

# 1.BIEG CZĘSTOCHOWSKI

## WYNIKI ZAWODÓW

Organizator: KLA ZABIEGANI Częstochowa

Termin: 18 kwietnia 2009

Miejsce: Częstochowa

Dystans: 10 km

| <i>M-ce</i> | <i>Nr<br/>zaw.</i> | <i>Nazwisko</i> | <i>Imię</i> | <i>Kraj</i> | <i>Klub/Miejscowość</i> | <i>Rok<br/>urodz.</i> | <i>Kateg<br/>wiek.</i> | <i>M-ce<br/>w kat</i> | <i>Wynik</i> |
|-------------|--------------------|-----------------|-------------|-------------|-------------------------|-----------------------|------------------------|-----------------------|--------------|
| 1           | 5                  | KARONEI         | Michael     | KEN         | JOMA SPORT TEAM Kenia   | 1982                  | M-20                   | 1                     | 00:30:51     |
| 2           | 9                  | BŁAZIŃSKI       | Marcin      | POL         | KLER S.A. Dobrodzień    | 1988                  | M-20                   | 2                     | 00:30:52     |
| 3           | 4                  | KIPRONOLAGAT    | Julius      | KEN         | JOMA SPORT TEAM Kenia   | 1980                  | M-20                   | 3                     | 00:31:04     |
| 4           | 381                | KROVLADIS       | Sergii      | UKR         | Kovel                   | 1978                  | M-30                   | 1                     | 00:31:41     |
| 5           | 389                | GAYPYLIUK       | Roman       | UKR         | Kovel                   | 1982                  | M-20                   | 4                     | 00:31:52     |
| 6           | 2                  | NOWAK           | Rafał       | POL         | CKS BUDOWLANI Częstoc   | 1975                  | M-30                   | 2                     | 00:32:06     |
| 7           | 382                | POTOTSKYY       | Anton       | UKR         | Kovel                   | 1984                  | M-20                   | 5                     | 00:32:14     |
| 8           | 455                | NOVOSAD         | Pawło       | UKR         | Kovel                   | 1984                  | M-20                   | 6                     | 00:32:48     |
| 9           | 141                | MAGIERA         | Piotr       | POL         | LKS Myszków             | 1982                  | M-20                   | 7                     | 00:33:09     |
| 10          | 3                  | GNUŁA           | Rafał       | POL         | WKB META Lubliniec      | 1976                  | M-30                   | 3                     | 00:33:28     |
| 11          | 384                | KIPTACH         | Oleksander  | UKR         | Kovel                   | 1986                  | M-20                   | 8                     | 00:33:42     |
| 12          | 419                | BŁAZIŃSKI       | Ardian      | POL         | LZS Komprachcice        | 1986                  | M-20                   | 9                     | 00:33:47     |
| 13          | 454                | PALEKA          | Andriey     | UKR         | Kovel                   | 1990                  | M-16                   | 1                     | 00:33:59     |
| 14          | 462                | KULESZA         | Jakub       | POL         | Jelenia Góra            | 1980                  | M-20                   | 10                    | 00:34:11     |
| 15          | 41                 | CZARNECKI       | Rafał       | POL         | Bliżyn                  | 1979                  | M-30                   | 4                     | 00:34:22     |
| 16          | 211                | PŁOCHOCKI       | Ryszard     | POL         | SUPERMARATON Kalisz     | 1961                  | M-40                   | 1                     | 00:34:29     |
| 17          | 344                | BOROWSKI        | Krzysztof   | POL         | Blachownia              | 1954                  | M-50                   | 1                     | 00:34:34     |
| 18          | 266                | TACZKA          | Piotr       | POL         | LZS TRUCHTACZ Dobrzyc   | 1970                  | M-30                   | 5                     | 00:34:53     |
| 19          | 124                | KUREK           | Jacek       | POL         | 40-latek Tychy          | 1972                  | M-30                   | 6                     | 00:34:54     |
| 20          | 78                 | GWAREK          | Tomasz      | POL         | Szydłowiec              | 1972                  | M-30                   | 7                     | 00:34:58     |
| 21          | 355                | KLER            | Sebastian   | POL         | WKB META Lubliniec      | 1976                  | M-30                   | 8                     | 00:35:15     |
| 22          | 461                | PATOŁA          | Łukasz      | POL         | LKS ZORZA Gdynia        | 1988                  | M-20                   | 11                    | 00:35:27     |
| 23          | 7                  | USTIANOWSKA     | Dorota      | POL         | ENERGY Częstochowa      | 1970                  | K-30                   | 1                     | 00:35:34     |
| 24          | 422                | GUZY            | Andrzej     | POL         | OS ŻW Gliwice           | 1960                  | M-40                   | 2                     | 00:35:48     |
| 25          | 333                | GOLONKA         | Mateusz     | POL         | GolonTeam Gorlice       | 1989                  | M-20                   | 12                    | 00:35:55     |
| 26          | 386                | SOWA            | Damian      | POL         | LZS Rudniki             | 1980                  | M-20                   | 13                    | 00:36:01     |
| 27          | 218                | PYTEL           | Janusz      | POL         | J.P Sosnowiec           | 1958                  | M-50                   | 2                     | 00:36:03     |
| 28          | 249                | SZCZEPANIUK     | Marek       | POL         | Kraków                  | 1970                  | M-30                   | 9                     | 00:36:14     |
| 29          | 363                | TRZEPIZUR       | Dominik     | POL         | Wręczyca Wielka         | 1987                  | M-20                   | 14                    | 00:36:25     |
| 30          | 182                | NOWOCIEŃ        | Jacek       | POL         | GLKS Nadarzyn           | 1959                  | M-50                   | 3                     | 00:36:39     |
| 31          | 138                | MACIOŁ          | Andrzej     | POL         | AZS AWF MASTERS Krakó   | 1954                  | M-50                   | 4                     | 00:36:42     |
| 32          | 448                | PANASIUK        | Sergiej     | UKR         | Kovel                   | 1977                  | M-30                   | 10                    | 00:36:43     |
| 33          | 314                | OCIEPA          | Marek       | POL         | NKB Częstochowa         | 1960                  | M-40                   | 3                     | 00:36:44     |
| 34          | 15                 | BAŁATKA         | Krzysztof   | POL         | Kutno                   | 1985                  | M-20                   | 15                    | 00:36:54     |
| 35          | 242                | STACHURSKI      | Paweł       | POL         | CKS BUDOWLANI Cz-wa     | 1990                  | M-16                   | 2                     | 00:36:56     |
| 36          | 215                | PUCHAŁA         | Michał      | POL         | Zabrze                  | 1982                  | M-20                   | 16                    | 00:36:56     |
| 37          | 88                 | JUSZCZAK        | Michał      | POL         | MOSiR Czeladź           | 1986                  | M-20                   | 17                    | 00:37:11     |
| 38          | 426                | BIELIŃSKI       | Piotr       | POL         | KB SOKÓŁ Knurów         | 1988                  | M-20                   | 18                    | 00:37:17     |
| 39          | 159                | MICHALIK        | Rafał       | POL         | CKS BUDOWLANI Cz-wa     | 1991                  | M-16                   | 3                     | 00:37:19     |
| 40          | 83                 | JACHYMZYK       | Norbert     | POL         | KB MCKIS Jaworzno       | 1978                  | M-30                   | 11                    | 00:37:28     |
| 41          | 458                | ZYCH            | Tomasz      | POL         | Dąbrowa Górnicza        | 1986                  | M-20                   | 19                    | 00:37:29     |
| 42          | 313                | KWAPISZ         | Robert      | POL         | Grupa Grembud Gielników | 1973                  | M-30                   | 12                    | 00:37:35     |
| 43          | 188                | PASIEKA         | Kamil       | POL         | CKS BUDOWLANI Cz-wa     | 1992                  | M-16                   | 4                     | 00:37:36     |

| <i>M-ce</i> | <i>Nr<br/>zaw.</i> | <i>Nazwisko</i> | <i>Imię</i> | <i>Kraj</i> | <i>Klub/Miejscowość</i>    | <i>Rok<br/>urodz.</i> | <i>Kateg<br/>wiek.</i> | <i>M-ce<br/>w kat</i> | <i>Wynik</i> |
|-------------|--------------------|-----------------|-------------|-------------|----------------------------|-----------------------|------------------------|-----------------------|--------------|
| 44          | 31                 | BUKOWCZAN       | Marian      | POL         | Miłośnik Biegania Oświęcim | 1953                  | M-50                   | 5                     | 00:37:37     |
| 45          | 315                | FRĄCZEK         | Michał      | POL         | Grupa Grembud Opoczno      | 1985                  | M-20                   | 20                    | 00:37:40     |
| 46          | 168                | MSTOWSKI        | Kamil       | POL         | Częstochowa                | 1987                  | M-20                   | 21                    | 00:37:50     |
| 47          | 47                 | DRAŻEK          | Paweł       | POL         | JUPITER Elektr. Bełchatów  | 1968                  | M-40                   | 4                     | 00:37:51     |
| 48          | 142                | MAKOWSKI        | Marek       | POL         | VEGORIA Węgorzewo          | 1960                  | M-40                   | 5                     | 00:37:53     |
| 49          | 220                | RAKIEĆ          | Karolina    | POL         | SUPERMARATON Kalisz        | 1979                  | K-30                   | 2                     | 00:37:55     |
| 50          | 265                | ŚWITOŃ          | Marian      | POL         | TG SOKÓŁ Bukownica         | 1960                  | M-40                   | 6                     | 00:37:55     |
| 51          | 114                | KRZYWANIA       | Bartłomiej  | POL         | Starokrzepice              | 1982                  | M-20                   | 22                    | 00:37:58     |
| 52          | 237                | SOBÓL           | Krzysztof   | POL         | LKB Rudnik                 | 1963                  | M-40                   | 7                     | 00:38:03     |
| 53          | 290                | WOJTKOWSKI      | Jarosław    | POL         | Warszawa Tarchomin         | 1979                  | M-30                   | 13                    | 00:38:04     |
| 54          | 449                | KOMANDER        | Ewa         | POL         | Kędzierzyn-Koźle           | 1985                  | K-16                   | 1                     | 00:38:07     |
| 55          | 186                | PAPIEŻ          | Marcin      | POL         | Radziszów                  | 1975                  | M-30                   | 14                    | 00:38:21     |
| 56          | 135                | MACIASZCZYK     | Roman       | POL         | KB FIODOR Oława            | 1969                  | M-40                   | 8                     | 00:38:22     |
| 57          | 367                | STROJNY         | Andrzej     | POL         | Chełm Śląski               | 1965                  | M-40                   | 9                     | 00:38:31     |
| 58          | 468                | ZACHARSKI       | Damian      | POL         | ZABIEGANI Częstochowa      | 1983                  | M-20                   | 23                    | 00:38:39     |
| 59          | 283                | WETOSZKA        | Robert      | POL         | Opoczno                    | 1982                  | M-20                   | 24                    | 00:38:39     |
| 60          | 444                | PODOWSKI        | Jan         | POL         | AKUNA 40-latek Tychy       | 1966                  | M-40                   | 10                    | 00:38:48     |
| 61          | 71                 | GÓRAK           | Henryk      | POL         | 40-latek Tychy             | 1953                  | M-50                   | 6                     | 00:38:54     |
| 62          | 459                | WEŁNA           | Kamil       | POL         | TKKF Czeladź               | 1990                  | M-16                   | 5                     | 00:38:57     |
| 63          | 165                | MORAŃSKI        | Marian      | POL         | Zabrze                     | 1975                  | M-30                   | 15                    | 00:39:00     |
| 64          | 274                | TURZA           | Bogusław    | POL         | Sosnowiec                  | 1972                  | M-30                   | 16                    | 00:39:08     |
| 65          | 282                | WESOŁOWSKI      | Ireneusz    | POL         | Warszawa Tarchomin         | 1974                  | M-30                   | 17                    | 00:39:09     |
| 66          | 46                 | DESKA           | Piotr       | POL         | Częstochowa                | 1986                  | M-20                   | 25                    | 00:39:15     |
| 67          | 343                | MACHLOWSKI      | Łukasz      | POL         | WKS WAWEL Kraków           | 1986                  | M-20                   | 26                    | 00:39:20     |
| 68          | 241                | SPRINGWALD      | Paweł       | POL         | WKB META Lubliniec         | 1959                  | M-50                   | 7                     | 00:39:28     |
| 69          | 65                 | GŁOWIAK         | Lech        | POL         | doliniarze.com Katowice    | 1985                  | M-20                   | 27                    | 00:39:37     |
| 70          | 412                | HOLIK           | Sebastian   | POL         | Biadacz woj. opolskie      | 1974                  | M-30                   | 18                    | 00:39:47     |
| 71          | 153                | MARKOWSKI       | Adam        | POL         | WKB META Lubliniec         | 1993                  | M-16                   | 6                     | 00:39:49     |
| 72          | 94                 | KNOP            | Piotr       | POL         | OLIMPIA Wola Załęże        | 1973                  | M-30                   | 19                    | 00:39:50     |
| 73          | 469                | KOŁODZIEJCZYK   | Jarosław    | POL         | ZABIEGANI Częstochowa      | 1970                  | M-30                   | 20                    | 00:39:55     |
| 74          | 291                | WOJTYNA         | Janusz      | POL         | AJD Częstochowa            | 1959                  | M-50                   | 8                     | 00:39:57     |
| 75          | 257                | SZUKALSKI       | Grzegorz    | POL         | Pajęczno                   | 1979                  | M-30                   | 21                    | 00:39:59     |
| 76          | 29                 | BUGAJNY         | Damian      | POL         | SUPERMARATON Kalisz        | 1975                  | M-30                   | 22                    | 00:40:03     |
| 77          | 137                | MACIEJEWSKI     | Marek       | POL         | Mysłowice                  | 1961                  | M-40                   | 11                    | 00:40:13     |
| 78          | 252                | SZPAK           | Damian      | POL         | Silesia Marathon           | 1961                  | M-40                   | 12                    | 00:40:15     |
| 79          | 127                | KWIECIAK        | Jarosław    | POL         | Grupa Biegowa Dąbrowa G    | 1954                  | M-50                   | 9                     | 00:40:18     |
| 80          | 406                | ADAM            | Kacper      | POL         | OLIMPIUS.PL Częstochowa    | 1992                  | M-16                   | 7                     | 00:40:19     |
| 81          | 198                | PIEKARCZYK      | Wojciech    | POL         | Sieradz                    | 1953                  | M-50                   | 10                    | 00:40:20     |
| 82          | 340                | NOWAKOWSKI      | Jacek       | POL         | biegajznami.pl Brzeg       | 1971                  | M-30                   | 23                    | 00:40:21     |
| 83          | 44                 | ĆWIEK           | Marcin      | POL         | Klub Awanturnika Frajda Pi | 1973                  | M-30                   | 24                    | 00:40:22     |
| 84          | 433                | POLEK DURAJ     | Kornelia    | POL         | Politechnika Opolska       | 1977                  | K-30                   | 3                     | 00:40:23     |
| 85          | 361                | SUK             | Mirosław    | POL         | NKB Częstochowa            | 1951                  | M-50                   | 11                    | 00:40:25     |
| 86          | 251                | SZOZDA          | Janusz      | POL         | OLIMPIJCZYK Budzyń         | 1962                  | M-40                   | 13                    | 00:40:44     |
| 87          | 51                 | ELIASZ          | Robert      | POL         | Zabrze                     | 1965                  | M-40                   | 14                    | 00:40:51     |
| 88          | 234                | SŁOWIŃSKI       | Zbigniew    | POL         | AZS AWF Kraków             | 1964                  | M-40                   | 15                    | 00:40:56     |
| 89          | 334                | LESIK           | Krzysztof   | POL         | FORMA Wodzisław Śl.        | 1974                  | M-30                   | 25                    | 00:41:01     |
| 90          | 264                | ŚWIERZYŃSKI     | Karol       | POL         | Koluszki                   | 1960                  | M-40                   | 16                    | 00:41:05     |
| 91          | 161                | MIELCAREK       | Leszek      | POL         | www.madison.biz.pl         | 1955                  | M-50                   | 12                    | 00:41:10     |
| 92          | 396                | OLBRYŚ          | Stanisław   | POL         | KB PIMAR Legionowo         | 1967                  | M-40                   | 17                    | 00:41:17     |
| 93          | 372                | KUBISZ          | Tomasz      | POL         | WKB META Lubliniec         | 1976                  | M-30                   | 26                    | 00:41:19     |
| 94          | 61                 | GAWEŁ           | Bogdan      | POL         | Mił. Sportu i Rek. Zaborze | 1956                  | M-50                   | 13                    | 00:41:24     |
| 95          | 270                | TOMCZYK         | Sylwester   | POL         | Radomsko                   | 1964                  | M-40                   | 18                    | 00:41:26     |
| 96          | 191                | PASTUCHA        | Marek       | POL         | CROSS Krapkowice           | 1960                  | M-40                   | 19                    | 00:41:27     |
| 97          | 366                | JARZĘBOWICZ     | Adam        | POL         | Jarzaby Katowice           | 1975                  | M-30                   | 27                    | 00:41:27     |
| 98          | 392                | ŚWITAŁA         | Dawid       | POL         | LZS Rudniki                | 1991                  | M-16                   | 8                     | 00:41:28     |
| 99          | 441                | PALACZ          | Mariusz     | POL         | LISWARTA Krzepice          | 1966                  | M-40                   | 20                    | 00:41:28     |
| 100         | 238                | SOKOŁOWSKI      | Marek       | POL         | Mysłowice Wesola           | 1969                  | M-40                   | 21                    | 00:41:29     |

| <i>M-ce</i> | <i>Nr<br/>zaw.</i> | <i>Nazwisko</i> | <i>Imię</i> | <i>Kraj</i> | <i>Klub/Miejscowość</i>   | <i>Rok<br/>urodz.</i> | <i>Kateg<br/>wiek.</i> | <i>M-ce<br/>w kat</i> | <i>Wynik</i> |
|-------------|--------------------|-----------------|-------------|-------------|---------------------------|-----------------------|------------------------|-----------------------|--------------|
| 101         | 99                 | KONTOWICZ       | Rafał       | POL         | TRUCHTACZ Mysłowice       | 1974                  | M-30                   | 28                    | 00:41:30     |
| 102         | 407                | ADAMUS          | Wiesław     | POL         | EUROBOX Tobiasze          | 1957                  | M-50                   | 14                    | 00:41:31     |
| 103         | 335                | NOWAK           | Mirosław    | POL         | Rudki                     | 1962                  | M-40                   | 22                    | 00:41:33     |
| 104         | 332                | JACHIMCZYK      | Aleksandra  | POL         | Chrzanów                  | 1983                  | K-16                   | 2                     | 00:41:36     |
| 105         | 167                | MOZDIERSKI      | Jarosław    | POL         | Grupa Biegowa Dąbrowa G   | 1970                  | M-30                   | 29                    | 00:41:38     |
| 106         | 244                | STAWIKOWSKI     | Dariusz     | POL         | Łódź                      | 1973                  | M-30                   | 30                    | 00:41:41     |
| 107         | 74                 | GREZEL          | Andrzej     | POL         | WKB META Lubliniec        | 1957                  | M-50                   | 15                    | 00:41:49     |
| 108         | 356                | KONOPKA         | Katarzyna   | POL         | WKB META Lubliniec        | 1982                  | K-16                   | 3                     | 00:41:51     |
| 109         | 409                | JANUSZ          | Bartłomiej  | POL         | GAST Katowice             | 1975                  | M-30                   | 31                    | 00:41:52     |
| 110         | 204                | PILARSKI        | Piotr       | POL         | Blachownia                | 1974                  | M-30                   | 32                    | 00:41:54     |
| 111         | 450                | GROS            | Krzysztof   | POL         | doliniarze.com Chorzów    | 1962                  | M-40                   | 23                    | 00:41:55     |
| 112         | 418                | PRZYBYŁA        | Adam        | POL         | Przechód                  | 1984                  | M-20                   | 28                    | 00:41:59     |
| 113         | 322                | TORZEWSKI       | Andrzej     | POL         | Bielsko- Biała            | 1959                  | M-50                   | 16                    | 00:42:03     |
| 114         | 105                | KORDZIŃSKI      | Kazimierz   | POL         | WKB META Lubliniec        | 1958                  | M-50                   | 17                    | 00:42:07     |
| 115         | 297                | WYMYSŁO         | Andrzej     | POL         | MaratonyPolskie.PL TEAM   | 1957                  | M-50                   | 18                    | 00:42:08     |
| 116         | 368                | PAPAŁA          | Leszek      | POL         | doliniarze.com Łaziska G. | 1962                  | M-40                   | 24                    | 00:42:14     |
| 117         | 387                | CHOLEWA         | Jan         | POL         | Sucha Beskidzka           | 1948                  | M-60                   | 1                     | 00:42:16     |
| 118         | 92                 | KAWELCZYK       | Robert      | POL         | Częstochowa               | 1967                  | M-40                   | 25                    | 00:42:20     |
| 119         | 18                 | BEHOUNEK        | Leszek      | POL         | TG SOKÓŁ Zakopane         | 1959                  | M-50                   | 19                    | 00:42:20     |
| 120         | 195                | PETRYK          | Adam        | POL         | Lubecko                   | 1974                  | M-30                   | 33                    | 00:42:21     |
| 121         | 178                | NOWAK           | Grzegorz    | POL         | TKKF SATURN Czeladź       | 1975                  | M-30                   | 34                    | 00:42:29     |
| 122         | 140                | MACKIEWICZ      | Dariusz     | POL         | Częstochowa               | 1966                  | M-40                   | 26                    | 00:42:32     |
| 123         | 121                | KUKUŁA          | Wojciech    | POL         | Gore/biegopolski.pl       | 1987                  | M-20                   | 29                    | 00:42:33     |
| 124         | 98                 | KOŁODZIEJ       | Tomasz      | POL         | MUKS GIM2 Nysa            | 1977                  | M-30                   | 35                    | 00:42:35     |
| 125         | 350                | CHUDY           | Jacek       | POL         | POWERADE Blachownia       | 1975                  | M-30                   | 36                    | 00:42:37     |
| 126         | 342                | ŚCIGOCKI        | Jan         | POL         | OSiR Strzelce Opolskie    | 1951                  | M-50                   | 20                    | 00:42:39     |
| 127         | 128                | LANCMAN         | Grzegorz    | POL         | WKB META Lubliniec        | 1969                  | M-40                   | 27                    | 00:42:42     |
| 128         | 185                | PACUŁA          | Piotr       | POL         | MaratonyPolskie.PL TEAM   | 1959                  | M-50                   | 21                    | 00:42:44     |
| 129         | 476                | ŻABIŃSKI        | Grzegorz    | POL         | INSOMNIA Trzebnica        | 1982                  | M-20                   | 30                    | 00:42:47     |
| 130         | 155                | MASARCZYK       | Szymon      | POL         | Knurów                    | 1990                  | M-16                   | 9                     | 00:42:51     |
| 131         | 194                | PELIKAN         | Andrzej     | POL         | NGB Kłobuck               | 1966                  | M-40                   | 28                    | 00:42:56     |
| 132         | 330                | ŁUSZCZEK        | Zbigniew    | POL         | KS ORŁY Chrzanów          | 1964                  | M-40                   | 29                    | 00:43:04     |
| 133         | 162                | MIELNIK         | Andrzej     | POL         | TRUCHTACZ Mysłowice       | 1959                  | M-50                   | 22                    | 00:43:07     |
| 134         | 84                 | JAGUSIAK        | Jarosław    | POL         | WKB META Lubliniec        | 1976                  | M-30                   | 37                    | 00:43:09     |
| 135         | 391                | KUBACKI         | Tomasz      | POL         | LZS Rudniki               | 1992                  | M-16                   | 10                    | 00:43:14     |
| 136         | 103                | KOPYTEK         | Łukasz      | POL         | Sosnowiec                 | 1980                  | M-20                   | 31                    | 00:43:17     |
| 137         | 131                | LUBCZYŃSKI      | Jacek       | POL         | NGB Kłobuck               | 1956                  | M-50                   | 23                    | 00:43:18     |
| 138         | 64                 | GŁADCZAK        | Jan         | POL         | KRS TKKF JASTRZĄB Rud     | 1962                  | M-40                   | 30                    | 00:43:19     |
| 139         | 87                 | JÓŻWIK          | Marcin      | POL         | Kutno                     | 1981                  | M-20                   | 32                    | 00:43:25     |
| 140         | 353                | ZIĘBA           | Paweł       | POL         | Sosnowiec                 | 1984                  | M-20                   | 33                    | 00:43:34     |
| 141         | 115                | KSIĄŻEK         | Wiesław     | POL         | 40-latek Tychy            | 1952                  | M-50                   | 24                    | 00:43:36     |
| 142         | 200                | PIERÓG          | Marek       | POL         | Knurów                    | 1976                  | M-30                   | 38                    | 00:43:38     |
| 143         | 388                | WYBRANIEC       | Wojciech    | POL         | Ofiary Jedzenia Kotletów  | 1976                  | M-30                   | 39                    | 00:43:40     |
| 144         | 85                 | JELONEK         | Tomasz      | POL         | Częstochowa               | 1989                  | M-20                   | 34                    | 00:43:45     |
| 145         | 217                | PYCZ            | Daniel      | POL         | Pogromcy Niemocy W-wa     | 1976                  | M-30                   | 40                    | 00:43:48     |
| 146         | 320                | GŁADYSZ         | Dariusz     | POL         | Częstochowa               | 1969                  | M-40                   | 31                    | 00:43:51     |
| 147         | 117                | KUCHARCZYK      | Benedykt    | POL         | Boronów                   | 1958                  | M-50                   | 25                    | 00:43:52     |
| 148         | 81                 | IGNACZAK        | Marcin      | POL         | Konin                     | 1977                  | M-30                   | 41                    | 00:43:54     |
| 149         | 229                | RZEPNIEWSKI     | Wojciech    | POL         | Moderatus Warszawa        | 1951                  | M-50                   | 26                    | 00:43:55     |
| 150         | 453                | OGONOWSKI       | Edward      | POL         | ŻÓŁWIK Opole              | 1949                  | M-60                   | 2                     | 00:44:00     |
| 151         | 279                | WALUŚKIEWICZ    | Łukasz      | POL         | Częstochowa               | 1993                  | M-16                   | 11                    | 00:44:01     |
| 152         | 447                | MAKOWIAK        | Jan         | POL         | Dziergowice               | 1973                  | M-30                   | 42                    | 00:44:05     |
| 153         | 95                 | KOLASIŃSKI      | Michał      | POL         | Częstochowa               | 1974                  | M-30                   | 43                    | 00:44:06     |
| 154         | 134                | MACHLOWSKI      | Ryszard     | POL         | Kraków                    | 1963                  | M-40                   | 32                    | 00:44:09     |
| 155         | 32                 | BUKOWSKI        | Marian      | POL         | PASAT Końskie             | 1948                  | M-60                   | 3                     | 00:44:10     |
| 156         | 187                | PARKITNY        | Tomasz      | POL         | IPA Kłobuck               | 1968                  | M-40                   | 33                    | 00:44:12     |
| 157         | 246                | STRĄK           | Leszek      | POL         | bieganie.pl Tarnowskie G. | 1987                  | M-20                   | 35                    | 00:44:12     |

| <i>M-ce</i> | <i>Nr<br/>zaw.</i> | <i>Nazwisko</i> | <i>Imię</i> | <i>Kraj</i> | <i>Klub/Miejscowość</i>  | <i>Rok<br/>urodz.</i> | <i>Kateg<br/>wiek.</i> | <i>M-ce<br/>w kat</i> | <i>Wynik</i> |
|-------------|--------------------|-----------------|-------------|-------------|--------------------------|-----------------------|------------------------|-----------------------|--------------|
| 158         | 429                | KOSTRZEWA       | Jacek       | POL         | KB SOKÓŁ Knurów          | 1988                  | M-20                   | 36                    | 00:44:18     |
| 159         | 75                 | GRUDZIĘN        | Robert      | POL         | Łódź                     | 1963                  | M-40                   | 34                    | 00:44:26     |
| 160         | 357                | AKSAMIT         | Łukasz      | POL         | doliniarze.com Katowice  | 1982                  | M-20                   | 37                    | 00:44:27     |
| 161         | 125                | KURZAJCZYK      | Mariusz     | POL         | SUPERMARATON Kalisz      | 1965                  | M-40                   | 35                    | 00:44:28     |
| 162         | 27                 | BRANDYS         | Jolanta     | POL         | Oświęcim                 | 1967                  | K-40                   | 1                     | 00:44:32     |
| 163         | 336                | MANDAT          | Jan         | POL         | KB LUPUS Oleśnica        | 1959                  | M-50                   | 27                    | 00:44:33     |
| 164         | 107                | KOTAS           | Przemysław  | POL         | Częstochowa              | 1964                  | M-40                   | 36                    | 00:44:34     |
| 165         | 394                | PIĘNKOWSKI      | Marek       | POL         | Częstochowa              | 1987                  | M-20                   | 38                    | 00:44:38     |
| 166         | 371                | LAU             | Marcin      | POL         | Ząbki                    | 1971                  | M-30                   | 44                    | 00:44:43     |
| 167         | 26                 | BRANDYS         | Bogusław    | POL         | Oświęcim                 | 1967                  | M-40                   | 37                    | 00:44:49     |
| 168         | 304                | ZIELONKA        | Paweł       | POL         | Katowice                 | 1985                  | M-20                   | 39                    | 00:44:52     |
| 169         | 247                | SZCZEPANIAK     | Piotr       | POL         | KB ARTURÓWEK Łódź        | 1979                  | M-30                   | 45                    | 00:44:52     |
| 170         | 379                | BORUCKI         | Artur       | POL         | WKB PIAST Wrocław        | 1964                  | M-40                   | 38                    | 00:44:53     |
| 171         | 286                | WNUK            | Marcin      | POL         | Warszawa                 | 1976                  | M-30                   | 46                    | 00:44:56     |
| 172         | 256                | SZUDY           | Katarzyna   | POL         | KRS TKKF JASTRZĄB Rud    | 1982                  | K-16                   | 4                     | 00:44:57     |
| 173         | 326                | BASZCZIJ        | Marek       | POL         | ŚLUZA Ratowice           | 1959                  | M-50                   | 28                    | 00:44:58     |
| 174         | 216                | PUSZCZEWICZ     | Zenon       | POL         | KB LUPUS Oleśnica Brzeg  | 1941                  | M-60                   | 4                     | 00:45:02     |
| 175         | 347                | OPALA           | Wojciech    | POL         | SPWLąd. Poznań           | 1974                  | M-30                   | 47                    | 00:45:12     |
| 176         | 67                 | GOLONKA         | Wiesław     | POL         | GolonTeam Gorlice        | 1965                  | M-40                   | 39                    | 00:45:12     |
| 177         | 427                | GÓRALCZYK       | Artur       | POL         | biegopolski.pl Opole     | 1987                  | M-20                   | 40                    | 00:45:13     |
| 178         | 233                | SKOWROŃSKI      | Marek       | POL         | Sosnowiec                | 1981                  | M-20                   | 41                    | 00:45:15     |
| 179         | 423                | RYGAŁ           | Łukasz      | POL         | Częstochowa              | 1983                  | M-20                   | 42                    | 00:45:20     |
| 180         | 258                | SZURGOT         | Dariusz     | POL         | Częstochowa              | 1967                  | M-40                   | 40                    | 00:45:20     |
| 181         | 443                | FRONTCZAK       | Marek       | POL         | KTS Supermaraton Kalisz  | 1952                  | M-50                   | 29                    | 00:45:21     |
| 182         | 106                | KOSELKI         | Arkadiusz   | POL         | Bełchatów                | 1962                  | M-40                   | 41                    | 00:45:25     |
| 183         | 370                | GARBOŚ          | Cezary      | POL         | Żory                     | 1960                  | M-40                   | 42                    | 00:45:27     |
| 184         | 154                | MARKOWSKI       | Zbigniew    | POL         | WKB META Lubliniec       | 1970                  | M-30                   | 48                    | 00:45:30     |
| 185         | 102                | KOPREK          | Edmund      | POL         | WKB META Lubliniec       | 1960                  | M-40                   | 43                    | 00:45:30     |
| 186         | 432                | TOMŻYŃSKI       | Jarosław    | POL         | Częstochowa              | 1983                  | M-20                   | 43                    | 00:45:31     |
| 187         | 25                 | BORKOWSKI       | Kamil       | POL         | SGRC Borki Kosy          | 1989                  | M-20                   | 44                    | 00:45:32     |
| 188         | 183                | ORZEŁ           | Beata       | POL         | Częstochowa              | 1966                  | K-40                   | 2                     | 00:45:35     |
| 189         | 436                | STĘPIEŃ         | Krzysztof   | POL         | Częstochowa              | 1976                  | M-30                   | 49                    | 00:45:39     |
| 190         | 90                 | KASZUBA         | Bogdan      | POL         | 40-latek Tychy           | 1956                  | M-50                   | 30                    | 00:45:40     |
| 191         | 236                | SOBOŃ           | Robert      | POL         | WKB FRAJDA Tomaszów      | 1975                  | M-30                   | 50                    | 00:45:41     |
| 192         | 1                  | RYDZ            | Małgorzata  | POL         | Częstochowa              | 1967                  | K-40                   | 3                     | 00:45:43     |
| 193         | 173                | NIEDZWIECKI     | Adam        | POL         | Łódź                     | 1958                  | M-50                   | 31                    | 00:45:45     |
| 194         | 53                 | FABIAN          | Michał      | POL         | Chorzów                  | 1979                  | M-30                   | 51                    | 00:45:48     |
| 195         | 68                 | GONDEK          | Krzysztof   | POL         | Ścieżki Biegowe Nike AWF | 1978                  | M-30                   | 52                    | 00:45:51     |
| 196         | 101                | KOPIJ           | Wiesław     | POL         | PKS Brzeg                | 1962                  | M-40                   | 44                    | 00:45:53     |
| 197         | 209                | PLUSKOTA        | Henryk      | POL         | TEDRIVE Praszka          | 1958                  | M-50                   | 32                    | 00:45:54     |
| 198         | 37                 | CISZEK          | Marcin      | POL         | KB ORIENT Częstochowa    | 1986                  | M-20                   | 45                    | 00:45:55     |
| 199         | 17                 | BEDNAREK        | Jakub       | POL         | Częstochowa              | 1981                  | M-20                   | 46                    | 00:46:01     |
| 200         | 58                 | GADOMSKI        | Adam        | POL         | Politechnika Śląska      | 1987                  | M-20                   | 47                    | 00:46:04     |
| 201         | 23                 | BŁASZCZYK       | Rafał       | POL         | Sieradz                  | 1969                  | M-40                   | 45                    | 00:46:05     |
| 202         | 151                | MARCZYK         | Artur       | POL         | Koluszki                 | 1979                  | M-30                   | 53                    | 00:46:08     |
| 203         | 373                | RYNKIEWICZ      | Sebastian   | POL         | Lubliniec                | 1977                  | M-30                   | 54                    | 00:46:14     |
| 204         | 346                | PIENIĄŻEK       | Piotr       | POL         | Częstochowa              | 1963                  | M-40                   | 46                    | 00:46:20     |
| 205         | 416                | PARKITNY        | Krzysztof   | POL         | KKTA Blachownia          | 1954                  | M-50                   | 33                    | 00:46:20     |
| 206         | 467                | GROSFELD        | Karol       | POL         | ZABIEGANI Częstochowa    | 1983                  | M-20                   | 48                    | 00:46:26     |
| 207         | 456                | KOWALSKI        | Łukasz      | POL         | Drużbice                 | 1991                  | M-16                   | 12                    | 00:46:29     |
| 208         | 230                | SERAFIN         | Dariusz     | POL         | Zakopane                 | 1966                  | M-40                   | 47                    | 00:46:31     |
| 209         | 397                | SKAKLUK         | Jan         | POL         | KB PIMAR Legionowo       | 1951                  | M-50                   | 34                    | 00:46:34     |
| 210         | 166                | MOSIALA         | Jan         | POL         | REDRIVE Praszka          | 1962                  | M-40                   | 48                    | 00:46:34     |
| 211         | 104                | KORDELAS        | Grzegorz    | POL         | ZWiK Łódź                | 1950                  | M-50                   | 35                    | 00:46:37     |
| 212         | 133                | ŁUKOWSKI        | Dariusz     | POL         | Strzelce Op.             | 1964                  | M-40                   | 49                    | 00:46:39     |
| 213         | 55                 | FILAK           | Stanisław   | POL         | Krzepice                 | 1969                  | M-40                   | 50                    | 00:46:39     |
| 214         | 292                | WOLNY           | Zdzisław    | POL         | Chorzów                  | 1960                  | M-40                   | 51                    | 00:46:50     |

| <i>M-ce</i> | <i>Nr<br/>zaw.</i> | <i>Nazwisko</i> | <i>Imię</i> | <i>Kraj</i> | <i>Klub/Miejscowość</i>   | <i>Rok<br/>urodz.</i> | <i>Kateg<br/>wiek.</i> | <i>M-ce<br/>w kat</i> | <i>Wynik</i> |
|-------------|--------------------|-----------------|-------------|-------------|---------------------------|-----------------------|------------------------|-----------------------|--------------|
| 215         | 254                | SZTULPA         | Bogumiła    | POL         | Gliwice                   | 1970                  | K-30                   | 4                     | 00:46:51     |
| 216         | 223                | RECLIK          | Jarosław    | POL         | FORMA Wodzisław Śl.       | 1966                  | M-40                   | 52                    | 00:46:55     |
| 217         | 79                 | HOJDYS          | Kazimierz   | POL         | PROMOTION Żar             | 1956                  | M-50                   | 36                    | 00:46:58     |
| 218         | 434                | KUPCZAK         | Grzegorz    | POL         | Mroczeń                   | 1990                  | M-16                   | 13                    | 00:47:00     |
| 219         | 298                | WYMYSŁO         | Czesław     | POL         | Piekary Śl.               | 1956                  | M-50                   | 37                    | 00:47:04     |
| 220         | 377                | NOWAK           | Paweł       | POL         | Kalisz                    | 1959                  | M-50                   | 38                    | 00:47:05     |
| 221         | 338                | LEŚKIEWICZ      | Zofia       | POL         | Bielsko-Biała             | 1952                  | K-50                   | 1                     | 00:47:06     |
| 222         | 116                | KUBICKI         | Piotr       | POL         | Kutno                     | 1974                  | M-30                   | 55                    | 00:47:10     |
| 223         | 277                | TYKA            | Edward      | POL         | SKAŁKA Świętochłowice     | 1943                  | M-60                   | 5                     | 00:47:13     |
| 224         | 375                | KOZŁOWSKI       | Mikołaj     | POL         | Lubliniec                 | 1976                  | M-30                   | 56                    | 00:47:16     |
| 225         | 43                 | CZYŻEWSKI       | Piotr       | POL         | FAN RUN TEAM Łódź         | 1965                  | M-40                   | 53                    | 00:47:22     |
| 226         | 13                 | ANTOSZEWSKI     | Robert      | POL         | Miłoszyce                 | 1976                  | M-30                   | 57                    | 00:47:23     |
| 227         | 207                | PIPER           | Janusz      | POL         | Katowice                  | 1981                  | M-20                   | 49                    | 00:47:24     |
| 228         | 158                | MENICHELLI      | Dario       | ITA         | ATLETICA AMATORI Cecin    | 1975                  | M-30                   | 58                    | 00:47:25     |
| 229         | 11                 | ANDRZEJEWSKI    | Dariusz     | POL         | FORMA Wodzisław Śl.       | 1974                  | M-30                   | 59                    | 00:47:27     |
| 230         | 28                 | BUGAJ           | Marcin      | POL         | Kłobuck                   | 1985                  | M-20                   | 50                    | 00:47:29     |
| 231         | 119                | KUCZ            | Stefan      | POL         | KB STRZELEC Strzebiń      | 1956                  | M-50                   | 39                    | 00:47:32     |
| 232         | 39                 | CUPIAŁ          | Sławomir    | POL         | Poraj                     | 1973                  | M-30                   | 60                    | 00:47:35     |
| 233         | 374                | WIŚNIEWSKI      | Mariusz     | POL         | Lubliniec                 | 1977                  | M-30                   | 61                    | 00:47:37     |
| 234         | 293                | WOYCZYŃSKI      | Dariusz     | POL         | Wrocław                   | 1968                  | M-40                   | 54                    | 00:47:38     |
| 235         | 294                | WOŹNIAKOWSKI    | Jakub       | POL         | Warszawa                  | 1978                  | M-30                   | 62                    | 00:47:42     |
| 236         | 122                | KULPOK          | Tomasz      | POL         | Ruda Śl.                  | 1980                  | M-20                   | 51                    | 00:47:43     |
| 237         | 410                | CIEŚLA          | Jan         | POL         | Praszka                   | 1950                  | M-50                   | 40                    | 00:47:46     |
| 238         | 164                | MITOŚ           | Ryszard     | POL         | Mysłowice                 | 1953                  | M-50                   | 41                    | 00:47:47     |
| 239         | 175                | NIEWIADOMSKI    | Krzysztof   | POL         | Bełchatów                 | 1974                  | M-30                   | 63                    | 00:47:49     |
| 240         | 452                | CIEPLAK         | Tomasz      | POL         | Częstochowa               | 1970                  | M-30                   | 64                    | 00:47:55     |
| 241         | 276                | TWARDZIK        | Grzegorz    | POL         | WKB META Lubliniec        | 1967                  | M-40                   | 55                    | 00:47:57     |
| 242         | 176                | NORMAN          | Maciej      | POL         | Częstochowa               | 1991                  | M-16                   | 14                    | 00:48:03     |
| 243         | 411                | SURGIEL         | Dariusz     | POL         | Częstochowa               | 1969                  | M-40                   | 56                    | 00:48:04     |
| 244         | 196                | PĘCZEK          | Dariusz     | POL         | Częstochowa               | 1970                  | M-30                   | 65                    | 00:48:06     |
| 245         | 193                | PAWLAK          | Arkadiusz   | POL         | Kalisz                    | 1968                  | M-40                   | 57                    | 00:48:06     |
| 246         | 16                 | BANAŚ           | Piotr       | POL         | SUPERMARATON Kalisz       | 1957                  | M-50                   | 42                    | 00:48:07     |
| 247         | 428                | ZARĘBA          | Marek       | POL         | Mroczeń                   | 1960                  | M-40                   | 58                    | 00:48:09     |
| 248         | 312                | BOBOROWSKI      | Bartosz     | POL         | Częstochowa               | 1989                  | M-20                   | 52                    | 00:48:14     |
| 249         | 69                 | GOŚCIŃSKI       | Dawid       | POL         | Powroźnik                 | 1987                  | M-20                   | 53                    | 00:48:19     |
| 250         | 421                | GRZESIAK        | Łukasz      | POL         | Ścieżki Biegowe Nike Łódź | 1985                  | M-20                   | 54                    | 00:48:20     |
| 251         | 63                 | GAŚIOREK        | Wojciech    | POL         | Bielsko-Biała             | 1977                  | M-30                   | 66                    | 00:48:21     |
| 252         | 380                | ORCZYKOWSKI     | Dariusz     | POL         | WSzS Radom                | 1967                  | M-40                   | 59                    | 00:48:23     |
| 253         | 415                | BERNAT          | Jarosław    | POL         | KKTA Błachownia           | 1967                  | M-40                   | 60                    | 00:48:24     |
| 254         | 226                | ROSA            | Andrzej     | POL         | Ruda Śl.                  | 1963                  | M-40                   | 61                    | 00:48:25     |
| 255         | 360                | BŁACH           | Michał      | POL         | Klub Karate BUDO Cz-wa    | 1982                  | M-20                   | 55                    | 00:48:29     |
| 256         | 307                | ZIMOŃ           | Paweł       | POL         | AKN RATRAK Częstochow     | 1968                  | M-40                   | 62                    | 00:48:34     |
| 257         | 24                 | BODANKA         | Piotr       | POL         | Nieznanice                | 1979                  | M-30                   | 67                    | 00:48:39     |
| 258         | 259                | SZWED           | Jacek       | POL         | Witkowo                   | 1958                  | M-50                   | 43                    | 00:48:42     |
| 259         | 93                 | KLUCZEWSKI      | Piotr       | POL         | Częstochowa               | 1976                  | M-30                   | 68                    | 00:48:44     |
| 260         | 451                | KULIJ           | Jan         | POL         | KKTA Błachownia           | 1950                  | M-50                   | 44                    | 00:48:51     |
| 261         | 136                | MACIAŻEK        | Edward      | POL         | Dąbrowa Górnicza          | 1960                  | M-40                   | 63                    | 00:48:54     |
| 262         | 66                 | GOLIK           | Jerzy       | POL         | PKS Brzeg                 | 1956                  | M-50                   | 45                    | 00:48:55     |
| 263         | 358                | KOSIDŁO         | Krzysztof   | POL         | Lubliniec                 | 1973                  | M-30                   | 69                    | 00:48:56     |
| 264         | 57                 | FRUKACZ         | Bogdan      | POL         | Zakład Karny w Herbach    | 1967                  | M-40                   | 64                    | 00:48:58     |
| 265         | 319                | WOŹNIAK         | Justyna     | POL         | Grupa Grembud Gielników   | 1991                  | K-16                   | 5                     | 00:49:03     |
| 266         | 383                | SKOWRONEK       | Wojciech    | POL         | biegopolski.pl Opole      | 1957                  | M-50                   | 46                    | 00:49:14     |
| 267         | 278                | WALIDUDA        | Jarosław    | POL         | KB LUPUS Oleśnica         | 1972                  | M-30                   | 70                    | 00:49:14     |
| 268         | 60                 | GARBOWICZ       | Tomasz      | POL         | JUPITER Elektrownia Bełch | 1968                  | M-40                   | 65                    | 00:49:16     |
| 269         | 214                | PRZEDPEŁSKI     | Jerzy       | POL         | Łódź                      | 1957                  | M-50                   | 47                    | 00:49:19     |
| 270         | 280                | WALUŚKIEWICZ    | Artur       | POL         | Częstochowa               | 1965                  | M-40                   | 66                    | 00:49:20     |
| 271         | 22                 | BISZCZAK        | Filip       | POL         | Częstochowa               | 1991                  | M-16                   | 15                    | 00:49:21     |

| <i>M-ce</i> | <i>Nr<br/>zaw.</i> | <i>Nazwisko</i> | <i>Imię</i> | <i>Kraj</i> | <i>Klub/Miejscowość</i>    | <i>Rok<br/>urodz.</i> | <i>Kateg<br/>wiek.</i> | <i>M-ce<br/>w kat</i> | <i>Wynik</i> |
|-------------|--------------------|-----------------|-------------|-------------|----------------------------|-----------------------|------------------------|-----------------------|--------------|
| 272         | 331                | BURDELAŁ        | Agnieszka   | POL         | Jelcz-Laskowice            | 1991                  | K-16                   | 6                     | 00:49:27     |
| 273         | 364                | WOSINEK         | Kamil       | POL         | Częstochowa                | 1985                  | M-20                   | 56                    | 00:49:29     |
| 274         | 309                | ZYGADŁO         | Piotr       | POL         | UM st. Warszawy            | 1982                  | M-20                   | 57                    | 00:49:32     |
| 275         | 243                | STARZYŃSKI      | Tomasz      | POL         | KRAKÓW AIRPORT             | 1968                  | M-40                   | 67                    | 00:49:37     |
| 276         | 145                | MALINOWSKA      | Iwona       | POL         | Bytom                      | 1975                  | K-30                   | 5                     | 00:49:37     |
| 277         | 385                | MIERZEJEWSKI    | Marek       | POL         | Kędzierzyn -Kozłe          | 1960                  | M-40                   | 68                    | 00:49:39     |
| 278         | 341                | PAWLAK          | Kazimierz   | POL         | KS MARATON Ostrów Wik      | 1959                  | M-50                   | 48                    | 00:49:40     |
| 279         | 420                | GRZESIAK        | Adam        | POL         | Grzesiak Team              | 1994                  | M-16                   | 16                    | 00:49:40     |
| 280         | 435                | WOJTUNIAK       | Jarosław    | POL         | Małęczyn                   | 1975                  | M-30                   | 71                    | 00:49:44     |
| 281         | 275                | TWARDZIK        | Patryk      | POL         | WKB META Lubliniec         | 1993                  | M-16                   | 17                    | 00:49:45     |
| 282         | 76                 | GRUND           | Marek       | POL         | KB STRZELEC Strzebiń       | 1989                  | M-20                   | 58                    | 00:49:54     |
| 283         | 359                | SAWCZUK         | Andrzej     | POL         | Lubliniec                  | 1978                  | M-30                   | 72                    | 00:49:56     |
| 284         | 321                | BARANIK         | Zbigniew    | POL         | Sosnowiec                  | 1980                  | M-20                   | 59                    | 00:49:59     |
| 285         | 62                 | GAWROŃSKI       | Dariusz     | POL         | Częstochowa                | 1969                  | M-40                   | 69                    | 00:50:06     |
| 286         | 303                | ZIELIŃSKI       | Kacper      | POL         | Kolonia Klepaczka          | 1990                  | M-16                   | 18                    | 00:50:12     |
| 287         | 413                | KUBYLIS         | Dalius      | POL         | Kraków                     | 1979                  | M-30                   | 73                    | 00:50:16     |
| 288         | 437                | SKIBIŃSKI       | Jacek       | POL         | Lubliniec                  | 1977                  | M-30                   | 74                    | 00:50:17     |
| 289         | 149                | MAŃKA           | Artur       | POL         | Częstochowa                | 1977                  | M-30                   | 75                    | 00:50:17     |
| 290         | 405                | MYRCIK          | Dariusz     | POL         | Lubliniec                  | 1967                  | M-40                   | 70                    | 00:50:18     |
| 291         | 160                | MICHOWSKI       | Marian      | POL         | WKB PIAST Wrocław          | 1939                  | M-70                   | 1                     | 00:50:19     |
| 292         | 438                | KARBOWIAK       | Mariusz     | POL         | Lubliniec                  | 1981                  | M-20                   | 60                    | 00:50:20     |
| 293         | 288                | WOJCIECHOWSKI   | Janusz      | POL         | KKB DYSTANS Kraków         | 1951                  | M-50                   | 49                    | 00:50:24     |
| 294         | 299                | WYPART          | Jakub       | POL         | AHEAD Częstochowa          | 1974                  | M-30                   | 76                    | 00:50:25     |
| 295         | 439                | MACOCH          | Zbigniew    | POL         | Krzepice                   | 1948                  | M-60                   | 6                     | 00:50:31     |
| 296         | 305                | ZIELONKA        | Mirosław    | POL         | Kłobuck                    | 1968                  | M-40                   | 71                    | 00:50:36     |
| 297         | 470                | DOMAŃSKI        | Stanisław   | POL         | Częstochowa                | 1946                  | M-60                   | 7                     | 00:50:37     |
| 298         | 156                | MATURA          | Paweł       | POL         | Bytom                      | 1973                  | M-30                   | 77                    | 00:50:38     |
| 299         | 227                | RYPLEWICZ       | Rafał       | POL         | Bielsko-Biała              | 1988                  | M-20                   | 61                    | 00:50:40     |
| 300         | 317                | LAMIK           | Przemysław  | POL         | Częstochowa                | 1977                  | M-30                   | 78                    | 00:50:42     |
| 301         | 440                | KOMOROWSKI      | Stefan      | POL         | Poznań                     | 1950                  | M-50                   | 50                    | 00:50:48     |
| 302         | 143                | MALDIS          | Marek       | POL         | Lasek Bielański Team W-w   | 1949                  | M-60                   | 8                     | 00:50:51     |
| 303         | 284                | WIŚNIEWSKI      | Marian      | POL         | Częstochowa                | 1956                  | M-50                   | 51                    | 00:50:56     |
| 304         | 260                | SZYMCZYK        | Barbara     | POL         | KRS TKKF JASTRZĄB Rud      | 1970                  | K-30                   | 6                     | 00:50:57     |
| 305         | 239                | SOSNOWSKI       | Sławomir    | POL         | Poznań                     | 1973                  | M-30                   | 79                    | 00:50:58     |
| 306         | 181                | NOWAKOWSKI      | Czesław     | POL         | Warszawa                   | 1947                  | M-60                   | 9                     | 00:50:59     |
| 307         | 12                 | ANTOLAK         | Paweł       | POL         | Mysłówice                  | 1980                  | M-20                   | 62                    | 00:50:59     |
| 308         | 77                 | GRUSZCZYŃSKI    | Wojciech    | POL         | JUPITER PGE Elektr. Bełch  | 1950                  | M-50                   | 52                    | 00:51:00     |
| 309         | 345                | PODLASKI        | Andrzej     | POL         | Częstochowa                | 1964                  | M-40                   | 72                    | 00:51:02     |
| 310         | 348                | KUCHARSKI       | Zbigniew    | POL         | Bełchatów                  | 1956                  | M-50                   | 53                    | 00:51:04     |
| 311         | 110                | KOWALSKI        | Andrzej     | POL         | WKB META Lubliniec         | 1953                  | M-50                   | 54                    | 00:51:07     |
| 312         | 82                 | IZYDOREK        | Gosia       | POL         | aleTEMPO Warszawa          | 1984                  | K-16                   | 7                     | 00:51:09     |
| 313         | 163                | MIREK           | Mariusz     | POL         | Częstochowa                | 1978                  | M-30                   | 80                    | 00:51:23     |
| 314         | 146                | MALINOWSKI      | Marcin      | POL         | Bytom                      | 1973                  | M-30                   | 81                    | 00:51:24     |
| 315         | 329                | KUREK           | Edward      | POL         | Katowice                   | 1939                  | M-70                   | 2                     | 00:51:31     |
| 316         | 272                | TRZYBULSKI      | Roman       | POL         | Sosnowiec                  | 1962                  | M-40                   | 73                    | 00:51:32     |
| 317         | 212                | PŁOSKOŃSKI      | Piotr       | POL         | Rusinów                    | 1965                  | M-40                   | 74                    | 00:51:34     |
| 318         | 424                | WOSKO           | Jan         | POL         | Krapkowice                 | 1953                  | M-50                   | 55                    | 00:51:35     |
| 319         | 316                | KASZTELAN       | Marek       | POL         | SKRA Częstochowa           | 1951                  | M-50                   | 56                    | 00:51:40     |
| 320         | 80                 | HOJDYS ŁOPATKA  | Agnieszka   | POL         | PROMOTION Żar              | 1980                  | K-16                   | 8                     | 00:51:40     |
| 321         | 219                | RAJCZYK         | Włodzimierz | POL         | Leśne Ludki Żarki Letnisko | 1959                  | M-50                   | 57                    | 00:51:45     |
| 322         | 174                | NIEPIEKŁO       | Krzysztof   | POL         | Leśne Ludki Żarki Letnisko | 1959                  | M-50                   | 58                    | 00:51:50     |
| 323         | 97                 | KOLONKO         | Justyna     | POL         | Marathon Club Chorzów      | 1975                  | K-30                   | 7                     | 00:51:53     |
| 324         | 96                 | KOLONKO         | Mirosław    | POL         | Marathon Club Chorzów      | 1970                  | M-30                   | 82                    | 00:51:53     |
| 325         | 431                | KONDZIELNIK     | Bogumiła    | POL         | SOKÓŁ Knurów               | 1986                  | K-16                   | 9                     | 00:51:54     |
| 326         | 123                | KURAS           | Roman       | POL         | Myszków                    | 1970                  | M-30                   | 83                    | 00:51:55     |
| 327         | 213                | PŁOWAŚ          | Zbigniew    | POL         | FORMA Wodzisław Śl.        | 1953                  | M-50                   | 59                    | 00:51:59     |
| 328         | 14                 | ARABAS          | Krzysztof   | POL         | RATRAK Częstochowa         | 1952                  | M-50                   | 60                    | 00:52:05     |

| <i>M-ce</i> | <i>Nr<br/>zaw.</i> | <i>Nazwisko</i> | <i>Imię</i> | <i>Kraj</i> | <i>Klub/Miejscowość</i>    | <i>Rok<br/>urodz.</i> | <i>Kateg<br/>wiek.</i> | <i>M-ce<br/>w kat</i> | <i>Wynik</i> |
|-------------|--------------------|-----------------|-------------|-------------|----------------------------|-----------------------|------------------------|-----------------------|--------------|
| 329         | 318                | BRZESKA         | Katarzyna   | POL         | Petrykozy                  | 1980                  | K-16                   | 10                    | 00:52:08     |
| 330         | 38                 | CIURA           | Łukasz      | POL         | Myszków                    | 1989                  | M-20                   | 63                    | 00:52:15     |
| 331         | 130                | LIS             | Mariusz     | POL         | Sosnowiec                  | 1974                  | M-30                   | 84                    | 00:52:24     |
| 332         | 190                | PASTUCHA        | Anna        | POL         | CROSS Krapkowice           | 1958                  | K-50                   | 2                     | 00:52:24     |
| 333         | 445                | FABIAŃSKI       | Czesław     | POL         | SUPERMARATON Kalisz        | 1955                  | M-50                   | 61                    | 00:52:27     |
| 334         | 339                | ZWOLAK          | Krzysztof   | POL         | Wilanów                    | 1974                  | M-30                   | 85                    | 00:52:29     |
| 335         | 262                | ŚCIBISZ         | Bogdan      | POL         | TKKF SATURN Czeladź        | 1943                  | M-60                   | 10                    | 00:52:36     |
| 336         | 267                | TACZKA          | Sebastian   | POL         | Ostrów Wlkp.               | 1993                  | M-16                   | 19                    | 00:52:42     |
| 337         | 177                | NOWAK           | Marek       | POL         | KKB DYSTANS Kraków         | 1957                  | M-50                   | 62                    | 00:52:43     |
| 338         | 250                | SZCZEPARA       | Piotr       | POL         | Sosnowiec                  | 1982                  | M-20                   | 64                    | 00:52:47     |
| 339         | 393                | JAMER           | Paweł       | POL         | Sosnowiec                  | 1982                  | M-20                   | 65                    | 00:52:49     |
| 340         | 248                | SZCZEPANIK      | Tomasz      | POL         | Częstochowa                | 1967                  | M-40                   | 75                    | 00:52:50     |
| 341         | 325                | BIELECKI        | Robert      | POL         | Borowno                    | 1965                  | M-40                   | 76                    | 00:52:51     |
| 342         | 30                 | BUKAŁA          | Krzysztof   | POL         | Częstochowa                | 1974                  | M-30                   | 86                    | 00:53:03     |
| 343         | 466                | CAŁA            | Piotr       | POL         | Częstochowa                | 1975                  | M-30                   | 87                    | 00:53:05     |
| 344         | 472                | KOŚCIESZA       | Filip       | POL         | Częstochowa                | 1979                  | M-30                   | 88                    | 00:53:06     |
| 345         | 148                | MAŁEK           | Janusz      | POL         | WKB META Lubliniec         | 1952                  | M-50                   | 63                    | 00:53:07     |
| 346         | 34                 | BYSIEC          | Czesław     | POL         | WKB META Lubliniec         | 1949                  | M-60                   | 11                    | 00:53:09     |
| 347         | 144                | MALICKI         | Grzegorz    | POL         | PASAT Końskie              | 1970                  | M-30                   | 89                    | 00:53:10     |
| 348         | 390                | RYTEL           | Jarosław    | POL         | Klub Karate BUDO Cz-wa     | 1968                  | M-40                   | 77                    | 00:53:18     |
| 349         | 301                | ZBUDNIEWEK      | Roman       | POL         | tRUCHt Maraton Skierniewi  | 1952                  | M-50                   | 64                    | 00:53:19     |
| 350         | 210                | PŁANIK          | Adam        | POL         | Tarnów                     | 1952                  | M-50                   | 65                    | 00:53:19     |
| 351         | 49                 | DUBAS           | Grażyna     | POL         | Tarnowskie Góry            | 1964                  | K-40                   | 4                     | 00:53:21     |
| 352         | 112                | KROK            | Krzysztof   | POL         | Muszyna                    | 1963                  | M-40                   | 78                    | 00:53:24     |
| 353         | 401                | TOMECKI         | Jerzy       | POL         | Mysłowice                  | 1941                  | M-60                   | 12                    | 00:53:24     |
| 354         | 414                | KRUPA           | Anna        | POL         | Częstochowa                | 1982                  | K-16                   | 11                    | 00:53:33     |
| 355         | 33                 | BYKOWSKI        | Bogdan      | POL         | Stary Jisielin             | 1949                  | M-60                   | 13                    | 00:53:37     |
| 356         | 228                | RZEPECKI        | Krzysztof   | POL         | Piotrków Tryb.             | 1979                  | M-30                   | 90                    | 00:53:40     |
| 357         | 463                | TERLECKI        | Józef       | POL         | WKB META Lubliniec         | 1954                  | M-50                   | 66                    | 00:53:42     |
| 358         | 35                 | CHŁOPAŚ         | Artur       | POL         | Lubliniec                  | 1973                  | M-30                   | 91                    | 00:53:47     |
| 359         | 126                | KUŚ             | Bogdan      | POL         | WKB META Lubliniec         | 1967                  | M-40                   | 79                    | 00:53:48     |
| 360         | 268                | TASAREK         | Ryszard     | POL         | Akcja Nysa Biega Nysa      | 1952                  | M-50                   | 67                    | 00:53:48     |
| 361         | 245                | STEFAŃSKI       | Adam        | POL         | Bytom                      | 1952                  | M-50                   | 68                    | 00:53:57     |
| 362         | 474                | WOLSKI          | Marcin      | POL         | Era Running Team           | 1979                  | M-30                   | 92                    | 00:54:10     |
| 363         | 118                | KUCHARSKI       | Damian      | POL         | Częstochowa                | 1986                  | M-20                   | 66                    | 00:54:12     |
| 364         | 352                | BRZĘCZEK        | Adam        | POL         | Konin                      | 1980                  | M-20                   | 67                    | 00:54:16     |
| 365         | 430                | MULARCZYK       | Marian      | POL         | NKB Częstochowa            | 1955                  | M-50                   | 69                    | 00:54:18     |
| 366         | 21                 | BISZCZAK        | Mateusz     | POL         | Częstochowa                | 1988                  | M-20                   | 68                    | 00:54:27     |
| 367         | 205                | PILAWA          | Agnieszka   | POL         | Radzionków                 | 1986                  | K-16                   | 12                    | 00:54:29     |
| 368         | 199                | PIEPZYCKI       | Jerzy       | POL         | Częstochowa                | 1957                  | M-50                   | 70                    | 00:54:30     |
| 369         | 203                | PIKULSKI        | Mieczysław  | POL         | Pińczów                    | 1943                  | M-60                   | 14                    | 00:54:33     |
| 370         | 232                | SKIBIŃSKA       | Agnieszka   | POL         | Opole                      | 1982                  | K-16                   | 13                    | 00:54:34     |
| 371         | 351                | SAMOLAK         | Ireneusz    | POL         | FORMA Wodzisław Śląski     | 1976                  | M-30                   | 93                    | 00:54:43     |
| 372         | 225                | ROKICKI         | Rafał       | POL         | KCz PĘDZIWIATR Gliwice     | 1972                  | M-30                   | 94                    | 00:54:44     |
| 373         | 402                | STOLARCZYK      | Stanisław   | POL         | Tłuszcz                    | 1943                  | M-60                   | 15                    | 00:54:46     |
| 374         | 473                | KULIS           | Andrzej     | POL         | Miej. Zarząd Dróg Częstoch | 1973                  | M-30                   | 95                    | 00:54:47     |
| 375         | 255                | SZTULPA         | Grzegorz    | POL         | Gliwice                    | 1960                  | M-40                   | 80                    | 00:54:48     |
| 376         | 180                | NOWAK           | Krzysztof   | POL         | TRIATHLON Lubin            | 1947                  | M-60                   | 16                    | 00:54:50     |
| 377         | 261                | SZYMCZYŃSKA     | Katarzyna   | POL         | Częstochowa                | 1988                  | K-16                   | 14                    | 00:55:02     |
| 378         | 192                | PATERAK         | Robert      | POL         | WKB META Lubliniec         | 1986                  | M-20                   | 69                    | 00:55:06     |
| 379         | 222                | RATKA           | Artur       | POL         | Częstochowa                | 1974                  | M-30                   | 96                    | 00:55:06     |
| 380         | 376                | BORUCKI         | Krzysztof   | POL         | WKB PIAST Wrocław          | 1991                  | M-16                   | 20                    | 00:55:09     |
| 381         | 52                 | ESMUND          | Paweł       | POL         | Rędziny                    | 1975                  | M-30                   | 97                    | 00:55:10     |
| 382         | 36                 | CHREMPIŃSKI     | Krzysztof   | POL         | Bełchatów                  | 1966                  | M-40                   | 81                    | 00:55:12     |
| 383         | 129                | LEGUTKO         | Stefan      | POL         | JUPITER Elektr, Bełchatów  | 1957                  | M-50                   | 71                    | 00:55:15     |
| 384         | 231                | SIEMIĄTKOWSKI   | Jerzy       | POL         | KB PARAKULOS Zgierz        | 1969                  | M-40                   | 82                    | 00:55:16     |
| 385         | 354                | ŁOPATKA         | Kazimierz   | POL         | FORMA Wodzisław Śl.        | 1935                  | M-70                   | 3                     | 00:55:23     |

| <i>M-ce</i> | <i>Nr<br/>zaw.</i> | <i>Nazwisko</i> | <i>Imię</i> | <i>Kraj</i> | <i>Klub/Miejscowość</i>   | <i>Rok<br/>urodz.</i> | <i>Kateg<br/>wiek.</i> | <i>M-ce<br/>w kat</i> | <i>Wynik</i> |
|-------------|--------------------|-----------------|-------------|-------------|---------------------------|-----------------------|------------------------|-----------------------|--------------|
| 386         | 253                | SZPAK           | Sebastian   | POL         | doliniarze.com Tychy      | 1985                  | M-20                   | 70                    | 00:55:28     |
| 387         | 152                | MARKOWSKI       | Michał      | POL         | Spragnieni Doznań Częstoc | 1986                  | M-20                   | 71                    | 00:55:34     |
| 388         | 323                | KRUK            | Czesław     | POL         | WKB PIAST Wrocław         | 1936                  | M-70                   | 4                     | 00:55:39     |
| 389         | 73                 | GREZEL          | Łukasz      | POL         | Wancerzów                 | 1986                  | M-20                   | 72                    | 00:55:41     |
| 390         | 369                | SOKÓŁ           | Grzegorz    | POL         | Truchtacz Mysłowice       | 1974                  | M-30                   | 98                    | 00:55:56     |
| 391         | 471                | BOROWY          | Krzysztof   | POL         | Era Running Team          | 1974                  | M-30                   | 99                    | 00:55:59     |
| 392         | 337                | GABRYSZ         | Krzysztof   | POL         | Gliwice                   | 1942                  | M-60                   | 17                    | 00:56:00     |
| 393         | 171                | MZYK            | Janusz      | POL         | 40-latek Tychy            | 1952                  | M-50                   | 72                    | 00:56:11     |
| 394         | 403                | JEDNORÓG        | Dorota      | POL         | KB LUPUS                  | 1971                  | K-30                   | 8                     | 00:56:17     |
| 395         | 475                | TYL             | Artur       | POL         | Częstochowa               | 1974                  | M-30                   | 100                   | 00:56:26     |
| 396         | 289                | WOJCIECHOWSKI   | Dariusz     | POL         | Kraków                    | 1980                  | M-20                   | 73                    | 00:56:29     |
| 397         | 20                 | BIELICKI        | Piotr       | POL         | Kutno                     | 1976                  | M-30                   | 101                   | 00:56:31     |
| 398         | 59                 | GAŁKA           | Tomasz      | POL         | Myszków                   | 1985                  | M-20                   | 74                    | 00:56:36     |
| 399         | 40                 | CZAMARA         | Elżbieta    | POL         | Tarnów                    | 1965                  | K-40                   | 5                     | 00:56:47     |
| 400         | 362                | CZARNECKI       | Bogusław    | POL         | Bliżyn                    | 1957                  | M-50                   | 73                    | 00:57:03     |
| 401         | 86                 | JÓŹWIAK         | Marek       | POL         | Katowice                  | 1967                  | M-40                   | 83                    | 00:57:14     |
| 402         | 328                | PATER           | Zbigniew    | POL         | WKB PIAST Wrocław         | 1940                  | M-60                   | 18                    | 00:57:19     |
| 403         | 91                 | KASZUBA         | Grazyna     | POL         | 40-latek Tychy            | 1960                  | K-40                   | 6                     | 00:57:27     |
| 404         | 10                 | DUL             | Sławomir    | POL         | Glucholazy                | 1978                  | M-30                   | 102                   | 00:57:33     |
| 405         | 169                | MURAWSKI        | Jerzy       | POL         | Parakulos Zgierz          | 1947                  | M-60                   | 19                    | 00:57:37     |
| 406         | 224                | RECLIK          | Sławomir    | POL         | FORMA Wodzisław Śl.       | 1962                  | M-40                   | 84                    | 00:57:39     |
| 407         | 184                | ORZEŁEK         | Sławomir    | POL         | Panki                     | 1956                  | M-50                   | 74                    | 00:57:44     |
| 408         | 306                | ZIĘBA           | Małgorzata  | POL         | Łódź                      | 1963                  | K-40                   | 7                     | 00:57:49     |
| 409         | 460                | KOŁODZIEJCZAK   | Kinga       | POL         | ACCELERATE KB ACCEN       | 1986                  | K-16                   | 15                    | 00:58:17     |
| 410         | 150                | MARCZAK         | Janusz      | POL         | Poznań                    | 1960                  | M-40                   | 85                    | 00:58:18     |
| 411         | 45                 | ĆWIEK           | Anna        | POL         | Piotrków Tryb.            | 1979                  | K-30                   | 9                     | 00:58:46     |
| 412         | 464                | KOPKA           | Daria       | POL         | Częstochowa               | 1984                  | K-16                   | 16                    | 00:58:54     |
| 413         | 273                | TURKO           | Katarzyna   | POL         | Bytom                     | 1970                  | K-30                   | 10                    | 00:59:01     |
| 414         | 269                | TOŁŁOCZKO       | Arkadiusz   | POL         | WKB PIAST Wrocław         | 1977                  | M-30                   | 103                   | 00:59:28     |
| 415         | 398                | KOT             | Eugeniusz   | POL         | MOSiR Czeladź             | 1935                  | M-70                   | 5                     | 00:59:38     |
| 416         | 446                | BZDĘGA          | Jan         | POL         | Częstochowa               | 1957                  | M-50                   | 75                    | 00:59:50     |
| 417         | 285                | WIŚNIEWSKI      | Grzegorz    | POL         | Świerklaniec              | 1978                  | M-30                   | 104                   | 00:59:57     |
| 418         | 324                | GLIŃSKI         | Krzysztof   | POL         | Częstochowa               | 1960                  | M-40                   | 86                    | 01:00:01     |
| 419         | 263                | ŚMIESZEK        | Piotr       | POL         | Gliwice                   | 1975                  | M-30                   | 105                   | 01:00:06     |
| 420         | 465                | KOCZMEŁA        | Paweł       | POL         | Warszawa                  | 1975                  | M-30                   | 106                   | 01:00:23     |
| 421         | 457                | NOCUŃ           | Kazimierz   | POL         | Borowno                   | 1946                  | M-60                   | 20                    | 01:00:31     |
| 422         | 113                | KROK            | Daniel      | POL         | Muszyna                   | 1990                  | M-16                   | 21                    | 01:00:49     |
| 423         | 189                | PASIEKA         | Kazimierz   | POL         | KCz PĘDZIWIATR Gliwice    | 1936                  | M-70                   | 6                     | 01:00:54     |
| 424         | 365                | MEJ             | Paweł       | POL         | BIEGAM BOSO Baczków       | 1972                  | M-30                   | 107                   | 01:01:34     |
| 425         | 70                 | GÓRA            | Marek       | POL         | Tarnowskie Góry           | 1967                  | M-40                   | 87                    | 01:01:41     |
| 426         | 179                | NOWAK           | Urszula     | POL         | Wieliczka                 | 1957                  | K-50                   | 3                     | 01:01:48     |
| 427         | 206                | PIŁATOWSKI      | Kamil       | POL         | Łódź                      | 1976                  | M-30                   | 108                   | 01:02:10     |
| 428         | 201                | PIETRZYK        | Aleksandra  | POL         | Kraków                    | 1974                  | K-30                   | 11                    | 01:02:50     |
| 429         | 170                | MZYK            | Krystyna    | POL         | 40-latek Tychy            | 1954                  | K-50                   | 4                     | 01:02:56     |
| 430         | 417                | ŚMIECH          | Marek       | POL         | Bielsko-Biała             | 1970                  | M-30                   | 109                   | 01:03:05     |
| 431         | 120                | KUCZYŃSKA PYTE  | Danuta      | POL         | Śmiertny Dąb              | 1954                  | K-50                   | 5                     | 01:03:12     |
| 432         | 208                | PLATO           | Ryszard     | POL         | Grażynaś Koło             | 1951                  | M-50                   | 76                    | 01:03:40     |
| 433         | 302                | ZBUDNIEWEK      | Grazyna     | POL         | tRUCht Maraton Skierniewi | 1954                  | K-50                   | 6                     | 01:04:00     |
| 434         | 399                | SPADŁO          | Andrzej     | POL         | Wilków                    | 1960                  | M-40                   | 88                    | 01:04:01     |
| 435         | 56                 | FLAK            | Józef       | POL         | PŻM Solidarność Szczecin  | 1945                  | M-60                   | 21                    | 01:04:23     |
| 436         | 72                 | GRABOWSKA       | Anna        | POL         | Jelenia Góra              | 1987                  | K-16                   | 17                    | 01:04:25     |
| 437         | 19                 | BEHOUNEK        | Małgorzata  | POL         | TG SOKÓŁ Zakopane         | 1961                  | K-40                   | 8                     | 01:05:00     |
| 438         | 395                | WLAŻLAK         | Agata       | POL         | Klub Karate BUDO Cz-wa    | 1993                  | K-16                   | 18                    | 01:05:19     |
| 439         | 408                | KLIMCZAK        | Stefan      | POL         | Niewiadów                 | 1946                  | M-60                   | 22                    | 01:05:25     |
| 440         | 172                | NIEDZIELSKI     | Grzegorz    | POL         | Częstochowa               | 1961                  | M-40                   | 89                    | 01:05:31     |
| 441         | 404                | MROWIEC         | Teresa      | POL         | Blachownia                | 1963                  | K-40                   | 9                     | 01:05:47     |
| 442         | 378                | BORUCKA         | Grażyna     | POL         | WKB PIAST Wrocław         | 1970                  | K-30                   | 12                    | 01:07:44     |



| <i>M-ce</i> | <i>Nr<br/>zaw.</i> | <i>Nazwisko</i> | <i>Imię</i> | <i>Kraj</i> | <i>Klub/Miejscowość</i> | <i>Rok<br/>urodz.</i> | <i>Kateg<br/>wiek.</i> | <i>M-ce<br/>w kat</i> | <i>Wynik</i> |
|-------------|--------------------|-----------------|-------------|-------------|-------------------------|-----------------------|------------------------|-----------------------|--------------|
| 443         | 400                | MORYŃ LECH      | Sandra      | POL         | Klub Karate BUDO Cz-wa  | 1993                  | K-16                   | 19                    | 01:08:17     |
| 444         | 327                | GLIŃSKI         | Emil        | POL         | Częstochowa             | 1992                  | M-16                   | 22                    | 01:08:31     |
| 445         | 442                | TRYBEK          | Wanda       | POL         | TKKF MOSiR Czeladź      | 1944                  | K-50                   | 7                     | 01:09:23     |
| 446         | 139                | MACIOŁ          | Jolanta     | POL         | Kraków                  | 1961                  | K-40                   | 10                    | 01:11:10     |
| 447         | 287                | WOJCIECHOWSKA   | Małgorzata  | POL         | Kraków                  | 1952                  | K-50                   | 8                     | 01:14:17     |
| 448         | 240                | SOWIER KASPRZY  | Izabella    | POL         | Częstochowa             | 1972                  | K-30                   | 13                    | 01:21:05     |
| 449         | 425                | LIPIŃSKA        | Jolanta     | POL         | Częstochowa             | 1951                  | K-50                   | 9                     | 01:29:43     |