

# PRZECHELEWO TRIATHLON 2013

Organizator: Zakładowy Klub Sportowy Contra;64-sto Klub Sportowy Leszno; Endusport; Gmina Przechlewo

Data: 07.09.2013

Dystans: 1/4 IRONMAN (0,95 km pływanie/45 km rower/ 10,55 km bieg)

Miejscowość: PRZECHELEWO



## PŁYWANIE

| M-ce<br>Pos. | Nr zaw.<br>Bib | Nazwisko Imię<br>Name   | Miejscowość<br>City | Klub<br>Team                 | Kraj<br>Country | Rok ur.<br>YoB | Kat wiek.<br>Age cat. | M-ce w kat<br>in Age | Pływanie<br>Swim | T1<br>T1 | Rower<br>Bike | T2<br>T2 | Bieg<br>Run    | Wynik<br>Time | M<br>M | K<br>F |
|--------------|----------------|-------------------------|---------------------|------------------------------|-----------------|----------------|-----------------------|----------------------|------------------|----------|---------------|----------|----------------|---------------|--------|--------|
| 1            | 296            | TROKA PAWEŁ             | CHOJNICE            | TROKASPORT-TRENER PERSONALNY | POLSKA          | 1986           | M18-29                | 1                    | 00:14:36 (3)     | 00:01:55 | 01:12:55 (3)  | 00:01:06 | 00:39:01 (3)   | 02:09:33      | 1      |        |
| 2            | 220            | PETELSKI MATEUSZ        | GDAŃSK              | AT TEAM                      | POLSKA          | 1986           | M18-29                | 2                    | 00:20:38 (81)    | 00:02:05 | 01:10:50 (1)  | 00:01:13 | 00:36:07 (1)   | 02:10:53      | 2      |        |
| 3            | 3              | MROWIEC TOMASZ          | ORZESZE             | AS AWF KATOWICE              | POLSKA          | 1991           | M18-29                | 3                    | 00:15:17 (6)     | 00:01:54 | 01:12:27 (2)  | 00:01:29 | 00:40:48 (7)   | 02:11:55      | 3      |        |
| 4            | 210            | ORTMANN MARCIN          | GDYNIA              | LECH 282                     | POLSKA          | 1980           | M30-39                | 1                    | 00:14:12 (1)     | 00:02:03 | 01:15:19 (6)  | 00:01:29 | 00:41:40 (13)  | 02:14:43      | 4      |        |
| 5            | 291            | TOMASZEWICZ DAMIAN      | ELBLĄG              | TRIATHLON T. TEAM            | POLSKA          | 1993           | M18-29                | 4                    | 00:16:50 (14)    | 00:02:38 | 01:13:39 (4)  | 00:01:21 | 00:40:30 (6)   | 02:14:58      | 5      |        |
| 6            | 157            | KUBIŃSKI JAKUB          | OSIELSKO            | TRI-SPORT NIEMCZ             | POLSKA          | 1987           | M18-29                | 5                    | 00:15:41 (8)     | 00:02:01 | 01:15:51 (9)  | 00:01:05 | 00:41:46 (14)  | 02:16:24      | 6      |        |
| 7            | 275            | SZCZERBIŃSKA MAŁGORZATA | MALBORK             | MKS TRIATHLON MALBORK        | POLSKA          | 1991           | K18-29                | 1                    | 00:14:55 (4)     | 00:01:54 | 01:20:37 (49) | 00:01:23 | 00:38:31 (2)   | 02:17:20      |        | 1      |
| 8            | 194            | MIZIARSKI PAWEŁ         | REDA                | MIZIAR-SPORT.BLOGSPOT.COM    | POLSKA          | 1990           | M18-29                | 6                    | 00:15:46 (9)     | 00:02:05 | 01:17:44 (23) | 00:01:21 | 00:41:29 (12)  | 02:18:25      | 7      |        |
| 9            | 305            | WANIEWSKI MARCIN        | MALBORK             | MKS TRIATHLON MALBORK        | POLSKA          | 1976           | M30-39                | 2                    | 00:17:37 (20)    | 00:02:07 | 01:16:07 (12) | 00:01:23 | 00:41:27 (11)  | 02:18:42      | 8      |        |
| 10           | 21             | BOHATER PIOTR           | WROCŁAW             | WKTRI-WROCŁAW-ZARA TEAM      | POLSKA          | 1978           | M30-39                | 3                    | 00:18:30 (29)    | 00:02:19 | 01:16:08 (13) | 00:01:26 | 00:41:09 (9)   | 02:19:31      | 9      |        |
| 11           | 145            | KOTARSKI PIOTR          | GDAŃSK              | CELTIC OSOWA                 | POLSKA          | 1979           | M30-39                | 4                    | 00:18:04 (24)    | 00:02:24 | 01:16:59 (18) | 00:01:37 | 00:40:49 (8)   | 02:19:52      | 10     |        |
| 12           | 150            | KRAKOWIAK PAWEŁ         | OTWOCK              | KRAKOWIAK TEAM               | POLSKA          | 1986           | M18-29                | 7                    | 00:18:00 (22)    | 00:02:37 | 01:17:24 (20) | 00:01:32 | 00:40:27 (5)   | 02:20:00      | 11     |        |
| 13           | 248            | SKOWROŃSKI JACEK        | WARSZAWA            | HP IRON TEAM                 | POLSKA          | 1977           | M30-39                | 5                    | 00:18:33 (30)    | 00:02:17 | 01:16:55 (16) | 00:01:51 | 00:41:16 (10)  | 02:20:52      | 12     |        |
| 14           | 267            | MAZIEWSKI PIOTR         |                     |                              | POLSKA          |                |                       |                      | 00:16:13 (10)    | 00:03:40 | 01:16:53 (15) | 00:01:23 | 00:43:36 (32)  | 02:21:46      | 13     |        |
| 15           | 139            | KOROL ADAM              | GDAŃSK              | AZS AWFIS GDAŃSK             | POLSKA          | 1974           | M30-39                | 6                    | 00:20:21 (68)    | 00:02:33 | 01:17:27 (22) | 00:02:02 | 00:39:24 (4)   | 02:21:47      | 14     |        |
| 16           | 98             | IGIELSKI ARMIN          | GRUDZIĄDZ           | TANCIA TEAM                  | POLSKA          | 1975           | M30-39                | 7                    | 00:20:08 (61)    | 00:02:12 | 01:15:19 (7)  | 00:01:38 | 00:42:47 (22)  | 02:22:04      | 15     |        |
| 17           | 46             | DOLEGA SZYMON           | GDAŃSK              | SPORT-EVO                    | POLSKA          | 1985           | M18-29                | 8                    | 00:16:17 (11)    | 00:01:58 | 01:20:39 (50) | 00:01:17 | 00:42:01 (16)  | 02:22:12      | 16     |        |
| 18           | 303            | WALIŃSKI MIKOŁAJ        | ELBLĄG              | MBOO TEAM                    | POLSKA          | 1978           | M30-39                | 8                    | 00:16:28 (12)    | 00:02:05 | 01:15:28 (8)  | 00:01:43 | 00:46:34 (71)  | 02:22:19      | 17     |        |
| 19           | 117            | JUŚKIW PAWEŁ            | GDYNIA              | LECH 282                     | POLSKA          | 1983           | M30-39                | 9                    | 00:15:38 (7)     | 00:02:19 | 01:20:17 (42) | 00:01:28 | 00:42:57 (24)  | 02:22:40      | 18     |        |
| 20           | 72             | GŁUCHOWSKI JĘDRZEJ      | ELBLĄG              | MKS TRUSO ELBLĄG             | POLSKA          | 1995           | M18-29                | 9                    | 00:14:19 (2)     | 00:02:20 | 01:21:17 (65) | 00:01:31 | 00:43:44 (34)  | 02:23:11      | 19     |        |
| 21           | 202            | NOWAK MIESZKO           | GDAŃSK              | TRIATHLON TRÓJMIASTO         | POLSKA          | 1984           | M18-29                | 10                   | 00:20:27 (74)    | 00:02:06 | 01:16:56 (17) | 00:01:19 | 00:43:34 (31)  | 02:24:23      | 20     |        |
| 22           | 227            | POLAŃSKI PIOTR          | SŁUPSK              |                              | POLSKA          | 1981           | M30-39                | 10                   | 00:19:13 (42)    | 00:02:30 | 01:15:55 (10) | 00:01:31 | 00:46:00 (59)  | 02:25:09      | 21     |        |
| 23           | 319            | WRÓBLEWSKI MIECZYSLAW   | WROCŁAW             | WKTRI-WROCŁAW                | POLSKA          | 1956           | M50-59                | 1                    | 00:18:20 (25)    | 00:02:05 | 01:18:46 (29) | 00:01:32 | 00:44:57 (46)  | 02:25:40      | 22     |        |
| 24           | 11             | BARCZEWSKI KRZYSZTOF    | NIEMCZ              | TRI-SPORT NIEMCZ             | POLSKA          | 1975           | M30-39                | 11                   | 00:20:10 (63)    | 00:03:27 | 01:17:25 (21) | 00:01:56 | 00:42:59 (25)  | 02:25:57      | 23     |        |
| 25           | 302            | WALCZAK MATEUSZ         | WARSZAWA            | LUFT TRI TEAM                | POLSKA          | 1978           | M30-39                | 12                   | 00:20:34 (78)    | 00:02:13 | 01:14:51 (5)  | 00:01:37 | 00:47:06 (79)  | 02:26:21      | 24     |        |
| 26           | 226            | ZDANOWSKI TOMASZ        | POZNANŃ             | ENDUHUB.COM                  | POLSKA          | 1972           | M40-49                | 1                    | 00:20:53 (94)    | 00:02:05 | 01:18:11 (25) | 00:01:35 | 00:43:47 (35)  | 02:26:30      | 25     |        |
| 27           | 147            | KOWALSKI ŁUKASZ         | ELBLĄG              |                              | POLSKA          | 1995           | M18-29                | 11                   | 00:14:57 (5)     | 00:02:10 | 01:21:02 (60) | 00:07:12 | 00:41:52 (15)  | 02:27:14      | 26     |        |
| 28           | 217            | PAWLIK MARIUSZ          | GDYNIA              | THOMSON REUTERS TRI          | POLSKA          | 1983           | M30-39                | 13                   | 00:21:11 (101)   | 00:03:06 | 01:19:01 (32) | 00:02:01 | 00:42:07 (17)  | 02:27:26      | 27     |        |
| 29           | 265            | SUSMANEK JOANNA         | WROCŁAW             | LUFT TRI TEAM                | POLSKA          | 1988           | K18-29                | 2                    | 00:18:22 (26)    | 00:02:08 | 01:21:45 (72) | 00:01:25 | 00:43:55 (36)  | 02:27:35      |        | 2      |
| 30           | 88             | GWIZDAŁA CEZARY         | WARSZAWA            |                              | POLSKA          | 1970           | M40-49                | 2                    | 00:19:36 (46)    | 00:03:24 | 01:21:06 (62) | 00:02:01 | 00:42:22 (19)  | 02:28:29      | 28     |        |
| 31           | 18             | BŁĄŻEJEWski MACIEJ      | PABIANICE           | TKKF KOSZALIN                | POLSKA          | 1975           | M30-39                | 14                   | 00:20:37 (80)    | 00:03:12 | 01:16:27 (14) | 00:01:55 | 00:47:02 (77)  | 02:29:14      | 29     |        |
| 32           | 79             | GÓRZYCKI PIOTR          | GDYNIA              |                              | POLSKA          | 1981           | M30-39                | 15                   | 00:21:22 (106)   | 00:02:28 | 01:19:58 (39) | 00:03:13 | 00:42:26 (20)  | 02:29:27      | 30     |        |
| 33           | 204            | NOWAK PAWEŁ             | ŁUBOWO              | COMPADRE RIDERS MTB TEAM     | POLSKA          | 1984           | M18-29                | 12                   | 00:18:47 (35)    | 00:03:10 | 01:19:39 (34) | 00:01:50 | 00:46:13 (66)  | 02:29:41      | 31     |        |
| 34           | 128            | KASZTELAN WŁADYSŁAW     | KRETOMINO           |                              | POLSKA          | 1978           | M30-39                | 16                   | 00:24:59 (214)   | 00:01:56 | 01:18:55 (31) | 00:01:46 | 00:42:09 (18)  | 02:29:46      | 32     |        |
| 35           | 48             | DRGAN MARCIN            | GDANSK              | CAR-LEX                      | POLSKA          | 1977           | M30-39                | 17                   | 00:21:46 (121)   | 00:02:49 | 01:19:08 (33) | 00:01:50 | 00:44:25 (39)  | 02:29:58      | 33     |        |
| 36           | 40             | CZERWIAK ROBERT         | STAROGARD GDAŃSKI   | GRUPA KOLARSKA STAROGARD     | POLSKA          | 1973           | M40-49                | 3                    | 00:19:42 (48)    | 00:03:34 | 01:20:59 (57) | 00:01:32 | 00:44:38 (43)  | 02:30:25      | 34     |        |
| 37           | 25             | BROEKERE TOMASZ         | ZABRZE              |                              | POLSKA          | 1988           | M18-29                | 13                   | 00:20:22 (69)    | 00:02:51 | 01:20:22 (43) | 00:01:38 | 00:45:51 (58)  | 02:31:04      | 35     |        |
| 38           | 20             | BOGUSZEWSKI SŁAWOMIR    | GDYNIA              | DZIUBASY                     | POLSKA          | 1980           | M30-39                | 18                   | 00:17:08 (16)    | 00:03:20 | 01:16:03 (11) | 00:01:41 | 00:53:10 (185) | 02:31:21      | 36     |        |

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Organizator: Zakładowy Klub Sportowy Contra;64-sto Klub Sportowy Leszno; Endusport; Gmina Przechlewo

Data: 07.09.2013

Dystans: 1/4 IRONMAN (0,95 km pływanie/45 km rower/ 10,55 km bieg)

Miejscowość: PRZECHEWLO



## PŁYWANIE

| M-ce | Nr zaw. | Nazwisko Imię            | Miejscowość | Klub                               | Kraj   | Rok ur. | Kat wiek. | M-ce w kat | Pływanie       | T1       | Rower          | T2       | Bieg           | Wynik    | M  | K |
|------|---------|--------------------------|-------------|------------------------------------|--------|---------|-----------|------------|----------------|----------|----------------|----------|----------------|----------|----|---|
| 39   | 292     | TOMASZEWICZ MARCIN       | ELBLĄG      | TRIATHLON T. TEAM                  | POLSKA | 1990    | M18-29    | 14         | 00:24:11 (193) | 00:02:13 | 01:20:24 (44)  | 00:01:37 | 00:43:05 (26)  | 02:31:31 | 37 |   |
| 40   | 322     | ZAKRZEWSKI RAFAŁ         | GDAŃSK      | AZS CENTRUM GALION                 | POLSKA | 1971    | M40-49    | 4          | 00:20:40 (83)  | 00:01:58 | 01:21:49 (73)  | 00:01:45 | 00:45:18 (52)  | 02:31:31 | 38 |   |
| 41   | 76      | GODLEWSKI MICHAŁ         | ŁÓDŹ        |                                    | POLSKA | 1980    | M30-39    | 19         | 00:21:28 (109) | 00:02:56 | 01:21:27 (70)  | 00:01:31 | 00:44:14 (38)  | 02:31:35 | 39 |   |
| 42   | 299     | TUROWIEC ADAM            | POZNAŃ      | UAM POZNAŃ TRIATHLON               | POLSKA | 1975    | M30-39    | 20         | 00:17:11 (17)  | 00:02:06 | 01:18:32 (28)  | 00:01:43 | 00:52:05 (168) | 02:31:37 | 40 |   |
| 43   | 52      | DZIEDZIŃSKI MATEUSZ      | 84-300      | LEW ŁĘBORK                         | POLSKA | 1978    | M30-39    | 21         | 00:19:35 (45)  | 00:02:51 | 01:18:23 (27)  | 00:01:41 | 00:49:23 (120) | 02:31:53 | 41 |   |
| 44   | 225     | PODGÓRSKI WITOLD         | GDAŃSK      | POWERON3CITY                       | POLSKA | 1973    | M40-49    | 5          | 00:20:09 (62)  | 00:03:17 | 01:20:58 (56)  | 00:01:52 | 00:46:01 (60)  | 02:32:17 | 42 |   |
| 45   | 289     | ŚWIĘCICKI WOJCIECH       | BYDGOSZCZ   | HERBIROL CHOJNICE                  | POLSKA | 1977    | M30-39    | 22         | 00:23:01 (155) | 00:03:48 | 01:20:07 (40)  | 00:01:56 | 00:43:37 (33)  | 02:32:29 | 43 |   |
| 46   | 324     | ZAWISTOWSKI MICHAŁ       | GDAŃSK      | SILMIN                             | POLSKA | 1978    | M30-39    | 23         | 00:17:17 (18)  | 00:02:36 | 01:19:50 (38)  | 00:01:33 | 00:51:24 (154) | 02:32:41 | 44 |   |
| 47   | 38      | CZECH MICHAŁ             | POZNAŃ      |                                    | POLSKA | 1978    | M30-39    | 24         | 00:20:24 (71)  | 00:02:58 | 01:20:59 (58)  | 00:01:39 | 00:46:46 (74)  | 02:32:48 | 45 |   |
| 48   | 176     | ŁOTYSZ MAREK             | KOSZALIN    | TKF TRIATHLON KOSZALIN             | POLSKA | 1964    | M40-49    | 6          | 00:18:01 (23)  | 00:02:32 | 01:23:48 (98)  | 00:02:18 | 00:46:14 (67)  | 02:32:53 | 46 |   |
| 49   | 118     | KACPERSKI OLAF           | 04-690      |                                    | POLSKA | 1973    | M40-49    | 7          | 00:20:05 (58)  | 00:03:21 | 01:22:19 (85)  | 00:02:01 | 00:45:13 (50)  | 02:32:59 | 47 |   |
| 50   | 323     | ZARZYCKI ARKADIUSZ       | GDAŃSK      | APTEKA GEMINI                      | POLSKA | 1979    | M30-39    | 25         | 00:21:13 (102) | 00:03:09 | 01:21:07 (63)  | 00:01:23 | 00:46:11 (64)  | 02:33:04 | 48 |   |
| 51   | 249     | SKOWROŃSKI ŁUKASZ        | KOBYLNICZA  | SKLA SŁUPSK                        | POLSKA | 1972    | M40-49    | 8          | 00:21:02 (98)  | 00:03:40 | 01:20:53 (53)  | 00:01:52 | 00:45:45 (55)  | 02:33:12 | 49 |   |
| 52   | 193     | SZPUNAR MACIEJ           | GDYNIA      | GDYŃSKIE MORSY                     | POLSKA | 1973    | M40-49    | 9          | 00:21:40 (117) | 00:03:58 | 01:22:09 (80)  | 00:01:32 | 00:43:56 (37)  | 02:33:16 | 50 |   |
| 53   | 250     | SKOWROŃSKI MARCIN        | WARSZAWA    |                                    | POLSKA | 1987    | M18-29    | 15         | 00:19:06 (39)  | 00:03:24 | 01:17:20 (19)  | 00:02:07 | 00:51:25 (155) | 02:33:22 | 51 |   |
| 54   | 10      | BACZEWSKI DANIEL         | GDAŃSK      | ... TEAM                           | POLSKA | 1982    | M30-39    | 26         | 00:20:41 (86)  | 00:02:26 | 01:20:30 (48)  | 00:01:35 | 00:48:16 (101) | 02:33:29 | 52 |   |
| 55   | 153     | KRZEMIŃSKI JAROSŁAW      | TORUŃ       | 3RIDE4FUN / BBL                    | POLSKA | 1969    | M40-49    | 10         | 00:18:25 (27)  | 00:03:46 | 01:24:48 (117) | 00:02:08 | 00:44:27 (40)  | 02:33:34 | 53 |   |
| 56   | 300     | W'SICKI JACEK            | SŁUPSK      | STOPA SŁUPSK                       | POLSKA | 1973    | M40-49    | 11         | 00:20:15 (66)  | 00:04:19 | 01:24:36 (113) | 00:01:39 | 00:42:56 (23)  | 02:33:45 | 54 |   |
| 57   | 313     | WŁODARCZYK MACIEJ        | POZNAŃ      | NIGHT RUNNERS                      | POLSKA | 1981    | M30-39    | 27         | 00:21:08 (100) | 00:02:20 | 01:21:56 (76)  | 00:01:41 | 00:46:40 (73)  | 02:33:46 | 55 |   |
| 58   | 257     | SPICZAK-BRZEZIŃSKI PAWEŁ | PRZECHEWLO  | WWW.TWOJESCHODY.PL                 | POLSKA | 1990    | M18-29    | 16         | 00:20:25 (72)  | 00:02:40 | 01:22:15 (82)  | 00:01:25 | 00:47:09 (80)  | 02:33:54 | 56 |   |
| 59   | 80      | GÓRZYŃSKI TOMASZ         | TORUŃ       | STONEMAN ARCEO MULTISPORT TEAM T   | POLSKA | 1976    | M30-39    | 28         | 00:19:08 (41)  | 00:03:33 | 01:18:13 (26)  | 00:02:11 | 00:50:56 (144) | 02:34:03 | 57 |   |
| 60   | 24      | BROEKERE KRZYSZTOF       | ZABRZE      |                                    | POLSKA | 1959    | M50-59    | 2          | 00:21:29 (110) | 00:03:09 | 01:19:41 (36)  | 00:01:45 | 00:48:10 (98)  | 02:34:14 | 58 |   |
| 61   | 33      | CHLEBOSZ MARTYNA         | CZERSK      |                                    | POLSKA | 1989    | K18-29    | 3          | 00:19:49 (52)  | 00:02:40 | 01:21:10 (64)  | 00:01:50 | 00:48:50 (108) | 02:34:18 |    | 3 |
| 62   | 318     | WRÓBLEWSKI ADRIAN        | GDANSK      | POWERON3CITY                       | POLSKA | 1982    | M30-39    | 29         | 00:20:47 (92)  | 00:02:37 | 01:21:01 (59)  | 00:02:09 | 00:47:45 (92)  | 02:34:19 | 59 |   |
| 63   | 316     | WOJDYŁA MICHAŁ           | WARSZAWA    | APEROL TEAM                        | POLSKA | 1980    | M30-39    | 30         | 00:19:30 (44)  | 00:02:50 | 01:22:00 (78)  | 00:02:22 | 00:47:53 (95)  | 02:34:35 | 60 |   |
| 64   | 85      | GUDANIEC RADOSŁAW        | KOSZALIN    | TKKF TRIATHLON KOSZALIN            | POLSKA | 1963    | M50-59    | 3          | 00:20:28 (75)  | 00:03:00 | 01:20:16 (41)  | 00:01:44 | 00:49:23 (119) | 02:34:51 | 61 |   |
| 65   | 67      | GIELNIAK PRZEMYSŁAW      | GDAŃSK      | LECH 282                           | POLSKA | 1973    | M40-49    | 12         | 00:18:47 (34)  | 00:02:58 | 01:22:18 (84)  | 00:01:53 | 00:49:09 (112) | 02:35:06 | 62 |   |
| 66   | 307     | WIESE ANNA               | POZNAŃ      |                                    | POLSKA | 1984    | K18-29    | 4          | 00:21:29 (111) | 00:02:56 | 01:21:56 (75)  | 00:01:37 | 00:47:38 (90)  | 02:35:35 |    | 4 |
| 67   | 96      | HUMIŃSKI ANDRZEJ         | GDAŃSK      | KAWIARNIA KARCZEMKI TRIATHLON TEAM | POLSKA | 1977    | M30-39    | 31         | 00:22:31 (139) | 00:03:03 | 01:23:51 (99)  | 00:01:32 | 00:44:50 (45)  | 02:35:47 | 63 |   |
| 68   | 126     | KARCZEWSKI MARCIN        | GDAŃSK      | INTEL RUNNERS                      | POLSKA | 1986    | M18-29    | 17         | 00:19:07 (40)  | 00:02:32 | 01:23:20 (92)  | 00:02:09 | 00:48:55 (109) | 02:36:04 | 64 |   |
| 69   | 152     | KRUPA JAN                | WĘGRORZEWKO | TORTUGA ELBLĄG                     | POLSKA | 1988    | M18-29    | 18         | 00:17:06 (15)  | 00:03:20 | 01:24:03 (103) | 00:01:44 | 00:49:53 (130) | 02:36:07 | 65 |   |
| 70   | 168     | LETNIEWSKI MACIEJ        | KOWALE      | IRONTEAM3CITY                      | POLSKA | 1969    | M40-49    | 13         | 00:20:40 (84)  | 00:03:12 | 01:22:43 (86)  | 00:01:52 | 00:47:43 (91)  | 02:36:11 | 66 |   |
| 71   | 123     | KANAREK JAKUB            | KOSZALIN    | WYMYŚLIŁEM SOBIE TRIATHLON :-)     | POLSKA | 1976    | M30-39    | 32         | 00:19:45 (49)  | 00:03:56 | 01:21:43 (71)  | 00:02:23 | 00:48:28 (104) | 02:36:15 | 67 |   |
| 72   | 246     | SKOTARCZAK MACIEJ        | SZCZECIN    | SDO                                | POLSKA | 1974    | M30-39    | 33         | 00:21:37 (115) | 00:03:25 | 01:20:40 (51)  | 00:02:08 | 00:48:26 (103) | 02:36:16 | 68 |   |
| 73   | 51      | DUKACZEWSKI MICHAŁ       | GDYNIA      |                                    | POLSKA | 1980    | M30-39    | 34         | 00:22:05 (126) | 00:02:28 | 01:23:39 (96)  | 00:02:18 | 00:45:48 (57)  | 02:36:18 | 69 |   |
| 74   | 253     | SŁODOWICZ PIOTR          | GDAŃSK      | GRUPA TRÓJMIASTO                   | POLSKA | 1971    | M40-49    | 14         | 00:25:21 (222) | 00:04:08 | 01:20:57 (55)  | 00:02:38 | 00:43:17 (29)  | 02:36:21 | 70 |   |
| 75   | 167     | LESZCZYŃSKI CEZARY       | GDAŃSK      | TRICITY TRIATHLON TEAM             | POLSKA | 1970    | M40-49    | 15         | 00:21:48 (122) | 00:02:04 | 01:24:24 (110) | 00:01:45 | 00:46:21 (68)  | 02:36:23 | 71 |   |
| 76   | 148     | KOWALSKI PATRYK          | ELBLĄG      |                                    | POLSKA | 1994    | M18-29    | 19         | 00:24:00 (185) | 00:03:19 | 01:24:14 (105) | 00:01:49 | 00:43:16 (28)  | 02:36:38 | 72 |   |

# PRZECHELEWO TRIATHLON 2013

Organizator: Zakładowy Klub Sportowy Contra;64-sto Klub Sportowy Leszno; Endusport; Gmina Przechlewo

Data: 07.09.2013

Dystans: 1/4 IRONMAN (0,95 km pływanie/45 km rower/ 10,55 km bieg)

Miejscowość: PRZECHELEWO



## PŁYWANIE

| M-ce | Nr zaw. | Nazwisko Imię         | Miejscowość        | Klub                                   | Kraj   | Rok ur. | Kat wiek. | M-ce w kat | Pływanie       | T1       | Rower          | T2       | Bieg           | Wynik    | M   | K |
|------|---------|-----------------------|--------------------|--|--------|---------|-----------|------------|----------------|----------|----------------|----------|----------------|----------|-----|---|
| 77   | 58      | GADALIŃSKI PRZEMYSŁAW | WYSZKÓW            | 12TRI                                  | POLSKA | 1981    | M30-39    | 35         | 00:20:11 (64)  | 00:03:59 | 01:23:01 (89)  | 00:02:26 | 00:47:04 (78)  | 02:36:40 | 73  |   |
| 78   | 306     | WIATROWSKI KRZYSZTOF  | GDAŃSK/KOWALE      | IRONTEAM3CITY                          | POLSKA | 1977    | M30-39    | 36         | 00:22:42 (144) | 00:03:17 | 01:26:10 (138) | 00:01:46 | 00:43:08 (27)  | 02:37:03 | 74  |   |
| 79   | 13      | BEBELSKI RAFAŁ        | WARSZAWA           | KU-NIA TRIATHLONU                      | POLSKA | 1977    | M30-39    | 37         | 00:18:54 (36)  | 00:02:38 | 01:27:50 (166) | 00:01:50 | 00:46:03 (61)  | 02:37:16 | 75  |   |
| 80   | 232     | ROSIŃSKI JAROSŁAW     | GDAŃSK             |  | POLSKA | 1976    | M30-39    | 38         | 00:22:42 (143) | 00:03:15 | 01:20:24 (46)  | 00:01:57 | 00:49:16 (116) | 02:37:34 | 76  |   |
| 81   | 192     | MIELCZAREK KRZYSZTOF  | SZCZECINEK         | TRIATHLON SZCZECINEK                   | POLSKA | 1970    | M40-49    | 16         | 00:23:29 (169) | 00:02:58 | 01:22:10 (81)  | 00:01:46 | 00:47:19 (82)  | 02:37:42 | 77  |   |
| 82   | 188     | MICHALSKA MAGDALENA   | ZAMEK BIERZGŁOWSKI | KM TRUCHCIK LUBIANKA                   | POLSKA | 1989    | K18-29    | 5          | 00:21:53 (123) | 00:03:18 | 01:23:04 (91)  | 00:01:49 | 00:47:49 (93)  | 02:37:54 |     | 5 |
| 83   | 107     | JAUMIEŃ ŁUKASZ        | SOCHACZEW          | BRAK                                   | POLAND | 1984    | M18-29    | 20         | 00:18:45 (33)  | 00:04:04 | 01:21:50 (74)  | 00:02:32 | 00:50:48 (143) | 02:37:59 | 78  |   |
| 84   | 241     | SIECIŃSKI EMILIAN     | SUSZ               |  | POLSKA | 1991    | M18-29    | 21         | 00:22:21 (135) | 00:03:02 | 01:25:30 (126) | 00:01:12 | 00:46:08 (63)  | 02:38:12 | 79  |   |
| 85   | 17      | BIELIŃSKI PIOTR       | KARTUZY            |  | POLSKA | 1976    | M30-39    | 39         | 00:23:49 (182) | 00:02:55 | 01:24:18 (108) | 00:01:10 | 00:46:05 (62)  | 02:38:18 | 80  |   |
| 86   | 235     | RYBAKOWSKI DAREK      | GDAŃSK             | IRONTEAM3CITY                          | POLSKA | 1975    | M30-39    | 40         | 00:20:44 (89)  | 00:03:53 | 01:21:57 (77)  | 00:02:34 | 00:49:18 (117) | 02:38:26 | 81  |   |
| 87   | 186     | MATUSZEWSKI NIKODEM   | POZNAŃ             | CARLSBERG ASC                          | POLSKA | 1989    | M18-29    | 22         | 00:21:59 (125) | 00:03:23 | 01:26:10 (139) | 00:02:11 | 00:44:46 (44)  | 02:38:29 | 82  |   |
| 88   | 287     | SZYMKÓW SŁAWOMIR      | STRASZYN           | PULP FICTION FUN                       | POLSKA | 1970    | M40-49    | 17         | 00:26:14 (234) | 00:02:44 | 01:19:49 (37)  | 00:02:17 | 00:47:28 (86)  | 02:38:32 | 83  |   |
| 89   | 31      | CANCHAYA PEDRO        | GDYNIA             |  | POLSKA | 1972    | M40-49    | 18         | 00:21:21 (105) | 00:02:31 | 01:23:38 (95)  | 00:02:06 | 00:48:56 (110) | 02:38:33 | 84  |   |
| 90   | 29      | BUCZKO DARIUSZ        | PRZECHELEWO        | PWO                                    | POLSKA | 1990    | M18-29    | 23         | 00:22:46 (147) | 00:02:32 | 01:22:56 (88)  | 00:01:04 | 00:49:53 (131) | 02:39:12 | 85  |   |
| 91   | 41      | CZYŻ ADAM             | WŁADYSŁAWOWO       |  | POLSKA | 1976    | M30-39    | 41         | 00:22:09 (131) | 00:03:02 | 01:27:06 (153) | 00:01:58 | 00:45:07 (49)  | 02:39:23 | 86  |   |
| 92   | 273     | SZCZEPAŃSKI DAWID     | DOBRZYCA           |  | POLSKA | 1989    | M18-29    | 24         | 00:18:29 (28)  | 00:02:27 | 01:28:30 (172) | 00:01:48 | 00:48:12 (99)  | 02:39:26 | 87  |   |
| 93   | 245     | SKOSOLAS JANUSZ       | MOSTY              | KWP W GDAŃSKU                          | POLSKA | 1970    | M40-49    | 19         | 00:29:52 (281) | 00:03:14 | 01:21:19 (66)  | 00:02:39 | 00:42:34 (21)  | 02:39:38 | 88  |   |
| 94   | 87      | GWIZDAŁA BARTOSZ      | GDAŃSK             | R3D                                    | POLSKA | 1986    | M18-29    | 25         | 00:20:05 (59)  | 00:05:25 | 01:25:17 (122) | 00:01:31 | 00:47:24 (85)  | 02:39:42 | 89  |   |
| 95   | 54      | FRAŃCZYK BOGUSŁAW     | PRZECHELEWO        |  | POLSKA | 1979    | M30-39    | 42         | 00:23:28 (168) | 00:03:33 | 01:18:54 (30)  | 00:01:48 | 00:52:01 (166) | 02:39:44 | 90  |   |
| 96   | 187     | MICEK PRZEMYSŁAW      | ROGOŹNO            | POLPHARMA                              | POLSKA | 1973    | M40-49    | 20         | 00:19:45 (50)  | 00:03:34 | 01:25:32 (129) | 00:01:45 | 00:49:09 (113) | 02:39:45 | 91  |   |
| 97   | 134     | ADAMCZYK ANDRZEJ      | KOSZALIN           | TKKF KOSZALIN                          | POLSKA | 1961    | M50-59    | 4          | 00:22:49 (148) | 00:03:28 | 01:24:14 (106) | 00:02:07 | 00:47:18 (81)  | 02:39:55 | 92  |   |
| 98   | 183     | MAMCARZ JAROSŁAW      | TCZEW              | WOPR TCZEW                             | POLSKA | 1967    | M40-49    | 21         | 00:18:38 (31)  | 00:02:50 | 01:26:18 (142) | 00:01:47 | 00:50:26 (137) | 02:40:00 | 93  |   |
| 99   | 222     | PIETRZAK MICHAŁ JAKUB | SZCZECINEK         |  | POLSKA | 1979    | M30-39    | 43         | 00:22:14 (133) | 00:03:16 | 01:20:26 (47)  | 00:02:00 | 00:52:21 (172) | 02:40:16 | 94  |   |
| 100  | 328     | ZIELIŃSKI TOMASZ      | GDANSK             | WP.PL / KS SPÓJNIAFITNES SPÓJNIA GDAŃ! | POLSKA | 1984    | M18-29    | 26         | 00:19:48 (51)  | 00:03:07 | 01:25:27 (125) | 00:02:18 | 00:49:37 (126) | 02:40:17 | 95  |   |
| 101  | 184     | MANKIEWICZ PIOTR      | CHOJNICE           | FLORIAN CHOJNICE                       | POLSKA | 1985    | M18-29    | 27         | 00:27:31 (254) | 00:03:07 | 01:21:25 (69)  | 00:01:54 | 00:46:28 (70)  | 02:40:25 | 96  |   |
| 102  | 321     | ZAJFERT STANISŁAW     | KĘDZIERZYN KOŹLE   |  | POLSKA | 1948    | M60+      | 1          | 00:18:41 (32)  | 00:02:06 | 01:22:50 (87)  | 00:01:41 | 00:55:18 (219) | 02:40:35 | 97  |   |
| 103  | 37      | CYLIWIK ALEKSY        | ROKOCIN            |  | POLSKA | 1973    | M40-49    | 22         | 00:24:43 (202) | 00:03:00 | 01:24:15 (107) | 00:02:14 | 00:46:24 (69)  | 02:40:36 | 98  |   |
| 104  | 138     | KORD BOGDAN           | BARCZEWO           |  | POLSKA | 1958    | M50-59    | 5          | 00:24:55 (210) | 00:02:02 | 01:20:53 (54)  | 00:01:54 | 00:51:05 (146) | 02:40:50 | 99  |   |
| 105  | 285     | SZYMCZAK JAKUB        | ŁÓDŹ               | XTRI.PL                                | POLSKA | 1987    | M18-29    | 28         | 00:19:38 (47)  | 00:04:16 | 01:24:28 (111) | 00:02:05 | 00:50:30 (139) | 02:40:57 | 100 |   |
| 106  | 258     | SPYCHALSKI TOMASZ     | RYNARZEWO          |  | POLSKA | 1980    | M30-39    | 44         | 00:21:41 (119) | 00:02:28 | 01:21:21 (68)  | 00:01:55 | 00:53:39 (195) | 02:41:05 | 101 |   |
| 107  | 171     | LISIUS TOMASZ         | GDAŃSK             |  | POLSKA | 1964    | M40-49    | 23         | 00:26:55 (244) | 00:03:58 | 01:23:35 (94)  | 00:02:09 | 00:44:32 (42)  | 02:41:09 | 102 |   |
| 108  | 105     | JAROSZ ROBERT         | SOPOT              |  | POLSKA | 1983    | M30-39    | 45         | 00:20:56 (97)  | 00:03:35 | 01:25:31 (128) | 00:02:00 | 00:49:24 (121) | 02:41:26 | 103 |   |
| 109  | 229     | RACZKO MARIUSZ        | WARSZAWA           |  | POLSKA | 1979    | M30-39    | 46         | 00:20:14 (65)  | 00:02:56 | 01:28:15 (167) | 00:02:14 | 00:48:00 (96)  | 02:41:39 | 104 |   |
| 110  | 209     | OLSZOWSKI MARCIN      | CHRZYPKO WIELKIE   |  | POLSKA | 1977    | M30-39    | 47         | 00:20:30 (76)  | 00:03:26 | 01:25:51 (135) | 00:01:46 | 00:50:19 (136) | 02:41:52 | 105 |   |
| 111  | 15      | BEJGER MARCIN         | GDYNIA             |  | POLSKA | 1988    | M18-29    | 29         | 00:20:40 (82)  | 00:04:05 | 01:28:56 (179) | 00:02:03 | 00:46:12 (65)  | 02:41:56 | 106 |   |
| 112  | 113     | JÓZWIK WALDEMAR       | WARSZAWA           |  | POLSKA | 1978    | M30-39    | 48         | 00:23:40 (177) | 00:02:24 | 01:28:21 (170) | 00:01:53 | 00:45:43 (54)  | 02:42:02 | 107 |   |
| 113  | 280     | SZULTKA TOMASZ        | CHOJNICE           |  | POLSKA | 1988    | M18-29    | 30         | 00:23:22 (163) | 00:03:14 | 01:25:09 (121) | 00:01:42 | 00:48:40 (106) | 02:42:08 | 108 |   |
| 114  | 268     | SZAFRANIEC ARTUR      | WARSZAWA           | AT TEAM                                | POLSKA | 1978    | M30-39    | 49         | 00:20:55 (96)  | 00:03:23 | 01:26:14 (141) | 00:02:05 | 00:49:47 (128) | 02:42:25 | 109 |   |

# PRZECHELEWO TRIATHLON 2013

Organizator: Zakładowy Klub Sportowy Contra;64-sto Klub Sportowy Leszno; Endusport; Gmina Przechlewo

Data: 07.09.2013

Dystans: 1/4 IRONMAN (0,95 km pływanie/45 km rower/ 10,55 km bieg)

Miejscowość: PRZECHELEWO



## PŁYWANIE

| M-ce | Nr zaw. | Nazwisko Imię          | Miejscowość       | Klub                        | Kraj    | Rok ur. | Kat wiek. | M-ce w kat | Pływanie       | T1       | Rower          | T2       | Bieg           | Wynik    | M   | K |
|------|---------|------------------------|-------------------|-----------------------------|---------|---------|-----------|------------|----------------|----------|----------------|----------|----------------|----------|-----|---|
| 115  | 42      | CZYŻ GABRIELA          | WŁADYSŁAWOWO      |                             | POLSKA  | 1976    | K30-39    | 1          | 00:16:40 (13)  | 00:03:23 | 01:32:18 (213) | 00:01:24 | 00:48:43 (107) | 02:42:28 |     | 6 |
| 116  | 317     | WOLNY BARTOSZ          | POZNAŃ            | NIGHT RUNNERS               | POLSKA  | 1977    | M30-39    | 50         | 00:22:05 (127) | 00:04:14 | 01:24:42 (114) | 00:02:42 | 00:48:57 (111) | 02:42:40 | 110 |   |
| 117  | 311     | WIŚNIEWSKA ANNA MARIA  | GDAŃSK            | ANA-RUUN.BLOGSPOT.COM       | POLSKA  | 1994    | K18-29    | 6          | 00:26:52 (243) | 00:03:26 | 01:27:33 (161) | 00:01:30 | 00:43:24 (30)  | 02:42:46 |     | 7 |
| 118  | 115     | JURCZAK KAMIL          | GRUDZIĄDZ         | SPORT-EVO                   | POLSKA  | 1985    | M18-29    | 31         | 00:17:20 (19)  | 00:02:17 | 01:32:58 (225) | 00:01:23 | 00:49:10 (114) | 02:43:08 | 111 |   |
| 119  | 12      | BAKIEWICZ BŁAŻEJ       | GDAŃSK            | SUCHĄ SZOSĄ                 | POLSKA  | 1982    | M30-39    | 51         | 00:21:40 (116) | 00:04:05 | 01:27:28 (158) | 00:02:27 | 00:47:29 (88)  | 02:43:10 | 112 |   |
| 120  | 90      | HABUŁYK TOMASZ         | PRZECHELEWO       |                             | POLSKA  | 1967    | M40-49    | 24         | 00:22:30 (137) | 00:03:55 | 01:23:03 (90)  | 00:01:53 | 00:51:52 (163) | 02:43:13 | 113 |   |
| 121  | 75      | GNIOT JACEK            | GRUDZIĄDZ         | AKADEMIA BIEGANIA GRUDZIĄDZ | POLSKA  | 1971    | M40-49    | 25         | 00:30:59 (287) | 00:02:25 | 01:20:24 (45)  | 00:02:04 | 00:47:24 (84)  | 02:43:17 | 114 |   |
| 122  | 200     | NETTMANN MATEUSZ       | POZNAN            | POZRUNIACY                  | POLSKA  | 1979    | M30-39    | 52         | 00:22:06 (128) | 00:02:44 | 01:27:15 (155) | 00:01:55 | 00:49:20 (118) | 02:43:19 | 115 |   |
| 123  | 132     | KNUT KAMILA            | STAROGARD GDAŃSKI | KNUT TEAM                   | POLSKA  | 1976    | K30-39    | 2          | 00:23:41 (178) | 00:03:55 | 01:25:42 (131) | 00:01:45 | 00:48:20 (102) | 02:43:22 |     | 8 |
| 124  | 8       | AXELGAARD RASMUS       | AALBORG           | AXZON                       | DENMARK | 1992    | M18-29    | 32         | 00:24:02 (186) | 00:04:22 | 01:23:23 (93)  | 00:01:43 | 00:50:06 (134) | 02:43:38 | 116 |   |
| 125  | 263     | SUDZIARSKI MICHAŁ      | GRUDZIĄDZ         | JA GRUDZIĄDZ                | POLSKA  | 1975    | M30-39    | 53         | 00:24:24 (196) | 00:02:47 | 01:21:21 (67)  | 00:02:01 | 00:53:17 (187) | 02:43:51 | 117 |   |
| 126  | 218     | PAWLIK MICHAŁ          | GDYNIA            | THOMSON REUTERS TRI         | POLSKA  | 1985    | M18-29    | 33         | 00:22:07 (129) | 00:03:43 | 01:19:41 (35)  | 00:01:59 | 00:56:38 (228) | 02:44:08 | 118 |   |
| 127  | 155     | KRZESZOWSKI MACIEJ     | POZNAŃ            |                             | POLSKA  | 1976    | M30-39    | 54         | 00:25:33 (225) | 00:02:24 | 01:26:42 (148) | 00:01:51 | 00:47:52 (94)  | 02:44:22 | 119 |   |
| 128  | 111     | JELIŃSKI ARKADIUSZ     | GDAŃSK            | IRONTEAM3CITY               | POLSKA  | 1977    | M30-39    | 55         | 00:24:15 (194) | 00:04:51 | 01:23:51 (100) | 00:02:15 | 00:49:13 (115) | 02:44:25 | 120 |   |
| 129  | 294     | TOMASZEWSKI MACIEJ     | GDYNIA            | REPREZENTUJĘ SIĘBIE         | POLSKA  | 1987    | M18-29    | 34         | 00:27:13 (247) | 00:03:33 | 01:21:03 (61)  | 00:02:11 | 00:50:36 (141) | 02:44:36 | 121 |   |
| 130  | 102     | JANDY JAREK            | POZNAŃ            | CHAOS POZNAŃ RUGBY          | POLSKA  | 1982    | M30-39    | 56         | 00:23:08 (157) | 00:03:12 | 01:24:43 (115) | 00:02:02 | 00:51:33 (157) | 02:44:38 | 122 |   |
| 131  | 133     | KNUT SEWERYN           | STAROGARD GDAŃSKI | KNUT TEAM                   | POLSKA  | 1975    | M30-39    | 57         | 00:24:04 (189) | 00:03:02 | 01:24:31 (112) | 00:01:57 | 00:51:09 (149) | 02:44:42 | 123 |   |
| 132  | 286     | SZYMCZAK MAREK         | ŻYRARDÓW          | NASZA ERA                   | POLSKA  | 1976    | M30-39    | 58         | 00:21:14 (103) | 00:02:29 | 01:31:55 (208) | 00:01:55 | 00:47:28 (87)  | 02:45:00 | 124 |   |
| 133  | 49      | DROŹDZIŃSKI JAREK      | POZNAŃ            | GOGGLE PRO ACTIVE EYEWEAR   | POLSKA  | 1959    | M50-59    | 6          | 00:24:42 (200) | 00:04:01 | 01:22:02 (79)  | 00:02:30 | 00:51:53 (164) | 02:45:08 | 125 |   |
| 134  | 112     | JERCHEWICZ TOMASZ      | GDYNIA            |                             | POLSKA  | 1978    | M30-39    | 59         | 00:20:46 (91)  | 00:03:27 | 01:24:53 (119) | 00:01:39 | 00:54:32 (209) | 02:45:18 | 126 |   |
| 135  | 63      | GALEWSKI JAROSŁAW      | WŁADYSŁAWOWO      | IMPRESJA.CO                 | POLSKA  | 1980    | M30-39    | 60         | 00:22:44 (145) | 00:03:52 | 01:23:42 (97)  | 00:01:22 | 00:53:41 (196) | 02:45:21 | 127 |   |
| 136  | 233     | RUCZKA PIOTR           | KEDZIERZYN KOŹLE  |                             | POLSKA  | 1969    | M40-49    | 26         | 00:24:50 (208) | 00:02:28 | 01:20:53 (52)  | 00:02:01 | 00:55:12 (217) | 02:45:23 | 128 |   |
| 137  | 154     | KRZESZEWSKI MATEUSZ    | JANIKOWO          | PREDATORROS                 | POLSKA  | 1989    | M18-29    | 35         | 00:19:52 (53)  | 00:03:48 | 01:29:12 (183) | 00:01:18 | 00:51:17 (150) | 02:45:27 | 129 |   |
| 138  | 276     | SZCZYGIELSKI KRZYSZTOF | GDYNIA            | TRI-SAUCONY RUMIA           | POLSKA  | 1960    | M50-59    | 7          | 00:21:40 (118) | 00:03:05 | 01:25:44 (132) | 00:02:11 | 00:52:48 (182) | 02:45:29 | 130 |   |
| 139  | 109     | JAŹDZIEWSKI DAWID      | CHOJNICE          |                             | POLSKA  | 1993    | M18-29    | 36         | 00:26:07 (230) | 00:03:13 | 01:28:27 (171) | 00:01:59 | 00:45:48 (56)  | 02:45:34 | 131 |   |
| 140  | 131     | KLIMAS MAREK           | BARCZEWO          | BRAK                        | POLSKA  | 1960    | M50-59    | 8          | 00:28:07 (263) | 00:03:34 | 01:22:16 (83)  | 00:02:05 | 00:49:47 (129) | 02:45:50 | 132 |   |
| 141  | 230     | REMBACZ TOMASZ         | CHRZYPKO WIELKIE  |                             | POLSKA  | 1977    | M30-39    | 61         | 00:23:13 (161) | 00:02:35 | 01:25:27 (124) | 00:01:53 | 00:52:59 (184) | 02:46:07 | 133 |   |
| 142  | 35      | CHOJNACKI MACIEJ       | FELIKSÓW          | WTT - WARSZAWA              | POLSKA  | 1976    | M30-39    | 62         | 00:23:08 (158) | 00:04:56 | 01:24:14 (104) | 00:02:28 | 00:51:37 (159) | 02:46:23 | 134 |   |
| 143  | 329     | ZIELIŃSKI JAROSŁAW     | GDYNIA            |                             | POLSKA  | 1973    | M40-49    | 27         | 00:23:30 (170) | 00:02:50 | 01:30:55 (201) | 00:02:23 | 00:46:48 (75)  | 02:46:27 | 135 |   |
| 144  | 330     | ZYGMUNT MARCIN         | GRUDZIĄDZ         | ZAKŁAD KARNY NR 2 GRUDZIĄDZ | POLSKA  | 1977    | M30-39    | 63         | 00:24:04 (188) | 00:03:41 | 01:29:47 (189) | 00:01:24 | 00:47:33 (89)  | 02:46:29 | 136 |   |
| 145  | 172     | LISOWSKI PAWEŁ         | WARSZAWA          |                             | POLSKA  | 1974    | M30-39    | 64         | 00:23:26 (167) | 00:05:08 | 01:25:47 (133) | 00:02:14 | 00:49:55 (132) | 02:46:30 | 137 |   |
| 146  | 74      | GŁUSZCZAK WOJCIECH     | GDAŃSK            | CZYTE MIASTO GDAŃSK         | POLSKA  | 1971    | M40-49    | 28         | 00:20:45 (90)  | 00:04:10 | 01:26:26 (145) | 00:02:19 | 00:53:21 (188) | 02:47:01 | 138 |   |
| 147  | 77      | GOSTOMSKI BORYS        | GDAŃSK            | KAIBO                       | POLSKA  | 1978    | M30-39    | 65         | 00:22:30 (138) | 00:03:12 | 01:26:00 (136) | 00:01:47 | 00:53:44 (198) | 02:47:14 | 139 |   |
| 148  | 142     | KOSATKO MARIUSZ        | GDYNIA            | ULAMA TEAM                  | POLSKA  | 1974    | M30-39    | 66         | 00:25:17 (220) | 00:02:48 | 01:27:37 (162) | 00:02:10 | 00:49:28 (124) | 02:47:20 | 140 |   |
| 149  | 208     | OLCZAK TOMASZ          | WARSZAWA          |                             | POLSKA  | 1973    | M40-49    | 29         | 00:24:49 (207) | 00:04:03 | 01:29:05 (180) | 00:02:08 | 00:47:21 (83)  | 02:47:26 | 141 |   |
| 150  | 278     | SZOCH TOMASZ           | BYDGOSZCZ         |                             | POLSKA  | 1975    | M30-39    | 67         | 00:26:23 (237) | 00:02:14 | 01:26:19 (143) | 00:02:01 | 00:50:29 (138) | 02:47:26 | 142 |   |
| 151  | 310     | WIORA MACIEJ           | ZABRZE            |                             | POLSKA  | 1969    | M40-49    | 30         | 00:20:26 (73)  | 00:03:56 | 01:23:57 (102) | 00:02:05 | 00:57:22 (238) | 02:47:46 | 143 |   |
| 152  | 272     | SZCZEPANIAK STANISŁAW  | POZNAŃ            |                             | POLSKA  | 1977    | M30-39    | 68         | 00:21:54 (124) | 00:04:11 | 01:26:33 (147) | 00:02:12 | 00:53:13 (186) | 02:48:04 | 144 |   |

# PRZECHELEWO TRIATHLON 2013

Organizator: Zakładowy Klub Sportowy Contra;64-sto Klub Sportowy Leszno; Endusport; Gmina Przechlewo

Data: 07.09.2013

Dystans: 1/4 IRONMAN (0,95 km pływanie/45 km rower/ 10,55 km bieg)

Miejscowość: PRZECHELEWO



## PŁYWANIE

| M-ce | Nr zaw. | Nazwisko Imię         | Miejscowość | Klub                              | Kraj   | Rok ur. | Kat wiek. | M-ce w kat | Pływanie       | T1       | Rower          | T2       | Bieg           | Wynik    | M   | K  |
|------|---------|-----------------------|-------------|-----------------------------------|--------|---------|-----------|------------|----------------|----------|----------------|----------|----------------|----------|-----|----|
| 153  | 314     | WŁÓDARCZAK WITOLD     | BYDGOSZCZ   | MEDICOVER BYDGOSZCZ               | POLSKA | 1963    | M50-59    | 9          | 00:23:04 (156) | 00:02:58 | 01:27:33 (160) | 00:01:52 | 00:52:42 (180) | 02:48:09 | 145 |    |
| 154  | 137     | KOPER MATEUSZ         | TCZEW       |                                   | POLSKA | 1988    | M18-29    | 37         | 00:29:19 (274) | 00:04:20 | 01:27:43 (165) | 00:01:44 | 00:45:03 (47)  | 02:48:09 | 146 |    |
| 155  | 22      | BOROWSKI WOJCIECH     | GDYNIA      |                                   | POLSKA | 1972    | M40-49    | 31         | 00:23:42 (179) | 00:02:48 | 01:26:55 (150) | 00:02:19 | 00:52:31 (173) | 02:48:15 | 147 |    |
| 156  | 264     | SUKACZ DAWID          | WARSZAWA    |                                   | POLSKA | 1972    | M40-49    | 32         | 00:23:24 (164) | 00:03:12 | 01:27:43 (164) | 00:02:38 | 00:51:34 (158) | 02:48:32 | 148 |    |
| 157  | 47      | DOMAGAŁA MAREK        | GDAŃSK      | 3CITY RUNNERS (ENDOMONDO)         | POSKA  | 1977    | M30-39    | 69         | 00:20:18 (67)  | 00:03:11 | 01:32:48 (223) | 00:01:33 | 00:50:46 (142) | 02:48:36 | 149 |    |
| 158  | 108     | JAWORSKI PIOTR        | OLSZTYN     |                                   | POLSKA | 1967    | M40-49    | 33         | 00:20:04 (57)  | 00:04:20 | 01:30:48 (198) | 00:02:19 | 00:51:06 (147) | 02:48:37 | 150 |    |
| 159  | 56      | FURMAN TOMASZ         | WARSZAWA    | CH.W.D. BIUROKRATOM               | POLSKA | 1966    | M40-49    | 34         | 00:19:02 (38)  | 00:02:45 | 01:25:18 (123) | 00:02:30 | 00:59:20 (247) | 02:48:56 | 151 |    |
| 160  | 261     | STOSIK SŁAWOMIR       | ROŻENTAL    |                                   | POLSKA | 1972    | M40-49    | 35         | 00:32:26 (295) | 00:05:17 | 01:17:50 (24)  | 00:09:11 | 00:44:31 (41)  | 02:49:16 | 152 |    |
| 161  | 81      | GRUBA PIOTR           | GDAŃSK      | POWERSYSTEM                       | POLSKA | 1983    | M30-39    | 70         | 00:24:56 (212) | 00:03:30 | 01:33:30 (233) | 00:02:21 | 00:45:03 (48)  | 02:49:20 | 153 |    |
| 162  | 89      | GWIZDAŁA KAROL        | GDAŃSK      |                                   | POLSKA | 1985    | M18-29    | 38         | 00:21:35 (113) | 00:05:46 | 01:26:21 (144) | 00:01:22 | 00:54:17 (204) | 02:49:22 | 154 |    |
| 163  | 166     | LAMPKA ROBERT         | TULCE       |                                   | POLSKA | 1968    | M40-49    | 36         | 00:22:45 (146) | 00:04:34 | 01:30:01 (191) | 00:02:28 | 00:49:34 (125) | 02:49:23 | 155 |    |
| 164  | 146     | KOWALSKI GRZEGORZ     | WARSZAWA    |                                   | POLSKA | 1986    | M18-29    | 39         | 00:23:31 (171) | 00:02:53 | 01:27:01 (151) | 00:02:35 | 00:53:30 (192) | 02:49:29 | 156 |    |
| 165  | 295     | TREDER WIESŁAW        | GRZYBNO     | SUPRA                             | POLSKA | 1973    | M40-49    | 37         | 00:24:06 (190) | 00:02:41 | 01:27:02 (152) | 00:02:05 | 00:53:54 (201) | 02:49:48 | 157 |    |
| 166  | 53      | FELSKI MARIUSZ        | MIASTKO     | MŻS WOLCZA MAŁA                   | POLSKA | 1967    | M40-49    | 38         | 00:21:32 (112) | 00:06:23 | 01:23:56 (101) | 00:03:09 | 00:54:53 (214) | 02:49:54 | 158 |    |
| 167  | 159     | KURKOWIAK GRZEGORZ    | POZNAŃ      | TEAM SAUCONY BARTOSZAK            | POLSKA | 1980    | M30-39    | 71         | 00:21:07 (99)  | 00:03:01 | 01:31:34 (205) | 00:02:38 | 00:52:06 (169) | 02:50:26 | 159 |    |
| 168  | 30      | BUDNIK FRANCISZEK     | TULCE       | CHAOS POZNAŃ RUGBY                | POLSKA | 1967    | M40-49    | 39         | 00:21:19 (104) | 00:04:00 | 01:32:17 (211) | 00:02:38 | 00:50:18 (135) | 02:50:31 | 160 |    |
| 169  | 78      | GÓRNY MARIAN          | SUSZ        | ROLMAX                            | POLSKA | 1952    | M60+      | 2          | 00:24:24 (197) | 00:02:54 | 01:28:53 (178) | 00:02:18 | 00:52:09 (170) | 02:50:39 | 161 |    |
| 170  | 136     | KOMOROWSKI ADAM       | WARSZAWA    | PARKER HANNIFIN RUNNERS           | POLSKA | 1969    | M40-49    | 40         | 00:24:54 (209) | 00:03:03 | 01:29:06 (181) | 00:02:21 | 00:51:20 (152) | 02:50:44 | 162 |    |
| 171  | 243     | SKIBINSKI KRZYSZTOF   | KOSZALIN    |                                   | POLSKA | 1975    | M30-39    | 72         | 00:23:53 (183) | 00:03:51 | 01:28:44 (176) | 00:02:01 | 00:52:45 (181) | 02:51:14 | 163 |    |
| 172  | 73      | GŁUCHOWSKI PRZEMYSŁAW | ELBLĄG      | TORTUGA ELBLĄG                    | POLSKA | 1967    | M40-49    | 41         | 00:23:01 (154) | 00:04:36 | 01:30:10 (192) | 00:01:41 | 00:52:04 (167) | 02:51:32 | 164 |    |
| 173  | 95      | HLADIK MARCIN         | MIRKÓW      |                                   | POLSKA | 1975    | M30-39    | 73         | 00:26:21 (236) | 00:03:40 | 01:29:24 (187) | 00:02:12 | 00:49:58 (133) | 02:51:35 | 165 |    |
| 174  | 180     | MAJ MAREK             | SOPOT       | TRICITY TRIATHLON TEAM            | POLSKA | 1979    | M30-39    | 74         | 00:25:22 (223) | 00:02:31 | 01:28:47 (177) | 00:02:18 | 00:52:48 (183) | 02:51:45 | 166 |    |
| 175  | 83      | GUDANIEC DOROTA       | KOSZALIN    | TKKF TRIATHLON KOSZALIN           | POLSKA | 1960    | K50-59    | 1          | 00:17:45 (21)  | 00:03:02 | 01:36:49 (246) | 00:02:25 | 00:51:45 (161) | 02:51:46 |     | 9  |
| 176  | 308     | WIESNER MICHAŁ        | POZNAŃ      | CZERWONY SMOK POZNAŃ              | POLSKA | 1981    | M30-39    | 75         | 00:23:26 (166) | 00:03:33 | 01:29:09 (182) | 00:01:58 | 00:53:41 (197) | 02:51:47 | 167 |    |
| 177  | 252     | SŁOWIK MICHAŁ         | GDYNIA      | YELLOW CARGO EXPRESS              | POLSKA | 1976    | M30-39    | 76         | 00:26:43 (240) | 00:03:04 | 01:24:22 (109) | 00:02:17 | 00:55:25 (221) | 02:51:51 | 168 |    |
| 178  | 34      | CHMIELEWSKI TOMASZ    | KALISZ      |                                   | POLSKA | 1974    | M30-39    | 77         | 00:20:36 (79)  | 00:03:19 | 01:27:18 (157) | 00:02:25 | 00:58:14 (243) | 02:51:52 | 169 |    |
| 179  | 242     | SIERPIŃSKA MONIKA     | JÓZEFÓW     | JACEKBIEGA                        | POLSKA | 1987    | K18-29    | 7          | 00:24:03 (187) | 00:03:39 | 01:25:31 (127) | 00:01:43 | 00:56:59 (234) | 02:51:56 |     | 10 |
| 180  | 236     | RYCHLEWSKI TOMASZ     | CZERNIN     |                                   | POLSKA | 1975    | M30-39    | 78         | 00:24:42 (201) | 00:03:45 | 01:29:18 (185) | 00:02:22 | 00:51:54 (165) | 02:52:02 | 170 |    |
| 181  | 6       | ASZENDORF FILIP       | WARSZAWA    | ACCELERATE                        | POLSKA | 1983    | M30-39    | 79         | 00:24:45 (203) | 00:03:24 | 01:27:30 (159) | 00:01:48 | 00:54:45 (210) | 02:52:11 | 171 |    |
| 182  | 219     | PERZYŃSKI GRZEGORZ    | GDANSK      |                                   | POLSKA | 1974    | M30-39    | 80         | 00:20:51 (93)  | 00:05:13 | 01:32:33 (218) | 00:02:34 | 00:51:18 (151) | 02:52:29 | 172 |    |
| 183  | 203     | NOWAK PAWEŁ           | KOSZALIN    |                                   | POLSKA | 1977    | M30-39    | 81         | 00:22:10 (132) | 00:03:02 | 01:24:48 (116) | 00:02:16 | 01:00:18 (254) | 02:52:33 | 173 |    |
| 184  | 140     | KOROL MAREK           | GDAŃSK      | KAWARNIA KARCZEMKI TRIATHLON TEAM | POLSKA | 1977    | M30-39    | 82         | 00:22:59 (152) | 00:02:59 | 01:28:16 (169) | 00:01:37 | 00:56:58 (233) | 02:52:50 | 174 |    |
| 185  | 224     | POCIECHA WOJTEK       | WARSZAWA    |                                   | POLSKA | 1980    | M30-39    | 83         | 00:28:28 (268) | 00:02:27 | 01:26:09 (137) | 00:02:01 | 00:53:45 (199) | 02:52:50 | 175 |    |
| 186  | 326     | PODLEŚNY TOMASZ       | GRYFINO     | KB HERMES GRYFINO                 | POLSKA | 1977    | M30-39    | 84         | 00:32:58 (296) | 00:03:33 | 01:27:38 (163) | 00:02:17 | 00:46:55 (76)  | 02:53:22 | 176 |    |
| 187  | 116     | JURKIEWICZ BARTOSZ    | GDANSK      | KIRIBATI CLUB SPORT TEAM          | POLSKA | 1983    | M30-39    | 85         | 00:24:28 (198) | 00:05:13 | 01:27:17 (156) | 00:02:40 | 00:53:58 (202) | 02:53:35 | 177 |    |
| 188  | 282     | SZWANKOWSKI HUBERT    | CHOJNICE    | FLORIAN CHOJNICE                  | POLSKA | 1978    | M30-39    | 86         | 00:27:49 (259) | 00:04:44 | 01:34:24 (237) | 00:01:21 | 00:45:22 (53)  | 02:53:41 | 178 |    |
| 189  | 312     | WITKOWSKI JAREK       | POZNAŃ      | LUBUSZANIN DREZDENKO              | POLSKA | 1970    | M40-49    | 42         | 00:22:55 (151) | 00:03:40 | 01:30:22 (194) | 00:01:56 | 00:54:56 (215) | 02:53:49 | 179 |    |
| 190  | 27      | BRYŁOWSKI ZBIGNIEW    | KARTUZY     | POWERSYSTEM                       | POLSKA | 1970    | M40-49    | 43         | 00:23:35 (174) | 00:02:56 | 01:28:16 (168) | 00:02:03 | 00:57:27 (239) | 02:54:17 | 180 |    |

# PRZECHELEWO TRIATHLON 2013

Organizator: Zakładowy Klub Sportowy Contra;64-sto Klub Sportowy Leszno; Endusport; Gmina Przechlewo

Data: 07.09.2013

Dystans: 1/4 IRONMAN (0,95 km pływanie/45 km rower/ 10,55 km bieg)

Miejscowość: PRZECHELEWO



## PŁYWANIE

| M-ce | Nr zaw. | Nazwisko Imię         | Miejscowość           | Klub                                 | Kraj   | Rok ur. | Kat wiek. | M-ce w kat | Pływanie       | T1       | Rower          | T2       | Bieg           | Wynik    | M   | K  |
|------|---------|-----------------------|-----------------------|--------------------------------------|--------|---------|-----------|------------|----------------|----------|----------------|----------|----------------|----------|-----|----|
| 191  | 189     | MICHALSKI JAKUB       | KOSZALIN              | KOSZALIN                             | POLSKA | 1975    | M30-39    | 87         | 00:20:53 (95)  | 00:04:17 | 01:32:29 (216) | 00:02:15 | 00:54:31 (208) | 02:54:24 | 181 |    |
| 192  | 71      | GINTER MAREK          | PRZECHELEWO           |                                      | POLSKA | 1972    | M40-49    | 44         | 00:22:40 (142) | 00:04:34 | 01:32:34 (220) | 00:03:19 | 00:51:21 (153) | 02:54:28 | 182 |    |
| 193  | 197     | MROZEWSKI MATEUSZ     | PĘPOWO                | SOLWIT S.A.                          | POLSKA | 1982    | M30-39    | 88         | 00:22:36 (141) | 00:04:16 | 01:28:35 (173) | 00:01:58 | 00:57:07 (235) | 02:54:32 | 183 |    |
| 194  | 92      | HARKAWIK PIOTR        | MIASTKO               | NIEZRZESZONY                         | POLSKA | 1975    | M30-39    | 89         | 00:23:13 (162) | 00:05:18 | 01:24:55 (120) | 00:03:15 | 00:57:53 (242) | 02:54:35 | 184 |    |
| 195  | 211     | OSIŃSKI PAWEŁ         | GRUDZIĄDZ             |                                      | POLSKA | 1994    | M18-29    | 40         | 00:28:56 (271) | 00:02:47 | 01:30:36 (196) | 00:01:22 | 00:51:06 (148) | 02:54:47 | 185 |    |
| 196  | 36      | CINICIO ROBERT        | BIESIEKIERZ           | POLITECHNIKA KOSZALIŃSKA WYDZIAŁ MEI | POLSKA | 1977    | M30-39    | 90         | 00:23:37 (175) | 00:05:17 | 01:26:31 (146) | 00:02:15 | 00:57:13 (237) | 02:54:53 | 186 |    |
| 197  | 238     | BADEŁEK MATEUSZ       | BIAŁOBRZEGI           | FLOTYLLA DZIKICH KACZEK              | POLSKA | 1981    | M30-39    | 91         | 00:19:55 (55)  | 00:02:42 | 01:38:49 (260) | 00:01:09 | 00:52:33 (175) | 02:55:08 | 187 |    |
| 198  | 163     | KWIATKOWSKI ARKADIUSZ | WARSZAWA              | CT TEAM                              | POLSKA | 1986    | M18-29    | 41         | 00:24:06 (191) | 00:04:27 | 01:29:17 (184) | 00:02:04 | 00:55:34 (222) | 02:55:29 | 188 |    |
| 199  | 55      | FRĄCZYK KATARZYNA     | NOWA IWICZNA          | PARKER HANNIFIN RUNNERS              | POLSKA | 1978    | K30-39    | 3          | 00:24:55 (211) | 00:03:49 | 01:29:54 (190) | 00:02:37 | 00:54:20 (205) | 02:55:36 |     | 11 |
| 200  | 104     | JANUSZEWSKI MICHAŁ    | CHOJNICE              |                                      | POLSKA | 1978    | M30-39    | 92         | 00:21:24 (107) | 00:03:18 | 01:30:37 (197) | 00:01:57 | 00:58:26 (244) | 02:55:42 | 189 |    |
| 201  | 165     | LABUDA MAREK          | KARTUZY               | POWERSYSTEM                          | POLSKA | 1966    | M40-49    | 45         | 00:25:08 (216) | 00:03:02 | 01:33:21 (230) | 00:01:57 | 00:52:17 (171) | 02:55:44 | 190 |    |
| 202  | 44      | DEREWECKI JAREK       | 83-331                |                                      | POLSKA | 1974    | M30-39    | 93         | 00:23:39 (176) | 00:04:03 | 01:25:35 (130) | 00:02:45 | 01:00:05 (250) | 02:56:06 | 191 |    |
| 203  | 191     | MICHOTA WOJTEK        | WARSZAWA              |                                      | POLSKA | 1976    | M30-39    | 94         | 00:22:33 (140) | 00:03:53 | 01:35:26 (243) | 00:01:51 | 00:52:33 (174) | 02:56:16 | 192 |    |
| 204  | 309     | WINIARSKI JACEK       | TORUŃ                 | CT TEAM TORUŃ                        | POLSKA | 1962    | M50-59    | 10         | 00:27:40 (256) | 00:05:02 | 01:24:50 (118) | 00:03:25 | 00:55:18 (220) | 02:56:16 | 193 |    |
| 205  | 266     | SYDOR TOMASZ          | GDANSK                |                                      | POLSKA | 1984    | M18-29    | 42         | 00:27:52 (260) | 00:02:15 | 01:31:08 (202) | 00:01:51 | 00:53:34 (194) | 02:56:40 | 194 |    |
| 206  | 281     | SZUMSKI SŁAWOMIR      | TORUŃ                 | TRUCHCIK ŁUBIANKA                    | POLSKA | 1974    | M30-39    | 95         | 00:32:05 (293) | 00:05:21 | 01:29:21 (186) | 00:01:54 | 00:48:16 (100) | 02:56:57 | 195 |    |
| 207  | 216     | PARTATUS ANDRZEJ      | WIERZCHUCIN KRÓLEWSKI |                                      | POLSKA | 1978    | M30-39    | 96         | 00:29:34 (277) | 00:04:06 | 01:30:51 (200) | 00:02:51 | 00:49:43 (127) | 02:57:05 | 196 |    |
| 208  | 65      | GAWROŃSKI MARCIN      | POZNAŃ                |                                      | POLSKA | 1979    | M30-39    | 97         | 00:27:38 (255) | 00:04:34 | 01:26:12 (140) | 00:01:33 | 00:57:09 (236) | 02:57:06 | 197 |    |
| 209  | 221     | PIASECKI DANIEL       | GRUDZIŃDZ             | ZK 2 GRUDZIŃDZ                       | POLSKA | 1982    | M30-39    | 98         | 00:22:09 (130) | 00:05:14 | 01:32:26 (214) | 00:02:08 | 00:55:44 (223) | 02:57:41 | 198 |    |
| 210  | 256     | SOKOŁOWSKA HANNA      | POTULICE              | NIEZRZESZONA                         | POLSKA | 1965    | K40-49    | 1          | 00:18:54 (37)  | 00:04:04 | 01:32:08 (209) | 00:01:41 | 01:01:03 (257) | 02:57:51 |     | 12 |
| 211  | 149     | KOZŁOWSKI PRZEMYSŁAW  | POZNAŃ                | PROTIMO                              | POLSKA | 1975    | M30-39    | 99         | 00:24:42 (199) | 00:02:52 | 01:33:17 (229) | 00:02:40 | 00:54:29 (207) | 02:58:00 | 199 |    |
| 212  | 262     | STRAŻYŃSKI MACIEJ     | POZNAŃ                | ENDUHUB.COM                          | POLSKA | 1965    | M40-49    | 46         | 00:24:45 (204) | 00:03:09 | 01:30:32 (195) | 00:02:15 | 00:57:45 (241) | 02:58:26 | 200 |    |
| 213  | 231     | ROGOWSKI PATRYK       | GDAŃSK                | RUN TO KOREA                         | POLSKA | 1988    | M18-29    | 43         | 00:27:42 (258) | 00:04:07 | 01:36:13 (244) | 00:01:31 | 00:49:25 (122) | 02:58:59 | 201 |    |
| 214  | 32      | CHAJĘCKI KAROL        | GDAŃSK                | STORM                                | POLSKA | 1976    | M30-39    | 100        | 00:29:42 (279) | 00:02:27 | 01:27:11 (154) | 00:02:54 | 00:56:48 (230) | 02:59:03 | 202 |    |
| 215  | 100     | JAKUBOWSKI MACIEJ     | WARSZAWA              |                                      | POLSKA | 1975    | M30-39    | 101        | 00:20:23 (70)  | 00:04:22 | 01:32:17 (212) | 00:02:37 | 00:59:32 (248) | 02:59:11 | 203 |    |
| 216  | 156     | KRZYSZYCHA JANUSZ     | SUCHY DWÓR            | PARKRUN.PL                           | POLSKA | 1966    | M40-49    | 47         | 00:24:22 (195) | 00:03:36 | 01:25:51 (134) | 00:02:58 | 01:02:38 (267) | 02:59:25 | 204 |    |
| 217  | 103     | JANIAK TOMASZ         | GDAŃSK                |                                      | POLSKA | 1969    | M40-49    | 48         | 00:22:20 (134) | 00:06:09 | 01:43:34 (278) | 00:02:19 | 00:45:13 (51)  | 02:59:36 | 205 |    |
| 218  | 114     | JURCZAK DANIEL        | MIŃSK MAZOWIECKI      | MM KARPATYKOV STREET                 | POLSKA | 1977    | M30-39    | 102        | 00:24:49 (206) | 00:06:15 | 01:31:32 (204) | 00:03:47 | 00:53:31 (193) | 02:59:55 | 206 |    |
| 219  | 199     | NAPIÓRKOWSKI SŁAWOMIR | PRZECHELEWO           | SUPERKAJAK.COM                       | POLSKA | 1979    | M30-39    | 103        | 00:24:59 (213) | 00:03:20 | 01:28:41 (175) | 00:02:21 | 01:00:34 (255) | 02:59:55 | 207 |    |
| 220  | 190     | MICHAŁOWSKI PIOTR     | GDAŃSK                |                                      | POLSKA | 1966    | M40-49    | 49         | 00:23:33 (173) | 00:04:35 | 01:34:34 (238) | 00:02:21 | 00:54:57 (216) | 03:00:00 | 208 |    |
| 221  | 212     | OSTOJA-LNISKI PIOTR   | KARTUZY               | POWERSYSTEM                          | POLSKA | 1960    | M50-59    | 11         | 00:27:10 (246) | 00:03:44 | 01:35:25 (242) | 00:01:33 | 00:52:35 (176) | 03:00:27 | 209 |    |
| 222  | 237     | RYGULSKI MARCIN       | JÓZEFOSŁAW            | HP IRON TEAM                         | POLSKA | 1980    | M30-39    | 104        | 00:25:14 (218) | 00:04:09 | 01:31:51 (206) | 00:01:51 | 00:57:45 (240) | 03:00:51 | 210 |    |
| 223  | 259     | SROKA JERZY           | BORZECZOWO            |                                      | POLSKA | 1966    | M40-49    | 50         | 00:23:46 (181) | 00:04:21 | 01:37:32 (249) | 00:01:53 | 00:53:30 (191) | 03:01:02 | 211 |    |
| 224  | 141     | KORWIEL RAFAŁ         | OSTRÓDA               | BEZIMIENI                            | POLSKA | 1984    | M18-29    | 44         | 00:31:51 (292) | 00:02:47 | 01:32:46 (222) | 00:01:30 | 00:52:36 (179) | 03:01:30 | 212 |    |
| 225  | 68      | GIERSZ KRZYSZTOF      | BYDGOSZCZ             |                                      | POLSKA | 1969    | M40-49    | 51         | 00:28:24 (267) | 00:03:24 | 01:33:26 (232) | 00:02:59 | 00:53:29 (190) | 03:01:42 | 213 |    |
| 226  | 86      | GUTFRAŃSKI PAWEŁ      | ELBLĄG                |                                      | POLSKA | 1976    | M30-39    | 105        | 00:27:18 (249) | 00:02:43 | 01:37:03 (247) | 00:01:24 | 00:53:26 (189) | 03:01:54 | 214 |    |
| 227  | 64      | GAWĘDA BOŻENA         | GOŚCICINO             |                                      | POLSKA | 1975    | K30-39    | 4          | 00:30:50 (286) | 00:03:55 | 01:32:49 (224) | 00:02:41 | 00:51:43 (160) | 03:01:59 |     | 13 |
| 228  | 214     | PAKULSKI DARIUSZ      | PSARY                 | WKTRI-WROCŁAW                        | POLSKA | 1978    | M30-39    | 106        | 00:20:41 (85)  | 00:04:41 | 01:38:17 (253) | 00:01:54 | 00:56:31 (227) | 03:02:05 | 215 |    |

# PRZECHELEWO TRIATHLON 2013

Organizator: Zakładowy Klub Sportowy Contra;64-sto Klub Sportowy Leszno; Endusport; Gmina Przechlewo

Data: 07.09.2013

Dystans: 1/4 IRONMAN (0,95 km pływanie/45 km rower/ 10,55 km bieg)

Miejscowość: PRZECHELEWO



## PŁYWANIE

| M-ce | Nr zaw. | Nazwisko Imię              | Miejscowość          | Klub                           | Kraj    | Rok ur. | Kat wiek. | M-ce w kat | Pływanie       | T1       | Rower          | T2       | Bieg           | Wynik    | M   | K  |
|------|---------|----------------------------|----------------------|--------------------------------|---------|---------|-----------|------------|----------------|----------|----------------|----------|----------------|----------|-----|----|
| 229  | 23      | BRODZIAK GRZEGORZ          | PRZECHELEWO          | POLDANOR S.A.                  | POLSKA  | 1968    | M40-49    | 52         | 00:26:06 (229) | 00:05:03 | 01:26:48 (149) | 00:01:47 | 01:03:00 (269) | 03:02:45 | 216 |    |
| 230  | 213     | OTRĘBA MAKSYMILIAN         | WROCŁAW              |                                | POLSKA  | 1980    | M30-39    | 107        | 00:23:32 (172) | 00:05:27 | 01:31:54 (207) | 00:01:45 | 01:00:38 (256) | 03:03:17 | 217 |    |
| 231  | 179     | MACURA KRZYSZTOF           | WARSZAWA             |                                | POLSKA  | 1983    | M30-39    | 108        | 00:23:12 (160) | 00:02:40 | 01:32:30 (217) | 00:02:30 | 01:02:34 (266) | 03:03:26 | 218 |    |
| 232  | 240     | SETA MICHAŁ                | GDYNIA               | PADŁ NA RYJ TEAM               | POLSKA  | 1981    | M30-39    | 109        | 00:23:10 (159) | 00:04:32 | 01:30:51 (199) | 00:02:38 | 01:02:16 (262) | 03:03:27 | 219 |    |
| 233  | 290     | TOBIS PAWEŁ                | WARSZAWA             | WTT/TRINERGY                   | POLSKA  | 1973    | M40-49    | 53         | 00:20:43 (88)  | 00:03:47 | 01:31:27 (203) | 00:01:55 | 01:05:39 (277) | 03:03:31 | 220 |    |
| 234  | 205     | NOWAK SZYMON               | WROCŁAW              | JOHN GUEST TRIATHLON TEAM      | POLSKA  | 1972    | M40-49    | 54         | 00:27:40 (257) | 00:04:22 | 01:32:34 (219) | 00:02:28 | 00:56:55 (231) | 03:03:59 | 221 |    |
| 235  | 2       | ADAMCZYK IRENEUSZ          | MARKI                |                                | POLSKA  | 1979    | M30-39    | 110        | 00:29:18 (273) | 00:04:59 | 01:32:16 (210) | 00:02:47 | 00:54:48 (212) | 03:04:09 | 222 |    |
| 236  | 82      | GRZEGORCZYK TOMASZ         | PIŁA                 |                                | POLSKA  | 1967    | M40-49    | 55         | 00:20:42 (87)  | 00:04:25 | 01:32:58 (226) | 00:03:43 | 01:02:33 (265) | 03:04:21 | 223 |    |
| 237  | 120     | KAJUT WOJTEK               | STRASZYN             | PADŁ NA RYJ TEAM               | POLSKA  | 1980    | M30-39    | 111        | 00:26:32 (238) | 00:05:00 | 01:41:52 (271) | 00:02:24 | 00:48:34 (105) | 03:04:22 | 224 |    |
| 238  | 91      | HARA ANDRZEJ               | GRUDZIĄDZ            | AKADEMIA BIEGANIA GRUDZIĄDZ    | POLSKA  | 1971    | M40-49    | 56         | 00:25:12 (217) | 00:03:52 | 01:38:38 (258) | 00:01:50 | 00:54:52 (213) | 03:04:24 | 225 |    |
| 239  | 143     | KOSTRO-GOSTOMSKA KATARZYNA | GDĄŃSK               | KAIBO                          | POLSKA  | 1976    | K30-39    | 5          | 00:28:08 (264) | 00:04:21 | 01:38:24 (255) | 00:01:45 | 00:51:48 (162) | 03:04:27 |     | 14 |
| 240  | 177     | MACHALIŃSKI MARIUSZ        | GDĄŃSK               | GDĄŃSK OSOWA                   | POLSKA  | 1974    | M30-39    | 112        | 00:23:25 (165) | 00:07:45 | 01:42:26 (274) | 00:03:02 | 00:48:06 (97)  | 03:04:46 | 226 |    |
| 241  | 99      | JAKUBOWSKI ARKADIUSZ       | MIĘDZYCHÓD           |                                | POLSKA  | 1973    | M40-49    | 57         | 00:23:00 (153) | 00:04:55 | 01:29:33 (188) | 00:03:11 | 01:04:21 (273) | 03:05:00 | 227 |    |
| 242  | 28      | WRÓBLEWSKA AGNIESZKA       | CHOJNICE             | WWW.BRZOWOSKIPIOTR.PL          | POLSKA  | 1984    | K18-29    | 8          | 00:27:04 (245) | 00:04:02 | 01:45:25 (284) | 00:02:03 | 00:46:37 (72)  | 03:05:11 |     | 15 |
| 243  | 301     | WAŁASZKOWSKI PATRYK        | GDYNIA               | SII GDĄŃSK                     | POLSKA  | 1988    | M18-29    | 45         | 00:26:44 (241) | 00:02:46 | 01:39:33 (264) | 00:02:24 | 00:53:47 (200) | 03:05:13 | 228 |    |
| 244  | 234     | RUTKOWSKI MARIUSZ          | PRZECHELEWO          |                                | POLSKA  | 1963    | M50-59    | 12         | 00:26:16 (235) | 00:04:47 | 01:32:26 (215) | 00:02:18 | 00:59:36 (249) | 03:05:24 | 229 |    |
| 245  | 14      | BEHMKE BARTŁOMIEJ          | GDYNIA               |                                | POLSKA  | 1976    | M30-39    | 113        | 00:26:44 (242) | 00:05:14 | 01:34:06 (235) | 00:03:16 | 00:56:19 (225) | 03:05:38 | 230 |    |
| 246  | 215     | PANKOWSKI ANDRZEJ          | CHOJNICE             | CHOJNICE                       | POLSKA  | 1962    | M50-59    | 13         | 00:22:54 (150) | 00:03:15 | 01:34:54 (240) | 00:04:26 | 01:00:13 (253) | 03:05:41 | 231 |    |
| 247  | 94      | KNAPIŃSKI KAMIL            | GDYNIA               |                                | POLSKA  | 1987    | M18-29    | 46         | 00:27:24 (251) | 00:03:51 | 01:39:09 (262) | 00:01:16 | 00:54:20 (206) | 03:06:00 | 232 |    |
| 248  | 7       | AXELGAARD POUL             | AALBORG              | AXZON                          | DENMARK | 1953    | M60+      | 3          | 00:30:28 (283) | 00:06:22 | 01:35:11 (241) | 00:03:03 | 00:51:02 (145) | 03:06:07 | 233 |    |
| 249  | 251     | SKROBISZ SEBASTIAN         | ŁÓDŹ                 | KOLEGIUM NAUCZYCIELSKIE ZGIERZ | POLSKA  | 1978    | M30-39    | 114        | 00:25:28 (224) | 00:04:30 | 01:38:57 (261) | 00:03:37 | 00:54:13 (203) | 03:06:45 | 234 |    |
| 250  | 327     | ZEMFLER MAGDALENA          | 80-123               |                                | POLSKA  | 1979    | K30-39    | 6          | 00:28:08 (265) | 00:04:27 | 01:37:39 (251) | 00:01:46 | 00:54:46 (211) | 03:06:47 |     | 16 |
| 251  | 325     | ZBORALSKI ŁUKASZ           | POZNAŃ               |                                | POLSKA  | 1975    | M30-39    | 115        | 00:30:46 (285) | 00:04:51 | 01:33:12 (227) | 00:01:52 | 00:56:23 (226) | 03:07:04 | 235 |    |
| 252  | 16      | BELICKA ANNA               | CHOJNICE             |                                | POLSKA  | 1974    | K30-39    | 7          | 00:23:42 (180) | 00:07:30 | 01:36:34 (245) | 00:02:46 | 00:56:41 (229) | 03:07:13 |     | 17 |
| 253  | 207     | OCHNIK MACIEJ              | GDYNIA               |                                | POLSKA  | 1981    | M30-39    | 116        | 00:19:54 (54)  | 00:04:52 | 01:30:11 (193) | 00:02:08 | 01:10:10 (290) | 03:07:16 | 236 |    |
| 254  | 121     | KALASKA KRZYSZTOF          | ŁYSOMICE             |                                | POLSKA  | 1979    | M30-39    | 117        | 00:28:31 (269) | 00:05:27 | 01:41:50 (270) | 00:02:09 | 00:49:27 (123) | 03:07:24 | 237 |    |
| 255  | 277     | SZNAJDER WIKTOR            | DREZDENKO            |                                | POLSKA  | 1977    | M30-39    | 118        | 00:34:32 (300) | 00:03:04 | 01:34:37 (239) | 00:02:43 | 00:52:36 (178) | 03:07:32 | 238 |    |
| 256  | 196     | MOHR WOJCIECH              | BYTÓW                | A I OWSZEM I DRUŻYNA I KLUB.   | POLSKA  | 1981    | M30-39    | 119        | 00:29:58 (282) | 00:04:40 | 01:40:48 (266) | 00:01:55 | 00:50:30 (140) | 03:07:52 | 239 |    |
| 257  | 304     | WALKUSZ SŁAWOMIR           | KĘBŁOWO              | KS KRYZA                       | POLSKA  | 1983    | M30-39    | 120        | 00:20:07 (60)  | 00:03:09 | 01:34:03 (234) | 00:02:08 | 01:08:30 (283) | 03:07:57 | 240 |    |
| 258  | 297     | TRZEPADŁEK IRENEUSZ        | PIOTRKÓW TRYBUNALSKI |                                | POLSKA  | 1960    | M50-59    | 14         | 00:33:23 (298) | 00:05:24 | 01:32:45 (221) | 00:02:41 | 00:55:13 (218) | 03:09:25 | 241 |    |
| 259  | 185     | MARKIEL ROBERT             | ZABKI                |                                | POLSKA  | 1981    | M30-39    | 121        | 00:26:07 (231) | 00:05:24 | 01:43:01 (277) | 00:02:26 | 00:52:35 (177) | 03:09:33 | 242 |    |
| 260  | 160     | KUŚ PIOTR                  | WROCŁAW              | -                              | POLSKA  | 1982    | M30-39    | 122        | 00:25:21 (221) | 00:04:59 | 01:38:20 (254) | 00:01:51 | 01:00:08 (251) | 03:10:38 | 243 |    |
| 261  | 61      | GASPARSKI PIOTR            | WARSZAWA             |                                | POLSKA  | 1972    | M40-49    | 58         | 00:24:09 (192) | 00:06:22 | 01:41:45 (269) | 00:02:27 | 00:56:06 (224) | 03:10:49 | 244 |    |
| 262  | 162     | KWAPISZ PRZEMYSŁAW         | SOPOT                |                                | POLSKA  | 1974    | M30-39    | 123        | 00:23:56 (184) | 00:02:38 | 01:41:20 (268) | 00:01:54 | 01:01:28 (258) | 03:11:18 | 245 |    |
| 263  | 135     | KOŁODZIEJSKI MICHAŁ        | WARSZAWA             |                                | POLSKA  | 1974    | M30-39    | 124        | 00:30:38 (284) | 00:04:22 | 01:42:25 (273) | 00:02:31 | 00:51:31 (156) | 03:11:27 | 246 |    |
| 264  | 1       | ABRAMCZYK JAKUB            | RADZYMIN             |                                | POLSKA  | 1978    | M30-39    | 125        | 00:21:35 (114) | 00:03:28 | 01:42:45 (276) | 00:02:04 | 01:02:16 (261) | 03:12:08 | 247 |    |
| 265  | 174     | ŁAGOWSKI DAWID             | POZNAŃ               | CHAOS POZNAŃ RUGBY             | POLSKA  | 1980    | M30-39    | 126        | 00:26:11 (232) | 00:04:50 | 01:39:16 (263) | 00:02:37 | 00:59:20 (246) | 03:12:14 | 248 |    |
| 266  | 293     | TOMASZEWICZ PIOTR          | ELBLĄG               | TRIATHLON T. TEAM              | POLSKA  | 1968    | M40-49    | 59         | 00:33:10 (297) | 00:05:31 | 01:34:24 (236) | 00:02:23 | 00:56:55 (232) | 03:12:23 | 249 |    |

# PRZECHELEWO TRIATHLON 2013



Organizator: Zakładowy Klub Sportowy Contra;64-sto Klub Sportowy Leszno; Endusport; Gmina Przechlewo

Data: 07.09.2013

Dystans: 1/4 IRONMAN (0,95 km pływanie/45 km rower/ 10,55 km bieg)

Miejscowość: PRZECHELEWO

## PŁYWANIE

| M-ce | Nr zaw. | Nazwisko Imię         | Miejscowość         | Klub                    | Kraj    | Rok ur. | Kat wiek. | M-ce w kat | Pływanie       | T1       | Rower          | T2       | Bieg           | Wynik    | M   | K  |
|------|---------|-----------------------|---------------------|-------------------------|---------|---------|-----------|------------|----------------|----------|----------------|----------|----------------|----------|-----|----|
| 267  | 284     | SZYMAŃSKI URBAN       | POZNAŃ              | KABA SUSHI              | POLSKA  | 1980    | M30-39    | 127        | 00:21:26 (108) | 00:05:27 | 01:28:38 (174) | 00:06:13 | 01:11:18 (292) | 03:13:03 | 250 |    |
| 268  | 270     | SZALACIŃSKA MARTA     | WROCŁAW             | WABCO TRI TEAM          | POLSKA  | 1981    | K30-39    | 8          | 00:25:44 (226) | 00:06:07 | 01:33:13 (228) | 00:02:51 | 01:05:47 (278) | 03:13:43 |     | 18 |
| 269  | 198     | MYDLAK DARIUSZ        | GDAŃSK              | LECHIA GDAŃSK           | POLSKA  | 1983    | M30-39    | 128        | 00:19:58 (56)  | 00:05:54 | 01:47:20 (288) | 00:02:11 | 00:58:52 (245) | 03:14:15 | 251 |    |
| 270  | 97      | HUZAR RYSZARD         | MALBORK             | AUTYZM JEST WŚRÓD NAS   | POLSKA  | 1972    | M40-49    | 60         | 00:22:49 (149) | 00:02:45 | 01:38:26 (256) | 00:02:06 | 01:08:22 (282) | 03:14:29 | 252 |    |
| 271  | 161     | KWAPIS WOJCIECH       | STRZELINO           |                         | POLSKA  | 1979    | M30-39    | 129        | 00:22:26 (136) | 00:05:57 | 01:42:07 (272) | 00:02:05 | 01:03:14 (271) | 03:15:48 | 253 |    |
| 272  | 9       | AXELGAARD TOM         | OUTRUP              | AXZON                   | DENMARK | 1957    | M50-59    | 15         | 00:31:23 (289) | 00:04:35 | 01:33:24 (231) | 00:02:26 | 01:04:04 (272) | 03:15:53 | 254 |    |
| 273  | 201     | NIEDZWIĘCKI MATEUSZ   | RUMIA               |                         | POLSKA  | 1986    | M18-29    | 47         | 00:26:13 (233) | 00:03:44 | 01:38:36 (257) | 00:01:56 | 01:06:45 (281) | 03:17:14 | 255 |    |
| 274  | 178     | MACUR MICHAŁ          | GDAŃSK              | LEGALIZACJA             | POLSKA  | 1977    | M30-39    | 130        | 00:26:32 (239) | 00:07:11 | 01:38:09 (252) | 00:02:10 | 01:06:03 (280) | 03:20:05 | 256 |    |
| 275  | 298     | TUCHOLSKA ALICJA      | BEZRZECZE           |                         | POLSKA  | 1985    | K18-29    | 9          | 00:20:30 (77)  | 00:04:48 | 01:52:55 (298) | 00:02:22 | 01:00:08 (252) | 03:20:44 |     | 19 |
| 276  | 110     | JELIŃSKA MAŁGORZATA   | CIEPLEWO            | IRONTEAM3CITY           | POLSKA  | 1979    | K30-39    | 9          | 00:29:08 (272) | 00:04:25 | 01:38:40 (259) | 00:02:51 | 01:05:49 (279) | 03:20:54 |     | 20 |
| 277  | 260     | STASZKIEWICZ RADOSŁAW | BYDGOSZCZ           |                         | POLSKA  | 1968    | M40-49    | 61         | 00:19:20 (43)  | 00:06:18 | 01:40:58 (267) | 00:01:49 | 01:13:39 (298) | 03:22:04 | 257 |    |
| 278  | 19      | BOGDAN NATALIA        | GDYNIA              | JOBHOUSE                | POLSKA  | 1984    | K18-29    | 10         | 00:27:30 (253) | 00:04:05 | 01:46:17 (285) | 00:02:36 | 01:02:24 (264) | 03:22:52 |     | 21 |
| 279  | 45      | DIETRICH KRZYSZTOF    | GDYNIA              | WWW.POMOZPRZEMKOWI.PL   | POLSKA  | 1980    | M30-39    | 131        | 00:25:16 (219) | 00:04:36 | 01:47:34 (289) | 00:03:47 | 01:02:02 (260) | 03:23:15 | 258 |    |
| 280  | 124     | KANIEWSKI MACIEJ      | GDAŃSK              |                         | POLSKA  | 1976    | M30-39    | 132        | 00:24:47 (205) | 00:02:57 | 01:44:09 (280) | 00:02:48 | 01:08:52 (284) | 03:23:33 | 259 |    |
| 281  | 158     | KUCHARSKI BARTOSZ     | GDANSK              |                         | POLSKA  | 1971    | M40-49    | 62         | 00:27:15 (248) | 00:03:01 | 01:42:38 (275) | 00:02:25 | 01:09:03 (287) | 03:24:23 | 260 |    |
| 282  | 4       | AMANOWICZ MARCIN      | WARSZAWA            |                         | POLSKA  | 1972    | M40-49    | 63         | 00:25:55 (227) | 00:06:19 | 01:48:41 (295) | 00:02:05 | 01:02:19 (263) | 03:25:19 | 261 |    |
| 283  | 106     | JARZYNA MICHAŁ        | CHOJNICE            |                         | POLSKA  | 1977    | M30-39    | 133        | 00:25:02 (215) | 00:06:08 | 01:37:34 (250) | 00:03:07 | 01:13:37 (297) | 03:25:28 | 262 |    |
| 284  | 239     | SEROKA JERZY          | GDAŃSK              | BP J.SEROKA             | POLSKA  | 1977    | M30-39    | 134        | 00:27:28 (252) | 00:06:12 | 01:47:44 (290) | 00:02:34 | 01:01:44 (259) | 03:25:43 | 263 |    |
| 285  | 125     | KANIEWSKI MICHAŁ      | KOWALE              |                         | POLSKA  | 1974    | M30-39    | 135        | 00:27:22 (250) | 00:04:54 | 01:46:30 (286) | 00:02:51 | 01:04:26 (274) | 03:26:03 | 264 |    |
| 286  | 50      | DUBANIEWICZ WITOLD    | GDAŃSK              | SPORT-EVO               | POLSKA  | 1973    | M40-49    | 64         | 00:26:02 (228) | 00:04:49 | 01:40:11 (265) | 00:02:30 | 01:13:50 (299) | 03:27:22 | 265 |    |
| 287  | 170     | LIPIŃSKI MICHAŁ       | TUSZYN              |                         | POLSKA  | 1971    | M40-49    | 65         | 00:31:29 (290) | 00:05:39 | 01:37:12 (248) | 00:02:08 | 01:11:50 (293) | 03:28:17 | 266 |    |
| 288  | 274     | SZCZEPASKA KINGA      | DOBRZYCA            |                         | POLSKA  | 1991    | K18-29    | 11         | 00:29:41 (278) | 00:04:47 | 01:44:59 (283) | 00:02:39 | 01:09:38 (289) | 03:31:44 |     | 22 |
| 289  | 26      | BRYLOWSKA KAROLINA    | KARTUZY             | POWERSYSTEM             | POLSKA  | 1978    | K30-39    | 10         | 00:27:56 (261) | 00:02:48 | 01:54:52 (301) | 00:01:53 | 01:05:31 (275) | 03:33:00 |     | 23 |
| 290  | 206     | NOWIK MIROSLAW        | GDAŃSK              |                         | POLSKA  | 1980    | M30-39    | 136        | 00:21:43 (120) | 00:04:39 | 01:51:03 (297) | 00:02:45 | 01:13:36 (296) | 03:33:45 | 267 |    |
| 291  | 127     | KASZEWSKI MAREK       | GDAŃSK              |                         | POLSKA  | 1975    | M30-39    | 137        | 00:28:07 (262) | 00:05:42 | 01:46:44 (287) | 00:02:57 | 01:11:18 (291) | 03:34:47 | 268 |    |
| 292  | 255     | SOBAŃSKI GRZEGORZ     | SŁUPSK              |                         | POLSKA  | 1985    | M18-29    | 48         | 00:32:06 (294) | 00:02:46 | 01:48:09 (293) | 00:03:34 | 01:09:03 (286) | 03:35:39 | 269 |    |
| 293  | 254     | SOBAŃSKA BOGNA        | SŁUPSK              |                         | POLSKA  | 1985    | K18-29    | 12         | 00:29:46 (280) | 00:04:54 | 01:48:23 (294) | 00:03:32 | 01:09:03 (288) | 03:35:39 |     | 24 |
| 294  | 60      | GALEK TOMASZ          | GDYNIA              | MORUK TEAM              | POLSKA  | 1982    | M30-39    | 138        | 00:28:18 (266) | 00:05:49 | 01:44:46 (282) | 00:04:14 | 01:13:07 (295) | 03:36:14 | 270 |    |
| 295  | 182     | MAŁEK MACIEJ          | WARSZAWA            | DELOITTE ADVENTURE TEAM | POLSKA  | 1986    | M18-29    | 49         | 00:29:32 (276) | 00:13:46 | 01:48:04 (292) | 00:04:07 | 01:03:00 (268) | 03:38:29 | 271 |    |
| 296  | 129     | KAWA WOJCIECH         | GORZÓW WIELKOPOLSKI | DELOITTE ADVENTURE TEAM | POLSKA  | 1979    | M30-39    | 139        | 00:34:43 (301) | 00:08:44 | 01:47:55 (291) | 00:04:06 | 01:03:01 (270) | 03:38:29 | 272 |    |
| 297  | 69      | GIERSZEWSKI TADEUSZ   | CZŁUCHÓW            |                         | POLSKA  | 1951    | M60+      | 4          | 00:36:17 (302) | 00:06:08 | 01:44:34 (281) | 00:03:29 | 01:11:52 (294) | 03:42:20 | 273 |    |
| 298  | 169     | LIPIŃSKA AGNIESZKA    | TUSZYN              |                         | POLSKA  | 1972    | K40-49    | 2          | 00:28:50 (270) | 00:06:27 | 01:43:49 (279) | 00:03:15 | 01:28:48 (303) | 03:51:09 |     | 25 |
| 299  | 62      | GAŁĘŻIEWSKA WIESŁAWA  | GDAŃSK              |                         | POLSKA  | 1975    | K30-39    | 11         | 00:31:36 (291) | 00:05:24 | 01:50:03 (296) | 00:03:12 | 01:22:07 (302) | 03:52:23 | 26  |    |
| 300  | 173     | LUBIŃSKA MARIOLA      | GDAŃSK              |                         | POLSKA  | 1974    | K30-39    | 12         | 00:40:09 (303) | 00:06:46 | 01:53:22 (299) | 00:04:05 | 01:09:03 (285) | 03:53:24 | 27  |    |
| 301  | 320     | ZAJĄCZKOWSKI BARTOSZ  | PRZEMYŚL            |                         | POLSKA  | 1979    | M30-39    | 140        | 00:33:54 (299) | 00:05:28 | 01:53:48 (300) | 00:02:42 | 01:17:51 (301) | 03:53:44 | 274 |    |
| 302  | 93      | HAWRO-CHYREK ANNA     | GDANSK              |                         | POLSKA  | 1979    | K30-39    | 13         | 00:29:29 (275) | 00:05:19 | 02:22:08 (302) | 00:03:01 | 01:05:33 (276) | 04:05:31 |     | 28 |
| 303  | 164     | KWIATKOWSKI ŁUKASZ    | TORUŃ               | CT TEAM                 | POLSKA  | 1988    | M18-29    | 50         | 00:31:07 (288) | 00:03:55 | 02:28:32 (303) | 00:03:25 | 01:14:33 (300) | 04:21:32 | 275 |    |