

III BIEG ICEMANA

WYNIKI ZAWODÓW

Open

Organizator: Stowarzyszenie Rada Odnowy Przesieki

Termin: 21.02.2015

Miejsce: Przesieka

Dystans: 10 km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto | 2.5 km | Międzyczasy 7.5 km | Check points |
|-----------------|-----------|-------------------------|--------------|-------------------------------------|---------------------|------------|-----------------------|----------------|----------------|----------------|----------|-----------------------|--------------|
| 1 | 103 | SADOWSKI PAWEŁ | POL | | JANOWICE | 90 | M20/1 | | 00:40:54 | 00:40:50 | 00:07:42 | 00:33:03 | |
| 2 | 129 | WALKOWIAK ROBERT | POL | TEAM MTB PARKIETEX | MODŁA | 79 | M30/1 | | 00:41:21 | 00:41:21 | 00:07:48 | 00:33:05 | |
| 3 | 94 | PIOTROWSKI MARCIN | POL | ŻARY RUNNERS TEAM | ŻARY | 85 | M30/2 | | 00:41:33 | 00:41:22 | 00:08:02 | 00:33:20 | |
| 4 | 101 | RYCHLIK ARTUR | POL | SUPERMARATON KALISZ | MROCZEŃ | 68 | M40/1 | | 00:42:21 | 00:42:19 | 00:08:05 | 00:33:52 | |
| 5 | 143 | WRZECIAN ADAM | POL | MORSY POZNAŃ / NIGHT RUNNERS | POZNAŃ | 86 | M20/2 | | 00:42:50 | 00:42:47 | 00:07:44 | 00:34:44 | |
| 6 | 124 | ŚLUSARCZYK PAWEŁ | POL | KLUB SPORTOWY ŁOMNICA | ŁOMNICA | 90 | M20/3 | | 00:43:26 | 00:43:12 | 00:09:20 | 00:35:11 | |
| 7 | 118 | SZTURO JAN | POL | | PODGÓRZYN | 67 | M40/2 | | 00:43:34 | 00:43:32 | 00:08:23 | 00:35:12 | |
| 8 | 98 | RACZKO TOMASZ | POL | KLUB MORSÓW BOLESŁAWIEC | BOLESŁAWIEC | 85 | M30/3 | | 00:43:59 | 00:43:55 | 00:08:30 | 00:35:20 | |
| 9 | 127 | URBANOWICZ JACEK | POL | PRO-RUN WROCŁAW | WROCŁAW | 84 | M30/4 | | 00:44:13 | 00:44:08 | 00:08:45 | 00:35:28 | |
| 10 | 41 | JASINIOK PRZEMYSŁAW | POL | MISJA NA MARSA | JELENIA GÓRA | 85 | M30/5 | | 00:44:46 | 00:44:43 | 00:08:45 | 00:35:56 | |
| 11 | 81 | MRÓZ MARCIN | POL | WIELKOPOLSKI KLUB MORSÓW 'ALASKA' / | ZALASEWO | 78 | M30/6 | | 00:45:04 | 00:45:00 | 00:08:44 | 00:36:00 | |
| 12 | 44 | JOLIBSKI JACEK | POL | BIEGAMDLAZDROWIA.PL | JELENIA GÓRA | 91 | M20/4 | | 00:45:18 | 00:45:16 | 00:07:29 | 00:37:40 | |
| 13 | 89 | MIODUSZEWSKI ŁUKASZ | POL | MORŚWINY ŚWINOUJŚCIE | ŚWINOUJŚCIE | 82 | M30/7 | | 00:45:27 | 00:45:25 | 00:08:39 | 00:36:29 | |
| 14 | 132 | WIERZBICKI WITOLD | POL | PRO-RUN WROCŁAW | WROCŁAW | 81 | M30/8 | | 00:45:30 | 00:45:29 | 00:08:13 | 00:36:35 | |
| 15 | 117 | SZCZENIOWSKI JACEK | POL | KLETNO | LUBIN | 81 | M30/9 | | 00:45:45 | 00:45:40 | 00:08:44 | 00:36:51 | |
| 16 | 15 | DOMAŃSKI JAROSŁAW | POL | AMATOR | SWIERZAWA | 72 | M40/3 | | 00:45:57 | 00:45:52 | 00:09:05 | 00:37:11 | |
| 17 | 154 | KONDRAT ADAM | POL | | JELENIA GÓRA | 68 | M40/4 | | 00:46:15 | 00:46:11 | 00:08:39 | 00:37:03 | |
| 18 | 65 | KUCZ TOMASZ | POL | | JELENIA GÓRA | 74 | M40/5 | | 00:46:21 | 00:46:18 | 00:08:47 | 00:37:09 | |
| 19 | 21 | DUDZIAK JAN | POL | TT SZCZECIN | ŚWINOUJŚCIE | 72 | M40/6 | | 00:46:23 | 00:46:21 | 00:08:46 | 00:37:15 | |
| 20 | 146 | ZAWADZKI KRZYSZTOF | POL | BIELAŃSKA POGOŃ | BIELANY | 85 | M30/10 | | 00:46:24 | 00:46:23 | 00:08:40 | 00:37:07 | |
| 21 | 84 | NOWAKOWSKI TOMASZ | POL | TS REGLE SZKLARSKA PORĘBA | SZKLARSKA | 74 | M40/7 | | 00:46:26 | 00:46:25 | 00:07:28 | 00:38:11 | |
| 22 | 80 | MIKOŁAJCZAK PRZEMEK | POL | BIEGAJ-ZAPOBIEGAJ | WAŁBRZYCH | 78 | M30/11 | | 00:46:28 | 00:46:13 | 00:10:01 | 00:37:38 | |
| 23 | 38 | JACHOWICZ MALWINA | POL | MOTIO FIZJOTERAPIA | WROCŁAW | 83 | K30/1 | | 00:46:32 | 00:46:29 | 00:09:12 | 00:37:14 | |
| 24 | 151 | BACZEWSKI EDWARD | POL | FAURECIA STOOR | WAŁBRZYCH | 64 | M50/1 | | 00:46:46 | 00:46:43 | 00:07:43 | 00:38:14 | |
| 25 | 62 | KSIĄŻEK ŁUKASZ | POL | BIEGAJ-ZAPOBIEGAJ | WAŁBRZYCH | 82 | M30/12 | | 00:46:47 | 00:46:30 | 00:10:03 | 00:37:44 | |
| 26 | 138 | WOŁOSZYN MARCIN | POL | ZG POLKOWICE-SIEROSZOWICE | KUROWICE | 79 | M30/13 | | 00:47:04 | 00:47:01 | 00:09:01 | 00:37:53 | |
| 27 | 115 | STOŁOWSKI DAMIAN | POL | | MYSŁAKOWICE | 86 | M20/5 | | 00:47:32 | 00:47:26 | 00:08:44 | 00:38:01 | |
| 28 | 40 | JAROSZ DOMINIKA | POL | TS REGLE SZKLARSKA PORĘBA | JELENIA GÓRA | 81 | K30/2 | | 00:47:40 | 00:47:37 | 00:09:10 | 00:38:00 | |
| 29 | 145 | ZAJĄC GRZEGORZ | POL | TPZ | BIAŁA | 88 | M20/6 | | 00:47:42 | 00:47:33 | 00:09:31 | 00:38:29 | |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto | Międzyczasy | Check points |
|-----------------|-----------|-------------------------|--------------|------------------------------|---------------------|------------|-----------------------|----------------|----------------|----------------|-------------|--------------|
| 30 | 4 | BASZCZYSHYN ARTUR | POL | MKB SEMPER HUMILIS | KUDOWA ZDRÓJ | 85 | M30/14 | | 00:47:49 | 00:47:46 | 00:08:51 | 00:38:15 |
| 31 | 112 | SOBALA ŁUKASZ | POL | MORSY POZNAŃ / NIGHT RUNNERS | POZNAŃ | 82 | M30/15 | | 00:47:54 | 00:47:52 | 00:09:21 | 00:38:29 |
| 32 | 125 | TALAR ADAM | POL | | JELEŃ GÓRA | 87 | M20/7 | | 00:47:57 | 00:47:53 | 00:08:47 | 00:38:31 |
| 33 | 133 | WILCZYŃSKI SYLWESTER | POL | KLUB SPORTOWY ŁOMNICA | ŁOMNICA | 81 | M30/16 | | 00:48:29 | 00:48:16 | 00:10:01 | 00:39:16 |
| 34 | 33 | GURSKI BOGUMIŁ | POL | | JELEŃ GÓRA | 87 | M20/8 | | 00:48:42 | 00:48:37 | 00:08:53 | 00:38:52 |
| 35 | 159 | HOLYSZEWSKI DAMIAN | POL | | PROBOSZCZÓW | 88 | M20/9 | | 00:48:47 | 00:48:43 | 00:09:12 | 00:39:01 |
| 36 | 77 | MAZUR MARIUSZ | POL | ZABIEGANI Z LESNEJ | LUBAN | 80 | M30/17 | | 00:49:08 | 00:49:04 | 00:09:26 | 00:39:32 |
| 37 | 68 | KUR MICHAŁ | POL | | JELEŃ GÓRA | 90 | M20/10 | | 00:49:09 | 00:49:03 | 00:10:23 | 00:39:45 |
| 38 | 74 | ŁABUDA KRZYSIEK | POL | AMATORKA | JELEŃ GÓRA | 76 | M30/18 | | 00:49:34 | 00:49:33 | 00:09:12 | 00:39:43 |
| 39 | 70 | LEŚNICKI PAWEŁ | POL | | STANOWICE | 96 | M16/1 | | 00:49:48 | 00:49:36 | 00:10:11 | 00:40:10 |
| 40 | 58 | KOWALCZUK ALICJA | POL | | BOLESŁAWIEC | 81 | K30/3 | | 00:49:54 | 00:49:41 | 00:10:28 | 00:40:20 |
| 41 | 137 | WOJAKOWSKI ŁUKASZ | POL | PARKRUNZARY | ŻARY | 77 | M30/19 | | 00:50:12 | 00:49:59 | 00:09:55 | 00:40:06 |
| 42 | 128 | WALKÓW ROBERT | POL | ZIELONOGÓRSKI ZACIĄG | GRUDZA | 78 | M30/20 | | 00:50:23 | 00:50:06 | 00:11:04 | 00:40:56 |
| 43 | 17 | DORSZ SEBASTIAN | POL | | ZŁOTORYJA | 82 | M30/21 | | 00:50:29 | 00:50:13 | 00:10:50 | 00:41:00 |
| 44 | 107 | SKIERESZ MARCIN | POL | NARODOWY-WAŁBRZYCH | WAŁBRZYCH | 82 | M30/22 | | 00:50:32 | 00:50:17 | 00:10:14 | 00:40:50 |
| 45 | 105 | SELEROWICZ RAFAŁ | POL | | ZELÓW | 83 | M30/23 | | 00:50:36 | 00:50:26 | 00:09:56 | 00:40:57 |
| 46 | 52 | KŁOSOWSKI PIOTR | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 71 | M40/8 | | 00:50:43 | 00:50:41 | 00:09:18 | 00:40:26 |
| 47 | 100 | REZLERSKA DOMINIKA | POL | | ŻARY | 89 | K20/1 | | 00:50:57 | 00:50:42 | 00:10:42 | 00:41:11 |
| 48 | 34 | HEREZO KRZYSZTOF | POL | VEGE RUNNERS | JELEŃ GÓRA | 82 | M30/24 | | 00:51:01 | 00:50:46 | 00:10:42 | 00:41:11 |
| 49 | 46 | KACZMARCZYK PAWEŁ | POL | | JELEŃ GÓRA | 66 | M40/9 | | 00:51:18 | 00:51:16 | 00:09:11 | 00:41:10 |
| 50 | 73 | LORENC BARTOSZ | POL | | ZIELONA GORA | 79 | M30/25 | | 00:51:22 | 00:51:11 | 00:10:18 | 00:41:09 |
| 51 | 28 | FRYSKA MARIUSZ | POL | | ŚWINOUJŚCIE | 78 | M30/26 | | 00:51:29 | 00:51:23 | 00:10:10 | 00:41:23 |
| 52 | 57 | KOTARSKA ANNA | POL | KB DZIK | POLICE | 74 | K40/1 | | 00:51:33 | 00:51:28 | 00:10:38 | 00:41:39 |
| 53 | 86 | PARCHANOWICZ MARIUSZ | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 59 | M50/2 | | 00:52:00 | 00:51:48 | 00:11:26 | 00:42:20 |
| 54 | 2 | BANIA DAWID | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 85 | M30/27 | | 00:52:00 | 00:51:55 | 00:10:15 | 00:42:19 |
| 55 | 150 | ANDRUSZEWSKI TOMASZ | POL | KB GEOTERNIA UNIEJÓW | ZDUŃSKA WOLA | 81 | M30/28 | | 00:52:13 | 00:52:06 | 00:10:48 | 00:41:48 |
| 56 | 134 | WILCZYŃSKI PIOTR | POL | | TOMASZÓW | 67 | M40/10 | | 00:52:16 | 00:52:08 | 00:10:52 | 00:42:02 |
| 57 | 56 | KOTOWICZ TOMASZ | POL | PRO-RUN WROCŁAW | WROCŁAW | 77 | M30/29 | | 00:52:18 | 00:52:12 | 00:10:23 | 00:42:25 |
| 58 | 53 | KOPACZ MICHAŁ | POL | | WROCŁAW | 90 | M20/11 | | 00:52:23 | 00:52:17 | 00:10:28 | 00:42:26 |
| 59 | 71 | LEWANDOWSKI RAFAŁ | POL | NARODOWY-WAŁBRZYCH | WAŁBRZYCH | 84 | M30/30 | | 00:52:44 | 00:52:29 | 00:10:23 | 00:42:08 |
| 60 | 120 | SZYMAŃSKI MICHAŁ | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 83 | M30/31 | | 00:52:59 | 00:52:47 | 00:11:19 | 00:43:40 |
| 61 | 59 | KOWALSKI PIOTR | POL | SZCZAWNORUN | SZCZAWNÓ-ZDRÓ | 90 | M20/12 | | 00:53:01 | 00:52:55 | 00:09:44 | 00:42:32 |
| 62 | 116 | SZAFRAŃSKA DARIA | POL | KB TKKF JAWORZANIE | JAWOR | 92 | K20/2 | | 00:53:01 | 00:52:53 | 00:10:14 | 00:42:51 |
| 63 | 119 | SZYMAŃSKA BRYGIDA | POL | STRZEGOMSKA DWUNASTKA | JAROSZÓW | 90 | K20/3 | | 00:53:07 | 00:52:58 | 00:11:19 | 00:43:34 |
| 64 | 24 | FIĄLKIEWICZ TOMASZ | POL | TEAM MTB PARKIETEX | RUSZOWICE | 76 | M30/32 | | 00:53:22 | 00:53:21 | 00:10:21 | 00:43:05 |
| 65 | 14 | DOBROWOLSKI BARTOSZ | POL | LA BOMBA LA FIESTA | WROCŁAW | 89 | M20/13 | | 00:53:24 | 00:53:22 | 00:10:35 | 00:43:42 |
| 66 | 55 | KOSTKA PAWEŁ | POL | KLUB SPORTOWY ŁOMNICA | ŁOMNICA K. | 91 | M20/14 | | 00:53:55 | 00:53:42 | 00:10:54 | 00:43:27 |
| 67 | 140 | WÓJTÓW MATEUSZ | POL | LEGNICKIE MORSY | LEGNICA | 85 | M30/33 | | 00:53:59 | 00:53:51 | 00:10:13 | 00:43:22 |
| 68 | 91 | PAWLIK DANIEL | POL | | TOMASZÓW | 82 | M30/34 | | 00:54:15 | 00:54:03 | 00:11:12 | 00:43:48 |
| 69 | 39 | JANÓW CHRISTIAN | POL | | MAŁUSZÓW | 75 | M40/11 | | 00:54:33 | 00:54:16 | 00:11:36 | 00:43:56 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto | Międzyczasy | Check points |
|-----------------|-----------|-------------------------------|--------------|----------------------------------|---------------------|------------|-----------------------|----------------|----------------|----------------|-------------|--------------|
| 70 | 167 | CZARNECKI ARTUR | POL | | GDAŃSK | 77 | M30/35 | | 00:55:22 | 00:55:08 | 00:10:47 | 00:44:19 |
| 71 | 13 | CZYŻ ROBERT | POL | KS AMBER | TOMASZÓW | 73 | M40/12 | | 00:55:39 | 00:55:24 | 00:11:44 | 00:44:44 |
| 72 | 7 | BOCHENSKA ALEKSANDRA | POL | PRO-RUN WROCLAW / FENIKS LEGNICA | WROCLAW | 75 | K40/2 | | 00:55:45 | 00:55:38 | 00:11:09 | 00:45:41 |
| 73 | 160 | GDOWSKI BOGDAN | POL | SZCZAWNNO-ZDRÓJ | SZCZAWNNO-ZDRÓ | 65 | M50/3 | | 00:55:53 | 00:55:49 | 00:11:09 | 00:45:05 |
| 74 | 5 | BAWIEC KATARZYNA | POL | BIEGAJ-ZAPOBIEGAJ | WAŁBRZYCH | 82 | K30/4 | | 00:56:00 | 00:55:43 | 00:11:49 | 00:45:23 |
| 75 | 79 | MIKUCKI MARCEL | POL | MISJA NA MARSA | ŁOBEZ | 86 | M20/15 | | 00:56:15 | 00:55:53 | 00:11:37 | 00:45:29 |
| 76 | 51 | KIEŁCZYŃSKA-CHRZĄSZCZ OLGA | POL | SZCZAWNORUN | SZCZAWNNO-ZDRÓ | 70 | K40/3 | | 00:56:27 | 00:56:08 | 00:11:41 | 00:45:16 |
| 77 | 148 | ZIEGLER KRZYSZTOF | POL | WELLNESS BY ORIFLAME | GOŚCIECIN | 78 | M30/36 | | 00:56:31 | 00:56:29 | 00:09:59 | 00:45:24 |
| 78 | 75 | MALEC PIOTR | POL | | URBANOWICE | 87 | M20/16 | | 00:56:31 | 00:56:24 | 00:11:05 | 00:45:02 |
| 79 | 83 | NOWACKI JERZY | POL | ŻARY RUNNERS TEAM | ŻARY | 75 | M40/13 | | 00:56:31 | 00:56:18 | 00:10:32 | 00:45:37 |
| 80 | 102 | SADOWY ANDRZEJ | POL | | JELEŃ GORA | 60 | M50/4 | | 00:57:13 | 00:57:09 | 00:11:21 | 00:45:53 |
| 81 | 50 | KĘSY-KOWALSKA HANNA | POL | SZCZAWNORUN | SZCZAWNNO-ZDRÓ | 67 | K40/4 | | 00:57:27 | 00:57:09 | 00:11:46 | 00:45:36 |
| 82 | 136 | WITWICKI PIOTR | POL | KB DZIK | POLICE | 82 | M30/37 | | 00:58:10 | 00:58:01 | 00:11:40 | 00:47:18 |
| 83 | 126 | TOMASZEWSKI KRZYSZTOF | POL | BOBRY ŻAGAŃ | ŻARY | 81 | M30/38 | | 00:58:10 | 00:57:53 | 00:11:21 | 00:47:11 |
| 84 | 141 | WRÓBEL JAN | POL | KB DZIK | POLICE | 82 | M30/39 | | 00:58:13 | 00:58:04 | 00:11:26 | 00:47:29 |
| 85 | 110 | SOBKOWIAK ROBERT | POL | | ŚWINOUJŚCIE | 68 | M40/14 | | 00:58:15 | 00:58:10 | 00:11:00 | 00:46:40 |
| 86 | 67 | KUPEĆ SŁAWOMIR | POL | | SOSNÓWKA | 75 | M40/15 | | 00:58:32 | 00:58:28 | 00:11:13 | 00:47:10 |
| 87 | 12 | CZERWONKA ZBIGNIEW | POL | | WROCLAW | 83 | M30/40 | | 00:58:34 | 00:58:26 | 00:11:48 | 00:47:41 |
| 88 | 88 | PARCHANOWICZ KRYSZTIAN | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 96 | M16/2 | | 00:58:35 | 00:58:22 | 00:11:21 | 00:47:49 |
| 89 | 162 | RACZIJ ERNEST | POL | KLUB LEGNICKI MORS | LEGNICA | 83 | M30/41 | | 00:58:41 | 00:58:39 | 00:11:00 | 00:46:59 |
| 90 | 113 | SOCHA KAJETAN | POL | | JELEŃ GÓRA | 88 | M20/17 | | 00:58:49 | 00:58:43 | 00:11:19 | 00:47:36 |
| 91 | 27 | FONFERKO DARIA | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 82 | K30/5 | | 00:59:20 | 00:59:10 | 00:11:57 | 00:47:51 |
| 92 | 37 | IGNACIUK JOANNA | POL | BABSKI TEAM ŚWINOUJŚCIE | ŚWINOUJŚCIE | 79 | K30/6 | | 00:59:28 | 00:59:11 | 00:12:25 | 00:48:14 |
| 93 | 121 | SZYSZ MARTYNA | POL | EŚWINOUJŚCIE | ŚWINOUJŚCIE | 76 | K30/7 | | 00:59:28 | 00:59:12 | 00:12:25 | 00:48:08 |
| 94 | 144 | WYSOWSKI WOJCIECH | POL | | ZŁOTORYJA | 84 | M30/42 | | 00:59:59 | 00:59:45 | 00:12:21 | 00:48:27 |
| 95 | 61 | KRUPA ŁUKASZ | POL | | ŁOMNICA | 91 | M20/18 | | 01:00:08 | 00:59:53 | 00:12:08 | 00:48:31 |
| 96 | 82 | NICPOŃ WOJCIECH | POL | | LEGNICA | 65 | M50/5 | | 01:00:21 | 01:00:14 | 00:11:45 | 00:48:29 |
| 97 | 163 | SAS DARI | POL | KLUB MORSÓW BOLESŁAWIEC | BOLESŁAWIEC | 75 | M40/16 | | 01:00:51 | 01:00:42 | 00:11:11 | 00:48:18 |
| 98 | 47 | KACZMAREK ANDRZEJ | POL | OLAWS ZŁOTORYJA | CJOJNÓW | 62 | M50/6 | | 01:00:57 | 01:00:52 | 00:11:36 | 00:49:04 |
| 99 | 142 | WRZESZCZ EDYTA | POL | RUNNERS ŻAGAŃ | IŁOWA | 76 | K30/8 | | 01:01:00 | 01:00:48 | 00:12:39 | 00:49:04 |
| 100 | 114 | STEPNOWSKA KAROLINA | POL | KS AMBER | TOMASZÓW | 83 | K30/9 | | 01:01:14 | 01:01:01 | 00:12:43 | 00:49:15 |
| 101 | 157 | SULICH GRZEGORZ | POL | | WROCLAW | 81 | M30/43 | | 01:01:15 | 01:01:12 | 00:11:28 | 00:49:39 |
| 102 | 23 | FEDYCZKOWSKA JUSTYNA | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 72 | K40/5 | | 01:01:29 | 01:01:20 | 00:12:17 | 00:49:14 |
| 103 | 22 | FEDYCZKOWSKI EDWARD | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 73 | M40/17 | | 01:01:30 | 01:01:21 | 00:11:52 | 00:49:14 |
| 104 | 95 | PLĄSEK SYLWESTER | POL | KB DZIK | POLICE | 71 | M40/18 | | 01:01:31 | 01:01:19 | 00:12:30 | 00:49:21 |
| 105 | 166 | MOSZNY SZYMON | POL | | LUBIN | 84 | M30/44 | | 01:01:34 | 01:01:12 | 00:12:47 | 00:49:42 |
| 106 | 16 | DOMAGAŁA ANDRZEJ | POL | ANDY DOMAG STAFF | JELEŃ GÓRA | 68 | M40/19 | | 01:01:40 | 01:01:36 | 00:11:53 | 00:49:27 |
| 107 | 122 | ŚLIWIŃSKI MICHAŁ | POL | KS ŁOMNICA | ŁOMNICA | 94 | M20/19 | | 01:02:21 | 01:02:09 | 00:12:21 | 00:50:30 |
| 108 | 11 | CZERWIECKI MARIUSZ | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 67 | M40/20 | | 01:02:28 | 01:02:16 | 00:12:38 | 00:50:26 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto | Międzyczasy | Check points |
|-----------------|-----------|----------------------------|--------------|-----------------------------------|---------------------|------------|-----------------------|----------------|----------------|----------------|-------------|--------------|
| 109 | 87 | PARCHANOWICZ BOŻENA | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 67 | K40/6 | | 01:02:30 | 01:02:23 | 00:12:38 | 00:50:23 |
| 110 | 165 | SZYMAŃSKA AGATA | POL | STRZEGOMSKA 12 | STRZEGOM | 87 | K20/4 | | 01:02:31 | 01:02:23 | 00:12:36 | 00:50:24 |
| 111 | 135 | WILK MARCIN | POL | | ZŁOTORYJA | 85 | M30/45 | | 01:02:41 | 01:02:36 | 00:12:16 | 00:50:37 |
| 112 | 32 | GRONCZYŃSKI GRZEGORZ | POL | AMATOR | LUBIN | 61 | M50/7 | | 01:03:02 | 01:02:58 | 00:11:39 | 00:50:40 |
| 113 | 29 | GADOWSKA EWA | POL | SZCZAWNO-ZDRÓJ | SZCZAWNO-ZDRÓJ | 77 | K30/10 | | 01:03:48 | 01:03:45 | 00:12:52 | 00:51:18 |
| 114 | 64 | KUCHARSKA ANITA | POL | KS AMBER | KOLONIA ZAWADA | 86 | K20/5 | | 01:04:04 | 01:03:52 | 00:12:44 | 00:50:51 |
| 115 | 130 | WASILUK MAREK | POL | TEAM MTB PARKIETEX | GŁOGÓW | 72 | M40/21 | | 01:04:56 | 01:04:47 | 00:12:36 | 00:52:16 |
| 116 | 109 | SŁUŻENKO AGATA | POL | TEAM MTB PARKIETEX | GŁOGÓW | 80 | K30/11 | | 01:04:57 | 01:04:47 | 00:12:37 | 00:52:17 |
| 117 | 42 | GOŹDZIEJEWSKI PIOTR | POL | KLUB MORSÓW BOLESŁAWIEC | ZŁOTORYJA | 75 | M40/22 | | 01:05:05 | 01:04:49 | 00:11:35 | 00:50:42 |
| 118 | 36 | IGNACIUK ROBERT | POL | AKTYWNY UZNAM | ŚWINOUJŚCIE | 62 | M50/8 | | 01:05:14 | 01:04:54 | 00:13:31 | 00:52:27 |
| 119 | 96 | PLICH AGNIESZKA | POL | KS AMBER | TOMASZÓW MAZ | 75 | K40/7 | | 01:05:25 | 01:05:12 | 00:12:44 | 00:51:40 |
| 120 | 161 | LITWIN JOANNA | POL | KOŁOBRZEG | KOŁOBRZEG | 79 | K30/12 | | 01:06:33 | 01:06:25 | 00:13:59 | 00:54:21 |
| 121 | 153 | MACKO ROLAND | POL | MORŚWIN | ŚWINOUJŚCIE | 69 | M40/23 | | 01:06:33 | 01:06:24 | 00:13:56 | 00:54:20 |
| 122 | 152 | ZIELIŃSKA ALDONA | POL | KOŁOBRZESKI KLUB MORSÓW | KOŁOBRZEG | 75 | K40/8 | | 01:06:34 | 01:06:24 | 00:14:02 | 00:54:22 |
| 123 | 1 | ANTONIAK TERESA | POL | KLUB MORSÓW BOLESŁAWIEC | BOLESŁAWIEC | 73 | K40/9 | | 01:08:18 | 01:08:04 | 00:13:14 | 00:54:24 |
| 124 | 72 | LEWANDOWSKA JOANNA | POL | KLUB MORSÓW BOLESŁAWIEC | BOLESŁAWIEC | 80 | K30/13 | | 01:08:18 | 01:08:06 | 00:13:08 | 00:54:26 |
| 125 | 92 | PENKIEWICZ KATARZYNA | POL | KLUB BIEGACZA BOLESŁAWIEC | BOLESŁAWIEC | 80 | K30/14 | | 01:08:18 | 01:08:02 | 00:12:38 | 00:54:30 |
| 126 | 48 | KAŻMIERCZAK BARTOSZ | POL | KLUB MORSÓW BOLESŁAWIEC | KRUSZYN | 77 | M30/46 | | 01:08:18 | 01:08:04 | 00:12:59 | 00:54:37 |
| 127 | 60 | KOZŁOWSKI MATEUSZ | POL | | LEGNICA | 82 | M30/47 | | 01:09:17 | 01:09:15 | 00:11:53 | 00:54:54 |
| 128 | 31 | GÓRKA ŁUKASZ | POL | LENIWE SERCE | PSZCZEW | 76 | M30/48 | | 01:09:19 | 01:09:19 | 00:30:48 | 01:00:01 |
| 129 | 8 | BRAMOWSKI MATEUSZ | POL | KS ZEBRA CERAMIKA | SZCZECIN | 86 | M20/20 | | 01:09:27 | 01:09:22 | 00:12:01 | 00:55:20 |
| 130 | 139 | WÓJTOWICZ EDYTA | POL | KB DZIK | POLICE | 72 | K40/10 | | 01:09:54 | 01:09:48 | 00:13:30 | 00:55:26 |
| 131 | 63 | KUCZYK JAROSŁAW | POL | KB LEW LEGNICA | LEGNICA | 58 | M50/9 | | 01:10:14 | 01:10:07 | 00:12:33 | 00:52:04 |
| 132 | 147 | ZAZULA MARLENA | POL | KLUB MORSÓW BOLESŁAWIEC | BOLESŁAWIEC | 61 | K50/1 | | 01:10:17 | 01:10:00 | 00:13:42 | 00:56:30 |
| 133 | 78 | MICHALAK ROBERT | POL | MORSY POZNAŃ | POZNAŃ | 72 | M40/24 | | 01:10:42 | 01:10:37 | 00:12:56 | 00:56:31 |
| 134 | 49 | KĘSKA-PLĄSEK MAŁGORZATA | POL | KB DZIK | POLICE | 76 | K30/15 | | 01:13:06 | 01:12:55 | 00:14:31 | 00:58:07 |
| 135 | 104 | SAWICKI ZBIGNIEW | POL | WIELKOPOLSKI KLUB MORSÓW `ALASKA` | BIELAWA | 79 | M30/49 | | 01:13:15 | 01:13:03 | 00:12:01 | 00:59:32 |
| 136 | 97 | PODSIADŁY ROBERT | POL | WROCLAWSKIE MORSY | WROCLAW | 59 | M50/10 | | 01:14:35 | 01:14:19 | 00:14:00 | 00:59:24 |
| 137 | 108 | SŁOTWIŃSKI BOLESŁAW | POL | KLUB MORSÓW BOLESŁAWIEC | KRUSZYN | 57 | M50/11 | | 01:15:14 | 01:15:02 | 00:13:51 | 00:59:38 |
| 138 | 111 | SOBKOWIAK MAGDA | POL | BABSKI TEAM ŚWINOUJŚCIE | ŚWINOUJŚCIE | 72 | K40/11 | | 01:17:47 | 01:17:28 | 00:14:51 | 01:01:38 |
| 139 | 20 | DUDZIAK MAŁGORZATA | POL | BABSKI TEAM ŚWINOUJŚCIE | ŚWINOUJŚCIE | 75 | K40/12 | | 01:17:47 | 01:17:29 | 00:14:51 | 01:01:36 |
| 140 | 164 | SZYMAŃSKA MARIA | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 59 | K50/2 | | 01:21:12 | 01:21:04 | 00:15:44 | 01:03:28 |
| 141 | 155 | BARTELA ELŻBIETA | POL | WISŁA KRAKÓW | WROCLAW | 69 | K40/13 | | 01:24:33 | 01:24:15 | 00:15:43 | 01:08:25 |
| 142 | 156 | JANIK JACEK | POL | WISŁA KRAKÓW | WROCLAW | 67 | M40/25 | | 01:24:35 | 01:24:17 | 00:15:48 | 01:08:24 |

III BIEG ICEMANA

WYNIKI ZAWODÓW

Open

Organizator: Stowarzyszenie Rada Odnowy Przesieki

Termin: 21.02.2015

Miejsce: Przesieka

Dystans: 10 km

Mężczyźni

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto | Międzyczasy 2.5 km 7.5 km | Check points | |
|-----------------|-----------|-------------------------|--------------|-------------------------------------|---------------------|------------|-----------------------|----------------|----------------|----------------|---------------------------------|--------------|--|
| 1 | 103 | SADOWSKI PAWEŁ | POL | | JANOWICE | 90 | M20/1 | | 00:40:54 | 00:40:50 | 00:07:42 | 00:33:03 | |
| 2 | 129 | WALKOWIAK ROBERT | POL | TEAM MTB PARKIETEX | MODŁA | 79 | M30/1 | | 00:41:21 | 00:41:21 | 00:07:48 | 00:33:05 | |
| 3 | 94 | PIOTROWSKI MARCIN | POL | ŻARY RUNNERS TEAM | ŻARY | 85 | M30/2 | | 00:41:33 | 00:41:22 | 00:08:02 | 00:33:20 | |
| 4 | 101 | RYCHLIK ARTUR | POL | SUPERMARATON KALISZ | MROCZEŃ | 68 | M40/1 | | 00:42:21 | 00:42:19 | 00:08:05 | 00:33:52 | |
| 5 | 143 | WRZECIAN ADAM | POL | MORSY POZNAŃ / NIGHT RUNNERS | POZNAŃ | 86 | M20/2 | | 00:42:50 | 00:42:47 | 00:07:44 | 00:34:44 | |
| 6 | 124 | ŚLUSARCZYK PAWEŁ | POL | KLUB SPORTOWY ŁOMNICA | ŁOMNICA | 90 | M20/3 | | 00:43:26 | 00:43:12 | 00:09:20 | 00:35:11 | |
| 7 | 118 | SZTURO JAN | POL | | PODGÓRZYN | 67 | M40/2 | | 00:43:34 | 00:43:32 | 00:08:23 | 00:35:12 | |
| 8 | 98 | RACZKO TOMASZ | POL | KLUB MORSÓW BOLESŁAWIEC | BOLESŁAWIEC | 85 | M30/3 | | 00:43:59 | 00:43:55 | 00:08:30 | 00:35:20 | |
| 9 | 127 | URBANOWICZ JACEK | POL | PRO-RUN WROCŁAW | WROCŁAW | 84 | M30/4 | | 00:44:13 | 00:44:08 | 00:08:45 | 00:35:28 | |
| 10 | 41 | JASINIOK PRZEMYSŁAW | POL | MISJA NA MARSA | JELEŃ GÓRA | 85 | M30/5 | | 00:44:46 | 00:44:43 | 00:08:45 | 00:35:56 | |
| 11 | 81 | MRÓZ MARCIN | POL | WIELKOPOLSKI KLUB MORSÓW 'ALASKA' / | ZALASEWO | 78 | M30/6 | | 00:45:04 | 00:45:00 | 00:08:44 | 00:36:00 | |
| 12 | 44 | JOLIBSKI JACEK | POL | BIEGAMDLAZDROWIA.PL | JELEŃ GÓRA | 91 | M20/4 | | 00:45:18 | 00:45:16 | 00:07:29 | 00:37:40 | |
| 13 | 89 | MIODUSZEWSKI ŁUKASZ | POL | MORŚWINY ŚWINOUJŚCIE | ŚWINOUJŚCIE | 82 | M30/7 | | 00:45:27 | 00:45:25 | 00:08:39 | 00:36:29 | |
| 14 | 132 | WIERZBICKI WITOLD | POL | PRO-RUN WROCŁAW | WROCŁAW | 81 | M30/8 | | 00:45:30 | 00:45:29 | 00:08:13 | 00:36:35 | |
| 15 | 117 | SZCZENIOWSKI JACEK | POL | KLETNO | LUBIN | 81 | M30/9 | | 00:45:45 | 00:45:40 | 00:08:44 | 00:36:51 | |
| 16 | 15 | DOMAŃSKI JAROSŁAW | POL | AMATOR | SWIERZAWA | 72 | M40/3 | | 00:45:57 | 00:45:52 | 00:09:05 | 00:37:11 | |
| 17 | 154 | KONDRAT ADAM | POL | | JELEŃ GÓRA | 68 | M40/4 | | 00:46:15 | 00:46:11 | 00:08:39 | 00:37:03 | |
| 18 | 65 | KUCZ TOMASZ | POL | | JELEŃ GÓRA | 74 | M40/5 | | 00:46:21 | 00:46:18 | 00:08:47 | 00:37:09 | |
| 19 | 21 | DUDZIAK JAN | POL | TT SZCZECIN | ŚWINOUJŚCIE | 72 | M40/6 | | 00:46:23 | 00:46:21 | 00:08:46 | 00:37:15 | |
| 20 | 146 | ZAWADZKI KRZYSZTOF | POL | BIELAŃSKA POGOŃ | BIELANY | 85 | M30/10 | | 00:46:24 | 00:46:23 | 00:08:40 | 00:37:07 | |
| 21 | 84 | NOWAKOWSKI TOMASZ | POL | TS REGLE SZKLARSKA PORĘBA | SZKLARSKA | 74 | M40/7 | | 00:46:26 | 00:46:25 | 00:07:28 | 00:38:11 | |
| 22 | 80 | MIKOŁAJCZAK PRZEMEK | POL | BIEGAJ-ZAPOBIEGAJ | WAŁBRZYCH | 78 | M30/11 | | 00:46:28 | 00:46:13 | 00:10:01 | 00:37:38 | |
| 23 | 151 | BACZEWSKI EDWARD | POL | FAURECIA STOOD | WAŁBRZYCH | 64 | M50/1 | | 00:46:46 | 00:46:43 | 00:07:43 | 00:38:14 | |
| 24 | 62 | KSIĄŻEK ŁUKASZ | POL | BIEGAJ-ZAPOBIEGAJ | WAŁBRZYCH | 82 | M30/12 | | 00:46:47 | 00:46:30 | 00:10:03 | 00:37:44 | |
| 25 | 138 | WOŁOSZYN MARCIN | POL | ZG POLKOWICE-SIEROSZOWICE | KUROWICE | 79 | M30/13 | | 00:47:04 | 00:47:01 | 00:09:01 | 00:37:53 | |
| 26 | 115 | STOŁOWSKI DAMIAN | POL | | MYSŁAKOWICE | 86 | M20/5 | | 00:47:32 | 00:47:26 | 00:08:44 | 00:38:01 | |
| 27 | 145 | ZAJĄC GRZEGORZ | POL | TPZ | BIAŁA | 88 | M20/6 | | 00:47:42 | 00:47:33 | 00:09:31 | 00:38:29 | |
| 28 | 4 | BASZCZYSZYN ARTUR | POL | MKB SEMPER HUMILIS | KUDOWA ZDRÓJ | 85 | M30/14 | | 00:47:49 | 00:47:46 | 00:08:51 | 00:38:15 | |
| 29 | 112 | SOBALA ŁUKASZ | POL | MORSY POZNAŃ / NIGHT RUNNERS | POZNAŃ | 82 | M30/15 | | 00:47:54 | 00:47:52 | 00:09:21 | 00:38:29 | |

Mężczyźni

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto | Międzyczasy | Check points |
|-----------------|-----------|-------------------------|--------------|-----------------------|---------------------|------------|-----------------------|----------------|----------------|----------------|-------------|--------------|
| 30 | 125 | TALAR ADAM | POL | | JELEŃ GÓRA | 87 | M20/7 | | 00:47:57 | 00:47:53 | 00:08:47 | 00:38:31 |
| 31 | 133 | WILCZYŃSKI SYLWESTER | POL | KLUB SPORTOWY ŁOMNICA | ŁOMNICA | 81 | M30/16 | | 00:48:29 | 00:48:16 | 00:10:01 | 00:39:16 |
| 32 | 33 | GURSKI BOGUMIŁ | POL | | JELEŃ GÓRA | 87 | M20/8 | | 00:48:42 | 00:48:37 | 00:08:53 | 00:38:52 |
| 33 | 159 | HOŁYSZEWSKI DAMIAN | POL | | PROBOSZCZÓW | 88 | M20/9 | | 00:48:47 | 00:48:43 | 00:09:12 | 00:39:01 |
| 34 | 77 | MAZUR MARIUSZ | POL | ZABIEGANI Z LESNEJ | LUBAN | 80 | M30/17 | | 00:49:08 | 00:49:04 | 00:09:26 | 00:39:32 |
| 35 | 68 | KUR MICHAŁ | POL | | JELEŃ GÓRA | 90 | M20/10 | | 00:49:09 | 00:49:03 | 00:10:23 | 00:39:45 |
| 36 | 74 | ŁABUDA KRZYSIEK | POL | AMATORKA | JELEŃ GÓRA | 76 | M30/18 | | 00:49:34 | 00:49:33 | 00:09:12 | 00:39:43 |
| 37 | 70 | LEŚNICKI PAWEŁ | POL | | STANOWICE | 96 | M16/1 | | 00:49:48 | 00:49:36 | 00:10:11 | 00:40:10 |
| 38 | 137 | WOJAKOWSKI ŁUKASZ | POL | PARKRUNZARY | ŻARY | 77 | M30/19 | | 00:50:12 | 00:49:59 | 00:09:55 | 00:40:06 |
| 39 | 128 | WALKÓW ROBERT | POL | ZIELONOGÓRSKI ZACIĄG | GRUDZA | 78 | M30/20 | | 00:50:23 | 00:50:06 | 00:11:04 | 00:40:56 |
| 40 | 17 | DORSZ SEBASTIAN | POL | | ZŁOTORYJA | 82 | M30/21 | | 00:50:29 | 00:50:13 | 00:10:50 | 00:41:00 |
| 41 | 107 | SKIERESZ MARCIN | POL | NARODOWY-WAŁBRZYCH | WAŁBRZYCH | 82 | M30/22 | | 00:50:32 | 00:50:17 | 00:10:14 | 00:40:50 |
| 42 | 105 | SELEROWICZ RAFAŁ | POL | | ZELÓW | 83 | M30/23 | | 00:50:36 | 00:50:26 | 00:09:56 | 00:40:57 |
| 43 | 52 | KŁOSOWSKI PIOTR | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 71 | M40/8 | | 00:50:43 | 00:50:41 | 00:09:18 | 00:40:26 |
| 44 | 34 | HEREZO KRZYSZTOF | POL | VEGE RUNNERS | JELEŃ GÓRA | 82 | M30/24 | | 00:51:01 | 00:50:46 | 00:10:42 | 00:41:11 |
| 45 | 46 | KACZMARCZYK PAWEŁ | POL | | JELEŃ GÓRA | 66 | M40/9 | | 00:51:18 | 00:51:16 | 00:09:11 | 00:41:10 |
| 46 | 73 | LORENC BARTOSZ | POL | | ZIELONA GORA | 79 | M30/25 | | 00:51:22 | 00:51:11 | 00:10:18 | 00:41:09 |
| 47 | 28 | FRYSKA MARIUSZ | POL | | ŚWINOUJŚCIE | 78 | M30/26 | | 00:51:29 | 00:51:23 | 00:10:10 | 00:41:23 |
| 48 | 86 | PARCHANOWICZ MARIUSZ | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 59 | M50/2 | | 00:52:00 | 00:51:48 | 00:11:26 | 00:42:20 |
| 49 | 2 | BANIA DAWID | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 85 | M30/27 | | 00:52:00 | 00:51:55 | 00:10:15 | 00:42:19 |
| 50 | 150 | ANDRUSZEWSKI TOMASZ | POL | KB GEOTERMA UNIEJÓW | ZDUŃSKA WOLA | 81 | M30/28 | | 00:52:13 | 00:52:06 | 00:10:48 | 00:41:48 |
| 51 | 134 | WILCZYŃSKI PIOTR | POL | | TOMASZÓW | 67 | M40/10 | | 00:52:16 | 00:52:08 | 00:10:52 | 00:42:02 |
| 52 | 56 | KOTOWICZ TOMASZ | POL | PRO-RUN WROCLAW | WROCLAW | 77 | M30/29 | | 00:52:18 | 00:52:12 | 00:10:23 | 00:42:25 |
| 53 | 53 | KOPACZ MICHAŁ | POL | | WROCLAW | 90 | M20/11 | | 00:52:23 | 00:52:17 | 00:10:28 | 00:42:26 |
| 54 | 71 | LEWANDOWSKI RAFAŁ | POL | NARODOWY-WAŁBRZYCH | WAŁBRZYCH | 84 | M30/30 | | 00:52:44 | 00:52:29 | 00:10:23 | 00:42:08 |
| 55 | 120 | SZYMAŃSKI MICHAŁ | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 83 | M30/31 | | 00:52:59 | 00:52:47 | 00:11:19 | 00:43:40 |
| 56 | 59 | KOWALSKI PIOTR | POL | SZCZAWNORUN | SZCZAWNO-ZDRÓ | 90 | M20/12 | | 00:53:01 | 00:52:55 | 00:09:44 | 00:42:32 |
| 57 | 24 | FIĄLKIEWICZ TOMASZ | POL | TEAM MTB PARKIETEX | RUSZOWICE | 76 | M30/32 | | 00:53:22 | 00:53:21 | 00:10:21 | 00:43:05 |
| 58 | 14 | DOBROWOLSKI BARTOSZ | POL | LA BOMBA LA FIESTA | WROCLAW | 89 | M20/13 | | 00:53:24 | 00:53:22 | 00:10:35 | 00:43:42 |
| 59 | 55 | KOSTKA PAWEŁ | POL | KLUB SPORTOWY ŁOMNICA | ŁOMNICA K. | 91 | M20/14 | | 00:53:55 | 00:53:42 | 00:10:54 | 00:43:27 |
| 60 | 140 | WÓJTÓW MATEUSZ | POL | LEGNICKIE MORSY | LEGNICA | 85 | M30/33 | | 00:53:59 | 00:53:51 | 00:10:13 | 00:43:22 |
| 61 | 91 | PAWLIK DANIEL | POL | | TOMASZÓW | 82 | M30/34 | | 00:54:15 | 00:54:03 | 00:11:12 | 00:43:48 |
| 62 | 39 | JANÓW CHRISTIAN | POL | | MAŁUSZÓW | 75 | M40/11 | | 00:54:33 | 00:54:16 | 00:11:36 | 00:43:56 |
| 63 | 167 | CZARNECKI ARTUR | POL | | GDAŃSK | 77 | M30/35 | | 00:55:22 | 00:55:08 | 00:10:47 | 00:44:19 |
| 64 | 13 | CZYŻ ROBERT | POL | KS AMBER | TOMASZÓW | 73 | M40/12 | | 00:55:39 | 00:55:24 | 00:11:44 | 00:44:44 |
| 65 | 160 | GDOWSKI BOGDAN | POL | SZCZAWNO-ZDRÓJ | SZCZAWNO-ZDRÓ | 65 | M50/3 | | 00:55:53 | 00:55:49 | 00:11:09 | 00:45:05 |
| 66 | 79 | MIKUCKI MARCEL | POL | MISJA NA MARSA | ŁOBEZ | 86 | M20/15 | | 00:56:15 | 00:55:53 | 00:11:37 | 00:45:29 |
| 67 | 148 | ZIEGLER KRZYSZTOF | POL | WELLNESS BY ORIFLAME | GOŚCIECIN | 78 | M30/36 | | 00:56:31 | 00:56:29 | 00:09:59 | 00:45:24 |
| 68 | 75 | MALEC PIOTR | POL | | URBANOWICE | 87 | M20/16 | | 00:56:31 | 00:56:24 | 00:11:05 | 00:45:02 |
| 69 | 83 | NOWACKI JERZY | POL | ŻARY RUNNERS TEAM | ŻARY | 75 | M40/13 | | 00:56:31 | 00:56:18 | 00:10:32 | 00:45:37 |

Mężczyźni

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto | Międzyczasy | Check points |
|-----------------|-----------|-------------------------|--------------|-----------------------------------|---------------------|------------|-----------------------|----------------|----------------|----------------|-------------|--------------|
| 70 | 102 | SADOWY ANDRZEJ | POL | | JELENIA GORA | 60 | M50/4 | | 00:57:13 | 00:57:09 | 00:11:21 | 00:45:53 |
| 71 | 136 | WITWICKI PIOTR | POL | KB DZIK | POLICE | 82 | M30/37 | | 00:58:10 | 00:58:01 | 00:11:40 | 00:47:18 |
| 72 | 126 | TOMASZEWSKI KRZYSZTOF | POL | BOBRY ŻAGAŃ | ŻARY | 81 | M30/38 | | 00:58:10 | 00:57:53 | 00:11:21 | 00:47:11 |
| 73 | 141 | WRÓBEL JAN | POL | KB DZIK | POLICE | 82 | M30/39 | | 00:58:13 | 00:58:04 | 00:11:26 | 00:47:29 |
| 74 | 110 | SOBKOWIAK ROBERT | POL | | ŚWINOUJŚCIE | 68 | M40/14 | | 00:58:15 | 00:58:10 | 00:11:00 | 00:46:40 |
| 75 | 67 | KUPEĆ SŁAWOMIR | POL | | SOSNÓWKA | 75 | M40/15 | | 00:58:32 | 00:58:28 | 00:11:13 | 00:47:10 |
| 76 | 12 | CZERWONKA ZBIGNIEW | POL | | WROCŁAW | 83 | M30/40 | | 00:58:34 | 00:58:26 | 00:11:48 | 00:47:41 |
| 77 | 88 | PARCHANOWICZ KRYSZTIAN | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 96 | M16/2 | | 00:58:35 | 00:58:22 | 00:11:21 | 00:47:49 |
| 78 | 162 | RACIJ ERNEST | POL | KLUB LEGNICKI MORS | LEGNICA | 83 | M30/41 | | 00:58:41 | 00:58:39 | 00:11:00 | 00:46:59 |
| 79 | 113 | SOCHA KAJETAN | POL | | JELENIA GÓRA | 88 | M20/17 | | 00:58:49 | 00:58:43 | 00:11:19 | 00:47:36 |
| 80 | 144 | WYSOWSKI WOJCIECH | POL | | ZŁOTORYJA | 84 | M30/42 | | 00:59:59 | 00:59:45 | 00:12:21 | 00:48:27 |
| 81 | 61 | KRUPA ŁUKASZ | POL | | ŁOMNICA | 91 | M20/18 | | 01:00:08 | 00:59:53 | 00:12:08 | 00:48:31 |
| 82 | 82 | NICPOŃ WOJCIECH | POL | | LEGNICA | 65 | M50/5 | | 01:00:21 | 01:00:14 | 00:11:45 | 00:48:29 |
| 83 | 163 | SAS DARI | POL | KLUB MORSÓW BOLESŁAWIEC | BOLESŁAWIEC | 75 | M40/16 | | 01:00:51 | 01:00:42 | 00:11:11 | 00:48:18 |
| 84 | 47 | KACZMAREK ANDRZEJ | POL | OLAWS ZŁOTORYJA | CJOJNÓW | 62 | M50/6 | | 01:00:57 | 01:00:52 | 00:11:36 | 00:49:04 |
| 85 | 157 | SULICH GRZEGORZ | POL | | WROCŁAW | 81 | M30/43 | | 01:01:15 | 01:01:12 | 00:11:28 | 00:49:39 |
| 86 | 22 | FEDYCZKOWSKI EDWARD | POL | STRZEGOMSKA DWUNASTKA | STZREGOM | 73 | M40/17 | | 01:01:30 | 01:01:21 | 00:11:52 | 00:49:14 |
| 87 | 95 | PLĄSEK SYLWESTER | POL | KB DZIK | POLICE | 71 | M40/18 | | 01:01:31 | 01:01:19 | 00:12:30 | 00:49:21 |
| 88 | 166 | MOSZNY SZYMON | POL | | LUBIN | 84 | M30/44 | | 01:01:34 | 01:01:12 | 00:12:47 | 00:49:42 |
| 89 | 16 | DOMAGAŁA ANDRZEJ | POL | ANDY DOMAG STAFF | JELENIA GÓRA | 68 | M40/19 | | 01:01:40 | 01:01:36 | 00:11:53 | 00:49:27 |
| 90 | 122 | ŚLIWIŃSKI MICHAŁ | POL | KS ŁOMNICA | ŁOMNICA | 94 | M20/19 | | 01:02:21 | 01:02:09 | 00:12:21 | 00:50:30 |
| 91 | 11 | CZERWIECKI MARIUSZ | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 67 | M40/20 | | 01:02:28 | 01:02:16 | 00:12:38 | 00:50:26 |
| 92 | 135 | WILK MARCIN | POL | | ZŁOTORYJA | 85 | M30/45 | | 01:02:41 | 01:02:36 | 00:12:16 | 00:50:37 |
| 93 | 32 | GRONCZYŃSKI GRZEGORZ | POL | AMATOR | LUBIN | 61 | M50/7 | | 01:03:02 | 01:02:58 | 00:11:39 | 00:50:40 |
| 94 | 130 | WASILUK MAREK | POL | TEAM MTB PARKIETEX | GŁOGÓW | 72 | M40/21 | | 01:04:56 | 01:04:47 | 00:12:36 | 00:52:16 |
| 95 | 42 | GOŹDZIEJEWSKI PIOTR | POL | KLUB MORSÓW BOLESŁAWIEC | ZŁOTORYJA | 75 | M40/22 | | 01:05:05 | 01:04:49 | 00:11:35 | 00:50:42 |
| 96 | 36 | IGNACIUK ROBERT | POL | AKTYWNY UZNAM | ŚWINOUJŚCIE | 62 | M50/8 | | 01:05:14 | 01:04:54 | 00:13:31 | 00:52:27 |
| 97 | 153 | MACKO ROLAND | POL | MORŚWIN | ŚWINOUJŚCIE | 69 | M40/23 | | 01:06:33 | 01:06:24 | 00:13:56 | 00:54:20 |
| 98 | 48 | KAŻMIERCZAK BARTOSZ | POL | KLUB MORSÓW BOLESŁAWIEC | KRUSZYN | 77 | M30/46 | | 01:08:18 | 01:08:04 | 00:12:59 | 00:54:37 |
| 99 | 60 | KOZŁOWSKI MATEUSZ | POL | | LEGNICA | 82 | M30/47 | | 01:09:17 | 01:09:15 | 00:11:53 | 00:54:54 |
| 100 | 31 | GÓRKA ŁUKASZ | POL | LENIWE SERCE | PSZCZEW | 76 | M30/48 | | 01:09:19 | 01:09:19 | 00:30:48 | 01:00:01 |
| 101 | 8 | BRAMOWSKI MATEUSZ | POL | KS ZEBRA CERAMIKA | SZCZECIN | 86 | M20/20 | | 01:09:27 | 01:09:22 | 00:12:01 | 00:55:20 |
| 102 | 63 | KUCZYK JAROSŁAW | POL | KB LEW LEGNICA | LEGNICA | 58 | M50/9 | | 01:10:14 | 01:10:07 | 00:12:33 | 00:52:04 |
| 103 | 78 | MICHALAK ROBERT | POL | MORSY POZNAŃ | POZNAŃ | 72 | M40/24 | | 01:10:42 | 01:10:37 | 00:12:56 | 00:56:31 |
| 104 | 104 | SAWICKI ZBIGNIEW | POL | WIELKOPOLSKI KLUB MORSÓW 'ALASKA' | BIELAWA | 79 | M30/49 | | 01:13:15 | 01:13:03 | 00:12:01 | 00:59:32 |
| 105 | 97 | PODSIADŁY ROBERT | POL | WROCŁAWSKIE MORSY | WROCŁAW | 59 | M50/10 | | 01:14:35 | 01:14:19 | 00:14:00 | 00:59:24 |
| 106 | 108 | SŁOTWIŃSKI BOLESŁAW | POL | KLUB MORSÓW BOLESŁAWIEC | KRUSZYN | 57 | M50/11 | | 01:15:14 | 01:15:02 | 00:13:51 | 00:59:38 |
| 107 | 156 | JANIK JACEK | POL | WISŁA KRAKÓW | WROCŁAW | 67 | M40/25 | | 01:24:35 | 01:24:17 | 00:15:48 | 01:08:24 |

Mężczyźni

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i> | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> | <i>Międzyczasy</i> | <i>Check points</i> |
|-------------------------|-------------------|---------------------------------|----------------------|-------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|--------------------|---------------------|
|-------------------------|-------------------|---------------------------------|----------------------|-------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|--------------------|---------------------|

III BIEG ICEMANA

WYNIKI ZAWODÓW

Open

Organizator: Stowarzyszenie Rada Odnowy Przesieki

Termin: 21.02.2015

Miejsce: Przesieka

Dystans: 10 km

Kobiety

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto | 2.5 km | Międzyczasy 7.5 km | Check points |
|-----------------|-----------|-------------------------------|--------------|----------------------------------|---------------------|------------|-----------------------|----------------|----------------|----------------|----------|-----------------------|--------------|
| 1 | 38 | JACHOWICZ MALWINA | POL | MOTIO FIZJOTERAPIA | WROCŁAW | 83 | K30/1 | | 00:46:32 | 00:46:29 | 00:09:12 | 00:37:14 | |
| 2 | 40 | JAROSZ DOMINIKA | POL | TS REGLE SZKLARSKA PORĘBA | JELEŃ GÓRA | 81 | K30/2 | | 00:47:40 | 00:47:37 | 00:09:10 | 00:38:00 | |
| 3 | 58 | KOWALCZUK ALICJA | POL | | BOLESŁAWIEC | 81 | K30/3 | | 00:49:54 | 00:49:41 | 00:10:28 | 00:40:20 | |
| 4 | 100 | REZLERSKA DOMINIKA | POL | | ŻARY | 89 | K20/1 | | 00:50:57 | 00:50:42 | 00:10:42 | 00:41:11 | |
| 5 | 57 | KOTARSKA ANNA | POL | KB DZIK | POLICE | 74 | K40/1 | | 00:51:33 | 00:51:28 | 00:10:38 | 00:41:39 | |
| 6 | 116 | SZAFRAŃSKA DARIA | POL | KB TKKF JAWORZANIE | JAWOR | 92 | K20/2 | | 00:53:01 | 00:52:53 | 00:10:14 | 00:42:51 | |
| 7 | 119 | SZYMAŃSKA BRYGIDA | POL | STRZEGOMSKA DWUNASTKA | JAROSZÓW | 90 | K20/3 | | 00:53:07 | 00:52:58 | 00:11:19 | 00:43:34 | |
| 8 | 7 | BOCHENSKA ALEKSANDRA | POL | PRO-RUN WROCŁAW / FENIKS LEGNICA | WROCŁAW | 75 | K40/2 | | 00:55:45 | 00:55:38 | 00:11:09 | 00:45:41 | |
| 9 | 5 | BAWIEC KATARZYNA | POL | BIEGAJ-ZAPOBIEGAJ | WAŁBRZYCH | 82 | K30/4 | | 00:56:00 | 00:55:43 | 00:11:49 | 00:45:23 | |
| 10 | 51 | KIEŁCZYŃSKA-CHRZĄSZCZ OLGA | POL | SZCZAWNORUN | SZCZAWNO-ZDRÓ | 70 | K40/3 | | 00:56:27 | 00:56:08 | 00:11:41 | 00:45:16 | |
| 11 | 50 | KĘSY-KOWALSKA HANNA | POL | SZCZAWNORUN | SZCZAWNO-ZDRÓ | 67 | K40/4 | | 00:57:27 | 00:57:09 | 00:11:46 | 00:45:36 | |
| 12 | 27 | FONFERKO DARIA | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 82 | K30/5 | | 00:59:20 | 00:59:10 | 00:11:57 | 00:47:51 | |
| 13 | 37 | IGNACIUK JOANNA | POL | BABSKI TEAM ŚWINOUJŚCIE | ŚWINOUJŚCIE | 79 | K30/6 | | 00:59:28 | 00:59:11 | 00:12:25 | 00:48:14 | |
| 14 | 121 | SZYSZ MARTYNA | POL | EŚWINOUJŚCIE | ŚWINOUJŚCIE | 76 | K30/7 | | 00:59:28 | 00:59:12 | 00:12:25 | 00:48:08 | |
| 15 | 142 | WRZESZCZ EDYTA | POL | RUNNERS ŻAGAŃ | IŁOWA | 76 | K30/8 | | 01:01:00 | 01:00:48 | 00:12:39 | 00:49:04 | |
| 16 | 114 | STEPNOWSKA KAROLINA | POL | KS AMBER | TOMASZÓW | 83 | K30/9 | | 01:01:14 | 01:01:01 | 00:12:43 | 00:49:15 | |
| 17 | 23 | FEDYCZKOWSKA JUSTYNA | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 72 | K40/5 | | 01:01:29 | 01:01:20 | 00:12:17 | 00:49:14 | |
| 18 | 87 | PARCHANOWICZ BOŻENA | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 67 | K40/6 | | 01:02:30 | 01:02:23 | 00:12:38 | 00:50:23 | |
| 19 | 165 | SZYMAŃSKA AGATA | POL | STRZEGOMSKA 12 | STRZEGOM | 87 | K20/4 | | 01:02:31 | 01:02:23 | 00:12:36 | 00:50:24 | |
| 20 | 29 | GADOWSKA EWA | POL | SZCZAWNO-ZDRÓJ | SZCZAWNO-ZDRÓ | 77 | K30/10 | | 01:03:48 | 01:03:45 | 00:12:52 | 00:51:18 | |
| 21 | 64 | KUCHARSKA ANITA | POL | KS AMBER | KOLONIA ZAWADA | 86 | K20/5 | | 01:04:04 | 01:03:52 | 00:12:44 | 00:50:51 | |
| 22 | 109 | SŁUŻENKO AGATA | POL | TEAM MTB PARKIETEX | GŁOGÓW | 80 | K30/11 | | 01:04:57 | 01:04:47 | 00:12:37 | 00:52:17 | |
| 23 | 96 | PLICH AGNIESZKA | POL | KS AMBER | TOMASZÓW MAZ | 75 | K40/7 | | 01:05:25 | 01:05:12 | 00:12:44 | 00:51:40 | |
| 24 | 161 | LITWIN JOANNA | POL | KOŁOBRZEG | KOŁOBRZEG | 79 | K30/12 | | 01:06:33 | 01:06:25 | 00:13:59 | 00:54:21 | |
| 25 | 152 | ZIELIŃSKA ALDONA | POL | KOŁOBRZESKI KLUB MORSÓW | KOŁOBRZEG | 75 | K40/8 | | 01:06:34 | 01:06:24 | 00:14:02 | 00:54:22 | |
| 26 | 1 | ANTONIAK TERESA | POL | KLUB MORSÓW BOLESŁAWIEC | BOLESŁAWIEC | 73 | K40/9 | | 01:08:18 | 01:08:04 | 00:13:14 | 00:54:24 | |
| 27 | 72 | LEWANDOWSKA JOANNA | POL | KLUB MORSÓW BOLESŁAWIEC | BOLESŁAWIEC | 80 | K30/13 | | 01:08:18 | 01:08:06 | 00:13:08 | 00:54:26 | |
| 28 | 92 | PENKIEWICZ KATARZYNA | POL | KLUB BIEGACZA BOLESŁAWIEC | BOLESŁAWIEC | 80 | K30/14 | | 01:08:18 | 01:08:02 | 00:12:38 | 00:54:30 | |

Kobiety

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i> | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> | <i>Międzyczasy</i> | <i>Check points</i> |
|-------------------------|-------------------|---------------------------------|----------------------|-------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|--------------------|---------------------|
| 29 | 139 | WÓJTOWICZ EDYTA | POL | KB DZIK | POLICE | 72 | K40/10 | | 01:09:54 | 01:09:48 | 00:13:30 | 00:55:26 |
| 30 | 147 | ZAZULA MARLENA | POL | KLUB MORSÓW BOLESŁAWIEC | BOLESŁAWIEC | 61 | K50/1 | | 01:10:17 | 01:10:00 | 00:13:42 | 00:56:30 |
| 31 | 49 | KĘSKA-PLĄSEK MAŁGORZATA | POL | KB DZIK | POLICE | 76 | K30/15 | | 01:13:06 | 01:12:55 | 00:14:31 | 00:58:07 |
| 32 | 111 | SOBKOWIAK MAGDA | POL | BABSKI TEAM ŚWINOUJŚCIE | ŚWINOUJŚCIE | 72 | K40/11 | | 01:17:47 | 01:17:28 | 00:14:51 | 01:01:38 |
| 33 | 20 | DUDZIAK MAŁGORZATA | POL | BABSKI TEAM ŚWINOUJŚCIE | ŚWINOUJŚCIE | 75 | K40/12 | | 01:17:47 | 01:17:29 | 00:14:51 | 01:01:36 |
| 34 | 164 | SZYMAŃSKA MARIA | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 59 | K50/2 | | 01:21:12 | 01:21:04 | 00:15:44 | 01:03:28 |
| 35 | 155 | BARTELA ELŻBIETA | POL | WISŁA KRAKÓW | WROCŁAW | 69 | K40/13 | | 01:24:33 | 01:24:15 | 00:15:43 | 01:08:25 |

III BIEG ICEMANA
WYNIKI ZAWODÓW

M16

Organizator: Stowarzyszenie Rada Odnowy Przesieki

Termin: 21.02.2015

Miejsce: Przesieka

Dystans: 10 km

| <i>Miejsce</i> <i>Rank</i> | <i>Nr</i> <i>Bib</i> | <i>Nazwisko i imię</i> <i>Name</i> | <i>Kraj</i> <i>Nat.</i> | <i>Drużyna</i> <i>Team</i> | <i>Miejscowość</i> <i>City</i> | <i>R-k</i> <i>YoB</i> | <i>W kategorii</i> <i>in Age</i> | <i>Grupa</i> <i>Group</i> | <i>Wynik</i> <i>Total</i> | <i>Wynik</i> <i>Netto</i> | <i>Międzyczasy</i> 2.5 km 7.5 km | <i>Check points</i> |
|-------------------------------|-------------------------|---------------------------------------|----------------------------|-------------------------------|-----------------------------------|--------------------------|-------------------------------------|------------------------------|------------------------------|------------------------------|--|---------------------|
| 1 | 70 | LEŚNICKI PAWEŁ | POL | | STANOWICE | 96 | M16/1 | | 00:49:48 | 00:49:36 | 00:10:11 00:40:10 | |
| 2 | 88 | PARCHANOWICZ KRYSZTOF | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 96 | M16/2 | | 00:58:35 | 00:58:22 | 00:11:21 00:47:49 | |

III BIEG ICEMANA

WYNIKI ZAWODÓW

M20

Organizator: Stowarzyszenie Rada Odnowy Przesieki

Termin: 21.02.2015

Miejsce: Przesieka

Dystans: 10 km

| <i>Miejsce</i> <i>Rank</i> | <i>Nr</i> <i>Bib</i> | <i>Nazwisko i imię</i> <i>Name</i> | <i>Kraj</i> <i>Nat.</i> | <i>Drużyna</i> <i>Team</i> | <i>Miejscowość</i> <i>City</i> | <i>R-k</i> <i>YoB</i> | <i>W kategorii</i> <i>in Age</i> | <i>Grupa</i> <i>Group</i> | <i>Wynik</i> <i>Total</i> | <i>Wynik</i> <i>Netto</i> | <i>Międzyczasy</i> 2.5 km 7.5 km | <i>Check points</i> | |
|-------------------------------|-------------------------|---------------------------------------|----------------------------|-------------------------------|-----------------------------------|--------------------------|-------------------------------------|------------------------------|------------------------------|------------------------------|--|---------------------|--|
| 1 | 103 | SADOWSKI PAWEŁ | POL | | JANOWICE | 90 | M20/1 | | 00:40:54 | 00:40:50 | 00:07:42 | 00:33:03 | |
| 2 | 143 | WRZECIAN ADAM | POL | MORSY POZNAŃ / NIGHT RUNNERS | POZNAŃ | 86 | M20/2 | | 00:42:50 | 00:42:47 | 00:07:44 | 00:34:44 | |
| 3 | 124 | ŚLUSARCZYK PAWEŁ | POL | KLUB SPORTOWY ŁOMNICA | ŁOMNICA | 90 | M20/3 | | 00:43:26 | 00:43:12 | 00:09:20 | 00:35:11 | |
| 4 | 44 | JOLIBSKI JACEK | POL | BIEGAMDLAZDROWIA.PL | JELEŃ GÓRA | 91 | M20/4 | | 00:45:18 | 00:45:16 | 00:07:29 | 00:37:40 | |
| 5 | 115 | STOŁOWSKI DAMIAN | POL | | MYSŁAKOWICE | 86 | M20/5 | | 00:47:32 | 00:47:26 | 00:08:44 | 00:38:01 | |
| 6 | 145 | ZAJĄC GRZEGORZ | POL | TPZ | BIAŁA | 88 | M20/6 | | 00:47:42 | 00:47:33 | 00:09:31 | 00:38:29 | |
| 7 | 125 | TALAR ADAM | POL | | JELEŃ GÓRA | 87 | M20/7 | | 00:47:57 | 00:47:53 | 00:08:47 | 00:38:31 | |
| 8 | 33 | GURSKI BOGUMIŁ | POL | | JELEŃ GÓRA | 87 | M20/8 | | 00:48:42 | 00:48:37 | 00:08:53 | 00:38:52 | |
| 9 | 159 | HOŁYSZEWSKI DAMIAN | POL | | PROBOSZCZÓW | 88 | M20/9 | | 00:48:47 | 00:48:43 | 00:09:12 | 00:39:01 | |
| 10 | 68 | KUR MICHAŁ | POL | | JELEŃ GÓRA | 90 | M20/10 | | 00:49:09 | 00:49:03 | 00:10:23 | 00:39:45 | |
| 11 | 53 | KOPACZ MICHAŁ | POL | | WROCŁAW | 90 | M20/11 | | 00:52:23 | 00:52:17 | 00:10:28 | 00:42:26 | |
| 12 | 59 | KOWALSKI PIOTR | POL | SZCZAWNORUN | SZCZAWNÓ-ZDRÓ | 90 | M20/12 | | 00:53:01 | 00:52:55 | 00:09:44 | 00:42:32 | |
| 13 | 14 | DOBROWOLSKI BARTOSZ | POL | LA BOMBA LA FIESTA | WROCŁAW | 89 | M20/13 | | 00:53:24 | 00:53:22 | 00:10:35 | 00:43:42 | |
| 14 | 55 | KOSTKA PAWEŁ | POL | KLUB SPORTOWY ŁOMNICA | ŁOMNICA K. | 91 | M20/14 | | 00:53:55 | 00:53:42 | 00:10:54 | 00:43:27 | |
| 15 | 79 | MIKUCKI MARCEL | POL | MISJA NA MARSA | ŁOBEZ | 86 | M20/15 | | 00:56:15 | 00:55:53 | 00:11:37 | 00:45:29 | |
| 16 | 75 | MALEC PIOTR | POL | | URBANOWICE | 87 | M20/16 | | 00:56:31 | 00:56:24 | 00:11:05 | 00:45:02 | |
| 17 | 113 | SOCHA KAJETAN | POL | | JELEŃ GÓRA | 88 | M20/17 | | 00:58:49 | 00:58:43 | 00:11:19 | 00:47:36 | |
| 18 | 61 | KRUPA ŁUKASZ | POL | | ŁOMNICA | 91 | M20/18 | | 01:00:08 | 00:59:53 | 00:12:08 | 00:48:31 | |
| 19 | 122 | ŚLIWIŃSKI MICHAŁ | POL | KS ŁOMNICA | ŁOMNICA | 94 | M20/19 | | 01:02:21 | 01:02:09 | 00:12:21 | 00:50:30 | |
| 20 | 8 | BRAMOWSKI MATEUSZ | POL | KS ZEBRA CERAMIKA | SZCZECIN | 86 | M20/20 | | 01:09:27 | 01:09:22 | 00:12:01 | 00:55:20 | |

III BIEG ICEMANA

WYNIKI ZAWODÓW

M30

Organizator: Stowarzyszenie Rada Odnowy Przesieki

Termin: 21.02.2015

Miejsce: Przesieka

Dystans: 10 km

| <i>Miejsce</i> <i>Rank</i> | <i>Nr</i> <i>Bib</i> | <i>Nazwisko i imię</i> <i>Name</i> | <i>Kraj</i> <i>Nat.</i> | <i>Drużyna</i> <i>Team</i> | <i>Miejscowość</i> <i>City</i> | <i>R-k</i> <i>YoB</i> | <i>W kategorii</i> <i>in Age</i> | <i>Grupa</i> <i>Group</i> | <i>Wynik</i> <i>Total</i> | <i>Wynik</i> <i>Netto</i> | <i>Międzyczasy</i> | | <i>Check points</i> |
|-------------------------------|-------------------------|---------------------------------------|----------------------------|-------------------------------------|-----------------------------------|--------------------------|-------------------------------------|------------------------------|------------------------------|------------------------------|--------------------|----------|---------------------|
| | | | | | | | | | | | 2.5 km | 7.5 km | |
| 1 | 129 | WALKOWIAK ROBERT | POL | TEAM MTB PARKIETEX | MODŁA | 79 | M30/1 | | 00:41:21 | 00:41:21 | 00:07:48 | 00:33:05 | |
| 2 | 94 | PIOTROWSKI MARCIN | POL | ŻARY RUNNERS TEAM | ŻARY | 85 | M30/2 | | 00:41:33 | 00:41:22 | 00:08:02 | 00:33:20 | |
| 3 | 98 | RACZKO TOMASZ | POL | KLUB MORSÓW BOLESŁAWIEC | BOLESŁAWIEC | 85 | M30/3 | | 00:43:59 | 00:43:55 | 00:08:30 | 00:35:20 | |
| 4 | 127 | URBANOWICZ JACEK | POL | PRO-RUN WROCŁAW | WROCŁAW | 84 | M30/4 | | 00:44:13 | 00:44:08 | 00:08:45 | 00:35:28 | |
| 5 | 41 | JASINIOK PRZEMYSŁAW | POL | MISJA NA MARSA | JELENIA GÓRA | 85 | M30/5 | | 00:44:46 | 00:44:43 | 00:08:45 | 00:35:56 | |
| 6 | 81 | MRÓZ MARCIN | POL | WIELKOPOLSKI KLUB MORSÓW 'ALASKA' / | ZALASEWO | 78 | M30/6 | | 00:45:04 | 00:45:00 | 00:08:44 | 00:36:00 | |
| 7 | 89 | MIODUSZEWSKI ŁUKASZ | POL | MORŚWINY ŚWINOUJŚCIE | ŚWINOUJŚCIE | 82 | M30/7 | | 00:45:27 | 00:45:25 | 00:08:39 | 00:36:29 | |
| 8 | 132 | WIERZBICKI WITOLD | POL | PRO-RUN WROCŁAW | WROCŁAW | 81 | M30/8 | | 00:45:30 | 00:45:29 | 00:08:13 | 00:36:35 | |
| 9 | 117 | SZCZENIOWSKI JACEK | POL | KLETNO | LUBIN | 81 | M30/9 | | 00:45:45 | 00:45:40 | 00:08:44 | 00:36:51 | |
| 10 | 146 | ZAWADZKI KRZYSZTOF | POL | BIELAŃSKA POGOŃ | BIELANY | 85 | M30/10 | | 00:46:24 | 00:46:23 | 00:08:40 | 00:37:07 | |
| 11 | 80 | MIKOŁAJCZAK PRZEMEK | POL | BIEGAJ-ZAPOBIEGAJ | WAŁBRZYCH | 78 | M30/11 | | 00:46:28 | 00:46:13 | 00:10:01 | 00:37:38 | |
| 12 | 62 | KSIĄŻEK ŁUKASZ | POL | BIEGAJ-ZAPOBIEGAJ | WAŁBRZYCH | 82 | M30/12 | | 00:46:47 | 00:46:30 | 00:10:03 | 00:37:44 | |
| 13 | 138 | WOŁOSZYN MARCIN | POL | ZG POLKOWICE-SIEROSZOWICE | KUROWICE | 79 | M30/13 | | 00:47:04 | 00:47:01 | 00:09:01 | 00:37:53 | |
| 14 | 4 | BASZCZYSHYN ARTUR | POL | MKB SEMPER HUMILIS | KUDOWA ZDRÓJ | 85 | M30/14 | | 00:47:49 | 00:47:46 | 00:08:51 | 00:38:15 | |
| 15 | 112 | SOBALA ŁUKASZ | POL | MORSY POZNAŃ / NIGHT RUNNERS | POZNAŃ | 82 | M30/15 | | 00:47:54 | 00:47:52 | 00:09:21 | 00:38:29 | |
| 16 | 133 | WILCZYŃSKI SYLWESTER | POL | KLUB SPORTOWY ŁOMNICA | ŁOMNICA | 81 | M30/16 | | 00:48:29 | 00:48:16 | 00:10:01 | 00:39:16 | |
| 17 | 77 | MAZUR MARIUSZ | POL | ZABIEGANI Z LESNEJ | LUBAN | 80 | M30/17 | | 00:49:08 | 00:49:04 | 00:09:26 | 00:39:32 | |
| 18 | 74 | ŁABUDA KRZYSIEK | POL | AMATORKA | JELENIA GÓRA | 76 | M30/18 | | 00:49:34 | 00:49:33 | 00:09:12 | 00:39:43 | |
| 19 | 137 | WOJAKOWSKI ŁUKASZ | POL | PARKRUNZARY | ŻARY | 77 | M30/19 | | 00:50:12 | 00:49:59 | 00:09:55 | 00:40:06 | |
| 20 | 128 | WALKÓW ROBERT | POL | ZIELONOGÓRSKI ZACIĄG | GRUDZA | 78 | M30/20 | | 00:50:23 | 00:50:06 | 00:11:04 | 00:40:56 | |
| 21 | 17 | DORSZ SEBASTIAN | POL | | ZŁOTORYJA | 82 | M30/21 | | 00:50:29 | 00:50:13 | 00:10:50 | 00:41:00 | |
| 22 | 107 | SKIERESZ MARCIN | POL | NARODOWY-WAŁBRZYCH | WAŁBRZYCH | 82 | M30/22 | | 00:50:32 | 00:50:17 | 00:10:14 | 00:40:50 | |
| 23 | 105 | SELEROWICZ RAFAŁ | POL | | ZELÓW | 83 | M30/23 | | 00:50:36 | 00:50:26 | 00:09:56 | 00:40:57 | |
| 24 | 34 | HEREZO KRZYSZTOF | POL | VEGE RUNNERS | JELENIA GÓRA | 82 | M30/24 | | 00:51:01 | 00:50:46 | 00:10:42 | 00:41:11 | |
| 25 | 73 | LORENC BARTOSZ | POL | | ZIELONA GORA | 79 | M30/25 | | 00:51:22 | 00:51:11 | 00:10:18 | 00:41:09 | |
| 26 | 28 | FRYSKA MARIUSZ | POL | | ŚWINOUJŚCIE | 78 | M30/26 | | 00:51:29 | 00:51:23 | 00:10:10 | 00:41:23 | |
| 27 | 2 | BANIA DAWID | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 85 | M30/27 | | 00:52:00 | 00:51:55 | 00:10:15 | 00:42:19 | |
| 28 | 150 | ANDRUSZEWSKI TOMASZ | POL | KB GEOTERANIA UNIEJÓW | ZDUŃSKA WOLA | 81 | M30/28 | | 00:52:13 | 00:52:06 | 00:10:48 | 00:41:48 | |
| 29 | 56 | KOTOWICZ TOMASZ | POL | PRO-RUN WROCŁAW | WROCŁAW | 77 | M30/29 | | 00:52:18 | 00:52:12 | 00:10:23 | 00:42:25 | |

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i> | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> | <i>Międzyczasy</i> | <i>Check points</i> |
|-------------------------|-------------------|---------------------------------|----------------------|-----------------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|--------------------|---------------------|
| 30 | 71 | LEWANDOWSKI RAFAŁ | POL | NARODOWY-WAŁBRZYCH | WAŁBRZYCH | 84 | M30/30 | | 00:52:44 | 00:52:29 | 00:10:23 | 00:42:08 |
| 31 | 120 | SZYMAŃSKI MICHAŁ | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 83 | M30/31 | | 00:52:59 | 00:52:47 | 00:11:19 | 00:43:40 |
| 32 | 24 | FIAŁKIEWICZ TOMASZ | POL | TEAM MTB PARKIETEX | RUSZOWICE | 76 | M30/32 | | 00:53:22 | 00:53:21 | 00:10:21 | 00:43:05 |
| 33 | 140 | WÓJTÓW MATEUSZ | POL | LEGNICKIE MORSY | LEGNICA | 85 | M30/33 | | 00:53:59 | 00:53:51 | 00:10:13 | 00:43:22 |
| 34 | 91 | PAWLIK DANIEL | POL | | TOMASZÓW | 82 | M30/34 | | 00:54:15 | 00:54:03 | 00:11:12 | 00:43:48 |
| 35 | 167 | CZARNECKI ARTUR | POL | | GDAŃSK | 77 | M30/35 | | 00:55:22 | 00:55:08 | 00:10:47 | 00:44:19 |
| 36 | 148 | ZIEGLER KRZYSZTOF | POL | WELLNESS BY ORIFLAME | GOŚCIĘCIN | 78 | M30/36 | | 00:56:31 | 00:56:29 | 00:09:59 | 00:45:24 |
| 37 | 136 | WITWICKI PIOTR | POL | KB DZIK | POLICE | 82 | M30/37 | | 00:58:10 | 00:58:01 | 00:11:40 | 00:47:18 |
| 38 | 126 | TOMASZEWSKI KRZYSZTOF | POL | BOBRY ŻAGAŃ | ŻARY | 81 | M30/38 | | 00:58:10 | 00:57:53 | 00:11:21 | 00:47:11 |
| 39 | 141 | WRÓBEL JAN | POL | KB DZIK | POLICE | 82 | M30/39 | | 00:58:13 | 00:58:04 | 00:11:26 | 00:47:29 |
| 40 | 12 | CZERWONKA ZBIGNIEW | POL | | WROCŁAW | 83 | M30/40 | | 00:58:34 | 00:58:26 | 00:11:48 | 00:47:41 |
| 41 | 162 | RACZIJ ERNEST | POL | KLUB LEGNICKI MORS | LEGNICA | 83 | M30/41 | | 00:58:41 | 00:58:39 | 00:11:00 | 00:46:59 |
| 42 | 144 | WYSOWSKI WOJCIECH | POL | | ZŁOTORYJA | 84 | M30/42 | | 00:59:59 | 00:59:45 | 00:12:21 | 00:48:27 |
| 43 | 157 | SULICH GRZEGORZ | POL | | WROCŁAW | 81 | M30/43 | | 01:01:15 | 01:01:12 | 00:11:28 | 00:49:39 |
| 44 | 166 | MOSZNY SZYMON | POL | | LUBIN | 84 | M30/44 | | 01:01:34 | 01:01:12 | 00:12:47 | 00:49:42 |
| 45 | 135 | WILK MARCIN | POL | | ZŁOTORYJA | 85 | M30/45 | | 01:02:41 | 01:02:36 | 00:12:16 | 00:50:37 |
| 46 | 48 | KĄŻMIERCZAK BARTOSZ | POL | KLUB MORSÓW BOLESŁAWIEC | KRUSZYN | 77 | M30/46 | | 01:08:18 | 01:08:04 | 00:12:59 | 00:54:37 |
| 47 | 60 | KOZŁOWSKI MATEUSZ | POL | | LEGNICA | 82 | M30/47 | | 01:09:17 | 01:09:15 | 00:11:53 | 00:54:54 |
| 48 | 31 | GÓRKA ŁUKASZ | POL | LENIWE SERCE | PSZCZEW | 76 | M30/48 | | 01:09:19 | 01:09:19 | 00:30:48 | 01:00:01 |
| 49 | 104 | SAWICKI ZBIGNIEW | POL | WIELKOPOLSKI KLUB MORSÓW `ALASKA` | BIELAWA | 79 | M30/49 | | 01:13:15 | 01:13:03 | 00:12:01 | 00:59:32 |

III BIEG ICEMANA

WYNIKI ZAWODÓW

M40

Organizator: Stowarzyszenie Rada Odnowy Przesieki

Termin: 21.02.2015

Miejsce: Przesieka

Dystans: 10 km

| <i>Miejsce</i> <i>Rank</i> | <i>Nr</i> <i>Bib</i> | <i>Nazwisko i imię</i> <i>Name</i> | <i>Kraj</i> <i>Nat.</i> | <i>Drużyna</i> <i>Team</i> | <i>Miejscowość</i> <i>City</i> | <i>R-k</i> <i>YoB</i> | <i>W kategorii</i> <i>in Age</i> | <i>Grupa</i> <i>Group</i> | <i>Wynik</i> <i>Total</i> | <i>Wynik</i> <i>Netto</i> | <i>Międzyczasy</i> 2.5 km 7.5 km | <i>Check points</i> | |
|-------------------------------|-------------------------|---------------------------------------|----------------------------|-------------------------------|-----------------------------------|--------------------------|-------------------------------------|------------------------------|------------------------------|------------------------------|--|---------------------|--|
| 1 | 101 | RYCHLIK ARTUR | POL | SUPERMARATON KALISZ | MROCZEŃ | 68 | M40/1 | | 00:42:21 | 00:42:19 | 00:08:05 | 00:33:52 | |
| 2 | 118 | SZTURO JAN | POL | | PODGÓRZYN | 67 | M40/2 | | 00:43:34 | 00:43:32 | 00:08:23 | 00:35:12 | |
| 3 | 15 | DOMAŃSKI JAROSŁAW | POL | AMATOR | SWIERZAWA | 72 | M40/3 | | 00:45:57 | 00:45:52 | 00:09:05 | 00:37:11 | |
| 4 | 154 | KONDRAT ADAM | POL | | JELENIA GÓRA | 68 | M40/4 | | 00:46:15 | 00:46:11 | 00:08:39 | 00:37:03 | |
| 5 | 65 | KUCZ TOMASZ | POL | | JELENIA GÓRA | 74 | M40/5 | | 00:46:21 | 00:46:18 | 00:08:47 | 00:37:09 | |
| 6 | 21 | DUDZIAK JAN | POL | TT SZCZECIN | ŚWINOUJŚCIE | 72 | M40/6 | | 00:46:23 | 00:46:21 | 00:08:46 | 00:37:15 | |
| 7 | 84 | NOWAKOWSKI TOMASZ | POL | TS REGLE SZKLARSKA PORĘBA | SZKLARSKA | 74 | M40/7 | | 00:46:26 | 00:46:25 | 00:07:28 | 00:38:11 | |
| 8 | 52 | KŁOSOWSKI PIOTR | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 71 | M40/8 | | 00:50:43 | 00:50:41 | 00:09:18 | 00:40:26 | |
| 9 | 46 | KACZMARCZYK PAWEŁ | POL | | JELENIA GÓRA | 66 | M40/9 | | 00:51:18 | 00:51:16 | 00:09:11 | 00:41:10 | |
| 10 | 134 | WILCZYŃSKI PIOTR | POL | | TOMASZÓW | 67 | M40/10 | | 00:52:16 | 00:52:08 | 00:10:52 | 00:42:02 | |
| 11 | 39 | JANÓW CHRISTIAN | POL | | MAŁUSZÓW | 75 | M40/11 | | 00:54:33 | 00:54:16 | 00:11:36 | 00:43:56 | |
| 12 | 13 | CZYŻ ROBERT | POL | KS AMBER | TOMASZÓW | 73 | M40/12 | | 00:55:39 | 00:55:24 | 00:11:44 | 00:44:44 | |
| 13 | 83 | NOWACKI JERZY | POL | ŻARY RUNNERS TEAM | ŻARY | 75 | M40/13 | | 00:56:31 | 00:56:18 | 00:10:32 | 00:45:37 | |
| 14 | 110 | SOBKOWIAK ROBERT | POL | | ŚWINOUJŚCIE | 68 | M40/14 | | 00:58:15 | 00:58:10 | 00:11:00 | 00:46:40 | |
| 15 | 67 | KUPEĆ SŁAWOMIR | POL | | SOSNÓWKA | 75 | M40/15 | | 00:58:32 | 00:58:28 | 00:11:13 | 00:47:10 | |
| 16 | 163 | SAS DARI | POL | KLUB MORSÓW BOLESŁAWIEC | BOLESŁAWIEC | 75 | M40/16 | | 01:00:51 | 01:00:42 | 00:11:11 | 00:48:18 | |
| 17 | 22 | FEDYCZKOWSKI EDWARD | POL | STRZEGOMSKA DWUNASTKA | STZREGOM | 73 | M40/17 | | 01:01:30 | 01:01:21 | 00:11:52 | 00:49:14 | |
| 18 | 95 | PLĄSEK SYLWESTER | POL | KB DZIK | POLICE | 71 | M40/18 | | 01:01:31 | 01:01:19 | 00:12:30 | 00:49:21 | |
| 19 | 16 | DOMAGAŁA ANDRZEJ | POL | ANDY DOMAG STAFF | JELENIA GÓRA | 68 | M40/19 | | 01:01:40 | 01:01:36 | 00:11:53 | 00:49:27 | |
| 20 | 11 | CZERWIECKI MARIUSZ | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 67 | M40/20 | | 01:02:28 | 01:02:16 | 00:12:38 | 00:50:26 | |
| 21 | 130 | WASILUK MAREK | POL | TEAM MTB PARKIETEX | GŁOGÓW | 72 | M40/21 | | 01:04:56 | 01:04:47 | 00:12:36 | 00:52:16 | |
| 22 | 42 | GOŹDZIEJEWSKI PIOTR | POL | KLUB MORSÓW BOLESŁAWIEC | ZŁOTORYJA | 75 | M40/22 | | 01:05:05 | 01:04:49 | 00:11:35 | 00:50:42 | |
| 23 | 153 | MACKO ROLAND | POL | MORŚWIN | ŚWINOUJŚCIE | 69 | M40/23 | | 01:06:33 | 01:06:24 | 00:13:56 | 00:54:20 | |
| 24 | 78 | MICHALAK ROBERT | POL | MORSY POZNAŃ | POZNAŃ | 72 | M40/24 | | 01:10:42 | 01:10:37 | 00:12:56 | 00:56:31 | |
| 25 | 156 | JANIK JACEK | POL | WISŁA KRAKÓW | WROCŁAW | 67 | M40/25 | | 01:24:35 | 01:24:17 | 00:15:48 | 01:08:24 | |

III BIEG ICEMANA

WYNIKI ZAWODÓW

M50

Organizator: Stowarzyszenie Rada Odnowy Przesieki

Termin: 21.02.2015

Miejsce: Przesieka

Dystans: 10 km

| <i>Miejsce</i> <i>Rank</i> | <i>Nr</i> <i>Bib</i> | <i>Nazwisko i imię</i> <i>Name</i> | <i>Kraj</i> <i>Nat.</i> | <i>Drużyna</i> <i>Team</i> | <i>Miejscowość</i> <i>City</i> | <i>R-k</i> <i>YoB</i> | <i>W kategorii</i> <i>in Age</i> | <i>Grupa</i> <i>Group</i> | <i>Wynik</i> <i>Total</i> | <i>Wynik</i> <i>Netto</i> | <i>Międzyczasy</i> | | <i>Check points</i> |
|-------------------------------|-------------------------|---------------------------------------|----------------------------|-------------------------------|-----------------------------------|--------------------------|-------------------------------------|------------------------------|------------------------------|------------------------------|--------------------|----------|---------------------|
| | | | | | | | | | | | 2.5 km | 7.5 km | |
| 1 | 151 | BACZEWSKI EDWARD | POL | FAURECIA STOOR | WAŁBRZYCH | 64 | M50/1 | | 00:46:46 | 00:46:43 | 00:07:43 | 00:38:14 | |
| 2 | 86 | PARCHANOWICZ MARIUSZ | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 59 | M50/2 | | 00:52:00 | 00:51:48 | 00:11:26 | 00:42:20 | |
| 3 | 160 | GDOWSKI BOGDAN | POL | SZCZAWNO-ZDRÓJ | SZCZAWNO-ZDRÓJ | 65 | M50/3 | | 00:55:53 | 00:55:49 | 00:11:09 | 00:45:05 | |
| 4 | 102 | SADOWY ANDRZEJ | POL | | JELEŃ GORA | 60 | M50/4 | | 00:57:13 | 00:57:09 | 00:11:21 | 00:45:53 | |
| 5 | 82 | NICPOŃ WOJCIECH | POL | | LEGNICA | 65 | M50/5 | | 01:00:21 | 01:00:14 | 00:11:45 | 00:48:29 | |
| 6 | 47 | KACZMAREK ANDRZEJ | POL | OLAWS ZŁOTORYJA | CJOJNÓW | 62 | M50/6 | | 01:00:57 | 01:00:52 | 00:11:36 | 00:49:04 | |
| 7 | 32 | GRONCZYŃSKI GRZEGORZ | POL | AMATOR | LUBIN | 61 | M50/7 | | 01:03:02 | 01:02:58 | 00:11:39 | 00:50:40 | |
| 8 | 36 | IGNACIUK ROBERT | POL | AKTYWNY UZNAM | ŚWINOUJŚCIE | 62 | M50/8 | | 01:05:14 | 01:04:54 | 00:13:31 | 00:52:27 | |
| 9 | 63 | KUCZYK JAROSŁAW | POL | KB LEW LEGNICA | LEGNICA | 58 | M50/9 | | 01:10:14 | 01:10:07 | 00:12:33 | 00:52:04 | |
| 10 | 97 | PODSIADŁY ROBERT | POL | WROCLAWSKIE MORSY | WROCLAW | 59 | M50/10 | | 01:14:35 | 01:14:19 | 00:14:00 | 00:59:24 | |
| 11 | 108 | SŁOTWIŃSKI BOLESŁAW | POL | KLUB MORSÓW BOLESŁAWIEC | KRUSZYN | 57 | M50/11 | | 01:15:14 | 01:15:02 | 00:13:51 | 00:59:38 | |

III BIEG ICEMANA
WYNIKI ZAWODÓW

K20

Organizator: Stowarzyszenie Rada Odnowy Przesieki

Termin: 21.02.2015

Miejsce: Przesieka

Dystans: 10 km

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i> | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> | <i>Międzyczasy 2.5 km 7.5 km</i> | <i>Check points</i> |
|-------------------------|-------------------|---------------------------------|----------------------|-------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|--|---------------------|
| 1 | 100 | REZLERSKA DOMINIKA | POL | | ŻARY | 89 | K20/1 | | 00:50:57 | 00:50:42 | 00:10:42 00:41:11 | |
| 2 | 116 | SZAFRĄNSKA DARIA | POL | KB TKKF JAWORZANIE | JAWOR | 92 | K20/2 | | 00:53:01 | 00:52:53 | 00:10:14 00:42:51 | |
| 3 | 119 | SZYMAŃSKA BRYGIDA | POL | STRZEGOMSKA DWUNASTKA | JAROSZÓW | 90 | K20/3 | | 00:53:07 | 00:52:58 | 00:11:19 00:43:34 | |
| 4 | 165 | SZYMAŃSKA AGATA | POL | STRZEGOMSKA 12 | STRZEGOM | 87 | K20/4 | | 01:02:31 | 01:02:23 | 00:12:36 00:50:24 | |
| 5 | 64 | KUCHARSKA ANITA | POL | KS AMBER | KOLONIA ZAWADA | 86 | K20/5 | | 01:04:04 | 01:03:52 | 00:12:44 00:50:51 | |

III BIEG ICEMANA

WYNIKI ZAWODÓW

K30

Organizator: Stowarzyszenie Rada Odnowy Przesieki

Termin: 21.02.2015

Miejsce: Przesieka

Dystans: 10 km

| <i>Miejsce</i> <i>Rank</i> | <i>Nr</i> <i>Bib</i> | <i>Nazwisko i imię</i> <i>Name</i> | <i>Kraj</i> <i>Nat.</i> | <i>Drużyna</i> <i>Team</i> | <i>Miejscowość</i> <i>City</i> | <i>R-k</i> <i>YoB</i> | <i>W kategorii</i> <i>in Age</i> | <i>Grupa</i> <i>Group</i> | <i>Wynik</i> <i>Total</i> | <i>Wynik</i> <i>Netto</i> | <i>Międzyczasy</i> 2.5 km 7.5 km | <i>Check points</i> | |
|-------------------------------|-------------------------|---------------------------------------|----------------------------|-------------------------------|-----------------------------------|--------------------------|-------------------------------------|------------------------------|------------------------------|------------------------------|--|---------------------|--|
| 1 | 38 | JACHOWICZ MALWINA | POL | MOTIO FIZJOTERAPIA | WROCŁAW | 83 | K30/1 | | 00:46:32 | 00:46:29 | 00:09:12 | 00:37:14 | |
| 2 | 40 | JAROSZ DOMINIKA | POL | TS REGLE SZKLARSKA POREBA | JELEŃ GÓRA | 81 | K30/2 | | 00:47:40 | 00:47:37 | 00:09:10 | 00:38:00 | |
| 3 | 58 | KOWALCZUK ALICJA | POL | | BOLESŁAWIEC | 81 | K30/3 | | 00:49:54 | 00:49:41 | 00:10:28 | 00:40:20 | |
| 4 | 5 | BAWIEC KATARZYNA | POL | BIEGAJ-ZAPOBIEGAJ | WAŁBRZYCH | 82 | K30/4 | | 00:56:00 | 00:55:43 | 00:11:49 | 00:45:23 | |
| 5 | 27 | FONFERKO DARIA | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 82 | K30/5 | | 00:59:20 | 00:59:10 | 00:11:57 | 00:47:51 | |
| 6 | 37 | IGNACIUK JOANNA | POL | BABSKI TEAM ŚWINOUJŚCIE | ŚWINOUJŚCIE | 79 | K30/6 | | 00:59:28 | 00:59:11 | 00:12:25 | 00:48:14 | |
| 7 | 121 | SZYSZ MARTYNA | POL | EŚWINOUJŚCIE | ŚWINOUJŚCIE | 76 | K30/7 | | 00:59:28 | 00:59:12 | 00:12:25 | 00:48:08 | |
| 8 | 142 | WRZESZCZ EDYTA | POL | RUNNERS ŻAGAŃ | IŁOWA | 76 | K30/8 | | 01:01:00 | 01:00:48 | 00:12:39 | 00:49:04 | |
| 9 | 114 | STEPNOWSKA KAROLINA | POL | KS AMBER | TOMASZÓW | 83 | K30/9 | | 01:01:14 | 01:01:01 | 00:12:43 | 00:49:15 | |
| 10 | 29 | GDOWSKA EWA | POL | SZCZAWNO-ZDRÓJ | SZCZAWNO-ZDRÓJ | 77 | K30/10 | | 01:03:48 | 01:03:45 | 00:12:52 | 00:51:18 | |
| 11 | 109 | SŁUŻENKO AGATA | POL | TEAM MTB PARKIETEX | GŁOGÓW | 80 | K30/11 | | 01:04:57 | 01:04:47 | 00:12:37 | 00:52:17 | |
| 12 | 161 | LITWIN JOANNA | POL | KOŁOBRZEG | KOŁOBRZEG | 79 | K30/12 | | 01:06:33 | 01:06:25 | 00:13:59 | 00:54:21 | |
| 13 | 72 | LEWANDOWSKA JOANNA | POL | KLUB MORSÓW BOLESŁAWIEC | BOLESŁAWIEC | 80 | K30/13 | | 01:08:18 | 01:08:06 | 00:13:08 | 00:54:26 | |
| 14 | 92 | PENKIEWICZ KATARZYNA | POL | KLUB BIEGACZA BOLESŁAWIEC | BOLESŁAWIEC | 80 | K30/14 | | 01:08:18 | 01:08:02 | 00:12:38 | 00:54:30 | |
| 15 | 49 | KĘSKA-PLĄSEK MAŁGORZATA | POL | KB DZIK | POLICE | 76 | K30/15 | | 01:13:06 | 01:12:55 | 00:14:31 | 00:58:07 | |

III BIEG ICEMANA

WYNIKI ZAWODÓW

K40

Organizator: Stowarzyszenie Rada Odnowy Przesieki

Termin: 21.02.2015

Miejsce: Przesieka

Dystans: 10 km

| <i>Miejsce</i> <i>Rank</i> | <i>Nr</i> <i>Bib</i> | <i>Nazwisko i imię</i> <i>Name</i> | <i>Kraj</i> <i>Nat.</i> | <i>Drużyna</i> <i>Team</i> | <i>Miejscowość</i> <i>City</i> | <i>R-k</i> <i>YoB</i> | <i>W kategorii</i> <i>in Age</i> | <i>Grupa</i> <i>Group</i> | <i>Wynik</i> <i>Total</i> | <i>Wynik</i> <i>Netto</i> | <i>Międzyczasy</i> 2.5 km 7.5 km | <i>Check points</i> |
|-------------------------------|-------------------------|---------------------------------------|----------------------------|----------------------------------|-----------------------------------|--------------------------|-------------------------------------|------------------------------|------------------------------|------------------------------|--|---------------------|
| 1 | 57 | KOTARSKA ANNA | POL | KB DZIK | POLICE | 74 | K40/1 | | 00:51:33 | 00:51:28 | 00:10:38 00:41:39 | |
| 2 | 7 | BOCHENSKA ALEKSANDRA | POL | PRO-RUN WROCŁAW / FENIKS LEGNICA | WROCŁAW | 75 | K40/2 | | 00:55:45 | 00:55:38 | 00:11:09 00:45:41 | |
| 3 | 51 | KIEŁCZYŃSKA-CHRZĄSZCZ OLGA | POL | SZCZAWNORUN | SZCZAWNO-ZDRÓ | 70 | K40/3 | | 00:56:27 | 00:56:08 | 00:11:41 00:45:16 | |
| 4 | 50 | KĘSY-KOWALSKA HANNA | POL | SZCZAWNORUN | SZCZAWNO-ZDRÓ | 67 | K40/4 | | 00:57:27 | 00:57:09 | 00:11:46 00:45:36 | |
| 5 | 23 | FEDYCZKOWSKA JUSTYNA | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 72 | K40/5 | | 01:01:29 | 01:01:20 | 00:12:17 00:49:14 | |
| 6 | 87 | PARCHANOWICZ BOŻENA | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 67 | K40/6 | | 01:02:30 | 01:02:23 | 00:12:38 00:50:23 | |
| 7 | 96 | PLICH AGNIESZKA | POL | KS AMBER | TOMASZÓW MAZ | 75 | K40/7 | | 01:05:25 | 01:05:12 | 00:12:44 00:51:40 | |
| 8 | 152 | ZIELIŃSKA ALDONA | POL | KOŁOBRZESKI KLUB MORSÓW | KOŁOBRZEG | 75 | K40/8 | | 01:06:34 | 01:06:24 | 00:14:02 00:54:22 | |
| 9 | 1 | ANTONIAK TERESA | POL | KLUB MORSÓW BOLESŁAWIEC | BOLESŁAWIEC | 73 | K40/9 | | 01:08:18 | 01:08:04 | 00:13:14 00:54:24 | |
| 10 | 139 | WÓJTOWICZ EDYTA | POL | KB DZIK | POLICE | 72 | K40/10 | | 01:09:54 | 01:09:48 | 00:13:30 00:55:26 | |
| 11 | 111 | SOBKOWIAK MAGDA | POL | BABSKI TEAM ŚWINOUJŚCIE | ŚWINOUJŚCIE | 72 | K40/11 | | 01:17:47 | 01:17:28 | 00:14:51 01:01:38 | |
| 12 | 20 | DUDZIAK MAŁGORZATA | POL | BABSKI TEAM ŚWINOUJŚCIE | ŚWINOUJŚCIE | 75 | K40/12 | | 01:17:47 | 01:17:29 | 00:14:51 01:01:36 | |
| 13 | 155 | BARTELA ELŻBIETA | POL | WISŁA KRAKÓW | WROCŁAW | 69 | K40/13 | | 01:24:33 | 01:24:15 | 00:15:43 01:08:25 | |

III BIEG ICEMANA
WYNIKI ZAWODÓW

K50

Organizator: Stowarzyszenie Rada Odnowy Przesieki

Termin: 21.02.2015

Miejsce: Przesieka

Dystans: 10 km

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i> | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> | <i>Międzyczasy 2.5 km 7.5 km</i> | <i>Check points</i> |
|-------------------------|-------------------|---------------------------------|----------------------|-------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|--|---------------------|
| 1 | 147 | ZAZULA MARLENA | POL | KLUB MORSÓW BOLESŁAWIEC | BOLESŁAWIEC | 61 | K50/1 | | 01:10:17 | 01:10:00 | 00:13:42 00:56:30 | |
| 2 | 164 | SZYMAŃSKA MARIA | POL | STRZEGOMSKA DWUNASTKA | STRZEGOM | 59 | K50/2 | | 01:21:12 | 01:21:04 | 00:15:44 01:03:28 | |