

05.05.2024, Knurów

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./ m-ce | min/ km | Netto | Wynik (Brutto) | Strata | K | M |
|--------------------------|-----|-----------------------------|--------|-----------------------|---------------------------------------|--------------|-------|-------------------|--------------|-------|----|
| Bieg główny 10 km | | | | | | | | | | | |
| 1. | 42 | Grzegorzycza Marcin | POL | Gierałtowice | Gierałtowice | M40 / Kl.gen | 3:39 | 36:38 | 36:39 | -- | 1 |
| 2. | 24 | Denicki Przemysław | POL | Knurów | Ex Team | M30 / Kl.gen | 3:40 | 36:46 | 36:47 | +0:08 | 2 |
| 3. | 31 | Furmanek Łukasz | POL | Wilcza | Zatyрани Gratisownia gmina Pilchowice | M40 / Kl.gen | 3:42 | 37:00 | 37:02 | +0:23 | 3 |
| 4. | 28 | Falejczyk Mateusz | POL | Gliwice | Holbox Runners | M30 / 1 | 3:42 | 37:07 | 37:08 | +0:29 | 4 |
| 5. | 99 | Malina Adam | POL | Bojszowy | | M40 / 1 | 3:45 | 37:36 | 37:37 | +0:58 | 5 |
| 6. | 13 | Bujnowski Artur | POL | Knurów | TL Row Rybnik | M30 / 2 | 3:47 | 37:55 | 37:56 | +1:17 | 6 |
| 7. | 89 | Łakomski Paweł | POL | Bojków | Bojków | M40 / 2 | 3:54 | 39:05 | 39:08 | +2:29 | 7 |
| 8. | 139 | Piszer Michał | POL | Knurów | | M40 / 3 | 4:01 | 40:18 | 40:20 | +3:41 | 8 |
| 9. | 21 | Dandyk Karol | POL | Mysłowice | Kalinowski Team | M20 / 1 | 4:02 | 40:27 | 40:27 | +3:48 | 9 |
| 10. | 5 | Bielik Paweł | POL | Katowice | | M40 / 4 | 4:04 | 40:46 | 40:50 | +4:11 | 10 |
| 11. | 198 | Waluś Dawid | POL | Bielsko-Biała | | M30 / 3 | 4:05 | 40:57 | 41:00 | +4:21 | 11 |
| 12. | 90 | Łyczak Artur | POL | Knurów | Lisieński Knurów Team | M50 / 1 | 4:07 | 41:07 | 41:13 | +4:34 | 12 |
| 13. | 73 | Redzik Dorota | POL | Piekary Śląskie | Never Too Late | K40 / Kl.gen | 4:07 | 41:16 | 41:17 | +4:38 | 1 |
| 14. | 113 | Nowak Krzysztof | POL | Knurów | | M40 / 5 | 4:09 | 41:25 | 41:31 | +4:52 | 13 |
| 15. | 67 | Kominiak Adrian | POL | Gliwice | | M20 / 2 | 4:09 | 41:32 | 41:37 | +4:58 | 14 |
| 16. | 193 | Szymura Grzegorz | POL | Czerwionka-Leszczyzny | | M50 / 2 | 4:10 | 41:43 | 41:45 | +5:06 | 15 |
| 17. | 171 | Studniczek Sebastian | POL | Katowice | Never Too Late | M20 / 3 | 4:12 | 41:58 | 42:01 | +5:22 | 16 |
| 18. | 62 | Knopek Bartłomiej | POL | Bieruń | | M40 / 6 | 4:13 | 42:11 | 42:13 | +5:34 | 17 |
| 19. | 176 | Sulejczak Szymon | POL | Palowice | | M20 / 4 | 4:13 | 42:14 | 42:18 | +5:39 | 18 |
| 20. | 206 | Wywiół Dariusz | POL | Rybnik | | M40 / 7 | 4:15 | 42:29 | 42:32 | +5:53 | 19 |
| 21. | 194 | Świda Maciej | POL | Sosnowiec | Marelli | M40 / 8 | 4:15 | 42:29 | 42:33 | +5:54 | 20 |
| 22. | 170 | Stańczyk Przemek | POL | Grudynia Wielka | AntonTeam | M30 / 4 | 4:16 | 42:46 | 42:48 | +6:09 | 21 |
| 23. | 209 | Żurad Kamil | POL | Czerwionka-Leszczyzny | | M30 / 5 | 4:17 | 42:54 | 42:55 | +6:16 | 22 |
| 24. | 51 | Janowska Karolina | POL | Knurów | | K20 / Kl.gen | 4:18 | 43:02 | 43:08 | +6:29 | 2 |
| 25. | 85 | Lewicka Elżbieta | POL | Knurów | | K40 / Kl.gen | 4:19 | 43:15 | 43:17 | +6:38 | 3 |
| 26. | 80 | Kuźmierczyk Tomasz | POL | Wilcza | Zatyрани Gratisownia gmina Pilchowice | M30 / 6 | 4:20 | 43:19 | 43:22 | +6:43 | 23 |
| 27. | 121 | Pacak Dominika | POL | Rybnik | Ślęzak Team | K30 / 1 | 4:20 | 43:17 | 43:23 | +6:44 | 4 |



| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./ m-ce | min/ km | Netto | Wynik (Brutto) | Strata | K | M |
|------|-----|----------------------|----------------------|--|---------------|------------|-------|-------------------|--------|----|----|
| 28. | 142 | Proksa Robert | POL Mysłowice | | M60 / 1 | 4:23 | 43:54 | 43:55 | +7:16 | | 24 |
| 29. | 29 | Famuła Marek | POL Knurów | | M30 / 7 | 4:23 | 43:44 | 43:58 | +7:19 | | 25 |
| 30. | 61 | Kieś Piotr | POL Leboszowice | | M40 / 9 | 4:24 | 43:59 | 44:01 | +7:22 | | 26 |
| 31. | 144 | Przewoźnik Marek | POL Brzeszcze | Zadyszka Oświęcim | M60 / 2 | 4:25 | 44:10 | 44:14 | +7:35 | | 27 |
| 32. | 9 | Bryła Grzegorz | POL Knurów | Klub Jednego Biegacza | M40 / 10 | 4:25 | 44:15 | 44:20 | +7:41 | | 28 |
| 33. | 175 | Sudnik Krzysztof | POL Knurów | | M40 / 11 | 4:27 | 44:31 | 44:37 | +7:58 | | 29 |
| 34. | 174 | Sudnik Anna | POL Zabrze | | K30 / 2 | 4:27 | 44:31 | 44:37 | +7:58 | 5 | |
| 35. | 114 | Smaczyński Dariusz | POL Dąbrowa Górnicza | Aktywna Dąbrowa | M60 / 3 | 4:28 | 44:48 | 44:50 | +8:11 | | 30 |
| 36. | 91 | Łytek Sebastian | POL Gostyń | | M20 / 5 | 4:29 | 44:48 | 44:53 | +8:14 | | 31 |
| 37. | 116 | Ogaza Mariusz | POL Knurów | Island Runners | M40 / 12 | 4:29 | 44:56 | 44:57 | +8:18 | | 32 |
| 38. | 66 | Kołodziejski Emil | POL Gliwice | | M30 / 8 | 4:30 | 44:57 | 45:01 | +8:22 | | 33 |
| 39. | 44 | Holyński Tomasz | POL Knurów | Grupa Biegowa Żwawe Dziady | M40 / 13 | 4:30 | 44:54 | 45:01 | +8:22 | | 34 |
| 40. | 168 | Sobczak Radosław | POL Knurów | | M30 / 9 | 4:31 | 45:10 | 45:16 | +8:37 | | 35 |
| 41. | 34 | Garbuz Marcin | POL Rajsko | Zadyszka Oświęcim | M50 / 3 | 4:32 | 45:21 | 45:25 | +8:46 | | 36 |
| 42. | 140 | Podgórski Krzysztof | POL Katowice | Komitet Sportu i Turystyki Krzysztofa Podgórskiego | M30 / 10 | 4:33 | 45:28 | 45:33 | +8:54 | | 37 |
| 43. | 87 | Losza Arkadiusz | POL Wilcza | Zatyрани Gratisownia gmina Pilchowice | M30 / 11 | 4:34 | 45:41 | 45:44 | +9:05 | | 38 |
| 44. | 49 | Jakubowski Dominik | POL Knurów | Gentelmenels | M20 / 6 | 4:34 | 45:41 | 45:49 | +9:10 | | 39 |
| 45. | 100 | Małka Bartosz | POL Knurów | SCI Górscy Entuzjaści | M40 / 14 | 4:35 | 45:48 | 45:51 | +9:12 | | 40 |
| 46. | 47 | Jagięła Michał | POL Paniówki | | M30 / 12 | 4:38 | 46:22 | 46:24 | +9:45 | | 41 |
| 47. | 98 | Malewski Robert | POL Knurów | KB Orły z Knurowa | M50 / 4 | 4:38 | 46:25 | 46:30 | +9:51 | | 42 |
| 48. | 111 | Musiolik Krzysztof | POL Wilcza | Zatyрани Gratisownia gmina Pilchowice | M30 / 13 | 4:40 | 46:47 | 46:50 | +10:11 | | 43 |
| 49. | 125 | Parzych Katarzyna | POL Rybnik | Rybnicka Grupa Biegowa Pędzimy Razem | K40 / 1 | 4:41 | 46:51 | 46:57 | +10:18 | 6 | |
| 50. | 6 | Bielińska Monika | POL Przyszowice | | K40 / 2 | 4:43 | 47:08 | 47:15 | +10:36 | 7 | |
| 51. | 65 | Kolosza Mikołaj | POL Gliwice | | M40 / 15 | 4:43 | 47:05 | 47:15 | +10:36 | | 44 |
| 52. | 64 | Kobosko Paweł | POL Rajsko | Zadyszka Oświęcim | M40 / 16 | 4:43 | 47:13 | 47:16 | +10:37 | | 45 |
| 53. | 48 | Jagodziński Dawid | POL Knurów | | M30 / 14 | 4:45 | 47:30 | 47:33 | +10:54 | | 46 |
| 54. | 17 | Czekaj Justyna | POL Kędzierzyn-Koźle | | K20 / 1 | 4:46 | 47:39 | 47:43 | +11:04 | 8 | |
| 55. | 202 | Widuch Krzysztof | POL Przyszowice | Zwane Dziady | M50 / 5 | 4:46 | 47:36 | 47:44 | +11:05 | | 47 |
| 56. | 158 | Rusin Adam | POL Nieborowice | Tridivision Triathlon Team | M30 / 15 | 4:47 | 47:53 | 47:57 | +11:18 | | 48 |
| 57. | 68 | Kondziołka Krzysztof | POL Knurów | | M30 / 16 | 4:49 | 48:09 | 48:20 | +11:41 | | 49 |
| 58. | 120 | Oźga Michał | POL Knurów | Klub Leniwych Biegaczy | M30 / 17 | 4:50 | 48:15 | 48:22 | +11:43 | | 50 |
| 59. | 200 | Wernicki Rafał | POL Stanowice | Luxtorpeda Czerwionka | M40 / 17 | 4:50 | 48:17 | 48:30 | +11:51 | | 51 |
| 60. | 41 | Grondys Andrzej | POL Żernica | Zatyрани Gratisownia gmina Pilchowice | M40 / 18 | 4:51 | 48:26 | 48:39 | +12:00 | | 52 |
| 61. | 58 | Kasper Iwona | POL Knurów | KB Orły z Knurowa | K40 / 3 | 4:55 | 49:09 | 49:11 | +12:32 | 9 | |
| 62. | 110 | Motyka Dominik | POL Knurów | | M20 / 7 | 4:55 | 49:08 | 49:11 | +12:32 | | 53 |
| 63. | 152 | Rolnik Bartosz | POL Mikołów | | M20 / 8 | 4:56 | 49:19 | 49:23 | +12:44 | | 54 |
| 64. | 208 | Zawada Sebastian | POL Knurów | KB Orły z Knurowa | M40 / 19 | 4:56 | 49:22 | 49:26 | +12:47 | | 55 |
| 65. | 101 | Maryniok Marian | POL Żory | Seguridad | M60 / 4 | 4:57 | 49:33 | 49:35 | +12:56 | | 56 |
| 66. | 135 | Pinocy Dawid | POL Knurów | Klub Leniwych Biegaczy | M40 / 20 | 4:57 | 49:32 | 49:40 | +13:01 | | 57 |
| 67. | 94 | Macionczyk Julita | POL Rybnik | Rybnicka Grupa Biegowa Pędzimy Razem | K30 / 3 | 4:58 | 49:41 | 49:45 | +13:06 | 10 | |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./ m-ce | min/ km | Netto | Wynik (Brutto) | Strata | K | M |
|------|-----|------------------------|-----------------------|---------------------------------------|---------------|------------|-------|-------------------|--------|----|----|
| 68. | 153 | Rolnik Remigiusz | POL Mikołów | | M50 / 6 | 5:00 | 49:59 | 50:03 | +13:24 | | 58 |
| 69. | 81 | Kulik Tomasz | POL Knurów | Grupa Biegowa Żwawe Dziady | M40 / 21 | 5:00 | 50:03 | 50:10 | +13:31 | | 59 |
| 70. | 27 | Dyrcz Anna | POL Knurów | Lisieński Knurów Team | K50 / 1 | 5:01 | 50:12 | 50:18 | +13:39 | 11 | |
| 71. | 79 | Krzyżowski Gabriel | POL Knurów | BKS Concordia Knurów | M40 / 22 | 5:03 | 50:31 | 50:33 | +13:54 | | 60 |
| 72. | 92 | Łyziński Jan | POL Kuźnia Nieborwska | | M50 / 7 | 5:03 | 50:32 | 50:37 | +13:58 | | 61 |
| 73. | 163 | Sagan Zbigniew | POL Tychy | | M40 / 23 | 5:03 | 50:29 | 50:39 | +14:00 | | 62 |
| 74. | 189 | Szpak Damian | POL Tychy | Biegowe Środy Papry 20 | M60 / 5 | 5:04 | 50:32 | 50:43 | +14:04 | | 63 |
| 75. | 32 | Gadomski Dawid | POL Świętochłowice | | M30 / 18 | 5:04 | 50:39 | 50:46 | +14:07 | | 64 |
| 76. | 106 | Miazga Sylwester | POL Rybnik | FC Pekin | M50 / 8 | 5:04 | 50:40 | 50:48 | +14:09 | | 65 |
| 77. | 177 | Sulejczak Mirosław | POL Palowice | | M40 / 24 | 5:05 | 50:47 | 50:55 | +14:16 | | 66 |
| 78. | 83 | Kusz Marcin | POL Knurów | | M20 / 9 | 5:05 | 50:54 | 50:58 | +14:19 | | 67 |
| 79. | 197 | Tasarek Ryszard | POL Nysa | Nysa Biega | M70+ / 1 | 5:06 | 50:55 | 51:01 | +14:22 | | 68 |
| 80. | 37 | Gibas Michał | POL Knurów | xD | M30 / 19 | 5:06 | 51:02 | 51:03 | +14:24 | | 69 |
| 81. | 63 | Kobieliusz Martyna | POL Rybnik | | K20 / 2 | 5:06 | 51:00 | 51:07 | +14:28 | 12 | |
| 82. | 26 | Dyrbuś Jacek | POL Knurów | Island Runners | M30 / 20 | 5:07 | 51:00 | 51:13 | +14:34 | | 70 |
| 83. | 167 | Smuda Andrzej | POL Gliwice | AKMB Pędziwiatr Gliwice | M40 / 25 | 5:08 | 51:08 | 51:21 | +14:42 | | 71 |
| 84. | 115 | Ochojski Łukasz | POL Gierałtowiec | | M30 / 21 | 5:08 | 51:11 | 51:24 | +14:45 | | 72 |
| 85. | 179 | Sulkowski Arkadiusz | POL Knurów | | M40 / 26 | 5:08 | 51:14 | 51:26 | +14:47 | | 73 |
| 86. | 145 | Przybyła Krystian | POL Pyskowice | | M30 / 22 | 5:09 | 51:19 | 51:31 | +14:52 | | 74 |
| 87. | 196 | Światała Krystian | POL Knurów | AKB Knurów | M60 / 6 | 5:09 | 51:31 | 51:37 | +14:58 | | 75 |
| 88. | 12 | Bugdół Zbigniew | POL Rybnik | | M30 / 23 | 5:09 | 51:24 | 51:40 | +15:01 | | 76 |
| 89. | 43 | Handzlik Grzegorz | POL Nieborowice | Zatyрани Gratisownia gmina Pilchowice | M40 / 27 | 5:09 | 51:35 | 51:40 | +15:01 | | 77 |
| 90. | 195 | Świętochowska Wioletta | POL Knurów | | K40 / 4 | 5:12 | 52:01 | 52:06 | +15:27 | 13 | |
| 91. | 10 | Brzustowski Andrzej | POL Knurów | Gentelmenels | M20 / 10 | 5:14 | 52:16 | 52:23 | +15:44 | | 78 |
| 92. | 15 | Ciechomski Bogdan | POL Stara Kuźnia | Zawisza Stara Kuźnia | M70+ / 2 | 5:16 | 52:42 | 52:46 | +16:07 | | 79 |
| 93. | 86 | Lisoń-Kubica Julia | POL Knurów | Inżynieria Biegania Team | K20 / 3 | 5:17 | 52:50 | 52:55 | +16:16 | 14 | |
| 94. | 39 | Górka Krzysztof | POL Knurów | MOSiR Knurów | M30 / 24 | 5:17 | 52:42 | 52:58 | +16:19 | | 80 |
| 95. | 211 | Jaworski Krzysztof | POL Knurów | orły z knurowa | M40 / 28 | 5:18 | 52:50 | 53:08 | +16:29 | | 81 |
| 96. | 131 | Piątek Julia | POL Knurów | KB Orły z Knurowa | K40 / 5 | 5:20 | 53:18 | 53:21 | +16:42 | 15 | |
| 97. | 97 | Malas Wojciech | POL Rybnik | Rybnicka Grupa Biegowa Pędzimy Razem | M40 / 29 | 5:20 | 53:17 | 53:27 | +16:48 | | 82 |
| 98. | 155 | Rosada Zdzisław | POL Gliwice | Poruszeni-Aktywni z Sośnicy | M60 / 7 | 5:22 | 53:33 | 53:45 | +17:06 | | 83 |
| 99. | 172 | Studnik Jolanta | POL Knurów | KB Orły z Knurowa | K30 / 4 | 5:22 | 53:46 | 53:49 | +17:10 | 16 | |
| 100. | 25 | Drewniany Andrzej | POL Zabrze | Grupa Biegowa Żwawe Dziady | M40 / 30 | 5:23 | 53:43 | 53:51 | +17:12 | | 84 |
| 101. | 77 | Krupa Zbigniew | POL Knurów | KB Orły z Knurowa | M40 / 31 | 5:23 | 53:48 | 53:54 | +17:15 | | 85 |
| 102. | 128 | Petrus Karolina | POL Katowice | | K30 / 5 | 5:23 | 53:56 | 54:00 | +17:21 | 17 | |
| 103. | 72 | Kostrzewa Tomasz | POL Świętochłowice | | M30 / 25 | 5:24 | 53:54 | 54:03 | +17:24 | | 86 |
| 104. | 54 | Jaworski Krzysztof | POL Knurów | | M30 / 26 | 5:25 | 53:59 | 54:12 | +17:33 | | 87 |
| 105. | 50 | Janicka Alicja | POL Stanica | Zatyрани Gratisownia gmina Pilchowice | K30 / 6 | 5:25 | 54:12 | 54:16 | +17:37 | 18 | |
| 106. | 132 | Pielka Ewin | POL Słupsko | Orczyk Słupsko | M50 / 9 | 5:25 | 54:07 | 54:18 | +17:39 | | 88 |
| 107. | 105 | Menżyk Joanna | POL Mysłowice | Mors Hubertus Mysłowice | K50 / 2 | 5:26 | 54:21 | 54:23 | +17:44 | 19 | |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./ m-ce | min/ km | Netto | Wynik (Brutto) | Strata | K | M |
|------|-----|-------------------------|---------------------------|---------------------------------------|---------------|------------|---------|-------------------|--------|----|-----|
| 108. | 104 | Mazurek Dominika | POL Jejkowice | Jejkowice Biegają | K30 / 7 | 5:27 | 54:28 | 54:35 | +17:56 | 20 | |
| 109. | 38 | Gmerek Piotr | POL Gliwice | Spalam Piwo | M30 / 27 | 5:29 | 54:50 | 54:59 | +18:20 | | 89 |
| 110. | 75 | Kozak Marcin | POL Knurów | Island Runners | M40 / 32 | 5:30 | 54:57 | 55:09 | +18:30 | | 90 |
| 111. | 148 | Pytlik Mirosław | POL Pilchowice | Zatyрани Gratisownia gmina Pilchowice | M30 / 28 | 5:31 | 54:58 | 55:13 | +18:34 | | 91 |
| 112. | 187 | Szlosarek Magdalena | POL Pilchowice | Złote Bączki Klimafach | K20 / 4 | 5:34 | 55:25 | 55:41 | +19:02 | 21 | |
| 113. | 201 | Wesołowski Robert | POL Knurów | | M40 / 33 | 5:34 | 55:29 | 55:45 | +19:06 | | 92 |
| 114. | 7 | Bieliński Artur | POL Przyszowice | | M30 / 29 | 5:34 | 55:36 | 55:46 | +19:07 | | 93 |
| 115. | 118 | Orzechowski Artur | POL Knurów | Island Runners | M40 / 34 | 5:34 | 55:33 | 55:46 | +19:07 | | 94 |
| 116. | 20 | Damaszek Samuel | POL Knurów | | M20 / 11 | 5:39 | 56:27 | 56:34 | +19:55 | | 95 |
| 117. | 19 | Dajczak Tomasz | POL Knurów | | M20 / 12 | 5:39 | 56:32 | 56:38 | +19:59 | | 96 |
| 118. | 84 | Lerka Wojciech | POL Bojszów | | M40 / 35 | 5:39 | 56:26 | 56:40 | +20:01 | | 97 |
| 119. | 188 | Szmidt Stanisław Józef | POL Knurów | | M40 / 36 | 5:43 | 57:11 | 57:11 | +20:32 | | 98 |
| 120. | 133 | Pieron Zbigniew | POL Zabrze | | M60 / 8 | 5:50 | 58:22 | 58:29 | +21:50 | | 99 |
| 121. | 46 | Jachimowski Radosław | POL Katowice | | M20 / 13 | 5:51 | 58:20 | 58:36 | +21:57 | | 100 |
| 122. | 18 | Czenczek Michał | POL Knurów | xD | M30 / 30 | 5:52 | 58:25 | 58:42 | +22:03 | | 101 |
| 123. | 59 | Kastelik Tomasz | POL Knurów | Gentelmenels | M20 / 14 | 5:54 | 58:56 | 59:03 | +22:24 | | 102 |
| 124. | 137 | Piskorski Marcin | POL Knurów | Gentelmenels | M20 / 15 | 5:54 | 59:00 | 59:07 | +22:28 | | 103 |
| 125. | 95 | Macionczyk Szymon | POL Rybnik | | M40 / 37 | 5:54 | 58:52 | 59:09 | +22:30 | | 104 |
| 126. | 56 | Jeżyk Krzysztof | POL Gliwice | | M30 / 31 | 5:55 | 59:09 | 59:17 | +22:38 | | 105 |
| 127. | 70 | Kopszak Lidia | POL Knurów | AKB Knurów | K60 / 1 | 5:56 | 59:15 | 59:24 | +22:45 | 22 | |
| 128. | 178 | Sułkowska Julia | POL Knurów | | K20 / 5 | 5:56 | 59:17 | 59:28 | +22:49 | 23 | |
| 129. | 60 | Kawalec Grzegorz | POL Orzesze | | M40 / 38 | 5:57 | 59:24 | 59:31 | +22:52 | | 106 |
| 130. | 165 | Sirko Sabina | POL Czerwionka-Leszczyzny | | K30 / 8 | 5:58 | 59:32 | 59:41 | +23:02 | 24 | |
| 131. | 130 | Piasny Jola | POL Żernica | Zatyрани Gratisownia gmina Pilchowice | K40 / 6 | 5:58 | 59:29 | 59:43 | +23:04 | 25 | |
| 132. | 129 | Pępek Małgorzata | POL Knurów | KS Garda Gierałtowice | K20 / 6 | 6:00 | 1:00:02 | 1:00:09 | +23:30 | 26 | |
| 133. | 166 | Skulski Tomasz | POL Gliwice | Kodokan Gliwice | M50 / 10 | 6:01 | 59:58 | 1:00:13 | +23:34 | | 107 |
| 134. | 199 | Waniczek Krzysztof | POL Pilchowice | Zatyрани Gratisownia gmina Pilchowice | M40 / 39 | 6:02 | 1:00:06 | 1:00:21 | +23:42 | | 108 |
| 135. | 162 | Rybarz Janusz | POL Żernica | Zatyрани Gratisownia gmina Pilchowice | M50 / 11 | 6:07 | 1:01:07 | 1:01:19 | +24:40 | | 109 |
| 136. | 35 | Garbuz Agnieszka | POL Brzeszcze | | K50 / 3 | 6:07 | 1:01:05 | 1:01:20 | +24:41 | 27 | |
| 137. | 210 | Wypchoł Piotr | POL Bargłówka | | M20 / 16 | 6:09 | 1:01:19 | 1:01:34 | +24:55 | | 110 |
| 138. | 30 | Frysztacki Łukasz | POL Czerwionka-Leszczyzny | | M40 / 40 | 6:10 | 1:01:33 | 1:01:49 | +25:10 | | 111 |
| 139. | 52 | Jarczok-Damek Magdalena | POL Tychy | Biegowe Środy Papry 20 | K40 / 7 | 6:10 | 1:01:39 | 1:01:50 | +25:11 | 28 | |
| 140. | 182 | Szewc Renata | POL Knurów | HutaTeam | K40 / 8 | 6:13 | 1:02:09 | 1:02:11 | +25:32 | 29 | |
| 141. | 33 | Gajewski Jacek | POL Gliwice | Kurczak i Agatka | M50 / 12 | 6:13 | 1:02:06 | 1:02:16 | +25:37 | | 112 |
| 142. | 107 | Milewska Aneta | POL Knurów | KB Orły z Knurowa | K30 / 9 | 6:19 | 1:03:06 | 1:03:15 | +26:36 | 30 | |
| 143. | 149 | Reichert Andrzej | POL Ujazd | Zawisza Stara Kuźnia | M70+ / 3 | 6:19 | 1:03:07 | 1:03:17 | +26:38 | | 113 |
| 144. | 207 | Zajączkowski Paweł | POL Gliwice | | M20 / 17 | 6:20 | 1:03:11 | 1:03:26 | +26:47 | | 114 |
| 145. | 78 | Krzemiński Dawid | POL Knurów | | M30 / 32 | 6:20 | 1:03:15 | 1:03:27 | +26:48 | | 115 |
| 146. | 3 | Besler Joanna | POL Knurów | | K20 / 7 | 6:21 | 1:03:18 | 1:03:35 | +26:56 | 31 | |
| 147. | 191 | Szymacha Adrian | POL Knurów | | M20 / 18 | 6:21 | 1:03:18 | 1:03:35 | +26:56 | | 116 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./ m-ce | min/ km | Netto | Wynik (Brutto) | Strata | K | M |
|------|-----|--------------------------|--------------------------|---------------------------------------|---------------|------------|---------|-------------------|--------|----|-----|
| 148. | 154 | Rolnik Marlena | POL Mikołów | | K30 / 10 | 6:22 | 1:03:42 | 1:03:47 | +27:08 | 32 | |
| 149. | 82 | Kurek Patrycja | POL Knurów | KB Orły z Knurowa | K30 / 11 | 6:23 | 1:03:49 | 1:03:52 | +27:13 | 33 | |
| 150. | 150 | Reszka Andrzej | POL Knurów | Klub Leniwych Biegaczy | M50 / 13 | 6:23 | 1:03:49 | 1:03:58 | +27:19 | | 117 |
| 151. | 103 | Mazur Michał | POL Knurów | | M20 / 19 | 6:24 | 1:03:51 | 1:04:04 | +27:25 | | 118 |
| 152. | 22 | Lachera Marysia | POL | | K60 / 2 | 6:25 | 1:04:02 | 1:04:17 | +27:38 | 34 | |
| 153. | 159 | Rybarczyk Kasia | POL Knurów | | K30 / 12 | 6:28 | 1:04:34 | 1:04:44 | +28:05 | 35 | |
| 154. | 53 | Jasińska Marta | POL Knurów | | K30 / 13 | 6:28 | 1:04:34 | 1:04:44 | +28:05 | 36 | |
| 155. | 93 | Maciejewski Wiesław | POL Knurów | AKB Knurów | M70+ / 4 | 6:28 | 1:04:32 | 1:04:45 | +28:06 | | 119 |
| 156. | 71 | Kopszak Zbigniew | POL Knurów | AKB Knurów | M60 / 9 | 6:28 | 1:04:34 | 1:04:45 | +28:06 | | 120 |
| 157. | 4 | Białecki Jan | POL Rybnik | Rybnicka Grupa Biegowa Pędzimy Razem | M70+ / 5 | 6:29 | 1:04:45 | 1:04:57 | +28:18 | | 121 |
| 158. | 11 | Bubak Ewelina | POL Sosnowiec | Marelli | K30 / 14 | 6:30 | 1:05:06 | 1:05:10 | +28:31 | 37 | |
| 159. | 160 | Rybarz Ewa | POL Żernica | Zatyрани Gratisownia gmina Pilchowice | K40 / 9 | 6:37 | 1:06:08 | 1:06:19 | +29:40 | 38 | |
| 160. | 45 | Ignasiak Paweł | POL Knurów | | M30 / 33 | 6:38 | 1:06:10 | 1:06:23 | +29:44 | | 122 |
| 161. | 8 | Bieniek Gabriela | POL Knurów | KB Orły z Knurowa | K50 / 4 | 6:40 | 1:06:40 | 1:06:50 | +30:11 | 39 | |
| 162. | 181 | Szewc Henryk | POL Knurów | HutaTeam | M50 / 14 | 6:42 | 1:07:02 | 1:07:03 | +30:24 | | 123 |
| 163. | 117 | Olinski Fabian | POL Knurów | Łydka Team | M40 / 41 | 6:45 | 1:07:21 | 1:07:31 | +30:52 | | 124 |
| 164. | 112 | Niedziałkowska Agnieszka | POL Knurów | | K30 / 15 | 6:48 | 1:08:03 | 1:08:04 | +31:25 | 40 | |
| 165. | 88 | Losza Michaela | POL Wilcza | Zatyрани Gratisownia gmina Pilchowice | K30 / 16 | 6:50 | 1:08:13 | 1:08:27 | +31:48 | 41 | |
| 166. | 23 | Lachera Bogusława | POL | | M60 / 10 | 6:51 | 1:08:20 | 1:08:36 | +31:57 | | 125 |
| 167. | 127 | Pepliński Jakub | POL Knurów | KB Orły z Knurowa | M30 / 34 | 6:57 | 1:09:20 | 1:09:34 | +32:55 | | 126 |
| 168. | 156 | Różewicz Dariusz | POL Tychy | Pance | M60 / 11 | 7:02 | 1:10:13 | 1:10:23 | +33:44 | | 127 |
| 169. | 157 | Różewicz Ewa | POL Tychy | Pance | K60 / 3 | 7:02 | 1:10:13 | 1:10:24 | +33:45 | 42 | |
| 170. | 119 | Orzoł Daria | POL Knurów | | K40 / 10 | 7:06 | 1:10:51 | 1:11:02 | +34:23 | 43 | |
| 171. | 122 | Pacula Piotr | POL Gliwice | AKMB Pędziwiatr Gliwice | M60 / 12 | 7:08 | 1:11:24 | 1:11:30 | +34:51 | | 128 |
| 172. | 205 | Wyszyńska Joanna | POL Nieborowice | Zatyрани Gratisownia gmina Pilchowice | K40 / 11 | 7:10 | 1:11:37 | 1:11:48 | +35:09 | 44 | |
| 173. | 173 | Suchanek Aleksandra | POL Knurów | | K20 / 8 | 7:12 | 1:11:50 | 1:12:07 | +35:28 | 45 | |
| 174. | 69 | Kopeć Zuzanna | POL Knurów | | K20 / 9 | 7:14 | 1:12:09 | 1:12:26 | +35:47 | 46 | |
| 175. | 151 | Rogóż Sonia | POL Żernica | Zatyрани Gratisownia gmina Pilchowice | K50 / 5 | 7:19 | 1:12:56 | 1:13:11 | +36:32 | 47 | |
| 176. | 126 | Pawliczek Izabela | POL Czerwionka-Leszczyny | Klub Leniwych Biegaczy | K30 / 17 | 7:19 | 1:13:12 | 1:13:20 | +36:41 | 48 | |
| 177. | 134 | Pinocy Mariola | POL Knurów | Klub Leniwych Biegaczy | K40 / 12 | 7:19 | 1:13:12 | 1:13:20 | +36:41 | 49 | |
| 178. | 57 | Karbowy Marzena | POL Żernica | Zatyрани Gratisownia gmina Pilchowice | K30 / 18 | 7:23 | 1:13:44 | 1:13:59 | +37:20 | 50 | |
| 179. | 36 | Gąszczak Tadeusz | POL Gliwice | | M70+ / 6 | 7:32 | 1:15:23 | 1:15:24 | +38:45 | | 129 |
| 180. | 164 | Sikora Bartosz | POL Szczygłowice | Real Madryt | M30 / 35 | 7:33 | 1:15:23 | 1:15:36 | +38:57 | | 130 |
| 181. | 16 | Ciosmak Cezary | POL Knurów | | M40 / 42 | 7:42 | 1:16:53 | 1:17:03 | +40:24 | | 131 |
| 182. | 185 | Szkamruk Małgorzata | POL Gliwice | AKMB Pędziwiatr Gliwice | K40 / 13 | 7:42 | 1:16:51 | 1:17:08 | +40:29 | 51 | |
| 183. | 136 | Pinocy Kacper | POL Knurów | Klub Leniwych Biegaczy | M20 / 20 | 7:52 | 1:18:37 | 1:18:46 | +42:07 | | 132 |
| 184. | 124 | Parda Katarzyna | POL Czerwionka-Leszczyny | | K40 / 14 | 7:58 | 1:19:32 | 1:19:47 | +43:08 | 52 | |
| 185. | 55 | Jegor Anastazja | POL Knurów | | K30 / 19 | 7:59 | 1:19:44 | 1:19:59 | +43:20 | 53 | |
| 186. | 74 | Kozackiewicz Helena | POL Knurów | KB Orły z Knurowa | K60 / 4 | 8:22 | 1:23:32 | 1:23:42 | +47:03 | 54 | |
| 187. | 183 | Szkamruk Janusz | POL Gliwice | AKMB Pędziwiatr Gliwice | M70+ / 7 | 8:22 | 1:23:24 | 1:23:42 | +47:03 | | 133 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./ m-ce | min/ km | Netto | Wynik (Brutto) | Strata | K | M |
|------|-----|--------------------|-----------------|-------------------------|---------------|------------|---------|-------------------|--------|----|---|
| 188. | 184 | Szkamruk Bogusława | POL Gliwice | AKMB Pędziwiatr Gliwice | K60 / 5 | 8:23 | 1:23:34 | 1:23:53 | +47:14 | 55 | |
| 189. | 141 | Popiołek Krystyna | POL Gliwice | | K60 / 6 | 8:27 | 1:24:23 | 1:24:36 | +47:57 | 56 | |
| DSQ | 190 | Sztuka Łukasz | POL Katowice | | | | | | | | |
| DNF | 14 | Ciasto Sebastian | POL Przechlebie | | | | | | | | |

Liczba uczestników: 191