

## 55. Bieg Republiki Ostrowskiej

**WYNIKI ZAWODÓW**

Organizator: Gmina Miasto Ostrów Wielkopolski, KS ICEMAT Team, KS Maraton Ostrów

Termin: 22.10.2017

Miejsce: Ostrów Wielkopolski

Dystans: 10 km

| Miejsce Rank                  | Nr Bib | Nazwisko i imię Name  | Miejscowość City    | Kraj Nat | Drużyna Team                                  | R-k YoB | W kategorii in Age | Sex    | Czas Time | [min/km] |
|-------------------------------|--------|-----------------------|---------------------|----------|---|---------|--------------------|--------|-----------|----------|
| <b>Bieg 10 km - M16 [16]</b>  |        |                       |                     |          |   |         |                    |        |           |          |
| 1                             | 771    | GOLA Dawid            | KOŹMINEK            | POL      | UKS 12 KALISZ                                 | 99      | M16/1              | (M)22  | 00:37:21  | 03.43    |
| 2                             | 881    | WIETECZA Jakub        | KOBYLIN             | POL      | WOSIEK TEAM                                   | 99      | M16/2              | (M)33  | 00:38:20  | 03.50    |
| 3                             | 878    | ROBASZKIEWICZ Jakub   | KOSTRZYN            | POL      | BIAŁY KENIJCZYK / AZS UAM POZNAŃ              | 98      | M16/3              | (M)56  | 00:40:07  | 04.00    |
| 4                             | 674    | GAŁĘCKI Kamil         | KOBYLA GÓRA         | POL      |   | 01      | M16/4              | (M)66  | 00:40:32  | 04.03    |
| 5                             | 483    | KAŹMIERCZAK Dawid     | GODZIESZE MAŁE      | POL      | PARKRUN KALISZ                                | 00      | M16/5              | (M)98  | 00:42:10  | 04.13    |
| 6                             | 305    | MARCINKOWSKI Jakub    | OSTRÓW WIELKOPOLSKI | POL      | KS ICE MAT TEAM OSTRÓW WIELKOPOLSKI           | 98      | M16/6              | (M)129 | 00:43:29  | 04.20    |
| 7                             | 408    | PRACKI Michał         | KALISZ              | POL      |   | 98      | M16/7              | (M)226 | 00:45:51  | 04.35    |
| 8                             | 315    | DWORNIK Jacek         | RADŁÓW              | POL      | ZESPÓŁ SZKÓŁ TECHNICZNYCH OSTRÓW WIELKOPOLSKI | 98      | M16/8              | (M)259 | 00:46:50  | 04.41    |
| 9                             | 673    | DWORNIK Dominik       | RADŁÓW              | POL      | ZESPÓŁ SZKÓŁ TECHNICZNYCH OSTRÓW WIELKOPOLSKI | 00      | M16/9              | (M)266 | 00:46:56  | 04.41    |
| 10                            | 545    | TRZCIELIŃSKI Jan      | OSTRÓW WIELKOPOLSKI | POL      |   | 99      | M16/10             | (M)322 | 00:48:25  | 04.50    |
| 11                            | 630    | PAPROCKI Szymon       | BLIZANÓW            | POL      | OSP KORAB                                     | 99      | M16/11             | (M)346 | 00:49:01  | 04.54    |
| 12                            | 823    | JANACZYK Błażej       | KALISZ              | POL      | PARKRUN KALISZ                                | 00      | M16/12             | (M)377 | 00:49:42  | 04.58    |
| 13                            | 765    | BARTOSZEK Kacper      | RASZKÓW             | POL      |   | 00      | M16/13             | (M)482 | 00:53:08  | 05.18    |
| 14                            | 671    | CUPRYCH Przemysław    | KALISZ              | POL      |   | 99      | M16/14             | (M)583 | 00:58:36  | 05.51    |
| 15                            | 810    | SOLATYCKI Damian      | MILICZ              | POL      | FRONTLINE ACADEMY                             | 98      | M16/15             | (M)620 | 01:11:25  | 07.08    |
| <b>Bieg 10 km - M20 [116]</b> |        |                       |                     |          |   |         |                    |        |           |          |
| 1                             | 865    | LESIECKI Jacek        | WROCLAW             | POL      | WOSIEK TEAM                                   | 91      | M20/1              | (M)1   | 00:33:19  | 03.19    |
| 2                             | 770    | FEDORCZAK Michał      | NOWA SÓL            | POL      | WOSIEK TEAM                                   | 95      | M20/2              | (M)2   | 00:33:21  | 03.19    |
| 3                             | 478    | FRAŚCZAK Patryk       | KROTOSZYN           | POL      | WOSIEK TEAM                                   | 95      | M20/3              | (M)4   | 00:33:37  | 03.21    |
| 4                             | 729    | POCHOPIEŃ Mikołaj     | OLEŚNICA            | POL      | WKS OLEŚNICZANKA OLEŚNICA                     | 94      | M20/4              | (M)6   | 00:34:09  | 03.24    |
| 5                             | 675    | JARECKI Damian        | TRZEBNICA           | POL      | RAKETA KOSMOS                                 | 93      | M20/5              | (M)7   | 00:34:11  | 03.24    |
| 6                             | 484    | KLUCZYK Damian        | OSTRÓW WIELKOPOLSKI | POL      | KB CZARNE WILKI                               | 95      | M20/6              | (M)8   | 00:34:36  | 03.27    |
| 7                             | 580    | DUTKOWSKI Mikołaj     | RASZKÓW             | POL      | 4PLOT / UKS ARKADY RASZKÓW                    | 92      | M20/7              | (M)11  | 00:35:09  | 03.30    |
| 8                             | 631    | PAWLACZYK Bartosz     | ZDUNY               | POL      | KB CZARNE WILKI                               | 96      | M20/8              | (M)12  | 00:35:17  | 03.31    |
| 9                             | 831    | MARKOWICZ Łukasz      | WROCLAW             | POL      | WOSIEK TEAM                                   | 94      | M20/9              | (M)21  | 00:37:07  | 03.42    |
| 10                            | 197    | GRAJEK Mateusz        | OSTRÓW WIELKOPOLSKI | POL      | KB CZARNE WILKI                               | 90      | M20/10             | (M)26  | 00:37:45  | 03.46    |
| 11                            | 751    | ROGAŁA Grzegorz       | ODOLANÓW            | POL      | KS MARATON OSTRÓW WIELKOPOLSKI                | 90      | M20/11             | (M)27  | 00:37:47  | 03.46    |
| 12                            | 888    | MIKOŁAJEWSKI Dawid    | KALISZ              | POL      |   | 95      | M20/12             | (M)35  | 00:38:26  | 03.50    |
| 13                            | 470    | ZDUN Damian           | KALISZ              | POL      |   | 90      | M20/13             | (M)41  | 00:38:55  | 03.53    |
| 14                            | 840    | ROSZAK Mikołaj        | OSTRÓW WIELKOPOLSKI | POL      |   | 91      | M20/14             | (M)52  | 00:39:38  | 03.57    |
| 15                            | 94     | KRZYWIK Tomasz        | KOŚCIELNA WIEŚ      | POL      |   | 88      | M20/15             | (M)53  | 00:39:39  | 03.57    |
| 16                            | 369    | WŁODARCZYK Michał     | KOŹMIN WIELKOPOLSKI | POL      | KOŹMIN BIEGA                                  | 96      | M20/16             | (M)55  | 00:39:56  | 03.59    |
| 17                            | 458    | CIERPKA Norbert       | SOŚNIE              | POL      | KB CZARNE WILKI                               | 97      | M20/17             | (M)58  | 00:40:18  | 04.01    |
| 18                            | 502    | SZCZĘSNY Piotr        | TULISZKÓW           | POL      | MVM   | 90      | M20/18             | (M)61  | 00:40:23  | 04.02    |
| 19                            | 780    | LIS Mateusz           | KOŹMIN WLKP.        | POL      | KOŹMIN BIEGA                                  | 90      | M20/19             | (M)64  | 00:40:29  | 04.02    |
| 20                            | 68     | TOMASZEWSKI Mateusz   | WYSOCKO MAŁE        | POL      |   | 92      | M20/20             | (M)67  | 00:40:36  | 04.03    |
| 21                            | 816    | CICHY Mateusz         | KALISZ              | POL      |   | 91      | M20/21             | (M)76  | 00:41:08  | 04.06    |
| 22                            | 227    | KACZMAREK Mateusz     | OSTRÓW WIELKOPOLSKI | POL      | TEAM BARDZO                                   | 91      | M20/22             | (M)82  | 00:41:29  | 04.08    |
| 23                            | 845    | SZYCH Dawid           | OSTRÓW WIELKOPOLSKI | POL      | KB CZARNE WILKI                               | 89      | M20/23             | (M)88  | 00:41:45  | 04.10    |
| 24                            | 640    | GRZĘDA Maciej         | OSTRÓW WIELKOPOLSKI | POL      |   | 90      | M20/24             | (M)93  | 00:41:56  | 04.11    |
| 25                            | 600    | WOJCIECHOWSKI Mateusz | PRZYGODZICE         | POL      |   | 88      | M20/25             | (M)94  | 00:41:56  | 04.11    |
| 26                            | 487    | KORYCIAK Olaf         | OSTRÓW WIELKOPOLSKI | POL      | KS ICE MAT TEAM OSTRÓW WIELKOPOLSKI           | 96      | M20/26             | (M)102 | 00:42:27  | 04.14    |
| 27                            | 596    | SUDOLSKI Dawid        | FRANKLINÓW          | POL      |   | 93      | M20/27             | (M)104 | 00:42:30  | 04.15    |
| 28                            | 379    | KLIMCZAK Jacek        | ŻERKÓW              | POL      | RUN ŻERKÓW RUN                                | 90      | M20/28             | (M)107 | 00:42:38  | 04.15    |
| 29                            | 571    | WOJCIESZAK Przemysław | KALISZ              | POL      |   | 95      | M20/29             | (M)109 | 00:42:49  | 04.16    |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team                               | R-k<br>YoB | W kategorii<br>in Age | Sex    | Czas<br>Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|---|------------|-----------------------|--------|--------------|----------|
| 30              | 253       | CICHOWSKI Wojciech      | PRZYGODZICE         | POL         | DAJESZBORA                                    | 92         | M20/30                | (M)112 | 00:42:53     | 04.17    |
| 31              | 351       | FLUDER Szymon           | DĘBNICA             | POL         |   | 94         | M20/31                | (M)113 | 00:42:55     | 04.17    |
| 32              | 756       | UCIECHOWSKI Mateusz     | KROŚNICE            | POL         | MEO GROUP                                     | 93         | M20/32                | (M)116 | 00:42:57     | 04.17    |
| 33              | 467       | WOLSKI Marek            | OPALENICA           | POL         |   | 89         | M20/33                | (M)117 | 00:42:58     | 04.17    |
| 34              | 488       | LEBIEDZIŃSKI Wojciech   | BLIZANÓW            | POL         | WKURW_TEAM                                    | 92         | M20/34                | (M)119 | 00:43:01     | 04.18    |
| 35              | 353       | GMEREK Michał           | ZALESIE             | POL         | BIEGACZE JAROCIN                              | 89         | M20/35                | (M)125 | 00:43:14     | 04.19    |
| 36              | 148       | WYSOCKI Łukasz          | OSTRÓW WIELKOPOLSKI | POL         | TEAM BARDZO                                   | 91         | M20/36                | (M)126 | 00:43:18     | 04.19    |
| 37              | 443       | CIELUCH Wojciech        | OSTRÓW WIELKOPOLSKI | POL         |   | 94         | M20/37                | (M)127 | 00:43:22     | 04.20    |
| 38              | 739       | ZASAŃSKI Michał         | KOTLIN              | POL         | ROZ(BIEG)ANE BIAŁE TYGRYSY JAROCIN            | 96         | M20/38                | (M)133 | 00:43:43     | 04.22    |
| 39              | 374       | ANDRZEJCZAK Tomasz      | NOWE SKALMIERZYCE   | POL         | ZESPÓŁ SZKÓŁ TECHNICZNYCH OSTRÓW WIELKOPOLSKI | 89         | M20/39                | (M)140 | 00:44:02     | 04.24    |
| 40              | 328       | WYSOCKI Damian          | OSTRÓW WIELKOPOLSKI | POL         |   | 92         | M20/40                | (M)142 | 00:44:03     | 04.24    |
| 41              | 314       | DARDAS Piotr            | OSTRÓW WLKP.        | POL         |   | 92         | M20/41                | (M)143 | 00:44:04     | 04.24    |
| 42              | 656       | KONIECZNY Kamil         | KOBIERNO            | POL         |   | 97         | M20/42                | (M)144 | 00:44:07     | 04.24    |
| 43              | 10        | STASZEWSKI Bartłomiej   | KALISZ              | POL         | RAJSPORT ACTIVE                               | 89         | M20/43                | (M)155 | 00:44:14     | 04.25    |
| 44              | 213       | STAWIK Tomasz           | OSTRÓW WIELKOPOLSKI | POL         | CROSSFIT - OSTRÓW (RADŁOWSKA)                 | 88         | M20/44                | (M)161 | 00:44:18     | 04.25    |
| 45              | 425       | GRĄBKOWSKI Krzysztof    | LUTUTÓW             | POL         |   | 91         | M20/45                | (M)164 | 00:44:26     | 04.26    |
| 46              | 517       | DRYJAŃSKI Szymon        | KALISZ              | POL         |   | 90         | M20/46                | (M)165 | 00:44:29     | 04.26    |
| 47              | 841       | SCHUBERT Robert         | TARCHAŁY WIELKIE    | POL         |   | 94         | M20/47                | (M)175 | 00:44:40     | 04.28    |
| 48              | 504       | WAWRZYŃIAK Michał       | OSTRÓW WIELKOPOLSKI | POL         | KS ICE MAT TEAM OSTRÓW WIELKOPOLSK            | 81         | M20/48                | (M)183 | 00:44:53     | 04.29    |
| 49              | 542       | REJ Jakub               | KALISZ              | POL         | USZANOWANKO :)                                | 92         | M20/49                | (M)194 | 00:45:11     | 04.31    |
| 50              | 565       | SZAŁATA Adrian          | KROTOSZYN           | POL         | KB CZARNE WILKI                               | 89         | M20/50                | (M)195 | 00:45:13     | 04.31    |
| 51              | 548       | BŁĄŻEJEWSKI Przemysław  | TULISZKÓW           | POL         | MVM   | 90         | M20/51                | (M)196 | 00:45:14     | 04.31    |
| 52              | 647       | SZYMCZAK Hubert         | OSTRZESZÓW          | POL         |   | 93         | M20/52                | (M)199 | 00:45:16     | 04.31    |
| 53              | 766       | BIAŁKOWSKI Tomasz       | OSTRÓW WIELKOPOLSKI | POL         |   | 93         | M20/53                | (M)202 | 00:45:17     | 04.31    |
| 54              | 361       | PARZONKA Maciek         | KĘPNO               | POL         | KS LENIWIEC                                   | 92         | M20/54                | (M)203 | 00:45:20     | 04.32    |
| 55              | 44        | PERZ Grzegorz           | OSTRÓW WIELKOPOLSKI | POL         | KR CHAOS POZNAŃ                               | 91         | M20/55                | (M)205 | 00:45:23     | 04.32    |
| 56              | 663       | SROKA Mateusz           | OSTRÓW WIELKOPOLSKI | POL         | POLKURIER                                     | 89         | M20/56                | (M)212 | 00:45:31     | 04.33    |
| 57              | 223       | ANDRUSZKIEWICZ Krystian | OSTRÓW WIELKOPOLSKI | POL         |   | 97         | M20/57                | (M)222 | 00:45:48     | 04.34    |
| 58              | 224       | KOSIK Łukasz            | OSTRZESZÓW          | POL         | AKTYWNY OSTRZESZÓW                            | 91         | M20/58                | (M)231 | 00:45:58     | 04.35    |
| 59              | 90        | SUSKI Patryk            | OSTRÓW WIELKOPOLSKI | POL         |   | 89         | M20/59                | (M)233 | 00:46:10     | 04.37    |
| 60              | 43        | PACZESNY Michał         | KALISZ              | POL         |   | 92         | M20/60                | (M)234 | 00:46:11     | 04.37    |
| 61              | 796       | WALCZAK Jakub           | SIEROSZEWICE        | POL         |   | 93         | M20/61                | (M)235 | 00:46:12     | 04.37    |
| 62              | 222       | WECKWERTH Łukasz        | OSTRÓW WIELKOPOLSKI | POL         | KS MARATON OSTRÓW WIELKOPOLSKI                | 92         | M20/62                | (M)237 | 00:46:14     | 04.37    |
| 63              | 783       | MATILLEK Miłosz         | MIĘDZYBÓRZ          | POL         | VERVOMANIACY                                  | 89         | M20/63                | (M)252 | 00:46:40     | 04.40    |
| 64              | 337       | PRZYBYŁ Łukasz          | OSTRÓW WIELKOPOLSKI | POL         |   | 88         | M20/64                | (M)258 | 00:46:49     | 04.40    |
| 65              | 262       | ZYBAŁA Jarosław         | OSTRÓW WIELKOPOLSKI | POL         |   | 89         | M20/65                | (M)269 | 00:47:00     | 04.42    |
| 66              | 259       | WCZESNY Mateusz         | ODOLANÓW            | POL         |   | 91         | M20/66                | (M)270 | 00:47:01     | 04.42    |
| 67              | 152       | GRAD Adrian             | OSTRÓW WIELKOPOLSKI | POL         |   | 93         | M20/67                | (M)274 | 00:47:11     | 04.43    |
| 68              | 669       | ZYMNY Daniel            | DOBRZYCA            | POL         |   | 89         | M20/68                | (M)275 | 00:47:14     | 04.43    |
| 69              | 566       | SZYMAŃSKI Łukasz        | ODOLANÓW            | POL         |   | 88         | M20/69                | (M)276 | 00:47:15     | 04.43    |
| 70              | 242       | ŚMIŁOWICZ Miłosz        | OSTRÓW WLKP         | POL         | GPO   | 88         | M20/70                | (M)287 | 00:47:27     | 04.44    |
| 71              | 440       | TOMCZAK Dawid           | OSTRÓW WIELKOPOLSKI | POL         |   | 97         | M20/71                | (M)289 | 00:47:32     | 04.45    |
| 72              | 317       | JURGA Piotr             | OSTRÓW WIELKOPOLSKI | POL         |   | 88         | M20/72                | (M)291 | 00:47:37     | 04.45    |
| 73              | 371       | WOJTASIAK Piotr         | JAROCIN             | POL         | BIEGACZE JAROCIN                              | 92         | M20/73                | (M)292 | 00:47:38     | 04.45    |
| 74              | 88        | KURZAWA Michał          | SIEROSZEWICE        | POL         |   | 90         | M20/74                | (M)293 | 00:47:40     | 04.46    |
| 75              | 874       | PIETROWSKI Miłosz       | OSTRZESZÓW          | POL         |   | 90         | M20/75                | (M)298 | 00:47:47     | 04.46    |
| 76              | 768       | BIERNACKI Adrian        | OSTRÓW WIELKOPOLSKI | POL         |   | 90         | M20/76                | (M)303 | 00:47:51     | 04.47    |
| 77              | 145       | KARKOSZKA Marcin        | MASANÓW             | POL         |   | 90         | M20/77                | (M)311 | 00:48:07     | 04.48    |
| 78              | 87        | KĄŻMIERCZAK Piotr       | OSTRÓW WIELKOPOLSKI | POL         | KB CZARNE WILKI                               | 90         | M20/78                | (M)313 | 00:48:09     | 04.48    |
| 79              | 782       | MALMUR Patryk           | RASZKÓW             | POL         |   | 95         | M20/79                | (M)315 | 00:48:11     | 04.49    |
| 80              | 1         | HANDZLIK Łukasz         | TOPOLA MAŁA         | POL         |   | 90         | M20/80                | (M)317 | 00:48:13     | 04.49    |
| 81              | 98        | SZYMANOWSKI Paweł       | OSTRÓW WIELKOPOLSKI | POL         |   | 88         | M20/81                | (M)324 | 00:48:27     | 04.50    |
| 82              | 117       | BIERNAT Piotr           | KALISZ              | POL         |   | 91         | M20/82                | (M)329 | 00:48:35     | 04.51    |
| 83              | 63        | KUZIEMSKI Tomasz        | OSTRÓW WLKP         | POL         | KS MARATON OSTRÓW WIELKOPOLSKI                | 89         | M20/83                | (M)333 | 00:48:40     | 04.52    |
| 84              | 69        | WAŁĘSIAK Tomasz         | JAROCIN             | POL         |   | 92         | M20/84                | (M)338 | 00:48:44     | 04.52    |
| 85              | 439       | SZAROLETA Michał        | OSTRÓW WIELKOPOLSKI | POL         | JAROSŁAW SZAROLETA CNC                        | 92         | M20/85                | (M)351 | 00:49:05     | 04.54    |
| 86              | 767       | BIELAWNY Paweł          | ROZDRAŻEW           | POL         | KOŹMIN BIEGA                                  | 90         | M20/86                | (M)352 | 00:49:05     | 04.54    |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City    | Kraj Nat | Drużyna Team                      | R-k YoB | W kategorii in Age | Sex    | Czas Time | [min/km] |
|--------------|--------|----------------------|---------------------|----------|-----------------------------------|---------|--------------------|--------|-----------|----------|
| 87           | 55     | ADAMEK Gracjan       | OSTRÓW WIELKOPOLSKI | POL      |                                   | 88      | M20/87             | (M)358 | 00:49:13  | 04.55    |
| 88           | 689    | BERGER Paweł         | OSTRÓW WIELKOPOLSKI | POL      |                                   | 88      | M20/88             | (M)396 | 00:50:17  | 05.01    |
| 89           | 245    | FRANKA Mateusz       | NABYSZYCE           | POL      |                                   | 93      | M20/89             | (M)403 | 00:50:33  | 05.03    |
| 90           | 896    | STASZAK Łukasz       | CZERMIN             | POL      |                                   | 92      | M20/90             | (M)404 | 00:50:33  | 05.03    |
| 91           | 746    | KLECZEWSKI Adam      | KALISZ              | POL      |                                   | 94      | M20/91             | (M)407 | 00:50:38  | 05.03    |
| 92           | 460    | FOLTYNIEWICZ Michał  | POZNAŃ              | POL      |                                   | 92      | M20/92             | (M)411 | 00:50:46  | 05.04    |
| 93           | 786    | NOWAK Rafał          | OSTRÓW WIELKOPOLSKI | POL      |                                   | 89      | M20/93             | (M)417 | 00:50:57  | 05.05    |
| 94           | 75     | BOGACZYK Piotr       | OSTRÓW WIELKOPOLSKI | POL      |                                   | 95      | M20/94             | (M)423 | 00:51:08  | 05.06    |
| 95           | 336    | PŁOMIŃSKI Patryk     | OSTRÓW WIELKOPOLSKI | POL      | PLAYARENA OSTRÓW                  | 92      | M20/95             | (M)431 | 00:51:21  | 05.08    |
| 96           | 311    | ZIAJKA Michał        | OSTRÓW WIELKOPOLSKI | POL      |                                   | 94      | M20/96             | (M)451 | 00:51:52  | 05.11    |
| 97           | 261    | WOJTCZAK Przemysław  | PLESZEW             | POL      |                                   | 92      | M20/97             | (M)471 | 00:52:26  | 05.14    |
| 98           | 120    | KURZAWA Piotr        | OSTRÓW WIELKOPOLSKI | POL      | DOBIEGNIESZ                       | 93      | M20/98             | (M)475 | 00:52:38  | 05.15    |
| 99           | 32     | JARCZYŃSKI Piotr     | OSTRÓW WIELKOPOLSKI | POL      | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | 89      | M20/99             | (M)483 | 00:53:09  | 05.18    |
| 100          | 77     | DZIECIOL Adrian      | OCIAŻ               | POL      |                                   | 92      | M20/100            | (M)492 | 00:53:28  | 05.20    |
| 101          | 14     | BEDNAREK Paweł       | LEWKÓW              | POL      | NIGHT RUNNERS                     | 90      | M20/101            | (M)495 | 00:53:42  | 05.22    |
| 102          | 25     | WOŹNIAK Piotr        | OSTRÓW WIELKOPOLSKI | POL      |                                   | 88      | M20/102            | (M)496 | 00:53:43  | 05.22    |
| 103          | 650    | CZAJKA Tomasz        | KARMINEK            | POL      |                                   | 88      | M20/103            | (M)502 | 00:53:53  | 05.23    |
| 104          | 867    | ŁUCZAK Jakub         | MALANÓW             | POL      | #NIEBIEGAMBOLUBIE                 | 93      | M20/104            | (M)514 | 00:54:19  | 05.25    |
| 105          | 124    | KASPRZAK Mateusz     | OSTRÓW WIELKOPOLSKI | POL      |                                   | 90      | M20/105            | (M)518 | 00:54:28  | 05.26    |
| 106          | 862    | GÓRNY Dominik        | OSTRÓW WIELKOPOLSKI | POL      |                                   | 97      | M20/106            | (M)520 | 00:54:32  | 05.27    |
| 107          | 70     | WAWROCKI Sebastian   | OSTRÓW WIELKOPOLSKI | POL      |                                   | 91      | M20/107            | (M)526 | 00:55:08  | 05.30    |
| 108          | 228    | PROKOP Maciej        | ODOLANÓW            | POL      |                                   | 91      | M20/108            | (M)531 | 00:55:15  | 05.31    |
| 109          | 15     | GRZESIAK Paweł       | KOCINA              | POL      | AKB NIEZALEŻNI.PL SOŚNIE          | 92      | M20/109            | (M)540 | 00:55:45  | 05.34    |
| 110          | 498    | SOBCZAK Dominik      | BLIZANÓW            | POL      |                                   | 94      | M20/110            | (M)548 | 00:56:20  | 05.38    |
| 111          | 728    | ORZECHOWSKI Mateusz  | OSTRÓW WIELKOPOLSKI | POL      |                                   | 94      | M20/111            | (M)557 | 00:56:47  | 05.40    |
| 112          | 668    | ZELENT Adrian        | TUREK               | POL      | PKB KMP KALISZ                    | 91      | M20/112            | (M)577 | 00:58:21  | 05.50    |
| 113          | 437    | KOMOROWSKI Piotr     | OSTRÓW WIELKOPOLSKI | POL      | WŚCIEKŁE PSY                      | 90      | M20/113            | (M)588 | 00:59:13  | 05.55    |
| 114          | 758    | WOLNY Konrad         | ZALASEWO            | POL      |                                   | 89      | M20/114            | (M)597 | 01:00:29  | 06.02    |
| 115          | 822    | GRABOWSKI Mateusz    | ŚRODA ŚLĄSKA        | POL      | WATAHA                            | 88      | M20/115            | (M)604 | 01:02:27  | 06.14    |

### Bieg 10 km - M30 [225]

|    |     |                       |                     |     |                      |    |        |       |          |       |
|----|-----|-----------------------|---------------------|-----|----------------------|----|--------|-------|----------|-------|
| 1  | 741 | BLAHODIR Yuriy        | OSTROW WLKP         | UKR | RAKETA KOSMOS        | 81 | M30/1  | (M)3  | 00:33:28 | 03.20 |
| 2  | 431 | WITKOWSKI Marcin      | KROTOSZYN           | POL | KB CZARNE WILKI      | 85 | M30/2  | (M)5  | 00:33:56 | 03.23 |
| 3  | 639 | GÓRNY Krzysztof       | KALISZ              | POL | WWW.CENTRALNE.CO     | 78 | M30/3  | (M)9  | 00:34:50 | 03.28 |
| 4  | 559 | PRZERWA Michał        | ODOLANÓW            | POL | RAKETA KOSMOS        | 87 | M30/4  | (M)10 | 00:34:59 | 03.29 |
| 5  | 450 | PAWLAK Konrad         | KALISZ              | POL | SUPERMARATON KALISZ  | 83 | M30/5  | (M)15 | 00:36:22 | 03.37 |
| 6  | 799 | DRAB Adrian           | KALISZ              | POL | UNIT MARTOMBIKE TEAM | 83 | M30/6  | (M)16 | 00:36:29 | 03.38 |
| 7  | 811 | SZYMAŃSKI Krzysztof   | OSTRÓW WLKP.        | POL |                      | 83 | M30/7  | (M)17 | 00:36:47 | 03.40 |
| 8  | 35  | KANIEWSKI Błażej      | RASZKÓW             | POL | NIGHT RUNNERS        | 86 | M30/8  | (M)20 | 00:37:03 | 03.42 |
| 9  | 718 | KOMOROWSKI Karol      | TRZEBNICA           | POL | RAKETA KOSMOS        | 82 | M30/9  | (M)30 | 00:38:07 | 03.48 |
| 10 | 754 | SUMIN Aleksandr       | WINNICA             | UKR | RAKETA KOSMOS        | 87 | M30/10 | (M)31 | 00:38:09 | 03.48 |
| 11 | 383 | WRÓBLEWSKI Sławomir   | SOBIAŁKOWO          | POL | SOMAPOL              | 79 | M30/11 | (M)32 | 00:38:14 | 03.49 |
| 12 | 451 | PIETRZYŃSKI Bartosz   | KALISZ              | POL | SUPERMARATON KALISZ  | 81 | M30/12 | (M)36 | 00:38:26 | 03.50 |
| 13 | 696 | MARKOWSKI Sebastian   | MILICZ              | POL | RUNNING TEAM MILICZ  | 85 | M30/13 | (M)37 | 00:38:37 | 03.51 |
| 14 | 392 | SOBIŃSKI Sławomir     | GOSZCZ              | POL |                      | 79 | M30/14 | (M)44 | 00:39:11 | 03.54 |
| 15 | 853 | WODNICKI Łukasz       | TWARDOGÓRA          | POL |                      | 86 | M30/15 | (M)45 | 00:39:12 | 03.55 |
| 16 | 593 | PORZUCEK Łukasz       | RAWICZ              | POL | ROZBIEGANY RAWICZ    | 78 | M30/16 | (M)46 | 00:39:15 | 03.55 |
| 17 | 384 | ZĄBCZYŃSKI Dawid      | KOŹMINEK            | POL |                      | 80 | M30/17 | (M)47 | 00:39:26 | 03.56 |
| 18 | 507 | ANDRZEJEWSKI Marcin   | KALISZ              | POL | PROJEKT 104040       | 78 | M30/18 | (M)50 | 00:39:29 | 03.56 |
| 19 | 409 | SITEK Waldemar        | BUKOWNICA           | POL | OPATOW BIEGA         | 81 | M30/19 | (M)51 | 00:39:29 | 03.56 |
| 20 | 401 | KEMPIŃSKI Marcin      | OSTRÓW WLKP         | POL |                      | 78 | M30/20 | (M)57 | 00:40:18 | 04.01 |
| 21 | 217 | DROBNIK Błażej        | OPALENICA           | POL | PROMIEN OPALENICA    | 87 | M30/21 | (M)60 | 00:40:22 | 04.02 |
| 22 | 713 | BŁASZCZYK Michał      | OSTRÓW WIELKOPOLSKI | POL |                      | 82 | M30/22 | (M)62 | 00:40:25 | 04.02 |
| 23 | 360 | MADRZEJEWSKI Tomasz   | OLSZOWA             | POL | KS LENIWIEC          | 78 | M30/23 | (M)63 | 00:40:25 | 04.02 |
| 24 | 412 | STOJANOWSKI Krzysztof | WTÓREK              | POL | -SPEEDWAY-           | 79 | M30/24 | (M)65 | 00:40:30 | 04.03 |
| 25 | 666 | TULACZ Bohdan         | OPATÓWEK            | POL | KP BŁASZKI           | 79 | M30/25 | (M)69 | 00:40:38 | 04.03 |
| 26 | 322 | NIŚKIEWICZ Piotr      | DANISZYN            | POL | OSP DANISZYN         | 87 | M30/26 | (M)70 | 00:40:44 | 04.04 |
| 27 | 725 | MAŁOLEPSZY Waldemar   | KĘPNO               | POL | KS LENIWIEC          | 84 | M30/27 | (M)72 | 00:40:51 | 04.05 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City    | Kraj Nat | Drużyna Team                       | R-k YoB | W kategorii in Age | Sex    | Czas Time | [min/km] |
|--------------|--------|----------------------|---------------------|----------|------------------------------------|---------|--------------------|--------|-----------|----------|
| 28           | 376    | CEGLAREK Przemysław  | OSTRÓW WIELKOPOLSKI | POL      | KS ICE MAT TEAM OSTRÓW WIELKOPOLSK | B3      | M30/28             | (M)73  | 00:40:58  | 04.05    |
| 29           | 889    | MATYSIAK Łukasz      | KOBYLA GÓRA         | POL      | KOBYLA GÓRA                        |         | M30/29             | (M)75  | 00:41:00  | 04.06    |
| 30           | 750    | POPLAWSKI Tomasz     | WROCLAW             | POL      |                                    |         | M30/30             | (M)80  | 00:41:21  | 04.08    |
| 31           | 296    | WRÓBEL Marcin        | KĘPNO               | POL      | KS LENIWIEC                        |         | M30/31             | (M)81  | 00:41:27  | 04.08    |
| 32           | 472    | BALCERZAK Marcin     | GOŁUCHÓW            | POL      |                                    |         | M30/32             | (M)84  | 00:41:31  | 04.09    |
| 33           | 701    | RATAJCZAK Marcin     | KOTLIN              | POL      |                                    |         | M30/33             | (M)91  | 00:41:54  | 04.11    |
| 34           | 104    | WITCZAK Grzegorz     | KOŹMIN WIELKOPOLSKI | POL      | KOŹMIN BIEGA                       |         | M30/34             | (M)97  | 00:42:09  | 04.12    |
| 35           | 52     | WIERZCHOWSKI Adam    | KALISZ              | POL      | SUPERMARATON KALISZ                |         | M30/35             | (M)99  | 00:42:14  | 04.13    |
| 36           | 53     | WIKIERSKI Łukasz     | POZNAŃ              | POL      | GB WIELKOPOLSCY BIEGACZE           |         | M30/36             | (M)103 | 00:42:27  | 04.14    |
| 37           | 343    | KOŁODZIEJ Adam       | OSTRÓW WIELKOPOLSKI | POL      | KS MARATON OSTRÓW WIELKOPOLSKI     |         | M30/37             | (M)108 | 00:42:42  | 04.16    |
| 38           | 892    | SZYSZKA Tomasz       | MILICZ              | POL      |                                    |         | M30/38             | (M)110 | 00:42:51  | 04.17    |
| 39           | 804    | NOWAK Krzysztof      | KALISZ              | POL      | KALISZ                             |         | M30/39             | (M)128 | 00:43:22  | 04.20    |
| 40           | 705    | STEMPNIAK Daniel     | OSTRÓW WIELKOPOLSKI | POL      | KS MARATON OSTRÓW WIELKOPOLSKI     |         | M30/40             | (M)130 | 00:43:31  | 04.21    |
| 41           | 813    | BALCER Marcin        | PLESZEW             | POL      |                                    |         | M30/41             | (M)132 | 00:43:43  | 04.22    |
| 42           | 168    | PONITKA Paweł        | LEWKÓW              | POL      |                                    |         | M30/42             | (M)134 | 00:43:45  | 04.22    |
| 43           | 659    | MATYSIAK Daniel      | BUGAJ               | POL      |                                    |         | M30/43             | (M)135 | 00:43:46  | 04.22    |
| 44           | 710    | ADAMEK Karol         | PLESZEW             | POL      | TEAM PLESZEW                       |         | M30/44             | (M)136 | 00:43:46  | 04.22    |
| 45           | 692    | JUREK Maciej         | KALISZ              | POL      | PÓŁ MARSZEM PÓŁ SERIO              |         | M30/45             | (M)137 | 00:43:53  | 04.23    |
| 46           | 365    | SÓLTYSIAK Marek      | KOKANIN             | POL      |                                    |         | M30/46             | (M)147 | 00:44:07  | 04.24    |
| 47           | 135    | JANIAK Piotr         | OSTRÓW WIELKOPOLSKI | POL      | ORANGE POLSKA                      |         | M30/47             | (M)150 | 00:44:08  | 04.24    |
| 48           | 282    | BILSKI Przemysław    | OSTRÓW WIELKOPOLSKI | POL      | KS MARATON OSTRÓW WIELKOPOLSKI     |         | M30/48             | (M)154 | 00:44:14  | 04.25    |
| 49           | 130    | BARAŃSKI Łukasz      | TOPOLA MAŁA         | POL      |                                    |         | M30/49             | (M)156 | 00:44:15  | 04.25    |
| 50           | 147    | NAGLAK Łukasz        | KOŹMIN              | POL      | KOŹMIN BIEGA                       |         | M30/50             | (M)159 | 00:44:17  | 04.25    |
| 51           | 586    | KAPUT Piotr          | TRZEBNICA           | POL      | INSPIRION POLSKA                   |         | M30/51             | (M)162 | 00:44:24  | 04.26    |
| 52           | 331    | BINEK Mariusz        | OSTRÓW WIELKOPOLSKI | POL      |                                    |         | M30/52             | (M)163 | 00:44:25  | 04.26    |
| 53           | 139    | BOROWIAK Maciej      | KALISZ              | POL      | WOZIMYSIE.PL / BREWA               |         | M30/53             | (M)166 | 00:44:30  | 04.27    |
| 54           | 465    | PERA Mariusz         | PLESZEW             | POL      |                                    |         | M30/54             | (M)167 | 00:44:30  | 04.27    |
| 55           | 327    | WIATRAK Marcin       | LEWKÓW              | POL      |                                    |         | M30/55             | (M)169 | 00:44:32  | 04.27    |
| 56           | 607    | DUDA Tomasz          | JAROCIN             | POL      |                                    |         | M30/56             | (M)174 | 00:44:36  | 04.27    |
| 57           | 167    | KRZYWIK Paweł        | NOWE SKALMIERZYCE   | POL      |                                    |         | M30/57             | (M)176 | 00:44:43  | 04.28    |
| 58           | 165    | MOŁODECKI Paweł      | OSTRÓW WIELKOPOLSKI | POL      |                                    |         | M30/58             | (M)178 | 00:44:48  | 04.28    |
| 59           | 738    | WROŃSKI Michał       | KROTOSZYN           | POL      | KOPIECZKI RUNNERS                  |         | M30/59             | (M)180 | 00:44:51  | 04.29    |
| 60           | 829    | MAŁECKI Jacek        | KALISZ              | POL      |                                    |         | M30/60             | (M)186 | 00:44:58  | 04.29    |
| 61           | 292    | CICHARZEWSKI Marcin  | OSTRÓW WIELKOPOLSKI | POL      | ABC GŁOGOWA                        |         | M30/61             | (M)187 | 00:45:01  | 04.30    |
| 62           | 463    | KASPRZAK Kornel      | OSTRÓW WIELKOPOLSKI | POL      |                                    |         | M30/62             | (M)190 | 00:45:02  | 04.30    |
| 63           | 99     | DORUCH Mariusz       | KALISZ              | POL      |                                    |         | M30/63             | (M)192 | 00:45:06  | 04.30    |
| 64           | 40     | MAJEWSKI Piotr       | OSTRÓW WIELKOPOLSKI | POL      | 1983                               |         | M30/64             | (M)193 | 00:45:08  | 04.30    |
| 65           | 847    | TOMASZEK Szymon      | JANKÓW PRZYGDZKI    | POL      | #NIEBIEGAMBOLUBIE                  |         | M30/65             | (M)197 | 00:45:14  | 04.31    |
| 66           | 900    | JASIŃSKI Daniel      | BIEGANOWO           | POL      | NIGHT RUNNERS WRZEŚNIA             |         | M30/66             | (M)206 | 00:45:24  | 04.32    |
| 67           | 407    | PIETRZAK Mateusz     | ŁĄKOCINY            | POL      |                                    |         | M30/67             | (M)208 | 00:45:25  | 04.32    |
| 68           | 60     | HAJDZIONY Dawid      | JANKÓW PRZYGDZKI    | POL      |                                    |         | M30/68             | (M)210 | 00:45:27  | 04.32    |
| 69           | 523    | JARCZEWSKI Dominik   | KALISZ              | POL      |                                    |         | M30/69             | (M)211 | 00:45:28  | 04.32    |
| 70           | 333    | WASIELEWSKI Tomasz   | POZNAŃ              | POL      | ZADYSZKA.ORG                       |         | M30/70             | (M)213 | 00:45:33  | 04.33    |
| 71           | 20     | POPRAWA Michał       | OSTRÓW WLKP.        | POL      |                                    |         | M30/71             | (M)214 | 00:45:34  | 04.33    |
| 72           | 842    | SITEK Przemysław     | OSTRÓW WIELKOPOLSKI | POL      |                                    |         | M30/72             | (M)216 | 00:45:38  | 04.33    |
| 73           | 221    | PERZ Wojciech        | OSTRÓW WIELKOPOLSKI | POL      | BIWP                               |         | M30/73             | (M)219 | 00:45:45  | 04.34    |
| 74           | 4      | CELER Michał         | KALISZ              | POL      | RAJSPOORT ACTIVE                   |         | M30/74             | (M)220 | 00:45:46  | 04.34    |
| 75           | 125    | SKAŁECKI Przemysław  | UCIECHÓW            | POL      | KS LENIWIEC                        |         | M30/75             | (M)221 | 00:45:46  | 04.34    |
| 76           | 876    | POKORA Rafał         | KALISZ              | POL      | MCMXXV                             |         | M30/76             | (M)224 | 00:45:48  | 04.34    |
| 77           | 144    | JASZKIEWICZ Grzegorz | KALISZ              | POL      |                                    |         | M30/77             | (M)225 | 00:45:50  | 04.35    |
| 78           | 514    | DRAJER Sebastian     | OSTRÓW WIELKOPOLSKI | POL      |                                    |         | M30/78             | (M)227 | 00:45:55  | 04.35    |
| 79           | 178    | SUDOLSKI Marcin      | LEWKÓW              | POL      |                                    |         | M30/79             | (M)229 | 00:45:56  | 04.35    |
| 80           | 298    | GROBAREK Sebastian   | ODOLANÓW            | POL      |                                    |         | M30/80             | (M)230 | 00:45:57  | 04.35    |
| 81           | 241    | NOWICKI Michał       | OSTRÓW WLKP         | POL      | CROSSFIT - OSTRÓW (RADŁOWSKA)      |         | M30/81             | (M)243 | 00:46:24  | 04.38    |
| 82           | 897    | MIELCAREK Łukasz     | LUTOGNIEW           | POL      | LUTOGNIEW                          |         | M30/82             | (M)244 | 00:46:27  | 04.38    |
| 83           | 177    | STAWIK Bartosz       | OSTRÓW WIELKOPOLSKI | POL      | CROSSFIT - OSTRÓW (RADŁOWSKA)      |         | M30/83             | (M)245 | 00:46:30  | 04.39    |
| 84           | 821    | GAŚCZAK Mariusz      | KĘPNO               | POL      | KS LENIWIEC                        |         | M30/84             | (M)247 | 00:46:35  | 04.39    |
| 85           | 239    | MŁODOŻENIAK Michał   | OSTRÓW WIELKOPOLKI  | POL      |                                    |         | M30/85             | (M)251 | 00:46:39  | 04.39    |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team                    | R-k<br>YoB | W kategorii<br>in Age | Sex    | Czas<br>Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|------------------------------------|------------|-----------------------|--------|--------------|----------|
| 86              | 153       | KOPRAS Dominik          | GORZYCE WIELKIE     | POL         | KOPER TEAM                         | 81         | M30/86                | (M)253 | 00:46:42     | 04.40    |
| 87              | 759       | WOSIEK Maciej           | TRZEBNICA           | POL         | WKURW_TEAM                         | 87         | M30/87                | (M)255 | 00:46:44     | 04.40    |
| 88              | 232       | GIERZ Jarosław          | OSTRÓW WLKP.        | POL         | JAGODOWA                           | 79         | M30/88                | (M)257 | 00:46:48     | 04.40    |
| 89              | 137       | WITCZAK Maciej          | KALISZ              | POL         |                                    | 78         | M30/89                | (M)261 | 00:46:51     | 04.41    |
| 90              | 553       | KĘSZKA Piotr            | KALISZ              | POL         | TATOBIEGA.PL                       | 78         | M30/90                | (M)262 | 00:46:51     | 04.41    |
| 91              | 438       | PARFIENOWICZ Tomasz     | OSTRÓW WIELKOPOLSKI | POL         |                                    | 79         | M30/91                | (M)264 | 00:46:55     | 04.41    |
| 92              | 350       | DOMAGAŁA Łukasz         | OSTRÓW WIELKOPOLSKI | POL         |                                    | 87         | M30/92                | (M)265 | 00:46:56     | 04.41    |
| 93              | 736       | STARUCH Mariusz         | BOLESŁAWIEC         | POL         |                                    | 78         | M30/93                | (M)267 | 00:46:57     | 04.41    |
| 94              | 403       | ŁĘCKI Mariusz           | WTÓREK              | POL         | MARIUSZ ŁĘCKI                      | 79         | M30/94                | (M)272 | 00:47:01     | 04.42    |
| 95              | 868       | MAJEWSKI Zbigniew       | KROBIA              | POL         | BIEGAJ Z KROBIĄ                    | 85         | M30/95                | (M)277 | 00:47:17     | 04.43    |
| 96              | 606       | DONAT Robert            | KALISZ              | POL         | PARKRUN KALISZ                     | 85         | M30/96                | (M)278 | 00:47:19     | 04.43    |
| 97              | 275       | KRÓL Łukasz             | PRZYGODZICE         | POL         |                                    | 85         | M30/97                | (M)279 | 00:47:19     | 04.43    |
| 98              | 12        | WIENCEK Marcin          | JAROCIN             | POL         | BIEGACZE JAROCIN                   | 86         | M30/98                | (M)280 | 00:47:21     | 04.44    |
| 99              | 430       | RATAJCZAK Marcin        | POZNAŃ              | POL         |                                    | 87         | M30/99                | (M)281 | 00:47:21     | 04.44    |
| 100             | 385       | FLUDER Roman            | DĘBNICA             | POL         |                                    | 87         | M30/100               | (M)285 | 00:47:27     | 04.44    |
| 101             | 42        | OLEJNICZAK Arkadiusz    | OSTRÓW WIELKOPOLSKI | POL         |                                    | 78         | M30/101               | (M)286 | 00:47:27     | 04.44    |
| 102             | 697       | MIKOŚ Jarosław          | BARANÓW             | POL         | KS LENIWIEC                        | 85         | M30/102               | (M)290 | 00:47:34     | 04.45    |
| 103             | 389       | LEŚNIEWSKI Jarosław     | PLESZEW             | POL         | TEAM PLESZEW                       | 87         | M30/103               | (M)295 | 00:47:42     | 04.46    |
| 104             | 411       | SPYCHALSKI Adrian       | PLESZEW             | POL         | TEAM PLESZEW                       | 79         | M30/104               | (M)296 | 00:47:42     | 04.46    |
| 105             | 187       | GRUCHALSKI Łukasz       | OSTRÓW WLKP.        | POL         |                                    | 82         | M30/105               | (M)297 | 00:47:45     | 04.46    |
| 106             | 203       | BUTOWICZ Paweł          | POZNAŃ              | POL         |                                    | 81         | M30/106               | (M)301 | 00:47:50     | 04.47    |
| 107             | 11        | WIENCEK Artur           | OSTRÓW WIELKOPOLSKI | POL         | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI  | 81         | M30/107               | (M)302 | 00:47:50     | 04.47    |
| 108             | 616       | SRADOMSKI Artur         | KALISZ              | POL         | SEMIRA                             | 83         | M30/108               | (M)304 | 00:47:54     | 04.47    |
| 109             | 320       | KOZAK Tomasz            | OSTRÓW WIELKOPOLSKI | POL         |                                    | 79         | M30/109               | (M)305 | 00:47:55     | 04.47    |
| 110             | 808       | SITAREK Krzysztof       | OSTROW WLKP         | POL         |                                    | 85         | M30/110               | (M)308 | 00:47:57     | 04.47    |
| 111             | 772       | HAFT Roman              | OSTROW              | POL         |                                    | 81         | M30/111               | (M)309 | 00:48:02     | 04.48    |
| 112             | 244       | MICHALSKI Krzysztof     | OSTRÓW WLKP         | POL         |                                    | 87         | M30/112               | (M)316 | 00:48:11     | 04.49    |
| 113             | 856       | ZAJĄC Łukasz            | KROTOSZYN           | POL         |                                    | 80         | M30/113               | (M)318 | 00:48:15     | 04.49    |
| 114             | 699       | MOSKALIK Radosław       | JAROCIN             | POL         |                                    | 78         | M30/114               | (M)321 | 00:48:24     | 04.50    |
| 115             | 722       | KUBIAK Rafał            | KALISZ              | POL         |                                    | 85         | M30/115               | (M)323 | 00:48:26     | 04.50    |
| 116             | 375       | BĘCKI Marcin            | KALISZ              | POL         | PKB KMP KALISZ                     | 79         | M30/116               | (M)325 | 00:48:29     | 04.50    |
| 117             | 435       | GAJNY Damian            | OSTRÓW WIELKOPOLSKI | POL         |                                    | 84         | M30/117               | (M)326 | 00:48:30     | 04.51    |
| 118             | 335       | KRYMARYS Owidiusz       | KALISZ              | POL         | KLUB PIWOWARÓW KALISKICH           | 80         | M30/118               | (M)331 | 00:48:39     | 04.51    |
| 119             | 39        | ŁUCZAK Marcin           | OSTRZESZÓW          | POL         |                                    | 80         | M30/119               | (M)337 | 00:48:43     | 04.52    |
| 120             | 887       | GRZESIAK Marcin         | OSTRZESZÓW          | POL         | AKTYWNY OSTRZESZÓW                 | 87         | M30/120               | (M)339 | 00:48:45     | 04.52    |
| 121             | 310       | WIETECZKA Leszek        | OSTRÓW WIELKOPOLSKI | POL         |                                    | 85         | M30/121               | (M)340 | 00:48:49     | 04.52    |
| 122             | 62        | KOSMAŁA Piotr           | OSTRÓW WLKP         | POL         | LECH POZNAŃ FC OSTRÓW              | 86         | M30/122               | (M)342 | 00:48:51     | 04.53    |
| 123             | 157       | PYTA Grzegorz           | PRZYGODZICE         | POL         | CROSSFIT - OSTRÓW (RADŁOWSKA)      | 81         | M30/123               | (M)344 | 00:48:57     | 04.53    |
| 124             | 475       | DRUZGA Mateusz          | SOŚNIE              | POL         | KORNIK LEŃ                         | 84         | M30/124               | (M)354 | 00:49:09     | 04.54    |
| 125             | 819       | GAJDA Jacek             | OSTRZESZÓW          | POL         | AKTYWNY OSTRZESZÓW                 | 81         | M30/125               | (M)357 | 00:49:12     | 04.55    |
| 126             | 54        | WRONKA Grzegorz         | OSTRÓW WIELKOPOLSKI | POL         |                                    | 79         | M30/126               | (M)361 | 00:49:16     | 04.55    |
| 127             | 150       | KUBASIK Tomasz          | LUBLINIEC           | POL         |                                    | 83         | M30/127               | (M)363 | 00:49:18     | 04.55    |
| 128             | 621       | WAWRZYŃIAK Piotr        | WYSOCKO MAŁE        | POL         |                                    | 83         | M30/128               | (M)364 | 00:49:23     | 04.56    |
| 129             | 114       | KŁOPOCKI Tomasz         | KROTOSZYN           | POL         | KROTOSZYŃSKA GRUPA BIEGOWA         | 84         | M30/129               | (M)365 | 00:49:24     | 04.56    |
| 130             | 872       | OLEJNIK Daniel          | OSTRÓW WIELKOPOLSKI | POL         | #RUN#FORREST#RUN                   | 78         | M30/130               | (M)369 | 00:49:30     | 04.57    |
| 131             | 787       | PIEJKO Tomasz           | KOŹMIN WIELKOPOLSKI | POL         | KOŹMIN BIEGA                       | 81         | M30/131               | (M)370 | 00:49:31     | 04.57    |
| 132             | 603       | BOCZEK Marcin           | KALISZ              | POL         | ALPAR.PL                           | 78         | M30/132               | (M)373 | 00:49:36     | 04.57    |
| 133             | 859       | CIERZŃIAK Damian        | CHOCZ               | POL         | DHU MOTO - DREAM                   | 87         | M30/133               | (M)383 | 00:49:50     | 04.59    |
| 134             | 785       | MRUGALSKI Mateusz       | OSTRZESZÓW          | POL         | AKTYWNY OSTRZESZÓW                 | 85         | M30/134               | (M)387 | 00:49:56     | 04.59    |
| 135             | 638       | GAŁĘSKI Damian          | MUROWANA GOŚLINA    | POL         | KLUB BIEGACZA KOMPANIA PIWOWARSKA  | 80         | M30/135               | (M)388 | 00:49:58     | 04.59    |
| 136             | 235       | CIEPLIK Marcin          | OSTRÓW WIELKOPOLSKI | POL         | CHYBA SZEDŁ                        | 80         | M30/136               | (M)389 | 00:50:02     | 05.00    |
| 137             | 206       | STACHOWIAK Arkadiusz    | GOSTYŃ              | POL         | ROZ(BIEG)ANE BIAŁE TYGRYSY JAROCIN | 80         | M30/137               | (M)391 | 00:50:04     | 05.00    |
| 138             | 599       | URBAŃSKI Grzegorz       | PIASKI              | POL         | C4                                 | 82         | M30/138               | (M)394 | 00:50:09     | 05.00    |
| 139             | 773       | HERMANN Sebastian       | OSTRÓW WIELKOPOLSKI | POL         |                                    | 85         | M30/139               | (M)397 | 00:50:20     | 05.02    |
| 140             | 163       | MAZGA Maciej            | OSTRÓW WIELKOPOLSKI | POL         | KS MARATON OSTRÓW WIELKOPOLSKI     | 79         | M30/140               | (M)398 | 00:50:21     | 05.02    |
| 141             | 307       | PŁÓCIENNIK Mateusz      | OSTRÓW WIELKOPOLSKI | POL         |                                    | 82         | M30/141               | (M)406 | 00:50:37     | 05.03    |
| 142             | 205       | MATCZAK Maciej          | ODOLANÓW            | POL         |                                    | 85         | M30/142               | (M)409 | 00:50:38     | 05.03    |
| 143             | 711       | ANTCZAK Andrzej         | KOTLIN              | POL         | KOTLIN                             | 82         | M30/143               | (M)410 | 00:50:38     | 05.03    |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City    | Kraj Nat | Drużyna Team                              | R-k YoB | W kategorii in Age | M      | Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|---------------------|----------|---|---------|--------------------|--------|-----|-----------|----------|
| 144          | 614    | RUPNICKI Krzysztof   | KALISZ              | POL      | COLIAN NA START                           | 83      | M30/144            | (M)412 |     | 00:50:47  | 05.04    |
| 145          | 109    | PLÓCIENNIK Krystian  | WTÓREK              | POL      |   | 86      | M30/145            | (M)413 |     | 00:50:47  | 05.04    |
| 146          | 457    | BŁASZCZYK Paweł      | OSTRÓW WIELKOPOLSKI | POL      | KLUB BIEGACZA KP                          | 81      | M30/146            | (M)414 |     | 00:50:54  | 05.05    |
| 147          | 779    | KUBIAK Grzegorz      | KALISZ              | POL      | DIETETYKA ANNA KUBIAK                     | 80      | M30/147            | (M)415 |     | 00:50:55  | 05.05    |
| 148          | 116    | SZYMANIEWICZ Damian  | OSTRÓW WIELKOPOLSKI | POL      |   | 87      | M30/148            | (M)416 |     | 00:50:56  | 05.05    |
| 149          | 707    | SZTRAPF Marcin       | ŻELAZKÓW            | POL      | MAJA I FRANEK                             | 81      | M30/149            | (M)420 |     | 00:51:01  | 05.06    |
| 150          | 297    | BARTKOWIAK Sławomir  | OSTRÓW WLKP.        | POL      | ATAMEDICA.PL                              | 81      | M30/150            | (M)421 |     | 00:51:04  | 05.06    |
| 151          | 641    | KALMARCZYK Piotr     | OSTRÓW WIELKOPOLSKI | POL      | K.S. FABRYKA BIEGANIA OSTRÓW WIELKOPOLSKI | 78      | M30/151            | (M)432 |     | 00:51:23  | 05.08    |
| 152          | 698    | MIŚ Mateusz          | OSTRÓW WIELKOPOLSKI | POL      |   | 87      | M30/152            | (M)433 |     | 00:51:24  | 05.08    |
| 153          | 651    | DERBICH Mariusz      | KOWALEW             | POL      | KLUB KOWALEW                              | 79      | M30/153            | (M)434 |     | 00:51:25  | 05.08    |
| 154          | 171    | ĆWIKLAK Bartosz      | OSTRÓW WIELKOPOLSKI | POL      |   | 86      | M30/154            | (M)437 |     | 00:51:30  | 05.09    |
| 155          | 827    | KRÓL Kamil           | ŚRODA ŚLĄSKA        | POL      |   | 87      | M30/155            | (M)438 |     | 00:51:32  | 05.09    |
| 156          | 568    | WILCZAK Tomasz       | SKALMIERZYCE        | POL      |   | 78      | M30/156            | (M)441 |     | 00:51:37  | 05.09    |
| 157          | 687    | WIENCEK Łukasz       | JAROCIN             | POL      | BIEGACZE JAROCIN                          | 79      | M30/157            | (M)442 |     | 00:51:38  | 05.09    |
| 158          | 747    | MATUSZAK Krzysztof   | PLESZEW             | POL      |   | 82      | M30/158            | (M)449 |     | 00:51:47  | 05.10    |
| 159          | 714    | CIERNIAK Maciej      | KOWALEW             | POL      |   | 78      | M30/159            | (M)450 |     | 00:51:49  | 05.10    |
| 160          | 706    | SYNOWIEC Patryk      | POZNAŃ              | POL      |   | 84      | M30/160            | (M)452 |     | 00:51:55  | 05.11    |
| 161          | 23     | WALIŃSKI Paweł       | OSTRÓW WIELKOPOLSKI | POL      | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI         | 81      | M30/161            | (M)453 |     | 00:51:57  | 05.11    |
| 162          | 800    | DRYMEL Piotr         | ŚW. KATARZYNA       | POL      |   | 83      | M30/162            | (M)454 |     | 00:51:57  | 05.11    |
| 163          | 212    | KRAWCZYK Mateusz     | OSTRÓW WLKP.        | POL      | URZĄD GMINY OSTRÓW WIELKOPOLSKI           | 86      | M30/163            | (M)455 |     | 00:51:58  | 05.11    |
| 164          | 176    | SPIŻAK Rafał         | OSTRÓW WIELKOPOLSKI | POL      |   | 80      | M30/164            | (M)456 |     | 00:51:59  | 05.11    |
| 165          | 368    | WEJMAN Bogumił       | STAWISZYN           | POL      | TOMAR TRANSPORT TEAM                      | 78      | M30/165            | (M)462 |     | 00:52:13  | 05.13    |
| 166          | 308    | PRZYWARCIAK Marcin   | PRZYGDZICE          | POL      |   | 80      | M30/166            | (M)463 |     | 00:52:14  | 05.13    |
| 167          | 519    | GÓRSKI Michał        | WROCLAW             | POL      |   | 83      | M30/167            | (M)466 |     | 00:52:20  | 05.14    |
| 168          | 855    | WORYMA Krzysztof     | OSTRZESZÓW          | POL      | KIKSHOW                                   | 83      | M30/168            | (M)467 |     | 00:52:22  | 05.14    |
| 169          | 251    | WRÓBEL Nikodem       | WYSOCKO WIELKIE     | POL      | SPARROW TEAM                              | 85      | M30/169            | (M)469 |     | 00:52:24  | 05.14    |
| 170          | 248    | PLUTA Dawid          | SIEDLEMIN           | POL      |   | 79      | M30/170            | (M)472 |     | 00:52:28  | 05.14    |
| 171          | 702    | SKOTNY Robert        | TRZEBNICA           | POL      | INSPIRION POLSKA                          | 80      | M30/171            | (M)481 |     | 00:53:05  | 05.18    |
| 172          | 598    | SZMAJA Sebastian     | KALISZ              | POL      | PKB KMP KALISZ                            | 79      | M30/172            | (M)484 |     | 00:53:10  | 05.19    |
| 173          | 716    | GÓRSKI Jarosław      | KALISZ              | POL      |   | 79      | M30/173            | (M)486 |     | 00:53:12  | 05.19    |
| 174          | 159    | DYBALSKI Łukasz      | KALISZ              | POL      |   | 83      | M30/174            | (M)491 |     | 00:53:23  | 05.20    |
| 175          | 456    | BARTNIK Michał       | OSTRÓW WLKP         | POL      | JAGODOWA                                  | 84      | M30/175            | (M)494 |     | 00:53:35  | 05.21    |
| 176          | 230    | WIERCIOCH Bartosz    | POZNAŃ              | POL      |   | 78      | M30/176            | (M)497 |     | 00:53:46  | 05.22    |
| 177          | 330    | BELCARZ Sławomir     | OSTRÓW WIELKOPOLSKI | POL      |   | 78      | M30/177            | (M)498 |     | 00:53:49  | 05.22    |
| 178          | 657    | KOWALCZYK Łukasz     | WROCLAW             | POL      | PKP INTERCITY WROCLAW                     | 84      | M30/178            | (M)499 |     | 00:53:50  | 05.23    |
| 179          | 414    | TOKARSKI Zbigniew    | KARSKI              | POL      |   | 83      | M30/179            | (M)501 |     | 00:53:53  | 05.23    |
| 180          | 398    | CZUL Tomasz          | OSTRÓW WLKP.        | POL      | SAJMON BOXING TEAM                        | 81      | M30/180            | (M)503 |     | 00:53:55  | 05.23    |
| 181          | 798    | BAKOWSKI Tomek       | WROCLAW             | POL      |   | 85      | M30/181            | (M)505 |     | 00:54:00  | 05.24    |
| 182          | 216    | CHŁOPAŚ Robert       | OSTRÓW WIELKOPOLSKI | POL      | GRAFICOLOR                                | 80      | M30/182            | (M)508 |     | 00:54:09  | 05.24    |
| 183          | 791    | SÓJKA Sebastian      | RADŁÓW              | POL      |   | 87      | M30/183            | (M)511 |     | 00:54:11  | 05.25    |
| 184          | 27     | CHMIELECKI Mateusz   | JANKÓW PRZYGDZKI    | POL      | KOCHAM MOJĄ ŻONĘ                          | 85      | M30/184            | (M)512 |     | 00:54:14  | 05.25    |
| 185          | 95     | PRECZ Piotr          | KARSKI              | POL      |   | 87      | M30/185            | (M)513 |     | 00:54:16  | 05.25    |
| 186          | 161    | KLUZA Tomasz         | MOGILNO             | POL      | NIGHT RUNNERS                             | 82      | M30/186            | (M)516 |     | 00:54:21  | 05.26    |
| 187          | 202    | ALEKSANDRZAK Rafal   | OSTROW WIELKOPOLSKI | POL      |   | 84      | M30/187            | (M)523 |     | 00:54:53  | 05.29    |
| 188          | 48     | URBAN Piotr          | OSTRÓW WIELKOPOLSKI | POL      |   | 84      | M30/188            | (M)524 |     | 00:54:59  | 05.29    |
| 189          | 652    | DURMAN Przemysław    | KOZMINEK            | POL      |   | 79      | M30/189            | (M)525 |     | 00:55:00  | 05.30    |
| 190          | 563    | SIERADZKI Paweł      | PLESZEW             | POL      |   | 80      | M30/190            | (M)529 |     | 00:55:15  | 05.31    |
| 191          | 83     | WIEŁA Wojciech       | OSTRÓW WIELKOPOLSKI | POL      |   | 84      | M30/191            | (M)532 |     | 00:55:20  | 05.32    |
| 192          | 19     | MATUSZAK Sebastian   | OSTRÓW WIELKOPOLSKI | POL      | POLICJA                                   | 84      | M30/192            | (M)534 |     | 00:55:29  | 05.32    |
| 193          | 101    | MACHNIK Roman        | OSTRÓW WIELKOPOLSKI | POL      |   | 83      | M30/193            | (M)536 |     | 00:55:31  | 05.33    |
| 194          | 80     | KOCIŃSKI Dominik     | RASZKÓW             | POL      |   | 82      | M30/194            | (M)537 |     | 00:55:34  | 05.33    |
| 195          | 764    | ADAMCZAK Tomasz      | PAWLOWICE           | POL      |   | 84      | M30/195            | (M)539 |     | 00:55:41  | 05.34    |
| 196          | 381    | NOWAK Filip          | KALISZ              | POL      |   | 82      | M30/196            | (M)547 |     | 00:56:19  | 05.37    |
| 197          | 97     | SZESZUŁA Bartosz     | UJAZD               | POL      |   | 86      | M30/197            | (M)552 |     | 00:56:27  | 05.38    |
| 198          | 252    | CICHOWSKI Bartosz    | PRZYGDZICE          | POL      | KOCHAM MOJĄ ŻONĘ                          | 85      | M30/198            | (M)554 |     | 00:56:35  | 05.39    |
| 199          | 395    | SETECKI Dariusz      | OSTRÓW WIELKOPOLSKI | POL      |   | 78      | M30/199            | (M)556 |     | 00:56:45  | 05.40    |
| 200          | 436    | GAUDYN Marcin        | WARSZAWA            | POL      |   | 84      | M30/200            | (M)558 |     | 00:56:59  | 05.41    |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team                    | R-k<br>YoB | W kategorii<br>in Age | Sex    | Czas<br>Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|------------------------------------|------------|-----------------------|--------|--------------|----------|
| 201             | 172       | GROBELNY Rafał          | BYSTRE              | POL         | RAFAŁ GROBELNY                     | 83         | M30/201               | (M)561 | 00:57:17     | 05.43    |
| 202             | 208       | MICHALSKI Marek         | OSTRÓW WIELKOPOLSKI | POL         |                                    | 78         | M30/202               | (M)564 | 00:57:27     | 05.44    |
| 203             | 340       | WOJCIECHOWSKI Daniel    | OSTRÓW WIELKOPOLSKI | POL         |                                    | 78         | M30/203               | (M)568 | 00:57:42     | 05.46    |
| 204             | 762       | ZIÓLKOWSKI Przemysław   | OPATÓWEK            | POL         |                                    | 80         | M30/204               | (M)569 | 00:57:59     | 05.47    |
| 205             | 50        | WEIGT Damian            | PRZYGODZICE         | POL         |                                    | 79         | M30/205               | (M)572 | 00:58:03     | 05.48    |
| 206             | 158       | DEMBCZYŃSKI Jakub       | OSTRÓW WLKP         | POL         |                                    | 86         | M30/206               | (M)573 | 00:58:04     | 05.48    |
| 207             | 284       | KLIMCZAK Bogdan         | OSTRÓW WLKP         | POL         |                                    | 80         | M30/207               | (M)574 | 00:58:06     | 05.48    |
| 208             | 366       | SZLACHTA Karol          | OSTRÓW WIELKOPOLSKI | POL         |                                    | 86         | M30/208               | (M)575 | 00:58:11     | 05.49    |
| 209             | 594       | RÓŻAŃSKI Krzysztof      | OSTRÓW WIELKOPOLSKI | POL         |                                    | 81         | M30/209               | (M)576 | 00:58:18     | 05.49    |
| 210             | 118       | CIEPLIK Artur           | POZNAŃ              | POL         | CHYBA SZEDŁ                        | 79         | M30/210               | (M)578 | 00:58:22     | 05.50    |
| 211             | 737       | ŚWIDERSKI Jarosław      | KROTOSZYN           | POL         |                                    | 81         | M30/211               | (M)579 | 00:58:24     | 05.50    |
| 212             | 41        | MICHALAK Dawid          | OSTRÓW WIELKOPOLSKI | POL         |                                    | 87         | M30/212               | (M)581 | 00:58:32     | 05.51    |
| 213             | 524       | KARPICZ Krzysztof       | WROCLAW             | POL         |                                    | 87         | M30/213               | (M)590 | 00:59:26     | 05.56    |
| 214             | 760       | WRÓBEL Fryderyk         | JAROCIN             | POL         | ROZ(BIEG)ANE BIAŁE TYGRYSY JAROCIN | 79         | M30/214               | (M)591 | 00:59:36     | 05.57    |
| 215             | 506       | WITCZAK Marcin          | TOMNICE             | POL         | WITCZAKI                           | 82         | M30/215               | (M)592 | 00:59:51     | 05.59    |
| 216             | 432       | BODYS Piotr             | KALISZ              | POL         |                                    | 79         | M30/216               | (M)593 | 00:59:52     | 05.59    |
| 217             | 520       | GRALAK Karol            | KALISZ              | POL         |                                    | 79         | M30/217               | (M)594 | 01:00:08     | 06.00    |
| 218             | 473       | BARTOSZEK Marcin        | ŁĄKOCINY            | POL         |                                    | 82         | M30/218               | (M)598 | 01:00:31     | 06.03    |
| 219             | 854       | WOJCIECHOWSKI Andrzej   | KALISZ              | POL         | MAGIC PLAY                         | 82         | M30/219               | (M)599 | 01:00:57     | 06.05    |
| 220             | 852       | WILCZAK Marcin          | SKALMIERZYCE        | POL         |                                    | 82         | M30/220               | (M)601 | 01:01:20     | 06.08    |
| 221             | 211       | HOLAJDA Marek           | POZNAŃ              | POL         | 0326 KARBON                        | 82         | M30/221               | (M)609 | 01:03:10     | 06.19    |
| 222             | 380       | KOKOT Tomasz            | OSTRÓW WIELKOPOLSKI | POL         |                                    | 78         | M30/222               | (M)611 | 01:03:23     | 06.20    |
| 223             | 81        | PAWLAK Grzegorz         | OSTRÓW WIELKOPOLSKI | POL         |                                    | 85         | M30/223               | (M)614 | 01:04:39     | 06.27    |
| 224             | 836       | PATALONG Tomasz         | OSTRÓW WIELKOPOLSKI | POL         |                                    | 81         | M30/224               | (M)621 | 01:11:31     | 07.09    |

### Bieg 10 km - M40 [181]

|    |     |                        |                     |     |                                |    |        |        |          |       |
|----|-----|------------------------|---------------------|-----|--------------------------------|----|--------|--------|----------|-------|
| 1  | 513 | CZARNOJAŃCZYK Rafał    | OSTRÓW WIELKOPOLSKI | POL |                                | 75 | M40/1  | (M)13  | 00:35:36 | 03.33 |
| 2  | 778 | KOŁODZIEJCZYK Jarosław | CZĘSTOCHOWA         | POL | ZABIEGANI CZĘSTOCHOWA          | 70 | M40/2  | (M)14  | 00:36:01 | 03.36 |
| 3  | 91  | SZCZOT Krzysztof       | KĘPNO               | POL | KS GEPARD KĘPNO                | 69 | M40/3  | (M)18  | 00:36:53 | 03.41 |
| 4  | 388 | KALICIŃSKI Robert      | KALISZ              | POL | DZIKA DRUŻYNA                  | 71 | M40/4  | (M)19  | 00:36:58 | 03.41 |
| 5  | 676 | JARECKI Ireneusz       | TRZEBNICA           | POL | RAKETA KOSMOS                  | 70 | M40/5  | (M)23  | 00:37:26 | 03.44 |
| 6  | 693 | KOWALCZYK Robert       | KĄTY ŚLĄSKIE        | POL |                                | 76 | M40/6  | (M)24  | 00:37:29 | 03.44 |
| 7  | 199 | RUDOWICZ Piotr         | RADŁÓW              | POL | KB CZARNE WILKI                | 75 | M40/7  | (M)28  | 00:37:54 | 03.47 |
| 8  | 445 | GAWRONSKI Paweł        | OSTRÓW WIELKOPOLSKI | POL |                                | 77 | M40/8  | (M)29  | 00:38:05 | 03.48 |
| 9  | 633 | ZBOROWSKI Robert       | OSTRZESZÓW          | POL | AKTYWNY OSTRZESZÓW             | 77 | M40/9  | (M)34  | 00:38:24 | 03.50 |
| 10 | 590 | PANOWICZ Krzysztof     | OSTRÓW WIELKOPOLSKI | POL | RAKETA KOSMOS                  | 75 | M40/10 | (M)39  | 00:38:39 | 03.51 |
| 11 | 570 | WIRA Mariusz           | BOREK WLKP.         | POL | KB MIŚ BOREK WLKP.             | 73 | M40/11 | (M)40  | 00:38:41 | 03.51 |
| 12 | 358 | KORZEKWA Piotr         | KALISZ              | POL | DRUŻYNA POWIATU KALISKIEGO     | 75 | M40/12 | (M)42  | 00:38:55 | 03.53 |
| 13 | 406 | PIECZYŃSKI Szymon      | WYSOCKO MAŁE        | POL | KS MARATON OSTRÓW WIELKOPOLSKI | 77 | M40/13 | (M)43  | 00:39:00 | 03.53 |
| 14 | 682 | PARZONKA Sylwester     | MROCEŃ              | POL | KS GEPARD KĘPNO                | 70 | M40/14 | (M)48  | 00:39:28 | 03.54 |
| 15 | 645 | SIKORA Paweł           | OSTRÓW WIELKOPOLSKI | POL | KS MARATON OSTRÓW WIELKOPOLSKI | 74 | M40/15 | (M)49  | 00:39:28 | 03.56 |
| 16 | 302 | KWINTA Tomasz          | KALISZ              | POL | TEKNIA TEAM                    | 72 | M40/16 | (M)54  | 00:39:52 | 03.59 |
| 17 | 654 | JAROSIK Dariusz        | OSTRÓW WIELKOPOLSKI | POL |                                | 73 | M40/17 | (M)59  | 00:40:22 | 04.02 |
| 18 | 2   | TYLICKI Robert         | LESZNO              | POL | TYLICKI TEAM                   | 72 | M40/18 | (M)68  | 00:40:37 | 04.03 |
| 19 | 653 | GAWŁOWSKI Tomasz       | OSTRÓW WIELKOPOLSKI | POL |                                | 71 | M40/19 | (M)71  | 00:40:48 | 04.04 |
| 20 | 812 | URBAŃSKI Zygmunt       | KALISZ              | POL | DZIKA DRUŻYNA                  | 76 | M40/20 | (M)74  | 00:41:00 | 04.06 |
| 21 | 789 | PUCHALSKI Paweł        | OSTROW WLKP         | POL |                                | 70 | M40/21 | (M)77  | 00:41:11 | 04.07 |
| 22 | 283 | BŁACH Roland           | KĘPNO               | POL | KS LENIWIEC                    | 75 | M40/22 | (M)79  | 00:41:13 | 04.07 |
| 23 | 424 | FLORCZAK Krzysztof     | OSTRÓW WIELKOPOLSKI | POL | KS MARATON OSTRÓW WIELKOPOLSKI | 72 | M40/23 | (M)83  | 00:41:29 | 04.08 |
| 24 | 312 | ŻYMELKA Roman          | RADŁÓW              | POL |                                | 71 | M40/24 | (M)85  | 00:41:32 | 04.09 |
| 25 | 423 | CHABIERSKI Marcin      | KALISZ              | POL |                                | 77 | M40/25 | (M)87  | 00:41:44 | 04.10 |
| 26 | 233 | PADUCH Jarosław        | OSTRÓW WIELKOPOLSKI | POL |                                | 70 | M40/26 | (M)89  | 00:41:48 | 04.10 |
| 27 | 306 | PIETRZAK Sławomir      | PLESZEW             | POL |                                | 77 | M40/27 | (M)92  | 00:41:55 | 04.11 |
| 28 | 790 | SMEREKA Tomasz         | MILICZ              | POL | RUNNING TEAM MILICZ            | 77 | M40/28 | (M)95  | 00:41:59 | 04.11 |
| 29 | 382 | SKROBAŃSKI Roman       | GODZIESZE           | POL | BIEGAM BO CHCĘ                 | 75 | M40/29 | (M)96  | 00:42:04 | 04.12 |
| 30 | 64  | POPRAWA Grzegorz       | OSTRÓW WLKP         | POL | KS MARATON OSTRÓW WIELKOPOLSKI | 75 | M40/30 | (M)100 | 00:42:15 | 04.13 |
| 31 | 694 | LAMEK Andrzej          | OSTRZESZÓW          | POL |                                | 70 | M40/31 | (M)101 | 00:42:15 | 04.13 |
| 32 | 166 | NOWAK Sławomir         | WYSOCKO MAŁE        | POL |                                | 73 | M40/32 | (M)106 | 00:42:35 | 04.15 |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team                     | R-k<br>YoB | W kategorii<br>in Age | Sex    | Czas<br>Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|-------------------------------------|------------|-----------------------|--------|--------------|----------|
| 33              | 664       | SZAJ Krzysztof          | POZNAŃ/KOSTRZYN     | POL         |                                     | 70         | M40/33                | (M)115 | 00:42:57     | 04.17    |
| 34              | 57        | CZARCIŃSKI Michał       | WROCLAW             | POL         |                                     | 74         | M40/34                | (M)120 | 00:43:02     | 04.18    |
| 35              | 65        | SKÓRZYŃSKI Arkadiusz    | LEWKÓW              | POL         | NIGHT RUNNERS                       | 70         | M40/35                | (M)121 | 00:43:05     | 04.18    |
| 36              | 269       | CIEŚLAK Ireneusz        | CZERMIN             | POL         |                                     | 75         | M40/36                | (M)122 | 00:43:06     | 04.18    |
| 37              | 433       | DERESIŃSKI Tomasz       | TOPOLA-OSIEDLE      | POL         | RUNNING TEAM TOPOLA                 | 77         | M40/37                | (M)123 | 00:43:09     | 04.18    |
| 38              | 774       | HOJKA Tomasz            | LIPIE               | POL         |                                     | 76         | M40/38                | (M)131 | 00:43:34     | 04.21    |
| 39              | 826       | KORCZAK Janusz          | OSTRÓW WLKP         | POL         |                                     | 77         | M40/39                | (M)138 | 00:43:56     | 04.23    |
| 40              | 667       | WYPYCH Krzysztof        | KALISZ              | POL         | PÓŁ MARSZEM PÓŁ SERIO               | 76         | M40/40                | (M)139 | 00:43:58     | 04.23    |
| 41              | 493       | MICHALAK Błażej         | OSTRÓW WIELKOPOLSKI | POL         |                                     | 77         | M40/41                | (M)145 | 00:44:07     | 04.24    |
| 42              | 126       | WIKTOREK Dariusz        | OSTRÓW WIELKOPOLSKI | POL         |                                     | 70         | M40/42                | (M)146 | 00:44:07     | 04.24    |
| 43              | 231       | BOGUSŁAWSKI Dominik     | OSTRÓW WIELKOPOLSKI | POL         |                                     | 75         | M40/43                | (M)148 | 00:44:08     | 04.24    |
| 44              | 238       | DZIKOWSKI Paweł         | KROTOSZYN           | POL         |                                     | 70         | M40/44                | (M)149 | 00:44:08     | 04.24    |
| 45              | 526       | KOLENDA Mirek           | KŁODAWA             | POL         |                                     | 72         | M40/45                | (M)152 | 00:44:11     | 04.25    |
| 46              | 731       | RATAJCZAK Tomasz        | KROBIA              | POL         |                                     | 75         | M40/46                | (M)153 | 00:44:12     | 04.25    |
| 47              | 712       | BARANEK Grzegorz        | OSTRÓW WIELKOPOLSKI | POL         | KS MARATON OSTRÓW WIELKOPOLSKI      | 76         | M40/47                | (M)157 | 00:44:16     | 04.25    |
| 48              | 6         | MARCINKOWSKI Robert     | OSTRÓW WIELKOPOLSKI | POL         | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI   | 69         | M40/48                | (M)158 | 00:44:17     | 04.25    |
| 49              | 572       | WORETA Sebastian        | KALISZ              | POL         | NADZWYCZAJNA KASTA LUDZI            | 77         | M40/49                | (M)160 | 00:44:18     | 04.25    |
| 50              | 795       | TALAGA Michał           | FOLWARK             | POL         |                                     | 77         | M40/50                | (M)168 | 00:44:32     | 04.27    |
| 51              | 321       | NAWROT Piotr            | POZNAŃ              | POL         | GRUNWALD TEAM POZNAŃ                | 76         | M40/51                | (M)171 | 00:44:34     | 04.27    |
| 52              | 67        | SUŁKOWSKI Rafał         | OSTRÓW WLKP.        | POL         |                                     | 77         | M40/52                | (M)172 | 00:44:34     | 04.27    |
| 53              | 777       | KŁAK Wojciech           | PIASKI              | POL         |                                     | 77         | M40/53                | (M)173 | 00:44:36     | 04.27    |
| 54              | 323       | SITEK Jarosław          | WYSOCKO WIELKIE     | POL         | OSW TRI TEAM                        | 77         | M40/54                | (M)177 | 00:44:48     | 04.28    |
| 55              | 304       | ŁAWNICZAK Karol         | CZEKANÓW            | POL         |                                     | 74         | M40/55                | (M)179 | 00:44:51     | 04.29    |
| 56              | 471       | ANDRZEJEWSKI Marcin     | KALISZ              | POL         |                                     | 75         | M40/56                | (M)181 | 00:44:51     | 04.29    |
| 57              | 149       | KAMIŃSKI Artur          | OSTRÓW WIELKOPOLSKI | POL         | POLICJA                             | 75         | M40/57                | (M)182 | 00:44:52     | 04.29    |
| 58              | 561       | RASZKA Krzysztof        | MILICZ              | POL         | RUNNING TEAM MILICZ                 | 75         | M40/58                | (M)184 | 00:44:57     | 04.29    |
| 59              | 538       | PIASKOWSKI Robert       | KROTOSZYN           | POL         |                                     | 74         | M40/59                | (M)188 | 00:45:02     | 04.30    |
| 60              | 143       | JARENTOWSKI Mariusz     | WOLICA              | POL         |                                     | 76         | M40/60                | (M)189 | 00:45:02     | 04.30    |
| 61              | 547       | WECHMAN Przemysław      | KALISZ              | POL         | PKB KMP KALISZ                      | 69         | M40/61                | (M)191 | 00:45:06     | 04.30    |
| 62              | 496       | OSMÓLSKI Robert         | KÓRNIK              | POL         | MJDOP                               | 68         | M40/62                | (M)200 | 00:45:16     | 04.31    |
| 63              | 584       | JANKOWSKI Sławek        | OSTRÓW WIELKOPOLSKI | POL         | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI   | 68         | M40/63                | (M)201 | 00:45:17     | 04.31    |
| 64              | 477       | FLORCZAK Mirosław       | KĘPNO               | POL         | KS LENIWIEC                         | 74         | M40/64                | (M)204 | 00:45:21     | 04.32    |
| 65              | 635       | ANTKOWIAK Sebastian     | KALISZ              | POL         | PARKRUN KALISZ                      | 75         | M40/65                | (M)209 | 00:45:26     | 04.32    |
| 66              | 655       | JĘDRZEJEWSKI Krzysztof  | OSTRÓW WLKP         | POL         |                                     | 75         | M40/66                | (M)217 | 00:45:40     | 04.34    |
| 67              | 686       | SUŚ Dariusz             | ZACHARZEW           | POL         |                                     | 73         | M40/67                | (M)218 | 00:45:43     | 04.34    |
| 68              | 870       | MAJRECKI Dariusz        | KROTOSZYN           | POL         |                                     | 68         | M40/68                | (M)223 | 00:45:48     | 04.34    |
| 69              | 195       | WIŚNIEWSKI Mariusz      | KALISZ              | POL         | SUPERMARATON KALISZ                 | 77         | M40/69                | (M)232 | 00:46:06     | 04.36    |
| 70              | 418       | PIECZYŃSKI Robert       | POZNAŃ              | POL         |                                     | 70         | M40/70                | (M)236 | 00:46:13     | 04.37    |
| 71              | 744       | HOFMAŃSKI Tomasz        | OSTRÓW WIELKOPOLSKI | POL         | KS ICE MAT TEAM OSTRÓW WIELKOPOLSKI | 74         | M40/71                | (M)238 | 00:46:15     | 04.37    |
| 72              | 106       | GRAF Robert             | OSTRÓW WIELKOPOLSKI | POL         | NIGHT RUNNERS                       | 72         | M40/72                | (M)239 | 00:46:21     | 04.38    |
| 73              | 13        | BEDNAREK Janusz         | LEWKÓW              | POL         | NIGHT RUNNERS                       | 69         | M40/73                | (M)240 | 00:46:21     | 04.38    |
| 74              | 850       | WESOŁOWSKI Daniel       | GODZIESZE MAŁE      | POL         |                                     | 71         | M40/74                | (M)242 | 00:46:23     | 04.38    |
| 75              | 324       | SÓJKA Zdzisław          | RASZKÓW             | POL         |                                     | 71         | M40/75                | (M)246 | 00:46:34     | 04.39    |
| 76              | 452       | SZCZEPANIK Marcin       | GODZIESZE MAŁE      | POL         |                                     | 72         | M40/76                | (M)248 | 00:46:37     | 04.39    |
| 77              | 688       | ABULEWICZ Wojciech      | WROCLAW             | POL         | INNOVA SPORT CENTER                 | 68         | M40/77                | (M)254 | 00:46:43     | 04.40    |
| 78              | 18        | MARCZAK Krzysztof       | CZEKANÓW            | POL         |                                     | 73         | M40/78                | (M)256 | 00:46:45     | 04.40    |
| 79              | 503       | WALCZAK Rafał           | KALISZ              | POL         | PARKRUN KALISZ                      | 73         | M40/79                | (M)260 | 00:46:50     | 04.41    |
| 80              | 499       | SOBCZAK Rafał           | KALISZ- PRUSZKÓW    | POL         | PARKRUN KALISZ                      | 75         | M40/80                | (M)271 | 00:47:01     | 04.42    |
| 81              | 332       | BOROWICZ Filip          | OSTRÓW WIELKOPOLSKI | POL         | KS MARATON OSTRÓW WIELKOPOLSKI      | 77         | M40/81                | (M)283 | 00:47:23     | 04.44    |
| 82              | 9         | PRZYBYŁ Tomasz          | OSTRÓW WIELKOPOLSKI | POL         | NIGHT RUNNERS                       | 77         | M40/82                | (M)299 | 00:47:47     | 04.46    |
| 83              | 476       | FLEISCHER Leszek        | OSTRÓW WIELKOPOLSKI | POL         | KS ICE MAT TEAM OSTRÓW WIELKOPOLSKI | 75         | M40/83                | (M)306 | 00:47:55     | 04.47    |
| 84              | 162       | KUBEL Jędrzej           | KROTOSZYN           | POL         | CHODNIKI KLEM CZAKA                 | 71         | M40/84                | (M)307 | 00:47:56     | 04.47    |
| 85              | 107       | LEBIODA Rafał           | WROCLAW             | POL         | ANSÉRINE FAMILLE                    | 75         | M40/85                | (M)310 | 00:48:02     | 04.48    |
| 86              | 587       | KARBOWSKI Jan           | SKALMIERZYCE        | POL         |                                     | 74         | M40/86                | (M)314 | 00:48:09     | 04.48    |
| 87              | 492       | MAJDRY Miłosz           | OSTRÓW WIELKOPOLSKI | POL         |                                     | 72         | M40/87                | (M)319 | 00:48:18     | 04.49    |
| 88              | 345       | SZYRNER Szymon          | ZDUNY               | POL         | WWW.LOGOPEDAZDUNY.REPUBLIKA.PL      | 74         | M40/88                | (M)320 | 00:48:23     | 04.50    |
| 89              | 246       | KIJAŃSKI Sławomir       | OSTRÓW WLKP         | POL         |                                     | 70         | M40/89                | (M)328 | 00:48:34     | 04.51    |
| 90              | 174       | JARCZEWSKI Sebastian    | KALISZ              | POL         |                                     | 74         | M40/90                | (M)330 | 00:48:36     | 04.51    |



| Miejsce Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City    | Kraj Nat | Drużyna Team                         | R-k YoB | W kategorii in Age | (M) Sex  | Czas Time | [min/km] |
|--------------|--------|------------------------|---------------------|----------|--------------------------------------|---------|--------------------|----------|-----------|----------|
| 91           | 21     | SZCZEPANIAK Dariusz    | OSTRÓW WIELKOPOLSKI | POL      |                                      | 73      | M40/91             | (M)335   | 00:48:42  | 04.52    |
| 92           | 591    | PISARSKI Roman         | LENARTOWICE         | POL      | TEAM PLESZEW                         | 69      | M40/92             | (M)336   | 00:48:43  | 04.52    |
| 93           | 355    | KALINOWSKI Tomasz      | BATOROWO            | POL      |                                      | 71      | M40/93             | (M)341   | 00:48:50  | 04.53    |
| 94           | 291    | STRZELCZYK Grzegorz    | LEGNICA             | POL      | BIEGAM BO LUBIĘ LEGNICA              | 70      | M40/94             | (M)347   | 00:49:01  | 04.54    |
| 95           | 399    | DERA Rafał             | POTAŚNIA            | POL      |                                      | 75      | M40/95             | (M)348   | 00:49:02  | 04.54    |
| 96           | 272    | KALKA Marek            | OSTRÓW WIELKOPOLSKI | POL      |                                      | 76      | M40/96             | (M)349   | 00:49:02  | 04.54    |
| 97           | 704    | STANEK Jakub           | PLESZEW             | POL      |                                      | 76      | M40/97             | (M)353   | 00:49:08  | 04.54    |
| 98           | 31     | IZYDORSKI Karol        | OSTRÓW WIELKOPOLSKI | POL      |                                      | 75      | M40/98             | (M)359   | 00:49:15  | 04.55    |
| 99           | 486    | KOBYŁKA Tomasz         | OPATÓWEK, SZALE     | POL      |                                      | 77      | M40/99             | (M)362   | 00:49:17  | 04.55    |
| 100          | 413    | ŚWITAŁA Mariusz        | POZNAŃ              | POL      |                                      | 74      | M40/100            | (M)367   | 00:49:27  | 04.56    |
| 101          | 604    | BYSTRY Grzegorz        | BARANÓW             | POL      | KS LENIWIEC                          | 75      | M40/101            | (M)368   | 00:49:28  | 04.56    |
| 102          | 546    | WALENDOWSKI Przemysław | OSTRÓW WIELKOPOLSKI | POL      |                                      | 77      | M40/102            | (M)371   | 00:49:34  | 04.57    |
| 103          | 609    | GOŁĘBIEWSKI Emilian    | KALISZ              | POL      |                                      | 73      | M40/103            | (M)372   | 00:49:36  | 04.57    |
| 104          | 522    | JANOS Tomasz           | PLESZEW             | POL      | AUDIO-COM APARATY SŁUCHOWE           | 72      | M40/104            | (M)374   | 00:49:36  | 04.57    |
| 105          | 577    | DĄBRÓWKA Tomasz        | OSTRÓW WIELKOPOLSKI | POL      | KS MARATON OSTRÓW WIELKOPOLSKI       | 74      | M40/105            | (M)376   | 00:49:42  | 04.58    |
| 106          | 749    | NIEDŹWIECKI Paweł      | RUSSÓW              | POL      |                                      | 76      | M40/106            | (M)378   | 00:49:42  | 04.58    |
| 107          | 818    | DOMINIAK Sławomir      | OSTRÓW WIELKOPOLSKI | POL      |                                      | 72      | M40/107            | (M)379   | 00:49:43  | 04.58    |
| 108          | 191    | KRAJECKI Paweł         | OSTRÓW WIELKOPOLSKI | POL      |                                      | 71      | M40/108            | (M)380   | 00:49:44  | 04.58    |
| 109          | 536    | PASIEKA Juliusz        | MILICZ              | POL      | RUNNING TEAM MILICZ                  | 68      | M40/109            | (M)381   | 00:49:45  | 04.58    |
| 110          | 805    | OLEJNIK Leszek         | JASTRZĘBNIKI        | POL      |                                      | 71      | M40/110            | (M)384   | 00:49:50  | 04.59    |
| 111          | 237    | DOMAŃ Leszek           | KIEKRZ              | POL      | DIRTY SPARROWS                       | 75      | M40/111            | (M)385   | 00:49:51  | 04.59    |
| 112          | 294    | SZAŁATA Paweł          | OSTRÓW WIELKOPOLSKI | POL      |                                      | 70      | M40/112            | (M)386   | 00:49:54  | 04.59    |
| 113          | 615    | SKOWRONEK Marian       | ODOLANÓW            | POL      | GORZYCE MAŁE                         | 72      | M40/113            | (M)392   | 00:50:05  | 05.00    |
| 114          | 628    | JASIŃSKI Tomasz        | PLESZEW             | POL      | TEAM PLESZEW                         | 77      | M40/114            | (M)395   | 00:50:16  | 05.01    |
| 115          | 453    | SZKUTNIK Robert        | KALISZ              | POL      | KALISZ                               | 73      | M40/115            | (M)401   | 00:50:23  | 05.02    |
| 116          | 92     | ZIMNY Arkadiusz        | KALISZ              | POL      |                                      | 70      | M40/116            | (M)402   | 00:50:25  | 05.02    |
| 117          | 508    | BAJER Jacek            | KALISZ              | POL      | PARKRUN KALISZ                       | 68      | M40/117            | (M)408   | 00:50:38  | 05.03    |
| 118          | 56     | BODYLSKI Grzegorz      | OSTRÓW WIELKOPOLSKI | POL      |                                      | 77      | M40/118            | (M)418   | 00:50:58  | 05.05    |
| 119          | 386    | JANKOWSKI Jacek        | KALISZ              | POL      | DRUŻYNA POWIATU KALISKIEGO           | 76      | M40/119            | (M)422   | 00:51:06  | 05.06    |
| 120          | 347    | TOMALAK Piotr          | KALISZ              | POL      |                                      | 73      | M40/120            | (M)424   | 00:51:10  | 05.07    |
| 121          | 387    | CIEŚLIŃSKI Mariusz     | ŚWIELIGÓW           | POL      |                                      | 70      | M40/121            | (M)427   | 00:51:14  | 05.07    |
| 122          | 809    | SMĘTEK Michał          | OSTRÓW WIELKOPOLSKI | POL      | ZIAJA TEAM                           | 73      | M40/122            | (M)428   | 00:51:14  | 05.07    |
| 123          | 539    | PINCZEWSKI Patrik      | ŁUSZCZANÓW          | POL      |                                      | 74      | M40/123            | (M)430   | 00:51:18  | 05.07    |
| 124          | 66     | SOLECKI Damian         | RASZKÓW             | POL      | POLICJA                              | 77      | M40/124            | (M)436   | 00:51:28  | 05.08    |
| 125          | 858    | BIERNAT Filip          | KOŁACZKOWO          | POL      | KB ZŁOTE KŁOSY KOŁACZKOWO            | 77      | M40/125            | (M)439   | 00:51:34  | 05.09    |
| 126          | 79     | KELLNER Radosław       | OSTRÓW WLKP         | POL      |                                      | 75      | M40/126            | (M)440   | 00:51:36  | 05.09    |
| 127          | 185    | ARENT Jacek            | RAKONIEWICE         | POL      | RAKONIEWICE                          | 77      | M40/127            | (M)443   | 00:51:39  | 05.09    |
| 128          | 834    | OLEJNIK Rafał          | OSTRÓW WIELKOPOLSKI | POL      |                                      | 68      | M40/128            | (M)444   | 00:51:40  | 05.10    |
| 129          | 632    | STANISZEWSKI Arkadiusz | BLIZANÓW            | POL      |                                      | 74      | M40/129            | (M)446   | 00:51:42  | 05.10    |
| 130          | 866    | ŁĘGOWSKI Jarosław      | KOŚCIELNA WIEŚ      | POL      |                                      | 73      | M40/130            | (M)447   | 00:51:44  | 05.10    |
| 131          | 555    | KOBYŁKA Robert         | KALISZ              | POL      | BANANOWE ORLY                        | 77      | M40/131            | (M)448   | 00:51:46  | 05.10    |
| 132          | 579    | DOLATA Marek           | OSTRÓW WIELKOPOLSKI | POL      |                                      | 69      | M40/132            | (M)457   | 00:52:00  | 05.12    |
| 133          | 807    | SERGIEL Mariusz        | KALISZ              | POL      | KALISZ BIEGA                         | 73      | M40/133            | (M)458   | 00:52:01  | 05.12    |
| 134          | 24     | WOJTKOWIAK Grzegorz    | JAROCIN             | POL      | BIEGACZE JAROCIN                     | 69      | M40/134            | (M)459   | 00:52:05  | 05.12    |
| 135          | 613    | RASZEWSKI Krzysztof    | TOPOLA MAŁA         | POL      | ZIELONA MILA                         | 70      | M40/135            | (M)460   | 00:52:09  | 05.12    |
| 136          | 416    | LASKOWSKI Krzysztof    | OSTRÓW WLKP         | POL      |                                      | 69      | M40/136            | (M)461   | 00:52:10  | 05.13    |
| 137          | 394    | KAZMIERCZAK Bartłomiej | WIKTORÓW            | POL      | PKO BANK POLSKI                      | 76      | M40/137            | (M)464   | 00:52:17  | 05.13    |
| 138          | 512    | CHMIELEWSKI Tomasz     | KALISZ              | POL      | TRAWA TEAM                           | 74      | M40/138            | (M)465   | 00:52:18  | 05.13    |
| 139          | 260    | WOJCIECHOWSKI Piotr    | GRANOWO             | POL      | TRI GRANOWO                          | 72      | M40/139            | (M)470   | 00:52:24  | 05.14    |
| 140          | 3      | BINKOWSKI Jarosław     | OSTRÓW WIELKOPOLSKI | POL      | RAJSPOORT ACTIVE                     | 68      | M40/140            | (M)474   | 00:52:30  | 05.15    |
| 141          | 240    | NOWAK Adam             | OSTRÓW WIELKOPOLSKI | POL      | KS ICE MAT TEAM OSTRÓW WIELKOPOLSK73 | M40/141 | (M)476             | 00:52:38 | 05.15     |          |
| 142          | 61     | KMIECİK Wojciech       | WTÓREK              | POL      |                                      | 69      | M40/142            | (M)477   | 00:52:47  | 05.16    |
| 143          | 846    | ŚWIĄTEK Maciej         | OSTRÓW WIELKOPOLSKI | POL      | KS MARATON OSTRÓW WIELKOPOLSKI       | 77      | M40/143            | (M)478   | 00:52:49  | 05.16    |
| 144          | 225    | KUBIS Sławomir         | OSTRÓW WIELKOPOLSKI | POL      |                                      | 73      | M40/144            | (M)479   | 00:52:53  | 05.17    |
| 145          | 802    | MĄDRZAK Sławomir       | OSTRÓW WLKP         | POL      | ZIAJA TEAM                           | 74      | M40/145            | (M)480   | 00:52:56  | 05.17    |
| 146          | 678    | KABAT Szymon           | KROTOSZYN           | POL      | TEAM ROMANS                          | 73      | M40/146            | (M)488   | 00:53:14  | 05.19    |
| 147          | 573    | WYGANOWSKI Karol       | OSTRÓW WLKP.        | POL      | ABC GŁOGOWA                          | 77      | M40/147            | (M)489   | 00:53:14  | 05.19    |
| 148          | 482    | JAWORSKI Marcin        | KALISZ              | POL      | PARKRUN KALISZ                       | 77      | M40/148            | (M)490   | 00:53:18  | 05.19    |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team                     | R-k<br>YoB | W kategorii<br>in Age | Sex    | Czas<br>Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|-------------------------------------|------------|-----------------------|--------|--------------|----------|
| 149             | 356       | KAMIŃSKI Tomasz         | POZNAŃ              |             | POL                                 | 71         | M40/149               | (M)500 | 00:53:51     | 05.23    |
| 150             | 595       | SKRZYPCZAK Marek        | POLKOWICE           |             | POL M TEAM                          | 75         | M40/150               | (M)506 | 00:54:02     | 05.24    |
| 151             | 378       | HOFFMANN Mariusz        | OSTRÓW WLKP         |             | POL                                 | 73         | M40/151               | (M)507 | 00:54:06     | 05.24    |
| 152             | 670       | CUPRYCH Aleksander      | KALISZ              |             | POL NIGHT RUNNERS                   | 74         | M40/152               | (M)509 | 00:54:09     | 05.24    |
| 153             | 73        | ZAWADA Grzegorz         | OSTROW WLKP         |             | POL                                 | 71         | M40/153               | (M)510 | 00:54:10     | 05.25    |
| 154             | 880       | TUREK Paweł             | PIASECZNO           |             | POL PRINCES                         | 72         | M40/154               | (M)519 | 00:54:28     | 05.26    |
| 155             | 391       | RACHWAŁSKI Marek        | OSTRÓW WIELKOPOLSKI |             | POL                                 | 73         | M40/155               | (M)527 | 00:55:09     | 05.30    |
| 156             | 393       | JASIUKIEWICZ Jarosław   | KALISZ              |             | POL KALISKIE TOWARZYSTWO KOSZYKÓWKI | 74         | M40/156               | (M)528 | 00:55:13     | 05.31    |
| 157             | 346       | TOMALAK Paweł           | KALISZ              |             | POL                                 | 76         | M40/157               | (M)530 | 00:55:15     | 05.31    |
| 158             | 247       | MARCINKOWSKI Piotr      | OSTRÓW WIELKOPOLSKI |             | POL OSW TRI TEAM                    | 72         | M40/158               | (M)535 | 00:55:31     | 05.33    |
| 159             | 837       | POTASZNIK Dariusz       | OSTRÓW WIELKOPOLSKI |             | POL HUFIEC ZHP OSTRÓW WIELKOPOLSKI  | 70         | M40/159               | (M)541 | 00:55:49     | 05.34    |
| 160             | 29        | MAĆKOWIAK Bartosz       | ZDUNY               |             | POL WWW.LOGOPEDAZDUNY.REPUBLIKA.PL  | 76         | M40/160               | (M)542 | 00:55:56     | 05.35    |
| 161             | 608       | DUSTER Mariusz          | KALISZ              |             | POL                                 | 76         | M40/161               | (M)544 | 00:56:04     | 05.36    |
| 162             | 468       | WOŁOWICZ Mariusz        | WTÓREK              |             | POL BIEGAJ Z KROBIA                 | 75         | M40/162               | (M)549 | 00:56:21     | 05.38    |
| 163             | 474       | BORUSIAK Tomasz         | PRUSZKÓW            |             | POL                                 | 74         | M40/163               | (M)550 | 00:56:22     | 05.38    |
| 164             | 427       | KOŁODZIEJCZYK Marek     | KALISZ              |             | POL KALISZ                          | 70         | M40/164               | (M)559 | 00:57:01     | 05.42    |
| 165             | 832       | NOWACKI Artur           | JASTRZĘBNIKI        |             | POL PARKRUN KALISZ                  | 72         | M40/165               | (M)562 | 00:57:26     | 05.44    |
| 166             | 131       | DOBRAS Jarosław         | JANKÓW PRZYGDZKI    |             | POL PPHU JARTEX                     | 72         | M40/166               | (M)563 | 00:57:27     | 05.44    |
| 167             | 37        | LEŚNIAK Grzegorz        | OSTRÓW WLKP.        |             | POL                                 | 74         | M40/167               | (M)566 | 00:57:33     | 05.45    |
| 168             | 299       | HNATYK Jerzy            | TOPOLA MAŁA         |             | POL HUFIEC ZHP OSTRÓW WIELKOPOLSKI  | 71         | M40/168               | (M)567 | 00:57:34     | 05.45    |
| 169             | 643       | PIŁAT Dariusz           | OSTRÓW WIELKOPOLSKI |             | POL                                 | 77         | M40/169               | (M)570 | 00:58:01     | 05.48    |
| 170             | 426       | KALAJAK Marek           | KALISZ              |             | POL KALISZ                          | 69         | M40/170               | (M)580 | 00:58:30     | 05.51    |
| 171             | 724       | LARWECZKA Dariusz       | STARE OBORZYSKA     |             | POL KOSCIAN TEAM                    | 68         | M40/171               | (M)582 | 00:58:35     | 05.51    |
| 172             | 683       | PERUŻYŃSKI Daniel       | OSTRÓW WIELKOPOLSKI |             | POL                                 | 77         | M40/172               | (M)584 | 00:58:59     | 05.53    |
| 173             | 769       | CHŁOPAŚ Artur           | LUBLINIEC           |             | POL WKB META LUBLINIEC              | 73         | M40/173               | (M)589 | 00:59:15     | 05.55    |
| 174             | 830       | MARCINKOWSKI Marek      | OSTRÓW WIELKOPOLSKI |             | POL                                 | 70         | M40/174               | (M)600 | 01:01:13     | 06.07    |
| 175             | 533       | MARCINIAK Ireneusz      | KALISZ              |             | POL DRUŻYNA POWIATU KALISKIEGO      | 77         | M40/175               | (M)603 | 01:02:10     | 06.13    |
| 176             | 882       | ZIELIŃSKI Marek         | SZCZAWNÓ ZDRÓJ      |             | POL DATASPORT                       | 68         | M40/176               | (M)606 | 01:03:02     | 06.18    |
| 177             | 421       | WALCZAK Daniel          | OSTRÓW WIELKOPOLSKI |             | POL                                 | 77         | M40/177               | (M)610 | 01:03:16     | 06.19    |
| 178             | 849       | WAWRZYŃSKI Sławomir     | OSTRÓW WIELKOPOLSKI |             | POL                                 | 70         | M40/178               | (M)612 | 01:03:46     | 06.22    |
| 179             | 883       | JEZIORNY Mirosław       | RASZKÓW             |             | POL                                 | 77         | M40/179               | (M)613 | 01:04:28     | 06.26    |
| 180             | 695       | LISIAK Miłosz           | OSTRÓW WIELKOPOLSKI |             | POL                                 | 68         | M40/180               | (M)616 | 01:04:52     | 06.29    |
| 181             | 551       | KACZMAREK Krzysztof     | KALISZ              |             | POL KALISZ                          | 74         | M40/181               | (M)617 | 01:04:55     | 06.29    |

## Bieg 10 km - M50 [60]

|    |     |                       |                     |  |                                    |    |        |        |          |       |
|----|-----|-----------------------|---------------------|--|------------------------------------|----|--------|--------|----------|-------|
| 1  | 661 | PŁOCHOCKI Ryszard     | NOWE SKALMIERZYCE   |  | POL SUPERMARATON KALISZ            | 61 | M50/1  | (M)25  | 00:37:45 | 03.46 |
| 2  | 210 | BARTKOWIAK Dariusz    | OSTRÓW WIELKOPOLSKI |  | POL KS MARATON OSTRÓW WIELKOPOLSKI | 65 | M50/2  | (M)38  | 00:38:38 | 03.51 |
| 3  | 100 | PELIKAN Andrzej       | KŁOBUCK             |  | POL NGB KŁOBUCK                    | 66 | M50/3  | (M)78  | 00:41:12 | 04.07 |
| 4  | 677 | JUSZCZAK Włodzimierz  | OSTRZESZÓW          |  | POL SKS SZCZĘŚCIE                  | 62 | M50/4  | (M)90  | 00:41:49 | 04.10 |
| 5  | 709 | WOJCIEKIEWICZ Marek   | OSTRÓW WLKP         |  | POL                                | 65 | M50/5  | (M)105 | 00:42:31 | 04.15 |
| 6  | 447 | LORENC Alojzy         | OSTRÓW WIELKOPOLSKI |  | POL                                | 63 | M50/6  | (M)111 | 00:42:53 | 04.17 |
| 7  | 293 | KURZAWSKI Wojciech    | OSTRÓW WLKP.        |  | POL                                | 62 | M50/7  | (M)118 | 00:42:58 | 04.17 |
| 8  | 133 | SARNA Sławomir        | KOWALEW             |  | POL TEAM PLESZEW                   | 64 | M50/8  | (M)124 | 00:43:13 | 04.19 |
| 9  | 82  | ŚWIĄTEK Bronisław     | KALISZ              |  | POL TUP TUP RAZEM                  | 60 | M50/9  | (M)141 | 00:44:02 | 04.24 |
| 10 | 623 | ADAMCZYK Włodzimierz  | KAZIMIERZ BISKUPI   |  | POL                                | 61 | M50/10 | (M)151 | 00:44:09 | 04.24 |
| 11 | 141 | PASTUSZAK Krzysztof   | OSTRÓW WLKP.        |  | POL TRITIM OSTRÓW WLKP.            | 59 | M50/11 | (M)170 | 00:44:34 | 04.27 |
| 12 | 543 | RĘBIASZ Wojciech      | PLESZEW             |  | POL                                | 60 | M50/12 | (M)185 | 00:44:57 | 04.29 |
| 13 | 541 | PYSNO Dariusz         | BRZĘZINY            |  | POL DRUŻYNA POWIATU KALISKIEGO     | 66 | M50/13 | (M)207 | 00:45:24 | 04.32 |
| 14 | 617 | SZCZYPKOWSKI Hieronim | OSTRÓW WIELKOPOLSKI |  | POL KS STAL OSTRÓW WLKP.           | 59 | M50/14 | (M)215 | 00:45:34 | 04.33 |
| 15 | 525 | KOBYŁKA Marek         | KALISZ              |  | POL SUPERMARATON KALISZ            | 67 | M50/15 | (M)228 | 00:45:56 | 04.35 |
| 16 | 290 | HANDZLIK Paweł        | TOPOLA MAŁA         |  | POL                                | 64 | M50/16 | (M)241 | 00:46:23 | 04.38 |
| 17 | 334 | KRAJEWSKI Józef       | KALISZ              |  | POL                                | 61 | M50/17 | (M)250 | 00:46:39 | 04.39 |
| 18 | 192 | MODRZEJEWSKI Roman    | GRABÓW NAD PROSNĄ   |  | POL KINGS OF METAL                 | 67 | M50/18 | (M)263 | 00:46:52 | 04.41 |
| 19 | 469 | ZAWADA Edward         | UCIECHÓW            |  | POL                                | 65 | M50/19 | (M)273 | 00:47:10 | 04.43 |
| 20 | 175 | PINKOWSKI Edmund      | LIGOTA              |  | POL KS MARATON OSTRÓW WIELKOPOLSKI | 66 | M50/20 | (M)282 | 00:47:22 | 04.44 |
| 21 | 115 | PASIK Paweł           | OSTRÓW WIELKOPOLSKI |  | POL                                | 63 | M50/21 | (M)284 | 00:47:25 | 04.44 |
| 22 | 58  | DUDEK Andrzej         | OSTRÓW WIELKOPOLSKI |  | POL                                | 61 | M50/22 | (M)294 | 00:47:41 | 04.46 |
| 23 | 642 | OLEJNIK Tomasz        | KALISZ              |  | POL                                | 66 | M50/23 | (M)300 | 00:47:50 | 04.47 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name    | Miejscowość City    | Kraj Nat | Drużyna Team                      | R-k YoB | W kategorii in Age | M      | Sex | Czas Time | [min/km] |
|--------------|--------|-------------------------|---------------------|----------|-----------------------------------|---------|--------------------|--------|-----|-----------|----------|
| 24           | 278    | PAWLAK Kazimierz        | OSTRÓW WIELKOPOLSKI | POL      | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | 59      | M50/24             | (M)327 |     | 00:48:34  | 04.51    |
| 25           | 601    | ADAMUS Radosław         | OSTRÓW WIELKOPOLSKI | POL      |                                   | 65      | M50/25             | (M)332 |     | 00:48:39  | 04.51    |
| 26           | 540    | PRZYBYŁ Maciej          | KALISZ              | POL      |                                   | 65      | M50/26             | (M)334 |     | 00:48:40  | 04.52    |
| 27           | 681    | MATYSIAK Jacek          | OSTRÓW WIELKOPOLSKI | POL      |                                   | 60      | M50/27             | (M)345 |     | 00:49:00  | 04.54    |
| 28           | 529    | KUBICKI Grzegorz        | SKALMIERZYCE        | POL      |                                   | 63      | M50/28             | (M)350 |     | 00:49:05  | 04.54    |
| 29           | 417    | OCHNIO Krzysztof        | KĘPNO               | POL      |                                   | 66      | M50/29             | (M)360 |     | 00:49:16  | 04.55    |
| 30           | 860    | CZWOJDZIŃSKI Ireneusz   | KROTOSZYN           | POL      | CITYZEN POZNAŃ                    | 62      | M50/30             | (M)366 |     | 00:49:27  | 04.56    |
| 31           | 123    | FIGIEL Arkadiusz        | KALISZ              | POL      |                                   | 66      | M50/31             | (M)375 |     | 00:49:37  | 04.57    |
| 32           | 625    | GOLIŃSKI Ryszard        | ZACHARZEW           | POL      |                                   | 64      | M50/32             | (M)382 |     | 00:49:48  | 04.58    |
| 33           | 649    | BIAŁY Andrzej           | OSTRÓW WLKP.        | POL      | HURTOWNIA TOJA                    | 61      | M50/33             | (M)390 |     | 00:50:03  | 05.00    |
| 34           | 344    | MANDAT Janek            | OLEŚNICA            | POL      | KB LUPUS OLEŚNICA                 | 59      | M50/34             | (M)393 |     | 00:50:09  | 05.00    |
| 35           | 209    | RYCHLIK Mirosław        | OSTRÓW WIELKOPOLSKI | POL      |                                   | 64      | M50/35             | (M)399 |     | 00:50:22  | 05.02    |
| 36           | 480    | HĄCEL Adam              | KĘPNO               | POL      | KS LENIWIEC                       | 64      | M50/36             | (M)400 |     | 00:50:22  | 05.02    |
| 37           | 59     | GRZEŚCZYK Marek         | OSTRÓW WIELKOPOLSKI | POL      |                                   | 60      | M50/37             | (M)405 |     | 00:50:35  | 05.03    |
| 38           | 501    | STASIAK Piotr           | OSTRÓW WIELKOPOLSKI | POL      |                                   | 66      | M50/38             | (M)425 |     | 00:51:12  | 05.07    |
| 39           | 717    | HELICKI Andrzej         | OSTRÓW WIELKOPOLSKI | POL      | OSTRÓW WIELKOPOLSKI               | 64      | M50/39             | (M)429 |     | 00:51:15  | 05.07    |
| 40           | 755    | ŚNIECIŃSKI Zdzisław     | KROTOSZYN           | POL      | KOPIECZKI RUNNERS                 | 64      | M50/40             | (M)435 |     | 00:51:26  | 05.08    |
| 41           | 814    | BIENIEK Jacek           | OSTRÓW WIELKOPOLSKI | POL      |                                   | 64      | M50/41             | (M)445 |     | 00:51:40  | 05.10    |
| 42           | 200    | SROKA Dariusz           | MICHALKÓW           | POL      |                                   | 66      | M50/42             | (M)468 |     | 00:52:24  | 05.14    |
| 43           | 182    | OKOŃ Krzysztof          | OSTRÓW WIELKOPOLSKI | POL      | KLUB BIEGACZA ORANGE              | 63      | M50/43             | (M)487 |     | 00:53:12  | 05.19    |
| 44           | 672    | DROBINA Dariusz         | OSTRÓW WLKP,        | POL      |                                   | 67      | M50/44             | (M)504 |     | 00:53:55  | 05.23    |
| 45           | 255    | NIJAKOWSKI Aleksander   | OSTRÓW WIELKOPOLSKI | POL      |                                   | 62      | M50/45             | (M)517 |     | 00:54:27  | 05.26    |
| 46           | 258    | WALCZAK Dariusz         | OSTRÓW WLKP         | POL      | KTM STUDIO                        | 63      | M50/46             | (M)521 |     | 00:54:43  | 05.28    |
| 47           | 359    | KURZAJEWSKI Andrzej     | OSTRÓW WIELKOPOLSKI | POL      | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | 61      | M50/47             | (M)522 |     | 00:54:46  | 05.28    |
| 48           | 188    | HADRYŚ Antoni           | OSTRÓW WLKP.        | POL      | URZĄD GMINY OSTRÓW WIELKOPOLSKI   | 58      | M50/48             | (M)533 |     | 00:55:28  | 05.32    |
| 49           | 602    | ANDRZEJCZAK Maciej      | SZCZECIN            | POL      |                                   | 63      | M50/49             | (M)538 |     | 00:55:37  | 05.33    |
| 50           | 372    | ANDRZEJCZAK Andrzej     | NOWE SKALMIERZYCE   | POL      | SKALMEX                           | 60      | M50/50             | (M)546 |     | 00:56:14  | 05.37    |
| 51           | 111    | URBAN Adam              | OSTRÓW WIELKOPOLSKI | POL      |                                   | 58      | M50/51             | (M)565 |     | 00:57:27  | 05.44    |
| 52           | 899    | WALISZEWSKI Witold      | OSTRÓW WLKP         | POL      | SYGA                              | 58      | M50/52             | (M)571 |     | 00:58:02  | 05.48    |
| 53           | 690    | CHOLEWIŃSKI Wojciech    | MUROWANA GOŚLINA    | POL      | HERNIK TEAM                       | 66      | M50/53             | (M)586 |     | 00:59:02  | 05.54    |
| 54           | 622    | RASZELOWSKI Włodzimierz | OSTRÓW WIELKOPOLSKI | POL      |                                   | 63      | M50/54             | (M)595 |     | 01:00:11  | 06.01    |
| 55           | 405    | PERZ Roman              | OSTRÓW WIELKOPOLSKI | POL      | BARYŁECZKA PLESZEW                | 60      | M50/55             | (M)596 |     | 01:00:21  | 06.02    |
| 56           | 264    | BANACH Tadeusz          | OSTRÓW WIELKOPOLSKI | POL      |                                   | 58      | M50/56             | (M)602 |     | 01:02:10  | 06.13    |
| 57           | 134    | TEODORCZYK Zenon        | OSTRÓW WLKP.        | POL      | PPHU JARTEX                       | 65      | M50/57             | (M)605 |     | 01:02:46  | 06.16    |
| 58           | 556    | MACIEJEWSKI Krzysztof   | OSTRÓW WIELKOPOLSKI | POL      | ZIELONA ŻYRAFA                    | 67      | M50/58             | (M)607 |     | 01:03:03  | 06.18    |
| 59           | 274    | KOWALSKI Andrzej        | KROTOSZYN           | POL      | KS KROTOSZ KROTOSZYN              | 60      | M50/59             | (M)615 |     | 01:04:47  | 06.28    |
| 60           | 454    | TALAGA Jerzy            | OSTRÓW WLKP         | POL      |                                   | 58      | M50/60             | (M)618 |     | 01:05:53  | 06.35    |

## Bieg 10 km - M60 [20]

|    |     |                      |                     |     |                                |    |        |        |  |          |       |
|----|-----|----------------------|---------------------|-----|--------------------------------|----|--------|--------|--|----------|-------|
| 1  | 151 | MIELCZAREK Stanisław | KALISZ              | POL |                                | 57 | M60/1  | (M)86  |  | 00:41:38 | 04.09 |
| 2  | 752 | SITEK Witold         | OSTRÓW WIELKOPOLSKI | POL |                                | 56 | M60/2  | (M)114 |  | 00:42:55 | 04.17 |
| 3  | 838 | RAZIK Tadeusz        | RAWICZ              | POL |                                | 52 | M60/3  | (M)198 |  | 00:45:15 | 04.31 |
| 4  | 455 | ZDANOWSKI Marian     | POZNAŃ              | POL |                                | 56 | M60/4  | (M)249 |  | 00:46:38 | 04.39 |
| 5  | 108 | MARCINIAK Janusz     | KOSTRZYN            | POL | NKB CHYŻY NOWY TOMYŚL          | 52 | M60/5  | (M)268 |  | 00:46:58 | 04.41 |
| 6  | 325 | URBANIAK Jan         | TOPOLA-OSIEDLE      | POL |                                | 53 | M60/6  | (M)288 |  | 00:47:28 | 04.44 |
| 7  | 140 | NOWAK Józef          | SKÓRZEWO            | POL | BBC SKÓRZEWO                   | 55 | M60/7  | (M)312 |  | 00:48:09 | 04.48 |
| 8  | 339 | SZÓSTAK Krzysztof    | MILOSZYCE           | POL | KB HARCOWNIK JELCZ-LASKOWICE   | 55 | M60/8  | (M)343 |  | 00:48:55 | 04.53 |
| 9  | 404 | OLEJNICZAK Witold    | OSTROW WLKP         | POL | KS MARATON OSTRÓW WIELKOPOLSKI | 49 | M60/9  | (M)355 |  | 00:49:10 | 04.55 |
| 10 | 26  | ZIELONKA Marian      | OSTROW WLKP         | POL | KS MARATON OSTRÓW WIELKOPOLSKI | 55 | M60/10 | (M)419 |  | 00:50:59 | 05.05 |
| 11 | 184 | SKOWROŃSKI Paweł     | POZNAŃ              | POL | POZNAŃ SPARTAN RACE TEAM       | 55 | M60/11 | (M)426 |  | 00:51:12 | 05.07 |
| 12 | 574 | BODYS Zbigniew       | OSTRÓW WIELKOPOLSKI | POL |                                | 54 | M60/12 | (M)493 |  | 00:53:32 | 05.21 |
| 13 | 377 | FABIŃSKI Czesław     | KALISZ              | POL | SUPERMARATON KALISZ            | 55 | M60/13 | (M)515 |  | 00:54:20 | 05.26 |
| 14 | 624 | BIAŁY Leszek         | OSTRÓW WLKP         | POL |                                | 55 | M60/14 | (M)545 |  | 00:56:05 | 05.36 |
| 15 | 156 | KAWOŃ Andrzej        | NAMYŚLÓW            | POL |                                | 54 | M60/15 | (M)551 |  | 00:56:24 | 05.38 |
| 16 | 256 | RĘBIASZ Janusz       | PLESZEW             | POL | TEAM PLESZEW                   | 57 | M60/16 | (M)553 |  | 00:56:30 | 05.39 |
| 17 | 479 | FRAŃCZAK Andrzej     | KALISZ              | POL | SUPERMARATON KALISZ            | 56 | M60/17 | (M)560 |  | 00:57:04 | 05.42 |
| 18 | 576 | CIAPIERZYŃSKI Jerzy  | OŁOBOK              | POL | MTB OŁOBOK                     | 55 | M60/18 | (M)585 |  | 00:59:01 | 05.54 |
| 19 | 589 | ODORCZYK Donat       | KALISZ              | POL |                                | 49 | M60/19 | (M)587 |  | 00:59:13 | 05.55 |

| Miejsce Rank                 | Nr Bib | Nazwisko i imię Name     | Miejscowość City    | Kraj Nat | Drużyna Team  | R-k YoB | W kategorii in Age | Sex    | Czas Time | [min/km] |
|------------------------------|--------|--------------------------|---------------------|----------|---|---------|--------------------|--------|-----------|----------|
| 20                           | 446    | KUBCZYK Zdzisław         | KALISZ              | POL      | SUPERMARATON KALISZ                                     | 56      | M60/20             | (M)608 | 01:03:10  | 06.19    |
| <b>Bieg 10 km - M70 [6]</b>  |        |                          |                     |          |   |         |                    |        |           |          |
| 1                            | 691    | GRĘDA Józef              | SYCÓW               | POL      | OLIMPIASYCOW  | 46      | M70/1              | (M)356 | 00:49:12  | 04.55    |
| 2                            | 757    | WAWRZYŃIAK Leon          | OSTRÓW WIELKOPOLSKI | POL      | KS MARATON OSTRÓW WIELKOPOLSKI                          | 46      | M70/2              | (M)473 | 00:52:29  | 05.14    |
| 3                            | 877    | PONIECKI Jan             | SYCÓW               | POL      | KB LUPUS  | 46      | M70/3              | (M)485 | 00:53:11  | 05.19    |
| 4                            | 605    | CZYSTY Zenon             | ODOLANÓW            | POL      | KS MARATON OSTRÓW WIELKOPOLSKI                          | 47      | M70/4              | (M)543 | 00:56:01  | 05.36    |
| 5                            | 183    | SZLACHTA Henryk          | OSTROW WLKP         | POL      |   | 45      | M70/5              | (M)555 | 00:56:36  | 05.39    |
| 6                            | 610    | GOZDOWSKI Edward         | OSTRÓW WIELKOPOLSKI | POL      | KS MARATON OSTRÓW WIELKOPOLSKI                          | 39      | M70/6              | (M)619 | 01:05:57  | 06.35    |
| <b>Bieg 10 km - K16 [7]</b>  |        |                          |                     |          |   |         |                    |        |           |          |
| 1                            | 662    | RYBCZYŃSKA Paulina       | KOBYLA GÓRA         | POL      |   | 98      | K16/1              | (K)21  | 00:47:14  | 04.43    |
| 2                            | 893    | GRZELCZAK Aleksandra     | JUTROSIN            | POL      |   | 98      | K16/2              | (K)29  | 00:48:12  | 04.49    |
| 3                            | 22     | SZCZEPANIAK Julia        | OSTRÓW WIELKOPOLSKI | POL      |   | 00      | K16/3              | (K)32  | 00:48:48  | 04.52    |
| 4                            | 316    | JADCZAK Monika           | KROTOSZYN           | POL      |   | 01      | K16/4              | (K)35  | 00:49:25  | 04.56    |
| 5                            | 721    | KUBASIK Julia            | KALISZ              | POL      |   | 99      | K16/5              | (K)118 | 00:58:09  | 05.48    |
| 6                            | 620    | WALCZAK Weronika         | KALISZ              | POL      | KALISZ  | 99      | K16/6              | (K)119 | 00:58:10  | 05.49    |
| 7                            | 727    | NASKRĘSKA Julia          | KOTLIN              | POL      | ROZ(BIEG)ANE BIAŁE TYGRYSY JAROCIN                      | 01      | K16/7              | (K)141 | 01:01:10  | 06.07    |
| <b>Bieg 10 km - K20 [41]</b> |        |                          |                     |          |   |         |                    |        |           |          |
| 1                            | 684    | ROMANOWSKA Justyna       | KĄTY WROCŁAWSKIE    | POL      | WOSIEK TEAM   | 93      | K20/1              | (K)2   | 00:40:43  | 04.04    |
| 2                            | 824    | KASZTELAN Patrycja       | ŻYTOWIECKO          | POL      | BIEGAJ Z KROBIĄ   | 97      | K20/2              | (K)4   | 00:43:25  | 04.20    |
| 3                            | 352    | FRIEBE Kinga             | GOLINA              | POL      | ROZPĘDZENI WIATREM GOLINA                               | 90      | K20/3              | (K)9   | 00:45:07  | 04.30    |
| 4                            | 481    | JASIAK Katarzyna         | OSTRÓW WIELKOPOLSKI | POL      |   | 97      | K20/4              | (K)11  | 00:45:28  | 04.32    |
| 5                            | 448    | LORENC Arleta            | OSTRÓW WIELKOPOLSKI | POL      |   | 92      | K20/5              | (K)12  | 00:45:39  | 04.33    |
| 6                            | 160    | GRZESZCZYK Patrycja      | DĄBRÓWKA            | POL      | FEHLAU RUN TEAM   | 88      | K20/6              | (K)14  | 00:45:58  | 04.35    |
| 7                            | 648    | WOJCIECHOWSKA Katarzyna  | OSTRÓW WIELKOPOLSKI | POL      |   | 89      | K20/7              | (K)19  | 00:46:40  | 04.40    |
| 8                            | 434    | FOLTYNIEWICZ-WOLSKA Anna | RZGÓW               | POL      |   | 89      | K20/8              | (K)22  | 00:47:16  | 04.43    |
| 9                            | 341    | GRAD Daria               | OSTRÓW WIELKOPOLSKI | POL      |   | 97      | K20/9              | (K)25  | 00:47:35  | 04.45    |
| 10                           | 441    | WOJTASZEK Katarzyna      | ODOLANÓW            | POL      | LZS TARCHALANKA   | 90      | K20/10             | (K)31  | 00:48:36  | 04.51    |
| 11                           | 466    | URBANIAK Dominika        | OSTRÓW WIELKOPOLSKI | POL      | OSTRÓW WIELKOPOLSKI                                     | 91      | K20/11             | (K)37  | 00:49:54  | 04.59    |
| 12                           | 289    | LEJA Małgorzata          | RACZYCE             | POL      |   | 90      | K20/12             | (K)42  | 00:50:42  | 05.04    |
| 13                           | 288    | LEJA Katarzyna           | RACZYCE             | POL      |   | 93      | K20/13             | (K)44  | 00:50:44  | 05.04    |
| 14                           | 495    | OKRASA Karolina          | KALISZ              | POL      |   | 95      | K20/14             | (K)49  | 00:51:14  | 05.07    |
| 15                           | 102    | PLÓCIENNIK Paulina       | WTÓREK              | POL      |   | 90      | K20/15             | (K)57  | 00:52:15  | 05.13    |
| 16                           | 16     | JUSZCZAK Monika          | OSTRÓW WIELKOPOLSKI | POL      | WARSZTAT KOWALSKI NAPRAWA RESORÓW<br>GAŚIOREK ARKADIUSZ | 00      | K20/16             | (K)58  | 00:52:25  | 05.14    |
| 17                           | 129    | WOJTCZAK Joanna          | OSTRÓW WIELKOPOLSKI | POL      | CROSSFIT - OSTRÓW (RADŁOWSKA)                           | 90      | K20/17             | (K)59  | 00:52:27  | 05.14    |
| 18                           | 612    | OLSZOWSKA Klaudia        | RYBIN / KOBYLA GÓRA | POL      |   | 94      | K20/18             | (K)61  | 00:52:38  | 05.15    |
| 19                           | 627    | HELIŃSKA Justyna         | OSTRÓW WIELKOPOLSKI | POL      |   | 88      | K20/19             | (K)62  | 00:52:47  | 05.16    |
| 20                           | 402    | KRZYŻANIAK Anna          | POZNAŃ              | POL      | POZNAŃ RACE TEAM  | 88      | K20/20             | (K)70  | 00:54:10  | 05.25    |
| 21                           | 894    | KAPA Patrycja            | BIEGANIN            | POL      | KS MARATON OSTRÓW WIELKOPOLSKI                          | 93      | K20/21             | (K)71  | 00:54:18  | 05.25    |
| 22                           | 219    | MUSS Martyna             | OSTRÓW WIELKOPOLSKI | POL      |   | 90      | K20/22             | (K)80  | 00:54:53  | 05.29    |
| 23                           | 373    | ANDRZEJCZAK Magdalena    | NOWE SKALMIERZYCE   | POL      | SKALMEX   | 89      | K20/23             | (K)82  | 00:55:08  | 05.30    |
| 24                           | 742    | BUNK Patrycja            | OSTRÓW WIELKOPOLSKI | POL      |   | 91      | K20/24             | (K)92  | 00:55:43  | 05.34    |
| 25                           | 301    | KAPOLKA Wioletta         | OSTROW WLKP.        | POL      | OSTRÓW WIELKOPOLSKI                                     | 91      | K20/25             | (K)99  | 00:56:23  | 05.38    |
| 26                           | 142    | SZCZEPANEK Monika        | JANKÓW ZALEŚNY      | POL      |   | 90      | K20/26             | (K)108 | 00:57:14  | 05.43    |
| 27                           | 429    | NOWAK Sylwia             | JAROCIN             | POL      |   | 93      | K20/27             | (K)113 | 00:57:46  | 05.46    |
| 28                           | 49     | WEIGT Agnieszka          | PRZYGDZICE          | POL      |   | 89      | K20/28             | (K)115 | 00:58:01  | 05.48    |
| 29                           | 338    | SZEWERENKO Malwina       | OSTRÓW WIELKOPOLSKI | POL      |   | 88      | K20/29             | (K)123 | 00:58:46  | 05.52    |
| 30                           | 415    | KOŁODZIEJCZYK Ewelina    | KALISZ              | POL      | KALISZ  | 94      | K20/30             | (K)125 | 00:59:09  | 05.54    |
| 31                           | 428    | MICHAŁOWSKA Daria        | GLUSZYCA            | POL      | WŚCIEKLE PSY  | 88      | K20/31             | (K)126 | 00:59:12  | 05.55    |
| 32                           | 112    | BODYLSKA Patrycja        | NOWE SKALMIERZYCE   | POL      |   | 93      | K20/32             | (K)127 | 00:59:13  | 05.55    |
| 33                           | 119    | HADRYŚ Aleksandra        | GORZYCE WIELKEI     | POL      |   | 97      | K20/33             | (K)136 | 01:00:23  | 06.02    |
| 34                           | 743    | DEMBCZYŃSKA Anna         | ZALASEWO            | POL      |   | 89      | K20/34             | (K)137 | 01:00:33  | 06.03    |
| 35                           | 201    | SZEWczyk Marlena         | OSTRÓW WIELKOPOLSKI | POL      |   | 92      | K20/35             | (K)142 | 01:01:16  | 06.07    |
| 36                           | 875    | PIETRZAK Katarzyna       | OSTRÓW WIELKOPOLSKI | POL      |   | 95      | K20/36             | (K)143 | 01:01:40  | 06.10    |
| 37                           | 550    | GAŚIEWSKA Martyna        | OSTRÓW WIELKOPOLSKI | POL      |   | 92      | K20/37             | (K)145 | 01:01:50  | 06.11    |
| 38                           | 871    | MROWCA Natalia           | OSTRÓW WIELKOPOLSKI | POL      |   | 91      | K20/38             | (K)155 | 01:04:05  | 06.24    |
| 39                           | 214    | BRZEZIŃSKA Anita         | OSTRÓW WLKP.        | POL      |   | 89      | K20/39             | (K)162 | 01:04:36  | 06.27    |

| Miejsce<br>Rank              | Nr<br>Bib | Nazwisko i imię<br>Name  | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team                   | R-k<br>YoB | W kategorii<br>in Age | Sex    | Czas<br>Time | [min/km] |
|------------------------------|-----------|--------------------------|---------------------|-------------|-----------------------------------|------------|-----------------------|--------|--------------|----------|
| 40                           | 444       | CZERWIŃSKA Paulina       | OSTRÓW WIELKOPOLSKI | POL         | OSTRÓW WIELKOPOLSKI               | 90         | K20/40                | (K)164 | 01:07:32     | 06.45    |
| 41                           | 597       | SZLACHTA Kalina          | OSTRÓW WLKP         | POL         |                                   | 89         | K20/41                | (K)168 | 01:16:07     | 07.36    |
| <b>Bieg 10 km - K30 [72]</b> |           |                          |                     |             |                                   |            |                       |        |              |          |
| 1                            | 51        | WIERZCHOWSKA Izabela     | KALISZ              | POL         | SUPERMARATON KALISZ               | 81         | K30/1                 | (K)1   | 00:38:59     | 03.53    |
| 2                            | 194       | TANAŚ Bogumiła           | CIESZKÓW            | POL         | KS KROTOSZ KROTOSZYN              | 83         | K30/2                 | (K)6   | 00:43:36     | 04.21    |
| 3                            | 873       | PENIOWICZ Justyna        | SUŁÓW               | POL         | RUNNING TEAM MILICZ               | 87         | K30/3                 | (K)13  | 00:45:41     | 04.34    |
| 4                            | 788       | PUCHALSKA Anna           | OSTRÓW WLKP         | POL         |                                   | 82         | K30/4                 | (K)15  | 00:46:10     | 04.37    |
| 5                            | 30        | GÓRSKA Anna              | OSTRÓW WLKP.        | POL         | KS MARATON OSTRÓW WIELKOPOLSKI    | 83         | K30/5                 | (K)16  | 00:46:14     | 04.37    |
| 6                            | 544       | SRADOMSKA Karolina       | KALISZ              | POL         | PKB KMP KALISZ                    | 82         | K30/6                 | (K)17  | 00:46:14     | 04.37    |
| 7                            | 268       | CICHOREK Ewelina         | CZERMIN             | POL         |                                   | 86         | K30/7                 | (K)18  | 00:46:21     | 04.38    |
| 8                            | 848       | UKLEJA Monika            | OSTRÓW WIELKOPOLSKI | POL         |                                   | 82         | K30/8                 | (K)20  | 00:47:12     | 04.43    |
| 9                            | 122       | ŻURKOWSKA Karolina       | OSTRÓW WLKP         | POL         |                                   | 80         | K30/9                 | (K)23  | 00:47:22     | 04.44    |
| 10                           | 370       | WODICZKO Weronika        | KALISZ              | POL         | SUPERMARATON KALISZ               | 83         | K30/10                | (K)26  | 00:47:53     | 04.47    |
| 11                           | 319       | KOMINEK Katarzyna        | TOPOLA-OSIEDLE      | POL         |                                   | 80         | K30/11                | (K)30  | 00:48:15     | 04.49    |
| 12                           | 784       | MIGAJ Dorota             | SULMIERZYCE         | POL         | FRONTLINE ACADEMY POLAND          | 78         | K30/12                | (K)38  | 00:50:07     | 05.00    |
| 13                           | 619       | SZYMANOWSKA Agata        | POZNAŃ              | POL         |                                   | 83         | K30/13                | (K)39  | 00:50:12     | 05.01    |
| 14                           | 285       | KOŁODZIEJ Anna           | RACZYCE             | POL         |                                   | 83         | K30/14                | (K)43  | 00:50:43     | 05.04    |
| 15                           | 510       | BOROWIAK Hanna           | KALISZ              | POL         | WOZIMYSIE.PL                      | 82         | K30/15                | (K)45  | 00:50:52     | 05.05    |
| 16                           | 254       | MATUSIAK Żaneta          | KALISZ              | POL         | PARKRUN KALISZ                    | 79         | K30/16                | (K)46  | 00:51:01     | 05.06    |
| 17                           | 844       | STEMPIN Anna             | PIASKI              | POL         |                                   | 83         | K30/17                | (K)47  | 00:51:07     | 05.06    |
| 18                           | 626       | GUGLAS Aleksandra        | KALISZ              | POL         | DZIKA DRUŻYNA                     | 78         | K30/18                | (K)50  | 00:51:21     | 05.08    |
| 19                           | 180       | WRÓBEL Anita             | ODOLANÓW            | POL         |                                   | 85         | K30/19                | (K)51  | 00:51:34     | 05.09    |
| 20                           | 190       | JĘDRZEJCZAK Renata       | RAKONIEWICE         | POL         | RAKONIEWICE                       | 82         | K30/20                | (K)52  | 00:51:37     | 05.09    |
| 21                           | 220       | NOSKOWICZ Kamila         | ODOLANÓW            | POL         | CROSSFIT - OSTRÓW (RADŁOWSKA)     | 86         | K30/21                | (K)53  | 00:51:37     | 05.09    |
| 22                           | 189       | JANICKA-MADEJ Justyna    | OSTRÓW WLKP.        | POL         |                                   | 78         | K30/22                | (K)54  | 00:51:46     | 05.10    |
| 23                           | 552       | KASPRZAK Emilia          | ROSOSZYCA           | POL         |                                   | 82         | K30/23                | (K)60  | 00:52:29     | 05.14    |
| 24                           | 276       | KWIATKOWSKA Agnieszka    | KALISZ              | POL         | KALISZ                            | 78         | K30/24                | (K)63  | 00:53:04     | 05.18    |
| 25                           | 660       | PERZ Karolina            | GORZYCE WIELKIE     | POL         |                                   | 79         | K30/25                | (K)64  | 00:53:10     | 05.19    |
| 26                           | 637       | GAŁĘSKA Katarzyna        | MUROWANA GOŚLINA    | POL         | MUROWANA GOŚLINA SZALONE          | 82         | K30/26                | (K)67  | 00:53:54     | 05.23    |
| 27                           | 491       | MĄDRY Karolina           | OSTRÓW WIELKOPOLSKI | POL         |                                   | 81         | K30/27                | (K)68  | 00:54:03     | 05.24    |
| 28                           | 17        | KRZYŻANEK-ROGALA Martyna | OSTRÓW WIELKOPOLSKI | POL         |                                   | 87         | K30/28                | (K)69  | 00:54:07     | 05.24    |
| 29                           | 400       | GAJEWSKA-CZUL Marta      | OSTRÓW WLKP.        | POL         | SAJMON BOXING TEAM                | 80         | K30/29                | (K)72  | 00:54:19     | 05.25    |
| 30                           | 776       | KLUSKA Kamila            | MIĘDZYBÓRZ          | POL         | VERVOMANIACY                      | 86         | K30/30                | (K)73  | 00:54:20     | 05.26    |
| 31                           | 485       | KOBYŁKA Małgorzata       | SZALE               | POL         |                                   | 79         | K30/31                | (K)75  | 00:54:38     | 05.27    |
| 32                           | 363       | ROBAKOWSKA Joanna        | OSTRÓW WIELKOPOLSKI | POL         | NIGHT RUNNERS                     | 83         | K30/32                | (K)76  | 00:54:44     | 05.28    |
| 33                           | 719       | KRAWCZYK Anna            | GORZYCE WIELKIE     | POL         | NIGHT RUNNERS                     | 80         | K30/33                | (K)78  | 00:54:46     | 05.28    |
| 34                           | 592       | PORTASIAK Izabela        | OSTRÓW WIELKOPOLSKI | POL         |                                   | 83         | K30/34                | (K)84  | 00:55:20     | 05.32    |
| 35                           | 685       | SÓJKA Aneta              | OSTRÓW WIELKOPOLSKI | POL         | FUN&RUN                           | 79         | K30/35                | (K)85  | 00:55:21     | 05.32    |
| 36                           | 583       | GIESZCZYŃSKA Magdalena   | OSTRÓW WIELKOPOLSKI | POL         | KS MARATON OSTRÓW WIELKOPOLSKI    | 80         | K30/36                | (K)86  | 00:55:22     | 05.32    |
| 37                           | 557       | MICHALSKA Agnieszka      | OSTRÓW WIELKOPOLSKI | POL         |                                   | 78         | K30/37                | (K)91  | 00:55:36     | 05.33    |
| 38                           | 715       | DYMAŁA Natalia           | MIĘDZYBÓRZ          | POL         | NIGHT RUNNERS                     | 85         | K30/38                | (K)94  | 00:55:55     | 05.35    |
| 39                           | 634       | ADAMKIEWICZ Emilia       | OSTRÓW WLKP         | POL         |                                   | 86         | K30/39                | (K)96  | 00:56:09     | 05.36    |
| 40                           | 817       | DĄBKIEWICZ Dominika      | OSTRÓW WIELKOPOLSKI | POL         |                                   | 82         | K30/40                | (K)98  | 00:56:18     | 05.37    |
| 41                           | 575       | SPIZAK Agnieszka         | OSTRÓW WLKP         | POL         | DRUŻYNA SZPIKU                    | 81         | K30/41                | (K)100 | 00:56:26     | 05.38    |
| 42                           | 734       | SÓJKA Elżbieta           | KALISZ              | POL         |                                   | 79         | K30/42                | (K)101 | 00:56:27     | 05.38    |
| 43                           | 396       | SZYMANEK-SETECKA Monika  | OSTRÓW WIELKOPOLSKI | POL         |                                   | 79         | K30/43                | (K)102 | 00:56:31     | 05.39    |
| 44                           | 78        | GOŹDZIASZEK Katarzyna    | KOŁĄTAJEW           | POL         |                                   | 78         | K30/44                | (K)103 | 00:56:56     | 05.41    |
| 45                           | 348       | URBAN Sylwia             | OSTRÓW WIELKOPOLSKI | POL         | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | 84         | K30/45                | (K)104 | 00:57:00     | 05.42    |
| 46                           | 86        | KAZIOR-GRĄBCZEWSKA Marta | WARSZAWA            | POL         |                                   | 81         | K30/46                | (K)105 | 00:57:01     | 05.42    |
| 47                           | 863       | GRUBER Agnieszka         | KALISZ              | POL         |                                   | 84         | K30/47                | (K)110 | 00:57:22     | 05.44    |
| 48                           | 281       | WOLSKA Anna              | KALISZ              | POL         | KALISZ                            | 79         | K30/48                | (K)111 | 00:57:29     | 05.44    |
| 49                           | 38        | LEŚNIAK Magdalena        | OSTRÓW WIELKOPOLSKI | POL         |                                   | 81         | K30/49                | (K)112 | 00:57:34     | 05.45    |
| 50                           | 459       | CZERWIŃSKA Agnieszka     | KROTOSZYN           | POL         | NIGHT RUNNERS                     | 82         | K30/50                | (K)116 | 00:58:05     | 05.48    |
| 51                           | 263       | ADAMEK Adrianna          | OSTRÓW WIELKOPOLSKI | POL         | HUSARIA RACE TEAM                 | 83         | K30/51                | (K)120 | 00:58:25     | 05.50    |
| 52                           | 835       | PATALONG Sylwia          | OSTRÓW WLKP.        | POL         |                                   | 82         | K30/52                | (K)122 | 00:58:45     | 05.52    |
| 53                           | 33        | JĘDRZEJAK-CZAJA Izabela  | OSTRÓW WIELKOPOLSKI | POL         |                                   | 83         | K30/53                | (K)128 | 00:59:13     | 05.55    |
| 54                           | 215       | CHŁOPAŚ Dominika         | OSTRÓW WIELKOPOLSKI | POL         | GRAFICOLOR                        | 81         | K30/54                | (K)129 | 00:59:17     | 05.55    |











| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team     | R-k<br>YoB | W kategorii<br>in Age | Sex    | Czas<br>Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|---------------------|------------|-----------------------|--------|--------------|----------|
| 55              | 763       | ADAMCZAK Joanna         | PAWŁOWICE           | POL         |                     | 80         | K30/55                | (K)130 | 00:59:28     | 05.56    |
| 56              | 397       | BARASIŃSKA Marta        | OSTRÓW WIELKOPOLSKI | POL         |                     | 84         | K30/56                | (K)131 | 00:59:28     | 05.56    |
| 57              | 47        | TOMALAK Anna            | OSTRÓW WIELKOPOLSKI | POL         |                     | 85         | K30/57                | (K)132 | 00:59:47     | 05.58    |
| 58              | 505       | WITCZAK Aneta           | KALISZ              | POL         | WITCZAKI            | 84         | K30/58                | (K)133 | 00:59:52     | 05.59    |
| 59              | 357       | KOŁODZIEJ Karolina      | SIEROSZEWICE        | POL         |                     | 82         | K30/59                | (K)134 | 01:00:13     | 06.01    |
| 60              | 730       | RATAJCZAK Joanna        | KROBIA              | POL         |                     | 83         | K30/60                | (K)135 | 01:00:14     | 06.01    |
| 61              | 537       | PASTERNAK Justyna       | KALISZ              | POL         |                     | 87         | K30/61                | (K)139 | 01:00:58     | 06.05    |
| 62              | 273       | KASPRZAK Małgorzata     | OSTRÓW WIELKOPOLSKI | POL         |                     | 85         | K30/62                | (K)140 | 01:01:02     | 06.06    |
| 63              | 761       | ZIÓLKOWSKA Magdalena    | OPATÓWEK            | POL         |                     | 82         | K30/63                | (K)147 | 01:02:12     | 06.13    |
| 64              | 898       | WALISZEWSKA Sylwia      |                     | POL         | SYGA                | 79         | K30/64                | (K)150 | 01:02:38     | 06.15    |
| 65              | 726       | MIELCAREK Aurelia       | SIEROSZEWICE        | POL         |                     | 80         | K30/65                | (K)154 | 01:03:53     | 06.23    |
| 66              | 243       | ŚNIECIŃSKA Anna         | LIGOTA              | POL         | ABC GŁOGOWA         | 80         | K30/66                | (K)157 | 01:04:11     | 06.25    |
| 67              | 257       | SÓJKA Małgorzata        | RASZKÓW             | POL         | ABC GŁOGOWA         | 82         | K30/67                | (K)158 | 01:04:12     | 06.25    |
| 68              | 234       | BĘTKOWSKA Karolina      | LIGOTA              | POL         | ABC GŁOGOWA         | 86         | K30/68                | (K)159 | 01:04:14     | 06.25    |
| 69              | 895       | BIEGANSKA Martyna       | OSTROW WLKP         | POL         | DZIKA DRUŻYNA       | 80         | K30/69                | (K)160 | 01:04:22     | 06.26    |
| 70              | 884       | PERDEK Joanna           | RASZKÓW             | POL         | OSTRÓW WIELKOPOLSKI | 87         | K30/70                | (K)161 | 01:04:29     | 06.26    |
| 71              | 226       | ZOMMER - KRUPKA Marta   | ODOLANOW            | POL         |                     | 84         | K30/71                | (K)165 | 01:07:34     | 06.45    |
| 72              | 708       | ŚWIĄTKOWSKA Beata       | POZNAŃ              | POL         | NIGHT RUNNERS       | 83         | K30/72                | (K)166 | 01:08:54     | 06.53    |

### Bieg 10 km - K40 [35]

|    |     |                            |                     |     |                                   |    |        |        |          |       |
|----|-----|----------------------------|---------------------|-----|-----------------------------------|----|--------|--------|----------|-------|
| 1  | 7   | MEJER Magdalena            | DĄBROWA             | POL | POLSKA                            | 71 | K40/1  | (K)3   | 00:42:54 | 04.17 |
| 2  | 236 | DOMAŃ Joanna               | KIEKRZ              | POL |                                   | 76 | K40/2  | (K)5   | 00:43:31 | 04.21 |
| 3  | 419 | PROWSE Alina               | KALISZ              | POL | PARKRUN KALISZ                    | 76 | K40/3  | (K)7   | 00:44:29 | 04.26 |
| 4  | 723 | KUPCZAK Ewa                | MROCZEŃ             | POL |                                   | 73 | K40/4  | (K)8   | 00:45:06 | 04.30 |
| 5  | 806 | RATAJEK Monika             | ZDUNY               | POL |                                   | 77 | K40/5  | (K)10  | 00:45:17 | 04.31 |
| 6  | 792 | SZPURKA Jolanta            | KROBIA              | POL | BIEGAJ Z KROBIĄ                   | 77 | K40/6  | (K)24  | 00:47:22 | 04.44 |
| 7  | 489 | LUBAŃSKA Alicja            | BUKOWICE            | POL | ZS BUKOWICE                       | 68 | K40/7  | (K)27  | 00:48:03 | 04.48 |
| 8  | 815 | BRDYS Ewelina              | SULMIERZYCE         | POL |                                   | 75 | K40/8  | (K)33  | 00:48:51 | 04.53 |
| 9  | 879 | RYBACKA Katarzyna          | KROTOSZYN           | POL |                                   | 75 | K40/9  | (K)36  | 00:49:54 | 04.59 |
| 10 | 85  | WOJCIESZAK Iwona           | KALISZ              | POL | TUP TUP RAZEM                     | 68 | K40/10 | (K)41  | 00:50:37 | 05.03 |
| 11 | 748 | MUSIELAK Wioleta           | MILICZ              | POL | RUNNING CLUB MILICZ               | 74 | K40/11 | (K)48  | 00:51:11 | 05.07 |
| 12 | 46  | STRZELCZAK Beata           | WTÓREK              | POL |                                   | 75 | K40/12 | (K)55  | 00:51:49 | 05.10 |
| 13 | 250 | SUŚ Joanna                 | ZACHARZEW           | POL |                                   | 77 | K40/13 | (K)65  | 00:53:49 | 05.22 |
| 14 | 588 | LUCZAK Lidia               | OSTRÓW WIELKOPOLSKI | POL |                                   | 72 | K40/14 | (K)66  | 00:53:49 | 05.22 |
| 15 | 560 | PRZYBYLSKA Małgorzata      | SOCHACZEW           | POL | KM AKTYWNI SOCHACZEW              | 69 | K40/15 | (K)77  | 00:54:45 | 05.28 |
| 16 | 886 | GAWLOWSKA Paulina          | KOSCIELNA WIES      | POL |                                   | 73 | K40/16 | (K)79  | 00:54:51 | 05.29 |
| 17 | 740 | BIRECKA Kamilla            | KALISZ              | POL |                                   | 74 | K40/17 | (K)81  | 00:55:04 | 05.30 |
| 18 | 354 | GRZELA Ilona               | OSTRÓW WIELKOPOLSKI | POL | NIGHT RUNNERS                     | 76 | K40/18 | (K)87  | 00:55:25 | 05.32 |
| 19 | 636 | CHALCIŃSKA Izabela         | OSTRÓW WIELKOPOLSKI | POL |                                   | 75 | K40/19 | (K)88  | 00:55:30 | 05.33 |
| 20 | 342 | HOFMAN Joanna              | KALISZ              | POL | DENTALCARE TEAM                   | 72 | K40/20 | (K)90  | 00:55:35 | 05.33 |
| 21 | 364 | MAĆKOWIAK Agnieszka        | ZDUNY               | POL | WWW.LOGOPEDAZDUNY.REPUBLIKA.PL    | 77 | K40/21 | (K)93  | 00:55:53 | 05.35 |
| 22 | 794 | ŚWIGONIAK Monika           | OSTROW WIELKOPOLSKI | POL |                                   | 76 | K40/22 | (K)95  | 00:56:09 | 05.36 |
| 23 | 703 | SOKOŁOWSKA Barbara         | NAMYSŁÓW            | POL | DIEHL RUNNING TEAM                | 73 | K40/23 | (K)97  | 00:56:16 | 05.37 |
| 24 | 45  | SROKA-HANIEWICZ Joanna     | OSTRÓW WIELKOPOLSKI | POL |                                   | 76 | K40/24 | (K)106 | 00:57:02 | 05.42 |
| 25 | 89  | MARCZAK Karolina           | CZEKANÓW            | POL |                                   | 76 | K40/25 | (K)107 | 00:57:03 | 05.42 |
| 26 | 367 | SZYSZKA Agnieszka          | OSTRÓW WIELKOPOLSKI | POL | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | 75 | K40/26 | (K)109 | 00:57:16 | 05.43 |
| 27 | 629 | MODRZEJEWSKA Lidia         | GRABÓW NAD PROSNĄ   | POL | MOJA RODZINA                      | 72 | K40/27 | (K)114 | 00:57:55 | 05.47 |
| 28 | 793 | SZUKALSKA Agnieszka        | KOŚCIAN             | POL | KOŚCIAN TEAM                      | 74 | K40/28 | (K)121 | 00:58:35 | 05.51 |
| 29 | 287 | KOWALCZYK-KRÓL Bernadeta   | OSTRÓW WIELKOPOLSKI | POL | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | 71 | K40/29 | (K)124 | 00:59:08 | 05.54 |
| 30 | 303 | ŁAWNICZAK Jolanta          | CZEKANÓW            | POL |                                   | 77 | K40/30 | (K)138 | 01:00:54 | 06.05 |
| 31 | 494 | MICHALAK Lidia             | OSTRÓW WLKP.        | POL |                                   | 76 | K40/31 | (K)146 | 01:01:58 | 06.11 |
| 32 | 825 | KOCZURA Alina              | OSTRÓW WIELKOPOLSKI | POL |                                   | 77 | K40/32 | (K)148 | 01:02:15 | 06.13 |
| 33 | 72  | WIRTH-CZARCIŃSKA Magdalena | WROCLAW             | POL |                                   | 75 | K40/33 | (K)149 | 01:02:20 | 06.14 |
| 34 | 753 | STAWICKA Magdalena         | OSTRÓW WIELKOPOLSKI | POL |                                   | 76 | K40/34 | (K)163 | 01:07:32 | 06.45 |
| 35 | 173 | GWAZDACZ Monika            | OSTRÓW WIELKOPOLSKI | POL |                                   | 72 | K40/35 | (K)167 | 01:10:18 | 07.01 |

### Bieg 10 km - K50 [12]

|   |     |                       |                     |     |                                     |    |       |       |          |       |
|---|-----|-----------------------|---------------------|-----|-------------------------------------|----|-------|-------|----------|-------|
| 1 | 279 | SKRZYPCZAK Małgorzata | KALISZ              | POL | BB-BIEGAJACA BABCIA                 | 62 | K50/1 | (K)28 | 00:48:06 | 04.48 |
| 2 | 362 | PLÓCIENNIK Renata     | OSTRÓW WIELKOPOLSKI | POL | KS ICE MAT TEAM OSTRÓW WIELKOPOLSKI | 63 | K50/2 | (K)34 | 00:49:21 | 04.56 |

| <b>Miejsce Rank</b> | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b>   | <b>Drużyna Team</b>          | <b>R-k YoB</b> | <b>W kategorii in Age</b> | <b>Sex</b> | <b>Czas Time</b> | <b>[min/km]</b> |
|---------------------|---------------|-----------------------------|-------------------------|---|------------------------------|----------------|---------------------------|------------|------------------|-----------------|
| 3                   | 891           | PIETRZYKOWSKA Wanda         | KALISZ                  |  POL |                              | 67             | K50/3                     | (K)40      | <b>00:50:24</b>  | 05.02           |
| 4                   | 578           | DOLATA Elżbieta             | OSTRÓW WIELKOPOLSKI     |  POL |                              | 67             | K50/4                     | (K)56      | <b>00:52:01</b>  | 05.12           |
| 5                   | 516           | DRYJAŃSKA Krystyna          | KOTLIN                  |  POL |                              | 66             | K50/5                     | (K)74      | <b>00:54:25</b>  | 05.26           |
| 6                   | 28            | CHOLEWIŃSKA Longina         | MUROWANA GOŚLINA        |  POL | HERNIK TEAM                  | 66             | K50/6                     | (K)83      | <b>00:55:17</b>  | 05.31           |
| 7                   | 349           | WŁODAREK Urszula            | KALISZ                  |  POL | DENTALCARE TEAM              | 65             | K50/7                     | (K)89      | <b>00:55:34</b>  | 05.33           |
| 8                   | 218           | IDZIOR Barbara              | OSTRÓW WLKP             |  POL |                              | 65             | K50/8                     | (K)117     | <b>00:58:06</b>  | 05.48           |
| 9                   | 179           | SZÓSTAK Marzena             | JELCZ-LASKOWICE         |  POL | KB HARCOWNIK JELCZ-LASKOWICE | 61             | K50/9                     | (K)144     | <b>01:01:48</b>  | 06.10           |
| 10                  | 869           | MAKOWIECKA ZIELIŃSKA Joanna | SZCZAWNO-ZDRÓJ          |  POL |                              | 67             | K50/10                    | (K)151     | <b>01:03:04</b>  | 06.18           |
| 11                  | 554           | KOBYŁKA Małgorzata          | KALISZ                  |  POL |                              | 67             | K50/11                    | (K)153     | <b>01:03:39</b>  | 06.21           |
| 12                  | 280           | URBANIAK Laura              | OSTRÓW WIELKOPOLSKI     |  POL | RADCA PRAWNY BIEGA           | 66             | K50/12                    | (K)156     | <b>01:04:05</b>  | 06.24           |

### Bieg 10 km - K60 [1]

|   |     |                  |        |   |                |    |       |        |                 |       |
|---|-----|------------------|--------|---|----------------|----|-------|--------|-----------------|-------|
| 1 | 658 | KUBCZYK Czesława | KALISZ |  POL | PARKRUN-KALISZ | 56 | K60/1 | (K)152 | <b>01:03:08</b> | 06.18 |
|---|-----|------------------|--------|---|----------------|----|-------|--------|-----------------|-------|