
0:28:09 / 1403 0:54:56 / 1443 1:22:32 / 1499 1:58:29 / 1595 2:37:26 / 2009 3:17:15 / 2255 3:54:33 / 2342 4:26:31 / 2436								
2489	635	ZACZYŃSKI Mariusz	KRAKÓW	POL		80M30/851	(M)228604:43:59	04:41:24 06.40
0:34:50 / 2739 1:06:37 / 2750 1:38:06 / 2729 2:16:44 / 2602 2:52:10 / 2577 3:24:15 / 2475 3:59:04 / 2466 4:28:38 / 2479								
2490	2619	JAWORSKI Łukasz	KRAKÓW	POL		77M30/852	(M)228704:43:59	04:42:16 06.41
0:30:19 / 1970 0:58:11 / 1953 1:26:08 / 1952 2:03:52 / 2031 2:45:00 / 2348 3:22:54 / 2412 4:00:42 / 2504 4:29:31 / 2495								
2491	2892	KLECZ Michał	LUBOŃ	POL / LUBOŃSKI KLUB BIEGACZA		85M20/409	(M)228804:44:00	04:41:33 06.40
0:32:46 / 2425 1:02:32 / 2399 1:31:46 / 2339 2:08:20 / 2247 2:42:42 / 2269 3:20:51 / 2347 4:00:58 / 2508 4:30:13 / 2515								
2492	2590	MAĆZKOWIAK Jakub	LUBOŃ	POL / LUBOŃSKI KLUB BIEGACZA		72M40/640	(M)228904:44:00	04:41:26 06.40
0:33:49 / 2621 1:03:44 / 2574 1:34:38 / 2542 2:13:10 / 2459 2:49:01 / 2462 3:23:08 / 2416 4:00:58 / 2509 4:30:15 / 2517								
2493	1560	SENDER Andrzej	WIELICZKA	POL / NIE WIDZĘ PRZESZKÓD		58M50/315	(M)229004:44:01	04:42:04 06.41
0:31:36 / 2268 1:00:11 / 2220 1:29:39 / 2215 2:07:22 / 2190 2:45:04 / 2352 3:21:37 / 2367 3:58:01 / 2432 4:28:06 / 2469								
2494	3055	PADULA Piotr	RYTRO	POL		87M20/410	(M)229104:44:10	04:42:15 06.41
0:30:54 / 2177 0:58:44 / 2112 1:26:40 / 2009 2:02:18 / 1949 2:43:06 / 2283 3:25:49 / 2523 4:01:30 / 2519 4:30:21 / 2527								
2495	2659	BADACH Dariusz	TERESIN	POL		72M40/641	(M)229204:44:11	04:42:25 06.41
0:30:26 / 2015 0:58:31 / 2054 1:26:37 / 2001 2:03:54 / 2032 2:41:52 / 2203 3:19:47 / 2318 3:59:00 / 2463 4:30:08 / 2511								
2496	620	NAAR Petr	OSTRAVA	CZE		63M40/642	(M)229304:44:11	04:41:28 06.40
0:34:26 / 2697 1:05:20 / 2673 1:36:51 / 2641 2:15:53 / 2559 2:52:14 / 2591 3:25:07 / 2502 3:59:58 / 2486 4:28:28 / 2476								
2497	1688	KOZIOL Marcin	KRAKÓW	POL / BOLIMIE NOGA		82M30/853	(M)229404:44:15	04:41:54 06.40
0:31:45 / 2290 0:59:38 / 2186 1:27:36 / 2079 2:02:28 / 1954 2:39:12 / 2082 3:16:24 / 2229 3:54:08 / 2325 4:28:20 / 2475								
2498	2997	MAKSIMOWSKI Michael	KRAKÓW	CAN		85M20/411	(M)229504:44:18	04:41:31 06.40
0:36:03 / 2922 1:07:32 / 2871 1:39:19 / 2812 2:19:22 / 2722 2:55:59 / 2708 3:29:00 / 2594 4:00:25 / 2498 4:30:16 / 2519								
2499	278	GWOREK Jacek	BIELSKO-BIAŁA	POL		58M50/316	(M)229604:44:18	04:43:03 06.42
0:33:50 / 2626 1:06:18 / 2721 1:40:08 / 2829 2:22:42 / 2773 3:00:01 / 2782 3:33:20 / 2676 4:04:53 / 2582 4:30:17 / 2523								
2500	277	WASILIEW Christo	WARKA	BUL / PULASKI WARKA		52M60/69	(M)229704:44:20	04:44:16 06.44
0:26:01 / 925 0:53:25 / 1152 1:20:48 / 1345 1:54:49 / 1374 2:33:26 / 1833 3:14:20 / 2156 3:54:22 / 2333 4:26:57 / 2443								
2501	3299	LURKA Tomasz	KĘTY	POL		75M30/854	(M)229804:44:23	04:43:00 06.42
0:30:28 / 2032 0:58:24 / 2021 1:28:31 / 2150 2:07:26 / 2194 2:50:12 / 2501 3:26:25 / 2539 4:03:08 / 2542 4:30:19 / 2525								
2502	2923	KRYSTYAN Tomasz	KRAKÓW	POL		75M30/855	(M)229904:44:23	04:42:20 06.41
0:35:23 / 2860 1:08:40 / 2903 1:42:27 / 2894 2:23:59 / 2812 3:01:23 / 2829 3:34:07 / 2705 4:05:23 / 2598 4:30:07 / 2509								
2503	1518	MALINA Tomasz	KRAKÓW	POL		75M30/856	(M)230004:44:25	04:41:46 06.40
0:32:02 / 2321 1:00:21 / 2233 1:28:58 / 2178 2:06:49 / 2166 2:43:00 / 2282 3:23:23 / 2422 4:00:05 / 2489 4:30:17 / 2522								
2504	2424	KONOPACKA Magdalena	GLIWICE	POL		86K20/47	(K)204 04:44:29	04:42:51 06.42
0:31:21 / 2231 1:00:40 / 2255 1:31:06 / 2282 2:08:52 / 2334 2:47:54 / 2433 3:25:18 / 2505 4:02:43 / 2534 4:30:16 / 2520								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Wynik Time	Wynik Netto [min/km]
Check pts:									
2505	3416	GŁOWACKA Natalia	WROCLAW		POL	78K30/89	(K)205	04:44:29	04:41:59 06.40
0:35:46 / 2895 1:08:43 / 2910 1:42:26 / 2892 2:23:13 / 2783 3:00:50 / 2798 3:33:43 / 2691 4:04:59 / 2584 4:30:12 / 2514									
2506	2839	PANKOWSKI Tomasz	GDAŃSK		POL / BALTIC-STAR	74M30/857	(M)230	04:44:31	04:41:47 06.40
0:35:36 / 2874 1:06:58 / 2848 1:39:14 / 2809 2:19:11 / 2715 2:57:07 / 2728 3:32:42 / 2657 4:05:23 / 2599 4:30:24 / 2531									
2507	2680	JANKOSZ Maciej	NOWY SĄCZ		POL	83M20/412	(M)230	04:44:32	04:41:56 06.40
0:35:13 / 2835 1:06:41 / 2770 1:38:09 / 2746 2:16:49 / 2627 2:52:13 / 2589 3:23:47 / 2462 3:57:28 / 2414 4:26:27 / 2434									
2508	1698	FLASZ Anna	JASTRZĘBIE ZDRÓJ		POL / ALMAR-KWK KRUPIŃSKI	80K30/90	(K)206	04:44:34	04:42:58 06.42
0:32:29 / 2378 1:04:19 / 2618 1:35:12 / 2555 2:13:27 / 2465 2:49:57 / 2489 3:23:46 / 2455 4:00:54 / 2507 4:29:47 / 2502									
2509	2516	KOCIUBA Tomasz	KRAKOW		POL	82M30/858	(M)230	04:44:34	04:42:19 06.41
0:30:22 / 1986 0:58:12 / 1965 1:25:28 / 1767 1:59:44 / 1686 2:33:32 / 1837 3:10:03 / 1974 3:51:00 / 2239 4:29:19 / 2490									
2510	1697	FLASZ Dawid	JASTRZĘBIE ZDRÓJ		POL / KSRG KWK ZOFIÓWKA	73M30/859	(M)230	04:44:34	04:42:59 06.42
0:32:29 / 2380 1:04:19 / 2617 1:35:12 / 2554 2:13:27 / 2464 2:49:58 / 2490 3:23:46 / 2452 4:00:50 / 2506 4:29:46 / 2501									
2511	2585	WOJACZEK Dawid	CZERNICA		POL	91M20/413	(M)230	04:44:35	04:41:44 06.40
0:35:47 / 2900 1:08:48 / 2914 1:42:25 / 2886 2:23:31 / 2791 3:00:51 / 2800 3:33:59 / 2702 4:05:20 / 2594 4:30:18 / 2524									
2512	1809	BONNIEC Philippe	SAINT AUBIN DE CRETOT		FRA / CA CAUCHOIS	65M40/643	(M)230	04:44:37	04:44:05 06.43
0:25:25 / 782 0:49:43 / 744 1:13:56 / 657 1:43:50 / 672 2:31:43 / 1672 3:18:18 / 2278 3:57:20 / 2411 4:32:38 / 2562									
2513	1821	TOMAS Jacek	WROCLAW		POL	74M30/860	(M)230	04:44:40	04:43:13 06.42
0:29:40 / 1770 0:57:25 / 1776 1:25:52 / 1855 2:02:13 / 1943 2:39:57 / 2115 3:19:10 / 2304 3:57:32 / 2420 4:28:55 / 2485									
2514	1167	KWIATKOWSKI Tomasz	PRZEMYŚL		POL	67M40/644	(M)230	04:44:43	04:42:50 06.42
0:30:55 / 2180 0:59:13 / 2158 1:28:06 / 2118 2:04:46 / 2070 2:42:04 / 2240 3:16:48 / 2244 3:53:44 / 2317 4:27:24 / 2454									
2515	2374	SUDAKOWSKI Tomasz	RAWA MAZOWIECKA		POL / K.S. TRIATHLON RAWA	71M40/645	(M)230	04:44:43	04:41:56 06.40
0:36:11 / 2940 1:09:00 / 2925 1:42:23 / 2881 2:23:54 / 2801 3:01:05 / 2810 3:34:08 / 2706 4:05:23 / 2600 4:30:15 / 2518									
2516	1837	KUBIAK Tomasz	JELCZ LASKOWICE		POL / STRAŻ MIEJSKA WROCLAW	76M30/861	(M)231	04:44:58	04:42:12 06.41
0:36:11 / 2939 1:09:21 / 2957 1:43:11 / 2920 2:23:59 / 2811 3:01:20 / 2827 3:34:26 / 2722 4:05:58 / 2614 4:32:06 / 2558									
2517	2807	PAVAUX Etienne	PARIS		FRA	70M40/646	(M)231	04:44:59	04:43:07 06.42
0:30:26 / 2017 0:58:49 / 2119 1:27:08 / 2048 2:03:06 / 1994 2:38:36 / 2060 3:18:09 / 2274 3:57:55 / 2427 4:28:45 / 2481									
2518	3323	LEVINA Elvira	LVIV		UKR / LO AVS-FENIX	62K50/16	(K)207	04:45:02	04:43:06 06.42
0:31:01 / 2193 0:59:52 / 2203 1:29:56 / 2225 2:07:40 / 2203 2:45:52 / 2384 3:22:43 / 2406 3:59:54 / 2484 4:30:28 / 2535									
2519	3306	MYKOLA Gusarevych	LWÓW		UKR / LDUFK	91M20/414	(M)231	04:45:03	04:43:58 06.43
0:28:29 / 1491 0:55:01 / 1452 1:22:33 / 1502 1:57:03 / 1500 2:33:18 / 1831 3:11:54 / 2072 3:53:50 / 2320 4:30:28 / 2534									
2520	678	ŁUPIŃSKI Dominik	SIEDLCE		POL	78M30/862	(M)231	04:45:13	04:43:06 06.42
0:30:52 / 2168 0:59:22 / 2163 1:28:54 / 2176 2:06:17 / 2135 2:43:44 / 2302 3:22:31 / 2397 3:59:17 / 2471 4:29:24 / 2492									
2521	340	MUCHA Grzegorz	WARSZAWA		POL	58M50/317	(M)231	04:45:14	04:43:36 06.43
0:30:09 / 1891 0:58:22 / 2011 1:28:14 / 2131 2:08:27 / 2284 2:48:21 / 2443 3:26:24 / 2538 4:03:31 / 2551 4:31:11 / 2543									
2522	168	ROMANIEC Kazimierz	WARSZAWA		POL	69M40/647	(M)231	04:45:23	04:43:20 06.42
0:32:31 / 2384 1:01:58 / 2357 1:31:30 / 2313 2:08:53 / 2336 2:46:23 / 2393 3:23:32 / 2433 4:00:45 / 2505 4:30:32 / 2538									
2523	3278	GARCIA Oscar	MADRID		ESP	79M30/863	(M)231	04:45:30	04:42:53 06.42
0:34:58 / 2767 1:06:43 / 2796 1:38:03 / 2712 2:16:46 / 2619 2:52:15 / 2593 3:24:31 / 2479 4:05:51 / 2612 4:33:13 / 2576									
2524	706	KULPA Tomasz	WOŁOWICE		POL	81M30/864	(M)231	04:45:32	04:42:40 06.41
0:34:17 / 2675 1:05:41 / 2692 1:37:25 / 2677 2:17:56 / 2688 2:58:14 / 2749 3:35:04 / 2741 4:07:14 / 2635 4:33:16 / 2579									
2525	1004	PRZEWÓDZKI Janusz	CIECHANÓW		POL / CIECHANÓW	56M50/318	(M)231	04:45:36	04:43:47 06.43
0:28:56 / 1600 0:55:32 / 1521 1:24:40 / 1701 2:04:26 / 2051 2:44:25 / 2331 3:23:45 / 2450 4:02:44 / 2535 4:32:24 / 2560									
2526	157	ŁUŻYŃSKA Katarzyna	POLICE		POL / UKL ÓSEMKA POLICE	79K30/91	(K)208	04:45:38	04:43:15 06.42
0:28:56 / 1599 1:02:01 / 2361 1:32:31 / 2461 2:12:59 / 2451 2:51:31 / 2544 3:30:38 / 2621 4:04:43 / 2572 4:31:08 / 2542									
2527	1533	MŁYNEK Krystian	DOBRZEŃ WIELKI		POL	66M40/648	(M)231	04:45:42	04:43:05 06.42
0:35:06 / 2806 1:04:45 / 2641 1:34:55 / 2548 2:13:00 / 2452 2:50:07 / 2500 3:25:05 / 2501 3:59:48 / 2482 4:28:55 / 2486									
2528	2842	BIERNACKI Robert	LESZNO		POL / DRUŻYNA SZPIKU	85M20/415	(M)232	04:45:47	04:43:29 06.43
0:33:03 / 2527 1:02:45 / 2474 1:32:20 / 2442 2:09:03 / 2343 2:45:53 / 2385 3:22:44 / 2407 4:00:15 / 2495 4:30:20 / 2526									
2529	2462	GRZYB Michał	RADOM		POL	73M30/865	(M)232	04:45:51	04:45:01 06.45
0:28:27 / 1486 0:57:32 / 1791 1:27:36 / 2080 2:06:04 / 2120 2:44:24 / 2330 3:21:41 / 2371 3:58:22 / 2441 4:30:23 / 2529									
2530	3097	PŁONKA Piotr	KRAKÓW		POL	78M30/866	(M)232	04:46:01	04:43:50 06.43
0:33:54 / 2637 1:05:09 / 2667 1:36:43 / 2635 2:14:36 / 2514 2:51:34 / 2545 3:26:15 / 2534 4:02:01 / 2526 4:31:35 / 2550									
2531	3314	WRONA Daniel	GOLKOWICE		POL	82M30/867	(M)232	04:46:01	04:43:18 06.42
0:37:31 / 2990 1:07:09 / 2853 1:38:05 / 2719 2:16:12 / 2571 2:52:08 / 2569 3:24:46 / 2490 3:58:57 / 2459 4:28:28 / 2477									
2532	1280	GRAMONT Patryk	KRAKÓW		POL / NIEZRZESZONY	76M30/868	(M)232	04:46:05	04:43:12 06.42
0:31:35 / 2264 0:58:51 / 2124 1:28:15 / 2132 2:07:24 / 2193 2:48:27 / 2445 3:25:21 / 2506 4:03:37 / 2552 4:30:37 / 2539									
2533	3194	WASZYROWSKI Kuba	ŁÓDŹ		POL / DENTOESTETYKA.PL	87M20/416	(M)232	04:46:11	04:43:44 06.43
0:31:35 / 2265 1:02:46 / 2489 1:32:28 / 2458 2:08:25 / 2271 2:42:45 / 2275 3:22:31 / 2396 4:02:26 / 2529 4:31:48 / 2557									

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2534	1802	SZLUFIK Marta	OLAWA	POL		85K20/48		(K)209		04:46:11	04:43:49 06.43
0:34:05 / 2657 1:05:06 / 2660 1:36:50 / 2640 2:18:30 / 2704 2:55:49 / 2701 3:29:14 / 2602 4:02:34 / 2533 4:31:48 / 2556											
2535	893	ODELGA Krzysztof	LEAMINGTON SPA	POL		82M30/869		(M)23260		04:46:13	04:44:01 06.43
0:31:23 / 2233 1:00:01 / 2210 1:29:46 / 2218 2:07:46 / 2211 2:44:20 / 2329 3:22:45 / 2408 4:01:07 / 2512 4:30:05 / 2506											
2536	2296	RÓŻYCKI Patryk	WARSZAWA	POL		86M20/417		(M)23270		04:46:14	04:44:47 06.44
0:29:09 / 1653 0:56:19 / 1634 1:23:55 / 1625 3:09:31 / 2999 2:31:15 / 1636 3:22:45 / 2409 3:55:55 / 2380 4:30:17 / 2521											
2537	2420	PAWŁOWSKI Tomek	CHMIELNIK RZESZÓW	POL		75M30/870		(M)23280		04:46:18	04:44:30 06.44
0:30:06 / 1861 0:58:06 / 1887 1:27:51 / 2098 2:09:36 / 2375 2:50:55 / 2528 3:27:54 / 2577 4:04:24 / 2565 4:31:36 / 2552											
2538	1487	JAMBORSKI Łukasz	KRAKÓW	POL / AMATOR		80M30/871		(M)23290		04:46:29	04:45:35 06.46
0:28:26 / 1480 0:55:45 / 1558 1:22:59 / 1548 1:56:04 / 1455 2:27:42 / 1456 3:01:52 / 1680 3:45:24 / 2077 4:25:04 / 2396											
2539	2161	KOZŁOWSKI Maciej	TRZEBIATÓW	POL / TT SZCZECIN		75M30/872		(M)23300		04:46:31	04:43:59 06.43
0:28:26 / 1481 1:06:43 / 2788 1:38:16 / 2773 3:31:41 / 3009 2:56:06 / 2712 3:01:52 / 1681 4:05:15 / 2589 4:31:15 / 2546											
2540	1018	GRABSZTUNOWICZ Robert	SZCZECIN	POL / TT SZCZECIN		75M30/873		(M)23310		04:46:31	04:43:59 06.43
0:29:22 / 1701 1:06:44 / 2802 1:38:16 / 2774 2:18:22 / 2700 2:56:06 / 2711 3:33:09 / 2664 4:05:15 / 2587 4:31:15 / 2544											
2541	1266	DOBROWOLSKI Zbigniew	OŚWIĘCIM	POL / KB ZADYSZKA		62M50/319		(M)23320		04:46:40	04:45:00 06.45
0:30:10 / 1893 0:58:06 / 1891 1:25:50 / 1834 2:00:29 / 1776 2:33:47 / 1855 3:11:08 / 2020 3:50:34 / 2222 4:25:46 / 2411											
2542	1361	KALINOWSKI Zygmunt	POZNAŃ	POL / MALTA POZNAŃ		45M60/70		(M)23330		04:46:46	04:44:00 06.43
0:35:01 / 2783 1:06:42 / 2778 1:37:44 / 2694 2:16:15 / 2573 2:51:12 / 2532 3:23:47 / 2459 3:59:04 / 2465 4:30:28 / 2536											
2543	3443	SIWEK Dariusz	ZŁOTY STOK	POL		67M40/649		(M)23340		04:46:46	04:44:22 06.44
0:32:00 / 2317 1:00:20 / 2231 1:29:31 / 2206 2:07:18 / 2184 2:48:54 / 2458 3:27:07 / 2561 4:02:52 / 2537 4:31:43 / 2555											
2544	1819	SZUBERT Michał	ZABIERZÓW	POL		79M30/874		(M)23350		04:46:53	04:44:07 06.44
0:32:00 / 2316 1:06:43 / 2792 1:38:08 / 2738 2:16:44 / 2607 2:52:53 / 2630 3:29:07 / 2598 4:06:54 / 2629 4:33:28 / 2585											
2545	3192	STĘPIEN Adam	KRAKÓW	POL / KOKO		89M20/418		(M)23360		04:46:54	04:44:16 06.44
0:34:57 / 2762 1:06:34 / 2745 1:37:30 / 2681 2:14:49 / 2523 2:52:19 / 2604 3:25:25 / 2507 3:54:38 / 2344 4:26:59 / 2446											
2546	1452	ŻELAZOWSKA Ola	WROCLAW	POL / PRO-RUN WROCLAW		85K20/49		(K)210		04:47:02	04:44:44 06.44
0:34:16 / 2674 1:05:38 / 2684 1:37:19 / 2666 2:19:16 / 2718 2:56:29 / 2717 3:32:23 / 2654 4:05:24 / 2603 4:31:23 / 2547											
2547	596	RELUGA Małgorzata	WARSZAWA	POL		68K40/51		(K)211		04:47:11	04:45:12 06.45
0:33:07 / 2539 1:02:58 / 2530 1:33:47 / 2517 2:13:41 / 2472 2:50:52 / 2524 3:23:46 / 2457 3:58:56 / 2458 4:29:34 / 2497											
2548	2973	MAJCHRZAK Michał	BOCHNIA	POL / CROSS LAJKONIK KRAKÓW		84M20/419	B2/10	(M)23370		04:47:12	04:46:54 06.47
0:25:31 / 826 0:50:23 / 884 1:15:11 / 861 1:46:10 / 829 2:18:57 / 986 3:05:38 / 1842 3:51:07 / 2242 4:24:49 / 2390											
2549	1780	ZEMLA Kornel	KRAKÓW	POL		82M30/875		(M)23380		04:47:13	04:45:06 06.45
0:30:35 / 2080 0:58:07 / 1905 1:25:14 / 1742 2:00:14 / 1740 2:37:45 / 2032 3:14:52 / 2177 3:55:23 / 2364 4:31:35 / 2551											
2550	1154	NOWAK Piotr	WARSZAWA	POL		72M40/650		(M)23390		04:47:17	04:46:03 06.46
0:30:35 / 2079 0:56:45 / 1712 1:26:50 / 2022 2:07:50 / 2223 2:48:30 / 2446 3:27:34 / 2570 4:04:48 / 2576 4:32:43 / 2564											
2551	2498	GIELAROWIEC Paweł	BRZÓZA KRÓLEWSKA	POL		91M20/420		(M)23400		04:47:17	04:45:59 06.46
0:30:57 / 2186 0:59:59 / 2207 1:29:14 / 2191 2:06:43 / 2156 2:43:32 / 2297 3:23:50 / 2463 4:00:07 / 2490 4:33:02 / 2569											
2552	3124	KLIMASZEWSKA Teresa	ŚWINOUJŚCIE	POL		84K20/50		(K)212		04:47:21	04:44:40 06.44
0:35:09 / 2819 1:06:43 / 2797 1:37:40 / 2691 2:16:55 / 2638 2:53:06 / 2639 3:30:50 / 2627 4:05:46 / 2608 4:33:28 / 2583											
2553	1440	LOKAJ Szymon	SZCZERCICE	POL		82M30/876		(M)23410		04:47:22	04:44:40 06.44
0:35:10 / 2821 1:06:45 / 2809 1:37:40 / 2692 2:16:46 / 2618 2:52:56 / 2632 3:28:54 / 2587 4:03:43 / 2554 4:33:28 / 2584											
2554	2305	PRZYCZYNEK Roman	WARSZAWA	POL		79M30/877		(M)23420		04:47:22	04:45:12 06.45
0:32:46 / 2426 1:02:40 / 2429 1:32:08 / 2393 2:08:30 / 2296 2:49:28 / 2471 3:26:51 / 2553 4:04:15 / 2564 4:33:38 / 2588											
2555	3200	NOWACZEWSKI Ryszard	POZNAŃ	POL / KB MANIAC POZNAŃ		57M50/320		(M)23430		04:47:30	04:45:01 06.45
0:33:05 / 2531 1:02:59 / 2533 1:33:38 / 2514 2:12:48 / 2445 2:55:45 / 2700 3:32:32 / 2655 4:06:55 / 2630 4:33:42 / 2589											
2556	3146	MÓL Krzysztof	KRAKÓW	POL		89M20/421		(M)23440		04:47:41	04:44:50 06.45
0:34:50 / 2738 1:04:41 / 2631 1:35:33 / 2572 2:15:08 / 2543 2:52:18 / 2599 3:29:24 / 2604 4:09:22 / 2665 4:35:27 / 2608											
2557	2432	OSIPOWICZ Kasia	LONDYN	POL		84K20/51		(K)213		04:47:46	04:47:22 06.48
0:27:17 / 1121 0:55:29 / 1515 1:25:13 / 1739 2:03:39 / 2027 2:45:15 / 2359 3:26:56 / 2554 4:03:27 / 2550 4:34:10 / 2592											
2558	579	PRONOBIS Marcin	KRAKÓW	POL		91M20/422		(M)23450		04:47:47	04:45:12 06.45
0:27:17 / 1119 1:05:42 / 2700 1:36:34 / 2627 2:14:35 / 2507 2:50:02 / 2498 3:23:47 / 2460 4:00:17 / 2497 4:29:46 / 2500											
2559	581	MAJ Michał	KRAKÓW	POL		89M20/423		(M)23460		04:47:52	04:45:14 06.45
0:27:17 / 1120 1:05:41 / 2695 1:36:34 / 2629 2:14:35 / 2510 2:50:02 / 2496 3:23:46 / 2454 4:00:16 / 2496 4:29:50 / 2505											
2560	1938	GONTAREK Adam	STUDZIANKI PANCERNE	POL / KB POŚWIĘTNE		85M20/424		(M)23470		04:48:06	04:45:43 06.46
0:32:58 / 2507 1:02:48 / 2501 1:32:24 / 2446 2:09:10 / 2350 2:45:43 / 2373 3:20:53 / 2350 3:56:57 / 2403 4:30:27 / 2533											
2561	1096	LUTO Tomasz	BIALYSTOK	POL		83M20/425		(M)23480		04:48:14	04:46:43 06.47
0:30:29 / 2035 0:58:28 / 2032 1:28:07 / 2120 2:06:05 / 2122 2:47:29 / 2425 3:29:17 / 2603 4:04:25 / 2566 4:32:57 / 2567											
2562	1674	ŻUROW Karolina	WROCLAW	POL		82K30/92		(K)214		04:48:17	04:47:18 06.48
0:30:49 / 2157 1:02:58 / 2529 1:38:22 / 2781 2:20:14 / 2742 3:00:16 / 2786 3:36:15 / 2748 4:08:51 / 2656 4:34:55 / 2601											

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
2563	3082	KOĆWIN Paweł	CZĘSTOCHOWA	POL		78M30/878	(M)2349	04:48:17	04:46:02	06.46
		0:32:59 / 2512	1:02:46 / 2482	1:32:44 / 2478	2:09:18 / 2365	2:46:45 / 2406	3:24:15 / 2474	4:00:15 / 2494	4:30:25 / 2532	
2564	3110	KIDYBA Krzysztof	RADOM	POL		70M40/651	(M)2350	04:48:21	04:47:00	06.48
		0:29:41 / 1774	0:57:18 / 1766	1:26:01 / 1924	2:06:59 / 2172	2:48:32 / 2447	3:26:58 / 2555	4:04:58 / 2583	4:32:41 / 2563	
2565	3379	OBSTARCZYK Andrzej	OŚWIĘCIM	POL	/ ZADYSZKA OŚWIĘCIM	57M50/321	(M)2351	04:48:30	04:47:06	06.48
		0:31:18 / 2221	1:00:54 / 2265	1:31:03 / 2278	2:10:33 / 2402	2:48:58 / 2460	3:26:12 / 2532	4:01:53 / 2525	4:31:38 / 2554	
2566	1106	CZECHYRA Tomasz	WROCLAW	POL		68M40/652	(M)2352	04:48:35	04:45:54	06.46
		0:35:29 / 2867	1:06:47 / 2827	1:39:00 / 2798	2:19:06 / 2713	2:57:11 / 2730	3:33:04 / 2663	4:05:09 / 2586	4:33:18 / 2580	
2567	1375	OBODECKI Bartosz	ŁÓDŹ	POL		77M30/879	(M)2353	04:48:37	04:46:25	06.47
		0:32:53 / 2472	1:02:39 / 2417	1:32:08 / 2388	2:08:25 / 2275	2:42:43 / 2270	3:20:27 / 2332	3:57:57 / 2428	4:30:23 / 2530	
2568	2512	BOBEK Kinga	KRAKÓW	POL		88K20/52	(K)215	04:48:38	04:47:50	06.49
		0:29:29 / 1727	0:57:37 / 1798	1:26:58 / 2032	2:04:59 / 2074	2:48:03 / 2438	3:25:47 / 2522	4:03:54 / 2557	4:33:08 / 2575	
2569	3461	PSZCZÓLKOWSKI Zbigniew	PRZASNYSZ	POL		71M40/653	(M)2354	04:48:40	04:46:29	06.47
		0:32:54 / 2489	1:02:45 / 2470	1:32:16 / 2430	2:08:36 / 2310	2:48:43 / 2455	3:25:56 / 2524	4:01:07 / 2513	4:29:49 / 2504	
2570	2928	PAWLIK Marek	KRAKÓW	POL		55M50/322	(M)2355	04:48:43	04:45:52	06.46
		0:33:14 / 2558	1:01:26 / 2310	1:30:20 / 2245	2:09:00 / 2341	2:46:57 / 2413	3:26:59 / 2556	4:04:50 / 2580	4:32:47 / 2566	
2571	1857	JAMROZIK Michał	JAWORZNO	POL		88M20/426	(M)2356	04:48:48	04:45:54	06.46
		0:33:14 / 2557	1:06:47 / 2829	1:36:38 / 3012	2:14:19 / 2491	2:52:14 / 2590	3:28:39 / 2582	4:04:50 / 2579	4:35:32 / 2611	
2572	1414	PLUCIŃSKI Dariusz	WROCLAW	POL		62M50/323	(M)2357	04:48:52	04:45:01	06.45
		0:32:47 / 2430	1:01:39 / 2323	1:29:39 / 2213	2:04:31 / 2058	2:40:51 / 2151	3:21:39 / 2369	4:01:16 / 2517	4:32:28 / 2561	
2573	2595	PILCH Marlena	KRAKÓW	POL	/ MALHEUR A QUI ME TOUCHE!	83K20/53	(K)216	04:48:54	04:46:49	06.47
		0:33:42 / 2609	1:04:25 / 2621	1:36:43 / 2634	2:18:02 / 2693	2:58:36 / 2757	3:33:55 / 2701	4:07:32 / 2639	4:34:19 / 2593	
2574	2014	BRZÓSKA Jolanta	CIESZYN	POL	/ BRZOZA TEAM	76K30/93	(K)217	04:48:57	04:46:17	06.47
		0:33:42 / 2608	1:06:27 / 2733	1:38:00 / 2707	3:29:00 / 3008	2:52:12 / 2582	3:33:55 / 2700	4:04:46 / 2574	4:33:03 / 2574	
2575	1639	WARDZAŁA Anna	WARSZAWA	POL		48K60/5	(K)218	04:48:57	04:46:47	06.47
		0:33:33 / 2587	1:04:08 / 2605	1:36:10 / 2598	2:16:42 / 2597	2:55:28 / 2695	3:32:03 / 2648	4:08:27 / 2650	4:34:33 / 2596	
2576	2015	BRZÓSKA Rafał	CIESZYN	POL	/ BRZOZA TEAM	75M30/880	(M)2358	04:48:57	04:46:19	06.47
		0:35:02 / 2789	1:06:29 / 2734	1:37:57 / 2702	2:16:37 / 2590	2:52:12 / 2583	3:29:00 / 2593	4:04:46 / 2573	4:33:03 / 2573	
2577	2975	KOCJAN Bogusław	OLKUSZ	POL		78M30/881	(M)2359	04:48:59	04:46:12	06.46
		0:35:02 / 2790	1:06:45 / 2816	1:38:18 / 2775	2:17:01 / 2651	2:53:52 / 2658	3:29:27 / 2607	4:05:06 / 2585	4:33:02 / 2571	
2578	1197	CIESIÓLKIEWICZ Paweł	WROCLAW	POL	/ INTERSPORT TEAM	88M20/427	(M)2360	04:49:08	04:46:38	06.47
		0:35:02 / 2788	1:06:24 / 2727	1:37:39 / 2689	3:33:01 / 3010	2:52:39 / 2619	3:29:27 / 2606	4:09:10 / 2661	4:33:02 / 2570	
2579	1660	KUCHARCZYK Leszek	KRAKÓW	POL		52M60/71	(M)2361	04:49:09	04:46:19	06.47
		0:34:47 / 2730	1:06:15 / 2715	1:37:32 / 2684	2:16:19 / 2574	2:52:31 / 2615	3:25:59 / 2527	4:01:15 / 2515	4:32:46 / 2565	
2580	287	HORAŁA Piotr	WROCLAW	POL	/ POWERS TEAM	84M20/428	(M)2362	04:49:11	04:46:42	06.47
		0:33:13 / 2555	1:02:49 / 2508	1:32:34 / 2469	2:12:32 / 2442	2:49:56 / 2487	3:22:32 / 2399	4:02:27 / 2530	4:33:29 / 2586	
2581	1237	KOBER Piotr	WARSZAWA	POL	/ ALETEMPO	70M40/654	(M)2363	04:49:14	04:47:09	06.48
		0:32:04 / 2328	1:01:41 / 2327	1:37:05 / 2654	2:26:32 / 2861	2:49:56 / 2488	3:19:06 / 2299	4:01:01 / 2510	4:34:26 / 2594	
2582	2042	GAWŁOWICZ Łukasz	KRAKÓW	POL		81M30/882	(M)2364	04:49:15	04:46:56	06.48
		0:34:32 / 2702	1:05:34 / 2679	1:36:49 / 2639	2:14:38 / 2518	2:49:52 / 2484	3:23:43 / 2443	3:59:01 / 2464	4:31:15 / 2545	
2583	2704	PIONTEK Radosław	WARSZAWA	POL		65M40/655	(M)2365	04:49:15	04:46:32	06.47
		0:35:02 / 2786	1:06:54 / 2843	1:39:09 / 2806	2:18:48 / 2707	2:56:03 / 2709	3:30:55 / 2630	4:06:04 / 2616	4:33:27 / 2581	
2584	2933	ZIELIŃSKA Ewa	KRAKÓW	POL		86K20/54	(K)219	04:49:19	04:46:41	06.47
		0:34:57 / 2761	1:06:39 / 2756	1:38:05 / 2720	2:16:47 / 2622	2:55:13 / 2687	3:33:19 / 2675	4:07:35 / 2642	4:34:26 / 2595	
2585	3292	KLINIEWICZ Andrzej	KRAKÓW	POL		72M40/656	(M)2366	04:49:26	04:46:51	06.47
		0:35:12 / 2833	1:06:38 / 2751	1:38:05 / 2718	2:16:44 / 2600	2:55:35 / 2696	3:33:19 / 2673	4:07:34 / 2641	4:34:37 / 2598	
2586	2891	GOLONKA Bartosz	WROCLAW	POL		79M30/883	(M)2367	04:49:40	04:47:23	06.48
		0:32:52 / 2463	1:02:45 / 2480	1:32:30 / 2460	2:10:27 / 2399	2:51:02 / 2530	3:27:52 / 2575	4:04:47 / 2575	4:35:01 / 2603	
2587	3224	JASKANIEC Anna	KRAKÓW	POL		83K20/55	(K)220	04:49:40	04:48:34	06.50
		0:30:05 / 1851	0:58:19 / 1996	1:29:26 / 2200	2:08:50 / 2323	2:48:02 / 2436	3:27:21 / 2567	4:04:31 / 2567	4:35:00 / 2602	
2588	1855	BIELEC Ryszard	WROCLAW	POL	/ PRO-RUN WROCLAW	63M40/657	(M)2368	04:49:46	04:47:26	06.48
		0:30:05 / 1850	1:05:38 / 2686	1:37:22 / 2671	2:16:51 / 2630	2:52:54 / 2631	3:29:29 / 2608	4:06:38 / 2625	4:35:42 / 2619	
2589	1235	MYSZKOWSKI Bolesław	BOBUSZÓW-GORCE	POL	/ DRUŻYNA SZPIKU	60M50/324	(M)2369	04:49:46	04:47:34	06.48
		0:30:05 / 1849	1:02:38 / 2410	1:32:46 / 2481	2:13:28 / 2466	2:52:19 / 2603	3:30:08 / 2618	4:05:54 / 2613	4:35:15 / 2605	
2590	538	BYSIAK Artur	KIELCE	POL	/ KS NAPRZÓD BYSIAK	84M20/429	(M)2370	04:49:54	04:47:40	06.49
		0:32:42 / 2409	1:00:40 / 2254	1:29:40 / 2217	2:06:47 / 2162	2:45:29 / 2364	3:26:44 / 2551	4:05:24 / 2601	4:31:00 / 2541	
2591	1627	JĘDRZEJCZYK Łukasz	MIĘDZYRZECZ	POL	/ -	85M20/430	(M)2371	04:50:03	04:47:50	06.49
		0:32:59 / 2514	1:02:43 / 2463	1:32:14 / 2420	2:08:29 / 2292	2:49:02 / 2463	3:24:06 / 2467	4:00:29 / 2500	4:33:02 / 2572	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
2592	2074	OLÓWEK Katarzyna	KRAKÓW		POL	76K30/94		(K)221	04:50:06	04:47:17 06.48
0:36:07 / 2932 1:08:58 / 2919 1:42:39 / 2906 2:23:55 / 2805 3:01:05 / 2811 3:35:03 / 2740 4:09:41 / 2671 4:36:03 / 2626										
2593	144	KAMIENIARZ Jan	KRAKÓW		POL / BIEGAM BO LUBIĘ	54M50/325		(M)2372	04:50:07	04:47:18 06.48
0:36:07 / 2931 1:09:24 / 2961 1:42:45 / 2915 2:23:27 / 2786 3:01:01 / 2805 3:35:07 / 2742 4:08:39 / 2653 4:36:08 / 2630										
2594	3468	SULIK Julia	KRAKOW		POL	90K20/56		(K)222	04:50:08	04:48:34 06.50
0:29:41 / 1776 1:00:27 / 2238 1:32:55 / 2490 2:17:33 / 2666 2:56:51 / 2724 3:33:54 / 2697 4:07:55 / 2646 4:35:42 / 2617										
2595	2849	BRAJER Tomasz	JAWORZNO		POL / KB MCKIS JAWORZNO	78M30/884		(M)2373	04:50:11	04:47:40 06.49
0:34:22 / 2690 1:06:18 / 2720 1:38:11 / 2752 2:17:43 / 2676 2:55:56 / 2703 3:30:38 / 2623 4:04:08 / 2563 4:32:21 / 2559										
2596	1578	KNAPIK Rafał	WROCLAW		POL / ITMZM 2011	77M30/885		(M)2374	04:50:13	04:47:52 06.49
0:34:17 / 2676 1:05:41 / 2691 1:37:23 / 2674 2:16:58 / 2644 2:53:41 / 2650 3:29:09 / 2599 4:06:01 / 2615 4:35:32 / 2612										
2597	2880	GODZIEWSKI Andrzej	JASŁO		POL	81M30/886		(M)2375	04:50:15	04:47:35 06.48
0:32:06 / 2337 1:01:02 / 2272 1:30:55 / 2271 2:08:26 / 2280 2:43:27 / 2295 3:20:05 / 2323 3:58:18 / 2438 4:30:50 / 2540										
2598	2840	KACZKOWSKI Michał	KRAKÓW		POL	88M20/431		(M)2376	04:50:23	04:47:59 06.49
0:33:11 / 2550 1:02:53 / 2520 1:32:45 / 2480 2:09:19 / 2366 2:46:29 / 2397 3:28:45 / 2583 4:06:20 / 2619 4:37:28 / 2642										
2599	3028	SCHROEDER Jarosław	GDYNIA		POL / SZYSZKI TEAM	84M20/432		(M)2377	04:50:30	04:48:24 06.50
0:31:23 / 2234 0:59:43 / 2193 1:29:14 / 2190 2:10:42 / 2405 2:52:18 / 2601 3:28:53 / 2586 4:05:16 / 2591 4:35:57 / 2625										
2600	2220	DUDEK Małgorzata	KRAKOW		POL / PĘDZĄCA BRYGADA JULIANA	82K30/95		(K)223	04:50:31	04:47:55 06.49
0:35:07 / 2813 1:06:58 / 2847 1:39:14 / 2808 2:19:12 / 2716 2:57:07 / 2729 3:33:35 / 2683 4:08:39 / 2652 4:36:08 / 2629										
2601	2291	OKONSKI Robert	SMOLEC		POL	69M40/658		(M)2378	04:50:33	04:49:01 06.50
0:30:51 / 2164 0:59:36 / 2183 1:30:26 / 2249 2:07:27 / 2196 2:51:30 / 2543 3:32:13 / 2651 4:05:50 / 2610 4:36:03 / 2627										
2602	1017	WOJTASINSKA Joanna	KRAKÓW		POL / NIEZRZESZONA	74K30/96		(K)224	04:50:38	04:48:07 06.49
0:33:25 / 2576 1:04:02 / 2591 1:35:24 / 2564 2:14:17 / 2488 2:52:01 / 2563 3:28:59 / 2591 4:05:29 / 2606 4:34:47 / 2600										
2603	2334	WOJTOWICZ Rafał	WROCLAW		POL / EUROPCAR WROCLAW	89M20/433		(M)2379	04:50:43	04:48:19 06.49
0:33:02 / 2523 1:02:47 / 2494 1:33:05 / 2496 2:10:19 / 2397 2:49:07 / 2466 3:25:27 / 2511 4:03:26 / 2549 4:33:14 / 2577										
2604	1352	FEDYCZKOWSKI Dominik	WSCHOWA		POL	85M20/434		(M)2380	04:50:48	04:48:07 06.49
0:35:19 / 2854 1:06:44 / 2799 1:38:08 / 2739 2:17:07 / 2656 2:53:23 / 2643 3:31:08 / 2632 4:07:04 / 2632 4:35:31 / 2609										
2605	2581	WRZOSEK Paweł	BRZÓZA		POL	91M20/435		(M)2381	04:50:50	04:48:16 06.49
0:34:37 / 2706 1:05:38 / 2685 1:37:22 / 2672 2:16:45 / 2613 2:51:56 / 2558 3:31:20 / 2638 4:08:26 / 2649 4:36:07 / 2628										
2606	2370	BUCZAK Jarosław	PIŃCZÓW		POL / KL PONIDZIE PIŃCZÓW	62M50/326		(M)2382	04:51:00	04:49:03 06.51
0:31:35 / 2263 1:00:38 / 2251 1:30:55 / 2269 2:08:29 / 2294 2:45:55 / 2387 3:21:26 / 2362 3:59:26 / 2473 4:31:37 / 2553										
2607	2979	DONIEC Andrzej	RYBNIK		POL	49M60/72		(M)2383	04:51:01	04:49:17 06.51
0:30:08 / 1882 0:58:33 / 2064 1:28:11 / 2124 2:09:31 / 2372 2:52:50 / 2625 3:30:21 / 2620 4:07:34 / 2640 4:34:38 / 2599										
2608	406	TROJANOWSKI Tadeusz	WARSZAWA		POL	54M50/327		(M)2384	04:51:08	04:48:28 06.50
0:32:09 / 2346 1:00:13 / 2223 1:28:59 / 2180 2:07:07 / 2176 2:47:54 / 2434 3:25:13 / 2504 4:03:38 / 2553 4:33:28 / 2582										
2609	2884	MUCHA Paweł	ZABIERZÓW		POL	78M30/887		(M)2385	04:51:09	04:48:24 06.50
0:35:00 / 2779 1:06:44 / 2801 1:38:08 / 2740 2:17:44 / 2677 2:57:50 / 2740 3:33:46 / 2693 4:05:23 / 2597 4:33:32 / 2587										
2610	1684	GORAYSKA Barbara	KRAKÓW		POL / NIEZRZESZONA	71K40/52		(K)225	04:51:29	04:49:00 06.50
0:33:30 / 2585 1:04:03 / 2594 1:36:00 / 2588 2:16:51 / 2628 2:56:04 / 2710 3:33:12 / 2669 4:07:08 / 2634 4:35:44 / 2621										
2611	1465	PTAK Dariusz	POZNAŃ		POL	68M40/659		(M)2386	04:51:32	04:49:00 06.50
0:33:50 / 2624 1:03:43 / 2573 1:34:38 / 2541 2:13:07 / 2458 2:50:29 / 2513 3:29:00 / 2592 4:07:05 / 2633 4:36:09 / 2631										
2612	3305	SHELEPEN Viacheslan	SANT PETERSBURGR		RUS	64M40/660		(M)2387	04:51:36	04:48:48 06.50
0:34:49 / 2734 1:05:45 / 2706 1:37:30 / 2682 2:16:30 / 2583 2:55:24 / 2692 3:31:32 / 2643 4:06:36 / 2624 4:35:15 / 2606										
2613	2917	SZATKOWSKA Izabela	KRAKÓW		POL	72K40/53		(K)226	04:51:37	04:48:51 06.50
0:35:44 / 2890 1:07:43 / 2878 1:40:05 / 2827 2:19:58 / 2738 2:58:31 / 2756 3:33:42 / 2689 4:08:52 / 2657 4:37:49 / 2651										
2614	3432	SANTONI Alessandro	MILANO		ITA	68M40/661		(M)2388	04:51:37	04:49:19 06.51
0:33:00 / 2517 1:03:49 / 2579 1:36:25 / 2618 2:16:45 / 2614 2:56:28 / 2716 3:34:09 / 2712 4:06:59 / 2631 4:35:43 / 2620										
2615	2732	HOLKA Krzysztof	MIEDZYCHÓD		POL	52M60/73		(M)2389	04:51:39	04:49:47 06.52
0:30:27 / 2028 0:58:40 / 2097 1:27:47 / 2092 2:06:09 / 2127 2:43:45 / 2305 3:25:58 / 2526 4:04:06 / 2561 4:35:12 / 2604										
2616	570	FARON Agnieszka	KRAKÓW		POL	82K30/97		(K)227	04:51:39	04:49:21 06.51
0:30:27 / 2027 1:02:44 / 2468 1:32:15 / 2427 2:08:27 / 2287 2:43:45 / 2304 3:22:07 / 2382 3:59:49 / 2483 4:32:58 / 2568										
2617	2937	ŚWIERCZEK Zdzisław	KRAKÓW		POL / NIEZRZESZONY	57M50/328		(M)2390	04:51:49	04:49:32 06.51
0:30:27 / 2029 1:03:12 / 2555 1:34:53 / 2547 2:14:35 / 2508 2:54:12 / 2662 3:31:52 / 2646 4:09:55 / 2673 4:37:07 / 2639										
2618	2586	FITT Konrad	KRAKÓW		POL	82M30/888		(M)2391	04:51:49	04:49:58 06.52
0:30:10 / 1899 0:58:27 / 2029 1:26:43 / 2013 2:03:04 / 1992 2:40:08 / 2123 3:21:42 / 2374 4:06:16 / 2618 4:38:55 / 2659										
2619	871	FRITZ Sławomir	KRAKÓW		POL / PUBLISHING SCHOOL CYCLING TEAM	69M40/662		(M)2392	04:51:50	04:49:04 06.51
0:34:33 / 2703 1:03:19 / 2561 1:32:23 / 2444 2:09:00 / 2340 2:46:25 / 2396 3:24:35 / 2481 4:01:30 / 2520 4:35:55 / 2624										
2620	1360	NADOLNY Leszek	LESZNO		POL / DRUZYNA SZPIKU	57M50/329		(M)2393	04:51:50	04:50:12 06.52
0:31:36 / 2267 1:01:23 / 2305 1:33:43 / 2516 2:16:33 / 2587 2:56:34 / 2719 3:33:31 / 2681 4:08:37 / 2651 4:35:39 / 2614										

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
2621	837	GLĄDYS Piotr	KRAKÓW	 POL		77M30/889	(M)239404:51:54	04:49:39 06.51
0:31:11 / 2209 0:59:36 / 2182 1:28:37 / 2164 2:05:09 / 2080 2:45:52 / 2383 3:24:52 / 2493 4:03:01 / 2540 4:34:04 / 2591								
2622	751	OTOLIŃSKI Marcin	GRACZE	 POL		80M30/890	(M)239504:51:55	04:50:14 06.52
0:31:59 / 2311 1:01:17 / 2294 1:31:11 / 2287 2:08:52 / 2330 2:47:44 / 2429 3:24:11 / 2470 4:03:57 / 2559 4:35:40 / 2616								
2623	757	WRÓBLEWSKI Jakub	GRACZE	 POL	BIEGACZE MONARU GRACZE	81M30/891	(M)239604:51:55	04:50:15 06.52
0:31:58 / 2309 1:01:17 / 2293 1:31:11 / 2288 2:08:52 / 2332 2:47:44 / 2430 3:24:10 / 2469 4:03:58 / 2560 4:35:39 / 2613								
2624	587	GÓRSKA Anna	ŚWINOUJŚCIE	 POL		74K30/98	(K)228 04:51:55	04:49:21 06.51
0:34:11 / 2670 1:04:57 / 2649 1:36:33 / 2626 2:15:04 / 2534 2:54:52 / 2671 3:33:43 / 2690 4:06:31 / 2623 4:35:40 / 2615								
2625	3005	NOWOSIELSKI Piotr	WARSZAWA	 POL		75M30/892	(M)239704:51:57	04:49:21 06.51
0:34:52 / 2744 1:05:41 / 2698 1:36:55 / 2645 2:15:50 / 2555 2:53:34 / 2647 3:29:58 / 2616 4:06:46 / 2626 4:37:38 / 2646								
2626	1401	CICHON Artur	WARSZAWA	 POL		65M40/663	(M)239804:51:59	04:50:06 06.52
0:31:06 / 2202 1:00:25 / 2237 1:30:14 / 2239 2:09:42 / 2381 2:51:13 / 2535 3:29:07 / 2597 4:08:42 / 2655 4:39:15 / 2664								
2627	321	BUBEL Marcin	WROCLAW	 POL	DRUŻYNA SZPIKU	70M40/664	(M)239904:52:06	04:49:33 06.51
0:31:06 / 2201 1:06:41 / 2775 1:38:10 / 2750 2:17:40 / 2673 2:55:57 / 2706 3:32:48 / 2659 4:07:30 / 2638 4:35:52 / 2623								
2628	2566	ROSTKOWSKA Emilia	WARSZAWA	 POL		83K20/57	(K)229 04:52:33	04:50:08 06.52
0:36:30 / 2974 1:09:00 / 2926 1:41:09 / 2845 2:19:28 / 2726 2:58:18 / 2751 3:37:02 / 2761 4:10:55 / 2688 4:37:44 / 2649								
2629	749	JADCZUK Bogdan	GRACZE	 POL	BIEGACZE MONARU GRACZE	80M30/893	(M)240004:52:37	04:51:33 06.54
0:31:37 / 2270 1:01:24 / 2308 1:31:17 / 2300 2:08:52 / 2333 2:48:01 / 2435 3:25:35 / 2515 4:04:32 / 2568 4:35:42 / 2618								
2630	1582	BUĆKO Artur	JELENIA GÓRA	 POL		64M40/665	(M)240104:52:38	04:50:30 06.53
0:31:37 / 2271 1:04:00 / 2589 1:36:11 / 2600 2:16:34 / 2589 2:56:32 / 2718 3:34:54 / 2735 4:10:38 / 2683 4:38:30 / 2657								
2631	3085	KOMOROWSKI Bart	KRAKOW	 POL		85M20/436	(M)240204:52:39	04:49:52 06.52
0:36:02 / 2921 1:07:32 / 2872 1:39:19 / 2813 2:19:23 / 2723 2:57:56 / 2743 3:34:47 / 2732 4:09:36 / 2670 4:37:15 / 2640								
2632	331	KORTA Sebastian	KRAKÓW	 POL		76M30/894	(M)240304:52:44	04:51:37 06.54
0:31:19 / 2224 1:01:25 / 2309 1:32:27 / 2455 2:11:26 / 2420 2:50:48 / 2522 3:29:57 / 2615 4:06:25 / 2621 4:37:02 / 2637								
2633	2926	MOGIEŁKA Piotr	OLEŚNICA	 POL	KERRY POLSKA OLEŚNICA	84M20/437	(M)240404:52:44	04:51:38 06.54
0:28:04 / 1374 0:54:43 / 1419 1:22:51 / 1539 1:59:52 / 1705 2:39:45 / 2105 3:20:10 / 2325 4:02:45 / 2536 4:35:45 / 2622								
2634	1528	LISIK Katarzyna	KRAKÓW	 POL		82K30/99	(K)230 04:52:53	04:50:32 06.53
0:32:06 / 2331 1:02:37 / 2407 1:35:08 / 2551 2:16:41 / 2595 2:56:43 / 2722 3:33:16 / 2671 4:08:40 / 2654 4:37:26 / 2641								
2635	2530	STRĄCZEK Wojciech	WARSZAWA	 POL		70M40/666	(M)240504:53:02	04:50:41 06.53
0:35:05 / 2800 1:06:45 / 2812 1:38:14 / 2767 2:18:21 / 2699 2:57:51 / 2741 3:34:56 / 2736 4:12:29 / 2706 4:39:47 / 2674								
2636	2677	MRÓZ Piotr	KRAKÓW	 POL		79M30/895	(M)240604:53:05	04:50:42 06.53
0:32:54 / 2483 1:02:39 / 2427 1:31:11 / 2286 2:06:39 / 2152 2:41:56 / 2213 3:18:17 / 2277 3:59:21 / 2472 4:36:21 / 2633								
2637	2669	CHEBDA Krzysiek	NOWY DWÓR	 POL		93M20/438	(M)240704:53:08	04:50:28 06.53
0:34:39 / 2713 1:06:19 / 2722 1:37:19 / 2663 2:15:07 / 2540 2:51:13 / 2536 3:27:38 / 2572 4:05:24 / 2604 4:37:40 / 2647								
2638	3019	BODZIONY Jarosław	OLSZEWNICA STARA	 POL		74M30/896	(M)240804:53:13	04:50:31 06.53
0:34:37 / 2707 1:03:44 / 2575 1:33:17 / 2502 2:11:34 / 2425 2:50:00 / 2492 3:26:03 / 2529 4:04:49 / 2577 4:35:31 / 2610								
2639	2985	WALTEROWICZ Rafał	POZNAŃ	 POL		73M30/897	(M)240904:53:14	04:51:40 06.54
0:31:49 / 2297 1:01:48 / 2344 1:31:37 / 2320 2:09:05 / 2344 2:49:59 / 2491 3:29:34 / 2610 4:05:15 / 2590 4:34:33 / 2597								
2640	2735	TOMASZEWSKI Aleksander	NOWA SÓL	 POL	BRAT ALBERT NOWA SÓL	56M50/330	(M)241004:53:16	04:51:06 06.53
0:32:52 / 2469 1:02:47 / 2493 1:32:26 / 2454 2:08:52 / 2328 2:50:21 / 2509 3:33:36 / 2684 4:04:39 / 2569 4:29:28 / 2494								
2641	2951	KRÓLIKOWSKI Rysiek	WROCLAW	 POL	AMATORSKI KLUB BIEGOWY MORT	74M30/898	(M)241104:53:19	04:52:28 06.55
0:30:06 / 1864 1:00:49 / 2260 1:32:11 / 2409 2:14:07 / 2481 2:54:20 / 2663 3:32:36 / 2656 4:08:55 / 2658 4:37:50 / 2652								
2642	2086	DAŁOMIS Leszek	TRYŃCZA	 POL		77M30/899	(M)241204:53:35	04:51:11 06.54
0:34:44 / 2722 1:06:51 / 2837 1:39:22 / 2815 2:19:57 / 2736 2:58:22 / 2753 3:34:08 / 2709 4:11:01 / 2689 4:38:07 / 2653								
2643	136	ZASTAWNIAK Tomasz	YORK	 GBR		59M50/331	(M)241304:53:38	04:51:16 06.54
0:34:27 / 2698 1:05:38 / 2683 1:37:12 / 2656 2:16:44 / 2606 2:54:05 / 2661 3:31:19 / 2637 4:07:41 / 2644 4:37:43 / 2648								
2644	2064	MURMYŁO Wojciech	WROCLAW	 POL	POMAGANIE PRZEZ BIEGANIE	75M30/900	(M)241404:53:40	04:50:59 06.53
0:34:27 / 2699 1:05:36 / 2680 1:36:22 / 2614 2:14:25 / 2493 2:51:35 / 2546 3:27:12 / 2563 4:09:59 / 2675 4:38:58 / 2661								
2645	3234	NOWAKOWSKI Mirosław	RZECZÓW	 POL		77M30/901	(M)241504:53:41	04:51:16 06.54
0:31:51 / 2300 0:59:53 / 2205 1:28:32 / 2151 2:04:22 / 2049 2:41:56 / 2212 3:21:28 / 2363 4:03:45 / 2555 4:37:34 / 2644								
2646	1617	BOBOWIK Maciej	GDAŃSK/KOWALE	 POL	BIEGOSFERA TEAM GDAŃSK	79M30/902	(M)241604:53:43	04:51:59 06.55
0:30:37 / 2092 0:58:35 / 2077 1:27:59 / 2113 2:08:23 / 2262 2:47:22 / 2423 3:25:46 / 2520 4:03:08 / 2544 4:35:16 / 2607								
2647	859	HERNIK Bogusław	WĘGRZCE	 POL	NIEZRZESZONY	72M40/667	(M)241704:53:43	04:50:52 06.53
0:36:07 / 2926 1:09:02 / 2937 1:42:25 / 2889 2:24:02 / 2813 3:01:08 / 2819 3:34:09 / 2711 4:05:24 / 2602 4:33:14 / 2578								
2648	3118	KŁODNICKI Krzysztof	OLEŚNICA	 POL	KB LUPUS	72M40/668	(M)241804:53:53	04:51:15 06.54
0:36:07 / 2927 1:04:55 / 2646 1:36:17 / 2611 2:16:29 / 2582 2:55:18 / 2691 3:32:47 / 2658 4:10:42 / 2684 4:38:07 / 2654								
2649	1288	NADAŻY Radek	BOHUMÍN - PUDLOV	 CZE	KOPYTOV - PUDLOV	65M40/669	(M)241904:53:54	04:52:19 06.55
0:30:14 / 1932 0:58:05 / 1876 1:27:08 / 2049 2:06:08 / 2126 2:45:35 / 2367 3:24:41 / 2488 4:03:55 / 2558 4:36:58 / 2636								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
2650	1800	WRÓBLEWSKI Marcin	KRAKÓW	POL		82M30/903		(M)242004:54:07	04:52:45	06.56
0:31:27 / 2239 1:02:04 / 2365 1:34:19 / 2534 2:17:49 / 2683 3:01:07 / 2818 3:36:49 / 2758 4:13:01 / 2712 4:39:57 / 2677										
2651	349	SIEDLECKI Tomasz	GRÓJEC	POL		85M20/439		(M)242104:54:08	04:51:58	06.55
0:32:46 / 2421 1:02:38 / 2416 1:32:06 / 2370 2:11:33 / 2422 2:51:20 / 2538 3:26:39 / 2544 4:03:03 / 2541 4:36:57 / 2635										
2652	3024	ROGAŁA Maciej	SIERADZ	POL		63M40/670		(M)242204:54:09	04:51:22	06.54
0:36:10 / 2937 1:09:01 / 2929 1:42:25 / 2888 2:23:55 / 2807 3:01:04 / 2808 3:34:09 / 2710 4:07:29 / 2637 4:37:05 / 2638										
2653	264	CICHÓN Marcin	KATOWICE	POL		73M30/904		(M)242304:54:10	04:51:57	06.55
0:32:32 / 2387 1:01:45 / 2339 1:30:53 / 2265 2:05:21 / 2091 2:40:44 / 2146 3:20:14 / 2327 3:57:44 / 2424 4:33:43 / 2590										
2654	2580	DUDEK Krystian	KRAKÓW	POL		89M20/440		(M)242404:54:18	04:51:43	06.54
0:34:57 / 2759 1:06:39 / 2755 1:38:05 / 2722 2:16:44 / 2603 2:52:09 / 2570 3:33:04 / 2662 4:10:20 / 2678 4:40:10 / 2678										
2655	338	ODA Futoshi	WALBRZYCH	JPN	TEMPO WALBRZYCH	67M40/671		(M)242504:54:18	04:51:40	06.54
0:34:58 / 2771 1:06:31 / 2740 1:37:46 / 2697 2:16:32 / 2586 2:52:31 / 2614 3:29:12 / 2601 4:05:46 / 2607 4:37:33 / 2643										
2656	2726	TAWRAL Michał	KRAKÓW	POL		92M20/441		(M)242604:54:23	04:52:07	06.55
0:32:24 / 2369 1:01:18 / 2298 1:30:39 / 2256 2:09:51 / 2384 2:51:42 / 2548 3:33:52 / 2696 4:11:09 / 2691 4:39:23 / 2666										
2657	2609	SUJECKI Adrian	SZYDŁOWIEC	POL		93M20/442		(M)242704:54:23	04:53:09	06.56
0:28:41 / 1540 0:55:23 / 1508 1:22:46 / 1531 2:00:35 / 1813 2:43:47 / 2309 3:28:47 / 2584 4:11:29 / 2698 4:40:11 / 2679										
2658	1622	SADOWY Andrzej	PLESZEW	POL	NIEZRZESZONY	60M50/332		(M)242804:54:26	04:51:47	06.54
0:34:18 / 2686 1:04:42 / 2632 1:35:40 / 2581 2:15:08 / 2541 2:52:37 / 2618 3:29:52 / 2614 4:08:10 / 2648 4:37:46 / 2650										
2659	3426	FLEMMIG Frederik	GLAUCHAU	GER		76M30/905		(M)242904:54:26	04:52:18	06.55
0:32:06 / 2332 1:01:37 / 2321 1:32:31 / 2462 2:11:12 / 2414 2:52:10 / 2575 3:32:11 / 2649 4:09:07 / 2660 4:40:33 / 2685										
2660	1901	GONDEK Krzysztof	PRZECLAW	POL		78M30/906		(M)243004:54:41	04:52:25	06.55
0:32:31 / 2386 1:02:28 / 2389 1:32:11 / 2408 2:09:10 / 2349 2:47:17 / 2422 3:26:26 / 2541 4:06:48 / 2628 4:39:25 / 2667										
2661	2119	DYRDAŁ Tomasz	ŁAPANÓW	POL		88M20/443		(M)243104:54:44	04:52:32	06.55
0:35:17 / 2850 1:06:48 / 2832 1:38:13 / 2763 2:16:59 / 2646 2:58:14 / 2750 3:37:33 / 2767 4:11:14 / 2692 4:39:57 / 2676										
2662	3147	KRÓL Grzegorz	KRAKÓW	POL		87M20/444		(M)243204:54:55	04:52:04	06.55
0:34:49 / 2736 1:04:40 / 2629 1:35:30 / 2571 2:15:08 / 2542 2:52:17 / 2598 3:29:24 / 2605 4:09:23 / 2666 4:36:14 / 2632										
2663	623	SEDLAK Kazimierz	KRAKÓW	POL	KKB DYSTANS	52M60/74		(M)243304:55:11	04:52:42	06.56
0:34:22 / 2691 1:05:33 / 2678 1:37:13 / 2660 2:15:56 / 2562 2:52:15 / 2595 3:29:01 / 2595 4:09:13 / 2663 4:38:22 / 2655										
2664	2490	FRANCUZIAK Tomasz	KRAKÓW	POL		75M30/907		(M)243404:55:14	04:53:00	06.56
0:33:13 / 2553 1:02:54 / 2526 1:34:05 / 2528 2:14:02 / 2477 2:49:42 / 2478 3:26:40 / 2547 4:06:26 / 2622 4:39:07 / 2662										
2665	3281	MIĘTKA Jacek	KRAKÓW	POL	PRZEWODNIK NIEWIDOMEGO	73M30/908	B1/2	(M)243504:55:18	04:53:17	06.57
0:32:43 / 2410 1:03:21 / 2563 1:34:15 / 2533 2:12:53 / 2447 2:51:55 / 2557 3:31:37 / 2644 4:09:28 / 2668 4:39:34 / 2672										
2666	534	VILPINI Guillaume	LYON (FRANCE)	FRA		83M20/445		(M)243604:55:19	04:53:44	06.57
0:30:31 / 2055 0:58:38 / 2093 1:27:11 / 2053 2:06:27 / 2142 2:51:44 / 2549 3:33:28 / 2680 4:10:54 / 2687 4:41:20 / 2689										
2667	2852	DYDO Paweł	DĘBICA	POL		84M20/446		(M)243704:55:20	04:54:00	06.58
0:31:24 / 2235 1:02:37 / 2409 1:34:30 / 2537 2:14:45 / 2519 2:54:21 / 2664 3:33:10 / 2665 4:10:28 / 2680 4:40:22 / 2681										
2668	2729	KUMOR Jacek Janusz	WROCLAW	POL	POMAGANIE PRZEZ BIEGANIE	66M40/672		(M)243804:55:24	04:54:13	06.58
0:33:18 / 2562 1:04:45 / 2642 1:36:09 / 2597 2:15:48 / 2554 2:55:05 / 2684 3:31:13 / 2635 4:10:00 / 2676 4:39:33 / 2671										
2669	1442	JÓZWICKI Łukasz	WARSZAWA	POL		86M20/447		(M)243904:55:26	04:52:39	06.56
0:35:14 / 2841 1:07:21 / 2862 1:38:13 / 2762 2:14:04 / 2478 2:47:34 / 2426 3:24:55 / 2496 4:05:51 / 2611 4:39:33 / 2670										
2670	3112	KUCZYŃSKI Tadeusz	WROCLAW	POL		55M50/333		(M)244004:55:45	04:53:18	06.57
0:35:07 / 2810 1:06:47 / 2826 1:38:21 / 2777 2:17:27 / 2665 2:57:37 / 2737 3:34:31 / 2723 4:11:07 / 2690 4:39:27 / 2669										
2671	2858	BORKOWSKI Rafał	NOWY SĄCZ	POL		75M30/909		(M)244104:55:49	04:53:02	06.56
0:36:18 / 2963 1:09:02 / 2936 1:42:34 / 2902 2:23:45 / 2797 3:01:14 / 2825 3:34:58 / 2737 4:07:58 / 2647 4:37:36 / 2645										
2672	1369	DUDZIK Tomasz	KRAKÓW	POL		84M20/448		(M)244204:55:57	04:54:05	06.58
0:33:09 / 2546 1:03:11 / 2553 1:33:15 / 2501 2:11:30 / 2421 2:50:13 / 2502 3:30:17 / 2619 4:06:47 / 2627 4:39:15 / 2663										
2673	1777	OSZMAŃSKI Andrzej	WARSZAWA	POL		82M30/910		(M)244304:55:58	04:53:21	06.57
0:35:01 / 2781 1:06:41 / 2774 1:38:06 / 2731 2:16:45 / 2609 2:52:30 / 2613 3:34:20 / 2718 4:13:16 / 2714 4:42:57 / 2703										
2674	377	ŚLIWKA Bogusław	WROCLAW	POL		61M50/334		(M)244404:56:10	04:53:49	06.57
0:34:09 / 2669 1:06:29 / 2736 1:40:06 / 2828 2:20:56 / 2750 2:59:55 / 2780 3:36:29 / 2756 4:11:47 / 2701 4:39:51 / 2675										
2675	1469	CHMIELEWSKI Janusz	BRZEG	POL	PKS BRZEG	57M50/335		(M)244504:56:10	04:53:46	06.57
0:32:31 / 2382 1:01:58 / 2358 1:31:50 / 2342 2:09:41 / 2380 2:50:23 / 2510 3:28:50 / 2585 4:06:23 / 2620 4:38:23 / 2656										
2676	521	SZKODZIŃSKI Andrzej	TORUŃ	POL	T.S. OPATRUNKI	59M50/336		(M)244604:56:16	04:55:48	07.00
0:29:46 / 1788 0:58:38 / 2092 1:27:27 / 2065 2:05:20 / 2089 2:43:58 / 2319 3:25:39 / 2519 4:07:49 / 2645 4:39:17 / 2665										
2677	3181	ADAMCZYK Jacek	POLKOWICE	POL		70M40/673		(M)244704:56:26	04:55:09	06.59
0:34:38 / 2708 1:07:31 / 2869 1:40:23 / 2833 2:20:31 / 2745 2:58:21 / 2752 3:33:39 / 2687 4:09:12 / 2662 4:38:37 / 2658										
2678	2447	SAPIŃSKI Mariusz	WARSZAWA	POL		72M40/674		(M)244804:56:30	04:54:05	06.58
0:33:34 / 2589 1:04:44 / 2640 1:36:57 / 2646 2:17:36 / 2668 2:59:51 / 2779 3:37:20 / 2762 4:13:48 / 2719 4:42:57 / 2702										

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]	
Check pts:											
2679	2634	POREBSKI Jacek	BOCHNIA		POL / BIEGAM BO MUSZĘ	68M40/675	(M)2449	04:56:35	04:53:57	06.58	
0:35:16 / 2849 1:06:57 / 2846 1:39:28 / 2818 2:19:44 / 2732 2:56:50 / 2723 3:32:17 / 2652 4:08:57 / 2659 4:39:25 / 2668											
2680	1664	BIERA Stefan	KRAKÓW		POL / -	46M60/75	(M)2450	04:57:02	04:54:46	06.59	
0:32:43 / 2411 1:02:52 / 2519 1:34:02 / 2526 2:14:07 / 2482 2:53:04 / 2638 3:30:45 / 2624 4:09:16 / 2664 4:39:47 / 2673											
2681	1188	LEWANDOWSKI Marek	ZBĄSZYŃ		POL / TKKF LABĘDŹ ZBĄSZYŃ	72M40/676	(M)2451	04:57:13	04:56:18	07.01	
0:28:04 / 1373 0:56:15 / 1622 1:26:22 / 1985 2:06:55 / 2168 2:48:48 / 2456 3:27:26 / 2569 4:09:23 / 2667 4:42:15 / 2694											
2682	1912	SUROWIEC Marian	MILANÓW		POL / AGRO-CORN	50M60/76	(M)2452	04:57:13	04:54:58	06.59	
0:33:21 / 2565 1:03:04 / 2547 1:33:30 / 2506 2:14:36 / 2513 2:52:27 / 2612 3:33:10 / 2666 4:11:41 / 2699 4:42:15 / 2695											
2683	3391	FRANCOISNOEL Miranda	BAYONNE		FRA	60K50/17	(K)231	04:57:18	04:55:56	07.00	
0:31:33 / 2258 1:01:40 / 2324 1:31:34 / 2317 2:09:58 / 2387 2:51:29 / 2541 3:33:18 / 2672 4:09:57 / 2674 4:41:00 / 2686											
2684	1871	BRYCKI Mateusz	WROCLAW		POL / EKG WROCLAW	88M20/449	(M)2453	04:57:21	04:55:47	07.00	
0:31:33 / 2257 0:58:20 / 2002 1:27:37 / 2083 2:08:18 / 2243 2:48:38 / 2450 3:25:37 / 2518 4:01:31 / 2522 4:40:25 / 2682											
2685	3490	ŻUKOWSKI Piotr	WARSZAWA		POL / ŚW.MARTA,W-WA,DW.CENTR.PKP	55M50/337	(M)2454	04:57:21	04:54:27	06.58	
0:38:05 / 2995 1:08:40 / 2904 1:40:55 / 2841 2:22:17 / 2768 3:04:18 / 2858 3:39:48 / 2781 4:16:44 / 2752 4:43:06 / 2704											
2686	1207	GARLING Andreas	DORTMUND		GER / TUS LUTTEN	61M50/338	(M)2455	04:57:21	04:54:33	06.58	
0:35:17 / 2851 1:07:16 / 2858 1:40:04 / 2826 2:21:26 / 2758 3:01:04 / 2809 3:36:17 / 2749 4:12:19 / 2704 4:41:03 / 2687											
2687	3378	NOWAK Marek	WIELICZKA		POL / AZS AWF MASTERS KRAKÓW	57M50/339	(M)2456	04:57:33	04:56:58	07.02	
0:28:34 / 1510 0:57:37 / 1799 1:27:33 / 2073 2:06:07 / 2123 2:45:48 / 2379 3:24:35 / 2482 4:05:47 / 2609 4:40:31 / 2683											
2688	562	HATALA Sławomir	RZYKI		POL / 18BPD	81M30/911	(M)2457	04:57:35	04:56:28	07.01	
0:29:49 / 1800 0:58:32 / 2057 1:27:41 / 2088 2:06:09 / 2128 2:45:48 / 2378 3:30:53 / 2629 4:12:45 / 2709 4:42:28 / 2697											
2689	2152	NERC Agata	BRODY PARCELE		POL / STRAŻ MIEJSKA WARSZAWA	85K20/58	(K)232	04:57:36	04:56:29	07.01	
0:29:48 / 1792 0:58:32 / 2058 1:27:41 / 2089 2:06:10 / 2129 2:48:02 / 2437 3:30:53 / 2628 4:12:44 / 2708 4:42:28 / 2698											
2690	1324	NAWROCKI Jerzy	KROSNO		POL / KROSNO	72M40/677	(M)2458	04:57:49	04:56:07	07.01	
0:29:48 / 1793 0:59:01 / 2149 1:29:38 / 2212 2:09:57 / 2386 2:53:20 / 2641 3:33:03 / 2661 4:10:32 / 2681 4:41:12 / 2688											
2691	3420	UCHMAN Natalia	POZNAŃ		POL	82K30/100	(K)233	04:57:58	04:55:23	07.00	
0:36:24 / 2969 1:09:03 / 2943 1:42:29 / 2900 2:22:54 / 2775 3:00:43 / 2794 3:34:34 / 2725 4:10:18 / 2677 4:41:27 / 2690											
2692	2724	PREDA Mihai	WARSZAWA		POL	75M30/912	(M)2459	04:58:02	04:55:18	06.59	
0:38:34 / 2999 1:07:16 / 2859 1:39:49 / 2824 2:20:00 / 2739 2:59:32 / 2776 3:39:23 / 2779 4:16:03 / 2744 4:43:45 / 2710											
2693	1287	LACOMBE Jean-michel	SORGUES		FRA	45M60/77	(M)2460	04:58:14	04:56:57	07.02	
0:30:18 / 1963 0:58:14 / 1975 1:26:47 / 2016 2:03:39 / 2026 2:40:21 / 2133 3:20:22 / 2330 4:02:31 / 2532 4:36:48 / 2634											
2694	519	OSBORN Kevan	BALLASALLA		GBR / IOM VETERAN ATHLETES CLUB	45M60/78	(M)2461	04:58:15	04:55:40	07.00	
0:33:52 / 2629 1:05:00 / 2652 1:36:34 / 2630 3:40:51 / 3014 2:59:56 / 2781 3:20:22 / 2329 4:17:02 / 2755 4:43:58 / 2712											
2695	478	SZCZEPANIAK Miłosz	KALISZ		POL / AZS UAM POZNAŃ	90M20/450	(M)2462	04:58:17	04:56:02	07.00	
0:32:59 / 2513 1:02:46 / 2485 1:32:53 / 2488 2:11:45 / 2427 2:53:52 / 2657 3:32:18 / 2653 4:14:34 / 2724 4:43:43 / 2709											
2696	1615	MARCYK Marek	ŚWIATNIKI GÓRNE		POL	71M40/678	(M)2463	04:58:18	04:56:02	07.00	
0:32:46 / 2423 1:02:43 / 2459 1:32:35 / 2470 2:11:48 / 2430 2:52:10 / 2576 3:31:23 / 2640 4:10:49 / 2685 4:41:30 / 2691											
2697	3274	ALBOVLKHAIK Medhat	ALEXANDRIA		EGY / ACHILLES INTERNATIONAL EGIPT	68M40/679	Niep/13	(M)2464	04:58:21	04:56:05	07.01
0:32:46 / 2424 1:02:43 / 2460 3:41:59 / 3008 2:45:12 / 2961 1:42:45 / 27 3:31:23 / 2641 4:10:49 / 2686 4:28:46 / 2483											
2698	3404	KIRYJCZUK Karolina	OŚWIĘCIM		POL	85K20/59	(K)234	04:58:22	04:56:02	07.00	
0:33:03 / 2529 1:02:50 / 2514 1:32:51 / 2487 2:12:29 / 2440 2:53:47 / 2654 3:31:10 / 2633 4:10:37 / 2682 4:28:46 / 2484											
2699	3057	JUZA Marek	KRAKÓW		POL	79M30/913	(M)2465	04:58:27	04:55:58	07.00	
0:33:03 / 2528 1:04:33 / 2625 1:34:01 / 2525 2:12:28 / 2439 2:52:21 / 2605 3:33:01 / 2660 4:11:23 / 2696 4:43:42 / 2708											
2700	2865	TREBOUL Jean-baptiste	ISSY LES MOULINEAUX		FRA	68M40/680	(M)2466	04:58:40	04:57:21	07.02	
0:29:28 / 1723 0:59:59 / 2208 1:28:18 / 2137 2:06:15 / 2134 2:45:51 / 2380 3:24:38 / 2486 4:03:00 / 2539 4:40:15 / 2680											
2701	3213	WĘGRZYN Krzysztof	WOJNICZ		POL	61M50/340	(M)2467	04:58:46	04:56:01	07.00	
0:35:00 / 2777 1:06:42 / 2785 1:38:07 / 2734 3:33:55 / 3011 2:55:36 / 2697 3:24:38 / 2487 4:12:03 / 2702 4:43:35 / 2707											
2702	2028	WALICKI Robert	ZABRZE		POL / APA GLIWICE	83M20/451	(M)2468	04:58:46	04:56:10	07.01	
0:34:58 / 2770 1:04:06 / 2603 1:34:21 / 2535 2:14:33 / 2503 2:59:30 / 2775 3:37:35 / 2768 4:16:14 / 2745 4:44:33 / 2717											
2703	1229	ŁUSZCZYŃSKI Janusz	KROSNO		POL / NIEZRZESZONY	61M50/341	(M)2469	04:58:52	04:56:17	07.01	
0:35:14 / 2843 1:06:45 / 2813 1:40:32 / 2838 2:24:15 / 2822 3:00:19 / 2788 3:33:20 / 2677 4:07:38 / 2643 4:38:58 / 2660											
2704	3347	RESZKE Sławomir	JÓZEFOSŁAW		POL / MUCHOMOREK SPORT	63M40/681	(M)2470	04:58:54	04:56:51	07.02	
0:32:09 / 2347 1:01:52 / 2350 1:31:59 / 2351 2:11:14 / 2416 2:51:12 / 2533 3:31:26 / 2642 4:09:35 / 2669 4:42:14 / 2693											
2705	3189	WĄTROBA Janusz	ZIELONKI		POL / N.7.45!	59M50/342	(M)2471	04:58:57	04:56:30	07.01	
0:34:03 / 2654 1:04:04 / 2597 1:36:13 / 2603 2:16:00 / 2565 2:53:46 / 2652 3:34:42 / 2731 4:15:45 / 2739 4:44:31 / 2715											
2706	419	KOZŁOWSKI Antoni	KACZORY		POL / GMINA KACZORY	63M40/682	(M)2472	04:58:58	04:55:50	07.00	
0:37:20 / 2986 1:22:10 / 3013 1:53:22 / 2982 2:40:03 / 2949 3:16:33 / 2959 3:50:31 / 2906 4:24:16 / 2841 4:46:41 / 2738											
2707	1758	OGÓREK Cezary	WARSZAWA		POL	78M30/914	(M)2473	04:58:58	04:56:32	07.01	
0:33:34 / 2588 1:04:13 / 2610 1:37:04 / 2652 2:17:44 / 2678 2:58:01 / 2744 3:36:17 / 2750 4:15:44 / 2737 4:44:48 / 2723											

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupa Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
2708	3059	SZYMAŃSKI Adam	POŁANIEC	POL			60M50/343	(M)2474	04:58:58	04:56:43 07.01
0:33:22 / 2570 1:03:14 / 2557 1:33:42 / 2515 2:14:17 / 2487 2:53:03 / 2636 3:33:42 / 2688 4:14:35 / 2725 4:42:51 / 2700										
2709	274	KRASIŃSKI Piotr	WARSZAWA	POL			75M30/915	(M)2475	04:58:59	04:56:32 07.01
0:33:22 / 2569 1:04:15 / 2614 1:37:05 / 2653 2:17:44 / 2679 2:58:01 / 2745 3:36:18 / 2751 4:15:45 / 2738 4:44:48 / 2722										
2710	1312	SIWIEC Mariusz	KRAKÓW	POL			69M40/683	(M)2476	04:59:00	04:56:39 07.01
0:32:50 / 2456 1:01:49 / 2348 1:31:17 / 2297 2:08:22 / 2254 2:46:34 / 2400 3:28:07 / 2579 4:09:47 / 2672 4:42:09 / 2692										
2711	777	RÓWŃIAK Michał	KSIAŻ WIELKI	POL			76M30/916	(M)2477	04:59:07	04:56:41 07.01
0:33:46 / 2618 1:04:03 / 2595 1:36:01 / 2589 2:14:53 / 2526 2:53:47 / 2653 3:34:42 / 2730 4:15:46 / 2740 4:44:32 / 2716										
2712	1486	POLCZYK Edward	RUDA ŚLĄSKA	POL			59M50/344	(M)2478	04:59:17	04:56:51 07.02
0:33:41 / 2605 1:03:59 / 2588 1:35:25 / 2565 2:16:25 / 2576 2:54:34 / 2666 3:31:51 / 2645 4:10:21 / 2679 4:42:48 / 2699										
2713	3230	STANIEWSKI Eugeniusz	ZGORZELEC	POL			51M60/79	(M)2479	04:59:19	04:56:41 07.01
0:33:41 / 2607 1:06:39 / 2754 1:37:58 / 2704 2:15:55 / 2561 2:52:09 / 2573 3:31:21 / 2639 4:11:46 / 2700 4:43:35 / 2706										
2714	2445	RADAJEWSKI Łukasz	ROSTARZEWO	POL	/ KB MANIAC POZNAŃ		81M30/917	(M)2480	04:59:24	04:57:11 07.02
0:33:41 / 2606 1:03:03 / 2544 1:35:10 / 2552 2:13:58 / 2474 2:51:55 / 2556 3:32:12 / 2650 4:11:22 / 2695 4:44:02 / 2713										
2715	2913	SKURATOWICZ Artur	KRAKOW	POL	/ MARATON DLA WOJTKOW		75M30/918	(M)2481	04:59:33	04:56:27 07.01
0:34:42 / 2715 1:06:27 / 2732 1:39:33 / 2820 2:20:49 / 2748 3:01:20 / 2828 3:40:04 / 2786 4:14:31 / 2723 4:43:47 / 2711										
2716	354	CZAMPIEL Mirosław	RYBNIK	POL			66M40/684	(M)2482	04:59:34	04:57:12 07.02
0:33:39 / 2599 1:03:37 / 2568 1:36:05 / 2596 2:17:41 / 2674 2:57:29 / 2733 3:37:52 / 2770 4:13:23 / 2716 4:42:54 / 2701										
2717	2718	BOMBA Rafał	NOWY SĄCZ	POL			57M50/345	(M)2483	04:59:41	04:56:54 07.02
0:35:05 / 2801 1:04:42 / 2634 1:35:39 / 2578 2:15:05 / 2536 2:53:39 / 2648 3:33:10 / 2667 4:12:32 / 2707 4:44:47 / 2721										
2718	1584	TEICHERT Maria	WARSZAWA	POL	/ ACTIVESPORT		64K40/54	(K)235	04:59:46	04:57:30 07.03
0:32:49 / 2449 1:05:08 / 2665 1:37:28 / 2679 2:20:10 / 2740 3:02:12 / 2836 3:39:30 / 2780 4:16:38 / 2750 4:45:34 / 2732										
2719	2927	MIROWSKI Mirosław	KRAKÓW	POL			68M40/685	(M)2484	04:59:46	04:56:55 07.02
0:30:56 / 2184 0:58:31 / 2051 1:27:14 / 2058 2:07:44 / 2208 2:49:49 / 2480 3:31:53 / 2647 4:13:20 / 2715 4:44:08 / 2714										
2720	2755	LAKHLOUFI Tam	CASABLANCA	MAR	/ CMCF		58K50/18	(K)236	04:59:50	04:57:42 07.03
0:30:56 / 2183 1:10:12 / 2977 1:42:42 / 2908 2:24:11 / 2820 3:04:56 / 2868 3:41:13 / 2810 4:16:45 / 2753 4:44:49 / 2724										
2721	2025	NIEZGÓDKA Tomasz	WROCLAW	POL	/ -		70M40/686	(M)2485	05:00:17	04:58:05 07.03
0:32:41 / 2407 1:02:21 / 2381 1:32:08 / 2390 2:09:08 / 2347 2:49:27 / 2469 3:30:47 / 2625 4:12:20 / 2705 4:44:37 / 2718										
2722	2824	KACZMAREK Henryk	STRZELIN	POL			63M40/687	(M)2486	05:00:18	04:58:00 07.03
0:31:31 / 2252 0:59:07 / 2154 1:26:57 / 2031 2:02:40 / 1964 2:41:38 / 2193 3:25:32 / 2513 4:12:11 / 2703 4:45:11 / 2727										
2723	885	KONDEK Dominik	BUSKO-ZDRÓJ	POL			81M30/919	(M)2487	05:00:46	04:58:05 07.03
0:31:31 / 2251 1:05:45 / 2705 1:36:04 / 2595 2:15:02 / 2530 2:51:25 / 2540 3:27:59 / 2578 4:06:13 / 2617 4:40:32 / 2684										
2724	825	ZAPART Grzegorz	KRAKÓW	POL	/ APPLY POLAND		72M40/688	(M)2488	05:00:51	04:58:47 07.04
0:32:18 / 2357 1:02:24 / 2385 1:32:16 / 2432 2:13:37 / 2470 2:54:52 / 2672 3:34:22 / 2719 4:14:20 / 2721 4:46:21 / 2737										
2725	367	GRECZKA Przemysław	KSAWERÓW	POL	/ GRECZKA		61M50/346	(M)2489	05:00:56	04:58:34 07.04
0:33:06 / 2536 1:02:47 / 2491 1:32:14 / 2419 2:10:56 / 2407 2:53:54 / 2659 3:34:40 / 2728 4:15:50 / 2741 4:45:21 / 2729										
2726	2441	KUBIK Krzysztof	WIELICZKA	POL			78M30/920	(M)2490	05:01:00	04:58:09 07.03
0:40:05 / 3007 1:15:02 / 3004 1:48:57 / 2967 2:29:18 / 2885 3:07:40 / 2897 3:42:33 / 2822 4:20:14 / 2793 4:46:42 / 2739										
2727	2543	GNIZA Paweł	BIERUŃ	POL			89M20/452	(M)2491	05:01:02	04:58:34 07.04
0:34:44 / 2720 1:06:20 / 2725 1:38:07 / 2735 2:17:38 / 2671 2:57:32 / 2736 3:34:18 / 2717 4:16:20 / 2747 4:45:21 / 2730										
2728	3258	KUREK Marian	WOLA DEBIŃSKA	POL			77M30/921	(M)2492	05:01:13	04:58:31 07.04
0:37:02 / 2981 1:10:21 / 2978 1:45:06 / 2942 2:26:00 / 2856 3:02:45 / 2846 3:42:48 / 2826 4:21:04 / 2805 4:48:08 / 2755										
2729	3125	GARBIENIEC Mieczysław	LEŃCZE	POL			47M60/80	(M)2493	05:01:15	05:00:21 07.07
0:30:03 / 1835 0:58:05 / 1885 1:27:06 / 2046 2:05:11 / 2082 2:46:34 / 2399 3:29:50 / 2613 4:11:17 / 2694 4:44:55 / 2726										
2730	3160	CHOMA Bartłomiej	SKARŻYSKO-KAM.	POL			80M30/922	(M)2494	05:01:17	04:58:33 07.04
0:35:24 / 2861 1:06:14 / 2714 1:36:35 / 2631 2:15:31 / 2549 2:58:28 / 2755 3:36:49 / 2759 4:15:18 / 2731 4:45:34 / 2733										
2731	2675	KURKUS Aleksander	WARSZAWA	POL			71M40/689	(M)2495	05:01:38	04:58:50 07.04
0:36:11 / 2941 1:09:00 / 2924 1:42:25 / 2885 2:23:55 / 2806 3:01:05 / 2812 3:34:10 / 2715 4:13:01 / 2711 4:44:52 / 2725										
2732	3135	POZNANSKA Magdalena	KRAKÓW	POL	/ ITI ADVENTURE TEAM		71K40/55	(K)237	05:01:41	04:59:06 07.05
0:34:56 / 2753 1:06:44 / 2800 1:38:11 / 2756 2:17:00 / 2649 2:59:23 / 2771 3:38:18 / 2774 4:14:44 / 2728 4:44:44 / 2719										
2733	3136	POZNANSKI Tomasz	KRAKÓW	POL	/ ITI ADVENTURE TEAM		72M40/690	(M)2496	05:01:42	04:59:06 07.05
0:34:56 / 2755 1:06:44 / 2804 1:38:14 / 2765 2:19:01 / 2710 2:59:23 / 2772 3:38:20 / 2775 4:14:46 / 2729 4:44:46 / 2720										
2734	474	BARTL István	DOROG	HUN			60M50/347	(M)2497	05:01:44	04:59:43 07.06
0:30:11 / 1906 0:58:50 / 2120 1:29:39 / 2214 2:14:05 / 2479 2:58:59 / 2765 3:38:43 / 2778 4:15:43 / 2736 4:45:30 / 2731										
2735	2339	KACZMARSKI Rafał	WABIENICE	POL	/ KB LUPUS		78M30/923	(M)2498	05:01:53	04:59:14 07.05
0:34:39 / 2711 1:04:55 / 2645 1:36:24 / 2617 2:17:19 / 2659 2:55:04 / 2683 3:36:18 / 2753 4:19:03 / 2779 4:46:44 / 2740										
2736	1334	SENDYKA Ferdinando	KRAKÓW	POL			90M20/453	(M)2499	05:02:07	04:59:56 07.06
0:32:19 / 2358 1:01:05 / 2275 1:30:05 / 2237 2:08:30 / 2297 2:51:58 / 2561 3:35:39 / 2745 4:18:27 / 2772 4:46:02 / 2736										

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
2737	1103	WÓJCIK Leszek	DOBCZYCE	POL		55M50/348		(M)250005:02:18	04:59:59	07.06
		0:33:43 / 2610	1:03:03 / 2542	1:33:57 / 2523	2:14:18 / 2489	2:54:54 / 2678	3:34:32 / 2724	4:14:11 / 2720	4:45:17 / 2728	
2738	3195	MARCINIAK Szymon	TOMASZÓW MAZ.	POL	/ MODUSDENT.PL	78M30/924		(M)250105:02:30	05:00:00	07.06
		0:33:55 / 2638	1:02:47 / 2490	1:32:28 / 2457	2:13:00 / 2453	2:56:24 / 2715	3:35:12 / 2743	4:15:56 / 2742	4:50:18 / 2779	
2739	2245	FARON Mirosław	OLEŚNICA	POL	/ ADIDAS POLAND	78M30/925		(M)250205:02:38	05:00:58	07.07
		0:29:11 / 1663	0:55:35 / 1539	1:21:40 / 1420	1:54:35 / 1361	2:33:49 / 1856	3:18:22 / 2280	4:03:49 / 2556	4:42:22 / 2696	
2740	2639	BENDER Patryk	PRZEWORSK	POL		87M20/454		(M)250305:02:44	05:00:35	07.07
		0:32:50 / 2450	1:02:38 / 2415	1:32:09 / 2397	2:08:32 / 2301	2:47:43 / 2428	3:34:14 / 2716	4:19:23 / 2783	4:47:50 / 2751	
2741	3405	GILEWICZ Mirek	WARSZAWA	POL		61M50/349		(M)250405:02:59	05:00:20	07.07
		0:35:27 / 2865	1:07:35 / 2874	1:41:27 / 2849	2:23:26 / 2785	3:04:00 / 2855	3:41:12 / 2809	4:18:32 / 2774	4:47:39 / 2748	
2742	1152	SZYBOWSKI Sławomir	WARSZAWA	POL		74M30/926		(M)250505:03:13	05:00:24	07.07
		0:35:52 / 2905	1:08:39 / 2902	1:41:04 / 2843	2:18:56 / 2709	2:54:57 / 2681	3:29:40 / 2611	4:14:43 / 2726	4:46:50 / 2741	
2743	3270	WERSZNER Przemysław	WROCLAW	POL	/ DRUŻYNA SZPIKU	70M40/691		(M)250605:03:15	05:00:39	07.07
		0:33:30 / 2584	1:03:51 / 2582	1:35:13 / 2557	2:14:26 / 2495	2:54:53 / 2673	3:34:02 / 2703	4:14:50 / 2730	4:47:07 / 2743	
2744	1211	PIASECKI Piotr	PIOTRKOW	POL		79M30/927		(M)250705:03:19	05:02:07	07.09
		0:31:53 / 2305	1:02:05 / 2367	1:32:13 / 2417	2:12:14 / 2435	2:55:43 / 2699	3:37:31 / 2764	4:16:00 / 2743	4:47:34 / 2745	
2745	3242	PUCHAWSKI Maciej	WARSZAWA	POL		76M30/928		(M)250805:03:28	05:01:37	07.08
		0:29:28 / 1724	0:57:19 / 1769	1:29:27 / 2201	2:15:04 / 2532	2:58:56 / 2761	3:42:05 / 2818	4:20:40 / 2799	4:49:51 / 2772	
2746	1711	DYBAS Jacek	GORLICE	POL		84M20/455		(M)250905:03:32	05:00:54	07.07
		0:34:18 / 2681	1:05:11 / 2668	1:37:00 / 2648	2:18:43 / 2705	2:58:11 / 2748	3:36:28 / 2755	4:16:41 / 2751	4:48:15 / 2756	
2747	584	MILCZAREK Robert	SOCHACZEW	POL	/ PKO B SA	75M30/929		(M)251005:03:40	05:00:50	07.07
		0:36:10 / 2936	1:08:59 / 2923	1:42:24 / 2883	2:23:54 / 2800	3:01:09 / 2822	3:38:39 / 2776	4:17:29 / 2762	4:47:38 / 2747	
2748	2354	BOBOWSKI Marian	KRAKÓW	POL		57M50/350		(M)251105:03:42	05:01:23	07.08
		0:32:40 / 2404	1:01:49 / 2347	1:32:07 / 2380	2:13:41 / 2471	2:59:21 / 2770	3:40:48 / 2797	4:17:15 / 2758	4:48:07 / 2754	
2749	418	PIKULSKI Mieczysław	PIŃCZÓW	POL	/ KL PONIDZIE PIŃCZÓW	43M60/81		(M)251205:03:53	05:01:57	07.09
		0:33:13 / 2554	1:05:08 / 2664	1:38:04 / 2713	2:19:10 / 2714	2:56:39 / 2721	3:31:10 / 2634	4:11:23 / 2697	4:43:32 / 2705	
2750	1553	MICHALCZYK Michał	JURKÓW	POL		90M20/456		(M)251305:03:56	05:01:50	07.09
		0:32:07 / 2338	1:01:29 / 2316	1:30:40 / 2257	2:13:03 / 2455	2:54:37 / 2668	3:33:54 / 2698	4:13:29 / 2717	4:45:50 / 2735	
2751	3238	LASKOWSKI Piotr	WARSZAWA	POL		76M30/930		(M)251405:04:02	05:01:56	07.09
		0:33:06 / 2537	1:03:49 / 2578	1:35:49 / 2585	2:16:33 / 2588	2:55:16 / 2690	3:33:45 / 2692	4:11:14 / 2693	4:45:46 / 2734	
2752	1611	KARAŚ Dominik	KRAKÓW	POL		89M20/457		(M)251505:04:18	05:03:12	07.11
		0:31:20 / 2230	1:01:10 / 2280	1:32:01 / 2357	2:19:05 / 2712	2:58:09 / 2747	3:40:05 / 2788	4:21:52 / 2817	4:55:46 / 2828	
2753	699	BYSTRZYCKI Piotr	KRAKÓW	POL	/ 16 BPD KRAKÓW	83M20/458		(M)251605:04:26	05:02:11	07.09
		0:32:52 / 2470	1:03:07 / 2549	1:34:42 / 2544	2:16:53 / 2634	2:58:54 / 2760	3:40:56 / 2800	4:19:24 / 2784	4:47:47 / 2750	
2754	2140	KULANTY Krzysztof	ZALESIE GOLCZOWSKIE	POL		85M20/459		(M)251705:04:54	05:02:03	07.09
		0:34:56 / 2756	1:04:33 / 2624	1:35:29 / 2569	2:15:16 / 2547	2:54:54 / 2677	3:33:11 / 2668	4:12:45 / 2710	4:47:04 / 2742	
2755	1370	PAWLIK Robert	RUSZOWICE	POL		68M40/692		(M)251805:04:59	05:02:31	07.10
		0:32:47 / 2432	1:02:10 / 2371	1:32:13 / 2418	2:14:01 / 2476	2:56:35 / 2720	3:36:14 / 2747	4:16:24 / 2748	4:48:31 / 2757	
2756	816	FENET Daniel	PESSAC	FRA	/ BAVINCHOVE	48M60/82		(M)251905:05:01	05:02:48	07.10
		0:32:38 / 2400	1:01:52 / 2351	1:32:00 / 2353	2:10:25 / 2398	2:50:53 / 2525	3:34:24 / 2721	4:18:00 / 2765	4:49:37 / 2770	
2757	758	MAŁOLEPSZY Paweł	GRACZE	POL	/ BIEGACZE MONARU GRACZE	90M20/460		(M)252005:05:06	05:03:25	07.11
		0:35:34 / 2871	1:07:34 / 2873	1:40:31 / 2837	2:22:20 / 2769	3:01:48 / 2832	3:37:32 / 2766	4:16:53 / 2754	4:48:48 / 2759	
2758	2141	NOWORYTA Paulina	ALWERNIA	POL		89K20/60		(K)238 05:05:06	05:03:03	07.10
		0:31:47 / 2294	1:01:18 / 2297	1:31:42 / 2327	2:13:24 / 2462	2:55:26 / 2693	3:35:03 / 2739	4:15:22 / 2732	4:48:48 / 2760	
2759	811	WOJEWÓDZKI Grzegorz	PŁOCK	POL		74M30/931		(M)252105:05:06	05:03:53	07.12
		0:29:23 / 1706	0:57:34 / 1794	1:26:33 / 1997	2:05:50 / 2113	2:48:32 / 2448	3:35:25 / 2744	4:15:32 / 2735	4:47:37 / 2746	
2760	1200	HOLIK Monika	BRZESKO	POL	/ "BKB VICTORIA BRZESKO"	73K30/101		(K)239 05:05:13	05:02:37	07.10
		0:35:03 / 2794	1:06:16 / 2718	1:38:24 / 2784	2:19:57 / 2737	3:01:07 / 2815	3:40:51 / 2798	4:17:20 / 2759	4:47:50 / 2752	
2761	1930	URBAŃSKI Piotr	WAESZAWA	POL		71M40/693		(M)252205:05:13	05:02:29	07.10
		0:40:14 / 3009	1:15:19 / 3005	1:50:32 / 2975	2:33:49 / 2914	3:12:30 / 2935	3:47:05 / 2873	4:20:39 / 2798	4:49:57 / 2774	
2762	809	MARAS Ladislav	PRESOV	SVK	/ FORMA W.S.	63M40/694		(M)252305:05:18	05:02:47	07.10
		0:40:14 / 3008	1:06:43 / 2786	1:38:12 / 2761	2:17:25 / 2663	2:54:53 / 2674	3:33:34 / 2682	4:14:21 / 2722	4:47:28 / 2744	
2763	2233	SOBCZYK Gabriela	RACIBÓRZ	POL	/ SBD ENERGETYK RYBNIK	69K40/56		(K)240 05:05:22	05:04:27	07.12
		0:31:29 / 2247	1:03:10 / 2552	1:36:23 / 2616	2:17:47 / 2682	2:58:58 / 2764	3:40:10 / 2789	4:21:03 / 2802	4:49:47 / 2771	
2764	3221	DROGOSZCZ Robert	KRAKÓW	POL		63M40/695		(M)252405:05:36	05:02:42	07.10
		0:31:29 / 2248	1:06:43 / 2789	1:38:15 / 2772	2:17:33 / 2667	2:55:16 / 2689	3:36:03 / 2746	4:17:27 / 2761	4:47:47 / 2749	
2765	2499	TOBIASZ Wiesław	KRAKOW	POL	/ ELSTER	55M50/351		(M)252505:05:36	05:04:08	07.12
		0:32:43 / 2412	1:03:51 / 2581	1:35:34 / 2573	2:15:53 / 2558	2:53:03 / 2637	3:29:02 / 2596	4:13:14 / 2713	4:48:57 / 2761	

22.04.2012 17:04:03

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
2766	3370	LISSO Ruben	VALENCIA	ESP		91M20/461		(M)2526	05:05:42	05:03:03 07.10
0:35:00 / 2778 1:06:38 / 2752 1:38:10 / 2748 2:17:00 / 2650 2:52:15 / 2592 3:34:34 / 2726 4:17:11 / 2756 4:49:00 / 2762										
2767	3138	BEDNARZ Wacław	KRAKÓW	POL		65M40/696		(M)2527	05:05:45	05:03:26 07.11
0:33:07 / 2540 1:03:01 / 2539 1:33:32 / 2509 2:14:36 / 2515 2:58:57 / 2762 3:40:32 / 2793 4:20:21 / 2796 4:50:17 / 2777										
2768	2247	SROKA Mateusz	NOWY SĄCZ	POL		92M20/462		(M)2528	05:05:54	05:03:57 07.12
0:32:07 / 2340 1:01:44 / 2336 1:31:03 / 2279 2:07:49 / 2219 2:48:19 / 2442 3:34:34 / 2727 4:17:11 / 2757 4:49:00 / 2763										
2769	3023	SNYDER Sam	POZNAN	USA		90K20/61		(K)241	05:05:54	05:05:03 07.13
0:28:11 / 1413 0:56:45 / 1714 1:27:57 / 2110 2:08:29 / 2291 2:50:04 / 2499 3:33:19 / 2674 4:15:31 / 2734 4:48:40 / 2758										
2770	1291	MROWIEC Teresa	BLACHOWNIA	POL		63K40/57		(K)242	05:06:11	05:03:54 07.12
0:35:46 / 2894 1:08:22 / 2891 1:41:27 / 2850 2:23:28 / 2787 3:03:30 / 2851 3:44:50 / 2851 4:21:55 / 2818 4:50:28 / 2782										
2771	3109	IDZIK Przemysław	KRAKÓW	POL		78M30/932		(M)2529	05:06:12	05:03:21 07.11
0:36:07 / 2928 1:08:19 / 2890 1:41:10 / 2846 2:21:24 / 2755 3:01:07 / 2817 3:40:03 / 2785 4:18:33 / 2775 4:50:09 / 2775										
2772	2736	CIECIORA Tomasz	WÓLKA KOSOWSKA	POL	DRUŻYNA SZPIKU	69M40/697		(M)2530	05:06:34	05:04:32 07.13
0:34:06 / 2663 1:04:48 / 2643 1:36:33 / 2623 2:15:04 / 2533 2:54:36 / 2667 3:33:37 / 2685 4:15:24 / 2733 4:49:02 / 2764										
2773	2817	SAWA Ryszard	PRUSZKÓW	POL	CROSS WARSZAWA	44M60/83	B1/3	(M)2531	05:06:57	05:05:16 07.14
0:34:06 / 2664 1:03:55 / 2585 1:35:57 / 2586 2:17:54 / 2687 2:59:25 / 2774 3:40:32 / 2792 4:19:43 / 2789 4:49:02 / 2765										
2774	2972	SPÓLNIK Stanisław	KRAKÓW	POL	ACHILLES TRACK CLUB	51M60/84		(M)2532	05:06:57	05:04:30 07.12
0:34:17 / 2678 1:05:38 / 2681 1:37:22 / 2673 2:20:25 / 2744 3:00:07 / 2784 3:40:32 / 2791 4:19:42 / 2787 4:49:15 / 2767										
2775	2875	SENIUK Stanisław	KRAKÓW	POL	KRAKOWSKI KLUB KULTURY FIZYCZNEJ, SPORT	61M50/352	B1/4	(M)2533	05:06:57	05:05:13 07.14
2:59:24 / 2773 3:40:32 / 2790 4:19:43 / 2790 4:49:15 / 2766										
2776	465	MASŁOŃ Sebastian	KRAKÓW	POL		80M30/933		(M)2534	05:07:06	05:04:17 07.12
0:36:09 / 2934 1:09:00 / 2928 1:42:23 / 2877 2:23:54 / 2799 3:01:06 / 2813 3:40:37 / 2795 4:17:37 / 2763 4:49:17 / 2768										
2777	779	BENABDELLAH Ibtissam	CASABLANCA	MAR	CMCF	67K40/58		(K)243	05:07:06	05:04:58 07.13
0:37:07 / 2983 1:10:11 / 2976 1:42:43 / 2912 2:24:26 / 2826 3:05:50 / 2885 3:44:29 / 2847 4:21:38 / 2809 4:51:16 / 2792										
2778	3464	LAJBİK Jacek	WROCLAW	POL		79M30/934		(M)2535	05:07:09	05:04:53 07.13
0:32:47 / 2431 1:01:59 / 2359 1:32:38 / 2473 2:14:37 / 2516 2:58:58 / 2763 3:40:33 / 2794 4:20:22 / 2797 4:50:17 / 2778										
2779	2267	WYDRA Jerzy	STALOWA WOLA	POL	ELEKTROWNIA STALOWA WOLA	54M50/353		(M)2536	05:07:21	05:05:21 07.14
0:35:37 / 2875 1:08:05 / 2887 1:41:52 / 2866 2:24:19 / 2824 3:06:06 / 2886 3:45:04 / 2854 4:22:58 / 2826 4:51:48 / 2798										
2780	3067	LENDZIOSZEK Jacek	KRAKÓW	POL		87M20/463		(M)2537	05:07:21	05:04:26 07.12
0:37:20 / 2987 1:08:32 / 2898 1:42:44 / 2913 2:27:55 / 2876 3:06:45 / 2893 3:43:14 / 2830 4:22:17 / 2821 4:53:38 / 2815										
2781	1736	SOCHA Ewa	KRAKÓW	POL		87K20/62		(K)244	05:07:27	05:04:44 07.13
0:36:57 / 2979 1:10:34 / 2979 1:44:51 / 2936 2:27:47 / 2875 3:08:07 / 2899 3:46:34 / 2869 4:21:48 / 2812 4:51:19 / 2793										
2782	2287	MARCINKIEWICZ Agnieszka	NOWA SÓL	POL	PRO-RUN	83K20/63		(K)245	05:07:27	05:05:05 07.13
0:34:15 / 2673 1:05:38 / 2682 1:37:20 / 2667 2:22:41 / 2772 3:04:34 / 2863 3:43:22 / 2832 4:21:05 / 2806 4:50:59 / 2788										
2783	1973	OLSZOWY Marta	KRAKÓW	POL		84K20/64		(K)246	05:07:29	05:04:42 07.13
0:35:57 / 2910 1:08:27 / 2894 1:41:48 / 2862 2:24:07 / 2818 3:05:40 / 2880 3:45:37 / 2858 4:23:41 / 2832 4:52:59 / 2808										
2784	1972	MAKOWSKA Sylwia	SULEJÓW	POL		84K20/65		(K)247	05:07:29	05:04:45 07.13
0:35:57 / 2908 1:08:26 / 2892 1:41:49 / 2864 2:24:06 / 2816 3:05:40 / 2881 3:45:37 / 2859 4:23:41 / 2831 4:52:59 / 2809										
2785	2034	KWIECIEN Tomasz	KRAKÓW	POL		71M40/698		(M)2538	05:07:38	05:05:34 07.14
0:35:20 / 2855 1:08:10 / 2888 1:40:56 / 2842 2:21:21 / 2754 3:01:34 / 2830 3:42:35 / 2823 4:21:04 / 2803 4:50:58 / 2787										
2786	763	KOWALSKI Dariusz	MODLNICZKA	POL	MOTOROLA BIKE TEAM	70M40/699		(M)2539	05:07:39	05:04:51 07.13
0:36:05 / 2923 1:09:02 / 2939 1:42:26 / 2893 2:24:54 / 2839 3:04:59 / 2869 3:43:20 / 2831 4:19:42 / 2788 4:49:37 / 2769										
2787	2224	RÓŻAŃSKI Jerzy	KRAKÓW	POL	JPJ	65M40/700		(M)2540	05:07:42	05:06:15 07.15
0:29:50 / 1803 1:01:08 / 2278 1:38:48 / 2795 2:20:42 / 2746 3:02:46 / 2847 3:41:48 / 2815 4:20:16 / 2795 4:51:20 / 2794										
2788	2552	GALOSZ Leszek	SUCHA BESKIDZKA	POL	POLNI SUCHA BESKIDZKA	61M50/354		(M)2541	05:07:50	05:05:17 07.14
0:32:41 / 2408 1:01:58 / 2355 1:31:44 / 2335 2:09:14 / 2361 2:51:29 / 2542 3:33:22 / 2679 4:16:33 / 2749 4:51:36 / 2797										
2789	1488	GRUNDYS Paweł	WROCLAW	POL		81M30/935		(M)2542	05:07:51	05:05:41 07.14
0:32:49 / 2443 1:02:43 / 2466 1:32:18 / 2437 3:39:04 / 3012 2:57:02 / 2726 3:33:22 / 2678 4:19:29 / 2785 4:50:24 / 2780										
2790	1416	WANOT Bartłomiej	LEDZINY	POL		83M20/464		(M)2543	05:08:00	05:05:12 07.13
0:36:09 / 2935 1:08:54 / 2916 1:42:23 / 2880 2:23:56 / 2808 3:01:10 / 2823 3:41:19 / 2812 4:21:24 / 2807 4:50:27 / 2781										
2791	2734	BENTLEY Steve	KRAKOW	GBR		77M30/936		(M)2544	05:08:05	05:06:56 07.16
0:32:53 / 2482 1:05:04 / 2657 1:37:25 / 2676 2:16:54 / 2636 3:04:10 / 2857 3:46:57 / 2872 4:26:33 / 2866 4:54:40 / 2820										
2792	3036	KORCZAK Katarzyna	GLIWICE	POL		92K20/66		(K)248	05:08:13	05:07:07 07.16
0:31:19 / 2227 1:01:09 / 2279 1:31:59 / 2352 2:19:04 / 2711 2:58:08 / 2746 3:40:05 / 2787 4:21:51 / 2816 4:55:49 / 2830										
2793	1890	KOWALSKA-PIÓRKO Ewa	CHRZANÓW	POL		76K30/102		(K)249	05:08:21	05:07:00 07.16
0:31:34 / 2262 1:02:26 / 2386 1:35:08 / 2550 2:18:26 / 2702 3:00:39 / 2793 3:41:14 / 2811 4:20:52 / 2801 4:50:53 / 2786										

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupa Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
2794	2942	PARANIAK Barbro	HUDDINGE		SWE	56K50/19	(K)250	05:08:33	05:06:12	07.15
0:35:35 / 2873 1:07:53 / 2885 1:41:49 / 2863 2:24:50 / 2837 3:05:39 / 2878 3:44:22 / 2846 4:21:37 / 2808 4:51:49 / 2799										
2795	1672	KORZENIOWSKI Mateusz	OLAWA		POL	78M30/937	(M)25450	05:08:44	05:07:47	07.17
0:30:49 / 2158 0:58:24 / 2018 1:26:02 / 1931 2:02:59 / 1982 2:50:47 / 2520 3:35:02 / 2738 4:17:53 / 2764 4:50:11 / 2776										
2796	3219	JADAŚ Przemysław	DLUGOLEKA		POL	70M40/701	(M)25460	05:08:45	05:06:04	07.15
0:35:46 / 2893 1:08:44 / 2911 1:42:26 / 2890 2:23:13 / 2781 3:00:51 / 2799 3:41:29 / 2813 4:19:06 / 2782 4:51:10 / 2791										
2797	1986	GLIXELLI Tomasz	KRAKÓW		POL	76M30/938	(M)25470	05:08:50	05:06:01	07.15
0:36:07 / 2925 1:09:00 / 2927 4:21:41 / 3014 2:24:02 / 2814 3:04:43 / 2866 3:43:29 / 2836 4:19:06 / 2781 4:52:45 / 2805										
2798	2806	DUŻYŃSKI Miłosz	KRAKÓW		POL	80M30/939	(M)25480	05:08:56	05:07:13	07.16
0:31:34 / 2260 1:02:06 / 2369 1:32:41 / 2476 2:14:09 / 2483 2:55:14 / 2688 3:38:12 / 2773 4:18:27 / 2773 4:50:30 / 2784										
2799	1254	PAROL Grzegorz	SZCZECIN		POL	77M30/940	(M)25490	05:08:56	05:06:18	07.15
0:31:34 / 2259 1:06:40 / 2763 1:38:04 / 2716 2:16:45 / 2616 2:55:57 / 2705 3:33:54 / 2699 4:13:41 / 2718 4:50:29 / 2783										
2800	2854	SZUBA Edward	JAWORZNO		POL	74M30/941	(M)25500	05:09:09	05:06:39	07.16
0:34:07 / 2665 1:04:23 / 2620 1:35:23 / 2563 2:14:48 / 2521 2:55:59 / 2707 3:40:01 / 2784 4:21:47 / 2811 4:54:47 / 2823										
2801	2547	FUDALI Kazimierz	BRZEG		POL	67M40/702	(M)25510	05:09:24	05:08:31	07.18
0:30:31 / 2049 1:00:46 / 2259 1:32:39 / 2475 2:14:00 / 2475 2:56:56 / 2725 3:34:24 / 2720 4:20:11 / 2792 4:52:15 / 2801										
2802	1946	KOWALCZYK Kamil	WARSZAWA		POL / CF CEFARM SA	84M20/465	(M)25520	05:09:41	05:07:18	07.16
0:32:55 / 2495 1:03:03 / 2545 1:35:20 / 2558 2:17:38 / 2672 3:03:03 / 2848 3:43:10 / 2828 4:22:15 / 2820 4:53:26 / 2814										
2803	2890	STĘCŁIK Tomasz	KATOWICE		POL / UKS TATSU	76M30/942	(M)25530	05:09:42	05:06:58	07.16
0:32:55 / 2496 1:06:43 / 2793 1:38:11 / 2754 2:16:55 / 2640 2:52:59 / 2634 3:33:38 / 2686 4:18:02 / 2767 4:50:49 / 2785										
2804	2918	PIOTROWSKI Maciej	WOLSZTYN		POL	74M30/943	(M)25540	05:09:43	05:07:30	07.17
0:33:14 / 2556 1:03:02 / 2541 1:35:11 / 2553 2:17:59 / 2691 3:01:17 / 2826 3:45:13 / 2855 4:24:54 / 2847 4:54:39 / 2819										
2805	875	SROCYŃSKI Jarosław	KRAKÓW		POL	57M50/355	(M)25550	05:09:50	05:06:56	07.16
0:36:20 / 2964 1:09:15 / 2950 1:45:59 / 2948 2:32:44 / 2909 3:13:41 / 2942 3:50:27 / 2904 4:25:20 / 2858 4:52:50 / 2806										
2806	970	BRZOZOWSKI Piotr	ROKITKI		POL / AKADEMIABIEGANIA.PL	77M30/944	(M)25560	05:09:51	05:07:10	07.16
0:36:07 / 2929 1:09:19 / 2954 1:43:21 / 2922 2:25:10 / 2842 3:05:37 / 2876 3:43:47 / 2838 4:23:50 / 2837 4:53:11 / 2811										
2807	971	BRZOZOWSKA Monika	ROKITKI		POL / AKADEMIABIEGANIA.PL	77K30/103	(K)251	05:09:52	05:07:11	07.16
0:36:07 / 2930 1:09:19 / 2955 1:43:19 / 2921 2:25:10 / 2841 3:05:38 / 2877 3:43:48 / 2839 4:23:51 / 2838 4:53:20 / 2812										
2808	2855	SEWERYN Wojciech	KRAKÓW		POL	67M40/703	(M)25570	05:10:00	05:07:37	07.17
0:33:58 / 2646 1:04:21 / 2619 1:35:13 / 2556 2:13:35 / 2469 2:52:34 / 2617 3:37:24 / 2763 4:22:22 / 2822 4:54:35 / 2818										
2809	2930	SUDZIARSKI Tomasz	GDYNIA		POL	75M30/945	(M)25580	05:10:26	05:08:32	07.18
0:35:37 / 2877 1:09:22 / 2958 1:43:59 / 2930 2:27:42 / 2874 3:10:20 / 2915 3:50:47 / 2909 4:26:24 / 2864 4:55:16 / 2825										
2810	1893	PRYMAŚ Marek	BĘDZIN		POL / POGORIA BIEGA	63M40/704	(M)25590	05:10:29	05:08:07	07.18
0:35:37 / 2876 1:09:11 / 2949 1:43:41 / 2926 2:29:01 / 2884 3:11:43 / 2929 3:51:13 / 2910 4:28:06 / 2878 4:56:48 / 2844										
2811	2125	BELZOWSKI Marcin	SZCZUCIN		POL	79M30/946	(M)25600	05:10:29	05:08:16	07.18
0:32:46 / 2422 1:02:28 / 2391 1:32:04 / 2365 2:15:03 / 2531 2:57:38 / 2738 3:42:32 / 2821 4:23:53 / 2839 4:52:53 / 2807										
2812	1738	ORNACKI Łukasz	CHRZANÓW		POL / RENI SPORT	84M20/466	(M)25610	05:10:39	05:07:55	07.17
0:35:32 / 2869 1:06:45 / 2815 1:37:32 / 2685 3:40:23 / 3013 2:59:09 / 2767 3:42:32 / 2820 4:23:22 / 2829 4:55:27 / 2827										
2813	2281	WISŁOCKI Michał	KRAKÓW		POL	91M20/467	(M)25620	05:10:50	05:09:44	07.20
0:35:22 / 2858 1:07:04 / 2850 1:39:15 / 2810 2:19:56 / 2735 2:59:19 / 2769 3:36:19 / 2754 4:18:10 / 2771 4:52:04 / 2800										
2814	132	MALICKI Krzysztof	WARSZAWA		POL	61M50/356	(M)25630	05:10:53	05:08:29	07.18
0:32:55 / 2492 1:02:48 / 2502 1:33:04 / 2494 2:14:57 / 2527 2:57:27 / 2732 3:37:31 / 2765 4:18:00 / 2766 4:52:32 / 2803										
2815	2657	POŻYCZKA Tomasz	KOWALA		POL	86M20/468	(M)25640	05:10:53	05:08:30	07.18
0:33:06 / 2532 1:02:50 / 2512 1:32:57 / 2492 2:11:23 / 2419 2:58:46 / 2758 3:40:59 / 2802 4:21:49 / 2815 4:54:02 / 2817										
2816	2292	MIKOŁAJCZYK Piotr	KRAKÓW		POL / TKKF AZORY	75M30/947	(M)25650	05:11:12	05:09:21	07.19
0:32:28 / 2377 1:02:41 / 2444 1:33:38 / 2513 2:17:52 / 2684 3:00:19 / 2790 3:39:59 / 2782 4:21:49 / 2814 4:55:50 / 2832										
2817	3268	WRONICZ Zygmunt	KRAKÓW		POL	44M60/85	(M)25660	05:11:17	05:09:01	07.19
0:34:01 / 2650 1:05:11 / 2669 1:36:48 / 2637 2:16:07 / 2568 2:55:03 / 2682 3:36:35 / 2757 4:14:44 / 2727 4:49:56 / 2773										
2818	259	WOJCIK Henryk	BRZEG		POL / DRUŻYNA SZPIKU, UGKS ODRA BRZEG	70M40/705	(M)25670	05:11:20	05:09:06	07.19
0:32:31 / 2385 1:02:12 / 2374 1:31:45 / 2337 2:11:00 / 2408 2:50:48 / 2521 3:33:14 / 2670 4:18:04 / 2768 4:51:07 / 2790										
2819	2995	ARAGON DE SZUMANSKA	WARSAW		USA / RBS	84K20/67	(K)252	05:11:22	05:08:57	07.19
0:32:54 / 2488 1:02:15 / 2377 1:31:07 / 2284 2:07:50 / 2222 2:45:44 / 2376 3:22:57 / 2413 4:07:28 / 2636 4:48:03 / 2753										
2820	1963	SZCZEPANIUK Marek	SULECHÓW		POL / ZBROJOWNIA SULECHÓW	62M50/357	(M)25680	05:11:27	05:08:49	07.19
0:34:59 / 2775 1:06:44 / 2808 1:39:51 / 2825 2:22:55 / 2776 3:05:07 / 2871 3:46:38 / 2870 4:28:25 / 2885 4:55:55 / 2834										
2821	2955	NOWICKI Andrzej	KRAPKOWICE		POL	56M50/358	(M)25690	05:11:33	05:08:38	07.18
0:35:12 / 2831 1:06:43 / 2791 1:38:12 / 2758 2:17:59 / 2692 2:57:48 / 2739 3:44:19 / 2845 4:22:45 / 2824 4:53:51 / 2816										
2822	2489	KANIUCH Alicja	KRAKÓW		POL	78K30/104	(K)253	05:11:39	05:09:27	07.20
0:33:12 / 2551 1:02:55 / 2528 1:34:06 / 2529 2:14:06 / 2480 2:55:07 / 2685 3:38:04 / 2772 4:18:54 / 2777 4:51:31 / 2795										

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
2823	2819	KALDI Andras	DOKKUM (NETHERLAND)	HUN		63M40/706	(M)257005:11:40	05:11:33	07.23	
		0:31:44 / 2286	1:03:46 / 2577	1:36:01 / 2590	2:18:09 / 2694	2:55:07 / 2686	3:40:52 / 2799	4:21:04 / 2804	4:51:31 / 2796	
2824	3193	WIĄCEK Jakub	KRAKÓW	POL		89M20/469	(M)257105:11:59	05:09:18	07.19	
		0:34:57 / 2758	1:06:35 / 2748	1:37:29 / 2680	2:14:48 / 2522	2:52:19 / 2602	3:33:50 / 2695	4:16:17 / 2746	4:51:00 / 2789	
2825	2469	KOCIA Mieczysław	SKARŻYSKO-KOŚCIELNE	POL		52M60/86	(M)257205:12:00	05:10:45	07.21	
		0:30:50 / 2159	1:00:14 / 2225	1:31:33 / 2315	2:13:25 / 2463	2:57:30 / 2734	3:41:01 / 2804	4:22:55 / 2825	4:55:51 / 2833	
2826	1949	YAW-MACLEAN Sheila	LIVELY	CAN		61K50/20	(K)254 05:12:05	05:09:36	07.20	
		0:33:40 / 2603	1:04:56 / 2647	1:38:24 / 2785	2:19:48 / 2734	3:01:01 / 2803	3:40:00 / 2783	4:20:48 / 2800	4:52:17 / 2802	
2827	440	GROBELNY Marek	WARSZAWA	POL	TURBOŚLIMAKI	73M30/948	(M)257305:12:17	05:09:31	07.20	
		0:35:39 / 2879	1:07:37 / 2877	1:40:27 / 2834	2:21:09 / 2753	3:01:07 / 2816	3:42:01 / 2816	4:23:27 / 2830	4:55:26 / 2826	
2828	3448	SZELA Adam	DĘBICA	POL	DKKK	74M30/949	(M)257405:12:21	05:09:52	07.20	
		0:34:05 / 2659	1:04:36 / 2627	1:36:03 / 2594	2:15:42 / 2552	2:57:31 / 2735	3:38:02 / 2771	4:18:36 / 2776	4:53:09 / 2810	
2829	2051	BLASZCZYK Rafał	CHELM	POL		94M20/470	(M)257505:12:33	05:12:10	07.23	
		0:34:05 / 2658	0:52:32 / 1050	1:23:09 / 1563	2:07:47 / 2216	3:02:26 / 2839	3:41:12 / 2808	4:28:12 / 2881	4:58:38 / 2863	
2830	307	PIORKOWSKI Witold	ELBLAG	POL	NIEZRZESZONY	61M50/359	(M)257605:12:35	05:09:38	07.20	
		0:36:02 / 2920	1:08:59 / 2922	1:42:39 / 2905	2:23:58 / 2810	3:04:20 / 2859	3:43:25 / 2833	4:24:52 / 2845	4:57:35 / 2853	
2831	1301	CISŁO Wojciech	MIELEC	POL		76M30/950	(M)257705:12:36	05:09:58	07.20	
		0:34:58 / 2766	1:06:30 / 2737	1:37:52 / 2698	2:16:26 / 2579	2:54:29 / 2665	3:31:13 / 2636	4:19:43 / 2791	4:55:10 / 2824	
2832	3458	FOTTA Rastislav	PRESOV	SVK	OBS PRESOV	64M40/707	(M)257805:12:46	05:10:43	07.21	
		0:32:28 / 2376	1:02:54 / 2524	1:35:06 / 2549	2:19:36 / 2728	3:02:44 / 2844	3:42:46 / 2825	4:23:12 / 2827	4:54:40 / 2821	
2833	2793	KARLAK Andrzej	WARSZAWA	POL	KB GALERIA WARSZAWA	66M40/708	(M)257905:13:03	05:10:44	07.21	
		0:33:16 / 2559	1:03:40 / 2571	1:36:54 / 2644	2:21:24 / 2756	3:06:54 / 2894	3:48:33 / 2884	4:27:15 / 2869	4:56:54 / 2845	
2834	856	KULHAWCZUK Kacper	LUBLIN	POL	-	90M20/471	(M)258005:13:09	05:10:32	07.21	
		0:35:06 / 2803	1:04:43 / 2637	1:36:36 / 2632	2:18:17 / 2697	3:00:28 / 2792	3:44:06 / 2844	4:25:14 / 2856	4:56:39 / 2841	
2835	631	GÓRKA Ryszard	ŁUBNICE	POL	POLICJA WIERUSZÓW	69M40/709	(M)258105:13:16	05:10:28	07.21	
		0:36:02 / 2919	1:09:05 / 2946	1:47:38 / 2960	2:18:17 / 2696	3:00:28 / 2791	3:44:06 / 2843	4:25:14 / 2855	4:56:39 / 2840	
2836	3145	PUCHALSKI Piotr	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATONCZYKIEM	73M30/951	(M)258205:13:19	05:10:47	07.21	
		0:37:22 / 2988	1:14:24 / 3001	1:52:45 / 2981	2:39:24 / 2943	3:22:16 / 2987	3:58:35 / 2946	4:32:51 / 2910	4:59:50 / 2880	
2837	3231	SIBILAK Dawid	WROCLAW	POL	POMARAŃCZOWY MARATON	78M30/952	(M)258305:13:24	05:10:52	07.22	
		0:37:12 / 2985	1:09:26 / 2962	1:43:40 / 2925	2:26:21 / 2858	3:04:38 / 2864	3:49:05 / 2892	4:27:59 / 2877	4:57:49 / 2855	
2838	415	ZAGAJA Janusz	POKÓJ	POL	NIEZRZESZONY	55M50/360	(M)258405:13:40	05:11:06	07.22	
		0:34:58 / 2764	1:06:41 / 2771	1:38:07 / 2732	2:16:59 / 2648	3:00:55 / 2801	3:46:30 / 2868	4:25:26 / 2859	4:56:03 / 2836	
2839	1657	WAŹROBA Roman	KRAKÓW	POL		67M40/710	(M)258505:13:48	05:11:03	07.22	
		0:35:13 / 2836	1:06:47 / 2831	1:38:33 / 2790	2:19:25 / 2724	3:02:43 / 2843	3:44:59 / 2853	4:24:58 / 2848	4:56:33 / 2838	
2840	510	DUDZIK Krzysztof	KRAKÓW	POL		58M50/361	(M)258605:14:14	05:13:24	07.25	
		0:28:07 / 1390	0:54:40 / 1410	1:24:13 / 1655	2:10:01 / 2390	3:01:06 / 2814	3:44:59 / 2852	4:19:01 / 2778	4:54:43 / 2822	
2841	3326	OŻÓG Adam	DĘBICA	POL		76M30/953	(M)258705:14:18	05:11:29	07.22	
		0:35:38 / 2878	1:06:53 / 2842	1:39:03 / 2800	2:21:25 / 2757	3:03:28 / 2850	3:44:41 / 2848	4:24:52 / 2846	4:56:34 / 2839	
2842	3061	MAZUR Monika	KRAKÓW	POL		80K30/105	(K)255 05:14:22	05:11:36	07.23	
		0:35:43 / 2884	1:07:44 / 2879	1:41:20 / 2847	2:25:48 / 2850	3:10:16 / 2912	3:51:32 / 2913	4:29:03 / 2889	4:58:27 / 2861	
2843	2613	KARBOWNICZEK Agnieszka	KIELCE	POL		87K20/68	(K)256 05:14:23	05:11:45	07.23	
		0:34:46 / 2727	1:06:32 / 2742	1:39:30 / 2819	2:22:32 / 2770	3:02:41 / 2842	3:41:46 / 2814	4:25:02 / 2849	4:57:03 / 2846	
2844	3480	PIETRZAK Krzysztof	STRÓŻA	POL		85M20/472	(M)258805:14:35	05:12:22	07.24	
		0:38:39 / 3002	1:12:01 / 2989	1:46:17 / 2952	2:29:40 / 2890	3:10:37 / 2919	3:49:34 / 2894	4:26:50 / 2868	4:58:13 / 2857	
2845	2938	LIS Robert	KORCZYNA	POL	N-Z	64M40/711	(M)258905:14:36	05:11:45	07.23	
		0:35:44 / 2887	1:09:02 / 2940	1:44:29 / 2933	2:25:48 / 2849	3:09:22 / 2906	3:49:34 / 2895	4:26:50 / 2867	4:58:13 / 2858	
2846	2583	PAŁKOWSKA Agata	KRAKÓW	POL		73K30/106	(K)257 05:14:36	05:11:56	07.23	
		0:35:27 / 2866	1:08:38 / 2901	1:42:28 / 2899	2:25:22 / 2844	3:09:29 / 2907	3:48:25 / 2880	4:27:53 / 2875	4:58:13 / 2859	
2847	3425	PIECHOCKI Tomasz	WAŁBRZYCH	POL		86M20/473	(M)259005:14:48	05:11:58	07.23	
		0:30:50 / 2160	0:58:49 / 2118	1:29:03 / 2184	2:11:38 / 2426	2:56:20 / 2713	3:41:11 / 2807	4:25:59 / 2862	4:59:51 / 2881	
2848	671	POPIEL Bartłomiej	OLKUSZ	POL		86M20/474	(M)259105:14:53	05:12:17	07.24	
		0:35:08 / 2815	1:06:40 / 2760	1:38:21 / 2779	2:19:25 / 2725	3:02:15 / 2837	3:44:06 / 2842	4:25:14 / 2854	4:56:40 / 2843	
2849	861	OGŁAZA Bartłomiej	OSTROWIEC	POL		91M20/475	(M)259205:14:54	05:12:15	07.24	
		0:35:16 / 2846	1:06:42 / 2781	1:38:22 / 2780	2:18:47 / 2706	2:59:10 / 2768	3:42:56 / 2827	4:25:13 / 2853	4:56:39 / 2842	
2850	973	CZEKAŃSKI Maciej	KRAKÓW	POL		90M20/476	(M)259305:15:06	05:12:29	07.24	
		0:35:16 / 2847	1:05:41 / 2696	1:37:34 / 2686	2:23:22 / 2784	3:05:39 / 2879	3:46:24 / 2865	4:25:37 / 2861	4:58:37 / 2862	
2851	2440	WYSOCKI Mariusz	PRABUTY	POL		62M50/362	(M)259405:15:10	05:12:30	07.24	
		0:34:51 / 2741	1:06:56 / 2844	1:39:01 / 2799	2:20:55 / 2749	3:04:00 / 2856	3:45:17 / 2856	4:25:12 / 2852	4:57:10 / 2848	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Age	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
2852	899	KOZIOL Witold	OSTROWIEC	POL		59M50/363		(M)259	05:15:17	05:12:46 07.24
0:34:39 / 2714 1:05:44 / 2704 1:37:13 / 2659 2:17:45 / 2680 3:00:45 / 2797 3:43:11 / 2829 4:25:11 / 2851 4:57:11 / 2849										
2853	815	WOJCIECHOWSKI Marek	ŁÓDŹ	POL		78M30/954		(M)259	05:15:24	05:12:38 07.24
0:36:52 / 2977 1:10:41 / 2982 1:45:06 / 2941 2:27:41 / 2873 3:08:34 / 2903 3:46:26 / 2866 4:24:51 / 2843 4:57:07 / 2847										
2854	2902	DUBANIK Zbigniew	DĘBICA	POL		57M50/364		(M)259	05:15:27	05:12:47 07.24
0:34:52 / 2743 1:06:24 / 2728 1:38:00 / 2706 2:19:19 / 2720 3:02:01 / 2834 3:48:39 / 2886 4:24:51 / 2844 4:58:09 / 2856										
2855	2632	GARCIA RODRIGUEZ Ivan	KRAKÓW	MEX / -		82M30/955		(M)259	05:15:30	05:14:26 07.27
0:28:09 / 1402 0:54:56 / 1442 1:22:32 / 1497 2:01:32 / 1909 2:49:42 / 2477 3:34:09 / 2714 4:18:07 / 2769 4:55:48 / 2829										
2856	2725	BUŚ Piotr	NOWA DĘBA	POL		69M40/712		(M)259	05:15:39	05:14:19 07.26
0:30:53 / 2176 1:00:05 / 2215 1:29:40 / 2216 2:08:34 / 2306 2:57:05 / 2727 3:37:39 / 2769 4:19:05 / 2780 4:55:49 / 2831										
2857	2596	LOTH Małgorzata	LIPKÓW	POL		66K40/59		(K)258	05:15:42	05:13:21 07.25
0:32:51 / 2457 1:02:41 / 2447 1:32:11 / 2410 2:11:48 / 2429 2:57:55 / 2742 3:43:39 / 2837 4:25:27 / 2860 4:58:51 / 2870										
2858	741	PACZKOWSKI Paweł	GRACZE	POL / BIEGACZE MONARU GRACZE		86M20/477		(M)260	05:15:54	05:13:00 07.25
0:36:13 / 2953 1:09:01 / 2933 1:42:22 / 2876 2:26:45 / 2863 3:11:52 / 2930 3:52:29 / 2919 4:29:07 / 2890 4:58:39 / 2865										
2859	1072	HERODECKI Bartłomiej	WARSZAWA	POL / ARMIA ZBAWIENIA		81M30/956		(M)260	105:16:06	05:13:15 07.25
0:33:27 / 2579 1:02:58 / 2532 1:33:55 / 2521 2:17:12 / 2658 3:00:59 / 2802 3:42:03 / 2817 4:23:19 / 2828 4:57:22 / 2850										
2860	583	SZCZYGIEL Marian	KRAKÓW	POL		57M50/365		(M)260	205:16:09	05:13:53 07.26
0:33:27 / 2578 1:02:45 / 2476 1:32:20 / 2441 2:09:58 / 2388 2:48:15 / 2440 3:30:48 / 2626 4:18:08 / 2770 4:53:20 / 2813										
2861	2797	TRYBUŚ Marian	KRAKÓW	POL		48M60/87		(M)260	305:16:18	05:15:42 07.28
0:30:24 / 2001 1:00:50 / 2261 1:31:25 / 2312 2:07:57 / 2228 2:52:25 / 2610 3:36:55 / 2760 4:19:40 / 2786 4:55:57 / 2835										
2862	3345	KLICH Wiesław	POLKOWICE			68M40/713		(M)260	405:16:37	05:13:50 07.26
0:34:58 / 2765 1:06:42 / 2782 1:39:05 / 2802 2:21:44 / 2763 3:05:12 / 2872 3:47:18 / 2874 4:27:50 / 2874 4:58:40 / 2866										
2863	2748	BENNANI Soraya	CASABLANCA	MAR / CMCF		63K40/60		(K)259	05:16:37	05:14:33 07.27
0:35:02 / 2785 1:07:26 / 2867 1:41:09 / 2844 2:24:38 / 2831 3:10:49 / 2924 3:51:21 / 2911 4:29:00 / 2888 5:00:47 / 2884										
2864	2052	NATORSKI Maciek	WARSZAWA	POL / BRÓDNOWSKA JEDNOSOBOWA EKIPA SPORTOWA		79M30/957		(M)260	505:16:39	05:13:45 07.26
0:36:12 / 2945 1:09:06 / 2947 1:44:45 / 2934 2:29:31 / 2888 3:12:22 / 2934 3:52:07 / 2917 4:29:40 / 2897 4:59:46 / 2878										
2865	725	WIERCIGROCH Adam	JORDANÓW ŚLĄSKI	POL		66M40/714		(M)260	605:16:40	05:13:59 07.26
0:35:47 / 2899 1:07:51 / 2884 1:41:47 / 2859 2:23:56 / 2809 3:05:05 / 2870 3:45:54 / 2863 4:27:21 / 2870 4:58:41 / 2867										
2866	369	KOWALCZYK Tadeusz	KRAKÓW	POL		54M50/366	Niepl/14	(M)260	705:16:48	05:14:02 07.26
0:36:11 / 2942 1:09:01 / 2930 1:42:26 / 2891 2:24:07 / 2817 3:05:13 / 2873 3:44:46 / 2849 4:21:58 / 2819 4:52:39 / 2804										
2867	3492	BUDZOWSKA Marta	SOSNOWIEC	POL / VAJRA TEAM		70K40/61		(K)260	05:16:50	05:14:02 07.26
0:33:29 / 2581 1:03:24 / 2564 1:34:32 / 2538 2:13:30 / 2468 2:54:41 / 2669 3:38:42 / 2777 4:23:42 / 2833 4:59:00 / 2872										
2868	1190	REJUS Dorota	GŁOGÓW MŁP.	POL / TKKF SOKÓŁ GŁOGÓW MŁP.		60K50/21		(K)261	05:16:55	05:14:13 07.26
0:36:13 / 2950 1:09:15 / 2951 1:44:48 / 2935 2:30:29 / 2895 3:14:22 / 2948 3:54:33 / 2926 4:29:36 / 2895 4:59:43 / 2877										
2869	2246	CICHONSKI Michał	SĘDZIEJOWICE	POL / NIEZRZESZONY		80M30/958		(M)260	805:17:10	05:14:32 07.27
0:34:59 / 2774 1:06:45 / 2818 1:39:10 / 2807 2:21:34 / 2762 3:06:07 / 2888 3:50:17 / 2901 4:28:46 / 2886 5:01:14 / 2888										
2870	443	RAPACZ Lidia	PODSARNIE	POL		88K20/69		(K)262	05:17:11	05:14:29 07.27
0:35:07 / 2811 1:06:44 / 2798 1:38:56 / 2797 2:24:27 / 2827 3:09:34 / 2908 3:50:18 / 2902 4:28:46 / 2887 5:01:14 / 2889										
2871	3291	ÓŻDŹYŃSKI Grzegorz	KRAKÓW	POL		68M40/715		(M)260	905:17:19	05:14:40 07.27
0:35:48 / 2901 1:08:58 / 2920 1:42:38 / 2903 2:23:55 / 2803 3:02:08 / 2835 3:41:06 / 2805 4:21:49 / 2813 4:56:09 / 2837										
2872	309	WOLANIN Piotr	ZIELONA GÓRA	POL / ARCHEO ZIELONA GÓRA		74M30/959		(M)261	1005:17:24	05:14:30 07.27
0:35:31 / 2868 1:06:51 / 2838 1:38:55 / 2796 2:19:19 / 2719 3:02:25 / 2838 3:46:23 / 2864 4:27:47 / 2873 5:01:26 / 2892										
2873	3457	ŚWIĘTEK Tomasz	TYCHY	POL / TYCHY		74M30/960		(M)261	1105:17:26	05:14:29 07.27
0:36:18 / 2962 1:08:56 / 2918 1:42:21 / 2874 2:26:51 / 2866 3:11:00 / 2926 3:49:56 / 2900 4:29:36 / 2896 5:00:25 / 2883										
2874	1957	KOŹLAK Krzysztof	KRAKÓW	POL		71M40/716		(M)261	205:17:26	05:14:40 07.27
0:36:12 / 2948 1:09:03 / 2942 1:42:27 / 2895 2:25:49 / 2852 3:08:08 / 2900 3:48:52 / 2889 4:28:06 / 2879 4:58:15 / 2860										
2875	2656	KRUSZEWSKI Jakub	SOKOŁÓW PODLASKI	POL		86M20/478		(M)261	305:17:34	05:15:12 07.28
0:33:07 / 2541 1:02:50 / 2515 1:32:58 / 2493 2:12:59 / 2450 2:58:49 / 2759 3:40:59 / 2801 4:23:49 / 2835 4:58:47 / 2868										
2876	3280	REZK EID ADEL Attalla	ALEXANDRIA	EGY / ACHILLES INTERNATIONAL EGIPET		83M20/479	Niepl/15	(M)261	405:17:38	05:15:16 07.28
0:33:07 / 2542 1:02:50 / 2516 4:07:30 / 3013 3:09:24 / 2998 2:09:34 / 531 3:40:59 / 2803 4:23:49 / 2836 4:58:47 / 2869										
2877	2309	ŚMITKOWSKI Fabian	KRAKÓW	POL / NIEZRZESZONY		72M40/717		(M)261	505:17:40	05:14:48 07.27
0:36:06 / 2924 1:09:01 / 2932 1:42:24 / 2884 2:24:12 / 2821 3:04:39 / 2865 3:43:26 / 2834 4:23:46 / 2834 4:58:38 / 2864										
2878	2075	KOSTRZEWSKI Adam	LESZNO	POL / LESZNO		71M40/718		(M)261	605:17:50	05:15:05 07.28
0:35:58 / 2914 1:08:35 / 2900 1:42:10 / 2871 2:23:37 / 2795 3:05:41 / 2882 3:46:28 / 2867 4:28:12 / 2882 4:59:36 / 2874										
2879	1181	STELMASZYK Michel	KRAKOW	BEL		83M20/480		(M)261	705:17:55	05:15:05 07.28
0:35:59 / 2915 1:09:42 / 2964 1:45:04 / 2938 2:33:24 / 2910 3:18:23 / 2969 4:03:17 / 2973 4:35:37 / 2926 5:01:49 / 2895										

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupa Sex	Wynik Time	Wynik Netto [min/km]				
Check pts:														
2880	1607	ZIĘBA Maria	JASTRZĘBIE ZDRÓJ	POL		89K20/70	(K)263	05:17:56	05:15:07	07.28				
						0:35:52 / 2904		1:08:05 / 2866	1:41:53 / 2867	2:24:31 / 2829	3:06:14 / 2890	3:48:33 / 2883	4:25:16 / 2857	4:57:23 / 2852
2881	1443	BOGUSZ Sebastian	WARSZAWA	POL		86M20/481	(M)2618	05:17:56	05:15:10	07.28				
						0:35:11 / 2829		1:07:22 / 2863	1:40:14 / 2831	2:25:55 / 2853	3:11:22 / 2927	3:48:59 / 2890	4:25:07 / 2850	4:57:23 / 2851
2882	2403	KOZIK Magdalena	PSZCZYNA	POL		82K30/107	(K)264	05:17:59	05:15:21	07.28				
						0:35:18 / 2853		1:07:27 / 2868	1:41:33 / 2854	2:24:48 / 2835	3:04:53 / 2867	3:45:36 / 2857	4:26:13 / 2863	4:59:30 / 2873
2883	3317	TOMCZYK Marcin	KRAKÓW	POL		73M30/961	(M)2619	05:18:12	05:15:39	07.28				
						0:35:04 / 2798		1:07:07 / 2851	1:39:24 / 2817	2:19:33 / 2727	3:01:09 / 2821	3:45:46 / 2861	4:27:43 / 2872	4:59:38 / 2875
2884	1844	KOSSAKOWSKA Natalia	BIELSKO-BIAŁA	POL	NIEZRZESZONA	86K20/71	(K)265	05:18:15	05:15:25	07.28				
						0:35:41 / 2882		1:06:46 / 2823	1:39:06 / 2803	2:23:55 / 2804	3:09:18 / 2904	3:50:34 / 2908	4:28:17 / 2884	5:01:03 / 2887
2885	1230	ŁUSZCZYŃSKA Beata	KROSNO	POL	NIEZRZESZONY	62K50/22	(K)266	05:18:15	05:15:40	07.28				
						0:35:12 / 2830		1:06:45 / 2810	1:40:30 / 2836	2:24:16 / 2823	3:09:19 / 2905	3:50:33 / 2907	4:28:16 / 2883	5:01:02 / 2886
2886	3001	GAŚSIOR Robert	DĄBROWA GÓRNICZA	POL		68M40/719	(M)2620	05:18:24	05:16:46	07.30				
						0:33:45 / 2614		1:06:51 / 2839	1:41:48 / 2861	2:27:06 / 2870	3:10:42 / 2921	3:51:36 / 2914	4:30:23 / 2899	5:01:18 / 2890
2887	1706	KONOPEK Piotr	KRAKÓW	POL		79M30/962	(M)2621	05:18:32	05:15:50	07.29				
						0:33:54 / 2636		1:04:15 / 2613	1:35:26 / 2567	2:16:21 / 2575	3:00:18 / 2787	3:41:08 / 2806	4:22:41 / 2823	4:57:43 / 2854
2888	3337	LIGĘZA Witold	KRAKÓW	POL	OTE KANGUR	72M40/720	(M)2622	05:18:50	05:17:27	07.31				
						0:34:52 / 2742		1:08:41 / 2905	1:43:39 / 2924	2:26:49 / 2864	3:09:51 / 2910	3:52:02 / 2915	4:31:11 / 2902	5:01:36 / 2893
2889	2251	SZYMCZAK Roman	TARNOBRZEG	POL		74M30/963	(M)2623	05:19:10	05:16:58	07.30				
						0:33:12 / 2552		1:05:01 / 2653	1:40:34 / 2839	2:26:43 / 2862	3:11:22 / 2928	3:52:26 / 2918	4:31:15 / 2903	5:02:21 / 2898
2890	546	RAJEWSKI Robert	WARSZAWA	POL		83M20/482	(M)2624	05:19:36	05:18:50	07.33				
						0:28:40 / 1536		0:56:42 / 1691	1:29:38 / 2211	2:17:21 / 2660	3:00:19 / 2789	3:42:39 / 2824	4:26:28 / 2865	5:00:12 / 2882
2891	2689	CHLEBICKI Przemysław	WARSZAWA	POL		58M50/367	(M)2625	05:19:47	05:17:21	07.31				
						0:35:11 / 2826		1:07:10 / 2854	1:40:54 / 2840	2:24:50 / 2836	3:07:51 / 2898	3:49:25 / 2893	4:29:14 / 2891	5:02:34 / 2899
2892	1292	RYBSKI Marcin	KRAKÓW	POL	CAŁA RYBA BIEGA Z POLSKĄ	77M30/964	(M)2626	05:19:48	05:17:19	07.31				
						0:35:07 / 2812		1:07:10 / 2855	1:40:09 / 2830	2:21:46 / 2764	3:03:31 / 2852	3:45:45 / 2860	4:27:43 / 2871	5:01:21 / 2891
2893	1380	SUKIENNIK Artur	KRAKÓW	POL		66M40/721	(M)2627	05:19:55	05:17:02	07.30				
						0:36:21 / 2965		1:10:08 / 2973	1:45:43 / 2947	2:29:21 / 2886	3:12:15 / 2932	3:54:04 / 2923	4:33:35 / 2919	5:03:27 / 2903
2894	2851	KRUPINSKI Marek	KRAKÓW	POL	AZS AGH KRAKÓW	71M40/722	(M)2628	05:19:56	05:17:13	07.31				
						0:35:06 / 2805		1:06:40 / 2759	1:38:09 / 2741	2:18:27 / 2703	3:01:11 / 2824	3:42:20 / 2819	4:24:50 / 2842	4:59:42 / 2876
2895	45	BANASZKIEWICZ BADURA		POL		84K20/72	(K)267	05:20:01	05:19:56	07.34				
						0:33:30 / 2583		1:06:46 / 2824	1:41:28 / 2852	2:23:49 / 2798	3:07:00 / 2895	3:48:37 / 2885	4:27:58 / 2876	5:00:50 / 2885
2896	1432	MROZIK Jarosław	LUBLIN	POL	WAŁ WIŚLANY WARSZAWA NOWODWORY	86M20/483	(M)2629	05:20:07	05:17:25	07.31				
						0:35:09 / 2818		1:06:42 / 2779	1:38:02 / 2708	2:19:43 / 2731	3:03:15 / 2849	3:43:26 / 2835	4:33:37 / 2920	5:05:33 / 2913
2897	2189	MAJKRZAK Mariusz	SUCHA BESJIDZKA	POL	POLNI SUCHA BESKIDZKA	76M30/965	(M)2630	05:20:11	05:18:02	07.32				
						0:32:56 / 2499		1:02:07 / 2370	1:33:36 / 2512	2:16:12 / 2572	3:01:35 / 2831	3:44:49 / 2850	4:28:11 / 2880	5:01:47 / 2894
2898	333	SZCZYBURA Anna	KRAKÓW	POL		80K30/108	(K)268	05:20:26	05:18:06	07.32				
						0:33:56 / 2641		1:06:59 / 2849	1:41:22 / 2848	2:26:50 / 2865	3:10:27 / 2916	3:56:48 / 2938	4:33:25 / 2917	5:03:24 / 2901
2899	3376	NAZIMEK Maciej	KRAKÓW	POL		74M30/966	(M)2631	05:20:26	05:18:14	07.32				
						0:32:48 / 2437		1:03:26 / 2565	1:39:16 / 2811	2:29:42 / 2891	3:10:27 / 2917	3:56:48 / 2939	4:33:25 / 2918	5:03:24 / 2902
2900	1035	ŚMICH Krzysztof	CZĘSTOCHOWA	POL		60M50/368	(M)2632	05:20:27	05:17:54	07.32				
						0:33:35 / 2595		1:03:04 / 2546	1:35:30 / 2570	2:17:37 / 2670	2:59:48 / 2777	3:50:20 / 2903	4:37:16 / 2939	5:06:22 / 2918
2901	263	WIELGOSZ Marcin	ORŁY	POL		88M20/484	(M)2633	05:20:28	05:17:50	07.31				
						0:35:10 / 2820		1:06:40 / 2761	1:38:23 / 2783	2:21:02 / 2751	3:04:28 / 2862	3:48:41 / 2887	4:31:54 / 2904	5:04:36 / 2910
2902	2336	JANKOWICZ Agnieszka	WAŁBRZYCH	POL	TEMPO WAŁBRZYCH	81K30/109	(K)269	05:20:34	05:17:56	07.32				
						0:34:36 / 2705		1:04:57 / 2650	1:36:25 / 2619	2:16:26 / 2578	2:55:27 / 2694	3:36:18 / 2752	4:24:10 / 2840	5:02:04 / 2897
2903	1395	VERESS Gábor	VERESEGYHAZ	HUN		72M40/723	(M)2634	05:20:36	05:19:25	07.34				
						0:28:40 / 1532		0:55:21 / 1502	1:22:37 / 1508	1:57:19 / 1519	2:37:19 / 2004	3:27:47 / 2573	4:20:15 / 2794	4:58:57 / 2871
2904	1817	BEDYŃSKI Hubert	POZNAŃ	POL	KLUB MARATOŃCYKA V LO W POZNANIU	85M20/485	(M)2635	05:20:48	05:18:15	07.32				
						0:33:56 / 2643		1:05:02 / 2655	1:38:21 / 2778	2:23:04 / 2778	3:08:18 / 2902	3:52:03 / 2916	4:30:59 / 2900	5:03:39 / 2904
2905	1856	SZARKOWSKI Robert	WARSZAWA	POL		70M40/724	(M)2636	05:20:51	05:18:06	07.32				
						0:36:38 / 2975		1:10:05 / 2972	1:45:23 / 2945	2:30:11 / 2893	3:14:51 / 2951	3:56:18 / 2937	4:32:51 / 2911	5:04:19 / 2909
2906	2796	BINKOWSKI Marcelli	GRÓJEC	POL	MARCELI TEAM - GRÓJEC	64M40/725	(M)2637	05:21:13	05:18:31	07.32				
						0:35:03 / 2792		1:06:48 / 2833	1:39:04 / 2801	2:22:54 / 2774	3:09:50 / 2909	3:55:33 / 2932	4:36:00 / 2927	5:05:51 / 2914
2907	2038	HERMANOWICZ Marcin	IWONICZ ZDRÓJ	POL	AMATOR	76M30/967	(M)2638	05:21:30	05:19:49	07.34				
						0:30:52 / 2170		1:00:32 / 2245	1:31:39 / 2322	2:11:34 / 2424	2:59:04 / 2766	3:44:04 / 2840	4:29:33 / 2894	5:04:12 / 2907
2908	1597	RUT Stanisław	RZESZÓW	POL		55M50/369	(M)2639	05:21:50	05:19:16	07.33				
						0:34:01 / 2648		1:04:11 / 2608	1:36:13 / 2602	2:19:13 / 2717	3:03:38 / 2853	3:46:53 / 2871	4:33:12 / 2915	5:04:02 / 2905

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2909	1650	KRUPA Aneta	JEDLIŃSK	POL			92K20/73		(K)270	05:22:00	05:19:29 07.34
										0:34:59 / 2772	1:06:40 / 2762 1:38:05 / 2721 2:21:33 / 2761 3:06:23 / 2891 3:49:40 / 2896 4:32:15 / 2908 5:05:24 / 2911
2910	3500	PACŁAWSKI Paweł	TRZEBINIA-PSARY	POL			79M30/968		(M)2640	05:22:09	05:19:53 07.34
										0:33:37 / 2597	1:04:05 / 2599 1:35:29 / 2568 2:15:57 / 2563 3:00:14 / 2785 3:44:05 / 2841 4:29:33 / 2893 5:04:11 / 2906
2911	3356	MIROSLAW Ernest	KRAKÓW	POL			75M30/969		(M)2641	05:22:14	05:19:43 07.34
										0:35:14 / 2840	1:07:35 / 2875 1:38:28 / 2789 2:19:42 / 2730 3:02:38 / 2841 3:48:06 / 2877 4:29:55 / 2898 5:03:12 / 2900
2912	686	REGUCKI Piotr	KRAKÓW	POL			66M40/726		(M)2642	05:22:29	05:20:09 07.35
										0:33:22 / 2572	1:04:06 / 2600 1:35:37 / 2577 2:14:30 / 2500 2:53:40 / 2649 3:34:09 / 2713 4:21:42 / 2810 5:01:57 / 2896
2913	2072	WĘGRZYŃSKI Tadeusz	WARSZAWA	POL	NIEZRZESZONY		57M50/370		(M)2643	05:22:44	05:20:34 07.35
										0:32:44 / 2413	1:03:38 / 2570 1:36:52 / 2643 2:21:47 / 2765 3:10:18 / 2913 3:54:14 / 2924 4:36:48 / 2936 5:08:45 / 2929
2914	3301	FRANC Tomasz	KRAKÓW	POL			74M30/970		(M)2644	05:23:08	05:20:13 07.35
										0:36:15 / 2959	1:09:03 / 2941 1:42:28 / 2898 2:28:58 / 2883 3:14:38 / 2950 3:58:14 / 2943 4:36:10 / 2928 5:05:52 / 2916
2915	3165	KUCHARSKI Piotr	RUDAWA	POL	MARATONYPOLSKIE.PL TEAM		71M40/727		(M)2645	05:23:09	05:20:16 07.35
										0:36:14 / 2954	1:09:02 / 2938 1:42:07 / 2869 2:28:57 / 2882 3:14:38 / 2949 3:58:14 / 2942 4:36:11 / 2929 5:05:51 / 2915
2916	3205	JAZIC Bartosz	OLSZTYN	POL	OLSZTYN SZLOCHAM		77M30/971		(M)2646	05:23:26	05:22:02 07.37
										0:34:43 / 2717	1:07:50 / 2883 1:42:07 / 2870 2:25:05 / 2840 3:10:54 / 2925 3:52:41 / 2920 4:35:31 / 2925 5:07:16 / 2925
2917	3107	KUMA Piotr	KRAKÓW	POL			83M20/486		(M)2647	05:23:28	05:20:44 07.36
										0:34:25 / 2696	1:05:20 / 2672 1:36:32 / 2621 2:17:54 / 2686 3:02:45 / 2845 3:49:03 / 2891 4:32:02 / 2906 5:05:25 / 2912
2918	2565	TUREK Dariusz	SOSNOWIEC	POL			67M40/728		(M)2648	05:23:37	05:20:48 07.36
										0:34:59 / 2773	1:06:27 / 2731 1:37:30 / 2683 2:16:56 / 2641 2:55:42 / 2698 3:34:41 / 2729 4:17:21 / 2760 4:59:50 / 2879
2919	3294	ŚWIERCZYŃSKI Marek	DĄBROWA GÓRNICZA	POL	BIEGAJZNA.MI.PL		80M30/972		(M)2649	05:23:50	05:21:19 07.36
										0:36:16 / 2960	1:09:47 / 2969 1:43:59 / 2929 2:34:55 / 2917 3:17:32 / 2965 3:59:06 / 2949 4:36:36 / 2934 5:07:03 / 2924
2920	123	MARYAŃSKA Anna	RYBNIK	POL			81K30/110		(K)271	05:23:50	05:21:18 07.36
										0:36:14 / 2955	1:09:48 / 2970 1:43:59 / 2928 2:34:56 / 2918 3:17:33 / 2966 3:59:07 / 2950 4:36:36 / 2935 5:07:02 / 2923
2921	3260	BLEUS Xavier	BRUXELLES	BEL			80M30/973		(M)2650	05:23:55	05:22:49 07.39
										0:29:36 / 1754	1:01:33 / 2320 1:37:13 / 2658 2:21:47 / 2766 3:06:07 / 2889 3:51:21 / 2912 4:33:03 / 2913 5:04:17 / 2908
2922	368	BUDZIOSZ Paweł	KRAKÓW	POL	NIEZRZESZONY		78M30/974		(M)2651	05:24:06	05:21:20 07.36
										0:36:51 / 2976	1:10:09 / 2974 1:45:05 / 2940 2:27:39 / 2872 3:10:07 / 2911 3:54:22 / 2925 4:36:48 / 2937 5:08:45 / 2930
2923	3171	PIPOLO Carole	LES AVANCHETS	SUI			73K30/111		(K)272	05:24:07	05:21:13 07.36
										0:36:16 / 2961	1:09:43 / 2965 1:45:04 / 2939 2:31:21 / 2899 3:16:34 / 2960 3:58:58 / 2948 4:36:54 / 2938 5:07:42 / 2926
2924	370	SEWERYN Rafał	GDYNIA	POL			71M40/729		(M)2652	05:24:22	05:22:04 07.37
										0:33:05 / 2530	1:04:49 / 2644 1:39:33 / 2821 2:27:20 / 2871 3:13:21 / 2940 3:55:19 / 2929 4:35:21 / 2923 5:06:26 / 2919
2925	2242	DUDEK Jan	TARNOWSKIE GORY	POL			50M60/88		(M)2653	05:24:34	05:22:17 07.38
										0:32:45 / 2415	1:02:40 / 2437 1:32:19 / 2438 2:09:32 / 2373 2:57:24 / 2731 3:40:44 / 2796 4:29:26 / 2892 5:06:13 / 2917
2926	3222	TOKARZ Jerzy	KRAKÓW	POL	BIEGAM BO LUBIĘ KRAKÓW		59M50/371		(M)2654	05:24:49	05:22:01 07.37
										0:36:27 / 2971	1:09:22 / 2959 1:42:41 / 2907 2:23:29 / 2790 3:05:47 / 2884 3:48:29 / 2881 4:32:52 / 2912 5:06:40 / 2921
2927	2053	SOCHAN Andrzej	WROCLAW	POL			58M50/372		(M)2655	05:25:05	05:23:55 07.40
										0:29:34 / 1745	1:00:11 / 2219 1:36:14 / 2605 2:22:06 / 2767 3:10:33 / 2918 3:49:49 / 2899 4:33:16 / 2916 5:08:22 / 2927
2928	3250	GABLANKOWSKI Maciej	KRAKÓW	POL			80M30/975		(M)2656	05:25:13	05:22:51 07.39
										0:32:51 / 2462	1:02:41 / 2448 1:36:15 / 2606 2:25:35 / 2845 3:14:08 / 2946 3:59:09 / 2951 4:39:06 / 2944 5:08:55 / 2932
2929	1799	BANACH Zbigniew	KRAKÓW	POL			55M50/373		(M)2657	05:25:14	05:23:00 07.39
										0:34:42 / 2716	1:07:36 / 2876 1:42:44 / 2914 2:28:43 / 2879 3:14:06 / 2944 3:55:31 / 2931 4:36:25 / 2931 5:09:08 / 2933
2930	2983	KUCZMIERCZYK Janusz	MYSLOWICE	POL	TRUCHTACZ MYSLOWICE		47M60/89		(M)2658	05:25:31	05:22:50 07.39
										0:35:22 / 2857	1:06:53 / 2841 1:38:40 / 2793 2:18:20 / 2698 2:58:25 / 2754 3:48:30 / 2882 4:32:30 / 2909 5:08:31 / 2928
2931	916	KARPIŃSKI Zdzisław	KRAKÓW	POL	WITAR TARNOBZEG		42M70/7		(M)2659	05:25:47	05:22:56 07.39
										0:37:34 / 2991	1:12:05 / 2990 1:47:14 / 2957 2:32:42 / 2908 3:15:46 / 2956 4:01:25 / 2961 4:41:01 / 2952 5:09:36 / 2939
2932	3474	JUŚKIEWICZ Jarosław	KRAKÓW	POL			78M30/976		(M)2660	05:25:50	05:23:12 07.39
										0:34:39 / 2710	1:06:30 / 2738 1:38:12 / 2760 2:19:20 / 2721 3:06:06 / 2887 3:53:58 / 2921 4:38:44 / 2943 5:09:21 / 2936
2933	189	OLICHWER Artur	LESZNO	POL			79M30/977		(M)2661	05:26:05	05:23:21 07.39
										0:35:57 / 2911	1:08:33 / 2899 1:42:05 / 2868 2:23:28 / 2789 3:07:07 / 2896 3:53:59 / 2922 4:38:44 / 2942 5:09:22 / 2937
2934	853	KASIERSKA Ewa katarzyna	POZNAŃ	POL	WKB META LUBLINIEC		48K60/6		(K)273	05:26:07	05:24:20 07.41
										0:36:22 / 2966	1:11:39 / 2987 1:49:01 / 2968 2:35:13 / 2920 3:20:25 / 2981 4:02:18 / 2967 4:40:21 / 2947 5:10:13 / 2940
2935	241	FILIPEK Michał	PCIM	POL	NIEZRZESZONY		56M50/374		(M)2662	05:26:09	05:23:25 07.39
										0:38:10 / 2996	1:13:23 / 2997 1:49:19 / 2971 2:33:35 / 2912 3:20:17 / 2980 4:02:35 / 2968 4:42:04 / 2955 5:11:38 / 2948
2936	2896	JANUSZ Marcin	KROSNO	POL	FESTIWAL BIEGOWY KRYNICA		75M30/978		(M)2663	05:26:20	05:24:35 07.41
										0:31:39 / 2275	1:02:39 / 2419 1:37:38 / 2687 2:25:45 / 2847 3:15:25 / 2953 3:57:45 / 2941 4:39:21 / 2945 5:10:49 / 2942
2937	1589	LYTVYN Volodymyr	LVIV	UKR	LO AVS		51M60/90		(M)2664	05:26:26	05:24:55 07.42
										0:30:25 / 2012	0:58:31 / 2048 1:28:34 / 2159 2:18:49 / 2708 3:10:48 / 2923 3:59:54 / 2954 4:41:31 / 2953 5:12:11 / 2952

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Age	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
2938	1241	SZPAKIEWICZ Jerzy	SANOK		POL / SGMM	59M50/375		(M)2665	05:26:33	05:23:43 07.40
0:35:43 / 2885 1:09:03 / 2945 1:42:27 / 2896 2:25:48 / 2851 3:10:48 / 2922 3:56:05 / 2936 4:36:28 / 2932 5:09:23 / 2938										
2939	1604	ŁAZUR Radosław	JAWORZNO		POL	89M20/487		(M)2666	05:26:53	05:25:39 07.43
0:35:43 / 2886 1:00:24 / 2236 1:32:49 / 2484 2:16:31 / 2584 3:11:58 / 2931 3:58:32 / 2944 4:42:13 / 2956 5:13:15 / 2954										
2940	216	PRZYGODA Wojtek	RZESZÓW		POL	71M40/730		(M)2667	05:26:56	05:24:22 07.41
0:36:14 / 2958 1:06:38 / 2753 1:38:42 / 2794 2:20:20 / 2743 3:08:13 / 2901 3:55:01 / 2928 4:40:58 / 2951 5:11:02 / 2944										
2941	1384	WIATR Stanisław	DĄBROWA TARNOWSKA		POL / NIEZRZESZONY	52M60/91		(M)2668	05:26:56	05:24:03 07.40
0:40:17 / 3012 1:16:44 / 3009 1:54:33 / 2985 2:39:30 / 2945 3:22:15 / 2986 4:02:38 / 2969 4:42:49 / 2960 5:11:29 / 2947										
2942	1121	KURYLO Zenon	RYBNIK		POL / DRUŻYNA SZPIKU	66M40/731	Niep/16	(M)2669	05:27:15	05:26:20 07.44
0:31:29 / 2244 1:03:09 / 2550 1:36:23 / 2615 2:19:41 / 2729 3:04:21 / 2860 3:48:23 / 2879 4:32:04 / 2907 5:06:28 / 2920										
2943	3298	RYFIAK Piotr	NOWY SĄCZ		POL / NIEZRZESZONY	71M40/732		(M)2670	05:27:30	05:25:43 07.43
0:30:45 / 2134 1:00:05 / 2214 1:33:32 / 2510 2:21:29 / 2759 3:12:38 / 2937 3:57:35 / 2940 4:40:55 / 2948 5:13:48 / 2960										
2944	3311	KOLB William	NEW YORK		USA	79M30/979		(M)2671	05:27:46	05:24:49 07.41
0:35:49 / 2902 1:11:40 / 2988 1:46:03 / 2950 2:30:50 / 2896 3:16:13 / 2957 4:02:54 / 2971 4:40:18 / 2946 5:11:49 / 2950										
2945	2882	ŚWIĄTEK Maciej	OSTRÓW WIELKOPOLSKI		POL	77M30/980		(M)2672	05:27:52	05:25:00 07.42
0:36:14 / 2957 1:09:18 / 2952 1:42:39 / 2904 2:28:09 / 2877 3:18:50 / 2970 4:02:11 / 2965 4:40:57 / 2950 5:12:01 / 2951										
2946	297	ADAMOWICZ Tomasz	WARSZAWA		POL	68M40/733		(M)2673	05:28:15	05:25:23 07.42
0:37:38 / 2992 1:10:38 / 2981 1:45:38 / 2946 2:29:38 / 2889 3:13:02 / 2939 3:55:28 / 2930 4:36:12 / 2930 5:09:11 / 2934										
2947	1084	KOMENDA Lech	CIECHANÓW		POL / -	85M20/488		(M)2674	05:28:16	05:27:07 07.45
0:33:48 / 2620 1:07:12 / 2856 1:41:28 / 2851 2:24:37 / 2830 3:06:43 / 2892 3:48:15 / 2878 4:32:00 / 2905 5:06:43 / 2922										
2948	304	LITWINOWICZ Paweł	LEŚNA		POL	91M20/489		(M)2675	05:28:27	05:26:49 07.44
0:30:06 / 1866 0:58:09 / 1931 1:31:04 / 2280 2:22:40 / 2771 3:15:18 / 2952 4:00:19 / 2955 4:41:51 / 2954 5:13:52 / 2961										
2949	275	SOKOŁOWSKI Roman	KRAPKOWICE		POL / CROSS KRAPKOWICE	60M50/376		(M)2676	05:28:30	05:25:35 07.42
0:35:11 / 2827 1:06:42 / 2784 1:38:11 / 2755 2:18:25 / 2701 3:03:44 / 2854 3:49:47 / 2898 4:35:26 / 2924 5:10:17 / 2941										
2950	3322	MACHO Marek	SZCZYTNO		POL / BRAK	84M20/490		(M)2677	05:28:48	05:26:00 07.43
0:36:11 / 2943 1:09:21 / 2956 1:45:20 / 2944 2:29:27 / 2887 3:12:33 / 2936 3:54:56 / 2927 4:36:35 / 2933 5:08:54 / 2931										
2951	952	MOKRZYŃSKI Grzegorz	RZESZÓW		POL	86M20/491		(M)2678	05:28:56	05:26:19 07.44
0:34:53 / 2747 1:06:41 / 2776 1:41:39 / 2856 2:28:53 / 2881 3:15:28 / 2955 4:01:20 / 2960 4:42:49 / 2959 5:13:26 / 2955										
2952	2089	MADEJ Marek	RZESZÓW		POL	58M50/377		(M)2679	05:29:00	05:26:16 07.43
0:35:47 / 2897 1:08:43 / 2909 1:42:29 / 2901 2:24:28 / 2828 3:05:21 / 2875 3:48:48 / 2888 4:33:11 / 2914 5:09:13 / 2935										
2953	2881	ŚWIĄTEK Magdalena	OSTRÓW WLKP		POL	83K20/74		(K)274	05:29:02	05:26:11 07.43
0:36:12 / 2947 1:08:55 / 2917 1:42:24 / 2882 2:23:54 / 2802 3:10:18 / 2914 3:55:42 / 2933 4:40:55 / 2949 5:12:55 / 2953										
2954	1565	WALDERA Piotr	GŁOGÓW		POL / -	82M30/981		(M)2680	05:29:08	05:26:19 07.44
0:36:09 / 2933 1:08:59 / 2921 1:42:23 / 2878 2:24:46 / 2833 3:10:38 / 2920 3:55:45 / 2934 4:38:17 / 2941 5:11:42 / 2949										
2955	1307	KLAWCZYŃSKI Zbigniew	BYDGOSZCZ		POL / 1 POMORSKA BRYGADA LOGISTYCZNA	62M50/378		(M)2681	05:29:32	05:27:37 07.45
0:32:22 / 2367 1:03:20 / 2562 1:44:25 / 2932 2:39:14 / 2941 3:28:24 / 2999 4:08:27 / 2986 4:44:53 / 2971 5:16:10 / 2967										
2956	2893	STAWINOĞA Zbigniew	JOZEFOSŁAW		POL	72M40/734		(M)2682	05:29:44	05:27:09 07.45
0:34:29 / 2701 1:07:25 / 2866 1:42:15 / 2873 2:27:02 / 2867 3:13:01 / 2938 3:58:33 / 2945 4:42:14 / 2957 5:14:00 / 2962										
2957	1805	STEFANIAK Justyna	DĄBROWA GÓRNICZA		POL / POGORIA BIEGA	77K30/112		(K)275	05:29:46	05:27:01 07.45
0:38:14 / 2998 1:13:56 / 3000 1:51:05 / 2977 2:39:24 / 2942 3:25:26 / 2992 4:07:22 / 2985 4:43:49 / 2965 5:13:27 / 2956										
2958	3157	KRUPIŃSKI Paweł	KRAKÓW		POL / IMAX	67M40/735		(M)2683	05:29:46	05:29:44 07.48
0:24:11 / 462 0:53:26 / 1153 1:27:00 / 2037 2:10:40 / 2404 3:02:32 / 2840 3:50:29 / 2905 4:37:28 / 2940 5:13:46 / 2959										
2959	965	RICOUR Patrice	KRAKÓW		FRA	69M40/736		(M)2684	05:29:50	05:27:00 07.45
0:35:57 / 2909 1:09:44 / 2966 1:45:03 / 2937 2:33:25 / 2911 3:18:22 / 2968 4:04:21 / 2978 4:44:21 / 2968 5:16:01 / 2966										
2960	3051	STASICA Aleksander	KRAKÓW		POL	84M20/492		(M)2685	05:29:57	05:27:13 07.45
0:36:12 / 2944 1:07:18 / 2861 1:39:22 / 2814 2:21:07 / 2752 3:01:50 / 2833 3:47:25 / 2876 4:35:05 / 2921 5:11:02 / 2945										
2961	1546	POREBA Marcin	KRAKÓW		POL	86M20/493		(M)2686	05:29:57	05:27:39 07.45
0:31:43 / 2284 1:00:54 / 2266 1:31:17 / 2298 2:13:18 / 2461 3:00:07 / 2783 3:47:25 / 2875 4:35:05 / 2922 5:11:03 / 2946										
2962	3472	DOMANSKA Jolanta	RZESZÓW		POL	59K50/23		(K)276	05:30:45	05:28:03 07.46
0:35:13 / 2837 1:07:24 / 2865 1:42:43 / 2911 2:30:28 / 2894 3:21:55 / 2985 4:06:22 / 2983 4:45:09 / 2976 5:15:27 / 2965										
2963	821	KUBIAK Agnieszka	KRAKÓW		POL	89K20/75		(K)277	05:30:54	05:28:40 07.47
0:35:16 / 2848 1:09:03 / 2944 1:45:10 / 2943 2:31:22 / 2901 3:19:08 / 2971 4:04:14 / 2975 4:44:31 / 2969 5:14:36 / 2963										
2964	3174	SZAFRANIEC Beata	ŁĘKI		POL	85K20/76		(K)278	05:30:56	05:28:23 07.46
0:36:14 / 2956 1:12:50 / 2992 1:51:39 / 2979 2:39:38 / 2947 3:24:35 / 2989 4:06:28 / 2984 4:45:11 / 2977 5:14:48 / 2964										
2965	3220	BUSZKIEWICZ Mirosław	LIPSKO		POL	78M30/982		(M)2687	05:31:05	05:28:25 07.47
0:38:38 / 3001 1:12:56 / 2993 1:49:13 / 2970 2:35:41 / 2928 3:20:08 / 2978 4:01:49 / 2964 4:42:54 / 2961 5:13:40 / 2958										

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2966	2396	GAWRÓŃSKI Grzegorz	OSTROWIEC ŚW.	POL		64M40/737	(M)2688	05:31:17	05:28:38	07.47	
0:38:37 / 3000 1:12:56 / 2994 1:49:06 / 2969 2:35:41 / 2927 3:19:58 / 2976 4:01:35 / 2963 4:42:25 / 2958 5:13:40 / 2957											
2967	2109	ŚWIĘCH Grzegorz	MOGILANY	POL		75M30/983	(M)2689	05:31:54	05:29:07	07.47	
0:35:44 / 2888 1:07:46 / 2880 1:41:31 / 2853 2:28:37 / 2878 3:19:58 / 2975 4:04:16 / 2976 4:45:07 / 2975 5:16:32 / 2969											
2968	106	WÓJCIK Miłosz	JĘDRZEJÓW	POL		89M20/494	(M)2690	05:31:56	05:29:03	07.47	
0:35:50 / 2903 1:08:28 / 2895 1:41:45 / 2857 2:24:51 / 2838 3:05:42 / 2883 3:45:47 / 2862 4:31:06 / 2901 5:10:54 / 2943											
2969	824	TRAWCZYŃSKI Łukasz	PIONKI	POL		84M20/495	(M)2691	05:32:21	05:29:23	07.48	
0:39:21 / 3006 1:15:46 / 3007 1:54:09 / 2983 2:41:56 / 2958 3:27:49 / 2996 4:08:32 / 2987 4:50:50 / 2989 5:21:42 / 2983											
2970	2697	JANOSZ Krzysztof	WROCLAW	POL		75M30/984	(M)2692	05:32:29	05:29:38	07.48	
0:37:11 / 2984 1:13:03 / 2996 1:49:45 / 2974 2:36:06 / 2931 3:21:27 / 2982 4:04:11 / 2974 4:44:17 / 2966 5:16:11 / 2968											
2971	3215	GRZESZCZUK Tomasz	OLAWA	POL		90M20/496	(M)2693	05:32:40	05:29:45	07.48	
0:38:04 / 2994 1:12:06 / 2991 1:46:55 / 2954 2:32:25 / 2904 3:17:09 / 2961 4:00:34 / 2957 4:43:43 / 2964 5:16:36 / 2971											
2972	606	TOMASIK Janusz	WARSZAWA	POL / NIEZRZESZONY		43M60/92	(M)2694	05:33:18	05:30:30	07.49	
0:36:23 / 2968 1:09:38 / 2963 1:46:02 / 2949 2:31:58 / 2903 3:19:59 / 2977 4:05:08 / 2982 4:45:35 / 2980 5:17:22 / 2974											
2973	576	FRABINSKI Andrzej	MIEDZYRZECZ	POL / KLUB MIOSNIKÓW BIEGANIA		47M60/93	(M)2695	05:33:27	05:31:55	07.51	
0:34:39 / 2712 1:07:17 / 2860 1:43:58 / 2927 2:31:38 / 2902 3:18:15 / 2967 4:04:20 / 2977 4:47:09 / 2983 5:17:31 / 2975											
2974	3279	MICHALIK Mateusz	WIELICZKA	POL		93M20/497	(M)2696	05:33:41	05:32:08	07.52	
0:30:13 / 1920 0:58:38 / 2091 1:29:49 / 2219 2:16:12 / 2570 3:04:26 / 2861 3:55:56 / 2935 4:42:59 / 2962 5:19:40 / 2980											
2975	1840	FLUNT Grzegorz	WARSZAWA	POL		79M30/985	(M)2697	05:33:49	05:30:55	07.50	
0:35:43 / 2883 1:10:46 / 2983 1:48:49 / 2966 2:37:20 / 2934 3:23:13 / 2988 4:04:41 / 2981 4:45:30 / 2978 5:16:54 / 2972											
2976	1959	KOWALCZYK Joanna	KRAKÓW	POL		73K30/113	(K)279	05:34:01	05:31:13	07.50	
0:36:13 / 2951 1:09:01 / 2931 1:42:25 / 2887 2:24:06 / 2815 3:05:14 / 2874 3:49:45 / 2897 4:45:30 / 2979 5:16:54 / 2973											
2977	100	SETA Michał	GDYNIA	POL / PADŁ NA RYJ TEAM		81M30/986	(M)2698	05:34:39	05:32:04	07.52	
0:35:09 / 2816 1:06:45 / 2814 1:39:08 / 2805 2:25:59 / 2855 3:13:29 / 2941 4:02:13 / 2966 4:46:14 / 2981 5:20:15 / 2981											
2978	1345	HAŁGAS Agnieszka	WAŁBRZYCH	POL		81K30/114	(K)280	05:35:43	05:33:40	07.54	
0:32:19 / 2360 1:05:50 / 2707 1:42:14 / 2872 2:28:46 / 2880 3:16:27 / 2958 4:00:52 / 2959 4:44:41 / 2970 5:18:50 / 2977											
2979	2227	PALONEK Michał	KRAKÓW	POL		89M20/498	(M)2699	05:36:37	05:34:47	07.56	
0:32:29 / 2379 1:07:49 / 2882 1:48:18 / 2963 2:41:27 / 2956 3:29:12 / 3000 4:10:43 / 2997 4:49:39 / 2987 5:19:20 / 2978											
2980	3131	SZALAJKO Jerzy	WROCLAW	POL / NIEZRZESZONY		62M50/379	(M)2700	05:36:37	05:33:53	07.54	
0:35:02 / 2791 1:06:43 / 2787 1:39:23 / 2816 2:25:11 / 2843 3:13:44 / 2943 4:00:39 / 2958 4:44:59 / 2972 5:19:20 / 2979											
2981	1067	BLACHOWICZ Kamil	SĘDZISZÓW	POL		89M20/499	(M)2701	05:38:08	05:35:20	07.56	
0:36:12 / 2949 1:08:49 / 2915 1:44:23 / 2931 2:32:28 / 2905 3:21:50 / 2984 4:10:20 / 2994 4:54:13 / 2998 5:22:47 / 2984											
2982	3255	STACHOW Jan	KRAKÓW	POL / ZPS		29M70/8	(M)2702	05:38:09	05:35:24	07.56	
0:38:42 / 3003 1:13:35 / 2999 1:49:24 / 2973 2:35:36 / 2926 3:20:10 / 2979 4:04:35 / 2980 4:46:49 / 2982 5:20:18 / 2982											
2983	1997	KULIBERDA Adrian	RADOMSKO	POL		90M20/500	(M)2703	05:38:22	05:35:41	07.57	
0:35:11 / 2828 1:06:44 / 2806 1:38:35 / 2791 2:22:56 / 2777 3:12:21 / 2933 3:58:58 / 2947 4:44:19 / 2967 5:18:48 / 2976											
2984	3188	BANAŚ Monika	GDÓW	POL		87K20/77	(K)281	05:41:27	05:38:37	08.01	
0:35:03 / 2796 1:09:45 / 2968 1:46:16 / 2951 2:33:46 / 2913 3:21:44 / 2983 4:02:58 / 2972 4:43:26 / 2963 5:16:35 / 2970											
2985	611	RZESZÓTKO Rafał	KRAKÓW	POL / CAŁA RYBA BIEGA Z POLSKĄ		71M40/738	(M)2704	05:41:49	05:39:19	08.02	
0:35:14 / 2844 1:07:13 / 2857 1:40:20 / 2832 2:26:24 / 2860 3:14:07 / 2945 4:01:27 / 2962 4:45:01 / 2973 5:23:12 / 2985											
2986	3297	RYZHII Volodymyr	LVIV	UKR / LO AVS-FENIX		38M70/9	(M)2705	05:43:09	05:40:25	08.04	
0:37:30 / 2989 1:12:57 / 2995 1:50:41 / 2976 2:39:39 / 2948 3:26:49 / 2993 4:10:31 / 2996 4:50:14 / 2988 5:23:55 / 2986											
2987	1725	MILLER Stefan	ŁĄGÓW	POL		57M50/380	(M)2706	05:43:48	05:41:20	08.05	
0:35:06 / 2804 1:09:19 / 2953 1:47:33 / 2959 2:36:13 / 2932 3:25:23 / 2991 4:11:08 / 2999 4:54:03 / 2997 5:25:34 / 2990											
2988	1087	JARZYNA Adam	POLANKA WIELKA	POL		54M50/381	(M)2707	05:44:03	05:41:29	08.05	
0:35:01 / 2780 1:06:42 / 2783 1:38:15 / 2770 2:23:07 / 2780 3:17:25 / 2964 4:09:44 / 2993 4:51:08 / 2990 5:25:53 / 2993											
2989	3130	BARAN Alicja	ŁĄBOWA	POL		83K20/78	(K)282	05:44:03	05:41:30	08.05	
0:36:54 / 2978 1:11:26 / 2985 1:48:31 / 2964 2:39:27 / 2944 3:27:50 / 2997 4:09:39 / 2992 4:51:10 / 2991 5:25:53 / 2992											
2990	1351	BARDO Eugeniusz	KRAKÓW	POL		55M50/382	(M)2708	05:44:12	05:42:57	08.07	
0:35:15 / 2845 1:09:45 / 2967 1:46:59 / 2955 2:32:38 / 2907 3:17:17 / 2962 4:00:34 / 2956 4:47:25 / 2984 5:25:39 / 2991											
2991	2878	JANKOWSKI Piotr	LEGIONÓW	POL / KLUB SPORTOWY NIEWIDOMYCH I SŁABOWIDZĄCY		49M60/94	(M)2709	05:44:28	05:41:51	08.06	
0:34:35 / 2704 1:06:21 / 2726 1:39:43 / 2823 2:27:05 / 2869 3:17:17 / 2963 3:59:09 / 2953 4:48:25 / 2986 5:25:07 / 2988											
2992	1371	LABARTKAVA Larysa	LVIV	UKR / LO AVS-FENIX		49K60/7	(K)283	05:44:45	05:42:25	08.06	
0:36:00 / 2916 1:09:53 / 2971 1:47:18 / 2958 2:36:28 / 2933 3:27:10 / 2995 3:59:09 / 2952 4:52:35 / 2993 5:26:10 / 2995											
2993	3336	OLSZOWIEC Mikołaj	STASZÓW	POL		87M20/501	(M)2710	05:44:46	05:41:56	08.06	
0:35:47 / 2898 1:08:15 / 2889 1:42:43 / 2910 2:27:03 / 2868 3:15:27 / 2954 4:02:40 / 2970 4:47:54 / 2985 5:25:05 / 2987											

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2994	3307	GOLUB Nina	LWÓW		UKR / LFNENIKS	42K70/1			(K)284	05:45:28	05:43:59 08.09
0:34:28 / 2700 1:09:07 / 2948 1:47:55 / 2962 2:39:04 / 2940 3:24:58 / 2990 4:09:09 / 2990 4:51:52 / 2992 5:26:08 / 2994											
2995	2148	BIELEC Tadeusz	KRAKÓW		POL	72M40/739			(M)2711	05:46:05	05:43:08 08.07
0:38:44 / 3004 1:13:33 / 2998 1:49:22 / 2972 2:35:52 / 2930 3:19:52 / 2974 4:10:53 / 2998 4:53:42 / 2996 5:25:33 / 2989											
2996	1123	WIKTORSKI Krzysztof	SKAŁA		POL	71M40/740			(M)2712	05:50:08	05:47:15 08.13
0:35:58 / 2912 1:08:27 / 2893 1:43:08 / 2919 2:35:11 / 2919 3:29:48 / 3002 4:14:44 / 3002 4:56:28 / 3000 5:30:13 / 2997											
2997	3144	KOWALSKI Kamil	GRACZE		POL / BIEGACZE MONARU GRACZE	85M20/502			(M)2713	05:51:37	05:50:33 08.18
0:35:58 / 2913 1:14:31 / 3003 1:52:10 / 2980 2:40:31 / 2954 3:32:00 / 3005 4:13:27 / 3001 4:58:47 / 3005 5:34:50 / 2999											
2998	3296	LABARTKAVA Konstantyn	FENIKS		UKR	84M20/503			(M)2714	05:53:22	05:51:04 08.19
0:32:09 / 2344 1:00:55 / 2267 1:31:46 / 2338 2:16:47 / 2623 3:14:15 / 2947 4:04:33 / 2979 4:45:03 / 2974 5:28:51 / 2996											
2999	78	SZOPA Leszek	PODOLSZE		POL / DRUŻYNA SZPIKU	53M50/383			(M)2715	05:53:31	05:50:45 08.18
0:40:17 / 3011 1:17:14 / 3011 1:54:53 / 2986 2:43:36 / 2959 3:32:51 / 3008 4:19:27 / 3004 5:02:12 / 3006 5:35:57 / 3001											
3000	2750	ESSALHI Lahcen	CASABLANCA		MAR / CMCF	58M50/384			(M)2716	05:53:34	05:52:57 08.21
0:37:38 / 2993 1:11:11 / 2984 1:47:50 / 2961 2:40:41 / 2955 3:29:25 / 3001 4:11:35 / 3000 4:53:20 / 2995 5:31:02 / 2998											
3001	2415	KUCZYŃSKI Szymon	KRAKÓW		POL	82M30/987			(M)2717	05:55:29	05:53:09 08.22
0:33:56 / 2642 1:06:36 / 2749 1:39:43 / 2822 2:26:24 / 2859 3:19:47 / 2972 4:10:26 / 2995 4:57:50 / 3002 5:35:06 / 3000											
3002	3477	ŻUK Józef	WAŁBRZYCH		POL / WKB PODZAMCZE	40M70/10			(M)2718	05:56:40	05:55:55 08.26
0:36:28 / 2972 1:14:24 / 3002 1:55:07 / 2987 2:48:34 / 2969 3:42:17 / 3012 4:30:07 / 3012 4:57:50 / 3003 5:39:44 / 3005											
3003	450	MISIARZ Józef	KRAKÓW		POL	57M50/385			(M)2719	05:58:39	05:57:40 08.28
0:40:36 / 3014 1:16:33 / 3008 1:56:19 / 2989 2:45:30 / 2962 3:39:33 / 3011 4:25:07 / 3009 4:57:50 / 3001 5:41:03 / 3006											
3004	2787	BARCHAN Konrad	SOSNOWIEC		POL	81M30/988			(M)2720	05:59:26	05:56:36 08.27
0:35:45 / 2892 1:08:31 / 2897 1:43:22 / 2923 2:30:52 / 2898 3:31:59 / 3004 4:25:07 / 3010 4:58:47 / 3004 5:36:00 / 3003											
3005	754	TRELA Mariusz	GRACZE		POL / BIEGACZE MONARU GRACZE	82M30/989			(M)2721	05:59:26	05:56:34 08.27
0:36:10 / 2938 1:09:01 / 2935 1:42:21 / 2875 2:24:47 / 2834 3:19:52 / 2973 4:09:27 / 2991 4:55:46 / 2999 5:36:00 / 3002											
3006	3032	ROPER Steve	BOGNOR REGIS		GBR	41M70/11			(M)2722	06:02:57	06:00:39 08.32
0:38:50 / 3005 1:15:46 / 3006 1:54:11 / 2984 2:40:17 / 2951 3:26:58 / 2994 4:08:55 / 2988 4:52:54 / 2994 5:37:52 / 3004											
3007	2080	MACIEJEWSKI Piotr	KALISZ		POL / SUPERMARATON-KALISZ	53M50/386			(M)2723	06:04:11	06:01:45 08.34
0:34:24 / 2695 1:06:52 / 2840 1:47:01 / 2956 2:39:02 / 2938 3:31:05 / 3003 4:18:06 / 3003 5:03:20 / 3010 5:42:28 / 3007											
3008	3348	ROSINSKA Janina	PABIANICE		POL / AZS ŁÓDŹ	36K70/2			(K)285	06:10:52	06:08:26 08.43
0:13:56 / 1 0:57:21 / 1773 1:41:37 / 2855 2:38:09 / 2935 3:32:21 / 3006 4:24:01 / 3007 5:03:20 / 3014 5:49:54 / 3011											
3009	3233	SZUMERA Piotr	KRAKÓW		POL / PETER S TEAM	57M50/387			(M)2724	06:11:01	06:08:06 08.43
0:38:13 / 2997 1:11:35 / 2986 1:46:28 / 2953 2:35:42 / 2929 3:32:29 / 3007 4:24:34 / 3008 5:03:20 / 3013 5:49:54 / 3010											
3010	2372	WĘGRZYCKI Wiesław	PIŃCZÓW		POL / KL PONIDZIE PIŃCZÓW	33M70/12			(M)2725	06:11:18	06:08:23 08.43
0:40:20 / 3013 1:17:13 / 3010 1:55:53 / 2988 2:47:30 / 2966 3:36:28 / 3010 4:25:35 / 3011 5:03:20 / 3011 5:49:55 / 3012											
3011	3016	BAJOR Dorota	ZABIERZÓW		POL	70K40/62			(K)286	06:11:37	06:08:43 08.44
0:36:13 / 2952 1:08:28 / 2896 1:42:42 / 2909 2:34:23 / 2915 3:28:00 / 2998 4:21:03 / 3006 5:03:20 / 3012 5:47:58 / 3009											
3012	293	SOLTYŚ Robert	CIBÓRZ		POL	70M40/741			(M)2726	06:11:42	06:08:48 08.44
0:37:01 / 2980 1:10:34 / 2980 1:51:05 / 2978 2:47:05 / 2965 3:35:31 / 3009 4:21:03 / 3005 5:03:20 / 3008 5:47:57 / 3008											
3013	172	MEJ Paweł	BACZKOW K. BOCHNI		POL / NIZRZESZONY BOSY BIEGACZ	72M40/742			(M)2727	06:20:44	06:19:07 08.59
0:33:45 / 2615 1:22:33 / 3014 1:59:27 / 2990 2:53:15 / 2980 3:50:13 / 3013 4:36:15 / 3013 5:03:20 / 3007 5:58:32 / 3013											
3014	1281	GIL Barbara	SIERPC		POL	46K60/8			(K)287	06:23:22	06:20:22 09.00
0:40:14 / 3010 1:18:42 / 3012 2:01:46 / 2991 2:57:54 / 2985 3:52:20 / 3014 4:40:33 / 3014 5:03:20 / 3009 6:02:01 / 3014											