

Wyniki

| Miejsce | Numer | Imię | Nazwisko | Klub | Miejscowość | Rocznik | Kat. wiek. | Miejsce | | | Wynik | Czas netto |
|---------|-------|------------|--------------|--------------------------|-----------------------|---------|------------|---------|----|---|----------|------------|
| | | | | | | | | kat. | M | K | | |
| 1 | 418 | Przemysław | Fornalik | KM Lwówek | Lwówek | 1975 | M40 | 1 | 1 | | 01:22:34 | 01:22:32 |
| 2 | 119 | Rafał | Grabski | Danflor Team | Cicha Góra | 1992 | M20 | 1 | 2 | | 01:24:45 | 01:24:43 |
| 3 | 170 | Jarosław | Ugorek | Team Kopeć | Gorzów Wlkp. | 1975 | M40 | 2 | 3 | | 01:31:20 | 01:31:15 |
| 4 | 143 | Michał | Noculak | Lucky LUZers | Luboń | 1979 | M30 | 1 | 4 | | 01:31:22 | 01:31:20 |
| 5 | 109 | Dominik | Czapracki | | Opalenica | 1976 | M40 | 3 | 5 | | 01:31:40 | 01:31:35 |
| 6 | 428 | Sebastian | Książek | RUNNER SAM PO LESIE | Sulechów | 1979 | M30 | 2 | 6 | | 01:32:12 | 01:32:09 |
| 7 | 144 | Tomek | Pawłowski | Sokół Włoszakowice | Włoszakowice | 1986 | M30 | 3 | 7 | | 01:33:00 | 01:32:56 |
| 8 | 176 | Marcin | WrÓbel | | Zbąszyń | 1982 | M30 | 4 | 8 | | 01:33:15 | 01:33:09 |
| 9 | 175 | Marcin | Wołk | | Rakoniewice | 1976 | M40 | 4 | 9 | | 01:33:38 | 01:33:35 |
| 10 | 139 | Paweł | Ławniczak | | Zbąszyń | 1986 | M30 | 5 | 10 | | 01:33:46 | 01:33:43 |
| 11 | 132 | Tomasz | Końka | Team Berotu | Cicha Góra | 1980 | M30 | 6 | 11 | | 01:33:50 | 01:33:48 |
| 12 | 169 | Błażej | Tomczak | | Brzozówka | 1989 | M20 | 2 | 12 | | 01:36:26 | 01:36:22 |
| 13 | 115 | Mateusz | Ganczarek | TKKF Zbąszyń | Zbąszyń | 1986 | M30 | 7 | 13 | | 01:36:41 | 01:36:35 |
| 14 | 180 | Tomasz | Ziemek | Team Berotu | Nowy Tomyśl | 1979 | M30 | 8 | 14 | | 01:37:07 | 01:37:04 |
| 15 | 120 | Łukasz | Grychta | | Zbąszyń | 1981 | M30 | 9 | 15 | | 01:38:19 | 01:38:16 |
| 16 | 108 | Artur | Cymerman | | Paproć | 1977 | M40 | 5 | 16 | | 01:38:39 | 01:38:35 |
| 17 | 155 | Sławomir | Skotarek | Opalenicki Klub Biegacza | Opalenica | 1967 | M50 | 1 | 17 | | 01:39:13 | 01:39:08 |
| 18 | 146 | Dawid | Polaczyk | Team Aktywny Stęszew | Stęszew | 1983 | M30 | 10 | 18 | | 01:40:44 | 01:40:33 |
| 19 | 117 | Tomasz | Gielda | Bukowski Klub Biegacza | Buk | 1975 | M40 | 6 | 19 | | 01:42:07 | 01:42:05 |
| 20 | 168 | Marek | Śliwka | Logos Travel | Poznań | 1955 | M60 | 1 | 20 | | 01:42:37 | 01:42:35 |
| 21 | 134 | Maciej | Krysmalski | | Wolsztyn | 1979 | M30 | 11 | 21 | | 01:43:32 | 01:43:28 |
| 22 | 172 | Marcin | Urbański | | Grodzisk Wielkopolski | 1987 | M30 | 12 | 22 | | 01:44:48 | 01:44:42 |
| 23 | 162 | Jacek | Strabel | KB INTREX Poznań | Komorniki | 1980 | M30 | 13 | 23 | | 01:44:48 | 01:44:41 |
| 24 | 118 | Tomasz | Gigoła | | Grodzisk Wielkopolski | 1987 | M30 | 14 | 24 | | 01:45:46 | 01:45:39 |
| 25 | 113 | Marek | Dolatowski | | Świebodzin | 1987 | M30 | 15 | 25 | | 01:48:35 | 01:48:23 |
| 26 | 121 | Marek | Haliniak | NKB Chyży Nowy Tomyśl | Nowy Tomyśl | 1977 | M40 | 7 | 26 | | 01:48:41 | 01:48:39 |
| 27 | 159 | Mariusz | Spychała | Run to the hills | Nowy Tomyśl | 1971 | M40 | 8 | 27 | | 01:49:08 | 01:49:00 |
| 28 | 178 | Marek | Zawłocki | | Jastrzębsko Stare | 1975 | M40 | 9 | 28 | | 01:50:20 | 01:50:12 |
| 29 | 101 | Jacek | Andrzejewski | KOŚCIAN TEAM | KOŚCIAN | 1966 | M50 | 2 | 29 | | 01:51:25 | 01:51:18 |

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|---------|-------|------------|--------------|--|-----------------------|---------|------------|---------|----|---|----------|------------|
| | | | | | | | | kat. | M | K | | |
| 30 | 126 | Maciej | Kaczmarek | Myszę stopami | Nowy Tomyśl | 1990 | M20 | 3 | 30 | | 01:51:54 | 01:51:51 |
| 31 | 128 | Robert | Kleszcz | Orange Polska | Glinn0 | 1974 | M40 | 10 | 31 | | 01:53:00 | 01:52:53 |
| 32 | 104 | Tomasz | Budzisz | | Poznań | 1969 | M40 | 11 | 32 | | 01:53:18 | 01:53:10 |
| 33 | 179 | Mariusz | Zieliński | Nadleśnictwo Grodzisk | Opalenica | 1982 | M30 | 16 | 33 | | 01:53:48 | 01:53:44 |
| 34 | 160 | Piotr | Sroka | | Berzyna | 1983 | M30 | 17 | 34 | | 01:54:41 | 01:54:34 |
| 35 | 153 | Łukasz | Rosiński | Wolsztyńska Akademia Biegowa | Wolsztyn | 1981 | M30 | 18 | 35 | | 01:56:03 | 01:55:59 |
| 36 | 133 | Tadeusz | Koroński | parkrun Poznań | Poznań | 1970 | M40 | 12 | 36 | | 01:56:06 | 01:55:58 |
| 37 | 125 | Renata | Jędrzejczak | | RAKONIEWICE | 1982 | K30 | 1 | | 1 | 01:57:01 | 01:56:56 |
| 38 | 102 | Krzysztof | Andrzejewski | | Swarzędz | 1982 | M30 | 19 | 37 | | 01:57:28 | 01:57:20 |
| 39 | 124 | Paweł | Jarnut | LB TEAM LWÓWEK | Lwówek | 1992 | M20 | 4 | 38 | | 01:57:31 | 01:57:27 |
| 40 | 112 | Jarek | Dokowicz | Team Berotu | Nowy Tomyśl | 1973 | M40 | 13 | 39 | | 01:57:54 | 01:57:51 |
| 41 | 140 | Marcin | Łuczak | | Nowy Tomyśl | 1982 | M30 | 20 | 40 | | 01:58:07 | 01:58:01 |
| 42 | 181 | Marek | Żebrowski | Płomień Pobiedziska | Promienko | 1957 | M60 | 2 | 41 | | 01:58:11 | 01:58:06 |
| 43 | 174 | Małgorzata | Wiśniewska | | Chojniki | 1974 | K40 | 1 | | 2 | 01:58:36 | 01:58:34 |
| 44 | 150 | Tomasz | Ratajczak | | Plewiska | 1975 | M40 | 14 | 42 | | 01:58:41 | 01:58:19 |
| 45 | 111 | Artur | Dekiert | Running Wombats! | Poznań | 1969 | M40 | 15 | 43 | | 01:58:58 | 01:58:54 |
| 46 | 166 | Katarzyna | Szmańda | | Wroniawy | 1977 | K40 | 2 | | 3 | 01:59:18 | 01:59:15 |
| 47 | 123 | Zbigniew | Janowicz | Opalenicki Klub Biegacza | Opalenica | 1958 | M60 | 3 | 44 | | 01:59:52 | 01:58:02 |
| 48 | 122 | Honorata | Janowicz | Opalenicki Klub Biegacza / Matner Running Team | Opalenica | 1995 | K20 | 1 | | 4 | 02:00:11 | 02:00:04 |
| 49 | 164 | Marta | Stryjakowska | BULA TEAM | Poznań | 1981 | K30 | 2 | | 5 | 02:00:29 | 02:00:19 |
| 50 | 434 | Paweł | Zaręba | BULA TEAM | Poznań | 1982 | M30 | 21 | 45 | | 02:00:30 | 02:00:17 |
| 51 | 435 | Piotr | Wygralak | Druzyna Szpiku | Poznań | 1986 | M30 | 22 | 46 | | 02:00:51 | 02:00:47 |
| 52 | 106 | Barbara | Cichos | Grodziski Klub Biegacza | Grodzisk Wielkopolski | 1966 | K50 | 1 | | 6 | 02:02:33 | 02:02:26 |
| 53 | 136 | Artur | Leśniczak | | Stęszew | 1989 | M20 | 5 | 47 | | 02:05:02 | 02:04:51 |
| 54 | 137 | Renata | Liberek | Czerwonak biega | Łopuchowo | 1974 | K40 | 3 | | 7 | 02:05:31 | 02:05:24 |
| 55 | 116 | Marzena | Gibalska | OBORYGENI | Rościszewice | 1973 | K40 | 4 | | 8 | 02:06:56 | 02:06:51 |
| 56 | 151 | Adrianna | Reczek | | Opalenica | 1998 | K20 | 2 | | 9 | 02:07:34 | 02:07:28 |
| 57 | 107 | Michał | Ciebielski | | Pniewy | 1972 | M40 | 16 | 48 | | 02:07:35 | 02:07:31 |
| 58 | 145 | Adam | Plewa | Bukowski Klub Biegacza | Dobieżyn | 1988 | M30 | 23 | 49 | | 02:09:24 | 02:09:14 |

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| | | | | | | | | kat. | M | K | | |
| 59 | 165 | Mariusz | Szeszuła | OSP OPALENICA | Porażyn | 1989 | M20 | 6 | 50 | | 02:09:30 | 02:09:23 |
| 60 | 130 | Przemek | Kocik | Bukowski Klub Biegacza | Buk | 1988 | M30 | 24 | 51 | | 02:10:24 | 02:10:14 |
| 61 | 420 | Agnieszka | Rybak | | Zbąszyn | 1978 | K40 | 5 | | 10 | 02:13:07 | 02:12:57 |
| 62 | 431 | Dawid | Pluskota | WKB Wolsztyn | Wolsztyn | 1974 | M40 | 17 | 52 | | 02:13:07 | 02:13:00 |
| 63 | 127 | Bogusław | Kasprzak | | Poanań | 1961 | M50 | 3 | 53 | | 02:14:25 | 02:14:12 |
| 64 | 105 | Wojciech | Budzisz | | Nowy Tomyśl | 1965 | M50 | 4 | 54 | | 02:14:25 | 02:14:16 |
| 65 | 432 | Krzysztof | Konieczek | | Wolsztyn | 1986 | M30 | 25 | 55 | | 02:15:50 | 02:15:44 |
| 66 | 156 | Anna | Skupniewicz | Wolsztyński Klub Biegowy | Wolsztyn | 1982 | K30 | 3 | | 11 | 02:19:30 | 02:19:24 |
| 67 | 157 | Piotr | Skupniewicz | Wolsztyński Klub Biegowy | Wolsztyn | 1978 | M40 | 18 | 56 | | 02:25:19 | 02:25:13 |
| 68 | 114 | Marcin | Domagalski | Okb.Opalenica | Opalenica | 1962 | M50 | 5 | 57 | | 02:27:28 | 02:27:20 |
| 69 | 142 | Krzysztof | Moskwa | tak se pomykam ! | Leszno | 1957 | M60 | 4 | 58 | | 02:27:36 | 02:27:26 |
| 70 | 402 | Beata | Grajewska | | Poznań | 1974 | K40 | 6 | | 12 | 02:40:19 | 02:40:12 |
| 71 | 427 | Adam | Chwin | | Gdańsk | 1979 | M30 | 26 | 59 | | 02:40:22 | 02:40:12 |
| 72 | 167 | Paweł | Szymkowiak | CrossWronki | Obrzycko | 1995 | M20 | 7 | 60 | | 02:41:13 | 02:41:10 |
| 73 | 110 | Anna | Ćwiklińska | | Poznań | 1977 | K40 | 7 | | 13 | 02:42:25 | 02:42:19 |
| 74 | 161 | Jadwiga | Stagrowska | LEWIN BIEGA | Lewin Brzeski | 1954 | K60+ | 1 | | 14 | 02:44:07 | 02:43:57 |
| 75 | 171 | Mieczysław | Urban | Rozbiegany Rawicz | Rawicz | 1952 | M60 | 5 | 61 | | 02:45:20 | 02:45:15 |
| 76 | 103 | Piotr | Bartkowiak | Grodziski Klub Biegacza | Grodzisk Wlkp. | 1976 | M40 | 19 | 62 | | 02:46:30 | 02:46:22 |
| 77 | 152 | Henryk | Rogoziński | Bukowski Klub Biegacza | Buk | 1976 | M40 | 20 | 63 | | 02:46:30 | 02:46:21 |
| 78 | 158 | Andrzej | Smyk | Bukowski Klub Biegacza | Opalenica | 1969 | M40 | 21 | 64 | | 02:46:31 | 02:46:22 |
| 79 | 422 | Michał | Kowalczyk | | Wrocław | 1985 | M30 | 27 | 65 | | 02:48:22 | 02:48:22 |
| 80 | 423 | Jan | Stawowy | | Wrocław | 1985 | M30 | 28 | 66 | | 02:48:23 | 02:48:23 |
| 81 | 421 | Karol | Pięta | NKB Chyży Nowy Tomyśl | Nowy Tomyśl | 1985 | M30 | 29 | 67 | | 02:48:24 | 02:48:24 |
| 82 | 129 | Igor | Kochański | | Wrocław | 1965 | M50 | 6 | 68 | | 02:48:36 | 02:48:32 |
| 83 | 149 | Maria | Radna | Wolsztyński Klub Biegowy | Wolsztyn | 1973 | K40 | 8 | | 15 | 02:48:36 | 02:48:31 |
| RAZEM: 83 | | | | | | | | | | | | |