



XV Bieg Niepodległości Krosno 2011
WYNIKI TECHNICZNE BIEGU

DYSTANS 7 KM

GODZINA : 11.00

LICZBA UCZESTNIKÓW : 478

DATA : 11.11 2011
DZ. M-C. ROK

| Lp | NAZWISKO i IMIĘ | KLUB | ROK UR. | KTO ?? | NR START | CZAS | M - CE GEN. | M - CE GRUP. | GRUPA WIEK. |
|----|--------------------|--------------------------|---------|--------|----------|---------|-------------|--------------|-------------|
| 1 | Kulka Szymon | ULKS Lipinki | 1993 | M | 397 | 0:20:29 | 1 | 1 | M1 |
| 2 | Burgharot Jakub | Festiwal Biegowy Krynica | 1981 | M | 532 | 0:20:33 | 2 | 1 | M3 |
| 3 | Rybak Sergii | Kalisz Finisz | 1986 | M | 512 | 0:20:35 | 3 | 1 | M2 |
| 4 | FiskoVicz Siergiej | LKB Rudnik | 1980 | M | 321 | 0:20:41 | 4 | 2 | M3 |
| 5 | Słaczyński Andrii | Vinnitsa | 1990 | M | 514 | 0:20:51 | 5 | 2 | M2 |
| 6 | Starodubcev Viktor | SK Kovel | 1970 | M | 320 | 0:21:21 | 6 | 1 | M4 |
| 7 | Garbon Wadymir | | 1981 | M | 429 | 0:21:50 | 7 | 3 | M3 |
| 8 | Wydra Jan | MOK Mszana Dolna | 1975 | M | 410 | 0:21:53 | 8 | 4 | M3 |
| 9 | Wierdak Hubert | Korczyna | 1976 | M | 531 | 0:22:02 | 9 | 5 | M3 |
| 10 | Rygiel Jakub | Luks Burza Rogi | 1992 | M | 493 | 0:22:19 | 10 | 2 | M1 |
| 11 | Gorczyca Bartosz | ULKS TECHNIK Trznica | 1991 | M | 466 | 0:22:24 | 11 | 3 | M2 |
| 12 | Dziewiński Damian | TG Sokół Sanok | 1981 | M | 353 | 0:22:25 | 12 | 6 | M3 |
| 13 | Lachowski Patryk | IPA MKS HALICZ USTRZYKI | 1995 | M | 194 | 0:23:03 | 13 | 3 | M1 |
| 14 | Cisło Grzegorz | Stal | 1971 | M | 261 | 0:23:06 | 14 | 2 | M4 |
| 15 | Dudkin Volodymyr | Dynamo Kijów | 1985 | M | 431 | 0:23:08 | 15 | 4 | M2 |
| 16 | Smędowski Paweł | ULKS Lipinki | 1994 | M | 391 | 0:23:17 | 16 | 4 | M1 |
| 17 | Kielar Hubert | KKB Mosir Krosno | 1994 | M | 33 | 0:23:20 | 17 | 5 | M1 |
| 18 | Michalec Marcin | KKB MOSIR KROSNO | 1988 | M | 12 | 0:23:29 | 18 | 5 | M2 |
| 19 | Karkut Bogdan | Wiatr Tarnobrzeg | 1970 | M | 220 | 0:23:30 | 19 | 3 | M4 |
| 20 | Medejczyk Łukasz | KKB Mosir Krosno | 1990 | M | 441 | 0:23:35 | 20 | 6 | M2 |
| 21 | Adamski Dawid | Sokół Sanok | 1994 | M | 352 | 0:23:44 | 21 | 6 | M1 |
| 22 | Kobajło Ryszard | TKKF Czarni | 1962 | M | 448 | 0:23:54 | 22 | 4 | M4 |
| 23 | Buczyński Wojciech | | 1995 | M | 439 | 0:23:55 | 23 | 7 | M1 |
| 24 | Bik Marcin | IPA KM PSP Krosno | 1979 | M | 171 | 0:23:57 | 24 | 53 | M3 |
| 25 | Rączka Janusz | MOK Mszana Dolna | 1991 | M | 411 | 0:24:05 | 25 | 7 | M2 |
| 26 | Zima Paweł | KKB Mosir Krosno | 1984 | M | 152 | 0:24:19 | 26 | 8 | M2 |
| 27 | Wickowski Dariusz | ULKS Technik Trzcina | 1992 | M | 361 | 0:24:20 | 27 | 8 | M1 |
| 28 | Lipovský Vladislav | MBO Strážske | 1969 | M | 63 | 0:24:22 | 28 | 5 | M4 |
| 29 | Piwowar Stanisław | ULKS Technik Trzcina | 1993 | M | 362 | 0:24:29 | 29 | 9 | M1 |
| 30 | Poiciecha Piotr | Visegard Maraton Rytro | 1988 | M | 443 | 0:24:30 | 30 | 9 | M2 |
| 31 | Gleń Robert | MUKS Podkarpacie | 1976 | M | 242 | 0:24:34 | 31 | 7 | M3 |
| 32 | Białka Robert | | 1988 | M | 446 | 0:24:37 | 32 | 10 | M2 |
| 33 | Fedak Grzegorz | Sanok | 1978 | M | 113 | 0:24:42 | 33 | 8 | M3 |
| 34 | Barański Maciej | KKB Mosir Krosno | 1996 | M | 30 | 0:24:43 | 34 | 10 | M1 |
| 35 | Czuchra Kamil | KKB Mosir Krosno | 1993 | M | 534 | 0:24:48 | 35 | 11 | M1 |
| 36 | Smetana Miroslav | MSK Medzilaborce | 1964 | M | 383 | 0:24:57 | 36 | 6 | M4 |
| 37 | Madej Arkadiusz | | 1993 | M | 414 | 0:24:59 | 37 | 12 | M1 |
| 38 | Porembski Kacper | IPA Rymanów Zdrój | 1994 | M | 214 | 0:25:00 | 38 | 13 | M1 |
| 39 | Laskowski Hubert | | 1971 | M | 460 | 0:25:00 | 38 | 7 | M4 |
| 40 | Smolak Piotr | Nafta Gaz Kraków | 1961 | M | 474 | 0:25:03 | 39 | 1 | M5 |
| 41 | Haczela Mateusz | KKB Mosir Krosno | 1994 | M | 43 | 0:25:07 | 40 | 14 | M1 |
| 42 | Murdzik Jan | IPA Presov | 1966 | M | 385 | 0:25:10 | 41 | 8 | M4 |
| 43 | Czyżowicz Mirosław | KKB MOSIR Krosno | 1982 | M | 509 | 0:25:16 | 42 | 11 | M2 |
| 44 | Łyżnicki Zygmunt | | 1951 | M | 335 | 0:25:24 | 43 | 1 | M6 |
| 45 | Laskowski Sławomir | KKB MOSiR KROSNO | 1974 | M | 76 | 0:25:25 | 44 | 9 | M3 |

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|-----|----------------------|----------------------------|------|---|-----|---------|----|----|----|
| 46 | Dobranskyy Bohdan | Yunost | 1995 | M | 309 | 0:25:29 | 45 | 15 | M1 |
| 47 | Albrycht Robert | | 1972 | M | 312 | 0:25:31 | 46 | 10 | M3 |
| 48 | Dziedzic Konrad | Zmiennica | 1995 | M | 380 | 0:25:42 | 47 | 16 | M1 |
| 49 | Pelczar Wojciech | MUKS Podkarpacie Jedlicze | 1995 | M | 7 | 0:25:44 | 48 | 17 | M1 |
| 50 | Zatorski Witold | GOSIR Krościenko Wyżne | 1983 | M | 515 | 0:25:50 | 49 | 12 | M2 |
| 51 | Pacoń Radosław | | 1995 | M | 440 | 0:25:51 | 50 | 18 | M1 |
| 52 | Kazimir Frantisek | Obalservis KE | 1991 | M | 401 | 0:25:53 | 51 | 13 | M2 |
| 53 | Parylak Paweł | Huragan Jasionka | 1988 | M | 417 | 0:25:55 | 52 | 14 | M2 |
| 54 | Kuliga Marcin | Luks Burza Rogi | 1997 | M | 495 | 0:25:59 | 53 | 19 | M1 |
| 55 | Kłodnicki Tomasz | MOK Mszana Dolna | 1976 | M | 412 | 0:26:10 | 54 | 11 | M3 |
| 56 | Mróz Kamil | Victoria Dobieszyn | 1990 | M | 392 | 0:26:14 | 55 | 15 | M2 |
| 57 | Pabisz Mirosław | KKB Mosir Krosno | 1994 | M | 527 | 0:26:15 | 56 | 20 | M1 |
| 58 | Sowierszenko Tomasz | IPA Katowice | 1978 | M | 319 | 0:26:19 | 57 | 12 | M3 |
| 59 | Golonka Wiesław | Gorlice | 1965 | M | 459 | 0:26:22 | 58 | 9 | M4 |
| 60 | Brzana Marcin | IPA KM PSP Krosno | 1988 | M | 172 | 0:26:23 | 59 | 16 | M2 |
| 61 | Małek Andrzej | Bieszczady | 1976 | M | 99 | 0:26:24 | 60 | 13 | M3 |
| 62 | Baran Bartłomiej | ULKS Lipinki | 1996 | M | 471 | 0:26:28 | 61 | 21 | M1 |
| 63 | Rachwał Robert | KKB Mosir Krosno | 1993 | M | 510 | 0:26:32 | 62 | 22 | M1 |
| 64 | Wróbel Damian | KKB Mosir Krosno | 1995 | M | 323 | 0:26:33 | 63 | 23 | M1 |
| 65 | Wołosz Hubert | KB GOSIR Krościenko Wyżne | 1996 | M | 473 | 0:26:34 | 64 | 24 | M1 |
| 66 | Cyran Arkadiusz | Kozuchów | 1986 | M | 480 | 0:26:35 | 65 | 17 | M2 |
| 67 | Jagięła Dominik | GOPR Bieszczady | 1990 | M | 430 | 0:26:40 | 66 | 18 | M2 |
| 68 | Skiba Michał | | 1985 | M | 239 | 0:26:42 | 67 | 19 | M2 |
| 69 | Nowak Kamil | drużyna szpiku | 1984 | M | 145 | 0:26:46 | 68 | 20 | M2 |
| 70 | Rykała Hubert | AZS PWSZ Krosno | 1991 | M | 330 | 0:26:50 | 69 | 21 | M2 |
| 71 | Lib Tomasz | | 1978 | M | 201 | 0:26:51 | 70 | 14 | M3 |
| 72 | Rosłaniec Łukasz | IPA Visegrad Maraton Rytro | 1993 | M | 162 | 0:26:55 | 71 | 25 | M1 |
| 73 | Jastrząb Piotr | Lesko | 1968 | M | 218 | 0:26:57 | 72 | 10 | M4 |
| 74 | Mróz Kacper | KKB Mosir Krosno | 1984 | M | 475 | 0:26:57 | 72 | 22 | M2 |
| 75 | Cader Jacek | | 1982 | M | 53 | 0:26:58 | 73 | 23 | M2 |
| 76 | Sąsiadek Maciej | Cebulorze | 1989 | M | 421 | 0:26:58 | 73 | 23 | M2 |
| 77 | Klimek Sławomir | Zabiegani Mielec | 1973 | M | 530 | 0:26:59 | 74 | 15 | M3 |
| 78 | Płaziak Michał | GOSIR Jedlicze | 1997 | M | 331 | 0:27:07 | 75 | 26 | M1 |
| 79 | Przybyło Piotr | Starostwo Gorlice | 1972 | M | 95 | 0:27:09 | 76 | 16 | M3 |
| 80 | Złonkiewicz Marek | | 1970 | M | 349 | 0:27:12 | 77 | 11 | M4 |
| 81 | Głowacki Ryszard | Jedlicze | 1971 | M | 128 | 0:27:20 | 78 | 12 | M4 |
| 82 | Kozioł Sylwester | | 1973 | M | 110 | 0:27:21 | 79 | 17 | M3 |
| 83 | Filip Michał | OSP Łubienko | 1992 | M | 47 | 0:27:23 | 80 | 27 | M1 |
| 84 | Kuliga Mateusz | IPA MKS HALICZ USTRZYKI | 1998 | M | 193 | 0:27:25 | 81 | 28 | M1 |
| 85 | Kłosowski Michał | Huragan Jasionka | 1996 | M | 419 | 0:27:29 | 82 | 29 | M1 |
| 86 | Gorczyca Tomasz | 2Kije.pl | 1973 | M | 488 | 0:27:30 | 83 | 18 | M3 |
| 87 | Kafel Łukasz | Huragan Jasionka | 1994 | M | 498 | 0:27:31 | 84 | 30 | M1 |
| 88 | Bargieł Bogusław | Krosno | 1983 | M | 252 | 0:27:33 | 85 | 24 | M2 |
| 89 | Podsadowski Zbigniew | IPA | 1972 | M | 107 | 0:27:39 | 86 | 19 | M3 |
| 90 | Czech Adrian | KKB Mosir Krosno | 1997 | M | 31 | 0:27:42 | 87 | 31 | M1 |
| 91 | Mikulski Łukasz | Visegrad Maraton Rytro | 1988 | M | 147 | 0:27:45 | 88 | 25 | M2 |
| 92 | Czado Waldemar | GOPR Bieszczady | 1958 | M | 158 | 0:27:49 | 89 | 2 | M5 |
| 93 | Levgen Koval | Kovel | 1986 | M | 432 | 0:27:49 | 89 | 26 | M2 |
| 94 | Smolik Bartosz | MZSP 5 Krosno | 1993 | M | 462 | 0:27:50 | 90 | 32 | M1 |
| 95 | Fiałkiewicz Mateusz | OSP Łubienko | 1991 | M | 88 | 0:27:51 | 91 | 27 | M2 |
| 96 | Staroń Jacek | Krosno Suchodół | 1977 | M | 464 | 0:27:53 | 92 | 20 | M3 |
| 97 | Habrat Piotr | | 1993 | M | 463 | 0:27:54 | 93 | 33 | M1 |
| 98 | Jaracz Jarosław | Krosno | 1977 | M | 454 | 0:27:55 | 94 | 21 | M3 |
| 99 | Jaźwiecki Stanisław | | 1995 | M | 416 | 0:27:56 | 95 | 34 | M1 |
| 100 | Szelc Marcin | KKB Mosir Krosno | 1982 | M | 413 | 0:27:57 | 96 | 28 | M2 |
| 101 | Michalski Rafał | KBMCKIS Jaworzno | 1975 | M | 339 | 0:27:59 | 97 | | M3 |
| 102 | Sanocki Kamil | GOSIR Jedlicze | 1996 | M | 334 | 0:28:01 | 98 | 35 | M1 |

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| 103 | Buchatskyy Myhayl | Yunost | 1996 | M | 310 | 0:28:02 | 99 | 36 | M1 |
| 104 | Balawajder Adam | KKB Mosir Krosno | 1959 | M | 251 | 0:28:04 | 100 | 3 | M5 |
| 105 | Zapotyehy Oleh | Yunost | 1997 | M | 311 | 0:28:12 | 101 | 37 | M1 |
| 106 | Karpiński Robert | IPA MKS HALICZ USTRZYKI | 1966 | M | 195 | 0:28:14 | 102 | 13 | M4 |
| 107 | Ostapowicz Dawid | Czudec | 1995 | M | 344 | 0:28:15 | 103 | 38 | M1 |
| 108 | Niepokoj Józef | | 1958 | M | 374 | 0:28:15 | 103 | 4 | M5 |
| 109 | Faron Dariusz | Visegrad maraton Rytro | 1973 | M | 22 | 0:28:17 | 104 | 22 | M3 |
| 110 | Gołabek Wojciech | | 1975 | M | 268 | 0:28:22 | 105 | 23 | M3 |
| 111 | Szmyd Jan | KB GOSIR Krościenko Wyżne | 1998 | M | 478 | 0:28:22 | 105 | 39 | M1 |
| 112 | Zych Michał | Korczyna | 1990 | M | 404 | 0:28:23 | 106 | 29 | M2 |
| 113 | Konopacki Sławomir | | 1970 | M | 166 | 0:28:27 | 107 | 14 | M4 |
| 114 | Szybisty Grzegorz | KKB Mosir Krosno | 1972 | M | 103 | 0:28:29 | 108 | 24 | M3 |
| 115 | Cygan Kamil | Grupetto Gorlice | 1992 | M | 255 | 0:28:29 | 108 | 40 | M1 |
| 116 | Malig Piotr | Huragan Jasionka | 1995 | M | 415 | 0:28:30 | 109 | 41 | M1 |
| 117 | Radzik Maciej | | 1986 | M | 148 | 0:28:31 | 110 | 30 | M2 |
| 118 | Marosz Tomasz | | 1975 | M | 313 | 0:28:34 | 111 | 25 | M3 |
| 119 | Pałka Robert | ZSL Lesko | 1967 | M | 217 | 0:28:37 | 112 | 15 | M4 |
| 120 | Markuszka Mateusz | Krosno | 1997 | M | 424 | 0:28:40 | 113 | 42 | M1 |
| 121 | Samolewicz Janusz | Hanploplex Rzeszów | 1955 | M | 424 | 0:28:40 | 113 | 5 | M5 |
| 122 | Mról Piotr | GRUPA BIEGOWA SADECZKA | 1983 | M | 93 | 0:28:41 | 114 | 31 | M2 |
| 123 | Wietecha Rafał | OSP Łubienko | 1990 | M | 89 | 0:28:43 | 115 | 32 | M2 |
| 124 | Litwin Krzysztof | Biegam Bo Lubię | 1980 | M | 15 | 0:28:47 | 116 | 26 | M3 |
| 125 | Rozmysłowski Daniel | KKB Mosir Krosno | 1981 | M | 461 | 0:28:48 | 117 | 27 | M3 |
| 126 | Franczyk Wiesław | IPA MANIAC | 1980 | M | 212 | 0:28:57 | 118 | 28 | M3 |
| 127 | Zdeb Krzysztof | KKB Mosir Krosno | 1970 | M | 104 | 0:28:58 | 119 | 16 | M4 |
| 128 | Frydrych Arkadiusz | II LO w Krośnie, KB GOSiR | 1994 | M | 179 | 0:28:59 | 120 | 43 | M1 |
| 129 | Dybaś Jerzy | Pektyna Pektowin | 1961 | M | 477 | 0:28:59 | 120 | 6 | M5 |
| 130 | Wójcik Sławomir | LZS "WIAR" Jureczkowa | 1960 | M | 61 | 0:29:00 | 121 | 7 | M5 |
| 131 | Dębicki Zdzisław | GOPR | 1968 | M | 354 | 0:29:01 | 122 | 17 | M4 |
| 132 | Mucha Edward | KS Limanowa "Forrest" | 1954 | M | 366 | 0:29:02 | 123 | 8 | M5 |
| 133 | Chlebiński Maciej | Rzeszowskie Gazele i Gepard | 1985 | M | 343 | 0:29:03 | 124 | 33 | M2 |
| 134 | Belcik Paweł | Burza Rogi | 1993 | M | 442 | 0:29:04 | 125 | 44 | M1 |
| 135 | Uram Roman | | 1976 | M | 519 | 0:29:07 | 126 | 29 | M3 |
| 136 | Wiśniowski Adam | Maratończyk Dębica | 1971 | M | 386 | 0:29:08 | 127 | 18 | M4 |
| 137 | Grzyb Daniel | | 1984 | M | 19 | 0:29:10 | 128 | 34 | M2 |
| 138 | Oleksy Jarosław | KS Limanowa "Forrest" | 1959 | M | 365 | 0:29:11 | 129 | 9 | M5 |
| 139 | Baczyński Marek | GRUPA BIEGOWA SADECZKA | 1977 | M | 150 | 0:29:13 | 130 | 30 | M3 |
| 140 | Bil Konrad | KKB Mosir Krosno | 1997 | M | 382 | 0:29:17 | 131 | 45 | M1 |
| 141 | Bil Piotr | KKB Mosir Krosno | 1972 | M | 381 | 0:29:25 | 132 | 31 | M3 |
| 142 | Lubaś Bogusław | | 1964 | M | 496 | 0:29:35 | 133 | 19 | M4 |
| 143 | Zabielski Waldemar | KS Biecz | 1965 | M | 348 | 0:29:36 | 134 | 20 | M4 |
| 144 | Mussur Henryk | KKB Mosir Krosno | 1952 | M | 403 | 0:29:39 | 135 | 10 | M5 |
| 145 | Ostręga Jerzy | | 1962 | M | 57 | 0:29:40 | 136 | 21 | M4 |
| 146 | Czekański Sebastian | | 1976 | M | 513 | 0:29:41 | 137 | 32 | M3 |
| 147 | Adamczyk Krzysztof | IPA GORLICE | 1987 | M | 45 | 0:29:42 | 138 | 35 | M2 |
| 148 | Karp Andrzej | | 1961 | M | 355 | 0:29:42 | 138 | 11 | M5 |
| 149 | Dymek Mateusz | IPA ZABIEGANI MIELEC | 1992 | M | 26 | 0:29:44 | 139 | 46 | M1 |
| 150 | Adamiak Mateusz | TG Sokół Strachocina | 1994 | M | 373 | 0:29:48 | 140 | 47 | M1 |
| 151 | Kazimir Frantisek | MCHK Ruskov | 1951 | M | 400 | 0:29:51 | 141 | 2 | M6 |
| 152 | Krukar Jerzy | IPA | 1958 | M | 375 | 0:29:53 | 142 | 12 | M5 |
| 153 | Raus Grzegorz | Beniaminek Krosno | 1981 | M | 537 | 0:29:58 | 143 | 33 | M3 |
| 154 | Pyrzak Jacek | CSG TRANGO | 1980 | M | 426 | 0:29:59 | 144 | 34 | M3 |
| 155 | Wacek Tomasz | Karpaty | 1976 | M | 536 | 0:29:59 | 144 | 34 | M3 |
| 156 | Drozd Marek | Huragan Jasionka | 1997 | M | 358 | 0:30:00 | 145 | 48 | M1 |
| 157 | Nalepa Grzegorz | | 1974 | M | 24 | 0:30:01 | 146 | 35 | M3 |
| 158 | Armata Krzysztof | | 1993 | M | 206 | 0:30:04 | 147 | 49 | M1 |
| 159 | Szczerba Andrzej | KMP Mysłowice | 1972 | M | 56 | 0:30:06 | 148 | 36 | M3 |

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|-----|----------------------|---------------------------|------|---|-----|---------|-----|----|----|
| 160 | Szczurek Michał | | 1991 | M | 337 | 0:30:07 | 149 | 36 | M2 |
| 161 | Przybyło Karol | Kryg | 1996 | M | 96 | 0:30:08 | 150 | 50 | M1 |
| 162 | Ukleja Adrian | Burza Rogi | 1995 | M | 398 | 0:30:09 | 151 | 51 | M1 |
| 163 | Głód Paweł | Huragan Jasionka | 1991 | M | 418 | 0:30:10 | 152 | 37 | M2 |
| 164 | Kania Dominik | II LO w Krośnie | 1993 | M | 181 | 0:30:12 | 153 | 52 | M1 |
| 165 | Gęsiak Kacper | GOSIR Jedlicze | 2000 | M | 333 | 0:30:14 | 154 | 1 | 0 |
| 166 | Szczypek Mariusz | | 1974 | M | 280 | 0:30:15 | 155 | | M3 |
| 167 | Szurek Sławomir | ULKS Lipinki | 1993 | M | 456 | 0:30:15 | 155 | | M1 |
| 168 | Borek Jakub | Burza Rogi | 1991 | M | 399 | 0:30:16 | 156 | 38 | M2 |
| 169 | Szymków Henryk | Agroma Rzeszów | 1950 | M | 425 | 0:30:16 | 156 | 3 | M6 |
| 170 | Tarczoń Michał | | 1988 | M | 161 | 0:30:21 | 157 | 39 | M2 |
| 171 | Bączalski Mariusz | UKS Maraton Sękowa | 1976 | M | 276 | 0:30:25 | 158 | 37 | M3 |
| 172 | Sokołowski Łukasz | Iwonicz | 1987 | M | 427 | 0:30:27 | 159 | 40 | M2 |
| 173 | Jawdyk Dariusz | | 1988 | M | 447 | 0:30:27 | 159 | 40 | M2 |
| 174 | Wojdyła Janusz | KROMER Gorlice | 1966 | M | 66 | 0:30:34 | 160 | 22 | M4 |
| 175 | Skotnicki Dariusz | Twierdza Przemyśl | 1965 | M | 109 | 0:30:35 | 161 | 23 | M4 |
| 176 | Mosoń Wiktor | MUKS Podkarpacie Jedlicze | 1975 | M | 13 | 0:30:39 | 162 | 38 | M3 |
| 177 | Rajchel Marcin | Prorun | 1979 | M | 458 | 0:30:39 | 162 | 38 | M3 |
| 178 | Pelczar Maciej | Krosno | 1971 | M | 223 | 0:30:41 | 163 | 24 | M4 |
| 179 | Dziedziak Marek | UKS Gryf Szymbark | 1965 | M | 112 | 0:30:42 | 164 | 25 | M4 |
| 180 | Katan Waclaw | KKB Mosir Krosno | 1955 | M | 6 | 0:30:43 | 165 | 13 | M5 |
| 181 | Kasperkowicz Edward | kkb mosir krosno | 1966 | M | 111 | 0:30:47 | 166 | 26 | M4 |
| 182 | Haczela Kamil | MUKS Jedlicze | 2000 | M | 470 | 0:30:47 | 166 | 2 | 0 |
| 183 | Serafin Jacek | | 1972 | M | 508 | 0:30:48 | 167 | 39 | M3 |
| 184 | Ostrowski Jan | Korczyna | 1949 | M | 368 | 0:30:49 | 168 | 4 | M6 |
| 185 | Wojciechowski Simon | IPA Zabiegani Mielec | 1994 | M | 37 | 0:30:50 | 169 | 53 | M1 |
| 186 | Grochmal Stanisław | | 1972 | M | 492 | 0:30:52 | 170 | 40 | M3 |
| 187 | Łapczyński Krzysztof | Ustrzyki Dolne | 1990 | M | 545 | 0:30:53 | 171 | 41 | M2 |
| 188 | Michalski Mateusz | II LO w Krośnie | 1993 | M | 180 | 0:30:57 | 172 | 54 | M1 |
| 189 | Basara Ryszard | Cebulorze | 1983 | M | 423 | 0:30:57 | 172 | 42 | M2 |
| 190 | Blicharczyk Tomasz | II LO krosno | 1995 | M | 175 | 0:30:58 | 173 | 55 | M1 |
| 191 | Pikiel Dominik | Rzeszów | 1988 | M | 246 | 0:30:59 | 174 | 43 | M2 |
| 192 | Turek Bogdan | | 1963 | M | 285 | 0:31:00 | 175 | 27 | M4 |
| 193 | Pysiewicz Krzysztof | IPA | 1957 | M | 9 | 0:31:01 | 176 | 14 | M5 |
| 194 | Raś Bartłomiej | Wrocanka | 1998 | M | 384 | 0:31:02 | 177 | 56 | M1 |
| 195 | Baran Patryk | OSP Łubienko | 1996 | M | 87 | 0:31:04 | 178 | 57 | M1 |
| 196 | Gęsiar Wojciech | GOSIR Jedlicze | 1998 | M | 332 | 0:31:08 | 179 | 58 | M1 |
| 197 | Moskał Andrzej | Biecz | 1954 | M | 524 | 0:31:12 | 180 | 15 | M5 |
| 198 | Adamczyk Jan | GORLICE | 1957 | M | 54 | 0:31:13 | 181 | 16 | M5 |
| 199 | Lewicki Przemysław | Zabiegani Mielec | 1989 | M | 491 | 0:31:16 | 182 | 44 | M2 |
| 200 | Kozioł Łukasz | Zabiegani Mielec | 1981 | M | 118 | 0:31:17 | 183 | 41 | M3 |
| 201 | Wańczyk Paweł | IPA visegrad maraton ryto | 1960 | M | 125 | 0:31:18 | 184 | 17 | M5 |
| 202 | Skóra Sławomir | IPA | 1985 | M | 489 | 0:31:19 | 185 | 45 | M2 |
| 203 | Maras Ladislav | IPA Presov | 1963 | M | 17 | 0:31:26 | 186 | 28 | M4 |
| 204 | Smyka Kacper | MUKS Jedlicze | 1997 | M | 450 | 0:31:26 | 186 | 59 | M1 |
| 205 | Jurczak Patryk | | 1990 | M | 517 | 0:31:28 | 187 | 46 | M2 |
| 206 | Kielbasa Tomasz | KKB Mosir Krosno | 1986 | M | 263 | 0:31:31 | 188 | 47 | M2 |
| 207 | Rajchel Rafał | UM Krosno | 1982 | M | 516 | 0:31:31 | 188 | 47 | M2 |
| 208 | Parilak Gerard | TRI KLUB MICHALOVCE | 1943 | M | 156 | 0:31:39 | 189 | 5 | M6 |
| 209 | Nawrocki Jerzy | Krosno | 1972 | M | 209 | 0:31:39 | 189 | 42 | M3 |
| 210 | Petryczko Kamil | MWKS Mechanik | 1993 | M | 345 | 0:31:42 | 190 | 60 | M1 |
| 211 | Kubał Przemysław | | 1985 | M | 505 | 0:31:42 | 190 | 48 | M2 |
| 212 | Gładysz Rafał | | 1975 | M | 5 | 0:31:44 | 191 | 43 | M3 |
| 213 | Niezgoda Rafał | KKB Mosir Krosno | 1991 | M | 523 | 0:31:52 | 192 | 49 | M2 |
| 214 | Rysz Michał | Krosno | 1995 | M | 340 | 0:31:54 | 193 | 61 | M1 |
| 215 | Futyma Kamil | | 1991 | M | 302 | 0:31:55 | 194 | 50 | M2 |
| 216 | Władyka Jarosław | | 1992 | M | 303 | 0:31:56 | 195 | 62 | M1 |

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|-----|------------------------|-----------------------------|------|---|-----|---------|-----|----|----|
| 217 | Szafran Zygmunt | Rzeszowskie Gazele i Gepard | 1965 | M | 347 | 0:31:57 | 196 | 29 | M4 |
| 218 | Turek Arkadiusz | | 1989 | M | 154 | 0:31:58 | 197 | 51 | M2 |
| 219 | Żolnierczyk Piotr | | 1984 | M | 511 | 0:31:58 | 197 | 51 | M2 |
| 220 | Szaton Marian | IPA KWP Katowice | 1960 | M | 316 | 0:32:04 | 198 | 18 | M5 |
| 221 | Niezgoda Antoni | KKB Mosir Krosno | 1946 | M | 257 | 0:32:05 | 199 | 6 | M6 |
| 222 | Szpila Maciej | Rzeszowskie Gazele i Gepard | 1965 | M | 342 | 0:32:06 | 200 | 30 | M4 |
| 223 | Bożętka Waldemar | | 1984 | M | 472 | 0:32:08 | 201 | 52 | M2 |
| 224 | Zanko Ivan | Yunost | 1965 | M | 308 | 0:32:11 | 202 | 31 | M4 |
| 225 | Borek Tomasz | Burza Rogi | 1987 | M | 444 | 0:32:21 | 203 | 53 | M2 |
| 226 | Sabanos Gejza | TJ Sokół Lubotice | 1961 | m | 402 | 0:32:22 | 204 | 19 | M5 |
| 227 | Albrycht Piotr | | 1965 | M | 155 | 0:32:24 | 205 | 32 | M4 |
| 228 | Kucharski Dominik | Huragan Jasionka | 1997 | M | 346 | 0:32:25 | 206 | 63 | M1 |
| 229 | Bolanin Krzysztof | TG Sokół Strachocina | 1998 | M | 372 | 0:32:28 | 207 | 64 | M1 |
| 230 | Kuryło Artur | Sękowa | 1970 | M | 253 | 0:32:29 | 208 | 33 | M4 |
| 231 | Bąk Andrzej | TKKF SOKÓŁ Głogów Młp. | 1959 | M | 10 | 0:32:30 | 209 | 20 | M5 |
| 232 | Gucwa Sławomir | Extreme Sports | 1977 | M | 500 | 0:32:30 | 209 | 44 | M3 |
| 233 | Nahacz Andrzej | | 1981 | M | 445 | 0:32:31 | 210 | 45 | M3 |
| 234 | Daszyk Radosław | TG Sokół Strachocina | 1992 | M | 370 | 0:32:32 | 211 | 65 | M1 |
| 235 | Szady Paweł | Zabiegani Mielec | 1978 | M | 351 | 0:32:45 | 212 | 46 | M3 |
| 236 | Grochmal Daniel | | 1988 | M | 494 | 0:32:49 | 213 | 54 | M2 |
| 237 | Rybnicki Andrzej | | 1973 | M | 479 | 0:32:51 | 214 | 47 | M3 |
| 238 | Szukała Wiktor | | 1992 | M | 327 | 0:32:52 | 215 | 66 | M1 |
| 239 | Piekarski Szymon | | 1991 | M | 540 | 0:32:53 | 216 | 55 | M2 |
| 240 | Śmieszek Zbigniew | | 1968 | M | 2 | 0:32:56 | 217 | 34 | M4 |
| 241 | Peszko Sebastian | | 1991 | M | 481 | 0:32:59 | 218 | 56 | M2 |
| 242 | Kucharski Wiktor | LUKS Burza Rogi | 1991 | M | 483 | 0:33:00 | 219 | 57 | M2 |
| 243 | Kwolek Tomasz | | 1996 | M | 422 | 0:33:01 | 220 | 67 | M1 |
| 244 | Szewczyk Sławomir | Luks Burza Rogi | 1971 | M | 507 | 0:33:01 | 220 | 35 | M4 |
| 245 | Skotnicki Łukasz | | 1987 | M | 108 | 0:33:11 | 221 | 58 | M2 |
| 246 | Mendelowski Krzysztof | | 1967 | M | 543 | 0:33:13 | 222 | 36 | M4 |
| 247 | Dobraskyy Ivan | Yunost | 1961 | M | 307 | 0:33:16 | 223 | 21 | M5 |
| 248 | Wawrzon Mirosław | IPA Skrzyszowia | 1979 | M | 20 | 0:33:17 | 224 | 48 | M3 |
| 249 | Hermanowicz Marcin | | 1976 | M | 395 | 0:33:19 | 225 | 49 | M3 |
| 250 | Ejsmond Karol | Łańcut | 1983 | M | 254 | 0:33:23 | 226 | 59 | M2 |
| 251 | Currus Neil | Birkkenhead | 1978 | M | 434 | 0:33:24 | 227 | 50 | M3 |
| 252 | Czado Maciej | | 1986 | M | 357 | 0:33:25 | 228 | 60 | M2 |
| 253 | Szot Krzysztof | | 1965 | M | 260 | 0:33:28 | 229 | 37 | M4 |
| 254 | Piekarski Sebastian | | 1975 | M | 541 | 0:33:33 | 230 | 51 | M3 |
| 255 | Wiśniowski Tadeusz | Senior and Junior | 1967 | M | 525 | 0:33:34 | 231 | 38 | M4 |
| 256 | Lis Robert | | 1964 | M | 282 | 0:33:36 | 232 | 39 | M4 |
| 257 | Pliszyło Paweł | judo-jaslo.pl | 1975 | M | 4 | 0:33:37 | 233 | 52 | M3 |
| 258 | Sądel Mieczysław | Olkusz | 1957 | M | 360 | 0:33:38 | 234 | 22 | M5 |
| 259 | Winiarz Wtold | IPA Twierdza Przemyśl | 1970 | M | 165 | 0:33:41 | 235 | 40 | M4 |
| 260 | Bykowski Andrzej | | 1970 | M | 420 | 0:33:41 | 235 | 40 | M4 |
| 261 | Jakieła Rafał | Huragan Jasionka | 1992 | M | 501 | 0:33:45 | 236 | 68 | M1 |
| 262 | Zajac Ireneusz | | 1952 | M | 350 | 0:33:52 | 237 | 23 | M5 |
| 263 | Augustyn Paweł | | 1991 | M | 23 | 0:33:54 | 238 | 61 | M2 |
| 264 | Kotłowski Jakub | Huragan Jasionka | 1994 | M | 499 | 0:33:54 | 238 | 69 | M1 |
| 265 | Sebastianski Krzysztof | New Jersey Y Camps | 1986 | M | 114 | 0:33:57 | 239 | 62 | M2 |
| 266 | Daszyk Marian | TG Sokół Strachocina | 1961 | M | 238 | 0:34:00 | 240 | 24 | M5 |
| 267 | Krzysztof Piotr | | 1951 | M | 325 | 0:34:04 | 241 | 7 | M6 |
| 268 | Niedzielski Filip | Stimo Krosno | 1980 | M | 364 | 0:34:05 | 242 | 54 | M3 |
| 269 | Świerzowski Tomasz | ULKS Lipinki | 1973 | M | 97 | 0:34:06 | 243 | 55 | M3 |
| 270 | Kwaśny Jerzy | MGM REKLAMY | 1973 | M | 119 | 0:34:06 | 243 | 55 | M3 |
| 271 | Jamro Leopold | | 1942 | M | 356 | 0:34:08 | 244 | 8 | M6 |
| 272 | Świątkowski Bartosz | ULKS Lipinki | 1986 | M | 451 | 0:34:15 | 245 | 63 | M2 |
| 273 | Tomečko Jozef | IPA SOAZ Prešov | 1953 | M | 39 | 0:34:16 | 246 | 25 | M5 |

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|-----|--------------------|----------------------------|------|---|-----|---------|-----|----|----|
| 274 | Kędzior Michał | drużyna szpiku | 1897 | M | 485 | 0:34:16 | 246 | 9 | M6 |
| 275 | Bożętka Dawid | Huragan Jasionka | 1997 | M | 317 | 0:34:19 | 247 | 70 | M1 |
| 276 | Zajdel Piotr | Krosno | 1970 | M | 387 | 0:34:19 | 247 | 41 | M4 |
| 277 | Briz Piotr | MUKS Jedlicze | 1969 | M | 455 | 0:34:20 | 248 | 42 | M4 |
| 278 | Materna Roman | ORŁY RZESZOWSKIE | 1967 | M | 73 | 0:34:21 | 249 | 43 | M4 |
| 279 | Twardzik Rafał | Huragan Jasionka | 1995 | M | 497 | 0:34:23 | 250 | 71 | M1 |
| 280 | Karkoszka Łukasz | Huragan Jasionka | 1997 | M | 318 | 0:34:34 | 251 | 72 | M1 |
| 281 | Janusz Marcin | Festiwal Biegowy Krynica | 1975 | M | 467 | 0:34:37 | 252 | 56 | M3 |
| 282 | Karkoszka Jan | | 1995 | M | 324 | 0:34:43 | 253 | 73 | M1 |
| 283 | Faron Janusz | IPA Visegrad Maraton Rytro | 1965 | M | 40 | 0:34:44 | 254 | 44 | M4 |
| 284 | Godek Tomasz | | 1983 | M | 538 | 0:34:44 | 254 | 64 | M2 |
| 285 | Kosiba Antoni | IPA Kryg | 1964 | M | 196 | 0:34:47 | 255 | 45 | M4 |
| 286 | Kustroń Adam | | 1963 | M | 305 | 0:34:47 | 255 | 45 | M4 |
| 287 | Kowalik Wojciech | | 1960 | M | 46 | 0:34:48 | 256 | 26 | M5 |
| 288 | Frej Stanisław | Sparta Draganowa | 1951 | M | 92 | 0:34:49 | 257 | 10 | M6 |
| 289 | Borek Michał | | 1989 | M | 378 | 0:34:50 | 258 | 65 | M2 |
| 290 | Hulin Karol | Saturn Team | 1981 | M | 539 | 0:34:53 | 259 | 57 | M3 |
| 291 | Wiatr Stanisław | Amator | 1952 | M | 124 | 0:35:02 | 260 | 27 | M5 |
| 292 | Różnicki Michał | | 1998 | M | 469 | 0:35:04 | 261 | 74 | M1 |
| 293 | Kędzior Jerzy | | 1964 | M | 484 | 0:35:04 | 261 | 46 | M4 |
| 294 | Górski Paweł | | 1988 | M | 314 | 0:35:06 | 262 | 66 | M2 |
| 295 | Hyleński Marek | TG Sokół Strachocina | 1988 | M | 369 | 0:35:09 | 263 | 67 | M2 |
| 296 | Albrycht Damian | KKS Karpaty | 1991 | M | 86 | 0:35:11 | 264 | 68 | M2 |
| 297 | Nosal Tomasz | | 1987 | M | 487 | 0:35:11 | 264 | 68 | M2 |
| 298 | Tomkiewicz Paweł | KKS Karpaty | 1992 | M | 85 | 0:35:15 | 265 | 75 | M1 |
| 299 | Strzelcki Robert | IPA Ustrzyki Górne | 1979 | M | 222 | 0:35:25 | 266 | 58 | M3 |
| 300 | Szczurek Waldemar | Jasionka | 1968 | M | 338 | 0:35:26 | 267 | 47 | M4 |
| 301 | Gondek Mateusz | | 1989 | M | 301 | 0:35:57 | 268 | 69 | M2 |
| 302 | Kantek Ryszard | IPA KM PSP Krosno | 1978 | M | 174 | 0:36:02 | 269 | 59 | M3 |
| 303 | Krokowski Wojciech | IPA bwg ekonomic | 1954 | M | 157 | 0:36:04 | 270 | 28 | M5 |
| 304 | Czyż Rafał | | 1991 | M | 396 | 0:36:04 | 270 | 70 | M2 |
| 305 | Jajeńnica Marian | | 1953 | M | 329 | 0:36:07 | 271 | 29 | M5 |
| 306 | Landa Emil | IPA KKB Mosir Krosno | 1966 | M | 8 | 0:36:19 | 272 | 48 | M4 |
| 307 | Filipczak Dominik | TG Sokół Strachocina | 1999 | M | 371 | 0:36:24 | 273 | 76 | M1 |
| 308 | Wróbel Robert | IPA KKB MOSIR Krosno | 1973 | M | 542 | 0:36:26 | 274 | 60 | M3 |
| 309 | Landa Przemysław | | 1987 | M | 269 | 0:36:30 | 275 | 71 | M2 |
| 310 | Bobusia Waław | KKB Mosir Krosno | 1961 | M | 367 | 0:36:37 | 276 | 30 | M5 |
| 311 | Pelczar Andrzej | MUKS Podkarpacie Jedlicze | 1963 | M | 21 | 0:36:39 | 277 | 49 | M4 |
| 312 | Masłoń Sebastian | | 1980 | M | 486 | 0:36:43 | 278 | 61 | M3 |
| 313 | Fic Edward | IPA KKB MOSiR Krosno | 1992 | M | 122 | 0:36:48 | 279 | 77 | M1 |
| 314 | Jordan Marek | KKB Mosir Krosno | 1951 | M | 91 | 0:36:53 | 280 | 11 | M6 |
| 315 | Fic Mariusz | IPA KKB MOSiR Krosno | 1968 | M | 167 | 0:36:56 | 281 | 50 | M4 |
| 316 | Nowak Paweł | IPA | 1974 | M | 394 | 0:37:04 | 282 | 62 | M3 |
| 317 | Zuzak Zbigniew | | 1953 | M | 546 | 0:37:07 | 283 | 31 | M5 |
| 318 | Barcentewicz Jerzy | KKB Mosir Krosno | 1965 | M | 283 | 0:37:11 | 284 | 51 | M4 |
| 319 | Frydrych Dariusz | KKB "Mosir" Krosno | 1969 | M | 72 | 0:37:11 | 284 | 52 | M4 |
| 320 | Urban Wiktor | IPA KKB Mosir Krosno | 1973 | M | 78 | 0:37:11 | 284 | 63 | M3 |
| 321 | Guzik Waław | IPA KKB MOSiR KROSNO | 1959 | M | 120 | 0:37:11 | 284 | 32 | M5 |
| 322 | Kukulski Sławomir | KKB MOSiR Krosno | 1974 | M | 169 | 0:37:11 | 284 | 63 | M3 |
| 323 | Biedka Marcin | IPA KM PSP Krosno | 1986 | M | 173 | 0:37:11 | 284 | 72 | M2 |
| 324 | Kosiek Stanisław | IPA | 1970 | M | 197 | 0:37:11 | 284 | 52 | M4 |
| 325 | Koś Adam | KKB Mosir Krosno | 1982 | M | 304 | 0:37:11 | 284 | 72 | M2 |
| 326 | Piwiński Arkadiusz | PWSZ Krosno | 1992 | M | 406 | 0:37:11 | 284 | 78 | M1 |
| 327 | Wyderka Adam | KKB Mosir Krosno | 1982 | M | 433 | 0:37:11 | 284 | 72 | M2 |
| 328 | Urban Andrzej | IPA KKB Mosir Krosno | 1969 | M | 437 | 0:37:11 | 284 | 52 | M4 |
| 329 | Urban Ireneusz | IPA KKB Mosir Krosno | 1976 | M | 502 | 0:37:11 | 284 | 63 | M3 |
| 330 | Bożek Bartosz | | 1998 | M | 526 | 0:37:11 | 284 | 78 | M1 |

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|-----|----------------------|-------------------------|------|---|-----|---------|-----|----|----|
| 331 | Wizner Czesław | IPA Katowice | 1954 | M | 11 | 0:37:13 | 285 | 33 | M5 |
| 332 | Kowalczyk Tadeusz | | 1954 | M | 544 | 0:37:15 | 286 | 34 | M5 |
| 333 | Jarosz Paweł | IPA NEUROLOGIA JASŁO | 1976 | M | 51 | 0:37:17 | 287 | 64 | M3 |
| 334 | Cetnarowicz Czesław | | 1941 | M | 409 | 0:37:18 | 288 | 12 | M6 |
| 335 | Piękoś Łukasz | | 1992 | M | 328 | 0:37:20 | 289 | 79 | M1 |
| 336 | Różnicki Marcin | | 1999 | M | 468 | 0:37:33 | 290 | 80 | M1 |
| 337 | Patlewicz Paweł | Sóper Stódent | 1982 | M | 438 | 0:37:34 | 291 | 73 | M2 |
| 338 | Hvozdetsky Leonid | LSK Tandem | 1945 | M | 106 | 0:37:50 | 292 | 13 | M6 |
| 339 | Jakięła Mateusz | Huragan Jasionka | 1998 | M | 359 | 0:37:50 | 292 | 81 | M1 |
| 340 | Lenik Tomasz | | 1984 | M | 482 | 0:37:50 | 292 | 74 | M2 |
| 341 | Kiełtyka Borys | Krosno | 1995 | M | 341 | 0:37:52 | 293 | 82 | M1 |
| 342 | Urbański Józef | IPA KKB Mosir Krosno | 1958 | M | 80 | 0:37:54 | 294 | 35 | M5 |
| 343 | Cetnarowicz Roman | | 1966 | M | 408 | 0:37:57 | 295 | 53 | M4 |
| 344 | Krzemiński Marcin | biegtozdrowie | 1982 | M | 55 | 0:38:01 | 296 | 75 | M2 |
| 345 | Sekuła Piotr | | 1991 | M | 376 | 0:38:07 | 297 | 76 | M2 |
| 346 | Szydełko Krzysztof | | 1990 | M | 306 | 0:38:09 | 298 | 77 | M2 |
| 347 | Kruszyna Łukasz | | 1990 | M | 326 | 0:38:10 | 299 | 78 | M2 |
| 348 | Turoń Mateusz | PWSZ Krosno | 1991 | M | 405 | 0:38:11 | 300 | 79 | M2 |
| 349 | Lenar Piotr | | 1997 | M | 436 | 0:38:12 | 301 | 83 | M1 |
| 350 | Wigłosz Krzysztof | | 1980 | M | 435 | 0:38:15 | 302 | 65 | M3 |
| 351 | Gałaszka Dariusz | IPA KKB Mosir Krosno | 1974 | M | 77 | 0:38:16 | 303 | 66 | M3 |
| 352 | Kobak Wojciech | IPA | 1980 | M | 490 | 0:38:29 | 304 | 67 | M3 |
| 353 | Geruła Grzegorz | | 1985 | M | 267 | 0:38:38 | 305 | 80 | M2 |
| 354 | Mądro Krzysztof | Dębica | 1993 | M | 390 | 0:38:38 | 305 | 84 | M1 |
| 355 | Rogała Łukasz | | 1979 | M | 140 | 0:38:41 | 306 | 68 | M3 |
| 356 | Och Dominik | MUKS Jedlicze | 2000 | M | 453 | 0:38:42 | 307 | 3 | 0 |
| 357 | Urbanek Artur | GSE K15 | 1989 | M | 529 | 0:38:42 | 307 | 81 | M2 |
| 358 | Michalczuk Zenon | | 1957 | M | 60 | 0:38:43 | 308 | 36 | M5 |
| 359 | Górski Piotr | | 1977 | M | 315 | 0:38:49 | 309 | 69 | M3 |
| 360 | Wołczański Marcin | | 1979 | M | 32 | 0:39:04 | 310 | 70 | M3 |
| 361 | Sekuła Paweł | | 1995 | M | 377 | 0:39:17 | 311 | 85 | M1 |
| 362 | Maras Ladislav | IPA Presov | 1987 | M | 42 | 0:40:43 | 312 | 82 | M2 |
| 363 | Pięta Leszek | | 1963 | M | 219 | 0:40:50 | 313 | 54 | M4 |
| 364 | Porembski Bogdan | Rymanów Zdrój | 1961 | M | 213 | 0:40:55 | 314 | 37 | M5 |
| 365 | Wanik Artur | IPA OVB | 1975 | M | 393 | 0:41:43 | 315 | 71 | M3 |
| 366 | Pragłowski Mikołaj | | 1986 | M | 139 | 0:42:08 | 316 | 83 | M2 |
| 367 | Gładysz Andrzej | | 1960 | M | 289 | 0:42:36 | 317 | 38 | M5 |
| 368 | Granda Kazimierz | Lotos | 1935 | M | 476 | 0:42:39 | 318 | 14 | M6 |
| 369 | Kulpiński Piotr | | 1991 | M | 528 | 0:42:52 | 319 | 84 | M2 |
| 370 | Środoń Jan | | 1990 | M | 336 | 0:43:08 | 320 | 85 | M2 |
| 371 | Salewski Konrad | PWSZ Krosno | 1992 | M | 407 | 0:43:08 | 320 | 86 | M1 |
| 372 | Marcinkowski Dariusz | Frysztak | 1996 | M | 518 | 0:43:24 | 321 | 87 | M1 |
| 373 | Stopa Mariusz | Rzeszów | 1969 | M | 240 | 0:43:47 | 322 | 55 | M4 |
| 374 | Wiśniowski Łukasz | Dębica | 1999 | M | 388 | 0:43:49 | 323 | 88 | M1 |
| 375 | Gąsiorski Michał | | 1988 | M | 272 | 0:44:52 | 324 | 86 | M2 |
| 376 | Mądro Paweł | Dębica | 1999 | M | 389 | 0:45:29 | 325 | 89 | M1 |
| 377 | Głabowicz Ryszard | Zakład Rembud | 1938 | M | 535 | 0:47:37 | 326 | 15 | M6 |
| 378 | Guzik Bogdan | Fantastic Sport Krosno | 1966 | M | 533 | 0:47:38 | 327 | 56 | M4 |
| 379 | Rudyk Mykola | kolos | 1973 | M | 115 | | NU | | M3 |
| 380 | Teszna Marcin | Zmiennica | 1994 | M | 379 | | NU | | M1 |
| 381 | Fiskowicz Lilia | LKB Rudnik | 1989 | K | 322 | 0:23:04 | 1 | 1 | K2 |
| 382 | Kotowska Olga | Kovel | 1983 | K | 233 | 0:23:09 | 2 | 2 | K2 |
| 383 | Wojna Anna | ULKS Lipinki | 1986 | K | 121 | 0:24:31 | 3 | 3 | K2 |
| 384 | Cader Agnieszka | | 1983 | K | 52 | 0:24:50 | 4 | 4 | K2 |
| 385 | Zatorska Izabela | RMD Montrail Team | 1962 | K | 234 | 0:25:06 | 5 | 1 | K4 |
| 386 | Bielec Edyta | IPA MKS HALICZ USTRZYKI | 1997 | K | 189 | 0:26:38 | 6 | 1 | K1 |
| 387 | Kwoka Katarzyna | CWKS Resowia Rzeszów | 1985 | K | 270 | 0:26:39 | 7 | 5 | K2 |

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| 388 | Zatorska Kamila | Burza Rogi | 1997 | K | 235 | 0:26:43 | 8 | 2 | K1 |
| 389 | Smutek Monika | | 1991 | K | 141 | 0:26:44 | 9 | 6 | K2 |
| 390 | Bielec Joanna | IPA MKS HALICZ USTRZYKI | 1998 | K | 188 | 0:27:10 | 10 | 3 | K1 |
| 391 | Sulowska Iwona | Luks Burza Rogi | 1989 | K | 281 | 0:27:11 | 11 | 7 | K2 |
| 392 | Kulka Regina | ULKS Lipniki | 1989 | K | 244 | 0:27:13 | 12 | 8 | K2 |
| 393 | Orłowska Marta | IPA MKS HALICZ USTRZYKI | 1993 | K | 192 | 0:27:43 | 13 | 4 | K1 |
| 394 | Kobos Kamila | IPA MKS HALICZ USTRZYKI | 1995 | K | 190 | 0:27:52 | 14 | 5 | K1 |
| 395 | Wydra Sabina | MOK Mszana Dolna | 1982 | K | 151 | 0:28:05 | 15 | 9 | K2 |
| 396 | Lachowska Martyna | IPA MKS HALICZ USTRZYKI | 1998 | K | 186 | 0:28:16 | 16 | 6 | K1 |
| 397 | Paczosa Barbara | Mielec | 1960 | K | 256 | 0:28:26 | 17 | 1 | K5 |
| 398 | Tabisz Ilona | KKB Mosir Krosno | 1996 | K | 27 | 0:28:49 | 18 | | K1 |
| 399 | Filip Paulina | KKB Mosir Krosno | 1996 | K | 38 | 0:28:54 | 19 | 7 | K1 |
| 400 | Sidor Gabriela | IPA MKS HALICZ USTRZYKI | 2000 | K | 183 | 0:29:08 | 20 | 1 | 0 |
| 401 | Piątkiewicz Adriana | | 1989 | K | 248 | 0:30:06 | 21 | 10 | K2 |
| 402 | Ciszek Anna | IPA MKS HALICZ USTRZYKI | 1998 | K | 184 | 0:30:08 | 22 | 8 | K1 |
| 403 | Kopeć Maria | IPA MKS HALICZ USTRZYKI | 1998 | K | 187 | 0:30:09 | 23 | 9 | K1 |
| 404 | Hajnosz Barbara | ULKS Technik Trzcinica | 1993 | K | 232 | 0:30:23 | 24 | 10 | K1 |
| 405 | Augustyn Justyna | IPA MKS HALICZ USTRZYKI | 1998 | K | 185 | 0:30:28 | 25 | 11 | K1 |
| 406 | Smeja Agnieszka | KROMER Gorlice | 1993 | K | 68 | 0:30:54 | 26 | 12 | K1 |
| 407 | Chochołek Monika | ULKS TECHNIK Trznica | 1992 | K | 231 | 0:30:54 | 26 | 12 | K1 |
| 408 | Grabska Renata | Biegam Bo Lubię | 1950 | K | 117 | 0:31:50 | 27 | 1 | K6 |
| 409 | Serafin Marcelina | IPA MKS Stal Nowa Deba | 1997 | K | 163 | 0:31:50 | 27 | 13 | K1 |
| 410 | Zalisko Oksana | SK NU Lvivska Politechnika | 1956 | K | 202 | 0:31:51 | 28 | 2 | K5 |
| 411 | Bury Beata | KKB MOSIR KROSNO | 1986 | K | 127 | 0:32:01 | 29 | 11 | K2 |
| 412 | Śliwiak Patrycja | IPA MKS HALICZ USTRZYKI | 1995 | K | 191 | 0:32:06 | 30 | 14 | K1 |
| 413 | Kubit Aneta | KKB Mosir Krosno | 1995 | K | 29 | 0:32:18 | 31 | 15 | K1 |
| 414 | Kozioł Weronika | KKB Mosir Krosno | 1994 | K | 36 | 0:32:23 | 32 | 16 | K1 |
| 415 | Jasic Iwona | IPA | 1976 | K | 198 | 0:32:33 | 33 | 1 | K3 |
| 416 | Klisowska Magdalena | Visegard Maraton | 1992 | K | 249 | 0:32:46 | 34 | 17 | K1 |
| 417 | Smolik Katarzyna | | 1996 | K | 259 | 0:32:48 | 35 | 18 | K1 |
| 418 | Szewczyk Aleksandra | Luks Burza Rogi | 1999 | K | 504 | 0:33:01 | 36 | 19 | K1 |
| 419 | Jaskowska Bożena | Rzeszowskie Gazele i Gepard | 1978 | K | 229 | 0:33:11 | 37 | 2 | K3 |
| 420 | Ekiert Gabriela | KB GOSIR Krościenko Wyżne | 1994 | K | 265 | 0:33:35 | 38 | 20 | K1 |
| 421 | Pęczak Klaudia | KKB Mosir Krosno | 1995 | K | 28 | 0:33:44 | 39 | 21 | K1 |
| 422 | Lorenc Barbara | KKB Mosir Krosno | 1995 | K | 178 | 0:33:58 | 40 | 22 | K1 |
| 423 | Pikusa Anna | | 1993 | K | 105 | 0:34:07 | 41 | 23 | K1 |
| 424 | Semanova Maria | Slavia PU Presov | 1968 | K | 216 | 0:34:18 | 42 | 2 | K4 |
| 425 | Niedzielska Elżbieta | STIMO Krosno | 1982 | K | 230 | 0:34:22 | 43 | 12 | K2 |
| 426 | Trybus Łucja | GOSIR Jedlicze | 1998 | K | 204 | 0:34:41 | 44 | 24 | K1 |
| 427 | Pasterczyk Paula | MUKS Jedlicze | 1998 | K | 465 | 0:34:42 | 45 | 25 | K1 |
| 428 | Maślikiewicz Anna | niezrzeszony amator | 1980 | K | 126 | 0:34:46 | 46 | 3 | K3 |
| 429 | Czupik Katarzyna | Kromer Gorlice | 1993 | K | 71 | 0:35:08 | 47 | 26 | K1 |
| 430 | Kubacka Agnieszka | MUKS Jedlicze | 1976 | K | 274 | 0:35:24 | 48 | 4 | K3 |
| 431 | Turek Estera | | 1994 | K | 286 | 0:35:27 | 49 | 27 | K1 |
| 432 | Walus Katarzyna | | 1990 | K | 262 | 0:36:00 | 50 | 13 | K2 |
| 433 | Siwak Magdalena | | 1991 | K | 82 | 0:36:03 | 51 | 14 | K2 |
| 434 | Gałczyk Joanna | Kromer Gorlice | 1993 | K | 75 | 0:36:27 | 52 | 28 | K1 |
| 435 | Kosiba Gabriela | Kromer Gorlice | 1993 | K | 81 | 0:36:30 | 53 | 29 | K1 |
| 436 | Wiatr Irena | Amatorka | 1955 | K | 123 | 0:37:12 | 54 | 3 | K5 |
| 437 | Wojna Kamila | Kromer Gorlice | 1993 | K | 70 | 0:37:15 | 55 | 30 | K1 |
| 438 | Kazanowska Monika | Kromer Gorlice | 1993 | K | 250 | 0:37:15 | 55 | 30 | K1 |
| 439 | Pyter Katarzyna | IKN Górmik | 1997 | K | 227 | 0:37:16 | 56 | 31 | K1 |
| 440 | Ogorzałek Agnieszka | | 1993 | K | 236 | 0:37:18 | 57 | 32 | K1 |
| 441 | Pelczar Jolanta | MUKS Podkarpacie Jedlicze | 1967 | K | 149 | 0:37:39 | 58 | 3 | K4 |
| 442 | Krukar Beata | MUKS Jedlicze | 1974 | K | 275 | 0:38:00 | 59 | 5 | K3 |
| 443 | Guzik Natalia | II LO w Krośnie | 1994 | K | 177 | 0:38:09 | 60 | 33 | K1 |

