

# XVII MIĘDZYNARODOWY PÓLMARATON KURPIOWSKI

## WYNIKI ZAWODÓW

### OPEN

Organizator: MIEJSKI OŚRODEK SPORTU I REKREACJI

Termin: 08.05.2011

Miejsce: OSTROŁĘKA

Dystans: 21,097 km

| Miejsce Rank                        | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team                      | R-k YoB | W kategorii in Age | Sex    | Czas Time | [km/h] |
|-------------------------------------|--------|----------------------|------------------|----------|-----------------------------------|---------|--------------------|--------|-----------|--------|
| <b>OPEN Mężczyźni KATEGORIA:M20</b> |        |                      |                  |          |                                   |         |                    |        |           |        |
| 1                                   | 115    | PIETERCZYK NIE PODAŁ | KĘTRZYN          | POL      | KP PSP KĘTRZYN                    | 84      | M20/1              | (M)2   | 01:08:18  | 18.53  |
| 2                                   | 158    | YASHCHUK VITALIY     | ROVNO            | UKR      | SK KOVEL                          | 86      | M20/2              | (M)4   | 01:09:20  | 18.26  |
| 3                                   | 64     | MARKOWSKI MICHAŁ     | SIEDLCE          | POL      | MKS POGOŃ SIEDLCE                 | 83      | M20/3              | (M)5   | 01:09:42  | 18.16  |
| 4                                   | 111    | SANKO ALIAKSANDR     | MINSK            | BLR      | AMATAR                            | 89      | M20/4              | (M)8   | 01:12:31  | 17.46  |
| 5                                   | 75     | DĄBROWSKI PRZEMYSŁAW | BORAWIE          | POL      | BORAWIE                           | 89      | M20/5              | (M)10  | 01:14:02  | 17.10  |
| 6                                   | 254    | SIEKIERSKI PAWEŁ     | WOŁOMIN          | POL      | DRUŻYNA SZPIKU                    | 83      | M20/6              | (M)25  | 01:24:53  | 14.91  |
| 7                                   | 201    | PODWYSOCKI MARCIN    | AUGUSTOW         | POL      | ATP AUGUSTÓW                      | 88      | M20/7              | (M)39  | 01:29:32  | 14.14  |
| 8                                   | 49     | MICHALCZUK KAMIL     | MALKINIA         | POL      | MKB TEAM MALKINIA                 | 88      | M20/8              | (M)51  | 01:32:50  | 13.64  |
| 9                                   | 185    | ŻYCZYŃSKI JAROSŁAW   | KOBYŁKA          | POL      | KLUB BIEGACZA CEVA                | 82      | M20/9              | (M)57  | 01:34:26  | 13.40  |
| 10                                  | 50     | MAJCHRZAK MICHAŁ     | BOCHNIA          | POL      | CROSS KRAKÓW                      | 84      | M20/10             | (M)61  | 01:35:46  | 13.22  |
| 11                                  | 48     | MIKOŁAJCZYK ŁUKASZ   | MALKINIA         | POL      | MKB TEAM MALKINIA                 | 90      | M20/11             | (M)68  | 01:36:32  | 13.11  |
| 12                                  | 34     | NIEMIRA MICHAŁ       | WARSZAWA         | POL      | BRAK                              | 84      | M20/12             | (M)69  | 01:36:38  | 13.10  |
| 13                                  | 229    | KWIATEK KAROL        | NOWA WIES        | POL      | NWZ                               | 83      | M20/13             | (M)72  | 01:36:48  | 13.08  |
| 14                                  | 251    | DOMURAT DANIEL       | MYSZYNIC         | POL      | NIEZRZESZONY                      | 88      | M20/14             | (M)77  | 01:37:32  | 12.98  |
| 15                                  | 211    | SOBCZAK KRZYSZTOF    | OLSZTYN          | POL      | AKM OLSZTYN                       | 82      | M20/15             | (M)80  | 01:38:34  | 12.84  |
| 16                                  | 167    | SUCHCICKI ALAN       | NOWA WIEŚ        | POL      |                                   | 96      | M20/16             | (M)82  | 01:38:38  | 12.83  |
| 17                                  | 140    | BARTECZKA JACEK      | SZKARADOWO       | POL      | LUKS SZKARADOWO                   | 84      | M20/17             | (M)86  | 01:39:34  | 12.71  |
| 18                                  | 702    | SOWIŃSKI PAWEŁ       | WARSZAWA         | POL      |                                   | 84      | M20/18             | (M)97  | 01:41:46  | 12.44  |
| 19                                  | 114    | MAJOROWSKI ŁUKASZ    | KĘTRZYN          | POL      | CZARNI KĘTRZYN                    | 82      | M20/19             | (M)112 | 01:44:16  | 12.14  |
| 20                                  | 252    | WIĘCEK MATEUSZ       | MYSZYNIC         | POL      | KURPIE MYSZYNIC                   | 89      | M20/20             | (M)115 | 01:44:26  | 12.12  |
| 21                                  | 100    | WIDOMSKI JAKUB       | GÓRA KALWARIA    | POL      | NIE MA LIPY                       | 95      | M20/21             | (M)123 | 01:45:41  | 11.98  |
| 22                                  | 1      | MISIORSKI KAMIL      | OSTROŁĘKA        | POL      |                                   | 84      | M20/22             | (M)131 | 01:47:15  | 11.80  |
| 23                                  | 106    | GÓRSKI TOMASZ        | OSTROŁĘKA        | POL      |                                   | 84      | M20/23             | (M)140 | 01:49:05  | 11.60  |
| 24                                  | 243    | CECHOWSKI TOMASZ     | OSTROŁĘKA        | POL      | POLSKA BIEGA                      | 85      | M20/24             | (M)144 | 01:49:40  | 11.54  |
| 25                                  | 10     | PRUSACZYK MATEUSZ    | OLSZEWO-BORKI    | POL      |                                   | 90      | M20/25             | (M)147 | 01:50:02  | 11.50  |
| 26                                  | 207    | SZYMAŃSKI PAWEŁ      | WARSZAWA         | POL      |                                   | 85      | M20/26             | (M)148 | 01:50:18  | 11.48  |
| 27                                  | 250    | CHORAŻEWICZ PAWEŁ    | MYSZYNIC         | POL      | KURPIE MYSZYNIC                   | 92      | M20/27             | (M)149 | 01:50:41  | 11.44  |
| 28                                  | 217    | TOMCZAK MARCIN       | BIALYSTOK        | POL      | NIEZRZESZONY                      | 86      | M20/28             | (M)156 | 01:51:52  | 11.32  |
| 29                                  | 184    | POŁOM TOMASZ         | STAWIGUDA        | POL      | NIEZRZESZONY                      | 87      | M20/29             | (M)164 | 01:53:53  | 11.12  |
| 30                                  | 225    | PIASEK PAWEŁ         | OSTROŁĘKA        | POL      |                                   | 94      | M20/30             | (M)169 | 01:55:12  | 10.99  |
| 31                                  | 221    | MICHALSKI ROBERT     | WOŁOMIN          | POL      |                                   | 82      | M20/31             | (M)172 | 01:55:41  | 10.94  |
| 32                                  | 51     | DĄBROWSKI MACIEJ     | BORYSZEWO STARE  | POL      | CROSS WARSZAWA                    | 83      | M20/32             | (M)173 | 01:56:17  | 10.89  |
| 33                                  | 163    | KĘPIŃSKI TOMASZ      | NIEPORĘT         | POL      | PLAY                              | 85      | M20/33             | (M)178 | 01:57:41  | 10.76  |
| 34                                  | 119    | KOWALIK DANIEL       | CHOTOMÓW         | POL      | GRUPA BIEGOWA CHTMO               | 82      | M20/34             | (M)194 | 02:01:22  | 10.43  |
| 35                                  | 141    | GRABOWSKI MARCIN     | BIALYSTOK        | POL      |                                   | 86      | M20/35             | (M)206 | 02:04:44  | 10.15  |
| 36                                  | 233    | GÓRSKI MATEUSZ       | OSTROŁĘKA        | POL      | AG BEZ LIMITU OSTROŁĘKA I OKOLICE | 91      | M20/36             | (M)215 | 02:09:30  | 9.77   |
| 37                                  | 200    | SKUZA PAWEŁ          | WARSZAWA         | POL      | BRAK                              | 86      | M20/37             | (M)217 | 02:11:59  | 9.59   |
| 38                                  | 232    | SZCZUBELEK MARCIN    | LELIS            | POL      | NIEZRZESZONY                      | 89      | M20/38             | (M)227 | 02:36:00  | 8.11   |

### OPEN Mężczyźni KATEGORIA:M30

|   |     |                    |                 |     |                             |    |       |       |          |       |
|---|-----|--------------------|-----------------|-----|-----------------------------|----|-------|-------|----------|-------|
| 1 | 108 | ZAWORNOK IGOR      | MINSK           | BLR |                             | 77 | M30/1 | (M)1  | 01:07:52 | 18.65 |
| 2 | 85  | FISKOVICZ SIERGIEJ | NOVOVOLYNSK     | UKR | LKB RUDNIK                  | 80 | M30/2 | (M)3  | 01:09:00 | 18.35 |
| 3 | 164 | GRYGO PAWEŁ        | ŁOMŻA           | POL | ŁŁKS PREFBET ŚNIADOWO-ŁOMŻA | 76 | M30/3 | (M)6  | 01:10:11 | 18.04 |
| 4 | 138 | SOSNOWSKI WIESŁAW  | GNISZEWO, TCZEW | POL |                             | 72 | M30/4 | (M)9  | 01:13:29 | 17.23 |
| 5 | 192 | KRZYŻANOWSKI KAROL | RAJGRÓD         | POL | MARATONKA GRAJEWO           | 72 | M30/5 | (M)17 | 01:20:50 | 15.66 |
| 6 | 90  | NAJDZION ROBERT    | OLSZTYN         | POL | AKM OLSZTYN                 | 76 | M30/6 | (M)20 | 01:22:40 | 15.31 |
| 7 | 154 | KUBIT TADEUSZ      | MŁAWA           | POL |                             | 74 | M30/7 | (M)28 | 01:26:33 | 14.63 |

| <b>Miejsce Rank</b> | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b> | <b>Drużyna Team</b>               | <b>R-k YoB</b> | <b>W kategorii in Age Sex</b> | <b>Czas Time</b> | <b>[km/h]</b> |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|-----------------------------------|----------------|-------------------------------|------------------|---------------|
| 8                   | 219           | TYBURSKI MARIUSZ            | CZERNICE BOROWE         | POL             | BRAK                              | 76             | M30/8 (M)37                   | 01:29:14         | 14.19         |
| 9                   | 226           | DZIEGIELEWSKI ZBIGNIEW      | WARSZAWA                | POL             |                                   | 72             | M30/9 (M)38                   | 01:29:17         | 14.18         |
| 10                  | 18            | SZYMCZAK PIOTR              | OSTROŁĘKA               | POL             |                                   | 77             | M30/10 (M)40                  | 01:29:32         | 14.14         |
| 11                  | 62            | CZARNECKI MARCIN            | WARSZAWA                | POL             | ART PROF1                         | 76             | M30/11 (M)44                  | 01:30:34         | 13.98         |
| 12                  | 12            | SKARUZ JAROSŁAW             | WARSZAWA                | POL             | WARSZAWA-MIEDZIESZYN              | 77             | M30/12 (M)46                  | 01:30:44         | 13.95         |
| 13                  | 82            | ŁĄTKOWSKI SŁAWOMIR          | LUBAWA                  | POL             | LKS LUBAWA                        | 76             | M30/13 (M)49                  | 01:31:45         | 13.80         |
| 14                  | 72            | KRAWIEC ANDRZEJ             | OLSZTYN                 | POL             | AKM                               | 72             | M30/14 (M)56                  | 01:33:54         | 13.48         |
| 15                  | 88            | STOLARCZYK TOMASZ           | OSTROŁĘKA               | POL             | TRASA OSTROŁĘKA                   | 77             | M30/15 (M)58                  | 01:34:57         | 13.33         |
| 16                  | 136           | WALERZAK TOMASZ             | SZCZYTNO                | POL             | AKB SZCZYTNO                      | 80             | M30/16 (M)59                  | 01:35:19         | 13.28         |
| 17                  | 176           | WENTYKIER PIOTR             | PŁOŃSK                  | POL             | KB IM.PIOTRA SĘKOWSKIEGO          | 79             | M30/17 (M)64                  | 01:36:05         | 13.17         |
| 18                  | 17            | JANCZEWSKI KAROL            | OSTROŁĘKA               | POL             | TRASA OSTROŁĘKA                   | 77             | M30/18 (M)78                  | 01:37:36         | 12.97         |
| 19                  | 218           | ADAMIAK MICHAŁ              | WARSZAWA                | POL             |                                   | 75             | M30/19 (M)79                  | 01:37:39         | 12.96         |
| 20                  | 194           | BOROWSKI MICHAŁ KRZYSZTOF   | GRAJEWÓ                 | POL             | MARATONKA GRAJEWÓ                 | 80             | M30/20 (M)84                  | 01:39:16         | 12.75         |
| 21                  | 92            | URADZIŃSKI MARCIN           | OLSZTYN                 | POL             | UWM                               | 76             | M30/21 (M)85                  | 01:39:19         | 12.75         |
| 22                  | 70            | KOZŁOWSKI KAROL             | SATRE JUCHY             | POL             |                                   | 80             | M30/22 (M)88                  | 01:40:22         | 12.61         |
| 23                  | 212           | HUBA MIROSLAW               | WYSZKÓW                 | POL             |                                   | 80             | M30/23 (M)89                  | 01:40:25         | 12.61         |
| 24                  | 238           | ZALEWSKI PIOTR              | TRZCIANNE               | POL             | WWW.RAJSKI.STAW.COM               | 74             | M30/24 (M)91                  | 01:40:37         | 12.58         |
| 25                  | 204           | ALBIŃSKI TOMASZ             | WARSZAWA                | POL             | BRAK                              | 78             | M30/25 (M)93                  | 01:41:06         | 12.52         |
| 26                  | 102           | ŻABIK RADOSŁAW              | WARSZAWA                | POL             |                                   | 79             | M30/26 (M)98                  | 01:41:47         | 12.44         |
| 27                  | 21            | BOCIANIAK ROBERT            | OSTROŁĘKA               | POL             | TRASA OSTROŁĘKA                   | 77             | M30/27 (M)99                  | 01:42:01         | 12.41         |
| 28                  | 209           | SIELECKI GRZEGORZ           | OPATÓW                  | POL             | BRAK                              | 78             | M30/28 (M)105                 | 01:43:03         | 12.28         |
| 29                  | 42            | MAŁOWIECKI GRZEGORZ         | PRZECLAW                | POL             | CROSS SZCZECIN                    | 72             | M30/29 (M)106                 | 01:43:03         | 12.28         |
| 30                  | 188           | OLENDER MARCIN              | OLSZTYN                 | POL             | NIEZRZESZONY                      | 80             | M30/30 (M)109                 | 01:43:28         | 12.23         |
| 31                  | 67            | BUKOWSKI JERZY              | OSTROŁĘKA               | POL             | NONE                              | 73             | M30/31 (M)110                 | 01:43:30         | 12.23         |
| 32                  | 8             | DZIKOWSKI KRZYSZTOF         | OSTRÓW MAZOWIECKI       | POL             |                                   | 74             | M30/32 (M)117                 | 01:44:53         | 12.07         |
| 33                  | 132           | WINNICKI WOJCIECH           | PRZASNYSZ               | POL             |                                   | 80             | M30/33 (M)120                 | 01:45:10         | 12.04         |
| 34                  | 76            | KILIAŃSKI RAFAŁ             | WARSZAWA                | POL             | UKS NET                           | 72             | M30/34 (M)121                 | 01:45:27         | 12.00         |
| 35                  | 101           | TUDEK MARIUSZ               | GÓRA KALWARIA           | POL             | NIEZRZESZONY                      | 72             | M30/35 (M)122                 | 01:45:40         | 11.98         |
| 36                  | 61            | SZYMAŃSKI ARTUR             | WARSZAWA-WILANÓW        | POL             |                                   | 77             | M30/36 (M)124                 | 01:46:08         | 11.93         |
| 37                  | 74            | BARSZCZ PAWEŁ               | MAŁKINIA                | POL             | MKB TEAM MAŁKINIA                 | 77             | M30/37 (M)129                 | 01:46:57         | 11.84         |
| 38                  | 216           | PAWLUCZUK PAWEŁ             | BIALYSTOK               | POL             | NIEZRZESZONY                      | 78             | M30/38 (M)130                 | 01:47:12         | 11.81         |
| 39                  | 125           | OLENDER PAWEŁ               | WARSZAWA                | POL             | MRAĞOWSKI TRUCHT                  | 77             | M30/39 (M)136                 | 01:48:14         | 11.70         |
| 40                  | 78            | CHOSZCZEWSKI MARCIN         | PRZASNYSZ               | POL             | NIEZRZESZONY                      | 80             | M30/40 (M)137                 | 01:48:18         | 11.69         |
| 41                  | 208           | KŁONIECKI MARCIN            | WARSZAWA                | POL             | NIEZRZESZONY                      | 79             | M30/41 (M)138                 | 01:48:32         | 11.66         |
| 42                  | 155           | MACIEJEWSKI PAWEŁ           | OSTROŁĘKA               | POL             | AG BEZ LIMITU OSTROŁĘKA I OKOLICE | 72             | M30/42 (M)143                 | 01:49:31         | 11.56         |
| 43                  | 30            | MUCHA TOMASZ                | JANÓW LUBELSKI          | POL             |                                   | 74             | M30/43 (M)145                 | 01:49:45         | 11.53         |
| 44                  | 205           | ZĘGOTA GRZEGORZ             | WARSZAWA                | POL             | GRUBASY.PL                        | 72             | M30/44 (M)146                 | 01:49:54         | 11.52         |
| 45                  | 227           | DOMIAN SŁAWOMIR             | OSTROŁĘKA               | POL             | AG BEZ LIMITU OSTROŁĘKA I OKOLICE | 72             | M30/45 (M)150                 | 01:50:57         | 11.41         |
| 46                  | 213           | URBANIAK HUBERT             | WYSZKÓW                 | POL             |                                   | 80             | M30/46 (M)151                 | 01:51:13         | 11.38         |
| 47                  | 145           | BIEDKA ROBERT               | RZEKUŃ                  | POL             | AG BEZ LIMITU OSTROŁĘKA I OKOLICE | 74             | M30/47 (M)155                 | 01:51:45         | 11.33         |
| 48                  | 214           | MOUNIER FREDERIC            | OLSZTYN                 | FRA             |                                   | 72             | M30/48 (M)157                 | 01:52:01         | 11.30         |
| 49                  | 19            | WAGNER JACEK                | OTWOCK                  | POL             | LABRIGA.NET TEAM                  | 72             | M30/49 (M)158                 | 01:52:09         | 11.29         |
| 50                  | 118           | DUDKO TOMASZ                | DYWITY                  | POL             |                                   | 79             | M30/50 (M)159                 | 01:52:18         | 11.27         |
| 51                  | 44            | SZYMCZAK PIOTR              | ŁĘCZYCA                 | POL             | CROSS ŁÓDŹ                        | 79             | M30/51 (M)162                 | 01:53:14         | 11.18         |
| 52                  | 16            | SIEMIĄTKOWSKI NORBERT       | RZEKUŃ                  | POL             | AG BEZ LIMITU OSTROŁĘKA I OKOLICE | 74             | M30/52 (M)163                 | 01:53:39         | 11.14         |
| 53                  | 143           | WRÓBLEWSKI TOMASZ           | KĘTRZYN                 | POL             | GARBATE MAZURY                    | 79             | M30/53 (M)165                 | 01:53:54         | 11.11         |
| 54                  | 260           | OGONOWSKI JAROSŁAW          | OSTROŁĘKA               | POL             |                                   | 72             | M30/54 (M)174                 | 01:56:17         | 10.89         |
| 55                  | 236           | RYBAK GRZEGORZ              | WARSZAWA                | POL             | LAS KABACKI                       | 81             | M30/55 (M)175                 | 01:57:21         | 10.79         |
| 56                  | 113           | WITEK MARCIN                | KĘTRZYN                 | POL             | CZARNI KĘTRZYN                    | 80             | M30/56 (M)176                 | 01:57:36         | 10.76         |
| 57                  | 127           | GAJDA PIOTR                 | ŁÓDŹ                    | POL             | BRAK                              | 81             | M30/57 (M)181                 | 01:58:40         | 10.67         |
| 58                  | 256           | DUQUESNAU ANTOINE           | WARSZAWA                | POL             |                                   | 78             | M30/58 (M)182                 | 01:58:43         | 10.66         |
| 59                  | 60            | DĘBEK ŁUKASZ                | OSTROŁĘKA               | POL             | AG BEZ LIMITU OSTROŁĘKA I OKOLICE | 81             | M30/59 (M)184                 | 01:58:56         | 10.64         |
| 60                  | 215           | FAVEEUW DAVID               | VAUGNERAY               | FRA             |                                   | 73             | M30/60 (M)187                 | 01:59:30         | 10.59         |
| 61                  | 244           | MERCHEL MIROSLAW            | OSTROŁĘKA               | POL             | NIEZRZESZONY                      | 76             | M30/61 (M)193                 | 02:01:18         | 10.44         |
| 62                  | 120           | MACHNACKI MICHAŁ            | CHOTOMÓW                | POL             | GRUPA BIEGOWA CHTMO               | 76             | M30/62 (M)195                 | 02:01:48         | 10.39         |
| 63                  | 40            | MACHNIKOWSKI RAFAŁ          | TORUŃ                   | POL             | CROSS TORUŃ                       | 76             | M30/63 (M)196                 | 02:01:56         | 10.38         |
| 64                  | 107           | SIELECKI MICHAŁ             | KOMOROWO                | POL             |                                   | 77             | M30/64 (M)200                 | 02:02:58         | 10.29         |
| 65                  | 7             | DEPTUŁA SŁAWOMIR            | OSTRÓW MAZOWIECKI       | POL             |                                   | 72             | M30/65 (M)204                 | 02:04:21         | 10.18         |

| <b>Miejsce Rank</b>                 | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b> | <b>Drużyna Team</b>               | <b>R-k YoB</b> | <b>W kategorii in Age Sex</b> | <b>Czas Time</b> | <b>[km/h]</b> |
|-------------------------------------|---------------|-----------------------------|-------------------------|-----------------|-----------------------------------|----------------|-------------------------------|------------------|---------------|
| 66                                  | 178           | WÓJCİK ROBERT               | WARSZAWA                | POL             | BRAK                              | 75             | M30/66 (M)207                 | 02:05:09         | 10.11         |
| 67                                  | 73            | KARBOWSKI MARIUSZ           | OLSZTYN                 | POL             |                                   | 74             | M30/67 (M)208                 | 02:05:34         | 10.08         |
| 68                                  | 183           | ROGUSKI RAFAŁ               | LEGIONOWO               | POL             | OSC RUNNERS                       | 78             | M30/68 (M)209                 | 02:05:34         | 10.08         |
| 69                                  | 206           | ŚMIGIERA ADAM               | WARSZAWA                | POL             | GRUBASY.PL                        | 73             | M30/69 (M)210                 | 02:05:50         | 10.06         |
| 70                                  | 26            | PLAGA ADAM                  | OSTROŁĘKA               | POL             |                                   | 73             | M30/70 (M)223                 | 02:25:01         | 8.73          |
| <b>OPEN Mężczyźni KATEGORIA:M40</b> |               |                             |                         |                 |                                   |                |                               |                  |               |
| 1                                   | 5             | STARODUBTSEV VIKTOR         | LVOV                    | UKR             | SK KOVEL                          | 70             | M40/1 (M)7                    | 01:10:18         | 18.01         |
| 2                                   | 93            | MALICH DARIUSZ              | GRONITY                 | POL             | EFEKT WAR-MA                      | 68             | M40/2 (M)11                   | 01:14:13         | 17.06         |
| 3                                   | 87            | TERENTOWICZ STANISŁAW       | LUBLIN                  | POL             | AGRO NATURA NAŁĘCZÓW              | 66             | M40/3 (M)14                   | 01:17:58         | 16.24         |
| 4                                   | 173           | PIECHNA WŁODZIMIERZ         | OJRZEŃ                  | POL             | KB TKKF PROMYK CIECHANÓW          | 70             | M40/4 (M)15                   | 01:18:55         | 16.04         |
| 5                                   | 39            | CHMURZYŃSKI TOMASZ          | BYDGOSZCZ               | POL             | CROSS BYDGOSZCZ                   | 64             | M40/5 (M)16                   | 01:19:03         | 16.01         |
| 6                                   | 13            | WILKOWSKI MIROSLAW          | OSTROŁĘKA               | POL             | NIEZRZESZONY                      | 64             | M40/6 (M)22                   | 01:23:35         | 15.14         |
| 7                                   | 165           | SZYMAŃSKI DARIUSZ           | ŁOMŻA                   | POL             | DAJESZ BYKU TEAM                  | 62             | M40/7 (M)23                   | 01:23:53         | 15.09         |
| 8                                   | 56            | ZIÓLKOWSKI JACEK            | WARSZAWA                | POL             | CROSS WARSZAWA                    | 66             | M40/8 (M)26                   | 01:25:22         | 14.83         |
| 9                                   | 109           | NAVITSKI IHAR               | MINSK                   | BLR             | REGION                            | 69             | M40/9 (M)27                   | 01:25:25         | 14.82         |
| 10                                  | 191           | KRAUSE JANUSZ               | PROSTKI                 | POL             | MARATONKA GRAJEWO                 | 65             | M40/10 (M)30                  | 01:26:50         | 14.58         |
| 11                                  | 222           | SYMEREWICZ MAREK            | BARCZEWO                | POL             | NIEZRZESZONY                      | 67             | M40/11 (M)31                  | 01:27:01         | 14.55         |
| 12                                  | 32            | ŁOŻYŃSKI PIOTR              | OLSZTYN                 | POL             | NIE ZRZESZONY                     | 63             | M40/12 (M)32                  | 01:27:13         | 14.51         |
| 13                                  | 193           | DRĘŻEK KRZYSZTOF            | GRAJEWO                 | POL             | MARATONKA GRAJEWO                 | 65             | M40/13 (M)33                  | 01:28:03         | 14.38         |
| 14                                  | 59            | ŁUKASZEWSKI WITOLD          | RADZIWIŁÓW              | POL             |                                   | 67             | M40/14 (M)34                  | 01:28:16         | 14.34         |
| 15                                  | 152           | RUSZCZYK EUGENIUSZ          | MRAĞOWO                 | POL             | BIEGACZE W MRAĞOWIE               | 64             | M40/15 (M)36                  | 01:28:35         | 14.29         |
| 16                                  | 43            | GALĄBEK MARIUSZ             | STAROGARD GDAŃSKI       | POL             | CROSS GDAŃSK                      | 62             | M40/16 (M)43                  | 01:30:24         | 14.00         |
| 17                                  | 89            | WRONA JERZY                 | KRĘŻNICA                | POL             | ZPD STOLMAR KRĘŻNICA              | 62             | M40/17 (M)47                  | 01:30:58         | 13.92         |
| 18                                  | 174           | MAŁECKI JANUSZ              | OJRZEŃ                  | POL             | NIEZRZESZONY                      | 65             | M40/18 (M)48                  | 01:31:01         | 13.91         |
| 19                                  | 31            | DOBRYŃSKI HENRYK            | OLSZTYN                 | POL             | NAPRZÓD GAZ OLSZTYN               | 62             | M40/19 (M)50                  | 01:32:39         | 13.66         |
| 20                                  | 223           | DUDEK ROBERT                | SKIERNIEWICE            | POL             | NIEZRZESZONY                      | 70             | M40/20 (M)52                  | 01:32:56         | 13.62         |
| 21                                  | 166           | OWORUSZKO JAROSŁAW          | WARSZAWA                | POL             | LEASEPLAN                         | 71             | M40/21 (M)53                  | 01:33:29         | 13.54         |
| 22                                  | 35            | SUJAK MIROSLAW              | MIŃSK MAZOWIECKI        | POL             | KB DREPTAK                        | 65             | M40/22 (M)60                  | 01:35:24         | 13.27         |
| 23                                  | 41            | BADOWSKI KRZYSZTOF          | BYDGOSZCZ               | POL             | CROSS BYDGOSZCZ                   | 62             | M40/23 (M)62                  | 01:35:57         | 13.19         |
| 24                                  | 25            | OBREŃSKI ANDRZEJ            | AUBURM (USA)            | USA             |                                   | 68             | M40/24 (M)66                  | 01:36:17         | 13.15         |
| 25                                  | 169           | BIAŁOGRODZKI LESZEK         | PIASECZNO               | POL             | PIASECZNO                         | 71             | M40/25 (M)71                  | 01:36:46         | 13.08         |
| 26                                  | 57            | DUDZIC MIROSLAW             | OSTROŁĘKA               | POL             | AŚ OSTROŁĘKA                      | 65             | M40/26 (M)73                  | 01:36:50         | 13.07         |
| 27                                  | 196           | KOŁAKOWSKI JACEK            | RZEKUŃ                  | POL             | AG BEZ LIMITU OSTROŁĘKA I OKOLICE | 68             | M40/27 (M)83                  | 01:38:39         | 12.83         |
| 28                                  | 116           | LIS SŁAWOMIR                | OSTROŁĘKA               | POL             | POD BŁĘKITNĄ OSTRYGĄ              | 63             | M40/28 (M)90                  | 01:40:32         | 12.59         |
| 29                                  | 245           | MERCHEL DARIUSZ             | SULEJÓWEK               | POL             | NIEZRZESZONY                      | 69             | M40/29 (M)94                  | 01:41:19         | 12.49         |
| 30                                  | 148           | GOSZCZYŃSKI JACEK           | CIECHANÓW               | POL             | KB TKKF PROMYK CIECHANÓW          | 67             | M40/30 (M)96                  | 01:41:41         | 12.45         |
| 31                                  | 27            | GŁOSEK ROBERT               | OSTROŁĘKA               | POL             | AG BEZ LIMITU OSTROŁĘKA I OKOLICE | 70             | M40/31 (M)101                 | 01:42:37         | 12.34         |
| 32                                  | 197           | SAJ SŁAWOMIR                | OSTROŁĘKA               | POL             | AG BEZ LIMITU OSTROŁĘKA I OKOLICE | 69             | M40/32 (M)111                 | 01:44:01         | 12.17         |
| 33                                  | 77            | SOCHACKI ANDRZEJ            | WARSZAWA                | POL             | NIE ZRZESZONY                     | 71             | M40/33 (M)113                 | 01:44:16         | 12.14         |
| 34                                  | 172           | ŚWIERCZ ANDRZEJ             | PŁOŃSK                  | POL             |                                   | 68             | M40/34 (M)114                 | 01:44:17         | 12.14         |
| 35                                  | 96            | DZIUBANY TOMASZ             | WARSZAWA                | POL             | YOKOGAWA RUNNERS                  | 71             | M40/35 (M)118                 | 01:45:01         | 12.05         |
| 36                                  | 142           | ŁYCZKO SŁAWOMIR             | KĘTRZYN                 | POL             | GARBATE MAZURY                    | 65             | M40/36 (M)119                 | 01:45:03         | 12.05         |
| 37                                  | 14            | PULAWSKI BOGUSŁAW           | KADZIDŁO                | POL             |                                   | 68             | M40/37 (M)133                 | 01:47:21         | 11.79         |
| 38                                  | 224           | WALENDZIK SŁAWOMIR          | SKIERNIEWICE            | POL             | BRAK                              | 65             | M40/38 (M)134                 | 01:47:42         | 11.75         |
| 39                                  | 168           | SUCHCICKI LESZEK            | NOWA WIEŚ               | POL             |                                   | 69             | M40/39 (M)141                 | 01:49:10         | 11.60         |
| 40                                  | 181           | ROSIŃSKI ARKADIUSZ          | ORŁO, MAŁKINIA          | POL             | WKB META LUBLINIEC                | 68             | M40/40 (M)142                 | 01:49:12         | 11.59         |
| 41                                  | 234           | CHARUBIN SŁAWOMIR           | PISZ                    | POL             | PISZ                              | 64             | M40/41 (M)154                 | 01:51:27         | 11.36         |
| 42                                  | 129           | SZULKOWSKI MAREK            | JÓZEFÓW                 | POL             |                                   | 70             | M40/42 (M)161                 | 01:52:49         | 11.22         |
| 43                                  | 123           | JAWORSKI DARIUSZ            | LEGIONOWO               | POL             | PRACZE DWYANÓW LEGIONOWO          | 64             | M40/43 (M)168                 | 01:54:47         | 11.03         |
| 44                                  | 231           | DZIACZYŃSKI MARIUSZ         | PIASECZNO               | POL             | ABC KONDYCJA                      | 66             | M40/44 (M)170                 | 01:55:26         | 10.97         |
| 45                                  | 175           | ZARZYCKI WOJCIECH           | OSTROŁĘKA               | POL             | NIEZRZESZONY                      | 71             | M40/45 (M)171                 | 01:55:30         | 10.96         |
| 46                                  | 28            | KAWIECKI TOMASZ             | PRZASNYSZ               | POL             |                                   | 71             | M40/46 (M)177                 | 01:57:38         | 10.76         |
| 47                                  | 37            | POWAŁKA GRZEGORZ            | WARSZAWA                | POL             | CROSS WARSZAWA                    | 62             | M40/47 (M)183                 | 01:58:45         | 10.66         |
| 48                                  | 15            | KARCZEWSKI MAREK            | CZARNOWIEC              | POL             | AG BEZ LIMITU OSTROŁĘKA I OKOLICE | 66             | M40/48 (M)192                 | 02:01:15         | 10.44         |
| 49                                  | 24            | KOWARSKI MARIUSZ            | LIPIANKA                | POL             |                                   | 63             | M40/49 (M)205                 | 02:04:43         | 10.15         |
| 50                                  | 128           | DMOCHOWSKI JACEK            | OSTROŁĘKA               | POL             | AG BEZ LIMITU OSTROŁĘKA I OKOLICE | 68             | M40/50 (M)211                 | 02:07:31         | 9.93          |
| 51                                  | 186           | KOŁODZIEJ PIOTR             | OSTRÓW MAZOWIECKI       | POL             |                                   | 62             | M40/51 (M)222                 | 02:24:32         | 8.76          |
| 52                                  | 9             | PRUSACZYK MACIEJ            | OLSZEWO-BORKI           | POL             |                                   | 68             | M40/52 (M)224                 | 02:25:20         | 8.71          |

| Miejsce Rank                        | Nr Bib | Nazwisko i imię Name    | Miejscowość City  | Kraj Nat | Drużyna Team                      | R-k | W kategorii YoB in Age | Sex    | Czas Time | [km/h] |
|-------------------------------------|--------|-------------------------|-------------------|----------|-----------------------------------|-----|------------------------|--------|-----------|--------|
| 53                                  | 33     | BUDZYŃSKI DARIUSZ       | WOŁOMIN           | POL      |                                   | 67  | M40/53                 | (M)225 | 02:33:07  | 8.27   |
| <b>OPEN Mężczyźni KATEGORIA:M50</b> |        |                         |                   |          |                                   |     |                        |        |           |        |
| 1                                   | 53     | WIĘCKOWSKI WOJCIECH     | BODZANÓW          | POL      | TKKF PŁOCK                        | 61  | M50/1                  | (M)12  | 01:17:21  | 16.36  |
| 2                                   | 112    | RIMASHEUSKI ALIAKSANDR  | MINSK             | BLR      | AMATAR                            | 57  | M50/2                  | (M)13  | 01:17:32  | 16.33  |
| 3                                   | 83     | KAMOL KAZIMIERZ         | PULAWY            | POL      |                                   | 60  | M50/3                  | (M)18  | 01:21:42  | 15.49  |
| 4                                   | 97     | MAGIERSKI JERZY         | WARSZAWA WESOLA   | POL      | BYLEDOBIEGANI                     | 56  | M50/4                  | (M)19  | 01:22:13  | 15.40  |
| 5                                   | 156    | KUCIEJCZYK HENRYK       | SZYDŁOWO          | POL      | KB TKKF PROMYK CIECHANÓW          | 59  | M50/5                  | (M)24  | 01:24:15  | 15.02  |
| 6                                   | 147    | TARNOWSKI WITOLD        | CIECHANÓW         | POL      | KB TKKF PROMYK CIECHANÓW          | 61  | M50/6                  | (M)29  | 01:26:42  | 14.60  |
| 7                                   | 55     | JEŻOWSKI SŁAWOMIR       | WARSZAWA          | POL      | CROSS WARSZAWA                    | 61  | M50/7                  | (M)41  | 01:29:36  | 14.13  |
| 8                                   | 68     | PEDZICH WALDEMAR        | LELIS             | POL      | WSES W OSTROŁĘCE                  | 61  | M50/8                  | (M)42  | 01:30:23  | 14.01  |
| 9                                   | 257    | SARZAŁA DARIUSZ         | PULTUSK           | POL      | NIEZRZESZONY                      | 59  | M50/9                  | (M)45  | 01:30:38  | 13.97  |
| 10                                  | 170    | BIAŁOGRODZKI SYLWESTER  | ZALESIE GÓRNE     | POL      | ZALESIE GÓRNE                     | 61  | M50/10                 | (M)54  | 01:33:35  | 13.53  |
| 11                                  | 151    | ARTYSZUK MIROSŁAW       | WARSZAWA          | POL      |                                   | 60  | M50/11                 | (M)55  | 01:33:53  | 13.48  |
| 12                                  | 98     | REDA SŁAWOMIR           | WARSZAWA          | POL      | KB ACTIVESPORTS WARSZAWA          | 58  | M50/12                 | (M)63  | 01:36:04  | 13.18  |
| 13                                  | 69     | MATEJKO PIOTR           | ORNETA            | POL      | IKS SMOK ORNETA                   | 54  | M50/13                 | (M)65  | 01:36:09  | 13.17  |
| 14                                  | 137    | CZARNOTA KAZIMIERZ      | SZCZYTNO          | POL      | AKB SZCZYTNO                      | 60  | M50/14                 | (M)70  | 01:36:42  | 13.09  |
| 15                                  | 258    | YETSYK OLEKSANDER       | OSTROŁĘKA         | POL      | AG BEZ LIMITU OSTROŁĘKA I OKOLICE | 60  | M50/15                 | (M)74  | 01:36:58  | 13.05  |
| 16                                  | 247    | KAMIŃSKI STANISŁAW      | NADARZYN          | POL      | KB NADARZYN                       | 58  | M50/16                 | (M)75  | 01:36:59  | 13.05  |
| 17                                  | 161    | GRYGO KRZYSZTOF         | ŁOMŻA             | POL      | KRB EKO ŁOMŻA                     | 60  | M50/17                 | (M)81  | 01:38:35  | 12.84  |
| 18                                  | 131    | KOSEDOWSKI KRZYSZTOF    | WARSZAWA          | POL      |                                   | 60  | M50/18                 | (M)87  | 01:39:36  | 12.71  |
| 19                                  | 150    | LEWANDOWSKI ZENON       | CIECHANÓW         | POL      | KB TKKF PROMYK CIECHANÓW          | 52  | M50/19                 | (M)92  | 01:40:39  | 12.58  |
| 20                                  | 179    | KUCZKOWSKI JERZY        | OŻARÓW MAZOWIECKI | POL      | GOSIR OŻARÓW MAZOWIECKI           | 56  | M50/20                 | (M)107 | 01:43:05  | 12.28  |
| 21                                  | 149    | JABŁOŃSKI WALDEMAR      | CIECHANÓW         | POL      | KB TKKF PROMYK CIECHANÓW          | 59  | M50/21                 | (M)108 | 01:43:23  | 12.24  |
| 22                                  | 153    | NOWAK ANDRZEJ           | MŁAWA             | POL      | POLSKA BIEGA                      | 61  | M50/22                 | (M)116 | 01:44:48  | 12.08  |
| 23                                  | 230    | KRZAK MACIEJ            | WARSZAWA          | POL      | ABC KONDYCJA                      | 54  | M50/23                 | (M)126 | 01:46:31  | 11.88  |
| 24                                  | 239    | BARTOSZEWICZ JERZY      | OSTROŁĘKA         | POL      | AG BEZ LIMITU OSTROŁĘKA I OKOLICE | 54  | M50/24                 | (M)127 | 01:46:45  | 11.86  |
| 25                                  | 126    | KLEJEWSKI HUBERT        | SPYCHOWO          | POL      | NIEZRZESZONY                      | 61  | M50/25                 | (M)135 | 01:48:06  | 11.71  |
| 26                                  | 124    | KOSTECKI WIESŁAW        | LEGIONOWO         | POL      | KB POMIAR LEGIONOWO               | 55  | M50/26                 | (M)139 | 01:48:59  | 11.61  |
| 27                                  | 47     | DŁUGOŁĘCKI SŁAWOMIR     | ZARĘBY KOŚCIELNE  | POL      | MKB TEAM MAŁKINIA                 | 60  | M50/27                 | (M)152 | 01:51:18  | 11.37  |
| 28                                  | 195    | BORAWSKI KRZYSZTOF      | GRAJEWO           | POL      | MARATONKA GRAJEWO                 | 54  | M50/28                 | (M)166 | 01:54:05  | 11.10  |
| 29                                  | 38     | MIECH WIESŁAW           | PŁOCK             | POL      | CROSS WARSZAWA                    | 54  | M50/29                 | (M)167 | 01:54:30  | 11.06  |
| 30                                  | 203    | LESIK TOMASZ            | LUBLINIEC         | POL      | CROSS CHORZÓW                     | 55  | M50/30                 | (M)180 | 01:57:58  | 10.73  |
| 31                                  | 105    | GROCHOWSKI GRZEGORZ     | WARSZAWA          | POL      | BIEGAMY Z OCHOTĄ                  | 61  | M50/31                 | (M)185 | 01:59:12  | 10.62  |
| 32                                  | 242    | WIĘCKOWSKI TADEUSZ      | OLSZEWO-BORKI     | POL      | AG BEZ LIMITU OSTROŁĘKA I OKOLICE | 53  | M50/32                 | (M)186 | 01:59:19  | 10.61  |
| 33                                  | 190    | KARMAŃSKI PIOTR         | BYTOM             | POL      | NIEZRZESZONY                      | 59  | M50/33                 | (M)189 | 02:00:16  | 10.53  |
| 34                                  | 95     | WOŹNIAK KAZIMIERZ       | OSTROŁĘKA         | POL      |                                   | 60  | M50/34                 | (M)190 | 02:00:17  | 10.52  |
| 35                                  | 130    | KARWECKI RYSZARD        | WARSZAWA          | POL      |                                   | 56  | M50/35                 | (M)197 | 02:01:57  | 10.38  |
| 36                                  | 135    | SZUTKOWSKI SŁAWOMIR     | OLSZTYN           | POL      | AKM OLSZTYN                       | 56  | M50/36                 | (M)198 | 02:02:06  | 10.37  |
| 37                                  | 29     | JUCHNIEWICZ STANISŁAW   | OSTROŁĘKA         | POL      | AG BEZ LIMITU OSTROŁĘKA I OKOLICE | 52  | M50/37                 | (M)199 | 02:02:21  | 10.35  |
| 38                                  | 65     | BEBNEK CZESŁAW          | KNUROWIEC         | POL      |                                   | 53  | M50/38                 | (M)202 | 02:03:38  | 10.24  |
| 39                                  | 189    | PAWLAK WŁODZIMIERZ      | WARSZAWA          | POL      | BIEGAM Z OCHOTĄ                   | 57  | M50/39                 | (M)213 | 02:08:31  | 9.85   |
| 40                                  | 46     | ŻACH ANDRZEJ            | MAŁKINIA          | POL      | MKB TEAM MAŁKINIA                 | 57  | M50/40                 | (M)214 | 02:08:50  | 9.83   |
| 41                                  | 241    | MIERZEJEWSKI KRZYSZTOF  | OLSZEWO-BORKI     | POL      | AG BEZ LIMITU OSTROŁĘKA I OKOLICE | 60  | M50/41                 | (M)216 | 02:11:34  | 9.62   |
| 42                                  | 199    | KOSSAKOWSKI WŁODZIMIERZ | WARSZAWA          | POL      | BRAK                              | 57  | M50/42                 | (M)218 | 02:12:33  | 9.55   |
| 43                                  | 52     | WIADEREK SŁAWOMIR       | WARSZAWA          | POL      | NIE DOT.                          | 59  | M50/43                 | (M)220 | 02:17:41  | 9.19   |

### OPEN Mężczyźni KATEGORIA:M60

|    |     |                       |             |     |                          |    |        |        |          |       |
|----|-----|-----------------------|-------------|-----|--------------------------|----|--------|--------|----------|-------|
| 1  | 11  | JASEK TADEUSZ         | RADZIECHOWY | POL | ŻYWIEC                   | 51 | M60/1  | (M)21  | 01:23:08 | 15.23 |
| 2  | 171 | OPAŁKA JAN            | PŁOŃSK      | POL | KB IM.PIOTRA SĘKOWSKIEGO | 50 | M60/2  | (M)35  | 01:28:26 | 14.31 |
| 3  | 121 | KOWALEWSKI JAN        | LEGIONOWO   | POL | LOTOS JABŁONNA           | 50 | M60/3  | (M)67  | 01:36:24 | 13.13 |
| 4  | 79  | RZEPNIEWSKI WOJCIECH  | WARSZAWA    | POL | NIEZRZESZONY             | 51 | M60/4  | (M)76  | 01:37:15 | 13.02 |
| 5  | 248 | ROPIAK RYSZARD        | OSTROŁĘKA   | POL | KURPIE MYSZYNIC          | 44 | M60/5  | (M)95  | 01:41:34 | 12.46 |
| 6  | 58  | ŚWIERCZYŃSKI ZBIGNIEW | CZERSK      | POL | OLSZTYN                  | 50 | M60/6  | (M)100 | 01:42:26 | 12.36 |
| 7  | 99  | DOBROWOLSKI KRZYSZTOF | WARSZAWA    | POL | WARSZAWA                 | 51 | M60/7  | (M)102 | 01:42:45 | 12.32 |
| 8  | 246 | OSIŃSKI STANISŁAW     | WARSZAWA    | POL |                          | 51 | M60/8  | (M)103 | 01:42:53 | 12.30 |
| 9  | 80  | TYBOROWSKI JÓZEF      | ŁOMŻA       | POL |                          | 45 | M60/9  | (M)104 | 01:43:02 | 12.29 |
| 10 | 146 | BEREBECKI ROMAN       | RYPIN       | POL | KB LECH RYPIN            | 51 | M60/10 | (M)125 | 01:46:10 | 11.92 |
| 11 | 71  | REJZA HENRYK          | OZORKÓW     | POL | NIEZRZESZONY             | 51 | M60/11 | (M)128 | 01:46:56 | 11.84 |
| 12 | 22  | BIAŁOBRZESKI WITOLD   | OSTROŁĘKA   | POL |                          | 50 | M60/12 | (M)132 | 01:47:16 | 11.80 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team   | R-k YoB | W kategorii in Age Sex | Czas Time | [km/h] |
|--------------|--------|----------------------|------------------|----------|----------------|---------|------------------------|-----------|--------|
| 13           | 36     | PROKOPIUK ALEKSANDER | HAJNÓWKA         | POL      | RKB HAJNÓWKA   | 45      | M60/13 (M)153          | 01:51:27  | 11.36  |
| 14           | 117    | DUDKO ROMAN          | DYWITY           | POL      |                | 49      | M60/14 (M)179          | 01:57:46  | 10.75  |
| 15           | 133    | KRÓLIKOWSKI JANUSZ   | DYWITY           | POL      | AKM OLSZTYN    | 51      | M60/15 (M)188          | 01:59:40  | 10.58  |
| 16           | 202    | SAWA RYSZARD         | PRUSZKÓW         | POL      | CROSS WARSZAWA | 44      | M60/16 (M)203          | 02:03:49  | 10.22  |
| 17           | 45     | JANKOWSKI PIOTR      | LEGIONÓW         | POL      | CROSS WARSZAWA | 49      | M60/17 (M)219          | 02:13:04  | 9.51   |

### OPEN Mężczyźni KATEGORIA:M70

|   |     |                        |          |     |                          |    |              |          |       |
|---|-----|------------------------|----------|-----|--------------------------|----|--------------|----------|-------|
| 1 | 134 | AMBROŻKO JAN           | OLSZTYN  | POL | AKB OLSZTYN              | 38 | M70/1 (M)191 | 02:00:30 | 10.50 |
| 2 | 160 | STANISZEWSKI EDWARD    | WIŚNIEWO | POL | KB TKKF PROMYK CIECHANÓW | 39 | M70/2 (M)201 | 02:03:27 | 10.25 |
| 3 | 235 | DOMAŃSKI JACEK EXPEDYT | WARSZAWA | POL | WKB META LUBLINIEC       | 41 | M70/3 (M)212 | 02:07:39 | 9.92  |
| 4 | 139 | JANKOWSKI STEFAN       | SZCZYTNO | POL | AKB SZCZYTNO             | 38 | M70/4 (M)221 | 02:23:52 | 8.80  |
| 5 | 23  | GIRTLEK JERZY          | WARSZAWA | POL |                          | 39 | M70/5 (M)226 | 02:33:24 | 8.25  |

### OPEN Kobiety KATEGORIA:K20

|   |     |                      |           |     |                   |    |             |          |       |
|---|-----|----------------------|-----------|-----|-------------------|----|-------------|----------|-------|
| 1 | 63  | SZYSZKA ANNA         | SIEDLCE   | POL | MKS POGOŃ SIEDLCE | 90 | K20/1 (K)1  | 01:27:19 | 14.50 |
| 2 | 4   | SEMIRIAK KATIA       | KOVEL     | POL | SK KOVEL          | 86 | K20/2 (K)4  | 01:33:12 | 13.58 |
| 3 | 180 | OLBRYŚ ELIZA         | OSTROŁĘKA | POL |                   | 90 | K20/3 (K)8  | 01:48:16 | 11.69 |
| 4 | 110 | HUBAREVITCH NATALLIA | MINSK     | BLR | AMATOR            | 92 | K20/4 (K)15 | 01:55:49 | 10.93 |
| 5 | 220 | ORZECHOWSKA JUSTYNA  | LELIS     | POL | HOLMESPLACE.PL    | 90 | K20/5 (K)21 | 02:09:00 | 9.81  |
| 6 | 6   | MUCHA NATALIA        | PUŁTUSK   | POL |                   | 86 | K20/6 (K)25 | 02:22:49 | 8.86  |
| 7 | 122 | LENKIEWICZ KATARZYNA | OBIERWIA  | POL |                   | 90 | K20/7 (K)29 | 02:36:00 | 8.11  |

### OPEN Kobiety KATEGORIA:K30

|   |     |                               |           |     |                                   |    |             |          |       |
|---|-----|-------------------------------|-----------|-----|-----------------------------------|----|-------------|----------|-------|
| 1 | 103 | MALINOWSKA-SYPEK<br>AGNIESZKA | WARSZAWA  | POL | ENTRE.PL TEAMN                    | 72 | K30/1 (K)2  | 01:30:27 | 13.99 |
| 2 | 259 | EDYTA ORGANEK                 | GIŻYCKO   | POL |                                   | 77 | K30/2 (K)9  | 01:49:56 | 11.51 |
| 3 | 237 | GADALIŃSKA ELŻBIETA           | WYSZKÓW   | POL |                                   | 80 | K30/3 (K)10 | 01:50:53 | 11.42 |
| 4 | 81  | ŁĄTKOWSKA MIROSLAWA           | LUBAWA    | POL | LKS LUBAWA                        | 78 | K30/4 (K)11 | 01:52:37 | 11.24 |
| 5 | 157 | KOZANECKA JOANNA              | WARSZAWA  | POL | 12TRI.PL                          | 77 | K30/5 (K)12 | 01:52:53 | 11.21 |
| 6 | 144 | SUCHCICKA ALEKSANDRA          | ŁAZY      | POL | AG BEZ LIMITU OSTROŁĘKA I OKOLICE | 77 | K30/6 (K)19 | 02:07:59 | 9.89  |
| 7 | 253 | SAKOWSKA ANETA                | DROZDOWO  | POL | SAMODZIELNA JEDNOSTKA BIEGAJĄCA   | 75 | K30/7 (K)24 | 02:20:41 | 9.00  |
| 8 | 177 | BULICZ-KASPRZAK KATARZYNA     | SULEJÓWEK | POL | NIEZRZESZONA                      | 76 | K30/8 (K)28 | 02:26:15 | 8.66  |

### OPEN Kobiety KATEGORIA:K40

|    |     |                       |           |     |                                   |    |              |          |       |
|----|-----|-----------------------|-----------|-----|-----------------------------------|----|--------------|----------|-------|
| 1  | 2   | YAKMOWICH NATALIA     | KOVEL     | UKR | SK KOVEL                          | 68 | K40/1 (K)3   | 01:33:12 | 13.58 |
| 2  | 20  | MATLEWSKA MARZENA     | ELBLĄG    | POL | NIEZRZESZONA                      | 70 | K40/2 (K)5   | 01:37:41 | 12.96 |
| 3  | 94  | ROSIŃSKA BARBARA      | MILANÓWEK | POL | NIEZRZESZONA                      | 62 | K40/3 (K)6   | 01:43:19 | 12.25 |
| 4  | 228 | SMOCZYŃSKA TERESA     |           |     |                                   | 67 | K40/4 (K)7   | 01:46:56 | 11.84 |
| 5  | 104 | GROCHOWSKA JOANNA     | WARSZAWA  | POL | BIEGAMY Z OCHOTĄ                  | 64 | K40/5 (K)13  | 01:55:10 | 10.99 |
| 6  | 54  | KARAŚ ALEKSANDRA      | PŁOCK     | POL | CROSS WARSZAWA                    | 50 | K40/6 (K)14  | 01:55:16 | 10.98 |
| 7  | 198 | RYPINA DOROTA         | OSTROŁĘKA | POL | AG BEZ LIMITU OSTROŁĘKA I OKOLICE | 67 | K40/7 (K)16  | 01:57:18 | 10.79 |
| 8  | 84  | KRZYSZTOFIAK GRAŻYNA  | KWIDZYN   | POL |                                   | 58 | K40/8 (K)17  | 02:04:45 | 10.15 |
| 9  | 210 | BRZOSTEK DOROTA       | WARSZAWA  | POL | NIEZRZESZONA                      | 67 | K40/9 (K)18  | 02:05:53 | 10.06 |
| 10 | 159 | MICHALSKA ANNA        | WARSZAWA  | POL | BIEGAMY Z OCHOTĄ                  | 64 | K40/10 (K)20 | 02:08:31 | 9.85  |
| 11 | 249 | KRUSZEWSKA JOANNA     | WARSZAWA  | POL | OBOZYBIEGOWE.PL                   | 55 | K40/11 (K)22 | 02:11:36 | 9.62  |
| 12 | 162 | SALONI-SADOWSKA MARIA | WARSZAWA  | POL | BIEGAMY Z OCHOTĄ                  | 71 | K40/12 (K)23 | 02:12:37 | 9.54  |
| 13 | 86  | CHOJNOWSKA ANNA       | ŁOMŻA     | POL | ŁOMŻYŃSKI KLUB BIEGACZY           | 71 | K40/13 (K)26 | 02:24:28 | 8.76  |
| 14 | 187 | CZERWIŃSKA ELŻBIETA   | WARSZAWA  | POL | WYDAWNICTWO SIC!                  | 58 | K40/14 (K)27 | 02:25:22 | 8.71  |