

MISTRZOSTWA POLSKI W TRIATHLONIE

KONOPISKA, 15 LIPCA 2012



DYSTANS SPRINT

Pływanie – 750 m (2 okrążenia)

Rower – 20 km (4 okrążenia po 5000m)

Bieg – 5 km (dobieg + 3 okrążenia po 1250m)

KATEGORIE

K16, M16 - JUNIOR(KA) MŁDOSZY(A) (1996 - 1995)

K18, M18 - JUNIOR(KA) (1994 - 1993) - **MISTRZOSTWA POLSKI**

K20, M20 - MŁODZIEŻOWA (1992 - 1989) - **MISTRZOSTWA POLSKI**

MP_K, MP_M - OPEN (1994 I STARSY) - **MISTRZOSTWA POLSKI**

K40, M40 - WETERAN I (1972 - 1963)

K50, M50 - WETERAN I (1962 - 1953)

M60 - WETERAN I (1952 -)

M-ce	Nr	Nazwisko Imię	Rok	Wiek	Klub	Kat	Msc w Kat.	MP	MSC	Pływanie	Rower	Bieg	Rezultat
1	127	KUSTER SYLWESTER	1985	27	UKS TRI-SAUCONY RUMIA			MP_M	1	00:07:35	00:32:07	00:16:50	00:57:21,65
2	99	SZYMANOWSKI PRZEMYSŁAW	1986	26	POLISH ENERGY PARTNERS			MP_M	2	00:07:38	00:32:04	00:16:52	00:57:22,05
3	33	KĄŻMIERCZAK MATEUSZ	1990	22	UKS G-8 BIELANY	M20	1	MP_M	3	00:07:39	00:32:00	00:17:38	00:58:07,65
4	79	PRZYMUSIŃSKI FILIP	1983	29	KU AZS UAM SŁUBICE			MP_M	4	00:07:37	00:32:08	00:17:52	00:58:28,75
5	21	GŁOGOWSKI ADAM	1993	19	KS AZS AWF KATOWICE	M18	1	MP_M	5	00:07:36	00:32:07	00:18:01	00:58:33,90
6	59	MARCINEK TOMASZ	1991	21	KS AZS AWF KATOWICE	M20	2	MP_M	6	00:07:28	00:32:09	00:18:15	00:58:45,90
7	2	AUGUSTYŃIAK KRZYSZTOF	1981	31	MKS PŁETVAL POLKOWOCE			MP_M	7	00:08:17	00:32:07	00:17:48	00:59:05,35
8	5	BREMBOR TOMASZ	1994	18	KS AZS AWF KATOWICE	M18	2	MP_M	8	00:07:26	00:32:10	00:18:46	00:59:14,30
9	94	STĘPŃIAK KACPER	1994	18	KLUB TRI-SPORT NIEMCZ	M18	3	MP_M	9	00:07:24	00:32:18	00:18:51	00:59:26,00
10	40	KOWALSKI DARIUSZ	1990	22	KS UAM TRIATHLON POZNAŃ	M20	3	MP_M	10	00:07:45	00:32:39	00:18:35	00:59:47,55
11	53	LEŚNIEWSKI WIKTOR	1990	22	SST DELFIN KALISZ	M20	4	MP_M	11	00:08:32	00:32:02	00:18:38	01:00:05,20
12	18	GICEWICZ NORBERT	1990	22	KS IRONMAN C/S POLSKA	M20	5	MP_M	12	00:07:22	00:32:22	00:19:36	01:00:16,15
13	87	SMĘDA BARTOSZ	1986	26	KS IRONMAN C/S POLSKA			MP_M	13	00:07:48	00:32:35	00:19:13	01:00:33,85
14	63	MICHALAK ŁUKASZ	1993	19	KS UAM TRIATHLON POZNAŃ	M18	4	MP_M	14	00:07:07	00:32:35	00:20:24	01:01:01,05
15	6	BRZÓSKA JAKUB	1993	19	TS AKWEDUKT	M18	5	MP_M	15	00:07:43	00:32:48	00:19:42	01:01:03,30
16	134	RATAJCZAK MATEUSZ	1994	18	GTT DIAMENT	M18	6	MP_M	16	00:07:54	00:32:35	00:19:48	01:01:11,85
17	133	RAK MATEUSZ	1990	22	UKS TRI-SAUCONY RUMIA	M20	6	MP_M	17	00:07:14	00:32:58	00:19:56	01:01:17,60
18	91	STANIŁ PIOTR	1991	21	TS AKWEDUKT	M20	7	MP_M	18	00:08:18	00:32:09	00:20:07	01:01:29,70
19	19	GLIŃSKI JAKUB	1993	19	JUVENIA WROCŁAW	M18	7	MP_M	19	00:07:27	00:33:05	00:20:04	01:01:30,15
20	126	KUBIAK MACIEJ	1988	24	UKS TRI-SAUCONY RUMIA			MP_M	20	00:08:47	00:33:43	00:18:11	01:01:39,60
21	93	STEFAŃSKI RAFAŁ	1993	19	KS UAM TRIATHLON POZNAŃ	M18	8	MP_M	21	00:08:01	00:32:29	00:20:25	01:01:44,25
22	24	GREMBSKI MACIEJ	1992	20	KLUB CENTRUM SPORTOWE GŁOGOWSKI TR	M20	8	MP_M	22	00:07:39	00:32:39	00:20:26	01:01:45,15
23	78	PIETRUCZUK CHRISTOPHER	1990	22	WARSZAWSKIE TOWARZYSTWO TRIATHLON	M20	9	MP_M	23	00:08:22	00:33:42	00:19:30	01:02:27,85
24	137	SCHOLTZ SZYMON	1992	20	KLUB SPORTOWY REAL 64-100 LESZNO	M20	10	MP_M	24		00:33:30	00:20:00	01:02:50,90
25	130	OLSZEWSKI MAREK	1987	25	KS IRONMAN C/S POLSKA			MP_M	25	00:08:30	00:31:57	00:21:37	01:02:57,55
26	22	GOLINIEWSKI JAKUB	1993	19	KS AZS AWF KATOWICE	M18	9	MP_M	26	00:08:24	00:33:33	00:20:23	01:03:19,45
27	57	MALINOWSKI BARTŁOMIEJ	1993	19	JUVENIA WROCŁAW	M18	10	MP_M	27	00:07:40	00:32:40	00:22:06	01:03:27,85
28	74	OSICKI DORIAN	1992	20	GKS DELF GRYFINO	M20	11	MP_M	28	00:08:55	00:33:52	00:19:39	01:03:30,45
29	90	SOWIŃSKI MIŁOSZ	1995	17	WARSZAWSKIE TOWARZYSTWO TRIATHLON	M16	1			00:08:52	00:33:56	00:19:43	01:03:32,70
30	155	PIERŚCINIENIAK RAFAŁ	1989	23	UKS G-8 BIELANY	M20	12	MP_M	29	00:07:51	00:32:25	00:22:25	01:03:38,40
31	157	BONDARUK PAWEŁ	1989	23	AZS AWF POZNAŃ MULTISPORT TEAM	M20	13	MP_M	30	00:08:56	00:33:50	00:20:05	01:03:48,55
32	8	CHMURA MACIEJ	1986	26	JUVENIA WROCŁAW			MP_M	31	00:07:29	00:32:56	00:22:36	01:04:01,80
33	46	KURYJ MAREK	1978	34	SIŁY POWIETRZNE			MP_M	32	00:09:12	00:34:50	00:19:17	01:04:23,35
34	3	BODNAR MACIEJ	1994	18	WARSZAWSKIE TOWARZYSTWO TRIATHLON	M18	11	MP_M	33	00:07:57	00:34:03	00:21:35	01:04:33,45
35	103	TYC ŁUKASZ	1993	19	KS AZS AWF KATOWICE	M18	12	MP_M	34	00:08:17	00:34:34	00:20:58	01:04:46,85
36	36	KLIMKOWSKI SZYMON	1994	18	UKL"ÓSEMKA"POLICE	M18	13	MP_M	35	00:08:29	00:34:25	00:21:01	01:05:03,70
37	114	ADAMCZYK DAWID	1994	18	GTT DIAMENT	M18	14	MP_M	36	00:08:01	00:32:34	00:23:49	01:05:11,55

M-ce	Nr	Nazwisko Imię	Rok	Wiek	Klub	Kat	Msc w Kat.	MP	MSC	Plywanie	Rower	Bieg	Rezultat
38	151	KOSMAŁA MACIEJ	1994	18	MKS "TRUSO" ELBLĄG	M18	15	MP_M	37	00:08:31	00:34:21	00:21:26	01:05:16,30
39	12	CZYŻ BARTOSZ	1990	22	YMCA KRAKÓW	M20	14	MP_M	38	00:09:15	00:35:07	00:19:42	01:05:22,05
40	163	BARWIKOWSKI KAROL	1990	22	UKS G-8 BIELANY	M20	15	MP_M	39	00:08:50	00:34:18	00:21:27	01:05:24,00
41	101	TUBACKI DAWID	1994	18	KS IRONMAN C/S POLSKA	M18	16	MP_M	40	00:08:22	00:34:19	00:21:32	01:05:24,70
42	106	WIECZOREK MICHAŁ	1994	18	YMCA KRAKÓW	M18	17	MP_M	41	00:08:09	00:34:32	00:21:38	01:05:34,95
43	11	CZYSZ ROBERT	1994	18	KS UAM TRIATHLON POZNAŃ	M18	18	MP_M	42	00:08:10	00:35:54	00:20:37	01:05:37,50
44	97	SZMAJA MICHAŁ	1994	18	KS IRONMAN C/S POLSKA	M18	19	MP_M	43	00:07:59	00:34:32	00:22:16	01:05:42,40
45	41	KOWALSKI TOMASZ	1986	26	WARSZAWSKIE TOWARZYSTWO TRIATHLON			MP_M	44	00:08:31	00:34:15	00:21:55	01:05:49,30
46	116	FURTAK JACEK	1992	20	GTT DIAMENT	M20	16	MP_M	45	00:08:48	00:33:58	00:22:24	01:06:09,25
47	71	NALEWAJA FILIP	1994	18		M18	20	MP_M	46	00:08:08	00:34:42	00:22:25	01:06:18,35
48	4	BORUTA PAWEŁ	1994	18	JUVENIA WROCŁAW	M18	21	MP_M	47	00:08:05	00:34:42	00:22:35	01:06:24,35
49	148	SZUDZIK PRZEMYSŁAW	1994	18	MKS "TRUSO" ELBLĄG	M18	22	MP_M	48	00:07:56	00:34:47	00:22:27	01:06:27,95
50	150	TOMASZEWICZ DAMIAN	1993	19	MKS "TRUSO" ELBLĄG	M18	23	MP_M	49	00:09:01	00:35:00	00:21:20	01:06:28,75
51	144	ZDUN DAMIAN	1990	22	UKS DZIEWIĄTKA OSRIR KALISZ	M20	17	MP_M	50	00:10:18	00:33:55	00:21:25	01:06:51,65
52	32	JONIEC ARTUR	1995	17	KS AZS AWF KATOWICE	M16	2			00:07:50	00:34:57	00:23:07	01:06:58,25
53	84	SANOCKI KRZYSZTOF	1994	18	KLUB CENTRUM SPORTOWE GŁOGOWSKI TR	M18	24	MP_M	51	00:08:19	00:35:02	00:22:32	01:07:37,60
54	88	SMUŻNY KRYSZTIAN	1994	18	KS IRONMAN C/S POLSKA	M18	25	MP_M	52	00:08:46	00:34:01	00:23:53	01:07:43,05
55	73	NEUMAN MARCIN	1995	17	KRS TKKF TRIATHLON	M16	3			00:09:34	00:36:29	00:21:09	01:08:42,65
56	152	KOWALSKI PATRYK	1994	18	MKS "TRUSO" ELBLĄG	M18	26	MP_M	53	00:08:57	00:37:28	00:21:14	01:08:50,90
57	160	CICHOSZEWSKI MIECZYŚLAW	1992	20	CSGT GŁOGÓW	M20	18	MP_M	54	00:08:51	00:34:57	00:24:00	01:08:57,95
58	102	TWORZEWSKI ADRIAN	1993	19	TS AKWEDUKT	M18	27	MP_M	55	00:07:55			01:09:04,00
59	48	KUŚKA ADAM	1992	20	WLKS "KMICIC" CZĘSTOCHOWA	M20	19	MP_M	56	00:10:42	00:35:43	00:21:58	01:09:36,70
60	37	KORNES JANUSZ	1970	42	KRS TKKF TRIATHLON	M40	1	MP_M	57	00:09:23	00:36:53	00:22:37	01:10:17,45
61	162	WOJDYŁA BARTŁOMIEJ	1985	27				MP_M	58	00:10:47	00:36:38	00:21:42	01:10:50,85
62	9	CIASTKO ADRIAN	1995	17	GKS DELF GRYFINO	M16	4			00:08:26	00:36:47	00:24:41	01:10:55,85
63	10	COMBIK MARCIN	1994	18	YMCA KRAKÓW	M18	28	MP_M	59	00:09:44	00:38:54	00:21:15	01:10:57,55
64	42	KOZŁOWSKI SEBASTIAN	1994	18	JUVENIA WROCŁAW	M18	29	MP_M	60	00:08:06	00:36:29	00:25:29	01:11:10,65
65	54	LIGOCKI TOMASZ	1969	43	GOMOLA TRANS AIRCO	M40	2	MP_M	61	00:10:13	00:36:01	00:23:34	01:11:18,00
66	139	URBAŃSKI BARTOSZ	1994	18	GTT DIAMENT	M18	30	MP_M	62	00:08:33			01:11:25,00
67	149	KLUCZYK ARTUR	1994	18	MKS "TRUSO" ELBLĄG	M18	31	MP_M	63	00:08:55	00:37:00	00:24:21	01:11:45,05
68	65	MILEK MATEUSZ	1987	25	KRAKÓW			MP_M	64	00:08:45	00:37:51	00:24:32	01:12:21,05
69	66	MISIASZEK JANUSZ	1958	54	TRI MAGIC	M50	1	MP_M	65	00:11:44	00:37:51	00:21:42	01:12:25,70
70	146	TOLWIŃSKI BOGUSŁAW	1968	44	MKS "TRUSO" ELBLĄG	M40	3	MP_M	66	00:10:00	00:38:21	00:23:20	01:13:14,00
71	109	WÓJCIK ARTUR	1973	39	WLKS "KMICIC" CZĘSTOCHOWA			MP_M	67	00:11:31	00:39:14	00:21:22	01:13:27,85
72	38	KOSEK MICHAŁ	1994	18	TS AKWEDUKT	M18	32	MP_M	68	00:09:18			01:13:30,00
73	86	SKOWROŃSKI TOMASZ	1993	19	SST DELFIN KALISZ	M18	33	MP_M	69	00:11:24	00:38:03	00:24:19	01:14:43,25
74	35	KLEPACKI TOMASZ	1956	56		M50	2	MP_M	70	00:11:35	00:38:09	00:23:17	01:14:56,70
75	124	KORONOWSKI ANDRZEJ	1994	18	ULKS TRIATHLON LUBIN	M18	34	MP_M	71	00:09:30			01:15:01,00
76	95	SUFRAŃOWICZ JERZY	1954	58	TRIATHLON DĄBROWA GÓRNICZA	M50	3	MP_M	72	00:10:44	00:36:49	00:26:34	01:15:47,85
77	159	PACAN JAN	1996	16	UKS WODNIK 29	M16	5			00:08:51	00:42:51	00:23:12	01:15:55,00
78	92	STEFANIAK GRZEGORZ	1978	34	KLUB SPORTOWY TRIATHLON RAWA			MP_M	73	00:13:40	00:35:25	00:25:08	01:16:12,30
79	77	PĄGOWSKI BOGUSŁAW	1964	48	TRONIK TRIATHLON TEAM	M40	4	MP_M	74	00:14:22	00:34:39	00:25:37	01:16:25,85
80	111	ZASADA WITOLD	1971	41	XTRI.PL	M40	5	MP_M	75	00:11:38	00:37:52	00:27:04	01:18:10,90
81	122	KITA PAWEŁ	1993	19	ULKS TRIATHLON LUBIN	M18	35	MP_M	76	00:10:05	00:39:35	00:27:38	01:18:13,65
82	17	DUDA MAREK	1971	41		M40	6	MP_M	77	00:11:29	00:37:30	00:27:55	01:18:36,20
83	147	DARMETKO TOMASZ	1994	18	MKS "TRUSO" ELBLĄG	M18	36	MP_M	78	00:11:45	00:42:09	00:23:04	01:18:37,05
84	67	MISTYGACZ BARTŁOMIEJ	1984	28	WIERZCHLAS			MP_M	79	00:14:41	00:41:25	00:20:45	01:18:44,75
85	110	ZAJFERT STANISŁAW	1948	64	TKKF DĄBROWA GÓRNICZA	M60	1	MP_M	80	00:12:01	00:37:48	00:28:08	01:19:03,55
86	140	WASILEWSKI RYSZARD	1950	62	TRIATHLON DĄBROWA GÓRNICZA	M60	2	MP_M	81	00:13:36	00:37:52	00:25:26	01:19:10,65
87	96	SZELIGA WOJCIECH	1969	43	IMIELIN	M40	7	MP_M	82	00:11:23	00:41:07	00:25:30	01:19:53,00
88	13	ĆWIAKOWSKI ALEKSANDER	1996	16	WLKS "KMICIC" CZĘSTOCHOWA	M16	6			00:09:11	00:40:58	00:28:14	01:20:05,35
89	100	ŚWIERKULA MARCIN	1987	25	SOSNOWIEC			MP_M	83	00:12:55	00:37:50	00:28:14	01:20:12,55

M-ce	Nr	Nazwisko Imię	Rok	Wiek	Klub	Kat	Msc w Kat.	MP	MSC	Pływanie	Rower	Bieg	Rezultat
90	34	KĘPIŃSKI HENRYK	1953	59	KB SPARTAKUS BELCHATÓW	M50	4	MP_M	84	00:13:56	00:41:13	00:22:57	01:20:24,20
91	81	RAŻNY DANIEL	1995	17	YMCA KRAKÓW	M16	7			00:10:57	00:41:25	00:29:17	01:22:36,50
92	158	PRZYBYŁ KAROL	1994	18	AZS AWF POZNAŃ MULTISPORT TEAM	M18	37	MP_M	85	00:10:50	00:40:13	00:31:28	01:23:40,45
93	27	HESSE ULRICH	1966	46	TSV RUSTENFELDE	M40	8			00:14:15	00:37:56	00:30:36	01:24:08,80
94	89	SMYŁA ROBERT	1978	34				MP_M	86	00:13:37	00:42:44	00:28:35	01:27:14,60
95	23	GÓRNY MARIAN	1952	60		M60	3	MP_M	87	00:14:09	00:42:02	00:30:02	01:27:48,95
96	105	WELM GRZEGORZ	1970	42		M40	9	MP_M	88	00:16:06	00:45:58	00:24:46	01:28:21,65
97	113	ŻESŁAWSKI ROBERT WIKTOR	1972	40		M40	10	MP_M	89	00:13:29	00:48:38	00:26:17	01:30:00,25
98	82	RUTKOWSKI MICHAŁ	1975	37	KLUB SPORTOWY TRIATHLON RAWA			MP_M	90	00:15:59	00:44:35	00:28:20	01:30:31,40
99	98	SZURGOT DARIUSZ	1967	45	CZĘSOCHOWA	M40	11	MP_M	91	00:15:46	00:47:14	00:26:43	01:32:16,90
100	112	ZĘBIK DOMINIK	1996	16	WLKS "KMICIC" CZĘSTOCHOWA	M16	8			00:13:36	00:48:29	00:30:22	01:33:57,70
101	117	GINALSKI ZBIGNIEW	1938	74	TRIATHLON DĄBROWA GÓRNICZA	M60	4	MP_M	92	00:16:24	00:46:58	00:32:27	01:38:22,45
102	14	ĆWIAKOWSKI MACIEJ	1997	15	WLKS "KMICIC" CZĘSTOCHOWA					00:13:44	00:49:50	00:42:25	01:47:52,00