

XV Międzynarodowy Półmaraton Kurpiowski

OSTROŁĘKA, 10 maja 2009

Klasyfikacja generalna (międzyczasy)

PÓLMARATON (21.097km)

Miej.	Numer	Nazwisko i imię	Data	Kat.	Kraj-Klub-Miasto	dod	K	M	M/Kat.	5.06km	9.07km	13.08km	17.08km	Oficjalny	Netto	tempo
1	105	BARANOVSKI Dymitry	1982	M-29	BIAŁORUŚ			1	1	00:17:03	00:30:34	00:43:50	00:56:54	1:09:50	1:09:50	00:03:19
2	115	ANDRZEJUK Bogusław	1975	M-30	KS Podlasie Białystok			2	1	00:17:03	00:30:34	00:43:51	00:56:55	1:10:17	1:10:17	00:03:20
3	86	POŁOŁSKYY Anton	1984	M-29	UKRAINA			3	2	00:17:02	00:30:34	00:43:51	00:57:06	1:10:36	1:10:36	00:03:21
4	83	BELOVOL Vitaliy	1970	M-30	UKRAINA			4	2	00:17:02	00:30:34	00:43:51	00:57:10	1:10:57	1:10:57	00:03:22
5	74	MARKOWSKI Michał	1983	M-29	WLKS Siedlce			5	3	00:17:03	00:30:34	00:43:51	00:57:23	1:11:17	1:11:17	00:03:23
6	73	MARKOWSKI Paweł	1985	M-29	12 BZ Szczecin			6	4	00:17:03	00:30:34	00:43:50	00:57:24	1:11:19	1:11:19	00:03:23
7	142	KAPIŃSKI Sławomir	1966	M-40	Plock			7	1	00:17:03	00:30:34	00:43:51	00:57:50	1:12:52	1:12:52	00:03:27
8	54	DZIĘGIELEWSKI Marek	1962	M-40	KB im.Piotra Sękowskiego			8	2	00:17:03	00:30:35	00:44:36	00:59:06	1:12:58	1:12:58	00:03:28
9	137	GRYGO Paweł	1976	M-30	PREFBET Śniadowo Łomża			9	3	00:17:03	00:30:35	00:44:42	00:59:05	1:13:24	1:13:24	00:03:29
10	106	ANOSHA Mikalai	1983	M-29	BIAŁORUŚ			10	5	00:17:02	00:30:34	00:44:36	00:59:05	1:13:58	1:13:58	00:03:30
11	141	WIĘCKOWSKI Wojciech	1961	M-40	BOB TKKF PŁOCK			11	3	00:17:41	00:32:05	00:46:35	01:01:11	1:15:57	1:15:57	00:03:36
12	35	PRANCKLINAS Petras	1969	M-40	LITWA			12	4	00:17:41	00:32:45	00:47:43	01:03:16	1:17:58	1:17:58	00:03:42
13	14	MIADZWEDZEW Yury	1961	M-40	BIAŁORUŚ			13	5	00:17:41	00:32:05	00:47:09	01:02:32	1:18:19	1:18:19	00:03:43
14	50	ŚWIECAK Robert	1980	M-29	HARPAGAN Zwola			14	6	00:17:41	00:32:45	00:48:11	01:03:40	1:18:23	1:18:23	00:03:43
15	34	PĘDZICH Bartłomiej	1987	M-29	Szafarczyska	P (1)		15	7	00:18:12	00:32:45	00:47:43	01:03:16	1:18:41	1:18:41	00:03:44
16	59	PIECHNA Włodzimierz	1970	M-30	KB TKKF Promyk Ciechanów			16	4	00:18:13	00:33:12	00:48:17	01:03:40	1:18:49	1:18:49	00:03:44
17	60	PIECHNA Andrzej	1969	M-40	KB TKKF Promyk Ciechanów			17	6	00:18:22	00:33:16	00:48:19	01:03:40	1:19:10	1:19:10	00:03:45
18	11	DYLEWSKI Yury	1985	M-29	BIAŁORUŚ			18	8	00:18:13	00:32:59	00:48:08	01:03:40	1:19:17	1:19:17	00:03:45
19	112	DĄBROWSKI Przemysław	1989	M-29	ALKS KURP Ostrołęka			19	9	00:18:49	00:33:52	00:49:15	01:04:45	1:19:56	1:19:56	00:03:47
20	33	GARDENER Jacek	1966	M-40	KB PIMAR Legionowo			20	7	00:18:47	00:33:52	00:49:01	01:04:33	1:20:03	1:20:03	00:03:48
21	5	CICHOŃCZUK Antoni	1949	M-60	WKS Flota Gdynia			21	1	00:18:22	00:33:16	00:48:26	01:04:22	1:20:05	1:20:05	00:03:48
22	89	CHMURZYŃSKI Tomasz	1969	M-40	CROSS Bydgoszcz	B-2 (1)		22	8	00:18:48	00:33:52	00:49:01	01:04:33	1:20:57	1:20:57	00:03:50
23	57	KOWALSKI Jacek	1967	M-40	KB TKKF Promyk Ciechanów			23	9	00:19:20	00:34:56	00:50:40	01:06:39	1:22:19	1:22:19	00:03:54
24	107	KUCIEJCZYK Henryk	1959	M-50	KB TKKF Promyk Ciechanów			24	1	00:19:19	00:34:56	00:50:39	01:06:37	1:22:25	1:22:25	00:03:54
25	72	CHWISTEK Damian	1986	M-29	AZS AGH Kraków			25	10	00:17:56	00:33:28	00:49:08	01:05:29	1:22:28	1:22:28	00:03:55
26	12	BARYSIONAK Ihar	1970	M-30	BIAŁORUŚ	B-2 (2)		26	5	00:18:14	00:33:07	00:49:01	01:05:29	1:22:31	1:22:31	00:03:55
27	111	WILKOWSKI Mirosław	1964	M-40	Ostrołęka			27	10	00:19:19	00:34:56	00:50:39	01:06:39	1:22:55	1:22:55	00:03:56
28	75	MITKOWSKI Daniel	1975	M-30	Grelaii S.A. Olsztyn			28	6	00:19:57	00:36:07	00:52:11	01:07:55	1:23:38	1:23:38	00:03:58
29	82	KOPER Zbigniew	1963	M-40	KS Dreptak Mińsk Maz.			29	11	00:19:19	00:34:56	00:50:48	01:07:14	1:23:47	1:23:47	00:03:58
30	119	BIELICKI Krzysztof	1963	M-40	GOVENA Toruń			30	12	00:19:12	00:34:56	00:50:43	01:07:13	1:23:47	1:23:47	00:03:58
31	49	CZARNECKI Marcin	1976	M-30	ART PROFi Warszawa			31	7	00:18:46	00:34:18	00:50:31	01:07:27	1:25:02	1:25:02	00:04:02
32	71	ZYCH Tomasz	1986	M-29	Dąbrowa Górnicza			32	11	00:19:57	00:36:07	00:52:17	01:09:12	1:26:05	1:26:05	00:04:05
33	66	GRUCA Krzysztof	1960	M-40	LW Bogdanka S.A.			33	13	00:19:35	00:35:22	00:51:57	01:08:54	1:26:25	1:26:25	00:04:06
34	90	SIKORA Stefan	1949	M-60	TKKF Beskidek Bielsko-Biała			34	2	00:20:29	00:36:42	00:53:03	01:09:51	1:26:37	1:26:37	00:04:06
35	61	GIPSIK Andrzej	1957	M-50	Lotos Jabłonna			35	2	00:20:04	00:36:31	00:53:17	01:10:11	1:27:04	1:27:04	00:04:08

DNF-nie ukończył/a, P-mieszkaniec powiatu, B1,B2- niewidomi

Strona 1 z 5

09-05-10 13:43:45

Miej.	Numer	Nazwisko i imię	Data	Kat.	Kraj-Klub-Miasto	dod	K	M	M/Kat.	5.06km	9.07km	13.08km	17.08km	Oficjalny	Netto	tempo
36	101	KARNATSEVICH Galina	1969	K-40+	BIAŁORUŚ		1		1	00:21:20	00:38:45	00:55:19	01:11:00	1:27:16	1:27:16	00:04:08
37	120	NIEPSUJ Marcin	1981	M-29	JW 3537 Brodnica			36	12	00:20:37	00:36:43	00:53:33	01:11:21	1:28:58	1:28:58	00:04:13
38	84	IVANOVA Tetiana	1984	K-18	UKRAINA		2		1	00:21:08	00:37:48	00:54:55	01:12:03	1:29:05	1:29:05	00:04:13
39	45	GOŁĄBEK Mariusz	1962	M-40	CROSS Gdańsk	B-2 (3)		37	14	00:20:56	00:37:48	00:54:53	01:12:03	1:29:10	1:29:10	00:04:14
40	17	PIECH Piotr	1991	M-29	MKB Team Małkinia			38	13	00:19:58	00:36:20	00:53:18	01:10:36	1:29:17	1:29:17	00:04:14
41	58	OPAŁKA Jan	1950	M-50	KB im.Piotra Sękowskiego			39	3	00:20:47	00:37:36	00:54:56	01:12:15	1:29:18	1:29:18	00:04:14
42	97	LEWANDOWSKI Zenon	1952	M-50	KB TKKF Promyk Ciechanów			40	4	00:21:08	00:38:12	00:55:23	01:12:45	1:30:06	1:30:06	00:04:16
43	29	STANISZEWSKI Zygmunt	1960	M-40	Unirol Grajewo			41	15	00:21:12	00:38:20	00:55:29	01:12:54	1:30:38	1:30:38	00:04:18
44	124	PIOTROWSKI Andrzej	1972	M-30	Entre.pl TEAM Magdalenka			42	8	00:20:40	00:37:22	00:54:44	01:12:31	1:30:44	1:30:44	00:04:18
45	37	PĘDZICH Waldemar	1961	M-40	ALKS KURP Ostrołęka	P (2)		43	16	00:20:57	00:37:48	00:54:53	01:12:52	1:31:32	1:31:32	00:04:20
46	118	WILKOWSKI Dariusz	1968	M-40	MDM Brodnica			44	17	00:21:25	00:38:33	00:55:59	01:13:46	1:31:36	1:31:36	00:04:21
47	81	ZDUŃCZYK Sławomir	1976	M-30	SP Mińsk Maz.			45	9	00:20:57	00:37:58	00:55:42	01:13:47	1:31:52	1:31:52	00:04:21
48	93	WITCZAK Andrzej	1961	M-40	Warszawa			46	18	00:21:27	00:38:32	00:55:47	01:13:37	1:31:57	1:31:57	00:04:22
49	69	SZCZYPEK Jan	1958	M-50	LW Bogdanka S.A.			47	5	00:20:56	00:37:49	00:55:25	01:13:56	1:32:35	1:32:35	00:04:23
50	129	GAJDA Robert	1963	M-40	Zdrowy Styl Życia			48	19	00:21:20	00:38:30	00:55:47	01:13:55	1:32:38	1:32:38	00:04:23
51	36	CISTIAKOVA Regina	1961	K-40+	LITWA		3		2	00:21:30	00:38:58	00:56:43	01:14:44	1:32:41	1:32:41	00:04:24
52	88	BADOWSKI Krzysztof	1962	M-40	CROSS Bydgoszcz	B-2 (4)		49	20	00:21:27	00:38:58	00:56:44	01:14:42	1:32:54	1:32:54	00:04:24
53	51	NIZIŃSKI Mariusz	1958	M-50				50	6	00:20:57	00:37:59	00:55:42	01:13:45	1:33:36	1:33:36	00:04:26
54	148	MIKOŁAJCZYK Marta	1948	K-40+	Putaski Warka		4		3	00:21:44	00:39:19	00:57:21	01:15:44	1:34:14	1:34:14	00:04:28
55	68	KOT Leszek	1951	M-50	LW Bogdanka S.A.			51	7	00:20:57	00:38:37	00:56:50	01:15:05	1:34:43	1:34:43	00:04:29
56	102	CIUK Michał	1984	M-29	AZS AH Pułtusk			52	14	00:21:21	00:38:32	00:56:41	01:16:04	1:35:17	1:35:17	00:04:31
57	164	STOLARCZYK Tomasz	1977	M-30	TRASA Ostrołęka			53	10	00:22:20	00:40:16	00:58:26	01:16:45	1:35:20	1:35:20	00:04:31
58	4	LIBAN Zygfryd	1943	M-60	Tczew			54	3	00:22:20	00:40:16	00:58:25	01:16:48	1:35:47	1:35:47	00:04:32
59	15	KAVALIOVA Halina	1966	K-40+	BIAŁORUŚ		5		4	00:21:45	00:39:36	00:58:00	01:16:50	1:36:10	1:36:10	00:04:33
60	65	IWANICKI Władysław	1959	M-50	LW Bogdanka S.A.			55	8	00:23:29	00:41:32	00:59:40	01:18:04	1:36:54	1:36:54	00:04:36
61	127	OLBRYŚ Stanisław Adam	1967	M-40	KB PIMAR Legionowo			56	21	00:22:04	00:40:37	00:59:19	01:18:27	1:37:16	1:37:16	00:04:37
62	110	PRZYBYŁKIEWICZ Roman	1960	M-40	KB TKKF Promyk Ciechanów			57	22	00:22:35	00:41:03	00:59:18	01:18:34	1:37:27	1:37:27	00:04:37
63	30	MICHALCZUK Kamil	1988	M-29	MKB Team Małkinia			58	15	00:21:10	00:38:58	00:56:43	01:16:09	1:37:43	1:37:43	00:04:38
64	46	JEŻOWSKI Sławomir	1961	M-40	CROSS Warszawa	B-2 (5)		59	23	00:22:39	00:41:47	01:01:05	01:20:14	1:38:15	1:38:15	00:04:39
65	42	MAJCHRZAK Michał	1984	M-29	Cross Lajkonik Kraków	B-2 (6)		60	16	00:23:14	00:41:55	01:01:06	01:20:13	1:38:21	1:38:21	00:04:40
66	48	ŚWIERCZYŃSKI Zbigniew	1950	M-50	CROSS Warszawa	B-1 (1)		61	9	00:23:14	00:41:34	01:00:12	01:19:43	1:38:45	1:38:45	00:04:41
67	47	KĄKOL Franciszek	1955	M-50	CROSS Warszawa	B-2 (7)		62	10	00:23:14	00:41:34	01:00:12	01:19:43	1:38:46	1:38:46	00:04:41
68	116	ZIENIEWICZ Andrzej	1951	M-50	Juvenia Białystok			63	11	00:23:12	00:42:03	01:01:12	01:20:34	1:39:07	1:39:07	00:04:42
69	166	ROPIAK Ryszard	1944	M-60	KURPIE Myszyniec			64	4	00:23:25	00:42:29	01:01:49	01:21:06	1:39:36	1:39:36	00:04:43
70	98	TARNOWSKI Witold	1961	M-40	KB TKKF Promyk Ciechanów			65	24	00:22:06	00:40:40	00:59:53	01:20:02	1:39:45	1:39:45	00:04:44
71	99	JABŁOŃSKI Waldemar	1959	M-50	KB TKKF Promyk Ciechanów			66	12	00:24:11	00:42:53	01:01:39	01:20:39	1:39:48	1:39:48	00:04:44
72	9	SKRZYPSKI Stanisław	1948	M-60	TKKF ROZSTAJE Gdańsk			67	5	00:23:29	00:42:29	01:01:04	01:20:14	1:39:52	1:39:52	00:04:44
73	146	PAWŁOWSKI Bogusław	1952	M-50	Blizne Łaszczyńskiego			68	13	00:22:50	00:41:40	01:00:54	01:20:32	1:40:29	1:40:29	00:04:46
74	20	SADOWSKI Rafał	1991	M-29	MKB Team Małkinia			69	17	00:26:36	00:46:08	01:04:47	01:23:45	1:40:31	1:40:31	00:04:46
75	113	ŚWIERDZEWSKI Damian	1993	M-29	AGB Ostrołęka i okolice			70	18	00:19:20	00:36:45	00:56:02	01:21:14	1:40:33	1:40:33	00:04:46
76	64	BIERNACKI Leopold	1954	M-50	Wrocław			71	14	00:22:22	00:41:00	01:00:33	01:20:44	1:40:58	1:40:58	00:04:47
77	16	OLSZEWSKI Krzysztof	1975	M-30	AGB Ostrołęka i okolice			72	11	00:23:08	00:41:34	00:59:45	01:19:46	1:41:15	1:41:15	00:04:48
78	95	BALCERZAK Andrzej	1953	M-50	SBM WARDOM Warszawa			73	15	00:23:08	00:42:11	01:01:45	01:21:56	1:42:37	1:42:37	00:04:52

Miej.	Numer	Nazwisko i imię	Data	Kat.	Kraj-Klub-Miasto	dod	K	M	M/Kat.	5.06km	9.07km	13.08km	17.08km	Oficjalny	Netto	tempo
79	134	GULIŃSKI Grzegorz	1958	M-50	DOBRZELIN			74	16	00:24:17	00:43:29	01:02:29	01:22:27	1:42:48	1:42:48	00:04:52
80	92	POŁASKI Leszek	1947	M-60	Warszawa			75	6	00:23:29	00:42:29	01:02:00	01:22:13	1:42:50	1:42:50	00:04:52
81	76	JASTRZĘBSKI Piotr	1984	M-29	Olsztyn			76	19	00:24:04	00:43:49	01:04:06	01:24:10	1:43:08	1:43:08	00:04:53
82	160	BOCIANIAK Robert	1977	M-30	Ostrołęka			77	12	00:22:20	00:40:16	00:58:48	01:20:26	1:43:36	1:43:36	00:04:55
83	168	YETSYK Oleksandr	1960	M-40	AGB Ostrołęka i okolice			78	25	00:23:25	00:42:43	01:02:44	01:23:09	1:43:49	1:43:49	00:04:55
84	143	ZĘGOTA Grzegorz	1972	M-30	Warszawa			79	13	00:24:59	00:44:41	01:04:13	01:24:07	1:43:50	1:43:50	00:04:55
85	55	GAŃKO Aleksander	1949	M-60	Warszawa-Wesoła			80	7	00:22:20	00:40:40	01:00:49	01:22:53	1:43:55	1:43:55	00:04:56
86	130	KOŁAKOWSKI Jacek	1968	M-40	Rzekuń			81	26	00:23:21	00:42:43	01:02:44	01:23:08	1:44:07	1:44:07	00:04:56
87	62	MISZCZUK Arkadiusz	1967	M-40	KB Gymnasion			82	27	00:24:23	00:44:09	01:04:06	01:24:21	1:44:37	1:44:37	00:04:58
88	108	JAŻWIŃSKI Wiesław	1957	M-50	KB TKKF Promyk Ciechanów			83	17	00:24:54	00:44:36	01:04:12	01:24:42	1:45:14	1:45:14	00:04:59
89	77	MICHALCZUK Sławomir	1961	M-40	Olsztyn			84	28	00:24:04	00:43:49	01:04:06	01:24:32	1:45:18	1:45:18	00:04:59
90	52	KOWALEWSKI Jan	1950	M-50	Lotos Jabłonna			85	18	00:24:24	00:44:09	01:04:26	01:25:09	1:45:27	1:45:27	00:05:00
91	85	SEMYRYAK Kateryna	1986	K-18	UKRAINA		6		2	00:24:54	00:44:36	01:04:12	01:24:42	1:45:42	1:45:42	00:05:01
92	109	GOSZCZYŃSKI Jacek	1967	M-40	KB TKKF Promyk Ciechanów			86	29	00:23:33	00:43:04	01:03:06	01:24:05	1:45:57	1:45:57	00:05:01
93	91	MUSIAŁ Przemysław	1982	M-29	CROSS Bydgoszcz	B-2 (8)		87	20	00:20:51	00:37:54	00:57:29	01:21:15	1:46:55	1:46:55	00:05:04
94	135	REMBOWSKI Jacek	1946	M-60	Łowicz			88	8	00:26:43	00:46:56	01:07:01	01:27:08	1:47:04	1:47:04	00:05:04
95	140	SIEKIERSKI Paweł	1983	M-29	Białystok			89	21	00:20:35	00:38:24	00:59:25	01:23:09	1:47:19	1:47:19	00:05:05
96	117	TOPYŁA Janusz	1963	M-40	TS Opatunki Toruń			90	30	00:23:41	00:43:25	01:03:48	01:25:09	1:47:26	1:47:26	00:05:06
97	170	DOMIAN Sławomir	1972	M-30	Ostrołęka			91	14	00:25:14	00:45:34	01:06:31	01:26:51	1:47:36	1:47:36	00:05:06
98	96	BABENKO Olena	1960	K-40+	UKRAINA		7		5	00:23:43	00:43:41	01:04:32	01:26:19	1:47:41	1:47:41	00:05:06
99	131	CZARNOTA Kazimierz	1960	M-40	AKB Szczytno			92	31	00:23:25	00:44:13	01:05:55	01:28:07	1:49:28	1:49:28	00:05:11
100	159	DOLIŃSKI Adam	1984	M-29	KB PIMAR Legionowo			93	22	00:24:33	00:45:13	01:06:20	01:28:16	1:49:48	1:49:48	00:05:12
101	39	TYBOROWSKI Józef	1945	M-60	Łomża			94	9	00:24:58	00:45:01	01:05:42	01:27:30	1:49:54	1:49:54	00:05:13
102	169	DOMIAN Anna	1978	K-30	Ostrołęka		8		1	00:25:14	00:45:29	01:06:38	01:27:43	1:50:44	1:50:44	00:05:15
103	26	GRAWIŃSKI Marcin	1979	M-30	CROSS Karolinka			95	15	00:24:54	00:45:17	01:06:31	01:28:03	1:50:53	1:50:53	00:05:15
104	167	ROCHACZEWSKI Mariusz	1973	M-30	Ostrołęka			96	16	00:25:50	00:46:09	01:06:29	01:27:53	1:51:02	1:51:02	00:05:16
105	43	WAŁĘGA Edmund	1943	M-60	CROSS Warszawa	B-2 (9)		97	10	00:26:16	00:47:28	01:09:41	01:31:01	1:51:46	1:51:46	00:05:18
106	156	OŚCIŁOWSKI Marcin	1974	M-30	ACADEMICUS Warszawa			98	17	00:26:43	00:47:07	01:08:15	01:30:20	1:51:53	1:51:53	00:05:18
107	154	ŚWIDERSKI Dariusz	1969	M-40	Cfarm S.A. Warszawa			99	32	00:24:23	00:44:50	01:06:00	01:28:31	1:52:00	1:52:00	00:05:19
108	79	JEZIERSKI Jan	1957	M-50	Warszawa			100	19	00:24:42	00:45:28	01:07:17	01:29:49	1:52:03	1:52:03	00:05:19
109	1	BOGUCKI Adam	1981	M-29	Drwęcz			101	23	00:24:56	00:44:58	01:05:45	01:28:39	1:52:18	1:52:18	00:05:19
110	44	MIECH Wiesław	1954	M-50	CROSS Warszawa	B-2 (10)		102	20	00:25:01	00:45:37	01:07:04	01:29:43	1:53:17	1:53:17	00:05:22
111	147	OSIŃSKI Stanisław	1951	M-50	Warszawa			103	21	00:27:01	00:48:46	01:10:30	01:32:14	1:53:41	1:53:41	00:05:23
112	122	LASKOWSKI Grzegorz	1968	M-40	Poświętne			104	33	00:26:24	00:47:47	01:09:10	01:31:12	1:54:39	1:54:39	00:05:26
113	103	STANISZEWSKI Edward	1939	M-70+	KB TKKF Promyk Ciechanów			105	1	00:26:33	00:48:12	01:09:58	01:31:45	1:54:45	1:54:45	00:05:26
114	104	SZEJKO Wawrzyniec	1952	M-50	KB TKKF Promyk Ciechanów			106	22	00:26:33	00:48:12	01:09:58	01:31:46	1:54:46	1:54:46	00:05:26
115	152	NOWACKA Justyna	1978	K-30	Tuchola		9		2	00:26:32	00:48:12	01:09:59	01:32:29	1:55:32	1:55:32	00:05:29
116	151	KOZŁOWSKI Tomasz	1978	M-30	Tuchola			107	18	00:26:21	00:48:12	01:10:00	01:32:29	1:56:16	1:56:16	00:05:31
117	123	SAJ Sławomir	1969	M-40	AGB Ostrołęka i okolice			108	34	00:27:35	00:49:19	01:11:38	01:33:51	1:56:51	1:56:51	00:05:32
118	8	LIS Sławomir	1963	M-40	Ostrołęka			109	35	00:27:35	00:49:20	01:11:38	01:33:51	1:56:52	1:56:52	00:05:32
119	114	ŁAPUĆ Edmund	1948	M-60	Białystok			111	11	00:25:57	00:47:50	01:10:18	01:33:25	1:57:39	1:57:39	00:05:35
120	165	PACHUCKI Piotr	1978	M-30	Ostrołęka			110	19					1:57:30	1:57:30	00:05:34
121	161	ZAŁUSKA Bogdan	1940	M-60	Olsztyn			112	12	00:27:35	00:48:58	01:11:40	01:34:25	1:57:42	1:57:42	00:05:35

Miej.	Numer	Nazwisko i imię	Data	Kat.	Kraj-Klub-Miasto	dod	K	M	M/Kat.	5.06km	9.07km	13.08km	17.08km	Oficjalny	Netto	tempo
122	128	JANKOWSKI Stefan	1938	M-70+	AKB Szczytno			113	2	00:27:34	00:50:09	01:13:08	01:35:55	1:57:48	1:57:48	00:05:35
123	121	ŁUCZYK Janusz	1979	M-30	Poświętne			114	20	00:26:24	00:46:24	01:07:57	01:32:22	1:58:22	1:58:22	00:05:37
124	7	KEPIŃSKI Rafał	1985	M-29	Ostrów Maz.			115	24	00:25:26	00:46:00	01:08:34	01:33:29	1:59:12	1:59:12	00:05:39
125	126	BARANOWSKI Józef Waldemar	1957	M-50	AKB Szczytno			116	23	00:27:52	00:50:30	01:13:08	01:35:55	1:59:16	1:59:16	00:05:39
126	132	TROCHIMOWICZ Artur	1961	M-40	AKB Gimnazjum nr 1 Szczytno			117	36	00:27:53	00:50:30	01:13:07	01:35:54	1:59:17	1:59:17	00:05:39
127	25	KORDEK Roman	1991	M-29	MKB Team Małkinia			118	25	00:26:59	00:48:46	01:10:32	01:34:31	1:59:54	1:59:54	00:05:41
128	22	LESIK Tomasz	1954	M-50	CROSS Karolinka	B-2 (11)		119	24	00:27:34	00:49:04	01:12:06	01:35:53	1:59:56	1:59:56	00:05:41
129	41	SPÓLNIK Stanisław	1951	M-50	Cross Lajkonik Kraków	B-2 (12)		120	25	00:27:34	00:49:04	01:12:05	01:35:51	1:59:56	1:59:56	00:05:41
130	23	KOSSON Danuta	1950	K-40+	CROSS Warszawa		10		6	00:27:28	00:50:44	01:14:45	01:38:36	2:01:14	2:01:14	00:05:45
131	24	POWAŁKA Grzegorz	1962	M-40	CROSS Warszawa	B-1 (2)		121	37	00:27:29	00:50:45	01:14:45	01:38:36	2:01:15	2:01:15	00:05:45
132	155	BUNIEWSKA Ełzbieta	1964	K-40+	Ostróda		11		7	00:23:48	00:45:17	01:07:13	01:34:23	2:01:27	2:01:27	00:05:45
133	150	KARCZEWSKI Marek	1966	M-40	AG Bez Limitu Ostrołęka i okolice	P (3)		122	38	00:27:51	00:50:35	01:14:34	01:38:57	2:02:03	2:02:03	00:05:47
134	162	MACIEJEWSKI Paweł	1972	M-30	AGB Ostrołęka i okolice			123	21	00:27:35	00:49:19	01:11:39	01:34:49	2:02:18	2:02:18	00:05:48
135	100	STOLARCZYK Stanisław	1943	M-60	Bóbr Tłuszcz			124	13	00:27:54	00:50:45	01:14:25	01:38:22	2:02:19	2:02:19	00:05:48
136	80	KOMOR Mirosław	1951	M-50	Piastów			125	26	00:29:37	00:53:29	01:16:57	01:40:31	2:02:23	2:02:23	00:05:48
137	67	POLICHT Ireneusz	1939	M-70+	LW Bogdanka S.A.			126	3	00:25:26	00:46:48	01:09:04	01:34:09	2:03:07	2:03:07	00:05:50
138	149	WASILEW Christo	1952	M-50	Pułaski Warka			127	27	00:24:38	00:55:49	01:17:48	01:41:01	2:04:40	2:04:40	00:05:55
139	31	MICHALCZUK Mariusz	1991	M-29	MKB Team Małkinia			128	26	00:26:36	00:47:35	01:10:02	01:39:07	2:04:46	2:04:46	00:05:55
140	144	ŚMIGIERA Adam	1973	M-30	Otrębusy			129	22	00:29:00	00:51:52	01:15:34	01:39:18	2:04:57	2:04:57	00:05:55
141	70	OMZAŃSKI Marek	1981	M-29	Warszawa			130	27	00:30:54	00:55:44	01:19:16	01:41:54	2:05:04	2:05:04	00:05:56
142	18	SAWA Ryszard	1944	M-60	CROSS Warszawa	B-1 (3)		131	14	00:27:34	00:51:01	01:15:17	01:40:16	2:05:43	2:05:43	00:05:58
143	19	SAWA Jacek	1968	M-40	CROSS Warszawa			132	39	00:27:34	00:51:01	01:15:17	01:40:16	2:05:43	2:05:43	00:05:58
144	10	JUCHNIEWICZ Stanisław	1952	M-50	Ostrołęka			133	28	00:27:51	00:50:33	01:14:26	01:40:10	2:06:19	2:06:19	00:05:59
145	163	DMOCHOWSKI Jacek	1968	M-40	Ostrołęka			134	40	00:27:51	00:50:37	01:14:47	01:40:38	2:07:17	2:07:17	00:06:02
146	145	ROŚLAN Grzegorz	1965	M-40	Akademia Obrony Narodowej Warsz			135	41	00:27:39	00:50:05	01:13:53	01:39:59	2:07:22	2:07:22	00:06:02
147	153	KOWALCZYK Kamil	1984	M-29	Cfarm S.A. Warszawa			136	28	00:26:48	00:50:30	01:16:32	01:44:08	2:11:50	2:11:50	00:06:15
148	63	NERĆ Agata	1985	K-18	Pomiechówek		12		3	00:29:37	00:54:24	01:20:36	01:46:51	2:12:31	2:12:31	00:06:17
149	157	KRUSZEWSKA Joanna	1955	K-40+	KB Holmes Place		13		8	00:27:46	00:50:43	01:14:53	01:43:14	2:12:38	2:12:38	00:06:17
150	139	JAWORSKI Dariusz	1964	M-40	Legionowo			137	42	00:28:40	00:52:02	01:16:41	01:42:28	2:12:41	2:12:41	00:06:17
151	3	CHOJNOWSKA Anna	1971	K-30	Łomża		14		3	00:27:52	00:50:34	01:14:38	01:45:06	2:13:07	2:13:07	00:06:19
152	53	SUCHCICKI Leszek	1969	M-40	Czerwin	P (4)		138	43	00:27:35	00:50:24	01:18:33	01:46:16	2:15:16	2:15:16	00:06:25
153	40	JANKOWSKI Piotr	1946	M-60	CROSS Warszawa	B-2 (13)		139	15	00:27:41	00:51:45	01:18:42	01:46:01	2:16:34	2:16:34	00:06:28
154	138	DYMEL Andrzej	1950	M-50	Łomianki			140	29	00:28:40	00:54:24	01:20:32	01:48:37	2:19:24	2:19:24	00:06:36
155	56	KOWALSKA Ilona	1970	K-30	KB TKKF Promyk Ciechanów		15		4	00:30:58	00:56:46	01:23:49	01:51:42	2:20:01	2:20:01	00:06:38
156	38	PĘDZICH Marianna	1967	K-40+	Athletic Nowa Wieś	P (5)		16	9	00:30:57	00:56:43	01:23:39	01:51:39	2:22:19	2:22:19	00:06:45
157	32	GIRTLEK Jerzy	1939	M-70+	Warszawa			141	4	00:33:08	00:59:23	01:28:51	01:56:49	2:25:27	2:25:27	00:06:54
158	87	ORZECZOWSKA Justyna	1990	K-18	II LO Ostrołęka	P (6)		17	4	00:30:57	00:56:45	01:23:49	01:52:53	2:26:44	2:26:44	00:06:57
159	94	KOTOWICZ Otton	1931	M-70+	Warszawa			142	5	00:33:33	01:01:25	01:29:50	01:59:50	2:31:59	2:31:59	00:07:12
160	78	MIZURA Jerzy	1948	M-60	AKM Olsztyn			143	16	00:34:15	01:03:48	01:34:06	02:05:50	2:37:56	2:37:56	00:07:29

Miej.	Numer	Nazwisko i imię	Data	Kat.	Kraj-Klub-Miasto	dod	K	M	M/Kat.	5.06km	9.07km	13.08km	17.08km	Oficjalny	Netto	tempo	
	6	KĘPIŃSKI Tomasz	1985	M-29	Nieporęt		()										DNF
	21	ŻACH Andrzej	1957	M-50	MKB Team Małkinia		()										DNF
	27	DĄBROWSKI Maciej	1983	M-29	CROSS Warszawa				02:25:54()								DNF
	28	KARASŃ Aleksandra	1950	K-40+	CROSS Warszawa				02:25:51()								DNF
	125	RYPINA Dorota	1967	K-40+	Ostrołęka		()										DNF
	133	RÓWNY Łukasz	1993	M-29	Ostrołęka		()										DNF
	136	DAŁEK Jan	1946	M-60	Żychlin		()										DNF
	158	DŁUGOSZ Marek	1962	M-40	Mragowo		()										DNF