

Zawody: Cross Góry Św. Anny

Data: 2014-10-26

Kategoria: 15KM

| M | Mck | Nr | Imię | Nazwisko | Kat | Miejscowość | Team | LAP1 | LAP2 | Netto | Wynik |
|----|-----|-----|-----------|------------|-----|------------------------|--|----------|----------|----------|----------|
| 1 | | 125 | JACEK | SOBAS | M20 | KĘDZIERZYN-KOŹLE | KS "KOZIOŁEK " KĘDZIERZYN-K OŹLE" | 00:19:54 | 00:39:39 | 00:59:46 | 00:59:49 |
| 2 | | 121 | TOMASZ | WINKLER | M30 | MARKLOWICE | | 00:19:54 | 00:39:58 | 01:01:07 | 01:01:09 |
| 3 | | 310 | SZYMON | HALCZAK | M20 | KĘDZIERZYN- KOŹLAZYMEK | ZDZIESZOWIC E E | 00:20:04 | 00:40:49 | 01:02:22 | 01:02:24 |
| 4 | 1 | 326 | MATEUSZ | BANTELA | M20 | OPOLE | ANTON TEAM | 00:20:43 | 00:43:18 | 01:06:24 | 01:06:26 |
| 5 | 1 | 337 | MIROSLAW | BORYCKI | M30 | KATOWICE | | 00:21:00 | 00:44:06 | 01:07:49 | 01:07:52 |
| 6 | 1 | 68 | TOMASZ | KOTELUK | M40 | KALINOWICE | RSIR STRZELCE OP. | 00:21:57 | 00:44:53 | 01:08:12 | 01:08:14 |
| 7 | 2 | 75 | RAFAŁ | KOŁODZIEJ | M20 | GÓRAŹDŹE | | 00:21:24 | 00:45:05 | 01:08:22 | 01:08:25 |
| 8 | 2 | 303 | NORBERT | PROMIRSKI | M40 | WROCLAW | | 00:22:27 | 00:45:40 | 01:09:17 | 01:09:17 |
| 9 | 3 | 95 | KRZYSZTOF | REJMAN | M20 | DOBRA | MBP PROJEKT | 00:22:19 | 00:45:38 | 01:09:13 | 01:09:17 |
| 10 | 3 | 319 | KAZIMIERZ | GRYCMAN | M40 | CIECHOWICE | | 00:23:00 | 00:46:21 | 01:09:40 | 01:09:43 |
| 11 | 2 | 133 | JAN | ŚWIĘTOŃ | M30 | OPOLE | DANJAN | 00:22:34 | 00:46:11 | 01:09:54 | 01:09:57 |
| 12 | 4 | 7 | KRZYSZTOF | NOLEPA | M20 | OPOLE | | 00:23:05 | 00:47:05 | 01:11:27 | 01:11:31 |
| 13 | 5 | 1 | RAFAŁ | SŁOCIAK | M20 | OZIMEK | INSTERSPORT TRAIL TEAM | 00:23:37 | 00:48:00 | 01:11:55 | 01:11:58 |
| 14 | 4 | 89 | ARTUR | WALKOWIAK | M40 | ZAWADZKIE | FILIP ZAWADZKIE | 00:22:52 | 00:47:11 | 01:11:56 | 01:12:02 |
| 15 | 5 | 316 | DARIUSZ | SKROK | M40 | NAMYSŁÓW | HARDCORE HOLIDAYS | 00:22:54 | 00:47:27 | 01:12:01 | 01:12:04 |
| 16 | 6 | 39 | DOMINIK | TRZEPIZUR | M20 | WRĘCZYCA WIELKA | GNB KŁOBUCK | 00:22:38 | 00:47:19 | 01:12:19 | 01:12:22 |
| 17 | 3 | 323 | PATRYK | LOS | M30 | KRAPKOWICE | GARAGEGYM KRAPKOWI CE | 00:23:27 | 00:48:01 | 01:12:44 | 01:12:47 |
| 18 | 4 | 53 | TOMASZ | JAŃSKI | M30 | NAMYSŁÓW | SKYRUN | 00:23:50 | 00:48:44 | 01:13:43 | 01:13:46 |
| 19 | 5 | 118 | PIOTR | SOBOLAK | M30 | OPOLE | | 00:24:05 | 00:49:30 | 01:13:54 | 01:14:09 |
| 20 | 1 | 99 | HENRYK | GÓRAK | M60 | TYCHY | 40-LATEK TYCHY | 00:24:37 | 00:49:19 | 01:14:12 | 01:14:16 |
| 21 | 7 | 16 | MICHAŁ | SZEWCZYK | M20 | OPOLE | | 00:25:11 | 00:50:17 | 01:15:02 | 01:15:08 |
| 22 | 8 | 81 | WOJCIECH | WITKIEWICZ | M20 | KOTÓRZ MAŁY | | 00:23:45 | 00:49:13 | 01:15:09 | 01:15:13 |
| 23 | 2 | 73 | JÓZEF | LITWIN | M60 | GŁUBCZYCE | MARYSIEŃSKA GŁUB CZYCE | 00:24:28 | 00:49:26 | 01:15:15 | 01:15:18 |
| 24 | | 150 | ANNA | RYGUŁA | K30 | OPOLE | OPOLE | 00:24:19 | 00:49:34 | 01:15:44 | 01:15:47 |
| 25 | 9 | 304 | HUBERT | SOŁODUCHA | M20 | GLIWICE | JW 4115 | 00:24:33 | 00:50:06 | 01:16:01 | 01:16:08 |
| 26 | 6 | 103 | RAFAŁ | MILKOWSKI | M30 | RYBNIK | "RYBNICKI KLUB B IEGOWY " PĘDZI MY RAZEM " " | 00:24:59 | 00:50:27 | 01:16:31 | 01:16:40 |
| 27 | 10 | 18 | GRZEGORZ | SZOBER | M20 | STRZELCE OPOLSKIE | RSIR STRZELCE OPOL SKIE | 00:25:00 | 00:50:24 | 01:16:34 | 01:16:40 |
| 28 | 7 | 144 | ŁUKASZ | KASPROWSKI | M30 | KRAPKOWICE | GARAGEGYM | 00:24:09 | 00:50:18 | 01:17:11 | 01:17:14 |
| 29 | 6 | 17 | MAREK | BAK | M40 | TARNOWSKIE GÓRY | | 00:24:37 | 00:51:05 | 01:17:27 | 01:17:35 |
| 30 | 7 | 301 | TOMASZ | WITKOWSKI | M40 | ŻARY | ŻARY RUNNERS TEAM | 00:24:10 | 00:50:01 | 01:18:02 | 01:18:06 |
| 31 | 8 | 29 | KRZYSZTOF | WIERNY | M30 | WROCLAW | HALLELU JAH | 00:24:58 | 00:51:15 | 01:18:03 | 01:18:09 |
| 32 | 9 | 82 | DARIUSZ | GLIK | M30 | SZYMISZÓW | GMINA STRZELCE OPO LSKIE | 00:25:23 | 00:51:39 | 01:18:12 | 01:18:15 |
| 33 | 10 | 23 | ADAM | LEWALD | M30 | KĘDZIERZYN- KOŹL E | | 00:24:25 | 00:51:02 | 01:18:14 | 01:18:18 |
| 34 | | 83 | DOMINIKA | MARGOS | K30 | WĘGRY/ K.OPOLA | | 00:25:29 | 00:52:28 | 01:18:26 | 01:18:26 |

| M | Mck | Nr | Imię | Nazwisko | Kat | Miejscowość | Team | LAP1 | LAP2 | Netto | Wynik |
|----|-----|-----|------------|------------------|-----|-------------------|--|----------|----------|----------|----------|
| 35 | 1 | 48 | ARNOLD | SKOLIK | M50 | OPOLE | | 00:26:26 | 00:53:00 | 01:18:32 | 01:18:38 |
| 36 | 8 | 79 | SEBASTIAN | HULIN | M40 | KATOWICE | OPTI-YACHTS CREW | 00:25:35 | 00:52:18 | 01:18:45 | 01:18:53 |
| 37 | 11 | 122 | JACEK | SOBEL | M20 | BORUSZOWICE | BORUSZOWICE KROTOF IL TEAM | 00:26:10 | 00:52:30 | 01:18:54 | 01:19:04 |
| 38 | 9 | 317 | ALEKSANDER | RZECZKOWSKI | M40 | NAMYŚLÓW | HARDCORE HOLIDAYS | 00:25:11 | 00:52:07 | 01:19:14 | 01:19:17 |
| 39 | 12 | 308 | JAROSŁAW | WOŹNIAK | M20 | JASTRZĘBIE ZDRÓJ | JBIEGIEM PRZEZ GÓR Y | 00:25:08 | 00:53:22 | 01:20:25 | 01:20:31 |
| 40 | | 116 | SANDRA | BUDZEŃ | K20 | NYSA | | 00:25:37 | 00:53:00 | 01:20:37 | 01:20:40 |
| 41 | 10 | 42 | PIOTR | HARMANSA | M40 | GOGOLIN | | 00:27:27 | 00:54:16 | 01:20:50 | 01:20:56 |
| 42 | 11 | 66 | DARIUSZ | GUTOWSKI | M40 | KŁOBUCK | NGB KŁOBUCK | 00:25:29 | 00:53:04 | 01:21:02 | 01:21:05 |
| 43 | 12 | 149 | TOMASZ | ŁUKASZCZYKIEWICZ | M40 | KĘDZIERZYN-KOŹLE | | 00:25:18 | 00:52:58 | 01:21:17 | 01:21:23 |
| 44 | 11 | 15 | PIOTR | GWÓZDŹ | M30 | BORUSZOWICE | - | 00:26:12 | 00:54:09 | 01:21:59 | 01:22:10 |
| 45 | 12 | 307 | ZDZISŁAW | NALEPKA | M30 | JASTRZĘBIE ZDRÓJ | JBIEGIEM PRZEZ GÓR Y | 00:25:53 | 00:53:53 | 01:22:18 | 01:22:24 |
| 46 | 13 | 333 | DARIUSZ | TOMASZEWSKI | M30 | SOSNOWIEC | TKKF SIEDLCE | 00:30:07 | 00:56:57 | 01:22:16 | 01:22:26 |
| 47 | 13 | 77 | STANISŁAW | BITKA | M20 | SUCHY BÓR | | 00:26:03 | 00:54:45 | 01:22:23 | 01:22:27 |
| 48 | 14 | 63 | ROLAND | MOCIGEMBA | M30 | BAZANY | 1983 | 00:25:47 | 00:53:11 | 01:22:39 | 01:22:39 |
| 49 | 13 | 46 | MARIUSZ | PIJANKA | M40 | OPOLE | | 00:28:03 | 00:55:55 | 01:22:47 | 01:22:57 |
| 50 | 14 | 36 | WOJCIECH | RALKO | M20 | JANUSZKOWICE | NO CLUB | 00:27:48 | 00:55:37 | 01:23:00 | 01:23:00 |
| 51 | 15 | 33 | SYLWESTER | SPRUCH | M20 | WYSOKA | | 00:26:09 | 00:54:42 | 01:23:11 | 01:23:11 |
| 52 | 15 | 114 | DOMINIK | NICPOŃ | M30 | KRAPKOWICE | | 00:26:06 | 00:54:52 | 01:23:08 | 01:23:13 |
| 53 | 16 | 241 | ANDRZEJ | ZWĘGLIŃSKI | M30 | KĘDZIERZYN-KOŹLE | | 00:26:25 | 00:54:50 | 01:23:18 | 01:23:18 |
| 54 | 17 | 101 | MARIUSZ | BARTKOWIAK | M30 | OPOLE | OPOLEBIEGA.PL | 00:27:46 | 00:55:30 | 01:23:24 | 01:23:34 |
| 55 | 14 | 329 | JACEK | SIKORA | M40 | ŻELOWICE | | 00:26:10 | 00:53:26 | 01:23:40 | 01:23:47 |
| 56 | 16 | 71 | GRZEGORZ | MOŚCICKI | M20 | ZDZIESZOWICE | | 00:25:56 | 00:54:11 | 01:23:46 | 01:23:51 |
| 57 | 15 | 21 | GRZEGORZ | USZKO | M40 | SIEDLEC | | 00:27:17 | 00:56:15 | 01:23:49 | 01:23:54 |
| 58 | 2 | 93 | MAREK | ŻELICHOWSKI | M50 | SOSNOWIEC | | 00:27:10 | 00:55:38 | 01:23:51 | 01:23:55 |
| 59 | 17 | 140 | HIERONIM | KOŁOMYCKI | M20 | PIETNA | CROSS KRAPKOWICE | 00:26:56 | 00:55:13 | 01:24:16 | 01:24:22 |
| 60 | 18 | 24 | TOBIASZ | CZERNIAK | M20 | KRAPKOWICE | CROSS KRAPKOWICE | 00:26:28 | 00:54:47 | 01:24:22 | 01:24:25 |
| 61 | 16 | 56 | JACEK | STAROSTKA | M40 | KĘDZIERZYN-KOŹLE | ŁPKO BANK POLSKI BI EGAJMY RAZEM | 00:27:23 | 00:56:25 | 01:24:32 | 01:24:37 |
| 62 | 3 | 129 | ANDRZEJ | REICHERT | M60 | UJAZD | ZAWISZA STARA KUŹ NIA | 00:26:37 | 00:54:47 | 01:24:40 | 01:24:43 |
| 63 | 19 | 138 | PRZEMYSŁAW | ZIELIŃSKI | M20 | RUDA ŚLĄSKA | - | 00:28:48 | 00:56:51 | 01:24:53 | 01:25:05 |
| 64 | 17 | 120 | ANDRZEJ | KOCIOŁEK | M40 | OSOWEIC-TRZĘSINA | | 00:27:59 | 00:56:46 | 01:25:13 | 01:25:22 |
| 65 | 1 | 312 | ALDONA | USZYŃSKA | K40 | GLIWICE | OTK RZEŹNIK | 00:27:26 | 00:56:48 | 01:25:29 | 01:25:31 |
| 66 | 18 | 313 | GRZEGORZ | USZYŃSKI | M40 | GLIWICE | OTK RZEZNIK | 00:28:12 | 00:56:32 | 01:25:21 | 01:25:31 |
| 67 | 4 | 306 | BRONISŁAW | MAĆZKA | M60 | GLIWICE | OTK RZEŹNIK | 00:28:08 | 00:57:05 | 01:25:42 | 01:25:42 |
| 68 | 3 | 62 | CZESŁAW | WĘGLARZ | M50 | KĘDZIERZYN-KOŹLE | | 00:28:04 | 00:56:55 | 01:25:51 | 01:25:59 |
| 69 | 18 | 137 | BARTŁOMIEJ | ŻMUDKA | M30 | RYBNIK | RYBNICKA GRUPA BIE GOWA PĘDZIMY RAZE M | 00:28:05 | 00:56:43 | 01:25:50 | 01:26:00 |
| 70 | 4 | 80 | ZBIGNIEW | POLAŃSKI | M50 | STRZELCE OPOLSKIE | | 00:26:36 | 00:56:17 | 01:26:10 | 01:26:17 |
| 71 | 5 | 328 | CZESŁAW | KUDŁA | M60 | MIKOWICE | | 00:29:06 | 00:57:29 | 01:26:33 | 01:26:45 |
| 72 | 19 | 339 | ADAM | KUBIEŃ | M40 | KĘDZIERZYN-KOŹLE | | 00:28:00 | 00:56:44 | 01:26:36 | 01:26:50 |
| 73 | 19 | 87 | GRZEGORZ | RUDNICKI | M30 | KERZIERZYN-KOZL | BRENNTAG EXTREME T EAM | 00:27:56 | 00:57:00 | 01:26:42 | 01:26:54 |

| M | Mck | Nr | Imię | Nazwisko | Kat | Miejscowość | Team | LAP1 | LAP2 | Netto | Wynik |
|-----|-----|-----|------------|------------|-----|-------------------|--------------------|----------|----------|----------|----------|
| 74 | 20 | 127 | GRZEGORZ | PANDEL | M40 | BOGUSZYCE | | 00:27:45 | 00:56:26 | 01:26:47 | 01:26:54 |
| 75 | 21 | 145 | PIOTR | DUDEK | M40 | STRZELCE OPOLSKIE | | 00:29:04 | 00:58:22 | 01:26:53 | 01:27:02 |
| 76 | 20 | 88 | DAWID | HOLONA | M30 | RYBNIK | BIEGAMY W RYBNIKU | 00:28:53 | 00:58:11 | 01:26:57 | 01:27:08 |
| | | | | | | | PEDZIMY RAZEM | | | | |
| 77 | 22 | 135 | MICHAŁ | LACHOWICZ | M40 | GLIWICE | SIKRET | 00:28:25 | 00:58:08 | 01:27:20 | 01:27:26 |
| 78 | 20 | 105 | RAFAŁ | LACH | M20 | KĘDZIERZYN-KOŹLE | | 00:27:31 | 00:57:00 | 01:27:37 | 01:27:42 |
| 79 | 5 | 43 | ANTONI | LECHOWICZ | M50 | DĄBRÓWKA | CROSS KRAPKOWICE | 00:28:37 | 00:57:42 | 01:27:44 | 01:27:52 |
| 80 | 23 | 78 | ROBERT | PEZDEK | M40 | ZABRZE | | 00:29:10 | 00:58:20 | 01:28:07 | 01:28:14 |
| 81 | 24 | 302 | WIESŁAW | GERUS | M40 | WROCŁAW | PRO-RUN WROCŁAW | 00:29:26 | 00:59:00 | 01:28:05 | 01:28:17 |
| 82 | 25 | 52 | WOJCIECH | BOGUCKI | M40 | OPOLE | | 00:28:54 | 00:58:34 | 01:28:21 | 01:28:26 |
| 83 | 21 | 91 | DAWID | SOLL | M20 | OPOLE | OPOLEBIEGA.PL | 00:29:07 | 00:58:58 | 01:28:18 | 01:28:29 |
| 84 | 1 | 334 | KATARZYNA | GALEWICZ | K30 | KRAKOW | | 00:27:55 | 00:57:36 | 01:28:25 | 01:28:29 |
| 85 | 2 | 94 | RENATA | GAWLE | K30 | SOSNOWIEC | | 00:28:50 | 00:58:39 | 01:28:30 | 01:28:34 |
| 86 | 21 | 96 | TOMASZ | GRABINSKI | M30 | DOBRODZIĘŃ | MEBLE DOBRODZIĘŃ | 00:28:35 | 00:58:22 | 01:28:25 | 01:28:36 |
| 87 | 26 | 340 | ROBERT | WENCEL | M40 | KĘDZIERZYN-KOŹLE | KS KOZIOŁEK | 00:29:03 | 00:58:27 | 01:28:39 | 01:28:39 |
| 88 | 27 | 19 | MARCIN | SZYMIK | M40 | CHORZÓW | NIEZRZESZONY | 00:27:12 | 00:56:54 | 01:28:32 | 01:28:41 |
| 89 | 28 | 139 | JACEK | PODULKA | M40 | GLIWICE | TEAM 360 | 00:28:25 | 00:58:31 | 01:28:37 | 01:28:43 |
| 90 | 6 | 47 | JAROSŁAW | PAPIERZ | M50 | OPOLE | KOSTA-METAL RUN | 00:28:30 | 00:58:36 | 01:28:38 | 01:28:45 |
| 91 | 1 | 338 | HALINA | PŁOTEK | K50 | GLUBCZYCE | ZDW GLUBCZYCE | 00:28:31 | 00:58:22 | 01:28:51 | 01:28:55 |
| 92 | 22 | 85 | KAMIL | ORŁOWSKI | M20 | WROCŁAW | PIK | 00:28:05 | 00:58:31 | 01:28:53 | 01:28:58 |
| 93 | 2 | 20 | SABINA | USZKO | K40 | SIEDLEC | | 00:28:54 | 00:58:47 | 01:29:10 | 01:29:15 |
| 94 | 29 | 4 | ANDRZEJ | ŚRODA | M40 | STRZELCE OPOLSKIE | PIZZERIA BELLA ITA | 00:29:35 | 00:59:37 | 01:29:29 | 01:29:37 |
| | | | | | | | LIA STRZELCE OP. | | | | |
| 95 | 23 | 26 | DOMINIK | ORŁOWSKI | M20 | PRĄDY | | 00:29:36 | 00:59:38 | 01:29:41 | 01:29:50 |
| 96 | 30 | 341 | ALEKSANDER | RACŁAWICKI | M40 | OPOLE | | 00:29:01 | 00:59:36 | 01:29:45 | 01:29:56 |
| 97 | 24 | 325 | TOMASZ | KRÓLICKI | M20 | OPOLE | | 00:27:26 | 00:58:34 | 01:30:19 | 01:30:24 |
| 98 | 7 | 305 | JANUSZ | ZAGAJA | M50 | POKÓJ | | 00:29:41 | 00:59:58 | 01:30:17 | 01:30:30 |
| 99 | 22 | 327 | TOMASZ | DRAGUN | M30 | KRAPKOWICE | | 00:29:24 | 00:59:14 | 01:30:24 | 01:30:40 |
| 100 | 6 | 110 | JULIAN | PROMIRSKI | M60 | JELENIA GÓRA | JAGNIĄTKÓW | 00:28:58 | 00:59:18 | 01:30:42 | 01:30:48 |
| 101 | 31 | 300 | GRZEGORZ | KUBICKI | M40 | ZDZIESZOWICE | KWP OPOLE | 00:28:12 | 00:59:00 | 01:30:47 | 01:30:51 |
| 102 | 32 | 123 | GRZEGORZ | BROSZCZAK | M40 | ZDZIESZOWICE | | 00:28:49 | 00:59:13 | 01:30:54 | 01:31:01 |
| 103 | 3 | 136 | IZABELA | WOJTASIK | K30 | LUBOSZYCE | | 00:29:56 | 01:00:43 | 01:31:31 | 01:31:40 |
| 104 | 3 | 119 | BOŻENA | BARANOWSKA | K40 | JEMIELNICA | | 00:29:36 | 00:59:43 | 01:31:47 | 01:31:52 |
| 105 | 8 | 115 | TADEUSZ | WOLNY | M50 | MIKOŁÓW | | 00:29:38 | 00:59:45 | 01:31:53 | 01:31:57 |
| 106 | 33 | 13 | CEZARY | CHAŁUPCZAK | M40 | WROCŁAW | | 00:29:46 | 01:00:46 | 01:31:46 | 01:31:58 |
| 107 | 23 | 6 | ŁUKASZ | SADOWCZYK | M30 | KĘDZIERZYN-KOŹLE | | 00:28:02 | 00:59:08 | 01:31:58 | 01:32:02 |
| 108 | 24 | 22 | ARKADIUSZ | STWORA | M30 | MIKOŁÓW | NIEZRZESZONY | 00:28:06 | 00:59:20 | 01:32:21 | 01:32:31 |
| 109 | 25 | 8 | GRZEGORZ | GABERT | M30 | GOGOLIN | VERIGO TEAM | 00:28:48 | 01:00:27 | 01:32:30 | 01:32:35 |
| 110 | 25 | 318 | JACEK | KŁOSEK | M20 | RACIBÓRZ | | 00:30:37 | 01:01:37 | 01:32:32 | 01:32:45 |
| 111 | 9 | 314 | IRENEUSZ | SZPALA | M50 | TARNOWSKIE GÓRY | | 00:29:47 | 01:00:55 | 01:32:40 | 01:32:46 |
| 112 | 26 | 107 | POTR | SŁOŃSKI | M30 | KRAPKOWICE | | 00:29:47 | 01:00:54 | 01:33:06 | 01:33:21 |
| 113 | 27 | 86 | MIECZYŚLAW | KRÓL | M30 | OPOLE | GYMBOX/666 | 00:31:30 | 01:02:53 | 01:33:25 | 01:33:41 |
| 114 | 28 | 142 | MICHAŁ | LATOCHA | M30 | WODZISŁAW ŚLĄSK | | 00:29:52 | 01:00:29 | 01:33:34 | 01:33:48 |
| | | | | | | | I | | | | |
| 115 | 34 | 345 | PIOTR | JAWORSKI | M40 | OPOLE | | 00:28:53 | 00:59:55 | 01:33:47 | 01:33:53 |
| 116 | 35 | 311 | GRZEGORZ | LIPKA | M40 | KRAPKOWICE | | 00:30:54 | 01:02:22 | 01:33:45 | 01:34:00 |

| M | Mck | Nr | Imię | Nazwisko | Kat | Miejscowość | Team | LAP1 | LAP2 | Netto | Wynik |
|-----|-----|-----|-----------|--------------|-----|---|---|----------|----------|----------|----------|
| 117 | 10 | 336 | KRZYSZTOF | DAJKA | M50 | RYBNIK | | 00:29:39 | 01:00:39 | 01:33:56 | 01:34:01 |
| 118 | 29 | 128 | WITOLD | SOBALA | M30 | CHORZÓW | BRYGADA BIEGOWA BE ZDECH | 00:29:38 | 01:01:47 | 01:34:06 | 01:34:19 |
| 119 | 4 | 342 | MAGDALENA | DZIUBCZYŃSKA | K40 | OPOLE | | 00:30:05 | 01:02:18 | 01:34:19 | 01:34:33 |
| 120 | 36 | 335 | KRZYSZTOF | KOSTRZEWA | M40 | OZIMEK | | 00:30:06 | 01:02:20 | 01:34:19 | 01:34:33 |
| 121 | 37 | 124 | PIOTR | MAZURKIEWICZ | M40 | OLESNO | | 00:30:38 | 01:02:35 | 01:35:04 | 01:35:16 |
| 122 | 1 | 112 | MAGDALENA | BALCERAK | K20 | KEDZIERZYN-KOZLE | | 00:32:14 | 01:02:56 | 01:35:02 | 01:35:17 |
| 123 | 38 | 55 | MARIUSZ | WOJTANOWICZ | M40 | GŁOGÓWEK | | 00:30:45 | 01:02:45 | 01:36:20 | 01:36:20 |
| 124 | 39 | 10 | ADAM | WALCZYK | M40 | JANUSZKOWICE | | 00:30:42 | 01:03:42 | 01:36:15 | 01:36:30 |
| 125 | 40 | 35 | RYSZARD | WOLNIK | M40 | BORUSZOWICE | BORUSZOWICE KROTFI L TEAM | 00:30:48 | 01:02:50 | 01:36:27 | 01:36:41 |
| 126 | 41 | 343 | SAWOMIR | SIMINSKI | M40 | PRÓSZKÓW | | 00:33:45 | 01:05:59 | 01:36:59 | 01:37:15 |
| 127 | 11 | 111 | WIESLAW | BANASIK | M50 | ZDZIESZOWICE | | 00:31:48 | 01:05:25 | 01:38:10 | 01:38:24 |
| 128 | 4 | 332 | AGATA | KURPAS | K30 | ZDZIESZOWICE | | 00:31:06 | 01:04:32 | 01:38:35 | 01:38:35 |
| 129 | 30 | 108 | ANDRZEJ | MAJER | M30 | OPOLE | GYMBOX | 00:31:30 | 01:04:11 | 01:38:21 | 01:38:36 |
| 130 | 31 | 76 | MACIEJ | MAŁEK | M30 | WALIDROGI | | 00:30:10 | 01:02:04 | 01:38:35 | 01:38:47 |
| 131 | 32 | 92 | MICHAŁ | BARAN | M30 | WARMĄTOWICE | | 00:30:30 | 01:03:55 | 01:39:09 | 01:39:17 |
| 132 | 26 | 344 | CIOMIRTAN | ANATOLIE | M20 | OPOLE | | 00:30:32 | 01:04:10 | 01:39:13 | 01:39:17 |
| 133 | 5 | 100 | PATRYCJA | BARTECZKO | K30 | OTMICE | | 00:31:21 | 01:04:58 | 01:39:49 | 01:40:00 |
| 134 | 12 | 57 | KRZYSZTOF | DYMEK | M50 | LESZCZYNY | | 00:31:56 | 01:05:21 | 01:40:08 | 01:40:20 |
| 135 | 42 | 58 | ROBERT | DYMEK | M40 | LESZCZYNY | | 00:31:59 | 01:05:32 | 01:40:11 | 01:40:22 |
| 136 | 7 | 44 | JERZY | LECHOWICZ | M60 | KRAPKOWICE | CEM-BUD CHRZANÓW | 00:32:44 | 01:06:48 | 01:40:24 | 01:40:33 |
| 137 | 13 | 322 | KRZYSZTOF | LEJCZAK | M50 | KRAPKOWICE | CROSS | 00:33:10 | 01:07:11 | 01:40:42 | 01:40:51 |
| 138 | 5 | 45 | MONIKA | PIJANKA | K40 | OPOLE | | 00:32:50 | 01:07:42 | 01:40:44 | 01:40:55 |
| 139 | 8 | 106 | JANUSZ | BIL | M60 | PRASZKA | NEAPCO PRASZKA | 00:32:38 | 01:07:32 | 01:40:50 | 01:40:57 |
| 140 | 2 | 324 | ANNA | KRÓLICKA | K20 | OPOLE | | 00:30:48 | 01:05:20 | 01:41:02 | 01:41:07 |
| 141 | 6 | 14 | LILA | CHAŁUPCZAK | K40 | WROCŁAW | | 00:32:32 | 01:06:10 | 01:40:54 | 01:41:07 |
| 142 | 6 | 240 | ANNA | ZWĘGLIŃSKA | K30 | KĘDZIERZYN-KOŻLE | | 00:31:46 | 01:05:06 | 01:41:20 | 01:41:20 |
| 143 | 7 | 90 | MONIKA | WOŁOSZCZAK | K40 | ŻORY | HRMAX ŻORY | 00:31:43 | 01:06:24 | 01:41:16 | 01:41:22 |
| 144 | 33 | 54 | ARKADIUSZ | ANGRY | M30 | KLUCZBORK | | 00:31:34 | 01:06:03 | 01:41:57 | 01:42:11 |
| 145 | 27 | 30 | PAWEŁ | MEHL | M20 | OPOLE | | 00:33:37 | 01:08:22 | 01:42:15 | 01:42:32 |
| 146 | 7 | 131 | IRENA | MAZUR | K30 | OPOLE | | 00:35:01 | 01:08:53 | 01:42:58 | 01:43:14 |
| 147 | 9 | 102 | DARIUSZ | KRAWCZYK | M60 | WROCŁAW | | 00:33:52 | 01:08:21 | 01:43:56 | 01:44:09 |
| 148 | 34 | 67 | MARCIN | KAWALERWOICZ | M30 | STRZELCE OPOLSKIE | CODEFUSION | 00:33:44 | 01:08:08 | 01:43:54 | 01:44:09 |
| 149 | 43 | 113 | DARIUSZ | BALICKI | M40 | K-KOŻLE | | 00:33:20 | 01:07:47 | 01:44:11 | 01:44:22 |
| 150 | 3 | 109 | ULA | STRZAŁKOWSKA | K20 | OPOLE | GYMBOX | 00:32:35 | 01:08:48 | 01:45:16 | 01:45:32 |
| 151 | 8 | 65 | MALWINA | JAMICKA | K40 | RYBNIK | "RYBNICKA GRUPA B IEGOWA ""PĘDZIM Y RAZEM"" | 00:31:12 | 01:06:56 | 01:45:28 | 01:45:38 |
| 152 | 8 | 74 | ZUZANNA | STOLARCZYK | K30 | RYBNIK | RYBNICKA GRUPA BIE GOWA PĘDZIMY RAZE M | 00:31:19 | 01:06:56 | 01:45:30 | 01:45:38 |
| 153 | 35 | 330 | ADAM | SIKORA | M30 | ŻELOWICE | SIKORY | 00:38:14 | 01:13:19 | 01:45:40 | 01:45:57 |
| 154 | 9 | 141 | BOŻENA | LATOCHA | K30 | WODZISŁAW ŚLĄSK I | | 00:33:54 | 01:10:01 | 01:45:44 | 01:45:58 |
| 155 | 10 | 309 | ANDRZEJ | STAROSTKA | M60 | KĘDZIERZYN-KOŻLE NIEZNISZCZALNI KĘ DZIERZYN-KOŻLE | | 00:33:52 | 01:09:58 | 01:46:12 | 01:46:21 |

| M | Mck | Nr | Imię | Nazwisko | Kat | Miejscowość | Team | LAP1 | LAP2 | Netto | Wynik |
|-----|-----|-----|------------|--------------------|-----|-----------------|-----------------------|----------|----------|----------|----------|
| 156 | 36 | 315 | ŁUKASZ | SZMIT | M30 | TARNOWSKIE GÓRY | | 00:34:25 | 01:12:16 | 01:49:41 | 01:49:49 |
| 157 | 37 | 9 | ADAM | ZACZEK | M30 | GLIWICE | OPEL ACTIVE TEAM | 00:35:01 | 01:12:21 | 01:50:03 | 01:50:17 |
| 158 | 9 | 5 | AGNIESZKA | BRAMBERGER - TRACZ | | KOMPRACHCICE | | 00:37:27 | 01:13:52 | 01:51:06 | 01:51:23 |
| 159 | 38 | 143 | GRZEGORZ | WARCHOŁ | M30 | ZDZIESZOWICE | | 00:33:19 | 01:10:50 | 01:51:38 | 01:51:49 |
| 160 | 28 | 104 | DAMIAN | POLAK | M20 | ZDZIESZOWICE | | 00:34:14 | 01:13:29 | 01:52:20 | 01:52:27 |
| 161 | 11 | 37 | JAN | MICUDA | M60 | | | 00:35:54 | 01:13:23 | 01:52:15 | 01:52:28 |
| 162 | 10 | 130 | JOANNA | KUKLIŃSKA | K40 | LUBIN | | 00:38:06 | 01:16:45 | 01:55:10 | 01:55:23 |
| 163 | 4 | 132 | GOSIA | KUBÓW | K20 | WROCŁAW | | 00:38:05 | 01:16:45 | 01:55:10 | 01:55:23 |
| 164 | 14 | 117 | MARIAN | GAJ | M50 | WIELUŃ | | 00:35:07 | 01:15:19 | 01:56:46 | 01:56:53 |
| 165 | 44 | 98 | PRZEMYSŁAW | PUCEK | M40 | SMOLEC | WKB PIAST WROCŁAW | 00:36:28 | 01:15:49 | 01:56:43 | 01:56:54 |
| 166 | 10 | 331 | ROMANA | TUŁACZ | K30 | PREŻYNA | | 00:36:16 | 01:16:16 | 01:57:40 | 01:57:51 |
| 167 | 5 | 321 | MARTA | KOLANKO | K20 | GLIWICE | NIGHT RUNNERS GLIWICE | 00:38:05 | 01:17:07 | 01:57:44 | 01:57:52 |