

3. Bieg Częstochowski

WYNIKI ZAWODÓW / RESULTS LIST

OPEN 10 km

Organizator: "Zabiegani" Częstochowa

Data: 9 kwietnia 2011 r.

Miejsce/Spot: Częstochowa

Distance: 10 km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	Tempo		Check points
												[km/h]	[min/km]	
1	3	KLECZEK RADOSŁAW	GOGOLIN	POL	GOGOLIN	85	M20/1	M20/1	(M)1	00:30:55	00:30:55	19.41	3.09	00:15:45 / 1
2	5	NDUVA BONIFACE WAMBUA	MACHAKOS	KEN		84	M20/2	M20/2	(M)2	00:31:01	00:31:01	19.34	3.10	00:15:45 / 2
3	8	CHATKIN DMITRY	KEMEROVO	RUS		75	M30/1	M30/1	(M)3	00:32:42	00:32:42	18.35	3.27	00:16:29 / 4
4	302	MAGIERA PIOTR	MYSZKOW	POL	LKS MYSZKOW	82	M20/3	M20/3	(M)4	00:32:54	00:32:54	18.24	3.29	00:16:28 / 3
5	425	GRAJCAR ŁUKASZ	KONOPISKA	POL	CKS BUDOWLANI	87	M20/4	M20/4	(M)5	00:33:19	00:33:19	18.01	3.33	00:16:29 / 5
6	4	ŚWIERC MARCIN	LISOWICE	POL	SALOMON SUUNTO TEAM	85	M20/5	M20/5	(M)6	00:33:32	00:33:32	17.89	3.35	00:16:34 / 6
7	646	NOWAK ANDRZEJ	SOSNOWIEC	POL	OSŹW GLIWICE	79	M30/2	M30/2	(M)7	00:34:24	00:34:24	17.44	3.44	00:17:22 / 9
8	664	TOMZA CYPRIAN	CZESTOCHOWA	POL	CKS BUDOWLANI	89	M20/6	M20/6	(M)8	00:34:33	00:34:33	17.37	3.46	00:17:24 / 10
9	685	CZAJA ROMAN	OŚWIĘCIM	POL	8. BAZA LOTNICTWA	71	M40/1	M40/1	(M)9	00:34:41	00:34:41	17.30	3.47	00:17:11 / 7
10	70	RODZIK PIOTR	KIELCE	POL	KKL KIELCE	80	M30/3	M30/3	(M)10	00:35:10	00:35:10	17.06	3.52	00:17:34 / 12
11	527	RADZIK ROBERT	WARKA	POL	16 BPD KRAKÓW	83	M20/7	M20/7	(M)11	00:35:14	00:35:14	17.03	3.52	00:17:18 / 8
12	389	ŚCIEBURA MARIUSZ	LIBIDZA	POL	LIBIDZA	91	M20/8	M20/8	(M)12	00:35:33	00:35:32	16.89	3.55	00:17:50 / 16
13	885	BOROWSKI KRZYSZTOF	BLACHOWNIA	POL		54	M50/1	M50/1	(M)13	00:35:35	00:35:34	16.87	3.56	00:17:34 / 11
14	724	SOWA DAMIAN	CIECIUŁÓW	POL	LZS RUDNIKI-CIECIUŁÓW	80	M30/4	M30/4	(M)14	00:35:45	00:35:44	16.79	3.57	00:17:44 / 15
15	801	KADŁUCZKA JAN	GŁOGÓWEK	POL	CROSS KRAPKOWICE	83	M20/9	M20/9	(M)15	00:35:58	00:35:58	16.68	3.60	00:17:36 / 13
16	170	SZCZEPANIUK MAREK	KRAKÓW	POL	6BPD	70	M40/2	M40/2	(M)16	00:36:00	00:35:59	16.67	3.60	00:17:56 / 17
17	274	GOLONKA MATEUSZ	GORLICE	POL	KS LIMANOWA FORREST	89	M20/10	M20/10	(M)17	00:36:08	00:36:08	16.61	3.61	00:17:41 / 14
18	576	TRZEPIZUR DOMINIK	WRECYCA	POL	NGB KŁOBUCK	87	M20/11	M20/11	(M)18	00:36:09	00:36:09	16.60	3.62	00:18:05 / 20
19	607	WAŁOWSKI ADAM	LUBLINIEC	POL	WKB META LUBLINIEC	78	M30/5	M30/5	(M)19	00:36:13	00:36:13	16.57	3.62	00:18:03 / 19
20	889	HERCOG PIOTR	CZĘSTOCHOWA	POL	SALOMON SUUNTO TEAM	76	M30/6	M30/6	(M)20	00:36:15	00:36:13	16.57	3.62	00:18:09 / 22
21	714	MAZUR JAKUB	KRAKÓW	POL	AZS AWF KRAKÓW	92	M16/1	M16/1	(M)21	00:36:16	00:36:16	16.54	3.63	00:18:09 / 21
22	405	SEWERYN ANDRZEJ	CHEŁM ŚLĄSKI	POL	WAMPOL	78	M30/7	M30/7	(M)22	00:36:16	00:36:15	16.55	3.63	00:18:03 / 18
23	420	DUDA SEWERYN	MIĘDZYRZEC	POL	16 BPD KRAKÓW	81	M30/8	M30/8	(M)23	00:36:29	00:36:28	16.45	3.65	00:18:15 / 26
24	530	SĘDZIWIY DAMIAN	CZĘSTOCHOWA	POL	CKS BUDOWLANI	93	M16/2	M16/2	(M)24	00:36:35	00:36:33	16.42	3.66	00:18:35 / 30
25	6	CHATKINA NATALLIA	MOGILEV	BLR		77	K30/1	K30/1	(K)1	00:36:37	00:36:36	16.39	3.66	00:18:15 / 24
26	533	SOBCZAK HENRYK	NOWY TARG	POL		83	M20/12	M20/12	(M)25	00:36:52	00:36:51	16.28	3.69	00:18:15 / 27
27	647	OCIEPA MAREK	CZESTOCHOWA	POL	CZESTOCHOWA	60	M50/2	M50/2	(M)26	00:37:04	00:37:04	16.19	3.71	00:18:18 / 28
28	572	SPALIŃSKI PIOTR	OLAWA	POL	KB DOMBUD OLAWA	68	M40/3	M40/3	(M)27	00:37:09	00:37:03	16.19	3.71	00:18:38 / 32
29	338	SZYMURA GRZEGORZ	LESZCZYNY	POL		71	M40/4	M40/4	(M)28	00:37:19	00:37:19	16.08	3.73	00:18:26 / 29

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
30	167	STĘPIEŃ ZENON	KIELCE	POL	KKL KIELCE	63	M40/5	M40/5	(M)29	00:37:20	00:37:19	16.08 3.73	00:18:39 / 33
31	904	WILK DAREK	BĘDZIN	POL	NIEZRZESZONY	77	M30/9	M30/9	(M)30	00:37:26	00:37:26	16.03 3.74	00:18:15 / 25
32	443	MAZUR ARTUR	CZĘSTOCHOWA	POL		87	M20/13	M20/13	(M)31	00:37:33	00:37:33	15.98 3.76	00:18:13 / 23
33	356	GŁOWIAK LECH	KATOWICE	POL	DOLINIARZE.COM	85	M20/14	M20/14	(M)32	00:37:43	00:37:41	15.92 3.77	00:18:49 / 36
34	752	CZYŻOWICZ MIROSŁAW	JASŁO	POL	KKB MOSIR KROSNO	82	M20/15	M20/15	(M)33	00:37:51	00:37:50	15.86 3.78	00:18:42 / 34
35	267	DRAŻEK PAWEŁ	BELCHATÓW	POL	PGE JUPITER ELEKTROWNIA	68	M40/6	M40/6	(M)34	00:37:57	00:37:54	15.83 3.79	00:18:57 / 39
36	608	WETOSZKA ROBERT	OPOCZNO	POL		82	M20/16	M20/16	(M)35	00:37:57	00:37:57	15.81 3.80	00:18:36 / 31
37	756	GRZESIK ANDRZEJ	SIEDLISKA	POL	NIEZRZESZONY	63	M40/7	M40/7	(M)36	00:38:04	00:38:04	15.76 3.81	00:18:43 / 35
38	210	MACIOL ANDRZEJ	KRAKÓW	POL	AZS-AWF MASTERS KRAKOW	54	M50/3	M50/3	(M)37	00:38:07	00:38:07	15.74 3.81	00:18:56 / 38
39	855	PILARSKA KAROLINA	KOSZECIN	POL	WKB META LUBLINIEC	87	K16/1	K16/1	(K)2	00:38:12	00:38:12	15.71 3.82	00:18:55 / 37
40	10	BRYCH - PAJAK EWA	CZĘSTOCHOWA	POL	CKS BUDOWLANI	75	K30/2	K30/2	(K)3	00:38:22	00:38:22	15.64 3.84	00:19:05 / 41
41	619	CADER AGNIESZKA	ZABIERZÓW	POL		83	K16/2	K16/2	(K)4	00:38:26	00:38:25	15.62 3.84	00:19:05 / 42
42	701	KAMIŃSKI JAN	ŁÓDŹ	POL	JRG-5 KM PSP ŁÓDŹ	68	M40/8	M40/8	(M)38	00:38:27	00:38:26	15.61 3.84	00:19:05 / 40
43	814	ZACHARSKI DAMIAN	MYSZKÓW	POL	ZABIEGANI CZĘSTOCHOWA	83	M20/17	M20/17	(M)39	00:38:34	00:38:25	15.62 3.84	00:19:16 / 44
44	118	NAPIERAJ DANIEL	ŻYTIŃÓW	POL		92	M16/3	M16/3	(M)40	00:38:36	00:38:33	15.56 3.86	00:19:45 / 58
45	705	KMIECIK MARIUSZ	ŁÓDŹ	POL	KB ARTURÓWEK ŁÓDŹ	70	M40/9	M40/9	(M)41	00:38:40	00:38:38	15.53 3.86	00:19:22 / 46
46	792	WIĄCEK MARCIN	WARSZAWA	POL	BYLEDOBIEC ANIN	78	M30/10	M30/10	(M)42	00:38:54	00:38:48	15.46 3.88	00:19:41 / 52
47	747	ŻURAWSKI DAMIAN	CZĘSTOCHOWA	POL	NIEZRZESZONY	89	M20/18	M20/18	(M)43	00:39:02	00:38:52	15.44 3.89	00:19:44 / 55
48	547	BUCZYŃSKI ARKADIUSZ	BOLESŁAW	POL		74	M30/11	M30/11	(M)44	00:39:05	00:39:03	15.36 3.91	00:20:08 / 72
49	890	GOCYŁA MATEUSZ	MYSZKÓW	POL		81	M30/12	M30/12	(M)45	00:39:10	00:39:09	15.33 3.92	00:19:12 / 43
50	670	WIŚNIEWSKA DOMINIKA	ZABRZE	POL	MONTRAIL TEAM	86	K16/3	K16/3	(K)5	00:39:15	00:39:15	15.29 3.93	00:19:19 / 45
51	127	SZWED KRZYSZTOF	LUBLINIEC	POL	WKB META LUBLINIEC	65	M40/10	M40/10	(M)46	00:39:20	00:39:19	15.26 3.93	00:19:32 / 49
52	253	BIAŁAS KRZYSZTOF	OPOCZNO	POL		65	M40/11	M40/11	(M)47	00:39:21	00:39:17	15.27 3.93	00:19:50 / 62
53	68	CIEŚLIK ZBIGNIEW	KIELCE	POL	KKL KIELCE	56	M50/4	M50/4	(M)48	00:39:25	00:39:23	15.23 3.94	00:19:43 / 54
54	321	PACHOLCZYK TOMASZ	BELCHATÓW	POL		76	M30/13	M30/13	(M)49	00:39:28	00:39:21	15.25 3.94	00:19:31 / 48
55	244	WÓJCİK ARTUR	CZĘSTOCHOWA	POL	NIEZRZESZONY	73	M30/14	M30/14	(M)50	00:39:28	00:39:26	15.22 3.94	00:19:43 / 53
56	365	MACIASZCZYK ROMAN	BIERUTÓW	POL	KB DOMBUD OŁAWA	69	M40/12	M40/12	(M)51	00:39:41	00:39:36	15.15 3.96	00:19:59 / 64
57	615	BIELECKI LUKASZ	CZĘSTOCHOWA	POL	CKS BUDOWLANI	94	M16/4	M16/4	(M)52	00:39:42	00:39:36	15.15 3.96	00:20:18 / 80
58	548	BUCZYŃSKI MARIUSZ	BOLESŁAW	POL		82	M20/19	M20/19	(M)53	00:39:51	00:39:49	15.07 3.98	00:20:08 / 73
59	810	SUK MIROSŁAW	CZĘSTOCHOWA	POL	ZABIEGANI CZĘSTOCHOWA	51	M60/1	M60/1	(M)54	00:39:51	00:39:50	15.06 3.98	00:19:32 / 50
60	809	SMACZYŃSKI DARIUSZ	DABROWAGORNI	POL	TKKFMSIRCZELADZ	64	M40/13	M40/13	(M)55	00:39:53	00:39:51	15.06 3.99	00:20:10 / 75
61	48	SOKOŁOWSKI MAREK	MYSŁOWICE-WES	POL	NIEZRZESZONY	69	M40/14	M40/14	(M)56	00:39:54	00:39:53	15.04 3.99	00:19:27 / 47
62	2	USTIANOWSKA DOROTA	CZĘSTOCHOWA	POL	ZABIEGANI CZĘSTOCHOWA	70	K40/1	K40/1	(K)6	00:39:55	00:39:55	15.03 3.99	00:19:50 / 61
63	519	ODO ROBERT	SUKÓW	POL	KKL KIELCE	65	M40/15	M40/15	(M)57	00:39:55	00:39:54	15.04 3.99	00:20:08 / 71
64	449	MOGILSKI MARCIN	RACIBÓRZ	POL		75	M30/15	M30/15	(M)58	00:39:56	00:39:50	15.06 3.98	00:19:45 / 56
65	433	KUCZOK DAWID	WODZISŁAW	POL	FORMA WODZISŁAW ŚLĄSKI	94	M16/5	M16/5	(M)59	00:39:57	00:39:54	15.04 3.99	00:19:47 / 59
66	22	KRYGIER KRZYSZTOF	ŚWINICE	POL	KB GEOTERMIA UNIEJÓW	91	M20/20	M20/20	(M)60	00:39:58	00:39:51	15.06 3.99	00:20:00 / 67
67	385	STAWIKOWSKI DARIUSZ	ŁÓDŹ	POL	BIECZACZ NOWOSOLNA	73	M30/16	M30/16	(M)61	00:39:58	00:39:58	15.01 4.00	00:19:47 / 60
68	558	LESIK KRZYSZTOF	WODZISŁAW	POL	FORMA WODZISŁAW ŚLĄSKI	74	M30/17	M30/17	(M)62	00:40:01	00:39:58	15.01 4.00	00:19:51 / 63
69	150	KOSTRZEWA ROBERT	WIELUŃ	POL		69	M40/16	M40/16	(M)63	00:40:04	00:39:54	15.04 3.99	00:20:12 / 77

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
70	357	ROSIŃSKI LUKASZ	LUBLINIEC	POL	WKB META LUBLINIEC	83	M20/21	M20/21	(M)64	00:40:06	00:40:03	14.98 4.01	00:20:02 / 68
71	852	STACHURSKI PAWEŁ	CZESTOCHOWA	POL		90	M20/22	M20/22	(M)65	00:40:08	00:40:03	14.98 4.01	00:19:37 / 51
72	245	WYMYSŁO ANDRZEJ	PIEKARY ŚLĄSKIE	POL	MOSIR PIEKARY ŚLĄSKIE	57	M50/5	M50/5	(M)66	00:40:15	00:40:12	14.93 4.02	00:20:11 / 76
73	793	WITKOWSKI RAFAŁ	TYCHY	POL	40-LATEK TYCHY	74	M30/18	M30/18	(M)67	00:40:21	00:40:16	14.90 4.03	00:20:24 / 83
74	780	PILARSKI DIONIZY	OLEŚNICA	POL	KB LUPUS OLEŚNICA	61	M50/6	M50/6	(M)68	00:40:23	00:40:20	14.88 4.03	00:20:05 / 69
75	713	MAZANIK ROBERT	WODZISŁAW	POL		75	M30/19	M30/19	(M)69	00:40:27	00:40:24	14.85 4.04	00:19:45 / 57
76	807	POLEK-DURAJ KORNELIA	MURÓW	POL	KU AZS POLITECHNIKA	77	K30/3	K30/3	(K)7	00:40:27	00:40:27	14.83 4.05	00:20:08 / 70
77	540	ŚWIŃCOWSKI MARIAN	BUKOWNICA	POL	T.G. SOKÓŁ BUKOWNICA	60	M50/7	M50/7	(M)70	00:40:27	00:40:24	14.85 4.04	00:19:59 / 65
78	568	PELIKAN ANDRZEJ	KŁOBUCK	POL	NGB KŁOBUCK	66	M40/17	M40/17	(M)71	00:40:29	00:40:27	14.83 4.05	00:19:59 / 66
79	140	CABAN JAKUB	MOSKORZEW	POL		88	M20/23	M20/23	(M)72	00:40:31	00:40:22	14.86 4.04	00:21:13 / 125
80	416	DOBROWOLSKI EMILIAN	SOBÓTKA	POL		77	M30/20	M30/20	(M)73	00:40:32	00:40:18	14.89 4.03	00:20:40 / 97
81	658	SZAFARCZYK JANUSZ	DOBRODZIEN	POL	WKB META LUBLINIEC	69	M40/18	M40/18	(M)74	00:40:37	00:40:30	14.81 4.05	00:20:25 / 87
82	605	ŚWIDURSKI JAKUB	BYDGOSZCZ	POL	STR GRUPA TRENINGOWA	89	M20/24	M20/24	(M)75	00:40:37	00:40:30	14.81 4.05	00:20:16 / 79
83	277	GRZELAK MARCIN	ŁÓDŹ	POL		76	M30/21	M30/21	(M)76	00:40:41	00:40:36	14.78 4.06	00:20:24 / 85
84	139	BRODAK WIESŁAW	TYCHY	POL	40-LATEK TYCHY	61	M50/8	M50/8	(M)77	00:40:42	00:40:37	14.77 4.06	00:20:29 / 89
85	611	MALSKA JANINA	KRZE	POL		70	K40/2	K40/2	(K)8	00:40:50	00:40:49	14.70 4.08	00:20:09 / 74
86	720	PIEKARCZYK WOJCIECH	SIERADZ	POL		53	M50/9	M50/9	(M)78	00:40:52	00:40:44	14.73 4.07	00:20:35 / 95
87	233	SPRINGWALD PAWEŁ	LUBLINIEC	POL	WKB META LUBLINIEC	59	M50/10	M50/10	(M)79	00:40:58	00:40:49	14.70 4.08	00:20:38 / 96
88	438	MACIEJEWSKI MAREK	MYSŁOWICE	POL	TRUCHTACZ MYSŁOWICE	61	M50/11	M50/11	(M)80	00:40:59	00:40:57	14.65 4.10	00:20:24 / 84
89	137	BODANKA PIOTR	NIEZNAWICE	POL		79	M30/22	M30/22	(M)81	00:41:01	00:40:53	14.68 4.09	00:20:31 / 91
90	192	JANUSZ BARTŁOMIEJ	KATOWICE	POL		75	M30/23	M30/23	(M)82	00:41:02	00:40:48	14.71 4.08	00:20:49 / 100
91	114	MAJER JANUSZ	RYBNA	POL		76	M30/24	M30/24	(M)83	00:41:07	00:41:03	14.62 4.11	00:20:22 / 82
92	626	FIKS ZBIGNIEW	KRASZEW	POL		49	M60/2	M60/2	(M)84	00:41:08	00:41:07	14.59 4.11	00:20:31 / 90
93	579	WSZELAKI DAMIAN	BELCHATÓW	POL	K.B. SPARTAKUS BELCHATÓW	85	M20/25	M20/25	(M)85	00:41:11	00:41:02	14.62 4.10	00:20:19 / 81
94	694	GREGORCZYK MARIUSZ	OSIEK	POL	ZADYSZKA OŚWIĘCIM	71	M40/19	M40/19	(M)86	00:41:13	00:41:07	14.59 4.11	00:20:57 / 108
95	326	PRZYBYŁA ADAM	PRZECZÓD	POL	PRZECZÓD	84	M20/26	M20/26	(M)87	00:41:14	00:41:14	14.55 4.12	00:20:15 / 78
96	448	MIODUCKI MAREK	ZABRZE	POL	MARATONYPOLSKIE.PL TEAM	74	M30/25	M30/25	(M)88	00:41:18	00:41:16	14.54 4.13	00:20:32 / 93
97	132	WOJTYNIA PAWEŁ	CZĘSTOCHOWA	POL	AMATOR	66	M40/20	M40/20	(M)89	00:41:23	00:41:21	14.51 4.14	00:20:32 / 92
98	710	MAKOWIAK JAN	DZIERGOWICE	POL	LZS DZIERGOWICE	73	M30/26	M30/26	(M)90	00:41:30	00:41:21	14.51 4.14	00:21:13 / 126
99	264	DEJA LUKASZ	PIEKARY ŚLĄSKIE	POL	PIEKARY ŚLĄSKIE	88	M20/27	M20/27	(M)91	00:41:33	00:41:23	14.50 4.14	00:20:25 / 86
100	584	CIEŚLAK ADAM	CZĘSTOCHOWA	POL	NIEZRZESZONY	74	M30/27	M30/27	(M)92	00:41:33	00:41:22	14.50 4.14	00:20:51 / 102
101	322	PASIEKA KAMIL	HERBY	POL	HERBY	92	M16/6	M16/6	(M)93	00:41:37	00:41:36	14.42 4.16	00:20:26 / 88
102	119	NAPIERAJ DOMINIKA	ŻYTNIÓW	POL		91	K16/4	K16/4	(K)9	00:41:51	00:41:48	14.35 4.18	00:20:57 / 111
103	317	NOWAK MIROSLAW	RUDKI	POL	NIEZRZESZONY	62	M40/21	M40/21	(M)94	00:41:55	00:41:49	14.35 4.18	00:20:56 / 106
104	642	MIETELSKI GRZEGORZ	CZĘSTOCHOWA	POL		85	M20/28	M20/28	(M)95	00:41:57	00:41:54	14.32 4.19	00:21:08 / 119
105	71	BASIŃSKI WIKTOR	RUDNIKI	POL		60	M50/12	M50/12	(M)96	00:41:59	00:41:46	14.37 4.18	00:21:03 / 114
106	599	PALACZ MARIUSZ	KRZEPICE	POL	LISWARTA KRZEPICE	66	M40/22	M40/22	(M)97	00:42:00	00:41:55	14.31 4.19	00:20:57 / 110
107	863	MICUŁA GRZEGORZ	WITÓW	POL		82	M20/29	M20/29	(M)98	00:42:02	00:41:57	14.30 4.20	00:21:36 / 144
108	377	POMORSKI MARCIN	KŁOBNICE	POL	AMATOR	92	M16/7	M16/7	(M)99	00:42:07	00:41:58	14.30 4.20	00:20:50 / 101
109	508	KĘPIŃSKI HENRYK	BELCHATÓW	POL	KB SPARTAKUS BELCHATÓW	53	M50/13	M50/13	(M)100	00:42:09	00:42:00	14.29 4.20	00:21:01 / 112

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
110	374	PAPALA LESZEK	ŁAZISKA GÓRNE	POL		62	M40/23	M40/23	(M)101	00:42:11	00:42:08	14.24 4.21	00:21:07 / 117
111	75	GAWEL BOGDAN	OŚWIĘCIM-ZABORPOL	POL	MILÓŠNIK SPORTU	56	M50/14	M50/14	(M)102	00:42:14	00:42:13	14.21 4.22	00:20:57 / 109
112	303	MAGRYŚ WITOLD	CHORZÓW	POL	HUMAN LABEL TEAM	78	M30/28	M30/28	(M)103	00:42:16	00:42:14	14.21 4.22	00:21:10 / 122
113	353	ELIASZ ROBERT	ZABRZE	POL	MARATONYPOLSKIE.PL TEAM	65	M40/24	M40/24	(M)104	00:42:17	00:42:13	14.21 4.22	00:21:04 / 115
114	682	BLOCH MATEUSZ	DZIBICE	POL		92	M16/8	M16/8	(M)105	00:42:21	00:42:14	14.21 4.22	00:20:54 / 104
115	715	MIJAS KRZYSZTOF	KOŃSKIE	POL	PASAT KOŃSKIE	86	M20/30	M20/30	(M)106	00:42:22	00:42:18	14.18 4.23	00:21:17 / 133
116	343	WYLUPEK TOMASZ	SOSNOWIEC	POL		76	M30/29	M30/29	(M)107	00:42:23	00:42:06	14.25 4.21	00:21:48 / 148
117	731	ŚWIATAŁA DAWID	CIECIUŁÓW	POL	LZS RUDNIKI-CIECIUŁÓW	91	M20/31	M20/31	(M)108	00:42:26	00:42:24	14.15 4.24	00:21:06 / 116
118	661	SZCZEPANIAK RAFAŁ	KARŁOWICE	POL		83	M20/32	M20/32	(M)109	00:42:27	00:42:27	14.13 4.25	00:20:48 / 98
119	85	LUBCZYŃSKI JACEK	KŁOBUCK	POL	NGB KŁOBUCK	56	M50/15	M50/15	(M)110	00:42:28	00:42:24	14.15 4.24	00:20:53 / 103
120	886	KRAWCZYK TADEUSZ	ZAIĄCZKI 2	POL	FLORIAN ZAJĄCZKI	56	M50/16	M50/16	(M)111	00:42:30	00:42:25	14.15 4.24	00:21:21 / 134
121	660	SZCZEPANIAK MATEUSZ	KARŁOWICE	POL		91	M20/33	M20/33	(M)112	00:42:33	00:42:33	14.10 4.26	00:21:08 / 120
122	773	MOMRO ŁUKASZ	ZABRZE	POL		83	M20/34	M20/34	(M)113	00:42:34	00:42:27	14.13 4.25	00:21:32 / 136
123	620	CADER JACEK	ZABIERZÓW	POL		82	M20/35	M20/35	(M)114	00:42:34	00:42:33	14.10 4.26	00:20:55 / 105
124	286	KORDALA STANISŁAW	CZĘSTOCHOWA	POL	AMATOR	61	M50/17	M50/17	(M)115	00:42:34	00:42:32	14.11 4.25	00:20:34 / 94
125	808	SITNIK KRZYSZTOF	LEŚNICA	POL		81	M30/30	M30/30	(M)116	00:42:39	00:42:32	14.11 4.25	00:21:16 / 130
126	207	MACHLOWSKI RYSZARD	KRAKÓW	POL	KKB DYSTANS KRAKÓW	63	M40/25	M40/25	(M)117	00:42:40	00:42:37	14.08 4.26	00:21:11 / 123
127	740	WODA RAFAŁ	KRAKÓW	POL	BRAK	89	M20/36	M20/36	(M)118	00:42:40	00:42:39	14.07 4.27	00:20:49 / 99
128	63	PILARSKI PIOTR	BLACHOWNIA	POL		79	M30/31	M30/31	(M)119	00:42:41	00:42:40	14.06 4.27	00:21:13 / 124
129	297	KUSAJ MATEUSZ	LGOTA BŁOTNA	POL	ULKS 'RUN PODKOWA' JANÓW	91	M20/37	M20/37	(M)120	00:42:44	00:42:42	14.05 4.27	00:21:02 / 113
130	457	OLBRYŚ STANISŁAW-ADAM	NASIELSK	POL	K B PIMAR LEGIONOWO	67	M40/26	M40/26	(M)121	00:42:47	00:42:45	14.04 4.28	00:21:13 / 127
131	355	FOKSA MAREK	OSTRZESZÓW	POL	BORKI MORAWA	56	M50/18	M50/18	(M)122	00:42:49	00:42:48	14.02 4.28	00:21:32 / 137
132	315	NOCUŃ MAREK	BOROWNO	POL		83	M20/38	M20/38	(M)123	00:42:50	00:42:37	14.08 4.26	00:21:58 / 165
133	768	KULECZKA KAMIL	ŁĘCZYCA	POL	Z.S IM. JADWIGI GRODZKIEJ W	90	M20/39	M20/39	(M)124	00:42:51	00:42:45	14.04 4.28	00:21:59 / 166
134	393	TURNIAK DARIUSZ	ŚWIERKLANIEC	POL		65	M40/27	M40/27	(M)125	00:42:52	00:42:48	14.02 4.28	00:21:14 / 128
135	653	POZNAŃSKI GRZEGORZ	CZĘSTOCHOWA	POL		81	M30/32	M30/32	(M)126	00:42:54	00:42:52	14.00 4.29	00:21:10 / 121
136	254	BROL KRZYSZTOF	LISOWICE	POL	LISOWICE	65	M40/28	M40/28	(M)127	00:42:55	00:42:48	14.02 4.28	00:21:55 / 158
137	403	NORMAN MACIEJ	BLACHOWNIA	POL	BLACHOWNIA	91	M20/40	M20/40	(M)128	00:42:59	00:42:57	13.97 4.30	00:20:57 / 107
138	243	WOYCZYŃSKI DARIUSZ	WROCLAW	POL	WKB PIAST WROCLAW	68	M40/29	M40/29	(M)129	00:43:01	00:42:51	14.00 4.29	00:21:16 / 129
139	130	BARAN MAREK	KOŃSKIE	POL	PASAT KOŃSKIE	72	M30/33	M30/33	(M)130	00:43:06	00:43:02	13.94 4.30	00:21:32 / 138
140	220	PAŁUBSKI ARKADIUSZ	BELCHATÓW	POL	KB SPARTAKUS BELCHATÓW	78	M30/34	M30/34	(M)131	00:43:09	00:43:01	13.95 4.30	00:21:51 / 152
141	554	JELONEK TOMASZ	CZĘSTOCHOWA	POL	AMATOR	89	M20/41	M20/41	(M)132	00:43:11	00:43:11	13.89 4.32	00:21:07 / 118
142	424	GRABOWSKI KAMIL	PRZEDBÓRZ	POL		92	M16/9	M16/9	(M)133	00:43:13	00:42:41	14.06 4.27	00:21:33 / 140
143	194	KLUŚ DOMINIK	KRAKÓW	POL	SABINKA TEAM	81	M30/35	M30/35	(M)134	00:43:17	00:42:54	13.99 4.29	00:21:37 / 146
144	750	BORUCKI ARTUR	WROCLAW	POL	CSWIICH WROCLAW	64	M40/30	M40/30	(M)135	00:43:19	00:43:06	13.92 4.31	00:21:16 / 132
145	164	POŚPIECH KAROL	SYRYNIA	POL	FORMA WODZISŁAW ŚLĄSKI	54	M50/19	M50/19	(M)136	00:43:19	00:43:17	13.86 4.33	00:21:59 / 167
146	712	MASARCZYK SZYMON	KNURÓW	POL	KB ENDURANCE SOLIDARNI	90	M20/42	M20/42	(M)137	00:43:20	00:42:54	13.99 4.29	00:21:56 / 162
147	414	DĄBROWSKI PRZEMYSŁAW	GOGOLIN	POL	GOGOLIŃSKA POLICJA	74	M30/36	M30/36	(M)138	00:43:20	00:43:20	13.85 4.33	00:21:16 / 131
148	854	OPOKA MACIEK	BERLIN	GER	ROLLS-ROYCE RUNNING TEAM	75	M30/37	M30/37	(M)139	00:43:21	00:43:06	13.92 4.31	00:22:17 / 186
149	432	KRYZIA GRZEGORZ	DĄBROWA	POL		73	M30/38	M30/38	(M)140	00:43:28	00:43:20	13.85 4.33	00:22:01 / 172

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
150	586	GRUND MAREK	STRZEBIŃ	POL	MARATONYPOLSKIE.PL TEAM	89	M20/43	M20/43	(M)141	00:43:29	00:43:22	13.84 4.34	00:21:36 / 143
151	551	DREKSLER SZYMON	BRZEG	POL	UGKS ODRA BRZEG	53	M50/20	M50/20	(M)142	00:43:31	00:43:11	13.89 4.32	00:21:52 / 156
152	152	KULPOK TOMASZ	RUDA ŚLĄSKA	POL	KRS TKKF JASTRZĄB RUDA	80	M30/39	M30/39	(M)143	00:43:34	00:43:24	13.82 4.34	00:21:56 / 163
153	465	SKRZYNIARZ MAREK	KIELCE	POL		74	M30/40	M30/40	(M)144	00:43:36	00:43:19	13.85 4.33	00:21:52 / 155
154	129	TASAREK RYSZARD	NYSA	POL	NYSA BIEGA	52	M50/21	M50/21	(M)145	00:43:36	00:43:34	13.77 4.36	00:21:34 / 141
155	784	STANIEWSKI RYSZARD	CZĘSTOCHOWA	POL	AMATOR	69	M40/31	M40/31	(M)146	00:43:36	00:43:21	13.84 4.34	00:21:56 / 161
156	358	GREZEL ANDRZEJ	WANCERZÓW	POL	WKB META LUBLINIEC	57	M50/22	M50/22	(M)147	00:43:36	00:43:35	13.77 4.36	00:21:51 / 153
157	96	BENDKOWSKI KONRAD	CZĘSTOCHOWA	POL		83	M20/44	M20/44	(M)148	00:43:38	00:43:23	13.83 4.34	00:22:19 / 194
158	332	RZEPKA REMIGIUSZ	MIKOŁÓW -	POL		72	M30/41	M30/41	(M)149	00:43:38	00:43:20	13.85 4.33	00:21:34 / 142
159	133	WRÓBLEWSKI TOMASZ	CZĘSTOCHOWA	POL	SAINTS CZĘSTOCHOWA	86	M20/45	M20/45	(M)150	00:43:38	00:43:22	13.84 4.34	00:22:18 / 192
160	174	WIECHA WITOLD	SZCZEPANY	POL	NIEZRZESZONY	73	M30/42	M30/42	(M)151	00:43:40	00:43:30	13.79 4.35	00:21:50 / 151
161	463	RAJKOWSKI PRZEMYSŁAW	PIOTRKÓW	POL		71	M40/32	M40/32	(M)152	00:43:42	00:43:31	13.79 4.35	00:22:19 / 198
162	721	PIELOT MACIEJ	BORONÓW	POL	KM PSP BYTOM	82	M20/46	M20/46	(M)153	00:43:43	00:43:35	13.77 4.36	00:21:52 / 154
163	232	SOJKA ROBERT	JAWORZNO	POL	KB.MCKIS.JAWORZNO	67	M40/33	M40/33	(M)154	00:43:48	00:43:32	13.78 4.35	00:22:22 / 200
164	859	KĘPIŃSKI ADAM	CZESTOCHOWA	POL	BRAK	89	M20/47	M20/47	(M)155	00:43:48	00:43:31	13.79 4.35	00:22:39 / 216
165	746	ŻELICHOWSKI MAREK	SOSNOWIEC	POL		58	M50/23	M50/23	(M)156	00:43:49	00:43:44	13.72 4.37	00:22:08 / 177
166	54	CUPIAŁ SŁAWOMIR	PORAJ	POL		73	M30/43	M30/43	(M)157	00:43:49	00:43:29	13.80 4.35	00:22:19 / 196
167	427	KASIŃSKI WOJCIECH	PSZCZYNA	POL		63	M40/34	M40/34	(M)158	00:43:50	00:43:32	13.78 4.35	00:22:28 / 206
168	895	NOWAKOWSKI ZENON	PIEKARY ŚL	POL		60	M50/24	M50/24	(M)159	00:43:51	00:43:43	13.72 4.37	00:22:19 / 193
169	81	KORDZIŃSKI KAZIMIERZ	LUBLINIEC	POL	MONTRAIL TEAM	58	M50/25	M50/25	(M)160	00:43:51	00:43:30	13.79 4.35	00:21:55 / 160
170	260	CHUDY JACEK	BLACHOWNIA	POL	WOD-CHEM BLACHOWNIA	75	M30/44	M30/44	(M)161	00:43:51	00:43:48	13.70 4.38	00:22:01 / 170
171	542	TOMCZYK SYLWESTER	RADOMSKO	POL	NIEZRZESZONY	64	M40/35	M40/35	(M)162	00:43:52	00:43:45	13.71 4.38	00:22:09 / 180
172	101	NOWAK GRZEGORZ	CZELADZ	POL	TKKF MOSIR CZELADZ	75	M30/45	M30/45	(M)163	00:43:55	00:43:55	13.66 4.39	00:21:37 / 145
173	514	LINEK MICHAŁ	CZECHOWICE	POL		75	M30/46	M30/46	(M)164	00:43:55	00:43:37	13.76 4.36	00:21:28 / 135
174	764	KOWALSKI ŁUKASZ	ZABRZE	POL		80	M30/47	M30/47	(M)165	00:43:56	00:43:28	13.80 4.35	00:22:32 / 213
175	342	WEINZETTEL ZYGMUNT	SZCZEDRZYK	POL		72	M30/48	M30/48	(M)166	00:43:56	00:43:40	13.74 4.37	00:22:18 / 191
176	795	ZIĘBA PAWEŁ	SOSNOWIEC	POL		84	M20/48	M20/48	(M)167	00:43:58	00:43:55	13.66 4.39	00:21:46 / 147
177	288	KOSTRZAK CZESŁAW	KNURÓW	POL	KB ENDURANCE SOLIDARNI	60	M50/26	M50/26	(M)168	00:44:01	00:43:59	13.64 4.40	00:21:50 / 150
178	296	KURZAJCZYK MARIUSZ	KALISZ	POL	SUPERMARATON KALISZ	65	M40/36	M40/36	(M)169	00:44:02	00:43:41	13.74 4.37	00:22:01 / 171
179	655	RYKAŁA DAWID	KŁOBUCK	POL	NORTH KCK	91	M20/49	M20/49	(M)170	00:44:04	00:43:59	13.64 4.40	00:22:31 / 211
180	521	PACEWICZ MAREK	ZIELONKI	POL	KB TP	56	M50/27	M50/27	(M)171	00:44:04	00:43:55	13.66 4.39	00:22:17 / 187
181	62	KSIAŻEK WIESŁAW	TYCHY	POL	40-LATEK TYCHY	52	M50/28	M50/28	(M)172	00:44:08	00:44:00	13.64 4.40	00:22:17 / 188
182	397	WOJTYNA JANUSZ	CZĘSTOCHOWA	POL	NIEZRZESZONY	59	M50/29	M50/29	(M)173	00:44:11	00:44:10	13.58 4.42	00:21:32 / 139
183	627	FROELICH GRZEGORZ	RUDA SLASKA	POL	KRS TKKF JASTRZĄB RUDA	70	M40/37	M40/37	(M)174	00:44:15	00:43:57	13.65 4.40	00:22:17 / 189
184	466	STĘPIEŃ KRZYSZTOF	CZĘSTOCHOWA	POL	BRAK	76	M30/49	M30/49	(M)175	00:44:16	00:44:08	13.60 4.41	00:22:49 / 229
185	200	KUCHARCZYK BENEDYKT	BORONÓW	POL	TKKF BORONOVIA	58	M50/30	M50/30	(M)176	00:44:18	00:44:09	13.59 4.42	00:22:01 / 169
186	446	MIELNIK ANDRZEJ	MYSZKÓW	POL	LEŚNE LUDKI ŻARKI LETNISKO	59	M50/31	M50/31	(M)177	00:44:19	00:44:02	13.63 4.40	00:22:19 / 197
187	543	URBASZEWSKI SŁAWOMIR	CHORZENICE	POL	NIEZRZESZONY	69	M40/38	M40/38	(M)178	00:44:20	00:44:08	13.60 4.41	00:22:21 / 199
188	442	MAZUR ANDRZEJ	GRUSZEWNIA	POL		56	M50/32	M50/32	(M)179	00:44:23	00:44:21	13.53 4.44	00:22:03 / 174
189	29	GRUDZIEN ROBERT	ŁÓDŹ	POL		63	M40/39	M40/39	(M)180	00:44:24	00:44:14	13.56 4.42	00:22:26 / 202

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
190	741	WOJTYŁA SZYMON	BIERNA	POL	POLITECHNIKA ŚLĄSKA	87 M20/50	M20/50 (M)181	00:44:24	00:44:13	13.57 4.42	00:22:02 / 173
191	522	PASTERNAK RADOSŁAW	BELCHATÓW	POL	KB SPARTAKUS BELCHATÓW	79 M30/50	M30/50 (M)182	00:44:27	00:44:19	13.54 4.43	00:22:27 / 203
192	736	WALUŚKIEWICZ LUKASZ	CZĘSTOCHOWA	POL		93 M16/10	M16/10 (M)183	00:44:27	00:44:05	13.61 4.41	00:22:50 / 233
193	769	KUŚMIERZ GRZEGORZ	GLIWICE	POL	6BPD	79 M30/51	M30/51 (M)184	00:44:28	00:44:09	13.59 4.42	00:22:48 / 228
194	604	RÓŻYCKI SŁAWOMIR	BYDGOSZCZ	POL	TKKF KOLEJARZ BYDGOSZCZ	60 M50/33	M50/33 (M)185	00:44:32	00:44:22	13.52 4.44	00:22:09 / 178
195	179	BYKOWSKI MACIEJ	LUBLINIEC	POL	STOW. ŻOŁN. WOJSK SPEC.	75 M30/52	M30/52 (M)186	00:44:33	00:44:28	13.49 4.45	00:22:07 / 176
196	625	FIJAK JERZY	BIELSKO-BIAŁA	POL		56 M50/34	M50/34 (M)187	00:44:34	00:44:31	13.48 4.45	00:21:55 / 159
197	183	DRACH BARTŁOMIEJ	BELCHATÓW	POL	K.B. SPARTAKUS BELCHATÓW	86 M20/51	M20/51 (M)188	00:44:35	00:44:27	13.50 4.45	00:22:04 / 175
198	395	WITEK ROMAN	CZĘSTOCHOWA	POL		78 M30/53	M30/53 (M)189	00:44:38	00:44:25	13.51 4.44	00:22:16 / 184
199	58	PETRYK ADAM	LUBECKO	POL		74 M30/54	M30/54 (M)190	00:44:38	00:44:22	13.52 4.44	00:22:58 / 246
200	687	DEREŃ JUSTYNA	NOWY SĄCZ	POL	INTERSPORT	85 K16/5	K16/5 (K)10	00:44:39	00:44:28	13.49 4.45	00:24:16 / 360
201	555	KORNAGA ANDRZEJ	KATOWICE	POL	NIEZRZESZONY	59 M50/35	M50/35 (M)191	00:44:43	00:44:19	13.54 4.43	00:22:36 / 215
202	751	CHOBOT KRZYSZTOF	CZĘSTOCHOWA	POL	SPEEDY G.	78 M30/55	M30/55 (M)192	00:44:46	00:44:32	13.47 4.45	00:23:00 / 251
203	298	LIBOR LUKASZ	ANTONIÓW	POL		93 M16/11	M16/11 (M)193	00:44:46	00:44:44	13.41 4.47	00:21:54 / 157
204	94	WOLNY NORBERT	WIELUŃ	POL	NIEZRZESZONY	75 M30/56	M30/56 (M)194	00:44:48	00:44:33	13.47 4.46	00:22:16 / 185
205	56	SOBCZAK ROBERT	ŁÓDŹ	POL		82 M20/52	M20/52 (M)195	00:44:51	00:44:39	13.44 4.47	00:22:50 / 232
206	851	MIELCZAREK BARTŁOMIEJ	CZĘSTOCHOWA	POL		76 M30/57	M30/57 (M)196	00:44:52	00:44:25	13.51 4.44	00:22:19 / 195
207	683	CHOJNACKI LUKASZ	CHOJNICE	POL		83 M20/53	M20/53 (M)197	00:44:55	00:44:30	13.48 4.45	00:23:09 / 272
208	770	MAGDZIARZ GERARD	SUCHEDNIÓW	POL		78 M30/58	M30/58 (M)198	00:44:55	00:44:41	13.43 4.47	00:22:51 / 238
209	312	MIELCAREK LESZEK	BYTOM	POL		55 M50/36	M50/36 (M)199	00:44:57	00:44:51	13.38 4.49	00:22:44 / 221
210	141	DMOWSKI MAREK	GWOŹDZIANY	POL		72 M30/59	M30/59 (M)200	00:44:59	00:44:52	13.37 4.49	00:22:18 / 190
211	280	JĘDRYSZEK KATARZYNA	CZESTOCHOWA	POL	WLKS KMICIC CZĘSTOCHOWA	84 K16/6	K16/6 (K)11	00:45:00	00:45:00	13.33 4.50	00:21:48 / 149
212	105	FILAK STANISŁAW	KRZEPICE	POL	KPP OLESNO	69 M40/40	M40/40 (M)201	00:45:01	00:44:51	13.38 4.49	00:22:14 / 182
213	489	CEBULA JERZY	ŻARKI LETNISKO	POL		58 M50/37	M50/37 (M)202	00:45:01	00:44:43	13.42 4.47	00:23:00 / 250
214	46	SZURGOT DARIUSZ	CZĘSTOCHOWA	POL	AMATOR	67 M40/41	M40/41 (M)203	00:45:01	00:44:53	13.37 4.49	00:22:50 / 234
215	675	ŻACZEK WŁADYSŁAW	ANDRESPOL	POL	BIEGACZ NOWOSOLNA	63 M40/42	M40/42 (M)204	00:45:03	00:45:01	13.33 4.50	00:22:15 / 183
216	84	LANCMAN GRZEGORZ	LUBLINIEC	POL	WKB META LUBLINIEC	69 M40/43	M40/43 (M)205	00:45:04	00:44:38	13.44 4.46	00:22:59 / 248
217	224	PORADA PRZEMYSŁAW	TEKLINÓW	POL		85 M20/54	M20/54 (M)206	00:45:06	00:44:41	13.43 4.47	00:23:35 / 309
218	43	BUKOWSKI MARIAN	KONSKIE2	POL		48 M60/3	M60/3 (M)207	00:45:09	00:44:57	13.35 4.50	00:22:56 / 241
219	429	KORDOS JAN	KRAKÓW	POL	KKB DYSTANS KRAKÓW	49 M60/4	M60/4 (M)208	00:45:13	00:45:02	13.32 4.50	00:22:45 / 223
220	431	KRYSTOSIK KRZYSZTOF	SWIETOCHLOWIC	POL	BRAK	79 M30/60	M30/60 (M)209	00:45:13	00:44:55	13.36 4.49	00:24:04 / 341
221	637	KOWALCZYK WOJCIECH	BELCHATÓW	POL		61 M50/38	M50/38 (M)210	00:45:14	00:45:07	13.30 4.51	00:22:40 / 219
222	336	SZATON BOGUSŁAW	CZELADŹ	POL		69 M40/44	M40/44 (M)211	00:45:14	00:45:08	13.29 4.51	00:22:47 / 226
223	726	SZKODA DARIUSZ	RUDA ŚLĄSKA	POL		80 M30/61	M30/61 (M)212	00:45:15	00:44:46	13.40 4.48	00:22:51 / 235
224	571	SMYKOWSKI WŁADYSŁAW	OLAWA	POL	KB DOMBUD OLAWA	49 M60/5	M60/5 (M)213	00:45:15	00:45:05	13.31 4.51	00:23:05 / 266
225	469	SUCHANEK PIOTR	CZĘSTOCHOWA	POL		93 M16/12	M16/12 (M)214	00:45:16	00:45:11	13.28 4.52	00:22:58 / 245
226	265	DOBAK STEFAN	SZAMOTUŁY	POL	KB SZAMOTUŁY	46 M60/6	M60/6 (M)215	00:45:18	00:45:16	13.25 4.53	00:22:27 / 205
227	592	KISIEL TOMASZ	WRZOSOWA	POL	NIEZRZESZONY	68 M40/45	M40/45 (M)216	00:45:18	00:45:11	13.28 4.52	00:23:01 / 255
228	231	SMOLIŃSKI SŁAWOMIR	OPOLE	POL	WKB META LUBLINIEC	73 M30/62	M30/62 (M)217	00:45:20	00:45:10	13.28 4.52	00:22:09 / 179
229	636	KOPREK EDMUND	DOBRODZIEN	POL	WKB META LUBLINIEC	60 M50/39	M50/39 (M)218	00:45:21	00:45:14	13.26 4.52	00:23:06 / 268

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
230	249	ZIMOWSKI ROBERT	BELCHATÓW	POL	PGE JUPITER ELEKTROWNIA	64	M40/46	M40/46	(M)219	00:45:22	00:45:10	13.28 4.52	00:22:59 / 247
231	407	BAŃBURA PIOTR	KOŃSKIE	POL	PASAT KOŃSKIE	79	M30/63	M30/63	(M)220	00:45:23	00:45:03	13.32 4.51	00:22:45 / 224
232	775	MSTOWSKI MACIEJ	SOSNOWIEC	POL	KSR OMEGA W BĘDZINIE	77	M30/64	M30/64	(M)221	00:45:25	00:45:16	13.25 4.53	00:22:51 / 237
233	580	ADAMCZAK GRZEGORZ	KATOWICE	POL	TRAVOIS	80	M30/65	M30/65	(M)222	00:45:26	00:45:19	13.24 4.53	00:23:04 / 263
234	426	JANKOWSKI ROBERT	KIELCE	POL		72	M30/66	M30/66	(M)223	00:45:26	00:45:18	13.25 4.53	00:22:51 / 236
235	569	ROEHRYCH PAWEŁ	WARSZAWA	POL	REALS	71	M40/47	M40/47	(M)224	00:45:28	00:45:25	13.21 4.54	00:21:57 / 164
236	323	PIEŃKOWSKI MAREK	CZĘSTOCHOWA	POL	AMATOR	87	M20/55	M20/55	(M)225	00:45:31	00:45:26	13.21 4.54	00:22:00 / 168
237	182	CZERWIK TOMASZ	CZĘSTOCHOWA	POL	TYGRYSY	74	M30/67	M30/67	(M)226	00:45:31	00:45:15	13.26 4.53	00:23:09 / 273
238	376	POKORA RAFAŁ	KALISZ	POL	SUPERMARATON KALISZ	82	M20/56	M20/56	(M)227	00:45:33	00:45:12	13.27 4.52	00:23:33 / 303
239	168	STRUS MICHAŁ	KRAKÓW	POL	OLIMPION KRAKÓW	88	M20/57	M20/57	(M)228	00:45:34	00:45:25	13.21 4.54	00:22:24 / 201
240	666	WCISŁO STANISŁAW	KRAKÓW -	POL	AZS-AWF MASTERS KRAKOW	58	M50/40	M50/40	(M)229	00:45:36	00:45:25	13.21 4.54	00:23:23 / 288
241	629	GLADCZAK JAN	RUDA ŚLĄSKA	POL	KRS TKKF JASTRZĄB RUDA	62	M40/48	M40/48	(M)230	00:45:36	00:44:59	13.34 4.50	00:23:32 / 302
242	817	BARANEK GRZEGORZ	OSTRÓW	POL	KS MARATON OSTRÓW	76	M30/68	M30/68	(M)231	00:45:38	00:45:31	13.18 4.55	00:22:30 / 208
243	900	ZIMOŃ PAWEŁ	CZĘSTOCHOWA	POL	AKS RATRAK CZĘSTOCHOWA	68	M40/49	M40/49	(M)232	00:45:41	00:45:15	13.26 4.53	00:23:27 / 298
244	574	STASZCZYK JACEK	WRĘCZYCA	POL		66	M40/50	M40/50	(M)233	00:45:42	00:45:39	13.14 4.57	00:22:28 / 207
245	789	UWIJAŁA RAFAŁ	SOSNOWIEC	POL		84	M20/58	M20/58	(M)234	00:45:43	00:45:40	13.14 4.57	00:22:32 / 212
246	402	JANECZEK WIESŁAW	TRĘBACZEW	POL	LZS TRĘBACZEW	61	M50/41	M50/41	(M)235	00:45:43	00:45:34	13.17 4.56	00:23:05 / 264
247	107	GRUSZKA ROBERT	WIERUSZÓW	POL	NIEZRZESZONY	77	M30/69	M30/69	(M)236	00:45:45	00:45:41	13.13 4.57	00:22:44 / 222
248	462	RAJCZYK WŁODZIMIERZ	ŻARKI LETNISKO	POL	LEŚNE LUDKI ŻARKI LETNISKO	59	M50/42	M50/42	(M)237	00:45:47	00:45:41	13.13 4.57	00:22:57 / 243
249	667	WESOŁOWSKI STANISŁAW	URAZ	POL	WKB PIAST WROCLAW	54	M50/43	M50/43	(M)238	00:45:50	00:45:38	13.15 4.56	00:23:06 / 269
250	898	STEFAŃCZYK MAREK	CZĘSTOCHOWA	POL	ZABIEGANI CZĘSTOCHOWA	83	M20/59	M20/59	(M)239	00:45:51	00:45:24	13.22 4.54	00:23:24 / 289
251	616	BIELECKI SŁAWOMIR	CZĘSTOCHOWA	POL	LEŚNE LUDKI ŻARKI LETNISKO	72	M30/70	M30/70	(M)240	00:45:51	00:45:45	13.11 4.58	00:22:57 / 242
252	491	CHOJNACKI STANISŁAW	CZELADZ	POL	TKKF CZELADŹ	50	M60/7	M60/7	(M)241	00:45:54	00:45:53	13.08 4.59	00:23:03 / 258
253	711	MALKOWICZ PIOTR	CZĘSTOCHOWA	POL		74	M30/71	M30/71	(M)242	00:45:54	00:45:49	13.10 4.58	00:22:27 / 204
254	483	WOSINEK KAMIL	CZĘSTOCHOWA	POL		85	M20/60	M20/60	(M)243	00:45:57	00:45:37	13.15 4.56	00:23:02 / 257
255	66	KSYNA BOGUSŁAW	MŁODZIESZYN	POL	OSP KAMION	56	M50/44	M50/44	(M)244	00:45:59	00:45:57	13.06 4.60	00:22:31 / 209
256	1	RYDZ MAŁGORZATA	CZĘSTOCHOWA	POL		67	K40/3	K40/3	(K)12	00:45:59	00:45:59	13.05 4.60	00:22:46 / 225
257	352	DERECKI WOJCIECH	KATOWICE	POL	NIEZRZESZONY	69	M40/51	M40/51	(M)245	00:46:00	00:45:58	13.05 4.60	00:22:41 / 220
258	732	TIMOSZUK JAROSŁAW	STRZELCE	POL	OSIR STRZELCE OPOLSKIE	74	M30/72	M30/72	(M)246	00:46:00	00:45:50	13.09 4.58	00:22:40 / 218
259	100	CHYLIŃSKI WOJCIECH	KIELCE	POL		56	M50/45	M50/45	(M)247	00:46:04	00:46:00	13.04 4.60	00:23:14 / 277
260	546	BOGUS MAREK	CZĘSTOCHOWA	POL	KLUB KARATE BUDO W	76	M30/73	M30/73	(M)248	00:46:06	00:45:41	13.13 4.57	00:24:23 / 364
261	186	GŁOGOWSKI JAN	PIEKARY ŚLĄSKIE	POL	MOSIR PIEKARY ŚLĄSKIE	50	M60/8	M60/8	(M)249	00:46:07	00:46:04	13.02 4.61	00:22:51 / 239
262	516	MATYJA ANDRZEJ	RĘBIELICE	POL		78	M30/74	M30/74	(M)250	00:46:08	00:45:48	13.10 4.58	00:23:24 / 290
263	23	BURZYŃSKI TOMASZ	KOSZECIŃ	POL	TYGRYSY	72	M30/75	M30/75	(M)251	00:46:09	00:45:56	13.06 4.59	00:23:34 / 304
264	77	KAWELCZYK ROBERT	CZĘSTOCHOWA	POL	NIEZRZESZONY	67	M40/52	M40/52	(M)252	00:46:09	00:45:46	13.11 4.58	00:23:15 / 278
265	350	BIALUCHA SERGIUSZ	BYTOM	POL	SAINT GOBAIN SQUAD	73	M30/76	M30/76	(M)253	00:46:09	00:45:37	13.15 4.56	00:23:14 / 276
266	535	STOLECKI PIOTR	BELCHATÓW	POL	K.B. SPARTAKUS	79	M30/77	M30/77	(M)254	00:46:10	00:46:02	13.03 4.60	00:23:25 / 295
267	76	KANIA RAFAŁ	MROCZEŃ	POL		88	M20/61	M20/61	(M)255	00:46:12	00:45:57	13.06 4.60	00:23:05 / 265
268	276	GRABIŃSKI MARCIN	LUBLINIEC	POL	CROSS KAROLINKA	79	M30/78	M30/78	(M)256	00:46:13	00:46:03	13.03 4.61	00:23:00 / 249
269	531	SIUDMAK KRZYSZTOF	WIELUŃ	POL		74	M30/79	M30/79	(M)257	00:46:14	00:45:59	13.05 4.60	00:23:00 / 252

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
270	622	CALEK MATEUSZ	CZĘSTOCHOWA	POL		91	M20/62	M20/62	(M)258	00:46:15	00:45:56	13.06 4.59	00:23:25 / 292
271	371	NOWAK PAWEŁ	KALISZ	POL	SUPERMARATON KALISZ	59	M50/46	M50/46	(M)259	00:46:16	00:46:16	12.97 4.63	00:22:36 / 214
272	678	KOSIDŁO KRZYSZTOF	LUBLINIEC	POL	BLACK LABEL SOCIETY	73	M30/80	M30/80	(M)260	00:46:18	00:46:12	12.99 4.62	00:23:01 / 254
273	520	OZIĘBAŁA IGNACY	WRĘCZYCA	POL	WKB META LUBLINIEC	53	M50/47	M50/47	(M)261	00:46:18	00:46:02	13.03 4.60	00:23:03 / 260
274	110	KASZUBA BOGDAN	TYCHY	POL	40-LATEK TYCHY	56	M50/48	M50/48	(M)262	00:46:20	00:46:00	13.04 4.60	00:23:46 / 328
275	113	KOSELSKI ARKADIUSZ	BELCHATÓW	POL	K.B. SPARTAKUS BELCHATÓW	62	M40/53	M40/53	(M)263	00:46:24	00:46:16	12.97 4.63	00:23:45 / 326
276	79	KOLONKO MIROSLAW	CHORZÓW	POL	MCC MARATHON CLUB	70	M40/54	M40/54	(M)264	00:46:24	00:45:55	13.07 4.59	00:24:22 / 363
277	617	BOSY JACEK	OPOLE	POL	FAST FOOT OPOLE	79	M30/81	M30/81	(M)265	00:46:26	00:46:07	13.01 4.61	00:23:20 / 283
278	263	CZOSNOWSKI TOMASZ	GLIWICE	POL		80	M30/82	M30/82	(M)266	00:46:26	00:46:09	13.00 4.62	00:23:24 / 291
279	472	SZYMCZYK TOMASZ	CZĘSTOCHOWA	POL	RCC	82	M20/63	M20/63	(M)267	00:46:28	00:46:11	12.99 4.62	00:23:14 / 275
280	126	STACHOWSKI GRZEGORZ	GRÓDKÓW	POL	BUDOWLANIEC/ARCHITEKT	76	M30/83	M30/83	(M)268	00:46:28	00:46:23	12.94 4.64	00:23:31 / 300
281	391	TAJCHMAN MICHAŁ	WŁOSZCZOWA	POL		82	M20/64	M20/64	(M)269	00:46:28	00:46:14	12.98 4.62	00:22:49 / 230
282	55	MACOCH ZBIGNIEW	KRZEPICE	POL	KRZEPICE	48	M60/9	M60/9	(M)270	00:46:29	00:46:13	12.98 4.62	00:22:50 / 231
283	149	KANIA MARIUSZ	KLUCZBORK	POL		82	M20/65	M20/65	(M)271	00:46:29	00:46:05	13.02 4.61	00:23:37 / 312
284	202	KUĆ JAROSŁAW	KRAKÓW	POL		66	M40/55	M40/55	(M)272	00:46:30	00:46:19	12.95 4.63	00:23:01 / 253
285	602	PŁOSKOŃSKI PIOTR	RUSINÓW	POL	NIEZRZESZONY	65	M40/56	M40/56	(M)273	00:46:30	00:46:29	12.91 4.65	00:22:40 / 217
286	115	MALEK STANISŁAW	PRASZKA	POL	NEAPCO PRASZKA	54	M50/49	M50/49	(M)274	00:46:31	00:46:22	12.94 4.64	00:23:23 / 285
287	252	BANAŚ PIOTR	KALISZ	POL	SUPERMARATON KALISZ	57	M50/50	M50/50	(M)275	00:46:32	00:46:10	13.00 4.62	00:24:09 / 351
288	510	KOPIJ WIESŁAW	BRZEG	POL	PKS-BRZEG	62	M40/57	M40/57	(M)276	00:46:33	00:46:29	12.91 4.65	00:23:05 / 267
289	162	PISKOŃ TOMASZ	LUBLINIEC	POL	BRAK	85	M20/66	M20/66	(M)277	00:46:39	00:46:25	12.93 4.64	00:23:35 / 308
290	278	JAGUSIAK JAROSŁAW	OPATÓW	POL	WKB META LUBLINIEC	76	M30/84	M30/84	(M)278	00:46:39	00:46:14	12.98 4.62	00:23:35 / 307
291	447	MILER MARCIN	KATOWICE	POL		78	M30/85	M30/85	(M)279	00:46:40	00:46:21	12.94 4.64	00:23:47 / 331
292	143	FABIAN MICHAŁ	CHORZÓW	POL		79	M30/86	M30/86	(M)280	00:46:41	00:46:22	12.94 4.64	00:23:47 / 333
293	871	TREFON EMANUEL	PIEKARY ŚLĄSKIE	POL	TKKF PIEKARY ŚLĄSKIE	41	M70/1	M70/1	(M)281	00:46:41	00:46:40	12.86 4.67	00:23:16 / 280
294	134	NAPIERAJ ANDRZEJ	ŻYTNIOŃ	POL		68	M40/58	M40/58	(M)282	00:46:42	00:46:37	12.87 4.66	00:23:10 / 274
295	388	SZPITUN JERZY	ZABRZE	POL		66	M40/59	M40/59	(M)283	00:46:43	00:46:40	12.86 4.67	00:23:04 / 262
296	487	BAGNECKI RAFAŁ	MYSZKÓW	POL		87	M20/67	M20/67	(M)284	00:46:44	00:46:22	12.94 4.64	00:23:44 / 323
297	103	BIALAS STANISŁAW	LEWIN BRZESKI	POL	PKS-BRZEG	56	M50/51	M50/51	(M)285	00:46:46	00:46:43	12.84 4.67	00:23:23 / 287
298	372	OGONOWSKI EDWARD	OPOLE	POL	ŻÓŁWIK OPOLE	49	M60/10	M60/10	(M)286	00:46:47	00:46:25	12.93 4.64	00:23:23 / 286
299	417	DOBROWOLSKI ZBIGNIEW	OŚWIĘCIM	POL	ZADYSZKA OŚWIĘCIM	62	M40/60	M40/60	(M)287	00:46:48	00:46:35	12.88 4.66	00:23:40 / 319
300	375	PARKITNY KRZYSZTOF	BLACHOWNIA	POL	KKTA BLACHOWNIA	54	M50/52	M50/52	(M)288	00:46:49	00:46:36	12.88 4.66	00:23:18 / 282
301	588	HOJDYS KAZIMIERZ	MIĘDZYBRODZIE	POL	PROMOTION ŻAR	56	M50/53	M50/53	(M)289	00:46:51	00:46:32	12.89 4.65	00:23:27 / 296
302	257	BUKOWSKI MICHAŁ	JASTRZĘBIE	POL	FDNT RUNNING TEAM	88	M20/68	M20/68	(M)290	00:46:53	00:46:41	12.85 4.67	00:22:57 / 244
303	189	GRABIŃSKI ADAM	ZĄBKI	POL		81	M30/87	M30/87	(M)291	00:46:55	00:46:44	12.84 4.67	00:23:21 / 284
304	791	WAWRZYŃIAK SEBASTIAN	SOSNOWIEC	POL		76	M30/88	M30/88	(M)292	00:46:56	00:46:39	12.86 4.67	00:24:37 / 394
305	818	GARBOWICZ TOMASZ	BELCHATOW	POL	K.B. SPARTAKUS BELCHATÓW	68	M40/61	M40/61	(M)293	00:46:56	00:46:48	12.82 4.68	00:23:48 / 334
306	884	WRÓBLEWSKI JACEK	CZĘSTOCHOWA	POL	SAINTS CZĘSTOCHOWA	91	M20/69	M20/69	(M)294	00:46:57	00:46:41	12.85 4.67	00:24:31 / 386
307	538	SZMIDT PRZEMYSŁAW	POZNAŃ	POL		82	M20/70	M20/70	(M)295	00:46:58	00:46:41	12.85 4.67	00:23:41 / 320
308	309	MATYSZCZAK SŁAWOMIR	RĘBIELICE	POL		60	M50/54	M50/54	(M)296	00:46:58	00:46:48	12.82 4.68	00:23:17 / 281
309	218	NOCUŃ TOMASZ	BOROWNO	POL		81	M30/89	M30/89	(M)297	00:47:00	00:46:33	12.89 4.66	00:24:15 / 359

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
310	373	OPALLA NORBERT	ŚWIĘTOCHŁOWIC	POL	SKAŁKA ŚWIĘTOCHŁOWICE	40	M70/2	M70/2	(M)298	00:47:01	00:47:00	12.77 4.70	00:23:16 / 279
311	156	NOJEK WIESŁAW	CHORZÓW	POL	NASZE-BIEGANIE.PL	64	M40/62	M40/62	(M)299	00:47:02	00:46:49	12.82 4.68	00:23:02 / 256
312	618	BUGAJ GRZEGORZ	KATOWICE	POL	TRAVOIS	74	M30/90	M30/90	(M)300	00:47:04	00:46:57	12.78 4.70	00:23:25 / 293
313	498	GLADYSZ DARIUSZ	CZĘSTOCHOWA	POL	BRAK	69	M40/63	M40/63	(M)301	00:47:04	00:46:54	12.79 4.69	00:23:34 / 305
314	299	ŁABUŚ LUKASZ	WROCLAW	POL	DANUTA TRZYMA KCIUKI!	78	M30/91	M30/91	(M)302	00:47:04	00:46:47	12.83 4.68	00:23:25 / 294
315	235	ŚWIERCZYŃSKI KRZYSZTOF	BYDGOSZCZ	POL	NIEZRZESZONY	63	M40/64	M40/64	(M)303	00:47:06	00:46:46	12.83 4.68	00:24:25 / 369
316	553	GUNIA MARIUSZ	OŚWIĘCIM	POL	ZADYSZKA OŚWIĘCIM	65	M40/65	M40/65	(M)304	00:47:07	00:46:43	12.84 4.67	00:23:45 / 325
317	536	SYKUŁA RAFAŁ	KOZIEGŁOWY	POL		77	M30/92	M30/92	(M)305	00:47:07	00:46:51	12.81 4.69	00:23:41 / 321
318	735	WALUŚKIEWICZ ARTUR	CZĘSTOCHOWA	POL		65	M40/66	M40/66	(M)306	00:47:10	00:47:01	12.76 4.70	00:23:47 / 332
319	524	PODLASKI ANDRZEJ	CZĘSTOCHOWA	POL		64	M40/67	M40/67	(M)307	00:47:10	00:47:00	12.77 4.70	00:23:53 / 335
320	492	CZUBA KRZYSZTOF	OZORKÓW	POL	NIEZRZESZONY	71	M40/68	M40/68	(M)308	00:47:11	00:46:59	12.77 4.70	00:23:44 / 324
321	609	WIECZOREK KONRAD	ŁOBODNO	POL	KLUB KARATE BUDO W	95	M16/13	M16/13	(M)309	00:47:12	00:47:10	12.72 4.72	00:23:03 / 261
322	594	KOZŁOWSKI ADAM	CZĘSTOCHOWA	POL	KLUB KARATE BUDO W	80	M30/93	M30/93	(M)310	00:47:15	00:47:13	12.71 4.72	00:22:54 / 240
323	739	WITKOWSKI TADEUSZ	TARNÓW	POL	NIEZRZESZONY	56	M50/55	M50/55	(M)311	00:47:16	00:47:12	12.71 4.72	00:23:36 / 310
324	459	PIECZARA KRZYSZTOF	JAWORZNO	POL	KB.MCKIS.JAWORZNO	81	M30/94	M30/94	(M)312	00:47:19	00:47:04	12.75 4.71	00:24:14 / 357
325	172	TOMCZAK ZBIGNIEW	CZĘSTOCHOWA	POL	NIEZRZESZONY	64	M40/69	M40/69	(M)313	00:47:22	00:47:09	12.73 4.72	00:23:07 / 270
326	236	TERKIEWICZ ZBIGNIEW	BELCHATÓW	POL		75	M30/95	M30/95	(M)314	00:47:24	00:47:17	12.69 4.73	00:23:36 / 311
327	324	PODESZWA PRZEMYSŁAW	WODZISLAW	POL		79	M30/96	M30/96	(M)315	00:47:25	00:47:21	12.67 4.74	00:23:28 / 299
328	386	SZANIECKI PIOTR	DALESZYCE	POL		73	M30/97	M30/97	(M)316	00:47:27	00:47:13	12.71 4.72	00:24:28 / 376
329	681	MŁYNARSKA MARIOLA	PAJECZNO	POL	WKB META LUBLINIEC	71	K40/4	K40/4	(K)13	00:47:32	00:47:28	12.64 4.75	00:23:27 / 297
330	529	SADOWSKI KONRAD	CZĘSTOCHOWA	POL		82	M20/71	M20/71	(M)317	00:47:33	00:46:59	12.77 4.70	00:23:37 / 314
331	67	SZYMAŃSKI MATEUSZ	MŁODZIESZYN	POL	OSP KAMION	92	M16/14	M16/14	(M)318	00:47:33	00:47:18	12.68 4.73	00:24:13 / 355
332	20	DYBOWSKI KS. LUKASZ	CZĘSTOCHOWA	POL		81	M30/98	M30/98	(M)319	00:47:33	00:47:05	12.74 4.71	00:24:30 / 384
333	204	LEGUTKO STEFAN	BELCHATÓW	POL	K.B. SPARTAKUS BELCHATÓW	57	M50/56	M50/56	(M)320	00:47:34	00:47:25	12.65 4.74	00:23:45 / 327
334	38	KOWALSKI WŁODZIMIERZ	ŁÓDŹ	POL		55	M50/57	M50/57	(M)321	00:47:36	00:47:23	12.66 4.74	00:23:43 / 322
335	80	KOŁODZIEJ MARIAN	CHORZÓW	POL	DOLINIARZE.COK-CHORZÓW	53	M50/58	M50/58	(M)322	00:47:39	00:47:25	12.65 4.74	00:23:35 / 306
336	803	MAKOWSKI JACEK	NYSA	POL	NYSA BIEGA	91	M20/72	M20/72	(M)323	00:47:40	00:47:23	12.66 4.74	00:24:49 / 409
337	197	KOŁODZIEJ TOMASZ	NYSA	POL	NYSA BIEGA	77	M30/99	M30/99	(M)324	00:47:40	00:47:23	12.66 4.74	00:24:48 / 407
338	518	NOWOSIELECKI MICHAŁ	DĄBROWA	POL		76	M30/100	M30/100	(M)325	00:47:45	00:47:41	12.58 4.77	00:24:09 / 349
339	89	PLUSKOTA HENRYK	PRASZKA	POL	NEAPCO PRASZKA	58	M50/59	M50/59	(M)326	00:47:46	00:47:30	12.63 4.75	00:24:30 / 380
340	345	ŻARSKI MARIUSZ	BELCHATÓW	POL	KB SPARTAKUS BELCHATÓW	85	M20/73	M20/73	(M)327	00:47:47	00:47:38	12.60 4.76	00:24:08 / 346
341	293	KURAS ROMAN	MYSZKÓW	POL	NIEZRZESZONY	70	M40/70	M40/70	(M)328	00:47:50	00:47:37	12.60 4.76	00:23:47 / 330
342	867	PAWLAK KAZIMIERZ	OSTRÓW WLKP.	POL	KS MARATON OSTRÓW	59	M50/60	M50/60	(M)329	00:47:52	00:47:49	12.55 4.78	00:24:09 / 352
343	737	WARCHOLIK WITOLD	KRAKÓW	POL		74	M30/101	M30/101	(M)330	00:47:53	00:47:47	12.56 4.78	00:24:26 / 371
344	28	KALISZUK ANDRZEJ	CZĘSTOCHOWA	POL	NIEZRZESZONY	80	M30/102	M30/102	(M)331	00:47:55	00:47:26	12.65 4.74	00:24:08 / 345
345	304	MAK MATEUSZ	CZĘSTOCHOWA	POL		90	M20/74	M20/74	(M)332	00:47:57	00:47:55	12.52 4.79	00:22:31 / 210
346	261	CIEŚLA JAN	PRASZKA	POL		50	M60/11	M60/11	(M)333	00:47:58	00:47:42	12.58 4.77	00:24:29 / 379
347	631	GRZYB SONIA	DANKÓW	POL		89	K16/7	K16/7	(K)14	00:48:00	00:47:54	12.53 4.79	00:23:39 / 317
348	864	SZUMNY SEBASTIAN	CZĘSTOCHOWA	POL		82	M20/75	M20/75	(M)334	00:48:00	00:47:56	12.52 4.79	00:23:07 / 271
349	453	NIEPIEKŁO KRZYSZTOF	ŻARKI LETNISKO	POL	LEŚNE LUDKI ŻARKI LETNISKO	59	M50/61	M50/61	(M)335	00:48:04	00:47:57	12.51 4.80	00:24:13 / 356

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
350	203	KURAS LESZEK	ALEKSANDRÓW	POL		80	M30/103 M30/103 (M)336	00:48:07	00:47:54	12.53 4.79	00:23:47 / 329
351	766	KRYGIER JACEK	CZĘSTOCHOWA	POL		87	M20/76 M20/76 (M)337	00:48:08	00:47:50	12.54 4.78	00:22:48 / 227
352	744	WYBRANIEC MAREK	CZĘSTOCHOWA	POL	INTERSPORT	85	M20/77 M20/77 (M)338	00:48:09	00:47:57	12.51 4.80	00:27:09 / 590
353	502	HACZYK NATALIA	OPOLE	POL	BIEG OPOLSKI	73	K30/4 K30/4 (K)15	00:48:09	00:48:01	12.50 4.80	00:24:01 / 338
354	477	WAWRZAK WIKTOR	PAJĘCZNO	POL		92	M16/15 M16/15 (M)339	00:48:09	00:47:37	12.60 4.76	00:24:08 / 348
355	621	CALEK BARTOSZ	CZĘSTOCHOWA	POL		88	M20/78 M20/78 (M)340	00:48:11	00:47:52	12.53 4.79	00:23:03 / 259
356	369	MATYSZCZAK ROMAN	KŁOBUCK	POL	WKB META LUBLINIEC	64	M40/71 M40/71 (M)341	00:48:11	00:47:59	12.50 4.80	00:24:01 / 337
357	633	JANICKI CEZARY	KŁOBUCK	POL	NORTH KCK	92	M16/16 M16/16 (M)342	00:48:14	00:48:08	12.47 4.81	00:23:37 / 315
358	381	ROSKOSZ LESZEK	RYBNIK	POL	NIEZRZESZONY	78	M30/104 M30/104 (M)343	00:48:14	00:48:01	12.50 4.80	00:23:37 / 313
359	72	BURY ANDRZEJ	BLACHOWNIA	POL	KKTA BLACHOWNIA	56	M50/62 M50/62 (M)344	00:48:15	00:48:07	12.47 4.81	00:23:38 / 316
360	384	STALMACH LESZEK	LUBLINIEC	POL	WKB META LUBLINIEC	58	M50/63 M50/63 (M)345	00:48:18	00:47:50	12.54 4.78	00:24:27 / 373
361	258	CHMAL ROBERT	TROJANÓW	POL		83	M20/79 M20/79 (M)346	00:48:18	00:48:01	12.50 4.80	00:24:38 / 397
362	722	RADZIOCH ANDRZEJ	TYCHY	POL		58	M50/64 M50/64 (M)347	00:48:20	00:48:06	12.47 4.81	00:24:28 / 377
363	368	MANOWSKI MARIUSZ	WIELGOMLYNY	POL	NIEZRZESZONY	83	M20/80 M20/80 (M)348	00:48:20	00:48:02	12.49 4.80	00:24:18 / 362
364	83	KOZŁOWSKI MARIAN	OZIMEK	POL	ŻÓŁWIK OPOLE	55	M50/65 M50/65 (M)349	00:48:23	00:47:59	12.50 4.80	00:24:09 / 350
365	779	ORDYŃSKI JANUSZ	SKARŻYSKO-KAMIPOL			50	M60/12 M60/12 (M)350	00:48:27	00:48:13	12.44 4.82	00:24:36 / 391
366	482	WOŁYŃSKI KAROL	KĘDZIERZYN-KOŹ	POL		73	M30/105 M30/105 (M)351	00:48:27	00:48:09	12.46 4.82	00:25:02 / 420
367	709	LIPKA MAREK	ZŁOTY POTOK	POL		85	M20/81 M20/81 (M)352	00:48:28	00:48:07	12.47 4.81	00:24:47 / 406
368	234	SZPAK MICHAŁ	NAMYSŁÓW	POL	MARATONYPOLSKIE.PL TEAM	78	M30/106 M30/106 (M)353	00:48:30	00:48:07	12.47 4.81	00:24:24 / 365
369	158	PAWLAK ARKADIUSZ	KALISZ	POL	AMATOR	68	M40/72 M40/72 (M)354	00:48:31	00:48:29	12.38 4.85	00:24:02 / 339
370	219	PALUSZKIEWICZ WIESŁAW	TYCHY	POL	40-LATEK TYCHY	57	M50/66 M50/66 (M)355	00:48:32	00:48:18	12.42 4.83	00:24:12 / 354
371	883	GRZELCZAK TOMASZ	ŁÓDŹ	POL	KB ARTURÓWEK ŁÓDŹ	67	M40/73 M40/73 (M)356	00:48:36	00:48:19	12.42 4.83	00:24:43 / 402
372	122	PAŁUBSKI DANIEL	LUBLINIEC	POL	OLGADENT LUBLINIEC	72	M30/107 M30/107 (M)357	00:48:36	00:48:27	12.38 4.85	00:25:06 / 424
373	511	KUBISZ DOROTA	LUBLINIEC	POL	WKB META LUBLINIEC	77	K30/5 K30/5 (K)16	00:48:38	00:48:34	12.35 4.86	00:24:07 / 343
374	512	KUBISZ TOMASZ	LUBLINIEC	POL	WKB META LUBLINIEC	76	M30/108 M30/108 (M)358	00:48:38	00:48:33	12.36 4.86	00:24:06 / 342
375	606	TURSKI BOGDAN	KRAKÓW	POL	KKB DYSTANS KRAKÓW	53	M50/67 M50/67 (M)359	00:48:40	00:48:05	12.48 4.81	00:25:08 / 426
376	539	ŚCIGAŁA PRZEMYSŁAW	KOLONIA	POL	KS START	92	M16/17 M16/17 (M)360	00:48:45	00:48:34	12.35 4.86	00:25:23 / 447
377	19	BALBUS MICHAŁ	BYTOM	POL		52	M50/68 M50/68 (M)361	00:48:47	00:48:47	12.30 4.88	00:24:08 / 347
378	882	KAPUŚNIAK WITOLD	LUBLINIEC	POL		80	M30/109 M30/109 (M)362	00:48:48	00:48:34	12.35 4.86	00:24:38 / 396
379	283	KNOPIK ADAM	PIOTRKÓW TRYB.	POL	NIEZRZESZONY	50	M60/13 M60/13 (M)363	00:48:48	00:48:41	12.32 4.87	00:24:27 / 374
380	146	GÓRNICKI RADOMIR	KOŚCIELISKA	POL	KPP OLESNO	78	M30/110 M30/110 (M)364	00:48:49	00:48:38	12.34 4.86	00:24:10 / 353
381	811	SWODCZYK JACEK	BIAŁA	POL		71	M40/74 M40/74 (M)365	00:48:50	00:48:31	12.37 4.85	00:24:02 / 340
382	635	JÓŻWIK WIESŁAW	WODZISŁAW	POL	FORMA WODZISŁAW ŚLĄSKI	65	M40/75 M40/75 (M)366	00:48:50	00:48:44	12.31 4.87	00:24:29 / 378
383	262	CISZEK MARCIN	CZĘSTOCHOWA	POL	KS ORIENT	86	M20/82 M20/82 (M)367	00:48:53	00:48:28	12.38 4.85	00:24:30 / 382
384	380	PRZYGODZKI TADEUSZ	PIOTRKÓW TRYB.	POL	NIEZRZESZONY	49	M60/14 M60/14 (M)368	00:48:54	00:48:47	12.30 4.88	00:24:36 / 390
385	42	PUSZCZEWICZ ZENON	PISARZOWICE	POL	KB LUPUS OLESNICA-BRZEG	41	M70/3 M70/3 (M)369	00:48:55	00:48:55	12.27 4.89	00:24:24 / 366
386	523	PIRÓG WOJCIECH	DABROWA	POL	TRAVOIS	71	M40/76 M40/76 (M)370	00:48:57	00:48:50	12.29 4.88	00:23:39 / 318
387	570	SADŁO TOMASZ	ZABRZE	POL	NIEZRZESZONY	81	M30/111 M30/111 (M)371	00:48:58	00:48:51	12.28 4.89	00:24:37 / 393
388	881	JAMSKI TOMASZ	CZĘSTOCHOWA	POL		69	M40/77 M40/77 (M)372	00:49:00	00:48:31	12.37 4.85	00:25:28 / 459
389	590	KAŁA SŁAWOMIR	CZĘSTOCHOWA	POL		69	M40/78 M40/78 (M)373	00:49:01	00:48:52	12.28 4.89	00:23:31 / 301

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
390	430	KOWALSKI ANDRZEJ	LUBLINIEC	POL	WKB META LUBLINIEC	53 M50/69	M50/69	(M)374	00:49:02	00:48:53	12.27 4.89	00:24:41 / 398	
391	515	MACHOŃ MARIAN	KALETY	POL	WKB META LUBLINIEC	53 M50/70	M50/70	(M)375	00:49:02	00:48:53	12.27 4.89	00:23:58 / 336	
392	876	TWARDZIK GRZEGORZ	SADOW	POL	WKB META LUBLINIEC	67 M40/79	M40/79	(M)376	00:49:05	00:48:30	12.37 4.85	00:25:07 / 425	
393	44	NOWAKOWSKI CZESLAW	WARSZAWA	POL	HUBERTUS-WARSZAWA	47 M60/15	M60/15	(M)377	00:49:08	00:49:04	12.23 4.91	00:24:15 / 358	
394	707	KUCHARSKI ZBIGNIEW	BELCHATÓW	POL	K.B. SPARTAKUS BELCHATÓW	56 M50/71	M50/71	(M)378	00:49:09	00:49:00	12.24 4.90	00:24:30 / 381	
395	310	MAZUR ZBIGNIEW	KRAKÓW	POL		56 M50/72	M50/72	(M)379	00:49:09	00:48:58	12.25 4.90	00:24:32 / 387	
396	643	MIŚTA PIOTR	CZĘSTOCHOWA	POL		64 M40/80	M40/80	(M)380	00:49:11	00:48:47	12.30 4.88	00:25:14 / 432	
397	695	GRYGIEL PIOTR	KŁOBUCK	POL	NORTH KCK	90 M20/83	M20/83	(M)381	00:49:12	00:49:06	12.22 4.91	00:24:32 / 388	
398	213	MARKOWICZ MARCIN	CZĘSTOCHOWA	POL		74 M30/112	M30/112	(M)382	00:49:13	00:49:02	12.24 4.90	00:24:24 / 367	
399	97	WOŚKO JAN	KRAPKOWICE	POL	CROSS KRAPKOWICE	53 M50/73	M50/73	(M)383	00:49:14	00:49:04	12.23 4.91	00:24:43 / 399	
400	861	STOLARCZYK DARIUSZ	ŁÓDŹ	POL	SZAKALE BALUT ŁÓDŹ	75 M30/113	M30/113	(M)384	00:49:16	00:49:12	12.20 4.92	00:24:28 / 375	
401	877	TWARDZIK PATRYK	SADOW	POL	WKB META LUBLINIEC	92 M16/18	M16/18	(M)385	00:49:16	00:48:41	12.32 4.87	00:25:17 / 438	
402	806	ORIAN ANNA	ZDZIESZOWICE	POL	SZKOŁA TAŃCA 'ORIAN-SHOW'	75 K30/6	K30/6	(K)17	00:49:17	00:49:08	12.21 4.91	00:24:08 / 344	
403	270	ESMUND PAWEŁ	RĘDZINY	POL		75 M30/114	M30/114	(M)386	00:49:18	00:48:56	12.26 4.89	00:24:31 / 385	
404	354	FILAK PRZEMYSŁAW	CZĘSTOCHOWA	POL		76 M30/115	M30/115	(M)387	00:49:19	00:48:56	12.26 4.89	00:24:25 / 368	
405	564	OBODECKI BARTOSZ	ŁÓDŹ	POL	NIEZRZESZONY	77 M30/116	M30/116	(M)388	00:49:20	00:49:17	12.17 4.93	00:24:49 / 408	
406	493	DADELA ANTONI	KRZEPICE	POL	KRZEPICE	52 M50/74	M50/74	(M)389	00:49:21	00:49:17	12.17 4.93	00:24:27 / 372	
407	479	WIORA JÓZEF	STANISZCZE	POL		74 M30/117	M30/117	(M)390	00:49:22	00:49:21	12.16 4.94	00:24:56 / 416	
408	891	JANUS JERZY	ZAWIERCIE	POL		67 M40/81	M40/81	(M)391	00:49:23	00:49:10	12.20 4.92	00:25:01 / 418	
409	476	WALECKI MAREK	OPOLE	POL	BIEG OPOLSKI	63 M40/82	M40/82	(M)392	00:49:23	00:49:14	12.19 4.92	00:25:10 / 429	
410	441	MATUSZCZYK WOJCIECH	PRASZKA	POL	NIEZRZESZONY	70 M40/83	M40/83	(M)393	00:49:26	00:49:23	12.15 4.94	00:24:43 / 401	
411	545	ZAJĄC ARKADIUSZ	WIELUŃ -	POL	NIEZRZESZONY	60 M50/75	M50/75	(M)394	00:49:27	00:49:23	12.15 4.94	00:24:44 / 403	
412	613	BANASIAK JOANNA	ŁÓDŹ	POL	SZAKALE BALUT ŁÓDŹ	81 K30/7	K30/7	(K)18	00:49:29	00:49:26	12.14 4.94	00:24:51 / 411	
413	24	SZCZEPANIAK PIOTR	ŁÓDŹ	POL	SZAKALE BALUT ŁÓDŹ	79 M30/118	M30/118	(M)395	00:49:29	00:49:26	12.14 4.94	00:24:51 / 410	
414	256	BUGAJ ANNA	SŁAWNNO	POL	LKS SŁAWNNO	84 K16/8	K16/8	(K)19	00:49:29	00:49:12	12.20 4.92	00:24:38 / 395	
415	565	OGORZELEC MARIUSZ	OPOLE	POL	FAST FOOT OPOLE	76 M30/119	M30/119	(M)396	00:49:36	00:49:17	12.17 4.93	00:25:03 / 421	
416	455	NIEROBISZ PIOTR	WIESZOWA	POL		69 M40/84	M40/84	(M)397	00:49:42	00:49:09	12.21 4.92	00:25:52 / 487	
417	787	SZYMCZYNA ZDZISŁAW	KRAKÓW	POL	KKB DYSTANS KRAKÓW	58 M50/76	M50/76	(M)398	00:49:43	00:49:30	12.12 4.95	00:25:31 / 462	
418	409	BRZÓZKA NORBERT	DĄBROWA	POL	POGORIA BIEGA	74 M30/120	M30/120	(M)399	00:49:46	00:49:26	12.14 4.94	00:25:18 / 440	
419	314	MILAK CEZARY	PIOTRKÓW TRYB.	POL	NIEZRZESZONY	68 M40/85	M40/85	(M)400	00:49:47	00:49:40	12.08 4.97	00:25:08 / 427	
420	308	MARKOWSKI ZBIGNIEW	LUBLINIEC	POL	WKB META LUBLINIEC	70 M40/86	M40/86	(M)401	00:49:49	00:49:40	12.08 4.97	00:24:54 / 414	
421	307	MARKOWSKA IWONA	LUBLINIEC	POL	WKB META LUBLINIEC	71 K40/5	K40/5	(K)20	00:49:49	00:49:39	12.08 4.97	00:24:55 / 415	
422	601	PIOTROWSKI KRZYSZTOF	KRAPKOWICE	POL	CROSS KRAPKOWICE	75 M30/121	M30/121	(M)402	00:49:49	00:49:38	12.09 4.96	00:24:54 / 413	
423	18	SKOWIERA PIOTR	CZĘSTOCHOWA	POL	OLIMPIUS.PL	55 M50/77	M50/77	(M)403	00:49:52	00:49:50	12.04 4.98	00:24:18 / 361	
424	484	ZAGAJA JANUSZ	POKÓJ	POL	NIEZRZESZONY	55 M50/78	M50/78	(M)404	00:49:52	00:49:42	12.07 4.97	00:24:36 / 392	
425	785	SZTYGLIC JERZY	ŁÓDŹ	POL	KB ARTURÓWEK ŁÓDŹ	73 M30/122	M30/122	(M)405	00:49:53	00:49:24	12.15 4.94	00:24:25 / 370	
426	346	SZPAK DAMIAN	TYCHY	POL	SILESIA MARATHON	61 M50/79	M50/79	(M)406	00:49:53	00:49:23	12.15 4.94	00:25:21 / 444	
427	209	MACIĄŻEK EDWARD	DĄBROWA	POL		60 M50/80	M50/80	(M)407	00:49:55	00:49:35	12.10 4.96	00:25:22 / 445	
428	196	KOKOT MARIUSZ	CZARNY LAS	POL	AMATOR	86 M20/84	M20/84	(M)408	00:49:58	00:49:38	12.09 4.96	00:25:37 / 470	
429	269	DZIELIŃSKI STANISŁAW	BYTOM	POL		54 M50/81	M50/81	(M)409	00:50:00	00:49:55	12.02 4.99	00:25:31 / 463	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
430	763	KOŁODZIEJCZYK ZBIGNIEW	KNURÓW	POL	KB_ENDURANCE SOLIDARNI	54	M50/82	M50/82	(M)410	00:50:01	00:50:00	12.00 5.00	00:24:46 / 405
431	485	ZIELONKA MIROSLAW	KŁOBUCK	POL	NGB KŁOBUCK	68	M40/87	M40/87	(M)411	00:50:02	00:49:46	12.06 4.98	00:25:01 / 419
432	306	MANDAT JAN	OLEŚNICA	POL	KB LUPUS OLEŚNICA	59	M50/83	M50/83	(M)412	00:50:03	00:50:02	11.99 5.00	00:24:30 / 383
433	581	BARCZYŃSKI MAREK	CZĘSTOCHOWA	POL	KLUB KARATE BUDO W	76	M30/123	M30/123	(M)413	00:50:04	00:50:02	11.99 5.00	00:24:34 / 389
434	717	NAPORA MIECZYSLAW	PIŃCZÓW	POL	KL PONIDZIE PIŃCZÓW	48	M60/16	M60/16	(M)414	00:50:06	00:50:00	12.00 5.00	00:24:43 / 400
435	760	KANTYKA TOMASZ	OŚWIĘCIM	POL	NIEZRZESZONY	75	M30/124	M30/124	(M)415	00:50:06	00:49:51	12.04 4.99	00:25:13 / 431
436	799	GLUSZEK RYSZARD	KALINOWICE	POL	OSIR STRZELCE OPOLSKIE	64	M40/88	M40/88	(M)416	00:50:09	00:49:59	12.00 5.00	00:25:19 / 441
437	815	ZYCHOWSKI MAREK	CZĘSTOCHOWA	POL		67	M40/89	M40/89	(M)417	00:50:10	00:49:40	12.08 4.97	00:25:38 / 472
438	394	TURNIAK MARTA	ŚWIERKLANIEC	POL		90	K16/9	K16/9	(K)21	00:50:10	00:50:00	12.00 5.00	00:25:32 / 464
439	596	MORYC PAWEL	ŁĘDZINY	POL		86	M20/85	M20/85	(M)418	00:50:15	00:49:45	12.06 4.98	00:26:49 / 568
440	333	SOWA MACIEJ	JASTRZĘBIE-ZDR	POL		89	M20/86	M20/86	(M)419	00:50:15	00:49:49	12.04 4.98	00:26:25 / 534
441	776	MUSUR ADAM	OLEŚNICA	POL	POLSKA BIEGA	53	M50/84	M50/84	(M)420	00:50:15	00:50:13	11.95 5.02	00:24:46 / 404
442	64	MIKOŁAJCZYK PIOTR	BĘDZIN	POL	TKKF CZELADŹ	40	M70/4	M70/4	(M)421	00:50:16	00:50:02	11.99 5.00	00:25:17 / 439
443	121	PACUŁA PIOTR	GLIWICE	POL	AKMB' PĘDZIWIATR GLIWICE'	59	M50/85	M50/85	(M)422	00:50:17	00:49:46	12.06 4.98	00:26:14 / 513
444	566	ORLIK JERZY	GLIWICE	POL	AKMB' PĘDZIWIATR GLIWICE'	59	M50/86	M50/86	(M)423	00:50:18	00:49:45	12.06 4.98	00:26:14 / 511
445	677	KRZETOWSKA EDYTA	CZESTOCHOWA	POL	NIEZRZESZONY	86	K16/10	K16/10	(K)22	00:50:18	00:50:06	11.98 5.01	00:25:28 / 456
446	109	KANIEWSKI KAMIL	MYKANÓW	POL	SAINTS CZĘSTOCHOWA	89	M20/87	M20/87	(M)424	00:50:19	00:50:16	11.94 5.03	00:25:16 / 435
447	451	MORYC KAMIL	TYCHY	POL		92	M16/19	M16/19	(M)425	00:50:20	00:49:50	12.04 4.98	00:26:50 / 569
448	623	DOBIASZ HUBERT	SZYDŁOWIEC	POL		80	M30/125	M30/125	(M)426	00:50:24	00:49:55	12.02 4.99	00:25:23 / 449
449	240	USZKO SABINA	SIEDLEC	POL		65	K40/6	K40/6	(K)23	00:50:25	00:50:18	11.93 5.03	00:25:19 / 442
450	370	MISIEWICZ KONRAD	ZDROWA	POL		89	M20/88	M20/88	(M)427	00:50:25	00:49:51	12.04 4.99	00:25:37 / 471
451	662	SZMYTKE SABINA	KONSTANTYNÓW	POL	SZAKALE BALUT ŁÓDŹ	53	K50/1	K50/1	(K)24	00:50:25	00:50:22	11.91 5.04	00:24:54 / 412
452	214	MORYŃ ALEKSANDER	CZĘSTOCHOWA	POL		81	M30/126	M30/126	(M)428	00:50:27	00:49:53	12.03 4.99	00:25:58 / 492
453	610	WNUK GRZEGORZ	RYBNIK	POL	SBD ENERGETYK RYBNIK	68	M40/90	M40/90	(M)429	00:50:27	00:50:03	11.99 5.01	00:25:35 / 467
454	684	CHORAŹIAK WITOLD	ŁÓDŹ	POL	IM 2010	67	M40/91	M40/91	(M)430	00:50:28	00:50:04	11.98 5.01	00:26:31 / 546
455	757	HUTNY PIOTR	CZĘSTOCHOWA	POL	AMATOR	73	M30/127	M30/127	(M)431	00:50:29	00:50:27	11.89 5.05	00:25:14 / 433
456	88	NITKA JACEK	TYCHY	POL	40-LATEK TYCHY	66	M40/92	M40/92	(M)432	00:50:30	00:50:11	11.96 5.02	00:25:33 / 465
457	800	GRABINSKI TOMASZ	DOBRODZIEŃ	POL	MEBLE DOBRODZIEŃ	76	M30/128	M30/128	(M)433	00:50:31	00:50:04	11.98 5.01	00:26:08 / 503
458	557	KRZEMIŃSKI ADAM	CZĘSTOCHOWA	POL	SAINTS CZĘSTOCHOWA	92	M16/20	M16/20	(M)434	00:50:32	00:50:28	11.89 5.05	00:25:17 / 436
459	734	TYCZYŃSKI ARKADIUSZ	RADOM	POL	NIE ZRZESZONY	75	M30/129	M30/129	(M)435	00:50:36	00:50:08	11.97 5.01	00:25:47 / 481
460	284	KOCIOLEK PIOTR	CZECHOWICE-DZI	POL		89	M20/89	M20/89	(M)436	00:50:38	00:50:12	11.95 5.02	00:26:25 / 533
461	360	JĘDRZEJAK MICHAŁ	ŻORY	POL		89	M20/90	M20/90	(M)437	00:50:38	00:50:11	11.96 5.02	00:26:25 / 535
462	526	RADOMSKI KRZYSZTOF	CZĘSTOCHOWA	POL		76	M30/130	M30/130	(M)438	00:50:40	00:50:27	11.89 5.05	00:24:57 / 417
463	866	JAMSK MAREK	CZĘSTOCHOWA	POL		75	M30/131	M30/131	(M)439	00:50:40	00:50:11	11.96 5.02	00:25:31 / 461
464	423	GARBACZ PIOTR	LEŚNICA	POL		79	M30/132	M30/132	(M)440	00:50:41	00:50:33	11.87 5.06	00:28:01 / 638
465	248	ZIELIŃSKI BARTŁOMIEJ	BELCHATÓW	POL	K.B. SPARTAKUS BELCHATÓW	81	M30/133	M30/133	(M)441	00:50:42	00:50:33	11.87 5.06	00:25:20 / 443
466	92	SZCZEPKOWSKI PAWEŁ	WARSZAWA	POL	ARTEQUIPMENT WESOLA	55	M50/87	M50/87	(M)442	00:50:43	00:50:26	11.90 5.04	00:25:43 / 476
467	478	WILL PIOTR	KATOWICE	POL		52	M50/88	M50/88	(M)443	00:50:43	00:50:43	11.83 5.07	00:25:30 / 460
468	872	DUBIJ LEON	WROCLAW	POL	WKB PIAST WROCLAW	41	M70/5	M70/5	(M)444	00:50:45	00:50:33	11.87 5.06	00:25:36 / 468
469	696	GRZEGORZEWSKI KRZYSZTOF PRYZYTAJŃ		POL		92	M16/21	M16/21	(M)445	00:50:48	00:50:16	11.94 5.03	00:26:04 / 499

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
470	745	WYPORKIEWICZ ROBERT	CZĘSTOCHOWA	POL		70	M40/93	M40/93	(M)446	00:50:52	00:50:40	11.84 5.07	00:25:49 / 482
471	804	MALINOWSKA IWONA	BYTOM	POL		75	K30/8	K30/8	(K)25	00:50:52	00:50:38	11.85 5.06	00:25:17 / 437
472	499	GOJ JERZY	PIEKARY ŚLĄSKIE	POL	MOSIR PIEKARY ŚLĄSKIE	58	M50/89	M50/89	(M)447	00:50:57	00:50:55	11.78 5.09	00:25:35 / 466
473	630	GNIEWASZEWSKA BEATA	GORZKOWICE	POL		78	K30/9	K30/9	(K)26	00:50:57	00:50:39	11.85 5.07	00:25:28 / 457
474	632	HALUPCZOK MICHAŁ	TURAWA	POL	FAST FOOT OPOLE	81	M30/134	M30/134	(M)448	00:50:59	00:50:40	11.84 5.07	00:25:59 / 494
475	624	DUDEK KRZYSZTOF	WIELUŃ	POL		83	M20/91	M20/91	(M)449	00:51:02	00:50:43	11.83 5.07	00:26:17 / 517
476	418	DUBAS ARKADIUSZ	TARNOWSKIE	POL		62	M40/94	M40/94	(M)450	00:51:03	00:50:56	11.78 5.09	00:25:04 / 422
477	206	MACHLOWSKA GRAŻYNA	KRAKÓW	POL	KRAKÓW	63	K40/7	K40/7	(K)27	00:51:07	00:51:03	11.75 5.11	00:25:25 / 451
478	30	NOWACKI BARTŁOMIEJ	CZĘSTOCHOWA	POL	STREET RUNNER	82	M20/92	M20/92	(M)451	00:51:10	00:50:56	11.78 5.09	00:25:09 / 428
479	123	PASTUCHA ANNA	KRAPKOWICE	POL	CROSS KRAPKOWICE	58	K50/2	K50/2	(K)28	00:51:10	00:51:02	11.76 5.10	00:25:47 / 480
480	422	DWORAK LUKASZ	LUBLINIEC	POL	NIEZRZESZONY	87	M20/93	M20/93	(M)452	00:51:12	00:50:54	11.79 5.09	00:25:24 / 450
481	379	PRZEDPELSKI JERZY	ŁÓDŹ	POL	NIEZRZESZONY	57	M50/90	M50/90	(M)453	00:51:14	00:50:55	11.78 5.09	00:25:46 / 479
482	577	WILK ZYGMUNT	RUDA ŚLĄSKA	POL		57	M50/91	M50/91	(M)454	00:51:16	00:50:57	11.78 5.10	00:26:03 / 498
483	289	KOWALCZYK MATEUSZ	RADOMSKO	POL		90	M20/94	M20/94	(M)455	00:51:19	00:51:03	11.75 5.11	00:26:38 / 561
484	503	HORNIK JAROSŁAW	MYSŁOWICE	POL	TRUCHTACZ MYSŁOWICE	69	M40/95	M40/95	(M)456	00:51:21	00:50:51	11.80 5.09	00:26:29 / 539
485	251	MZYK JANUSZ	TYCHY	POL	40-LATEK TYCHY	52	M50/92	M50/92	(M)457	00:51:23	00:51:15	11.71 5.13	00:25:16 / 434
486	578	WRZYCIEL ARTUR	OPOLE	POL	START KOSZWICE	88	M20/95	M20/95	(M)458	00:51:24	00:51:05	11.75 5.11	00:25:51 / 484
487	668	WIECZOREK BARTOSZ	BYTOM	POL	ZBM ZDROWIE	80	M30/135	M30/135	(M)459	00:51:27	00:51:08	11.73 5.11	00:27:02 / 579
488	729	ŚCIGALSKI DOMINIK	WARSZAWA	POL		79	M30/136	M30/136	(M)460	00:51:27	00:51:00	11.76 5.10	00:25:25 / 452
489	415	DETTLAFF PATRYCJA	WILCZA GÓRA	POL	NIEZRZESZONY	83	K16/11	K16/11	(K)29	00:51:28	00:51:25	11.67 5.14	00:25:27 / 455
490	559	LEWIŃSKI KRZYSZTOF	NOWE MIASTO	POL	BIEGIEM PRZEZ POLSKĘ	67	M40/96	M40/96	(M)461	00:51:28	00:51:08	11.73 5.11	00:26:46 / 566
491	142	DUDZIŃSKI RAFAŁ	WIELUŃ	POL		77	M30/137	M30/137	(M)462	00:51:28	00:51:13	11.71 5.12	00:26:39 / 562
492	875	WERSZNER PRZEMYSŁAW	WROCLAW	POL		70	M40/97	M40/97	(M)463	00:51:29	00:51:14	11.71 5.12	00:25:51 / 485
493	544	WOŁCZYK ADRIAN	BYTOM	POL		84	M20/96	M20/96	(M)464	00:51:30	00:51:07	11.74 5.11	00:26:06 / 501
494	583	BRZEZINA SANDRA	RYBNIK	POL	SBD ENERGETYK RYBNIK	89	K16/12	K16/12	(K)30	00:51:31	00:51:08	11.73 5.11	00:27:23 / 609
495	78	KOLONKO JUSTYNA	CHORZÓW	POL	MCC MARATHON CLUB	75	K30/10	K30/10	(K)31	00:51:32	00:51:10	11.73 5.12	00:25:41 / 473
496	69	GUSTOWSKI BARTŁOMIEJ	CZĘSTOCHOWA	POL		75	M30/138	M30/138	(M)465	00:51:35	00:50:57	11.78 5.10	00:27:15 / 595
497	464	ROSA ANDRZEJ	RUDA ŚL.	POL	KRS TKKF JASTRZĄB RUDA	63	M40/98	M40/98	(M)466	00:51:41	00:51:28	11.66 5.15	00:26:34 / 551
498	136	BIL JANUSZ	PRASZKA	POL	NEAPCO PRASZKA	53	M50/93	M50/93	(M)467	00:51:41	00:51:24	11.67 5.14	00:26:22 / 528
499	155	MOSIALA JAN	PRASZKA	POL	NEAPCO PRASZKA	62	M40/99	M40/99	(M)468	00:51:42	00:51:25	11.67 5.14	00:26:22 / 527
500	98	NOWICKI ANDRZEJ	KRAPKOWICE	POL	AKTYWNE KRAPKOWICE	56	M50/94	M50/94	(M)469	00:51:45	00:51:36	11.63 5.16	00:25:12 / 430
501	444	MAZUR DOROTA	CZĘSTOCHOWA	POL		85	K16/13	K16/13	(K)32	00:51:54	00:51:43	11.60 5.17	00:26:24 / 531
502	507	JANKOWSKI GRZEGORZ	KATOWICE	POL		59	M50/95	M50/95	(M)470	00:51:55	00:51:54	11.56 5.19	00:25:05 / 423
503	294	KURTZ JOACHIM	DOBRODZIEN	POL		62	M40/100	M40/100	(M)471	00:51:56	00:51:50	11.58 5.18	00:26:09 / 505
504	858	ŻMUDZIŃSKI MICHAŁ	ZŁOTY POTOK	POL		81	M30/139	M30/139	(M)472	00:51:58	00:51:43	11.60 5.17	00:26:17 / 515
505	691	GIESZCZ SŁAWOMIR	CZĘSTOCHOWA	POL	KLUB KARATE BUDO W	85	M20/97	M20/97	(M)473	00:51:59	00:51:57	11.55 5.20	00:26:34 / 554
506	255	BUCZAK JAROSŁAW	PIŃCZÓW	POL	KL PONIDZIE PIŃCZÓW	62	M40/101	M40/101	(M)474	00:51:59	00:51:53	11.56 5.19	00:26:24 / 530
507	771	MARKS PATRYK	CZĘSTOCHOWA	POL		85	M20/98	M20/98	(M)475	00:52:00	00:51:57	11.55 5.20	00:25:51 / 486
508	242	WIRASZKA PIOTR	LUBLINIEC	POL		76	M30/140	M30/140	(M)476	00:52:01	00:51:48	11.58 5.18	00:26:29 / 540
509	857	DŁUBAK PATRYCJUSZ	CZĘSTOCHOWA	POL		74	M30/141	M30/141	(M)477	00:52:03	00:51:37	11.62 5.16	00:26:29 / 537

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
510	25	MACHOWSKI JAN	KOZIEGŁOWY	POL		50	M60/17	M60/17	(M)478	00:52:03	00:51:46	11.59 5.18	00:26:15 / 514
511	614	BARANSKI ADAM	GLIWICE	POL		73	M30/142	M30/142	(M)479	00:52:05	00:51:34	11.64 5.16	00:27:08 / 589
512	87	MALICKI GRZEGORZ	KOŃSKIE	POL	PASAT KOŃSKIE	70	M40/102	M40/102	(M)480	00:52:05	00:51:45	11.59 5.18	00:26:00 / 495
513	786	SZYMAŁA PRZEMYSŁAW	CZĘSTOCHOWA	POL	BRAK	87	M20/99	M20/99	(M)481	00:52:08	00:51:46	11.59 5.18	00:26:37 / 559
514	603	PODGÓRNY ADAM	BORONÓW	POL	TKKF BORONOVIA	75	M30/143	M30/143	(M)482	00:52:08	00:52:04	11.52 5.21	00:25:43 / 475
515	494	DOMAŃSKI STANISŁAW	CZĘSTOCHOWA	POL		46	M60/18	M60/18	(M)483	00:52:10	00:51:58	11.55 5.20	00:25:52 / 488
516	169	SURGIEL DARIUSZ	CZĘSTOCHOWA	POL		69	M40/103	M40/103	(M)484	00:52:13	00:52:12	11.49 5.22	00:25:37 / 469
517	644	MOSKAL IZABELLA	WARSZAWA	POL	BRYLANT KÓRNIK	73	K30/11	K30/11	(K)33	00:52:14	00:52:08	11.51 5.21	00:26:00 / 496
518	878	MRÓZ ANDRZEJ	KĘTY	POL	ZADYSZKA OŚWIĘCIM	38	M70/6	M70/6	(M)485	00:52:14	00:51:48	11.58 5.18	00:26:35 / 556
519	428	KEMPA KAROL	TRZCINICA	POL		88	M20/100	M20/100	(M)486	00:52:17	00:52:00	11.54 5.20	00:26:08 / 504
520	505	JACHER OLGIERD	GORLICE	POL		85	M20/101	M20/101	(M)487	00:52:17	00:51:47	11.59 5.18	00:27:31 / 614
521	184	FABIAŃSKI CZESŁAW	KALISZ	POL	SUPERMARATON KALISZ	55	M50/96	M50/96	(M)488	00:52:18	00:51:57	11.55 5.20	00:26:41 / 564
522	387	SZPITUN ADAM	ZABRZE	POL	NIEZRZESZONY	92	M16/22	M16/22	(M)489	00:52:19	00:52:15	11.48 5.23	00:25:23 / 448
523	316	NOWAK MAREK	WIELICZKA	POL	KKB DYSTANS KRAKÓW	57	M50/97	M50/97	(M)490	00:52:21	00:52:14	11.49 5.22	00:25:54 / 489
524	595	KRAMARCZYK MACIEJ	WĘGRZCE	POL		68	M40/104	M40/104	(M)491	00:52:23	00:51:38	11.62 5.16	00:26:55 / 573
525	639	KUŚMIEREK WIKTOR	OPOLE	POL	WKB META LUBLINIEC	45	M60/19	M60/19	(M)492	00:52:25	00:52:11	11.50 5.22	00:26:21 / 524
526	367	MAŁOLEPSZY ROBERT	OLSZTYN	POL	NIEZRZESZONY	66	M40/105	M40/105	(M)493	00:52:26	00:52:12	11.49 5.22	00:26:17 / 516
527	718	OLSZOK PRZEMYSŁAW	LISÓW	POL		87	M20/102	M20/102	(M)494	00:52:27	00:52:22	11.46 5.24	00:25:54 / 491
528	645	NIEDŹWIECKI DARIUSZ	CZESTOCHOWA	POL	NIEZRZESZONY	71	M40/106	M40/106	(M)495	00:52:27	00:52:15	11.48 5.23	00:26:07 / 502
529	509	KOPIJ HENRYK	BRZEG	POL	PKS-BRZEG	55	M50/98	M50/98	(M)496	00:52:28	00:52:25	11.45 5.24	00:26:14 / 512
530	860	SZCZEPAŃSKI STANISŁAW	BYTOM	POL		75	M30/144	M30/144	(M)497	00:52:28	00:52:19	11.47 5.23	00:25:27 / 454
531	719	PAZERA PIOTR	SZYDŁOWIEC	POL		84	M20/103	M20/103	(M)498	00:52:29	00:52:01	11.53 5.20	00:27:07 / 586
532	461	POPCZYK ANNA	WŁOSZCZOWA	POL		87	K16/14	K16/14	(K)34	00:52:30	00:52:08	11.51 5.21	00:26:34 / 552
533	480	WOJCIECHOWSKI JANUSZ	KRAKÓW	POL	KKB DYSTANS KRAKÓW	51	M60/20	M60/20	(M)499	00:52:38	00:52:23	11.45 5.24	00:26:43 / 565
534	41	ADAMUS TOMASZ	CZĘSTOCHOWA	POL		65	M40/107	M40/107	(M)500	00:52:41	00:52:38	11.40 5.26	00:26:18 / 519
535	634	JÓŹWIAK MAREK	KATOWICE	POL		67	M40/108	M40/108	(M)501	00:52:42	00:52:36	11.41 5.26	00:26:03 / 497
536	888	KOĆWIN PAWEŁ	CZĘSTOCHOWA	POL		78	M30/145	M30/145	(M)502	00:52:43	00:52:17	11.48 5.23	00:26:34 / 553
537	654	PYRZYK SŁAWOMIR	LISÓW	POL		87	M20/104	M20/104	(M)503	00:52:45	00:52:41	11.39 5.27	00:25:54 / 490
538	537	SZCZEKOcki PAWEŁ	KRAKOW	POL		57	M50/99	M50/99	(M)504	00:52:46	00:52:26	11.44 5.24	00:27:02 / 578
539	628	GAJDA URSZULA	OZIMEK	POL	BIEG OPOLSKI	72	K30/12	K30/12	(K)35	00:52:48	00:52:40	11.39 5.27	00:26:29 / 541
540	421	DUDZIAK ADRIAN	STARA HUTA	POL		92	M16/23	M16/23	(M)505	00:52:53	00:52:22	11.46 5.24	00:26:19 / 521
541	50	KUŚ BOGDAN	LUBLINIEC	POL	WKB META LUBLINIEC	76	M30/146	M30/146	(M)506	00:52:57	00:52:31	11.42 5.25	00:26:52 / 572
542	549	BYSTRZYCKI PIOTR	KRAKÓW	POL	16 BPD KRAKÓW	83	M20/105	M20/105	(M)507	00:52:58	00:52:43	11.38 5.27	00:25:58 / 493
543	598	OLESZCZUK RADOŚLAW	KRAPKOWICE	POL	CROSS KRAPKOWICE	75	M30/147	M30/147	(M)508	00:52:59	00:52:48	11.36 5.28	00:25:50 / 483
544	413	CZAPLA MARCIN	NOWA WIEŚ	POL		90	M20/106	M20/106	(M)509	00:53:00	00:52:39	11.40 5.27	00:27:36 / 619
545	452	MUCHA PAWEŁ	ZABIERZÓW	POL		78	M30/148	M30/148	(M)510	00:53:02	00:52:41	11.39 5.27	00:26:10 / 507
546	227	REMBIELAK MARIUSZ	OLESNO	POL	NIEZRZESZONY	77	M30/149	M30/149	(M)511	00:53:04	00:52:53	11.35 5.29	00:26:11 / 509
547	641	ŁUCZAK JANUSZ	ŁÓDŹ	POL		68	M40/109	M40/109	(M)512	00:53:07	00:52:57	11.33 5.30	00:26:10 / 506
548	816	ZYSKOWSKI KRZYSZTOF	KUŹNICA	POL	NIESTOWARZYSZONY	56	M50/100	M50/100	(M)513	00:53:09	00:53:05	11.30 5.31	00:25:43 / 477
549	285	KOJ PIOTR	DOBRODZIEN	POL		59	M50/101	M50/101	(M)514	00:53:13	00:53:07	11.30 5.31	00:26:21 / 525

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
550	532	SŁUPEK TOMASZ	WODZISLAW	POL	FORMA WODZISLAW ŚLĄSKI	77	M30/150	M30/150	(M)515	00:53:14	00:53:09	11.29 5.32	00:26:05 / 500
551	390	ŚLEZIONA MARCIN	LUBLINIEC	POL	AMATOR	84	M20/107	M20/107	(M)516	00:53:14	00:53:10	11.29 5.32	00:26:20 / 523
552	201	KUCZ STEFAN	STRZEBIŃ	POL	KB STRZELEC	56	M50/102	M50/102	(M)517	00:53:15	00:52:47	11.37 5.28	00:26:50 / 570
553	873	ROMANOWSKI DARIUSZ	KRAKÓW	POL		64	M40/110	M40/110	(M)518	00:53:17	00:52:56	11.34 5.29	00:26:11 / 508
554	486	ZOBER MAREK	SIEMIANOWICE	POL		85	M20/108	M20/108	(M)519	00:53:17	00:52:59	11.32 5.30	00:26:56 / 574
555	902	GRUSZKA MAŁGORZATA	CZĘSTOCHOWA	POL		69	K40/8	K40/8	(K)36	00:53:22	00:53:21	11.25 5.34	00:26:19 / 522
556	205	BIALEK ADAM	KATOWICE	POL		73	M30/151	M30/151	(M)520	00:53:24	00:53:08	11.29 5.31	00:26:25 / 532
557	686	DERDA SEBASTIAN	MSTÓW	POL	BUDOWLANIEC - PZITB	91	M20/109	M20/109	(M)521	00:53:24	00:53:02	11.31 5.30	00:26:24 / 529
558	266	DOBOSZ GRZEGORZ	KŁOBUCK	POL	NGB KŁOBUCK	61	M50/103	M50/103	(M)522	00:53:25	00:52:56	11.34 5.29	00:27:27 / 611
559	60	BYKOWSKI BOGDAN	STARY KISIELIN	POL	NIEZRZESZONY	49	M60/21	M60/21	(M)523	00:53:26	00:53:00	11.32 5.30	00:26:56 / 575
560	160	PIKULSKI MIECZYSLAW	PIŃCZÓW	POL	KL PONIDZIE PIŃCZÓW	43	M60/22	M60/22	(M)524	00:53:27	00:53:21	11.25 5.34	00:26:30 / 545
561	259	CHMAL WALDEMAR	TROJANÓW	POL		84	M20/110	M20/110	(M)525	00:53:31	00:53:29	11.22 5.35	00:25:42 / 474
562	445	MAZUR TOMASZ	CZĘSTOCHOWA	POL		83	M20/111	M20/111	(M)526	00:53:32	00:53:21	11.25 5.34	00:26:32 / 548
563	34	POSMYK PRZEMYSŁAW	CZĘSTOCHOWA	POL		76	M30/152	M30/152	(M)527	00:53:35	00:53:31	11.21 5.35	00:26:14 / 510
564	702	KANIA WIESŁAW	KRAKÓW	POL	KKB DYSTANS KRAKÓW	71	M40/111	M40/111	(M)528	00:53:37	00:53:17	11.26 5.33	00:26:33 / 550
565	106	GAWROŃSKI PAWEŁ	CZĘSTOCHOWA	POL	NIEZRZESZONY	75	M30/153	M30/153	(M)529	00:53:38	00:53:15	11.27 5.33	00:27:16 / 597
566	181	CYGAN ANDRZEJ	RĘDZINY	POL		62	M40/112	M40/112	(M)530	00:53:38	00:53:13	11.27 5.32	00:27:06 / 584
567	90	SKUTELSKIS ANDREJS	CZĘSTOCHOWA	POL		82	M20/112	M20/112	(M)531	00:53:39	00:53:08	11.29 5.31	00:27:49 / 628
568	730	ŚWIĄTCZAK ARTUR	KATOWICE	POL	BRAK	75	M30/154	M30/154	(M)532	00:53:41	00:53:30	11.21 5.35	00:26:36 / 558
569	154	MINIAK RAFAŁ	TOMASZÓW	POL	MARATONYPOLSKIE.PL TEAM	79	M30/155	M30/155	(M)533	00:53:42	00:53:27	11.23 5.35	00:26:29 / 538
570	755	GAIK MATEUSZ	ZAGÓRZE	POL	BUDOWLANIEC - PZITB	91	M20/113	M20/113	(M)534	00:53:43	00:53:20	11.25 5.33	00:28:39 / 675
571	35	FILIPIAK GRZEGORZ	WARSZAWA	POL		74	M30/156	M30/156	(M)535	00:53:46	00:53:24	11.24 5.34	00:27:19 / 601
572	650	PASZEWSKI ZBIGNIEW	CZĘSTOCHOWA	POL		69	M40/113	M40/113	(M)536	00:53:47	00:53:40	11.18 5.37	00:26:18 / 520
573	300	MACHNIK WOJCIECH	KOCHANOWICE	POL		79	M30/157	M30/157	(M)537	00:53:48	00:53:21	11.25 5.34	00:28:07 / 642
574	247	ZBUDNIEWEK ROMAN	ŁÓDŹ	POL	TRUCHT MARATON	52	M50/104	M50/104	(M)538	00:53:53	00:53:46	11.16 5.38	00:26:22 / 526
575	325	POMORSKI MAREK	KŁOMNICE	POL	WOPR RADOMSKO	86	M20/114	M20/114	(M)539	00:53:54	00:53:44	11.17 5.37	00:25:28 / 458
576	275	GRABIEC MARCIN	WŁOSZCZOWA	POL		79	M30/158	M30/158	(M)540	00:53:55	00:53:26	11.23 5.34	00:27:19 / 600
577	468	STYŚ MAREK	GLIWICE	POL		74	M30/159	M30/159	(M)541	00:53:57	00:53:28	11.22 5.35	00:27:07 / 588
578	279	JANIK MARCIN	PANKI	POL	NIEZRZESZONY	75	M30/160	M30/160	(M)542	00:53:58	00:53:42	11.17 5.37	00:27:16 / 596
579	774	MORGA PAWEŁ	KŁOBUCK	POL	NIEZRZESZONY	83	M20/115	M20/115	(M)543	00:53:58	00:53:42	11.17 5.37	00:26:38 / 560
580	708	LIGUS MATEUSZ	KAMIENICA	POL	BRAK	93	M16/24	M16/24	(M)544	00:53:58	00:53:46	11.16 5.38	00:25:23 / 446
581	680	PASON PAWEŁ	WOLA WISNIOWA	POL	NIEZRZESZONY	86	M20/116	M20/116	(M)545	00:53:59	00:53:45	11.16 5.38	00:27:07 / 585
582	690	GAWRON TOMASZ	WOLA WISNIOWA	POL	NIEZRZESZONY	80	M30/161	M30/161	(M)546	00:53:59	00:53:46	11.16 5.38	00:27:07 / 587
583	117	MIARKA PIOTR	CZĘSTOCHOWA	POL	NIEZRZESZONY	87	M20/117	M20/117	(M)547	00:53:59	00:53:33	11.20 5.36	00:27:34 / 615
584	301	MADEJ MIROSLAW	KRAKÓW	POL	KRAKÓW	64	M40/114	M40/114	(M)548	00:54:04	00:53:40	11.18 5.37	00:26:30 / 543
585	392	TERLECKI JÓZEF	GRUSZEWNIA	POL	WKB META LUBLINIEC	54	M50/105	M50/105	(M)549	00:54:05	00:53:36	11.19 5.36	00:27:27 / 610
586	120	NOWAK ADAM	CZELADZ	POL	TKKF CZELADŹ	40	M70/7	M70/7	(M)550	00:54:06	00:53:40	11.18 5.37	00:27:09 / 591
587	108	KAMUDA MARCIN	CZĘSTOCHOWA	POL	AMATOR	73	M30/162	M30/162	(M)551	00:54:08	00:54:05	11.09 5.41	00:25:45 / 478
588	26	KOCHMAN JANUSZ	OLESNO	POL	KPP OLESNO	64	M40/115	M40/115	(M)552	00:54:12	00:54:00	11.11 5.40	00:26:31 / 547
589	178	BORA ANDRZEJ	WROCLAW	POL	WKB PIAST WROCLAW	48	M60/23	M60/23	(M)553	00:54:14	00:54:02	11.10 5.40	00:27:14 / 594

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
590	552	DREWUSZEWSKI MACIEJ	PLAWNIOWICE	POL		78	M30/163	M30/163	(M)554	00:54:15	00:53:45	11.16 5.38	00:27:12 / 592
591	812	ŚWIERCZEWSKI MARCIN	WARSZAWA	POL		79	M30/164	M30/164	(M)555	00:54:19	00:53:51	11.14 5.39	00:28:18 / 654
592	517	MIZGAŁA DAWID	OSINY	POL		92	M16/25	M16/25	(M)556	00:54:20	00:54:10	11.08 5.42	00:25:25 / 453
593	93	ŚLIWA MIROSLAW	WARSZAWA	POL		74	M30/165	M30/165	(M)557	00:54:21	00:53:56	11.12 5.39	00:27:40 / 623
594	229	SŁOMKA MAREK	OPOLE	POL	BRAK	56	M50/106	M50/106	(M)558	00:54:22	00:54:09	11.08 5.42	00:26:18 / 518
595	223	PIEPRZYCKI JERZY	CZĘSTOCHOWA	POL		57	M50/107	M50/107	(M)559	00:54:23	00:54:03	11.10 5.41	00:27:35 / 616
596	450	MOJSIEJCZUK RYSZARD	KNURÓW	POL	NIEZRZESZONY	45	M60/24	M60/24	(M)560	00:54:27	00:54:16	11.06 5.43	00:27:22 / 608
597	471	SZECÓWKA ZBIGNIEW	PORAJ	POL		74	M30/166	M30/166	(M)561	00:54:27	00:53:54	11.13 5.39	00:27:38 / 620
598	163	POSTRACH BOGUSŁAW	CZĘSTOCHOWA	POL	NIEZRZESZONY	65	M40/116	M40/116	(M)562	00:54:27	00:54:22	11.04 5.44	00:26:41 / 563
599	331	REMIORZ PIOTR	DORTMUND	GER	BIEG SIKORNIK RADMAR	69	M40/117	M40/117	(M)563	00:54:30	00:54:13	11.07 5.42	00:26:50 / 571
600	501	GRUDZIEN MAŁGORZATA	ZĄBKOWICE ŚL.	POL		83	K16/15	K16/15	(K)37	00:54:31	00:53:59	11.11 5.40	00:28:42 / 680
601	337	SZKOPEK JACEK	ŁÓDŹ	POL	NIEZRZESZONY	59	M50/108	M50/108	(M)564	00:54:36	00:54:17	11.05 5.43	00:27:31 / 613
602	412	BYSIEC CZESŁAW	DOBRODZIEN	POL	WKB META LUBLINIEC	49	M60/25	M60/25	(M)565	00:54:39	00:54:12	11.07 5.42	00:28:12 / 647
603	208	MACHNACKI MICHAŁ	CHOTOMÓW	POL	GRUPA BIEGOWA CHTMO	76	M30/167	M30/167	(M)566	00:54:40	00:54:30	11.01 5.45	00:26:30 / 544
604	648	OSUCH TOMASZ	KŁOBUCK	POL	NGB KŁOBUCK	61	M50/109	M50/109	(M)567	00:54:42	00:54:39	10.98 5.47	00:27:03 / 582
605	727	SZPAK SEBASTIAN	TYCHY	POL	ALETEMPO	85	M20/118	M20/118	(M)568	00:54:42	00:54:20	11.04 5.43	00:30:08 / 733
606	870	WÓJCIK STANISŁAW	DĄBROWA	POL	TKKF MARATHON DĄBROWA	40	M70/8	M70/8	(M)569	00:54:45	00:54:33	11.00 5.46	00:27:51 / 630
607	111	KASZUBA GRAŻYNA	TYCHY	POL	40-LATEK TYCHY	60	K50/3	K50/3	(K)38	00:54:46	00:54:27	11.02 5.45	00:27:45 / 626
608	112	KMITA PIOTR	BLACHOWNIA	POL		72	M30/168	M30/168	(M)570	00:54:49	00:54:27	11.02 5.45	00:27:30 / 612
609	339	TEPERSKA EDYTA	CZĘSTOCHOWA	POL		74	K30/13	K30/13	(K)39	00:54:50	00:54:37	10.99 5.46	00:27:20 / 604
610	59	DUDEK TOMASZ	CZĘSTOCHOWA	POL		75	M30/169	M30/169	(M)571	00:54:52	00:54:30	11.01 5.45	00:27:19 / 602
611	679	SOLTYŃSKI ANDRZEJ	NADOLICE	POL	WKB PIAST WROCŁAW	60	M50/110	M50/110	(M)572	00:54:57	00:54:55	10.93 5.49	00:26:33 / 549
612	802	KAWKA RAFAŁ	RADOMSKO	POL	UWM OLSZTYN	85	M20/119	M20/119	(M)573	00:55:00	00:54:44	10.96 5.47	00:27:21 / 605
613	704	KILAN PIOTR	IWANOWICE DUŻE	POL	NGB KŁOBUCK	72	M30/170	M30/170	(M)574	00:55:04	00:54:54	10.93 5.49	00:27:02 / 580
614	550	CIASOŃ ROBERT	CZĘSTOCHOWA	POL	AMATOR	75	M30/171	M30/171	(M)575	00:55:13	00:55:06	10.89 5.51	00:27:36 / 617
615	398	ZAWADZKI ADRIAN	CZĘSTOCHOWA	POL	NIEZRZESZONY	83	M20/120	M20/120	(M)576	00:55:14	00:54:44	10.96 5.47	00:29:06 / 694
616	290	KOWALIK DANIEL	CHOTOMÓW	POL	GRUPA BIEGOWA CHTMO	82	M20/121	M20/121	(M)577	00:55:15	00:55:04	10.90 5.51	00:26:29 / 542
617	361	KLUCZEWSKI PIOTR	CZĘSTOCHOWA	POL	AMPMEDIA.PL TEAM	76	M30/172	M30/172	(M)578	00:55:17	00:54:55	10.93 5.49	00:27:19 / 603
618	320	OSTROWSKA ANETA	CZĘSTOCHOWA	POL	BRAK	83	K16/16	K16/16	(K)40	00:55:19	00:55:17	10.85 5.53	00:26:25 / 536
619	226	RADKE RYSZARD	OZORKÓW	POL	NIEZRZESZONY	76	M30/173	M30/173	(M)579	00:55:20	00:54:49	10.95 5.48	00:28:01 / 639
620	862	SZLUFIK ARTUR	CZĘSTOCHOWA	POL		75	M30/174	M30/174	(M)580	00:55:21	00:55:19	10.85 5.53	00:27:03 / 581
621	805	MUSIAŁ JANINA	DOBRODZIEN	POL	MEBLE DOBRODZIEN	54	K50/4	K50/4	(K)41	00:55:23	00:54:56	10.92 5.49	00:28:12 / 648
622	82	KOŚCIESZA ŁUKASZ	CZĘSTOCHOWA	POL		94	M16/26	M16/26	(M)581	00:55:26	00:54:54	10.93 5.49	00:28:52 / 686
623	587	GUTKOWSKI TOMEK	RADOM	POL		79	M30/175	M30/175	(M)582	00:55:28	00:55:00	10.91 5.50	00:27:01 / 577
624	439	MADEJ JÓZEF	OŚWIĘCIM	POL	ZADYSZKA OŚWIĘCIM	51	M60/26	M60/26	(M)583	00:55:29	00:54:56	10.92 5.49	00:28:40 / 677
625	853	BARAŃSKA OLGA	CZĘSTOCHOWA	POL		74	K30/14	K30/14	(K)42	00:55:30	00:55:01	10.91 5.50	00:27:45 / 627
626	228	SELKA SŁAWOMIR	BLACHOWNIA	POL		78	M30/176	M30/176	(M)584	00:55:32	00:55:13	10.87 5.52	00:28:15 / 652
627	788	TOMECKI JERZY	MYSŁOWICE	POL		41	M70/9	M70/9	(M)585	00:55:43	00:55:11	10.87 5.52	00:28:14 / 651
628	436	LEWANDOWSKI MAREK	LEWIN BRZESKI	POL		82	M20/122	M20/122	(M)586	00:55:45	00:55:22	10.84 5.54	00:27:17 / 598
629	560	LUBISZEWSKI ROBERT	CZĘSTOCHOWA	POL		85	M20/123	M20/123	(M)587	00:55:48	00:55:16	10.86 5.53	00:28:51 / 685

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
630	794	WLÓKA ADRIAN	CZĘSTOCHOWA	POL	INTERSPORT	83	M20/124	M20/124	(M)588	00:55:48	00:55:37	10.79 5.56	00:27:53 / 633
631	419	DUBAS GRAŻYNA	TARNOWSKIE	POL		64	K40/9	K40/9	(K)43	00:55:52	00:55:46	10.76 5.58	00:27:55 / 634
632	600	PIEKAREC CZESLAW	TARNOWSKIE	POL	AMATOR	39	M70/10	M70/10	(M)589	00:55:54	00:55:53	10.74 5.59	00:27:05 / 583
633	467	STUKATOR TERESA	TYCHY	POL	40-LATEK TYCHY	63	K40/10	K40/10	(K)44	00:55:57	00:55:43	10.77 5.57	00:27:57 / 635
634	99	GRZESZKIEWICZ MIROSLAW	WARSZAWA	POL		67	M40/118	M40/118	(M)590	00:55:58	00:55:40	10.78 5.57	00:28:24 / 661
635	292	KURAS KAMIL	CZĘSTOCHOWA	POL	AMATOR	85	M20/125	M20/125	(M)591	00:55:59	00:55:38	10.78 5.56	00:28:11 / 644
636	541	TOBIASZ WIESLAW	KRAKÓW	POL	ELSTER	55	M50/111	M50/111	(M)592	00:56:00	00:55:43	10.77 5.57	00:28:41 / 679
637	193	JASIANEK ZBIGNIEW	ZŁOCZEW	POL		59	M50/112	M50/112	(M)593	00:56:06	00:55:39	10.78 5.57	00:27:51 / 631
638	144	FLORCZUK WIESLAW	BRZEG	POL		64	M40/119	M40/119	(M)594	00:56:07	00:55:31	10.81 5.55	00:27:22 / 606
639	313	MIGOŃ WOJCIECH	KATOWICE	POL	HUMAN LABEL TEAM	78	M30/177	M30/177	(M)595	00:56:07	00:55:39	10.78 5.57	00:27:41 / 624
640	185	FLORCZUK MIECZYSLAW	BRZEG	POL		65	M40/120	M40/120	(M)596	00:56:07	00:55:31	10.81 5.55	00:27:22 / 607
641	496	GLIŃSKI EMIL	CZĘSTOCHOWA	POL		92	M16/27	M16/27	(M)597	00:56:08	00:56:05	10.70 5.61	00:27:19 / 599
642	268	DYBAŁ JOANNA	BĘDZIN	POL		79	K30/15	K30/15	(K)45	00:56:08	00:55:39	10.78 5.57	00:27:40 / 622
643	73	CAŁA PIOTR	CZĘSTOCHOWA	POL		75	M30/178	M30/178	(M)598	00:56:09	00:55:36	10.79 5.56	00:28:52 / 687
644	656	SAMOLAK IRENEUSZ	WODZISLAW	POL	FORMA WODZISLAW ŚLĄSKI	76	M30/179	M30/179	(M)599	00:56:11	00:56:05	10.70 5.61	00:28:07 / 641
645	470	SUCHANEK RADOSLAW	CZĘSTOCHOWA	POL		64	M40/121	M40/121	(M)600	00:56:14	00:55:53	10.74 5.59	00:27:51 / 632
646	525	PODZOBA STANISLAW	KRAKÓW	POL	KKB DYSTANS KRAKÓW	40	M70/11	M70/11	(M)601	00:56:16	00:55:54	10.73 5.59	00:28:40 / 676
647	222	PATERAK ROBERT	GRODZIEC,	POL	WKB META LUBLINIEC	86	M20/126	M20/126	(M)602	00:56:18	00:55:49	10.75 5.58	00:29:27 / 706
648	692	GINALSKI ZBIGNIEW	RZĘDKOWICE	POL	TRIATHLON DĄBROWA	38	M70/12	M70/12	(M)603	00:56:20	00:56:02	10.71 5.60	00:28:21 / 656
649	334	STEMPIEŃ JAKUB	ŁÓDŹ	POL		80	M30/180	M30/180	(M)604	00:56:25	00:55:58	10.72 5.60	00:28:23 / 659
650	191	JANIAK ROMAN	SIERADZ	POL		61	M50/113	M50/113	(M)605	00:56:26	00:56:25	10.64 5.64	00:27:43 / 625
651	495	GARBOŚ CEZARY	ŻORY	POL	ŻORY	60	M50/114	M50/114	(M)606	00:56:26	00:56:17	10.66 5.63	00:28:05 / 640
652	401	WOŁCZYK ALDONA	WIESZOWA	POL		87	K16/17	K16/17	(K)46	00:56:29	00:56:07	10.69 5.61	00:28:11 / 646
653	796	KOŁODZIEJCZYK DARIUSZ	KNURÓW	POL	KB.ENDURANCE SOLIDARNI	90	M20/127	M20/127	(M)607	00:56:33	00:56:31	10.62 5.65	00:28:55 / 689
654	868	GOŹDZIELEWSKI WITOLD	KALISZ	POL		71	M40/122	M40/122	(M)608	00:56:33	00:56:09	10.69 5.62	00:28:52 / 688
655	171	TEKLAK KRZYSZTOF	CZĘSTOCHOWA	POL		67	M40/123	M40/123	(M)609	00:56:34	00:56:17	10.66 5.63	00:27:40 / 621
656	287	KORDELAS GRZEGORZ	ŁÓDŹ	POL	BIEGACZ NOWOSOLNA	50	M60/27	M60/27	(M)610	00:56:36	00:56:16	10.66 5.63	00:28:24 / 662
657	53	CUPIAŁ URSZULA	PORAJ	POL		74	K30/16	K30/16	(K)47	00:56:39	00:56:18	10.66 5.63	00:28:59 / 692
658	880	CICHY KAMIL	CZĘSTOCHOWA	POL	SAINTS CZĘSTOCHOWA	91	M20/128	M20/128	(M)611	00:56:41	00:56:25	10.64 5.64	00:26:46 / 567
659	102	WYMYSŁO CZESLAW	PIEKARY ŚLĄSKIE	POL		56	M50/115	M50/115	(M)612	00:56:42	00:56:40	10.59 5.67	00:30:15 / 739
660	91	SUMIŃSKA MAGDALENA	JANUSZEW	POL	OSP KAMION	91	K16/18	K16/18	(K)48	00:56:47	00:56:32	10.61 5.65	00:27:01 / 576
661	672	WODARKA NATALIA	BYTOM	POL		86	K16/19	K16/19	(K)49	00:56:48	00:56:27	10.63 5.65	00:28:35 / 671
662	241	WAWRZYŃIAK ANDRZEJ	SIERADZ	POL		55	M50/116	M50/116	(M)613	00:56:52	00:56:50	10.56 5.68	00:26:35 / 555
663	674	WYSOCKI SERGIUSZ	WIĄZOWNA	POL	AZYMUT MAZOWSZE	80	M30/181	M30/181	(M)614	00:56:53	00:56:40	10.59 5.67	00:28:23 / 658
664	699	JĘDRASIAK PIOTR	CZĘSTOCHOWA	POL		94	M16/28	M16/28	(M)615	00:56:57	00:56:52	10.55 5.69	00:26:36 / 557
665	148	JURCZYK JANUSZ	CZYŻOWICE	POL		62	M40/124	M40/124	(M)616	00:56:59	00:56:34	10.61 5.66	00:27:36 / 618
666	797	BIENIEK JAKUB	CHOROŃ	POL	NIEZRZESZONY	85	M20/129	M20/129	(M)617	00:57:02	00:56:31	10.62 5.65	00:29:53 / 727
667	362	KOSSAKOWSKI KAROL	KIELCE	POL		84	M20/130	M20/130	(M)618	00:57:10	00:56:46	10.57 5.68	00:28:13 / 650
668	865	BZDĘGA JAN	CZĘSTOCHOWA	POL		57	M50/117	M50/117	(M)619	00:57:11	00:57:09	10.50 5.72	00:27:59 / 637
669	86	ŁAPETA PIOTR	CZESTOCHOWA	POL		78	M30/182	M30/182	(M)620	00:57:16	00:56:53	10.55 5.69	00:28:38 / 673

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
670	340	TRZĘSIOK BARTŁOMIEJ	LUBLINIEC	POL	NIEZRZESZONY	88	M20/131	M20/131	(M)621	00:57:16	00:56:58	10.53 5.70	00:28:13 / 649
671	135	BIALAS EWA	LEWIN BRZESKI	POL	PKS-BRZEG	62	K40/11	K40/11	(K)50	00:57:19	00:57:15	10.48 5.73	00:28:11 / 645
672	329	RASZYK PIOTR	ŁÓDŹ	POL	CYKLOMANIAK	53	M50/118	M50/118	(M)622	00:57:20	00:57:05	10.51 5.71	00:29:09 / 696
673	458	PAPIERNIK MIROSLAW	BYTOM	POL		63	M40/125	M40/125	(M)623	00:57:21	00:57:03	10.52 5.71	00:28:58 / 691
674	754	DOMAŃSKI DANIEL	DĄBROWA	POL	BUDOWLANIEC - PZITB	90	M20/132	M20/132	(M)624	00:57:22	00:56:58	10.53 5.70	00:28:38 / 674
675	27	BANASIAK PIOTR	OZORKÓW	POL	KRZAL ADVENTURE TEAM	66	M40/126	M40/126	(M)625	00:57:23	00:56:46	10.57 5.68	00:28:25 / 663
676	341	ULFIK FLORIAN	LUBLINIEC	POL	WKB META LUBLINIEC	48	M60/28	M60/28	(M)626	00:57:26	00:57:16	10.48 5.73	00:28:28 / 665
677	474	ŚWIĄTEK BARTŁOMIEJ	CZĘSTOCHOWA	POL		73	M30/183	M30/183	(M)627	00:57:28	00:56:53	10.55 5.69	00:28:38 / 672
678	437	MACHACZKA-KOTARSKA JOANNA	STAROKRZEPICE	POL		74	K30/17	K30/17	(K)51	00:57:31	00:57:11	10.49 5.72	00:28:45 / 681
679	475	URBAŃSKI ARKADIUSZ	GLIWICE	POL		66	M40/127	M40/127	(M)628	00:57:32	00:57:26	10.45 5.74	00:28:41 / 678
680	31	TURKO KATARZYNA	BYTOM	POL	PKO BP SA	70	K40/12	K40/12	(K)52	00:57:33	00:57:02	10.52 5.70	00:29:23 / 704
681	901	ZIMON ROBERT	CZĘSTOCHOWA	POL	AKS RATRAK CZĘSTOCHOWA	95	M16/29	M16/29	(M)629	00:57:36	00:57:10	10.50 5.72	00:30:38 / 755
682	104	BRZESKI KUBA	CZĘSTOCHOWA	POL	SAINTS CZĘSTOCHOWA	92	M16/30	M16/30	(M)630	00:57:36	00:57:20	10.47 5.73	00:28:10 / 643
683	790	WAGENKNECHT RADOSŁAW	TOMASZÓW MAZ.	POL		74	M30/184	M30/184	(M)631	00:57:37	00:57:12	10.49 5.72	00:29:23 / 702
684	738	WIŚNIEWSKI MARIUSZ	KALISZ	POL	SUPERMARATON KALISZ	77	M30/185	M30/185	(M)632	00:57:38	00:57:16	10.48 5.73	00:30:08 / 732
685	295	KURZAJCZYK HANNA	KALISZ	POL	SUPERMARATON KALISZ	85	K16/20	K16/20	(K)53	00:57:39	00:57:17	10.47 5.73	00:30:08 / 734
686	652	PIASECKI PIOTR	PIOTRKÓW	POL		79	M30/186	M30/186	(M)633	00:57:46	00:57:17	10.47 5.73	00:29:49 / 726
687	460	PINKOS ŁUKASZ	SIEMIANOWICE	POL	PINKI TEAM	81	M30/187	M30/187	(M)634	00:57:47	00:57:31	10.43 5.75	00:28:23 / 660
688	893	MRÓZ PIOTR	CZĘSTOCHOWA	POL	SAINTS CZĘSTOCHOWA	84	M20/133	M20/133	(M)635	00:57:55	00:57:40	10.40 5.77	00:22:11 / 181
689	896	CUPIAŁ NINA	MYSZKÓW	POL		92	K16/21	K16/21	(K)54	00:57:56	00:57:32	10.43 5.75	00:28:17 / 653
690	663	SZYSZKA KASIA - EWA	OPOLE	POL	BIEG OPOLSKI	65	K40/13	K40/13	(K)55	00:57:58	00:57:51	10.37 5.79	00:28:34 / 670
691	188	GÓRA MAREK	TARNOWSKIE	POL		67	M40/128	M40/128	(M)636	00:57:58	00:57:37	10.41 5.76	00:28:29 / 666
692	693	GORZELAK KRZYSZTOF	CZĘSTOCHOWA	POL	KLUB KARATE BUDO W	93	M16/31	M16/31	(M)637	00:58:10	00:58:07	10.32 5.81	00:27:59 / 636
693	364	LAMEK PAULINA	SYCÓW	POL		94	K16/22	K16/22	(K)56	00:58:19	00:57:48	10.38 5.78	00:31:02 / 765
694	759	JAROSZ MARIAN	MYSŁOWICE	POL	TRUCHTACZ MYSŁOWICE	53	M50/119	M50/119	(M)638	00:58:23	00:58:05	10.33 5.81	00:29:35 / 711
695	593	KLIMCZYK GRZEGORZ	JASKRÓW	POL	KLUB KARATE BUDO W	66	M40/129	M40/129	(M)639	00:58:24	00:58:20	10.29 5.83	00:29:18 / 700
696	305	MALISZEWSKI BOGUSŁAW	GLIWICE	POL	BRAK	54	M50/120	M50/120	(M)640	00:58:24	00:57:52	10.37 5.79	00:29:48 / 724
697	894	MAZUREK RADOSŁAW	MYSŁOWICE	POL		77	M30/188	M30/188	(M)641	00:58:32	00:58:09	10.32 5.82	00:28:22 / 657
698	783	SKOWRONEK GRZEGORZ	CZĘSTOCHOWA	POL		73	M30/189	M30/189	(M)642	00:58:44	00:58:22	10.28 5.84	00:28:27 / 664
699	434	KURIANOWICZ WIESŁAW	GLIWICE	POL		62	M40/130	M40/130	(M)643	00:58:44	00:58:13	10.31 5.82	00:29:48 / 725
700	665	WASIECZKO DARIUSZ	SIEWIERZ	POL		59	M50/121	M50/121	(M)644	00:58:47	00:58:25	10.27 5.84	00:29:41 / 720
701	758	JAGUSIAK KAMIL	CZĘSTOCHOWA	POL	INTERSPORT	84	M20/134	M20/134	(M)645	00:58:48	00:58:36	10.24 5.86	00:28:29 / 668
702	749	BORUCKA GRAŻYNA	WROCŁAW	POL	I TY MOŻESZ ZOSTAĆ	70	K40/14	K40/14	(K)57	00:58:50	00:58:36	10.24 5.86	00:28:50 / 684
703	488	BLACH JERZY	ŁUBNICE	POL		71	M40/131	M40/131	(M)646	00:58:50	00:58:16	10.30 5.83	00:30:13 / 735
704	813	TAPAŁA PAWEŁ	SIEMKOWICE	POL		85	M20/135	M20/135	(M)647	00:58:55	00:58:49	10.20 5.88	00:27:49 / 629
705	349	BEHOUNEK MAŁGORZATA	ZAKOPANE	POL	TOWARZYSTWO	61	K50/5	K50/5	(K)58	00:58:55	00:58:38	10.23 5.86	00:28:45 / 682
706	281	KARGULEWICZ MARIUSZ	BELCHATÓW	POL	AMATOR	83	M20/136	M20/136	(M)648	00:59:01	00:58:35	10.24 5.86	00:30:07 / 731
707	153	MALINOWSKA ANNA	CZĘSTOCHOWA	POL		84	K16/23	K16/23	(K)59	00:59:05	00:58:41	10.22 5.87	00:29:39 / 718
708	21	PĘCZEK DARIUSZ	CZĘSTOCHOWA	POL		70	M40/132	M40/132	(M)649	00:59:05	00:58:41	10.22 5.87	00:29:38 / 717

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
709	777	NIEWIADOMSKI KRZYSZTOF	BELCHATÓW	POL	KB SPARTAKUS	74 M30/190	M30/190 (M)650	00:59:07	00:58:38	10.23 5.86	00:28:30 / 669
710	534	STOLECKA BEATA	BELCHATÓW	POL	K.B. SPARTAKUS BELCHATÓW	80 K30/18	K30/18 (K)60	00:59:07	00:58:59	10.17 5.90	00:29:12 / 697
711	753	DEPERAS ŁUKASZ	KOŃSKIE	POL	BUDOWLANIEC - PZITB	91 M20/137	M20/137 (M)651	00:59:11	00:58:47	10.21 5.88	00:28:19 / 655
712	899	JANKOWSKI PIOTR	CHOTOMÓW	POL	GRUPA BIEGOWA CHTMO	85 M20/138	M20/138 (M)652	00:59:21	00:59:10	10.14 5.92	00:30:35 / 750
713	177	BOCZKOWSKA EWA	KRAKÓW	POL	KKB DYSTANS KRAKÓW	58 K50/6	K50/6 (K)61	00:59:23	00:58:50	10.20 5.88	00:29:56 / 728
714	351	CIESIOLKA MARIAN	BYTOM	POL		49 M60/29	M60/29 (M)653	00:59:25	00:58:52	10.19 5.89	00:30:14 / 737
715	733	TRZEPIZUR MAGDALENA	WYRAZÓW	POL		74 K30/19	K30/19 (K)62	00:59:26	00:58:56	10.18 5.89	00:29:01 / 693
716	575	ŚWIĘTANOWSKA BARBARA	OPOLE	POL	BIEG OPOLSKI	76 K30/20	K30/20 (K)63	00:59:27	00:59:19	10.12 5.93	00:29:24 / 705
717	659	SZCZEPANIAK ANDRZEJ	KARŁOWICE	POL		85 M20/139	M20/139 (M)654	00:59:30	00:59:04	10.16 5.91	00:29:28 / 708
718	128	SZYM CZYK GRZEGORZ	CZĘSTOCHOWA	POL		79 M30/191	M30/191 (M)655	00:59:31	00:59:21	10.11 5.94	00:29:27 / 707
719	408	BLĄDEK WITOLD	ŁÓDŹ	POL	NIEZRZESZONY	44 M60/30	M60/30 (M)656	00:59:32	00:59:13	10.13 5.92	00:29:13 / 698
720	74	ERDOSI ZSOLT	CZĘSTOCHOWA	HUN		70 M40/133	M40/133 (M)657	00:59:34	00:59:12	10.14 5.92	00:29:43 / 723
721	887	KUREK EDWARD	KATOWICE	POL	SATURN-KATOWICE	39 M70/13	M70/13 (M)658	00:59:35	00:59:34	10.07 5.96	00:29:38 / 715
722	562	MIRECKA KATARZYNA	WARSZAWA	POL	REALS	79 K30/21	K30/21 (K)64	00:59:35	00:59:32	10.08 5.95	00:29:09 / 695
723	561	MACHNO PIOTR	KRAKÓW	POL		69 M40/134	M40/134 (M)659	00:59:38	00:59:19	10.12 5.93	00:29:22 / 701
724	556	KOSSAK-MACHNO DANUTA	KRAKÓW	POL		71 K40/15	K40/15 (K)65	00:59:38	00:59:18	10.12 5.93	00:29:23 / 703
725	347	WOŹNIAK MONIKA	RADOMSKO	POL		87 K16/24	K16/24 (K)66	00:59:41	00:59:14	10.13 5.92	00:28:29 / 667
726	175	BAK LESZEK	CZĘSTOCHOWA	POL	BRAK	59 M50/122	M50/122 (M)660	00:59:44	00:59:18	10.12 5.93	00:29:37 / 712
727	456	NOWAK KRZYSZTOF	LUBIN	POL	NIEZRZESZONY	47 M60/31	M60/31 (M)661	00:59:47	00:59:24	10.10 5.94	00:30:29 / 745
728	500	GRAJDEK ROBERT	CZĘSTOCHOWA	POL		80 M30/192	M30/192 (M)662	00:59:50	00:59:35	10.07 5.96	00:29:29 / 709
729	335	STOLARCZYK STANISŁAW	TLUSZCZ	POL	BOBR TLUSZCZ	43 M60/32	M60/32 (M)663	00:59:50	00:59:16	10.12 5.93	00:29:38 / 716
730	767	KUCHMISTRZ ANNA	ZABRZE	POL		74 K30/22	K30/22 (K)67	00:59:53	00:59:23	10.10 5.94	00:30:18 / 741
731	762	KOBYLIŃSKI TOMASZ	ZABRZE	POL	WKB META LUBLINIEC	76 M30/193	M30/193 (M)664	00:59:53	00:59:22	10.11 5.94	00:30:18 / 740
732	765	KRAWCZYK ADRIAN	CZĘSTOCHOWA	POL		83 M20/140	M20/140 (M)665	00:59:55	00:59:38	10.06 5.96	00:27:12 / 593
733	378	PROTASIUK MARIUSZ	WIĄZOWNA	POL	NIE !!! ANONIMOWY ALKOHOLIK	80 M30/194	M30/194 (M)666	00:59:59	00:59:45	10.04 5.98	00:29:18 / 699
734	454	NIEROBISZ JOANNA	WIESZOWA	POL		73 K30/23	K30/23 (K)68	01:00:07	00:59:34	10.07 5.96	00:30:29 / 747
735	567	ORLIK ZDZIŚLAWA	GLIWICE	POL	K.CZ.PĘDZIWIATR GLIWICE	65 K40/16	K40/16 (K)69	01:00:08	00:59:36	10.07 5.96	00:30:49 / 760
736	151	KUJAWIAK JACEK	ŁÓDŹ	POL	NIEZRZESZONY	66 M40/135	M40/135 (M)667	01:00:11	00:59:59	10.00 6.00	00:29:38 / 713
737	65	KSYNA ŁUKASZ	MŁODZIESZYN	POL	OSP KAMION	84 M20/141	M20/141 (M)668	01:00:17	01:00:01	10.00 6.00	00:28:55 / 690
738	874	KOT EUGENIUSZ	KATOWICE	POL	SATURN-KATOWICE	34 M70/14	M70/14 (M)669	01:00:18	00:59:51	10.03 5.99	00:30:13 / 736
739	897	GRUCA BARTOSZ	CZĘSTOCHOWA	POL		92 M16/32	M16/32 (M)670	01:00:20	01:00:09	9.98 6.02	00:30:39 / 757
740	676	ŻYGADŁO KAZIMIERZ	KRZYWICZYNY	POL	LKS KRZYWICZYNY	58 M50/123	M50/123 (M)671	01:00:21	00:59:53	10.02 5.99	00:30:35 / 751
741	61	GAWŁOWSKI ANDRZEJ	LUBLINIEC	POL	KLUB MORSÓW 'SOPEL'	61 M50/124	M50/124 (M)672	01:00:22	00:59:52	10.02 5.99	00:30:39 / 756
742	400	ŁOPATKA KAZIMIERZ	PIEKARY ŚLĄSKIE	POL		35 M70/15	M70/15 (M)673	01:00:26	00:59:53	10.02 5.99	00:30:15 / 738
743	591	KAMROWSKI ŁUKASZ	KATOWICE	POL	RASAPSA KATOWICE	78 M30/195	M30/195 (M)674	01:00:31	01:00:07	9.98 6.01	00:29:30 / 710
744	689	DUCH-MACKANIEC DANUTA	JELENIA GÓRA	POL	NIEZRZESZONA	59 K50/7	K50/7 (K)70	01:00:51	01:00:47	9.87 6.08	00:29:42 / 721
745	657	SPADŁO ANDRZEJ	WILKÓW	POL		60 M50/125	M50/125 (M)675	01:00:53	01:00:25	9.93 6.04	00:30:35 / 752
746	497	GLIŃSKI KRZYSZTOF	CZĘSTOCHOWA	POL		60 M50/126	M50/126 (M)676	01:00:57	01:00:54	9.85 6.09	00:29:38 / 714
747	159	PAWŁOWSKI WITOLD	KRZEPICE	POL	KB „ KRZEPCY” - KRZEPICE	46 M60/33	M60/33 (M)677	01:00:59	01:00:53	9.85 6.09	00:28:46 / 683
748	359	GREZEL MATEUSZ	WANCERZÓW	POL		89 M20/142	M20/142 (M)678	01:01:16	01:00:53	9.85 6.09	00:30:53 / 761

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
749	798	CHYLEK JOLANTA	KĘDZIERZYN-KOŹ	POL	SZKOŁA TAŃCA `ORIAN-SHOW`	61 K50/8	K50/8		(K)71	01:01:21	01:01:12	9.80 6.12 00:29:59 / 729	
750	176	BERDYS SEBASTIAN	OLSZTYN	POL	NIEZRZESZONY	77 M30/196	M30/196		(M)679	01:01:22	01:00:52	9.86 6.09 00:30:38 / 754	
751	513	KUKUŁA RAFAŁ	BLACHOWNIA	POL	NIEZRZESZONY	81 M30/197	M30/197		(M)680	01:01:24	01:01:09	9.81 6.12 00:29:42 / 722	
752	282	KLAWENDER RYSZARD	GLIWICE	POL	BRAK	59 M50/127	M50/127		(M)681	01:01:33	01:01:01	9.83 6.10 00:30:36 / 753	
753	366	MALOLEPSZY RAFAŁ	OLSZTYN	POL	NIEZRZESZONY	93 M16/33	M16/33		(M)682	01:01:37	01:01:23	9.77 6.14 00:29:40 / 719	
754	161	PIOTROWSKI DANIEL	WODZISŁAW	POL	BRAK	78 M30/198	M30/198		(M)683	01:01:58	01:01:32	9.75 6.15 00:32:13 / 774	
755	131	GÓRKA MONIKA	RADOM	POL		76 K30/24	K30/24		(K)72	01:02:00	01:01:32	9.75 6.15 00:30:41 / 758	
756	700	JĘDRZEJCZYK MARZANNA	OPOLE	POL		72 K30/25	K30/25		(K)73	01:02:04	01:01:55	9.69 6.19 00:30:29 / 744	
757	396	WNOROWSKI ROBERT	WIĄZOWNIA	POL	NIE !!! ANONIMOWY ALKOHOLIK	72 M30/199	M30/199		(M)684	01:02:04	01:01:50	9.70 6.18 00:30:29 / 746	
758	271	FLORCZUK PAWEŁ	BRZEG	POL		92 M16/34	M16/34		(M)685	01:02:16	01:01:40	9.73 6.17 00:32:12 / 773	
759	47	RETEL DAMIAN	KOCHANOWICE	POL	AMATOR	69 M40/136	M40/136		(M)686	01:02:17	01:01:49	9.71 6.18 00:30:32 / 749	
760	145	FRUKACZ BOGDAN	CZĘSTOCHOWA	POL		67 M40/137	M40/137		(M)687	01:02:18	01:01:51	9.70 6.19 00:30:32 / 748	
761	573	STADNICZUK MICHAŁ	NAMYSŁÓW	POL	LUKS ŻÓRAWINA	30 M70/16	M70/16		(M)688	01:02:28	01:02:23	9.62 6.24 00:30:45 / 759	
762	198	KOSTRZEWA IZABELA	WIELUŃ	POL		70 K40/17	K40/17		(K)74	01:03:02	01:02:39	9.58 6.27 00:31:54 / 768	
763	225	RADECKA SANDRA	CZĘSTOCHOWA	POL	BRAK	87 K16/25	K16/25		(K)75	01:03:04	01:02:32	9.59 6.25 00:31:01 / 764	
764	187	GORLICKA JOANNA	KLUSZKOWCE	POL	BRAK	86 K16/26	K16/26		(K)76	01:03:04	01:02:33	9.59 6.26 00:31:01 / 763	
765	45	RECH ANDRZEJ	ŁÓDŹ	POL	NIEZRZESZONY	58 M50/128	M50/128		(M)689	01:03:10	01:02:58	9.53 6.30 00:30:23 / 742	
766	250	MZYK KRYSZYNA	TYCHY	POL	40-LATEK TYCHY	54 K50/9	K50/9		(K)77	01:03:17	01:02:57	9.53 6.30 00:31:50 / 767	
767	903	WĘGRZYCKI WIESŁAW	KRAKÓW	POL	KL PONIDZIE PIŃCZÓW	33 M70/17	M70/17		(M)690	01:03:21	01:03:15	9.49 6.33 00:32:06 / 771	
768	649	PALKA BOGUSŁAW	MYSŁOWICE	POL	KRASOWY	54 M50/129	M50/129		(M)691	01:03:43	01:03:22	9.47 6.34 00:30:06 / 730	
769	272	FOKCZYŃSKA EWA	LUBLINIEC	POL	WKB META LUBLINIEC	74 K30/26	K30/26		(K)78	01:04:03	01:03:27	9.46 6.35 00:32:04 / 769	
770	116	MARKOWSKI MICHAŁ	CZĘSTOCHOWA	POL	SPRAGNIENI DOZNAŃ	86 M20/143	M20/143		(M)692	01:04:10	01:03:44	9.41 6.37 00:30:59 / 762	
771	640	LEŚNIAK ILONA	CZĘSTOCHOWA	POL		83 K16/27	K16/27		(K)79	01:04:25	01:03:56	9.38 6.39 00:32:04 / 770	
772	673	WODARKA ZYGMUNT	BYTOM	POL		59 M50/130	M50/130		(M)693	01:05:01	01:04:40	9.28 6.47 00:31:34 / 766	
773	190	GRUSZCZYŃSKI MARIUSZ	CZĘSTOCHOWA	POL	NIEZRZESZONY	65 M40/138	M40/138		(M)694	01:05:02	01:04:25	9.31 6.44 00:33:05 / 776	
774	216	MUSIELAK EWA	SYCÓW	POL	KB LUPUS SYCÓW	58 K50/10	K50/10		(K)80	01:05:32	01:05:01	9.23 6.50 00:32:54 / 775	
775	411	BUKAŁA MARTA	CZĘSTOCHOWA	POL		74 K30/27	K30/27		(K)81	01:06:21	01:05:56	9.10 6.59 00:33:17 / 779	
776	410	BUKAŁA KRZYSZTOF	CZĘSTOCHOWA	POL		74 M30/200	M30/200		(M)695	01:06:21	01:05:56	9.10 6.59 00:33:17 / 778	
777	311	MICHALCZUK ZENON	SANOK	POL		57 M50/131	M50/131		(M)696	01:06:32	01:06:11	9.07 6.62 00:32:08 / 772	
778	318	NOWAK URSZULA	WIELICZKA	POL		57 K50/11	K50/11		(K)82	01:08:12	01:07:38	8.87 6.76 00:33:09 / 777	
779	669	WIELANIER MATYŁDA	WARSZAWA	POL		76 K30/28	K30/28		(K)83	01:08:32	01:08:25	8.77 6.84 00:34:43 / 782	
780	506	JANKOWSKI DAMIAN	LUBLINIEC	POL		83 M20/144	M20/144		(M)697	01:09:47	01:09:47	8.60 6.98 00:30:26 / 743	
781	781	PIPIORSKI PAWEŁ	LUBLINIEC	POL	WKB META LUBLINIEC	73 M30/201	M30/201		(M)698	01:10:28	01:10:02	8.57 7.00 00:33:41 / 780	
782	761	KAWKA EMIL	RADOMSKO	POL	KLA STRZAŁKÓW	83 M20/145	M20/145		(M)699	01:10:44	01:10:27	8.52 7.05 00:34:26 / 781	
783	612	HULBOJ RYSZARD	CZĘSTOCHOWA	POL		56 M50/132	M50/132		(M)700	01:10:47	01:10:43	8.48 7.07 00:35:14 / 783	
784	490	CEBULA MARIOLA	ŻARKI LETNISKO	POL		58 K50/12	K50/12		(K)84	01:11:26	01:11:08	8.43 7.11 00:35:31 / 787	
785	706	KUBICA GRAŻYNA	BIELSKO-BIAŁA	POL	SĄSIEDZI BIELSKO-BIAŁA	53 K50/13	K50/13		(K)85	01:14:47	01:14:34	8.05 7.46 00:36:10 / 789	
786	748	KUBICA KAZIMIERZ	BIELSKO-BIAŁA	POL	SĄSIEDZI BIELSKO-BIAŁA	54 M50/133	M50/133		(M)701	01:14:47	01:14:35	8.04 7.46 00:36:09 / 788	
787	892	SZLEPER-MAZUREK MALGORZATA	MYSŁOWICE	POL		78 K30/29	K30/29		(K)86	01:14:49	01:14:25	8.06 7.44 00:36:17 / 790	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]		Check points
788	697	JANCZYK MARZENA	CZĘSTOCHOWA	POL	BUDOWLANIEC - PZITB	90	K16/28	K16/28	(K)87	01:15:54	01:15:32	7.94	7.55	00:35:17 / 784
789	869	GRZEGOREK JANUSZ	SIERADZ	POL	BUDOWLANIEC - PZITB	90	M20/146	M20/146	(M)702	01:15:55	01:15:32	7.94	7.55	00:35:17 / 785
790	728	SZYDA MAGDALENA	CZĘSTOCHOWA	POL	BUDOWLANIEC - PZITB	91	K16/29	K16/29	(K)88	01:15:55	01:15:32	7.94	7.55	00:35:17 / 786
791	481	WOJCIECHOWSKA MALGORZATA	KRAKÓW	POL	NIEZRZESZONA ;)	52	K50/14	K50/14	(K)89	01:17:48	01:17:15	7.77	7.73	00:37:27 / 791
792	165	SOWIER-KASPRZYK IZABELLA	CZĘSTOCHOWA	POL		72	K30/30	K30/30	(K)90	01:17:48	01:17:13	7.77	7.72	00:37:28 / 792
793	406	ARABAS KRZYSZTOF	CZĘSTOCHOWA	POL	ZABIEGANI CZĘSTOCHOWA	52	M50/134	M50/134	(M)703	01:18:37	01:18:02	7.69	7.80	
794	327	PYRAK JAN	IWANOWICE DUŻE	POL	NGB KŁOBUCK	52	M50/135	M50/135	(M)704	01:21:28	01:21:10	7.39	8.12	00:39:53 / 793