

VIII Bieg o Puchar Bielan

WYNIKI ZAWODÓW**Bieg Bielan 5km**

Organizator: Dzielnica Bielany m.st. Warszawy















Termin: 20.01.2013

Miejsce: Warszawa

Dystans: 5km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|-----------------|------------|-----------------------|-----|--------------|----------|
|-----------------|-----------|-------------------------|---------------------|-------------|-----------------|------------|-----------------------|-----|--------------|----------|

Bieg Bielan 5km Kobiety KATEGORIA:K16

| | | | | | | | | | | |
|----|------|-----------------------------|-------------------|---|---|----|--------|--------|----------|-------|
| 1 | 1672 | MANGIONE Marianna | NOWA DĘBA |  POL | MKS STAL NOWA DĘBA | 97 | K16/1 | (K)1 | 00:21:01 | 04.12 |
| 2 | 978 | WAŃCZYK Zuzanna | OSTRÓW MAZOWIECKA |  POL | PUKS MŁODE ORLY | 97 | K16/2 | (K)2 | 00:21:07 | 04.13 |
| 3 | 1445 | DUDA Zuzanna | JÓZEFÓW |  POL | | 94 | K16/3 | (K)3 | 00:21:22 | 04.16 |
| 4 | 1673 | SERAFIN Marcelina | NOWA DĘBA |  POL | MKS STAL NOWA DĘBA | 97 | K16/4 | (K)5 | 00:21:52 | 04.22 |
| 5 | 825 | SMOLEŃSKA Marta | WARSZAWA |  POL | TRUCHT TARCHOMIN TEAM | 96 | K16/5 | (K)8 | 00:22:20 | 04.28 |
| 6 | 1702 | PTAŚ Agnieszka | CZELADŹ |  POL | TKKF MOSIR CZELADZ | 96 | K16/6 | (K)22 | 00:24:20 | 04.52 |
| 7 | 200 | DOMINIAK Dagmara | NOWY DWÓR |  POL | PUKS MŁODE ORLY | 97 | K16/7 | (K)25 | 00:24:39 | 04.55 |
| 8 | 1553 | MAĆZEWSKA Weronika | WARSZAWA |  POL | | 96 | K16/8 | (K)26 | 00:24:59 | 04.59 |
| 9 | 1554 | MAĆZEWSKA Klaudia | WARSZAWA |  POL | | 96 | K16/9 | (K)29 | 00:25:19 | 05.03 |
| 10 | 884 | SZMULKOWSKA Magdalena | NOWY DWÓR |  POL | PUKS MŁODE ORLY | 97 | K16/10 | (K)40 | 00:26:15 | 05.15 |
| 11 | 1338 | SYNAROWSKA Dominika zuzanna | WARSZAWA |  POL | | 97 | K16/11 | (K)54 | 00:27:27 | 05.29 |
| 12 | 650 | ORDOŃSKA Sandra | N.DWÓR MAZ. |  POL | JOGGER | 95 | K16/12 | (K)73 | 00:28:50 | 05.46 |
| 13 | 211 | DUDEK Joanna | LEGIONOWO |  POL | PUKS MŁODE ORLY | 96 | K16/13 | (K)91 | 00:29:32 | 05.54 |
| 14 | 490 | KUŹNICKA Angelika | LEGIONOWO |  POL | PUKS MŁODE ORLY | 96 | K16/14 | (K)92 | 00:29:38 | 05.55 |
| 15 | 1303 | DRUŚ Karolina | WARSZAWA |  POL | | 94 | K16/15 | (K)93 | 00:29:44 | 05.56 |
| 16 | 1340 | WIŚNIEWSKA Joanna | WARSZAWA |  POL | - | 97 | K16/16 | (K)121 | 00:32:08 | 06.25 |
| 17 | 1574 | LUBAŃSKA Ela eliza | WARSZAWA |  POL | KLUB WSPARCIA TATY BOSKIEGO LOFFFFKAA FA | 96 | K16/17 | (K)149 | 00:38:35 | 07.43 |
| 18 | 432 | KOWALCZYK Zosia | WARSZAWA |  POL | | 97 | K16/18 | (K)153 | 10:36:13 | 12.69 |

Bieg Bielan 5km Kobiety KATEGORIA:K12

| | | | | | | | | | | |
|----|------|----------------------------|------------------|---|------------------------------|----|--------|--------|----------|-------|
| 1 | 1425 | KLIMCZAK Aleksandra | WOŁOMIN |  POL | | 98 | K12/1 | (K)7 | 00:22:10 | 04.26 |
| 2 | 1365 | CIARKA Sylwia | TERESIN |  POL | TRENER UKS FILIPIDES TERESIN | 98 | K12/2 | (K)15 | 00:23:02 | 04.36 |
| 3 | 1685 | SEROCZYŃSKA Amelia | WARSZAWA |  POL | UKS G-8 BIELANY | 99 | K12/3 | (K)16 | 00:23:03 | 04.36 |
| 4 | 1491 | LASKOWSKA Ula | WARSZAWA |  POL | UKS GEPARD | 00 | K12/4 | (K)18 | 00:23:33 | 04.42 |
| 5 | 1221 | KUCHTA Aleksandra | WOLA CYGOWSKA |  POL | PG POŚWIĘTNE | 98 | K12/5 | (K)30 | 00:25:25 | 05.05 |
| 6 | 177 | CZYŻOWSKA Paulina | MIŃSK MAZOWIECKI |  POL | GIM. HUTA MIŃSKA | 98 | K12/6 | (K)35 | 00:25:38 | 05.07 |
| 7 | 499 | LELONEK Klaudia | SOCHACZEW |  POL | KM AKTYWNI SOCHACZEW | 98 | K12/7 | (K)36 | 00:25:41 | 05.08 |
| 8 | 1490 | SKIERKOWSKA Martyna | WARSZAWA |  POL | UKS GEPARD | 00 | K12/8 | (K)45 | 00:26:40 | 05.20 |
| 9 | 144 | CHOINKA Monika | N.DWÓR MAZ. |  RSA | JOGGER | 98 | K12/9 | (K)51 | 00:27:06 | 05.25 |
| 10 | 190 | DOBIJAŃSKA Natalia | SOCHACZEW |  POL | KM AKTYWNI SOCHACZEW | 00 | K12/10 | (K)67 | 00:28:16 | 05.39 |
| 11 | 1667 | CHUDORLIŃSKA Marta | LEGIONOWO |  POL | RB LEGIONOWO | 01 | K12/11 | (K)70 | 00:28:43 | 05.44 |
| 12 | 1454 | OŚKO Oliwia | WARSZAWA |  POL | | 00 | K12/12 | (K)76 | 00:28:55 | 05.47 |
| 13 | 231 | FRANKE Wiktoria | WARSZAWA |  POL | | 98 | K12/13 | (K)90 | 00:29:29 | 05.53 |
| 14 | 227 | FILIPCZAK Natalia | LEGIONOWO |  POL | PUKS MŁODE ORLY | 00 | K12/14 | (K)110 | 00:31:04 | 06.12 |
| 15 | 1070 | ZIELONKO - CZUPTA Weronika | WARSZAWA |  POL | AKADEMIA OBRONY NARODOWEJ | 98 | K12/15 | (K)143 | 00:35:50 | 07.10 |
| 16 | 1304 | DARUŚ Monika | WARSZAWA |  POL | | 00 | K12/16 | (K)144 | 00:36:13 | 07.14 |
| 17 | 1575 | JANKOWSKA Eliza | WARSZAWA |  POL | | 99 | K12/17 | (K)148 | 00:38:33 | 07.42 |

Bieg Bielan 5km Mężczyźni KATEGORIA:M16

| | | | | | | | | | | |
|---|------|----------------------|---------------|---|-----------------|----|-------|-------|----------|-------|
| 1 | 1354 | PARFIANOWICZ Piotr | WARSZAWA |  POL | UNTS WARSZAWA | 94 | M16/1 | (M)3 | 00:16:18 | 03.15 |
| 2 | 1353 | WOŁOWCZYK Krzysztof | WARSZAWA |  POL | UNTS WARSZAWA | 95 | M16/2 | (M)4 | 00:16:43 | 03.20 |
| 3 | 1328 | SOWIŃSKI Miłosz | |  POL | | 95 | M16/3 | (M)11 | 00:17:26 | 03.28 |
| 4 | 304 | JAJSZCZAK Maciej | N.DWÓR MAZ. |  POL | JOGGER | 95 | M16/4 | (M)16 | 00:18:12 | 03.37 |
| 5 | 1686 | SEROCZYŃSKI Jakub | WARSZAWA |  POL | UKS G-8 BIELANY | 95 | M16/5 | (M)25 | 00:18:59 | 03.46 |
| 6 | 1557 | OLSZEWSKI Aleksander | WARSZAWA |  POL | | 94 | M16/6 | (M)29 | 00:19:26 | 03.51 |
| 7 | 1249 | SADOCHA Adrian | WOLA CYGOWSKA |  POL | PG POŚWIĘTNE | 97 | M16/7 | (M)33 | 00:19:35 | 03.53 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|------------------|----------|------------------------|---------|------------------------|-----------|----------|
| 8 | 1428 | OLCHOWSKI Karol | WARSZAWA | POL | | 97 | M16/8 (M)45 | 00:20:44 | 04.08 |
| 9 | 492 | KWIATKOWSKI Michał | NOWY DWÓR | POL | PUKS MŁODE ORŁY | 97 | M16/9 (M)49 | 00:20:50 | 04.08 |
| 10 | 364 | KASPRZAK Marcin | WARKA | POL | KS START PUŁASKI WARKA | 97 | M16/10 (M)52 | 00:20:53 | 04.10 |
| 11 | 1131 | SOLIWODA Mateusz | WARSZAWA | POL | WRZECIONO TEAM | 96 | M16/11 (M)61 | 00:21:01 | 04.12 |
| 12 | 1355 | WOŁOWCZYK Michał | WARSZAWA | POL | UNTS WARSZAWA | 97 | M16/12 (M)71 | 00:21:07 | 04.13 |
| 13 | 113 | BONIAKOWSKI Michał | CEGLÓW | POL | BIEGACZ CEGŁÓW | 94 | M16/13 (M)99 | 00:22:00 | 04.24 |
| 14 | 1559 | CHMIELEWSKI Karol | WARSZAWA | POL | | 96 | M16/14 (M)100 | 00:22:01 | 04.24 |
| 15 | 1382 | GIERS Maciej | WARSZAWA | POL | ARTMAR-DELITIRE | 96 | M16/15 (M)107 | 00:22:19 | 04.27 |
| 16 | 464 | KRUK Michał | WARSZAWA | POL | | 96 | M16/16 (M)179 | 00:24:13 | 04.50 |
| 17 | 1705 | KOZIARSKI Mateusz | KOLUSZKI | POL | LKS KOLUSZKI | 94 | M16/17 (M)218 | 00:25:03 | 05.00 |
| 18 | 1037 | WYPYCH Kacper | WARSZAWA | POL | ART PROFI TEAM | 96 | M16/18 (M)222 | 00:25:09 | 05.01 |
| 19 | 1013 | WIŚNIEWSKI Maciej | WARSZAWA | POL | | 96 | M16/19 (M)229 | 00:25:16 | 05.03 |
| 20 | 286 | GRZEJDAK Michał | WARSZAWA | POL | | 97 | M16/20 (M)240 | 00:25:27 | 05.05 |
| 21 | 1036 | WYPYCH Bartłomiej | WARSZAWA | POL | ART PROFI TEAM | 96 | M16/21 (M)297 | 00:26:41 | 05.20 |
| 22 | 54 | ADAMKIEWICZ Michał | SOCHACZEW | POL | KM AKTYWNI SOCHACZEW | 95 | M16/22 (M)299 | 00:26:41 | 05.20 |
| 23 | 697 | PIETRZYK Marcin | WARSZAWA | POL | | 96 | M16/23 (M)338 | 00:27:50 | 05.34 |
| 24 | 637 | NOWAK Dawid | SOCHACZEW | POL | KM AKTYWNI SOCHACZEW | 97 | M16/24 (M)431 | 00:31:11 | 06.14 |

Bieg Bielak 5km Mężczyźni KATEGORIA:M12

| | | | | | | | | | |
|----|------|-------------------------|-----------|-----|------------------------------|----|---------------|----------|-------|
| 1 | 622 | MUZYZKA Maurycy | WARSZAWA | POL | WARSZAWSKI KLUB KOLARSKI | 98 | M12/1 (M)37 | 00:20:00 | 03.58 |
| 2 | 1364 | PAWŁOWSKI Michał | TERESIN | POL | UKS FILIPIDES TERESIN | 98 | M12/2 (M)58 | 00:20:56 | 04.11 |
| 3 | 1157 | OŚKO Miłosz | WARSZAWA | POL | WARSZAWSKI KLUB KOLARSKI WKK | 00 | M12/3 (M)75 | 00:21:13 | 04.14 |
| 4 | 1028 | WOSIŃSKI Mikołaj | SOCHACZEW | POL | KM AKTYWNI SOCHACZEW | 00 | M12/4 (M)148 | 00:23:31 | 04.42 |
| 5 | 1693 | KIELCZYK Bartłomiej | POŚWIETNE | POL | PG POŚWIETNE | 99 | M12/5 (M)192 | 00:24:28 | 04.53 |
| 6 | 418 | KOSK Jakub | SOCHACZEW | POL | KM AKTYWNI SOCHACZEW | 98 | M12/6 (M)203 | 00:24:37 | 04.55 |
| 7 | 1506 | BABIUCH Krystian | WARSZAWA | POL | | 99 | M12/7 (M)257 | 00:25:45 | 05.09 |
| 8 | 1668 | CHUDORLIŃSKI Mateusz | LEGIONOWO | POL | RB LEGIONOWO | 99 | M12/8 (M)319 | 00:27:14 | 05.26 |
| 9 | 1675 | ZARĘBA Kamil | WARSZAWA | POL | UKS KUSY | 99 | M12/9 (M)356 | 00:28:33 | 05.42 |
| 10 | 1596 | TALAGA Konrad | WARSZAWA | POL | 12TRI.PL | 02 | M12/10 (M)418 | 00:30:17 | 06.03 |
| 11 | 14 | LIPIŃSKI Marek grzegorz | WARSZAWA | POL | | 00 | M12/11 (M)434 | 00:31:33 | 06.18 |
| 12 | 7 | KASIŃSKI Mateusz | WARSZAWA | POL | | 02 | M12/12 (M)438 | 00:31:55 | 06.23 |
| 13 | 1447 | FEDOROWICZ Karol | WARSZAWA | POL | | 05 | M12/13 (M)455 | 00:34:54 | 06.58 |
| 14 | 10 | LIPIŃSKI Bartłomiej | WARSZAWA | POL | | 98 | M12/14 (M)460 | 00:37:40 | 07.32 |
| 15 | 1573 | LUBAŃSKI Piotruś | WARSZAWA | POL | | 00 | M12/15 (M)461 | 00:38:32 | 07.42 |
| 16 | 1112 | NOCEŃ Dawid | SULEJÓWEK | POL | | 00 | M12/16 (M)470 | 10:32:25 | 12.68 |

Bieg Bielak 5km Mężczyźni KATEGORIA:M20

| | | | | | | | | | |
|----|------|-----------------------|------------------|-----|--------------------------|----|--------------|----------|-------|
| 1 | 1689 | ŻEBROWSKI Krzysztof | MAKÓW MAZOWIECKI | POL | KOLKA OSTRÓW MAZ. | 90 | M20/1 (M)1 | 00:15:41 | 03.07 |
| 2 | 1312 | WOJTALIK Oskar | WARSZAWA | POL | | 93 | M20/2 (M)2 | 00:15:44 | 03.08 |
| 3 | 1193 | BIEŃKOWSKI Piotr | JANÓWEK PIERWSZY | POL | AZS AWF WARSZAWA | 90 | M20/3 (M)5 | 00:17:00 | 03.23 |
| 4 | 1552 | RUSINIAK Rafał | CIECHANOWIEC | POL | AZS AWF WARSZAWA | 93 | M20/4 (M)6 | 00:17:10 | 03.25 |
| 5 | 730 | PUDEŁKO Jakub | PIASECZNO | POL | | 90 | M20/5 (M)7 | 00:17:13 | 03.25 |
| 6 | 1525 | BEZOWSKI Mateusz | PULAWY | POL | CHEMIK ADBLUE PULAWY | 91 | M20/6 (M)8 | 00:17:14 | 03.26 |
| 7 | 989 | WAŚOWSKI Michał | MARKI | POL | AZS AWF WARSZAWA | 91 | M20/7 (M)9 | 00:17:14 | 03.26 |
| 8 | 1626 | ARTYSZUK Kamil | WARSZAWA | POL | WARSZAWIAKY | 84 | M20/8 (M)10 | 00:17:19 | 03.27 |
| 9 | 1434 | ŁASIŃSKI Michał | WARSZAWA | POL | 12TRI.PL | 83 | M20/9 (M)12 | 00:17:34 | 03.30 |
| 10 | 1424 | LIPIEC Tomasz | WARSZAWA | POL | FESTIWAL BIEGOWY | 71 | M20/10 (M)13 | 00:17:40 | 03.31 |
| 11 | 1049 | ZAKRZEWSKI Krzysztof | SOCHACZEW | POL | KM AKTYWNI SOCHACZEW | 90 | M20/11 (M)14 | 00:18:04 | 03.36 |
| 12 | 995 | WESOŁOWSKI Ireneusz | WARSZAWA | POL | AZS AWF WARSZAWA | 74 | M20/12 (M)15 | 00:18:11 | 03.37 |
| 13 | 461 | KRÓL Dariusz marek | WOŁOMIN | POL | KB-REBUS.PL | 64 | M20/13 (M)17 | 00:18:14 | 03.37 |
| 14 | 1706 | LEŚNIEWSKI Andrzej | ZWOLEŃ | POL | POLITECHNIKA WARSZAWSKA | 63 | M20/14 (M)18 | 00:18:16 | 03.38 |
| 15 | 768 | ROSZKOWSKI Tomasz | WARSZAWA | POL | A.K.B.MORT! | 86 | M20/15 (M)19 | 00:18:17 | 03.38 |
| 16 | 39 | KOWALCZYK Andrzej | ŁEKNO | POL | DECATHLON | 87 | M20/16 (M)20 | 00:18:25 | 03.39 |
| 17 | 1632 | GASPARIK Bartłomiej | WARSZAWA | POL | WARSZAWIAKY | 77 | M20/17 (M)21 | 00:18:31 | 03.41 |
| 18 | 657 | OSIŃSKI Marcin | MAZOWSZANY | POL | UKS TECHNIK RADOM | 86 | M20/18 (M)22 | 00:18:39 | 03.43 |
| 19 | 146 | CHRABAŁOWSKI Jarosław | WARSZAWA | POL | KB ACTIVESPORTS WARSZAWA | 85 | M20/19 (M)23 | 00:18:43 | 03.43 |
| 20 | 1584 | SULIK Maciej | LESZNO | POL | | 93 | M20/20 (M)24 | 00:18:56 | 03.45 |
| 21 | 277 | GRĄDZKI Wojciech | GIŻYCKO | POL | AZS AWF WARSZAWA | 91 | M20/21 (M)26 | 00:19:00 | 03.47 |
| 22 | 1709 | CZARNECKI Marcin | WARSZAWA | POL | ART PROFI TEAM | 76 | M20/22 (M)27 | 00:19:08 | 03.48 |
| 23 | 319 | JASIONOWSKI Mariusz | IZABELIN | POL | PUKS MŁODE ORŁY | 91 | M20/23 (M)28 | 00:19:17 | 03.50 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k | W kategorii YoB in Age Sex | Czas Time | [min/km] |
|--------------|--------|------------------------|--------------------|----------|----------------------------------|-----|----------------------------|-----------|----------|
| 24 | 915 | ŚMIETAŃSKI Tomasz | SOCHACZEW | POL | DRAGON SOCHACZEW | 68 | M20/24 (M)30 | 00:19:30 | 03.53 |
| 25 | 903 | SZYMBORSKI Krzysztof | GÓRA | POL | | 90 | M20/25 (M)31 | 00:19:30 | 03.53 |
| 26 | 757 | ROMAN Adam | WARSZAWA | POL | 12TRI.PL | 85 | M20/26 (M)32 | 00:19:33 | 03.53 |
| 27 | 131 | BUJAK Maciej | LUBLIN | POL | NIEZRZESZONY | 73 | M20/27 (M)34 | 00:19:35 | 03.54 |
| 28 | 388 | KOBIALKA Konrad | WARSZAWA | POL | WRZECIONO TEAM | 78 | M20/28 (M)35 | 00:19:59 | 03.59 |
| 29 | 1002 | WIEŚNIAK Dariusz | WARSZAWA - BIELANY | POL | | 78 | M20/29 (M)36 | 00:19:59 | 03.57 |
| 30 | 883 | SZMULKOWSKI Adam | NOWY DWÓR | POL | PUKS MŁODE ORŁY | 93 | M20/30 (M)38 | 00:20:04 | 03.56 |
| 31 | 1099 | CHELMICKI Grzegorz | WARSZAWA | POL | DNB NORD RUNNERS | 73 | M20/31 (M)39 | 00:20:06 | 04.00 |
| 32 | 201 | DOROSZUK Cezary | BIAŁA PODLASKA | POL | A.K.B.MORT! | 83 | M20/32 (M)40 | 00:20:09 | 03.58 |
| 33 | 93 | BIAŁOWĄS Tomasz | WARSZAWA | POL | K.B. MARANATHA | 75 | M20/33 (M)41 | 00:20:10 | 04.00 |
| 34 | 1713 | SZPIGIEL Michał | OJRZEŃ | POL | - | 93 | M20/34 (M)42 | 00:20:16 | 04.02 |
| 35 | 631 | NIEMIRA Michał | WARSZAWA | POL | POL-VEN TEAM | 84 | M20/35 (M)43 | 00:20:30 | 04.04 |
| 36 | 1093 | ŻUK Paweł | WARSZAWA | POL | RADOMIAKY | 75 | M20/36 (M)44 | 00:20:33 | 04.05 |
| 37 | 722 | PRASAŁ Jakub | NOWY DWÓR | POL | PUKS MŁODE ORŁY | 93 | M20/37 (M)46 | 00:20:46 | 04.05 |
| 38 | 329 | JEZERSKI Łukasz | WARSZAWA | POL | TRUCHT TARCHOMIN TEAM | 81 | M20/38 (M)47 | 00:20:47 | 04.09 |
| 39 | 213 | DYGDŃ Przemysław | WARSZAWA | POL | ACCELERATE | 74 | M20/39 (M)48 | 00:20:50 | 04.08 |
| 40 | 1045 | ZACHOSZCZ Maciej | SIEDLCE | POL | BIEGIEM PRZEZ ŚWIAT | 89 | M20/40 (M)50 | 00:20:52 | 04.10 |
| 41 | 1334 | KOSTRZEWSKI Radosław | WARSZAWA | POL | | 78 | M20/41 (M)51 | 00:20:52 | 04.09 |
| 42 | 72 | BANASZKIEWICZ Marcin | NASIELSK | POL | RUNNING FREE | 81 | M20/42 (M)53 | 00:20:53 | 04.10 |
| 43 | 1442 | SZCZEPLEK Jan | WARSZAWA | POL | | 85 | M20/43 (M)54 | 00:20:54 | 04.10 |
| 44 | 1435 | ŁASIŃSKI Paweł | WARSZAWA | POL | 12TRI.PL | 83 | M20/44 (M)55 | 00:20:54 | 04.10 |
| 45 | 81 | BARSZCZ Marcin | WARSZAWA | POL | FCB | 82 | M20/45 (M)56 | 00:20:55 | 04.09 |
| 46 | 1139 | ZYCH Tomasz | JASIENICA | POL | 12TRI.PL | 91 | M20/46 (M)57 | 00:20:55 | 04.11 |
| 47 | 1156 | OLBRYŚ Stanisław-adam | NASIELSK | POL | KB PIMAR LEGIONOWO | 67 | M20/47 (M)59 | 00:20:59 | 04.11 |
| 48 | 283 | GRUNWALD Witold | WARSZAWA | POL | METRO WARSZAWSKIE | 58 | M20/48 (M)60 | 00:20:59 | 04.11 |
| 49 | 1056 | ZAWODNIK Uzup | MRAĞOWO | POL | KLUB BIEGACZA MRAĞOWO | 84 | M20/49 (M)62 | 00:21:03 | 04.12 |
| 50 | 1091 | ŻUBROWSKI Adam | TŁUSZCZ | POL | BÓBR TŁUSZCZ | 77 | M20/50 (M)63 | 00:21:03 | 04.12 |
| 51 | 1388 | LIPIŃSKI Paweł | WARSZAWA | POL | | 91 | M20/51 (M)64 | 00:21:04 | 04.12 |
| 52 | 571 | MATWIEJCZYK Gabriel | WARSZAWA | POL | HTTP://DOTRZECHDYCH.PL | 81 | M20/52 (M)65 | 00:21:05 | 04.13 |
| 53 | 56 | AKSAMIT Jakub | SOCHACZEW | POL | KM AKTYWNI SOCHACZEW | 88 | M20/53 (M)66 | 00:21:05 | 04.13 |
| 54 | 1652 | ZAWODNIK Uzup | KOMORÓW | POL | WITAR TARNOBRZEG | 70 | M20/54 (M)67 | 00:21:05 | 04.13 |
| 55 | 1351 | GRABIEC Marcin | KOLBUSZOWA | POL | | 83 | M20/55 (M)68 | 00:21:06 | 04.13 |
| 56 | 1440 | DERNAK Piotr | WARSZAWA | POL | ASICS POLSKA | 70 | M20/56 (M)69 | 00:21:06 | 04.13 |
| 57 | 1714 | SIEPIETOWSKI Piotr | WARSZAWA | POL | | 69 | M20/57 (M)70 | 00:21:06 | 04.13 |
| 58 | 396 | KOŁACZ Wojciech | WARSZAWA | POL | KLUB BIEGACZA ERGO | 90 | M20/58 (M)72 | 00:21:09 | 04.13 |
| 59 | 754 | ROBAK Wojciech | WARSZAWA | POL | WOJSKOWE CENTRUM GEOGRAFICZNE | 82 | M20/59 (M)73 | 00:21:12 | 04.14 |
| 60 | 1366 | PAWŁOWSKI Andrzej | TERESIN | POL | UKS FILIPIDES TERESIN | 66 | M20/60 (M)74 | 00:21:12 | 04.14 |
| 61 | 830 | SNARSKI Bogdan | JÓZEFOSŁAW | POL | I LOVE KASIA | 79 | M20/61 (M)76 | 00:21:16 | 04.15 |
| 62 | 695 | PIETRZAK Piotr | ŁÓDŹ | POL | KB ARTURÓWEK ŁÓDŹ | 69 | M20/62 (M)77 | 00:21:18 | 04.15 |
| 63 | 31 | WŁODARSKI Jarosław | WARSZAWA | POL | DECATHLON | 85 | M20/63 (M)78 | 00:21:19 | 04.15 |
| 64 | 435 | KOWALSKI Adrian | KAMPINOS | POL | KM AKTYWNI SOCHACZEW | 88 | M20/64 (M)79 | 00:21:19 | 04.15 |
| 65 | 1039 | WYPYCH Radosław | WARSZAWA | POL | ART PROFI TEAM | 69 | M20/65 (M)80 | 00:21:20 | 04.16 |
| 66 | 1587 | SOBIERAJ Ziemowit | WARSZAWA | POL | | 78 | M20/66 (M)81 | 00:21:21 | 04.16 |
| 67 | 362 | KASPRZAK Dariusz | WARKA | POL | KS START PUŁASKI WARKA | 68 | M20/67 (M)82 | 00:21:23 | 04.16 |
| 68 | 824 | SŁOWIK Radosław | ŻELECHÓW | POL | | 77 | M20/68 (M)83 | 00:21:26 | 04.17 |
| 69 | 215 | DYMIŃSKI Marcin | ZĄBKI | POL | BÓBR TŁUSZCZ | 79 | M20/69 (M)84 | 00:21:28 | 04.17 |
| 70 | 961 | TYSZKIEWICZ Daniel | SOCHACZEW | POL | | 90 | M20/70 (M)85 | 00:21:29 | 04.17 |
| 71 | 1017 | WIŚNIEWSKI Piotrek | RADZIKÓW | POL | RUMAKI | 73 | M20/71 (M)86 | 00:21:30 | 04.18 |
| 72 | 585 | MICHALSKI Dariusz | WARSZAWA | POL | | 60 | M20/72 (M)87 | 00:21:30 | 04.18 |
| 73 | 1122 | POLOWCZYK Piotr | WARSZAWA | POL | | 81 | M20/73 (M)88 | 00:21:34 | 04.18 |
| 74 | 1225 | KWIATEK Tomasz | PRUSZKÓW | POL | A.K.B.MORT! | 82 | M20/74 (M)89 | 00:21:34 | 04.18 |
| 75 | 659 | OSTRYKIEWICZ Krzysztof | PIASKI | POL | LUBELSKIE STOWARZYSZENIE BIEGOWE | 85 | M20/75 (M)90 | 00:21:37 | 04.19 |
| 76 | 67 | BANASIAK Michał | ŁÓDŹ | POL | | 77 | M20/76 (M)91 | 00:21:38 | 04.19 |
| 77 | 437 | KOWALSKI Grzegorz | PUŁTUSK | POL | | 84 | M20/77 (M)92 | 00:21:39 | 04.19 |
| 78 | 1729 | BANIAK Jacek | PŁOŃSK | POL | KB IM.P.SĘKOWSKIEGO | 67 | M20/78 (M)93 | 00:21:40 | 04.20 |
| 79 | 1498 | POLAŃSKI Piotr | WARSZAWA | POL | WARSZAWA-MOKOTÓW | 65 | M20/79 (M)94 | 00:21:45 | 04.21 |
| 80 | 345 | KACPURA Piotr | RADOM | POL | BIEGIEM RADOM! | 76 | M20/80 (M)95 | 00:21:46 | 04.21 |
| 81 | 1728 | GORLEWSKI Karol | WARSZAWA | POL | WARSZAWA-URSYNÓW | 82 | M20/81 (M)96 | 00:21:52 | 04.22 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|--------------------------------------|----------------|-------------------------------|------------------|-----------------|
| 82 | 60 | ARTYSZUK Mirosław | WARSZAWA | POL | | 60 | M20/82 (M)97 | 00:21:53 | 04.22 |
| 83 | 1532 | FIEDORUK Piotr | WARSZAWA | POL | AZS WAT | 62 | M20/83 (M)98 | 00:21:59 | 04.23 |
| 84 | 318 | JARZYŃKA Krzysztof | LUBLIN | POL | | 68 | M20/84 (M)101 | 00:22:05 | 04.25 |
| 85 | 1741 | KRAJEWSKI Grzegorz | NASIELSK | POL | DRUŻYNA SZPIKU | 74 | M20/85 (M)102 | 00:22:15 | 04.27 |
| 86 | 1243 | PODLIPNY Marek | PUCHACZÓW | POL | LW BOGDANKA | 74 | M20/86 (M)103 | 00:22:16 | 04.27 |
| 87 | 162 | CZAJA Daniel | WARSZAWA | POL | | 75 | M20/87 (M)104 | 00:22:18 | 04.27 |
| 88 | 1583 | TYMCZYSZYN Paweł | WARSZAWA | POL | | 73 | M20/88 (M)105 | 00:22:18 | 04.27 |
| 89 | 1194 | BISEK Marek | LUBLIN | POL | LW BOGDANKA | 62 | M20/89 (M)106 | 00:22:18 | 04.27 |
| 90 | 1723 | DOROCIŃSKI Wojciech | KŁUDZIENKO | POL | RADOMIAKY | 91 | M20/90 (M)108 | 00:22:20 | 04.28 |
| 91 | 1104 | KAMIŃSKI Michał | WARSZAWA | POL | 12TRI.PL | 81 | M20/91 (M)109 | 00:22:22 | 04.28 |
| 92 | 1001 | WIERZBICKI Krzysztof | OLSZEWICE | POL | | 82 | M20/92 (M)110 | 00:22:23 | 04.28 |
| 93 | 1650 | TEJCHMAN Tomasz | WARSZAWA | POL | | 80 | M20/93 (M)111 | 00:22:26 | 04.29 |
| 94 | 328 | JEZERSKI Jan | WARSZAWA | POL | TRUCHT TARCHOMIN TEAM | 57 | M20/94 (M)112 | 00:22:28 | 04.29 |
| 95 | 369 | KĘDZIOR Paweł | WARSZAWA | POL | - | 85 | M20/95 (M)113 | 00:22:29 | 04.29 |
| 96 | 950 | TRZASKOWSKI Jarosław | WARSZAWA | POL | | 78 | M20/96 (M)114 | 00:22:30 | 04.30 |
| 97 | 1756 | SMUS Damian | SOCHACZEW | POL | KM AKTYWNI SOCHACZEW | 90 | M20/97 (M)115 | 00:22:32 | 04.30 |
| 98 | 1745 | SUWALD Andrzej | WARSZAWA | POL | JACEKBIEGA BY POWERGYM | 61 | M20/98 (M)116 | 00:22:33 | 04.30 |
| 99 | 881 | SZŁEK Andrzej | ŁÓDŹ | POL | KS ŁÓDŹ | 75 | M20/99 (M)117 | 00:22:36 | 04.31 |
| 100 | 1042 | WYSOCKI Radosław | SIEDLCE | POL | YULO RUN TEAM SIEDLCE | 74 | M20/100 (M)118 | 00:22:37 | 04.31 |
| 101 | 276 | GRANAT Zbigniew | WARSZAWA | POL | A1-POL WARSZAWA | 59 | M20/101 (M)119 | 00:22:44 | 04.32 |
| 102 | 1302 | MAŚLANKA Bogdan | WARSZAWA | POL | | 70 | M20/102 (M)120 | 00:22:46 | 04.33 |
| 103 | 1712 | PIERZYNOWSKI Artur | PŁOŃSK | POL | | 73 | M20/103 (M)121 | 00:22:51 | 04.34 |
| 104 | 689 | PIEKUT Andrzej | N.DWÓR MAZ. | POL | JOGGER | 59 | M20/104 (M)122 | 00:22:53 | 04.34 |
| 105 | 892 | SZTUBECKI Michał | WARSZAWA | POL | VEGE RUNNERS | 72 | M20/105 (M)123 | 00:22:56 | 04.35 |
| 106 | 643 | NOWAKOWSKI Mariusz | WARSZAWA | POL | ŻOLIBORZ BIEGA | 60 | M20/106 (M)124 | 00:22:57 | 04.35 |
| 107 | 157 | CIEŚLAK Przemysław | WARSZAWA | POL | CITI-BIEGACZE | 74 | M20/107 (M)125 | 00:22:58 | 04.35 |
| 108 | 119 | BREMER Gracjan | WARSZAWA | POL | | 69 | M20/108 (M)126 | 00:23:00 | 04.36 |
| 109 | 121 | BRÓDKA Paweł | RADOM | POL | FITNESS PARK RADOM/FESTIWAL BIEGOWY4 | M20/109 | (M)127 | 00:23:01 | 04.36 |
| 110 | 1015 | WIŚNIEWSKI Paweł | RADZIKÓW | POL | RUMAKI | 73 | M20/110 (M)128 | 00:23:02 | 04.36 |
| 111 | 1655 | DMYTRUK Rafał | WARSZAW | POL | | 90 | M20/111 (M)129 | 00:23:03 | 04.36 |
| 112 | 786 | SALA Mieczysław | JELENIA GÓRA | POL | ORANGE POLSKA | 61 | M20/112 (M)130 | 00:23:03 | 04.36 |
| 113 | 448 | KRAJEWSKI Wojciech | PILA | POL | KB GOCH BYTÓW | 74 | M20/113 (M)131 | 00:23:10 | 04.38 |
| 114 | 845 | STANISZ Piotr | WARSZAWA | POL | LEGION WARSZAWA | 86 | M20/114 (M)132 | 00:23:10 | 04.38 |
| 115 | 1381 | PIETROŃ Mirosław | WARSZAWA | POL | WSB CYTADELA | 60 | M20/115 (M)133 | 00:23:11 | 04.38 |
| 116 | 648 | ONAK Marcin | PIASKI | POL | LUBELSKIE STOWARZYSZENIE BIEGOWE | 85 | M20/116 (M)134 | 00:23:11 | 04.38 |
| 117 | 74 | BAŃBURA Piotr | KOŃSKIE | POL | PASAT KOŃSKIE | 79 | M20/117 (M)135 | 00:23:11 | 04.38 |
| 118 | 1318 | ŚWIĘCICKI Wojciech | WARSZAWA | POL | | 63 | M20/118 (M)136 | 00:23:16 | 04.39 |
| 119 | 1711 | ADAMSKI Mariusz | PŁOŃSK | POL | - | 82 | M20/119 (M)137 | 00:23:20 | 04.40 |
| 120 | 347 | KACZOREK Dominik | WARSZAWA | POL | SKLEPBIEGACZA.PL | 83 | M20/120 (M)138 | 00:23:21 | 04.40 |
| 121 | 618 | MUCHA Jarosław | OTWOCK | POL | - | 68 | M20/121 (M)139 | 00:23:21 | 04.40 |
| 122 | 196 | DOLIŃSKI Adam | WARSZAWA | POL | KB PIMAR LEGIONOWO | 84 | M20/122 (M)140 | 00:23:23 | 04.40 |
| 123 | 1308 | SZYMKIEWICZ Tomasz | KIELCE | POL | | 64 | M20/123 (M)141 | 00:23:23 | 04.40 |
| 124 | 1310 | SIEDLECKI Dariusz | WARSZAWA | POL | | 71 | M20/124 (M)142 | 00:23:25 | 04.41 |
| 125 | 344 | KACPRZAK Krzysztof | WARSZAWA | POL | | 73 | M20/125 (M)143 | 00:23:28 | 04.41 |
| 126 | 601 | MISZCZUK Arkadiusz | WARSZAWA | POL | | 67 | M20/126 (M)144 | 00:23:28 | 04.41 |
| 127 | 1179 | KOŚCIELNIAK Marian | N.DWÓR MAZ. | POL | JOGGER | 40 | M20/127 (M)145 | 00:23:29 | 04.41 |
| 128 | 517 | LOREK Dariusz | DĄBRÓWKA | POL | | 81 | M20/128 (M)147 | 00:23:30 | 04.42 |
| 129 | 1719 | PIOTRKOWICZ Konrad | MLAWA | POL | | 79 | M20/129 (M)149 | 00:23:31 | 04.42 |
| 130 | 234 | FURMAN Tomasz | WARSZAWA | POL | - | 71 | M20/130 (M)150 | 00:23:31 | 04.42 |
| 131 | 578 | MAZUREK Ryszard | TŁUSZCZ | POL | BÓBR TŁUSZCZ | 74 | M20/131 (M)152 | 00:23:32 | 04.42 |
| 132 | 759 | ROSA Leszek | TŁUSZCZ | POL | BÓBR TŁUSZCZ | 59 | M20/132 (M)153 | 00:23:34 | 04.42 |
| 133 | 854 | STAŚKIEWICZ Tomasz | WARSZAWA | POL | AKS POLONIA WARSZAWA | 75 | M20/133 (M)154 | 00:23:34 | 04.42 |
| 134 | 171 | CZUBAKOWSKI Sławomir | WARSZAWA | POL | NIE ZRZESZONY | 64 | M20/134 (M)155 | 00:23:36 | 04.43 |
| 135 | 513 | LIPIŃSKI Adam | TŁUSZCZ | POL | BÓBR TŁUSZCZ | 73 | M20/135 (M)156 | 00:23:36 | 04.43 |
| 136 | 955 | REK Maciej | MILANÓWEK | POL | | 90 | M20/136 (M)157 | 00:23:37 | 04.43 |
| 137 | 718 | POLCYN Jan | OSIEK NAD NOTECIĄ | POL | PWSZ PILA | 64 | M20/137 (M)158 | 00:23:39 | 04.43 |
| 138 | 682 | PAWLOWSKI Jacek | WARSZAWA | POL | | 76 | M20/138 (M)159 | 00:23:40 | 04.44 |
| 139 | 42 | OBUKOWICZ Michał | WARSZAWA | POL | ANYTIME FITNESS | 84 | M20/139 (M)160 | 00:23:41 | 04.44 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|--------------|--------|-----------------------|------------------|----------|--|---------|------------------------|-----------|----------|
| 140 | 1410 | MATCZUK Konrad | WOŁOMIN | POL | KB REBUS | 73 | M20/140 (M)161 | 00:23:42 | 04.44 |
| 141 | 1724 | BUCZKOWSKI Daniel | WARSZAWA | POL | | 58 | M20/141 (M)162 | 00:23:43 | 04.44 |
| 142 | 1393 | POLASKI Leszek | WARSZAWA | POL | | 47 | M20/142 (M)163 | 00:23:43 | 04.44 |
| 143 | 207 | DUBAJ Michał | WARSZAWA | POL | | 89 | M20/143 (M)164 | 00:23:45 | 04.45 |
| 144 | 310 | JANCUK Marcin | WARSZAWA | POL | | 78 | M20/144 (M)165 | 00:23:45 | 04.45 |
| 145 | 1476 | ŚWIĆ Rafał | WARSZAWA | POL | TRUCHT TARCHOMIN TEAM | 74 | M20/145 (M)166 | 00:23:46 | 04.45 |
| 146 | 1700 | KARNASZEWSKI Albin | WARSZAWA | POL | | 79 | M20/146 (M)167 | 00:23:48 | 04.45 |
| 147 | 1224 | KURZAWA Sławomir | WARSZAWA | POL | ORANGE POLSKA | 66 | M20/147 (M)168 | 00:23:55 | 04.47 |
| 148 | 1169 | WOJTKOWSKI Ireneusz | WARSZAWA | POL | INFOVIDE-MATRIX | 61 | M20/148 (M)169 | 00:23:56 | 04.47 |
| 149 | 1477 | WALASZEK Dominik | WARSZAWA | POL | | 85 | M20/149 (M)170 | 00:23:59 | 04.47 |
| 150 | 746 | RASZEWSKI Piotr | WARSZAWA | POL | | 80 | M20/150 (M)171 | 00:24:00 | 04.48 |
| 151 | 1536 | BUDZIK Dariusz | PASIECZNO | POL | | 68 | M20/151 (M)172 | 00:24:02 | 04.48 |
| 152 | 368 | KĘDZIERSKI Krzysztof | NOWY DWÓR | POL | - | 76 | M20/152 (M)173 | 00:24:04 | 04.48 |
| 153 | 3 | LIPIŃSKI Marek | WARSZAWA | POL | | 71 | M20/153 (M)174 | 00:24:06 | 04.49 |
| 154 | 914 | ŚLUSARSKI Kamil | WARSZAWA | POL | | 87 | M20/154 (M)175 | 00:24:08 | 04.49 |
| 155 | 1649 | PASZKOWSKI Robert | WARSZAWA | POL | | 74 | M20/155 (M)176 | 00:24:11 | 04.50 |
| 156 | 698 | PIETRZYK Sławomir | WARSZAWA | POL | KB-REBUS.PL | 66 | M20/156 (M)177 | 00:24:13 | 04.50 |
| 157 | 724 | PROKOP Ryszard | ZABORÓW | POL | | 68 | M20/157 (M)178 | 00:24:13 | 04.50 |
| 158 | 1429 | ĆWIĘCZKA Piotr | LEGIONOWO | POL | | 79 | M20/158 (M)180 | 00:24:14 | 04.50 |
| 159 | 522 | ŁACH Wiesław | JEŻOWE | POL | BIEGAM DLA MATIEGO | 70 | M20/159 (M)181 | 00:24:14 | 04.50 |
| 160 | 44 | SZYMANIAK Marek | WARSZAWA | POL | | 88 | M20/160 (M)182 | 00:24:15 | 04.51 |
| 161 | 1080 | ZWOLAK Krzysztof | WARSZAWA | POL | | 74 | M20/161 (M)183 | 00:24:15 | 04.51 |
| 162 | 1019 | WIŚNIEWSKI Tomasz | WARSZAWA | POL | | 70 | M20/162 (M)184 | 00:24:16 | 04.51 |
| 163 | 55 | ADAMKIEWICZ Mirosław | SOCHACZEW | POL | KM AKTYWNI SOCHACZEW | 67 | M20/163 (M)185 | 00:24:18 | 04.51 |
| 164 | 693 | PIELACHOWSKI Piotr | WARSZAWA | POL | BOSO ALEW OSTROGACH | 59 | M20/164 (M)186 | 00:24:18 | 04.51 |
| 165 | 1215 | KOŃCZYK Grzegorz | WARSZAWA | POL | | 80 | M20/165 (M)187 | 00:24:20 | 04.52 |
| 166 | 161 | CYRNY Rafał | WARSZAWA | POL | INGZYCIE.PL | 77 | M20/166 (M)188 | 00:24:21 | 04.52 |
| 167 | 440 | KOWAŃSKI Marcin | KOŹMIN WLKP | POL | BIEGIEM RADOM! | 73 | M20/167 (M)189 | 00:24:23 | 04.52 |
| 168 | 547 | MAJOS Arkadiusz | LEGIONOWO | POL | CSLII ZEGRZE | 82 | M20/168 (M)190 | 00:24:26 | 04.53 |
| 169 | 1430 | SZĘCZKA Michał | WARSZAWA | POL | | 84 | M20/169 (M)191 | 00:24:28 | 04.53 |
| 170 | 957 | TUROS Marek | WARSZAWA | POL | | 69 | M20/170 (M)193 | 00:24:28 | 04.53 |
| 171 | 73 | BANKIEWICZ Damian | WARSZAWA | POL | | 71 | M20/171 (M)194 | 00:24:29 | 04.53 |
| 172 | 164 | CZARNECKI Michał | WARSZAWA | POL | 12TRI.PL | 75 | M20/172 (M)195 | 00:24:31 | 04.54 |
| 173 | 1450 | WRÓBLEWSKI Artur | WARSZAWA | POL | | 75 | M20/173 (M)196 | 00:24:31 | 04.54 |
| 174 | 1040 | WYRWAS Tadeusz | ŁOMŻA | POL | KS ŁOMŻANIE | 59 | M20/174 (M)197 | 00:24:32 | 04.54 |
| 175 | 930 | TELEŚNICKI Grzegorz | WARSZAWA | POL | | 71 | M20/175 (M)198 | 00:24:33 | 04.54 |
| 176 | 421 | KOT Leszek | ŁĘCZNA | POL | LW BOGDANKA | 51 | M20/176 (M)199 | 00:24:34 | 04.54 |
| 177 | 116 | BORKOWSKI Jerzy | RADOM | POL | BIEGIEM RADOM! | 51 | M20/177 (M)200 | 00:24:35 | 04.55 |
| 178 | 1413 | PRZYCZYNEK Roman | WARSZAWA | POL | NIEZRZESZONY | 79 | M20/178 (M)201 | 00:24:37 | 04.55 |
| 179 | 979 | WARCIAK Grzegorz | WARSZAWA | POL | NIEZRZESZONY | 77 | M20/179 (M)202 | 00:24:37 | 04.55 |
| 180 | 1595 | KWIATKOWSKI Michał | WARSZAWA | POL | SPARTANIE DZIECIOM | 79 | M20/180 (M)204 | 00:24:39 | 04.55 |
| 181 | 549 | MAKOWSKI Marcin | PŁOCK | POL | | 83 | M20/181 (M)205 | 00:24:41 | 04.56 |
| 182 | 1470 | PUCHALSKI Filip | | POL | | 87 | M20/182 (M)206 | 00:24:43 | 04.56 |
| 183 | 1044 | ZABADAŁA Piotr | WARSZAWA | POL | | 73 | M20/183 (M)207 | 00:24:46 | 04.57 |
| 184 | 168 | CZERNAKOWSKI Paweł | WARSZAWA | POL | BIELAŃSKI KLUB KYOKUSHIN KARATE (BKKB) | 89 | M20/184 (M)208 | 00:24:48 | 04.57 |
| 185 | 484 | KUREK Janusz | LEGIONOWO | POL | SEROCK BIEGA Z HOTELEM NARVIL | 76 | M20/185 (M)209 | 00:24:51 | 04.58 |
| 186 | 1760 | MATYJASIK Mirosław | KOMORÓW | POL | 123-A-TERAZ-MY.PL | 73 | M20/186 (M)210 | 00:24:55 | 04.59 |
| 187 | 1531 | SIDOR Krzysztof | DZIEKANÓW LEŚNY | POL | 123-A-TERAZ-MY.PL | 62 | M20/187 (M)211 | 00:24:56 | 04.59 |
| 188 | 1459 | SOBIERAJSKI Krzysztof | WARSZAWA | POL | | 79 | M20/188 (M)212 | 00:24:57 | 04.59 |
| 189 | 1206 | HULANICKI Andrzej | WARSZAWA | POL | LASEK BIELAŃSKI TEAM | 58 | M20/189 (M)213 | 00:24:59 | 04.59 |
| 190 | 1701 | PRUSZCZYŃSKI Piotr | WARSZAWA | POL | | 80 | M20/190 (M)214 | 00:25:00 | 05.00 |
| 191 | 1212 | JANKOWSKI Rafał | WARSZAWA | POL | 12TRI.PL | 77 | M20/191 (M)215 | 00:25:01 | 05.00 |
| 192 | 1696 | MAZUR Krzysztof | SZCZAWNO-ZDRÓJ | POL | MARATONYPOLSKIE.PL TEAM | 64 | M20/192 (M)217 | 00:25:01 | 05.00 |
| 193 | 275 | GRABSKI Piotr | RAWA MAZOWIECKA | POL | TRIATHLON RAWA | 62 | M20/193 (M)219 | 00:25:05 | 05.01 |
| 194 | 1462 | SUCHECKI Adam | WARSZAWA | POL | WWW.PASSEPARTOUT.PL | 82 | M20/194 (M)220 | 00:25:05 | 05.01 |
| 195 | 819 | SKORUPSKI Grzegorz | WARSZAWA | POL | | 71 | M20/195 (M)221 | 00:25:06 | 05.01 |
| 196 | 859 | STEFAŃSKI Dariusz | WARSZAWA | POL | | 61 | M20/196 (M)223 | 00:25:12 | 05.02 |
| 197 | 511 | LIBERADZKI Hubert | N.DWÓR MAZ. | POL | JOGGER | 90 | M20/197 (M)224 | 00:25:13 | 05.02 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|--------------|--------|------------------------|---------------------|----------|--|---------|------------------------|-----------|----------|
| 198 | 770 | ROZIŃSKI Mieczysław | PIASKI | POL | LUBELSKIE STOWARZYSZENIE BIEGOWE | 78 | M20/198 (M)225 | 00:25:14 | 05.02 |
| 199 | 1313 | GOGOL Tomasz | BIALYSTOK | POL | | 89 | M20/199 (M)226 | 00:25:14 | 05.02 |
| 200 | 1566 | MICHALIK Mariusz | WARSZAWA | POL | BÓBR TŁUSZCZ | 79 | M20/200 (M)227 | 00:25:15 | 05.03 |
| 201 | 1427 | SOBESIAK Rafał | WARSZAWA | POL | | 81 | M20/201 (M)228 | 00:25:16 | 05.03 |
| 202 | 671 | PACKO Bartosz | MAKÓW MAZOWIECKI | POL | BIEGAM NA BEMOWIE | 79 | M20/202 (M)230 | 00:25:18 | 05.03 |
| 203 | 1128 | ROZWADOWSKI Paweł | BRWINÓW | POL | | 68 | M20/203 (M)231 | 00:25:20 | 05.04 |
| 204 | 877 | SZCZYPEK Jan | LECZNA | POL | LW BOGDANKA | 58 | M20/204 (M)232 | 00:25:20 | 05.04 |
| 205 | 1311 | SIEDLECKI Bartosz | WARSZAWA | POL | | 77 | M20/205 (M)233 | 00:25:20 | 05.04 |
| 206 | 1145 | GONTAREK Adam | STUDZIANKI PANCERNE | POL | PG POŚWIĘTNE | 85 | M20/206 (M)234 | 00:25:22 | 05.04 |
| 207 | 1717 | JESINOWICZ Bronisław | WARSZAWA | POL | CENTRUM SYMULACJI I KOMPUTEROWYCH GIER W | 59 | M20/207 (M)235 | 00:25:23 | 05.04 |
| 208 | 1397 | GASIDŁO Michał | BRZESZCZE | POL | | 88 | M20/208 (M)236 | 00:25:23 | 05.04 |
| 209 | 699 | PIETRZYKOWSKI Tomasz | N.DWÓR MAZ. | PUR | JOGGER | 93 | M20/209 (M)237 | 00:25:25 | 05.05 |
| 210 | 694 | PIETRZAK Paweł | PABIANICE | POL | | 68 | M20/210 (M)238 | 00:25:27 | 05.05 |
| 211 | 725 | PRYZMONT Patryk | CHYLICE-KOLONIA | POL | NIE ZRZESZONY | 76 | M20/211 (M)239 | 00:25:27 | 05.05 |
| 212 | 1479 | SMOLINSKI Michał | WARSZAWA | POL | | 82 | M20/212 (M)241 | 00:25:27 | 05.05 |
| 213 | 633 | NIEŚCIORUK Mirosław | ŁOMIANKI | POL | WARM RT | 61 | M20/213 (M)242 | 00:25:29 | 05.05 |
| 214 | 1480 | POPIEL Ireneusz | WARSZAWA | POL | | 78 | M20/214 (M)243 | 00:25:29 | 05.05 |
| 215 | 122 | BRZEZIŃSKI Waldemar | NOWE MIASTO NAD | POL | | 65 | M20/215 (M)244 | 00:25:30 | 05.06 |
| 216 | 1481 | SNOLIŃSKI Mateusz | WARSZAWA | POL | | 76 | M20/216 (M)245 | 00:25:30 | 05.06 |
| 217 | 1759 | ADAMCZYK Andrzej | WARSZAWA | POL | | 90 | M20/217 (M)246 | 00:25:30 | 05.06 |
| 218 | 652 | ORLIK Sebastian | RADOM | POL | BIEGIEM RADOM! | 75 | M20/218 (M)247 | 00:25:34 | 05.06 |
| 219 | 285 | GRZEJDAK Igor | WARSZAWA | POL | | 73 | M20/219 (M)248 | 00:25:34 | 05.06 |
| 220 | 159 | CYGANOWSKI Grzegorz | WARSZAWA | POL | | 75 | M20/220 (M)249 | 00:25:34 | 05.06 |
| 221 | 1009 | WINCZURA Piotr | TORUŃ | POL | ORANGE POLSKA | 57 | M20/221 (M)250 | 00:25:35 | 05.07 |
| 222 | 1568 | MARZEC Bartłomiej | TARNÓW | POL | | 81 | M20/222 (M)251 | 00:25:37 | 05.07 |
| 223 | 1074 | ZIMNY Emanuel | SOCHACZEW | POL | KM AKTYWNI SOCHACZEW | 81 | M20/223 (M)252 | 00:25:38 | 05.07 |
| 224 | 1025 | WOJTUNIAK Jarosław | MAŁĘCZYN | POL | BIEGIEM RADOM! | 75 | M20/224 (M)253 | 00:25:40 | 05.08 |
| 225 | 192 | DOBRODZIEJ Tomasz | WARSZAWA | POL | ZNIKAJĄCY PUNKT | 83 | M20/225 (M)254 | 00:25:42 | 05.08 |
| 226 | 597 | MIŁOSZ Krzysztof | WARSZAWA | POL | ZNIKAJĄCY PUNKT | 63 | M20/226 (M)255 | 00:25:42 | 05.08 |
| 227 | 178 | CZYŻOWSKI Marek | MIŃSK MAZOWIECKI | POL | ZSZ NR 2 MIŃSK MAZOWIECKI | 76 | M20/227 (M)256 | 00:25:43 | 05.08 |
| 228 | 658 | OSIŃSKI Stanisław | WARSZAWA | POL | | 51 | M20/228 (M)258 | 00:25:47 | 05.09 |
| 229 | 548 | MAKOWSKI Bogdan | PŁOCK | POL | TKKF PROMYK CIECHANÓW | 57 | M20/229 (M)259 | 00:25:51 | 05.10 |
| 230 | 284 | GRZEGORCZYK Maciej | PRUSZKÓW | POL | | 78 | M20/230 (M)260 | 00:25:52 | 05.10 |
| 231 | 1076 | ZNAMIEC Marcin | WARSZAWA | POL | | 77 | M20/231 (M)261 | 00:25:52 | 05.10 |
| 232 | 491 | KWIATKOWSKI Aleksander | ŁOWICZ | POL | | 62 | M20/232 (M)262 | 00:25:52 | 05.10 |
| 233 | 1396 | PIELKA Norbert | CZĘSTOCHOWA | POL | | 89 | M20/233 (M)263 | 00:25:53 | 05.10 |
| 234 | 1337 | BAREJ Krzysztof | WARSZAWA | POL | | 65 | M20/234 (M)264 | 00:25:54 | 05.10 |
| 235 | 298 | IGNACZAK Dariusz | KONSTANCIN-JEZIORNA | POL | 12TRI.PL | 71 | M20/235 (M)265 | 00:25:57 | 05.11 |
| 236 | 1034 | WRZEZIŃSKI Marcin | SOCHACZEW | POL | DRAGON SOCHACZEW | 75 | M20/236 (M)266 | 00:25:58 | 05.11 |
| 237 | 254 | GIEREJKO Grzegorz | DZIEKANÓW POLSKI | POL | | 65 | M20/237 (M)267 | 00:26:02 | 05.12 |
| 238 | 401 | KONARSKI Kazimierz | ŁOMIANKI | POL | | 56 | M20/238 (M)268 | 00:26:03 | 05.12 |
| 239 | 1391 | KUCZMARSKI Piotr | WARSZAWA | POL | | 71 | M20/239 (M)269 | 00:26:04 | 05.12 |
| 240 | 258 | GOCZYŃSKI Kazimierz | SIERPC | POL | TKKF KUBUS SIERPC | 51 | M20/240 (M)270 | 00:26:04 | 05.12 |
| 241 | 1266 | ŻMUDA Michał | RASZYN | POL | DZIKIE-DZIKI | 77 | M20/241 (M)271 | 00:26:06 | 05.13 |
| 242 | 397 | KOLECKI Jacek | MARKI | POL | | 73 | M20/242 (M)272 | 00:26:07 | 05.13 |
| 243 | 1201 | DRZEWIECKI Piotr | ZEGRZE | POL | SEROCK BIEGA Z HOTELEM NARVIL | 67 | M20/243 (M)273 | 00:26:08 | 05.13 |
| 244 | 1341 | MALDIS Marek | WARSZAWA | POL | | 49 | M20/244 (M)274 | 00:26:08 | 05.13 |
| 245 | 879 | SZELACHOWSKI Wojciech | WARSZAWA | POL | BBL WARSZAWA | 79 | M20/245 (M)275 | 00:26:10 | 05.14 |
| 246 | 1317 | WYSOKIŃSKI Jerzy | BIAŁA PODLASKA | POL | DRANGLE POLSKA | 63 | M20/246 (M)276 | 00:26:11 | 05.14 |
| 247 | 846 | STAŃCZAK Edmund | PŁOCK | POL | TKKF PŁOCK | 53 | M20/247 (M)277 | 00:26:11 | 05.14 |
| 248 | 125 | BRZOZOWSKI Andrzej | ZAMOŚĆ | POL | WARSZAWA | 54 | M20/248 (M)278 | 00:26:14 | 05.14 |
| 249 | 869 | SZAFARSKI Marcin | WARSZAWA | POL | - | 78 | M20/249 (M)279 | 00:26:15 | 05.15 |
| 250 | 438 | KOWALSKI Maciej | WARSZAWA | POL | | 75 | M20/250 (M)280 | 00:26:17 | 05.15 |
| 251 | 550 | MAKOWSKI Roman | PABIANICE | POL | | 79 | M20/251 (M)281 | 00:26:18 | 05.15 |
| 252 | 100 | BIEŃKOWSKI Paweł | ZABORÓW | POL | | 75 | M20/252 (M)282 | 00:26:19 | 05.15 |
| 253 | 443 | KOZIEJ Łukasz | WARSZAWA | POL | | 81 | M20/253 (M)283 | 00:26:20 | 05.16 |
| 254 | 235 | GÒRAL Tadeusz | WARSZAWA | POL | | 70 | M20/254 (M)284 | 00:26:20 | 05.16 |
| 255 | 948 | TRONIARZ Marcin | RASZYN | POL | DZIKIE-DZIKI | 75 | M20/255 (M)285 | 00:26:20 | 05.16 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k W kategorii YoB in Age Sex | Czas Time | [min/km] |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|---------------------------|---------------------------------------|------------------|-----------------|
| 256 | 949 | TRONIARZ Paweł | RASZYN | POL | DZIKIE-DZIKI | 79 M20/256 (M)286 | 00:26:20 | 05.16 |
| 257 | 1053 | ZALEWSKI Marcin | WARSZAWA | POL | BIEGAJZNA.MI.PL | 87 M20/257 (M)287 | 00:26:23 | 05.16 |
| 258 | 600 | MIRKOWSKI Łukasz | WARSZAWA | POL | WRZECIONO TEAM | 81 M20/258 (M)288 | 00:26:25 | 05.17 |
| 259 | 1005 | WIKŁO Marcin | KIELCE | POL | | 76 M20/259 (M)289 | 00:26:26 | 05.17 |
| 260 | 1135 | SZYGENDA Waldemar | KONIN | POL | KB AKTYWNI KONIN | 63 M20/260 (M)290 | 00:26:26 | 05.17 |
| 261 | 1606 | RAWSKI Robert | PIASECZNO | POL | MAXI | 70 M20/261 (M)291 | 00:26:27 | 05.17 |
| 262 | 183 | DĄBROWSKI Cezary | PIASECZNO | POL | MAXI PIASECZNO | 71 M20/262 (M)292 | 00:26:27 | 05.17 |
| 263 | 1571 | SWEKLEJ Paweł | WARSZAWA | POL | | 75 M20/263 (M)293 | 00:26:28 | 05.17 |
| 264 | 76 | BARAN Henryk | PODWYSOKIE | POL | ORANGE POLSKA | 74 M20/264 (M)294 | 00:26:29 | 05.17 |
| 265 | 1003 | WIETESKA Waldemar | RASZYN | POL | DZIKIE-DZIKI | 72 M20/265 (M)295 | 00:26:30 | 05.18 |
| 266 | 1463 | KUBICKI Łukasz | WARSZAWA | POL | AJRONMEN | 85 M20/266 (M)296 | 00:26:30 | 05.18 |
| 267 | 524 | ŁAŃCUCKI Dariusz | SKĘPE | POL | KS SKEPE | 87 M20/267 (M)298 | 00:26:41 | 05.20 |
| 268 | 994 | WERNIKIEWICZ Zbigniew | PŁOCK | POL | TKKF PŁOCK | 56 M20/268 (M)300 | 00:26:48 | 05.21 |
| 269 | 352 | KALINOWSKI Arkadiusz | WARSZAWA | POL | | 67 M20/269 (M)301 | 00:26:53 | 05.22 |
| 270 | 6 | PIETRUCZUK Grzegorz | WARSZAWA | POL | | 77 M20/270 (M)302 | 00:26:53 | 05.22 |
| 271 | 2 | LECH Paweł | WARSZAWA | POL | | 65 M20/271 (M)303 | 00:26:53 | 05.22 |
| 272 | 1117 | PIEKARSKI Jacek | BRWINÓW | POL | | 66 M20/272 (M)304 | 00:26:54 | 05.22 |
| 273 | 1121 | PLAK Marcin | WARSZAWA | POL | NIEZRZESZONY | 76 M20/273 (M)305 | 00:26:56 | 05.23 |
| 274 | 1441 | WRONKA Michał | WARSZAWA | POL | | 81 M20/274 (M)306 | 00:26:57 | 05.23 |
| 275 | 351 | KALICIECKI Ireneusz | WARSZAWA | POL | JELONEKRACE | 63 M20/275 (M)307 | 00:26:57 | 05.23 |
| 276 | 1016 | WIŚNIEWSKI Paweł | PULTUSK | POL | 12TRI.PL | 88 M20/276 (M)308 | 00:26:58 | 05.23 |
| 277 | 791 | SALAŁATA Radosław | WARSZAWA | POL | WSB CYTADELA | 80 M20/277 (M)309 | 00:27:00 | 05.24 |
| 278 | 1309 | GRACZYK Wojciech | WARSZAWA | POL | | 67 M20/278 (M)310 | 00:27:01 | 05.24 |
| 279 | 1500 | ZGRZEBNIAK Dominik | WARSZAWA | POL | | 84 M20/279 (M)312 | 00:27:04 | 05.24 |
| 280 | 1118 | PIKAŁA Artur | WARSZAWA | POL | EKOLOZA.ORG | 68 M20/280 (M)313 | 00:27:04 | 05.24 |
| 281 | 536 | MACHNACKI Michał | LEGIONOWO | POL | GRUPA BIEGOWA CHTMO | 76 M20/281 (M)314 | 00:27:05 | 05.25 |
| 282 | 1371 | SELEWSKI Krzysztof | WARSZAWA | POL | POLFA TARCHOMIN S.A. | 61 M20/282 (M)315 | 00:27:06 | 05.25 |
| 283 | 86 | BARYŻEWSKI Remigiusz | WARSZAWA | POL | | 85 M20/283 (M)316 | 00:27:08 | 05.25 |
| 284 | 454 | KRAWCZYK Artur | CZELADŹ | POL | ORANGE POLSKA | 72 M20/284 (M)317 | 00:27:12 | 05.26 |
| 285 | 1492 | BRZozowski Maciej | WARSZAWA | POL | NSFX | 76 M20/285 (M)318 | 00:27:12 | 05.26 |
| 286 | 807 | SIEDLECKI Tomasz | GRÓJEC | POL | AKTYWNI GRÓJEC | 85 M20/286 (M)320 | 00:27:17 | 05.27 |
| 287 | 1698 | JAKUBISIAK Grzegorz | GRÓJEC | POL | AKTYWNI GRÓJEC | 76 M20/287 (M)321 | 00:27:17 | 05.27 |
| 288 | 745 | RADZIO Bartosz | GRÓJEC | POL | AKTYWNI GRÓJEC | 75 M20/288 (M)322 | 00:27:18 | 05.27 |
| 289 | 247 | GAWRYŁO Zbigniew | WARSZAWA | POL | BEMOWSKA GRUPA POŚCIGOWA | 68 M20/289 (M)323 | 00:27:22 | 05.28 |
| 290 | 147 | CHUBA Paweł | KRASNYSTAW | POL | | 76 M20/290 (M)324 | 00:27:27 | 05.29 |
| 291 | 140 | CELEJEWSKI Przemysław | GRÓJEC | POL | | 82 M20/291 (M)325 | 00:27:30 | 05.30 |
| 292 | 920 | ŚWIERCZ Andrzej | PŁOŃSK | POL | KB IM.P.SĘKOWSKIEGO | 68 M20/292 (M)326 | 00:27:31 | 05.30 |
| 293 | 940 | TOMASZEWSKI Tomasz | WARSZAWA | POL | | 82 M20/293 (M)327 | 00:27:33 | 05.30 |
| 294 | 1239 | PIĄTEK Bogdan | ZIELONKA | POL | LECHICI ZIELONKA | 53 M20/294 (M)328 | 00:27:33 | 05.30 |
| 295 | 836 | SOBÓL Karol | WARSZAWA | POL | | 77 M20/295 (M)329 | 00:27:35 | 05.31 |
| 296 | 1585 | RAWA Marcin | WARSZAWA | POL | | 84 M20/296 (M)330 | 00:27:36 | 05.31 |
| 297 | 820 | SKOWROŃSKI Mariusz | WARSZAWA | POL | CITI-BIEGACZE | 80 M20/297 (M)331 | 00:27:38 | 05.31 |
| 298 | 1535 | GÓRNY Zdzisław | WARSZAWA | POL | | 62 M20/298 (M)332 | 00:27:40 | 05.32 |
| 299 | 1210 | JAGIEŁO Michał | LUBIENIA | POL | LUBIENIA | 86 M20/299 (M)333 | 00:27:43 | 05.32 |
| 300 | 1708 | OŁUSKI Piotr | ŁOMIANKI | POL | | 75 M20/300 (M)334 | 00:27:45 | 05.33 |
| 301 | 1082 | ZYGADŁO Piotr | WARSZAWA | POL | | 82 M20/301 (M)335 | 00:27:48 | 05.33 |
| 302 | 1264 | ZAWISTOWSKI Paweł | MSZCZONÓW | POL | KW BŁYSKAWICA | 77 M20/302 (M)336 | 00:27:49 | 05.33 |
| 303 | 1208 | INEKSIĄK Zbigniew | WARSZAWA-WESOLA | POL | | 68 M20/303 (M)337 | 00:27:49 | 05.33 |
| 304 | 642 | NOWAKOWSKI Czesław | WARSZAWA | POL | | 47 M20/304 (M)339 | 00:27:51 | 05.34 |
| 305 | 656 | OSAKOWICZ Mateusz | WARSZAWA | POL | | 80 M20/305 (M)340 | 00:27:56 | 05.35 |
| 306 | 1486 | DYMEL Piotr andrzej | WARSZAWA | POL | 12TRI.PL | 54 M20/306 (M)341 | 00:27:58 | 05.35 |
| 307 | 1597 | RADOWSKI Andrzej | WARSZAWA | POL | BRACTWO BIEGOWE BGK | 75 M20/307 (M)342 | 00:27:59 | 05.35 |
| 308 | 743 | RADULSKI Dariusz | WARSZAWA | POL | - | 78 M20/308 (M)343 | 00:27:59 | 05.35 |
| 309 | 1555 | PAMPUCH Grzegorz | ZABORÓW | POL | NIEZRZESZONY | 73 M20/309 (M)344 | 00:28:03 | 05.36 |
| 310 | 762 | ROSLAN Grzegorz | WARSZAWA | POL | AKADEMIA OBRONY NARODOWEJ | 65 M20/310 (M)345 | 00:28:06 | 05.37 |
| 311 | 557 | MAMLA Zbigniew | WARSZAWA | POL | TRUCHT TARCHOMIN TEAM | 70 M20/311 (M)346 | 00:28:08 | 05.37 |
| 312 | 1733 | SANTAREK Wojciech | SZCZECIN | POL | | 78 M20/312 (M)347 | 00:28:09 | 05.37 |
| 313 | 1664 | KOPROWSKI Paweł | LEGIONOWO | POL | RB LEGIONOWO | 75 M20/313 (M)348 | 00:28:09 | 05.37 |




| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|--------------|--------|------------------------|-------------------|----------|--|---------|------------------------|-----------|----------|
| 314 | 1263 | ZASUWA Maciej | OŻARÓW MAZOWIECKI | POL | | 75 | M20/314 (M)349 | 00:28:15 | 05.39 |
| 315 | 1166 | SZYMURA Józef | WARSZAWA | POL | | 61 | M20/315 (M)350 | 00:28:16 | 05.39 |
| 316 | 1222 | KUCZKOWSKI Jerzy | OŻARÓW MAZOWIECKI | POL | KS OŻAROWIANKA | 56 | M20/316 (M)351 | 00:28:20 | 05.40 |
| 317 | 931 | TERCZYŃSKI Paweł | WARSZAWA | POL | ORANGE POLSKA | 73 | M20/317 (M)352 | 00:28:20 | 05.40 |
| 318 | 1612 | DĄBROWSKI Tomasz | WARSZAWA | POL | | 78 | M20/318 (M)353 | 00:28:23 | 05.40 |
| 319 | 579 | MĄDRZYK Marek | KRAKÓW | POL | ORANGE POLSKA | 63 | M20/319 (M)354 | 00:28:23 | 05.40 |
| 320 | 666 | PACEWICZ Marek | ZIELONKI | POL | ORANGE POLSKA | 56 | M20/320 (M)355 | 00:28:25 | 05.41 |
| 321 | 1326 | SIDOR Krzysztof | | POL | | 68 | M20/321 (M)357 | 00:28:36 | 05.43 |
| 322 | 380 | KLEPACKI Tomasz | WARSZAWA | POL | BIELAŃSKI KB WARSZAWA | 56 | M20/322 (M)358 | 00:28:36 | 05.43 |
| 323 | 943 | TORZEWSKI Janusz | WARSZAWA | POL | | 73 | M20/323 (M)359 | 00:28:36 | 05.43 |
| 324 | 1126 | PYTŁOS Marcin | WARSZAWA | POL | 12TRI.PL | 80 | M20/324 (M)360 | 00:28:40 | 05.44 |
| 325 | 447 | KRAJEWSKI Przemysław | WARSZAWA | POL | | 73 | M20/325 (M)361 | 00:28:41 | 05.44 |
| 326 | 208 | DUCH Emil | WARSZAWA | POL | | 85 | M20/326 (M)362 | 00:28:42 | 05.44 |
| 327 | 399 | KOMOR Mirosław | PIASTÓW | POL | PIAST-PIASTÓW | 51 | M20/327 (M)363 | 00:28:42 | 05.44 |
| 328 | 1148 | KIESZEK Tadeusz | OŻARÓW MAZOWIECKI | POL | | 56 | M20/328 (M)364 | 00:28:43 | 05.44 |
| 329 | 1576 | LUBAŃSKI Stanisław | WARSZAWA | POL | MALWA TEAM SPORT | 50 | M20/329 (M)365 | 00:28:49 | 05.45 |
| 330 | 726 | PRZYBOJEWSKI Wojciech | IZABELIN | POL | | 64 | M20/330 (M)366 | 00:28:51 | 05.46 |
| 331 | 887 | SZOPIŃSKI Tomasz | GRAJEWO | POL | 12TRI.PL | 86 | M20/331 (M)367 | 00:28:56 | 05.47 |
| 332 | 542 | MAJCHERCZYK Krzysztof | WARSZAWA | POL | | 79 | M20/332 (M)368 | 00:28:56 | 05.47 |
| 333 | 861 | STĘPIEŃ Leszek | WOŁOMIN | POL | BÓBR TŁUSZCZ | 78 | M20/333 (M)369 | 00:28:59 | 05.47 |
| 334 | 603 | MIZIELIŃSKI Artur | WARSZAWA | POL | 12TRI.PL | 74 | M20/334 (M)370 | 00:28:59 | 05.47 |
| 335 | 1006 | WILGAT Adam | ZĄBKI | POL | 12TRI.PL | 71 | M20/335 (M)371 | 00:28:59 | 05.47 |
| 336 | 333 | JOŃCZYK Stanisław | LEGIONOWO | POL | SEROCK BIEGA Z HOTELEM NARWIL | 66 | M20/336 (M)372 | 00:28:59 | 05.47 |
| 337 | 528 | ŁUCZYK Janusz | POŚWIĘTNE | POL | BÓBR TŁUSZCZ | 79 | M20/337 (M)373 | 00:29:01 | 05.48 |
| 338 | 911 | ŚCIBOR Marian | ZEGRZE | POL | SEROCK BIEGA Z HOTELEM NARWIL | 72 | M20/338 (M)374 | 00:29:03 | 05.48 |
| 339 | 530 | ŁUKASIEWICZ Maciej | WARSZAWA | POL | WARSZAWIAKY | 82 | M20/339 (M)375 | 00:29:04 | 05.48 |
| 340 | 1720 | ROMAŃSKI Kazimierz | LEGIONOWO | POL | WSB CYTADELA | 64 | M20/340 (M)376 | 00:29:05 | 05.49 |
| 341 | 1721 | ROMAŃSKI Jakub | LEGIONOWO | POL | KB PIMAR LEGIONOWO | 93 | M20/341 (M)377 | 00:29:06 | 05.49 |
| 342 | 1747 | DŁUGOSZ Kamil | MRAĞOWO | POL | KLUB BIEGACZA MRAĞOWO | 86 | M20/342 (M)378 | 00:29:06 | 05.49 |
| 343 | 1170 | ZYGMONT Tomasz | WARSZAWA | POL | ŻÓŁWIE | 69 | M20/343 (M)379 | 00:29:09 | 05.49 |
| 344 | 371 | KĘPCZYŃSKI Janusz | OŻARÓW MAZOWIECKI | POL | | 49 | M20/344 (M)380 | 00:29:09 | 05.49 |
| 345 | 452 | KRASKA Tomasz | NOWE MIASTO N/P | POL | BIEGIEM PRZEZ POLSKĘ | 68 | M20/345 (M)381 | 00:29:09 | 05.49 |
| 346 | 510 | LEWIŃSKI Krzysztof | NOWE MIASTO NAD | POL | BIEGIEM PRZEZ POLSKĘ | 67 | M20/346 (M)382 | 00:29:10 | 05.50 |
| 347 | 279 | GROBELNY Marek | WARSZAWA | POL | TURBOŚLIMAKI | 73 | M20/347 (M)383 | 00:29:12 | 05.50 |
| 348 | 1607 | MIECH Sebastian | WARSZAWA | POL | STOWARZYSZENIE OSÓB NIEWIDOMYCH I SŁABOW | 77 | M20/348 (M)384 | 00:29:13 | 05.50 |
| 349 | 288 | GRZESZKIEWICZ Mirosław | WARSZAWA | POL | | 67 | M20/349 (M)385 | 00:29:13 | 05.50 |
| 350 | 1220 | KOTOWICZ Tadeusz | OTWOCK | POL | | 53 | M20/350 (M)386 | 00:29:14 | 05.50 |
| 351 | 1390 | JEDRYCH Piotr | WARSZAWA | POL | | 89 | M20/351 (M)387 | 00:29:15 | 05.51 |
| 352 | 1431 | SENATOR Ryszard | WARSZAWA | POL | ALETEMPO | 57 | M20/352 (M)388 | 00:29:20 | 05.52 |
| 353 | 1676 | GAJC Bartek | WARSZAWA | POL | | 78 | M20/353 (M)389 | 00:29:22 | 05.52 |
| 354 | 1761 | KAROLKIEWICZ Daniel | DROHICZYN | POL | ENTRE.PL TEAM | 86 | M20/354 (M)390 | 00:29:25 | 05.53 |
| 355 | 305 | JAKUBOWSKI Grzegorz | WARSZAWA | POL | | 64 | M20/355 (M)391 | 00:29:26 | 05.53 |
| 356 | 523 | ŁACHETA Jerzy | WARSZAWA | POL | POLFA TARCHOMIN S.A. | 61 | M20/356 (M)392 | 00:29:26 | 05.53 |
| 357 | 1523 | CIEPLIWSKI Piotr | WARSZAWA | POL | | 62 | M20/357 (M)393 | 00:29:28 | 05.53 |
| 358 | 1119 | PINKOSZ Leszek | ZIELONKA | POL | LECHICI ZIELONKA | 56 | M20/358 (M)394 | 00:29:31 | 05.54 |
| 359 | 377 | KILIAŃSKI Rafał | WARSZAWA | POL | TRUCHT TARCHOMIN TEAM | 72 | M20/359 (M)395 | 00:29:32 | 05.54 |
| 360 | 1182 | MOSZKOWICZ Eugeniusz | WARSZAWA | POL | KONDYCJA | 42 | M20/360 (M)396 | 00:29:32 | 05.54 |
| 361 | 1608 | MIECH Wiesław | PŁOCK | POL | STOWARZYSZENIE OSÓB NIEWIDOMYCH I SŁABOW | 54 | M20/361 (M)397 | 00:29:34 | 05.54 |
| 362 | 12 | TROJANOWSKI Jarosław | WARSZAWA | POL | | 75 | M20/362 (M)398 | 00:29:34 | 05.54 |
| 363 | 9 | KASIŃSKI Rafał | WARSZAWA | POL | | 72 | M20/363 (M)399 | 00:29:43 | 05.56 |
| 364 | 324 | JAŹDŹYK Marek | WARSZAWA | POL | 12TRI.PL | 70 | M20/364 (M)400 | 00:29:43 | 05.56 |
| 365 | 1251 | SKOCZEK Marek | SULKOWICE | POL | NIEZRZESZONY | 60 | M20/365 (M)401 | 00:29:47 | 05.57 |
| 366 | 896 | SZWED Cezary | WARSZAWA | POL | | 82 | M20/366 (M)402 | 00:29:51 | 05.58 |
| 367 | 1467 | KOT Sławomir | WARSZAWA | POL | | 69 | M20/367 (M)403 | 00:29:55 | 05.59 |
| 368 | 662 | OWCZAREK Rafał | GÓRA KALWARIA | POL | UKS OSIR GÓRA KALWARIA | 93 | M20/368 (M)404 | 00:29:57 | 05.59 |
| 369 | 933 | TOKAR Maciej | ZĄBKI | POL | KB-REBUS.PL | 79 | M20/369 (M)405 | 00:29:57 | 05.59 |
| 370 | 1755 | JEŻOWSKI Stanisław | WARSZAWA | POL | SYRENKA | 61 | M20/370 (M)406 | 00:29:59 | 05.59 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|--------------|--------|-----------------------------|------------------|----------|-------------------------------------|---------|------------------------|-----------|----------|
| 371 | 1449 | BRZOZOWSKI Piotr | WOŁOMIN | POL | KB-REBUS.PL | 69 | M20/371 (M)407 | 00:29:59 | 05.59 |
| 372 | 1236 | PACUŁT Jacek | WARSZAWA | POL | WULKANY MIŁOSCI | 67 | M20/372 (M)408 | 00:30:00 | 06.00 |
| 373 | 700 | PIOTROWSKI Adam | WARSZAWA | POL | | 72 | M20/373 (M)409 | 00:30:01 | 06.00 |
| 374 | 593 | MILCZAREK Rafał | SOCHACZEW | POL | KLUB MARATOŃCZYKA AKTYWNI SOCHACZEW | 75 | M20/374 (M)410 | 00:30:01 | 06.00 |
| 375 | 982 | WASILEWSKI Robert | WARSZAWA | POL | WSB CYTADELA | 72 | M20/375 (M)411 | 00:30:02 | 06.00 |
| 376 | 1320 | KLACZYŃSKI Adam | WARSZAWA | POL | ORANGE POLSKA | 48 | M20/376 (M)412 | 00:30:06 | 06.01 |
| 377 | 1173 | DOMAŃSKI Jacek expedyt | WARSZAWA | POL | WKS META LUBLINIEC | 41 | M20/377 (M)413 | 00:30:09 | 06.01 |
| 378 | 655 | ORZECHOWSKI Daniel | WARSZAWA | POL | 12TRI.PL | 82 | M20/378 (M)414 | 00:30:10 | 06.02 |
| 379 | 750 | RAUZER Robert | WARSZAWA | POL | | 72 | M20/379 (M)415 | 00:30:11 | 06.02 |
| 380 | 751 | RECH Andrzej | ŁÓDŹ | POL | ŁÓDŹ RUNNING TEAM | 58 | M20/380 (M)416 | 00:30:12 | 06.02 |
| 381 | 299 | IGNATOWICZ Andrzej | WARSZAWA | POL | TRUCHT TARCHOMIN TEAM | 74 | M20/381 (M)417 | 00:30:12 | 06.02 |
| 382 | 400 | KOMOREK Zenon | WARSZAWA | POL | | 56 | M20/382 (M)419 | 00:30:18 | 06.03 |
| 383 | 1533 | TALAGA Bartosz | WARSZAWA | POL | MARATONKA GRAJEWO | 70 | M20/383 (M)420 | 00:30:20 | 06.04 |
| 384 | 1654 | WAŻNY Mariusz | WARSZAWA | POL | | 72 | M20/384 (M)422 | 00:30:26 | 06.05 |
| 385 | 1658 | HENZEL Maciej | WARSZAWA | POL | | 73 | M20/385 (M)423 | 00:30:27 | 06.05 |
| 386 | 1483 | ORDARSKI Marcin | WARSZAWA | POL | | 81 | M20/386 (M)424 | 00:30:31 | 06.06 |
| 387 | 1666 | CHUDORLIŃSKI Marek | LEGIONOWO | POL | RB LEGIONOWO | 67 | M20/387 (M)425 | 00:30:31 | 06.06 |
| 388 | 96 | BIELIK Robert | JÓZEFÓW | POL | UNLEASHED | 68 | M20/388 (M)426 | 00:30:32 | 06.06 |
| 389 | 849 | STAŃCZYK Krzysztof | FIUKÓWKA | POL | V-MAX ADAMÓW | 47 | M20/389 (M)427 | 00:30:51 | 06.10 |
| 390 | 1057 | ZAPERTY Adam | WARSZAWA | POL | KB ACTIVESPORTS WARSZAWA | 47 | M20/390 (M)428 | 00:30:58 | 06.11 |
| 391 | 1035 | WRZEŚIŃSKI Wojciech | SOCHACZEW | POL | | 72 | M20/391 (M)429 | 00:31:08 | 06.13 |
| 392 | 939 | TOMASZEWSKI Leo | CYCOW | POL | LW BOGDANKA | 54 | M20/392 (M)430 | 00:31:10 | 06.14 |
| 393 | 1611 | GRASIAK Tomasz | WARSZAWA | POL | | 73 | M20/393 (M)432 | 00:31:20 | 06.16 |
| 394 | 1339 | LENDZION Sebastian | WARSZAWA | POL | | 81 | M20/394 (M)433 | 00:31:25 | 06.17 |
| 395 | 1647 | PIANKA Krzysztof maksymilia | KLEOSIN | POL | GMINA JUCHNOWIEC BIEGA | 59 | M20/395 (M)435 | 00:31:40 | 06.20 |
| 396 | 1461 | GRZESZCZAK Henryk | WARSZAWA | POL | | 50 | M20/396 (M)436 | 00:31:48 | 06.21 |
| 397 | 1524 | BADZYWSK Paweł | WARSZAWA | POL | | 71 | M20/397 (M)437 | 00:31:52 | 06.22 |
| 398 | 850 | STAROBRAT Arkadiusz | WARSZAWA | POL | ALETEMPO | 68 | M20/398 (M)439 | 00:31:57 | 06.23 |
| 399 | 1033 | WÓJCİK Zbigniew | WARSZAWA | POL | NIE ZRZESZONY | 70 | M20/399 (M)440 | 00:31:59 | 06.23 |
| 400 | 272 | GÓDŹDZ Piotr | WARSZAWA | POL | KB CASTELLANUS | 74 | M20/400 (M)441 | 00:32:05 | 06.25 |
| 401 | 1144 | GAŚIŃSKI Rafał | BORZĘCIN DUŻY | POL | | 87 | M20/401 (M)442 | 00:32:11 | 06.26 |
| 402 | 773 | RUPIEWICZ Jarosław | WARSZAWA | POL | KB CASTELLANUS | 80 | M20/402 (M)443 | 00:32:14 | 06.26 |
| 403 | 1542 | BARTOSIEWICZ Jacek | WARSZAWA | POL | | 79 | M20/403 (M)444 | 00:32:17 | 06.27 |
| 404 | 1373 | NOWORYTA Jacek | WARSZAWA | POL | | 42 | M20/404 (M)445 | 00:32:17 | 06.27 |
| 405 | 963 | UMIŃSKI Michał | WARSZAWA | POL | UMISIE | 76 | M20/405 (M)446 | 00:32:23 | 06.28 |
| 406 | 1426 | WÓJCİK Robert | WARSZAWA | POL | | 75 | M20/406 (M)447 | 00:32:35 | 06.31 |
| 407 | 781 | RZEPECKI Krzysztof | PIOTRKÓW | POL | | 79 | M20/407 (M)448 | 00:32:39 | 06.31 |
| 408 | 1146 | GWOZDECKI Paweł | SKIERNIEWICE | POL | TRUCHT MARATON SKIERNIEWICE | 70 | M20/408 (M)449 | 00:32:43 | 06.32 |
| 409 | 1349 | DUSZYŃSKI Zbigniew | WARSZAWA | POL | AKTWFSPORT | 39 | M20/409 (M)450 | 00:32:44 | 06.32 |
| 410 | 1335 | IDZKIEWICZ Marcin | WARSZAWA | POL | | 74 | M20/410 (M)451 | 00:33:59 | 06.47 |
| 411 | 1342 | MACHURA Roman | WARSZAWA | POL | LASEK BIELAŃSKI ŚCIEŻKA BIEGOWA | 40 | M20/411 (M)452 | 00:34:25 | 06.53 |
| 412 | 65 | BAJOREK Jacek | WYSZKÓW | POL | 12TRI.PL | 75 | M20/412 (M)453 | 00:34:31 | 06.54 |
| 413 | 1069 | ZIELIŃSKI Mirosław | WARSZAWA | POL | UD BIELANY | 53 | M20/413 (M)454 | 00:34:38 | 06.55 |
| 414 | 1448 | FEDOROWICZ Sebastian | WARSZAWA | POL | ADF STUDIO | 70 | M20/414 (M)456 | 00:34:56 | 06.59 |
| 415 | 594 | MILER Cezary | NASIELSK | POL | RUNNING FREE | 77 | M20/415 (M)457 | 00:35:43 | 07.08 |
| 416 | 173 | CZUPTA Hieronim | WARSZAWA | POL | AKADEMIA OBRONY NARODOWEJ | 74 | M20/416 (M)458 | 00:35:49 | 07.09 |
| 417 | 268 | GÓRAL Łukasz | ŁOMIANKI | POL | | 84 | M20/417 (M)459 | 00:37:27 | 07.29 |
| 418 | 1014 | WIŚNIEWSKI Marcin | CIECHANÓW | POL | 12TRI.PL | 90 | M20/418 (M)462 | 00:38:42 | 07.44 |
| 419 | 1372 | WYSOCKI Stanisław | WARSZAWA | POL | GWARDIA WARSZAWA | 29 | M20/419 (M)463 | 00:42:47 | 08.33 |
| 420 | 43 | TRYBULSKI Łukasz | WARSZAWA | POL | | 87 | M20/420 (M)464 | 10:24:09 | 12.67 |
| 421 | 587 | MICHALSKI Robert | WOŁOMIN | POL | | 82 | M20/421 (M)465 | 10:25:10 | 12.67 |
| 422 | 52 | ADAMCZYK Dariusz | NOWY DWÓR | POL | SEROCK BIEGA Z HOTELEM NARVIL | 68 | M20/422 (M)466 | 10:30:00 | 12.68 |
| 423 | 573 | MATYS Łukasz | WARSZAWA | POL | - | 83 | M20/423 (M)467 | 10:30:40 | 12.68 |
| 424 | 174 | CZWARNO Tomasz | WARSZAWA | POL | | 78 | M20/424 (M)468 | 10:31:57 | 12.68 |
| 425 | 332 | JOŃCA Paweł | WARSZAWA | POL | | 68 | M20/425 (M)469 | 10:31:57 | 12.68 |
| 426 | 1233 | NOWAK Piotr | WARSZAWA | POL | POWOLNIAK | 64 | M20/426 (M)471 | 10:39:22 | 12.69 |

Bieg Bieleń 5km Kobiety KATEGORIA:K20

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|--------------|--------|-------------------------------|-------------------|----------|-------------------------------|---------|------------------------|-----------|----------|
| 1 | 1130 | SNOPKOWSKA Jolanta | ZIELONKA | POL | 12TRI.PL | 87 | K20/1 (K)4 | 00:21:51 | 04.22 |
| 2 | 61 | ARTYSZUK Monika | OTWOCK | POL | JACEKBIEGA BY POWERGYM | 82 | K20/2 (K)6 | 00:22:00 | 04.24 |
| 3 | 924 | ŚWISTAK Anna | N.DWÓR MAZ. | POL | JOGGER | 88 | K20/3 (K)9 | 00:22:29 | 04.29 |
| 4 | 572 | MATWIEJCZYK Mariola | WARSZAWA | POL | HTTP://DOTRZECHDYCH.PL | 82 | K20/4 (K)10 | 00:22:40 | 04.32 |
| 5 | 706 | PLAWIAK Anna | WARSZAWA | POL | - | 83 | K20/5 (K)11 | 00:22:43 | 04.32 |
| 6 | 1096 | ŻURANIEWSKA Agnieszka | WARSZAWA | POL | TRUCHT TARCHOMIN TEAM | 77 | K20/6 (K)12 | 00:22:43 | 04.32 |
| 7 | 476 | KUBICKA Zuzanna | LEGIONOWO | POL | PUKS MŁODE ORŁY | 93 | K20/7 (K)13 | 00:22:55 | 04.35 |
| 8 | 37 | ADAMSKA Paulina | RADZYMIN | POL | DECATHLON | 90 | K20/8 (K)14 | 00:23:01 | 04.36 |
| 9 | 941 | TOMCZUK KUZKA Katarzyna | WARSZAWA | POL | | 76 | K20/9 (K)17 | 00:23:11 | 04.38 |
| 10 | 334 | JUCHNIEWICZ Lidia | PIASECZNO | POL | | 81 | K20/10 (K)19 | 00:23:43 | 04.44 |
| 11 | 1537 | BUDZIK Monika | WARSZAWA | POL | | 90 | K20/11 (K)20 | 00:24:05 | 04.49 |
| 12 | 1058 | ZARZYCKA Monika | N.DWÓR MAZ. | POL | JOGGER | 88 | K20/12 (K)21 | 00:24:08 | 04.49 |
| 13 | 898 | SZYMANEK Anna | WARSZAWA | POL | WRZECIONO TEAM | 80 | K20/13 (K)23 | 00:24:23 | 04.52 |
| 14 | 740 | RADKA Joanna | LUTOCIN | POL | KLUB BIEGACZA ERGO | 87 | K20/14 (K)24 | 00:24:27 | 04.53 |
| 15 | 899 | SZYMAŃSKA Agnieszka | N.DWÓR MAZ. | POL | JOGGER | 92 | K20/15 (K)27 | 00:25:00 | 05.00 |
| 16 | 1205 | HULANICKA Irina | WARSZAWA | POL | LASEK BIELAŃSKI TEAM | 56 | K20/16 (K)28 | 00:25:11 | 05.02 |
| 17 | 1764 | KOWALSKA Joanna | WARSZAWA | POL | | 84 | K20/17 (K)31 | 00:25:28 | 05.05 |
| 18 | 611 | MOSKAL Izabella | WARSZAWA | POL | KLUB BIEGACZA ERGO | 73 | K20/18 (K)32 | 00:25:30 | 05.06 |
| 19 | 1507 | ŁOTOWSKA Aneta | WARSZAWA | POL | | 73 | K20/19 (K)33 | 00:25:33 | 05.06 |
| 20 | 391 | KOCHANIAK Agnieszka | WARSZAWA | POL | SOLOIST | 78 | K20/20 (K)34 | 00:25:37 | 05.07 |
| 21 | 801 | MARCINKIEWICZ - KAJZER Monika | WARSZAWA | POL | PUKS MŁODE ORŁY | 76 | K20/21 (K)37 | 00:25:49 | 05.09 |
| 22 | 588 | MICHAŁOWSKA Małgorzata | N.DWÓR MAZ. | POL | JOGGER | 87 | K20/22 (K)38 | 00:25:53 | 05.10 |
| 23 | 818 | SKŁODOWSKA-JECHNA Izabela | LEGIONOWO | POL | GRUPA BIEGOWA CHTMO | 83 | K20/23 (K)39 | 00:26:08 | 05.13 |
| 24 | 1588 | MRÓZ Małgorzata | ŁOMIANKI DOLNE | POL | 12TRI.PL | 82 | K20/24 (K)41 | 00:26:23 | 05.16 |
| 25 | 1478 | CZAJKA Magdalena | WARSZAWA | POL | | 84 | K20/25 (K)42 | 00:26:26 | 05.17 |
| 26 | 1211 | JANICKA Marta | WARSZAWA | POL | | 81 | K20/26 (K)43 | 00:26:31 | 05.18 |
| 27 | 331 | JONIK Justyna | WARSZAWA | POL | WAT | 91 | K20/27 (K)44 | 00:26:34 | 05.18 |
| 28 | 1718 | PIOTRKOWICZ Agata | POMIECHOWEK | POL | | 85 | K20/28 (K)46 | 00:26:43 | 05.20 |
| 29 | 1558 | CHMIELEWSKA Bożena | WARSZAWA | POL | | 68 | K20/29 (K)47 | 00:26:49 | 05.21 |
| 30 | 977 | WAŃCZYK Magdalena | OSTRÓW MAZOWIECKA | POL | PUKS MŁODE ORŁY | 68 | K20/30 (K)48 | 00:26:56 | 05.23 |
| 31 | 308 | JANKOWSKA Katarzyna | WARSZAWA | POL | 12TRI.PL | 88 | K20/31 (K)49 | 00:26:58 | 05.23 |
| 32 | 596 | MŁOSZ Karolina | WARSZAWA | POL | | 83 | K20/32 (K)50 | 00:27:02 | 05.24 |
| 33 | 1097 | BACHAN Dorota | PULAWY | POL | CHEMIK ADBLUE PUŁAWY | 76 | K20/33 (K)52 | 00:27:19 | 05.27 |
| 34 | 653 | ORLIŃSKA Monika | SOCHACZEW | POL | KM AKTYWNI SOCHACZEW | 80 | K20/34 (K)53 | 00:27:20 | 05.28 |
| 35 | 1107 | KULMA Magdalena | GDAŃSK | POL | DRUŻYNA SZPIKU | 80 | K20/35 (K)55 | 00:27:31 | 05.30 |
| 36 | 1661 | CHODOROWSKA Maja | MILANÓWEK | POL | | 80 | K20/36 (K)56 | 00:27:32 | 05.30 |
| 37 | 1238 | PETASZO Joanna | MRAĞOWO | POL | | 77 | K20/37 (K)57 | 00:27:35 | 05.31 |
| 38 | 57 | ANDREJEW Agnieszka | ZĄBKI | POL | VW SZEWCZYK TEAM | 70 | K20/38 (K)58 | 00:27:35 | 05.31 |
| 39 | 692 | PIELACHOWSKA Beata | WARSZAWA | POL | T-MOBILE RUNNING TEAM | 64 | K20/39 (K)59 | 00:27:37 | 05.31 |
| 40 | 1488 | WIŚNIEWSKA Katarzyna | WARSZAWA | POL | INDYWIDUALISTKA | 71 | K20/40 (K)60 | 00:27:38 | 05.31 |
| 41 | 1690 | BRZOSZKIEWICZ Kinga | LUBIENIA | POL | LUBIENIA | 89 | K20/41 (K)61 | 00:27:44 | 05.32 |
| 42 | 1223 | KURZAWA Aldona | WARSZAWA | POL | ORANGE POLSKA | 67 | K20/42 (K)62 | 00:27:45 | 05.33 |
| 43 | 1671 | SERAFIN Gabriela | NOWA DĘBA | POL | | 91 | K20/43 (K)63 | 00:27:54 | 05.34 |
| 44 | 951 | TRZASKOWSKA Justyna | WARSZAWA | POL | | 82 | K20/44 (K)64 | 00:28:01 | 05.36 |
| 45 | 1218 | KOTOWICZ Joanna | OTWOCK | POL | | 84 | K20/45 (K)65 | 00:28:05 | 05.37 |
| 46 | 359 | KARŁOWICZ Anna | WARSZAWA | POL | WOLNA WOLA | 53 | K20/46 (K)66 | 00:28:10 | 05.38 |
| 47 | 108 | BOCZEK Magdalena | WARSZAWA | POL | | 81 | K20/47 (K)68 | 00:28:21 | 05.40 |
| 48 | 394 | KOCON Magdalena | WARSZAWA | POL | 12TRI.PL | 84 | K20/48 (K)69 | 00:28:29 | 05.41 |
| 49 | 565 | MARCZEWSKA Wioletta | WARSZAWA | POL | NIEZRZESZONY | 77 | K20/49 (K)71 | 00:28:44 | 05.44 |
| 50 | 1406 | STASIEWICZ Wiera | HAŚNÓWKA | POL | | 42 | K20/50 (K)72 | 00:28:44 | 05.44 |
| 51 | 829 | SNARSKA Katarzyna | JÓZEFOSŁAW | POL | I LOVE BODZIO | 81 | K20/51 (K)74 | 00:28:52 | 05.46 |
| 52 | 1455 | OŚKO Beata | WARSZAWA | POL | | 76 | K20/52 (K)75 | 00:28:55 | 05.47 |
| 53 | 1641 | MAJCHERCZYK Anna | WARSZAWA | POL | | 79 | K20/53 (K)77 | 00:28:57 | 05.47 |
| 54 | 1115 | OKUROWSKA Sylwia | LEGIONOWO | POL | SEROCK BIEGA Z HOTELEM NARWIL | 82 | K20/54 (K)78 | 00:28:59 | 05.47 |
| 55 | 1487 | ŁUKASZEWICZ Natalia | WARSZAWA | POL | | 83 | K20/55 (K)79 | 00:29:05 | 05.49 |
| 56 | 1443 | KRĘPACKA Katarzyna | WARSZAWA | POL | | 88 | K20/56 (K)80 | 00:29:08 | 05.49 |
| 57 | 509 | LEWIŃSKA Paulina | NOWE MIASTO NAD | POL | BIEGIEM PRZEZ POLSKĘ | 76 | K20/57 (K)81 | 00:29:09 | 05.49 |
| 58 | 822 | SKRZYPKOWSKA Iwona | LEGIONOWO | POL | PUKS MŁODE ORŁY | 93 | K20/58 (K)82 | 00:29:13 | 05.50 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|---------------------|---------------|---------------------------------|-------------------------|-----------------|--|----------------|-------------------------------|------------------|-----------------|
| 59 | 1219 | KOTOWICZ Kamila | OTWOCK | POL | | 86 | K20/59 (K)83 | 00:29:14 | 05.50 |
| 60 | 95 | BIELIK Anna | JÓZEFÓW | POL | UNLEASHED | 69 | K20/60 (K)84 | 00:29:15 | 05.51 |
| 61 | 833 | SOBCZAK ZYCH Marta | WARSZAWA | POL | UNLEASHED | 77 | K20/61 (K)85 | 00:29:21 | 05.52 |
| 62 | 577 | MAZUR Magdalena | STARE BABICE | POL | | 86 | K20/62 (K)86 | 00:29:22 | 05.52 |
| 63 | 1389 | SZYMAŃSKA Lucyna | WARSZAWA | POL | | 90 | K20/63 (K)87 | 00:29:23 | 05.52 |
| 64 | 1301 | MAŚLANKA Agnieszka | WARSZAWA | POL | | 71 | K20/64 (K)88 | 00:29:27 | 05.53 |
| 65 | 772 | RUBAJ Małgorzata | WARSZAWA | POL | | 76 | K20/65 (K)89 | 00:29:28 | 05.53 |
| 66 | 774 | RUTKOWSKA Małgorzata | WARSZAWA | POL | | 84 | K20/66 (K)94 | 00:29:45 | 05.57 |
| 67 | 220 | DŽUGANOWSKA Agnieszka | WARSZAWA | POL | | 73 | K20/67 (K)95 | 00:29:46 | 05.57 |
| 68 | 1244 | PROKOP Iwona | ZABORÓW | POL | - | 74 | K20/68 (K)96 | 00:29:47 | 05.57 |
| 69 | 1662 | FURMAN Magdalena | WARSZAWA | POL | | 82 | K20/69 (K)97 | 00:29:47 | 05.57 |
| 70 | 895 | SZUSTKIEWICZ Beata | SOCHACZEW | POL | KM AKTYWNI SOCHACZEW | 72 | K20/70 (K)98 | 00:29:57 | 05.59 |
| 71 | 619 | MULARCZYK Agnieszka | RASZYN | POL | DZIKIE-DZIKI | 79 | K20/71 (K)99 | 00:29:58 | 05.59 |
| 72 | 226 | DŽYGAŁO Katarzyna | NOWY DWÓR | POL | PUKS MŁODE ORŁY | 83 | K20/72 (K)100 | 00:30:01 | 06.00 |
| 73 | 469 | KRYSIAK Karolina | WARSZAWA | POL | 12TRI.PL | 79 | K20/73 (K)101 | 00:30:09 | 06.01 |
| 74 | 942 | TORZEWSKA Agnieszka | WARSZAWA | POL | | 74 | K20/74 (K)102 | 00:30:19 | 06.03 |
| 75 | 749 | RAUZER Mariola | WARSZAWA | POL | | 75 | K20/75 (K)103 | 00:30:19 | 06.03 |
| 76 | 458 | KRAWCZYŃSKA Tina | RADZIEJOWICE/ŚLABOMI | POL | | 76 | K20/76 (K)104 | 00:30:38 | 06.07 |
| 77 | 1703 | PTAŚ Jolanta | CZELADŹ | POL | TKKF MOSIR CZELADZ | 68 | K20/77 (K)105 | 00:30:41 | 06.08 |
| 78 | 1527 | KOSSON Danuta | WARSZAWA | POL | STOWARZYSZENIE OSÓB NIEWIDOMYCH I ŚLABOW | 50 | K20/78 (K)106 | 00:30:47 | 06.09 |
| 79 | 630 | NIEKRASZ-GIEREJKO Katarzyna | DZIEKANOW POLSKI | POL | | 70 | K20/79 (K)107 | 00:30:50 | 06.10 |
| 80 | 1346 | LASKOWSKA Magda | STARY LUBYTOŃ | POL | | 91 | K20/80 (K)108 | 00:30:52 | 06.10 |
| 81 | 199 | DOMINIAK - LESZCZYŃSKA Elżbieta | WARSZAWA | POL | LASY WAWERSKIE | 60 | K20/81 (K)109 | 00:30:58 | 06.11 |
| 82 | 1460 | PASIEROWSKA Monika | WARSZAWA | POL | | 73 | K20/82 (K)111 | 00:31:14 | 06.14 |
| 83 | 1494 | GUMIŃSKA Anna | WARSZAWA | POL | | 73 | K20/83 (K)112 | 00:31:23 | 06.16 |
| 84 | 1079 | ZWOLAK Joanna | WARSZAWA | POL | | 75 | K20/84 (K)113 | 00:31:23 | 06.16 |
| 85 | 1127 | QUINN Monika | WARSZAWA | POL | - | 84 | K20/85 (K)114 | 00:31:25 | 06.17 |
| 86 | 1090 | ŽMUDZKA Agnieszka | WARSZAWA | POL | UNLEASHED | 73 | K20/86 (K)115 | 00:31:41 | 06.20 |
| 87 | 1646 | PIANKA Bożenna | KLEOSIN | POL | GMINA JUCHNOWIEC BIEGA | 63 | K20/87 (K)116 | 00:31:41 | 06.20 |
| 88 | 1499 | CUPIAŁ Izabela | MARKI | POL | UNLEASHED | 82 | K20/88 (K)117 | 00:31:43 | 06.20 |
| 89 | 1623 | WASILEWSKA Agata | WARSZAWA | POL | | 78 | K20/89 (K)118 | 00:31:48 | 06.21 |
| 90 | 389 | KOBIAŁKA Róża | WARSZAWA | POL | WRZECIONO TEAM | 83 | K20/90 (K)119 | 00:32:02 | 06.24 |
| 91 | 851 | STAROBRAT Katarzyna | WARSZAWA | POL | | 69 | K20/91 (K)120 | 00:32:03 | 06.24 |
| 92 | 811 | SIERZPUTOWSKA Izabella | MIASTKOWO | POL | UMISIE | 75 | K20/92 (K)122 | 00:32:24 | 06.28 |
| 93 | 764 | ROSLAN Małgorzata | WARSZAWA | POL | HP RUN | 63 | K20/93 (K)123 | 00:32:29 | 06.29 |
| 94 | 919 | ŚWIĄTEK Ewelina | | POL | SPARTANIE DZIECIOM | 80 | K20/94 (K)124 | 00:32:34 | 06.30 |
| 95 | 133 | BULICZ-KASPRZAK Kasia | SULEJÓWEK | POL | KM AKTYWNI SOCHACZEW | 76 | K20/95 (K)125 | 00:32:39 | 06.31 |
| 96 | 1681 | STAŃCZAK JAŹDŹYK Anna | WARSZAWA | POL | | 75 | K20/96 (K)126 | 00:32:41 | 06.32 |
| 97 | 1152 | KUBICKA Marlena | SKIERNIEWICE | POL | NIEZRZESZONY | 71 | K20/97 (K)127 | 00:32:43 | 06.32 |
| 98 | 8 | LIPIŃSKA Marzena | WARSZAWA | POL | | 69 | K20/98 (K)128 | 00:32:51 | 06.34 |
| 99 | 855 | STAWICKA Jadwiga | KONSTANCIN- JEZIORNA | POL | PARK ZDROJOWY KONSTANCIN | 52 | K20/99 (K)129 | 00:32:53 | 06.34 |
| 100 | 621 | MUZYKA Barbara | WARSZAWA | POL | KOPYTKO | 70 | K20/100 (K)130 | 00:32:53 | 06.34 |
| 101 | 1538 | BETA Dorota | WARSZAWA | POL | | 72 | K20/101 (K)131 | 00:33:08 | 06.37 |
| 102 | 516 | LISOWSKA Eliza | ŁOMIANKI | POL | | 87 | K20/102 (K)132 | 00:33:26 | 06.41 |
| 103 | 696 | PIETRZYK Agnieszka | WARSZAWA | POL | | 70 | K20/103 (K)133 | 00:33:46 | 06.45 |
| 104 | 197 | DOMAŃSKA Katarzyna | PIASECZNO | POL | | 75 | K20/104 (K)134 | 00:33:55 | 06.47 |
| 105 | 886 | SZOKALSKA Aleksandra | WARSZAWA | POL | | 82 | K20/105 (K)135 | 00:34:02 | 06.48 |
| 106 | 1688 | CHMARRA Agata | WARSZAWA | POL | | 78 | K20/106 (K)136 | 00:34:11 | 06.50 |
| 107 | 1665 | CHUDORLIŃSKA Agnieszka | LEGIONOWO | POL | RB LEGIONOWO | 72 | K20/107 (K)137 | 00:34:24 | 06.52 |
| 108 | 1577 | LUBAŃSKA Elżbieta | WARSZAWA | POL | MALWA TEAM SPORT | 73 | K20/108 (K)138 | 00:34:30 | 06.54 |
| 109 | 1610 | OBORSKA Nina | WARSZAWA | POL | | 86 | K20/109 (K)139 | 00:34:56 | 06.59 |
| 110 | 1336 | GAJ Bogna maria | WARSZAWA | POL | | 70 | K20/110 (K)140 | 00:34:59 | 06.59 |
| 111 | 1360 | DZIKI Marzena | WARSZAWA | POL | ALETEMPO | 53 | K20/111 (K)141 | 00:35:28 | 07.05 |
| 112 | 316 | JAROSZEK Anna | WARSZAWA | POL | UNLEASHED | 76 | K20/112 (K)142 | 00:35:38 | 07.07 |
| 113 | 152 | CIECIERA Aneta | WARSZAWA | POL | AGR WELODROM | 74 | K20/113 (K)145 | 00:36:22 | 07.16 |
| 114 | 194 | DOBROWOLSKA Maria | MYSIADŁO | POL | | 83 | K20/114 (K)146 | 00:36:45 | 07.21 |
| 115 | 356 | KANIEWSKA Daria | ZABKI | POL | | 91 | K20/115 (K)147 | 00:37:27 | 07.29 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|---------------------|---------------|-----------------------------|-------------------------|---|--|----------------|---------------------------|------------|------------------|-----------------|
| 116 | 253 | GIERCZAK Maria | WARSZAWA |  POL | 12TRI.PL | 87 | K20/116 | (K)150 | 00:38:42 | 07.44 |
| 117 | 1609 | KARAŚ Aleksandra | PŁOCK |  POL | STOWARZYSZENIE OSÓB NIEWIDOMYCH I SŁABOW | 50 | K20/117 | (K)151 | 00:39:44 | 07.56 |
| 118 | 243 | GALICZ Krystyna | WARSZAWA |  POL | PUKS MŁODE ORŁY | 51 | K20/118 | (K)152 | 00:41:03 | 08.12 |