

II Bieg o Koronę Księżnej Dąbrówki

WYNIKI ZAWODÓW / RESULTS LIST

Bieg

Organizator: Gminny Ośrodek Sportu i Rekreacji w Dopiewie

Data: 27 maja 2012 r.

Miejsce: Dąbrówka

Dystans: 10km

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik | | Tempo m/km | diff Net | 5km | Check points |
|-------------|-----------|-------------------------|---------------------|--------------|----------------------------|------------|-----------------------|--------|----------|---------------|-------------|----------|--------------|
| | | | | | | | | Total | Net | | | | |
| 1 | 291 | MUŚLEWSKI Maciej | WŁOŚCIEJEWKI | | POL | 87 | M20/1 | M / 1 | 00:36:04 | 00:36:03 | 03.36 | +0:00:01 | 0:18:18 / 1 |
| 2 | 290 | NASKRĘT Sławomir | GRZEBIENISKO | | POL | 74 | M20/2 | M / 2 | 00:37:27 | 00:37:27 | 03.44 | +0:01:24 | 0:18:49 / 2 |
| 3 | 163 | WICHŁACZ Paweł | POZNAŃ | | POL | 83 | M20/3 | M / 3 | 00:37:43 | 00:37:41 | 03.46 | +0:01:38 | 0:19:11 / 6 |
| 4 | 15 | BIAŁAS Adrian | GOSTYŃ | | POL | 92 | M20/4 | M / 4 | 00:38:18 | 00:38:17 | 03.49 | +0:02:15 | 0:18:57 / 4 |
| 5 | 337 | KAROLCZAK Piotr | POZNAŃ | | POL | 82 | M20/5 | M / 5 | 00:38:40 | 00:38:39 | 03.51 | +0:02:36 | 0:18:50 / 3 |
| 6 | 85 | MAJŁOWSKI Piotr | POZNAŃ | | POL | 88 | M20/6 | M / 6 | 00:39:08 | 00:39:07 | 03.54 | +0:03:04 | 0:19:01 / 5 |
| 7 | 184 | BRANDENBURG Józef | DOPIEWO | | POL | 55 | M50/1 | Gmin/1 | 00:39:12 | 00:39:11 | 03.55 | +0:03:09 | 0:19:29 / 7 |
| 8 | 31 | FLAK-MARCINKOWSKI Jacek | OPALENICA | | POL | 67 | M40/1 | M / 8 | 00:39:12 | 00:39:10 | 03.55 | +0:03:08 | 0:19:37 / 10 |
| 9 | 127 | RZESZEWSKI Mateusz | POZNAŃ | | POL | 70 | M40/2 | M / 9 | 00:39:14 | 00:39:12 | 03.55 | +0:03:09 | 0:19:51 / 11 |
| 10 | 281 | MAJEK Piotr | DĄBRÓWKA | | POL | 92 | M20/7 | Gmin/2 | 00:39:16 | 00:39:15 | 03.55 | +0:03:13 | 0:19:51 / 12 |
| 11 | 83 | MAIK Tomasz | DOPIEWO | | POL | 87 | M20/8 | Gmin/3 | 00:39:36 | 00:39:34 | 03.57 | +0:03:32 | 0:19:29 / 8 |
| 12 | 108 | PLACZEK Piotr | POZNAN | | POL | 62 | M50/2 | M / 12 | 00:39:44 | 00:39:44 | 03.58 | +0:03:41 | 0:19:37 / 9 |
| 13 | 298 | RYSIUKIEWICZ Stanisław | POZNAŃ | | POL | 75 | M20/9 | M / 13 | 00:40:21 | 00:40:19 | 04.01 | +0:04:16 | 0:20:24 / 15 |
| 14 | 86 | MANTAS Tomasz | POZNAŃ | | POL | 73 | M20/10 | M / 14 | 00:40:24 | 00:40:21 | 04.02 | +0:04:19 | 0:20:23 / 14 |
| 15 | 194 | ZABEL Robert | POZNAŃ | | POL | 77 | M20/11 | M / 15 | 00:40:39 | 00:40:38 | 04.03 | +0:04:35 | 0:20:19 / 13 |
| 16 | 331 | WIECZORKOWSKI Władysław | POZNAŃ | | POL | 56 | M50/3 | M / 16 | 00:41:17 | 00:41:16 | 04.07 | +0:05:13 | 0:20:24 / 16 |
| 17 | 272 | ZAGÓRSKI Tomasz | DĄBRÓWKA | | POL | 80 | M20/12 | M / 17 | 00:41:33 | 00:41:27 | 04.08 | +0:05:25 | 0:21:05 / 21 |
| 18 | 82 | MAIK Piotr | DOPIEWO | | POL | 78 | M20/13 | Gmin/4 | 00:41:33 | 00:41:30 | 04.09 | +0:05:28 | 0:20:55 / 18 |
| 19 | 164 | WIDERAK Rafał | POZNAŃ | | POL | 75 | M20/14 | M / 19 | 00:41:43 | 00:41:40 | 04.10 | +0:05:37 | 0:20:33 / 17 |
| 20 | 175 | WOSIK Maciej | LUBOŃ | | POL | 95 | M16/1 | M / 20 | 00:42:08 | 00:42:05 | 04.12 | +0:06:02 | 0:20:59 / 19 |
| 21 | 33 | GALICA Bartosz | SKÓRZEWO | | POL | 73 | M20/15 | Gmin/5 | 00:42:34 | 00:42:33 | 04.15 | +0:06:30 | 0:21:14 / 23 |
| 22 | 321 | ROSAK Maciej | POZNAŃ | | POL | 77 | M20/16 | M / 22 | 00:42:49 | 00:42:45 | 04.16 | +0:06:42 | 0:21:34 / 24 |
| 23 | 17 | BŁASZCZAK Krystian | NIEPRUSZEWO | | POL | 83 | M20/17 | M / 23 | 00:42:52 | 00:42:48 | 04.16 | +0:06:45 | 0:22:13 / 30 |
| 24 | 136 | SOBCZAK Janusz | POZNAŃ | | POL | 60 | M50/4 | M / 24 | 00:42:54 | 00:42:52 | 04.17 | +0:06:50 | 0:21:34 / 25 |
| 25 | 193 | BANACH Tomasz | POZNAŃ | | POL | 76 | M20/18 | M / 25 | 00:42:55 | 00:42:53 | 04.17 | +0:06:50 | 0:21:03 / 20 |
| 26 | 74 | KULIŃSKI Bogdan | GŁOGÓW | | POL | 59 | M50/5 | M / 26 | 00:42:59 | 00:42:58 | 04.17 | +0:06:55 | 0:21:09 / 22 |

SZPIKU













| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total Net | | Tempo m/km | diff Net | Check points | | |
|-----------------|---------------|-----------------------------|-------------------------|------------------|----------------------------------|----------------|---------------------------|------------------------|----------|-------------------|-----------------|---------------------|--------------|--------------|
| 27 | 295 | SZCZĘŚNIAK Piotr | POZNAŃ | POL | FIRST STAGE | 83 | M20/19 | M / 27 | 00:43:05 | 00:43:03 | 04.18 | +0:07:00 | 0:21:40 / 26 | |
| 28 | 155 | SZYMCZAK Wojciech | POZNAŃ | POL | PARAGRAF | 88 | M20/20 | M / 28 | 00:43:10 | 00:43:07 | 04.18 | +0:07:05 | 0:21:46 / 27 | |
| 29 | 174 | WOLNY Zbigniew | STRYKOWO | POL | SPÓJNIA STRYKOWO | 70 | M40/3 | M / 29 | 00:43:44 | 00:43:41 | 04.22 | +0:07:39 | 0:22:33 / 34 | |
| 30 | 273 | KOWAL Dagmar | DĄBRÓWKA | POL | ŚMIGAJĄCE ŚLIMAKI | 76 | M20/21 | Gmin/6 | M / 30 | 00:43:49 | 00:43:43 | 04.22 | +0:07:40 | 0:22:13 / 31 |
| 31 | 129 | SADOWSKI Arkadiusz | OPALENICA | POL | GRODZISKI KLUB BIEGACZA | 67 | M40/4 | M / 31 | 00:43:54 | 00:43:48 | 04.22 | +0:07:45 | 0:22:21 / 32 | |
| 32 | 80 | ŁOCHOWSKI Witold | DĄBRÓWKA | POL | TEAM KEEN ON RUN | 75 | M20/22 | Gmin/7 | M / 32 | 00:44:16 | 00:44:13 | 04.25 | +0:08:10 | 0:22:13 / 29 |
| 33 | 227 | FLORASZEK Arkadiusz | KÓRNIK | POL | | 72 | M40/5 | M / 33 | 00:44:31 | 00:44:18 | 04.25 | +0:08:16 | 0:22:47 / 36 | |
| 34 | 224 | MAJEWSKI Piotr | KORNIK | POL | | 61 | M50/6 | M / 34 | 00:44:47 | 00:44:46 | 04.28 | +0:08:44 | 0:21:57 / 28 | |
| 35 | 300 | CISZEWSKI Tomasz | POZNAŃ | POL | | 72 | M40/6 | M / 35 | 00:44:59 | 00:44:48 | 04.28 | +0:08:45 | 0:22:53 / 38 | |
| 36 | 323 | BUDYCH Bartosz | BUK | POL | BUKOWSKI KLUB BIEGACZA/NASZ GŁOS | 79 | M20/23 | M / 36 | 00:45:01 | 00:44:58 | 04.29 | +0:08:55 | 0:22:29 / 33 | |
| | | | | | POZNAŃS | | | | | | | | | |
| 37 | 277 | BLUMSKI Aleksander | POZNAŃ | POL | | 77 | M20/24 | M / 37 | 00:45:45 | 00:45:32 | 04.33 | +0:09:29 | 0:22:45 / 35 | |
| 38 | 34 | GALICKI Robert | POZNAŃ | POL | R-RUN | 72 | M40/7 | M / 38 | 00:45:48 | 00:45:43 | 04.34 | +0:09:41 | 0:23:20 / 43 | |
| 39 | 59 | KLISOWSKI Grzegorz | ŚRODA WLKP. | POL | KB ŚRODA WLKP. | 80 | M20/25 | M / 39 | 00:45:52 | 00:45:50 | 04.35 | +0:09:47 | 0:22:52 / 37 | |
| 40 | 303 | RANOSZEK Anna | DĄBROWKA | POL | DRUŻYNA SZPIKU | 77 | K20/1 | Gmin/8 | K / 1 | 00:45:54 | 00:45:53 | 04.35 | +0:09:50 | 0:23:13 / 40 |
| 41 | 262 | NAPIERAŁA Tomasz | DĄBRÓWKA | POL | TEAM KEEN ON RUN | 73 | M20/26 | Gmin/9 | M / 40 | 00:45:55 | 00:45:51 | 04.35 | +0:09:49 | 0:23:17 / 41 |
| 42 | 30 | FERT Bartosz | SZCZECIN | POL | PTW TRYTON SR | 86 | M20/27 | M / 41 | 00:45:56 | 00:45:53 | 04.35 | +0:09:50 | 0:23:19 / 42 | |
| 43 | 118 | RATAJCZAK Rajmund | POZNAŃ | POL | | 62 | M50/7 | M / 42 | 00:46:33 | 00:46:31 | 04.39 | +0:10:28 | 0:23:03 / 39 | |
| 44 | 292 | DOMAŃSKI Jarosław | POZNAŃ | POL | | 80 | M20/28 | M / 43 | 00:47:01 | 00:46:52 | 04.41 | +0:10:49 | 0:24:05 / 55 | |
| 45 | 218 | WIŚNIEWSKI Łukasz | DĄBRÓWKA | POL | | 79 | M20/29 | Gmin/10 | M / 44 | 00:47:09 | 00:47:07 | 04.42 | +0:11:04 | 0:23:30 / 44 |
| 46 | 246 | WALENTYNOWICZ Klaudiusz | DĄBRÓWKA | POL | TGV FRESH TEAM | 73 | M20/30 | Gmin/11 | M / 45 | 00:47:12 | 00:46:58 | 04.41 | +0:10:56 | 0:23:41 / 48 |
| 47 | 259 | JAKUBIAK Krzysztof | POZNAŃ | POL | MALTA POZNAŃ | 54 | M50/8 | M / 46 | 00:47:18 | 00:47:15 | 04.43 | +0:11:12 | 0:23:31 / 45 | |
| 48 | 238 | BOROWSKI Marian | MALTA POZNAŃ | POL | | 50 | M60/1 | M / 47 | 00:47:18 | 00:47:13 | 04.43 | +0:11:10 | 0:23:32 / 47 | |
| 49 | 293 | LIPIECKA Aldona | SWARZĘDZ | POL | BBL - POZNAŃ | 67 | K40/1 | K / 2 | 00:47:32 | 00:47:29 | 04.44 | +0:11:27 | 0:23:41 / 49 | |
| 50 | 313 | ZAKRZEWSKI Krzysztof | PAŁĘDZIE | POL | | 71 | M40/8 | Gmin/12 | M / 48 | 00:47:35 | 00:47:31 | 04.45 | +0:11:29 | 0:24:08 / 56 |
| 51 | 212 | SZCZEPAŃSKI Sławomir | POZNAŃ | POL | SP | 76 | M20/31 | M / 49 | 00:47:44 | 00:47:41 | 04.46 | +0:11:39 | 0:23:31 / 46 | |
| 52 | 47 | JĘDRZEJCZAK Piotr | SKÓRZEWO | POL | | 78 | M20/32 | Gmin/13 | M / 50 | 00:48:17 | 00:48:13 | 04.49 | +0:12:11 | 0:23:51 / 50 |
| 53 | 84 | MAJEK Jarosław | DĄBRÓWKA | POL | MAJ-EXADTEAM | 67 | M40/9 | Gmin/14 | M / 51 | 00:48:19 | 00:48:17 | 04.49 | +0:12:15 | 0:23:55 / 51 |
| 54 | 152 | SZUKALSKI Jakub | POZNAŃ | POL | MONEY INVEST | 78 | M20/33 | M / 52 | 00:48:32 | 00:48:23 | 04.50 | +0:12:21 | 0:24:05 / 54 | |
| 55 | 19 | BRUSS Krzysztof | ZALASEWO | POL | EURO-STYL TEAM | 71 | M40/10 | M / 53 | 00:48:39 | 00:48:37 | 04.51 | +0:12:35 | 0:24:19 / 58 | |
| 56 | 97 | NUCKOWSKI Rafał | LUBOŃ | POL | NUCKI TEAM | 74 | M20/34 | M / 54 | 00:48:58 | 00:48:51 | 04.53 | +0:12:49 | 0:24:41 / 61 | |
| 57 | 8 | ANDRZEJCZAK Filip | BIERZGLINEK | POL | NIUNIUS TEAM | 91 | M20/35 | M / 55 | 00:48:58 | 00:48:49 | 04.52 | +0:12:46 | 0:24:45 / 62 | |
| 58 | 46 | JANUSZKIEWICZ Łukasz | KOŁOBRZEG | POL | PARTIA UK | 87 | M20/36 | M / 56 | 00:49:02 | 00:48:57 | 04.53 | +0:12:54 | 0:23:57 / 52 | |
| 59 | 130 | SIDEŁ Gerard | POZNAŃ | POL | MALTA POZNAŃ | 71 | M40/11 | M / 57 | 00:49:09 | 00:49:05 | 04.54 | +0:13:03 | 0:24:50 / 64 | |
| 60 | 256 | BIEGAŃSKI Piotr | DĄBRÓWKA | POL | | 78 | M20/37 | M / 58 | 00:49:09 | 00:49:05 | 04.54 | +0:13:03 | 0:24:17 / 57 | |
| 61 | 226 | JASICZA Jakub | DĄBRÓWKA | POL | | 83 | M20/38 | Gmin/15 | M / 59 | 00:49:13 | 00:49:08 | 04.54 | +0:13:05 | 0:24:21 / 59 |
| 62 | 280 | PODSKOK Dominik | KOMORNIKI | POL | BBL | 78 | M20/39 | M / 60 | 00:49:15 | 00:49:12 | 04.55 | +0:13:09 | 0:24:46 / 63 | |
| 63 | 301 | PRYL Michał | SKÓRZEWO /K. | POL | BBL | 79 | M20/40 | M / 61 | 00:49:18 | 00:49:15 | 04.55 | +0:13:13 | 0:23:59 / 53 | |
| 64 | 43 | HORBULEWICZ Mikołaj | PUSZCZYKOWO | POL | PARAGRAF | 87 | M20/41 | M / 62 | 00:49:25 | 00:49:23 | 04.56 | +0:13:20 | 0:24:25 / 60 | |
| 65 | 58 | KINASTOWSKI Piotr | POZNAŃ | POL | MALTA POZNAŃ | 44 | M60/2 | M / 63 | 00:49:36 | 00:49:35 | 04.57 | +0:13:32 | 0:24:54 / 67 | |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total Net | | Tempo m/km | diff Net | Check points | |
|-----------------|---------------|-----------------------------|-------------------------|------------------|--------------------------------|----------------|---------------------------|------------------------|----------|-------------------|-----------------|---------------------|---------------|
| 66 | 335 | SOLARCZYK Piotr | DĄBRÓWKA | POL | | 77 | M20/42 | M / 64 | 00:49:53 | 00:49:46 | 04.58 | +0:13:43 | 0:25:35 / 75 |
| 67 | 188 | PIECHOWIAK Maciej | DĄBRÓWKA | POL | HSHG | 79 | M20/43 | Gmin/16 M / 65 | 00:50:00 | 00:49:55 | 04.59 | +0:13:52 | 0:25:26 / 74 |
| 68 | 156 | ŚWIĄTEK Agata | OPALENICA | POL | - | 93 | K16/1 | K / 3 | 00:50:01 | 00:50:00 | 05.00 | +0:13:57 | 0:25:22 / 72 |
| 69 | 315 | STEFAŃSKI Dawid | KONARZEWO | POL | | 96 | M16/2 | Gmin/17 M / 66 | 00:50:01 | 00:49:53 | 04.59 | +0:13:51 | 0:26:04 / 85 |
| 70 | 287 | RYBARCZYK Mateusz | DOPIEWIEC | POL | | 98 | M16/3 | M / 67 | 00:50:03 | 00:49:55 | 04.59 | +0:13:53 | 0:26:04 / 84 |
| 71 | 231 | OSTAJEWSKI Tomasz | LWÓWEK | POL | - | 75 | M20/44 | M / 68 | 00:50:04 | 00:49:53 | 04.59 | +0:13:51 | 0:26:29 / 94 |
| 72 | 62 | KOCZOROWSKI Jakub | DĄBRÓWKA | POL | | 80 | M20/45 | Gmin/18 M / 69 | 00:50:08 | 00:50:00 | 05.00 | +0:13:58 | 0:25:35 / 76 |
| 73 | 16 | BINIĘDA Rafał | LUBANIE | POL | -NIEZRZESZONY | 87 | M20/46 | M / 70 | 00:50:24 | 00:50:20 | 05.02 | +0:14:17 | 0:25:04 / 69 |
| 74 | 275 | SOBANIEC Cezary | DĄBRÓWKA | POL | | 73 | M20/47 | Gmin/19 M / 71 | 00:50:28 | 00:50:22 | 05.02 | +0:14:20 | 0:25:01 / 68 |
| 75 | 317 | KAWECKI Sławomir | KOMORNIKI | POL | -NIEZRZESZONY | 81 | M20/48 | M / 72 | 00:50:35 | 00:50:27 | 05.02 | +0:14:25 | 0:25:39 / 78 |
| 76 | 39 | HACZYK Paweł | POZNAŃ | POL | NIEZRZESZONY | 83 | M20/49 | M / 73 | 00:50:47 | 00:50:40 | 05.04 | +0:14:38 | 0:25:43 / 81 |
| 77 | 225 | NIEDZIELSKI Dariusz | POZNAŃ | POL | | 80 | M20/50 | M / 74 | 00:50:49 | 00:50:47 | 05.04 | +0:14:44 | 0:25:19 / 71 |
| 78 | 22 | BRYCHCY Mateusz | POZNAŃ | POL | BYLE DO METY | 78 | M20/51 | M / 75 | 00:50:54 | 00:50:37 | 05.03 | +0:14:34 | 0:25:41 / 79 |
| 79 | 32 | FURMAŃCZYK Grzegorz | DĄBROWA | POL | | 73 | M20/52 | Gmin/20 M / 76 | 00:50:55 | 00:50:51 | 05.05 | +0:14:49 | 0:24:53 / 66 |
| 80 | 341 | ŁAPAWA Dariusz | POZNAŃ | POL | URZĄD MIASTA POZNAŃ | 83 | M20/53 | M / 77 | 00:50:55 | 00:50:54 | 05.05 | +0:14:51 | 0:26:16 / 90 |
| 81 | 308 | MACHOŃSKI Bartosz | POZNAŃ | POL | | 74 | M20/54 | M / 78 | 00:51:02 | 00:50:56 | 05.05 | +0:14:54 | 0:25:43 / 80 |
| 82 | 230 | SIKORSKI Waldemar | KÓRNIK | POL | | 72 | M40/12 | M / 79 | 00:51:05 | 00:51:03 | 05.06 | +0:15:01 | 0:24:52 / 65 |
| 83 | 255 | MRÓZ Cezary | DĄBRÓWKA | POL | | 75 | M20/55 | Gmin/21 M / 80 | 00:51:31 | 00:51:27 | 05.08 | +0:15:25 | 0:25:37 / 77 |
| 84 | 56 | KELAR Łukasz | SKÓRZEWO | POL | NIEZRZESZONY | 74 | M20/56 | Gmin/22 M / 81 | 00:51:43 | 00:51:41 | 05.10 | +0:15:39 | 0:26:24 / 91 |
| 85 | 192 | DUDZIAK Grzegorz | MOSINA | POL | LIMARO | 87 | M20/57 | M / 82 | 00:51:43 | 00:51:41 | 05.10 | +0:15:38 | 0:25:25 / 73 |
| 86 | 249 | OLEJNIK Miłka | POZNAŃ | POL | DRUŻYNA SZPIKU | 78 | K20/2 | K / 4 | 00:51:55 | 00:51:47 | 05.10 | +0:15:44 | 0:26:50 / 99 |
| 87 | 322 | BIZOŃ Barbara | POZNAŃ | POL | | 87 | K20/3 | K / 5 | 00:52:09 | 00:51:56 | 05.11 | +0:15:54 | 0:26:55 / 103 |
| 88 | 140 | STACHOWIAK Marek | ROKIETNICA | POL | -NIEZRZESZONY | 78 | M20/58 | M / 83 | 00:52:15 | 00:52:03 | 05.12 | +0:16:01 | 0:26:37 / 96 |
| 89 | 103 | PIDUCH Jan | POZNAŃ | POL | MSICS- POZNAŃ | 49 | M60/3 | M / 84 | 00:52:20 | 00:52:13 | 05.13 | +0:16:11 | 0:26:33 / 95 |
| 90 | 177 | WOSIŃSKI Artur | POZNAŃ | POL | | 78 | M20/59 | M / 85 | 00:52:22 | 00:52:13 | 05.13 | +0:16:11 | 0:26:53 / 102 |
| 91 | 131 | SIDEŁ Marita | POZNAŃ | POL | MALTA POZNAŃ | 72 | K40/2 | K / 6 | 00:52:27 | 00:52:23 | 05.14 | +0:16:20 | 0:26:11 / 86 |
| 92 | 270 | MOROZ Katarzyna | PALĘDZIE | POL | | 80 | K20/4 | Gmin/23 K / 7 | 00:52:31 | 00:52:25 | 05.14 | +0:16:22 | 0:25:59 / 82 |
| 93 | 170 | WOJCIECHOWSKA Aleksandra | KOMORNIKI | POL | -NIEZRZESZONY | 86 | K20/5 | K / 8 | 00:52:33 | 00:52:26 | 05.14 | +0:16:23 | 0:26:25 / 92 |
| 94 | 263 | KALAMAT Małgorzata | POZNAŃ | POL | ROLNA PANIE | 73 | K20/6 | K / 9 | 00:52:41 | 00:52:34 | 05.15 | +0:16:32 | 0:26:11 / 87 |
| 95 | 264 | MIRECKI Tomasz | POZNAŃ | POL | | 74 | M20/60 | M / 86 | 00:52:41 | 00:52:35 | 05.15 | +0:16:32 | 0:26:11 / 88 |
| 96 | 146 | ŚWINARSKI Robert | POZNAŃ | POL | | 61 | M50/9 | M / 87 | 00:52:45 | 00:52:32 | 05.15 | +0:16:30 | 0:27:23 / 110 |
| 97 | 176 | WOSIK Przemysław | LUBOŃ | POL | LUBOŃSKI KLUB BIEGACZA | 76 | M20/61 | M / 88 | 00:52:46 | 00:52:33 | 05.15 | +0:16:30 | 0:25:13 / 70 |
| 98 | 261 | MARCINKOWSKI Mikołaj | DĄBRÓWKA | POL | | 75 | M20/62 | M / 89 | 00:52:58 | 00:52:51 | 05.17 | +0:16:48 | 0:26:26 / 93 |
| 99 | 171 | WOLNA Elżbieta | STRYKOWO | POL | | 73 | K20/7 | K / 10 | 00:53:01 | 00:52:52 | 05.17 | +0:16:50 | 0:27:36 / 116 |
| 100 | 200 | NOWAK Jerzy | CHLUDOWO | POL | | 50 | M60/4 | M / 90 | 00:53:05 | 00:52:57 | 05.17 | +0:16:55 | 0:26:50 / 100 |
| 101 | 216 | SOBALA Łukasz | POZNAŃ | POL | MORSY POZNAŃ | 82 | M20/63 | M / 91 | 00:53:06 | 00:52:54 | 05.17 | +0:16:51 | 0:26:51 / 101 |
| 102 | 169 | WIŚNIEWSKI Mariusz | POZNAŃ | POL | WOLNY ŁAZARZ | 55 | M50/10 | M / 92 | 00:53:18 | 00:53:16 | 05.19 | +0:17:13 | 0:25:59 / 83 |
| 103 | 310 | DARANIAK Adam | MOSINA | POL | | 79 | M20/64 | M / 93 | 00:53:18 | 00:53:12 | 05.19 | +0:17:09 | 0:27:07 / 107 |
| 104 | 23 | BYSTRZANOWSKI Sylwester | SKÓRZEWO | POL | | 75 | M20/65 | M / 94 | 00:53:39 | 00:53:07 | 05.18 | +0:17:04 | 0:27:29 / 114 |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total Net | | Tempo m/km | diff Net | Check points | |
|-----------------|---------------|-----------------------------|-------------------------|------------------|--------------------------------|----------------|---------------------------|------------------------|----------|-------------------|-----------------|---------------------|---------------|
| 105 | 102 | PACZYŃSKI Tomasz | DABRÓWKA | POL | | 81 | M20/66 | M / 95 | 00:53:42 | 00:53:24 | 05.20 | +0:17:21 | 0:29:14 / 155 |
| 106 | 279 | WIECZOREK Michał | PLEWISKA | POL | CZERWONY SMOK POZNAŃ | 81 | M20/67 | M / 96 | 00:53:45 | 00:53:31 | 05.21 | +0:17:29 | 0:28:26 / 140 |
| 107 | 343 | BEJMA Tomasz | | POL | | 76 | M20/68 | Gmin/24 M / 97 | 00:54:02 | 00:53:51 | 05.23 | +0:17:49 | 0:27:34 / 115 |
| 108 | 207 | SIKORA Szymon | SKÓRZEWO | POL | BIL-CUP | 73 | M20/69 | Gmin/25 M / 98 | 00:54:02 | 00:53:43 | 05.22 | +0:17:40 | 0:28:02 / 127 |
| 109 | 24 | CHUDZIŃSKA Kasia | DABROWKA | POL | NIEZRZESZONA | 75 | K20/8 | Gmin/26 K / 11 | 00:54:06 | 00:54:03 | 05.24 | +0:18:01 | 0:27:02 / 104 |
| 110 | 201 | PAJAŁ Grzegorz | POZNAŃ | POL | | 72 | M40/13 | M / 99 | 00:54:07 | 00:54:02 | 05.24 | +0:18:00 | 0:26:13 / 89 |
| 111 | 210 | DYJETA Filip | SKÓRZEWO | POL | BIL-CUP | 96 | M16/4 | Gmin/27 M / 100 | 00:54:09 | 00:53:51 | 05.23 | +0:17:48 | 0:28:23 / 137 |
| 112 | 271 | CIECIERSKI Przemysław | SKÓRZEWO | POL | | 75 | M20/70 | Gmin/28 M / 101 | 00:54:11 | 00:53:58 | 05.23 | +0:17:55 | 0:27:54 / 126 |
| 113 | 173 | WOLNIEWICZ Klaudia | DOPIEWO | POL | SIM DOPIEWO | 97 | K16/2 | Gmin/29 K / 12 | 00:54:13 | 00:54:06 | 05.24 | +0:18:03 | 0:26:39 / 98 |
| 114 | 208 | DORUCH Sergiusz | POZNAŃ | POL | BIL-CUP | 96 | M16/5 | M / 102 | 00:54:22 | 00:54:03 | 05.24 | +0:18:01 | 0:28:23 / 136 |
| 115 | 251 | MICHALIK Krzysztof | GRZYBOWO | POL | PARTIA UK | 87 | M20/71 | M / 103 | 00:54:23 | 00:54:18 | 05.25 | +0:18:15 | 0:27:36 / 118 |
| 116 | 316 | KALINOWSKI Tomasz | BATOROWO | POL | GENERALI RUNNING TEAM | 71 | M40/14 | M / 104 | 00:54:28 | 00:54:13 | 05.25 | +0:18:11 | 0:27:24 / 112 |
| 117 | 119 | RAU Marcin | DABRÓWKA | POL | -NIEZRZESZONY | 76 | M20/72 | Gmin/30 M / 105 | 00:54:35 | 00:54:30 | 05.27 | +0:18:28 | 0:27:43 / 121 |
| 118 | 93 | NOWAK Tomasz | ZAKRZEWO | POL | STN RAIDER POZNAŃ | 74 | M20/73 | Gmin/31 M / 106 | 00:54:40 | 00:54:30 | 05.27 | +0:18:27 | 0:27:23 / 111 |
| 119 | 237 | LESIŃSKI Maciej | DABROWA | POL | | 71 | M40/15 | M / 107 | 00:54:42 | 00:54:40 | 05.28 | +0:18:38 | 0:28:10 / 133 |
| 120 | 70 | KOWALSKI Sławomir | POZNAŃ | POL | | 61 | M50/11 | M / 108 | 00:54:46 | 00:54:32 | 05.27 | +0:18:30 | 0:27:14 / 108 |
| 121 | 151 | SZOSTAK Dorota | POZNAŃ | POL | | 80 | K20/9 | K / 13 | 00:54:57 | 00:54:52 | 05.29 | +0:18:50 | 0:27:15 / 109 |
| 122 | 214 | DZIUBAŁKA Agata | POZNAŃ | POL | BBL | 79 | K20/10 | K / 14 | 00:55:07 | 00:55:05 | 05.30 | +0:19:02 | 0:27:06 / 105 |
| 123 | 324 | KOWALSKI Janusz | POZNAŃ | POL | | 79 | M20/74 | M / 109 | 00:55:37 | 00:55:21 | 05.32 | +0:19:18 | 0:28:17 / 135 |
| 124 | 245 | WALKOWIAK Tomasz | ZAKRZEWO | POL | | 78 | M20/75 | M / 110 | 00:55:42 | 00:55:38 | 05.33 | +0:19:35 | 0:27:27 / 113 |
| 125 | 77 | LIPSKI Artur | DABRÓWKA | POL | -NIEZRZESZONY | 80 | M20/76 | M / 111 | 00:55:43 | 00:55:32 | 05.33 | +0:19:29 | 0:29:07 / 150 |
| 126 | 276 | KUBERKA Tomasz | DABROWKA | POL | D76ERS | 76 | M20/77 | Gmin/32 M / 112 | 00:55:45 | 00:55:32 | 05.33 | +0:19:30 | 0:28:35 / 144 |
| 127 | 60 | KNYCHAŁA Magdalena | POZNAŃ | POL | POZNAŃ LIGHT | 85 | K20/11 | K / 15 | 00:55:53 | 00:55:40 | 05.34 | +0:19:38 | 0:27:40 / 119 |
| 128 | 61 | KNYCHAŁA Michał | POZNAŃ | POL | POZNAŃ LIGHT | 82 | M20/78 | M / 113 | 00:55:53 | 00:55:41 | 05.34 | +0:19:38 | 0:27:40 / 120 |
| 129 | 186 | KOSIAK Natalia | POZNAŃ | POL | | 87 | K20/12 | K / 16 | 00:55:55 | 00:55:46 | 05.34 | +0:19:44 | 0:27:36 / 117 |
| 130 | 215 | KRÓL Andrzej | DABRÓWKA | POL | | 80 | M20/79 | M / 114 | 00:55:59 | 00:55:48 | 05.34 | +0:19:45 | 0:29:07 / 151 |
| 131 | 213 | BUKALSKI Zbigniew | LUBOŃ | POL | | 70 | M40/16 | M / 115 | 00:56:07 | 00:55:58 | 05.35 | +0:19:55 | 0:27:53 / 125 |
| 132 | 228 | FLORASZEK Małgorzata | KÓRNIK | POL | | 73 | K20/13 | K / 17 | 00:56:11 | 00:55:59 | 05.35 | +0:19:57 | 0:28:04 / 129 |
| 133 | 172 | WOLNIEWICZ Daria | DOPIEWO | POL | -NIEZRZESZONY | 92 | K20/14 | Gmin/33 K / 18 | 00:56:20 | 00:56:13 | 05.37 | +0:20:10 | 0:27:52 / 123 |
| 134 | 309 | PRAWUCCI Karol | DABRÓWKA | POL | | 79 | M20/80 | M / 116 | 00:56:23 | 00:56:13 | 05.37 | +0:20:10 | 0:26:39 / 97 |
| 135 | 153 | SZYMAŃSKI Jerzy | SKÓRZEWO | POL | | 54 | M50/12 | M / 117 | 00:56:24 | 00:56:02 | 05.36 | +0:20:00 | 0:28:04 / 130 |
| 136 | 132 | SILBERNAGEL-URBAN Julia | OWIŃSKA | POL | | 78 | K20/15 | K / 19 | 00:56:31 | 00:56:18 | 05.37 | +0:20:16 | 0:28:11 / 134 |
| 137 | 202 | SKRZYPKOWIAK Kamila | POZNAŃ | POL | -NIEZRZESZONY | 73 | K20/16 | K / 20 | 00:56:31 | 00:56:21 | 05.38 | +0:20:19 | 0:28:24 / 139 |
| 138 | 203 | SKRZYPKOWIAK Paweł | POZNAŃ | POL | DALKIA ETS | 70 | M40/17 | M / 118 | 00:56:31 | 00:56:22 | 05.38 | +0:20:19 | 0:28:24 / 138 |
| 139 | 110 | POPIELAS Roman | GOŁUSKI | POL | | 76 | M20/81 | Gmin/34 M / 119 | 00:56:38 | 00:56:20 | 05.38 | +0:20:17 | 0:28:58 / 148 |
| 140 | 305 | WALKOWIAK Grzegorz | POBIEDZISKA | POL | | 80 | M20/82 | M / 120 | 00:56:40 | 00:56:24 | 05.38 | +0:20:22 | 0:29:04 / 149 |
| 141 | 94 | NOWAK Zbigniew | DABRÓWKA | POL | | 53 | M50/13 | Gmin/35 M / 121 | 00:56:43 | 00:56:33 | 05.39 | +0:20:30 | 0:27:52 / 124 |
| 142 | 92 | NOWAK Piotr | LUSÓWKO | POL | | 81 | M20/83 | M / 122 | 00:56:43 | 00:56:36 | 05.39 | +0:20:33 | 0:27:51 / 122 |
| 143 | 197 | GRZYBOWSKA Jolanta | STALOWA WOLA | POL | - | 85 | K20/17 | K / 21 | 00:56:45 | 00:56:36 | 05.39 | +0:20:34 | 0:29:10 / 153 |
| 144 | 294 | CHYLINSKI Dawid | LUBOŃ | POL | | 82 | M20/84 | M / 123 | 00:56:47 | 00:56:38 | 05.39 | +0:20:35 | 0:28:03 / 128 |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total Net | | Tempo m/km | diff Net | Check points | |
|-----------------|---------------|-----------------------------|-------------------------|------------------|--------------------------------|----------------|---------------------------|------------------------|----------|-------------------|-----------------|---------------------|---------------|
| 145 | 304 | NAWROT Alina | ŚREM | POL | | 77 | K20/18 | K / 22 | 00:56:52 | 00:56:37 | 05.39 | +0:20:34 | 0:29:19 / 157 |
| 146 | 35 | GIERSZEWSKA Barbara | POZNAŃ | POL | | 54 | K50/1 | K / 23 | 00:56:54 | 00:56:49 | 05.40 | +0:20:46 | 0:28:10 / 132 |
| 147 | 45 | HORNIK Mariusz | STĘSZEW | POL | | 72 | M40/18 | M / 124 | 00:57:01 | 00:56:59 | 05.41 | +0:20:57 | 0:27:07 / 106 |
| 148 | 302 | CIERZNAK Monika | DABROWKA | POL | DRUŻYNA SZPIKU | 76 | K20/19 | Gmin/36 K / 24 | 00:57:37 | 00:57:35 | 05.45 | +0:21:33 | 0:28:35 / 145 |
| 149 | 142 | STEC Krzysztof | DĄBRÓWKA | POL | -NIEZRZESZONY | 78 | M20/85 | M / 125 | 00:57:50 | 00:57:44 | 05.46 | +0:21:41 | 0:29:36 / 162 |
| 150 | 150 | SZEWCIK Natalia | DĄBRÓWKA | POL | | 79 | K20/20 | K / 25 | 00:57:50 | 00:57:44 | 05.46 | +0:21:42 | 0:29:36 / 163 |
| 151 | 25 | CIEPIELEWSKI Dawid | DĄBRÓWKA | POL | HERBU GRYP :-) | 81 | M20/86 | Gmin/37 M / 126 | 00:57:53 | 00:57:48 | 05.46 | +0:21:45 | 0:28:40 / 146 |
| 152 | 90 | NIEDZIELSKI Piotr | DĄBROWA | POL | | 74 | M20/87 | Gmin/38 M / 127 | 00:57:54 | 00:57:40 | 05.46 | +0:21:37 | 0:29:56 / 167 |
| 153 | 244 | OSIŃSKI Arkadiusz | PALĘDZIE | POL | | 73 | M20/88 | Gmin/39 M / 128 | 00:57:55 | 00:57:52 | 05.47 | +0:21:50 | 0:28:09 / 131 |
| 154 | 187 | KOSICKI Adrian | POZNAŃ | POL | | 89 | M20/89 | M / 129 | 00:57:57 | 00:57:42 | 05.46 | +0:21:39 | 0:29:09 / 152 |
| 155 | 220 | SKOWRON Krzysztof | SKÓRZEWO | POL | | 66 | M40/19 | Gmin/40 M / 130 | 00:58:07 | 00:57:58 | 05.47 | +0:21:56 | 0:29:26 / 158 |
| 156 | 120 | REMBACZ Andrzej | SUCHY LAS | POL | | 79 | M20/90 | M / 131 | 00:58:09 | 00:57:56 | 05.47 | +0:21:54 | 0:30:04 / 171 |
| 157 | 128 | SADOWSKA Iwona | OPALENICA | POL | - | 73 | K20/21 | K / 26 | 00:58:14 | 00:58:08 | 05.48 | +0:22:05 | 0:28:27 / 141 |
| 158 | 306 | SADOWSKI Marian | OPALENICA | POL | | 99 | M16/6 | M / 132 | 00:58:15 | 00:58:07 | 05.48 | +0:22:05 | 0:28:27 / 142 |
| 159 | 41 | HOFFMANN Robert | SKÓRZEWO | POL | -NIEZRZESZONY | 65 | M40/20 | Gmin/41 M / 133 | 00:58:24 | 00:58:13 | 05.49 | +0:22:11 | 0:28:29 / 143 |
| 160 | 253 | GŁADYŚ Marcin | PALĘDZIE | POL | NIEZRZESZONY | 74 | M20/91 | Gmin/42 M / 134 | 00:58:31 | 00:58:22 | 05.50 | +0:22:20 | 0:29:43 / 166 |
| 161 | 159 | WALKOWSKI Przemek | ZŁOTNIKI | POL | | 83 | M20/92 | M / 135 | 00:58:47 | 00:58:38 | 05.51 | +0:22:35 | 0:29:39 / 164 |
| 162 | 339 | ŻABIEREK Joanna | DĄBRÓWKA | POL | | 79 | K20/22 | K / 27 | 00:58:55 | 00:58:49 | 05.52 | +0:22:46 | 0:29:42 / 165 |
| 163 | 234 | TOMIAK Dominik | KOMORNIKI | POL | - | 80 | M20/93 | M / 136 | 00:58:58 | 00:58:43 | 05.52 | +0:22:41 | 0:29:28 / 160 |
| 164 | 67 | KOŚMICKA Marzena | DOPIEWO | POL | SIM DOPIEWO | 71 | K40/3 | Gmin/43 K / 28 | 00:58:58 | 00:58:51 | 05.53 | +0:22:48 | 0:29:12 / 154 |
| 165 | 332 | MALDZIS Andrzej | POZNAN | POL | -NIEZRZESZONY | 61 | M50/14 | M / 137 | 00:59:04 | 00:58:49 | 05.52 | +0:22:46 | 0:30:00 / 168 |
| 166 | 248 | JASTRZĘBSKI Wojciech | POZNAŃ | POL | BYLE DO METY | 72 | M40/21 | M / 138 | 00:59:09 | 00:58:52 | 05.53 | +0:22:49 | 0:30:39 / 179 |
| 167 | 223 | OLEJNICZAK Patryk | DĄBROWA | POL | | 80 | M20/94 | Gmin/44 M / 139 | 00:59:11 | 00:59:07 | 05.54 | +0:23:04 | 0:29:14 / 156 |
| 168 | 325 | SOBCZAK Rafał | | POL | | 71 | M40/22 | M / 140 | 00:59:28 | 00:59:12 | 05.55 | +0:23:09 | 0:28:56 / 147 |
| 169 | 144 | SULKOWSKI Jarosław | POZNAŃ | POL | BIEGAM BO LUBIĘ | 72 | M40/23 | M / 141 | 00:59:32 | 00:59:18 | 05.55 | +0:23:15 | 0:29:28 / 159 |
| 170 | 285 | JACKOWIAK Edyta | POZNAŃ | POL | R-RUN | 76 | K20/23 | K / 29 | 00:59:36 | 00:59:19 | 05.55 | +0:23:16 | 0:30:15 / 175 |
| 171 | 239 | KOBYLIŃSKI Piotr | KOBYLNICA | POL | -NIEZRZESZONY | 52 | M60/5 | M / 142 | 00:59:38 | 00:59:28 | 05.56 | +0:23:26 | 0:30:24 / 176 |
| 172 | 38 | HACZYK Anna | POZNAŃ | POL | NIEZRZESZONA | 77 | K20/24 | K / 30 | 00:59:57 | 00:59:50 | 05.59 | +0:23:47 | 0:30:15 / 174 |
| 173 | 161 | WALNIK Monika | SKORZEWO | POL | -NIEZRZESZONY | 81 | K20/25 | K / 31 | 01:00:00 | 00:59:51 | 05.59 | +0:23:48 | 0:30:07 / 172 |
| 174 | 49 | JOB Piotr | POZNAŃ | POL | ROLL4LIFE | 75 | M20/95 | M / 143 | 01:00:01 | 00:59:56 | 05.59 | +0:23:53 | 0:30:41 / 180 |
| 175 | 48 | JOB Małgorzata | POZNAŃ | POL | MARATONYPOLSKIE.PL TEAM | 75 | K20/26 | K / 32 | 01:00:01 | 00:59:56 | 05.59 | +0:23:53 | 0:30:41 / 181 |
| 176 | 51 | KACZMAREK Michał | POZNAŃ | POL | ZABIEGANY.PL | 79 | M20/96 | M / 144 | 01:00:07 | 00:59:58 | 05.59 | +0:23:56 | 0:30:27 / 177 |
| 177 | 189 | GMUR Kinga | DĄBRÓWKA | POL | | 76 | K20/27 | Gmin/45 K / 33 | 01:00:09 | 01:00:01 | 06.00 | +0:23:59 | 0:31:04 / 184 |
| 178 | 76 | KWAŚNIEWSKI Wojciech | KOMORNIKI | POL | | 74 | M20/97 | M / 145 | 01:00:20 | 00:59:59 | 05.59 | +0:23:56 | 0:31:13 / 185 |
| 179 | 319 | CHRUSZCZEWSKI Michał | KOMORNIKI | POL | | 83 | M20/98 | M / 146 | 01:00:22 | 01:00:15 | 06.01 | +0:24:12 | 0:30:00 / 169 |
| 180 | 209 | GAWROŃSKI Marek | SKÓRZEWO | POL | BIL-CUP | 80 | M20/99 | Gmin/46 M / 147 | 01:00:43 | 01:00:24 | 06.02 | +0:24:21 | 0:30:11 / 173 |
| 181 | 327 | BALCERZAK Robert | DĄBRÓWKA | POL | | 70 | M40/24 | Gmin/47 M / 148 | 01:01:28 | 01:01:09 | 06.06 | +0:25:07 | 0:31:58 / 194 |
| 182 | 134 | SKRZYPEK Katarzyna | DĄBRÓWKA | POL | - | 80 | K20/28 | Gmin/48 K / 34 | 01:01:28 | 01:01:17 | 06.07 | +0:25:14 | 0:31:54 / 193 |
| 183 | 138 | SOBIERAŁSKI Radosław | DĄBRÓWKA | POL | - | 84 | M20/100 | Gmin/49 M / 149 | 01:01:39 | 01:01:35 | 06.09 | +0:25:32 | 0:31:21 / 187 |
| 184 | 334 | ORŁOWICZ Marta | DĄBRÓWKA | POL | | 84 | K20/29 | Gmin/50 K / 35 | 01:01:40 | 01:01:34 | 06.09 | +0:25:32 | 0:30:04 / 170 |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total Net | Tempo m/km | diff Net | Check points |
|-----------------|---------------|-----------------------------|-------------------------|------------------|--------------------------------|----------------|---------------------------|------------------------|-------------------|-----------------|---------------------|
| 185 | 137 | SOBIERALSKA Justyna | DĄBRÓWKA | POL | - | 84 | K20/30 Gmin/51 K / 36 | 01:01:56 01:01:51 | 06.11 | +0:25:49 | 0:31:21 / 186 |
| 186 | 330 | DUDEK Rafał | DĄBRÓWKA | POL | | 62 | M50/15 M / 150 | 01:02:12 01:01:55 | 06.11 | +0:25:52 | 0:30:32 / 178 |
| 187 | 265 | WOŹNY Marcin | POZNAŃ | POL | -NIEZRZESZONY | 78 | M20/101 M / 151 | 01:02:22 01:02:04 | 06.12 | +0:26:02 | 0:32:44 / 199 |
| 188 | 206 | JAROSZ Michał | DĄBRÓWKA | POL | -NIEZRZESZONY | 83 | M20/102 Gmin/52 M / 152 | 01:02:23 01:02:08 | 06.12 | +0:26:06 | 0:32:39 / 198 |
| 189 | 21 | BRYCHCY Jarosław | POZNAŃ | POL | BYLE DO METY | 52 | M60/6 M / 153 | 01:02:23 01:02:05 | 06.12 | +0:26:03 | 0:31:39 / 190 |
| 190 | 79 | LISIECKA Karolina | GNIEZNO | POL | -NIEZRZESZONY | 84 | K20/31 K / 37 | 01:02:48 01:02:37 | 06.15 | +0:26:34 | 0:30:53 / 182 |
| 191 | 18 | BOGACKI Marcin | PALĘDZIE | POL | -NIEZRZESZONY | 74 | M20/103 Gmin/53 M / 154 | 01:02:48 01:02:37 | 06.15 | +0:26:34 | 0:30:53 / 183 |
| 192 | 336 | KUBICKA Kasia | | POL | | 82 | K20/32 K / 38 | 01:02:59 01:02:45 | 06.16 | +0:26:43 | 0:31:43 / 191 |
| 193 | 260 | BLASZAK Przemysław | POZNAŃ | POL | | 61 | M50/16 M / 155 | 01:03:03 01:02:57 | 06.17 | +0:26:55 | 0:29:35 / 161 |
| 194 | 27 | CZUCHRA Anna | POZNAŃ | POL | | 80 | K20/33 K / 39 | 01:03:05 01:02:56 | 06.17 | +0:26:53 | 0:31:27 / 188 |
| 195 | 63 | KOCZOROWSKA Małgorzata | DĄBRÓWKA | POL | | 80 | K20/34 Gmin/54 K / 40 | 01:03:27 01:03:20 | 06.20 | +0:27:17 | 0:31:29 / 189 |
| 196 | 278 | BLUMSKA Maja | | POL | | 77 | K20/35 K / 41 | 01:04:56 01:04:42 | 06.28 | +0:28:40 | 0:32:20 / 195 |
| 197 | 107 | PISANKO Agnieszka | DĄBROWA | POL | -NIEZRZESZONY | 75 | K20/36 K / 42 | 01:05:00 01:04:45 | 06.28 | +0:28:43 | 0:31:48 / 192 |
| 198 | 158 | WALICH Piotr | DOPIEWO | POL | -NIEZRZESZONY | 85 | M20/104 M / 156 | 01:05:00 01:04:48 | 06.28 | +0:28:45 | 0:34:32 / 208 |
| 199 | 338 | GRATKOWSKI Marek | | POL | | 70 | M40/25 M / 157 | 01:05:11 01:04:50 | 06.29 | +0:28:48 | 0:33:18 / 203 |
| 200 | 258 | PETROV Dmitry | DĄBRÓWKA | POL | BIELKA I STRIELKA | 85 | M20/105 Gmin/55 M / 158 | 01:05:15 01:04:58 | 06.29 | +0:28:55 | 0:33:41 / 206 |
| 201 | 180 | ZAWADZKI Przemysław | DĄBRÓWKA | POL | -NIEZRZESZONY | 83 | M20/106 Gmin/56 M / 159 | 01:06:31 01:06:17 | 06.37 | +0:30:14 | 0:33:34 / 205 |
| 202 | 178 | WYDYMUS Szymon | SWARZĘDZ | POL | | 86 | M20/107 M / 160 | 01:06:36 01:06:36 | 06.39 | +0:30:33 | 0:37:14 / 224 |
| 203 | 78 | LIS Marcin | SWARZĘDZ | POL | HKT AZYMUT | 77 | M20/108 M / 161 | 01:06:37 01:06:37 | 06.39 | +0:30:34 | 0:37:15 / 225 |
| 204 | 240 | PALUCH Lidia | POZNAŃ | POL | | 76 | K20/37 K / 43 | 01:06:40 01:06:27 | 06.38 | +0:30:24 | 0:32:37 / 196 |
| 205 | 241 | IRENEUSZ Paluch | POZNAŃ | POL | | 72 | M40/26 M / 162 | 01:06:41 01:06:28 | 06.38 | +0:30:25 | 0:32:37 / 197 |
| 206 | 123 | ROSSA Mieczysław | LUBOŃ | POL | KB LUVENA | 53 | M50/17 M / 163 | 01:06:52 01:06:39 | 06.39 | +0:30:37 | 0:32:53 / 200 |
| 207 | 267 | BLIMEL Marcin | POZNAŃ | POL | | 79 | M20/109 M / 164 | 01:07:06 01:06:48 | 06.40 | +0:30:46 | 0:33:18 / 202 |
| 208 | 115 | PTAK Dorota | POZNAŃ | POL | | 70 | K40/4 K / 44 | 01:09:19 01:09:04 | 06.54 | +0:33:02 | 0:34:35 / 210 |
| 209 | 114 | PTAK Dariusz | POZNAŃ | POL | - | 68 | M40/27 M / 165 | 01:09:19 01:09:05 | 06.54 | +0:33:02 | 0:34:35 / 209 |
| 210 | 96 | NOWAKOWSKI Błażej | POZNAŃ | POL | | 79 | M20/110 M / 166 | 01:09:31 01:09:20 | 06.56 | +0:33:18 | 0:33:20 / 204 |
| 211 | 333 | MAJKA Joanna | DĄBROWA | POL | SAINT-GOBAIN SQUAD | 85 | K20/38 Gmin/57 K / 45 | 01:09:43 01:09:32 | 06.57 | +0:33:29 | 0:35:01 / 215 |
| 212 | 135 | SKUPIN Agata | SUCHY LAS | POL | | 87 | K20/39 K / 46 | 01:09:44 01:09:28 | 06.56 | +0:33:25 | 0:34:57 / 214 |
| 213 | 326 | SZYDŁOWSKI Rafał | POZNAŃ | POL | | 70 | M40/28 M / 167 | 01:10:27 01:10:07 | 07.00 | +0:34:05 | 0:36:20 / 222 |
| 214 | 328 | BALCERZAK Anna | DĄBRÓWKA | POL | | 68 | K40/5 Gmin/58 K / 47 | 01:10:27 01:10:08 | 07.00 | +0:34:05 | 0:36:20 / 223 |
| 215 | 269 | MOROZ Wojciech | PALĘDZIE | POL | | 81 | M20/111 Gmin/59 M / 168 | 01:10:28 01:10:20 | 07.02 | +0:34:18 | 0:34:37 / 211 |
| 216 | 204 | KASIERSKA Ewa katarzyna | POZNAŃ | POL | WKB META LUBLINIEC | 48 | K60/1 K / 48 | 01:11:23 01:11:13 | 07.07 | +0:35:11 | 0:35:49 / 219 |
| 217 | 87 | MICHALSKI Mateusz | DĄBRÓWKA | POL | | 84 | M20/112 M / 169 | 01:11:23 01:11:13 | 07.07 | +0:35:10 | 0:35:49 / 218 |
| 218 | 312 | KURNELA Magdalena | | POL | | 73 | K20/40 K / 49 | 01:12:01 01:11:55 | 07.11 | +0:35:53 | 0:33:43 / 207 |
| 219 | 195 | DUDUŚ Marek | POZNAŃ | POL | KB MANIAC POZNAŃ | 71 | M40/29 M / 170 | 01:12:13 01:11:48 | 07.10 | +0:35:45 | 0:34:49 / 212 |
| 220 | 196 | WIĘCKOWSKA Paulina | POZNAŃ | POL | | 78 | K20/41 K / 50 | 01:12:13 01:11:47 | 07.10 | +0:35:44 | 0:34:49 / 213 |
| 221 | 257 | JANUSZEWSKI Andrzej | DĄBRÓWKA | POL | BIELKA I STRIELKA | 81 | M20/113 Gmin/60 M / 171 | 01:12:59 01:12:42 | 07.16 | +0:36:39 | 0:35:44 / 216 |
| 222 | 254 | JANUSZEWSKI Aleksander | SUCHY LAS | POL | | 73 | M20/114 M / 172 | 01:12:59 01:12:42 | 07.16 | +0:36:39 | 0:35:44 / 217 |
| 223 | 299 | PRONIŃSKA Angelika | DOPIEWO | POL | | 98 | K16/3 K / 51 | 01:13:19 01:13:17 | 07.19 | +0:37:15 | 0:33:06 / 201 |
| 224 | 44 | HORNIK Agnieszka | STĘSZEW | POL | | 73 | K20/42 K / 52 | 01:13:26 01:13:24 | 07.20 | +0:37:22 | 0:36:07 / 220 |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total Net | | Tempo m/km | diff Net | Check points | |
|-----------------|---------------|-----------------------------|-------------------------|---|--------------------------------|----------------|---------------------------|------------------------|-----------------|-------------------|-----------------|---------------------|---------------|
| 225 | 66 | KORBAS Anita | OPALENICA |  POL | OPALENICKI KLUB BIEGACZA | 75 | K20/43 | K / 53 | 01:13:39 | 01:13:23 | 07.20 | +0:37:21 | 0:37:44 / 226 |
| 226 | 329 | GŁOWACKA Justyna | DABRÓWKA |  POL | | 75 | K20/44 | K / 54 | 01:14:00 | 01:14:00 | 07.24 | +0:37:57 | |
| 227 | 229 | WICHLACZ Małgorzata | POZNAŃ |  POL | | 60 | K50/2 | K / 55 | 01:15:16 | 01:15:13 | 07.31 | +0:39:11 | 0:36:12 / 221 |
| 228 | 165 | WIERZBIŃSKA Izabela | OPALENICA |  POL | OPALENICKI KLUB BIEGACZA | 72 | K40/6 | K / 56 | 01:16:26 | 01:16:10 | 07.37 | +0:40:07 | 0:38:43 / 230 |
| 229 | 160 | WALNIK Maciej | SOSNOWIEC |  POL | -NIEZRZESZONY | 74 | M20/115 | M / 173 | 01:16:39 | 01:16:28 | 07.38 | +0:40:26 | 0:37:51 / 227 |
| 230 | 50 | JÓŹWIAK Paweł | ROKIETNICA |  POL | | 81 | M20/116 | M / 174 | 01:17:01 | 01:16:53 | 07.41 | +0:40:50 | 0:39:11 / 231 |
| 231 | 28 | DLUŻYŃSKI Jakub | ROKIETNICA |  POL | | 80 | M20/117 | M / 175 | 01:17:04 | 01:16:56 | 07.41 | +0:40:53 | 0:39:14 / 232 |
| 232 | 104 | PIECHOWIAK Justyna | OPALENICA |  POL | OPALENICKI KLUB BIEGACZA | 71 | K40/7 | K / 57 | 01:18:32 | 01:18:16 | 07.49 | +0:42:13 | 0:38:43 / 229 |
| 233 | 26 | CYTROWSKA Izabela | SKORZEWO |  POL | -NIEZRZESZONY | 76 | K20/45 | Gmin/61 K / 58 | 01:21:18 | 01:21:08 | 08.06 | +0:45:05 | 0:38:38 / 228 |
| 234 | 168 | WIŚNIEWSKI Artur | POZNAŃ |  POL | -NIEZRZESZONY | 87 | M20/118 | M / 176 | 01:21:18 | 01:21:09 | 08.06 | +0:45:06 | 0:40:51 / 233 |
| 235 | 286 | JANKOWSKA Kazimiera | SKÓRZEWO |  POL | | 57 | K50/3 | K / 59 | 01:23:33 | 01:23:33 | 08.21 | +0:47:30 | |
| 236 | 124 | RÓŻAŃSKA Marta | POZNAŃ |  POL | -NIEZRZESZONY | 87 | K20/46 | K / 60 | 01:25:26 | 01:25:16 | 08.31 | +0:49:14 | 0:41:06 / 234 |