

**VIII PÓLMARATON GLIWICKI**

Organizator: Fundacja Bieg Rzeźnika

Data: 2022-10-22

Miejsce: Gliwice

Dystans: 22 km

Klasyfikacja wg czasów netto.

W klasyfikacji open pierwsze 3 miejsca wg czasu brutto

**VIII PÓLMARATON GLIWICKI, OPEN**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h	
1	MRÓWKA MATEUSZ	2054	KWK MARCEL RADLINIOKI W BIEGU	RADLIN	POL	M-20	1	M 1			00:35:09	01:02:27.00	01:02:28.00	2:57	20.3
2	KOKOT DANIEL	2734	RAJSPOORT ACTIVE	OZIMEK	POL	M-30	1	M 2			00:35:09	01:02:27.00	01:02:28.00	2:57	20.3
3	DROŹDŹ DAMIAN	2423	CONCRETE DM SP. Z O.O.	RYBNIK	POL	M-30	2	M 3			00:35:10	01:02:27.00	01:02:28.00	2:57	20.3
4	PIELA STANISŁAW	2457		CIĘCINA	POL	M-30	3	M 4	01:03:12		01:12:48.55	01:12:51.65	3:27	17.4	
5	STRZELCZAK SEBASTIAN	2597	TL ROW RYBNIK	RYBNIK	POL	M-40	1	M 5		00:56:24	01:22:55.15	01:22:58.15	3:55	15.3	
6	MACHOŃ MARCIN	2587	TEAM KOPEĆ	KALETY	POL	M-30	4	M 6	00:36:51	00:56:20	01:23:20.60	01:23:24.30	3:56	15.2	
7	KOWOLIK MACIEJ	2839		KATOWICE	POL	M-30	5	M 7	00:37:26	00:56:24	01:23:39.60	01:23:43.10	3:57	15.1	
8	SUDARA ROBERT	2583		DĄBROWA GÓRNICZA	POL	M-30	6	M 8	00:38:08	00:56:54	01:24:19.85	01:24:43.40	3:59	15	
9	WRÓBEL PAWEŁ	2349	NA BANI WYBIEGANI	KATOWICE	POL	M-30	7	M 9	00:38:35	00:56:52	01:24:35.00	01:24:36.00	4:00	15	
10	GÓRAK PRZEMYSŁAW	2639	KB SOBÓTKA	SOBÓTKA	POL	M-40	2	M 10	00:37:47	00:56:46	01:24:39.70	01:24:43.05	4:00	15	
11	MAŚLANKA TOMASZ	2080	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	BYTOM	POL	M-50	1	M 11	00:38:03	00:56:45	01:24:42.20	01:24:46.75	4:00	14.9	
12	URBAŃSKI SŁAWOMIR	2719	KS GEPARD KĘPNO	ŁĘKA OPATOWSKA	POL	M-50	2	M 12	00:38:03	00:56:45	01:24:44.80	01:24:50.35	4:00	14.9	
13	GRABOWSKI KAROL	2849	CKS BUDOWLANI CZĘSTOCHOWA	CZĘSTOCHOWA	POL	M-30	8	M 13	01:03:04		01:24:45.20	01:24:46.20	4:00	14.9	
14	KAUF DAMIAN	2694		GLIWICE	POL	M-40	3	M 14	00:37:06	00:56:32	01:24:55.05	01:24:57.90	4:01	14.9	
15	KUROWSKI ANDREW	2118		ŻYWIEC	POL	M-30	9	M 15	00:37:58	00:56:30	01:25:04.10	01:25:05.10	4:01	14.9	
16	JAROSZ MAREK	2535	STELMACH TEAM	ŻORY	POL	M-40	4	M 16	00:38:35	00:57:17	01:25:19.20	01:25:20.20	4:02	14.8	
17	KRZĄPA ŁUKASZ	2128	NOWAK-TEAM	DĄBROWA GÓRNICZA	POL	M-30	10	M 17	00:38:14	00:57:00	01:25:52.05	01:25:53.05	4:04	14.7	
18	WACHŁA RAFAŁ	2242	TOURSPORT RUNNING TEAM	RADZIONKÓW	POL	M-40	5	M 18	00:38:11	00:57:16	01:26:22.20	01:26:26.60	4:05	14.7	
19	EISLER TOMASZ	2661	BIEGAM, BO MNIE ŻONA ZAPISUJE	CIĘCINA	POL	M-40	6	M 19	00:38:25	00:57:27	01:26:59.50	01:27:04.70	4:07	14.6	
20	FURMANEK ŁUKASZ	2251	ZATYRANI GRATISOWNIA.PL GMINA PILCHOWICE	WILCZA	POL	M-40	7	M 20	00:38:46	00:58:18	01:27:35.05	01:27:38.25	4:09	14.5	
21	KAMPA RAFAŁ	2452	PIAST GLIWICE	GLIWICE	POL	M-30	11	M 21	00:39:12	00:58:44	01:28:01.25	01:28:06.40	4:10	14.4	
22	PIENIAŻEK KRZYSZTOF	2194	INŻYNIERIA BIEGANIA TEAM	GLIWICE	POL	M-40	8	M 22	00:38:50	00:58:20	01:28:04.05	01:28:08.90	4:10	14.4	
23	GRIMAN JOANNA	2289	MOJŹYSZ TEAM/ERIGO	RYBNIK	POL	K-40	1	K 1	00:39:09	00:58:51	01:28:05.80	01:28:09.50	4:10	14.4	
24	PRZYBYŁKO NIKODEM	2340	THE PROSECCO	KATOWICE	POL	M-30	12	M 23	00:39:37	00:59:03	01:29:09.55	01:29:14.45	4:13	14.2	
25	KWAŚNIEWICZ PRZEMYSŁAW	2662		TYCHY	POL	M-30	13	M 24	00:40:35	01:00:06	01:29:21.15	01:29:34.90	4:14	14.2	
26	GŁADYSZ LESZEK	2096	AUGUSTEAM	PANIÓWKI	POL	M-40	9	M 25	00:40:41	01:00:38	01:30:35.85	01:30:42.00	4:17	14	
27	DUŻNIAK DOMINIUK	2183	STEP-DANCE	GLIWICE	POL	M-30	14	M 26	00:40:27	01:00:37	01:31:35.80	01:31:39.60	4:20	13.8	
28	BROŁ DOMINIKA	2338	ENDURANCE TEAM	SIEMIANOWICE ŚLĄSKIE	POL	K-30	1	K 2	00:41:41	01:01:51	01:31:55.75	01:32:02.75	4:21	13.8	
29	PRZELIORZ TOMASZ	2374	INŻYNIERIA BIEGANIA TEAM	RYBNIK	POL	M-30	15	M 27	00:42:23	01:02:29	01:32:08.15	01:32:13.00	4:21	13.7	
30	WARZOCHA KAROL	2806		WIERZBICA	POL	M-40	10	M 28	00:42:10	01:02:05	01:32:16.00	01:32:25.80	4:22	13.7	
31	WISZYŃSKI DAMIAN	2500		CHORZÓW	POL	M-30	16	M 29	00:41:32	01:01:45	01:32:18.10	01:32:27.70	4:22	13.7	
32	PLAŻA ŁUKASZ	2703	O CO BIEGA W KALETACH	BYTOM	POL	M-40	11	M 30	00:41:50	01:02:05	01:32:22.05	01:32:31.80	4:22	13.7	
33	DZIENDZIEL PIOTR	2630		BIELSKO-BIAŁA	POL	M-30	17	M 31	00:42:29	01:02:47	01:32:23.20	01:32:37.30	4:22	13.7	
34	KACZMAREK ŁUKASZ	2837	#ACT	MIKOŁÓW	POL	M-30	18	M 32	00:42:22	01:02:41	01:32:29.85	01:32:48.80	4:22	13.7	
35	FILAK TOMASZ	2070		KŁOBUCK	POL	M-30	19	M 33	00:43:32	01:02:51	01:32:42.00	01:32:43.00	4:23	13.7	
36	MATERNA MATEUSZ	2737	ANIA HALSKA COACHING	CIESZYŃ	POL	M-30	20	M 34	00:42:38	01:02:55	01:32:47.65	01:32:53.40	4:23	13.6	
37	CIEŚLAK JACEK	2642		RUDA ŚLĄSKA	POL	M-40	12	M 35	00:43:10	01:02:38	01:32:53.85	01:33:08.35	4:24	13.6	
38	SIKORA RAFAŁ	2643		ZABRZE	POL	M-40	13	M 36	00:40:49	01:01:27	01:33:00.90	01:33:09.80	4:24	13.6	
39	BIAŁY KAMIL	2574	FAST FOOT TEAM SIEWIERZ	SIEWIERZ	POL	M-30	21	M 37	00:42:08	01:02:24	01:33:14.90	01:33:21.40	4:25	13.6	
40	TRZCIONKA MACIEJ	2529		RZECZYCE	POL	M-30	22	M 38	00:42:07	01:02:36	01:33:22.10	01:33:28.50	4:25	13.6	
41	TRACZUK MAREK	2214		GLIWICE	POL	M-50	3	M 39	00:42:30	01:02:49	01:33:22.70	01:33:34.60	4:25	13.6	
42	WIERZCHOWSKI TOMASZ	2652	BLEES.CO	KATOWICE	POL	M-30	23	M 40	00:41:34	01:02:00	01:33:23.35	01:33:31.75	4:25	13.6	
43	MASNY MICHAŁ	2223		RYDUŁTOWY	POL	M-30	24	M 41	00:42:28	01:02:43	01:33:29.50	01:33:30.50	4:25	13.5	
44	STOLORZ WOJCIECH	2127	BIEGAMYŚLOWICE	MYSŁOWICE	POL	M-30	25	M 42	00:42:30	01:02:49	01:33:33.05	01:33:45.25	4:26	13.5	
45	MARCOL SEBASTIAN	2595	PACEMAKER	GASZOWICE	POL	M-30	26	M 43	00:42:39	01:03:01	01:33:36.40	01:33:37.40	4:26	13.5	

**VIII PÓLMARATON GLIWICKI, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
46	PISZCZEK STANISŁAW	2648		PRZEMYŚL	POL	M-40	14	M 44	00:39:47	01:04:26	01:34:28.00	01:34:43.60	4:28	13.4
47	SMYCZEK BARTOSZ	2503	KILOMETROŻERCA	RYBNIK	POL	M-30	27	M 45	00:42:30	01:03:10	01:34:34.35	01:34:45.10	4:28	13.4
48	OCZKO DOMINIK	2670	ENDURANCE TEAM	KATOWICE	POL	M-40	15	M 46	00:42:42	01:03:10	01:34:35.85	01:34:36.85	4:28	13.4
49	PODSIADŁO ADAM	2120		KRAKÓW	POL	M-40	16	M 47	00:41:25	01:02:08	01:34:38.75	01:34:46.95	4:29	13.4
50	KASZOWSKI MARCIN	2673	CHRZAŚCZCZE CHRABAŚCZCZE DZIKI	GLIWICE	POL	M-40	17	M 48	00:45:03	01:04:39	01:35:04.65	01:35:05.65	4:30	13.3
51	NOWICKI SZYMON	2672		ZABRZE	POL	M-30	28	M 49	00:41:45	01:02:43	01:35:10.25	01:35:18.90	4:30	13.3
52	WIŚNIEWSKI TOMASZ	2099		BIELSKO-BIAŁA	POL	M-40	18	M 50	00:43:10	01:03:01	01:35:10.50	01:35:27.80	4:30	13.3
53	WOJDA MARIUSZ	2177		SOSNOWIEC	POL	M-40	19	M 51	00:43:21	01:03:23	01:35:17.35	01:35:33.00	4:30	13.3
54	WYLEŻAŁEK ALINA	2200		GLIWICE	POL	K-30	2	K 3	00:42:37	01:03:32	01:35:30.10	01:35:35.25	4:31	13.3
55	PIKUŁA JACEK	2050	RUNAWAYS, WATAHA ŁĄCZY NAS BIEGANIE	BIERUŃ	POL	M-40	20	M 52	00:44:06	01:04:12	01:35:30.25	01:35:59.70	4:31	13.3
56	KAŚ IWONA	2638	TIKTEAM	KRAKÓW	POL	K-40	2	K 4	00:43:16	01:03:43	01:35:31.45	01:35:39.05	4:31	13.3
57	ZYMELA DAWID	2665		TOSZEK	POL	M-30	29	M 53	00:44:19	01:04:25	01:35:40.45	01:35:55.10	4:32	13.2
58	BORSIAK SEBASTIAN	2152	BRAK	GLIWICE	POL	M-40	21	M 54	00:41:58	01:02:46	01:35:43.10	01:35:44.10	4:32	13.2
59	PALA MARCIN	2750	CHWALISZ CZY NIE CHWALISZ - LOTEJ Z NAMI	BIERUŃ	POL	M-40	22	M 55	00:44:04	01:04:14	01:35:46.45	01:36:15.90	4:32	13.2
60	GRZESIKIEWICZ MARIUSZ	2188		GLIWICE	POL	M-40	23	M 56	00:42:27	01:02:55	01:35:50.75	01:35:57.45	4:32	13.2
61	POKRYSKA BARTOSZ	2031		SOSNOWIEC	POL	M-30	30	M 57	00:44:16	01:04:15	01:36:04.10	01:36:22.20	4:33	13.2
62	OWERKO PIOTR	2792		BIELSKO-BIAŁA	POL	M-30	31	M 58	00:44:22	01:04:19	01:36:05.05	01:36:17.95	4:33	13.2
63	BRYŁA GRZEGORZ	2525	KLUB JEDNEGO BIEGACZA	KNURÓW	POL	M-40	24	M 59	00:44:17	01:04:12	01:36:15.55	01:36:41.40	4:33	13.2
64	KLIMA ADAM	2551	RUNHOGS TYCHY	TYCHY	POL	M-30	32	M 60	00:43:04	01:03:39	01:36:22.45	01:36:23.45	4:34	13.1
65	BEDNARCZYK MARCIN	2473	GISZOWIEC BIEGA RAZEM	KATOWICE	POL	M-30	33	M 61	00:42:38	01:04:06	01:36:43.85	01:36:53.30	4:35	13.1
66	WOLNY ARIEL	2515		ŁUKÓW ŚLĄSKI	POL	M-40	25	M 62	00:42:35	01:03:53	01:36:48.15	01:36:56.80	4:35	13.1
67	TUSZYŃSKI KAMIL	2637		SOSNOWIEC	POL	M-30	34	M 63	00:41:36	01:06:01	01:37:07.90	01:37:08.90	4:36	13
68	FAŁEK ADAM	2575	ŁAMIGNATY	MIKOŁÓW	POL	M-20	2	M 64	00:41:43	01:03:10	01:37:13.85	01:37:17.80	4:36	13
69	CZAJKA TOMASZ	2521		JASTRZEBIE-ZDROJ	POL	M-40	26	M 65	00:44:52	01:05:11	01:37:14.95	01:37:25.35	4:36	13
70	KANTOCH LUKASZ	2455		DABROWA GORNICZA	POL	M-30	35	M 66	00:44:34	01:04:49	01:37:17.30	01:37:18.30	4:36	13
71	MASŁOŃ BŁAŻEJ	2558		RUDNIK MAŁY	POL	M-50	4	M 67	00:43:46	01:04:24	01:37:24.90	01:37:39.70	4:36	13
72	HORNIK JAREK	2105		KATOWICE	POL	M-50	5	M 68	00:44:27	01:04:46	01:37:29.90	01:37:30.90	4:37	13
73	BEM ADAM	2196	GISZOWIEC BIEGA RAZEM	KATOWICE	POL	M-50	6	M 69	00:42:38	01:04:07	01:37:37.80	01:37:46.75	4:37	13
74	MAŁECKI GRZEGORZ	2041		TYCHY	POL	M-40	27	M 70	00:42:35	01:03:29	01:37:38.65	01:37:44.15	4:37	13
75	CHOMIK RAFAŁ	2740	3COACH	GLIWICE	POL	M-40	28	M 71	00:43:09	01:04:38	01:37:39.10	01:37:45.80	4:37	13
76	OSIŃSKI ROBERT	2647		ZABRZE	POL	M-40	29	M 72	00:44:24	01:05:02	01:37:53.55	01:37:54.55	4:38	12.9
77	NOGA JACEK	2198		TYCHY	POL	M-40	30	M 73	00:44:53	01:05:21	01:37:58.70	01:38:19.50	4:38	12.9
78	KUNA PIOTR	2675	TRIWISE	WIELICZKA	POL	M-40	31	M 74	00:41:37	01:06:12	01:37:58.75	01:38:03.00	4:38	12.9
79	SROCZYŃSKI DARIUSZ	2181	NGK RUNNING TEAM	GLIWICE	POL	M-40	32	M 75	00:45:01	01:05:25	01:37:59.60	01:39:50.60	4:38	12.9
80	DOBICZEK ŁUKASZ	2562	42KPRO	ŁĘDZINY	POL	M-40	33	M 76	00:44:08	01:04:53	01:38:07.30	01:38:16.80	4:39	12.9
81	SITEK KRZYSZTOF	2619		HUTA STARA A	POL	M-50	7	M 77	00:44:49	01:05:15	01:38:08.70	01:38:17.90	4:39	12.9
82	BIELA GRZEGORZ	2460	NIGHT RUNNERS PYSKOWICE	ZAWADA	POL	M-30	36	M 78	00:44:14	01:04:38	01:38:10.85	01:38:21.00	4:39	12.9
83	CHEJDYS KRYSZTIAN	2027	BIEGNĘ ALE DOKĄD?	GLIWICE	POL	M-30	37	M 79	00:44:16	01:05:11	01:38:13.50	01:38:23.40	4:39	12.9
84	WIECHUŁA MARCIN	2816	MOMO RUNNING TEAM	GLIWICE	POL	M-40	34	M 80	00:40:12	01:05:38	01:38:15.80	01:38:16.80	4:39	12.9
85	WOJTUKIEWICZ ARTUR	2136		GLIWICE	POL	M-40	35	M 81	00:45:42	01:06:05	01:38:18.20	01:40:31.90	4:39	12.9
86	MALINOWSKI KRZYSZTOF	2129	POWOLI DO CELU	GILOWICE	POL	M-50	8	M 82	00:44:46	01:05:16	01:38:22.70	01:38:43.50	4:39	12.9
87	PAWŁUSZEK PIOTR	2293	KB ORŁY Z KNUROWA	KNURÓW	POL	NIEPEŁNOSPRAWNI M	1	M 83	00:41:22	01:06:54	01:38:34.20	01:38:35.20	4:40	12.8
88	BOSOWSKI TOMASZ	2400		PANIÓWKI	POL	M-40	36	M 84	00:43:27	01:04:34	01:38:34.35	01:38:43.30	4:40	12.8
89	KNYPS ADAM	2659	OPONY SERAFINOWSKI	SKOCZÓW	POL	M-40	37	M 85	00:46:13	01:06:32	01:38:43.60	01:38:52.15	4:40	12.8
90	KOLANEK TOMASZ	2354	MAM WYBIEGANIE	WILCZYCE	POL	M-40	38	M 86	00:44:57	01:05:54	01:38:52.95	01:39:17.25	4:41	12.8
91	ZALEWSKI WOJCIECH	2059		GLIWICE	POL	M-40	39	M 87	00:45:38	01:06:15	01:38:57.20	01:39:46.15	4:41	12.8
92	KAWELCZYK ROBERT	2431	POLSKA	CZESTOCHOWA	POL	M-50	9	M 88	00:44:51	01:05:15	01:38:58.80	01:39:07.65	4:41	12.8
93	WASZTYL TOMASZ	2068		BIELSKO-BIAŁA	POL	M-50	10	M 89	00:44:03	01:04:47	01:39:02.95	01:39:34.15	4:41	12.8
94	PILNY KAROL	2401	EKO-OKNA RUNNERS	RYDUŁTOWY	POL	M-20	3	M 90	00:45:52	01:06:33	01:39:05.00	01:39:12.45	4:41	12.8
95	TOKARCZYK MATEUSZ	2564		TARNOWSKIE GÓRY	POL	M-30	38	M 91	00:46:02	01:06:52	01:39:17.35	01:39:42.40	4:42	12.8
96	KARNAUKHOV ANDRZEJ	2288		GLIWICE	POL	M-20	4	M 92	00:45:15	01:06:07	01:39:18.20	01:39:38.20	4:42	12.7
97	CIOSEK MATEUSZ	2203		SOSNOWIEC	POL	M-30	39	M 93	00:45:04	01:05:56	01:39:19.25	01:39:30.05	4:42	12.7
98	MALCZAK LESZEK	2406		MYSŁOWICE	POL	M-40	40	M 94	00:46:16	01:07:04	01:39:25.45	01:39:40.45	4:42	12.7
99	PYTLIK MIROSLAW	2009	ZATYRANI GRATISOWNIA.PL GMINA PILCHOWICE	PILCHOWICE	POL	M-30	40	M 95	00:45:04	01:06:07	01:39:37.95	01:39:54.95	4:43	12.7

**VIII PÓLMARATON GLIWICKI, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
100	BARANSKI RAFAŁ	2543		PIEKARY ŚLĄSKIE	POL	M-40	41	M 96	00:45:39	01:06:32	01:39:41.55	01:40:00.35	4:43	12.7
101	BOGATZKI MAREK	2134		CHORZÓW	POL	M-30	41	M 97	00:44:57	01:05:52	01:39:50.55	01:40:26.30	4:43	12.7
102	BRZEZIŃSKI KAROL	2739		DĄBROWA GÓRNICZA	POL	M-30	42	M 98	00:45:21	01:06:08	01:39:52.00	01:40:22.55	4:43	12.7
103	POŁOMSKI GRZEGORZ	2016	POLOMSCY TEAM	RYDUŁTOWY	POL	M-40	42	M 99	00:41:22	01:06:42	01:39:57.10	01:40:04.10	4:44	12.7
104	KĄŁUS WOJCIECH	2358	NA BANI WYBIEGANI	KATOWICE	POL	M-30	43	M 100	00:43:26	01:04:10	01:40:00.20	01:40:10.60	4:44	12.7
105	BALON MAREK	2497		SIEMIANOWICE ŚLĄSKIE	POL	M-50	11	M 101		01:01:39	01:40:00.30	01:41:15.85	4:44	12.7
106	SMÓŁKA BARTOSZ	2217		TRZEBINIA	POL	M-30	44	M 102	00:46:04	01:06:53	01:40:28.70	01:40:49.60	4:45	12.6
107	ZORAN HENRYK	2450	WARTKIE PIERONY	RUDA ŚLĄSKA	POL	M-50	12	M 103	00:45:19	01:06:20	01:40:33.95	01:40:52.05	4:45	12.6
108	TAJAK TOMASZ	2842		KRAKÓW	POL	NIEPEŁNOSPRAWNI M	2	M 104	00:45:46	01:06:39	01:40:42.45	01:40:43.45	4:46	12.6
109	STRZYŻEWSKI PRZEMYSŁAW	2629		GNIEZNO	POL	M-40	43	M 105	00:45:56	01:06:49	01:40:55.55	01:41:21.25	4:46	12.5
110	DABROWSKI BARTOSZ	2132		GLIWICE	POL	M-30	45	M 106	00:47:03	01:07:56	01:40:59.20	01:41:52.60	4:47	12.5
111	DOBIJA WOJCIECH	2538		BIELSKO- BIAŁA	POL	M-30	46	M 107	00:45:24	01:06:49	01:40:59.40	01:41:07.50	4:47	12.5
112	WARDZYK DAMIAN	2299	ZŁOTA MARKA	ZABRZE	POL	M-20	5	M 108	00:45:21	01:05:55	01:41:05.40	01:41:51.30	4:47	12.5
113	WIERCIŃSKI MATEUSZ	2766		DĄBROWA GÓRNICZA	POL	M-30	47	M 109	00:46:14	01:07:40	01:41:07.90	01:41:36.50	4:47	12.5
114	PIETYRA GRZEGORZ	2058	CRİK FCA POLAND	TYCHY	POL	M-40	44	M 110	00:45:47	01:07:30	01:41:08.20	01:41:53.15	4:47	12.5
115	JAŚKIEWICZ SŁAWOMIR	2207		MYSŁOWICE	POL	M-40	45	M 111	00:46:14	01:06:51	01:41:08.85	01:41:25.10	4:47	12.5
116	SOBOL ADAM	2640	DYSTANS LUBOMIA	LUBOMIA	POL	M-40	46	M 112	00:48:32	01:08:56	01:41:17.30	01:42:40.05	4:48	12.5
117	TEMPKA KRZYSZTOF	2445		BYTOM	POL	M-50	13	M 113	00:45:18	01:06:16	01:41:18.85	01:41:24.70	4:48	12.5
118	BUŁAWA GRZEGORZ	2465		GLIWICE	POL	M-40	47	M 114	00:45:40	01:06:52	01:41:22.10	01:41:40.90	4:48	12.5
119	KUPIJAJ MARCIN	2723	NGK RUNNING TEAM	KNURÓW	POL	M-30	48	M 115	00:46:53	01:08:08	01:41:32.65	01:41:43.95	4:48	12.5
120	SIENKIEWICZ WOJCIECH	2483	SOCIOS SILESIA	GLIWICE	POL	M-30	49	M 116	00:47:04	01:08:19	01:41:39.30	01:41:40.30	4:49	12.5
121	RATAJCZAK ALEKSANDER	2276	LECZYMI DURŚ	PIEKARY ŚLĄSKIE	POL	M-50	14	M 117	00:45:39	01:06:47	01:41:41.65	01:42:00.75	4:49	12.5
122	GOGOLIN ARTUR	2367	LOTOM PO ŚLĄSKU	RUDA ŚLĄSKA	POL	M-30	50	M 118	00:46:13	01:07:58	01:41:48.20	01:42:05.20	4:49	12.4
123	GARBACZ DAMIAN	2845		GLIWICE	POL	M-30	51	M 119	00:46:39	01:08:08	01:41:50.50	01:42:55.50	4:49	12.4
124	MARCZAK KRZYSZTOF	2851	PKO BANK POLSKI	ŚWIĘTOCHŁOWICE	POL	M-50	15	M 120	00:46:14	01:08:05	01:41:53.15	01:42:10.95	4:49	12.4
125	GOLA MAGDA	2783		GLIWICE	POL	K-20	1	K 5	00:47:03	01:08:22	01:42:00.15	01:42:57.65	4:50	12.4
126	GDOWSKI SŁAWEK	2149	NEXTEER RUNNERS	GLIWICE	POL	M-30	52	M 121	00:45:50	01:07:30	01:42:13.30	01:42:32.90	4:50	12.4
127	SEKIERDA KONRAD	2344	SYNDYK BIEGA	NIEPOŁOMICE	POL	M-30	53	M 122	00:46:14	01:08:00	01:42:14.75	01:42:30.20	4:50	12.4
128	JANECZEK MAREK	2768		GLIWICE	POL	M-40	48	M 123	00:46:26	01:07:55	01:42:15.05	01:42:42.70	4:50	12.4
129	BURY RAFAŁ	2420	RUN GLORIA	ZAGÓRZE	POL	M-50	16	M 124	00:46:39	01:08:00	01:42:17.75	01:42:42.50	4:50	12.4
130	NIEWALDA MARCIN	2205		RADZIONKÓW	POL	M-30	54	M 125	00:45:59	01:07:27	01:42:18.85	01:42:44.20	4:50	12.4
131	KRĘŻOLEK DANIEL	2660		GLIWICE	POL	M-40	49	M 126	00:46:09	01:07:44	01:42:21.25	01:42:42.85	4:51	12.4
132	CZAPLA ARKADIUSZ	2843		BYTOM	POL	M-50	17	M 127	00:45:49	01:06:53	01:42:30.70	01:44:07.45	4:51	12.4
133	STRZAŁKA ROBERT	2069	ŚLĘZAK TEAM	ŻABNICA	POL	M-40	50	M 128	00:46:30	01:08:17	01:42:40.40	01:42:59.05	4:51	12.3
134	KUKURBA MIKOŁAJ	2626		GLIWICE	POL	M-30	55	M 129		01:06:49	01:42:52.30	01:43:14.00	4:52	12.3
135	MARKOWSKI PRZEMYSŁAW	2606	PACEMAKER 1:40	ZABRZE	POL	M-30	56	M 130	00:46:12	01:07:57	01:42:54.45	01:43:11.55	4:52	12.3
136	NOWACKI WOJCIECH	2590	PACEMAKER	BYTOM	POL	M-30	57	M 131	00:46:13	01:07:58	01:42:54.90	01:43:11.70	4:52	12.3
137	JASTRZEMBSKI JAKUB	2115		ŻORY	POL	M-30	58	M 132	00:46:06	01:07:52	01:43:00.35	01:43:05.20	4:52	12.3
138	DYRAGA MARCIN	2744	SAINT-GOBAIN SQUAD	GLIWICE	POL	M-40	51	M 133	00:47:06	01:08:58	01:43:00.35	01:43:17.90	4:52	12.3
139	JAGIEŁA MICHAŁ	2065		PANIÓWKI	POL	M-30	59	M 134	00:46:08	01:07:02	01:43:00.80	01:43:01.80	4:52	12.3
140	OZYP MARIUSZ	2064		GLIWICE	POL	M-30	60	M 135	00:46:45	01:08:22	01:43:11.60	01:43:17.35	4:53	12.3
141	PLESIŃSKI SEBASTIAN	2277	FM LOGISTIC	SOSNOWIEC	POL	M-40	52	M 136	00:46:16	01:07:51	01:43:11.85	01:43:39.05	4:53	12.3
142	SYMIEC DAWID	2808		WROCŁAW	POL	M-20	6	M 137	00:47:45	01:08:45	01:43:14.05	01:43:51.95	4:53	12.3
143	ŁYSY ANDRZEJ	2751	ENDURANCE TEAM	SIEMIANOWICE ŚLĄSKIE	POL	M-50	18	M 138	00:45:31	01:06:38	01:43:22.00	01:43:29.75	4:53	12.2
144	STRASZEK PIOTR	2151		GLIWICE	POL	M-30	61	M 139	00:47:33	01:08:58	01:43:28.90	01:44:18.45	4:54	12.2
145	WIŚNIEWSKI JAROSŁAW	2554		SOSNOWIEC	POL	M-40	53	M 140	00:47:10	01:08:55	01:43:43.35	01:45:22.95	4:54	12.2
146	ROZANSKI MICHAŁ	2435		MIKOŁÓW	POL	M-40	54	M 141	00:46:33	01:08:07	01:43:54.80	01:44:12.95	4:55	12.2
147	REDOSZ OLIWIA	2770		ŚWIĘTOCHŁOWICE	POL	K-30	3	K 6	00:48:08	01:09:32	01:44:02.80	01:45:49.85	4:55	12.2
148	ORDOŃ BARTŁOMIJ	2840	RYBNICKA GRUPA BIEGOWA	RYBNIK	POL	M-30	62	M 142	00:46:45	01:08:28	01:44:07.70	01:44:19.60	4:56	12.2
149	MIRONOWICZ BARTEK	2339		GLIWICE	POL	M-30	63	M 143	00:44:32	01:06:25	01:44:14.00	01:44:15.00	4:56	12.1
150	LEŚNIAK DAWID	2577		SIEMIANOWICE ŚLĄSKIE	POL	M-20	7	M 144	00:47:19	01:09:14	01:44:18.60	01:44:44.85	4:56	12.1
151	PRZEGENDZA ARTUR	2375		DĄBROWA GÓRNICZA	POL	M-40	55	M 145	00:47:48	01:09:25	01:44:21.50	01:44:22.50	4:56	12.1
152	WARZECHA KAMIL	2392		JAWORZNO	POL	M-30	64	M 146	00:47:41	01:09:47	01:44:31.60	01:45:14.10	4:57	12.1
153	IWANIUK PAWEŁ	2625	AUGUSTEAM	KATOWICE	POL	M-40	56	M 147	00:46:58	01:09:13	01:44:36.20	01:44:37.20	4:57	12.1
154	BENSZ DARIUSZ	2687		ŚWIĘTOCHŁOWICE	POL	M-40	57	M 148	00:48:10	01:10:11	01:44:41.75	01:45:27.80	4:57	12.1
155	GRUDNIEWSKI TOMASZ	2085		MIERZĘCICE	POL	M-40	58	M 149	00:49:29	01:11:10	01:44:44.85	01:46:02.35	4:57	12.1
156	ŻAAK MICHAŁ	2370		ZABRZE	POL	M-40	59	M 150	00:47:33	01:09:34	01:44:59.35	01:46:10.95	4:58	12.1

**VIII PÓŁMARATON GLIWICKI, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
157	PIETYSZUK DARIUSZ	2717		GLIWICE	POL	M-40	60	M 151	00:47:11	01:08:52	01:45:01.65	01:46:41.65	4:58	12.1
158	LIS GRZEGORZ	2362	EKO-OKNA RUNNERS	RACIBORZ	POL	M-40	61	M 152	00:46:40	01:08:45	01:45:05.25	01:45:06.25	4:58	12
159	WIORA ŁUKASZ	2833		GLIWICE	POL	M-30	65	M 153	00:48:17	01:10:07	01:45:08.95	01:45:51.65	4:58	12
160	WOSZCZAK KRYSZTIAN	2633		ŁĘDZINY	POL	M-30	66	M 154	00:47:52	01:09:57	01:45:16.90	01:45:24.80	4:59	12
161	ZWIERZYŃSKI PIOTR	2417	UNATCO	RYBNIK	POL	M-50	19	M 155	00:48:40	01:10:44	01:45:16.90	01:45:39.00	4:59	12
162	FOLEK ADAM	2300		KATOWICE	POL	M-30	67	M 156	00:46:18	01:08:03	01:45:18.40	01:45:52.10	4:59	12
163	VATUICHAK PAVLO	2782		ZABRZE	POL	M-20	8	M 157	00:39:48	01:12:30	01:45:26.05	01:45:33.50	4:59	12
164	WINCZAKIEWICZ MICHAŁ	2405	WINCZITEAM	KATOWICE	POL	M-30	68	M 158	00:48:04	01:10:48	01:45:47.60	01:46:13.10	5:00	12
165	SOŁTYSIK TOMASZ	2772	MARUDA TEAM	CHORZÓW	POL	M-40	62	M 159	00:47:08	01:09:14	01:45:51.10	01:46:54.00	5:00	12
166	SOJA ŁUKASZ	2735	RUNNERS NIGHT PYSKOWICE	PYSKOWICE	POL	M-40	63	M 160	00:47:05	01:09:29	01:45:51.35	01:46:13.35	5:00	12
167	MEJER KRZYSZTOF	2586	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	RUDA ŚLĄSKA	POL	M-50	20	M 161	00:49:45	01:11:43	01:46:08.15	01:47:21.05	5:01	11.9
168	REJNIAK MATEUSZ	2439	REDYNA	KNURÓW	POL	M-30	69	M 162	01:03:32	01:46:20.90	01:46:49.00	01:46:49.00	5:02	11.9
169	IWASZKOWSKI DAWID	2193	REDYNA TEAM	KNURÓW	POL	M-30	70	M 163	00:46:52	01:08:28	01:46:20.90	01:46:47.90	5:02	11.9
170	KĘDZIORA ŁUKASZ	2700		PIEKARY ŚLASKIE	POL	M-40	64	M 164	00:46:31	01:09:25	01:46:29.30	01:46:52.65	5:02	11.9
171	SALAMON EMIL	2154	STELLANTIS ACTIVE TEAM	GLIWICE	POL	M-30	71	M 165	00:48:10	01:10:13	01:46:32.15	01:47:08.90	5:02	11.9
172	ŁATKA MAREK	2567		RUDZICZKA	POL	M-40	65	M 166	00:49:11	01:11:18	01:46:34.10	01:47:07.20	5:03	11.9
173	DUŚ ARTUR	2795	POLSKA GRUPA GÓRNICZA	CHORZÓW	POL	M-50	21	M 167	00:50:09	01:12:13	01:46:38.95	01:47:24.70	5:03	11.9
174	KUŹMIŃSKI MICHAŁ	2426		KATOWICE	POL	M-40	66	M 168		01:11:23	01:46:43.15	01:48:06.95	5:03	11.9
175	GOLONKA MAREK	2150		MYSŁOWICE	POL	M-50	22	M 169	00:47:04	01:09:55	01:46:44.95	01:46:58.50	5:03	11.9
176	KULA KRZYSZTOF	2130		RADZIONKÓW	POL	M-40	67	M 170		01:10:37	01:46:45.85	01:47:13.25	5:03	11.9
177	JABŁOŃSKI ŁUKASZ	2202	Q-PERIOR TEAM	TYCHY	POL	M-30	72	M 171	00:47:38	01:10:00	01:46:52.55	01:48:33.45	5:03	11.8
178	CIĄGŁO JAKUB	2332	CHWALISZ CZY NIE CHWALISZ - LOTEJ Z NAMI	BIERUŃ	POL	M-30	73	M 172	00:46:58	01:09:13	01:46:54.15	01:47:22.25	5:03	11.8
179	NOWAK MARIUSZ	2357	HIRSCHVOGEL	GLIWICE	POL	M-40	68	M 173	00:48:54	01:11:22	01:47:00.00	01:47:24.00	5:04	11.8
180	HASSA DAMIAN	2714		BOJSZÓW	POL	M-20	9	M 174	00:47:55	01:10:11	01:47:01.95	01:48:01.75	5:04	11.8
181	SKRZYPEK KRZYSZTOF	2235		KATOWICE	POL	M-40	69	M 175	00:48:42	01:11:19	01:47:02.10	01:47:40.30	5:04	11.8
182	WIŚNIEWSKI ADAM	2718		RUDZINIEC	POL	M-20	10	M 176	00:48:01	01:10:02	01:47:05.00	01:47:55.80	5:04	11.8
183	TOCHOWICZ BARTOSZ	2787		GOLESZÓW	POL	M-50	23	M 177	00:48:02	01:10:26	01:47:09.35	01:47:36.60	5:04	11.8
184	WŁOSIŃSKI GRZEGORZ	2712		KATOWICE	POL	M-20	11	M 178	00:49:02	01:11:03	01:47:11.55	01:47:27.70	5:04	11.8
185	CZUCZ MICHAŁ	2166	PARKRUN CHRZANÓW	CHRZANÓW	POL	M-30	74	M 179	00:48:48	01:10:43	01:47:11.65	01:47:12.65	5:04	11.8
186	HERUD TOMASZ	2095	ROWEROWE GLIWICE	GLIWICE	POL	M-30	75	M 180	00:48:49	01:11:39	01:47:15.80	01:48:08.60	5:04	11.8
187	MIGURSKI JAKUB	2748	FUCHS OIL TEAM	GLIWICE	POL	M-30	76	M 181	00:50:58	01:13:33	01:47:26.05	01:48:27.60	5:05	11.8
188	CIEŚLIK BARTŁOMIEJ	2232	CHATEAU CHALIN	POZNAŃ	POL	M-40	70	M 182	00:48:33	01:11:17	01:47:34.50	01:47:48.00	5:05	11.8
189	HALCZOK JANUSZ	2601	PACEMAKER	BYTOM	POL	M-40	71	M 183	00:49:11	01:11:46	01:47:38.45	01:48:09.20	5:06	11.8
190	KOWALSKI GRZEGORZ	2761	PACEMAKER/W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	M-40	72	M 184	00:49:10	01:11:46	01:47:39.10	01:48:09.70	5:06	11.8
191	PTAK KRZYSZTOF	2742	HRMAX ŻORY	ŻORY	POL	M-40	73	M 185	00:49:02	01:11:41	01:47:41.15	01:47:42.15	5:06	11.8
192	TOKARSKI PIOTR	2379	TTAT	KATOWICE	POL	M-40	74	M 186	00:47:57	01:10:48	01:47:44.00	01:48:09.20	5:06	11.8
193	KOBA ANIA	2706	ROZBIEGANE MICHAŁOWICE	MICHAŁOWICE WIEŚ	POL	K-40	3	K 7	00:48:30	01:11:31	01:47:44.50	01:48:04.70	5:06	11.8
194	RUTKOWSKI MICHAŁ	2407	LIDL	GLIWICE	POL	M-30	77	M 187	00:50:13	01:13:07	01:47:45.75	01:48:27.65	5:06	11.7
195	CIEŚLIK PAWEŁ	2230	CHATEAU CHALIN	POZNAŃ	POL	M-40	75	M 188	00:48:44	01:11:31	01:47:47.00	01:47:48.00	5:06	11.7
196	KUMOR RENATA	2087	RUN GLORIA	LIBIAŻ	POL	K-50	1	K 8	00:47:59	01:10:35	01:47:47.05	01:48:11.50	5:06	11.7
197	KLUK JUSTYNA	2366	CHWALISZ CZY NIE CHWALISZ - LOTEJ Z NAMI	BIERUŃ	POL	K-30	4	K 9	00:48:30	01:11:16	01:47:53.40	01:47:54.40	5:06	11.7
198	PAJĄK MAREK	2472	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	M-40	76	M 189	00:49:45	01:12:48	01:48:02.75	01:49:35.30	5:07	11.7
199	ROGOWSKI JAKUB	2494		GLIWICE	POL	M-20	12	M 190	00:50:03	01:12:36	01:48:07.35	01:48:58.30	5:07	11.7
200	POŁOMSKA EDYTA	2036	POLOMSCY TEAM	RYDUŁTOWY	POL	K-40	4	K 10	00:48:18	01:11:06	01:48:09.90	01:48:46.90	5:07	11.7
201	KWIATKOWSKI MARCIN	2028		GLIWICE	POL	M-30	78	M 191	00:46:58	01:09:52	01:48:11.40	01:48:27.40	5:07	11.7
202	ŁAJSZCZAK - GAJDA DOROTA	2836		GLIWICE	POL	K-40	5	K 11	00:49:21	01:11:55	01:48:15.05	01:48:57.25	5:07	11.7
203	BONIEWSKI LECH	2447	SP GLINOJECK	GLINOJECK	POL	M-60	1	M 192	00:48:50	01:12:55	01:48:25.25	01:49:07.75	5:08	11.7
204	NOWAK WOJCIECH	2399	BEFIT24TEAM	KRAKÓW	POL	M-50	24	M 193	00:49:28	01:12:20	01:48:26.85	01:49:06.90	5:08	11.7
205	KĘDZIEŃSKI ALFRED	2311	KOLEJE ŚLĄSKIE	GLIWICE	POL	M-50	25	M 194	00:47:31	01:10:45	01:48:30.05	01:48:41.10	5:08	11.7
206	MAZUR PATRYCJA	2504	HURGAN LIGOTA	KATOWICE	POL	K-40	6	K 12	00:48:29	01:11:22	01:48:31.10	01:49:28.80	5:08	11.7
207	ULIASZ KRZYSZTOF	2485	STELLANTIS ACTIVE TEAM	GLIWICE	POL	M-40	77	M 195	00:49:02	01:12:13	01:48:34.15	01:49:09.30	5:08	11.7
208	JANDA SEBASTIAN	2236	BIEGAM ŻEBY ŻRĘĆ WIĘCEJ CIASTKÓW	BIELSKO-BIAŁA	POL	M-40	78	M 196	00:47:43	01:10:34	01:48:38.85	01:48:57.90	5:08	11.7
209	MIODEK ŁUKASZ	2610	AKT WATRA	TARNOWSKIE GÓRY	POL	M-30	79	M 197	00:50:54	01:13:47	01:48:45.60	01:50:17.35	5:09	11.6
210	POCHAŁA ANDRZEJ	2736	NGK RUNNING TEAM	BYTOM	POL	M-40	79	M 198	00:50:54	01:12:58	01:48:46.75	01:50:20.70	5:09	11.6
211	PAJĄK MICHAŁ	2510		RADOSTOWICE	POL	M-30	80	M 199	00:49:36	01:12:43	01:48:47.50	01:49:40.50	5:09	11.6

## VIII PÓLMARATON GLIWICKI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
212	ŚLUSARCZYK GUCIO ANDRZEJ	2720	DJ GUCIO SHOW MUST GO ON	PRUSZCZ GDAŃSKI	POL	M-50	26	M 200	00:45:54	01:08:36	01:48:49.40	01:49:04.85	5:09	11.6
213	TREFON IWONA	2636		ROGOŹNIK	POL	K-40	7	K 13	00:48:56	01:12:14	01:48:49.40	01:49:48.30	5:09	11.6
214	ZIÓLKOWSKI GRZEGORZ	2387		GLIWICE	POL	M-50	27	M 201	00:48:16	01:11:03	01:49:05.00	01:49:06.00	5:10	11.6
215	PINKAWA GRZEGORZ	2324	GISZOWIEC BIEGA RAZEM	KATOWICE	POL	M-40	80	M 202	00:51:14	01:13:50	01:49:18.50	01:49:57.30	5:10	11.6
216	HOBZDA PIOTR	2167	#MYJUSZWOJZROBILI	BYTOM	POL	M-40	81	M 203	00:48:08	01:10:55	01:49:20.85	01:50:10.45	5:10	11.6
217	KOŁODZIEJSKI EMIL	2039	BOJKÓW BIEGA	GLIWICE	POL	M-30	81	M 204	00:47:24	01:10:41	01:49:22.55	01:50:51.90	5:10	11.6
218	LAMCZYK PIOTR	2312		PYSKOWICE	POL	M-30	82	M 205	00:49:42	01:12:18	01:49:23.15	01:49:24.15	5:11	11.6
219	TYSZKIEWICZ CUMA	2219		GLIWICE	POL	M-40	82	M 206	00:50:59	01:13:15	01:49:29.95	01:49:30.95	5:11	11.6
220	CETERA ŁUKASZ	2240	#HUTATEAM	GLIWICE	POL	M-30	83	M 207	00:48:05	01:11:28	01:49:30.25	01:50:19.55	5:11	11.6
221	NIESLER MICHAŁ	2215	NTEAM	GLIWICE	POL	M-30	84	M 208	00:46:44	01:10:07	01:49:33.90	01:50:03.75	5:11	11.6
222	KWIATKOWSKI GRZEGORZ	2753		ŻERNICA	POL	M-50	28	M 209	00:47:33	01:11:17	01:49:39.65	01:49:40.65	5:11	11.5
223	PICZ MICHAŁ	2043	POMPEJANKA TEAM	GLIWICE	POL	M-30	85	M 210	00:52:23	01:15:06	01:49:45.35	01:51:45.40	5:12	11.5
224	WYWIĄŁ ŁUKASZ	2548	SAINT-GOBAIN SQUAD	WOJKOWICE	POL	M-30	86	M 211	00:49:23	01:12:20	01:49:47.85	01:51:34.25	5:12	11.5
225	SZAROWICZ SEBASTIAN	2611		ZABRZE	POL	M-40	83	M 212	00:47:19	01:10:32	01:49:49.55	01:49:59.00	5:12	11.5
226	BUJAK MAGDALENA	2646	NIGHT RUNNERS PYSKOWICE	TARNOWSKIE GÓRY	POL	K-30	5	K 14	00:48:58	01:12:11	01:49:58.65	01:52:01.30	5:12	11.5
227	RAWŁUSZEWICZ WALDEMAR	2584		ZABRZE	POL	M-50	29	M 213	00:47:37	01:10:20	01:49:59.00	01:50:27.80	5:12	11.5
228	ŻÓŁTOWSKI MICHAŁ	2514		GLIWICE	POL	M-30	87	M 214	00:50:05	01:12:13	01:50:05.80	01:52:03.40	5:13	11.5
229	DUDA JACEK	2434	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	M-50	30	M 215	00:49:53	01:12:51	01:50:05.85	01:51:38.50	5:13	11.5
230	MATENCZUK LESŁAW	2702		RACIBÓRZ	POL	M-30	88	M 216	00:50:59	01:13:18	01:50:08.60	01:52:18.45	5:13	11.5
231	WILK MIROSLAW	2437		ŚWIĘTOCHŁOWICE	POL	M-40	84	M 217	00:47:35	01:10:33	01:50:16.30	01:50:40.15	5:13	11.5
232	RODAK KAROLINA	2244		RYBNIK	POL	K-30	6	K 15	00:50:05	01:13:18	01:50:21.05	01:52:12.65	5:13	11.5
233	KARWOT PIOTR	2191	TEAM REDYNA	CZERWIONKA-LESZCZYNY	POL	M-30	89	M 218	00:48:28	01:11:44	01:50:24.25	01:50:52.80	5:13	11.5
234	CHWASTYK ŁUKASZ	2220	LEGNICA TEAM	LEGNICA	POL	M-30	90	M 219	00:50:30	01:13:09	01:50:24.75	01:51:02.95	5:13	11.5
235	MALOTTA KONRAD	2195	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	M-30	91	M 220	00:51:17	01:14:24	01:50:27.85	01:50:28.85	5:14	11.5
236	STAWARCZYK KRYSZTIAN	2482	STELLANTIS ACTIVE TEAM	RYBNIK	POL	M-40	85	M 221	00:51:22	01:14:28	01:50:33.35	01:50:34.35	5:14	11.5
237	KAMIŃSKI JACEK	2631	GOMOLA PACK-CENTER	GLIWICE	POL	M-40	86	M 222	00:48:12	01:12:13	01:50:39.30	01:51:01.80	5:14	11.4
238	SKOTNICKI PAWEŁ	2001		GLIWICE	POL	M-30	92	M 223	00:49:42	01:12:51	01:50:46.40	01:51:24.10	5:14	11.4
239	SZYMSKI TOMASZ	2153		BYTOM	POL	M-40	87	M 224	00:49:23	01:12:44	01:50:46.50	01:51:02.15	5:14	11.4
240	GIBEK MARCIN	2305	KRUCIA_FUKS_KAJ_TA_META	STANOWICE	POL	M-30	93	M 225	00:50:15	01:13:24	01:50:48.95	01:50:49.95	5:15	11.4
241	ODZIOMEK SEBASTIAN	2425		RUDA ŚLĄSKA	POL	M-40	88	M 226	00:49:55	01:12:50	01:50:53.70	01:51:53.20	5:15	11.4
242	STALICA WOJCIECH	2253	IZO ERG	CZĘSTOCHOWA	POL	M-50	31	M 227	00:49:11	01:12:26	01:50:54.20	01:51:12.65	5:15	11.4
243	PIEKARSKI WIKTOR	2519	140MINUT.PL	DOMASZCZYN	POL	M-30	94	M 228	00:50:00	01:13:06	01:50:57.85	01:51:41.25	5:15	11.4
244	ROMANOWSKI KRZYSZTOF	2467	PKO BANK POLSKI	TYCHY	POL	M-40	89	M 229	00:50:31	01:13:23	01:50:58.55	01:53:09.75	5:15	11.4
245	STACHA PAWEŁ	2396		SIEMIANOWICE ŚLĄSKIE	POL	M-40	90	M 230	00:49:49	01:13:17	01:51:15.90	01:52:15.65	5:16	11.4
246	KWIECIŃSKI DAMIAN	2790		BYTOM	POL	M-40	91	M 231	00:50:57	01:13:53	01:51:21.80	01:51:59.30	5:16	11.4
247	TOMASZEWSKI ŁUKASZ	2468		KOZŁÓW	POL	M-30	95	M 232	00:49:25	01:13:02	01:51:22.00	01:51:51.45	5:16	11.4
248	ŚWIĘTEK JACEK	2170		OPOLE	POL	M-40	92	M 233	00:49:39	01:12:49	01:51:32.40	01:52:33.45	5:17	11.4
249	SPYRA KAMIL	2158	4K P. K. S. SPYROWKA	SZYMOCICE	POL	M-30	96	M 234	00:50:07	01:13:44	01:51:38.95	01:51:49.15	5:17	11.3
250	KOCHMAN DAWID	2817		BESTWINA	POL	M-40	93	M 235	00:50:43	01:14:04	01:51:43.55	01:52:58.00	5:17	11.3
251	SOWKA SEBASTIAN	2559		PIEKARY ŚLĄSKIE	POL	M-20	13	M 236	00:50:23	01:14:30	01:51:46.15	01:52:42.90	5:17	11.3
252	HORNIK MIRA	2106		KATOWICE	POL	K-50	2	K 16	00:50:46	01:14:06	01:51:50.60	01:52:47.60	5:18	11.3
253	GIGON KRZYSZTOF	2555	CZYSTY CIUL	GLIWICE	POL	M-40	94	M 237	00:49:32	01:13:05	01:51:54.80	01:52:50.20	5:18	11.3
254	PŁONKA KRZYSZTOF	2765	TEAM DKMS	JASTRZĘBIE-ZDRÓJ	POL	M-50	32	M 238	00:47:48	01:10:46	01:51:54.85	01:52:26.15	5:18	11.3
255	FLOREK PIOTR	2131		RYBNIK	POL	M-30	97	M 239	00:48:58	01:12:31	01:52:00.10	01:52:45.80	5:18	11.3
256	WOJEWÓDKA GRZEGORZ	2388	BRYGADA RR (RAZEM RAŹNIEJ)	ŁAZISKA GÓRNE	POL	M-40	95	M 240	00:49:44	01:13:17	01:52:00.55	01:52:10.30	5:18	11.3
257	POGORZALEK MATEUSZ	2513		GLIWICE	POL	M-30	98	M 241	00:51:54	01:15:25	01:52:02.15	01:53:55.95	5:18	11.3
258	CIEPLIK GRZEGORZ	2263		GLIWICE	POL	M-30	99	M 242	00:51:06	01:14:07	01:52:12.90	01:52:13.90	5:19	11.3
259	SPENDE TOMASZ	2811		PRZEZCHLEBIE	POL	M-40	96	M 243	00:48:40	01:11:58	01:52:16.60	01:52:55.40	5:19	11.3
260	MACYSZYN WALDEMAR	2518	GLIWICE	GLIWICE	POL	M-60	2	M 244	00:50:41	01:14:28	01:52:17.05	01:52:56.50	5:19	11.3
261	KRAJEWSKI RADOSŁAW	2218		GLIWICE	POL	M-30	100	M 245	00:51:21	01:14:34	01:52:18.20	01:52:19.20	5:19	11.3
262	PURCZYŃSKI JAN	2404		RYBNIK	POL	M-50	33	M 246	00:52:30	01:16:09	01:52:19.30	01:53:17.60	5:19	11.3
263	GĘBCZYŃSKI OLIWIER	2259	G-TEAM	GLIWICE	POL	M-20	14	M 247	00:51:59	01:15:29	01:52:22.85	01:54:29.90	5:19	11.3
264	LEDWOŃ ANETA	2113	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-40	8	K 17	00:51:17	01:15:14	01:52:24.95	01:53:17.30	5:19	11.3
265	PLEWA REMIGIUSZ	2262		GOSTYŃ	POL	M-40	97	M 248	00:53:32	01:16:45	01:52:25.90	01:54:11.90	5:19	11.3
266	JAWOREK JACEK	2144	SPRYTNA BANIA SPONTAN TEAM / JBC365	ZABRZE	POL	M-30	101	M 249	00:54:01	01:17:09	01:52:26.15	01:54:11.85	5:19	11.3
267	CZYZ WOJCIECH	2331		GLIWICE	POL	M-40	98	M 250	00:48:56	01:12:38	01:52:28.45	01:52:40.10	5:19	11.3

**VIII PÓŁMARATON GLIWICKI, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
268	SEROCKI MICHAŁ	2199		GLIWICE	POL	M-30	102	M 251	00:51:40	01:15:21	01:52:29.70	01:54:28.05	5:19	11.3
269	GAŁĘCZKA PAWEŁ	2695	HURAGAN LIGOTA	KATOWICE	POL	M-40	99	M 252	00:50:05	01:14:05	01:52:29.95	01:52:30.95	5:19	11.3
270	MARKOWICZ MATEUSZ	2471	BOJKÓW BIEGA	GLIWICE	POL	M-30	103	M 253	00:52:38	01:17:16	01:52:30.15	01:53:59.90	5:19	11.3
271	BUDNY KAMIL	2355		STRZELIN	POL	M-30	104	M 254	00:52:07	01:15:26	01:52:30.40	01:53:55.00	5:19	11.3
272	PRADELA MARIUSZ	2092	DHL RUN CLUB	ZABRZE	POL	M-40	100	M 255	00:51:01	01:14:39	01:52:48.35	01:53:45.00	5:20	11.2
273	KOŁODZIEJCZYK BARTEK	2804		WIERZBICA	POL	M-40	101	M 256	00:53:19	01:16:43	01:52:49.35	01:53:10.75	5:20	11.2
274	SMOLEC WOJCIECH	2681		ANDRYCHÓW	POL	M-20	15	M 257	00:49:56	01:13:55	01:53:03.45	01:53:34.90	5:21	11.2
275	BESALA BOGDAN	2830		KATOWICE	POL	M-60	3	M 258	00:52:37	01:16:09	01:53:03.95	01:53:56.25	5:21	11.2
276	CHWAŁEK PIOTR	2683	ZABIEGANI W KIELCACH	KIELCE	POL	M-50	34	M 259	00:51:47	01:15:37	01:53:05.70	01:53:25.85	5:21	11.2
277	ZAJDEL DARIUSZ	2067	ZAWADZKIE BIEGNI	ZAWADZKIE	POL	M-60	4	M 260		01:16:46	01:53:07.00	01:54:01.45	5:21	11.2
278	TRĄBAŁA ADAM	2545		MYSŁOWICE	POL	M-40	102	M 261	00:50:56	01:15:21	01:53:15.30	01:53:27.80	5:22	11.2
279	NIKODON PAWEŁ	2046	NIKODON DREAM TEAM	GLIWICE	POL	M-40	103	M 262	00:49:02	01:12:52	01:53:15.85	01:53:42.25	5:22	11.2
280	DOMAŃSKI MARCIN	2038	RUNNINGFISH74	GLIWICE	POL	M-40	104	M 263	00:52:31	01:16:06	01:53:20.00	01:54:11.40	5:22	11.2
281	BODYCH MACIEJ	2667		ZĄBKI	POL	M-40	105	M 264	00:51:14	01:15:06	01:53:24.25	01:53:58.65	5:22	11.2
282	HELLWIG ADAM	2658		MYSŁOWICE	POL	M-40	106	M 265	00:51:40	01:15:10	01:53:25.30	01:54:06.00	5:22	11.2
283	NIEWIADOMSKI MAREK	2511	CROSS KRAPKOWICE	KRAPKOWICE	POL	M-30	105	M 266	00:50:04	01:13:48	01:53:27.20	01:54:26.40	5:22	11.2
284	JERUSZKA PAWEŁ	2325		CZĘSTOCHOWA	POL	M-40	107	M 267	00:50:31	01:14:04	01:53:28.30	01:54:03.30	5:22	11.2
285	PRZYŁĘCKA-HUSSAR AGNIESZKA	2775	BDB TEAM	KATOWICE	POL	K-30	7	K 18	00:50:43	01:14:47	01:53:30.60	01:54:20.00	5:22	11.2
286	ŻMIJEWSKI DARIUSZ	2221	EXTREMALNI RZEŹNICY NA RELAKSIE	GLIWICE	POL	M-50	35	M 268	00:50:27	01:13:50	01:53:36.80	01:54:04.80	5:23	11.1
287	SEMIK JAKUB	2157		GLIWICE	POL	M-30	106	M 269	00:52:24	01:16:34	01:53:37.70	01:54:43.35	5:23	11.1
288	BROŻYNA MAGDALENA	2784	CO JA TU ROBIE?	GLIWICE	POL	K-30	8	K 19	00:52:47	01:15:58	01:53:39.10	01:55:36.85	5:23	11.1
289	GMEREK PIOTR	2617		GLIWICE	POL	M-30	107	M 270	00:48:34	01:12:24	01:53:40.25	01:53:53.80	5:23	11.1
290	ANTOSZ WOJCIECH	2716		MIZERÓW	POL	M-30	108	M 271	00:52:27	01:15:57	01:53:40.60	01:54:44.40	5:23	11.1
291	CZORNY MATEUSZ	2557	LECYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-30	109	M 272	00:52:11	01:16:14	01:53:43.90	01:54:36.30	5:23	11.1
292	FĄŁEK KRZYSZTOF	2573	ŁAMIGNATY	MIKOŁÓW	POL	M-40	108	M 273	00:51:23	01:15:10	01:53:50.85	01:55:41.30	5:23	11.1
293	ZAMORA MAREK	2052		PIEKARY ŚL.	POL	M-50	36	M 274	00:52:56	01:16:59	01:53:52.55	01:56:17.20	5:23	11.1
294	CZERWONKO JAKUB	2627	#MYJUJZWOJEZROBILI	BYTOM	POL	M-40	109	M 275	00:52:31	01:16:44	01:53:52.65	01:54:43.00	5:23	11.1
295	POGORZELSKI KAMIL	2117		BIAŁYSTOK	POL	M-20	16	M 276	00:52:35	01:16:45	01:53:53.40	01:54:46.70	5:23	11.1
296	WEGNER TOMASZ	2786	LECYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-40	110	M 277	00:50:04	01:13:35	01:53:54.10	01:54:45.90	5:23	11.1
297	LIBISZ MARCIN	2591		RADZIONKOW	POL	M-30	110	M 278	00:51:08	01:14:48	01:53:54.10	01:55:29.40	5:23	11.1
298	NIGRINI BEATA	2210		GLIWICE	POL	K-40	9	K 20	00:52:42	01:16:51	01:53:57.95	01:54:46.75	5:24	11.1
299	RÓŻAŃSKI TOMASZ	2378		GLIWICE	POL	M-40	111	M 279	00:50:40	01:14:16	01:54:01.15	01:56:00.25	5:24	11.1
300	FRĄC DARIUSZ	2476	BANDA Z POŁUDNIA	GLIWICE	POL	M-40	112	M 280	00:50:09	01:13:33	01:54:01.45	01:54:49.65	5:24	11.1
301	IMIOLCZYK TOMASZ	2524	KOMANDOS	BYTOM	POL	M-40	113	M 281	00:52:44	01:16:43	01:54:02.95	01:54:52.00	5:24	11.1
302	MANDOK BOGDAN	2422		SOŚNICOWICE	POL	M-40	114	M 282	00:49:11	01:13:42	01:54:09.40	01:54:15.60	5:24	11.1
303	KOŁODZIEJ DARIUSZ	2805	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	M-40	115	M 283	00:52:42	01:16:45	01:54:17.10	01:55:03.00	5:24	11.1
304	WAWRZAK RYSZARD	2612	RYSZARD RUN- PACEMAKER	GLIWICE	POL	M-40	116	M 284	00:52:42	01:16:46	01:54:17.25	01:55:03.10	5:24	11.1
305	GOLA DANIEL	2729	DO GÓRY NOGAMI	GLIWICE	POL	M-30	111	M 285	00:49:38	01:13:44	01:54:18.00	01:54:19.00	5:25	11.1
306	RACZEK WOJCIECH	2441		CHEŁMEK	POL	M-40	117	M 286	00:49:26	01:13:41	01:54:19.50	01:54:46.10	5:25	11.1
307	DOBOSZ KRZYSZTOF	2119	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-50	37	M 287	00:51:14	01:14:21	01:54:25.00	01:55:02.35	5:25	11.1
308	RYSZCZYK ADAM	2430	RUN2BFREE	RYBNIK	POL	M-40	118	M 288	00:54:02	01:18:20	01:54:26.65	01:56:10.05	5:25	11.1
309	ORZECHOWSKI MAREK	2003		GLIWICE	POL	M-30	112	M 289	00:51:41	01:14:58	01:54:29.75	01:56:04.55	5:25	11.1
310	WARDEJN SONIA	2678	STG GLIWICE	GLIWICE	POL	K-20	2	K 21	00:52:15	01:16:31	01:54:33.55	01:56:19.05	5:25	11.1
311	SZTELIGA TOMASZ	2656		WOJKOWICE	POL	M-50	38	M 290	00:51:44	01:15:58	01:54:38.00	01:55:13.90	5:25	11
312	LISEWSKI BARTŁOMIEJ	2382	...	GLIWICE	POL	M-40	119	M 291	00:52:34	01:16:38	01:54:45.25	01:55:40.80	5:26	11
313	ZIELONKA TOMASZ	2615	DESIGNBAY	GLIWICE	POL	M-20	17	M 292	00:52:12	01:16:37	01:54:46.75	01:55:41.30	5:26	11
314	MADEJ MAREK	2384	KĘCKIE HARPAGANY	HECZNAROWICE	POL	M-30	113	M 293	00:53:11	01:17:21	01:54:56.50	01:55:52.85	5:26	11
315	SCHAB BARTŁOMIEJ	2185		GLIWICE	POL	M-30	114	M 294	00:51:03	01:15:32	01:54:59.05	01:56:10.50	5:26	11
316	BABIS IZABELA	2807	DEVINITI	WROCŁAW	POL	K-30	9	K 22	00:53:15	01:17:23	01:54:59.25	01:55:59.20	5:26	11
317	MACHATA JACEK	2797		WROCŁAW	POL	M-40	120	M 295	00:53:17	01:17:24	01:55:01.40	01:55:59.80	5:27	11
318	SZYDŁOWSKI WALDEMAR	2212	BIEGNĘ BYŁE DOBIEC	TYCHY	POL	M-40	121	M 296	00:50:18	01:14:04	01:55:04.60	01:55:35.80	5:27	11
319	CZAJKA ROMAN	2264	POLISH RUNNERS SQUAD	GLIWICE	POL	M-40	122	M 297	00:52:17	01:16:42	01:55:10.90	01:55:11.90	5:27	11
320	GRACH ALEKSANDRA	2066		PYSKOWICE	POL	K-40	10	K 23	00:51:56	01:16:32	01:55:17.60	01:55:40.95	5:27	11
321	GOLA KAROLINA	2020		GLIWICE	POL	K-30	10	K 24	00:52:08	01:16:08	01:55:19.70	01:56:14.15	5:27	11
322	BARTOSZEWSKI DARIUSZ	2774	SCHUMACHER	MALCZYCE	POL	M-30	115	M 298	00:49:13	01:13:49	01:55:21.60	01:56:01.20	5:28	11
323	CIELOCH TOMASZ	2832		PLESZEW	POL	M-20	18	M 299	00:41:47	01:06:00	01:55:22.15	01:55:35.70	5:28	11
324	IGNACY DENIS	2287		REŃSKA WIEŚ	POL	M-30	116	M 300	00:52:43	01:16:48	01:55:33.80	01:56:19.35	5:28	11

## VIII PÓŁMARATON GLIWICKI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
325	MANKA MARCIN	2013		GLIWICE	POL	M-30	117	M 301	00:52:18	01:16:40	01:55:35.05	01:56:35.35	5:28	11
326	SZCZYRBA MARCIN	2632		ŁAZISKA GÓRNE	POL	M-40	123	M 302	00:50:45	01:15:12	01:55:36.90	01:55:57.75	5:28	11
327	STASICZEK STANISŁAW	2698		PSZCZYNA	POL	M-40	124	M 303	00:50:58	01:15:29	01:55:38.05	01:55:39.05	5:28	10.9
328	WOJEWÓDKA ZOFIA	2389	BRYGADA RR (RAZEM RAŻNIEJ)	ŁAZISKA GÓRNE	POL	K-30	11	K 25	00:51:38	01:16:51	01:55:41.05	01:55:50.20	5:28	10.9
329	GRYGIEREK JAROSŁAW	2227		BIELSKO BIAŁA	POL	M-40	125	M 304	00:53:17	01:17:21	01:55:44.10	01:57:00.10	5:29	10.9
330	ZIELONKA JACEK	2618	PSOFIX	ZABRZE	POL	M-40	126	M 305	00:54:39	01:18:28	01:55:48.75	01:56:44.75	5:29	10.9
331	SKIBA ŁUKASZ	2443	EASYRUN RACIBÓRZ	RACIBÓRZ	POL	M-40	127	M 306	00:52:01	01:16:11	01:55:59.45	01:57:29.55	5:29	10.9
332	CHRÓSZCZ KLAUDIA	2570	ZHWALISZ CZY NIE CHWALISZ-LOTEJ Z NAMI	BIERUŃ	POL	K-30	12	K 26	00:51:34	01:16:06	01:56:02.80	01:56:46.00	5:29	10.9
333	PLUSZKE PAWEŁ	2605		KATOWICE	POL	M-30	118	M 307	00:49:19	01:12:11	01:56:03.85	01:57:38.55	5:30	10.9
334	WRÓBLEWSKI MATEUSZ	2691		GLIWICE	POL	M-30	119	M 308	00:52:27	01:19:05	01:56:06.10	01:56:46.75	5:30	10.9
335	IGNACZAK ROBERT	2498		GLIWICE	POL	M-40	128	M 309	00:51:08	01:15:35	01:56:08.00	01:56:09.00	5:30	10.9
336	BIEGALSKI PIOTR	2823		GLIWICE	POL	M-30	120	M 310	00:52:08	01:16:10	01:56:09.55	01:57:03.70	5:30	10.9
337	BANASIK DAWID	2814		CHRZANÓW	POL	M-20	19	M 311	00:52:43	01:16:54	01:56:14.65	01:57:10.30	5:30	10.9
338	GORAUS KAROL	2576	TSH TEAM	GLIWICE	POL	M-30	121	M 312	00:52:39	01:16:55	01:56:16.50	01:57:00.70	5:30	10.9
339	ZALESKI ARKADIUSZ	2082		GLIWICE	POL	M-50	39	M 313	00:52:10	01:16:44	01:56:25.95	01:57:08.90	5:31	10.9
340	ŁĄCZKOWSKI DAWID	2291	ALURON CMC WARTA ZAWIERCIE	ZAWIERCIE	POL	M-40	129	M 314	00:52:34	01:16:45	01:56:30.65	01:57:26.75	5:31	10.9
341	SZWAJNOCH PIOTR	2809		WIELOWIEŚ	POL	M-40	130	M 315	00:53:02	01:17:05	01:56:33.80	01:57:16.70	5:31	10.9
342	DOBOSZ DANIEL	2676	MOCNA EKIPA	GLIWICE	POL	M-40	131	M 316	00:51:13	01:16:26	01:56:49.60	01:56:50.60	5:32	10.8
343	RZYŃSKA ANETA	2174		GLIWICE	POL	K-40	11	K 27	00:51:56	01:17:02	01:56:51.65	01:57:27.25	5:32	10.8
344	SMUDA ANDRZEJ	2123	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-40	132	M 317	00:50:16	01:14:38	01:56:53.45	01:57:04.10	5:32	10.8
345	TOMALA ADAM	2710		TYCHY	POL	M-30	122	M 318	00:50:55	01:15:54	01:56:54.15	01:57:15.75	5:32	10.8
346	LUDWIG DAWID	2733		GLIWICE	POL	M-30	123	M 319	00:54:42	01:19:15	01:56:56.40	01:58:49.25	5:32	10.8
347	SZOŁTYSIK BARTOSZ	2489	LECYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-40	133	M 320	00:53:28	01:17:32	01:56:58.60	01:58:19.35	5:32	10.8
348	ORLIK JERZY	2116		GLIWICE	POL	M-60	5	M 321	00:53:54	01:18:23	01:57:06.65	01:57:07.65	5:32	10.8
349	BANASZAK MARCIN	2592		GLIWICE	POL	M-40	134	M 322	00:53:51	01:18:23	01:57:09.50	01:58:50.10	5:33	10.8
350	GRONDYS ANDRZEJ	2007	ZATYRANI GRATISOWNIA.PL GMINA PILCHOWICE	ŻERNICA	POL	M-40	135	M 323	00:50:43	01:15:10	01:57:13.50	01:57:45.65	5:33	10.8
351	ŁYCZBA BOGUSŁAW	2731		CZĘSTOCHOWA	POL	M-60	6	M 324	00:52:38	01:17:41	01:57:16.80	01:58:49.85	5:33	10.8
352	NIESZCZUBA TERENCJUSZ	2794	DZIAŁAMY SOBIE	GLIWICE	POL	M-20	20	M 325	00:49:30	01:12:44	01:57:19.15	01:58:05.90	5:33	10.8
353	SEREDA MACIEJ	2565		PRZEWORSK	POL	M-20	21	M 326	00:53:47	01:18:35	01:57:22.50	01:58:50.10	5:33	10.8
354	ZAWISZA MICHAŁ	2831		GLIWICE	POL	M-30	124	M 327	00:56:00	01:19:58	01:57:25.20	01:59:37.10	5:33	10.8
355	ZGRZENDEK MACIEJ	2411	ING	ZABRZE	POL	M-30	125	M 328	00:52:24	01:17:01	01:57:32.20	01:58:38.25	5:34	10.8
356	SOWIŃSKI KRZYSZTOF	2247	BDB TEAM	KATOWICE	POL	M-30	126	M 329	00:50:21	01:13:34	01:57:33.90	01:58:05.05	5:34	10.8
357	ANDRZEJEWSKI MARTIN	2730		ZABRZE	POL	M-30	127	M 330	00:55:57	01:21:30	01:57:34.05	01:57:58.30	5:34	10.8
358	POKS PAWEŁ	2257		TYCHY	POL	M-20	22	M 331	00:55:43	01:20:15	01:57:34.90	01:59:10.10	5:34	10.8
359	MICHAŁIK PIOTR	2829	HDC	GLIWICE	POL	M-40	136	M 332	00:52:24	01:17:29	01:57:38.15	01:57:39.15	5:34	10.8
360	PASTERNAK ZBIGNIEW	2315	STELLANTIS ACTIVE TEAM	GLIWICE	POL	M-50	40	M 333	00:53:23	01:17:47	01:57:41.55	01:58:43.05	5:34	10.8
361	POPIEL-KRUK ALEKSANDRA	2844		GLIWICE	POL	K-40	12	K 28	00:55:31	01:20:09	01:57:46.05	01:58:48.15	5:34	10.8
362	CYGAN TOMASZ	2140		GLIWICE	POL	M-40	137	M 334	00:52:13	01:16:40	01:57:46.80	01:58:49.20	5:34	10.8
363	POŁAP MARIUSZ	2727	NGK RUNNING TEAM	ZABRZE	POL	M-40	138	M 335	00:49:58	01:16:05	01:57:47.65	01:58:15.35	5:34	10.7
364	PETRYNA BARTOSZ	2318	FLUOR	RYBNIK	POL	M-40	139	M 336	00:49:38	01:13:21	01:57:49.75	01:58:25.40	5:35	10.7
365	PIETRUCZUK ARMIN	2741		ZABRZE	POL	M-20	23	M 337	00:48:30	01:14:45	01:57:59.70	01:58:18.00	5:35	10.7
366	DUSIŃSKA JUSTYNA	2634		GLIWICE	POL	K-40	13	K 29	00:51:59	01:17:35	01:58:14.20	01:58:45.80	5:36	10.7
367	KOMÓR KINGA	2682		BYTOM	POL	K-20	3	K 30	00:52:17	01:16:36	01:58:15.25	01:59:15.65	5:36	10.7
368	PRZESTALSKI MARIAN	2847	REAL ZALESIE	WROCŁAW	POL	M-30	128	M 338	00:51:22	01:16:50	01:58:19.60	02:00:18.60	5:36	10.7
369	KOWALCZYK KASIA	2077		POZNAŃ	POL	K-30	13	K 31	00:52:41	01:18:04	01:58:27.20	01:59:17.10	5:36	10.7
370	BEDNAREK KRZYSZTOF	2732		ŚWIĘTOCHŁOWICE	POL	M-30	129	M 339	00:53:19	01:18:19	01:58:27.65	01:58:56.05	5:36	10.7
371	KOWALCZYK JORDAN	2088		ZABRZE	POL	M-30	130	M 340	00:52:40	01:18:04	01:58:28.70	01:59:18.25	5:36	10.7
372	NEJMAN MATEUSZ	2537		BYTOM	POL	M-30	131	M 341	00:56:26	01:21:11	01:58:29.50	01:59:31.25	5:36	10.7
373	KOŚCIANSKI OSKAR	2692		GLIWICE	POL	M-20	24	M 342	00:53:55	01:19:12	01:58:33.35	01:59:46.20	5:37	10.7
374	ANIOŁ BOGUSŁAW	2427	SPRYTNA BANIA SPONTAN TEAM	ŁĘDZINY	POL	M-40	140	M 343	00:54:01	01:18:48	01:58:37.30	02:00:23.70	5:37	10.7
375	ROSADA ZDZIŚŁAW	2081	PORUSZENI - AKTYWNI Z SOŚNICY	GLIWICE	POL	M-60	7	M 344	00:55:26	01:19:41	01:58:37.35	01:59:34.95	5:37	10.7
376	FLAK MATEUSZ	2416		SIEMIANOWICE ŚLĄSKIE	POL	M-20	25	M 345	01:15:50	01:58:41.00	02:00:25.00	02:00:25.00	5:37	10.7
377	WÓJCIK TOMASZ	2773	FDG SA	SMOLNICA	POL	M-30	132	M 346	00:52:56	01:17:24	01:58:41.15	01:58:42.15	5:37	10.7
378	GIERAS MIROŚŁAW	2192		GLIWICE	POL	M-40	141	M 347	00:54:37	01:19:42	01:58:41.50	02:00:06.00	5:37	10.7
379	SZYMAŃSKI KRZYSZTOF	2147		RYBNIK	POL	M-30	133	M 348	00:50:05	01:14:40	01:58:42.05	01:59:18.40	5:37	10.7

## VIII PÓŁMARATON GLIWICKI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
380	KULA RADOŚLAW	2348		HAŻLACH	POL	M-40	142	M 349	00:54:03	01:19:02	01:58:42.80	02:00:25.90	5:37	10.7
381	MOTULEWICZ JAKUB	2534		KRAKÓW	POL	M-20	26	M 350	00:55:07	01:20:40	01:58:43.35	02:00:09.15	5:37	10.7
382	ZYSK DARIUSZ	2608		KATOWICE	POL	M-40	143	M 351	00:52:51	01:17:33	01:58:49.90	01:59:21.60	5:37	10.7
383	GRABOŚ KAROLINA	2819		KATOWICE	POL	K-20	4	K 32	00:53:00	01:18:00	01:58:50.95	01:58:51.95	5:37	10.7
384	MEOSI ALESSANDRO	2320	ZŁOTA MARKA	GLIWICE	POL	M-20	27	M 352	00:50:42	01:16:00	01:59:04.15	01:59:51.55	5:38	10.6
385	MAZGAJSKA MONIKA	2616		GLIWICE	POL	K-30	14	K 33	00:53:18	01:18:42	01:59:04.25	02:00:12.35	5:38	10.6
386	UKLEJA MICHAŁ	2433		ZBROSKAWICE	POL	M-40	144	M 353	00:52:53	01:17:38	01:59:16.75	01:59:40.40	5:39	10.6
387	MAZGAJSKI MATEUSZ	2655		GLIWICE	POL	M-30	134	M 354	00:53:19	01:18:43	01:59:21.30	02:00:28.70	5:39	10.6
388	SIESZPOWSKI TOMASZ	2343		KOBYŁKA	POL	M-30	135	M 355	00:52:53	01:17:54	01:59:30.95	02:00:21.00	5:39	10.6
389	PĘDOWSKA BOŻENA	2391		GLIWICE	POL	K-50	3	K 34	00:55:13	01:20:30	01:59:31.15	02:01:16.05	5:39	10.6
390	SIDORSKI ROBERT	2062	STELLANTIS ACTIVE TEAM	GLIWICE	POL	M-40	145	M 356	00:52:54	01:17:55	01:59:35.30	01:59:52.90	5:40	10.6
391	ĆWIKŁA MICHAŁ	2323		FLUOR	POL	M-20	28	M 357	00:52:17	01:17:12	01:59:40.90	02:00:49.70	5:40	10.6
392	JOP GRZEGORZ	2764	MEDUZY	PANIÓWKI	POL	M-30	136	M 358	00:52:30	01:17:06	01:59:41.25	02:00:43.15	5:40	10.6
393	HERBUT KAROLINA	2810	DEVINITI	WROCŁAW	POL	K-30	15	K 35	00:54:48	01:19:48	01:59:41.70	02:00:40.20	5:40	10.6
394	KALAMARZ MARIUSZ	2306	CROSSFIT SILESIA	GLIWICE	POL	M-40	146	M 359	00:51:46	01:17:42	01:59:42.05	02:00:15.75	5:40	10.6
395	MALINOWSKI ADAM	2372		RYBNIK	POL	M-40	147	M 360	00:55:47	01:20:54	01:59:46.20	02:00:49.65	5:40	10.6
396	KOZIOŁEK OLIVER	2283	Ogień z dupy	BLOTNICA STRZELECKA	POL	M-20	29	M 361	00:53:08	01:17:47	01:59:48.05	02:00:51.65	5:40	10.6
397	KOCULA KRZYSZTOF	2079	PARKRUN KĘDZIERZYN-KOŹLE	KOBYLICE	POL	M-40	148	M 362	00:56:17	01:21:03	01:59:51.75	02:01:44.60	5:40	10.6
398	SZWEDA PIOTR	2270		KATOWICE	POL	M-30	137	M 363	00:55:22	01:20:17	01:59:54.30	02:00:50.90	5:40	10.6
399	STRZELCZYK GRAŻYNA	2168		GLIWICE	POL	K-40	14	K 36	00:53:29	01:18:56	01:59:59.80	02:00:03.80	5:41	10.6
400	ŁUKOMSKI TOMEK	2258		GLIWICE	POL	M-20	30	M 364	00:56:41	01:21:41	02:00:00.55	02:01:11.25	5:41	10.6
401	BOCZEK KRZYSZTOF	2178	PER ASPERA AD ASTRA	WODZISŁAW ŚLĄSKI	POL	M-50	41	M 365	00:53:32	01:18:32	02:00:00.60	02:00:57.00	5:41	10.6
402	WRÓBLEWSKA EWA	2049		GLIWICE	POL	K-50	4	K 37	00:52:21	01:17:44	02:00:06.05	02:00:19.15	5:41	10.5
403	SZEWczyk ŁUKASZ	2726	NGK RUNNIG TEAM	DĄBROWA GÓRNICZA	POL	M-30	138	M 366	00:53:50	01:19:10	02:00:06.65	02:01:40.00	5:41	10.5
404	MICHAŁAK GRZEGORZ	2671	TOTALNY AMATOR	ZABRZE	POL	M-50	42	M 367	00:54:16	01:19:20	02:00:07.20	02:01:04.25	5:41	10.5
405	STRZESAK PIOTR	2418	ZMĘCZENI NA STARCIE DOBIEGNIEW	DOBIEGNIEW	POL	M-60	8	M 368	00:54:30	01:19:30	02:00:08.25	02:02:22.00	5:41	10.5
406	CABAJ PAULINA	2463		DĄBROWA GÓRNICZA	POL	K-30	16	K 38	00:53:53	01:19:13	02:00:09.95	02:01:40.45	5:41	10.5
407	TOKARZ JOANNA	2162	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	K-30	17	K 39	00:55:11	01:20:39	02:00:16.25	02:01:34.60	5:41	10.5
408	BORYCZKA SZYMON	2771	BORUŠTEAM	MIEDZYRZECZE	POL	M-40	149	M 369	00:53:44	01:19:19	02:00:18.60	02:00:59.45	5:42	10.5
409	SZOŁTYSEK DENIS	2547	LEŚNA OSTROPA	GLIWICE	POL	M-30	139	M 370	00:57:02	01:22:30	02:00:22.05	02:01:39.40	5:42	10.5
410	MARCINIAK KRZYSZTOF	2156	KS PERELE CZKI	RACIBÓRZ	POL	M-30	140	M 371	00:53:21	01:18:07	02:00:30.40	02:00:56.50	5:42	10.5
411	WEGNER AGNIESZKA	2785	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	K-40	15	K 40	00:55:21	01:20:49	02:00:30.70	02:01:38.90	5:42	10.5
412	WÓJCIK JAKUB	2560	TRIDIVISION TRIATHLON TEAM	GLIWICE	POL	M-40	150	M 372	00:55:08	01:20:26	02:00:31.15	02:01:40.90	5:42	10.5
413	PELLE LASZŁO	2680		DĄBROWA GÓRNICZA	POL	M-50	43	M 373	00:53:27	01:18:28	02:00:33.85	02:01:24.60	5:42	10.5
414	KOCUR ROBERT	2341	PROMUS KATOWICE	TACISZÓW	POL	M-50	44	M 374	00:52:42	01:18:08	02:00:38.90	02:01:34.70	5:43	10.5
415	PÓŁTORAK KAMIL	2021		GLIWICE	POL	M-30	141	M 375	00:55:22	01:21:15	02:00:48.20	02:02:32.70	5:43	10.5
416	DANISZ MAŁGORZATA	2696	HURAGAN LIGOTA	MYSŁOWICE	POL	K-40	16	K 41	00:54:27	01:20:28	02:00:50.75	02:01:31.55	5:43	10.5
417	SPIECHOWICZ ANDRZEJ	2620		ZABRZE	POL	M-30	142	M 376	00:54:27	01:19:21	02:00:51.55	02:00:52.55	5:43	10.5
418	GANCARCZYK MACIEJ	2707	SZCOMPER GWK	BYTOM	POL	M-20	31	M 377	00:57:47	01:21:32	02:00:52.05	02:00:53.05	5:43	10.5
419	ZIMNY IRENEUSZ	2818	EKO-OKNA RUNNERS	RYBNIK	POL	M-40	151	M 378	00:55:20	01:20:39	02:00:57.05	02:01:29.55	5:43	10.5
420	KULPIŃSKI PAWEŁ	2614		RUDA ŚLĄSKA	POL	M-40	152	M 379	00:53:22	01:19:49	02:00:59.35	02:01:13.50	5:44	10.5
421	CIEŚLIK MACIEJ	2302		KRAKÓW	POL	M-40	153	M 380	00:55:37	01:20:58	02:01:01.25	02:02:11.45	5:44	10.5
422	MICHAŁEK GRZEGORZ	2588	GISZOWIEC BIEGA RAZEM	KATOWICE	POL	M-50	45	M 381	00:51:54	01:17:14	02:01:02.35	02:01:41.95	5:44	10.5
423	MAREK WIOLETTA	2697		GLIWICE	POL	K-30	18	K 42	00:55:20	01:20:56	02:01:04.05	02:02:02.75	5:44	10.5
424	GAWLIKOWSKA AGNIESZKA	2414		KATOWICE	POL	K-30	19	K 43	00:53:15	01:18:54	02:01:11.05	02:02:08.60	5:44	10.4
425	HEWIG MAREK	2690	ING TEAM	NOWE CHECHŁO	POL	M-40	154	M 382	00:54:14	01:19:43	02:01:14.45	02:02:19.60	5:44	10.4
426	GĘBCZYŃSKI PAWEŁ	2112	GO4IT	GLIWICE	POL	M-40	155	M 383	00:55:25	01:20:45	02:01:14.60	02:03:20.10	5:44	10.4
427	GÓRNY PIOTR	2083	ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	GLIWICE	POL	M-50	46	M 384	00:54:12	01:19:23	02:01:15.75	02:02:12.05	5:44	10.4
428	ERDMANN ROBERT	2393		GLIWICE	POL	M-30	143	M 385	00:55:36	01:20:50	02:01:18.25	02:02:26.75	5:44	10.4
429	GRUCHAŁSKI JAKUB	2505	ISTA BIEGAMY	CHORZÓW	POL	M-30	144	M 386	00:55:30	01:20:59	02:01:18.55	02:01:59.50	5:44	10.4
430	WARZECHA MARIUSZ	2329	ZEM ŁĄBĘDY SP. Z O.O.	PYSKOWICE	POL	M-40	156	M 387	00:53:34	01:18:08	02:01:21.70	02:01:22.70	5:45	10.4
431	HAŁUPKA PAWEŁ	2553	LEŚNA OSTROPA	GLIWICE	POL	M-30	145	M 388	00:57:03	01:22:31	02:01:22.25	02:02:38.40	5:45	10.4
432	LECIEJEWSKI MATEUSZ	2635	WITKOWSKI RUNNING TEAM	MÓRKOWO	POL	M-30	146	M 389	00:57:03	01:22:31	02:01:22.35	02:02:38.85	5:45	10.4
433	KWIATKOWSKA KATARZYNA	2413	ING	ŻERNICA	POL	K-50	5	K 44	00:53:55	01:20:02	02:01:23.90	02:01:37.35	5:45	10.4
434	OŚIŃSKI PAWEŁ	2008	KS M.E.T.A	GLIWICE	POL	M-40	157	M 390	00:54:52	01:21:26	02:01:25.25	02:03:04.30	5:45	10.4
435	ZAPART MARCIN	2641		PIEKARY ŚLĄSKIE	POL	M-30	147	M 391	00:55:00	01:20:13	02:01:28.55	02:02:06.85	5:45	10.4



## VIII PÓŁMARATON GLIWICKI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
436	SIKORA MICHAŁ	2273		GLIWICE	POL	M-40	158	M 392	00:52:13	01:17:16	02:01:31.70	02:02:18.80	5:45	10.4
437	POLKO ADAM	2546	POGORIA BIEGA	DĄBROWA GÓRNICZA	POL	M-40	159	M 393	00:58:52	01:23:44	02:01:33.95	02:02:45.40	5:45	10.4
438	WENGLORZ MARCIN	2093		CIESZYN	POL	M-30	148	M 394	00:55:40	01:21:11	02:01:35.45	02:03:02.20	5:45	10.4
439	KRÓLIKOWSKI ROBERT	2209		RYBNIK	POL	M-30	149	M 395	00:49:09	01:14:37	02:01:41.35	02:02:05.80	5:46	10.4
440	GAWRON KONRAD	2598		GLIWICE	POL	M-20	32	M 396	00:51:47	01:16:57	02:01:41.80	02:02:51.20	5:46	10.4
441	BOJARSKI MAREK	2709	WATRA	KATOWICE	POL	M-30	150	M 397	00:53:23	01:19:32	02:01:43.60	02:03:18.70	5:46	10.4
442	ŁAKOMSKI PAWEŁ	2281	BOJKÓW BIEGA	GLIWICE	POL	M-40	160	M 398	00:55:14	01:19:39	02:01:46.95	02:01:47.95	5:46	10.4
443	GRZYWOCZ TOMASZ	2451		KATOWICE	POL	M-20	33	M 399	00:52:27	01:17:16	02:01:47.35	02:02:03.95	5:46	10.4
444	POLANECKA MALWINA	2479		GLIWICE	POL	K-30	20	K 45	00:55:56	01:21:21	02:01:50.95	02:03:50.80	5:46	10.4
445	PRZESTALSKI KORNEŁ	2848	REAL ZALESIE	WROCŁAW	POL	M-40	161	M 400	00:54:41	01:20:09	02:01:55.15	02:03:51.40	5:46	10.4
446	NAWA WALDEMAR	2017	PARKRUN KĘDZIERZYN-KOŹLE	KĘDZIERZYN-KOŹLE (KŁODNICA)	POL	M-50	47	M 401	00:56:22	01:21:43	02:01:55.75	02:03:50.60	5:46	10.4
447	WLAZŁOWSKI RAFAŁ	2699		TARNOWSKIE GÓRY	POL	M-30	151	M 402	00:54:58	01:20:23	02:02:00.05	02:03:59.65	5:46	10.4
448	HOLYŃSKA-URBASIK KAROLINA	2478	RUN RYDUŁTOWY	RYDUŁTOWY	POL	K-30	21	K 46	00:54:15	01:19:45	02:02:02.95	02:02:39.65	5:47	10.4
449	BUJAŁSKI MICHAŁ	2755		GLIWICE	POL	M-30	152	M 403	00:55:29	01:22:05	02:02:09.30	02:02:56.15	5:47	10.4
450	ŻABICKI MARIUSZ	2623	TECHNOMEX	GLIWICE	POL	M-40	162	M 404	00:55:39	01:20:55	02:02:12.00	02:03:38.00	5:47	10.4
451	STANISZ MARCIN	2484	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	M-30	153	M 405	00:56:53	01:22:17	02:02:14.20	02:03:35.70	5:47	10.4
452	LEJA BARTOSZ	2516		GLIWICE	POL	M-30	154	M 406	00:54:24	01:20:14	02:02:15.60	02:03:14.00	5:47	10.4
453	WARCHOŁ PAWEŁ	2040	GLORIA RUN	CHRZANÓW	POL	M-30	155	M 407	00:56:11	01:21:09	02:02:20.00	02:03:07.60	5:47	10.3
454	KABAT RADOSŁAW	2708	INOWROCŁAW BIEGA	ŁÓDŹ	POL	M-20	34	M 408	00:55:12	01:21:17	02:02:29.30	02:04:06.90	5:48	10.3
455	POŻOGA PATRYK	2689		PSZCZYNA	POL	M-20	35	M 409	00:57:08	01:22:49	02:02:30.90	02:04:03.30	5:48	10.3
456	CADER WOJCIECH	2812	LATAJĄCY KLIMZOWIEC	CHORZÓW	POL	M-50	48	M 410	00:55:47	01:21:50	02:02:35.45	02:03:57.10	5:48	10.3
457	JANIK KAMIL	2580		ORNONTOWICE	POL	M-30	156	M 411	00:53:57	01:20:20	02:02:36.35	02:03:50.10	5:48	10.3
458	PIÓRKOWSKI TOMASZ	2280		GLIWICE	POL	M-40	163	M 412	00:55:16	01:21:08	02:02:40.25	02:03:30.85	5:48	10.3
459	KASZUBSKI ANDRZEJ	2269		ZABRZE	POL	M-40	164	M 413	00:52:43	01:18:42	02:02:43.00	02:03:33.95	5:48	10.3
460	CZAŚTKIEWICZ MARCIN	2002		GLIWICE	POL	M-30	157	M 414	00:53:12	01:18:13	02:02:45.40	02:03:24.85	5:49	10.3
461	UJMA MICHAŁ	2060	SII RUNNING TEAM	GLIWICE	POL	M-30	158	M 415	00:56:24	01:22:16	02:02:48.80	02:04:15.15	5:49	10.3
462	KUBIT BARTŁOMIEJ	2738		GLIWICE	POL	M-30	159	M 416	00:56:24	01:22:16	02:02:48.80	02:04:15.15	5:49	10.3
463	KOŁODZIEJ JACEK	2319	FLUOR	GLIWICE	POL	M-40	165	M 417	00:55:30	01:20:57	02:02:59.60	02:04:02.60	5:49	10.3
464	GŁADKOWSKA MAŁGORZATA	2229		GLIWICE	POL	K-30	22	K 47	00:54:47	01:20:57	02:03:02.95	02:05:00.20	5:49	10.3
465	KRAJEWSKI MICHAŁ	2769		GLIWICE	POL	M-40	166	M 418	00:53:21	01:18:33	02:03:03.40	02:04:06.10	5:49	10.3
466	BERESKA BARTEK	2701		GLIWICE	POL	M-30	160	M 419	00:55:01	01:21:02	02:03:05.90	02:04:30.90	5:50	10.3
467	PAWLIK ANETA	2523	STG GLIWICE	GLIWICE	POL	K-30	23	K 48	00:55:15	01:21:32	02:03:06.95	02:04:52.90	5:50	10.3
468	ZASUN MARCIN	2429		TARNOWSKIE GORY	POL	M-40	167	M 420	00:56:01	01:21:43	02:03:07.95	02:04:36.35	5:50	10.3
469	COJG JACEK	2757		RYDUŁTOWY	POL	M-40	168	M 421	00:55:28	01:20:23	02:03:10.60	02:03:54.75	5:50	10.3
470	COJG MATEUSZ	2421		RYBNIK	POL	M-20	36	M 422	00:55:28	01:20:22	02:03:10.70	02:03:55.05	5:50	10.3
471	OLEŚ-ZDECHLIK BEATA	2274	MIRAZ RACE TEAM	ŚWIĘTOCHŁOWICE	POL	K-30	24	K 49	00:53:47	01:19:42	02:03:11.70	02:04:18.25	5:50	10.3
472	- -	2825		GLIWICE	POL	K-20	5	K 50	00:57:05	01:22:43	02:03:22.25	02:05:07.75	5:50	10.3
473	WOLIŃSKI PIOTR	2074	JSB	KNURÓW	POL	M-40	169	M 423	00:55:33	01:21:42	02:03:27.40	02:04:42.70	5:51	10.3
474	PAŁUS BARTŁOMIEJ	2686		GLIWICE	POL	M-20	37	M 424	00:56:16	01:22:14	02:03:29.75	02:05:08.70	5:51	10.3
475	NEUMANN PIOTR	2360		GLIWICE	POL	M-30	161	M 425	00:56:25	01:21:55	02:03:30.60	02:04:37.55	5:51	10.3
476	BEŁŻEK BARTŁOMIEJ	2721		KOZY	POL	M-30	162	M 426	00:55:28	01:20:58	02:03:36.20	02:04:46.55	5:51	10.2
477	RYK ŁUKASZ	2793		MIKOŁÓW	POL	M-40	170	M 427	00:56:09	01:22:11	02:03:36.50	02:05:12.65	5:51	10.2
478	MĄDRZAK MONIKA	2838		GOŁUCHÓW	POL	K-20	6	K 51	00:56:27	01:22:13	02:03:38.90	02:04:51.90	5:51	10.2
479	BAK-CESARZ DAMIAN	2674		GLIWICE	POL	M-40	171	M 428	01:00:40	01:26:17	02:03:39.75	02:05:29.85	5:51	10.2
480	BRZOZOWSKA KATARZYNA	2542		KNURÓW	POL	K-40	17	K 52	00:57:06	01:22:57	02:03:41.95	02:04:46.50	5:51	10.2
481	BONISCH SZYMON	2826		WALCE	POL	M-30	163	M 429	00:54:01	01:19:41	02:03:46.20	02:03:47.20	5:51	10.2
482	KACZOR RAFAŁ	2461	PKO BANK POLSKI	SOSNOWIEC	POL	M-40	172	M 430	00:56:26	01:22:09	02:03:48.55	02:05:07.45	5:52	10.2
483	BUCZYŃSKI RADOSŁAW	2594	PACEMAKER	GLIWICE	POL	M-30	164	M 431	00:56:42	01:22:25	02:03:54.45	02:04:55.95	5:52	10.2
484	GOMOLA ZBIGNIEW	2578	ŁAMIGNATY	RUDA ŚLĄSKA	POL	M-50	49	M 432	00:58:20	01:23:36	02:03:55.30	02:05:45.80	5:52	10.2
485	ZARZYCKI ROBERT	2850		GLIWICE	POL	M-30	165	M 433	00:50:43	01:15:47	02:03:59.30	02:04:00.30	5:52	10.2
486	PIŁAT JAROSŁAW	2593	PACEMAKER	RUDA ŚLĄSKA	POL	M-40	173	M 434	00:57:07	01:22:55	02:04:09.95	02:05:13.55	5:53	10.2
487	STĘPIEŃ WOJCIECH	2589	PACEMAKER	GLIWICE	POL	M-40	174	M 435	00:56:53	01:22:44	02:04:12.50	02:05:13.55	5:53	10.2
488	ŚLIWIŃSKA ALICJA	2333		PYSKOWICE	POL	K-40	18	K 53	00:56:13	01:22:25	02:04:17.50	02:04:47.90	5:53	10.2
489	KRZYSZKOWSKA AGNIESZKA	2487	DRUŻYNA ING	GLIWICE	POL	K-40	19	K 54	00:54:48	01:21:33	02:04:20.45	02:04:34.25	5:53	10.2
490	GABOR ROBERT	2063		CHORZÓW	POL	M-30	166	M 436	00:55:11	01:21:27	02:04:20.85	02:05:41.10	5:53	10.2
491	POSMYK PRZEMYSŁAW	2456		CZĘSTOCHOWA	POL	M-40	175	M 437	00:56:39	01:22:43	02:04:21.05	02:05:24.65	5:53	10.2
492	ZYGMAŃSKI PIOTR	2108		GLIWICE	POL	M-40	176	M 438	00:54:31	01:21:09	02:04:25.45	02:04:26.45	5:53	10.2

**VIII PÓŁMARATON GLIWICKI, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
493	GAJEWSKI JACEK	2530	KURCZAK I AGATKA	GLIWICE	POL	M-50	50	M 439	00:56:55	01:23:08	02:04:25.60	02:05:05.20	5:53	10.2
494	BUFNAL KRZYSZTOF	2155		GLIWICE	POL	M-40	177	M 440	00:58:19	01:23:53	02:04:30.70	02:06:07.35	5:54	10.2
495	PIEKARCZYK KATARZYNA	2245		ŁAZISKA GÓRNE	POL	K-20	7	K 55	00:56:31	01:22:22	02:04:31.85	02:05:12.20	5:54	10.2
496	SZCZEPANIAK KAMIL	2206	BIEGAJ Z NAMI NA STADIONIE ŚLĄSKIM	ŚWIĘTOCHŁOWICE	POL	M-20	38	M 441	00:52:47	01:18:21	02:04:34.30	02:05:17.25	5:54	10.2
497	MATULICZ DAMIAN	2486		GLIWICE	POL	M-40	178	M 442	00:53:06	01:19:38	02:04:37.65	02:05:32.90	5:54	10.2
498	RAJTOR KLAUDIUSZ	2624		GLIWICE	POL	M-60	9	M 443	00:57:01	01:23:01	02:04:44.80	02:05:49.45	5:54	10.1
499	MAŁECKI JACEK	2466		ŚWIĘTOCHŁOWICE	POL	M-50	51	M 444	00:53:34	01:20:03	02:04:46.40	02:05:11.75	5:54	10.1
500	ROSIŃSKA KATARZYNA	2107	BANDA Z POŁODNIA	ZABRZE	POL	K-40	20	K 56	00:57:25	01:23:32	02:04:50.20	02:05:24.45	5:54	10.1
501	KACZYŃSKI MAREK	2254	MOSTOSTAL ZABRZE UNITED	RYBNIK	POL	M-30	167	M 445	00:56:39	01:22:39	02:04:50.30	02:06:26.95	5:54	10.1
502	SKRODZKI MICHAŁ	2668	REMONDIS	TARNOWSKIE GÓRY	POL	M-30	168	M 446	00:53:02	01:18:33	02:04:52.45	02:05:52.10	5:55	10.1
503	STANEK KAROLINA	2047		PIŃCZÓW	POL	K-30	25	K 57	00:56:36	01:22:57	02:04:54.75	02:06:00.50	5:55	10.1
504	URBAŃSKI ADAM	2512		CZARKÓW	POL	M-50	52	M 447	00:57:37	01:23:21	02:05:07.75	02:05:16.30	5:55	10.1
505	MAJEWSKA GIZELA	2540	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	K-50	6	K 58	00:56:00	01:22:36	02:05:15.20	02:07:08.35	5:56	10.1
506	POLAK SYLWIA	2006		GLIWICE	POL	K-20	8	K 59	00:56:43	01:23:00	02:05:16.30	02:06:20.00	5:56	10.1
507	KACZYŃSKI MICHAŁ	2743		RADZIONKÓW	POL	M-30	169	M 448	00:55:57	01:21:56	02:05:27.30	02:06:50.20	5:56	10.1
508	KEMPKIEWICZ BRYGIDA	2613		GLIWICE	POL	K-40	21	K 60	00:57:00	01:23:17	02:05:32.75	02:05:33.75	5:56	10.1
509	SROCZYŃSKA ANNA	2182		GLIWICE	POL	K-40	22	K 61	00:57:38	01:24:19	02:05:33.20	02:07:24.80	5:57	10.1
510	NOWOMIEJSKI SYLWESTER	2424	AMATOR	JASTRZĘBIE - ZDRÓJ	POL	M-50	53	M 449	00:55:09	01:21:52	02:05:40.00	02:05:52.10	5:57	10.1
511	GOŁĘBIEWSKI KAZIMIERZ	2004	KEMPER TEAM	GLIWICE	POL	M-40	179	M 450	00:54:14	01:21:36	02:05:42.75	02:05:56.25	5:57	10.1
512	MIKOŁAJCZYK MARCIN	2507	PKO BANK POLSKI	TYCHY	POL	M-40	180	M 451	00:55:52	01:22:21	02:05:45.05	02:07:55.00	5:57	10.1
513	JACZEWSKI ARKADIUSZ	2353		ZABRZE	POL	M-40	181	M 452	00:56:43	01:22:44	02:05:55.60	02:06:56.60	5:58	10.1
514	BIENIEK KEWIN	2301		GLIWICE	POL	M-20	39	M 453	00:53:58	01:20:54	02:06:01.95	02:07:14.40	5:58	10
515	BRZUSKA GRZEGORZ	2346		OPOLE	POL	M-30	170	M 454	00:52:31	01:19:05	02:06:15.65	02:07:09.15	5:59	10
516	TOSZEK SEBASTIAN	2377		RYBNIK	POL	M-20	40	M 455	00:56:50	01:23:05	02:06:16.05	02:07:10.05	5:59	10
517	KOZIÓŁ PIOTR	2072		CZEKANÓW	POL	M-40	182	M 456	00:56:06	01:22:00	02:06:33.05	02:07:36.55	5:59	10
518	MICHAŁSKI ANDRZEJ	2342		RADZYMIN	POL	M-30	171	M 457	00:57:18	01:24:06	02:06:35.20	02:07:26.15	5:59	10
519	WASIEWICZ MICHAŁ	2747		CHORZÓW	POL	M-30	172	M 458	00:57:16	01:23:42	02:06:43.70	02:08:41.25	6:00	10
520	KOWALCZYK TOMASZ	2234	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-40	183	M 459	00:55:31	01:21:31	02:06:53.00	02:08:40.95	6:00	10
521	ŁOBEJKO ADAM	2520		WROCŁAW	POL	M-30	173	M 460	00:55:30	01:21:30	02:06:59.55	02:07:46.65	6:01	10
522	OCHMAN KLAUDIA	2550		TARNOWSKIE GÓRY	POL	K-20	9	K 62	00:55:30	01:21:30	02:07:01.55	02:07:48.15	6:01	10
523	KOJ JAKUB	2752	MATYLDA TEAM	GLIWICE	POL	M-30	174	M 461	00:55:28	01:22:04	02:07:02.95	02:07:50.45	6:01	10
524	KARWOT LESZEK	2335		RYBNIK	POL	M-40	184	M 462	00:57:55	01:24:50	02:07:06.10	02:08:25.90	6:01	10
525	GAȦTARSKI KRZYSZTOF	2781		RZESZÓW	POL	M-30	175	M 463	00:56:57	01:22:54	02:07:07.25	02:08:40.60	6:01	10
526	ANTCZAK KRZYSZTOF	2436		BYTOM	POL	M-40	185	M 464	00:56:59	01:23:49	02:07:09.80	02:08:46.75	6:01	10
527	FAJKOWSKI PATRYK	2327	FLUOR	KATOWICE	POL	M-30	176	M 465	00:54:58	01:21:42	02:07:12.95	02:08:54.65	6:01	10
528	WANIEK ZBIGNIEW	2231	THE WANIEKS	GLIWICE	POL	M-40	186	M 466	00:56:34	01:22:50	02:07:21.35	02:07:34.00	6:02	9.9
529	WÓJCIK RAFAŁ	2397		GLIWICE	POL	M-40	187	M 467	00:56:54	01:24:06	02:07:24.70	02:08:16.40	6:02	9.9
530	DURAK LUKASZ	2025		GLIWICE	POL	M-40	188	M 468	00:56:45	01:22:55	02:07:35.10	02:08:42.50	6:02	9.9
531	KULCZYK ADAM	2600	SAINT GOBAIN SWISSPACER	ZABRZE	POL	M-40	189	M 469	00:56:28	01:22:53	02:07:37.40	02:08:17.65	6:02	9.9
532	MORAWSKI SZYMON	2579		ZABRZE	POL	M-30	177	M 470		01:24:34	02:07:38.40	02:08:03.30	6:02	9.9
533	NOWICKA KAROLINA	2328	FLUOR	GLIWICE	POL	K-30	26	K 63	00:57:04	01:23:10	02:07:40.65	02:08:49.90	6:03	9.9
534	MATUSZNY BARBARA	2097		GLIWICE	POL	K-50	7	K 64	00:54:26	01:21:50	02:07:41.60	02:07:54.70	6:03	9.9
535	KUZMYŃSKA KATE	2321	ZŁOTA MARKA	GLIWICE	POL	K-30	27	K 65	00:56:49	01:23:11	02:07:46.05	02:08:32.70	6:03	9.9
536	SZWARCZYŃSKI JAKUB	2561		GLIWICE	POL	M-30	178	M 471	00:57:25	01:23:55	02:07:51.85	02:09:41.85	6:03	9.9
537	GOŁKOWSKI RADOŚLAW	2780		ZAWIERCIE	POL	M-30	179	M 472	00:56:14	01:23:40	02:08:05.05	02:09:02.95	6:04	9.9
538	KOWALEWSKI KRZYSZTOF	2184	WIECZORNE BIEGANIE W OPOLU	OPOLE	POL	M-30	180	M 473	00:54:14	01:21:38	02:08:26.00	02:09:26.60	6:05	9.9
539	BUKOWSKA MAGDALENA	2091		GLIWICE	POL	K-30	28	K 66	01:00:07	01:26:54	02:08:28.80	02:10:07.10	6:05	9.9
540	ŚRUTWA ZBIGNIEW	2090		KATOWICE	POL	M-50	54	M 474	00:57:52	01:24:23	02:08:43.30	02:09:15.45	6:06	9.8
541	LACHOWICZ IZABELA	2568	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	RYBNIK	POL	K-30	29	K 67	00:56:22	01:23:55	02:08:52.65	02:09:29.10	6:06	9.8
542	GABRUŚ IWONA	2386	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	CZERWIONKA	POL	K-50	8	K 68	00:56:23	01:23:55	02:08:53.25	02:09:29.10	6:06	9.8
543	MICHOŃ MACIEJ	2664	-	GLIWICE	POL	M-20	41	M 475	00:58:10	01:24:32	02:08:56.85	02:09:47.90	6:06	9.8
544	GRUSZCZYŃSKI BOGUSŁAW	2256		GLIWICE	POL	M-60	10	M 476	00:57:23	01:23:53	02:09:00.35	02:09:01.35	6:06	9.8
545	MALINIECKI DANIEL	2688	NIE LUBIĘ BIEGAĆ	BYTOM	POL	M-50	55	M 477	00:59:13	01:26:42	02:09:14.20	02:09:55.50	6:07	9.8
546	CIMPRICHOVÁ JANA	2459	ŠENOV	ŠENOV	CZE	K-40	23	K 69	00:57:09	01:24:11	02:09:15.00	02:10:42.65	6:07	9.8

## VIII PÓŁMARATON GLIWICKI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
547	BOHN MARIUSZ	2506	PIEKARY ŚLĄSKIE	PIEKARY ŚLĄSKIE	POL	M-50	56	M 478	00:55:00	01:21:48	02:09:31.80	02:10:27.80	6:08	9.8
548	BAK KATARZYNA	2779		CZESTOCHOWA	POL	K-40	24	K 70	00:57:31	01:24:15	02:09:49.55	02:09:59.15	6:09	9.8
549	GÓRECKI JANUSZ	2109		GLIWICE	POL	M-50	57	M 479	00:56:53	01:24:24	02:09:59.75	02:11:20.80	6:09	9.7
550	MRZYGŁÓD ROBERT	2057		KATOWICE	POL	M-30	181	M 480	00:57:22	01:24:22	02:10:07.40	02:11:44.65	6:10	9.7
551	SZUBA CZESŁAW	2628		RYBNIK	POL	M-60	11	M 481	00:58:59	01:26:35	02:10:07.80	02:11:41.70	6:10	9.7
552	KOWALIK KAROLINA	2403		PANIÓWKI	POL	K-30	30	K 71	00:57:27	01:24:32	02:10:10.25	02:10:26.20	6:10	9.7
553	TOMSIA ŁUKASZ	2679		OLKUSZ	POL	M-40	190	M 482	00:57:27	01:24:33	02:10:11.10	02:10:26.25	6:10	9.7
554	PIEKARCZYK DAWID	2125		DĄBROWA GÓRNICZA	POL	M-30	182	M 483	00:55:39	01:22:36	02:10:12.25	02:10:53.40	6:10	9.7
555	STAWSKA JOANNA	2265	BIEGAJ Z TRENERAMI	GLIWICE	POL	K-50	9	K 72	00:59:29	01:26:59	02:10:15.35	02:11:23.90	6:10	9.7
556	SOKOŁOWSKI KRZYSZTOF	2138		ZABRZE	POL	M-30	183	M 484	00:56:58	01:22:51	02:10:15.40	02:11:29.10	6:10	9.7
557	KLIKS KAZIMIERZ	2189		ZABRZE	POL	M-60	12	M 485	00:56:40	01:24:44	02:10:38.05	02:11:51.20	6:11	9.7
558	SKĘCZEK ARKADIUSZ	2061	POWOLI DO CELU	GILOWICE	POL	M-40	191	M 486	00:56:19	01:24:39	02:10:41.70	02:11:21.90	6:11	9.7
559	MICHAŁSKI MAREK	2261		GLIWICE	POL	M-40	192	M 487	00:56:21	01:24:40	02:10:42.80	02:11:22.30	6:11	9.7
560	PALIK JAKUB	2359		RUDA ŚLĄSKA	POL	M-30	184	M 488	00:58:23	01:25:23	02:10:49.80	02:12:33.25	6:11	9.7
561	MYRCIK BERNARD	2186		TARNOWSKIE GÓRY	POL	M-50	58	M 489	00:56:01	01:23:56	02:10:51.00	02:12:39.15	6:12	9.7
562	WAŻNY WOJCIECH	2412	ING TEAM	TARNOWSKIE GÓRY	POL	M-40	193	M 490	00:57:52	01:25:34	02:10:54.10	02:12:00.85	6:12	9.7
563	FLISIAK JAKUB	2533	PKO BANK POLSKI	TYCHY	POL	M-30	185	M 491	00:55:54	01:24:40	02:10:59.40	02:13:10.60	6:12	9.7
564	SOBANIA RAFAŁ	2508		TWORÓG	POL	M-40	194	M 492	00:55:47	01:22:59	02:11:10.00	02:12:38.05	6:12	9.7
565	WILCZEK MAŁGORZATA	2279		GLIWICE	POL	K-30	31	K 73	01:00:40	01:28:05	02:11:10.75	02:11:11.75	6:12	9.7
566	SZYMAŃSKA MAGDALENA	2791	MIRAZ RAZE TEAM	RUDA ŚLĄSKA	POL	K-30	32	K 74	00:59:35	01:27:33	02:11:14.50	02:12:10.95	6:13	9.6
567	URBAN-MISZTAŁSKA ALEKSANDRA	2037	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	CZELADŹ	POL	K-40	25	K 75	00:56:10	01:23:49	02:11:26.20	02:13:00.45	6:13	9.6
568	KULCZYK ANNA	2480		ZABRZE	POL	K-40	26	K 76	00:58:02	01:25:37	02:11:28.30	02:12:10.00	6:13	9.6
569	LEPIARCZYK ANNA	2275	MOSTOSTAL ZABRZE UNITED	GLIWICE	POL	K-30	33	K 77	00:57:49	01:24:34	02:11:33.00	02:11:34.00	6:14	9.6
570	PIKOŃ KRZYSZTOF	2821		GLIWICE	POL	M-50	59	M 493	00:52:50	01:18:55	02:11:43.50	02:13:09.45	6:14	9.6
571	POMORSKI PRZEMYSŁAW	2260		GLIWICE	POL	M-40	195	M 494	01:00:55	01:26:37	02:11:45.40	02:12:11.90	6:14	9.6
572	WOJTOWICZ KAROLINA	2419	MADIZAR SISTERS	GLIWICE	POL	K-40	27	K 78	00:57:27	01:25:22	02:11:46.40	02:12:53.85	6:14	9.6
573	CIEŚLA ARKADIUSZ	2722	BIEGAMY Z SERCEM	KATOWICE	POL	M-40	196	M 495	00:56:55	01:24:05	02:11:46.60	02:12:54.40	6:14	9.6
574	LENCZYK MARIUSZ	2749		GLIWICE	POL	M-20	42	M 496	00:55:22	01:23:14	02:11:58.50	02:14:05.90	6:15	9.6
575	GAWĘŁ ARTUR	2501	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-30	186	M 497	00:56:30	01:23:19	02:11:59.90	02:13:21.30	6:15	9.6
576	SKOWROŃSKI MICHAŁ	2330	AKADEMICKI KLUB TURYSTYCZNY WATRA	KATOWICE	POL	M-20	43	M 498	00:58:35	01:25:53	02:12:02.15	02:13:32.65	6:15	9.6
577	PODOLAK ALFRED	2290		PYSKOWICE	POL	M-60	13	M 499	01:00:13	01:28:22	02:12:04.20	02:13:22.55	6:15	9.6
578	WOJTUKIEWICZ KAMILA	2135		GLIWICE	POL	K-30	34	K 79	01:01:35	01:29:19	02:12:09.20	02:14:22.20	6:15	9.6
579	JANIEC WITOLD	2522		ZWONOWICE	POL	M-50	60	M 500	00:54:16	01:23:26	02:12:17.90	02:12:40.30	6:16	9.6
580	DITTMANN ROBERT	2122		CHORZÓW	POL	M-20	44	M 501	00:59:42	01:28:36	02:12:20.90	02:13:59.45	6:16	9.6
581	CHOJKOWSKI MICHAŁ	2249		MYSŁOWICE	POL	M-40	197	M 502	00:59:26	01:27:12	02:12:25.15	02:13:45.25	6:16	9.6
582	PODOLSKI BARTŁOMIEJ	2364	SPARTAN TEAM	TARNOWSKIE GÓRY	POL	M-40	198	M 503	00:56:48	01:25:41	02:12:41.75	02:14:16.75	6:17	9.5
583	WANIEK SARA	2756		TARNOWSKIE GÓRY	POL	K-30	35	K 80	00:59:39	01:28:12	02:12:45.20	02:13:53.70	6:17	9.5
584	BIERNAT TOMISŁAW	2449	TS RUNNERS	CHORZÓW	POL	M-20	45	M 504	00:58:25	01:25:36	02:12:48.85	02:14:09.35	6:17	9.5
585	KOBA STASIAK URSZULA	2490	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	K-30	36	K 81	00:58:35	01:26:49	02:13:12.15	02:14:34.70	6:18	9.5
586	PRACKA DANUTA	2159		MIASTECZKO ŚLĄSKIE	POL	K-30	37	K 82	00:56:45	01:25:17	02:13:16.35	02:14:40.20	6:18	9.5
587	GUMUŁKA JOANNA	2491	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	K-30	38	K 83	00:56:27	01:23:16	02:13:16.80	02:14:34.80	6:18	9.5
588	JOCHER MARCIN	2187		PRUDNIK	POL	M-30	187	M 505	01:02:23	01:30:47	02:13:27.00	02:15:11.65	6:19	9.5
589	WOJTKOWIAK PIOTR	2566		OPOLE	POL	M-40	199	M 506	00:58:32	01:26:00	02:13:30.10	02:15:34.95	6:19	9.5
590	PEPLIŃSKI JAKUB	2474	KB ORŁY Z KNUROWA	KNURÓW	POL	M-30	188	M 507	01:01:48	01:29:33	02:13:31.30	02:15:33.95	6:19	9.5
591	PAWŁUSZEK AGNIESZKA	2285	TUR-BORÓWKA	KNURÓW	POL	K-40	28	K 84	00:59:27	01:28:33	02:13:37.05	02:15:38.85	6:19	9.5
592	KOZAK JAKUB	2509		WARSZAWA	POL	M-40	200	M 508	01:02:12	01:30:21	02:13:42.45	02:14:50.25	6:20	9.5
593	KOWALCZYK ANNA	2296		ZABRZE	POL	K-40	29	K 85	01:02:29	01:30:12	02:13:45.20	02:15:02.40	6:20	9.5
594	BUSZKA TOMASZ	2094		KATOWICE	POL	M-50	61	M 509	00:59:36	01:26:42	02:13:52.50	02:15:46.60	6:20	9.5
595	KOSNO ŁUKASZ	2026		GLIWICE	POL	M-30	189	M 510	00:59:14	01:26:49	02:13:54.80	02:15:15.40	6:20	9.5
596	NIEMIEC SŁAWEK	2102	INTERGRAFIK.PL	GLIWICE	POL	M-40	201	M 511	00:55:56	01:23:26	02:14:03.15	02:16:12.20	6:21	9.4
597	CZERNEK MAREK	2444	BIEGAJ Z TRENERAMI	GLIWICE	POL	M-50	62	M 512	00:56:51	01:23:59	02:14:03.40	02:14:53.10	6:21	9.4
598	FRUK KAMIL	2089	TEAMPIEROŹKI	GLIWICE, POW. GLIWIC	POL	M-30	190	M 513	01:03:00	01:30:43	02:14:14.05	02:14:52.75	6:21	9.4
599	FRUK NATALIA	2012	NAJKI POLONIA BYTOM	GLIWICE	POL	K-30	39	K 86	01:03:01	01:30:45	02:14:15.50	02:14:53.15	6:21	9.4
600	JESIONOWSKI MARCIN	2222		WARSZAWA	POL	M-40	202	M 514	01:02:29	01:30:10	02:14:24.50	02:15:41.45	6:22	9.4
601	KIERA SZYMON	2398	TS RUNNERS	CHORZÓW	POL	M-40	203	M 515	00:58:07	01:26:23	02:14:26.70	02:15:45.60	6:22	9.4
602	ŁAZOWSKI MARIUSZ	2408	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	M-40	204	M 516	00:59:17	01:27:56	02:14:37.15	02:16:11.35	6:22	9.4

## VIII PÓŁMARATON GLIWICKI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
603	PODSTUFKA SZYMON	2345		GLIWICE	POL	M-30	191	M 517	00:57:17	01:24:23	02:14:38.35	02:15:08.90	6:22	9.4
604	KREMPA SŁAWOMIR	2834		BYTOM	POL	M-30	192	M 518	00:55:57	01:24:24	02:14:41.85	02:16:13.30	6:22	9.4
605	ZŁOTOŚ MARIUSZ	2316	BIEG Z CHRYSOTUSEM!	ŚWIĘTOCHŁOWICE	POL	M-50	63	M 519	01:02:23	01:30:58	02:14:51.75	02:16:53.15	6:23	9.4
606	STACHOWSKI GRZEGORZ	2835	ATOMOWY TEAM GOŁUCHÓW	GOŁUCHÓW	POL	M-20	46	M 520	00:56:27	01:24:23	02:14:55.10	02:16:07.60	6:23	9.4
607	GRZYWOCZ DANIEL	2376		KATOWICE	POL	M-20	47	M 521	00:57:47	01:26:12	02:14:55.15	02:15:09.95	6:23	9.4
608	PAWLICZEK SZYMON	2495		GLIWICE	POL	M-20	48	M 522	01:02:36	01:29:57	02:15:03.50	02:17:04.80	6:24	9.4
609	MACZUGA BARTŁOIMEJ	2705	PACEMAKER	GLIWICE	POL	M-30	193	M 523	01:02:29	01:30:14	02:15:08.60	02:16:24.75	6:24	9.4
610	GAICKI DAWID	2322	FLUOR	CHORZÓW	POL	M-20	49	M 524	00:55:28	01:23:11	02:15:14.55	02:16:08.20	6:24	9.4
611	CHROSTOWSKI MATEUSZ	2526		ŁÓDŹ	POL	M-40	205	M 525	00:58:04	01:26:31	02:15:15.30	02:16:00.10	6:24	9.4
612	ZAMYŚŁOWSKA MARZENA	2685		RUDA ŚLĄSKA	POL	K-40	30	K 87	00:59:35	01:27:34	02:15:26.90	02:16:22.30	6:25	9.3
613	GRYGIEREK JAROSŁAW	2380		JASTRZĘBIE-ZDRÓJ	POL	M-30	194	M 526	00:54:19	01:22:47	02:15:32.50	02:16:15.75	6:25	9.3
614	HALSZKA JOANNA	2650		SYRYNIA	POL	K-40	31	K 88	01:01:05	01:29:18	02:15:35.85	02:16:59.05	6:25	9.3
615	ZEMŁA PIOTR	2462		GLIWICE	POL	M-50	64	M 527	01:00:49	01:29:09	02:15:48.60	02:17:15.30	6:26	9.3
616	KWAPIEŃ PAWEŁ	2827		GLIWICE	POL	M-40	206	M 528	01:00:40	01:29:10	02:15:49.05	02:17:36.70	6:26	9.3
617	SELIGA PAWEŁ	2475	BIEGAJ Z TRENERAMI GLIWICE	GLIWICE	POL	M-40	207	M 529	00:58:25	01:26:48	02:15:49.80	02:17:35.80	6:26	9.3
618	SKRĘT KAMIL	2121		BOGUCHWAŁOWICE	POL	M-20	50	M 530	00:57:30	01:25:26	02:15:50.15	02:15:51.15	6:26	9.3
619	ZAWISZA DOMINIKA	2410		KNURÓW	POL	K-30	40	K 89	01:00:36	01:29:20	02:15:59.55	02:17:39.15	6:26	9.3
620	MANKO EMILIA	2531		GLIWICE	POL	K-20	10	K 90	01:02:07	01:30:11	02:16:06.15	02:17:51.65	6:27	9.3
621	DANIELSKI PATRYK	2272		GLIWICE	POL	M-30	195	M 531	01:02:08	01:30:11	02:16:06.70	02:17:52.00	6:27	9.3
622	NICIŃSKI DARIUSZ	2539	BIEG Z CHRYSOTUSEM	RUDA ŚLĄSKA	POL	M-50	65	M 532	01:02:22	01:31:01	02:16:09.15	02:18:11.45	6:27	9.3
623	LUBICKI WOJCIECH	2172	DWÓJKA BEZ SERNIKA	ZABRZE	POL	M-50	66	M 533	00:57:03	01:25:29	02:16:10.30	02:17:14.30	6:27	9.3
624	CIUMAN PIOTR	2763	PHD RUNNERS	GLIWICE	POL	M-30	196	M 534	01:00:59	01:28:38	02:16:14.95	02:17:26.25	6:27	9.3
625	JURETKO AGATA	2477		ŚWIĘTOCHŁOWICE	POL	K-20	11	K 91	00:58:24	01:27:50	02:16:19.55	02:17:43.10	6:27	9.3
626	ŁATAK - SKRABUT BASIA	2603	PACEMAKER	GLIWICE	POL	K-40	32	K 92	01:03:44	01:31:26	02:16:24.80	02:16:25.80	6:27	9.3
627	LEWANDOWSKI HENRYK	2084		GLIWICE	POL	M-40	208	M 535	00:58:06	01:28:36	02:16:35.35	02:17:38.10	6:28	9.3
628	GÓRECKA WERONIKA	2604		GLIWICE	POL	K-20	12	K 93	01:01:00	01:29:38	02:16:36.15	02:17:59.30	6:28	9.3
629	FORYS PIOTR	2073	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	M-40	209	M 536	00:58:04	01:27:40	02:16:49.10	02:18:24.90	6:29	9.3
630	CETERA KAMILA	2241	BIEGAJ Z TRENERAMI	GLIWICE	POL	K-40	33	K 94	01:02:30	01:30:27	02:17:12.15	02:18:27.40	6:30	9.2
631	JASIŃSKI KRZYSZTOF	2044	RUNAWAYS	BOJSZOWY NOWE	POL	M-40	210	M 537	01:01:24	01:30:08	02:17:16.85	02:18:41.85	6:30	9.2
632	STYPULKOWSKI DARIUSZ	2432		BIERUŃ	POL	M-40	211	M 538	01:01:26	01:30:12	02:17:19.55	02:18:42.10	6:30	9.2
633	PARTYKA AGATA	2313	RUNAWAYS	MIĘDZYRZECZE	POL	K-40	34	K 95	01:01:27	01:30:12	02:17:20.15	02:18:42.10	6:30	9.2
634	GERYCKI ŁUKASZ	2271	RUNAWAYS	BIERUŃ	POL	M-30	197	M 539	01:01:28	01:30:13	02:17:20.75	02:18:42.40	6:30	9.2
635	BATEJKO BEATA	2369	SPORT WSPIERAMY NAUKOWO	CHORZÓW	POL	K-50	10	K 96	01:01:23	01:30:32	02:17:23.50	02:18:55.05	6:30	9.2
636	MARSZAŁEK DOMINIK	2171		ŻARKI	POL	M-20	51	M 540	00:57:38	01:25:17	02:17:36.00	02:18:57.80	6:31	9.2
637	SZOBLIK DAREK	2098	SZOBLIK AUTO SERWIS	CHORZÓW	POL	M-40	212	M 541	00:57:52	01:27:17	02:17:38.40	02:18:37.20	6:31	9.2
638	OSTROWSKI ZYGMUNT	2076		TYCHY	POL	M-60	14	M 542	01:02:11	01:31:50	02:17:38.50	02:18:42.80	6:31	9.2
639	DEBERNY DAWID	2745		GLIWICE	POL	M-30	198	M 543	01:00:34	01:29:10	02:17:40.10	02:19:22.05	6:31	9.2
640	BRESKE DAGMARA	2440		SOSNOWIEC	POL	K-40	35	K 97	01:02:48	01:31:36	02:17:54.50	02:19:16.30	6:32	9.2
641	DZIEWIĘCKI JACEK	2363		OBICE	POL	M-40	213	M 544	00:57:56	01:27:03	02:17:56.65	02:17:57.65	6:32	9.2
642	MARKOWSKA SYLWIA	2143		GLIWICE	POL	K-30	41	K 98	01:01:40	01:30:42	02:18:04.35	02:19:30.95	6:32	9.2
643	MAJOS KAROLINA	2767		DĄBROWA GÓRNICZA	POL	K-30	42	K 99	01:03:23	01:31:30	02:18:05.85	02:18:06.85	6:32	9.2
644	WOJCIECH DROBNIK	2005		3	POL	M-30	199	M 545	01:01:55	01:30:49	02:18:09.60	02:20:02.45	6:32	9.2
645	STRONCZYŃSKI ANDRZEJ	2334	WATRA	RUDA KOZIĘLSKA	POL	M-30	200	M 546	00:56:12	01:22:41	02:18:10.20	02:19:41.45	6:32	9.2
646	PALMOWSKA AGNIESZKA	2075	PHD RUNNERS	GLIWICE	POL	K-30	43	K 100	01:01:23	01:30:21	02:18:16.10	02:19:24.40	6:33	9.2
647	RUBINSKA MAŁGORZATA	2677		GLIWICE	POL	K-50	11	K 101	01:06:14		02:18:44.35	02:20:11.50	6:34	9.1
648	GRABARA ADAM	2133		KATOWICE	POL	M-40	214	M 547	01:03:47	01:32:59	02:18:56.00	02:20:43.70	6:35	9.1
649	KUBICA-BADORA ROZALIA	2139		GLIWICE	POL	K-30	44	K 102	01:01:53	01:31:09	02:19:21.15	02:19:22.15	6:36	9.1
650	OGRODZKI KRZYSZTOF	2266	BIEGOWA BRENNA	BRENNA	POL	M-30	201	M 548	00:56:53	01:27:24	02:19:23.10	02:20:25.05	6:36	9.1
651	KRAWCZYŃSKI MIROSŁAW	2278	GÓRNA13	GLIWICE	POL	M-40	215	M 549	01:01:36	01:30:48	02:19:27.60	02:21:29.30	6:36	9.1
652	MARKOWSKI KAMIL	2146		GLIWICE	POL	M-40	216	M 550	01:03:05	01:32:08	02:19:30.30	02:19:31.30	6:36	9.1
653	DEMBOWSKA BOŻENA	2569		BOGUCHWAŁOWICE	POL	K-40	36	K 103	01:01:05	01:30:39	02:19:42.45	02:20:52.90	6:37	9.1
654	ZACHARA MICHAŁ	2225		GLIWICE	POL	M-30	202	M 551	00:58:04	01:27:59	02:19:42.90	02:21:55.60	6:37	9.1
655	PIETRZAK MARCIN	2541		GLIWICE	POL	M-50	67	M 552	00:59:05	01:28:02	02:19:46.70	02:21:14.30	6:37	9.1
656	WARZECHA ARKADIUSZ	2528	PKO BANK POLSKI	TYCHY	POL	M-40	217	M 553	01:02:38	01:32:07	02:20:06.40	02:22:16.95	6:38	9
657	FUGOWSKI GRZEGORZ	2018		GLIWICE	POL	M-30	203	M 554	01:00:26	01:31:35	02:20:22.15	02:22:37.75	6:39	9
658	WILKOŃ ARTUR	2019	#HUTATEAM	GLIWICE	POL	M-40	218	M 555	00:58:13	01:27:19	02:20:43.65	02:21:52.85	6:40	9
659	BARTKÓW KAMIL	2165		TARNOWSKIE GÓRY	POL	M-30	204	M 556	00:57:10	01:27:41	02:20:50.90	02:21:51.15	6:40	9

**VIII PÓŁMARATON GLIWICKI, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
660	IZYDORCZYK MIROSŁAW	2309	NIEZRZESZONY	ZABRZE	POL	M-60	15	M 557	01:00:45	01:30:08	02:20:53.10	02:22:17.25	6:40	9
661	CHŁĄD BARTOSZ	2644		ZABRZE	POL	M-20	52	M 558	00:55:49	01:26:42	02:20:54.55	02:21:49.15	6:40	9
662	KACZKIEWICZ DAMIAN	2824	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-40	219	M 559	00:59:23	01:29:22	02:21:09.05	02:22:19.70	6:41	9
663	KISIELA MARIUSZ	2758	MAKOSZOWY	ZABRZE	POL	M-20	53	M 560	00:58:22	01:30:05	02:21:24.65	02:22:15.70	6:42	9
664	MICZKA ŁUKASZ	2024	NIEHCCEMISIE	GLIWICE	POL	M-30	205	M 561	01:01:55	01:29:45	02:21:51.95	02:23:44.20	6:43	8.9
665	KALETA ALEKSANDRA	2776		BYTOM	POL	K-20	13	K 104	00:59:24	01:29:40	02:22:10.45	02:22:26.85	6:44	8.9
666	WÓJCIK DARIUSZ	2438		GLIWICE	POL	M-40	220	M 562	00:59:32	01:29:11	02:22:43.45	02:23:55.90	6:45	8.9
667	MALINOWSKI BARTOSZ	2813		GLIWICE	POL	M-20	54	M 563	01:03:24	01:33:04	02:22:48.25	02:24:15.30	6:46	8.9
668	OCHODEK ANDRZEJ	2381	AKT WATRA	GLIWICE	POL	M-30	206	M 564	01:01:37	01:32:43	02:22:50.25	02:24:19.25	6:46	8.9
669	KURKOWSKA ALDONA	2160	AUGUSTEAM	CHORZÓW	POL	K-60	1	K 105	01:04:30	01:34:39	02:22:54.65	02:23:43.60	6:46	8.9
670	POLISZUK MAŁGORZATA	2250		GLIWICE	POL	K-50	12	K 106	01:04:07	01:34:36	02:22:59.55	02:24:24.25	6:46	8.9
671	RACIS MAŁGORZATA	2303		GLIWICE	POL	K-20	14	K 107	01:03:50	01:34:29	02:23:12.60	02:24:30.45	6:47	8.8
672	KROTOS KRZYSZTOF	2371	OQS	GLIWICE	POL	M-40	221	M 565	01:04:13	01:34:44	02:23:13.20	02:25:01.60	6:47	8.8
673	MATERA KINGA	2746		WYSOKA	POL	K-40	37	K 108	01:02:16	01:32:54	02:23:27.35	02:24:57.15	6:47	8.8
674	CIEJOWSKI ANDRZEJ	2815		GORKOWICE	POL	M-40	222	M 566	01:02:20	01:31:50	02:23:38.45	02:25:56.15	6:48	8.8
675	BIELSKI MICHAŁ	2488		KATOWICE	POL	M-50	68	M 567	01:03:56	01:36:17	02:23:45.20	02:25:23.95	6:48	8.8
676	KUCHARSKA ALEKSANDRA	2373		WARSZAWA	POL	K-40	38	K 109	01:05:10	01:35:21	02:23:55.05	02:25:39.70	6:49	8.8
677	KUSZTELEK DARIA	2307		ZABRZE	POL	K-30	45	K 110	01:27:22		02:24:01.05	02:25:33.40	6:49	8.8
678	GĘBSKI DAWID	2317	FLUOR	GLIWICE	POL	M-30	207	M 568	01:01:55	01:31:57	02:24:26.55	02:24:34.25	6:50	8.8
679	ZAWIŁA DARIUSZ	2778		ANDRYCHÓW	POL	M-40	223	M 569	00:59:51	01:31:08	02:24:45.45	02:26:16.95	6:51	8.7
680	TECZA MARCELINA	2014	HAGER SPORT TEAM	ZABRZE	POL	K-20	15	K 111	00:57:28	01:29:14	02:24:56.45	02:26:29.10	6:52	8.7
681	WOJDAS IZABELA	2086		MIERZĘCICE	POL	K-40	39	K 112	01:04:43	01:35:20	02:24:58.40	02:26:16.70	6:52	8.7
682	MIŁKOWSKI ANDRZEJ	2527		GLIWICE	POL	M-60	16	M 570	01:03:58	01:34:41	02:25:50.55	02:27:09.75	6:54	8.7
683	MUC BARTOSZ	2208		BOGUCHWAŁOWICE	POL	M-30	208	M 571	00:55:56	01:25:49	02:26:20.10	02:26:21.10	6:56	8.7
684	CZYŻYKOWSKI MARCIN	2453		GLIWICE	POL	M-40	224	M 572	01:04:23	01:36:18	02:26:35.60	02:27:51.00	6:56	8.6
685	FRANKIEWICZ MARZENA	2268		GLIWICE	POL	K-40	40	K 113	01:04:24	01:36:19	02:26:36.65	02:27:51.15	6:56	8.6
686	NOWAK KRZYSZTOF	2711		KATOWICE	POL	M-30	209	M 573	00:59:59	01:28:39	02:26:53.05	02:28:52.00	6:57	8.6
687	JAGODA ADAM	2645	FUCHS OIL TEAM	CHORZÓW	POL	M-50	69	M 574	01:05:49	01:37:05	02:26:54.60	02:28:55.10	6:57	8.6
688	MOTYCZKA MARZENA	2190		CZERWIONKA-LESZCZYN	POL	K-30	46	K 114	01:03:12	01:32:49	02:27:20.05	02:28:11.70	6:58	8.6
689	KUBIAK CELINA	2585		GLIWICE	POL	K-40	41	K 115	01:03:59	01:35:24	02:27:33.85	02:29:17.55	6:59	8.6
690	SIRKO ŁUKASZ	2104		GLIWICE	POL	M-40	225	M 575	01:06:22	01:36:08	02:28:02.25	02:28:55.05	7:00	8.6
691	SIRKO SABINA	2034		CZERWIONKA - LESZCZYN	POL	K-30	47	K 116	01:03:12	01:32:14	02:28:03.15	02:28:54.95	7:00	8.6
692	MIGDAŁ IWONA	2042	SLOW JOGGING GLIWICE	GLIWICE	POL	K-40	42	K 117	01:05:54	01:36:48	02:28:14.65	02:30:14.85	7:01	8.5
693	CIEŚŁOK ADAM	2599	K.S. M.E.T.A.	WODZISŁAW ŚLĄSKI	POL	M-30	210	M 576	01:04:45	01:35:49	02:28:31.75	02:30:38.05	7:02	8.5
694	OLSCHIMKE KASIA	2124	KS META, GISZOWIEC BIEGA RAZEM	KATOWICE	POL	K-40	43	K 118	01:04:45	01:35:43	02:28:31.95	02:30:37.95	7:02	8.5
695	KAUFFMANN EWA	2657		GLIWICE	POL	K-30	48	K 119	01:08:36	01:39:46	02:28:44.40	02:30:40.35	7:02	8.5
696	BRZEZINA ARKADIUSZ	2032	SREBRNI BIEGACZE TARNOWSKIE GÓRY	TARNOWSKIE GÓRY	POL	M-40	226	M 577	01:01:42	01:32:58	02:28:52.80	02:31:07.25	7:03	8.5
697	KASPEREK MAGDALENA	2179	Q-PERIOR TEAM	ZABRZE	POL	K-40	44	K 120	01:07:13	01:40:39	02:29:04.00	02:30:53.50	7:03	8.5
698	MAJSNEROWSKA EWELINA	2197		GLIWICE	POL	K-30	49	K 121	01:03:13	01:37:36	02:29:08.45	02:29:47.10	7:04	8.5
699	ZBOREK DOMINIKA	2201		GLIWICE	POL	K-30	50	K 122	01:03:14	01:37:36	02:29:08.70	02:29:47.20	7:04	8.5
700	SKOP KAROLINA	2713	AKT WATRA	GLIWICE	POL	K-30	51	K 123	01:05:46	01:36:19	02:29:11.25	02:30:43.90	7:04	8.5
701	SYMELA-BOCHEŃSKA KATARZYNA	2023	POMPEJANKA TEAM	GLIWICE	POL	K-40	45	K 124	01:07:46	01:41:32	02:29:11.75	02:30:30.75	7:04	8.5
702	SZABLA MARCIN	2802		GRABOWA	POL	M-40	227	M 578	01:04:47	01:38:12	02:29:23.00	02:29:24.00	7:04	8.5
703	MICHNIEWSKI PIOTR	2801	GIT EKIPA!	ZAWIERCIE	POL	M-30	211	M 579	01:04:32	01:38:09	02:29:23.60	02:29:24.60	7:04	8.5
704	SMOCZYŃSKI ARTUR	2799		RADZIONKÓW	POL	M-30	212	M 580	01:04:34		02:29:23.70	02:29:24.70	7:04	8.5
705	KRZYŻOWSKI TOMASZ	2175	ACTIVE TEAM OZIMEK	OZIMEK	POL	M-60	17	M 581	01:07:48	01:40:06	02:29:42.65	02:31:12.30	7:05	8.5
706	OLIWA VIOLETTA	2145	ACTIV TEAM OZIMEK	OZIMEK	POL	K-50	13	K 125	01:07:49	01:40:06	02:29:43.30	02:31:12.60	7:05	8.5
707	STOCHAJ ANNA	2448		KĘDZIERZYN-KOŹLE	POL	K-40	46	K 126	01:05:25	01:38:01	02:29:43.65	02:29:56.30	7:05	8.5
708	PAWELAK SZYMON	2395		GLIWICE	POL	M-20	55	M 582	00:57:02	01:28:32	02:30:43.75	02:31:25.20	7:08	8.4
709	WIECZORKE MARCIN	2337		PRZYSZOWICE	POL	M-40	228	M 583	01:02:01	01:34:21	02:31:25.65	02:33:13.75	7:10	8.4
710	CIMPRICH MARCEL	2607	ŠENOV	ŠENOV	CZE	M-50	70	M 584	01:07:43	01:39:43	02:31:51.60	02:33:21.80	7:11	8.3
711	POGORZELSKA-KLIKS AGATA	2173	Q-PERIOR TEAM	SOSNOWIEC	POL	K-40	47	K 127	01:07:11	01:39:21	02:31:57.75	02:33:48.85	7:12	8.3
712	KLIKS ANDRZEJ	2100		SOSNOWIEC	POL	M-40	229	M 585	01:07:12	01:39:52	02:31:58.00	02:33:49.00	7:12	8.3
713	SOMERLA MACIEJ	2621		TWORKÓW	POL	M-20	56	M 586	01:06:08	01:37:45	02:32:19.95	02:33:44.40	7:13	8.3
714	PAWLIK MICHAŁ	2571		GLIWICE	POL	M-30	213	M 587	01:04:13	01:36:41	02:34:41.30	02:36:29.85	7:19	8.2
715	CIUK IWONA	2651		GLIWICE	POL	K-50	14	K 128	01:05:45	01:38:12	02:36:13.00	02:37:29.65	7:24	8.1

**VIII PÓŁMARATON GLIWICKI, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h	
716	JOCHYMEK KAROLINA	2295		GLIWICE	POL	K-30	52	K 129	01:12:57	01:45:43	02:38:28.45	02:43:50.45	7:30	8	
717	KASPEREK IRENEUSZ	2180	Q-PERIOR TEAM	ZABRZE	POL	M-40	230	M 588	01:07:13	01:40:39	02:38:36.80	02:40:27.30	7:30	8	
718	KASZUBA ALEKSANDRA	2394		TWORÓG	POL	K-30	53	K 130	01:06:53	01:40:20	02:38:59.50	02:41:10.40	7:32	8	
719	LESZCZYK KRZYSZTOF	2841		KATOWICE	POL	M-50	71	M 589	01:10:52	01:42:56	02:39:01.75	02:40:10.25	7:32	8	
720	DYLAŁ ROMAN	2055		DĄBROWA GÓRNICZA	POL	M-60	18	M 590	01:11:16	01:46:13	02:40:45.15	02:42:37.05	7:37	7.9	
721	MOKRZYCKI PATRYK	2286	TUR-BORÓWKA	KNURÓW	POL	M-40	231	M 591	01:06:31	01:43:34	02:40:46.40	02:42:47.80	7:37	7.9	
722	SITKO DAGMARA	2126	KOBIETY NA 5+	GLIWICE	POL	K-30	54	K 131	01:12:40	01:48:50	02:41:22.00	02:43:41.50	7:38	7.8	
723	WALCZYŃSKA KATARZYNA	2101		CIĘCINA	POL	K-40	48	K 132	01:06:05	01:41:32	02:41:24.40	02:42:55.05	7:38	7.8	
724	WOLINSKI JÓZEF	2361		GLIWICE	POL	M-50	72	M 592	01:10:01	01:44:06	02:41:28.40	02:43:42.35	7:39	7.8	
725	KAPICKI JAN	2415		MYSŁOWICE	POL	M-60	19	M 593	01:10:16	01:46:11	02:41:31.95	02:43:19.75	7:39	7.8	
726	DUDKIEWICZ ANNA	2549	EKO - OKNA RUNNERS	KATOWICE	POL	K-40	49	K 133	01:08:42	01:43:05	02:41:35.00	02:43:21.40	7:39	7.8	
727	WOJDANOWSKA MAŁGORZATA	2326	LECZYMY DURŚ	TARNOWSKIE GÓRY	POL	K-30	55	K 134	01:08:48	01:43:46	02:41:44.15	02:43:37.30	7:39	7.8	
728	SZOŁTYSEK GRZEGORZ	2454		STANICA	POL	M-20	57	M 594	01:10:08	01:44:25	02:43:04.70	02:44:34.10	7:43	7.8	
729	KILAR-HOSZOWSKA SABINA	2728	MEDUZY	TARNOWSKIE GÓRY	POL	K-40	50	K 135	01:06:32	01:42:25	02:44:21.10	02:45:23.25	7:47	7.7	
730	BOGACZ JAGODA	2015	POMPEJANKA TEAM	GLIWICE	POL	K-40	51	K 136	01:07:47	01:44:31	02:47:07.90	02:48:26.20	7:55	7.6	
731	KASPRZYK AGNIESZKA	2294		GLIWICE	POL	K-30	56	K 137	01:09:45	01:46:07	02:49:30.75	02:51:25.70	8:01	7.5	
732	SZYLEWSKA EWA	2103	KB JÓZEFINKA	CHORZÓW	POL	K-50	15	K 138	01:12:40	01:58:41	02:52:17.35	02:54:36.05	8:09	7.3	
733	KACZMARCZYK-ZIELIŃSKA MAGDALENA	2308	RUNTEAM PAWŁOWICE	PAWŁOWICE	POL	K-30	57	K 139	01:12:29	01:48:24	02:53:10.30	02:54:22.85	8:12	7.3	
734	SOKÓL-OLEŚ EVELINA	2246	RUNTEAM PAWŁOWICE	JASTRZĘBIE ZDRÓJ	POL	K-50	16	K 140	01:12:28	01:48:22	02:53:10.70	02:54:22.75	8:12	7.3	
735	WINECKI PIOTR	2470	PW7	ZABRZE	POL	M-30	214	M 595	01:09:09	01:49:07	02:54:46.10	02:55:06.40	8:16	7.2	
736	WACŁAWEK TOMEK	2502	TEAM TOMSON	GLIWICE	POL	M-20	58	M 596	01:17:36	01:56:04	02:56:19.40	02:56:20.40	8:21	7.2	
737	ZALEWSKI ARTUR	2284		ZABRZE	POL	M-30	215	M 597	00:41:43	01:02:14			4:08	14.5	
738	SZYMAŃSKI PAWEŁ	2596	PRZESTWORZE.PL - ARCHITEKTURA WNETRZ	KATOWICE	POL	M-30	216	M 598	00:36:29				3:38	16.4	
739	MALOK MATEUSZ	2654		BYTOM	POL	M-40	232	M 599	00:47:01				4:42	12.8	
740	KARWOWSKI JAROSŁAW	2469		PRZYSZOWICE	POL	M-50	73	M 600	00:51:14				5:07	11.7	
741	PAŁKA PIOTR	2803	CKS BUDOWLANI CZĘSTOCHOWA	CZĘSTOCHOWA	POL	M-30	217	M 601	01:02:17				6:13	9.6	
742	KASPRZAK RADOSŁAW	2684	INŻYNIERIA BIEGANIA	RYBNIK	POL	M-30	218	M 602	01:03:04				6:18	9.5	
743	KUTERAK MARCIN	2609		CHRZANÓW	POL	M-50	74	M 603							
744	KĄŻMIERCZAK DAREK	2759		TARNOWSKIE GÓRY	POL	M-50	75	M 604							
745	WARAT-STASZEWSKA KATARZYNA	2693	YES3	GLIWICE	POL	K-30	58	K 141							
	KRZYWICKI JAN	2385	-----	GLIWICE	POL	M-60				DNF	DNF	DNF	DNF	-	-

**VIII PÓŁMARATON GLIWICKI, K Open**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
1	GRIMAN JOANNA	2289	MOJŹYSZ TEAM/ERIGO	RYBNIK	POL	K-40	1	K 1	00:39:09	00:58:51	01:28:05.80	01:28:09.50	4:10	14.4
2	BROL DOMINIKA	2338	ENDURANCE TEAM	SIEMIANOWICE SLASKIE	POL	K-30	1	K 2	00:41:41	01:01:51	01:31:55.75	01:32:02.75	4:21	13.8
3	WYLEŻAŁEK ALINA	2200		GLIWICE	POL	K-30	2	K 3	00:42:37	01:03:32	01:35:30.10	01:35:35.25	4:31	13.3
4	KĄŚ IWONA	2638	TIKTEAM	KRAKÓW	POL	K-40	2	K 4	00:43:16	01:03:43	01:35:31.45	01:35:39.05	4:31	13.3
5	GOLA MAGDA	2783		GLIWICE	POL	K-20	1	K 5	00:47:03	01:08:22	01:42:00.15	01:42:57.65	4:50	12.4
6	REDOŚZ OLIWIA	2770		ŚWIĘTOCHŁOWICE	POL	K-30	3	K 6	00:48:08	01:09:32	01:44:02.80	01:45:49.85	4:55	12.2
7	KOBA ANIA	2706	ROZBIEGANE MICHAŁOWICE	MICHAŁOWICE WIEŚ	POL	K-40	3	K 7	00:48:30	01:11:31	01:47:44.50	01:48:04.70	5:06	11.8
8	KUMOR RENATA	2087	RUN GLORIA	LIBIAŻ	POL	K-50	1	K 8	00:47:59	01:10:35	01:47:47.05	01:48:11.50	5:06	11.7
9	KLUK JUSTYNA	2366	CHWALISZ CZY NIE CHWALISZ - LOTEJ Z NAM!	BIERUŃ	POL	K-30	4	K 9	00:48:30	01:11:16	01:47:53.40	01:47:54.40	5:06	11.7
10	POŁOMSKA EDYTA	2036	POŁOMSCY TEAM	RYDUŁTOWY	POL	K-40	4	K 10	00:48:18	01:11:06	01:48:09.90	01:48:46.90	5:07	11.7
11	ŁAJSZCZAK - GAJDA DOROTA	2836		GLIWICE	POL	K-40	5	K 11	00:49:21	01:11:55	01:48:15.05	01:48:57.25	5:07	11.7
12	MAZUR PATRYCJA	2504	HURGAN LIGOTA	KATOWICE	POL	K-40	6	K 12	00:48:29	01:11:22	01:48:31.10	01:49:28.80	5:08	11.7
13	TREFON IWONA	2636		ROGOŹNIK	POL	K-40	7	K 13	00:48:56	01:12:14	01:48:49.40	01:49:48.30	5:09	11.6
14	BUJAK MAGDALENA	2646	NIGHT RUNNERS PYSKOWICE	TARNOWSKIE GÓRY	POL	K-30	5	K 14	00:48:58	01:12:11	01:49:58.65	01:52:01.30	5:12	11.5
15	RODAK KAROLINA	2244		RYBNIK	POL	K-30	6	K 15	00:50:05	01:13:18	01:50:21.05	01:52:12.65	5:13	11.5
16	HORNIK MIRA	2106		KATOWICE	POL	K-50	2	K 16	00:50:46	01:14:06	01:51:50.60	01:52:47.60	5:18	11.3
17	LEDWOŃ ANETA	2113	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-40	8	K 17	00:51:17	01:15:14	01:52:24.95	01:53:17.30	5:19	11.3
18	PRZYŁĘCKA-HUSSAR AGNIESZKA	2775	BDB TEAM	KATOWICE	POL	K-30	7	K 18	00:50:43	01:14:47	01:53:30.60	01:54:20.00	5:22	11.2
19	BROZYNA MAGDALENA	2784	CO JA TU ROBIĘ?	GLIWICE	POL	K-30	8	K 19	00:52:47	01:15:58	01:53:39.10	01:55:36.85	5:23	11.1

**VIII PÓLMARATON GLIWICKI, K Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
20	NIGRINI BEATA	2210		GLIWICE	POL	K-40	9	K 20	00:52:42	01:16:51	01:53:57.95	01:54:46.75	5:24	11.1
21	WARDEJN SONIA	2678	STG GLIWICE	GLIWICE	POL	K-20	2	K 21	00:52:15	01:16:31	01:54:33.55	01:56:19.05	5:25	11.1
22	BABIS IZABELA	2807	DEVINITI	WROCŁAW	POL	K-30	9	K 22	00:53:15	01:17:23	01:54:59.25	01:55:59.20	5:26	11
23	GRACH ALEKSANDRA	2066		PYSKOWICE	POL	K-40	10	K 23	00:51:56	01:16:32	01:55:17.60	01:55:40.95	5:27	11
24	GOLA KAROLINA	2020		GLIWICE	POL	K-30	10	K 24	00:52:08	01:16:08	01:55:19.70	01:56:14.15	5:27	11
25	WOJEWÓDKA ZOFIA	2389	BRYGADA RR (RAZEM RAŻNIEJ)	ŁAZISKA GÓRNE	POL	K-30	11	K 25	00:51:38	01:16:51	01:55:41.05	01:55:50.20	5:28	10.9
26	CHRÓSZCZ KLAUDIA	2570	CHWALISZ CZY NIE CHWALISZ-LOTEJ Z NAMI	BIERUŃ	POL	K-30	12	K 26	00:51:34	01:16:06	01:56:02.80	01:56:46.00	5:29	10.9
27	RYZIŃSKA ANETA	2174		GLIWICE	POL	K-40	11	K 27	00:51:56	01:17:02	01:56:51.65	01:57:27.25	5:32	10.8
28	POPIEL-KRUK ALEKSANDRA	2844		GLIWICE	POL	K-40	12	K 28	00:55:31	01:20:09	01:57:46.05	01:58:48.15	5:34	10.8
29	DUSIŃSKA JUSTYNA	2634		GLIWICE	POL	K-40	13	K 29	00:51:59	01:17:35	01:58:14.20	01:58:45.80	5:36	10.7
30	KOMÓR KINGA	2682		BYTOM	POL	K-20	3	K 30	00:52:17	01:16:36	01:58:15.25	01:59:15.65	5:36	10.7
31	KOWALCZYK KASIA	2077		POZNAŃ	POL	K-30	13	K 31	00:52:41	01:18:04	01:58:27.20	01:59:17.10	5:36	10.7
32	GRABOŚ KAROLINA	2819		KATOWICE	POL	K-20	4	K 32	00:53:00	01:18:00	01:58:50.95	01:58:51.95	5:37	10.7
33	MAZGAJSKA MONIKA	2616		GLIWICE	POL	K-30	14	K 33	00:53:18	01:18:42	01:59:04.25	02:00:12.35	5:38	10.6
34	PĘDOWSKA BOŻENA	2391		GLIWICE	POL	K-50	3	K 34	00:55:13	01:20:30	01:59:31.15	02:01:16.05	5:39	10.6
35	HERBUT KAROLINA	2810	DEVINITI	WROCŁAW	POL	K-30	15	K 35	00:54:48	01:19:48	01:59:41.70	02:00:40.20	5:40	10.6
36	STRZELCZYK GRAŻYNA	2168		GLIWICE	POL	K-40	14	K 36	00:53:29	01:18:56	01:59:59.80	02:00:03.80	5:41	10.6
37	WRÓBLEWSKA EWA	2049		GLIWICE	POL	K-50	4	K 37	00:52:21	01:17:44	02:00:06.05	02:00:19.15	5:41	10.5
38	CABAJ PAULINA	2463		DĄBROWA GÓRNICZA	POL	K-30	16	K 38	00:53:53	01:19:13	02:00:09.95	02:01:40.45	5:41	10.5
39	TOKARZ JOANNA	2162	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	K-30	17	K 39	00:55:11	01:20:39	02:00:16.25	02:01:34.60	5:41	10.5
40	WEGNER AGNIESZKA	2785	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	K-40	15	K 40	00:55:21	01:20:49	02:00:30.70	02:01:38.90	5:42	10.5
41	DANISZ MAŁGORZATA	2696	HURAGAN LIGOTA	MYSŁOWICE	POL	K-40	16	K 41	00:54:27	01:20:28	02:00:50.75	02:01:31.55	5:43	10.5
42	MAREK WIOLETTA	2697		GLIWICE	POL	K-30	18	K 42	00:55:20	01:20:56	02:01:04.05	02:02:02.75	5:44	10.5
43	GAWLIKOWSKA AGNIESZKA	2414		KATOWICE	POL	K-30	19	K 43	00:53:15	01:18:54	02:01:11.05	02:02:08.60	5:44	10.4
44	KWIATKOWSKA KATARZYNA	2413	ING	ŻERNICA	POL	K-50	5	K 44	00:53:55	01:20:02	02:01:23.90	02:01:37.35	5:45	10.4
45	POLANECKA MALWINA	2479		GLIWICE	POL	K-30	20	K 45	00:55:56	01:21:21	02:01:50.95	02:03:50.80	5:46	10.4
46	HOŁYŃSKA-URBASIK KAROLINA	2478	RUN RYDUŁTOWY	RYDUŁTOWY	POL	K-30	21	K 46	00:54:15	01:19:45	02:02:02.95	02:02:39.65	5:47	10.4
47	GŁADKOWSKA MAŁGORZATA	2229		GLIWICE	POL	K-30	22	K 47	00:54:47	01:20:57	02:03:02.95	02:05:00.20	5:49	10.3
48	PAWLIK ANETA	2523	STG GLIWICE	GLIWICE	POL	K-30	23	K 48	00:55:15	01:21:32	02:03:06.95	02:04:52.90	5:50	10.3
49	OLEŚ-ZDECHLIK BEATA	2274	MIRAZ RACE TEAM	ŚWIĘTOCHŁOWICE	POL	K-30	24	K 49	00:53:47	01:19:42	02:03:11.70	02:04:18.25	5:50	10.3
50	--	2825		GLIWICE	POL	K-20	5	K 50	00:57:05	01:22:43	02:03:22.25	02:05:07.75	5:50	10.3
51	MAŁDZAK MONIKA	2838		GOŁUCHÓW	POL	K-20	6	K 51	00:56:27	01:22:13	02:03:38.90	02:04:51.90	5:51	10.2
52	BRZozowska KATARZYNA	2542		KNURÓW	POL	K-40	17	K 52	00:57:06	01:22:57	02:03:41.95	02:04:46.50	5:51	10.2
53	ŚLIWIŃSKA ALICJA	2333		PYSKOWICE	POL	K-40	18	K 53	00:56:13	01:22:25	02:04:17.50	02:04:47.90	5:53	10.2
54	KRZYSZKOWSKA AGNIESZKA	2487	DRUŻYNA ING	GLIWICE	POL	K-40	19	K 54	00:54:48	01:21:33	02:04:20.45	02:04:34.25	5:53	10.2
55	PIEKARCZYK KATARZYNA	2245		ŁAZISKA GÓRNE	POL	K-20	7	K 55	00:56:31	01:22:22	02:04:31.85	02:05:12.20	5:54	10.2
56	ROSIŃSKA KATARZYNA	2107	BANDA Z POŁODNIA	ZABRZE	POL	K-40	20	K 56	00:57:25	01:23:32	02:04:50.20	02:05:24.45	5:54	10.1
57	STANEK KAROLINA	2047		PIŃCZÓW	POL	K-30	25	K 57	00:56:36	01:22:57	02:04:54.75	02:06:00.50	5:55	10.1
58	MAJEWSKA GIZELA	2540	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	K-50	6	K 58	00:56:00	01:22:36	02:05:15.20	02:07:08.35	5:56	10.1
59	POLAK SYLWIA	2006		GLIWICE	POL	K-20	8	K 59	00:56:43	01:23:00	02:05:16.30	02:06:20.00	5:56	10.1
60	KEMPKIEWICZ BRYGIDA	2613		GLIWICE	POL	K-40	21	K 60	00:57:00	01:23:17	02:05:32.75	02:05:33.75	5:56	10.1
61	SROCZYŃSKA ANNA	2182		GLIWICE	POL	K-40	22	K 61	00:57:38	01:24:19	02:05:33.20	02:07:24.80	5:57	10.1
62	OCHMAN KLAUDIA	2550		TARNOWSKIE GÓRY	POL	K-20	9	K 62	00:55:30	01:21:30	02:07:01.55	02:07:48.15	6:01	10
63	NOWICKA KAROLINA	2328	FLUOR	GLIWICE	POL	K-30	26	K 63	00:57:04	01:23:10	02:07:40.65	02:08:49.90	6:03	9.9
64	MATUSZNY BARBARA	2097		GLIWICE	POL	K-50	7	K 64	00:54:26	01:21:50	02:07:41.60	02:07:54.70	6:03	9.9
65	KUZMYŃSKA KATE	2321	ZŁOTA MARKA	GLIWICE	POL	K-30	27	K 65	00:56:49	01:23:11	02:07:46.05	02:08:32.70	6:03	9.9
66	BUKOWSKA MAGDALENA	2091		GLIWICE	POL	K-30	28	K 66	01:00:07	01:26:54	02:08:28.80	02:10:07.10	6:05	9.9
67	LACHOWICZ IZABELA	2568	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	RYBNIK	POL	K-30	29	K 67	00:56:22	01:23:55	02:08:52.65	02:09:29.10	6:06	9.8
68	GABRUS IWONA	2386	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	CZERWIONKA	POL	K-50	8	K 68	00:56:23	01:23:55	02:08:53.25	02:09:29.10	6:06	9.8
69	CIMPRICHOVÁ JANA	2459	ŠENOV	ŠENOV	CZE	K-40	23	K 69	00:57:09	01:24:11	02:09:15.00	02:10:42.65	6:07	9.8
70	BAK KATARZYNA	2779		CZESTOCHOWA	POL	K-40	24	K 70	00:57:31	01:24:15	02:09:49.55	02:09:59.15	6:09	9.8
71	KOWALIK KAROLINA	2403		PANIÓWKI	POL	K-30	30	K 71	00:57:27	01:24:32	02:10:10.25	02:10:26.20	6:10	9.7
72	STAWSKA JOANNA	2265	BIEGAJ Z TRENERAMI	GLIWICE	POL	K-50	9	K 72	00:59:29	01:26:59	02:10:15.35	02:11:23.90	6:10	9.7
73	WILCZEK MAŁGORZATA	2279		GLIWICE	POL	K-30	31	K 73	01:00:40	01:28:05	02:11:10.75	02:11:11.75	6:12	9.7

**VIII PÓŁMARATON GLIWICKI, K Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
74	SZYMAŃSKA MAGDALENA	2791	MIRAZ RAZE TEAM	RUDA ŚLĄSKA	POL	K-30	32	K 74	00:59:35	01:27:33	02:11:14.50	02:12:10.95	6:13	9.6
75	URBAN-MISZTAŁSKA ALEKSANDRA	2037	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	CZELADŹ	POL	K-40	25	K 75	00:56:10	01:23:49	02:11:26.20	02:13:00.45	6:13	9.6
76	KULCZYK ANNA	2480		ZABRZE	POL	K-40	26	K 76	00:58:02	01:25:37	02:11:28.30	02:12:10.00	6:13	9.6
77	LEPIARCZYK ANNA	2275	MOSTOSTAL ZABRZE UNITED	GLIWICE	POL	K-30	33	K 77	00:57:49	01:24:34	02:11:33.00	02:11:34.00	6:14	9.6
78	WOJTOWICZ KAROLINA	2419	MADIZAR SISTERS	GLIWICE	POL	K-40	27	K 78	00:57:27	01:25:22	02:11:46.40	02:12:53.85	6:14	9.6
79	WOJTUKIEWICZ KAMILA	2135		GLIWICE	POL	K-30	34	K 79	01:01:35	01:29:19	02:12:09.20	02:14:22.20	6:15	9.6
80	WANIEK SARA	2756		TARNOWSKIE GÓRY	POL	K-30	35	K 80	00:59:39	01:28:12	02:12:45.20	02:13:53.70	6:17	9.5
81	KOBA STASIAK URSZULA	2490	LECYMY DURŚ	PIEKARY ŚLĄSKIE	POL	K-30	36	K 81	00:58:35	01:26:49	02:13:12.15	02:14:34.70	6:18	9.5
82	PRACKA DANUTA	2159		MIASTECKO ŚLĄSKIE	POL	K-30	37	K 82	00:56:45	01:25:17	02:13:16.35	02:14:40.20	6:18	9.5
83	GUMUŁKA JOANNA	2491	LECYMY DURŚ	PIEKARY ŚLĄSKIE	POL	K-30	38	K 83	00:56:27	01:23:16	02:13:16.80	02:14:34.80	6:18	9.5
84	PAWŁUSZEK AGNIESZKA	2285	TUR-BORÓWKA	KNURÓW	POL	K-40	28	K 84	00:59:27	01:28:33	02:13:37.05	02:15:38.85	6:19	9.5
85	KOWALCZYK ANNA	2296		ZABRZE	POL	K-40	29	K 85	01:02:29	01:30:12	02:13:45.20	02:15:02.40	6:20	9.5
86	FRUK NATALIA	2012	NAJKI POLONIA BYTOM	GLIWICE	POL	K-30	39	K 86	01:03:01	01:30:45	02:14:15.50	02:14:53.15	6:21	9.4
87	ZAMYŚŁOWSKA MARZENA	2685		RUDA ŚLĄSKA	POL	K-40	30	K 87	00:59:35	01:27:34	02:15:26.90	02:16:22.30	6:25	9.3
88	HALSZKA JOANNA	2650		SYRYNIA	POL	K-40	31	K 88	01:01:05	01:29:18	02:15:35.85	02:16:59.05	6:25	9.3
89	ZAWISZA DOMINIKA	2410		KNURÓW	POL	K-30	40	K 89	01:00:36	01:29:20	02:15:59.55	02:17:39.15	6:26	9.3
90	MAŃKO EMILIA	2531		GLIWICE	POL	K-20	10	K 90	01:02:07	01:30:11	02:16:06.15	02:17:51.65	6:27	9.3
91	JURETKO AGATA	2477		ŚWIĘTOCHŁOWICE	POL	K-20	11	K 91	00:58:24	01:27:50	02:16:19.55	02:17:43.10	6:27	9.3
92	ŁATAK - SKRABUT BASIA	2603	PACEMAKER	GLIWICE	POL	K-40	32	K 92	01:03:44	01:31:26	02:16:24.80	02:16:25.80	6:27	9.3
93	GÓRECKA WERONIKA	2604		GLIWICE	POL	K-20	12	K 93	01:01:00	01:29:38	02:16:36.15	02:17:59.30	6:28	9.3
94	CETERA KAMILA	2241	BIEGAJ Z TRENERAMI	GLIWICE	POL	K-40	33	K 94	01:02:30	01:30:27	02:17:12.15	02:18:27.40	6:30	9.2
95	PARTYKA AGATA	2313	RUNAWAYS	MIĘDZYRZECZE	POL	K-40	34	K 95	01:01:27	01:30:12	02:17:20.15	02:18:42.10	6:30	9.2
96	BATEJKO BEATA	2369	SPORT WSPIERAMY NAUKOWO	CHORZÓW	POL	K-50	10	K 96	01:01:23	01:30:32	02:17:23.50	02:18:55.05	6:30	9.2
97	BRESKE DAGMARA	2440		SOSNOWIEC	POL	K-40	35	K 97	01:02:48	01:31:36	02:17:54.50	02:19:16.30	6:32	9.2
98	MARKOWSKA SYLWIA	2143		GLIWICE	POL	K-30	41	K 98	01:01:40	01:30:42	02:18:04.35	02:19:30.95	6:32	9.2
99	MAJOS KAROLINA	2767		DĄBROWA GÓRNICZA	POL	K-30	42	K 99	01:03:23	01:31:30	02:18:05.85	02:18:06.85	6:32	9.2
100	PALMOWSKA AGNIESZKA	2075	PHD RUNNERS	GLIWICE	POL	K-30	43	K 100	01:01:23	01:30:21	02:18:16.10	02:19:24.40	6:33	9.2
101	RUBINSKA MAŁGORZATA	2677		GLIWICE	POL	K-50	11	K 101	01:06:14		02:18:44.35	02:20:11.50	6:34	9.1
102	KUBICA-BADORA ROZALIA	2139		GLIWICE	POL	K-30	44	K 102	01:01:53	01:31:09	02:19:21.15	02:19:22.15	6:36	9.1
103	DEMBOWSKA BOŻENA	2569		BOGUCHWAŁOWICE	POL	K-40	36	K 103	01:01:05	01:30:39	02:19:42.45	02:20:52.90	6:37	9.1
104	KALETA ALEKSANDRA	2776		BYTOM	POL	K-20	13	K 104	00:59:24	01:29:40	02:22:10.45	02:22:26.85	6:44	8.9
105	KURKOWSKA ALDONA	2160	AUGUSTEAM	CHORZÓW	POL	K-60	1	K 105	01:04:30	01:34:39	02:22:54.65	02:23:43.60	6:46	8.9
106	POLISZUK MAŁGORZATA	2250		GLIWICE	POL	K-50	12	K 106	01:04:07	01:34:36	02:22:59.55	02:24:24.25	6:46	8.9
107	RACIS MAŁGORZATA	2303		GLIWICE	POL	K-20	14	K 107	01:03:50	01:34:29	02:23:12.60	02:24:30.45	6:47	8.8
108	MATERA KINGA	2746		WYSOKA	POL	K-40	37	K 108	01:02:16	01:32:54	02:23:27.35	02:24:57.15	6:47	8.8
109	KUCHARSKA ALEKSANDRA	2373		WARSZAWA	POL	K-40	38	K 109	01:05:10	01:35:21	02:23:55.05	02:25:39.70	6:49	8.8
110	KUSZTEŁAK DARIA	2307		ZABRZE	POL	K-30	45	K 110	01:27:22		02:24:01.05	02:25:33.40	6:49	8.8
111	TECZA MARCELINA	2014	HAGER SPORT TEAM	ZABRZE	POL	K-20	15	K 111	00:57:28	01:29:14	02:24:56.45	02:26:29.10	6:52	8.7
112	WOJDAS IZABELA	2086		MIERZĘCICE	POL	K-40	39	K 112	01:04:43	01:35:20	02:24:58.40	02:26:16.70	6:52	8.7
113	FRANKIEWICZ MARZENA	2268		GLIWICE	POL	K-40	40	K 113	01:04:24	01:36:19	02:26:36.65	02:27:51.15	6:56	8.6
114	MOTYCZKA MARZENA	2190		CZERWIONKA-LESZCZYNY	POL	K-30	46	K 114	01:03:12	01:32:49	02:27:20.05	02:28:11.70	6:58	8.6
115	KUBIAK CELINA	2585		GLIWICE	POL	K-40	41	K 115	01:03:59	01:35:24	02:27:33.85	02:29:17.55	6:59	8.6
116	SIRKO SABINA	2034		CZERWIONKA - LESZCZYNY	POL	K-30	47	K 116	01:03:12	01:32:14	02:28:03.15	02:28:54.95	7:00	8.6
117	MIGDAŁ IWONA	2042	SLOW JOGGING GLIWICE	GLIWICE	POL	K-40	42	K 117	01:05:54	01:36:48	02:28:14.65	02:30:14.85	7:01	8.5
118	OLSCHIMKE KASIA	2124	KS META, GISZOWIEC BIEGA RAZEM	KATOWICE	POL	K-40	43	K 118	01:04:45	01:35:43	02:28:31.95	02:30:37.95	7:02	8.5
119	KAUFFMANN EWA	2657		GLIWICE	POL	K-30	48	K 119	01:08:36	01:39:46	02:28:44.40	02:30:40.35	7:02	8.5
120	KASPEREK MAGDALENA	2179	Q-PERIOR TEAM	ZABRZE	POL	K-40	44	K 120	01:07:13	01:40:39	02:29:04.00	02:30:53.50	7:03	8.5
121	MAJSNEROWSKA EWELINA	2197		GLIWICE	POL	K-30	49	K 121	01:03:13	01:37:36	02:29:08.45	02:29:47.10	7:04	8.5
122	ZBOREK DOMINIKA	2201		GLIWICE	POL	K-30	50	K 122	01:03:14	01:37:36	02:29:08.70	02:29:47.20	7:04	8.5
123	SKOP KAROLINA	2713	AKT WATRA	GLIWICE	POL	K-30	51	K 123	01:05:46	01:36:19	02:29:11.25	02:30:43.90	7:04	8.5
124	SYMELA-BOCHEŃSKA KATARZYNA	2023	POMPEJANKA TEAM	GLIWICE	POL	K-40	45	K 124	01:07:46	01:41:32	02:29:11.75	02:30:30.75	7:04	8.5
125	OLIWA VIOLETTA	2145	ACTIV TEAM OZIMEK	OZIMEK	POL	K-50	13	K 125	01:07:49	01:40:06	02:29:43.30	02:31:12.60	7:05	8.5
126	STOCHAJ ANNA	2448		KĘDZIERZYN-KOŹLE	POL	K-40	46	K 126	01:05:25	01:38:01	02:29:43.65	02:29:56.30	7:05	8.5
127	POGORZELSKA-KLIKS AGATA	2173	Q-PERIOR TEAM	SOSNOWIEC	POL	K-40	47	K 127	01:07:11	01:39:21	02:31:57.75	02:33:48.85	7:12	8.3
128	CIUK IWONA	2651		GLIWICE	POL	K-50	14	K 128	01:05:45	01:38:12	02:36:13.00	02:37:29.65	7:24	8.1
129	JOCHYMEK KAROLINA	2295		GLIWICE	POL	K-30	52	K 129	01:12:57	01:45:43	02:38:28.45	02:43:50.45	7:30	8
130	KASZUBA ALEKSANDRA	2394		TWORÓG	POL	K-30	53	K 130	01:06:53	01:40:20	02:38:59.50	02:41:10.40	7:32	8



**VIII PÓŁMARATON GLIWICKI, K Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
131	SITKO DAGMARA	2126	KOBIETY NA 5+	GLIWICE	POL	K-30	54	K 131	01:12:40	01:48:50	02:41:22.00	02:43:41.50	7:38	7.8
132	WALCZYŃSKA KATARZYNA	2101		CIĘCINA	POL	K-40	48	K 132	01:06:05	01:41:32	02:41:24.40	02:42:55.05	7:38	7.8
133	DUDKIEWICZ ANNA	2549	EKO - OKNA RUNNERS	KATOWICE	POL	K-40	49	K 133	01:08:42	01:43:05	02:41:35.00	02:43:21.40	7:39	7.8
134	WOJDANOWSKA MAŁGORZATA	2326	LECZMY DURŚ	TARNOWSKIE GÓRY	POL	K-30	55	K 134	01:08:48	01:43:46	02:41:44.15	02:43:37.30	7:39	7.8
135	KILAR-HOSZOWSKA SABINA	2728	MEDUZY	TARNOWSKIE GORY	POL	K-40	50	K 135	01:06:32	01:42:25	02:44:21.10	02:45:23.25	7:47	7.7
136	BOGACZ JAGODA	2015	POMPEJANKA TEAM	GLIWICE	POL	K-40	51	K 136	01:07:47	01:44:31	02:47:07.90	02:48:26.20	7:55	7.6
137	KASPRZYK AGNIESZKA	2294		GLIWICE	POL	K-30	56	K 137	01:09:45	01:46:07	02:49:30.75	02:51:25.70	8:01	7.5
138	SZYLEWSKA EWA	2103	KB JÓZEFINKA	CHORZÓW	POL	K-50	15	K 138	01:12:40	01:58:41	02:52:17.35	02:54:36.05	8:09	7.3
139	KACZMARCZYK-ZIELIŃSKA MAGDALENA	2308	RUNTEAM PAWŁOWICE	PAWŁOWICE	POL	K-30	57	K 139	01:12:29	01:48:24	02:53:10.30	02:54:22.85	8:12	7.3
140	SOKÓL-OLEŚ EWELINA	2246	RUNTEAM PAWŁOWICE	JASTRZĘBIE ZDRÓJ	POL	K-50	16	K 140	01:12:28	01:48:22	02:53:10.70	02:54:22.75	8:12	7.3
141	WARAT-STASZEWSKA KATARZYNA	2693	YES3	GLIWICE	POL	K-30	58	K 141						

**VIII PÓŁMARATON GLIWICKI, M Open**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
1	MRÓWKA MATEUSZ	2054	KWK MARCEL RADLINIOKI W BIEGU	RADLIN	POL	M-20	1	M 1		00:35:09	01:02:27.00	01:02:28.00	2:57	20.3
2	KOKOT DANIEL	2734	RAJSPOK ACTIVE	OZIMEK	POL	M-30	1	M 2		00:35:09	01:02:27.00	01:02:28.00	2:57	20.3
3	DROŻDŻ DAMIAN	2423	CONCRETE DM SP. Z O.O.	RYBNIK	POL	M-30	2	M 3		00:35:10	01:02:27.00	01:02:28.00	2:57	20.3
4	PIELA STANISŁAW	2457		CIĘCINA	POL	M-30	3	M 4	01:03:12		01:12:48.55	01:12:51.65	3:27	17.4
5	STRZELCZAK SEBASTIAN	2597	TL ROW RYBNIK	RYBNIK	POL	M-40	1	M 5		00:56:24	01:22:55.15	01:22:58.15	3:55	15.3
6	MACHOŃ MARCIN	2587	TEAM KOPEĆ	KALETY	POL	M-30	4	M 6	00:36:51	00:56:20	01:23:20.60	01:23:24.30	3:56	15.2
7	KOWOLIK MACIEJ	2839		KATOWICE	POL	M-30	5	M 7	00:37:26	00:56:24	01:23:39.60	01:23:43.10	3:57	15.1
8	SUDARA ROBERT	2583		DĄBROWA GÓRNICZA	POL	M-30	6	M 8	00:38:08	00:56:54	01:24:19.85	01:24:43.40	3:59	15
9	WRÓBEL PAWEŁ	2349	NA BANI WYBIEGANI	KATOWICE	POL	M-30	7	M 9	00:38:35	00:56:52	01:24:35.00	01:24:36.00	4:00	15
10	GÓRAK PRZEMYSŁAW	2639	KB SOBÓTKA	SOBÓTKA	POL	M-40	2	M 10	00:37:47	00:56:46	01:24:39.70	01:24:43.05	4:00	15
11	MAŚLANKA TOMASZ	2080	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	BYTOM	POL	M-50	1	M 11	00:38:03	00:56:45	01:24:42.20	01:24:46.75	4:00	14.9
12	URBAŃSKI SŁAWOMIR	2719	KS GEPARD KĘPNO	ŁĘKA OPATOWSKA	POL	M-50	2	M 12	00:38:03	00:56:45	01:24:44.80	01:24:50.35	4:00	14.9
13	GRABOWSKI KAROL	2849	CKS BUDOWLANI CZĘSTOCHOWA	CZĘSTOCHOWA	POL	M-30	8	M 13	01:03:04		01:24:45.20	01:24:46.20	4:00	14.9
14	KAUF DAMIAN	2694		GLIWICE	POL	M-40	3	M 14	00:37:06	00:56:32	01:24:55.05	01:24:57.90	4:01	14.9
15	KUROWSKI ANDREW	2118		ŻYWIEC	POL	M-30	9	M 15	00:37:58	00:56:30	01:25:04.10	01:25:05.10	4:01	14.9
16	JAROSZ MAREK	2535	STELMACH TEAM	ŻORY	POL	M-40	4	M 16	00:38:35	00:57:17	01:25:19.20	01:25:20.20	4:02	14.8
17	KRZĄPA ŁUKASZ	2128	NOWAK-TEAM	DĄBROWA GÓRNICZA	POL	M-30	10	M 17	00:38:14	00:57:00	01:25:52.05	01:25:53.05	4:04	14.7
18	WACHLA RAFAŁ	2242	TOURSPORT RUNNING TEAM	RADZIONKÓW	POL	M-40	5	M 18	00:38:11	00:57:16	01:26:22.20	01:26:26.60	4:05	14.7
19	EISLER TOMASZ	2661	BIEGAM, BO MNIE ŻONA ZAPISUJE	CIĘCINA	POL	M-40	6	M 19	00:38:25	00:57:27	01:26:59.50	01:27:04.70	4:07	14.6
20	FURMANEK ŁUKASZ	2251	ZATYRANI GRATISOWNIA.PL GMINA PILCHOWICE	WILCZA	POL	M-40	7	M 20	00:38:46	00:58:18	01:27:35.05	01:27:38.25	4:09	14.5
21	KAMPA RAFAŁ	2452	PIAST GLIWICE	GLIWICE	POL	M-30	11	M 21	00:39:12	00:58:44	01:28:01.25	01:28:06.40	4:10	14.4
22	PIENIAŻEK KRZYSZTOF	2194	INŻYNIERIA BIEGANIA TEAM	GLIWICE	POL	M-40	8	M 22	00:38:50	00:58:20	01:28:04.05	01:28:08.90	4:10	14.4
23	PRZYBYŁKO NIKODEM	2340	THE PROSECCOS	KATOWICE	POL	M-30	12	M 23	00:39:37	00:59:03	01:29:09.55	01:29:14.45	4:13	14.2
24	KWAŚNIEWICZ PRZEMYSŁAW	2662		TYCHY	POL	M-30	13	M 24	00:40:35	01:00:06	01:29:21.15	01:29:34.90	4:14	14.2
25	GŁADYSZ LESZEK	2096	AUGUSTEAM	PANIÓWKI	POL	M-40	9	M 25	00:40:41	01:00:38	01:30:35.85	01:30:42.00	4:17	14
26	DUŹNIAK DOMINIK	2183	STEP-DANCE	GLIWICE	POL	M-30	14	M 26	00:40:27	01:00:37	01:31:35.80	01:31:39.60	4:20	13.8
27	PRZELIÓRZ TOMASZ	2374	INŻYNIERIA BIEGANIA TEAM	RYBNIK	POL	M-30	15	M 27	00:42:23	01:02:29	01:32:08.15	01:32:13.00	4:21	13.7
28	WARZOCHA KAROL	2806		WIERZBICA	POL	M-40	10	M 28	00:42:10	01:02:05	01:32:16.00	01:32:25.80	4:22	13.7
29	WISZYŃSKI DAMIAN	2500		CHORZÓW	POL	M-30	16	M 29	00:41:32	01:01:45	01:32:18.10	01:32:27.70	4:22	13.7
30	PLAZA ŁUKASZ	2703	O CO BIEGA W KALETACH	BYTOM	POL	M-40	11	M 30	00:41:50	01:02:05	01:32:22.05	01:32:31.80	4:22	13.7
31	DZIENDZIEL PIOTR	2630		BIELSKO-BIAŁA	POL	M-30	17	M 31	00:42:29	01:02:47	01:32:23.20	01:32:37.30	4:22	13.7
32	KACZMAREK ŁUKASZ	2837	#ACT	MIKOŁÓW	POL	M-30	18	M 32	00:42:22	01:02:41	01:32:29.85	01:32:48.80	4:22	13.7
33	FILAK TOMASZ	2070		KŁOBUK	POL	M-30	19	M 33	00:43:32	01:02:51	01:32:42.00	01:32:43.00	4:23	13.7
34	MATERNA MATEUSZ	2737	ANIA HALSKA COACHING	CIESZYN	POL	M-30	20	M 34	00:42:38	01:02:55	01:32:47.65	01:32:53.40	4:23	13.6
35	CIEŚLAK JACEK	2642		RUDA ŚLĄSKA	POL	M-40	12	M 35	00:43:10	01:02:38	01:32:53.85	01:33:08.35	4:24	13.6
36	SIKORA RAFAŁ	2643		ZABRZE	POL	M-40	13	M 36	00:40:49	01:01:27	01:33:00.90	01:33:09.80	4:24	13.6
37	BIAŁY KAMIL	2574	FAST FOOT TEAM SIEWIERZ	SIEWIERZ	POL	M-30	21	M 37	00:42:08	01:02:24	01:33:14.90	01:33:21.40	4:25	13.6
38	TRZCIONKA MACIEJ	2529		RZECZYCE	POL	M-30	22	M 38	00:42:07	01:02:36	01:33:22.10	01:33:28.50	4:25	13.6
39	TRACZUK MAREK	2214		GLIWICE	POL	M-50	3	M 39	00:42:30	01:02:49	01:33:22.70	01:33:34.60	4:25	13.6
40	WIERZCHOWSKI TOMASZ	2652	BLEES.CO	KATOWICE	POL	M-30	23	M 40	00:41:34	01:02:00	01:33:23.35	01:33:31.75	4:25	13.6

## VIII PÓŁMARATON GLIWICKI, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
41	MASNY MICHAŁ	2223		RYDUŁTOWY	POL	M-30	24	M 41	00:42:28	01:02:43	01:33:29.50	01:33:30.50	4:25	13.5
42	STOLORZ WOJCIECH	2127	BIEGAMYŚLÓWICE	MYSŁOWICE	POL	M-30	25	M 42	00:42:30	01:02:49	01:33:33.05	01:33:45.25	4:26	13.5
43	MARCOL SEBASTIAN	2595	PACEMAKER	GASZOWICE	POL	M-30	26	M 43	00:42:39	01:03:01	01:33:36.40	01:33:37.40	4:26	13.5
44	PISZCZEK STANISŁAW	2648		PRZEMYŚL	POL	M-40	14	M 44	00:39:47	01:04:26	01:34:28.00	01:34:43.60	4:28	13.4
45	SMYCZEK BARTOSZ	2503	KILOMETROŻERCA	RYBNIK	POL	M-30	27	M 45	00:42:30	01:03:10	01:34:34.35	01:34:45.10	4:28	13.4
46	OCZKO DOMINIK	2670	ENDURANCE TEAM	KATOWICE	POL	M-40	15	M 46	00:42:42	01:03:10	01:34:35.85	01:34:46.85	4:28	13.4
47	PODSIĄDŁO ADAM	2120		KRAKÓW	POL	M-40	16	M 47	00:41:25	01:02:08	01:34:38.75	01:34:46.95	4:29	13.4
48	KASZOWSKI MARCIN	2673	CHRZĄSZCZE CHRABĄSZCZE DZIKI	GLIWICE	POL	M-40	17	M 48	00:45:03	01:04:39	01:35:04.65	01:35:05.65	4:30	13.3
49	NOWICKI SZYMON	2672		ZABRZE	POL	M-30	28	M 49	00:41:45	01:02:43	01:35:10.25	01:35:18.90	4:30	13.3
50	WIŚNIEWSKI TOMASZ	2099		BIELSKO-BIAŁA	POL	M-40	18	M 50	00:43:10	01:03:01	01:35:10.50	01:35:27.80	4:30	13.3
51	WOJDA MARIUSZ	2177		SOSNOWIEC	POL	M-40	19	M 51	00:43:21	01:03:23	01:35:17.35	01:35:33.00	4:30	13.3
52	PIKUŁA JACEK	2050	RUNAWAYS, WATAHA ŁĄCZY NAS BIEGANIE	BIERUŃ	POL	M-40	20	M 52	00:44:06	01:04:12	01:35:30.25	01:35:59.70	4:31	13.3
53	ZYMELA DAWID	2665		TOSZEK	POL	M-30	29	M 53	00:44:19	01:04:25	01:35:40.45	01:35:55.10	4:32	13.2
54	BORSIAK SEBASTIAN	2152	BRAK	GLIWICE	POL	M-40	21	M 54	00:41:58	01:02:46	01:35:43.10	01:35:44.10	4:32	13.2
55	PALA MARCIN	2750	CHWALISZ CZY NIE CHWALISZ - LOTEJ Z NAMI	BIERUŃ	POL	M-40	22	M 55	00:44:04	01:04:14	01:35:46.45	01:36:15.90	4:32	13.2
56	GRZESIKIEWICZ MARIUSZ	2188		GLIWICE	POL	M-40	23	M 56	00:42:27	01:02:55	01:35:50.75	01:35:57.45	4:32	13.2
57	POKRYSZKA BARTOSZ	2031		SOSNOWIEC	POL	M-30	30	M 57	00:44:16	01:04:15	01:36:04.10	01:36:22.20	4:33	13.2
58	OWERKO PIOTR	2792		BIELSKO-BIAŁA	POL	M-30	31	M 58	00:44:22	01:04:19	01:36:05.05	01:36:17.95	4:33	13.2
59	BRYŁA GRZEGORZ	2525	KLUB JEDNEGO BIEGACZA	KNURÓW	POL	M-40	24	M 59	00:44:17	01:04:12	01:36:15.55	01:36:41.40	4:33	13.2
60	KLIMA ADAM	2551	RUNHOGS TYCHY	TYCHY	POL	M-30	32	M 60	00:43:04	01:03:39	01:36:22.45	01:36:23.45	4:34	13.1
61	BEDNARCZYK MARCIN	2473	GISZOWIEC BIEGA RAZEM	KATOWICE	POL	M-30	33	M 61	00:42:38	01:04:06	01:36:43.85	01:36:53.30	4:35	13.1
62	WOLNY ARIEL	2515		ŁUKÓW ŚLĄSKI	POL	M-40	25	M 62	00:42:35	01:03:53	01:36:48.15	01:36:56.80	4:35	13.1
63	TUSZYŃSKI KAMIL	2637		SOSNOWIEC	POL	M-30	34	M 63	00:41:36	01:06:01	01:37:07.90	01:37:08.90	4:36	13
64	FAŁEK ADAM	2575	ŁAMIGNATY	MIKOŁÓW	POL	M-20	2	M 64	00:41:43	01:03:10	01:37:13.85	01:37:17.80	4:36	13
65	CZAJKA TOMASZ	2521		JĄSTRZEBIE-ZDROJ	POL	M-40	26	M 65	00:44:52	01:05:11	01:37:14.95	01:37:25.35	4:36	13
66	KANTOCH LUKASZ	2455		DĄBROWA GORNICZA	POL	M-30	35	M 66	00:44:34	01:04:49	01:37:17.30	01:37:18.30	4:36	13
67	MASŁOŃ BŁAŻEJ	2558		RUDNIK MAŁY	POL	M-50	4	M 67	00:43:46	01:04:24	01:37:24.90	01:37:39.70	4:36	13
68	HORNIK JAREK	2105		KATOWICE	POL	M-50	5	M 68	00:44:27	01:04:46	01:37:29.90	01:37:30.90	4:37	13
69	BEM ADAM	2196	GISZOWIEC BIEGA RAZEM	KATOWICE	POL	M-50	6	M 69	00:42:38	01:04:07	01:37:37.80	01:37:46.75	4:37	13
70	MAŁECKI GRZEGORZ	2041		TYCHY	POL	M-40	27	M 70	00:42:35	01:03:29	01:37:38.65	01:37:44.15	4:37	13
71	CHOMIK RAFAŁ	2740	3COACH	GLIWICE	POL	M-40	28	M 71	00:43:09	01:04:38	01:37:39.10	01:37:45.80	4:37	13
72	OSIŃSKI ROBERT	2647		ZABRZE	POL	M-40	29	M 72	00:44:24	01:05:02	01:37:53.55	01:37:54.55	4:38	12.9
73	NOGA JACEK	2198		TYCHY	POL	M-40	30	M 73	00:44:53	01:05:21	01:37:58.70	01:38:19.50	4:38	12.9
74	KUNA PIOTR	2675	TRIWISE	WIELICZKA	POL	M-40	31	M 74	00:41:37	01:06:12	01:37:58.75	01:38:03.00	4:38	12.9
75	SROCZYŃSKI DARIUSZ	2181	NGK RUNNING TEAM	GLIWICE	POL	M-40	32	M 75	00:45:01	01:05:25	01:37:59.60	01:39:50.60	4:38	12.9
76	DOBICZEK ŁUKASZ	2562	42KPRO	ŁĘDZINY	POL	M-40	33	M 76	00:44:08	01:04:53	01:38:07.30	01:38:16.80	4:39	12.9
77	SITEK KRZYSZTOF	2619		HUTA STARA A	POL	M-50	7	M 77	00:44:49	01:05:15	01:38:08.70	01:38:17.90	4:39	12.9
78	BIELA GRZEGORZ	2460	NIGHT RUNNERS PYSKOWICE	ZAWADA	POL	M-30	36	M 78	00:44:14	01:04:38	01:38:10.85	01:38:21.00	4:39	12.9
79	CHEJDYS KRYSZTIAN	2027	BIEGNĘ ALE DOKĄD?	GLIWICE	POL	M-30	37	M 79	00:44:16	01:05:11	01:38:13.50	01:38:23.40	4:39	12.9
80	WIECHUŁA MARCIN	2816	MOMO RUNNING TEAM	GLIWICE	POL	M-40	34	M 80	00:40:12	01:05:38	01:38:15.80	01:38:16.80	4:39	12.9
81	WOJTUKIEWICZ ARTUR	2136		GLIWICE	POL	M-40	35	M 81	00:45:42	01:06:05	01:38:18.20	01:40:31.90	4:39	12.9
82	MALINOWSKI KRZYSZTOF	2129	POWOLI DO CELU	GIŁOWICE	POL	M-50	8	M 82	00:44:46	01:05:16	01:38:22.70	01:38:43.50	4:39	12.9
83	PAWŁUSZEK PIOTR	2293	KB ORŁY Z KNUROWA	KNURÓW	POL	NIEPEŁNOSPRAWNI M	1	M 83	00:41:22	01:06:54	01:38:34.20	01:38:35.20	4:40	12.8
84	BOSOWSKI TOMASZ	2400		PANIÓWKI	POL	M-40	36	M 84	00:43:27	01:04:34	01:38:34.35	01:38:43.30	4:40	12.8
85	KNYPS ADAM	2659	OPONY SERAFINOWSKI	SKOCZÓW	POL	M-40	37	M 85	00:46:13	01:06:32	01:38:43.60	01:38:52.15	4:40	12.8
86	KOLANEK TOMASZ	2354	MAM WYBIEGANIE	WILCZYCE	POL	M-40	38	M 86	00:44:57	01:05:54	01:38:52.95	01:39:17.25	4:41	12.8
87	ZALEWSKI WOJCIECH	2059		GLIWICE	POL	M-40	39	M 87	00:45:38	01:06:15	01:38:57.20	01:39:46.15	4:41	12.8
88	KAWELCZYK ROBERT	2431	POLSKA	CZESTOCHOWA	POL	M-50	9	M 88	00:44:51	01:05:15	01:38:58.80	01:39:07.65	4:41	12.8
89	WASZTYL TOMASZ	2068		BIELSKO-BIAŁA	POL	M-50	10	M 89	00:44:03	01:04:47	01:39:02.95	01:39:34.15	4:41	12.8
90	PILNY KAROL	2401	EKO-OKNA RUNNERS	RYDUŁTOWY	POL	M-20	3	M 90	00:45:52	01:06:33	01:39:05.00	01:39:12.45	4:41	12.8
91	TOKARCZYK MATEUSZ	2564		TARNOWSKIE GÓRY	POL	M-30	38	M 91	00:46:02	01:06:52	01:39:17.35	01:39:42.40	4:42	12.8
92	KARNAUKHOV ANDRZEJ	2288		GLIWICE	POL	M-20	4	M 92	00:45:15	01:06:07	01:39:18.20	01:39:38.20	4:42	12.7
93	CIOSEK MATEUSZ	2203		SOSNOWIEC	POL	M-30	39	M 93	00:45:04	01:05:56	01:39:19.25	01:39:30.05	4:42	12.7
94	MALCZAK LESZEK	2406		MYSŁOWICE	POL	M-40	40	M 94	00:46:16	01:07:04	01:39:25.45	01:39:40.45	4:42	12.7
95	PYTLIK MIROSLAW	2009	ZATYRANI GRATISOWNIA.PL GMINA PILCHOWICE	PILCHOWICE	POL	M-30	40	M 95	00:45:04	01:06:07	01:39:37.95	01:39:54.95	4:43	12.7

## VIII PÓŁMARATON GLIWICKI, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
96	BARANSKI RAFAŁ	2543		PIEKARY ŚLĄSKIE	POL	M-40	41	M 96	00:45:39	01:06:32	01:39:41.55	01:40:00.35	4:43	12.7
97	BOGATZKI MAREK	2134		CHORZÓW	POL	M-30	41	M 97	00:44:57	01:05:52	01:39:50.55	01:40:26.30	4:43	12.7
98	BRZEZIŃSKI KAROL	2739		DĄBROWA GÓRNICZA	POL	M-30	42	M 98	00:45:21	01:06:08	01:39:52.00	01:40:22.55	4:43	12.7
99	POŁOMSKI GRZEGORZ	2016	POLOMSCY TEAM	RYDUŁTOWY	POL	M-40	42	M 99	00:41:22	01:06:42	01:39:57.10	01:40:04.10	4:44	12.7
100	KAŁUS WOJCIECH	2358	NA BANI WYBIEGANI	KATOWICE	POL	M-30	43	M 100	00:43:26	01:04:10	01:40:00.20	01:40:10.60	4:44	12.7
101	BALON MAREK	2497		SIEMIANOWICE ŚLĄSKIE	POL	M-50	11	M 101		01:01:39	01:40:00.30	01:41:15.85	4:44	12.7
102	SMÓŁKA BARTOSZ	2217		TRZEBINIA	POL	M-30	44	M 102	00:46:04	01:06:53	01:40:28.70	01:40:49.60	4:45	12.6
103	ZORAN HENRYK	2450	WARTKIE PIERONY	RUDA ŚLĄSKA	POL	M-50	12	M 103	00:45:19	01:06:20	01:40:33.95	01:40:52.05	4:45	12.6
104	TAJAK TOMASZ	2842		KRAKÓW	POL	NIEPEŁNOSPRAWNI M	2	M 104	00:45:46	01:06:39	01:40:42.45	01:40:43.45	4:46	12.6
105	STRZYŻEWSKI PRZEMYSŁAW	2629		GNIEZNO	POL	M-40	43	M 105	00:45:56	01:06:49	01:40:55.55	01:41:21.25	4:46	12.5
106	DABROWSKI BARTOSZ	2132		GLIWICE	POL	M-30	45	M 106	00:47:03	01:07:56	01:40:59.20	01:41:52.60	4:47	12.5
107	DOBIJA WOJCIECH	2538		BIELSKO- BIAŁA	POL	M-30	46	M 107	00:45:24	01:06:49	01:40:59.40	01:41:07.50	4:47	12.5
108	WARDZYK DAMIAN	2299	ZŁOTA MARKA	ZABRZE	POL	M-20	5	M 108	00:45:21	01:05:55	01:41:05.40	01:41:51.30	4:47	12.5
109	WIERCZIŃSKI MATEUSZ	2766		DĄBROWA GÓRNICZA	POL	M-30	47	M 109	00:46:14	01:07:40	01:41:07.90	01:41:36.50	4:47	12.5
110	PIETYRA GRZEGORZ	2058	CRİK FCA POLAND	TYCHY	POL	M-40	44	M 110	00:45:47	01:07:30	01:41:08.20	01:41:53.15	4:47	12.5
111	JAŚKIEWICZ SŁAWOMIR	2207		MYSŁOWICE	POL	M-40	45	M 111	00:46:14	01:06:51	01:41:08.85	01:41:25.10	4:47	12.5
112	SOBOL ADAM	2640	DYSTANS LUBOMIA	LUBOMIA	POL	M-40	46	M 112	00:48:32	01:08:56	01:41:17.30	01:42:40.05	4:48	12.5
113	TEMPKA KRZYSZTOF	2445		BYTOM	POL	M-50	13	M 113	00:45:18	01:06:16	01:41:18.85	01:41:24.70	4:48	12.5
114	BULAWA GRZEGORZ	2465		GLIWICE	POL	M-40	47	M 114	00:45:40	01:06:52	01:41:22.10	01:41:40.90	4:48	12.5
115	KUPIJAJ MARCIN	2723	NGK RUNNING TEAM	KNURÓW	POL	M-30	48	M 115	00:46:53	01:08:08	01:41:32.65	01:41:43.95	4:48	12.5
116	SIENKIEWICZ WOJCIECH	2483	SOCIOS SILESIA	GLIWICE	POL	M-30	49	M 116	00:47:04	01:08:19	01:41:39.30	01:41:40.30	4:49	12.5
117	RATAJCZAK ALEKSANDER	2276	LECZYMI DURŚ	PIEKARY ŚLĄSKIE	POL	M-50	14	M 117	00:45:39	01:06:47	01:41:41.65	01:42:00.75	4:49	12.5
118	GOGOLIN ARTUR	2367	LOKOMOTYWA	RUDA ŚLĄSKA	POL	M-30	50	M 118	00:46:13	01:07:58	01:41:48.20	01:42:05.20	4:49	12.4
119	GARBACZ DAMIAN	2845		GLIWICE	POL	M-30	51	M 119	00:46:39	01:08:08	01:41:50.50	01:42:55.50	4:49	12.4
120	MARZAK KRZYSZTOF	2851	PKO BANK POLSKI	ŚWIĘTOCHŁOWICE	POL	M-50	15	M 120	00:46:14	01:08:05	01:41:53.15	01:42:10.95	4:49	12.4
121	GDOWSKI SŁAWEK	2149	NEXTEER RUNNERS	GLIWICE	POL	M-30	52	M 121	00:45:50	01:07:30	01:42:13.30	01:42:32.90	4:50	12.4
122	SIEKIERDA KONRAD	2344	SYNDYK BIEGA	NIEPOŁOMICE	POL	M-30	53	M 122	00:46:14	01:08:00	01:42:14.75	01:42:30.20	4:50	12.4
123	JANECZEK MAREK	2768		GLIWICE	POL	M-40	48	M 123	00:46:26	01:07:55	01:42:15.05	01:42:42.70	4:50	12.4
124	BURY RAFAŁ	2420	RUN GLORIA	ZAGÓRZE	POL	M-50	16	M 124	00:46:39	01:08:00	01:42:17.75	01:42:42.50	4:50	12.4
125	NIEWALDA MARCIN	2205		RADZIONKÓW	POL	M-30	54	M 125	00:45:59	01:07:27	01:42:18.85	01:42:44.20	4:50	12.4
126	KRĘŻOLEK DANIEL	2660		GLIWICE	POL	M-40	49	M 126	00:46:09	01:07:44	01:42:21.25	01:42:42.85	4:51	12.4
127	CZAPLA ARKADIUSZ	2843		BYTOM	POL	M-50	17	M 127	00:45:49	01:06:53	01:42:30.70	01:44:07.45	4:51	12.4
128	STRZAŁKA ROBERT	2069	ŚLĘZAK TEAM	ŻABNICA	POL	M-40	50	M 128	00:46:30	01:08:17	01:42:40.40	01:42:59.05	4:51	12.3
129	KUKURBA MIKOŁAJ	2626		GLIWICE	POL	M-30	55	M 129		01:06:49	01:42:52.30	01:43:14.00	4:52	12.3
130	MARKOWSKI PRZEMYSŁAW	2606	PACEMAKER 1:40	ZABRZE	POL	M-30	56	M 130	00:46:12	01:07:57	01:42:54.45	01:43:11.55	4:52	12.3
131	NOWACKI WOJCIECH	2590	PACEMAKER	BYTOM	POL	M-30	57	M 131	00:46:13	01:07:58	01:42:54.90	01:43:11.70	4:52	12.3
132	JASTRZEMBSKI JAKUB	2115		ŻORY	POL	M-30	58	M 132	00:46:06	01:07:52	01:43:00.35	01:43:05.20	4:52	12.3
133	DYRAGA MARCIN	2744	SAINT-GOBAIN SQUAD	GLIWICE	POL	M-40	51	M 133	00:47:06	01:08:58	01:43:00.35	01:43:17.90	4:52	12.3
134	JAGIELA MICHAŁ	2065		PANIÓWKI	POL	M-30	59	M 134	00:46:08	01:07:02	01:43:00.80	01:43:01.80	4:52	12.3
135	OZYP MARIUSZ	2064		GLIWICE	POL	M-30	60	M 135	00:46:45	01:08:22	01:43:11.60	01:43:17.35	4:53	12.3
136	PLESIŃSKI SEBASTIAN	2277	FM LOGISTIC	SOSNOWIEC	POL	M-40	52	M 136	00:46:16	01:07:51	01:43:11.85	01:43:39.05	4:53	12.3
137	SYMIEC DAWID	2808		WROCŁAW	POL	M-20	6	M 137	00:47:45	01:08:45	01:43:14.05	01:43:51.95	4:53	12.3
138	ŁYSY ANDRZEJ	2751	ENDURANCE TEAM	SIEMIANOWICE ŚLĄSKIE	POL	M-50	18	M 138	00:45:31	01:06:38	01:43:22.00	01:43:29.75	4:53	12.2
139	STRASZEK PIOTR	2151		GLIWICE	POL	M-30	61	M 139	00:47:33	01:08:58	01:43:28.90	01:44:18.45	4:54	12.2
140	WIŚNIEWSKI JAROSŁAW	2554		SOSNOWIEC	POL	M-40	53	M 140	00:47:10	01:08:55	01:43:43.35	01:45:22.95	4:54	12.2
141	ROZAŃSKI MICHAŁ	2435		MIKOŁÓW	POL	M-40	54	M 141	00:46:33	01:08:07	01:43:54.80	01:44:12.95	4:55	12.2
142	ORDOŃ BARTŁOMIEJ	2840	RYBNICKA GRUPA BIEGOWA	RYBNIK	POL	M-30	62	M 142	00:46:45	01:08:28	01:44:07.70	01:44:19.60	4:56	12.2
143	MIRONOWICZ BARTEK	2339		GLIWICE	POL	M-30	63	M 143	00:44:32	01:06:25	01:44:14.00	01:44:15.00	4:56	12.1
144	LEŚNIAK DAWID	2577		SIEMIANOWICE ŚLĄSKIE	POL	M-20	7	M 144	00:47:19	01:09:14	01:44:18.60	01:44:44.85	4:56	12.1
145	PRZEGENDZA ARTUR	2375		DĄBROWA GÓRNICZA	POL	M-40	55	M 145	00:47:48	01:09:25	01:44:21.50	01:44:22.50	4:56	12.1
146	WARZECHA KAMIL	2392		JAWORZNO	POL	M-30	64	M 146	00:47:41	01:09:47	01:44:31.60	01:45:14.10	4:57	12.1
147	IWANIUK PAWEŁ	2625	AUGUSTEAM	KATOWICE	POL	M-40	56	M 147	00:46:58	01:09:13	01:44:36.20	01:44:37.20	4:57	12.1
148	BENSZ DARIUSZ	2687		ŚWIĘTOCHŁOWICE	POL	M-40	57	M 148	00:48:10	01:10:11	01:44:41.75	01:45:27.80	4:57	12.1
149	GRUDNIEWSKI TOMASZ	2085		MIERZĘCICE	POL	M-40	58	M 149	00:49:29	01:11:10	01:44:44.85	01:46:02.35	4:57	12.1
150	ŻAAK MICHAŁ	2370		ZABRZE	POL	M-40	59	M 150	00:47:33	01:09:34	01:44:59.35	01:46:10.95	4:58	12.1
151	PIETYSZUK DARIUSZ	2717		GLIWICE	POL	M-40	60	M 151	00:47:11	01:08:52	01:45:01.65	01:46:41.65	4:58	12.1
152	LIS GRZEGORZ	2362	EKO-OKNA RUNNERS	RACIBORZ	POL	M-40	61	M 152	00:46:40	01:08:45	01:45:05.25	01:45:06.25	4:58	12

## VIII PÓLMARATON GLIWICKI, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
153	WIORA ŁUKASZ	2833		GLIWICE	POL	M-30	65	M 153	00:48:17	01:10:07	01:45:08.95	01:45:51.65	4:58	12
154	WOSZCZAK KRYSZTIAN	2633		ŁĘDZINY	POL	M-30	66	M 154	00:47:52	01:09:57	01:45:16.90	01:45:24.80	4:59	12
155	ZWIERZYŃSKI PIOTR	2417	UNATCO	RYBNIK	POL	M-50	19	M 155	00:48:40	01:10:44	01:45:16.90	01:45:39.00	4:59	12
156	FOLEK ADAM	2300		KATOWICE	POL	M-30	67	M 156	00:46:18	01:08:03	01:45:18.40	01:45:52.10	4:59	12
157	VATUICHAK PAVLO	2782		ZABRZE	POL	M-20	8	M 157	00:39:48	01:12:30	01:45:26.05	01:45:33.50	4:59	12
158	WINCZAKIEWICZ MICHAŁ	2405	WINCZITEAM	KATOWICE	POL	M-30	68	M 158	00:48:04	01:10:48	01:45:47.60	01:46:13.10	5:00	12
159	SOŁTYSIK TOMASZ	2772	MARUDA TEAM	CHORZÓW	POL	M-40	62	M 159	00:47:08	01:09:14	01:45:51.10	01:46:54.00	5:00	12
160	SOJA ŁUKASZ	2735	RUNNERS NIGHT PYSKOWICE	PYSKOWICE	POL	M-40	63	M 160	00:47:05	01:09:29	01:45:51.35	01:46:13.35	5:00	12
161	MEJER KRZYSZTOF	2586		RUDA ŚLĄSKA	POL	M-50	20	M 161	00:49:45	01:11:43	01:46:08.15	01:47:21.05	5:01	11.9
162	REJNIAK MATEUSZ	2439	REDYNA	KNURÓW	POL	M-30	69	M 162		01:03:32	01:46:20.90	01:46:49.00	5:02	11.9
163	IWASZKOWSKI DAWID	2193	REDYNA TEAM	KNUROW	POL	M-30	70	M 163	00:46:52	01:08:28	01:46:20.90	01:46:47.90	5:02	11.9
164	KĘDZIORA ŁUKASZ	2700		PIEKARY SLASKIE	POL	M-40	64	M 164	00:46:31	01:09:25	01:46:29.30	01:46:52.65	5:02	11.9
165	SALAMON EMIL	2154	STELLANTIS ACTIVE TEAM	GLIWICE	POL	M-30	71	M 165	00:48:10	01:10:13	01:46:32.15	01:47:08.90	5:02	11.9
166	ŁATKA MAREK	2567		RUDZICZKA	POL	M-40	65	M 166	00:49:11	01:11:18	01:46:34.10	01:47:07.20	5:03	11.9
167	DUŚ ARTUR	2795	POLSKA GRUPA GÓRNICZA	CHORZÓW	POL	M-50	21	M 167	00:50:09	01:12:13	01:46:38.95	01:47:24.70	5:03	11.9
168	KUŹMIŃSKI MICHAŁ	2426		KATOWICE	POL	M-40	66	M 168		01:11:23	01:46:43.15	01:48:06.95	5:03	11.9
169	GOLONKA MAREK	2150		MYSŁOWICE	POL	M-50	22	M 169	00:47:04	01:09:55	01:46:44.95	01:46:58.50	5:03	11.9
170	KULA KRZYSZTOF	2130		RADZIONKÓW	POL	M-40	67	M 170		01:10:37	01:46:45.85	01:47:13.25	5:03	11.9
171	JABŁOŃSKI ŁUKASZ	2202	Q-PERIOR TEAM	TYCHY	POL	M-30	72	M 171	00:47:38	01:10:00	01:46:52.55	01:48:33.45	5:03	11.8
172	CIĄGŁO JAKUB	2332	CHWALISZ CZY NIE CHWALISZ - LOTEJ Z NAMI	BIERUŃ	POL	M-30	73	M 172	00:46:58	01:09:13	01:46:54.15	01:47:22.25	5:03	11.8
173	NOWAK MARIUSZ	2357	HIRSCHVOGEL	GLIWICE	POL	M-40	68	M 173	00:48:54	01:11:22	01:47:00.00	01:47:24.00	5:04	11.8
174	HASSA DAMIAN	2714		BOJSZÓW	POL	M-20	9	M 174	00:47:55	01:10:11	01:47:01.95	01:48:01.75	5:04	11.8
175	SKRZYPEK KRZYSZTOF	2235		KATOWICE	POL	M-40	69	M 175	00:48:42	01:11:19	01:47:02.10	01:47:40.30	5:04	11.8
176	WIŚNIEWSKI ADAM	2718		RUDZINIEC	POL	M-20	10	M 176	00:48:01	01:10:02	01:47:05.00	01:47:55.80	5:04	11.8
177	TOCHOWICZ BARTOSZ	2787		GOLESZÓW	POL	M-50	23	M 177	00:48:02	01:10:26	01:47:09.35	01:47:36.60	5:04	11.8
178	WŁOSIŃSKI GRZEGORZ	2712		KATOWICE	POL	M-20	11	M 178	00:49:02	01:11:03	01:47:11.55	01:47:27.70	5:04	11.8
179	CZUCZ MICHAŁ	2166	PARKRUN CHRZANÓW	CHRZANÓW	POL	M-30	74	M 179	00:48:48	01:10:43	01:47:11.65	01:47:12.65	5:04	11.8
180	HERUD TOMASZ	2095	ROWEROWIE GLIWICE	GLIWICE	POL	M-30	75	M 180	00:48:49	01:11:39	01:47:15.80	01:48:08.60	5:04	11.8
181	MIGURSKI JAKUB	2748	FUCHS OIL TEAM	GLIWICE	POL	M-30	76	M 181	00:50:58	01:13:33	01:47:26.05	01:48:27.60	5:05	11.8
182	CIEŚLIK BARTŁOMIJ	2232	CHATEAU CHALIN	POZNAŃ	POL	M-40	70	M 182	00:48:33	01:11:17	01:47:34.50	01:47:48.00	5:05	11.8
183	HALCZOK JANUSZ	2601	PACEMAKER	BYTOM	POL	M-40	71	M 183	00:49:11	01:11:46	01:47:38.45	01:48:09.20	5:06	11.8
184	KOWALSKI GRZEGORZ	2761	PACEMAKER/W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	M-40	72	M 184	00:49:10	01:11:46	01:47:39.10	01:48:09.70	5:06	11.8
185	PTAK KRZYSZTOF	2742	HRMAX ŻORY	ŻORY	POL	M-40	73	M 185	00:49:02	01:11:41	01:47:41.15	01:47:42.15	5:06	11.8
186	TOKARSKI PIOTR	2379	TTAT	KATOWICE	POL	M-40	74	M 186	00:47:57	01:10:48	01:47:44.00	01:48:09.20	5:06	11.8
187	RUTKOWSKI MICHAŁ	2407	LIDL	GLIWICE	POL	M-30	77	M 187	00:50:13	01:13:07	01:47:45.75	01:48:27.65	5:06	11.7
188	CIEŚLIK PAWEŁ	2230	CHATEAU CHALIN	POZNAŃ	POL	M-40	75	M 188	00:48:44	01:11:31	01:47:47.00	01:47:48.00	5:06	11.7
189	PAJĄK MAREK	2472	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	M-40	76	M 189	00:49:45	01:12:48	01:48:02.75	01:49:35.30	5:07	11.7
190	ROGOWSKI JAKUB	2494		GLIWICE	POL	M-20	12	M 190	00:50:03	01:12:36	01:48:07.35	01:48:58.30	5:07	11.7
191	KWIATKOWSKI MARCIN	2028		GLIWICE	POL	M-30	78	M 191	00:46:58	01:09:52	01:48:11.40	01:48:27.40	5:07	11.7
192	BONIEWSKI LECH	2447	SP GLINOJECK	GLINOJECK	POL	M-60	1	M 192	00:48:50	01:12:55	01:48:25.25	01:49:07.75	5:08	11.7
193	NOWAK WOJCIECH	2399	BEFIT24TEAM	KRAKÓW	POL	M-50	24	M 193	00:49:28	01:12:20	01:48:26.85	01:49:06.90	5:08	11.7
194	KĘDZIERSKI ALFRED	2311	KOLEJE ŚLĄSKIE	GLIWICE	POL	M-50	25	M 194	00:47:31	01:10:45	01:48:30.05	01:48:41.10	5:08	11.7
195	ULIASZ KRZYSZTOF	2485	STELLANTIS ACTIVE TEAM	GLIWICE	POL	M-40	77	M 195	00:49:02	01:12:13	01:48:34.15	01:49:09.30	5:08	11.7
196	JANDA SEBASTIAN	2236	BIEGAM ŻEBY ŻREĆ WIĘCEJ CIASTKÓW	BIELSKO-BIAŁA	POL	M-40	78	M 196	00:47:43	01:10:34	01:48:38.85	01:48:57.90	5:08	11.7
197	MIODEK ŁUKASZ	2610	AKT WATRA	TARNOWSKIE GÓRY	POL	M-30	79	M 197	00:50:54	01:13:47	01:48:45.60	01:50:17.35	5:09	11.6
198	POCHAŁA ANDRZEJ	2736	NGK RUNNING TEAM	BYTOM	POL	M-40	79	M 198	00:50:54	01:12:58	01:48:46.75	01:50:20.70	5:09	11.6
199	PAJĄK MICHAŁ	2510		RADOSTOWICE	POL	M-30	80	M 199	00:49:36	01:12:43	01:48:47.50	01:49:40.50	5:09	11.6
200	ŚLUSARCZYK GUCIO ANDRZEJ	2720	DJ GUCIO SHOW MUST GO ON	PRUSZCZ GDAŃSKI	POL	M-50	26	M 200	00:45:54	01:08:36	01:48:49.40	01:49:04.85	5:09	11.6
201	ZIÓŁKOWSKI GRZEGORZ	2387		GLIWICE	POL	M-50	27	M 201	00:48:16	01:11:03	01:49:05.00	01:49:06.00	5:10	11.6
202	PINKAWA GRZEGORZ	2324	GISZOWIEC BIEGA RAZEM	KATOWICE	POL	M-40	80	M 202	00:51:14	01:13:50	01:49:18.50	01:49:57.30	5:10	11.6
203	HOBZDA PIOTR	2167	#MYJUZSWOJEZROBILI	BYTOM	POL	M-40	81	M 203	00:48:08	01:10:55	01:49:20.85	01:50:10.45	5:10	11.6
204	KOŁODZIEJSKI EMIL	2039	BOJKÓW BIEGA	GLIWICE	POL	M-30	81	M 204	00:47:24	01:10:41	01:49:22.55	01:50:51.90	5:10	11.6
205	LAMCZYK PIOTR	2312		PYSKOWICE	POL	M-30	82	M 205	00:49:42	01:12:18	01:49:23.15	01:49:24.15	5:11	11.6
206	TYSKIEWICZ CUMA	2219		GLIWICE	POL	M-40	82	M 206	00:50:59	01:13:15	01:49:29.95	01:49:30.95	5:11	11.6
207	CETERA ŁUKASZ	2240	#HUTATEAM	GLIWICE	POL	M-30	83	M 207	00:48:05	01:11:28	01:49:30.25	01:50:19.55	5:11	11.6
208	NIESLER MICHAŁ	2215	NTEAM	GLIWICE	POL	M-30	84	M 208	00:46:44	01:10:07	01:49:33.90	01:50:03.75	5:11	11.6

**VIII PÓLMARATON GLIWICKI, M Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
209	KWIATKOWSKI GRZEGORZ	2753		ŻERNICA	POL	M-50	28	M 209	00:47:33	01:11:17	01:49:39.65	01:49:40.65	5:11	11.5
210	PICZ MICHAŁ	2043	POMPEJANKA TEAM	GLIWICE	POL	M-30	85	M 210	00:52:23	01:15:06	01:49:45.35	01:51:45.40	5:12	11.5
211	WYWIĄŁ ŁUKASZ	2548	SAINT-GOBAIN SQUAD	WOJKOWICE	POL	M-30	86	M 211	00:49:23	01:12:20	01:49:47.85	01:51:34.25	5:12	11.5
212	SZAROWICZ SEBASTIAN	2611		ZABRZE	POL	M-40	83	M 212	00:47:19	01:10:32	01:49:49.55	01:49:59.00	5:12	11.5
213	RAWŁUSZEWICZ WALDEMAR	2584		ZABRZE	POL	M-50	29	M 213	00:47:37	01:10:20	01:49:59.00	01:50:27.80	5:12	11.5
214	ŻÓŁTOWSKI MICHAŁ	2514		GLIWICE	POL	M-30	87	M 214	00:50:05	01:12:13	01:50:05.80	01:52:03.40	5:13	11.5
215	DUDA JACEK	2434	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	M-50	30	M 215	00:49:53	01:12:51	01:50:05.85	01:51:38.50	5:13	11.5
216	MATEŃCZUK LESŁAW	2702		RACIBÓRZ	POL	M-30	88	M 216	00:50:59	01:13:18	01:50:08.60	01:52:18.45	5:13	11.5
217	WILK MIROŚLAW	2437		ŚWIĘTOCHŁOWICE	POL	M-40	84	M 217	00:47:35	01:10:33	01:50:16.30	01:50:40.15	5:13	11.5
218	KARWOT PIOTR	2191	TEAM REDYNA	CZERWIONKA-LESZCZYNY	POL	M-30	89	M 218	00:48:28	01:11:44	01:50:24.25	01:50:52.80	5:13	11.5
219	CHWASTYK ŁUKASZ	2220	LEGNICA TEAM	LEGNICA	POL	M-30	90	M 219	00:50:30	01:13:09	01:50:24.75	01:51:02.95	5:13	11.5
220	MALOTTA KONRAD	2195	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	M-30	91	M 220	00:51:17	01:14:24	01:50:27.85	01:50:28.85	5:14	11.5
221	STAWARCZYK KRYSZTIAN	2482	STELLANTIS ACTIVE TEAM	RYBNIK	POL	M-40	85	M 221	00:51:22	01:14:28	01:50:33.35	01:50:34.35	5:14	11.5
222	KAMIŃSKI JACEK	2631	GOMOLA PACK-CENTER	GLIWICE	POL	M-40	86	M 222	00:48:12	01:12:13	01:50:39.30	01:51:01.80	5:14	11.4
223	SKOTNICKI PAWEŁ	2001		GLIWICE	POL	M-30	92	M 223	00:49:42	01:12:51	01:50:46.40	01:51:24.10	5:14	11.4
224	SZYMSKI TOMASZ	2153		BYTOM	POL	M-40	87	M 224	00:49:23	01:12:44	01:50:46.50	01:51:02.15	5:14	11.4
225	GIBEK MARCIN	2305	KRUC_A_FUKS_KAJ_TA_META	STANOWICE	POL	M-30	93	M 225	00:50:15	01:13:24	01:50:48.95	01:50:49.95	5:15	11.4
226	ODZIOMEK SEBASTIAN	2425		RUŚKA ŚLĄSKA	POL	M-40	88	M 226	00:49:55	01:12:50	01:50:53.70	01:51:53.20	5:15	11.4
227	STALICA WOJCIECH	2253	IZO ERG	CZĘSTOCHOWA	POL	M-50	31	M 227	00:49:11	01:12:26	01:50:54.20	01:51:12.65	5:15	11.4
228	PIEKARSKI WIKTOR	2519	140MINUT.PL	DOMASZCZYN	POL	M-30	94	M 228	00:50:00	01:13:06	01:50:57.85	01:51:41.25	5:15	11.4
229	ROMANOWSKI KRZYSZTOF	2467	PKO BANK POLSKI	TYCHY	POL	M-40	89	M 229	00:50:31	01:13:23	01:50:58.55	01:53:09.75	5:15	11.4
230	STACHA PAWEŁ	2396		SIEMIANOWICE ŚLĄSKIE	POL	M-40	90	M 230	00:49:49	01:13:17	01:51:15.90	01:52:15.65	5:16	11.4
231	KWIECIŃSKI DAMIAN	2790		BYTOM	POL	M-40	91	M 231	00:50:57	01:13:53	01:51:21.80	01:51:59.30	5:16	11.4
232	TOMASZEWSKI ŁUKASZ	2468		KOZŁÓW	POL	M-30	95	M 232	00:49:25	01:13:02	01:51:22.00	01:51:51.45	5:16	11.4
233	ŚWIĘTEK JACEK	2170		OPOLE	POL	M-40	92	M 233	00:49:39	01:12:49	01:51:32.40	01:52:33.45	5:17	11.4
234	SPYRA KAMIL	2158	4K P. K. S. SPYROWKA	SZYMOCICE	POL	M-30	96	M 234	00:50:07	01:13:44	01:51:38.95	01:51:49.15	5:17	11.3
235	KOCHMAN DAWID	2817		BESTWINA	POL	M-40	93	M 235	00:50:43	01:14:04	01:51:43.55	01:52:58.00	5:17	11.3
236	SOWKA SEBASTIAN	2559		PIEKARY ŚLĄSKIE	POL	M-20	13	M 236	00:50:23	01:14:30	01:51:46.15	01:52:42.90	5:17	11.3
237	GIGON KRZYSZTOF	2555	CZYSTY CIUL	GLIWICE	POL	M-40	94	M 237	00:49:32	01:13:05	01:51:54.80	01:52:50.20	5:18	11.3
238	PŁONKA KRZYSZTOF	2765	TEAM DKMS	JASTRZĘBIE-ZDRÓJ	POL	M-50	32	M 238	00:47:48	01:10:46	01:51:54.85	01:52:26.15	5:18	11.3
239	FLOREK PIOTR	2131		RYBNIK	POL	M-30	97	M 239	00:48:58	01:12:31	01:52:00.10	01:52:45.80	5:18	11.3
240	WOJEWÓDKA GRZEGORZ	2388	BRYGADA RR (RAZEM RAŻNIEJ)	ŁAZISKA GÓRNE	POL	M-40	95	M 240	00:49:44	01:13:17	01:52:00.55	01:52:10.30	5:18	11.3
241	POGORZALEK MATEUSZ	2513		GLIWICE	POL	M-30	98	M 241	00:51:54	01:15:25	01:52:02.15	01:53:55.95	5:18	11.3
242	CIEPLIK GRZEGORZ	2263		GLIWICE	POL	M-30	99	M 242	00:51:06	01:14:07	01:52:12.90	01:52:13.90	5:19	11.3
243	SPENDE TOMASZ	2811		PRZĘZCHLEBIE	POL	M-40	96	M 243	00:48:40	01:11:58	01:52:16.60	01:52:55.40	5:19	11.3
244	MACYSZYN WALDEMAR	2518	GLIWICE	GLIWICE	POL	M-60	2	M 244	00:50:41	01:14:28	01:52:17.05	01:52:56.50	5:19	11.3
245	KRAJEWSKI RADOSŁAW	2218		GLIWICE	POL	M-30	100	M 245	00:51:21	01:14:34	01:52:18.20	01:52:19.20	5:19	11.3
246	PURCZYŃSKI JAN	2404		RYBNIK	POL	M-50	33	M 246	00:52:30	01:16:09	01:52:19.30	01:53:17.60	5:19	11.3
247	GĘBCZYŃSKI OLIWIER	2259	G-TEAM	GLIWICE	POL	M-20	14	M 247	00:51:59	01:15:29	01:52:22.85	01:54:29.90	5:19	11.3
248	PLEWA REMIGIUSZ	2262		GOSTYŃ	POL	M-40	97	M 248	00:53:32	01:16:45	01:52:25.90	01:54:11.90	5:19	11.3
249	JAWOREK JACEK	2144	SPRYTNA BANIA SPONTAN TEAM / JBC365	ZABRZE	POL	M-30	101	M 249	00:54:01	01:17:09	01:52:26.15	01:54:11.85	5:19	11.3
250	CZYŻ WOJCIECH	2331		GLIWICE	POL	M-40	98	M 250	00:48:56	01:12:38	01:52:28.45	01:52:40.10	5:19	11.3
251	SEROCKI MICHAŁ	2199		GLIWICE	POL	M-30	102	M 251	00:51:40	01:15:21	01:52:29.70	01:54:28.05	5:19	11.3
252	GAŁĘCZKA PAWEŁ	2695	HURAGAN LIGOTA	KATOWICE	POL	M-40	99	M 252	00:50:05	01:14:05	01:52:29.95	01:52:30.95	5:19	11.3
253	MARKOWICZ MATEUSZ	2471	BOJKÓW BIEGA	GLIWICE	POL	M-30	103	M 253	00:52:38	01:17:16	01:52:30.15	01:53:59.90	5:19	11.3
254	BUDNY KAMIL	2355		STRZELIN	POL	M-30	104	M 254	00:52:07	01:15:26	01:52:30.40	01:53:55.00	5:19	11.3
255	PRADEŁA MARIUSZ	2092	DHL RUN CLUB	ZABRZE	POL	M-40	100	M 255	00:51:01	01:14:39	01:52:48.35	01:53:45.00	5:20	11.2
256	KOŁODZIEJCZYK BARTEK	2804		WIERZBICA	POL	M-40	101	M 256	00:53:19	01:16:43	01:52:49.35	01:53:10.75	5:20	11.2
257	SMOLEC WOJCIECH	2681		ANDRYCHÓW	POL	M-20	15	M 257	00:49:56	01:13:55	01:53:03.45	01:53:34.90	5:21	11.2
258	BESALA BOGDAN	2830		KATOWICE	POL	M-60	3	M 258	00:52:37	01:16:09	01:53:03.95	01:53:56.25	5:21	11.2
259	CHWAŁEK PIOTR	2683	ZABIEGANI W KIELCACH	KIELCE	POL	M-50	34	M 259	00:51:47	01:15:37	01:53:05.70	01:53:25.85	5:21	11.2
260	ZAJDEŁ DARIUSZ	2067	ZAWADZKIE BIEGNIĘ	ZAWADZKIE	POL	M-60	4	M 260		01:16:46	01:53:07.00	01:54:01.45	5:21	11.2
261	TRĄBAŁA ADAM	2545		MYSŁOWICE	POL	M-40	102	M 261	00:50:56	01:15:21	01:53:15.30	01:53:27.80	5:22	11.2
262	NIKODON PAWEŁ	2046	NIKODON DREAM TEAM	GLIWICE	POL	M-40	103	M 262	00:49:02	01:12:52	01:53:15.85	01:53:42.25	5:22	11.2
263	DOMAŃSKI MARCIN	2038	RUNNINGFISH74	GLIWICE	POL	M-40	104	M 263	00:52:31	01:16:06	01:53:20.00	01:54:11.40	5:22	11.2
264	BODYCH MACIEJ	2667		ZĄBKI	POL	M-40	105	M 264	00:51:14	01:15:06	01:53:24.25	01:53:58.65	5:22	11.2

### VIII PÓŁMARTON GLIWICKI, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
265	HELLWIG ADAM	2658		MYSŁOWICE	POL	M-40	106	M 265	00:51:40	01:15:10	01:53:25.30	01:54:06.00	5:22	11.2
266	NIEMIADOMSKI MAREK	2511	CROSS KRAPKOWICE	KRAPKOWICE	POL	M-30	105	M 266	00:50:04	01:13:48	01:53:27.20	01:54:26.40	5:22	11.2
267	JERUSZKA PAWEŁ	2325		CZĘSTOCHOWA	POL	M-40	107	M 267	00:50:31	01:14:04	01:53:28.30	01:54:03.30	5:22	11.2
268	ŻMIJEWSKI DARIUSZ	2221	EXTREMALNI RZEŹNICY NA RELAKSIE	GLIWICE	POL	M-50	35	M 268	00:50:27	01:13:50	01:53:36.80	01:54:04.80	5:23	11.1
269	SEMIK JAKUB	2157		GLIWICE	POL	M-30	106	M 269	00:52:24	01:16:34	01:53:37.70	01:54:43.35	5:23	11.1
270	GMIEREK PIOTR	2617		GLIWICE	POL	M-30	107	M 270	00:48:34	01:12:24	01:53:40.25	01:53:53.80	5:23	11.1
271	ANTOSZ WOJCIECH	2716		MIZERÓW	POL	M-30	108	M 271	00:52:27	01:15:57	01:53:40.60	01:54:44.40	5:23	11.1
272	CZORNYJ MATEUSZ	2557	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-30	109	M 272	00:52:11	01:16:14	01:53:43.90	01:54:36.30	5:23	11.1
273	FAŁEK KRZYSZTOF	2573	ŁAMIGNATY	MIKOŁÓW	POL	M-40	108	M 273	00:51:23	01:15:10	01:53:50.85	01:55:41.30	5:23	11.1
274	ZAMORA MAREK	2052		PIEKARY ŚL.	POL	M-50	36	M 274	00:52:56	01:16:59	01:53:52.55	01:56:17.20	5:23	11.1
275	CZERWONKO JAKUB	2627	#MYJUZSWOJEZROBILI	BYTOM	POL	M-40	109	M 275	00:52:31	01:16:44	01:53:52.65	01:54:43.00	5:23	11.1
276	POGORZELSKI KAMIL	2117		BIAŁYSTOK	POL	M-20	16	M 276	00:52:35	01:16:45	01:53:53.40	01:54:46.70	5:23	11.1
277	WEGNER TOMASZ	2786	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-40	110	M 277	00:50:04	01:13:35	01:53:54.10	01:54:45.90	5:23	11.1
278	LIBISZ MARCIN	2591		RADZIONKOW	POL	M-30	110	M 278	00:51:08	01:14:48	01:53:54.10	01:55:29.40	5:23	11.1
279	RÓŻAŃSKI TOMASZ	2378		GLIWICE	POL	M-40	111	M 279	00:50:40	01:14:16	01:54:01.15	01:56:00.25	5:24	11.1
280	FRĄC DARIUSZ	2476	BANDA Z POŁUDNIA	GLIWICE	POL	M-40	112	M 280	00:50:09	01:13:33	01:54:01.45	01:54:49.65	5:24	11.1
281	IMIOŁCZYK TOMASZ	2524	KOMANDOS	BYTOM	POL	M-40	113	M 281	00:52:44	01:16:43	01:54:02.95	01:54:52.00	5:24	11.1
282	MANDOK BOGDAN	2422		SOŚNICOWICE	POL	M-40	114	M 282	00:49:11	01:13:42	01:54:09.40	01:54:15.60	5:24	11.1
283	KOŁODZIEJ DARIUSZ	2805	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	M-40	115	M 283	00:52:42	01:16:45	01:54:17.10	01:55:03.00	5:24	11.1
284	WAWRZĄK RYSZARD	2612	RYSZARD RUN- PACEMAKER	GLIWICE	POL	M-40	116	M 284	00:52:42	01:16:46	01:54:17.25	01:55:03.10	5:24	11.1
285	GOLA DANIEL	2729	DO GÓRY NOGAMI	GLIWICE	POL	M-30	111	M 285	00:49:38	01:13:44	01:54:18.00	01:54:19.00	5:25	11.1
286	RACZEK WOJCIECH	2441		CHEŁMEK	POL	M-40	117	M 286	00:49:26	01:13:41	01:54:19.50	01:54:46.10	5:25	11.1
287	DOBOSZ KRZYSZTOF	2119	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-50	37	M 287	00:51:14	01:14:21	01:54:25.00	01:55:02.35	5:25	11.1
288	RYSZCZYK ADAM	2430	RUN2BFFREE	RYBNIK	POL	M-40	118	M 288	00:54:02	01:18:20	01:54:26.65	01:56:10.05	5:25	11.1
289	ORZECZOWSKI MAREK	2003		GLIWICE	POL	M-30	112	M 289	00:51:41	01:14:58	01:54:29.75	01:56:04.55	5:25	11.1
290	SZTELIĞA TOMASZ	2656		WOJKOWICE	POL	M-50	38	M 290	00:51:44	01:15:58	01:54:38.00	01:55:13.90	5:25	11
291	LISEWSKI BARTŁOMIEJ	2382	...	GLIWICE	POL	M-40	119	M 291	00:52:34	01:16:38	01:54:45.25	01:55:40.80	5:26	11
292	ZIELONKA TOMASZ	2615	DESIGNBAY	GLIWICE	POL	M-20	17	M 292	00:52:12	01:16:37	01:54:46.75	01:55:41.30	5:26	11
293	MADEJ MAREK	2384	KĘCKIE HARPAGANY	HECZARNOWICE	POL	M-30	113	M 293	00:53:11	01:17:21	01:54:56.50	01:55:52.85	5:26	11
294	SCHAB BARTŁOMIEJ	2185		GLIWICE	POL	M-30	114	M 294	00:51:03	01:15:32	01:54:59.05	01:56:10.50	5:26	11
295	MACHATA JACEK	2797		WROCLAW	POL	M-40	120	M 295	00:53:17	01:17:24	01:55:01.40	01:55:59.80	5:27	11
296	SZYDŁOWSKI WALDEMAR	2212	BIEGNĘ BYLE DOBIEC	TYCHY	POL	M-40	121	M 296	00:50:18	01:14:04	01:55:04.60	01:55:35.80	5:27	11
297	CZAJKA ROMAN	2264	POLISH RUNNERS SQUAD	GLIWICE	POL	M-40	122	M 297	00:52:17	01:16:42	01:55:10.90	01:55:11.90	5:27	11
298	BARTOSZEWSKI DARIUSZ	2774	SCHUMACHER	MALCZYCE	POL	M-30	115	M 298	00:49:13	01:13:49	01:55:21.60	01:56:01.20	5:28	11
299	CIELOCH TOMASZ	2832		PLESZEW	POL	M-20	18	M 299	00:41:47	01:06:00	01:55:22.15	01:55:35.70	5:28	11
300	IGNACY DENIS	2287		REŃSKA WIEŚ	POL	M-30	116	M 300	00:52:43	01:16:48	01:55:33.80	01:56:19.35	5:28	11
301	MANKA MARCIN	2013		GLIWICE	POL	M-30	117	M 301	00:52:18	01:16:40	01:55:35.05	01:56:35.35	5:28	11
302	SZCZYRBA MARCIN	2632		ŁAZISKA GÓRNE	POL	M-40	123	M 302	00:50:45	01:15:12	01:55:36.90	01:55:57.75	5:28	11
303	STASICZEK STANISŁAW	2698		PSZCZYNA	POL	M-40	124	M 303	00:50:58	01:15:29	01:55:38.05	01:55:39.05	5:28	10.9
304	GRYGIEREK JAROSŁAW	2227		BIELSKO BIAŁA	POL	M-40	125	M 304	00:53:17	01:17:21	01:55:44.10	01:57:00.10	5:29	10.9
305	ZIELONKA JACEK	2618	PSOFIX	ZABRZE	POL	M-40	126	M 305	00:54:39	01:18:28	01:55:48.75	01:56:44.75	5:29	10.9
306	SKIBA ŁUKASZ	2443	EASRUN RACIBÓRZ	RACIBÓRZ	POL	M-40	127	M 306	00:52:01	01:16:11	01:55:59.45	01:57:29.55	5:29	10.9
307	PLUSZKE PAWEŁ	2605		KATOWICE	POL	M-30	118	M 307	00:49:19	01:12:11	01:56:03.85	01:57:38.55	5:30	10.9
308	WRÓBLEWSKI MATEUSZ	2691		GLIWICE	POL	M-30	119	M 308	00:52:27	01:19:05	01:56:06.10	01:56:46.75	5:30	10.9
309	IGNACZAK ROBERT	2498		GLIWICE	POL	M-40	128	M 309	00:51:08	01:15:35	01:56:08.00	01:56:09.00	5:30	10.9
310	BIEGALSKI PIOTR	2823		GLIWICE	POL	M-30	120	M 310	00:52:08	01:16:10	01:56:09.55	01:57:03.70	5:30	10.9
311	BANASIK DAWID	2814		CHRZANÓW	POL	M-20	19	M 311	00:52:43	01:16:54	01:56:14.65	01:57:10.30	5:30	10.9
312	GORAUS KAROL	2576	TSH TEAM	GLIWICE	POL	M-30	121	M 312	00:52:39	01:16:55	01:56:16.50	01:57:00.70	5:30	10.9
313	ZALESKI ARKADIUSZ	2082		GLIWICE	POL	M-50	39	M 313	00:52:10	01:16:44	01:56:25.95	01:57:08.90	5:31	10.9
314	ŁĄCZKOWSKI DAWID	2291	ALURON CMC WARTA ZAWIERCIE	ZAWIERCIE	POL	M-40	129	M 314	00:52:34	01:16:45	01:56:30.65	01:57:26.75	5:31	10.9
315	SZWAJNOCH PIOTR	2809		WIELOWIEŚ	POL	M-40	130	M 315	00:53:02	01:17:05	01:56:33.80	01:57:16.70	5:31	10.9
316	DOBOSZ DANIEL	2676	MOCNA EKIPA	GLIWICE	POL	M-40	131	M 316	00:51:13	01:16:26	01:56:49.60	01:56:50.60	5:32	10.8
317	SMUDA ANDRZEJ	2123	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-40	132	M 317	00:50:16	01:14:38	01:56:53.45	01:57:04.10	5:32	10.8
318	TOMALA ADAM	2710		TYCHY	POL	M-30	122	M 318	00:50:55	01:15:54	01:56:54.15	01:57:15.75	5:32	10.8
319	LUDWIG DAWID	2733		GLIWICE	POL	M-30	123	M 319	00:54:42	01:19:15	01:56:56.40	01:58:49.25	5:32	10.8
320	SZOŁTYSIK BARTOSZ	2489	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-40	133	M 320	00:53:28	01:17:32	01:56:58.60	01:58:19.35	5:32	10.8
321	ORKIER JERZY	2116		GLIWICE	POL	M-60	5	M 321	00:53:54	01:18:23	01:57:06.65	01:57:07.65	5:32	10.8

## VIII PÓŁMARBON GLIWICKI, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
322	BANASZAK MARCIN	2592		GLIWICE	POL	M-40	134	M 322	00:53:51	01:18:23	01:57:09.50	01:58:50.10	5:33	10.8
323	GRONDYS ANDRZEJ	2007	ZATYRANI GRATISOWNIA.PL GMINA PILCHOWICE	ŻERNICA	POL	M-40	135	M 323	00:50:43	01:15:10	01:57:13.50	01:57:45.65	5:33	10.8
324	ŁYCZBA BOGUSŁAW	2731		CZĘSTOCHOWA	POL	M-60	6	M 324	00:52:38	01:17:41	01:57:16.80	01:58:49.85	5:33	10.8
325	NIESZWIC TERCENJUSZ	2794	DZIAŁAMY SOBIE	GLIWICE	POL	M-20	20	M 325	00:49:30	01:12:44	01:57:19.15	01:58:05.90	5:33	10.8
326	SEREDA MACIEJ	2565		PRZEWORSK	POL	M-20	21	M 326	00:53:47	01:18:35	01:57:22.50	01:58:50.10	5:33	10.8
327	ZAWISZA MICHAŁ	2831		GLIWICE	POL	M-30	124	M 327	00:56:00	01:19:58	01:57:25.20	01:59:37.10	5:33	10.8
328	ZGRZENDEK MACIEJ	2411	ING	ZABRZE	POL	M-30	125	M 328	00:52:24	01:17:01	01:57:32.20	01:58:38.25	5:34	10.8
329	SOWIŃSKI KRZYSZTOF	2247	BDB TEAM	KATOWICE	POL	M-30	126	M 329	00:50:21	01:13:34	01:57:33.90	01:58:05.05	5:34	10.8
330	ANDRZEJEWSKI MARTIN	2730		ZABRZE	POL	M-30	127	M 330	00:55:57	01:21:30	01:57:34.05	01:57:58.30	5:34	10.8
331	POKS PAWEŁ	2257		TYCHY	POL	M-20	22	M 331	00:55:43	01:20:15	01:57:34.90	01:59:10.10	5:34	10.8
332	MICHAŁIK PIOTR	2829	HDC	GLIWICE	POL	M-40	136	M 332	00:52:24	01:17:29	01:57:38.15	01:57:39.15	5:34	10.8
333	PASTERNAK ZBIGNIEW	2315	STELLANTIS ACTIVE TEAM	GLIWICE	POL	M-50	40	M 333	00:53:23	01:17:47	01:57:41.55	01:58:43.05	5:34	10.8
334	CYGAN TOMASZ	2140		GLIWICE	POL	M-40	137	M 334	00:52:13	01:16:40	01:57:46.80	01:58:49.20	5:34	10.8
335	POŁAP MARIUSZ	2727	NGK RUNNING TEAM	ZABRZE	POL	M-40	138	M 335	00:49:58	01:16:05	01:57:47.65	01:58:15.35	5:34	10.7
336	PETRYNA BARTOSZ	2318	FLUOR	RYBNIK	POL	M-40	139	M 336	00:49:38	01:13:21	01:57:49.75	01:58:25.40	5:35	10.7
337	PIETRUCZUK ARMIN	2741		ZABRZE	POL	M-20	23	M 337	00:48:30	01:14:45	01:57:59.70	01:58:18.00	5:35	10.7
338	PRZESTALSKI MARIAN	2847	REAL ZALESIE	WROCŁAW	POL	M-30	128	M 338	00:51:22	01:16:50	01:58:19.60	02:00:18.60	5:36	10.7
339	BEDNAREK KRZYSZTOF	2732		ŚWIETOCHŁOWICE	POL	M-30	129	M 339	00:53:19	01:18:19	01:58:27.65	01:58:56.05	5:36	10.7
340	KOWALCZYK JORDAN	2088		ZABRZE	POL	M-30	130	M 340	00:52:40	01:18:04	01:58:28.70	01:59:18.25	5:36	10.7
341	NEJMAN MATEUSZ	2537		BYTOM	POL	M-30	131	M 341	00:56:26	01:21:11	01:58:29.50	01:59:31.25	5:36	10.7
342	KOŚCIAŃSKI OSKAR	2692		GLIWICE	POL	M-20	24	M 342	00:53:55	01:19:12	01:58:33.35	01:59:46.20	5:37	10.7
343	ANIOL BOGUSŁAW	2427	SPRYTNA BANIA SPONTAN TEAM	LĘDZINY	POL	M-40	140	M 343	00:54:01	01:18:48	01:58:37.30	02:00:23.70	5:37	10.7
344	ROSADA ZDZISŁAW	2081	PORUSZENI - AKTYWNI Z SOŃNICY	GLIWICE	POL	M-60	7	M 344	00:55:26	01:19:41	01:58:37.35	01:59:34.95	5:37	10.7
345	FLAK MATEUSZ	2416		SIEMIANOWICE ŚLĄSKIE	POL	M-20	25	M 345		01:15:50	01:58:41.00	02:00:25.00	5:37	10.7
346	WÓJCIK TOMASZ	2773	FDG SA	SMOLNICA	POL	M-30	132	M 346	00:52:56	01:17:24	01:58:41.15	01:58:42.15	5:37	10.7
347	GIERAS MIROSLAW	2192		GLIWICE	POL	M-40	141	M 347	00:54:37	01:19:42	01:58:41.50	02:00:06.00	5:37	10.7
348	SZYMAŃSKI KRZYSZTOF	2147		RYBNIK	POL	M-30	133	M 348	00:50:05	01:14:40	01:58:42.05	01:59:18.40	5:37	10.7
349	KULA RADOŚLAW	2348		HAŻLACH	POL	M-40	142	M 349	00:54:03	01:19:02	01:58:42.80	02:00:25.90	5:37	10.7
350	MOTULEWICZ JAKUB	2534		KRAKÓW	POL	M-20	26	M 350	00:55:07	01:20:40	01:58:43.35	02:00:09.15	5:37	10.7
351	ZYSK DARIUSZ	2608		KATOWICE	POL	M-40	143	M 351	00:52:51	01:17:33	01:58:49.90	01:59:21.60	5:37	10.7
352	MEOSSI ALESSANDRO	2320	ZŁOTA MARKA	GLIWICE	POL	M-20	27	M 352	00:50:42	01:16:00	01:59:04.15	01:59:51.55	5:38	10.6
353	UKLEJA MICHAŁ	2433		ZBROSŁAWICE	POL	M-40	144	M 353	00:52:53	01:17:38	01:59:16.75	01:59:40.40	5:39	10.6
354	MAZGAJSKI MATEUSZ	2655		GLIWICE	POL	M-30	134	M 354	00:53:19	01:18:43	01:59:21.30	02:00:28.70	5:39	10.6
355	SIESZPOWSKI TOMASZ	2343		KOBYŁKA	POL	M-30	135	M 355	00:52:53	01:17:54	01:59:30.95	02:00:21.00	5:39	10.6
356	SIDORSKI ROBERT	2062	STELLANTIS ACTIVE TEAM	GLIWICE	POL	M-40	145	M 356	00:52:54	01:17:55	01:59:35.30	01:59:52.90	5:40	10.6
357	ĆWIKŁA MICHAŁ	2323	FLUOR	GLIWICE	POL	M-20	28	M 357	00:52:17	01:17:12	01:59:40.90	02:00:49.70	5:40	10.6
358	JOP GRZEGORZ	2764	MEDUZY	PANIÓWKI	POL	M-30	136	M 358	00:52:30	01:17:06	01:59:41.25	02:00:43.15	5:40	10.6
359	KĄLAMARZ MARIUSZ	2306	CROSSFIT SILESIA	GLIWICE	POL	M-40	146	M 359	00:51:46	01:17:42	01:59:42.05	02:00:15.75	5:40	10.6
360	MALINOWSKI ADAM	2372		RYBNIK	POL	M-40	147	M 360	00:55:47	01:20:54	01:59:46.20	02:00:49.65	5:40	10.6
361	KOZIOŁEK OLIVER	2283	OPIEŃ Z DUPY	BLOTNICA STRZELECKA	POL	M-20	29	M 361	00:53:08	01:17:47	01:59:48.05	02:00:51.65	5:40	10.6
362	KOCULA KRZYSZTOF	2079	PARKRUN KĘDZIERZYN-KOZLE	KOBYLICE	POL	M-40	148	M 362	00:56:17	01:21:03	01:59:51.75	02:01:44.60	5:40	10.6
363	SZWEDA PIOTR	2270		KATOWICE	POL	M-30	137	M 363	00:55:22	01:20:17	01:59:54.30	02:00:50.90	5:40	10.6
364	ŁUKOMSKI TOMEK	2258		GLIWICE	POL	M-20	30	M 364	00:56:41	01:21:41	02:00:00.55	02:01:11.25	5:41	10.6
365	BOCZEK KRZYSZTOF	2178	PER ASPERA AD ASTRA	WODZISŁAW ŚLĄSKI	POL	M-50	41	M 365	00:53:32	01:18:32	02:00:00.60	02:00:57.00	5:41	10.6
366	SZEWczyk ŁUKASZ	2726	NGK RUNNIG TEAM	DĄBROWA GÓRNICZA	POL	M-30	138	M 366	00:53:50	01:19:10	02:00:06.65	02:01:40.00	5:41	10.5
367	MICHALAK GRZEGORZ	2671	TOTALNY AMATOR	ZABRZE	POL	M-50	42	M 367	00:54:16	01:19:20	02:00:07.20	02:01:04.25	5:41	10.5
368	STRZESAK PIOTR	2418	ZMĘCZENI NA STARCIE DOBIEGNIOW	DOBIEGNIOW	POL	M-60	8	M 368	00:54:30	01:19:30	02:00:08.25	02:02:22.00	5:41	10.5
369	BORYCZKA SZYMON	2771	BORUŚTEAM	MIEDZYRZECZE	POL	M-40	149	M 369	00:53:44	01:19:19	02:00:18.60	02:00:59.45	5:42	10.5
370	SZOŁTYSEK DENIS	2547	LEŚNA OSTROPA	GLIWICE	POL	M-30	139	M 370	00:57:02	01:22:30	02:00:22.05	02:01:39.40	5:42	10.5
371	MARCINIAK KRZYSZTOF	2156	KS PERELECCZKI	RACIBÓRZ	POL	M-30	140	M 371	00:53:21	01:18:07	02:00:30.40	02:00:56.50	5:42	10.5
372	WÓJCIK JAKUB	2560	TRIDIVISION TRIATHLON TEAM	GLIWICE	POL	M-40	150	M 372	00:55:08	01:20:26	02:00:31.15	02:01:40.90	5:42	10.5
373	PELLE LASZŁO	2680		DABROWA GORNICZA	POL	M-50	43	M 373	00:53:27	01:18:28	02:00:33.85	02:01:24.60	5:42	10.5
374	KOCUR ROBERT	2341	PROMUS KATOWICE	TACISZÓW	POL	M-50	44	M 374	00:52:42	01:18:08	02:00:38.90	02:01:34.70	5:43	10.5
375	PÓŁTORAK KAMIL	2021		GLIWICE	POL	M-30	141	M 375	00:55:22	01:21:15	02:00:48.20	02:02:32.70	5:43	10.5
376	SPIECHOWICZ ANDRZEJ	2620		ZABRZE	POL	M-30	142	M 376	00:54:27	01:19:21	02:00:51.55	02:00:52.55	5:43	10.5
377	GANCARCZYK MACIEJ	2707	SZCOMPER GWK	BYTOM	POL	M-20	31	M 377	00:57:47	01:21:32	02:00:52.05	02:00:53.05	5:43	10.5

## VIII PÓŁMARATON GLIWICKI, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
378	ZIMNY IRENEUSZ	2818	EKO-OKNA RUNNERS	RYBNIK	POL	M-40	151	M 378	00:55:20	01:20:39	02:00:57.05	02:01:29.55	5:43	10.5
379	KULPIŃSKI PAWEŁ	2614		RUDA ŚLĄSKA	POL	M-40	152	M 379	00:53:22	01:19:49	02:00:59.35	02:01:13.50	5:44	10.5
380	CIEŚLIK MACIEJ	2302		KRAKÓW	POL	M-40	153	M 380	00:55:37	01:20:58	02:01:01.25	02:02:11.45	5:44	10.5
381	MICHAŁEK GRZEGORZ	2588	GISZOWIEC BIEGA RAZEM	KATOWICE	POL	M-50	45	M 381	00:51:54	01:17:14	02:01:02.35	02:01:41.95	5:44	10.5
382	HEWIG MAREK	2690	ING TEAM	NOWE CHECHŁO	POL	M-40	154	M 382	00:54:14	01:19:43	02:01:14.45	02:02:19.60	5:44	10.4
383	GEBCZYŃSKI PAWEŁ	2112	GO4IT	GLIWICE	POL	M-40	155	M 383	00:55:25	01:20:45	02:01:14.60	02:03:20.10	5:44	10.4
384	GÓRNY PIOTR	2083	ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	GLIWICE	POL	M-50	46	M 384	00:54:12	01:19:23	02:01:15.75	02:02:12.05	5:44	10.4
385	ERDMANN ROBERT	2393		GLIWICE	POL	M-30	143	M 385	00:55:36	01:20:50	02:01:18.25	02:02:26.75	5:44	10.4
386	GRUCHALSKI JAKUB	2505	ISTA BIEGAMY	CHORZÓW	POL	M-30	144	M 386	00:55:30	01:20:59	02:01:18.55	02:01:59.50	5:44	10.4
387	WARZECHA MARIUSZ	2329	ZEM ŁABĘDY SP. Z O.O.	PYSKOWICE	POL	M-40	156	M 387	00:53:34	01:18:08	02:01:21.70	02:01:22.70	5:45	10.4
388	HAŁUPKA PAWEŁ	2553	LEŚNA OSTROPA	GLIWICE	POL	M-30	145	M 388	00:57:03	01:22:31	02:01:22.25	02:02:38.40	5:45	10.4
389	LECIEJEWSKI MATEUSZ	2635	WITKOWSKI RUNNING TEAM	MÓRKOWO	POL	M-30	146	M 389	00:57:03	01:22:31	02:01:22.35	02:02:38.85	5:45	10.4
390	OSIŃSKI PAWEŁ	2008	KS M.E.T.A	GLIWICE	POL	M-40	157	M 390	00:54:52	01:21:26	02:01:25.25	02:03:04.30	5:45	10.4
391	ZAPART MARCIN	2641		PIEKARY ŚLĄSKIE	POL	M-30	147	M 391	00:55:00	01:20:13	02:01:28.55	02:02:06.85	5:45	10.4
392	SIKORA MICHAŁ	2273		GLIWICE	POL	M-40	158	M 392	00:52:13	01:17:16	02:01:31.70	02:02:18.80	5:45	10.4
393	POLKO ADAM	2546	POGORIA BIEGA	DĄBROWA GÓRNICZA	POL	M-40	159	M 393	00:58:52	01:23:44	02:01:33.95	02:02:45.40	5:45	10.4
394	WENGLORZ MARCIN	2093		CIESZYN	POL	M-30	148	M 394	00:55:40	01:21:11	02:01:35.45	02:03:02.20	5:45	10.4
395	KRÓLIKOWSKI ROBERT	2209		RYBNIK	POL	M-30	149	M 395	00:49:09	01:14:37	02:01:41.35	02:02:05.80	5:46	10.4
396	GAWRON KONRAD	2598		GLIWICE	POL	M-20	32	M 396	00:51:47	01:16:57	02:01:41.80	02:02:51.20	5:46	10.4
397	BOJARSKI MAREK	2709	WATRA	KATOWICE	POL	M-30	150	M 397	00:53:23	01:19:32	02:01:43.60	02:03:18.70	5:46	10.4
398	ŁAKOMSKI PAWEŁ	2281	BOJKÓW BIEGA	GLIWICE	POL	M-40	160	M 398	00:55:14	01:19:39	02:01:46.95	02:01:47.95	5:46	10.4
399	GRZYWOCZ TOMASZ	2451		KATOWICE	POL	M-20	33	M 399	00:52:27	01:17:16	02:01:47.35	02:02:03.95	5:46	10.4
400	PRZESTALSKI KORNEL	2848	REAL ZALESIE	WROCŁAW	POL	M-40	161	M 400	00:54:41	01:20:09	02:01:55.15	02:03:51.40	5:46	10.4
401	NAWA WALDEMAR	2017	PARKRUN KĘDZIERZYN-KOŹLE	KĘDZIERZYN-KOŹLE (KŁODNICA)	POL	M-50	47	M 401	00:56:22	01:21:43	02:01:55.75	02:03:50.60	5:46	10.4
402	WŁAZŁOWSKI RAFAŁ	2699		TARNOWSKIE GÓRY	POL	M-30	151	M 402	00:54:58	01:20:23	02:02:00.05	02:03:59.65	5:46	10.4
403	BUJAŁSKI MICHAŁ	2755		GLIWICE	POL	M-30	152	M 403	00:55:29	01:22:05	02:02:09.30	02:02:56.15	5:47	10.4
404	ŻABICKI MARIUSZ	2623	TECHNOMEX	GLIWICE	POL	M-40	162	M 404	00:55:39	01:20:55	02:02:12.00	02:03:38.00	5:47	10.4
405	STANISZ MARCIN	2484	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	M-30	153	M 405	00:56:53	01:22:17	02:02:14.20	02:03:35.70	5:47	10.4
406	LEJA BARTOSZ	2516		GLIWICE	POL	M-30	154	M 406	00:54:24	01:20:14	02:02:15.60	02:03:14.00	5:47	10.4
407	WARCHOŁ PAWEŁ	2040	GLORIA RUN	CHRZANÓW	POL	M-30	155	M 407	00:56:11	01:21:09	02:02:20.00	02:03:07.60	5:47	10.3
408	KABAT RADOSŁAW	2708	INOWROCŁAW BIEGA	ŁÓDŹ	POL	M-20	34	M 408	00:55:12	01:21:17	02:02:29.30	02:04:06.90	5:48	10.3
409	PÓŻOGA PATRYK	2689		PSZCZYNA	POL	M-20	35	M 409	00:57:08	01:22:49	02:02:30.90	02:04:03.30	5:48	10.3
410	CADER WOJCIECH	2812	LATAJĄCY KLIMZOWIEC	CHORZÓW	POL	M-50	48	M 410	00:55:47	01:21:50	02:02:35.45	02:03:57.10	5:48	10.3
411	JANIK KAMIL	2580		ORNONTOWICE	POL	M-30	156	M 411	00:53:57	01:20:20	02:02:36.35	02:03:50.10	5:48	10.3
412	PIÓRKOWSKI TOMASZ	2280		GLIWICE	POL	M-40	163	M 412	00:55:16	01:21:08	02:02:40.25	02:03:30.85	5:48	10.3
413	KASZUBSKI ANDRZEJ	2269		ZABRZE	POL	M-40	164	M 413	00:52:43	01:18:42	02:02:43.00	02:03:33.95	5:48	10.3
414	CZĄSTKIEWICZ MARCIN	2002		GLIWICE	POL	M-30	157	M 414	00:53:12	01:18:13	02:02:45.40	02:03:24.85	5:49	10.3
415	UJMA MICHAŁ	2060	SII RUNNING TEAM	GLIWICE	POL	M-30	158	M 415	00:56:24	01:22:16	02:02:48.80	02:04:15.15	5:49	10.3
416	KUBIT BARTŁOMIEJ	2738		GLIWICE	POL	M-30	159	M 416	00:56:24	01:22:16	02:02:48.80	02:04:15.15	5:49	10.3
417	KOŁODZIEJ JACEK	2319	FLUOR	GLIWICE	POL	M-40	165	M 417	00:55:30	01:20:57	02:02:59.60	02:04:02.60	5:49	10.3
418	KRAJEWSKI MICHAŁ	2769		GLIWICE	POL	M-40	166	M 418	00:53:21	01:18:33	02:03:03.40	02:04:06.10	5:49	10.3
419	BERESKA BARTEK	2701		GLIWICE	POL	M-30	160	M 419	00:55:01	01:21:02	02:03:05.90	02:04:30.90	5:50	10.3
420	ZASUN MARCIN	2429		TARNOWSKIE GORY	POL	M-40	167	M 420	00:56:01	01:21:43	02:03:07.95	02:04:36.35	5:50	10.3
421	COJG JACEK	2757		RYDUŁTOWY	POL	M-40	168	M 421	00:55:28	01:20:23	02:03:10.60	02:03:54.75	5:50	10.3
422	COJG MATEUSZ	2421		RYBNIK	POL	M-20	36	M 422	00:55:28	01:20:22	02:03:10.70	02:03:55.05	5:50	10.3
423	WOLIŃSKI PIOTR	2074	JSB	KNURÓW	POL	M-40	169	M 423	00:55:33	01:21:42	02:03:27.40	02:04:42.70	5:51	10.3
424	PAŁUS BARTŁOMIEJ	2686		GLIWICE	POL	M-20	37	M 424	00:56:16	01:22:14	02:03:29.75	02:05:08.70	5:51	10.3
425	NEUMANN PIOTR	2360		GLIWICE	POL	M-30	161	M 425	00:56:25	01:21:55	02:03:30.60	02:04:37.55	5:51	10.3
426	BEŁŻEK BARTŁOMIEJ	2721		KOZY	POL	M-30	162	M 426	00:55:28	01:20:58	02:03:36.20	02:04:46.55	5:51	10.2
427	RYK ŁUKASZ	2793		MIKOŁÓW	POL	M-40	170	M 427	00:56:09	01:22:11	02:03:36.50	02:05:12.65	5:51	10.2
428	BAK-CESARZ DAMIAN	2674		GLIWICE	POL	M-40	171	M 428	01:00:40	01:26:17	02:03:39.75	02:05:29.85	5:51	10.2
429	BONISCH SZYMON	2826		WALCE	POL	M-30	163	M 429	00:54:01	01:19:41	02:03:46.20	02:03:47.20	5:51	10.2
430	KACZOR RAFAŁ	2461	PKO BANK POLSKI	SOSNOWIEC	POL	M-40	172	M 430	00:56:26	01:22:09	02:03:48.55	02:05:07.45	5:52	10.2
431	BUCZYŃSKI RADOSŁAW	2594	PACEMAKER	GLIWICE	POL	M-30	164	M 431	00:56:42	01:22:25	02:03:54.45	02:04:55.95	5:52	10.2
432	GOMOLA ZBIGNIEW	2578	ŁAMIGNATY	RUDA ŚLĄSKA	POL	M-50	49	M 432	00:58:20	01:23:36	02:03:55.30	02:05:45.80	5:52	10.2
433	ZARZYCKI ROBERT	2850		GLIWICE	POL	M-30	165	M 433	00:50:43	01:15:47	02:03:59.30	02:04:00.30	5:52	10.2



## VIII PÓŁMARATON GLIWICKI, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
434	PIŁAT JAROSŁAW	2593	PACEMAKER	RUDA ŚLĄSKA	POL	M-40	173	M 434	00:57:07	01:22:55	02:04:09.95	02:05:13.55	5:53	10.2
435	STĘPIEŃ WOJCIECH	2589	PACEMAKER	GLIWICE	POL	M-40	174	M 435	00:56:53	01:22:44	02:04:12.50	02:05:13.55	5:53	10.2
436	GABOR ROBERT	2063		CHORZÓW	POL	M-30	166	M 436	00:55:11	01:21:27	02:04:20.85	02:05:41.10	5:53	10.2
437	POSMYK PRZEMYSŁAW	2456		CZĘSTOCHOWA	POL	M-40	175	M 437	00:56:39	01:22:43	02:04:21.05	02:05:24.65	5:53	10.2
438	ZYGMĄŃSKI PIOTR	2108		GLIWICE	POL	M-40	176	M 438	00:54:31	01:21:09	02:04:25.45	02:04:26.45	5:53	10.2
439	GAJEWSKI JACEK	2530	KURCZAK I AGATKA	GLIWICE	POL	M-50	50	M 439	00:56:55	01:23:08	02:04:25.60	02:05:05.20	5:53	10.2
440	BUFNAŁ KRZYSZTOF	2155		GLIWICE	POL	M-40	177	M 440	00:58:19	01:23:53	02:04:30.70	02:06:07.35	5:54	10.2
441	SZCZEPANIAK KAMIL	2206	BIEGAJ Z NAMI NA STADIONIE ŚLĄSKIM	ŚWIĘTOCHŁOWICE	POL	M-20	38	M 441	00:52:47	01:18:21	02:04:34.30	02:05:17.25	5:54	10.2
442	MATULICZ DAMIAN	2486		GLIWICE	POL	M-40	178	M 442	00:53:06	01:19:38	02:04:37.65	02:05:32.90	5:54	10.2
443	RAJTOR KLAUDIUSZ	2624		GLIWICE	POL	M-60	9	M 443	00:57:01	01:23:01	02:04:44.80	02:05:49.45	5:54	10.1
444	MĄLECKI JACEK	2466		ŚWIĘTOCHŁOWICE	POL	M-50	51	M 444	00:53:34	01:20:03	02:04:46.40	02:05:11.75	5:54	10.1
445	KACZYŃSKI MAREK	2254	MOSTOSTAL ZABRZE UNITED	RYBNIK	POL	M-30	167	M 445	00:56:39	01:22:39	02:04:50.30	02:06:26.95	5:54	10.1
446	SKRODZKI MICHAŁ	2668	REMONDIS	TARNOWSKIE GÓRY	POL	M-30	168	M 446	00:53:02	01:18:33	02:04:52.45	02:05:52.10	5:55	10.1
447	URBAŃSKI ADAM	2512		CZARKÓW	POL	M-50	52	M 447	00:57:37	01:23:21	02:05:07.75	02:05:16.30	5:55	10.1
448	KACZYŃSKI MICHAŁ	2743		RADZIONKÓW	POL	M-30	169	M 448	00:55:57	01:21:56	02:05:27.30	02:06:50.20	5:56	10.1
449	NOWOMIEJSKI SYLWESTER	2424	AMATOR	JĄSTRZĘBIE - ZDRÓJ	POL	M-50	53	M 449	00:55:09	01:21:52	02:05:40.00	02:05:52.10	5:57	10.1
450	GOŁĘBIEWSKI KAZIMIERZ	2004	KEMPER TEAM	GLIWICE	POL	M-40	179	M 450	00:54:14	01:21:36	02:05:42.75	02:05:56.25	5:57	10.1
451	MIKOŁAJCZYK MARCIN	2507	PKO BANK POLSKI	TYCHY	POL	M-40	180	M 451	00:55:52	01:22:21	02:05:45.05	02:07:55.00	5:57	10.1
452	JACZEWSKI ARKADIUSZ	2353		ZABRZE	POL	M-40	181	M 452	00:56:43	01:22:44	02:05:55.60	02:06:56.60	5:58	10.1
453	BIENIEK KEWIN	2301		GLIWICE	POL	M-20	39	M 453	00:53:58	01:20:54	02:06:01.95	02:07:14.40	5:58	10
454	BRZUSKA GRZEGORZ	2346		OPOLE	POL	M-30	170	M 454	00:52:31	01:19:05	02:06:15.65	02:07:09.15	5:59	10
455	TOSZEK SEBASTIAN	2377		RYBNIK	POL	M-20	40	M 455	00:56:50	01:23:05	02:06:16.05	02:07:10.05	5:59	10
456	KOZIOŁ PIOTR	2072		CZEKANÓW	POL	M-40	182	M 456	00:56:06	01:22:00	02:06:33.05	02:07:36.55	5:59	10
457	MICHAŁSKI ANDRZEJ	2342		RADZYMIN	POL	M-30	171	M 457	00:57:18	01:24:06	02:06:35.20	02:07:26.15	5:59	10
458	WASIEWICZ MICHAŁ	2747		CHORZÓW	POL	M-30	172	M 458	00:57:16	01:23:42	02:06:43.70	02:08:41.25	6:00	10
459	KOWALCZYK TOMASZ	2234	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-40	183	M 459	00:55:31	01:21:31	02:06:53.00	02:08:40.95	6:00	10
460	ŁOBEJKO ADAM	2520		WROCŁAW	POL	M-30	173	M 460	00:55:30	01:21:30	02:06:59.55	02:07:46.65	6:01	10
461	KOJ JAKUB	2752	MATYLDA TEAM	GLIWICE	POL	M-30	174	M 461	00:55:28	01:22:04	02:07:02.95	02:07:50.45	6:01	10
462	KARWOT LESZEK	2335		RYBNIK	POL	M-40	184	M 462	00:57:55	01:24:50	02:07:06.10	02:08:25.90	6:01	10
463	GAŃTARSKI KRZYSZTOF	2781		RZESZÓW	POL	M-30	175	M 463	00:56:57	01:22:54	02:07:07.25	02:08:40.60	6:01	10
464	ANTCZAK KRZYSZTOF	2436		BYTOM	POL	M-40	185	M 464	00:56:59	01:23:49	02:07:09.80	02:08:46.75	6:01	10
465	FAJKOWSKI PATRYK	2327	FLUOR	KATOWICE	POL	M-30	176	M 465	00:54:58	01:21:42	02:07:12.95	02:08:54.65	6:01	10
466	WANIEK ZBIGNIEW	2231	THE WANIEKS	GLIWICE	POL	M-40	186	M 466	00:56:34	01:22:50	02:07:21.35	02:07:34.00	6:02	9.9
467	WÓJCIK RAFAŁ	2397		GLIWICE	POL	M-40	187	M 467	00:56:54	01:24:06	02:07:24.70	02:08:16.40	6:02	9.9
468	DURAK LUKASZ	2025		GLIWICE	POL	M-40	188	M 468	00:56:45	01:22:55	02:07:35.10	02:08:42.50	6:02	9.9
469	KULCZYK ADAM	2600	SAINT GOBAIN SWISSPACER	ZABRZE	POL	M-40	189	M 469	00:56:28	01:22:53	02:07:37.40	02:08:17.65	6:02	9.9
470	MORAWSKI SZYMON	2579		ZABRZE	POL	M-30	177	M 470		01:24:34	02:07:38.40	02:08:03.30	6:02	9.9
471	SZWARCZYŃSKI JAKUB	2561		GLIWICE	POL	M-30	178	M 471	00:57:25	01:23:55	02:07:51.85	02:09:41.85	6:03	9.9
472	GOŁKOWSKI RADOŚLAW	2780		ZAWIERCIE	POL	M-30	179	M 472	00:56:14	01:23:40	02:08:05.05	02:09:02.95	6:04	9.9
473	KOWALEWSKI KRZYSZTOF	2184	WIECZORNE BIEGANIE W OPOLU	OPOLE	POL	M-30	180	M 473	00:54:14	01:21:38	02:08:26.00	02:09:26.60	6:05	9.9
474	ŚRUTWA ZBIGNIEW	2090		KATOWICE	POL	M-50	54	M 474	00:57:52	01:24:23	02:08:43.30	02:09:15.45	6:06	9.8
475	MICHOŃ MACIEJ	2664	-	GLIWICE	POL	M-20	41	M 475	00:58:10	01:24:32	02:08:56.85	02:09:47.90	6:06	9.8
476	GRUSZCZYŃSKI BOGUSŁAW	2256		GLIWICE	POL	M-60	10	M 476	00:57:23	01:23:53	02:09:00.35	02:09:01.35	6:06	9.8
477	MALINIECKI DANIEL	2688	NIE LUBIĘ BIEGAĆ	BYTOM	POL	M-50	55	M 477	00:59:13	01:26:42	02:09:14.20	02:09:55.50	6:07	9.8
478	BOHN MARIUSZ	2506	PIEKARY ŚLĄSKIE	PIEKARY ŚLĄSKIE	POL	M-50	56	M 478	00:55:00	01:21:48	02:09:31.80	02:10:27.80	6:08	9.8
479	GÓRECKI JANUSZ	2109		GLIWICE	POL	M-50	57	M 479	00:56:53	01:24:24	02:09:59.75	02:11:20.80	6:09	9.7
480	MRZYGLÓD ROBERT	2057		KATOWICE	POL	M-30	181	M 480	00:57:22	01:24:22	02:10:07.40	02:11:44.65	6:10	9.7
481	SZUBA CZESŁAW	2628		RYBNIK	POL	M-60	11	M 481	00:58:59	01:26:35	02:10:07.80	02:11:41.70	6:10	9.7
482	TOMSIA ŁUKASZ	2679		OLKUSZ	POL	M-40	190	M 482	00:57:27	01:24:33	02:10:11.10	02:10:26.25	6:10	9.7
483	PIEKARCZYK DAWID	2125		DĄBROWA GÓRNICZA	POL	M-30	182	M 483	00:55:39	01:22:36	02:10:12.25	02:10:53.40	6:10	9.7
484	SOKOŁOWSKI KRZYSZTOF	2138		ZABRZE	POL	M-30	183	M 484	00:56:58	01:22:51	02:10:15.40	02:11:29.10	6:10	9.7
485	KLIKS KAZIMIERZ	2189		ZABRZE	POL	M-60	12	M 485	00:56:40	01:24:44	02:10:38.05	02:11:51.20	6:11	9.7
486	SKĘCZEK ARKADIUSZ	2061	POWOLI DO CELU	GILOWICE	POL	M-40	191	M 486	00:56:19	01:24:39	02:10:41.70	02:11:21.90	6:11	9.7
487	MICHAŁSKI MAREK	2261		GLIWICE	POL	M-40	192	M 487	00:56:21	01:24:40	02:10:42.80	02:11:22.30	6:11	9.7
488	PALIK JAKUB	2359		RUDA ŚLĄSKA	POL	M-30	184	M 488	00:58:23	01:25:23	02:10:49.80	02:12:33.25	6:11	9.7
489	MYRCIK BERNARD	2186		TARNOWSKIE GÓRY	POL	M-50	58	M 489	00:56:01	01:23:56	02:10:51.00	02:12:39.15	6:12	9.7

**VIII PÓŁMARATON GLIWICKI, M Open c.d.**

<b>M-ce</b>	<b>Nazwisko i imię</b>	<b>Nr</b>	<b>Klub</b>	<b>M-scowość</b>	<b>Kraj</b>	<b>Kat.</b>	<b>M. kat</b>	<b>K/M</b>	<b>10km</b>	<b>15km</b>	<b>Netto</b>	<b>Brutto</b>	<b>min/km</b>	<b>km/h</b>
490	WAŻNY WOJCIECH	2412	ING TEAM	TARNOWSKIE GÓRY	POL	M-40	193	M 490	00:57:52	01:25:34	02:10:54.10	02:12:00.85	6:12	9.7
491	FLISIAK JAKUB	2533	PKO BANK POLSKI	TYCHY	POL	M-30	185	M 491	00:55:54	01:24:40	02:10:59.40	02:13:10.60	6:12	9.7
492	SOBANIA RAFAŁ	2508		TWORÓG	POL	M-40	194	M 492	00:55:47	01:22:59	02:11:10.00	02:12:38.05	6:12	9.7
493	PIKON KRZYSZTOF	2821		GLIWICE	POL	M-50	59	M 493	00:52:50	01:18:55	02:11:43.50	02:13:09.45	6:14	9.6
494	POMORSKI PRZEMYSŁAW	2260		GLIWICE	POL	M-40	195	M 494	01:00:55	01:26:37	02:11:45.40	02:12:11.90	6:14	9.6
495	CIEŚLA ARKADIUSZ	2722	BIEGAMY Z SERCEM	KATOWICE	POL	M-40	196	M 495	00:56:55	01:24:05	02:11:46.60	02:12:54.40	6:14	9.6
496	LENCZYK MARIUSZ	2749		GLIWICE	POL	M-20	42	M 496	00:55:22	01:23:14	02:11:58.50	02:14:05.90	6:15	9.6
497	GAWEŁ ARTUR	2501	LECYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-30	186	M 497	00:56:30	01:23:19	02:11:59.90	02:13:21.30	6:15	9.6
498	SKOWROŃSKI MICHAŁ	2330	AKADEMICKI KLUB TURYSTYCZNY WATRA	KATOWICE	POL	M-20	43	M 498	00:58:35	01:25:53	02:12:02.15	02:13:32.65	6:15	9.6
499	PODOLAK ALFRED	2290		PYSKOWICE	POL	M-60	13	M 499	01:00:13	01:28:22	02:12:04.20	02:13:22.55	6:15	9.6
500	JANIEC WITOLD	2522		ZNOWOWICE	POL	M-50	60	M 500	00:54:16	01:23:26	02:12:17.90	02:12:40.30	6:16	9.6
501	DITTMANN ROBERT	2122		CHORZÓW	POL	M-20	44	M 501	00:59:42	01:28:36	02:12:20.90	02:13:59.45	6:16	9.6
502	CHOJKOWSKI MICHAŁ	2249		MYSŁOWICE	POL	M-40	197	M 502	00:59:26	01:27:12	02:12:25.15	02:13:45.25	6:16	9.6
503	PODOLSKI BARTŁOMIEJ	2364	SPARTAN TEAM	TARNOWSKIE GÓRY	POL	M-40	198	M 503	00:56:48	01:25:41	02:12:41.75	02:14:16.75	6:17	9.5
504	BIERNAT TOMISŁAW	2449	TS RUNNERS	CHORZÓW	POL	M-20	45	M 504	00:58:25	01:25:36	02:12:48.85	02:14:09.35	6:17	9.5
505	JOCHER MARCIN	2187		PRUDNIK	POL	M-30	187	M 505	01:02:23	01:30:47	02:13:27.00	02:15:11.65	6:19	9.5
506	WOJTKOWIAK PIOTR	2566		OPOLE	POL	M-40	199	M 506	00:58:32	01:26:00	02:13:30.10	02:15:34.95	6:19	9.5
507	PEPLIŃSKI JAKUB	2474	KB ORŁY Z KNUROWA	KNURÓW	POL	M-30	188	M 507	01:01:48	01:29:33	02:13:31.30	02:15:33.95	6:19	9.5
508	KOZAK JAKUB	2509		WARSZAWA	POL	M-40	200	M 508	01:02:12	01:30:21	02:13:42.45	02:14:50.25	6:20	9.5
509	BUSZKA TOMASZ	2094		KATOWICE	POL	M-50	61	M 509	00:59:36	01:26:42	02:13:52.50	02:15:46.60	6:20	9.5
510	KOSNO ŁUKASZ	2026		GLIWICE	POL	M-30	189	M 510	00:59:14	01:26:49	02:13:54.80	02:15:15.40	6:20	9.5
511	NIEMIEC SŁAWEK	2102	INTERGRAFIK.PL	GLIWICE	POL	M-40	201	M 511	00:55:56	01:23:26	02:14:03.15	02:16:12.20	6:21	9.4
512	CZERNEK MAREK	2444	BIEGAJ Z TRENERAMI	GLIWICE	POL	M-50	62	M 512	00:56:51	01:23:59	02:14:03.40	02:14:53.10	6:21	9.4
513	FRUK KAMIL	2089	TEAMPİEROŹKI	GLIWICE, POW. GLIWIC	POL	M-30	190	M 513	01:03:00	01:30:43	02:14:14.05	02:14:52.75	6:21	9.4
514	JESIONOWSKI MARCIN	2222		WARSZAWA	POL	M-40	202	M 514	01:02:29	01:30:10	02:14:24.50	02:15:41.45	6:22	9.4
515	KIERA SZYMON	2398	TS RUNNERS	CHORZÓW	POL	M-40	203	M 515	00:58:07	01:26:23	02:14:26.70	02:15:45.60	6:22	9.4
516	ŁĄZOWSKI MARIUSZ	2408	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	M-40	204	M 516	00:59:17	01:27:56	02:14:37.15	02:16:11.35	6:22	9.4
517	PODSTUFKA SZYMON	2345		GLIWICE	POL	M-30	191	M 517	00:57:17	01:24:23	02:14:38.35	02:15:08.90	6:22	9.4
518	KREMPA SŁAWOMIR	2834		BYTOM	POL	M-30	192	M 518	00:55:57	01:24:24	02:14:41.85	02:16:13.30	6:22	9.4
519	ZŁOTOŚ MARIUSZ	2316	BIEG Z CHRYSTUSEM!	ŚWIĘTOCHŁOWICE	POL	M-50	63	M 519	01:02:23	01:30:58	02:14:51.75	02:16:53.15	6:23	9.4
520	STACHOWSKI GRZEGORZ	2835	ATOMOWY TEAM GOŁUCHÓW	GOŁUCHÓW	POL	M-20	46	M 520	00:56:27	01:24:23	02:14:55.10	02:16:07.60	6:23	9.4
521	GRZYWOCZ DANIEL	2376		KATOWICE	POL	M-20	47	M 521	00:57:47	01:26:12	02:14:55.15	02:15:09.95	6:23	9.4
522	PAWLICZEK SZYMON	2495		GLIWICE	POL	M-20	48	M 522	01:02:36	01:29:57	02:15:03.50	02:17:04.80	6:24	9.4
523	MACZUGA BARTŁOMIEJ	2705	PACEMAKER	GLIWICE	POL	M-30	193	M 523	01:02:29	01:30:14	02:15:08.60	02:16:24.75	6:24	9.4
524	GAICKI DAWID	2322	FLUOR	CHORZÓW	POL	M-20	49	M 524	00:55:28	01:23:11	02:15:14.55	02:16:08.20	6:24	9.4
525	CHROSTOWSKI MATEUSZ	2526		ŁÓDŹ	POL	M-40	205	M 525	00:58:04	01:26:31	02:15:15.30	02:16:00.10	6:24	9.4
526	GRYGIEREK JAROSŁAW	2380		JASTRZĘBIE-ZDRÓJ	POL	M-30	194	M 526	00:54:19	01:22:47	02:15:32.50	02:16:15.75	6:25	9.3
527	ZEMŁA PIOTR	2462		GLIWICE	POL	M-50	64	M 527	01:00:49	01:29:09	02:15:48.60	02:17:15.30	6:26	9.3
528	KWAPIEN PAWEŁ	2827		GLIWICE	POL	M-40	206	M 528	01:00:40	01:29:10	02:15:49.05	02:17:36.70	6:26	9.3
529	SELIGA PAWEŁ	2475	BIEGAJ Z TRENERAMI GLIWICE	GLIWICE	POL	M-40	207	M 529	00:58:25	01:26:48	02:15:49.80	02:17:35.80	6:26	9.3
530	SKRĘT KAMIL	2121		BOGUCHAŁOWICE	POL	M-20	50	M 530	00:57:30	01:25:26	02:15:50.15	02:15:51.15	6:26	9.3
531	DANIELSKI PATRYK	2272		GLIWICE	POL	M-30	195	M 531	01:02:08	01:30:11	02:16:06.70	02:17:52.00	6:27	9.3
532	NICIŃSKI DARIUSZ	2539	BIEG Z CHRYSTUSEM	RUDA ŚLĄSKA	POL	M-50	65	M 532	01:02:22	01:31:01	02:16:09.15	02:18:11.45	6:27	9.3
533	LUBICKI WOJCIECH	2172	DWÓJKA BEZ SERNIKA	ZABRZE	POL	M-50	66	M 533	00:57:03	01:25:29	02:16:10.30	02:17:14.30	6:27	9.3
534	CIUMAN PIOTR	2763	PHD RUNNERS	GLIWICE	POL	M-30	196	M 534	01:00:59	01:28:38	02:16:14.95	02:17:26.25	6:27	9.3
535	LEWANDOWSKI HENRYK	2084		GLIWICE	POL	M-40	208	M 535	00:58:06	01:28:36	02:16:35.35	02:17:38.10	6:28	9.3
536	FORYŚ PIOTR	2073	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	M-40	209	M 536	00:58:04	01:27:40	02:16:49.10	02:18:24.90	6:29	9.3
537	JASIŃSKI KRZYSZTOF	2044	RUNAWAYS	BOJSZOWY NOWE	POL	M-40	210	M 537	01:01:24	01:30:08	02:17:16.85	02:18:41.85	6:30	9.2
538	STYPUŁKOWSKI DARIUSZ	2432		BIERUŃ	POL	M-40	211	M 538	01:01:26	01:30:12	02:17:19.55	02:18:42.10	6:30	9.2
539	GERYCKI ŁUKASZ	2271	RUNAWAYS	BIERUŃ	POL	M-30	197	M 539	01:01:28	01:30:13	02:17:20.75	02:18:42.40	6:30	9.2
540	MARZAŁEK DOMINIK	2171		ŻARKI	POL	M-20	51	M 540	00:57:38	01:25:17	02:17:36.00	02:18:57.80	6:31	9.2
541	SZOBLIK DAREK	2098	SZOBLIK AUTO SERWIS	CHORZÓW	POL	M-40	212	M 541	00:57:52	01:27:17	02:17:38.40	02:18:37.20	6:31	9.2
542	OSTROWSKI ZYGMUNT	2076		TYCHY	POL	M-60	14	M 542	01:02:11	01:31:50	02:17:38.50	02:18:42.80	6:31	9.2
543	DEBERNY DAWID	2745		GLIWICE	POL	M-30	198	M 543	01:00:34	01:29:10	02:17:40.10	02:19:22.05	6:31	9.2
544	DZIEWIĘCKI JACEK	2363		OBICE	POL	M-40	213	M 544	00:57:56	01:27:03	02:17:56.65	02:17:57.65	6:32	9.2
545	WOJCIECH DROBNIK	2005		3	POL	M-30	199	M 545	01:01:55	01:30:49	02:18:09.60	02:20:02.45	6:32	9.2

**VIII PÓŁMARATON GLIWICKI, M Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
546	STRONCZYŃSKI ANDRZEJ	2334	WATRA	RUDA KOZIĘLSKA	POL	M-30	200	M 546	00:56:12	01:22:41	02:18:10.20	02:19:41.45	6:32	9.2
547	GRABARA ADAM	2133		KATOWICE	POL	M-40	214	M 547	01:03:47	01:32:59	02:18:56.00	02:20:43.70	6:35	9.1
548	OGRODZKI KRZYSZTOF	2266	BIEGOWA BRENNA	BRENNA	POL	M-30	201	M 548	00:56:53	01:27:24	02:19:23.10	02:20:25.05	6:36	9.1
549	KRAWCZYŃSKI MIROŚLAW	2278	GÓRNA13	GLIWICE	POL	M-40	215	M 549	01:01:36	01:30:48	02:19:27.60	02:21:29.30	6:36	9.1
550	MARKOWSKI KAMIL	2146		GLIWICE	POL	M-40	216	M 550	01:03:05	01:32:08	02:19:30.30	02:19:31.30	6:36	9.1
551	ZACHARA MICHAŁ	2225		GLIWICE	POL	M-30	202	M 551	00:58:04	01:27:59	02:19:42.90	02:21:55.60	6:37	9.1
552	PIETRZAK MARCIN	2541		GLIWICE	POL	M-50	67	M 552	00:59:05	01:28:02	02:19:46.70	02:21:14.30	6:37	9.1
553	WARZECHA ARKADIUSZ	2528	PKO BANK POLSKI	TYCHY	POL	M-40	217	M 553	01:02:38	01:32:07	02:20:06.40	02:22:16.95	6:38	9
554	FUGOWSKI GRZEGORZ	2018		GLIWICE	POL	M-30	203	M 554	01:00:26	01:31:35	02:20:22.15	02:22:37.75	6:39	9
555	WILKOŃ ARTUR	2019	#HUTATEAM	GLIWICE	POL	M-40	218	M 555	00:58:13	01:27:19	02:20:43.65	02:21:52.85	6:40	9
556	BARTKÓW KAMIL	2165		TARNOWSKIE GÓRY	POL	M-30	204	M 556	00:57:10	01:27:41	02:20:50.90	02:21:51.15	6:40	9
557	IZYDORCZYK MIROŚLAW	2309	NIEZRZESZONY	ZABRZE	POL	M-60	15	M 557	01:00:45	01:30:08	02:20:53.10	02:22:17.25	6:40	9
558	CHŁĄD BARTOSZ	2644		ZABRZE	POL	M-20	52	M 558	00:55:49	01:26:42	02:20:54.55	02:21:49.15	6:40	9
559	KACZKIEWICZ DAMIAN	2824	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-40	219	M 559	00:59:23	01:29:22	02:21:09.05	02:22:19.70	6:41	9
560	KISIELA MARIUSZ	2758	MAKOSZOWY	ZABRZE	POL	M-20	53	M 560	00:58:22	01:30:05	02:21:24.65	02:22:15.70	6:42	9
561	MICZKA ŁUKASZ	2024	NIECHCEMISIE	GLIWICE	POL	M-30	205	M 561	01:01:55	01:29:45	02:21:51.95	02:23:44.20	6:43	8.9
562	WÓJCIK DARIUSZ	2438		GLIWICE	POL	M-40	220	M 562	00:59:32	01:29:11	02:22:43.45	02:23:55.90	6:45	8.9
563	MALINOWSKI BARTOSZ	2813		GLIWICE	POL	M-20	54	M 563	01:03:24	01:33:04	02:22:48.25	02:24:15.30	6:46	8.9
564	OCHODEK ANDRZEJ	2381	AKT WATRA	GLIWICE	POL	M-30	206	M 564	01:01:37	01:32:43	02:22:50.25	02:24:19.25	6:46	8.9
565	KROTOS KRZYSZTOF	2371	OQS	GLIWICE	POL	M-40	221	M 565	01:04:13	01:34:44	02:23:13.20	02:25:01.60	6:47	8.8
566	CIEJOWSKI ANDRZEJ	2815		GORZKOWICE	POL	M-40	222	M 566	01:02:20	01:31:50	02:23:38.45	02:25:56.15	6:48	8.8
567	BIELSKI MICHAŁ	2488		KATOWICE	POL	M-50	68	M 567	01:03:56	01:36:17	02:23:45.20	02:25:23.95	6:48	8.8
568	GĘBSKI DAWID	2317	FLUOR	GLIWICE	POL	M-30	207	M 568	01:01:55	01:31:57	02:24:26.55	02:24:34.25	6:50	8.8
569	ZAWIŁA DARIUSZ	2778		ANDRYCHÓW	POL	M-40	223	M 569	00:59:51	01:31:08	02:24:45.45	02:26:16.95	6:51	8.7
570	MIŁKOWSKI ANDRZEJ	2527		GLIWICE	POL	M-60	16	M 570	01:03:58	01:34:41	02:25:50.55	02:27:09.75	6:54	8.7
571	MUC BARTOSZ	2208		BOGUCHWAŁOWICE	POL	M-30	208	M 571	00:55:56	01:25:49	02:26:20.10	02:26:21.10	6:56	8.7
572	CZYŻYKOWSKI MARCIN	2453		GLIWICE	POL	M-40	224	M 572	01:04:23	01:36:18	02:26:35.60	02:27:51.00	6:56	8.6
573	NOWAK KRZYSZTOF	2711		KATOWICE	POL	M-30	209	M 573	00:59:59	01:28:39	02:26:53.05	02:28:52.00	6:57	8.6
574	JAGODA ADAM	2645	FUCHS OIL TEAM	CHORZÓW	POL	M-50	69	M 574	01:05:49	01:37:05	02:26:54.60	02:28:55.10	6:57	8.6
575	SIRKO ŁUKASZ	2104		GLIWICE	POL	M-40	225	M 575	01:06:22	01:36:08	02:28:02.25	02:28:55.05	7:00	8.6
576	CIEŚŁOK ADAM	2599	K.S. M.E.T.A.	WODZIŚLAW ŚLĄSKI	POL	M-30	210	M 576	01:04:45	01:35:49	02:28:31.75	02:30:38.05	7:02	8.5
577	BRZEZINA ARKADIUSZ	2032	SREBRNI BIEGACZE TARNOWSKIE GÓRY	TARNOWSKIE GÓRY	POL	M-40	226	M 577	01:01:42	01:32:58	02:28:52.80	02:31:07.25	7:03	8.5
578	SZABLA MARCIN	2802		GRABOWA	POL	M-40	227	M 578	01:04:47	01:38:12	02:29:23.00	02:29:24.00	7:04	8.5
579	MICHNIEWSKI PIOTR	2801	GIT EKIPA!	ZAWIERCIE	POL	M-30	211	M 579	01:04:32	01:38:09	02:29:23.60	02:29:24.60	7:04	8.5
580	SMOCZYŃSKI ARTUR	2799		RADZIONKÓW	POL	M-30	212	M 580	01:04:34		02:29:23.70	02:29:24.70	7:04	8.5
581	KRZYŻOWSKI TOMASZ	2175	ACTIVE TEAM OZIMEK	OZIMEK	POL	M-60	17	M 581	01:07:48	01:40:06	02:29:42.65	02:31:12.30	7:05	8.5
582	PAWELAK SZYMON	2395		GLIWICE	POL	M-20	55	M 582	00:57:02	01:28:32	02:30:43.75	02:31:25.20	7:08	8.4
583	WIECZORKE MARCIN	2337		PRZYSZOWICE	POL	M-40	228	M 583	01:02:01	01:34:21	02:31:25.65	02:33:13.75	7:10	8.4
584	CIMPRICH MARCEL	2607	ŠENOV	ŠENOV	CZE	M-50	70	M 584	01:07:43	01:39:43	02:31:51.60	02:33:21.80	7:11	8.3
585	KLIKS ANDRZEJ	2100		SOSNOWIEC	POL	M-40	229	M 585	01:07:12	01:39:52	02:31:58.00	02:33:49.00	7:12	8.3
586	SOMERLA MACIEJ	2621		TWORKÓW	POL	M-20	56	M 586	01:06:08	01:37:45	02:32:19.95	02:33:44.40	7:13	8.3
587	PAWLIK MICHAŁ	2571		GLIWICE	POL	M-30	213	M 587	01:04:13	01:36:41	02:34:41.30	02:36:29.85	7:19	8.2
588	KASPEREK IRENEUSZ	2180	Q-PERIOR TEAM	ZABRZE	POL	M-40	230	M 588	01:07:13	01:40:39	02:38:36.80	02:40:27.30	7:30	8
589	LESZCZYK KRZYSZTOF	2841		KATOWICE	POL	M-50	71	M 589	01:10:52	01:42:56	02:39:01.75	02:40:10.25	7:32	8
590	DYLAĞ ROMAN	2055		DĄBROWA GÓRNICZA	POL	M-60	18	M 590	01:11:16	01:46:13	02:40:45.15	02:42:37.05	7:37	7.9
591	MOKRZYCKI PATRYK	2286	TUR-BORÓWKA	KNURÓW	POL	M-40	231	M 591	01:06:31	01:43:34	02:40:46.40	02:42:47.80	7:37	7.9
592	WOLIŃSKI JÓZEF	2361		GLIWICE	POL	M-50	72	M 592	01:10:01	01:44:06	02:41:28.40	02:43:42.35	7:39	7.8
593	KAPICKI JAN	2415		MYSŁOWICE	POL	M-60	19	M 593	01:10:16	01:46:11	02:41:31.95	02:43:19.75	7:39	7.8
594	SZOŁTYSEK GRZEGORZ	2454		STANICA	POL	M-20	57	M 594	01:10:08	01:44:25	02:43:04.70	02:44:34.10	7:43	7.8
595	WINECKI PIOTR	2470	PW7	ZABRZE	POL	M-30	214	M 595	01:09:09	01:49:07	02:54:46.10	02:55:06.40	8:16	7.2
596	WACŁAWEK TOMEK	2502	TEAM TOMSON	GLIWICE	POL	M-20	58	M 596	01:17:36	01:56:04	02:56:19.40	02:56:20.40	8:21	7.2
597	ZALEWSKI ARTUR	2284		ZABRZE	POL	M-30	215	M 597	00:41:43	01:02:14			4:08	14.5
598	SZYMAŃSKI PAWEŁ	2596	PRZESTWORZE.PL - ARCHITEKTURA WNĘTRZ	KATOWICE	POL	M-30	216	M 598	00:36:29				3:38	16.4
599	MALOK MATEUSZ	2654		BYTOM	POL	M-40	232	M 599	00:47:01				4:42	12.8
600	KARWOWSKI JAROSŁAW	2469		PRZYSZOWICE	POL	M-50	73	M 600	00:51:14				5:07	11.7

**VIII PÓLMARATON GLIWICKI, M Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
601	PAŁKA PIOTR	2803	CKS BUDOWLANI CZĘSTOCHOWA	CZĘSTOCHOWA	POL	M-30	217	M 601	01:02:17				6:13	9.6
602	KASPRZAK RADOSŁAW	2684	INŻYNIERIA BIEGANIA	RYBNIK	POL	M-30	218	M 602	01:03:04				6:18	9.5
603	KUTERAK MARCIN	2609		CHRZANÓW	POL	M-50	74	M 603						
604	KĄŻMIERCZAK DAREK	2759		TARNOWSKIE GORY	POL	M-50	75	M 604						
	KRZYWICKI JAN	2385	-----	GLIWICE	POL	M-60			DNF	DNF	DNF	DNF	-	-

**VIII PÓLMARATON GLIWICKI, Mieszkańki Gliwice**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
1	WYLEŻAŁEK ALINA	2200		GLIWICE	POL	K-30	2	K 3	00:42:37	01:03:32	01:35:30.10	01:35:35.25	4:31	13.3
2	GOLA MAGDA	2783		GLIWICE	POL	K-20	1	K 5	00:47:03	01:08:22	01:42:00.15	01:42:57.65	4:50	12.4
3	ŁAJSZCZAK - GAJDA DOROTA	2836		GLIWICE	POL	K-40	5	K 11	00:49:21	01:11:55	01:48:15.05	01:48:57.25	5:07	11.7
4	LEDWON ANETA	2113	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-40	8	K 17	00:51:17	01:15:14	01:52:24.95	01:53:17.30	5:19	11.3
5	BROZYNA MAGDALENA	2784	CO JA TU ROBIE?	GLIWICE	POL	K-30	8	K 19	00:52:47	01:15:58	01:53:39.10	01:55:36.85	5:23	11.1
6	NIGRINI BEATA	2210		GLIWICE	POL	K-40	9	K 20	00:52:42	01:16:51	01:53:57.95	01:54:46.75	5:24	11.1
7	WARDEJN SONIA	2678	STG GLIWICE	GLIWICE	POL	K-20	2	K 21	00:52:15	01:16:31	01:54:33.55	01:56:19.05	5:25	11.1
8	GOLA KAROLINA	2020		GLIWICE	POL	K-30	10	K 24	00:52:08	01:16:08	01:55:19.70	01:56:14.15	5:27	11
9	RZYŃSKA ANETA	2174		GLIWICE	POL	K-40	11	K 27	00:51:56	01:17:02	01:56:51.65	01:57:27.25	5:32	10.8
10	POPIEL-KRUK ALEKSANDRA	2844		GLIWICE	POL	K-40	12	K 28	00:55:31	01:20:09	01:57:46.05	01:58:48.15	5:34	10.8
11	DUSIŃSKA JUSTYNA	2634		GLIWICE	POL	K-40	13	K 29	00:51:59	01:17:35	01:58:14.20	01:58:45.80	5:36	10.7
12	MAZGAJSKA MONIKA	2616		GLIWICE	POL	K-30	14	K 33	00:53:18	01:18:42	01:59:04.25	02:00:12.35	5:38	10.6
13	PĘDOWSKA BOŻENA	2391		GLIWICE	POL	K-50	3	K 34	00:55:13	01:20:30	01:59:31.15	02:01:16.05	5:39	10.6
14	STRZELCZYK GRAŻYNA	2168		GLIWICE	POL	K-40	14	K 36	00:53:29	01:18:56	01:59:59.80	02:00:03.80	5:41	10.6
15	WRÓBLEWSKA EWA	2049		GLIWICE	POL	K-50	4	K 37	00:52:21	01:17:44	02:00:06.05	02:00:19.15	5:41	10.5
16	MAREK WIOLETTA	2697		GLIWICE	POL	K-30	18	K 42	00:55:20	01:20:56	02:01:04.05	02:02:02.75	5:44	10.5
17	POLANECKA MALWINA	2479		GLIWICE	POL	K-30	20	K 45	00:55:56	01:21:21	02:01:50.95	02:03:50.80	5:46	10.4
18	GŁADKOWSKA MAŁGORZATA	2229		GLIWICE	POL	K-30	22	K 47	00:54:47	01:20:57	02:03:02.95	02:05:00.20	5:49	10.3
19	PAWLIK ANETA	2523	STG GLIWICE	GLIWICE	POL	K-30	23	K 48	00:55:15	01:21:32	02:03:06.95	02:04:52.90	5:50	10.3
20	--	2825		GLIWICE	POL	K-20	5	K 50	00:57:05	01:22:43	02:03:22.25	02:05:07.75	5:50	10.3
21	KRZYSZKOWSKA AGNIESZKA	2487	DRUŻYNA ING	GLIWICE	POL	K-40	19	K 54	00:54:48	01:21:33	02:04:20.45	02:04:34.25	5:53	10.2
22	POLAK SYLWIA	2006		GLIWICE	POL	K-20	8	K 59	00:56:43	01:23:00	02:05:16.30	02:06:20.00	5:56	10.1
23	KEMPKIEWICZ BRYGIDA	2613		GLIWICE	POL	K-40	21	K 60	00:57:00	01:23:17	02:05:32.75	02:05:33.75	5:56	10.1
24	SROCZYŃSKA ANNA	2182		GLIWICE	POL	K-40	22	K 61	00:57:38	01:24:19	02:05:33.20	02:07:24.80	5:57	10.1
25	NOWICKA KAROLINA	2328	FLUOR	GLIWICE	POL	K-30	26	K 63	00:57:04	01:23:10	02:07:40.65	02:08:49.90	6:03	9.9
26	MATUSZNY BARBARA	2097		GLIWICE	POL	K-50	7	K 64	00:54:26	01:21:50	02:07:41.60	02:07:54.70	6:03	9.9
27	KUZMYŃSKA KATE	2321	ZŁOTA MARKA	GLIWICE	POL	K-30	27	K 65	00:56:49	01:23:11	02:07:46.05	02:08:32.70	6:03	9.9
28	BUKOWSKA MAGDALENA	2091		GLIWICE	POL	K-30	28	K 66	01:00:07	01:26:54	02:08:28.80	02:10:07.10	6:05	9.9
29	STAWSKA JOANNA	2265	BIEGAJ Z TRENERAMI	GLIWICE	POL	K-50	9	K 72	00:59:29	01:26:59	02:10:15.35	02:11:23.90	6:10	9.7
30	WILCZEK MAŁGORZATA	2279		GLIWICE	POL	K-30	31	K 73	01:00:40	01:28:05	02:11:10.75	02:11:11.75	6:12	9.7
31	LEPIARCZYK ANNA	2275	MOSTOSTAL ZABRZE UNITED	GLIWICE	POL	K-30	33	K 77	00:57:49	01:24:34	02:11:33.00	02:11:34.00	6:14	9.6
32	WOJTOWICZ KAROLINA	2419	MADIZAR SISTERS	GLIWICE	POL	K-40	27	K 78	00:57:27	01:25:22	02:11:46.40	02:12:53.85	6:14	9.6
33	WOJTUKIEWICZ KAMILA	2135		GLIWICE	POL	K-30	34	K 79	01:01:35	01:29:19	02:12:09.20	02:14:22.20	6:15	9.6
34	FRUK NATALIA	2012	NAJKI POLONIA BYTOM	GLIWICE	POL	K-30	39	K 86	01:03:01	01:30:45	02:14:15.50	02:14:53.15	6:21	9.4
35	MAŃKO EMILIA	2531		GLIWICE	POL	K-20	10	K 90	01:02:07	01:30:11	02:16:06.15	02:17:51.65	6:27	9.3
36	ŁATAK - SKRABUT BASIA	2603	PACEMAKER	GLIWICE	POL	K-40	32	K 92	01:03:44	01:31:26	02:16:24.80	02:16:25.80	6:27	9.3
37	GÓRECKA WERONIKA	2604		GLIWICE	POL	K-20	12	K 93	01:01:00	01:29:38	02:16:36.15	02:17:59.30	6:28	9.3
38	CETERA KAMILA	2241	BIEGAJ Z TRENERAMI	GLIWICE	POL	K-40	33	K 94	01:02:30	01:30:27	02:17:12.15	02:18:27.40	6:30	9.2
39	MARKOWSKA SYLWIA	2143		GLIWICE	POL	K-30	41	K 98	01:01:40	01:30:42	02:18:04.35	02:19:30.95	6:32	9.2
40	PALMOWSKA AGNIESZKA	2075	PHD RUNNERS	GLIWICE	POL	K-30	43	K 100	01:01:23	01:30:21	02:18:16.10	02:19:24.40	6:33	9.2
41	RUBIŃSKA MAŁGORZATA	2677		GLIWICE	POL	K-50	11	K 101	01:06:14		02:18:44.35	02:20:11.50	6:34	9.1
42	KUBICA-BADORA ROZALIA	2139		GLIWICE	POL	K-30	44	K 102	01:01:53	01:31:09	02:19:21.15	02:19:22.15	6:36	9.1
43	POLISZUK MAŁGORZATA	2250		GLIWICE	POL	K-50	12	K 106	01:04:07	01:34:36	02:22:59.55	02:24:24.25	6:46	8.9
44	RACIS MAŁGORZATA	2303		GLIWICE	POL	K-20	14	K 107	01:03:50	01:34:29	02:23:12.60	02:24:30.45	6:47	8.8
45	FRANKIEWICZ MARZENA	2268		GLIWICE	POL	K-40	40	K 113	01:04:24	01:36:19	02:26:36.65	02:27:51.15	6:56	8.6
46	KUBIAK CELINA	2585		GLIWICE	POL	K-40	41	K 115	01:03:59	01:35:24	02:27:33.85	02:29:17.55	6:59	8.6
47	MIGDAŁ IWONA	2042	SLOW JOGGING GLIWICE	GLIWICE	POL	K-40	42	K 117	01:05:54	01:36:48	02:28:14.65	02:30:14.85	7:01	8.5

### VIII PÓŁMARATON GLIWICKI, Mieszkańki Gliwic c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
48	KAUFFMANN EWA	2657		GLIWICE	POL	K-30	48	K 119	01:08:36	01:39:46	02:28:44.40	02:30:40.35	7:02	8.5
49	MAJSNEROWSKA EWELINA	2197		GLIWICE	POL	K-30	49	K 121	01:03:13	01:37:36	02:29:08.45	02:29:47.10	7:04	8.5
50	ZBOREK DOMINIKA	2201		GLIWICE	POL	K-30	50	K 122	01:03:14	01:37:36	02:29:08.70	02:29:47.20	7:04	8.5
51	SKOP KAROLINA	2713	AKT WATRA	GLIWICE	POL	K-30	51	K 123	01:05:46	01:36:19	02:29:11.25	02:30:43.90	7:04	8.5
52	SYMELA-BOCHEŃSKA KATARZYNA	2023	POMPEJANKA TEAM	GLIWICE	POL	K-40	45	K 124	01:07:46	01:41:32	02:29:11.75	02:30:30.75	7:04	8.5
53	CIUK IWONA	2651		GLIWICE	POL	K-50	14	K 128	01:05:45	01:38:12	02:36:13.00	02:37:29.65	7:24	8.1
54	JOCHYMEK KAROLINA	2295		GLIWICE	POL	K-30	52	K 129	01:12:57	01:45:43	02:38:28.45	02:43:50.45	7:30	8
55	SITKO DAGMARA	2126	KOBIETY NA 5+	GLIWICE	POL	K-30	54	K 131	01:12:40	01:48:50	02:41:22.00	02:43:41.50	7:38	7.8
56	BOGACZ JAGODA	2015	POMPEJANKA TEAM	GLIWICE	POL	K-40	51	K 136	01:07:47	01:44:31	02:47:07.90	02:48:26.20	7:55	7.6
57	KASPRZYK AGNIESZKA	2294		GLIWICE	POL	K-30	56	K 137	01:09:45	01:46:07	02:49:30.75	02:51:25.70	8:01	7.5
58	WARAT-STASZEWSKA KATARZYNA	2693	YES3	GLIWICE	POL	K-30	58	K 141						

### VIII PÓŁMARATON GLIWICKI, Mieszkańcy Gliwic

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
1	KAUF DAMIAN	2694		GLIWICE	POL	M-40	3	M 14	00:37:06	00:56:32	01:24:55.05	01:24:57.90	4:01	14.9
2	KAMPA RAFAL	2452	PIAST GLIWICE	GLIWICE	POL	M-30	11	M 21	00:39:12	00:58:44	01:28:01.25	01:28:06.40	4:10	14.4
3	PIENIAŻEK KRZYSZTOF	2194	INŻYNIERIA BIEGANIA TEAM	GLIWICE	POL	M-40	8	M 22	00:38:50	00:58:20	01:28:04.05	01:28:08.90	4:10	14.4
4	DUŻNIAK DOMINIK	2183	STEP-DANCE	GLIWICE	POL	M-30	14	M 26	00:40:27	01:00:37	01:31:35.80	01:31:39.60	4:20	13.8
5	TRACZUK MAREK	2214		GLIWICE	POL	M-50	3	M 39	00:42:30	01:02:49	01:33:22.70	01:33:34.60	4:25	13.6
6	KASZOWSKI MARCIN	2673	CHRZĄSZCZE CHRABĄSZCZE DZIKI	GLIWICE	POL	M-40	17	M 48	00:45:03	01:04:39	01:35:04.65	01:35:05.65	4:30	13.3
7	BORSIAK SEBASTIAN	2152	BRAK	GLIWICE	POL	M-40	21	M 54	00:41:58	01:02:46	01:35:43.10	01:35:44.10	4:32	13.2
8	GRZESIKIEWICZ MARIUSZ	2188		GLIWICE	POL	M-40	23	M 56	00:42:27	01:02:55	01:35:50.75	01:35:57.45	4:32	13.2
9	CHOMIK RAFAŁ	2740	3COACH	GLIWICE	POL	M-40	28	M 71	00:43:09	01:04:38	01:37:39.10	01:37:45.80	4:37	13
10	SROCZYŃSKI DARIUSZ	2181	NGK RUNNING TEAM	GLIWICE	POL	M-40	32	M 75	00:45:01	01:05:25	01:37:59.60	01:39:50.60	4:38	12.9
11	CHEJDYS KRYSZTYAN	2027	BIEGNĘ ALE DOKĄD?	GLIWICE	POL	M-30	37	M 79	00:44:16	01:05:11	01:38:13.50	01:38:23.40	4:39	12.9
12	WIECHUŁA MARCIN	2816	MOMO RUNNING TEAM	GLIWICE	POL	M-40	34	M 80	00:40:12	01:05:38	01:38:15.80	01:38:16.80	4:39	12.9
13	WOJTUKIEWICZ ARTUR	2136		GLIWICE	POL	M-40	35	M 81	00:45:42	01:06:05	01:38:18.20	01:40:31.90	4:39	12.9
14	ZALEWSKI WOJCIECH	2059		GLIWICE	POL	M-40	39	M 87	00:45:38	01:06:15	01:38:57.20	01:39:46.15	4:41	12.8
15	KARNAUKHOV ANDRZEJ	2288		GLIWICE	POL	M-20	4	M 92	00:45:15	01:06:07	01:39:18.20	01:39:38.20	4:42	12.7
16	DABROWSKI BARTOSZ	2132		GLIWICE	POL	M-30	45	M 106	00:47:03	01:07:56	01:40:59.20	01:41:52.60	4:47	12.5
17	BUŁAWA GRZEGORZ	2465		GLIWICE	POL	M-40	47	M 114	00:45:40	01:06:52	01:41:22.10	01:41:40.90	4:48	12.5
18	SIENKIEWICZ WOJCIECH	2483	SOCIOS SILESIA	GLIWICE	POL	M-30	49	M 116	00:47:04	01:08:19	01:41:39.30	01:41:40.30	4:49	12.5
19	GARBACZ DAMIAN	2845		GLIWICE	POL	M-30	51	M 119	00:46:39	01:08:08	01:41:50.50	01:42:55.50	4:49	12.4
20	GDOWSKI SLAWEK	2149	NEXTEER RUNNERS	GLIWICE	POL	M-30	52	M 121	00:45:50	01:07:30	01:42:13.30	01:42:32.90	4:50	12.4
21	JANEK MAREK	2768		GLIWICE	POL	M-40	48	M 123	00:46:26	01:07:55	01:42:15.05	01:42:42.70	4:50	12.4
22	KRĘŻOLEK DANIEL	2660		GLIWICE	POL	M-40	49	M 126	00:46:09	01:07:44	01:42:21.25	01:42:42.85	4:51	12.4
23	KUKURBA MIKOŁAJ	2626		GLIWICE	POL	M-30	55	M 129		01:06:49	01:42:52.30	01:43:14.00	4:52	12.3
24	DYRAGA MARCIN	2744	SAINT-GOBAIN SQUAD	GLIWICE	POL	M-40	51	M 133	00:47:06	01:08:58	01:43:00.35	01:43:17.90	4:52	12.3
25	OZYP MARIUSZ	2064		GLIWICE	POL	M-30	60	M 135	00:46:45	01:08:22	01:43:11.60	01:43:17.35	4:53	12.3
26	STRASZEK PIOTR	2151		GLIWICE	POL	M-30	61	M 139	00:47:33	01:08:58	01:43:28.90	01:44:18.45	4:54	12.2
27	MIRONOWICZ BARTEK	2339		GLIWICE	POL	M-30	63	M 143	00:44:32	01:06:25	01:44:14.00	01:44:15.00	4:56	12.1
28	PIETYSZUK DARIUSZ	2717		GLIWICE	POL	M-40	60	M 151	00:47:11	01:08:52	01:45:01.65	01:46:41.65	4:58	12.1
29	WIORA ŁUKASZ	2833		GLIWICE	POL	M-30	65	M 153	00:48:17	01:10:07	01:45:08.95	01:45:51.65	4:58	12
30	SALAMON EMIL	2154	STELLANTIS ACTIVE TEAM	GLIWICE	POL	M-30	71	M 165	00:48:10	01:10:13	01:46:32.15	01:47:08.90	5:02	11.9
31	NOWAK MARIUSZ	2357	HIRSCHVOGEL	GLIWICE	POL	M-40	68	M 173	00:48:54	01:11:22	01:47:00.00	01:47:24.00	5:04	11.8
32	HERUD TOMASZ	2095	ROWEROWE GLIWICE	GLIWICE	POL	M-30	75	M 180	00:48:49	01:11:39	01:47:15.80	01:48:08.60	5:04	11.8
33	MIGURSKI JAKUB	2748	FUCHS OIL TEAM	GLIWICE	POL	M-30	76	M 181	00:50:58	01:13:33	01:47:26.05	01:48:27.60	5:05	11.8
34	RUTKOWSKI MICHAŁ	2407	LIDL	GLIWICE	POL	M-30	77	M 187	00:50:13	01:13:07	01:47:45.75	01:48:27.65	5:06	11.7
35	ROGOWSKI JAKUB	2494		GLIWICE	POL	M-20	12	M 190	00:50:03	01:12:36	01:48:07.35	01:48:58.30	5:07	11.7
36	KWIATKOWSKI MARCIN	2028		GLIWICE	POL	M-30	78	M 191	00:46:58	01:09:52	01:48:11.40	01:48:27.40	5:07	11.7
37	KĘDZERSKI ALFRED	2311	KOLEJE ŚLĄSKIE	GLIWICE	POL	M-50	25	M 194	00:47:31	01:10:45	01:48:30.05	01:48:41.10	5:08	11.7
38	ULIASZ KRZYSZTOF	2485	STELLANTIS ACTIVE TEAM	GLIWICE	POL	M-40	77	M 195	00:49:02	01:12:13	01:48:34.15	01:49:09.30	5:08	11.7
39	ZIÓŁKOWSKI GRZEGORZ	2387		GLIWICE	POL	M-50	27	M 201	00:48:16	01:11:03	01:49:05.00	01:49:06.00	5:10	11.6
40	KOŁODZIEJSKI EMIL	2039	BOJKÓW BIEGA	GLIWICE	POL	M-30	81	M 204	00:47:24	01:10:41	01:49:22.55	01:50:51.90	5:10	11.6
41	TYSZKIEWICZ CUMA	2219		GLIWICE	POL	M-40	82	M 206	00:50:59	01:13:15	01:49:29.95	01:49:30.95	5:11	11.6

**VIII PÓŁMARATON GLIWICKI, Mieszkańcy Gliwic c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
42	CETERA ŁUKASZ	2240	#HUTATEAM	GLIWICE	POL	M-30	83	M 207	00:48:05	01:11:28	01:49:30.25	01:50:19.55	5:11	11.6
43	NIESLER MICHAŁ	2215	NTEAM	GLIWICE	POL	M-30	84	M 208	00:46:44	01:10:07	01:49:33.90	01:50:03.75	5:11	11.6
44	PICZ MICHAŁ	2043	POMPEJANKA TEAM	GLIWICE	POL	M-30	85	M 210	00:52:23	01:15:06	01:49:45.35	01:51:45.40	5:12	11.5
45	ŻÓŁTOWSKI MICHAŁ	2514		GLIWICE	POL	M-30	87	M 214	00:50:05	01:12:13	01:50:05.80	01:52:03.40	5:13	11.5
46	KAMIŃSKI JACEK	2631	GOMOLA PACK-CENTER	GLIWICE	POL	M-40	86	M 222	00:48:12	01:12:13	01:50:39.30	01:51:01.80	5:14	11.4
47	SKOTNICKI PAWEŁ	2001		GLIWICE	POL	M-30	92	M 223	00:49:42	01:12:51	01:50:46.40	01:51:24.10	5:14	11.4
48	GIGON KRZYSZTOF	2555	CZYSTY CIUL	GLIWICE	POL	M-40	94	M 237	00:49:32	01:13:05	01:51:54.80	01:52:50.20	5:18	11.3
49	POGORZALEK MATEUSZ	2513		GLIWICE	POL	M-30	98	M 241	00:51:54	01:15:25	01:52:02.15	01:53:55.95	5:18	11.3
50	CIEPLIK GRZEGORZ	2263		GLIWICE	POL	M-30	99	M 242	00:51:06	01:14:07	01:52:12.90	01:52:13.90	5:19	11.3
51	MACYSZYN WALDEMAR	2518	GLIWICE	GLIWICE	POL	M-60	2	M 244	00:50:41	01:14:28	01:52:17.05	01:52:56.50	5:19	11.3
52	KRAJEWSKI RADOSŁAW	2218		GLIWICE	POL	M-30	100	M 245	00:51:21	01:14:34	01:52:18.20	01:52:19.20	5:19	11.3
53	GĘBCZYŃSKI OLIVIER	2259	G-TEAM	GLIWICE	POL	M-20	14	M 247	00:51:59	01:15:29	01:52:22.85	01:54:29.90	5:19	11.3
54	CYZY WOJCIECH	2331		GLIWICE	POL	M-40	98	M 250	00:48:56	01:12:38	01:52:28.45	01:52:40.10	5:19	11.3
55	SEROCKI MICHAŁ	2199		GLIWICE	POL	M-30	102	M 251	00:51:40	01:15:21	01:52:29.70	01:54:28.05	5:19	11.3
56	MARKOWICZ MATEUSZ	2471	BOJKÓW BIEGA	GLIWICE	POL	M-30	103	M 253	00:52:38	01:17:16	01:52:30.15	01:53:59.90	5:19	11.3
57	NIKODON PAWEŁ	2046	NIKODON DREAM TEAM	GLIWICE	POL	M-40	103	M 262	00:49:02	01:12:52	01:53:15.85	01:53:42.25	5:22	11.2
58	DOMAŃSKI MARCIN	2038	RUNNINGFISH74	GLIWICE	POL	M-40	104	M 263	00:52:31	01:16:06	01:53:20.00	01:54:11.40	5:22	11.2
59	ŻMIJEWSKI DARIUSZ	2221	EXTREMALNI RZEŹNICY NA RELAKSIE	GLIWICE	POL	M-50	35	M 268	00:50:27	01:13:50	01:53:36.80	01:54:04.80	5:23	11.1
60	SEMIK JAKUB	2157		GLIWICE	POL	M-30	106	M 269	00:52:24	01:16:34	01:53:37.70	01:54:43.35	5:23	11.1
61	GMEREK PIOTR	2617		GLIWICE	POL	M-30	107	M 270	00:48:34	01:12:24	01:53:40.25	01:53:53.80	5:23	11.1
62	RÓŻAŃSKI TOMASZ	2378		GLIWICE	POL	M-40	111	M 279	00:50:40	01:14:16	01:54:01.15	01:56:00.25	5:24	11.1
63	FRĄC DARIUSZ	2476	BANDA Z POŁUDNIA	GLIWICE	POL	M-40	112	M 280	00:50:09	01:13:33	01:54:01.45	01:54:49.65	5:24	11.1
64	WAWRZAK RYSZARD	2612	RYSZARD RUN- PACEMAKER	GLIWICE	POL	M-40	116	M 284	00:52:42	01:16:46	01:54:17.25	01:55:03.10	5:24	11.1
65	GOLA DANIEL	2729	DO GÓRY NOGAMI	GLIWICE	POL	M-30	111	M 285	00:49:38	01:13:44	01:54:18.00	01:54:19.00	5:25	11.1
66	DOBOSZ KRZYSZTOF	2119	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-50	37	M 287	00:51:14	01:14:21	01:54:25.00	01:55:02.35	5:25	11.1
67	ORZECHOWSKI MAREK	2003		GLIWICE	POL	M-30	112	M 289	00:51:41	01:14:58	01:54:29.75	01:56:04.55	5:25	11.1
68	LISEWSKI BARTŁOMIEJ	2382	...	GLIWICE	POL	M-40	119	M 291	00:52:34	01:16:38	01:54:45.25	01:55:40.80	5:26	11
69	ZIELONKA TOMASZ	2615	DESIGNBAY	GLIWICE	POL	M-20	17	M 292	00:52:12	01:16:37	01:54:46.75	01:55:41.30	5:26	11
70	SCHAB BARTŁOMIEJ	2185		GLIWICE	POL	M-30	114	M 294	00:51:03	01:15:32	01:54:59.05	01:56:10.50	5:26	11
71	CZAJKA ROMAN	2264	POLISH RUNNERS SQUAD	GLIWICE	POL	M-40	122	M 297	00:52:17	01:16:42	01:55:10.90	01:55:11.90	5:27	11
72	MAŃKA MARCIN	2013		GLIWICE	POL	M-30	117	M 301	00:52:18	01:16:40	01:55:35.05	01:56:35.35	5:28	11
73	WRÓBLEWSKI MATEUSZ	2691		GLIWICE	POL	M-30	119	M 308	00:52:27	01:19:05	01:56:06.10	01:56:46.75	5:30	10.9
74	IGNACZAK ROBERT	2498		GLIWICE	POL	M-40	128	M 309	00:51:08	01:15:35	01:56:08.00	01:56:09.00	5:30	10.9
75	BIEGALSKI PIOTR	2823		GLIWICE	POL	M-30	120	M 310	00:52:08	01:16:10	01:56:09.55	01:57:03.70	5:30	10.9
76	GORAUS KAROL	2576	TSH TEAM	GLIWICE	POL	M-30	121	M 312	00:52:39	01:16:55	01:56:16.50	01:57:00.70	5:30	10.9
77	ZALESKI ARKADIUSZ	2082		GLIWICE	POL	M-50	39	M 313	00:52:10	01:16:44	01:56:25.95	01:57:08.90	5:31	10.9
78	DOBOSZ DANIEL	2676	MOCNA EKIPA	GLIWICE	POL	M-40	131	M 316	00:51:13	01:16:26	01:56:49.60	01:56:50.60	5:32	10.8
79	SMUDA ANDRZEJ	2123	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-40	132	M 317	00:50:16	01:14:38	01:56:53.45	01:57:04.10	5:32	10.8
80	LUDWIG DAWID	2733		GLIWICE	POL	M-30	123	M 319	00:54:42	01:19:15	01:56:56.40	01:58:49.25	5:32	10.8
81	ORLIK JERZY	2116		GLIWICE	POL	M-60	5	M 321	00:53:54	01:18:23	01:57:06.65	01:57:07.65	5:32	10.8
82	BANASZAK MARCIN	2592		GLIWICE	POL	M-40	134	M 322	00:53:51	01:18:23	01:57:09.50	01:58:50.10	5:33	10.8
83	NIESZWIC TERENCJUSZ	2794	DZIAŁAMY SOBIE	GLIWICE	POL	M-20	20	M 325	00:49:30	01:12:44	01:57:19.15	01:58:05.90	5:33	10.8
84	ZAWISZA MICHAŁ	2831		GLIWICE	POL	M-30	124	M 327	00:56:00	01:19:58	01:57:25.20	01:59:37.10	5:33	10.8
85	MICHALIK PIOTR	2829	HDC	GLIWICE	POL	M-40	136	M 332	00:52:24	01:17:29	01:57:38.15	01:57:39.15	5:34	10.8
86	PASTERNAK ZBIGNIEW	2315	STELLANTIS ACTIVE TEAM	GLIWICE	POL	M-50	40	M 333	00:53:23	01:17:47	01:57:41.55	01:58:43.05	5:34	10.8
87	CYGAN TOMASZ	2140		GLIWICE	POL	M-40	137	M 334	00:52:13	01:16:40	01:57:46.80	01:58:49.20	5:34	10.8
88	KOŚCIANSKI OSKAR	2692		GLIWICE	POL	M-20	24	M 342	00:53:55	01:19:12	01:58:33.35	01:59:46.20	5:37	10.7
89	ROSADA ZDZISŁAW	2081	PORUSZENI - AKTYWNI Z SOŃNICY	GLIWICE	POL	M-60	7	M 344	00:55:26	01:19:41	01:58:37.35	01:59:34.95	5:37	10.7
90	GIERAS MIROŚŁAW	2192		GLIWICE	POL	M-40	141	M 347	00:54:37	01:19:42	01:58:41.50	02:00:06.00	5:37	10.7
91	MEOSI ALESSANDRO	2320	ZŁOTA MARKA	GLIWICE	POL	M-20	27	M 352	00:50:42	01:16:00	01:59:04.15	01:59:51.55	5:38	10.6
92	MAZGAJSKI MATEUSZ	2655		GLIWICE	POL	M-30	134	M 354	00:53:19	01:18:43	01:59:21.30	02:00:28.70	5:39	10.6
93	SIDORSKI ROBERT	2062	STELLANTIS ACTIVE TEAM	GLIWICE	POL	M-40	145	M 356	00:52:54	01:17:55	01:59:35.30	01:59:52.90	5:40	10.6
94	ĆWIKŁA MICHAŁ	2323	FLUOR	GLIWICE	POL	M-20	28	M 357	00:52:17	01:17:12	01:59:40.90	02:00:49.70	5:40	10.6
95	KAŁAMARZ MARIUSZ	2306	CROSSFIT SILESIA	GLIWICE	POL	M-40	146	M 359	00:51:46	01:17:42	01:59:42.05	02:00:15.75	5:40	10.6
96	ŁUKOMSKI TOMEK	2258		GLIWICE	POL	M-20	30	M 364	00:56:41	01:21:41	02:00:00.55	02:01:11.25	5:41	10.6
97	SZOŁTYSEK DENIS	2547	LEŚNA OSTROPA	GLIWICE	POL	M-30	139	M 370	00:57:02	01:22:30	02:00:22.05	02:01:39.40	5:42	10.5
98	WÓJCİK JAKUB	2560	TRIDIVISION TRIATHLON TEAM	GLIWICE	POL	M-40	150	M 372	00:55:08	01:20:26	02:00:31.15	02:01:40.90	5:42	10.5

### VIII PÓLMARATON GLIWICKI, Mieszkańcy Gliwic c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
99	PÓLTORAK KAMIL	2021		GLIWICE	POL	M-30	141	M 375	00:55:22	01:21:15	02:00:48.20	02:02:32.70	5:43	10.5
100	GĘBCZYŃSKI PAWEŁ	2112	GO4IT	GLIWICE	POL	M-40	155	M 383	00:55:25	01:20:45	02:01:14.60	02:03:20.10	5:44	10.4
101	GÓRNY PIOTR	2083	ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	GLIWICE	POL	M-50	46	M 384	00:54:12	01:19:23	02:01:15.75	02:02:12.05	5:44	10.4
102	ERDMANN ROBERT	2393		GLIWICE	POL	M-30	143	M 385	00:55:36	01:20:50	02:01:18.25	02:02:26.75	5:44	10.4
103	HAŁUPKA PAWEŁ	2553	LEŚNA OSTROPA	GLIWICE	POL	M-30	145	M 388	00:57:03	01:22:31	02:01:22.25	02:02:38.40	5:45	10.4
104	OSIŃSKI PAWEŁ	2008	KS M.E.T.A	GLIWICE	POL	M-40	157	M 390	00:54:52	01:21:26	02:01:25.25	02:03:04.30	5:45	10.4
105	SIKORA MICHAŁ	2273		GLIWICE	POL	M-40	158	M 392	00:52:13	01:17:16	02:01:31.70	02:02:18.80	5:45	10.4
106	GAWRON KONRAD	2598		GLIWICE	POL	M-20	32	M 396	00:51:47	01:16:57	02:01:41.80	02:02:51.20	5:46	10.4
107	ŁAKOMSKI PAWEŁ	2281	BOJKÓW BIEGA	GLIWICE	POL	M-40	160	M 398	00:55:14	01:19:39	02:01:46.95	02:01:47.95	5:46	10.4
108	BUJAŁSKI MICHAŁ	2755		GLIWICE	POL	M-30	152	M 403	00:55:29	01:22:05	02:02:09.30	02:02:56.15	5:47	10.4
109	ŻABICKI MARIUSZ	2623	TECHNOMEX	GLIWICE	POL	M-40	162	M 404	00:55:39	01:20:55	02:02:12.00	02:03:38.00	5:47	10.4
110	LEJA BARTOSZ	2516		GLIWICE	POL	M-30	154	M 406	00:54:24	01:20:14	02:02:15.60	02:03:14.00	5:47	10.4
111	PIÓRKOWSKI TOMASZ	2280		GLIWICE	POL	M-40	163	M 412	00:55:16	01:21:08	02:02:40.25	02:03:30.85	5:48	10.3
112	CZAŚTKIEWICZ MARCIN	2002		GLIWICE	POL	M-30	157	M 414	00:53:12	01:18:13	02:02:45.40	02:03:24.85	5:49	10.3
113	UJMA MICHAŁ	2060	SII RUNNING TEAM	GLIWICE	POL	M-30	158	M 415	00:56:24	01:22:16	02:02:48.80	02:04:15.15	5:49	10.3
114	KUBIT BARTŁOMIEJ	2738		GLIWICE	POL	M-30	159	M 416	00:56:24	01:22:16	02:02:48.80	02:04:15.15	5:49	10.3
115	KOŁODZIEJ JACEK	2319	FLUOR	GLIWICE	POL	M-40	165	M 417	00:55:30	01:20:57	02:02:59.60	02:04:02.60	5:49	10.3
116	KRAJEWSKI MICHAŁ	2769		GLIWICE	POL	M-40	166	M 418	00:53:21	01:18:33	02:03:03.40	02:04:06.10	5:49	10.3
117	BERESKA BARTEK	2701		GLIWICE	POL	M-30	160	M 419	00:55:01	01:21:02	02:03:05.90	02:04:30.90	5:50	10.3
118	PAŁUS BARTŁOMIEJ	2686		GLIWICE	POL	M-20	37	M 424	00:56:16	01:22:14	02:03:29.75	02:05:08.70	5:51	10.3
119	NEUMANN PIOTR	2360		GLIWICE	POL	M-30	161	M 425	00:56:25	01:21:55	02:03:30.60	02:04:37.55	5:51	10.3
120	BAK-CESARZ DAMIAN	2674		GLIWICE	POL	M-40	171	M 428	01:00:40	01:26:17	02:03:39.75	02:05:29.85	5:51	10.2
121	BUCZYŃSKI RADOSŁAW	2594	PACEMAKER	GLIWICE	POL	M-30	164	M 431	00:56:42	01:22:25	02:03:54.45	02:04:55.95	5:52	10.2
122	ZARZYCKI ROBERT	2850		GLIWICE	POL	M-30	165	M 433	00:50:43	01:15:47	02:03:59.30	02:04:00.30	5:52	10.2
123	STĘPIEŃ WOJCIECH	2589	PACEMAKER	GLIWICE	POL	M-40	174	M 435	00:56:53	01:22:44	02:04:12.50	02:05:13.55	5:53	10.2
124	ZYGMĄŃSKI PIOTR	2108		GLIWICE	POL	M-40	176	M 438	00:54:31	01:21:09	02:04:25.45	02:04:26.45	5:53	10.2
125	GAJEWSKI JACEK	2530	KURCZAK I AGATKA	GLIWICE	POL	M-50	50	M 439	00:56:55	01:23:08	02:04:25.60	02:05:05.20	5:53	10.2
126	BUFNAŁ KRZYSZTOF	2155		GLIWICE	POL	M-40	177	M 440	00:58:19	01:23:53	02:04:30.70	02:06:07.35	5:54	10.2
127	MATULICZ DAMIAN	2486		GLIWICE	POL	M-40	178	M 442	00:53:06	01:19:38	02:04:37.65	02:05:32.90	5:54	10.2
128	RAJTOR KLAUDIUSZ	2624		GLIWICE	POL	M-60	9	M 443	00:57:01	01:23:01	02:04:44.80	02:05:49.45	5:54	10.1
129	GOŁĘBIEWSKI KAZIMIERZ	2004	KEMPER TEAM	GLIWICE	POL	M-40	179	M 450	00:54:14	01:21:36	02:05:42.75	02:05:56.25	5:57	10.1
130	BIENIEK KEWIN	2301		GLIWICE	POL	M-20	39	M 453	00:53:58	01:20:54	02:06:01.95	02:07:14.40	5:58	10
131	KOWALCZYK TOMASZ	2234	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-40	183	M 459	00:55:31	01:21:31	02:06:53.00	02:08:40.95	6:00	10
132	KOJ JAKUB	2752	MATYLDA TEAM	GLIWICE	POL	M-30	174	M 461	00:55:28	01:22:04	02:07:02.95	02:07:50.45	6:01	10
133	WANIEK ZBIGNIEW	2231	THE WANIEKS	GLIWICE	POL	M-40	186	M 466	00:56:34	01:22:50	02:07:21.35	02:07:34.00	6:02	9.9
134	WÓJCİK RAFAŁ	2397		GLIWICE	POL	M-40	187	M 467	00:56:54	01:24:06	02:07:24.70	02:08:16.40	6:02	9.9
135	DURAK LUKASZ	2025		GLIWICE	POL	M-40	188	M 468	00:56:45	01:22:55	02:07:35.10	02:08:42.50	6:02	9.9
136	SZWARCZYŃSKI JAKUB	2561		GLIWICE	POL	M-30	178	M 471	00:57:25	01:23:55	02:07:51.85	02:09:41.85	6:03	9.9
137	MICHON MACIEJ	2664	-	GLIWICE	POL	M-20	41	M 475	00:58:10	01:24:32	02:08:56.85	02:09:47.90	6:06	9.8
138	GRUSZCZYŃSKI BOGUSŁAW	2256		GLIWICE	POL	M-60	10	M 476	00:57:23	01:23:53	02:09:00.35	02:09:01.35	6:06	9.8
139	GÓRECKI JANUSZ	2109		GLIWICE	POL	M-50	57	M 479	00:56:53	01:24:24	02:09:59.75	02:11:20.80	6:09	9.7
140	MICHALSKI MAREK	2261		GLIWICE	POL	M-40	192	M 487	00:56:21	01:24:40	02:10:42.80	02:11:22.30	6:11	9.7
141	PIKOŃ KRZYSZTOF	2821		GLIWICE	POL	M-50	59	M 493	00:52:50	01:18:55	02:11:43.50	02:13:09.45	6:14	9.6
142	POMORSKI PRZEMYSŁAW	2260		GLIWICE	POL	M-40	195	M 494	01:00:55	01:26:37	02:11:45.40	02:12:11.90	6:14	9.6
143	LENCZYK MARIUSZ	2749		GLIWICE	POL	M-20	42	M 496	00:55:22	01:23:14	02:11:58.50	02:14:05.90	6:15	9.6
144	KOSNO ŁUKASZ	2026		GLIWICE	POL	M-30	189	M 510	00:59:14	01:26:49	02:13:54.80	02:15:15.40	6:20	9.5
145	NIEMIEC SŁAWEK	2102	INTERGRAFIK.PL	GLIWICE	POL	M-40	201	M 511	00:55:56	01:23:26	02:14:03.15	02:16:12.20	6:21	9.4
146	CZERNEK MAREK	2444	BIEGAJ Z TRENERAMI	GLIWICE	POL	M-50	62	M 512	00:56:51	01:23:59	02:14:03.40	02:14:53.10	6:21	9.4
147	PODSTUFKA SZYMON	2345		GLIWICE	POL	M-30	191	M 517	00:57:17	01:24:23	02:14:38.35	02:15:08.90	6:22	9.4
148	PAWLICZEK SZYMON	2495		GLIWICE	POL	M-20	48	M 522	01:02:36	01:29:57	02:15:03.50	02:17:04.80	6:24	9.4
149	MACZUGA BARTŁOMIEJ	2705	PACEMAKER	GLIWICE	POL	M-30	193	M 523	01:02:29	01:30:14	02:15:08.60	02:16:24.75	6:24	9.4
150	ZEMŁA PIOTR	2462		GLIWICE	POL	M-50	64	M 527	01:00:49	01:29:09	02:15:48.60	02:17:15.30	6:26	9.3
151	KWAPIEŃ PAWEŁ	2827		GLIWICE	POL	M-40	206	M 528	01:00:40	01:29:10	02:15:49.05	02:17:36.70	6:26	9.3
152	SELIGA PAWEŁ	2475	BIEGAJ Z TRENERAMI GLIWICE	GLIWICE	POL	M-40	207	M 529	00:58:25	01:26:48	02:15:49.80	02:17:35.80	6:26	9.3
153	DANIELSKI PATRYK	2272		GLIWICE	POL	M-30	195	M 531	01:02:08	01:30:11	02:16:06.70	02:17:52.00	6:27	9.3
154	CIUMAN PIOTR	2763	PHD RUNNERS	GLIWICE	POL	M-30	196	M 534	01:00:59	01:28:38	02:16:14.95	02:17:26.25	6:27	9.3

### VIII PÓLMARATON GLIWICKI, Mieszkańcy Gliwic c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
155	LEWANDOWSKI HENRYK	2084		GLIWICE	POL	M-40	208	M 535	00:58:06	01:28:36	02:16:35.35	02:17:38.10	6:28	9.3
156	DEBERNY DAWID	2745		GLIWICE	POL	M-30	198	M 543	01:00:34	01:29:10	02:17:40.10	02:19:22.05	6:31	9.2
157	KRAWCZYŃSKI MIROSŁAW	2278	GÓRNA13	GLIWICE	POL	M-40	215	M 549	01:01:36	01:30:48	02:19:27.60	02:21:29.30	6:36	9.1
158	MARKOWSKI KAMIL	2146		GLIWICE	POL	M-40	216	M 550	01:03:05	01:32:08	02:19:30.30	02:19:31.30	6:36	9.1
159	ZACHARA MICHAŁ	2225		GLIWICE	POL	M-30	202	M 551	00:58:04	01:27:59	02:19:42.90	02:21:55.60	6:37	9.1
160	PIETRZAK MARCIN	2541		GLIWICE	POL	M-50	67	M 552	00:59:05	01:28:02	02:19:46.70	02:21:14.30	6:37	9.1
161	FUGOWSKI GRZEGORZ	2018		GLIWICE	POL	M-30	203	M 554	01:00:26	01:31:35	02:20:22.15	02:22:37.75	6:39	9
162	WILKOŃ ARTUR	2019	#HUTATEAM	GLIWICE	POL	M-40	218	M 555	00:58:13	01:27:19	02:20:43.65	02:21:52.85	6:40	9
163	KACZKIEWICZ DAMIAN	2824	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-40	219	M 559	00:59:23	01:29:22	02:21:09.05	02:22:19.70	6:41	9
164	MICZKA ŁUKASZ	2024	NIECHCEMISIE	GLIWICE	POL	M-30	205	M 561	01:01:55	01:29:45	02:21:51.95	02:23:44.20	6:43	8.9
165	WÓJCIK DARIUSZ	2438		GLIWICE	POL	M-40	220	M 562	00:59:32	01:29:11	02:22:43.45	02:23:55.90	6:45	8.9
166	MALINOWSKI BARTOSZ	2813		GLIWICE	POL	M-20	54	M 563	01:03:24	01:33:04	02:22:48.25	02:24:15.30	6:46	8.9
167	OCHODEK ANDRZEJ	2381	AKT WATRA	GLIWICE	POL	M-30	206	M 564	01:01:37	01:32:43	02:22:50.25	02:24:19.25	6:46	8.9
168	KROTOS KRZYSZTOF	2371	OQS	GLIWICE	POL	M-40	221	M 565	01:04:13	01:34:44	02:23:13.20	02:25:01.60	6:47	8.8
169	GĘBSKI DAWID	2317	FLUOR	GLIWICE	POL	M-30	207	M 568	01:01:55	01:31:57	02:24:26.55	02:24:34.25	6:50	8.8
170	MIŁKOWSKI ANDRZEJ	2527		GLIWICE	POL	M-60	16	M 570	01:03:58	01:34:41	02:25:50.55	02:27:09.75	6:54	8.7
171	CZYŻYKOWSKI MARCIN	2453		GLIWICE	POL	M-40	224	M 572	01:04:23	01:36:18	02:26:35.60	02:27:51.00	6:56	8.6
172	SIRKO ŁUKASZ	2104		GLIWICE	POL	M-40	225	M 575	01:06:22	01:36:08	02:28:02.25	02:28:55.05	7:00	8.6
173	PAWELAK SZYMON	2395		GLIWICE	POL	M-20	55	M 582	00:57:02	01:28:32	02:30:43.75	02:31:25.20	7:08	8.4
174	PAWLIK MICHAŁ	2571		GLIWICE	POL	M-30	213	M 587	01:04:13	01:36:41	02:34:41.30	02:36:29.85	7:19	8.2
175	WOLIŃSKI JÓZEF	2361		GLIWICE	POL	M-50	72	M 592	01:10:01	01:44:06	02:41:28.40	02:43:42.35	7:39	7.8
176	WACŁAWEK TOMEK	2502	TEAM TOMSON	GLIWICE	POL	M-20	58	M 596	01:17:36	01:56:04	02:56:19.40	02:56:20.40	8:21	7.2
	KRZYWICKI JAN	2385	-----	GLIWICE	POL	M-60			DNF	DNF	DNF	DNF	-	-

### VIII PÓLMARATON GLIWICKI, Niepełnosprawni M

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
1	PAWŁUSZEK PIOTR	2293	KB ORŁY Z KNUROWA	KNURÓW	POL	NIEPEŁNOSPRAWNI M	1	M 83	00:41:22	01:06:54	01:38:34.20	01:38:35.20	4:40	12.8
2	TAJAK TOMASZ	2842		KRAKÓW	POL	NIEPEŁNOSPRAWNI M	2	M 104	00:45:46	01:06:39	01:40:42.45	01:40:43.45	4:46	12.6

### VIII PÓLMARATON GLIWICKI, K-20

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
1	GOLA MAGDA	2783		GLIWICE	POL	K-20	1	K 5	00:47:03	01:08:22	01:42:00.15	01:42:57.65	4:50	12.4
2	WARDEJN SONIA	2678	STG GLIWICE	GLIWICE	POL	K-20	2	K 21	00:52:15	01:16:31	01:54:33.55	01:56:19.05	5:25	11.1
3	KOMÓR KINGA	2682		BYTOM	POL	K-20	3	K 30	00:52:17	01:16:36	01:58:15.25	01:59:15.65	5:36	10.7
4	GRABOŚ KAROLINA	2819		KATOWICE	POL	K-20	4	K 32	00:53:00	01:18:00	01:58:50.95	01:58:51.95	5:37	10.7
5	--	2825		GLIWICE	POL	K-20	5	K 50	00:57:05	01:22:43	02:03:22.25	02:05:07.75	5:50	10.3
6	MĄDRZAK MONIKA	2838		GOŁUCHÓW	POL	K-20	6	K 51	00:56:27	01:22:13	02:03:38.90	02:04:51.90	5:51	10.2
7	PIEKARCZYK KATARZYNA	2245		ŁAZISKA GÓRNE	POL	K-20	7	K 55	00:56:31	01:22:22	02:04:31.85	02:05:12.20	5:54	10.2
8	POLAK SYLWIA	2006		GLIWICE	POL	K-20	8	K 59	00:56:43	01:23:00	02:05:16.30	02:06:20.00	5:56	10.1
9	OCHMAN KLAUDIA	2550		TARNOWSKIE GÓRY	POL	K-20	9	K 62	00:55:30	01:21:30	02:07:01.55	02:07:48.15	6:01	10
10	MAŃKO EMILIA	2531		GLIWICE	POL	K-20	10	K 90	01:02:07	01:30:11	02:16:06.15	02:17:51.65	6:27	9.3
11	JURETKO AGATA	2477		ŚWIĘTOCHŁOWICE	POL	K-20	11	K 91	00:58:24	01:27:50	02:16:19.55	02:17:43.10	6:27	9.3
12	GÓRECKA WERONIKA	2604		GLIWICE	POL	K-20	12	K 93	01:01:00	01:29:38	02:16:36.15	02:17:59.30	6:28	9.3
13	KALETA ALEKSANDRA	2776		BYTOM	POL	K-20	13	K 104	00:59:24	01:29:40	02:22:10.45	02:22:26.85	6:44	8.9
14	RACIS MAŁGORZATA	2303		GLIWICE	POL	K-20	14	K 107	01:03:50	01:34:29	02:23:12.60	02:24:30.45	6:47	8.8
15	TECZA MARCELINA	2014	HAGER SPORT TEAM	ZABRZE	POL	K-20	15	K 111	00:57:28	01:29:14	02:24:56.45	02:26:29.10	6:52	8.7



**VIII PÓŁMARATON GLIWICKI, M-20**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
1	MRÓWKA MATEUSZ	2054	KWK MARCEL RADLNIOKI W BIEGU	RADLIN	POL	M-20	1	M 1			01:02:27.00	01:02:28.00	2:57	20.3
2	FAŁEK ADAM	2575	ŁAMIGNATY	MIKOŁÓW	POL	M-20	2	M 64	00:41:43	01:03:10	01:37:13.85	01:37:17.80	4:36	13
3	PILNY KAROL	2401	EKO-OKNA RUNNERS	RYDUŁTOWY	POL	M-20	3	M 90	00:45:52	01:06:33	01:39:05.00	01:39:12.45	4:41	12.8
4	KARNAUKHOV ANDRZEJ	2288		GLIWICE	POL	M-20	4	M 92	00:45:15	01:06:07	01:39:18.20	01:39:38.20	4:42	12.7
5	WARDZYK DAMIAN	2299	ZŁOTA MARKA	ZABRZE	POL	M-20	5	M 108	00:45:21	01:05:55	01:41:05.40	01:41:51.30	4:47	12.5
6	SYMIEC DAWID	2808		WROCŁAW	POL	M-20	6	M 137	00:47:45	01:08:45	01:43:14.05	01:43:51.95	4:53	12.3
7	LEŚNIAK DAWID	2577		SIEMIANOWICE ŚLĄSKIE	POL	M-20	7	M 144	00:47:19	01:09:14	01:44:18.60	01:44:44.85	4:56	12.1
8	VATUICHAK PAVLO	2782		ZABRZE	POL	M-20	8	M 157	00:39:48	01:12:30	01:45:26.05	01:45:33.50	4:59	12
9	HASSA DAMIAN	2714		BOJSZÓW	POL	M-20	9	M 174	00:47:55	01:10:11	01:47:01.95	01:48:01.75	5:04	11.8
10	WIŚNIEWSKI ADAM	2718		RUDZINIEC	POL	M-20	10	M 176	00:48:01	01:10:02	01:47:05.00	01:47:55.80	5:04	11.8
11	WŁOSIŃSKI GRZEGORZ	2712		KATOWICE	POL	M-20	11	M 178	00:49:02	01:11:03	01:47:11.55	01:47:27.70	5:04	11.8
12	ROGOWSKI JAKUB	2494		GLIWICE	POL	M-20	12	M 190	00:50:03	01:12:36	01:48:07.35	01:48:58.30	5:07	11.7
13	SOWKA SEBASTIAN	2559		PIEKARY ŚLĄSKIE	POL	M-20	13	M 236	00:50:23	01:14:30	01:51:46.15	01:52:42.90	5:17	11.3
14	GĘBCZYŃSKI OLIVIER	2259	G-TEAM	GLIWICE	POL	M-20	14	M 247	00:51:59	01:15:29	01:52:22.85	01:54:29.90	5:19	11.3
15	SMOLEC WOJCIECH	2681		ANDRYCHÓW	POL	M-20	15	M 257	00:49:56	01:13:55	01:53:03.45	01:53:34.90	5:21	11.2
16	POGORZELSKI KAMIL	2117		BIAŁYSTOK	POL	M-20	16	M 276	00:52:35	01:16:45	01:53:53.40	01:54:46.70	5:23	11.1
17	ZIELONKA TOMASZ	2615	DESIGNBAY	GLIWICE	POL	M-20	17	M 292	00:52:12	01:16:37	01:54:46.75	01:55:41.30	5:26	11
18	CIELOCH TOMASZ	2832		PLESZEW	POL	M-20	18	M 299	00:41:47	01:06:00	01:55:22.15	01:55:35.70	5:28	11
19	BANASIK DAWID	2814		CHRZANÓW	POL	M-20	19	M 311	00:52:43	01:16:54	01:56:14.65	01:57:10.30	5:30	10.9
20	NIESZWIC TERCENJUSZ	2794	DZIAŁAMY SOBIE	GLIWICE	POL	M-20	20	M 325	00:49:30	01:12:44	01:57:19.15	01:58:05.90	5:33	10.8
21	SEREDA MACIEJ	2565		PRZEWORSK	POL	M-20	21	M 326	00:53:47	01:18:35	01:57:22.50	01:58:50.10	5:33	10.8
22	POKS PAWEŁ	2257		TYCHY	POL	M-20	22	M 331	00:55:43	01:20:15	01:57:34.90	01:59:10.10	5:34	10.8
23	PIETRUCZUK ARMIN	2741		ZABRZE	POL	M-20	23	M 337	00:48:30	01:14:45	01:57:59.70	01:58:18.00	5:35	10.7
24	KOŚCIAŃSKI OSKAR	2692		GLIWICE	POL	M-20	24	M 342	00:53:55	01:19:12	01:58:33.35	01:59:46.20	5:37	10.7
25	FLAK MATEUSZ	2416		SIEMIANOWICE ŚLĄSKIE	POL	M-20	25	M 345		01:15:50	01:58:41.00	02:00:25.00	5:37	10.7
26	MOTULEWICZ JAKUB	2534		KRAKÓW	POL	M-20	26	M 350	00:55:07	01:20:40	01:58:43.35	02:00:09.15	5:37	10.7
27	MEOSI ALESSANDRO	2320	ZŁOTA MARKA	GLIWICE	POL	M-20	27	M 352	00:50:42	01:16:00	01:59:04.15	01:59:51.55	5:38	10.6
28	ĆWIKŁA MICHAŁ	2323	FLUOR	GLIWICE	POL	M-20	28	M 357	00:52:17	01:17:12	01:59:40.90	02:00:49.70	5:40	10.6
29	KOZIÓŁEK OLIVER	2283	OGIEŃ Z DUPY	BLOTNICA STRZELECKA	POL	M-20	29	M 361	00:53:08	01:17:47	01:59:48.05	02:00:51.65	5:40	10.6
30	ŁUKOMSKI TOMEK	2258		GLIWICE	POL	M-20	30	M 364	00:56:41	01:21:41	02:00:00.55	02:01:11.25	5:41	10.6
31	GANCARCZYK MACIEJ	2707	SZCOMPER GWK	BYTOM	POL	M-20	31	M 377	00:57:47	01:21:32	02:00:52.05	02:00:53.05	5:43	10.5
32	GAWRON KONRAD	2598		GLIWICE	POL	M-20	32	M 396	00:51:47	01:16:57	02:01:41.80	02:02:51.20	5:46	10.4
33	GRZYWOCZ TOMASZ	2451		KATOWICE	POL	M-20	33	M 399	00:52:27	01:17:16	02:01:47.35	02:02:03.95	5:46	10.4
34	KABAT RADOŚLAW	2708	INOWROCŁAW BIEGA	ŁÓDŹ	POL	M-20	34	M 408	00:55:12	01:21:17	02:02:29.30	02:04:06.90	5:48	10.3
35	POŻOGA PATRYK	2689		PSZCZYNA	POL	M-20	35	M 409	00:57:08	01:22:49	02:02:30.90	02:04:03.30	5:48	10.3
36	COJG MATEUSZ	2421		RYBNIK	POL	M-20	36	M 422	00:55:28	01:20:22	02:03:10.70	02:03:55.05	5:50	10.3
37	PAŁUS BARTŁOMIEJ	2686		GLIWICE	POL	M-20	37	M 424	00:56:16	01:22:14	02:03:29.75	02:05:08.70	5:51	10.3
38	SZCZEPANIAK KAMIL	2206	BIEGAJ Z NAMI NA STADIONIE ŚLĄSKIM	ŚWIĘTOCHŁOWICE	POL	M-20	38	M 441	00:52:47	01:18:21	02:04:34.30	02:05:17.25	5:54	10.2
39	BIENIEK KEWIN	2301		GLIWICE	POL	M-20	39	M 453	00:53:58	01:20:54	02:06:01.95	02:07:14.40	5:58	10
40	TOSZEK SEBASTIAN	2377		RYBNIK	POL	M-20	40	M 455	00:56:50	01:23:05	02:06:16.05	02:07:10.05	5:59	10
41	MICHON MACIEJ	2664	-	GLIWICE	POL	M-20	41	M 475	00:58:10	01:24:32	02:08:56.85	02:09:47.90	6:06	9.8
42	LENCZYK MARIUSZ	2749		GLIWICE	POL	M-20	42	M 496	00:55:22	01:23:14	02:11:58.50	02:14:05.90	6:15	9.6
43	SKOWROŃSKI MICHAŁ	2330	AKADEMICKI KLUB TURYSTYCZNY WATRA	KATOWICE	POL	M-20	43	M 498	00:58:35	01:25:53	02:12:02.15	02:13:32.65	6:15	9.6
44	DITTMANN ROBERT	2122		CHORZÓW	POL	M-20	44	M 501	00:59:42	01:28:36	02:12:20.90	02:13:59.45	6:16	9.6
45	BIERNAT TOMISŁAW	2449	TS RUNNERS	CHORZÓW	POL	M-20	45	M 504	00:58:25	01:25:36	02:12:48.85	02:14:09.35	6:17	9.5
46	STACHOWSKI GRZEGORZ	2835	ATOMOWY TEAM GOŁUCHÓW	GOŁUCHÓW	POL	M-20	46	M 520	00:56:27	01:24:23	02:14:55.10	02:16:07.60	6:23	9.4
47	GRZYWOCZ DANIEL	2376		KATOWICE	POL	M-20	47	M 521	00:57:47	01:26:12	02:14:55.15	02:15:09.95	6:23	9.4
48	PAWLICZEK SZYMON	2495		GLIWICE	POL	M-20	48	M 522	01:02:36	01:29:57	02:15:03.50	02:17:04.80	6:24	9.4
49	GAICKI DAWID	2322	FLUOR	CHORZÓW	POL	M-20	49	M 524	00:55:28	01:23:11	02:15:14.55	02:16:08.20	6:24	9.4
50	SKRĘT KAMIL	2121		BOGUCHWAŁOWICE	POL	M-20	50	M 530	00:57:30	01:25:26	02:15:50.15	02:15:51.15	6:26	9.3
51	MARSZAŁEK DOMINIK	2171		ŻARKI	POL	M-20	51	M 540	00:57:38	01:25:17	02:17:36.00	02:18:57.80	6:31	9.2
52	CHŁĄD BARTOSZ	2644		ZABRZE	POL	M-20	52	M 558	00:55:49	01:26:42	02:20:54.55	02:21:49.15	6:40	9
53	KISIELA MARIUSZ	2758	MAKOSZOWY	ZABRZE	POL	M-20	53	M 560	00:58:22	01:30:05	02:21:24.65	02:22:15.70	6:42	9
54	MALINOWSKI BARTOSZ	2813		GLIWICE	POL	M-20	54	M 563	01:03:24	01:33:04	02:22:48.25	02:24:15.30	6:46	8.9
55	PAWELAK SZYMON	2395		GLIWICE	POL	M-20	55	M 582	00:57:02	01:28:32	02:30:43.75	02:31:25.20	7:08	8.4

## VIII PÓLMARATON GLIWICKI, M-20 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
56	SOMERLA MACIEJ	2621		TWORKÓW	POL	M-20	56	M 586	01:06:08	01:37:45	02:32:19.95	02:33:44.40	7:13	8.3
57	SZOŁTYSEK GRZEGORZ	2454		STANICA	POL	M-20	57	M 594	01:10:08	01:44:25	02:43:04.70	02:44:34.10	7:43	7.8
58	WACŁAWEK TOMEK	2502	TEAM TOMSON	GLIWICE	POL	M-20	58	M 596	01:17:36	01:56:04	02:56:19.40	02:56:20.40	8:21	7.2

## VIII PÓLMARATON GLIWICKI, K-30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
1	BROL DOMINIKA	2338	ENDURANCE TEAM	SIEMIANOWICE ŚLĄSKIE	POL	K-30	1	K 2	00:41:41	01:01:51	01:31:55.75	01:32:02.75	4:21	13.8
2	WYLEŻAŁEK ALINA	2200		GLIWICE	POL	K-30	2	K 3	00:42:37	01:03:32	01:35:30.10	01:35:35.25	4:31	13.3
3	REDOSZ OLIWIA	2770		ŚWIĘTOCHŁOWICE	POL	K-30	3	K 6	00:48:08	01:09:32	01:44:02.80	01:45:49.85	4:55	12.2
4	KLUK JUSTYNA	2366	CHWALISZ CZY NIE CHWALISZ - LOTEJ Z NAMI	BIERUŃ	POL	K-30	4	K 9	00:48:30	01:11:16	01:47:53.40	01:47:54.40	5:06	11.7
5	BUJAK MAGDALENA	2646	NIGHT RUNNERS PYSKOWICE	TARNOWSKIE GÓRY	POL	K-30	5	K 14	00:48:58	01:12:11	01:49:58.65	01:52:01.30	5:12	11.5
6	RODAK KAROLINA	2244		RYBNIK	POL	K-30	6	K 15	00:50:05	01:13:18	01:50:21.05	01:52:12.65	5:13	11.5
7	PRZYŁĘCKA-HUSSAR AGNIESZKA	2775	BDB TEAM	KATOWICE	POL	K-30	7	K 18	00:50:43	01:14:47	01:53:30.60	01:54:20.00	5:22	11.2
8	BROZYNA MAGDALENA	2784	CO JA TU ROBIE?	GLIWICE	POL	K-30	8	K 19	00:52:47	01:15:58	01:53:39.10	01:55:36.85	5:23	11.1
9	BABIS IZABELA	2807	DEVINITI	WROCŁAW	POL	K-30	9	K 22	00:53:15	01:17:23	01:54:59.25	01:55:59.20	5:26	11
10	GOLA KAROLINA	2020		GLIWICE	POL	K-30	10	K 24	00:52:08	01:16:08	01:55:19.70	01:56:14.15	5:27	11
11	WOJEWÓDKA ZOFIA	2389	BRYGADA RR (RAZEM RAŻNIEJ)	ŁAZISKA GÓRNE	POL	K-30	11	K 25	00:51:38	01:16:51	01:55:41.05	01:55:50.20	5:28	10.9
12	CHRÓSZCZ KLAUDIA	2570	CHWALISZ CZY NIE CHWALISZ-LOTEJ Z NAMI	BIERUŃ	POL	K-30	12	K 26	00:51:34	01:16:06	01:56:02.80	01:56:46.00	5:29	10.9
13	KOWALCZYK KASIA	2077		POZNAŃ	POL	K-30	13	K 31	00:52:41	01:18:04	01:58:27.20	01:59:17.10	5:36	10.7
14	MAZGAJSKA MONIKA	2616		GLIWICE	POL	K-30	14	K 33	00:53:18	01:18:42	01:59:04.25	02:00:12.35	5:38	10.6
15	HERBUT KAROLINA	2810	DEVINITI	WROCŁAW	POL	K-30	15	K 35	00:54:48	01:19:48	01:59:41.70	02:00:40.20	5:40	10.6
16	CABAJ PAULINA	2463		DĄBROWA GÓRNICZA	POL	K-30	16	K 38	00:53:53	01:19:13	02:00:09.95	02:01:40.45	5:41	10.5
17	TOKARZ JOANNA	2162	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	K-30	17	K 39	00:55:11	01:20:39	02:00:16.25	02:01:34.60	5:41	10.5
18	MAREK WIOLETTA	2697		GLIWICE	POL	K-30	18	K 42	00:55:20	01:20:56	02:01:04.05	02:02:02.75	5:44	10.5
19	GAWLIKOWSKA AGNIESZKA	2414		KATOWICE	POL	K-30	19	K 43	00:53:15	01:18:54	02:01:11.05	02:02:08.60	5:44	10.4
20	POLANECKA MALWINA	2479		GLIWICE	POL	K-30	20	K 45	00:55:56	01:21:21	02:01:50.95	02:03:50.80	5:46	10.4
21	HOLYŃSKA-URBASIK KAROLINA	2478	RUN RYDUŁTOWY	RYDUŁTOWY	POL	K-30	21	K 46	00:54:15	01:19:45	02:02:02.95	02:02:39.65	5:47	10.4
22	GŁADKOWSKA MAŁGORZATA	2229		GLIWICE	POL	K-30	22	K 47	00:54:47	01:20:57	02:03:02.95	02:05:00.20	5:49	10.3
23	PAWLIK ANETA	2523	STG GLIWICE	GLIWICE	POL	K-30	23	K 48	00:55:15	01:21:32	02:03:06.95	02:04:52.90	5:50	10.3
24	OLEŚ-ZDECHLIK BEATA	2274	MIRAZ RACE TEAM	ŚWIĘTOCHŁOWICE	POL	K-30	24	K 49	00:53:47	01:19:42	02:03:11.70	02:04:18.25	5:50	10.3
25	STANEK KAROLINA	2047		PIŃCZÓW	POL	K-30	25	K 57	00:56:36	01:22:57	02:04:54.75	02:06:00.50	5:55	10.1
26	NOWICKA KAROLINA	2328	FLUOR	GLIWICE	POL	K-30	26	K 63	00:57:04	01:23:10	02:07:40.65	02:08:49.90	6:03	9.9
27	KUZMYŃSKA KATE	2321	ZŁOTA MARKA	GLIWICE	POL	K-30	27	K 65	00:56:49	01:23:11	02:07:46.05	02:08:32.70	6:03	9.9
28	BUKOWSKA MAGDALENA	2091		GLIWICE	POL	K-30	28	K 66	01:00:07	01:26:54	02:08:28.80	02:10:07.10	6:05	9.9
29	LACHOWICZ IZABELA	2568	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	RYBNIK	POL	K-30	29	K 67	00:56:22	01:23:55	02:08:52.65	02:09:29.10	6:06	9.8
30	KOWALIK KAROLINA	2403		PANIÓWKI	POL	K-30	30	K 71	00:57:27	01:24:32	02:10:10.25	02:10:26.20	6:10	9.7
31	WILCZEK MAŁGORZATA	2279		GLIWICE	POL	K-30	31	K 73	01:00:40	01:28:05	02:11:10.75	02:11:11.75	6:12	9.7
32	SZYMAŃSKA MAGDALENA	2791	MIRAZ RAZE TEAM	RUDA ŚLĄSKA	POL	K-30	32	K 74	00:59:35	01:27:33	02:11:14.50	02:12:10.95	6:13	9.6
33	LEPIARCZYK ANNA	2275	MOSTOSTAL ZABRZE UNITED	GLIWICE	POL	K-30	33	K 77	00:57:49	01:24:34	02:11:33.00	02:11:34.00	6:14	9.6
34	WOJTUKIEWICZ KAMILA	2135		GLIWICE	POL	K-30	34	K 79	01:01:35	01:29:19	02:12:09.20	02:14:22.20	6:15	9.6
35	WANIEK SARA	2756		TARNOWSKIE GÓRY	POL	K-30	35	K 80	00:59:39	01:28:12	02:12:45.20	02:13:53.70	6:17	9.5
36	KOBA STASIAK URSZULA	2490	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	K-30	36	K 81	00:58:35	01:26:49	02:13:12.15	02:14:34.70	6:18	9.5
37	PRACKA DANUTA	2159		MIĄSTECZKO ŚLĄSKIE	POL	K-30	37	K 82	00:56:45	01:25:17	02:13:16.35	02:14:40.20	6:18	9.5
38	GUMUŁKA JOANNA	2491	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	K-30	38	K 83	00:56:27	01:23:16	02:13:16.80	02:14:34.80	6:18	9.5
39	FRUK NATALIA	2012	NAJKI POLONIA BYTOM	GLIWICE	POL	K-30	39	K 86	01:03:01	01:30:45	02:14:15.50	02:14:53.15	6:21	9.4
40	ZAWISZA DOMINIKA	2410		KNURÓW	POL	K-30	40	K 89	01:00:36	01:29:20	02:15:59.55	02:17:39.15	6:26	9.3
41	MARKOWSKA SYLWIA	2143		GLIWICE	POL	K-30	41	K 98	01:01:40	01:30:42	02:18:04.35	02:19:30.95	6:32	9.2
42	MAJOS KAROLINA	2767		DĄBROWA GÓRNICZA	POL	K-30	42	K 99	01:03:23	01:31:30	02:18:05.85	02:18:06.85	6:32	9.2
43	PALMOWSKA AGNIESZKA	2075	PHD RUNNERS	GLIWICE	POL	K-30	43	K 100	01:01:23	01:30:21	02:18:16.10	02:19:24.40	6:33	9.2
44	KUBICA-BADORA ROZALIA	2139		GLIWICE	POL	K-30	44	K 102	01:01:53	01:31:09	02:19:21.15	02:19:22.15	6:36	9.1
45	KUSZTEŁAK DARIA	2307		ZABRZE	POL	K-30	45	K 110	01:27:22	02:24:05	02:24:01.05	02:25:33.40	6:49	8.8
46	MOTYCZKA MARZENA	2190		CZERWIONKA-LESZCZYNY	POL	K-30	46	K 114	01:03:12	01:32:49	02:27:20.05	02:28:11.70	6:58	8.6

## VIII PÓŁMARATON GLIWICKI, K-30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
47	SIRKO SABINA	2034		CZERWIONKA - LESZCZYNY	POL	K-30	47	K 116	01:03:12	01:32:14	02:28:03.15	02:28:54.95	7:00	8.6
48	KAUFFMANN EWA	2657		GLIWICE	POL	K-30	48	K 119	01:08:36	01:39:46	02:28:44.40	02:30:40.35	7:02	8.5
49	MAJSNEROWSKA EWELINA	2197		GLIWICE	POL	K-30	49	K 121	01:03:13	01:37:36	02:29:08.45	02:29:47.10	7:04	8.5
50	ZBOREK DOMINIKA	2201		GLIWICE	POL	K-30	50	K 122	01:03:14	01:37:36	02:29:08.70	02:29:47.20	7:04	8.5
51	SKOP KAROLINA	2713	AKT WATRA	GLIWICE	POL	K-30	51	K 123	01:05:46	01:36:19	02:29:11.25	02:30:43.90	7:04	8.5
52	JOCHYMEK KAROLINA	2295		GLIWICE	POL	K-30	52	K 129	01:12:57	01:45:43	02:38:28.45	02:43:50.45	7:30	8
53	KASZUBA ALEKSANDRA	2394		TWORÓG	POL	K-30	53	K 130	01:06:53	01:40:20	02:38:59.50	02:41:10.40	7:32	8
54	SITKO DAGMARA	2126	KOBIETY NA 5+	GLIWICE	POL	K-30	54	K 131	01:12:40	01:48:50	02:41:22.00	02:43:41.50	7:38	7.8
55	WOJDANOWSKA MAŁGORZATA	2326	LECZYMY DURŚ	TARNOWSKIE GÓRY	POL	K-30	55	K 134	01:08:48	01:43:46	02:41:44.15	02:43:37.30	7:39	7.8
56	KASPRZYK AGNIESZKA	2294		GLIWICE	POL	K-30	56	K 137	01:09:45	01:46:07	02:49:30.75	02:51:25.70	8:01	7.5
57	KACZMARCZYK-ZIELIŃSKA MAGDALENA	2308	RUNTEAM PAWŁOWICE	PAWŁOWICE	POL	K-30	57	K 139	01:12:29	01:48:24	02:53:10.30	02:54:22.85	8:12	7.3
58	WARAT-STASZEWSKA KATARZYNA	2693	YES3	GLIWICE	POL	K-30	58	K 141						

## VIII PÓŁMARATON GLIWICKI, M-30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
1	KOKOT DANIEL	2734	RAJSPOORT ACTIVE	OZIMEK	POL	M-30	1	M 2		00:35:09	01:02:27.00	01:02:28.00	2:57	20.3
2	DROŹDŹ DAMIAN	2423	CONCRETE DM SP. Z O.O.	RYBNIK	POL	M-30	2	M 3		00:35:10	01:02:27.00	01:02:28.00	2:57	20.3
3	PIELA STANISŁAW	2457		CIĘCINA	POL	M-30	3	M 4	01:03:12		01:12:48.55	01:12:51.65	3:27	17.4
4	MACHON MARCIN	2587	TEAM KOPEĆ	KALETY	POL	M-30	4	M 6	00:36:51	00:56:20	01:23:20.60	01:23:24.30	3:56	15.2
5	KOWOLIK MACIEJ	2839		KATOWICE	POL	M-30	5	M 7	00:37:26	00:56:24	01:23:39.60	01:23:43.10	3:57	15.1
6	SUDARA ROBERT	2583		DĄBROWA GÓRNICZA	POL	M-30	6	M 8	00:38:08	00:56:54	01:24:19.85	01:24:43.40	3:59	15
7	WRÓBEL PAWEŁ	2349	NA BANI WYBIEGANI	KATOWICE	POL	M-30	7	M 9	00:38:35	00:56:52	01:24:35.00	01:24:36.00	4:00	15
8	GRABOWSKI KAROL	2849	CKS BUDOWLANI CZĘSTOCHOWA	CZĘSTOCHOWA	POL	M-30	8	M 13	01:03:04		01:24:45.20	01:24:46.20	4:00	14.9
9	KUROWSKI ANDREW	2118		ŻYWIEC	POL	M-30	9	M 15	00:37:58	00:56:30	01:25:04.10	01:25:05.10	4:01	14.9
10	KRZĄPA ŁUKASZ	2128	NOWAK-TEAM	DĄBROWA GÓRNICZA	POL	M-30	10	M 17	00:38:14	00:57:00	01:25:52.05	01:25:53.05	4:04	14.7
11	KAMPA RAFAL	2452	PIAST GLIWICE	GLIWICE	POL	M-30	11	M 21	00:39:12	00:58:44	01:28:01.25	01:28:06.40	4:10	14.4
12	PRZYBYŁKO NIKODEM	2340	THE PROSECCOS	KATOWICE	POL	M-30	12	M 23	00:39:37	00:59:03	01:29:09.55	01:29:14.45	4:13	14.2
13	KWAŚNIEWICZ PRZEMYSŁAW	2662		TYCHY	POL	M-30	13	M 24	00:40:35	01:00:06	01:29:21.15	01:29:34.90	4:14	14.2
14	DUŹNIAK DOMINIK	2183	STEP-DANCE	GLIWICE	POL	M-30	14	M 26	00:40:27	01:00:37	01:31:35.80	01:31:39.60	4:20	13.8
15	PRZELIORZ TOMASZ	2374	INŻYNIERIA BIEGANIA TEAM	RYBNIK	POL	M-30	15	M 27	00:42:23	01:02:29	01:32:08.15	01:32:13.00	4:21	13.7
16	WISZYŃSKI DAMIAN	2500		CHORZÓW	POL	M-30	16	M 29	00:41:32	01:01:45	01:32:18.10	01:32:27.70	4:22	13.7
17	DZIENDZIEL PIOTR	2630		BIELSKO-BIAŁA	POL	M-30	17	M 31	00:42:29	01:02:47	01:32:23.20	01:32:37.30	4:22	13.7
18	KACZMAREK ŁUKASZ	2837	#ACT	MIKOŁÓW	POL	M-30	18	M 32	00:42:22	01:02:41	01:32:29.85	01:32:48.80	4:22	13.7
19	FILAK TOMASZ	2070		KŁOBUK	POL	M-30	19	M 33	00:43:32	01:02:51	01:32:42.00	01:32:43.00	4:23	13.7
20	MATERNA MATEUSZ	2737	ANIA HALSKA COACHING	CIESZYN	POL	M-30	20	M 34	00:42:38	01:02:55	01:32:47.65	01:32:53.40	4:23	13.6
21	BIALY KAMIL	2574	FAST FOOT TEAM SIEWIERZ	SIEWIERZ	POL	M-30	21	M 37	00:42:08	01:02:24	01:33:14.90	01:33:21.40	4:25	13.6
22	TRZCIONKA MACIEJ	2529		RZECZYCE	POL	M-30	22	M 38	00:42:07	01:02:36	01:33:22.10	01:33:28.50	4:25	13.6
23	WIERZCHOWSKI TOMASZ	2652	BLEES.CO	KATOWICE	POL	M-30	23	M 40	00:41:34	01:02:00	01:33:23.35	01:33:31.75	4:25	13.6
24	MASNY MICHAŁ	2223		RYDUŁTOWY	POL	M-30	24	M 41	00:42:28	01:02:43	01:33:29.50	01:33:30.50	4:25	13.5
25	STOLORZ WOJCIECH	2127	BIEGAMYŚŁOWICE	MYSŁOWICE	POL	M-30	25	M 42	00:42:30	01:02:49	01:33:33.05	01:33:45.25	4:26	13.5
26	MARCOL SEBASTIAN	2595	PACEMAKER	GASZOWICE	POL	M-30	26	M 43	00:42:39	01:03:01	01:33:36.40	01:33:37.40	4:26	13.5
27	SMYCZEK BARTOSZ	2503	KILOMETROŻERCA	RYBNIK	POL	M-30	27	M 45	00:42:30	01:03:10	01:34:34.35	01:34:45.10	4:28	13.4
28	NOWICKI SZYMON	2672		ZABRZE	POL	M-30	28	M 49	00:41:45	01:02:43	01:35:10.25	01:35:18.90	4:30	13.3
29	ZYMELA DAWID	2665		TOSZEK	POL	M-30	29	M 53	00:44:19	01:04:25	01:35:40.45	01:35:55.10	4:32	13.2
30	POKRYSZKA BARTOSZ	2031		SOSNOWIEC	POL	M-30	30	M 57	00:44:16	01:04:15	01:36:04.10	01:36:22.20	4:33	13.2
31	OWERKO PIOTR	2792		BIELSKO-BIAŁA	POL	M-30	31	M 58	00:44:22	01:04:19	01:36:05.05	01:36:17.95	4:33	13.2
32	KLIMA ADAM	2551	RUNHOGS TYCHY	TYCHY	POL	M-30	32	M 60	00:43:04	01:03:39	01:36:22.45	01:36:23.45	4:34	13.1
33	BEDNARCZYK MARCIN	2473	GISZOWIEC BIEGA RAZEM	KATOWICE	POL	M-30	33	M 61	00:42:38	01:04:06	01:36:43.85	01:36:53.30	4:35	13.1
34	TUSZYŃSKI KAMIL	2637		SOSNOWIEC	POL	M-30	34	M 63	00:41:36	01:06:01	01:37:07.90	01:37:08.90	4:36	13
35	KANTOCH ŁUKASZ	2455		DĄBROWA GÓRNICZA	POL	M-30	35	M 66	00:44:34	01:04:49	01:37:17.30	01:37:18.30	4:36	13
36	BIELA GRZEGORZ	2460	NIGHT RUNNERS PYSKOWICE	ZAWADA	POL	M-30	36	M 78	00:44:14	01:04:38	01:38:10.85	01:38:21.00	4:39	12.9
37	CHEJDYS KRYSZTIAN	2027	BIEGNĘ ALE DOKĄD?	GLIWICE	POL	M-30	37	M 79	00:44:16	01:05:11	01:38:13.50	01:38:23.40	4:39	12.9
38	TOKARCZYK MATEUSZ	2564		TARNOWSKIE GÓRY	POL	M-30	38	M 91	00:46:02	01:06:52	01:39:17.35	01:39:42.40	4:42	12.8
39	CIOSEK MATEUSZ	2203		SOSNOWIEC	POL	M-30	39	M 93	00:45:04	01:05:56	01:39:19.25	01:39:30.05	4:42	12.7
40	PYTLIK MIROSŁAW	2009	ZATYRANI GRATISOWNIA.PL GMINA PILCHOWICE	PILCHOWICE	POL	M-30	40	M 95	00:45:04	01:06:07	01:39:37.95	01:39:54.95	4:43	12.7

**VIII PÓŁMARATON GLIWICKI, M-30 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
41	BOGATZKI MAREK	2134		CHORZÓW	POL	M-30	41	M 97	00:44:57	01:05:52	01:39:50.55	01:40:26.30	4:43	12.7
42	BRZEZIŃSKI KAROL	2739		DĄBROWA GÓRNICZA	POL	M-30	42	M 98	00:45:21	01:06:08	01:39:52.00	01:40:22.55	4:43	12.7
43	KAŁUS WOJCIECH	2358	NA BANI WYBIEGANI	KATOWICE	POL	M-30	43	M 100	00:43:26	01:04:10	01:40:00.20	01:40:10.60	4:44	12.7
44	SMÓŁKA BARTOSZ	2217		TRZEBINIA	POL	M-30	44	M 102	00:46:04	01:06:53	01:40:28.70	01:40:49.60	4:45	12.6
45	DABROWSKI BARTOSZ	2132		GLIWICE	POL	M-30	45	M 106	00:47:03	01:07:56	01:40:59.20	01:41:52.60	4:47	12.5
46	DOBIJA WOJCIECH	2538		BIELSKO- BIAŁA	POL	M-30	46	M 107	00:45:24	01:06:49	01:40:59.40	01:41:07.50	4:47	12.5
47	WIERCIŃSKI MATEUSZ	2766		DĄBROWA GÓRNICZA	POL	M-30	47	M 109	00:46:14	01:07:40	01:41:07.90	01:41:36.50	4:47	12.5
48	KUPIJAJ MARCIN	2723	NGK RUNNING TEAM	KNURÓW	POL	M-30	48	M 115	00:46:53	01:08:08	01:41:32.65	01:41:43.95	4:48	12.5
49	SIENKIEWICZ WOJCIECH	2483	SOCIOS SILESIA	GLIWICE	POL	M-30	49	M 116	00:47:04	01:08:19	01:41:39.30	01:41:40.30	4:49	12.5
50	GOGOLIN ARTUR	2367	LOTOM PO ŚLĄSKU	RUDA ŚLĄSKA	POL	M-30	50	M 118	00:46:13	01:07:58	01:41:48.20	01:42:05.20	4:49	12.4
51	GARBACZ DAMIAN	2845		GLIWICE	POL	M-30	51	M 119	00:46:39	01:08:08	01:41:50.50	01:42:55.50	4:49	12.4
52	GDOWSKI SLAWEK	2149	NEXTEER RUNNERS	GLIWICE	POL	M-30	52	M 121	00:45:50	01:07:30	01:42:13.30	01:42:32.90	4:50	12.4
53	SIEKIERDA KONRAD	2344	SYNDYK BIEGA	NIEPOŁOMICE	POL	M-30	53	M 122	00:46:14	01:08:00	01:42:14.75	01:42:30.20	4:50	12.4
54	NIEWALDA MARCIN	2205		RADZIONKÓW	POL	M-30	54	M 125	00:45:59	01:07:27	01:42:18.85	01:42:44.20	4:50	12.4
55	KUKURBA MIKOŁAJ	2626		GLIWICE	POL	M-30	55	M 129		01:06:49	01:42:52.30	01:43:14.00	4:52	12.3
56	MARKOWSKI PRZEMYSŁAW	2606	PACEMAKER 1:40	ZABRZE	POL	M-30	56	M 130	00:46:12	01:07:57	01:42:54.45	01:43:11.55	4:52	12.3
57	NOWACKI WOJCIECH	2590	PACEMAKER	BYTOM	POL	M-30	57	M 131	00:46:13	01:07:58	01:42:54.90	01:43:11.70	4:52	12.3
58	JASTRZEMBSKI JAKUB	2115		ŻORY	POL	M-30	58	M 132	00:46:06	01:07:52	01:43:00.35	01:43:05.20	4:52	12.3
59	JAGIEŁA MICHAŁ	2065		PANIÓWKI	POL	M-30	59	M 134	00:46:08	01:07:02	01:43:00.80	01:43:01.80	4:52	12.3
60	OZYP MARIUSZ	2064		GLIWICE	POL	M-30	60	M 135	00:46:45	01:08:22	01:43:11.60	01:43:17.35	4:53	12.3
61	STRASZEK PIOTR	2151		GLIWICE	POL	M-30	61	M 139	00:47:33	01:08:58	01:43:28.90	01:44:18.45	4:54	12.2
62	ORDOŃ BARTŁOMIEJ	2840	RYBNICKA GRUPA BIEGOWA	RYBNIK	POL	M-30	62	M 142	00:46:45	01:08:28	01:44:07.70	01:44:19.60	4:56	12.2
63	MIRONOWICZ BARTEK	2339		GLIWICE	POL	M-30	63	M 143	00:44:32	01:06:25	01:44:14.00	01:44:15.00	4:56	12.1
64	WARZECHA KAMIL	2392		JAWORZNO	POL	M-30	64	M 146	00:47:41	01:09:47	01:44:31.60	01:45:14.10	4:57	12.1
65	WIORA ŁUKASZ	2833		GLIWICE	POL	M-30	65	M 153	00:48:17	01:10:07	01:45:08.95	01:45:51.65	4:58	12
66	WOSZCZAK KRYSZTIAN	2633		ŁĘDZINY	POL	M-30	66	M 154	00:47:52	01:09:57	01:45:16.90	01:45:24.80	4:59	12
67	FOLEK ADAM	2300		KATOWICE	POL	M-30	67	M 156	00:46:18	01:08:03	01:45:18.40	01:45:52.10	4:59	12
68	WINCZAKIEWICZ MICHAŁ	2405	WINCZITEAM	KATOWICE	POL	M-30	68	M 158	00:48:04	01:10:48	01:45:47.60	01:46:13.10	5:00	12
69	REJNIAK MATEUSZ	2439	REDYNA	KNURÓW	POL	M-30	69	M 162		01:03:32	01:46:20.90	01:46:49.00	5:02	11.9
70	IWASZKOWSKI DAWID	2193	REDYNA TEAM	KNURÓW	POL	M-30	70	M 163	00:46:52	01:08:28	01:46:20.90	01:46:47.90	5:02	11.9
71	SALAMON EMIL	2154	STELLANTIS ACTIVE TEAM	GLIWICE	POL	M-30	71	M 165	00:48:10	01:10:13	01:46:32.15	01:47:08.90	5:02	11.9
72	JABŁOŃSKI ŁUKASZ	2202	Q-PERIOR TEAM	TYCHY	POL	M-30	72	M 171	00:47:38	01:10:00	01:46:52.55	01:48:33.45	5:03	11.8
73	CIĄGŁO JAKUB	2332	CHWALISZ CZY NIE CHWALISZ - LOTEJ Z NAMI	BIERUŃ	POL	M-30	73	M 172	00:46:58	01:09:13	01:46:54.15	01:47:22.25	5:03	11.8
74	CZUCZ MICHAŁ	2166	PARKRUN CHRZANÓW	CHRZANÓW	POL	M-30	74	M 179	00:48:48	01:10:43	01:47:11.65	01:47:12.65	5:04	11.8
75	HERUD TOMASZ	2095	ROWEROWE GLIWICE	GLIWICE	POL	M-30	75	M 180	00:48:49	01:11:39	01:47:15.80	01:48:08.60	5:04	11.8
76	MIGURSKI JAKUB	2748	FUCHS OIL TEAM	GLIWICE	POL	M-30	76	M 181	00:50:58	01:13:33	01:47:26.05	01:48:27.60	5:05	11.8
77	RUTKOWSKI MICHAŁ	2407	LIDL	GLIWICE	POL	M-30	77	M 187	00:50:13	01:13:07	01:47:45.75	01:48:27.65	5:06	11.7
78	KWIATKOWSKI MARCIN	2028		GLIWICE	POL	M-30	78	M 191	00:46:58	01:09:52	01:48:11.40	01:48:27.40	5:07	11.7
79	MIODEK ŁUKASZ	2610	AKT WATRA	TARNOWSKIE GÓRY	POL	M-30	79	M 197	00:50:54	01:13:47	01:48:45.60	01:50:17.35	5:09	11.6
80	PAJĄK MICHAŁ	2510		RADOSTOWICE	POL	M-30	80	M 199	00:49:36	01:12:43	01:48:47.50	01:49:40.50	5:09	11.6
81	KOŁODZIEJSKI EMIL	2039	BOJKÓW BIEGA	GLIWICE	POL	M-30	81	M 204	00:47:24	01:10:41	01:49:22.55	01:50:51.90	5:10	11.6
82	LAMCZYK PIOTR	2312		PYSKOWICE	POL	M-30	82	M 205	00:49:42	01:12:18	01:49:23.15	01:49:24.15	5:11	11.6
83	CETERA ŁUKASZ	2240	#HUTATEAM	GLIWICE	POL	M-30	83	M 207	00:48:05	01:11:28	01:49:30.25	01:50:19.55	5:11	11.6
84	NIESLER MICHAŁ	2215	NTEAM	GLIWICE	POL	M-30	84	M 208	00:46:44	01:10:07	01:49:33.90	01:50:03.75	5:11	11.6
85	PICZ MICHAŁ	2043	POMPEJANKA TEAM	GLIWICE	POL	M-30	85	M 210	00:52:23	01:15:06	01:49:45.35	01:51:45.40	5:12	11.5
86	WYWIĄŁ ŁUKASZ	2548	SAINT-GOBAIN SQUAD	WOJKOWICE	POL	M-30	86	M 211	00:49:23	01:12:20	01:49:47.85	01:51:34.25	5:12	11.5
87	ŻÓŁTOWSKI MICHAŁ	2514		GLIWICE	POL	M-30	87	M 214	00:50:05	01:12:13	01:50:05.80	01:52:03.40	5:13	11.5
88	MATEŃCZUK LESŁAW	2702		RACIBÓRZ	POL	M-30	88	M 216	00:50:59	01:13:18	01:50:08.60	01:52:18.45	5:13	11.5
89	KARWOT PIOTR	2191	TEAM REDYNA	CZERWIONKA-LESZCZYNY	POL	M-30	89	M 218	00:48:28	01:11:44	01:50:24.25	01:50:52.80	5:13	11.5
90	CHWASTYK ŁUKASZ	2220	LEGNICA TEAM	LEGNICA	POL	M-30	90	M 219	00:50:30	01:13:09	01:50:24.75	01:51:02.95	5:13	11.5
91	MALOTTA KONRAD	2195	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	M-30	91	M 220	00:51:17	01:14:24	01:50:27.85	01:50:28.85	5:14	11.5
92	SKOTNICKI PAWEŁ	2001		GLIWICE	POL	M-30	92	M 223	00:49:42	01:12:51	01:50:46.40	01:51:24.10	5:14	11.4
93	GIBEK MARCIN	2305	KRUCZA_FUKS_KAJ_TA_META	STANOWICE	POL	M-30	93	M 225	00:50:15	01:13:24	01:50:48.95	01:50:49.95	5:15	11.4
94	PIEKARSKI WIKTOR	2519	140MINUT.PL	DOMASZCZYN	POL	M-30	94	M 228	00:50:00	01:13:06	01:50:57.85	01:51:41.25	5:15	11.4
95	TOMASZEWSKI ŁUKASZ	2468		KOZŁÓW	POL	M-30	95	M 232	00:49:25	01:13:02	01:51:22.00	01:51:51.45	5:16	11.4
96	SPYRA KAMIL	2158	4K P. K. S. SPYROWKA	SZYMOCICE	POL	M-30	96	M 234	00:50:07	01:13:44	01:51:38.95	01:51:49.15	5:17	11.3

**VIII PÓŁMARATON GLIWICKI, M-30 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
97	FLOREK PIOTR	2131		RYBNIK	POL	M-30	97	M 239	00:48:58	01:12:31	01:52:00.10	01:52:45.80	5:18	11.3
98	POGORZALEK MATEUSZ	2513		GLIWICE	POL	M-30	98	M 241	00:51:54	01:15:25	01:52:02.15	01:53:55.95	5:18	11.3
99	CIEPLIK GRZEGORZ	2263		GLIWICE	POL	M-30	99	M 242	00:51:06	01:14:07	01:52:12.90	01:52:13.90	5:19	11.3
100	KRAJEWSKI RADOSŁAW	2218		GLIWICE	POL	M-30	100	M 245	00:51:21	01:14:34	01:52:18.20	01:52:19.20	5:19	11.3
101	JAWOREK JACEK	2144	SPRYTNA BANIA SPONTAN TEAM / JBC365	ZABRZE	POL	M-30	101	M 249	00:54:01	01:17:09	01:52:26.15	01:54:11.85	5:19	11.3
102	SEROCKI MICHAŁ	2199		GLIWICE	POL	M-30	102	M 251	00:51:40	01:15:21	01:52:29.70	01:54:28.05	5:19	11.3
103	MARKOWICZ MATEUSZ	2471	BOJKÓW BIEGA	GLIWICE	POL	M-30	103	M 253	00:52:38	01:17:16	01:52:30.15	01:53:59.90	5:19	11.3
104	BUDNY KAMIL	2355		STRZELIN	POL	M-30	104	M 254	00:52:07	01:15:26	01:52:30.40	01:53:55.00	5:19	11.3
105	NIEWIADOMSKI MAREK	2511	CROSS KRAPKOWICE	KRAPKOWICE	POL	M-30	105	M 266	00:50:04	01:13:48	01:53:27.20	01:54:26.40	5:22	11.2
106	SEMIK JAKUB	2157		GLIWICE	POL	M-30	106	M 269	00:52:24	01:16:34	01:53:37.70	01:54:43.35	5:23	11.1
107	GMIEREK PIOTR	2617		GLIWICE	POL	M-30	107	M 270	00:48:34	01:12:24	01:53:40.25	01:53:53.80	5:23	11.1
108	ANTOSZ WOJCIECH	2716		MIZERÓW	POL	M-30	108	M 271	00:52:27	01:15:57	01:53:40.60	01:54:44.40	5:23	11.1
109	CZORNY MATEUSZ	2557	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-30	109	M 272	00:52:11	01:16:14	01:53:43.90	01:54:36.30	5:23	11.1
110	LIBISZ MARCIN	2591		RADZIONKOW	POL	M-30	110	M 278	00:51:08	01:14:48	01:53:54.10	01:55:29.40	5:23	11.1
111	GOLA DANIEL	2729	DO GÓRY NOGAMI	GLIWICE	POL	M-30	111	M 285	00:49:38	01:13:44	01:54:18.00	01:54:19.00	5:25	11.1
112	ORZECHOWSKI MAREK	2003		GLIWICE	POL	M-30	112	M 289	00:51:41	01:14:58	01:54:29.75	01:56:04.55	5:25	11.1
113	MADEJ MAREK	2384	KĘCKIE HARPAGANY	HECZYNAROWICE	POL	M-30	113	M 293	00:53:11	01:17:21	01:54:56.50	01:55:52.85	5:26	11
114	SCHAB BARTŁOMIEJ	2185		GLIWICE	POL	M-30	114	M 294	00:51:03	01:15:32	01:54:59.05	01:56:10.50	5:26	11
115	BARTOSZEWSKI DARIUSZ	2774	SCHUMACHER	MALCZYCE	POL	M-30	115	M 298	00:49:13	01:13:49	01:55:21.60	01:56:01.20	5:28	11
116	IGNACY DENIS	2287		REŃSKA WIEŚ	POL	M-30	116	M 300	00:52:43	01:16:48	01:55:33.80	01:56:19.35	5:28	11
117	MAŃKA MARCIN	2013		GLIWICE	POL	M-30	117	M 301	00:52:18	01:16:40	01:55:35.05	01:56:35.35	5:28	11
118	PLUSZKE PAWEŁ	2605		KATOWICE	POL	M-30	118	M 307	00:49:19	01:12:11	01:56:03.85	01:57:38.55	5:30	10.9
119	WRÓBLEWSKI MATEUSZ	2691		GLIWICE	POL	M-30	119	M 308	00:52:27	01:19:05	01:56:06.10	01:56:46.75	5:30	10.9
120	BIEGALSKI PIOTR	2823		GLIWICE	POL	M-30	120	M 310	00:52:08	01:16:10	01:56:09.55	01:57:03.70	5:30	10.9
121	GORAUS KAROL	2576	TSH TEAM	GLIWICE	POL	M-30	121	M 312	00:52:39	01:16:55	01:56:16.50	01:57:00.70	5:30	10.9
122	TOMALA ADAM	2710		TYCHY	POL	M-30	122	M 318	00:50:55	01:15:54	01:56:54.15	01:57:15.75	5:32	10.8
123	LUDWIG DAWID	2733		GLIWICE	POL	M-30	123	M 319	00:54:42	01:19:15	01:56:56.40	01:58:49.25	5:32	10.8
124	ZAWISZA MICHAŁ	2831		GLIWICE	POL	M-30	124	M 327	00:56:00	01:19:58	01:57:25.20	01:59:37.10	5:33	10.8
125	ZGRZENDEK MACIEJ	2411	ING	ZABRZE	POL	M-30	125	M 328	00:52:24	01:17:01	01:57:32.20	01:58:38.25	5:34	10.8
126	SOWIŃSKI KRZYSZTOF	2247	BDB TEAM	KATOWICE	POL	M-30	126	M 329	00:50:21	01:13:34	01:57:33.90	01:58:05.05	5:34	10.8
127	ANDRZEJEWSKI MARTIN	2730		ZABRZE	POL	M-30	127	M 330	00:55:57	01:21:30	01:57:34.05	01:57:58.30	5:34	10.8
128	PRZESTALSKI MARIAN	2847	REAL ZALESIE	WROCŁAW	POL	M-30	128	M 338	00:51:22	01:16:50	01:58:19.60	02:00:18.60	5:36	10.7
129	BEDNAREK KRZYSZTOF	2732		ŚWIĘTOCHŁOWICE	POL	M-30	129	M 339	00:53:19	01:18:19	01:58:27.65	01:58:56.05	5:36	10.7
130	KOWALCZYK JORDAN	2088		ZABRZE	POL	M-30	130	M 340	00:52:40	01:18:04	01:58:28.70	01:59:18.25	5:36	10.7
131	NEJMAN MATEUSZ	2537		BYTOM	POL	M-30	131	M 341	00:56:26	01:21:11	01:58:29.50	01:59:31.25	5:36	10.7
132	WÓJCIK TOMASZ	2773	FDG SA	SMOLNICA	POL	M-30	132	M 346	00:52:56	01:17:24	01:58:41.15	01:58:42.15	5:37	10.7
133	SZYMAŃSKI KRZYSZTOF	2147		RYBNIK	POL	M-30	133	M 348	00:50:05	01:14:40	01:58:42.05	01:59:18.40	5:37	10.7
134	MAZGAJSKI MATEUSZ	2655		GLIWICE	POL	M-30	134	M 354	00:53:19	01:18:43	01:59:21.30	02:00:28.70	5:39	10.6
135	SIESZPOWSKI TOMASZ	2343		KOBYŁKA	POL	M-30	135	M 355	00:52:53	01:17:54	01:59:30.95	02:00:21.00	5:39	10.6
136	JOP GRZEGORZ	2764	MEDUZY	PANIÓWKI	POL	M-30	136	M 358	00:52:30	01:17:06	01:59:41.25	02:00:43.15	5:40	10.6
137	SZWEDA PIOTR	2270		KATOWICE	POL	M-30	137	M 363	00:55:22	01:20:17	01:59:54.30	02:00:50.90	5:40	10.6
138	SZEWCIYK ŁUKASZ	2726	NGK RUNNIG TEAM	DĄBROWA GÓRNICZA	POL	M-30	138	M 366	00:53:50	01:19:10	02:00:06.65	02:01:40.00	5:41	10.5
139	SZOŁTYSEK DENIS	2547		LEŚNA OSTROPA	POL	M-30	139	M 370	00:57:02	01:22:30	02:00:22.05	02:01:39.40	5:42	10.5
140	MARCINIAK KRZYSZTOF	2156	KS PERELECZKI	RACIBÓRZ	POL	M-30	140	M 371	00:53:21	01:18:07	02:00:30.40	02:00:56.50	5:42	10.5
141	PÓŁTORAK KAMIL	2021		GLIWICE	POL	M-30	141	M 375	00:55:22	01:21:15	02:00:48.20	02:02:32.70	5:43	10.5
142	SPIECHOWICZ ANDRZEJ	2620		ZABRZE	POL	M-30	142	M 376	00:54:27	01:19:21	02:00:51.55	02:00:52.55	5:43	10.5
143	ERDMANN ROBERT	2393		GLIWICE	POL	M-30	143	M 385	00:55:36	01:20:50	02:01:18.25	02:02:26.75	5:44	10.4
144	GRUCHAŁSKI JAKUB	2505	ISTA BIEGAMY	CHORZÓW	POL	M-30	144	M 386	00:55:30	01:20:59	02:01:18.55	02:01:59.50	5:44	10.4
145	HAŁUPKA PAWEŁ	2553	LEŚNA OSTROPA	GLIWICE	POL	M-30	145	M 388	00:57:03	01:22:31	02:01:22.25	02:02:38.40	5:45	10.4
146	LECIEJEWSKI MATEUSZ	2635	WITKOWSKI RUNNING TEAM	MÓRKOWO	POL	M-30	146	M 389	00:57:03	01:22:31	02:01:22.35	02:02:38.85	5:45	10.4
147	ZAPART MARCIN	2641		PIEKARY ŚLĄSKIE	POL	M-30	147	M 391	00:55:00	01:20:13	02:01:28.55	02:02:06.85	5:45	10.4
148	WENGLORZ MARCIN	2093		CIESZYN	POL	M-30	148	M 394	00:55:40	01:21:11	02:01:35.45	02:03:02.20	5:45	10.4
149	KRÓLIKOWSKI ROBERT	2209		RYBNIK	POL	M-30	149	M 395	00:49:09	01:14:37	02:01:41.35	02:02:05.80	5:46	10.4
150	BOJARSKI MAREK	2709	WATRA	KATOWICE	POL	M-30	150	M 397	00:53:23	01:19:32	02:01:43.60	02:03:18.70	5:46	10.4
151	WLAZŁOWSKI RAFAŁ	2699		TARNOWSKIE GÓRY	POL	M-30	151	M 402	00:54:58	01:20:23	02:02:00.05	02:03:59.65	5:46	10.4
152	BUJAŁSKI MICHAŁ	2755		GLIWICE	POL	M-30	152	M 403	00:55:29	01:22:05	02:02:09.30	02:02:56.15	5:47	10.4

**VIII PÓŁMARATON GLIWICKI, M-30 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
153	STANISZ MARCIN	2484	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	M-30	153	M 405	00:56:53	01:22:17	02:02:14.20	02:03:35.70	5:47	10.4
154	LEJA BARTOSZ	2516		GLIWICE	POL	M-30	154	M 406	00:54:24	01:20:14	02:02:15.60	02:03:14.00	5:47	10.4
155	WARCHOŁ PAWEŁ	2040	GLORIA RUN	CHRZANÓW	POL	M-30	155	M 407	00:56:11	01:21:09	02:02:20.00	02:03:07.60	5:47	10.3
156	JANIK KAMIL	2580		ORNONTOWICE	POL	M-30	156	M 411	00:53:57	01:20:20	02:02:36.35	02:03:50.10	5:48	10.3
157	CZAŚKIEWICZ MARCIN	2002		GLIWICE	POL	M-30	157	M 414	00:53:12	01:18:13	02:02:45.40	02:03:24.85	5:49	10.3
158	UJMA MICHAŁ	2060	SII RUNNING TEAM	GLIWICE	POL	M-30	158	M 415	00:56:24	01:22:16	02:02:48.80	02:04:15.15	5:49	10.3
159	KUBIT BARTŁOMIEJ	2738		GLIWICE	POL	M-30	159	M 416	00:56:24	01:22:16	02:02:48.80	02:04:15.15	5:49	10.3
160	BERESKA BARTEK	2701		GLIWICE	POL	M-30	160	M 419	00:55:01	01:21:02	02:03:05.90	02:04:30.90	5:50	10.3
161	NEUMANN PIOTR	2360		GLIWICE	POL	M-30	161	M 425	00:56:25	01:21:55	02:03:30.60	02:04:37.55	5:51	10.3
162	BEŁŻEK BARTŁOMIEJ	2721		KOZY	POL	M-30	162	M 426	00:55:28	01:20:58	02:03:36.20	02:04:46.55	5:51	10.2
163	BONISCH SZYMON	2826		WALCE	POL	M-30	163	M 429	00:54:01	01:19:41	02:03:46.20	02:03:47.20	5:51	10.2
164	BUCZYŃSKI RADOŚLAW	2594	PACEMAKER	GLIWICE	POL	M-30	164	M 431	00:56:42	01:22:25	02:03:54.45	02:04:55.95	5:52	10.2
165	ZARZYCKI ROBERT	2850		GLIWICE	POL	M-30	165	M 433	00:50:43	01:15:47	02:03:59.30	02:04:00.30	5:52	10.2
166	GABOR ROBERT	2063		CHORZÓW	POL	M-30	166	M 436	00:55:11	01:21:27	02:04:20.85	02:05:41.10	5:53	10.2
167	KACZYŃSKI MAREK	2254	MOSTOSTAL ZABRZE UNITED	RYBNIK	POL	M-30	167	M 445	00:56:39	01:22:39	02:04:50.30	02:06:26.95	5:54	10.1
168	SKRODZKI MICHAŁ	2668	REMONDIS	TARNOWSKIE GÓRY	POL	M-30	168	M 446	00:53:02	01:18:33	02:04:52.45	02:05:52.10	5:55	10.1
169	KACZYŃSKI MICHAŁ	2743		RADZIONKÓW	POL	M-30	169	M 448	00:55:57	01:21:56	02:05:27.30	02:06:50.20	5:56	10.1
170	BRZUSKA GRZEGORZ	2346		OPOLE	POL	M-30	170	M 454	00:52:31	01:19:05	02:06:15.65	02:07:09.15	5:59	10
171	MICHALSKI ANDRZEJ	2342		RADZYMIN	POL	M-30	171	M 457	00:57:18	01:24:06	02:06:35.20	02:07:26.15	5:59	10
172	WASIEWICZ MICHAŁ	2747		CHORZÓW	POL	M-30	172	M 458	00:57:16	01:23:42	02:06:43.70	02:08:41.25	6:00	10
173	ŁOBEJKO ADAM	2520		WROCŁAW	POL	M-30	173	M 460	00:55:30	01:21:30	02:06:59.55	02:07:46.65	6:01	10
174	KOJ JAKUB	2752	MATYLDA TEAM	GLIWICE	POL	M-30	174	M 461	00:55:28	01:22:04	02:07:02.95	02:07:50.45	6:01	10
175	GAŃTARSKI KRZYSZTOF	2781		RZESZÓW	POL	M-30	175	M 463	00:56:57	01:22:54	02:07:07.25	02:08:40.60	6:01	10
176	FAJKOWSKI PATRYK	2327	FLUOR	KATOWICE	POL	M-30	176	M 465	00:54:58	01:21:42	02:07:12.95	02:08:54.65	6:01	10
177	MORAWSKI SZYMON	2579		ZABRZE	POL	M-30	177	M 470		01:24:34	02:07:38.40	02:08:03.30	6:02	9.9
178	SZWARCZYŃSKI JAKUB	2561		GLIWICE	POL	M-30	178	M 471	00:57:25	01:23:55	02:07:51.85	02:09:41.85	6:03	9.9
179	GOŁKOWSKI RADOŚLAW	2780		ZAWIERCIE	POL	M-30	179	M 472	00:56:14	01:23:40	02:08:05.05	02:09:02.95	6:04	9.9
180	KOWALEWSKI KRZYSZTOF	2184	WIECZORNE BIEGANIE W OPOLU	OPOLE	POL	M-30	180	M 473	00:54:14	01:21:38	02:08:26.00	02:09:26.60	6:05	9.9
181	MRZYGLÓD ROBERT	2057		KATOWICE	POL	M-30	181	M 480	00:57:22	01:24:22	02:10:07.40	02:11:44.65	6:10	9.7
182	PIEKARCYK DAWID	2125		DĄBROWA GÓRNICZA	POL	M-30	182	M 483	00:55:39	01:22:36	02:10:12.25	02:10:53.40	6:10	9.7
183	SOKOŁOWSKI KRZYSZTOF	2138		ZABRZE	POL	M-30	183	M 484	00:56:58	01:22:51	02:10:15.40	02:11:29.10	6:10	9.7
184	PALIK JAKUB	2359		RUDA ŚLĄSKA	POL	M-30	184	M 488	00:58:23	01:25:23	02:10:49.80	02:12:33.25	6:11	9.7
185	FLISIAK JAKUB	2533	PKO BANK POLSKI	TYCHY	POL	M-30	185	M 491	00:55:54	01:24:40	02:10:59.40	02:13:10.60	6:12	9.7
186	GAWEŁ ARTUR	2501	LECZYM DURŚ	PIEKARY ŚLĄSKIE	POL	M-30	186	M 497	00:56:30	01:23:19	02:11:59.90	02:13:21.30	6:15	9.6
187	JÓCHER MARCIN	2187		PRUDNIK	POL	M-30	187	M 505	01:02:23	01:30:47	02:13:27.00	02:15:11.65	6:19	9.5
188	PEPLIŃSKI JAKUB	2474	KB ORŁY Z KNUROWA	KNURÓW	POL	M-30	188	M 507	01:01:48	01:29:33	02:13:31.30	02:15:33.95	6:19	9.5
189	KOSNO ŁUKASZ	2026		GLIWICE	POL	M-30	189	M 510	00:59:14	01:26:49	02:13:54.80	02:15:15.40	6:20	9.5
190	FRUK KAMIL	2089	TEAMPIEROŻKI	GLIWICE, POW. GLIWIC	POL	M-30	190	M 513	01:03:00	01:30:43	02:14:14.05	02:14:52.75	6:21	9.4
191	PODSTUFKA SZYMON	2345		GLIWICE	POL	M-30	191	M 517	00:57:17	01:24:23	02:14:38.35	02:15:08.90	6:22	9.4
192	KREMPA SŁAWOMIR	2834		BYTOM	POL	M-30	192	M 518	00:55:57	01:24:24	02:14:41.85	02:16:13.30	6:22	9.4
193	MACZUGA BARTŁOMIEJ	2705	PACEMAKER	GLIWICE	POL	M-30	193	M 523	01:02:29	01:30:14	02:15:08.60	02:16:24.75	6:24	9.4
194	GRYGIEREK JAROSŁAW	2380		JASTRZĘBIE-ZDRÓJ	POL	M-30	194	M 526	00:54:19	01:22:47	02:15:32.50	02:16:15.75	6:25	9.3
195	DANIELSKI PATRYK	2272		GLIWICE	POL	M-30	195	M 531	01:02:08	01:30:11	02:16:06.70	02:17:52.00	6:27	9.3
196	CIUMAN PIOTR	2763	PHD RUNNERS	GLIWICE	POL	M-30	196	M 534	01:00:59	01:28:38	02:16:14.95	02:17:26.25	6:27	9.3
197	GERYCKI ŁUKASZ	2271	RUNAWAYS	BIERUŃ	POL	M-30	197	M 539	01:01:28	01:30:13	02:17:20.75	02:18:42.40	6:30	9.2
198	DEBERNY DAWID	2745		GLIWICE	POL	M-30	198	M 543	01:00:34	01:29:10	02:17:40.10	02:19:22.05	6:31	9.2
199	WOJCIECH DROBNIK	2005		3	POL	M-30	199	M 545	01:01:55	01:30:49	02:18:09.60	02:20:02.45	6:32	9.2
200	STRONCZYŃSKI ANDRZEJ	2334	WATRA	RUDA KOZIELSKA	POL	M-30	200	M 546	00:56:12	01:22:41	02:18:10.20	02:19:41.45	6:32	9.2
201	OGRODZKI KRZYSZTOF	2266	BIEGOWA BRENNA	BRENNA	POL	M-30	201	M 548	00:56:53	01:27:24	02:19:23.10	02:20:25.05	6:36	9.1
202	ZACHARA MICHAŁ	2225		GLIWICE	POL	M-30	202	M 551	00:58:04	01:27:59	02:19:42.90	02:21:55.60	6:37	9.1
203	FUGOWSKI GRZEGORZ	2018		GLIWICE	POL	M-30	203	M 554	01:00:26	01:31:35	02:20:22.15	02:22:37.75	6:39	9
204	BARTKÓW KAMIL	2165		TARNOWSKIE GÓRY	POL	M-30	204	M 556	00:57:10	01:27:41	02:20:50.90	02:21:51.15	6:40	9
205	MICZKA ŁUKASZ	2024	NIECHCEMISIE	GLIWICE	POL	M-30	205	M 561	01:01:55	01:29:45	02:21:51.95	02:23:44.20	6:43	8.9
206	OCHODEK ANDRZEJ	2381	AKT WATRA	GLIWICE	POL	M-30	206	M 564	01:01:37	01:32:43	02:22:50.25	02:24:19.25	6:46	8.9
207	GĘBSKI DAWID	2317	FLUOR	GLIWICE	POL	M-30	207	M 568	01:01:55	01:31:57	02:24:26.55	02:24:34.25	6:50	8.8
208	MUC BARTOSZ	2208		BOGUCHWAŁOWICE	POL	M-30	208	M 571	00:55:56	01:25:49	02:26:20.10	02:26:21.10	6:56	8.7
209	NOWAK KRZYSZTOF	2711		KATOWICE	POL	M-30	209	M 573	00:59:59	01:28:39	02:26:53.05	02:28:52.00	6:57	8.6

## VIII PÓŁMARATON GLIWICKI, M-30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
210	CIEŚŁOK ADAM	2599	K.S. M.E.T.A.	WODZISŁAW ŚLĄSKI	POL	M-30	210	M 576	01:04:45	01:35:49	02:28:31.75	02:30:38.05	7:02	8.5
211	MICHNIEWSKI PIOTR	2801	GIT EKIPA!	ZAWIERCIE	POL	M-30	211	M 579	01:04:32	01:38:09	02:29:23.60	02:29:24.60	7:04	8.5
212	SMOCZYŃSKI ARTUR	2799		RADZIONKÓW	POL	M-30	212	M 580	01:04:34		02:29:23.70	02:29:24.70	7:04	8.5
213	PAWLIK MICHAŁ	2571		GLIWICE	POL	M-30	213	M 587	01:04:13	01:36:41	02:34:41.30	02:36:29.85	7:19	8.2
214	WINECKI PIOTR	2470	PW7	ZABRZE	POL	M-30	214	M 595	01:09:09	01:49:07	02:54:46.10	02:55:06.40	8:16	7.2
215	ZALEWSKI ARTUR	2284		ZABRZE	POL	M-30	215	M 597	00:41:43	01:02:14			4:08	14.5
216	SZYMAŃSKI PAWEŁ	2596	PRZESTWORZE.PL - ARCHITEKTURA WNĘTRZ	KATOWICE	POL	M-30	216	M 598	00:36:29				3:38	16.4
217	PAŁKA PIOTR	2803	CKS BUDOWLANI CZĘSTOCHOWA	CZĘSTOCHOWA	POL	M-30	217	M 601	01:02:17				6:13	9.6
218	KASPRZAK RADOSŁAW	2684	INŻYNIERIA BIEGANIA	RYBNIK	POL	M-30	218	M 602	01:03:04				6:18	9.5

## VIII PÓŁMARATON GLIWICKI, K-40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
1	GRIMAN JOANNA	2289	MOJŻYSZ TEAM/ERIGO	RYBNIK	POL	K-40	1	K 1	00:39:09	00:58:51	01:28:05.80	01:28:09.50	4:10	14.4
2	KAŚ IWONA	2638	TIKTEAM	KRAKÓW	POL	K-40	2	K 4	00:43:16	01:03:43	01:35:31.45	01:35:39.05	4:31	13.3
3	KOBA ANIA	2706	ROZBIEGANIE MICHAŁOWICE	MICHAŁOWICE WIEŚ	POL	K-40	3	K 7	00:48:30	01:11:31	01:47:44.50	01:48:04.70	5:06	11.8
4	POŁOMSKA EDYTA	2036	POLOMSCY TEAM	RYDUŁTOWY	POL	K-40	4	K 10	00:48:18	01:11:06	01:48:09.90	01:48:46.90	5:07	11.7
5	ŁAJSZCZAK - GAJDA DOROTA	2836		GLIWICE	POL	K-40	5	K 11	00:49:21	01:11:55	01:48:15.05	01:48:57.25	5:07	11.7
6	MAZUR PATRYCJA	2504	HURGAN LIGOTA	KATOWICE	POL	K-40	6	K 12	00:48:29	01:11:22	01:48:31.10	01:49:28.80	5:08	11.7
7	TREFON IWONA	2636		ROGOŹNIK	POL	K-40	7	K 13	00:48:56	01:12:14	01:48:49.40	01:49:48.30	5:09	11.6
8	LEDWON ANETA	2113	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-40	8	K 17	00:51:17	01:15:14	01:52:24.95	01:53:17.30	5:19	11.3
9	NIGRINI BEATA	2210		GLIWICE	POL	K-40	9	K 20	00:52:42	01:16:51	01:53:57.95	01:54:46.75	5:24	11.1
10	GRACH ALEKSANDRA	2066		PYSKOWICE	POL	K-40	10	K 23	00:51:56	01:16:32	01:55:17.60	01:55:40.95	5:27	11
11	RYZIŃSKA ANETA	2174		GLIWICE	POL	K-40	11	K 27	00:51:56	01:17:02	01:56:51.65	01:57:27.25	5:32	10.8
12	POPIEL-KRUK ALEKSANDRA	2844		GLIWICE	POL	K-40	12	K 28	00:55:31	01:20:09	01:57:46.05	01:58:48.15	5:34	10.8
13	DUSIŃSKA JUSTYNA	2634		GLIWICE	POL	K-40	13	K 29	00:51:59	01:17:35	01:58:14.20	01:58:45.80	5:36	10.7
14	STRZELCZYK GRAŻYNA	2168		GLIWICE	POL	K-40	14	K 36	00:53:29	01:18:56	01:59:59.80	02:00:03.80	5:41	10.6
15	WEGNER AGNIESZKA	2785	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	K-40	15	K 40	00:55:21	01:20:49	02:00:30.70	02:01:38.90	5:42	10.5
16	DANISZ MAŁGORZATA	2696	HURAGAN LIGOTA	MYSŁOWICE	POL	K-40	16	K 41	00:54:27	01:20:28	02:00:50.75	02:01:31.55	5:43	10.5
17	BRZOSOWSKA KATARZYNA	2542		KNURÓW	POL	K-40	17	K 52	00:57:06	01:22:57	02:03:41.95	02:04:46.50	5:51	10.2
18	ŚLIWIŃSKA ALICJA	2333		PYSKOWICE	POL	K-40	18	K 53	00:56:13	01:22:25	02:04:17.50	02:04:47.90	5:53	10.2
19	KRZYSZKOWSKA AGNIESZKA	2487	DRUŻYNA ING	GLIWICE	POL	K-40	19	K 54	00:54:48	01:21:33	02:04:20.45	02:04:34.25	5:53	10.2
20	ROSIŃSKA KATARZYNA	2107	BANDA Z POŁODNIA	ZABRZE	POL	K-40	20	K 56	00:57:25	01:23:32	02:04:50.20	02:05:24.45	5:54	10.1
21	KEMPKIEWICZ BRYGIDA	2613		GLIWICE	POL	K-40	21	K 60	00:57:00	01:23:17	02:05:32.75	02:05:33.75	5:56	10.1
22	SROCZYŃSKA ANNA	2182		GLIWICE	POL	K-40	22	K 61	00:57:38	01:24:19	02:05:33.20	02:07:24.80	5:57	10.1
23	CIMPRICHOVÁ JANA	2459	ŠENOV	ŠENOV	CZE	K-40	23	K 69	00:57:09	01:24:11	02:09:15.00	02:10:42.65	6:07	9.8
24	BAK KATARZYNA	2779		CZESTOCHOWA	POL	K-40	24	K 70	00:57:31	01:24:15	02:09:49.55	02:09:59.15	6:09	9.8
25	URBAN-MISZTALSKA ALEKSANDRA	2037	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	CZELADŹ	POL	K-40	25	K 75	00:56:10	01:23:49	02:11:26.20	02:13:00.45	6:13	9.6
26	KULCZYK ANNA	2480		ZABRZE	POL	K-40	26	K 76	00:58:02	01:25:37	02:11:28.30	02:12:10.00	6:13	9.6
27	WOJTOWICZ KAROLINA	2419	MADIZAR SISTERS	GLIWICE	POL	K-40	27	K 78	00:57:27	01:25:22	02:11:46.40	02:12:53.85	6:14	9.6
28	PAWŁUSZEK AGNIESZKA	2285	TUR-BORÓWKA	KNURÓW	POL	K-40	28	K 84	00:59:27	01:28:33	02:13:37.05	02:15:38.85	6:19	9.5
29	KOWALCZYK ANNA	2296		ZABRZE	POL	K-40	29	K 85	01:02:29	01:30:12	02:13:45.20	02:15:02.40	6:20	9.5
30	ZAMYSŁOWSKA MARZENA	2685		RUDA ŚLĄSKA	POL	K-40	30	K 87	00:59:35	01:27:34	02:15:26.90	02:16:22.30	6:25	9.3
31	HALSZKA JOANNA	2650		SYRYNIA	POL	K-40	31	K 88	01:01:05	01:29:18	02:15:35.85	02:16:59.05	6:25	9.3
32	ŁATAK - SKRABUT BASIA	2603	PACEMAKER	GLIWICE	POL	K-40	32	K 92	01:03:44	01:31:26	02:16:24.80	02:16:25.80	6:27	9.3
33	CETERA KAMILA	2241	BIEGAJ Z TRENERAMI	GLIWICE	POL	K-40	33	K 94	01:02:30	01:30:27	02:17:12.15	02:18:27.40	6:30	9.2
34	PARTYKA AGATA	2313	RUNAWAYS	MIĘDZYRZECZE	POL	K-40	34	K 95	01:01:27	01:30:12	02:17:20.15	02:18:42.10	6:30	9.2
35	BRESKE DAGMARA	2440		SOSNOWIEC	POL	K-40	35	K 97	01:02:48	01:31:36	02:17:54.50	02:19:16.30	6:32	9.2
36	DEMBOWSKA BOŻENA	2569		BOGUCHWAŁOWICE	POL	K-40	36	K 103	01:01:05	01:30:39	02:19:42.45	02:20:52.90	6:37	9.1
37	MATERA KINGA	2746		WYSOKA	POL	K-40	37	K 108	01:02:16	01:32:54	02:23:27.35	02:24:57.15	6:47	8.8
38	KUCHARSKA ALEKSANDRA	2373		WARSZAWA	POL	K-40	38	K 109	01:05:10	01:35:21	02:23:55.05	02:25:39.70	6:49	8.8
39	WOJDAS IZABELA	2086		MIERZĘCICE	POL	K-40	39	K 112	01:04:43	01:35:20	02:24:58.40	02:26:16.70	6:52	8.7
40	FRANKIEWICZ MARZENA	2268		GLIWICE	POL	K-40	40	K 113	01:04:24	01:36:19	02:26:36.65	02:27:51.15	6:56	8.6
41	KUBIAK CELINA	2585		GLIWICE	POL	K-40	41	K 115	01:03:59	01:35:24	02:27:33.85	02:29:17.55	6:59	8.6
42	MIGDAŁ IWONA	2042	SLOW JOGGING GLIWICE	GLIWICE	POL	K-40	42	K 117	01:05:54	01:36:48	02:28:14.65	02:30:14.85	7:01	8.5

## VIII PÓLMARATON GLIWICKI, K-40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
43	OLSCHIMKE KASIA	2124	KS META, GISZOWIEC BIEGA RAZEM	KATOWICE	POL	K-40	43	K 118	01:04:45	01:35:43	02:28:31.95	02:30:37.95	7:02	8.5
44	KASPEREK MAGDALENA	2179	Q-PERIOR TEAM	ZABRZE	POL	K-40	44	K 120	01:07:13	01:40:39	02:29:04.00	02:30:53.50	7:03	8.5
45	SYMELA-BOCHEŃSKA KATARZYNA	2023	POMPEJANKA TEAM	GLIWICE	POL	K-40	45	K 124	01:07:46	01:41:32	02:29:11.75	02:30:30.75	7:04	8.5
46	STOCHAJ ANNA	2448		KĘDZIERZYN-KOŹLE	POL	K-40	46	K 126	01:05:25	01:38:01	02:29:43.65	02:29:56.30	7:05	8.5
47	POGORZELSKA-KLIKS AGATA	2173	Q-PERIOR TEAM	SOSNOWIEC	POL	K-40	47	K 127	01:07:11	01:39:21	02:31:57.75	02:33:48.85	7:12	8.3
48	WALCZYŃSKA KATARZYNA	2101		CIĘCINA	POL	K-40	48	K 132	01:06:05	01:41:32	02:41:24.40	02:42:55.05	7:38	7.8
49	DUDKIEWICZ ANNA	2549	EKO - OKNA RUNNERS	KATOWICE	POL	K-40	49	K 133	01:08:42	01:43:05	02:41:35.00	02:43:21.40	7:39	7.8
50	KILAR-HOSZOWSKA SABINA	2728	MEDUZY	TARNOWSKIE GORY	POL	K-40	50	K 135	01:06:32	01:42:25	02:44:21.10	02:45:23.25	7:47	7.7
51	BOGACZ JAGODA	2015	POMPEJANKA TEAM	GLIWICE	POL	K-40	51	K 136	01:07:47	01:44:31	02:47:07.90	02:48:26.20	7:55	7.6

## VIII PÓLMARATON GLIWICKI, M-40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
1	STRZELCZAK SEBASTIAN	2597	TL ROW RYBNIK	RYBNIK	POL	M-40	1	M 5		00:56:24	01:22:55.15	01:22:58.15	3:55	15.3
2	GÓRAK PRZEMYSŁAW	2639	KB SOBÓTKA	SOBÓTKA	POL	M-40	2	M 10	00:37:47	00:56:46	01:24:39.70	01:24:43.05	4:00	15
3	KAUF DAMIAN	2694		GLIWICE	POL	M-40	3	M 14	00:37:06	00:56:32	01:24:55.05	01:24:57.90	4:01	14.9
4	JAROSZ MAREK	2535	STELMACH TEAM	ŻORY	POL	M-40	4	M 16	00:38:35	00:57:17	01:25:19.20	01:25:20.20	4:02	14.8
5	WACHLA RAFAŁ	2242	TOURSPORT RUNNING TEAM	RADZIONKÓW	POL	M-40	5	M 18	00:38:11	00:57:16	01:26:22.20	01:26:26.60	4:05	14.7
6	EISLER TOMASZ	2661	BIEGAM, BO MNIE ŻONA ZAPISUJE	CIĘCINA	POL	M-40	6	M 19	00:38:25	00:57:27	01:26:59.50	01:27:04.70	4:07	14.6
7	FURMANEK ŁUKASZ	2251	ZATYRANI GRATISOWNIA.PL GMINA PILCHOWICE	WILCZA	POL	M-40	7	M 20	00:38:46	00:58:18	01:27:35.05	01:27:38.25	4:09	14.5
8	PIENIAŻEK KRZYSZTOF	2194	INŻYNIERIA BIEGANIA TEAM	GLIWICE	POL	M-40	8	M 22	00:38:50	00:58:20	01:28:04.05	01:28:08.90	4:10	14.4
9	GŁADYSZ LESZEK	2096	AUGUSTEAM	PANIÓWKI	POL	M-40	9	M 25	00:40:41	01:00:38	01:30:35.85	01:30:42.00	4:17	14
10	WARZOCHA KAROL	2806		WIERZBICA	POL	M-40	10	M 28	00:42:10	01:02:05	01:32:16.00	01:32:25.80	4:22	13.7
11	PLAZA ŁUKASZ	2703	O CO BIEGA W KALETACH	BYTOM	POL	M-40	11	M 30	00:41:50	01:02:05	01:32:22.05	01:32:31.80	4:22	13.7
12	CIEŚLAK JACEK	2642		RUDA ŚLĄSKA	POL	M-40	12	M 35	00:43:10	01:02:38	01:32:53.85	01:33:08.35	4:24	13.6
13	SIKORA RAFAŁ	2643		ZABRZE	POL	M-40	13	M 36	00:40:49	01:01:27	01:33:00.90	01:33:09.80	4:24	13.6
14	PISZCZEK STANISŁAW	2648		PRZEMYŚL	POL	M-40	14	M 44	00:39:47	01:04:26	01:34:28.00	01:34:43.60	4:28	13.4
15	OCZKO DOMINIK	2670	ENDURANCE TEAM	KATOWICE	POL	M-40	15	M 46	00:42:42	01:03:10	01:34:35.85	01:34:36.85	4:28	13.4
16	PODSIADŁO ADAM	2120		KRAKÓW	POL	M-40	16	M 47	00:41:25	01:02:08	01:34:38.75	01:34:46.95	4:29	13.4
17	KASZOWSKI MARCIN	2673	CHRZĄSZCZE CHRABĄSZCZE DZIKI	GLIWICE	POL	M-40	17	M 48	00:45:03	01:04:39	01:35:04.65	01:35:05.65	4:30	13.3
18	WIŚNIEWSKI TOMASZ	2099		BIELSKO-BIAŁA	POL	M-40	18	M 50	00:43:10	01:03:01	01:35:10.50	01:35:27.80	4:30	13.3
19	WOJDA MARIUSZ	2177		SOSNOWIEC	POL	M-40	19	M 51	00:43:21	01:03:23	01:35:17.35	01:35:33.00	4:30	13.3
20	PIKUŁA JACEK	2050	RUNAWAYS, WATAHA ŁĄCZY NAS BIEGANIE	BIERUŃ	POL	M-40	20	M 52	00:44:06	01:04:12	01:35:30.25	01:35:59.70	4:31	13.3
21	BORSIAK SEBASTIAN	2152	BRAK	GLIWICE	POL	M-40	21	M 54	00:41:58	01:02:46	01:35:43.10	01:35:44.10	4:32	13.2
22	PALA MARCIN	2750	CHWALISZ CZY NIE CHWALISZ - LOTEJ Z NAMI	BIERUŃ	POL	M-40	22	M 55	00:44:04	01:04:14	01:35:46.45	01:36:15.90	4:32	13.2
23	GRZESIKIEWICZ MARIUSZ	2188		GLIWICE	POL	M-40	23	M 56	00:42:27	01:02:55	01:35:50.75	01:35:57.45	4:32	13.2
24	BRYŁA GRZEGORZ	2525	KLUB JEDNEGO BIEGACZA	KNURÓW	POL	M-40	24	M 59	00:44:17	01:04:12	01:36:15.55	01:36:41.40	4:33	13.2
25	WOLNY ARIEL	2515		ŁUKÓW ŚLĄSKI	POL	M-40	25	M 62	00:42:35	01:03:53	01:36:48.15	01:36:56.80	4:35	13.1
26	CZAJKA TOMASZ	2521		JĄSTRZEBIE-ZDROJ	POL	M-40	26	M 65	00:44:52	01:05:11	01:37:14.95	01:37:25.35	4:36	13
27	MAŁECKI GRZEGORZ	2041		TYCHY	POL	M-40	27	M 70	00:42:35	01:03:29	01:37:38.65	01:37:44.15	4:37	13
28	CHOMIK RAFAŁ	2740	3COACH	GLIWICE	POL	M-40	28	M 71	00:43:09	01:04:38	01:37:39.10	01:37:45.80	4:37	13
29	OSIŃSKI ROBERT	2647		ZABRZE	POL	M-40	29	M 72	00:44:24	01:05:02	01:37:53.55	01:37:54.55	4:38	12.9
30	NOGA JACEK	2198		TYCHY	POL	M-40	30	M 73	00:44:53	01:05:21	01:37:58.70	01:38:19.50	4:38	12.9
31	KUNA PIOTR	2675	TRIWISE	WIELICZKA	POL	M-40	31	M 74	00:41:37	01:06:12	01:37:58.75	01:38:03.00	4:38	12.9
32	SROCZYŃSKI DARIUSZ	2181	NGK RUNNING TEAM	GLIWICE	POL	M-40	32	M 75	00:45:01	01:05:25	01:37:59.60	01:39:50.60	4:38	12.9
33	DOBICZEK ŁUKASZ	2562	42KPRO	ŁĘDZINY	POL	M-40	33	M 76	00:44:08	01:04:53	01:38:07.30	01:38:16.80	4:39	12.9
34	WIECHUŁA MARCIN	2816	MOMO RUNNING TEAM	GLIWICE	POL	M-40	34	M 80	00:40:12	01:05:38	01:38:15.80	01:38:16.80	4:39	12.9
35	WOJTUKIEWICZ ARTUR	2136		GLIWICE	POL	M-40	35	M 81	00:45:42	01:06:05	01:38:18.20	01:40:31.90	4:39	12.9
36	BOSOWSKI TOMASZ	2400		PANIÓWKI	POL	M-40	36	M 84	00:43:27	01:04:34	01:38:34.35	01:38:43.30	4:40	12.8
37	KNYPS ADAM	2659	OPONY SERAFINOWSKI	SKOCZÓW	POL	M-40	37	M 85	00:46:13	01:06:32	01:38:43.60	01:38:52.15	4:40	12.8
38	KOLANEK TOMASZ	2354	MAM WYBIEGANE	WILCZYCE	POL	M-40	38	M 86	00:44:57	01:05:54	01:38:52.95	01:39:17.25	4:41	12.8
39	ZALEWSKI WOJCIECH	2059		GLIWICE	POL	M-40	39	M 87	00:45:38	01:06:15	01:38:57.20	01:39:46.15	4:41	12.8
40	MALCZAK LESZEK	2406		MYSŁOWICE	POL	M-40	40	M 94	00:46:16	01:07:04	01:39:25.45	01:39:40.45	4:42	12.7



## VIII PÓLMARATON GLIWICKI, M-40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
41	BARAŃSKI RAFAŁ	2543		PIEKARY ŚLĄSKIE	POL	M-40	41	M 96	00:45:39	01:06:32	01:39:41.55	01:40:00.35	4:43	12.7
42	POŁOMSKI GRZEGORZ	2016	POLOMSCY TEAM	RYDUŁTOWY	POL	M-40	42	M 99	00:41:22	01:06:42	01:39:57.10	01:40:04.10	4:44	12.7
43	STRZYŻEWSKI PRZEMYSŁAW	2629		GNIEZNO	POL	M-40	43	M 105	00:45:56	01:06:49	01:40:55.55	01:41:21.25	4:46	12.5
44	PIETYRA GRZEGORZ	2058	CRİK FCA POLAND	TYCHY	POL	M-40	44	M 110	00:45:47	01:07:30	01:41:08.20	01:41:53.15	4:47	12.5
45	JAŚKIEWICZ SŁAWOMIR	2207		MYSŁOWICE	POL	M-40	45	M 111	00:46:14	01:06:51	01:41:08.85	01:41:25.10	4:47	12.5
46	SOBOL ADAM	2640	DYSTANS LUBOMIA	LUBOMIA	POL	M-40	46	M 112	00:48:32	01:08:56	01:41:17.30	01:42:40.05	4:48	12.5
47	BUŁAWA GRZEGORZ	2465		GLIWICE	POL	M-40	47	M 114	00:45:40	01:06:52	01:41:22.10	01:41:40.90	4:48	12.5
48	JANECZEK MAREK	2768		GLIWICE	POL	M-40	48	M 123	00:46:26	01:07:55	01:42:15.05	01:42:42.70	4:50	12.4
49	KRĘŻOŁEK DANIEL	2660		GLIWICE	POL	M-40	49	M 126	00:46:09	01:07:44	01:42:21.25	01:42:42.85	4:51	12.4
50	STRZAŁKA ROBERT	2069	ŚLĘZAK TEAM	ŻABNICA	POL	M-40	50	M 128	00:46:30	01:08:17	01:42:40.40	01:42:59.05	4:51	12.3
51	DYRAGA MARCIN	2744	SAINT-GOBAIN SQUAD	GLIWICE	POL	M-40	51	M 133	00:47:06	01:08:58	01:43:00.35	01:43:17.90	4:52	12.3
52	PLESIŃSKI SEBASTIAN	2277	FM LOGISTIC	SOSNOWIEC	POL	M-40	52	M 136	00:46:16	01:07:51	01:43:11.85	01:43:39.05	4:53	12.3
53	WIŚNIEWSKI JAROSŁAW	2554		SOSNOWIEC	POL	M-40	53	M 140	00:47:10	01:08:55	01:43:43.35	01:45:22.95	4:54	12.2
54	ROZAŃSKI MICHAŁ	2435		MIKOŁÓW	POL	M-40	54	M 141	00:46:33	01:08:07	01:43:54.80	01:44:12.95	4:55	12.2
55	PRZEGENDZA ARTUR	2375		DĄBROWA GÓRNICZA	POL	M-40	55	M 145	00:47:48	01:09:25	01:44:21.50	01:44:22.50	4:56	12.1
56	IWANIUK PAWEŁ	2625	AUGUSTEAM	KATOWICE	POL	M-40	56	M 147	00:46:58	01:09:13	01:44:36.20	01:44:37.20	4:57	12.1
57	BENSZ DARIUSZ	2687		ŚWIĘTOCHŁOWICE	POL	M-40	57	M 148	00:48:10	01:10:11	01:44:41.75	01:45:27.80	4:57	12.1
58	GRUDNIEWSKI TOMASZ	2085		MIERZĘCICE	POL	M-40	58	M 149	00:49:29	01:11:10	01:44:44.85	01:46:02.35	4:57	12.1
59	ŻAAK MICHAŁ	2370		ZABRZE	POL	M-40	59	M 150	00:47:33	01:09:34	01:44:59.35	01:46:10.95	4:58	12.1
60	PIETYSZUK DARIUSZ	2717		GLIWICE	POL	M-40	60	M 151	00:47:11	01:08:52	01:45:01.65	01:46:41.65	4:58	12.1
61	LIS GRZEGORZ	2362	EKO-OKNA RUNNERS	RACIBORZ	POL	M-40	61	M 152	00:46:40	01:08:45	01:45:05.25	01:45:06.25	4:58	12
62	SOŁTYSIK TOMASZ	2772	MARUDA TEAM	CHORZÓW	POL	M-40	62	M 159	00:47:08	01:09:14	01:45:51.10	01:46:54.00	5:00	12
63	SOJA ŁUKASZ	2735	RUNNERS NIGHT PYSKOWICE	PYSKOWICE	POL	M-40	63	M 160	00:47:05	01:09:29	01:45:51.35	01:46:13.35	5:00	12
64	KĘDZIORA ŁUKASZ	2700		PIEKARY ŚLĄSKIE	POL	M-40	64	M 164	00:46:31	01:09:25	01:46:29.30	01:46:52.65	5:02	11.9
65	ŁATKA MAREK	2567		RUDZICZKA	POL	M-40	65	M 166	00:49:11	01:11:18	01:46:34.10	01:47:07.20	5:03	11.9
66	KUŹMIŃSKI MICHAŁ	2426		KATOWICE	POL	M-40	66	M 168		01:11:23	01:46:43.15	01:48:06.95	5:03	11.9
67	KULA KRZYSZTOF	2130		RADZIONKÓW	POL	M-40	67	M 170		01:10:37	01:46:45.85	01:47:13.25	5:03	11.9
68	NOWAK MARIUSZ	2357	HIRSCHVOGEL	GLIWICE	POL	M-40	68	M 173	00:48:54	01:11:22	01:47:00.00	01:47:24.00	5:04	11.8
69	SKRZYPEK KRZYSZTOF	2235		KATOWICE	POL	M-40	69	M 175	00:48:42	01:11:19	01:47:02.10	01:47:40.30	5:04	11.8
70	CIEŚLIK BARTŁOMIEJ	2232	CHATEAU CHALIN	POZNAŃ	POL	M-40	70	M 182	00:48:33	01:11:17	01:47:34.50	01:47:48.00	5:05	11.8
71	HALCZOK JANUSZ	2601	PACEMAKER	BYTOM	POL	M-40	71	M 183	00:49:11	01:11:46	01:47:38.45	01:48:09.20	5:06	11.8
72	KOWALSKI GRZEGORZ	2761	PACEMAKER/W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	M-40	72	M 184	00:49:10	01:11:46	01:47:39.10	01:48:09.70	5:06	11.8
73	PTAK KRZYSZTOF	2742	HRMAX ŻORY	ŻORY	POL	M-40	73	M 185	00:49:02	01:11:41	01:47:41.15	01:47:42.15	5:06	11.8
74	TOKARSKI PIOTR	2379	TTAT	KATOWICE	POL	M-40	74	M 186	00:47:57	01:10:48	01:47:44.00	01:48:09.20	5:06	11.8
75	CIEŚLIK PAWEŁ	2230	CHATEAU CHALIN	POZNAŃ	POL	M-40	75	M 188	00:48:44	01:11:31	01:47:47.00	01:47:48.00	5:06	11.7
76	PAJĄK MAREK	2472	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	M-40	76	M 189	00:49:45	01:12:48	01:48:02.75	01:49:35.30	5:07	11.7
77	ULIASZ KRZYSZTOF	2485	STELLANTIS ACTIVE TEAM	GLIWICE	POL	M-40	77	M 195	00:49:02	01:12:13	01:48:34.15	01:49:09.30	5:08	11.7
78	JANDA SEBASTIAN	2236	BIEGAM ŻEBY ŻREĆ WIĘCEJ CIASTKÓW	BIELSKO-BIAŁA	POL	M-40	78	M 196	00:47:43	01:10:34	01:48:38.85	01:48:57.90	5:08	11.7
79	POCHAŁA ANDRZEJ	2736	NGK RUNNING TEAM	BYTOM	POL	M-40	79	M 198	00:50:54	01:12:58	01:48:46.75	01:50:20.70	5:09	11.6
80	PINKAWA GRZEGORZ	2324	GISZOWIEC BIEGA RAZEM	KATOWICE	POL	M-40	80	M 202	00:51:14	01:13:50	01:49:18.50	01:49:57.30	5:10	11.6
81	HOBZDA PIOTR	2167	#MYJUZSWOJEZROBILI	BYTOM	POL	M-40	81	M 203	00:48:08	01:10:55	01:49:20.85	01:50:10.45	5:10	11.6
82	TYSZKIEWICZ CUMA	2219		GLIWICE	POL	M-40	82	M 206	00:50:59	01:13:15	01:49:29.95	01:49:30.95	5:11	11.6
83	SZAROWICZ SEBASTIAN	2611		ZABRZE	POL	M-40	83	M 212	00:47:19	01:10:32	01:49:49.55	01:49:59.00	5:12	11.5
84	WILK MIROSLAW	2437		ŚWIĘTOCHŁOWICE	POL	M-40	84	M 217	00:47:35	01:10:33	01:50:16.30	01:50:40.15	5:13	11.5
85	STAWARCZYK KRYSZTIAN	2482	STELLANTIS ACTIVE TEAM	RYBNIK	POL	M-40	85	M 221	00:51:22	01:14:28	01:50:33.35	01:50:34.35	5:14	11.5
86	KAMIŃSKI JACEK	2631	GOMOLA PACK-CENTER	GLIWICE	POL	M-40	86	M 222	00:48:12	01:12:13	01:50:39.30	01:51:01.80	5:14	11.4
87	SZYMSKI TOMASZ	2153		BYTOM	POL	M-40	87	M 224	00:49:23	01:12:44	01:50:46.50	01:51:02.15	5:14	11.4
88	ODZIOMEK SEBASTIAN	2425		RUDA ŚLĄSKA	POL	M-40	88	M 226	00:49:55	01:12:50	01:50:53.70	01:51:53.20	5:15	11.4
89	ROMANOWSKI KRZYSZTOF	2467	PKO BANK POLSKI	TYCHY	POL	M-40	89	M 229	00:50:31	01:13:23	01:50:58.55	01:53:09.75	5:15	11.4
90	STACHA PAWEŁ	2396		SIEMIANOWICE ŚLĄSKIE	POL	M-40	90	M 230	00:49:49	01:13:17	01:51:15.90	01:52:15.65	5:16	11.4
91	KWIECIŃSKI DAMIAN	2790		BYTOM	POL	M-40	91	M 231	00:50:57	01:13:53	01:51:21.80	01:51:59.30	5:16	11.4
92	ŚWIĘTEK JACEK	2170		OPOLE	POL	M-40	92	M 233	00:49:39	01:12:49	01:51:32.40	01:52:33.45	5:17	11.4
93	KOCHMAN DAWID	2817		BESTWINA	POL	M-40	93	M 235	00:50:43	01:14:04	01:51:43.55	01:52:58.00	5:17	11.3
94	GIGON KRZYSZTOF	2555	CZYSTY CIUL	GLIWICE	POL	M-40	94	M 237	00:49:32	01:13:05	01:51:54.80	01:52:50.20	5:18	11.3
95	WOJEWÓDKA GRZEGORZ	2388	BRYGADA RR (RAZEM RAŻNIEJ)	ŁAZISKA GÓRNE	POL	M-40	95	M 240	00:49:44	01:13:17	01:52:00.55	01:52:10.30	5:18	11.3
96	SPENDE TOMASZ	2811		PRZECZLEBIE	POL	M-40	96	M 243	00:48:40	01:11:58	01:52:16.60	01:52:55.40	5:19	11.3
97	PLEWA REMIGIUSZ	2262		GOSTYŃ	POL	M-40	97	M 248	00:53:32	01:16:45	01:52:25.90	01:54:11.90	5:19	11.3

## VIII PÓŁMARATON GLIWICKI, M-40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
98	CZYŻ WOJCIECH	2331		GLIWICE	POL	M-40	98	M 250	00:48:56	01:12:38	01:52:28.45	01:52:40.10	5:19	11.3
99	GAŁĘCZKA PAWEŁ	2695	HURAGAN LIGOTA	KATOWICE	POL	M-40	99	M 252	00:50:05	01:14:05	01:52:29.95	01:52:30.95	5:19	11.3
100	PRADELA MARIUSZ	2092	DHL RUN CLUB	ZABRZE	POL	M-40	100	M 255	00:51:01	01:14:39	01:52:48.35	01:53:45.00	5:20	11.2
101	KOŁODZIEJCZYK BARTEK	2804		WIERZBICA	POL	M-40	101	M 256	00:53:19	01:16:43	01:52:49.35	01:53:10.75	5:20	11.2
102	TRĄBAŁA ADAM	2545		MYSŁOWICE	POL	M-40	102	M 261	00:50:56	01:15:21	01:53:15.30	01:53:27.80	5:22	11.2
103	NIKODON PAWEŁ	2046	NIKODON DREAM TEAM	GLIWICE	POL	M-40	103	M 262	00:49:02	01:12:52	01:53:15.85	01:53:42.25	5:22	11.2
104	DOMAŃSKI MARCIN	2038	RUNNINGFISH74	GLIWICE	POL	M-40	104	M 263	00:52:31	01:16:06	01:53:20.00	01:54:11.40	5:22	11.2
105	BODYCH MACIEJ	2667		ZĄBKI	POL	M-40	105	M 264	00:51:14	01:15:06	01:53:24.25	01:53:58.65	5:22	11.2
106	HELLWIG ADAM	2658		MYSŁOWICE	POL	M-40	106	M 265	00:51:40	01:15:10	01:53:25.30	01:54:06.00	5:22	11.2
107	JERUSZKA PAWEŁ	2325		CZĘSTOCHOWA	POL	M-40	107	M 267	00:50:31	01:14:04	01:53:28.30	01:54:03.30	5:22	11.2
108	FĄŁEK KRZYSZTOF	2573	ŁAMIGNATY	MIKOŁÓW	POL	M-40	108	M 273	00:51:23	01:15:10	01:53:50.85	01:55:41.30	5:23	11.1
109	CZERWONKO JAKUB	2627	#MYJUZWWOJEZROBILI	BYTOM	POL	M-40	109	M 275	00:52:31	01:16:44	01:53:52.65	01:54:43.00	5:23	11.1
110	WEGNER TOMASZ	2786	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-40	110	M 277	00:50:04	01:13:35	01:53:54.10	01:54:45.90	5:23	11.1
111	RÓŻAŃSKI TOMASZ	2378		GLIWICE	POL	M-40	111	M 279	00:50:40	01:14:16	01:54:01.15	01:56:00.25	5:24	11.1
112	FRAĆ DARIUSZ	2476	BANDA Z POŁUDNIA	GLIWICE	POL	M-40	112	M 280	00:50:09	01:13:33	01:54:01.45	01:54:49.65	5:24	11.1
113	IMIÓŁCZYK TOMASZ	2524	KOMANDOS	BYTOM	POL	M-40	113	M 281	00:52:44	01:16:43	01:54:02.95	01:54:52.00	5:24	11.1
114	MANDOK BOGDAN	2422		SOŚNICOWICE	POL	M-40	114	M 282	00:49:11	01:13:42	01:54:09.40	01:54:15.60	5:24	11.1
115	KOŁODZIEJ DARIUSZ	2805	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	M-40	115	M 283	00:52:42	01:16:45	01:54:17.10	01:55:03.00	5:24	11.1
116	WAWRZAK RYSZARD	2612	RYSZARD RUN- PACEMAKER	GLIWICE	POL	M-40	116	M 284	00:52:42	01:16:46	01:54:17.25	01:55:03.10	5:24	11.1
117	RACZEK WOJCIECH	2441		CHEŁMEK	POL	M-40	117	M 286	00:49:26	01:13:41	01:54:19.50	01:54:46.10	5:25	11.1
118	RYSZCZYK ADAM	2430	RUN2BFREE	RYBNIK	POL	M-40	118	M 288	00:54:02	01:18:20	01:54:26.65	01:56:10.05	5:25	11.1
119	LISEWSKI BARTŁOMIEJ	2382	...	GLIWICE	POL	M-40	119	M 291	00:52:34	01:16:38	01:54:45.25	01:55:40.80	5:26	11
120	MACHATA JACEK	2797		WROCŁAW	POL	M-40	120	M 295	00:53:17	01:17:24	01:55:01.40	01:55:59.80	5:27	11
121	SZYDŁOWSKI WALDEMAR	2212	BIEGNĘ BYLE DOBIEĆ	TYCHY	POL	M-40	121	M 296	00:50:18	01:14:04	01:55:04.60	01:55:35.80	5:27	11
122	CZAJKA ROMAN	2264	POLISH RUNNERS SQUAD	GLIWICE	POL	M-40	122	M 297	00:52:17	01:16:42	01:55:10.90	01:55:11.90	5:27	11
123	SZCZYRBA MARCIN	2632		ŁAZISKA GÓRNE	POL	M-40	123	M 302	00:50:45	01:15:12	01:55:36.90	01:55:57.75	5:28	11
124	STASICZEK STANISŁAW	2698		PSZCZYNA	POL	M-40	124	M 303	00:50:58	01:15:29	01:55:38.05	01:55:39.05	5:28	10.9
125	GRYGIEREK JAROSŁAW	2227		BIELSKO BIAŁA	POL	M-40	125	M 304	00:53:17	01:17:21	01:55:44.10	01:57:00.10	5:29	10.9
126	ZIELONKA JACEK	2618	PSOFIX	ZABRZE	POL	M-40	126	M 305	00:54:39	01:18:28	01:55:48.75	01:56:44.75	5:29	10.9
127	SKIBA ŁUKASZ	2443	EASYRUN RACIBÓRZ	RACIBÓRZ	POL	M-40	127	M 306	00:52:01	01:16:11	01:55:59.45	01:57:29.55	5:29	10.9
128	IGNACZAK ROBERT	2498		GLIWICE	POL	M-40	128	M 309	00:51:08	01:15:35	01:56:08.00	01:56:09.00	5:30	10.9
129	ŁĄCZKOWSKI DAWID	2291	ALURON CMC WARTA ZAWIERCIE	ZAWIERCIE	POL	M-40	129	M 314	00:52:34	01:16:45	01:56:30.65	01:57:26.75	5:31	10.9
130	SZWAJNOCH PIOTR	2809		WIELOWIEŚ	POL	M-40	130	M 315	00:53:02	01:17:05	01:56:33.80	01:57:16.70	5:31	10.9
131	DOBOSZ DANIEL	2676	MOCNA EKIPA	GLIWICE	POL	M-40	131	M 316	00:51:13	01:16:26	01:56:49.60	01:56:50.60	5:32	10.8
132	SMUDA ANDRZEJ	2123	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-40	132	M 317	00:50:16	01:14:38	01:56:53.45	01:57:04.10	5:32	10.8
133	SZOŁTYSIK BARTOSZ	2489	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-40	133	M 320	00:53:28	01:17:32	01:56:58.60	01:58:19.35	5:32	10.8
134	BANASZAK MARCIN	2592		GLIWICE	POL	M-40	134	M 322	00:53:51	01:18:23	01:57:09.50	01:58:50.10	5:33	10.8
135	GRONDYS ANDRZEJ	2007	ZATYRANI GRATISOWNIA.PL GMINA PILCHOWICE	ŻERNICA	POL	M-40	135	M 323	00:50:43	01:15:10	01:57:13.50	01:57:45.65	5:33	10.8
136	MICHALIK PIOTR	2829	HDC	GLIWICE	POL	M-40	136	M 332	00:52:24	01:17:29	01:57:38.15	01:57:39.15	5:34	10.8
137	CYGAN TOMASZ	2140		GLIWICE	POL	M-40	137	M 334	00:52:13	01:16:40	01:57:46.80	01:58:49.20	5:34	10.8
138	POŁAP MARIUSZ	2727	NGK RUNNING TEAM	ZABRZE	POL	M-40	138	M 335	00:49:58	01:16:05	01:57:47.65	01:58:15.35	5:34	10.7
139	PETRYNA BARTOSZ	2318	FLUOR	RYBNIK	POL	M-40	139	M 336	00:49:38	01:13:21	01:57:49.75	01:58:25.40	5:35	10.7
140	ANIÓŁ BOGUSŁAW	2427	SPRYTNA BANIA SPONTAN TEAM	ŁĘDZINY	POL	M-40	140	M 343	00:54:01	01:18:48	01:58:37.30	02:00:23.70	5:37	10.7
141	GIERAS MIROSLAW	2192		GLIWICE	POL	M-40	141	M 347	00:54:37	01:19:42	01:58:41.50	02:00:06.00	5:37	10.7
142	KULA RADOSŁAW	2348		HAŻLACH	POL	M-40	142	M 349	00:54:03	01:19:02	01:58:42.80	02:00:25.90	5:37	10.7
143	ZYSK DARIUSZ	2608		KATOWICE	POL	M-40	143	M 351	00:52:51	01:17:33	01:58:49.90	01:59:21.60	5:37	10.7
144	UKLEJA MICHAŁ	2433		ZBROSŁAWICE	POL	M-40	144	M 353	00:52:53	01:17:38	01:59:16.75	01:59:40.40	5:39	10.6
145	SIDORSKI ROBERT	2062	STELLANTIS ACTIVE TEAM	GLIWICE	POL	M-40	145	M 356	00:52:54	01:17:55	01:59:35.30	01:59:52.90	5:40	10.6
146	KALAMARZ MARIUSZ	2306	CROSSFIT SILESIA	GLIWICE	POL	M-40	146	M 359	00:51:46	01:17:42	01:59:42.05	02:00:15.75	5:40	10.6
147	MALINOWSKI ADAM	2372		RYBNIK	POL	M-40	147	M 360	00:55:47	01:20:54	01:59:46.20	02:00:49.65	5:40	10.6
148	KOCULA KRZYSZTOF	2079	PARKRUN KĘDZIERZYN-KOŹLE	KOBYLICE	POL	M-40	148	M 362	00:56:17	01:21:03	01:59:51.75	02:01:44.60	5:40	10.6
149	BORYCZKA SZYMON	2771	BORUŠTEAM	MIEDZYRZECZE	POL	M-40	149	M 369	00:53:44	01:19:19	02:00:18.60	02:00:59.45	5:42	10.5
150	WÓJCIK JAKUB	2560	TRIDIVISION TRIATHLON TEAM	GLIWICE	POL	M-40	150	M 372	00:55:08	01:20:26	02:00:31.15	02:01:40.90	5:42	10.5
151	ZIMNY IRENEUSZ	2818	EKO-OKNA RUNNERS	RYBNIK	POL	M-40	151	M 378	00:55:20	01:20:39	02:00:57.05	02:01:29.55	5:43	10.5
152	KULPIŃSKI PAWEŁ	2614		RUDA ŚLĄSKA	POL	M-40	152	M 379	00:53:22	01:19:49	02:00:59.35	02:01:13.50	5:44	10.5
153	CIEŚLIK MACIEJ	2302		KRAKÓW	POL	M-40	153	M 380	00:55:37	01:20:58	02:01:01.25	02:02:11.45	5:44	10.5

**VIII PÓŁMARATON GLIWICKI, M-40 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
154	HEWIG MAREK	2690	ING TEAM	NOWE CHECHŁO	POL	M-40	154	M 382	00:54:14	01:19:43	02:01:14.45	02:02:19.60	5:44	10.4
155	GĘBCZYŃSKI PAWEŁ	2112	GO4IT	GLIWICE	POL	M-40	155	M 383	00:55:25	01:20:45	02:01:14.60	02:03:20.10	5:44	10.4
156	WARZECHA MARIUSZ	2329	ZEM ŁABĘDY SP. Z O.O.	PYSKOWICE	POL	M-40	156	M 387	00:53:34	01:18:08	02:01:21.70	02:01:22.70	5:45	10.4
157	OSIŃSKI PAWEŁ	2008	KS M.E.T.A	GLIWICE	POL	M-40	157	M 390	00:54:52	01:21:26	02:01:25.25	02:03:04.30	5:45	10.4
158	SIKORA MICHAŁ	2273		GLIWICE	POL	M-40	158	M 392	00:52:13	01:17:16	02:01:31.70	02:02:18.80	5:45	10.4
159	POLKO ADAM	2546	POGORIA BIEGA	DĄBROWA GÓRNICZA	POL	M-40	159	M 393	00:58:52	01:23:44	02:01:33.95	02:02:45.40	5:45	10.4
160	ŁAKOMSKI PAWEŁ	2281	BOJKÓW BIEGA	GLIWICE	POL	M-40	160	M 398	00:55:14	01:19:39	02:01:46.95	02:01:47.95	5:46	10.4
161	PRZESTALSKI KORNEL	2848	REAL ZALESIE	WROCŁAW	POL	M-40	161	M 400	00:54:41	01:20:09	02:01:55.15	02:03:51.40	5:46	10.4
162	ŻABICKI MARIUSZ	2623	TECHNOMEX	GLIWICE	POL	M-40	162	M 404	00:55:39	01:20:55	02:02:12.00	02:03:38.00	5:47	10.4
163	PIÓRKOWSKI TOMASZ	2280		GLIWICE	POL	M-40	163	M 412	00:55:16	01:21:08	02:02:40.25	02:03:30.85	5:48	10.3
164	KASZUBSKI ANDRZEJ	2269		ZABRZE	POL	M-40	164	M 413	00:52:43	01:18:42	02:02:43.00	02:03:33.95	5:48	10.3
165	KOŁODZIEJ JACEK	2319	FLUOR	GLIWICE	POL	M-40	165	M 417	00:55:30	01:20:57	02:02:59.60	02:04:02.60	5:49	10.3
166	KRAJEWSKI MICHAŁ	2769		GLIWICE	POL	M-40	166	M 418	00:53:21	01:18:33	02:03:03.40	02:04:06.10	5:49	10.3
167	ZASUN MARCIN	2429		TARNOWSKIE GORY	POL	M-40	167	M 420	00:56:01	01:21:43	02:03:07.95	02:04:36.35	5:50	10.3
168	COJG JACEK	2757		RYDUŁTOWY	POL	M-40	168	M 421	00:55:28	01:20:23	02:03:10.60	02:03:54.75	5:50	10.3
169	WOLINSKI PIOTR	2074	JSB	KNURÓW	POL	M-40	169	M 423	00:55:33	01:21:42	02:03:27.40	02:04:42.70	5:51	10.3
170	RYK ŁUKASZ	2793		MIKOŁÓW	POL	M-40	170	M 427	00:56:09	01:22:11	02:03:36.50	02:05:12.65	5:51	10.2
171	BAK-CESARZ DAMIAN	2674		GLIWICE	POL	M-40	171	M 428	01:00:40	01:26:17	02:03:39.75	02:05:29.85	5:51	10.2
172	KACZOR RAFAŁ	2461	PKO BANK POLSKI	SOSNOWIEC	POL	M-40	172	M 430	00:56:26	01:22:09	02:03:48.55	02:05:07.45	5:52	10.2
173	PIŁAT JAROSŁAW	2593	PACEMAKER	RUDA ŚLĄSKA	POL	M-40	173	M 434	00:57:07	01:22:55	02:04:09.95	02:05:13.55	5:53	10.2
174	STĘPIEŃ WOJCIECH	2589	PACEMAKER	GLIWICE	POL	M-40	174	M 435	00:56:53	01:22:44	02:04:12.50	02:05:13.55	5:53	10.2
175	POSMYK PRZEMYSŁAW	2456		CZĘSTOCHOWA	POL	M-40	175	M 437	00:56:39	01:22:43	02:04:21.05	02:05:24.65	5:53	10.2
176	ZYGMĄŃSKI PIOTR	2108		GLIWICE	POL	M-40	176	M 438	00:54:31	01:21:09	02:04:25.45	02:04:26.45	5:53	10.2
177	BUFNAL KRZYSZTOF	2155		GLIWICE	POL	M-40	177	M 440	00:58:19	01:23:53	02:04:30.70	02:06:07.35	5:54	10.2
178	MATULICZ DAMIAN	2486		GLIWICE	POL	M-40	178	M 442	00:53:06	01:19:38	02:04:37.65	02:05:32.90	5:54	10.2
179	GOŁĘBIOWSKI KAZIMIERZ	2004	KEMPER TEAM	GLIWICE	POL	M-40	179	M 450	00:54:14	01:21:36	02:05:42.75	02:05:56.25	5:57	10.1
180	MIKOŁAJCZYK MARCIN	2507	PKO BANK POLSKI	TYCHY	POL	M-40	180	M 451	00:55:52	01:22:21	02:05:45.05	02:07:55.00	5:57	10.1
181	JACZEWSKI ARKADIUSZ	2353		ZABRZE	POL	M-40	181	M 452	00:56:43	01:22:44	02:05:55.60	02:06:56.60	5:58	10.1
182	KOZIOŁ PIOTR	2072		CZEKANÓW	POL	M-40	182	M 456	00:56:06	01:22:00	02:06:33.05	02:07:36.55	5:59	10
183	KOWALCZYK TOMASZ	2234	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-40	183	M 459	00:55:31	01:21:31	02:06:53.00	02:08:40.95	6:00	10
184	KARWOT LESZEK	2335		RYBNIK	POL	M-40	184	M 462	00:57:55	01:24:50	02:07:06.10	02:08:25.90	6:01	10
185	ANTCZAK KRZYSZTOF	2436		BYTOM	POL	M-40	185	M 464	00:56:59	01:23:49	02:07:09.80	02:08:46.75	6:01	10
186	WANIEK ZBIGNIEW	2231	THE WANIEKS	GLIWICE	POL	M-40	186	M 466	00:56:34	01:22:50	02:07:21.35	02:07:34.00	6:02	9.9
187	WÓJCIK RAFAŁ	2397		GLIWICE	POL	M-40	187	M 467	00:56:54	01:24:06	02:07:24.70	02:08:16.40	6:02	9.9
188	DURAK ŁUKASZ	2025		GLIWICE	POL	M-40	188	M 468	00:56:45	01:22:55	02:07:35.10	02:08:42.50	6:02	9.9
189	KULCZYK ADAM	2600	SAINT GOBAIN SWISSPACER	ZABRZE	POL	M-40	189	M 469	00:56:28	01:22:53	02:07:37.40	02:08:17.65	6:02	9.9
190	TOMŚIA ŁUKASZ	2679		OLKUSZ	POL	M-40	190	M 482	00:57:27	01:24:33	02:10:11.10	02:10:26.25	6:10	9.7
191	SKĘCZEK ARKADIUSZ	2061	POWOLI DO CELU	GILOWICE	POL	M-40	191	M 486	00:56:19	01:24:39	02:10:41.70	02:11:21.90	6:11	9.7
192	MICHAŁSKI MAREK	2261		GLIWICE	POL	M-40	192	M 487	00:56:21	01:24:40	02:10:42.80	02:11:22.30	6:11	9.7
193	WAŻNY WOJCIECH	2412	ING TEAM	TARNOWSKIE GÓRY	POL	M-40	193	M 490	00:57:52	01:25:34	02:10:54.10	02:12:00.85	6:12	9.7
194	SOBANIA RAFAŁ	2508		TWORÓG	POL	M-40	194	M 492	00:55:47	01:22:59	02:11:10.00	02:12:38.05	6:12	9.7
195	POMORSKI PRZEMYSŁAW	2260		GLIWICE	POL	M-40	195	M 494	01:00:55	01:26:37	02:11:45.40	02:12:11.90	6:14	9.6
196	CIEŚLA ARKADIUSZ	2722	BIEGAMY Z SERCEM	KATOWICE	POL	M-40	196	M 495	00:56:55	01:24:05	02:11:46.60	02:12:54.40	6:14	9.6
197	CHOJKOWSKI MICHAŁ	2249		MYSŁOWICE	POL	M-40	197	M 502	00:59:26	01:27:12	02:12:25.15	02:13:45.25	6:16	9.6
198	PODOLSKI BARTŁOMIEJ	2364	SPARTAN TEAM	TARNOWSKIE GÓRY	POL	M-40	198	M 503	00:56:48	01:25:41	02:12:41.75	02:14:16.75	6:17	9.5
199	WOJTKOWIAK PIOTR	2566		OPOLE	POL	M-40	199	M 506	00:58:32	01:26:00	02:13:30.10	02:15:34.95	6:19	9.5
200	KOZAK JAKUB	2509		WARSZAWA	POL	M-40	200	M 508	01:02:12	01:30:21	02:13:42.45	02:14:50.25	6:20	9.5
201	NIEMIEC SŁAWEK	2102	INTERGRAFIK.PL	GLIWICE	POL	M-40	201	M 511	00:55:56	01:23:26	02:14:03.15	02:16:12.20	6:21	9.4
202	JESIONOWSKI MARCIN	2222		WARSZAWA	POL	M-40	202	M 514	01:02:29	01:30:10	02:14:24.50	02:15:41.45	6:22	9.4
203	KIERA SZYMON	2398	TS RUNNERS	CHORZÓW	POL	M-40	203	M 515	00:58:07	01:26:23	02:14:26.70	02:15:45.60	6:22	9.4
204	ŁAZOWSKI MARIUSZ	2408	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	M-40	204	M 516	00:59:17	01:27:56	02:14:37.15	02:16:11.35	6:22	9.4
205	CHROSTOWSKI MATEUSZ	2526		ŁÓDŹ	POL	M-40	205	M 525	00:58:04	01:26:31	02:15:15.30	02:16:00.10	6:24	9.4
206	KWAPIEŃ PAWEŁ	2827		GLIWICE	POL	M-40	206	M 528	01:00:40	01:29:10	02:15:49.05	02:17:36.70	6:26	9.3
207	SELIGA PAWEŁ	2475	BIEGAJ Z TRENERAMI GLIWICE	GLIWICE	POL	M-40	207	M 529	00:58:25	01:26:48	02:15:49.80	02:17:35.80	6:26	9.3
208	LEWANDOWSKI HENRYK	2084		GLIWICE	POL	M-40	208	M 535	00:58:06	01:28:36	02:16:35.35	02:17:38.10	6:28	9.3
209	FORYŚ PIOTR	2073	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	M-40	209	M 536	00:58:04	01:27:40	02:16:49.10	02:18:24.90	6:29	9.3
210	JASIŃSKI KRZYSZTOF	2044	RUNAWAYS	BOJSZOWY NOWE	POL	M-40	210	M 537	01:01:24	01:30:08	02:17:16.85	02:18:41.85	6:30	9.2

### VIII PÓŁMARATON GLIWICKI, M-40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
211	STYPUŁKOWSKI DARIUSZ	2432		BIERUŃ	POL	M-40	211	M 538	01:01:26	01:30:12	02:17:19.55	02:18:42.10	6:30	9.2
212	SZOBLIK DAREK	2098	SZOBLIK AUTO SERWIS	CHORZÓW	POL	M-40	212	M 541	00:57:52	01:27:17	02:17:38.40	02:18:37.20	6:31	9.2
213	DZIEWIĘCKI JACEK	2363		OBICE	POL	M-40	213	M 544	00:57:56	01:27:03	02:17:56.65	02:17:57.65	6:32	9.2
214	GRABARA ADAM	2133		KATOWICE	POL	M-40	214	M 547	01:03:47	01:32:59	02:18:56.00	02:20:43.70	6:35	9.1
215	KRAWCZYŃSKI MIROŚŁAW	2278	GÓRNA13	GLIWICE	POL	M-40	215	M 549	01:01:36	01:30:48	02:19:27.60	02:21:29.30	6:36	9.1
216	MARKOWSKI KAMIL	2146		GLIWICE	POL	M-40	216	M 550	01:03:05	01:32:08	02:19:30.30	02:19:31.30	6:36	9.1
217	WARZECHA ARKADIUSZ	2528	PKO BANK POLSKI	TYCHY	POL	M-40	217	M 553	01:02:38	01:32:07	02:20:06.40	02:22:16.95	6:38	9
218	WILKOŃ ARTUR	2019	#HUTATEAM	GLIWICE	POL	M-40	218	M 555	00:58:13	01:27:19	02:20:43.65	02:21:52.85	6:40	9
219	KACZKIEWICZ DAMIAN	2824	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-40	219	M 559	00:59:23	01:29:22	02:21:09.05	02:22:19.70	6:41	9
220	WÓJCIK DARIUSZ	2438		GLIWICE	POL	M-40	220	M 562	00:59:32	01:29:11	02:22:43.45	02:23:55.90	6:45	8.9
221	KROTOS KRZYSZTOF	2371	OQS	GLIWICE	POL	M-40	221	M 565	01:04:13	01:34:44	02:23:13.20	02:25:01.60	6:47	8.8
222	CIEJOWSKI ANDRZEJ	2815		GORZKOWICE	POL	M-40	222	M 566	01:02:20	01:31:50	02:23:38.45	02:25:56.15	6:48	8.8
223	ZAWIŁA DARIUSZ	2778		ANDRYCHÓW	POL	M-40	223	M 569	00:59:51	01:31:08	02:24:45.45	02:26:16.95	6:51	8.7
224	CZYŻYKOWSKI MARCIN	2453		GLIWICE	POL	M-40	224	M 572	01:04:23	01:36:18	02:26:35.60	02:27:51.00	6:56	8.6
225	SIRKO ŁUKASZ	2104		GLIWICE	POL	M-40	225	M 575	01:06:22	01:36:08	02:28:02.25	02:28:55.05	7:00	8.6
226	BRZEZINA ARKADIUSZ	2032	SREBRNI BIEGACZE TARNOWSKIE GÓRY	TARNOWSKIE GÓRY	POL	M-40	226	M 577	01:01:42	01:32:58	02:28:52.80	02:31:07.25	7:03	8.5
227	SZABLA MARCIN	2802		GRABOWA	POL	M-40	227	M 578	01:04:47	01:38:12	02:29:23.00	02:29:24.00	7:04	8.5
228	WIECZORKE MARCIN	2337	PRZYSZOWICE	PRZYSZOWICE	POL	M-40	228	M 583	01:02:01	01:34:21	02:31:25.65	02:33:13.75	7:10	8.4
229	KLIKS ANDRZEJ	2100	SOSNOWIEC	SOSNOWIEC	POL	M-40	229	M 585	01:07:12	01:39:52	02:31:58.00	02:33:49.00	7:12	8.3
230	KASPEREK IRENEUSZ	2180	Q-PERIOR TEAM	ZABRZE	POL	M-40	230	M 588	01:07:13	01:40:39	02:38:36.80	02:40:27.30	7:30	8
231	MOKRZYCKI PATRYK	2286	TUR-BORÓWKA	KNURÓW	POL	M-40	231	M 591	01:06:31	01:43:34	02:40:46.40	02:42:47.80	7:37	7.9
232	MALOK MATEUSZ	2654		BYTOM	POL	M-40	232	M 599	00:47:01				4:42	12.8

### VIII PÓŁMARATON GLIWICKI, K-50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
1	KUMOR RENATA	2087	RUN GLORIA	LIBIAŻ	POL	K-50	1	K 8	00:47:59	01:10:35	01:47:47.05	01:48:11.50	5:06	11.7
2	HORNIK MIRA	2106		KATOWICE	POL	K-50	2	K 16	00:50:46	01:14:06	01:51:50.60	01:52:47.60	5:18	11.3
3	PĘDOWSKA BOŻENA	2391		GLIWICE	POL	K-50	3	K 34	00:55:13	01:20:30	01:59:31.15	02:01:16.05	5:39	10.6
4	WRÓBLEWSKA EWA	2049		GLIWICE	POL	K-50	4	K 37	00:52:21	01:17:44	02:00:06.05	02:00:19.15	5:41	10.5
5	KWIATKOWSKA KATARZYNA	2413	ING	ŻERNICA	POL	K-50	5	K 44	00:53:55	01:20:02	02:01:23.90	02:01:37.35	5:45	10.4
6	MAJEWSKA GIZELA	2540	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	K-50	6	K 58	00:56:00	01:22:36	02:05:15.20	02:07:08.35	5:56	10.1
7	MATUSZNY BARBARA	2097		GLIWICE	POL	K-50	7	K 64	00:54:26	01:21:50	02:07:41.60	02:07:54.70	6:03	9.9
8	GABRUŚ IWONA	2386	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	CZERWIONKA	POL	K-50	8	K 68	00:56:23	01:23:55	02:08:53.25	02:09:29.10	6:06	9.8
9	STAWSKA JOANNA	2265	BIEGAJ Z TRENERAMI	GLIWICE	POL	K-50	9	K 72	00:59:29	01:26:59	02:10:15.35	02:11:23.90	6:10	9.7
10	BATEJKO BEATA	2369	SPORT WSPIERAMY NAUKOWO	CHORZÓW	POL	K-50	10	K 96	01:01:23	01:30:32	02:17:23.50	02:18:55.05	6:30	9.2
11	RUBINSKA MAŁGORZATA	2677		GLIWICE	POL	K-50	11	K 101	01:06:14		02:18:44.35	02:20:11.50	6:34	9.1
12	POLISZUK MAŁGORZATA	2250		GLIWICE	POL	K-50	12	K 106	01:04:07	01:34:36	02:22:59.55	02:24:24.25	6:46	8.9
13	OLIWA VIOLETTA	2145	ACTIV TEAM OZIMEK	OZIMEK	POL	K-50	13	K 125	01:07:49	01:40:06	02:29:43.30	02:31:12.60	7:05	8.5
14	CIUK IWONA	2651		GLIWICE	POL	K-50	14	K 128	01:05:45	01:38:12	02:36:13.00	02:37:29.65	7:24	8.1
15	SZYLEWSKA EWA	2103	KB JÓZEFINKA	CHORZÓW	POL	K-50	15	K 138	01:12:40	01:58:41	02:52:17.35	02:54:36.05	8:09	7.3
16	SOKÓŁ-OLEŚ EWELINA	2246	RUNTEAM PAWŁOWICE	JASTRZĘBIE ZDRÓJ	POL	K-50	16	K 140	01:12:28	01:48:22	02:53:10.70	02:54:22.75	8:12	7.3

### VIII PÓŁMARATON GLIWICKI, M-50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
1	MAŚLANKA TOMASZ	2080	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	BYTOM	POL	M-50	1	M 11	00:38:03	00:56:45	01:24:42.20	01:24:46.75	4:00	14.9
2	URBAŃSKI SŁAWOMIR	2719	KS GEPARD KĘPNO	ŁĘKA OPATOWSKA	POL	M-50	2	M 12	00:38:03	00:56:45	01:24:44.80	01:24:50.35	4:00	14.9
3	TRACZUK MAREK	2214		GLIWICE	POL	M-50	3	M 39	00:42:30	01:02:49	01:33:22.70	01:33:34.60	4:25	13.6
4	MAŚLON BŁAŻEJ	2558		RUDNIK MAŁY	POL	M-50	4	M 67	00:43:46	01:04:24	01:37:24.90	01:37:39.70	4:26	13
5	HORNIK JAREK	2105		KATOWICE	POL	M-50	5	M 68	00:44:27	01:04:46	01:37:29.90	01:37:30.90	4:37	13
6	BEM ADAM	2196	GISZOWIEC BIEGA RAZEM	KATOWICE	POL	M-50	6	M 69	00:42:38	01:04:07	01:37:37.80	01:37:46.75	4:37	13

**VIII PÓLMARATON GLIWICKI, M-50 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
7	SITEK KRZYSZTOF	2619		HUTA STARA A	POL	M-50	7	M 77	00:44:49	01:05:15	01:38:08.70	01:38:17.90	4:39	12.9
8	MALINOWSKI KRZYSZTOF	2129	POWOLI DO CELU	GILOWICE	POL	M-50	8	M 82	00:44:46	01:05:16	01:38:22.70	01:38:43.50	4:39	12.9
9	KAWELCZYK ROBERT	2431	POLSKA	CZESTOCHOWA	POL	M-50	9	M 88	00:44:51	01:05:15	01:38:58.80	01:39:07.65	4:41	12.8
10	WASZTYL TOMASZ	2068		BIELSKO-BIAŁA	POL	M-50	10	M 89	00:44:03	01:04:47	01:39:02.95	01:39:34.15	4:41	12.8
11	BALON MAREK	2497		SIEMIANOWICE ŚLĄSKIE	POL	M-50	11	M 101	01:01:39	01:40:00.30	01:41:15.85	01:41:15.85	4:44	12.7
12	ZORAN HENRYK	2450	WARTKIE PIERONY	RUDA ŚLĄSKA	POL	M-50	12	M 103	00:45:19	01:06:20	01:40:33.95	01:40:52.05	4:45	12.6
13	TEMPKA KRZYSZTOF	2445		BYTOM	POL	M-50	13	M 113	00:45:18	01:06:16	01:41:18.85	01:41:24.70	4:48	12.5
14	RATAJCZAK ALEKSANDER	2276	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-50	14	M 117	00:45:39	01:06:47	01:41:41.65	01:42:00.75	4:49	12.5
15	MARCZAK KRZYSZTOF	2851	PKO BANK POLSKI	ŚWIĘTOCHŁOWICE	POL	M-50	15	M 120	00:46:14	01:08:05	01:41:53.15	01:42:10.95	4:49	12.4
16	BURY RAFAŁ	2420	RUN GLORIA	ZAGÓRZE	POL	M-50	16	M 124	00:46:39	01:08:00	01:42:17.75	01:42:42.50	4:50	12.4
17	CZAPLA ARKADIUSZ	2843		BYTOM	POL	M-50	17	M 127	00:45:49	01:06:53	01:42:30.70	01:44:07.45	4:51	12.4
18	ŁYSY ANDRZEJ	2751	ENDURANCE TEAM	SIEMIANOWICE ŚLĄSKIE	POL	M-50	18	M 138	00:45:31	01:06:38	01:43:22.00	01:43:29.75	4:53	12.2
19	ZWIERZYŃSKI PIOTR	2417	UNATCO	RYBNIK	POL	M-50	19	M 155	00:48:40	01:10:44	01:45:16.90	01:45:39.00	4:59	12
20	MEJER KRZYSZTOF	2586	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	RUDA ŚLĄSKA	POL	M-50	20	M 161	00:49:45	01:11:43	01:46:08.15	01:47:21.05	5:01	11.9
21	DUŚ ARTUR	2795	POLSKA GRUPA GÓRNICZA	CHORZÓW	POL	M-50	21	M 167	00:50:09	01:12:13	01:46:38.95	01:47:24.70	5:03	11.9
22	GOLONKA MAREK	2150		MYSŁOWICE	POL	M-50	22	M 169	00:47:04	01:09:55	01:46:44.95	01:46:58.50	5:03	11.9
23	TOCHOWICZ BARTOSZ	2787		GOLESZÓW	POL	M-50	23	M 177	00:48:02	01:10:26	01:47:09.35	01:47:36.60	5:04	11.8
24	NOWAK WOJCIECH	2399	BEFIT24TEAM	KRAKÓW	POL	M-50	24	M 193	00:49:28	01:12:20	01:48:26.85	01:49:06.90	5:08	11.7
25	KĘDZIERSKI ALFRED	2311	KOLEJE ŚLĄSKIE	GLIWICE	POL	M-50	25	M 194	00:47:31	01:10:45	01:48:30.05	01:48:41.10	5:08	11.7
26	ŚLUSARCZYK GUCIO ANDRZEJ	2720	DJ GUCIO SHOW MUST GO ON	PRUSZCZ GDAŃSKI	POL	M-50	26	M 200	00:45:54	01:08:36	01:48:49.40	01:49:04.85	5:09	11.6
27	ZIÓLKOWSKI GRZEGORZ	2387		GLIWICE	POL	M-50	27	M 201	00:48:16	01:11:03	01:49:05.00	01:49:06.00	5:10	11.6
28	KWIATKOWSKI GRZEGORZ	2753		ZERNICA	POL	M-50	28	M 209	00:47:33	01:11:17	01:49:39.65	01:49:40.65	5:11	11.5
29	RAWŁUSZEWICZ WALDEMAR	2584		ZABRZE	POL	M-50	29	M 213	00:47:37	01:10:20	01:49:59.00	01:50:27.80	5:12	11.5
30	DUDA JACEK	2434	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	M-50	30	M 215	00:49:53	01:12:51	01:50:05.85	01:51:38.50	5:13	11.5
31	STALICA WOJCIECH	2253	IZO ERG	CZESTOCHOWA	POL	M-50	31	M 227	00:49:11	01:12:26	01:50:54.20	01:51:12.65	5:15	11.4
32	PŁONKA KRZYSZTOF	2765	TEAM DKMS	JASTRZĘBIE-ZDRÓJ	POL	M-50	32	M 238	00:47:48	01:10:46	01:51:54.85	01:52:26.15	5:18	11.3
33	PURCZYŃSKI JAN	2404		RYBNIK	POL	M-50	33	M 246	00:52:30	01:16:09	01:52:19.30	01:53:17.60	5:19	11.3
34	CHWAŁEK PIOTR	2683	ZABIEGANI W KIELCACH	KIELCE	POL	M-50	34	M 259	00:51:47	01:15:37	01:53:05.70	01:53:25.85	5:21	11.2
35	ŻMIJEWSKI DARIUSZ	2221	EXTREMALNI RZEŹNICY NA RELAKSIE	GLIWICE	POL	M-50	35	M 268	00:50:27	01:13:50	01:53:36.80	01:54:04.80	5:23	11.1
36	ZAMORA MAREK	2052		PIEKARY ŚL.	POL	M-50	36	M 274	00:52:56	01:16:59	01:53:52.55	01:56:17.20	5:23	11.1
37	DOBOSZ KRZYSZTOF	2119	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-50	37	M 287	00:51:14	01:14:21	01:54:25.00	01:55:02.35	5:25	11.1
38	SZTELIGA TOMASZ	2656		WOJKOWICE	POL	M-50	38	M 290	00:51:44	01:15:58	01:54:38.00	01:55:13.90	5:25	11
39	ZALESKI ARKADIUSZ	2082		GLIWICE	POL	M-50	39	M 313	00:52:10	01:16:44	01:56:25.95	01:57:08.90	5:31	10.9
40	PASTERNAK ZBIGNIEW	2315	STELLANTIS ACTIVE TEAM	GLIWICE	POL	M-50	40	M 333	00:53:23	01:17:47	01:57:41.55	01:58:43.05	5:34	10.8
41	BOCZEK KRZYSZTOF	2178	PER ASPERA AD ASTRA	WODZISŁAW ŚLĄSKI	POL	M-50	41	M 365	00:53:32	01:18:32	02:00:00.60	02:00:57.00	5:41	10.6
42	MICHALAK GRZEGORZ	2671	TOTALNY AMATOR	ZABRZE	POL	M-50	42	M 367	00:54:16	01:19:20	02:00:07.20	02:01:04.25	5:41	10.5
43	PELLE LASZLO	2680		DABROWA GONICZA	POL	M-50	43	M 373	00:53:27	01:18:28	02:00:33.85	02:01:24.60	5:42	10.5
44	KOCUR ROBERT	2341	PROMUS KATOWICE	TACISZÓW	POL	M-50	44	M 374	00:52:42	01:18:08	02:00:38.90	02:01:34.70	5:43	10.5
45	MICHAŁEK GRZEGORZ	2588	GISZOWIEC BIEGA RAZEM	KATOWICE	POL	M-50	45	M 381	00:51:54	01:17:14	02:01:02.35	02:01:41.95	5:44	10.5
46	GÓRNY PIOTR	2083	ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	GLIWICE	POL	M-50	46	M 384	00:54:12	01:19:23	02:01:15.75	02:02:12.05	5:44	10.4
47	NAWA WALDEMAR	2017	PARKRUN KĘDZIERZYN-KOŹLE	KĘDZIERZYN-KOŹLE (KŁODNICA)	POL	M-50	47	M 401	00:56:22	01:21:43	02:01:55.75	02:03:50.60	5:46	10.4
48	CADER WOJCIECH	2812	LATAJĄCY KLIMZOWIEC	CHORZÓW	POL	M-50	48	M 410	00:55:47	01:21:50	02:02:35.45	02:03:57.10	5:48	10.3
49	GOMOLA ZBIGNIEW	2578	ŁAMIGNATY	RUDA ŚLĄSKA	POL	M-50	49	M 432	00:58:20	01:23:36	02:03:55.30	02:05:45.80	5:52	10.2
50	GAJEWSKI JACEK	2530	KURCZAK I AGATKA	GLIWICE	POL	M-50	50	M 439	00:56:55	01:23:08	02:04:25.60	02:05:05.20	5:53	10.2
51	MAŁECKI JACEK	2466		ŚWIĘTOCHŁOWICE	POL	M-50	51	M 444	00:53:34	01:20:03	02:04:46.40	02:05:11.75	5:54	10.1
52	URBAŃSKI ADAM	2512		CZARKÓW	POL	M-50	52	M 447	00:57:37	01:23:21	02:05:07.75	02:05:16.30	5:55	10.1
53	NOWOMIEJSKI SYLWESTER	2424	AMATOR	JASTRZĘBIE - ZDRÓJ	POL	M-50	53	M 449	00:55:09	01:21:52	02:05:40.00	02:05:52.10	5:57	10.1
54	ŚRUTWA ZBIGNIEW	2090		KATOWICE	POL	M-50	54	M 474	00:57:52	01:24:23	02:08:43.30	02:09:15.45	6:06	9.8
55	MALINIECKI DANIEL	2688	NIE LUBIĘ BIEGAĆ	BYTOM	POL	M-50	55	M 477	00:59:13	01:26:42	02:09:14.20	02:09:55.50	6:07	9.8
56	BOHN MARIUSZ	2506	PIEKARY ŚLĄSKIE	PIEKARY ŚLĄSKIE	POL	M-50	56	M 478	00:55:00	01:21:48	02:09:31.80	02:10:27.80	6:08	9.8
57	GÓRECKI JANUSZ	2109		GLIWICE	POL	M-50	57	M 479	00:56:53	01:24:24	02:09:59.75	02:11:20.80	6:09	9.7
58	MYRCIK BERNARD	2186		TARNOWSKIE GÓRY	POL	M-50	58	M 489	00:56:01	01:23:56	02:10:51.00	02:12:39.15	6:12	9.7
59	PIKOŃ KRZYSZTOF	2821		GLIWICE	POL	M-50	59	M 493	00:52:50	01:18:55	02:11:43.50	02:13:09.45	6:14	9.6
60	JANIEC WITOLD	2522		ZWONOWICE	POL	M-50	60	M 500	00:54:16	01:23:26	02:12:17.90	02:12:40.30	6:16	9.6
61	BUSZKA TOMASZ	2094		KATOWICE	POL	M-50	61	M 509	00:59:36	01:26:42	02:13:52.50	02:15:46.60	6:20	9.5
62	CZERNEK MAREK	2444	BIEGAJ Z TRENERAMI	GLIWICE	POL	M-50	62	M 512	00:56:51	01:23:59	02:14:03.40	02:14:53.10	6:21	9.4

**VIII PÓŁMARATON GLIWICKI, M-50 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
63	ZŁOTOŚ MARIUSZ	2316	BIEG Z CHRYSYUSEM!	ŚWIĘTOCHŁOWICE	POL	M-50	63	M 519	01:02:23	01:30:58	02:14:51.75	02:16:53.15	6:23	9.4
64	ZEMŁA PIOTR	2462		GLIWICE	POL	M-50	64	M 527	01:00:49	01:29:09	02:15:48.60	02:17:15.30	6:26	9.3
65	NICIŃSKI DARIUSZ	2539	BIEG Z CHRYSYUSEM	RUDA ŚLĄSKA	POL	M-50	65	M 532	01:02:22	01:31:01	02:16:09.15	02:18:11.45	6:27	9.3
66	LUBICKI WOJCIECH	2172	DWOJKA BEZ SERNIKA	ZABRZE	POL	M-50	66	M 533	00:57:03	01:25:29	02:16:10.30	02:17:14.30	6:27	9.3
67	PIETRZAK MARCIN	2541		GLIWICE	POL	M-50	67	M 552	00:59:05	01:28:02	02:19:46.70	02:21:14.30	6:37	9.1
68	BIELSKI MICHAŁ	2488		KATOWICE	POL	M-50	68	M 567	01:03:56	01:36:17	02:23:45.20	02:25:23.95	6:48	8.8
69	JĄGODA ADAM	2645	FUCHS OIL TEAM	CHORZÓW	POL	M-50	69	M 574	01:05:49	01:37:05	02:26:54.60	02:28:55.10	6:57	8.6
70	CIMPRICH MARCEL	2607	ŠENOV	ŠENOV	CZE	M-50	70	M 584	01:07:43	01:39:43	02:31:51.60	02:33:21.80	7:11	8.3
71	LESZCZYK KRZYSZTOF	2841		KATOWICE	POL	M-50	71	M 589	01:10:52	01:42:56	02:39:01.75	02:40:10.25	7:32	8
72	WOLIŃSKI JÓZEF	2361		GLIWICE	POL	M-50	72	M 592	01:10:01	01:44:06	02:41:28.40	02:43:42.35	7:39	7.8
73	KARWOWSKI JAROSŁAW	2469		PRZYSZOWICE	POL	M-50	73	M 600	00:51:14				5:07	11.7
74	KUTERAK MARCIN	2609		CHRZANÓW	POL	M-50	74	M 603						
75	KĄŻMIERCZAK DAREK	2759		TARNOWSKIE GORY	POL	M-50	75	M 604						

**VIII PÓŁMARATON GLIWICKI, K-60**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
1	KURKOWSKA ALDONA	2160	AUGUSTEAM	CHORZÓW	POL	K-60	1	K 105	01:04:30	01:34:39	02:22:54.65	02:23:43.60	6:46	8.9

**VIII PÓŁMARATON GLIWICKI, M-60**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	15km	Netto	Brutto	min/km	km/h
1	BONIEWSKI LECH	2447	SP GLINOJEK	GLINOJEK	POL	M-60	1	M 192	00:48:50	01:12:55	01:48:25.25	01:49:07.75	5:08	11.7
2	MACYSZYN WALDEMAR	2518	GLIWICE	GLIWICE	POL	M-60	2	M 244	00:50:41	01:14:28	01:52:17.05	01:52:56.50	5:19	11.3
3	BESALA BOGDAN	2830		KATOWICE	POL	M-60	3	M 258	00:52:37	01:16:09	01:53:03.95	01:53:56.25	5:21	11.2
4	ZAJDEL DARIUSZ	2067	ZAWADZKIE BIEGNIĘ	ZAWADZKIE	POL	M-60	4	M 260		01:16:46	01:53:07.00	01:54:01.45	5:21	11.2
5	ORLIK JERZY	2116		GLIWICE	POL	M-60	5	M 321	00:53:54	01:18:23	01:57:06.65	01:57:07.65	5:32	10.8
6	ŁYCZBA BOGUSŁAW	2731		CZĘSTOCHOWA	POL	M-60	6	M 324	00:52:38	01:17:41	01:57:16.80	01:58:49.85	5:33	10.8
7	ROSADA ZDZIŚLAW	2081	PORUSZENI - AKTYWNI Z SOŃNICY	GLIWICE	POL	M-60	7	M 344	00:55:26	01:19:41	01:58:37.35	01:59:34.95	5:37	10.7
8	STRZESAK PIOTR	2418	ZMĘCZENI NA STARCIE DOBIEGNIĘW	DOBIEGNIĘW	POL	M-60	8	M 368	00:54:30	01:19:30	02:00:08.25	02:02:22.00	5:41	10.5
9	RAJTOR KLAUDIUSZ	2624		GLIWICE	POL	M-60	9	M 443	00:57:01	01:23:01	02:04:44.80	02:05:49.45	5:54	10.1
10	GRUSZCZYŃSKI BOGUSŁAW	2256		GLIWICE	POL	M-60	10	M 476	00:57:23	01:23:53	02:09:00.35	02:09:01.35	6:06	9.8
11	SZUBA CZESŁAW	2628		RYBNIK	POL	M-60	11	M 481	00:58:59	01:26:35	02:10:07.80	02:11:41.70	6:10	9.7
12	KLIKS KAZIMIERZ	2189		ZABRZE	POL	M-60	12	M 485	00:56:40	01:24:44	02:10:38.05	02:11:51.20	6:11	9.7
13	PODOLAK ALFRED	2290		PYSKOWICE	POL	M-60	13	M 499	01:00:13	01:28:22	02:12:04.20	02:13:22.55	6:15	9.6
14	OSTROWSKI ZYGMUNT	2076		TYCHY	POL	M-60	14	M 542	01:02:11	01:31:50	02:17:38.50	02:18:42.80	6:31	9.2
15	IZYDORCZYK MIROSLAW	2309	NIEZRZESZONY	ZABRZE	POL	M-60	15	M 557	01:00:45	01:30:08	02:20:53.10	02:22:17.25	6:40	9
16	MIŁKOWSKI ANDRZEJ	2527		GLIWICE	POL	M-60	16	M 570	01:03:58	01:34:41	02:25:50.55	02:27:09.75	6:54	8.7
17	KRZYŻOWSKI TOMASZ	2175	ACTIVE TEAM OZIMEK	OZIMEK	POL	M-60	17	M 581	01:07:48	01:40:06	02:29:42.65	02:31:12.30	7:05	8.5
18	DYLAŁ ROMAN	2055		DĄBROWA GÓRNICZA	POL	M-60	18	M 590	01:11:16	01:46:13	02:40:45.15	02:42:37.05	7:37	7.9
19	KAPICKI JAN	2415		MYSŁOWICE	POL	M-60	19	M 593	01:10:16	01:46:11	02:41:31.95	02:43:19.75	7:39	7.8
	KRZYWICKI JAN	2385	-----	GLIWICE	POL	M-60			DNF	DNF	DNF	DNF	-	-